



Falcons grapplers get dual win at home.

— Page 6



Kyle Burnett is the Artist of the Month for February at the Narrow Gauge Book Coop in downtown Alamosa.

— Page 7

San Luis Valley  
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# Valley Courier

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LOCAL NEWS... LOCAL VIEWS

JANUARY 31, 2020

\$1

Imagine  
Your  
Ad Here!

SLV  
Today  
La Puente  
to host Free  
Health Care

ALAMOSA — La Puente will be hosting Free Health Care from 9 a.m. to 1 p.m. on Sunday at its Outreach Service Center at 929 State Ave., Alamosa. The services will be provided by Regis University Physical Therapy, Nurse Practitioner, and Counseling /Marriage and Family Therapy, Students and Faculty. La Puente is partnering will Global Health Pathway/Regis University's Rueckert-Hartman College for Health Professions, and the San Luis Valley Area Health Education to provide the Free Health Care.

Rotary Club  
to present  
Carver Mon.

ALAMOSA — The Alamosa Rotary Club announced that Alamosa County Clerk and Recorder office Election Supervisor Terri Carver will speak Monday at noon at Juanito's Restaurant, 10196th Street. Terri Carver will present information on the upcoming election cycle, including the presidential primary election, caucuses and the general election. Starting in March, Colorado will hold a presidential primary election.

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Valley Courier

SLV WEATHER



Sunny  
36/0

Sat.: Mostly sunny 41/8  
Sun.: Sunny 44/18

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## Archuleta saves woman's life

### Del Norte blaze damages 25% of house

By DANIEL McKILLOP  
*The Daily News*  
DEL NORTE — Emergency service personnel responded to a fire Wednesday and saved a woman's life during a blaze that was brought under control within 30 minutes in Del Norte.

Del Norte Police Department Sgt. Frank Archuleta, who is the interim police chief, rescued a woman who was being engulfed by fire at 455 Adler Street shortly before noon.

Christina Gallegos suffered burns, which required medical attention, Archuleta said. "Del Norte Ambulance picked her up and she was flown to Denver for treatment."

Del Norte Fire Department

■ See FLAMES page 3



Firefighters arrive at 455 Adler Street in Del Norte to put out a fire Wednesday afternoon.

Courtesy photo

## Dogs alert homeowners to blaze

### Firefighters' quick response limits amount of damage

By KEITH R. CERNY  
*Courier Publisher*  
ALAMOSA—"I wouldn't take a million for my dogs before today, now it would be even more," said Paul Martin about the pets that alerted he and his wife to a fire in their home about 2:20 a.m. Thursday.

Alamosa firefighters were summoned to the residence a few minutes later and extinguished what was first thought to be a chimney fire.

Most of the damage was contained to the exterior of the home, according to Fire Chief Don Chapman, aside from some damage to the ceiling and carpet in one bedroom below the fire in the two-story home located at 10331 Co. Road 4S, north of town.

Chapman said fire investigators are still looking at the cause of the blaze, but believe it may have been insulation in the attic near the chimney or radiant heat from the chimney itself.

Martin, a retired 40-year telephone serviceman, confirmed that additional blow-in insulation was added to the home around Christmas.

"It may have been too close to the chimney pipe," he said. "The

"It may have been too close to the chimney pipe. The dogs woke me up and the smoke alarms were slow to start."

—Paul Martin

Alamosa homeowner describes the sequence of events during the early part of Thursday morning's fire

dogs woke me up and the smoke alarms were slow to start."

Once he took the dogs outside he saw smoke and eventually flames coming out near the top of the chimney. He said the fire destroyed the chimney structure at the top.

Martin said he and wife Lesa were lucky.

"We could have lost everything," he said, crediting the fire department with a quick and effective response.

Chief Chapman said 24 firefighters were on scene with five trucks about 2 ½ hours. Some returned about 9:30 a.m. Thursday when more smoke was noticed.

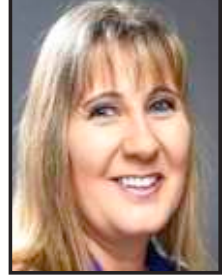


Courier photo by Keith R. Cerny  
Fire Chief Don Chapman (right) and firefighters returned to the scene of Thursday's early morning fire to douse some hot spots around 9:30. The home owned by Paul and Lesa Martin is at 10331 Co. Road. 4S north of Alamosa. Also shown are Zach Cerny with the Division of Fire Prevention and Control and Alamosa firefighter Jerrid Huggins supporting the ladder.

## Laske running to be county commissioner

ALAMOSA — Lori Laske, who has announced that she is running for the Alamosa County Commissioner District 1 seat, was born in Alamosa and has been a resident of Alamosa County District 1 for 41 years.

Laske mentions that the time she was living out of the district she lived only 150 feet out of the district/county line.



Lori Laske

"I am a third-generation Alamosa and five-generation SLV resident.

Walker Road, west of Alamosa, was named after my grandparents. I attended Central Elementary, Evans Middle school, Alamosa Junior High School and Alamosa High School. I went on to receive a Bachelors and Master's degrees from Adams State University, and I went on to work at Adams State University for 28 years," Laske said. "I have a Bachelor of Science degree in Business Administration, management, and small business.

"In my career at Adams State University, I have worked with budgets, written policies, strategic planning, evaluation, written grants, fundraising, worked on publications and marketing and worked with a vast diversity of people."

Working with alumni and students is the most rewarding. Laske said she believes in the power of people. Listening to her constituents is where she learns the most.

Said Laske: "I love being able to know the concerns, ideas, and opportunities of the community and working for that."

In addition to working at ASU, Laske and her husband have a small business and a small ranch.

"Operating a small business, I understand the need for economic development and the importance of tourism to the Valley," she said. "I live it daily. I have dealt with state and federal regulations as a small business.

"Having a small ranch, I know the concerns with the water as

■ See LASKE page 3

## RG Republican Committee stresses grass-root efforts

VALLEY — The Precinct Caucus system is still considered important to the election process for the State of Colorado.

This distinct process is not one that takes place in every state.

Colorado is one of the few states that hold Precinct Caucuses ... Why?

Because Coloradans know the importance of grass-root efforts. Those who attend the caucus have

■ See CAUCUS page 3



Courier photo by Helen Smith  
The Rio Grande County Republican Central Committee Team includes Larry Heersink, Mari Hathorn and Maureen Smith.

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# Valley News

## Alamosa Senior Center offers all kinds of activities

**ALAMOSA** — Here we are at the end of January, and 2020 is well underway and there are many wonderful activities for you to participate in at the Alamosa Senior Citizens Center.

If someone is looking to improve and maintain his or her health, one may want to join the Alamosa Senior Center for Strong Bones, Tai Chi, Line Dancing, Chair Yoga and Ear Acupuncture. Strong Bones is held each Monday, Wednesday, and Friday from 9:30 a.m.-10:30 a.m.

Participants enjoy many health benefits such as: improved bone density, reduction of falls, improved flexibility, and increased strength.

Tai Chi takes place Wednesday mornings at 8:30 a.m. and helps to increase flexibility, improve and maintain balance, improve muscle strength, reduce anxiety stress and depression, enhance bone health and reduce inflammation.

Line dancing begins each Tuesday at 10 a.m. Some of the health benefits of line dancing include: cardiovascular, muscular strength and flexibility become better; high blood pressure, high cholesterol levels and high triglyceride levels, as well as high blood sugar levels can all improve; improves lung capacity and bone strength can increase. The social aspects of taking a class in line dance help to increase one's sense of well-being and the camaraderie one

has is wonderful for his or her health. Chair yoga takes place each Monday at 8:30 a.m. Yoga is an excellent way for older adults to loosen and stretch painful muscles, reduce stress and improve circulation.

It also reduces anxiety, helps lower blood pressure, protects joints, and builds strength and balance. Yoga has been shown to improve overall health, prevent and — even in some cases — reverse disease when practiced regularly as a lifestyle.

Ear acupuncture has been proven to reduce stress and anxiety, improve sleep, increase energy and improve mood and outlook. This group takes place each Tuesday from 9:30 a.m.-10:30 a.m.

There is no cost to participate in the programs that the senior center offers. One just has to be 50 or over.

Please join the senior for one or all of these beneficial programs and experience a healthier 2020.

The Alamosa Seniors are partnering with Falcon Tours to offer a fabulous nine-day trip to Hawaii from Oct. 27-Nov. 4.

The group will be taking a journey to the islands of Maui, Kauai and Oahu.

There are flyers available at the office or feel free to give the center a call for more information.

The following weekly activities are

for all seniors whether one is a member or not. Please stop by and join in.

All classes are free unless otherwise noted. If one has suggestions for a new class or group, please let the center know and be sure to call with any questions or concerns.

- ▶ Billiards play.
- ▶ Coffee social hour at 8:30 a.m.
- ▶ Puzzle construction.
- ▶ M, W, F Strong Bones at 9:30 a.m.

Participants enjoy many health benefits such as; improved bone density, reduction of falls, improved flexibility and increased strength. One is welcome to join at any time.

▶ Dime Bingo, Monday-Thursdays from 1 p.m.-3 p.m. Free to members, \$2 fee for non-members.

▶ Bridge play takes place on the 1st and 3rd Tuesday of the month at 1 p.m.

▶ Tai Chi with Lyn Johnson Wednesday mornings at 8:30 am.

▶ Free five-point ear acupuncture conducted by Rick Wertz each Tuesday at 9:30 a.m. for veterans and seniors 50 and over. Those who participate note less stress and anxiety, and better sleep.

▶ Sewing Group (includes knitting, crocheting, quilting — and anything one wants to work on — meets each Wednesday at 10:30 a.m. and the Mah Jongg — come and learn if one isn't familiar with the game — group

at 1 p.m.

▶ Art class with Rosi Myers meets on Fridays at 9:30 a.m. Each class will offer something new. One may join in at any time. Everyone is an artist, so drop by and have fun being creative.

▶ Dominoes - Fridays at 12:30 p.m.

▶ Daily transportation is available for seniors 60 and over within Alamosa City limits between 9 a.m.-1 p.m.

Please call ahead at least 24 hours in advance to schedule a ride for doctor visits, grocery shopping, dining and participating in events at the center, etc. Transportation is limited to passengers with a permanent residence. We do not transport to or from shelters, hotels, treatment centers.

If one is not yet a member, please consider joining. Seniors age 50 and over are eligible for membership.

Regular annual membership is \$30 per person or for an ambassador membership \$100 per person.

Members receive a monthly newsletter with a calendar of events, timely information, challenging activities and lunch menu.

The Alamosa Senior Center is located at 92 Colorado Ave. in Alamosa, adjacent to Cole Park.

Hours of operation are: M-Th 8 a.m.-3 p.m. and Fridays 8 a.m.-2 p.m.

For more information, contact 719-589-3277.

## Hospital employees donate wheelchair

### Ochoa De Ornelas sporting new wheels courtesy of SLV Health

By DAWN KREBS  
SLV Health Foundation

**ALAMOSA** — One patient's ride is a little smoother, thanks to the assistance of the Alamosa community and employees of the San Luis Valley Health.

Maria Ochoa De Ornelas can often be seen wheeling around the Alamosa area, with her son Leo Ornelas guiding her wheelchair. The daily wear and tear, however, caused her wheelchair to fall into disrepair. But when she arrived at her doctor's appointment at SLV Health on Thursday, she was greeted by staff and presented with a brand new wheelchair for her to use.

