

Holiday Inn Express awarded Excellence Award





Instructions for those who are or may be infected with **Coronavirus**

— Page 8



Today's Issue Sponsored By:

O&V Printing Inc.

VOLUME 94, NO. 59

TUESDAY EDITION

WWW.ALAMOSANEWS.COM

LOCAL NEWS... LOCAL VIEWS

March 24, 2020

incler

Subscribe Today for as little as 42¢ Per Day!

SLY Today **VFA** meeting

cancelled

MONTE VISTA — Valley Fiber Art Guild is cancelling their March meeting. The April Meeting will depend on updates from the state, and will be updated with the

newspaperwhenknown. Please feel free to email or call if you have any questions.

Wanda Couzens-Smith .email: wcouzenssmith@

gmail.com Home phone #719-852-5000

Rio Grande meeting postponed

MONTE VISTA — Rio Grande Water Users Association (RGWUA) have postponed their March 25 meeting. The Meeting of the Rio Grande Compact scheduled for April 9th has also been postponed as a precautionary measure.



Follow us on

Facebook -**Alamosa Valley Courier**



Sunny 61/32

Sun: Cloudy/Windy

Mon: Cloudy/Windy

57/29

INSIDE

Obituaries	Page 2
Valley News	Pages 3
Lifestyle	Pages 4, 8
Public Notice	Page 5
Classified	Pages 6



SLV's first positive COVID-19 cases found in Rio Grande County

DEL NORTE - Monday's twoconfirmed cases of COVID-19 virus in Rio Grande County became the first reported in the San Luis Valley since the worldwide pandemic began.

Rio Grande County Public Health (RGCPH) was notified by Rio Grande Hospital of the positive cases involving a 20-year-old female and a 50-year-old male. Both are currently isolating at home according to a press release from RGCPH.

"This is a reminder that the virus is in our community," the press release stated, "so remember to keep observing social distancing, quarantine at home if you think you may have been exposed, and isolate yourself at home if you have any symptoms."

Questions may be directed to the SLV information hotline, 719480-8719. Questions concerning symptoms and testing can be directed to the nurse hotlines: SLV Health, 719-589-2511, ext. 9, and Rio Grande Hospital, 719-657-4990. Nurses are able to assess one's condition over the phone and give instructions on what to do next.

Other sources of information include the www.slvemergency. org website of facebook.com/ slvemergency.

General Covid information can be found at the Colorado Help Line, 877-462-2911, in both English and Spanish, or by logging into www.colorado.gov/pacific/ cdphe/2019-novel-coronavirus.

Center for Disease Control (CDC) updates and guidance can be found at www.cdc.gov/ coronavirus/2019-ncov/index.



Rio Grande Hospital in Del Norte reported the first confirmed cases of Coronavirus in the San Luis Valley.

Community shows outpouring of support



Courtesy photo

Carolyn Mortensen, and SLV employee, demonstrates a mask prototype with Michelle Gay, head of the SLV Health Innovation Team.

has now become one of the largest outpourings of support that San Luis Valley Health has seen. Because of the surge of

ALAMOSA—It started

with a few phone calls. It

patients in other areas of Colorado and the nation, the hospital is looking at potential supply shortages of surgical masks, gowns and other supplies.

So the hospital began calling area businesses such as dental and veterinary offices, nail and hair salons and businesses in agriculture here in the Valley, looking for any extra surgical masks and other supplies. That outreach resulted in the donation of thousands of surgical masks from all over the Valley, with more coming in every day.

Then something extraordinary happened.

Valley residents began

reaching out by phone, email and text, offering their sewing skills to make masks to help fill the need. Every day, more and more people from all over the Val-

ley are reaching out to help. This response has been overwhelming, and so appreciated," said Michelle Gay, head of the newly formed Innovation Team at SLV Health. "We knew the generosity of the people in the San Luis Valley was huge, but this labor of love

has no bounds." Ms. Gay, in coordination with Kelly Gurule, director of the SLV Health Foundation, is finalizing plans on patterns for the surgical masks and gowns as well as coordinating people as they call in to volunteer. Ms. Gay is also organizing other ideas and suggestions that will benefit the safety

of the healthcare staff. ■ See MASK page 3

Moffat Consolidated School District #2 Names 3 Finalists for Superintendent

Moffat Consolidated School District No. 2

MOFFAT — The Moffat Consolidated School District #2 has name three finalists to lead their schools, one internal candidate and two from outside the district. The superintendent search nar-

rowed their finalists to Michael Roth, Sarah White and Rachelle Wilson. Michael Roth's background

includes a wide range of experiences. He began his career in the inner-city schools of San Antonio where the English Language Learner population was high and the socio-economic status was low. He then moved to the rural schools of Iredell-Statesville Schools in North Carolina. He also has experience leading a Gifted Magnet School and brought growth to a high achieving school and brought growth to a low achieving school.

Sarah White has educational experience across the San Luis Valley and has served as a teacher, instructional coach, administrator

and senior literacy consultant

for the Colorado Department of Education. She is experienced in meeting the needs of at-risk students and creating stimulating and challenging learning environments, conducive to the highest levels of achievement.

Rachelle Wilson is a current, proud member of the district and community and welcomes the opportunity to continue to lead the district

on the positive path the current administration has implemented. She has ten years of experience as a teacher and

leader across many different grades and content areas, knows how to read

data, how to coach teachers and administrators on instructional strategies, and how to properly implement that

data. Due to COVID-19 precautions and recommendations, the district will be canceling the community

meet-and-greet that had been

arranged and will be scheduling virtual interviews over the coming weeks.

After the interviews, the board will begin deliberations to determine a finalist.

Concerning COVID-19 & Golfer Safety

ALAMOSA — In light of CO-VID-19, we are taking action to provide you with the safest environment possible at Cattails Golf Course.

Nothing is more important to us than the health and safety of our staff & golfers. We will continue to undertake the precautions and best practices recommended by public health experts. Click HEREfor the CDC's recommended steps to prevent illness.

Starting on March 24th the Pro Shop and Clubhouse will be closed down to the public. We want to do our part and eliminate any high traffic areas to protect the players as well as our staff. Cattails Golf Course will remain open with the following modifications.

Only personal golf carts will be allowed on the course. Our cart

fleet is unavailable. * Tee times must be booked and paid for through our website. You

can access the online booking portal through the link below.

* There will be no merchandise, driving range or alcohol sales during this closure.

(Cattails staff will still be in the pro shop. Tee times and play will continue as normal but there won't be any face to face interaction. If you have any questions or concerns please call the pro shop at 719-589-9515)

We send our best wishes to all individuals and communities that have been impacted by the virus.

We are closely following the news & will take all recommended precautions during this time. We will keep you updated via email & our Facebook page as the situation evolves. De-Stress at the Course!

Meanwhile, golf is a great distraction in stressful times. Come spend some time & enjoy the great

40,000 Unique Visitors Per Month Shouldn't you be advertising on: www.alamosanews.com

Record

OBITUARIES

Gloria Mott Wuckert, 91

ALAMOSA — Gloria Mott Wuckert, age 91, passed away peacefully on March 15, 2020, in Sandy, Utah of natural causes incident to age. She was born on September 17, 1928, in Alamosa, Colorado to Jacob Lyman Mott and Elsie Sowards, one of 12 children.

Gloria married the love of her life, Donald James Wuckert, on June 25, 1950, in Alamosa.

After graduating from high school, Gloria went to cosmetology school in Denver and received her license to be a hairdresser/beautician. After marrying Don and settling in Alamosa, she became a housewife which she thoroughly loved as it reminded her of growing up on a farm in a large family in the Carmel district near Alamosa.

two children were born, Alan Kent and Pamela Jo. Throughout her life, Gloria gave unwavering support to Don in his many businesses. These included the Home Lumber Co., First National Bank in Alamosa (which later grew to include other branches in the San Luis Valley), Alamosa Plaza Apartments, Appletree Storage

From this marriage

(which they joking-ly called Easy Street), among other ventures. Gloria was an excel-

lent seamstress, knitter, and cook. She made many beautiful items for friends and family. Her cooking was



legendary and loved by all. Favorites that she made included chicken tamales, kraut bierok, wilted spinach salad, and rhubarb pie-just a small sampling of her cooking prowess. She loved candy and treats and always had a secret stash which she thought nobody knew about, but we all did.

Gloria was a member of the Church of Jesus Christ of Latter-Day Saints and loved the Gospel dearly.

Gloria is survived by her children, Alan (Janice) Wuckert, Murray, UT, and Pam (Chris) Morgan, Draper, UT, and 5 grandchildren, Heidi, Kristjan, Nick, Taylor, and Caitlin. Also surviving are 9 great-grandchildren, Maren, Porter, Ben, Indy, Heath, Cole, Olivia, Emma, and Amelia. She is also survived by her siblings, Donna Alamosa, or to a charity (Betty), Carol, Kathleen, of your choice. To leave Joe, and Jeannie.

She was preceded in death by her parents, her family, please visit www. husband Don, and her rogersfunerals.com.

siblings Lyman, Maurice, Winfred, June, Marilyn, and Joyce.

The family would like to express their gratitude to the many people who have given great care and assistance to Gloria over the past many years. This includes her neighbors and friends in Alamosa, and her livein roommates Kandace, Casey, Lisyuri, and Ni-

Also, the staff at Cedarwood at Sandy, and Encompass Health and Hospice are due special recognition and our heartfelt gratitude for their kind and tender

Due to the Covid-19 epidemic, our family is concerned for the health and safety of all those family and friends who loved our mother. We have decided that it is best for us to not have a viewing and funeral for her at this time. A private graveside service and interment will take place at the Alamosa Cemetery under the direction of Rogers Family Mortuary. A family celebration of our mother's life will be held at a later date. We appreciate all of your love and support.

