

LAKE SUN  Lake Media

GAME NIGHT

FALL SPORTS PREVIEW 2023 | A Lake Sun Special Section

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GAME NIGHT

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LAKE SUN

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Game Night is created annually by Vernon Publishing and is distributed throughout the Lake area and inserted in the Lake Sun. Reproduction in whole or in part without prior written permission is strictly prohibited. Opinions expressed in the publication are those of the authors and do not necessarily represent those of publication management.

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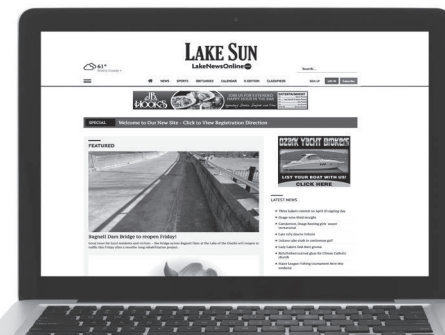
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CAMDENTON BOYS SWIM



DISCIPLINE WILL LEAD TO CONTINUED SUCCESS FOR LAKERS IN 2023

The Camdenton boys swim team has expectations of returning more swimmers to the Class 1 State Championship Meet where they had the highest team finish in program history a year ago.

The Lakers finished 12th out of 40 teams represented at State, the highest team finish in program history. "Almost every meet of the season, the team dropped their times in the 200 relays, obliterating the previous school records set during the 2019 season, and every swimmer gained PR's in their respective events," said Lakers coach Sarah VanBebber.

The Lakers are led by senior Ethan Vance, who capped off last season at the Class 1 State Meet with two individual third place finishes in the 50-yard freestyle and 100-yard freestyle, and he's confident in the 2023 squad. "The team is looking pretty strong this year," Vance said. "I think we are going to have a pretty good season, hopefully break some records."

Camdenton achieved a fifth place finish in the 200-yard free relay (Vance, Hunter Johnson, Jonah Rapp and Fischer Lapine), and an 11th place finish in the 200-yard medley relay (Vance, Johnson, Rapp and Lapine).

Vance noted that he would like to see the Lakers keep the same steady progression from last season. "For this year, that's our goal," he said. "To qualify for State, break last year's record and make something special happen."

VanBebber enters her fifth season coaching the Laker swim team and fourth as head coach at Camdenton High School. "It is always interesting to see the new dynamics with each team at the beginning of the season," she said. "This year, I have been most impressed with the willingness of the boys to get in the water and get the job done."

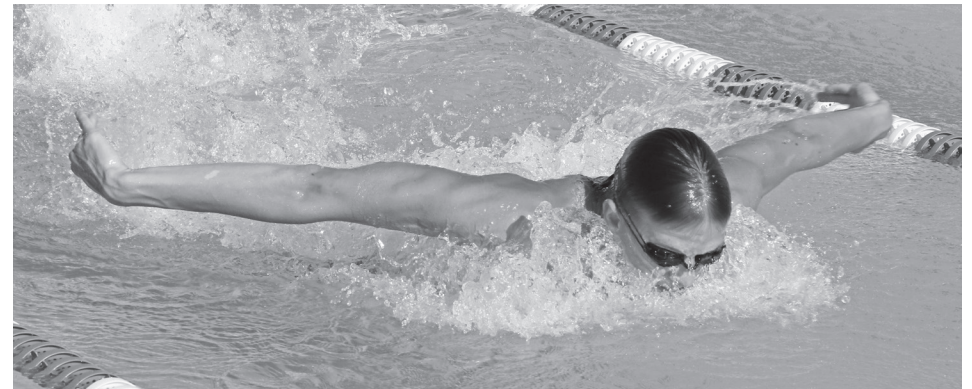
"There is a mentality of putting in work, even when they don't want to, that I know will contribute towards success down the road in November. The biggest thing I look for in a team is willingness and drive to be better, and I see that with this group," she said.

Expectations for the Lakers in 2023 are held high by VanBebber. "I am expecting a lot out of this team. I know the ability is there to beat the records from the 2022 Laker team," she added. "It will take a lot of work."

According to VanBebber, there are two positions open in the Lakers relay team left by graduating seniors that need to be filled. "We have the swimmers capable of filling those roles," she affirmed. "It will depend on who wants it more, and who will get the job done."

"I do believe we will have relays qualify for State again. I also believe there are possibilities for more individual qualifiers for the State Championship Meet in November," she said.

VanBebber noted that Camdenton has swimmers with diverse abilities in different strokes that will need to be fine tuned to help the team earn points in the individual events throughout the season. "We need to beef up our presence in some of the other events at meets to beat out the larger teams of our conference."



2023 SCHEDULE

CAMDENTON BOYS SOCCER

8/22	Jamboree- Branson, Camdenton, Bolivar	Home	V	4:30 pm
8/26	Jefferson City (Jefferson City, MO)	Away	V, JV	9:00 AM
8/28	Marshfield (Marshfield, MO)	Away	V, JV	4:30 PM
8/29	Rolla (Rolla, MO)	Away	V, JV	5:00 PM
8/31	West Plains (West Plains, MO)	Away	V	5:00 PM
9/5	Parkview	Home	V	5:00 PM
9/7	Capital City	Home	V, JV	5:00 PM
9/8	Republic (Republic, MO)	Away	V, JV	4:00 PM
9/11	Smith-Cotton	Home	V, JV	5:00 PM
9/12	Waynesville	Home	V, JV	5:00 PM
9/14	Osage (Osage Beach, MO)	Away	V, JV	5:00 PM
9/15-16	S-C JV Tournament (Sedalia, MO)	Neutral	JV	
9/18	Helias Catholic (Jefferson City, MO)	Away	V, JV	5:00 PM
9/19	Fatima	Home	V, JV	5:00 PM
9/22-23	Bolivar Liberator Classic (Bolivar, MO)	Away	V	
9/26	Bolivar (Bolivar, MO)	Away	V, JV	5:00 PM
9/29-30	Laker Shootout (Camdenton, MO)	Home	V	
10/9	Clinton	Home	V, JV	5:00 PM
10/9	Southern Boone	Home	V, JV	5:00 PM
10/10	Central (Springfield)	Home	V, JV	5:00 PM
10/12	Glendale (Springfield, MO)	Away	V, JV	5:30 PM
10/17	Kickapoo (Springfield, MO)	Away	V, JV	5:00 PM
10/19	Hillcrest	Home	V, JV	5:00 PM
10/24	Lebanon	Home	V, JV	5:00 PM

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CAMDENTON GIRLS TENNIS



LADY LAKERS FOCUSED ON BUILDING IN YEAR TWO UNDER TEICHMEIER



The Camdenton girls tennis team is looking to build on the foundation set last season under second year head coach Jacob Teichmeier.

The Lady Lakers finished last season with a 4-10 record, but this squad is focused on pushing each other to grow as a team, while remembering to have fun along the way.

Camdenton won a first round match of the District Tournament, beating Rolla 5-1, who the Lady Lakers lost to twice earlier in the year. "The biggest thing about last year was laying a foundation of how we want to compete and how we want to play," Teichmeier said. "Last year we had a good group of senior girls that did a really good job of being coachable, being good teammates and I think they laid a strong foundation for our seniors coming up, and we just hope to continue that into this year."

Returning to help lead the Lady Lakers is senior Audrey Blake, along with junior Delaney Stanfield. "Audrey was our number one last year, Teichmeier said. "She's not a super vocal leader, but she leads by the way she plays. When she's out on the tennis court she just competes, and she won't show up an opponent but she's going to play hard and play her game."

"Delaney was our number two as a sophomore last season, and I'm hoping to see her improve on that," Teichmeier added. "We're excited to have their leadership and ability to help mentor the younger students such as how to balance homework, school, and friendships along with tennis."

According to Blake, the first week of practices went pretty great. "We have a lot of incoming freshman which I am really excited about and they show a lot of potential, so that's really good for us as a team," she said. "We have a lot of great seniors that I really get along with, and I think we're all having fun as a team and making those connections with a lot of the new people."

Blake said showing up and trying their best is key for improvement. "Just showing up everyday ready to get going, always having energy and trying our best on every drill even if it's not a match. Like working on our swings and things, and putting in the effort every day," she noted.

Teichmeier added what improvements need to be made in order to keep building

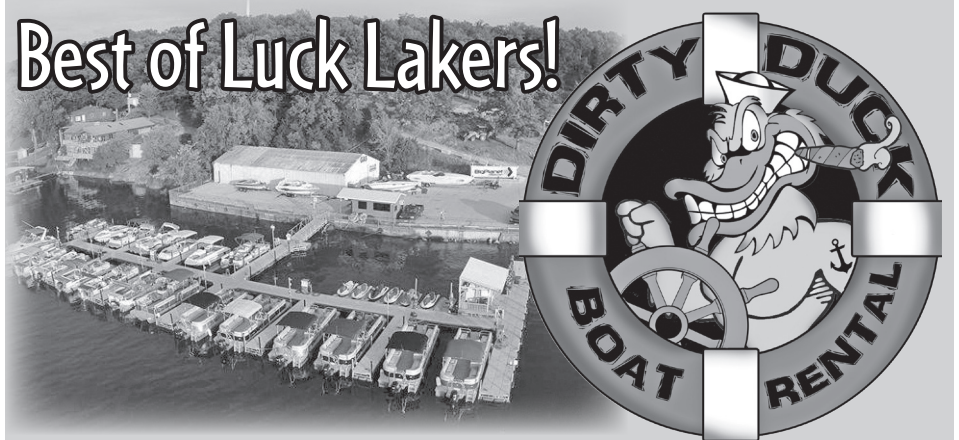
2023 SCHEDULE

CAMDENTON GIRLS TENNIS

8/26-27Jeff City Tournament (Jefferson City, MO)AwayV	
8/28Jefferson City (Jefferson City, MO)AwayV, JV4:30 PM
8/29Kickapoo (Springfield, MO)AwayV, JV4:30 PM
9/1Waynesville Invitational (Waynesville, MO)NeutralV	
9/7West PlainsHomeV12:30 AM
9/7WaynesvilleHomeV4:00 PM
9/7WaynesvilleHomeV4:00 PM
9/12Rolla (Rolla, MO)AwayV, JV4:00 PM
9/15Parkview (Springfield, MO)AwayV, JV4:00 PM
9/18OsageHomeV, JV4:00 PM
9/25Smith-Cotton (Sedalia, MO)AwayV, JV4:30 PM

on the foundation built last season. "We need to be more aggressive at the net," he said. "We need to try and work on having a better attack with our first serve," he said. "But more importantly being better teammates, being encouraging, showing up to practice prepared and making sure we're focusing on the little things. It's a process of getting better, and we have to show up daily and continue to work on that process."

