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LOCAL NEWS... LOCAL VIEWS

JANUARY 15, 2019

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Commodity distribution

RIO GRANDE COUNTY—The TEFAP program will be distributing commodities in Rio Grande County on Jan. 22, at the Ski-Hi Park starting at approximately 10 a.m. until the food is gone. Eligible TEFAP recipients are able to receive each month in Monte Vista as long as they are Rio Grande County residents. Participation in the Temporary Emergency Food Assistance Program is available to all eligible persons regardless of age, race, sex, handicap or origin.

Women's March on Saturday

ALAMOSA — Everyone is invited to join the San Luis Valley Women's March at 10 a.m. Saturday at the corner of Richardson Avenue and Main Street in Alamosa. This family-friendly, nonpartisan event will be led by the Adams State University Drum Line. The theme, "Vision 2020," celebrates 100 years of women voting. Following the march will be a one-hour program at Adam State University's Carson Auditorium, located in the Student Union Building. Community members will present information on various social issues. Join us! For more details, call 719-480-4771.

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SLV WEATHER



Sunny 35/2

Thurs.: Snow showers 33/19 Fri.: Partly Cloudy 37/6

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Passing the sniff test

Council motions for 2nd read on odor ordinance

By DANIEL McKILLOP
Courier Editor

ALAMOSA — After the first reading on Dec. 18 Alamosa City Council meeting, there will be a public hearing and second reading at 7 tonight at City Hall on an ordinance declaring unreasonable odors to be nuisances and providing for the prohibition and abatement of them.

Council voted unanimously for the second reading during its last meeting, but Councilor Michael Carson raised concerns about the odors ordinance.

City Attorney Erich Schwiesow said while creating a section within the section with marijuana grows, Ordinance 30-2019, the city fielded a few questions that meant they could still grow hemp outdoors and the answer is, yes. But there is very little difference in the way a hemp plant looks and a hemp plant smells, as it's the way a marijuana plant looks and a marijuana plant smells, which leads to the question: "Are people going to be growing marijuana and claiming that it is hemp?"

Schwiesow said if people grew hemp and that causes odor problems, which was like when council

■ See ODOR page 3



City Manager Heather Brooks (right) and City Attorney Erich Schwiesow share their insights during the Dec. 18 City Council meeting. To Schwiesow's right is City Clerk Holly Martinez and Councilor David Broyles.

Courier photo by Daniel McKillop



The Adams State "Music of Americas Project" will perform a free concert at 7 p.m. on Monday in Richardson Hall Auditorium in honor of MLK Day.

Courtesy photo

ASU will honor MLK

Adams State ready to host 2 free events

ALAMOSA — Adams State University will recognize MLK Day on Monday, with two free events open to the public.

A lecture, "MLK in the Age of Trump" by Ed Crowther, Ph.D., emeritus professor of history, begins at noon in McDaniel Hall, room 101. The performance "Music of Americas Project" begins at 7 p.m. in Richardson Hall Auditorium.

Martin Luther King, Jr., was assassinated 52 years ago, the same year the last major piece of civil rights legislation was signed into law. Crowther will elaborate on today's, radicalized voting, economic, and residential data that continue to indicate King's beloved community continues to be more aspirational than actualized. In contemporary discourse, King's words often appear weaponized rather than

prophetic and inspirational. Making sense of King's dream in our contemporary times is an important civic challenge.

According to James Doyle, DMA, director of the "Music of Americas Project," the performance will be a 45-minute high energy production, featuring 15 Adams State students and explores the music resulting from the Trans-Atlantic slave trade to the Americas. The concert will include "Brazilian Samba Batucada," three steel pan works, "Jumbie," "Sunset" and "Steelband Paradise," from Trinidad and Tobago; a Ghanaian drum and dance piece titled "Kpanlogo" with traditional choreography; "Lost Your Head Blues" by Bessie Smith featuring vocalist Alissa Morones; "La Cura," a standard salsa chart by Frankie Ruiz, featuring vocalist Jennifer Lorenzo; "Ican," a standard Afro-Cuban/Latin Jazz chart by Poncho Sanchez; "Quimbara," a standard salsa chart by Celia Cruz, featuring vocalist Jennifer Lorenzo;

"Chango," a Dominican Republic merengue and Jamaican reggae by "Ozomatli," featuring Alissa Morones; and "Bourbon Street Parade," a New Orleans parade band tune.

Acting as a musical ambassador for Adams State, the "Music of Americas Project" will perform in high school assemblies in Buena Vista and the Front Range. On Jan. 25, it will perform at the Colorado Music Educators Association Conference at the Broadmoor.

"I am so very excited about this group and concert and hope we can get a good crowd for our tour send-off," Doyle said. He and Nick Saenz, Ph.D., professor of history, are recording a podcast this week to send in advance to schools in which they discuss colonization, the slave trade and the impact on the Americas as it pertains to music and culture.

Report courtesy of Linda Relyea, Assistant Director of Communications, Adams State University | Public Relations.

ASU's graduate programs keep pace with the times

ALAMOSA — Adams State University enters the new decade meeting the growing demand for relevant master's degrees.

The Office of Graduate Studies is currently accepting applications for graduate students seeking an M.A. in U.S. History; M.A. in Cultural Resource Management; and an M.A. in Public Administration.

Interim Vice President of Graduate Studies Teri McCartney, Ph.D., believes the programs fit a niche for students hoping to advance in their current professions and increase their marketability. "Adams has offered these degrees through the Humanities Department for several years, but with the blessing of our Board of Trustees and the state of Colorado, we were able to change the names to reflect what the degree truly represents. The newly named master's degrees are perfect for prospective students who want to target specific disciplines."

Adams State Graduate Office offers post-graduate degrees in counselor education, business administration, cultural resource management, higher education administration and leadership, kinesiology, music education, public administration, teacher education and U.S. history and one Ph.D. in counselor education and supervision. The programs are delivered full or part-time, on-campus or online.

The 2019 Spring Graduate Commencement Ceremony awarded nine doctorate and 358 master's degrees. "Our graduate enrollment continues to increase every year," McCartney added. The fall 2019 census showed a population of 1,147 graduate students. "We deliver quality programs designed to meet the needs of working professionals."

Report courtesy of Linda Relyea, Assistant Director of Communications, Adams State University | Public Relations.



Courtesy photo by Linda Relyea

Adams State continues to develop and improve graduate programs for those seeking relevant master's degrees. Pictured, the 2019 Spring Graduate Commencement Ceremony awarded nine doctorate and 358 master's degrees.

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Record

January is Thyroid Awareness Month

Column

January. It's the time of year when the majority of Americans sit down to plan out their New Year's resolution.

What's my weight? Why am I so tired? Why can't I seem to get things done? If only I could focus and be motivated. For over 20 million Americans, the answer may lay in a little known butterfly shaped gland known as the thyroid.

As a primary care provider, I spend a great deal of time educating my patients about the role that the thyroid gland plays in our everyday life. The thyroid is responsible for the production of two major hormones; T3 and T4. These hormones help regulate numerous functions in our body including metabolism, temperature, brain development, mood and so much more.

While there can be a number of different conditions that affect the thyroid, perhaps the most widely recognized is hypothyroidism or the underactive thyroid.

Fatigue, cold intolerance, bloating, weakened muscles, dry skin, constipation, thinning hair, slowed memory, and weight gain can all indicate that your thyroid gland is malfunctioning.

Scheduling an appointment with your health care provider is the best way to determine if you have a thyroid disorder.

When we suspect a patient may have a thyroid disorder, a physical exam and blood work will be obtained to determine if the thyroid is working correctly.

If the thyroid is underactive, medications can be used to restore normal hormone levels and give patients relief from their symptoms.

It is important to know that women are 5-8 times more likely to develop hypothyroidism than men, however men can also suffer from severe symptoms of this disease.

Now let's talk about hyperthyroidism.

What if your anxiety, heart palpitations and sleepless nights were more than just stress? Hyperthyroidism is a less common condition, in which the thyroid becomes overactive.

Individuals with over active thyroid disease may experience a racing heart, anxiety, heat intolerance, weight loss, menstrual irregularities or insomnia. Patients with these symptoms should be evaluated by their primary care provider, have a thorough physical exam and blood work completed.

Treatment for this condition varies, but can include medication, radioiodine ablation or surgery. Untreated hyperthyroidism can lead to a medical emergency and should be treated as soon as possible.

While the thyroid can be underactive or overactive, it can also function normally and still yet develop disease.

Thyroid cancer occurs when cells in the thyroid mutate and develop into a growth or nodule. Thyroid cancer is the least well known of the thyroid disorders and has increased in prevalence in the United States, with over 56,000 new cases identified each year.

Unfortunately, the symptoms of thyroid cancer are typically not as noticeable as other thyroid diseases and may only present as a small discrete lump or nodule near the "Adams apple" or neck.

Some patients may describe slight swelling to the neck or a chronic cough; however, these are less common.

It is important to know that thyroid cancers do not always show up in blood work initially.

Attending your yearly physical with your health care provider is one of the best screening methods for this type of cancer.

During this visit we can assess if the thyroid size is abnormal or if nodules are present. The good news is that the prognosis for thyroid cancer is very good, and the earlier treatment is started, the better.

As we head into the new year, I always remember the adage, "It is easier to stay healthy, than to get healthy."

What better time than January to schedule an appointment with you primary care provider for a wellness visit to discuss screening for thyroid disease?

Courtesy of Mallori Gariner, FNP and San Luis Valley Health.

ALAMOSA—The San Luis Valley Military Family Support Group meets the fourth Tuesday at 7 p.m. in Alamosa. For more info call Vicki Jones at 852-3123.

ALAMOSA — Sierra Blanca Chapter #43, Order of The Eastern Star, meets on the first and third Mondays, at 7:30 p.m. at the Alamosa Masonic Hall, 512 San Juan Ave. Call Sharon at 589-4320.

ALAMOSA—La Leche League of the San Luis Valley holds its monthly meetings on the fourth Saturday at 11 a.m. at Hospice del Valle, 524 Main St. in Alamosa. Pregnant and nursing women are welcome to attend with their children and babies. Please call 587-3657.

ALAMOSA —The Alamosa Kiwanis Club meets on the second, third and fourth Thursdays at noon at IHOP. Contact: Amanda Wilkinson, 719-589-2564 or email amanda@alamosastatebank.com

ALAMOSA — The Optimist Club of Alamosa meets at Nino's Restaurant in Alamosa the first and third Tuesdays at noon. Contact the club at alamosaoptimistclub@gmail.com or President Dawn Melgares at 719-580-0178. Visitors and new members are welcome.

