



Back from break, Grizzlies defend the den.

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Robocalls deluge Coloradans.

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LOCAL NEWS... LOCAL VIEWS JANUARY 4, 2019 \$1

Imagine Your Ad Here!

SLV Today
Republicans will meet at Nino's

ALAMOSA— For those people who were unable to make it to the Alamosa County Republican November meeting, it was decided to change its meeting days to the first Monday of each month beginning with January, 2020. So, its next meeting will be on Monday at noon at Nino's Mexican Restaurant, after it was originally scheduled for Juanito's Mexican Kitchen. The meeting will feature guest speaker, Lauren Boebert, candidate for Colorado's Third Congressional District and owner of Shooters Grill in Rifle. All are welcome to attend.

BINGO!
LAJARA— On Sunday La Jara's Knights of Columbus #5512 Bingo, 1 p.m. at the Knights of Columbus Hall. Up to \$2,000 payout. \$10 entry fee.

Veterans beware
HOMELAKE — The Colorado Veterans Community Living Center at Homelake will be destroying patient medical records for the discharged year 2013. If you wish your record be retained, please contact Medical Records at 719-852-5118 before Feb. 3.

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SLV WEATHER

Sunny
28/-7
Sun.: Sunny 32/-2
Mon.: Sunny 27/-15

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Name, logo almost identical

Alamosa's Locavores Restaurant may have infringement case

ALAMOSA— An Alamosa restaurant owner is concerned that a new Denver-based upscale grocery store has diluted her brand. Small business entrepreneur Wendi Seger opened Locavores in Alamosa in 2016. The fast-casual restaurant filled a void in the community by offering fresh and fast food.

Then in November, a new grocery store called Leavers Locavore opened up in Denver where a discount Save-a-Lot store had closed in a quickly gentrifying neighborhood.

That new grocery store is owned by Leavers Supermarkets, Inc., a corporation that operates more than 20 grocery stores under multiple brand names across

■ See DENVER page 3



The overall shape and use of two stylistically similar typefaces are some of the similar elements that may confuse customers and constitute trademark infringement.

Wolf Creek gets huge snowfall

By LYNDISIE FERRELL
Valley Publishing

SOUTH FORK — Over the last several days Wolf Creek Ski Resort has received a staggering 54 inches according to reports coming from the mountain. This season, so far, has yielded a large amount of snow, bringing the total accumulation for the year to 193 inches. Though it was looking like a slow start for the resort, Mother Nature came through with flying colors and has people sliding to the area to enjoy the fresh powder, short lift lines and epic skiing.

The Town of South Fork has reported a slight increase in sales tax revenue. Which is notable as last season brought the town the most sales tax revenue they have seen in years.

Businesses throughout the region are reporting a successful year and those who reside in South Fork are commenting on the amount of people who have come to town to enjoy the town's hospitality.

Women's Vote Centennial tours area

1893 ballot box among several artifacts on display

STATEWIDE— The Women's Vote Centennial Colorado's commemoration of the 19th Amendment hit the road this month with its Road to the Vote traveling artifacts tour across Colorado.

The tour was created to move history — literally — across the state, while educating residents and organizations about the anniversary of the largest voting-rights expansion in U.S. history, through three outreach opportunities, which include a pop-up, traveling artifacts exhibit featuring an original ballot box from the 1884 Colorado elections and a reproduction ballot from the 1893 Colorado elections; a "call to action" for interested organizations to collaborate together and create space for civic engagement, commemoration, impact and support, and a "listening and learning tour" for regional organizations to help lead events and meetings.

The Women's Vote Centennial comprises the nation's most comprehensive statewide effort to examine the importance of voting in our democracy.

History Colorado, the state agency leading the initiative, created inclusive, historic opportunities for Coloradans to participate and join grass-roots efforts to learn about the complex history of women's suffrage — and, how



The Women's Vote Centennial Colorado's commemoration of the 19th Amendment reproduces ballot box from the 1884 Colorado elections, which is on display during its Road to the Vote tour.

Colorado transformed history for the entire country.

In 1893, Colorado was the first state to outlaw, via state referen-

dum, denying citizens the right to vote based on their sex. This took place more than 25 years before the national women's suffrage

Next stop

Jan. 6-17: Fort Garland Museum and Cultural Center (Fort Garland)

act was signed into law on Aug. 26, 1920.

The trailblazing collaborative fight for women's voting rights changed the course of history in Colorado and continues to inspire social, economic, political and cultural advancements today.

"We are thrilled to launch our tour across Colorado's landscape, reaching the iconic places that helped create history — and the people who continue to shape history," said Jillian Allison, director of the Center for Colorado Women's History. "More than ever, it's important to understand Colorado's early role in the national movement for the women's vote, while stimulating new participation, action and conversation."

■ See ACTION page 3

Fire destroys well house



Alamosa firefighters were called to 5444 County Road 112.9 northeast of town about 11:45 p.m. Thursday when a residential pump house caught fire and was destroyed. AFD Lieutenant Zach Cerny said 11 firefighters responded to the blaze with four trucks and were on scene for about 1 1/2 hours. The cause of the fire is under investigation.

Hoffman earns first-place award for top Christmas tree

A photo submitted by Ava Hoffman has been voted the best of 29 photos submitted in the Valley Courier's first-ever Christmas tree photo contest, sponsored by Alamosa State Bank. She will receive the grand prize of \$50. Her tree received 30 of the 90 votes submitted in the contest with more than 100 readers participating in the online contest at alamosanews.com.



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Opinion

Valley Gardening

BY RUTHIE BROWN

And other good stuff Heat wave, sidewalks 'n' puppies

All is cold, like freezing cold in the neighborhood.

That being said, if you are reading this on Saturday, you will be noticing the heatwave we are in the middle of.

It should be getting up to 31 on Sunday and then we are back into the 20s. Moral of the story, enjoy Sunday.

As I drive through town, especially in business areas, it saddens me that there is such apathy about clearing sidewalks of snow and ice.

I could be using all capitals in that sentence if the editor would let me.

I have been looking at City of Alamosa ordinances, which state that property owners have 24 hours for sidewalks to be cleared.

I am thinking a million tickets must already have been given, and the city will be rich, and those of us who care about the safety of our customers will be receiving rebates — right?

For those property owners on the corners downtown, it is your responsibility to keep the gutter pans clear, according to the City of Alamosa.

I think of my friends Leo and Maria (in a wheelchair) and how they plow through the snow and ice to get to the library, and who knows how they maneuver the sidewalks out west to get to the big box stores.

You know, fellow business owners, take some responsibility and get your walks cleaned up — for all of us.

I have had numerous folks tell me they won't shop downtown because they can't get out of their vehicles on the north side of the stores — it's icy and unsafe. Is that enough to convince you?

I'm going to give a plug to Ace Hardware for the wonderful ice scraper they have in stock.

I have purchased ice bars before and they are very heavy.

This new scraper is the cat's meow — why do they call it that?

I am still hopeful that Leo and Maria will have a new apartment in the next seven to 10 days. Please include them in your prayers.

They need to get in an apartment that is warm and has running water. And I mean not just two plug-in electric heaters. If you received a new recliner or love seat for Xmas and don't know what to do with the old ones, I might be able to haul them off for you. (Smoke and pet free, please). Many thanks in advance.

I was trying to find out how cold it was on Jan. 1, 1992 and wasn't successful.

Can someone look that up for me? It was the day Larry and I were married and the locks on the vehicles were freezing, the cars weren't starting ... it was cold. And there was way more snow than we have now.

Can you believe that Larry has put up with me for 28 years? What a lucky guy, don't you think?

My puppies are getting bigger, eating more and climbing all over. They are about 3 weeks old.

I saw on Facebook that more puppies, of a German Shepherd variety, have arrived out at Valley Humane League so go take a look. They are old enough to be adopted.

Before I forget, one of my friends mentioned that a person in a wheelchair came out of nowhere a couple of weeks ago, and she had to slam on the brakes.

If you are in a motorized chair, please make sure you have a flag or something that makes you visible.

When we first met Willie, he never wore a helmet or a safety vest and he had no lights on his bike.

No more. For his safety he has all the above now and doesn't leave home without them.