In lieu of flowers, the family suggests a donation in Gloria's honor to San Luis Valley Regional Medical Center in online condolences or words of strength for the

William "Bill" Hoagland Jr, 65

WALSENBURG William "Bill" Hoagland Jr, 65, passed away at the Spanish Peaks Veterans Community Living Center in Walsenburg, on Friday, March 20. He was born on December 19th, 1954 to William and Marguerite Hoagland in Alamosa. He is survived by his

mother, Marguerite; sisters: Marci (Vincent) Limtiaco of Blanca, and Lori (Ron) Salazar of Lancaster, CA; special niece, Jasmine (Harold) Limtiaco of Fort Garland; nephews: Thomas (Stephanie) Archuleta of Fort Garland, Jerome (Vicki) Salazar of Portland and Jordan Salazar of Lancaster, CA; grandson, JoJo Hoagland of Del Norte; great-nieces and nephews: Thomas



Archuleta, Antionette Archuleta, Jaylah James and Jayley James all of Fort Garland; and an aunt, Ardith Cortez of Craig. He is also survived by his loving family, The Spanish Peaks Veterans Center of Walsenburg.

William is preceded in death by his father, William Hoagland Sr; son,

Joseph Hoagland; paternal grandparents, WB and Blanche Hoagland and Nick and Delores Medina; and maternal grandparents Frank and Eloisa Franklin.

The family has chosen cremation and services will be announced later in the summer. Rogers Family Mortuary of Alamosa is in care of the arrangements. To leave online condolences or words of strength for the family, please visit www. rogersfunerals.com.



Alice Louise Shawcroft, 57

LA JARA — Alice Louise Shawcroft, 57, passed away Friday, March 20t, at the Rio Grande Inn in La Jara. She was born on September 17th, 1962 to George and Louise Shawcroft.

She spent her working life as a teacher, touching and inspiring young lives everywhere she went.

Alice is survived by her sisters: Cecilia (Rodney) Ehardt and Kistine (Mike) Johnson; her nieces and nephews: Kenneth Shawcroft, Sarah Valdez, Kelli Shawcroft, Jennifer John-



son Nelson, Jason Shawcroft, Jared Shawcroft, Jacob Shawcroft, James

Johnson, Jeremy Ehardt, John Johnson, Jeffery Johnson, Joseph Johnson; along with extended family and friends.

She is preceded in death by her parents, George and Louise and siblings: Vaughn, Orris and Linda.

The family has chosen to have a private family Graveside Service.

Rogers Family Mortuary of Alamosa is in care of the arrangements. To leave online condolences or words of strength for the family, please visit www. rogersfunerals.com.

Virginia Franklin Cordova, 79

BLANCA — It is with profound sadness that we announce the passing of Virginia Franklin Cordova on March 16. Born March 31, 1940 on Trinchera Ranch in Blanca. Born to Frank Franklin and Eloisa Franklin (Aragon), Virginia was a highly motivated her life, she raised five sons, was a business owner, and became the first Woman Republican Commissioner of Costilla

Virginia had a will and belief that one could accomplish anything that you want, with hard work

and determination. With sen; brothers: Joe Frankthis philosophy, she motivated not only herself but those whose lives she and Susan. touched.

remembered most for wife, and friend whose loyalty will be impossible to forget.

Virginia was preceded husband, Eusebio T. Cordova; sisters: Lou Roybal, Henrietta Rovbal. Eva Michael. Daniel. Vincent. Meyer, Lillie Henning- Terry, Carter, Alana, Ga-

lin, Frank Franklin; and daughters-in-law: Rita

She is survived and Although impacting honored by her sister, nearly everything she Marguerite Hoagland; endeavored, she will be sons: Andrew, Eugene (Rita), David (Susan), her relationships. She Terry (Donna) and Domiwas a fiercely loving and nick (Jesikah); grandand independent woman devoted mother, grand-children: Bianca Nara-from birth. Throughout mother, aunt, and sister, njo (Johnny), Jennifer Cordova (James), Terry generosity of spirit and Cordova (Cory), Jessica Cordova, Emily DiRubbio

> (Joseph), Dante Cordova, Drew Cordova, in death by her beloved Brandi Dunaway (Anthony) and Tori Warthen -- great-grandmother to

Eli Mel Salazar, 56

MONTE VISTA Monte Vista resident Eli Mel Salazar, 56, passed away March 21, at Penrose Medical Center with his loving family by his side. Eli came into the world on June 15, 1963, the son of Melisendro Salazar and Eva Mae Garcia.

Eli was a loving son, partner, brother, uncle. cousin and friend who enjoyed going fishing and camping. He was an avid Denver sports fan and he loved spending time with his family and friends.

He will live on through his mother, Eva Garcia of Monte Vista; partner, Selena Pacheco of Monte

Home of Antonito.



Vista; sister, Janice Marie (Andrew) Padilla of Denver; brother, Chris Salazar of Monte Vista; Gary (Ida) Salazar of Del Norte and Mel Salazar of

PENDING OBITUARIES

Orlando Juarez-Garcia, 45

SANFORD — Sanford resident Orlando Juarez-Garcia, 45 passed away March 21. Arrangements are pending and have been entrusted to Romero Valley Funeral

8 p.m. Mountain View

WEDNESDAY

Presbyterian Church at Ave., Alamosa

Albuquerque, NM.

He is also survived by many aunts, uncles, nieces, nephews, great-nieces and nephews, cousins and friends.

Eliwasprecededindeath by his father Melisendro Salazar, grandparents Vera Mary and Emilio Garcia and one sister Carol Garcia.

Cremation was chosen and a Memorial Service will be held at a later date. To leave online condolences please visit romerofuneralhomes.com. The care of arrangements has been entrusted to Romero Funeral Home of Monte

BIRTHS

SANFORD -- The San Luis Valley Health hospital welcomed Joslin Elizabeth Ann Jones into the world on March 16, 2020. For parents Lindsey and Josh Jones,

of Sanford, this is their fourth child; behind: Jason, Jared and Logan Jones. Joslin's maternal grandparents, Carl and Peggy Dunn, are from Manassa; while her paternal grandparents, Kevin and Pam Jones, are from Sanford.

ONGOING VALLEY MEETINGS

ALAMOSA—The San Luis Valley Military Family Support Group meets the fourth Tuesday at 7 p.m. in Alamosa. For more info call Vicki Jones at 852-3123.

ALAMOSA — Sierra Blanca Chapter #43, Order of The Eastern Star, meets on the first and third Mondays, at 7:30 p.m. at the Alamosa Masonic Hall, 512 San Juan Ave. Call Sharon at 589-4320.

ALAMOSA—La Leche League of the San Luis Valley holds its monthly meetings on the fourth Saturday at 11 a.m. at Hospice del Valle, 524 Main St. in Alamosa.

Pregnant and nursing women are welcome to attend with their children and babies. Please call 587-3657. ALAMOSA — The Ala-

mosa Kiwanis Club meets on the second, third

and fourth Thursdays at noon at IHOP. Contact: Amanda Wilkinson, 719-589-2564 or email amanda@alamosastatebank.com

ALAMOSA — The Op-Support Group meets

timist Club of Alamosa meets at Nino's Restaurant in Alamosa the first and third Tuesdays at noon. Contact the club at alamosaoptimistclub@ gmail.com or President Dawn Melgares at 719-580-0178. Visitors and new members are wel-

ALAMOSA—The Alamosa Rotary Club meets every Monday at noon at Juanitos in Alamosa. Contact Dean Swift, 589-3499 or dean@deanswiftseed.com ALAMOSA — Veter-

ans Therapeutic/Support Group meets every Monday from 5-6:30 p.m. at 315 State Ave. Ste 101, Alamosa. Call 588-8885 to register or email d.counselingservices@ hotmail.com SOUTH FORK -

Kiwanis meets every Thursday at 8 a.m. at

the Feelin' Good Cof-

mkmillermink@aol.com

feehouse in South Fork. Contact: Karen Miller,

719-873-5466 or email ALAMOSA — The Alzheimer's Caregiver's on the second Thursday from 11 a.m. to noon. at the Alamosa Public Library, 300 Hunt Ave. Call the Southern Colorado office at 719-544-5720,

ALAMOSA — TOPS (Taking Off Pounds Sensibly) CO 568, Alamosa. a non-profit weight loss organization, meets every Tuesday evening at the College Heights Baptist Church at 2035 Church Avenue in Alamosa. Weigh-in is at 5:30 p.m. with an informative meeting at 6:15. Anyone interested in having weight loss support is welcome to attend a free meeting or call Doris at 589-6396 for more information.

ALAMOSA — Search and Rescue meetings are the fourth Tuesday at the Alamosa County Sheriff Office, 1315 17th St., at 6 p.m. Anyone interested

in becoming a volunteer is welcome. Call Suzi at 719-588-9236. –The San ALAMOSA-Luis Valley Photogra-

phy Club meets the first

Wednesday at the Alamo-

ALCOHOLICS ANONYMOUS MEETINGS VALLEY — The San Luis Valley offers many Alcoholics Anonymous groups.

A.Ā. members' primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Following are District 3 San Luis Valley AA 12-Step Meetings. The 6th Tradition states that we are not affiliated with any outside organizations, but in the spirit of cooperation, we list these meeting schedules for friends and family. For information, call 719-937-5083.

SUNDAY 5:30 p.m. Sacred Heart

Parish Center at 3rd and Edison, Alamosa $7~\mathrm{p.m.}$ Town Hall at 108

W Galena Ave., Crestone MONDAY 12 p.m. St. Thomas Epis-

copal Hall at 607 4th St., 5 p.m. Women's Meet-

ing at Masonic Hall, 598 Spruce St., Del Norte 7 p.m. Community

Church on Main St., 7:30 p.m. Creative Re-

nut St., La Jara **TUESDAY** 12 p.m. First Christian School at 3rd and Edison, Church at 1st and State, Alamosa.