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CAMDENTON GIRLS CROSS-COUNTRY



LAKERS FOCUSED ON BUILDING IN 2023



After sending two runners to the Class 5 State tournament last fall, the Camdenton cross-country team is young and eager to return in 2023.

Coach Lauren Moriearty enters her fourth season as head coach of the cross-country team, and it will be her seventh year coaching the sport at Camdenton.

“Last season, on the girls side, we had a full team with two girls who qualified for State,” Moriearty said. “Ellie Webb and Georgi Carolus. And they have both gone on to run in college. Ellie is going to Truman State University, and Georgi is going to Drury University.”

As for the rest of the Lakers squad, Moriearty has seen both the boys and girls teams make strides from last season. “The rest of the team has made vast improvements taking minutes off of their 5K time,” she said.

Moriearty noted that she believes this will be a positive building year for the team. “Our expectations are still building as we go,” she said, and added her experience with recruiting kids to run. “It’s kind of hard recruit kids because we’re out here at 6:15 in the morning, but we like to think of our team as more of a culture than just a sport. So, building that love of running in the kids, and then along the way try and help them be successful in racing.”

Sisters, Ava Canales and Payton Canales are expected to lead the Lady Lakers this season. Ava is entering her senior year while Payton will be a sophomore. “Payton missed qualifying for State by I think maybe six places last year, so she looks to improve there,” Moriearty noted. “Ava had her most consistent year last year, so she looks to be a shining star this year.”

Ava Canales shared how she is eager to see how the the underclassmen on both the boys and girls squads can learn from each other. “I just want to be proud with how I finish, and not leave anything left out on the course,” she said. “I feel like we have a lot of talented freshman coming in this year, and we have a lot of new kids so it will be interesting to see how they do.”

Senior Chase Mason, and sophomore Luke Webb will look to lead the Laker boys this fall.

“My expectations for the most part is to be proud of how I finish in every race, and not worry about placing, just know that I did my best,” Mason said, who enters his second year on the team, after making his way over from the soccer field because he enjoys running. He added that he also had a few classes taught by Moriearty. “I had a few classes with coach Mo, and it just looked like a lot more fun to me after coming to a couple of practices,” he said.

Moriearty added that Webb has been putting in a ton of work preparing for the season. “I think he is going to blow us out of the water with his improvement,” she said.

Both Canales and Mason said the team’s expectations remain high. “Last year as a team, our girls team was hoping to get to State, but that didn’t happen so maybe this year it will be different,” Canales said, “And we have a few more boys this year, so that will be exciting to see how they do.”

Newcomers include some track athletes that are making the transition and Moriearty said they could possibly be the top three runners for the boys. Juniors Gunnar Rhoads and Jesus Garcia-Ortiz are bringing endurance to the squad after both participated in track and the JROTC program. “They both have showed a lot of potential and I think they will be pivotal for the team’s success this year,” she said. “We also have had some freshman come up on both the boys and girls teams that are looking to make an impact as well.”

In terms of where to improve, Moriearty stressed the importance of working together to achieve success. “I think just working together in races as a team, because we are a very individual sport, but also a team sport. We can go out and race, and everybody can do their own thing, but at the end of the day this is a team sport,” she said. “So, if we can focus on bringing the team together and working together to push each other forward, and score some points that would be ideal.”

2023 SCHEDULE

CAMDENTON GIRLS CROSS COUNTRY

9/2	Bolivar	Home	V	8:30 AM
9/9	Lebanon Cross Country Invitational (Lebanon, MO)	Neutral	V	
9/9	Lebanon Invitational (Lebanon, MO)	Neutral	V	
9/16	Fulton home meet (fulton, MO)	Away	V	9:00 am
9/23	Hermitage Invite (Hermitage, MO)	Neutral	V	
9/29	FRIDAY- Laker Invitational at Collins Farm (Camdenton, MO)	Home	V	
9/30	Fulton	Home	V	
9/30	Osage	Home	V, JV	9:00 AM
10/7	1st annual Cap City XC Invitational (jefferson City, MO)	Away	V	9:00 am
10/9	Dixon Cross Country Meet (Dixon, MO)	Neutral	V	
10/9	Dixon (Dixon, MO)	Away	V	5:00 PM
10/14	Conference Meet (Springfield, MO)	Away	V	10:00 am
10/19	Waynesville District Warm-up (Waynesville, MO)	Neutral	V	

CAMDENTON BOYS CROSS COUNTRY

9/2	SWCCA Meet (Bolivar, MO)	Neutral	V	
9/2	Bolivar	Home	V	8:30 AM
9/9	Lebanon Cross Country Invitational (Lebanon, MO)	Neutral	V	
9/9	Lebanon Invitational (Lebanon, MO)	Neutral	V	
9/16	Fulton home meet (fulton, MO)	Away	V	9:00 am
9/23	Hermitage Invite (Hermitage, MO)	Neutral	V	
9/29	FRIDAY- Laker Invitational at Collins Farm (Camdenton, MO)	Home	V	
9/30	Camdenton Invitational at HaHa Tonka- Saturday Races (Camdenton, MO)	Home	V	8:00 am
9/30	Osage	Home	V, JV	9:00 AM
9/30	Fulton	Home	V	9:00 AM
10/7	1st annual Cap City XC Invitational (jefferson City, MO)	Away	V	9:00 am
10/9	Dixon Cross Country Meet (Dixon, MO)	Neutral	V	
10/9	Dixon (Dixon, MO)	Away	V	5:00 PM
10/14	Conference Meet (Springfield, MO)	Away	V	10:00 am
10/19	Waynesville District Warm-up (Waynesville, MO)	Neutral	V	

CAMDENTON VOLLEYBALL



LADY LAKERS TO RELY ON EXPERIENCE IN 2023

The Camdenton volleyball team is loaded with upperclassmen who are focused on taking the next step and pulling off a deep postseason run.

The Lady Lakers lose three seniors, including one starter. “We lost three and one of them has started for us the past two years,” said Lady Lakers coach Austin Walker. “We return quite a bit, about five or six kids that have played and have experience.”

Camdenton ended last season with a record of 19-12-2 and will attempt to avenge last season’s 3-0 District loss to Marshfield as the Lady Lakers open their season at home against the Lady Jays. “We had a great season honestly, and our seniors led by example,” Walker said.

“We lost a district match that we should have won. Marshfield is a good team and we’ll have a chance at them again, and we’re hungry to produce more of what he had last year.”

Walker enters her 12th season as head coach of the Lady Lakers, and her 13th year of coaching volleyball. “For one year I was at Missouri Southern State University as an assistant coach after I graduated from college,” she said.

Confidence is key for Camdenton to improve in 2023. “We talked all summer about taking risks, and being more confident when they step on the court,” Walker said. She added that the Lady Lakers are also working on improving ball control, defense and utilizing their height going into the season.

“We always say we want to finish in the top half of the Ozark Conference,” Walker said. “Like Kickapoo who played for a State Championship last year, and is going to be great this year,” she said. “Kind of staying up with the pack and competing and we can do that. Honestly the number one expectation for this season is entering the court with confidence and leave saying that we did our best job while we gradually improve throughout the season for the postseason.”

Expected to help lead the Lady Lakers on a deep postseason run is senior Kenzie Swanson, who earned all-district honors last year, followed by junior Bella Brewer and returning senior libero Caitlin Garmany.

Newcomers include Lexi Dickerson who will play outside, along with Maggie Johnson.

“The team looks really good and I’m super excited for the season,” Garmany said. “We have a lot more seniors than we did last year because last year we only had three, so the team is looking pretty good so far.”

Garmany said last season got off to a shaky start for the Lady Lakers compared to the start to this season. “I think it was because we didn’t have as many leaders on the team last year with only three seniors, but this year we have pretty strong leadership I think,” she said.

If there is room to improvement this season, Garmany said it would be communication. “We tend to run into each other a bunch, but that’s just a little improvement we can make over the season,” she said.

Garmany also noted that her expectations for the team is to return to districts. “We have really high hopes for this season, and with this season being my last I want to make the most of it,” she said.

“Kenzie has worked on her confidence and finding ways to score points for us in the middle,” Walker said. “Bella is also expected to play a big role, and she’s another middle that plays high level club volleyball, so her volleyball I.Q. has grown tremendously.”

“If there is one thing to say about Caitlin its that she is a worker,” Walker said. “And she is a great leader for the younger kids.” According to Walker, sophomore Bella Asante has made improvements and will be returning to the setter position.