ALAMOSA —The Alamosa Rotary Club meets every Monday at noon at Juanitos in Alamosa. Contact Dean Swift, 589-3499 or dean@deanswiftseed.com

ALAMOSA — Veterans Therapeutic/Support Group meets every Monday from 5-6:30 p.m. at 315 State Ave. Ste 101, Alamosa. Call 588-8885 to register or email d.counselingservices@hotmail.com

SOUTH FORK — Kiwanis meets every Thursday at 8 a.m. at the Feelin' Good Coffeehouse in South Fork. Contact: Karen Miller, 719-873-5466 or email mkmiller-

ONGOING VALLEY MEETINGS

mink@aol.com

MONTE VISTA—The Alzheimer's Caregiver's Support Group meets on the second Thursday from 11 a.m. to noon at the Chamber of Commerce, 947 1st Avenue, Monte Vista. Call the Southern Colorado office at 719-372-5985.

ALAMOSA — TOPS (Taking Off Pounds Sensibly) CO 568, Alamosa, a non-profit weight loss organization, meets every Tuesday evening at the College Heights Baptist Church at 2035 Church Avenue in Alamosa. Weigh-in is at 5:30 p.m. with an informative meeting at 6:15. Anyone interested in having weight loss support is welcome to attend a free meeting or call Doris at 589-6396 for more information.

ALAMOSA — Search and Rescue meetings are the fourth Tuesday at the Alamosa County Sheriff Office, 1315 17th St., at 6 p.m. Anyone interested in becoming a volunteer is welcome. Call Suzi at 719-588-9236.

ALAMOSA — The San Luis Valley Photography Club meets the first Wednesday at the Alamosa Public Library at 6:30 p.m. Contact Stephen Jensen at 379-0001 or slv-photostephen@gmail.com

ALAMOSA — Families Healing Families is a community-based organization that provides support and resources for families affected by the impact of substance abuse. They meet on the third Thursday at 6:30 p.m. at the Senior Citizens Center at 92 Rio Grande Ave. (on the north end of Cole Park) in Alamosa.

ALAMOSA— Peace Meditation at the Campus Ministry Office, Adam State University, Alamosa, is held on Thursdays at 5:15 p.m. Everyone is invited. Contact Candace Knowlan 805-886-6959.

ALAMOSA — American Legion Auxiliary Unit #113, Alamosa, holds its monthly meeting at 6 p.m. on the second Wednesday

at the American Legion Building at 514 Fourth Street, Alamosa. Call Evelyn Espinola at 719-313-1466 or Alice Robinson at 589-0543.

ALAMOSA — Open drop-in meditation for health, stress management and spiritual growth, is held at 10:45 a.m. the second Sunday of the month at St. Thomas Episcopal Parish Hall, 607 Fourth St., Alamosa, with Mountain Institute, A Kriya, Meditation & Lamp-lighting School. Contact Martin at 575-758-5876 or talentolocal@live.com

ALAMOSA — Youngsters are invited to the Alamosa Public Library Story Room every Friday morning to sing, color, dance, read, enjoy adventures, share with friends and giggle. Babies and toddlers are welcome at 9:30 a.m. and preschoolers at 11 a.m.

ALAMOSA — Free breast feeding classes are offered in Alamosa at the San Luis Valley Health Education and Conference Center on the second and fourth Mondays of each month from 3-4 p.m.

MONTE VISTA—Valley Fiber Art Guild—VFA is a group for anyone interested in fiber arts: knitting, crocheting, weaving and spinning. We work on our individual projects, sometimes do projects together and learn from each other. We meet the fourth Saturday of every month from 1 p.m. until 4:30 p.m. at 757 County Rd. 29, Monte Vista. Call or email Wanda Couzens-Smith for more information at (719) 852-5000 or wcouzens-smith@gmail.com

ALAMOSA— Alamosa Masonic Lodge meetings are every first and third Thursdays at 7 p.m. (except June, July and August) at the Alamosa Masonic Lodge, Main and San Juan.

ALAMOSA — A Caregivers Support Group meets at First United Methodist Church, 2005 Mullins, Alamosa, on the first Monday of every month. For more informa-

tion, call 589-2243.

ALAMOSA — Alamosa Toastmasters meets on Mondays at noon at The Bridge in Alamosa at 3407 Carroll Street. Participants will find a supportive learn-by-doing environment that allows them to achieve their goals at their own pace. Call (719) 588-5127.

ALAMOSA—The GFWC Woman's Citizenship Club of Alamosa meets on the second Friday at noon from September through May at First United Methodist Church, NW door, 2005 Mullins Ave. For more information, please email: womanscitizenshipclub@gmail.com.

ALAMOSA — Made up of community members who write in many different genres, the Sophia Circle meets weekly to provide support for writers and their writing projects in the downstairs conference room at the Colorado Welcome Center at Alamosa, 6th and State on Sundays from 1-3 p.m.. Writers may drop in on any meeting. Bring copies of the work you want to share. Call Holly at 719-588-7066.

CENTER — The Center Kiwanis meets every Monday at 6:30 p.m. in the Kiwanis Hall in Center. Contact Dick Ramstetter at 719-580-3329.

ALAMOSA — Silver Linings, an open and free positivity group, meets Wednesdays at 5:30 p.m. at Nestle Toll House Café in downtown Alamosa.

ALAMOSA — Groups are held for women who have experienced domestic violence every second Tuesday from 5-6 p.m. at the Grizzly Training Center, Alamosa. There will be refreshments and childcare provided. Contact Jennifer McCoy-Hanna at Tu Casa, Inc. 719-589-2465.

ALAMOSA — Grief support group meets the first Tuesday of every month at the Alamosa 1st United Methodist Church from 5:30-6:30 p.m. Call Liz Hood, 580-3697.

ALCOHOLICS ANONYMOUS MEETINGS

VALLEY — The San Luis Valley offers many Alcoholics Anonymous groups.

TUESDAY
12 p.m. First Christian Church at 1st and State, Alamosa
8 p.m. Mountain View Presbyterian Church at 2nd and Broadway, Monte Vista

WEDNESDAY
12 p.m. First United Methodist Church at 2005 Mullins, Alamosa
6 p.m. Senior Citizen's Building at 710 Main St., Antonito
6 p.m. Amistad of San Luis at 403 Main St., San Luis
7:15 p.m. RV Park in Blanca
7:30 p.m. Masonic Hall at 598 Spruce, Del Norte.
8 p.m. St. Thomas Episcopal Church at 607 4th St., Alamosa.

THURSDAY
12 p.m. First Christian Church at 1st and State, Alamosa
12 p.m. Crestone Baptist Church, County Rd. T, Crestone

FRIDAY
7 p.m. Sacred Heart School at 3rd and Edison, Alamosa.

SATURDAY
5:30 p.m. at 929 State Ave., Alamosa
6 p.m. Senior Citizen's Building at 710 Main St., Antonito.
8 p.m. Mountain View Presbyterian Church at 2nd and Broadway, Monte Vista

For schedule changes, please contact your group service representative (GSR)

AL-ANON
TUESDAY
8 p.m. 15 Country Club Dr. Monte Vista

WEDNESDAY
5:30 p.m. SLV Behavior Health Group at 8745 CR 9S., Alamosa

THURSDAY
5:30 p.m. First Christian Church at 518 1st St., Alamosa
7 p.m. Crestone Town Hall, downtown Crestone (second and fourth Thursdays)

COURIER POLICY ON OBITUARIES
The Courier charges \$30 for each obituary per day. Pending arrangements or death notices are free. This charge affects funeral homes, family or other representatives that place obituaries. All paid obituaries are published on www.alamosanews.com, for no additional fee. Please email obituaries if possible to news@alamosanews.com. If the newspaper errors in publishing an obit, corrections will be made and the obit rerun. If the errors are on the part of the submitting party, an additional fee will be assessed.

San Luis Valley Crimestoppers
If you have information about an unreported or unsolved crime in the San Luis Valley, Crimestoppers pays for information that leads to the arrest of criminal offenders. Citizens may report crimes anonymously and remain eligible for rewards.
Call San Luis Valley Crimestoppers at 589-4111.



County Commissioners declare that vaping is a public health crisis

The Alamosa County Commissioners signed a proclamation on Tuesday morning declaring vaping to be a public health crisis. Reese Canaan, Chenoa Candy, Kaidence Boehm and Jaimey Turner from Alamosa School District's Students Against Destructive Decisions, along with members of the County's Public Health staff, joined the Commissioners for the occasion.

Courier photo by Helen Smith

School Menu - Wednesday - Jan. 15, 2020

BREAKFAST
Oatmeal Raisin Bar
Juice & Fruit
ELEMENTARY
Chicken & Tomato Bake
Corn
Garlic Bread
Vegetable Bar
SECONDARY
Chicken & Tomato Bake
Corn
Garlic Bread
Vegetable Bar

To sponsor the School Menu call 589-2553

Valley News

Odor

Continued from Page 1

was concerned about with marijuana when it worked on a marijuana ordinance.

"We had provisions in that ordinance that address odors that might migrate off of the property and we have no similar provisions for anything else," Schwiesow said. "And, so what this ordinance does is kind of fill that gap and it goes beyond just marijuana or hemp to talk about (not only) offensive odors but about odors in general, so you can have a dead animal in your yard or a dead skunk or something that doesn't get taken care of that also creates odor problems."

In fact in municipal court, a dispute relating to someone who was doing some furnisher refinishing underneath their apartment neighbor's window and that caused all kinds of disturbances, Schwiesow said. So it's more broad than merely the hemp/marijuana question, but there is not anything in the current code to deal with that.

This ordinance defines an offensive odor as both being "unreasonably noxious, unpleasant or strong to a person of ordinary sensibilities" and it also has to continue for a period of access of 30 minutes and continuing off the property owned by the person who is generating this odor, Schwiesow said. So, that is sort of the way the ordinance is designed to function. Exemptions are made for temporary orders relating to rodeos, stock shows, tarring operations and other kinds of things, which has been known to happen and can generate strong odors, but that's just part of life and also does not apply in agricultural zones.

He added that the ordinance specifies in both agricultural zones and industrial zones the threshold for what might be an offensive odor is significantly higher than what it would be in a residential zone.

Carson interjected, asking who initiated this, first of all? How long ago did it get initiated? "Because I have never seen anything about this," Carson said. "Personally, I think this is a huge overreach, and I don't have enough information to make a good, conscience vote on this, but I can see where they're tied, but you'd have to get pretty specific and I think personally this ... I'd personally have to look at it more because there are issues where you have huge offensive odors all over town that can't be controlled."