Alamosa

source Center at 304 Wal-

FRIDAY 7 p.m. Sacred Heart

SATURDAY

5:30 pm. at 929 State

Presbyterian Church at

2nd and Broadway, Monte

For schedule changes,

AL-ANON

School-Menu-

please contact your group

service representative

2nd and Broadway, Monte 6 p.m. Senior Citizen's Building at 710 Main St., Antonito. 12 p.m. First United 8 p.m. Mountain View

(GSR)

Mullens, Alamosa 6 p.m. Senior Citizen's Building at 710 Main St., Antonito

Methodist Church at 2005

6 p.m. Amistad of San Luis at 403 Main St., San

7:15 p.m. RV Park in

Blanca 7:30 p.m. Masonic Hall at 598 Spruce, Del Norte. 8 p.m. St. Thomas Epis-

copal Church at 607 4th St., Alamosa. **THURSDAY**

12 p.m. First Christian Church at 1st and State,

Alamosa 12 p.m. Crestone Baptist Church, County Rd. T,

7 p.m. Community Church on Main St., Creede

7:30 p.m. Creative Resource Center at 304 Walnut St., La Jara. 7:30 p.m. Ables/Dis-

ables, Baptist Church at 751 Lincoln St., Monte

-Tuesday -Mar. 24, 2020 NO SCHOOL



To sponsor the School Menu call 589-2553

Stitch in Time

SLV Health looking for volunteers to sew masks

ALAMOSA—San Luis Valley Health is reaching out to the community to ask for help in sewing fabric masks to combat a local supply shortage.

The masks will help make up for the state-wide shortage that Colorado healthcare has seen develop over the last few weeks.

SLV Health recently established an innovation team, led by Michelle Gay, SLV Health director of compliance, to coordinate the volunteer efforts of the staff and the community. Kelly Gurule, director of the SLV Health Foundation, will be leading the coordination of the creation of the masks.

"We have had such a response already of people ready and willing to help out," Ms. Gurule said. "It is with people like this that makes the San Luis

Valley strong."

SLV Health is providing the preferred mask template, along with specific directions for compliance, on the website www.sanluisvalleyhealth.org. The mask is a double-layer mask, with the back of the mask having a cotton material, and the front of the mask having a heavier fabric, such as denim. This mask design has an interior pocket in order to insert additional filters.

"We are urging everyone who wants to help to share this information with others," said Ms. Gay. "The more people that have access to it, the more everyone can help out. From all of us here at SLV Health, thank you.

Please call to have hospital staff pick up the masks, or please drop off completed masks to the SLV Health

Foundation office at 1921 Main Street in Alamosa. The office is in the SLV Health Education building, located next to Hwy 160.

To help with the creation of masks and gowns, or if you need more information about the masks, please

contact Kelly Gurule by calling 719-587-5707, or by email at gurulek@slvrmc.org. For any other innovative ideas

or suggestions, please contact Michelle Gay by calling 719-587-6362, or by email at michelle.gay2@slvrmc.org.



Photos provided by SLV Health

Right, Sewing pattern of mask. Above, What the completed mask looks like from the front.

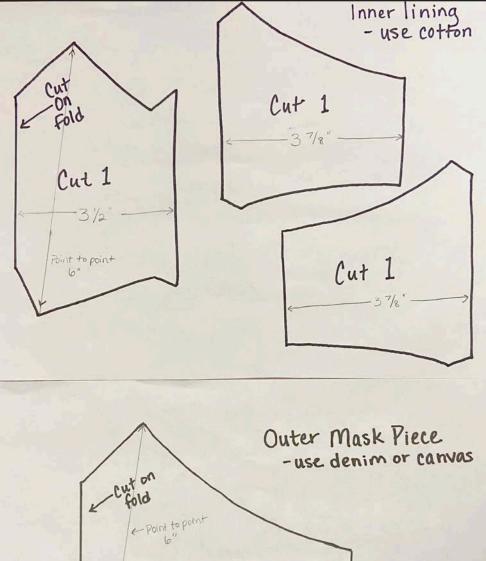
Courier office hours trimmed

ALAMOSA - Effective today, the Valley Courier's regular hours will be trimmed back to 9 a.m.-1 p.m. Monday through Friday, or by appointment by calling 719-589-2553.

Regular email communication will

continue to all current Courier addresses.

Publisher Keith R. Cerny said that the hours' reduction was required due to a reduction in force caused by the Coronavirus outbreak. Normal business hours could resume after the crisis subsides.



Mask ■ Continued from Page 1

"This pandemic goes well beyond what we in during this time." "Together, with your help, we can continue to help those that need us the most. It's through community members – working together towards a common goal – that we are reminded that we are not alone

healthcare, and you as community members, have To help with the creation of masks and gowns, please ever seen." said Konnie Martin. CEO of SLV Health. contact Kelly Gurule by calling 719-587-5707, or by email at gurulek@slvrmc.org.

For any other innovative ideas or suggestions, please contact Michelle Gay by calling 719-587-6362, or by email at michelle.gay2@slvrmc.org.

Public Health Update on COVID-19

-Today, March 23, 2020, Rio Grande County Public Health received confirmation that two Rio Grande County residents have tested positive for COVID-19. We remind you today that it is important that our community continue to take the steps to slow the spread of this virus in our community. Everyone, sick or well, should limit physical contact with others by staying home and staying 6 feet away from others when you must go out for essential activities like picking up groceries. If you think you have

been exposed to someone with COVID-19, selfquarantine by staying home for at 14 days. Do not go into any public spaces during this time. If you feel sick, self-

isolate and STAY HOME, away from household members if possible for at least 7 days and until your symptoms are gone and you have had no fever for at least 72 hours without using medicine that reduces fevers.

Rio Grande County

Public Health press release from this morning, March 23, 2020 included the following information, "As of the morning of 3/23/2020, Rio Grande County Public Health was notified by Rio Grande County Hospital that we do have two (2) positive cases of COVID-19 in Rio Grande County. The cases are

currently a 20-year-old

SAN LUIS VALLEY female and a 50-year-old male. They are both currently isolating at home."

When positive results are received, out of both the respect of the individuals and national privacy laws, Public Health will not share any further identifying information regarding the identity of those who receive positive test results. If you know someone who has received a positive test result, please be respectful of their privacy and do not share that information with others. Knowing who has or has not been tested does not change the need to continue to observe physical distancing and sheltering in place in your own home.

When notice of a positive test result is received, Public Health goes through a process called contact tracing to identify where possible contact with others may have occurred, and then they follow up accordingly. In the meantime, we encourage EVERY-ONE to adhere to the guidelines we have been issuing regarding limiting contact with others. That is the BEST way to minimize your risk of exposure. We must assume that others in the

employers to reduce their

community are carrying the virus, whether or not they have symptoms. Yesterday Governor Polis issued an executive order directing all of Colorado's non-critical

in-person workforce by 50 percent. The executive order directs all employers to implement telework options to the greatest extent possible. If telework is not practical or possible, employers are encouraged to stagger work schedules to reduce the proximity of employees during work hours and to keep employees on payroll. This Executive Order does not apply to any employer that can certify that employees are no closer than six feet from one another during any part of their work hours. This order further places an emphasis on the need to STAY HOME if possible.

Local residents are advised not to receive visitors. Visitors may unknowingly spread the virus to you or your family. We advise everyone, stay in your home except to meet needs such as a weekly trip to the grocery store This is especially important if you fall into the most vulnerable population, above 60 years of age, have underlying health conditions, or are immunocompromised for any reason.

The San Luis Valley COVID-19 Information Line, (719) 480-8719, is for general COVID-19 information in the San Luis Valley. It is staffed by volunteers who can help callers find accurate information. The line will be open daily from 9:00 a.m. to 3:00 p.m. Callers

will not be able to get

medical advice or refer-

rals at this number.

If you call 911 for any reason, tell the dispatcher if you are having symptoms, or if you have a known exposure to someone with CO-VID-19. As always, call 911 only if you are having a medical emergency. If you or someone in your household is having symptoms (cough, fever, shortness of breath), call your doctor. Or, you can call one of the nurse lines set up by SLV Health or Rio Grande Hospital. Those numbers are as follows: SLV Health: 719-589-2511 ext 9, or Rio Grande Hospital 719-657-4990.

Public Notice effective March 23, 2020 until further notice.

Due to the COVID-19 outbreak, the Board of County Commissioners for Alamosa County will hold a regularly scheduled public meeting each weekday at 2:00 p.m. located at 8900 Independence Way, Alamosa, CO 81101. In person attendance will not be allowed in order to protect the public. A virtual conference room has been established for anyone who would like to listen in to comply with Colorado Open Meetings Law. You may call 605-313-6288 and use access code 433756#. Accessibil-

ity may be limited due to

network capacity

ways to respond to the Census

01-4" piece of 20 guage wire

· 2 - 40" long bias tape (3/8" or 1/2" double fold)

Online - my2020census.gov

Additional Materials

If you received an invitation with an ID number, great, use it. If you don't have an ID number, that's fine. Just follow the instructions to enter your

Phone - call 844-330-2020 (en español 844-468-2020)

Mail - If you do not respond online or by phone, you may receive a paper questionnaire. Paper questionnaires will be mailed in early April.

...all without having to meet a census taker



2020census.gov

Effective March 23, 2020 and until further notice, CIA-Leavitt Insurance Agency, Inc. will be closing our doors to public access at both locations in Alamosa & Colorado Springs.