2023 SCHEDULE

CAMDENTON VOLLEYBALL

8/22 Marshfield	Home	V
8/22 Smith-Cotton	Home	V
8/22 Jefferson City	Home	V
8/22 Jamboree-Camdenton, Jefferson city, Marshfield, Smith Cotton. (Camdenton, MO).....	Home V 4:00 pm	
8/26 Hillcrest Tournament (Springfield, MO)	Away	JV
8/28 Helias Catholic	Home	V, JV, Fr5:00 PM
8/31 Hickman (Columbia, MO)	Away	V, JV, Fr5:30 PM
9/5 Capital City	Home	V, JV, Fr4:30 PM
9/7 Republic	Home	V, JV, Fr4:30 PM
9/9 Hillcrest Varsity Tournament (Springfield, MO)	Away	V
9/12 Rolla (Rolla, MO)	Away	V, JV, Fr4:30 PM
9/14 Parkview	Home	V, JV, Fr4:30 PM
9/16 Lake Varsity VolleyFest (Camdenton, MO)	Home	V
9/18 Southern Boone (Ashland, MO)	Away	V, JV, Fr5:00 PM
9/19 West Plains (West Plains, MO)	Away	V, So, Fr4:30 PM
9/21 Waynesville Home V, JV, Fr 5:00 PM		
9/23 JV/Frosh Volleyfest (Camdenton, MO)	Home	JV
9/25 Osage (Osage Beach, MO)	Away	V, JV, Fr5:00 PM
9/26 Jefferson City (Jefferson City, MO)	Away	V, JV, Fr5:30 PM
9/28 Bolivar	Home	V, JV, Fr4:30 PM
10/3 Glendale	Home	V, JV, Fr4:30 PM
10/5 Central (Springfield)	Away	V, JV, Fr4:30 PM
10/7 Mt. Vernon Varsity Tournament (Mount Vernon, MO)	Neutral	V
10/7 Mt. Vernon JV Tournament (Mount Vernon, MO)	Neutral	JV
10/9 Lebanon (Lebanon, MO)	Away	V, JV, Fr4:30 PM
10/9 Lebanon (Lebanon, MO)	Away	V, JV, Fr4:30 PM
10/10 Kickapoo	Home	V, JV, Fr4:30 PM
10/12 Hillcrest (Springfield, MO).....	Away	V, JV, Fr4:30 PM

CAMDENTON FOOTBALL



LAKERS KICK OFF FIRST SEASON UNDER PAR PITTS

2023 is the start of a new era for Lakers Football as Par Pitts builds upon the coaching legacy that Jeff and Bob Shore have left as he embarks on his first season as head football coach at Camdenton High School.

The Lakers return 10 starters from last season's 9-2 team that fell 55-14 to rival Lebanon in the second round of the Class 5 State Tournament.

"Our guys have really put a lot of effort and a lot of care into the season, I'm just so excited for our guys as they progress," said Lakers coach Par Pitts, a Camdenton native who was part of the 1986, 1987 State Championship teams along with former Laker coach Jeff Shore.

Previous to joining shores staff in 2014, Pitts left his mark at Palmyra, Odessa, and Troy, before returning to his hometown. "I'm lucky that I've been here for nine years and I've coached with all of our coaches and I've got the opportunity to be connected with them," he said. "I've coached all of our players before, and I've had other jobs where I didn't know anyone. So, what an advantage that was to have those lasting relationships already. That's made it so much more smooth and I feel like I'm just guiding us," he said.

"Because the work that is being done, is done by our players and our coaches and I'm just here to kind of cheer them along and make sure that we stay on the right path."

Things are done a little bit different under coach Pitts in 2023, but most players on the team are already familiar with his style. "We're a little different kind of style," Pitts said. "So, we're having to adapt to a downhill running game at some times."

When it comes to the X's and O's, Pitts noted that he has flexibility having spent time coaching both offense and defense as a coordinator, and as Laker head coach he wants to give the freedom to his coordinators to call up the plays. "I feel very comfortable on both sides," he said. "I'm fortunate enough to have two guys, my Defensive Coordinator Cole Walker and my Offensive Coordinator Andrew Nolting who have taken those reigns."

"I tell people that I'm just here to coach the coaches and love our players, and help them get to where they want to go," Pitts said.

On offense, Pitts wants to roll out something similar to a spread system that will

focus on running the football. "We're kind of a spread offense that can be powered by the power running game," he said.

Taking command of the offense at quarterback is senior Kade Durnin who threw for 444 yards, nine touchdowns and one interception as a back up last season.

Other notable returners to the offense are senior running back Blake Ford, who looks to be a threat in the new run heavy offense anchored by senior lineman Karson George and Garrett Hilton. Senior Kyle Eidson returns at wide receiver. Eidson racked up 312 yards and three touchdowns last season, followed by junior wide receiver Karson Durnin who had 122 yards and three touchdowns.

According to Pitts, the Laker defense will be looking to attack the line of scrimmage. "We want to be an attacking defense," he said. "We're going to bring people from different angles and places, so we want to be an aggressive attacking defensive front."

The Laker secondary will also be a force in 2023 as they have impressed Pitts early. "Yeah they have done a great job," he said. "They probably have more experience than



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some of our other areas. Our defensive line and our defensive backs are probably the most experienced on this team.”

Senior Spencer Mellencamp returns to lead the secondary at strong safety/free safety, and he’s transitioning smoothly into the season on both sides of the ball, by taking some reps at quarterback. “We’ve been more efficient at these practices with the shortened time so that we stay fresh, and I feel like with that we go a little harder each play,” he said. “We’re really going to trust our guys to do their jobs, and work on communicating.”

Mellencamp tallied 78 tackles and three interceptions for the Laker defense in 2022.

Senior middle linebacker Sam DeMott earned All-ozark conference honors as the Lakers leading tackler a year ago with 132 tackles, along with five sacks, and five tackles for a loss. Eidson has been a force at outside linebacker and cornerback, while senior Jeshua Balderas wrecks havoc on the defensive line. Last season Balderas had 49 tackles and six tackles for a loss. “Those guys have kind of stepped in and picked up where they left off last year,” Pitts said.

Some newcomers to Camdenton football in 2023 feature junior linebacker Sterling Sederwall, senior linebacker Landin Moore.

Pitts said that the Lakers have adapted well to his style spending time during the spring and summer at camps. “They’re getting it. We’ve put them in some tough situations and they’ve responded better, and sometimes not the way that we want to,” he admitted. “But, the key is to kind of callus them up, to where if tough times come we’re able to handle it.”

Calling up this 2023 team reminds Pitts of his days shoveling asphalt in the summertime. “When I started my hands were soft. I would get blisters and I had to develop those calluses,” he said. At times he said the job felt like torture, but he adapted to the environment with grit. “But once I had those calluses on there, I was able to do it. So, we kind of need to think in those similar terms,” he added.



2023 SCHEDULE

CAMDENTON FOOTBALL

8/18Camdenton/ Jefferson City/Smith-Cotton/West Plains (Camdenton, MO).....	Home...	V7:00 pm
8/25Rolla	Home.....	V7:00 PM
8/28 Rolla (Rolla, MO)	Away.....	JV6:00 PM
8/28Rolla	Home.....	Fr5:30 PM
9/1Kickapoo	Home.....	V7:00 PM
9/4Kickapoo (Springfield, MO)	Away.....	JV6:00 PM
9/4Kickapoo	Home.....	Fr6:00 PM
9/8Waynesville	Home.....	V7:00 PM
9/11Waynesville (Waynesville, MO)	Away.....	JV5:30 PM
9/11Waynesville	Home.....	Fr6:00 PM
9/11Marshfield	Home.....	Fr6:00 PM
9/15Parkview (Springfield, MO)	Away.....	V7:00 PM
9/18Parkview	Home.....	JV6:00 PM
9/18Salem (Salem, MO)	Away.....	Fr4:30 PM
9/22West Plains	Home.....	V7:00 PM
9/25West Plains (West Plains, MO)	Away.....	JV6:00 PM
9/25West Plains	Home.....	Fr6:00 PM
9/29Bolivar (Bolivar, MO)	Away.....	V7:00 PM
10/2Bolivar	Home.....	V6:00 PM
10/2Bolivar (Bolivar, MO)	Away.....	Fr6:00 PM
10/6Hillcrest	Home.....	V7:00 PM
10/9Hillcrest (Springfield, MO)	Away.....	JV6:00 PM
10/9Hillcrest	Home.....	JV, Fr6:00 PM
10/9Sullivan	Home.....	Fr5:30 PM
10/13Lebanon (Lebanon, MO)	Away.....	V7:00 PM
10/16Lebanon	Home.....	JV6:00 PM
10/16Lebanon (Lebanon, MO)	Away.....	Fr6:00 PM
10/20Glendale (Springfield, MO)	Away.....	V7:00 PM
10/23Glendale	Home.....	JV6:00 PM
10/23Glendale (Springfield, MO)	Away.....	Fr6:00 PM

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CAMDENTON SOFTBALL



LADY LAKERS SET HIGH EXPECTATIONS FOR 2023



The Class 4, District 6 champion Camdenton softball team has set a new goal of being the last team standing in Class 4 by the end of the 2023 season.

The Lady Lakers ended last season with a 4-2 loss to Helias Catholic in the quarterfinal round of the Class 4 State tournament. Camdenton ended its season with a 24-9 record overall, going on a seven game win streak to cap off a District title over Branson.

“The first week has gone really easy because all of the girls who have been here at practice were here over the summer, so we have had a pretty seamless transition,” said Lady Lakers coach Tyler Dinsdale. “We’ve been able to implement stuff this week that we were implementing in weeks two and three last season, so for us as a coaching staff I think we’re ahead of where we were last year.”

The expectations for Camdenton softball might be as high as ever entering the season with Dinsdale entering his sixth year as head coach, and his ninth season coaching Camdenton softball. “Last year our goals were to be conference champs, and then district champs,” he said. “That was our goal last year, and well that’s our expectation this year.”

Dinsdale said the expectation this season is to repeat as conference and district champions, with a new goal in mind. “Our goal is to be the last team standing in Class 4 at the end of the year,” he said. “I think it’s a realistic goal, and we have to shoot for that or we’re going to fall short.”

The Lady Lakers return a pair of fist team all-state honorees in senior centerfielder Zoe Lockhart, who earned Ozark Conference Player of the Year honors, followed by junior pitcher Cayden VonSande, who earned Ozark Conference Pitcher of the Year honors.

VonSande will anchor the pitching rotation, followed by Anna Lucas, who earned all-district honors in 2022, and Ellie Moore who will spend time pitching and playing outfield.

Incoming freshman have impressed Dinsdale with their pitching and hitting, and he expects sophomores Ellie Moore, Addy Baker, Dakota Hawksley and Makenna Sheer to expand their roles on varsity this season.

