



CHSAA looks into a reintroduction to sports.

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Insect invasion

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VOLUME 94, NO. 93

# Valley Courier

FRIDAY EDITION | WWW.ALAMOSANEWS.COM

LOCAL NEWS... LOCAL VIEWS

MAY 22, 2020

\$1

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SLV Today

Trash Schedule

ALAMOSA—The City of Alamosa is closed Monday, May 25 in observance of Memorial Day. Trash and recycle route adjustments are as follows:

- Green Route** – will be conducted Tuesday, May 26
  - Residential Route** – no changes
  - Commercial Route** – will be conducted Tuesday, May 26
  - Recycling closed Monday** – will reopen Tuesday
- For more information, please contact the Public Works Department at (719) 589-6631.

Graduation information

ALAMOSA — Schools of the San Luis Valley, please submit the details of your 2020 graduation to the Valley Courier to help get the word out to family and friends on how they can safely view their seniors finalize their high school experience.

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SLV WEATHER



Mostly Sunny 78/37

Sat: Sunny/Windy 75/39

Sun: Partly Cloudy 72/35

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## Testing uncovers three more cases

SAN LUIS VALLEY— Three new cases have been identified through testing and contact tracing today for the SLV. Seventy cases are currently “active” meaning they are symptomatic and have been advised to isolate. Forty-three total cases have completed isolation. Three SLV residents with COVID-19 have passed away. Numbers are updated weekdays at [slvemergency.org/slv-covid-19/](http://slvemergency.org/slv-covid-19/).

Public Health and healthcare partners continue to address the outbreak situation primarily concentrated in Center, CO. Friday, May 22nd, Valley-Wide Health Systems will conduct testing for individuals in the community. Test slots for this round are full, but more testing will be announced next week. Today local Public Health, Colorado Department of Public Health and Environment (CDPHE), Valley Wide and other partners met to coordinate follow-up that occurs after testing. They also discussed how

to best conduct a comprehensive educational outreach program to the affected populations. SLV partners have been key to both of these efforts so far, but we anticipate needing even more assistance in the weeks ahead. With the Memorial Week-end approaching, many are modifying their usual holiday plans in order to stay safe during this pandemic. Unless there is a variance

in the county detailing otherwise, restaurants must still remain closed to sit down dining under Safer at Home. For now, carry-out is an option that will allow us to support local restaurants. On Tuesday, May 26th, the Governor is expected to make an announcement regarding restaurants, as well as Spring-season skiing on ski resorts, and summer residential and day camps. A reminder to those who

have tested negative: A negative test on one day does not guarantee that a person will not develop the illness or spread it at a later date. Because community spread is still occurring in the Valley, we encourage all individuals to continue to be cautious and follow Public Health guidance until notified otherwise.

See COVID page 3

## Campus Café gets hand slapped



By KEITH R. CERNY

*Courier Publisher*  
ALAMOSA – A misinterpretation of current state orders concerning COVID-19 led to a few verbal warnings for the Campus Café here Thursday.

Terry and Fidela Gibbs said they and their staff thought they had permission to open with social distancing requirements and did so at 6 a.m. By 11 a.m. calls from the regional environmental health program manager (food inspector) and Alamosa Police Chief Kenny Anderson led the Gibbs to return to take-out orders only.

“I guess maybe I read the paper wrong,” said Fidela Gibbs noting that they were only using three tables to maintain distancing.

She said someone called the restaurant and asked if they were open and said they were going to report them. The next call came

from food inspector Lynnea Rappold.

“She said if we don’t close, she’d have to revoke our license,” Gibbs said, “but she said she didn’t want to. She has always been good to us.”

The long-time owner of the Campus said they’ve always had a great relationship with Rappold, a feeling also shared by Rappold’s boss, Della Cox Vieira, director of Alamosa Public Health.

Vieira said after two phone calls, the Gibbs agreed to go back to carry-out only but were allowed to let the customers seated at the time to finish their meals.

“Lynnea has created an atmosphere of learning and support for improvements with her clients in the five counties she serves,” Vieira said. “She works hard to develop mutual respect and works hard at being a supportive resource rather than be punitive.”

Gibbs said Chief Ander-

## Work finished at Blanca Vista Park



Courier photo by Meg Colwell

The city finalized a fishing point at Blanca Vista Park. With help from Trout Unlimited more than four new fishing spots were added at the body of water. While the pond is currently stocked as part of the ‘Fishing is Fun’ grant and is a youth only fishery, there are plans to open it to everyone.

# EVENT CANCELLED

## Stampede cancelled for 2020

MONTE VISTA – In a letter emailed to sponsors Wednesday night, the Ski-Hi Stampede Committee announced that they have cancelled the 2020 event due to the COVID-19 pandemic.

“It is with a heavy heart that we are writing to inform you that we will not have Stampede this year,” wrote committee president Greg Metz. “As you are well aware, COVID has stolen many of our freedoms and the decision to put on Stampede was never really ours

to make. “However, our committee deliberated long and hard and finally conceded to the fact that it can’t happen for 2020. Our hearts ache for all of the people in the rodeo and entertainment industries that are suffering the loss of business. We are also heartbroken in regard to the negative effect to our community.”

Committee member Karla Wilschau said 2021 will be the 99th Stampede with 2022 becoming the 100th.

## Center issues mask order

By TERESA L. BENNS

CENTER — Following the sharp rise in Saguache County COVID-19 cases and the death of a Center man from the virus, Center Town Board has enacted an emergency order requiring all citizens entering any businesses in town to wear protective masks at all times.

Masks also must be worn in other public indoor or outdoor spaces where persons are unable to maintain safe social distancing (six or more feet separation) from others not living in their own

household. Local seamstresses are working to provide masks for Center residents.

All business establishment employees must also be wearing face coverings during working hours.

The order will remain in place until June 30 unless lifted or extended, Town Administrator Brian Lujan said Wednesday. All those who have tested positive for COVID-19 or any individuals who have been advised by medical personnel to self-quarantine must not leave their homes until cleared by their health

care provider.

Center parks also are closed to the public.

Appointments for testing can be made at Cesar Chavez Clinic for Center residents beginning Thursday May 21. To reach the clinic, call 719-754-2778. Drive-up testing is between 10 a.m. and 2 p.m. by appointment only beginning on Friday and only 60 tests can be done per day.

“The town understands everyone’s concerns and frustrations,” Lujan said. “This won’t last forever; only until we have this outbreak under control.”

## Alamosa Fireworks show cancelled

ALAMOSA — SLV Federal Bank CEO Duane Bussey announced the bank will not be sponsoring the July 4 fireworks show in Alamosa this summer.

“We are very disappointed we will not be able to bring this enjoyable holiday event to our community in 2020,” said Bussey. We discussed the matter with the City of Alamosa staff and considered the State’s coronavirus guidelines for public events, as well as the current fire restrictions, and decided there were too many unknowns to be able to deliver a safe

and enjoyable show. We’ve appreciated the partnership we’ve had with the City of Alamosa over the last 23 years in sponsoring the show. We’re thankful for the dedicated work of our fireworks shoot team in making it happen. While there is still a chance we could have the shoot later in the year, realistically, we’re focused on 2021 and putting on a great show next year.”

Please call Duane Bussey or Kyle Burnett at SLV Federal Bank, 589-6653, if there are questions on this announcement.

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# Record

## OBITUARIES

### Cordelia Marie Vigil Gallegos Candelaria



August 13, 1937 – May 16, 2020

Psalm 46:10 Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth!

**CAPULIN** — Cordelia Candelaria, 82, of Louisville, Colorado entered into eternal glory with her Lord and Savior on Saturday, May 16, 2020 at 9:52 am. She passed from this life peacefully at her home. Cordelia was born August 13, 1937, in

Capulin, Colorado. Her devotion to her faith and love for Jesus was evident in the way she lived her life and the way she loved her many family members and friends.

Cordelia was born to the late, Selso Locadio and Emilia Marie (Archuleta) Vigil. Born and raised in the San Luis Valley, this is truly where her heart loved to be. While she lived in other places such as Boulder and Louisville (20+ year resident), she never missed an opportunity to take a trip to the Valley to visit family and friends. She would be sure to visit with the chance to attend festivals and parades and loved to see the amazing sandhill cranes. Cordelia had a large extended family; she was the oldest girl of 12 children. She also had an abundant number of friends. She loved to talk, laugh and visit with all

of them any chance she could get.

Cordelia loved life and enjoyed many things; she loved hummingbirds, monarch butterflies, traveling, music and dancing, crocheting, baking, tending to her beautiful roses, irises, four o'clocks and taking photos. She loved the sunshine. Cordelia loved to watch her home teams, the Denver Broncos and the Colorado Rockies play. She attended several home games for each as well as attending a few games away on some of her travel adventures to California. She was very knowledgeable in her family history and people often came to her to get relative information. To be with people and share her life with others gave her so much joy. Cordelia had a heart full of love, compassion, and grace that was felt by everyone who knew her.

Of all that she loved

and did in her blessed life, her relationship with Jesus was most important. Cordelia was a faithful follower of Jesus and believer of God. She enjoyed attending church and was devoted to studying the word of God every day. She spent much of her time praying and singing songs to the Lord. Her heart's desire was that her loved ones would come to know her personal Savior, Jesus Christ, so that we would all be united again one day in heaven.

Cordelia is survived by her three loving children: a son, Adolph "Rocky" Gallegos of Longmont, Colorado; a daughter, Della Marie (Rick) Ser-

vantes of Superior, Colorado; a son, Steve "Joe" (Roxanna) Gallegos of Frederick, Colorado; her grandchildren: Bernadette (Toa) Sagapolutele of Frederick, Colorado, Steve "Joe" (Danielle) Gallegos Jr. of Mead, Colorado and her beloved great-grandchildren: Jette, Mareta, Micah, Olivia and Gianna. Cordelia was preceded in death by her brothers Walter, Ben and Joe Vigil; and survived by her brothers, Celso (Christine) Vigil, Candido (Marlene) Vigil, Meliton (Mary) Vigil; sisters, Cecilia Martinez, Joan Dominguez, Louise Sanders. Cordelia is also survived by her step-child-

dren, who lovingly called her their "bonus" mom; Victor, Corina, Becky and Cecilia, their spouses and children. Cordelia also leaves behind many members of her extended family including nephews, nieces, primos, primas and many friends.

A beautiful private viewing was held for her immediate family on Monday, May 18, 2020 by Howe Mortuary in Lafayette, Colorado with cremation service following. No public services will be held at this time due to the present pandemic restrictions. The family is grateful for all the kind words, condolences and prayers.

### Cora Mary Quintana



**CAPULIN** — Cora Mary Quintana, 93, passed away in her family home of 77 years and went home to be with the Lord on May 20, 2020, surrounded by her loving family. Cora came into the world on July 25, 1926, in Capulin, CO the daughter of Eliseo Gallegos and Benita Rivera-Gallegos.

Cora was a loving wife, mother, grandmother, great grandmother, sister, aunt, cousin and friend who enjoyed word puzzles, watching her novelas, praying the rosary, taking care of grandchildren and teaching them to make tortillas and empanadas, traveling, gambling and especially spending time with her loving family.

Survivors include daughter Elizabeth Jiron of Albuquerque, NM; sons

children; 11 Great Grandchildren; sisters Magdalena Gonzales, La Jara, CO; Naomi (Ernie) Salazar, Alamosa, CO; Rita Gallegos, Pueblo, CO; Marie Gallegos, La Jara, CO; brother David (Josie) Gallegos, La Jara, CO.

Cora was preceded in death by her parents Eliseo and Benita Gallegos, her husband Rudolph A. Quintana, brothers Anthony Quintana, Jr., Granddaughter Jady Quintana, sister Cecilia Gonzales, brothers Joe Gallegos and Louis Gallegos, son-in-law Jesus Jiron.

Private funeral services will be held at a later date.

To leave online condolences please visit [romerofuneralhomes.com](http://romerofuneralhomes.com). The care of arrangements have been entrusted to Romero Funeral Home of Alamosa.

### David E Shoemaker

**SAN LUIS** — David E Shoemaker who passed away after a long battle with Alzheimer's and Dementia on 5/18/2020 in Colorado Springs. He was born in San Francisco in 1933 David leaves his wife Dorothy his daughter Sunshine son-in-law Terry Possehl his grandchildren Heather Fenstermacher and Christopher Possehl, & 6 great-grandchildren he also leaves many loving friends who stood by him during this horrific illness David was employed 25 years at UC Berkeley



as head of the printing department he was a lifetime member of The Graphic Arts Union he

had a dual job as a piano technician specializing in player pianos organs and orchestrions he was a lifetime member of Amica and gave seminars at conferences on in-depth player and Orchestrion Repair. He also tuned for many years in the valley he was a member of the Church of Jesus Christ of Latter-day Saints San Luis branch. Gravesite services at the family home by invitation. thank you to all who supported our family in this trying time Dorothy G Shoemaker.

## ALAMOSA POLICE REPORT

05/08/2020-05/15/2020

Alexis Maldonado Rivas, 21, Center; Speeding  
Addie Seifried, 27, Alamosa; Speeding  
Floyd Halliburton, 42, Alamosa; Shoplifting  
Liana Ruff, 22, Manassa; Throwing Missiles at Vehicles  
Anthony Medina, 33, Blanca; Criminal Mischief  
Floyd Halliburton, 42, Alamosa; Resisting Or Obstructing An Officer  
Ruby Beverly, 27, Monte Vista; Disorderly Conduct/Disturbing the Peace  
Geraldine Candelaria, 53, Antonito; Theft From a Building  
Andrew Almaguer, 40, Alamosa; Displayed Fictitious Plate, Failed to Present Evidence Of  
Insurance Upon Request, Drivers Vision Obstructed Through Required Glass  
Johnathan Salazar, 26, Alamosa; Domestic Violence, 3rd Degree Assault  
Nels Pearson, 79, Alamosa; Dog Running At Large, Unprovoked Bite  
James Matthews, 20, Alamosa; Violation of Restraining Order  
Alexis Garcia, 19, Alamosa; Domestic Violence, 3rd Degree Assault  
Alfonso Avila-Frias, 23, Alamosa; Aggravated Motor Vehicle Theft, Resisting Arrest, Obstructing an Officer  
Ramon Juarez, 22, Alamosa; 2nd Degree Assault, Domestic Violence, False Imprisonment,  
Obstruction of Telephone Service  
Cody Quinlan, 29, Alamosa; False Imprisonment, Domestic Violence, Violation of Protection Order, Violation of Bond Conditions, 2nd Degree Assault

### San Luis Valley Crimestoppers

If you have information about an unreported or unsolved crime in the San Luis Valley, Crimestoppers pays for information that leads to the arrest of criminal offenders. Citizens may report crimes anonymously and remain eligible for rewards.

Call San Luis Valley Crimestoppers at 589-4111.

