



Checking in on CHSAA's boys basketball rankings.

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Freezing weather, furry friends.

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Valley Courier

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LOCAL NEWS... LOCAL VIEWS

JANUARY 23, 2020

\$1

Imagine Your Ad Here!

SLV Today Ice Fest change

ALAMOSA — The Rio Frio Ice Fest, which will be held from Friday-Sunday, has changed for the location of the Luminaria X-Country Skiing Event. It will now be held at Blanca Vista Park on the pond this Friday evening — at the same time — from 6-8 p.m.

Office closed for training

ALAMOSA — Alamosa County Treasurer & Public Trustee, 8999 Independence Way, Alamosa, CO 81101, sincerely apologizes for any inconvenience, but its office will be closed for training on Tuesday Jan. 28 from 8:30 a.m. - 1 p.m. for Software Training. Our normal hours are M-F 8-4:30 and we don't close for lunch.

SLV Electric meets Jan. 28

MONTE VISTA — The regular board of directors meeting for San Luis Valley Rural Electric Cooperative, Inc. is scheduled for Tuesday, Jan. 28 at the office located at 3625 U.S. Highway 160 W. Monte Vista, CO 81144. This meeting begins at 9:30 a.m. with a SLV Energy Foundation and Ciello board meeting immediately following.

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SLV WEATHER



Partly Cloudy 36/0

Thur.: Partly Cloudy 36/6 Fri.: Partly Cloudy 37/5

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Joergensen arson case drags on

By SYLVIA LOBATO

SAN LUIS — Jesper Joergensen, a 54-year-old immigrant from Denmark who is in the U.S. illegally and wrote repeatedly about anarchy on social media and faces more than 200 charges of felony arson, was set for a hearing last week, but is still on the waiting list.

On June 28, 2018, he allegedly started the Spring Fire in which destroyed thousands of acres and numerous homes in Costilla and Huerfano counties. He is set for a status conference at 1 p.m. on Feb. 13.

ence at 1 p.m. on Feb. 13.

Since the presiding judge is from Durango, he must work through the system and most of the proceedings are done by phone. A hearing is planned April 14. Joergensen was bound over for trial Feb. 14, 2019 in Costilla County and faced charges from Huerfano.

On April 23, 2019, Joergensen, accused of starting the fire, was back in the courtroom for a status update on the motions filed by both the defense and prosecution.

However, he used the preliminary hearing as an opportunity to voice his own opinions.

Facing charges of first-degree arson, Joergensen claimed that his attorney wasn't giving him information on the case and asked the judge for new representation. His defense attorney refuted these claims to the judge, who agreed with him.

Joergensen then asked for a change in venue and a different judge, claiming he did nothing wrong and is being treated unfairly.

However, Joergensen has changed his story on how the fire started multiple times.

According to ICE, Joergensen is a deportable alien, defined as an alien in and admitted to the United States subject to any grounds of removal specified in the Immigration and Nationality Act. This includes any alien illegally in the United States, regardless of whether the alien entered the country by fraud or misrepresentation or entered legally but subsequently violated the terms of his or her nonimmigrant classification or status."

Medinas leave legacy

Dolores, Manuel live on through scholarship

ALAMOSA — The legacy of Manuel and Dolores Medina will live on through Adams State University.

Barbara Medina, Ph.D., former teacher, education chair, and her siblings recently established a scholarship endowment to honor their parents who valued education and service to community.

"My siblings and I had conversations and decided Adams State would be a great partner and a way to ensure continuity of our parents' generosity and value of education."

The Manuel and Dolores Medina Memorial Scholarship will assist Adams State University students with their educational expenses.

The couple raised nine children on a small farm in Crowley County.

"Our parents saw to it that we had opportunity for further study post high school," Barbara Medina added. "They instilled in us as young children both intellectual curiosity and the value of hard work."

Manuel and Dolores Medina had three family members earn degrees from Adams State: daughter Emily Medina Trujillo, Class of 1970; and two granddaughters, Veronica Vigil, Class of 2006, and Mia Medina-Bohanan, Class of 2008.



Courtesy photo

The family of Manuel and Dolores Medina established an Adams State University Memorial Scholarship.

Adams State students from counties of Crowley, Otero and Bent will receive first preference to receive the Manuel and Dolores Medina Memorial Scholarship. They must major in agribusiness, education or sociology (social welfare), as well as meet additional criteria.

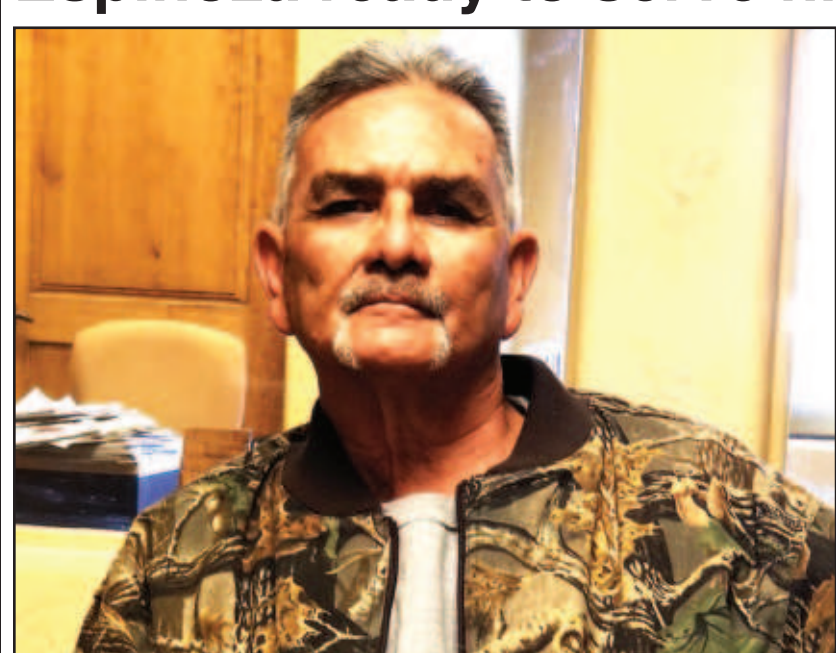
"Many family and community members wanted to honor my parents' legacy of hard work, value for education and engagement with one's community," Barbara Medina said. "We, as a family, are very grateful to Adams State for their commitment to those same values and we look forward to building upon and continuing our parents' legacy through our establishment of this endowment."

Adams State scholarship applications are due by Feb. 1 for the 2020-2021 academic year. Current or prospective students can visit adams.edu/financial-aid/scholarships for information on all available scholarships.

To contribute to the Manuel and Dolores Medina Memorial Scholarship, visit adams.edu/foundation.

Press release for report courtesy of Linda Relyea, 719-587-7827; lsrelyea@adams.edu; www.adams.edu/news.

Espinoza ready to serve his community



Courier photo by Daniel McKillop

Robert Espinoza, pictured above, announces that he is running for Costilla County Commissioner, District 1.

COSTILLA COUNTY — Robert Espinoza, a lifelong resident of Costilla County, announced that he is running for Costilla County Commissioner, District 1, as a member of the Democratic Party.

"I believe in helping one another through actions and would be honored to run for Costilla County Commissioner, District 1, to continue serving my community at a larger capacity," said Espinoza in a type-written letter announcing his intention to run for the seat.

Espinoza joined the U.S. Marines Corps in 1973 and served his country for eight years.

Three of those years were spent overseas, Espinoza said. He was deployed in Japan, Korea and Okinawa.

Upon returning from overseas, he resumed his tour of duty at Camp Pendleton, California, as a Marine Amphibious Brigade-12.

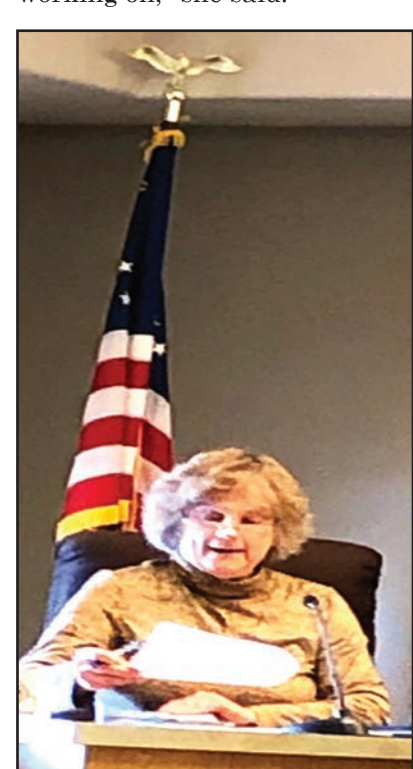
■ See MARINE page 3

Grants available to support outreach for 2020 Census

ALAMOSA — The San Luis Valley Complete Count Committee has announced it will provide grants to counties, and non-profit or faith-based organizations in the San Luis Valley to support the accurate counting of the population of the six-county (Alamosa, Conejos, Costilla, Mineral, Rio Grande, Saguache) region for the 2020 Census.

The funds are from the State of Colorado's Department of Local Affairs and the department's 2020 Census Outreach Grant Program. Grants will be awarded to conduct 2020 Census outreach.

■ See GRANTS page 3



Courier photo by Helen Smith

Helen Sigmond, pictured above, announces her candidacy for Alamosa County Commissioner District 3 Wednesday morning.

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Record

OBITUARIES

Ronald Jay Nielson, 64

SAN LUIS VALLEY — Ronald Jay Nielson, known to friends and family as "Soupy," passed away on Jan. 20, 2020, at the age of 64.

Soupy graduated from Sanford High School and later trained in diesel mechanic and tractor service technician operating his own service truck.

He later spent many years as a over the road truck driver. A native of Sanford, he was known for his whole-hog barbeque and custom-made knife business. Soupy was always willing to help a friend or spend time visiting and telling stories.

Those who knew him will miss his annual fruit run bringing back the best apples, peaches, pears, and tomatoes to those in the southern San Luis Valley.

Per Soupy's request, there will not be a funeral or services at this time.



There will be a barbeque on July 18, 2020, at Betty and Jesse Rogers' shop in Sanford, so friends and family can gather, eat, and share memories and stories as Soupy did.

There will be more information to follow closer to the event.

To express condolences to the family, please visit www.rogersfunerals.com

Rogers Family Mortuary in Alamosa is in care of the arrangements.

Rebecca (Grandma Becky) Marie Martinez, 70

ALAMOSA — Becky Marie Martinez went to her eternal rest with her Heavenly Father early Saturday morning, Jan. 18, 2020. She was born in Monte Vista on Oct. 21, 1949 to Joe Procopio Medina and Eufelia (Felix) Medina (Naranjo).

Becky was a dedicated mother, grandma, great grandma, sister, aunt, cousin and friend. She loved her family dearly, and they loved and cared for her selflessly. Becky enjoyed listening to her gospel music and sermons. She was a dedicated believer in God and ready to go with Him. She enjoyed helping whenever she could and was a big part of our reunions. She made gift bags for her church. Her greatest joy was her family, who took her out with them to their outings.

Becky had a sense of humor and lived her life to the fullest and didn't complain about her illnesses. She was so ready to go with her Lord and Savior.

Becky is survived by her daughters, Lynette (David), Karen (Juan) Majalca; grandchildren Olivia, Cristina, Amy, Blanca Cano, Juan (Clarissa), Ben (RyAnna), Nancy (Sam) Montoya, and Maribel Majalca, Kenny Jr., Andrew, Ashley Martinez, Anthony, Angelo and Orion Montoya; step grandchildren Brian and Britany Marti-



nez; great grandchildren Mia Majalca, Avery Cano, Manuel Robles, Kilie Aaragon, Aquiles, Romelo, Leo and Miguel. Also survived by sisters, Juanita Archuleta, Esther (Cecil) Sewell, Annie (Roberto) Segura, Orlanda (Maxi) Ventura, and brother, Art (Ursula) Medina, and very special cousin Joyce (Mark) Renshaw.

Becky was preceded in death by her husband, Ben; son, Kenny; mom, dad; sisters, Gloria Montoya, Verna Retana and Carol Campa; brother, Thomas Medina, and special friend Leo Montoya.

Becky will be greatly missed by us all, but we know she is in a far better place. There will be a 2 p.m. service for Becky at "The Door" at 1300 West 12th on Highway 285 near "Family Dollar." A dinner will follow at the "Knights of Columbus" at 812 8th Street.

Ruben 'Max' Martinez, 89

MONTE VISTA — Ruben "Max" Martinez, age 89, of Pueblo and formally of Monte Vista, passed away on Jan. 14, 2020 at home with his loving wife Estella, daughters Pauline (Jerry) Trujillo, Joyce Martinez, Maxine Martinez, grandchildren and great-grandchildren by his side.

Cremation has been chosen through Angelus Chapel Mortuaries of Pueblo. Rosary is to be recited Thursday, Jan. 23, 2020 at 6 p.m. at Holy Family Catholic Church in Pueblo. Memorial Mass will be held on Friday, Jan. 24, 2020 at 11 a.m. at Holy Family Catholic Church. In lieu of flowers, the family requests a donation to be made to a hospice care organization of your choice.



ily Catholic Church. In lieu of flowers, the family requests a donation to be made to a hospice care organization of your choice.

PENDING OBITUARY

Kyle Montgomery

BOUNTIFUL — Bountiful resident Kyle Montgomery, 30, died Jan. 21, 2020 at the University Hospital in

Aurora. Funeral services are pending and will be announced through Rogers Family Mortuary.

COURIER POLICY ON OBITUARIES

The Courier charges \$30 for each obituary per day. Pending arrangements or death notices are free. This charge affects funeral homes, family or other representatives that place obituaries. All paid obituaries are published on www.alamosanews.com, for no additional fee.

Please email obituaries if possible to news@alamosanews.com If the newspaper errors in publishing an obit, corrections will be made and the obit rerun. If the errors are on the part of the submitting party, an additional fee will be assessed.

ONGOING VALLEY MEETINGS

ALAMOSA—The San Luis Valley Military Family Support Group meets the fourth Tuesday at 7 p.m. in Alamosa. For more info call Vicki Jones at 852-3123.

ALAMOSA — Sierra Blanca Chapter #43, Order of The Eastern Star, meets on the first and third Mondays, at 7:30 p.m. at the Alamosa Masonic Hall, 512 San Juan Ave. Call Sharon at 589-4320.

ALAMOSA — La Leche League of the San Luis Valley holds its monthly meetings on the fourth Saturday at 11 a.m. at Hospice del Valle, 524 Main St. in Alamosa. Pregnant and nursing women are welcome to attend with their children and babies. Please call 587-3657.

