



Valley Courier

TUESDAY EDITION | WWW.ALAMOSANEWS.COM

VOLUME 94, NO. 4

LOCAL NEWS... LOCAL VIEWS JANUARY 7, 2019 \$1

Imagine
Your Ad Here!

SLV Today
Calling all senior artists

ALAMOSA— Alamosa Senior Center is looking for artists 50 years old and older to participate in its "Senior Art from the Heart" Art Show, to take place at San Luis Valley Health Regional Medical Center from February-April. For more information, please contact Lynette Cotton at 719-589-3277 or by emailing senior.director@hotmail.com. Deadline for participation is Jan. 17.

Veterans beware

HOMELAKE — The Colorado Veterans Community Living Center at Homelake will be destroying patient medical records for the discharged year 2013. If you wish your record be retained, please contact Medical Records at 719-852-5118 before Feb. 3.

SDCSBOE will meet Jan. 14

SANGRE DE CRISTO —The Sangre de Cristo School Board of Education monthly meeting will be Jan. 14 in the school library at 8751 Lane 7 North, Mosca, with an executive session from 6 to 6:30 p.m. and an open session at 6:30 p.m. Copies of agendas are posted at school site, the Hooper and Mosca post offices, and the Mosca Pit Stop. Meetings are open to the public.

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SLV WEATHER



Sunny
26/-6
Wed.: Sunny 31/0
Thurs.: Sunny 29/2

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GOCO awards grants to local parks

ALAMOSA — The Great Outdoors Colorado (GOCO) Board awarded a total of \$1,942,586 in youth corps and open space grants to projects in your district.

The City of Alamosa received a \$16,600 youth corps grant to hire Southwest Conservation Corps (SCC) to construct and maintain trails on several municipal properties, adding six miles to an existing network of 15 miles of trail. Colorado Open Lands (COL) received a \$925,986 open space grant for its Conejos Ranchland Initiative, which aims to protect important agricultural lands in Conejos County. The Board also awarded a \$1,000,000 open space grant to Southern Plains Land Trust (SPLT) to acquire and conserve land that will add an additional 6,614 acres to Heartland Ranch Nature Preserve in Bent County, creating a larger, contiguous protected area of critical wildlife habitat.

The first grant is part of GOCO's Colorado Youth Corps Association (CYCA) grant program,



Alamosa Mayor Tom Coleman (not pictured) addresses a gathering of about 30 people during the Oct. 15 ribbon-cutting ceremony (above) for Alamosa Riparian Park. The new park, which is due in part to contributions of the Western Rivers Conservatory and the City of Alamosa, is expected to deliver long lasting benefits to the community of Alamosa and to the fish and wild life of the San Luis Valley.

and will help the City of Alamosa hire SCC crews to construct new trails and improve existing trails at Alamosa Riparian Park, at Alamosa City Ranch, and on the city's

southside. Alamosa has expanded its trail network in recent years, creating additional, ongoing need for care and maintenance.

Opened to the public in September of 2019, Alamosa Riparian Park is a 203-acre open space located along the Rio Grande

■ See GRANTS page 3

National holiday forecast

By HELEN SMITH
Staff Writer

Although the holiday season has passed, there is still plenty to celebrate.

Thursday, Jan. 9, will feature National Law Enforcement Appreciation Day.

If someone has a police officer as a friend or family member, National Law Enforcement Appreciation Day is the perfect time to show them that they are appreciated for their daily sacrifice and risk. Whether there is civil unrest, labor strikes, huge sporting events or just helping a cat get down from a tree, law enforcement is a critical part of daily life woven into the everyday fabric of America.

They keep our neighborhoods safe and help ensure that whatever needs to be done, they will ensure that the community will have peace of mind. Some of the ways that National Law Enforcement Day is recognized, include wearing blue, showing support on social media, organizing a Neighborhood Watch program, and volunteering with or donating to a local Crimestoppers program.

NATIONAL MILK DAY
National Milk Day falls on Jan. 11 and it observes the very first delivery of milk to homes inside sterilized glass bottles.

It was not until 1878 that bottles were filled with milk and sealed with waxed paper.

With the technology to purify and deliver fresh milk to homes, stores and processing facilities across the country, this most basic type of dairy is more accessible than ever before.

By today's standards, milk with its nine essential nutrients is considered a staple food, technically able to support human life without the addition of any other food groups. (Other life-supporting foods include sourdough bread, chicken, eggs, red beans, and surprisingly, beer.)

Milk is the first food for babies and often remains a common source of nutrition.

Observances of National Milk Day, include learning something new about the product, trying a new milk product, and visiting a local dairy.



Courtesy photo

Library presents Storytime

ALAMOSA— Alamosa Public Library is pleased to welcome one and all for Storytime sessions this winter.

Free Sweater Weather Storytime sessions are held every Tuesday and Friday morning, starting with family playtime in the Story Room at 10 a.m. followed by stories and songs at 10:30 a.m.

Sweater Weather Storytime sessions are mixed age, with all ages and stages welcome. Warm up this winter with children's librarian, Ms. Holly, in the APL Story Room for a joyful storytime that will be interactive, educational and fun for everyone.

School is back in session, and Friday afternoons in the Library are free. Join the staff for Weekend Kick-Off Kids Club, a story and activity session geared toward elementary-age students. Ms. Holly takes the lead from 1-2 p.m. every Friday where we will enjoy stories, silliness, music, games, crafts and even special guest stars. While each week may hold something new, literacy enrichment will be at the heart of every session.

Parents and guardians please be prepared to stay for each session, because "big kids" can enjoy storytime, too.

Creede set for big hockey tourney

CREEDE — Creede will be the place to go for enjoying hockey on Jan. 18-19.

The Colorado Pond Hockey tournament, one of Mineral Counties' most popular winter events, called "The Golden Pick," will be hosting the competition, which is sponsored by Tommyknocker Tavern and Kip's Grill for Creede Athletics.

The event draws amateur teams from all over the United States. Some travel from as far as Dallas, Detroit and Albuquerque.

The tournament will take place on the frozen Willow Creek drainage ponds, just underneath the famous Creede cliffs. Observers can enjoy the unique rock formations while watching locals battle many out-of-town teams for the winner's puck and bragging rights.

Prepare car for disaster

Disasters can happen in a flash, and having a plan in place for common emergency situations can make it easier to handle adverse conditions, particularly when away from home.

According to MFASCO Health and Safety, a supplier of first aid supplies and kits, 90 percent of people do not carry first aid supplies or other emergency gear in their vehicles. Among those who may carry supplies, 30 percent never check to determine if they're in good working order. The National Safety Council says that drivers should always keep emergency supply kits in the trunks or cargo areas of their vehicles. Kits should be inspected every six months, and worn out items should be replaced.

Roadside emergency kits can make the difference between getting back on the road safely or being stranded for hours. Such kits also may help prevent or treat injuries, potentially saving lives. Weather should be considered when preparing vehicle emergency kits, which should include the following:

- ▶ A properly inflated spare tire and tire-changing equipment
- ▶ Jumper cables
- ▶ A multipurpose utility tool and/or tool kit

■ See CAR page 3

RIOGRANDE Savings & Loan Association
Alamosa • 719-589-2536
Monte Vista • 719-852-5933

FDIC

Improve your piece of the SLV for 2020!
Apply for a Rio Grande home improvement loan!

NMLS# 421822

Record

OBITUARIES

Cora Trujillo, 92

CENTER — Cora Trujillo, 92, passed away at her home in Center on Dec. 30, 2019 surrounded by her loving family.

Cora was born on Sept. 11, 1927 and raised in Monte Vista by her parents, Benito Garcia Sr. and Margarita Torrez-Garcia.

During her time with us, Cora led an accomplished life serving as a president and lifelong member of El Coro de Santo Nino De Praga and raising nine children.

Cora was preceded in death by her parents, Benito and Margarita; son, Richard Trujillo; brother, Benito Garcia Jr.; sister, Ernestina Garcia; and a grandson Max Trujillo II.

She is survived by her children, Max Trujillo Sr. of San Jose, Calif., Carma Trujillo of Alamosa, Susan (Russ) Binicki of Tempe, Ariz., Joyce (Felipe) Payan of Fabens, Texas, Jack Trujillo of Center, Grace (Richard) Wolf of Colorado Springs, Margaret Trujillo of Center and Earl Trujillo of Center; siblings, Emma Sanchez of West Valley, Utah, Barbara Albertson of Lancaster, Calif., Eleanor Larsen of Magna, Utah, and Isabel Jardine of Bountiful, Utah; 18 grandchildren; 28 great-grandchildren; two great-great-grandchildren; along with numerous in-



laws, as well as nephews and nieces.

A Funeral Mass of Christian Burial will be held at St. Francis Jerome in Center on Jan. 11, 2020 at 10 a.m. A Recitation of the Rosary will be on Jan. 10, 2020 at 7 p.m. also at St. Francis Jerome in Center. Interment and a Committal Service will be held in the springtime at the Monte Vista Cemetery.

The family would like to extend a special thank you to the staff at Hospice De Valle and At Home Healthcare for the wonderful care they provided Cora. In lieu of flowers, contributions can be made to Alzheimer's Association or Hospice De Valle.

Rogers Family Mortuary of Monte Vista is in care of the arrangements.

To leave online condolences or words of strength for the family, please visit www.rogersfunerals.com.

Andrew Paul Bazar, 91, Oct. 1928-Dec. 2019

BLANCA — The children of Andrew Paul Bazar, aka Andy and Mr. B, are sad to announce his passing on Dec. 22, 2019 in El Paso, Texas, at the age of 91.

Andy was born in Los Angeles to Andrew Joseph Bazar and Elizabeth (Roche) Bazar, where he grew up as one of seven children.

One sibling, sister, Catherine Marie Bazar; still resides in Fremont, Calif.

After graduating from high school, Andy joined the U.S. Navy and served most of his 20 years stationed in San Diego.

While in the Navy, Andy met and married a young widow, Alice (Hannah) Johnson, and became a loving step-father to her three children, Jerry Lee Johnson, Alan Eugene Johnson and Melanie Sue (Johnson) Saracco.

Within a few years, Andy and Alice had two more sons, Andrew Michael Bazar and David Kevin Bazar. Mike and David currently live in El Paso, Texas, where they have cared for both parents for a number of years.

After retiring from the Navy, Andy relocated the family to Blanca in 1966. He returned to school to get his teaching credential and a master's degree in Education while putting in a 40-hour work week as a social worker.

He began teaching at Sierra Grande Consolidated School and quickly moved into the position of principal.

While working at Sierra Grande, Andy also built a beautiful family home in Blanca and a family vacation cabin in Fort Garland.

Clifford Adalbert Dabney, 78

CENTER — Center resident, Clifford Adalbert Dabney, 78, passed away on Jan. 2, 2020 in Alamosa. He was born on May 22, 1941 to Ralph Dabney and Lucille (Bowles) Dabney in Center.

Clifford enjoyed spending time outdoors, especially when working in his garden or collecting rocks. He served in the United States Navy in the Vietnam War, and retired after 22 years in the service.

He is survived by his son, Christopher Dabney; and sister, Charlotte



Andy retired from Sierra Grande School in 1989 and ended up settling in El Paso where he got to spend time with David and his four grandchildren.

Andy spent almost every summer back in the San Luis Valley, making improvements and additions to the cabin, visiting old friends, reading and staying out of the El Paso summer heat.

Andy was always a devout Catholic and tried to live his life by God's law. He was truly a good man. He will be missed, not only by his five children, seven grandchildren and three great-grandchildren, but by the countless lives he touched in his 91 years. He will always be remembered as a kind and gentle soul with a quick smile, a heartfelt laugh, and really corny jokes. We'll miss you dad.

The family will be holding a mass on Jan. 18 at noon at St. Matthews Catholic Parish, 400 West Sunset, El Paso, Texas 79922. All are welcome.



Welch (Dave Boggis). He was preceded in death by his parents and his wife, Sandra Dabney.

Funeral services will be held on Friday, Jan. 10 at the Del Norte Cemetery.

Arrangements in care of Strohmayr's Funeral Home.

SAN LUIS VALLEY FORECAST

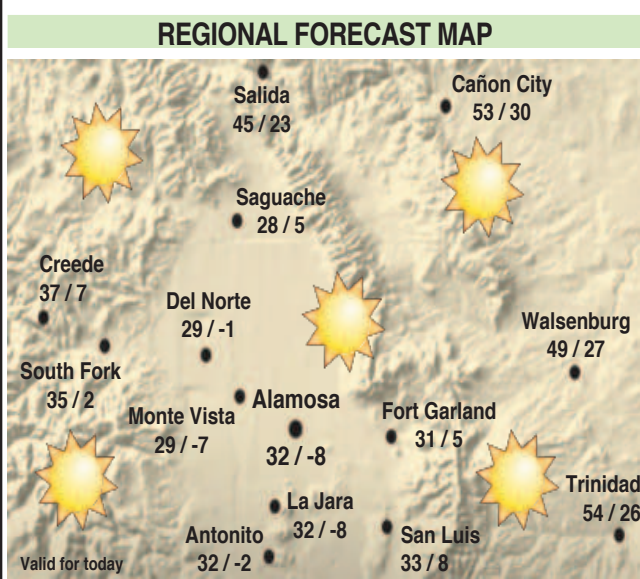
Today: Sunny skies with a high temperature of 32°, humidity of 45%. West southwest wind 2 to 5 mph.