## ALCOHOLICS ANONYMOUS MEETINGS

**VALLEY** — The San Luis Valley offers many Alcoholics Anonymous groups.

A.A. members' primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Following are District 3 San Luis Valley AA 12-Step Meetings. The 6th Tradition states that we are not affiliated with any outside organizations, but in the spirit of cooperation, we list these meeting schedules for friends and family. For information,

call 719-937-5083.

### SUNDAY

5:30 p.m. Sacred Heart Parish Center at 3rd and Edison, Alamosa

7 p.m. Town Hall at 108 W Galena Ave., Crestone

### MONDAY

12 p.m. St. Thomas Episcopal Hall at 607 4th St., Alamosa

5 p.m. Women's Meeting at Masonic Hall, 598 Spruce St., Del Norte

7 p.m. Community Church on Main St., Creede

7:30 p.m. Creative Resource Center at 304 Walnut St., La Jara.

### TUESDAY

12 p.m. First Christian Church at 1st and State, Alamosa

8 p.m. Mountain View Presbyterian Church at 2nd and Broadway, Monte Vista

### WEDNESDAY

12 p.m. First United Methodist Church at 2005 Mullens, Alamosa

6 p.m. Senior Citizen's Building at 710 Main St., Antonito

## VALLEY COURIER POLICY ON OBITUARIES

The Valley Courier charges a flat fee of \$30 for each obituary published. Pending arrangements or death notices are run at no charge.

This charge affects funeral homes, as well as family or other representatives, that directly place obituaries. All paid obituaries are published on our web site, [www.alamosanews.com](http://www.alamosanews.com), for no additional fee.

In the event the newspaper errors in publishing an obit, corrections will be made and the obit will be rerun. If the errors are on the part of the submitting party, an additional fee will be assessed.

## ONGOING VALLEY MEETINGS

**ALAMOSA** — The San Luis Valley Military Family Support Group meets the fourth Tuesday at 7 p.m. in Alamosa. For more info call Vicki Jones at 852-3123.

**ALAMOSA** — Sierra Blanca Chapter #43, Order of The Eastern Star, meets on the first and third Mondays, at 7:30 p.m. at the Alamosa Masonic Hall, 512 San Juan Ave. Call Sharon at 589-4320.

**ALAMOSA** — La Leche League of the San Luis Valley holds its monthly meetings on the fourth Saturday at 11 a.m. at Hospice del Valle, 524 Main St. in Alamosa. Pregnant and nursing women are welcome to attend with their children and babies. Please call 587-3657.

**ALAMOSA** — The Alamosa Kiwanis Club meets on the second, third and fourth Thursdays at noon at IHOP. Contact: Amanda Wilkinson, 719-589-2564 or email [amanda@alamosastatebank.com](mailto:amanda@alamosastatebank.com)

**ALAMOSA** — The Optimist Club of Alamosa meets at Nino's Restaurant in Alamosa the first and third Tuesdays at noon. Contact the club at [alamosaoptimistclub@gmail.com](mailto:alamosaoptimistclub@gmail.com) or President Dawn Melgares at 719-580-0178. Visitors and new members are welcome.

**ALAMOSA** — The Alamosa Rotary Club meets every Monday at noon at Juanitos in Alamosa. Contact Dean Swift, 589-3499 or [dean@deanswiftseed.com](mailto:dean@deanswiftseed.com)

**ALAMOSA** — Veterans Therapeutic/Support Group meets every Monday from 5-6:30 p.m. at 315 State Ave. Ste 101, Alamosa. Call 588-8885 to register or email [d.counselingservices@hotmail.com](mailto:d.counselingservices@hotmail.com)

**SOUTH FORK** — Kiwanis meets every Thursday at 8 a.m. at the Feelin' Good Coffeehouse in South Fork. Contact: Karen Miller, 719-873-5466 or email [mkmillermink@aol.com](mailto:mkmillermink@aol.com)

**ALAMOSA** — The Alzheimer's Caregiver's Support Group meets on the second Thursday from 11 a.m. to noon. at the Alamosa Public Library, 300 Hunt Ave. Call the Southern Colorado office at 719-544-5720, ext. 304.

**ALAMOSA** — TOPS (Taking Off Pounds Sensibly) CO 568, Alamosa, a non-profit weight loss organization, meets every Tuesday evening at the College Heights Baptist Church at 2035 Church Avenue in Alamosa. Weigh-in is at 5:30 p.m. with an informative meeting at 6:15. Anyone interested in having weight loss support is welcome to attend a free meeting or call Doris at 589-6396 for more information.

**ALAMOSA** — Search and Rescue meetings are the fourth Tuesday at the Alamosa County Sheriff's Office, 1315 17th St., at 6 p.m. Anyone interested in becoming a volunteer is welcome. Call Suzi at 719-588-9236.

**ALAMOSA** — The San Luis Valley Photogra-

phy Club meets the first Wednesday at the Alamosa Public Library at 6:30 p.m. Contact Stephen Jensen at 379-0001 or [slvphotostephen@gmail.com](mailto:slvphotostephen@gmail.com)

**ALAMOSA** — Families Healing Families is a community-based organization that provides support and resources for families affected by the impact of substance abuse. They meet on the third Thursday at 6:30 p.m. at the Senior Citizens Center at 92 Rio Grande Ave. (on the north end of Cole Park) in Alamosa.

**ALAMOSA** — Peace Meditation at the Campus Ministry Office, Adam State University, Alamosa, is held on Thursdays at 5:15 p.m. Everyone is invited. Contact Candace Knowlan 805-886-6959.

School Menu  
Friday  
May 22, 2020

NO SCHOOL



COVID-19

To sponsor the School Menu call 589-2553

# Valley News

## County, city share opinions on 'Safer at Home'

By **KEITH R. CERNY**  
*Courier Publisher*

**ALAMOSA**—In a joint virtual meeting Wednesday, Alamosa County officials brought members of the Alamosa City Council up to speed on the county's "Safer at Home" variance application submitted to the state early last week.

As Colorado attempts to slowly reopen under Governor Jared Polis' order based on the COVID-19 pandemic, counties are required to submit a variance to the Colorado Department of Public Health and Environment (CDPHE) requesting more lenience which could

allow more businesses to open. Council members asked Public Health Director Della Cox Vieira to explain the details of the variance which addresses the reopening of restaurants, gyms, movie theaters, places of worship and campgrounds in Alamosa County. Each group of businesses are addressed slightly differently but all call for a

spacing of 144 square feet per person, or approximately six feet of separation. A group from one household is considered one person.

The variance also addresses places of worship and other gatherings of 10 or more people.

Approval of the variance by the state is based on staying below a threshold of positive virus cases per person tested on a percentage basis, Vieira explained. Alamosa County included a 15% threshold in its variance but noted that Rio Grande County was denied 15% and were given a threshold

**"Just because some of our businesses are non-essential doesn't need to lead to being non-existent."**

- Ty Coleman  
 Alamosa Mayor

of 10%. Councilwoman Liz Thomas Hensley asked what happens if the variance is granted and the threshold is exceeded. Vieira said the county would probably have to return to state-ordered restrictions or submit a new variance.

Governor Polis' current "Safer at Home" order expires on Tuesday and

no one could speculate what his next order might look like. Some predictions are that he may loosen the rules for restaurants.

Much discussion was held about current testing procedures for the virus with Mayor Ty Coleman speculating that if more tests could be completed and came back negative that it would be easier to keep below the threshold.

Vieira explained that the county is still only testing symptomatic persons, those experiencing symptoms, and healthcare workers, so the likelihood of finding more negative cases is compromised. She said the number of tests being conducted in the past few weeks has increased dramatically and is expected to continue to increase.

She said the goal is to eventually test at least 10% of the county's population, but her department continues to advise residents to all the nurse hotlines for a referral if they are symptomatic.

Councilman Charlie Griego said he has had a lot of inquiries from service organizations that depend on events like bingo and weddings for their revenue. The current state order bans gatherings of more than 10 people, Vieira reminded the group.

The variance directs restaurants to use up any outdoor seating first before moving customers inside.

City Manager Heather Brooks said the city is planning to expand the outdoor dining experience by perhaps closing a few city streets and parking lots in areas close to restaurants to be used for dining.

Discussions were held about the division created when the governor declared only certain types of businesses as "essential."

"One size does not fit all," Mayor Coleman said referring to the population of the SLV compared to the front range. "Just because some of our businesses are non-essential doesn't need to lead to being non-existent."

"The county didn't shut anyone down," Commission Chairman Michael Yohn said, noting that all rules set are by the governor's orders.

Commissioner Darius Allen encouraged everyone to contact their state legislators, the CDPHE, the governor's office and even their members of congress.

Yohn went on to remind the 40-plus people participating in the Zoom call that Monday is not just Memorial Day.

"It's also Remembrance Day," he said. "Let's make it a remembrance and not a day of protest."

## Grant provides support to businesses for utility costs

**ALAMOSA** — Businesses in the San Luis Valley are eligible to receive financial support for utility costs under a new grant program launched by the San Luis Valley Council of Governments.

"SLVCOG is grateful to the efforts of Travis Stoker, our VISTA volunteer, in applying and receiving these funds that will be distributed to help offset utility costs of San Luis

Valley businesses whose cash flows have been disrupted by the pandemic," said Kevin Wilkins, executive director of SLVCOG. "We have observed that utility costs, especially municipal utilities and communication were not being addressed by other programs and that this was a gap the SLVCOG, with support of the Colorado COVID Relief Fund, could try fill to aid in keep-

ing people employed."

Called the San Luis Valley Business Utility Support Fund, the program will provide direct financial support to businesses to help with their most recent utility expenses. Up to \$500 in combined gas, electric, sewer, water, or communication (internet, telephone) cost can be covered by the fund. Businesses may apply online at [www.slvdr.org](http://www.slvdr.org).

The application is simple, requesting only basic information about the business and a copy of their most recent utility bills.

The San Luis Valley Business Utility Support Fund is made possible by a grant of \$25,000 funding from the Colorado COVID Relief Fund. The utility support program will accept applications until the fund is spent.

Led by an executive committee in coordination with the Governor's Office, the Colorado COVID Relief Fund was developed to raise and coordinate the allocation of funds based on COVID-19 prevention, impact and recovery needs of community-based organizations in Colorado. The fund is organized

to ensure that the most acute community needs across the state are being addressed and that community voice is reflected in all funding decisions made over time.

For more information about the SLV Business Utility Support Fund, contact Travis Stoker at [tstoker@slvdr.org](mailto:tstoker@slvdr.org).

## COVID

Continued from Page 1

Recently, there has been some concern about a COVID-19 related illness in children called Multisystem Inflammatory Syndrome (MIS-C). The Centers for Disease Control and Prevention (CDC) and CDPHE alerted health care providers to be on the lookout for this illness and to report any suspected cases to state public health. According to Dr. Sam Dominguez, pediatric infectious diseases specialist at Children's Hospital, "It's important to emphasize that this emerging inflammatory syndrome is very rare, and that it is safe to take your child to their doctor or to the hospital, if needed."

Individuals with COVID symptoms are encouraged

to call one of the nurse-lines below to start the screening process.

- Rio Grande Hospital 719-657-4990
- SLV Health Nurse Line 719-589-2511 ext. 9
- Valley-Wide Health Systems 719-589-3658 ext. 9

If you are experiencing a mental health crisis, please call 719-589-3671, or the crisis hotline 1 (844) 493-TALK (8255). After business hours, please call 911 or the crisis hotline 1 (844) 493-TALK (8255) or text TALK to 38255. You can also find resources at [www.colorado.gov/rural-mentalhealth](http://www.colorado.gov/rural-mentalhealth)

SLV COVID general questions 719-480-8719. You may also email your questions to [slvepr@alamosacounty.org](mailto:slvepr@alamosacounty.org).

## Less Traffic expected for Memorial Day Weekend

**DENVER** — Although the summer travel season begins tomorrow, the Colorado Department of Transportation is anticipating lower than normal traffic numbers this Memorial Day weekend due, in part, to Safer at Home directives in many areas of the state.

The Interstate 70 Corridor west of Denver also is expected to see less traffic over the four-day weekend. In 2019, 159,201 vehicles traveled through the Eisenhower/Johnson Memorial Tunnels for the holiday.

"With the warmer weather upon us, this might be a tempting weekend to head to the mountains or to travel farther than usual from home," said CDOT Executive Director Shoshana Lew. "But this year is unique. We're encouraging people to please follow public health orders, recreate responsibly and do their part to keep each other safe."

Although traffic is expected to be lighter than usual this weekend, all CDOT construction and

maintenance projects will be suspended by noon Friday and not resume their regular schedule until Tuesday, May 26. The only exception is for emergency operations.

In addition, a number of seasonal roadways normally open by Memorial Day will have delayed openings this year. Listed dates or time frames are subject to change:

State Highway 5 – Mount Evans. Early July.

State Highway 82 – Independence Pass between Twin Lakes and Aspen. June 1.

Trail Ridge Road between Estes Park and Grand Lake (Rocky Mountain National Park). Date to be determined.

Guanella Pass between Georgetown and Grant. Date to be determined.

Kebler Pass between Crested Butte and the Paonia area. Thursday, May 21.

Cottonwood Pass between Buena Vista and Gunnison County. Monday, June 1.

For the current sta-

tus of the seasonal roads above, please check the [cotrip.org](http://cotrip.org)

website or call 511. For more information about the I-70 Corridor west of Denver, please visit: [www.GoI70.com](http://www.GoI70.com).

**BE SAFE – BE PREPARED – FOR SPRING DRIVING CONDITIONS**

1. Watch for potholes. Winter's freeze/thaw cycle weather can damage roadways, including the creation of potholes. Spring rain also can make them difficult to see. And they can damage your vehicle, requiring expensive repairs. Keep a safe following distance in case the driver in front of you reacts unpredictably. Avoid swerving if you can to avoid a pothole.

2. Slow down for spring showers. Roads become slick when it first begins to rain because rain-water mixes with road contaminants, like as oil and grease. Increase your following distance to allow for proper braking.

3. Watch for pedestri-

ans and bikes. Warmer temperatures mean more people are outside walking or bicycling. Slow down and pay extra attention at crosswalks and along roadways.

4. Share the road with motorcycles. Motorcycles may quickly come in and out of your blind spots due to their speed and size. Always take a second look with more motorcycles out on the road.

5. Animals are on the move. Animal activity increases during the spring, either due to mating season or because they are waking up from winter hibernation. Deer are most active at dawn and dusk.

6. Inspect your tires. Adequate tire tread is important for safe driving in wet weather because the tread moves water away from the tire. Less tread means reduced traction.

7. Maintain proper tire air pressure. Tires lose air due to the cold winter temperatures and now can be underinflated. Warmer temperatures can cause tires to be overinflated.

