



Sacraments and social distancing

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Hitting back against hunger

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MAY 1, 2020

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SLV Today

Kindergarten

ALAMOSA — If your child did not attend a preschool this year, please call to register them for kindergarten ASAP by calling 719-204-3525. If your child attended preschool, you should receive an email explaining how to finalize their registration.

Your child must be 5 years old by June 1st to register for kindergarten.

County Annex

Building closed

ALAMOSA — Beginning Tuesday, May 4, the Assessor's Office will be open by appointment only to hear appeals.

Property appeals will be handled by fax, e-mail and telephone. However, should you wish to visit with us in person, we will be setting up appointments to discuss your property valuation and/or classification. Please call our office at 719-589-6365 to set up an appointment.

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SLV WEATHER



Red Flag Warning

Mostly Sunny 83/40

Sat: Sunny 79/38

Fri: Sunny 81/40

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Conejos County suffers first case

SANLUIS VALLEY— During any crisis, inevitably there are individuals who emerge to reach out to help other people survive. Obvious are the frontline healthcare personnel and first responders who risk their lives daily for others. Less obvious are those individuals who work behind the scenes but have a significant impact. May 1st is "National School Lunch Super Hero Day." Although schools are closed, across the nation, school cafeteria personnel have continued to go to work, preparing and presenting the meals many school-age children depend on. Thank you to our school cafeteria personnel and many others who help provide for needy families during this difficult time! Find out more

here: <https://schoolnutrition.org/slhd/>

Over the past couple of weeks, many people have reached out with concerns about safety when they go out in the community to work or run errands. All Coloradans are advised, but not mandated, to wear a mask or cloth face covering when out in public in order to prevent the spread of disease. Sometimes new habits take time to acquire. Set a good example yourself. If you see an individual not wearing a mask, offer to help them get one by letting them know where you got yours. Realize that other people are struggling at this time and may not have the resources or knowledge to procure a mask.

On the other hand,

businesses that are currently permitted to operate do have safety requirements. Specific guidance for different kinds of businesses can be located on Colorado's Safer-At-Home website. We encourage individuals to reach out to business managers with their concerns about employees who are not following guidelines. If you have a Public Health concern regarding a business, you can also fill out an online form here: <https://alamosacounty.colorado.gov/form/report-a-public-health-concern>.

Tomorrow, May 1st, retail and personal services can reopen if they are implementing best practices.

■ See COVID page 3

SkyWest Airline could be next for SLV Regional

By **KEITH R. CERNY**
Valley Courier Publisher

ALAMOSA— Well known commercial airline SkyWest, who codeshares with United Airlines, could be the future carrier serving the San Luis Valley Regional Airport.

Members of the airport advisory board voted unanimously Wednesday to make that recommendation to the board of county commissioners over current provider Boutique Air and Denver Air Connection. The commissioners will hold a special meeting Monday, May 4 at 2 p.m. to make the final recommendation to the U.S. Department of Transportation (DOT) by May 6.

All three airlines applied through the DOT to provide Essential Air Service (EAS) to the Alamosa airport for a new term beginning Oct. 1, 2020. Boutique Air is the current EAS provider here.

The DOT subsidizes EAS air carriers to provide commercial service to rural areas distanced from a major airport.

Advisory board members and Airport Manager Will Hickman listed future growth of enplanements, direct connections including baggage to major airlines in Denver and a promise of \$20,000 in annual marketing efforts as reasons to choose SkyWest. Economic and tourism growth were also cited.

"You can't beat SkyWest if you're going past Denver," said board member Anna Torello. "They have a strong history of customer service and operations."

Vice Chairman Randy Wright, conducting the meeting in the excused absence of Chairwoman Donna Wehe, said the airline's connections with United is the biggest plus. "If our airport is going to grow, SkyWest is the way to go," Wright said.

Advisory board member Andrew Hart-

man added, "Having the branding of United puts us on a whole new map."

Based in St. George, Utah, SkyWest operates in partnership with Alaska Airlines, American Airlines and Delta Air Lines in addition to United.

According to its EAS proposal for SLV Regional, SkyWest has a fleet of 484 aircraft and has been connecting small communities to the national transportation system for 47 years. Employing over 13,000 aviation professionals, the airline operates about 2,400 daily flights to 258 destinations across North America.

SkyWest typically operates with the 50-seat CRJ-200, "a quiet and modern twinjet that is both safe and fast." All CRJ-200 aircraft are serviced by a flight attendant and each plane features a restroom.

In the airline's proposal to Alamosa, it is stated that "SkyWest 50-seat jets provide the best opportunity for passenger growth. Passengers also benefit greatly from seamless connectivity to one of the largest global airlines in the world."

Enplanement growth, meaning the number of passengers using the airport, is crucial to future funding for SLV Regional. Once a plateau of 10,000 annual enplanements is reached the airport is eligible for up to \$1 million annually in Federal Aviation Administration funding for physical improvements, according to Hickman.

The advisory board heard estimates during Wednesday's meeting that 2019 enplanements here may have nearly reached or exceeded 9000.

It was said that confirmed verbal reports indicate 9,137 enplanements last year, but that figure includes 1,248 enplanements which are still waiting to be confirmed.

■ See SKYWEST page 3



Courtesy photo

SkyWest Airlines application to provide EAS to SLV Regional Airport in Alamosa.

SLV COVID 19

These cases have been identified by public health agencies as of 5:00 p.m. on April 28, 2020. All numbers are cumulative. If there are discrepancies between these numbers and those showing on the state's data website, use these local numbers.

27 SLV POSITIVE CASES

- Alamosa County - 12
- Conejos County - 0
- Costilla County - 3
- Mineral County - 2
- Rio Grande County - 7
- Saguache County - 3

11 HOSPITALIZED

20 ISOLATION COMPLETED

These are SLV positive cases that have completed their isolation period and have been free of symptoms for more than 72 hours.

2 DEATHS

Student sack lunches



Courtesy photo

On Friday April 24th State Rep. Donald Valdez, D-La Jara stepped out in the community helping Alamosa School District deliver their daily sack lunches to students.

"Alamosa School District Staff are doing an excellent job getting meals out to the students," said Valdez.

Adams State Caleb Clark piano recital is May 1

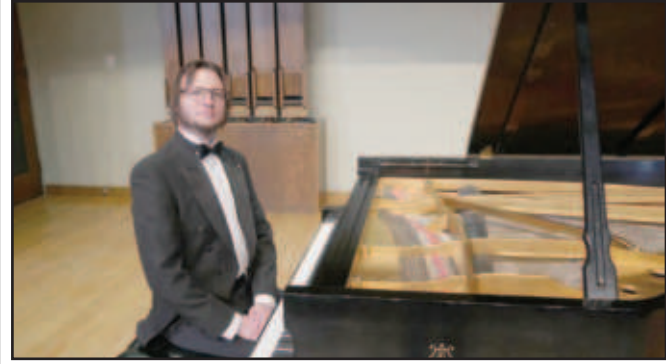


Photo by Amy Kucera

ALAMOSA — The Adams State University Department of Music presents a virtual senior piano recital by Caleb Clark at 7 p.m. MST Friday, May 1, performing in the Alamosa First United Methodist Church. To view the recital please visit adams.edu and click on the event Caleb Clark Piano Recital. The concert link will go live around 6:50 p.m. May 1. Clark has been accepted to the graduate jazz studies program at the University of Nevada Las Vegas.

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Record

OBITUARIES

Jeanne "Gigi" E. Darricades



ALAMOSA — Jeanne "Gigi" E. Darricades (67), of Alamosa, Colorado, died peacefully on April 22, 2020, after a five-year courageous journey with an incurable cancer. This never deterred her from family, career, or helping others.

Jeanne "Gigi" was born to Dr. Alfonso E.L. Darricades and Catherine Visart Mullin Darricades on December 29, 1952 in Chuquicamata, Chile.

She spent her early childhood in Chuquicamata. Gigi attended and graduated from Bishop Strachan Boarding School in Toronto, Ontario, Canada. Gigi moved to California and attended De Anza Jr. College, then UC Berkeley where she earned her Bachelors of Arts Degree in Political Science (74). She obtained her Master's Degree in Public Health (76) at UC Berkeley, thus following her father's passion for community health.

She began her career in rural health care in New Mexico, establishing clinics in western New Mexico.

In 1978 she moved to Gallup, New Mexico as Administrator of the McKinley General Hospital after working in Albuquerque as the Assistant Regional Administrator for the

Presbyterian Hospital Center. It was there that she met the love of her life, Mike Gibson. They moved to Salt Lake City, Utah, in 1981 where she joined Intermountain Health Care Inc. serving in various capacities, including Director of Medical Affairs. While in Salt Lake City she earned her Juris Doctor from the University of Utah, and subsequently was admitted to the Bar in New Mexico, Wyoming and Colorado. Mike and Gigi moved to Gillette, Wyoming, where she practiced Health Care Law. They moved to Colorado in 1997, first living in the City of Craig where Gigi practiced Health Care Law. Gigi and Mike then settled in the City of Alamosa in 2000, and Gigi continued to practice Health Care Law. She subsequently practiced Environmental Law, becoming an expert in Land Conservation Law, representing the Rio Grande Land Trust and numerous private landowners.

In 2011 she was appointed President and CEO of Valley-Wide Health Systems, again returning to her passion of rural health care. In this capacity, she and her Management Team added clinics to the organization in San Luis, Antonito, Monte Vista

and Canon City. The new Canon City Health Center was dedicated to Gigi on June 11, 2019. She served as an Officer on a number of statewide boards, including the Medicaid Provider Rate Advisory Committee, Colorado Foundation for Universal Health Care, Colorado Community Managed Health Care Network, and Colorado Community Health Network.

The latter organization recognized her contributions by naming her the CHAMPS 2018 Stanley J. Brasher Legacy Award Winner, recognizing her dedication to solving problems of health, poverty, and human rights. In 2020 the organization declared March 6th. Gigi Darricades Day, stating that "She had earned the admiration and respect of her colleagues and staff for her dedication, professionalism, leadership, enthusiasm, fabulous sense of humor, and

a legal mind with a big heart". She retired from Valley Wide in 2019.

In Alamosa, she embraced the community by serving on several Boards including KRZA, the community radio station, the San Luis Valley Immigrant Resource Center, Adams State College, and the San Luis Valley Federal Bank. She was a supporter of nonprofits, including La Puente, the San Luis Valley Animal League and the Boys and Girls Club, the Rio Grande Headwaters Restoration Project, and the Rio Grande Land Trust.

Gigi enjoyed traveling with Mike as they visited England, Africa, Cuba, and Canada. While in New Mexico she fell in love with ballooning and in Utah she obtained her Commercial Hot Air Balloon Certification. She and Mike participated in numerous balloon rallies and they organized a trip to England to fly

there with friends. She also loved challenges on the ground and enjoyed White Water Rafting.

Gigi's love for animals gave her much joy always having dogs and cats in her life. At the time of her death, her animals were close by. The cats were Coco and Pixie and the dog Lady, who she enjoyed walking along the nearby Rio Grande.

In addition to her parents, Gigi is preceded in death by her sister Irene "Renee" Cox, husband of niece Stephen Sproule and great-nephew

Danny Sproule. She is survived by her husband of 38 years, Mike Gibson. Also surviving Gigi is her sister Constance "Tonton" (Edwin) Baumgartner of Merced, California, brother-in-law Sandy Cox of Langley, B.C. Canada, sister-in-law Miriam (Simon) Richardson of Bedford, England. Gigi will be sadly missed as she was like a second

mother to all her nieces, nephews and great-nieces and nephews who include: Holly (Stephen deceased) Sproule, Frances (George) Gallegos, Scott (Laura) Baumgartner, Bill (Melanie) Cox, Cathy (Vince) Lambert, Jacob, Maggie, Drew, Francisca, Brett, Samantha, Taylor, Elsie, Ashley, Alexandra, Kiara, Wyatt, Riley, Courtney Reid, Oliver (Sarah) and Owen Richardson.

"Raise your eyes to the skies as we know Gigi loved to fly".

A Celebration of life will be planned in the future when conditions around the country are safe for a gathering of family and friends.

If you would like to make a financial donation in Gigi's name please make it to the San Luis Valley Immigrant Resource Center, 225 6th Street, Suite B, P.O. Box 1534, Alamosa, CO 81101.

Gerald L. Mullins

MONTE VISTA — Born the youngest child of a miner, general store owner, and the postmaster, Gerald "Moon" Mullins, also knick-named by his grandmother and known in the Cotopaxi community as "Puggy", was born on June 24, 1934.

In the family home in Cotopaxi, Colorado to Hugh Patrick and Orilee Mullins. With his family and friends, he grew up in the tiny community playing and hunting deer in the surrounding hills and fishing in the Arkansas River. Moon graduated from Cotopaxi High School in 1952.

After graduation, he enlisted in the United States Air Force spending the better part of his four-year stint in Tucson, Arizona as a radio and electronics engineer. Upon his honorable discharge in 1956, Moon returned to Colorado and enrolled at Adams State College where he studied history and education. During his senior year in college, he completed his student teaching at Cotopaxi High School before graduating in 1960. Having met the love of his life while teaching her in high school, Moon and Phyllis (Adams) were married that same year. Over the years, they lived in Bailey, Gunnison, and Monte Vista, Colorado



where they worked and raised their three kids.

Moon earned in his Master's degree in Counseling and worked as a high school counselor in Gunnison and then Monte Vista, where he then retired. They owned and operated the Fabric Barrel as well as Moon's Pro Shop in Monte Vista.

In retirement, they traveled across the country, wintered for years in Arizona playing golf, and went to Ireland. Eventually, they settled in Colorado City, Colorado. Moon enjoyed playing golf with his lovely wife, friends and family, playing bridge, and going to the mountains. He was an avid hunter and fly fisherman. He taught his son, daughters, and grandchildren to love the outdoors as well.

As a historian, Moon also loved researching and writing about Cotopaxi and his family

history. Mostly, though, with his wife, he loved his family. They put a million miles on their car traveling to all of their grand kid's sporting events. He and Phyllis loved watching all of them, and rarely missed one of their competitions.

