

Main Street shooter faces charges

By SUSAN GREENE Special to the Courier ALAMOSA — The protester who last week shot a driver in downtown Alamosa says he did so to protect his wife.

James Edward Marshall IV, 27, told police that the gunshot victim, Danny Pruitt, 49, hit Marshall's wife, Mariah Lorraine, with his pickup truck at the intersection of Main Street and State Avenue, which the couple and others had blocked June 4 to protest the police killing of George

Floyd in Minneapolis.

"James said he was in fear for his wife's safety of being run over and he fired a shot into the truck," Alamosa Police Detective John Vasquez wrote in a police report.

Vasquez told Marshall that, in reviewing a video of the incident, he did not see Pruitt's truck making contact with Lorraine, 26. Still, the detective reported the video does show Pruitt's truck "inching forward toward protestors," noting they had to "move to both

sides of the truck to avoid being hit. That's how several pro-

testors at the scene have

described the incident, and

how events seem to unfold

Marshall is an early-

career criminal defense

lawyer whose law office is

at the intersection. Accord-

in the video.

ing to the police report, he from the passenger side of told the detective "the video could be wrong.'

He claimed to have a permit to carry the concealed Glock 43 .9 mm that the video shows him pulling from his rear waist and with which, as the affidavit indicates, he shot Pruitt in the back of the head

the truck. Pruitt - whose license plates identify him as a disabled veteran – appears to have stopped in the middle of the intersection when shot, then kept driving his black Dodge Ram 4x4.

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Testing underway at San Luis Care Center

SANLUIS VALLEY-Five new cases for the SLV have been reported since Wednesday, 1 for Alamosa County, 2 for Costilla, and 2 for Rio Grande. The total number of cumulative cases is now 281. Twenty-five total people have been hospitalized, and 196 have completed isolation. There have been 5 fatalities of individuals with COVID-19. Numbers are updated weekdays at slvemergency.org/slvcovid-19/.

Wednesday, Alamosa County Public Health announced a COVID-19 outbreak in a Long Term Care Facility, the San Luis Care Center, in Alamosa. Deputy Director at Alamosa Public Health, Jordan Kemp said "an outbreak declaration can bring heightened awareness of the situation to all partners involved in the response by helping to describe the way a disease is impacting a specific sector of the community at a particular point in time.

CDPHE is supporting the fewer than 500 employoutbreak investigation. In order to protect our vulnerable older populations, it is important to prevent transmitting COVID-19 as much as possible. Here are some ways you can help protect our older adults:

If you are sick, or if you have been exposed to a COVID-19 positive individual, stay home and away from others, especially if you work with or around older adults.

Keep in touch with older relatives or friends by phone rather than visiting in person.

If you live with an older person, wash your hands frequently, and do not allow visitors.

When you are out and about around older individuals, wear a cloth mask or face covering.

If your relative or friend lives at a long term care facility or in assisted living, find out what the facility allows as far as visiting and staying in

ees provide sick leave (although some with under 50 employees are exempt). The Colorado Health Emergency Leave with Pay Rules ("Colo-rado HELP Rules") adds coverage for workers as well. See more here: https://covid19.colorado. gov/sites/covid19/files/ FAQs-CDLE-042720.pdf

If you wish to pursue testing for COVID-19, please contact your primary care doctor or call one of the numbers below to start the screening process:

For symptomatic individuals only, call:

Rio Grande Hospital 719-657-4990

SLVHealth Respiratory Clinic 719-589-2511 ext. 9

For symptomatic and asymptomatic individuals who have had contact with a confirmed COVID-19 positive individual, call: Valley Wide Health Systems 719-589-3658 ext. 9 (M-F only)

Adams State will welcome back students Aug. 24



REC directors to serve another four years

MONTE VISTA- SLV Rural Electric Cooperative's unopposed incumbents K. Cole Wakasugi, Costilla County (district 2) and Scott Wolfe, Alamosa County (district 4)

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SLV

Today

ASU

Trustees

will conduct

meeting on

June 15

ams State University

Board of Trustees will

meet from 8:30 a.m. until

5 p.m. Monday, June 15,

via Zoom. Members of

the public can listen to

the public proceedings

through Zoom +1 253

215 8782 US Meeting ID:

968 3225 6634 Password

383578.

ALAMOSA — The Ad-

will both serve another four-year term.



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ALAMOSA — Adams State University will welcome students back to campus for the 2020-21 fall semester the week of Aug. 24, and will hold class on Labor Day and forgo a fall break to finish regular classes for undergraduates on Tuesday, Nov. 24, just ahead of Thanksgiving, the University announced Wednesday.

The Safe to Return to Campus plan-developed for students, faculty and staff — will include daily symptom monitoring for COVID-19, quarantine and isolation protocols, social distancing and mask requirements, and enhanced cleaning of all campus spaces.

As part of its planning, the University has identified housing to be used to isolate any residential students who may need to be quarantined. In coordination with local health care providers and the Alamosa County Public Health Department, the quarantine/isolation protocols will continue throughout the semester. The University is developing signage and other communications tools to remind the campus community of health expectations and best practices. The decision to finish undergraduate classes the week of Thanksgiving

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is part of a series of recommendations from Adams State's Safe to Return Task Force, which has been developing plans to prepare for the safe return of students and to resume on-campus courses.

Following the last day of regular classes for undergraduates on Nov. 24, students will break for Thanksgiving, and then take final exams remotely via Adams State's Blackboard online platform from Nov. 30 through Dec. 3.

Online graduate courses will follow the standard semester dates, starting August 24 and ending final exams on December 18.

We look forward to welcoming our students back to campus in August,' said Adams State President Cheryl D. Lovell. "Preparing for their return has been complex and challenging as we establish procedures to ensure the health and safety of the campus as well as the community of Alamosa and the San Luis Valley.

'We recognize our students travel from across Colorado and neighboring states, and in some cases internationally, to attend Adams State.

■ See ASU page 3

589-2564

Residents and staff were tested through partnership of the San Luis Care Center starting on Thursday and testing will continue into Friday. Valley-Wide Health Systems, and Public Health.

contact.

It is important to know that there are resources available and supports in place if you have to miss work due to COVID-19. Federal law requires that businesses with

For general SLV COV-ID-19 related questions: slvepr@alamosacounty. org, 719-480-8719

Curbside pick-up services

ALAMOSA—Alamosa Public Library doors remain closed during Safer at Home, but you can get the materials you need by utilizing the library's Curbside Pick-up Service.

It's simple: Place a hold on items you'd like or call the library staff for help in choosing materials. Staff will prepare your materials and call you to make an appointment for curbside pick-up. When

vou get to the library during your ap pointed time, call the library staff and they will bring the items out to a table while you wait in your vehicle. After staff goes back into the building you pick up your materials. Then you're on your way back home to enjoy a good book or movie.

For more information or help see our website page: alamosalibrary.org/curbside or call the library at (719) 589-6592.



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13 YE/

Record

CDOT releases key findings from two-year study

The Cannabis Conversation engaged thousands of Coloradans to learn more about cannabis-impaired driving

STATEWIDE — While the Colorado Department of Transportation (CDOT) has worked to eliminate marijuanaimpaired driving since recreational legalization in 2014, Colorado has continued to see cannabis-involved traffic crashes and fatalities. In 2018, 13.5 percent of drivers involved in fatal crashes tested positive for cannabis.

To view the full report, visit https:// www.codot.gov/safety/alcohol-andimpaired-driving/druggeddriving/assets/2020/cannabis-conversation-report_april-2020.pdf

To confront this ongoing challenge, CDOT launched The Cannabis Conversation, a two-year, statewide initiative to engage Coloradans in a meaningful discussion about marijuana-impaired driving and learn more about the public's attitudes, beliefs and behaviors on the topic. The purpose of this first-of-its-kind campaign, which wrapped up in late 2019, was to ultimately help CDOT develop fresh strategies, messages and solutions that would better resonate with cannabis consumers and influence decision making when it comes to marijuana-impaired driving. CDOT connected with more than 18,000 Coloradans through in-depth surveys, public meetings and focus groups to learn how to best cater messaging, outreach and education based on consumers' perspectives. CDOT gained valuable insights through self-reported behavior from consumers, including the following key takeaways:

Key Takeaway #1: People who consumed cannabis more often considered driving under the influence of marijuana to be less dangerous.