ALAMOSA —The Alamosa Kiwanis Club meets on the second, third and fourth Thursdays at noon at IHOP. Contact: Amanda Wilkinson, 719-589-2564 or email amanda@alamosastatebank.com

ALAMOSA — The Optimist Club of Alamosa meets at Nino's Restaurant in Alamosa the first and third Tuesdays at noon. Contact the club at alamosaoptimistclub@gmail.com or President Dawn Melgares at 719-580-0178. Visitors and new members are welcome.

ALAMOSA —The Alamosa Rotary Club meets every Monday at noon at Juanitos in Alamosa. Contact Dean Swift, 589-3499 or dean@deanswiftseed.com

ALAMOSA — Veterans Therapeutic/Support Group meets every Monday from 5-6:30 p.m. at 315 State Ave. Ste 101, Alamosa. Call 588-8885 to register or email d.counselingservices@hotmail.com

SOUTH FORK — Kiwanis meets every Thursday at 8 a.m. at the Feelin' Good Coffeehouse in South Fork. Contact: Karen Miller, 719-873-5466 or email mkmiller-mink@aol.com

MONTE VISTA—The Alzheimer's Caregiver's Support Group meets on the second Thursday from 11 a.m. to noon at the Chamber of Commerce, 947 1st Avenue, Monte Vista. Call the Southern Colorado office at 719-372-5985.

ALAMOSA — TOPS (Taking Off Pounds Sensibly) CO 568, Alamosa, a non-profit weight loss organization, meets every Tuesday evening at the College Heights Baptist Church at 2035 Church Avenue in Alamosa. Weigh-in is at 5:30 p.m. with an informative meeting at 6:15. Anyone interested in having weight loss support is welcome to attend a free meeting or call Doris at 589-6396 for more information.

ALAMOSA — Search and Rescue meetings are the fourth Tuesday at the Alamosa County Sheriff Office, 1315 17th St., at 6 p.m. Anyone interested in becoming a volunteer is welcome. Call Suzi at 719-588-9236.

ALAMOSA—The San Luis Valley Photography Club meets the first Wednesday at the Alamosa Public Library at 6:30 p.m. Contact Stephen Jensen at 379-0001 or slvphotostephen@gmail.com

ALAMOSA — Families Healing Families is a community-based organization that provides support and resources for families affected by the impact of substance abuse. They meet on the third Thursday at 6:30 p.m. at the Senior Citizens Center at 92 Rio Grande Ave. (on the north end of Cole Park) in Alamosa.

ALAMOSA—Peace Meditation at the Campus Ministry Office, Adam State University, Alamosa, is held on Thursdays at 5:15 p.m. Everyone is invited. Contact Candace Knowlan 805-886-6959.

ALAMOSA—American Legion Auxiliary Unit #113, Alamosa, holds its monthly meeting at 6 p.m. on the second Wednesday at the American Legion Building at 514 Fourth Street, Alamosa. Call Evelyn Espinola at 719-313-1466 or Alice Robinson at 589-0543.

ALAMOSA — Open drop-in meditation for health, stress management and spiritual growth, is held at 10:45 a.m. the second Sunday of the month at St. Thomas Episcopal Parish Hall, 607 Fourth St., Alamosa, with Mountain Institute, A Kriya, Meditation & Lamp-lighting School. Contact Martin at 575-758-5876 or talentolocal@live.com

ALAMOSA — Youngsters are invited to the Alamosa Public Library Story Room every Friday morning to sing, color, dance, read, enjoy adventures, share with friends and giggle. Babies and toddlers are welcome at 9:30 a.m. and preschoolers at 11 a.m.

ALAMOSA — Free breast feeding classes are offered in Alamosa at the San Luis Valley Health Education and Conference Center on the second and fourth Mondays of each month from 3-4 p.m.

MONTE VISTA — Valley Fiber Art Guild — VFA is a group for anyone interested in fiber arts: knitting, crocheting, weaving and spinning. We work on our individual projects, sometimes do projects together and learn from each other. We meet the fourth Saturday of every month from 1

p.m. until 4:30 p.m. at 757 County Rd. 29, Monte Vista. Call or email Wanda Couzens-Smith for more information at (719) 852-5000 or wcouzenssmith@gmail.com

ALAMOSA—Alamosa Masonic Lodge meetings are every first and third Thursdays at 7 p.m. (except June, July and August) at the Alamosa Masonic Lodge, Main and San Juan.

ALAMOSA—A Caregivers Support Group meets at First United Methodist Church, 2005 Mullins, Alamosa, on the first Monday of every month. For more information, call 589-2243.

ALAMOSA — Alamosa Toastmasters meets on Mondays at noon at The Bridge in Alamosa at 3407 Carroll Street. Participants will find a supportive learn-by-doing environment that allows them to achieve their goals at their own pace. Call (719) 588-5127.

ALAMOSA — The GFWC Woman's Citizenship Club of Alamosa meets on the second Friday at noon from September through May at First United Methodist Church, NW door, 2005 Mullins Ave. For more information, please email: womancitizenshipclub@gmail.com

ALAMOSA — Made up of community members who write in many different genres, the Sophia Circle meets weekly to provide support for writers and their writing projects in the downstairs conference room at the Colorado Welcome Center at Alamosa, 6th and State on Sundays from 1-3 p.m.. Writers may drop in on any meeting. Bring copies of the work you want to share. Call Holly at 719-588-7066.

CENTER—The Center Kiwanis meets every Monday at 6:30 p.m. in the Kiwanis Hall in Center. Contact Dick Ramstetter at 719-580-3329.

ALAMOSA — Silver Linings, an open and free positivity group, meets Wednesdays at 5:30 p.m. at Nestle Toll House Café in downtown Alamosa.

ALAMOSA — Groups are held for women who have experienced domestic violence every second Tuesday from 5-6 p.m. at the Grizzly Training Center, Alamosa. There will be refreshments and childcare provided. Contact Jennifer McCoy-Hanna at Tu Casa, Inc. 719-589-2465.

ALAMOSA — Grief support group meets the first Tuesday of every month at 300 Hunt at the Alamosa Public Library from 5:30-6:30 p.m. For more information, call Liz Hood, 580-3697.

ALCOHOLICS ANONYMOUS MEETINGS

VALLEY — The San Luis Valley offers many Alcoholics Anonymous groups.

A.A. members' primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Following are District 3 San Luis Valley AA 12-Step Meetings. The 6th Tradition states that we are not affiliated with any outside organizations, but in the spirit of cooperation, we list these meeting schedules for friends and family. For information, call 719-937-5083.

SUNDAY
5:30 p.m. Sacred Heart Parish Center at 3rd and Edison, Alamosa
7 p.m. Town Hall at 108 W Galena Ave., Crestone

MONDAY
12 p.m. St. Thomas Episcopal Hall at 607 4th St., Alamosa
5 p.m. Women's Meet-

ing at Masonic Hall, 598 Spruce St., Del Norte
7 p.m. Community Church on Main St., Creede

7:30 p.m. Creative Resource Center at 304 Walnut St., La Jara

TUESDAY
12 p.m. First Christian Church at 1st and State, Alamosa
8 p.m. Mountain View Presbyterian Church at 2nd and Broadway, Monte Vista

WEDNESDAY
12 p.m. First United Methodist Church at 2005 Mullens, Alamosa
6 p.m. Senior Citizen's Building at 710 Main St., Antonito
6 p.m. Amistad of San Luis at 403 Main St., San Luis
7:15 p.m. RV Park in Blanca
7:30 p.m. Masonic Hall at 598 Spruce, Del Norte.
8 p.m. St. Thomas Episcopal Church at 607 4th St., Alamosa.

THURSDAY
12 p.m. First Christian Church at 1st and State, Alamosa

12 p.m. Crestone Baptist Church, County Rd. T, Crestone

7 p.m. Community Church on Main St., Creede

7:30 p.m. Creative Resource Center at 304 Walnut St., La Jara.

7:30 p.m. Ables/Disables, Baptist Church at 751 Lincoln St., Monte Vista

FRIDAY
7 p.m. Sacred Heart School at 3rd and Edison, Alamosa.

SATURDAY
5:30 p.m. at 929 State Ave., Alamosa
6 p.m. Senior Citizen's Building at 710 Main St., Antonito.
8 p.m. Mountain View Presbyterian Church at 2nd and Broadway, Monte Vista

For schedule changes, please contact your group service representative (GSR)

AL-ANON

TUESDAY
8 p.m. 15 Country Club Dr. Monte Vista

WEDNESDAY
5:30 p.m. SLV Behavior Health Group at 8745 CR 9S., Alamosa

THURSDAY
5:30 p.m. First Christian Church at 518 1st St., Alamosa

7 p.m. Crestone Town Hall, downtown Crestone (second and fourth Thursdays)

School Menu
--- Thursday ---
Jan. 23, 2020

- BREAKFAST**
Breakfast Bites
Juice & Fruit
- ELEMENTARY**
Chicken Fried Steak
Mashed Potatoes w/Gravy
Roll
Vegetable Bar
- SECONDARY**
Domino's Pizza
Green Beans
Vegetable Bar

An assortment of fresh fruit and canned fruit as well as fresh vegetables and canned vegetables will be offered weekly. Menu subject to change.
To sponsor the School Menu call 589-2553

San Luis Valley Crimestoppers

If you have information about an unreported or unsolved crime in the San Luis Valley, Crimestoppers pays for information that leads to the arrest of criminal offenders. Citizens may report crimes anonymously and remain eligible for rewards.

Call San Luis Valley Crimestoppers at 589-4111.



Valley News

Colorado National Guard celebrates 160 years of service

CENTENNIAL — For 160 years, the Colorado National Guard has served our communities, state and nation.

The CONG dates to Jan. 23, 1860, when the 1st General Assembly of the Jefferson Territory authorized the formation of two military companies of Citizen-Soldiers — the “Jefferson Rangers” and the “Denver Guards” — to quell a lawless band of thieves known as the “Bummers.” The Bummers, as turkey thieves, terrorized the community west of present-day downtown Denver, during what became known as the “Turkey War.”

“This is a special day as we celebrate 160 years of Colorado National Guard history in the making,” The Adjutant General of Colorado U.S. Air Force Maj. Gen. Michael Loh said. “Our National Guard Soldiers and Airmen have answered the call of our state and nation, taking their place in Colorado’s history.”

The CONG fought its first federal campaign during the Civil War. William Gilpin, Colorado’s first governor, organized the “Colorado Volunteers,” the official Territorial Militia, for the defense of the territory and to oppose the looming invasion of Confederate forces.

The 1st Colorado Volunteers met and defeated the Texas Confederates at La Glorietta Pass, New Mexico, March 23-25, 1862, ending the Confederacy’s plans to appropriate the mineral wealth of the West.

On the night of May 19, 1864, flash flooding along Cherry Creek in Auraria, now downtown Denver, killed about 20 people and caused \$1 million in property damage.

The Colorado Volunteers helped save many lives by pulling people out of the flood waters using a boat that they built by hand themselves. This was the CONG’s first disaster response.

CONG units served during the Spanish American War, World War I, and in both European and Pacific theatres during World War II.

As part of the U.S. Army’s 45th Infantry Division during WWII, the CONG’s 157th Infantry Regiment helped liberate Dachau Labor Camp in Germany, April 29, 1945. This year marks the 75th anniversary of the liberation of Dachau.

Following WWII, in June 1946, the Colorado Air National Guard’s 120th Tactical Fighter Squadron received federal recognition as the first Air National

Guard unit in the nation, one year prior to the establishment of the U.S. Air Force in 1947.

Elements of the CONG were called for federal service in 1950 for the Korean Conflict, in 1961 during the Berlin Crisis, in 1962 for the Cuban Missile Crisis, and in 1968 in support of forces serving in Vietnam. The ‘68 call-up of the 120th Tactical Fighter Squadron was the first activation of a complete Air National Guard unit for the Vietnam War.

CONG members mobilized for Operation Desert Shield/Storm in 1990-1991, providing units on the ground in Saudi Arabia.

The CONG supported Operations Northern and Southern Watch with fighter over-watch of northern and southern Iraq, preventing Iraqi airstrikes.

Colorado was one of the first states to form alliances under the National Guard’s State Partnership Program, which promotes peace and security around the world. Colorado forged strategic, enduring friendships with Slovenia in 1993 and Jordan in 2004.

Within hours after the 9/11 terrorist attacks, CONG Soldiers and Airmen

activated as part of Operation Noble Eagle, guarding sensitive sites across the state, including Denver International Airport, while dedicated aircrews protected Colorado’s skies, a mission that continues today.

CONG members now also defend the homeland 24/7 using cyber, space and missile defense capabilities.

Thousands of CONG Soldiers and Airmen have deployed for the war fight since 9/11.

Through its state mission, the CONG has assisted civil authorities to save lives, reduce suffering, and mitigate great property damage during floods, wildfires, blizzards, hurricanes, a tornado, and even a grasshopper infestation. Using specialized rotary wing hoist capabilities, the CONG has helped ground rescue teams save hundreds of victims in Colorado’s high country.

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Report courtesy from a press release by the Colorado National Guard Public Affairs.

SafeCare® visits with Kiwanis



Courtesy photo

On Jan. 16, the speaker at the Kiwanis meeting was Marie Harrelson with SafeCare® Colorado. SafeCare® Colorado is a free, voluntary parent support program for parents and caregivers with children ages 5 and under who need extra support to keep their families safe and healthy. Parent support providers help build on existing skills in the areas of parent-child interactions, home safety and child health. SafeCare® typically takes 18-20 weekly sessions to complete (about 4-6 months) and each session lasts 1 to 1.5 hours.

Sacred Heart, SLV Health to host Wellness Fair

ALAMOSA — Sacred Heart Catholic Church, in collaboration with the SLV Area Health Education Center, is host-

ing a free community wide Health and Wellness Fair on Feb. 15 from 8-11 a.m. at Faistl Hall 715 4th Street, Alamosa. Free

screenings will include cholesterol, glucose, blood pressure and Body Mass Index. Lab results will be available within minutes.

For optimal results, fasting for 12 hours with water consumption is suggested. For more information, call 719-588-5363.

Reserve a table now for the Adams State Spring Career Fair

ALAMOSA — Get the best recruits for your business or school.

The Adams State University Office of Civic Engagement and Career Services is

sponsoring its spring 2020 Career and Graduate School Fair for students, alumni and community. Organizations and graduate school recruiters can reserve a booth now.

