

Val

SLV Boys and Girls Club isn't hesitating to help

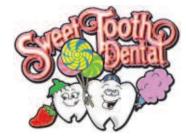
— Page 9



Four-legged friends up for adoption

— Page 10







VOLUME 94, NO. 79

LOCAL NEWS... LOCAL VIEWS

TUESDAY EDITION

50

APRIL 28, 2020

URIE



sa County Public Health will meet on Today at 2 p.m. to discuss the 'Safer at Home' public health order handed down by the governors office on Monday as well as recommendations for Alamosa County. The call in number and code are as follows 605-313-6288 433756#

SLV REC BoD Meeting

The San Luis Valley Rural Electric Company Board of Directors meeting is scheduled for April 28, 2020 to begin at 9:30 a.m. Due to current COVID-19 restrictions, this meeting willbeavirtualmeetingthat members can view/listen to on-line. There will be a CielloandSLVEnergyFoundation Meeting immediately following. If anyone is interested in viewing this meeting, please contact Michelle at 719-852-6640

SAN LUIS VALLEY -Monday Colorado transitioned into the Safer at Home phase. It continues to be safest at home, especially for vulnerable populations such as older adults and those with pre-existing medical conditions. When you leave home for groceries, go to work, or prepare your business to re-open, continue to practice the recommendations for wearing a mask, frequent hand washing, and social distancing.

Safer at Home requirements still prohibit public gatherings of ten (10) persons or more in both public spaces and private commercial venues. We'd like to remind religious organi-

SLV is 'Safer at Home'

WWW.ALAMOSANEWS.COM

zations to continue using live broadcasting options or other technology available to allow members to remain at home. We understand that everyone in our community is ready to congregate, see their church family and friends, but it is important that we follow the guidance to ease the restrictions slowly so we can help keep our community safe and not lose the progress we've made the last several weeks fighting this virus through the stay at home orders.

Local Public Health Agencies are working with school districts on safe graduation plans. We understand that this has been a difficult time for our local High School seniors,

their senior year, which includes big events such as prom and spring sports.

missing the last quarter of Graduation should be a memorable event that keeps graduates and their loved ones as safe as pos-

sible and complies with state restrictions on group gatherings.

■ See COVID page 3

Cruising through confinement



Courier photo by Megan Colwell

Saturday night, Main Street in Alamosa was filled with cars going for a cruise. Facebook group Cars and Coffee helped organize the Cruise with your Neighbors event that saw plenty of classic cars taking to the street on Saturday night.

Controlled burn, out of control



SLV **COVID 19**

These cases have been identified by public health agencies as of 4:00 p.m. on April 27, 2020. All numbers are cumulative. If there are discrepancies between these numbers and those showing on the state's data website, use these local numbers.

SLV POSITIVE CASES 27

> Alamosa County - 12 Conejos County - 0 Costilla County - 3 Mineral County - 2 **Rio Grande County - 7** Saguache County - 3

11 HOSPITALIZED



Facebook -Alamosa **Valley Courier**



Red Flag Warning

Sunny/Breezy 76/29

Wed: Partly Cloudy 76/35

Mon: Mostly Sunny 78/39

INSIDE

Record Page 2
Valley News Page 3
Lifestyle Pages 4, 5, 9 and 10
Public Notice Page 6
Classified Page 7
Comics Page 8

ISOLATION COMPLETED 19

These are SLV positive cases that have completed their isolation period and have been free of symptoms for more than 72 hours.

2 DEATHS

Alamosa and Carmel firefighters responded to a controlled burn that went out of control just before 3 p.m. Sunday. The fire was near the intersection of the 14 South and 105.

Shrine Circus cancelled due to COVID-19

MONTE VISTA — Due to COVID 19, the Sand Dunes Shrine Club members would like to inform the San Luis Valley residents that the annual Shrine Circus, which was scheduled for Tuesday May 26, at Ski Hi Park in Monte Vista, has been cancelled. Proceeds from this event have been used to help with the expenses for sending San Luis Val-

County Veterans Service Office is here to counsel and assist all

military veterans and/or their de-

pendents in providing information

on their entitlement to Veterans

Affairs (VA) benefits, and prepares

and submits benefit claims to the

appropriate agency. This office has

extensive information on current

VA programs and stands ready

ley children, with bone or burn health challenges, to Shrine Hospitals. Generally, the children are sent to the Shrine Hospital in Salt Lake City, Utah, for bone issues and the Shrine Hospital in Galveston, Texas, for burn issues.

The Shriners will not be canvassing the valley with their circus tickets this year. But, if you feel so inclined and can continue

Saguache County veterans

service

SAGUACHE — The Saguache to help veterans with all services

appointment.

our Veterans

supporting them, you can make your check out to Sand Dunes Shrine Club and send it to Art Jones, 1359 Swede Lane, Monte Vista, CO 81144

The Sand Dunes Shrine Club members are deeply grateful for the generous support of the San Luis Valley community through the years which has enabled them to help many local children.

available. Our goal is to personally

meet and assist all veterans of the



Courtesv photo

area. Please feel free to call at any time (719-655-2680) during normal Urianna Acosta, now a Freshman at Monte Vista High business hours 9:00AM - 4:00PM School and a Shriner child, poses with three Shrine Tuesday - Thursday to schedule an clowns at the 2019 Shrine Circus at Ski Hi Park in Monte Vista. Urianna was born with a condition called Saguache County is proud to proarthrogryposis multiplex congenta, a stiffening of vide the Veterans Service Office for bones which affects about one in 3,000 individuals. She has had many corrective surgeries.

40,000 Unique Visitors Per Month Shouldn't you be advertising on: www.alamosanews.com

Record

OBITUARIES

Patricia Ann Davie

October 20th, 1926 -April 21st, 2020

MONTE VISTA -Patricia Ann Dickerson/ Nash/Davie, 'Pat', was born in Monte Vista, CO to Ethylan and Cleo Dickerson. Pat was full of energy, faith and love until the day she went to live her eternal life with the Lord.

Pat married her true love, Lyle Martin Nash, at the age of 18 and had four children, Larry, Chet, Peggy and Jacquie. While diligently raising her children, Pat worked as a cook for Del Norte Schools.

After the unexpected death of Lyle, Pat went on to receive her bachelor's degree in education at Adams State College and became a teacher at Sargent School where she positively impacted the lives of so many for 23 years. Pat was one of the fortunate souls to



find another love, Ross A. Davie, whom she was married to for 49 years until his death. Along with her life as an educator, Pat lived the life of a working ranch hand. She conducted cattle and sheep drives, harvested, sorted and sold potatoes, bucked hay, nurtured the bum lambs, tended to the horses, and anything else she could help with on the Flying F ranch. Pat was an avid out-

doorswoman, climbing 10 fourteeners, her last at the age of 72. She loved her home on the ranch, and even more so, loved sharing that life with her 10 grandchildren and 27 great-grandchildren.

Pat served many years on the Rio Grande Search and Rescue, as a member of the Val Alto Society, Red Hats Society, a member of Pioneer United Church as a Deaconess, Eastern Star where she was the longest standing member in the San Luis Valley as of 2019, and volunteered an unprecedented amount of hours to Del Norte Schools, 4-H, and Boys and Girls Club.

Patricia loved people, she loved her family, and her love for all those she encountered naturally made her a staple in so many lives. She was tough as nails; all would agree there is not a soul that is tougher.

Patricia's hobbies included Line Dancing and Square Dancing, hiking, swimming, volunteering, riding horses, particularly bareback, attending the Creede Theatre and Saturday night dancing at Boogie's, the faster the dance the more she loved it. Her favorite past times were riding the backcountry, hiking fourteeners, trips to Las Vegas, competing in the Bolder Boulder, and anything that had to do with family. Pat's legacy is the love she passed on to any living being she came across. Her family was her focus, and she wanted nothing more than to just be with them, no matter the activity involved... she was simply happy to be with her family. She would gladly take the time to sit and visit with anyone, but if she were on the move, you had better be ready to keep up.

In the final years of her

life, her favorite thing was to visit Antelope Springs, hike the ranch with her son Chet and enjoy the scenery with Chet, her daughter-inlaw Frances and any who visited. Pat loved to ride the four-wheeler, bask in the sun on the porch swing or in the sunroom, count the cars (or lack thereof) that would pass, rest by the fireplace, and watch the vast amounts of wildlife nearby.