“We look a lot better than last year,” Lockhart said. “Our practices are a lot more uniform and organized. So, I’d say we look good going into the season so far, and we’re having fun which is most important.”

Lockhart said the team grew a lot last season. “We started off not as well as we’re starting right now,” she said. “But we had new coaches so everything was pretty new to us, so everything was a little wonky before we started really catching on to our competition and playing really well together.”

She added that it was pretty cool to experience the 2022 postseason run to the state tournament. “That run didn’t even feel real,” Lockhart said. “It felt like we were all on top of the world really.” This season Lockhart expects to pick up where Camdenton left off. “We have our expectations set pretty high,” she said. “We really want to win State and I think we can do that. It’s not something that we are used to being able to believe in so I’m really excited.”

Consistency in batting and fielding is what Lockhart said is one thing the team can improve on as the Lady Lakers keep their eyes on the prize. “I think that will just all catch on as we get going,” she said. Lockhart would like to keep a .500 batting average and stay hot doing what she did last year.

“That’s tough because last year was the farthest we have gone in program history,” Dinsdale said. “I think where we are going to improve the most is the little things like adapting to playing at a higher speed. I know it kind of sounds mundane, but focusing on the little things is going to help us out more in the long term.”

Dinsdale added that the team has done a good job of considering any upperclassmen that was on last years squad, a team leader. “They have done a really good job of taking that and helping the underclassmen out,” he said. “We start practice doing the exact same little things every day and our girls have done an excellent job of taking the girls that are new to the program and making sure they understand how we do it, why we do it. So, I’d say we have 24 leaders in some capacity.”

2023 SCHEDULE

CAMDENTON SOFTBALL

8/25-2629th Annual Morrisville Softball Tournament (Morrisville, MO) ..Neutral	V
8/28 Carthage (Carthage, MO)	Away V, JV4:30 PM
8/31 Parkview	Home V, JV4:30 PM
9/5 Lebanon	Home V, JV4:30 PM
9/6 Dixon (Dixon, MO)	Away V, JV4:30 PM
9/7 Waynesville	Home V, JV4:30 PM
9/8-9LOZ Tournament at Ball Parks National (Camdenton, MO)	Home V
9/11 Battle	Home V, JV4:30 PM
9/12 West Plains (West Plains, MO)	Away V4:30 PM
9/14 Bolivar (Bolivar, MO)	Away V, JV4:30 PM
9/19 Glendale (Springfield, MO).....	Away V, JV4:30 PM
9/21 Central (Springfield)	Home V4:30 PM
9/23 Logan-Rogersville	Neutral V 10:00 AM
9/23 Carthage	Neutral V2:15 PM
9/25 Capital City	Home V, JV4:30 PM
9/26 Kickapoo (Springfield, MO)	Away V, JV4:30 PM
9/28 Hillcrest	Home V, JV4:30 PM
9/29-30Springfield tournament (Springfield, MO)	Away V
10/3 Rolla (Rolla, MO)	Away V, JV4:30 PM
10/5 Smith-Cotton (Sedalia, MO)	Away V, JV5:30 PM

CAMDENTON GIRLS GOLF



LADY LAKERS TO 'TAKE IT OVER THE TOP'

The Camdenton girls golf team aims to send qualifiers back to the State tournament as it returns four upperclassmen under first year head coach Tim Marshall.

Senior Sydney Righter and junior Joy Camarena return to lead the Lady Lakers from last season's squad that had four State qualifiers. Along with graduates Kaylee Stewart and Hannah Beeson.

Other Camdenton upperclassmen are juniors Miya Nevins and Adele Lortz, and sophomores Coral Brown and Madyson Outersky.

Marshall said due to a short season it is hard to focus on swing techniques, so he's going to have the team work on improving another part of their game. "We are making a point to focus on the short game," he said. "I think that focusing on chipping and putting will be the most productive way to cut strokes."

According to Righter, the team has already learned valuable lessons from their new coach. "The first few practices have gone pretty great in my opinion," she said. "I'm learning more and more everyday because of my new coach, and he's basically teaching me way more stuff than I have ever known."

From what Righter can see from her teammates, Marshall's coaching has already made an impact before the season tee's off. "Their short game has gotten a lot better from what he has taught us so far, so I'm thinking that our short game is really going to take it over the top for us this year," she said.

Earning a shot to qualify for State is an experience that Righter would like to share with her teammates again. "It was a really great time for us," she said. "It was very emotional and overwhelming, but at least overall we all had a good time with it, and it was just a really good experience for all of us to go to State as a Varsity team and I'm really looking forward to returning with these girls because if we can do it one year,

2023 SCHEDULE

CAMDENTON GIRLS GOLF

8/30 Lady Laker Golf Invitational (Camdenton, MO)	HomeV
8/30 Osage	HomeV9:00 AM
9/6 Lady Crusder Initational (Jefferson City, MO)	NeutralV
9/7 Blue Jay Invitational (marshfield, MO)	AwayV
9/7 Marshfield Invitational (Marshfield, MO)	Neutral V
9/7 9/8 match Camdenton/Dixon/Osage (Camdenton, MO)	HomeV 4:00 pm
9/12 Rolla/ Waynesville/ Camdenton (Camdenton, MO)	HomeV 4:00 pm
9/12 Rolla (Rolla, MO)	Away V, JV 4:00 PM
9/14 Camdenton/Lebanon/California (California, MO)	AwayV
9/19 Strafford (strafford, MO)	AwayV
9/21 MSU Tournament (TBA, MO)	AwayV
9/25 Jefferson City Jays Tournament (Jefferson city,, MO)	Away	V
9/29 Stover Tournament (Stover, MO)	AwayV
10/2 Ozark Conference Tournament at West Plains CC (West Plains, MO)	AwayV

then we can do it the next."

This season marks Marshall's eighth season of coaching girls golf, and ninth season coaching the sport, previously coaching at Orrick High School and Kearney High School.

With Marshall unfamiliar with the area teams, he is unsure how the Lady Lakers will compete until the season gets going, but he has a pretty good expectation for this 2023 squad based what he has seen so far. "I do expect at least two or more to qualify for the State tournament based on early observations," he said.

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CAMDENTON SOCCER



LAKERS ARE LOADED WITH UPPER-CLASSMEN WHO ARE READY TO ROLL

The Camdenton boys soccer team is loaded with 14 seniors who are hungry to compete in 2023.

“The expectations are the highest they have been since I have been here at Camdenton,” said Lakers coach Tyler Sevon, who enters his fourth season as head coach at Camdenton, and his ninth year coaching boys and girls soccer.

“We have a lot of guys who are very competitive and we’re really trying to breathe that competitive spirit, and take that into games,” Sevon said.

Last season Camdenton finished with a 14-13 record, falling to Glendale 2-0 in the second round of the Class 3, District 5 Tournament. “We beat Branson 4-1 in the district quarterfinal, and then lost to Glendale in a pretty competitive district semifinal game,” Sevon said. “We lost a lot of one-goal games, and I think we lost seven or eight one-goal games that we are hoping to be on the winning end of this season.”

According to Sevon, depth will be a strength for the Lakers in 2023. “We have really solid junior and senior class that are looking to lead us,” he said. “I’ll be able to play a lot of guys who I am feeling a lot more comfortable with than just our starting 11.”

Upperclassmen leading the Lakers squad in 2023 is senior Jackson Basham, who broke the single season scoring record with 30-goals scored, edging out one of his assistant coaches who had the record with 29. “Practice has been fun and I’m starting to get back into the groove of things,” Basham said. “I played baseball all summer, played some basketball, and worked a little bit.”

Basham made the switch from football to soccer during his sophomore year. “The first year was just about getting my touch back because I played when I was seven years old,” he said. Basham ended up cracking the starting rotation his sophomore year scoring three goals, followed by scoring 30 goals his junior year in a district match against Branson. “But those 30 goals would not have been possible without the great passes from my teammates,” Basham added.

Senior Nicholas Pasley, is also expected to play a big leadership role this season for Laker soccer, along with junior centerback, Garrison Thompson, and senior Amado Banos-Vasquez on the wing.

Some newcomers looking to make an impact this year are senior Benjamin Migge, a foreign exchange student who is looking to contribute. Underclassmen such as sophomores Krasni Petrov-Diaz, Josh Brown and Eric Banos-Vasquez who Sevon will try to work into the starting rotation despite the large number of upperclassmen. Freshman Logan Figgins and Jace Armstrong could also see some minutes for Camdenton.

Another strength Sevon pointed to is the knowledge of the team. “They have really grown as players,” he said. “A lot of them have been playing club in the off-season and they really look ready to go, so expectations are high.”

He noted that the Lakers will need to improve their mental toughness in order to make a deep run this season. “A lot of those close games that we lost by one goal I think we could have won if we were a little more mentally tough and more sound defensively,” Sevon said. “So, we’re working to be there. We want to press teams a little bit higher up the field looking to win the ball in more dangerous scenarios.”

The Lakers scored plenty of goals last season, but gave up too many. “We want to keep the scoring output high and definitely cut down on the goals allowed this year,” Sevon said.