The fair is scheduled from 10 a.m. until 3 p.m., with a 9 a.m. set-up time, Tuesday, March 5, in the Adams State Student Union Building banquet rooms on the first floor.

Early Bird registration is \$40, through Jan. 31 and cost is \$50 after the deadline. To register visit adams.edu/students/career-services/employer-resources/. Registration includes a 6-foot table, two chairs, lunch for two, WIFI, and free parking.

For more information, call 19-587-8105 or civcengagement@adams.edu.

Grant

Continued from Page 1

promotion, and education to focus on hard-to-count communities in the San Luis Valley and to increase the self-response and accuracy of the 2020 Census. Hard-to-count communities are groups or populations that are historically undercounted and have not responded to the Census questionnaire. Areas where less than 73% of the population has responded to previous censuses are

considered hard-to-count.

In the San Luis Valley, that includes the City of Alamosa, the counties of Conejos, Costilla and Saguache. The south-central part of Saguache County, including the Town of Center, has the lowest historical rate of participation in the census at less than 60%.

Non-profit or faith-based organizations may request up to \$3,000 and must provide a 10% match in cash or in-kind and it is assumed this match will cover administrative costs

of the recipient.

Counties may request up to \$2,000 and must provide a 10% match in cash or in-kind and it is assumed this match will cover administrative costs of the recipient.

Applications and information are available online at www.slvscensus.com.

The San Luis Valley Complete Count Committee was established by the San Luis Valley Council of Governments to increase awareness and encourage residents of the San Luis

Valley to respond to the 2020 Census. Members of the committee include representatives from counties and municipalities, and non-profits organizations from the San Luis Valley.

To be a part of the San Luis Valley Complete Count Committee, or to learn more about the 2020 Census, call Hew Hallock at 719-589-6099. More information is at www.slvscensus.com.

Report courtesy from a press release by Hew Hallock, Director of Research.

Marine

Continued from Page 1

was an operations chief. He was honorably discharged with the rank of sergeant.

He also served in National Guard, Monte Vista, as Specialist 5, combat medic, from 1981-86.

Espinoza said when he returned to his hometown Fort Garland, he attended Adams State University in Alamosa for three years.

He started working at Blanca/Fort Garland Community Center and has been serving as its

facility coordinator for 38 years. He teaches first aid/CPR certification classes and conducts life-guard training and swim lessons as a certified pool operator.

In the 1980s, he was part of the group that formed the Quick Response Team for the Blanca/Fort Garland area, and he participated as part of that team, Espinoza said. He continued to aid his community by becoming an EMT for the Costilla Ambulance District for over 30 years, and he is a member of the board.

He was a karate instructor for 15 years at the Blanca/Fort Garland Community Center.

He also taught boxing at the center for many years and continues to assist those that are part of the younger generation that has an interest in the sport.

“I am a very active figure in my community and am passionate in being a part of raising our youth,” Espinoza said. “At times, I have to take a stand against disrespectful conduct and manner, which may upset some of

the kids. But in the long run, they return to say my concern was appreciated.”

Espinoza said he is a minister for Jesus Christ at the Church of God in Alamosa.

He said he facilitates Bible studies on Wednesday evenings at the Blanca/Fort Garland Center and he conducts Bible studies for the inmates at the Costilla County jail on Fridays.

His wife, Debra Espinoza, assists him on the evenings that the women are able to participate.

Rotary Club meets Monday

ALAMOSA — The Alamosa Rotary Club is pleased to announce that Nicolle Rosecrans of the San Luis Valley Voluntary Organizations Active in Disasters (or VOAD) will speak on Monday at noon at Juanito’s Restaurant, 1019 6th Street.

Rosecrans has been Rio Grande County’s emergency manager since September.

SLV Voluntary Organizations Active in Disasters seeks to develop relationships throughout the Valley that prepares its communities to deal with disasters that may come along.

See its website or Facebook for more information. See <https://www.slvvoad.org/>.

To find out more about Rotary International visit www.rotary.org.

For more information about the Alamosa Rotary Club, visit its Facebook page or contact club president Chris Quintana at chris.quintana@slvfed.com.

The club meets Mondays at noon at Juanito’s in Alamosa and everyone is welcome to attend.

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Opinion

God bless America ...

HOLLYWOOD— God Bless America, and how's everybody?

Green Bay Packers quarterback Aaron Rodgers blamed Sunday's playoff loss to the 49ers on not having home field advantage.

The 49ers defense knocked him onto the ground all day. If Aaron Rodgers had been protected by Allstate instead of State Farm he'd have been protected from Mayhem, like this.

President Trump flew to Davos, Switzerland, Monday for the annual conference of the world's billionaires, tech giants, and CEOs of every major industry to plot the future. Just how exclusive is this club?

To get an invitation, a President of the United States has to know a guy who knows a guy.

The National Archive was slammed for archiving a photo of the Pussy Hat Women's March of 2017 and blurring out the vulgar anti-Trump signs. Critics only galvanize this president. Trump went to the Women's March protest on Saturday and came back with a sandwich and his shirt ironed.

The U.S. Senate Chamber hosted the impeachment trial of President Trump on Tuesday. Tensions are high, yet the result is not in doubt. When Trump is acquitted, House Democrats are going to lose their crap faster than a homeless guy in San Francisco walking up Nob Hill after three sweet potatoes.

Congress split up into warring legal camps with Democrats and Republicans rabid to attack or defend the president in the Senate trial. How fed up are voters over this circus? According to the latest national poll, the American people's interest in the Royal Family is at a level unseen since 1759.

Washington D.C.'s Martin Luther King memorial statue was site of a special event celebrating the life of the great civil rights leader, who would have been 91 today.

I'm sure that if MLK were alive, he'd still have a dream. It's just that it would be interrupted five times a night to get up and pee.

Prince Harry faced reporters in London Monday to state why he's forsaken his Royal duties to follow his wife off to Canada, causing the Queen to strip him of his royal title.

This turned out to be some fairy tale. Meghan Markle will go down in history as the first woman to turn a Prince into a frog.

Prince Harry said Monday that England will always be his home even if he's living in Canada or the U.S. The real news isn't that Harry has abdicated his royal duties. The real news is that a 35-year-old Millennial just moved out of his grandmother's house and gave up his allowance.

Canadian newspapers reported Duchess Meghan took the boat from the island off Vancouver where she's staying into Vancouver to visit a woman's shelter. According to the Globe tabloid, as a child Meghan Markle dreamed of growing up to be a princess. Oh no, sorry, that was Bruce Jenner.

Nancy Pelosi signed her name to the articles of impeachment in an elaborate ceremony Friday morning. She then handed out the nine pens she used to spell out Nancy Pelosi on the document. Leave it to Congress to spend a bazillion dollars on pens that only have enough ink to write one letter.

Richmond had an NRA rally Monday protesting Governor Northram's gun-control bill where the media hoped to see Nazis and Klansmen, but all they saw were peaceful gun rights activists of all races.

They can't believe Northram would do this to them. At least General Grant let the Virginians keep their guns.

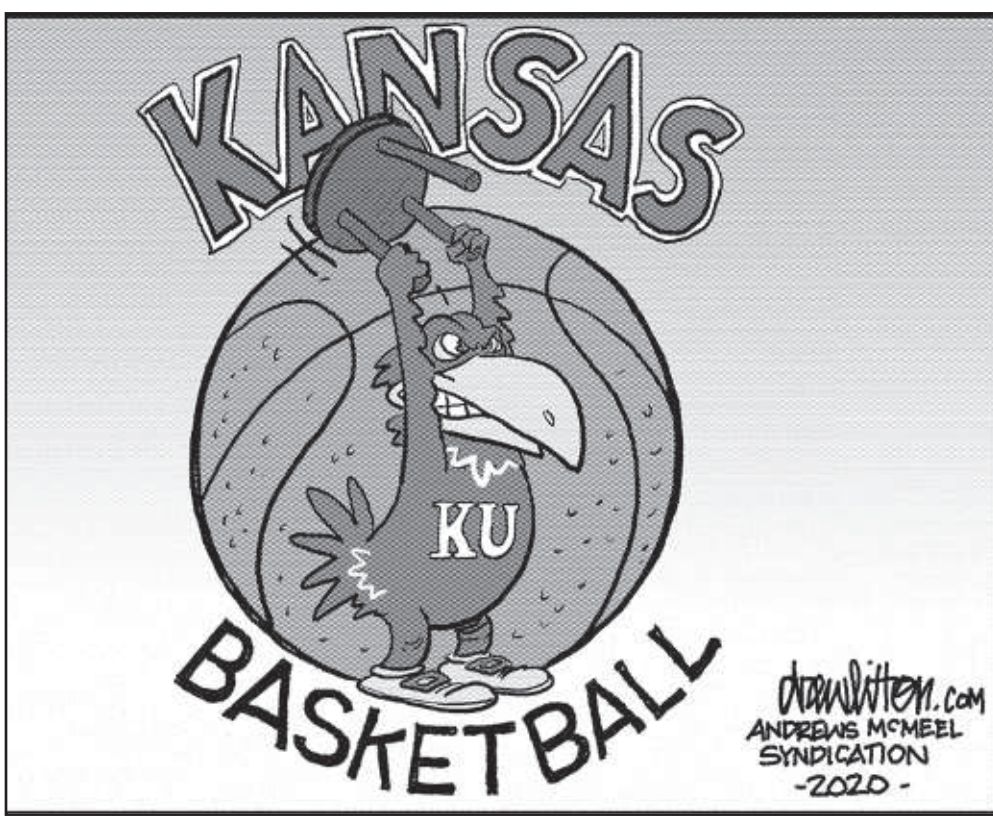
The Drug Enforcement Agency reported a huge increase in methamphetamine production in the U.S. in the past decade. Last weekend in Houston, a man on the street who was high on meth was able to fight off 15 cops while he continued to masturbate. And Iran thinks they can take us.

The Comedy Store started a campaign to put our late founder Mitzi Shore's star on Hollywood Boulevard. She forced me to get sober and stay sober in 1986. I just saw History Channel's Ten Biggest Mistakes in History and I was amazed to see Mitzi's decision to save my life rated number five.

Argus Hamilton is the host comedian at The Comedy Store in Hollywood and entertains groups and organizations around the country. E-mail him at Argus@ArgusHamilton.com.



Argus Hamilton



Delaney's Poem depicts 'Kids Like Me'

Hi! My name is Amarah. Kids are important to Jesus and they're important to me, too.

Jesus said in Matthew 25:40 (KJV), "Whatever you've done unto the least of these (kids or adults), you've done it unto me."

"Kids like me" are kids whose parents are drug addicts, and alcoholics, kids who have suffered, or who are suffering, abuse and neglect on multiple levels (trauma), and kids who are victims of bullying.

Do you want to make a real difference on this planet while you are living and breathing? Have you ever considered the difference you would make in this world if you took an extra moment to help the child of an addict? A kid like me? Sarah wasn't my only addict parent. My other addict parents included my father and my stepfather (who has my baby sister and won't let us see her as discussed in court, 2013). I am talking years of abuse and neglect which was more than obvious when people saw me, yet no one made the call to help me.

Kids like me are praying for your help. It is up to you to make a difference in their lives. Please, don't wait any longer, make the call, today: 719-589-7805. You don't have to give your name.

Today, I am sharing, "Delaney's Poem." We have had more comments on Delaney's Poem than any other column. I am sharing it again today because it reveals the heartbreak-and-destruction of addiction and what it does to sons and daughters, innocent babies and children, parents, grandparents, families and friends. Delaney's Poem is reality for anyone caught up in the death cycle of addiction:

Amarah's Corner



'Kids Like Me'

Mom Shares Late Daughter's Poem about Heroin Addiction

A parent's worst nightmare became a reality for Brian and Bridget Farrell when their 23-year-old daughter, Delaney, overdosed from heroin and died recently, 7/1/17. She knew what her monster was, said Brian in a Facebook video that now has more than 11,000 views. She knew she was battling it.

Delaney lost the battle on Saturday. She was found by Williamsport, Pennsylvania, police at a Red Roof Inn where she had previously been employed.

Although Delaney has died, she left behind a powerful poem that has struck a chord with many. The poem, which expresses what it's like to struggle with heroin addiction, was included by her mother in her obituary (whose online version crashed from a surge of traffic on Friday) after she found it in her daughter's journal.

Delaney's Poem:
Funny, I don't remember no good dope days.

I remember walking for miles in a dope fiend haze.

I remember sleeping in houses that had no electric.

I remember being called a junkie, but I couldn't accept it.

I remember hanging out in abandos that were empty and dark.

I remember shooting up in the bathroom and falling out at the park.

I remember nodding out in front of my sister's kid.

I remember not remembering half the things that I did.

I remember the dope man's time frame, just 10 more minutes.

I remember those days being so sick I just wanted to end it.

I remember the birthdays and holiday celebrations.

All the things I missed during my incarceration.

I remember overdosing on my bedroom

Conejos Library District expresses gratitude

Dear Editor,
The Conejos Library District gives heartfelt thanks to all of the wonderful community members who helped erect a fence around the Capulin Library.

Many enthusiastic volunteers attended several meetings in May and June of 2019 and completed the fence at the end of June. The community came together for a barbecue to celebrate the completion of the fence.

Special thanks to Jimmy Lopez, community organizer, for his leadership, and to Ben Martinez for completing

construction.
Mr. Lopez was also instrumental in arranging a Community Christmas Celebration at the library in which several talented local musicians performed. The extent of community participation is a testament to how much they appreciate and enjoy the facility.

The Conejos Library thanks you very much. We look forward to working with all of the dedicated volunteers on the next phase of the Capulin Library. Together we can make great things happen for the town of Capulin.

Margie Wagoner
Library Clerk
Conejos Library District

John Hancock born on this date

TODAY'S HISTORY: In 1845, Congress passed an act designating that all national elections would be held on the first Tuesday after the first Monday in November.

In 1849, Elizabeth Blackwell graduated from Geneva College in New York, becoming the first woman to earn a medical degree in the United States.

In 1922, insulin was injected into a human patient in Toronto and successfully treated diabetes for the first time.

In 2005, Viktor Yushchenko was sworn in as president of the Ukraine, only four months after becoming seriously ill as a result of dioxin poisoning.

TODAY'S BIRTHDAYS: John Hancock

(1737-1793), statesman; Stendhal (1783-1842), author; Edouard Manet (1832-1883), artist; Ernie Kovacs (1919-1962), comedian; Chita Rivera (1933-), actress/dancer; Rutger Hauer (1944-2019), actor; Princess Caroline of Monaco (1957-); Mariska Hargitay (1964-), actress; Tiffani Thiessen (1974-), actress; Michael Stevens (1986-).

