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Colorado reaches new agreement with union that represents state workers

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LOCAL NEWS... LOCAL VIEWS

September 25, 2024

\$1

SLV Today

City of Alamosa fall large item pickup

ALAMOSA — To help facilitate fall cleanup efforts, the City of Alamosa will be offering a large item trash pickup from Oct. 14 through Oct. 17 for City trash customers. Call the Public Works office before Thursday, Oct. 10, at 719-589-6631 to schedule a pickup time. Pickup of no more than three large items will be offered during this time.

Tires, hazardous material or electronic devices cannot be accepted. Refrigerators, freezers and air conditioners must have the Freon removed and the red tag placed on them prior to the time of pickup. Lawn debris must be bagged separately for composting.

For more information, contact the Public Works Department.

Faculty Lecture focuses on film music, wormholes

ALAMOSA — The Adams State University Faculty Lecture "Film Music and Wormholes," by Chelsea Oden, D.M.A., adjunct professor of music, begins at 6 p.m. on Thursday, Sept. 26, in McDaniel Hall 101. The lecture is free and open to the public.

The lecture delves into music that underscores sci-fi media. Exploring harmony, melody, timbre and even silence, the lecture will take a close look at scenes from the "Star Trek" franchise, "Farscape," and "Futurama," among others. Through analysis, Oden will demonstrate how music of wormholes is multi-dimensional, linear, immersive, and eerily physical. "If you love music, film, and science fiction, add this event to your horizon."

For more information on the Faculty Lecture Series, contact Jess Gagliardi at 719-587-8921 or jgagliardi@adams.edu.

'All Things Sandhill Crane' in next Forest Series

DEL NORTE — Join the Rio Grande National Forest for this month's Forest Specialist Series presentation. We'll be hearing about "All Things Sandhill Crane" with Suzanne Beauchaine, Refuge Manager for the Monte Vista and Alamosa National Wildlife Refuge.

The program will be held online, at 5 p.m. on Wednesday, Sept. 25, in partnership with the San Juan Mountains Association. Visit the Rio Grande National Forest website or Facebook page for event information.

SLV WEATHER

Sunny, Slight Breeze 76/39

Thurs: Sunny, Breezy 80/42

Fri: Sunny, Breezy 77/41

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Cannabis consumer education with Leaf411

Saturday, Oct. 5, at 5:30 p.m. in the library

By PRISCILLA WAGGONER
Courier Reporter

ALAMOSA — Once again, the Alamosa Public Library (APL) is serving as a resource for the residents of the city by offering helpful information at exactly the right time.

In this instance, the informa-

tion relates to a somewhat controversial question that voters will be asked to answer on the November ballot, placed there by the city of Alamosa.

Basically, voters will be asked if the City of Alamosa should allow the retail sale of medical marijuana within the city limits.

Despite having been legalized in Colorado for almost a quarter of a century, medical marijuana is still somewhat a mystery to people. Although not on the bal-

lot, people also have questions about CBD and what is its relationship to marijuana.

For all those who are wondering about those topics, the APL is sponsoring a one-hour presentation by an organization known as Leaf411, one of the leaders in the medical cannabis industry in providing the answers to questions people have.

On Saturday, Oct. 5, at 5:30 p.m., Leaf411, the nation's first cannabis nurse hotline and

■ See LEAF411 page 3



HHS Reg 8 Director Lily Griego visits SLV Health

Lily Griego, Regional Director of the Department of Health and Human Services, traveled to Alamosa to do an onsite visit of SLV Health. During part of her visit, she and Audrey Reich Loy, SLV Health, discussed access to health care on her tour of SLVH RMC, Cancer Center. HHS Region 8 serves Colorado, Montana, North and South Dakota, Utah, and Wyoming. Director Griego has a special interest in Rural Health Care. L to R: Carmelo Hernandez, MD, CMO; Audrey Reich Loy, Director of Programs; Antonio Gurule, Director of Clinics; HHS Reg 8 Director Lily Griego; Konnie Martin, CEO; and Zach Weiderspon, Director of CCH.

Courtesy photo



Free music video premiere party



Move Mountains and 2MX2

STAFF REPORT

ALAMOSA — In July of 2024, 2MX2 partnered with the Move Mountains youth project and ALTR to create an original song and video showcasing the beautiful town of San Luis.

Now, three months later, the public is invited, free of charge, to attend

a party celebrating the premiere of the music video, directed by the youth, followed by the Move Mountains youth delivering a grand finale performance of the song they created for this project.

The premiere party — which will include music, food and open mic performances by local talent — is free to the public and will be held on Sunday, Sept. 29, at 1 p.m. in the San Luis Cultural Center, 401 Church Place, San Luis.

Thanks to the Arts and Society grant for making possible this project that amplifies the voices of San Luis.

New exercise pad open in Del Norte

By LYNDISIE FERRELL

DEL NORTE — Through the combined effort of the Rio Grande County Public Health Department, the Town of Del Norte, and Rio Grande Hospital, a new Fitness Court Studio has opened in the Del Norte Centennial Park.

■ See CENTER page 3

A new Fitness Court Studio has opened in Centennial Park in Del Norte. A ribbon cutting was held on Sept. 18.

Photo by Lyndsie Ferrell



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Record



Photo by Marie Mccolm

O'Reilly Auto Parts Manager Austyn James holds the plaque the store received from the Monte Vista Chamber of Commerce during its ribbon-cutting ceremony on Saturday, Sept. 21. The new store is at 60 North Broadway in Monte Vista.

Ribbon cutting held for new O'Reilly Auto Parts in MV

By MARIE MCCOLM MONTE VISTA – The manager of the new O'Reilly Auto Parts store, Austyn James used a big pair of scissors to cut the red ribbon strung in front of the business at 60 North Broadway St., Monte Vista, on Saturday, Sept. 21.

Monte Vista Chamber of Commerce Manager Heather Hillin hosted the official ribbon cutting to celebrate the store's opening.

"It's a pleasure to be here today to welcome O'Reilly Auto Parts into our community," Hillin said. "This new store is not only a great resource for vehicle owners, but also a sign of growth and opportunity for our local economy. We appreciate O'Reilly's investment in Monte Vista, and the new jobs they have created here. We are excited to see how they will support our community with their expertise and service. Thank you, O'Reilly Auto Parts, for choosing Monte Vista, and we wish you great success."

There were approximately 50 people at the ribbon cutting ceremony, including MV Mayor Dale Becker, and MV City

Manager GiGi Dennis. O'Reilly's provided donuts and light drinks and gave out some O'Reilly Auto Parts caps.

Store Manager James said, "This is super surreal. I am excited that the community has another option to go to for parts. I look forward to serving the community and helping everybody out. We are all super excited to be here, and we hope that everyone is also excited to have us here."

James said that the store in Monte Vista had been planned through O'Reilly for about a year. He worked in the auto parts business for about 5 years before being named manager of the MV store.

"I started with AutoZone, and I heard that this store was opening and wanted to see if I could make the transition, to be the store manager here. They gave me the opportunity and I am so excited," he said.

When asked if there is anything that sets Monte Vista O'Reilly's Auto Parts store apart from others, James said, "This is a little bit bigger store than the one in Alamosa. We carry more of a variety of products here. I

am excited about that, and hopefully we will have some agricultural parts here, on the shelf soon too; that way if the farmers need any bearings or off the wall parts, that typically Napa or the O'Reilly's in Alamosa, or AutoZone, don't typically stock, well we hope to take care of the farmers in that aspect, here in our store too."

Store employee Tony Ortega said that he thinks that people in the community will appreciate that they have another auto parts store locally.

"We want people to know we are here with the parts they need. We have been working hard to stock the store for the past couple of weeks. We are excited about serving the local community," Ortega said.

Resident Mary Gonzales attended the ribbon cutting and said that it would be easier to get parts with O'Reilly's in town.

"Hands down they are the best place to get parts, and now we don't have to travel to Alamosa for them, they are right here. What a great thing to add to our town," Gonzales said.

New stopgap bill in Congress would postpone shutdown deadline to December

By JENNIFER SHUTT

Colorado Newsline WASHINGTON

— Congress is on track to approve legislation this week that will give lawmakers until mid-December to broker agreement on the annual government funding bills that were supposed to become law before the end of this month.

The stopgap spending bill, also known as a continuing resolution, has the broad bipartisan support it needs to move through House and Senate votes this week, though senators will need to reach agreement to vote on the legislation before the Oct. 1 deadline when federal spending runs out.

The 49-page bill, released Sunday after weeks of stalemate as House Republicans went at it alone, is no guarantee that Congress will actually wrap up its work on the full-year bills during the next 12 weeks left before this session of Congress is over, since lawmakers can pass as many stopgap spending bills as they want.

Continuing resolutions essentially extend current spending levels and policy for a set amount of time. They are intended to give the House and Senate additional time to conference final versions of the dozen full-year spending bills.

Nov. 5 election and the lame duck

The election results will likely determine whether the Republican House and Democratic Senate move to reach agreement on the full-year bills during the lame-duck session that will begin after Election Day, or kick the can down the road into next year, when the balance of power could be substantially different.

Speaker Mike Johnson, a Louisiana Republican, appears inclined toward wrapping up work on the full-year appropriations bills in December, saying during a press conference Tuesday that lawmakers would deal with funding decisions during the

lame-duck session.

Johnson signaled that he's going to try to move all the final, conferenced spending bills across the floor one by one, as opposed to bundling all 12 together in an omnibus or packaging several of the bills together in what's called a mini-bus. Such large bills regularly draw opposition from conservative Republicans.

"We have broken the Christmas omni and I have no intention of going back to that terrible tradition," Johnson said. "We don't want any buses, we're not going to do any buses."

The stopgap spending bill Congress is expected to approve this week would set the next deadline for government funding on Dec. 20, four days before Christmas.

Senate and House both struggle

Johnson also laid the blame for Congress not completing work on the full-year government funding bills at the feet of Senate Democrats, arguing that the House did all of its work.

The Senate Appropriations Committee approved 11 of the dozen appropriations bills with broadly bipartisan votes, but was unable to garner consensus on the Homeland Security spending bill.

None of those bills have come up on the Senate floor for votes, in part, because it can take weeks in that chamber to move spending bills through the amendment process.

The House Appropriations Committee reported its dozen bills out along party-line votes, without the Democratic support that would be needed for the bills to actually become law during divided government.

House Republican leaders passed five of the bills across the floor, including Defense, Homeland Security, Interior-Environment, Military Construction-VA and State-Foreign Operations.