Tonight: Expect mostly clear skies with an overnight low of -8°. South southwest wind 5 mph.

Tomorrow: Skies will be mostly sunny with a high temperature of 32°, humidity of 49%. South southwest wind 3 to 8 mph.

SAN LUIS VALLEY FIVE-DAY FORECAST

Thursday	Friday	Saturday	Sunday	Monday
Mostly Cloudy	Partly Cloudy	Mostly Sunny	Partly Cloudy	Partly Cloudy
Precip Chance: 15%	Precip Chance: 20%	Precip Chance: 5%	Precip Chance: 20%	Precip Chance: 0%
20 / 1	17 / -10	18 / 0	20 / -7	17 / -10



ALAMOSA ALMANAC

Temperature
 Yesterday's High 28
 Yesterday's Low -8
 Avg. High / Low 34 / -2
 Record High 53 in 1956
 Record Low -40 in 1971

Sun and Moon
Sunrise Today 7:18 a.m. 5:01 p.m.
 Wednesday 7:18 a.m. 5:02 p.m.
 Thursday 7:18 a.m. 5:02 p.m.

Precipitation
 Yesterday's 0.00"
 Month to Date 0.00"
 Avg. Month to Date 0.04"
 Year to Date 0.00"
 Avg. Year to Date 0.04"

SNOWPACK INFORMATION

River Basin	Upper Rio Grande River Basin
Arkansas 122% of Normal	Cumbres Pass 119% of Normal
Colorado 110% of Normal	Medano Pass 212% of Normal
Gunnison 108% of Normal	Rio Grande Res. 224% of Normal
North Platte 114% of Normal	Stunner Pass n/a
Yampa 121% of Normal	Trinchera 136% of Normal
Animas, Dolores, San Juan, San Miguel 120% of Normal	Weminuche Pass n/a
	Wolf Creek Pass 100% of Normal

Regional Cities

City	Today	Tomorrow	Thursday
Antonio	32 -2 s 35 6 s 23 4 mc		
Cañon City	53 30 s 56 32 s 40 27 pc		
Center	27 -2 s 28 1 pc 18 -1 mc		
Creede	37 7 s 34 9 pc 20 8 ss		
Del Norte	29 -1 s 28 4 pc 17 3 mc		
Fort Garland	31 5 s 32 9 s 21 7 pc		
Hooper	27 -5 s 30 0 pc 18 -2 mc		
La Jara	32 -8 s 34 1 s 21 -1 mc		
La Veta	45 24 s 44 28 s 34 24 pc		
Moffat	27 2 s 30 4 pc 18 2 mc		
Monte Vista	29 -7 s 32 0 pc 17 -2 mc		
Mosca	29 9 s 32 11 pc 20 9 mc		
Platoro	41 12 s 44 11 mc 26 10 ss		
Pueblo	56 26 s 57 27 s 43 24 pc		
Romeo	33 -5 s 34 4 s 22 2 mc		
Saguache	28 5 s 26 8 pc 17 6 mc		
Salida	45 23 s 43 20 s 32 18 mc		
San Luis	33 8 s 34 14 s 24 11 mc		
South Fork	35 2 s 31 4 pc 20 3 ss		
Walsenburg	49 27 s 50 31 s 38 27 pc		

Weather (Wx): bz-blizzard, cl-cloudy, fg-fog, mc-mostly cloudy, pc-partly cloudy, r-rain, rs-rain & snow, s-sunny, sh-showers, sn-snow, ss-snow showers, t-thunderstorms

Valid at 6 a.m. yesterday

	New	Mid	Mtn.	Open	Surface
Crested Butte	0"	37"	13	PP/P	
Durango Mtn.	0"	51"	7	PP/MM	
Monarch	0"	47"	5	PP/MM	
Telluride	0"	42"	17	PP/MM	
Wolf Creek	0"	77"	9	PP/P	

SKI CONDITIONS
 Valid at 6 a.m. yesterday

	Lifts
Crested Butte	0" 37" 13 PP/P
Durango Mtn.	0" 51" 7 PP/MM
Monarch	0" 47" 5 PP/MM
Telluride	0" 42" 17 PP/MM
Wolf Creek	0" 77" 9 PP/P

FORECAST DISCUSSION

Skies will be mostly clear Wednesday night with an overnight low of 2°. South southwest wind 3 to 8 mph. Thursday, skies will be mostly cloudy with a high temperature of 20°, humidity of 64%. Light winds. Thursday night, skies will be mostly cloudy with a slight chance of snow showers, overnight low of 1°.

For latest weather updates: www.UpdatedWx.com/VC

Today's weather sponsored by:

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FDIC slvfed.com

OBITUARIES

Donald E. Henson, 82

ALAMOSA — Longtime Alamosa resident Donald (Don) Eugene Henson, 82, passed away on Dec. 18, 2019.

Don was born on Jan. 4, 1937 in Alamosa to Curtis Clyde and Frances (Schoenberger) Henson.

Don married Carolyn Faye McGinnis on Oct. 9, 1960 in Alamosa.

Don chose banking as a profession. He began his career in Alamosa as a teller at the Alamosa National Bank and worked his way into various positions, including loan officer. After moving to California, he worked in Riverside and Los Angeles as a loan officer and branch manager. He returned to the Valley and finished his career in Monte Vista. Don served his country as a reservist in the Army National Guard and in the United States Air Force. He was a 50-plus year member of the Alamosa Elks Lodge, BPOE 1297 and bartended there for a short time.

He had a passion for art that started at a very young age. He was most noted for his printing and calligraphy. He created signs, hand-made Christmas orna-



ments, and most recently built bird houses.

He is survived by his children, Jeff (Carrie) Henson, Curtis Henson, and Christopher Henson; his grandchildren, Cole, Cameron, Cailyn, Cristyn, Samantha and Shelby, as well as his sister, Patti Bates.

Don was preceded in death by his wife, Carolyn; his parents, Curtis and Frances; and his siblings, Harold, Genevieve, Theresa, Dorothy, Virginia and Yvonne.

Patricia Ann Johnson

MONTE VISTA — Patricia Ann Johnson died Jan. 3 at 3:45 a.m. in Pueblo.

Pat was a Monte Vista resident and graduate of Adam State University. She lived and worked in Monte Vista and the area most of her life.

Her parents, Harry Johnson and Beatrice Johnson and one brother, Bennie Boyle, preceded her in death.

Among surviving family are her brother, Mike and Kistine Johnson of Arvada; her cousin, Bea Kaufman of Arvada; and Sherri Schaaf of Calif., plus, many nieces and nephews.

Among others she leaves behind are close friend, Evelyn Sprouse Rowe; and neighbor, Shirley Kingsley; plus, her friends and caregivers; loving helpers and church family that helped make each of her days better.

Her church, her friends, her family and her church family were important to Pat.

Pat will be remembered for her friendly and kind



love for others; many four-legged friends among them.

Funeral services will be held Friday Jan. 10, 2020, at the Church of Christ of Latter-Day Saints, 99 W. Prospect Ave., Monte Vista, at 11 a.m. with interment following at the Monte Vista Cemetery.

A viewing will be from 5-7 p.m. at Rogers Family Mortuary in Monte Vista.

Rogers Family Mortuary of Monte Vista is in care of the arrangements.

To leave online condolences or words of strength for the family, please visit www.rogersfunerals.com.

ALAMOSA POLICE REPORT

Police vigilance continues

ALAMOSA — The Alamosa police reports from Dec. 28-Jan. 4 are:

Dec. 28
 Jacob Valdez was cited with 1st degree criminal trespassing and theft at 1640 Monroe Place.

Jan. 2
 Marcella Chacon, 86, was cited with careless driving at 2800 Main.

Jan. 3
 Ronney Pacheco, 32, was cited with possession of drug paraphernalia at 2017 Lava Ln.

Shannon Hillis, 51, was cited with violation of a restraining order at 913 State Ave.

Matthew Ray, 38, was cited with violation of a restraining order at 913 State Ave.

Victor and Tracy Spieker were cited with a 1st degree criminal activity at 622 10th St.

Jan. 4
 Mark Brimahall was cited with criminal impersonation, 2nd degree assault, resisting arrest and obstruction of an officer at Clark St. and Obed Way.

Brandon Guodace was cited with 2nd degree burglary, possession of an illegal weapon, unlawful distribution of a controlled substance, and theft at 157 Craft Dr.

ONGOING VALLEY MEETINGS

ALAMOSA — The San Luis Valley Military Family Support Group meets the fourth Tuesday at 7 p.m. in Alamosa. For more info call Vicki Jones at 852-3123.

ALAMOSA — Sierra Blanca Chapter #43, Order of The Eastern Star, meets on the first and third Mondays, at 7:30 p.m. at the Alamosa Masonic Hall, 512 San Juan Ave. Call Sharon at 589-4320.

ALAMOSA — La Leche League of the San Luis Valley holds its monthly meetings on the fourth Saturday at 11 a.m. at Hospice del Valle, 524 Main St. in Alamosa. Pregnant and nursing women are welcome to attend with their children and babies. Please call 587-3657.

ALAMOSA — The Alamosa Kiwanis Club meets on the second, third and fourth Thursdays at noon at IHOP. Contact: Amanda Wilkinson, 719-589-2564 or email amanda@alamosas-tatebank.com

ALAMOSA — The Optimist Club of Alamosa meets at Nino's Restaurant in Alamosa the first and third Tuesdays at noon. Contact the club at alamosaoptimistclub@gmail.com or President Dawn Melgares at 719-580-0178. Visitors and new members are welcome.

ALAMOSA — The Alamosa Rotary Club meets every Monday at noon at Juanitos in Alamosa. Contact Dean Swift, 589-3499 or dean@deanswiftseed.com

ALAMOSA — Veterans Therapeutic/Support Group meets every Monday from 5-6:30 p.m. at 315 State Ave. Ste 101, Alamosa. Call 588-8885 to register or email d.counselingservices@hotmail.com

SOUTH FORK — Kiwanis meets every Thursday at 8 a.m. at the Feelin' Good Coffeehouse in South Fork. Contact: Karen Miller, 719-873-5466 or email mkmiller-mink@aol.com

MONTE VISTA — The Alzheimer's Caregiver's Support Group meets on the second Thursday from 11 a.m. to noon. at the Monte Vista Chamber of Commerce. For more information, call the Southern Colorado office at 719-544-5720, ext. 304.

School Menu
 Tuesday
 Jan. 7, 2020

NO SCHOOL

Christmas Vacation
 To sponsor the School Menu call 589-2553

To report crimes anonymously call San Luis Valley Crimestoppers at 589-4111.

Valley News

Senior Citizens Center ushers in the new year

ALAMOSA — The Alamosa Senior Citizens Center said farewell to 2019 and welcomed in 2020.

The Alamosa Senior Citizens experienced some amazing things in 2019. Several folks enjoyed touring the Canadian Rockies by coach and rail.

“We were blessed with new furniture in the lobby, tables in the dining room, vanities and sinks in the bathrooms, flooring and window coverings throughout the building and 42 new members,” said Alamosa Senior Citizens director Lynette Cotton by email. “Our fundraisers were exceptional, and we were able to offer several informative and fun workshops and classes.

“The support we receive from the City of Alamosa, county commissioners and this entire community overwhelm us with gratitude. Thank you all so very much. 2020, here we come.”

Anyone who is 50 and over is invited to submit his or her creative artwork for consideration to be displayed in Alamosa Senior Center’s “Seniors from the HeART” art show.

It will be the center’s first ever Senior Art Exhibition and it will take place Feb. 3 on the second floor of the San Luis Valley Regional Medical Center and run through April 30. Art must be original and able to hang on a wall.

The artists have the opportunity to sell their art work and if they wish, donate a

portion to SLV Regional Medical Center and/or the Alamosa Senior Citizens. A reception will be held at the Medical Center on Saturday, Feb. 15 at 4:30 p.m., followed by a fundraising dinner at the Senior Citizens Center. If anyone is interested, please call the center for more information.

At 8:30 a.m. on Jan. 13, chair yoga with Chayne resumes. Yoga has been shown to improve overall health, prevent and (even in some cases) reverse disease when practiced regularly as a lifestyle. Please join and experience the wonderful benefits of yoga.

If anyone is interested in increasing his or her energy flow? Join the center on Friday Jan. 17 at 10:30 a.m. for part two of a free self-help workshop presented by Kitty Von Mills, CMT.

Thinking about an exotic trip to Hawaii? The Alamosa Seniors are partnering with Falcon Tours to offer a fabulous nine-day trip to Hawaii in October.

“We’ll journey to the islands of Maui, Kauai and Oahu,” Cotton said. “We have flyers available at the office or feel free to give us a call for more information.”

The following weekly activities are for all seniors whether they are members or non-members. Please stop by and join in on the activities. All classes are free unless otherwise noted. If anyone has suggestions for a new class or group, please let the center know and be sure

to call with any questions or concerns.

