



ASU Track and Field gets back to work



The 2019 San Luis Valley REC scholarship winners accept their awards at the co-op's annual meeting last June.



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LOCAL NEWS... LOCAL VIEWS

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\$1

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SLV Today La Puente to host Free Health Care

ALAMOSA — La Puente will be hosting Free Health Care from 9 a.m. to 1 p.m. on Sunday at its Outreach Service Center at 929 State Ave., Alamosa. The services will be provided by Regis University Physical Therapy, Nurse Practitioner, and Counseling /Marriage and Family Therapy, Students and Faculty. La Puente is partnering with Global Health Pathway/Regis University's Rueckert-Hartman College for Health Professions, and the San Luis Valley Area Health Education to provide the Free Health Care.

Rotary Club to present Carver Mon.

ALAMOSA — The Alamosa Rotary Club announced that Alamosa County Clerk and Recorder office Election Supervisor Terri Carver will speak Monday at noon at Juanito's Restaurant, 10196th Street. Terri Carver will present information on the upcoming election cycle, including the presidential primary election, caucuses and the general election. Starting in March, Colorado will hold a presidential primary election.

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SLV WEATHER



Partly cloudy 35/0

Fri.: Sunny 36/3 Sat.: Sunny 42/9

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Funds aid La Puente, homeless

More money — \$1.5 million-plus — might be forthcoming from DOLA

By DANIEL McKILLOP
Courier Editor

ALAMOSA — As San Luis Valley endures another frigid winter, the Colorado Department of Local Affairs continues to help the needy — especially the homeless — with its generous financial support.

DOLA Executive Director Rick Garcia wrote a letter to SLV-based La Puente Executive Director Lance Cheslock on Jan. 21, which modified a previous award letter issued on Aug. 18, 2017 concerning a supplemental funding request.

"The State Housing Board reviewed a supplemental funding request from La Puente Housing Corporation at its meeting on Nov. 12, 2019, and recommended supplemental funding of up to \$200,000 for the above-referenced project. I concur with the State Housing Board's recommendation and am offering to enter into an amendment to your Homeless Solutions Program (HSP) Grant Agreement to raise the total amount of the award to up to \$1,569,662, within 12 months from the date of this letter."

The funds are for La Puente's Adelante Family Housing and Over the Rainbow Apartments.



Courier photo by Daniel McKillop
(left to right) Israel García-Humes, director of community education, La Puente Home, Inc. and La Puente Executive Director Lance Cheslock introduce Bill Holsonback, who is from the San Luis Valley and has been a beneficiary of La Puente's work, to the audience before the play "Treasure Island," which was hosted by Adams State University on Dec. 7.

"I do not know when they will know the final amount," said Israel García-Humes said, director of community education, La Puente Home, Inc., by email. "Much will depend on the cost of upgrading an older system in a historical building."

Garcia said the following is a list of eligible activities for the supplemental funding, which includes construction: A Federal Release of Funds letter is not required for this funding source, he added. The funds may not be obligated before an amendment is fully executed and expenditures made prior to the full execution of the amendment cannot be reimbursed by the state.

"La Puente is proud of the local partnership that we have with DOLA and their support of our efforts to house the most vulnerable," García-Humes said. "This money will go to improve the safety for the residents of our supportive housing community by modernizing the fire suppression system for the 17 units located above Rainbow's End Thriftstore."

When he was asked if it was very promising that Garcia's amendment might garner \$1.5 million-plus for the Homeless Solutions

See LETTER page 3



Courier photo by Daniel McKillop
The Alamosa City Council members discuss issues during a workshop at City Hall on Wednesday night. From left, clockwise are: Commissioner Charlie Griego, Mayor pro tem Jan Vigil, City Attorney Erich Schwiesow, Mayor Ty Coleman, Councilor Liz Hensley, Planning and Zoning Specialist Deacon Aspinwall and City Manager Heather Brooks.

City Council mulls over sign compliance during workshop

By DANIEL McKILLOP
Courier Editor

ALAMOSA — The Alamosa City Council members held a workshop at City Hall on Wednesday evening, as City Planning and Development Specialist Deacon Aspinwall and the City Head of the Department of Public Works Harry Reynolds were consulted often during the discussions.

Regulating signs in the community more efficiently was one of the main topics during the workshop.

In an effort to beautify the city, it has become apparent that certain changes need to be made to clarify the regulations without causing an undue burden on existing business owners.

"It's to better define when we have signs that are obsolete or abandoned — how those can be handled," Alamosa City Manager Heather Brooks said. "We added some language to create areas of creativity for signs that we really want to encourage and to showcase the community."

One of the changes was to impose a \$100 penalty for failure to impose a sign application; however, the application should remain free in order to encourage submittal.

Language defining obsolete means a sign or any element of a multi-element

sign — except an historic sign — that identifies or advertises an activity, business, product or service which is no longer conducted, produced, performed, or sold on the premises, or a sign that does not contain a message for a period of more than six months also was discussed.

Finding affordable alternatives for a sign owner if a sign is abandoned or obsolete, "we can see how they can maintain that sign," Brooks said.

Sign owners were being given 30 days to comply with regulations before the meeting; however council decided to give them more time.

"We're going to change it to 60," Brooks said.

Now that council adopted the downtown plan, there are some recommendations for some potential change to our code to actually allow a little more use in our business district, Brooks said.

"There were some general areas to the code where we didn't have definitions for a few zones that needed a few things added; whereas, it's easier to interpret, or it allows us to make sure the code is flexible for property owners," she added.

For example, there needed to be definitions for mail processing center, heavy industry and for processing and extraction of hemp, Brooks said.

Atenico's running for Costilla County commissioners seat

FORT GARLAND — Edward Eugene "Champ" Atenico has declared his candidacy for Costilla County Commissioner, District 1.

Atenico is a lifelong resident of Costilla County, having grown up in Fort Garland. Atenico graduated from Sierra Grande High School and attended Adams State College (University), receiving a B.A. degree in 1968 and a M.A. in School Administration in 1975 from Western State College in Gunnison.

He also earned another degree in 2010 from Colorado State University in Athletic Administration.

All of those degrees were accomplished for one reason: "I wanted to be a better teacher," Atenico noted, "that was always my goal."

In 1968, Atenico did his student teaching under the guidance of Eppie Jaramillo. "He really influenced me," Atenico said, so did my parents.

"They had no education, but they were smart and worked very hard. It was my mother who said that because of the way I loved sports and children, I ought to be a teacher and coach."

In 1978, Atenico started receiving awards from the Colorado Coaches Association. He has received 64 awards from the association. Atenico has also received plaques from Scholastic Coach, Franklin Life, National Honor Roll for Coaches, and twice for Who's Who in American High School Teaching.

He was also on the Fort Garland Water and Sanitation District Board for 24 years.

Atenico took Centennial High School track and field teams to the state meet 31 times and the cross country team to 18 state meets.

See RUNNING page 3



Edward Eugene 'Champ' Atenico

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Valley News

La Puente's holds vigil for homeless

By MEGAN COWELL
Special to the Courier

ALAMOSA — Homelessness has become an epidemic in the United States. It can be understood as a symptom of poverty. As the gap between the wealthy and poor widens, the homeless population grows.

In 2019, the U.S. Department of Housing and Urban Development reported over 500,000 people had experienced homelessness. The San Luis Valley is no exception. In fact, the 2015 Point-In-Time polocount revealed the Valley's homelessness rate was 10 times higher than the national average.

Too often, the homeless are dismissed as stereotypical beggars. However, homelessness impacts a wide variety of the population. Many face barriers such as generational poverty, mental illness, poor health and addiction. These complications do not exist in a vacuum — they are often compounded and complex. It may be surprising to find those affected are usually families with children, senior citizens, people of color, veterans, the differently-abled, LGBTQ+ folks, and youth. The truth is the average person is only a crisis or two away from becoming homeless themselves.

As the homeless population grows, communities are becoming overwhelmed. Different communities are responding in different ways. The Durango Herald reports cities, like Sacramento and Denver, have passed legislation outlawing "urban camping," essentially criminalizing homelessness.

The Colorado Springs Independent described entire homeless camps being bulldozed.

La Puente recognizes these actions as harmful and unproductive. In the end, they don't solve but exacerbate the problem.

Those impacted are imprisoned, displaced, or physically and emotionally harmed.

The San Luis Valley community, with



Vigil attendees (from left to right) Emmanuelle Tolende Botuli, Anna Allison, Christina Bolt, Valerie Mays, Emily Shaffer and Shanae Diaz hold their candles in front of La Puente on Jan. 20.