TODAY'S FACT: Chita Rivera was the first Hispanic woman to receive a Kennedy Center Honors Award.

TODAY'S SPORTS: In 1944, the Detroit Red Wings set a record for the most one-sided hockey game by beating the New York Rangers 15-0.

Keith R Cerny
Publisher

Daniel McKillop
Managing Editor

Valley Courier

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Letters policy

Letters are welcome and encouraged. All letters submitted for publication in the Valley Courier must be typewritten, signed by the author, and must include a phone number and address where the author can be reached. Letters must not be libelous. The Courier will not run letters that are negative to specific businesses. The Courier's editorial board reserves the right to reject a letter for reasons it believes are appropriate. Letters may be subject to editing to fit available space, or exclusion from the Opinion Page. Please, no poetry. Please send signed letters to P.O. Box 1099, Alamosa, CO 81101 or email them to news@alamosanews.com. Letters to staff, not for publication, should be marked "personal."

I remember my sister's cry and my dad breakin down the door.

I remember the look on his face when I opened my eyes, thinking today was the day that his baby had died.

I remember blaming myself when my mom decided to leave.

I remember the guilt I felt in my chest making it hard to breathe.

I remember caring so much but not knowing how to show it and

I know to this day she probably don't even know it.

I remember feeling like I lost all hope.

I remember giving up my body for the next bag of dope.

I remember only causing pain, destruction and harm.

I remember the track marks the needles left on my arm.

I remember watching the slow break up of my home.

I remember thinking my family would be better off if I just left them alone.

I remember looking in the mirror at my sickly complexion.

I remember not recognizing myself in my own damn reflection.

I remember constantly obsessing over my next score but what

I remember most is getting down on my knees and asking God to save me cuz

I don't want to do this no more.

Arboleda, C. (2017). Mom shares late daughter's poem about heroin addiction. <https://www.yahoo.com/beauty/mom-shares-late-daughters-poem-heroin-addiction-210729832.html>

Write to me at Amarah's Kids Like Me, P.O. Box 354, Alamosa, CO 81101. I'm offering World Bible School Bible Correspondence Courses (free/postage paid) to kids like me and their parents, "... and all the earth may know there is a God..." (1 Samuel 17:46, KJV).

Until next time, remember, Jesus loves you, and Jesus is Lord.

Write them

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Lifestyle

CPW officers confirm latest wolf pack sighting

MOFFAT COUNTY — Colorado Parks and Wildlife officials are confirming they have additional evidence that a group of wolves is now residing in north-west Colorado. On Sunda, CPW wildlife officers investigated the discovery of an animal carcass surrounded by large wolf-like tracks in the northwest corner of Moffat County. While conducting their investigation in the field, wildlife officers were surprised when they heard distinct howls within the area.

“This is a historic sighting. While lone wolves have visited our state periodically, including last fall, this is very likely the first pack to call our state home since the 1930s. I am honored to welcome our canine friends back to Colorado after their long absence,” said Governor Jared Polis. “It’s important that Coloradans understand that the gray wolf is under the protection of the Endangered Species Act. While the animals have naturally migrated to our state and their presence draws public interest, it’s important that people give them space. Due to their protected status, there are severe federal penalties for anyone that intentionally harms or kills wolves in our state.”

“Right after our two officers heard the howls from the wolves, they used binoculars to observe approximately six wolves about 2 miles from the location of the carcass,” said JT Romatzke, Northwest Region Manager for CPW. “After watching them for about 20 minutes, the officers rode in to get a closer look. The wolves were gone, but they found plenty of large tracks in the area.”

According to the officers, the tracks measured approximately 4.5 to 5.5 inches and appear to have been made by at least six animals.

“As we have made clear, Colorado Parks and Wildlife will not take direct action in these cases,” said Dan Prenzl, Director of Colorado Parks and Wildlife. “We have the leading experts on wildlife management and species recovery working for our agency, but while wolves remain federally protected, they are under the jurisdiction of the U.S. Fish and Wildlife Service. We will continue to work with our federal partners and monitor the situation.”

According to the U.S. Fish and Wildlife Service, killing a wolf can result in federal charges, including a \$100,000 fine and a year in prison, per offense.

The public is urged to contact CPW immediately and fill out a report if they see or hear wolves or find evidence of any wolf activity in Colorado. The Wolf Sighting Form can be found on the CPW website.

Press release for the report courtesy of Rebecca Ferrell, public information and website manager.

Encountering environmental health hazards each day

Environmental health risks can be found all over the world.

Whether one resides in an urban or rural environment, it is difficult to avoid pollutants that can produce unfavorable effects on human health. It’s estimated that car emissions contribute to a staggering number of deaths in the United States alone, and many areas are deemed to have unsafe air that can contribute to long-term diseases such as lung cancer. So says the group Top Environmental Issues, which publishes information on an array of environmental topics and statistics. Other pollutants lurk in the soil or drinking water sources.

The process of addressing environmental hazards starts with individuals.

► **Lead:** Even though lead use has decreased, there remains some residual risk. The Occupational Safety & Health Administration says that lead enters the body primarily through inhalation and ingestion. Many people are exposed to lead by breathing in lead-containing dust at work or from hobbies that involve lead. Lead affects nearly every system in the body, but it can be particularly harmful to the brain and nervous system.

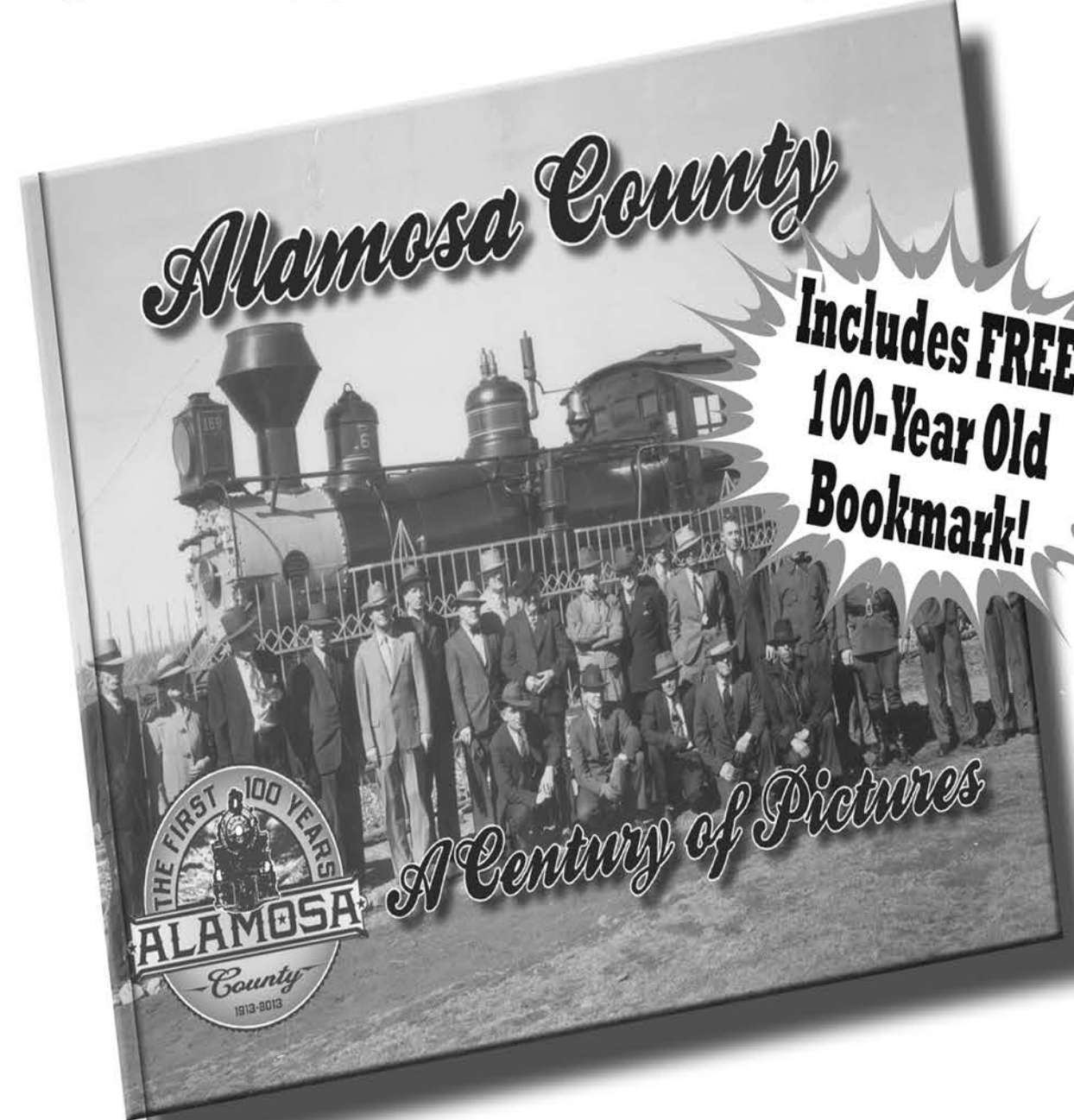
► **Mercury:** Mercury is another metal that has drastic health effects. People may be exposed to mercury through their occupations or even their diets. Mercury occurs naturally in Earth’s crust but is primarily released from coal-fired power stations and other industrial processes. According to the World Health Organization, mercury’s potentially toxic effects include digestive and immune system interruption, nervous system impairment and skin and eye problems.

► **Contaminated drinking water:** All tap water contains trace amounts of natural microorganisms. However, contaminants can end up in drinking water from run-off from residential and commercial areas. The Clean Air Council says drinking water may contain contaminants such as arsenic, radon, trihalomethanes (chloroform, bromodichloromethane, dibromochloromethane, and bromoform), and pesticides. TF161826



A trail of wolf tracks observed by Colorado Parks and Wildlife officers in northwest Colorado on Sunday. Courtesy photo

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Sports

Grizzlies have nice showing at Colorado Classic

By SOPHEEA VOMUND
ASU Sports Information

COLORADO SPRINGS — The Adams State Swim Team traveled up to Colorado Springs for the weekend to compete in the Colorado Classic. The Women's team came in fourth place while the Men's team came in fifth.

Friday

The Grizzlies kicked off the Colorado Classic with an evening swim, competing in the 1650 Yard Freestyle. Leila Atumah started the weekend off strong for the Women's swim team by coming in 2nd in the 1650 Yard Freestyle with a time of 20:15.15. Atumah earned the Grizzlies 17 points with her strong finish, helping to start the weekend off strong.

Saturday

The second day of the meet started with an early morning meet session that began around 9 am for preliminary times. Following the morning session was a session of swimming around 1 p.m. and then an evening session at 4 p.m. to ensure that the swimmers would get rest between events.

The Men's Team

Justin Sandoval earned the Men's team their first points of the weekend with his performance in the 200 Yard Butterfly. Finishing with a time 2:08.01, Sandoval was able to earn himself a 4th place finish. The next Grizzly to finish top 16 was Ethan Cohen with a 13th place finish in the 100 Yard Backstroke. However, it wasn't too long after the Gilbert Benton got on the board. Benton swam in the 100 Yard Breaststroke and finished in 3rd place, his time not too far off the first-place swimmers time. Cohen struck again shortly after Benton, finish-

ing 15th in the 200 Yard Freestyle and ending the day on a high note.

The Women's Team

Starting the day strong for the Women's team was Claudia Garcia with a 7th place finish in the 100 Yard Freestyle. Not too far behind Garcia was Dana McMurtrey, coming in 14th place to also earn her team some points. A few events later, a few other Grizzlies made themselves known in the 100 Yard Backstroke. Megan Dudden shaved time off her prelims time in order to finish in 5th place with a time of 1:04.04. 3 other Grizzlies, Olivia Beames, Natasha Murphy, and McMurtrey, finished the event in 11th, 12th, and 13th place respectively.

Earning a first-place finish for the Grizzlies for the first time thus far in the weekend was Megan Dudden in the 100 Yard Breaststroke with a time of 1:10.28. Also competing in the event was Claudia Garcia with a 6th place finish in the event. In the next event, the 200 Yard Freestyle, Leila Atumah from finished in 13th place. For the last event of the day, two relay teams for the Grizzlies finished in the top 8 of the 400 Yard Freestyle Relay earning a 4th place and 7th place finish.

Sunday

Sunday was split into two sessions for the swimmers; one of the sessions was a morning session at 9 a.m. for preliminary times. The other and final session of the weekend began at 4 p.m.

The Men's Team

Kicking off the day for the Men's team was Cohen, Benton, Sandoval, and Ethan Trotter with a 9th place finish in the 200 Yard Medley Relay. After competing in the Medley earlier, Benton jumped back



in the pool for a 10th place finish in the 500 Yard Freestyle in the finals portion of the day.

After a few events passed, Ethan Cohen earned more points for the Grizzlies by finishing 5th in the 200 Yard Backstroke, shaving some time off of his preliminary time. Once Cohen was done, it was Benton's time turn to perform in the 200 Yard IM where he earned a 10th place finish. The same team that competed in the Medley Relay earlier that day competed again in the 200 Yard Freestyle to earn 9th place and finish off their weekend.

The Women's Team

Making the first splash of the day were two relay teams for the Grizzlies, finishing 3rd and 5th in the 200 Yard Medley Relay. The Grizzlies also had another relay team finish 3rd in the 800 Yard Freestyle Relay.

Natasha Murphy and Dana McMurtrey kicked off their own day with a 4th and 8th place respectively in the 500 Yard Freestyle. Murphy continued her strong performance by finishing 9th in the 100 Yard Fly with Pilar Aguirre not too far behind with an 11th place finish. Following the Fly event was the

200 Yard Breaststroke that Dudden was looking to take just as she took the 100 Yard Breaststroke. She came close, finishing in second place only a second behind the first-place finisher. Madison Rincon finished in 11th place in the 200 Yard Breaststroke, helping to earn more points from the event.

Dudden, Rincon, and Aguirre competed again in the 200 Yard IM each placing in the top 16 and shaving time off their preliminary times. In one of the last individual events (the 50 Yard Freestyle) Claudia Garcia finished strong to earn 6th place. For the 200 Yard Freestyle Relay, the final event of the meet, the Grizzlies had a relay team finish in 4th place to finish out the weekend.

For the women, CSU-Pueblo pulled away with first place for the weekend. Following Pueblo was Colorado College, Barton Community College, Adams State, Colorado Boulder, and McMurry University all finishing in their respective places. Adams State Women's swim team earned 356 points and finished fourth.