- ▶ Billiards play.
- ▶ Coffee social hour at 8:30 am.
- ▶ Puzzle construction.

▶ Monday, Wednesday, Friday: Strong Bones at 9:30 a.m. Participants enjoy many health benefits, such as improved bone density, reduction of falls, improved flexibility and increased strength. Anyone is welcome to join at any time.

▶ Dime Bingo, Monday-Thursdays from 1 p.m.-3 p.m., which is free to members and there will be a \$2 fee for non-members.

▶ Bridge play takes place on the first and third Tuesday of the month at 1 p.m.

▶ Tai Chi with Lyn Johnson Wednesday mornings at 8:30 a.m.

▶ Free five-point ear acupuncture conducted by Rick Wertz each Tuesday at 9:30 a.m. for veterans and seniors 50 and over. Those who participate note less stress and anxiety and better sleep.

▶ Sewing Group (includes knitting, crocheting, quilting (and anything one wants to work on) meets each Wednesday at 10:30 a.m. and the Mah Jongg (come and learn, even if one is not familiar with the game) group at 1 p.m.

▶ Art class with Rosi Myers meets on Fridays at 9:30 a.m. Each class will offer something new. Anyone may join in at any time. Everyone is an artist, so drop by and have fun being creative. The cen-

ter will be having a senior art show at the hospital in February, so be thinking about which of creations to enter. Please call the center if one is interested or drop by class on a Friday.

▶ Dominoes-Fridays at 12:30 p.m.

▶ Daily transportation is available for seniors 60 and over within Alamosa City limits between 9 a.m.-1 p.m. Please call ahead at least 24 hours in advance to schedule a ride for doctor visits, grocery shopping, dining and participating in events at the center, etc. Transportation is limited to passengers with a permanent residence. The center does not transport to or from shelters, hotels, treatment centers, etc.

If one is not yet a member, please consider joining the center. Seniors age 50 and over are eligible for membership. Regular annual membership is \$30 per person or for an ambassador membership \$100 per person. Members receive a monthly newsletter with a calendar of events, timely information, challenging activities and a lunch menu.

The center is located at 92 Colorado Ave. in Alamosa, adjacent to Cole Park. Hours of operation are: Monday-Thursday from 8 a.m.-3 p.m. and Friday from 8 a.m.-2 p.m. For more information, contact 719-589-3277.

Report courtesy of Cotton.

Grants

Continued from Page 1

just northwest of Alamosa. SCC crews will improve and reroute trails located along an eroding part of the stream bank there. Corp members may also be used to replant willows and cottonwood saplings along the river to help reestablish bird and fish habitat.

As a second part of the project, SCC crews will help improve the Rio Inspire Trails, a series of single-track trails at Alamosa City Ranch. The trails have been damaged by flooding caused by excessive snowpack

runoff. Corps members will engage in corridor clearing, tread work, and footbridge construction to help with drainage and protect the trails from further flood damage.

SCC crews will also finish trail construction at South Alamosa’s Malm Trail and install fences between City-owned property and private property along the trail.

In addition, GOCO funded CYCA projects that impact broad swaths of the state. To learn more about them, read the program press release.

The second grant is part of GOCO’s open space

grant program. With this funding, COL will work with the Rio Grande Headwaters Land Trust (RiGHT) and Colorado Cattlemen’s Agricultural Land Trust (CCALT) to conserve the 500-acre Rancho la Luz, the 433-acre Jackson Ranch, the 160-acre Crowther Meadows Ranch, and the 587-acre Caldon Cattle Company property, all located in the Conejos River floodplain near Manassa. These properties are some of the oldest ranches in Colorado. Conserving them is an important step in protecting a historically significant agricultural landscape and

diverse ecosystem.

All four ranches are currently in operation and will continue operations once conserved. In addition to helping maintain the region’s agricultural heritage, conserving the properties will protect 3.48 miles of active channels of the Conejos and San Antonio rivers as well as over 700 acres of persistent wetlands, wet meadows, marshes, and dense willow and cottonwood galleries.

The third grant is also part of GOCO’s open space grant program and will help SPLT expand Heartland Ranch Nature Preserve by purchasing a

6,614-acre parcel of the adjacent Jagers Ranch. The Jagers parcel acquisition will protect 7.4 miles of Arkansas River tributaries.

The Jagers property is highly biodiverse, with critical habitat for leopard frog, swift fox, golden eagle, ferruginous hawk, burrowing owl, horned lizard, and the potential reintroduction of black-footed ferret.

The property contains short grass prairie, dramatic rock-covered mesas, lush canyons and bottomlands, perennial springs, and juniper woodlands that serve as feeding and breeding grounds for bison,

pronghorn, and elk herds. Conservation of this property advances Colorado Parks & Wildlife’s conservation plan for grassland species in the area that the Colorado Natural Heritage Program considers of high biodiversity significance.

The conserved property will be owned and managed by SPLT. Colorado Open Lands will hold the conservation easement, as it does for the existing preserve.

In addition, GOCO has funded open space projects that impact broad swaths of the state. To learn more about them, read the program press release.

Car

Continued from Page 1

- ▶ Flashlight and batteries
- ▶ Flares or triangle reflectors
- ▶ An extra quart of mo-

tor oil

- ▶ A first-aid kit containing at the least, gauze, tape, bandages, antibiotic ointment, aspirin, non-latex gloves, scissors, hydrocortisone, thermometer, tweezers, and instant cold compress

- ▶ A blanket
- ▶ A tire pressure gauge
- ▶ A portable tire inflator
- ▶ Paper towels
- ▶ Nonperishable, high-energy foods
- ▶ Drinking water
- ▶ A reflective vest

- ▶ Duct tape
- ▶ A fire extinguisher
- ▶ An ice scraper
- ▶ A folding shovel
- ▶ Coolant and washer fluid
- ▶ A phone charger
- ▶ Baby/child supplies, if pertinent

- ▶ Rope
- Keep roadside emergency kits organized at all times. Store items securely in a milk crate, box or backpack so they are always readily available. People should familiarize themselves with the items

in the kit so they know how to use them correctly and quickly.

With some planning and organization, drivers can have the supplies they will need to make it through roadside emergencies safely. TF201588

Aug., Sept. 2019 OBITUARIES

Farewell

VALLEY — We bid farewell to the following people we lost in 2019 in the San Luis Valley. (Any omissions were not intentional.)

August

- Earl C. Van Treese, 91
- Herbert Martinez
- Donald Montoya
- Billy Joe Bond, 80
- Norma Lenore (Hanna) Myers, 91
- Elizabeth “Sharon” Oringdolph
- Bill Bond
- Robert (Bob) Wadleigh 93
- Sharon Renee Duran, 60
- Richard Kent Barr
- Josephine (Jo) Bowers
- Myron Beckner, 93
- Beth Jayne, 63
- Jose (Michael) Montano, 70
- Veronica Eloisa Sierra, 83
- Dennis “Denny” Eugene Armstrong, 82
- Linda Ann Hagedorn, 72
- Elias (Bud) Ubaldo Manzanares
- Vincent Archie Trujillo, 62
- Regina Bernice Garcia, 42
- James Lewis Shawcroft
- Leroy (Kung fu/Teek) Lujan
- Orval Reid Gylling, Jr., 87
- Norman Ray Clark
- Carl J. Westbrook, 79
- Richard R. Garcia, 64
- William Marion “Bill” Henderson
- Steve L. Valdez
- Orlando Teddy “Weasel” Medina, 49
- Elsie Marian Studebaker
- Paul Hogue
- Felix Donald Valdez, Jr.
- Virginia Barr Dawlin, 76
- Virginia Ann Widhalm,

- 78
- Robert Charles Fassett
- Christine Marie Sanchez, 75
- Robert Charles Fassett
- Kelly Gantvoort Morand DVM, 59
- Antonina “Nina” D. Peña-Swarez, 84
- September
- Robert A. Bustos, 87
- Alamosa resident James John Gutierrez, 38
- Isaac “Spanky” Romero, 38
- Jean Coleen French-Moran, 86
- Orlinda Gurule, 87
- David Wade Valdez, 7 months old
- Opal Marie Specker 90
- Harry “David” Crites, 78
- Helen Ruth Dodgen Hawkins
- Craig Burdette
- Thompson, 58
- Prescilla Maez, 86
- Mary Garcia, 46
- Sydney Kjirsten Heersink
- Della V. Esquibel, 92
- Jackie Ann Chavez 58
- Billy Bonifacio Montaño, 84
- Anthony Joseph Taylor
- Budd Osmon, 83
- Emiliana “Em” Marie Archuleta
- Teresa Sales, 85
- John B. Lloyd Jr. (Jack), 79
- Rita F. Curtis.
- Epifania Dolores Mondragon 79
- Jose (Joe) Agapito Gonzales
- Olivia Mary Espinoza, 79
- Bryant Kyle Keck
- Nellie Marie Vanderpool, 96
- Allen E. Harrison
- Della Alice Nielson
- Pottberg Steineckert, PhD, 86

AA MEETINGS

- WEDNESDAY**
12 p.m. First United Methodist Church at 2005 Mullens,
6 p.m. Senior Citizen’s Building at 710 Main St., Antonito
6 p.m. Amistad of San Luis at 403 Main St., San Luis
7:15 p.m. RV Park in Blanca
7:30 p.m. Masonic Hall at 598 Spruce, Del Norte.
8 p.m. 1st Christian Church, 1st and State, Alamosa.
- THURSDAY**
12 p.m. First Christian Church at 1st and State, Alamosa
12 p.m. Crestone Baptist Church, County Rd. T, Crestone
7 p.m. Community Church on Main St., Creede
7:30 p.m. Creative Resource Center at 304 Walnut St., La Jara.
7:30 p.m. Ables/Disables, Baptist Church at 751 Lincoln St., Monte Vista
- FRIDAY**
7 p.m. Sacred Heart School at 3rd and Edison, Alamosa.
- SATURDAY**
5:30 p.m. at 929 State Ave., Alamosa
6 p.m. Senior Citizen’s Building at 710 Main St., Antonito.
8 p.m. Mountain View Presbyterian Church at 2nd and Broadway, Monte Vista

- Vista
For schedule changes, please contact your group service representative (GSR)
- AL-ANON TUESDAY**
8 p.m. 15 Country Club Dr. Monte Vista
- WEDNESDAY**
5:30 p.m. SLV Behavior Health Group at 8745 CR 9S., Alamosa
- THURSDAY**
5:30 p.m. First Christian Church at 518 1st St., Alamosa
7 p.m. Crestone Town Hall, downtown Crestone (second and fourth Thursdays)
- NARCOTICS ANONYMOUS (NarcAnon) TUESDAY**
7 p.m. 1st Christian Church, 1st and State, Alamosa.
- 7:30 p.m. Baca Grande Library at Road T, Crestone
- THURSDAY**
7p.m. SDA Church at 313 Craft Drive, Alamosa
- SATURDAY**
9 a.m. Little Shepherd Episcopal Chapel at Alder St., Crestone
7 p.m. 1st Christian Church, 1st and State, Alamosa.

VALLEY COURIER POLICY ON OBITUARIES

The Valley Courier charges a flat fee of \$30 for each obituary published. Pending arrangements or death notices are run at no charge. This charge affects funeral homes, as well as family or other representatives, that directly place obituaries. All paid obituaries are published on our web site, www.alamosanews.com, for no additional fee. In the event the newspaper errors in publishing an obit, corrections will be made and the obit will be rerun. If the errors are on the part of the submitting party, an additional fee will be assessed.

Oct. 2019 obits will be in the Wednesday Courier

Lifestyle

Protecting skin during winter months

Sunscreen and the great outdoors go hand-in-hand during the warmer months of the year.

For instance, few people can imagine spending a day at the beach without first covering their skin in sunscreen. But skin also must be protected when spending time outdoors in winter.

The World Health Organization notes that one in every three cancers diagnosed across the globe is skin cancer. While that's a scary notion, it's important to note that many skin cancer cases are preventable. Protecting skin in winter, a time when many people mistakenly believe their skin is not vulnerable to damage caused by the sun, is one way for people to reduce their risk of developing skin cancer.

Don't put sunscreen in storage. Even if one won't be beachfront and basking in the sun's rays, it's still important to apply sunscreen in winter.

The Dana-Farber Cancer Institute, which specializes in cancer treatment and actively seeks tomorrow's cures through cutting-edge research, recommends applying a sunscreen with a minimum sun-protection factor, or SPF, of 30.

Make sure to apply sunscreen to all areas that may be exposed to the sun, including the face, neck, ears and hands. Frequently reapply sunscreen.

The set it-and-forget it approach does not apply to protecting the skin with sunscreen. Reapply sunscreen every 90 minutes while outdoors to ensure one's skin is fully protected at all times.

Skiers should recognize that they are much closer to the sun as they traverse the slopes, and that means the UV ra-

diation is more intense on the mountain than it might be in the foothills or lower elevation areas. That heightened intensity only underscores the importance of reapplying sunscreen.

Don't forget to protect one's lips. The DFCI notes that the lower lip is especially vulnerable to the sun's rays.