## Valdez and Crowder cross the aisle to support SLVSBC

**ALAMOSA**—With the help of Cranson Photography, the San Luis Valley Small Business Coalition (SLVSBC) filmed a short promotional video in support of opening businesses in Alamosa and the San Luis Valley. On Tuesday Senator Larry Crowder (R) sat down with Representative Don Valdez (D) for a joint interview to help raise awareness about difficulties facing small business owners in the Safer at Home era in Colorado.

"Together we support small business and the Small Business Coalition here in the San Luis Valley" said Rep. Valdez, "we are here today to support our small business so we can move forward in all aspects."

Sen. Crowder added, "We're of different parties,

different persuasions, but we both support the coalition. We understand that it's more than making a living. It's about being able to interact with people, in a safe manner."

The video can be viewed on the San Luis Valley Small Business Coalition's Facebook page @ SLVBusinessCoalition.

Business deemed 'non-essential' in the governor's latest health order still await the result of Alamosa's variance application. So far, some counties had variances granted for small things like El Paso county's request in relation to graduations. While others like Rio Grande County went a little further including Restaurants, Places of Worship, Gyms, and RV Parks to their application.



Courier photo  
**Larry Crowder (left) and Don Valdez take questions at Cole Park in Alamosa while filming a segment of a video in support of the SLV Small Business Coalition.**

## SLV COVID-19

These cases have been identified by public health agencies as of 5:00 p.m. on May 21, 2020. All numbers are cumulative. If there are discrepancies between these numbers and those showing on the state's data website, use these local numbers.

### 113 SLV POSITIVE CASES

Alamosa County - 53  
 Conejos County - 1  
 Costilla County - 4  
 Mineral County - 2  
 Rio Grande County - 14  
 Saguache County - 39

### 17 HOSPITALIZED

### 43 ISOLATION COMPLETED

These are SLV positive cases that have completed their isolation period and have been free of symptoms for more than 72 hours.

### 3 DEATHS



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# Opinion

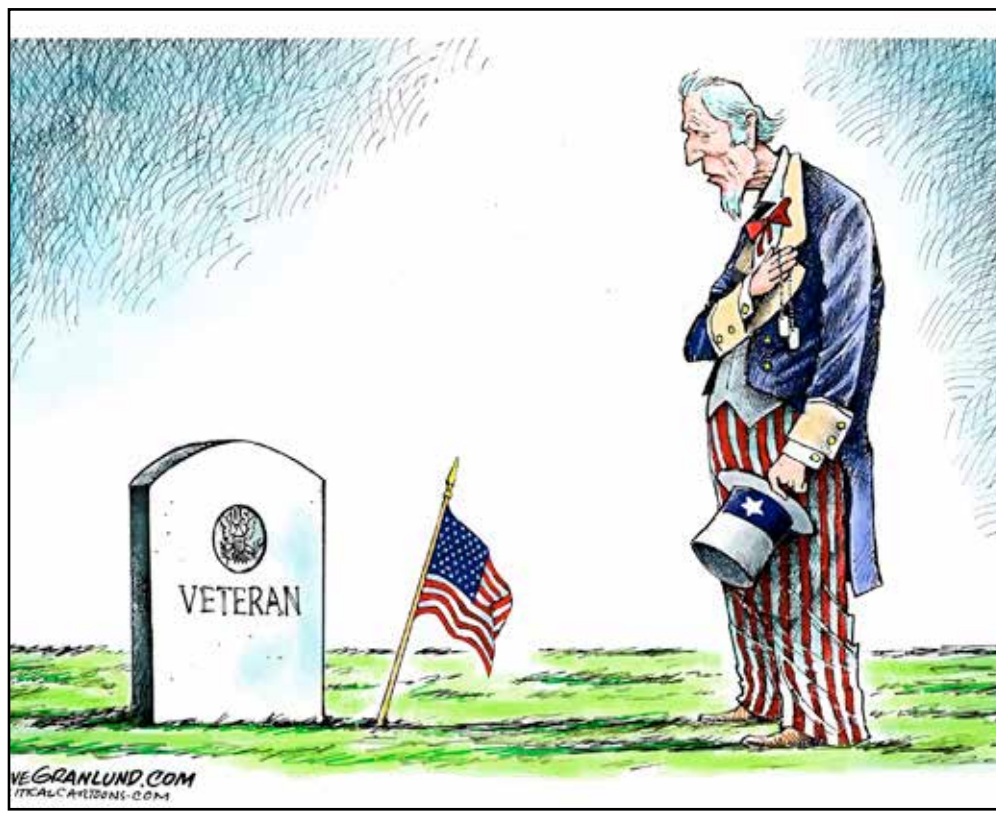
## Where Did The Moths Come From

For the last week or two, there has been a large number of moths getting into homes and buildings. The most common moth we are seeing is the "Miller Moth". Miller moth is the name given to any type of moth that gets in and around home in large numbers. The miller moth we see in the San Luis Valley is the adult stage of the army cutworm, *Euxoa auxiliaris*.

This year, it is appearing in larger numbers than most years while making its annual migration from the eastern plains of Colorado to the mountains. Some moths may be coming from western parts of Kansas, Oklahoma, or Nebraska.

Army cutworm moths have an unusual life history. Eggs are laid by the moths in late summer and early fall. Most of the eggs are laid in weedy areas near alfalfa or wheat fields in areas with thick growth. Army cutworms have a wide range of plants on which they feed. They prefer broadleaf plants but will feed on grass.

They spend the winter as a partially grown caterpillar. In early spring the cutworms may damage crops, particularly alfalfa or wheat in the plains. They can also be found in garden plants and lawns. The caterpillars become fully grown by spring. They then burrow into the soil and pupate. Pupation can occur as early as March or into early May, depending



on temperatures.

Between three to six weeks later, the adult, "miller moths", emerge. Next, they migrate to the mountains. There they feed on nectar and rest for a few months. In early fall or late summer, they return to lower elevations and begin to lay eggs, beginning the cycle over again.

Miller moths are a nuisance in the San Luis Valley. They do not cause any harm in an adult stage. They are usually around for two or three weeks. Moths in the home do not lay eggs or eat plants.

They also do not feed on furniture or clothes.

One commonly observed phenomenon is that swallows may congregate and eat the moths. This likely occurs because the miller moths seek shelter in automobiles and emerge when they stop at stoplights.

To control the miller moths around the home, seal any cracks around doors. Reduce lighting at night while moths are flying. Plants that provide nectar will attract more moths, reduce flowering plants during the miller moth flight period if they are enough of a nuisance.

The best way to remove the moths once they are in a home is to swat them with a fly swatter or vacuum them up. An easy trap is to put a light over a bowl of soapy water. The moth is attracted to the light and will fly into the bowl as it flies around. Be careful with water and electricity. Make sure the

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To submit sports, email: [sjiron@alamosanews.com](mailto:sjiron@alamosanews.com)

### Letters policy

Letters are welcome and encouraged. All letters submitted for publication in the Valley Courier must be typewritten, signed by the author, and must include a phone number and address where the author can be reached. Letters must not be libelous. The Courier will not run letters that are negative to specific businesses. The Courier's editorial board reserves the right to reject a letter for reasons it believes are appropriate. Letters may be subject to editing to fit available space, or exclusion from the Opinion Page. Please, no poetry. Please send signed letters to P.O. Box 1099, Alamosa, CO 81101 or email them to [news@alamosanews.com](mailto:news@alamosanews.com). Letters to staff, not for publication, should be marked "personal."

### Eye on Extension



Marvin Reynolds

light is on a GFCI receptacle for safety. Bats can help control the moths. Some noises like jingling keys, or rattling coins disturb the moths. Insecticides are of little use on miller moths.

While the miller moths are here, they will be a nuisance. However, they should be gone in a few weeks. While they are a nuisance, they do not cause much harm. They may leave spots on drapes, floors, or other areas from feces. In the fall, they usually move through the area quickly and are not noticed very much.

For more information, you can call the Colorado State University Extension, San Luis Valley Area Office at 719-852-7381.

Extension programs are available to all without discrimination. Colorado State University

## God Bless America...

HOLLYWOOD — God Bless America, and how's everybody?

Democratic governors in Michigan and Illinois and California came under increased demand to open up churches. Last week, I attended my first social distancing baptism officiated by our rector in our church's courtyard. We learned infants just love getting it in the face from a squirt gun.



Argus Hamilton

Joe Biden was asked to donate a sperm sample to a federal DNA registry for posterity. He tried with one hand, then with both hands, then his wife tried with both hands and mouth, then a neighbor tried with both hands and her mouth. No matter how hard they tried, they couldn't get the bottle open.

President Trump caught hell from Pelosi for saying he takes hydroxychloroquine to ward off coronavirus. She said he's morbidly obese and shouldn't take the anti-malarial drug. In his own defense, Trump told reporters Hydrox is a good cookie, he's heard a lot of really good stories about it.

House Democrats blinked at Nancy calling Trump morbidly obese when Judiciary Chairman Jerry Nadler's weight problem is legendary. Let's get serious. Jerry Nadler's weight causes him to pull up his pants so high that when he sits down he has to unzip his pants to see who he's talking to.

The White House said Trump will probably stop taking HCQ on Friday because that'll be the end of the two weeks since he was exposed by an aide. The best home remedy for coronavirus is to eat five cloves of garlic per day. It does absolutely nothing but it keeps everyone at safe distance.

The White House ripped China Wednesday, blaming Beijing for the creation and spread of the coronavirus. You can place the blame for the spread of Covid-19 squarely on China, but not if you ask yourself who benefitted most from it. I think it's clear that the coronavirus was a plot by Zoom.

The Wall Street Journal reports Texas, Georgia, Oklahoma and Florida led the rush this week to reopen businesses quickly as possible. Southern states are deliberately disobeying our daily direct order from the cable news channels. We must all remain inside until nothing bad ever happens again.

The New York Post demanded in front page headlines that New York be reopened and ripped social media fear-mongers who'd maintain the shutdown. I just read on the Internet that Murder Hornets are able to telepathically spread Covid-19 on the 5G Network. I think I'm going to need more toilet paper.

### LETTERS

## Response to Patrick Crowder's Variance Examination

Patrick Crowder wrote a letter to the editor on May 20 regarding the variance that Alamosa County submitted to the Colorado Department of Public Health & Environment (CDPHE).

We would like to clarify the variance process and why we submitted it as written.

This is a stressful time for everyone. As Commissioners, we jointly stand together and want to see our businesses open, operating, and providing the goods and services we want to purchase, use and or support.

On March 26, 2020, Governor Polis issued "Stay at Home" Orders that closed non-essential businesses. State Orders typically take precedence throughout the State. Counties may issue MORE restrictive orders, but they cannot issue LESS restrictive orders. Governor Polis issued "Safer at Home" Orders on April 26, 2020, which allowed counties to apply for variances for the first time.

We met with our 5 neighboring counties and we all considered submitting one variance for the San Luis Valley region. After great discussion, all 6 counties decided it was best if we submitted our

own variance and each of us stand alone.

CDPHE decides whether a variance should be approved. The variance had to describe the prevalence of the virus in the County, describe our hospital capacity, include a containment plan if cases increase after the variance is granted, be approved by our Public Health Director and Chief Medical Officer at the hospital and then as your commissioners could submit it to the State.

We disagree with Mr. Crowder that Alamosa County was too timid in its variance request. In reviewing Mesa and Eagle Counties approved variance request, we understood what CDPHE had allowed for campgrounds, RV parks, churches and outdoor gatherings. One of those requirements was appropriate social distancing, thus we included a 144 sq. ft. radius.

We also took into consideration our local resources. SLV Health only has six beds in the negative pressure unit and another six medical/surgical beds. Our Public Health Department has limited employees who can follow-up on potential cases.

The whole organization of the State's

plan was to not overload our local resources.

It is easy to cast stones when one does not attend county commissioner meetings. We have our regular scheduled meetings every 2nd & 4th Wednesday, but we have also been meeting at least once, sometimes twice a week at 2:00 p.m. for timely updates from our Public Health Director and Emergency Manager. We encourage the public to participate. We also encourage you to contact Senator Larry Crowder at [larry.crowder.senate@state.co.us](mailto:larry.crowder.senate@state.co.us) and Representative Donald Valdez at [donald.valdez.house@state.co.us](mailto:donald.valdez.house@state.co.us) as they have a direct line to Governor Polis.

The variance and other articles and websites of interest may be found at [www.alamosacounty.org](http://www.alamosacounty.org).

We all want this pandemic, (we call it a nightmare), to end. We want to see our businesses and families thrive. And we all want to be healthy.

Sincerely,  
Alamosa County Commissioners,  
Michael Yohn, Helen Sigmond and Darius Allen

## Memorial Day protest

Editor,

I am inviting all Americans in the San Luis Valley (and elsewhere) to attend a Memorial Day Parade/Protest in downtown Alamosa, CO on May 25, 2020 at 10 am. We want to honor our veterans and active military and to protest the takeover of our country by bureaucrats and demand all businesses and churches reopen 100 %. Governor Polis and bureaucrats (especially the county health departments) don't have the right to determine who is essential and who is not essential! It's embarrassing we have allowed the chicken littles of this country to take away our Constitutional Rights and freedom that so many have died to protect.

I hope local, county and state law enforcement will be there to protest with us and uphold the oath they took to support and defend the Constitution of the United States against all enemies, foreign and domestic. Currently, our domestic enemies are the government officials trying to enforce illegal rules, orders and restrictions. I do not accept illegal orders or trust the judgment from a Governor who thinks murdering babies is a "right" and thinks pot shops

and liquor stores are more essential than restaurants, other businesses and churches. County health departments can't make up rules and harass businesses with the threat of losing their licenses. County Commissioners need to lay off the unessential County Public Health Departments and Directors. This "crisis" is the largest hoax in the history of the world.

Heroes are the men who stormed the beaches at Normandy, fought in jungles of Vietnam and cold Korea. Now we have brave heroes too—a 77-year old barber in Michigan, a pawnshop owner in Grants, NM, a hair salon owner in Dallas, Texas and a café owners in Castle Rock who dare to defy out of control bureaucrats and a Physician's Assistant who dares to challenge the corrupt local medical center. If you cherish freedom, come out and fight the bureaucrats and help our local businesses open up. Let's have enough people to fill every restaurant in the valley to capacity and tell the corrupt government officials what we think of them.

Kit Page  
La Jara, Colorado

## City acknowledges possible protest

ALAMOSA — At Wednesday's City Council meeting councilors discussed the possibility of a march/protest on Memorial Day that's been making the rounds on social media. While they don't want to see anyone's holiday spoiled with legal problems, they are beholden to the law.

They wanted to remind all who plan on attending the Monday protest to adhere to state legal statutes, including but not limited to, not obstructing highways without legal privilege. In Colorado, highway carries a wide berth including "highway, street, sidewalk, railway, waterway, building entrance, elevator, aisle, stairway, or hallway" C.R.S. § 18-9-107. That said, city officials also have a responsibility to enforce both state and local health orders, meaning those that would participate would also be required to comply with social distancing and gathering numbers at any possible gatherings.