For the men, Barton Community College earned first place followed by Colorado College, Colorado Boulder, McMurry University, and Adams State. The Men's team finished 5th with 162 points on the weekend.

Despite not placing as high as they may have wanted to, both the Men and Women performed well and finished strong. Many of them shaved time between preliminary and final times, earning a higher place with the more time they lost. The Grizzlies will get some rest before they travel to Gunnison to face off against Western Colorado in

Centauri and Sangre de Cristo still perfect

By STEPHEN JIRON
Courier Sports Editor

Boys basketball in the valley has been playing very well. Of the 3 classes that SLV teams receiving votes in the Colorado High School Activities Association (CHSAA) Coaches Poll two are undefeated. There is still plenty of league basketball ahead and plenty of time for unranked teams to improve their position.

3A - Intermountain League (IML)

6. Centauri (11-0) - 100



A season ago the Falcons entered the IML district tournament as the No. 1 seed. After their first-round bye, Alamosa handed them a tournament loss and Centauri wound up settling for third place with a victory over Bayfield.

The Falcons and Alamosa both made the state tournament but were forced to play on the road. The lone IML team to advance

to the Great 8 in Denver was Montezuma-Cortez. The Panthers were quickly ushered out by Sterling in the first round of the Great 8. This is a testament to how competitive the 3A class is.

Centauri holds an undefeated record and has won multiple tournaments and they got two coaches placing them as the strongest team in the class. And yet they find themselves sitting at the No. 6 spot with 100 points.

Through 3 recorded games, Centauri is led in scoring by junior Trey Crowther. As the lone ranked team from the IML, entering their league schedule should only stand to help the Falcons. They will get a chance to assert their dominance over the second-highest ranked IML team in Montezuma-Cortez (8-3, 2-0 IML) this weekend. Cortez took the district title last year with a 50-48 victory over Alamosa.

The Panthers edged last year's series with Centauri 3-2 thanks to a state tournament win last March.

Centauri will face host Bayfield (1-10, 0-2 IML) on Friday before welcoming the defending district champions, Cortez, on Saturday, Jan. 25.

2A - Southern Peaks League (SPL)

Receiving Votes. Sanford



(7-3) - 16

The lone team from 2A to receive rankings in the CHSAA coaches poll was Sanford. With 16 points in Monday's poll, Sanford missed the top ten by 9 points. But there is plenty of upside moving forward.

Sanford has been fighting above their weight class these past few months and their three losses have all happened in the 3A class. Now, with the hardest part of the season out of the way Sanford is free to begin climbing the rankings. Sanford's first game against a fellow Southern Peaks Leaguer happened on Saturday against Crested Butte

(7-2). Sanford handed the Titans their second loss of the season in a one-sided 50-28 game.

Aside from Sanford and Crested Butte the rest of the SPL combines for an overall record of 11-16. Sanford will likely be through the most competitive part of their league schedule this weekend. Sanford will be working through back-to-back road league games. Friday Sanford will be visiting Center (6-3, 1-0 SPL) then they will be in Sargent (3-6, 1-1 SPL) on Saturday the 25th.

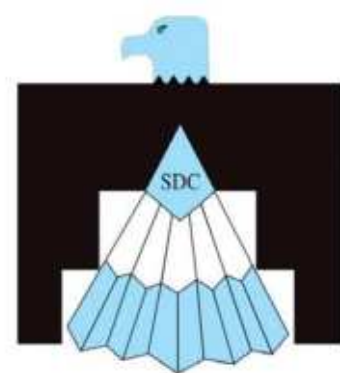
Sanford's league designated rematch with Crested Butte on Feb. 8th may be the game to decide top seeding for the district tournament this spring.

1A - Southern Peaks League (SPL)

3. Sangre de Cristo (8-0) - 62

With one of the top scorers in the state, Sangre de Cristo has been staying the course. The T-Birds are still perfect thus far in the season and are being given their due in the rankings.

Sangre de Cristo is ranked third overall in class 1A collecting 62 points. The No. 1 spot still belongs to the defending state champions De Beque who also



garnered the majority of the first overall rankings (8) relenting one to Kit Carson.

Sangre de Cristo is down a spot from last week, the No. 2 spot going to Flatirons Academy who have gone from unranked to second in the class.

Leading the T-Birds in scoring is Cole Christensen who is 13th in the state posting 24.6 points per game.

Sangre de Cristo will look to stay perfect as they transition into their league schedule. The T-Birds are the line team in the district sporting a winning record. This weekend they'll be in for two league games. The first at home against Cotopaxi on the 24th the second on the road against Antonito on the 25th.

Results

Adams State Basketball

Jan. 18

Western Colorado 61, ASU 44 (W)
Western Colorado 88, ASU 85 (M)

Prep Basketball

Jan. 18

Sierra Grande 69, Aguilar 10 (G)
Sanford 50, Crested Butte 28 (B)
Moffat-Mtn. Valley 51, Cripple Creek-Victor 22 (G)
Moffat-Mtn. Valley 60, Cripple Creek-Victor 29 (B)
Del Norte 57, Center 36 (G)
Center 55, Del Norte 38 (B)
Sargent 34, Custer County 26 (G)
Sargent 63, Custer County 33 (B)
Antonito 63, Creede 37 (G)
Creede 54, Antonito 49 (B)
Pagosa Springs 49, Centauri 35 (G)
Centauri 52, Pagosa Springs 42 (B)
Alamosa 61, Monte Vista 12 (G)
Alamosa 58, Monte Vista 34 (B)

Jan. 21

Alamosa 50, Bayfield 35 (G)

Prep Wrestling

Jan. 18

Mel Smith Invite

12. Centauri - 82, 26. Monte Vista - 30,
31. Del Norte - 6

Pueblo Centennial Tourny

18. Center - 20

Top of the Rockies Tournament

14. Alamosa - 22

Gene Gagliardi Tourney

5. Alamosa - 110, 6. SG-Centennial - 85.5, 10. Centauri - 45, 11. Sargent - 43, 12. MV-Moffat - 20,

Upcoming Events

Adams State Basketball

Jan. 24

5:30/7:30 p.m. Colorado Christian at ASU (W/M)

Jan. 25

5:30/7:30 p.m. Regis at ASU (W/M)

Prep Basketball

Jan. 23

5 p.m. Sargent at Creede (B)

Jan. 24

TBA Cotopaxi at Sangre de Cristo
1 p.m. Creede at Aguilar (G)
3 p.m. Sanford at Center (G/B)
5 p.m. Sargent at Del Norte (G/B)
5 p.m. Sierra Grande at Moffat-MV (G/B)
5/8 p.m. Antonito at Centennial (G/B)
5:30/7 p.m. Monte Vista at Pagosa Springs (G/B)
5:30/7 p.m. Bayfield at Centauri (G/B)
5:30/7 p.m. Montezuma-Cortez at Alamosa (G/B)

Jan. 25

1 p.m. Moffat-MV at Primero (B)
1 p.m. Centennial at Manzanola (G/B)
1 p.m. Center at Crested Butte (G/B)
3 p.m. Del Norte at Custer County (G/B)
5 p.m. Sanford at Sargent (G/B)
5 p.m. Sangre de Cristo at Antonito (G)
5:30/7 p.m. Bayfield at Monte Vista (G/B)
5:30/7 p.m. Montezuma-Cortez at Centauri (G/B)
5:30/7 p.m. Pagosa Springs at Alamosa (G/B)

Adams State Swimming

Jan. 25

12 p.m. ASU at Western Colorado (W)

Prep Wrestling

Jan. 23

6 p.m. Sanford, Sargent at Del Norte TRI
6 p.m. Pagosa Springs at Monte Vista
6 p.m. Bayfield at Centauri

Jan. 25

8 a.m. Alamosa at Brighton Tournament

Platte Valley Duals

TBA Monte Vista at Platte Valley

2020 Screaming Eagle

TBA Center at Paonia

Bobcat Invite

Alamosa, Centauri, Del Norte, Sierra Grande-Centennial, MV-Moffat, Sanford, Sargent, SG-Centennial at Custer County

Adams State Wrestling

Jan. 22

6 p.m. New Mexico Highlands at ASU

Schedules subject to change

Adult Volleyball League

ALAMOSA — Alamosa Parks and Recreation Adult Volleyball registration is open.

Team Registration: Jan 8 - Feb 5, 2020

Team Fee: \$100 Player Fee: \$30/Division

Player Registration: Opens Jan 8, 2020

Season: mid - Feb to late - April (min. 10 season games + tourney)

For more information, contact the AFRC - (719) 589-2105; Website: www.AlamosaRec.org

AHS Basketball Reunion

ALAMOSA — Alamosa High School is hosting a reunion for former coach Ken Niven. While at Alamosa, Niven oversaw a Mean Moose run of four consecutive titles from 1989-92 over Classes AA and 4A. He also had four Division I signees. The reunion will take place Friday and Saturday of Jan. 24th and 25th. Friday will be the home games against Montezuma-Cortez at 5:30/7 p.m. followed by a social at the Bankshot. Saturday will be a mid-morning shoot around at AHS then the home games against Pagosa Springs at 5:30/7 p.m. Niven and Alumni players will be recognized at halftime. Saturday's social will take place at the Purple Pig Pizzeria following the games.

ASU Volleyball open tryouts

ALAMOSA — Saturday, January 25th the ASU Grizzlies Volleyball team will be holding tryouts. The event is open to any 2020/2021 high school students and/or Junior College players. For the registration form email alimiller@adams.edu. Participants are asked to bring or email in a completed registration form, a current sports physical and a proof of insurance (company and policy information). For questions or to email in a form, physical, insurance package be sure to contact Coach Miller at alimiller@adams.edu or at (720) 879- 2803

Lifestyle



Photo by Trey Spalding

Keep your best friend warm and cozy during the bitter cold.

Freezing weather, furry friends

By REBECCA COPLEY

VALLEY PUBLISHING

MONTE VISTA — Upon entering the heart of the winter season freezing temperatures are the norm in the San Luis Valley.

It is not uncommon for temperatures to dip well below zero most nights. This bitter cold can be very dangerous for animals left outside all night.

Though they have fur coats, it is often not enough to keep the biting cold out. Thankfully, there are many ways pet owners can help keep their furry friends warm.

It is a good idea to remove snow, ice, salt and other ice-treatment chemicals from their fur and paws.

This helps keep them dry and prevents them from ingesting any chemicals found in the ice treatment.

One should also check their paw pads for any cracks and make sure there is no redness between their toes.

Massaging petroleum jelly into their paw pads before going outdoors can help protect them from salt and chemical agents. Dog booties can also provide extra protection.

Another important pet safety rule is to never leave an animal alone in a car during cold weather.

In the winter, cars trap cold air and become refrigerators on wheels.

Also, it is always a good idea to check under the hood of outdoor vehicles be-

fore starting them.

Outdoor cats often seek refuge from the cold by huddling against still warm engines.

One shouldn't shave his or her dog too much in the winter as a longer winter coat provides more warmth.

If a person has a dog with short hair naturally, consider getting a dog coat or sweater.

It is also important to make sure to feed pets a little more in the winter and provide them with lots of water. The chilly temperatures will cause them to burn calories faster and make it harder for them to stay hydrated.

At night especially as temperatures hit the negatives, the best idea is to just bring them inside, or at least provide them with proper shelter.

"We want people that have animals out there to provide a better shelter for them. Shelters that are in good shape. We've visited a couple people that have dog houses without proper insulation," said Monte Vista Code Enforcement Officer Eric Lira.

Officer Lira suggested even figuring out ways to put a heat lamp in the shelter to make things warmer. However, he shared that bringing them indoors is probably the best option, "I tell people all the time, bring your dogs inside. Bring your pets inside. If it's below zero, keep them warm inside," said Lira.

Exercising canines in extreme weather

Exercise is important for every member of a family, including the family dog.

According to SPCA Florida, regular exercise is just as important for dogs as it is for their owners.

Many dog owners find ways to incorporate their dogs into their own exercise routines in order to ensure their four-legged friends get enough physical activity each day.

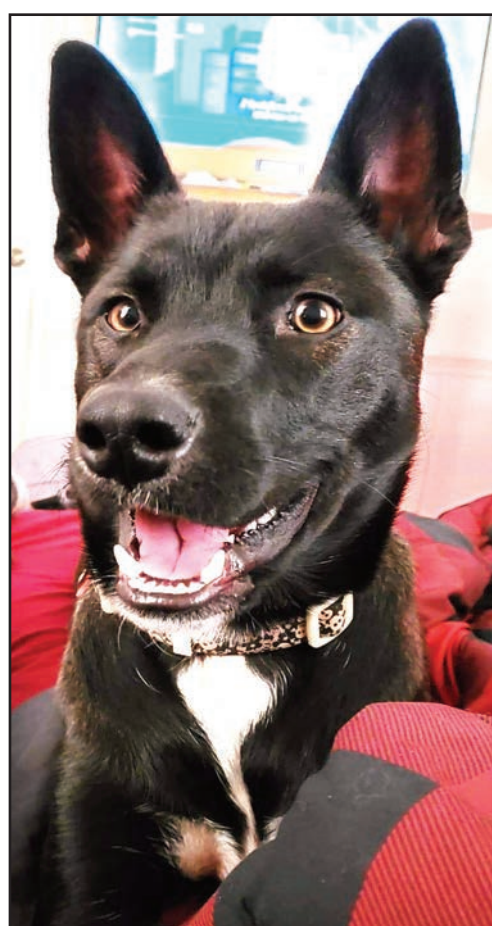
For example, dogs might come along on jogs around the neighborhood or join their owners on walks in the park.

But what about those times when the weather is extreme? Snowstorms and heatwaves might compromise dog owners' efforts to get their pooches daily exercise. But there are many ways that dog owners can work around extreme weather to ensure Fido gets enough physical activity to stay healthy.

Alter the time of your dog's daily exercise routine. In conditions that are extremely hot, dog owners can change their routines so dogs get out and get some exercise during the times of day when the weather is temperate. Early morning and evening or even nighttime exercise sessions afford chances time to run around outdoors without doing so under the blazing summer sun. If walking dogs after sundown, dress them in reflective materials so they're visible to oncoming motorists.

Dress dogs for the cold. Dogs can be bundled up just like their owners bundle up in gloves and layers when spending time outside in cold weather. Salt and chemical de-icing solutions can injure dogs, burning and drying out their paws, so make sure their paws are covered before taking them outside in icy, snowy conditions. Dogs may need a few practice runs wearing booties indoors before they're comfortable enough to wear them outside without trying to remove them. In addition, Petfinder recommends keeping dogs' bodies warm by dressing them in doggy jackets or vests.