Although many users have normalized driving high, most still consider the travel conditions, their alertness, and how recently they consumed cannabis before driving.

Key Takeaway #2: Many cannabis users are highly skeptical of the laws, policies and enforcement regarding driving impaired — and want credible, nuanced information.

Respondents expressed a desire for more research on detection methods and guidelines for self-assessment of impairment, dosage-based legal limits, and how long to wait before driving.

Most cannabis users were sensitive to any messages or ads they perceived as overstating the dangers of driving high, stereotyping cannabis users, or that were unrealistic.

Key Takeaway #3: The key to reaching some skeptics is to lead with feelings and follow with facts.

Users liked safety campaign materials, like PSA ads, that have an honest tone, a straightforward approach, and feel more like they are being talked to by a friend, not a parent.

"We talked online and in-person to thousands of marijuana users across Colorado," said Sam Cole, CDOT traffic safety communications manager. "We learned how different groups of people respond to different types of messages — and will use that knowledge to try to influence people to make smart choices. After all, there is no 'typical' marijuana consumer."

An important takeaway was challenging cannabis consumers to rethink the choice to drive under the influence and how it unnecessarily puts others at risk. Those skeptical about the risks associated with cannabis-impaired driving responded to campaigns that invoked feelings counter to their deeply held beliefs that driving after consuming is solely a personal decision.

CDOT is now applying these insights to their campaigns. The agency is currently developing a series of PSAs based on a concept vetted and chosen by the public. CDOT continues to work closely with dispensary companies, a trusted voice for consumers, with in-store educational collateral and budtender training. The state is also making strides in more cooperative and comprehensive data collection.

More states each year legalize recreational and medical cannabis, and CDOT hopes its takeaways from The Cannabis Conversation will help others in transportation, law enforcement, prevention and academia learn how to effectively approach impaired driving education and awareness.

COVID-19

Safe transportation infrastructure is essential for emergency first responders and freight drivers as Colorado navigates the COVID-19 pandemic. With that in mind, road maintenance and construction continues on CDOT projects with social distancing and other health safety measures to reduce COVID-19 exposure on the worksite. The Colorado Department of Public Health and Environment announced guidelines for construction activities. The public is urged to join the campaign for #DoingMyPartCO by practicing social distancing, wearing face masks, staying at home when possible, and avoiding nonessential travel. With fewer vehicles on the roads, CDOT crews will be able to work more efficiently and safely.

WHOLE SYSTEM. WHOLE SAFETY.

In early 2019, CDOT announced its Whole System — Whole Safety initiative to heighten safety awareness. This initiative takes a systematic, statewide approach to safety combining the benefits of CDOT's programs that address driving behaviors, our built environment and the organization's operations. The goal is to improve the safety of Colorado's transportation network by reducing the rate and severity of crashes and improving the safety of all transportation modes. The program has one simple mission—to get everyone home safely.

ABOUT CDOT

CDOT has approximately 3,000 employees located at its Denver headquarters and in regional offices throughout Colorado, and manages more than 23,000 lane miles of highway and 3,429 bridges. CDOT also manages grant partnerships with a range of other agencies, including metropolitan planning organizations, local governments and airports. It also administers Bustang, the state-owned and operated interregional express service. Gov. Polis has charged CDOT to further build on the state's intermodal mobility options.

Rio Grande County fires Brown, hires Interim Public Health Director

By LYNDSIE FERRELL

RIO GRANDE COUNTY- The Rio Grande Board of County Commissioners and Board of Health decided unanimously, Friday, May 22, to discharge current Public Health Director Emily Brown and hire an interim director to take over the department.

In an interview Monday, May 25, Rio Grande County Commissioner Chairman John Noffsker explained that the county wants to better serve the community of Rio Grande County by utilizing their resources in a more efficient manner. "We made our decision based on the need to have the public health department run more cooperatively, efficiently and effectively to strengthen our focus on the COVID-19 situation. We need to be provided accurate information and numbers and in order to achieve these objectives, the Public Health Department is being restructured to better address the crisis."

County officials hired Public Health

department. They need to give most of their efforts to COVID-19 testing and contact tracing. Through preliminary discussions, we were able to construct a tentative plan that would free up to eight hours a day for these nurses to efficiently work on active COVID-19 cases, testing and initial contact tracing while leaving other less urgent tasks to the remainder of the staff in the department," said Noffsker.

"We were recently granted a variance through the State of Colorado. The variance is dependent on trigger points within our county. It is more important now than ever to receive accurate data on COVID-19 cases in the county in order to ensure the safety of our communities. The county has been challenged by conflicting and sometimes unreliable data that makes it difficult to make appropriate and coherent decisions. This restructuring is designed to rectify this problem."

The county will also be working on phase two of their variance plan in the coming days; hoping to stay ahead of the curve and keep the county's economy on the path to reopening. "We have no idea what it will look like at this juncture, we will be speaking with the various agencies and stakeholders while monitoring other counties throughout the state. It is also possible that in the coming week the Governor will be relaxing restrictions even further than what we already have in place. It is important for our constituents to know that we will adhere to the lesser restrictions as long as other circumstances do not force us to impose further restraints," explained Noffsker.

Noffsker, speaking on behalf of the board, stated that the board is continuously working to see that the county is opening in a safe and timely manner. Though there are concerns about other possible restrictions, they will be dealing with the issues at hand. "Until those other issues, like vaccination or a resurgence of the virus are on our doorstep, we will focus on the challenges we have in our county for now but rest assured that if any other issues arise we will deal with those as well."

The county is working closely with Saguache County to address the current outbreak at the Mountain King Spud Growers potato warehouse which dramatically increased the number of positive COVID-19 cases in Saguache and Rio Grande counties. With the intent of collecting more accurate data through the public health department, officials are optimistic that the county can continue to work on opening up more and more as time goes on.

Celebration of Life for Jim Gustin

April 18th, 1962 to December 4th, 2019

The Gustin Family cordially invites family and friends to celebrate your favorite work, hunting and fishing memories you shared with Jim on June 21st, 2020

Nurse Paul Wertz as the interim Public Health Director Friday, May 22, and asked that he make his main focus to reassigning staff to more effectively utilize resources and providing accurate data to the board in a timely fashion. "There are only two nurses in the public health beginning at noon at the Gustin Getaway.

We will have a BBQ which was one of Jim's favorite ways to have a get-together. Some beverages will be provided and you are welcome to bring your own.

If you need directions text 719-849-0418 and they will be texted back to you. Please provide how many people will be in your group.

Best wishes to all. Hope to see you there.

Carol, James & Jessica Gustin

OBITUARIES

ANTONITO — San Antonio resident Lucy M. Garcia, 82, passed away June 10, 2020, at the San Luis Valley Regional Medical Center. Lucy was born on November 19, 1937, in Antonito, Colorado, the daughter of Jose B. Vasquez and Anita B. DeHerrera Vasquez. She was a member of the Assembly of God Church in Capulin. Lucy was a devoted and loving wife, mother, grandmother, great-grandmother, greatgreat-grandmother, sister, aunt, cousin and friend, she enjoyed cooking, sewing and gardening. Her greatest joy in life came from the time she spent with her children and grandchildren.

She will live on through her husband Alfredo Garcia of San Antonio, CO; daughters Pauline (Ernest) Martinez of San Antonio, CO; Veronica

(Clarence) Barela of Antonito, CO; sons Dean (Felisa) Garcia, Patrick Garcia (Margaret Gutierrez), Mark Garcia, Jessie Garcia all of San Rafael, CO; Angelo Garcia of San Antonio, CO; 19 grandchildren, 18 great-grandchildren, 1 great-great-grandchild; sisters Judy Thompson of Texas, CO; Dorothy (Jorge) Pierda of Las Cruces, NM; Shirley Lopez of Antonito, CO; brothers Manuel (Sally) Vasquez of Guadalupe, CO; Richard Vasquez of Garcia, CO; special friends Gilbert and Della Lucero. She is also survived by numerous nieces, neph-

Lucy M. Garcia

ews, cousins and friends. Lucy was preceded in death by her parents, her children Donna Mae Garcia, Toby Garcia, grandson Jonathan Barela, and her siblings Henry Vasquez, Maddie



Rodriguez and Aggie Vasquez.