The donation was a combined effort of members of the Alamosa community recognizing a need, and bringing it to the attention of the San Luis Valley Health Foundation and SLV Health employees.

The purchase of the wheelchair was funded from a program at SLV Health called the "Pay It Forward" program. This program allows the employees of SLV Health to donate money throughout the year for the purpose to help the hospital's patients and families.

For more information about donating to the SLV Health Foundation, please contact Kelly Gurule, SLV Health foundation director, at 719-587-5707 or Dawn Krebs, SLV Health Foundation assistant, at 719-587-6359. Information on the SLV Foundation can be found at [www.sanluisvalleyhealth.org](http://www.sanluisvalleyhealth.org).



Courtesy photo by Dawn Krebs

**Maria Ochoa De Ornelas and her son, Leo De Ornelas, are very grateful for the generous donation of a wheelchair from the employees at SLV Health. With them in the picture are, from left, Sherrie Langford, ultrasound technician; Robyn Williams, imaging supervisor; Dan Malouff, radiology technician; Paul Jiron, staff technician; Barbara Carlsen, mammography technician; and Daniela Mannerberg, ultrasound student.**

## It's not too late to join SLV's program

**ALAMOSA** — There is still time for cancer survivors to sign up for the Exercise and Cancer Survivorship study through the Adams State University Department of Kinesiology and SLV Health.

The program begins Feb. 3, but will continue to add participants until Feb. 15.

Anyone who has ever been diagnosed with any type of cancer is eligible to be included in the program.

For more information, including how to participate in the study, please contact Alexis Colwell, ASU kinesiology graduate student supervisor, at [colwellak1@grizzlies.adams.edu](mailto:colwellak1@grizzlies.adams.edu) 303-547-6761 or Professor of Kinesiology Tracey Robinson, Ph.D., at [tlrobins@adams.edu](mailto:tlrobins@adams.edu) 719-587-7663.

## Caucus

Continued from Page 1

the opportunity to:

- ▶ elect delegates and alternates to the County Assembly
- ▶ recruit election judges
- ▶ discuss issues and consider resolutions to

pass to County Party Assembly ... if voted on and pass ... these resolutions can influence the GOP platform on the national level.

They a vetted by state committee, voted upon at the state convention and sent to the appropriate national convention.

In other words, par-

ticipation in precinct caucuses is important to Colorado counties, the state and the nation.

Larry Heersink, Chairman of the Rio Grande County Republican Central Committee observed that the process is required by Colorado law.

"It's the very begin-

ning of the political process," he said.

Colorado Republican Precinct Caucuses will take place statewide at 10 a.m. on March 7.

Heersink wanted to inform Rio Grande County Republicans that the caucus sites will be as follows: Precincts 1, 4, 7, 8, 9, 12 and 14, and

will meet at the Valley Church of the Nazarene Gym in Monte Vista.

Precincts 2, 3 and 11 will meet at the Rio Grande County Annex in Del Norte.

Precinct 10 will meet at the South Fork Fire Dept.

For more information, visit [cologop.org](http://cologop.org).

## Laske

Continued from Page 1

we have surface water rights.

"I believe the preservation of our water is one of the most critical issues on the horizon, and I am ready to fight for our water and our rural way of life.

Laske is a past member of GFWC Woman's Citi-

zenship Club of Alamosa, Optimist Club, Steering Committee for SLV Rural Philanthropy Days, ASU Alumni Association and numerous other boards and committees. She states that one of her current interests is helping revitalize Mount Pleasant School, a one-room schoolhouse in the community. She enjoys working together with amazing people to accom-

plish goals.

Laske has been married to her husband, Aaron, for 27 years.

"I am blessed with three amazing children and my nephew, who I have raised since he was 12," Laske said. "My kids have various accomplishments, including attending ASU, an AA from ASU, attending (Trinidad State Junior College), attending OJC,

address drug and mental health issues, improve services for our veterans, improve county roads, and increase services for our youth and our seniors.

"Most of all, I want to hear from citizens in my district about their needs. I am ready to fight for rural areas, for our water and for the residents of Alamosa County.

Laske is running under the Republican Party.

great job."

Trujillo said it took about a half-hour to get the fire under control.

"We were on the scene for about an hour," Trujillo said.

He said that it took about another half-hour to "mop up" after controlling the blaze.

Twenty-five percent of the home was severely damaged, but recoverable, Trujillo said. The bedrooms were untouched.

"She had a solid oak door that led to the three bedrooms," he added, which helped stop the fire from spreading into those

## Flames

Continued from Page 1

Chief Gilbert Trujillo said his unit arrived at 11:43 a.m. and he could see the flames when the police officer pulled her from the house.

"When I pulled up to the scene, I saw that the house was smoking pretty bad and engulfed in flames," said Archuleta, who was the first emergency-service person to arrive at the scene. "I pulled up in front of the house and I could see the flames through the glass window — the flames

were hitting the windows." Archuleta said the woman was sitting up and he could see the flames hitting her.

"I could feel the heat approaching her," he added. "So, I stepped between her and the flames."

Archuleta added that he suffered minor burns to his face, and was told by firefighters that it was going to feel like a "bad sunburn."

"When I got behind her, her back was so hot and burnt that she had burn marks through her shirt," he said. "I pushed her forward as it burned

my hand."

Archuleta said there was an explosion, which burst through two of the front windows, as he carried her out of the doorway onto the porch.

"The southeast windows exploded and glass was flying at us," he added. "I tried to shield her the best I could."

Archuleta said he later ended up "pulling glass out of his vest."

"The best thing was I was able to get her out of there before she was totally engulfed in flames," Archuleta added. "The fire department did a

# Opinion

## God bless America ...

**HOLLYWOOD** — Billboard reports that Ozz Osbourne's latest challenge to his dizzy, merry life is the revelation that he's got Parkinson's.

His wife Sharon says it has done wonders toward improving his foreplay. They discovered Ozzy's illness in a music store last week when he tried to shoplift a tambourine.

The World Health Organization reported Tuesday that China has stepped up its battle against the spread of Corona Virus by quarantining 100 million Chinese people living in Hubei province.

The rapid spread of the virus is no surprise. After all, the face masks were made in China.

The Environmental Protection Agency on Tuesday trumpeted Trump's promise to the World Economic Forum in Switzerland last week when the president promised in his closing remarks to plant 1 trillion trees. However, it was too late. California marijuana growers already beat him to it.

Men's Health said Baby Boomers can live 10 years longer with a vegan lifestyle that's alcohol and drug free. The fun's over. I miss my 20s in L.A., when I could sprinkle salt on a huge steak, pour ketchup on the French fries, then order a big sugary dessert and be too coked up to eat any of it.

Alan Dershowitz defended President Trump in the Senate trial Tuesday. He's a TV lawyer on cable and film. In *The People vs. O.J. Simpson*, Evan Handler played Dershowitz, Cuba Gooding Jr. played O.J., David Schwimmer played Robert Kardashian and John Travolta played Marcia Clarke.

A Sonoma County winery spilled 70,000 gallons of wine into a creek last week. The president needs to tread carefully.

He can claim credit for the economy, the border wall and trade deals, but if Trump starts claiming he's turning water into wine, Jesus's lawyers will come for his butt.

President Trump admitted in a Holocaust Remembrance Day message to the world that the United States was late in entering the last two World Wars.

However he vowed we will be there bright and early for the next one. Nothing scares me like a 23-year-old man who's willing to die for his country.

Hillary Clinton attended the Sundance Film Festival and personally supervised the screening of her documentary Hillary.

Her onstage introduction of the movie was a little chilly. Hillary can't order a projectionist to kill the lights without you wondering how much dirt the lights had on Hillary.

Joe Biden's son Hunter complied with a court order Tuesday and agreed to pay child support to the Washington D.C. stripper who had his baby 17 months ago.

Reporters were all over his father for a reaction. Joe Biden insisted he never talked to Hunter about how women get pregnant.

President Trump introduced his comprehensive Middle East Peace Plan on Tuesday, which he is trying to sell to both sides as The Deal of the Century.

In his proposal he divides the Dead Sea exactly in half.

The Israelis get one half and the Palestinians get the other half, that is, the bottom half.

President Trump's Middle East peace plan was introduced Tuesday to great fanfare.

He sees it as a win-win-win. It sections off an independent Palestine, it leaves Israeli West Bank settlements intact and it allows President Trump to open up a disco in Jerusalem and call it Let My People Go-Go.

The New York Times released its Democratic presidential candidate endorsement last week on the week before the Iowa caucuses.

It was a foregone conclusion. The Times had no choice but to endorse Amy Klobuchar and Liz Warren after McGovern and Mondale missed the filing deadline.

Graceland's website posted Elvis's family tree showing great-great-great-grandmother Nancy Burdine was Jewish, and descending from her unbroken matrilineal line made him Jewish. Last week, there finally appeared solid evidence Elvis is indeed dead. He was registered to vote in Chicago.

*Argus Hamilton is the host comedian at The Comedy Store in Hollywood and entertains groups and organizations around the country. E-mail him at Argus@ArgusHamilton.com.*



**Argus Hamilton**



## Rep. Valdez outlines legislative priorities

Letter to the Editor: I am excited to be a part of the 72nd General Assembly and look forward to a productive session with my fellow legislators. Below I have outlined my legislative priorities for this session. I have worked in a bipartisan manner and will continue to do so this session, as well as use my voice to represent southern Colorado.

High-quality education is critical to the success of our communities and our nation. Our students, teachers, and schools must be provided with the knowledge and tools to succeed. Three key areas include proper funding for PK-12 schools, access to affordable higher education for all students, and school safety measures. We know that college is not for everyone, but we must ensure that students have options, including access to vocational and trade schools. Education is the key to accessing opportunities; without a quality education, many Coloradans will not progress in their own desired goals. Colorado needs a transportation system that benefits every part of the state. Investing in the infrastructure of our roads and bridges, along with broadband access for rural communi-



**Donald E. Valdez**

ties in the state is critical to this area.

We need to build an economy that works for all and guarantee that everyone across the state can benefit from a strong economy. All too often, we see Coloradans who cannot keep up with the rising cost of living, particularly as wages remain stagnant. Ensuring the workforce receives fair compensation and providing professional development opportunities will help the workforce qualify for higher paying jobs in their field.

Instead of rolling back environmental protections, we need to protect our clean air and water and protect the Colorado way of life by preserving our natural environment. Let us make sure that future generations can enjoy everything our beautiful state has to offer. We also need to protect our soils and recognize that without healthy soils, we will not have a healthy food system.

Colorado needs an affordable health-care system that works for everyone. We need to address the skyrocketing costs of prescription drugs, increase access to mental health resources, and make sure rural Coloradans can access the care they need.

The opioid crisis has devastated communities across the state. It is vital that our response includes treatment and education as a dual-pronged approach to curtail the impact and reduce future devastation due to the crisis.

Two of the bills that I am sponsoring

To submit news, email:

news@alamosanews.com

To submit sports, email:

sjiron@alamosanews.com

### Letters policy

Letters are welcome and encouraged. All letters submitted for publication in the Valley Courier must be typewritten, signed by the author, and must include a phone number and address where the author can be reached. Letters must not be libelous. The Courier will not run letters that are negative to specific businesses. The Courier's editorial board reserves the right to reject a letter for reasons it believes are appropriate. Letters may be subject to editing to fit available space, or exclusion from the Opinion Page. Please, no poetry. Please send signed letters to P.O. Box 1099, Alamosa, CO 81101 or email them to news@alamosanews.com. Letters to staff, not for publication, should be marked "personal."

