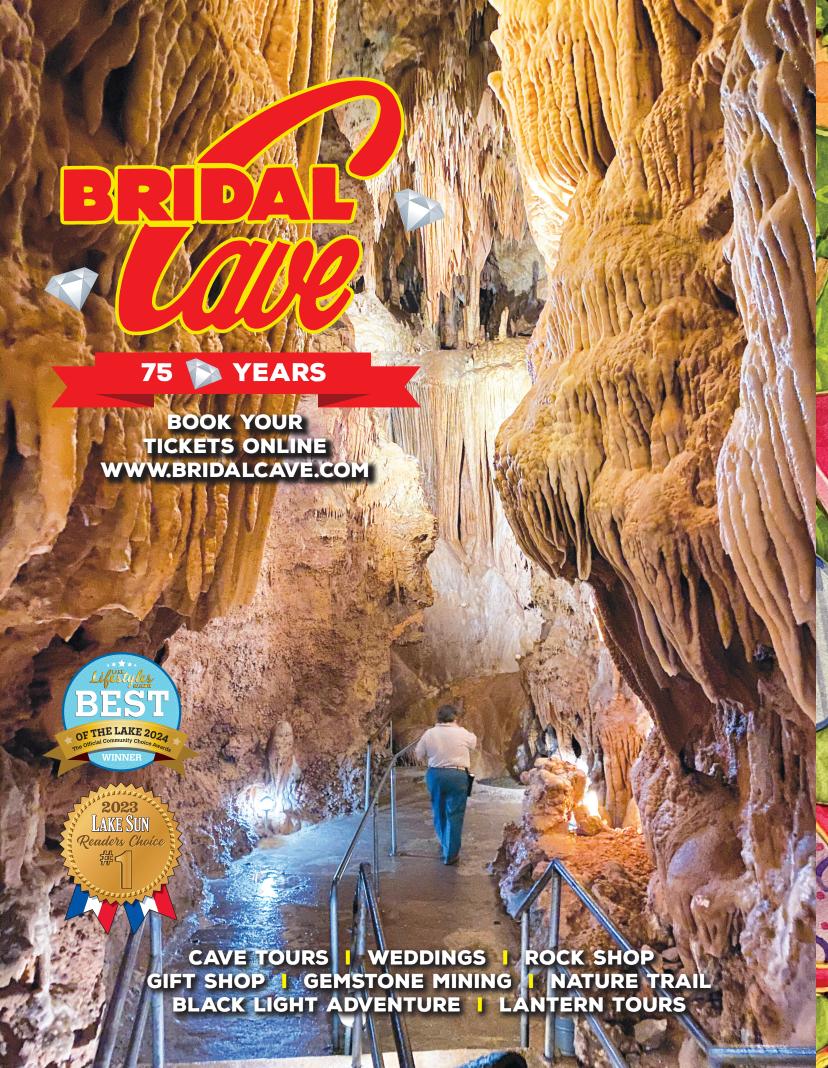
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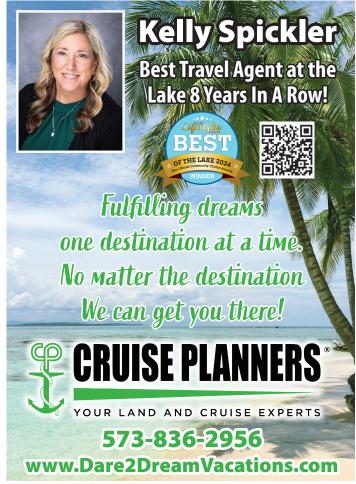
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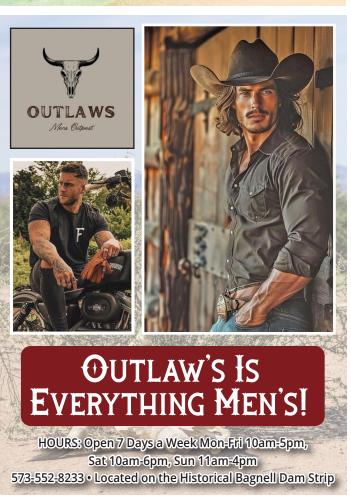
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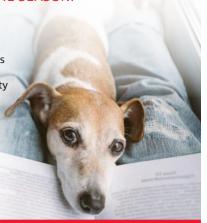
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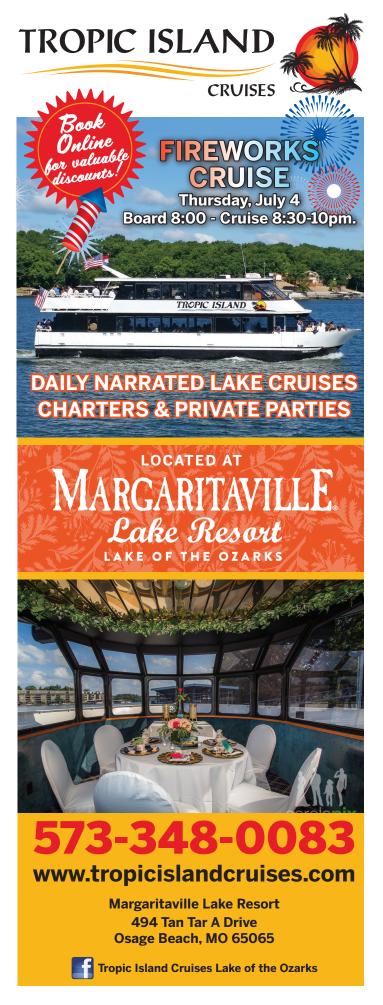




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# WHAT TO HAVE ON BOARD

When preparing to go out on a vessel, there are a few things you need to check that are legally required to be on board. The Missouri State Highway Patrol, Water Patrol Division advises operators to make sure these items are handy.

# PERSONAL FLOTATION DEVICES

Under federal law, a wearable PFD is required for each person on board regardless of vessel length. Children under the age of 7 must wear a U.S. Coast Guard-approved PFD



at all times unless the child is confined to a totally enclosed area such as a houseboat or a day-cruiser.

# **NAVIGATION LIGHTS**

The required navigation lights differ depending on the size and type of your vessel. You must display the required navigation lights between sunset and sunrise and during periods of restricted visibility.



# **FIRE EXTINGUISHER**

All vessels (there are few restrictions) are required to have a Type B, U.S. Coast Guard-approved fire extinguisher on board in an accessible area. Check the charge level of your fire extinguishers regularly. Replace them immediately if they are not fully charged.



# Briefer Sport

# **SOUND PRODUCING DEVICES**

Vessels more than 16 feet but less than 40 feet in length are required to carry a whistle or horn to signal intentions or positions. Vessels that are 40 feet or more in length are required to carry a whistle or horn and a bell on board.

This is only a partial list. For more information and regulations go to **www.mshp.dps.missouri.gov** 

# **VACATION NEWS**

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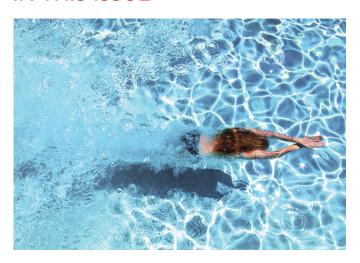
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# IN THIS ISSUE



# Splash into summer

Stay cool this summer by checking out some of the Lake area community pools! This list offers both indoor and outdoor options worth the visit.



# Fourth of July Barbecue

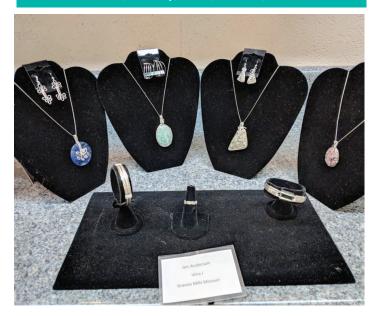
Nothing pairs better with a fireworks display than a Fourth of July barbecue. Here are some tips on how to save while hosting for family and friends this holiday.

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# TOP EVENTS

23rd annual Gem, Jewelry, Rock, Mineral, and Fossil Show



Osage Rock and Mineral Club is hosting the 23rd annual Gem, Jewelry, Rock, Mineral, and Fossil Show Friday through Sunday, June 28-30, at the Eldon Community Center. The theme is Calcite Minerals. They will have a fluorescent mineral display this year along with many gifted artists that make custom jewelry. Displays, kids games and prizes, in addition to gem stones, jewelry, geode cracking, crystals, cabochons, gift items and more will be available. Hours are: Friday 2 - 6 p.m.; Saturday 9 a.m. - 6 p.m.; and Sunday 9 a.m. - 3 p.m. Admission is free.

# **Chiefs Kingdom Party • June 29**

The Chiefs Kingdom Party for Wonderland Camp will be held June 29 from 11 a.m. - midnight at Shady Gators/Lazy Gators, 132 Sweet William Road, Lake Ozark. The event will include special guests, live and silent auctions, games and raffles. All proceeds benefit Wonderland Camp.

# Country Market & Bazaar • July 3



The Museum Country Market & Bazaar will be held July 3 from 3 - 6 p.m. at the Camden County Museum, 206 S Locust, Linn Creek. Vendors fill the museum every Wednesday through December. A meal is available for a nominal charge.







