



A look at 3A state basketball matchups.



Dr. Seuss entertains the children at Wee Care.

San Luis Valley
Colorado Genuine
Today's Issue Sponsored By:

STERLING LUMBER
"Colorado Owned Since 1909"
VOLUME 94, NO. 47

Valley Courier

FRIDAY EDITION | WWW.ALAMOSANEWS.COM

LOCAL NEWS... LOCAL VIEWS

MARCH 6, 2020

\$1

Imagine Your Ad Here!

SLV Today
DOLA will meet Tues.

DEL NORTE — Andrew Atchley will roll out DOLA's rural housing program at the URGED monthly breakfast meeting. The Upper Rio Grande Economic Development monthly breakfast meeting will be held at 7 a.m. Tuesday at the Windsor Hotel in Del Norte. This month's program is presented by Atchley, who is with Colorado Department of Local Affairs (DOLA). Mr. Atchley will roll out the new DOLA program for rural housing. URGED is urging the public to join it for breakfast.

Republican caucuses alert

ALAMOSA — The Republican Caucuses will be held at the Ortega Middle School at 10 a.m., Saturday. All Republicans are urged to attend and must present a form of identification to register.

Rotary Club meets at Juanito's

ALAMOSA — The Alamosa Rotary Club is pleased to announce that Co-Chairs Kathy Woods and Karla Shriver of Friends of Ski Hi Park will speak on Monday at noon at Juanito's Restaurant, 1019 6th Street.

Follow us on Facebook - Alamosa Valley Courier
SLV WEATHER



Partly Cloudy
62/23

Sat.: Sunny 61/30
Sun.: Partly Cloudy 59/24

INSIDE

- Obituaries..... Page 2
- Valley News..... Pages 3
- Opinion.....Page 4
- Religion.....Page 5
- Sports.....Page 6, 7
- Lifestyle.....Page 8, 9
- Public Notices.....Page 10
- Classified..... Pages 11
- Comics.....Page 12

Rio Grande Hospital earns more recognition

CCRH ranks it as one of top 100 Critical Access Hospitals in nation

SAN LUIS VALLEY — Rio Grande Hospital is now recognized as one of the top 100 Critical Access Hospitals in the nation.

The highly known and respected Chartis Center for Rural Health (CCRH) is an arm of the consulting firm The Chartis Group, which provides advisory services and analytics to the healthcare industry.

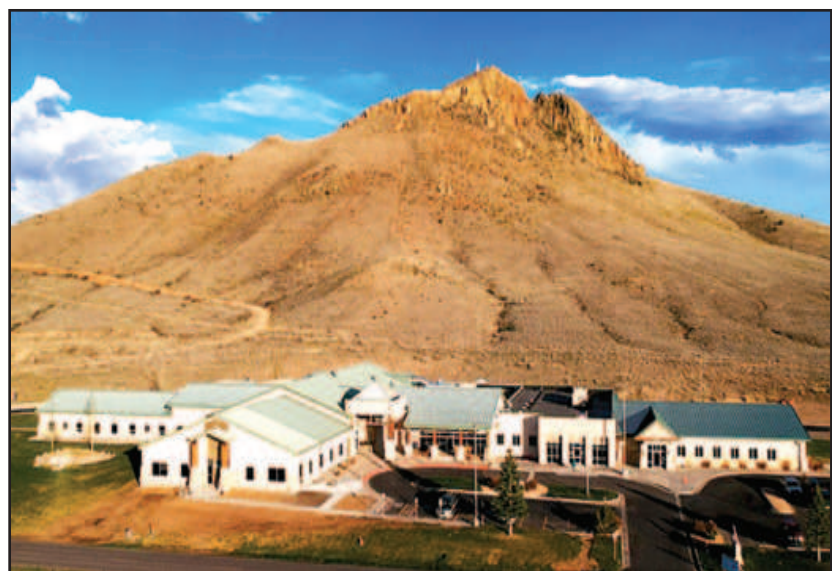
CCRH recently released its annual findings, which honored only four of the top 100 hospitals nationwide designated as Critical

Access Hospitals, including Rio Grande Hospital in Del Norte.

Critical Access Hospital (CAH) is a designation given to eligible rural hospitals by the Centers for Medicare and Medicaid Services (CMS). Congress created the CAH designation through the Balanced Budget Act of 1997.

When the previous hospital in Rio Grande County closed many years ago, several fatalities and other issues emphasized the need for a hospital on the west end of the San Luis Valley that could also serve Mineral County. Many physicians and community members came together to design the solution: Rio Grande Hospital.

With financial crisis for rural healthcare in the media lately, ■ See MEDIA page 3



An aerial view of Rio Grande Hospital on display.

Courtesy photo

Two trucks collide



SEMIS COLLIDE AT RURAL CROSSING: Above: Alamosa firefighters apply oil absorbent to spilled diesel fuel and oil at the site of Thursday's collision of two semi-trucks at the corner of the 10 South (Hwy. 370) and the Alamosa-Rio Grande county line. The driver of the truck shown, owned by RMMP Landscaping, was transported to SLV Health with undetermined injuries. He was westbound on Hwy. 370 and reportedly had to brake hard when a southbound truck may not have stopped at a stop sign. Brake skid marks were visible for around 100 yards.

MINIMAL DAMAGE TO SEMI-TRAILER: Above, right: A presumably empty semi-trailer sustained minimal damage Thursday morning when it was clipped at the intersection of the 10 South (Hwy. 370) and the Alamosa-Rio Grande county line. The truck was southbound and pulled into the path of a westbound truck owned by RMMP Landscaping of Alamosa. That vehicle left brake skid marks around 100 yards long while approaching the intersection.

Courier photos by Keith R. Cerny

Burn gets out of control



At about 3:30 p.m. on Thursday at 108 Alamosa County Road an agricultural burn (above) got away from the property and burned 42 acres, said Alamosa Fire Chief Don Chapman. An anonymous source said it if was not for the quick response for the fire crew, the burn would have been a lot worse. There were no injuries reported.

Courier photos by Daniel McKillop



Rhythms on the Rio announces lineup, ticket availability

By R. SCOTT RAPPOLD

Thousands of music lovers will converge on South Fork this summer for the 15th year of Rhythms on the Rio, which promises to be the best and largest yet.

The nonprofit South Fork Music Association announced that Grammy winners the Infamous Stringdusters and national touring band Leftover Salmon will be among the 13 musical acts to take the stage during the three-day festival, which will run from July 31 to Aug. 2. Held each year in an idyllic meadow with gorgeous mountain views on the banks of the Rio Grande, the event draws music lovers from across Colorado and the country, who come for the camping and sense of community as much as the music.

"Rhythms on the Rio has reached a level that nationally



Courtesy photo

touring acts are contacting us to play the fest," said associa-

tion president Scott Stecken. "2020 is our best lineup yet and

we have music for everyone's tastes. You may not have heard

of all the names on our bill, but we promise you many hours are spent assuring that each band is going to deliver quality music that you can sit in your chair and enjoy or get up and let loose."

The South Fork Music Association was founded in 2005 to help connect local children with music instructors and instruments, helping more than 100 develop a love for playing music. The association now donates revenue from the festival to area schools for music programs.

"A few years ago, when a local school district was going to cut out its music department entirely, is when the SFMA shifted its program focus. The SFMA started to reach out to program directors about their budgets to

■ See SFMA page 3

ALAMOSA STATE BANK
A Real Community Bank®
Local Ownership. Local Commitment.

SERVING THE SLV FOR 112 YEARS!

589-2564 | www.alamosastatebank.com



Record

OBITUARIES

Mike Garcia, 69

PUEBLO — Mike Garcia, 69, of Pueblo passed away on Feb. 28, 2020. He is survived by his wife of 42 years, Carla Garcia; children, David (Makaela) Garcia and Diana (Greg) Trujillo; grandson, Eli Garcia; mother Grace Garcia; siblings, Joe Garcia (Patsy Lopez); Ron (Vicky) Garcia; Rick (Betty) Garcia; Lorraine (Tony) Ramos; Gina (Tony) Coca; numerous nieces and nephews; extended family and friends. Mike worked at Adams State University for 30+ years as Director of Upward Bound as well as Director of TRIO programs. He was also an avid runner and track official. He enjoyed playing golf, baseball and basketball. Mike was a dedicated Bronco's fan and served as Alamosa County Demo-



cratic Chair for many years. He will be forever loved and deeply missed by all those he leaves behind. Rosary, 9:30 am, Mass of Resurrection, 10:00 am, Today, Cathedral of the Sacred Heart. Inurnment at Imperial Memorial Gardens followed by a reception at Union Depot Hall.

Kay Grant Faucette, 85

SANFORD — Kay Grant Faucette, 85, passed away in Arvada Colorado on Tuesday, March 3.

Kay was born on May 28, 1934 in Alamosa, the son of Kenneth and Edna Faucette. He grew up in Sanford Colorado and graduated from Sanford High School in 1952. Kay played basketball on the Sanford High School state championship teams of 1949 and 1950. He served his country in the Army and was stationed in Germany. Kay received a bachelors and master's degree from Adams State College where he played football, basketball, baseball, and track. He enjoyed a long career as a teacher, coach and counselor, mostly in Colorado. Early in his career he spent two years in Alaska which he loved and returned with family and friends many times.

Kay is survived by his three children, Valerie MacNeil, Jeff Faucette, and Steve Faucette all living in the Denver area.

He was very proud of his children, five grandchildren and four great grandchildren. Kay is also survived by his sister, Kathie Child of Washington, and brother, Craig Faucette of Texas. He was preceded in



death by his parents, his wife Mary Lee Abel of Alamosa, and his second wife Pat Dixon of Montana.

Kay loved sports, fishing, travel, and spending time with his family.

Services will be held on Monday, March 9 at The Church of Jesus Christ of Latter-Day Saints, 6490 Quail Street, Arvada, Colorado. A viewing begins at 10:00 AM followed by the funeral service at 11:00 AM and a luncheon at noon. Burial will take place on a later date at Fort Logan National Cemetery in Denver.

All Veterans Funeral & Cremation is assisting with funeral arrangements, (all veterans com).

COURIER POLICY ON OBITUARIES

The Courier charges \$30 for each obituary per day. Pending arrangements or death notices are free. This charge affects funeral homes, family or other representatives that place obituaries. All paid obituaries are published on www.alamosanews.com, for no additional fee.

Please email obituaries if possible to news@alamosanews.com If the newspaper errors in publishing an obit, corrections will be made and the obit rerun. If the errors are on the part of the submitting party, an additional fee will be assessed.

San Luis Valley Crimestoppers

If you have information about an unreported or unsolved crime in the San Luis Valley, Crimestoppers pays for information that leads to the arrest of criminal offenders. Citizens may report crimes anonymously and remain eligible for rewards.

Call San Luis Valley Crimestoppers at 589-4111.

Skim articles, advertisements and classifieds of interest to YOU, using the Electronic Edition of the Valley Courier.

www.alamosanews.com

Click on the E-Edition link.

With a few clicks you'll be up-to-date on all the news!



ONGOING VALLEY MEETINGS

ALAMOSA—The San Luis Valley Military Family Support Group meets the fourth Tuesday at from 5-6:30 p.m. in Alamosa. For more info call Vicki Jones at 852-3123.

ALAMOSA — Sierra Blanca Chapter #43, Order of The Eastern Star, meets on the first and third Mondays, at 7:30 p.m. at the Alamosa Masonic Hall, 512 San Juan Ave. Call Sharon at 589-4320.

ALAMOSA — La Leche League of the San Luis Valley holds its monthly meetings on the fourth Saturday at 11 a.m. at Hospice del Valle, 524 Main St. in Alamosa. Pregnant and nursing women are welcome to attend with their children and babies. Please call 587-3657.

ALAMOSA —The Alamosa Kiwanis Club meets on the second, third and fourth Thursdays at noon at IHOP. Contact: Amanda Wilkinson, 719-589-2564 or email amanda@alamosastatebank.com

ALAMOSA — The Optimist Club of Alamosa meets at Nino's Restaurant in Alamosa the first and third Tuesdays at noon. Contact the club at alamosaoptimistclub@gmail.com or President Dawn Melgares at 719-580-0178. Visitors and new members are welcome.

ALAMOSA —The Alamosa Rotary Club meets every Monday at noon at Juanitos in Alamosa. Contact Dean Swift, 589-3499 or dean@deanswiftseed.com

ALAMOSA — Veterans Therapeutic/Support Group meets every Monday from 5-6:30 p.m. at 315 State Ave. Ste 101, Alamosa. Call 588-8885 to register or email d.counselingservices@hotmail.com

SOUTH FORK — Kiwanis meets every Thursday at 8 a.m. at the Feelin' Good Coffeehouse in South Fork. Contact: Karen Miller, 719-873-5466 or email mkmillermink@aol.com

MONTE VISTA—The Alzheimer's Caregiver's Support Group meets on the second Thursday from 11 a.m. to noon at the Chamber of Commerce, 947 1st Avenue, Monte Vista. Call the Southern Colorado office at 719-372-5985.

ALAMOSA — TOPS (Taking Off Pounds Sensibly) CO 568, Alamosa, a non-profit weight loss organization, meets every Tuesday evening at the College Heights Baptist Church at 2035 Church Avenue in Alamosa. Weigh-in is at 5:30 p.m. with an informative meeting at 6:15. Anyone interested in having weight loss support is welcome to attend a free meeting or call Doris at 589-6396 for more information.

ALAMOSA — Search and Rescue meetings are the fourth Tuesday at the Alamosa County Sheriff Office, 1315 17th St., at 6 p.m. Anyone interested in becoming a volunteer is welcome. Call Suzi at 719-588-9236.

ALAMOSA — The San Luis Valley Photography Club meets the first Wednesday at the Alamosa Public Library at 6:30 p.m. Contact Stephen Jensen at 379-0001 or slv-photostephen@gmail.com

ALAMOSA — Families Healing Families is a community-based organization that provides support and resources for families affected by the impact of substance abuse. They meet on the third Thursday at 6:30 p.m. at the Senior Citizens Center at 92 Rio Grande Ave. (on the north end of Cole Park) in Alamosa.

ALAMOSA— Peace Meditation at the Campus Ministry Office, Adam State University, Alamosa, is held on Thursdays at 5:15 p.m. Everyone is invited. Contact Candace Knowlan 805-886-6959.

ALAMOSA — American Legion Auxiliary Unit #113, Alamosa, holds its monthly meeting at 6 p.m. on the second Wednesday at the American Legion Building at 514 Fourth Street, Alamosa. Call Evelyn Espinola at 719-313-1466 or Alice Robinson at 589-0543.

ALAMOSA — Open drop-in meditation for health, stress management and spiritual growth, is held at 10:45 a.m. the second Sunday of the month at St. Thomas Episcopal Parish Hall, 607 Fourth St., Alamosa, with Mountain Institute, A Kriya, Meditation & Lamp-lighting School. Contact Martin at 575-758-5876 or talentolocal@live.com

ALAMOSA — Youngsters are invited to the Alamosa Public Library Story Room every Friday morning to sing, color, dance, read, enjoy adventures, share with friends and giggle. Babies and toddlers are welcome at 9:30 a.m. and preschoolers at 11 a.m.

ALAMOSA — Free breast feeding classes are offered in Alamosa at the San Luis Valley Health Education and Conference Center on the second and fourth Mondays of each month from 3-4 p.m.

MONTE VISTA—Valley Fiber Art Guild—VFA is a group for anyone interested in fiber arts: knitting, crocheting, weaving and spinning. We work on our individual projects, sometimes do projects together and learn from each other. We meet the fourth Saturday of every month from 1 p.m. until 4:30 p.m. at 757 County Rd. 29, Monte Vista. Call or email Wanda Couzens-Smith for more information at (719) 852-5000 or wcouzenssmith@gmail.com

ALAMOSA— Alamosa Masonic Lodge meetings are every first and third Thursdays at 7 p.m. (except June, July and August) at the Alamosa Masonic Lodge, Main and San Juan.

ALAMOSA — A Caregivers Support Group meets at First United Methodist Church, 2005 Mullins, Alamosa, on the first Monday of every month. For more information, call 589-2243.

AA MEETINGS

VALLEY — The San Luis Valley offers many Alcoholics Anonymous groups.

A.A. members' primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Following are District 3 San Luis Valley AA 12-Step Meetings.

The 6th Tradition states that we are not affiliated with any outside organizations, but in the spirit of cooperation, we list these meeting schedules for friends and family. For information, call 719-937-5083.

SUNDAY

5:30 p.m. Sacred Heart Parish Center at 3rd and Edison, Alamosa

7 p.m. Town Hall at 108 W Galena Ave., Crestone

MONDAY

12 p.m. St. Thomas Episcopal Hall at 607 4th St.,

Alamosa

5 p.m. Women's Meeting at Masonic Hall, 598 Spruce St., Del Norte

7 p.m. Community Church on Main St., Creede

7:30 p.m. Creative Resource Center at 304 Walnut St., La Jara

TUESDAY

12 p.m. First Christian Church at 1st and State, Alamosa

8 p.m. Mountain View Presbyterian Church at 2nd and Broadway, Monte Vista

WEDNESDAY

12 p.m. First United Methodist Church at 2005 Mullens, Alamosa

6 p.m. Senior Citizen's Building at 710 Main St., Antonito

6 p.m. Amistad of San Luis at 403 Main St., San Luis

7:15 p.m. RV Park in Blanca

7:30 p.m. Masonic Hall

at 598 Spruce, Del Norte.

12 p.m. First Christian Church at 1st and State, Alamosa

THURSDAY

12 p.m. First Christian Church at 1st and State, Alamosa

12 p.m. Crestone Baptist Church, County Rd. T, Crestone

7 p.m. Community Church on Main St., Creede

7:30 p.m. Creative Resource Center at 304 Walnut St., La Jara.