I like to think that I am a pretty safe/slow driver, but sometimes even pedestrians are hard to see at night when they are wearing dark clothing and walking against traffic.

If you are out and about and you see snow and ice on a business's sidewalk, please call the City of Alamosa at 719-589-2593 and report it.

Help make it safe and fair for everyone. If you have been given a citation, please let me know. I'm curious.

Ruthie Brown writes a weekly column, which comes out every Saturday.



To submit news, email: news@alamosanews.com
To submit sports, email: sjiron@alamosanews.com

Letters policy

Letters are welcome and encouraged. All letters submitted for publication in the Valley Courier must be typewritten, signed by the author, and must include a phone number and address where the author can be reached. Letters must not be libelous. The Courier will not run letters that are negative to specific businesses. The Courier's editorial board reserves the right to reject a letter for reasons it believes are appropriate. Letters may be subject to editing to fit available space, or exclusion from the Opinion Page. Please, no poetry. Please send signed letters to P.O. Box 1099, Alamosa, CO 81101 or email them to news@alamosanews.com. Letters to staff, not for publication, should be marked "personal."

Health Care enrollment ends Jan. 15

Colorado's Open Enrollment Continues through Jan. 15.

While Open Enrollment has ended for most of the country, there is good news for Coloradans who purchase their own health insurance.

Open Enrollment in our state continues through Jan. 15.

We are a nonprofit marketplace, available only to Coloradans, which means we have a bit more flexibility in providing health insurance to our residents.



Linda Gann

Our customers are Coloradans who do not get health insurance from their employer, don't qualify for Health First Colorado (our state's Medicaid program), and need help affording health insurance.

They still have time to sign up for a health insurance plan for this year.

Going into the final stretch, we are pleased to report more than 153,000 Coloradans have already signed up for a health insurance plan.

Approximately 68% of those enrollments qualified for financial help to lower their monthly premium. Coloradans who don't qualify for the financial help will see lower premiums for a 2020 plan as a result of the reinsurance bill passed

by our legislature last year.

Understanding all your options for health insurance can be daunting. That is why we have free, in-person help available from experts located throughout Colorado.

Certified brokers and community-based assisters can help you get the right health insurance coverage for your medical needs and budget.

Some enrollment centers also offer phone and virtual appointments. You can find help close to you at www.ConnectForHealthCO.com/we-can-help.

We know there is also concern over the recent Fifth Circuit Court decision in the Texas v. Azar case regarding the Affordable Care Act. As a reminder, the law remains in place while the case moves through the process, and our marketplace is as strong as ever.

Our CEO, Kevin Patterson, responded after the ruling, "I want to reassure our customers that regardless of the ruling by the Fifth Circuit Court of Appeals, the marketplace in Colorado is stable, strong and open for business. The steady pace of 2020 enrollments shows that Coloradans continue to rely on the health insurance coverage and the financial help our marketplace provides. The Affordable Care Act has withstood a variety of challenges since it became law nine years ago and remains unchanged while the case moves through the expected appeals, which will take some time."

"Colorado has also passed state laws that protect those with pre-existing conditions. You can rest assured that your financial help and plan protections and benefits remain in place."

After the Open Enrollment period closes on Jan. 15, residents can only sign up for a plan if they experience "Qualified Life Events," like losing Medicaid coverage, losing job-based insurance or certain family changes.

ABOUT CONNECT FOR HEALTH COLORADO

Connect for Health Colorado is a public, non-profit entity established by the Colorado General Assembly in 2011 to create a health insurance marketplace. Since 2013, we've been helping individuals, families and small employers compare plans, apply for financial help and buy health insurance. As Colorado's official health insurance marketplace, we are the only place to apply for financial help to lower the monthly cost of premiums. Customers can shop online, get help by phone or online chat from customer service center representatives, and access expert, in-person help from a statewide network of certified brokers and community-based assisters. For more information: ConnectforHealthCO.com.

Linda Gann, lgann@c4hco.com, Sr. Manager | Western Slope Region, Montrose | 970-417-7119

LBJ rolls out 'Great Society' plan

Today is the fourth day of 2020 and the 15th day of winter.

TODAY'S HISTORY: In 1896, Utah was admitted as the 45th U.S. state.

In 1965, President Lyndon Johnson presented the "Great Society" plan in his State of the Union address.

In 1995, the 104th U.S. Congress convened with Republican majorities in both the House and Senate for the first time since the Eisenhower presidency.

In 2004, NASA's Spirit rover landed on the surface of Mars.

In 2010, the 2,717-foot Burj Khalifa opened in Dubai, United Arab Emirates, as the world's tallest building.

TODAY'S BIRTHDAYS: Louis Braille

(1809-1852), Braille alphabet inventor; Don Shula (1930-), football coach; Floyd Patterson (1935-2006), boxer; Dyan Cannon (1937-), actress; Doris Kearns Goodwin (1943-), historian; Patty Loveless (1957-), singer-songwriter; Michael Stipe (1960-), singer-songwriter; Dave Foley (1963-), actor/comedian; Julia Ormond (1965-), actress; Kris Bryant (1992-), baseball player.

TODAY'S FACT: Medicare, one of the largest reforms passed as part of President Lyndon Johnson's Great Society initiatives, insured 60 million Americans in 2018.

TODAY'S SPORTS: In 2003, the Atlanta Falcons upset the Green Bay

Packers, 27-7, in the wild-card round of the playoffs. It was the first playoff loss at Lambeau Field in Packers history.

TODAY'S QUOTE: "More and more it seems to me that about the best thing in life is to have a piece of work worth doing and then to do it well." — Doris Kearns Goodwin, "Leadership: In Turbulent Times"

TODAY'S NUMBER: \$1.5 billion — estimated total cost (in U.S. dollars) of the Burj Khalifa project.

TODAY'S MOON: Between first quarter moon (Jan. 2) and full moon (Jan. 10)

Reader hoards clothes in case of weight loss

DEAR HARRIETTE: I have at least three sizes of clothes in my closet that represent the range of weights that I have carried over the years. My weight has gone up and down, which is why I have kept some of the clothes. But now it's getting ridiculous. I don't have room for the clothes that fit and that I want to wear because of the closets full of clothes that fit a smaller me. I'm worried that if I do eventually lose, I won't have clothing to fit my smaller body. Should I hold on to some of the smaller ones? — Outdated Wardrobe

DEAR OUTDATED WARDROBE: If you were to take a poll of women in your family, neighborhood, social clubs, house of worship — anywhere — chances are, you would find many women who have nearly identical

stories. Closets swelling with clothes that don't fit is a common scenario. And yet, it usually means that people are hoarding these belongings with the hope that one day they will be able to wear them again, though that day rarely comes.

You should go through your clothes, and anything that you have not worn in the past year or so should be tossed. You can give the clothing to friends and family, charity or elsewhere, but get it out of your house. If you want to hold on to one or two treasured items, go for it. But the lion's share of items should leave your home. This will free up your space for you to live in the moment, without clutter. If and when the day arrives that you do lose weight, you will want something new to wear anyway!

Keith R Cerny Publisher, Daniel McKillop Managing Editor, Valley Courier (ISSN 1047-1170), Awarded Colorado Press 2017, First Place, Best Photo Essay, First Place, Best Photo Portfolio, Second Place, Best News Photo, Second Place, Best photo Essay, Second Place, Serious Columns, The Valley Courier and Conejos County Courier are published daily, Tuesday through Saturday by Alamosa Newspapers, Inc. 2205 State Ave., Alamosa, Colo. 81101. Periodicals Postage is paid at Alamosa, Colo., Monte Vista, Colo., La Jara, Colo., and Fort Garland, Colo. Phone: (719) 589-2553. FAX: (719) 589-6573. News Media Corp. Web Site: http://www.valleycourier.com. Postmaster send change of address to P.O. Box 1099.

Lifestyle

Robocalls deluge Coloradans

STATEWIDE — Coloradans had to endure one of the most annoying aspects one can experience with a cell phone, as Colorado came in No. 3 as the state most bothered by robocalls in 2019.