Patricia is preceded in her journey to the Lord by her son Larry (4), husband Lyle, sister Barbara, granddaughter Eve, brother Sonny, husband Ross, and brother David. Those in the flesh to honor Pat's legacy are her three children Chet, Peggy and Jacquie, nine grandchildren and 27 great-grandchildren.

She is also survived by many others who were important to her - many relatives, nieces and nephews, great-nieces and nephews, cousins,

in-laws, the countless numbers of those lives she impacted, and her dog Cutie.

It was Pat's wish not to conduct any Memorial or Funeral upon her death. We will fully respect her wishes with a Celebration of her Life.

There will be two opportunities in the upcoming year to Celebrate the Life of Patricia Davie. More information will be announced on a virtual celebration as well as a gathering at Antelope Springs, later. It was Patricia's wishes to be cremated and have her ashes spread over her favorite place on Earth, Antelope Springs Ranch in Creede, Colo.

"Why should I be out of mind because I am out of sight? I am waiting for you, for an interval, somewhere very near, just around the corner. All is well." - Henry

Scott Holland

Arrangements in care of Strohmayer's Funeral Home.

Gregory Andrew Martinez

ROMEO — Gregory Andrew Martinez, 42, passed away April 25, 2020, at the Conejos County Hospital surrounded by his loving family. Greg was welcomed into the world on September 12, 1977, in Alamosa, Colorado the son of Andrew I. Martinez and Eileen Lopez Martinez. Greg was an assistant fire chief for the Romeo Fire Department, he was very selfless and loved helping anyone he could. He was united in marriage to Valerie Serrano and the two shared a loving union of 28 years. He worked as a locksmith for Valley Lock and Security for many years and was a well-known member of the community from working in it during that time. Greg was a kind and loving

husband, son, father,



grandfather, brother, nephew, cousin and friend who loved riding his Harley, going camping, helping his dad, and spending as much time as he could with his family, children and grandchildren.

He will live on through his wife Valerie Martinez of Romeo, CO; parents Andrew and Eileen Martinez of Bountiful, CO; daughter Sonya (Anthony) Flores of Romeo, CO; son Gregory Martinez of Bountiful, CO; grandchildren Chloe Martinez, Gracie Martinez, Xavier Flores and one sister Anna Rae (Steven) Gallegos of Tularosa, NM. He is also survived by many nieces, nephews, cousins and friends.

Greg was preceded in death by his maternal grandparents Gilbert and Rosemary Lopez, paternal grandparents Joe and Ruby Martinez, mother-in-law Clorinda Serrano and maternal uncle Duane Lopez.

Cremation was chosen and a Memorial Service will be held at a later date. To leave online condolences please visit romerofuneralhomes. com. The care of arrangements has been entrusted to Romero Funeral Home of Antonito.

LA JARA — Judith "Judy" Muniz, 78, went to her eternal rest on April 24, 2020, at the San Luis Valley Regional Medical Center with her loving husband by her side. Judy was welcomed into the world on August 1, 1941, in Monte Vista, Colorado, the daughter of David Martinez and Frances Manzanares Martinez. Judy was united in marriage to Avelino Muniz on February 8, 1940, in Monte Vista, Colorado. She worked as a Registered Nurse for many years at the San Luis Valley



Regional Medical Center and they took exceptional care of her. Judy was an exceptional and loving wife and loved going to the mountains, fishing, gardening, traveling and spending time with her husband She will live on through

her husband Avelino Mu niz of Capulin, CO. She is also survived by many cousins and friends.

Judy was preceded in death by her parents Da vid and Frances Martinez

Cremation was chosen and a Memorial Service will be held at a later date To leave online condolences please visit romero funeralhomes.com. The care of arrangements has been entrusted to Romero Funeral Home of Alamosa

ONGOING VALLEY MEETINGS

ALAMOSA—The San alamosastatebank.com Luis Valley Military

719-873-5466 or email mkmillermink@aol.com

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PENDING OBITUARIES

Aurel Leahu

LA JARA — Aurel Leahu, 82, passed away April 24, 2020. Arrangements are pending and have been entrusted to Romero Valley Funeral Home of Alamosa.

Jonathan Abeyta

ALAMOSA -- Jonathan Abeyta, 38, passed away April 26, 2020. Arrangements are pending and have been entrusted to Romero Valley Funeral Home of Alamosa.

Louise Gomez

CENTER — Louise Gomez passed away November 19, 2019. Cremation was chosen. A memorial service will be announced at a later date.

VALLEY COURIER POLICY ON OBITUARIES

The Valley Courier charges a flat fee of \$30 for each obituary published. Pending arrangements or death notices are run at no charge.

This charge affects funeral homes, as well as family or other representatives, that directly place obituaries. All paid obituaries are published on our web site, www.alamosanews.com, for no additional fee.

In the event the newspaper errors in publishing an obit, corrections will be made and the obit will be rerun. If the errors are on the part of the submitting party, an additional fee will be assessed.

Family Support Group meets the fourth Tuesday at 7 p.m. in Alamosa. For more info call Vicki Jones at 852-3123.

ALAMOSA — Sierra Blanca Chapter #43, Order of The Eastern Star, meets on the first and third Mondays, at 7:30 p.m. at the Alamosa Masonic Hall, 512 San Juan Ave. Call Sharon at 589-4320.

ALAMOSA — La Leche League of the San Luis Valley holds its monthly meetings on the fourth Saturday at 11 a.m. at Hospice del Valle, 524 Main St. in Alamosa. Pregnant and nursing women are welcome to attend with their children and babies. Please call 587-3657.

ALAMOSA — The Alamosa Kiwanis Club meets on the second, third and fourth Thursdays at noon at IHOP. Amanda Contact: Wilkinson, 719-589-2564 or email amanda@

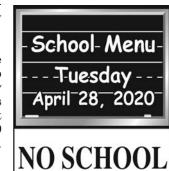
ALAMOSA — The Optimist Club of Alamosa meets at Nino's Restaurant in Alamosa the first and third Tuesdays at noon. Contact the club at alamosaoptimistclub@ gmail. com or President Dawn Melgares at 719-580-0178. Visitors and new members are welcome.

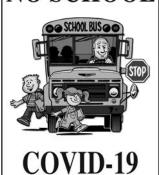
ALAMOSA -The Alamosa Rotary Club meets every Monday at noon at Juanitos in Alamosa. Contact Dean Swift, 589-3499 or dean@deanswiftseed. com

ALAMOSA — Veterans Therapeutic/Support Group meets every Monday from 5-6:30 p.m. at 315 State Ave. Ste 101, Alamosa. Call 588-8885 to register or email d.counselingservices@ hotmail.com

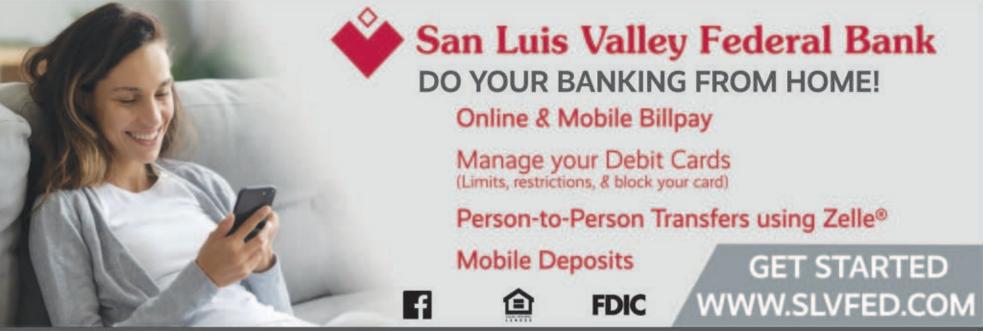
SOUTH FORK -Kiwanis meets every Thursday at 8 a.m. at the Feelin' Good Coffeehouse in South Fork. Contact: Karen Miller,

ALAMOSA — The Alzheimer's Caregiver's Support Group meets on the second Thursday from 11 a.m. to noon. at the Alamosa Public Library, 300 Hunt Ave. Call the Southern Colo-





To sponsor the School Menu call 589-2553





Costilla County conservancy district receives grant

DENVER - Colorado Watershed Assembly (CWA) announces the Costilla County Conservancy District as one of eight Colorado organizations to receive a Colorado Healthy Rivers Fund (CHRF) grant for the 2019 grant cycle. Colorado Watershed Assembly Executive Director Casey Davenhill expressed, "Congratulations to the Costilla County Conservancy District for bringing together many diverse interests to begin a communitybased Watershed Assessment. This project demonstrates the values promoted by the Healthy Rivers Fund: to work collaboratively with diverse interests in communities throughout Colorado, so we can all share the benefits of healthy streams, landscapes and people. This project leverages over \$100,000 for the benefit of watershed health in the Rio Culebra basin. It is the beginning of a larger community effort to protect families, forests, irrigation structures, and livestock. Way to go, CCCD!"