House GOP leaders attempted to pass the Legislative Branch bill, which provides fund-

ing for Congress and its associated agencies, but were unsuccessful. House rules allow that chamber to debate and hold votes on bills in a matter of hours, a much faster pace than the days or weeks it often takes the Senate.

Neither Senate leaders nor House leadership have made any effort to conference the full-year spending bills, a process that is needed to reach the bipartisan, bicameral versions that must pass if Congress wants to avoid another stopgap spending bill in December.

The process typically takes at least six weeks, and with both chambers set to leave town at the end of this week for a six-week break, there likely won't be enough time to conference all the bills before the mid-December deadline that will be set by the continuing resolution.

'Stay away from poison pills'

Senate Majority Leader Chuck Schumer, a New York Democrat, criticized Johnson for trying to pass a six-month stopgap spending bill through the House earlier this month, saying it was a waste of time.

That legislation, which didn't garner the support to pass, included with it a GOP bill that would have required proof of citizenship to register to vote.

"If both sides keep working together, if we stay away from poison pills and partisan spectacle, then the American people can rest assured there won't be a government shutdown," Schumer said. "But we still have more work to do."

The Biden administration signaled its support for the stopgap spending bill Tuesday, releasing a Statement of Administration Policy calling "for swift passage of this bill in both chambers of the Congress to avoid a costly, unnecessary Government shutdown and to ensure there is adequate time to pass full-year FY 2025 appropriations bills later this year."

Community rosary is being held on Oct. 12

Non-denominational event at Fullenwider Park

By MARIE MCCOLM MONTE VISTA – Rachel Velasquez, a member and coordinator for the local Legion of Mary group will be holding a community rosary at 11 a.m. on Saturday, Oct. 12, at Fullenwider Park.

The event coincides with the worldwide celebration of Our Lady of Fatima. Though this is often a day when only Catholics celebrate, everyone is invited to attend this. Event coordinator Rachel Velasquez is excited about the event and stressed that it is non-denominational, and everyone is invited to pray the rosary together as a community, for a day of prayer, and to celebrate Our Lady of Fatima.

Water will be provided, and Velasquez said that handouts will be provided to help everyone understand the event and pray the rosary together. Rosaries will also be available at the event, if you do not have one, until they are all given out.

According to fatima-

churchabq.org the story behind the day of Our Lady of Fatima began May 13, 1917, and culminated on Oct. 13, 1917. During this time, many religious believers claim that the Virgin Mary, the blessed Mother of God, appeared to three young peasant children named Francisco, Jacinta, and Lucia.

Coordinator Velasquez spoke about the planning of the event and why this day is so important.

"During this celebration, we try to honor the name of the Lady of Fatima. This event we are holding is not anything directly to do with the Catholic Church, the reason we are praying the rosary, is because the world needs prayer. We want to pray for the world, and for peace in the world, that is why we organized this event," she said.

Velasquez explained that Father Albert of Saint Joseph's Catholic Church in Monte Vista will be leading the rosary. "He will be there to

lead us. We did invite Del Norte. We did invite Center. Every church and anybody in the public that would just like to pray for world peace is welcome to attend. We will be praying the rosary and be doing a little bit of singing. There is also a rally document that you can sign if you would like to, this is to show how many people we have that attend the prayer," she said.

Velasquez said that they have banners from the worldwide organization of Fatima that they intend to post at Fullenwider Park for the ceremony.

"We also have someone that normally carries one, while we pray," she said.

Velasquez said that prayer is important and is much needed in the world. She said that people are encouraged to bring their own chairs and to dress for the weather.

For more information about the event, contact Velasquez at 720-226-1357 or at rachal.velasquez@gmail.com.

GFWC Woman's Citizenship Club to celebrate National Day of Service

CONTRIBUTED ALAMOSA

— The General Federation of Women's Clubs (GFWC) Woman's Citizenship Club is pleased to announce the inaugural National Day of Service (NDS), which will spotlight food insecurity and hunger in the United States.

This year's NDS is scheduled for Saturday, Sept. 28, nationwide. GFWC clubs nationwide are participating to help increase public awareness and provide food resources to residents/ families in their communities.

"The GFWC National Day of Service is an exciting opportunity for our clubwomen to demonstrate their volunteer know-how," said Suellen Brazil, International President. "The GFWC tagline is 'Living the Volunteer Spirit!', which is the essence of this national public awareness campaign about hunger and food insecurity. Solving hunger takes a village of concerned community lead-

ers, public servants, and compassionate neighbors."

According to the U.S. Department of Agriculture, 34 million people in the U.S. are food insecure, 9 million children are hungry, 53 million people turned to food banks following COVID-19 due to unemployment, and 100 percent of U.S. counties have families suffering from food insecurity.

"These statistics are staggering," said Helen Lester, GFWC Woman's Citizenship Club President. "But GFWC Clubwomen are not deterred. We work tirelessly to be of service to our local communities. Hunger and food insecurity represent an issue that, with everyone's help, no one in the United States needs to suffer." On average, 1 in 4 families use the Food Bank Networks of the San Luis Valley and local GFWC club members are committed to supplying healthy food items to the food banks.

Look for club members at the Safeway store in Al-

amosa on Saturday, Sept. 28, from 10 a.m.–4 p.m., where they will be collecting food items for the Food Banks of the San Luis Valley.

For more information on GFWC National Day of Service activities, contact Theresa Rudder at 719-588-7913.

School Menu
Wednesday
September 25, 2024

BREAKFAST

Breakfast Burrito
Fruit & Milk

ELEMENTARY

Stromboli/Marinara Sauce
Steamed Broccoli
Veggie Bar
Fruit & Milk

MIDDLE SCHOOL

Stromboli/Marinara Sauce
Steamed Broccoli
Veggie Bar
Fruit & Milk

HIGH SCHOOL

Stromboli/Marinara Sauce
Steamed Broccoli
Veggie Bar
Fruit & Milk

Breakfast & Lunch Free for all students
Alamosa School District
To sponsor the School Menu call 589-2553

PENDING OBITUARY

William Olivas

Beloved Alamosa resident William Olivas, 52, was called home Sept. 22, 2024. Arrangements are pending and will be announced through Romero Funeral Home of Alamosa.

Valley News

Cruisin' the Canyon draws classics and crowds

By **LYNDSIE FERRELL CREEDE** — Saturday morning, Sept. 21, kicked off with low hanging clouds, the threat of rain, and Main Street in Creede lined with classic vehicles of all shapes and sizes. Chrome glistened in the soft light and people viewed over 75 cars to the beat of golden oldies from the speakers placed downtown.

Most of the day remained dry as the Creede Cruisin' the Canyon Car Show took center stage. People came from all over the US to visit this small mountain town, enjoy the changing fall colors and get a glimpse of the classic cars and trucks.

For the past 16 years,

this car show has been the highlight of the start of the fall season in Creede and thanks to the efforts of Vicki Kulyk and her husband Nick, it serves to fill the gap between summer and the hunting seasons, bringing much-needed revenue and fun to Creede.

The Creede 4-H group was also out and about on Saturday filling the bellies of the wandering crowd, beginning with breakfast in the morning and then switching to lunch in the afternoon. The organization is a huge part of community service in Creede and offers unique opportunities to youth throughout the area.

In addition to 4-H and

the main car show, the Creede Art Council hosted its 5th annual Steamroller Printmaking event. This is a wonderful opportunity to highlight local artists in a unique and entertaining way, and as the event unfolded over the years, it has grown in popularity, bringing a crowd to Creede every year.

As the afternoon wore on, car show participants gathered near Basham Park for the award announcements before heading off into the coming rain for a drive along the Silver Thread Scenic Byway and a late lunch at Freeman's General Store.

The car show winners are as follows, Best of Show



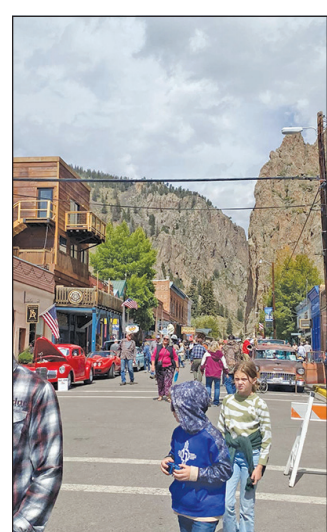
Photos by Lyndsie Ferrell

The 16th annual Cruisin' the Canyon Car Show was this past weekend in Creede and brought vintage cars of all makes and models to the small mountain town.

was sponsored and made by Clark Auto and went to a 1969 Chevy Camaro,

owned by Jeff Lawyer, of Littleton; the Don Pacheco Award went to the 1968 Plymouth Satellite Sport, owned by Ben Martinez, of Capulin; and the People's Choice award, sponsored by The Holy Moses went to the 1955 Chevy Belair, owned by Sid and Charlene Shepard, of Sanford.

Next up for Creede will be the annual Chocolate Festival at the end of November. For more information or a full schedule of events, visit www.creede.com.



The Creede Art Council hosted its 5th annual Steamroller Printmaking event on Saturday, Sept. 21, in Creede.



Center

Continued from Page 1

A small crowd comprised of staff members, local leaders, law enforcement, first responders, local students, members of the public and state representatives gathered on Sept. 18 to celebrate the grand opening of the Fitness Court Studio. It was an afternoon marked with sentiments of providing healthy opportunities to the community and highlighting how important wellness is to Del Norte.

The ceremony featured keynote speakers from several organizations, including SLV Early Childhood Council member Kathryn Trujillo and Kristin Love, who started the afternoon off with a welcome speech.

"First we would like to thank Rio Grande County

Public Health, UHealth, National Fitness Campaign, the Town of Del Norte, and Rio Grande Hospital for their support in bringing this important program to our community and for recognizing the need to support healthy lifestyles for all Coloradoans."

Next to speak was Rio Grande County Administrator Skip Schoen.

"As the administrator of Rio Grande County, it is my great pleasure to help celebrate the grand opening of this state-of-the-art outdoor Fitness Court Studio, a remarkable new addition that we are proud to have right here in Rio Grande County," he said.

Schoen spoke about the importance of making health a wellness a priority in communities big and small and to allow those who are seeking a healthier lifestyle access



Photos by Lyndsie Ferrell

Attending the grand opening of the Fitness Court Studio in Centennial Park in Del Norte on Sept. 18 were from left to right, Colorado State Representative for District 62, Matthew Martinez, Rio Grande Hospital CEO Arlene Harms and Rio Grande County Public Health Department Director Dr. Kolawole Bankole.

to healthy living without having to afford expensive equipment or gym memberships.