“That’s what we discovered at Let’s Talk, after culling through robocall frequency data and thousands of Do Not Call Registry complaints,” according to a press release issued by Let’s Talk. Click on the link below to see the full 2019 Robocall report here: <https://www.letstalk.com/cellphones/states-robocalls-2019/>

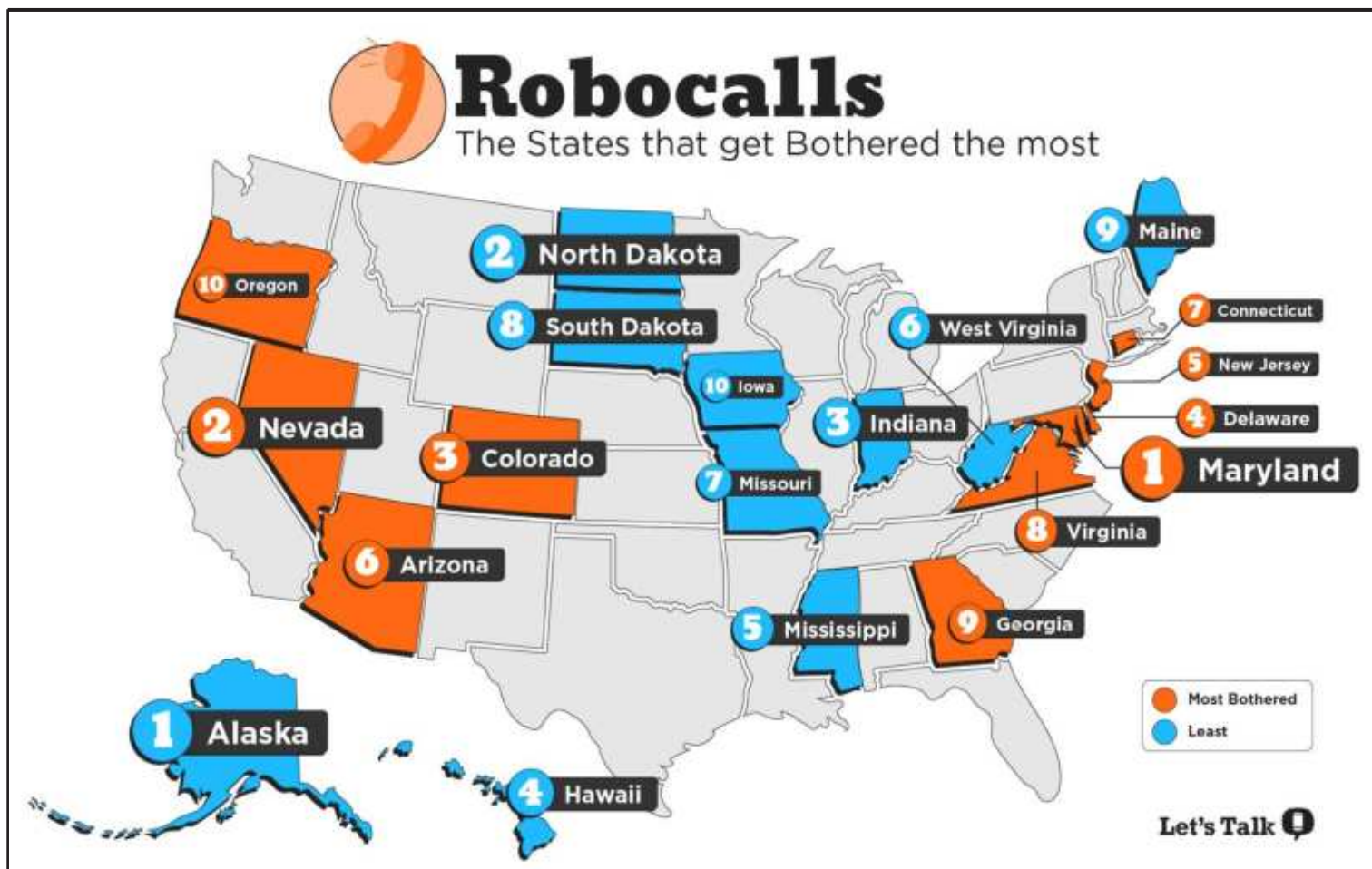
In Colorado, we found that: Residents in the state were estimated to have been robocalled more than 844 million times in 2019

Colorado residents made more than 130,000 complaints to the FTC about robocalls throughout the year

More interesting findings: Eastern coastal states and Western states topped the “most bothered” by robocalls rankings this year, while states in the Midwest and Central U.S. were “less bothered”

At least 58 billion robocalls were estimated to have been placed in 2019, up 22.36% from last year

Scams made up the largest portion (45.7%) of robocalls nationwide in 2019,



Graphic courtesy of Let'sTalk

followed by alerts and reminders (22.7%), payment reminders (20.3%), and telemarketing calls (11.3%)

Scams are on the rise. Over the past three years, they’ve risen from making up just 17.6% of robocalls to making up more than 45% of them

States can safeguard crops

Hemp, Inc. applauds USDA’s new insurance option for Hemp

LAS VEGAS, Nev. (GLOBE NEWSWIRE) — via NEWMEDIAWIRE — Hemp, Inc., a global leader in the industrial hemp industry with bi-coastal processing centers, including the largest multipurpose industrial hemp processing facility in the western hemisphere, announced this week its support for the U.S. Department of Agriculture’s new crop insurance option for hemp growers in select counties of 21 states in 2020.

The insurance program will provide Actual Production History (APH) coverage under 508(h) Multi-Peril Crop Insurance (MPCI). The MPCI coverage is for hemp grown for grain, fiber, and CBD oil for the 2020 crop year. This offering comes in addition to the Whole-Farm Revenue Protection coverage program available to hemp growers that was announced in 2019.

This new pilot insurance program is open to eligible producers in certain counties in Alabama, California, Colorado, Illinois, Indiana, Kansas, Kentucky, Maine, Michigan, Minnesota, Montana, New Mexico, New York, North Carolina, North Dakota, Oklahoma, Oregon, Pennsylvania, Tennessee, Virginia and Wisconsin. “The U.S. Department of Agriculture gave hemp farmers a huge Christmas gift this holiday season by creating a new kind of crop insurance for hemp producers in 21 states, just in time for the coming crop year,” said Bruce Perlowin, CEO of Hemp, Inc. “The new crop insurance option for hemp growers is a groundbreaking program because it brings hemp closer to other commodity crops and reduces risks for producers.” According to a June 2019 market research report published by MarketsandMarketsTM, the industrial hemp market is projected to grow from \$4.6 billion in 2019 to \$26.6 billion by 2025, recording a compound annual growth rate of 34% during the forecast period. Additionally, beginning with the 2021 crop year, hemp will be insurable under the Nursery crop insurance program and the Nursery Value Select pilot crop insurance program. Hemp will be insurable if it is grown in containers and in accordance with federal regulations, any applicable state or tribal laws, and terms of the crop insurance policy.

To see one-minute videos of Hemp, Inc.’s current activities, visit Bruce Perlowin’s personal Facebook page, where he shares daily posts of Hemp, Inc.’s activities around the country. **WHAT IS HEMP, INC.?** What is Hemp, Inc.? With a deep-rooted social and environmental mission at its core, Hemp, Inc. seeks to build a business constituency for the American small farmer, the American veteran, and other groups experiencing the ever-increasing disparity between tapering income and soaring expenses. As a leader in the industrial hemp industry with ownership of the largest commercial multi-purpose industrial hemp processing facility in North America, Hemp, Inc. believes there can be tangible benefits reaped from adhering to a corporate social responsibility plan.

HEMP INC.’S PROPRIETARY HEMP FLOWER DRYING SYSTEM

Unwavering in its commitment to the industrial hemp industry, Hemp, Inc. disclosed the successful development of its innovative hemp flower drying system for smokable hemp flower. Highly efficient, this compact proprietary hemp flower drying system is fast, drying in only three days as opposed to the traditional seven days while maintaining the critical terpene profile of the product. To be unveiled at

its Oregon location, Hemp, Inc. executives expect this advanced hemp flower drying system to bring in excess of \$10 million in revenue for the company from the Oregon 2019 harvest season. The drying process lends itself to creating Hemp, Inc.’s high quality range of “King of Hemp” pre-rolls and, of course, high CBD hemp flower. The sheer size and scope of the crop in Oregon is nothing short of amazing and is expected to be a massive game changer for Hemp, Inc.