Costilla County Conservancy District will receive \$20,000 from the Colorado Healthy Rivers Fund for their Up-



per Culebra Watershed Assessment (UCWA). The Rio Culebra Watershed is made up of stream systems and their connected riparian areas that crisscross the western side of the Sangre de Cristo Mountains. Culebra Peak, by its very existence, creates a microclimate that supports diverse plant communities and wooded areas, perfect for settlement of the area's farms and ranches. There are many environmental challenges facing the Upper Culebra watershed, including: extended drought, forest fire potential, extensive beetle kill, water quality impairments, endangered species, and degraded habitat. While stakeholders recognize the vital need to implement projects to address these concerns, the current condition of the Upper Culebra watershed is largely undocumented. This assessment will characterize riparian habitat, geomorphology, geology, adjacent uplands, water infrastructure, aquatic habitat, flow regimes, grazing, forest health, and water quality. Stakeholders can use the resulting characterization to prioritize, secure funding for, and implement collaborative projects that improve the health of the Upper Culebra watershed.

The Colorado Healthy Rivers Fund grant program awards annual grants through a competitive application and review process. These funds support on-the-ground projects that contribute to cleaner water, healthier wildlife habitat, improved recreation and vibrant local economies throughout the State of Colorado.

The program was established jointly by the Colorado Water Conservation Board and the Colorado Water Quality Control Commission, in cooperation with the Colorado Watershed Assembly. The Colorado Water Conservation Board is the state executive branch agency responsible for state water policy and planning. The Colorado Water Quality Control Commission is the administrative agency responsible for developing specific state water quality policies in a manner that implements the broader policies set forth by the General Assembly in the Colorado Water Quality Control Act. The Colorado Watershed Assembly is a 501(c)(3)Colorado organization that supports collaborative efforts to protect and improve land, water, and other natural resources by providing the network to connect a diversity of interests with Colorado's watershed groups and other decision-makers. To learn more about the Colorado Watershed Assembly, visit coloradowater.org.

Airport board to hear EAS proposals on Wednesday

ALAMOSA-Three airlines will make presentations to the Alamosa County Airport Advisory Board on Wednesday to express their desire to be the essential air service (EAS) provider for the San Luis Valley Regional Airport.

Due to the Covid-19 outbreak, in person attendance will not be allowed in order to protect the public. Each airline presenter has established a virtual conference room for anyone who would like to listen in to comply with the Colorado Open Meetings Law. Accessibility may be limited due to network capacity.

Current EAS provider Boutique Air will make the first presentation and be interviewed by the board and airport manager Will Hickman at 9 a.m. Key Lime/ Denver Air Connection is scheduled to present at 10 a.m. followed by Sky West Airlines at 11.

Following lunch, the airport board will conduct its regular meeting at 1 p.m. via virtual conference room. Anyone wishing to listen in may call 605-313-6288 and use access code 433756#. Persons who wish to make a public comment must email the comments prior to the meeting by 8 a.m. Wednesday to: bramirez@ alamosacounty.org.

The airport board is scheduled to discuss the EAS applicants and make a recommendation to the county board of commissioners.

Also on the agenda are updates from Hickman, Boutique Air and Centric Aviation.



U.S. Attorney Dunn Announces \$9 Million Grant to Help State of Colorado Fight COVID-19

Level 2: Safer at Home

Small Grants to Local Communities Also Disbursed

DENVER-~U.S.~Attorney~Jason~Dunnannounced the state of Colorado will receive \$9 million to support its response to the public safety challenges posed by the outbreak of COVID-19.

"This grant will help ensure the safety of our law enforcement community as

they continue to protect us during this unprecedented time," Dunn said. "It is part of the \$14 million the Department of Justice allocated for public safety agencies in the state of Colorado that we announced a few short weeks ago, and we are seeing the quick distribution of those funds. In addition to the \$9 million given to the state, local jurisdictions are being awarded grants as well - with Larimer County and the cities of Fountain and Grand Junction also receiving grants in the last week.'

The grants to local jurisdictions were for the following amounts:

Larimer County - \$51,342 City of Fountain - \$34,327 City of Grand Junction – \$91,671

There is a wide range of application for the funds including overtime, hiring, and supplies – such as personal protective equipment and sanitizer. Grand Junction, for example, is using its funds to bring in a hazard mitigation team to sanitize police equipment, such as vehicles, on a weekly basis. The City is also purchasing PPE, masks, wipes and hand sanitizer.

Dunn is encouraging other communities in Colorado find out if they are

eligible and apply for the remaining grant money. Other jurisdictions can find out if they are eligible and apply immediately by visiting this website. The Justice Department is moving quickly, awarding grants on a rolling basis and aiming to have funds available for drawdown as soon as possible after receiving applications. These grants are available under the Coronavirus Emergency Supplemental Funding program, authorized by the recent stimulus legislation signed by President Trump, of which \$14 million was allocated for local jurisdictions in Color

Colorado has been doing a great job following the Stay-at-Home order, and we must keep it up. The virus is still present in Colorado and can re-surge at any time. Everyone needs to do their part for themselves, their loved ones, and our community. We have a responsibility to ourselves and to each other to protect our state and our community. Right now, we are in Level 2: Safer at Home. Coloradans are no longer ordered to stay home, but are strongly advised to stay at home. Critical businesses are open and non-critical businesses are operating with restrictions.

People should be prepared for state and local public health orders to be extended, amended, or changed as needed to protect public health. This means we may move between the different levels during this pandemic:

Level 1: Stay at home Everyone is required to stay at home except

for grocery shopping, exercise and necessary activities. Only critical businesses are open.

Level 2: Safer at home Everyone is still encouraged to stay at home. Critical businesses are open and non-critical business are operating with restrictions.

April 26

Last day of Colorado's Stay-at-Home Order.

April 27

Safer-at-Home begins, including curbside retail and real estate showings.

May 1

Retail and personal services can open (if implementing best practices).

May 4

Non-critical offices can reopen (if implementing best practices and lower density).

Safer at Home fast facts

Critical businesses are still open.

Non-critical businesses are open with restrictions.

Stay at home as much

as possible.

Practice good hygiene. Wash your hands frequently and don't touch your face.

Wear a face covering or mask when you leave your home.

Connect with neighbors and loved ones virtually.

Golden businesses are saving lives

Many Golden businesses are stepping up to help save lives during the COVID-19 crisis. In some cases, the help goes well beyond our city's borders to the rest of the state and even the world. We realize there are likely many companies doing great things that we don't know about yet. So, consider this a highlight of a few that can serve as inspiration!

Best practices for all businesses Worksites

Deputize workplace coordinator(s) charged with addressing CO-VID-19 issues.

Maintain 6-foot distancing when possible, and discourage shared spaces.

Frequently sanitize all high-touch areas. (Additional Guidance)

Post signage for employees and customers on good hygiene.

Ensure proper ventilation. (OSHA guidance)

Avoidgatherings(meetings, waiting rooms, etc) of more than 10 people.

Implement symptom monitoring protocols (including workplace temperature monitoring and symptom screening questions) where possible. (Additional Guidance)

Eliminate or regularly sanitize any items in common spaces (i.e., break rooms) that are shared between individuals (i.e., condiments, coffee makers, vending machines). (Additional Guidance)

Provide appropriate protective gear like gloves, masks, and face coverings and encourage appropriate use. (Additional Guidance)

Employees

Require employees showing any symptoms or signs of sickness, or who has been in contact with known positive cases to stay home.

Connect employees to company or state benefits providers.

Provide flexible or remote scheduling for employees who need to continue to observe Stay-at-Home, who may have child or elder care obligations, or who live with a person who still needs to observe Stay-at-Home due to underlying condition, age, or other factors.