Courtesy photo

the help of La Puente, chooses to address this crisis differently, with compassion and patience.

From its origins, La Puente has put human dignity at the center of its mission.

All of its programs were born directly from a need and built with and by the community. The outcome is a safety

net of services where individuals and families get what they need to stabilize, heal, strengthen and ultimately thrive.

La Puente renews its commitment to serving the most vulnerable at its annual Winter Vigil, which was observed Jan. 20.

The vigil provides the community

with an opportunity to remember those too often forgotten: The individuals who've lost their battle with poverty and homelessness.

Intentionally held during the coldest month of the year, the vigil also provides attendees with some small insight into what the homeless population endures each night.

This past Thursday evening, over 30 community members gathered outside of La Puente's Shelter and each received a candle. A moment of silence was observed, full of reflection and shivering.

Then folks were encouraged to share their memories of those they remember who have lost their battle.

One Shelter staff member, Graham Hunt, fondly remembered local Grady Woodruff, "a generous soul." Mr. Woodruff was known for his big heart and often provided much-needed transportation to struggling community members.

Once all who desired to had spoken, the candle lighting began. From one candle all the others were lit, reminding folks, "It takes nothing from one's own flame to light another."

The emotional night ended with the group singing Amazing Grace, in the memory of those passed finding peace. The La Puente Shelter added their names to the plaque of "Remembered Guests," which commemorates all the Shelter guests who have passed on after being part of La Puente's community.

Education Director Israel García-Humes encouraged community members to be part of the solution to homelessness.

"If we can each dedicate ourselves to do doing our part to help those struggling with homelessness, he said, "we can create a light of compassion that will make the darkness evaporate."

If community members want to know how they can help be part of the solution, visit www.lapuentehome.org/getinvolved to learn how.

Letter

Continued from Page 1

Program, García-Humes said, "With homelessness becoming a greater issue for communities across Colorado, we are very proud of DOLA's efforts to bolster local solutions to combat homelessness.

"La Puente is eager to strengthen our Continuum of Housing: Emergency shelter, homeless prevention, rapid rehousing and supportive housing offer a myriad of solutions to ensure a path to stable housing."

The generous support of DOLA has already helped La Puente add to its staff.

"La Puente is excited to have recently been awarded some of these funds to hire a full-time housing navigator, who will specialize in creating partnerships and access to help local residents find and attain affordable local housing," García-Humes said. "They will seek to help clients overcome obstacles to housing by offering assistance and advocacy to help ensure a path to a home here in our community."

LA PUENTE'S COMMUNITY THANK YOU RECEPTION
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Milagros Coffee House
Join us for free mocktails, hors d'oeuvres & chocolate!
More information: www.lapuentehome.org/events/

GARCIA'S EARLIER LETTER:

Garcia sent Cheslock a letter on Jan. 16, which read as follows: The U.S. Department of Housing and Urban Development ("HUD") has awarded Emergency Solutions Grant ("ESG") funding to the Department of Local Affairs ("DOLA") Division of Housing ("DOH").

DOH's staff has recommended that DOLA match available ESG funds with Homeless So-

lutions Program (HSP) state funds.

In response to the DOH 2019 ESG Notice of Funding Availability ("NOFA"), the ESG Review Team recommended using a portion of DOH HSP to fund La Puente Home.

On Nov. 12, 2019, the DOH State Housing Board ("SHB") concurred with DOH team and ESG Review Team's recommendations.

I concur with the SHB and am offering to enter into an HSP grant agree-

ment of up to \$155,000 within six months from the date of this letter. The following is a list of eligible funding activities:

- ▶ Shelter Operations: \$50,000
- ▶ Essential Services: \$28,000
- ▶ Street Outreach: \$12,000
- ▶ HMIS: \$5,000
- ▶ Housing Navigation: \$60,000

This project is Categorical Excluded Not Subject to Other Laws/Requirements, and the

required Environmental Review Form Exhibit IV-B was completed and approved.

No further action is required; you may proceed directly to contracting.

EXAMPLE OF LA PUENTE'S WORK

Bill Holsonback, who is from San Luis Valley and has been a beneficiary of La Puente's work, to the audience before the play "Treasure Island," which was hosted by Adams State University on Dec. 7, "first came to La Puente's Shelter by referral through the criminal justice system," García-Humes said. "He was an alcoholic and was homeless for several years.

From the shelter, he was then enrolled in our Adelante's Supportive Housing Program, García-Humes said.

"Bill has recounted how this is the first home he has ever had," García-Humes said. "Adelante partnered with him to build on his strengths to achieve his self-identified goals.

"Now after several years in the program, he is one of La Puente's most active volunteers in the wood lot.

"He has also been instrumental in helping to build connections with the unsheltered homeless population in our community.

"Bill is a testament to what can happen when a community believes in an individual and supports them to achieve their potential."

Running

Continued from Page 1

Atencio coached for 43 years and cross county for 23 years.

In 2010 and 2011, Atencio received three rings from the Colorado Coaches Association for 18 or more top 10 finishes as a team in boys track and boys and girls cross country.

In 2011, Atencio received the Warren Mitchell Award as the top track and cross county coach in Colorado.

Atencio served on advisory boards for the Colorado High School Activities Association and was very active in the Southern Peaks Association.

In 2013, Atencio received the Educator's Hall of Fame award from Adams State University.

In 2019, Atencio received the Colorado High School Coaches Association Hall of Fame

Award in recognition of his service to high school athletics and coaches of Colorado.

Atencio was a classroom teacher for 36 years, an athletic director for 31 years and a coach for 43 years.

Since his retirement in 2003, Atencio has been a substitute teacher.

He expressed his admiration and pride for the people of Costilla County. Costilla County is the best place in Colorado because of the land, water, traditions, the Spanish language and culture and most of all the children, the adults, and the senior citizens.

Atencio intends to focus on creating local jobs and helping all senior citizens and all children. Children are the future.

He believes all citizens of Costilla County are unique and the hardest-working people in the state.

Atencio believes that grant writing and getting grants is the key

to any county. It brings monies for jobs, county projects, repairs, needed buildings, restoration, preserving history, roads and bridges, helping farmers and tourism.

He stated that he has always loved politics, "Everything you do in America involves politics in one form or another."

Atencio said that protecting our water is critical to all counties in the San Luis Valley.

As far as education in concerned, we must keep pre-school to college for all people.

Education is essential

to having a productive community.

"Once students graduate from college, we must find them jobs here in the Valley," Atencio said. "We can't afford to let them leave the Valley.

"We must create jobs for them.

"Costilla County is a wonderful place to live. It would be an honor and a privilege to represent the people of Costilla County.

"I feel that I can do a great job as a commissioner; I am retired and can devote all the time it takes to do a great job.

Report courtesy of Atenico.

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Tues - Thurs: 5:00, 8:10
JUST MERCY
This is about all of us PG-13

Tues - Thurs: 5:25, 8:15
JOJO RABBIT
Nominated for 6 Academy Awards PG-13

Tues - Thurs: 5:25, 8:10
BAD BOYS FOR LIFE
Will Smith, Martin Lawrence R

Tues - Thurs: 5:30, 8:10
DOLITTLE
Robert Downey Jr., Antonio Banderas PG

Tues - Thurs: 5:20, 8:10
JUMANJI
Dwayne Johnson, Kevin Hart PG-13

Tues - Thurs: 4:45, 8:00
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Opinion

God bless America ...

HOLLYWOOD — God Bless America, and how's everybody?

The New York Times weighed in on the Democratic presidential race Thursday by giving out their endorsement just 10 days before the Iowa caucuses.

The newspaper endorsed Amy Klobuchar and Elizabeth Warren for president. They also picked the 49ers and the Chiefs to win the Super Bowl.

The Church of England suspended my church, the Episcopal Church, for its support of liberal social issues.

Every Sunday I get laryngitis listing all the transgressions I've committed during the past week. I believe that Jesus died for my sins and I want to make sure he gets his money's worth.

China's government quarantined cities in Hunan Province where the Corona Virus is believed to have originated. The concern over its spread is escalating. An arriving Chinese citizen caused a wild stampede at L.A. Airport on Friday when he identified himself to Immigration officers as Ah Chu.

The CDC said Monday six cases of Corona Virus have been diagnosed in the U.S. so far. There is reason to panic. The Surgeon General could point out that fewer Americans have caught the Corona Virus than have been married to the Kardashians, and Corona Virus victims suffered far less.