Rio Grande Hospital CEO Arlene Harms said that the installation of the fitness court studio came just in time to support the vision of wellness throughout the community.

"I was so excited when Rio Grande County Public Health Department Director Dr. Bankole asked if we wanted to offer support for this project. We at the hospital feel like this is an extension of our mission at the hospital as well. We want our community to understand how important it is to move from treating someone who is sick to helping them prevent illness. It's time to move to wellness," she said.

Health and Wellness Coordinator Esteban Salazar, with SLVGO added, "This is a milestone moment for your community, and I couldn't be more excited about the opportunities this fitness court will bring to all of you. At San Luis Valley Great Outdoors, it is our mission to connect people to the great outdoors, promote healthy lifestyles and protect our natural environments. This Fitness Court Studio fits perfectly with our vision. It's more than just a place for exercise, it's a place where people can experience the benefits of out-

door recreation." The final speaker was Colorado State Representative for District 62, Matthew Martinez.

"As the State Representative for House District 62, I am proud to see projects like this come to life right here in Rio Grande County. This serves as a model of what is possible when communities, local leaders and organizations come together to promote health and wellbeing. This Fitness Court Studio isn't just a facility. It's a testament to our shared belief that the power of public health and the importance of providing access to the tools people need can lead to healthier lives," Martinez said.

The remainder of the afternoon was dedicated to demonstrations on the fitness court by members of law enforcement, first responders, staff members with Rio Grande Public Health Department, and students from the Upper Rio Grande School District.

A shoutout went to Ryan Scavo, owner of Big River Collective, who provided the photography installed on the west side of the Fitness Court Studio depicting a scene of the Rio Grande at sunset.

The Fitness Court Studio is the result of a partnership between Rio Grande County Public Health (with Town of Del Norte and Rio Grande Hospital as partners),

UCHealth and NFC to expand free access to high-quality workouts, creating equitable access to exercise for communities around the state. The Fitness Court Studio delivers the powerful seven minutes full body workout on one side and a versatile outdoor class area for enjoying yoga, Zumba, pilates, and other group wellness activities on the opposite side.

Created with people aged 14 and over and with all abilities in mind, the workouts are adaptable for all fitness levels, allowing participants to move at their own pace. Users also may download the free Fitness Court App which acts as a coach-in-your-pocket and enhances the outdoor gym into a digitally supported wellness experience.



The Fitness Court Studio is the result of a partnership between Rio Grande County Public Health (with Town of Del Norte and Rio Grande Hospital as partners), UHealth and NFC to expand free access to high-quality workouts, creating equitable access to exercise for communities around the state.

Leaf411

Continued from Page 1

guidance service, is hosting a one-hour presentation about cannabis medicines.

According to Maria Kramer, manager of APL, during the presen-

tation, a Leaf411 nurse will provide a general overview of cannabis medicine and explain how a cannabis nurse can assist members of the public in finding answers to their questions.

People attending the session are invited to bring the packaging of

any cannabis medications you are taking or have questions about. Please leave the medication itself at home.

A discussion of CBD, another topic that has sparked tremendous interest in recent years, will be included in the presentation.

Anyone with questions about the organization can go to their website <https://leaf411.org> to learn more about who they are and what they do.

The presentation is free and will be held in the library at 300 Hunt Ave. in Alamosa.

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Opinion

How a controversial poison saved Utah Lake

Ninety-five-thousand-acre Utah Lake is a major water source for the Great Salt Lake. If it dries up or sickens, so does the Great Salt Lake. Fifteen years ago, it was dying. But the controversial herbicide glyphosate saved it.

Virtually everything most Americans think they know about glyphosate—the active ingredient in products like Roundup—is wrong. That's because social media and ads by lawyers offering to sue Bayer (owner of Monsanto, glyphosate's original manufacturer) are rife with misinformation.

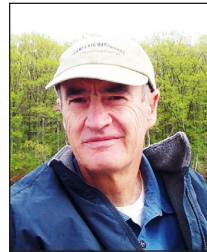
What most Americans don't know about glyphosate is that it's often the only option for saving native fish and wildlife from alien plants. When non-native infestations replace habitat, the animals don't go somewhere else. They die. That's why boots-on-the-ground environmental groups like The Nature Conservancy depend on glyphosate.

But fear of glyphosate has created big business for lawyers and a fundraising bonanza for some environmental outfits.

In 2015, with no original research, the International Agency for Research on Cancer (IARC) — an appendage of the World Health Organization (WHO) — placed glyphosate on its speculative list of “probable carcinogens” along with “red meat” and “very hot beverages.” It did so even though all scientific authorities that have done original research, including its parent WHO and the United States EPA, report no link to cancer.

Some studies that review existing research do report possible links to cancer. But the study subjects are farm

Writers On The Range



Ted Williams



workers who used large quantities of Roundup for years, frequently without protective gear. Roundup is applied by wildlife managers in relatively tiny amounts.

Still, based on IARC's speculation, there have been glyphosate bans or restrictions in 28 nations as well as municipalities and counties in 15 U.S. states. And Bayer has paid \$11 billion to settle lawsuits brought by cancer victims blaming their illnesses on Roundup.

California responded to the IARC review by requiring that glyphosate products carry cancer warnings. But a federal judge struck it down, ruling it “inherently misleading ...when apparently all other regulatory and governmental bodies have found the opposite.”

According to the international news agency Reuters, IARC “edited findings from a draft of its review of the weed-killer glyphosate that were at odds with its final conclusion.”

And this from Dr. Lee Van Wychen, science director for the National and Regional Weed Science Societies: “IARC's review was such a crooked scam. I've never seen anything like it. IARC cher-

ry-picked a couple studies and on top of that fudged the results... Now there are people on the conservation side who are afraid to use glyphosate.”

Utah Lake's brackish water and extensive wetlands make it one of North America's most important staging areas for migratory water birds. The watershed also provides vital habitat for other birds, mammals, reptiles, amphibians, and fish, including the federally threatened June sucker.

Fifteen years ago, this biodiversity appeared doomed by an explosion of phragmites, a non-native, deep-rooted reed that spreads through wind-blown seeds and rhizomes. It grows out to four feet in water and all the way to the transitional zone of dry land.

So thick was Utah Lake's infestation that wildlife couldn't move through it, and people couldn't access the lake. Phragmites created fire hazards, sucked vast amounts of water from the already diminished lake, and generated swarms of mosquitoes by blocking water flow.

Large infestations of phragmites can't be cut or bulldozed, leaving herbicide as the only option. Dead stalks are then

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news@alamosanews.com

To submit sports, email:
khamrick@alamosanews.com

Letters policy

Letters are welcome and encouraged. All letters submitted for publication in the Valley Courier must be typewritten, signed by the author, and must include a phone number and address where the author can be reached. Letters must not be libelous. The Courier will not run letters that are negative to specific businesses. We reserve the right to edit for clarity, civility and accuracy. Please limit letters to 500 words or less.

The Courier's editorial board reserves the right to reject a letter for reasons it believes are appropriate. Letters may be subject to editing to fit available space, or exclusion from the Opinion Page. Please, no poetry. Please send signed letters to P.O. Box 1099, Alamosa, CO 81101 or email them to news@alamosanews.com. Letters to staff, not for publication, should be marked “personal.”

crushed or burned to make new growth visible for retreatment.

Spraying with glyphosate formulations began in 2009. “Each year, managers would focus on a different area,” reported the Utah Department of Agriculture and Food. Every area of the lake got three consecutive years of the spray and trample treatment.

Today, fish, wildlife, and human access have been largely restored. Glyphosate has eradicated 70 percent of the phragmites and future applications will kill most of what's left.

Revegetation started this spring. With help from local organizations, the Utah Lake Authority has planted 7,500 native seedlings. “Planting parties” of 400 volunteers will plant 10,000 more native plants by year's end.

“For the lake,” said Luke Peterson, director of the Utah Lake Authority, “this is a turning point.”

Ted Williams is a contributor to Writers on the Range, writersontherange.org, an independent nonprofit dedicated to spurring lively conversation about the West. He writes exclusively about fish and wildlife.

Will Trudeau pull a Joe Biden?

By DAVID M. SHRIBMAN

VERDUN, Quebec -- Is it time to Be Like Joe?

Join me on a walk down Wellington Street. You'll see a Korean restaurant and an Italian one, and as you move along the sidewalk of what a global survey two years ago called the coolest street in the world, you'll be able to pop in for Israeli, Irish, Indian, Peruvian, Japanese, Vietnamese and Thai food. Hankering for chicken? You have three choices. Rather devour a book? Pick up a copy of a biography of LeBron James, written in French.

This street is the bleeding heart of the LaSalle-Emard-Verdun parliamentary district. A short stroll away are the voting booths in the Arena Denis Savard, named for the famed hockey Hall of Fame member who was on a championship Montreal Canadiens team, and it was there that voters sent a strong, even stunning, signal to Prime Minister Justin Trudeau.

The voters' clear message: Be like Joe Biden.

Today the urge to be like Biden has faded in American politics. His disastrous performance in the June 27 debate with former President Donald Trump led to questions about his mental acuity, which in turn led to questions about his fitness for the presidency. From there it was, if you will forgive the Canadian sports metaphor, a slap shot that ended his reelection campaign. He said he loved his job, but he loved

the country more.

And then he stepped aside. His successor as Democratic nominee swiftly recovered the ground the president had surrendered and now is in a virtual tie with Trump.

Could that be a model for Trudeau?

Today it is clear that the prime minister, who has been the country's leader for nearly nine years, loves his job, too. He bounces around the country with aplomb, though his upbeat personality has worn thin, and he's seen more as shallow than sunny, more as challenged than charming. He's hanging onto that job, despite the warnings that the left-leaning partners in his governing coalition will no longer blindly prop him up. Many prominent members of his Liberal Party, swept into power largely by the charisma and cheery disposition of Trudeau, are ready to abandon him. They would prefer he depart the scene.

In short: Be like Biden.