## Changing times: cell phones, photos, polaroids

The late Ricky Nelson recorded a nice song, advising his then-young listeners, and I paraphrase, "You can't please everyone, so you gotta please yourself."

Sometimes, one can't even do that.

He really didn't, adventuring into life activities that wouldn't please anyone but himself, especially the pseudo comfort of mind-altering substances.

His now-aging fans have long moved on. In today's world, the supermarket checkout tabloids get on an ugly topic and stay there until something nastier comes along.

My first tabloid purchase was so I could read about some member of royalty who was gambling himself into the streets. That name pops up again once in a while but the paper stays out of my cart.

My dad was addicted to gambling and I knew when he had gone overboard. I still love simple pasta and I force myself to gamble if the lottery jackpot is high enough.

When I was a teenager, three editions usually satisfied my desire to know all about a celebrity or situation. I bought raffle tickets from high school students and wrote a school essay on how people

### Native Writes



**Sylvia Lobato**

from other planets would view our world.

Life moved on. Haircuts changed, bobby socks yielded to nylons and the boys went away to war in Southeast Asia.

Alamosa was a simple, safe place. Sitting outside Alamosa High School waiting for the grandson, I realized that, while times have changed, teens haven't, even though their options have grown.

The cell phone has changed many of them, for sure.

Ease of photography is one of the biggest differences. Sharing photos in the 1960s was a complicated and relatively expensive process. Rolls of film were taken to the drugstore and emerged, in about a week along with an envelope containing negatives. The folks loved that. They would get reprints during the holidays and mail photos to all their friends and relatives.

I confess, since age 10, that's why I have hated to have my picture taken.

A "selfie?" Heaven forbid.

It took wangling, begging and finally threatening to get me into a family group photo. When each roll of film was developed, I was half-grinning and my mom, who was studying psychology, bemoaned the self image she thought I once had.

Now that my teeth are gone and I'm looking at dental plans, she would howl in agony.

Today, my children dig in photo boxes for pictures of me. They found one on a

press identification card. The old half-grin.

The new thing on my family's "please do-it" list is a studio photo — after I find a dentist who will take payments. They want cash or insurance up front. You can't repossess teeth.

I get by without smiling, but fine dining is out of the question.

Self-image has yielded to self-concept.

I'm still wondering where people stash their self-images.

Under fire for reference to a long-gone protest symbol, I think I need a new one. I am not angry that people disagree.

At least someone knew I wrote about it.

## Write them

### GOVERNOR

**Governor Jared Polis (D)**, State Capitol Building Room 136, 200 East Colfax, Denver CO 80203; (303) 866-2471; Fax: (303) 866-2003.

### STATE HOUSE

**Donald Valdez (D)**, Colorado State Representative, District 62, 200 E Colfax, Room 307, Denver, CO 80203; phone: 303-866-2916; email: Donald.valdez.house@state.co.us

### STATE SENATE

**Larry Crowder (R)**, Colorado State Senator, District 35, 200 E Colfax, Denver, CO 80203; phone: 303-866-4875 capitol, 719-850-2459 cell; email: larry.crowder.senate@state.co.us

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### U.S. SENATE

**Michael Bennet (D)** SLV Regional Office, 609 Main Street, Suite 110, Alamosa 81101; Phone: 587-0096; Fax: 587-0098; Washington office — 458 Russell Senate Office Building, Washington DC 20510; DC Phone: 202-224-5852; bennet.senate.gov  
**Cory Gardner (R)**, Regional Office, 503 N Main Street, Ste, 426, Pueblo, 719-543-1324, fax: 202-228-7174; Washington office: 354 Russell Senate Office Building, Washington DC 20510; 202-224-5941

## Tet Offensive started 52 years ago

Today is the 31st day of 2020 and the 42nd day of winter.

**TODAY'S HISTORY:** In 1958, Explorer 1 was launched, marking the first successful launch of an American satellite into orbit.

In 1968, the North Vietnamese Tet Offensive began in South Vietnam.

In 2010, James Cameron's "Avatar" became the first film to reach a worldwide

gross of \$2 billion.

**TODAY'S SPORTS:** In 1999, Hall of Fame quarterback John Elway won his second consecutive Super Bowl and the final game of his NFL playing career, leading the Denver Broncos to a 34-19 victory over the Atlanta Falcons in Super Bowl XXXIII. Elway was also selected as the game's MVP.

**Keith R Cerny**  
Publisher

**Daniel McKillop**  
Managing Editor

(ISSN 1047-1170)

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Religion

Church Calendar

Candidates find it's hard to compromise on abortion

President Donald Trump and Democrat Pete Buttigieg recently offered radically different stands on abortion, as both attempted to reach out to Catholic and evangelical swing voters trapped between their parties.

On Religion



Terry Mattingly

Trump made history as the first president to speak in person at the national March for Life, which marks the anniversary of Roe v. Wade. "All of us here understand an eternal truth: Every child is a precious and sacred gift from God. Together, we must protect, cherish and defend the dignity and the sanctity of every human life," said Trump, who for years backed abortion rights and Planned Parenthood. He insists that his views have evolved, like those of Republican hero Ronald Reagan.

"When we see the image of a baby in the womb, we glimpse the majesty of God's creation. ... When we watch a child grow, we see the splendor that radiates from each human soul. One life changes the world," he said.

While commentators stressed that Trump attended the march to please his conservative evangelical base, this massive event in Washington, D.C., draws a complex crowd that is hard to label. It includes, for example, Catholics and evangelicals from groups that have been critical of Trump's personal life and ethics, as well as his stands on immigration, the death penalty and related issues.

Videos of this year's march showed many signs praising the president,

but also signs critical of his bruising brand of politics.

A Facebook post by a Catholic priest — Father Jeffrey Daus of the Diocese of Baltimore — captured this tension. Telling pro-lifers to "wake up," Daus attacked what he called Trump's "callous disregard for the poor, for immigrants and refugees, for women... This man is not pro-life. He is pro-himself."

Meanwhile, Buttigieg — an openly gay Episcopalian — did something even more daring when he appeared at a Fox News town hall in Iowa. One of the toughest questions he faced came from the leader of a network of Democrats opposed to abortion.

"Do you want the support of pro-life Democrats?" asked Kristen Day, president of Democrats for Life. "Would you support more moderate platform language in the Democratic Party to ensure that the party of diversity and inclusion really does include everybody?"

Some previous platforms, she noted, affirmed that all Democrats were welcome — even if their beliefs clashed with the party's pro-abortion-rights orthodoxy. Now, Day added, the "platform contains language that basically says that we don't belong, we have no part in the party because it says abortion should be legal up to nine months." Buttigieg refused to compromise, even though he has repeatedly stressed his credentials as a moderate Democrat striving to woo #NeverTrump Republicans and religious believers who abandoned his party in 2016.

"I'm not going to try to earn your vote by tricking you," he replied. "I know that the difference of opinion that you and I have is one that we have come by honestly."

"And the best that I can offer — and it may win your vote and, if not, I

understand. The best that I can offer is that, if we can't agree on where to draw the line, the next best thing we can do is agree on who should draw the line. And in my view, it's the woman who is faced with that decision in her own life. ...

"I support the Roe v. Wade framework that holds that early in pregnancy there are very few restrictions and, later in pregnancy, there are very few exceptions."

This is tricky terrain in an age in which many voters say they want compromise. Recent polling by the Marist Institute for Public Opinion found that nearly two-thirds of those contacted — including 44% of Democrats — said they wanted to vote for a candidate who supports policies restricting abortion

after the first trimester.

However, this latest Buttigieg response echoed his words in an earlier Fox News town hall, when he opposed restrictions on third-trimester abortions.

Under those circumstances, he said, the "bottom line is — as horrible as that choice is — that woman, that family may seek spiritual guidance, they may seek medical guidance, but that decision is not going to be made any better, medically or morally, because the government is dictating how that decision should be made."

Terry Mattingly leads GetReligion.org and lives in Oak Ridge, Tennessee. He is a senior fellow at the Overby Center at the University of Mississippi.

CHURCH DIRECTORY Your Guide To Local Houses of Worship

Church Directory listing various churches including All-Denominational Church of the Living God, Hooper Church, Community Churches, Apostolic, Baptist, and others with their addresses and service times.

Salvation/wholeness, letting one's life speak

ALAMOSA — Our life desires wholeness.

In the Gospel of Thomas, Jesus said, "If you bring forth what is within you, what you bring forth will save you. If you do not bring forth what is within you, what you do not bring forth will destroy you."

Uncover the gift of your hidden wholeness will be the topic brought forth by

Jan Oen at the Unitarian Universalist Fellowship in Alamosa.

This work is based upon the Touchstones Project from the Unitarian Universalist Association of Congregations.

The UUs meets at 10:30 a.m. in the community hall of the Presbyterian Church, 330 San Juan Ave.

Call Jan Oen, 719-480-4771, for additional information.

Christian Community Service ready to help

ALAMOSA — "I am looking forward to this summer and it looks like we will have quite a few volunteers helping out residents in our communities this summer," said Suzanne Tolsma, manager, Christian Community Service Projects said by email. "So, now I need residents to let me know that they need help."

"Even though the snow is falling, we

are looking forward to this summer, Christian Community Service Projects is now accepting applications for home repair."

If someone knows one who is needing an extra hand around the house with painting, yard work or small construction jobs, please give Suzanne a call at 719-589-2330 or e-mail at ccsp@gojade.org.

Christian Holy Week right around corner

Holy Week marks the most solemn and revered period on the Christian calendar. Holy Week helps to mark the Paschal Mystery, which includes the Passion, death, resurrection, and ascension of Jesus Christ.

Many events unfolded in a short period of time during the final days of Christ's physical existence on earth.

To learn more about Holy Week and the miracle of Easter, visit www.catholic.org. TF194850

Locked Up in the Prison of Hope

God is good. And He has a good plan for each of our lives. That's true even when we're struggling and don't understand why or what's going on. In those times, Romans 12:12 tells us to "be joyful in hope, patient in affliction, faithful in prayer" (NIV).

This is wise advice, especially when it feels like we've been waiting and waiting...and waiting for something to happen in our lives. Hope is vital in times like these and it will keep us looking ahead, anticipating and expecting whatever it is we're hoping for.

Over the years I've learned how to lock myself up in a prison of hope, knowing that God has nothing but His best planned for me. He put big dreams in my heart regarding my ministry and my life, and most of them took years to come to pass. Hope is what helped me hold on in those early years when it got hard.

10:10), and hope is the confident, favorable expectation of this life.

Double for Your Trouble I realize there are many things that can happen to us that aren't so enjoyable. And that can make it difficult to grasp the idea of enjoying life. So, think of it this way: What are you hoping for or expecting in life? What are you looking forward to? Focus on that.

My negative outlook was due to my attitude about all the bad things that had happened to me. I was stuck in the pain of my past, so I didn't believe anything good would happen in my future. My experiences from years ago caused me to believe that negative things would always happen. I had no hope.