A California winery spilled 18,000 gallons of wine into a creek in Sonoma County on Monday. It's an ominous sign. Trump can save the economy and fortify the border, but if he starts turning water into wine, the Democrats will drop impeachment for crucifixion without thinking twice.

The National Weather Service predicted a warmer than normal February for the South, as well as the Upper Midwest and the Eastern Seaboard. They also forecast a continued cool and rainy winter for Southern California. Today in Los Angeles it is 59 and cloudy, just like Adam Schiff.

The New York Times alleged Monday that John Bolton's new book claims that Trump wanted to withhold aid from Ukraine unless they investigated corruption.

That doesn't make it a crime. John Bolton's book may not sell that well, but it's already made the New York Times Best Sellout List.

Chief Justice John Roberts oversaw the Senate impeachment trial Monday whose conclusion could lead to healing. Hopefully, the House Democrats are completing the five stages of grief. They are grief, anger, denial, impeachment, and finally acceptance of the results of the 2016 election.

Harvard Law professor Alan Dershowitz stood on the floor of the Senates on Monday and he tore apart the House Democrats' case for impeachment. Bet on this guy. In the past, Alan Dershowitz has defended Harvey Weinstein, Jeffrey Epstein and O.J. Simpson and not one of them got impeached.

CNN legal analyst Jeffrey Toobin pointed out to CNN viewers Monday that all the members of the Trump impeachment legal defense team were white people. It's an alarm that needed sounding. Looking at them, you realized that any moment a Democratic presidential debate could've broken out.

Hunter Biden agreed to obey a court order and pay child support to a former Washington D.C. stripper he impregnated.

The kid's a real chip off the old block. The baby boy is only a year and a half old, he's sitting on the board of Gerber's and already more of an expert on gas than his father.

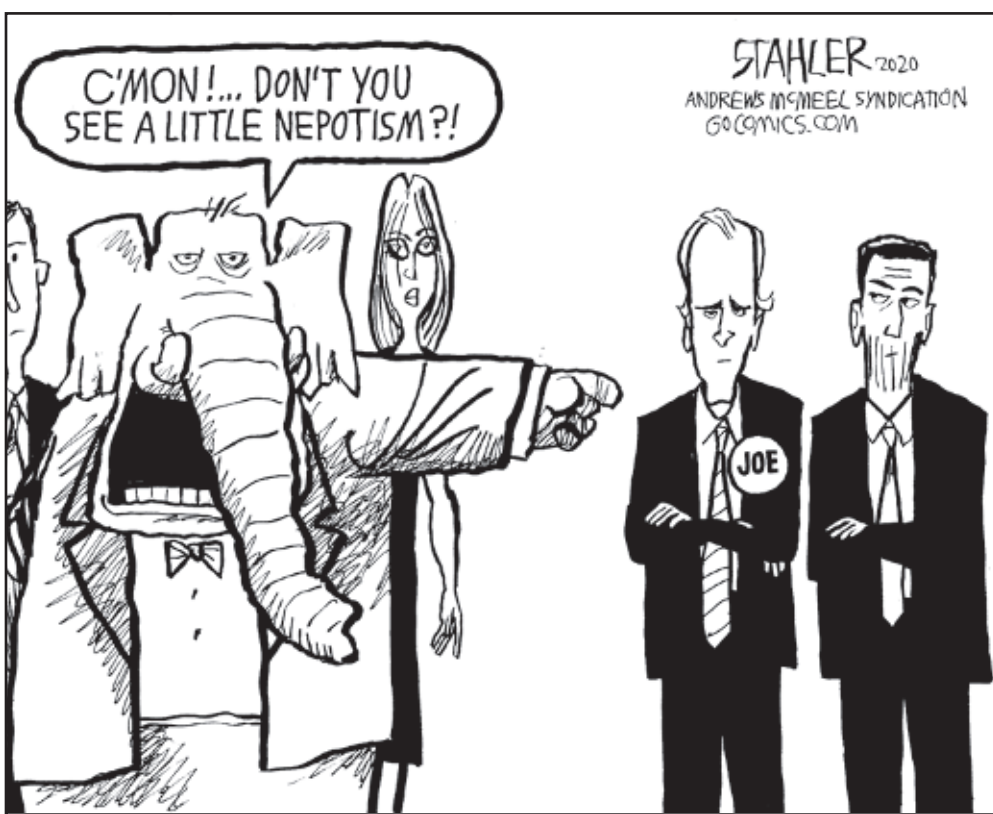
The FDA is reportedly close to approving the use of Ecstasy as treatment for PTSD sufferers, on top of mushrooms and pot being legalized everywhere. My sobriety is still safe. I'm resigned to knowing that Los Angeles won't legalize cocaine until the day after I die, just to keep the price down.

The New York Times-Picayune reported that a local store in New Orleans has just agreed to remove all the Nazi memorabilia and Ku Klux Klan regalia after receiving customer complaints. What did they expect when they walked into a store called Bob's Big and Tall and White Supremacist.

Argus Hamilton is the host comedian at The Comedy Store in Hollywood and entertains groups and organizations around the country. E-mail him at Argus@ArgusHamilton.com.



Argus Hamilton



Shane shares message of recovery

This is Shane's story: My name is Shane. Who I became has a lot to do with my upbringing and adversities I faced in my life.

Growing up biracial, without a father in a predominantly white, affluent New Jersey suburb left me with feelings of abandonment and indifference. While most of my friends had two parents and nice houses, I had a mother and one-bedroom apartment.

I was 12 when I learned our father wasn't in our lives because of heroin addiction — I always wondered how someone could choose drugs over a relationship with their own children. My mother did the best she could, but I never shook that feeling of abandonment. I told myself I would do everything possible to not turn into my father.

But my story didn't go that way. At 11, I tried marijuana and fell in love. It became a way for me to suppress my feelings and stay out of my head, so to speak. Then, I was introduced to alcohol. Both drugs were an outlet for me throughout grammar and high school and were soon accompanied by cocaine and ecstasy.

I loved playing sports but never excelled. All I wanted to do was get high. My high school girlfriend got pregnant and my first daughter arrived, January 1998, followed by my second daughter one year, 11 months later. At 20 years old, I was an addict, spiraling out of control, in denial.

After several years, I began a relationship with another woman and my third daughter was conceived.

Parents upset that son's school dwells on racism

DEAR HARRIETTE: Seemingly out of the blue, they are reading lots of books about race at my son's school. Seriously, they have read three books back-to-back about racial injustice. While I think it is important for the kids to learn about these topics, it is making us uncomfortable. Not everything is about race, but you would never know from this class. I don't have the knowledge or time to debate these issues with my son every day.

I'm not trying to be rude or insensitive. My husband and I work hard to make sure that our son is thoughtful and not racist, but we also don't want him to feel super self-conscious about being white. He shouldn't have to apologize for being himself. I don't know how to support him as times change. I do teach him to treat everyone with respect, but does that mean I have to allow him to be exposed to so much conversation about the atrocities of racism? — Too Much Race Talk

DEAR TOO MUCH RACE TALK: I need to respectfully disagree with you on this. Hopefully your son is in the perfect place to engage in a conversation that is necessary for healing in our country. The good news, in my book, is that schools are walking toward the challenge rather than avoiding it. Perhaps our youth will be able to wrestle issues of diversity, equity and inclusion in respectful, creative ways. Consider that this is the way you can think about the curriculum he is engaging, rather than as a burden.

I think you should read the books, too, so

During her pregnancy, I started taking Vicodin after a back injury led to a prescription.

When my doctor discontinued my prescription, I started going through withdrawal and purchased opiates on the street from Vicodin to Roxicet to OxyContin.

After the birth of my daughter in March 2009, I began sniffing heroin. Six months later, I was the father with a needle in his arm.

For the next six years, heroin stole my soul — nothing else mattered. My relationship with my two oldest daughters began to deteriorate. My youngest was too little to understand. There were times my daughters begged, "Daddy, please don't leave us."

My heroin addiction was all that mattered. I began stealing from friends, family and stores. I was accused of robbing a gas station and was arrested, but I didn't commit that crime and was never convicted. My family wanted nothing to do with me. Everyone thought jail was for the best.

As the days in jail passed and withdrawal kicked in, all I thought about was how much I missed my children. My mother and brother eventually bailed me out. My body was cleansed of drugs, but I went right back to where I left off. One month later, I was arrested for possession of narcotics.

I accepted drug court but continued to use. My addiction eventually led to six jail cells; three-drug rehabs; physical, mental and spiritual abuse, as well as suicidal thoughts.