Reduce the length of time spent outdoors. Cutting back on the time dogs spend outdoors in extreme weather is another way to protect them from the elements. Shorter, more frequent trips can ensure dogs get enough daily exercise while limiting their exposure to extreme weather. If



Courtesy photo

Raven, who is pictured above and is a 10-month old pitbull, Huskie mix, endures the hot summers of northwestern Arizona.

dogs are accustomed to 30 minutes of running around in the backyard in the afternoon, break that down to three 10-minute sessions instead, spacing out each session so dogs have time to recuperate.

Exercise indoors if necessary. Avoid exercising dogs outdoors in especially extreme conditions. Rather than exposing dogs to extreme weather, make a game out of running up and down staircases or play fetch in a hallway to help dogs burn off their energy and get some exercise.

Extreme weather can be harmful to dogs. But there are still ways to exercise pooches in periods of inclement weather.

Valley Courier

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JANUARY 31 & FEB. 1 JEFFREY ALAN BAND

FEBRUARY 7 & 8 BLACK PEARL BAND

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Western Living



Courtesy Photo
Helen Smith and Pines pause outside the arena at the 2019 Alamosa Roundup.

Agriculture and the economy

Though it's easy to look at the tech industry and think this increasingly influential sector is what makes the world go round, something closer to the very core of the Earth may be what's driving your economy.

The agricultural sector plays a strategic role in a nation's economic development and prosperity. From the earliest days, agriculture has been heralded as playing a crucial role in North American culture. Farmers who grow produce and raise livestock for meats and other products have

long exemplified what it means to work hard and take initiatives to be self-sufficient.

The symbiotic nature of agriculture and the economy is noticeable when examining the ups and downs of each. This is because food production and the potential of agriculture extends beyond the fields and local food stands. These resources impact supply chains and other markets. A strong agriculture base influences other employment sectors like food manufacturing, biotechnology, hospital-

ity, machinery building, and much more, while a weak agriculture can adversely affect those sectors.

While it can be difficult for residents of developed nations to visualize agriculture's effect, one only needs to turn to impoverished and developing nations to see just how big an impact agriculture can have on an economy. Agriculture provides food and raw materials, eventually creating demand for goods produced in non-agricultural sectors. Also, food provides

nutrition that can serve as the foundation of a healthy nation. Earning a living in agriculture strengthens purchasing power, which fuels other markets. Eventually, farming can pave the way for development, including roads, markets, shipping services, exporting, and many other sectors.

Agriculture is an important economic building block. An especially important sector, the agricultural industry, when supported, can contribute greatly to sustained economic growth.

How to saddle a horse safely

Horses are magnificent animals and loyal companions who can successfully handle their share of the workload in various capacities.

Learning how to properly saddle a horse is essential for anyone who hopes to ride regularly.

The techniques discussed here apply to western saddling, which is the primary way many people saddle their horses for riding.

British riding requires different saddling and equipment.

One of the first steps is to make sure the horse is clean and comfortable. Remember to always approach the animal from an angle at which he can see you clearly, so there are no surprises.

All dirt, dust and loose hair should be removed from the horse through brushing, with particular attention paid to the areas where the saddle will sit and where the cinches and breast collar will cover.

It's best to properly tie the horse with a halter and lead rope, which can be held by an assistant or ground-tied.

This prevents the horse from moving around too much.

Brush off the underside of the saddle pad or blanket to ensure there are no sharp objects or irritants stuck in the fibers, which can make the horse uncomfortable.

In such situations, the horse may try to shake to relieve the discomfort, tossing riders off in the process.

Move the front cinch, back cinch and breast collar of the saddle onto the seat of the saddle to keep them out of the way while you put the saddle in place on the horse.

This ensures that the equipment doesn't slide and spook the horse. Many riders mount and dismount their horses from the left side, so push the items to the right to keep them situated. Then adjust the girth cinches and stirrups accordingly.

After the saddle is in place, step back and look things over.

Make sure everything is properly tightened before riding.

By saddling a horse safely and correctly, riders can prevent injuries resulting from restless horses or loose saddles. Novice riders should practice to get a feel for saddling.



Pre-Owned Vehicles

(719) 587-1800 | 20 Craft Dr. Alamosa CO 81101 | TownAndCountryAlamosa.com

2013 Chevy Camaro

\$15,995



#P11084

2016 Ford Fusion

\$17,990



#P75772

2016 Buick La Crosse

\$19,990



#P78871

2018 Ford Edge

\$24,975



#P19804

2017 Ford Explorer

\$25,140



#P94212

2018 GMC Terrain

\$26,995



#P20425

2019 Jeep Cherokee

\$27,180



#P26943

2018 Jeep Grand Cherokee

\$27,880



#P30231

2017 Ford F-150

\$31,995



#P77850

2019 Toyota 4-Runner

\$35,995



#P47820

2018 GMC Canyon

\$36,440



#P33879

2018 Dodge Ram 2500 4x4

\$43,995



#P02231

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Lifestyle



Courtesy photo

‘Colorado ... it’s AgriCultural’ photo contest encouraging

BROOMFIELD— Colorado agriculture provides picturesque landscapes for both amateur and professional photographers.

Winning entries in the 22nd annual “Colorado ... it’s AgriCultural” Photography Contest showcase the state’s agricultural diversity, from crops being harvested in dim evening light before a storm and a close-up of a curious cow to aerial views of fields and pollinators at work.

“Judges were excited to see the next generation of Colorado agriculture featured in the winning photo,” said Wendy White, marketing specialist at the Colorado Department of Agriculture. “It is encouraging to see young and beginning farmers interested in pursuing a career in agriculture.”

The winners were selected based on relation to Colorado agriculture, creativity and technical quality. The grand-prize winner, which best depicts the “spirit” of Colorado agriculture, is Brandee Gillham of Peetz, Colorado, with the entry entitled “Pursue the Dream.” The winning photograph shows a young cowboy watching his

family herd cattle.

Other top finishers from across Colorado, include Travis Harvey of Pueblo, first place in the ag from above category; Allison Porter of Cortez, first place in the crops category; Michael McCaffrey of Cope, first place livestock; Ethan Voth of Monument, first place urban agriculture; and Bryan Harding of Loveland, first place open professional.

Individuals receiving an honorable mention, include Shelby Chesnut, Kersey; Jennifer Nichols, Eckert; Michael McCaffrey, Cope; Allison Porter, Cortez; Emily Sierra Photography, Berthoud; Brandee Gillham, Peetz; and Amy Hadden Marsh, Glenwood Springs.

Started in 1998, the “Colorado ... It’s Agricultural” Photography Contest is sponsored by the AgInsights Committee, Colorado Department of Agriculture and Northeastern Junior College. Winning photographs will be displayed in the Beede-Hamil Agriculture Building at Northeastern Junior College in Sterling. They are also available online at www.coloradoagriculture.com.

Cabin Fever Days only weeks away

By **LYNDSIE FERRELL**

Valley Publishing

CREEDE— It is about this time of year that everyone in the San Luis Valley is itching to get outside and enjoy a day away from winter, which is why the coming Cabin Fever Daze in Creede is a great opportunity to do just that.

The event has been a part of Creede’s history for several years and while searching through the archives of the Mineral County Miner, one can easily see how the event has helped those suffering from the winter blues get a break from the mundane and have some fun.

One event in particular took place 39 years ago and included activities like a 4.5 kilometer downhill race, known at the time as the Bachelor Mountain Fun Run.

From an article printed in the March 11, 1982 edition of the Mineral County Miner it states, “Creede’s Cabin Fever Daze came off to smiles, tired legs and cold toes this weekend, despite fears that spring had come too soon.

The winter carnival opened Friday with more than 20 people turning out for a moonlight ski tour and more than three times that number for a free wine and fondue party at the Golden Nugget.”

The festival continues this year with a new light but the feeling of the festival remains the same.

According to the Creede and Mineral County Chamber, the event will kick off the weekend of Feb. 14 with a Valentines and fundraiser dance hosted by the Mineral County Fairgrounds As-



Adam and Rory Ramsay deposit spoils from Sunday’s Easter Egg hunt at the town park into their mother’s hat. The hunt began three hours of children’s events during Cabin Fever Daze last weekend. (Staff photo)

sociation at the Elks Lodge in town.

Tickets for the dance are \$50 per person and all funds raised during the event will go towards the Fairground Association. Tickets also include a prime rib dinner and a chance to win an OHV Razor.

Other activities will include Ice Curling at the Silver Ice Park on Saturday and Sunday.

Those interested in signing up for a curling team can get more information through the chamber by visiting www.creede.com or by calling 719-685-2374.

The C. Waters Gallery will have live artists demonstrations with the theme, “Cabins” and the Quiller Gallery will be open throughout the

weekend.

Weather permitting there will also be a Nordic ski tour and ice carving competitions.

The Creede Repertory Theatre will have two showings of its infamous play Boomtown at 5 and 7 p.m. on Saturday, Feb. 15. For more information or to book reservations, please visit www.creederop.org.

There will also be children activities at the Virginia Christiansen Multi-Use Facility from 4 p.m. until 6:15 p.m. on Saturday and Sunday, which will include some interesting talks from noon until 4 p.m. at The Ruth Theatre on Main Street.

For a full schedule, please visit www.creede.com.

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- 2 Local independent businesses invest more in our community:** They support local charities, schools and community events which financially impacts our community.
- 3 Local businesses sell a wide range of great products at affordable prices and cater to the needs and wants of the community.**
- 4 Shopping Local saves you money and time!** Travel expenses and personal time make the overall cost of items higher.
- 5 Shopping Local retains our community:** Without the support in the local community, restaurants, shops and services are forced to close.
- 6 Shopping Local retains our distinctiveness:** Local businesses respond quicker to the needs of the customers and stock products to meet the core community’s needs.
- 7 Shopping Local encourages community growth.** By choosing to do business locally you help maintain Alamosa’s diversity, charm & appeal. Which in turn, attracts new community members.
- 8 Shopping Local invests in community services and city economy.** Your dollars spent in locally-owned businesses have three times the impact on your community as dollars spent outside of Alamosa.
- 9 Local shops value you more:** Local businesses survive by their reputation & repeat business which means you get a higher standard of service.

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Public Notices

District Court
 Alamosa County, Colorado
 Court Address:
 In the Matter of the Estate of
 Lori Sue Beierle
 Deceased
COURT USE ONLY
 Attorney or Party Without Attorney (Name and Address):
 Robert Dean Beierle
 2705 Clover Road
 Golden, CO 80401
 Phone Number: 303-587-3129
 E-mail: thebeierlehome@msn.com
 FAX Number: N/A
 Atty. Reg. #: N/A
 Case Number: 2019PR22
 Division
 Courtroom
NOTICE TO CREDITORS BY PUBLICATION PURSUANT TO B 15-12-801, C.R.S.
NOTICE TO CREDITORS
 Estate of Lori Sue Beierle, Deceased
 Case Number 2019PR22
 All persons having claims against the above named estate are required to present them to the personal representative or to District Court of Alamosa County, Colorado on or before May 1, 2020 (date), or the claims may be forever barred.
 Robert Dean Beierle
 Type or Print name of Person Giving Notice
 2705 Clover Road
 Address
 Golden, CO 80401
 City, State, Zip Code
 No. 1227
 Published in the Valley Courier on January 9, 16, and 23, 2020

NOTICE OF PUBLIC HEARING
TOWN OF CRESTONE BOARD OF TRUSTEES
MONDAY, FEBRUARY 10, 2020 1:00 P.M.
AT THE TOWN HALL MEETING ROOM,
11S. ALDER STREET, CRESTONE, CO
 PURPOSE: Public comment on a Planned Unit Development proposal for Tract 3, which consists of 4.62 acres of E. Lime Ave. within the Town of Crestone and Zoned Rural Residential.
 PRELIMINARY APPLICATION SUBMITTED BY: Crestone Peak Community Housing, a nonprofit organization, PO BOX 911, Crestone, CO 81131.
 PUBLISHED AND POSTED: As per the Zoning Regulations of the Town of Crestone Section IX-10, Ordinance 2006-013, Crestone Board of Trustees: Mayor Kairina Danforth and Trustee Diane Bairstow, Terry Goergen, Adam Kinney, Kizzen Laki, Sam Pace and Bob Prather.
 COMMENTS MAY BE SENT IN ADVANCE OF THE HEARING TO: Crestone Clerk, PO BOX 64, Crestone, CO 81131 or crestoneclerk@fairpoint.net
 No. 1253
 Published in the Valley Courier on January 16, 17, 18, 21, 22, 23, 24, 25, 28, 29, 30, 31, February 01, 04, 05, 06, 07, 08, and 11, 2020.