DIFFERENCE BETWEEN HEMP ‘N’ MARIJUANA

Hemp is completely different from marijuana in its function, cultivation and application. In cultivating marijuana, the plants are spaced far apart, and the male plants are destroyed to assure that they cannot seed the female plants, which would result in undesirable, less potent and less marketable, seeded marijuana buds. Hemp, on the other hand, is planted close together and commonly hermaphrodites, which creates an abundance of seeds, the main component of Hemp foods and supplements. The Hemp stalks are processed and used for fiber, composite and other hemp based end products. Hemp is used in variety of other applications that marijuana couldn’t possibly be used in. These include healthy dietary supplements, skin products, clothing, and accessories. Overall, hemp is known to have over 25,000 possible applications. Hemp products such as Hemp Milk, Hemp Cereal and Hemp Oil are used by consumers every day.

HOW HEMP CAN CHANGE THE WORLD

Fiber — Hemp fiber can be used to make fabrics and textiles, rope and paper. The word “canvas” actually derives from the word cannabis.

Fuel — While the industrial, medicinal and commercial properties of hemp have been known to mankind for a very long time, its benefits to the environment have just been realized in recent years. One of the compelling things hemp offers is fuel. With reserves of petroleum being depleted, it would be nice if we could have a fuel source which was reusable and which we could grow right here, making us completely energy independent.

Food — Hemp seeds are very nutritious and were first thought to be eaten by the ancient Chinese and Indians. Hemp seeds have a nutty taste and can be eaten raw, ground up, sprouted or made into dried sprout powder. Hemp seeds also contain a very beneficial oil that is high in unsaturated fatty acids, including an optimal 1-to-4 ratio of omega-3-to-6.

Building Material — Hemp can be made into a variety of building materials. These include concrete-like blocks called ‘hempcrete,’ biodegradable plastics, and wood replacements. These materials have been used in the manufacture of many things, including electronics, cars and houses. In fact, the first American home made of hemp-based materials was completed in August 2010 in Asheville, North Carolina.

Biofuel — Remarkably, the oil from hemp seeds and stalks can also be made into biofuels.

Biodiesel — sometimes known as ‘hempoline.’ While this biofuel can be used to power engines, it does take quite a lot of raw material to produce a substantial amount.

Report courtesy of Hemp, Inc., ir@hemp-inc.com.

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We currently have multiple positions for solar installation. Pay starts at \$14.00 an hour!



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- 1 Shopping Local Creates Jobs:** The jobs created allow spending in the local economy and helps create more jobs.
- 2 Local independent businesses invest more in our community:** They support local charities, schools and community events which financially impacts our community.
- 3 Local businesses sell a wide range of great products at affordable prices and cater to the needs and wants of the community.**
- 4 Shopping Local saves you money and time!** Travel expenses and personal time make the overall cost of items higher.
- 5 Shopping Local retains our community:** Without the support in the local community, restaurants, shops and services are forced to close.
- 6 Shopping Local retains our distinctiveness:** Local businesses respond quicker to the needs of the customers and stock products to meet the core community’s needs.
- 7 Shopping Local encourages community growth.** By choosing to do business locally you help maintain Alamosa’s diversity, charm & appeal. Which in turn, attracts new community members.
- 8 Shopping Local invests in community services and city economy.** Your dollars spent in locally-owned businesses have three times the impact on your community as dollars spent outside of Alamosa.
- 9 Local shops value you more:** Local businesses survive by their reputation & repeat business which means you get a higher standard of service.

Sports

Grizzlies get back on track in new year

Grizzlies bank a win with long-range shooting

By **STEPHEN JIRON**
Courier Sports Editor

ALAMOSA — Adams State women's basketball got the new year started right with a big win at home to snap a three-game losing streak. The Grizzlies (2-10, 2-4 RMAC) cleared Chadron State handily by a score of 73-58.

The 2019/20 season has not kind thus far to Adams State. An 0-2 effort at the Texan Tip-Off Classic was followed by two more losses at the West Texas Pak-a-Sak Thanksgiving Classic. By the time Adams was back for their first home game, they sported an 0-6 record. Their first win of the season came quickly after beginning their conference schedule with a victory over New Mexico Highlands. Losses to Black Hills, South Dakota and Fort Collins set the stage for Friday's meeting with Chadron State (3-12, 1-5 RMAC).

The two teams got back into the swing of things feeling one another out through the first period. The Grizzlies and Eagles played to a 13-13 tie after one. Adams State would pull away thanks to some nifty shooting from beyond the arc. ASU went 50 percent from three-point land in the second quarter.

Laura Gutierrez set the pace immediately with a trey on her first attempt from the field in quarter two. Eight points from Zakiya Beckles, six from long range, and two from Ally McKenzie led to another Gutierrez three-pointer to give Adams State a 31-21 lead with less than 3 minutes remaining in the half. The girls in green would take a 31-23 lead to the break.

Adams State boasted a double-digit lead to begin the second half and was determined not to spoil it.

Six points from McKenzie led an 18-point quarter for Adams State pushing the lead to 16 points entering the final quarter. In the fourth quarter, Adams State's Marshall Hollins would follow a trey from Beckles with a layup giving Adams their biggest lead of the game at 20 points.

The final minutes would drip off the clock as Chadron elected to attempt intentional fouling as a means to try and close the distance. Adams State held on to claim the 73-58 win.

ASU's Zakiya Beckles went 9 of 15 from the field to lead all scorers with 23 points. Beckles was followed closely by teammate Gutierrez who netted 20 points, 15 from three-point land. The win marks the second of the year for the Grizzlies and makes them 2-1 at home.

Adams will get a chance to keep that number on the rise with another contest within the confines of Plachy Hall. Saturday evening Adams State will play host to Metro State University (4-8, 3-3 RMAC), tip-off is scheduled for 5:30 p.m.

ASU starts 2020 by ending skid

By **STEPHEN JIRON**
Courier Sports Editor

ALAMOSA — A win in the new year was just what the doctor ordered. Adams State (3-8, 1-4 RMAC) got a chance to better their position on Friday night and took it with an 81-78 victory over Rocky Mountain Athletic Conference (RMAC) rival Chadron State (2-10, 1-5 RMAC).

This season, Adams State turned things around for themselves pretty well. After suffering two losses in Texas, the Grizzlies broke .500 with two wins in the Fort Lewis Tournament and even turned that into a winning record with Nov. 23's victory over Northern New Mexico University.

Since then the Grizzlies went into a tailspin going 1-6 over their next seven games. Back from the break they were raring for a win welcoming the rival Ea-

gles to Alamosa for a conference contest. Friday was a testament to the grit and fortitude of Adams State.

Adams State would start a little slow in the first half. After ASU went ahead by 2, the first run of the game went to the Eagles. Chadron put together seven straight and took the lead. The Grizzlies would claw back and a layup from Adams State's Szymon Walczak would give the Grizzlies a 10-10 tie with under 11 minutes to play in the half.

ASU refused to go away, later posting a four-point run to re-take the lead. It was short-lived and Adams would take three more leads before the break only to go to the half trailing 31-28.

Adams State would start the second half much like the first half watching the Eagles start with an 8-2 run. Again, the Grizzlies would respond. Walczak and Rylan O'Brien would each chip in 3 points to an 8-1 Grizzly run, retaking the lead. Chadron State got hot and streaked to retake control at a 51-43 advantage. That 8-point lead would put Adams State in a hole they would spend the next ten minutes digging out of.

In the final four minutes, back within striking range, back-to-back treys from ASU's Logan Longo and Rylan O'Brien put ASU in the driver's seat with a 72-68 lead.

From there Adams would keep the visitors at bay to take their third win of the 2019/20 season. Walczak found traction in the second half for 13 points to take the team lead in scoring on the night with 17. Walczak was followed closely by teammates Rickey Norris and Rylan O'Brien who each banked 16 points in the victory.

The win puts the Grizzlies at 2-1 at home thus far this season. Adams will get a chance to improve on that when they host Metro State (6-5, 2-3 RMAC) on Saturday night at 7:30 p.m.