"The biggest thing right now is we really want to make sure that we're not seeing something criminal in nature" said Alamosa Police Chief Ken Anderson at Wednesday's meeting. "We do fully intend on enforcing the orders, but we have to be very delicate with it. I don't think we want to walk in there with a heavy hand. So that's why we want to discuss things with people and ask for compliance as best we can" he concluded.

## Funds

The Sangre De Cristo After Prom Committee would like to thank everyone who donated time and money to help raise money for our After Prom. Due to the virus and cancellation of the event, we were able to disperse the funds amongst

the seniors and juniors to help with future college and life expenses. We appreciate everyone's support and generosity.

Sangre De Cristo After Prom Committee

# Religion

## Fighting the Covid-19 wars -- in churches around the world

While fighting the coronavirus, medical professionals have offered a strategy now seen everywhere in America, Europe and other developed areas.

Here's the battle plan: Stock up on food and other essentials and then stay home. Wear masks when in public, and practice safe social distancing. Everyone should wash their hands frequently for 20 seconds using soap and hot water. People with fevers or other symptoms should go into quarantine.

There's more: City and state lockdowns are essential to "flatten the curve" of new cases. Governments encourage waves of coronavirus tests. Hospitals collect ventilators to save critically ill patients. Mass transit is discouraged. Scientists rush to create a vaccine and develop new treatments, such as transfusions of antibody-rich blood serum from recovered COVID-19 patients.

Now, imagine selling those plans to the million-plus people jammed into the Kibera shantytown near Nairobi, Kenya -- Africa's largest urban slum. "Our solutions are primarily for those who can

afford it," said Dr. Mike Soderling, organizer of the Health for All Nations network for the Lausanne Committee for World Evangelization. "To whose advantage? ... The big question: What are

### On Religion



Terry Mattingly

we going to do -- what can be done -- in the slums of Kibera?"

In America, news coverage of the crisis continues to be dominated by infection rates and death statistics, while politicians focus on the New York Stock Exchange and political polling about the 2020 elections. The lockdown-weary public celebrates any signs of normality witnessed in restaurants, big-box stores and sports stadiums.

Missionary doctors and activists in developing

lands have a different point of view. Thus, 200 or more took part in a recent Lausanne webinar focusing on strategies for the COVID-19 battles they know will eventually reach the people they serve. Participants in this discussion kept asking painful questions, such as:

- How do slum-dwellers practice "universal hand-washing hygiene" without running water?
- Is it possible to practice respiratory hygiene in cultures in which masks are a stigma -- signs that individuals are carrying a life-threatening disease?
- Can migrant workers effectively shelter-in-place while moving from one temporary community to another?
- Does social distancing work in one- or two-room dwellings containing five or six people, or more, of all ages? How do poor people quarantine elderly family members who are sick?
- Will testing programs work in communities that have few, if any, modern labs and hospitals? Should COVID-19 programs trump efforts to fight other serious diseases?
- Are lockdowns for three to four months possible in cultures in which

many people live hand-to-mouth, struggling to feed their families? As Viv Grigg of the global Urban Leadership Foundation put it: "Starving people in slums is not the best solution for a pandemic. ... People who are starving will risk getting COVID in order to get food."

-- Will government leaders resort to locking the poor in isolated zones, with the wealthy and powerful in others, thus creating COVID-19 "red zones" that turn into death camps?

-- What about church life? In some modern cities, clergy quickly moved online, noted Gladys Mwiti, chairperson of the Kenya Psychological Association. But in Africa, locking churches will, for

many people, strip away their only mental-health support systems as they struggle with trauma, exhaustion, depression, fear, stress, anger and grief.

"Those who are losing their loved ones ... can't believe that you cannot do a funeral," she said. "Funerals are big events. We gather together. We mourn together. We bury our dead." She hears Kenyans asking: "How do you bury my mother when I am not there?"

The bottom line: Those who support international aid programs and mission projects need to understand that familiar middle-class COVID-19 answers may not work for suffering people in other parts of the world, said

Dr. Santosh Mathew, who works with a network of 20 hospitals and 40 community health programs in North India.

"Tech answers" are not enough in poverty zones with few resources. Preventative care and aid will have to reach suffering people through flexible programs in their own homes and community groups, said Mathew.

"What is our role? Do we tell them what to do or do we come alongside and help them to find the right answers? ... We think that they may know better."

(Terry Mattingly leads GetReligion.org and lives in Oak Ridge, Tennessee. He is a senior fellow at the Overby Center at the University of Mississippi.)

## Bible Digest

**Friday, May 22, 2020**  
"Why do you spend money for that which is not bread? and your labor for that which satisfies not? listen diligently to me, and eat your food that which is good, and let your soul delight itself in fatness." (Isaiah 55:2 AKJV)  
Follow God's plan. It pays to follow Him.

**Saturday, May 23, 2020**  
"If you faint in the day of adversity, your strength is small." (Proverbs 24:10 AKJV)  
Trust God in the hard times. He will take care of you.

**Sunday, May 24, 2020**  
"Put on the whole armor of God, that you may be able to stand against the wiles of the devil." (Ephesians 6:11

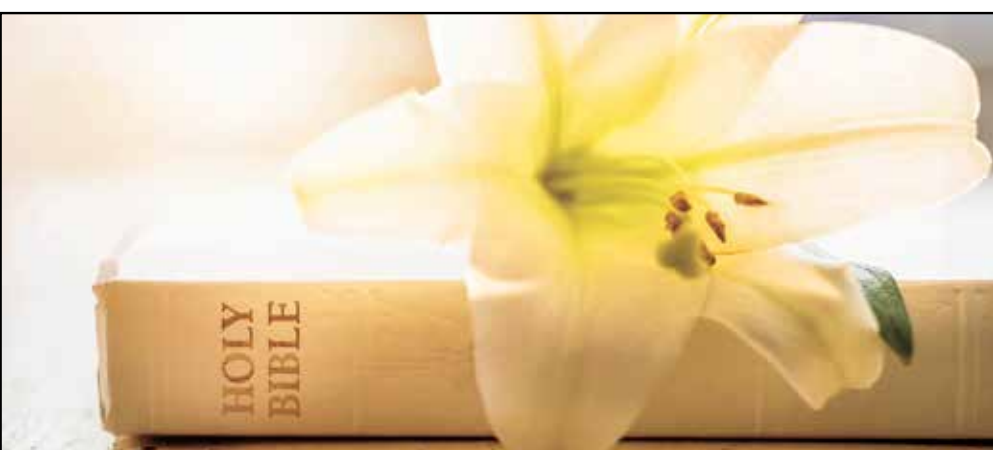
AKJV)  
We are in a spiritual battle. We need the Lord and His weapons.

**Monday, May 25, 2020**  
"Seek you the LORD while he may be found, call you on him while he is near." (Isaiah 55:6 AKJV)  
When God shows up, stand up. This is your opportunity. You may not get another opportunity.

**Tuesday, May 26, 2020**  
"And to wait for his Son from heaven, whom he raised from the dead, even Jesus, which delivered us from the wrath to come." (1 Thessalonians 1:10 AKJV)  
Jesus is coming back. He is alive and coming back for His own to save us from Hell to eternal life in Heaven.

**Wednesday, May 27, 2020**  
"For my thoughts are not your thoughts, neither are your ways my ways, said the LORD. For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts." (Isaiah 55:8-9 AKJV)  
Read your Bible to find the ways and thoughts of God.

**Thursday, May 28, 2020**  
"When I thought to know this, it was too painful for me; Until I went into the sanctuary of God; then understood I their end." (Psalms 73:16-17 AKJV)  
When we go to the house of the Lord we get better insight to what is happening around us.



## Enjoy Your Life Today

How do you feel about your life? Would you say you love it? Or do you just get through each day, enduring the things you don't want to do, putting up with the things that frustrate you, wishing you had someone else's life? Do you believe you will finally be happy someday... when you have this or that?

People often say things like: "I'll be happy when I have a different job." "I'll be happy when I'm married." "I'll be so glad when the weekend gets here!" "I'd be so happy if I had children." And then after the children come... "I'll be so happy when these kids are finally grown and out of the house!"

It's a mistake for us to go through life thinking we can't be happy until we have something we want or our circumstance changes. The truth is we'll always find something to be unhappy about until we learn to be happy in the Lord.

I know about this from personal experience. I got a very bad start in life, and it made me a miserable, angry, insecure person who didn't trust anybody because I believed if I didn't take care of myself, nobody else would. And that caused me to be very selfish and self-centered.

But God didn't create us to live selfish lives, spending all our time trying to get what we want. He put a desire in us to have pleasure, but we will never really experience His blessings -- His peace, joy, love, and all the good things He wants to give us -- if we live with a "What about me?!" mentality.

John 10:10 (AMP) says, "The thief comes only in order to steal and kill and destroy. I came that they may have and enjoy life, and have it in abundance [to the full, till it overflows]."

The enemy -- the devil -- wants to steal our joy and destroy our lives. But Jesus came and died on the cross to give us abundant life, "to the full, till it overflows"! And it's a tragedy when

born-again Christians don't enjoy their lives because they have a "barely getting by, hanging on till Jesus comes to get me" mentality.

If you're unhappy and want to enjoy your life, I want to give you two keys to help you get there.

The first key is to **make an attitude adjustment.**

Having a negative, critical attitude and feeling sorry for ourselves sours everything. We all have things we could complain about, but it doesn't do any good, so we're just wasting our time and energy when we give in to it.

Make a determined decision to have a more thankful attitude in your day-to-day life. Thank God for the good things you can think of right now, and actively look for more things to add to the list each day. This will help you stay focused on God's goodness.

Another way to improve your attitude is to get your mind off yourself and think about others more. Ask God how you can be a blessing and help make someone else's life better. When we're paying attention to others, it's easy to find something we can do, whether it's giving an encouraging word or compliment, a random act of kindness, or a hug. There's really no end to the ways we can show God's love to someone around us.

The second key is to **have a proper perspective.**

Loving or hating a thing often comes down to how you look at it. It's possible you can have more joy in your life simply by looking at it from a different perspective.

Whatever you focus on, that is what you're going to get. If you focus on trouble long enough, that's all you'll expect, and it will likely develop.

What we choose to focus on gets larger in our lives. If we don't have a



proper perspective of it from God's point of view, it will grow and get out of balance. For example, in marriage, people sometimes get so focused on the things they don't like about their spouse that they totally forget all the good things they love about them.

I know life is not easy, and we all have to deal with hardship at times. But when you're struggling, realize that although you have some trouble, things could be worse.

I certainly don't mean to make light of a serious issue you're facing; my purpose with this point is to help you keep your perspective based on God's Word and His promises. Because when you choose to trust Him in every circumstance, He will always be bigger than your problems!

For more on this topic, order Joyce's three-teaching CD series *Joy and Enjoyment*. You can also contact us to receive our free magazine, *Enjoying Everyday Life*, by calling (800) 727-9673 or visiting [www.joycemeyer.org](http://www.joycemeyer.org).

Joyce Meyer is a New York Times bestselling author and founder of Joyce Meyer Ministries, Inc. She has authored more than 100 books, including *BATTLEFIELD OF THE MIND* and *YOUR BATTLES BELONG TO THE LORD* (FaithWords). She hosts the *Enjoying Everyday Life* radio and TV programs, which air on hundreds of stations worldwide. For more information, visit [www.joycemeyer.org](http://www.joycemeyer.org).

Please note: The views and opinions expressed throughout this publication and/or website are those of the respective authors and do not necessarily reflect those of Joyce Meyer Ministries.