7:30 p.m. Ables/Disables, Baptist Church at 751 Lincoln St., Monte Vista

FRIDAY

7 p.m. Sacred Heart School at 3rd and Edison, Alamosa.

SATURDAY

5:30 p.m. at 929 State Ave., Alamosa

6 p.m. Senior Citizen's

Building at 710 Main St., Antonito.

8 p.m. Mountain View Presbyterian Church at 2nd and Broadway, Monte Vista

For schedule changes, please contact your group service representative (GSR)

AL-ANON

TUESDAY

8 p.m. 15 Country Club Dr. Monte Vista

WEDNESDAY

5:30 p.m. SLV Behavior Health Group at 8745 CR 9S., Alamosa

THURSDAY

5:30 p.m. First Christian Church at 518 1st St., Alamosa

7 p.m. Crestone Town Hall, downtown Crestone (second and fourth Thursdays)



Courtesy photo

CO State Parks, summer jobs

DENVER — Want to work outside in Colorado this summer? Then apply for any of the hundreds of seasonal positions available at Colorado's State Parks.

A variety of jobs are available, including seasonal ranger, visitor services, interpreter/education specialist and maintenance. Most jobs start in May and continue into September.

"Seasonal employees are really the lifeblood of our

parks during the summer," said Scott Elder, manager at Mancos State Park in southwest Colorado. "We couldn't do it without them."

Colorado operates 41 parks in every corner of the state. In 2019 more than 15 million people visited Colorado State Parks.

Anyone interested should go on line to these sites to search for open positions:

<https://cpw.state.co.us/aboutus/Pages/Current->

<https://www.governmentjobs.com/careers/colorado>.

Interested applicants can also go to a state park office to talk to staff about available positions.

Applications, however, must be filed on-line. Applicants must be at least 16 years old.

For more information about Colorado Parks and Wildlife, go to: <https://cpw.state.co.us/>

School Menu
--- Friday ---
Mar. 6, 2020

NO SCHOOL



To sponsor the School Menu call 589-2553

SAVE ON FUEL
SHOP LOCALLY

Valley News

Volunteer doesn't need luck because she has charm

One of our member/volunteers told me the other day that she bought a St. Paddy's Day T-shirt.

It said, "I don't need luck, I have charm." It's the perfect saying for her as she has charm in abundance and we are so thankful for all of our members and volunteers! Where would we be without them? Our center is filled with beautiful March decorations and we want to thank Karen Stills and Nancy Maestas for all of their hard work, talent and dedication for helping us to look festive and inviting. One of my favorite Irish blessings is: May God give you ... For every storm, a rainbow, For every tear, a smile, For every care, a promise, And a blessing in each trial. For every problem life sends, A faithful friend to share, For every sigh, a sweet song, And an answer for each prayer.

We have 8 spots left for our October Hawaii trip, so give us a call if you are interested in signing up. The Alamosa Senior Citizens along with Falcon Tours are planning a fantastic nine-day trip to Hawaii October 27 through November 4, 2020. We'll journey to the islands of Maui,

Kauai, and Oahu. Dave Hagan, owner of Falcon Tours, will be at the Alamosa Senior Center to conduct an informative presentation on Thursday, March 12th at 11 a.m. He will also be taking deposits for those who wish to reserve a spot for this fun and exciting trip.

Line dancing for seniors takes place each Tuesday at 10 a.m. Karen Stills is available at 9:30 to teach beginners the steps. Come and enjoy the health benefits of line dancing.

Please join us for our monthly dance on Friday, March 13th. The dance starts at 1:30 p.m. and the cost is \$5 per person or \$3 if you bring a snack to share. Favorites Alex and Bernal will provide the music.

The following weekly activities are for all seniors whether you are a member or not. Please stop by and join us. All classes



Lynette Cotton

are free unless otherwise noted. If you have suggestions for a new class or group, please let us know and be sure to call with any questions or concerns.

- Billiards play.
- Coffee social hour at 8:30 a.m.
- Puzzle construction.
- M, W, F Strong Bones at 9:30 a.m.
- Dime Bingo, Monday - Thursdays from 1-3 p.m. Free to members. \$2 fee for non-members.
- Line Dancing for seniors with Karen each Tuesday from 10 -11:30 a.m.
- Chair Yoga takes place each Monday at 8:30 a.m.
- Bridge play takes place on the 1st and 3rd Tuesday of the month at 1 p.m.
- Tai Chi with Lyn Johnson Wednesday mornings at 8:30 a.m.
- Free 5 point ear acupuncture conducted by Rick Wertz each Tuesday at 9:30 a.m. for veterans and seniors 50 and over.
- Sewing Group, including Knitting, Crocheting, Quilting, meets each Wednesday

- at 8 a.m. and the Mah Jongg group at 1p.m.
- Art class with Rosi Myers meets on Fridays at 9:30 a.m.
- Dominoes - Fridays at 12:30 p.m.
- Daily transportation is available for seniors 60 and over within Alamosa City limits between 9 a.m. - 1 p.m. Please call ahead at least 24 hours in advance to schedule a ride for Dr. visits, grocery shopping, dining and participating in events at the center, etc.

If you are not yet a member, please consider joining us! Seniors age 50 and over are eligible for membership. Regular annual membership is \$30 per person or for an ambassador membership \$100 per person. Members receive a monthly newsletter with a calendar of events, timely information, challenging activities and lunch menu. We are located at 92 Colorado Ave. in Alamosa adjacent to Cole Park. Hours of operation are: M-Th 8 a.m.-3 p.m. & Fridays 8 a.m.-2 p.m. Call 719-589-3277 with questions.

ASU doles out degrees

ALAMOSA — The following students received an associate degree from Adams State University (ASU), during the Fall 2019 Commencement Ceremony on December 14. ASU awarded 297 undergraduate degrees. ASU automatically awards associate degrees to students who complete the required credit hours on their way to a bachelor's degree.

For the first time in ASU history, two students Sheniqua A. Griffith and Janet Najar Madera gave the address on behalf of the Class of 2019.

"These are just two stories out of the many in the room today," Madera said of her personal story and that of Griffith. "These stories are what shape your identity," Griffith added.

The students were followed by Lillian Gomez, an ASU alumna and ASU Title V Initiative Executive Director, who delivered the commencement address.

"No matter how much you have and will accomplish, there is always more to learn and there is always more to achieve," Gomez told the graduating class. "It's not time to rest on your accomplishments. Your developed work is yet to come."

Michele Lueck, chair of the ASU Board of Trustees, conveyed the greetings from the board, and graduating music major Skye Montoya, accompanied by William Lipke, D.M.A. professor of music, lead the singing of the Alma Mater.

HOMETOWN, STATE; NAME, DEGREE

Alamosa, CO
Kale Dane Anzelc-Tolian, Associate of Arts
Layla M Anzelc An-

zelc-Tolian, Associate of Arts
Sedona R Archibald, Associate of Arts
Ryan H Begay, Associate of Arts
Brandon James Clark, Associate of Arts
Joaquin Griego, Associate of Arts
Emma Mackenzie Gomez, Associate of Science
Desarae Inez Gutbub, Associate of Science
Torince Munoz, Associate of Science
Aspen Jacobs-Johnson, Associate of Arts
Miriam Anne Lyall, Associate of Arts
Shania Jessica Motz, Associate of Arts
Emily Nicole Muniz, Associate of Arts
Jazmine Pitzer, As-

sociate of Science
Shelly Tijerina, Associate of Science
Dakota Sharon Valdez-Reyes, Associate of Science
Brooke D Van Arsdall, Associate of Science

Fort Garland, CO
Antoinette Marie Barson, Associate of Arts

Monte Vista, CO
Robert Fletcher, Associate of Science
Hannah Grace Mora, Associate of Science
Alexis Haze Wood, Associate of Arts

Mosca, CO
Denver Thomas Whitman, Associate of Arts

Alamosa Rotary, Ski Hi Park

ALAMOSA — The Alamosa Rotary Club is pleased to announce that Co-Chairs Kathy Woods and Karla Shriver of Friends of Ski Hi Park will speak on Monday March 9, at noon at Juanito's Restaurant, 1019 6th Street.

The Alamosa Rotary Club is hosting Co-Chairs Kathy Woods and Karla Shriver of Friends of Ski Hi Park for their March 9 meeting. Friends of Ski Hi Park are concerned individuals and members of user groups who see the need to move forward the regional use of Ski Hi Park master plan.

We envision an event space and conference center that promotes recreational, educational, social, cultural and public safety for all members of the San Luis Valley. The current Ski Hi Park Regional Recreation and Event Conference Center was built in the late 1800's and has been renovated over the years. The facility has hosted educational conferences, rodeos, too numerous to count vital community gatherings

and is now at risk of being condemned.

In order to preserve and maintain this vital community asset. A group of committed community members has formed to preserve Ski Hi Park. To that end, we have designed a state of the art facility that allows for space for more than fifteen valley wide events. These include: farm safety day that serves all schools in the valley, Monte Vista Crane Festival and the Ski Hi Stampede, Colorado's oldest professional rodeo. The facility also functions as a large emergency shelter in the area. The current multi-use event center and swimming pool will be demolished and the construction of the new multi-use event center will be built with completion in July of 2021. The new center will be ADA accessible, include a large event and conference center, have adjustable floors that allows for sports such as basketball or pickle ball, restrooms capable of handling event crowds, a warming kitch-

en, and conference rooms equipped with state of the art IT capabilities. The conference center will be able to host meetings, weddings, anniversary parties, and other educational activities. It is estimated to be finished at the end of 2021.

This is truly a regional use facility, and will have economic benefits for all communities within the whole San Luis Valley. If the project materializes, Alamosa will have opportunities to benefit in the hospitality sector as well as other businesses should prosper as well. Please come and learn about this exciting project that impacts all the San Luis Valley.

To find out more about Rotary International visit www.rotary.org. For more information about the Alamosa Rotary Club visit our Facebook page or contact club president Chris Quintana at chris.quintana@slvfd.com. The club meets Mondays at noon at Juanito's in Alamosa and everyone is welcome to attend.

SFMA

Continued from Page 1
find out most do not have a budget. Since those early discussions we have donated over \$20,000 to local programs and school districts," said Stecken. "Numerous studies have come to conclusions that music enhances areas of child development such as motor, language, social-emotional and literacy. So to us at the SFMA, music programs are a must for children."

As a nonprofit, the association relies on volunteers to make the festival happen. There will be a "Road to Rhythms" volunteer drive with three bands March 12, from 8 p.m. to midnight, at the Colorado Grille and Tap House in Del Norte. Volunteers can work one four-hour shift in exchange for free admission for one day or two shifts to get free admission for the entire weekend.

Tickets are \$140 per person for all three days, camping included, and \$100 for seniors. Admission is free

for children 15 and under. Stecken said organizers for the first time have set a limit of 2,000 people for the festival, so tickets are expected to sell out. Early bird tickets sold out in less than 10 days, a sign of the increasing popularity of the festival. Along with the music, there are food and merchandise vendors, yoga classes, activities for kids and a robust, friendly and social camping experience.

Combined with the riverside location and mountain views, it's all made Rhythms on the Rio one of the most popular small music festivals in Colorado.

"Tickets sales are months ahead of schedule, General Admission with camping has just gone on sale and with a maximum capacity of 2,000 people this year, we fully expect to sell out," said Stecken. "Rhythms on the Rio is a true Colorado fest; it is as laid back and chilled as we can make it. Every year we hear how our guests feel comfortable bringing the kids and making experiences as a family while listening to great music. That reputation

which has been a mission of the SFMA board and has taken years to acquire, is really what Rhythms on the Rio is all about."

Other announced musical acts include the Kitchen Dwellers; The Ghost of Paul Revere; Pixie and the Partygrass Boys; Julian Davis and The Situation; and Elder Grown. More acts are expected to be announced in the coming weeks. Visit www.rhythmontherio.com for more information and to purchase tickets.

The South Fork Music Association is overseen by a volunteer board of directors including Stecken, Paul Orr, Skip Patterson, Linda Miyaki and Isaac "Ike" Manobla.

Media

Continued from Page 1
it's good to know that RGH is raising the bar for the community. "Our CEO and the board don't only think rural, they look at the needs of our community and how to fulfill them," said Eva Timberlake, RGH's Development & Communications Officer. "We have some exciting things that we hope to share soon, more needs for our patients and their families will be achieved."

The CAH recognition comes soon after RGH was also chosen as a 5-star hospital in the United States, and the only one in the San Luis Valley. The Monte Vista Medical Clinic of Rio Grande Hospital was

also recently awarded with being an Exemplary Provider accredited by The Compliance Team, which is a national recognition.


Their recent increase in services like cardiopulmonary, new surgeries, colonoscopies, and their state-of-the-art wound care with hyperbaric oxygen therapy brings in people from outside the Valley as well. Last year when a pharmacy in Rio Grande County closed, RGH stepped up and started delivering most prescriptions to their various clinics to help with the community's need. They are still doing it today. RGH has proven repeatedly when there is a great healthcare need, they unify the community and strive to satisfy that demand.

San Luis Valley Council

No. 2069

Knights of Columbus

Alamosa, Colorado



Celebrating 100 Years!

Organized: March 7, 1920

Celebration Mass

March 7, 2020 • 5:00 pm

Sacred Heart Catholic Church

Alamosa, CO



FEEL LIKE A FISH

OUT OF WATER?

New in town?
Get acquainted with and all it has to offer by ordering a subscription to the

Valley Courier
719-589-2553

Where To Shop!
Where To Dine!
Community Bulletin Board!
Professional Services!
...And more!

SKI-HI 6 SHOWTIMES

719-589-4471

Fri. 5:40, 8:10	ONWARD Cometh Soon PG
Fri. 5:15, 8:10	THE INVISIBLE MAN What you can't see can hurt you R
Fri. 5:30, 8:10	THE CALL OF THE WILD Based on the Legendary novel PG
Fri. 5:35, 8:05	SONIC THE HEDGEHOG Gotta Go Fast PG
Fri. 5:30, 8:15	BIRDS OF PREY Mind over mayhem - Margot Robbie R
Fri. 5:15, 8:10	1917 Time is the enemy R



A&M WINDOWS & DOORS, L.L.C.

We manufacture windows right here in the Valley. Any size you need.

Doors • Screens • Storm Doors
Insulated Glass Units
(719) 589-9952



Dental Insurance

Physicians Mutual Insurance Company

A less expensive way to help get the dental care you deserve!

- Get help paying dental bills and keep more money in your pocket
- This is real dental insurance — NOT just a discount plan
- Get affordable coverage before your next checkup

Don't wait! Call now and we'll rush you a FREE Information Kit with all the details.

1-877-690-1158
dental50plus.com/valcour



Insurance Policy P150
6210 0519

Opinion

God bless America ...

HOLLYWOOD — God Bless America, and how's everybody?

Mike Bloomberg called off his presidential campaign Wednesday, after he'd spent five hundred million dollars on radio, network TV and cable TV commercials.

I thank God Mike Bloomberg dropped out. Some of us here in the Los Angeles market haven't seen a My Pillow ad for three weeks.

President Trump said Wednesday he's pleased with the way the vice president is spearheading the scientific team battling the Corona Virus epidemic.

The same day Trump hosted a meeting in the Oval Office with Kim Kardashian. He really is consulting all the experts on how things spread.

New England Patriots star quarterback, Tom Brady, began negotiating for a new contract this week with Coach Bill Belichick after deciding to continue playing in the NFL at age 42.

Brady might as well, we can all do the arithmetic. He's 35 years too young to run for president.

The Hollywood Reporter announced the worldwide premiere of the new James Bond movie "No Time to Die" was moved back by MGM a few months due to Corona Virus outbreak. The studio is re-naming the film License to Cough. It's 007s biggest disease threat since he had sex with Octopussy.

Elizabeth Warren faced pressure from Progressive Democrats to withdraw and endorse Bernie Wednesday after she failed to win a state on Super Tuesday.

Her staffers say she is reviewing her options. Liz has been invited back home to Oklahoma to receive her new Indian name, Running Last.

Joe Biden was jubilant at his victory rally in Los Angeles on Super Tuesday after he won nine primaries. His gaffes help him if he'll just keep committing them. If Joe turns out to be funnier than Trump, there's a chance that on January 20th he could be inaugurated as President Ted Baxter.

Joe Biden won nine states on Super Tuesday, including seven Southern states plus Maine and Minnesota. Viewers enjoyed a laugh during his victory speech, when — flanked by his sister and his wife — Joe mistook his sister for his wife. Hey, Joe either just carried seven Southern states or he didn't.

Mike Bloomberg wound up shelling out \$500 million for the biggest dud of a campaign in U.S. history. He could've saved himself a lot of time and paid me the \$500 million to tell him that he will never be president. And if you think Mike acts like a jerk wait till you see me with \$500 million.

Mike Bloomberg was gracious when he called off his presidential campaign Wednesday and endorsed Joe Biden for president — even vowed to help him win.

Mike's failed bid proves that all the money in the world won't get Americans to vote for you if you've ever outlawed the giant Slurpee.

Wall Street staged another huge rally Wednesday on news of virus containment progress and Bernie Sanders getting beat by Biden in the primaries.

However a lot would have to happen for Joe Biden ever to become president. For starters, it's not likely that Trump will put him on the ticket.

Chuck Schumer stood outside the Supreme Court and threatened Kavanaugh and Gorsuch if they vote in favor of life. He sounded like a Mafia Don. That's an appropriate character because New York mobsters are a lot of things, but their position on the issue of life makes them really bad Catholics.

Auburn former coach, Tommy Tuberville, and Jeff Sessions made it into a runoff Tuesday for the GOP nomination for U.S. Senate in Bama.

Accused pedophile Judge Roy Moore finished with six percent of the vote. Chuck E. Cheese cancelled his victory party and refused to refund the deposit.