Encourage and enable remote work whenever possible.

Minimize all in-person meetings.

Provide hand washing facilities/stations and hand sanitizer.

Encourage breaks to

wash hands or use hand sanitizer.

Phase shifts and breaks to reduce employee density.

Wear appropriate protective gear like gloves, masks, and face coverings and encourage appropriate use. (Additional Guidance)

(Guidance to keep employees & customers safe)

To protect customers

Create special hours for people at higher risk of severe illness from COVID-19.

Encourage and facilitate 6-foot distancing inside of the business for all patrons.

Encourage use of protection like gloves, masks, and face coverings.

Provide hand sanitizer at entrance.

Install shields or barriers where possible between customers and employees.

Expressing our gratitude ...

COVID

Continued from Page 1

Be prepared for State and Local Public Health orders to be extended, amended or changed as needed to protect public health. This means we may move between different levels during the pandemic. Our ability to continue moving forward will depend in large part on the public's commitment to social distancing.

The number of COVID-19 positive cases in the San Luis Valley has increased by one for Alamosa County. Updates will be posted on our website at www.slvemergency.org/slv-covid-19. Public Health Agencies continue to do contact tracing and follow up with confirmed cases to identify others who may have been exposed to the virus.

Criteria for COVID-19 testing were expanded in the San Luis Valley last week. Those with symptoms (fever cough shortness of breath)

should call a nurse triage line for screening. If they are eligible to be tested, they will be given further instructions. Test samples are taken locally and are sent to outside labs for processing. Processing time varies.

Nurse Triage Lines:

- Rio Grande Hospital 719-657-4990
- SLV Health Nurse Line 719-589-2511 ext. 9

 Valley-Wide Health Systems 719-589-3658 ext. 9

Additional information, about the new Stay at Home order, including updated business guidance, can be found at https://covid19.colorado.gov/safer-at-home?fbclid=IwAR0a40IbP9M3Ak_ rK1o3G5Ek2sYTfCmLXUuvC9tB81LieaGL-06yyX01EEw.

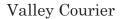


to Valley Humane League for their ongoing support in the San Luis Valley.

The new San Luis Valley Animal Center would not be possible without their partnership and donation.

From everyone at the Dumb Friends League, THANK YOU!







Annual CROP Walk goes virtual

By MEGAN COLWELL Courier Reporter

ALAMOSA — This week kicks off La Puente's Hunger Education Week with the very first Virtual CROP Walk! For decades, La Puente has partnered with Church World Services, a faithbased organization transforming communities around the globe through just and sustainable responses to hunger, poverty, displacement, and disaster, by sponsoring a local Hunger CROP

Walk. CROP Walk is typically a wonderful community event that brings together hunger fighters from across the San Luis Valley to learn about the realities of hunger in the world and to raise funds to support local and global hunger relief efforts.

During COVID, La Puente believes in community and support; so, rather than cancel the CROP Walk, they are going virtual! Join on Facebook Live for the very first Virtual CROP Walk Challenge. La Puente encourages participants to get out of the house and explore local hunger relief efforts.

To participate, follow

these instructions: 1. Go to lapuentehome.org/cropwalk to access the CROP Walk video filter and the virtual route.

2. Pick a nice area in your community to walk in.

3. Gather a group of 5 or less "hungerwarriors"

4. As you progress along your 5K route, access the Hunger Education Station to achieve "mile-markers" on your walk. www.lapuentehome.org/route

5. Share your experience on social media and challenge others, in your network, to participate and/ or donate; using this link: www.lapuentehome. org/CROPDonation

The Virtual CROP Walk is a great opportunity to get outside, learn about the realities of hunger, and how you can fight it! The virtual Hunger Education Stations will illuminate local hunger relief efforts like La Puente's Sack Meals, Street Outreach efforts, Food Bank Network, and Valley Education Gardens Initiative.

The event will also highlight how each of us can contribute to ending hunger.

You can volunteer in several capacities to help ensure no one in our community has to go to bed hungry. You can also donate highneeds items or food. You can also participate in the virtual CROP Walk and challenge those in your social to learn how they can become a "hunger warrior"

La Puente thanks all in the community who have contributed to making hunger relief efforts possible! Even in "normal" times, our programs could not operate without your support. This continues to be true during this pandemic.

By taking part in CROP Walk you will walk in solidarity with those experiencing hunger around the world.

Join this worldwide effort to support global and local hunger relief efforts. Learn more at www.lapuentehome. org/CROPWalk

"The best part of my job is helping community members make home ownership a reality."

Call Joel Polkowske today at 719-852-7049 for help with your home purchase or refinance.







Adams State Student Scholar Day will post videos of presentations

ALAMOSA — The 13th annual Adams State University Student Scholar Day will feature student presentations on the Adams State Youtube channel. Student Scholar Days, an annual multidisciplinary conference, highlights the academic achievements of undergraduate students at Adams State.

Beginning April 27, the student able for viewing on the Adams State Youtube channel. The videos will include "Use of Abandoned Mines by Wildlife," Brett Fuller and Mathew Burcin; "Toxicity Effects on Bees," Jade Stemmler; "Killing Language Kills Democracy: The Political Benefits of Empowering Spanish Speaking Individuals in the U.S. Educational Systems," Maddie Stouder and Mariah McDermott; "Rio Grande Blankets: Exhibit and Traditions," Patricia Rodriguez; "Portraiture: Depiction of a Narrative," Susan Andrews; "The Chicano Identity," Juana Maria Rodriguez Tarango and Diana Gonzalez-Gonzalez;

"Art of Collaboration: Adams State, Hollywood, and The Twilight Zone," Brandon Billings; "Factors that Influence Students' Perspectives On Immigration," Jasmine Lopez-Lopez and Alejandro Tovar.

Days, an annual multidisciplinary conference, highlights the academic achievements of undergraduate students at Adams State. Beginning April 27, the student scholar presentations will be available for viewing on the Adams State Youtube channel. The videos will include "Use of Abandoned Mines by Wildlife," Brett Fuller and

The live zoom https://zoom. us/j/94160962612, at noon Thursday, April 30, will announce the winners.

Visit adams.edu and click on the Youtube icon at the bottom of the page after April 27 to view the 2020 Adams State Student Scholar Day presentations. Once on the Adams State Youtube channel, click playlist to access presentations and Foliofest.



Mariah McDermott with Student Scholar Day mentor Mari Centeno, Ph.D., at the 2019 Adams State Student Scholar Days. This year the event will be featured on the Adams State Youtube channel.

An approach to advertising...

If each line in the bar code represents a radio station, that's how many stations you'd have to buy to equal the reach of your local newspaper. How often & for how long do you listen to <u>ONE</u> radio station?

30082

You GOTTA BE IN THE PAPER



719-589-2553 www.alamosanews.com email: ads@alamosanews.com Lifestyle

How the foods you eat might help you fight cancer

Many people are familiar with certain ways to reduce their risk for cancer. Avoiding tobacco, which the National Cancer Institute notes is a leading cause of cancer and death from cancer, and protecting oneself from the sun's harmful ultraviolet rays by applying sunscreen are two of the most widely known ways to reduce cancer risk. But fewer people may recognize the important role diet can play in fighting cancer.

According to the Academy of Nutrition and Dietetics, a nutritious diet can reduce your cancer risk. That makes eating right one of the easiest, not to mention the most delicious, ways to reduce your risk for a disease that is often preventable. But how exactly does diet lower cancer risk?