ASU's Marshall Hollins (10) drives the lane during Friday's win in Alamosa. Hollins led the Grizzlies with 7 rebounds.



ASU's Rickey Norris (1) finds a little breathing room between Chadron defenders. Norris finished second on the team in scoring with 16 points



Adams State's Zakiya Beckles (0) drives along the baseline during Friday's contest with Chadron State. Beckles picked up 5 three-pointers and led the Grizzlies with 23 points.



Adams State's Szymon Walczak (3) faces some stiff opposition while looking for the hoop during Friday night's victory over Chadron State. Walczak found his rhythm in the second half to lead his team in scoring with 17 points

Results

Adams State Basketball	
Jan. 3	Adams State 73, Chadron State 58 (W) Adams State 81, Chadron State 79 (M)
Prep Basketball	
Dec. 19	Cheraw 66, Sierra Grande 29 (G) Cheraw 74, Sierra Grande 43 (B)
Dec. 20	Lamar 52, Sargent 29 (B) Cotopaxi 67, Centennial 30 (G) Cotopaxi 49, Centennial 41 (B) Sanford 51, Escalante 13 (G) Sanford 54, Escalante 41 (B) Antonito 36, La Veta 28 (G) La Veta 44, Antonito 41 (B) Del Norte 62, Sierra Grande 20 (G) Del Norte 57, Sierra Grande 42 (B) Centauri 71, Cedaredge 25 (B) Alamosa 42, Delta 38 (G) Alamosa 65, Delta 64 (B)
Dec. 21	Centauri 48, Delta 40 (G) Centauri 62, Delta 48 (B) Moffat-Mtn Valley 45, Antonito 29 (G) Antonito 48, Moffat-Mtn Valley 43 (B)
Jan. 3	Antonito 48, South Park 32 (G) South Park 44, Antonito 28 (B)
Prep Hockey	
Dec. 21	Taos 8, San Luis Valley 3 Taos 8, San Luis Valley 1

Sports Bulletin

Prep Wrestling	
Dec. 16	<i>Rob Mickel Tournament</i> 1. Centauri, 4. Sierra Grande/Centennial, 11. Mountain Valley, 13. Center
Dec. 19	Dolores 21, Del Norte 18 Ignacio 36, Del Norte 18
Dec. 21	<i>Pete and Ina Gomez Invite</i> 10. Alamosa JV- 58, 11. Sierra Grande/Centennial- 57.5, 17. Del Norte - 37.5, 20 Mountain Valley-27, 21. Sargent-18, 24. Center- 12, 27. Centauri-3.
<i>Northern Colorado Christmas Tournament</i> 33. Centauri-59	
<i>Warrior Classic</i> 4. Alamosa-154.5, 31. Monte Vista- 31	

Upcoming Events

Adams State Basketball	
Jan. 4	5:30/7:30 p.m. Metro State at ASU (W/M)
Prep Basketball	
Jan. 4	2 p.m. Rocky Ford at Center (G/B) 5 p.m. Creede at Sangre de Cristo (G/B) 5:30/ 8 p.m. Centauri at Sanford (G/B)
Prep Hockey	

Jan. 4
12/ 3 p.m. Taos at San Luis Valley (DH)

Adams State Wrestling
Jan. 10
 All Day ASU at San Francisco State Tourny

Prep Wrestling
Jan. 4
 9 a.m. Alamosa at Pueblo South Tournament

Schedules subject to change

AHS Basketball Reunion

ALAMOSA — Alamosa High School is hosting a reunion for former coach Ken Niven. While at Alamosa, Niven oversaw a Mean Moose run of four consecutive titles from 1989-92 over Classes AA and 4A. He also had four Division I signees. The reunion will take place Friday and Saturday of Jan. 24th and 25th. Friday will be the home games against Montezuma-Cortez at 5:30/7 p.m. followed by a social at the Bankshot. Saturday will be a mid-morning shoot around at AHS then the home games against Pagosa Springs at 5:30/7 p.m. Niven and Alumni players will be recognized at halftime. Saturday's social will take place at the Purple Pig Pizzeria following the games.

ASU Volleyball open tryouts

ALAMOSA — Saturday, January 25th the ASU Grizzlies Volleyball team will be holding tryouts. The event is open to any 2020/2021 high school students and/or Junior College players. For the registration form email alimiller@adams.edu. Participants are asked to bring or email in a completed registration form, a current sports physical and a proof of insurance (company and policy information). For questions or to email in a form, physical, insurance package be sure to contact Coach Miller at alimiller@adams.edu or at (720) 879- 2803

Classified Marketplace

FREE!

Sell your household items for FREE. Total value of item must be \$200 or less. FREE ads include 20 words or less and run 5 times.



SERVING: ALAMOSA • RIO GRANDE • CONEJOS • COSTILLA • SAGUACHE • MINERAL COUNTIES

Public Notices

PUBLIC NOTICE

TOWN OF CENTER REGULAR MUNICIPAL ELECTION PETITIONS
The Town of Center Regular Municipal Election will be held on Tuesday, April 7, 2019. The Election will be conducted via Mail Ballot. There are four (3) Trustee positions and the Mayoral position which will be on the ballot. Nomination petitions for the office of Trustee will be available for circulation beginning on Wednesday, January 7, 2019 at 8:00 a.m. Nomination petitions must be filed with the Town Clerk's Office no later than Monday, January 27, 2019 at 5:00 p.m. Candidates must be at least eighteen (18) years of age on Election Day; must be a registered elector and must have resided within the limits of the Town of Center for twelve (12) consecutive months immediately preceding the date of the election.
No. 1218
Published in the Valley Courier on December 31, January 2, 3, and 4, 2020.

221 HELP WANTED

VISITING ANGELS IS Now hiring compassionate caregivers to do non-medical in-home care in the SLV area. We Train You! You will receive pay for the following trainings: diabetic care, Home Health Aide care, nutrition care, dementia care, CPR certification and domestic violence reporting to name a few. If you have a heart for this kind of work, and you want to work for an amazing, FUN, and dedicated agency, we want you! We offer incentives, bonus program, paid training and much more! C.N.A.'s also Needed...We are the #1 agency in the nation, and we take pride in caring for the elderly and disabled. Flexible Shift Availability. Some Travel may be required. LOVE...it's what we do! Apply today at <https://vaswcolorado.clearcareonline.com/apply/> or call 970-264-5991 for more details.(1/8)

FRIDAY HEALTH PLANS is a company designed for the new healthcare economy and empowers more consumers to choose their own health coverage. FRIDAY IS LOOKING FOR ITS NEXT GREAT CUSTOMER SERVICE REPRESENTATIVE IN ALAMOSA TO JOIN OUR RAPIDLY GROWING TEAM! The successful candidate must have 1-2 years' experience in a customer facing position. Must also have excellent interpersonal skills, good communication skills, and professionalism in dealing with coworkers, members, and providers. Interested candidates should send their resume and cover letter to resumes@fridayhealthplans.com. (01/18)

FRIDAY HEALTH PLANS is a company designed for the new healthcare economy and empowers more consumers to choose their own health coverage. FRIDAY IS LOOKING FOR ITS NEXT GREAT PROJECT MANAGER IN ALAMOSA. The successful candidate must have 1-2 years' experience in a business or information technology position. Must have computer literacy and be proficient with technology as the candidate will lead and conduct testing environments for product and system implementations, and provide training for staff on various software platforms and programs. Must also have excellent analytical and problem solving skills accompanied with excellent oral and communication abilities. Interested candidates should send their resume and cover letter to Human Resources Department, Friday Health Plans of Colorado, resumes@fridayhealthplans.com. (1/3)

RIO GRANDE SAVINGS & Loan is seeking a Full Time Teller/Customer Representative to join our team in the Monte Vista office. Qualified candidates will have superior customer service skills, the ability to work cooperatively in a team environment and must be proficient with a 10-key and Microsoft Office. Successful candidates must be able to perform teller functions and assist customers, while complying with banking regulations and internal policies and procedures. Position offers excellent salary and benefits in a great working environment. For additional information please contact Kate Ruybal @ 719-852-7051. Applications available at www.rgsla.com/contact - deadline is January 7th, 2020.(1/10)