2023 SCHEDULE

CAMDENTON BOYS SOCCER

8/22	Jamboree- Branson, Camdenton, Bolivar	Home	V	4:30 pm
8/26	Jefferson City (Jefferson City, MO)	Away	V, JV	9:00 AM
8/28	Marshfield (Marshfield, MO)	Away	V, JV	4:30 PM
8/29	Rolla (Rolla, MO)	Away	V, JV	5:00 PM
8/31	West Plains (West Plains, MO)	Away	V	5:00 PM
9/5	Parkview	Home	V	5:00 PM
9/7	Capital City	Home	V, JV	5:00 PM
9/8	Republic (Republic, MO)	Away	V, JV	4:00 PM
9/11	Smith-Cotton	Home	V, JV	5:00 PM
9/12	Waynesville	Home	V, JV	5:00 PM
9/14	Osage (Osage Beach, MO)	Away	V, JV	5:00 PM
9/15-16	S-C JV Tournament (Sedalia, MO)	Neutral	JV	
9/18	Helias Catholic (Jefferson City, MO)	Away	V, JV	5:00 PM
9/19	Fatima	Home	V, JV	5:00 PM
9/22-23	Bolivar Liberator Classic (Bolivar, MO)	Away	V	
9/26	Bolivar (Bolivar, MO)	Away	V, JV	5:00 PM
9/29-30	Laker Shootout (Camdenton, MO)	Home	V	
10/9	Clinton	Home	V, JV	5:00 PM
10/9	Southern Boone	Home	V, JV	5:00 PM
10/10	Central (Springfield)	Home	V, JV	5:00 PM
10/12	Glendale (Springfield, MO)	Away	V, JV	5:30 PM
10/17	Kickapoo (Springfield, MO)	Away	V, JV	5:00 PM
10/19	Hillcrest	Home	V, JV	5:00 PM
10/24	Lebanon	Home	V, JV	5:00 PM

OSAGE FOOTBALL

INDIANS EXPECT TO RE-BUILD FAST



School of the Osage
Home of the Indians

The School of the Osage football team enters the 2023 season with one of the youngest rosters under head coach Shannon Jolley, with 38 underclassmen eager to make an impact in 2023.

“This is really just an extension of what we do in the summer, but I think the kids have energy, and their attitudes have been outstanding. So, we’re excited to see what this young group can put together,” said Indians coach Shannon Jolley, who enters his eighth season at Osage, and his 30th year of coaching football.

“We always talk about controlling the line of scrimmage, and making sure we can run the ball and run the ball first to set us up with some play-action calls in the passing game,” Jolley said. “And then on the other side of the ball, we just want to make sure we can stop the run.”

The Indians will be young up front on both sides of the ball this season. “It will be a challenge this year to kind of put those pieces together,” Jolley said. “We lost three All-State players from the offensive and defensive lines, so filling those voids has been a little bit tough.”

Jolley noted that Osage is still evolving into finding their team leaders for this season. “We have some guys that have worked real hard, but collectively as a group I’m not sure any one or two guys have seen themselves out at this point,” he said. “But we got a lot of guys that I think have displayed some leadership skills, but we’ll let that play out.”

Junior Adin Williams looks to take the reigns at running back for the Osage offense. “He’s a heck of a player on both sides of the ball at inside linebacker, and he rushed for over 1,000 yards as a sophomore last season,” Jolley said.

Although the team is young and may be unproven, they are making sure they are prepared to step up when duty calls. “I feel like there is a lot of potential,” Williams said. “We’re working up, and it’s kind of a new start for everyone, but we’re building it.”

“Our coach is putting his foot on the gas, so we’re trying to rebuild it, and rebuild it real fast,” Williams added. “Our goal is to go out there, fly around and be the most physical team at the jamboree and every Friday night.”

A strong and positive mindset will be crucial for the young Indians on the road to success. “We know we will have our up’s and downs, so we’re going to need to have a good attitude about everything,” Williams said. “If we have a bad game, we’ll go into the next one strong with high hopes.”

Williams pointed out some teammates who have been making plays for the Indians. “John Kimrey, that dude is a straight dawg at outside linebacker and kicker,” Williams said. “He’s a dawg on defense. Another one is my boy Kaden Cochran who plays outside linebacker,” Williams said. “He got rolled up in practice and he’s also one of our starting guards, and he’s a dawg too.”

Stepping in at quarterback for the Indians is sophomore Maverick Trusty, who is one of many underclassmen on the offensive side of the ball. “We’ve got several young guys on the offensive line as well, including freshman Levi Purk at guard,” Jolley noted. “And that’s the first time we’ll start a freshman on the offensive line, but I think he has proven that he’s capable of starting.”

Kimrey is one of several newcomers who has caught Jolley’s eye. “He will be starting at outside linebacker for us this year. And he didn’t get many reps on defense last year, so we’re excited about what he’s doing.”

He added that the team has made steady improvements all summer long. “More than anything it’s about gaining experience and maturity,” he said. “We’ll have a lot of guys on Friday night that have never played a varsity snap, and it’s just about gaining that experience.”



2023 SCHEDULE	
OSAGE FOOTBALL	
8/25	Jefferson City (Jefferson City, MO)AwayV7:00 PM
8/28	Jefferson CityHomeJV6:00 PM
8/31	Jefferson CityHomeFr6:00 PM
9/1	MoberlyHomeV7:00 PM
9/8	Blair OaksHomeV7:00 PM
9/11	Blair Oaks (Jefferson City, MO)AwayJV6:00 PM
9/15	Eldon (Eldon, MO)AwayV7:00 PM
9/18	EldonHomeJV7:00 PM
9/18	TiptonHomeFr5:00 PM
9/22	CaliforniaHomeV7:00 PM
9/25	California (California, MO)AwayJV6:00 PM
9/29	HallsvilleHomeV7:00 PM
10/2	Hallsville (Hallsville, MO)AwayJV6:00 PM
10/6	Boonville (Boonville, MO)AwayV7:00 PM
10/9	BoonvilleHomeJV6:00 PM
10/13	Southern Boone (Ashland, MO)AwayV7:00 PM
10/16	Southern BooneHomeJV6:00 PM
10/16	Centralia (Centralia, MO)AwayFr5:00 PM
10/20	Lutheran South (St. Louis, MO)AwayV7:00 PM

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OSAGE GIRLS GOLF



School of the Osage
Home of the Indians

LADY INDIANS AIM TO RUN IT BACK

The Osage girls golf team returns all of its 2022 Class 3 State Championship team and the Lady Indians are looking to carry that success into 2023.

“Well it’s been hot,” said Lady Indians coach Travis Squire. “We have 13, potentially 14 girls that are out, including all of our State Championship team from last season returning so we are very excited about the potential for the season and the opportunities for the girls.”

Osage is primed for another winning season loaded with all four of its “I think we got five seniors and the rest are sophomores,” Squire said. “So, there is a lot of room for growth in the younger ranks as well.”

Returning from last years State Champion team is senior Hanna Maschhoff, who Squire predicts will serve as the team captain this year and has served as the number one golfer since her freshman year. Sophomore India Arauz returns after a strong freshman year, followed by junior Kit Westermeyer and senior Sophie Sindlinger.

Through the first few practices, Maschhoff said this 2023 squad has a good group of girls. “I think everyone is ready to go back and get after it again,” she said. “I think one way we can improve is by having more productive practices. We’re girls, we’re super social and we talk a lot and I think we will benefit from having a more productive practice.”

2023 SCHEDULE

OSAGE GIRLS GOLF

8/28	Lebanon (Lebanon, MO)	Away	V, JV	4:00 PM
8/30	Lady Laker Golf Invitational (Camdenton, MO)	Neutral	V	
8/30	Camdenton (Camdenton, MO)	Away	V	9:00 AM
9/5	Osage Quad (Osage Beach, MO)	Home	V	4:00 pm
9/6	Lady Crusder Initational (Jefferson City, MO)	Neutral	V	
9/7	Osage Quad (Osage Beach, MO)	Home	V	4:30 pm
9/12	Osage Quad (Osage Beach, MO)	Home	V	4:30 pm
9/19	California Girls Invitational Golf Tournament (California, MO)	Neutral	V	
9/21	Helias Catholic (Jefferson City, MO)	Away	V, JV	4:00 PM
9/26	Tri County Conference Tourney (Osage Beach, MO)	Home	V	
10/5	Boonville Tournament (Boonville, MO)	Neutral	V	
10/5	Boonville (Boonville, MO)	Away	V	9:00 AM

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With the same team, Arauz believes there is a very real chance to repeat. "We still have the possibility of winning State again because we have the same people and a bigger team this year," she said.

Westermeyer shared how beneficial it is to return with her State Champion teammates. "Being able to have the same team going in with the same mindset as we did last year, it really is beneficial," she said. "A goal of mine is to stay in the 80's during tournaments, and I'm really close to that goal right now, and keeping that consistency."

The first few practices have gone well for Sindlinger, who has been eager to spend time on the course with her teammates again. "We had a really good season last year," she said. "We won districts, we won State, and we still have that team. We didn't lose anybody and I think we have a really good chance at winning State again."

Squire said that all four girls from last year's State Championship team have all been playing summer events, tournaments and getting lessons in. "They have been working really hard, and as a coach I'm just delighted," he said. "It's absolutely awesome to have that kind of dedication and the old adage of success breeds success, I'm hoping that trickles down to my other girls so they can see the hard work and dedication that these girls put in and what it takes."



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OSAGE CROSS COUNTRY



School of the Osage
Home of the Indians

INDIANS READY TO TAKE THE NEXT STEP IN 2023

The School of the Osage cross country team will look to defend its District and Conference titles as both boy and girl squads put in the work to advance past districts and qualify for the State Meet.

“Last season went really well,” said Indians coach Miriam Hill. “The girls were District Champions for the third year in a row, as well as Conference Champions, and the guys were fifth at districts with one runner who qualified for State.”

The girls team ended up placing fifth overall at the Class 3 State tournament, just narrowly close to a point out of the top four. “It was something crazy,” Hill said. “We also had senior Bayley Johnson who was all-state last year, and she is now a cheerleader for the University of Missouri.”

Hill said the team had a good summer of running as she enters her 24th year of coaching, and her 19th year at Osage, when cross country was started at the school. “Last season we were able to get a strong foundation, but overall we lost several key seniors on both the boys and girls team to graduation,” she said. “So, we have to replace that and it’s going to take a strong effort on their part to keep up what we have been doing in the past, and move on from districts on to the State Meet.”

Senior Jennifer Renz returns to lead the girls this season, along with some newcomers that Hill is eager to watch develop.

“Everyone has had a really good attitude so far, and has had a really good attitude about getting out to train,” Renz said. “It has definitely become a closer knit community which can be really exciting.”

If there is one thing that Renz is working to improve, it’s to focus on recovery and making sure she gets her stretches in along with her teammates.