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**8 VACATION NEWS** June 28 - July 11, 2024

# CALENDAR OF EVENTS

# June

- 28-30 Osage Rock and Mineral Club presents the 23rd annual Gem, Jewelry, Rock, Mineral, and Fossil Show at the Eldon Community Center, 306 E 2nd Street. Theme is Calcite Minerals. A fluorescent mineral display will be available this year along with many gifted artists that make custom jewelry. Displays, kids games and prizes, gem stones, jewelry, geode cracking, crystals, cabochons, gift items and many more surprises will be available. Hours are Friday 2 p.m. - 6 p.m,; Saturday 9 a.m. - 6 p.m,; Sunday 9 a.m. - 3 p.m. Admission
- 28 Kirby's School of Wake Day Camp will be held from 8 a.m. to 5:30 p.m. at the Iguana Marine Group Dealership, 4773 Osage Beach Parkway, Osage Beach. This event gives students the opportunity to make new friends, learn from other students, receive expert coaching on the best wakeboarding boats and try the latest Ronix wakeboarding equipment. Students may join us for a morning session or afternoon session. they are welcome to book multiple sessions and welcome to stay for the whole day. Cost is \$100. Contact 573-694-0640 or info@kirbysschoolofwake. com for more information.
- 29 · Boats, Bikes, & BBQ will be held from 10 a.m. to 3 p.m. at Marine Max, located at 4543 Osage Beach Parkway, Osage Beach. Marine Max and Lake of the Ozarks Harley-Davidson have teamed up to celebrate all things summer. Lake of the Ozarks Harley-Davidson will be on site at Marine Max with the all new Harley-Davidson Road Glide and Street Glide. Along with several other models, merch and plenty of road trip stories.

# July

4 · Come celebrate Independence Day at the Lodge of Four Seasons on the Lakeview Patio and cloverleaf pool. Music by DJ Johnny Marsi from 2 - 6:30 p.m. or Will at 573-462-6623.

- and Sax Man Mike Byington from 7 p.m. - 10 p.m. Fireworks will be displayed at dusk. VIP viewing tables are available by calling 573-365-8009.
- 9 The Lake Area Community Orchestra will be in concert Tuesday, July 9, at Hope Lutheran Church Senior Center at 5709 Osage Beach Parkway in Osage Beach. The concert begins at 7 p.m. with no admission charge. Donations are accepted. The summer series will feature "Main Street Celebration," "Great Movie Marches," "Theme from Lawrence of Arabia," "Hobbits from Lord of the Rings," "The Wizard of Oz" and "Semper Fidelis." Traditionally, the orchestra closes with John Philip Sousa's "Stars and Stripes Forever." For more information, contact Andrew Drennan, director, at 636-439-1305 or Bob Szczys, president, at 573-723-2052. You may also check out the orchestra's website at www.lakeareacommunityorchestra.org.
- **16** The Lake Area Community Orchestra will be in concert Tuesday, July 16, at First Christian Church on East Capitol Avenue in Jefferson City. The concert begins at 7 p.m. with no Katie Bailey at 573 489 2383 admission charge. Donations are accepted. The summer series will feature "Main Street Celebration," "Great Movie Marches," "Theme from Lawrence of Arabia," "Hobbits from org. Walk-ins are welcome, but osageschools.org. Lord of the Rings," "The Wizard it is recommended you make of Oz" and "Semper Fidelis." Traditionally, the orchestra closes with John Philip Sousa's 'Stars and Stripes Forever." For more information, contact Andrew Drennan, director, at 636-439-1305 or Bob Szczys, president, at 573-723-2052. You may also check out the orchestra's website at www.lakeareacommunityorchestra.org.
- 20 Radio-Active Players, a talented group of local actors perform their very entertaining monthly Reader's Theatre, in the style of live Old-Time Radio, at Barista GO Coffeehouse, on State Road KK, at 7pm, doors open at 6pm. For information, contact Beth at 913-909-8603

EDITOR'S NOTE: To submit your event, email time, date and information to newsroom.lakesun@gmail.com with a contact phone number. Events are listed in the order they are received.

- 23 The Lake Area Community https://kirbysschoolofwake. Orchestra will be in concert Tuesday, July 23, at Lake Ozark Christian Church on Bagnell Dam Boulevard. The concert begins at 7 p.m. with no admission charge. Donations are accepted. The summer series will feature "Main Street Celebration," "Great Movie Marches," "Theme from Lawrence of Arabia," "Hobbits from Lord of the Rings," "The Wizard of Oz" and "Semper Fidelis." Traditionally, the orchestra closes with John Philip Sousa's "Stars and Stripes Forever." For more information, contact Andrew Drennan, director, at 636-439-1305 or Bob Szczys, president, at 573-723-2052. You may also check out the orchestra's website at www.lakeareacommunityorchestra.org.
- 25 Laurie Elks will hold a blood drive from 11 a.m. to 5 p.m. in the upstairs banquet room at the Elks Lodge, 175 Elks Road, Laurie. Culver's in Osage Beach and in Camdenton has donated coupons for a pint of frozen custard for each pint of blood donated. To make an appointment, visit www.redcrossblood.org and enter sponsor code ElksLaurie, or contact or katheryn.bailey@redcross. org. For eligibility questions call the Red Cross at 866-236-3276 or visit the Red Cross website www.redcrossblood. an appointment in case we are only able to take walk-ins to fill in for no-shows.
- 28 Kirby's School of Wake Day Camp will be held June 28 from 8 a.m. to 5:30 p.m. at the Iguana Marine Group Dealership, 4773 Osage Beach Parkway, Osage Beach. Cost is \$100. This event gives students tact toenjesc@osageschools. the opportunity to make new friends. learn from other students, receive expert coaching on the best wakeboarding boats school and community reand try the latest Ronix wakeboarding equipment. Students may join us for a morning session or afternoon session, they are welcome to book multiple sessions and welcome to stay for the whole day. For more information and to register, visit

com/day-camp/.

30 • The Lake Area Community Orchestra will be in concert Tuesday, July 30, at the Versailles High School Performing Arts Center. The concert begins at 7 p.m. with no admission charge. Donations are accepted. The summer series will feature "Main Street Celebration," "Great Movie Marches," "Theme from Lawrence of Arabia," "Hobbits from Lord of the Rings," "The Wizard of Oz" and "Semper Fidelis." Traditionally, the orchestra closes with John Philip Sousa's "Stars and Stripes Forever." For more information, contact Andrew Drennan, director, at 636-439-1305 or Bob Szczys, president, at 573-723-2052. You may also check out the orchestra's website at www.lakeareacommunitvorchestra.org.

# August

- 5 School of the Osage Foundation Golf Scramble 2024 will be held Aug. 5 at Bear Creek Valley Golf Club. Registration and breakfast at 8 a.m.; 9 a.m. shotgun start; 2 p.m. lunch and awards. Cost is \$450 per four-person team — includes green fees, cart, eight drink tickets, snacks, breakfast and lunch. Proceeds benefit the SOTO Foundation. For more information, contact: toenjesc@
- 5 School of the Osage Foundation Golf Scramble, Bear Creek Valley Golf Club, Highway 42. Proceeds benefit the SOTO Foundation. Four-person team cost \$450 includes green fees, cart, eight-drink tickets, snacks, breakfast and lunch. Breakfast 8 a.m., shotgun start 9 a.m., lunch and awards 2 p.m. Conorg.
- 7 OsageFest, one-stop for sources. Osage High School, 3-7 p.m., sponsored by Osage Family Partnership. Food, prizes, immunizations, free dental/vision/hearing exams; physicals and haircuts.

June 28 - July 11, 2024 ...... VACATION NEWS 9



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BY JOHN NEPORADNY, JNOUTDOORS.COM

# Think big when buying a fishing boat

# TIPS FOR GETTING RIGGED ON LAKE OF THE OZARKS

ize matters when choosing a fishing boat for Lake of the Ozarks. The performance and ride of a bass boat makes it the standard fishing boat for Lake of the Ozarks anglers. However even a fully-rigged bass boat with all the bells and whistles can run into trouble if it lacks the size to handle the Lake's rough waters created by heavy boat traffic.

The longer the bass boat, the better for the Lake of the Ozarks, suggests Chris Callahan, sales consultant at Boat WRX in Osage Beach. The boat dealership sells Bass Cat, Skeeter and Caymas fiberglass bass boats and Avid, Lowe and Xpress aluminum models.

"Typically guys around here are going to run the bigger 21-foot boats because of the rough water," Callahan says. "It kind of just depends on what they are looking for as far as do they want a big wide beam or do they want a smaller beam like a Bass Cat has for a faster boat."

Callahan notes a 19-foot bass boat can handle the Lake's turbulent water sometimes, but he recommends at least a 20-foot boat for the roughest water periods on the weekends.

Picking the right horsepower outboard motor for your bass boat is simple. Every bass boat has a maximum horsepower rating recommended by the Coast Guard, so Callahan advises the boat should be powered to the

"All of these boats are tested with maximum horsepower," Callahan says. "Performance-wise you should stay with what the boat is rated for." He also suggests a bass boat rigged with a maximum horsepower engine will have a better resale value than an underpowered boat.

Most 21-foot bass boats are rated for 250 horsepower engines, according to Callahan. "Some of the lines will go up to 300's," he says. "Bass Cat has a 22-footer that you can put a 450 on the back. It all varies per manufacturer." Boat WRX bass boats are rigged with Yamaha or Mercury outboards.

The most popular propeller for running a bass boat on Lake of the Ozarks is a three-blade model. Callahan notes some anglers run a four blade prop on heavier bass boats to achieve a better hole shot.

Lake of the Ozarks anglers can be typically classified into three categories: hard core tournament competitors, recreational weekend anglers and panfish enthusiasts. Callahan notices all three types of anglers favor fully-rigged bass boats.







Bass Boats. PHOTOS PROVIDED

"Anymore you see more or less all of these guys – even the crappie fishermen are still running the same kind of setup as the bass fishermen are," he says. "It is all about preference."

Power and length are also important when choosing a trolling motor for your bass boat. "Typically on our 20- and 21-foot boats anymore we are running 36-volt, 112-pound thrust (Minn Kota) Ultrexes," Callahan says. "If you are fishing rougher water of course you want to get a longer shaft. Typically on a bass boat that is 45 inches, but most of the guys around here run 52-inch shafts just because of the waves. Most of the aluminum boats or the smaller 18-foot fiberglass boats are going to run 24-volt systems."