"I mean there are issues that, yeah, we deal with that all of the time and you can't really shut them down because they have an offensive odor. So, I just want to know when this came about, how long it has been on the radar and I apologize for missing this. Because I really did miss this completely."

Schwiesow said it hasn't been on council's radar.

"So, the initiation, as I was talking about, came from questions that staff started getting whether they can grow hemp, even outdoors, even though they



Courier photo by Daniel McKillop

Councilors Mike Carson (left) and Charlie Griego look on during the Dec. 18 Alamosa City Council meeting at City Hall.

"They're not forced to write a citation just because someone is complaining."

—Heather Brooks
Alamosa City Manager

couldn't grow marijuana outdoors," Schwiesow said. "And the concern that I had was, yeah, we can deal with marijuana odors outdoors because we had an ordinance that addressed it. Now, we don't. Because now we don't address growing marijuana outdoors other than to say you don't do it. Hemp and marijuana, I haven't seen a lot of it outdoors in Colorado or Alamosa, but people are getting creative with growing that kind of stuff, so that's the concern."

Carson said he would like to hear Alamosa Police Chief Kenny Anderson's opinion about enforcing the odor ordinance.

Alamosa City Manager Heather Brooks said none of Alamosa still doesn't have anything in its ordinances concerning a smell that is a nuisance.

"We have no way of addressing that and so that is what the issue is," Brooks said. "It just happened to be connected from a thought process to some of that other stuff that was going on, but you can take the marijuana out, you can take the hemp out, but you can have a dead animal in someone's backyard or they can have rubbish in their backyard or they can have something else that is creating a nuisance for their neighbors and without something like this, we have no way of addressing that."

Anderson said he completely agreed with Brooks.

"Obviously, the calls are rare that we get, but we have an obligation to the community that we have to follow-up on, and currently we don't have anything that we can do," Anderson said. "So, that's why it's being brought to your attention. Carson said the odor issue is valid."

"I also think that we should start looking at if we're going to address nuisances as this, I think we need to start looking at

right of ways and some of the nuisances that that's causing — just in general," Carson said. "I feel like this is kind of an overreach in a general sense because it's easy to generalize stuff and this is one of those things that unless you're pretty specific about those odors, it can be used by an angry neighbor against another angry neighbor, so let's put it that way."

"So again, I haven't read as much as I'd like to on it, so I just wanted to know how quickly or when this (came) up. It's interesting."

Brooks said the other thing that she would add to that concern — and she thinks it's a very valid concern because sometimes there are neighbors who do not agree and they like to use the police to be the go-between sometimes and sometimes it's loud music, it's loud noises, those types of things that could be something related to this.

Brooks said it also could be other items, weeds, those types of things, so officers have discretion in regards to how they're going to handle those complaints. So if they don't feel as though it's legitimate and they feel like it's just one neighbor trying to get at another neighbor, they'll handle that appropriately.

"They're not forced to write a citation just because someone is complaining," Brooks said. "They're going to use their judgment, they're going to look at the language, that Erich reviewed, that they feel like this is a legitimate type of nuisance and not get caught up in neighbors going at it each other."

Brooks asked Anderson, "Am I correct in that, Chief?"

Anderson replied: "Correct."

Councilor Kristina Daniel said no smells are listed in council's nuisance ordinance and that's why there is a need for a whole new one.

Said Schwiesow in response to Daniel: "I don't think you're recalling that conversation correctly because when we wrote it into the new ordinance, we wrote into the one that got repealed by the citizens' initiative, so, we had in that prior code that you could grow marijuana outdoors so long as it is an enclosed area and so long as long as it does not migrate past your property boundary."

Brooks said it is in a separate part of the code, not in our general nuisance area, so when that part of the code went away with the election — because one just can't grow it — that's when it came to light that there is not anything related to an odor nuisance.

Councilor Charlie Griego then made the motion to pass on first reading Ordinance No. 30—20.19 for setting for a public hearing on Jan. 15.

Carson said: "The first reading we're giving examples of offensive odors, but this is not binding. Said Carson to Anderson: "Have you read through this?"

The Chief replied, "Part of it, yes." Carson said: "I just want to know. Is this specific or is this just examples, is this what we're binding?"

Schwiesow said the definition of an offensive odor doesn't incorporate those examples. The examples indicate things that generally can be offensive odors to a person of reasonable sensibility, but the definition says ...

Carson interjected and said that's my concern.

"There are people with very reasonable allergies to perfumes, to different kinds of smells, and so it is a valid concern, but it opens up a whole can of worms," he added.

Schwiesow said that is why it is to persons of "ordinary sensibility. So, if you're a thin-skinned person with very strong ..."

Schwiesow added: "We're getting into a place where ... then you are not ordinary."

Carson said: "You can complain, you can be offended by anything nowadays."

"And the thing is if I'm offended by (something) and you're not calling me ordinary, then, I can be offended by your smell. And that's the thing. ..."

Brooks said, "Being offended still doesn't meet the definition."

Carson replied: "Well ..."

Brooks said: "Being offended doesn't mean you're reasonably offended; I mean, it's ... so yes, anyone can be offended, anyone can actually have a thin-skin and certain things get to them, but that standard is the reasonable person."

Schwiesow said it is the same standard that is in the noise ordinance, which is unreasonable noise to a person of ordinary sensibility.

"Now, you may be a person who hates music being played at 4 in the afternoon," Schwiesow said. "When you call up and make a complaint to the police, they are going to come by and say, 'It's 4 in the afternoon and they're having a yard party. Now, deal with it.' A person of ordinary sensibility isn't going to have a problem with it."

Valley-Wide presents \$62,196 check to La Puente



Press release, including photo, courtesy of Suzanne DeVore, CPA Decision Support Analyst, Valley-Wide

On Monday, Valley-Wide Health Systems presented La Puente Home, Inc. with a check for over \$62,000. The proceeds were earned from the 2019 Share the Magic event. This annual program would not be possible without the partnership of La Puente Home, Adams State University Theatre and Valley-Wide, as well as community sponsors, vendors and volunteers. Valley-Wide extends its gratitude to each for contributing to this community event and the work La Puente Home does for the community's most vulnerable citizens. And Valley-Wide extends its gratitude to the Valley Courier for its contribution of printing the fun and informative insert on the Share the Magic event and the "Treasure Island" play. "La Puente is so incredibly proud of the decades long partnership that is Share the Magic," said Israel Garcia, Director of Community Education, La Puente Home, Inc. "It is a wonderful testament to the strength of our community and our willingness to cooperate. These funds will go to fund the critical needs of the most vulnerable in our community. We are so thankful for Valley-Wide and Adams State's continual support."

Garcia offers Monte Vista \$10,000 grant

DENVER — Rick M. Garcia, Executive Director of Colorado Department of Local Affairs' Executive Directors Office, has offered a \$10,000 grant to the Monte Vista Small Business Plan on Tuesday.

"In response to your recent request, I am offering to enter into a contract for a grant in the amount of \$10,000 to assist with the completion of a Small Business Sustainable Economy Plan, through participation in the Colorado Challenge Program," said Garcia in a letter addressed to Monte Vista Mayor Dale Becker. "We anticipate these grant funds will be from state severance tax proceeds, which may cause you to go to election to receive and spend these funds."

"You should confer with your legal and budget advisors to determine if such an election is necessary."

Please contact your Regional Manager, Christy Doon, at 719-589-2251 for information on how to proceed, Garcia added. Expenditure of state funds prior to the contract being fully executed cannot be included in the contract budget or reimbursed by the state.

"If a circumstance arises and you must spend your match dollars sooner than the full execution of the grant agreement, your regional manager must be contacted immediately to discuss the need and offer an appropriate solution," he added. "Per our program guidelines, this offer is valid for one year from the date of this letter."

"Thank you for helping Colorado build an economy where all Coloradans can thrive."

SKI-HI 6 SHOWTIMES
719-589-4471

Tues - Thurs: 5:40, 8:20
LIKE A BOSS
The world of beauty is about to get ugly R

Tues - Thurs: 5:30, 8:20
UNDERWATER
Below the surface something has awakened PG-13

Tues - Thurs: 5:20, 8:10
JUMANJI
Dwayne Johnson, Kevin Hart PG-13

Tues - Thurs: 4:45, 8:00
STAR WARS
Every generation has a legend PG-13

Tues - Thurs: 5:35, 8:10
THE GRUDGE
It will never let you go R

Tues - Thurs: 5:20, 8:10
BOMBHELL
Charlize Theron, Nicole Kidman R

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Opinion

God bless America ...

HOLLYWOOD— God Bless America, and how's everybody?

Prince Harry and Duchess Meghan's decision to take off for Canada and live in Vancouver means we will have them here January through March. Their entire country winters in L.A. This time of year, there are so many Canadians in Southern California it hardly feels like Mexico anymore.

Queen Elizabeth and Prince Charles were reportedly furious when Harry announced he and Meghan are moving to Canada. They were supposed to clear the announcement first. The Queen insists it is NOT a demotion, but Harry and Meghan are now the Duke and Duchess of Saskatchewan.



Argus Hamilton

Queen Elizabeth summoned Prince Harry and Duchess Meghan to Sandringham Castle after the couple's announcement they're stepping down. Harry has blindsided the Queen by abdicating his born duties. The Queen is reported to be deeply upset about Prince Harry's car accident next week. Prince Harry and Duchess Meghan announced they're stepping down from their Royal duties and moving to Canada. They plan to live in Vancouver. Justin Trudeau is now huddled with Canada's Chief of Protocol to see if, on their arrival, he should greet them in Blackface or Whiteface.

The U.S. Senate is being deluged by offers by politicians to testify in a Senate impeachment trial of President Trump both for and against him. They miss no opportunity to ham it up on TV in front of their voters. Politicians are like sperm, only one in a million turns out to be an actual human being.

Iran's government at first denied accidentally shooting down the Ukrainian airliner that went down shortly after takeoff last week from Teheran Airport.

Another huge controversy is brewing. Video clearly shows that Iran shot down the airliner but the New York City prison coroner has ruled it a suicide.

President Trump insisted on his right to drone strike Iran's General Soleimani at the Baghdad Airport on Friday. Many are skeptical. After Iran's counterattack, it's now widely believed that the Iranians fired the missile that accidentally killed Soleimani, and that Trump is just taking credit for it.

Iran's Ayatollah warned the U.S. on Friday that last week's missile attack was just a taste of what their military can do. They fired 12 missiles, all of them duds, and Iran said they have more of those where they came from, Acme Manufacturing. They shop at the same place as the Democrats.