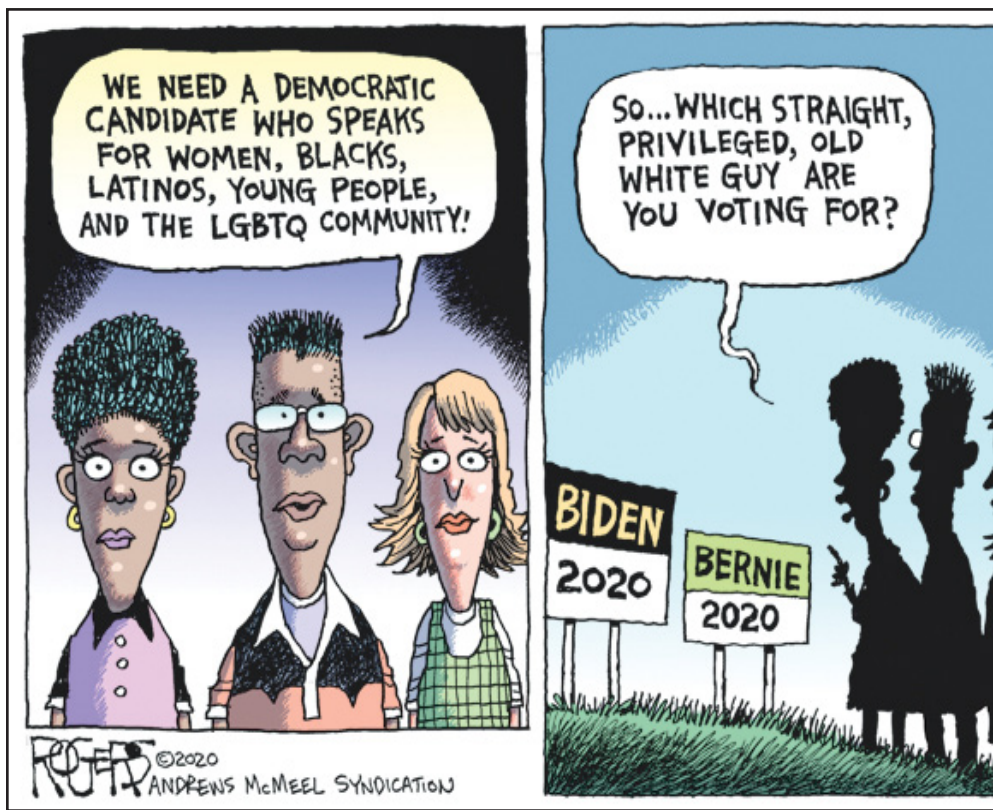
World Health Organization edicts have ended handshakes, hugs and kisses all over the world in the past week to try to slow the threat of Corona Virus.

I'd guess it's also cut down on sexual harassment. All a lady has to do is cough out loud in the workplace and nobody is about to grope her.

Argus Hamilton is the host comedian at The Comedy Store in Hollywood and entertains groups and organizations around the country. E-mail him at Argus@ArgusHamilton.com.



Argus Hamilton



To submit news, email: news@alamosanews.com
To submit sports, email: sjiron@alamosanews.com

Letters policy

Letters are welcome and encouraged. All letters submitted for publication in the Valley Courier must be typewritten, signed by the author, and must include a phone number and address where the author can be reached. Letters must not be libelous. The Courier will not run letters that are negative to specific businesses. The Courier's editorial board reserves the right to reject a letter for reasons it believes are appropriate. Letters may be subject to editing to fit available space, or exclusion from the Opinion Page. Please, no poetry. Please send signed letters to P.O. Box 1099, Alamosa, CO 81101 or email them to news@alamosanews.com. Letters to staff, not for publication, should be marked "personal."

Electronic ties to life

ALAMOSA — I have had it proven to my slow brain: we are all tethered to computers and cell phones. Even my car is mixed in.

Seeking a way to buy a part for my car that will fix the heater, defroster and air conditioner without costing an arm and a leg — I still have pages of thumbnails. I don't even have a center finger that I need right now.

My cell phone is totally unreliable. I cannot answer without adding a couple of "apps," then when I add them, the caller can only be called if I get another application.

As I write this, my daughter-in-law is putting another phone online for me. The problem is, I won't have the same number. The next task is letting my contacts know.

I don't want some of them to know, but I suppose they might find out.

I will transfer what I want, but ... My home computer has them somewhere. I just travel while the sun is up and talk to whom I want.

As I write, the TV is on CNN, advising poll results after one candidate or another drops off the Democrat party ticket. County clerks report zeros rather than votes for drop-outs.

Seeking the actual count comes up with plenty of zeroes and my vote is zip.

The people in the same room with me are discussing the candidate, of all our votes, that hasn't dropped out of the race is counted as having taken place. Each county is "leaning" to one person or another.

I was actually glad I didn't travel for my results.

I tried for them electronically. The reality of seeing my eldest grandchild initiated into the Elks was reality. She didn't lean toward membership, she joined.

Reality is variable. I listened to the late Bill Gillies when he talked about the manipulation of polls.

A corporate goal can be enhanced by a

slanted result and people believe.

We are programmed to believe almost from birth.

Looking for truth is a search that begins with the first feeling of doubt.

A cousin in the Pacific Northwest can't believe I question his belief in the great flood.

His flat Earth includes his reaction to the fact that his uncle is my mother's last remaining sibling and I am her only family.

I know I have some cousins, but only one knows me.

The reply: "but they all love you." They don't know me except in the evangelical sense.

Can anyone hook me up with a sense like that to order car parts?

I have had a bunch of internet diagnoses that I may have a slight case of novel coronavirus. TV news has chanted the symptoms.

I hope not. I would have to give up corona and I don't like Tecate.

My phone was handed back to me and I will be without it until I have a sim card. Oh?

Native Writes



Sylvia Lobato

Reader upset by friend's shoplifting

DEAR HARRIETTE: I have a friend I have known for ages. I considered her to be family. However, there was an incident that changed it all.

One day, my friend and I went to a convenience store to pick up a few things. I asked her if she wanted anything — even told her that I would pay — but she declined. So I purchased my items and left the store.

When we were a block away from the store, she pulled out several candy bars. I was shocked. I asked her if she had purchased them and she replied, "I stole them."

I told her to go back and return the candy, but she wouldn't listen to me. She's done it numerous times since. I was — I still am — disgusted by her actions.

My biggest problem is that my other friends do not know her bad habits. I want to tell them because I do not trust going anywhere with her after she pulled that stunt, but I worry that they would think I am snitching on her.

She is my good friend, but I have a lingering fear of what kind of trouble she could face if she gets caught. Do my other friends have a right to know? — Speechless

DEAR SPEECHLESS: Arrange a face-to-face meeting with your friend. Tell her you don't trust her anymore. Ask her why she steals.

Tell her you are concerned that she will steal again, while with you or with mutual friends, and that that is unacceptable. Point out that you can be considered an accessory if she is caught while you are together.

Suggest that she get help to deal with her desire to steal. Tell her you think your mutual friends need to know and you plan to tell them unless she would like to speak to them first. Give her the courtesy of letting her know your plans.

Let your friends know what happened, that you have told her of your intention to talk to them, and of your desire to support her as she works through this problem. You may want to avoid going to places where she might steal if you continue to distrust her. For more ideas on handling this difficult situation, visit adv4life.com/article/what-to-do-if-your-friend-shoplifts.

DEAR HARRIETTE: My daughter just started liking a boy who likes her back. They have talked on the phone a few times, but recently I learned that one of her best friends has started dating this boy. From what I can gather, this friend started moving in on him after she learned that he and my daughter were talking. How awful.

I feel so bad for my daughter, but I'm not sure what to do. I feel like she has to work through this on her own; but as her mother, I hate to see her

hurting. SOS! — Betrayed Daughter

DEAR BETRAYED DAUGHTER: Be a sounding board for your daughter. Give advice only if she asks for it. There is no simple solution. She can confront her friend. She can see how it plays out with the boy — see who he chooses.

When she is ready to talk about it, you can point out that she should be mindful of any friend who would intentionally try to steal a "boyfriend" from her.

Harriette Cole is a lifestyleist and founder of DREAMLEAPERS, an initiative to help people access and activate their dreams. You can send questions to askharriette@harriettecole.com or c/o Andrews McMeel Syndication, 1130 Walnut St., Kansas City, MO 64106.

Write them

GOVERNOR

Governor Jared Polis (D), State Capitol Building Room 136, 200 East Colfax, Denver CO 80203; (303) 866-2471; Fax: (303) 866-2003.

STATE HOUSE

Donald Valdez (D), Colorado State Representative, District 62, 200 E Colfax, Room 307, Denver, CO 80203; phone: 303-866-2916; email: Donald.valdez.house@state.co.us

STATE SENATE

Larry Crowder (R), Colorado State Senator, District 35, 200 E Colfax, Denver, CO 80203; phone: 303-866-4875 capitol, 719-850-2459 cell; email: larry.crowder.senate@state.co.us

U.S. HOUSE OF REPRESENTATIVES

Scott Tipton (R) Regional Office — 719-587-5105; 719-587-5137 (fax); Washington, DC — 326 Cannon HOB, Washington, DC 20515; 202-225-4761; 202-226-9669 (fax); <http://tipton.house.gov>

U.S. SENATE

Michael Bennet (D) SLV Regional Office, 609 Main Street, Suite 110, Alamosa 81101; Phone: 587-0096; Fax: 587-0098; Washington office — 458 Russell Senate Office Building, Washington DC 20510; DC Phone: 202-224-5852; bennet.senate.gov

Cory Gardner (R), Regional Office, 503 N Main Street, Ste. 426, Pueblo, 719-543-1324, fax: 202-228-7174; Washington office: 354 Russell Senate Office Building, Washington DC 20510; 202-224-5941

Alamo falls 184 years ago

Today is the 66th day of 2020 and the 77th day of winter.

TODAY'S HISTORY: In 1836, the Alamo mission and fortress compound in Texas fell to Mexican forces after a 13-day siege.

In 1857, the U.S. Supreme Court ruled that slaves were property in Dred Scott v. Sandford.

In 1951, the espionage trial of Ethel

and Julius Rosenberg began in New York Southern District federal court.

In 1981, Walter Cronkite retired off for the last time as "CBS Evening News" anchor, a post he had held for 19 years.

TODAY'S SPORTS: In 1964, world heavyweight boxing champion Cassius Clay announced that his spiritual mentor, Elijah Muhammad, had given him the new name Muhammad Ali.

Keith R Cerny Publisher

Daniel McKillop Managing Editor

Valley Courier

(ISSN 1047-1170)

The Valley Courier and Conejos County Courier are published daily, Tuesday through Saturday by Alamosa Newspapers, Inc. 2205 State Ave., Alamosa, Colo. 81101. Periodicals Postage: Is paid at Alamosa, Colo., Monte Vista, Colo., La Jara, Colo., and Fort Garland, Colo. Phone: (719) 589-2553. FAX (719) 589-6573. News Media Corp. Web Site: <http://www.newscorporation.com>. Postmaster send change of address to P.O. Box 1099.

Stephen Jiron	Sports Editor/Asst. Editor	Lany Sveum	Production Manager
Helen Smith	Staff Writer	Vernon Trujillo	Production/Press Foreman
Debbie Sowards	Advertising Manager	Ryker Alonzo	Editorial Assistant
Morgan Neely	Sales Associate	Richard R. Quintana	Mailroom Supervisor
Shasta Quintana	Circulation		

Your FIRST Source for Local News

Religion

Church Calendar

During times of plague, priests do what priests need to do

The second wave of influenza in the fall of 1918 was the worst yet. By the time Father Nicola Yanney reached Wichita, a city-wide quarantine was in effect.

A 16-year-old girl had already died, creating a sense of panic. The missionary priest — his territory reached from Missouri to Colorado and from Oklahoma to North Dakota — couldn't even hold her funeral in the city's new Orthodox sanctuary.

As he traveled back to his home church in Kearney, he kept anointing the sick, hearing confessions and taking Holy Communion to those stricken by the infamous "Spanish flu."

After days of door-to-door ministry in the snow, Yanney collapsed and called his sons to his bedside. Struggling to breathe, he whispered: "Keep your hands and your heart clean." He was one of an estimated 50 million victims worldwide.

A century later, many Orthodox Christians in America — especially those of Syrian and Lebanese descent — believe Yanney should be recognized as a saint.

And now, as churches face fears unleashed by the coronavirus, many details of his final days of ministry are highly symbolic.

"Father Nicola got the flu because he insisted on ministering to people who had the flu," said Father Andrew Stephen Damick, creator of "The Equal of Martyrdom," an audio documentary

about the man known as "The Apostle to the Plains."

"For priests, there are risks," said Damick. "But you cannot turn away when people are suffering and they need the sacraments of the church. You go to your people and minister to them. This is what priests do."

Few acts in ministry are as intimate as a priest huddled with a seriously ill believer, hearing what could be his or her final confession of sins. Honoring centuries of tradition, Christians in the ancient churches of the East also take Communion from a common chalice, with each person receiving consecrated bread and wine — mixed together — from a golden spoon.

With coronavirus cases increasing in Europe, the leader of the Romanian Orthodox Church urged his people to be careful — but to stay calm. The rules for receiving Holy Communion would remain the same.

"Hasty judgments must be avoided, and we must firmly reaffirm the Orthodox belief that the Holy Eucharist is not and can never be a source of sickness and death, but a source of new life in Christ, of forgiveness of sins, for the healing of the soul and the body," wrote Patriarch Daniel. "That is why, while believers receive Holy Communion, we chant: 'Receive the Body of Christ, taste the Fountain of Immortality.'"

Meanwhile, Orthodox leaders in South Korea — closer to China and the epicenter of the coronavirus crisis — have released stronger guidelines for priests, in reaction to warnings from national health officials. The first instruction states: "During the Divine Liturgy, all believers

will wear masks."

Also, worshippers in South Korean parishes will be asked to follow these instructions: "Before entering the Church, they will disinfect their hands with a disinfectant present at the entrance of the church. They will not shake hands with anyone. They will not kiss the hand of the clergy. They will not kiss the Icons, but they will bow before them ... The Agape Meal will not be served following the Sunday Liturgy."

Clergy in church traditions that use a common cup have spiritual reasons for believing what they believe.

However, they also know that decades of secular research have failed to find significant risks linked to use of a common chalice. Looking at this "from a materialistic point of view," said Damick, it helps to know that silver and gold chalices

don't harbor germs and that the alcohol in the wine used in Holy Communion can kill germs.

In the weeks ahead, it's likely that religious leaders will release more statements addressing ways for believers to lower their risks and prepare for possible quarantines.

"I would not cancel services unless told to do so by my bishop. If local officials order people to close everything down, then I would call my bishop and ask him how to handle that," said Damick. "What I hear our bishops saying is something like this: We are not going to stop doing the Orthodox things that we do. We are going to take some precautions."

Terry Mattingly is the editor of *GetReligion.org* and Senior Fellow for Media and Religion at The King's College in New York City. He lives in Oak Ridge, Tenn.

On Religion



Terry Mattingly

'Thoughts and Feelings'

ALAMOSA — The Unitarian Universalist Fellowship in Alamosa welcomes speaker Trish Cunningham who will present "Thoughts and Feelings." She looks at how to help people know the difference between thoughts and feelings in order to function more fully as people.

Come early for a shared breakfast with

the Presbyterian congregation at 9:30 a.m. Remember to "spring forward" into Daylight Savings Time. The UUs meet at 10:30 a.m. in the fellowship hall at 330 San Juan Avenue in Alamosa. All are welcome!

Call Jan Oen, at 719-480-4771, for additional information.

Give Easter guests something sweet, sour

For Christians, Easter is not just a time to celebrate their faith, but a time to do so with the people they love the most. In recognition of that, many families gather for Easter dinner year after year.

Lamb is a staple at many Easter Sunday dinner tables. However, hosts who do not feel beholden to tradition when planning Easter Sunday dinners can expand their horizons and prepare something other than lamb. This recipe for "Sweet-and-Sour Pot Roast" from Andrew Schloss' "Cooking Slow" (Chronicle Books) can infuse Easter Sunday dinners with a boost of unique flavor and mark a departure from more traditional lamb-based entrees.

- ▶ Sweet-and-Sour Pot Roast
- ▶ Makes 6 to 8 servings
- ▶ 2 tablespoons sweet paprika
- ▶ 1 teaspoon garlic powder
- ▶ 1 tablespoon coarse sea salt
- ▶ 1/2 teaspoon coarsely ground black pepper
- ▶ 3 pounds boneless chuck roast, trimmed of excess fat
- ▶ 2 tablespoons olive oil
- ▶ 1 large onion, chopped

- ▶ 1 cup vegetable cocktail juice, such as V8
 - ▶ 1/2 cup apple juice
 - ▶ 1/3 cup apple cider vinegar
 - ▶ 1/2 cup firmly packed brown sugar
- Mix the paprika, garlic powder, salt, and pepper in a small bowl. Rub all over the meat, wrap in plastic wrap, and rest for 1 hour.

Heat 1 tablespoon of the oil in a large frying pan over medium-high heat. Brown the roast on all sides, starting fatty-side down. Transfer to a 6-quart slow cooker.

Add the remaining 1 tablespoon olive oil to the frying pan. Add the onion and cook until browned, about 3 minutes. Add the vegetable juice, apple juice, vinegar, and brown sugar, and bring to a boil. Pour over the meat and cook on high for 4 to 6 hours or on low for 8 to 10 hours, until the meat is fork-tender.