That message emerged with unmistakable clarity when Trudeau's Liberal Party candidate, Laura Palestini, received only slightly more than a quarter of the vote in this Liberal stronghold, a result all the more galling because the winner, Louis-Philippe Sauve, is a member of the Quebec separatist Bloc Quebecois party. Trudeau's Montreal-bred father, former Prime Minister Pierre Elliott Trudeau, was a lifelong, vocal and passionate opponent of allowing Quebec to declare itself a separate nation and leave the Canadian confed-

eration -- a sentiment his son shares. The Liberals have lost this district only three times in the past 40 years, each at a moment when the party that considers itself Canada's natural party of governance has been at a weak point. This late-summer pummeling comes in the only province in which Trudeau's Liberals are not behind the Conservatives in voter surveys. It comes, moreover, three months after the Liberals unexpectedly lost another parliamentary special election, that time in Toronto and to a candidate of the Conservatives, who are almost certain to prevail in the next national election. Now the pressure on Trudeau to step aside from the Liberal leadership seems almost irresistible. Now NDP Leader Jagmeet Singh and Yves-Francois Blanchet, the leader of the Bloc Quebecois, are smelling blood -- and they have the power to bring down Trudeau in Parliament. Such a vote could come as soon as Wednesday. Even so, Trudeau -- whose own district is not far from the scene of the Liberal loss Monday -- seemed unbowed when he entered Parliament the morning after. “We have lots of work to do and we're going to continue to do it,” he said. “He's unwavering,” Philippe J. Fournier, the creator of poll aggregator 338Canada, told me moments later. “This loss is devastating. Any leader would see the writing on the wall. It is one thing not to fall at the first sign of trouble. But losing seats the party has won by 20 points in urban centers that

are Trudeau's power base is a very bad sign. He should go but won't. Sometimes politics is not logical, and we are in a very illogical time right now.” Palestini's placards -- without the usual pictures with Trudeau -- were plastered all around this district, which has a large English-speaking population hostile to separatism. She repeatedly tried to distance herself from the prime minister. “It's about me,” she said. “It's not about the PM. I will let myself be the ... prime focus.” But in fact, it was about Trudeau. Whether pulling a Biden -- relinquishing his position atop the Liberals and making way for new leadership -- will work is unclear. But hardly anyone in American politics thought that Vice President Kamala Harris was a political giant. Her poll ratings were low, she was easily portrayed as a failure in her most visible role (addressing the crisis at the Mexican border), and she was a dud when she ran for president herself four years ago. The signs were anything but promising. Now the Democrats see themselves as the party of great promise. That is because Harris -- like a drooping flower responding to a springtime rain shower -- became an instant American political star, so much so that she unsettled the Trump campaign and then, in a stunning debate performance, put the 45th president on the defensive, piercing his logic and destroying his confidence. But leaving the scene in Ottawa is no magic bullet for the Liberals.

Trudeau could peer beyond the Harris phenomenon and instead look back to 1968, when his father was Canada's justice minister and attorney general. That year -- in what might be a sobering lesson to the prime minister and to his Liberal colleagues -- Lyndon B. Johnson withdrew from his reelection campaign. He did so in the face of a certain loss, if not to Sens. Robert F. Kennedy or Eugene McCarthy in the Democratic primaries, then to eventual GOP nominee Richard Nixon. That time, however, the Democrats lost the general election.

Either way, Trudeau's time is limited, if not over. He still has one trick left. To be like Joe.

David M. Shribman is the former executive editor of the Pittsburgh Post-Gazette.

Valley Courier

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Brian Williams
Managing Editor

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Golden Years

The healing power of the benefits of nature

Being in good health and avoiding various diseases often comes down to a combination of factors. Individuals may be aware that nutrition and exercise play important roles in personal well-being, but it appears that nature may provide its own medicinal benefits as well.

A number of studies have examined the potential healing components of being in nature. The World Health Organization released a report in 2023 titled "Green and Blue Spaces and Mental Health,"

which indicated that time in nature improves mood, mindsets and mental health. This occurs regardless of whether that nature was "country" regions or urban areas. The following are some of the ways nature can have a healing effect.

- Immunity protection: Trees and plants emit aromatic compounds called phytoncides. When inhaled, these compounds can ignite healthy biological changes similar to the concepts of aromatherapy. When people walk in forests or other green areas, they often

experience changes in the blood that are associated with protection against cancer, improved immunity and lower blood pressure, says Dr. Qing Li, a professor at the Nippon Medical School in Tokyo.

- Get a brain break: When spending time in nature, attention is focused on the scenery, the animals and the rest of the environment. This may help quiet the rush of thoughts in the head that clutters the ability to think freely.

- Reduce stress: Stress is a catalyst for a number of adverse health conditions. The Mayo Clinic says stress can cause headache, muscle tension, fatigue, changes in sex drive, and a weaker immune system, among other things. Being outside in nature and away from work and home responsibilities can help reduce stress levels. Dr. Mathew McGlothlin, senior medical director with WellMed Medical Group, says being in nature provides stress relief.

- Get vitamin D: The

body naturally produces vitamin D from sun exposure. The National Institutes of Health says it is optimal to have sun exposure for five to 30 minutes a day, most days a week, to absorb UVB rays and effectively make vitamin D. Vitamin D is a nutrient the body needs to

build and maintain strong bones. Vitamin D also regulates many other cellular functions in the body, and may be able to prevent cognitive decline.

- Inspires exercise: People may be more inclined to be physically active while outdoors. Hiking, cycling,

swimming, and even strolls in the park all make the outdoors more fun. Exercise promotes heart health and helps people maintain a healthy weight.

Nature can have a healing effect, and more time outdoors can promote mental and physical well-being.



How families can share caregiving responsibilities

Family caregivers are unsung heroes. Such individuals typically provide vital services to their loved ones who cannot fully care for themselves, and they often do so without compensation.

Data from the U.S. Bureau of Labor Statistics indicates the prevalence of family caregivers across the country. According to the BLS, 14 percent of the population, which equates to roughly 37 million people, provide unpaid eldercare across the nation. Unpaid caregivers also provide vital services in Canada, where the Canadian Institute for Health Information reports such individuals provide an average of 17 hours of unpaid care each week (26 hours for those who care for seniors with dementia). Caregiving for a family member can take a toll that affects caregivers' physical and mental health. According to the Centers for Disease Control and Prevention, caregivers are at increased risk for developing multiple chronic diseases since many neglect their own health needs while caring for others. In addition, roughly 15 percent of caregivers who participated in a CDC survey reported experiencing 14 or more mentally unhealthy days in the past month.

The physical and mental toll of caregiving underscores how important it can be for families to find ways to share caregiving duties. Though each situation is unique, the National Institute on Aging offers the following advice to families as they seek to share the responsibility of caring for a loved one in need.

- Identify the care required. The NIA recommends families discuss caregiving needs as early as possible and ideally before an emergency situation arises. If possible, the person in need can participate in this conversation and help to calmly discuss which services are wanted and needed. If a loved one is diagnosed with a condition in its early stages, such as dementia, families can then work together to identify the level of care required in the immediate future and potentially down the road should the condition worsen.

- Choose a primary caregiver. The primary caregiver will be the individual who accepts the bulk of the daily responsibilities of caregiving. Identifying this person early, ideally before a primary caregiver is even needed, can limit confusion should the day come when the individual needs daily care.
- Determine each caregiver's contribution. The

caregiving team can discuss each person's skills and how they can be used to take care of the individual in need. This can be particularly useful when assigning specific tasks. For example, a caregiver who works in the medical field may be most qualified to speak to medical staff about their loved one's condition, while another who works in the financial sector may be tasked with managing a loved one's bank accounts and ensuring bills are paid on time.

- Recognize everyone has limits. A caregiving team is just that: a team. As noted, caregiving can take both a physical and emotional

toll, so it's important that everyone, and particularly the individual chosen as the primary caregiver, receive routine breaks to ensure everyone can take care of themselves. It's important that a caregiving team maintain a degree of flexibility to account for the physical and mental challenges caregivers may encounter as they tend to a loved one in need.

Sharing the responsibility of caregiving can ensure caregivers and their loved ones in need are not overwhelmed by the challenges they might confront each day. More information about caregiving can be found at nia.nih.gov.

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Sports

High school football preview – Week 5

By **KEN HAMRICK**
Courier sports editor

ALAMOSA – The fifth week of the high school football season is this weekend with only three of the San Luis Valley schools in action.

The following are thumbnail sketches of this week's games.

ALAMOSA (2-2), IDLE

This week: The Alamosa Mean Moose will have an open date this week.

Last week: The Mean Moose lost to defending state champion Delta 41-12 at Delta last Friday.

Next week: Alamosa opens Intermountain League play by traveling to Bayfield next Friday. Kickoff is at 7 p.m.

BAYFIELD (3-0) AT # 2 CENTAURI (3-0)

This week: The second-ranked Centauri Falcons will return to action as they will host the Class 2A Bayfield Wolverines on Friday. Kickoff is at 7 p.m.

Last week: The Falcons had an open date. The Wolverines defeated Ignacio 38-35 at home last Friday.

Next week: Centauri opens its South-Central League slate by hosting Ignacio next Friday at 7 p.m. Bayfield will host Alamosa in the Intermountain League opener for both teams.

#7 BRANSON/KIM (3-1, 1-0) AT ANTONITO (0-3, 0-1)

This week: The Antonito Trojans will host the seventh-ranked Branson/Kim Bearcats Saturday at 1 p.m.

Last week: The Trojans lost to Sierra Grande 58-0 at home last Saturday. The Bearcats defeated Deer Trail 52-0 last Saturday in Branson.

Next week: Antonito will travel to Cotopaxi next Saturday with kickoff scheduled for 6 p.m. Branson/Kim will host La Veta next Friday at noon.

CENTER (0-4), IDLE

This week: The Center Vikings will have an open date this week.

Last week: The Vikings lost to Ellicott 49-0 on the road last Friday.

Next week: Center begins South-Central League play by traveling to Monte Vista. Kickoff is at 6 p.m.

MONTE VISTA (2-2), IDLE

This week: The Monte Vista Pirates will not be in action this week.

Last week: The Pirates lost to Pagosa Springs 28-6 on the road last Friday.

Next week: Monte Vista opens South-Central League action by hosting Center next Friday at 6 p.m.

SANFORD (2-2), IDLE

This week: The Sanford Mustangs will be idle this week.

Last week: The Mustangs defeated Fowler 42-28 at home last Friday.

Next week: Sanford will open Mountain League play by hosting Norwood next Friday beginning at 4 p.m.

SANGRE DE CRISTO (1-1) AT HOLLY (1-2)

This week: The Sangre de Cristo Thunderbirds will travel to Holly this Friday. Kickoff is at 6 p.m.

Last week: The Thunderbirds played a Foundation game at top-ranked Dove Creek last Saturday. It didn't count in their record.

Next week: Sangre de Cristo will begin Six County League play at Fowler next Friday. Game time is at



Courier photo by Ken Hamrick

Sargent High School's Kade Temple throws a pass in last Friday's game against Custer County. The Farmers are one of six San Luis Valley teams that have an open date this week.

7 p.m.