Returning to lead the boys are seniors Jayson Groll and Collin Misenheimer, followed by junior Josh Davis. “I’m excited for this season,” Groll said. “We have a lot of younger members and don’t have as much of a senior heavy team. But there is a lot of potential and they are all hard workers that come out here and put in all the effort that they can.”

Hill said she would like to see the girls repeat their performance that earned them a conference title last season, and take the next step. “We always want to maintain where we we’re and improve, and it takes hard work and determination, and they know that,” she said.

Many members of the team attended two running camps that Osage attends in the Summer months. “Between the two teams, a lot of them attended those camps and were able to run with some of the best runners in the state,” Hill said. “We just want to keep pushing them to get out of their comfort zone and being comfortable with being uncomfortable.”



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2023 SCHEDULE

OSAGE BOYS CROSS COUNTRY

9/2SWCCA Meet (Bolivar, MO)Neutral
9/2Bolivar (Bolivar, MO)Away9:00 am
9/9Tolton Catholic Invitational (Columbia, MO)Neutral
9/9Father Tolton Regional Catholic (Columbia, MO)Away9:00 am
9/16Joplin (Joplin, MO)Away9:00 am
9/23Hermitage Invite (Hermitage, MO)Neutral
9/23Hermitage (Hermitage, MO)Away9:00 am
9/30Camdenton Invitational at HaHa Tonka- Saturday Races (Camdenton, MO)Neutral
9/30Camdenton (Camdenton, MO)Away9:00 am
10/10Tri-County Conference Meet (Eldon, MO)Neutral
10/12Tri County Conference Meet (Eldon, MO)Neutral
10/17Mexico Autumn Classic - Boonville, Centralia, Clark County, Eldon, Helias, Kirksville, Marion County, MMA, Moberly, St. Dominic (Mexico, MO)Neutral

OSAGE SOFTBALL

LADY INDIANS AIM TO ELEVATE



School of the Osage
Home of the Indians

The School of the Osage softball team returns seven upperclassmen who aim to improve in 2023 after going 0-16 last season.

“Last season was a building year for our program,” said Lady Indians coach Alexa Dickerson, who is entering her second year coaching softball. “We had a lot of girls who were new to the game. So, we had a lot of teaching moments, but I’m excited to build off that this year.”

Expectations are to be competitive in year two under Dickerson. “We will have the expectation to compete in every game and keep improving each year,” she said.

According to Dickerson, the Lady Indians will need to improve in every aspect of the game. “From working on throwing better, hitting better, fielding better and pitching better, just trying to elevate everything to another level,” she said.

Returning to help guide the Lady Indians is senior Brooke Strickler who returns to first base.

“The team has definitely improved from last year,” she said. “We have a lot more girls to have a JV team this year, and I feel like everyone is working together more as a team.”

Strickler noted that the team spent a lot of time last season on team bonding. “And kind of just building the team from the ground up because it was a fresh start with a new coach and a lot of new girls that hadn’t really worked together before,” she said.

Communication on the field is what Strickler would like to see the team improve on, because sometimes the team and get quiet. “I expect the team to work together, talk to each other and work on self improvement,” she said.

Strickler added that she has set some personal goals of moving on from mistakes and trying to get better instead of dwelling on it.

“Brooke is a rock for our team,” Dickerson said. “Every underclassmen knows that they can go to her. She’s a great leader on and off the field and we will be looking for her leadership and composure.”

Junior Macey Kessler returns to centerfield. “She’s a very talented player who leads by example and we will look to help guide the team this year to some wins,” Dickerson said.

Dickerson added that the team seems much more eager to learn at practice this season. “They have shown me that they are very eager to improve, and that’s exciting



to see,” she said. “We do have a very talented group of freshman coming in so it will be nice to see them grow.”

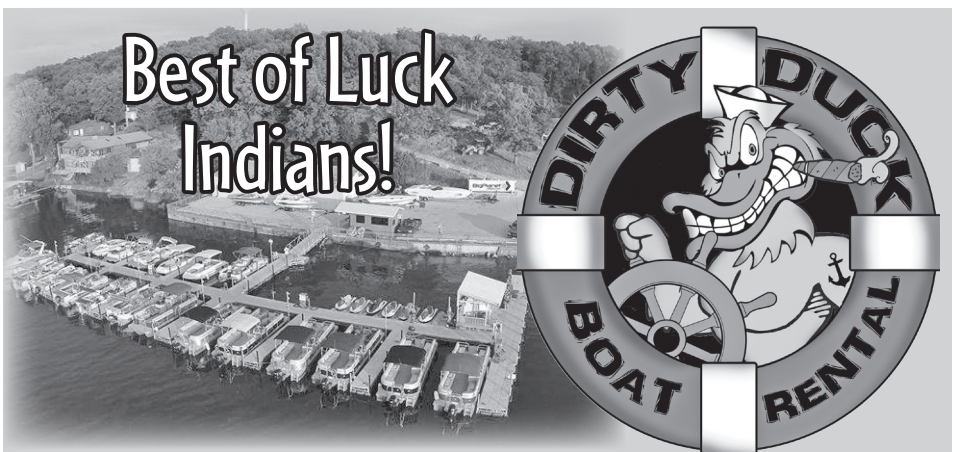
Osage will be revamped with oncoming freshman who bring some experience, and Dickerson is eager to watch them grow with the team. Freshman Izzy Amsinger transferred from Kings Academy and will play catcher and utility for the Lady Indians. “I know if I put her anywhere she’s going to be just fine,” Dickerson said.

Freshman Annaniya Blackmon and Brayleigh Smith will look to help sure up the pitching along with sophomore Emma Beach returning to the circle.

2023 SCHEDULE

OSAGE SOFTBALL

8/22Linn Softball Jamboree (Linn, MO) Neutral V	
8/28 Tusculumbia Home V5:00 PM
8/29 Halfway Home V, JV5:00 PM
8/31 St. James (St James, MO) Away V, JV5:00 PM
9/5 Boonville Home V, JV5:00 PM
9/11 Stoutland Home V, JV5:00 PM
9/12 Laquey Home V, JV5:00 PM
9/14 Eldon (Eldon, MO) Away V, JV5:00 PM
9/16 Cuba Lady Wildcats Softball Tournament (Cuba, MO) Neutral V	
9/18 Iberia (Iberia, MO) Away V, JV5:00 PM
9/19 Blair Oaks (Jefferson City, MO) Away V, JV5:00 PM
9/22-23 California Turf War (California, MO) Neutral V	
9/25 Hallsville (Hallsville, MO) Away V, JV5:00 PM
9/26 Crocker Home V, JV5:00 PM
9/28 Newburg Home V5:00 PM
10/2 Richland Home V, JV5:00 PM
10/3 California (California, MO) Away V, JV5:00 PM
10/5 Climax Springs (Climax Springs, MO) Away V5:00 PM
10/9 Southern Boone Home V, JV5:00 PM



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OSAGE GIRLS TENNIS

LADY INDIANS TIME TO SHINE



School of the Osage
Home of the Indians

The School of the Osage girls tennis team is looking to take the next step with six underclassmen battling for varsity spots as they shake off a district loss.

The Lady Indians fell to Father Colton Regional Catholic 5-2 in the Class 1 District 8 tournament, while finishing with an 8-4 record in 2022.

After three weeks of practices, Lady Indians coach Brandy Hutzler is fully confident in her team, especially after hosting a camp before practices started. Hutzler added that she knows the team will build up confidence as they go along. "I know that they will be more confident with their game, and then also those that are having to step up to varsity this year," she said.

Since the camp started the underclassmen are grasping what is expected of them while forming bonds with their upperclassmen teammates.

"I had that camp before dead week and that defiantly helps, because that dictates how practice is going to run," Hutzler said. According to Hutzler, three players did not make it to the camp, so they have spent the first week following suit and can now see the expectations for Osage in 2023. "I am super excited," she exclaimed. "I feel like my new players are catching on very quickly."

Hutzler is entering her sixth year as head coach, and her 15th year teaching at the School of the Osage, where she graduated in the Class of 2005. "My sister and I both played for the tennis team, so it has come full-circle and it's an exciting time for the girls tennis program," she added.

Returning to lead the Lady Indians is senior Megan Smithson, and sophomore Lauren Adkins. Smithson enters her fourth year on the varsity squad, while Adkins enters her second.

"Smithson was our number one last year, so she is familiar with the pressure and being in that position," Hutzler said. "Adkins was our number two last year, so she knows the intensity of the varsity players."

Smithson said she thinks the team will do just fine in 2023. "I think we will be a more closer and more well-rounded team than we have been in a few years," she said, adding that the doubles team got third in the Class 1 District 8 tournament. "The team looks pretty good, we have some athletic players," she said. Smithson added that she would love to make it to State and has been taking lessons for a while. "But, if I was to just get first in Districts, that would be good too," she said.

Players battling for a varsity roster spot are juniors Lucy Crocker, Meghan Milligan, Paisley McDaniel, Quinn Whitfield and Lilly Lauritson, followed by sophomore Rylee England. "They all attended camp and are battling now to get Varsity spots," Hutzler said. "But I am confident that they will be able to fulfill the spots once they are there. I think they know now that it's their time to shine. Freshman and sophomore year they knew they were just learning the sport, and they all began their freshman year. And now it's their junior year, and so they know they got to perform."



2023 SCHEDULE

OSAGE GIRLS TENNIS

8/28MarshallHomeV, JV4:00 PM
8/31BoonvilleHomeV, JV4:00 PM
9/1Waynesville Invitational (Waynesville, MO)NeutralV	
9/5Knob NosterHomeV, JV4:00 PM
9/6Moberly (Moberly, MO)AwayV, JV4:00 PM
9/7Smith-Cotton (Sedalia, MO)AwayV, JV4:00 PM
9/8Father Tolton Regional CatholicHomeV, JV4:00 PM
9/9Boonville Tourney (Osage Beach, MO)HomeV	
9/11Mexico (Mexico, MO)AwayV, JV4:00 PM
9/12Fulton (Fulton, MO)AwayV, JV4:00 PM
9/16Osage Tourney (Osage Beach, MO)HomeV	
9/18Camdenton (Camdenton, MO)AwayV, JV4:00 PM
9/19LebanonHomeV, JV4:00 PM
9/26Helias CatholicHomeV, JV4:00 PM
9/28Waynesville (Waynesville, MO)AwayV, JV4:00 PM

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OSAGE VOLLEYBALL



School of the Osage
Home of the Indians

LADY INDIANS EYE DISTRICT TITLE

The School of the Osage volleyball team return 10 upperclassmen as the Lady Indians aim for improvement after going 11-13-2 last season.