A lip balm with an SPF of 30 or higher should be applied before going outside and then frequently reapplied while outdoors. In addition, women can use makeup with SPF to further protect their lips and their skin.

Avoid tanning booths. Indoor tanning booths increase users' risk for skin cancer and premature skin aging.

In fact, the DFCI notes that cancer researchers have found that the risk of developing melanoma is 60% greater among people who have been exposed to UV radiation from indoor tanning. And that risk only increases with each visit to a tanning booth.

Don't forget to protect the skin while on vacation. People who vacation in warm climates during the winter may be the envy of co-workers and neighbors upon returning home with a tan, but it's imperative that travelers prioritize protecting their skin while on vacation. Embrace the same principles of skin protection, including applying sunscreen and wearing wide-brimmed hats and sunglasses, that someone would when lounging by the pool or visiting the beach in the summer.

Unprotected skin is vulnerable to sun damage and skin cancer year-round, including when the temperatures dip below freezing.



Courtesy Photo

Protecting skin in winter, a time when many people mistakenly believe their skin is not vulnerable to damage caused by the sun, is one way for people to reduce their risk of developing skin cancer. HM201574

Exercise Helps Prevent Disease

Exercise plays a significant role in disease prevention.

According to the Centers for Disease Control and Prevention's National Center for Chronic Disease Prevention and Health Promotion, physical activity helps to reduce individuals' risk of chronic conditions, including type 2 diabetes, heart disease, various types of cancer and dementia.

As vital as exercise is to a healthy lifestyle, many people simply are not getting enough of it.

A 2018 report from the National Center for Health Statistics found that only about 23% of American adults between the ages of 18 and 64 are meeting the benchmarks for physical activity guidelines set forth by the U.S. Department of Health and Human Services.

And that problem is not unique to the United States. A recent study from statistics Canada found that only about 17% of adults in Canada were meeting the minimum guidelines for weekly physical activity established by the Canadian Society for Exercise Physiology.

Such figures illustrate the emphasis that many adults must place on getting more physical activity.

But returning to physical activity after a long layoff or becoming physically active for the first time are not as simple as lacing up a pair of running shoes and hitting the road.

In fact, the American College of Sports Medicine notes the importance of pre-participation health screening for adults about to engage in physical activity after a period of inactivity.

What is a pre-participation health screening?

A pre-participation health screening is an examination conducted by a physician that looks for particular issues that may interfere with one's ability to exercise.

Doctors will likely ask patients about their medical histories and their family histories as well, as each of these factors can be used to determine whether a person is ready for physical activity or any restrictions needed to be put in place to protect them.

What happens after a pre-participation health screening?

Once a physician conducts a health screening, he or she will conclude if an individual can exercise and how much he or she can exercise.

Adults who are cleared to exercise but have never been physically active or have gone years without exercising will likely be advised to take it slowly at first.

Doctors may provide specific exercise recommendations or refer patients to a sports medicine professional who can help them devise an appropriate workout regimen.

Doctors also may recommend follow-up appointments to track patients' progress. Such appointments can be invaluable, as they can help people whose overall health has improved after limited exercise ramp up the intensity of their workouts, which can help them continue on the course to a healthier life.

However, it's important that people consult their physicians before increasing the intensity of their workouts.

A second screening might even be worth-

while, helping people and their physicians alter workout regimens that reflect their improved overall health.

Many people aspire to exercise more.

In many instances, a pre-participation screening is a vital component for people looking to become more physically active after a long layoff.

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Lifestyle

Wolf Creek Ski Area results

PAGOSA SPRINGS — Wolf Creek Ski Area held its second Fun Race of the season on Sunday.

There were 57 racers this time, and the fastest time of the day was 26.41 made by, yet again, Buzz Burke, from Pagosa Springs.

Burke was the most experienced of the skiers, competing in the 71-plus bracket.

The next Fun Race in the series will be held on Jan. 12. The race is open to all ages and abilities levels and is free with the purchase of a lift ticket.

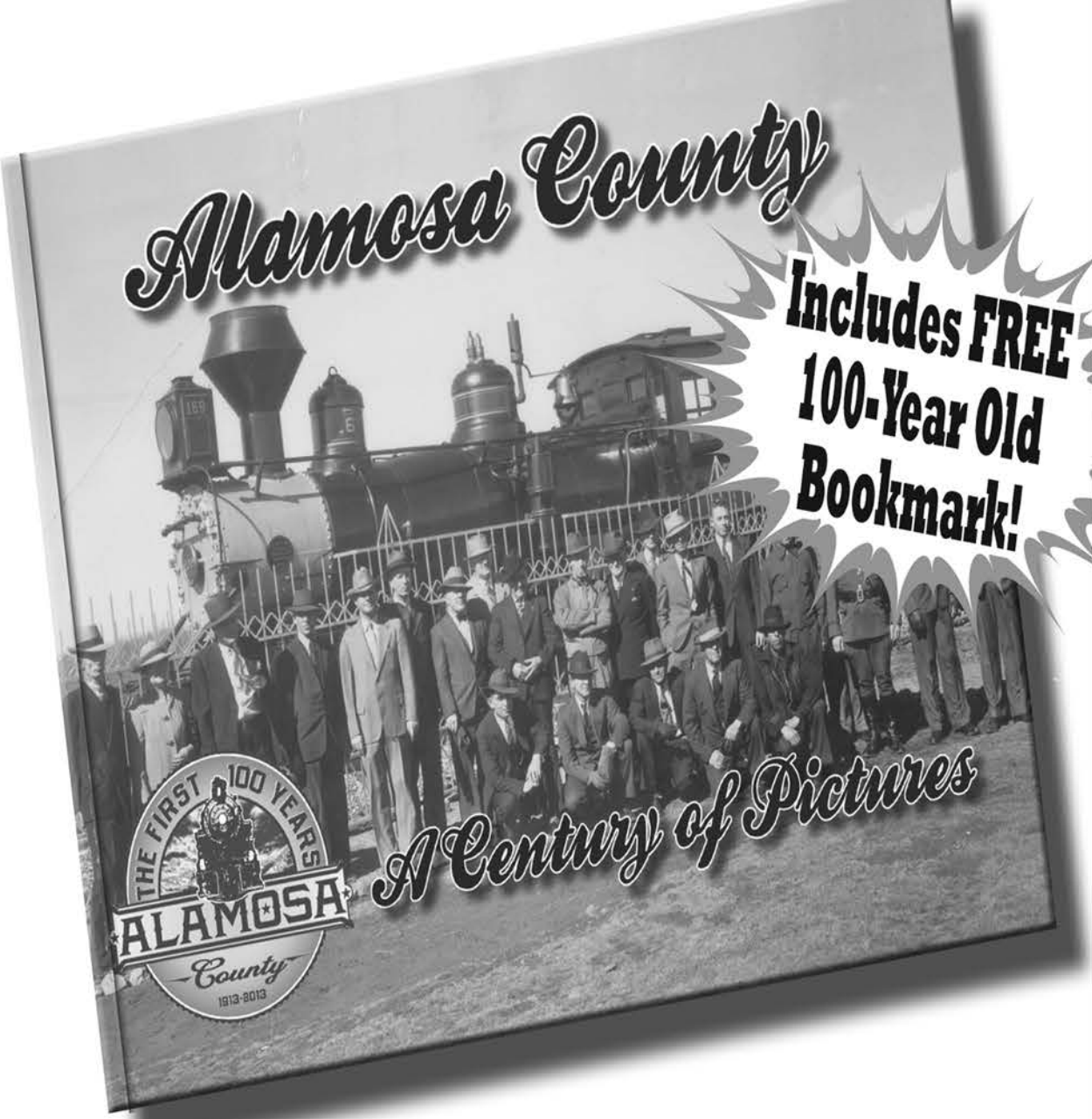
Racers can sign-up at the Raven Grill between 9:30 a.m. and 10:30 a.m. and the race will be held between 11 a.m. and 1 p.m. on the Charisma run.

Report, photo, statistics courtesy of Melanie Allen, Marketing, Wolf Creek Ski Area.

Race: Fun Race No. 2 on Sunday	Fastest Time of the Day: 26.41	Number of Skiers in Race: 57	BOYS 9-11 Medal, Name, City, Time,	GOLD Noah Bellina Pagosa Springs 32.86	SILVER Alex Lamas Grapevine 33.44	BRONZE Ryan Rich Pagosa Springs 35.66
BOYS 12-14 Medal, Name, City, Time,	GOLD Corbin Horrocks South Fork 27.32	SILVER Corley Pearson Amarillo 34.75	BRONZE Andrew Pearson Amarillo 40.98	BOYS 15-17 Medal, Name, City, Time,	GOLD Tabn Knapp Pagosa Springs 36.50	MEN 21-25 Medal, Name, City, Time,
GOLD John Otts Albuquerque 32.66	SILVER Christian Schmidt Los Angeles 35.87	BRONZE Michael Schmidt Pagosa Spring 36.62	MEN 26-30 Medal, Name, City, Time,	GOLD Zach Maun Pagosa Springs 45.57	MEN 31-35 Medal, Name, City, Time,	GOLD Alan Davis Fort Worth 36.08
MEN 36-40 Medal, Name, City, Time,	GOLD Chris Pitcher Pagosa Springs 27.86	GOLD Augie Sparrow South Fork 27.86	SILVER Aaron Horrocks South Fork 28.39	BRONZE Sean Willingham San Antonio 35.95	MEN 41-50 Medal, Name, City, Time,	GOLD Luke Thompson Pagosa Springs 28.10
SILVER Joe Bush Pagosa Springs 29.59	BRONZE Lance Talkington Celina 29.93	MEN 51-60 Medal, Name, City, Time,	GOLD Steve Dayton Pagosa Springs 30.62	SILVER Tim Davis Fort Worth 31.36	BRONZE Al Hagonian Melbourne 32.33	MEN 61-70 Medal, Name, City, Time,
GOLD Howard Cox Del Norte 31.39	SILVER Jim Mazda Oxford 32.14	BRONZE Courtney Parker South Fork 36.78	MEN 71+ Medal, Name, City, Time,	GOLD Buzz Burke Pagosa Springs 26.41	SILVER Greg Johnson Pagosa Springs 34.36	GIRLS 6-8 Medal, Name, City, Time,
GOLD Veda Deitemeyer Pagosa Springs 38.57	SILVER Alexandria Jernigan Oklahoma City 1.01.27	GIRLS 9-11 Medal, Name, City, Time,	GOLD Isabelle Ratliff Pagosa Springs 29.38	SILVER Kenli Bush Pagosa Springs 33.72	GIRLS 12-14 Medal, Name, City, Time,	GOLD Aybree Hampton Pagosa Springs 31.35
GIRLS 15-17 Medal, Name, City, Time,	GOLD Rylie Rapp Pagosa Springs 34.11	SILVER Jordan Maxwell Pagosa Springs 35.48	WOMEN 21-25 Medal, Name, City, Time,	GOLD Lyndsay Irwin Albuquerque 46.84	WOMEN 36-40 Medal, Name, City, Time,	GOLD Nikki Horrocks-South Fork 31.53
SILVER Jennifer Devino Ft. Worth 36.79	WOMEN 51-60 Medal, Name, City, Time,	GOLD Cathy Lemon Pagosa Springs 31.39	WOMEN 61-70 Medal, Name, City, Time,	GOLD Chris Schmidt Pagosa Springs 36.8		



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Alamosa

Valley Community Concert Choir rehearsals begin soon

ALAMOSA— The Valley Community Concert Choir invites all singers to be a part of the spring 2020 program. The VCC will perform an eclectic program, reflecting the SLV musical career of the accompanist, Caleb Clark. Guest artists include Don Richmond and Adams State University music students. Concerts are scheduled for May 1, in Creede, and May 3, in Alamosa.

The Valley Community Chorus is open to all adults and high school students. No auditions are required. All are welcome. Rehearsals begin at 7 p.m. every Tuesday. The first rehearsal is Jan. 21 in the Adams State Music Building room 117. For more information or to register, contact David Schneider, director, at 719-298-8152 or dwschnei0@yahoo.com.

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Sports

Grizzlies Stomp Roadrunners at Home 91-73

By AARON KINNISCHTZKE

ASU Sports Information Director

ALAMOSA — The Adams State Grizzlies Men's Basketball team were all systems go Saturday night, as they blew out the Metro State University-Denver Roadrunners 91-73 at Plachy Hall for their second straight victory. The game featured four starters in double figures, with both Kaelin Crane and Juwan Green scoring 20 or more. The victory Saturday night was by far the Grizzlies' most complete game of the 2019-20 season thus far, and they will look to build off of the strong game moving forward.

The Grizzlies had not been a great shooting team coming into the game, but Saturday night their shooters went 10-18 from three-point range, as the

team shot an overall percentage of 50.7 percent from the field. Half of these three-point buckets came from freshman Rylan O'Brien who was cooking the entire game. In 31 minutes of action, O'Brien tallied 19 points on 7 of 9 shooting and knocking down 5 three-pointers. He continues to show promise as a budding star for the Grizzlies' backcourt.