As the coronavirus (COVID-19) situation continues to rapidly evolve, CIA-Leavitt Insurance has been proactively taking steps to protect and support our workforce, customers and community where we live and work. As a precautionary measure, part or all of our staff may begin working from home. We are working to have our employees set up with access to work remotely and will have phones forwarded to their location. There should be no change in our capabilities or response time, so rest assured that we will remain at a high level of functioning and can continue to take care of all your needs. Please communicate with your agent and account manager in the same method you normally do, and we will continue providing the same level of customer service you are accustomed to receiving. If you have a meeting planned with your agent or account manager and

need to change that to a virtual meeting, please reach out to advise us at your earliest convenience. CIA-Leavitt Insurance

A Leavitt Group Agency

Toll Free Phone #: 1-800-242-0129 Alamosa Office: 719-589-3611 Colorado Springs Office: 719-528-1884 E-mail Address: Info-cia@leavitt.com

Lifestyle

A message from TSJC President, Dr. Rhonda M. Epper

Dear Trinidad State

Community: Spring Break is traditionally a time to refresh and recharge from the stress and excitement of a higher education experience. It is also a time for renewal, as we look forward to May -- to warmer weather, to semester's end, and to graduation. Unfortunately, things are much different this semester. COVID-19 has brought new challenges and normalcy has gone by the wayside. We are all a bit on edge as we consider the many unknowns before us. And yet, I have confidence that the legacy of Trinidad State will endure. As I walk the campus, speak with employees, and visit with students, I am encouraged that we are looking out for one another. I am confident that we can develop and adopt new processes to better serve the needs of students and employees, not just for the short-term of this current crisis, but for many years to come.

continue to support them. A couple of updates and decisions from this week: For Students

I am confident that the

communities of Southern

Colorado, of which we

are an integral part, will

recognize and value the

critical contributions we

make to their economic

and cultural fabric; and

they will endeavor to sup-

port us as much as we will

Commencement: In-person graduation ceremonies, currently scheduled for May 8, are cancelled. This is, of course, a difficult decision, but one that is necessary given the restrictions on large-group gatherings and to protect the health of our students, staff, and families. After spring break, we will be conducting a survey of graduating students to find out your preferences for an alternative way to celebrate your graduation from TSJC. Our Graduation Committee has been working on some ideas for a virtual celebration. We are also open to considering an in-person ceremony later in the year. Watch for a survey in your email the week of March 30. It's important to remember that however we celebrate, you will still receive your certificate or degree as soon as it's completed, and you

will be a TSJC graduate! Residence Hall and Dining Refunds: Students who check out of the residence halls before March 30 will be refunded six weeks of room and board to their student account. The business office will credit student accounts based on financial aid and scholarship awarded to the student. A pro-rated refund will be calculated for students who check out after March 30. To determine the status of your account, contact Ruth Blasi in the TSJC Business Office (719-846-5547, RuthAnn.Blasi@ trinidadstate.edu).

For Faculty and Staff: We are continuing with current plans to migrate as much instruction as possible to online delivery for the remainder of the semester. Please check out the faculty blog (https://tsjconline.wordpress.com/), put together by Lisa Cheney-Steen, Jocelyn King, and other faculty. You will find some excellent resources and helpful hints for moving your courses online. Lisa is also available to help any faculty member or instructor who needs oneon-one assistance. The blog also has helpful hints for staff, such as how to forward your phone and use Webex for meetings.

At this point, the governor and the Colorado Department of Health and Environment (CDHE) are supporting the continuation of Career and Technical Education (CTE) classes that require hands-on learning – as long as the classes are small and can provide appropriate social distancing. As you all know, a number of our CTE programs are supplying the workforce that is necessary in a time of crisis: EMTs, public safety officers, nurses, and other healthcare workers. Line technicians are critical during natural disasters. Our state needs these skilled workers as quickly as possible and will be counting on community colleges to retrain displaced workers and get them back into the workforce quickly. Kudos to many of our CTE faculty who have come up with innovative strategies to teach certain skills online. I am in awe of your creativity! We will continue to follow guidance from CCCS and state leaders on CTE and will let you know if anything changes.

As I stated in my message earlier this week, staff are encouraged to work from home if at all possible. We will have minimal staff working on campus (housing, dining, facilities, security) with most student support and business functions moving to remote work. We expect

a skeleton crew on each campus to be available to support students who are still here. Our IT staff has been conducting an inventory this week to determine the technology needs of staff members working from home. Administrative Services has developed some forms, located in the Employee Portal, for you to document your work-from-home arrangement and track your time.

As you make your final preparations for spring break, please know that I appreciate all that you are doing - students, faculty, and staff alike. I am proud that our TSJC community is doing its part in preparing for and controlling the spread of COVID-19. And I am proud of all we have accomplished to make TSJC such a remarkable place. We will use this opportunity to find new and innovative ways to deepen the relationships that sustain us. And we will be a better and stronger college for it. Be safe, and stay healthy!



Home & Commercial Mortgages Second Mortgages • Auto Loans Home Improvement Loans Raw Land

Checking Accounts Savings Accounts Certificates of Deposit Commercial Checking Accounts

Electronic Banking Services

Online Banking • Mobile Deposit • Mobile Banking App Online Bill Pay . Mastercard Debit Card Person to Person Payments

ALAMOSA 3416 Mariposa St. 719-589-2536

MONTE VISTA 901 1st Avenue 719-852-5933

Call or stop in today!

Holiday Inn awarded **Excellence Award**



ALAMOSA—The Holiday Inn Express & Suites in Alamosa has once again received the prestigious IHG® (InterContinental Hotels Group) 2018 and 2019, 5 of 5 Winning Metrics Award based on achieving excellence in guest experience and hotel goals. These goals are based on hotel and IHG key metrics that bring the brand to life for every hotel guest. It takes every team member's commitment at the hotel to make this happen and the Holiday Inn Express & Suites team did an exceptional job in 2018 and 2019 to win this

"We appreciate how the leaders at Holiday Inn Express & Suites inspired their team to drive for results and ultimately create better guest satisfaction and loyalty at their hotel," said Colleen Keating, Chief Operating Officer – The Americas, IHG.

award

The award-winning Holiday Inn Express & Suites is one of only 166 properties to reach this accomplishment out of more than 4,000 hotels in the Americas region.

The General Manager of 12 years, Deborah Clark is very proud of her "award" winning Management team and associates who make this happen for our valued guests each and

every day. We are proud to have won these awards

2 years in a row now! We VALUE our guests and associates of the hotel in an atmosphere of "we

treat you like family!" IHG® (InterContinental Hotels Group) is a global organization with a broad portfolio of hotel brands, including In-

terContinental® Hotels & Resorts, Kimpton® Hotels & Restaurants, Regent® Hotels & Resorts, HUALUXE™ Hotels and Resorts, Crowne Plaza® Hotels & Resorts, vocoTM, Hotel Indigo®, EVEN® Hotels, Holiday Inn® Hotels & Resorts, Holiday Inn Express®, avidTM hotels, Staybridge Suites®



A less expensive way to help get the dental care you deserve!

- Get help paying dental bills and keep more money in your pocket
- This is real dental insurance NOT just a discount plan
- Get affordable coverage before your next checkup

Don't wait! Call now and we'll rush you a **FREE** Information Kit with all the details.

1-877-690-1158 dental50plus.com/valcour



Don't Miss the **Latest on Covid-19** & Other SLV News!



Current print subscribers already have online access!

CONTACT US TODAY TO SIGN UP!

Call 719-589-2553 or

email squintana@alamosanews.com



www.alamosanews.com

Classified EREE Sell your household items for FREE. Total value of item must be \$200 or less. FREE ads include 20 words or less and run 5 times. Marketplace

SERVING: ALAMOSA • RIO GRANDE • CONEJOS • COSTILLA • SAGUACHE • MINERAL COUNTIES

HELP WANTED

Public Notices

NOTICE TO BIDDERS

Town of Del Norte Upper Water Storage Tank Rehabilitation Project The Town of Del Norte (hereinafter called the "Owner") will receive ealed bids for the Upper Water Storage Tank Rehabilitation Projec at the Del Norte Town Hall 140 Spruce Street, Del Norte, CO 81132 until 10:00 AM, April 1, 2020. At such time, Bids received will be pub-

Plans, specifications, and bid forms will be distributed electronically Plans can be downloaded at www.elementengineering.net under "Project Bidding" and will be available on March 9, 2020 at 10:00 AM. The charge for plans is \$20.00. A mandatory pre-bid conference will be held at the Del Norte Town Hall 140 Spruce Street on March 19,

Bids shall be made on the forms furnished by the Owner and shall be enclosed in a sealed envelope and endorsed with the name of the Bidder. All bids must be accompanied by a bid security in an amount of at least 5% of the Bid, in the form of a bid bond. The bond will be retained by the Owner if the successful bidder refuses or fails to enter secutive calendar days from the bid date.

The Project consists of replacement of rehabilitation of the existing ing, resurfacing, new metal roofing and site grading.

Bidders are hereby advised that the Owner reserves the right to not award a Contract until ninety (90) days from the date of the opening of Bids, and Bidders expressly agree to keep their Bids open for the ninety (90) day time period. Owner reserves the right to reject any and all Bids, to waive any informality, technicality or irregularity in any Bid, to disregard all non-conforming, non-responsive, conditional or alternate Bids, to negotiate contract terms with the Successful Bidder, to require statements or evidence of Bidders' qualifications, including financial statements, and to accept the proposal that is in the opinion of the Owner in its best interest. Owner reserves the right to accept any combination of Bids which in Owner's sole, and absolute judgment will, under all circumstances, best serve the Owner's interests Owner also reserves the right to extend the Bidding period by Addendum if it appears in its interest to do so.

Published in the Valley Courier on March 7, 14, and 21, 2020

NOTICE OF PURCHASE OF PROPERTY AT TAX LIEN SALE AND OF APPLICATION FOR ISSUANCE OF TREASURER'S DEED To Every Person in Actual Possession or Occupancy of the herein-

after Described Land, Lot or Premises, and to the Person in Whose Name the same was Taxed or Specially Assessed, and to all Persons having Interest of Title of Record in or to the said Premises and To Whom It May Concern, and more especially to ottonwoods Phase II LLC PO BOX 2097

Durango, CO 81302 You and each of you are hereby notified that on the 15th day of No-

State of Colorado, sold at public tax lien sale to David J Villano and Sonya M Villano the following described property situate in the County of Alamosa, State of Colorado, to-wit LOT 6 COTTONWOODS BLK 7 RESUB POR BLKS 4, 7, 8 & 9

Parcel Number: 541303001007

vember 2012, the then County Treasurer of Alamosa County, in the

Certificate Number: 114

and said County Treasurer issued a certificate of purchase therefore to David J Villano and Sonya M Villano.

That said tax lien sale was made to satisfy the delinquent property (and special assessment) taxes assessed against said property for

That said property was taxed or specially assessed in the name(s) of Cottonwoods Phase II LLC for said year 2011;
That said David J Villano and Sonya M Villano on the 4th day of De-

cember 2019, the present holder of said certificate (who) has made request upon the Treasurer of said County for a deed to said property; That a Treasurer's Deed will be issued for said property to David J Villano and Sonya M Villano on the 1st day of July 2020, unless the

Said property may be redeemed from said sale at any time prior to the actual execution of said Treasurer's Deed.
This Notice of Purchase has also been published in Valley Courier on March 10, 2020, March 17, 2020 and March 24, 2020.