Moon went to heaven to be with his wife on April 27, 2020. He was preceded in death by his parents Hugh and Orilee, two brothers Johnnie and Hughee, and his wife Phyllis. He is survived by his children, Kana (Greg) Condon, Katrina (Albert) Francis and Monte (Stacie) Mullins as well as her grand-children Chase (Jill), Kyle (Tammi) and Heath (Katy) Francis, Luke and Arika Condon, Taelon (Brandon) Sanchez, Clay and Faithe. Moon is also survived by four great-grandchildren, Jaycee, Jessa, Brady and Rynlee Francis. Also surviving him are siblings, Idell Clark and Glenn Mullins, in addition to many much-loved nieces and nephews.

Donations can be made to Friends of Hollydot at P.O. Box 19621, Colorado City, CO 81019, or the Joni Fair Hospice House at 1207 Pueblo Blvd. Way, Pueblo, CO 81005. Services will be announced for a later date and location. Online condolences at Davis-Mortuary.com

Coleen Cavaliere

SANFORD — Coleen Cavaliere, age 86, of Florence passed away on April 26, 2020, in Florence, Colorado.

Coleen was born on July 28, 1933, in Sanford, Colorado, a daughter of the late William Bryant Clark and Bernice Evelyn Westbrook. Coleen married Peter Patrick Cavaliere on June 21, 1953, in Sante Fe, New Mexico.

Coleen worked as a telephone operator for 30 years. Shortly before retiring she and Pete moved to Florence, Colorado and she completed her time as an operator in Pueblo, Colorado. Over the next several years she served so many organizations through her volunteer work. She served as a volunteer for many years at the Colorado State Fair as a telephone operator. Coleen volunteered her time during elections, running poll sights and counting ballots.

She also volunteered for the Florence Senior Center in conjunction with Meals on Wheels, ensuring the elderly had meals and activities to participate in. She helped raise money for the center to keep it up and running for the community of Florence. She even coordinated for each of the Meals on Wheels recipients to have a Christmas gift each year. She spent



time volunteering at St. Joseph Manor, as well as, the memory care center where she spent the last year of her life. Coleen gave so much of herself to serve others, always looking out for those in need and offering her time, expertise and love. She was a member of the 2nd Ward of the Church of Jesus Christ of Latter-day Saints. She loved her family and spending time with them, gardening, being outside in her yard and her beloved dog, Lacy. Coleen was willing to help anyone who needed her and will be missed by her family and friends greatly.

She is survived by four children; Shana (Jack) Peterson of Colorado Springs, CO. Roberta (Dan) Nicoud, of Victoria, BC, Canada, Rebecca (Andy) McMinn and Keith Cavaliere both of Florence, CO.; eleven grandchildren Jeff (Keri) Peterson, Shelley (Art) Ruiz, Mark (Michelle) Peterson, Ste-

ven McGuinn, Amanda (Brian Dole) McGuinn, Michael Nicoud, Simon (Laurie) Nicoud, Kristie (Rocco) Meconi, Jennifer (Jeremy) Reeves, Randi (Josh) Esquibel, Peter Alan Cavaliere; eighteen great-grandchildren, Josh Peterson, Daniel and Michael Lennox, Macey, Halle and Dominic Ruiz, Walker and Wyatt Peterson, Zachary, Madelyn and Mason McGuinn, Caitlyn and Tori Kammerer, Rylie and Rocky Meconi, Bentley Reeves, Anthony and J.J. Esquibel. Coleen had six sisters and six brothers. She is survived by her sisters Wilma Clark, Marlene (Bennie) Martinez, Marna (Lowell) Unruh and her close cousin Paula Kulwicki.

Coleen will be buried next to Pete, her beloved husband of 49 years, at Union Highland Cemetery in Florence, Colorado. The family requests that memorial donations may be made to the Church of Jesus Christ of Latter-day Saints Missionary Fund or to the charity of your choice.

The family would like to thank Forgetmenot Memory Care, Frontier Hospice and Sangre De Cristo Hospice for the loving care and support you gave our mother and our family.

Online condolences, www.holtfamilyfuneralhomes.com.

Thomas "Tommy" Ray Magness

MONTE VISTA — Thomas "Tommy" Ray Magness, 63, passed away April 13, 2020, at his home in Monte Vista, CO.

He was born in Monte Vista, CO, on August 24, 1956, the son of Jim and Wanita Magness.

A San Luis Valley native, Tom graduated from Monte Vista High School. He attended college and earned his degree through Colorado State University in Pueblo. Tom went on to work as a mechanic & farmer in the San Luis Valley. Later, Tom's career as a heavy-duty mechanic took him across the world to Antarctica, eventually, Tom moved to New Mexico where he lived a number of years



before finally returning home to Monte Vista. Tom always made friends no matter where he went; he will be remembered for his generous personality & willingness to help anyone in need as well as his ability to make those around him laugh.

His hobbies included: helping others, golfing,

being outdoors, shooting, general tinkering & spoiling his dogs Rusty & Lilly.

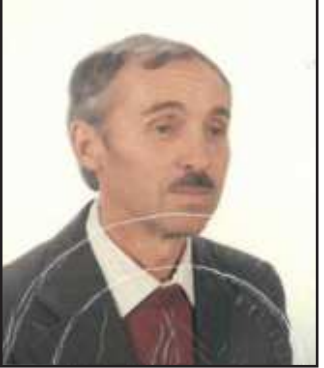
He was preceded in death by his parents and one grandchild, Oryan Bone. He is survived by his older brother Greg (Cathy) Magness, children, Willy (Wendy) Bone, Tyler (Alex) Magness, Shawna (Bear) Magness, grandchildren, Dalton, Alora, Tommy, Jacob, Tiernan, Nealon, great-grandchild, Bentley, Uncle Tom Magness, Aunt Cathy Owens and numerous cousins. He will be greatly missed by friends and family. A private celebration of life will be held later.

Arrangements in care of Strohmayr's Funeral Home.

Aurel Leahu

LA JARA — Aurel Leahu, 85, passed away April 26, 2020, at the Rio Grande Inn Nursing Home in La Jara. Aurel was born on April 17, 1935, in Romania, the son of Ioam and Lucretia Leahu. He worked as a carpenter for most of his life. Aurel was a man of many skills, he was very talented working with his hands and building things.

Survivors include his daughters Lidia Bardan of Romania, daughter-in-law Michaela Leahu-Pasca of Axtell, TX; son Daniel Leahu of Romania, sisters Maria (Cornel) Trif of Phoenix, AZ; sister-in-law Florica Leahu of Chicago, IL;



brother Traian Leahu of Phoenix, AZ. He is also survived by many nieces, nephews cousins and friends.

Aurel was preceded in death by his brother Nicodin Leahu.

Due to current circumstances, a private Funeral Service will be

PENDING OBITUARIES

Perry Wilson

MONTE VISTA — Perry Wilson, 66, passed away on April 30, 2020. Arrangements are pending and will be announced through Rogers Family Mortuary in Monte Vista.

School Menu
--- Friday ---
May 1, 2020

NO SCHOOL



COVID-19

To sponsor the School Menu call 589-2553

Valley News

The Cumbres & Toltec plans modified season

CHAMA, NM and ANTONITO, Colo. — The Cumbres & Toltec Scenic Railroad (C&TSRR) announced plans to launch its milestone 50th season with a delayed opening, modified schedule and a new policy for ticket changes and cancellations. The historic steam railroad, twice voted North America's most scenic train by the readers of USA Today, will run one train a day, six days a week from June 13 through September 11, 2020, before returning to its full schedule of two daily departures from September 12 through October 18, 2020. If you need to cancel your reservation this season, you will get a full refund if you cancel at least 48 hours prior to your trip. "Our railroad has been safely carrying passengers by steam locomotive across the Rocky Mountains since 1880," said John Bush, president of the Cumbres & Toltec Scenic Railroad. "We are thrilled to continue the tradition of steam railroading, especially because 2020 is the railroad's 50th anniversary of ownership by the states of Colorado and New Mexico and marks 140 years since the first tracks were laid."

Originally, the C&TSRR's opening date was scheduled for Memorial Day weekend. The railroad delayed the opening and modified its schedule and policies to better align with expected restrictions surrounding COVID-19. The schedule is subject to change and passengers will be required to



follow all current federal and state safety precautions.

Under the modified schedule, trains will leave Chama, NM and head eastbound to Antonito, CO on Tuesday, Thursday and Saturday. Trains will leave Antonito and head west to Chama on Wednesday, Friday and Sunday. There will be no train on Monday and no half-day rides. Passengers will park their cars at either the Antonito or Chama Stations and take a 40-minute deluxe motorcoach ride before or after the train to complete the round-trip journey.

"People were riding this railroad before the Statue of Liberty was built or the first National Park was opened," noted Bush. "This railroad has steamed through our country's great history, in both challenging and prosperous times. We've operated under the watch of 43

Colorado, 41 New Mexico governors and 27 United States presidents. We are grateful to continue our tradition of showcasing the untamed beauty of the Rocky Mountain West as it has been for centuries."

2020 Special Departures

The C&TSRR will also offer a limited number of special departures in 2020. Reservations are strongly encouraged, and departures are subject to change. Special departures include:

- * Geology Train, June 21, 2020. This special once-a-year train features a cadre of distinguished geology experts and special stops to examine unusual formations.

- * 4th of July Dinner Train, leaves Chama at 5 p.m., dinner on Cumbres Pass, and a fireworks show, before returning to Chama at 10 p.m. There will be entertainment and a Fourth of July costume contest.

- * Wildflower/Botany Train, August 2, 2020. This once-a-year special ride features acclaimed botanists who will discuss the native wildflowers and plants along the route.

- * Roundup of Victorian Iron Horses, August 22-30, 2020. The C&TSRR will present a roundup of engines built before 1900 that will run on the line to commemorate this special year. This event will feature at least four locomotives and will be based mostly in Antonito, CO. It will include several opportunities to ride behind these locomotives on trips to Osier and return.

The locomotives will come to Chama for display and operation before the close of the event.

The schedule for Sunset Dinner Trains will be announced soon. Note that the sold out Fireman & Engineering Schools will operate as originally scheduled. Please check the website for up to the minute changes.

Historic Re-Launch of the #168 Postponed

The first official appearance of historic engine No. 168 has been postponed. The #168, one of only two locomotives of its class left in the world, has been completely restored to its original 1883 brilliance and was slated to return on Opening Day in 2020. Plans for the historic reintroduction of the storied #168 have been placed on hold. The Cumbres & Toltec Scenic Railroad will announce a new launch date as soon as possible.

Advance Reservations Recommended

With the abbreviated schedule, many rides on the C&TSRR, especially September fall color departures, will sell out well in advance. With historic equipment, it is not always possible to add additional cars to meet demand. To ensure that there are seats on the dates you want to ride, the railroad advises to please make reservations in advance at www.cumbrestoltec.com.

For complete information, visit: cumbrestoltec.com or call 1-888-286-2737.

CDOT to add rumble strips to some SLV highways

VALLEY— The Colorado Department of Transportation and Surface Preparation Technologies will be adding centerline rumble strips along sections of fourteen highways in southwest and south-central Colorado.

The work will begin in early May and be completed by the beginning of June 2020. Work will not take place on Sundays and during the Memorial Day weekend,

May 22 – 25.

A total of 268 miles of roadway will be improved with the installation of centerline rumble strips along segments of the following highways: Colorado Highways 90, 97, 141, 184, 172, 151, 114, 15, 136, 368, 370, and 150; and U.S. Highways 160 and 550. The highways are located in several counties, including Alamosa, Archuleta, Conejos, Cos-

tillo, Dolores, Huerfano, Montrose, Montezuma, Rio Grande, San Miguel, La Plata, and Saguache.

Beginning on Monday, May 4, construction will start at the Utah border in Montrose County. Crews will install centerline rumble strips and restripe existing center lines along sections and will proceed in a southern and eastern direction along remaining highways — a

map showing all highway sections to be worked on can be found at: CDOT SW-SE CO Rumble Strip Map.

Rumble strips are an effective measure for reducing roadway departure crashes. Grooves are cut into the pavement which cause a vibration and rumbling sound when the tires of a moving vehicle come in contact with the cut pavement. The noise and vibration produced by rumble strips alert drivers when they leave the travel lane.

Centerline rumble strips reduce head-on collisions and cross-over crashes, while shoulder rumble strips

reduce run-off-the-road crashes and warn drivers when they have drifted from their lane.

TRAVEL IMPACTS

- Short-duration single lane closures with delays from 5-15 minutes

- No single lane closure will exceed one mile, however motorists may encounter multiple closures along stretches of highway to allow the work convoy to continue while the previous closure is removed for this mobile operation

- Flaggers may direct and hold traffic causing minor temporary delays
- The rumble strip

operation is mobile, motorists are advised to slow down and use caution at all times while approaching the moving equipment convoy

- Motorists should stay in their lanes and avoid passing unnecessarily to prevent fresh oil and fresh paint from getting on their vehicles. Pay close attention to message boards, signs indicating "fresh oil" and "fresh paint," and cones placed on center lines within all work zones
- No construction is planned for Sundays
- No construction will take place over the Memorial Day weekend, May 22-25

Real property taxpayer remedies

For tax years 2019 and 2020, the county assessor is required by law to appraise all real property at a June 30, 2018 level of value. Notices of Valuation reflecting the 2020 values will be sent owners of real property by May 1. The information used by the assessor to value your property is available for your review.

From May 1 through June 1, owners of real property may protest the value or the classification established by the assessor. This protest period provides an opportunity for taxpayers to inform the assessor of errors in classification, property description, or other discrepancies that may result in a reduction in value or a change in classification.

Protests to the assessor must be postmarked or presented in person on or before June 1. The assessor must make a decision concerning your protest and mail you a written Notice of Determination on or before the last working day in June (August 17- for alternate protest and appeal procedures ADDITIONAL

INFORMATIONAL ALTER-NATE PROTEST COUNTRIES: For protests of values on rent producing commercial real property, taxpayers must submit, two full years of rental income data two full years of tenant reimbursement data, two years of itemized expenses and two full years of rent roll data on before July 15. For further information please contact your county assessor's office.) If you are satisfied with the assessor's determination, the tax bill you receive next January will be based on the value and classification reflected on the Notice of Determination.