The scoring duo of Kaelin Crane and Juwan Green that Grizzly fans had been accustomed to seeing early on got back

on track Saturday, as Green totaled 22 points to lead all scorers, and completing the one-two punch was Crane right behind him finishing with 20 on the night. The Roadrunners had no answer for the two, as they led an offense that gashed the Metro defense all night long.

Seniors Rickey Norris and Szymon Walczak led the Grizzly defense that broke the Roadrunners' will in the second half. The two combined for 11 rebounds and 3 steals on the evening and led a defense that intercepted a

total of 6 steals and forced 16 Roadrunner turnovers. As has been the story for the Grizzlies all year, they did not have the height advantage in the game but made up for it with effort and grit on the defensive end.

The win Saturday night marked the second straight victory for the Grizzlies who now have a 4 and 1 record at Plachy Hall on the season. After wins this week end against RMAC opponents Chadron State and Metro State, they improved their conference record to 3-4, and are slowly climbing back up the standings with hopes of a postseason berth. They will be back in action next weekend on the road, as they travel north to face off against Colorado Mines on Friday and UCCS on Saturday.



Centauri stays unbeaten in Sanford

Falcons take down Sanford for ninth win

By STEPHEN JIRON

Courier Sports Editor

SANFORD — The girls basketball game between neighbors became a barn-burner on Saturday night with the visiting Falcons taking a 47-43 overtime win.

Centauri (9-0) kept up their winning ways pulling out a victory over host Sanford. This game marks the second time this year that the two teams have met this year. The first, in the semifinals at the La Junta Holiday shootout. Centauri took that contest as well.

For their perfect record, Centauri is now ranked third in the state by the Colorado High School Activities Association (CHSAA) Coaches Poll. The Falcons were previously ranked sixth.

Sanford (3-3) has been performing admirably given the difficulty of their schedule. They hold a .500 record and their only three losses have come at the hands of top-ten ranked 3A opponents (3. Centauri, 6. Alamosa). Their efforts have not gone unnoticed, despite their record, Sanford stays among the top ten in the 2A rankings with one coach even placing them as the No. 1 team in the state.

Sanford was all over Centauri in the early going and would lead well into the

second quarter. Centauri would begin the trek back tying things up at 16 points before relenting a 20-17 lead to Sanford at the half.

Neither team was able to gain a definitive edge at the end of the fourth quarter. A 36 tie prompted an overtime period to decide a winner.

Centauri would strike the first blow with four unanswered points. The Falcons would use the two-possession lead to keep Sanford at bay for the remainder to stay perfect with the win.

Falcon junior Brenna McDaniel led Centauri in scoring with 15 points. McDaniel shined from the free-throw line banking 8 of 9 attempts and draining her one three-point attempt. The Centauri junior was also one rebound shy of a double-double grabbing 9 boards. Following McDaniel in scoring was teammate Mia Garcia with 10 points.

Centauri will get a chance to prove their mettle with a road game against fifth-ranked Pagosa Springs (5-2) on January 18th. Sanford will continue with their difficult schedule, Friday, Jan. 10 Sanford will go on the road to meet 3A Ellicot (3-1) then they'll follow that by hosting 3A's fifth-ranked team in Pagosa Springs (5-2) Saturday, Jan. 11.

Sanford fades down the stretch against Centauri

By STEPHEN JIRON

Courier Sports Editor

SANFORD — A contrast between halves helped Centauri come from behind against host Sanford for a 47-34 win to return from the holiday break.

Centauri (9-0) has been on a roll this year. In their first two weeks of competition, the Falcons were able to take their home Mountain Top Classic as well as the La Junta Holiday Shootout. Two more wins before the holiday break allowed Centauri to construct an eight-game run leading into Saturday's game. For their effort, the Falcons are moving up the top ten going from ninth place up to sixth in Monday's Colorado High School Activities Association (CHSAA) Coaches Poll.

Sanford (3-3) is doing a great job keeping their heads above water heading towards their league schedule. Sanford has played 5 of 6 games in the 3A class and is 2-3 over that upper-class stretch. With 6 points in the CHSAA Coaches Poll, Sanford is still looking to get back since having been ousted from the top ten in Dec. 16's rankings.

Saturday night Sanford looked well on the way to doing that, opening play with a 14-10 lead in the first quarter. Ten more points from Sanford's offense in the second frame and the home team would lead Centauri 24-23 at the half.

Centauri kept up their offense production through the second half, going from averaging 11.5 points per quarter in the first half to 12 points in the second half.

Sanford was unable to keep pace and totaled 10 points in the second half allowing Centauri to take their ninth win in a row.

The Falcons have two more games on their road trip. Both of which will be the beginning of Centauri's league schedule. First, the Falcons will face the Pirates of Monte Vista on Jan. 17th then they'll meet up with the Pirates of Pagosa Springs on January 18th.

Sanford will continue their journey through 3A with games against Ellicott and Pagosa Springs, then returning to 2A for a game against Crested Butte on Jan. 18 before beginning their league schedule with Center on Jan. 24th.



Photos courtesy of Vibrant Valley Photography

Centauri's Brenna McDaniel (14) shoots as Sanford senior Abbey Sittler (4) defends.



Sanford's Ethan Larson (21) rushes in to attempt and to disrupt a clean shot from Centauri senior Alec Holman (22)

Results

Adams State Basketball

Jan. 3

Adams State 73, Chadron State 58 (W)
Adams State 81, Chadron State 79 (M)

Jan. 4

Metro State 66, Adams State 58 (W)
Adams State 91, Metro State 73 (M)

Prep Basketball

Jan. 4

Rocky Ford 48, Center 27 (G)
Center 53, Rocky Ford 45 (B)
Sangre de Cristo 76, Creede 15 (G)
Sangre de Cristo 79, Creede 31 (B)
Centauri 47, Sanford 43 (G) OT
Centauri 47, Sanford 34 (B)

Prep Wrestling

Jan. 4

Colt "Bobby Hawk" Classic
12. Alamosa 55.5

Upcoming Events

Adams State Basketball

Jan. 10

6/8 p.m. ASU at Colorado School of Mines (W/M)

Jan. 11

5:30/7:30 p.m. ASU at UC-CS (W/M)

Prep Basketball

Jan. 7

5:30/7 p.m. Pueblo Central at Monte Vista (G/B)

Jan. 10

2:30 p.m. Center at Mancos (G/B)
3/4:30 p.m. Sanford at Ellicot (G/B)
5 p.m. Sangre de Cristo at Rocky Ford (G/B)

Sports Bulletin

5 p.m. Dolores Huerta at Creede (G/B)

7 p.m. Alamosa at Kent Denver (B)

TBA Antonito at Escalante (B)

Jan. 11

1 p.m. Creede at Crested Butte (G/B)

2 p.m. Sargent at Center (G/B)

4 p.m. Antonito at Questa (B)

4 p.m. Alamosa at Pinnacle (B)

5 p.m. Sierra Grande at Primero (B)

5:30 p.m. Alamosa at Ignacio (G)

5:30/7 p.m. Del Norte at Sangre de Cristo (G/B)

5:30/7 p.m. Sanford at Pagosa Springs (G/B)

5:30/7 p.m. Monte Vista at Kent Denver (G/B)

Prep Hockey

Jan. 17

6:40 p.m. SLV at Taos

Jan. 18

8:40 a.m. SLV at Taos

Adams State Swimming

Jan. 17

Colorado Classic

ASU at Colorado College (W/M)

Adams State Wrestling

Jan. 10

All Day ASU at San Francisco State Tourney

Jan. 16

6 p.m. Western Colorado at ASU

Prep Wrestling

Jan. 9

7 p.m. Alamosa at Centauri

Jan. 10

4 p.m. Alamosa Duals

Jan. 11

TBA Centauri at Pagosa Springs

9 a.m. Alamosa Invitational

Cowboy Invitational

Center, Del Norte, Sierra Grande-Centennial at Gunnison

Schedules subject to change

AHS Basketball Reunion

ALAMOSA — Alamosa High School is hosting a reunion for former coach Ken Niven. While at Alamosa, Niven oversaw a Mean Moose run of four consecutive titles from 1989-92 over Classes AA and 4A. He also had four Division I signees. The reunion will take place Friday and Saturday of Jan. 24th and 25th. Friday will be the home games against Montezuma-Cortez at 5:30/7 p.m. followed by a social at the Bankshot. Saturday will be a mid-morning shoot around at AHS then the home games against Pagosa Springs at 5:30/7 p.m. Niven and Alumni players will be recognized at halftime. Saturday's social will take place at the Purple Pig Pizzeria following the games.

ASU Volleyball open tryouts

ALAMOSA — Saturday, January 25th the ASU Grizzlies Volleyball team will be holding tryouts. The event is open to any 2020/2021 high school students and/or Junior College players. For the registration form email alimiller@adams.edu. Participants are asked to bring or email in a completed registration form, a current sports physical and a proof of insurance (company and policy information). For questions or to email in a form, physical, insurance package be sure to contact Coach Miller at alimiller@adams.edu or at (720) 879-2803

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 T.M. (D.O.B. 01/26/2016) CHILDREN
 AND CONCERNING:
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 J.M. (D.O.B. 05/20/1981) RESPONDENTS
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 Div.: Ctrm:
 Attorney for Rio Grande County Dept of Social Services:
 W. Ryan Dunn
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 Phone: 719 657-3381 Fax: 719 657-4013
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 ALIAS SUMMONS FOR PUBLICATION
 TO: FILIDELFO GUZMAN-CANO:
 You are hereby notified that a Verified Petition for Adjudication of Dependency and Neglect of the above-named child/ren has been filed in the above-named Court in which it is represented to the Court that the child/ren, is/are dependent or neglected for the reasons set forth more fully in said Petition, the original of which is on file in the above Court and copies of which will be made available to you upon request during normal business hours at the office of the Clerk of the District Court in Rio Grande County.
 You are further notified that the Court has set a hearing on the following date and time:
 DATE: JANUARY 7, 2020
 TIME: 9:15 A.M.
 LOCATION: RIO GRANDE COUNTY DISTRICT COURT
 925 6TH STREET (3RD FLOOR, DISTRICT COURT ROOM)
 DEL NORTE, CO 81132

You are further notified that TERMINATION OF THE PARENT-CHILD LEGAL RELATIONSHIP IS A POSSIBLE REMEDY AVAILABLE IF THIS PETITION ALLEGING THAT THE CHILD/REN IS/ARE DEPENDENT OR NEGLECTED IS SUSTAINED. A SEPARATE HEARING MUST BE HELD BEFORE SUCH TERMINATION IS ORDERED. TERMINATION OF THE PARENT-CHILD LEGAL RELATIONSHIP MEANS THAT THE CHILD/REN WHO IS/ARE SUBJECT TO THIS PETITION WOULD BE ELIGIBLE FOR ADOPTION.
 Pursuant to Rule 4.1 of the Colorado Rules of Juvenile Procedure, a responsive pleading is not required, although you may file one, if you so desire, nor is it necessary for you to deny any allegations of the Petition, except jurisdictional matters of age and residence of the child/ren which shall be deemed admitted unless specifically denied.
 You are further informed that if you choose to appear at the hearing at the time and place hereinabove stated, you shall be fully advised by the Court of your constitutional and legal rights pursuant to C.R.S. 19-3-202, as amended. You may demand a trial by jury of not more than six. Unless a jury is demanded, it shall be deemed to be waived.
 You have the right to be represented by counsel at every stage of the proceedings. If you request representation by an attorney and you are found to be without financial means to afford an attorney, an attorney will be appointed for you by the Court.
 You are further advised that, if the court finds that the allegations in the Petition are supported by the necessary standards of proof, the Court shall hold a dispositional hearing, but that in a proper case, providing prior notice thereof is given to you, and, you are now so advised, the dispositional hearing may be had co-extensively with the adjudicatory hearing.
 If you fail to enter your appearance, or if you fail to deny jurisdictional matters, if any, as permitted by law, the above matter, and any other related matters that may come before the Court will be decided without further notice to you.
 Furthermore, you have the following additional rights:
 1) The right to subpoena witnesses;
 2) The right to know the nature of the allegations contained in the Petition;
 3) Any admission on your part must be voluntary;
 4) If you admit the allegations of the Petition, the Court is not bound by any promises or representations made by anyone about the dispositional alternatives by the Court;
 5) The Court may appoint an attorney as a Guardian ad Litem to represent the interest of the child/ren.
 6) The right to present evidence;
 7) The right to cross examine witnesses;
 8) The right to appeal;
 9) In order for the Court to find the child/ren to be neglected or dependent, it must be proven to a judge or jury by the preponderance of evidence;
 10) In order to terminate the parent-child legal relationship, the Court would have to find at a separate hearing by clear and convincing evidence either of the following:
 a) That the child/ren has/have been adjudicated dependent and neglected and has/have been abandoned by his/her/their parent or parents.
 b) That the child/ren is/are adjudicated dependent or neglected, and the Court has found by clear and convincing evidence that no appropriate treatment plan can be devised to address the unfitness of the parent or parents.
 c) That the child/ren is/are adjudicated dependent or neglected and all of the following exist:
 (I) That an appropriate treatment plan approved by the Court has not been reasonably complied with by the parent or parents or has not been successful;
 (II) That the parent is unfit;
 (III) That the conduct or condition of the parent or parents is unlikely to change within a reasonable amount of time;
 WITNESS my hand and official seal of said Court this 3RD DAY OF JANUARY, 2020.
 CLERK/DEPUTY CLERK OF THE COURT
 By: /S/ HEATHER GARCIA
 JUDICIAL ASSISTANT
 No. 1221
 Published in the Valley Courier on January 07, 2019.