099 ANNOUNCEMENTS
INVITATION TO BID Location: San Luis Valley Conejos County Hwy 142 near the Rio Grande Bridge. Separate sealed BIDS for the Sangre de Cristo National Heritage Area/Rio Grande Natural Area Sign Panel (Special)-6 Panel will be received by San Luis Valley Great Outdoors, P.O. Box 300, Alamosa, Colorado 81101, located at 610 State Ave, Alamosa, Colorado 81101, until 2:00 P.M. on January 24th, 2019. The project consists of the following: The Sangre de Cristo National Heritage Area/Rio Grande Natural Area is looking for the installation and fabrication of one Sign Panel (Special)-6 Panel Portals, located at Colorado State Highway 142 near the Rio Grande River crossing between Manassa, CO and San Luis, CO. Bid designs will be similar to those of the Portal Signs located in San Luis (Main Street next to the park), Antonito (south of Antonito across from Cumbres & Toltec Scenic Railroad) and Alamosa (Rio Grande Farm Park) along the Los Caminos Antiguos Scenic and Historic Byway. Copies of the Plans may be obtained by emailing San Luis Valley Great Outdoors at slvgreatoutdoors@gmail.com. It is anticipated that the project construction will begin March, 2019.(1/24)

221 HELP WANTED
WANTED: SAGUACHE COUNTY Landfill is Hiring for an additional Full Time Attendant. REQUIREMENTS: Applicants must fill out and submit an application, must be an experienced front end loader operator and possess a valid driver's license. Applicants should have a high school diploma or GED and six months or more of relevant experience. Final candidates applying with Saguache County will be required to submit and pass a pre-employment drug screen and criminal background check. Pay D.O.E. Landfill Attendant is a full time 40 hour per week position - starting at 8:00 A.M. each day Tuesday through Saturday (subject to change) Those applying must be an experienced front end loader operator, have the ability to do strenuous outdoor physical labor in extreme weather conditions and be able to lift and/or move 20 lbs. to 75 lbs. Applications are available at the Saguache County Road and Bridge/Landfill Office 305 3rd Street, PO Box 476, Saguache, CO 81149 719-655-2554 or on the Saguache County website - www.saguachecounty.net under the Landfill Department tab. Completed applications can be hand delivered or mailed to Saguache County Road and Bridge/Landfill Office - at the address listed above, sent by email to mhashbarger@saguachecounty-co.gov or faxed to: 719-655-2543. APPLICATION DEADLINE: Open until a qualified candidate is hired. Saguache County is an Equal Opportunity Employer. (01/31)

221 HELP WANTED
MONTE VISTA SCHOOL District is accepting applications for a Middle School Math Teacher for the remainder of the 2019-20 school year. A complete list of desired qualifications and experience may be viewed on the district website. Monte Vista School District offers a competitive salary and an excellent benefit package including employee health, dental, vision, and life coverage. Applications may be submitted to the District Office, 345 E. Prospect Ave., Monte Vista, CO 81144, until the position is filled. Applications may be downloaded from the district website http://ww2.monte.k12.co.us/employment-opportunities.html or call 719-852-5996.(2/7)

221 HELP WANTED
ADAMS STATE UNIVERSITY: Counseling, Career and Accessibility Services Adams State University seeks applicants for Counseling Services Assistant Director/Coordinator of Accessibility services. AAEOE. For more information visit: https://www.adams.edu/hr/administrative-positions/(2/19)
WE ARE SEEKING a responsible, self motivated, "preferably" experienced Dental Assistant to join our team at Harding Dental Group where our patients experience the difference at the premiere dental practice in the San Luis Valley. Must be willing to travel to both office locations, South Fork and Alamosa. Please email resumes to june@hardingdentalgroup.com (2/7)
CALDON TRUCKING IS looking for a CDL driver. Please call 719-274-4464.(1/22-TFN)

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 • Patrol Deputy
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JAY MEYER INSURANCE Agency is now hiring an experienced Customer Service and licensed insurance representative. Applicants must have the ability to be licensed with good interpersonal skills. A current insurance license is preferred but not required. Applications can be dropped off or mailed to Jay Meyer Insurance Agency, 410 Ross Ave, Alamosa, CO or emailed to jay.meyer.i8mh@statefarm.com. Please apply no later than 1/30/20 (1/30)

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CENTER FIRE DEPARTMENT is looking to hire a board secretary. Individual must be self-motivated and QuickBooks proficient. Duties include: Payroll, Setting up budgets, taking minutes at monthly meetings, filing state requirements, and some department business. Grant writing experience or desire to learn to write grants a plus. 50-60 hours per month. Pay will be determined from experience. If interested send resume to Center Fire Department P.O. Box 845, Center CO. 81125. (1/29)

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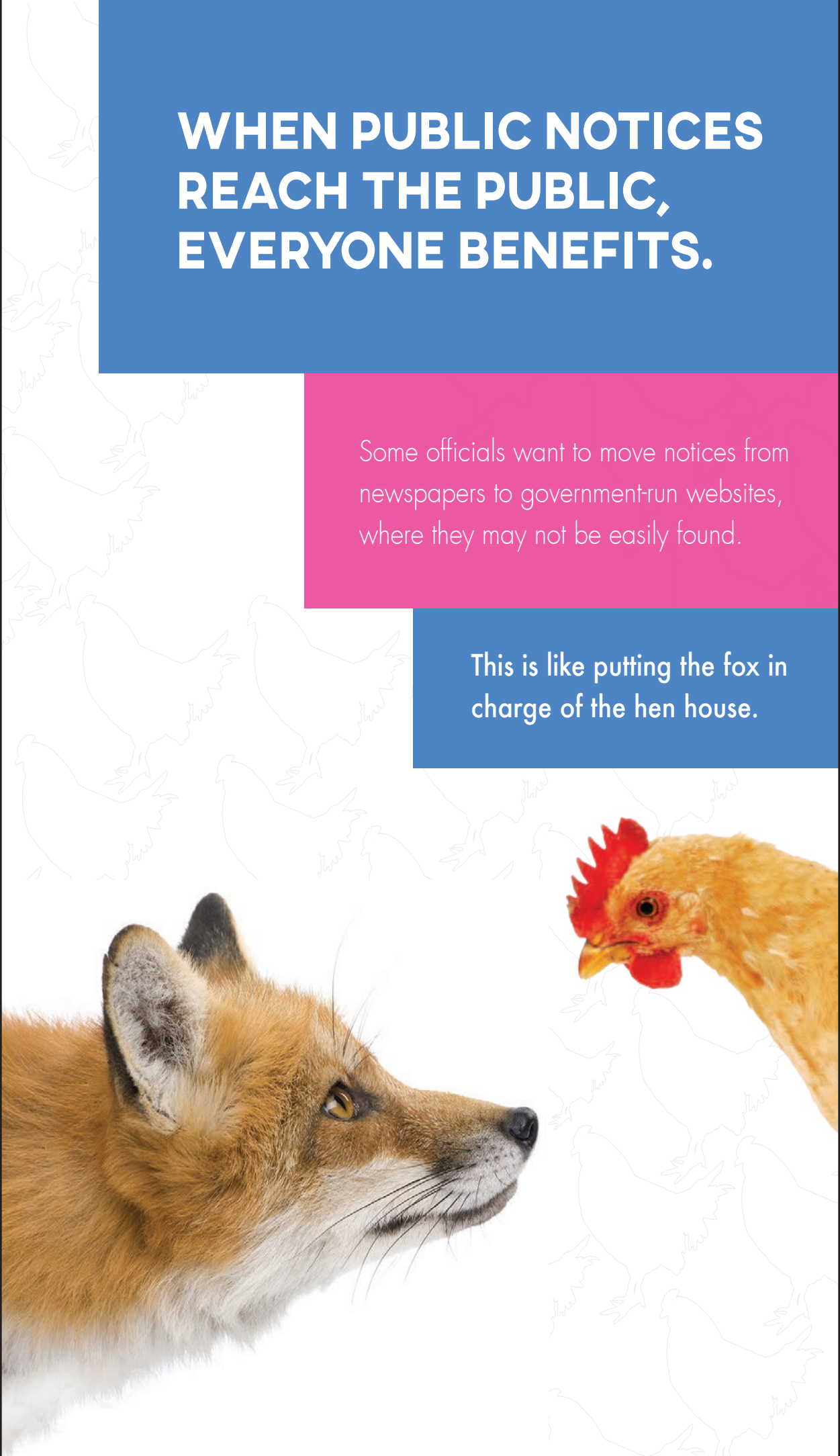
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WHEN PUBLIC NOTICES REACH THE PUBLIC, EVERYONE BENEFITS.

Some officials want to move notices from newspapers to government-run websites, where they may not be easily found.

This is like putting the fox in charge of the hen house.



Keep Public Notices in Newspapers



www.newsmediaalliance.org

Classifieds

221 HELP WANTED

THE NORTH CONEJOS School District is accepting applications for (1) assistant CHS Baseball coach and (1) assistant CHS Track coach. Applications can be downloaded at www.morthconejos.com or may be picked up at the administration office, 17890 US Hwy 285, La Jara, CO 81140. Submit applications to Mr. Curt Wilson, superintendent. Application deadline is until filled. DOE (1/29)

ROTECH HEALTHCARE is currently taking applications for a part-time PPS-RT (Respiratory Clinician Pay Per Service). Applicant can consist of RN, CRT or RRT. If interested in the position apply at <https://careers-rotech.cicims.com/> (1/28)

MONTE VISTA SCHOOL District is accepting applications for a full-time School Nurse. A complete list of duties and desired qualifications may be viewed on the district website ww2.monte.k12.co.us/employment-opportunities.html. Monte Vista School District offers a competitive salary and an excellent benefit package including employee health, dental, vision, and life coverage. Applications may be submitted to the District Office, 345 E. Prospect Ave., Monte Vista, CO 81144, by January 30, 2020, or until the position is filled. Applications may be downloaded from the district website or call 719-852-5996.(2/1)

SIERRA VISTA LUMBER is seeking a full time Yard person 40-50 hrs per week to load customers, load and unload trucks and keep lumber yard and warehouse organized. Must be dependable, a self starter and be able to pass a drug test. \$12,50/per hour or more, depending on skills and experience. Apply at Sierra Vista Lumber, 1301 West Ave., Alamosa.(1/31)

221 HELP WANTED

OTERO JUNIOR COLLEGE Child Development Services accepting applications for positions at the Center, Colorado Migrant and Seasonal Head Start Center Full-time Family Advocate Full-time Head Teacher (non-classroom supervisory position) Full-time Bus Driver/Janitor. All positions eligible for health, dental, vision and life benefits. Participate in Public Employees Retirement Association. Earn sick and personal leave. Job descriptions with qualification requirements and applications are available at the CDS website employment page at www.cdshdstart.com Application deadline for the Family Advocate position is January 27, 2020. Applications for Head Teacher and Bus Driver/Janitor position will be accepted until positions filled. For more information contact Michelle Weaver, 719-384-3103 or at michelle.weaver@ojc.edu Otero Junior College is an Equal Opportunity/Affirmative Action/Title IX/Section 504 employer.(1/27)

SIERRA GRANDE SCHOOL District is currently accepting applications for the position of school secretary/receptionist. Applicants should have a background in clerical/office work as well as excellent management skills and experience in working with the public. Experience in automated data management skills and electronic web-based platforms is preferred, but not required. Application forms are available at the district office located at 17523 E. Hwy 160 Blanca, CO 81123 or on the District's website at www.sierragrande-school.net Applications may be submitted to Mr. Darren Edgar at dedar@sierragrande-school.net or turned in at the district office. For more information please contact Mrs. DeAnn Arellano at 719-379-3257. (1/24)

221 HELP WANTED

EXPERIENCED DENTAL HYGIENIST wanted. Established practice in Alamosa, full time or part time. Must have active license. Send resume to PO Box 1841 Alamosa, CO 81101.(1/15-TFN)

SANFORD SCHOOL DISTRICT is accepting applications for High School Baseball Coach. Applications can be downloaded at www.sanfordschools.org Sanford School is an EOE&E. (1/24)

WANTED - RANCH/FARM Hand for cow/calf and hay operation. Need experience with calving, fencing, irrigating, loaders, hay equipment operating and maintenance, light mechanic work and welding. Steady, long term position for honest, reliable, motivated individual. Housing and utilities included with wages based on experience and responsibilities. Please respond with resume, references and salary expectation to fuchsranchinc@gmail.com.(2/5)

221 HELP WANTED

JOHNNY'S AUTO TRIM & Rod Shop, Alamosa, looking for experienced mechanic, fabricator, paint/body, upholster, electrical, detailer and p/t bookkeeper. Quality a must; see FB page. Send resume to johnnysautotrim@msn.com; salary TBD on experience. (01/31)

324 - FEED & SEED

PREMIUM ALFALFA AND grass/alfalfa, small bales \$8.00 in shed, \$7.00 outside (719) 580-2509. (02/19)

HORSE AND COW hay: grass, grass/alfalfa, alfalfa. 3x3 and 4x4 bales, various quality and pricing. 719-850-8917 (7-13-TFN)

330 FREE

FREE COUCH PLEASE call 719-849-0483 for more information (1/23)

351 LIVESTOCK

PIGS FOR SALE \$1.00 lb. live weight. 570-395-0184 (TFN)

360- MISCELLANEOUS FOR SALE

110V WELL PUMP with 5 gallon pressure tank. \$1100 OBO please call 719-480-3497.(1/30)

SMALL ANTIQUE TABLE with chairs. New 11 tables and 52 chairs. 719-589-0464/719-580-9648. (2/5)

NEW, MUST SELL Couch & Love Seat. Medium gray in color. 719-580-2332. (1/30)

RAMSEY 12 VOLT Pro 8000R Series #817508 wench 93 ft. 5/16 cable. Remote switch, roller fairlead. 719-852-2285 (10/22-TFN)

ZACH'S EUROPEAN MOUNTS. Professional work, low prices. 719-580-0398. (TFN)

369 - PETS & SUPPLIES

FREE KITTENS To good inside home. Call 719-250-7597.(1/30)

ALL DOGS ADOPTED FROM THE VALLEY HUMANE LEAGUE HAVE TO BE SPAYED OR NEUTERED BEFORE GOING TO THEIR NEW HOME. (TFN)

OOPS! GOT PUPPIES who need a home? San Luis Valley Animal Welfare Society is a nonprofit animal rescue dedicated to stopping the euthanasia of healthy adoptable pets. Having pets altered is the number one way to stop pet overpopulation. If your pet has had puppies contact us. We will take the puppies into our rescue and spay the mama dog for free after the puppies are weaned. If needed we will also provide dog food & gas money to get the dogs to us to help in this situation. Spay/neuter is one of the greatest gifts you can provide your pet, your family and your community. We have found good responsible homes for over 8,000 animals. Contact 719-587-9663 (WOOF); email: woof@slvaws.org. (TFN)

NEED CATS FOR mousers? Want to adopt kittens? Help trap/neuter/release efforts? Donate food/litter/supplies? Low cost spay/neuter clinic for cats. <http://www.catsaliveslv.com> 719-298-7028. (TFN)

FREE TO GOOD home. Adults and kittens. NO MOUSERS OR BARN CATS. Spay/neuter clinics coming to Alamosa in near future. Call Donna K 719-589-5952 or 719-580-9078. (TFN)

409 FARM & RANCH LAND

HAY GROUND WANTED for share crop or cash lease. Over 20 years experience 719-850-1626. (2/5)

415 - HOMES FOR SALE

VERY CLEAN 2 Bed- room Home for sale / With Fireplace. Priced in the \$90's. Call 719-480-9893. (01/22)

PORTER REALTY, INC.
Excellent Service, Expert Advice
719-589-5899
503 Main Street • Alamosa
www.PorterRealty.com

\$279,900 - Well-kept manufactured home on 35 acres with 1 share of Commonwealth irrigation water. This 5 bedroom home is in excellent condition and has 3 full bathrooms and over 2100 square feet of total living space. The detached shop on the property has all the room you need. Additional outbuildings with storage. Immaculate yard and more than enough irrigation water for the property. This is a rare opportunity to buy a home between Alamosa and Monte Vista at this price point. Call today for your showing! 5739 E County Road 2, Monte Vista MLS # 765673