Democratic presidential candidate Joe Biden shook up the race on Thursday by announcing if elected president he would name Barack Obama to sit on the Supreme Court. Biden didn't stop there. In addition, Joe also promised he would appoint Bill Clinton to be a judge on The Bachelorette.

Michael Moore in an interview with Rolling Stone's podcast forecasted that President Trump will be re-elected to another four years in office in November.

He then warned Americans to stop trusting white people. I think the only white person Michael Moore trusts is the Pillsbury Doughboy.

Florida prosecutors appealed New England Patriots owner Bob Kraft's skating on prostitution charges. A judge had ruled the blanket video surveillance of all customers at the Asian Spa was unconstitutional. The more serious charge is that Bob Kraft is 78, and that's underage sex in Florida.

Graceland in Memphis had a vigil Wednesday to mark the 85th anniversary of the birth of Elvis Presley. When Elvis died, pathologists found in his blood large amounts of Dilaudid, Percodan, Demerol, codeine and Quaalude. There's no way he left us for a better world than that one.

CBS News reports that 30% of Millennials who live in Los Angeles still live with their parents for various reasons. Yesterday morning an L.A. Millennial told his mom and dad that he's finally decided to grow up and live alone. He gave them two hours to pack their things and leave the house.

Argus Hamilton is the host comedian at The Comedy Store in Hollywood and entertains groups and organizations around the country. E-mail him at Argus@ArgusHamilton.com.



To submit news, email: news@alamosanews.com
To submit sports, email: sjiron@alamosanews.com

Letters policy

Letters are welcome and encouraged. All letters submitted for publication in the Valley Courier must be typewritten, signed by the author, and must include a phone number and address where the author can be reached. Letters must not be libelous. The Courier will not run letters that are negative to specific businesses. The Courier's editorial board reserves the right to reject a letter for reasons it believes are appropriate. Letters may be subject to editing to fit available space, or exclusion from the Opinion Page. Please, no poetry. Please send signed letters to P.O. Box 1099, Alamosa, CO 81101 or email them to news@alamosanews.com. Letters to staff, not for publication, should be marked "personal."

Gimme shelter magazines

"Hmmm, that looks comfy." I was flipping through a glossy home decor magazine and stopped at a section on bathrooms. The featured element, the tub, was a harsh, gray rectangle with knife-edge corners made of gray poured concrete.

If it weren't for the rose petals floating on top of the water, you might mistake it for a particularly cruel and unusual horse trough.

Maybe the rose petals are there to lure alien life forms, because certainly no human will ever sit and soak in that tub. How would you clean it? Sandblast the soap ring?

If the tub was harsh, the sink looked as if it came from the Country Club Prison Collection. It was a stainless steel basin that jutted from the wall with no pipes showing, presumably so they couldn't be ripped out and used as a weapon during an escape attempt.

The toilet, though, looked as if it came from the future. You would need special training to use it, like the astronauts on the space station.

As I looked at the pictures, all I could think was, "These guys don't have kids." I don't even



Jim Mullen

think they have adults. There were no wet towels lying across the tub, no half-squeezed tubes of toothpaste by the sink. There were no nail-clippers, brushes or combs in sight. No trash can with a strand of dental floss hanging down the side, no bottles of prescription medicines scattered about. No towels showing their age, no deodorant sticks or cologne bottles visible, no lipstick, no mascara, no mouthwash.

Absolutely nothing indicated human habitation. Who lives here? Robby the Robot? If so, why does he need a toilet?

Home design magazines call themselves "shelter" magazines now. I wonder if that's how the editors talk to each other at dinner parties.

"Nice shelter you've got here, Bob! Who does the rose petals in your bathtub? My guy quit, so I'm looking for someone. By the way, have you got any Band-Aids? I cut my hand on your tub, but I couldn't find the medicine cabinet. Oh, the medicine cabinet is the thing made out of razor wire? I thought that was a towel rack! You're so right, it probably does keep people from snooping."

I go through shelter magazines now, not looking for the latest trends in furniture or window treatments, but for signs of life. You see the ultra-modern living room, all white, glass and sharp corners; does it say "cool sophistication," or does it say "We have no

kids, no pets and no friends?" Can you imagine having people over for beer and pizza in this joint? Can you see a mom changing a baby's diaper on a white Italian leather sofa while watching "Ellen?"

You never see a purse plopped down on the hallway table in these magazines or a newspaper folded over to the sports section. You never see a sweater hanging over the back of a chair or dirty socks in front of the TV cabinet. You never see crayon drawings and family photos stuck to the refrigerator with magnets.

Here's a fun game idea: Try to find any five items on this list pictured in an issue of any design magazine: a stack of junk mail, a set of car keys, a branded bottle of dish soap, mismatched pots, refrigerator magnets, an open bag of lime-flavored taco chips, a random pile of notes beside a phone, a jumble of books on a bedside table, a tube of Neosporin, reading glasses, a dog or cat dish with kibble spilled all around it, some ugly thing that a relative gave the owners that they display just to keep peace in the family.

I don't know what shelter magazine editors do with all their personal junk when company comes. Maybe they just dump it all in the square tub and cover it up with rose petals.

Contact Jim Mullen at mullen.jim@gmail.com.

Reader wants to pay off credit card debt

DEAR HARRIETTE: I spent too much money on Christmas gifts, even though I promised myself that I would stick to a budget. Now I'm saddled with several thousand dollars' worth of credit card bills exactly at the time when I wanted to be starting fresh financially. How can I change my habits given that I already messed up and the year is just starting? — Becoming Debt-Free

DEAR BECOMING DEBT-FREE: Kudos to you for recognizing your folly. That is the first step to changing your behavior. Consider several options for clearing up your debt situation.

Since financial savvy is not your strong suit, get help. You may want to download a simple financial planning tracker app into which you log every penny you spend and why. You can get one that helps you to budget the resources that you have. For a listing of highly recommended apps, visit doughroller.net/budgeting/10-tablet-apps-that-manage-your-money.

For a small monthly fee, you can hire a bookkeeper to help you to get your affairs in order. Ask your friends or co-workers for recommendations. You can also find a financial adviser who will review all of your financial information and help you to get on course for a healthy financial future. The point is

for you to get help from people who know more than you and who have the ability to help guide you to healthier behavior.

You may also want and need ongoing support. Consider joining Debtors Anonymous. Just like Alcoholics Anonymous, you can go to free meetings for people who are struggling to manage their money and who come together to talk about their concerns and help one another make smarter choices. To find a meeting near you, visit debtor-anonymous.org.

DEAR HARRIETTE: Like the person who wrote in about having chest pains and heart palpitations, I had the same symptoms for years, and no doctor could ever figure out what was wrong with me. Finally a cardiologist diagnosed my problem as microvascular angina, which is common in women. The small vessels around the heart constrict, giving the same symptoms as a heart attack. Medications are available to treat this condition.

I'd suggest your reader call a cardiologist. My life has been transformed. -- No More Heart Pain

DEAR NO MORE HEART PAIN: Thank you for sharing your story and how you were able to be helped by your cardiologist. One of the greatest accomplishments of modern

medicine is doctors' ability to diagnose a multitude of health conditions.

For people who have not figured out what's wrong, don't give up. Go to specialists until you find a doctor who can help you to determine what's wrong and how to restore your health. It can be easy to give up when you reach a few dead ends. Hopefully, this reader's story will help you to keep searching for answers.

Harriette Cole is a lifestyleist and founder of DREAMLEAPERS, an initiative to help people access and activate their dreams. You can send questions to askharriette@harriettecole.com or c/o Andrews McMeel Syndication, 1130 Walnut St., Kansas City, MO 64106.

Write them

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Hoops rules invented 128 years ago

Today is the 15th day of 2020 and the 26th day of winter.

TODAY'S HISTORY: In 1759, the British Museum opened to the public.

In 1844, the University of Notre Dame received its official charter from the state of Indiana.

In 1892, Dr. James Naismith published his original 13 rules of "basket ball" in the Springfield College school newspaper.

In 1943, the Pentagon was dedicated in Arlington, Virginia.

In 2009, a US Airways flight made an emergency landing in the Hudson River

shortly after takeoff from LaGuardia Airport in New York.

TODAY'S FACT: The Pentagon is the world's largest office building by floor area, with 3.7 million square feet of dedicated office space.

TODAY'S SPORTS: In 1967, the Green Bay Packers defeated the Kansas City Chiefs 35-10 in the first Super Bowl.

TODAY'S QUOTE: "There comes a time when one must take a position that is neither safe, nor politic, nor popular, but he must take it because conscience tells him it is right." — Martin Luther King Jr.

Keith R Cerny
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Daniel McKillop
Managing Editor

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Your FIRST Source for Local News

Lifestyle



Courtesy photos

From left to right are: Riley Lopez, Thomas Crowther, Mya Salazar and Aylah Medina.



Jasmine Zlater, Riggan Gartrell, Ezra Reed and Donovan Ruiz.



Kolstin Reynolds, Makayla Campos, Walter Larson and Bentley Breeding

Big adventures for Sanford's littlest learners

SANFORD — Sanford Preschool received the Colorado Shines Hardship Quality Improvement Program grant.

It is funded by the Office of Early Childhood, Colorado Department of Human Services and administered by local Early Childhood Councils across Colorado.

This program aims to provide quality incentive funds for Early Learning Programs serving a high needs population as defined in the School Readiness Quality Improvement Program Rules (7.716.12 CCR).

The grant allowed for the purchase of quality resources to be used to access coaching, professional development, and early learning materials. Some of the materials purchased included an indoor science table, a cozy cube, musical in-

struments, a greenhouse, dress-up clothes, and various manipulatives. For outside new bike helmets and an obstacle course were purchased.

Emily Davis, the Preschool director said, "I am excited for the kiddos to have access to these new and different learning tools. We purchased a light table, and the kids are already expanding their knowledge about what happens when two different colored slides are put on top of each other — a new color appears and they love it. Excitement has also been in the dramatic play area with new dress-up clothes; we even went for a walk to the "operetta" all dressed up."

The Sanford Preschool has two sessions. The a.m. session is from 8 a.m. until 11 a.m. and an afternoon session is from

12:30 p.m. until 4 p.m.

Emily Davis and Suzy Martinez are the current teachers in the Preschool program. Between the two of them, they have over 41 years teaching preschool and/or Early Childhood Education.



Courtesy photo

A small group of American Goldfinch, pictured above, take a dip in the water.