Viewing and visitation will be held on Saturday, June 13, 2020, from 8 AM to 1 PM at the Romero Funeral Chapel in Antonito, with a Graveside Service to follow at the Ortiz Cemetery. To leave online condolences please visit romerofuneralhomes.com

PENDING OBITUARIES

Noah Arlan Hein

ALAMOSA —Noah Arlan Hein, 83, passed away Wednesday June 10th, 2020 at his home in Alamosa, CO. The family has chosen cremation. Rogers Family Mortuary is in care of the arrangements. To express condolences, please visit www.rogersfunerals.com

Lucy Garcia

ANTONITO — Lucy Garcia, 82, passed away June 10, 2020. Arrangements are South Fork, Colorado. pending and will be announced through Romero Funeral Home of Alamosa.

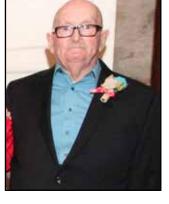
Harland Franklin Smith Jr.

SOUTH FORK Harland Franklin Smith Jr. was born September thirteenth, 1933, in Springfield Missouri. After a short battle with pneumonia, he died in the early hours of June seventh, 2020, at the age of eighty-six. Harland is to be cremated at Strohmayers Funeral Home, in Monte Vista Colorado. His ashes will be spread at a later date by his son Tony Smith, and family.

Harland joined the Marine Corps in 1950. During that time he served his country as a Sergeant, during the Korean War. He was honorably discharged in 1956.

Harland held Bachelor of Science in Industrial Technology, from California State University, Los Angeles. He also studied art abroad at the Royal College of Art in London England. He then worked for many years as a Fire Protection Engineer for Parsons, and Jet Propulsion Laboratory. During this time. he also worked one year abroad in Puerto La Cruz, Venezuela.

On September seventeenth, 1978, Harland married his beloved wife Shirleen Smith. Together Harland and Shirleen lived many years in California. In 2000, they retired to South Fork, Colorado.



During this time, Harland was able to focus on his life's passions, painting beautiful watercolor and acrylic landscapes, and entertaining his many grandchildren.

Harland is remembered as a doting husband, a caring father, a loving Papa, a brave Marine, and a talented artist.

Harland is proceeded in death by, his Mother Edith Cleo Pope, his Father Harland Franklin Smith Sr. and his Son, Thomas Smith.

Harland is survived by his three sisters, Carol Smith, Brenda Smith, and Nylene Hicks. His sons; Timothy, Tony, Zack, and Mathew Smith. His three stepchildren; Leslie Zolman, Lynette Wolfe, and Scott Wessell. His eighteen grandchildren, his sixteen great grandchildren, and many nieces and nephews. We love you Papa. -Trillian Klosiewski (granddaughter).

Arrangements in care of Strohmayer's Funeral Home.







Phase 2 Sand Dunes' re-opening plan on June 17

MOSCA — Great Sand Dunes National Park and Preserve will implement Phase 2 of their re-opening plan on Wednesday, June 17, to further increase recreational access following guidance from the White House, Centers for Disease Control and Prevention (CDC), and state and local public health authorities. The park implemented Phase 1 on Wednesday, June 3, and re-opened access to:

Dunes parking area and dunefield access

Medano Pass Primitive Road, including established campsites on a first-come, first-served basis

· All trails: Mosca Pass, Montville Nature, Sand Sheet Loop, Wellington Ditch, Dunes Overlook, Sand Ramp, Medano Lake, and Music Pass

All picnic areas: Mosca Creek, Sand Pit, and Castle Creek

Entrance Station, including the collection of entrance fees

This phased approach allows the park to adhere to all guidance, reduce risks to visitors and staff, and promote safe recreational opportunities. Great Sand Dunes continues to follow the State of Colorado "Level 3: Safer at Home and in the Vast, Great Outdoors" guidance and to work with county and local officials as these changes are implemented. Great Sand Dunes is in Alamosa and Saguache counties.

Starting on Wednesday, June 17, the park will implement Phase 2 and re-open access to:

Pinon Flats Campground Loop 1 and Loop 2, including restroom facilities

 Overnight backcountry access in the National Park, including the dune field and sites along the Sand Ramp Trail

Visitors' reservations starting on June 17th and beyond will be honored for the Pinon Flats Campground. Visitors will be able to make reservations up to the day of arrival. Only online payments and reservations will be accepted. Visitors interested in reserving a campsite should visit www.recreation.gov.

A free backcountry permit can be obtained at the visitor center, daily between 9 am-12 pm and 2 pm-4 pm. Permits are first-come, first-serve and cannot be reserved.

Permits are limited to 6 people per permit, no more than 2 vehicles per group. For more information, visitors should visit the park's backpacking page on the park website, https://www.nps.gov/grsa/ planyourvisit/backpacking.htm.

With public health in mind, the following facilities or areas remain closed until further notice:

South Ramada group picnic site in the Mosca Creek Picnic Area

Visitor Center interior exhibits, restrooms, and the Western National Parks Association (WNPA) park store.

Pinon Flats Campground Group Loop

While the interior of the visitor center remains inaccessible, park rangers will provide information outside at the visitor center and WNPA will sell select merchandise onsite.

Upon re-opening, business practices will continue to be put into place to ensure the safety of visitors and staff when interacting at the entrance station, campground, visitor center and public restroom facilities. When recreating, we encourage the public to follow



local area health orders, practice Leave No Trace principles, avoid crowding, practice proper hand washing, avoid high-risk outdoor activities, and wear cloth face masks in crowded areas, especially in the campground and around the visitor center and restroom facilities.

The health and safety of visitors, employees, volunteers, and partners continues to be paramount. At Great Sand Dunes, the operational approach is to examine each facility function and service provided to ensure those operations comply with current public health guidance and will be regularly monitored. The Sand Dunes will continue to work closely with the NPS Office of Public Health using CDC guidance to ensure public facilities and staff workspaces are safe and clean for visitors, employees, partners, and volunteers

The CDC has offered guidance to help people recreating in parks and open spaces prevent the spread of infectious diseases. We will continue to monitor all park functions to ensure that visitors adhere to CDC guidance for mitigating risks associated with the transmission of COVID-19 and take any additional steps necessary to protect public health.

Details and updates on park operations will continue to be posted on our website, www.nps. gov/grsa, and social media channels. Updates about NPS operations will be posted on www.nps.gov/ coronavirus.

(2) fax: (202) 690-7442:

or (3) Email: program.

20250-9410;

intake@usda.gov.

ASD retakes up food delivery

ALAMOSA—Alamosa School District is participating in the Summer Food Service Program (SFSP)! Meals will be provided at the site(s) and times as follows:

• June 1, 2020, to Aug 13, 2020

• 1707 West 10th Street, Alamosa Elementary K-2 • We will open doors at 10 am to 12:30 pm for breakfast and lunch. Fri-

day is a weekend feed. No congregate feeding. Only pick-up.

• We have 15 other stops that buses deliver to. Log times and locations

 Meals will be provided to all children at no charge and are the same for all children regardless of race, color, national origin, sex, age or disability, and there will be no discrimination during the course of the meal service.

• In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and

into alamosa.kl2.co.us for Closed July 3rd

institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braiille, large print, audiotape, American Sign Language, etc .), should contact the Agency (State or local)where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at ally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint form, (AD-3027) found online at: http:// www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form , call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) Mail: U.S. Department of Agriculture

Secretary for Civil Rights 1400 Independence Av-

enue, SW Washington, D.C.

■ Continued from Page 1

We take seriously the responsibility we have to the greater community to protect as best we can from the spread of COVID-19 and we believe we are putting in place the proper procedures to successfully welcome back students to campus."

Adams State University's policies and protocols for responding to the COVID-19 pandemic are rooted in safety for its staff, faculty and students, and the greater community. The primary goals for Adams State's response to the COVID-19 pandemic are to protect the health and well-being of its students and staff and continue the institution's vital mission of education. The University's plans

will be aligned and consistent with local orders and ordinances of the Alamosa County Public Health Department, as well as the state of Colorado's Phased Reopening Model. Adams State's plans also will follow recommendations from the federal government (Opening Guidelines) and Centers for Disease Control and Prevention. In the coming weeks, Adams State will send out additional information and guidance to students and families on how to prepare for the fall semester, what students can expect to see in residential housing and meal plans, and details on co-curricular student activities and new student orientation.