HELP MIDDLE SCHOOL youth. Full-time, benefits. Apply by Jan. 5. Details at www.slvcareer.org.(1/4)

221 HELP WANTED

VENDOLA PLUMBING AND Heating is hiring a full time secretary. Great Pay, Paid health insurance, Time off, retirement and yearly bonuses. Please apply at 185 Broadway, Alamosa Co. (01/09)

RIVER VALLEY INN Nursing Home in Del Norte is looking for CNA's to join our Family! Night shift with differential, health benefits/competitive wages. Please stop in for an application at 1335 6th St. in Del Norte Co or call 719-657-1105. Ask for Susan or Paula. (RVI is EOE)(1/22 #2)

RIO GRANDE COUNTY Weed Control District is seeking a full time Weed/Pest District Supervisor. Applicants must have a High School Diploma or GED, knowledge of noxious weeds with Colorado Department of Agriculture Pesticide Applicators Qualified Supervisor License. Good driving record and current Colorado Driver's License required. Background Check and Pre-employment Drug Screening required. Application and job description are available on line at www.riograndecounty.org, or pick up and submit to Human Resources: 925 6th St., Rm. 200; Del Norte, CO 81132.(1/11)

221 HELP WANTED

SLV FEDERAL BANK is now accepting applications for a Member Service Representative in our Monte Vista office. Applications and position descriptions are available at www.slvfed.com or at each branch location. Equal opportunity Employer, including considering individuals with Disabilities and Veterans/Affirmative Action Employer.(1/15)

SIERRA GRANDE SCHOOL District is accepting applications for a High School Boys Baseball Coach; applicants must be willing to meet all CHSAA guidelines. For more information contact Mr. Lucero at mlucero@sierragrandeschool.net or at (719) 379-3259. Applications are available at Sierra Grande School District at 17523 Hwy 160, Blanca, CO 81123 or www.sierragrandeschool.net. Application deadline is open until filled. EOE.(1/10)

LOOKING FOR A career opportunity and being a part of your local community? 1st Southwest Bank is growing and hiring in the following positions, Credit Analyst and Personal Banker, offering a strong benefits package & career growth opportunities. EOE. Go to <https://www.fswb.bank/who-we-are/careers/> for more details & to apply.(1/9)

221 HELP WANTED

SIERRA GRANDE SCHOOL District is currently accepting applications for a full-time night custodian. Experience in building maintenance with a basic knowledge of plumbing and electrical is preferred. Applicants must have a valid driver's license. Application forms are available at the district office located at 17523 E. Hwy 160 Blanca, CO 81123 or on District's website at www.sierragrandeschool.net Applications may be submitted to Mr. Robert Taylor at rtaylor@sierragrandeschool.net or turned in at the district office. Position is open until filled. For more information please contact Mr. Robert Taylor at 719-379-3257. (1/5)

JOHNNY'S AUTO TRIM & Rod Shop, Alamosa, looking for experienced mechanic, fabricator, paint/body, upholster, electrical, detailer and p/t bookkeeper. Quality a must; see FB page. Send resume to johnnysautotrim@msn.com; salary TBD on experience. (01/31)

TIMBERLINE CATTLE INC. is hiring a full time farm/ranch hand. Can start immediately. Please call 719-588-1379 to apply. (1/17)

221 HELP WANTED

SEEKING EXPERIENCED AND dependable Full and Part Time gas station cashier and cooks in Antonito, CO. Please call (719) 580-7772 or (505) 920-0925 for an application.(1/4)

221 HELP WANTED

NEED A SECOND IN-COME? child support? Car Repairs? Taxes Due? Earn up to \$800/month delivering the Valley Courier. Contact Keith at 589-2553. (2/26-TFN)

ALAMOSA COUNTY JOB OPPORTUNITIES

- Detention Officer
- Patrol Deputy
- Road & Bridge Maintenance Technician
- DHS Child Welfare Social Worker

Visit www.alamosacounty.org for details
8900-A Independence Way • Alamosa

\$30,000+
Immediate opening in multi-media sales. Experience appreciated.
Send resume to:
KCerny@alamosanews.com
Valley Courier

San Luis Valley Rural Electric Cooperative, Inc.
Telecommunication Service
Schedule ME – Metro Ethernet Service
Type of Service:
Metro Ethernet/Carrier Ethernet
Characteristics of Service:
Ethernet services provided to subscribers requiring a guaranteed quality of service. This service provides service types such as VLAN (Virtual LAN), Ethernet multipoint to multipoint, Ethernet point to point and Ethernet virtual private line.
Monthly Charge:
10 Mbps \$280.00
20 Mbps \$390.00
30 Mbps \$480.00
40 Mbps \$550.00
50 Mbps \$610.00
60 Mbps \$670.00
70 Mbps \$720.00
80 Mbps \$770.00
90 Mbps \$820.00
100 Mbps \$830.00
110 Mbps \$1,110.00
1310 Mbps \$1,310.00
1470 Mbps \$1,470.00
1610 Mbps \$1,610.00
1730 Mbps \$1,730.00
1850 Mbps \$1,850.00
1950 Mbps \$1,950.00
2050 Mbps \$2,050.00
2140 Mbps \$2,140.00
A 10% discount will be offered on the above listed rates with a 3-year contract.
A 15% discount will be offered on the above listed rates with a 5-year contract.
This tariff is subject to the Telecommunications Terms and conditions as defined by San Luis Valley Rural Electric Cooperative, Inc. The Telecommunications Terms and Conditions are subject to periodic changes and are available on our website or upon request.
No. 1220
Published in the Valley Courier on January 04, 2020

221 HELP WANTED

THE ALAMOSA COUNTY Commissioners have announced a "Notice of Vacancy" and accepting applications for a board member position on the Local Marketing District Board through the Alamosa Convention & Visitors Bureau. The Alamosa Convention & Visitors Bureau (CVB) is funded through the Alamosa Lodging Tax and the Alamosa Local Marketing District tax collections. The CVB team of professional staff serve at the direction of the Alamosa Tourism Development Board and the Local Marketing District Board. The members of these boards are appointed by the Alamosa County Commissioners and include the very best community leaders who have a firsthand knowledge of tourism and economic development. The board meets on the second Thursday of every month unless otherwise posted. Meeting agendas are posted at The Depot, 610 State Avenue, Alamosa. It is the goal of the Local Marketing District to bring visitors to Alamosa County while providing them with the best attractions, events, and services possible. Expectations of a board member is to attend the meetings and actively engage in the direction and budget of the Local Marketing District. This is an unpaid board position and you must be a resident of Alamosa County to apply. Those interested in applying for the Board must fill out an application. It may be found at www.alamosacounty.org. Applications must be received by January 16, 2020. Send your information to Belina Ramirez, Executive Assistant, 8900-A Independence Way, Alamosa, CO 81101 or to bramirez@alamosacounty.org. If you have questions regarding the Local Marketing District Board please contact Kale Mortensen, Executive Director at director@alamosa.org. (01/11)

221 HELP WANTED

ARLAN'S PRO SERVICE has 20 jobs openings for Solar Installation. Starting wages \$14.00 per hour, apply in person at 6750 Cramer Road, Alamosa CO. or call 719-496-6901. (01/10)

WANTED: SAGUACHE COUNTY Landfill is Hiring for an additional Full Time Attendant. REQUIREMENTS: Applicants must fill out and submit an application, must be an experienced front end loader operator and possess a valid driver's license. Applicants should have a high school diploma or GED and six months or more of relevant experience. Final candidates applying with Saguache County will be required to submit and pass a pre-employment drug screen and criminal background check. Pay D.O.E. Landfill Attendant is a full time 40 hour per week position – starting at 8:00 A.M. each day Tuesday through Saturday (subject to change) Those applying must be an experienced front end loader operator, have the ability to do strenuous outdoor physical labor in extreme weather conditions and be able to lift and/or move 20 lbs. to 75 lbs. Applications are available at the Saguache County Road and Bridge/Landfill Office 305 3rd Street, PO Box 476, Saguache, CO 81149 719-655-2554 or on the Saguache County website – www.saguachecounty.net under the Landfill Department tab. Completed applications can be hand delivered or mailed to Saguache County Road and Bridge/Landfill Office – at the address listed above, sent by email to mhashbarger@saguachecounty-co.gov or faxed to: 719-655-2543. APPLICATION DEADLINE: Open until a qualified candidate is hired. Saguache County is an Equal Opportunity Employer. (01/31)

WHEN PUBLIC NOTICES REACH THE PUBLIC, EVERYONE BENEFITS.