## CHURCH DIRECTORY

Your Guide To Local Houses of Worship

<p><b>AJ-Denominational</b> Church of the Living God 11611 2nd Avenue, Hooper 719-376-2080</p> <p>Sunday, 10 a.m. - Worship Sunday, 6 p.m. - Book of Acts Study Monday, 7 p.m. - Youth Thursday, 7 p.m. - Bible Study</p> <p><b>San Luis Valley Christian Center</b> 305 S. Broadway (3rd &amp; Broadway), Monte Vista 719-852-6166</p> <p>Sunday, 10 a.m. - Worship Tuesday, 5:30 p.m. - Bible Study</p> <p><b>Prayer House Church</b> 4107 Main Street, La Jara Pastor Jamie Flores - 719-296-0007</p> <p>Sunday Morning Service, 10:30 am Wednesday Family Ministry, 6:30 pm Friday Night Bible Study, 7:00 pm</p> <p><b>Sargent Community Church</b> 6667 N. County Rd. 2 E, Monte Vista (across from Sargent School) Pastor Hugh Harris - 719-852-2980</p> <p>Sunday Worship, 10:30 a.m.</p> <p><b>Back Row Church - Church Community</b> In the Alamosa Presbyterian Church Building Alamosa <a href="http://www.backrowchurch.com">www.backrowchurch.com</a> Kim Nipple - 303-532-5942</p> <p>Worship Service - Wednesday Evening at 6:00 pm</p> <p><b>Apostolic</b> Alamosa Apostolic Church 510 First St., Alamosa</p> <p>Meets Sundays 1-2 p.m. 2-3 p.m. - Lunch 3-5 p.m. - Worship Service</p> <p><b>Antioch Apostolic Church</b> 710 Main St., Alamosa</p> <p>Meets Sundays 11-12 p.m. - Sunday School 12-1 p.m. - Worship service</p> <p><b>Apostolic Pentecostal</b> Church of Champions, Acts 2:38 9056 Hwy 265 South, Alamosa - 719-867-3351 Dan Dawning Pastor, 719-868-7307</p> <p>Sunday, 1:00 p.m. - Service</p> <p><b>Assembly of God</b> River of Life Church 2622 Clark Avenue, Alamosa</p> <p>Sunday, 10 a.m. - Worship Wednesday, 7 p.m. - Service</p> <p><b>Center Assembly of God</b> 7th &amp; Miles • P.O. Box 507, Center, CO 81125 Sunday School, 9:30 a.m. Sunday Worship, 10:30 a.m. Wednesday Worship, 7:00 p.m.</p> <p><b>Assembly of God</b> Sons and Daughters of God Ministry 677 Madison Street, Monte Vista Pastor Leonard Sandoval, 719-849-0212</p> <p>Sunday 10:00 a.m. Service Wednesday 7:00 p.m. Prayer</p> <p><b>New Life Fellowship</b> 6207 7th St., Del Norte, 81132 719-857-3360</p> <p>Adult Sunday School - 9:00 Services - 10:00</p> <p><b>Baptist</b> Grace Community Baptist Church 431 Lincoln Ave., Monte Vista Rev. Bill Walsroom, 719-857-1451</p> <p>Worship: 9:30, Sunday School: 11:00 am Wednesday Bible Study: 6:30 pm</p> <p><b>Living Water Bible Fellowship</b> 2810 Clark Street, Alamosa 719-868-6351</p> <p>Sunday 9:00 &amp; 10:45 am Worship Services Sunday 1:45 am Teen Bible Study (1st-12th grade) Sunday 1:45 am Teen Bible Study (1st-12th grade) Tuesday 7:00 pm Young Adults/College Group Wednesday 6:30 pm Side Quizzing (1st-12th grade) Wednesday 6:30 pm Teen Youth Group (1st-12th grade) Saturday 10:00 pm Adult Bible Study Small Groups meet throughout week, please call for info *Ministry is available (5/8/20/21)</p> <p><b>College Heights Baptist Church</b> 2045 Church Avenue, Alamosa Sunday, 9:45 a.m.-10:45 a.m. - Sunday School Sunday, 11 a.m. - Morning Worship</p> <p><b>San Luis Valley Baptist Church</b> 530 State Avenue, Alamosa 719-869-5838 Pastor R.L. McDonald</p> <p>Wednesday 7 p.m. - Worship Saturday 2 p.m. Sunday, 10 a.m. - Sunday School Sunday, 11 a.m. - Worship Sunday, 6 p.m. - Evening Worship</p> <p>Spanish Ministry - Iglesia Bautista Pentecost Pastor Sai Garcia, 589-3020</p> <p><b>Calvary Bible Chapel</b> 7160 Brush Lane, Alamosa</p> <p>Wednesday, 9:30 a.m. - Worship Sunday, 10:20 a.m. - Sunday School Sunday, 11 a.m. - Ministry of the Word</p> <p>Small group studies meet during the week.</p> <p><b>Calvary Blanca</b> Pastor Mathew Leonard - 719-376-3317</p> <p>Sunday, 9:30 a.m. - Bible Study Sunday, 11:00 a.m. - Service Wednesday, 6:30 pm - Community Get to Know You</p> <p><b>Calvary Baptist Church</b> 2100 Sherman Ave., Monte Vista</p> <p>Sunday, 9:45 a.m. - Bible Study Sunday, 11 a.m. - Worship Tuesday, 6 p.m. - C.L.A.Y. Youth Thursday, 6:30 p.m. - Ladies Bible Study</p> <p><b>South Fork Baptist Church</b> 0130 Four Seasons Dr. (Old Chinum Bldg), South Fork (East side near laundromat &amp; car wash) Sunday School, 9:30 am Sunday, 10:30 am - Worship</p> <p>For more information - Pastor Paul Moon - 719-496-7702</p> <p><b>Catholic</b> Sacred Heart Church 715 4th Street, Alamosa</p> <p>Saturday, 5:15 p.m. - Mass Saturday, 7:00 p.m. - Spanish Mass Sunday, 8 a.m. - Mass Sunday, 10:30 a.m. - Mass Sunday, 5 p.m. - Mass</p> <p>Catholic Mass Student Union Room 308 - ASC Campus, Alamosa Every Sunday, 9 p.m. - Mass</p> <p><b>Hooper Church</b> 3rd and Adams, Hooper Sunday, 9 a.m. - Morning Worship</p> <p><b>Meditation, Kriya</b> Mountain Institute Alamosa - (575)758-6876 United Church of La Jara 522 Walnut, La Jara 719-274-6260 Terry Buckman, Pastor Cell Phone: 309-8444 Office Hours: Mon, 9:00 am - 12:00 Sunday, 9:00 am - Contemporary Coffee Fellowship 10:00 am</p> <p><b>Christian Science Services</b> 400 Ross Avenue, Society Hall, Alamosa Services - Sundays at 10:00 p.m. The second Wednesday of each 4 p.m. Thanksgiving Day 10 a.m.</p> <p><b>Pioneer United Church in Del Norte, Colorado</b> A Congregation of Evangelical Covenant Order Presbyterians 630 Spruce St. (1.5 blocks south of Hwy. 100) Adult Sunday School - 9:30 a.m. Sunday Coffee Fellowship - 10:30 a.m. Sunday Worship Service - 11:00 a.m. Sunday</p> <p><b>Church of the South Fork</b> 0116 Larden Dr., South Fork, CO, 81154</p> <p>Sunday are at 9 am - Services School Room. Choir is held on Wednesday at 6pm during the summer months with a final practice at 8:15am on Sunday</p> <p><b>Christian</b> Bethel Christian Church Pastor Erik Lira</p> <p>Worship Service Sunday 3:00 p.m. Bible Study Wednesday 7:00 p.m. Bilingual Services Monday Free Music Classes Instrumental Classes 7:30 - 8:30 p.m. Voice &amp; Bass Guitar 6:30 - 7:30 p.m.</p> <p><b>Word of Faith Christian Center</b> 401 Santa Fe, Alamosa</p> <p>Sunday, 10:00 a.m. Wednesday, 6:30 p.m. Friday, 6:00 p.m. M.O.S.H. Youth Night</p> <p><b>The Peak Community Church</b> 510 San Juan, Alamosa</p> <p>Sundays 6 p.m. - Fellowship Sundays, 7 p.m. - Worship &amp; More</p> <p><b>Pentecostal</b> Alamosa Pentecostal Church 184 East 2nd St., Alamosa - 719-869-0475 Pastor Carl Sutter</p> <p>Bible Study Wednesday 7:00 p.m. Sunday School Sunday 1:00-1:45 Worship 2:00-3:00</p> <p><b>Christian Fellowship Church</b> The Door 1300 West 12th St., Alamosa Pastor Marlin Montoya - 719-867-6197</p> <p>Sunday, 11:00 a.m. - Sunday School Sunday, 11:00 a.m. - Worship Sunday, 6:30 p.m. - Victory Service Wednesday, 7:00 p.m. - Revival</p> <p><b>Christian Independent</b> Alamosa Christian Church 410 McQuerry, Alamosa</p> <p>Sunday, 9:30 a.m. - Sunday School Sunday, 10:30 a.m. - Worship Wednesdays, 7:00 p.m. - Family Night &amp; Youth Group</p> <p><b>Christian Reformed</b> Alamosa Christian Reformed, 719-869-3493 1861 Rd 10 S., Alamosa Pastor Philip VanderWint</p> <p>Sunday, 9:00 a.m. - Sunday School Sunday, 10:15 a.m. - Worship</p> <p><b>Churches of Christ</b> Alamosa Church of Christ 408 Victoria Avenue, Alamosa</p> <p>Sunday, 9:30 a.m. - Bible Classes Sunday, 10:30 a.m. - Worship Wednesday, 7 p.m. - Bible Study Healing Hearts, a Bible-based 12 step group meets, every Friday at 7 p.m.</p> <p><b>South Fork Church of Christ</b> 205 Birch St., South Fork, 719-873-1259 Kevin Bradley Pastor</p> <p>Sunday School, 9:00 a.m. Sunday Worship, 10:00 a.m.</p> <p><b>Central Church of Christ</b> 200 Franklin Street, Monte Vista, 719-852-3811 David L. Baker Preacher</p> <p>Sunday, 9:30 a.m. - Bible Class Sunday, 10:30 a.m. &amp; 6 p.m. - Worship Wednesday, 7 p.m. - Bible Study</p> <p><b>San Luis Valley Church of Christ</b> 704 Del Sol, Alamosa, 719-869-2114</p> <p>Sunday Bible Study 9 am Sunday Worship 10 am Wednesday Bible Study 6 pm</p> <p><b>Cornerstone Community Church</b> Hwy. 160 Del Norte next to Rio Grande Medical Clinic Pastor Mark 719-657-9107</p> <p>Sunday 9:30 a.m. free breakfast Sunday 10:20 a.m. Contemporary Worship &amp; Children Sunday School Wednesday 5:15 pm Dinner, music, fellowship, teachings</p> <p><b>Episcopal</b> Saint Thomas Episcopal Church 10007 4th Street, Alamosa</p> <p>Sunday, 9 a.m. - Service</p> <p><b>Saint Stephen the Martyr</b> 729 3rd Avenue, Monte Vista</p> <p>Sunday, 10 am Service</p> <p><b>First Christian Church</b> 518 First St. (First &amp; State) Alamosa 589-6805</p> <p>Sunday, 9:15 a.m. - Sunday School Sunday, 10:30 a.m. - Church Service Wednesday, 6:30 p.m. - Bible Study</p> <p><b>Valley Fellowship</b> 240 East 5th Street, Center - 719-754-3804</p> <p>Sunday, 10:30 a.m. - Contemporary Worship, Prayer and Bible Study *Bible Studies during the week, call for information.</p> <p><b>First United Methodist</b> First United Methodist Church 2035 Mullins Ave., Alamosa 719-869-2243</p> <p>*Open Hearts, Open Minds, Open Doors Morning Worship - Sunday, 10:15 am Children's Church - Sunday, 10:30 am</p>	<p><b>Community Churches</b> United for Christ Community Church (SBC) *Community Centered Around Love 7th &amp; Broadway in Blanca 719-379-3317</p> <p>Sunday School 9:30-10:30 Worship Service 11 am</p> <p><b>Bible Believer's Community Church</b> 11762 E US HWY 160 Alamosa, CO 81101 719, 266-3239</p> <p>Sunday worship 10:30 Wednesday Bible Study 7 pm <a href="http://www.bccchurch.com">www.bccchurch.com</a></p> <p><b>Presbyterian</b> Alamosa Presbyterian Church 330 San Juan Avenue, Alamosa</p> <p>Sunday, 10:30 a.m. - Traditional Worship</p> <p><b>Hispanic Pentecostal</b> Iglesia Pentecostal Unida L.A. 307 Tenth St., Alamosa Guadalupe Salazar Pastor 719-867-3545</p> <p>Wed. 7:00 p.m. Service Sat. 7:00 p.m. Youth Service Sun. 10:00 a.m. Sunday School Sun. 5:00 p.m. Worship</p> <p><b>New Hope Church</b> *The Church on the Hill 25256 Hwy 160, South Fork, CO, 81154 Interim Pastor Ed Fleming • 719-873-1202 <a href="http://www.newhopecc.com">www.newhopecc.com</a></p> <p>Morning Worship - 10:00 am Sunday School for all ages - 9:00 - 9:45</p> <p><b>Anabaptist Fellowship of Alamosa</b> 330 San Juan Ave., Alamosa, CO 81101 <a href="mailto:alamosafellowship@gmail.com">alamosafellowship@gmail.com</a></p> <p>Sunday 4:30 PM Worship in the north wing of the Alamosa Presbyterian Church</p> <p><b>Independent, Fundamental Baptist</b> First Baptist Church of Costilla County 5177 County Rd H, Mesita 719-295-0011 Pastor Paul Jones</p> <p>Sunday 9:45 am - Sunday School Sunday, 10:45 am - Morning Worship Sunday, 12 Noon - Potluck Dinner Sunday, after dinner - Afternoon Worship Thursday, 7:00 pm - Mesita, Bible Study and Prayer meeting Home Bible studies in Costilla County Meeting in different locations</p> <p><b>DEAF MINISTRY FOR ALL SERVICES</b> Jesus Christ of Latter Day Saints Church of Jesus Christ of Latter Day Saints Alamosa YSA Ward 300 Richardson Avenue, Alamosa</p> <p>Sunday, 12:30 p.m. - 2:30 p.m. Alamosa</p> <p><b>Second Ward</b> 927 Weber Drive, Alamosa</p> <p>Sunday, 9:00 a.m. - 12:00 p.m.</p> <p><b>Alamosa Third Ward</b> 300 Richardson Avenue, Alamosa</p> <p>Sunday, 9:00 a.m. - 12:00 p.m.</p> <p><b>Alamosa Fourth Ward</b> 927 Weber Drive, Alamosa</p> <p>Sunday, 11:30 a.m. - 2:30 p.m.</p> <p><b>Sierra Vista Branch (Spanish Language)</b> 300 Richardson Avenue, Alamosa</p> <p>Sunday, 10:15 a.m. - 1:15 p.m.</p> <p><b>Lutheran</b> St. Peters Lutheran Church &amp; School Church: 1821 Grande Avenue, Monte Vista School: 330 Faraday Street, Monte Vista</p> <p>Sunday, 10:15 a.m. - Services School K-8, Monday-Thursday</p> <p><b>Trinity Lutheran Church &amp; School</b> 52 El Rio Drive, Alamosa</p> <p>Sunday, 8:45 a.m. - Bible Study Sunday, 10 a.m. - Worship</p> <p>*Small Bible Study Groups Throughout the Week - Pre-School through 5th grade Church: 689-4611, School: 589-3271 Conejo Canyon Community Chapel 2062 State Hwy. 17 (between mile posts 21 and 20) Fellowship Sunday, 6:30 a.m. Sunday, 9:00 a.m. - Worship Service</p> <p><b>Mountain Valley Church</b> 406 State St., Alamosa Pastor Richard Prielinton 589-2859 or 589-7662</p> <p>Sunday, 9:30 a.m. - Sunday School Sunday, 10:30 a.m. - Worship Service</p> <p><b>Presbyterian Church of Monte Vista</b> 702 Second Avenue, Monte Vista (719) 852-2555</p> <p>Sunday, 9:45 a.m. - Sunday School Sunday, 11 a.m. - Sunday Worship</p> <p><b>Seventh-day Adventist</b> Seventh-day Adventist Church 315 Craft Drive, Alamosa</p> <p>Saturday, 9:30 a.m. - Bible Study Saturday, 11:00 a.m. - Worship</p> <p><b>United Methodist</b> Mosca United Methodist Church 5385 Barber Street, Mosca 720-254-5684</p> <p>Reverend Hugh Harris Sunday Worship: 8:00 a.m.</p> <p><b>Unitarian Universalist</b> Unitarian Universalist Fellowship 330 San Juan Ave., Alamosa</p> <p>*North Wing of Alamosa Presbyterian Church 719-867-5525</p> <p>Service &amp; Youth Programs at 10:30 am Sunday <b>United Presbyterian Church of Alamosa</b> P.O. Box 655, Alamosa</p> <p>Office Hrs. Tues, 9:00am - 12:00 Sunday 9:45am - Sunday School 10:45am - Service</p> <p><b>Valley Church of the Nazarene</b> 228 Madison, Monte Vista - 852-6568 Sunday Morning Worship 10:15 a.m.</p> <p>Sunday School Classes 9:00 a.m. Every other Wednesday 6:30 p.m. (575)758-5876 for information for class schedule</p> <p><b>Church of Scientology</b> 511 Main Street, Suite #12, Alamosa 719-587-5654</p> <p>Monday and Wednesday, 7-10 p.m. - Services</p> <p><b>Grace Assurance Ministry</b> Church without Religion 9661 CR 4 S., Alamosa, CO Sunday Mornings - 10:30 Randy Brown - 719-588-7004 Eric Wolf - 719-480-3977</p>
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# Sports

## CHSAA creates Resocialization Task Force to examine when, and how, to resume sports and activities

**RYAN CASEY**

*CHSAA Media Coordinator*

The Colorado High School Activities Association has convened a specialized task force to discuss the return of athletics and activities.