SARGENT (2-2), IDLE

This week: The Sargent Farmers will have an open date.

Last week: The Farmers defeated Custer County 64-6 last Friday at home.

Next week: Sargent will host Dolores next Friday beginning at 6 p.m.

#5 SIERRA GRANDE (4-0, 1-0), IDLE

This week: The fifth-ranked Sierra Grande Panthers were originally scheduled to host Mountain Valley, however, the Wolves canceled their program this year and the Panthers will have an open date.

Last week: The Panthers defeated Antonito 58-0 last Friday on the road.

Next week: Sierra Grande will host Primero next Friday with kickoff slated for 6:30 p.m.

Rattlers improve position at Fountain

By **KEN HAMRICK**
Courier sports editor

MONTE VISTA – The San Luis Valley Rattlers mountain bicycling team competed at a new venue at the Lazy B Ranch Rally at the Fountain Valley School in Fountain on Saturday for the third of four regular season races.

The Rattlers improved their position from 13th to ninth in their division. The position is based on the scores of their Top 5 riders.

The freshman boys were first with Cooper Webb of Sargent and Kife Mashburn of Del Norte competing. Mashburn logged a time of 1:02:00 to finish in 23rd place. Webb was five seconds behind and improved his standing to 24th.

The sophomore boys were next. Will Walker of Monte Vista had the team's fastest course time and improved to 10th place. Owen Barr, also of



Courtesy photo

Kife Mashburn (6133) and Cooper Webb (6236) begin the freshman boys race at the Lazy B Rally in Fountain on Saturday.

Monte Vista, improved to 20th. Both course times were in less than one hour.

There are 66 riders in the sophomore boys division.

In the boys JV race, senior Summit Mashburn and juniors Chevy Kincannon

and Aiden Mashburn competed. Summit had a time of less than an hour and finished 44th out of 108 racers. Kincannon also completed the course in less than one hour and placed 63rd. Aiden Mashburn finished in 73rd place despite struggling with a cold.

In the freshman girls division, newcomer Savannah Schaefer competed. In her first mountain bike race, she finished the two-lap course and had a seven-second difference in her lap time.

Sisters Sydney and Jayda Woodke missed their races because of injuries.

The Rattlers compete in the Crystal Division of the Colorado High School Cycling League. There are four regular season races and a state competition, if all riders qualify.

The regular season finale will be on Oct. 5 in Nathrop.

Adams State - late

SCHEDULE THURSDAY

Prep girls softball
 Alamosa at Southeast Colorado (at Wiley), 4 p.m.
Prep girls volleyball
 Centennial at Sangre de Cristo, 5 p.m.

FRIDAY

Prep football
 Sangre de Cristo at Holly, 6 p.m.
 Bayfield at Centauri, 7 p.m.
 Dolores Huerta Prep at Del Norte – canceled
Prep cross country
 Alamosa, Centauri at Rampart Invitational (at Cottonwood Creek Park, Colorado Springs), 2:30 p.m.
 Antonito, Center, Sierra Grande at Lake City

Invitational, 3 p.m.

Prep girls volleyball
 Bayfield at Centauri, 3 p.m.
 Mountain Valley at Sierra Grande, 3 p.m.
 Dolores Huerta Prep at Del Norte, 4 p.m.
 Montezuma-Cortez at Alamosa, 4 p.m.
 Sanford at Escalante (N.M.), 4 p.m.
 Sargent at Center, 4 p.m.
College men's soccer
 Adams State at South Dakota Mines, 1 p.m.
College women's soccer
 Adams State at Westminster (Utah), 7:30 p.m.
College women's volleyball
 South Dakota Mines at Adams State, 6 p.m.
College swimming
 Adams State at Western Colorado, 3 p.m.

Sports Bulletin

Follow sports editor **Ken Hamrick on X. His handle is @KenHamrick1.**

SCOREBOARD TUESDAY

Prep boys soccer
 Alamosa at Durango - late
Prep girls softball
 Gunnison at Alamosa - late
Prep girls volleyball
 Center at Antonito - late
 Crested Butte at Monte Vista - late
 Del Norte at Sargent - late
College women's volleyball
 Colorado State Pueblo at

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Lifestyle

JD Vance, Donald Trump's running mate, is scheduled to visit Colorado in October

By **JESSE PAUL**
Colorado Sun

U.S. Sen. JD Vance, Donald Trump's running mate, is scheduled to visit Colorado in October, according to a flyer obtained by The Colorado Sun.

The Ohio Republican, who would be vice president if Trump is elected, is set to attend a Denver fundraiser Oct. 8, according to the flyer.

The event will be hosted by Larry Mizel, a Republican megadonor and Israel booster who lives in Denver and is founder

and executive chairman of MDC Holdings, a home construction company headquartered in Denver. Former U.S. Sen. Cory Gardner, a Colorado Republican, is also listed as a host.

Tickets start at \$3,300 and the fundraiser will benefit the Trump 47 Committee, a joint fundraising committee that splits its proceeds between Trump's campaign, his leadership political action committee, the Republican National Committee and state po-

litical parties across the country.

Vance's planned visit comes after Trump said he would visit Aurora, which is just east of Denver, as part of his exaggerated claims about the influence of a Venezuelan gang, Tren de Aragua, in the city. The former president has falsely said the Venezuelan gang has taken over the "whole town" and that his massive deportation plan will begin in Aurora and Springfield, Ohio, where he has said without evidence that

Haitian immigrants are eating other people's pets.

Trump has used Aurora and Springfield to attack Democrats on immigration.

While there have been a handful of members of Tren de Aragua arrested in the city, claims that they have taken control have either been exaggerated or totally debunked. "Based on our initial investigative work, we believe reports of TdA influence in Aurora are isolated," Aurora police said in a statement.

Trump said last week that he would visit Aurora and Springfield within two weeks.

It's unclear if Vance will also visit Aurora when

he stops in Colorado, or if Trump plans to follow through on his pledge to visit the city.

The Trump campaign didn't immediately respond to a request for comment Tuesday. Aurora officials also didn't respond to requests for comment.

Although polling shows Trump in a close race against Vice President Kamala Harris nationally, Trump is widely expected to lose to Harris in Colorado. A recent poll showed him trailing Harris in the Centennial State by 15 percentage points.

The Morning Consult poll, which appears to be the first public survey

in Colorado since Harris became the Democratic presidential nominee, was conducted from Aug. 30 to Sept. 8. In 2020 Trump lost in Colorado to Joe Biden by 13.5 percentage points. Biden led Trump by similar margins in 2020 polls in Colorado conducted at roughly the same point in the cycle as the recent Morning Consult survey.

Trump hasn't made a public appearance in Colorado since February 2020, when he held a rally in Colorado Springs with Gardner.

He recently attended a private campaign fundraiser in Aspen, an event that was cohosted by Mizel and his wife, Carol.

Q&A on presidential primaries

Presidential election years in the United States garner significant attention within the country and across the globe. Anticipation of Election Day, which falls on November 5, 2024, begins to grow in early January in years when voters will choose who will reside in the White House for the next four years. The Iowa caucuses take place in early January, ushering in presidential primary season. The primaries are hot topics in presidential years, but voters may have questions about what they signify and how much influence they have on the November elections.

What are presidential primaries?

The United States government notes that most states hold primaries six to nine months before a presidential election. Voters who participate in a primary do so anonymously in most cases. A primary winner is awarded delegates (each state has its own methods regarding how many delegates are awarded to each candidate) once the votes are tallied.

What is a caucus?

The New Hampshire primary is the first presidential primary of election season, but it's not the first election year opportunity for candidates to establish themselves. The Iowa caucuses precede the New Hampshire primary. Caucuses are meetings run by political parties that are held at the county, district or precinct level. Some caucuses choose candidates by secret ballot, while others require participants to divide themselves into groups based on the candidate they support (undecided participants form their own group). Caucuses are a unique part of the presidential election process in that each candidate's group

will speak and attempt to persuade other groups to support their candidate. Candidates are ultimately awarded delegates based on the number of caucus votes they receive. In addition to Iowa, Missouri, Nevada, North Dakota, and Wyoming conduct caucuses instead of primaries.

Are all primaries the same?

The National Conference of State Legislatures notes that state primary laws are complex and vary widely by state. Eligible voters who aspire to participate in primaries are urged to contact their local governments to identify which type of primary is conducted in their state and how they can vote in the primary. Voters may learn their states conduct one of these types of primaries:

- **Closed primaries:** The NCSL indicates that individuals who want to vote in a closed primary must first be a registered party member. Independent or unaffiliated voters are excluded from participating in party nomination contests.

- **Partially closed:** In this system it's up to the state to decide if unaffiliated voters or voters not registered with a party can participate in their nomination contests. Unaffiliated voters may be allowed while voters registered with opposing parties may be prohibited from participating in a partially closed primary. This can change from year to year.

- **Partially open:** The NCSL notes that a partially open system permits voters to cross party lines but voters who do so must publicly declare their party choice or their ballot may be regarded as a form of registration with the corresponding party.

- **Open to unaffiliated voters:** A handful of states

allow unaffiliated voters to participate in any primary they choose. However, states who conduct these primaries do not allow voters registered with a party to vote in another party's primary.

- **Open primary:** In an open primary state, voters are allowed to choose a primary to vote in privately, so their choice of party ballot is not public information, which can be the case with open to unaffiliated voter primaries.

These are not the only primary processes held in election years. Voters are urged to seek more information about primaries in their states to determine their eligibility to participate.

Presidential election season kicks off in January. Voters can learn more about the election process at ncsl.org and usa.gov.

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Men & Women's Swim at Western Colorado University at Gunnison, C.O.

3:00 p.m.

Women's Volleyball vs South Dakota Mines at Alamosa, C.O.

6:00 p.m.

Women's Soccer at Westminster University (Utah) at Salt Lake City, Utah

7:30 p.m.

Saturday, September 28

Men & Women's Swim vs Western Colorado University at Alamosa, C.O.

9:00 a.m.

Women's Volleyball vs Black Hills State University (S.D.)

6:00 p.m.

Football vs Colorado State University Rueblo at Alamosa, C.O.

1:00 p.m.