Some officials want to move notices from newspapers to government-run websites, where they may not be easily found.

This is like putting the fox in charge of the hen house.

Keep Public Notices in Newspapers



Comics

CROSSWORD PUZZLE

ACROSS

1 Volume booster
4 Nearly all
8 Wild guess
12 "Skip to My —"
13 The chills
14 Designer Chanel
15 Shiny metal
16 Wolfish look
17 Emanation
18 Mr. Bunker
20 Horse trough
22 Detox locale
23 Powdery residue
24 Major banking center
28 Snaky fish
31 Icicle locale
34 Actress — Hagen
35 "Green Gables" redhead
36 Spotted, as a horse
37 Ore. neighbor

38 Classroom sound
39 Prince Valiant's eldest
40 Building material
42 Owed right now
44 Any Elvis recording
48 Sharper
51 Hanging on the line
52 The A in BA
53 Stay afloat
55 Stray dog
56 Ceremony
57 Mel's Diner waitress
58 Before now
59 Noted limerick maker
60 Rind
61 Firmed up

DOWN

1 Sacred place
2 Ripple pattern
3 Sock
4 Beach near Los Angeles

5 Type of arch
6 Bring action
7 Semester
8 Examines
9 Makes sturdier
10 Land unit
11 Wild tusker
19 Made misty
21 Contented murmur
25 Old Norse poem
26 News article
27 Prehistoric dwelling
29 Jr. naval officer
30 Sanctioned
31 DDT banner

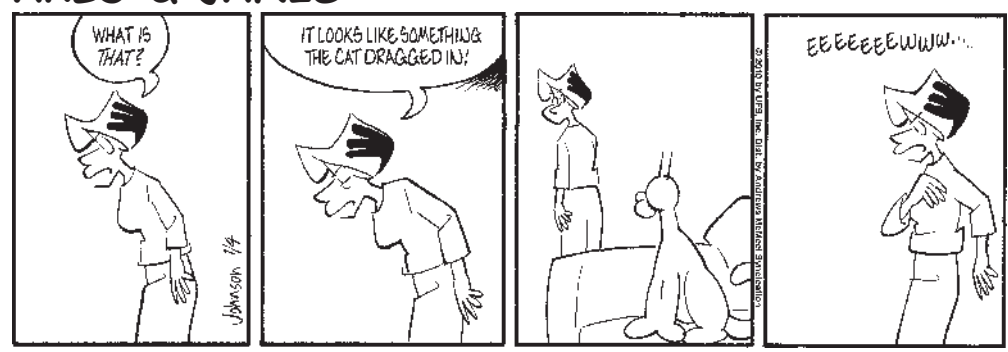
32 Diver's need
33 Feud
35 Suitably
40 Passing grade
41 Same as always
43 Bobby of Indy fame
45 Minces
46 Get acclimated
47 Heron
48 Malden or Marx
49 Toledo's lake
50 Party-thrower's plea
51 Really bad
54 Minuscule



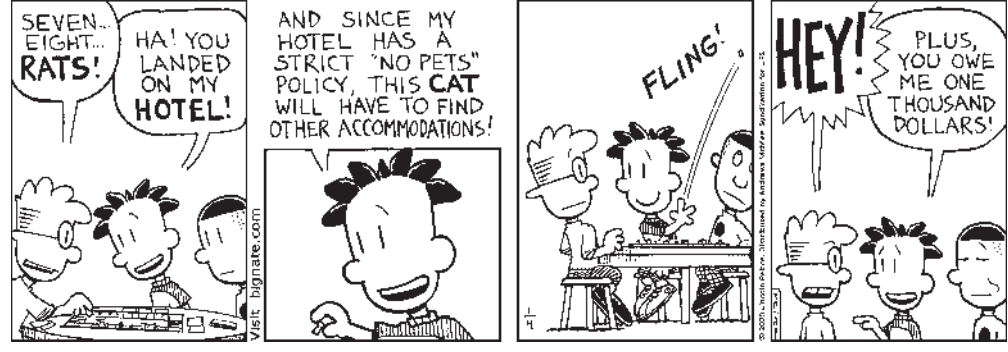
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ARLO & JANIS



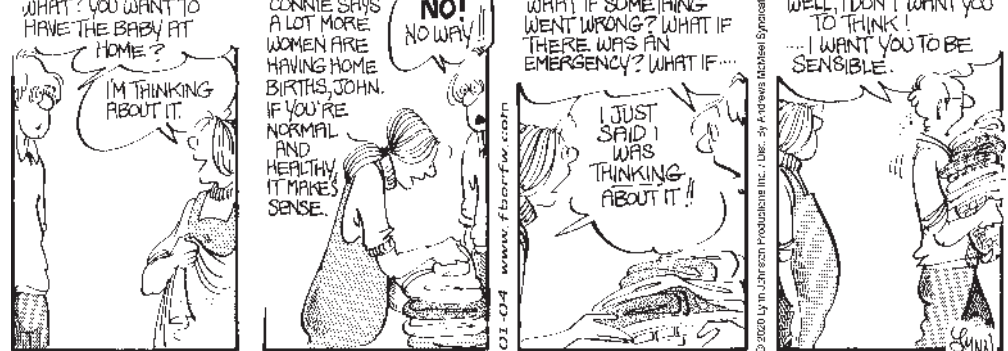
BIG NATE



THE BORN LOSER



FOR BETTER OR FOR WORSE



FRANK & ERNEST



GARFIELD



THE GRIZZWELLS



PEANUTS



HERMAN



"If I get a good mark, you could be looking at a very nice apple tomorrow morning."

SUDOKU

DIFFICULTY RATING: ★★★★★

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			7						8
		3		9	5				
5						8	2		
7		2				6			
4	8						3		
3	6		9						
5		3							
8	9		6	5		4			

HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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Bride's choice of groomsman brings back painful memories

DEAR ABBY: I am a 37-year-old man who is getting married for the first time. My fiancée, "Holly," and I went to middle school and high school together, but never really got to know each other until a few years ago. I love her more than words can describe, and I'm happy to be getting ready to spend my life with her.

Growing up, I was socially awkward, partly due to having Asperger's, which made me a target for bullies. Holly and I are now choosing our wedding party. My sister will be one of her bridesmaids. Holly is an only child, so she doesn't have a brother who could be one of my groomsmen. She has expressed that she would like her cousin "Gerald" to be one of my groomsmen, so someone from her family is in our wedding party.

The problem is, Gerald was my main tormentor from eighth grade all through high school. At one point in 10th grade, his cruelty led to my attempting suicide. I carry the scar from the attempt on my right wrist.

I understand that people change and mature as they grow older, and I'm OK with Gerald attending the wedding. But the idea of him standing next to me on the biggest day of my life, along with my best friend and two closest cousins, triggers too many awful memories.

How can I plead this to Holly without hurting her feelings or looking shallow and petty? -- NERVOUS GROOM-TO-BE

DEAR GROOM-TO-BE: Shallow and petty? The scar on your wrist is visible, but clearly there are others, equally painful, that are not. I don't think it would come across as either shallow or petty if you explain to your fiancée, exactly as you have explained it to me, why you prefer Gerald not be at the altar with you on the most important day of your life. This is something Holly should have been made aware of before the two of you set a wedding date. Do it now.

DEAR ABBY: I've been an alcoholic since I was 21. I was married for 19 years, and my drinking was at its worst toward the end. I was selfish toward my wife and my daughter. Since then, I have learned many hard lessons that could have been avoided if only I had never drunk.

I have apologized to my ex-wife for my actions. I was never violent, but I embarrassed her and my daughter with behavior that I'm ashamed of. After our divorce, I made a few more mistakes and finally sought help. I'm in a Christian-based rehab program and have chosen to follow this path for the rest of my life.