The CHSAA Resocialization Task Force will begin meeting in June, and will consist of educational leaders representing all levels of administration, classifications and state geography;

CHSAA Sports Medicine Advisory members; as well as the members of the Board of Directors, and the CHSAA staff.

The purpose of the task force is to explore the many options on if, when or how, activities and athletics can resume for Colorado high schools.

Commissioner Rhonda Blanford-Green announced

the purpose of the task force in an email to all schools on Thursday. She has already received an outpouring of interest of educational leaders willing to serve.

"The immediate and overwhelming response speaks volumes to amazing educational leaders across our state, who are committed to Colorado students and working with CHSAA to create this experience, knowing the challenges we will face," said Blanford-Green. "Each and everyone that has reached out to members of our staff would elevate the discussion, so we will have another tough decision to make."

In her email to schools, Blanford-Green wrote: "Every single sports entity

from the professionals to little league are currently focused on how to resume participant engagement within a safe environment, free of health threats and liability. If resocialization was easy, we would all be watching current events instead of re-runs of the 2004 Athens Olympics."

She added: "My goal, and that of the CHSAA staff, is to remain laser focused on the next steps for resuming CHSAA

programs in a safe, educational, environment while mitigating operational efficiencies to reduce financial stressors for our membership."

This Resocialization Task Force will not be pressured to commit to definitive dates or timelines, but is assembled to provide guidance to the Association that is consistent

with Federal and State mandates.

"The term Resocialization was coined by the NCAA, I paused at first, but then I realized its overarching meaning, which is beyond just a game or a contest," Blanford-Green said. "It's about coming back to the culture of athletics and activities: teammates and socialization, and the support system that extends beyond. Resocialization embodies all the attributes of education-based participation that we all want and need to safely return."

Blanford-Green will look at keeping this task force in place throughout the 2020-21 season.

The group will have a clear set of



Courier photo by Stephen Jiron

CHSAA's Resocialization task force will look into how best to get high school athletes back in their respective arenas safely.

questions and topics to examine beginning in June:

Do students need to be fully engaged with in-person learning before the Association resumes activities and athletics?

Should CHSAA consider offering some activities and athletics if Federal, state, medical and safety guidelines can be met at the local and Association level?

Should CHSAA consider moving some activities and athletics to later start dates, such as September, October, or January, and consider extending the end of the season further than the traditional activities calendar?

Should CHSAA consider adjusting some activities and athletics to be conducted earlier or later than their traditional season?

Should we consider online participation for some activities in place of physical activation?

What safety measures will need to be in place to resume specific and/or all activities?

"Adjusting to the unimaginable impact that the pandemic has had on education and high school athletics will allow us to think outside the box and emerge as stronger leaders for students and programs across the state of Colorado," Blanford-Green said.

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# Lifestyle

## SLV Promise Scholarship covers tuition and fees for area students attending Adams State

ALAMOSA — Adams State University has always been serious about making higher education accessible and affordable. The University's San Luis Valley Promise is one way Adams State keeps this commitment.

Adams State guarantees all qualified students from the San Luis Valley or neighboring southern Colorado communities will receive grants (not loans) to cover tuition and fees. To find out more about the SLV Promise, contact the Adams State Financial Aid Office at [financialaid@adams.edu](mailto:financialaid@adams.edu) or call 719-587-7306.

The SLV Promise Scholarship covers full tuition and fees for the fall and

spring semesters at Adams State and will be automatically awarded to qualified students who meet the SLV Promise Award criteria for each academic year.

Students need to be admitted to Adams State and have completed their FAFSA requirements by June 15. Students must also register for fall classes by July 1.

"The SLV Promise Scholarship is our commitment to students growing up in the San Luis Valley and neighboring communities that attending Adams State is affordable and within their reach," said Adams State President Cheryl D. Lovell. "During what are unprecedented

times and with so much uncertainty in the world, it makes sense for our students growing up in the San Luis Valley to stay closer to home for their college education.

"At Adams State, we will help cover the tuition and fee costs for our local students through the SLV Promise. It's the best investment families can make by staying closer to home and taking advantage of the outstanding academic degree programs offered at Adams State."

Adams State is preparing to welcome students back to campus for the beginning of the fall academic year, which begins in August.



Courtesy Photo

The SLV Promise Scholarship covers full tuition and fees for the fall and spring semesters at Adams State University and will be automatically awarded to qualified students who meet the SLV Promise Award criteria for each academic year.

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## Locavores, Town & Country Partner for Deliveries



Locavores Restaurant's ability to deliver groceries and menu items to quarantined families was greatly impacted by the willingness of another Alamosa business to allow them to use their shuttle van.

Jeff Hacsí of Town & Country Automall offered their van to their fellow Alamosa business a couple of months ago because they wanted to help their delivery efforts.

"These last two months delivery services have kept our business going and kept our employees working," said Locavores owner Wendi Seger. "We could not have done this without the generosity and support of Town and Country."

In a Facebook post, Seger went on to say, "We would like to point out that often times it is tempting to go out of the valley to buy vehicles or other goods. But during this time, not one single business outside of the valley came to help or support us."

"It was our own people helping each other," Seger said. "We hope you'll remember what Town and Country did for our business the next time you consider buying a vehicle."



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# Lifestyle

## Memorial Day DUI enforcement period kicks off Friday

### 323 motorists cited during same enforcement period last year

**STATEWIDE** — As Colorado slowly loosens stay-at-home restrictions, the Colorado Department of Transportation (CDOT) and Colorado State Patrol (CSP) want to remind Coloradans to drive sober as Memorial Day weekend approaches. The Heat Is On high-visibility enforcement period kicks off on Friday, May 22, and ends on Tuesday, May 26.

Seventy-five law enforcement agencies will participate in the heightened enforcement campaign with increased patrols across the state. Those enjoying Memorial Day festivities away from home are encouraged to plan for a sober ride if they intend to consume alcohol or other impairing substances.

“Safety on Colorado’s roadways isn’t just CDOT’s goal – it should be a focus for every single person on the road,” said Shoshana Lew, Executive Director of CDOT. “Your safety and the safety of those around you are at stake when you drive impaired. All of us want to make it home safely, so don’t jeopardize that by driving impaired.”

During the 2019 Memorial Day weekend DUI enforcement period, law enforcement agencies arrested 323 impaired motorists. Last May alone, there were 16 impairment-related fatalities on Colorado’s roads.

The legal blood-alcohol content (BAC) limit in Colorado is 0.05 percent for driving while ability impaired (DWAI) and 0.08 percent for driving under the influence (DUI). First-time DUI offenders can be punished with up to one year in jail, license suspension and thousands of dollars in fines.

“Memorial Day is a day to remember military personnel who died while serving the country. It also tends to be associated with increased travel and alcohol consumption due to the long weekend. We want Coloradans to be safe, maintain social distancing practices, and make the decision to never drive impaired,” said Colonel Matthew Packard, Chief of the Colorado State Patrol. “Plan ahead for a sober ride if you are celebrating away from home.”

The Heat Is On will be back with its Summer Blitz DUI enforcement from June 12-22. During last year’s summer enforcement, 585 citations were given to impaired drivers with the highest arrests seen from the Colorado Springs Police Department (52), the Denver Police Department (33) and the El Paso County Sheriff’s Office (32). The summer months and holiday weekends traditionally show an increase in DUI crashes and arrests. Law enforcement is always on the lookout for impaired drivers and working to keep Colorado roads safe.

CDOT’s The Heat Is On DUI-prevention campaign is a key component of CDOT’s Whole System

— Whole Safety initiative to reduce traffic injuries and deaths.

**COVID-19**  
Safe transportation infrastructure is essential for emergency first responders and freight drivers as Colorado navigates the COVID-19 pandemic. With that in mind, road maintenance and construction continues on CDOT projects with social distancing and other health safety measures to reduce COVID-19 exposure on the worksite. The Colorado Department of Public Health and Environment announced guidelines for construction activities. The public is urged to join the campaign for #DoingMyPartCO by practicing social distancing, wearing face masks, staying at home when possible, and avoiding nonessential travel. With fewer vehicles on the roads, CDOT crews will be able to work more efficiently and safely.

#### ABOUT THE HEAT IS ON

The CDOT Highway Safety Office provides funding to Colorado law enforcement for impaired driving enforcement, education and awareness campaigns. The Heat Is On campaign runs throughout the year, with 16 specific high-visibility impaired driving enforcement periods centered on national holidays and large public events. Enforcement periods can include sobriety checkpoints, saturation patrols and additional law enforcement on duty dedicated to impaired driving enforcement. Find more details about the campaign, including impaired driving enforcement plans, arrest totals and safety tips at HeatIsOnColorado.com.

#### WHOLE SYSTEM. WHOLE SAFETY.

In early 2019, CDOT announced its Whole System — Whole Safety initiative to heighten safety awareness. This initiative takes a systematic, state-wide approach to safety combining the benefits of CDOT’s programs that address driving behaviors, our built environment and the organization’s operations. The goal is to improve the safety of Colorado’s transportation network by reducing the rate and severity of crashes and improving the safety of all transportation modes. The program has one simple mission—to get everyone home safely.

#### ABOUT CDOT

CDOT has approximately 3,000 employees located at its Denver headquarters and in regional offices throughout Colorado, and manages more than 23,000 lane miles of highway and 3,429 bridges. CDOT also manages grant partnerships with a range of other agencies, including metropolitan planning organizations, local governments and airports. It also administers Bustang, the state-owned and operated interregional express

service. Gov. Polis has charged CDOT to further build on the state’s inter-modal mobility options.

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## YOU'VE COME A LONG WAY, BABY!

# ATTENTION FAMILY AND FRIENDS OF THE CLASS OF 2020!



Isaiah Coffey

Your Grandmother and I are very proud of you!!!  
Congratulations



Joann Thong

We are so proud of you!  
Congratulations!  
Love you, Mom, Dad, Ken & Sam

Submit a high quality, scannable baby photo and senior photo of your favorite graduating senior, a message with up to 15 words and a \$20 placement fee to the Valley Courier office at: 2205 State Ave. or mail to P.O. Box 1099, Alamosa, CO 81101. Emailed photos\* can be sent to [lsveum@alamosanews.com](mailto:lsveum@alamosanews.com). Please call 589-2553 to arrange payment.

**Deadline is 5:00 pm on Friday, May 15**

This special feature will be published on Saturday, May 23, 2020.

Photos may be picked up at the Valley Courier office after the May 23 publication date or we can mail back to you in a self-addressed stamped envelope.

\* Make sure emailed photos are at least 200dpi.

## ENTRY FORM

GRADUATE'S FIRST/LAST NAME \_\_\_\_\_

15-WORD MESSAGE (PLEASE PRINT CLEARLY): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Person submitting photo: \_\_\_\_\_

NAME \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

Photos may be picked up after May 23, 2020. Entries must be received by 5:00 pm on Friday, May 15, 2020. Mail a high quality, scannable photo and payment(\$20) along with this completed form to:  
**The Valley Courier • 2205 State Ave. or mail to P.O. Box 1099, Alamosa, CO 81101**  
**719-589-2553**  
 Emailed photos\* can be sent to [lsveum@alamosanews.com](mailto:lsveum@alamosanews.com)

CLASS OF 2020 | CLASS OF 2020 | CLASS OF 2020





# Classified Marketplace

**FREE!**

Sell your household items for FREE. Total value of item must be \$200 or less. FREE ads include 20 words or less and run 5 times.



SERVING: ALAMOSA • RIO GRANDE • CONEJOS • COSTILLA • SAGUACHE • MINERAL COUNTIES

## Public Notices

**BRADBURY STAMM CONTRACTORS, INC.**, the Construction Manager General Contractor for this project, requests subcontractor proposals and qualifications for the following project:  
**NORTH CONEJOS SCHOOL DISTRICT**  
**CENTAURI HIGH SCHOOL REQUIREMENT**  
**EARLY SITE & UTILITIES PACKAGE**  
 Project Description: Proposals will be accepted for all trades to demolish and replace a parking lot on the school campus.  
 Project Site Address: 17889 US Highway 285, La Jara, CO 81140  
 Proposals and qualifications will be accepted until 2:00 PM MST on May 28, 2020. DBE Subcontractors and Suppliers are strongly encouraged to respond. Proposals and qualifications will be accepted in the following formats:  
 Electronic Copies: bids@bradburystamm.com  
 Hard Copies: BRADBURY STAMM  
 7110 2nd Street NW  
 Albuquerque, NM 87107  
 Bidding documents are available upon request via email to bids@bradburystamm.com. A non-mandatory pre-bid will be held on May 19, 2020 at 10:00 AM at the Project Site. Only one representative per interested proposer may attend. Direct any questions to Bradbury Stamm Contractors at (505) 765-1200.  
 No. 1438  
 Published in the Valley Courier on May 9, 12, 13, 15, 16, 19, 20, 22, 23, 26, and 27, 2020.

The Conejos Library District is accepting bids for renovations for the three libraries, LaJara, Capulin, and Antonito. If interested, For more information, please call 719-587-4008 or 719-937-3303.  
 No. 1451  
 Published in the Valley Courier on May 19, 20, 22, and 23, 2020.