ASU

corder's office will be closed for regular business on Tuesday June 30, 2020 for the Presidential Primary Mail Ballot Election. The office will be open for election purposes only and will reopen on Wednesday, July 1, 2020, for regular business. All registered electors are encouraged to vote their Ballots they receive in the mail. The ballots may be mailed to the County Clerk's Office or hand delivered to the drop box at 8999 Independence Way by 7:00 p.m. on June 30, 2020. Ballots received after that time will not be counted. If you have questions please call the Alamosa County Clerk & Recorder's office at 589-6681.

Office Closed

ALAMOSA - The Alamosa County Clerk & Re-

(800) 877-8339. Addition-

Office of the Assistant

Outdoor Sale

LA JARA — The Conejos Library District will have an outdoor book sale on Saturday, June 20 from 10:00 AM to 2:00 PM. We have many good selections including many children's books.

Please come and support our library. We will be practicing social distancing during the sale and we strongly encourage you to wear a mask.

Main

■ Continued from Page 1

He was found in his truck blocks away and unconscious.

He is on life support, still with the bullet in his head, at UCHealth Memorial Hospital in Colorado Springs.

"It doesn't look good," his sister, Candace, said Thursday.

Marshall ran from the scene with his wife. The couple drove separately to their home on Bonney Drive, where Marshall was arrested a few hours later. By that time, his own defense attorney, Randy Canney, had arrived at the house from Salida and Marshall had changed from the jeans and a black T-shirt he wore to the protest to a lawyerly dress shirt. The detective noticed that the beard Marshall had during the protest had been shaven, and asked Marshall why. Marshall told him that "if he was going to jail he wanted a clean shave."

He was released from Alamosa County Jail Friday on \$6,000 bail – for a \$60,000 bond-apparently without an ankle monitor or restrictions about leaving the state or possessing a firearm.

He is scheduled to ap-

pear in court the morning of Monday, June 15 to be formally charged with attempted 2nd-degree murder, 1st-degree assault, reckless endangerment, felony menacing, criminal mischief, illegal discharge of a firearm and prohibited use of a weapon. District Attorney Robert Willett has asked the court to issue a ruling that morning prohibiting Marshall from possessing guns or ammunition. Canney, on Marshall's behalf, won't oppose that request.

Earlier this week, Chief Judge Gonzales signed an order disqualifying all judges in the 12th Judicial District from presiding over the case because Marshall has appeared before them in his law practice and they might have – or appear to have – a conflict of interest. The judge has asked Colorado's Supreme Court to appoint a judge from outside the district.

Neither Marshall nor Lorraine could be reached this week for comment about the shooting.

In the meantime, flowers, two stuffed bears and an American flag have been left in Pruitt's honor around a planter at the intersection where he was

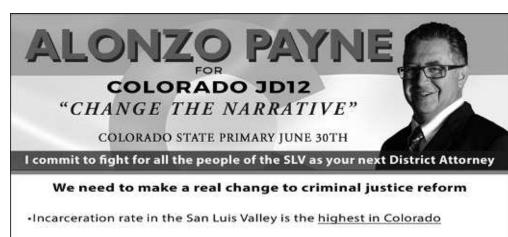
shot. In the adjacent building just feet away, above the Milagros Coffee House, the sign outside Marshall's law office, Marshall Law, has been removed, according to another tenant. Marshall hung his shingle there last June after having moved to Alamosa from Durango, where he worked briefly as a rookie public defender.

Pruitt is a transplant from Texas who bought about seven acres at the foot of Mt. Blanca, where he has been building a cabin for about a year. Friends and family say he spent much of the last few years fighting for custody of his pre-school aged daughter, Melody, who is currently with her mother in Texas.

Alyssa Hatcher, who says she is Pruitt's niece, set up a Go-Fund-Me account to which donors had, as of Thursday evening, given \$13,701. Hatcher has not responded to several inquiries for comment.

About Susan Greene:

A recovering newspaper journalist, Susan Greene reported for papers in California and Nevada before her 13 years as a reporter and then metro columnist at The Denver Post. "Trashing the Truth," a series she reported with Miles Moffeit, helped exonerate five men, prompted reforms on evidence preservation and was a finalist for the Pulitzer Prize in investigative journalism. Greene offered her services to the Valley Courier for free. Look for more of Greene's work at the Colorado Independent in Denver and through the Colorado News Collaborative (CoLab), a non-profit that seeks to provide in-depth investigative reporting to rural Colorado.



 Jails are overcrowded due to criminalization of poverty and attempts to substitute incarceration for mental health and substance abuse treatment.

·County jails do not have the resources to act as social worker, counselor, and psychiatrist

Bernie endorses Alonzo Payne

Bernie Sanders @BernieSanders

@alonzopayneCO is a criminal justice reformer, advocating for measures to reduce incarceration and stop the criminalization of poverty in Southern Colorado. He has advocated for economic justice measures, including raising the minimum wage and Medicare for All.



Alonzo Payne for Colorado Paid for by Alonzo Payne for Colorado



👿 @alonzopayneCO https://AlonzoforColorado.com



Coping with **Stress During Coronavirus**

The outbreak of coronavirus disease, COVID 2019 may be stressful for people. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children. Find ways you and your family can reduce stress.

Stress during an infectious disease outbreak can include: Fear and worry about your own health and the health of your loved ones.

Changes in sleep or eating patterns.

Difficulty sleeping or concentrating. Worsening of chronic health problems. Worsening of mental health conditions Increased use of alcohol, tobacco, or other drugs.

Everyone reacts differently to stressful situations. How you respond to the outbreak can depend on your background, the things that make you different from other people, and the community you live in. People who may respond more strongly to the stress of a crisis include:

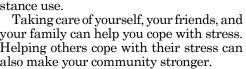
Eye on

Extension

Mary Ellen

Fleming

Older people and people with chronic diseases who are at higher risk for sever illness from COVID 19. Children and teens. People who are helping with the response to COVID 19, like doctors, other health care providers, and first responders. People who have mental health conditions including problems with sub-



What are some ways to cope with stress? Take breaks from watching, reading, or listening to news stories, including social media. Hearing about the pandemic repeatedly can be upsetting. If you feel yourself getting anxious, take deep breaths, stretch, or meditate. Try to eat healthy, well-balanced meals. Exercise regularly, get outside and go for a walk around the neighborhood every day. This will make you feel better and lift your spirits. Get plenty of sleep. Avoid alcohol and drugs. Make time to unwind. Try to do some other activities you enjoy. Connect with others. Talk with people you trust about your concerns and how you are feeling.

Know the facts to help reduce stress. Un derstanding the risk to yourself and people you care about can make an outbreak less stressful. Learn and share the facts about COVID 19 and help stop the spread of rumors. When you share accurate information about COVID 19, you can help make people feel less stressed, make a connection with them, and help stop stigma



Over 166,000 Coloradans enroll during open enrollment

The numbers are in, and they are good! At the conclusion of our Open Enrollment Period for 2020 coverage, 166,850 Coloradans signed up for a private health insurance plan through Connect for Health Colo-

rado®, our state's non-profit health insurance Marketplace. Seventy-four percent of those customers qualified for financial help to reduce the cost of their monthly premium. Last year, Coloradans received

\$721,326,548 in federal tax credits through the MarLinda

Gann

ketplace! The "By The Numbers" report confirms that Colorado's Marketplaces is stable; and that there is continued demand for comprehensive individual market coverage. The majority of enrollments, 80 percent, were returning consumers. $New \, consumers \, comprised \, 20 \, percent \, of$ our enrollments and are an important indicator of our stability. In 2020, the largest increases in enrollments came from rural counties.

Last year, residents saw statewide full-price rates drop 20 percent on average due to the state legislature passing HB19-1168, the Reinsurance Program. The reinsurance program met its goal to provide the most substantial help to the

costliest areas of our state. According to the Colorado Health Institute rates on the western slope, which had the highest premiums in the state, were lowered 30 percent.

In 2019, Coloradans received \$721,326,548 in financial help offset the cost of their private health insurance. In Alamosa County, consumers

received \$2,047,926 in financial help in 2019.