If you disagree with the assessor's decision you may file an appeal with the county board of equalization. An appeal to the county board of equalization must be post-marked or hand-delivered no later than July 15. (September 15- for alternate protest and appeal procedures). The county board will notify you by mail of the hearing date, time, and place where you may present evidence to substantiate your case. Evidence includes

documentation such as the sale prices of properties similar to yours that sold between January 1, 2017 and June 30, 2018 (Adjust dates accordingly). The county board will conclude hearings and render decisions by the close of business on August 5 (November 2- for alternate protest and appeal procedures). The county board must mail you a decision within five business days of the date of its decision. If you are satisfied with the county board's decision, the tax bill you receive next January will be based on the valuation and classification reflected in the county board's decision.

If you disagree with the action of the county board, you may file an appeal with the State Board of Assessment Appeals or the district court, or you may request a binding arbitration hearing. Your appeal must be made within 30 days of the date of the county board's mailed decision.

For additional information regarding the protest and appeal process, contact your county assessor at (719)376-5585.

COVID creating community

DEL NORTE— Rio Grande Headwaters Land Trust, in an effort to support the community during COVID-19, states:

"In an effort to support our community during the COVID-19 pandemic, we are partnering with the Windsor Hotel, Valley Roots Food Hub, High Valley Community Center, and local agricultural producers to provide supplemental meals to San Luis Valley families who need some extra help during these challenging times.

Local Farms to Local Families provides healthy, frozen meals sourced from local agricultural producers to Valley families in need. As your local land trust, we feel a responsibility to be a good community partner while doing our best to uphold our mission: to conserve our land, water, and way of life in Colorado's San Luis Valley."

Local Farms to Local Families advances mission by:

- supporting local farmers and ranchers – the Valley's best land stewards
- supporting local families – the backbone of the San Luis Valley's way of life
- supporting local economies – the foundation for Valley communities

Each week 300 people will receive a Local Farms to Local Families meal in their High Valley food box. All meals are made with local foods from the Valley Roots Food Hub, prepared and packaged by the Windsor Hotel, and distributed by the High Valley Community Center.

You Can Make a Difference Today!

Join in supporting the community. Donations directly support getting local foods to the local people who need them most. Donors of \$50 and above will be entered into a raffle for a beautiful art piece by Brink Messick. You can find his work online at: <https://www.brinkmerrickart.com/>

The first 25 donors of \$200 and above will also be invited to an exclusive local foods dinner at the Windsor Hotel once we can gather again.

With generous support from the Gates Family Foundation and Community Foundation of the San Luis Valley, we have already raised \$15,000 toward our \$20,000 program goal.

Help to raise the remaining \$5,000 for the many small farms and local families who need a hand right now – donate today

Skywest

Continued from Page 1

Of that total, 7,616 were attributed to Boutique Air and 273 by two small medical flight services.

Reports are also still being gathered from other private commercial operators.

Advisory board members were somewhat critical of Boutique's reliability during its tenure as the EAS operator here, citing flight delays and cancellations some of which can be blamed on the Valley's climate.

Wright said they still may be the "safe way to go," but not if the airport wants to see growth.

Denver Air Connection (DAC), operated by Key Lime Air, was criticized for the small size of its fleet of aircraft and a lack of experience with passenger customer service.

Board members did feel that DAC could also help with enplanement growth.

Both SkyWest and DAC proposed 12 roundtrip flights between Alamosa and DIA weekly, considerably less than the current schedule by Boutique. However, all felt the other benefits with SkyWest outweighed the number of flights to be offered.

County Administrator Gigi Dennis said she has lost confidence in Boutique's reliability and the potential for growth in tourism and other economic development is huge with an airline like SkyWest. She added that it would certainly benefit potential airline uses Adams State University and the local healthcare community.

Dennis also said the commissioners' recommendation to the DOT will not guarantee their selection of SkyWest and encouraged community support for the choice.

Correction

In the April 25 story about La Jara's election, the count in the mayoral race was incorrect.

Mayor Paula Medina took the seat with a tally of 97 votes over challenger Mary Ann Gallegos' 73.

COVID

Continued from Page 1

In order to prevent having to close again, please be familiar with the State guidelines specific to your business. That information can be found here on Colorado's Safer-At-Home website: <https://covid19.colorado.gov/safer-at-home>.

Another word for travelers and businesses that accommodate travelers, the Safer at Home Public Health order includes information on travel accommodations. While hotels have been defined as critical infrastructure and may currently operate, many other lodging options are not yet cleared for opening.

Those not yet cleared to operate include private, short-term vacation-style rentals (such as those arranged through an online hosting platform) rented for a period of 30 days or fewer. It also includes homeowner

rentals, and privately owned residences for rent, except if offered for use for the public health response. If your travel plans include staying at one of these accommodations, please postpone your trip.

Our positive case numbers are being adjusted today. Conejos County received their first case, however, one of Alamosa's cases has been reassigned to a county on the Front Range. So our total cumulative positive case count remains at 27. Alamosa County Public Health continues to pursue contact investigations, to reach those who may have been exposed to this individual. Further details on San Luis Valley case counts, as well as a link to the Symptom Tracker Survey, can be found at www.slvemergency.org/slv-covid-19.

Just a reminder that, in general, continue to stay at home as much as possible. It is the safest thing to do to prevent yourself and others from getting COVID-19.

Resources

San Luis Valley Behavioral Health Group (719) 589-3671

Small Businesses resources: <https://choosecolorado.com/covid19/>

Support local business: <https://slvsupportlocal.com/>

If you have COVID-like symptoms call a nurse line:

- Rio Grande Hospital: 719-657-4990
- SLV Health: 719-589-2511 ext. 9

- Valley Wide Health Systems: 719-589-3658 ext. 9

PUBLIC NOTICE

Colorado law requires the county assessor to hear objections to real property classification and valuation beginning no later than May 1, 2020. Objections to the valuation or classification of real property must be postmarked, delivered, or presented in person to the county assessor's office no later than June 1, 2017.

Colorado law requires the county assessor to begin hearing objections to personal property valuations no later than August 3, 2020. Objections to personal property valuations must be postmarked, delivered, or presented in person to the county assessor's office no later than August 20, 2020.

For additional information, contact the county assessor's office at (719) 589-6365.

Opinion

God Bless America ...

HOLLYWOOD— God Bless America, and how's everybody?

California Governor Gavin Newsom issued an order banning protests at the Capitol against all the rules restricting residents. The state mood is surly. I was given plenty of room in county jail yesterday when they heard that I was in for walking in the wrong direction down the grocery aisle.

Psychology Today reported cabin fever can cause acute mental health problems during home sheltering. We're all getting through this together. Prince William reported last night he spent a ghastly two hours looking for the can opener, when Kate reminded him that they'd furloughed him.

The New York Post reports Broadway theaters are planning to re-open shows by the summer if the virus threat recedes. The shutdown has liberty-loving Americans scratching their heads. Irony is a performance of Hamilton being canceled because the government ordered everybody to stay home.

Willie Nelson went on social media last week to thank all his fans for their best wishes when he celebrated his eighty-seventh birthday. He said his breathing problems are clearing up. Last year on advice from his physician, Willie switched from recreational marijuana to medical marijuana.

President Trump was ripped by the media after he spit-balled the theoretical idea of ingesting disinfectant to kill the virus. No sane person took the president literally. If you or a loved one died recently from injecting a disinfectant, please call or contact the law firm of Ura, Moron and D'Zervit.

The Chicago Tribune cited police reports that crime is down in Chicago this spring due to the governor's stay-at-home order. It's reported that home invasions are way down citywide. That's because everybody is home with guns and with enough bleach and paper towels to cover up the scene.

The Washington Post interviewed ICE agents last Friday who revealed that President Trump's U.S. border wall south of San Diego was sawed through eighteen times last month. In each case, the Americans made it out. I predicted this a year ago when Mexico legalized user amounts of cocaine.

Hillary Clinton did a split-screen telecast with Joe Biden at a women's town hall Tuesday and endorsed him for president. Her affection is obvious. This month when Joe Biden was accused by a seventh woman of sexual misconduct, Hillary didn't know whether to endorse him or marry him.

Joe Biden's campaign manager pointed to new poll numbers Wednesday which show the presumptive Democratic candidate is gaining ground with younger voters. It's easy to see why the Millennials relate to Biden. He's moved into his family basement with no sign of ever moving out.

President Trump shifted his focus to opening up the nation this week and away from medical tips to the public. Last week he suggested that a leafy diet with lots of chlorophyll is surely good for the immune system. CNN is reporting that Trump wants you to mow your lawn and eat your grass.

Google-backed up YouTube taking down a TV news interview of two Bakersfield physicians who called the shutdown rule ridiculous. Apparently, in order to defeat a virus from China, we Americans must become more like the Chinese. That will spell the end of the auto insurance industry.

Hillary Clinton appeared on a split-screen TV with Joe Biden in front of a women's town hall online meeting Tuesday where she endorsed Joe for president. Of course, he had to offer her something. My guess is, Hillary has the inside track to be Joe Biden's Secretary of Bimbo Eruptions.

New York Mayor Bill de Blasio personally led a police raid on a Brooklyn synagogue to break up a rabbi's funeral and warned the congregation that next time they violate social distancing there will be arrests. It had to happen. This shutdown isn't Nazi enough until somebody goes after the Jews



Argus Hamilton



Hand washing and disinfecting battle coronavirus

Handwashing is always important, but especially now, during the Coronavirus Pandemic.

It seems like such a simple thing to do, but it works! Dirty hands spread germs, washing hands properly removes germs!

What do I mean by properly? Use soap and warm water. Rub hands together to make a lather. Scrub lathered hands and wrists for at least 20 seconds. We tell children to sing the ABC song or the Happy Birthday song to take up the 20 seconds. It might be a good idea to time the 20 seconds while you scrub away! You can use a nail brush to clean under and around the fingernails.

Then rinse well under warm water.

Be sure and dry your hands when you're done washing. The drying removes any germs that may be clinging to the wet hands.

Never use hand sanitizer instead of washing your hands.

Soap and water work best. Hand sanitizer should be used when you do not have access to soap and water.

The good news regarding the Coronavirus is that soap and water work! The coronavirus that causes COVID-19 is wrapped in an envelope of fat. The layer of fat is dissolved by soap; when it is dissolved, the virus falls apart into useless pieces. Washing your hands with soap and water for 20 seconds is enough time for the fat envelope to dissolve and the

virus to fall apart. Once the virus falls apart, it can no longer infect you or others.

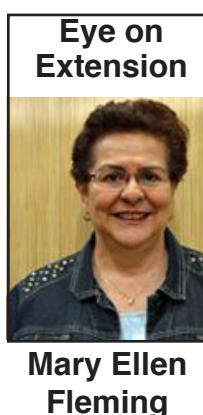
Now let us talk about cleaning and disinfecting your home. Current evidence suggests that novel coronavirus may remain viable for hours to days on surfaces. Cleaning followed by disinfection is a best practice measure for the prevention of COVID-19 and other viral respiratory illnesses in households and community settings.

To clean surfaces, we use soap and water. To kill germs, we disinfect. Follow the instructions on the label to ensure safe and effective use of the product. Many products recommend keeping surfaces wet for a period of time. Also, take precautions such as wearing gloves and making sure you have good ventilation during the use of the product.

Be sure the household bleach you are using is appropriate for the surface. Check the label to see if your bleach is intended for disinfection, and ensure the product is not past its expiration date. Some bleaches, such as those designed for safe use on colored clothing or for whitening may not be suitable for disinfection.

Unexpired household bleach will be effective against coronaviruses when properly diluted. Again, follow manufacturer's instructions for dilution, application and proper ventilation. Never mix household bleach with ammonia or any other cleaner.

This will create noxious fumes that are very dangerous!



Mary Ellen Fleming

Eye on Extension

I am 41-years old and have nothing to show for my life because of drinking. I have lost the trust of my family and am barely starting to get that back

Amarah's Corner



'Kids Like Me'

My father died from alcoholism when he was only 39-years old. My mom nevertouched drugs. My stepdad drank regularly, but always worked to support us. Never saw him use illegal drugs. Never. I started drinking alcohol on my 18th birthday out of curiosity and peer pressure and have used alcohol for 20-years. I want to stop drinking more than anything. It has caused a lot of problems in my life.

And, I sometimes use drugs. Pot is my drug of choice. I started smoking it when I was 18-years old; my friends used it too. I definitely want to stop using drugs. Drugs and alcohol are a dead-end road and I could be so much better off without them.

If I could change anything about my life, I would change my choice about not going to college or the military when I turned 18. I was born in Fresno, CA, and spent most of my teen-years in Santa Cruz. I lost my father when I was 18. I left California and moved to Texas before he died. I should have stayed in Fresno and shouldn't have left my father. I never got to say goodbye.

My advice for parents who are addicts is for them to cherish their children and realize that their children are so much more important than drugs and alcohol.

I admire grandparents who are raising their grandchildren because their own kids are caught-up in addiction. I couldn't imagine the pain it causes. Not only for the kids but for the parents and grandparents, too.

My advice for teens or for anyone who may be thinking about starting to drink alcohol and/or use drugs is that it's not worth it. Not only are you hurting yourself, you're hurting your loved ones, too. Drugs change who you really are, and your life changes. Your TRUE You disappears. Realize that You are better than that.

I have been in jail several times for assault, DUI, probation violation, and other things. I'm in prison now but thankfully only for a short stay. Hopefully, I will be out real soon. My track record speaks for itself, but my whole way of life has changed. I

Amarah's Corner

found God and He's changed my thought patterns and slowly but surely, I am being renewed. But, a lot of guys in here come from dysfunctional homes. A lot of them have kids and want to do right, now.

I did not come from an abusive family and even though we never had much we always had enough. No one forced me to drink. I messed up on my own. Now I have to learn from my mistakes.~Chris

Thank you for having the courage to share your story, Chris. Jeremiah 29:11 and Psalm 37:4-5 are for You.