A full day of fishing on Lake of the Ozarks requires a lot of trolling motor use so long-lasting batteries are paramount. Boat WRX equips most of its bass boats with AGM 231 Series deep-cycle batteries, but Callahan has seen a demand from hard core tournament anglers for lithium batteries.

"Lithium weighs about one-eighth less than a standard battery does," Callahan says. "So you are taking that weight out of the boat and these tournament guys want to go fast so weight is a big deal. Lithium also seems to last longer. A lot of guys I have talked to who have lithium batteries said they can run them a full weekend without having to charge them."

Increased fishing pressure has caused anglers to equip their boats with the latest and greatest electronics for lo-







cating fish. Callahan notices a demand for Humminbird electronics, but the big seller lately is Garmin units with the Panoptix LiveScope technology, a sonar feature that scans in real time.

"Everybody wants a LiveScope on their rig," Callahan says. "There will still be guys running dual Humminbirds but they also have a Garmin unit up in the front with Live-Scope."

Buying the right-sized, fully-equipped bass boat will help you catch more fish and handle the rough water when Lake of the Ozarks gets rocking and rolling.



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# **FISHING**

BY JOHN NEPORADNY, JNOUTDOORS.COM

# The Fishing Report

# Your guide to catching fish at LOZ!

# **Bagnell Dam Report**

The lake level was 659.3, generation of 37,000 CFS (cubic feet per second) throughout the week for a lake level of 659.0 by the weekend. Surface temperature at Bagnell Dam was 77 degrees. Truman Lake was at the 709.8 level. To Note: The Lower Lake is from the dam to the 22-mile mark; Mid-Lake is from the 22- to 44-mile mark, the Upper Osage is from the 44-mile mark to the Route 65 Bridge.

### **Tournament Results**

Brock Bila won the two-day BassingBob Solo Sizzler last Thursday and Friday with 10 bass weighing 43.68 pounds.

# **Bagnell Dam spillway/Osage River**

Water clarity: Stained. White bass: Good on swimbaits in the spillway area. Catfish: Good on cut shad and skipjack herring.

# **Lower Lake**

Water clarity: Stained. Black bass: Good on jigs, finesse worms on drop shot rigs, crankbaits and shaky head worms along main lake points, ledges and brush piles. Crappie: Fair trolling crankbaits on the main channel. White bass: Good on topwater lures when surfacing on the main channel.

## **Gravois**

Water clarity: Clear. Black bass: Fair on topwater lures, swimbaits, drop shot rigs with finesse worms, jigs and Texas-rigged plastic worms 10 to 15 feet deep along main and secondary points. Crappie: Fair trolling crankbaits on the main channel and the middle of creeks. White bass: Good on crankbaits, hair jigs and spinners when surfacing along main lake points.

### Mid-Lake

Water clarity: Stained. Black bass: Fair on crankbaits,

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Fisherman Brock Bila was the champion of the inaugural BassingBob Solo Sizzler Tournament on Thursday, June 6, held at Lake of the Ozarks State Park Pa-He-Tsi boat ramp in Osage Beach. Bila brought home the title with a total weight of 43.86 pounds after holding a day-one lead by reeling in a 23.57 pound lunker. PHOTO PROVIDED

swimbaits, shaky head worms and drop shot rigs with finesse worms along main lake points and ledges. Crappie: Good on jigs 5 to 25 feet deep along main lake docks.

# **Grand Glaize**

Water clarity: Clear. Black bass: Good on crankbaits and shaky head worms in brush piles along main lake points. Crappie: Fair on jigs in brush 15 to 20 feet deep.

## Niangua

Water clarity: Muddy. Black bass: Slow on crankbaits and suspending stickbaits along rocky main lake banks. Crappie: Slow on jigs in brush 15 to 20 feet deep.

# **Upper Osage**

Water clarity: Muddy. Black bass: Fair on topwater lures, shaky head worms and jigs along main lake bluffs and points. Crappie: Slow on minnows in brush 20 to 25 feet deep. Catfish: Excellent on cut shad and sunfish, goldfish, prepared baits and nightcrawlers.

### Sources:

Guide Alfred Chapman (573-465-3810), www.lakeozarkfishingguideservice.com; Big Ed's Guide Service (573-692-6710) www.bigedsguideservice.com; Guide Jack Uxa (573-434-2570) www.lakeoftheozarksfishingguide.com; Guide John Blankenbeker (573-280-1455); Guide Terry Blankenship (573-480-2835); Guide Jim Dill (573-204-9005) www.jamesdillguideservice.com; Fitz Fishing (573-693-9299); Bryants Osage Outdoors (573-374-2278); Casey Scanlon (913-449-3176), Unreel Guide Service (636-751-8816) and Cody's Bait & Tackle (660-723-5115). Tournament Results—Thanks to www.bassingbob.com.



COMPILED BY JORDYN WILSON

# **Upcoming Golf Tournaments**

# **Ladies Scramble Invitational**

When: July 13-14

Where: Lake Valley Golf Club

Cost: \$400 entry fee includes 36 holes of golf with cart, skins and closest-to-the-hole prizes, lunch for players each day, and a tee gift. A practice round is available for \$30 during the tournament weekend.

For more information, contact: 573-346-7218 or visit www. lakevalleygolf.com.

## **Two-Man Scramble Invitational**

When: Aug. 3-4

Where: Lake Valley Golf Club

Cost: \$400 entry fee includes 36 holes of golf with cart, skins event on both days, closest-to-the-hole prizes and pari-mutuel on Sunday. A practice round is available for \$30 during the tournament weekend.

For more information, contact: 573-346-7218 or visit www. lakevalleygolf.com.



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# **School of the Osage Foundation Golf Scramble 2024**

When: Aug. 5 - 8 a.m. registration and breakfast; 9 a.m. shotgun start; 2 p.m. lunch and awards.

Where: Bear Creek Valley Golf Club

Cost: \$450 per four-person team – includes green fees, cart, eight drink tickets, snacks, breakfast and lunch. Proceeds benefit the SOTO Foundation.

For more information, contact: toenjesc@osageschools.org.

## Parrot Head Open/Two-Person Invitational

When: Aug. 24-25 – Entry deadline is Aug. 19 Where: The Oaks Golf Course at Margaritaville Lake Resort Cost: \$400 per team. Practice rounds will be open on Fri-

day, Aug. 23, (\$30 cart fee).

For more information, contact: the golf shop at 573-348-1677 or 573-348-8522. To make hotel reservations, call Margaritaville Lake Resort at 800-826-8272 and mention the Fall Two-Man Invitational Rate of \$199 (must be reserved prior to July 26).

# **6th Annual Lake of the Ozarks Idiots Club Charity Golf Tournament**

When: Sept. 23; Registration and check-in begins at 10:30 a.m. Tournament welcome at 12:30 p.m.

Where: Osage National Golf Resort

Cost: \$700 for foursome, \$350 for twosome and \$175 for individual golfers

For more information, visit: https://ozarks-idiots-club.per-fectgolfevent.com.

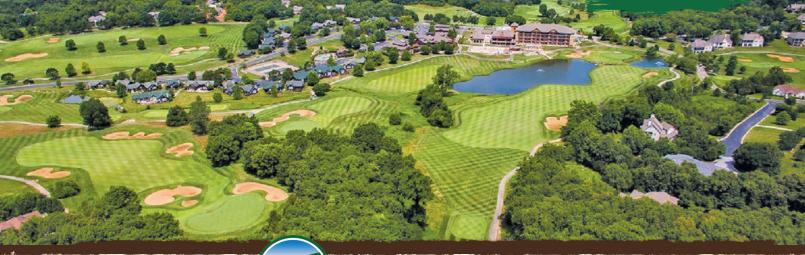
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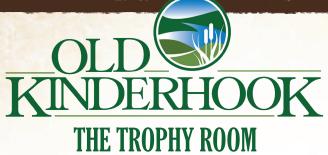
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BY PAUL LEAHY



olf is inherently not thought of as a strenuous workout, so what kinds of health benefits can you actually get? Most sports like football, basketball and tennis are considered high-impact sports. Golf, on the other hand, is low impact but actually has many health benefits high-impact sports don't have.

Golf is especially beneficial if you walk, but riding in a cart can also provide some necessary and beneficial long-term health benefits. The low impact workout of golf is much kinder on your joints and can lead to a lifetime of enjoyment. Golf's health benefits can continue throughout your lifetime where those high-impact sports we loved as kids will not. The motion of the golf swing can keep your body active and your muscles stretched and strong to prevent nagging injuries in your back and joints as we age.

If you walk and play you can expect to walk anywhere from three to six miles, and you can burn anywhere between 350 to 475 calories each hour you play.

With every swing you make, you are using and testing your arms, back and core muscles. Most players will make

between 30 and 50 full swings in 18 holes, and this coinciding with walking will be a great full body workout.

By playing golf and staying physically fit you will be able to play into your senior years. Studies have proven golf lowers hip fractures by 35 to 68 percent in older people. Diabetes is lowered by 30 to 40 percent and stroke potential is lowered by 20 to 35 percent. Walking 2.5 hours a week reduces your risk of a heart attack by up to 40 percent, which for any avid golfer should be well attainable with just one or two rounds of golf per week, depending if you ride a cart or walk.

The mental health aspects of golf can't be overlooked either, especially over the last two-plus years of the pandemic. The social nature of golf, even during the last few years, has been one of the few places you could physically have some social interaction with others without having to wear a mask. Lack of social interaction can lead to depression, anxiety, stress and other mental health issues. Playing golf outside in the fresh air has been proven by numerous studies to help alleviate stress and will restore and rejuvenate your mind from mental fatigue.