Witness my hand this 3rd day of March 2020 Amy McKinley, Treasurer of Alamosa County, Colorado

Published in the Valley Courier on March 10, 17, 24, 2020

NOTICE OF PURCHASE OF PROPERTY AT TAX LIEN SALE AND OF APPLICATION FOR ISSUANCE OF TREASURER'S

To Every Person in Actual Possession or Occupancy of the hereinafter Described Land, Lot or Premises, and to the Person in Whose Name the same was Taxed or Specially Assessed, and to all Persons having Interest of Title of Record in or to the said Premises and To Whom It May Concern, and more especially to: Cottonwoods Phase II LLC PO BOX 2097

Durango, CO 81302 You and each of you are hereby notified that on the 15th day of November 2012, the then County Treasurer of Alamosa County, in the State of Colorado, sold at public tax lien sale to David J Villano and Sonya M Villano the following described property situate in the Coun-

ty of Alamosa, State of Colorado, to-wit: LOT 7 COTTONWOODS BILK 7 RESUB POR BLKS 4, 7, 8 & 9 .359AC WD REC #324625 12-07-05 Parcel Number: 541303001008

Certificate Number: 115 and said County Treasurer issued a certificate of purchase therefore

to David J Villano and Sonya M Villano. That said tax lien sale was made to satisfy the delinquent property (and special assessment) taxes assessed against said property for

the year 2011;

That said property was taxed or specially assessed in the name(s) of Cottonwoods Phase II LLC for said year 2011; That said David J Villano and Sonya M Villano on the 4th day of De-

cember 2019, the present holder of said certificate (who) has made request upon the Treasurer of said County for a deed to said property;

That a Treasurer's Deed will be issued for said property to David J Villano and Sonya M Villano on the 1st day of July 2020, unless the same has been redeemed; Said property may be redeemed from said sale at any time prior to the

Sau properly may be redefined in Sau Sale at any line prior to the actual execution of said Treasurer's Deed.
This Notice of Purchase has also been published in Valley Courier on March 10, 2020, March 17, 2020 and March 24, 2020.

Witness my hand this 3rd day of March 2020 Amy McKinley, Treasurer of Alamosa County, Colorado No. 1337

Published in the Valley Courier on March 10, 17, and 24, 2020

X District Court

RIO GRANDE County Colorad

Del Norte, CO 81132

E-mail: bosalaw@gmail

In the Matter of the Estate of: STEPHEN S. GOLDSTEIN Deceased

Court Address: 925 6th Room 204

Gordon J. Bosa Attorney at Law 202 Edison Avenue/PO BOX 58

Alamosa, CO 81101

Case Number: DIVISION COURTROOM

Phone Number: (719) 589-6603

com CREDITORS BY PUBLICATION PURSUANT TO 15-12-801 C.R.S.

NOTICE TO CREDITORS
Estate of Stephen S. Goldstein, Deceased 2020PR3002, RIO GRANDE DISTRICT Case Number:

COURT All persons having claims against the above named estate are re-

quired to present them to the Personal Representative or to District

Court of Rio Grande County Colorado on or before July 16, 2020, or the claims may be forever barred: Rita Roberts

599 Pine Street Monte Vista, CO 81144 NO. 1356

Published in the Valley Courier on March 17, 24, and 31, 2020

INVITATION FOR PROPOSALS

The City Of Alamosa, Colorado, is requesting proposals from qualified consultants until Friday, April 24, 2019 at 5 p.m. at the Alamosa Public Works Department for the study entitled "Alamosa Housing Needs Assessment'
For the past several years, the City of Alamosa has been investing into plans and strategies to help inform policies and goals in order to

promote economic development, quality residential growth, and general improvements for the protection of the quality of life for the city's residents and businesses. In 2017, the City of Alamosa completed the Comprehensive Plan, which resulted in the new Uniform Develop-ment Code and spawned the Downtown Plan. While these plans addressed the need for housing as it relates to economic development, and there is broad agreement that the issue should be addressed, no specific strategy or data exists. The City of Alamosa has not historically played a role in housing and is currently working on developing this expertise. Therefore, this assessment and plan will be extremely important to guide the City's priorities moving forward. Any and all questions shall be submitted in writing prior to 5 p.m.

Any and an questions shall be submitted in wilding prior to \$p.m. on April 14, 2019 by electronic mail to daspinvall@ci.alamosa.co.us Questions and responses will be posted on the city web site as soon as possible thereafter. A copy of the Request for Proposal and a sample Scope of Services is available on the City's website at https://
cityofalamosa.org/finditfast/living-in-alamosa/public-bids/. The City reserves the right to reject any and all proposals or waive

NOTICE OF PURCHASE OF PROPERTY AT TAX LIEN SALE DEED

To Every Person in Actual Possession or Occupancy of the herein-after Described Land, Lot or Premises, and to the Person in Whose Name the same was Taxed or Specially Assessed, and to all Persons having Interest of Title of Record in or to the said Premises and To Whom It May Concern, and more especially to: Cottonwoods Phase II LLC

PO BOX 2097

You and each of you are hereby notified that on the 15th day of November 2012, the then County Treasurer of Alamosa County, in the State of Colorado, sold at public tax lien sale to David J Villano and Sonya M Villano the following described property situate in the County of Alamosa, State of Colorado, to-wit: LOT 9 COTTONWOODS BLK 7 RESUB POR BLKS 4, 7, 8 & 9 .401AC WD REC #324625 12-07-05

Parcel Number: 541303001010 Certificate Number: 117

and said County Treasurer issued a certificate of purchase therefore to David J Villano and Sonya M Villano. That said tax lien sale was made to satisfy the delinquent prope

(and special assessment) taxes assessed against said property for Cottonwoods Phase II LLC for said year 2011:

That said David J Villano and Sonya M Villano on the 4th day of December 2019, the present holder of said certificate (who) has made request upon the Treasurer of said County for a deed to said property; That a Treasurer's Deed will be issued for said property to David J Villano and Sonya M Villano on the 1st day of July 2020, unless the

same has been redeemed; Said property may be redeemed from said sale at any time prior to the actual execution of said Treasurer's Deed.

This Notice of Purchase has also been published in Valley Courier on

March 10, 2020, March 17, 2020 and March 24, 2020. Witness my hand this 3rd day of March 2020 Amy McKinley, Treasurer of Alamosa County, Colorado

Published in the Valley Courier on March 10, 17, and 24, 2020

District Court

Alamosa County, Colorado Court Address: 8955 Independence Way Alamosa, CO 81101 Phone Number: 719-589-4996 In the Matter of the Estate of JOHN E. KREINER, COURT USE ONLY

Karl Kuenhold, Law Office of Karl Kuenhold, LLC 808 Third St

Alamosa, CO 81101 Phone Number: 719-589-3688 E-mail: karl@kuenoldlaw.com

Atty. Reg. #: 40164 Case Number: 2020 PR 30009

NOTICE TO CREDITORS BY PUBLICATION PURSUANT TO § 15-

12-801, C.R.S. NOTICE TO CREDITORS Estate of JOHN E. KREINER, Deceased

2020 PR 30009 All persons having claims against the above named estate are required to present them to the personal representative or to

District Court of Alamosa, County, Colorado or on or before July 10, 2020 (date)*, or the claims may be forever

Personal Representative:

Betty Kathleen Henderson Farmington, NM 87401

ublished in the Valley Courier on March 10, 17, and 24, 2020

NOTICE OF PURCHASE OF PROPERTY AT TAX LIEN SALE AND OF APPLICATION FOR ISSUANCE OF TREASURER'S DEED To Every Person in Actual Possession or Occupancy of the herein-

after Described Land, Lot or Premises, and to the Person in Whose Name the same was Taxed or Specially Assessed, and to all Persons having Interest of Title of Record in or to the said Premises and To Whom It May Concern, and more especially to: Cottonwoods Phase II LLC

Durango, CO 81302

You and each of you are hereby notified that on the 15th day of November 2012, the then County Treasurer of Alamosa County, in the State of Colorado, sold at public tax lien sale to David J Villano and LOT 8 COTTONWOODS BLK 7 RESUB POR BLKS 4, 7, 8 & 9

.401AC WD REC #324625 12-07-05 Parcel Number: 541303001009 Certificate Number: 116

and said County Treasurer issued a certificate of purchase therefore to David J Villano and Sonya M Villano.

That said tax lien sale was made to satisfy the delinquent property

(and special assessment) taxes assessed against said property for the year 2011; That said property was taxed or specially assessed in the name(s) of Cottonwoods Phase II LLC for said year 2011; That said David J Villano and Sonya M Villano on the 4th day of De-

cember 2019, the present holder of said certificate (who) has made request upon the Treasurer of said County for a deed to said property; That a Treasurer's Deed will be issued for said property to David J

Villano and Sonya M Villano on the 1st day of July 2020, unless the same has been redeemed; Said property may be redeemed from said sale at any time prior to the actual execution of said Treasurer's Deed.

This Notice of Purchase has also been published in Valley Courier on March 10, 2020, March 17, 2020 and March 24, 2020.

Witness my hand this 3rd day of March 2020 Amy McKinley, Treasurer of Alamosa County, Colorado

Published in the Valley Courier on March 10, 17, and 24, 2020

099 ANNOUNCEMENTS

BEING SOUGHT for garage door installation at the Bus Garage of the Upper Rio Grande School District. For more information, please contact the Administrative Offices at 719-657-4040. Bids due by April 1.(4/1)

185 - SERVICES & REPAIRS FLU PREVENTION

CLINIC Every Thursday in March. Be proac-

tive and strengthen your immune system at the Acu Center Community Clinic located in Del Norte, 990 6th st. Call for appointment 360-821-9006.(4/3) LICENSED PLUMB-ER DOES all types of

plumbing repairs and plumbing remodel done at reasonable rate. Call 719-580-0033 or 719-376-2593.(4/2)

221

HELP WANTED

NEED A SECOND IN-COME? child support?