Results of 62nd Monte Vista NWR Christmas bird count

MONTE VISTA — The Monte Vista National Wildlife Refuge held its annual Christmas Bird Count on Dec. 14 in the San Luis Valley of south-central Colorado.

Fifteen people (five teams) spent a total of six hours birding and covered over 240 miles on the count. Two families participated by watching their feeders for about seven hours. Weather conditions during the day were warmish with partly cloudy skies and no wind. The day started out at 15 degrees and rose to a balmy 45. The

groups covered most of the 176 square miles of circle.

This year's numbers were above average. A total of 56 species were documented and 3,283 individuals. Sixty-three species are still the record. Best birds were all three Rosy-finch, Cassin's Finch, Greater Yellowlegs, Peregrine Falcon, and Ring-neck Duck. During the count week, three Clark's Nutcrackers were reported. New to the count is Lewis's Woodpecker. This bird has only been report twice in the winter

■ See BIRD page 7

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Sports

Sargent's Van Bibber to CDCCA Hall of Fame

DENVER — Colorado baseball history isn't complete without a distinguished class of hall of famers. With that in mind, members of the Colorado Dugout Club Coaches Association (CDCCA) decided to construct its own Hall of Fame. Spurred on by a nomination committee, the Colorado Dugout Club was proud to present its 2010 inaugural Hall of Fame class. The process that led to the initial class of 19 was arduous, tedious, exciting and rewarding. This year the process was every bit as exciting and rewarding. The nominees increased from last year to now a ballot of over 150 men who someday may enter this select group of baseball people and refer to themselves as hall of famers. Along the way, many of these nominees again crossed paths with previous classes inductees, and intertwined with a single purpose--to add their special touch to unify players, coaches and schools. And

they did that with an uncanny ability and grace that has helped develop the highest standard for others to follow. These men, as did the previous year's groups and the inaugural class, have achieved above the norm. Their contributions and influence created legacies along the way that impacted those throughout the state, region, nation and internationally. Their involvement within and outside their respective communities have led others to refer to them as "Baseball Guys" and "Mr. Baseball". This year's class, joins those who have set themselves apart, made a difference, passed the test of time and left an indelible mark. Therefore, it is with great honor that we, the Colorado Dugout Club Coaches Association, would like to present the Hall of Fame class of 2020: CHSAA Assistant Commissioner Bert Borgmann, long time former head baseball coach at Colorado University

Frank "Chief Prentup, Former head coach at Mullen HS and Metro State University Vince Porreco, Long time baseball coach at Colorado School of Mines Jim Darden, longtime baseball coach and tournament organizer in Pueblo Joe Andenucio, Former head baseball coach in Rifle Gordon Cooper, Current head baseball coach at Sargent HS Terry Van Bibber and Longtime Denver area head and assistant coach Bob Dampier. The hall of fame dinner and festivities will begin at 7 p.m. January 17 at the Marriott Tech Center, 4900 S. Syracuse St Denver Co. Former players, former coaching colleagues and all their past and current friends please come celebrate the careers of this incredible group of men. Tickets are \$40 and can be purchased by contacting Mike Letofsky at coloradodugoutclub@comcast.net or 303-809-0132, or by purchasing online at coloradodugoutclub.org.



Courier photo by Stephen Jiron
Sargent's Terry Van Bibber watches his team during 2018 2A state tournament play.

Monte Vista and Center meet for non-league contests

Center 33, Monte Vista 332 (G)

CEN	11	9	7	6	-	33
MV	2	10	11	9	-	32

Center - A.Varela 1 8-14 10, B.Almeida 4 0-1 8, N.Cendajas 2 1-2 6, E.Trujillo 1 2-4 5, J.Aguilar 1 0-0 2, Totals 10 9-19 33. 3-point goals: N.Cendajas, E. Trujillo. Fouls: 20. Fouled out: B.Almeida, N.Cendajas, A.Varela. Technicals: none

Monte Vista - H.Bernal 4 3-8 12, A.Perea 1 7-11 9, A.Romero 2 0-2 5, L.Medina 0 2-6 2, S.Bernal 0 0-3 0, Totals 7 12-30 32. 3-point goals: H.Bernal, A.Romero. Fouls: 23. Fouled out: M.Medina, S.Bernal. Technicals: none

Monte Vista 56, Center 33 (B)

MV	12	15	14	15	-	56
CEN	11	13	5	4	-	33

Monte Vista - J.Chavez 6 10-11 22, N.Torrez 5 3-3 14, A.Maestas 4 2-3 11, T.Otero 4 0-1 8, L.Cervantes 0 1-2 1, Totals 19 16-22 56. 3-point goals: N.Torrez, A.Maestas. Fouls: 15. Fouled out: none. Technicals: none.

Center - U.Gonzalez 3 4-5 10, D.Porres 2 3-4 8, C.Almeida 1 2-3 4, J.Miranda 1 2-2 4, V.Almeida 1 0-0 3, D.Velez 1 0-0 2, H. De La Cruz 1 0-0 2, Totals 9 11-14 33. 3-point goals: V.Almeida, D.Porres. Fouls: 20. Fouled out: D.Velez, H.De La Cruz. Technicals: none



Courier photos by Stephen Jiron
Center's Alexis Varela (22) is defended by Haley Bernal (14) of Monte Vista during Tuesday evenings game. Both girls led their respective teams in scoring - Varela with 10 points and Bernal with 12 points



Monte Vista senior Jarren Chavez (1) works against fellow senior Devin Porres of Center during Tuesday's boys game. Chavez took the team lead in scoring for the Pirates with 22 points.

Results

- Adams State Basketball**
Jan. 10 Colorado School of Mines 79, ASU 36 (W)
Colorado School of Mines 90, ASU 64 (M)
Jan. 11 UC-CS 69, ASU 54 (W)
UC-CS 92, ASU 85 (M)
- Prep Basketball**
Jan. 7 Pueblo Central 57, Monte Vista 38 (B)
Jan. 10 Center 29, Mancos 24 (G)
Mancos 71, Center 57 (B)
Rocky Ford 40, Sangre de Cristo 23 (G)
Sangre de Cristo 60, Rocky Ford 53 (B)
Jan. 11 Crested Butte 65, Creede 33 (B)
Sargent 56, Center 38 (G)
Center 38, Sargent 30 (B)
Questa 49, Antonito 20 (G)
Antonito 72, Questa 67 (B)
Alamosa 59, Pinnacle 22 (B)
Alamosa 44, Ignacio 39 (G)
Primero 67, Sierra Grande 46 (B)
Del Norte 48, Sangre de Cristo 44 (G)
Sangre de Cristo 73, Del Norte 60 (B)
Pagosa Springs 42, Sanford 29 (G)
Sanford 51, Pagosa Springs 37 (B)
Kent Denver 69, Monte Vista 46 (B)
Jan. 14 Center 33, Monte Vista 32 (G)
Monte Vista 56, Center 33 (G)
Cotopaxi 63, Creede 20 (G)
Cotopaxi 63, Creede 31 (B)
Pueblo East 56, Alamosa 52 (B)
- Adams State Wrestling**
Jan. 10 ASU 25, San Francisco State 20
ASU 36, Simon Frasier 9
Minnesota State 22, ASU 21
- Prep Wrestling**
Jan. 9 Alamosa 55, Centauri 24
Jan. 10 **Alamosa Duals**
Alamosa 61, Widefield 18
Alamosa 36, Adams City 33
Centauri 41, Bennett 31
Rocky Ford 42, Centauri 30
Jan. 11 **Gary Ramstetter Classic**
1. Alamosa - 200, 9. Alamosa JV - 52
Cowboy Invitational
7. Sierra Grande/Centennial-110.5, 8. Del Norte
70.5, 12. Center 48, 13. Sargent - 43

Sports Bulletin

- Rocky Mountain Wrestling Tournament**
3. Centauri- 200, 7. Monte Vista - 108
- Upcoming Events**
- Adams State Basketball**
Jan. 17 5:30/7:30 p.m. ASU at Colorado Mesa (W/M)
Jan. 18 5/7 p.m. ASU at Western Colorado (W/M)
- Prep Basketball**
Jan. 16 4 p.m. Ignacio at Del Norte (G)
4:30 p.m. Lake City at Sierra Grandt (G/B)
4:30/ 6 p.m. Sargent at Mancos (G/B)
Jan. 17 12 p.m. South Park at Center (G)
1:30 p.m. Sanford at South Park (B)
4 p.m. Del Norte at Crested Butte (B)
4:30 p.m. Centennial at La Veta (G/B)
5 p.m. Sierra Grande at Creede (G/B)
5 p.m. Antonito at Manzanola (B)
5:30/ 7 p.m. Alamosa at Bayfield (G/B)
5:30/ 7 p.m. Centauri at Monte Vista (G/B)
Jan. 18 TBA Sierra Grande at Aguilar (G)
2 p.m. Crested Butte at Sanford (G/B)
2 p.m. Cripple Creek at Moffat-Mtn. Valley (G/B)
3 p.m. Center at Del Norte (G/B)
3/5 p.m. Sargent at Custer County (G/B)
5 p.m. Creede at Antonito (G/B)
5:30/ 7 p.m. Centauri at Pagosa Springs (G/B)
5:30/ 7 p.m. Monte Vista at Alamosa (G/B)

- 6 p.m. Dolores Huerta at Sierra Grande-Centennial
- Mel Smith Husky Invite**
TBA Centauri, Del Norte, Monte Vista at Florence
- Top of the Rockies Tournament**
TBA Alamosa at Centaurus
Jan. 18 **Husky Invite**
TBA Centauri, Del Norte at Florence
- Pueblo Centennial Tourny**
TBA Center at Pueblo Centennial
- Top of the Rockies Tournament**
TBA Alamosa at Centaurus
- Gene Gagliardi Tourney**
Sierra Grande-Centennial at Trinidad

Schedules subject to change

AHS Basketball Reunion

ALAMOSA — Alamosa High School is hosting a reunion for former coach Ken Niven. While at Alamosa, Niven oversaw a Mean Moose run of four consecutive titles from 1989-92 over Classes AA and 4A. He also had four Division I signees. The reunion will take place Friday and Saturday of Jan. 24th and 25th. Friday will be the home games against Montezuma-Cortez at 5:30/7 p.m. followed by a social at the Bankshot. Saturday will be a mid-morning shoot around at AHS then the home games against Pagosa Springs at 5:30/7 p.m. Niven and Alumni players will be recognized at halftime. Saturday's social will take place at the Purple Pig Pizzeria following the games.