I believe the social nature of the game spurred a resurgence in the popularity of the game over the past couple of years. People were locked in their homes for days and months on end without interacting with others besides via Zoom, increasing the popularity of golf. People started flocking to the golf course to see friends, interact and be normal for a few hours before heading back to reality. Golf courses may not have been on the front lines of the pandemic, like healthcare workers, police and others directly involved in curbing and curing the virus, but we believe we played a vital role in the mental health of many. We provided a safe space for them to enjoy the outdoors, interact with friends and clear their minds of daily stress. Golf provided that outlet for stress and anxiety and hopefully we helped a lot people deal with the daily grind in a more positive and meaningful fashion.

Golf also mentally challenges you and keeps your brain sharp. You must keep focused, plan moves and execute strategies. By keeping your mind active, you focus more on your game and less on things that are stressful or sad. Playing golf releases "feel good" endorphins to combat anxiety and depression. A 2009 Swedish study concluded that golfers have an increased life expectancy of about five years.

Golfers know that golf can be a frustrating game and we take for granted the beauty of our surroundings. During the pandemic new and old golfers alike rekindled their love for the game. Golfers came to the course to get away from the pressures of life and in turn helped their mental and physical wellbeing in the process.

Now that the pandemic is in the rear view mirror, golfers continue to head to the course for fun, relaxation, social interaction and a healthier lifestyle. What are you waiting for? Head to your local course and take a lesson, play nine or just take in the fresh air and enjoy the benefits of golf!



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June 28 - July 11, 2024 **VACATION NEWS 19** 



# QUICKY'S

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Story by DOUG BECK

# Sommer Books Sommer Books Book

ummer solstice is here and so is the heat and with summer boating season is in full swing. It's the time of year for water sports, fishing off boat docks or catamarans, and just simply enjoying that summer sun. But it's also the time of year when it can get dangerously hot. It can be difficult to know just how to stay cool when working outside in the heat for hours at a time. That's why taking the proper summer heat safety precautions is a must. Follow these summer heat safety tips, and you'll be cool and comfortable all day long.

### STAY HYDRATED

One of the most basic (and one of the most forgotten) ways to keep your body cool on hot

days is by keeping yourself hydrated. When your body is hot, it perspires as a way to regulate your body temperature. So, you need to frequently replenish liquids in order to remain hydrated on extra hot days. Even if you don't feel thirsty, you need to drink plenty of water in order to keep your body cool. If you don't drink enough fluids, you may run the risk of getting sick with sun or heatstroke.

Make sure to bring extra water if you're going fishing on a particularly hot day. You should be drinking at least one quart of water every hour. We know a cold beer sounds nice, but alcoholic and caffeinated drinks should be avoided. They can ultimately worsen effects from the heat.



### **AVOID THE HOTTEST TIMES OF THE DAY**

Try to get the majority of your fishing done during the coolest parts of the day (4 a.m. to 7 a.m.) If you can, avoid going out during the hottest points of the day (11 a.m. to 4 p.m.), but if this can't be avoided, make sure to drink plenty of water.

## **PROTECT YOUR EYES**

With intense UV rays from the sun while out on the water, it's important to protect your eyes. Opt for polarized lenses that can help to cut down on the sun's glare on the water.

## **USE SUNSCREEN**

Being out on a boat all day under the hot sun can be extremely dangerous. With no precautions in place, it can lead to sunburns, skin damage and, in some cases, skin cancer. You need to use sunscreen on a regular basis if you want to protect your skin from harmful UV rays; it's one of the most important hot weather tips we can share with you. And don't be fooled by cloudy conditions, you're still at risk even when the sun isn't out.

Adults should be using a minimum of SPF 15 and children should be using at least 30. When boating or fishing, you should be using a sport sunscreen that's both waterproof and sweat proof. Apply sunscreen 20 minutes before going in the sun and make sure to re-apply multiple times throughout the day.





### **WEAR PROTECTIVE CLOTHING**

Did you know that many fishing gear companies make clothing engineered to not only wick away sweat, but also offer 35 to 50 SPF protection from UV rays? While this is a fantastic option, don't feel that you have to shell out for an all-new outfit to go fishing. Here are some tips you can likely follow with what's already in your closet.

- Opt for light, loose-fitting, breathable fabrics in light colors.
- Don't count out long-sleeve tops or long pants. By keeping these on hand, you can give your arms and legs a break from the sun while staying cool.
- Don't wear shoes or socks (they're known to trap heat). Instead, wear a pair of sandals or open-toed shoes.
- Wear a hat, even if it's a simple baseball hat, in order to keep the sun off your face, neck, ears and shoulders. The wider the brim, the better!

Use The Buddy System

On hot days, it can be a literal lifesaver to utilize the age-old buddy system. Don't go out fishing alone; bring a fishing buddy, relative or friend along so you can watch out for each other in case someone gets sunstroke.

# **BRING A MISTER**

While you're out the lake or ocean, portable misters are just the thing to cool you down and keep the summer heat at bay. Fill it up with ice cold water and ice cubes in the beginning of the day and you'll be set for the rest of your boating day trip.

### **TAKE COVER**

If it's extremely hot out, sometimes it's best to just stay out of the sun if you can help it. If your boat has a cabin or shaded area, take breaks whenever you can. If your boat doesn't have any shade, consider dividing up your fishing outing with a mid-day break and going back to shore for lunch or a nice nap.

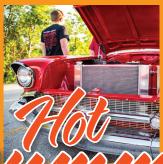
### **TAKE A DIP**

A great way to cool off when the sun gets to be too much is by simply jumping in the water. It's all around you, why not take advantage of it? By taking frequent dips, you'll stay cool all day long.

















NICHTS

2024

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AUG 9th

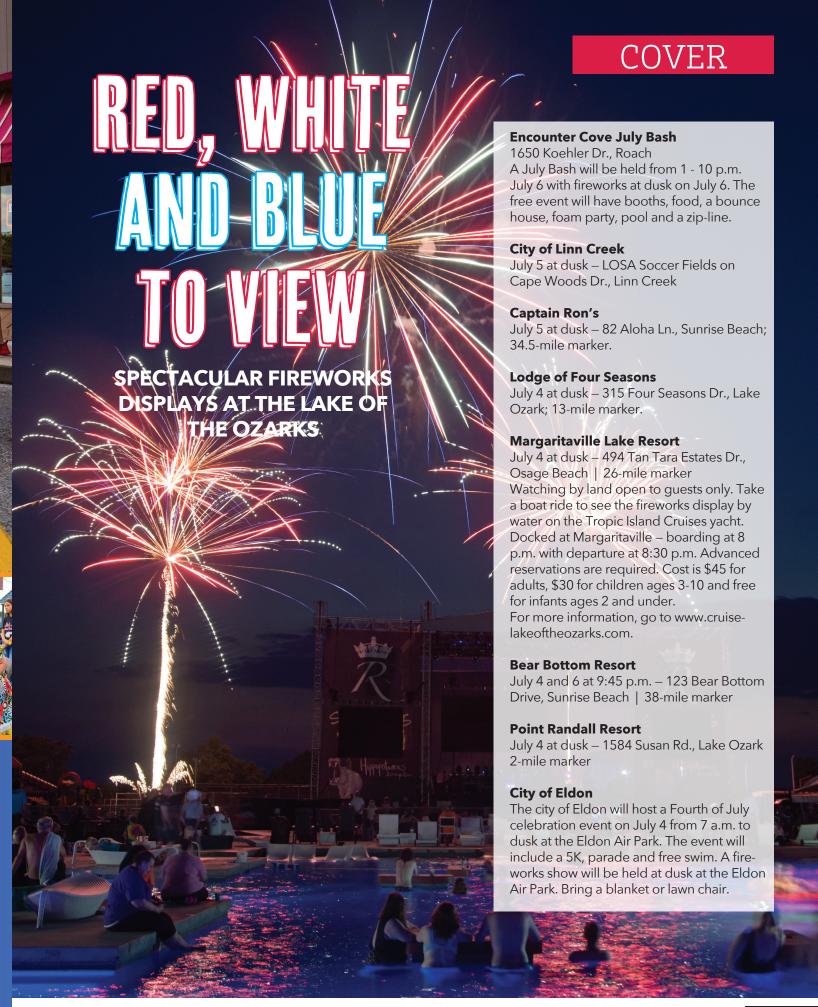
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# AQUAPALOOZA

PHOTOS BY GEORGE DENNY

as up the boat and head to Captain Ron's for an afternoon of live music on the water. Aqua-Palooza is the largest boat party of the year. Held Saturday, July 20, at the 34.5-mile marker, tie up the boat and float out while five bands take the stage from 12-5 p.m. Live music, vendors on land and prizes will be held all day long.

Captain Ron's has a select few dock slips available for rental during Aquapalooza 2024. Don't miss your chance to secure a prime spot for this amazing event.

Contact Ron for more information and to reserve your slip today at 573-216-6363.



26 VACATION NEWS ...... June 28 - July 11, 2024

# MID-MO CANNA-PALOOZA AT THE LAKE

he first annual Mid-Mo Canna-Palooza at the Glaize Festival will be held Saturday, June 29, at The Inn at Grand Glaize celebrating diversity through the art of Cannabis, music, food and cultural performances.

## **Door entry**

Pregame Friday, June 28, from 5 - 9 p.m. Entry fee is \$5.

Saturday, June 29, show entry from 12 to 9 p.m. with a \$5 entry fee.

Sponsors will be hosting an after-party from 10 p.m. to 1:30 a.m. with a \$5 entry fee.

Don't miss your chance to experience this exciting celebration of cannabis. Purchase your room stay today and join for a fun weekend of music, art, and cannabis culture.

With a two-day minimum accommodation (Friday and Saturday night stay) at The Inn, you will be given wristbands for full access to all events.

# Lineup

The festival will feature performances by artists from the local area. Slapnasty Entertainment will be at the Pregame Party Friday night from 5 - 9 p.m. DJ B.O.B. with Q Audio will perform Saturday from 12 - 4 p.m. with Yeah Buoy finishing off the night.