Car Repairs? Taxes Due? Earn up to \$800/ month delivering the Valley Courier. Contact Keith at 589-2553. (2/26-TFN)

221 **HELP WANTED**

CROSSROADS' TURNING POINTS, Inc is currently hiring for the following position: CIC Caseworker / Full Time / \$12.75 to \$13.75 per hr Available to work different shifts, as needed. Please see job description and apply online at: www.

crossroadstp.org.(3/28) THE SAN LUIS Valley Board of Cooperative Educational Services has a position for a full time Early Childhood Special Education Teacher for the 2020-2021 School Year. Interested applicants should hold a valid Colorado Teacher License with a license for Early Childhood Special Education or be eligible for a Temporary Educator Eligibility (TEE). Application is available at the BOCES office or on-line www. slvboces.org. Process requires application, letter of interest, and three current letters

of reference. Send

completed application

process to LJ Garcia,

Assistant Director of

Exceptional Student

Services, SLV BOCES,

2261 Enterprise Drive,

Alamosa, CO 81101.

Application deadline is

April 3, 2020.(4/3)

RIVER VALLEY INN Nursing home in Del Norte Co is seeking a Director of Nursing must have a current Colorado license and in good standing. We offer insurance and competitive wages if interested please stop in @ 1335 6th st to apply or if you have any questions please feel free

WE ARE LOOKING for a candidate who possesses strong general bookkeeping knowledge and good time management skills. Positive attitude, dependability and willingness to work with others is a must! Experience using Quickbooks and/or Epicor is extremely helpful. The role for this position is assisted by the use of an outside professional accounting service. This is a full time position. Beginning pay is negotiable depending on experience. Please send resume to katie@ slyproperties.com or drop off in person at 157 Craft Drive. (3/24) WANTED FULL-

ganic sheep and hay farm in La Jara, CO. Must have good people skills, be honest and dependable. Experience with animals, farm work a plus. Must have phone and transportation. Our mission is to be leaders in sustainable agriculture and sustainable living.

221 **HELP WANTED**

THE SAN LUIS Valley Board of Cooperative Educational Services has a position for a full time Early Childhood Special Education Teacher for the 2020-2021 School Year. Interested applicants should hold a valid Colorado Teacher License with a license for Early Childhood Special Education or be eligible for a Temporary Educator Eligibility (TEE). Application is available at the BOCES office or hr@lapuente.net. (3/31) on-line www.slvboces. org. Process requires application, letter of interest, and three current letters of reference. Send completed application

April 3, 2020.(4/3) THE CITY OF Alamosa is hiring a parttime Library Assistant. (Hiring range \$12.00 to \$12.60/hour DOQ). 20-25 hours per week. Hours will include evenings and weekends. Computer and customer service skills are a must. Duties include, but not limited to, shelving, collection maintenance, and customer service. Full job description, announcement, and application can be found on our website at cityofalamosa.org. Dead-

process to LJ Garcia,

2261 Enterprise Drive,

THE ALAMOSA SCHOOL District is accepting applications for the following position: Building Night Janitor AHS) Applications are available online at https:// dist.alamosa.k12.co.us For more information, contact Mindi Van Ry at 719-587-1600. Application deadline March 27, 2020. EOE(3/27)

p.m.(3/27)

THE COSTILLA **COUNTY** Conservancy District is now hiring for an Administrative Assistant position. Job requirements: High School Diploma, Microsoft Office experience. and Email and computer skills. Preferred qualifications: Accounting/ bookkeeping (Quickbooks) skills and Good communications/writing skills. Position is for 30 hours per week, Monday - Friday. Please email resume along with letters of recommendation and references to info@ costillaccd.orgby April 2, 2020,(4/4)

to contact us @ 719-657-

1105 ask for Susan. (RVI

is EOE.)(4/3)

TIME position on or-

Creede 81130 Living quarters on farm an option. Call Colin 719-588-1035. (3/24)

NIGHT STAFF NEEDED at La Puente Home. Need Mature, dynamic, compassionate person, able to deal with all types of people. Must be able to work weekend and graveyard shifts. (21+). Bilingual preferred. Looking for the unique applicant who will be a part of an awesome team of individuals helping others. Join our staff of dedicated professionals and learn the joys and satisfaction of helping others. Send resume to:

A&L COORS HIRING for a full-time driver/delivery person. Position is physically demanding. Applicant requirements: self-motivated, good communication skills, dependability, atten-Assistant Director of tion to detail, clean driving Exceptional Student Services, SLV BOCES, record, must pass a drug test and work well with others. Positive working environ-Alamosa, CO 81101. ment with an opportunity to acquire a CDL license. Application deadline is Pick up application at 1905 State Street, Alamosa, CO. After 4:00 PM. No phone calls please.(3/24)

> SAN LUIS VALLEY Health is seeking qualified candidates to fill positions as a Maintenance Mechanic, Maintenance Worker, and Housekeeper. please visit https://www.sanluisvallevhealth.org/careers/ for a full job summary for these positions, as well as our other job opportunities. (3/27) MONTE VISTA SCHOOL District is accepting applications for a Health Teacher for the

line: 03/26/2020 at 4:30 2020-2021 school year. The person in this position will teach health in grades 6th through 12th. A complete list of desired qualifications and experience is posted on the district website http:// ww2.monte.k12.co.us/ employment-opportunities. html. Monte Vista School District offers a competitive salary and an excellent benefit package including employee health, dental, vision, and life coverage. Applications may be submitted to the District Office, 345 E. Prospect Ave., Monte Vista, CO 81144, by April 1, 2020, or until the position is filled. Applications may be downloaded from the district website or call 719-852-5996.(3/28)

221 **HELP WANTED** APARTMENT MAN-

AGER. OVER the Rainbow Apartments, downtown Alamosa seeks a live-in skilled property manager. Responsibilities include lease management. facility upkeep, handling tenant needs and issues. Oualifications: mature. good communication and computer skills, good references. Knowledge of human services helpful. Compensation includes salary, apartment, paid utilities and benefits. Serious applicants, please submit resume to hr@lapu-

ente.net.(3/28) SANGRE DE CRISTO School District is looking for highly motivated Middle School Science Teacher that has a desire to teach and the ability to pass their passion of learning onto students. For more information please contact Mr. Stagner at 719-378-2310 or bstagner@sangreschools. org. Teaching applications may be downloaded from sdc.schooldesk.net or picked up at school office. Positions open until filled.

the district web site or call MONTE VISTA ES-TATES Nursing Home is seeking a full-time day shift RN to add to our amazing team! Shift is 6am-6:30 PM-Wednesday, Thursday, Friday (one week) Thursday, Friday Saturday (second week) rotating schedule. The open positions are essential roles in the overall care offered to our residents. (3/28)

HELP WANTED

MONTE VISTA ES-TATES Nursing Home is Seeking a full time day shift C.N.A seeking a full time evening shift (2-10) shift CAN If you love working with the elderly and enjoy making a difference in the lives of our residents, please contact us. We look forward to having you join our team. (3/28) MONTE VISTA

SCHOOL District is seeking dynamic, people oriented candidates for the position of Monte Vista Middle School Principal. Start date will be August 1, 2020, with a competitive salary based on experience, plus an attractive benefit package. Interested individuals should submit application materials electronically in pdf format to mary@monte.k12.co.us by March 26, 2020. A full description of desired qualifications and experiênce may be viewed on the district website https:// ww2.monte.k12.co.us/employment-opportunities. html. Applications are available to download on

(719)852-5996. (3/24) RIVER VALLEY INN Nursing home is now hiring LPN's and RN's. Come join our team! Must have a current license and CPR. Days and Night shift With night shift differential. Please stop in for an application at 1335 6th st in Del Norte Co or call 719-657-1105 Ask for Susan or Chelcy. (RVI is EOE.)(4/3)

*30,000+

Immediate opening in multi-media sales. Experience appreciated.

Valley Courier

Send resume to:

KCerny@alamosanews.com

Alamosa 81101 Adams State

College 81102 Antonito 81120

Blanca

81123

Bountiful 81140 Capulin

81124

Center 81125 Chama

81126 Conejos 81129

Crestone 81131

Del Norte 81132 Ft. Garland

Garcia 81134 Homelake

81135

81133

Hooper 81136 Jaroso

81138 La Garita 81132

La Jara

81140 La Sauses 81151

La Valley 81153 Manassa 81141

Moffat

81143

81153 South Fork 81154 Spar City

81130

Monte Vista

81144

Mosca

81146

Romeo

81148

Saguache

81149

San Acacio

81151

Sanford

81151

San Luis

81152

San Pablo

Villa Grove 81155

any irregularities in any proposal or the proposal process.

No. 1369

Published in the Valley Courier on March 24, 31, and April 2, 2020

Classifieds

221 **HELP WANTED**

FARMING TECH-NOLOGY CORP is Seeking Tractor Operator Help. May Apply In Person At 8629 Rd 105 North Mosca, Co 81146. Phone 719-754-0559.

FARMING TECH-NOLOGY CORP is seeking Irrigation Technician Qualification, With Sprinkler and Well Maintenance. Apply In Person At 8629 Rd 105 North Mosca, Co 81146 Phone 719-754-0559.