In Conejos County, consumers received \$1,112,559 in financial help in 2019.

In Costilla County, consumers received \$494,640 in financial help in 2019.

In Mineral County, consumers received \$314,613 in financial help in 2019.

In Rio Grande County, consumers received \$1,656,586 in financial help

166,850 Enrollments Colorado Montrose County 1,516 Enrollments

For consumers who received financial help:

Average Premium	Average Tax Credit	Average	Net Premium
Colorado	\$504.00	\$369.00	\$135.00
Alamosa County	\$589.59	\$487.65	\$101.94
Conejos County	\$586.53	\$478.65	\$107.88
Costilla County	\$681.74	\$574.53	\$107.21
Mineral County	\$488.52	\$384.21	\$104.31
Rio Grande County	\$639.41	\$491.63	\$147.79
Rio Grande County Saguache County	\$488.52 \$639.41 \$643.56	3384.21 491.63 527.34	\$104.31 \$147.79 \$116.22

LETTERS

It's About Freedom!

To submit news, email: news@alamosanews.com To submit sports, email: sjiron@alamosanews.com

Letters policy

Letters are welcome and encouraged. All letters submitted for publication in the Valley Courier must be typewritten, signed by the author, and must include a phone number and address where the author can be reached. Letters must not be libelous. The Courier will not run letters that are negative to specific businesses. The Courier's editorial board reserves the right to reject a letter for reasons it believes are appropriate. Letters may be subject to editing to fit available space, or exclusion from the Opinion Page. Please, no poetry. Please send signed letters to P.O. Box 1099, Alamosa, CO 81101 or email them to news@alamosanews.com. Letters to staff, not for publication, should be marked "personal."

in 2019.

In Saguache County, consumers received \$1,486,827 in financial help in 2019.

We responded to COVID-19. To help as many people as possible protect their health and safety during the COVID-19 outbreak, Connect for Health Colorado® opened a Special Enrollment Period (SEP) from March 20 through April 30. During that SEP, 14,263 Coloradans signed up for comprehensive, private health insurance.

As always, and especially during these unusual times, we know our work is not finished. Coloradans who have had a change in job, income or other lifechanging event should contact Connect for Health Colorado to find what health care coverage and financial help could be available. We have local experts across the state to help. Check us out at www. ConnectforHealthCO.com

 $Take \, care \, of \, your \, mental \, health. \, Call \, you$ healthcare provider if stress gets in the way of your daily activities for several days in a row. If you do not have a mental healthcare provider, go see your regular doctor to talk about what's going on, and he/she will refer you to someone.

People with preexisting mental health conditions should continue with their treatment and be aware of new or worsening symptoms.

People at higher risk for severe illness, such as older adults, and people with underlying health conditions are also at increased risk of stress due to COVID 19. Older adults and people with disabilities are at increased risk for having mental health concerns, such as depression. Mental health problems can present as physical complaints (such as headaches or stomach aches) or cognitive problems (such as having trouble concentrating). Older adults because depression can be mistaken for a normal part of aging.

Support your loved ones.

Check in with your loved ones often.

Virtual communication can help you and your loved ones feel less lonely and isolated. Consider connecting with loved ones by telephone, email, mailing letters or cards, text messages, video chat, and social media.

Take care of your own emotional health. Caring for a loved one can take an emotional toll, especially during an outbreak like COVID 19. Stay home if you are sick. Do not visit family or friends who are at greater risk for severe illness from COVID 10. Use virtual communication to keep in touch to support your loved one and keep them safe.

If you need help or know someone that needs help, call 911. The following help lines are available: The Disaster Distress Helpline at 1-800-985-5990, or text Talk-WithUs to 66746. Another helpline is the National Domestic Violence Hotline at 1 - 800 - 799.

For more information contact Mary Ellen Fleming at 852-7381 or visit the CSU Extension Office for the San Luis Valley Area at 1899 E. Hwy 160 in Monte Vista. Please feel free to visit our website at: http:// sanluisvalley.colostate.edu for information about services provided.

Extension programs are available to all without discrimination. Colorado State University Extension, U.S. Department of Agriculture and Colorado Counties cooperating.

Last fall, I told presidential candidate Beto O'Rourke, "Hell no, you won't take away our guns!", which quickly became a national rallying call to protect our Second Amendment rights.

When Governor Polis and Denver's liberal legislature passed the National Popular Vote Compact, I volunteered months of my time and effort to make sure we could stop the Democrats from stealing our votes for President and giving them to California.

This November, for the first time since 1932, Colorado voters will have the opportunity to repeal a law because of a citizenled effort that generated 229,000 signatures across the state. I am proud of the effort and proud to have become the second-largest signature gatherer in the state.

Most recently, I have been in the fight for our collective livelihoods as one of many small business owners in our country that are dealing with the devastating economic fallout from the global pandemic.

In each of these examples, my motivation was and will continue to be clear: we must always stand on the right side of freedom and keep our Constitutional rights secure.

Too often, in too many ways, we are too quick to concede these core conservative principles based on fear or incomplete facts. Too often, our leaders fail to stand up for our freedom.

That's why I am running for Congress.

As your Representative, I will always put individual freedom first, and I will never forget the government is supposed to both defend our individual rights and our collective safety.

What does this mean in practical terms?

In Congress, I won't vote in favor of any budget unless they balance in a reasonable amount of time; our national debt is unsustainable.

I will never support amnesty; that allows lawbreakers too much incentive to continue breaking the law. I support comprehensive immigration reform as long as it first includes securing the border.

I will hold those in government accountable that refuse to abide by the laws of our country

I'll fight to eliminate the Federal Department of Education because education should be done at the most local level possible.

I won't bail out irresponsible state and local governments.

And I will never appease the liberal socialist agenda on the false hope that it will somehow support a conservative policy down the road.

I share the examples above because my Republican primary opponent, Congressman Scott Tipton, has

failed on all of the above. During Mr. Tipton's 10 years in Congress he has shown a con-

sistent instinct to run from core conservative positions. Scott Tipton voted for a 2,200

page, \$1.4 trillion spending bill filled with waste and debt last fall when our economy was running on all cylinders.

Scott Tipton joined AOC's Squad to co-sponsor a \$250 billion federal bailout of cities like Boulder, Colorado, without constraint on their liberal-spending

ways. Instead of demanding a secure border first, Scott Tipton undermined President Trump's efforts by voting alongside Nancy Pelosi and every other Democrat to hand amnesty to millions of illegal immigrants and spend a billion of our taxpayer dollars to pay for their housing.

Mr. Tipton refused to join fellow Republicans to impeach the head of the IRS when Lois Lerner targeted conservatives during the Obama administration.

For years, Mr. Tipton allowed No Child Left Behind to continue to be funded, even when it had expired. You read that correctly. For years Scott Tipton kept allowing the government to spend millions on a program that ceased to exist. Those unmandated funds were then funneled by the Obama administration through the Federal Department of Education to force states to adopt Common Core.

And since 2013, as Colorado coal died, Representative Tipton teamed up with then-Congressman Jared Polis to push federally subsidized wind and solar projects on federal lands. Mr. Tipton has been particularly persistent about such green new deals, despite his failure to garner anywhere close to enough Republicans or Democrats to support it. In 2019, six years after he first started touting this legislation, he was still bragging about reintroducing it. That focus upset a lot of folks including Moffat County Commissioner John Kinkaid who said Tipton was "no help at all" during the Obama Administration's war on coal and has since endorsed me to be the next representative for Colorado's 3rd Congressional District.

A sober look at the Tipton Record shows a back-burner representative that has failed to live up to his conservative chops that he touted on his Tea Party-inspired campaign trail. If his record lived up to his campaign rhetoric, I wouldn't feel so compelled to run.

As your Representative, I will proudly make the case for our shared conservative values: to stand up to the lunatics on the left, to help craft and send better bills to President Trump and to honor my oath to defend the Constitution of the United States of America.

I'd appreciate the opportunity to show you what that type of leadership can achieve for all of the hard-working, God-fearing wonderful people that call our district and nation home.