Your Life, Our Woes by T. Hutchinson
Your words are slurred and jumbled
You're not making any sense
Eyes red like you're lacking sleep
And you're always tense
Too bad you can't see yourself
When you're in such a state
Couldn't you ever come home sober?
For that day, I'll have to wait
Shattered dreams and broken home
It's all you've ever given us
The good memories we gave to you
Are replaced with yours - not so wonderful

A father you've never been to us
A husband my mother once knew
You've spent more time in bars than home
With us - less than few
What happened to our life
Why did you throw it all away?
We'd be there if you'd say the word
Booze can't comfort you when you're gray.
All our savings, every single dime
You squandered away with ease
Spent on alcohol throughout the years
You couldn't even stop when we begged, please

And, those times of violence
When you threw things all around
Cursing us for no reason
As if you picked us from the pound
What did we do to deserve this?
Our whole lives are filled with dread
If only you could feel what we feel
You'd understand the words I've said
But now we've grown up, it's far too late
The damage is already done
I'll never regain my lost childhood
And who knows where my mother has gone
But you should be proud of my brother
He's turned out just like you
Alcohol seems to be his life now
To your legacy, he stays true
I've learned from you in a different way

To submit news, email: news@alamosanews.com
To submit sports, email: sjiron@alamosanews.com

Letters policy

Letters are welcome and encouraged. All letters submitted for publication in the Valley Courier must be typewritten, signed by the author, and must include a phone number and address where the author can be reached. Letters must not be libelous. The Courier will not run letters that are negative to specific businesses. The Courier's editorial board reserves the right to reject a letter for reasons it believes are appropriate. Letters may be subject to editing to fit available space, or exclusion from the Opinion Page. Please, no poetry. Please send signed letters to P.O. Box 1099, Alamosa, CO 81101 or email them to news@alamosanews.com. Letters to staff, not for publication, should be marked "personal."

Why is washing your hands with soap and water for 20 seconds important?

Write them

GOVERNOR
Governor Jared Polis (D), State Capitol Building Room 136, 200 East Colfax, Denver CO 80203; (303) 866-2471; Fax: (303) 866-2003.

STATE HOUSE
Donald Valdez (D), Colorado State Representative, District 62, 200 E Colfax, Room 307, Denver, CO 80203; phone: 303-866-2916; email: Donald.valdez.house@state.co.us

STATE SENATE
Larry Crowder (R), Colorado State Senator, District 35, 200 E Colfax, Denver, CO 80203; phone: 303-866-4875 capitol, 719-850-2459 cell; email: larry.crowder.senate@state.co.us

U.S. HOUSE OF REPRESENTATIVES
Scott Tipton (R) Regional Office — 719-587-5105; 719-587-5137 (fax); Washington, DC — 326 Cannon HOB, Washington, DC 20515; 202-225-4761; 202-226-9669 (fax); http://tipton.house.gov

U.S. SENATE
Michael Bennet (D) SLV Regional Office, 609 Main Street, Suite 110, Alamosa 81101; Phone: 587-0096; Fax: 587-0098; Washington office — 458 Russell Senate Office Building, Washington DC 20510; DC Phone: 202-224-5852; bennet.senate.gov

Cory Gardner (R), Regional Office, 503 N Main Street, Ste, 426, Pueblo, 719-543-1324, fax: 202-228-7174; Washington office: 354 Russell Senate Office Building, Washington DC 20510; 202-224-5941

Religion

Providing the sacraments while keeping a safe distance

Priests in the Church of England have faced many challenges in recent decades -- from plummeting attendance numbers to fierce debates about marriage and sexuality.

Nevertheless, a coronavirus epistle from Archbishop of Canterbury Justin Welby and Archbishop of York John Sentamu was a shocker -- offering worship guidelines even stricter than those released by the government. "Our church buildings must now be closed not only for public worship, but for private prayer as well, and this includes the priest ... offering prayer in church on their own," they wrote. "A notice explaining this should be put on the church door."

Thus, there was quiet defiance in Father Marcus Walker's voice as he stood alone near the altar of St. Bartholomew the Great -- London's oldest surviving church -- on the first Sunday after Easter and said, "I speak in the name of the Living God: Father, Son and Holy Spirit. Amen. And so we're back."

There was no response from his Facebook Live flock, but the priest stressed that he had been listening to his people.

The bottom line: There had to be some way to proceed that stressed public safety while addressing people's spiritual needs.

"Their voices have been loud, insistent and -- so far -- unanimous," he said, in his sermon. "I have received scores of letters and emails, calling

view mirror, members of ancient Christian flocks -- those built on liturgies and sacraments -- are waiting to see how their shepherds will walk a liturgical tightrope between church and state.

The bottom line: It's easier for megachurches to put their dramatic sermons and worship bands on home computer screens than for priests to digitize Holy Communion and rites of confession. Clergy in all faith traditions have, in extreme cases, been forced to pray with dying believers over smartphones or through nursing-home windows.

New York Cardinal Timothy Dolan, in an online essay, stressed that whenever Catholic priests approach their altars, the saints and "all God's people" are spiritually present. He also praised clergy who have found ways to carry on with their work while following social-distancing guidelines.

"Our parish priests have risen to the occasion, with innovative ways to distribute Holy Communion, expose the Blessed Sacrament for adoration, hear confessions and anoint and visit the sick," noted Dolan. "They assemble

at graveside to bury our dead. Our courageous chaplains in hospitals and nursing homes are on the front lines."

In France, a priest who made headlines during the Notre Dame Cathedral blaze has found an unusual way to take Catholic worship to his people.

As flames raced through the rafters, Father Jean-Marc Fournier led firefighters to a cathedral altar to recover a crown of thorns pilgrims have venerated for centuries as part of the one worn by Jesus. He also retrieved a container of the Blessed Sacrament -- bread consecrated to be the Body

of Christ.

Now, Fournier has started a program in which a monstrance -- a beautiful altar vessel holding a single consecrated host -- is taken to the faithful in what he called a "revolving Jesus" plan.

"They arrange a corner in their homes for the adoration of the Real Presence. Physical contacts are avoided, as the monstrance is disinfected afterward, before giving it away to another family," he told the National Catholic Register.

The coronavirus crisis, he noted, is taking place in an era in which many worshippers have lost

faith in the mysteries of the Mass.

"The Eucharist was brought back to the fore after the blaze at Notre Dame because we almost lost it, and now we are deprived of it," he said. "Sadly, such a state of mind among believers is comparable to that of bishops who say that priests should stop celebrating Mass online and putting themselves forward during the quarantine. ... Such a mentality is everywhere now."

(Terry Mattingly leads GetReligion.org and lives in Oak Ridge, Tennessee. He is a senior fellow at the Overby Center at the University of Mississippi.)

On Religion



Terry Mattingly

on services to be restored here in their church: the church they have upheld and kept up, where they were married, where they buried a partner, saw a child christened, found God, were confirmed.

"This is their church and I am their pastor. I owe them my solidarity. As one said in her letter: 'We don't need you in solidarity at home, we need you in solidarity at the altar of our church.'"

With Easter in the rear-

Bible Digest



Sunday, May 3, 2020

"But they that wait on the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint." (Isaiah 40:31 AKJV)

God can lift you up. He can do what no man could do.

Monday, May 4, 2020

"Fear you not; for I am with you; be not dismayed; for I am your God: I will strengthen you; yes, I will help you; yes, I will uphold

you with the right hand of my righteousness." (Isaiah 41:10 AKJV)

Don't be afraid. God has got everything under control. Have faith in God.

Tuesday, May 5, 2020

"And be you kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake has forgiven you." (Ephesians 4:32 AKJV)

Be kind. Be forgiving. This is the Christian way of life.

Wednesday, May 6,

2020

"I am the LORD; that is my name: and my glory will I not give to another, neither my praise to graven images." (Isaiah 42:8 AKJV)

God is God all alone. There is none other.

Thursday, May 7, 2020

"And be not drunk with wine, wherein is excess; but be filled with the Spirit;" (Ephesians 5:18 AKJV)

Be filled with the fullness of God. He alone can meet your needs and give you direction for your life.

What's Your Heart Condition?

Once a year, I go to the doctor and get a check-up. And every time, one of the things they do is check my heart. A good thorough exam will reveal if there are any problems that need to be addressed before a heart condition arises.

I believe we need to do the same thing with our own hearts. Because the truth is, everyone's heart is in some condition. In fact, we have a responsibility to do this as Proverbs 4:23 tells us, "Above all else, guard your heart, for everything you do flows from it" (NIV). Frequent check-ups will enable us to identify and act on those issues quickly—both physically and spiritually.

We can so easily get in the habit of doing life, just going through the motions, even when doing "Christian things," and not realize that something has crept into our heart. Some of those things not only affect us, but they can hurt or hinder others as well. The longer an issue, or heart condition, is left unattended the deeper its roots go. Then it becomes harder and harder to deal with. But the good news is, we can prevent that with God's help.

Testing and Guarding Your Heart

In order to properly guard your heart, it's important to understand just what that means. When I talk about the condition of your heart, I'm talking about what's inside you... whatever it is that makes you do what you do.

For instance, how many times have you said or done something you're not very proud of and thought, "I can't believe I did that! Well, God allows some situations to happen to show us what's in our heart. It's like when I get my annual physical, the doctor checks my heart by running certain tests. Those tests are designed to discover if anything is wrong or confirm that everything is okay.

In much the same way, God tests us to show us what's in our heart. He doesn't do it to shame or embarrass us. He just wants us to see what's going on so we can face our issues, deal with them with the help of the Holy Spirit, and grow stronger in Christ.

Our heart ultimately governs our behavior. So when we say or do something that "surprises" us, if we will get really honest with ourselves (and with God) and think about it, we will discover the root of that action.

God is more interested in our motives—the why behind the what. Matthew 5:8 says, "Blessed are the pure in heart, for they will see God" (NIV). He is not looking at our outer actions as closely as He is looking at what motivates them. Because what's inside us is the root of what comes out of us. God is much more concerned that the things we do come from a pure, Holy Spirit-led heart.

Motives Are Like Leaves

The lesson of the fig tree in Matthew chapter 21 gives us a good depiction of motives. At first, I couldn't understand why Jesus would curse a poor tree just because it only had leaves on it. But then I saw that He knew whenever a fig tree bears leaves, it means there is fruit under them. Jesus was hungry and that fig tree was giving the wrong message!

Sometimes, in the midst of what we're doing, we need to stop and think about why we're doing it. Is it to be seen...to impress somebody...for the accolades...or is it because we really care?

Get a Check-up

We need to be sure we are doing what we do as unto the Lord and not for any other purpose. People in this world are spiritually hungry. And as Christians, it's not enough for us to go around displaying our



"leaves," things that make us look like believers. We must bear "fruit" under those leaves. What is our fruit? It's love...loving people, helping them, giving; not only our money, but our time, our efforts and ourselves. People need to see love in action.

Having a heart that's right with God is absolutely the best thing we can do for ourselves. That's why I encourage you to do a spiritual heart "check-up" on a regular basis...have a meeting with yourself...and be honest with yourself about your motives. Work with the Holy Spirit and He will help you keep your heart pure and in good condition so you can show others His love in everything you do.

For more on this topic, order Joyce's two-teaching CD series *Secrets for a Healthy Heart*. You can also contact us to receive our free magazine, *Enjoying Everyday Life*, by calling (800) 727-9673 or visiting www.joycemeyer.org.

Joyce Meyer is a New York Times bestselling author and founder of Joyce Meyer Ministries, Inc. She has authored more than 100 books, including BATTLEFIELD OF THE MIND and YOUR BATTLES BELONG TO THE LORD (FaithWords). She hosts the *Enjoying Everyday Life* radio and TV programs, which air on hundreds of stations worldwide. For more information, visit www.joycemeyer.org.

Please note: The views and opinions expressed throughout this publication and/or website are those of the respective authors and do not necessarily reflect those of Joyce Meyer Ministries.