On Feb. 23, 2015, after fleeing drug court because of another failed drug test, I finally had enough. The pain was so great, and I was so sick and tired of being sick and tired: I wanted to die.

With 40 bags left of a brick of heroin (50 bags), I planned to inject 20 so there was no chance I'd survive.

that you can have informed conversations with him about what he is learning. Your job as a parent is to guide your child and to help him process whatever information comes before him. The more you equip yourself with the conversations of the day coupled with your own experience, the better you will help him navigate this extremely challenging reality — that racial injustice is still staring us in the face, and we have to do something about it.

DEAR HARRIETTE: I hired a young woman to work with me this year fresh out of college. She is smart and personable. She knows how to do the job for the most part, but she has terrible basic manners. I am shocked that she doesn't know how to eat using basic utensils. She doesn't have an understanding of professional dress and what's appropriate to wear to a business meeting or a special event after work. These may seem like small things, but they can make or break a person in their career. She is sensitive, and I'm not sure how to broach the subject. I want her to succeed, so I think she needs some guidance. What do you recommend? — In Need of Etiquette Classes

DEAR IN NEED OF ETIQUETTE CLASSES: Invest in this young woman. If your HR department does not teach the basics of etiquette, send her to a class that will give her tips on how to present herself in a professional setting.

Harriette Cole is a stylist and founder

To submit news, email:

news@alamosanews.com

To submit sports, email:

sjiron@alamosanews.com

Letters policy

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Amarah's Corner



'Kids Like Me'

Keith R Cerny Publisher

Daniel McKillop Managing Editor

Valley Courier (ISSN 1047-1170)

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Lifestyle

SLV REC scholarship deadline Feb. 6

MONTE VISTA— For the past several years, the San Luis Valley REC has made secondary education a priority when giving back to the Valley. With just over \$180,000 given in the past five years, the REC annually awards up to 12 scholarships to local students.

The awards are primarily reserved for REC members' children, although a few of the scholarships are available to other Valley students as well.

"The SLVREC scholarship has been such a blessing to me; it has provided me with the means to get my degree and work towards my dream of becoming a teacher," said Adams State freshman Aleceya Tolsma.

Tolsma was awarded the 2019 *SLVREC Adams State University Four-Year Scholarship*, which is renewable for up to a maximum of four years. The value of the scholarship equals the total of in-state tuition, some fees and a book allowance for the award year.

Balancing seven classes, Tolsma is majoring in elementary education with an emphasis in mathematics. "The support I have received from the community, specifically through the REC, has become a huge part of my college experience and a wonderful motivator; knowing that I

have supporters who are pushing me to succeed. I can't thank this company enough for providing me with my education," she commented.

Anthony Lewis, Alamosa graduate and 2018 four-year scholarship recipient, is majoring in Exercise Science. He commented on his education at ASU, "This scholarship means a lot to me because it is helping me greatly in paying for me to go to college. I just finished my first year of college; it was a very new experience. I enjoyed it very much and had very exciting moments, from the classroom to the soccer field. I am looking forward to another three great years at this university."

Del Norte graduate Bailey Jones was the recipient of the four-year scholarship in 2017. Studying elementary education at Adams State University, Jones will graduate in December 2020. "Without the help of the REC, I wouldn't have been able to go to college; it's so expensive. I especially wouldn't have been able to do it without student loans," she commented. "It's amazing not to have to pay for anything towards college; it's been so helpful."

In addition to the four-year scholarship, the REC awards the following:

Electric Lineworker Scholarship: \$4,000

Robert Wolfe Scholarship: \$1,000

SLVREC Past Director Scholarship: \$1,000

SLVREC Past Retired GM Ray Villyard & CEO John Villyard Scholarship: \$1,000

Basin Electric Power Cooperative Scholarship: \$1,000

Tri-State G&T Scholarships (six): \$500/each

For full requirements and details, see the scholarship application online at slvrec.com/content/scholarships. The deadline to apply is just around the corner on Feb. 6, 2020.



Courtesy Photo

The 2019 San Luis Valley REC scholarship winners accepted their awards at the co-op's annual meeting last June. The scholarship deadline for 2020 is approaching on Feb. 6.

NWF works to connect youngsters with nature

WASHINGTON, D.C. — Connecting kids with nature is critically important to recover wildlife, act on climate and ensure our wildlife heritage endures for generations to come, the National Wildlife Federation said today following a new report from the Outdoor Foundation that highlights an alarming drop in the number of Americans participating in outdoor recreation.

"Our kids are trading time in the natural world for time in a virtual one. If we're going to act on climate, recover America's wildlife, and protect our public lands for future generations, we must connect kids with the outdoors," said National Wildlife Federation's naturalist, David Mizejewski.

"This report is a warning shot that we need to keep nature and wildlife within reach and rekindle America's love of nature."

The National Wildlife Federation actively works to connect children and youth with nature through its [Ranger Rick publications](#) and the [Green Hour program](#), which encourages family members, education and childcare centers, park agencies, camps and others to spend an hour per day with kids playing and learning outdoors.

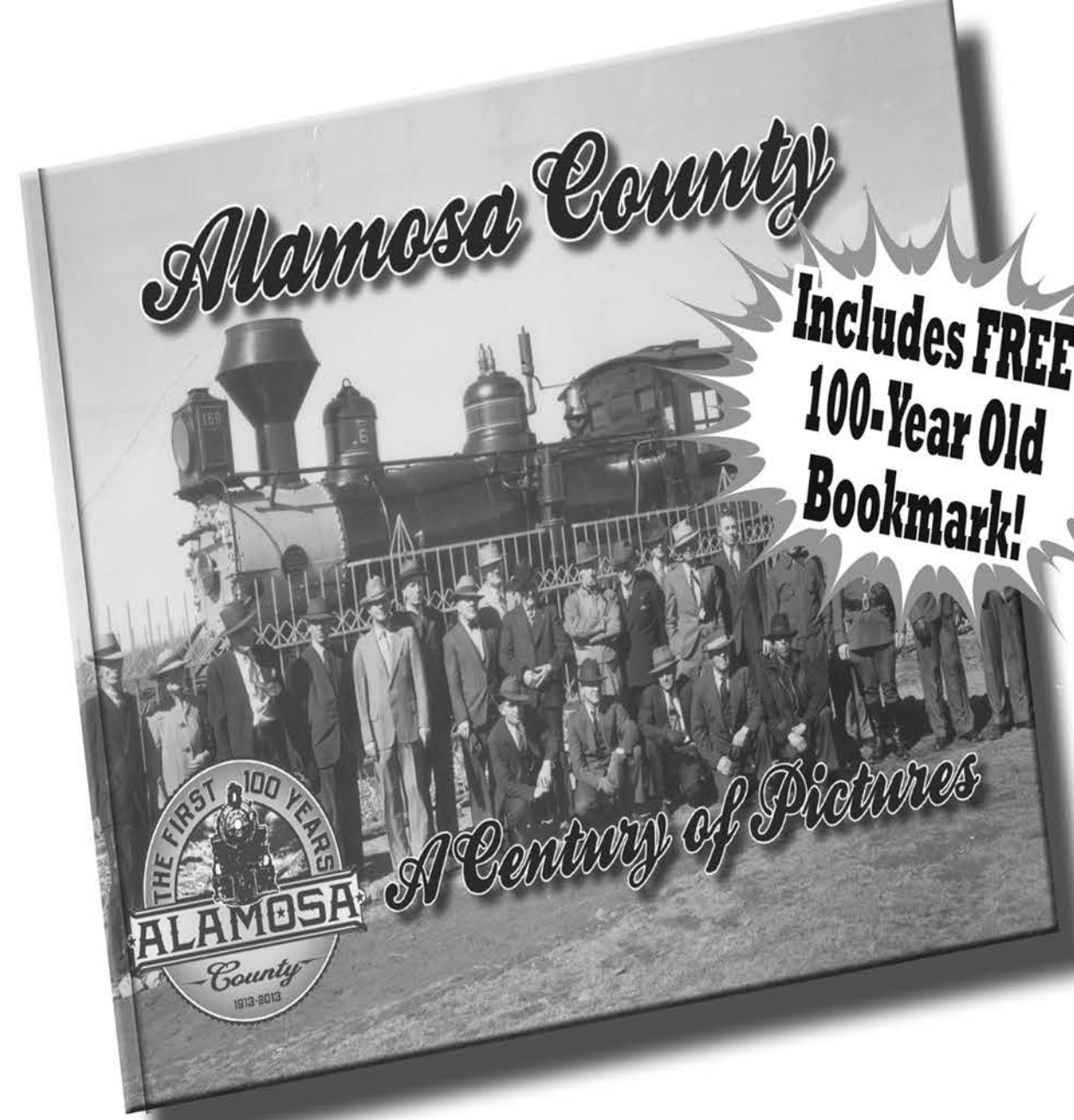
The National Wildlife Federation is America's largest conservation organization uniting all Americans to ensure wildlife thrive in a rapidly-changing world. Follow us on Facebook, Twitter, and Instagram.