Lauren Boebert is from Silt, Colorado and is a Republican Candidate for the U.S. House of Representatives (CO-3). She can bereached at Lauren@LaurenForColorado. com

Guns and safety

The June 6 edition of the Valley Courier's front page featured two separate articles on local shootings. These incidents should surprise or shock no one. What can we expect when Colorado gun ownership applies to 34 percent of the population? The ownership is probably a bit higher here in the San Luis Valley due to our rural environment.

There are only a few instances that prohibit one from purchasing a gun in this state. Those few are being a convicted felon, being a minor, having a history of mental illness and/or drug abuse, and certain domestic violence perpetrators.

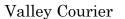
Again, don't be surprised when shootings happen. Not everyone who packs a gun is 100 percent stable; indeed, does that statistic apply to anyone?

Marianna Young Monte Vista, CO

Editor's Note: The views expressed in individual columns on this page do not necessarily reflect the opinion of the Valley Courier.



Lauren **Bobert**





Key to holding a bible is knowing how to open it

For generations, young Christians have learned how to hold and respect their Bibles during competitions known as "sword drills."

The sword image comes from a New Testament affirmation that the "word of God is ... sharper than any twoedged sword."

Drill leaders say, "Attention!" Competitors stand straight, hands at their sides.

"Draw swords!" They raise their Bibles to waist level, hands flat on the front and back covers. The leader challenges participants to find a specific passage or theme in scripture.

"Charge!" Competitors have 20 seconds to complete their task and step forward. For some, four or five seconds will be enough.

The key is knowing how to open the Bible, as well as hold it.

It's safe to say the young Donald Trump didn't take part in many Bible drills while preparing to be confirmed, at age 13 or thereabouts, as a Presbyterian in Queens, New York City. His mother had given him a Revised Standard Version -- embraced by mainline Protestants, shunned by evangelicals -- several years earlier. To this day, evangelicals favor other Bible translations, while liberal Protestants have embraced the more gender-neutral New Revised Standard Version.

President Trump was holding

a Revised Standard Version during his visit to the historic St. John's Episcopal Church, after police and security personnel drove protesters from Lafayette Square, next to the White House.

A reporter asked, "Is that your Bible?"

The president responded, "It's a Bible."

"Trump is a mainline **On Religion** Protestant. That's what is in his bones -- not evangelicalism. It's clear that he's not at home with evangelicals. That's not his culture, unless he's talking about politics," said historian Thomas S. Kidd of Baylor University, author of "Who Is an Evangelical? The History of a

> Movement in Crisis.² The scene at St. John's Episcopal was "another example of Trump not knowing what was appropriate.... It was

like he was saying, 'I'm going to hold up a Bible, and that means God is on our side.' He's a mainline Protestant acting the way that he thinks an evangelical would act," said Kidd, reached by telephone.

A few core pro-Trump evangelicals hailed his gesture as a symbol of strength and leadership, while liberal Protestants -- such as clergy linked to St. John's -- made it clear they were offended.

"Had the president opened the Bible he was holding, he could have read passages calling on us to love God and

Bible Digest

Terry Mattingly

Friday, June 12, 2020 "That I may know him, and the power of his resurrection, and the fellowship of his sufferings, being made conformable to his death;" (Philippians 3:10 AKJV)

We should get to know the Lord better. He will bless us and make us a blessing.

Saturday, June 13, 2020

"Therefore you shall speak all these words to them; but they will not listen to you: you shall also call to them; but they will not answer you." (Jeremiah 7:27 AKJV)

God's men must continue to speak His Word whether people listen or not.

Sunday, June 14, 2020 "Rejoice in the Lord always: and again I say, Keioice. (Philippians 4:4 AKJV)



against you." (Jeremiah 14:7 AKJV)

We too need to call on the Lord to be merciful to all of us.

Tuesday, June 16, 2020

"Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God which passes all understanding, shall keep your hearts and minds through Christ Jesus." (Philippians 4:6-7 AKJV)

to me, Though Moses and Samuel stood before me, yet my mind could not be toward this people: cast them out of my sight, and let them go forth." (Jeremiah 15:1 AKJV)

Don't take the grace and patience of the Lord for granted. Don't cross the line.

Thursday, June 18, 2020 "Finally, brothers,

our neighbor, to seek God in the face of strangers and even to love our enemies," noted Bishop Mariann Edgar Budde of the Episcopal Diocese of Washington, writing in The New York Times.

Meanwhile, Whitney T. Kuniholm, senior vice president of the American Bible Society, issued a statement opposing the use of "the Bible as a political symbol, one more prop in a noisy news cycle.'

A patriarch of the old Religious Right, the Rev. Pat Robertson, proclaimed on a "700 Club" broadcast: "It seems like now is the time to say, 'I understand your pain, I want to comfort you, I think it's time we love each other.' But the president took a different course. He said, 'I am the president of law and order,' and he issued a heads-up."

There is nothing new about presidents with Bibles. In recent decades, Jimmy Carter taught Bible classes, George W. Bush testified about his Bible-based alcohol recovery program and Barack Obama read Psalm 46 at the rite marking the 10th anniversary of 9/11. Bill Clinton waved a Bible -- during a sex scandal -- at camera crews while leaving Hillary Clinton's home church.

Through all of that, and much more, Americans watched evangelist Billy Graham hold a Bible high in one hand while exclaiming, "The Bible says!" To this day, some evangelicals refer to gripping a Bible in that manner, with one cover curled under, as "Billy Grahaming" the Good Book.

"When Graham was holding a Bible in his hand, it was always a symbol of the authority of scripture," said Kidd. "That Bible was always open, and Billy was saying, 'We all know this is the Word of God. Pay attention.' What mattered was what the Bible was saying to us. ... I'm not sure that many Americans can agree, these days, on what the Bible is saying about the issues that divide us."