Over the last six months I have sent texts and a few let-



ABIGAIL VAN BUREN

ters to my daughter, hoping for an acknowledgment or some dialogue, to no avail. Since being at rehab, I've written her about my feelings and some small talk, always ending my letter telling her she's the love of my heart, and I miss her. Is there anything else I can do? -- HOPING AND PRAYING IN NASHVILLE

DEAR HOPING: Yes, there is one more thing you can do. Because she may consider your words nothing but lip service, make an attempt to visit her so she can see the change in you. Accept that damage has been done, and you cannot alter the past. Continue living your life on the path you have chosen and pray that, with time, your daughter will recognize that you have turned your life around and let you back in to hers.

Calendar

ALAMOSA — The SLV STEAM Shop makerspace is open to the public most Wednesdays from 5-8 p.m. south of Richardson Hall and west of the theater building on the Adams State University campus in Alamosa. The SLV STEAM Shop provides access to 3D printers, machine knitting, small-scale casting, electronics fabrication, a laser cutter and much more.

VALLEY — Energy assistance is provided through La Puente's Outreach homeless prevention program. To qualify you must be directly responsible for an energy bill, your bill must be past due, and you must meet income qualifications. Call (719) 587-3781.

MONTE VISTA — Valley Fiber Art Guild (VFA) is a group for anyone interested in fiber arts: knitting, crocheting, weaving and spinning. We work on our individual projects, sometimes do projects together and learn from each other. We meet the fourth Saturday of every month, from 1-4:30 p.m. at 757 County Rd. 29, Monte Vista. Call or email Wanda Couzens-Smith for more information at (719) 719-852-5000 or wcouzens-smith@gmail.com

CAPULIN — Free tutoring is available in the Capulin Library from 11 a.m. to 4 p.m. every Friday for students first grade through twelfth grades in all subjects.

ALAMOSA — Cats Alive is in need of dry cat food to help volunteers feed cats throughout the San Luis Valley. Also goat milk is appreciated for the kittens. To donate cat food call Marge at (719) 298-7028 (willing to pick up donated food) or send monetary donations to help with the cat food to Cats Alive, P.O. Box 84 Alamosa, CO 81101 or online at catsaliveslv.com.

CONEJOS COUNTY — Conejos Library District is in need of volunteers in Antonito, La Jara and Capulin. The library is a great place to volunteer.

Please contact Maria DeHerrera at (719) 274-5858.

MONTE VISTA — The Monte Vista Assembly of God Church, God's Closet, located at 881 N. Hwy 285, across from Mountain King is in need of clothing donations. Bring them to the white shed.

VALLEY — Cat food is needed to distribute to all the volunteers that are feeding the cats. Cat food donations may be left with Abie Roybal, 225 10th St., Alamosa, and monetary donations may be made to Donna K. Ditmore, manager for cat welfare for Alpha Humane, a nonprofit tax-exempt organization, and sent to 3095 County Road 108 South, Alamosa, CO 81101.

ALAMOSA — Habitat for Humanity is accepting applications for homeownership in Alamosa. Applicants contribute 500 hours of "sweat equity," time and labor. Construction is done with the help of hundreds of volunteers. When a house is completed, applicant families purchase the homes from Habitat for Humanity with a nonprofit mortgage. Call Habitat at (719) 589-8678 or go to www.slvhabitat.org

ALAMOSA — Grief support group meets the first Tuesday of every month at the Alamosa 1st United Methodist Church from 5:30-6:30 p.m. Call Liz Hood at (719) 580-3697.

ALAMOSA — VFW in Alamosa hosts BINGO every Tuesday at 7 p.m., with doors opening at 4:30 p.m. Packs are \$5.

ALAMOSA — Groups are held for women who have experienced domestic violence every second Tuesday from 5-6 p.m. at the Grizzly Training Center, Alamosa. There will be refreshments and childcare provided. Contact Jennifer McCoy-Hanna at Tu Casa, Inc. at (719) 589-2465.

VALLEY — Keep drivers safe in your community. Become an AARP Driver Safety Volunteer Instructor today. Do you have a passion for helping others and want to make your community safer? AARP needs dedicated volunteers as instructors to grow this leading educational program. Sign up today at www.aarp.org/driversafetyvolunteer

VALLEY — La Puente is in need of volunteers split wood to bring relief to local families. Volunteers with chainsaw skills are most needed, but anyone is invited. To volunteer, call Shanae at (719) 587-3499 or email volunteers@lapuente.net

ALAMOSA — Circle of Parents in Recovery provides a safe, supporting, confidential, non-judgmental environment where parents can openly discuss the successes and challenges of parenting in recovery. The group meets every first and third Tuesday from 4-5:30 p.m. at Living Water Bible Fellowship 2019 Clark St., Alamosa. Contact Mary Lambert at (719) 587-6965 or mlambert@slvbhg.org

ALAMOSA — Made up of community members who write in many different genres, the Sophia Circle meets weekly to provide support for writers and their writing projects in the downstairs conference room at the Colorado Welcome Center at Alamosa, Sixth and State, on Sundays from 1-3 p.m. Writers may drop in on any meeting. Bring copies of the work you want to share. Call Holly at (719) 588-7066.

ALAMOSA — "Planting Seeds for Kindergarten" is the Alamosa Public Library program that encourages all families and caregivers to read 1,000 books with their young children before they enter kindergarten. Participants will be rewarded for every 100 books they read. Register at the Alamosa Public Library today, 300 Hunt Ave., Alamosa.

CONEJOS COUNTY — The Conejos County Library is looking for volunteers to read aloud to young children. Volunteers can join in visiting homes around Conejos County and talking to parents and caregivers about the value of instilling a love for reading. Please contact Margie Wagoner at the Conejos County Library at (719) 274-5858.

ALAMOSA — Alamosa Toastmasters meets on Mondays at noon at The Bridge in Alamosa at 3407 Carroll St. Participants will find a supportive learn-by-doing environment that allows them to achieve their goals at their own pace. Call (719) 588-5127.

ALAMOSA — Can't make it to Storytime at the Alamosa Public Library? That's okay, check out the Storytime to Go Kits designed to bring

Storytime into your home! Come into the Alamosa Public Library today, 300 Hunt Ave., Alamosa.

ALAMOSA — MOPS, (Mothers of Preschoolers), a gathering place for moms with young children (birth through kindergarten) that offers connections, community, resources and support to meet the needs of every mom meets every first and third Wednesday at Living Water Bible Fellowship Church, 2910 Clark St., Alamosa, from 9-11 a.m. See facebook.com/mopsalamosa or mopsalamosa.com

LA JARA — MOPS-La Jara provides a reenergized program this fall on a new day, Thursday, with new crafts, discussions, snacks and learning at the United Church of La Jara, a safe place for the older kids to play and learn with a great staff to lead all activities. The great times begin at 10 a.m. on the second and fourth Thursdays. Call Debbie at (719) 580-6721.

VALLEY — Rio Grande County Tourism Board is looking for high quality photographs that photographers would be willing to let the tourism board use for advertising purposes. Contact Ruth Carapella at ruth@pen-craftco.com or president@riograndetourism.com

CONEJOS COUNTY — The Conejos Library District has applied for and received a grant from the Temple Hoyne Buell Foundation titled Growing Readers Together. The purpose of the grant is to provide early literacy reading materials, reading related toys, and educational activities for home day care providers. The library will be able to provide kits in the form of books, educational toys, music and activities to anyone doing home day care in Conejos County. Those who are interested in participating in this program please contact the library at (719) 274-5858.

ALAMOSA — The Valley-Wide Pharmacy is now a registered drop-off location for the Colorado Household Medication Take-Back Program. There is now a drop-off receptacle located at the pharmacy for the collection of household medications, including both prescription and over-the-counter medications. Drop off any unwanted household medications for free at the Valley-Wide Pharmacy. The Valley-Wide Pharmacy is inside the Alamosa Family Medical Center clinic at 1710 First St, Alamosa.

VALLEY — La Puente Outreach is currently accepting medical applications. Those who are in need of help paying for prescription glasses, hearing aids, medical equipment or dental procedures, please come to 929 State Ave., Alamosa or call (719) 587-3781.

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