### 221 HELP WANTED

**ELEMENTARY TEACHER NEEDED** at Del Norte Elementary School for the 2020/2021 school year. We are seeking a hardworking and enthusiastic teaching professional to join our dynamic, vibrant and fun-loving team. Please submit your application, resume and cover letter to: Amy Duda, Principal at aduda@urtigers.co or contact Amy at 719-657-4030. Applications can be picked up at the District Office or online at dncsd.org. (6/19)

### 221 HELP WANTED

**OPEN POSITIONS AT Rio Grande Farm Park.** Paid Internship (June-August) and Project Coordinator VISTA (starting in August). Visit Rio-GrandeFarmPark.org/Opportunities for details or email your resume to amber.slvlocalfoods@gmail.com.(6/3)

### 221 HELP WANTED

**THE DEL NORTE Jr/Sr High School** is seeking a qualified Secondary Social Studies teacher for the 2020/2021 school year. If you are interested please submit your application, resume and cover letter to: Aaron Horrocks at ahorrocks@urtigers.com or contact Aaron at 719-657-4030 ext 1001. Applications can be accessed online at https://www.dncsd.org/business/employment-opportunities.(6/23)

### 221 HELP WANTED

**RIVER VALLEY INN Nursing Home** in Del Norte CO, is accepting applications for the Housekeeping Department. If you would like to join our amazing team, please come in or call for more information. 719-657-1105. 1335 6th Street Del Norte CO 81132. (RVI in an EOE).(5/29)

### 221 HELP WANTED

**APARTMENT MANAGER. OVER** the Rainbow Apartments, downtown Alamosa seeks a live-in, skilled property manager. Responsibilities include lease management, facility upkeep, handling tenant needs and issues. Qualifications: mature, good communication and computer skills, good references. Knowledge of human services helpful. Compensation includes salary, apartment, paid utilities and benefits. Serious applicants, please submit resume to hr@lapuente.net.(5/29)

### 221 HELP WANTED

**SANGRE DE CRISTO School District** is seeking a girls Middle School Basketball coach for the 2020 / 2021 season. For more information contact Brady Stagner at 719-378-2310 or bstagner@sangreschools.org.(5/26)

### 163 LOST & FOUND

**LOST: HEARING AID** lost somewhere at Safeway or Walmart. REWARD Please call Diana at 274-5998.(5/22)

### 221 HELP WANTED

**WANT TO MAKE** a difference in a child's life, looking for a rewarding and fulfilling career, are you a positive, self-motivated individual, consider working with young children and head start. MONTE VISTA HEAD START is accepting applications for anticipated teacher, teacher assistants, center assistants and substitutes. Teacher and Teacher aid positions required a BA and or AA in Early Childhood Education, CDA's accepted. Applications are available at Monte Vista Head Start, 2863 Sherman Ave., Monte Vista, Colorado. For more information you may contact the director by e-mail, director@mvheadstart.org or call 719-628-9908 or 719-852-3215. Positions open until filled. An employment application must be completed.(6/10)

### 221 HELP WANTED

**THE SAN LUIS Valley Board of Cooperative Educational Services** has positions for a full time Medicaid Coordinator/Admin. Assistant. This position will provide quality clerical assistance and record keeping to the special education department and Medicaid agencies; to provide all required documents for Medicaid reimbursements to appropriate Colorado agencies. High school diploma or equivalent required with least one-year secretarial experience, knowledge of financial reports and processes preferred. Process requires application, letter of interest, and three current letters of reference. Send completed application process to Nita McAuliffe, Director of Exceptional Student Services, SLV BOCES, 2261 Enterprise Drive, Alamosa, CO 81101 or nmcmauliffe@slvboces.org. Application deadline is June 8, 2020 or until positions are filled.(6/10)

**DEL NORTE BANK** is seeking a qualified candidate for their Residential Mortgage Division. Ideally, candidate will have minimum one year of mortgage lending experience, or very strong mathematical/analytical and communication skills. Attention to detail, multitasking while managing multiple loans and meeting deadlines is critical. If you're interested in joining our dedicated team, helping borrowers obtain their dream of Homeownership, please apply at Postmaster@truelocalbank.com. Full time on-site position M-F 8:00 - 5:00. Full benefits. Del Norte Bank is Your True Local Bank. EOE.(5/30)

### 221 HELP WANTED

**LOOKING FOR A** career opportunity and being a part of your local community? 1st Southwest Bank is growing and hiring a Teller, offering a strong benefit package & career growth opportunities. EOE. Go to https://www.fswb.bank/who-we-are/careers/ for more details & to apply.(5/22)

**NEED A SECOND-IN-COME?** child support? Car Repairs? Taxes Due? Earn up to \$800/month delivering the Valley Courier. Contact Keith at 589-2553. (2/26-TFN)

### 221 HELP WANTED

**ACCEPTING RESUMES FOR Assistant Administrator** position with Tri-County Senior Citizens and Housing. Must be proficient in Microsoft suite. (Word, Excel, Publisher) Prior experience in bookkeeping or accounting. Must be well organized, detail and deadline oriented. Will assist with day to day operation of Senior Center and Senior Apartments. Must relate well with people. Will plan activities, events and trips. Will prepare newsletter and reports for board review, will keep website current. Full time position 35-40 hours per week Monday-Friday. Mail resumes to 311 Washington Street, Monte Vista, CO 81144 or email to mary@triconseniors.com.(6/5)

### 221 HELP WANTED

**CDL TRUCK DRIVER** wanted. Call 719-480-3983.(6/19)

### 221 HELP WANTED

**CDL TRUCK DRIVER** needed immediately for local project. \$14.00 to \$18.00 per hour; based on experience. Please call 719-588-8369.(6/2)

### 221 HELP WANTED

**OFFICE MANAGER/BOOKKEEPER WANTED** in Mosca. Duties: General Office Admin, Bookkeeping, Manage online markets, Sales Tax, Payroll, QB Reports. Part-time \$18/hour. Send Resume and cover letter to opportunity.slvlocalfoods@gmail.com Questions call 719-588-8245.(6/2)

### 221 HELP WANTED

**CDL TRUCK DRIVER** needed immediately for local project. \$15-\$17.00 depending on experience. 32 to 40 hours per week (Monday-Thursday), weekends off. Please call (719) 843-5354 or (719) 580-1518 for an application. Home base in Manassa.(6/2)

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- FACT: Newspapers Are the Least Offensive of All Forms of Political Advertising**

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- 5 - 2 col. x 5" Ads • \$899
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Valley Courier

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Lori - 719-298-2502

• Earth Moving

• Demolition

• Additions

• Roofing

• Backhoe

• Concrete

• Tree Trimming & Much More!

719-580-8918

joshshandymanoncall@yahoo.com

# Classifieds

## 221 HELP WANTED

**JONES OIL COMPANY** seeking route drivers. Need to have CDL Class A or B with hazmat and tanker endorsement. Clean MVR. Must be 21 or older. Call 719-754-2221 for application.(5/27)

## 324 - FEED & SEED

**PREMIUM ALFALFA AND grass/alfalfa**, small bales \$7.00 in hay shed (719) 580-2509. (6/20)

**HORSE AND COW** hay: grass, grass/alfalfa, alfalfa. 3x3 and 4x4 bales, various quality and pricing. 719-850-8917 (7-13-TFN)

## 341 - GARAGE SALES

**GARAGE SALE! EVERYTHING** must go! 588 Spruce St. Monte Vista. Saturday 5/23. 8am-1pm.(5/23)

## 351 LIVESTOCK

**HERITAGE BRED TURKEY POULTS** - Burbon Reds from free range parents. \$20 each or \$35 for 2. Limited number available. Ready to butcher at 28 weeks (toms average 30 lbs, hens 15 lbs.) Straight run only. 719-850-2832. (TFN-E)

**9 FEEDER LAMBS** for sale, \$100 each. Call 719-588-7325.(5/30)

**BLACK ANGUS REPLACEMENT** heifers. Call 719-852-5269.(5/29)

**PIGS FOR SALE** \$1.00 lb. live weight. 570-395-0184 (TFN)

## 360 - MISCELLANEOUS FOR SALE

**ZACH'S EUROPEAN MOUNTS.** Professional work, low prices. 719-580-0398. (TFN)

## 369 - PETS & SUPPLIES

**FREE KITTENS.** BOX trained and eating on own. Call 720-483-2720.(5/23)

## 369 - PETS & SUPPLIES

**VALLEY DOG TRAINING**, restarting obedience, classes, Social Distancing. June 4th. 6 weeks \$50. 719-379-4157 information.(6/5)

**FREE KITTENS** to good inside homes. Call 719-250-7597.(6/22)

**ALL DOGS ADOPTED** FROM THE VALLEY HUMANE LEAGUE HAVE TO BE SPAYED OR NEUTERED BEFORE GOING TO THEIR NEW HOME. (TFN)

**OOPS! GOT PUPPIES** who need a home? San Luis Valley Animal Welfare Society is a nonprofit animal rescue dedicated to stopping the euthanasia of healthy adoptable pets. Having pets altered is the number one way to stop pet overpopulation. If your pet has had puppies contact us. We will take the puppies into our rescue and spay the mama dog for free after the puppies are weaned. If needed we will also provide dog food & gas money to get the dogs to us to help in this situation. Spay/neuter is one of the greatest gifts you can provide your pet, your family and your community. We have found good responsible homes for over 8,000 animals. Contact 719-587-9663 (WOOF); email: woof@slvaws.org. (TFN)

**NEED CATS FOR** mousers? Want to adopt kittens? Help trap/neuter/release efforts? Donate food/litter/supplies? Low cost spay/neuter clinic for cats. <http://www.catsaliveslv.com> 719-298-7028. (TFN)

**FREE TO GOOD** home. Adults and kittens. **NO MOUSERS OR BARN CATS.** Spay/neuter clinics coming to Alamosa in near future. Call Donna K 719-589-5952 or 719-580-9078. (TFN)

## 387 - WANTED TO BUY

**LOOKING FOR A 2 or 3 bedroom** Mobile Home 1981 or higher for \$15,000 or under. Call or text 719-580-9525(TFN-E)

## 409 FARM & RANCH LAND

**WANTED SUMMER PASTURE** for 30 cows. Call 719-588-7895.(5/29)

## 415 - HOMES FOR SALE

**PORTER REALTY, INC.** Excellent Service, Expert Advice  
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503 Main Street • Alamosa  
[www.PorterRealty.com](http://www.PorterRealty.com)

**\$287,000** - Tucked away on a quiet street close to ASU and downtown, this well maintained home is loaded with space and amenities. The 3 main downstairs bedrooms are all good sized and off the main living and kitchen areas. The upstairs bedroom has its own bathroom & living space or use it as a guest suite. Curved ceilings, gas fireplace, hardwood floors, hot water heating, sunny kitchen with ample cabinet storage, back yard patio, sprinkler system, mature landscaping, 2 car attached garage, 2 storage sheds and more. Don't miss out on this great home. call today. 271 La Veta, Alamosa MLS # 769523

**\$279,000** - Move-in ready 4 bedroom, 2.5 bath home close to everything! This meticulously maintained home has two master bedrooms, 2 living areas, 2 fireplaces (one gas & one wood burning), new stainless steel appliances. Many more updates including windows, doors, garage door openers. Smaller, low-maintenance yard areas including 2 storage sheds and 2 car attached garage with alley access. You don't want to miss this one! 718 Murphy Drive, Alamosa MLS # 769616

**\$239,000** - This completely renovated 1720 square foot, 3 bedroom, 2 bathroom home is ready for a new owner. 2 living spaces with plenty of room to entertain. This home has a new roof, new exterior paint, updated back-deck with awesome backyard. New granite countertops throughout, new kitchen cabinets, new floors throughout, new light fixtures, the list goes on. A must-see in this price range. Broker owner. 770 Graf Drive, Alamosa MLS # 769620

**\$179,000** - Affordable retreat in Conejos Canyon! This rustic 2 bedroom cabin on 1 full acre can easily sleep up to 8 people. Many of the components have been replaced recently including a new roof, new wood stove insert, new floor coverings, new plumbing, new electrical and more! The property is about 50 yards from world-class fishing on the Conejos River. Check out the 3D interior virtual tour and several 360 degree outside shots! Call today for your private showing. 361 Conejos Acres, Antonito MLS # 769712

## 507 - BOATS & MARINE EQUIP.

**12FT ALUMINUM \$250.** 17ft Crestliner \$1200. 22ft Glastron inboard outboard Merk 888 \$2000. 14ft Lund center console nine hp Yamaha 4 stroke \$1800. Call 719-588-7646.(6/2)

## 525 GUNS

**ZACH'S EUROPEAN MOUNTS.** Professional work, low prices. 719-580-0398. (TFN)

## 601 APARTMENTS FOR RENT

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[www.alamosarentals.com](http://www.alamosarentals.com)

**NICE 1 BEDROOM** apartment across from ASU. Washer/Dryer included. 719-251-3597 (6/6)

## 611 - HOMES FOR RENT

**FOR RENT 4 bedroom 2 bath** home. Over 3000 sq.ft. \$1050 month. Does include all utilities. No smokers/pets. References required. Available May 1st. Call 719-589-3759. (5/19-TFN)

**BEAUTIFUL 3 BEDROOM,** 2 bath country home with fireplace will be available June 1, 2020. 1st, last, security & utility deposit. 1-year lease. References. Monthly rent is \$800 plus utilities. Contact Cheryl 719-480-0502. Leave a message. (6/13)

## 614 - MOBILE HOMES FOR RENT

**2 MOBILE HOME** Lots for lease. \$250/mo, electricity, water, sewer hookups, Sanford. Call 719-580-8063.(6/5)

## 620 STORAGE UNITS

**FOR RENT 1500** sq.ft storage/workshop. Available April 19th. \$400 month. Call 719-589-3759.(5/19 TFN)

## 702 - AUTOS FOR SALE

**2011 FORD SHELBY** Cobra, glass roof. 15,000 miles. \$48,500/obo, Call 719-588-5198. (6/17)

## 717 WATER SHARES

**3825 GALLONS OF** Middlemist water for sale. Call 719-588-2001. (5/26)



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- Tractor Mowing
- Dirt Work
- Demolition
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82 CONEJOS ALAMOSA  
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Get ready for spring gardening now! Fall is the best time to amend your soil after you've put the garden to bed. We carry a wide variety of soil, trace minerals, soil conditioners, mycorrhizae mixes, bio-char and so much more.

**HAPPY FROG SOIL SPECIAL! 2 FOR \$36 - TAX**  
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# Comics

## CROSSWORD PUZZLE

- ACROSS**
- 1 Church response
  - 5 Coach
  - 8 Corp. officers
  - 11 Spring fragrance
  - 13 Invoice no.
  - 14 Feel awful
  - 15 Loaf part
  - 16 Tinned fish
  - 18 Unskilled writer
  - 20 Possessed
  - 21 North Woods animal
  - 23 College stat
  - 24 Unlucky gambler's note
  - 25 Tube trophy
  - 27 Salespeople, for short
  - 31 Coiled hairdo
  - 32 Not shallow
  - 33 Herr's wife
  - 34 Need a scratch
  - 36 Ship's prow
  - 38 Zero
- DOWN**
- 39 One-time Queens ballpark
  - 40 Stick
  - 41 India —
  - 42 All-purpose MDs
  - 44 White heron
  - 46 Standard of perfection
  - 49 Where India is
  - 50 Withdraw
  - 52 More agreeable
  - 56 Fleming of 007 fame
  - 57 Elephant quarters
  - 58 Stare balefully
  - 59 Mexican Mrs.
  - 60 Rand of fiction
  - 61 Exceeded the limit
  - 1 Capp and Jolson
  - 2 \$1,000,000, slangily
  - 3 Yalie
  - 4 Salsa go-with

PRY	RFD	BOAT							
OUI	ERAS	OMNI							
TSP	COMA	LEON							
SEED	ED	VIENNA							
	USO	AFR							
DISCS	INFORM								
ERIK	PONY	TUT							
RAT	ULNA	METE							
QUOTAS	DOSED								
BEN	MAP								
RIPEST	UNEASY								
EBAY	ECRU	DUO							
BETE	DRA	ZIG							
AXED	OLE	ETA							

- 5 Soak up the sun
- 6 "Pulp Fiction" name
- 7 Razor honer
- 8 Futile
- 9 Fragrant tree
- 10 It runs on runners
- 12 Halted
- 17 Tower over
- 19 Glues tight
- 21 River terminus
- 22 Weight unit
- 23 Wanderers
- 24 Long-legged wader
- 26 Cat's plaint
- 28 Bushmiller or Els
- 29 Do water-colors
- 30 Pout
- 35 Helga's husband
- 37 — on (inciting)
- 43 Public square
- 45 Locomotive need
- 46 Orchidlike flower
- 47 Expensive
- 48 Still-active volcano
- 49 Egyptian god
- 51 Bashful
- 53 Head warmer
- 54 Previous to
- 55 Florid

## ALLEY OOP

THE TRUTH IS, I HAD AN ULTERIOR MOTIVE FOR THE TEST I GAVE YOU.