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THE ALAMOSA SCHOOL DISTRICT is now accepting applications for a **PAYROLL/HUMAN RESOURCES CLERK**. Qualifications: High School Diploma, computer Literate, accuracy and typing skills, Understanding of payroll and Federal and State procedures, Two (2) years payroll experience, good communication skills. Application, Job Description and Salary Schedule available online at <http://www.alamosaschools.org>. For more information please contact Tracy Vigil at 719-587-1600 or tvigil@alamosaschools.org. Application deadline is until filled. EOE. (10/4/24)

221 - HELP WANTED

ELEMENTARY PARAPROFESSIONAL NEEDED: We are seeking a dedicated Paraprofessional for the 2024-2025 school year. If you're passionate about working with young learners, we'd love to hear from you! Salary starts at \$21,035.19 on the Paraprofessionals salary schedule. New employees to the district may be granted up to 8 years of experience at the discretion of the superintendent at the time of hiring. Benefit package including employee health, dental, vision, optional \$1,200 a year toward an HSA, and life insurance coverage. Free admission to all home athletic events, staff wellness room, discount rates to Monte Vista Athletic Club, Sand Dunes Swimming Pool, and Monte Vista Golf Course. Please complete the non-certified application and submit with resume. For more information and to apply, visit www.sargent.k12.co.us or call 719-852-4023. Application Deadline: 10/8/24 or until position is filled. EOE. (10/15/24)

COLORADO STATE UNIVERSITY SAN LUIS VALLEY RESEARCH CENTER in CENTER, CO, seeks **FARM MANAGER**, full-time salaried w/ benefits. Min. requirements include experience managing an entity involved in research, agricultural production or related commercial enterprise environment. Read full job description and apply online by 09/30/2024 for full consideration at: <https://jobs.colostate.edu/postings/150505>. CSU is an EO/EA/AA employer and conducts background checks on all final candidates. (10/25/24)

BUSY POTATO WAREHOUSE hiring full time **PERMANENT BAGGERS/STACKERS**. Apply at WORLEY&MC-CULLOUGH, 2471 East CR 7 North, MONTE VISTA, CO. 81144. (10/5/24)

221 - HELP WANTED

SAN LUIS VALLEY HEALTH is looking for an **EMERGENCY PREPAREDNESS MANAGER**. This position is responsible for creating and overseeing emergency preparedness and response plans and involves assessing risks, coordinating training and drills, and ensuring compliance with relevant regulations to protect the organization's assets, personnel, and operations in the event of emergencies. To learn more about this opportunity check out our careers page at www.slvh.org or call 719-587-1200. (10/01/24)

ADAMS STATE UNIVERSITY is seeking applications for the Full-Time position of **CONTENT STRATEGIST**. Salary Range is \$42,252-\$48,060, commensurate with education and experience. Benefits include Health, Dental, Vision, Life Insurance, Retirement, PTO, Paid Holidays. This position provides key decision support in developing and implementing a cohesive, integrated communication strategy across multiple platforms, including social media, web, print and digital, that tell Adams State's story in a compelling, visually engaging and consistent manner. Review of applications will remain open until position is filled. For more information and application please visit <https://www.adams.edu/hr/employment/>. (10/9/24)

SAN LUIS VALLEY HEALTH is seeking a **DIRECTOR OF HUMAN RESOURCES**. Leading a team of six, this position is directly responsible for the management, administration, coordination, and evaluation of Human Resource services and functions for all departments and the 765 employees of San Luis Valley Health. To learn more about this incredible opportunity check out our careers page at www.slvh.org or call 719-587-1200. (10/9/24)

221 - HELP WANTED

RIO GRANDE COUNTY is seeking a **GRANT SPECIALIST** to join our team. The Grant Specialist will work with federal, state, and private grants to manage programs and secure funding. They often work with a variety of staff, including department heads, financial staff, and others. Grant specialists may also be responsible for special projects. The Grant Specialist will report to the Chief Financial Officer, is an Exempt Full-Time Position, will receive County benefits of Annual & Sick Leave, Retirement and Health Insurance. Wage/Salary Range is \$59,133.00 - \$65,248.00 per year DOE. Please submit your application to humanresources@riograndecounty.org or drop it off at 925 6th Street, Rm 200, DEL NORTE, CO 81132. Deadline to apply for the Grant Specialist position is 4PM on October 11, 2024. (10/9/24)

FACILITIES/MAINTENANCE DIRECTOR: SARGENT SCHOOL DISTRICT is seeking a highly motivated Facilities/Maintenance Director for the 2024-2025 school year. If you have strong team management and interpersonal skills, knowledge of electrical, plumbing, and HVAC, we'd love to hear from you! Starting salary is between \$45,000 and \$53,800 BOE and qualifications. For more information and to apply, visit www.sargent.k12.co.us or call 719-852-4023. Application Deadline: 9/30/24 or until position is filled. EOE. (9/28/24)

SOUTH CONEJOS SCHOOL DISTRICT is seeking a **MIDDLE SCHOOL & HIGH SCHOOL ATHLETIC DIRECTOR** for the remainder of the 2024-2025 school year. Please submit a district application, resume, and cover at <https://www.southconejos.com/page/how-to-apply>. (10/4/24)

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Classifieds

221 - HELP WANTED

RIO GRANDE COUNTY is seeking a LAND USE CODE COMPLIANCE INSPECTOR w/without building inspector duties to join our team. The land use code compliance inspector performs duties related to the enforcement of the Rio Grande County land use development code and building codes. Performs inspections of vacation rental properties and maintains records relating to vacation rentals. Performs field verification of building setbacks. Maintains address and zoning permit database and assigns new addresses and issues agricultural building permits. Assists with building construction inspections as assigned. This a full time, non-exempt position, that will receive county benefits of annual & sick leave, retirement and health insurance. Wage/salary range is \$20.19 - \$29.26 per hour doe. Check out the employment section on <https://riograndecounty.colorado.gov/>. Submit applications to humanresources@riograndecounty.org or drop it off at 925 6th Street, Rm 200, DEL NORTE, CO 81132. Job will remain open until filled. (10/9/24)

1ST SOUTHWEST BANK, a locally owned CDFI community bank, is seeking a COMPLIANCE DIRECTOR. FSWB offers competitive compensation, generous benefits, & career development. Join FSWB's award-winning team dedicated to supporting rural Colorado's agricultural, nonprofit, and small businesses. For details and to apply, visit fswb.bank/about/careers. EOE. (10/4/24)

SANGRE DE CRISTO SCHOOL DISTRICT is looking for PART-TIME CUSTODIAN help. For more information please contact Gary Fritz at 719-378-2321 or email gfriz@sangreschools.org. Applications may be downloaded from sdc.schools.net under tab "about us". Position open until filled. (10/2/24)

CDL DRIVER: JT TIMBER FALLING is hiring a full-time LOG TRUCK DRIVER. CLASS A CDL. Based out of BLANCA, CO. Local destinations and home every night. A Comprehensive benefits package is available. \$23-\$30/hr, depending on experience. Call 719-379-4066 or visit jttimber.com for more information. (10/16/24)

MANAGEMENT & MAINTENANCE PERSON, or team, wanted for a 12-unit apartment complex in DEL NORTE, CO. Duties include but not limited to: office paperwork, cleaning, minor plumbing, minor electrical, drywall repair, painting, and grounds keeping. Fax or email a letter of interest and/or resume to 712-274-1230 or nnieman@landmarkmanagement.com. Equal Employment Opportunity. (9/28/24)

DEL NORTE ELEMENTARY SCHOOL TEACHER needed at the URGSD. We are seeking a hardworking and enthusiastic teaching professional to join our dynamic, vibrant and fun-loving team for the 2024-2025 school year. Applicants must have a bachelor's degree or higher and possess or be able to obtain a Colorado Teaching License. Please submit your application, resume and cover letter to: Amy Duda, Principal at aduda@urtigers.co or contact Amy at 719-657-4050. Applications can be picked up at the District Office or online at: urtigers.co. (10/4/24)

DEL NORTE BANK is seeking to fill a full-time position for a TELLER in the CREEDE BRANCH. Duties will be to accept deposits, loan payments and process withdrawals while maintaining a balanced cash drawer. Must be personable and pleasant answering the phone and greeting customers. Many other duties will be assigned as needed. The position is permanent, full-time, M - F, 8am - 4:30pm, an hourly rate range of \$14.42 to \$17.00, with a robust benefits package. Application available at TrueLocalBank.com/careers or inquire at 117 N. Main St, Creede or call 719-657-3376 and ask for Dawn. EOE. (10/2/24)

426 - MOBILE HOMES FOR SALE

FOR SALE IN ALAMOSA COUNTY: 1980 GLENWOOD TRAILER HOUSE \$6,700. Must be moved. 402-269-7172. (E-TFN-AS)

221 - HELP WANTED

WOLF CREEK SKI AREA is accepting applications for ALL DEPARTMENTS: lifts, ski school, base operations, food & beverage/bakers & baristas, rental, retail, ticket office, snow reporting/guest services, ski patrol, grooming, snow removal, custodial building maintenance, and a freelance photographer. To download an application and see job descriptions please visit the employment page of WolfCreekSki.com. Send resumes and applications to wolfcreekski@wolfcreekski.com or P.O. Box 2800, Pagosa Springs, CO 81147. All jobs are winter seasonal (November - April) with skiing privileges. Starting wage of \$19/hour with merit increases based on performance and experience. (10/30/24)

304 - LAWN & GARDEN

TROY - BUILT CHIPPER SHREDDER CS4265, \$450. Max 719-379-3123. (10/19/24)

SPRINKLER REPAIR & INSTALLATION. Quick Service! Call evenings and weekends: 719-580-0033 or 719-376-2593. (10/11/24-monthly)

324 - SEED & FEED

HORSE & COW HAY: GRASS, GRASS/ALFALFA, ALFALFA. 3x3 bales, various quality and pricing. 719-850-8917. (10/18/24-monthly)

341 - GARAGE SALE

BIG ESTATE SALE in SOUTHFORK. Friday and Saturday, September 27th and 28th, 9:00 am sharp. Tools, patio furniture, bar and bar items, pool tables, foosball table, signs, phone booth, furniture, kitchen items, household items, antique dental cabinet, yard decor, fishing, neon signs, sailfish, golf stuff, antiques, bottle opener collection and lots more. In Southfork turn north towards Creede, right on Landen, right on Highland, house #30, rain or shine! (9/28/24)

353 - FARM & LIVESTOCK

NUBIAN BUCKS; IMPROVE your genetics in udder attachment, quality. Born 2023, Tricolored, dehorned, gentle. 719-588-6621, text. (9/25/24)

360 - MISC. FOR SALE

CANNING JARS & lids for sale. 4 Mtn View Place, Alamosa. Best offer. 719-589-4445. (9/28/24)

SCHWINN BIKE A one Condition. \$25.00 Call 719-298-2175. (9/28/24)