But God was with me and He kept loving me and dealing with me, promising me what Isaiah 61:7 (NIV) says: "Instead of your shame you will receive a double portion, and instead of disgrace you will rejoice in your inheritance. And so you will inherit a double portion in your land, and everlasting joy will be yours."

That's a promise for you, too—a promise of double for your trouble! Double the blessing, double the joy, double the peace. Doesn't that inspire hope in your heart?

Be Single-minded About Your Double Blessing

Now, this double-blessing promise isn't for the double-minded. When you walk it out in everyday life, there will be times when doubt, fear, unbelief and weariness will come against you. It's in these times that you'll need to fight the good fight of faith.

You will need to guard your mind against negativity about your situation. I encourage you to find out what God says about it and then stand on the promises in His Word.

We must hold on to whatever He promises us and be confident that He is working in our situation no matter how things look, how we feel or what we



think. Because hope releases the power of the Holy Spirit in our hearts when we're going through painful or difficult situations.

I want to encourage you to make a decision to cultivate an attitude of hope in your life. Speak positive things about your future and refuse to be negative. You may not always feel hopeful but don't give in to your feelings. Caring to bad feelings feeds and empowers them. But standing your ground and not giving in to negative feelings starves them and causes them to lose their power over you.

Ask the Holy Spirit to lead you. Line your will up with His and get excited about serving God. Then your life will inspire others to become prisoners of hope!

For more on this topic, order Joyce's two-teaching CD series Living with Hope. You can also contact us to receive our free magazine, Enjoying Everyday Life, by calling (800) 727-9673 or visiting www.joycemeyer.org.

Joyce Meyer is a New York Times bestselling author and founder of Joyce Meyer Ministries, Inc. She has authored more than 100 books, including BATTLEFIELD OF THE MIND and YOUR BATTLES BELONG TO THE LORD (FaithWords). She hosts the Enjoying Everyday Life radio and TV programs, which air on hundreds of stations worldwide. For more information, visit www.joycemeyer.org.

Please note: The views and opinions expressed throughout this publication and/or website are those of the respective authors and do not necessarily reflect those of Joyce Meyer Ministries.

ALAMOSA Christian Reformed Church logo and contact information: Sunday School 9am, Sunday Service 10:15am, 1861 Rd 10 S, www.alamosacr.org, 719-589-3493

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# Sports

## Grizzlies optimistic entering weekend

By **CORRI ZAIGER**  
ASU Sports Information

**ALAMOSA** — The Adams State Grizzlies Men's and Women's Basketball teams are back in action at home for the second straight weekend, as they prepare for the Westminster Griffins on Friday and the Dixie State Trailblazers on Saturday. Women's games will begin at 5:30 nights with tip-off for the Men directly following at 7:30. On the Men's Side

The Grizzlies went 1-1 last weekend in a pair of conference games, defeating Colorado Christian on Friday and losing a back and forth game to Regis on Saturday. The Grizzlies have picked up their shooting as of late, and have gotten exceptional guard play led by Juwan Green and Szymon Walczak. They now prepare for a pair of Utah teams, both of which come into



the weekend with winning records both overall in within RMAC play. Westminster makes the long trip to Alamosa fresh off of a decisive 77-62 victory against Colorado Mesa. The Griffins sit at 12-7 overall and 7-6 in conference play. The Grizzlies hope to shatter their 3-game win streak Friday night at Plachy Hall. On Saturday, the Grizzlies

are set to host 19th-ranked Dixie State, who come in winners of 5 in a row. Their last loss, however, came against MSU-Denver who the Grizzlies demolished at home 91-73 back on January 4th. This is a testament to the fact that no one is untouchable in the Rocky Mountain Athletic Conference, and the Grizzlies have shown that when they play to their top potential, they can beat just about anyone.

On the Women's Side

Last weekend featured both a lackluster loss on Friday night against Colorado Christian, as well as a dominant victory over Regis, which gave the Grizzlies their third win of the season. They now turn their sights to Westminster and Dixie State, both of which present difficult challenges for the Grizzlies, with each coming in with a winning record. Friday, the

Grizzlies will take on 21st-ranked Westminster, who were upset last Friday 44-45 by Western Colorado. They then followed up the tough defeat with a 55-51 victory over Colorado Mesa, which put them at 11-2 within RMAC play. Saturday's game against Dixie State features another tough matchup against the Trail Blazers, who come in with an 8-5 RMAC record. This weekend's Women's Basketball games will both be "Pink-Out" games, and fans are encouraged to wear pink to the games to support Play for Kay, a cause commemorating former NCAA coach Kay Yow, and raising awareness for all forms of women's cancer.

Tip-off for the women's games both nights are set for 5:30 with the men directly following at 7:30 from Plachy Hall. Remember to wear pink and come out to support your Grizzlies.

## Falcons tame Panthers at home dual

By **STEPHEN JIRON**  
Courier Sports Editor

**LA JARA** — Centauri wrestling picked up a win at home in a dual against Montezuma-Cortez by a score of 67-11. The Falcons picked up 8 forfeits Thursday night as well as a fall and two technical falls.

The Falcons come away from a successful weekend at the High Desert Tiger Duals at Aztec High School in New Mexico. In two rounds of duals, Centauri went 4-1 overall through five duals. One of which coming over Intermountain League (IML) familiar Bayfield.

Thursday night was Centauri's meeting with the Cortez Panthers. Following a forfeit, at 106 pounds to Centauri's Mario Vigil, it was Centauri's Xander Lopez against Jayven Valdez of M-CHS at 113 pounds. Panther Valdez tied the team scores with a fall at 1:15.

A forfeit to Centauri's Robert Coombs at 120 pounds put the Falcons back

ahead 12-6. The next contested weight was 126 between Cyrus Sandoval of Centauri and Austin Featherman of Cortez. Featherman controlled the match to the tune of a 15-0 Technical Fall bringing Montezuma-Cortez within one, Falcons leading 12-11.

On the Mat, wrestling ranks Eyan Chavez as the No. 2 138 pounder in the 2A class. Thursday night Chavez wrestled at 132 pounds and picked up 20 points in takedowns, putting on a clinic before getting the fall to put Centauri ahead 18-11.

Centauri's 138-pound slot was aptly manned by Ivan Lopez on Thursday. Lopez also piled up the points, getting too far ahead on the scoreboard to finish with a Fall, earning a Technical Fall with a 21-6 lead.

A forfeit to Centauri's Jordan Martin at 145 pounds gave the Falcons a 29-11 lead and carried the night to the last contested weights of the evening.

At 152 pounds Centauri's Erik Mes-

tas met Ethan Root of Cortez. Root got the better of the exchanges in the first two periods using a takedown and an escape to take a 3-2 lead entering the final period. There, the 11th ranked 152 pounder, Mestas, scored two takedowns and outlasted Root to a 6-4 decision.

The 160-pound match between Zach Buhr and Casen Allmon would be the final match of the night. Buhr did his part to make sure there was never a doubt. As On the Mat's No. 10 ranked

wrestler in 2A, Buhr scored early and often with 9 Near Fall points propelling the Centauri sophomore to a 17-2 Technical Fall. The 5 forfeits that followed completed the night at 67-11 in Centauri's favor.

The Falcons will have a short turnaround. Centauri will head north for the weekend. Friday the Falcons will take part in the Kourtney Lake Duals in Center, they will be back in Center on Saturday for the Valley Classic Wrestling Tournament.

## Molina signs Letter of Intent to Metro State



Photo courtesy of Alamos High

**Alamosa's Allyah Molina signed her National Letter of Intent to continue her education at Metro State University-Denver. Molina will be running with the Roadrunners under Alamosa's own Nicholas Lara who is a member of both the Track and Field and the Cross-Country coaching staff.**



Courier photo by Stephen Jiron

**Centauri junior Zach Buhr tosses opponent Casen Allmon during the 160 pound match of Thursday night's dual between the Falcons and Montezuma-Cortez.**

### Results

**Adams State Basketball**  
Jan. 24 Colorado Christian 77, ASU 51 (W)  
ASU 101, Colorado Christian 82 (M)  
Jan. 25 ASU 73, Regis 65 (W)  
Regis 99, ASU 94 (M)

**Prep Basketball**  
Jan. 24 Sanford 41, Center 28 (G)  
Sanford 49, Center 38 (B)  
Del Norte 43, Sargent 19 (G)  
Moffat-MV 53, Sierra Grande 46 (G)  
Sierra Grande 56, Moffat-MV 47 (B)  
Pagosa Springs 75, Monte Vista 19 (G)  
Centauri 65, Bayfield 46 (B)  
Alamosa 68, Montezuma-Cortez 48 (B)  
Jan. 25 Primero 57, Moffat-MV 47 (B)  
Centennial 63, Manzanola 52 (G)  
Manzanola 50, Centennial 29 (B)  
Del Norte 62, Custer County 24 (G)  
Del Norte 63, Custer County 47 (B)  
Sanford 36, Sargent 18 (G)  
Sanford 73, Sargent 31 (G)  
Sangre de Cristo 72, Antonito 29 (G)  
Sangre de Cristo 69, Antonito 14 (B)  
Bayfield 46, Monte Vista 24 (G)  
Monte Vista 49, Bayfield 32 (B)  
Centauri 57, Montezuma-Cortez 28 (G)  
Centauri 69, Montezuma-Cortez 55 (B)  
Pagosa Springs 35, Alamosa 24 (G)  
Alamosa 57, Pagosa Springs 49 (B)  
Jan. 28 Crested Butte 48, Center 43 (B)  
Florence 43, Monte Vista 27 (G)  
Jan. 30 Cotopaxi 44, Moffat-Mtn Valley 26 (G)  
Cotopaxi 52, Moffat-Mtn Valley 31 (G)

**Adams State Swimming**  
Jan. 25

### Sports Bulletin

Western Colorado 155, ASU 50 (W)

**Adams State Wrestling**  
Jan. 30 ASU 26, CSU-P 19

**Prep Wrestling**  
Jan. 23 Del Norte 30, Sargent 24  
Sierra Grande- Centennial 48, Del Norte 28  
Sierra Grande- Centennial 53, Sargent 11

**Jan. 25 Platte Valley Duals**  
Monte Vista 40, Arvada West 36  
Platte Valley 58, Monte Vista 18

**2020 Screaming Eagle**  
18. Center - 30

**Bobcat Invite**  
2.SG-Centennial- 102, 6. Del Norte-41, 8.Sargent -  
34.5, 9. Mountain Valley - 33

**Jan. 30 Pagosa Springs 42, Alamosa 36**  
Bayfield 42, Monte Vista 29  
Centauri 67, Montezuma-Cortez 11

### Upcoming Events

**Adams State Basketball**  
Jan. 31 5:30/7:30 p.m. Westminster at ASU (W/M)  
Feb. 1 5:30/7:30 p.m. Dixie State at ASU (W/M)

**Prep Basketball**  
Jan. 31 1 p.m. Creede at Primero (B)  
3 p.m. Center at Sierra Grande (G/B)  
5 p.m. South Park at Sargent (G/B)  
5 p.m. Custer County at Sanford (G/B)

5 p.m. Centennial at Aguilar (G)  
5:30/ 7 p.m. La Veta at Sangre de Cristo (G/B)  
5:30/ 7 p.m. Monte Vista at Cortez (G/B)  
5:30/ 7 p.m. Centauri at Alamosa (G/B)  
Feb. 1 1:30/ 3 p.m. Bayfield at Alamosa (G/B)  
2 p.m. Sangre de Cristo at Swink (G/B)  
3 p.m. Center at South Park (G/B)  
5:30 p.m. Del Norte at Sanford (G/B)  
5/6 p.m. Antonito at Sierra Grande (G/B)

**Prep Swimming (G)**  
Feb. 1 9 a.m. La Junta, Salida vs Sargent (at ASU)

**Prep Wrestling**  
Jan. 31 **Kourtney Lake Duals**  
Centauri, Del Norte, Monte Vista, Sargent, Sierra Grande-Centennial at Center

**Feb. 1 Dual State Tournament**  
Alamosa at Pueblo West

**Valley Classic**  
9 a.m. Centauri, Del Norte, Monte Vista, Mountain Valley, Sargent, Sierra Grande-Centennial at Center

Schedules subject to change

### Adult Volleyball League

**ALAMOSA** — Alamosa Parks and Recreation Adult Volleyball registration is open.  
Team Registration: Jan 8 - Feb 5, 2020  
Team Fee: \$100 Player Fee: \$30/Division  
Player Registration: Opens Jan 8, 2020  
Season: mid - Feb to late - April (min. 10 season games + tourney)  
For more information, contact the AFRC - (719) 589-2105; Website: www.AlamosaRec.org

# Lifestyle

## Artist reception at Book Coop



Kyle Burnett is the Artist of the Month for February at the Narrow Gauge Book Coop in downtown Alamosa.