Transfer the roast to a cutting board. Skim the fat from the surfaces of the juices in the cooker. Heat the juices on high for 10 minutes while the meat rests. Slice the roast against the grain and arrange the slices overlapping on a large platter. Ladle enough sauce over the top to moisten; serve the remaining sauce on the side. TF204836

CHURCH DIRECTORY

Your Guide To Local Houses of Worship

<p>All-Denominational Church of the Living God 11611 2nd Avenue, Hooper 719-376-2080</p> <p>Sunday, 10 a.m. - Worship Sunday, 6 p.m. - Book of Acts Study Monday, 7 p.m. - Youth Thursday, 7 p.m. - Bible Study</p> <p>San Luis Valley Christian Center 305 S. Broadway (3rd & Broadway), Monte Vista 719-852-6168</p> <p>Sunday, 10 a.m. - Worship Tuesday, 5:30 p.m. - Bible Study</p> <p>Prayer House Church 410 Main Street, La Jara Pastor Jaime Flores - 719-298-0007</p> <p>Sunday Morning Service, 10:30 am Wednesday Family Ministry 6:30 pm Friday Night Bible Study, 7:00 pm</p> <p>Sargent Community Church 6667 N. County Rd. 2 E. Monte Vista (across from Sargent School) Pastor Hugh Harris - 719-852-2960</p> <p>Monday, 10:30 a.m. Tuesday, 10:30 a.m.</p> <p>Back Row Church - Church Community In the Alamosa Presbyterian Church Building Alamosa www.backrowchurch.com Kim Nipple - 303-532-9342</p> <p>Worship Service - Wednesday Evening at 5:00 pm</p> <p>Apostolic Alamosa Apostolic Church 510 First St., Alamosa</p> <p>Meets Sundays 1-2 p.m. 2-3 p.m. - Lunch 3-5 p.m. - Worship Service</p> <p>Antonio Apostolic Church 710 Main St., Antonio</p> <p>Meets sundays 11-12 p.m. - Sunday School 12-1 p.m. - Worship service</p> <p>Apostolic Pentecostal Church of Champions, Acts 2:38 9056 Hwy 265 South, Alamosa - 719-587-3351 Dan Dawning Pastor, 719-588-7307</p> <p>Sunday, 1:00 p.m. - Service</p> <p>Assembly of God River of Life Church 2602 Clark Avenue, Alamosa</p> <p>Sunday, 10 a.m. - Worship Wednesday, 7 p.m. - Service</p> <p>Center Assembly of God 7th & Miles • P.O. Box 507, Center, CO 81125</p> <p>Sunday School, 9:30 a.m. Sunday Worship, 10:30 a.m. Wednesday Worship, 7:00 p.m.</p> <p>Assembly of God Sons and Daughters of God Ministry 677 Madison Street, Monte Vista Pastor Leonard Sandoval, 719-849-0212</p> <p>Sunday 10:00 a.m. Service Wednesday 7:00 p.m. Prayer</p> <p>New Life Fellowship 520 7th St., Del Norte, 81132 719-657-3360</p> <p>Adult Sunday School - 9:00 Services - 10:00</p> <p>Baptist Grace Community Baptist Church 431 Lincoln Ave., Monte Vista Rev. Bill Walstrom, 719-937-1451</p> <p>Worship 9:30; Sunday School: 11:00 am Wednesday Bible Study: 6:30 pm</p> <p>Living Water Bible Fellowship 2810 Clark Street, Alamosa 719-589-6351</p> <p>Sunday 9:00 & 10:45 am Worship Services** Sunday 10:45 am Children's Ministry (PreK-5th grade) Sunday 10:45 am Teen Bible Study (6th-12th grade) Tuesday 7:00 pm Young Adults/College Group Wednesday 6:30 pm Bible Quizzing (1st-8th grade) Wednesday 6:30 pm Reign Youth Group (8th-12th grade) Wednesday 6:30 pm Adult Bible Study** Saturday 5:00 pm Worship Service** Small Groups meet throughout week, please call for info **Nursery available (twice-peak)</p> <p>College Heights Baptist Church 2045 Church Avenue, Alamosa</p> <p>Sunday, 9:45 a.m.-10:45 a.m. - Sunday School Sunday, 11 a.m. - Morning Worship</p> <p>San Luis Valley Baptist Church 930 State Avenue, Alamosa 719-589-5938</p> <p>Pastor R.L. McDonald</p> <p>Wednesday 7 p.m. - Worship Saturday, 2 p.m. Sunday, 10 a.m. - Sunday School Sunday, 11 a.m. - Worship Sunday, 6 p.m. - Evening Worship</p> <p>Spanish Ministry - Iglesia Bautista Rehoboth Pastor Sal Garcia, 589-3020</p> <p>Calvary Bible Chapel 7160 Brush Lane, Alamosa</p> <p>Sunday, 9:30 a.m. - Worship Sunday, 10:20 a.m. - Sunday School Sunday, 11 a.m. - Ministry of the Word</p> <p>Small group studies meet during the week.</p> <p>Calvary Bible Chapel Pastor Matthew Leonard - 719-379-3317</p> <p>Sunday, 9:30 a.m. - Bible Study Sunday, 11:00 a.m. - Service Wednesday, 6:30pm - Community Get to Know You!</p> <p>Calvary Baptist Church 2160 Sherman Ave., Monte Vista</p> <p>Sunday, 9:45 a.m. - Bible Study Sunday, 11 a.m. - Worship Tuesday, 6 p.m. - C.L.A.Y. Youth Thursday, 6:30 p.m. - Ladies Bible Study</p> <p>South Fork Baptist Church 0130 Four Seasons Dr. (Old Chizum Bldg), South Fork (East side near laundromat & car wash)</p> <p>Sunday School, 9:30am Sunday, 10:30am - Worship</p> <p>For more information - Pastor Paul Moon - 719-496-7702</p> <p>Catholic Sacred Heart Church 715 4th Street, Alamosa</p> <p>Saturday, 5:15 p.m. - Mass Saturday, 7:00 p.m. - Spanish Mass Sunday, 8 a.m. - Mass Sunday, 10:30 a.m. - Mass Sunday, 5 p.m. - Mass</p> <p>Catholic Mass Student Union Room 308 - ASC Campus, Alamosa</p> <p>Every Sunday, 8 p.m. - Mass</p> <p>Hooper Church 30 and Adams, Hooper</p> <p>Sunday, 9 a.m. - Morning Worship</p> <p>Meditation, Kriya Mountain Institute Alamosa - (575)758-5876</p> <p>United Church of La Jara 522 Walnut, La Jara 719-274-5250</p> <p>Terry Buckman, Pastor Cell Phone: 339-8444 Office Hours: Mon. 9:00 am - 12:00 Sunday 9:00 am - Contemporary Coffee Fellowship 10:00 am</p> <p>Christian Science Services 400 Ross Avenue, Society Hall, Alamosa</p> <p>Services - Sundays at 10:00 p.m. The second Wednesday of each 4 p.m. Thanksgiving Day 10 a.m.</p> <p>Pioneer United Church in Del Norte, Colorado A Congregation of Evangelical Covenant Order Presbyterians 630 Spruce St. (1.5 blocks south of Hwy. 160) Adult Sunday School - 9:30 a.m. Sunday Coffee Fellowship - 10:30 a.m. Sunday Worship Service - 11:00 a.m. Sunday</p> <p>Church of the South Fork 0116 Landon Dr., South Fork, Co. 81154</p> <p>Sunday are at 9 am - Services School Room. Choir is held on Wednesday at 6pm during the summer months with a final practice at 8:15am on Sunday</p> <p>Christian Bethel Christian Church Pastor Erik Lira</p> <p>Worship Service Sunday 3:00 p.m. Bible Study Wednesday 7:00 p.m. Bilingual Services Monday Free Music Classes Instrumental Classes 7:30 - 8:30 p.m. Voice & Bass Guitar 6:30 - 7:30 p.m.</p> <p>Word of Faith Christian Center 401 Santa Fe, Alamosa</p> <p>Sunday, 10:00 a.m. Wednesday, 6:30 p.m. Friday, 6:00 p.m. M.O.S.H. Youth Night</p> <p>The Peak Community Church 510 San Juan, Alamosa</p> <p>Sundays, 6 p.m. - Fellowship Sundays, 7 p.m. - Worship & More</p> <p>Pentecostal Alamosa Pentecostal Church 184 East 2nd St., Alamosa - 719-589-0475 Pastor Carl Suter</p> <p>Bible Study Wednesday 7:00 p.m. Sunday School Sunday 1:00-1:45 Worship 2:00-3:00</p> <p>Christian Fellowship Church The Door 1300 West 12th St., Alamosa Pastor Martin Montoya - 719-587-6197</p> <p>Sunday, 11:00 a.m. - Sunday School Sunday, 11:00 a.m. - Worship Sunday, 6:30 p.m. - Victory Service Wednesday, 7:00 p.m. - Revival</p> <p>Christian Independent Alamosa Christian Church 410 McQuerry, Alamosa</p> <p>Sunday, 9:30 a.m. - Sunday School Sunday, 10:30 a.m. - Worship Wednesdays, 7:00 p.m. - Family Night & Youth Group</p> <p>Christian Reformed Alamosa Christian Reformed, 719-589-3493 1861 Rd 10 S., Alamosa Pastor Philip VanderWindt</p> <p>Sunday, 9:00 a.m. - Sunday School Sunday, 10:15 a.m. - Worship</p> <p>Churches of Christ Alamosa Church of Christ 408 Victoria Avenue, Alamosa</p> <p>Sunday, 9:30 a.m. - Bible Classes Sunday, 10:30 a.m. - Worship Wednesday, 7 p.m. - Bible Study Healing Hearts, a Bible-based 12 step group meets every Friday at 7 p.m.</p> <p>South Fork Church of Christ 205 Birch St. South Fork, 719-873-1259 Kevin Bradley Pastor</p> <p>Sunday School, 9:00 a.m. Sunday Worship, 10:00 a.m.</p> <p>Central Church of Christ 200 Franklin Street, Monte Vista, 719-852-3811 David L. Baker Preacher</p> <p>Sunday, 9:30 a.m. - Bible Class Sunday, 10:30 a.m. & 6 p.m. - Worship Wednesday, 7 p.m. - Bible Study</p> <p>San Luis Valley Church of Christ 704 Del Sol, Alamosa, 719-589-2114</p> <p>Sunday Bible Study 9 am Sunday Worship 10 am Wednesday Bible Study 6 pm</p> <p>Cornestone Community Church Hwy. 160 Del Norte next to Rio Grande Medical Clinic Pastor Mark 719-657-9107</p> <p>Sunday 9:50 a.m. free breakfast Sunday 10:20 a.m. Contemporary Worship & Children's Sunday School Wednesday 5:15 p.m. Dinner, music, fellowship, teachings</p> <p>Episcopal Saint Thomas Episcopal Church 400 4th Street, Alamosa</p> <p>Sunday, 9 a.m. - Service</p> <p>Saint Stephen the Martyr 729 3rd Avenue, Monte Vista</p> <p>Sunday, 10 am Service First Christian Church 518 First St. (First & State) Alamosa 589-8805</p> <p>Sunday, 9:15 a.m. - Sunday School Sunday, 10:00 a.m. - Church Service Wednesday, 6:30 p.m. - Bible Study</p> <p>Valley Fellowship 240 East 5th Street, Center - 719-754-3804</p> <p>Sunday, 10:30 a.m. - Contemporary Worship, Prayer and Bible Study</p> <p>**Bible Studies during the week, call for information.</p> <p>First United Methodist First United Methodist Church 2035 Mullins Ave., Alamosa 719-589-2243</p> <p>"Open Hearts, Open Minds, Open Doors" Morning Worship - Sunday, 10:15 am Children's Church - Sunday, 10:30 am</p>	<p>Community Churches United for Christ Community Church (SBC) "Community Centered Around Love" 7th & Broadway in Blanca 719-379-3317</p> <p>Sunday School 9:30-10:30 Worship Service 11am</p> <p>Bible Believer's Community Church 11762 E US HWY 160 Alamosa, Co 81101 719) 206-3239</p> <p>Sunday worship 10:30 Sunday Bible Study 7 pm www.bbchurch.co</p> <p>Presbyterian Alamosa Presbyterian Church 330 San Juan Avenue, Alamosa</p> <p>Sunday, 10:30 a.m. - Traditional Worship</p> <p>Hispanic Pentecostal Iglesia Pentecostal Unida L.A. 507 Tenth St., Alamosa Guadalupe Salazar Pastor 719-587-3546</p> <p>Wed. 7:00 p.m. Service Sat. 7:00 p.m. Youth Service Sun. 10:00 a.m. Sunday School Sun. 5:00 p.m. Worship</p> <p>New Hope Church "The Church on the Hill" 25258 Hwy 160, South Fork, Co. 81154 Interim Pastor Ed Fleming - 719-873-1202 www.newhopest.com</p> <p>Morning Worship - 10:00 am Sunday School for all ages - 9:00 - 9:45</p> <p>Anabaptist Fellowship of Alamosa 330 San Juan Ave., Alamosa, CO 81101 alamosafellowship@gmail.com</p> <p>Sunday 4:30 PM Worship in the north wing of the Alamosa Presbyterian Church</p> <p>Independent, Fundamental Baptist First Baptist Church of Costilla County 9717 County Rd H, Mesita 719-206-0011 Pastor Paul Jones</p> <p>Sunday, 9:45 am - Sunday School Sunday, 10:45 am - Morning Worship Sunday, 12 Noon - Potluck Dinner Sunday, after dinner - Afternoon Worship Thursday, 7:00 pm - Mesita, Bible Study and Prayer meeting Home Bible studies in Costilla County Meeting in different locations</p> <p>DEAF MINISTRY FOR ALL SERVICES Jesus Christ of Latter Day Saints Church of Jesus Christ of Latter Day Saints Alamosa Y SA Ward 300 Richardson Avenue, Alamosa</p> <p>Sunday, 12:30 p.m. - 2:30 p.m. Alamosa</p> <p>Second Ward 927 Weber Drive, Alamosa</p> <p>Sunday, 9:00 a.m. - 12:00 p.m.</p> <p>Alamosa Third Ward 300 Richardson Avenue, Alamosa</p> <p>Sunday, 9:00 a.m. - 12:00 p.m.</p> <p>Alamosa Fourth Ward 927 Weber Drive, Alamosa</p> <p>Sunday, 11:30 a.m. - 2:30 p.m.</p> <p>Sierra Vista Branch (Spanish Language) 300 Richardson Avenue, Alamosa</p> <p>Sunday, 10:15 a.m. - 1:15 p.m.</p> <p>Lutheran St. Peters Lutheran Church & School Church: 1821 Grande Avenue, Monte Vista School: 330 Faraday Street, Monte Vista</p> <p>Sunday, 10:15 a.m. - Services School: K-8, Monday-Thursday</p> <p>Trinity Lutheran Church & School 52 El Rio Drive, Alamosa</p> <p>Sunday, 8:45 a.m. - Bible Study Sunday, 10 a.m. - Worship</p> <p>"Small Bible Study Groups Throughout the Week" -Pre-School through 5th grade Church: 589-4611, School: 589-3271 Conejos Canyon Community Chapel 2062 State Hwy. 17 (between mile posts 21 and 20) Fellowship Sunday, 8:30 a.m. Sunday, 9:00 a.m. - Worship Service</p> <p>Mountain Valley Church 408 State St. 17, Alamosa Pastor: Richard Pinkerton 589-2859 or 589-7652</p> <p>Sunday, 9:30 a.m. - Sunday School Sunday, 10:30 a.m. - Worship Service</p> <p>Presbyterian Church of Monte Vista 702 Second Avenue, Monte Vista (719) 852-2555</p> <p>Sunday, 9:45 a.m. - Sunday School Sunday, 11 a.m. - Sunday Worship</p> <p>Seventh-day Adventist Seventh-day Adventist Church 315 Craft Drive, Alamosa</p> <p>Saturday, 9:30 a.m. - Bible Study Saturday, 11:00 a.m. - Worship</p> <p>United Methodist Mosca United Methodist Church 5385 Barker Street, Mosca 720-254-5564</p> <p>Reverend Hugh Harris Sunday Worship: 8:00 a.m.</p> <p>Unitarian Universalist Unitarian Universalist Fellowship 330 San Juan Ave., Alamosa 719-587-5529</p> <p>"North Wing of Alamosa Presbyterian Church" Service & Youth Programs at 10:30 am Sunday</p> <p>United Presbyterian Church of Antonio P.O. Box 665, Antonio</p> <p>Office Hrs. Tues, 9:00am-12:00 Sunday 9:45am - Sunday School 10:45am - Service</p> <p>Valley Church of the Nazarene 228 Madison, Monte Vista - 852-5868</p> <p>Sunday Morning Worship 10:15 am Sunday School Classes 9:00 a.m. Every other Wednesday 6 p.m. (575)758-9876 for information for class schedule</p> <p>Church of Scientology 511 Main Street, Suite #12, Alamosa 719-587-5554</p> <p>Monday and Wednesday, 7-10 p.m. - Services</p> <p>Grace Alliance Ministry Church without Religion 9851 CR 4 S, Alamosa, CO Sunday Mornings - 10:30 Randy Brown - 719-588-7004 Eric Wolf - 719-480-3977</p>
---	---

Discover the Blessing in Your Storm

At one time or another, all of us have experienced a setback or endured a significant loss. Maybe that's where you are today; perhaps you've lost a job, a relationship, or even someone or something you love.

If so, I want to encourage you with Matthew 5:4 (NIV). Jesus says, "Blessed are those who mourn, for they will be comforted."

I used to think this was odd. I wondered, *How can we be blessed if we are mourning?* Then God helped me understand that our times of pain are actually perfect opportunities to receive and experience His supernatural comfort.

In fact, having a problem is one of the best places to begin again. Why? Because God's comfort goes far beyond any ordinary kind of comfort. He is the only one who can carry you through the pain and help you to actually become a better, more powerful person than you were before.

With God's help, we can look at our pain as an opportunity. I believe we can have an attitude that says, "This may be tough right now, but I will never give up. I'm really hurting, but I'm going to bounce back!"