Healthy diets and healthy weights

The American Cancer Society estimates that excess body weight is responsible for about 8 percent of all cancers and roughly 7 percent of all cancer deaths in the United States. A healthy diet full of fruits, vegetables and lean protein can help people lose weight and keep the weight off once it's gone, thereby reducing cancer risk. foods can help you fight cancer is by bolstering your immune system,

Healthy diets and exercise

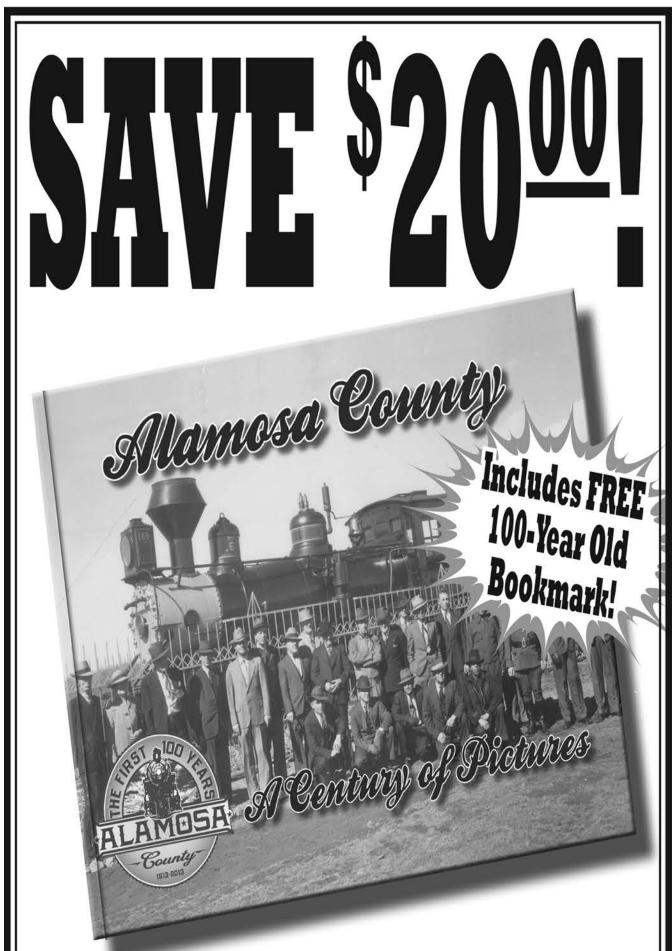
Unhealthy foods and oversized portions can contribute to feelings of fatigue. Such feelings can make it hard to get off the couch and exercise. While the ACS acknowledges that more studies are necessary to determine the link between sedentary behavior and cancer risk, various studies have shown links between physical activity and reduced cancer risk. For example, a 2016 meta-analysis of 10 cohort studies published in the Clinical Journal of Sports Medicine found that individuals who were the most physically active had a 19 percent lower risk of stomach cancer than those who were least active. By eating healthier foods and controlling their portions, people may discover they have more energy to get up and exercise, reaping all the rewards that such activity has to offer, including a lower risk for cancer.

Healthy diets and strong immune systems Another way certain cancer is by bolstering your immune system, making it more capable of fighting disease. The University of Texas MD Anderson Cancer Center, a world renowned medical center devoted exclusively to cancer patient care, notes that the fiber, phytochemicals and antioxidants humans get from consuming plants bolster their immune systems. A strong immune system is a vital ally in the fight against cancer.

The old adage "You are what you eat" is rooted in truth. And people who eat healthy foods are more likely to be healthy as a result. AC206980



Courtesy Photo Eating right can be one of the easiest, not to mention the most delicious, ways to reduce your risk for a disease that is often preventable. But how exactly does diet lower cancer risk?



Real property taxpayer remedies

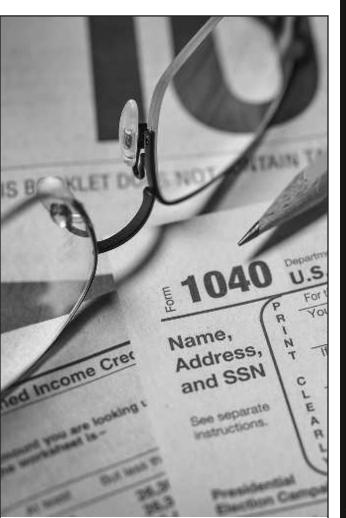
ALAMOSA — For tax years 2019 and 2020, the county assessor is required by law to appraise all real property at a June 30, 2018 level of value. Notices of Valuation reflecting the 2020 values will be sent to owners of real property by May 1. The information used by the assessor to value your property is available for your review.

From May 1 through June 1, owners of real property may protest the value or the classification established by the assessor. This protest period provides an opportunity for the taxpayers to inform the assessor of errors in classification, property description, or other discrepancies that may result in a reduction in value or a change in classification. Protests to the assessor must be postmarked or presented in person on or before June 1. The assessor must make a decision concerning your protest and mail you a written Notice of Determination on or before the last working day in June. If you are satisfied with the assessor's determination, the tax bill you receive next January will be based on the value and classification reflected on the Notice of Determination. If you disagree with the assessor's decision, you may file an appeal with

the county board of equalization. An appeal to the county board of equalization must be postmarked or hand-delivered no later than July 15. The county board will notify you by mail of the hearing date, time, and place where you may present evidence to substantiate your case.

Evidence includes documentation such as the sales price of property similar to yours that sold between January 1, 2017, and June 30, 2018. The county board will conclude hearings and render decisions by the close of business on August 5. The county board must mail you a decision within five business days of the date of its decision. If you are satisfied with the county board's decision, the tax bill you receive next January will be based on the valuation and classification reflected in the county board's decision. If you disagree with the action of the county board, you may file an appeal with the State Board of Assessment Appeals or the district court, or you may request a binding arbitration hearing. Your appeal must be made within 30 days of the county board's decision. For additional information regarding the protest and appeal process, contact your county assessor at 719-589-6365.

"Alamosa County: A Century of Pictures" **NOW** ^{\$}29⁹⁵ **reg.** ^{\$}49⁹⁵ **Limited Time Only Valley Courier** 2205 State



Valley Courier

Tuesday, April 28, 2020



Public Notices

Costilla County, Colorado

Court Address: 304 Main St. P.O. Box 301 San Luis, CO 81152 PHONE: 719-672-3681

In the Matter of the Estate of: STEVEN RICHARD BURNS aka STEVEN BURNS aka STEVE BURNS

COURT USE ONLY

Attorney for Court-Appointed Personal Representative, Randi Burns-Heald

Kevin S. Lazar, Esq.: #37871 Lazar Law, LLC

3900 East Mexico Ave., Suite 300 Denver, CO 80210 Phone Number: 720-907-7662

FAX Number: 303-927-0809 E-mail: Kevin@lazar-law.cor

Case Number: 2020PR30013

Division Courtroo

NOTICE TO CREDITORS BY PUBLICATION PURSUANT TO § 15-12-801, C.R.S.

NOTICE TO CREDITORS Estate of Steven Richard Burns aka Steve Burns, Deceased Case Number 2020PR30013

All persons having claims against the above named estate are re-quired to present them to the personal representative or to

District Court of Costilla, County, Colorado or on or before August 14, 2020 (date)*, or the claims may be forever barred.

Randi Burns-Heald

Type or Print name of Person Giving Notice 16 Galeana

Address

Foothill Ranch, CA, 92610 City, State, Zip Code

No. 1401 Published in the Valley Courier on April 14, 21, and 28, 2020.



LOST A PAIR of men's black work boots on W. Hwy 160 on way to a fire call. 4/2 approx. 4:30pm west of Budweiser before Del Viento Road. If found please call 719-580-0398.(TFN)



MEDICAL DIREC-TOR POSITION AVAILABLE- A Rural Health Clinic in Lake City, CO seeks a medical director to oversee clinical operations in a beautiful, remote mountain town! The Responsibilities Include: Overseeing two seasoned advanced practice providers, providing primary & urgent care to residents & tourists, & overseeing operations of the laboratory & dispensary. This position offers a flexible schedule and negotiable pay. Malpractice costs would be covered by the clinic. Interested appli-

221 **HELP WANTED**

MONTE VISTA SCHOOL District is acinformation.(5/2) cepting applications for a Third Grade Teacher. A complete list of desired AND grain farm hand qualifications and experience is posted on the district website. Monte Vista School District of-

needed. signing bonus plus wages. Call for more info. 719-588-0207(5/8) fers a competitive salary and an excellent benefit package including employee health, dental, vision, and life coverage. Applications may be submitted by May 5, 2020, or until the position is filled. The application may be accessed

on the district website http://ww2.monte.k12. co.us/employment-opportunities.html. For questions contact the District Administration Office at 719-852-5996. (5/12)

MONTE VISTA SCHOOL District is accepting applications for an Alternative Education Campus & Online Secondary Science Teacher. The Byron Syring DELTA Center

221 HELP WANTED

221

HELP WANTED

(5/8)