Visit the National Wildlife Federation Media Center at NWF.org/News.

Report courtesy of press release from Jessica Ordóñez-Lancet, National Wildlife Federation, ordonezlan-celj@nwf.org, 202-797-6809



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Alamosa

Sports

Grizzlies Put Up Strong Showing in Home Meet

By **AARON KINNISCHTZE**
ASU Sports Information Director

ALAMOSA— In what was the Adams State Grizzlies' first competition in the 2020 portion of their 2019-20 Indoor Track and Field season, both the men and women put together solid performances in the annual Quad Meet from Adams State's High-Altitude Training Center in Alamosa. The Grizzlies featured numerous top performances on the weekend, which gave Grizzly fans a first-hand look of what this season's Adams State Track & Field team is poised to be in 2020.



Courtesy photo by Ashlyn Crossland

Adams State athlete Owenika Watson competes in the long jump for the Grizzlies. Watson won every event she competed in at the Quad Meet.

ing as a Grizzly, winning the 400m final with a time of 49.19. Vigil also competed on the men's second-place DMR team as well as the men's 4x400m relay team that he anchored to a third-place finish. Vigil also competed in the 60m dash, where he barely missed finals with a time of 7.11. The young star from Taos, New Mexico looks as though he will have a bright and promising career wearing Adams State green.

In the throws and field events Saturday, Belgian shot-putter Brecht Van Waes placed in the top three of his only event, taking third with a mark

of 14.85m, and scored the Grizzlies two points in doing so. Sophomore John Hochanadel was the top Grizzly in the men's weight throw, scoring a point for the Grizzlies and taking home fourth place overall, with a top mark of 15.51m.

On the Women's Side

The Adams State distance runners, who featured numerous athletes from the recent Cross Country National Championship team, put up a tremendous showing on their home track. In the women's 800, Erin Stonebarger finished fourth overall with a time of 2:31.70 and scored

a point for the Grizzlies in doing so. The women's mile featured two Grizzlies in the top five, as Nicole Lawrence won the race with a time of 5:22.53, and Amanda Foster also scored a point in the race with a fourth-place time of 5:50.92. In the 3K, Adams State swept the top four as Kaylee Bogina was the outright winner with a time of 10:12.40 and directly following her were teammates Haleigh Hunter-Galvan in second (10:16.16), Brianna Robles in third (10:25.10), and Piper Meuwissen in fourth (10:27.68). The quartet took home all points in the race and did so in dominant fashion. The women's DMR was a sight to behold, as the Grizzlies team made up of Nicole Lawrence, Owenika Watson, Jessica Simon and Haleigh Hunter-Galvan took home first place, with a time of 12:31.14, winning by more than a full minute.

Sprinter/long jumper Owenika Watson had a fantastic weekend, winning every event she competed in. Watson kicked her weekend off on Friday as the second leg of the dominant women's DMR team and carried that momentum into Saturday where she opened up by winning the 60m hurdles with a time of 8.58. Watson's big day did not stop there, as the multi-talented athlete also won the women's long jump with a mark of 5.88m. She looks to be the heart and soul of the sprints and field events group for the Grizzlies in 2020.

Following the strong showing from the Grizzlies that weekend, they look to build off of their top performances moving forward into 2020. Adams State will be back in action at the Colorado Invitational the weekend of Friday, January 31st in Boulder, Colorado. For full results from those events be sure to follow along at ASUGrizzlies.com.

Valley teams prepare to renew rivalry

Alamosa, Centauri meet in top-10 matchup

By **STEPHEN JIRON**
Courier Sports Editor

ALAMOSA — Friday night Alamosa will play host to Centauri for a pair of league games, first up will be the girls. The Intermountain League (IML) rivals will play their first game this season.

Alamosa (11-2, 3-1 IML) swept last year's series 3-0 last year. Both teams made the Great 8 in Denver last year each falling to the two teams that eventually played in the championship, St. Mary's and Colorado Springs Christian.

This year the Falcons (12-1, 3-1 IML) are off to a great start. The lone smirch on Centauri's record came courtesy of Pagosa Springs (10-2, 4-0 IML); the Pirates are also responsible for Alamosa only league loss.

On paper Centauri is favored, garnering higher rankings from the Colorado High School Activities Association (CHSAA) Coaches Poll and the Ratings Percentage Index (RPI). According to the CHSAA Coaches Poll, the Falcons hold the No. 3 spot to Alamosa's 5th place ranking. By RPI Centauri is No. 3 while Alamosa is No. 7.

By stats, the two teams also match up evenly. Offensively Centauri nets an average 46.2 points per game, Alamosa averages 45.5 points per game. Defensively Alamosa and Centauri are also equally matched with the Moose allowing 29.5 points per game to the Falcons' 29.8 points per game through 12 recorded games.

Alamosa is led in scoring by sisters

Lilly and Emily Lavier. Emily is first on the team with 188 points through 12 recorded games, 126 of those coming from beyond the arc. Emily recently broke the state 3-point record with 12 treys against Monte Vista. According to MaxPreps, Emily is ranked seventh in the 3A class in scoring with 15.7 points per game.

Lilly is second on the team with 123 points and has solidified herself as an interior presence going 42 percent on her



2-point attempts and 64 percent from the free-throw line while also leading the Moose in rebounds.

The stat line for Centauri is diverse. In total points, the honor goes to Mia Garcia who has picked up 120 points in 12 games followed by Brenna McDaniel who has 109 points. The Falcons post is anchored by Courtney Hamilton who leads the team in rebounds and blocks. While distance shooting goes to MaKenna Bagwell who leads Centauri with 10 three-pointers.

Alamosa and Centauri get things started at 5:30 p.m. on Friday night.

Falcons and Moose play for first in the IML

By **STEPHEN JIRON**
Courier Sports Editor

ALAMOSA — It will be a league meeting between Alamosa and Centauri boys basketball on Friday night. Friday's meeting will take place between two teams tied for first place in the district. Winner of Friday's game will take sole possession of first place. The season series



went to Centauri last year who went 2-1 against Alamosa. The Moose win came in the Intermountain League (IML) tournament and put the Moose in the first place game against Montezuma-Cortez.

Centauri (13-0, 4-0 IML), in addition to being undefeated in the IML, is also undefeated in their overall record. The Falcons have already knocked off previous frontrunners Bayfield (1-12, 0-4 IML) and Montezuma-Cortez (8-5, 2-2 IML) and look like the team to beat in the IML. Alamosa (9-4, 4-0 IML) is earning re-

spect while picking up wins in the league. Alamosa garnered attention early in the year thanks to a big win over No. 5 Faith Christian at the Glenwood Springs tournament. They quickly fell from favor with back-to-back losses to Coal Ridge and Glenwood Springs in the remainder of the tournament, however.

Despite going 6-2 since the tournament the Mean Moose just now began to regain votes in the Colorado High School Activities Association (CHSAA) Coaches Poll. Monday's poll had 2 of 17 coaches giving Alamosa 10th place rankings. The Falcons meanwhile collected 91 points and placed 6th overall.

In overall points per game, the two teams are posting near-identical numbers with Alamosa holding the slightest of edges scoring 18.7 points per game and allowing 13.2 points per game to Centauri's 18.5 and 13.9 respectively.

Ian Jackson leads the Mean Moose in scoring with 209 points followed closely by Brenden Crowther with 205. Jackson does most of his damage inside with 67 two-pointers while Crowther is the resident distance shooter leading the team in three-pointers. Crowther also takes the rebound crown for Alamosa with 99 boards.

Friday's game could be a jump-off point for Alamosa to help continue to solidify their reputation or it could be another link in the chain of a running streak for Centauri.

Tipoff for Alamosa Centauri is slated for 7 p.m.