## **Accommodations**

If you're traveling to the Canna-Palooza Festival from out of town, The Inn at Grand Glaize offers lake-view guest rooms with private balconies, refrigerators, microwaves and wireless internet. Many rooms have interconnecting doors. A full-service restaurant and lounge with a fantastic lake view, huge indoor hot tub, sauna and fitness center are also available. An outdoor pool is at the water's edge with an adjacent, full-service marina offering boat rentals with free open boat slips. To reserve your two-day stay, visit https://innatgrandglaize.com and use code CANNAR to book.

# **Giveaways**

- Hourly door prizes
- Rolling contest
- 50/50 drawing with 50 percent of the proceeds going to a local charity
- Vendor raffles in their booths



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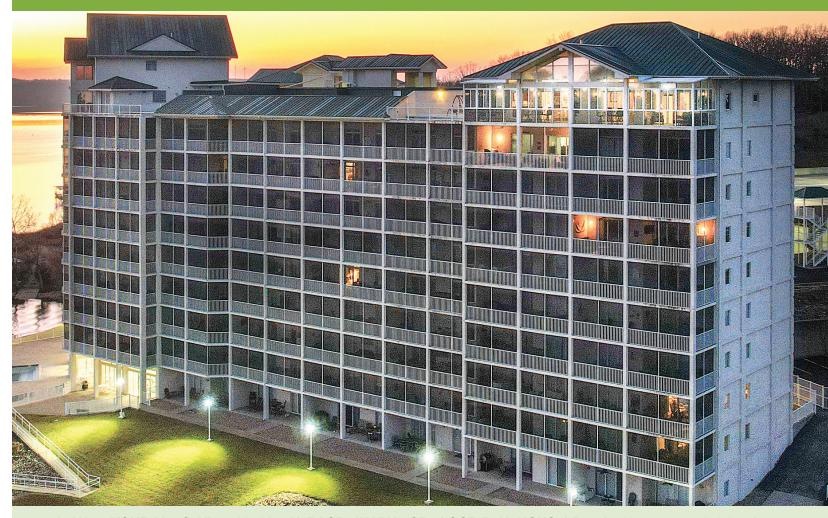
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# LOWER HOME COOLING BILLS: Six tips for saving this summer

he YORK® brand of Johnson Controls, the global leader for smart, healthy and sustainable buildings, has compiled six proven tips to help homeowners reduce cooling bills this spring and summer as energy costs nationwide remain above pre-pandemic rates.

The Energy Information Administration (EIA) estimates that home cooling accounts for 12% of the average household's monthly electric bills. As many homeowners experience higher-than-average utility costs, simple HVAC upgrades and routine maintenance can help reduce cooling expenditures by improving system efficiency. Before setting the thermostat to cool, homeowners should try these cost-saving tips:

# \* Replace Filters and Clean Vents:

HVAC filters help keep dust and debris from being recirculated throughout a home. However, when these filters become too full, they can limit airflow and cause the blower to work harder. Maintaining a filter replacement routine can help improve efficiency and extend the life of the HVAC system. For most systems, the recommendation is to replace the filter every one to three months, but homeowners should follow the frequency indicated by the HVAC system manufacturer. Routinely cleaning the grates of the air vents will also help to maintain efficient airflow.

### \* Schedule Preventative Maintenance:

The Indoor Air Quality Association (IAQA) estimates that routine HVAC maintenance can reduce annual heating and cooling bills by as much as 30%. Routine maintenance involves cleaning and inspecting the evaporator coil, examining the drain pan and condensation line, evaluating blowers and fans, testing system controls and checking refrigerant levels. Establishing a routine of scheduled service prior to the hottest and coldest times of the year - when HVAC systems are used most - will ensure equipment is in peak working condition and can even help to reduce costly repairs over time.

## \* Cover Windows:

The Department of Energy (DOE) estimates that as much as 76% of the sunlight that hits a standard, double-pane window will transfer as heat into the home. Window coverings of nearly any nature will help to reduce solar heat gains, especially when installed in south-facing rooms or homes with little to no exterior shade. But for the greatest energy reduction, homeowners should opt for insulated

cellular shades certified by the Attachments Energy Rating Council (AERC). These specially designed shades incorporate an interior layer of insulation and can reduce solar heat that enters through the windows by as much as 60%.

# \* Inspect and Seal Ductwork:

EnergyStar estimates that as much as 20% of HVAC efficiency is lost to poorly connected or damaged ductwork. An HVAC technician can inspect the ductwork throughout a home and evaluate the system's air supply and return balance. Airflow imbalances could be a sign of damage, loose seals or even that the ductwork isn't sized correctly. Ductwork located within basements, attics or crawl spaces can also be a point of efficiency loss if the ductwork isn't properly insulated.

# \* Update the Thermostat:

The U.S. Department of Energy (DOE) estimates that the average homeowner could reduce their annual heating and cooling bills by as much as 10% by using a programmable thermostat to reduce HVAC demands overnight or while away from the home. Some smart thermostats incorporate geo-fencing features to further reduce energy use by detecting homeowners' proximity to the house and adjusting the temperature based on home and away settings. Some thermostats can even alert homeowners to potential system issues and provide the option to grant their HVAC contractor with remote service access.

### \* Utilize Inflation Reduction Act Savings:

With higher-efficiency HVAC equipment from YORK®, homeowners can reduce their heating and cooling costs by as much as 50% compared to low-efficiency systems, helping homeowners see a reduction in their energy bills while lowering their environmental impact. The Inflation Reduction Act (IRA) has made the transition to high-efficiency systems, including heat pumps, even more affordable by offering tax rebates up to \$2,000 dependent on household income. IRA incentives can also be combined with local and manufacturers rebates to further increase cost-savings. Since heat pumps are powered by electricity and operate by transferring heat rather than producing it, heat pumps can reduce site energy use by as much as two-thirds when compared to conventional, fuel-powered heating systems.

For more information on rebates, visit YORK. com.



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#### 435 ACRES!!

Great Hunting Property & Wet Weather Creek. 2 Parcels are wooded & varies from level to rolling hills. Some Fencing & lots of Deer & Turkey. Oak, Redbud & Dogwood Trees. Good location & Electricity at road.

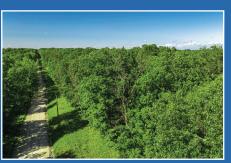
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Backs onto Four Seasons
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W1410 Harbour Towne Dr., Lake Ozark 3BR, 2BA, 1,177 Sq.Ft. Walk-In Level 12x28 Boat Slip & Lift Included \$295,000



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MLS 3566127 \$185,000







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#### THINGS TO DO



Lake Regional team members gather for team pickleball at Community Christian Church in Camdenton. Dr. Fears is pictured front and center at a March gathering. PHOTO PROVIDED

"People of all ages love pickleball," says Jeffrey Fears, M.D., who cares for adult patients at Lake Regional Clinic - Lake Ozark. "It's easy to catch on, and even beginners can have a fun, competitive game."

#### **MORE THAN FUN**

Pickleball provides a wide range of health benefits, including:

- Cardiovascular fitness. Pickleball keeps players moving and engaged, providing a cardiovascular workout.
- •Better balance. The game requires quick movements and precise shots, which helps improve balance and coordination.
- •Bone strength. The weight-bearing nature of pickleball (meaning it gets people up on their feet) can strengthen bones and reduce the risk of osteoporosis.
- •Weight management. A game of pickleball can burn hundreds of calories.
- •Mental focus. Players must strategize and anticipate their opponent's moves, sharpening mental focus and agility.
- •Social connection. Whether playing singles or doubles, pickleball encourages interaction and camaraderie.
- •Stress relief. Engaging in physical activity releases endorphins, reducing stress and promoting a sense of wellbeing.

"So if you're looking for a fun way to improve your

physical and mental health, grab a paddle and give pickleball a try," Dr. Fears says.

#### **GAME BASICS**

Pickleball combines elements of tennis, badminton and ping pong. It's played on a badminton-sized court with a net a little lower than a tennis net. The paddles are wooden – like oversized ping pong paddles – and the ball is hard plastic with holes – similar to a Wiffle ball.

#### **BASIC RULES INCLUDE:**

- Each player or doubles team aims to hit the ball over the net and into the opponent's court.
- •The serving player must stand behind the baseline and hit the ball diagonally into the opposite court. Serves must be underhand and outside a "no-volley zone" near the net.
- •The receiving opponent returns the ball within bounds and outside the no-volley zone.
  - •Once the ball bounces on each side, a volley ensues.
- •Points are scored when the receiving team fails to return the ball or commits a fault, such as hitting the ball out of bounds. Only the serving team can score, and the serving team continues to serve until committing a fault.
- •The first team to reach the winning score, with a two-point advantage, wins the game. Most games are played to 11, 15 or 21 points.



#### WHERE TO PLAY

The following pickleball courts are open to the public. Bring your own paddles and balls. Please call the facilities to check hours.

#### **Camdenton**

Community Christian Church 1064 N. Business Route 5 camdentondisciples.org 573.346.5546

3 indoor hard courts with permanent lines. Portable nets available.

#### **Osage Beach**

Peanick Park 800 State Highway 42 osagebeach-mo.gov 573.302.7460, ext. 3000

2 outdoor acrylic courts with permanent lines. Call ahead to check out a net or bring your own. Free.

#### **Tri-County YMCA of the Ozarks**

950 Airport Road lakeymca.org 573.348.9230

3 indoor hard courts with permanent lines. Portable nets available. Fee or membership required.

#### **Gravois Mills**

Bass Point Resort 33510 Bass Point Road basspoint.com 573.374.5205

4 outdoor asphalt courts with permanent lines. 2 portable nets available or bring your own. \$2 per person per day.

#### Lebanon

Lebanon Family YMCA 500 E. Elm St. orymca.org/lebanon 417.588.1177

3 indoor hard court with semi-permanent lines. Portable nets available. Fee or membership required. \$20 monthly pickleball pass available.