Decide to Drive the Bus

I remember a conversation I had with a woman who told me, "Joyce, life has just thrown me under the bus." Almost without thinking, I responded, "My life used to be the same way, but I decided to drive the bus."

I wasn't trying to be flippant or insensitive to her hardship—I wanted to help her. So I explained that when things go wrong, the enemy wants us to spend the rest of our lives under the bus, feeling sorry for ourselves. But God's plan is for us to bounce back, get in the driver's seat, then go pick up other hurting people who are under the bus.

I'm not saying we shouldn't grieve after a loss or tragedy, but we just don't want to get stuck there.

From the Pit to the Palace

Just look at the life of Joseph in Genesis chapters 37 – 50. As a young man, Joseph had great dreams for his life. But his older brothers hated him and sold him into slavery, and he was taken to Egypt. But Joseph refused to give up. He found great favor with his master, Potiphar, and was eventually put in charge of his entire household.

Years later, when Joseph was falsely accused of trying to seduce Potiphar's wife, he was thrown in jail. But he still didn't give up. And when the time was right, the Lord eventually gave Joseph an opportunity to interpret a dream for Pharaoh, who then promoted him to be the highest official in Egypt!

Joseph literally went from the pit to the palace. And when a famine struck the land, the Lord used Joseph to save his family and the entire house of Israel.

Romans 8:28 says, "We know that in all things God works for the good of those who love him, who have been called according to his purpose." When we refuse to give up, the greatest tragedy of our life can actually turn out to be one of the greatest blessings.

Some of my greatest victories have come out of difficult times when I had to press through and seek God for His help and comfort. I'm grateful that I didn't give up during those times because I wouldn't have the privilege of helping people the way I do today.

I know it's not easy, but I want you to see that your attitude and response to the problems you face can make all the difference for you and so many others.

The Source of ALL Comfort

When you are hurting, run to God—the "Father of compassion and the God of all comfort" (2 Corinthians 1:3). Spend time in His Word, talk to

Moving Up Higher
with
Joyce Meyer

Him in prayer, and choose to worship Him even when you don't feel like it.

The Lord will often use others to comfort us. But even those people who are extremely close to us cannot give us everything we need all the time. When we expect others to do for us what only God can do, we have our expectations in the wrong place, and we will be disappointed. However, the Bible says those who put their hope in the Lord will never be disappointed (Isaiah 49:23).

Psalms 34:18 says, "The Lord is close to the brokenhearted..." He sees every hurt, every injustice, and every disappointment. If we let Him, He will take the bad things that happen and work them out for our good.

Be determined to never, ever give up on God. He's the only one who can take your pain and turn it into a blessing in every storm in your life.

*For more on this topic, order Joyce's four-teaching CD series **Nine Attitudes That Keep You Happy**. You can also contact us to receive our free magazine, *Enjoying Everyday Life*, by calling (800) 727-9673 or visiting www.joycemeyer.org.*

Joyce Meyer is a New York Times bestselling author and founder of Joyce Meyer Ministries, Inc. She has authored more than 100 books, including **BATTLEFIELD OF THE MIND** and **YOUR BATTLES BELONG TO THE LORD** (FaithWords). She hosts the *Enjoying Everyday Life* radio and TV programs, which air on hundreds of stations worldwide. For more information, visit www.joycemeyer.org.

Please note: The views and opinions expressed throughout this publication and/or website are those of the respective authors and do not necessarily reflect those of Joyce Meyer Ministries.

You are loved.

Sunday School 9am
Sunday Service 10:15am
1861 Rd 10 S
www.alamosacr.org
719-589-3493

ALAMOSA
Christian Reformed Church

see you in Sunday school!

Sports

State Tournament bracket preview

By **STEPHEN JIRON**
Courier Sports Editor

The brackets for the 3A state tournament are out and this weekend will decide who moves on to the Great 8 at Denver University. Centauri boys and girls will both be hosting while Alamosa boys and girls will be on the road.

3A Girls

6. Centauri (18-3) vs. 27. Kent Denver (11-12) at Centauri

Centauri was a runner up for their league suffering a loss in the championship to Pagosa Springs. Despite that Centauri qualified for a home series in the state tournament thanks to a gaudy RPI rating placing the Falcons at No. 2 in the state.

The Falcon will welcome the Sun Devils of Kent Denver for their first meeting in the state tournament. The Falcons had two girls go over 200 points this past season in Mia Garcia and Brenna McDaniel both of which are interior threats. McDaniel has comfort from beyond the arc but the majority of the three-point shots are taken by Makenna Bagwell. Inside the paint, Courtney Hamilton has proven herself a workhorse leading the team in two-pointers, rebounds and blocks. Centauri's first game this weekend will be against Kent Denver.

Though the Sun Devils don't boast an impressive record they do play in the competitive 3A Metro League that qualified five teams to the state tournament this year. Kent's may look to Amanda Lict as the main threat with leading rebounder Brenna Parkhouse handling cleanup duty on the inside. A win against Kent would set up a meeting with the winner of 11. Alamosa (17-5) and 22. Riverdale Ridge (16-6).

11. Alamosa (17-5) vs. 22. Riverdale



Ridge (16-6) at Centauri

Alamosa couldn't get past Centauri in the district semifinals but would take third place over Bayfield with a 50-29 victory.

Alamosa will be without their leading scorer, Emily Lavier, who posted 270 points this year before suffering a knee injury against Centauri during the regular season. Lily Lavier and Devyn Mitchell will continue to handle the interior duties as they combined for 238 points off two-pointers while outside shot responsibilities will be in the capable hands of Terese Chavez. Chavez is rated as the second most accurate distance shooter on the team (min. 10 att.).

Alamosa will be on the road for the opening weekend of state in La Jara. First up for Alamosa will be the Riverdale Ridge Ravens on Friday. Riverdale boasts a productive offense with three girls banking better than 200 points this season. Leading scorers Carly Villegas and Sienna Mullins handle business inside while Megan Drews shoots the three-pointer.

If Alamosa can ground the Ravens they will meet the winner of 6. Centauri (18-3) and 27. Kent Denver (11-12)

3A Boys

5. Centauri (19-2) vs. 28. Salida (13-10) at Centauri

The Falcons topped Alamosa by a free throw in overtime to claim the district title for the Intermountain League, putting them at home for the first weekend of state.

Centauri sophomore Baron Holman leads Centauri in scoring with 219 points putting up 12.9 points per game. Fellow sophomore Mason Claunch is a valuable piece, leading the team in rebounds and assists giving him 3 double-doubles on the year.

Centauri will meet with Salida in the first round of the weekend's games. Salida is led in scoring by Myles Godina who has posted 370 points thus far this year for 16.8 points per game, assisted by Leif Gislason leading the team in rebounds and third in scoring.

A win would mean a game against the winner of 12. Manitou Springs (18-4) and 21. Jefferson Academy (14-8). Higher seeded Manitou Springs is led in scoring by Joah Armour (14.1 PPG) son of NFL alum Justin Armour.

11. Alamosa (16-5) vs. 22. Lamar (13-9) at DSST: Byers

A showdown of league rivals in the district championship didn't go Alamosa's way putting the Mean Moose on the road for the entirety of their State Championship journey.

Alamosa has a productive duo in seniors Brenden Crowther and Ian Jackson. Both boys combine for 633 points this season and are first and second on the team in rebounds. The Mean Moose will start the state tournament up in Denver at host team DSST: Byers.

Their first opponent will be Lamar. Lamar's leading scorer is Luis DeLaTorre who posts 10.2 points per game. Should Alamosa get by Lamar they will face the winner of host 6. DSST: Byers (20-2) and 27. Aspen (14-9).

Grizzlies drop Home Opener Against Pilgrims

By **GEORGE A GALAVIZ-ORTIZ**
ASU Sports Information

ALAMOSA – The Adams State University Women's lacrosse team opened their 2020 Spring season this afternoon in what would end in a tough loss, falling at home to New England College 19-1. Adams State hits the field again this weekend, visiting Johnson and Wales for a Mile-High matchup on Saturday, set to kick off at noon.

Sophomore, midfielder Delanie Ward would score the lone Adams State goal, shining a bit of light for the Grizzlies during the first half. On the other end, New England College would take early control of the matchup, putting up 18 points to Adams State's one before halftime.

How It Happened

The starting face-off would see #8 Delanie Ward go head to head with Giuliana Kevlin of New England College. The Pilgrims would gain control and put up two shots, one going wide right and the other tallied as Jordyn Adamek's first save in the net as a Grizzly. The first goal would come about slightly after the first minute of the matchup. Meghan

Oliver would recover her own shot to send a second to the back of the net. Oliver would score again just a minute after, assisted by Madison LaCharite.

The lone Adams State goal would come about late in the first half, with just over two minutes left before a ten-minute intermission. NEC's Madison LaCharite would weave her way past Grizzly defenders to get a shot off that would be saved by Jordan Adamek to kick off a fast break for the Adams State offense. Sophomore Jaqueline Palacios came up with a ground ball pickup then found Delanie Ward at midfield. Ward would drive her way into Pilgrim territory to put up the Grizzlies' first and only goal.

After halftime, it would be a NEC dominant match as the Pilgrims would add six points to their lead by the end of the bout. NEC's Lauren Rich, Kaitlyn Kostigen, and Alexandria Safford each had a pair of goals in the second half. Jordyn Adamek would tally 12 total saves on her debut as a Grizzly.

Grizzlies are on the road this weekend, visiting Johnson & Wales for a non-conference matchup set to begin at 12 p.m. on Saturday.



Results

Adams State Baseball

Feb. 29 CSU-P 12, ASU 5
 March 1 CSU-P 14, ASU 2

Adams State Basketball

Feb. 28 ASU 63, Fort Lewis 57 (W)
 ASU 94, Fort Lewis 92 (M)

Prep Basketball

Feb. 26 **3A Intermountain League**
 Alamosa 45, Pagosa Springs 34 (B)
 Centauri 61, Bayfield 31 (B)

Feb. 27 **3A Intermountain League**
 Centauri 45, Alamosa 30 (G)

2A District 1

Del Norte 57, Center 11 (G)
 Crested Butte 58, Del Norte 44 (B)
 Sanford 54, Sargent 11 (G)
 Sanford 50, Center 29 (B)

1A District 6

Sangre de Cristo 52, Antonito 20 (G)
 Sangre de Cristo 62, Manzanola 22 (B)
 Cotopaxi 53, Moffat-Mtn Valley 32 (G)

Feb. 28

3A Intermountain League

Alamosa 50, Bayfield 29 (B)-3rd place game
 Pagosa Springs 50, Centauri 33 (G)-1st place game
 Centauri 47, Alamosa 46 (B)-1st place game

2A District 1

Center 23, Sargent 21 (G)-3rd place game
 Center 55, Del Norte 51 29 (B)-3rd place game

Sports Bulletin

Del Norte 45, Sanford 41 (G)-1st place game
 Sanford 38, Crested Butte 31 (B)-1st place game

1A District 6

SDC 39, Cotopaxi 14 (G)-1st place game
 Sangre de Cristo 70, Primero 35(B)-1st place game

Adams State Lacrosse

March 2 Otterbein University 17, ASU 7 (M)
 March 4 New England College 19, ASU 1 (W)

Adams State Softball

Feb. 29 Colorado Christian 11, ASU 3
 Colorado Christian 15, ASU 1
 March 1 Colorado Christian 22, ASU 5
 Colorado Christian 10, ASU 8

Upcoming Events

Adams State Baseball

March 6 3 p.m. ASU at Dixie State
 March 7 12/ 3 p.m. ASU at Dixie State (DH)
 March 8 12 p.m. ASU at Dixie State

Prep Basketball

March 6 **3A State Tournament**
 3 p.m. Alamosa vs Riverdale Ridge (G) -at Centauri
 6 p.m. Kent Denver at Centauri (G)
 7:30 pm. Salida at Centauri (B)
 7:30 p.m. Alamosa vs Lamar (B) - at DSST: Byers

2A Regional Tournament

3 p.m. Mancos at Del Norte (G)
 5 p.m. Telluride at Sanford (B)
 5:30 p.m. Del Norte at Limon (B)
 6 p.m. Center at Rye (G)
 6 p.m. Sargent at Ignacio (G)
 6:30 p.m. Sanford vs Hayden (G) - at Heritage Christian
 7 p.m. Center vs Holly (B) - at Highland

March 7

1A Regional Tournament

1 p.m. Sangre de Cristo vs Ouray (B) - at Gunnison
 2:30 p.m. Sangre de Cristo vs DeBeque (G) - at Gunnison

Adams State Lacrosse

March 7 12 p.m. Davenport University at ASU (M)
 12 p.m. ASU at Johnson & Wales (W)
 March 8 12 p.m. ASU at Rockhurst (W)

Adams State Softball

March 7 12 /2 p.m. ASU at Black Hills State (DH)
 March 8 11 a.m./1 p.m. ASU at Black Hills State (DH)

Adams State Wrestling

March 13 **NCAA DII National Tournament**
 All Day ASU at Sioux Falls, SD

Schedules subject to change

Arby's All-Star Game

ALAMOSA — Adams State will be the home of the All-Star game sponsored by Arby's. Friday March, 27th seniors from all over the valley will take part in the annual All-Star Game. Admission is \$10, pre-school children admitted free. The festivities are set to begin at 6 p.m.



Sports



Good Luck Valley Teams At The Basketball Playoffs!

Prep Playoffs First round matchups

3A Girls
March 6
 3 p.m. - 11. Alamosa (17-5) vs. 22. Riverdale Ridge (16-6) at Centauri
 6 p.m. - 6. Centauri (18-3) vs. 27. Kent Denver (11-12) at Centauri

3A Boys
March 6
 7:30 p.m. - 5. Centauri (19-2) vs. 28. Salida (13-10) at Centauri
 7:30 p.m. - 11. Alamosa (16-5) vs. 22. Lamar (13-9) at DSST: Byers

2A Girls
March 6
 3 p.m. - 6. Del Norte (18-3) vs. Mancos (6-16) in Del Norte
 6 p.m. - 25. Sargent (9-13) vs. 8. Ignacio (16-5) at Ignacio
 6 p.m. - 28. Center (10-12) vs. 5. Rye (22-0) at Rye
 6:30 p.m. - 10. Sanford (13-7) vs. 20. Hayden (14-8) at Heritage Christian

2A Boys
March 6
 5 p.m. - 3. Sanford (18-4) vs. 30. Telluride (8-13) at Sanford
 5:30 p.m. - 32. Del Norte (5-17) vs. 1. Limon (20-2) at Limon
 7 p.m. - 18. Center (14-8) vs. 15. Holly (18-4) at Highland

1A Girls
March 7
 2:30 p.m. - Sangre de Cristo (19-3) vs. DeBeque (12-8) at Gunnison

1A Boys
March 7
 1 p.m. - Sangre de Cristo (20-2) vs Ouray (13-6) at Gunnison

HOGUES GLASS
 6836 Hwy 17
 Alamosa
 589-4388

Parts Plus
 Good Luck y'all!
 508 Spruce • La Jara • 274-4520

Caton's Super Lube
 725 Main St. • Alamosa
 587-0378

ASPHALT CONSTRUCTORS
ACI
 7040 W. Hwy. 160
 Alamosa
 589-6671

Airgas
 6685 W Hwy 160 • Alamosa
 589-5810

Beiriger & Sons Irrigation
Good Luck Valley Teams!
 (719) 754-3555 • 676 E. Hwy. 112 • P.O. Box 368 • Center

World Fuels Service
 Formerly Alta Fuels
 615 State Ave. • Alamosa • 719-589-2312

H & R Block
 409 Main St. • Alamosa • 589-6594

La Jara TRADING POST
 LUMBER & BUILDING MATERIALS
 719-274-5857
 16555 State Hwy 136
 La Jara
 274-5857
 Good Luck Centauri!

Manassa Market
 308 Main St. • Manassa
 843-9904

San Luis Valley Federal Bank
 slvfed.com
 Find us on Facebook
FDIC
Good Luck

Jim's Tire Store
 Good Luck and Win!
 589-9690 • Alamosa

ANYTIME FITNESS
 177 CRAFT DRIVE, SUITE 102
 ALAMOSA • 589-6520

May-Wa Restaurant
 589-9559 • 620 Main St. • Alamosa

State Farm
 State Farm Insurance Companies
 Home Offices: Bloomington, Illinois
 Jay Meyer
 410 Ross • Alamosa • (719) 589-2258
 I'm your neighborhood State Farm Agent



Centry Property Management, LLC
 823 Main St. • Alamosa
 589-5744

O&V Printing Inc.
 SINCE 1975!
 589-9228
 342 Santa Fe • Alamosa

Absmeier Landscaping
 1424 21st St. • Alamosa
 589-6994

ALAMOSA STATE BANK
 Alamosa
 589-2564
 A Real Community Bank
 Local Ownership. Local Commitment.
FDIC

LA JARA HEALTH MART PHARMACY
 274-5109
Good Luck Basketball

ALAMOSA BUILDING SUPPLY
 1403 Tremont Ave.
 Alamosa
 587-0338
 Good Luck Mean Moose!

Mosca Pit Stop
 Mosca • 378-2346
 Great Job & Good Luck!

Ist SouthWest Bank
 We Can Help You Get There™
 Alamosa • 587-4200 • www.fswb.com • 866-641-FSWB
Good Luck!
FDIC


Sports print plus
 719-589-8471
 518 La Veta Ave.
 Alamosa

DEL NORTE BANK
 TRUE • LOCAL • BANK
FDIC
 705 Grand, Del Norte • 657-3376
 106 S. Main St., Creede • 658-0126

North Conejos School District
 274-5174
Good Luck Falcons!



Alamosa School District RE-11J
 587-1600
 Go Mean Moose!
 Congratulations & Best of Luck!



Cottonwood Dental
Good Luck Valley Teams!