CHURCH DIRECTORY

Your Guide To Local Houses of Worship

<p>All-Denominational Church of the Living God 11611 2nd Avenue, Hooper 719-376-2080</p> <p>Sunday, 10 a.m. - Worship Sunday, 6 p.m. - Book of Acts Study Monday, 7 p.m. - Youth Thursday, 7 p.m. - Bible Study</p> <p>San Luis Valley Christian Center 305 S. Broadway (3rd & Broadway), Monte Vista 719-852-6168</p> <p>Sunday, 10 a.m. - Worship Tuesday, 5:30 p.m. - Bible Study</p> <p>Prayer House Church 410 Main Street, La Jara Pastor Jaime Flores - 719-298-0007</p> <p>Sunday Morning Service, 10:30 am Wednesday Family Ministry, 6:30 pm Friday Night Bible Study, 7:00 pm</p> <p>Sargent Community Church 6667 N. County Rd. 2 E, Monte Vista (across from Sargent School) Pastor Hugh Harris - 719-852-2960</p> <p>Sunday Worship: 10:30 a.m.</p> <p>Back Row Church - Church Community In the Alamosa Presbyterian Church Building Alamosa www.backrowchurch.com Kim Nipple • 303-532-9342</p> <p>Worship Service - Wednesday Evening at 5:00 pm</p> <p>Apostolic Alamosa Apostolic Church 510 First St., Alamosa</p> <p>Meets Sundays 1-2 p.m. 2-3 p.m. - Lunch 3-5 p.m. - Worship Service</p> <p>Antonio Apostolic Church 710 Main St., Antonio</p> <p>Meets sundays 11-12 p.m. - Sunday School 12-1 p.m. - Worship service</p> <p>Apostolic Pentecostal Church of Champions, Acts 2:38 9056 Hwy 265 South, Alamosa - 719-587-3351 Dan Dawning Pastor, 719-588-7307</p> <p>Sunday, 1:00 p.m. - Service</p> <p>Assembly of God River of Life Church 2602 Clark Avenue, Alamosa</p> <p>Sunday, 10 a.m. - Worship Wednesday, 7 p.m. - Service</p> <p>Center Assembly of God 7th & Miles • P.O. Box 507, Center, CO 81125</p> <p>Sunday School, 9:30 a.m. Sunday Worship, 10:30 a.m. Wednesday Worship, 7:00 p.m.</p> <p>Assembly of God Sons And Daughters Of God Ministry 877 Madison Street, Monte Vista Pastor Leonard Sandoval, 719-849-0212</p> <p>Sunday 10:00 a.m. Service Wednesday 7:00 p.m. Prayer</p> <p>New Life Fellowship 520 7th St., Del Norte, 81132 719-857-3360</p> <p>Adult Sunday School - 9:00 Services - 10:00</p> <p>Baptist Grace Community Baptist Church 431 Lincoln Ave., Monte Vista Rev. Bill Walstrom, 719-937-1451</p> <p>Worship: 9:30, Sunday School: 11:00 am Wednesday Bible Study: 6:30 pm</p> <p>Living Water Bible Fellowship 2910 Clark Street, Alamosa 719-589-6351</p> <p>Sunday, 9:00 & 10:45 am Worship Services Sunday, 11:45 am Children's Ministry (Pre-K-5th grade) Sunday, 10:45 am Teen Bible Study (6th-12th grade) Tuesday, 7:00 pm Young Adults College Group Wednesday, 6:30 pm Bible Quizzing (18-30 grade) Wednesday, 6:30 pm Teen Youth Group (18-24 grade) Wednesday, 6:30 pm Adult Bible Study Saturday 5:00 pm Worship Service Small Groups meet throughout week, please call for info *Nursery is available (pre-K-preK)</p> <p>College Heights Baptist Church 2045 Church Avenue, Alamosa</p> <p>Sunday, 9:45 am - 10:45 am - Sunday School Sunday, 11 a.m. - Morning Worship</p> <p>San Luis Valley Baptist Church 930 State Avenue, Alamosa 719-589-5938</p> <p>Pastor R.L. McDonald</p> <p>Wednesday 7 p.m. - Worship Saturday, 2 p.m. Sunday, 10 a.m. - Sunday School Sunday, 11 a.m. - Worship Sunday, 6 p.m. - Evening Worship</p> <p>Spanish Ministry- Iglesia Bautista Rehoboth Pastor Sa Garcia, 589-3020</p> <p>Calvary Bible Chapel 7160 Brush Lane, Alamosa</p> <p>Sunday, 9:30 a.m. - Worship Sunday, 10:20 a.m. - Sunday School Sunday, 11 a.m. - Ministry of the Word</p> <p>Small group studies meet during the week.</p> <p>Calvary Blanca Pastor Matthew Leonard - 719-379-3317</p> <p>Sunday, 9:30 am - Bible Study Sunday, 11:00 am - Service Wednesday, 6:30pm - Community Get to Know You!</p> <p>Calvary Baptist Church 2160 Sherman Ave., Monte Vista</p> <p>Sunday, 9:45 a.m. - Bible Study Sunday, 11 a.m. - Worship Tuesday, 6 p.m. - C.L.A.Y. Youth Thursday, 6:30 p.m. - Ladies Bible Study</p> <p>South Fork Baptist Church 0130 Four Seasons Dr. (Old Chizum Bldg), South Fork (East side near laundromat & car wash) Sunday School, 9:30am Sunday, 10:30am - Worship</p> <p>For more information - Pastor Paul Moon - 719-496-7702</p> <p>Catholic Sacred Heart Church 715 4th Street, Alamosa</p> <p>Saturday, 5:15 p.m. - Mass Saturday, 7:00 p.m. - Spanish Mass Sunday, 8 a.m. - Mass Sunday, 10:30 a.m. - Mass Sunday, 5 p.m. - Mass</p> <p>Catholic Mass Student Union Room 308 - ASC Campus, Alamosa Every Sunday, 8 p.m. - Mass</p> <p>Hooper Church 3rd and Adams, Hooper</p> <p>Sunday, 9 a.m. - Morning Worship</p> <p>Meditation, Kriya Mountain Institute Alamosa - (575)758-5876</p> <p>United Church of La Jara 522 Walnut, La Jara 719-274-6250</p> <p>Terry Buckman, Pastor Cell Phone: 339-8444 Office Hours: Mon. 9:00 am - 12:00 Sunday 9:00 am - Contemporary Coffee Fellowship 10:00 am</p> <p>Christian Science Services 400 Ross Avenue, Society Hall, Alamosa</p> <p>Services - Sundays at 10:00 p.m. The second Wednesday of each 4 p.m. Thanksgiving Day 10 a.m.</p> <p>Pioneer United Church in Del Norte, Colorado A Congregation of Evangelical Covenant Order Presbyterians 630 Spruce St. (1.5 blocks south of Hwy. 160) Adult Sunday School - 9:30 a.m. Sunday Coffee Fellowship - 10:30 a.m. Sunday Worship Service - 11:00 a.m. Sunday</p> <p>Church of the South Fork 0116 Landen Dr., South Fork, Co. 81154</p> <p>Sunday are at 9 am - Services School Room. Choir is held on Wednesday at 6pm during the summer months with a final practice at 8:15am on Sunday</p> <p>Christian Bethel Christian Church Pastor Erik Lira</p> <p>Worship Service Sunday 3:00 p.m. Bible Study Wednesday 7:00 p.m. Bilingual Services Monday Free Music Classes Instrumental Classes 7:30 - 8:30 p.m. Voice & Bass Guitar 6:30 - 7:30 p.m.</p> <p>Word of Faith Christian Center 401 Santa Fe, Alamosa</p> <p>Sunday, 10:00 a.m. Wednesday, 6:30 p.m. Friday, 6:00 p.m. M.O.S.H. Youth Night</p> <p>The Peak Community Church 510 San Juan, Alamosa</p> <p>Sundays, 6 p.m. - Fellowship Sundays, 7 p.m. - Worship & More</p> <p>Pentecostal Alamosa Pentecostal Church 184 East 2nd St., Alamosa - 719-589-0475 Pastor Carl Suter</p> <p>Bible Stud Wednesday 7:00 p.m. Sunday School Sunday 1:00-1:45 Worship 2:00-3:00</p> <p>Christian Fellowship Church The Door 1300 West 12th St., Alamosa Pastor Martin Montoya • 719-587-6197</p> <p>Sunday, 11:00 a.m. - Sunday School Sunday, 11:00 a.m. - Worship Sunday, 6:30 p.m. - Victory Service Wednesday, 7:00 p.m. - Revival</p> <p>Christian Independent Alamosa Christian Church 410 McQuerry, Alamosa</p> <p>Sunday, 9:30 a.m. - Sunday School Sunday, 10:30 a.m. - Worship Wednesdays, 7:00 p.m. - Family Night & Youth Group</p> <p>Christian Reformed Alamosa Christian Reformed, 719-589-3493 1861 Rd 10 S, Alamosa Pastor Philip VanderWindt</p> <p>Sunday, 9:00 a.m. - Sunday School Sunday, 10:15 a.m. - Worship</p> <p>Churches of Christ Alamosa Church of Christ 408 Victoria Avenue, Alamosa</p> <p>Sunday, 9:30 a.m. - Bible Classes Sunday, 10:30 a.m. - Worship Wednesday, 7 p.m. - Bible Study Healing Hearts, a Bible-based 12 step group meets, every Friday at 7 p.m.</p> <p>South Fork Church of Christ 205 Birch St. South Fork, 719-873-1259 Kevin Bradley Pastor</p> <p>Sunday School, 9:00 a.m. Sunday Worship, 10:00 a.m.</p> <p>Central Church of Christ 200 Franklin Street, Monte Vista, 719-852-3811 David L. Baker Preacher</p> <p>Sunday, 9:30 a.m. - Bible Class Sunday, 10:30 a.m. & 6 p.m. - Worship Wednesday, 7 p.m. - Bible Study</p> <p>San Luis Valley Church of Christ 704 Del Sol, Alamosa, 719-589-2114</p> <p>Sunday Bible Study 9 am Sunday Worship 10 am Wednesday Bible Study 6 pm</p> <p>Cornestone Community Church Hwy. 160 Del Norte next to Rio Grande Medical Clinic Pastor Mark 719-657-9107</p> <p>Sunday 9:30 a.m. free breakfast Sunday 10:20 a.m. Contemporary Worship & Children Sunday School Wednesday 5:15 p.m. Dinner, music, fellowship, teachings</p> <p>Episcopal Saint Thomas Episcopal Church 5007 4th Street, Alamosa</p> <p>Sunday, 9 a.m. - Service</p> <p>Saint Stephen the Martyr 729 3rd Avenue, Monte Vista</p> <p>Sunday, 10 am Service First Christian Church 518 First St. (First & State) Alamosa 589-8805</p> <p>Sunday, 9:15 a.m. - Sunday School Sunday, 10:00 a.m. - Church Service Wednesday, 6:30 p.m. - Bible Study</p> <p>Valley Fellowship 240 East 5th Street, Center - 719-754-3804</p> <p>Sunday, 10:30 a.m. - Contemporary Worship, Prayer and Bible Study *Bible Studies during the week, call for information.</p> <p>First United Methodist First United Methodist Church 2005 Mullins Ave., Alamosa 719-589-2243</p> <p>"Open Hearts, Open Minds, Open Doors" Morning Worship - Sunday, 10:15 am Children's Church - Sunday, 10:30 am</p> <p>Community Churches United for Christ Community Church (SBC) "Community Centered Around Love" 7th & Broadway in Blanca 719-379-3317</p> <p>Sunday School 9:30-10:30 Worship Service 11am</p> <p>Bible Believer's Community Church 11762 E US HWY 160 Alamosa, Co 81101 719) 206-3239 Sunday worship 10:30 Wednesday Bible Study 7 pm www.bbcchurch.co</p> <p>Presbyterian Alamosa Presbyterian Church 330 San Juan Avenue, Alamosa</p> <p>Sunday, 10:30 a.m. - Traditional Worship</p> <p>Hispanic Pentecostal Iglesia Pentecostal Unida L.A. 507 Tenth St, Alamosa Guadalupe Salazar Pastor 719-587-3545</p> <p>Wed. 7:00 p.m. Service Sat. 7:00 p.m. Youth Service Sun. 10:00 a.m. Sunday School Sun. 5:00 p.m. Worship</p> <p>New Hope Church "The Church on the Hill" 25258 Hwy 160, South Fork, Co. 81154 Interim Pastor Ed Fleming • 719-573-1202 www.newhopest.com</p> <p>Morning Worship - 10:00 am Sunday School for all ages - 9:00 - 9:45</p> <p>Anabaptist Fellowship of Alamosa 330 San Juan Ave., Alamosa, CO 81101 alamosafellowship@gmail.com</p> <p>Sunday 4:30 PM Worship in the north wing of the Alamosa Presbyterian Church</p> <p>Independent, Fundamental Baptist First Baptist Church of Costilla County 9717 County Rd H, Mesita 719-206-0011 Pastor Paul Jones</p> <p>Sunday, 9:45 am - Sunday School Sunday, 10:45 am - Morning Worship Sunday, 12 Noon - Potluck Dinner Sunday, after dinner - Afternoon Worship Thursday, 7:00 pm - Mesa, Bible Study and Prayer meeting Home Bible studies in Costilla County Meeting in different locations</p> <p>DEAF MINISTRY FOR ALL SERVICES Jesus Christ of Latter Day Saints Church of Jesus Christ of Latter Day Saints Alamosa Y S A Ward 300 Richardson Avenue, Alamosa</p> <p>Sunday, 12:30 p.m. - 2:30 p.m. Alamosa</p> <p>Second Ward 927 Weber Drive, Alamosa</p> <p>Sunday, 9:00 a.m. - 12:00 p.m.</p> <p>Alamosa Third Ward 300 Richardson Avenue, Alamosa</p> <p>Sunday, 9:00 a.m. - 12:00 p.m.</p> <p>Alamosa Fourth Ward 927 Weber Drive, Alamosa</p> <p>Sunday, 11:30 a.m. - 2:30 p.m.</p> <p>Sierra Vista Branch (Spanish Language) 300 Richardson Avenue, Alamosa</p> <p>Sunday, 10:15 a.m. - 1:15 p.m.</p> <p>Lutheran St. Peters Lutheran Church & School Church: 1821 Grande Avenue, Monte Vista School: 330 Faraday Street, Monte Vista</p> <p>Sunday, 10:15 a.m. - Services School: K-8, Monday-Thursday</p> <p>Trinity Lutheran Church & School 52 El Rio Drive, Alamosa</p> <p>Sunday, 8:45 a.m. - Bible Study Sunday, 10 a.m. - Worship</p> <p>"Small Bible Study Groups Throughout the Week" Pre-School through 5th grade Church: 589-4611, Phone: 589-3271 Conejos Canyon Community Chapel 20062 State Hwy. 17 (between mile posts 21 and 20) Fellowship Sunday, 8:30 a.m. Sunday, 9:00 a.m. - Worship Service</p> <p>Mountain Valley Church 408 State St. 17, Alamosa Pastor: Richard Pinkerton 589-2899 or 589-7662</p> <p>Sunday, 9:30 a.m. - Sunday School Sunday, 10:30 a.m. - Worship Service</p> <p>Presbyterian Church of Monte Vista 702 Second Avenue, Monte Vista (719) 852-2655</p> <p>Sunday, 9:45 a.m. - Sunday School Sunday, 11 a.m. - Sunday Worship</p> <p>Seventh-day Adventist Seventh-day Adventist Church 315 Craft Drive, Alamosa</p> <p>Saturday, 9:30 a.m. - Bible Study Saturday, 11:00 a.m. - Worship</p> <p>United Methodist Mosca United Methodist Church 5385 Barker Street, Mosca 720-254-5564</p> <p>Reverend Hugh Harris Sunday Worship: 8:00 am.</p> <p>Unitarian Universalist Unitarian Universalist Fellowship 330 San Juan Ave., Alamosa</p> <p>"North Wing of Alamosa Presbyterian Church" 719-587-5529</p> <p>Service & Youth Programs at 10:30 am Sunday.</p> <p>United Presbyterian Church of Antonio P.O. Box 665, Antonio</p> <p>Office Hrs. Tues, 9:00am - 12:00 Sunday 9:45am - Sunday School 10:45am - Service</p> <p>Valley Church of the Nazarene 228 Madison, Monte Vista - 852-5668 Sunday Morning Worship 10:15 a.m. Sunday School Classes 9:00 a.m. Every other Wednesday 6 p.m. (757)758-5876 for information for class schedule</p> <p>Church of Scientology 511 Main Street, Suite #12, Alamosa 719-587-5554</p> <p>Monday and Wednesday, 7-10 p.m. - Services</p> <p>Grace Assembly Ministry Church without Religion 9851 CR 4 S, Alamosa, CO Sunday Mornings - 10:30 Randy Brown - 719-588-7004 Eric Wolf - 719-480-3977</p>

You are loved.