#### **Boswell Park**

1205 Kent Drive lebanonmissouri.org 417.532.2156

2 outdoor hard courts with permanent lines. Bring your own net. Free.





Versailles pool. PHOTO PROVIDED

#### **OUTDOOR POOLS**

#### **Camdenton Aquatic Center**

109 City Park Road, Camdenton

Water depth ranges from a zero entry to 4'6". The pool has a 2.5 story slide, bubble bench, interactive play areas, and lap swimming. Restrooms and concession stand.

Open from 11 a.m. - 6 p.m. daily. Admission is \$5; \$3 for ages 2-13.

Pool parties, season passes and swim lessons available. www.camdentoncity.com

#### **Eldon Aquatic Center**

500 Franklin Ave., Eldon

Enjoy water slides, dump buckets, animal water floatables, water fountains, water basketball and lap pool. Showers/locker rooms and concession stand available.

Hours are Monday-Saturday 12 - 6 p.m. and Sunday 1 - 6 p.m.

Admission is \$4 for adults; and \$2 for children 3 and under, 65 and older and military personnel with ID.

Water fitness, family swim nights, private pool parties and several pass options available. www.eldonmo.org

#### **Versailles City Pool**

806 E. Magnolia, Versailles

This pool has a water slide, dump buckets and plenty of areas to splash around.

Hours are Monday-Saturday 11 a.m. - 6 p.m. and Sunday 12 - 5 p.m.

Admission is free for children under 1 year old; \$1 for ages 1-3; \$3 for ages 4-59; and \$1 for ages 65 and older.

The pool can be reserved for parties. Concession area and bathrooms available.

www.cityofversaillesmo.com

#### **Big Surf Waterpark**

954 State Rd. Y, Linn Creek

For more of a thrill, this waterpark has a variety of rides and attractions for all ages. Drop down the Lake's largest half pipe at Zambezi Falls. Enjoy a ride in a tube on the Lazy River. Ride the waves in the wave pool. Take the younger kids to Splash Island where the zero-entry pool and water activities will keep them busy. Food, snacks and drinks available at Surfside Grill.

Season passes, cabana rentals, birthday and group parties available.

Hours are 10 a.m. - 6 p.m. through Aug. 17 and Labor Day weekend.

A regular day pass costs \$44.95; junior pass \$39.95; ages 65-plus \$37.95; and ages 4-10 swim free. Non-swimmers and after 3 p.m. rates also offered.

www.bigsurfwaterpark.com

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#### **INDOOR POOLS**

Sometimes the weather does not cooperate. These indoor pools provide a great place to get some swimtime in without having to worry about the forecast. Another perk... they are open year-round.

#### **Westlake Aquatic Center**

134 N. Fairgrounds Rd., Laurie

If you are interested in water aerobics, you'll find them at this mini Olympic swimming pool. Check out the schedule online for open swim times and classes.

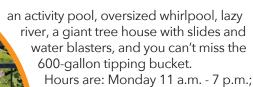
Hours are: Monday and Friday 6 a.m. - 5 p.m.; Tuesday and Thursday 6 a.m. - 7 p.m.; Saturday 7 a.m. - 9 a.m. and noon - 5 p.m.

Admission is \$5 for ages 2-17; \$7 for adults; \$6 for seniors 60 and older; and adult aerobics costs \$10 per class. Private group and swim lessons available in the summer. www.westlakeaquaticcenter.com

#### **Jolly Mon Indoor Waterpark**

494 Tan-Tar-A Drive (Margaritaville Lake Resort), Osage Beach

Great for kids of all ages, there are 600 feet of waterslides,



Hours are: Monday 11 a.m. - / p.m. Closed Tuesday and Wednesday; Thursday 11 a.m. - 7 p.m.; Friday 12 - 10 p.m.; Saturday 10 a.m. - 10 p.m.; and Sunday 10 a.m. - 7 p.m. Admission is \$20 for hotel guests; \$25 for non-hotel guests; and ages 2 and under free.

www.margaritavilleresortlakeoftheozarks.com/play/jolly-mon-indoorwater-park

Bear Bottom waterslide. PHOTO PROVIDED

#### WATERFRONT BARS/ RESTAURANTS

If you are looking for a pool with plenty of food, live music and cocktails, several waterfront bars and restaurants are the place to visit. Here are a few to check out: Dog Days, Backwater Jacks, The Encore, Redhead Lakeside Grill/High Tide, Landshark Bar & Grill, Camden on the Lake, Boathouse, Lazy Gators, Bear Bottom Resort, Coconuts/Bananas Waterpark, Hippopotamus Swim-up Bar/Regalia Hotel & Conference Center, Tap & Grill.



### TIPS TO SAVE WHEN SHOPPING FOR YOUR JULY FOURTH BARBECUE

arbecues are part and parcel of July Fourth celebrations. Such get-togethers might be even more notable in 2024, when Independence Day falls on a Thursday. That means many people will likely be taking off on Friday, July 5, which adds another day to celebrate with friends and family around the grill this year. Opportunities to entertain will abound this July, and that can take a toll on hosts' pocketbooks. As the holiday approaches, individuals planning to host a July 4 barbecue can heed these tips to save on food and supplies at the grocery store.

· Ask guests to bring a side and/or beverages. Hot dogs and hamburgers may garner the bulk of the culinary attention at a July 4 barbecue, but side dishes are necessary as well. When inviting guests, ask each to bring a side dish or dessert. Potato salad, mixed greens, pasta salad, chickpea salad, and other cold fare go well with traditional barbecue favorites, and asking guests to bring these along can save hosts substantial amounts of money. If guests can't bring food, ask them to bring beverages like soft drinks, iced tea, beer, or wine.

· Shop ahead. Hot dogs, hamburgers, chicken breasts, and other summer grilling favorites can be frozen and thawed out come the day of the barbecue. Shopping ahead for such items, as well as beverages, can help hosts spread out the cost of hosting, which can make it easier to manage the cost of throwing a party, particularly if the guest list figures to be sizable.

· Consider less expensive cuts of meat. If steak is on the menu at your Independence Day barbecue, consider purchasing less expensive cuts of meat. The Hearth, Patio & Barbecue Association notes that chuck cuts like flat-iron steaks and petite filets are flavorful cuts that won't cost nearly as much as rib-eyes and New York strip steaks. Hosts also can save on burgers by purchasing ground beef and creating their own patties as opposed to purchasing pre-made hamburgers from their grocer's meat department. The HPBA notes that chicken thighs, legs or quarters also tend to be less expensive than chicken breasts.

· Grill up healthy fare. Vegetables are less expensive than meat and poultry, and there's many ways to prepare veggies over an open flame. Grilled vegetable skewers are flavorful and popular, and guests might appreciate some nutritious fare to counter all the less healthy items they're accustomed to eating at July 4 barbeques.

There's no shortage of ways to save money when celebrating July 4 in the backyard. This year hosts can celebrate to the fullest without breaking the bank.





























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#### The Funky Buffalo Coffee House & Trading Co.

Address: 498 US-54, Camdenton, MO 65020 Hours: Monday - Friday 6:30 a.m. - 6 p.m. Saturday & Sunday 7:30 a.m. - 4 p.m.

Phone: (573) 873-2388 Website: thefunkybuffalo.com



Chris and Kendra with their children. PHOTO PROVIDED

ocated in Camdenton, The Funky Buffalo offers a full menu of drinks and eats alongside a boutique of unique and stylish pieces.

Chris and Kendra are originally from Omaha,
Neb., but moved to the Lake in early January. The
high school sweethearts have been married for almost 12
years and have three children – a 9-year-old son, 7-yearold daughter and a 3-month-old baby girl.

Their family has been visiting the lake for about 15 years, and has been coming nearly every weekend in the summer since 2012. Both of the couple's parents have

been full-time lake residents for several years, so the two have been searching for a way to bring their family to the lake full-time as well.

Three years ago Chris told Kendra she needed to visit The Funky Buffalo while visiting the lake. Kendra said she and her mother met for coffee and it was in that instant she fell in love with the shop.

"It was over from there," she said. "I sent pictures and videos back to Chris that day saying, 'this is it... THIS is exactly what I have been envisioning for my boutique and coffee shop!"



One of The Funky Buffalo's summer specials: blue raspberry sprite with cherry Boba. PHOTO PROVIDED

Kendra said she discussed her dreams of opening a coffee shop with her husband for years. Her goal was to open a shop where parents could bring their kids and be offered fun, off-screen activities. She said she also wanted a large enough space for customers to be able to conduct business meetings without disruption from other guests.

After expressing how much she loved The Funky Buffalo, Chris suggested she reach out to Ron and Nicole Duggan, the owners at the time, and let them know she was interested if they ever decided to sell the place. Kendra said this was difficult for her to do because there were so many "what-ifs."

She finally mustered the courage to contact the Duggan's in September of 2022, expressing she was interested if/when they wanted to sell the shop. She didn't, however, expect the quick response she received.

"Nicole messaged back that same day, 'I can call you today,'" Kendra said.

After that phone call, Kendra and Chris listed their house for sale, welcomed their third child on Nov. 7 and purchased their new home in Four Seasons the same day they returned from the hospital. The family celebrated birthdays, Thanksgiving and Christmas in Omaha, packed their belongings and moved to the lake in early January. Kendra took full ownership of The Funky Buffalo by the end of the month.



The Funky Buffalo now offers a full-service coffee shop, breakfast items and even a lunch menu. The location is also home to Kendra's boutique that she's owned and operated online for seven years.

Kendra also switched out the coffee served to their own private label coffee, BossMom-Coffee. They began selling this private label coffee three years ago in honor of Chris' younger brother, Ryan, who was only 26 when he lost his battle to Post Traumatic Stress Disorder. All net proceeds of coffee, bracelets and awareness shirts/ hoodies are donated to veteran suicide prevention programs and other veteran organizations.