Lori Klaus enters her fifth year of coaching Osage volleyball, and her 17th year coaching the sport. So far she has been impressed with the team's culture, great attitudes and hard work this season.

Osage ended last season with a 3-0 district loss to Logan-Rogersville, and this year Klaus wants to win Districts with six seniors.

Seniors leading the way for the Lady Indians are Taylor Johnson, Alison Steen, Lindsey Benson, Mac Collins, Lexie Porter and Madison Brown.

"I think we have jelled really well so far, and I'm excited going into the season" Johnson said. "Especially the last one with my friends, and I think that we will do good."

Johnson said one challenge that the the Lady Indians faced last season was losing conference games, but overall it went pretty well because it was drama free.

She added that the team needs to make some improvements in 2023. "I think we need to be more aggressive at the net," Johnson said. "I think that whenever we get a good pass on a serve receive, we should use it more often than we did last year."

Expectations for Osage volleyball this season is to win more games. "I would say we should win 75 percent of our games," Johnson said. "I think that our serve receive should pass like a 2.0 at a serve receive and have a positive hitting percentage."

Johnson said that she wants to cap off her Osage volleyball career with a serve goal close to 90 percent, and pass a 2.2 at a serve receive and a 2.7 on free balls.

Loaded with upperclassmen and 12 incoming freshman, Klaus holds high expectations of winning 20 plus games, and be the District 10 Champions by the end of the year.



2023 SCHEDULE	
OSAGE VOLLEYBALL	
8/22..... Bolivar Jamboree (Osage Beach, MO)	Home V5:00 pm
8/22 Bolivar	Home V
8/22..... Hillcrest	Home V
8/22..... Buffalo	Home V
8/26 Tri-County Conference JV Tournament (Boonville, MO)	Neutral JV
8/28 Capital City	Home..... V, JV, Fr5:00 PM
8/29 Smith-Cotton (Sedalia, MO)	Away V, JV, Fr5:00 PM
8/31 Blair Oaks (Jefferson City, MO)	Away V, JV, Fr5:00 PM
9/7 Versailles (Versailles, MO)	Away V, JV, Fr5:00 PM
9/9 Helias 9th volleyball tournament (Jefferson City, MO)	NeutralFr
9/11 Fulton (Fulton, MO)	Away V, JV, Fr5:00 PM
9/12 Boonville (Boonville, MO)	Away V, JV, Fr5:00 PM
9/14 Eugene (Eugene, MO)	Away V, JV, Fr5:00 PM
9/18 Buffalo	Home V, JV, Fr5:00 PM
9/19 Southern Boone	Home V, JV, Fr5:00 PM
9/21 Skyline (Urbana, MO)	Away V, JV5:30 PM
9/23 Smith-Cotton Tournament (Sedalia, MO)	Neutral V
9/25 Camdenton	Home V, JV, Fr5:00 PM
9/28 Eldon (Eldon, MO)	Away V, JV, Fr5:00 PM
10/3 Fatima	Home V, JV, Fr5:00 PM
10/5 Hallsville	Home V, JV, Fr5:00 PM
10/9 Waynesville	Home V, JV, Fr5:00 PM
10/12..... California (California, MO)	Away..... V, JV, Fr5:00 PM
10/14 Versailles Invitational (Versailles, MO)	Neutral V

**BEST OF LUCK TO THE
ATHLETES PARTICIPATING
IN FALL SPORTS!**

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Go Indians!

School of the Osage

Home of the Indians



OSAGE BOYS SOCCER

INDIANS SET TO PROVE 2022 WAS NO FLUKE



School of the Osage
Home of the Indians

The School of Osage boys soccer team is coming off its first Class 2 District 5 title in school history, and despite losing 11 seniors the Indians are ready to build on a strong foundation.

The Indians fell 3-0 to Marshall in the first round of the Class 2 State tournament, after beating Logan-Rogersville 2-1 in penalty kicks to capture the District Championship. Osage ended the 2022 season with a record of (18-7).

Head coach Jason Long started coaching soccer in 2004 and enters his sixth season as the boys soccer coach at Osage High School. "Even though we are going to be a fairly young team this year, there is no shortage of leadership in the huddle and on the training pitch," Long said.

The Indians return just two starters from the 2022 squad, senior Trent Lierheimer and junior Caden Brendan. "but I believe our team chemistry will be good since many of the Osage players play and train together in the off season," Long said. "Alex Kauten is shaping up to be very influential and I have been impressed with the play of sophomores Maddox DeGraffenreid and Oliver Eno."

Notable newcomers to the team would be Eno and freshman Luke Brettschneider. "(Brettschneider) has been working his heart out in the weight room and on the training field. I absolutely love seeing players with his level of commitment," Long said. "Oliver Eno has moved into the district from the St. Louis area and has established himself among his teammates. He will bring some creativity in front of the goal and will compliment our attacking third."

Long added that with the strength of schedule it is always hard to predict outcomes. "We will commit to developing players so we have more depth on the varsity bench this year," he said. "Which is a hard lesson we learned last year once we got into post season play, and the number of games we played started taking its toll on our overall health and fitness."

Senior defensive center back Trent Lierheimer is ready to prove 2022 was no fluke. "It's been great getting back into it honestly," he said. "I've loved what I have seen so far and I'm loving the approach that coach Long is going at, since we have had such a big loss of seniors. I like how he's incorporating everyone and shaping us up to be a really successful program this year."

With Osage only having five seniors, Lierheimer stressed the importance of focusing on depth. "We have a solid first squad, and our varsity ended up having a good record last year, but I want to make sure that our JV team and underclassmen are really good," he said. "I think that will play a big role in keeping the winning program that we have."

People may have mixed expectations due to losing 11 seniors, but hearing the noise just adds more fuel to the fire. "I think a lot of people are going to be doubting us," Lierheimer said. "Maybe they think it's a one time District title run, but people also have high expectations where we got to that point and they have hopes for us to get back there and further. The feedback just fuels us, and fuels me more to prove the doubters wrong."

Lierheimer said this year will be different with just three seniors. "But I think we will still get it done, We'll still work it out and make sure we're a good squad, but we can't get lazy."

Junior midfielder, Alex Kauten can see the potential after the first few practices, but knows it's all about a consistent work ethic. "I think we put in a lot more work in our first week of practice than we did last year," Kauten said. "We may not have the talent we had last year, but we are putting in the work which is good."

According to Kauten there is plenty of room to improve, such as making better passes, and shared how everything feels new with new faces on the team. "This team doesn't know each other well, so its that connection that we need to have together to be successful, and we also need to improve on our communication," he said.

Returning to the District Championship would be nice, but Kauten knows it will be a process. "Going to Districts back to back would be great, but I think the main focus is just how our personal development can lead to team development," he said.



2023 SCHEDULE

OSAGE BOYS SOCCER

8/21Fatima Jamboree (Westphalia, MO)Neutral	
8/25-26S-C Shootout (Sedalia, MO)Neutral	
8/29Southern Boone (Ashland, MO)Away6:45 pm
8/31Springfield CatholicHome6:45 pm
9/7BolivarHome6:45 pm
9/9Warrensburg Shootout (Osage Beach, MO)Home	
9/12Capital City (Jefferson City, MO)Away6:45 pm
9/14CamdentonHome6:45 pm
9/19Jefferson City (Jefferson City, MO)Away6:45 pm
9/26Boonville (Boonville, MO)Away6:45 pm
9/29-30Camdenton Tourney (Osage Beach, MO)Home	
10/3MexicoHome6:45 pm
10/5Clinton (Clinton, MO)Away5:00 pm
10/10LaqueyHome6:45 pm
10/12Waynesville (Waynesville, MO)Away6:45 pm
10/17Helias Catholic (Jefferson City, MO)Away6:45 pm
10/19Fatima (Westphalia, MO)Away6:45 pm
10/24Fulton (Fulton, MO)Away6:45 pm

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MACKS CREEK CROSS COUNTRY



**MACKS CREEK
PIRATES**

PHILLIPS EAGER TO LEAD PIRATES BACK TO STATE

Senior all-state honoree Caleb Phillips intends to place at the State Meet for his fourth year in a row, hoping only this time to lead the Macks Creek cross country team with him in 2023 under first year head coach Renae Ratliff.

Last season the Pirates had two runners earn all-conference honors and three runners qualify for State, with Phillips earning a 20th place finish and all-state honors.

As Ratliff tries to recruit and finalize the roster, she expects the team to show commitment to show up to practice every day ready to work and have fun. "Although small in numbers I want to cultivate a team environment where we build each other up and make our teammates better," she said.

Phillips, a three-time State qualifier, three-time all-conference and two-time all-state honoree his sophomore and junior year returns as team captain for Macks Creek. "I think this season is going to be a nice one. But I am a little bummed that I'm a senior and I won't be doing this for much longer," he said. "Running for me is a really cathartic experience and a really good stress reliever.

He said it's nice to share his experiences and why he enjoys the sport to his teammates who may ask his advice. "Cross country is a tough sport and having other people to kind of share that with, and understand that's it's not the easiest sport in the world," Phillips said. "It's really nice to share those experiences."

Phillips added that he would like to see the team increase in numbers so that Macks Creek can be represented at State. "I'd like to see a Macks Creek team go to State in cross country," he said. "My sophomore year we were able to do that and it was a very fun time going to team dinners, doing team building activities. It makes the sport a lot more fun to share those special experiences with teammates."

Also leading the Pirates in 2023 is junior Addison Ratliff, a two-time State qualifier, earning all-state honors her freshman year.