Sunday School 9am
Sunday Service 10:15am
1861 Rd 10 S
www.alamosacr.org
719-589-3493

see you in sunday school!

Lifestyle

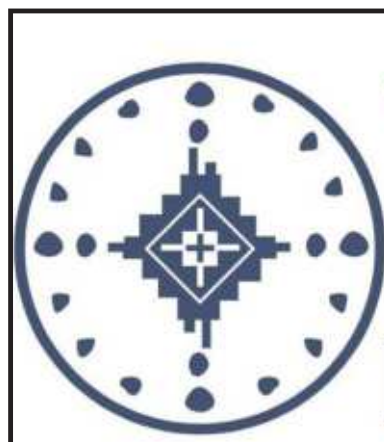
Valley-Wide receives grant to provide video telehealth

ALAMOSA- Valley-Wide Health Systems was among two healthcare providers in Colorado that will receive a combined total of \$853,527 from the Federal Communications Commission (FCC) to provide telehealth services during the coronavirus pandemic.

The Alamosa based provider was awarded \$46,437 to implement video telehealth services to provide virtual health visits for COVID-19 screening and primary medical care to its vulnerable low-income and elderly patients. Children's Hospital Colorado in Aurora, with 14 locations throughout the state, was awarded \$807,090 to implement telehealth ser-

vices to provide continuity of medical care for children, adolescents, and young adults with complex pediatric illnesses in the Rocky Mountain region.

"During this pandemic, telehealth can be used to access healthcare while social distancing and prevent unnecessary trips outside of the home, which is critical to help stop the spread of COVID-19," said U.S. Senator Cory Gardner (R-CO). "I'm pleased that Colorado will receive substantial funding to enhance telehealth services, and I'll continue working with the medical professionals and leaders at every level to ensure our state has the necessary resources and



Valley-Wide
Health Systems, Inc.

Your Health, Our Priority!

support to get through COVID-19 together."

Throughout his time in Congress, Gardner has championed expanding broadband and telehealth services to increase access

to care in rural areas, especially during the COVID-19 pandemic.

This funding was provided by the Coronavirus Aid, Recovery, and Economic Security (CARES) Act, which was

signed into law on March 27.

Congressman Scott Tipton (CO-3) was also involved in the fight to include Medicare eligibility for telehealth services at community health centers.

Rio Grande Nature Trail seasonally closed for endangered species protection

ALAMOSA - A seasonal closure of the Rio Grande Nature Trail on Alamosa National Wildlife Refuge (NWR) will be in effect starting Friday, 05/01/2020 to protect the federally endangered Southwestern Willow Flycatcher (SWFL). The SWFL is a small riparian dependent songbird that uses willow and cottonwood habitat for migration, foraging, and nesting. Human activities (e.g., hiking, bicycling) have the potential to disrupt nesting territory establishment and foraging and nesting activities, making adults less attentive to their eggs or young, and expose nests to predators. Any human disturbance that leads to temporary or permanent negative effects to breeding success slows the recovery of this species.

Riparian habitat along the Rio Grande on Alamosa serves as an important breeding area for the SWFL. This seasonal closure of the Rio Grande Nature Trail will reduce conflicts between human activities and SWFL throughout the nesting season when they are most vulnerable to impacts from disturbance. Conservation and recovery of imperiled species is one of the highest priorities of the U.S. Fish and Wildlife Service and we appreciate the cooperation of visitors in protecting SWFL in helping us achieve our conservation mission. Signs at the trail

head will indicate where public entry is prohibited. The reopening of the trail is expected when the nesting season is completed, on or about September 1, 2020. The 3.5 mile loop wildlife drive (auto tour route) will remain open on the refuge and we welcome visitors to hike, bike, and drive this area. For more information regarding this closure please contact Refuge Manager Suzanne Beauchaine at 719-588-3473.

The mission of the U.S. Fish and Wildlife Service is working with others to conserve, protect, and enhance fish, wildlife, plants, and their habitats for the continuing benefit of the American people. We are both a leader and trusted partner in fish and wildlife conservation, known for our scientific excellence, stewardship of lands and natural resources, dedicated professionals, and commitment to public service.

For more information on our work and the people who make it happen, visit <http://www.fws.gov/mountain-prairie/>. Connect with our Facebook page at <http://www.facebook.com/USFWSMtnPrairie>, follow our tweets at <http://twitter.com/USFWSMtnPrairie>, watch our YouTube Channel at <http://www.youtube.com/usfws> and download photos from our Flickr page at <http://www.flickr.com/photos/usfwsmtprairie/>.

Colorado State Fire Agency joins International Code Council for the celebration of Building Safety Month 2020

LAKEWOOD - In May 2020, the Colorado Division of Fire Prevention and Control (DFPC) will participate in the 40th annual Building Safety Month, a worldwide campaign presented by the International Code Council, its members and partners to promote buildings safety. This year's campaign, "Safer Buildings, Safer Communities, Safer World," highlights the importance of building codes for providing a strong and resilient built environment, and regularly updated codes that ensure that communities are protected in the face of disasters.

As we prepare ourselves for the increased severity and frequency of natural disasters, building safety is even more important. Disaster mitigation through the adoption and enforcement of building codes is one of the best ways for communities to prepare and protect against future disasters. Homes and buildings that are built in compliance with building safety codes and the offi-

cial who enforce the codes are essential to helping communities minimize the risks of death, injury and property damage in the event of a disaster.

This year's campaign themes are:

Week One, May 1-10, Disaster Preparedness;

Week Two, May 11-17, Water Safety;

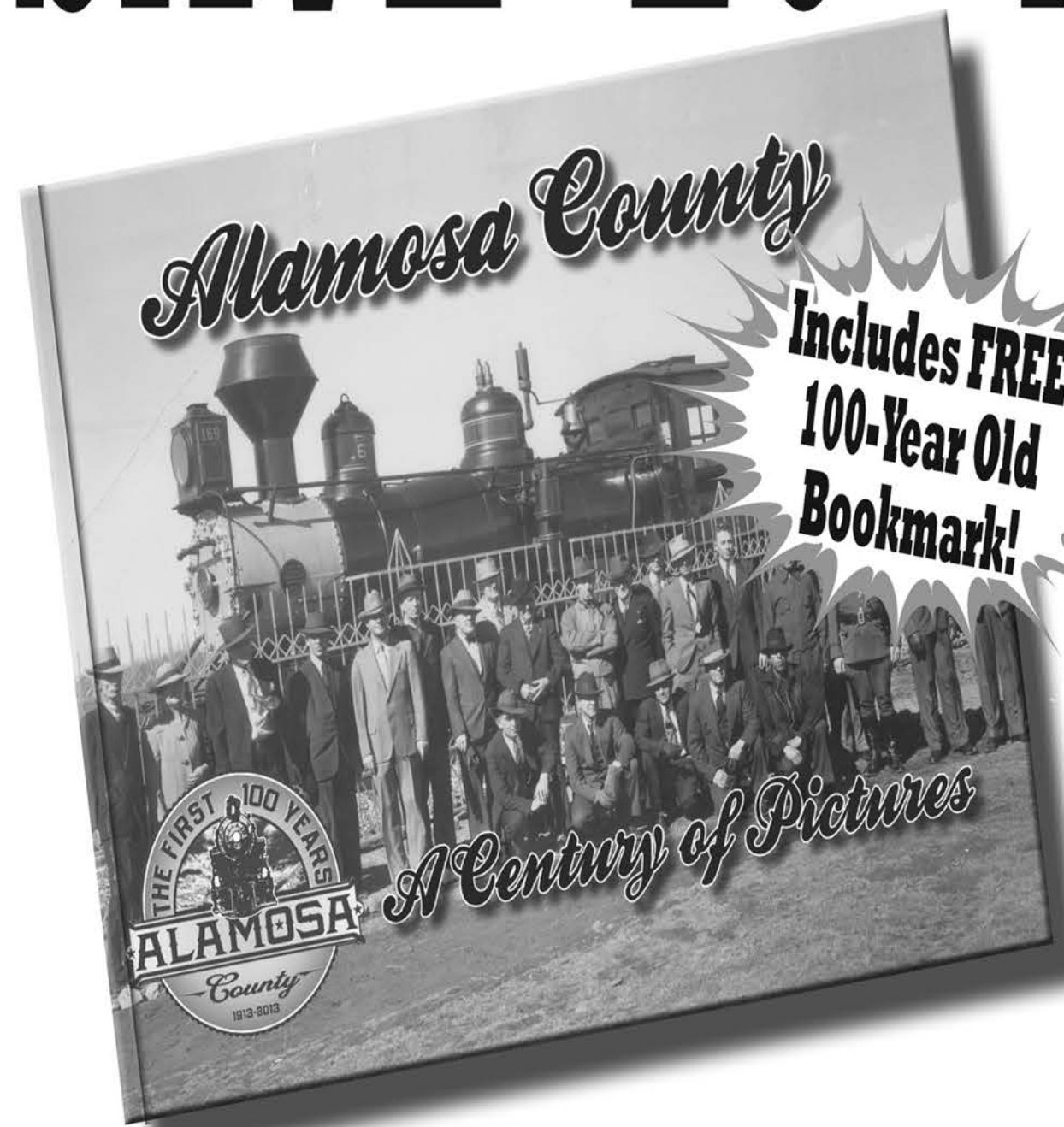
Week Three, May 18-24, Resiliency. Sustainability. Innovation.;

Week Four, May 25-31, Training the Next Generation.

"The men and women that serve as building safety and fire prevention experts are heroes to our communities," said Chris Brunette, Fire and Life Safety Section Chief, DFPC. "They inspect buildings and review construction plans to ensure code compliance and to ensure the places where you live, work and play are safe."

Learn more about Building Safety Month at www.buildingsafetymonth.org or join the conversation on social media using #BuildingSafety365.

SAVE \$20.00!



"Alamosa County: A Century of Pictures"

NOW \$29.95 reg. \$49.95

Limited Time Only

Valley Courier

2205 State



Alamosa

Classified Marketplace

FREE!

Sell your household items for FREE.
Total value of item must be \$200 or less. FREE ads include 20 words or less and run 5 times.



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Public Notices

NOTICE OF PENDING NON-SIMULTANEOUS EXCHANGE

NOTICE is hereby provided that the State Board of Land Commissioners ("Board") has authorized a non-simultaneous exchange ("Exchange") pursuant to Article IX, § 9 of the Colorado Constitution and § 36-1-124.5, CRS for the following parcel of state trust land below described:

PARCEL A
TOWNSHIP 33 NORTH, RANGE 8 EAST OF THE NEW MEXICO MERIDIAN
SECTION 27: NW1/4, containing 160 acres, more or less

PARCEL B
TOWNSHIP 33 NORTH, RANGE 8 EAST OF THE NEW MEXICO MERIDIAN
SECTION 28: NE1/4SE1/4, containing 40 acres, more or less

Together the ("State Property")
(The legal description for the State Property may be modified by a final survey)

All bids must be submitted in a sealed envelope on the Board's Application for Acquisition of State Trust Land with a \$100 non-refundable fee. The sealed envelope must be clearly marked "Bid for the Mogote Parcels Exchange" followed by the parcel(s) being bid upon. A separate application and fee must be provided for each parcel. Bids must be mailed or delivered in person to the Submission Address. Bids received without the fee or via facsimile or electronic mail will not be considered.

All sealed bids and comments must be received by 3 p.m. on May 27, 2020 ("Bid Deadline"). Bids and comments received after the Bid Deadline will not be considered.

Board staff will open the sealed bids, if any, on the Bid Deadline at the State Land Board main offices at 1127 Sherman Street, Suite 300, Denver, CO 80203, to verify that the bids received meet the minimum requirements. In the event that Executive Order D 2020 017 or any subsequent extension in kind is in effect as of the Bid Deadline, participants may call into the bid opening at (303) 866-3454 x3334. If only one bid is received and it meets the minimum requirements specified herein, Board staff is authorized to approve such bid as the successful bidder(s). If multiple or alternative bids are received, all bids meeting the minimum requirements specified herein, will be presented to the Board in open session at a future Board meeting. The Board will review all bids presented and determine, at its sole discretion, which bid best meets the needs of the trust(s) the parcels benefit. The Board reserves the right to reject all bids for the State Property and the right to withdraw the parcel from availability for any exchange or transaction. Following the Board's or Board staff's determination of the successful bidder(s), Board staff will notify the successful bidder(s), if any. The State Land Board reserves the right to require a best and final bid on each of these transactions. Participation in the bidding process does not create any rights until the Board or Board staff has approved the successful bidder(s) and a contract has been fully signed by both parties. All costs incurred in the submission of any comments or bids are solely at the expense of the party submitting such comments and/or bids, and the Board shall in no event be liable for any such costs.

A more detailed description of the above-described State Property and additional information and bid application forms can be obtained online at: colorado.gov/statelandboard/proposals-bids

The State Land Board has not made, does not make, and specifically negates and disclaims any representations, warranties, promises, covenants, agreements, or guaranties of any kind or character whatsoever, whether express or implied, verbal or written, past, present, or future, of, as to, concerning or with respect to the State Property including, but not limited to: (a) the value, nature, quality, or condition of the State Property, including, without limitation, the water, soil, and geology; (b) the income to be derived from the State Property; (c) the suitability of the State Property for any and all activities and uses which successful bidder(s) may conduct thereon; (d) the compliance of or by the State Property or its operation with any laws, rules, ordinances, or regulations of any applicable governmental authority or body; (e) the habitability, merchantability, marketability, profitability, or fitness for a particular purpose of the State Property; (f) the existence of any access to the parcel(s) from public thoroughfares; or (g) any other matter with respect to the State Property.

The successful bidder(s) will be required to cooperate with the Board in complying with the mandates of CRS § 36-1-118(4)(a) and (b) and § 36-1-119.

Newspaper: The Valley Courier
Publication Dates: 4/17/2020, 4/24/2020, 5/1/2020, 5/8/2020
Transaction: TRXN 19-014 MOGOTE PARCELS - Public Notice No. 1396
Published in the Valley Courier on April 17, 24, May 1, and 8, 2020.