Results

- Adams State Basketball**
Jan. 24
Colorado Christian 77, ASU 51 (W)
ASU 101, Colorado Christian 82 (M)
- Jan. 25**
ASU 73, Regis 65 (W)
Regis 99, ASU 94 (M)
- Prep Basketball**
Jan. 21
Alamosa 50, Bayfield 35 (G)
Sargent at Bayfield -Postponed to 2/18
- Jan. 23**
Sargent 53, Creede 43 (B)
- Jan. 24**
Sanford 41, Center 28 (G)
Sanford 49, Center 38 (B)
Del Norte 43, Sargent 19 (G)
Moffat-MV 53, Sierra Grande 46 (G)
Sierra Grande 56, Moffat-MV 47 (B)
Pagosa Springs 75, Monte Vista 19 (G)
Centauri 65, Bayfield 46 (B)
Alamosa 68, Montezuma-Cortez 48 (B)
- Jan. 25**
Primero 57, Moffat-MV 47 (B)
Centennial 63, Manzanola 52 (G)
Manzanola 50, Centennial 29 (B)
Del Norte 62, Custer County 24 (G)
Del Norte 63, Custer County 47 (B)
Sanford 36, Sargent 18 (G)
Sanford 73, Sargent 31 (G)
Sangre de Cristo 72, Antonito 29 (G)
Sangre de Cristo 69, Antonito 14 (B)
Bayfield 46, Monte Vista 24 (G)
Monte Vista 49, Bayfield 32 (B)
Centauri 57, Montezuma-Cortez 28 (G)
Centauri 69, Montezuma-Cortez 55 (B)
Pagosa Springs 35, Alamosa 24 (G)
Alamosa 57, Pagosa Springs 49 (B)
- Jan. 28**
Crested Butte 48, Center 43 (B)
Florence 43, Monte Vista 27 (G)
- Adams State Swimming**
Jan. 25
Western Colorado 155, ASU 50 (W)
- Adams State Wrestling**

Sports Bulletin

- Jan. 22**
ASU 36, New Mexico Highlands 9
- Prep Wrestling**
Jan. 23
Del Norte 30, Sargent 24
Sierra Grande- Centennial 48, Del Norte 28
Sierra Grande- Centennial 53, Sargent 11
- Jan. 25**
Platte Valley Duals
Monte Vista 40, Arvada West 36
Platte Valley 58, Monte Vista 18
- 2020 Screaming Eagle**
18. Center - 30
- Bobcat Invite**
2.SG-Centennial- 102, 6. Del Norte-41, 8.Sargent - 34.5, 9. Mountain Valley - 33

Upcoming Events

- Adams State Basketball**
Jan. 31
5:30/7:30 p.m. Westminster at ASU (W/M)
- Feb. 1**
5:30/7:30 p.m. Dixie State at ASU (W/M)
- Prep Basketball**
Jan. 30
5 p.m. Cotopaxi at Moffat-Mtn Valley (G/B)
5 p.m. Creede at Centennial (G/B)
- Jan. 31**
1 p.m. Creede at Primero (B)
3 p.m. Center at Sierra Grande (G/B)
5 p.m. South Park at Sargent (G/B)
5 p.m. Custer County at Sanford (G/B)
5 p.m. Centennial at Aguilar (G)
5:30/ 7 p.m. La Veta at Sangre de Cristo (G/B)
5:30/ 7 p.m. Monte Vista at Cortez (G/B)
5:30/ 7 p.m. Centauri at Alamosa (G/B)
- Feb. 1**
1:30/ 3 p.m. Bayfield at Alamosa (G/B)

- 2 p.m. Sangre de Cristo at Swink (G/B)
- 3 p.m. Center at South Park (G/B)
- 5:30 p.m. Del Norte at Sanford (G/B)
- 5/6 p.m. Antonito at Sierra Grande (G/B)
- Prep Swimming (G)**
Feb. 1
9 a.m. La Junta, Salida vs Sargent (at ASU)
- ASU Wrestling**
Jan. 30
6 p.m. ASU at CSU-P
- Prep Wrestling**
Jan. 30
9 a.m. Alamosa at Pagosa Springs
6 p.m. Del Norte, Sargent, Custer County at Sierra Grande-Centennial QUAD
6 p.m. Monte Vista at Bayfield
6 p.m. Montezuma-Cortez at Centauri
- Jan. 31**
Kourtney Lake Duals
Centauri, Del Norte, Monte Vista, Sargent, Sierra Grande-Centennial at Center
- Feb. 1**
Dual State Tournament
Alamosa at Pueblo West
- Valley Classic**
9 a.m. Centauri, Del Norte, Monte Vista, Mountain Valley, Sargent, Sierra Grande-Centennial at Center

Schedules subject to change

Adult Volleyball League

ALAMOSA — Alamosa Parks and Recreation Adult Volleyball registration is open. Team Registration: Jan 8 - Feb 5, 2020 Team Fee: \$100 Player Fee: \$30/Division Player Registration: Opens Jan 8, 2020 Season: mid - Feb to late - April (min. 10 season games + tourney) For more information, contact the AFRC - (719) 589-2105; Website: www.AlamosaRec.org

Comics

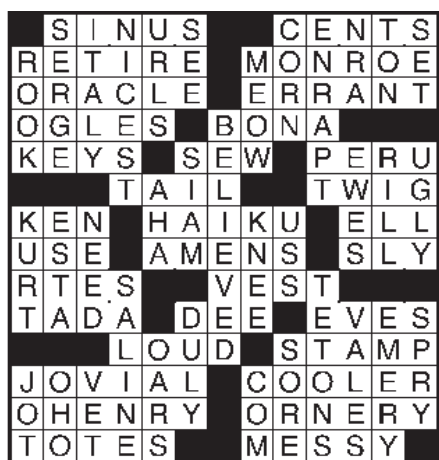
CROSSWORD PUZZLE

ACROSS

36 Sea raiders
39 High plateaus
40 Stockholm carrier
41 Stop up
42 Throws off heat
45 Fence stake
48 Crooner — Damone
49 Go fly —!
51 Hither's partner
53 Novelist Umberto —
54 Enjoys
55 Potato bud
56 Trotted
57 — Plains
58 Typewriter key

DOWN

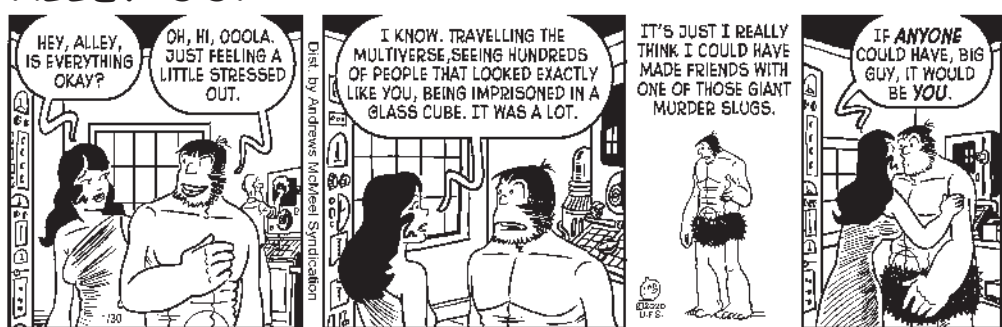
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2 Fiendish
3 Lawless role
4 Ref, slangily
5 Chimpanzees
6 Tasty legume
7 Trawler's haul



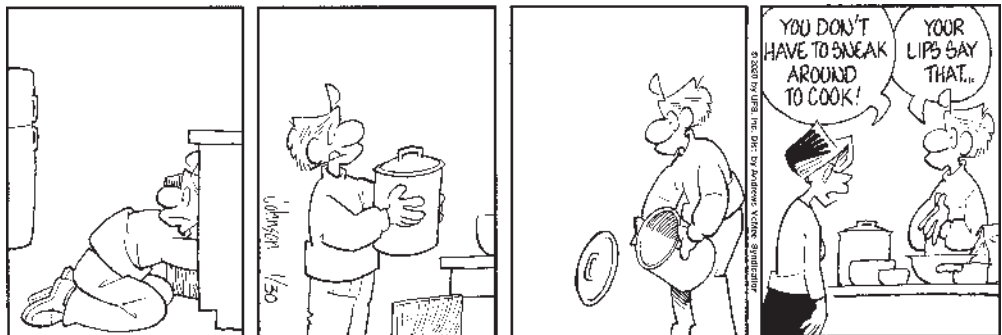
8 Strike callers
9 Establish
11 Levels
12 Television awards
18 Turns right
20 Little rascal
22 Stare at
23 Name in game shows
24 All, in combos
25 Evening
26 Honda products
27 Stork kin
28 "The Mammoth Hunters" heroine