ASU Volleyball open tryouts

ALAMOSA — Saturday, January 25th the ASU Grizzlies Volleyball team will be holding tryouts. The event is open to any 2020/2021 high school students and/or Junior College players. For the registration form email alimiller@adams.edu. Participants are asked to bring or email in a completed registration form, a current sports physical and a proof of insurance (company and policy information). For questions or to email in a form, physical, insurance package be sure to contact Coach Miller at alimiller@adams.edu or at (720) 879- 2803

Valley News



Courtesy photo

Members of the Alamosa County Department of Human Services smile while looking at the backpacks. Pictured from left to right are Linda Warsh, Jody Kern, Catherine Salazar, Nick Barela, Tommy Vigil, Toby Robinson, Taylor Martinez and Matthew Tulley.

Robinson remembers where he came from

ALAMOSA — Toby Robinson came to Alamosa County Department of Human Services to accomplish his Eagle Scout Project.

His project was to help out the community in the way he saw fit. He decided to choose the San Luis Valley Foster Care Program as his project in the community to help.

He decided to donate 100 backpacks that were filled with comfort objects (stuffed animals and blankets), hygiene sets, activity sets (coloring book, crayons and a toy) and a water bottle.

Robinson gathered all the backpacks and the items thanks to donations from local businesses and community members.

He said he wanted to do this project

because he knows how it feels to be in the system and not have belongings of his own.

It was amazing to see a youth who has gone through the system decide to give back to the system.

The directors of the San Luis Valley Foster Care Program and the Foster Care Coordinators were deeply touched by his amazing project, it gave those who have been in this line of work quite the feeling to see the youth the organization has helped give back to the system. A heartfelt thanks to Toby Robinson for all his hard work and dedication to the San Luis Valley Foster Care Program.

Justin Rilling, Program Manager, Alamosa County DHS

Fun Ski and Snowshoe at the historic 4UR Jan. 25

ALAMOSA — Come and enjoy a unique opportunity to cross country ski and snowshoe at the historic 4UR Ranch this winter.

The San Juan Nordic Club and 4UR will be hosting this event from 9 a.m.-2p.m. on Jan. 25.

Free skiing on the trails is available from 9 a.m.-2p.m. At 10 a.m., the Nordic Club will hold free beginner and intermediate cross country ski lessons. At noon, there will be a potluck by the bonfire.

4UR Ranch, a private guest ranch, has graciously opened its gates to the public for this event. Visitors are invited to hang out by the fire and enjoy a hot drink, or go for a ski or snowshoe with their friends and family. So, anyone is welcome to bring family and friends and

a dish to share. Please bring one's own dishes, silverware and mug, as well. Hot beverages will be provided. If one would like to join us but don't have skis, rentals are available at Kristi Mountain Sports in Alamosa, and at Doc's and 8200 Mountain Sports in South Fork.

For more information, contact Kathy at 530 251-3571.

Sign-ups are requested, but not required. To sign-up, visit our Facebook Page or email sanjuannordic@gmail.com

The San Juan Nordic Club is a 501c3 charitable organization. "Our mission is to provide groomed and ungroomed winter trails for non-motorized use by people of all ages and abilities; and to provide winter recreation, education and community-building experiences in the San Luis Valley area."

Bird

Continued from Page 5

in this area.

The information was sent to the National Audubon to be included in the National Christmas Bird Count.

The website (<http://www.audubon.org/bird/cbc/>) is easy to access and one can see how it has been done in years past as far as the numbers go.

The following is a summary list of species and individual numbers of each that were documented during the 2020 event:

- ▶ 127 American Crow
- ▶ 28 American Goldfinch
- ▶ 4 American Kestrel
- ▶ 2 American Robin
- ▶ 31 American Tree Sparrow
- ▶ 3 Bald Eagle
- ▶ 1 Belted Kingfisher
- ▶ 3 Black Rosy-Finch
- ▶ 187 Black-billed Magpie
- ▶ 24 Black-capped Chickadee
- ▶ 2 Brown Creeper
- ▶ 115 Brown-capped Rosy-Finch
- ▶ 131 Canada Goose
- ▶ 9 Cassin's Finch
- ▶ 2 Clark's Nutcracker
- ▶ 212 Common Raven
- ▶ 1 Cooper's Hawk
- ▶ 95 Dark-eyed Junco
- ▶ 107 Eurasian Collared-dove
- ▶ 636 European Starling
- ▶ 2 Golden Eagle
- ▶ 2 Gray-crowned Rosy-finch
- ▶ 8 Great Blue Heron

- ▶ 11 Great Horned Owl
- ▶ 12 Great-tailed Grackle
- ▶ 3 Greater Yellowlegs
- ▶ 1 Hairy Woodpecker
- ▶ 179 Horned Lark
- ▶ 122 House Finch
- ▶ 448 House Sparrow
- ▶ 1 Lewis' Woodpecker
- ▶ 101 Mallard
- ▶ 9 Marsh Wren
- ▶ 10 Mountain Chickadee
- ▶ 2 Mourning Dove
- ▶ 6 Northern Flicker
- ▶ 19 Northern Harrier
- ▶ 3 Northern Pintail
- ▶ 3 Northern Shrike
- ▶ 1 Peregrine Falcon
- ▶ 20 Pine Siskin
- ▶ 1 Prairie Falcon

UPCOMING GRIZZLY ATHLETIC EVENTS



Thursday, January 16th
Wrestling vs Western Colorado Dual
Alamosa, CO • 6:00 pm

Friday, January 17th
Swimming vs Colorado Classic
Colorado Springs, CO
Women's Basketball at Colorado Mesa University
Grand Junction, CO • 5:30 pm
Men's Basketball at Colorado Mesa University
Grand Junction, CO • 7:30 pm

Saturday, January 18th
Swimming vs Colorado Classic
Colorado Springs, CO
Women's Basketball at Western Colorado University
Gunnison, CO • 5:00 pm
Men's Basketball at Western Colorado University
Gunnison, CO • 7 pm

Sunday, January 19th
Swimming vs Colorado Classic
Colorado Springs, CO

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- 3 Local businesses sell a wide range of great products at affordable prices and cater to the needs and wants of the community.**
- 4 Shopping Local saves you money and time!** Travel expenses and personal time make the overall cost of items higher.
- 5 Shopping Local retains our community:** Without the support in the local community, restaurants, shops and services are forced to close.
- 6 Shopping Local retains our distinctiveness:** Local businesses respond quicker to the needs of the customers and stock products to meet the core community's needs.
- 7 Shopping Local encourages community growth.** By choosing to do business locally you help maintain Alamosa's diversity, charm & appeal. Which in turn, attracts new community members.
- 8 Shopping Local invests in community services and city economy.** Your dollars spent in locally-owned businesses have three times the impact on your community as dollars spent outside of Alamosa.
- 9 Local shops value you more:** Local businesses survive by their reputation & repeat business which means you get a higher standard of service.

Lifestyle

NPC launches new 'Eye on Potatoes' podcast

Podcast on all things potatoes available at Apple Podcasts, Google Podcasts, Spotify

LAS VEGAS – Kicking off the 12th annual Potato Expo, which began Tuesday and continues today in Las Vegas, the National Potato Council announced the launching of its new podcast, "Eye on Potatoes."

The podcast, available on Apple Podcasts, Spotify, and Google Podcasts, provides a platform for growers throughout the country and policy makers in Washington to learn about industry policy priorities and hear from growers and experts on the latest issues affecting the industry.

"NPC was created in 1948 for the sole purpose of impacting federal policy to benefit the U.S. potato industry," said NPC CEO Kam Quarles. "A key part of our ability to be successful in that mission is for growers and allied industry members to know what NPC is doing on the federal level, how it's impacting them, and how they can get involved. The 'Eye on Potatoes' is a terrific way to keep our partners throughout the country and in D.C. updated, knowledgeable, and engaged with our efforts on their behalf."

The bi-weekly podcast is hosted by Lane Nordlund, a professional television and radio agriculture broadcaster based out of Bozeman, Mont. Born and raised in Central Montana, Nordlund has been involved in production agriculture his entire life. He provides live televised broadcasts for the Montana Ag Network and hosts a segment on the statewide radio program "Montana Talks Hosted by Aaron Flint." Nordlund also hosts a podcast for the National Cattlemen's Beef Association and produces an agriculture podcast called "The LaneCast," which focuses on rural and agriculture issues in the western United States.

Current "Eye on Potatoes" episodes include:

- 1. Welcome and Introduction.** Guest: Kam Quarles, NPC CEO
- 2. The International Trade Environment.** Guests: Matt Lantz, Vice President of Global Access, Bryant Christie; Jared Balcom, NPC Vice President of the Trade Affairs Committee and President of Balcom and Moe, Inc. in Pasco, Wash.; Kam Quarles, NPC CEO
- 3. Immigration and Ag Guest Worker Reforms.** Guests: Mike Carlton, Director of Labor Relations Florida Fruit and Vegetable Association; Ralph Child, owner of Childstock Farms, Inc. in Malone, N.Y.; Kam Quarles, NPC CEO
- 4. Ag Transportation in the 21st Century.** Guests: Jon Sampson, Executive Director of the American Trucking Associations' Agricultural and Food Transporters Conference; Dominic LaJoie, majority owner and partner of LaJoie Growers Vegetable Operations in Aroostook County, Maine; Kam Quarles, NPC CEO

Upcoming episodes will feature conversations on health and nutrition, sustainability, ag research, trends in agriculture and consumption, food labeling, registrations and impacts on potato exports, and seed certification and best practices for managing seed.

Listeners can subscribe on Apple Podcasts, Google Podcasts, Spotify, and other podcast platforms.

The National Potato Council represents the interests of U.S. potato growers on federal legislative, regulatory, environmental and trade issues. The value of U.S. potato production is over \$3.7 billion annually and supports hundreds of thousands of jobs both directly and indirectly.

For more information, please contact John Taylor, professor of theatre, at jhtaylor@adams.edu or 719-587-7382. 24 Hour Devised Theatre is a free event at 8 p.m. this Saturday in the Xperimental Theatre. For mature audiences only.

The semester will conclude with SUPERHERO II: THE RETURN OF SUPERHERO. Under the direction of George McConnell, assistant professor of theatre, this original devised work explores the world of comic book heroes and asks a basic question: in troubled times to whom do we turn for help? Celebrating the extraordinary in the ordinary, the answer can be found in ourselves.

Adams State Theatre presents 24-Hour Devised Theatre on Saturday

ALAMOSA — The Adams State University Theatre Program creates something from nothing in just 24 hours as it opens its spring season with 24 Hour Devised Theatre at 8 p.m. Saturday, Jan. 18, in the Xperimental Theatre. This event is free to the public.