NOTICE TO BIDDERS

Sealed bids in an envelope marked or emailed with the subject line: EAST ALAMOSA WATER AND SANITATION DISTRICT US 160 AND SH 17 INTERSECTION PROJECT Bids will be received until May 7, 2020 at 1:00 PM Mountain Time by East Alamosa Water and Sanitation District at 10 Costilla Avenue, Alamosa, Colorado 81101 or at jamie@eastalamosas.org. Plans, Specifications and bid forms are available online at <http://www.rgeengineers.com/project-bidding.html>.

The US 160 and SH 17 INTERSECTION PROJECT will consist of abandoning an existing sanitary sewer line and replacing it with approximately 606 LF of 8-inch PVC, 4 manholes, 2 service connections, the removal and replacement of one fire hydrant and the relocation of a 2-inch remote read metering station. This project will be under the cover of a larger CDOT project known as "Federal Aid Project No. FSA 1602-159 US HIGHWAY No. 160 Construction Project Code No. 21138". The CDOT project contractor will remove the existing asphalt pavement for the US 160 and SH 17 Intersection Project, provide traffic control for the entire project duration and will provide intersection re-alignment and concrete paving of the ultimate roadway section. The project will require the contractor to coordinate with other utilities and contractors. The installation of the proposed sanitary sewer will be phased and may require two mobilizations and demobilizations. The phasing may be subject to changes as the CDOT contractor is selected.

RG and Associates, LLC
By: Gary E. Welp, P.E., CFM
Senior Project Manager
No. 1405
Published in the Valley Courier on April 17, 24, and May 1, 2020.

099 ANNOUNCEMENTS

THE CONEJOS COUNTY Department of Social Services is accepting Requests for Proposals to provide mentoring services to our Conejos youth with an emphasis on a youth-to-work program. Ideal services would also include skills that promote the importance of: preventing out-of-wedlock pregnancies, minimizing welfare dependency and incorporation of a two-generation family focused approach on both parent and child needs. Proposals can be sent to P.O. BOX 68, Conejos, CO 81129 c/o Nicholas Barela. Closes 5/15/2020.(5/9)

221 HELP WANTED

CONEJOS COUNTY DEPARTMENT OF Social Services is accepting Request for Proposals for following services: Intensive Mentoring. Program should model an intervention program designed to teach both parents and youth the skills needed in changing the negative behaviors both at school and within the community and should be targeted at reducing the likelihood of involvement with Child Welfare Services. Proposals can be sent to P.O. BOX 68, Conejos, CO 81129 c/o Nicholas Barela. Closes 5/15/2020.(5/9)

221 HELP WANTED

WANTED: CLASS A CDL Driver with End Dump experience. Call 719-589-9070 or e-mail rmmp.employment@yahoo.com.(5/9)

SIGNING BONUS-\$1,000 AT HIRE

\$1,000 after completing one year of service. Conejos County is seeking a Caseworker for the Department of Social Services and offering a signing bonus. Annual Salary \$35,000. Responsibilities include: Intake and/or ongoing social casework services to families/adults, attending drug court, performing assessments, counseling, and crisis intervention. Duties are to protect children and adults from situations of abuse, neglect and other forms of maltreatment. Bachelor's Degree in Social Work, Psychology or related field required. One-year experience preferred. Applications are available at Conejos County Administration Office 6683 County Rd. 13, Conejos, CO 81129, or via email upon request at cricci@co.conejos.co.us. Deadline is May 7, 2020. Inquiries call 719-376-6799 EEOE.(5/6)

163 LOST & FOUND

LOST A PAIR of men's black work boots on W. Hwy 160 on way to a fire call. 4/2 approx. 4:30pm west of Budweiser before Del Viento Road. If found please call 719-580-0398. (TFN)

221 HELP WANTED

CORRESPONDENCE EDUCATION PROGRAM Academic Advisor. The Adams State Correspondence Education Program is seeking a full-time academic advisor/recruiter position. Primary responsibility to recruit and advise incarcerated students in two-year associate, four-year baccalaureate degree programs and the Correspondence MBA programs. This individual will work directly with incarcerated students for a significant portion of the job. Please send all application materials to jbullington@adams.edu and for more information or to apply please visit our website at https://drive.google.com/file/d/1U8jLcm1fBtd2dvvcFzG_Id10jRCH_U/view.(5/8)

221 HELP WANTED

COME BE PART of something incredible-join the team at Centennial School District R-1! We are currently seeking community-minded, student-centered educators for the following positions: High School Social Studies, K-12 Music, K-12 Spanish, and Special Education Paraprofessional. To apply for one of these positions visit <https://www.centennial.k12.co.us/o/centennial-r1/page/teaching-certified-staff-positions> or send resume, cover letter, unofficial transcripts, three current letters of reference, and a copy of any appropriate licenses to tmelster@centennial-school.net.(5/20)

MATHIAS CONCRETE POSITIONS

opening for full time CDL truck drivers Class A or B. Call for more information. 719-852-3732.(6/3)

THE RIO GRANDE

County Sheriff's Office is compiling a list of prospective personnel for the position of Lieutenant within the Sheriff's Office. This is open to both internal and external applicants. Persons applying from outside the Rio Grande Sheriff's Office must complete a county application. The applicant should have ten (10) years of law enforcement employment as Colorado POST Certified Officer. Must have at least three (3) years accumulative time as a Law Enforcement Supervisor. Must have completed supervisor/leadership training, and have basic investigative training or internal investigation training. Salary range is DOE. Application process closes May 15, 2020, at close of business. Those interested may come to the Rio Grande Sheriff's Office and pickup an application packet, with submission requirements and outline of duties. Rio Grande Sheriff's Office is located at 640 Cherry Street, Del Norte, CO 81132. The Rio Grande County Sheriff's Office is an Equal Opportunity Employer.(5/19)

CONEJOS COUNTY DEPARTMENT OF Social Services

is seeking a Case Manager (CM). Responsibilities include: Determine eligibility for Food Stamps, Adult programs, Temporary Aid to Needy Families (TANF), and Medicaid. Ability to apply critical thinking to a wide range of situations. Must have strong computer and interviewing skills. A broad knowledge of community services a plus. High School Diploma or equivalent required, two years of education and customer service experience preferred. County Application Form Required. Applications are available at Conejos County Administration Office 6683 County Rd. 13, Conejos, CO 81129, or via email upon request at cricci@co.conejos.co.us. Deadline is Wednesday, May 6, 2020. Inquiries call 719-376-6799 EEOE.(5/6)

JONES OIL COMPANY

seeking route drivers. Need to have CDL Class A or B with hazmat and tanker endorsement. Clean MVR. Must be 21 or older. Call 719-754-2221 for application.(5/27)

221 HELP WANTED

MOUNTAIN VALLEY SCHOOL District is accepting applications for an Elementary Teacher for the 2020-2021 school year. Successful applicants will: Hold or be able to obtain a valid teaching license from the Colorado Department of Education with an Elementary Education endorsement. Prioritize relationships with all stakeholders while creating engaging learning experiences. Demonstrate strong classroom instruction and management skills. Possess strong interpersonal skills and a growth mindset. Applications are available for download on the district website at <http://mountainvalleyschool.org>. Please include a resume, cover letter, and 3 current letters of recommendation. Completed applications can be submitted to Attn: Travis Garoutte, Mountain Valley School District, PO BOX 127 Saguache, CO 81149 or emailed to garouttet@valley.k12.co.us. For more information, please call 719-655-0268. Mountain Valley School is an Equal Opportunity Employer.(5/19)

SOUTH CONEJOS SCHOOL District

is currently seeking a preschool teacher for the 2020-2021 school year. Applicants must possess an associate's degree in early childhood education and must be director qualified and must have or be able to obtain a Colorado Teaching License. Please submit a district application, resume, cover letter, transcripts and credentials to apply@southconejos.com. Applications will be accepted until May 8th, 2020.(5/8)

LOOKING FOR A

career opportunity and being a part of your local community? 1st Southwest Bank is growing and hiring a Loan Processor, offering a strong benefit package & career growth opportunities. EOE. Go to <https://www.fswb.bank/who-we-are/careers/> for more details & to apply.(5/15)

ELEMENTARY TEACHER NEEDED

at Del Norte Elementary School for the 2020/2021 school year. We are seeking a hardworking and enthusiastic teaching professional to join our dynamic, vibrant and fun-loving team. Please submit your application, resume and cover letter to: Amy Duda, Principal, at aduda@urtigers.co or contact Amy at 719-657-4030. Applications can be retrieved online at: dncsd.org.(5/8)

ELDERLY MAN NEEDS help

with home repair, painting, and other odd jobs. Call 719-580-9717.(5/5)

FULL AND PART time positions available.

Call between 8am-5pm 719-587-2222.(5/5)

ALAMOSA MOSQUITO CONTROL

District is now hiring for seasonal staff. Please visit their website www.mosquitocontrol.org. Click on EMPLOYMENT for job descriptions and applications. Alamosa Mosquito Control District is an Equal Opportunity Employer. Must be 18+ to apply.(5/8)

221 HELP WANTED

SOUTH-CENTRAL COLORADO SENIORS, Inc., the Area Agency on Aging is looking for a Home Delivered Meals Driver. The job is perfect for someone retired or just wanting to volunteer! 1.5 - 2 hours per day, Monday through Friday. Requirements: Current Driver's License, clean driving record, compassionate and effective communication skills with older adults. South-Central Colorado Seniors' Nutrition Program is an EOE and an application must be completed. Applications are available at 1116 3rd St. in Alamosa. Call 719-589-4511 for more information.(5/2)

THE NORTH CONEJOS School District

is accepting applications for (1) Construction Technology teacher at Centauri High School. Applicants applying for the position need to hold, or be able to obtain, a valid CDE teaching license, have construction experience (At least 10,000 hours of verifiable work experience), or have the education to obtain a valid CTE Construction endorsement. Applications are available at the District Office, 17890 US Hwy 285, La Jara, CO, or can be downloaded at www.northconejos.com. For more information on educational requirements to obtain certification or to submit application contact Mr. Curt Wilson, Superintendent. Application deadline is until position is filled. EOE.(5/2)

THE TOWN OF Romeo

is hiring for a Town Clerk and A Town Maintanance. Both Positions are part-time. For details and applications contact the Romeo Town Hall @719-843-5785 on Tuesday thru Thursday from 9am to 4pm. The closing date is May 15th.(5/1)

MONTE VISTA SCHOOL District

is accepting applications for a Third Grade Teacher. A complete list of desired qualifications and experience is posted on the district website. Monte Vista School District offers a competitive salary and an excellent benefit package including employee health, dental, vision, and life coverage. Applications may be submitted by May 5, 2020, or until the position is filled. The application may be accessed on the district website <http://www2.monte.k12.co.us/employment-opportunities.html>. For questions contact the District Administration Office at 719-852-5996.(5/12)

SIERRA GRANDE SCHOOL district

is accepting applications for Girls high school head basketball coach; applicants must be willing to meet all CHSAA guidelines. For more information, please see the school website for detailed information or contact Mr. Lucero at mlucero@sierragrandeschool.net. Applications available on website or at Sierra Grande School District at 17523 Hwy 160, Blanca, CO 81123 or www.sierragrandeschool.net. Application deadline is open until filled. Sierra Grande is an equal opportunity employer.(5/8)

\$30,000+

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Classifieds

221 HELP WANTED

TOWN OF DEL NORTE is hiring part-time Code Enforcement Officer. Must be at least 21 years of age, have a valid Colorado driver license and be a credible witness in court and have no felony convictions. High school diploma or the equivalent. Position is on year to year basis depending on Town budget. Approx. 20 hours a work week. Patrols limits of the Town to detect and identify violators of municipal ordinances including vehicle owners, property owners and residents. Inform citizens of ordinance violations, issue written notices of violations, and issue written summon complaints to offenders. Knowledge of Town Codes and experience dealing with citizens under stressful situations are preferred. Works closely with Del Norte Police department. Send resume to Del Norte Police Department or job application available online at delnortecolorado.com and submitted to email address delnorte1860@outlook.com or mailed to Del Norte Police Department 525 Grand Avenue, Del Norte, Co 81132 or call 719-657-2600 EOE.(5/8)

221 HELP WANTED

MONTE VISTA ESTATES Nursing Home is seeking a full time day shift RN to add to our amazing team! Shift is 6am-6:30 PM-Wednesday, Thursday, Friday (one week) Thursday, Friday Saturday (second week) rotating schedule. The open positions are essential roles in the overall care offered to our residents. Seeking a full time day shift CNA Seeking a full time evening shift (2-10) shift CNA. If you love working with the elderly and enjoy making a difference in the lives of our residents, please contact us. We look forward to having you join our team.(5/8)

EXPERIENCED HAY AND grain farm hand needed. signing bonus plus wages. Call for more info. 719-588-0207(5/8)

221 HELP WANTED

SIERRA GRANDE SCHOOL district is accepting applications for middle school girls volleyball coach. Applicants must be willing to meet all CHSAA guidelines. For more information, contact Mr. Lucero at mlucero@sierragrandeschool.net. Applications are available at Sierra Grande School district at 17523 Hwy 160, Blanca, Co 81123 or www.sierragrandeschool.net. Application deadline is open until filled. Sierra Grande is an equal opportunity employer.(5/8)

SANFORD SCHOOL DISTRICT is accepting applications for a Secondary Spanish/PE Teacher. Applicants must have a current Colorado teaching license. Applications can be downloaded at www.sanfordechools.org. Sanford School is an EOE & E.(5/5)

324 - FEED & SEED

PREMIUM ALFALFA AND grass/alfalfa, small bales \$7.00 in hay shed (719) 580-2509.(5/14)

HORSE AND COW hay: grass, grass/alfalfa, alfalfa. 3x3 and 4x4 bales, various quality and pricing. 719-850-8917 (7-13-TFN)

351 LIVESTOCK

RANCHO DEL CORAZON registered Angus bulls; high altitude, high quality, selling private treaty. Call 505-603-7227. Antonito, Colorado.(5/19)

PIGS FOR SALE \$1.00 lb. live weight. 570-395-0184 (TFN)

360 - MISCELLANEOUS FOR SALE

ZACH'S EUROPEAN MOUNTS. Professional work, low prices. 719-580-0398. (TFN)

369 - PETS & SUPPLIES

ALL DOGS ADOPTED FROM THE VALLEY HUMANE LEAGUE HAVE TO BE SPAYED OR NEUTERED BEFORE GOING TO THEIR NEW HOME. (TFN)

OOPS! GOT PUPPIES who need a home? San Luis Valley Animal Welfare Society is a nonprofit animal rescue dedicated to stopping the euthanasia of healthy adoptable pets. Having pets altered is the number one way to stop pet overpopulation. If your pet has had puppies contact us. We will take the puppies into our rescue and spay the mama dog for free after the puppies are weaned. If needed we will also provide dog food & gas money to get the dogs to us to help in this situation. Spay/neuter is one of the greatest gifts you can provide your pet, your family and your community. We have found good responsible homes for over 8,000 animals. Contact 719-587-9663 (WOOF); email: woof@slvaws.org. (TFN)

369 - PETS & SUPPLIES

NEED CATS FOR mousers? Want to adopt kittens? Help trap/neuter/release efforts? Donate food/litter/supplies? Low cost spay/neuter clinic for cats. http://www.catsaliveslv.com 719-298-7028. (TFN)

FREE TO GOOD HOME. Adults and kittens. NO MOUSERS OR BARN CATS. Spay/neuter clinics coming to Alamosa in near future. Call Donna K 719-589-5952 or 719-580-9078. (TFN)

387 - WANTED TO BUY

LOOKING FOR A 2 or 3 bedroom Mobile Home 1981 or higher for \$15,000 or under. Call or text 719-580-9525(TFN-E)

507 - BOATS & MARINE EQUIP.