DISTRICT COURT, RIO GRANDE COUNTY, COLORADO
 Court Address: 925 6th Street, Del Norte, CO 81132
 Phone: 719 657-3394
 THE PEOPLE OF THE STATE OF COLORADO
 IN THE INTEREST OF:
 J.D. (D.O.B. 07/12/2005) A CHILD,
 AND CONCERNING:
 C.E. (D.O.B. 06/01/1974) MOTHER, RESPONDENT.
 Attorney for Rio Grande County Dept of Social Services:
 W. Ryan Dunn
 Address: PO Box 40 Del Norte, CO 81132
 Phone: 719 657-3381 Fax: 719 657-4013
 E-Mail: attorney.riograndedss@gmail.com Reg No: 39307
 COURT USE ONLY
 Case Number: 2019JV51
 Div.: Ctrm:
 ALIAS SUMMONS FOR PUBLICATION
 TO: ROBERT DELGADO:
 You are hereby notified that a Verified Petition for Adjudication of Dependency and Neglect of the above-named child/ren has been filed in the above-named Court in which it is represented to the Court that the child/ren, is/are dependent or neglected for the reasons set forth more fully in said Petition, the original of which is on file in the above Court and copies of which will be made available to you upon request during normal business hours at the office of the Clerk of the District Court in Rio Grande County.
 You are further notified that the Court has set a hearing on the following date and time:
 DATE: JANUARY 7, 2020
 TIME: 11:45 A.M.
 LOCATION: RIO GRANDE COUNTY DISTRICT COURT
 925 6TH STREET (3RD FLOOR, DISTRICT COURT ROOM)
 DEL NORTE, CO 81132

You are further notified that TERMINATION OF THE PARENT-CHILD LEGAL RELATIONSHIP IS A POSSIBLE REMEDY AVAILABLE IF THIS PETITION ALLEGING THAT THE CHILD/REN IS/ARE DEPENDENT OR NEGLECTED IS SUSTAINED. A SEPARATE HEARING MUST BE HELD BEFORE SUCH TERMINATION IS ORDERED. TERMINATION OF THE PARENT-CHILD LEGAL RELATIONSHIP MEANS THAT THE CHILD/REN WHO IS/ARE SUBJECT TO THIS PETITION WOULD BE ELIGIBLE FOR ADOPTION.
 Pursuant to Rule 4.1 of the Colorado Rules of Juvenile Procedure, a responsive pleading is not required, although you may file one, if you so desire, nor is it necessary for you to deny any allegations of the Petition, except jurisdictional matters of age and residence of the child/ren which shall be deemed admitted unless specifically denied.
 You are further informed that if you choose to appear at the hearing at the time and place hereinabove stated, you shall be fully advised by the Court of your constitutional and legal rights pursuant to C.R.S. 19-3-202, as amended. You may demand a trial by jury of not more than six. Unless a jury is demanded, it shall be deemed to be waived.
 You have the right to be represented by counsel at every stage of the proceedings. If you request representation by an attorney and you are found to be without financial means to afford an attorney, an attorney will be appointed for you by the Court.
 You are further advised that, if the court finds that the allegations in the Petition are supported by the necessary standards of proof, the Court shall hold a dispositional hearing, but that in a proper case, providing prior notice thereof is given to you, and, you are now so advised, the dispositional hearing may be had co-extensively with the adjudicatory hearing.
 If you fail to enter your appearance, or if you fail to deny jurisdictional matters, if any, as permitted by law, the above matter, and any other related matters that may come before the Court will be decided without further notice to you.
 Furthermore, you have the following additional rights:
 1) The right to subpoena witnesses;
 2) The right to know the nature of the allegations contained in the Petition;
 3) Any admission on your part must be voluntary;
 4) If you admit the allegations of the Petition, the Court is not bound by any promises or representations made by anyone about the dispositional alternatives by the Court;
 5) The Court may appoint an attorney as a Guardian ad Litem to represent the interest of the child/ren.
 6) The right to present evidence;
 7) The right to cross examine witnesses;
 8) The right to appeal;
 9) In order for the Court to find the child/ren to be neglected or dependent, it must be proven to a judge or jury by the preponderance of evidence;
 10) In order to terminate the parent-child legal relationship, the Court would have to find at a separate hearing by clear and convincing evidence either of the following:
 a) That the child/ren has/have been adjudicated dependent and neglected and has/have been abandoned by his/her/their parent or parents.
 b) That the child/ren is/are adjudicated dependent or neglected, and the Court has found by clear and convincing evidence that no appropriate treatment plan can be devised to address the unfitness of the parent or parents.
 c) That the child/ren is/are adjudicated dependent or neglected and all of the following exist:
 (I) That an appropriate treatment plan approved by the Court has not been reasonably complied with by the parent or parents or has not been successful;
 (II) That the parent is unfit;
 (III) That the conduct or condition of the parent or parents is unlikely to change within a reasonable amount of time;
 WITNESS my hand and official seal of said Court this 3RD DAY OF JANUARY, 2020.
 CLERK/DEPUTY CLERK OF THE COURT
 By: /S/ MARISOL HERNANDEZ
 No. 1222
 Published in the Valley Courier on January 07, 2019.

163 LOST & FOUND

LOST 6 MO. old grey kitten, Amber eyes, 700 block of Douglas, Alamosa. Call 719-480-9251.(1/14)

FOUND A HUSKY dog call to identify and claim 719-480-1103. (1/14)

173 - PROFESSIONAL SERVICES

LICENSED PLUMBER DOES all types of plumbing repairs and plumbing remodel done at reasonable rate. Call 719-580-0033 or 719-376-2593.(02/01)

221 HELP WANTED

FRIDAY HEALTH PLANS is a company designed for the new healthcare economy and empowers more consumers to choose their own health coverage. **FRIDAY IS LOOKING FOR ITS NEXT GREAT CUSTOMER SERVICE REPRESENTATIVE IN ALAMOSA TO JOIN OUR RAPIDLY GROWING TEAM!** The successful candidate must have 1-2 years' experience in a customer facing position. Must also have excellent interpersonal skills, good communication skills, and professionalism in dealing with co-workers, members, and providers. Interested candidates should send their resume and cover letter to resumes@fridayhealthplans.com. (01/18)

PART-TIME SHIFT MANAGER needed at Alamosa business. Sundays from approximately 12:30 p.m. to 11 p.m. with breaks. Send application or resume to: FE, c/o Valley Courier, PO Box 1099, Alamosa, 81101.(1/14)

221 HELP WANTED

WANTED: SAGUACHE COUNTY Landfill is Hiring for an additional Full Time Attendant. **REQUIREMENTS:** Applicants must fill out and submit an application, must be an experienced front end loader operator and possess a valid driver's license. Applicants should have a high school diploma or GED and six months or more of relevant experience. Final candidates applying with Saguache County will be required to submit and pass a pre-employment drug screen and criminal background check. Pay D.O.E. Landfill Attendant is a full time 40 hour per week position - starting at 8:00 A.M. each day Tuesday through Saturday (subject to change) Those applying must be an experienced front end loader operator, have the ability to do strenuous outdoor physical labor in extreme weather conditions and be able to lift and/or move 20 lbs. to 75 lbs. Applications are available at the Saguache County Road and Bridge/Landfill Office 305 3rd Street, PO Box 476, Saguache, CO 81149 719-655-2543 or on the Saguache County website - www.saguachecounty.net under the Landfill Department tab. Completed applications can be hand delivered or mailed to Saguache County Road and Bridge/Landfill Office - at the address listed above, sent by email to mhashbarger@saguachecounty-co.gov or faxed to: 719-655-2543. **APPLICATION DEADLINE:** Open until a qualified candidate is hired. Saguache County is an Equal Opportunity Employer. (01/31)

221 HELP WANTED

RIO GRANDE SAVINGS & Loan is seeking a Full Time Teller/Customer Service Representative to join our team in the Monte Vista office. Qualified candidates will have superior customer service skills, the ability to work cooperatively in a team environment and must be proficient with a 10-key and Microsoft Office. Successful candidates must be able to perform teller functions and assist customers, while complying with banking regulations and internal policies and procedures. Position offers excellent salary and benefits in a great working environment. For additional information please contact Kate Ruybal @ 719-852-7051. Applications available at www.rgsla.com/contact - deadline is January 7th, 2020.(1/10)

SIERRA GRANDE SCHOOL District is accepting applications for a High School Boys Baseball Coach; applicants must be willing to meet all CHSAA guidelines. For more information contact Mr. Lucero at mlucero@sierragrandeschool.net or at (719) 379-3259. Applications are available at Sierra Grande School District at 17523 Hwy 160, Blanca, CO 81123 or www.sierragrandeschool.net. Application deadline is open until filled. EOE.(1/10)

221 HELP WANTED

VISITING ANGELS IS Now hiring compassionate caregivers to do non-medical in-home care in the SLV area. We Train You! You will receive pay for the following trainings: diabetic care, Home Health Aide care, nutrition care, dementia care, CPR certification and domestic violence reporting to name a few. If you have a heart for this kind of work, and you want to work for an amazing, FUN, and dedicated agency, we want you! We offer incentives, bonus program, paid training and much more! C.N.A.'s also Needed...We are the #1 agency in the nation, and we take pride in caring for the elderly and disabled. Flexible Shift Availability. Some Travel may be required. LOVE....it's what we do! Apply today at https://vasvcolorado.clearcareonline.com/apply/ or call 970-264-5991 for more details.(1/8)

SLV FEDERAL BANK is now accepting applications for a Member Service Representative in our Monte Vista office. Applications and position descriptions are available at www.slvfed.com or at each branch location. Equal opportunity Employer, including considering individuals with Disabilities and Veterans/Affirmative Action Employer.(1/15)

ALAMOSA COUNTY JOB OPPORTUNITIES

- Detention Officer
- Patrol Deputy
- Road & Bridge Maintenance Technician
- DHS Child Welfare Social Worker

Visit www.alamosacounty.org for details
8900-A Independence Way • Alamosa

WHEN PUBLIC NOTICES REACH THE PUBLIC, EVERYONE BENEFITS.

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This is like putting the fox in charge of the hen house.

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Call **719-589-2553** to place your help wanted ad today! **Hurry, the deadline is noon.**

Classifieds

221 HELP WANTED

ARLAN'S PRO SERVICE has 20 jobs openings for Solar Installation. Starting wages \$14.00 per hour, apply in person at 6750 Cramer Road, Alamosa CO. or call 719-496-6901. (01/10)

LOOKING FOR A career opportunity and being a part of your local community? 1st Southwest Bank is growing and hiring in the following positions, Credit Analyst and Personal Banker, offering a strong benefits package & career growth opportunities. EOE. Go to <https://www.fswb.bank/who-we-are/careers/> for more details & to apply.(1/9)

TIMBERLINE CATTLE INC. is hiring a full time farm/ranch hand. Can start immediately. Please call 719-588-1379 to apply.(1/17)

JOHNNY'S AUTO TRIM & Rod Shop. Alamosa, looking for experienced mechanic, fabricator, paint/body, upholster, electrical, detailer and p/t bookkeeper. Quality a must; see FB page. Send resume to johnnysautotrim@msn.com; salary TBD on experience. (01/31)

WAITRESS POSITION AVAILABLE at El Charro Café. Hours vary. Apply in person 1605 Main, Alamosa. (1/16)

221 HELP WANTED

VENOLA PLUMBING AND Heating is hiring a full time secretary. Great Pay, Paid health insurance, Time off, retirement and yearly bonuses. Please apply at 185 Broadway, Alamosa Co. (01/09)

ADAMS STATE UNIVERSITY: Counseling, Career and Accessibility Services Adams State University seeks applicants for Counseling Services Assistant Director/Coordinator of Accessibility services. AAEOE. For more information visit: <https://www.adams.edu/hr/administrative-positions/> (01/09)

RIVER VALLEY INN Nursing Home now hiring LPN's OR RN's. Come join our team! Must have a current license and CPR. Night shift with differential. Please stop in for an application at 1335 6th St. in Del Norte CO or call 719-657-1105. Ask for Susan or Paula. (RVI is EOE). (1/22 #1)

RIVER VALLEY INN Nursing Home in Del Norte is looking for CNA's to join our Family! Night shift with differential, health benefits/competitive wages. Please stop in for an application at 1335 6th St. in Del Norte Co or call 719-657-1105. Ask for Susan or Paula. (RVI is EOE)(1/22 #2)