Beginning at 8 p.m. on Friday, ASU Theatre students and faculty will begin the process of developing new works. Over the next 24 hours, these pieces will go from ideas on the page to staged productions presented in front of an audience on Saturday. The performance will last around one hour.

24 Hour Devised Theatre is the start of an exciting series of shows during the spring semester. In February, two romantic comedies, "Courting 101" and "Check Please" will be presented during Valentine's Day week. In March, three classic episodes of The Twilight Zone will be staged live in the Xperimental Theatre along with the one-act play "The Myths and Bricks Project."

The semester will conclude with SUPERHERO II: THE RETURN OF SUPERHERO. Under the direction of George McConnell, assistant professor of theatre, this original devised work explores the world of comic book heroes and asks a basic question: in troubled times to whom do we turn for help? Celebrating the extraordinary in the ordinary, the answer can be found in ourselves.

The Lost and Found Comedy Improv will perform free shows on Feb. 1, March 28 and May 4 at 8 p.m. in the Xperimental Theatre.

For more information, please contact John Taylor, professor of theatre, at jhtaylor@adams.edu or 719-587-7382. 24 Hour Devised Theatre is a free event at 8 p.m. this Saturday in the Xperimental Theatre. For mature audiences only.

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Classifieds

221 HELP WANTED

CONEJOS COUNTY PUBLIC Health is seeking an Assistant Personal Care Provider Scheduler. Duties include: Scheduling and finding substitutes for PCP's. Conducts orientation on policies, conducts supervisory visits, training, home visits, prepares PCP timesheets, monitors PCP placements, and notifies clients of changes in scheduling. Fills in as on call PCP. Knowledge of Microsoft Office, data entry skills a must. Bilingual preferred and High School Diploma or equivalent. Application Form Required available at County Human Resources/Administration Office 6683 County Rd. 13, Conejos CO. or via email upon request at cricci@co.conejos.co.us. Deadline is Wednesday, January 15, 2020. Inquiries call (719) 376-6799. (1/16)

SIERRA GRANDE SCHOOL District is currently accepting applications for the position of school secretary/receptionist. Applicants should have a background in clerical/office work as well as excellent management skills and experience in working with the public. Experience in automated data management skills and electronic web-based platforms is preferred, but not required. Application forms are available at the district office located at 17523 E. Hwy 160 Blanca, CO 81123 or on the District's website at www.sierragrandeschool.net. Applications may be submitted to Mr. Darren Edgar at dedar@sierragrandeschool.net or turned in at the district office. For more information please contact Mrs. DeAnn Arellano at 719-379-3257. (1/24)

NEED A SECOND IN-COME? child support? Car Repairs? Taxes Due? Earn up to \$800/month delivering the Valley Courier. Contact Keith at 589-2553. (2/26-TFN)

221 HELP WANTED

WANTED - RANCH/FARM Hand for cow/calf and hay operation. Need experience with calving, fencing, irrigating, loaders, hay equipment operating and maintenance, light mechanic work and welding. Steady, long term position for honest, reliable, motivated individual. Housing and utilities included with wages based on experience and responsibilities. Please respond with resume, references and salary expectation to fuchsranchinc@gmail.com. (2/5)

SANGRE DE CRISTO School District is looking for full time / part time custodian position. For more information please call 719-378-2321. Applications may be downloaded from sdc.schooldesk.net or picked up at school office. Positions open until filled. (1/24)

SAN JUAN MOUNTAINS Association Visitor Information Specialist The San Juan Mountains Association is seeking a full-time Visitor Information Specialist to provide top-notch customer service for the Rio Grande National Forest in Monte Vista and/or Del Norte. Salary range is \$28,000-\$30,000 per year (depending on experience) plus health care stipend, paid vacation, and retirement contribution. For more information please visit sjma.org/jobs-sjma/. (01/23)

TIMBERLINE CATTLE INC. is hiring a full time farm/ranch hand. Can start immediately. Please call 719-588-1379 to apply. (1/17)

SLV FEDERAL BANK is now accepting applications for a Member Service Representative in our Monte Vista office. Applications and position descriptions are available at www.slvfed.com or at each branch location. Equal opportunity Employer, including considering individuals with Disabilities and Veterans/Affirmative Action Employer. (1/15)

221 HELP WANTED

RIVER VALLEY INN Nursing Home now hiring LPN's OR RN's. Come join our team! Must have a current license and CPR. Night shift with differential. Please stop in for an application at 1335 6th St. in Del Norte CO or call 719-657-1105. Ask for Susan or Paula. (RVI is EOE). (1/22 #1)

324 - FEED & SEED

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369 - PETS & SUPPLIES

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OOPS! GOT PUPPIES who need a home? San Luis Valley Animal Welfare Society is a nonprofit animal rescue dedicated to stopping the euthanasia of healthy adoptable pets. Having pets altered is the number one way to stop pet overpopulation. If your pet has had puppies contact us. We will take the puppies into our rescue and spay the mama dog for free after the puppies are weaned. If needed we will also provide dog food & gas money to get the dogs to us to help in this situation. Spay/neuter is one of the greatest gifts you can provide your pet, your family and your community. We have found good responsible homes for over 8,000 animals. Contact 719-587-9663 (WOOF); email: woof@slvaws.org. (TFN)

NEED CATS FOR mousers? Want to adopt kittens? Help trap/ neuter/release efforts? Donate food/litter/supplies? Low cost spay/ neuter clinic for cats. <http://www.catsaliveslv.com> 719-298-7028. (TFN)

FREE TO GOOD home. Adults and kittens. NO MOUSERS OR BARN CATS. Spay/neuter clinics coming to Alamosa in near future. Call Donna K 719-589-5952 or 719-580-9078. (TFN)

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415 - HOMES FOR SALE

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San Acacio.....	81151
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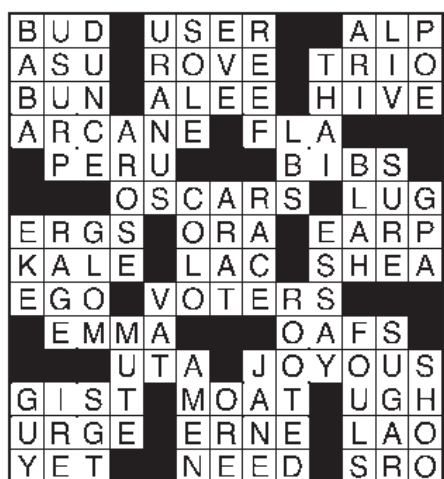
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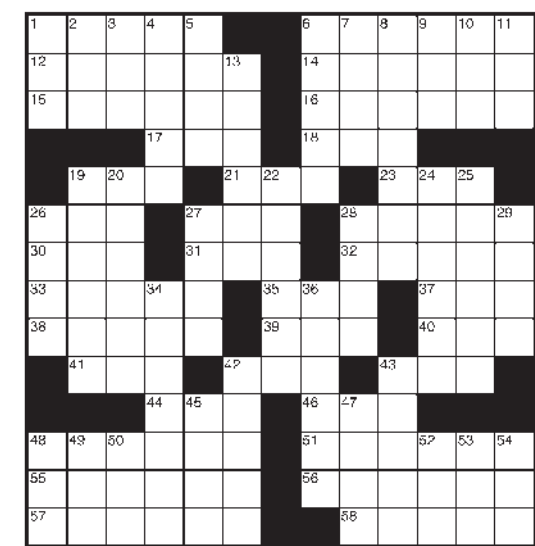
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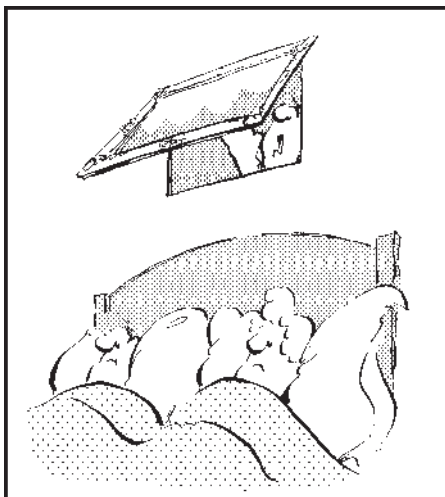
- ACROSS**
- 1 Relocation pro
 - 6 Jessica of "Murder, She Wrote"
 - 12 Singer Frankie —
 - 14 German city
 - 15 Canal site
 - 16 Rise and shine
 - 17 Ore. neighbor
 - 18 Tax form ID
 - 19 Crumple
 - 21 Andy Capp's quaff
 - 23 Kimono fastener
 - 26 Affirmative
 - 27 Reporter's query
 - 28 Cut of meat
 - 30 Long sigh
 - 31 Summer Games org.
 - 32 Space station view
 - 33 Trudges along
- DOWN**
- 1 Travel guide
 - 2 Eggs, in biology
 - 3 Panel truck
 - 4 Spiral-horned antelope
 - 5 Trevi Fountain site
 - 6 Degrade
 - 7 Today's paper
 - 8 Trail treat
 - 9 Forest grazer
 - 10 Perjure oneself
 - 11 Miller or Sheridan
 - 13 Hogan dweller (Var.)
 - 19 Fortune
 - 20 On solid ground
 - 22 Local jail
 - 24 Figaro's job
 - 25 Speech openers
 - 26 Shrill barks
 - 27 Trace of smoke
 - 28 Manage for oneself
 - 29 Kublai —
 - 34 Soggiest
 - 36 Goes in
 - 42 Eyed impolitely
 - 43 Scavenging animal
 - 45 Alleviate
 - 47 Go off the — end
 - 48 Fuse word
 - 49 South Seas staple
 - 50 Place
 - 52 Tool set
 - 53 Aurora, to Plato
 - 54 Like the Sahara



- ACROSS**
- 35 Novelist — Follett
 - 37 Swimsuit piece
 - 38 Thong
 - 39 And, for Wolfgang
 - 40 Immeasurable time
 - 41 Border
 - 42 Decide on
 - 43 Store info
 - 44 Identify, slangily
 - 46 Ben & Jerry rival
 - 48 Charm
 - 51 Smelled awful
 - 55 Chocolate dessert
 - 56 Next year's alumnus
 - 57 Damaged by hail
 - 58 Easy mark



HERMAN



"I've found a secret room!"