THE NORTH CONE-ALAMOSA MOS-OUITO CONTROL **JOS** School District is District is now hiraccepting applications for (1) Construction ing for seasonal staff. Technology teacher at Centauri High School. Please visit their website www.mosquitobytes. org. Click on EMPLOY-Applicants applying for MENT for job descripthe position need to hold, tions and applications. or be able to obtain, a valid CDE teaching li-Alamosa Mosquito Control District is an Equal cense, have construc-Opportunity Employer. Must be 18+ to apply. tion experience (At least 10.000 hours of verifiable work experience), or have the education to obtain a SOUTH-CENTRAL valid CTE Construction COLORADO SEendorsement. Applica-NIORS, Inc., the Area tions are available at the Agency on Aging is District Office, 17890 US looking for a Home De-Hwy 285, La Jara, CO, livered Meals Driver. or can be downloaded at The job is perfect for www.northconejos.com. someone retired or just For more information on wanting to volunteer! educational requirements 1.5 - 2 hours per day, to obtain certification Monday through Frior to submit application day. Requirements: Curcontact Mr. Curt Wilson. rent Driver's License, Superintendent. Applicaclean driving record, tion deadline is until pocompassionate and efsition is filled. EOE.(5/2)fective communication THE TOWN OF Romeo skills with older adults. South-Central Colorado is hiring for a Town Clerk Seniors' Nutrition Proand A Town Maintanance. Both Positions are gram is an EOE and an application must be part-time. For details and completed. Applications applications contact the are available at 1116 3rd Romeo Town Hall @719-St. in Alamosa. Call 843-5785 on Tuesday 719-589-4511 for more thru Thursday from 9am to 4pm. The closing date is May 15th.(5/1) **EXPERIENCED HAY**

ELDERLY MAN NEEDS help with home repair, painting, and other odd jobs. Call 719-580-9717.(5/5)

221 **HELP WANTED** NEED A SECOND IN-

COME? child support? Car Repairs? Taxes Due? Earn up to \$800/month delivering the Valley Courier. Contact Keith at 589-2553. (2/26-TFN) SANFORD SCHOOL DISTRICT is accepting applications for a Secondary Spanish/PE Teacher. Applicants must have a current Colorado teaching license. Applications can be downloaded at www.sanfordschools. org. Sanford School is

an EOE & E.(5/5) TORRES BUILDERS, LLC is now hiring skilled carpenters and laborers. Please email resumes to torresbuildersllc@outlook.com, Call Joe 719-580-5860 with TORRES BUILD-ERS LLC.(5/1)

SOUTH CONEJOS SCHOOL District is now accepting applica-tions for a .5 graphic design & photography teacher. Qualifications: Must hold a Colorado Teacher's License, or such alternative to the above qualifications as the Board of Education may find appropriate and acceptable. Please submit a District application, resume, cover letter, transcripts and credentials to apply@ southconejos.com. Dead-line 4/16/2020.(4/16)



THE SAN LUIS Care Center in Alamosa are currently taking applications for the following positions: Full Time night shift RN, PRN Nurses/all shifts, Full Time Nurse Staff Development Coordinator , PRN Cook, PRN Diet Aide, and PRN Hostess. Please apply in person at the San Luis Care Center, 240 Craft Drive in Alamosa or call 719-589-9081.(4/29)

MONTE VISTA ES-TATES Nursing Home is seeking a full time day shift RN to add to our amazing team! Shift is 6am-6:30 PM-Wednesday, Thursday, Friday (one week) Thursday, Friday Saturday (second week) rotating schedule. The open positions are essential roles in the overall care offered to our residents. Seeking a full time day shift CNA Seeking a full time evening shift (2-10) shift CNA. If you love working with the elderly and enjoy making a difference in the lives of our residents, please contact us. We look forward to having you join our team.(5/8)FULL AND PART time positions available. Call between 8am-5pm 719-587-2222.(5/5)

221 **HELP WANTED**

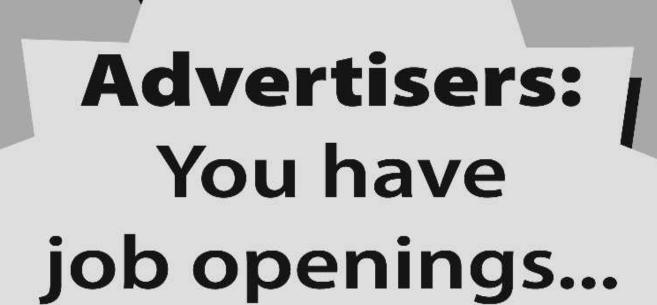
SIERRA GRANDE SCHOOL district is accepting applications for middle school girls volleyball coach. Applicants must be willing to meet all CHSAA guidelines. For more information, contact Mr. Lucero at mlucero@sierragrandeschool.net. Äpplica-tions are available at Sierra Grande School district at 17523 Hwy 160, Blanca, Co 81123 or www.sierragrandeschool.net. Application deadline is open until filled. Sierra Grande is an equal opportunity employer.(5/8)

SIERRA GRANDE SCHOOL district is accepting applications for Girls high school head basketball coach; applicants must be willing to meet all CHSAA guidelines. For more information, please see the school website for detailed information or contact Mr. Lucero at mlucero@sierragrandeschool.net. Applications available on website or at Sierra Grande School District at 17523 Hwy 160, Blanca, Co 81123 or www.sierragrandeschool. net. Application deadline is open until filled. Sierra Grande is an equal opportunity employer.(5/8)

221

HELP WANTED





cants can send their CV to: lakecitymc@gmail. com OR call (970) 944-2331 with any questions. CV due date is June 15, 2020.(5/12)

TOWN OF DEL Norte is hiring part-time- Code Enforcement Officer. Must be at least 21 years of age, have a valid Colorado driver license and be a credible witness in court and have no felony convictions. High school diploma or the equivalent. Position is on year to year basis depending on Town budget. Approx. 20 hours a work week. Patrols limits of the Town to detect and identify violators of municipal ordinances including vehicle owners, property owners and residents. Inform citizens of ordinance violations, issue written notices of violations, and issue written summon complaints to offenders. Knowledge of Town Codes and experience dealing with citizens under stressful situations are preferred. Works closely with Del Norte Police department. Send resume to Del Norte Police Department or job application available online at delnortecolorado.com and submitted to email address delnorte1860@ outlook.com or mailed to Del Norte Police Department 525 Grand Avenue, Del Norte, Co 81132 or call 719-657-2600 EOE. (5/8)

SOUTH CONEJOS SCHOOL District is currently seeking a preschool teacher for the 2020-2021 school year. Applicants must possess an associate's degree in early childhood education and must be director qualified and must have or be able to obtain a Colorado Teaching License. Please submit a district application, resume, cover letter, transcripts and credentials to apply@southconejos. com. Applications will be accepted until May 8th, 2020.(5/8)

& the Monte Vista On-Line Academy seek an enthusiastic, interactive, relationship-based science teacher to join a dy-

namic team serving nontraditional students. A complete list of desired qualifications and experience is posted on the district website. Monte Vista School District offers a competitive salary and an excellent benefit package including employee health, dental, vision, and life coverage. Applications may be submitted by May 5, 2020, or until the position is filled. The application may be accessed on the district website http://ww2.monte.k12. co.us/employment-opportunities.html. For questions contact the District Administration Office at 719-852-5996.

LOOKING FOR A career opportunity and being a part of your local community? 1st Southwest Bank is growing and hiring a Loan Processor, offering a strong benefit package & career growth opportunities. EOE. Go to https:// www.fswb.bank/whowe-are/careers/ for more details & to apply.(5/15) ELEMENTARY

(5/12)

e 16, 2013

TEACHER NEEDED at Del Norte Elementary School for the 2020/2021 school year. We are seeking a hardworking and enthusiastic teaching professional to join our dynamic, vibrant and fun-loving team. Please submit your application, resume and cover letter to: Amy Duda, Principal, at aduda@urtigers. co or contact Amy at 719-657-4030. Applications can be retrieved online at: dncsd.org.(5/8)

JONES OIL COM-PANY seeking route drivers. Need to have CDL Class A or B with hazmat and tanker endorsement. Clean MVR. Must be 21 or older. Call 719-754-2221 for application.(5/27)



Walley Courier 13,000 Readers

Call 719-589-2553 to place your help wanted ad today! Hurry, the deadline is noon.