"It has been a wild ride, but no doubt God knew exactly what he was doing when he planted us here, right now, at this moment, at this exact time," Kendra said.



The Funky Buffalo's own, private label, whole bean coffee. A portion of their net proceeds of coffee, awareness bracelets and veteran shirts are donated to veteran suicide prevention programs and other veteran organizations.

PHOTO PROVIDED

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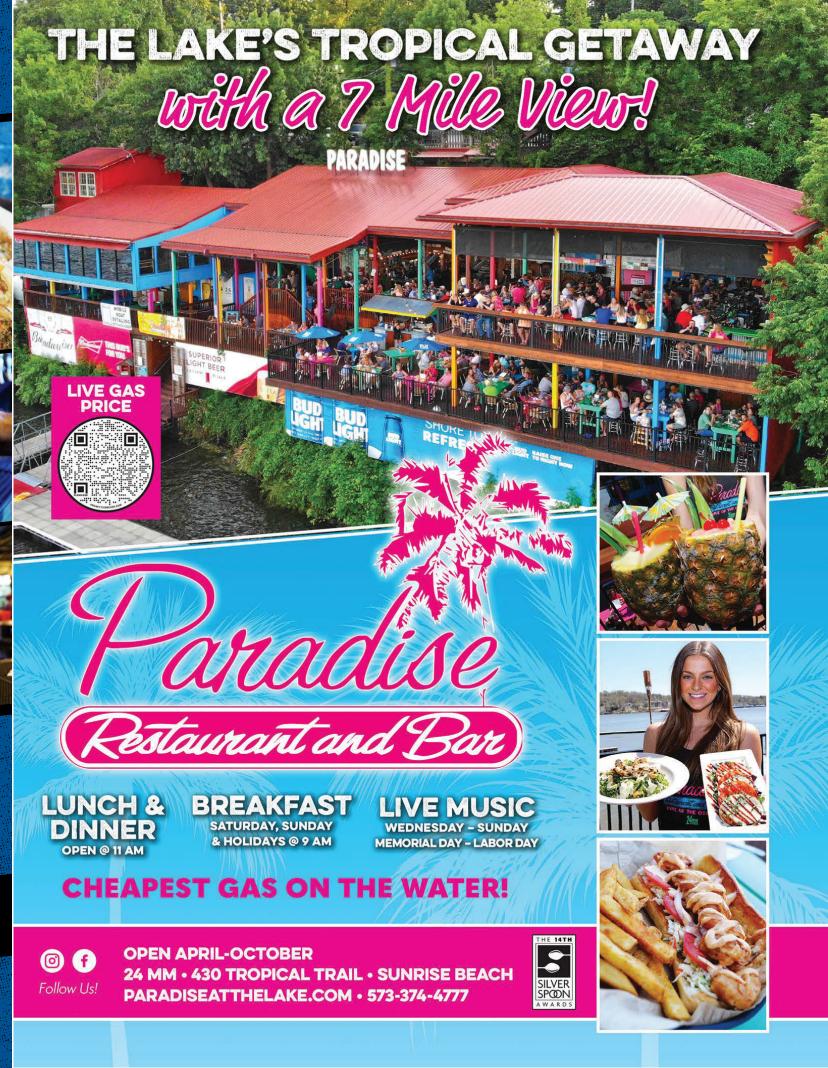


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#### TOP 5 AT THE LAKE

# The 5 Best Dining On The Water at Lake of the Ozarks

Shorty Pants Lakeside Cajun Restaurant & Marina







Baxter's Lakeside Grille

n the picturesque area of Lake of the Ozarks, there is no shortage of beautiful waterfront views. Whether it's the serene Lake of the Ozarks or the tranquil Gravois Arm, there are plenty of options for a scenic dining experience. But when it comes to the ultimate combination of delicious food and stunning waterside ambiance, these five restaurants stood out among readers as the best of the best. Voted by readers as the "Best Dining on the Water 2024," these winners have set a new standard for waterfront dining. From fresh seafood to juicy steaks, each restaurant offers a unique and diverse menu to cater to all tastes. And of course, the unbeatable views only add to the overall dining experience. So without further ado, let's discover the five winners that have captured the hearts and appetites of readers in the Ozarks. Shorty Pants Lakeside Cajun Restaurant & Marina took home the number-one spot this year. They have "great Cajun food" and nobody can beat their entertainment nights.

#### 1. Shorty Pants Lakeside Cajun Restaurant & Marina

1680 Autumn Lane, Osage Beach

#### What locals are saying:

- Love so much! Especially entertainment nights!!
- Just an all around nice place to go.
- Great Cajun food.

#### 2. Baxter's Lakeside Grille

2124 Bagnell Dam Boulevard, Lake Ozark

#### What locals are saying:

- Best view, best service, best food.
- Bartenders are great, new addition for even better view.
- No place to compare with fine dining on the lake.

#### 3. Redhead Lakeside Grill And Yacht Club

1700 Yacht Club Drive, Osage Beach

#### What locals are saying:

- Consistent quality and great dock staff
- Top notch food!
- Gluten free options!

#### 4. Backwater Jacks

4341 Beach Drive, Osage Beach

#### What locals are saying:

- Always my favorite! Great friendly people!
- Absolute BEST food and atmosphere!!
- Food is always good and good prices.

#### 5. The Fish and Company

268 Wego Fish Lane, Camdenton

#### What locals are saying:

- Great food, Great atmosphere, Great time!
- Awesome food, drinks & staff!!
- Great little place to go.



## MILLER COUNTY FAIR

he Miller County Fair is being held June 22-29. A variety of activities were held during the week, but there is still plenty of fun to be had this weekend. Stop by the Miller County Fairgrounds, located at East 8th Street in Eldon, to join in on a great time!



#### Friday, June 28

Morning:

10 a.m. - Youth livestock judging contest.

Evening:

5 p.m. - Livestock auction buyers' dinner.

6:30 p.m. - Livestock auction.

7 p.m. - Exhibits released.

7:30 p.m. - Figure 8 derby.

#### Saturday, June 29

Evening:

7 p.m. - Demolition derby.

Fairgrounds admission: 11 and over - \$10; 10 and under - free. No admission charged to enter carnival grounds.

Carnival Rides - Armbands available nightly for \$30 - unlimited rides from 6-10:30 p.m.

**56 VACATION NEWS** June 28 - July 11, 2024



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#### ENTERTAINMENT

STORY BY VICKI WOOD

# Getting to know the Sax Man: Michael Byington

or nearly 20 years Michael Byington has been one of the many talented musicians providing fans with subtle music to enjoy during dinner or cocktails at Lake of the Ozarks. He performs regularly at a variety of entertainment venues and restaurants.

He may be a solo act now, but Byington began in a band, "Code Blue" in St. Louis, sharing the stage with such acts as Phil Driscoll, The Greg Kihn Band, and Darrell Evans.

These days, the 30-year veteran "saxophone man" is content to back himself up with an electronic track piano and master the stage by himself.

Way back, he says, Byington's astute ear caught the tunes of the famous saxophone artist Boots Randolph. Everyone knew Randolph's hit "Yakety Sax" and Byington took Randolph's influence and began his own musical journey, beginning saxophone lessons in the fourth grade.

In high school he joined his first group, the school jazz band. But his musical aspirations got thrown a curveball. The young musician developed a degenerative eye disease that would eventually lead to his blindness. His love of saxophone music pushed him past any thought of stopping due to the vision impairment. While the conditioned worsened, Byington continued to study and practice, even as the music pages became more difficult to read.

After obtaining an assistance canine, Byington pursued a college degree at Webster University in St. Louis.

Since playing with Code Blue in St. Louis, his musical journeys have led him to produce CDs. The latest, titled Shades of a Soul, contains 12 tracks including some old favorites like "Try a Little Tenderness" and "It's Too Late." He is self produced and sells his CDs at his live appearances.

He had this to say about the latest release, "I have a great passion for music. I love many musical genres and styles. And down deep,



Mike Byington performing at the opening of Lakeview Terrace Event Center's new Speakeasy in April. Photo BY VICKI WOOD

I am a hopeless romantic. A good love song touches me at my very core. These are the reasons that my first project in over seven years is "Shades of a Soul". "Shades of a Soul" is a collection of timeless, clas-



Mike Byington serenades with his saxophone version of "happy birthday."

sic love songs that are extra special to me. When I play these songs I reveal a part of my very being. I hope they touch you like they have touched me."

In reference to other works by Michael Byington, SoundCloud features some sample clips of his recordings:

Sound Cloud-https://soundcloud.com/michael-byington-43689/sam-manmix

It gives examples from "Shades of a Soul" includes a demo mix of "Just My Imagination" and "Reminiscing", with smooth jazz. The album also covers big band hits.

With a kicking beat background accompaniment, Byington gives a rounded performance. His repertoire includes Funk, R & B, Blues, Rock and Roll, Retro 50's and 60's, Jazz, and Country. His personal favorite is Smooth Jazz.

Michael's passion for music shines through his saxophone, creating audio art for the soul. He can be found regularly performing at JB Hook's on Tuesday evenings and HK's Restaurant at Lodge of the Four Seasons on Fridays.

Mike Byington's service dog atttends all of his performances with him. Pictured here relaxing while taking in the sounds of the sax. first Saturday monthly, he plays

PHOTO BY VICKI WOOD



The third Saturday of the month, the Sax Man performs at Shawnee Bluff Winery from 3-6pm. The at Seven Springs Winery.

On Sunday April 7 and Saturday May 18, Byington will perform at the Shawnee Bluff Winery with the LOTO Blues Society. He also regularly appears at Charlie Foxtrots in Osage Beach with the LOTO Blues Society Band.

Whether you're visiting the Lake of the Ozarks or you're a local resident, you'll agree Sax Man Michael Byington provides professional entertainment that's a cut above.

For more information or his performance schedule, visit his website: https://saxmanmichaelbyington.com. Information is also available on his Facebook page.