YOU DON'T SAY.

THE REASON I BROUGHT YOU TOGETHER AND PUT YOU THROUGH MY TESTS WAS TO HELP ME RULE THE MULTIVERSE!

OH, THAT'S A RELIEF. I THOUGHT I WAS GOING TO HAVE TO COMPROMISE MY MORALS WORKING FOR A BIG CORPORATION OR SOMETHING.

WHAT? I'M NOT A BIG FAN OF CAPITALISM!

## ARLO & JANIS

I DON'T THINK THAT'LL COUNT AGAINST YOUR MINE!

## BIG NATE

SO YOU LIKE SHORT GUYS, HUH?

OH, YEAH! SHORT GUYS ARE CUTE!

WELL, I HATE TO BREAK IT TO YOU, BRIANNA, BUT I AM NOT SHORT! I'M A SOLID 4'10"!

UH... NO.

YOU'RE 4'8" AT BEST, AND AT LEAST TWO INCHES OF THAT IS HAIR HEIGHT.

SHE'S DOWN-SIZING ME.

LET'S CALL YOU 4'6" AND ADORABLE!

## THE BORN LOSER

THE YOUNG PEOPLE AT WORK THINK I'M OLDER THAN I AM BECAUSE OF MY APPEARANCE.

SO I'M THINKING ABOUT DYEING MY HAIR.

WHICH ONE?

## FOR BETTER OR FOR WORSE

ZIP A DEE DOO DAHHH... I'M IN SUCH A GREAT MOOD THIS MORNING!

JEAN, YOU WOULDN'T BELIEVE WHAT IT WAS LIKE AT HOME! WHAT A RELIEF IT IS TO GET AWAY FROM THAT WOMAN! - HAVING A BABY IS BAD ENOUGH - BUT SHE WAS DRIVING ME CRAZY!

MAYBE I DID TAKE THE EASY WAY OUT, BUT EVER SINCE I DECIDED TO RENT THAT APARTMENT - I'VE FELT LIKE A NEW MAN!

MEN!

## FRANK & ERNEST

THEY MADE A CHANGE FOR THIS POKER TOURNAMENT. TO ELIMINATE LARGE GATHERINGS, IT'S NOW AGAINST THE RULES TO HAVE A FULL HOUSE.

## GARFIELD

LET'S GO OUT

OKAY!

I MEANT TOGETHER!

THINK, LIZ. THINK.

## THE GRIZZWELLS

GLINTHER, DO I LOOK LIKE I'M GETTING CROWN'S FEET?

(SIGH!) NO, YOU DON'T, FLORA

DARN RIGHT! THOSE THINGS ARE MURDER TO COOK. I'M GOING TO GET SOME CHICKEN WINGS FOR DINNER!

FINE, FINE, FINE

## PEANUTS

I'M VERY EXCITED... I THINK IT'S GOING TO BE THE BIGGEST THING EVER!

JUST THINK, CHUCK, OUR CHARITY BASEBALL GAME IS NEXT WEEK!

YOU AND YOUR STUPID BALL GAME! HAVE YOU EVER TRIED TO SELL TICKETS TO A STOMACH-ACHE?!!

NOBODY WANTS TO COME TO YOUR STUPID OL' BALL GAME! I'M TIRED OF HAVING DOORS SLAMMED IN MY FACE!!

I COULD HAVE BEEN MUGGED! A STOMACH-ACHE IS NO KIND OF CHARITY! I HATE SELLING TICKETS! I HATE BASEBALL!

## SUDOKU

DIFFICULTY RATING: ★★★★★

	9	1	7	3					
2		3		5	8				
		8	9						
		2						6	
3	8	4	5	1	2	7			
2			8						
			4	3					
7	1		6			2			
5	4		7	3					

**HOW TO PLAY:**  
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

7	1	6	4	9	8	3	5	2
5	4	8	1	2	3	6	7	9
9	3	2	7	6	5	1	8	4
3	5	7	8	1	2	4	9	6
2	8	4	6	7	9	5	1	3
1	6	9	3	5	4	8	2	7
4	2	5	9	8	6	7	3	1
8	7	3	2	4	1	9	6	5
6	9	1	5	3	7	2	4	8

## HERMAN

"Table for three."

## Man's effort to contact his newfound family is ignored

DEAR ABBY: I recently found out who my biological father is/was. Apparently, my mother and this man had an affair more than 50 years ago. There's only speculation as to why. What bothers me is, I have always lived no more than 15 miles from this man and his family. I tried reaching out to the one half-sibling I am most knowledgeable about. They have made no attempt to contact me about this elephant in the room. I don't know if it's shame or embarrassment on their part. I am a respectable man with a great family. Why someone would not want to reach out and at least get to know a brother they supposedly never knew existed is beyond me. We've wasted way too many years kept in the dark about this well-kept secret. My thought is that you can never have too big a family -- even if we are only half-siblings. Should I continue attempting to reach them, or just sweep all of this under the rug and pretend it never happened? -- EXPANDING THE FAMILY IN OHIO

DEAR EXPANDING: Not everyone is as open-hearted or inclusive as you. After half a century, your birth father's family may prefer not to open this chapter of their father's life, and they should not be forced to. Because you have already reached out to them without

getting a response, I don't think you should push the issue. You wrote that you are a respectable man with a great family. Count your blessings, because not everyone is so fortunate. DEAR ABBY: I am a 42-year-old man who lives at home with my parents after getting out of an abusive relationship. A full night's sleep is important to me and waking up early from avoidable noises is upsetting because I am unable to go back to sleep. My mother's cellphone is what's waking me up. I have asked her numerous times to turn off the ringer at night. She has no reason to be a go-to for emergencies, yet she acts as if she is. The last time I asked, she actually told me the phone calls she missed (because she forgot to turn her ringer back on) are more important than my sleep. She says she's glad I'm back living at home because I am making life a little easier for them. They are getting old, and I have come to the conclusion I will be here taking care of my parents in the coming years. I have told Mom numerous times to have her hearing checked, too, to no avail. I think that may be why her cellphone ringer blares so loudly. On numerous occasions I have heard



ABIGAIL VAN BUREN

Dad ask her a question in the living room, and Mom, who is sitting right next to him, says, "What?" She's in denial about her hearing. I would rather not move out, but I am about ready to do it for peace and quiet. Do you have any words of wisdom for me? -- INJURED EARS IN ILLINOIS

DEAR INJURED EARS: Yes, I do. Ask your mother to put her phone on vibrate at bedtime or use its do-not-disturb feature between certain hours. If she refuses, then purchasing a white noise machine might be a solution. Suggest to your father that he inform their doctor about your mother's hearing problems. Perhaps if the doctor tells her it's time to have her hearing checked by an audiologist, she won't tune out the message.

# Lifestyle

## Expect an abundance of millers moths this year

If the swarms of flying insects infiltrating doorways, backyards and gardens the last few weeks are any indication, miller moth season in Colorado is here.

Following four straight years of below-average numbers for the winged creatures, the insect should be noticeably more abundant in 2020, according to Colorado State University entomologists Whitney Cranshaw and Frank Peairs, both professors in the Department of Agricultural Biology and CSU Extension specialists.

"Flights of the moths crossing through into eastern Colorado on their annual migration to the mountains first became noticeable the first few days of May, much earlier than 2019, when noticeable numbers were first observed in late May," the insect experts write in a fact sheet for CSU Extension.

Familiar to native Coloradans, "miller moth" is the common name for the adult stage of the army cutworm, a.k.a. *Euxoa auxiliaris*. They originate from fields across eastern Colorado and adjacent areas of western Kansas and Nebraska on a yearly westward migration, ultimately arriving in the mountains to spend the summer, and returning to the plains in September. Peak moth flights may last five to six weeks, generally starting the last week of May or early June. Already, the moths have damaged crops in Colorado, Nebraska and Kansas.

If Front Range residents are swatting more moths than usual this year, they have relatively low moisture conditions in fall, winter and spring to thank, according to the CSU entomology team. It's been drier this year than last, reducing the number of blooming flowers. Plus, a freeze in mid-April killed blossoms from plants that would normally be in peak bloom in early to mid-May. With fewer flowers available to the insects during their migration, they tend to concentrate in areas with larger numbers of flowering plants – usually, irrigated landscapes, including yards and gardens.

Annoying as they can be, the moths won't stick around forever. Flight activity of the moths will accelerate as the night temperatures warm. A warning, though: Cool, wet periods might make the migrating moths stay a while.

And just to confuse matters, Cranshaw adds, there is another moth event happening along the Front Range now – the adult alfalfa webworm, a smaller, mottled-gray moth that is very visible by day when walking across a yard.

**Miller moth fast facts**  
Why are they called "miller moths?"  
Fine scales that easily rub off cover their wings. The scales reminded people of

the dusty flour on the clothing of grain millers.

**What was the heaviest moth flight in recent history?**

Since at least the early 1980s, the heaviest, most prolonged flight of miller moths across eastern Colorado occurred in 1991.

**What eats them?**

They have many natural enemies, including predatory ground beetles, hunting wasps, and many birds. Grizzly bears in Yellowstone are known to feed on large numbers of the fat-rich moths they find under loose rocks.

**What are those swallows doing circling my car?**

A commonly observed phenomenon during miller time is swallows – which love to eat miller moths – congregating at road intersections. This can occur because moths that had sought shelter in car chassis are warmed by the engine and emerge while the cars are idling at a stop light.

**How do the moths get inside a house?**

They avoid daylight and seek shelter before daybreak. Small cracks in doorways, garages and cars are perfect hiding spots. At night, they emerge to resume their migratory flights and to feed.

**Why are moths attracted to lights at night?**

Moths, and many other flying insects, are confused by low-point light sources because they naturally use the moon or stars to orient their flights.

**Are miller moths harmful?**

The caterpillar stage can be a pest for crops in the spring, and they can kill seedling plants. Mostly, the adults are just a nuisance. Moths in the home do not lay eggs or feed on household furnishings or food. If large numbers die in a home, there may be a small odor problem due to the fat in their bodies turning rancid. Large numbers can leave spots on walls from their meconia, which is waste stored during pupal development.

**How do I control miller moths in my home?**

Seal obvious openings around windows and doors. Reduce lighting at night in and around homes. An easy trap to make is to suspend a light bulb over a bucket partially filled with soapy water (always use a grounded plug and extreme caution with any electrical device near water). Moths attracted to the light often fall into the water and are killed. Moths are not very susceptible to insecticides.

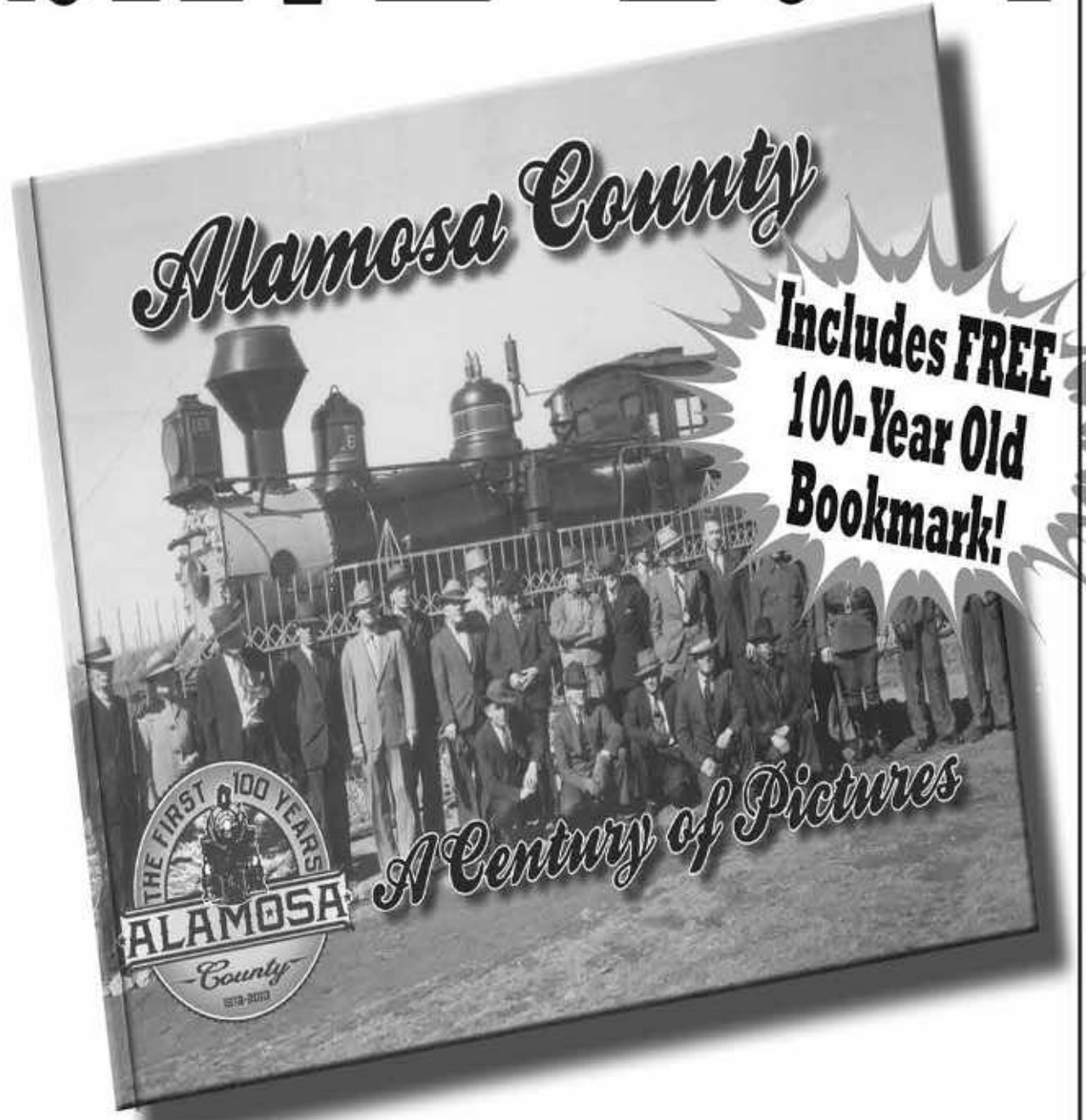
**What is extreme fear of moths called?**

Mottephobia.



Photo courtesy of CSU

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