## Burnett earns artist of month honors

For the month of February, Narrow Gauge Book Coop is featuring local photographer Kyle Burnett, and the public is invited to an artist reception from 12 p.m. to 2 p.m. on Saturday.

Burnett has dabbled in photography for as long as he can remember, and loves looking for unique scenes that stand out.

"I'm 40 minutes away from two amazing mountain ranges, so I have such a diverse ecological area to observe and photograph," he said. "Beauty is always around us, if we're willing to look for it."

A San Luis valley resident, Burnett was born and raised in Monte Vista.

He will be present at the artist reception to meet the public and discuss his artistic process.

Calendar brief: Narrow Gauge Book Coop will be holding an Artist's Reception from 12 p.m. to 2 p.m. on Saturday or Kyle Burnett, the February Artist of the Month.

The Coop is located at 602 Main Street in downtown Alamosa.

For more information, call 719-589-3464.

Narrow Gauge Book Coop is open from 10 a.m. to 6 p.m. Monday through Saturday. For more information on volunteering, or taking part in the owner and member opportunities, stop by the store, go on the Facebook page, email [narrowgauge.coop@gmail.com](mailto:narrowgauge.coop@gmail.com) or call 719-589-3464. The coop is located at 602 Main Street in Alamosa.

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# Lifestyle

## Colorado's Most Endangered Places

### Denver & Rio Grande Antonito Depot classified as saved

DENVER—Colorado's Most Endangered Places List was announced today by CBS4 Meteorologist Dave Aguilera at Colorado Preservation, Inc.'s 2020 Saving Places® Conference at the Sheraton Downtown Denver Hotel. Since 1998, Colorado Preservation, Inc., has been working with communities throughout the state to save endangered historic buildings, landscapes and archaeological sites through its Endangered Places Program. Four diverse places were listed, two important sites were recognized as saved and one important site moved from alert to progress.

Two sites previously listed as Colorado's Most Endangered Places were recognized as saves:

1. Denver & Rio Grande Antonito Depot (Conejos County)
  2. El Corazon de Trinidad Distinctive Commercial District (Las Animas County).
- 2020 marks the 23<sup>rd</sup> anniversary of Colorado Preservation, Inc.'s Saving Places® Confer-

ence and Most Endangered Places list. This program provides advocacy, awareness, and technical assistance to significant historic sites throughout Colorado that are in danger of being lost. Colorado Preservation, Inc. devotes staff time and resources to raise funds and rally concerned citizens so that listed as well as un-listed sites can be saved. In 23 years, the Colorado's Most Endangered Places program has highlighted 127 historic sites throughout the state; 50 sites have been SAVED and only seven have been lost. The program has a wide reach, with sites located in every region of the state in 49 of the 64 counties.

Four historic sites were selected for the 2020 list of Colorado's Most Endangered Places:

1. Antelope Springs Methodist Episcopal Church (Morgan County),
2. Isis Theatre (Teller County),
3. East Portal Camp Cabins (Gipin County), and
4. The Southern Ute Boarding School Campus. (La Plata County)



Denver & Rio Grande Antonito Depot, pictured above, is off the endangered list.

Courtesy photos



El Corazon de Trinidad Distinctive Commercial District is off the endangered list.

Courtesy photos

## BLM Taos field office plans prescribed burns near Tres Piedras and Cerro

TAOS, N.M. — Beginning Feb. 1 and continuing for up to 30 days, the Bureau of Land Management (BLM) will be conducting prescribed burns in the Río Grande del Norte National Monument on the Guadalupe Mountains, located 1 mile south of Cerro, N.M. Smoke may be visible from highways NM 522, U.S. 285 and U.S. 64.

On Feb. 1, BLM will hold a community meeting about the Guadalupe Mountain Prescribed Fire project at the Wild Rivers Recreation Visitor Center located at 1120 Cerro Road in Cerro, N.M. from 1-3 p.m. The goal of the public meeting is to share information about the project, as well as discuss how the project could affect the community. The BLM will be available to answer questions from the public.

This project employs management-ignited prescribed fire to reduce hazardous fuel loadings that could contribute to high intensity crown fire under the right conditions. Historic uses and active fire suppression have interrupted the natural fire regime in this fire-dependent ecosystem. This has resulted in hazardous fuel accumulations and increased stand densities, which contribute to the decline of wildlife habitat and the potential of catastrophic wildfire.

For further information, contact acting Fire Management Officer Kyle Sahd at 575-751-4767. You can also follow implementation of this project on NMFIRE-Info.com, on Twitter @nmfireinfo or on Facebook.com/nmfireinfo.

The BLM manages more than 245 million acres of public land located primarily in 12 Western states, including Alaska. The BLM also administers 700 million acres of sub-surface mineral estate throughout the nation. In fiscal year 2018, the diverse activities authorized on BLM-managed lands generated \$105 billion in economic output across the country. This economic activity supported 471,000 jobs and contributed substantial revenue to the U.S. Treasury and state governments, mostly through royalties on minerals.

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# Lifestyle

## It's an 'A' for Adams State Teacher Education

ALAMOSA — The National Council on Teacher Quality (NCTQ) recently recognized the Adams State University Teacher Education Department for their strong preparation in reading instruction for future elementary educators. The Adams State Teacher Education undergraduate program earned an 'A' in the 2020 Teacher Prep Review.

"We are pleased that our elementary education program was one of only five in Colorado recognized with this rating and we believe it accurately reflects the high quality of teacher training we provide at Adams State University," said Curtis Garcia, Teacher Education Department Chair.

According to NCTQ, the Adams State Teacher Education program was part of a small group — only about a quarter of programs nationwide — to qualify for an 'A' by providing a combination of the following:

Explicit instruction on each of the five components of reading instruction;

Support for instruction with high-quality textbooks that accurately detail established principles of scientifically-based reading practices; and,

Evidence that teacher candidates must demonstrate mastery through in-class assignments, tests, and fieldwork.

The latest national findings are a positive sign for newly energized movement across the nation to bring down notoriously high rates of illiteracy in the United States. Each year, well over a million public school students arriving in the fourth grade are added to the nation's ranks of nonreaders. Two-thirds are black and Hispanic children struggling in the face of

an inequitable education system. Reading ability is a key predictor of future educational gains and life success, making successful reading instruction essential to achieving educational equity.

Now in its fourth edition, the Teacher Prep Review assigns a team of literacy experts to examine every course a program requires in early reading, looking at the planned topics to be covered in each class, reading, assignments, practice opportunities, and tests, as well as rating the quality of the textbooks used in each course. These experts look for clear evidence of dedicated course time as well as measures where aspiring teachers must demonstrate their knowledge of the five key components of the science of reading: phonemic awareness, phonics, fluency, vocabulary, and comprehension.

"The scale is now tipping in favor of science, and the real winners are the teachers who will enter the classroom ready to teach and their students who will learn to read," said Kate Walsh, NCTQ President.

The National Council on Teacher Quality is a nonpartisan research and policy group committed to modernizing the teaching profession and based on the belief that all children deserve effective teachers. It recognizes that it is not teachers who bear responsibility for their profession's many challenges, but the institution with the greatest authority and influence over teachers. For more information visit [nctq.org](http://nctq.org).

*Report and photo courtesy of a press release from Linda Relyea 719-587-7827; [lsrelyea@adams.edu](mailto:lsrelyea@adams.edu); [www.adams.edu/news](http://www.adams.edu/news).*



The Adams State Teacher Education program was part of a small group — only about a quarter of programs nationwide — to qualify for an 'A' in Teacher Quality Review. Pictured, Carolyn Casale, Ph.D. assistant professor of teacher education, (center) has students take time to connect on their first day of class in the fall of 2019.

## Trump proposal weakens effect of Migratory Bird Treaty Act

DENVER — The U.S. Fish and Wildlife Service is releasing proposed regulations Thursday that weaken enforcement of the Migratory Bird Treaty Act, a foundational wildlife conservation law passed in 1918.

For decades, the law has been used to hold companies accountable for killing birds in oil spills and other environmental disasters, most notably in the Deepwater Horizon explosion.

The proposal released Thursday codified a highly controversial legal opinion issued by Interior Solicitor Daniel Jorjani, a former Koch advisor, which declared the law only applies when companies intentionally kill birds.

In response, the Center for Western Priorities released the following statement from Executive Director Jennifer Rokala:

"This radical interpretation of the law has already allowed oil companies to kill birds without repercussions. Now, the Trump administration wants to make sure extractive industries can continue to kill birds after they leave office.

"Secretary Bernhardt's former oil industry clients have explicitly asked for this policy change, and now he is delivering. It seems there are no limits to what Bernhardt will do to shred wildlife protections at the behest of drilling and mining companies. Finalizing this proposal would only sign the death warrants of millions of birds across the country."

Public comments submitted in 2017 by the Independent Petroleum Association of America (IPAA), a former client of Interior Secretary Bernhardt, ask the agency to clarify that the Migratory Bird Treaty Act does not include incidental take, both by rescinding an Obama-era legal opinion and by instituting a new rulemaking — both of which have now been done. The Center for Investigative Reporting has reported on recordings that show IPAA executives bragging about their direct access to David Bernhardt.

An investigation by the New York Times found that in the wake of Interior Solicitor Jorjani's legal opinion, the U.S. Fish and Wildlife Service has largely stopped investigating bird deaths and discouraged local governments and businesses from taking precautionary steps to protect birds.