221 **HELP WANTED**

MONTE VISTA SCHOOL District is accepting applications for a Middle School Math Teacher. A complete list of desired qualifications and experience is posted on the district website. Monte Vista School District offers a competitive salary and an excellent benefit package including employee health, dental, vision, and life coverage. Applications may be submitted to the District Office, 345 E. Prospect Ave., Monte Vista, CO 81144, until the position is filled. Applications may be downloaded from the district website http:// ww2.monte.k12.co.us/ employment-opportunities.html or call 719-852-5996.(4/28)

MONTE VISTA SCHOOL District is accepting applications for a Second Grade Teacher. A complete list of desired qualifications and experience is posted on the district website. Monte Vista School District offers a competitive salary and an excellent benefit package including employee health, dental. vision, and life coverage. Applications may be submitted to the District Office, 345 E. Prospect Ave., Monte Vista, CO 81144, by April 23, 2020, or until position is filled. Applications may be downloaded from the district website http:// ww2.monte.k12.co.us/ employment-opportunities.html or call 719-852-5996.(4/28)

THE UPPER RIO Grande (previously Del Norte) School District is seeking applications for a Jr/Sr High School Principal for the 2020/2021 school year. Applicants must hold a current Colorado Principal license. Previous experience as a Principal or Asst. Principal is preferred. Applications may be obtained online at www.dncsd. org. Please submit your application, resume, and cover letter to: Chris Burr, Superintendent, cburr@urtigers.co, 719-657-4040.(5/9)

221 **HELP WANTED**

COUNTY ADMIN-

ISTRATOR-- HINS-DALE County is seeking to hire a County Administrator. This position directs the day-to-day operations of Hinsdale County in accordance with policies and other direction provided by the Hinsdale Board of County Commissioners. Hinsdale County is located in southwestern Colorado and has 843 residents plus seasonal and second home owners. The annual budget expenditures (all funds) for 2020 is \$5,745,653. Hinsdale County employs 34 full time and 8 part time

employees. County services include: Road and Bridge, Coroner, Building, Code Enforcement, Transfer Station, Sheriff, Health & Human Services, General Administration and other. For a full job description, please contact accounting@ hinsdalecountycolorado. us or 970-944-2225 ext. 103 or check the County website at: https://www. colorado.gov/pacific/ hinsdalecounty/human-

resources-7. Applications are due May 1st at 4:00 p.m. MST.(5/9) SANFORD SCHOOL IS seeking a self-motivated special education paraprofessional willing to assist with multiple grade levels K-12 for the 20-21 school year. Duties include small group, one-on-one instruction, assist with lesson planning, and curriculum. Applications can be downloaded

at www.sanfordschools org Position opened until filled. Sanford Schools is an EOE.(5/9)



PREMIUM ALFALFA AND grass/alfalfa, small bales \$7.00 in hay shed (719) 580-2509.(5/14) HORSE AND COW

hay: grass, grass/alfalfa, alfalfa. 3x3 and 4x4 bales, various quality and pricing. 719-850-8917 (7-13-TFN)

LIVESTOCK PIGS FOR SALE \$1.00

lb. live weight. 570-395-0184 (TFN) 360 - MISCELLANEOUS

351

FOR SALE **RAMSEY 12 VOLT** Pro 8000R Series

#817508 wench 93 ft. 5/16 cable. Remote switch, roller fairlead. 719-852-2285 (10/22-TFN)

ZACH'S EUROPEAN MOUNTS. Professional work, low prices. 719-580-0398. (TFN)



ALL DOGS AD-OPTED FROM THE VALLEY HUMANE LEAGUE HAVE TO BE SPAYED OR NEU-TERED BEFORE GO-ING TO THEIR NEW HOME. (TFN)

OOPS! GOT PUP-PIES who need a home? San Luis Valley Animal Welfare Society is a nonprofit animal rescue dedicated to stopping the euthanasia of healthy adoptable pets. Having pets altered is the number one way to stop pet overpopulation. If your pet has had puppies contact us. We will take the puppies into our rescue and spay the mama dog for free after the puppies are weaned. If needed we will also provide dog food & gas money to get the dogs to us to help in this situation. Spay/neuter is one of the greatest gifts you can provide your pet, your family and your community. We have found good responsible homes for over 8,000 animals.

(WOOF); email: woof@ slvaws.org. (TFN) NEED CATS FOR mousers? Want to adopt kittens? Help trap/neuter/release efforts? Donate food/litter/supplies? Low cost spay/neuter clinic for cats. http:// www.catsaliveslv.com 719-298-7028. (TFN)

Contact 719-587-9663



LOOKING FOR A 2 or 3 bedroom Mobile Home 1981 or higher for \$15,000 or under. Call or text 719-580-9525(TFN-E)

TO BUY



low prices. 719-580-0398. (TFN) **601 APARTMENTS**



needs please call 719-589-5744 or stop by 823 Main St. Alamosa, CO 81101 www. alamosarentals .com

STUDIO APART-MENT, VERY clean. All utilities included. \$450 month. Call 719-480-9893.(5/13)



601 APARTMENTS FOR RENT

2 BEDROOM APART-MENT and nice 2 bedroom house for rent in La Jara. No Pets. Call 719-274-5981.(5/6)



GORGEOUS, FULLY RENOVATED home converted into two, two bedroom apartments. No smoking, great credit only. Pets negotiable. Call 719-588-7819.(4/28)



2011 FORD SHEL-**BY** Cobra, glass roof. 15,000 miles. \$48,500/ obo, Call 719-588-5198. (6/17)



2019 GMC AT4, loaded. 2,700 miles. \$53,000/obo. Call 719-588-5198.(6/17)

717 WATER SHARES

6000 GALLONS MID-**DLEMIST** Water for sale. Dividend goes with sale. 719-580-2915.(5/9)





bedroom (plus office), 2 bath home boasts granite countertops, stainless steel appliances, huge master suite with 5-piece master bath and walk-in closet. Hardwood floors, attached 2-car garage, large corner lot, sprinkler system, and so much more. Check out the 3D virtual tour online or schedule your in-person showing today! 1303 Lakewood Drive, Alamosa MLS # 768624

NEW

\$283,500 - Country home just south of Alamosa on 2 parcels totaling 29.3 acres. Home has had several updates including the painting, windows, kitchen, bathrooms, flooring, stairway, and more. Modern kitchen with center island for seating, storage & plenty of cooking prep area, stainless appliances. farm style sink, and saltillo tile floor. Multiple living areas, walk-in pantry, laundry room, two pellet stoves used for main heating, 2 car attached garage, and more. Call today for more details. 7715 County Road 10S, Alamosa MLS # 768580



\$215,000 - Brand new stick built 3 bedroom, 2 bath home Features include an open floor plan, nice master suite with 3/4 bath and walk-in closet, custom Amish cabinets, stainless steel kitchen appliances, well-insulated, augmented well with outside watering, vertical steel siding, 2 car attached garage and more. Call today for more details. 5790 County Road 9 S, Alamosa MLS # 765125

\$175,000 - Well Maintained home close to Adams State, downtown and shopping. Fresh paint, newer flooring, updated stainless steel kitchen appliances, vinyl windows, remodeled full bath, formal dining with hard wood floors, large bedrooms, 1 car attached garage, updated furnace and hot water heater. Nice outdoor spaces that include the covered front porch, back yard with grass, patio and dog

run. Call today for more details. 304

Alamosa Ave, Alamosa MLS # 768579



You'll find it all in the ... **Business & Service Directory** Affordable • Seen 5 Days a Week Easy to Read Format To Place Your Ad Call (719) 589-2553



Valley Courier



CROSSWORD PUZZLE

LKUSSWUH	KU PUZZL
ACROSS	39"— never
1 Intimidate	fly"
4 Not hard	40 Bad day
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38 Field	8 Matched

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31 Ocean dwellers 37 Puerto — 39 Seine moorage 41 Dental photos (hyph.) 43 Greek epic 44 Hot spring 45 Undressed 46 Sharif or Bradley 48 Trawler's haul 49 Overhang 50 Tractortrailers 52 Pack tightly 53 Vanity 54 Laurel and Hardy

ALLEY OOP



ARLO & JANIS

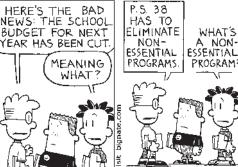


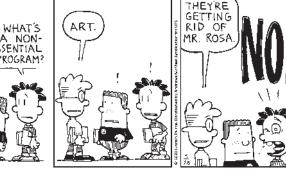




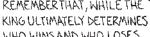


BIG NATE











MOST POWERFUL PIECE ON THE BOARD! <u>Titra</u>



FOR BETTER OR FOR WORSE

ş



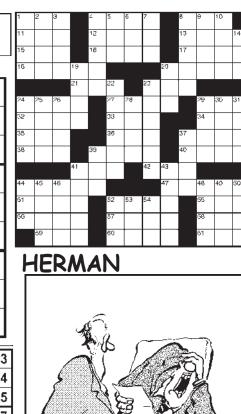


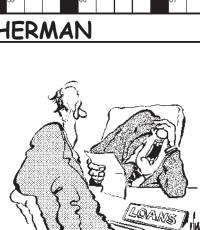




HOW TO PLAY: Each row, column and set of 3-by-3 boxes must con-ain the numbers f through 9 without :hrough repetition.