304 LAWN & GARDEN

SPRINKLER RE-PAIR REASONABLE rate and quick service. Also available on the weekends Call 719-580-0033 or 719-376-2593. (4/2)

324 - FEED & SEED

PREMIUM ALFALFA AND grass/alfalfa, small bales \$7.00 in hay shed (719) 580-2509.(5/14)

HORSE AND COW hay: grass, grass/alfal-fa, alfalfa. 3x3 and 4x4 bales, various quality and pricing. 719-850-8917 (7-13-TFN)

> 330 **FREE**

FREE DRESSER GOOD condition 719-937-2254 Need gone ASAP. (3/25)

341 - GARAGE SALES

USED FURNITURE/ ESTATE SALE. Dinning room set, Livingroom set, and Bedroom set. Everything must go. Call for Appointment 719-588-3508.(3/24)

> 351 **LIVESTOCK**

PIGS FOR SALE \$1.00 lb. live weight. 570-395-0184 (TFN)

LIVESTOCK

FOR SALE 2 and 3 year old Limousin bred Bulls. Red and Black, Fertility and trick tested. Čall Ed Orth (719)852-3069 (3/24)

353 - FARM & LIVESTOCK SERVICES

ATTENTION FARMERS & Ranchers. Show special seal leaking stock tanks, ponds or reservoirs with Bentonite 719-580-6652.(3/27)

360 - MISCELLANEOUS **FOR SALE**

RAMSEY 12 VOLT Pro 8000R Series #817508 wench 93 ft. 5/16 cable. Remote switch, roller fairlead. 719-852-2285 (10/22-TFN)

ZACH'S EUROPE-AN MOUNTS. Professional work, low prices. 719-580-0398.

> 369 - PETS & **SUPPLIES**

OOPS! GOT PUP-PIES who need a home? San Luis Valley Animal Welfare Society is a nonprofit animal rescue dedicated to stopping the euthanasia of healthy adoptable pets. Having pets altered is the number one way to stop pet overpopulation. If your pet has had pup-pies contact us. We will take the puppies into our rescue and spay the mama dog for free after the puppies are weaned. If needed we will also provide dog food & gas money to get the dogs to us to help in this situation. Spay/neuter is one of the greatest gifts you can provide your pet, your family and your community. We have

found good responsible

homes for over 8,000

animals. Contact 719-

587-9663 (WOOF);

email: woof@slvaws.

org. (TFN)

QuickBooks Pro

Advisors

Business

Valuation

Tax Compliance

Litigation

369 - PETS & **SUPPLIES**

REGISTERED MINI AUSSIE puppies for sale. Will be 8 weeks old ready on 3/23/20. 3 Blue Merles and 3 Black Tri. Blue Merles \$500 a piece Black Tri \$350 a piece. Current on all shots. 719-849-1877.(3/27)

ALL DOGS AD-**OPTED** FROM THE VALLEY HUMANE LEAGUE HAVE TO BE SPAYED OR NEU-TERED BEFORE GO-ING TO THEIR NEW HOME. (TFN)

NEED CATS FOR mousers? Want to adopt kittens? Help trap/neuter/release efforts? Donate food/ litter/supplies? Low cost spay/neuter clinic for cats. http://www. catsalivesly.com 719-298-7028. (TFN)

FREE TO GOOD home. Adults and kittens. NO MOUSERS OR BARN CATS. Spay/neuter clinics coming to Alamosa in near future. Call Donna K 719-589-5952 or 719-580-9078. (TFN)

387 - WANTED TO BUY

LOOKING FOR A 2 or 3 bedroom Mobile Home 1981 or higher for \$15,000 or under. Call or text 719-580-9525(TFN-E)

409 FARM & **RANCH LAND**

WANTED TO LEASE or lease-toown pasture or hay grounds. Call 719-850-1680.(4/25)

coloradopress

ASSOCIATION I INELEVORA To place a 25-word COSCAN Network ad in 91 Colorado newspapers for only \$300, contact your local newspaper or call Colorado Press Association Network at 303-571-5117.

Cash for Mineral Rights Free, no-risk, eash offer. Contact us with the details:

Littleton, CO 80161 Email:

525 **GUNS**

ZACH'S EURO-PEAN MOUNTS. Professional work, low prices. 719-580-0398. (TFN)

601 APARTMENTS FOR RENT

Century Property Management & Sales, LLC

Alamosa • 589-5744 PROPERTY MANAGEMENT SERVICE

For all your rental needs please call 719-589-5744 or stop by 823 Main St. Alamosa, CO 81101

www. alamosarentals .com

611 - HOMES FOR RENT

AVAILABLE APRIL 1ST, 3 bedroom, 1 bathroom, 212 Bonney Dr., 1 year leas3 \$1,000 per mo. 719-480-3777. (4/2)

4 BEDROOM, 2 bath, 2 car garage, Fenced backvard, No pets 1 year lease Location: Alamosa \$1,200 + utilities 719-849-1979 (4/10)

614 - MOBILE **HOMES FOR RENT**

FOR RENT: 3 Bedroom; 2 Bath M.H. new carpet, new paint \$1000.00 deposit \$850.00 month. Call 580.9536(3/31)

Colorado Statewide

Classified Advertising Network

Call: 720-988-5617 Write: Minerals, PO BOX 3668. Buy a 25-word statewide classified line ad in newspapers across the state of Colorado for just \$300 per week. Ask about our frequency discounts! Contact this newspaper or call Colorado Press Association Network 303-571-5117

GASH

Sell any item for \$100 or less and your ad is



589-2553 squintana@alamosanews.com

You'll find it all in the **Business & Service Directory**

• Affordable • Seen 5 Days a Week To Place Your Ad Call (719) 589-2553

Accounting

Small Business Accounting

Financial Statement Audits

Other Assurance Services

Wall Smith Bateman Inc

Support Certified Public Accountants 700 Main St. • Alamosa • 589-3619 15 Washington St. • Monte Vista • 852-5103

· Celebrating 40 Years of Service ·

Earth Moving

Earthworks of Southern Colorado w Troy Geringer 719-480-1756

 Trenching · Ditch Cleaning · Site Cleaning & Prep **Driveway Construction & Grading** Landscaping House Pads Stream Bank Restoration



· Dirt Work







Advertising

Advertise Your Business in this Only \$99 per month*

*3 month commitment



Real Estate





FREE ESTIMATES Earth Moving DemolitionRemodels Residential & Commercial

Carpet Cleaning & Auto Detailing Plus... Construction Cleanup

Cleaning

Electrical

Lumber

82 CONEJOS

ALAMOSA

Lumber · Steel

Engineered Trusses

1301 West Ave. · Alamosa

'719) *58*9-3254

19-589-9144

Lori - 719-298-2502

 Additions Roofing Backhoe

Handyman

Concrete

 Tree Trimming & Much More! 719-580-8918

joshshandymanoncall@yahoo.com

Gardening

Alamosa Garden Supply and Grow Store

0711 W. Highway 160, Suite C, Alamosa, CO 81101 719-206-3336 Monday - Saturday 10:00 am - 5:00 pm

Attorney

ATENCIO LAW

719.589.6005

Civil Litigation

· Real Estate · Water Law

Business Law

Wills & Probate

(call for more information)

Unbundled Legal Services steve@atenciolaw.net

PROUDLY SERVING CLIENTS

THROUGHOUT THE SAN LUIS VALLEY

STEVE ATENCIO

www.atenciolaw.net

Get ready for spring gardening now! Fall is the best time to amend your soil after you've put the garden to bed. We carry a wide variety of soil, trace

minerals, soil conditioners, mycorrhizae mixes, bio-char and so much more. HAPPY FROG SOIL SPECIAL! 2 FOR \$36 + TAX 25% OFF FISH SH*T SOIL PROBIOTICS * 25% OFF ALL DOWN TO EARTH PRODUCTS We will meet or beat any local competitor's price!

Real Estate



Tires

Preston@PorterRealty.com

Excellent Service

Jim's Tire

Store

711 1/2 State Ave. • Alamosa

719-589-9690

NEW • USED • RECAPPED

Great Service!



Expert Advice

For All Your Tractor



Tractor Repair

GREG GOODWIN

Greg@PorterRealty.com

Exceptional Results

60+ years experience VALLEY TRACTOR REPAIR 719-852-0200

Auctioneering AUCTION Brady Stagner

(719)588-2573 SERVICES LLC Email: aandbauctions@gmail.com

For All Your Auction Needs *Farm *Ranch *Benefit

*Household *Fundraising www.aandbauctionservices.com

Home Maintenance

Marty's Maintenance CINE

Contracto #3462 **CONTACT US TODAY!** Marty_Husmann@yahoo.com

719.480.3375

Real Estate



Independent Broker Auctioneer

www.ribaudorealty.com joe@ribaudoreality.com

We Buy Cars

FREE Estimates We Welcome Insurance Claims



8425 Rd. 8 South · Alamosa 589-9205

CROSSWORD PUZZLE

amount

symptom

user

47 Lettuce

buys

man's

mother

heroine

animal

reader

51 Super-

55 Woolly

56 Spoken

58 Virus

59 Writes

SUDOKU

DIFFICULTY RATING: 含分分分分

6

8

2 8

1

9

7 2

6

2 5 9

4 3 8 9 5 2 6

9

5 1

6 9 1 3 5

4 3 7 1

2

8 5

9

1

4

52 Auel

oil

38 Big **ACROSS** 1 On the — 39 Grant vive 40 Poison ivy 4 Big hairdo 8 Intuit, in 41 Airline to sci-fi slang 12 "Water-42 Kennel falls" group

13 Victuals 14 Auto part 15 Sign a contract 16 Asian royalty

17 Butter substitute 18 Check endorser 20 Medieval adventure 21 Cask 23 "Alice" diner

owner 24 South Seas qetaway 27 Matured 29 Force open 32 Pretty soon 33 Large vase

34 Airport exit 35 Antler bearer 36 Traipse about 37 Oil cartel

> 9 4

2

4

8

HOW TO PLAY:

Each row, column and set of 3-by-3

poxes must contain the numbers 1 through 9 without

repetition.

without

6

5

1

2

1

5

6

9

4

8

Stockholm 44 Cooked in 57 Tea leaves infection

60 Leg joint 61 Perch DOWN 1 Ear swab (hyph.) 2 Bone below the elbow 3 Gross 4 Achieve harmony

5

7

8

1

6

9

3

7

4

8 9

1 4 3 7

6 8

4 7

4 7 6 8

7 8 6 2 3 1 4 9 5

3 9 8

2 7

6

3

4

7

2

8

5 4

4 8

5 2 9

6 1 3 HERMAN

TAM E M|T|VGOLD OPEN A H AIDEA EN D RELIGION DUOS SUN ESA WARIEST ODDKISS REINED GON E Z|E|N O RESINS OPTSBEAKBLOT HE ARTEN GOAMBA SEPT ANGUISH НООК EEO OITITO |RO|PE SS T SSN URSA 5 Friar's title

6 Operate 7 "Shogun" apparel 8 Horror flick 34 Chasm extra 9 Butler, to Gable 10 Blast furnace inputs

11 Snarl 19 Making do 20 Proof ender 22 Dials 23 Healed, as a bone 24 In a jiffy 25 Not out of 26 Baez or Rivers 28 Diploma possessor

29 Family man 30 Country addrs. 31 Gross!

39 Heel 41 Waterproofs 43 Windy City airport 44 Dud 45 Unusual 46 Persia, now 48 Pet shop sounds 49 Surrealist

painter 50 Chimney dirt 52 Invite 53 Desire 54 Harper or Stan

ALLEY OOP



ARLO & JANIS



BIG NATE





















Couple's views on one issue diverge and threaten future

DEAR ABBY: After an abusive relationship ended friend I understand where 14 years ago, I stayed he's coming from based single and raised my small upon where and how we son to adulthood. I dated were raised? Do you think here and there, but never down the road our basic found anyone I had serious principles will drive us feelings for who also felt apart? We have been talkthe same way about me ing about buying a house until seven months ago.

kind, caring, hardwork- TATING IN ILLINOIS ing and protective. We

grew up in very small, conservative communities.)