*Press release for the report courtesy of Aaron Weiss, Deputy Director, Center for Western Priorities.*

<p>NEW 2019 DODGE <b>CARAVAN</b> SE STK # DG98666 MSRP: <del>\$29,930</del></p>		<p>AUTOMALL PRICE <del>\$26,995.99</del> PER MONTH <b>\$367</b></p>
<p>NEW 2019 JEEP <b>RENEGADE</b> TRAILHAWK STK # J9989 MSRP: <del>\$33,655</del></p>		<p>AUTOMALL PRICE <del>\$27,995.99</del> PER MONTH <b>\$380</b></p>
<p>NEW 2019 JEEP <b>CHEROKEE</b> TRAILHAWK STK # J2119 MSRP: <del>\$38,235</del></p>		<p>AUTOMALL PRICE <del>\$32,995.99</del> PER MONTH <b>\$448</b></p>
<p>NEW 2019 DODGE <b>CHALLENGER</b> GT AWD STK # DG5433 MSRP: <del>\$38,780</del></p>		<p>AUTOMALL PRICE <del>\$33,995.99</del> PER MONTH <b>\$462</b></p>
<p>NEW 2019 JEEP <b>GRAND CHEROKEE</b> LIMITED STK # J8319 MSRP: <del>\$49,835</del></p>		<p>AUTOMALL PRICE <del>\$43,995.99</del> PER MONTH <b>\$598</b></p>
<p>NEW 2019 JEEP <b>WRANGLER</b> UNLIMITED RUBICON STK # J5022 MSRP: <del>\$47,730</del></p>		<p>AUTOMALL PRICE <del>\$43,995.99</del> PER MONTH <b>\$598</b></p>
<p>NEW 2019 RAM <b>1500</b> REBEL CREW 4X4 STK # DT3874 MSRP: <del>\$55,820</del></p>		<p>AUTOMALL PRICE <del>\$48,995.99</del> PER MONTH <b>\$667</b></p>
<p>NEW 2019 RAM <b>2500</b> BIG HORN CREW 4X4 STK # DT9646 MSRP: <del>\$62,475</del></p>		<p>AUTOMALL PRICE <del>\$56,995.99</del> PER MONTH <b>\$775</b></p>

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# Public Notices

**DISTRICT COURT, ALAMOSA COUNTY, COLORADO**  
 Court Address: 8955 Independence Way, Alamosa, CO 81101  
 Phone: (719) 589-4996  
**COURT USE ONLY**Petitioner: THE PEOPLE OF THE STATE OF COLORADO IN THE INTEREST OF: N.M.-V., V.V., N.V. and J.D., CHILDREN  
**AND CONCERNING:**  
 Respondents: Genevive Montoya, Ramon Vigil and Federico De-Herrera  
 Case Number: 2020JV6  
 Div.:  
 Ctrm:  
**ALIAS SUMMONS**

**TO: THE PARENTS, GUARDIANS, LEGAL CUSTODIANS, OR OTHER RESPONDENTS ABOVE NAMED, GREETINGS**You are hereby notified that a Verified Petition for Adjudication of Dependency and Neglect of the above-named child/ren has been filed in the above-named Court in which it is presented to the Court that the child/ren, N.M.-V., V.V., N.V. and J.D., is/are dependent or neglected for the reasons set forth more fully in said Petition, the original of which is on file in the above Court and copies of which will be made available to you upon request during normal business hours at the office of the Clerk of the District Court in Alamosa County.

You are further notified that **TERMINATION OF THE PARENT-CHILD LEGAL RELATIONSHIP IS A POSSIBLE REMEDY AVAILABLE IF THIS PETITION ALLEGING THAT THE CHILD/R OR NEGLECTED IS SUSTAINED. A SEPARATE HEARING MUST BE HELD BEFORE SUCH TERMINATION IS ORDERED. TERMINATION OF THE PARENT-CHILD LEGAL RELATIONSHIP MEANS THAT THE CHILD/R WHO IS/ARE SUBJECT TO THIS PETITION WO**You are further notified that the Court has set said Petition for hearing on the 6th day of February, 2020, at the hour of 10:45 a.m., in the Alamosa District Court, in Alamosa, Colorado.

Pursuant to Rule 4.1 of the Colorado Rules of Juvenile Procedure, a responsive pleading is not required, although you may file one, if you so desire, nor is it necessary for you to deny any allegations of the Petition, except jurisdictional matters of age and residence of the child/ren which shall be deemed admitted unless specifically denied. You are further informed that if you choose to appear at the hearing at the time and place hereinabove stated, you shall be fully advised by the Court of your constitutional and legal rights pursuant to C.R.S. 19-3-202, as amended. You may demand a trial by jury of not more than six. Unless a jury is demanded, it shall be deemed to be waived. You have the right to be represented by counsel at every stage of the proceedings. If you request representation by an attorney and you are found to be without financial means to afford an attorney, an attorney will be appointed for you by You are further advised that, if the court finds that the allegations in the Petition are supported by the necessary standards of proof, the Court shall hold a dispositional hearing, but that in a proper case, providing prior notice thereof is given to you, and, you are now so advised, the dispositional hearing may be had co-extensively with the adjudicatory hearing.

If you fail to enter your appearance, or if you fail to Furthermore, you have the following additional rights:

- 1) The right to subpoena witnesses;
  - 2) The right to know the nature of the allegations contained in the Petition;
  - 3) Any admission on your part must be voluntary;
  - 4) If you admit the allegations of the Petition, the Court is not bound by any promises or representations made by anyone about the dispositional alternatives by the Court;
  - 5) The Court may appoint an attorney for you;
  - 6) The right to present evidence;
  - 7) The right to cross examine witnesses;
  - 8) The right to appeal;
  - 9) In order for the Court to find the child/ren to be neglected or dependent, it must be proven to a judge or jury by the preponderance of evidence;
  - 10) In order to terminate the parent-child legal relationship, the Court would have to find at a separate hearing by clear and convincing evidence either of the following:
    - a) That the child/ren has/have been adjudicated dependent and neglected and has/have been abandoned by his/her/their parent or parent(s)
    - b) That the child/ren is/are adjudicated dependent or neglected, and the Court has found by clear and convincing evidence that no appropriate treatment plan can be devised to address the unfitness of the parent or parents.
    - c) That the child/ren is/are adjudicated dependent or neglected and all of the following exist:
      - i) That an appropriate treatment plan approved by the Court has not been reasonably complied with by the parent or parents or has not been successful;
      - ii) That the parent is unfit;
      - iii) That the conduct or condition of the parent or parents is unlikely to change within a reasonable amount of time;
- WITNESS my hand and official seal of said Court Clerk/Deputy  
 No. 1281  
 Published in the Valley Courier on January 31, 2020

**NOTICE OF PUBLIC HEARING**  
**TOWN OF CRESTONE BOARD OF TRUSTEES**  
**MONDAY, FEBRUARY 10, 2020 1:00P.M.**  
**AT THE TOWN HALL MEETING ROOM,**  
**11S. ALDER STREET, CRESTONE, CO**  
**PURPOSE:** Public comment on a Planned Unit Development proposal for Tract 3, which consists of 4.62 acres of E. Lime Ave. within the Town of Crestone and Zoned Rural Residential.  
**PRELIMINARY APPLICATION SUBMITTED BY:** Crestone Peak Community Housing, a nonprofit organization, PO BOX 911, Crestone, CO 81131.  
**PUBLISHED AND POSTED:** As per the Zoning Regulations of the Town of Crestone Section IX-10, Ordinance 2006-013, Crestone Board of Trustees: Mayor Kairina Danforth and Trustee Diane Bairstow, Terry Goergen, Adam Kinney, Kizzen Laki, Sam Pace and Bob Prather.  
**COMMENTS MAY BE SENT IN ADVANCE OF THE HEARING TO:** Crestone Clerk, PO BOX 64, Crestone, CO 81131 or crestoneclerk@fairpoint.net  
 No. 1253  
 Published in the Valley Courier on January 16, 17, 18, 21, 22, 23, 24, 25, 28, 29, 30, 31, February 01, 04, 05, 06, 07, 08, and 11, 2020.

**A CALL FOR NOMINATIONS**  
**NOTICE OF PUBLICATION OF THE SOUTH CONEJOS FIRE PROTECTION DISTRICT**  
**§1-13.5-501, 1-13.5-1102(3), 32-1-905(2), C.R.S**  
**TO WHOM IT MAY CONCERN,** and, particularly, to the electors of the South Conejos Fire Protection District of Conejos County, Colorado. **NOTICE IS HEREBY GIVEN** that an election will be held on the 05th day of May, 2020, between the hours of 7:00 a.m. and 7:00 p.m. At that time, two directors will be elected to serve 3-year terms. Eligible electors of the South Conejos Fire Protection District interested in serving on the board of directors may obtain a Self-Nomination and Acceptance form from the District Designated Election Official (DEO): Nathan Ruybal  
 7500 County Road D.5  
 Antonito, CO 81120  
 (719) 580-7148  
 The Office of the DEO is open on the following days: Sunday to Monday from 11 a.m. to 7 p.m.  
 The deadline to submit a Self-Nomination and Acceptance is close of business on February 28, 2020 (not less than 67 days before the election).  
 Affidavit of Intent to Be a Write-In-Candidate forms must be submitted to the office of the designated election official by the close of business on Monday, March 02, 2020 (the sixty-fourth day before the election). **NOTICE IS FURTHER GIVEN,** an application for an absentee ballot shall be filed with the designated election official no later than the close of business on Tuesday preceding the election, April 28, 2020. Designated Election Official Signature  
 No. 1282  
 Published in the Valley Courier on January 31, 2020

**221 HELP WANTED**  
**THE ALAMOSA POLICE** Department is seeking a FT Police Officer, \$19.86 per hour to join the Alamosa Police Department. Some duties include, protecting the lives, health, welfare, and property of individuals within the city limits by enforcing municipal, state, and federal statutes, ordinances, and laws. For a full job description and to apply please visit the cityofalamosa.org. Open until filled. (2/15)

**221 HELP WANTED**  
**CDL TRUCK DRIVER** needed in hay hauling operation, Class A CLD in good standing, Drug testing required. Competitive pay Home on most evenings and on weekends Please call 719-588-4481 for more information(2-16)

**221 HELP WANTED**  
**HOST/HOSTAS NEEDED APPLY** in person, at 506 State Street. Rubi Slipper must be flexible. No Phone calls. (2/15)

**221 HELP WANTED**  
**MONTE VISTA AREA** Ditch Companies seeking a ditch rider, experience preferred. Must have a valid CDL reliable transportation, Welding capabilities, able to run and maintain heavy equipment. Salary based on experienced. Send resume to 147 Washington St., Monte Vista Co 81144 (2/8)

**ADAMS STATE UNIVERSITY** seeks applicants for a Police Officer I position in the ASU Police Department. For application or more information, please see https://www.adams.edu/hr/employment/ Deadline is February 13, 2020. AA/EOE. (2/6)

**SOUTH CONEJOS SCHOOL** District is currently accepting applications for the 2019-2020 School Year for the following positions: High School Track Coach, Middle School Wrestling Coach, and Middle School Baseball Coach. Applications are available online at www.southconejos.com. Applications can be forwarded to josh@southconejos.com. If you have questions/concerns you may contact the district office at 719.376.7001. Applications will be accepted until the position is filled. South Conejos is an equal opportunity employer.(2/8)

**SIERRA GRANDE SCHOOL** District is currently accepting applications for a High School Spanish Teacher/ELL Director. Applicants must have a current state certification/license or in the process of receiving a certification/license and enrolled in an educational program for completion or endorsement. Application forms are available at the district office located at 17523 E. Hwy 160 Blanca, CO 81123 or on the District's website at www.sierragrandeschool.net Applications may be submitted to Mr. Brandon Mizokami at bmizokami@sierragrandeschool.net For more information please contact Mrs. DeAnn Arellano at 719-379-3257.(2/22)