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401 - BUSINESS PROPERTIES

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415 - HOMES FOR SALE

FOR SALE BY Owner. HOMESTEADER'S CABIN: 3 out buildings, 16.85 acres, SAN LUIS VALLEY, COLORADO. \$40,000. 720-483-2725. (10/9/24)

426 - MOBILE HOMES FOR SALE

FOR SALE IN ALAMOSA COUNTY: 1980 GLENWOOD TRAILER HOUSE \$6,700. Must be moved. 402-269-7172. (E-TFN-AS)

525 - GUNS

ZACH'S EUROPEAN MOUNTS. Professional applications for ALL DEPARTMENTS: lifts, ski school, base operations, food & beverage/bakers & baristas, rental, retail, ticket office, snow reporting/guest services, ski patrol, grooming, snow removal, custodial building maintenance, and a freelance photographer. To download an application and see job descriptions please visit the employment page of WolfCreekSki.com. Send resumes and applications to wolfcreekski@wolfcreekski.com or P.O. Box 2800, Pagosa Springs, CO 81147. All jobs are winter seasonal (November - April) with skiing privileges. Starting wage of \$19/hour with merit increases based on performance and experience. (10/30/24)

601 - APARTMENTS FOR RENT

ONE BEDROOM APARTMENT, DOWNTOWN ALAMOSA. \$700/month includes basic utilities. Interested? Email slvcbrental@yahoo.com. Available October 1st. (9/25/24)

2 BEDROOM DUPLEX available for rent. W 7th St, ALAMOSA. \$1,200/month; \$1,200 security deposit. Water, trash and sewer are included. Tenant is responsible for gas, electric, internet. 719-587-6960 or email manuelm@slvbhg.org. (10/9/24)

3 BEDROOM, 2 BATH duplex in BLANCA. Call 719-588-5900. (10/9/24)

Accepting applications for 1 bedroom apartments. Must be 62 or older or disabled
Cielo Vista

Apartments
166 S. Wills Center, Colo
754-3664

TTY
1-800-659-2656
This institution is an equal opportunity provider & employer

Accepting Applications for 2 & 3 bedroom family units
Valley Grande Apts.
2256 E. Drive Monte Vista, CO
852-4302

TTY
1-800-659-2656
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Accepting Applications for waiting list for 2 & 3 bedroom apartments. Family units available

West View Villas
510 Dunham Monte Vista, Colo
852-3949

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1-800-659-2656
This institution is an equal opportunity provider & employer

Accepting applications for 2 & 3 bedroom apartments. Rent based on income for qualifying households.
Gomez Manor Apts.
804 State St. Antonito, Colo.
376-2388

TTY
1-800-659-2656
This institution is an equal opportunity provider and employer

Accepting applications for 2 bedroom apartments. Family living at an affordable price.
Guadalupe Hacienda Apts.
404 W. 8th Antonito, Colo.
376-2025

TTY
1-800-659-2656
This institution is an equal opportunity provider and employer

Accepting applications for 2 & 3 bedroom apartments. Family living at an affordable price. Disabled Unit Available.
Casita del Sol
1405 West 11th St. Alamosa, Colo.
589-8663

TTY
1-800-659-2656
This institution is an equal opportunity provider and employer.

611 - HOMES FOR RENT

3 BEDROOM 2 BATH HOME for rent. W/D hook up, fenced-in back yard and front yard. \$1600 per month plus utilities. Pets negotiable. Please call 719-588-0009 for more information. (10/12/24)

760 - MOTORCYCLES

FOR SALE: 2005 YAMAHA V-STAR CLASSIC, mileage 20,000+, \$4,500.00 OBO. If interested, call 719-298-2331. (9/25/24)



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Comics

CROSSWORD PUZZLE

NEA Crossword Puzzle

ACROSS

- 1 Pinch
- 4 Do a certain dance
- 8 Dross
- 12 Paved way (Abbr.)
- 13 Spoken
- 14 Hard work
- 15 The bounding main
- 16 Monster
- 17 Magical letter
- 18 Guaranteed
- 20 Espresso order
- 21 Bonkers
- 22 2,000 pounds
- 23 Aquarium fish
- 26 Chuckled
- 30 Zoo denizen
- 31 Is able to
- 32 Money in Madrid
- 33 Deprivation
- 35 Cup handle
- 36 "— forbid!"
- 37 Lured
- 39 Rope for a cowhand

DOWN

- 1 Cape
- 2 Currier and —
- 3 Legumes
- 4 "Yippee!"
- 5 Encouraged
- 6 Fat used in cooking
- 7 Cakes and —
- 41 Moo
- 42 Make imperfect
- 43 Radiance
- 46 Pilot's chamber
- 50 Trumpet
- 51 Secluded place
- 52 Stat. in baseball
- 53 Monumental
- 54 Word in a threat
- 55 Edge
- 56 Have a meal
- 57 Do a gardening job
- 58 Employ

Answer to Previous Puzzle

A	B	C	PEEL	S	L	A	W							
R	U	E	R	A	G	E	H	O	N	E				
E	R	R	A	T	O	M	A	S	T	I				
A	N	T	S	Y	C	U	L	S	T	E	R			
			A	P	E		R	A	T					
S	T	I	R	R	E	D	W	A	S	T	E			
T	I	N	Y	L	O	A	N	C	A	R				
E	N	T	F	L	O	G	I	A	M	A				
M	A	Y	B	E	F	L	O	M	E	D	D	L	E	S
			R	A	G		A	L	E					
S	T	R	A	T	A	M	Y	B	A	D				
A	R	I	Z	V	I	S	A	A	G	A				
C	I	T	E	V	E	S	A	C	K					
K	O	A	N	L	E	A	K							

- 8 Other-worldly
- 9 British fellow
- 10 "— Mis-behavin'"
- 11 Happiness
- 19 Game official
- 20 Actor — Diamond Phillips
- 22 Sharp taste
- 23 Wind
- 24 Well-informed about (2 wds.)
- 25 Nuisance
- 26 Praise
- 27 Embraces
- 28 Love god
- 29 Extinct bird
- 31 Yarn ball
- 34 Mute
- 38 Swindle
- 39 Was without
- 40 Biblical boat
- 42 Bullwinkle J. —
- 43 Molt
- 44 Kachina fashioner
- 45 "— go brag!"
- 46 Nat King —
- 47 Chile neighbor
- 48 Eye part
- 49 Not wild
- 51 Just out

1	2	3		4	5	6	7	8	9	10	11
12				13					14		
15				16					17		
18				19				20			
				21				22			
23	24	25				26			27	28	29
30						31			32		
33			34			35				36	
37						38			39	40	
				41				42			
43	44	45				46			47	48	49
50						51			52		
53						54			55		
56						57			58		

SUDOKU

DIFFICULTY RATING: ★★☆☆☆

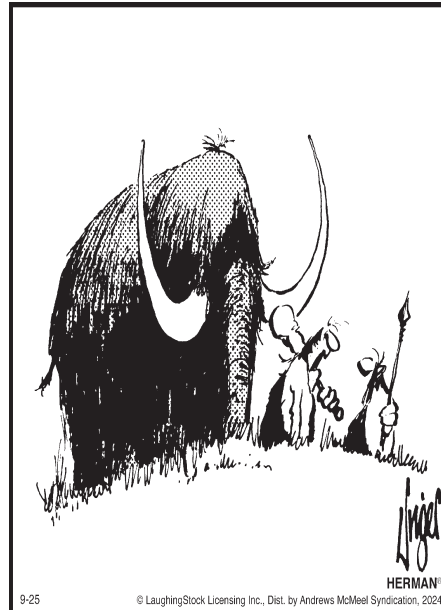
		3		8	1			2	
			5	9	4			3	6
		5	3		2	1		9	
				4	7			6	
5				1					3
	2		8	3					
2		1	4		8	3			
9	4		7	2	3				
7			1	5	2				

PREVIOUS SOLUTION

1	6	2	7	3	4	9	5	8
3	5	4	9	2	8	6	1	7
8	7	9	1	5	6	3	4	2
6	1	8	2	7	3	5	9	4
4	9	7	5	6	1	8	2	3
5	2	3	8	4	9	7	6	1
9	8	5	3	1	2	4	7	6
2	3	6	4	9	7	1	8	5
7	4	1	6	8	5	2	3	9

HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

HERMAN



"Don't keep saying, 'I wonder what it tastes like!'"

Man feels threatened by friend's new girlfriend

DEAR ABBY: I'm a gay man who is best friends with "Carl," a man who is straight. We are everything you'd expect of a normal friendship. On a surface level, there is no difference. He goes well out of his way to make me feel welcomed and accepted, and I appreciate it.

Recently, Carl found a significant other. I'm happy for him, because he really does deserve it. The problem is, I am jealous. I know without a shadow of a doubt that my relationship with Carl will never be anything more than platonic. I think I know why this bothers me so much -- Carl is nice, smart and attractive, and we get along amazingly -- yet someone other than me is with him.

Abby, the thing is, I never wanted to be with him before. (My darkest secret: I recently stole one of his shirts because I wanted part of him with me.) Now I feel like I betrayed our friendship, and I am a thief. I have so many mixed emotions. How should I handle our friendship going forward? -- LOST IN ARKANSAS

DEAR LOST: Your feelings under these circumstances are not unusual. You are afraid that because a third person has been put in the mix, your special relationship with Carl will be lost or diminished. It

doesn't have to be that way. You were always friends, and you can continue to be.

However, you may have to branch out and build new relationships, which will not only fill any empty time, but may also lead to you finding a special someone of your own. If you do not feel better after branching out, and there's an LGBTQ center near you, please consider talking to a counselor there to help you through this. If there isn't one, search online for emotional support.

DEAR ABBY: My husband recently lost a substantial amount of weight. He's 30 pounds lighter and has been maintaining it with up to a 10-pound fluctuation. Before he lost the weight, his family constantly commented on his weight and would ridicule him. They'd poke his stomach and say, "What's this?" in a not nice way. After he lost the weight, they continued with comments like, "Where'd your stomach go?" They never seem to cease. If he's on the heavier side, they comment about him gaining the weight back (it isn't true; the scale doesn't lie).