New to the Pirates in 2023 is freshman Bailey Allan, who has impressed Ratliff. "She is new to the district this year. She is new to cross country, but has showed up with a great attitude and ready to work," Ratliff said.

Ratliff added that she would like to see more students come out and join the squad. "The team had a lot of success last year and I know that the runners have set some personal goals for themselves this year to improve on last year," she said.



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Good luck **Kassidy Campbell** and the Macks Creek Lady Pirates softball team!

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2023 SCHEDULE

MACKS CREEK CROSS COUNTRY

9/2 SWCCA Meet (Bolivar, MO)	Neutral
9/9 Lebanon Cross Country Invitational (Lebanon, MO)	Neutral
9/23 Hermitage Invite (Hermitage, MO)	Neutral
9/30 Camdenton Invitational at HaHa Tonka- Saturday Races (Camdenton, MO)	Neutral
10/9 Dixon Cross Country Meet (Dixon, MO)	Neutral
10/19 Waynesville District Warm-up (Waynesville, MO)	Neutral



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MACKS CREEK SOFTBALL



**MACKS CREEK
PIRATES**

LADY PIRATES ARE EAGER TO IMPROVE

After a winless spring season (0-8) the Macks Creek softball team is looking for a fresh start this fall as the Lady Pirates return seven upperclassmen who are committed to keep learning.

As one of the few schools in Missouri who offer both spring and fall seasons, head coach Laurie Jones enters her second season at Macks Creek. Jones has 34 years of experience coaching softball, travel softball, tee ball and little league.

Jones said the expectations for Macks Creek is to keep striving for improvement. "Our team expectations are to rise to the next level and continue to strive to get better," she said. "We can improve in the basics always but I'd like to teach the intricacies of this game."

The team is starting to understand and study their individual and team stats, that Jones has kept track of to help the team learn. "Their commitment to learn new things and push themselves has impressed myself and coach Alex," Jones said. "We can improve in the basics always but I'd like to teach the intricacies of this game."

Team captains for the Fall 2023 season are senior first baseman Ashlee Klinksick, junior shortstop Nevaeh Dorrell, and freshman pitcher Brooklyn Downing.

According to Klinksick, the first few practices have been fun but also hard. "I'm super tired afterwards, but I think our team has improved a lot through the first week," she said.

Learning from coach Jones has been going well for Klinksick, who said the Lady Pirates have been going over the basics. "We're learning new drills, improving our footwork, hitting and pretty much all of the basics of softball," she said.

Klinksick is optimistic for this fall season because the Lady Pirates are starting to work better as a team under Coach Jones. "I would say last year went well, but I feel

like this year we are doing a lot better," she said. "The spring season was more of a learning season for us as well doing more basic training. She was not as concerned with winning as much because we also had new recruits. So, we did more of the basics."

Newcomers to the Lady Pirates are all freshman, Downing, Brooklyn Green, Madison Stoner, Ava Willis, Eva Willis and Ella Marshall.

Jones has been impressed with Downing despite being only a freshman, who brings travel softball experience and will be competing in championship tournaments in December. "The first week has gone pretty good," Downing said. "I play travel softball too, but high school ball is definitely a lot better. We do more drills and just have a lot more fun."

As the Lady Pirates work to build a strong foundation, Downing said the team needs to improve on sliding, diving, and hitting. "But we are getting better" she said. "I would like to win more games, become a closer team, and improve my pitching and overall defense." Downing said her favorite pitch is her screwball, and she is working on commanding her rise ball.

Downing added that keeping a positive mindset is also key to a successful season. "Just staying positive and not bringing ourselves down and working as hard as we can in the time that we have to do it before and after games start," she said.



2023 SCHEDULE

MACKS CREEK SOFTBALL

8/25	Laquey (Laquey, MO)	Away	V, JV	5:00 PM
8/28	Central (Springfield)	Home	V, JV	5:00 PM
8/29	Fair Play	Home	V	5:00 PM
9/1	Weaubleau (Weaubleau, MO)	Away	V	5:00 PM
9/5	Leeton (Leeton, MO)	Away	V	4:30 PM
9/8	Hermitage (Hermitage, MO)	Away	V, JV	5:00 PM
9/11	Crocker	Home	V, JV	5:00 PM
9/12	Wheatland	Home	V	5:00 PM
9/15-16	Weaubleau Lady Tiger Softball Tournament (Weaubleau, MO)	Neutral	V	
9/18	Parkview	Home	V, JV	5:00 PM
9/21	Stoutland	Home	V, JV	5:00 PM
9/22	Dadeville	Home	V, JV	5:00 PM
9/23	Richland Tournament (Richland, MO)	Neutral	V	
9/25	Climax Springs (Climax Springs, MO)	Away	V	5:00 PM
9/26	Richland (Richland, MO)	Away	V, JV	5:00 PM
9/29-30	Hermitage Softball Tournament (Hermitage, MO)	Neutral	V	
10/3	Halfway (Halfway, MO)	Away	V	5:00 PM
10/5	Humansville	Home	V	5:00 PM
10/6	Walnut Grove	Home	V	5:00 PM

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CLIMAX SPRINGS CROSS COUNTRY

COUGARS ENTER SECOND SEASON UNDER BAUMHOFF

The Climax Springs cross country team is set to kick off its second season under the leadership of former school nurse Darlene Baumhoff as head coach.

Baumhoff spent six years as the school nurse before retiring last June, and spent four years as an assistant coach for the Climax Springs cross country team. "The head coach resigned July 2022, so I stepped up as head coach," she said.

The 2023 season kicks off at the SWCCA Meet on September 2, and Baumhoff has been getting the Cougars ready to run in the sun. "Once school is in session we will begin practices right after school instead of in the mornings. Before school starts we practice in the evenings or early mornings, which ever is best for the athletes," she said. "We use this time to get acclimated to running in the heat."

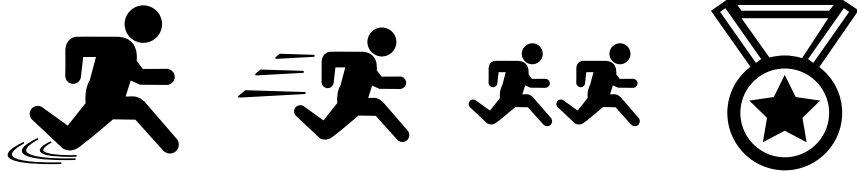


CLIMAX SPRINGS COUGARS

2023 SCHEDULE

CLIMAX SPRINGS CROSS COUNTRY

9/2SWCCA Meet (Bolivar, MO) Neutral
9/16 Smith-Cotton Invitational (Sedalia, MO) Neutral
9/23 Hermitage Invite (Hermitage, MO) Neutral
10/5 Buffalo (Buffalo, MO) Away
10/14 Humansville (Humansville, MO) Away
10/19 Waynesville District Warm-up (Waynesville, MO) Neutral



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CLIMAX SPRINGS SOFTBALL

COUGARS ARE HUNGRY TO WIN IN 2023

Kylie Allen will make her debut season as head coach of the Climax Springs softball team in 2023, with five upperclassmen hoping to improve on a 1-18 record last season.

Allen enters her third season of coaching Climax Springs softball, but first as head coach. "I played softball in middle school, high school and rec leagues," she said. "I was really influenced to coach from my Dad who always coached everything when I was growing up. He's my go-to mentor to just call him up and bounce ideas off of him."

Despite last years record, Allen believes the Cougars still gave an effort. "We were more competitive than we had been in years past and were able to win a game for the second year in a row," she said. "We just started junior high softball last year, and we are hoping to develop our program to improve those totals in the future."

According to Allen, Climax Springs has plenty of room for improvement. "We need to improve at developing our pitchers and being more consistent at the plate," she said.

Presley Townsend is set to lead the way as the lone senior for the Cougars. Other upperclassmen are juniors Zoey Todd, Jordan Rodenbaugh, Daphne Butterfield and Macie Platt. Madalyn Arnett is the lone sophomore on the roster.

Newcomers to Climax Springs are freshman DeNay Blanche, Gracelynn Bartley and Madison Rickle



CLIMAX SPRINGS COUGARS

Allen said she has been most impressed with her squad's leadership so far in practice. "The girls are stepping up as leaders and their love for the game shining through," Allen said. "We are really hurting on numbers this year and having enough girls to have a strong, competitive season has been a stressor."

Townsend came to her stressed about not having enough players for a team this fall. "And she took it up on herself to reach out to girls and recruit some during the summer," Allen said.

Allen added that she loves being part of the Climax Springs community. "When I agreed to coach three years ago, it was in order for the girls to have a season," she said. "They make my time spent coaching worthwhile."





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2023 SCHEDULE

CLIMAX SPRINGS SOFTBALL



**CLIMAX SPRINGS
COUGARS**

8/19	Crocker Softball Jamboree (Crocker, MO)	Neutral	V
8/25-26	19th Annual Humansville Softball Tournament (Humansville, MO)	Neutral	V
8/31	Halfway (Halfway, MO)	Away	V5:00 PM
9/5	Montrose	Home	V 5:00 PM
9/7	Crocker (Crocker, MO)	Away	V4:30 PM
9/12	Richland (Richland, MO)	Away	V, JV4:30 PM
9/14	Dixon (Dixon, MO)	Away	V4:30 PM
9/15	Central (Springfield)	Home	V5:00 PM
9/18	Humansville	Home	V5:00 PM
9/21	Hermitage (Hermitage, MO)	Away	V, JV5:00 PM
9/22	Laquey	Home	V5:00 PM
9/25	Macks Creek	Home	V5:00 PM
9/26	Fair Play	Home	V5:00 PM
9/28	Montrose (Montrose, MO)	Away	V5:00 PM
9/29	Walnut Grove	Home	V5:00 PM
10/2	Wheatland (Wheatland, MO)	Away	V5:00 PM
10/5	Osage	Home	V5:00 PM
10/6	Weaubleau (Weaubleau, MO)	Away	V5:00 PM



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