SANFORD SCHOOL DISTRICT
GOOD LUCK INDIANS

Sangre De Cristo Schools
 Good Luck Thunderbirds & All Valley Teams!



CREATING SMILES FOR GENERATIONS
 D • D • S
 2405 Mullins Ave • Alamosa • 589-5272




Lifestyle

Rio Grande social services recognized for workforce program

By **LYNDSIE FERRELL**

Valley Publishing
DEL NORTE

Over the last three years the Rio Grande Department of Social Services has been working with the Workforce Center of Monte Vista to offer a pilot workforce program to people who are in need of social services such as food assistance and other programs offered through the department.

During the Rio Grande Commissioner meeting held last week, department Director Jody Kern announced that her department was being recognized for their efforts in the program. The

Colorado Works Subsidized Training and Employment Program (CWSTEP), also known as CWSTEP, was launched in January 2018. Kern recognized the opportunities presented in the program and how it could potentially benefit the San Luis Valley.

So she decided to sign up for the pilot program.

"It worked really well. Some people took to the program and are now going to school and being hired at places around the county," said Kern.

The program was designed to help clients who seek assistance through the Department of Social Services

and help them enter the workforce. "They learn basic skills, one of which is the importance of simply showing up for a job and completing tasks.

"Some of our clients have never had that opportunity."

The department worked closely with the Monte Vista Workforce Center to find employers who were willing to allow clients to have internship positions in their place of business. Some of the locations in the county included the Del Norte Library and Rio Grande Hospital, as well as, many others.

The program offered an opportunity for people

seeking assistance to enter the workforce and even pursue higher education by obtaining a GED or entering college level educational programs.

"We were only one of two rural counties to participate in the program and we were able to prove that it could be successful in a rural area like the Valley.

The program also aids with transportation, which is a huge hindrance for many people. Our hope is that the program will continue, and we can keep helping people obtain permanent employment to cut down the need for assis-

stance," explained Kern. The other county recognized for their success in the program was Conejos County.

"We received recognition for the work we have done, and I couldn't be happier with how the program worked out," said Kern.

In an article printed by NASWA News it stated that, "The Colorado Department of Labor and Employment received the prestigious Pinnacle for Workforce Development Award, presented by NASWA's Employment and Training Committee.

This award is bestowed upon a state

demonstrating excellence and innovation in the area of workforce development."

It continued with a quote from Executive Director of the American Workforce Center Scott B. Sanders, "The Colorado Works Subsidized Training and Employment Program is breaking new ground by showing how the state agencies can collaborate to better serve job seekers.

This is a terrific example of an innovation that successfully braids funding and resources and offers many supportive services to help individuals gain and maintain employment with living wages."



Courtesy photo

Mocha, who is a 7-year-old pitbull/labrador mix likes her peanut butter.

Should pets eat a grain-free diet?

When touring pet food aisles at the pet store or the supermarket, pet owners may become overwhelmed by the options at their disposal. Many pet owners choose to replicate their own diets when choosing foods for their pets, and a popular trend is to avoid grain when selecting pet foods. However, selecting the best diet for pets means weighing all the benefits against the possible negatives. Much of the time it comes down to pet owner preference.

WHY GRAIN-FREE?

Proponents of feeding dogs and cats grain-free diets involves the support of the "natural" diet of these animals, or what their wild counterparts would be eating before dogs were domesticated. According to Dr. Karen Becker, a holistic veterinarian and contributor to Healthy Pets by Mercola, the natural diets of canines contain almost no carbohydrates or grains. The primary sources of carbs would be the grasses, fruits and vegetables found in the stomachs of prey animals.

Other proponents of grain-free diets say that, while dogs and cats may have evolved from wild animals to domesticated pets, their digestive systems have remained relatively unchanged. Dogs in particular have little natural digestive support to metabolize complex carbohydrates and grains. Grains and other carbohydrate sources may lead to excessive gas, loose stools, skin irritations, blood sugar fluctuations, insulin resistance, and other health problems.

ARE GRAINS OK?

The other side of the argument is equally compelling. Vet-supported resource PetMD says that most pets do not need grain-free diets. Dogs possess several genes that have been modified through evolution to allow them to easily digest carbohydrates, according to the research "The genomic signature of dog domestication reveals adaptation to a starch-rich diet," by Erik Axelsson.

Another reason to avoid grain - food allergies - may not be so simple, either. When dogs and foods were assessed for allergic reactions in a review of 278 cases, beef and dairy were the most common allergens found as culprits, and not the grains. Corn, which is one of the most common carbs found in dog food, was rarely the allergen offender, only showing up in seven cases.

Kibble that contains grains can be less expensive than other types of pet food, making it a more affordable option for pet owners.

Feeding pets grains or choosing a grain-free diet is largely up to the pet owner as long as the dog or cat does not have a specific allergy to grain or gluten. Pet owners can work closely with their veterinarians to select diets that are the best fit for their pets. PE184872



NEW 2019 DODGE **GRAND CARAVAN** SE

STK# DT9666
MSRP: **\$29,930**



AUTOMALL PRICE **\$24,995.99**
PER MONTH **\$339**

NEW 2019 DODGE **CHALLENGER** GT AWD

STK# DG5433
MSRP: **\$38,780**



AUTOMALL PRICE **\$33,995.99**
PER MONTH **\$461**

NEW 2019 JEEP **RENEGADE** LATITUDE 4X4

STK# J2923
MSRP: **\$28,260**



AUTOMALL PRICE **\$23,995.99**
PER MONTH **\$325**

NEW 2019 JEEP **CHEROKEE** TRAILHAWK 4X4

STK# J2118
MSRP: **\$37,580**



AUTOMALL PRICE **\$30,995.99**
PER MONTH **\$420**

NEW 2019 JEEP **GRAND CHEROKEE** TRAILHAWK 4X4

STK# J7502
MSRP: **\$48,580**



AUTOMALL PRICE **\$41,995.99**
PER MONTH **\$569**

NEW 2019 JEEP **WRANGLER** UNLIMITED RUBICON

STK# J4914
MSRP: **\$48,775**



AUTOMALL PRICE **\$42,995.99**
PER MONTH **\$583**

NEW 2019 RAM **2500** TRADESMAN CREW 4X4

STK# DT3992
MSRP: **\$46,040**



AUTOMALL PRICE **\$39,995.99**
PER MONTH **\$542**

NEW 2019 RAM **1500** BIG HORN CREW 4X4

STK# DT2742
MSRP: **\$51,550**



AUTOMALL PRICE **\$42,995.99**
PER MONTH **\$583**



NEED TO SELL YOUR VEHICLE?
WE WILL BUY IT!

TownAndCountryAlamosa.com
719-587-1800 • 20 Craft Drive Alamosa, CO 81101
Monday - Saturday - 8:30 am - 6 pm

All prices exclude tax, tags and title. Price includes delivery and handling fee of \$369.99. Artwork used for illustration purposes only. All offers valid on in stock units only. Finance 3.9% for 75 months with 10% down. Must qualify for all applicable factory offered rebates. Must qualify for Factory Conquest Bonus on certain vehicles. Must be financed with Chrysler Capital. See dealer for details. Offers expire on 03/31/2020.

Valley News

Dr. Seuss books go to children at Wee Care Learning Center

ALAMOSA — Children at Wee Care Learning Center at the United Methodist Church heard Dr. Seuss books read by members of

the Woman's Citizenship Club on Dr. Seuss' birthday, March 2. The club project was to collect 100 Dr. Seuss books and put them in the

hands of children. With 100 books in hand, the club saw to it that every child at Wee Care took a book home with him/her.



Courtesy Photo

Diane Caffey, director of Wee Care, and Helen Taylor, project coordinator for the Woman's Citizenship Club worked out the details that sent a book home with every child at the Wee Care Learning Center.



Wee Care children picked out their own book to take home and share with their family.

The Rundown on Equine shoulder Sweeney

Horses are remarkably active animals that make good use of their limbs and joints as they canter, gallop, and trot. As such, it is important that owners are cognizant of their horse's health and of potential conditions that might arise.

Dr. Jeffrey Watkins, a professor at the Texas A&M College of Veterinary Medicine & Biomedical Sciences, weighs in on shoulder Sweeney, also known as suprascapular neuropathy, a condition affecting the nerves and muscles of a horse's shoulder region.

"Shoulder Sweeney refers to an injury of the suprascapular nerve, which runs over the front part of the scapula and provides the nerve supply to two major muscles that support the shoulder joint," Watkins said. "When the nerve is injured, these muscles are unable to function normally and will undergo atrophy, which can occur very rapidly."

This condition presents in two forms, chronic and acute, according to Watkins.

The chronic form of shoulder Sweeney was once common in horses that often pulled heavy loads, such as wagons and farm equipment, and was attributed to repetitive nerve injury often associated with ill-fitting harness collars.

In these chronic cases,

clinicians typically find significant atrophy of the two major muscles that are supplied by the nerve overlying the scapula, and when these muscles atrophy, the bony spine of the scapula becomes very prominent.

Chronic shoulder Sweeney has become less frequent, as workhorses are less common.

"What we see today, most of the time, is a much more acute injury," he said. "Usually, it's because the horse is running fast and hits something immovable, another horse or a fence post, very forcefully with the point of their shoulder."

This impact causes an acute nerve injury that results in dysfunction of the two major muscles noted above. These muscles are responsible for maintaining the lateral stability of the shoulder joint and when they lose their nerve supply acutely, the shoulder region becomes unstable.

Watkins said it is important to consider other potential conditions that can occur secondary to a high-impact injury to the shoulder region. An examination by a veterinarian, including high-quality radiographs of the shoulder region, is necessary to rule out other injuries, such as a fracture.

Shoulder Sweeney is usually diagnosed by

observing the gait of the horse and tends to be straightforward.

"They have a very characteristic gait where whenever they try to put weight on their leg, their shoulder joint partially dislocates to the outside," Watkins said. "These horses don't walk well; they have a very obvious gait abnormality that basically makes them unusable in the short-term."

Though this condition can significantly impact a horse's function in the short term, the good news is that most horses suffering from an acute shoulder Sweeney will recover stability in that joint over time and will be able to function normally again. But the process requires rest and patience.

"It's important to recognize it can take quite a long time for that nerve to heal and to basically regrow," Watkins said. "We usually say it will take six to eight months for that nerve to begin to regain function and for that shoulder to stabilize and no longer have issues."

Pet Talk is a service of the College of Veterinary Medicine & Biomedical Sciences, Texas A&M University. Stories can be viewed on the web at vetmed.tamu.edu/news/pet-talk. Suggestions for future topics may be directed to editor@cvm.tamu.edu.

Hello neighbor!

Introducing...

NO CONTRACT

NO INSTALL FEES*

SYMMETRICAL SPEEDS • SERVICE UP TO 1 GBPS

NO MONTHLY EQUIPMENT FEES • NO DATA CAP

TELEPHONE • 24/7 CUSTOMER SERVICE

Give us a call to see if Cielo is available in your area!!

ciello

POWERED BY REC

HIGH-SPEED BROADBAND INTERNET
& TELEPHONE

www.ciello.com • 719.852.3538

*Restrictions may apply

ENGLERT LeafGuard®

is the permanent, clog-free gutter solution!*

*Guaranteed not to clog for as long as you own your home, or we will clean your gutters for free



75% OFF LABOR†

PLUS

RECEIVE A \$100 RESTAURANT.COM GIFT CARD

WITH FREE IN-HOME ESTIMATE! **



(719) 493-9169

CALL TODAY FOR YOUR FREE ESTIMATE!

- ONE-PIECE, SEAMLESS GUTTER SYSTEM
- PROTECTIVE OVERHANG/TRIM
- SCRATCHGUARD® PAINT FINISH
- CLOG-FREE DESIGN



†Does not include cost of material. Expires 3/31/20. **All participants who attend an estimated 60-90-minute in-home product consultation will receive a \$100 gift certificate. Visit <https://www.restaurant.com/about/terms> for complete terms and conditions and <https://www.restaurant.com> for participating restaurants. Retail value is \$100. Offer sponsored by LeafGuard Holdings Inc. Limit one per household. Company procures, sells, and installs seamless gutter protection. This offer is valid for homeowners over 18 years of age. If married or involved with a life partner, both cohabitating persons must attend and complete presentation together. Participants must have a photo ID, be able to understand English, and be legally able to enter into a contract. The following persons are not eligible for this offer: employees of Company or affiliated companies or entities, their immediate family members, previous participants in a Company in-home consultation within the past 12 months and all current and former Company customers. Gift may not be extended, transferred, or substituted except that Company may substitute a gift of equal or greater value if it deems it necessary. Gift card will be mailed to the participant via first class United States Mail within 10 days of receipt of the promotion form. Not valid in conjunction with any other promotion or discount of any kind. Offer is subject to change without notice prior to reservation. Expires 3/31/20.

Classified Marketplace

FREE!

Sell your household items for FREE. Total value of item must be \$200 or less. FREE ads include 20 words or less and run 5 times.



SERVING: ALAMOSA • RIO GRANDE • CONEJOS • COSTILLA • SAGUACHE • MINERAL COUNTIES

099 ANNOUNCEMENTS

BIDS BEING SOUGHT for garage door installation at the Bus Garage of the Upper Rio Grande School District. For more information, please contact the Administrative Offices at 719-657-4040. Bids due by April 1.(4/1)

ACUCENTER A COMMUNITY acupuncture clinic in Del Norte. The clinic will be open every Thursday 3pm to 6pm. Experience got health benefits of affordable acupuncture from our team at Vista Acupuncture. Located at 990 6th St., Del Norte. Schedule an appointment now call 360-821-9006 (3/11)

2020 COLORADO CAUCUSES will be held on Saturday, March 7, 2020 @ 2:00PM. Doors open at 1:00 Meeting Room 128 Alamosa Family Recreation Center for all Alamosa County Precincts Questions admin@alamosademocrats.org Info www.alamosademocrats.org Ron Brink Chair Alamosa County Dems 719-480-3265. (3/7)

102 CARD OF THANKS

THE FAMILY OF Joaquin Dupont would like to thank you for all the cards, prayers and kind expressions of sympathy shown following his passing. Your support at the heart-breaking time has been a great comfort to the family. Words cannot express how (3/7)

185 - SERVICES & REPAIRS

LICENSED PLUMBER DOES all types of plumbing repairs and plumbing remodel done at reasonable rate. Call 719-580-0033 or 719-376-2593.(4/2)

221 HELP WANTED

THE CITY OF Monte Vista is seeking a Chief of Police. Candidates should possess demonstrated leadership skills, high integrity, demonstrated success in problem-solving, policing methods, the development and implementation of police budgets, data-driven deployment methodologies and department-level financial management. Minimum requirements: Bachelor's degree in police or criminal justice, public administration, law enforcement or a directly related field. A Masters' degree and/or leadership training such as: FBI National Academy, Northwestern University School of Police Staff and Command or equivalent preferred. Colorado POST certification, or the demonstrated ability to obtain Colorado certification, is required. Candidates must have been a peace officer for a minimum of 10 years, including 6 years of police supervisory/leadership experience at the rank of sergeant or higher. The position has a competitive salary and excellent benefit package. The general hiring minimum salary is \$82,000. Salary at appointment is dependent on qualifications. To be considered for this position you must complete a City of Monte Vista employment application at www.cityofmontevista.com/colorado.gov. Please submit your completed job application (resume optional) and a cover letter to the Human Resources office, 95 W. 1st Ave., Monte Vista, CO 81144 or e-mail your application to hrmanager@ci.monte-vista.co.us. All applications must be received no later than Monday, March 16, 2020.(3/14)

221 HELP WANTED

WORKING TOGETHER FAMILY Advocate - The Adelante Family Services Program is hiring a grant funded case manager to provide outreach, assessment, and financial literacy to WT families living in Alamosa, Costilla and Saguache counties. The cm will coordinate educational and vocational goals for families and monitor their progress, including home visits. CM will work as part of a team to help alleviate barriers to family success. Requirements: 4 year college degree or equivalent work experience, prefer prior case manager experience, ability to work with diverse populations, driver's license. Bilingual preferred. Send cover letter, resume and references to: hr@lapuente.net. 719-589-5909. www.lapuente.net(3/21)

THE CITY OF Alamosa is seeking part-time Maintenance Worker I's to perform a variety of unskilled or semi-skilled tasks in the maintenance and improvement of Cattails Golf Course. The desired competencies for this position include knowledge of general grounds keeping and landscape maintenance such as mowing, fertilizing, irrigating, raking, weeding, trimming trees and shrubs, planting and transplanting flowers, clearing brush, and applying herbicide/pesticide in a golf course setting. Has the ability to maintain effective working relationships with supervisors, employees, and the general public. The candidate must possess a High School Diploma or equivalent and be at least 18 years old. For questions contact Jolene Webb, Human Resources Manager at 300 Hunt Ave Alamosa, CO 81101, jwebb@ci.alamosa.co.us or 719-587-2029. More information and application can be found online at www.cityofalamosa.org under the Employment tab. Hiring salary is \$14.42 -\$15.86 per hour DOQ. Closing date is March 11, 2020 at 4:30 pm. (3/12)

THE CITY OF Alamosa is seeking part-time Maintenance Worker I's to perform a variety of unskilled or semi-skilled tasks in the maintenance and improvement of Cattails Golf Course. The desired competencies for this position include knowledge of general grounds keeping and landscape maintenance such as mowing, fertilizing, irrigating, raking, weeding, trimming trees and shrubs, planting and transplanting flowers, clearing brush, and applying herbicide/pesticide in a golf course setting. Has the ability to maintain effective working relationships with supervisors, employees, and the general public. The candidate must possess a High School Diploma or equivalent and be at least 18 years old. For questions contact Jolene Webb, Human Resources Manager at 300 Hunt Ave Alamosa, CO 81101, jwebb@ci.alamosa.co.us or 719-587-2029. More information and application can be found online at www.cityofalamosa.org under the Employment tab. Hiring salary is \$14.42 -\$15.86 per hour DOQ. Closing date is March 11, 2020 at 4:30 pm. (3/12)