My husband is tired of being picked on and beaten down. He is at a healthy weight and happy with his body when he isn't being degraded. How should we let his family

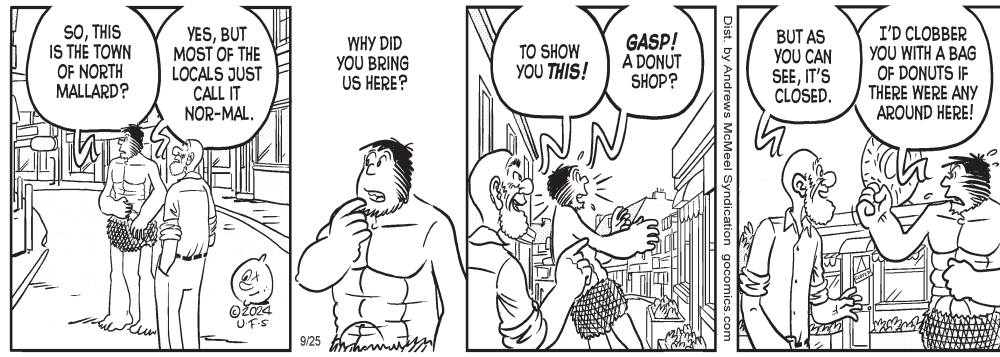


ABIGAIL VAN BUREN

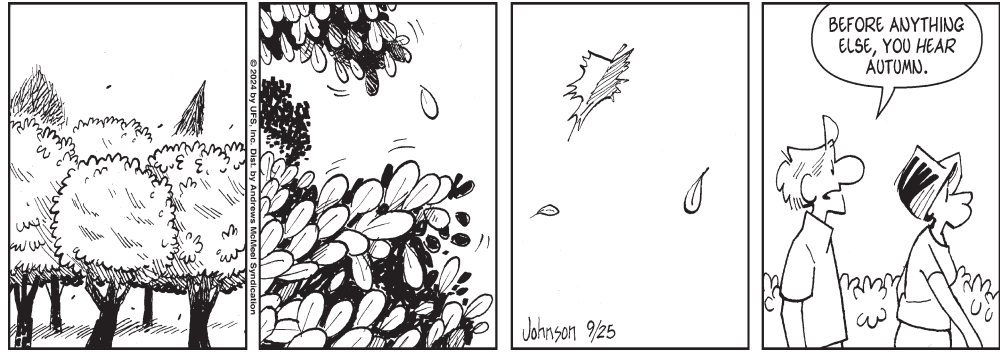
know we don't appreciate these comments? To clarify, this includes not only his immediate family but also his extended relatives. What would be a good way to tactfully say -- in the moment -- that we don't appreciate their commentary? -- PICKED ON IN OREGON

DEAR PICKED ON: I'm not sure you should handle these relatives with kid gloves. It might have more impact if your husband tells them, CALMLY, that he has tolerated their comments about his weight, but he finally has a handle on it and doesn't need their constant "weigh-ins." They are neither helpful nor funny, and they should stop. If not, they'll be seeing less of the two of you.

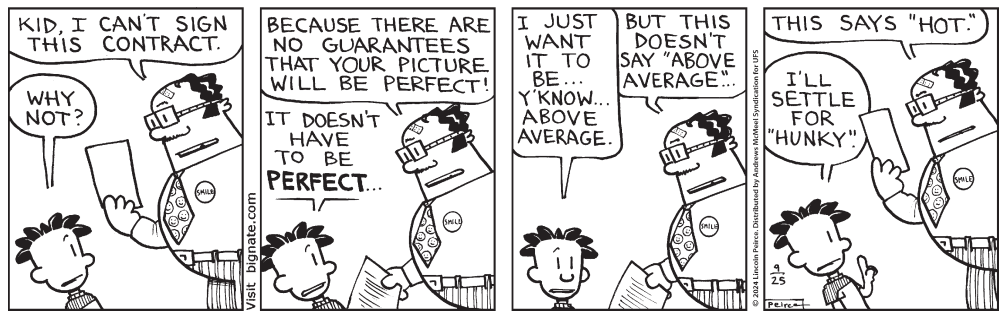
ALLEY OOP



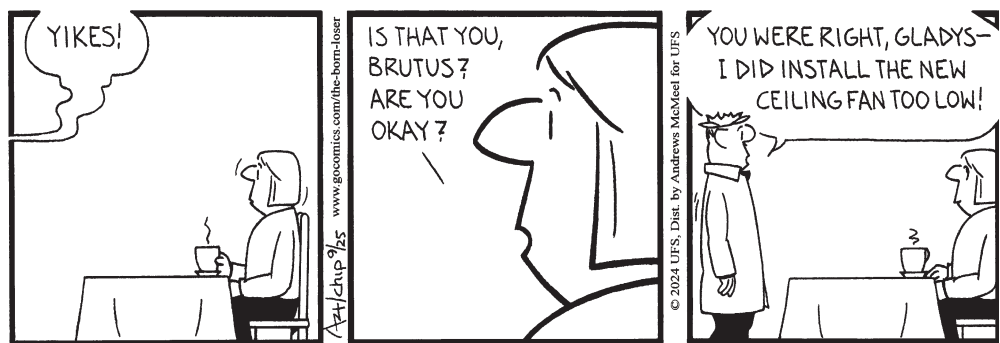
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BIG NATE



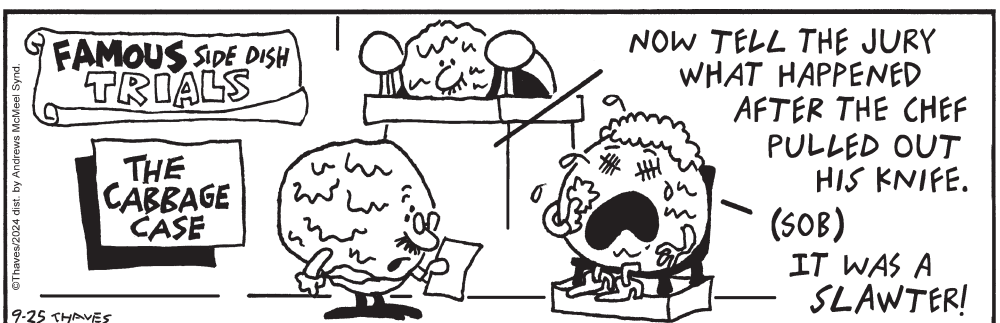
THE BORN LOSER



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Lifestyle

Colorado reaches new agreement with union that represents state workers

By **LYNDSEY TOOMER**
Colorado Newswire

Colorado state officials and the union that represents state workers reached a new agreement, signed by Gov. Jared Polis and union leadership Monday.

The agreement is the second of its kind following a 2020 law that allowed state workers to organize and bargain, and it's effective until the end of July 2027. Members of Colorado WINS, the union representing over 27,000 state workers, ratified the agreement that provides predictable wage increases as well as hiring and schedule requirements.

Colorado WINS President Skip Miller said union membership voted 97% in support of the agreement. The top priority Miller said members wanted included in the contract is a new "step" system that will better recognize people who have worked for the state for a long time.

Currently, if a state employee moves among state departments, their seniority resets, and they might be moved to a lower pay despite their time working with another state department.

"It kind of discouraged people sometimes from moving because you might move into a job ... and that seniority that you had previously might not count," Miller said.

The contract establishes a group of union members and state leaders who will work together during the first year of the contract to determine the best way to modify the step system. The new process will be implemented during the second year of the contract, so it will be effective for the third year.

"It's a very exciting step forward, especially in these difficult budgetary times, to give workers a certainty they need to make their commitments to the state so we can recruit and retain the very best people to deliver the services that are absolutely critical across our state," Polis, a Democrat, said at the agreement signing Monday at the Colorado Capitol.

Another part of the agreement is a commitment to help state employees obtain affordable housing in their communities. This will occur through a work group similar to the one looking into a better payment step system.

Miller said the state agreed to cover 100% of any increases in health care premiums over the three years of the new contract, meaning state employees will pay the same health care costs as they are now.

The union also negotiated a new minimum wage for state workers, increasing from \$15.75 per hour to \$16.55 per hour. State workers will all get cost of living adjustments as well, starting with a 2.5% raise on July 1, 2025, and a 3.1% raise on July 1, 2026.

The new contract expands on new standards related to diversity, equity, inclusion and accessibility, Miller said. Part of this is a commitment to address "any racial and gender pay disparities," which the union will work with the governor's office and the Colorado Legislature to find funding to do.

Hilary Glasgow, executive director of Colorado WINS, said improving state jobs means state services will also get better. She said while the agreement is a milestone, there's more work to do.

"I always remember our first conversations about how this was about reinvesting in Colorado, how we invest in our state workers, so that we're investing in our state services, so we're investing in the communities we live in," Glasgow said to Polis at the agreement signing. "And I'm looking forward to working with you to fulfill that shared mission."

Miller said while unions "never get 100%" of what they want from negotiations, they got commitments to continue working on their top priorities. Since this was only the second time Colorado WINS negotiated a contract with the state, he said negotiators cleaned up language and other details that

needed to be improved from the first contract.

"That first contract we had, there was no previous contract to work off of," Miller said. "There were some things that we had to work on clarifying the language."

All of the financial changes included in the new contract will go into effect July 1, 2025, includ-

ing the new minimum wage. Eric Maruyama, a spokesperson for Polis, said the new partnership agreement will be factored

into the governor's Nov. 1 budget request, which will have more details on how much the new agreement will cost the state.



Photo by Lindsey Toomer/Colorado Newswire

From left, Colorado WINS President Skip Miller, Colorado Gov. Jared Polis and Colorado WINS Executive Director Hilary Glasgow sign a new agreement the union representing state employees reached with Colorado officials, Sept. 23, at the Colorado Capitol.

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kids' corner

SPORTS FACT:



This sport is the leading cause of eye injuries in children.

Answer: Basketball

How they say that in...

English: Run
Spanish: Correr
Italian: Correre
French: Courir
German: Laufen

Crossword Puzzle

1		2				3
4						
5						
						6
7						

ACROSS

1. A thing a person does
4. Connective tissue
5. Grabs and stops a person
7. Competitive activities

DOWN

1. Sports participants
2. Aggressive person
3. Someone who is young
6. Extra time in a game (abbr.)

Answer:
Across 1. Activity 4. Ligament 5. Tackles 7. Sports
Down 1. Athletes 2. Thug 3. Youth 6. OT

THIS DAY IN HISTORY

SEPTEMBER

21

1933: Salvador Lutteroth establishes Mexican professional wrestling.

1964: Malta gains independence from the United Kingdom.

2001: "America, A Tribute to Heroes" is broadcast by more than 35 television channels, raising more than \$200 million for 9-11 attack victims.

NEW WORD

PENALTY

a disadvantage imposed on a team for breaking a rule

Did You Know?



Protective equipment and padding helps to reduce the risk of injury when athletes play football.



Get the PICTURE?



Can you guess what the bigger picture is?

Answer: Safety goggles



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