29 Seines
31 Sprees
35 Truck stop sight
37 Is, to Fritz
38 Type of spray
39 Bulls and bucks
41 Sticky fruits
42 At any time
43 Easily split mineral
44 Holy image
45 Long spear
46 "Da" opposite
47 Spanish painter
50 Youngster
52 Bird's beak

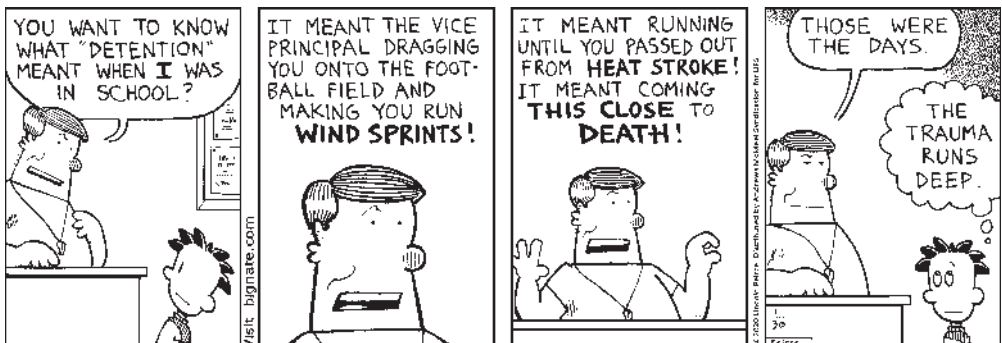
ALLEY OOP



ARLO & JANIS



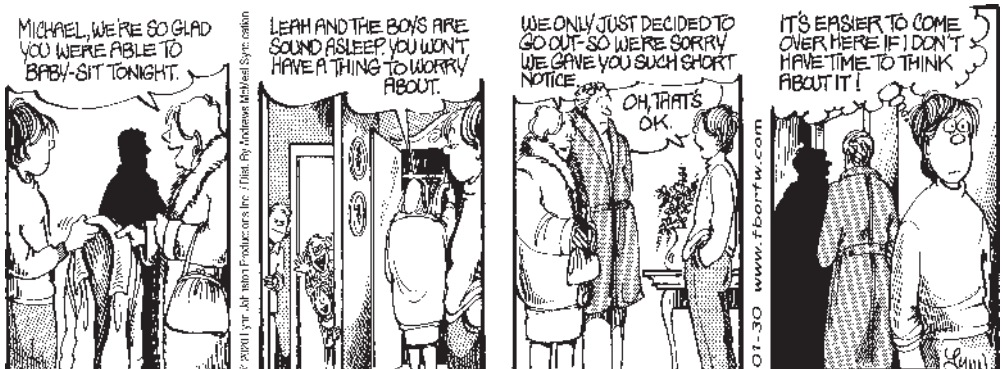
BIG NATE



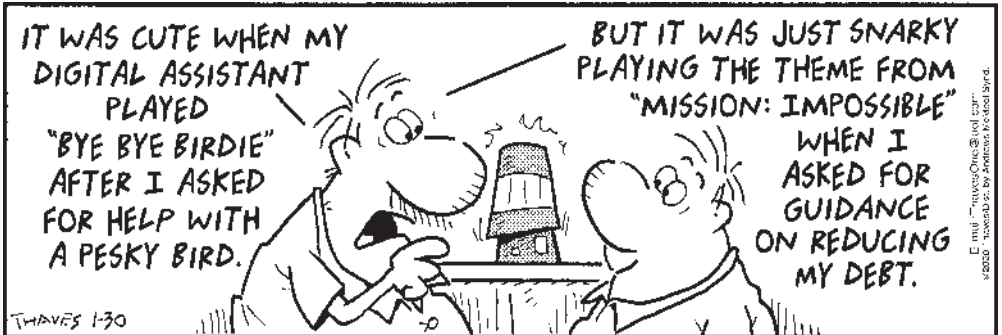
THE BORN LOSER



FOR BETTER OR FOR WORSE



FRANK & ERNEST



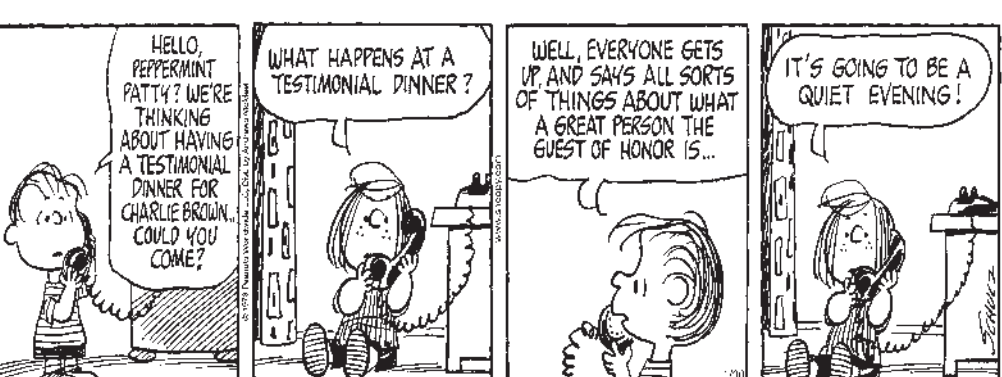
GARFIELD



THE GRIZZWELLS

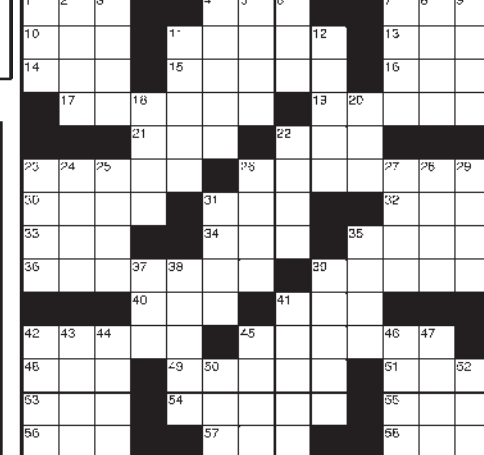
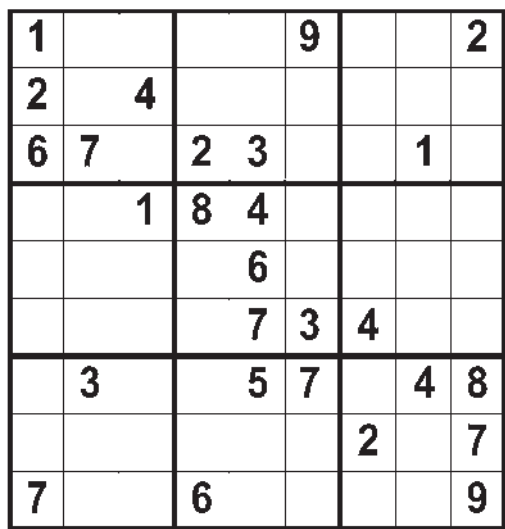


PEANUTS

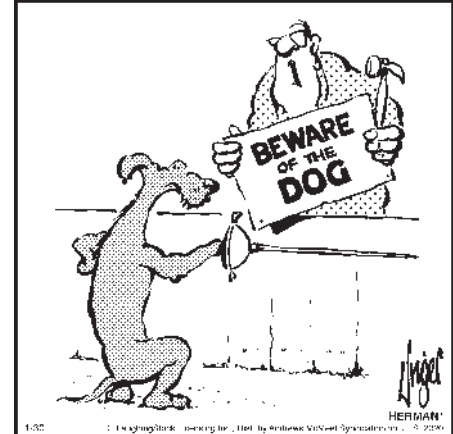


SUDOKU

DIFFICULTY RATING: ★★☆☆☆



HERMAN



"OK, don't start showing off!"

Hostility from sister slows aunt's efforts to help niece

DEAR ABBY: I'm unsure about how to proceed with my niece. She is struggling with child-rearing and debt.

Twenty-five years ago, when she was 16, my sister "Nan" and her husband threw her out on the street. I took her in for two years.

Until she graduated from high school, she lived with me and my two daughters. She reconciled with my sister at the time of her graduation. After that I backed off, trying to let Nan perform her role as mom.

I have had a bumpy road with my sister since then, but until a year ago, we were doing OK. Now Nan has declared all-out war on me, and nothing I do or say seems to make any difference. I think her issues are political, but she refuses to discuss them, so I can't be sure.

I have backed off from mothering my niece for many years. But she clearly needs some family support and guidance, which I am able to offer so she can get back on her feet. She's a wonderful woman who is raising two lovely children, but a serious illness is preventing her from providing long-term security for herself or her kids.