221 HELP WANTED

THE ALAMOSA COUNTY Commissioners have announced a "Notice of Vacancy" and accepting applications for a board member position on the Local Marketing District Board through the Alamosa Convention & Visitors Bureau. The Alamosa Convention & Visitors Bureau (CVB) is funded through the Alamosa Lodging Tax and the Alamosa Local Marketing District tax collections. The CVB team of professional staff serve at the direction of the Alamosa Tourism Development Board and the Local Marketing District Board. The members of these boards are appointed by the Alamosa County Commissioners and include the very best community leaders who have a firsthand knowledge of tourism and economic development. The board meets on the second Thursday of every month unless otherwise posted. Meeting agendas are posted at The Depot, 610 State Avenue, Alamosa. It is the goal of the Local Marketing District to bring visitors to Alamosa County while providing them with the best attractions, events, and services possible. Expectations of a board member is to attend the meetings and actively engage in the direction and budget of the Local Marketing District. This is an unpaid board position and you must be a resident of Alamosa County to apply. Those interested in applying for the Board must fill out an application. It may be found at www.alamosacounty.org. Applications must be received by January 16, 2020. Send your information to Belina Ramirez, Executive Assistant, 8900-A Independence Way, Alamosa, CO 81101 or to bramirez@alamosacounty.org. If you have questions regarding the Local Marketing District Board please contact Kale Mortensen, Executive Director at director@alamosa.org(01/11)

221 HELP WANTED

RIO GRANDE COUNTY Weed Control District is seeking a full time Weed/Pest District Supervisor. Applicants must have a High School Diploma or GED, knowledge of noxious weeds with Colorado Department of Agriculture Pesticide Applicators Qualified Supervisor License. Good driving record and current Colorado Driver's License required. Background Check and Pre-employment Drug Screening required. Application and job description are available on line at www.riograndecounty.org, or pick up and submit to Human Resources: 925 6th St., Rm. 200; Del Norte, CO 81132.(1/11)

NEED A SECOND INCOME? child support? Car Repairs? Taxes Due? Earn up to \$800/month delivering the Valley Courier. Contact Keith at 589-2553. (2/26-TFN)

304 LAWN & GARDEN

3 SEASONS YARD Service LLC. Tree trimming, tree removal, and stump grinding. Hauling and dump runs, free estimates. Senior discounts. Satisfaction guaranteed. 719-588-1183. (3/29-TFN)

324 - FEED & SEED

PREMIUM ALFALFA AND grass/alfalfa, small bales \$8.00 in shed, \$7.00 outside (719) 580-2509. (02/19)

HORSE AND COW hay: grass, grass/alfalfa, alfalfa. 3x3 and 4x4 bales, various quality and pricing. 719-850-8917 (7-13-TFN)

351 LIVESTOCK

BRED EWES FOR sale. Various breeds and ages. Call Elena 719-849-9164.(1/8)

351 LIVESTOCK

FOR SALE 2 year old Limousin Bulls. Red, Black or Poll. Breeding Limousin Bulls Since 1971. E. Orth 719-852-3069 (01/09)

SALE REGISTERED BLACK Angus Bulls and semen sales Brink Livestock Services admin@brinklivestock.net www.brinklivestock.net 888-641-3750 / 719-480-3932.(1/21)

PIGS FOR SALE \$1.00 lb. live weight. 570-395-0184 (TFN)

360 - MISCELLANEOUS FOR SALE

MUST SELL NEW Sofa and Love Seat. Med Gray Color. 719-580-2332.(1/9)

NEW, BEAUTIFUL COAT. Warm lining, rich brown heavy denim. 2XL. Regular big smith. 32in front zipper length, chest 50-52. \$50. Call 719-429-9900.(1/8)

RAMSEY 12 VOLT Pro 8000R Series #817508 wench 93 ft. 5/16 cable. Remote switch, roller fairlead. 719-852-2285 (10/22-TFN)

ZACH'S EUROPEAN MOUNTS. Professional work, low prices. 719-580-0398. (TFN)

369 - PETS & SUPPLIES

FREE TO GOOD home. Adults and kittens. NO MOUSERS OR BARN CATS. Spay/neuter clinics coming to Alamosa in near future. Call Donna K 719-589-5952 or 719-580-9078. (TFN)

369 - PETS & SUPPLIES

NEED CATS FOR mousers? Want to adopt kittens? Help trap/neuter/release efforts? Donate food/litter/supplies? Low cost spay/neuter clinic for cats. <http://www.catsaliveslv.com> 719-298-7028. (TFN)

369 - PETS & SUPPLIES

VALLEY DOG TRAINING. Alamosa obedience agility classes. 6 weeks \$50.00 call 719-379-4157. (1/8)

ALL DOGS ADOPTED FROM THE VALLEY HUMANE LEAGUE HAVE TO BE SPAYED OR NEUTERED BEFORE GOING TO THEIR NEW HOME. (TFN)

FREE KITTENS TO good inside home. Call 719-250-7597.(1/15)

OOPS! GOT PUPPIES who need a home? San Luis Valley Animal Welfare Society is a nonprofit animal rescue dedicated to stopping the euthanasia of healthy adoptable pets. Having pets altered is the number one way to stop pet overpopulation. If your pet has had puppies contact us. We will take the puppies into our rescue and spay the mama dog for free after the puppies are weaned. If needed we will also provide dog food & gas money to get the dogs to us to help in this situation. Spay/neuter is one of the greatest gifts you can provide your pet, your family and your community. We have found good responsible homes for over 8,000 animals. Contact 719-587-9663 (WOOF); email: woof@slvaws.org. (TFN)

415 - HOMES FOR SALE

PORTER REALTY, INC. Excellent Service, Expert Advice **719-589-5899** 503 Main Street • Alamosa www.PorterRealty.com



\$269,000 - Larger home on 2.34 acres just minutes west of Alamosa on all pavement. 3 bedrooms (plus 2 additional bonus rooms), 3 bath, and 2 car attached garage. Tons of space with a full basement, two fireplaces, 2 living areas, and a south-facing sun-room. The roof is new, garage door is new, paint is fresh, and priced attractively for the square footage. A must-see! 5341 Road 5.4 S, Alamosa MLS # 764455



\$265,000 - Wonderful home sitting on a quiet street near the river and downtown. The original bungalow style home was enhanced by an addition that enlarged the kitchen, added 2 more bedrooms, bath, storage, office, living space, back porch and laundry. Private back patio with stamped concrete. 2 single car garages, storage buildings, sprinkler system, mature landscaping and more. Call today for more details. 10 La Veta Ave, Alamosa MLS # 763416



\$265,000 - Amazing brick single-story home sits on over half an acre. Large back yard, newer roof, updated bathrooms. The home has an open feel, but multiple living spaces to accommodate almost any lifestyle. 3 bedrooms, 2 bathrooms, attached 2-car garage, sunroom, and a small hobby room. Plenty of storage and on city utilities. 191 Curtis Lane, Alamosa MLS # 765014



\$112,000 - Four bedroom, one bath home with good rental history. Conveniently located, within walking distance of downtown. Would make an excellent rental or starter home. 1006 State Ave, Alamosa MLS # 764509

426 - MOBILE HOMES FOR SALE

MOBILE HOME FOR sale - 1982 Atlantic. 2 bedroom, 2 bath, 14x52, nice, very clean. Remodeled. In a nice/quiet trailer park. Listed price \$19,995/OBO. Call 719-496-7937 or 801-647-3944.(TFN-11/21)

525 GUNS

ZACH'S EUROPEAN MOUNTS. Professional work, low prices. 719-580-0398. (TFN)

601 APARTMENTS FOR RENT

Century Property Management & Sales, LLC Alamosa • 589-5744

PROPERTY MANAGEMENT SERVICE

For all your rental needs please call 719-589-5744 or stop by 823 Main St. Alamosa, CO 81101 www.alamosarentals.com

2 BEDROOM, DOUBLE garage duplex. \$800/Mo. No pets/smoking. References 2632 Clark 719-588-3431. (01/11)

611 - HOMES FOR RENT

HOUSE FOR RENT in Alamosa, 3 bedrooms, 1 bath. \$800 per month. \$800 damage deposit. Price includes all utilities. No pets, nonsmokers. Call 719-480-0108.(1/31)

BEAUTIFUL 3 BEDROOM, 2 bath country home with fireplace will be available January 1, 2020. 1st, Last, Security & Utility Deposit. 1-Year Lease. Monthly rent is \$800 plus utilities. Contact Cheryl (719)480-0502. Leave a message. (1/8)

RENT COUNTRY HOME 3 Bedroom & Loft 2 bathrooms 2mi Alamosa 800-641-3750 / 719-480-3932.(1/21)

\$30,000+
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 589-9205

Comics

CROSSWORD PUZZLE

- ACROSS**
- 1 Steal from
 - 4 Airgun ammo
 - 7 Typewriter type
 - 11 Plumbing bend
 - 12 Stadium noise
 - 14 Famed prep school
 - 15 Boxing great
 - 16 Weight or Capri
 - 17 Dog chow brand
 - 18 White water
 - 20 Like some arches
 - 22 Pop-up
 - 23 Fury
 - 24 Entertainer Della
 - 27 Omitted in speech
 - 30 As well as
 - 31 USC rival
 - 32 Chart shape
 - 34 Shoe-wiping place
 - 35 Does it wrong
 - 36 Lake dwellers
- DOWN**
- 1 Emulate a bronco
 - 2 Earthen jar
 - 3 Radar screen image
 - 4 Horse's gear
 - 5 Imperious
 - 6 Famed mule
 - 7 Rang out

A	M	P	M	O	S	T	S	T	A	B	
L	O	U	A	G	U	E	C	O	C	O	
T	I	N	L	E	E	R	A	U	R	A	
A	R	C	H	I	E	M	A	N	G	E	R
R	E	H	A	B	A	S	H				
			Z	U	R	I	C	H	E	E	
E	A	V	E	U	T	A	A	N	N	E	
P	I	E	D	N	E	V	P	S	S	T	
A	R	N	C	E	M	E	N	T			
		D	U	E		O	L	D	I	E	
K	E	E	N	E	R	D	R	I	N	G	
A	R	T	S	S	W	I	M	C	U	R	
R	I	T	E	V	E	R	A	E	R	E	
L	E	A	R	P	E	E	L	S	E	T	

- 8 "— do for now"
- 9 Handle problems
- 10 Soon
- 13 Pharmacy requests
- 19 In that case (2 wds.)
- 21 Opera tune
- 24 Barnyard animal
- 25 Gusto
- 26 Is, to Pedro
- 27 Light brown
- 28 Homer's "Aeneid," for one
- 29 Platter
- 31 Nuclear reactor fuel
- 33 Codgers' queries
- 35 "WNBA Tuesday" ailer
- 36 Lapp neighbor
- 38 Playground gear
- 39 Nice and warm
- 41 "Laughing" animal
- 42 Tree trunk
- 43 Dreaded czar
- 44 Good-natured
- 46 Military cap
- 47 Uniform
- 48 Wet and chilly
- 51 RSVP word

ALLEY OOP

THIS IS WHAT I WANTED TO GIVE YOU. THE UNIVERSE TRANSIT DEVICE!

YOU TURN THIS DIAL TO THE UNIVERSE YOU WANT TO TRAVEL TO, AND PUSH "GO."

AND THIS BUTTON LOCKS THE UNIVERSE UP. NO ONE CAN GO IN OR OUT OF IT FOR ONE YEAR.

WHY A YEAR?

IT USED TO BE FOREVER, BUT ONCE I LOCKED MY KEYS IN A UNIVERSE AND HAD TO CALL AN INTERDIMENSIONAL LOCKSMITH. SUCH A HASSLE!

ARLO & JANIS

OH, STOP IT!

I FEEL LIKE YOU'RE MAKING FUN OF ME!

I AM NOT MAKING FUN OF YOU!

I SAID, I FEEL LIKE YOU ARE!

BIG NATE

THE BEST WAY TO CREATE INTELLECTUAL PROPERTY IS TO START BY WRITING A BOOK!

THEN THE BOOK GETS ADAPTED INTO AN AWARD-WINNING TV SERIES...

...AND THEN HBO HANDS ME A ZILLION DOLLARS TO DEVELOP SPINOFF PROJECTS! THAT'S HOW YOU BUILD AN I.P. EMPIRE!

EXCEPT YOU'VE ONLY WRITTEN THREE WORDS. ...AND TWO OF THEM ARE YOUR NAME. YOU CAN'T RUSH GENIUS!

THE BORN LOSER

SIGH

I'VE GIVEN UP WISHING MY DREAMS WOULD COME TRUE...

NOW, I JUST HOPE THAT MY NIGHTMARES DON'T!

FOR BETTER OR FOR WORSE

I'M GLAD YOU DON'T MIND COMING TO THESE CLASSES AGAIN, JOHN.

NOT A BIT.

EVEN THOUGH WE'VE BEEN THROUGH THIS BEFORE, A REFRESHER COURSE IS A GOOD IDEA.

UH HUH.

IT'S BEEN 10 YEARS SINCE WE HAD LIZ—BUT IT SHOULDN'T TAKE LONG FOR EVERYTHING TO COME BACK.

...DO YOU THINK THIS IS THE RIGHT ROOM?

FRANK & ERNEST

RATHER THAN TELLING PEOPLE THAT WE'VE BEEN DEMOTED, LET'S SAY "A SEGMENT OF THE MILITARY HAS BEEN PRIVATIZED."