**THE CITY OF Alamosa** is seeking a Full-Time Maintenance Worker II in the Streets Department to perform semi-skilled and skilled work in the construction, modification, maintenance and repair of streets, curbs, gutters, sidewalks, storm drains, graffiti removal, and traffic signs; and performs related work as assigned. The candidate must possess a High School Diploma or equivalent, a valid Colorado Class B Commercial Driver License with an acceptable driving record, and the ability to frequently lift and carry equipment weighing over 50 lbs. Starting salary is \$15.25 - \$16.78 per hour (DOQ), including a comprehensive health benefits package, CO PERA retirement, and vacation, personal, and sick leave. Applications can be found online at www.cityofalamosa.org under Employment or at the Human Resources Department, 300 Hunt Avenue, Alamosa, Colorado. Closing date is February 10, 2020 at 4:30 pm.(2/12)

**RIO GRANDE COUNTY** Department of Social Services is seeking applicants for a Legal Technician. Background check and pre-employment drug screening required. \$15.36/hr. DOE, full County benefits. Schedule 37.50 hours /week. Job description and applications are available on-line at www.riograndecounty.org or pick up and submit to Human Resources: 925 6th St., Rm. 200; Del Norte, CO 81132.(2/6)

**THE NORTH CONEJOS** School District is accepting applications for a head Centauri Middle School Wrestling coach. Applications are available at the Administration office, 17890 US Hwy 285 La Jara, CO 81140 or can be downloaded at www.northconejos.com. Application deadline is until position is filled. Submit application to Mr. Curt Wilson, Superintendent. EOE (2/5)

**JAY MEYER INSURANCE** Agency is now hiring an experienced Customer Service and licensed insurance representative. Applicants must have the ability to be licensed with good interpersonal skills. A current insurance license is preferred but not required. Applications can be dropped off or mailed to Jay Meyer Insurance Agency, 410 Ross Ave, Alamosa, CO or emailed to jay.meyer.ismh@statefarm.com. Please apply no later than 1/30/20 (1/30)

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 • Patrol Deputy  
 • Road & Bridge Maintenance Technician  
 • DHS Child Welfare Social Worker  
 • DHS Adult Case Manager  
 Visit www.alamosacounty.org for details  
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**173 - PROFESSIONAL SERVICES**  
**LICENSED PLUMBER** DOES all types of plumbing repairs and plumbing remodel done at reasonable rate. Call 719-580-0033 or 719-376-2593.(02/01)

**221 HELP WANTED**  
**THE CITY OF Alamosa** is seeking a Full Time Maintenance Worker I with a hiring salary of \$14.42 - \$15.86 per hour (DOQ), to provide routine maintenance tasks in and around the City Facilities. Applications can be found online at www.cityofalamosa.org under Employment or at the HR Department, 300 Hunt Avenue, Alamosa, Colorado. Closing date is February 13, 2020 at 4:30 pm. (2/15)

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Classifieds

221 HELP WANTED

DEL NORTE BANK IS seeking to fill a full time position for Teller in the Del Norte office.

221 HELP WANTED

MONTE VISTA SCHOOL District is accepting applications for a Middle School Math Teacher for the remainder of the 2019-20 school year.

221 HELP WANTED

MONTE VISTA SCHOOL District is accepting applications for a full-time School Nurse. A complete list of duties and desired qualifications may be viewed on the district website ww2.monte.k12.co.us/employment-opportunities.html.

221 HELP WANTED

WANTED - RANCH/FARM Hand for cow/calf and hay operation. Need experience with calving, fencing, irrigating, loaders, hay equipment operating and maintenance.

221 HELP WANTED

CALDON TRUCKING IS looking for a CDL driver. Please call 719-274-4464.(1/22-TFN)

NEED A SECOND IN-COME? child support? Car Repairs? Taxes Due? Earn up to \$800/month delivering the Valley Courier. Contact Keith at 589-2553. (2/26-TFN)

324 - FEED & SEED

PREMIUM TARPED AND shedded grass hay 3x3 Bales 750 lbs. near Monte, CO. 719-588-8506. Discounts for larger amounts.(2/25)

PREMIUM ALFALFA AND grass/alfalfa, small bales \$8.00 in shed, \$7.00 outside (719) 580-2509. (02/19)

HORSE AND COW hay: grass, grass/alfalfa, alfalfa. 3x3 and 4x4 bales, various quality and pricing. 719-850-8917 (7-13-TFN)

330 FREE

FREE COUCH PLEASE call 719-849-0483 for more information (1/31)

351 LIVESTOCK

PIGS FOR SALE \$1.00 lb. live weight. 570-395-0184 (TFN)

360 - MISCELLANEOUS FOR SALE

110V WELL PUMP with 5 gallon pressure tank. \$110.00 OBO please call 719-480-3497.(1/30)

SMALL ANTIQUE TABLE with chairs. New 11 tables and 52 chairs. 719-589-0464/719-580-9648. (2/5)

NEW, MUST SELL Couch & Love Seat. Medium gray in color. 719-580-2332. (1/30)

RAMSEY 12 VOLT Pro 8000R Series #817508 wench 93 ft. 5/16 cable. Remote switch, roller fairlead. 719-852-2285 (10/22-TFN)

ZACH'S EUROPEAN MOUNTS. Professional work, low prices. 719-580-0398. (TFN)

369 - PETS & SUPPLIES

NEED CATS FOR mousers? Want to adopt kittens? Help trap/neutral/release efforts? Donate food/litter/supplies? Low cost spay/neutral clinic for cats. http://www.catsaliveslv.com/719-298-7028. (TFN)

369 - PETS & SUPPLIES

FREE KITTENS TO good inside home. Call 719-250-7597.(1/30)

ALL DOGS ADOPTED FROM THE VALLEY HUMANE LEAGUE HAVE TO BE SPAYED OR NEUTERED BEFORE GOING TO THEIR NEW HOME. (TFN)

OOFS! GOT PUPPIES who need a home? San Luis Valley Animal Welfare Society is a nonprofit animal rescue dedicated to stopping the euthanasia of healthy adoptable pets. Having pets altered is the number one way to stop pet overpopulation.

FREE TO GOOD home. Adults and kittens. NO MOUSERS OR BARN CATS. Spay/neutral clinics coming to Alamosa in near future.

387 - WANTED TO BUY

WANTED TO BUY Cow hay and Wheat straw call 719-850-1680. (2/7)

409 FARM & RANCH LAND

COW PASTURE FOR rent. South of Manassa Call 719-580-5745 anytime. (2/5)

HAY GROUND WANTED for share crop or cash lease. Over 20 years experience 719-850-1626. (2/5)

415 - HOMES FOR SALE

DEL NORTE COLORADO, Rent To Own, 3 Bedroom 2 Bathroom \$750/Mo. 719-253-2978. (2/6)

FOR SALE IN Alamosa. Nice log home, 3 Bedrooms, 2 Bathrooms. Totally remodeled 719-589-0464/719-580-9648. (2/5)

415 - HOMES FOR SALE

2 HOMES/ 5.25 Acres. Trees!, 3 wells!, Extra electric System, Trees!, Corral. \$184,000.00 970-640-9562.(2/15)

PORTER REALTY, INC. Excellent Service, Expert Advice 719-589-5899 503 Main Street • Alamosa www.PorterRealty.com

\$249,000 - Beautiful 3 bedroom, 2 bath home sitting across from Carrol Park. This home features an open floor plan with an updated kitchen, bathroom, flooring, windows, gas fireplace, paint, trim and Garage door. Two living spaces, hot water baseboard heat, 2 car attached garage with painted floor and more.

\$215,000 - Brand new stick built 3 bedroom, 2 bath home. Features include an open floor plan, nice master suite with 3/4 bath and walk-in closet, custom Amish cabinets, stainless steel kitchen appliances, well-insulated, augmented well with outside watering, vertical steel siding, 2 car attached garage and more.

\$199,500 - You won't find another like this on the market! Larger home just a block from Adams State University and walking distance to downtown. Located in the heart of Alamosa, CO this 4 bedroom, 2 bathroom home has plenty of storage space. Located on a corner lot with mature trees. It also has a 1 car attached garage and a fenced-in side yard. 1011 Second Street, Alamosa MLS # 765145

\$112,000 - Four bedroom, one bath home with good rental history. Conveniently located, within walking distance of downtown. Would make an excellent rental or starter home. 1006 State Ave, Alamosa MLS # 764509

420 - LOTS & ACREAGE

25 ACRES AT Sangre de Cristo Ranches, with Elec. 200' water well , Sangre de Cristo creek runs through it. 80 acres 2 1/2 miles west of San Acacio call All Lopez 719-588-2930 / 719-843-0930.(2/25)

500 REUNIONS

BEAUTIFUL MOUNTAIN RANCH WEDDING/REUNION SITE. Lodge w/kitchen, dining, sleeping: 9 guest cabins. 719-580-2486.(2/13)

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Century Property Management & Sales, LLC Alamosa • 589-5744

PROPERTY MANAGEMENT SERVICE

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611 - HOMES FOR RENT

BEAUTIFUL 4 BEDROOM Ranch house located near Monte Vista \$1000/mo. call 719-588-8506. (2/13)

BEAUTIFUL 3 BEDROOM, 2 Bathroom Country Home with fireplace will be available February 1, 2020. 1st, Last, Security and Utility Deposit. 1 year Lease, references. Monthly Rent is \$800 plus utilities. Contact Cheryl 719-480-0502. Leave a message. (2/5)

2 BEDROOM 1 Bath, efficiency kitchen, up-stairs, garage. \$850/Mo. plus utilities. Del Norte. Call 719-539-7879 Avail. February 01., (2/01)

AFFORDABLE 2 BEDROOM House for rent in Monte Vista. Call Raymond (719)850-2069. (1/28)

HOUSE FOR RENT in Alamosa, 3 bedrooms, 1 bath, \$800 per month, \$800 damage deposit. Price includes all utilities. No pets, nonsmokers. Call 719-480-0108.(1/31)

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# Comics

## CROSSWORD PUZZLE

**ACROSS**

45 — -de-sac  
 1 Green vegetable  
 5 Chips partner  
 9 ET's craft  
 12 Thermometer type  
 13 Lasso  
 14 Head, slangily  
 15 Tough fiber  
 16 Not at home  
 17 Hex halved  
 18 Pasta dish  
 20 Radio part  
 22 Kangaroo pouch  
 23 Bankroll  
 24 Mexican money  
 27 Imported auto  
 30 Clean water org.  
 31 Colleague  
 33 Doozie  
 35 Stonehenge builder  
 37 Moist  
 39 Entreat  
 40 More uncanny  
 42 Percolate  
 44 — Arbor, Michigan