I no longer feel obligated to stay at arm's length from her, but am I wrong? Nan will view any support for her daughter as interference in her family, and I don't want to cause problems with their relationship.

I no longer care about my relationship with my sister, which seems irreparable, but I don't want to put my niece in an awkward position. She truly needs the help that I am prepared to give. Any advice on what I should do? -- LOVING AUNTIE

DEAR AUNTIE: Your niece is fortunate to have such a caring aunt. You saved her life. Offer the help she needs; it's the right thing to do. If she's afraid it will damage her relationship with her mother, she is free to refuse it.

As to your relationship with your possibly unstable sister, defend yourself as much as possible from her attacks, keep your distance and do not attempt to heal your fractured family because you cannot fix what's wrong with her.

DEAR ABBY: Please do not publish my name or city. I'm a senior male in a six-year, happy relationship with a wonderful, understanding lady. But after decades of exploration and study, I have come to accept that I am nonbinary and/or gender fluid. My sexual orientation -- and orientation -- shifts back and forth over time. This is far more than simply wearing ladies' underwear or craving sex with men.

I live in an extremely conservative, mid-sized city, where there is practically no acceptance of gays and lesbians, and intersex people are unheard of.



ABIGAIL VAN BUREN

There are no knowledgeable doctors, counselors or support groups anywhere nearby. It would be so comforting to find someone like myself to share these feelings with. Is it even possible? -- UNCOMFORTABLY QUIET IN THE MIDWEST

DEAR QUIET: Have you searched online for the wealth of information on sexuality and gender identity? PFLAG, the excellent organization I have mentioned in my column before, has a chapter in your city, which has for many years provided support and information to LGBTQ individuals and their families. It will also guide you to other resources nearby. Please go to pflag.org and search on your geographical area. Trust me, if you do, you'll be glad you did.

Western Living

Origins of top winter sports

Many people spend winter huddled indoors. For winter sports enthusiasts, however, the arrival of snow and chilly temperatures means the start of a season of outdoor fun. Those who see winter as a time to embrace their love of sport may appreciate learning more about some of the sports that are most popular during the colder months of the year.

ICE HOCKEY

Hockey is one of the most popular winter sports. In 1994, Parliament passed the Canada's National Sport Act, which declared hockey the official national winter sport of Canada. The origins of ice hockey are somewhat uncertain, though some historians claim the first set of rules

to govern the sport were written by students at Montreal's McGill University in the 1870s.

DOWNHILL (ALPINE) SKIING

SnowSports Industries America indicates that, in the 2014-2015 season, more than nine million American Alpine skiers took to the slopes, and the sport continues to attract new devotees each year.

Historians state that skiing evolved as a method to cross the landscape in the winter when marshlands froze over. Cave drawings suggest that man used skis during the last Ice Age in the Palaeolithic period. Yet the birth of modern downhill skiing is often traced to the 1850s when Norwegian legend Sondre

Norheim popularized skis with curved sides and made skiing a sport instead of just a mode of transport. Skiing ultimately became quite popular in Russia, Finland, Sweden, and Norway. Today there are various types of downhill skiing, including mountain skiing, extreme cat skiing and heli skiing.

CURLING

Curling may now be seen as a largely Canadian sport, but it is widely believed to be one of the world's oldest team sports, tracing its origins to Great Britain. The World Curling Federation states paintings by the 16th Century Flemish artist Pieter Bruegel portrayed an activity similar to curling being played on Scotland's frozen ponds. The earliest

known curling stones came from the Scottish regions of Stirling and Perth, dating all the way back to 1511.

ICE SKATING

Speed skating and figure skating are derivatives of early ice skating, which is believed to have started in Finland more than 3,000 years ago. Skates were sharpened, flattened bone strapped to the bottom of a shoe and glided on top of the ice. The Dutch added edges to steel blades around the 13th or 14th centuries. Eventually, skating was brought to England from the Netherlands.

Winter sports draw millions of participants each year, giving people a reason to leave the house even when temperatures dip below freezing. TF16C650



Stay fit all year

Many people find it easier to maintain their beach bodies during summer than they do throughout the rest of the year. Summer weather encourages people to get off the couch and enjoy the great outdoors, and many people prefer to eat lighter meals during the summer to combat the heat and humidity.

But once the dog days of summer give way to autumn, the motivation to stay in beach shape tends to wane. Couple that dwindling motivation with the tendency to eat larger, heartier meals as the weather gets colder, and it's easy to see why so many people gain weight over the last several months of the year and into the new year. But maintaining a healthy weight year-round promotes long-term health and reduces a person's risk for various ailments and diseases, including heart disease and diabetes. The following are a handful of strategies men and women can employ as they try to turn their beach bodies into the bodies they see in the mirror all year long.

Keep setting goals. As winter heads toward spring, many people set short-term goals to motivate them to get back into beach shape. That's a highly effective strategy that need not be exclusive to late winter. Setting short-term fitness and dietary goals throughout the year can keep you from falling back into bad habits. Tie your goals into the season to increase your chances for success. For example, resolve to run outdoors or cycle a certain number of miles each week in autumn, when the weather is still conducive to physical activity and the scenery is idyllic. When winter arrives and exercising outdoors is no longer viable, commit to attending a few fitness classes per week at your gym.

Switch up your workout routine every few weeks. Boredom also can affect people's ability to maintain healthy weights year-round.

Adhering to the same exercise routine for months on end can grow tedious. The body can even grow accustomed to the same workout routine, meaning you won't be getting as much out of your exercise sessions as you might if you switch things up. If you find your daily workouts taking a turn toward the mundane, switch up your routine by changing exercises or signing up for classes that interest you.

Find healthy seasonal foods. Many people prefer to buy locally sourced and/or in-season foods, recognizing the positive impact that such dietary habits can have on the environment. That commitment to buying healthy, locally grown foods can be tested as the seasons change and the offerings at your local market change along with them. Educate yourself about which foods are in-season in your area throughout the year, opting for the most nutritious foods you can find. Buying in-season foods saves you money, and you will also feel good about staying on a nutritious, eco-friendly track.

Join an exercise group or sports league. The buddy system is an effective way to stay committed to a fitness regimen, but if you cannot find a friend or family member to brave cold winter treks to the gym with you, then consider joining an exercise group or competitive sports league. As summer turns to autumn, join a road runner's club to motivate you to run. When harsh weather makes running outdoors too difficult, sign up for a winter sports league. Such groups or leagues get you off the couch and provide great opportunities to meet like-minded men and women who have made their own commitments to staying fit.

Staying fit all year long is a challenge for many people. But maintaining that beach body even after summer has come and gone need not be so difficult. TF167261



Pre-Owned Vehicles

TownAndCountryAlamosa.com | (719) 587-1800 | 20 Craft Dr. Alamosa CO 81101

2013 Chevy Camaro

\$15,995



#P11084

2016 Ford Fusion

\$17,990



#P15772

2017 Dodge Journey

\$17,995



#P28844

2019 Chevy Malibu

\$19,850



#P2972

2016 Buick La Crosse

\$19,990



#P2871

2017 Ford Explorer

\$25,140



#P24212

2018 GMC Terrain

\$26,995



#P20425

2019 Jeep Cherokee

\$27,180



#P28943

2018 Jeep Grand Cherokee

\$27,880



#P30231

2017 Ford F-150

\$31,995



#P77850

2019 Toyota 4-Runner

\$34,995



#P47820

2018 GMC Canyon

\$36,440



#P33879

PUBLIC AUCTION

We will hold our 30th Annual SLV Machinery & Equipment Consignment Sale at the Monte Vista Co-op

Tuesday, March 17, 2020
10:00 o'clock a.m.

Tractors
 Hay • Grain • Tillage • Potato Equipment
 Construction Equipment • Livestock Equipment
 Trucks • Trailers • Vehicles

*Due to space limitation NO SMALL ITEMS
 No Hand Tools - No Scrap or Junk*

Tuesday, February 18th Deadline to have items listed on Sale Bill.

Art Goehl (719) 588-1812 **CALL** Jim Higel (719) 589-2116
 Cole Larsen (719) 480-3414
All vehicles must have proof of title.

NEED TO SELL YOUR VEHICLE?
 WE WILL BUY IT!

*Includes GM Financial Trade Assistance. All prices exclude tax, tags, title. Price include delivery and handing fee \$359.99. All prices include Owner loyalty. Payments are with 10% down or trade equity at 3.25% APR for 75 months with all factory incentives applied. See dealer for complete details. Artwork used for illustration purposes only. All offers valid on in stock units only. Offers expire 01/31/2020.