#### **Open Tues-Sat** Closed Sun & Mon



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2024 SCHEDULE



JUNE 28TH

#### BERT KREISCHER'S

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JULY 5TH

#### LYLE LOVETT AND HIS LARGE BAND

JULY 12TH

#### RYAN UPCHURCH

JULY 16TH

#### THE BEACH BOYS

Dave Mason

JULY 27TH

#### **ICE CUBE**

Warren G JULY 30TH

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#### CROWDER

**Austin French** 

**AUGUST 16TH** 

#### WARRANT

Firehouse/Jack Russells Great White

AUGUST 24TH

#### **JAMEY JOHNSON**

Whitey Morgan & The 78s/Mae Estes

SEPTEMBER 1ST

#### **JUSTIN MOORE**

Joe Nichols

SEPTEMBER 12TH

#### FRANK FOSTER

A Thousand Horses/The Comancheros

SEPTEMBER 13TH

#### **KOE WETZEL**

Treaty Oak Revival

OCTOBER 4TH

#### **FOREIGNER**

Loverboy

OCTOBER 5TH

#### **BRANTLEY GILBERT**

Adam Calhoun/Demun Jones



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#### June

#### Friday, June 28

**Off The Cliff,** Cindy Lawhorn, 5 p.m.; Devon Worley Band, 8 p.m.

Brick House, Steven Tyler Moore, 7 p.m.

Casablanca, Steven Scott, 7 p.m.

**Shawnee Bluff Winery,** Phillip Twitchell, 12 p.m.; Steve Moore, 4 p.m.

**Charlie Foxtrots,** The Nobodies, 8 p.m.

**H Toad's,** Nathan Vegas, 6 p.m.; Adam Powell, 6 p.m.; Bad Habit, 9 p.m.

Neon Taco, Chloe Hoecker, 5 p.m.

**Paradise,** Buck Fuckalo, Matt Hartman, And Friends, 6 p.m.

Shorty Pants, Art Bentley

Franky & Louie's, Montage, 8 p.m.

#### Saturday, June 29

**Off The Cliff,** Disengaged, 8 p.m. **Brick House,** Bobby Stilwell, 7 p.m.



#### Casablanca, PDA, 7 p.m.

**Shawnee Bluff Winery,** Planet Jazz, 12 p.m.; Grayson Wood, 4 p.m.

**Charlie Foxtrots,** Blake Gardner and the Farmers, 8 p.m.

**H Toad's,** Jordan Isakson, 6 p.m.; Bad Habit, 9 p.m.

**Neon Taco,** Steven Tyler Moore Music, 12 p.m.; Preston Ary Band, 5 p.m.

**Paradise,** Skylar Hunt, 12 p.m.; Buck Fuckalo, Matt Hartman, And Friends, 6 p.m.

**Shorty Pants,** Travis Martin

Franky & Louie's, Montage, 8 p.m.

#### Sunday, June 30

**Paradise,** Buck Fuckalo, Matt Hartman, And Friends, 5 p.m.

**Franky & Louie's,** J&J Jam, 12 p.m.; Blake Gardner, 5 p.m.

**Shawnee Bluff Winery,** Mike Byington, 12 p.m.; Austin Reed, 4 p.m.

#### July

#### Wednesday, July 3

Paradise, Mick Byrd, 5 p.m.

#### Thursday, July 4

Casablanca, Tim Newell, 7 p.m.

**Shawnee Bluff Winery,** Starla & Scotty, 4 p.m.

H Toad's, Shawn C, 6 p.m.

Paradise, Art Bentley, 5 p.m.

**Franky & Louie's,** Lucas Beebe, 12 p.m.; Captain Geech, 9 p.m.

#### get listed

Attention musicians, bands, bars and restaurants: Send us live entertainment schedules to be included in our live music listing. Event information must include name of venue, name of entertainer, time, date and contact information for verification. Send information to jordyn.lakesun@gmail.com or call 573-346-2132. The following list has been updated as of press time.



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#### Friday, July 5

**Brick House,** Double D Acoustics, 7 p.m.

Casablanca, Steven Scott, 7 p.m.
Shawnee Bluff Winery, John Allen,
12 p.m.; Mitch Shields, 4 p.m.
Charlie Foxtrots, Kalani, 8 p.m.
H Toad's, Dave Bennett, 6 p.m.
Neon Taco, Chloe Hoecker, 12 p.m.;
Kael, 5 p.m.

**Paradise,** Kurt Allen Band, 6 p.m. **Shorty Pants,** Art Bentley **Franky & Louie's,** Captain Geech, 9 p.m.

#### Saturday, July 6

**Brick House,** Zach Simpson, 7 p.m. **Casablanca,** Bobby Stilwell, 7 p.m. **Shawnee Bluff Winery,** Tim Gaines, 12 p.m.; Kalani, 4 p.m.

**Charlie Foxtrots,** Astro Katz, 8:30 p.m.

**H Toad's,** Marcus Words (duo), 6 p.m. **Neon Taco,** Kael, 12 p.m.; Popo Beck, 5 p.m.

**Paradise,** Art Bentley, 12 p.m.; Presley Puig, 5:55 p.m.

**Shorty Pants,** Travis Marvin **Franky & Louie's,** Captain Geech, 9 p.m.

#### Sunday, July 7

Shawnee Bluff Winery, Mickey Hollis, 12 p.m.; Dayne Hudek, 4 p.m. H Toad's, Justyn Moreland, 6 p.m. Paradise, Hometown Tourist, 5 p.m. Franky & Louie's, Lucas Beebe, 12 p.m.; Kalani, 5 p.m.

#### Wednesday, July 10

Paradise, Po Po Beck, 5 p.m.

#### Thursday, July 11

Casablanca, Nate Michaels, 7 p.m. H Toad's, Mark Barger, 6 p.m. Paradise, The Nobodies, 5 p.m. Franky & Louie's, Zack Simpson, 5 p.m.

BRING THE FAMILY
TO MINER MIKE'S
INDOOR FUN CENTER AT
LAKE OF THE OZARKS!







THE MAZE
RUNAWAY MINE
TRAIN
THE CHUCK WAGON
FERRIS WHEEL
AND MORE!



#### **SUMMER HOURS**

**June to August 18th** 

Wednesday – Friday 1PM to 9PM Saturday 11AM to 9PM • Sunday 11AM to 5PM Closed Monday and Tuesday

#### minermikes.com

573-348-2126

4515 Osage Beach Pkwy., Osage Beach, MO Across From Osage Beach Outlet Marketplace



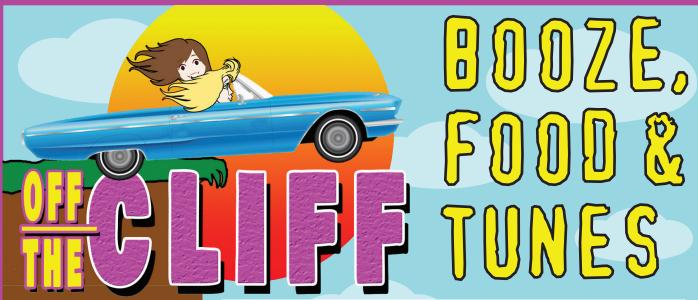
ARCADES
AIR HOCKEY
NASCAR GAMES
HARLEYDAVIDSON
GAMES



BUSTIERS CARACE

ROUTE 66 INDOOR ELEVATED
ROLLER COASTER STYLE
ELECTRIC GO KARTING





- 28 5pm Cindy Lawhorn **8pm Devon Worley Band**
- 29 5pm Rebel Walker **8pm Disengaged**

- 2 **5pm Travelin Kind** 7pm TAZ-MANIA TUES
- 5pm Chuck Briseno 7pm TAZ-MANIA WED
- 4:30pm Travelin Kind 7:30 Grayson Wood
- 5 **5pm Tom Bryant 8pm Old Soul Savage**
- **5pm Travelin Kind 8pm i-Berries**
- **5pm Travelin Kind** 7pm TAZ-MANIA TUES
- 10 5pm Booker DeRous 7pm TAZ-MANIA WED
- 11 4:30pm Travelin Kind 7:30 Grayson Wood
- 12 5pm Cindy Lawhorn **8pm Dirt Road Addiction**
- 13 5pm Zac Simpson **8pm Black Note**
- 16 5pm Matt Mills 7pm TAZ-MANIA TUES
- **17** 5pm Jason Earl 7pm TAZ-MANIA WED
- 18 4:30pm Travelin Kind 7:30 Grayson Wood
- 19 5pm Tom Bryant **8pm One More Shot**
- 20 5pm Lewis and Jeffrey **8pm Tom Bryant Band**

Subject to change due to inclement weather or last minute cancellations.

#### OPENS AT 11 TUESDAY THRU SATURDAY

#### Appetizers

Fried Pickles.....\$8 Tater Kegs......\$9 Fried Mushrooms.....\$8 Loaded Fries.....\$9 Cheese Curds......\$8 Pretzel Bites.....\$10 Mozzarella Sticks.....\$8 **Buffalo Chicken Dip \$13** Fried Green Beans ... \$9 **Pulled Pork Nachos.\$13** 6 Cliff Wings......\$10 Jalapeno Poppers.....\$9 Onion Rings.....\$9 10 Cliff Wings......\$16



ALL DAY LONG **Margarita Specials!** 

#### HAPPY HOUR

**EVERYDAY 4-7 PM ALL WEEK** \$1 Off Beer

\$1 Off Mixed Drinks & Shots \$2 Off Buckets

\$1 Off Mixed Drinks

VIEW OUR NEW MENU



@ 7PM



LOCATED IN THE LOWER LEVEL OF OFF THE CLIFF OPENS AT 4 MONDAY THRU SATURDAY

**OFF THE CLIFF** | 66 North Shore Dr., Lake Ozark, MO 573.693.1655

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