12FT ALUMINUM \$250. 17ft Crestliner \$1200. 22ft Glastron inboard outboard Merk 888 \$2000. 14ft Lund center console nine hp Yamaha 4 stroke \$1800. Call 719-588-7646.(6/2)

525 GUNS

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601 APARTMENTS FOR RENT

STUDIO APARTMENT, VERY clean. All utilities included. \$450 month. Call 719-480-9893. (5/13)

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601 APARTMENTS FOR RENT

2 BEDROOM APARTMENT and nice 2 bedroom house for rent in La Jara. No Pets. Call 719-274-5981.(5/6)

611 - HOMES FOR RENT

2 BEDROOM, WASH-ER/DRYER, fenced yard. Showing Friday. \$750 mth, \$750 dep. Call 719-248-3634.(TFN)

620 STORAGE UNITS

FOR RENT 1500 sq.ft storage/workshop. Available April 19th. \$400 month. Call 719-589-3759(5/20)

702 - AUTOS FOR SALE

2011 FORD SHEL-BY Cobra, glass roof. 15,000 miles. \$48,500/obo. Call 719-588-5198. (6/17)

715 - 4X4 VEHICLES

2019 GMC AT4, loaded. 2,700 miles. \$53,000/obo. Call 719-588-5198.(6/17)

717 WATER SHARES

6000 GALLONS MIDDLEMIST Water for sale. Dividend goes with sale. 719-580-2915. (5/9)

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squintana@alamosanews.com

COUNTY ADMINISTRATOR-- HINSDALE County is seeking to hire a County Administrator. This position directs the day-to-day operations of Hinsdale County in accordance with policies and other direction provided by the Hinsdale Board of County Commissioners. Hinsdale County is located in southwestern Colorado and has 843 residents plus seasonal and second home owners. The annual budget expenditures (all funds) for 2020 is \$5,745,653. Hinsdale County employs 34 full time and 8 part time employees. County services include: Road and Bridge, Coroner, Building, Code Enforcement, Transfer Station, Sheriff, Health & Human Services, General Administration and other. For a full job description, please contact accounting@hinsdalecountycolorado.us or 970-944-2225 ext. 103 or check the County website at: https://www.colorado.gov/pacific/hinsdalecounty/human-resources-7. Applications are due May 1st at 4:00 p.m. MST.(5/9)

TORRES BUILDERS, LLC is now hiring skilled carpenters and laborers. Please email resumes to torresbuildersllc@outlook.com. Call Joe 719-580-5860 with TORRES BUILDERS LLC.(5/1)

SOUTH CONEJOS SCHOOL District is now accepting applications for a .5 graphic design & photography teacher. Qualifications: Must hold a Colorado Teacher's License, or such alternative to the above qualifications as the Board of Education may find appropriate and acceptable. Please submit a District application, resume, cover letter, transcripts and credentials to apply@southconejos.com. Deadline 4/16/2020.(4/16)

TORRES BUILDERS, LLC is now hiring skilled carpenters and laborers. Please email resumes to torresbuildersllc@outlook.com. Call Joe 719-580-5860 with TORRES BUILDERS LLC.(5/1)

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SANFORD SCHOOLS seeking a self-motivated special education paraprofessional willing to assist with multiple grade levels K-12 for the 20-21 school year. Duties include small group, one-on-one instruction, assist with lesson planning, and curriculum. Applications can be downloaded at www.sanfordechools.org. Position opened until filled. Sanford Schools is an EOE.(5/9)

NEED A SECOND IN-COME? child support? Car Repairs? Taxes Due? Earn up to \$800/month delivering the Valley Courier. Contact Keith at 589-2553. (2/26-TFN)

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Comics

CROSSWORD PUZZLE

- ACROSS**
- 1 Provide capital
 - 5 Aberdeen boy
 - 8 - -ho
 - 12 Where Tehran is
 - 13 Before, to Blake
 - 14 Popular cookie
 - 15 Billion, in combos
 - 16 Wanted poster abbr.
 - 17 Immense
 - 18 Kind of coffee
 - 20 Resided
 - 22 Boastful knight
 - 23 Golf score
 - 24 Grind, as teeth
 - 27 Keels over
 - 30 Before Sept.
 - 31 Industrious insect
 - 32 Tolstoy title word
 - 34 Dik-dik cousin
 - 35 Tie up the phone
- DOWN**
- 1 Enormous
 - 2 Very dry
 - 3 Zoo enclosure
 - 4 Special skills
 - 5 Springlike

T	A	B	L	E	S	G	R	A	F	T	S
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D	E	I	G	N	S	E	M	O	T	E	D

- 6 Couples-only ship?
- 7 Poker face
- 8 Rule
- 9 River in Asia
- 10 Sparrow's dwelling
- 11 Caught on
- 19 Contented sigh
- 21 Hang on
- 24 Joke
- 25 Cloister dwellers
- 26 Flu symptom
- 27 Like some furs
- 28 Tease
- 29 Well-grounded
- 33 Hwys.
- 35 Gross!
- 36 Holds firmly
- 39 Chicago and Madrid
- 40 Vereen or Kingsley
- 41 Needed scratching
- 43 Chubby
- 44 Stead
- 45 Pitch-dark
- 47 Slave girl of opera
- 48 Permanent markers
- 49 Auto sticker info
- 51 Exasperate
- 53 Telegraph syllable

ALLEY OOP

Now, to find that ice cream truck.

That's so beautiful. Is this your job? Is this why you're so rich?

Hah, no. But I knew you'd be enticed by the sound.

How do you know I like ice cream so much?

I read your file and there were sticky ice cream stains all over it.

ARLO & JANIS

Gus has his own problems these days. His tenants mostly are working-class locals!

This is in a tourist economy! Many of them are having difficulty!

I once asked him why he didn't turn all this stuff over to an agency!

He didn't really give me an answer, but I think now I know why!

BIG NATE

Principal Nichols! How can you get rid of Mr. Rosa?

It's not my call, Nate.

The town council is in charge of the school budget. They're voting on it tomorrow.

Tomorrow?

So this isn't final yet?

Well, it's all but decided.

There's virtually no chance of...

KEEP HOPE ALIVE!

THE BORN LOSER

I'm cooking my special three-step chili for lunch. Would you like some?

Sure! What are the three steps to your special chili?

Step one, open can. Step two, pour can in pot. Step three, heat!

FOR BETTER OR FOR WORSE

She can't stay downstairs, Mike. She's claustrophobic and allergic to dust!

I don't care! I don't want to give up my room!

I know this is inconvenient, guys...

She can't have mine. All the baby's stuff is in there.

But Fiona is family. She's our guest, and it's important for people to be polite and considerate of one another.

You'll have to keep your dog outside. Beaumont doesn't like him.

FRANK & ERNEST

I can't handle too much change so I'm reading a four-year-old magazine while waiting for my telemedicine appointment.

GARFIELD

I made a mistake.

I fed Garfield twice.

Tap tap tap.

Actually, a mistake would be feeding me only once!

THE GRIZZWELLS

Buddy, would you mind asking me a personal question about something?

What you meant to say is, 'ask me a personal question about myself dummy.'

Boy, everything has to be about you, doesn't it?!

PEANUTS

Butterflies are free.

What does this mean?

It means you can have all of them you want.

So much for higher thought.

SUDOKU

DIFFICULTY RATING: ★★☆☆☆

2			1		5				
				6	5				8
				3	7			1	
3	4			6				9	
	8	5		2		4	3		
	2			1			7	5	
	7		3	4					
5				7	2				
	1	8							7

HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

1	3	8	2	9	4	5	7	6
4	7	5	3	6	1	2	9	8
2	6	9	7	8	5	4	1	3
5	1	7	9	2	6	3	8	4
8	9	3	5	4	7	1	6	2
6	2	4	1	3	8	9	5	7
9	4	1	8	7	3	6	2	5
3	8	2	6	5	9	7	4	1
7	5	6	4	1	2	8	3	9

HERMAN

"I hope you had a radio transmitter on that ball!"

History of addiction clouds dad's future with daughters

DEARABBY: My fiancée has two daughters (14 and 11) from a previous marriage. Their dad, "Brett," was just arrested for his fourth DUI, the second within a year. The girls don't trust him anymore, and their image of him has changed greatly.

We have always encouraged the girls to stay with their dad on "his" days, but when they do, Brett rarely does anything with them, and he berates them. I know he misses his girls, and his siblings have told us the girls need to get past this because "tomorrow is not guaranteed." I understand. I live my life on that premise. But if Brett isn't willing to change, then why should we continue to encourage his being in their lives? He cares only about his image, not the actual relationship with his daughters.

He has a history with drugs and alcohol, and in the last 12 months, he has been fired from three different jobs. This is not the role model the girls need. I know I'm not their father, but it kills me seeing them hurt. Should we encourage them to still visit him? Or do we let them decide? I'm a soon-to-be stepfather who wants only what is best for the girls. -- PARENTING IN THE MIDWEST

DEAR PARENTING: When there is a divorce with children involved, custody arrangements are usu-

ally dictated by the court. Your fiancée's daughters may not have much choice but to visit their father on "his" days. That said, the custody arrangement can be altered if it becomes necessary.

I agree that someone with four DUIs is not a great role model, and he could be a danger to them if he is still allowed to drive. Encourage the girls to keep you informed of what transpires during their visits with their father. I disagree with the relatives who say they must get past their father's neglect and verbal abuse.

DEAR ABBY: I have three sisters. We are all in our 50s and 60s. Three of us get along great and always have, but we have all had issues with our oldest sister, "Lulu." She has gotten angry at us for many different reasons.

When our father was terminally ill, she wanted one of us to live with him in his home even though we thought it was enough that we were in the same small town and went over there daily. Also, Lulu is a widow and not financially secure, and she feels we have not helped her out enough. There have been times we have gotten along wonderfully, but sadly, it always ends in drama.

I miss her regardless of the drama, but she seems to have written us off. She



ABIGAIL VAN BUREN

is convinced that she is right, and we are bad for her. Must I learn to accept this and move on? Or should I try to make it right? My youngest sister wants nothing to do with her. She says Lulu is bad for her mental health. Can you help me to finally resolve this one way or the other? -- DYSFUNCTIONALINNEWJERSEY

DEAR DYSFUNCTIONAL: You are not responsible for Lulu's financial woes. Let her know you are there for her, but cannot help support her financially. I'm sorry you didn't mention whether she has a job. If she doesn't, she needs to find one to supplement her income. Unless you are willing to cave to emotional blackmail and supplement your sister's income for the rest of her life (or yours), accept that it may be time to move on.

Lifestyle

Growing out of hunger



By **LYNDSEY WILLIAMS**
Director, La Puente's Food Bank Network of the San Luis Valley.

ALAMOSA — Food access has been a centerpiece in the conversation surrounding this pandemic and La Puente's Hunger Education Week. Reliable access to food is something many residents of this country have taken for granted until this crisis swept the nation. Many individuals and families across are taking matters into their own hands by seeding their backyards with beacons of resiliency, liberation, and conservation in the form of a garden.

In a time when populations are being asked to limit activities outside of the home, gardening gives purpose to your time and provides physical exercise when you have never related more to the term 'couch potato'. Growing food creates a bond between humanity and the planet we call home; being reminded of the potential for life in bleak times while also getting a healthy dose of sunshine is excellent for your overall

mental health.

Growing your own garden can be very cost effective if done correctly, which should sound appealing in a time where pinching pennies is crucial for many families. In order to save money growing your own garden, choose foods that are more expensive at the grocery store (think beets, squash, lettuce, swiss chard). However, do not plant items that you know your family will not eat or will not eat quickly enough. Wasting food is not the goal here.

Fresh, locally grown food is also healthier and more flavorful. As produce travels, it loses its nutrient content. Many vegetables lose 50-90% of their vitamin content from the time they are harvested to the time they land on the grocery stores' shelves. Eating food from your own garden begins to teach you how to eat seasonally, which essentially means eating healthiest.

Sometimes, individuals are intimidated by growing their own food or do not have space to do so. Thankfully, Alamosa has a community garden in

which all members of our community are welcome to get their hands in the soil and learn gardening techniques. VEGI, a program of La Puente, empowers youth and adults across the San Luis Valley to experience the joy of growing and eating nutritious food from seed to harvest. VEGI runs Boyd Community Garden in Alamosa, and the growing season is kicking off. VEGI needs volunteers to help maintain the garden. If you'd like to get involved in sharing the work and sharing the harvest this season, please send an email to director.vegi@lapuente.net.

If you do choose to grow your own food this season, consider those in our community who cannot plant gardens or who do not have an ample grocery budget and "donate a row" to your local food bank. Simply designate a row or pledge to donate a certain percentage of your harvest. Further, ask your neighbors if they would like to share in your harvest. When you plant a garden, you automatically commit to feeding more than yourself.

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