	-								
:									
	8	7	1	5	6	4	2	9	3
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n 3	2	4	6	3	1	9	8	7	5
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Jt .	7	3	8	1	5	6	9	4	2
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	6	9	2	4	3	8	7	5	1
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'I'm sorry. I haven't laughed like this for months.³

Ingel

WHO WINSAND WHO LOSES



3 1 7 2 9 5 4 8 6

Wife laughs off man's pleas to end their long marriage

been married for 54 years. For the last 20 we have slept in different bedrooms. I get no affection from my wife, and everything has to be her way. We no longer have anything in common except our children and grandchildren who, for the most part, come to me only when they need something.

Over the years, we have drifted apart, and there is no longer anything we enjoy doing together. I have told her many times that for my mental health we should part ways. She laughs and shrugs it off. Basically, to her I am a paycheck.

She thinks we don't have a problem. Her parents lived pretty much the same way. I need someone who will sit with me when we go out to dinner, hold hands in public, have a couple of similar interests, share the same bed, etc.

I have met a woman online who seems to care and who wants to be with me. I haven't followed through, but every time I'm verbally abused, it's pushing me more and more toward her. Help. -- UNHAPPY IN PENNSYLVANIA

DEARUNHAPPY: Tell your wife you are making an appointment with a licensed marriage and family therapist to discuss your marital situation. It may be the wakeup call

DEAR ABBY: I have a to the fact that you are problem I can't fix. I have seriously unhappy. Ask her to go with you, but if she refuses, follow through and go without her. It may help you emotionally as you disengage from this marriage.

If you do end the marriage, recognize there will have to be a fair distribution of any assets that accumulated and be prepared to discuss your options with more than one lawyer. A word of caution, however: Do NOT immediately rush into a romantic relationship with someone you know only through the internet. It is crucial that you take the necessary time to detoxify and regain your balance after you exit this marriage.

DEAR ABBY: My mom passed away a year and a few months ago. My parents were married for 38 vears.

Dad started a whirlwind romance with a lady about nine months after Mom's death. Their relationship lasted three months, and they were supposed to get married. She blindsided him by breaking the engagement a month before the wedding. The breakup was because she still has feelings for an ex-husband and had nothing to do with my dad.

He keeps talking to her "as a friend," but he is miserable because he's in love with her. Ever since she needs to get her to quit the breakup, she gets nasty laughing and pay attention and criticizes him about



ABIGAIL VAN BUREN

small things. She is not even a good friend.

I want my father to be happy and find someone who will love him. But he continues to call and text this woman, even though it makes him sink deeper into depression every day. He keeps thinking she'll take him back, but I don't see it happening. How can I convince Daddy to cut off all contact with her? --WHAT'S BEST FOR DAD IN GEORGIA

DEAR WHAT'S BEST: I'm not sure you are the person to do that. It might be better to enlist the aid of a male relative or close friend -- someone who knows what has been going on. Your father might be more receptive to that message if he hears it from a contemporary. If not, he may have to learn his lesson the hard way.

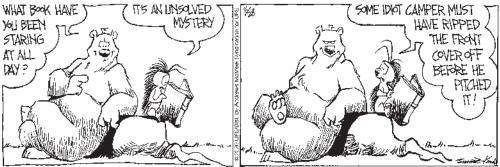
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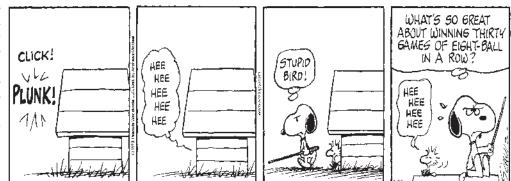
GARFIELD



THE GRIZZWELLS



PEANUTS





The only question was how

ALAMOSA — During Spring Break, when we were just starting to have conversations in Colorado about the impact and response to COVID-19, the staff of the Boys & Girls Clubs of the San Luis Valley huddled together between pool tables and crafts. The question on the table was HOW the Club was going to respond. It struck some weeks later that the question was never IF they were still needed or relevant. Simply how they could best support the community.

The team has consistently been driven by the challenge to ensure that all youth, especially those who need help the most, are afforded opportunities to realize their full potential as responsible, caring and productive citizens of a richly diverse world. What that has meant in the past month has been very different than it was pre-COVID-19. zations, the Boys and Girls Club has had to evaluate how to best support the community with the resources available. As many adapt to these unprecedented circumstances, The Boys and Girls Club will continue to serve the communities. Given the situation, there have been a few important changes to program delivery and services.

These changes include: Increasing and continuing USDA snack Program to provide two snacks daily.

Providing essential service workers with childcare for school-aged children and take-home dinners from local restaurants.

Doing census outreach with direct funding for families and delivery of meals from local restaurants to participating families.

Doing family case management and connecting those that complete training with gift cards to local businesses that are strug-

gling.

Doing grocery and essential supplies delivery for those unable to get in stores.

Providing a hand washing station for unsheltered community members.

Creating online content and interacting with members through daily challenges for core programs.

As more businesses are planning to open with the Governor's Safer At Home order, the need for childcare for school-aged children will also increase. Slots are available and the staff is well trained in order to ensure the safety of the community and themselves. Necessary modifications to programming have been made, but the Boys and Girls Club is open from 7 a.m. until 5:30 p.m. Monday through Friday. There is no cost for this service to families but there is limited availability. Please call (719)589-5252 or email info@bgcslv.

Our Green Community Projects

1

Electric vehicle charging station at Alamosa location, including free charging for our customers



3

Solar efficient energy at our Alamosa location

La Plata County on-bill financing program for energy efficiency initiatives

Happy Earth Week!

1st SouthWest Bank

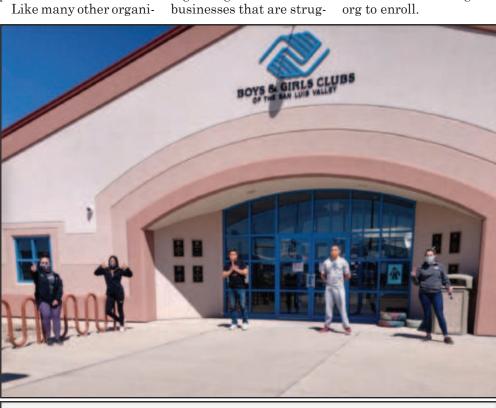
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From the actions your local government is taking, to lists of local stores that are delivering and tips on what to do while you're at home, your local newspaper is committed to bringing you the news you need, when you need it.

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Adopt from Conour Animal Shelter



This is Bella, she is a 3 year old female pitbull mix. She is very friendly with people and does well with most other dogs. She loves to go on walks, but has a little problem with biting at the leash.



This is Valentino, he is a 5 year old male pitbull mix. He seems to do well with most people and dogs, he might just need a little time to get to know you. He likes to go on walks.

To adopt or reclaim any of these pets, contact Conour Animal Shelter at 852-3366 or 2825 Sherman Ave., Monte Vista, between 10 a.m. and 5 p.m. Tuesday through Saturday. Also, see www. slvanimalshelter. com.



This is Frosty, she is lab/shepherd mix around 6 years old. She is very shy with people so she would need to get to know you. She is a sweet dog once she adjusts to you, and she does well with dogs.



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This is Wiley, he is a 4 year old medium mix about years old. He can be a little stand-offish at times with new people, but he is a sweet dog and loves attention and belly-rubs.



This is Drools, he is a 4 year old pit bull mix. He is friendly to most people, but he would need to be the only dog in the house as he does not like other dogs verv much.

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