YOUR LUCK IS about to change! Visiting Angels is Now hiring compassionate caregivers to do non-medical in-home care in the San Luis Valley, CO area. Flexible Shift Availability. Full time and part time positions. ** \$50 sign on Bonus to all Caregivers and C.N.A.'s hired March 1-31, 2020. Apply Now, Join the Visiting Angels Team! or call 970-264-5991 for more info. Equal Opportunity Employer. (3/31)

221 HELP WANTED

THE TOWN OF Center is seeking a part-time Town Treasurer (10 to 20 hrs. weekly). The qualified candidate will plan, manage and schedule all finance and accounting responsibilities for the Town of Center, will authorize and prepare all accounting and financial reporting required by any internal and external sources, and will be required to attend an on-site monthly meetings to review the town's reconciled financials with the town board. The qualified candidate will also have knowledge of and be able to prepare an annual budget. This position also offers the ability to work from home remotely. For a complete job description and application please go to www.centerco.gov. The deadline for applications is March 20, 2020. (3/10)

LOOKING FOR FULL-TIME employee to help farm. Welding experience and driving farm equipment call 719-850-2137.(3/10)

221 HELP WANTED

RIO GRANDE COUNTY is seeking a full-time jail cook. High school diploma or general education degree (GED). Must be 21 years of age, pass background investigation and drug test screening. \$13.95/per hour, 40 hours a week, full County benefits. Pick up and submit applications to Human Resources, 925 6th St., Room 200, Del Norte, CO 81132. Applications and job description available on-line at www.riograndecounty.org. Deadline: Until filled. (3/12 #1)

ALAMOSA STATE BANK has an opening for a Loan Assistant. Position is full time, with a generous benefit package. Some loan experience is preferred. Applicants may pick up an application in person at the Main Bank located near City Market. Alamosa State Bank is an Equal Opportunity Employer.(3/12)

221 HELP WANTED

RIO GRANDE COUNTY Department of Social Services seeks a Child Protection Caseworker. Bachelor's Degree in Human Services or a related field with experience preferred. Must have a valid Colorado Driver's License. Background check and pre-employment drug screening required. \$18.72 per hour, full County benefits. Schedule: 37.50 hrs. /week. Applications available online @ www.riograndecounty.org or may be picked up and submitted to: Human Resources, 925 6th St., Room 200, Del Norte, CO (3/12 #2)

MONTE VISTA ESTATES Nursing Home is seeking a full time day shift RN to add to our amazing team! Shift is 6am-6:30 PM-Wednesday, Thursday, Friday (one week) Thursday, Friday Saturday (second week) rotating schedule. The open positions are essential roles in the overall care offered to our residents. (3/28)

221 HELP WANTED

MONTE VISTA SCHOOL District is accepting applications for a Part-Time Food Service Employee. The position is for 2.5 hours per day (10:45 am - 1:15 pm), Monday -Thursday, at Bill Metz Elementary School. Applications may be submitted to the District Office, 345 E. Prospect Ave., Monte Vista, CO 81144, until the position is filled. Applications may be downloaded from the web site <http://ww2.monte.k12.co.us/employment-opportunities.html> or call 719-852-5996.(3/19)

MONTE VISTA ESTATES Nursing Home is Seeking a full time day shift CAN seeking a full time evening shift (2-10) shift CAN if you love working with the elderly and enjoy making a difference in the lives of our residents, please contact us. We look forward to having you join our team. (3/28)

221 HELP WANTED

EXPERIENCED DENTAL HYGIENIST wanted. Established practice in Alamosa, full time or part time. Must have active license. Send resume to PO Box 1841 Alamosa, CO 81101.(1/15-TFN)

221 HELP WANTED

HELP WANTED IN Center. Need truck/potato equip operating experience and valid drivers license. Please call 719-754-3854 or walk into Ponderosa's office east of Jones Oil. (3/11)

\$30,000+

Immediate opening in multi-media sales. Experience appreciated.

Send resume to: KCerny@alamosanews.com

Valley Courier

37th Annual Monte Vista Crane Festival

Where the CRANES meet the MOUNTAINS
mvrcranefest.org

March 6 - 8, 2020

@ Vali 3 Theater - Monte Vista

Friday, March 6 6 - 9 p.m. Kid's Coloring Contest Awards & Free Movie - Annual kid's coloring contest winners announced followed by "Rango" (PG)—a good ole' fashioned, animated western about a less than courageous chameleon who ends up in the lawless outpost of "Dirt." Rango finds himself standing out among the desert's wily and whimsical creatures. He becomes sheriff and the town's last hope against a greedy developer's water grab. Free.	Saturday, March 7 1 - 2:30 p.m. Movie: "Bird of Prey" weaves together stunning natural history footage of the critically endangered Great Philippine Eagle with the remarkable story of wildlife cinematographer Neil Rettig and a small group of conservationists from the Philippine Eagle Foundation, who work tirelessly to save the bird from extinction. \$5/person.	3 - 4 p.m. Talk: "Dealing with Water Scarcity" - Cleave Simpson, General Manager of the Rio Grande Water Conservation District talks about water in the Rio Grande Basin and San Luis Valley and the challenges facing surface and groundwater users in an over appropriated system. \$5/person.
		7 - 9 p.m. Keynote Speaker, Kurt Skinner portrays Teddy Roosevelt, whose Conservation Crusade for America left our country with a legacy of natural treasures, federal resource conservation and wildlife protections. \$10/person.

Craft & Nature Fair

- Fine Art
- Photos
- Crafts
- Jewelry
- Educational Birds on Display
- Food

Friday 10 a.m. - 4:30 p.m.
Saturday 8 a.m. - 4:30 p.m.
Sunday 9 a.m. - 2 p.m.

Free Admission
Ski Hi Complex,
Monte Vista, Colorado
For more information go to: mvrcranefest.org

Don Tomas BAKERY

Open Daily
Tues. - Fri.: 6 am - 8 pm
Sat.: 6 am - 5 pm • Sun.: 8 am - 5 pm
829 1st Ave. Monte Vista
(719) 852-0981

Baldo's Mexican Restaurant

Lunch 719-852-0222 Buffet
Mon. - Tues. 6 am - 3 pm • Thurs. 7 am - 3 pm
Fri. - Sat. 7 am - 8 pm
1100 Park Ave. • Monte Vista

Jennifer Kanyon

SALON OWNER
FULL SERVICE WALK-INS WELCOME
719-580-9911
100 JEFFERSON ST. • MONTE VISTA
BY THE LIBRARY

Memory Lane

Thrift and Treasures
1018 US Hwy 285 North
Monte Vista
719-850-8972
swvarner@hotmail.com
Owners:
Steven & Sally Varner

Sparkle Cleaners

Expert Alterations
Laundry • Drapes
Same Day Service
719-852-3601
214 Adams St. • Monte Vista

FARM BUREAU INSURANCE

Auto • Home • Life
Clint Smith
Insurance Agent
Farm - Ranch
Life Specialist
247 Adams Street
Monte Vista, CO 81144
(719) 852-5909

SANDHILL SOLAR

Residential/Commercial Grid-Tied and Off-Grid Systems
Solar Power Installation for the San Luis Valley!
719-849-3098
sandhillsolar.com
Like us on Facebook @sandhillsolar

San Luis Valley Auto Repair LLC

Serving the San Luis Valley for the Past 8 Years!
Complete Automotive Service
(719) 852-2536
150 N. Broadway • Monte Vista

SLV Curiosities

vintage, handmade, & rustic home decor
Antiques, Vintage and Refurbished Decor, Signs, Furniture and Much More!
Something for Everyone!
144 Adams St. • Monte Vista
(719) 480-2496

Sunflour Café

Daily Breakfast and Lunch Specials
Ask about our Catering Services
Pies, cinnamon rolls, pecan rolls, cheesecakes
278 N Broadway • Monte Vista
(719) 852-6945 • Mon - Sat 7 am - 3 pm

Classifieds

221 HELP WANTED

DEL NORTE BANK is seeking an Executive Assistant. Applicants should possess the following skills: Highly proficient in Excel and Word, be able to communicate and write letters about complex matters, manage multiple systems that are either Excel or database driven, be able to manage and maintain scheduling efforts, be an eager team member with problem solving skills. At a minimum a bachelor's degree or equivalent is required. The position is permanent, full-time, M-F, 8am-5pm with a robust benefits package. Salary commensurate with experience. Qualified candidates please send your resume or application to postmaster@truelocalbank.com by March 18, 2020. Application available at TrueLocalBank.com/careers. (EOE)(3/17)

221 HELP WANTED

CONEJOS COUNTY IS seeking a Heavy Equipment Operator/Driver/Laborer. Applicant must be able to operate a loader, grader, belly dump, and drive a semi, must have a class A Commercial Drivers License, clean driving record and pass a pre-employment drug screen. \$16.25/HR County application form required. Applications available at County Human Resources/Administration Office 6683 County Rd. 13, Conejos CO. or via email upon request at cricc@co.conejos.co.us. Deadline is Friday, March 6, 2020. Inquiries call (719) 376-6799.(3/6)

ALAMOSA HOUSING AUTHORITY is seeking a qualified individual for a full-time Maintenance Laborer I position. General: Under supervision performs work of semi-skilled nature in the area of housing maintenance and grounds. Clean/paint apartments, operate landscaping equipment, repair minor furnace problems, perform plumbing duties. Must be able to be on call for emergency maintenance requests. Job Qualifications: Working knowledge of maintenance of appliances, electrical, plumbing and grounds. Minimum of one year experience in electrical repair, plumbing, maintenance or similar, able to follow directions. Desirable but not required. Knowledge of common hand tools, carpentry, plumbing, etc. general mechanical understanding and ability, valid Colorado Driver's License good driving record, must be able to pass Colorado Background Investigation. Benefits include \$12.00 an hour, medical, dental, and vision. Apply at Alamosa Housing Authority at 213 Murphy Drive. Job will close on March 13, 2020 The Alamosa Housing Authority is an Equal Opportunity Employer.(3/13)

221 HELP WANTED

SOUTH CONEJOS SCHOOL District is now accepting applications for Anticipated K-12 Principal for the 2020-2021 school year. Start date will be July 2020, with a competitive salary based on experience, plus and attractive benefit package. Qualifications: Experience as a vice-principal or comparable administrative experience. Must hold a Colorado Administrative License. Interested individuals should submit a District application, resume, cover letter, transcripts and credentials to apply@southconejos.com by March 13, 2020.(3/13#1)

SOUTH CONEJOS SCHOOL District is now accepting applications for the following Anticipated Teaching Positions for the 2020-2021 school year: Secondary math teacher, Teacher of grade 1, .5 Art, and .5 Social Studies. Qualifications: Must hold a Colorado Teacher's License, or such alternative to the above qualifications as the Board of Education may find appropriate and acceptable. Please submit a District application, resume, cover letter, transcripts and credentials to apply@southconejos.com by March 13, 2020.(3/13#2)

SOUTH CONEJOS SCHOOL District is seeking a current paraprofessional. Candidate must possess Early Childhood Credentials, have great communication skills, and the ability to multi-task. Interested individuals should submit a District application, resume, cover letter, transcripts and credentials to apply@southconejos.com by March 13, 2020.(3/13#3)

221 HELP WANTED

GIVEN THAT THE present attorney for the Town of La Jara has announced his intent to retire effective April 1, 2020, the town is accepting applications from attorneys who might be interested in accepting this position. This is not a full-time position. The successful applicant must be a graduate of an accredited law school and in good standing with the Colorado Supreme Court with no prior grievances to the Disciplinary Committee. The successful applicant will be expected to attend in person all regular and special meetings of the Board of Trustees. Compensation is negotiable by mutual agreement. Please submit Letter of Intent together with supporting documentation to include a resume, personal information, past experience, if any, in municipal government and not less than three references. Please submit application by no later than March 20, 2020, to the Town Clerk, 719-274-5363, PO Box 273, La Jara, CO 81140. (3/12)

MONTE VISTA SCHOOL District is seeking dynamic, people oriented candidates for the position of Monte Vista Middle School Principal. Start date will be August 1, 2020, with a competitive salary based on experience, plus an attractive benefit package. Interested individuals should submit application materials electronically in pdf format to mary@monte.k12.co.us by March 26, 2020. A full description of desired qualifications and experience may be viewed on the district website https://ww2.monte.k12.co.us/employment-opportunities.html. Applications are available to download on the district website or call (719)852-5996. (3/24)

221 HELP WANTED

MONTE VISTA SCHOOL District is accepting applications for a Fifth Grade Teacher for the 2020-2021 school year. The person in this position will teach both Science and Language Arts. A complete list of desired qualifications and experience is posted on the district website http://ww2.monte.k12.co.us/employment-opportunities.html. Monte Vista School District offers a competitive salary and an excellent benefit package including employee health, dental, vision, and life coverage. Applications may be submitted to the District Office, 345 E. Prospect Ave., Monte Vista, CO 81144, by March 23, 2020, or until the position is filled. Applications may be downloaded from the district website or call 719-852-5996. (3/12)

MONTE VISTA SCHOOL District is accepting applications for a Middle School Track Coach (2019-2020 school year), a Middle School Volleyball Coach (2020-2021 school year), a Middle School Football Coach (2020-2021 school year), and a Middle School Boys Basketball Coach (2020-2021 school year). Applications may be submitted to the District Office, 345 E. Prospect Ave., Monte Vista, CO 81144. Each position will be open until the position is filled. Applications may be downloaded from the district website http://ww2.monte.k12.co.us/employment-opportunities.html or call 719-852-5996. (3/11)

304 LAWN & GARDEN
SPRINKLER REPAIR REASONABLE rate and quick service. Also available on the weekends Call 719-580-0033 or 719-376-2593.(4/2)

324 - FEED & SEED
PREMIUM ALFALFA AND grass/alfalfa, small bales \$7.00 in hay shed (719) 580-2509. (03/18)

324 - FEED & SEED

HORSE AND COW hay: grass, grass/alfalfa, alfalfa. 3x3 and 4x4 bales, various quality and pricing. 719-850-8917 (7-13-TFN)

341 - GARAGE SALES

DVD'S FOR SALE, 502 13th street, Alamosa. \$1.00 each. NO EARLY BIRDS 10:00A.M. to ???, Friday 3/6 and Saturday 3/7. (3/7)

GARAGE SALE CORNER of 12 S. and Henry Lane. Everything must go. Bicycle, dresser, queen bed, hunting supplies, Piano Music, mower, chipper. (3/7)

HUGE MULTI-FAMILY YARD Sale Sat. March 7th 7am-1pm Sargent Jr. High Gym 7090 N County Rd 2E, Monte Vista Proceeds benefit Sargent High School Athletics. (3/7)

345 WOOD

WE HAVE FIRE-WOOD! Allpine Lumber 719-274-4381(3/18)

WOOD FOR SALE! \$145.00 a cord. Call 719-588-1183.(2/7 TFN)

351 LIVESTOCK

PIGS FOR SALE \$1.00 lb. live weight. 570-395-0184 (TFN)

353 - FARM & LIVESTOCK SERVICES

ATTENTION FARMERS & Ranchers. Show special seal leaking stock tanks, ponds or reservoirs with Bentonite 719-580-6652.(3/27)

360 - MISCELLANEOUS FOR SALE

RAMSEY 12 VOLT Pro 8000R Series #817508 wench 93 ft. 5/16 cable. Remote switch, roller fairlead. 719-852-2285 (10/22-TFN)

ZACH'S EUROPEAN MOUNTS. Professional work, low prices. 719-580-0398. (TFN)

369 - PETS & SUPPLIES

ALL DOGS ADOPTED FROM THE VALLEY HUMANE LEAGUE HAVE TO BE SPAYED OR NEUTERED BEFORE GOING TO THEIR NEW HOME. (TFN)

OOPS! GOT PUPPIES who need a home? San Luis Valley Animal Welfare Society is a nonprofit animal rescue dedicated to stopping the euthanasia of healthy adoptable pets. Having pets altered is the number one way to stop pet overpopulation. If your pet has had puppies contact us. We will take the puppies into our rescue and spay the mama dog for free after the puppies are weaned. If needed we will also provide dog food & gas money to get the dogs to us to help in this situation. Spay/neuter is one of the greatest gifts you can provide your pet, your family and your community. We have found good responsible homes for over 8,000 animals. Contact 719-587-9663 (WOOF); email: woof@slvaws.org. (TFN)

NEED CATS FOR mousers? Want to adopt kittens? Help trap/neuter/release efforts? Donate food/litter/supplies? Low cost spay/neuter clinic for cats. http://www.catsaliveslv.com/719-298-7028. (TFN)

FREE TO GOOD home. Adults and kittens. NO MOUSERS OR BARN CATS. Spay/neuter clinics coming to Alamosa in near future. Call Donna K 719-589-5952 or 719-580-9078. (TFN)

387 - WANTED TO BUY

LOOKING FOR A 2 or 3 bedroom Mobile Home 1981 or higher for \$15,000 or under. Call or text 719-580-9525(TFN-E)

409 FARM & RANCH LAND

SPRINKLER, QUARTER ORGANIC, Carmel District. Deep Well, Monte Vista Canal shares call 719-395-4910. Purchase or lease by owner. (3/12)

415 - HOMES FOR SALE

2 HOMES/ 5.25 Acres. Trees! 3 wells! Extra electric system, Corral. \$184,000.00 970-640-9562(3/20)

415 - HOMES FOR SALE

1 BEDROOM GARAGE carport fenced front and back yard, and workshop. \$600/Mo. 719-580-6055.(3/11)

420 - LOTS & ACREAGE

LAND FOR LEASE - 13230 CR. 6S Alamosa, CO. Acreage for lease, some water, some fencing, ditch cleaning involved. Open to ideas. Contact Cheryl 719-480-0502.(3/18)

525 GUNS

ZACH'S EUROPEAN MOUNTS. Professional work, low prices. 719-580-0398. (TFN)

601 APARTMENTS FOR RENT

Century Property Management & Sales, LLC Alamosa • 589-5744

PROPERTY MANAGEMENT SERVICE For all your rental needs please call 719-589-5744 or stop by 823 Main St. Alamosa, CO 81101 www.alamosarentals.com

NICE 3 BEDROOMS 2 bathrooms, Apartment for rent washer/dryer hookups. In La Jara no pets. 719-274-5981. (3/13)

RENT 1 BEDROOM studio Alamosa some utilities included 800-641-3750 / 719-480-3932 (3/19)

611 - HOMES FOR RENT

BEAUTIFUL 3 BEDROOM 2 bathrooms, log home on river, 2 car attached garage. Totally furnished must see. \$1,500/MO plus deposit call 719-672-3146.