CHUR	CH DIRE	CTO	ORY
Your Guide	To Local House	es of Wo	orship
Al-Denominational	Hooper Church	Community Churches	
Church of the Living God	3rd and Adams, Hooper	United for Christ Community	
11611 2nd Avenue, Hooper	Sunday, 9 a.m. + Morning Worship	"Community Centered Arour	nd Love"
719-378-2080	Meditation, Kriya	7th & Brodawy in Blanca	
Sunday, 10 a.m Worship	Mountain Institute	719-379-3317	
Sunday, 6 p.m Book of Acts Study	Alamosa - (575)758-5876		hoal 9:30-10:30
Monday, 7 p.m Youth	United Church of La Jara	Worship Se	
Thursday, 7 p.mBible Study	522 Walnut, La Jara 719-274-5250	Bible Believer's Community 11762 E US HWY 160	Church
San Luis Valley Christian Center 305 S. Broadway (3rd & Broadway), Monte Vista	Terry Buckman, Pastor	Alamosa, Co 81101	
200 o, broadwey (30 a broadwey), wunie visia 719-852-6168	Cel Phone: 339-8444	719) 206-3239	
Sunday, 10 a.m Worship	Office Hours: Mon. 900 am - 1200	Sunday worship 10:30	
Tuesday, 5:30 p.m Bible Study	Sunday 9:00 am - Contemporary	Wednesday Bible Study 7 pm	
Prayer House Church	Coffee Fellowship 10:00 am	www.btochurch.co	
10 Main Street La Jara	Christian Science Services	Presbyterian	
Pastor Jaime Flores - 719-298-0007	400 Ross Avenue, Society Hall, Alamosa	Alamosa Presbyterian Church	
Sunday Momino Service, 10:30 am	Services - Sundays at 10 00 p.m.	330 San Juan Avenue, Alamos	53
Sunday Morning Service, 10:30 am Wednesday Family Ministry, 6:30 pm	The second Wechesday of each 4 p.m.	Sunday 10.	30 a.m Traditional Worship
Friday Night Bible Study, 7:00 pm	Thanksgiving Day 10 a.m.	Hispanic Pentecostal	
Sargent Community Church	Pioneer United Chutch in Del Norte, Colorado	iglesia Pentecostal Unida L.A. 907 Tenth St. Alamosa	
8967 N. County Rd. 2 E., Monte Vista (across from Sargent Sc	thoo) A Congregation of Evangelical Covenant Order Presbyterians	907 Tenth St. Alamosa	
Pastor Hugh Harris • 719-852-2980	hoo)) A Congregation of Evangelical Covenant Order Presbyterians 630 Spruce St. (1.5 blocks south of Hwy. 160)	Guadalupe Salazar Pastor	
Sunday Worship: 10:30 a.m.	Adult Sunday School – 9:30 a.m. Sunday	719-587-3546	12231011234444
Back Row Church - Church Community	Coffee Fellowship - 10:30 a.m. Sunday	Wed.	7:00 p.m. Service
in the Alamosa Presbyterian Church Building	Worship Service - 11:00 a.m. Sunday	Sat	7:00 p.m. Youth Service
lamosa	Church of the South Fork	Sun.	10:00 a.m. Sunday School
www.backrowchurch.com	0116 Landen Dr., South Fork, Co., 81154	Sun.	5:00 p.m. Warship
Kim Nipple • 303-532-9342	Sunday are at 9 am - Services	New Hope Church	
Worship Service - Wednesday Evening at 5.0	10 pm School Room. Choir is held on Wednesday	" The Church on the Hill" 25258 Hwy 160, South Fork, C	No. 04464
Apostolic Alamosa Apostolic Churco	at 6pm during the summer months with a final practice at 8:15am on Sunday	Interim Pastor Ed Fleming • 71	J0.0113# 10.079.1909
variosa Apostolic Chorcy 110 Fist St. Alamosa	Christian	www.newhopesf.com	13-01-3-12.12
Meets Sundays 1-2 p.m.	Bethel Christian Church	Moming Worship -10:00 a	¢m.
23pmLunch	Pastor Erik Lira		ol for all ages - 9:00 - 9:45
3-5 p.m Worship Service	Worship Service Sunday 300 p.m.	Anabaptist Fellowship of Ala	SUIVES
Intentio Apostolic Church	Bible Study Wednesday 7:00 p.m.	330 San Juan Ave., Alamosa, I	
710 Main St. Antonito	Blingual Services	alamisatelinyshinfinmal mr	n n n n n n n n n n n n n n n n n n n
Meets sundays	Monday Free Music Classes	alamosatellowship@gmail.com Sunday.4.30	PM Worshin in the north
11-12 p.m Sunday School	Instrumental Classes 7:30 - 8:30 p.m.	wing of the A	Namosa Presbyterian Church
12-1 p.m Worship service	Voice & Bass Guitar 6:30 - 7:30 p.m.	Independent, Fundamental E	
Locstolic Pentecostal	Word of Faith Christian Center	First Bantist Church of Costilla	County
Church of Champions, Acts 2:38	401 Sante Fe, Alamosa	9717 County Rd H, Mesita	
9066 Hwy 285 South, Alamosa - 719-587-3351	Sunday, 10:00 a.m.	719-206-0011	
Dan Dawning Pastor, 719-588-7307	Wednesday, 6:30 p.m.	Pastor Paul Jones	
Sunday, 1:00 p.m Service	Friday, 600 p.m. M.O.S.H. Youth Night		5 am - Sunday School
Assembly of God	The Peak Community Church	Sunday, 10.4	45 am -Morning Worship
River of Life Church	510 San Juan, Alamosa	Sunday, 121	Noon - Potluck Dinner
2602 Clark Avenue, Alamosa	Sundays, 6 p.m Fellowship	Sunday, ata	er dierner - Attemicion Worship 00 pm - Mesita, Bible Study and
Sunday, 10 a.m Worship	Sundays, 7 p.m Worship & More	Thursday, 71	
Wednesday, 7 p.m Service	Pentecostal	11	Prayer meeting
Center Assembly of God	Alamosa Pentacostal Church	Home bible	studies in Costilla County
7h & Miles + P.O. Box 507, Center, CO B1125	184 East 2nd St., Alamosa - 719-589-0475 Pastor Carl Sutter	DEAF MINISTRY FOR ALL S	Meeting in different locator
Sunday School, 9:30 a.m. Sunday Worship, 10:30 a.m.			
Sunday Worship, 10.50 a.m. Wednesday Worship, 7:00 p.m.	Bible Studt Wednesday 7:00 p.m. Sunday School Sunday 1:00-1:45	Jesus Christ of Latter Day S Church of Jesus Christ of Latte	erito M Day Sainte
Assembly of God	Worship 200-3/0	Alamosa Y S A Ward	a nal nalis
Assembly of Goo Sons And Daughters Of God Ministry	Christian Fellowship Church	300 Richardson Avenue, Alam	nea
5015 And Daughers Of 500 milliony 677 Madison Street, Monte Vista	The Door		30 p.m 230 p.m. Alamosa
Pastor Leonard Sandoval, 719-849-0212	1300 West 12th St. Alamosa	Second Ward	where a reaction in the second
Sunday 10:00 am Service	Pastor Martin Montoya • 719-587-5197	927 Weber Drive, Alamosa	
Wednesday 7.00 p.m Prayer	Sunday, 11:00 a.m Sunday School		0am1200p.m.
New Life Fellowship	Sunday, 11:00 a.m Worship	Alamosa Third Ward	

When we get our joy from Jesus it will last because Henever changes.

Monday, June 15, 2020

"OLORD, though our iniquities testify against us, do you it for your name's sake: for our backslidings are many; we have sinned

Tell the Lord about it. He can give you peace that the world cannot give.

Wednesday, June 17, 2020

"Then said the LORD

Just Believe... and Live By Faith

Faith in God is an amazing gift. It starts the moment your heart says: I believe Jesus is God's Son and that He came to rescue me. That alone is an incredible truth. But I wonder how many Christians decide that's where their faith ends, when the truth is, there's so much more to believe for in this life!

One of the reasons this happens is because many Christians only focus on their weaknesses and mistakes, rather than focusing on who God is and what He's doing in and around them. But John 3:17 (NIV) tells us, "God did not send his Son into the world to condemn the world, but to save the world through him.

Jesus is not only your Savior, He's your advocate. And He wants you to start believing God for much more than a trip to heaven.

Faith Is the Answer to Every Problem You Face

The Bible says the just shall live by faith (Hebrews 10:38). In other words, faith is an attitude that can become your way of life-and there is no better way I can think of to live.

Faith replaces fear and worry with peace and joy. It purifies the heart, fills us with the Holy Spirit, brings blessing and hope, receives provision, produces all kinds of positive results, and quenches all the fiery darts of the enemy.

The Bible says that faith is a shield (Ephesians 6:16). So when the enemy starts to fire off darts of fear and insecurity, you can get behind your shield of faith and keep going forward with God.

But here's the thing: A shield won't do you any good unless it's lifted up. You need to raise up your shield by praying, saying, and doing things that line up with God's Word.

Second Peter 1:5 (AMPC) says to "employ every effort in exercising your to develop virtue (excellence, resolution, Christian energy)," If you will

exercise your faith to become more like Christ Himself, the way you think will change. The things you say will change. You will begin to live with greater love and compassion. And it will become very natural for you to encourage others in their faith.

I encourage you to put your faith into action in a practical way. Make a habit of getting up in the morning and thanking God for what He's done in your life. Praise Him for what He's going to do. Release your faith for what you know you need from Him that day. And ask Him to prepare you for whatever challenges may come your way.

Faith Can Transform You

Something I've learned in my relationship with Christ is that you cannot change yourself. It's spending time with God that transforms you.

The apostle Paul prayed that the Holy Spirit would reveal Himself to the church in Ephesus in their "innermost being and personality"-that they would see who God had created them to be through Christ (Ephesians 3:16-17 AMPC).

God wants us to be firmly rooted in the love of Christ so we can take authority over our enemy. And He wants us to be so stirred up in His love that we can't help but share it with others. I believe if every Christian were doing this today, it wouldn't take a lot of time for the entire world to hear and believe the good news of the Gospel.

Faith Leaves a Footprint for Others to Follow

Ultimately, it's not the things we do but our faith that pleases God. He wants us to have faith for incredible things. And when we look to the heroes of faith in Hebrews 11, we see how God was able to work in their lives because they believed. Hebrews 11:13 (AMP) says that they were "guided and sustained" by their faith. And their faith still inspires us today

whatever things are true, whatever things are honest, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report; if there be any virtue, and if there be any praise, think on these things." (Philippians 4:8 AKJV)

How is your thinking? Think on the things of God.