\$265,000 - Spec Home "Available" - Under Construction and slated for completion by February 2020. 3 Bedrooms, 2 Bathrooms, 2 car garage. Discover all the benefits of a brand new home! Features include a private master suite with a walk-in closet. A gourmet kitchen equipped with stainless steel appliances, granite countertops complete with an eat-in counter. A fully landscaped yard with an automatic sprinkler system completes this upscale home. 3023 Kathleen Lane, Alamosa MLS # 765879

\$250,000 - Amazing brick single-story home sits on over half an acre. Large back yard, newer roof, updated bathrooms. The home has an open feel, but multiple living spaces to accommodate almost any lifestyle. 3 bedrooms, 2 bathrooms, attached 2-car garage, sunroom, and a small hobby room. Plenty of storage and on City utilities. 191 Curtis Lane, Alamosa MLS # 765014

\$200,000 - Country home north of Alamosa that sits on 5 acres. 5 bedroom, 1 3/4 baths, eat-in kitchen, living room with built-in shelves, some updating in kitchen and baths, new paint and carpeting, handicap accessible shower in downstairs bath, wood deck, stairways from 2nd story bedrooms for fire safety and water filter system. Located off a paved road and close to town. Call today for more details. 9205 Stanley Road, Alamosa MLS # 763069

415 - HOMES FOR SALE

FORSALE IN Alamosa. Nice log home, 3 Bedrooms, 2 Bathrooms. Totally remodeled 719-589-0464/719-580-9648. (2/5)

2 HOMES/ 5.25 Acres, Trees!, 3 wells!, Extra electric System, Trees!, Corral. \$184,000.00 970-640-9562.(2/15)

525 GUNS

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ACROSS

40 Welded
41 Help
42 Married
43 Canine
44 warning
46 Condense
50 Gas pump
abbr.
51 "Moon-
struck"
star
53 Seaweed
derivative
54 Land in
"la mer"
55 Under the
covers
56 Make
healthy
57 Color
58 Inquisitive
59 Hardy
green

DOWN

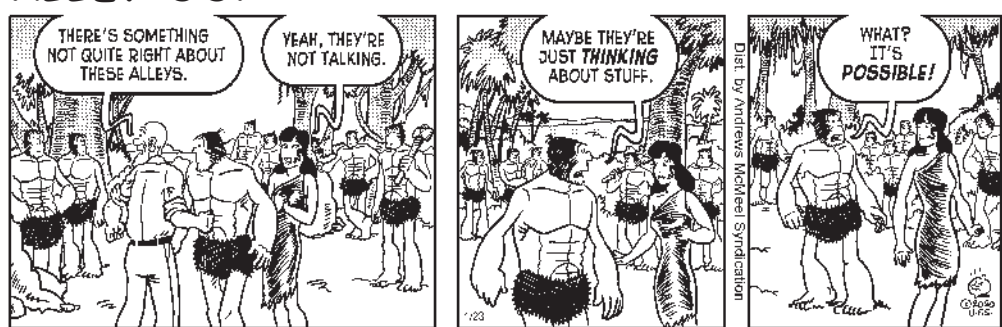
1 Bunyan's
blue ox
2 Mr. Trebek
3 Powder
base
4 Racetrack
near Miami
5 Big rigs
6 Part of
a list
7 Tricycle
rider



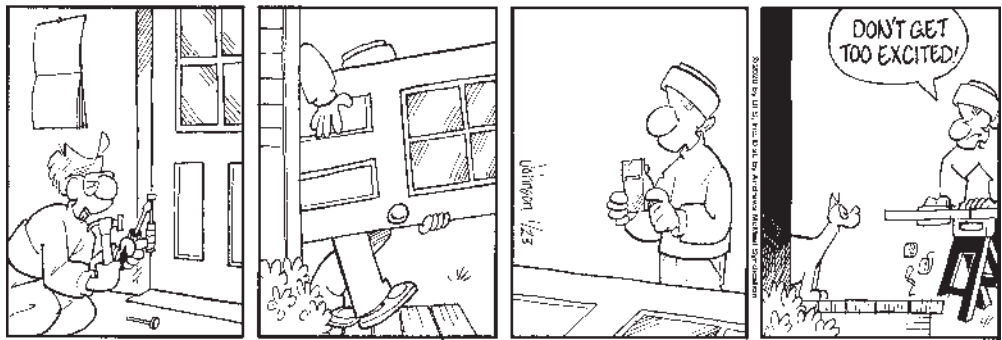
8 Invisible
9 Need a
scratch
10 Collar site
11 "The King
and I"
actress
19 Miller
or Blyth
21 Koppel
or Knight
23 District
24 Handle
roughly
25 Bedouin
26 Light
brown
27 Round tent
28 Nights
before
29 Get up
31 Modem
speed unit

33 Angry
36 Face
restorative
38 Deviate, as
a rocket
39 Tin Man's
need
40 Not masc.
42 Long-
winded
43 Set of
squares
44 Count on
45 Curved
molding
46 High notes
47 Water, in
Baja
48 Poet —
Sandburg
49 Oak or elm
52 Cinemax
rival

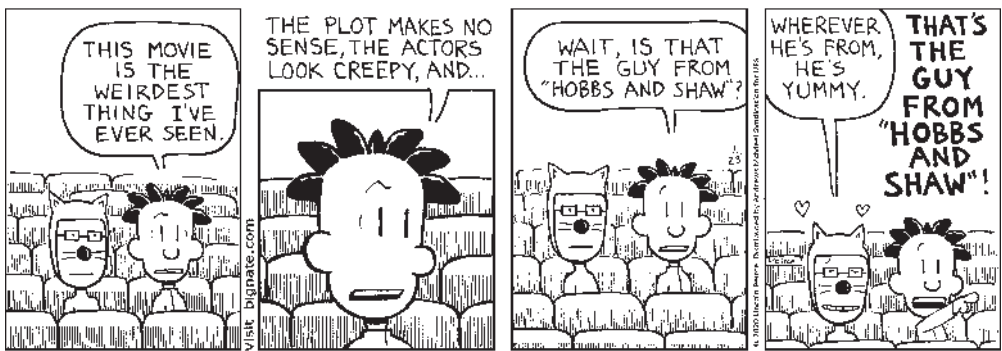
ALLEY OOP



ARLO & JANIS



BIG NATE



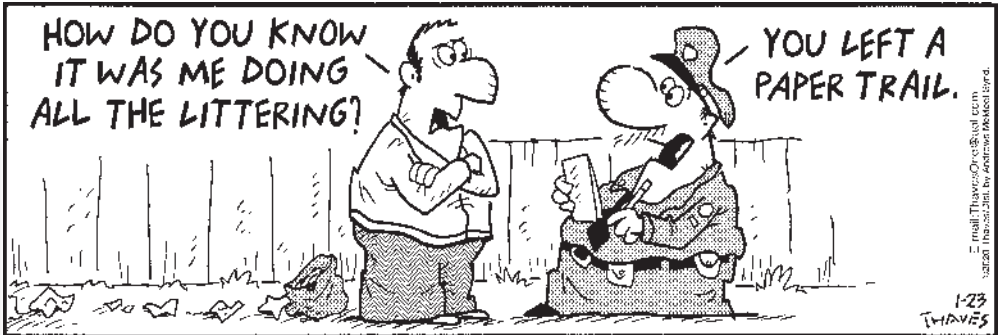
THE BORN LOSER



FOR BETTER OR FOR WORSE



FRANK & ERNEST



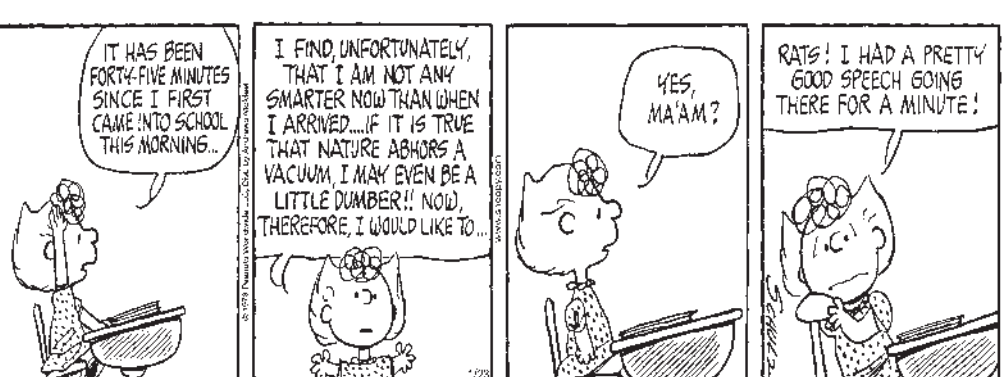
GARFIELD



THE GRIZZWELLS

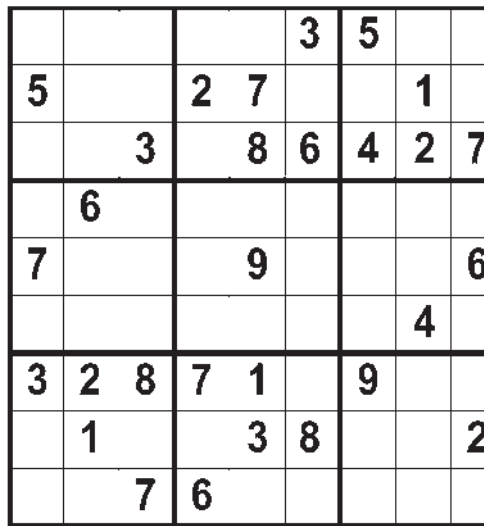


PEANUTS

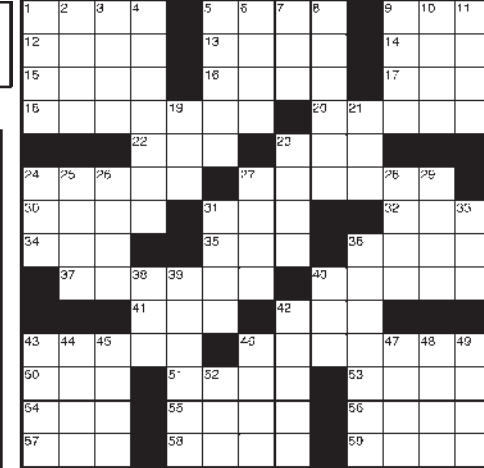


SUDOKU

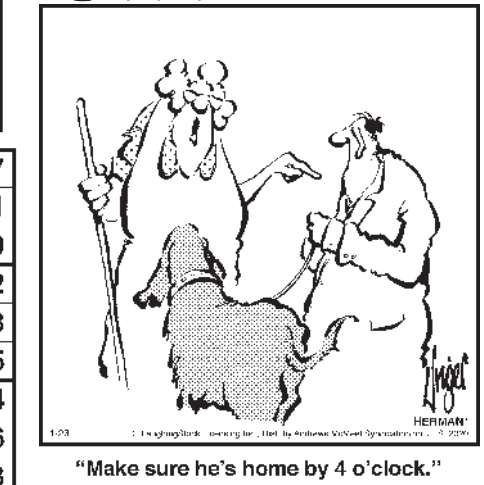
DIFFICULTY RATING: ★★☆☆☆



HOW TO PLAY:
Each row, column
and set of 3-by-3
boxes must con-
tain the numbers 1
through 9 without
repetition.



HERMAN



Talkative woman gives her friend the silent treatment

DEAR ABBY: I'm a busy woman. My friend "Adele" was calling me excessively on my cellphone. She would call up to three times every day, even when I was at work. When I would take her call, she'd start questioning me, asking me what I was so busy with. At times she would lecture me about things she thought I should be doing.

Her perfectionism and nonstop phone calls were smothering me. I finally asked her, as graciously as I could, to please stop the excessive calling. Now she no longer speaks to me at all.

We were friends for years, but the constant contact was stressing me out. Do you think I have ruined this friendship, or is this something that will blow over? -- SMOTHERED ON THE EAST COAST

DEAR SMOTHERED: Adele should not have been calling you multiple times every day, especially while you were at work, which could have had a negative effect on your job performance. It was not rude to ask her to stop and to explain why.

It appears that while your friend had no hesitation to lecture you about what you "should" do, she was hypersensitive when it came to receiving some constructive criticism. You haven't heard from her because she is trying to punish you. Consider yourself lucky. You haven't ruined

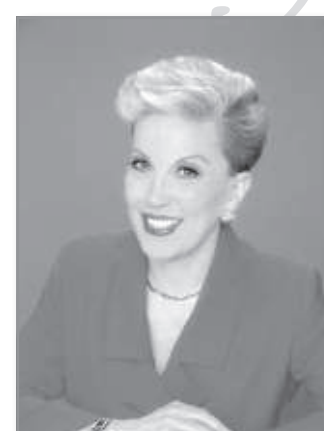
the friendship; she has.

DEAR ABBY: I am a gay man. I moved to this city to be with my boyfriend six years ago. We have since broken up and gone our separate ways.

When I moved here, I left behind my family, friends and all I had ever known to be with him, but something just never felt right here. Since the breakup, this city has felt less and less like home, but the problem is, I never really felt at home in the town I grew up in either. It was a small, repressed community where if you even said the word "gay," most people were ready to shun you. Only some of my closest and dearest friends and a few family members really accepted me.

I guess my problem now is, I just don't know what to do. I'm trying to find my place in this world. Any advice you can offer or help you can give would be greatly appreciated. -- NO PLACE FEELS LIKE HOME

DEAR NO PLACE: Go on the internet and start researching cities that have a sizable gay community in which you can meet other gay people. Your next step should be to see what employment opportunities are available there for someone with your skill set. If you make the move, I predict it won't take you long to feel at home because you will find the emotional support you are looking for. I wish you luck on what I am sure will be an exciting and reward-



ABIGAIL VAN BUREN

ing step forward in your life.

DEAR ABBY: I sent a VERY nice watch to my grandson for his 23rd birthday. The first thing he did was have it appraised for value and authenticity. The second thing he did was let me know he did it. I am flabbergasted and somewhat offended.

Additionally, this grandson and his siblings seem never to have been taught the importance of a handwritten thank-you note. Am I wrong and old-fashioned? -- NOT SO SURE IN THE SOUTH

DEAR NOT SO SURE: Not in my book. Good manners never go out of fashion. But don't blame your grandson or his siblings for the breach of etiquette. Parents are supposed to teach their children the social niceties, and it appears theirs fell down on the job.