GARFIELD

WHAT WORRIES YOU, GARFIELD?

OH, YOU KNOW...

MY MORTALITY... PESTILENCE...

I'M WORRIED ABOUT THE ROBOT UPRISING

WELL, THERE WILL BE NO SLEEPING FOR ME TONIGHT

THE GRIZZWELLS

JUST FOR KICKS I ATE SOME CATNIP LAST NIGHT

YOU DUDE, YOU!

HOW WAS IT?

NOT ONLY WAS IT TASTY, BUT NOW I HAVE AN INCREDIBLE URGE TO WEAR TIE-DYE TEE SHIRTS

PEANUTS

WHAT DO YOU DO WITH TWO FRIENDS WHO ARE HAVING A MISUNDERSTANDING?

STRAIGHTEN THEM OUT! SHOW 'EM WHERE THEY'VE GONE WRONG!! TELL 'EM TO SHAPE UP!!!

IS THAT GOOD PSYCHOLOGY?

IN STRICT MEDICAL TERMS, IT'S CALLED "BUTTING IN!"

SUDOKU

DIFFICULTY RATING: ★☆☆☆☆

6	7		3	1	4	2			8
4		3	8	2					7
						1			
9		4	7		2	6	3	1	
				5					
7	3	2	6		1	8		9	
		7							
3			7	6	9		5		
5		1	4	3	8		2	6	

HERMAN

"I can't hear the peasants singing. You'd better put the guard on 'red alert.'"

Man's family treats him as a second-class citizen

DEAR ABBY: I have been married to a wonderful man for 33 years. He doesn't drink or smoke and has never used pot or drugs. We have the best time together, love each other and enjoy our life together.

The trouble is his family. He's the youngest, and they treat him like an outsider. Whenever we get together, his mother often tells him he was a "surprise" baby, and his siblings treat him like an interloper.

I have been wanting to limit our contact with his family, and my husband, who has been loyal to them even though they treat him this way, is finally coming around. I don't want to be rude, but his family will never change their ways.

What's the most polite way of distancing ourselves without hurting anyone?

-- OUTSIDER'S WIFE

DEAR WIFE: The "polite way" is to tell the relatives you can't see them because you have a schedule conflict, a previous commitment, a trip planned, a sick pet, or think you may be coming down with something contagious and don't want to give it to them. The BETTER way would be for you AND YOUR HUSBAND to tell them you don't like the way they treat him and if it continues, they will see much less of both

of you.

DEAR ABBY: I have been at my current job just over a year, and I really enjoy it. My co-workers and I get along, and it is a great job for my skill set.

When I was interviewing for the position, I made a point of saying that I am not the type of person who will leave after a short while because it's a problem employers face where I live. Recently, however, I have been asked to help my father run his business. He's not a young man, and he genuinely needs the help I can provide.

I'm torn. Should I put my family first, or keep my promise not to leave this job after such a short time?

-- TORN IN COLORADO

DEAR TORN: I think you already know what you must do. Talk to your boss, explain the situation and apologize. Then give enough notice that a replacement can be found so you are not leaving your employer in the lurch.

DEAR ABBY: My husband and I recently lost our beloved pet of 12 years, "Bootsy." He was our first "fur baby." His death was very sudden, and we are devastated. We don't have children; it was as if he was our firstborn. What can we do to get through the death of our beloved dog-child?

-- SUFFERING IN THE SOUTH

DEAR SUFFERING: I

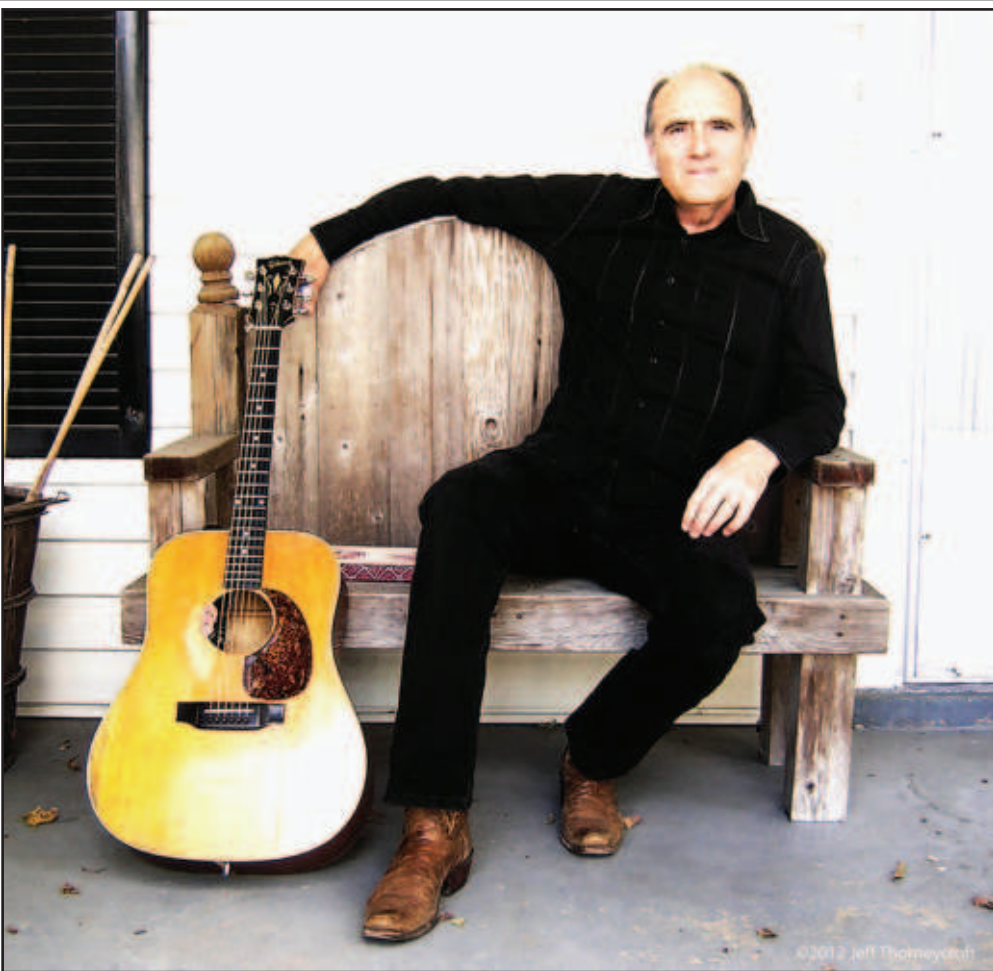


ABIGAIL VAN BUREN

am sorry for your loss. An unfortunate aspect of being emotionally invested in a pet is the reality that they have much shorter lifespans than humans do. Start the healing process by reminding each other that you gave Bootsy the best life possible. Consider making a contribution in his name to an animal rescue organization. Then contact the veterinarian who cared for Bootsy about joining a grief support group to help you through this time of bereavement.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

Lifestyle



Society Hall welcomes back Dana Cooper

ALAMOSA — One of the true troubadours of folk music Dana Cooper will be returning at 7 p.m. on Friday to Society Hall. Cooper is one of the most experienced road warrior songwriters there is anywhere, writing and delivering songs of the heart, of great depth, beauty, and wry humor, harvested from his heartland background, his breadth of experience and his 40-plus years on the road.

Audiences around the world are engaged and inspired by his quick wit, insightful stories and commanding presence. Cooper's songs have been recorded by top-notch artists such as bluegrass star Claire Lynch; Irish vocalist Maura O'Connell; and luminary songwriters Pierce Pettis and Susan Werner.

Dana is no stranger to the San Luis Valley, having been one of the featured songwriters in the SLV Cancer Relief Fund's "Concert for Cancer Relief" in 2015, as well as other appearances at area venues. He also has performed at Michael Hearne's Big Barn Dance Festival in Taos.

He is the recipient of the 2014 Heritage Musician Award from Pilgrim Center for the Arts in Kansas City, Mo., and was also named the 2015 Spirit of Folk award winner by Folk Alliance International. He has performed on Austin City Limits, Mountain Stage and the Kerrville Folk Festival where he was nominated for their Hall of Fame.

Cooper's mixture of flat-picking, finger-picking and percussive strumming style is legendary among other guitarists. He is also one of the best harmonica players around. An expressive singer, his voice is ageless,

evoking his rich lifetime of experience.

Cooper started out early — at 12 he sang, played drums, guitar and harmonica in local bands. By 13, he began writing his own songs and at 16 he performed regularly at the prestigious Vanguard Coffeehouse in Kansas City. His deep love and commitment to a life of music drew Cooper away from an art scholarship. He took to the road touring Midwest college coffeehouses for one year then sold an electric guitar and his entire record collection to buy a one-way ticket to Los Angeles. Four months later he was signed to Elektra Records where his eponymous first album was released in 1973. The record features such acclaimed players as Leland Sklar, Russ Kunkel and Jim Horn.

Cooper eventually moved to Texas writing, performing and recording with Shake Russell in the late 70s and with his own power trio, DC3 during the early 80s. Returning to his roots as a solo performer, Cooper relocated to Nashville in 1988. He has become an integral figure in the Music City songwriting community collaborating with renowned writers such as Tom Kimmel, Sally Baris, Kim Carnes and Don Henry. Cooper has been invited to participate in songwriting workshops from Belfast to Copenhagen to Austin.

His prolific endeavors have resulted in 28 albums. The critically acclaimed Miracle Mile on Compass Records was nominated for a Nashville Music Award as "Best Pop Album" and was chosen by Performing Songwriter magazine as one of the top DIY recordings for the year. Harry Truman

Built a Road was named one of the best records of 2002 by The Tennessean and was also chosen as one of the top twelve DIY recordings for that year. Made of Mud released on King Easy Records in 2005 won Cooper the "Best Male Songwriter Award" by Indie Acoustic Project. Working with co-producer/guitarist Thomm Jutz, Cooper released his 27th album, Building a Human Being, in September, 2015. Cooper and Jutz also coproduced his 28th recording, Incendiary Kid, which was released Oct. 20, 2017 on Travianna Records.

Robert K. Oermann in Music Row Magazine says of Building a Human Being "Nashville veteran Cooper wins the Disc of the Day prize. Highly recommended." Fellow singer songwriter Buzz Holland says "Cooper is a person who can sing like an angel and play like the devil." Legendary Texas singer songwriter Eric Taylor said of Cooper's performance at Kerrville Fall Festival 2015 "Dana Cooper gave the best solo performance I've seen and heard for many years. Could be the best I've ever."

For more information contact, contact Don Richmond at 719-588-3453 or email him at donrichmond@att.net.

Enjoy a music filled evening with Dana Cooper at Society Hall, 400 Ross Ave, Alamosa, Friday August 10th, "Where Community Celebrates!" Doors open at 6:00, music starts at 7:00. Beer and wine, as well as other refreshments and snacks are available. Tickets are \$15.00 in advance, \$20.00 day of the show and can be purchased online at www.societyhall.org or at the Green Spot in Alamosa.

Kentucky Belle Market stops using plastic bags

CREEDE — Plastic bags are no longer available at the Kentucky Belle Market since Jan. 1.

In an effort to reduce the amount of blue plastic bags in the local area, the Kentucky Belle Market announced they will stop offering plastic bags to its customers.

Reusable bags will be available for purchase and paper bags will remain available at no charge during the transition period.

The average life span of a single-use plastic bag is 12 minutes.

About 150 single-use bags are used annually per person.

The entry into town along the Silver Thread Scenic is becoming littered with single-use bags.

"In an effort to help clean our local area

from blue plastic bags we would like to do our part by asking our patrons to please use reusable bags, which we offer for sale. We will offer paper bags as a backup but beginning March 1 we will be charging \$.25 for their use. Our county disposal area is only so big, and it is filling up," said Ron Fief, Kentucky Belle Market Owner.

The store owners realize there will be an adjustment period for their patrons, so they will have reusable bags with the store logo available for sale in addition to offering paper bags for those that forget to bring their bag.

On March 1, a paper bag fee of \$.25 per bag will go into effect.

The Kentucky Belle Market is located at 103 W. 2nd Street, Creede and is open year-round. For additional information visit their website, kentuckybellemarket.com.

9 Reasons to Shop Local

1 Shopping Local Creates Jobs: The jobs created allow spending in the local economy and helps create more jobs.

2 Local independent businesses invest more in our community: They support local charities, schools and community events which financially impacts our community.

3 Local businesses sell a wide range of great products at affordable prices and cater to the needs and wants of the community.

4 Shopping Local saves you money and time! Travel expenses and personal time make the overall cost of items higher.

5 Shopping Local retains our community: Without the support in the local community, restaurants, shops and services are forced to close.

6 Shopping Local retains our distinctiveness: Local businesses respond quicker to the needs of the customers and stock products to meet the core community's needs.

7 Shopping Local encourages community growth. By choosing to do business locally you help maintain Alamosa's diversity, charm & appeal. Which in turn, attracts new community members.

8 Shopping Local invests in community services and city economy. Your dollars spent in locally-owned businesses have three times the impact on your community as dollars spent outside of Alamosa.

9 Local shops value you more: Local businesses survive by their reputation & repeat business which means you get a higher standard of service.

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