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"K' E C SKULIPP. K F C D I ZUGX NGJP.
 K' E C EUE. K BCLY YU YCWI NCXI UZ
 ET WKAP CLA VXUYINY YFIE."
 — F I K A K W S G E

TODAY'S CLUE: A stenbe G

Previous Solution: "Bill Maher and Jon Stewart ... the three of us have interest in politics. ... We're fundits! We're not pundits!" — Joy Behar

Man's explosive anger causes concern for easygoing fiancée

DEAR ABBY: I'm engaged to a wonderful guy. He is very sweet, and I'm beyond thankful for him. I wouldn't trade him for the world. But he has a character flaw that's hard to ignore. When he gets frustrated, he screams out loud and takes a while to get himself together.

When he lost his phone on a plane and was angry for hours, he pouted and scowled like the world had just ended. I have a very easygoing personality, and I don't understand this type of behavior. (He contacted his phone provider, and a new phone was delivered to him within 24 hours.)

When I talked to him about his anger, he said sometimes people get frustrated and show emotions. He added that he has noticed this issue, and it's something he's been working on for years. What should I do or say the next time we encounter a mishap and he becomes angry? -- WONDERING IN WASHINGTON, D.C.

DEAR WONDERING: Your fiance may be a perfectionist or even have a touch of OCD, which is why he is so hard on himself when he makes a mistake and becomes frustrated. For his own sake (and yours), he needs to find a

better way of venting his emotions.

While anger is something everyone experiences at one time or another, most people start learning to control it during childhood. While pouting and scowling are acceptable, your fiance "screaming" over losing his cellphone seems over the top. Not only that, it is intimidating. My booklet "The Anger in All of Us and How To Deal With It" contains suggestions for managing and constructively channeling anger in various situations. It can be ordered by sending your name and address, plus a check or money order for \$8 (U.S. funds) to Dear Abby Anger Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. Shipping and handling are included in the price. Your fiance needs to learn to channel his emotions more constructively because if he doesn't, it may eventually drive others away. We live in increasingly stressful times. It takes self-control as well as maturity to react calmly instead of exploding. Being in touch with his emotions will not only help your fiance calm himself without losing it, it will also help him maintain the respect and becomes frustrated.

DEAR ABBY: I have a

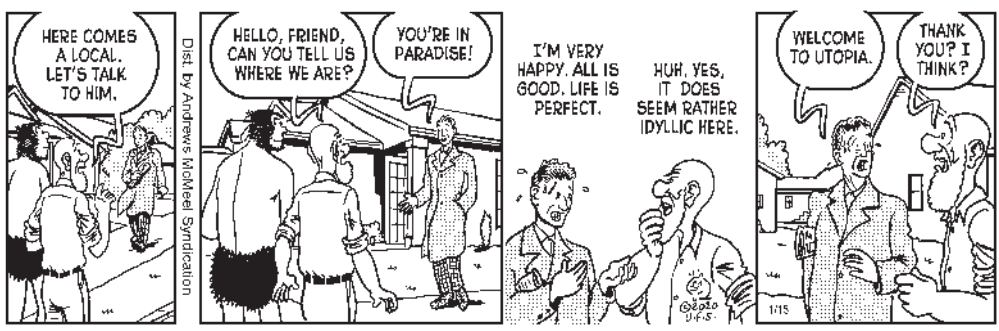


ABIGAIL VAN BUREN

likes to play with my hair, rub my back and put her hands on me in general. I am not a touchy-feely kind of person with ANYONE, and it makes me very uncomfortable when she does this. Is there a polite way of telling her to stop without making her feel uncomfortable or hurting her feelings? I'm not a "beat around the bush" kind of person, and I sometimes lack the tact of putting things nicely. -- NO TOUCHY-FEELY

DEAR NO TOUCHY-FEELY: To express your feelings would not be lacking in tact; it would be setting a boundary. Try this: "I like you very much, and I know the feelings are mutual, but I do not like to be touched, and I want you to stop doing it."

ALLEY OOP



ARLO & JANIS



BIG NATE



THE BORN LOSER



FOR BETTER OR FOR WORSE



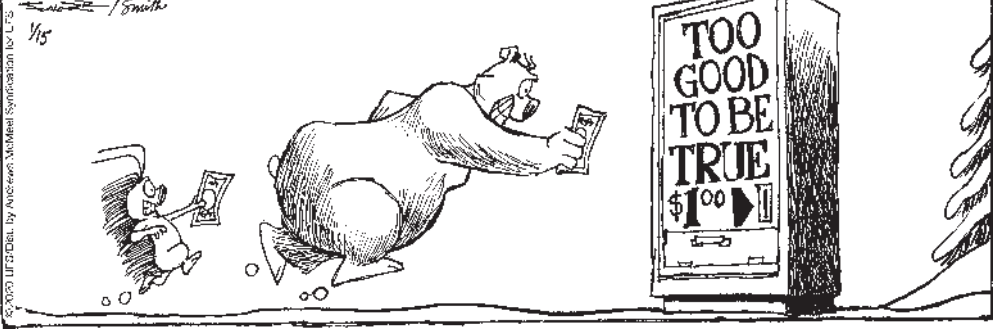
FRANK & ERNEST



GARFIELD



THE GRIZZWELLS



PEANUTS



A Monument Honoring Dr. Martin Luther King



"If you want to be important—wonderful. If you want to be recognized—wonderful. If you want to be great—wonderful. But recognize that he who is greatest among you shall be your servant. That's a new definition of greatness . . . it means that everybody can be great, because everybody can serve."
 — from *The Drum Major Instinct*, a sermon by Rev. Martin Luther King, Jr., 1968

A very special site was selected for a memorial for Dr. Martin Luther King, Jr. The location is the National Mall in Washington, DC.

The National Mall is not a shopping center. It is a large park that stretches from the Potomac River to the Capitol Building. Many of Washington's famous memorials and museums surround the Mall.

Sound Bite
 On today's *Kid Scoop*, we use the word *site*, which means a location. It is pronounced the same as the word *sight*, which means the ability to see.

Do the math to find out the term for words that sound the same, but have different meanings. The even-numbered term reveals the answer.

- 16 + 9 = antonym**
- 9 + 23 = homonym**
- 17 - 6 = synonym**

Standards Link: Vocabulary: Students understand grade-level appropriate vocabulary.

The memorial honors Dr. King's vision for all to enjoy a life of freedom, opportunity, and justice.

Follow the Map
 Find your way to the Martin Luther King Memorial site by following these directions on the map below.

Start at grid A-1. Go twelve spaces right. Move three spaces down. Move five spaces left. That space is the location of the monument's main entrance.

What does the monument look like?



The idea for the design of Martin Luther King's monument came from his 1963 "I Have a Dream" speech. In this speech, King said, "We will be able to hew out of the mountain of despair a stone of hope."

Visitors pass through an entryway cut through a massive stone symbolizing the mountain of despair. Once inside, they come upon the missing section, marking the stone of hope, which features a carved profile of King. The interior walls are ringed with chiseled quotes from King's speeches and sermons.

Standards Link: History: Students know that Americans celebrate Martin Luther King, Jr. Day to commemorate his leadership of the civil rights movement; Students know the fundamental values and principles expressed in King's "I Have a Dream" speech.

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	
1																						
2																						
3																						
4																						
5																						

U.S. Capitol

(Map not to scale)

A Mall of Monuments

Each of these three important national monuments, located on the National Mall, honors a President of the United States. Do you know which monument is for which President? Unscramble the names above each picture. Then find and label each one on the map above using the grid location shown below each of the monuments.

NHOTANSWIG MONUMENT

K-3

NLNOLCI MEMORIAL

B-3

FOSREFJNE MEMORIAL

Q-5

Standards Link: History: Students understand how important figures reacted to their times, and why they were significant to the history of our democracy.

Extra! Extra!
That Sounds Familiar
 Look through the newspaper for pairs of words that have the same sound, but different meanings and spellings. Cut out 10 pairs and glue them to a piece of paper. Next to each word, write or paste an example of how the word is used.

Standards Link: Vocabulary: Students understand grade-level appropriate vocabulary.

Kid Scoop Puzzler

Twos to puzzle with and have fun, too!

Add the symbol for addition, subtraction, multiplication or division to make each row of 2s equal the number at the end of the row. There is more than one answer to each equation.

2	2	2	2	=	0
2	2	2	2	=	2
2	2	2	2	=	4
2	2	2	2	=	5
2	2	2	2	=	6
2	2	2	2	=	8

Standards Link: Number Sense: Use basic and advanced procedures while performing the processes of computation.

Double Double Word Search

POTOMAC MEMORIAL MUSEUMS MONUMENT FREEDOM STONE DREAM PROFILE SIGHT CARVED MOUNTAIN VISION PARK DRUM HEW

Find the words in the puzzle. How many of them can you find on this page?

M	A	P	S	I	G	H	T	R	M
M	L	O	P	M	U	R	D	O	M
O	A	T	A	T	U	E	D	O	A
U	I	O	R	H	V	E	N	I	E
N	R	M	K	R	E	U	S	N	R
T	O	A	A	R	M	W	L	U	D
A	M	C	F	E	N	O	T	S	M
I	E	U	N	O	I	S	I	V	T
N	M	T	E	L	I	F	O	R	P

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

- HALL HAUL
- WHIRLED WORLD
- FLOUR FLOWER
- READ RED
- WEAR WHERE
- HIRE HIGHER
- TO TWO
- WOK WALK

CRISPYTON – The hometown of the famous chef Melba Towst plans to build a park in her honor.

"Around a giant statue of a rolling pin, we're planting a lovely _____ garden.

"It's really an honor. I don't know _____ I'd be without Crispyton and the people here. I still _____ my Crispyton High School jacket wherever I go."

"We're going _____ bake a huge cake, using more than _____ tons of _____," said project coordinator

Sy Dishe. "We hope to set a new _____ record. A lot of ingredients must be _____ together."

It will take a lot of care to _____ the creation to the Crispyton banquet _____. The town may have to _____ extra workers if they hope to get the cake _____ than the second floor.

Melba will be at the opening ceremonies and will lead a _____ through the park. Later, she'll treat visitors to a delicious stir-fry meal prepared in a _____.

The statue will be painted Melba's favorite color, _____, and later, some of her earliest cookbook recipes will be _____ aloud by Crispyton mayor Anna Kettle.

Standards Link: Vocabulary: Students understand grade-level appropriate vocabulary.

Kid Scoop VOCABULARY BUILDERS

This week's word: MONUMENT

The noun **monument** means something built in memory of a person, event or special deed.

A **monument** honors Dr. Martin Luther King's work for the equal rights of all people.

Try to use the word **monument** in a sentence today when talking with your friends and family.