**DOWN**

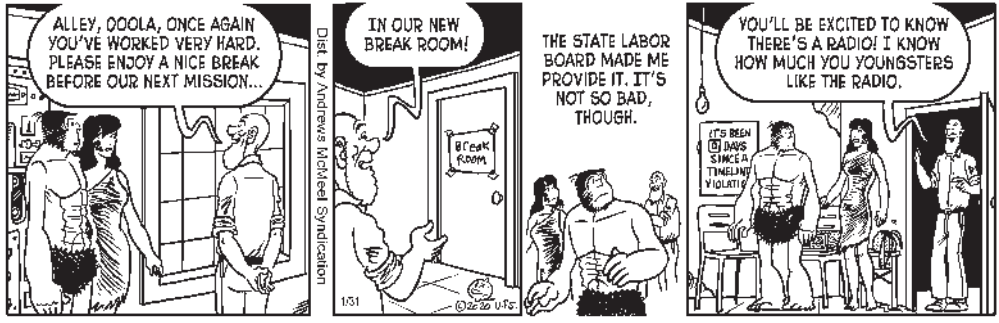
1 Eyeliner  
 2 Survey finding  
 3 Takes a powder  
 4 Border town (2 wds.)  
 5 One-time Paris moola  
 6 Captain Kirk's home  
 7 Mineral spring  
 8 Prime  
 9 Golden Rule word



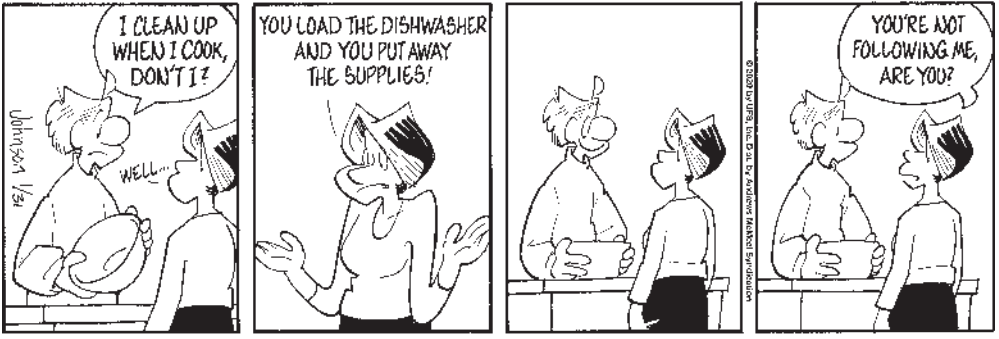
10 River crossing  
 11 Drama award  
 19 Breathe hard  
 21 Sacred image  
 23 Legless animal  
 24 Delt neighbor  
 25 Fencer's weapon  
 26 Customer come-on  
 27 Garment flaw  
 28 Band instrument  
 29 — Baldwin of "30 Rock"

32 Early garden?  
 34 Word of disgust  
 36 Coal cart  
 38 Cushy job  
 41 Slur  
 43 Spiral-horned antelopes  
 45 Expenses  
 46 Cabinet div.  
 47 Fridge stick  
 48 Plump and juicy  
 49 Loch — monster  
 50 Radio part  
 51 Hard facts  
 52 Dove coop  
 55 Likewise

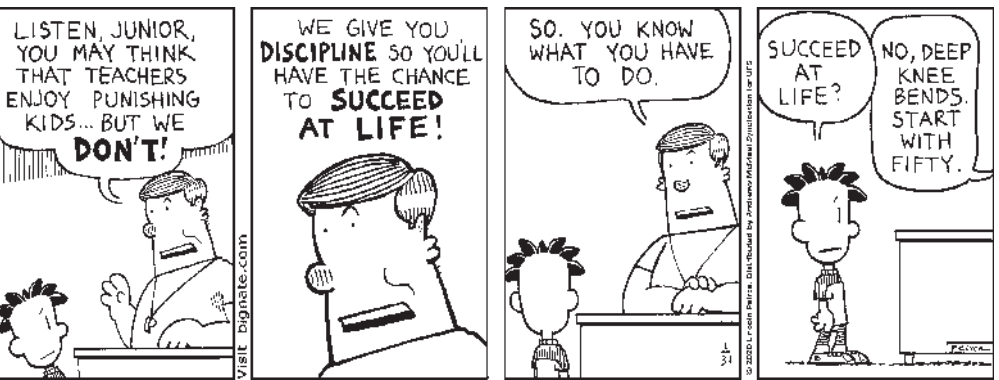
## ALLEY OOP



## ARLO & JANIS



## BIG NATE



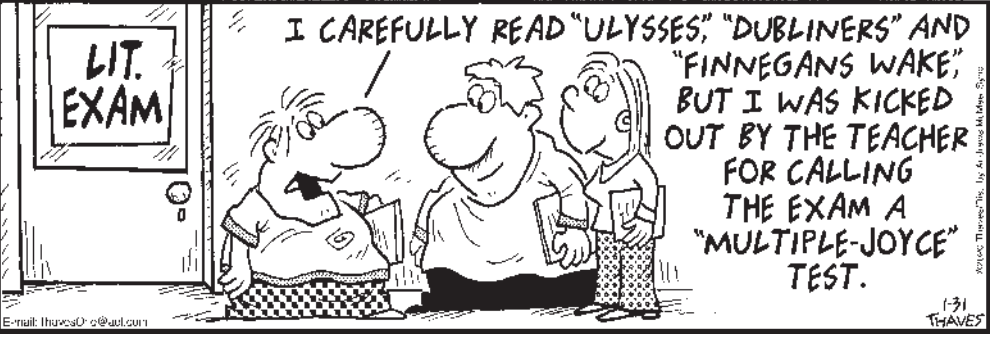
## THE BORN LOSER



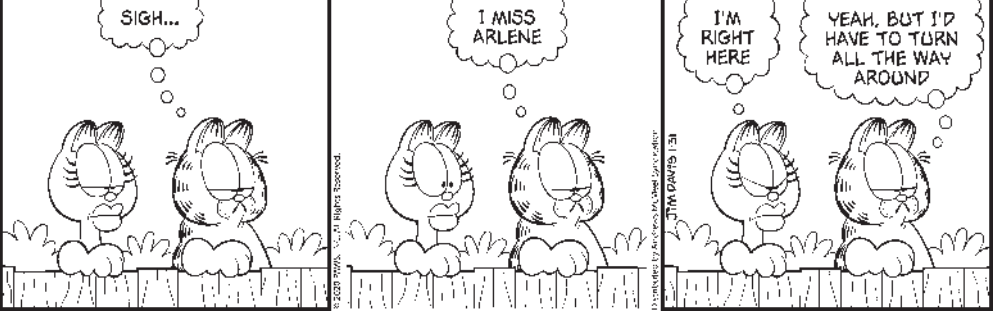
## FOR BETTER OR FOR WORSE



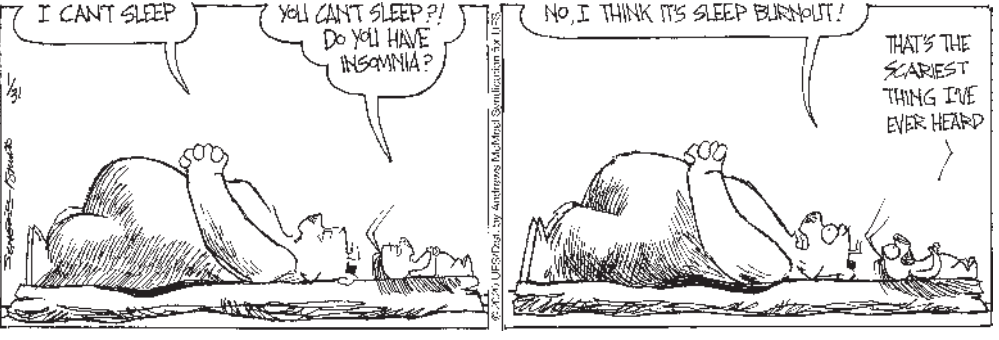
## FRANK & ERNEST



## GARFIELD



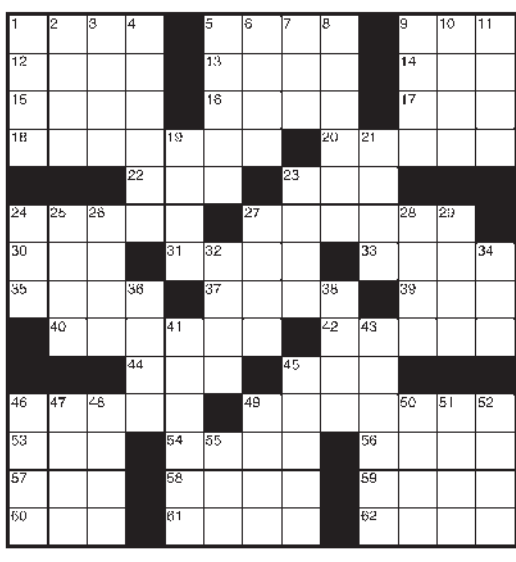
## THE GRIZZWELLS



## PEANUTS



## HERMAN



## CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

" N P F C L C R F N B Z K V E H J Z E I J X H B H F  
 R P C R E G J X R N B H F J R E N R E G E C D C P  
 R U H W H I Z A Z E I M H P Z N. " — U Z E V

Previous Solution: "Songwriting is a burst of inspiration and then a long bit of work and a tremendous bit of desperation." — Donovan

## Restricted diet makes dinner parties awkward to attend

DEAR ABBY: I have multiple chronic health conditions. Because my symptoms are worsened by a lot of foods, I'm on a highly restricted diet. If I stay on it, I feel as well as possible. (I never feel entirely well.)

When I go to friends' homes for dinner or parties, would it be rude for me to bring along something for myself that I can eat that won't make me sick? I can have no grains, no dairy, no eggs, no sugar, the list goes on and on, but I could always bring extra food to share if you think that would be appropriate.

I have been eating before I go and then claiming not to be hungry, but I feel it would be rude to do this at dinner parties. What do you suggest I do? I prefer that my health not be a topic of conversation. -- CAN'T EAT JACK

DEAR CAN'T: Your health won't be a topic of conversation at these gatherings if you discuss this with your host(s) at the time you are invited to the party. Explain that you are on a severely restricted diet, picking at their food might be interpreted as rude and you don't wish to come across that way. Ask if you can bring your own food with you. I'm sure your hosts will understand and tell you to enjoy their hospitality (if not their food)

because they welcome your company.

DEAR ABBY: My husband and I received a worrisome email from our 20-something-year-old son, a graduate student some distance away. He wrote that he is recovering from wounds of his childhood. (We thought we were loving, supportive parents.) He indicated he will come home for visits only if we comply with his demands -- about 10 were listed -- and accused us of some things we never did.

On the advice of my counselor -- I have a history of depression, which is in remission -- I wrote agreeing to his demands in order to keep the lines of communication open. My husband refuses to do this. He is overwhelmingly hurt, angry and frustrated. He says he "will not walk on eggshells in his own home." Our son is our only child. What can or should we do? -- HEARTBROKEN IN OHIO

DEAR HEARTBROKEN: Nobody should have to walk on eggshells. If ever I heard of a family that could benefit from family counseling, you three are it. Your doctor or insurance company can refer you to someone who is licensed and competent. Please don't wait.

DEAR ABBY: My biolog-



ABIGAIL VAN BUREN

ical mother gave me up at birth. Her reason for doing it changes every time I ask. I joined the Navy right out of high school and left the service at 25. Less than a month later, she contacted me. It turns out that I have three half-siblings, but I have no desire to connect with them.

She waited 25 years to contact me, and I was the only one of my siblings she gave up. Does it make me a bad person that I have no emotional connection to my biological family? -- NO FEELINGS IN THE EAST

DEAR NO FEELINGS: No, it does not. Whatever her reason for surrendering you, you have built a good life. Please stop feeling guilty for moving forward and living it. Doing so does not make you a bad person, only a healthy one.