2 BEDROOM, 1 Bathroom. Good location, close to University, Safeway, SLV Federal Bank, No pet/smoking. Good Credit and references. For more information call 719-480-2688. (3/11)

3 BEDROOM 1 Bathroom propane and wood heat fenced yard room for livestock. 970-640-9562.(3/20)

You'll find it all in the ...

Business & Service Directory

• Easy to Read Format • Affordable • Seen 5 Days a Week
 To Place Your Ad Call (719) 589-2553

Accounting
 Small Business Accounting
 Financial Statement Audits
 Other Assurance Services
 Wall, Smith, Bateman Inc.
 Certified Public Accountants
 700 Main St. • Alamosa • 589-3619
 15 Washington St. • Monte Vista • 852-5103
 • Celebrating 40 Years of Service •

Cleaning
Handyman-On-Call LLC
 FREE ESTIMATES
 Residential & Commercial
 Carpet Cleaning & Auto Detailing
 Plus... Construction Cleanup
 Lori - 719-298-2502
 joshshandymanoncall@yahoo.com

Handyman
Handyman-On-Call LLC
 FREE ESTIMATES
 • Earth Moving
 • Demolition
 • Remodels
 • Additions
 • Roofing
 • Backhoe
 • Concrete
 • Tree Trimming & Much More!
 719-580-8918

Attorney
ATENCIO LAW
 719.589.6005
 • Civil Litigation
 • Real Estate • Water Law
 • Business Law
 • Wills & Probate
 • Unbundled Legal Services
 STEVE ATENCIO
 PROUDLY SERVING CLIENTS THROUGHOUT THE SAN LUIS VALLEY

Auctioneering
A&B AUCTION SERVICES LLC
 Brady Stagner
 (719)588-2573
 Email: aandbauctions@gmail.com
For All Your Auction Needs
 *Farm *Ranch *Benefit
 *Household *Fundraising
 www.aandbauctions.com

Earth Moving
Earthworks of Southern Colorado LLC
 Troy Geringer 719-480-1756
 • Trenching
 • Ditch Cleaning
 • Site Cleaning & Prep
 • Driveway Construction & Grading
 • Landscaping
 • House Pads
 • Stream Bank Restoration
 • Irrigation Welding & Fabrication
 • Tractor Mowing

Electrical
ALPINE ELECTRIC & SOLAR INC.
 82 CONEJOS ALAMOSA
 719-589-9144

Gardening
Alamosa Garden Supply and Grow Store
 0711 W. Highway 160, Suite C, Alamosa, CO 81101 719-206-3336
 Monday - Saturday 10:00 am - 5:00 pm
 Get ready for spring gardening now! Fall is the best time to amend your soil after you've put the garden to bed. We carry a wide variety of soil, trace minerals, soil conditioners, mycorrhizae mixes, bio-char and so much more.
 HAPPY FROG SOIL SPECIAL! 2 FOR \$36 + TAX
 25% OFF FISH SHIT SOIL PROBIOTICS * 25% OFF ALL DOWN TO EARTH PRODUCTS
 We will meet or beat any local competitor's price!

Home Maintenance
Marty's Maintenance
 PLUMBING/HVAC/REMODELING CONTRACTOR
 Plumbing Contractor #3462
 Master License #600346
 CONTACT US TODAY!
 Marty_Husmann@yahoo.com
 719.480.3375

Advertising
Advertise Your Business in this SPACE
 Only \$99 per month*
 *3 month commitment

Lumber
 Lumber • Steel
 Engineered Trusses
SIERRA VISTA LUMBER & STEEL COMPANY
 1301 West Ave. • Alamosa
 (719) 589-3254

Real Estate
PORTER REALTY, INC.
 503 Main Street, Alamosa CO
 719-589-5899
 www.PorterRealty.com
 PRESTON PORTER
 Greg@PorterRealty.com
 GREG GOODWIN
 Greg@PorterRealty.com
 Excellent Service • Expert Advice • Exceptional Results

Real Estate
RIBAUDO REALTY
 719-580-2541
 Serving All Your Real Estate & Auction Needs
 View my website for listings and upcoming auctions
 Joe Ribaldo
 Independent Broker, Auctioneer
 www.ribaudorealty.com
 joe@ribaudorealty.com

Real Estate
Schulz Realty
 Looking to Buy or Sell? Let us help you with your real estate needs and see real results!
 (719) 589-6977 • www.slvproperties.com

Tires
Jim's Tire Store
 711 1/2 State Ave. • Alamosa
 719-589-9690
 NEW • USED • RECAPPED
 Great Service!

Tractor Repair
For All Your Tractor Repair Needs
 EXPERT SERVICE
 60+ years experience
VALLEY TRACTOR REPAIR
 719-852-0200

We Buy Cars
FREE Estimates
 We Welcome Insurance Claims
L&M
 Paint & Body Shop
 8425 Rd. 8 South • Alamosa
 589-9205

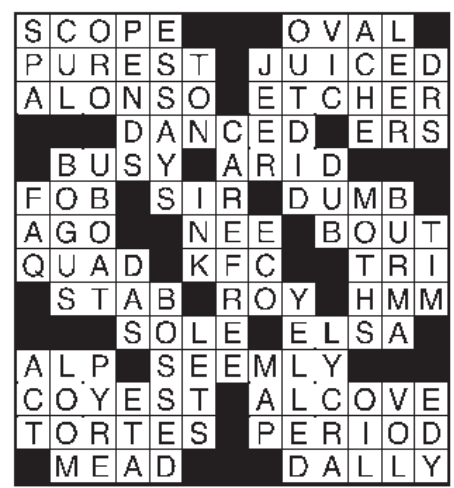
Comics

CROSSWORD PUZZLE

ACROSS

1 Hogwash!
4 Ruminant
8 EMT technique
11 Display model
12 Sandwich cookie
13 Unhatched fish
14 Molecule part
15 Bread spread
16 Physicist's study
17 Plant books
19 Old tale
21 Narrow inlet
22 Research site
23 Played poker
26 Saw
29 Turkish title
30 Mr. Greenspan
32 Designer label
34 — ho
36 Moby Dick pursuer
38 Adversary

39 Principles
41 Exploiters
43 TV brand
44 European airline
45 Paid homage
48 Hot sauce
52 Long, long time
53 Norwegian monarch
55 Mixer for rum
56 Actress Tyler
57 Stuff the suitcase
58 Sailor's pride
59 Be nosy
60 Wee bit
61 PFC boss



DOWN

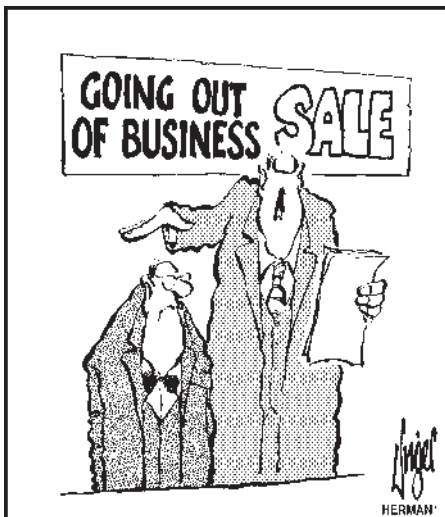
1 Mr. Seeger
2 Romance, to Pedro
3 Durango dude
4 Lettuce addresses
5 WWW addresses
6 Jeans brand
7 Vegetable sponge

8 Storage bin
9 Combine
10 Lacoste of tennis
11 Morse syllable
18 Met role
20 Sleeping
22 Horne of jazz
23 Practical joke
24 Water, in Tijuana
25 Tailless cat
26 Derisive snorts
27 Vitality
28 Kind of prize
31 Tibetan monk

33 Lawyer's thing
35 Young lady
37 Tulip-to-be
40 Ink shooters
42 Loud kisses
44 Writer Franz —
45 Iodine source
46 Roulette color
47 Jealousy
48 Diplomat's forte
49 Tune
50 Thicken
51 Fiber-rich grain
54 Thai language



HERMAN



"Old George has been with the company 38 years. Do I hear \$300?"

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

" Y S X P M Y D K P P U F H T F K E K W V P X T
N F U C A U C K A K C A , X P N F U C A
K Y Y X D U K M F H E U M O H P J A Y . Y S X P M Y
E K Y T W E K W X J M . " — I F N P X C Z K T F Y

TODAY'S CLUE: H stenbe O

Previous Solution: "I am a very positive thinker, and I think that is what helps me the most in difficult moments." — Roger Federer

Aunt determines to keep girl safe from abusive relatives

DEAR ABBY: One of my husband's sisters has eight kids, ranging from 15 months to 20 years old. She hasn't taken care of any of them for more than three years. They never saw a doctor, they didn't have food in the house, and she was abusive.

When she lost custody, the ones without dads in the picture went to live with another one of my husband's sisters. Since then, three of the children she was caring for went into foster care. My husband and I visit them regularly, but no one else in the family has seen them at all.

Two of the kids are now in our care. They have been living with us for six months. The rest of his family hasn't visited them either. I also have a 15-month-old son, who wouldn't know any of them if they did come by, because they never do.

Last month, my husband's family invited us over. I didn't want to go and didn't want my son or 6-year-old niece to go either. My husband thinks they have a "right" to see their family. I don't think they should be around family who can't be bothered to see them regularly.

I also think my niece shouldn't have to be around an aunt who abused and neglected her. She's only now starting to realize that's not

normal or OK. My nephew is 15, he knows what happened wasn't right and has chosen to stay away from his aunt since moving out.

Am I wrong to keep my niece from her family? She's not old enough to decide, but I think at this point it would do more harm than good. -- CONFLICTED IN THE MIDWEST

DEAR CONFLICTED: At this point, you are that child's responsible adult (parent). If you feel it would be detrimental for her to be forced into contact with her abuser, stand your ground.

DEAR ABBY: I'm a 36-year-old female, smart, well-educated, attractive, successful, and a fantastic mom and partner. My problem is, I can't stop stalking my boyfriend's ex on social media. It seems like she can't let go. She constantly posts comments about their previous relationship, about his family and still loving them, and she's also close friends with my boyfriend's sister.

I don't know why I constantly compare myself to her. I know what I bring to the table. Why am I so threatened and concerned by this gal? She's younger than I am and posts all her feelings onto the social media world, even things about my boyfriend, some of which have included remarks about me.

Why can't I stop being so

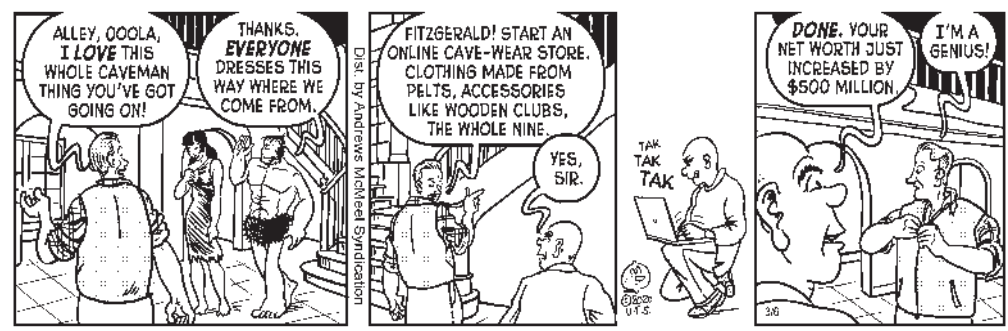


ABIGAIL VAN BUREN

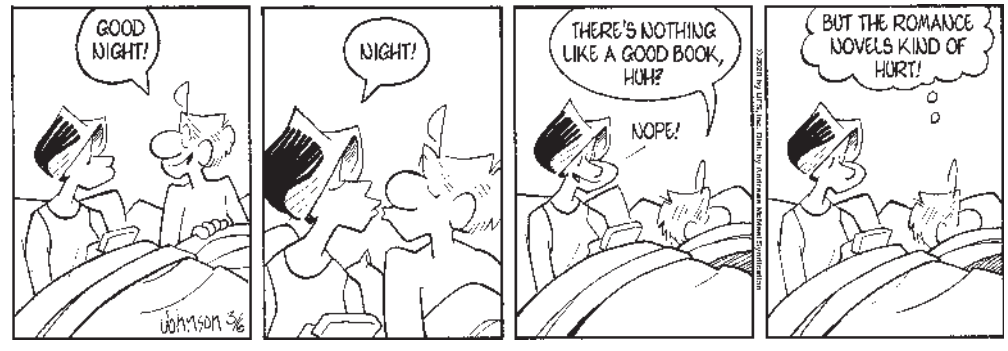
nosy? I keep telling myself the past doesn't matter, he's with me now, don't worry about her view from the sidelines, etc. But I'm beginning to feel like something is wrong with ME. Help, please. -- STALKER IN TEXAS

DEAR STALKER: You remind me of a celebrity who can't tear herself away from the tabloids, regardless of how cruel or off-base they are. The only thing wrong with you is you are allowing your insecurity to overtake you. As you stated, your partner is with you now. If he had any interest in his ex, that wouldn't be the case. Because you can't seem to pull yourself away from the internet, consider "detoxing" by scheduling some conversations with a licensed mental health professional.

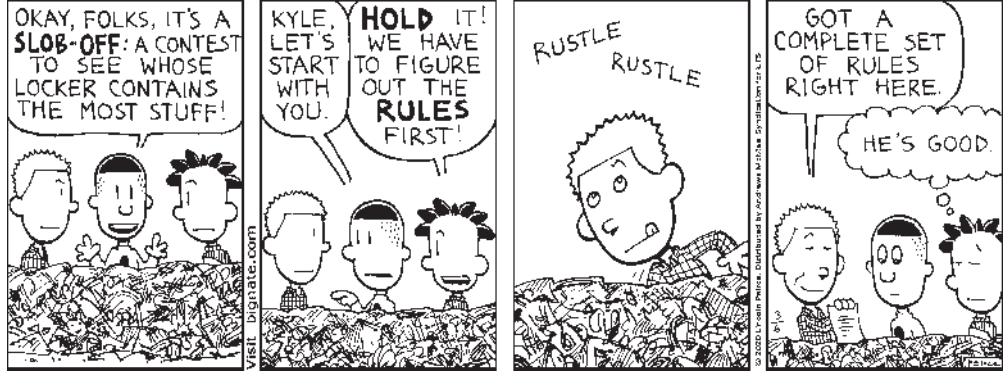
ALLEY OOP



ARLO & JANIS



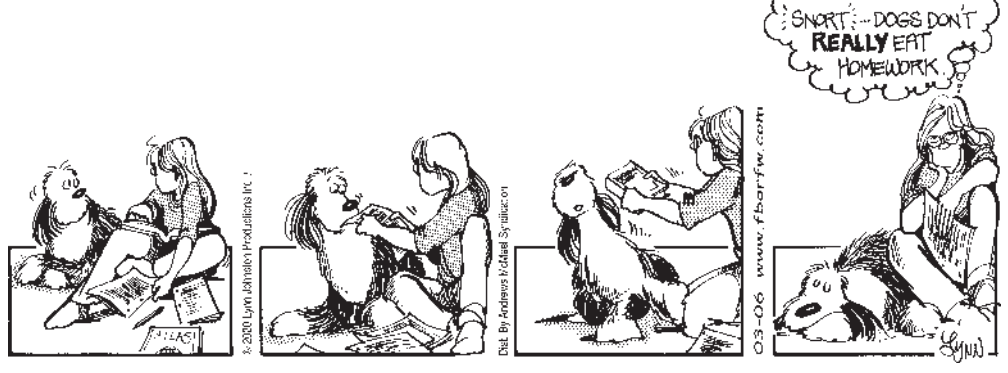
BIG NATE



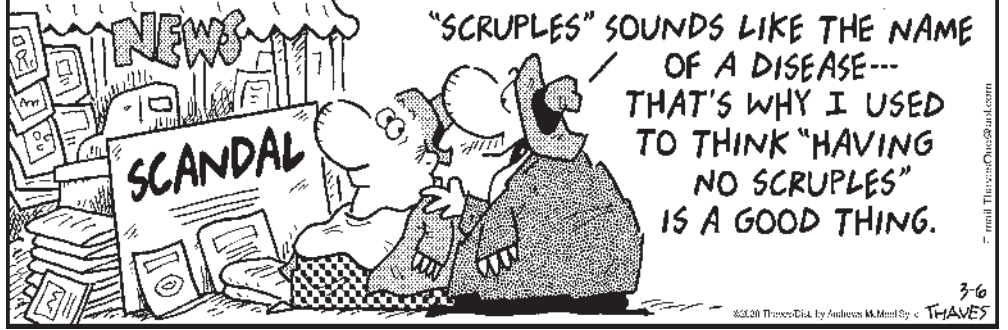
THE BORN LOSER



FOR BETTER OR FOR WORSE



FRANK & ERNEST



GARFIELD



THE GRIZZWELLS



PEANUTS