Now that my son is older, I plan to use my experiences to be a stronger voice on education issues regarding tolerance and improving learning outcomes for all by instilling conflict resolution prinpractices. I'm not changing my view on this, but I want

and support each other.

Should I tell my boyin the country together, My feelings for my although neither of us has boyfriend are strong, and intentions of marriage it's mutual. He is giving, anytime soon. -- HESI-

DEAR HESITATING: are very much in love. He You should absolutely talk tells me he feels like he to your boyfriend about can be himself around me, your plan to become an something he has never outspoken LGBTQ ally staying overnight, going had before. I've never had and more active in your on trips, etc. As they have anyone care so much about profession. When you become more visible, do you that they will naturally We talk about every- plan to separate your ca- want to spend less time thing and differ on only reer and your personal life? one point so far. I'm in It appears you are willing education and an LGBTQ (and able) to respect him, send them texts to invite ally. He feels strongly that and understand why he them for lunch or out nature dictates that only a feels the way he does. But somewhere for the day, man and a woman belong is he willing to do the they don't respond or just together, and he says he same for you, and will his respond with an IDK (I hates gay people. (We both conservative convictions don't know). My question: plan to live your life?

> that this issue be resolved BEFORE investing in real estate with him -- as well as any more precious time. A professional mediator may be able to help with asked an intelligent questhe conversation if you tion, but you are asking the

ciples in my educational can't do this by yourselves. wrong person. The people grandchildren, 12 and 16, to continue for us to love used to spend a lot of time when you do, it should be with my husband and me, face-to-face.



You'd be surprised if you knew how many people walk out

ABIGAIL Van Buren

gotten older, I recognize with us old folks.

My problem is, when I negatively affect how you Should I ask again to get an answer before the It is VERY important scheduled lunch or trip, or should I just forget it and assume they don't want to be involved with us? -- SAD MEMAW IN FLORIDA

DEAR SAD: You have DEAR ABBY: My two you should be asking are your grandchildren, and

FRANK & ERNEST









THE GRIZZWELLS



PEANUTS







Lifestyle

Various ways to alleviate nurse burnout

Nursing is a rewarding career, and nurses figure to be in high demand in the coming decades.

As fulfilling as nursing can be, nurses routinely confront issues that other professionals may never encounter. Nurses are in high-demand, but a shortage of openings in nursing schools in recent years has led to a widening gap between the demand for skilled nurses and the supply, according to the nursing support resource Nursing.org. As a result, many nurses are taking on more work than they can handle. Couple this with the inherently demanding nature of nursing, and it's not surprising that nurses may experience fatigue, mental exhaustion and doubts about the value of

their work.
Holli Blazey, MSN,
ANP-BC, the Nursing
Program Coordinator for
Employee Wellness at the
Cleveland Clinic, says
burnout is "a big problem
nationally for all kinds of
caregivers, whether you
work in an ICU or an ambulatory setting." Long
hours, rotating shifts and
the stress of caring for ill

patients are other factors that can contribute to nurse burnout. Many times nurses muddle through and do not even realize burnout is occurring. However, if anxiety, exhaustion or the desire to skip work is cropping up more frequently, nurses should not hesitate to take action. The following are some ways nurses can cope with burnout.

 Identify your stressors. Write down the things that are stressing you out. Pinpointing circumstances that are causing you to feel overwhelmed is the first step in addressing them. Try tracking responsibilities for a few days and write down feelings after each activity. Then try to identify which are the biggest sources of your stress. Communicate your findings with a supervisor or colleague who may offer advice or work with you to confront your stress in a positive

• Don't make new commitments. It's tempting to want to get involved in new projects, especially if job dissatisfaction has you looking for fulfillment

elsewhere. But overextending yourself even further may only add to your existing stress.

 Practice relaxation exercises. Engage in slow and meaningful breathing, set aside even a few moments to sit in quiet and take a break, and think about how you can approach the situation in a healthy way instead of giving in to your anxiety.

• Delegate when possible. Find out which tasks can be taken off of your todo list. Is there something a patient care nursing assistant can do at work? Can you rely on a friend or family member to help out at home? Lighten your load to give yourself time to recuperate.

• Join a support network. Many employers offer employee assistance programs, such as access to a professional therapist. Connecting with other colleagues also can be a great way to build up your support network.

These tips can help nurses find the relief they need when burnout starts to set in. More resources can be found at www. nursing.org. TF204808

ICU or an ametting." Long new projects, especially to set in. More reting shifts and if job dissatisfaction has can be found a

The following instructions are for people who have or might have Novel Coronavirus (COVID-19) and their families or care-

Information for CO-VID-19 patients who are

not hospitalized:
Stay home. Do not leave your home, except to get medical care, until your healthcare provider says it is OK. (this can be up to 7 days and at least 72 hours after all symptoms have subsided without having to take medication) Do not go to work, school or public areas, and do not use public transportation or taxis.

Separate yourself from other people in your home. As much as possible, stay in a different room from other people in your home. If possible, use a separate bathroom. If you must be in the same room as other people, wear a face mask to prevent spreading germs

prevent spreading germs to others.

Avoid visitors. Keep small children, elderly people, those with weak

people, those with weak immune systems or chronic health conditions away. This includes people with diabetes, chronic heart or lung or kidney conditions, and pregnant patients.

Cover coughs and sneezes. To prevent spreading germs to others, when coughing or sneezing cover your mouth and nose with a tissue or your sleeve. Throw used tissues in a lined trash can, and immediately wash hands with soap and water.

Keep hands clean. Wash hands often and thoroughly, especially after blowing your nose, coughing or sneezing; going to the bathroom; and before eating or preparing food. Use soap and water for at least 20 seconds. Use hand sanitizer with at least 60% alcohol if soap and water are not available and if hands are not visibly dirty. Avoid touching eyes, nose and mouth with unwashed hands.

Avoid sharing house-hold items. Do not share dishes, drinking glasses, cups, eating utensils, towels, bedding or other items with other people in the home. These items should be washed thoroughly after use with soap and

warm water.
Clean all "high touch" surfaces, such as counters, tabletops, door knobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables,

every day using household disinfectants. Also, clean any surfaces that may have blood, body fluids and/or secretions or excretions on them.

Monitor illness. If your illness gets worse, seek medical care. Call the CO-VID-19 triage line (719-589-2511 press 9) and tell them that you have, or might have COVID-19 or you suspect you are getting worse. This will help get you to the appropriate location for treatment with proper notification to the staff expecting you.

It is recommended that you seek medical care for serious symptoms such as: difficulty breathing, can't keep fluids down, dehydration, confusion, chest pain, or other serious symptoms. People with life-threatening symptoms should go to the ER or call 911. Notify the 911 dispatch that you may have COVID-19 to allow the EMS providers to take the necessary precautions.

Stay hydrated by drinking plenty of fluids such as water, sports drinks, electrolyte drinks. If not contraindicated, use Tylenol for fever control and body aches.



TEST YOUR HOMEBUYING KNOWLEDGE

take the quiz at www.slvfb.com/quiz



*TERMS AND CONDITIONS APPLY



San Luis Valley Federal Bank

- Experienced Loan Officers
- ✓ Competitive Interest Rates
- 121 years of Serving the Community

NMLS # 403374





FDI@

slvfed.com





RECEIVE A \$100
RESTAURANT.COM GIFT CARD
WITH FREE
IN-HOME
ESTIMATE!**

CALL TODAY FOR YOUR FREE ESTIMATE!

- ONE-PIECE, SEAMLESS GUTTER SYSTEM
- PROTECTIVE OVERHANG/TRIM
- SCRATCHGUARD® PAINT FINISH
- CLOG-FREE DESIGN



'Does not include cost of material. Expires 3/31/20. **All participants who attend an estimated 60-90-minute in-home product consultation will receive a \$100 gift certificate. Visit https://www.restaurant.com/about/terms for complete terms and conditions and https://www.restaurant.comfor participating restaurants. Retail value is \$100. Offer sponsored by LeafGuard Holdings Inc. Limit one per household. Company procures, sells, and installs seamless gutter protection. This offer is valid for homeowners over 18 years of age. If married or involved with a life partner, both conabitating persons must attend and complete presentation together. Participants must have a photo ID, be able to understand English, and be legally able to enter into a contract. The following persons are not eligible for this offer: employees of Company or affiliated companies or entities, their immediate family members, previous participants in a Company in-home consultation within the past 12 months and all current and former Company customers. Gift may not be extended, transferred, or substituted except that Company may substitute a gift of equal or greater value if it deems it necessary. Gift card will be mailed to the participant via first class United States Mail within 10 days of receipt of the promotion form. Not valid in conjunction with any other promotion or discount of any kind. Offer is subject to change without notice prior to reservation. Expires 3/31/20.