Noah prepared an ark to save his family. It took many years to build it, and he was mocked every single day because where he lived, it had never rained. The Bible says that by faith, Noah "became heir of the righteousness that is in keeping with faith" (Hebrews 11:7 NIV). faith, Abraham prepared to Bν sacrifice his son Isaac, believing that God would raise him from the dead (vv. 17-19).

was a prostitute but she Rahab believed that God could use her in a mighty way. And because of her faith, she and her family were saved (v. 31).

What will your great story of faith be? First John 5:4 (NIV) says, "Everyone born of God overcomes the world. This is the victory that has overcome the world, even our faith." When you choose to believe in God, amazing things can happen. So boldly ask God to reveal what His promises mean for you, and never stop believing until they are fulfilled!

For more on this topic, order Joyce's four-teaching CD series Facing Fear and Finding Freedom. You can also contact us to receive our free magazine, Enjoying Everyday Life, by calling (800) 727-9673 or visiting www.joycemeyer.

Joyce Meyer is a New York Times bestselling author and founder of Joyce Meyer Ministries, Inc. She has authored more than 100 books, including BATTLEFIELD OF THE MIND and BATTLES BELONG TO YOUR THE LORD (FaithWords). She hosts the Enjoying Everyday Life radio and TV programs, which air on hundreds of stations worldwide. For more information, visit www.joycemeyer.org.

Please note: The views and opinions expressed throughout this publication and/or website are those of the respective authors and do not necessarily reflect those of Joyce Meyer Ministries.

ew lite heliowshi 520 7th St. Del Norte, 81132 19-657-3360 Adult Sunday School - 9:00 Services - 10:00 Christian Independent Alamosa Christian Church 410 McQuerry, Alamosa Grace Community Baptist Church 431 Lincoln Ave, Monte Vista Rev Bill Walstrom 719,937-1451 Worship: 9:30; Sunday School; 11:00 am Christian Reformed Wednesday Bible Study: 6/30 pm Living Water Bible Fellowship 1861 Rd 10 S. Alamnea 2910 Clark Street, Alamosa Pastor Philip VanderWindt 19-589-635 Surday 9016 1045 an Worship Services" Suday 1045 an Children's Winstn (PreKiSh grade Churches of Christ Sinday 1045 an Teen Bole Study (bh. 12h grade) Alamosa Church of Christ Taesdav 700 om Young Adults College Group Hechestay 630 pm Bibe Quezing (Tsi 8h prate) Hechestay 630 pm Regn Youth Group (Bh-12h grade) Wednesday & 30 pm Adult Bible Study" Stantay 500 pm Norship Service' Small Goups meets throughout week, please call for into Numer's available (Swissone) College Heights Baptist Church Pastor Anthony Bowden 2045 Church Avenue, Alamosa Kevin Bradley Pastor Sunday, 9:45 a.m.-10:45 a.m. - Sunday School Sunday, 11 a.m. - Moming Worship Central Church of Christ San Luis Valley Baptist Church 930 State Avenue, Alamosa David L. Baker Preacher 19.489.6038 Pastor R.L. McDonald Wednesday 7 p.m. - Worship Saturday, 2 p.m. Sunday, 10 a.m. - Sunday School Sunday, 11 a.m. - Worship Sunday, 6 p.m. - Evening Worship Spanish Ministry-Iglesia Bautista Rehobot Pastor Sal Garcia, 589-3020 Calvary Bible Chapel 160 Brush Lane, Alamosa Sunday, 9:30 a.m. - Worship Sunday, 10:20 a.m. - Sunday School Sunday, 11 a.m. - Ministry of the Word Small group studies meet during the week. Calvary Blanca Pastor Mathew Leonard - 719-379-3317 Eniscopal Sunday, 9:30 am - Bile Study Sunday, 11:00 am - Service Wednesday, 6:30pm - Community Get to Know You Calvary Baptist Church 2160 Sherman Ave. Monte Vista Sunday, 9:45 a.m. - Bible Study Sunday, 10 am Senice First Christian Church Sunday, 11 a.m. - Worship Tuesday, 6 p.m. - C.L.A.Y. Youth Thursday, 6:30 p.m. - Ladies Bible Study 589-6805 South Fork Baptist Church 130 Four Seasons Dr.(Old Chizum Bidg), South Fork East side near laundromal & car wash) Sunday Scool, 9:30am Sunday, 10:30am - Worship For more information - Pastor Paul Moon - 719-496-7702 Catholic Sacred Heart Church First United Methodist 154th Street, Alamosa Saturday, 5 15 p.m. - Mass Saturday, 7:00 p.m. - Spanish Mass Sunday, 8 a.m. - Mass 2005 Mullins Ave., Alamosa 719-589-2243 Sunday, 10:30 a.m. - Mass Sunday, 5p.m. - Mass Catholic Mass Student Union Room 308 - ASC Campus, Alamosa Every Sunday, 8 p.m. - Mass You are loved. Sunday School 9am Sunday Service 10:15am 1861 Rd 10 S see you in sunday school! ALAMOSA

www.alamosacrc.org

719-589-3493

Sunday. 11 JUL a.m. - Worship Sunday, 6:30 p.m. - Victory Service Wednesday, 7:00 p.m. - Revival Sunday, 9:30 a.m. - Sunday School Sunday, 10:30 a.m. - Worship Wednesdays, 7:00 p.m. - Family Night & Youth Group Alamosa Christian Reformed, 719-589-3493 Sunday, 9:00 a.m. - Sunday School Sunday, 10:15 a.m. - Worship 408 Victoria Avenue, Alamosa Sunday, 9:30 a.m. - Bible Classes Sunday, 10:30 a.m. - Worship Wednesday, 7 p.m. - Bible Study Healing Hearts, a Bible-based 12 step group meets, every Friday at 7 p.m. South Fork Chuch of Christ 205 Birch St, South Fork, 719-873-1258 Sunday School, 9:00 a.m. Sunday Worship, 10:00 a.m. 200 Frankin Street, Monte Vista, 719-852-3811 Sunday, 9:30 a.m. - Bible Class Sunday, 10:30 a.m. & 6 p.m. - Worship Wednesday, 7 p.m. - Bible Study San Luis Valley Church of Christ 704 Del Sol, Alamosa, 719-589-2114 Sunday Bible Study 9 am Sunday Worship 10 am Wednesday Bible Study 6 pm Comerstone Community Church Hwy. 160 Del Norte next to Rio Grande Medical Clinic Pastor Mark 719-657-9107 Sunday 9:50 a.m. free breakfast Sunday 10:20 a.m. Contemporary Wotship & Children Sunday School Wednesday 5:15 p.m. Dimer, music felowship, teachings Saint Thomas Episcopal Church 607 4th Street, Alamosa J Sunday, 9 a.m. - Service Saint Stephen the Martyr 729 3rd Avenue, Monte Vista 518 First St. (First & State) Alamosa Sunday, 9:15 a.m. - Sunday School Sunday, 10:00 a.m. - Church Service Wednesday, 6:30 p.m. - Bible Study Valley Fellowship 240 East 5th Street, Center - 719-754-3904 Sunday, 10:30 a.m. - Contemporary Worship, Prayer and Bible Study "Bible Studies during the week, call for information First United Methodist Church 'Open Hearts, Open Minds, Open Doors' Morning Worship - Sunday, 10:1 Children's Church - Sunday, 10:30 am

osa Third Ward 300 Richardson Avenue, Alamosa Sunday, 9:00 a.m. - 12:00 p.m. Alamosa Fourth Ward 927 Weber Drive, Alamosa Sunday, 11:30 a.m. - 2:30 p.m. Siena Vista Branch (Spanish Language) 300 Richardson Avenue, Alamosa Sunday, 10:15 a.m. - 1:15 p.m. Lutheran St. Peters Lutheran Church & School Church: 1821 Grande Avenue, Monte Vista School: 330 Faraday Street, Monte Vista Sunday, 10:15 a.m. - Services School: K-8, Monday-Thursday Trinity Lutheran Church & School 52 El Rio Drive, Alamosa Sunday, 8:45 a.m. - Bible Study Sunday, 10 a.m. - Worship "Small Bible Study Groups Throughout the Week" -Pre-School through 5th grade Church 589-4611, School 589-3271 Conejos Canyon Community Chapel 20062 State Hwy. 17 (between mile posts 21 and 20) Fellowhip Sunday, 8:30 a.m. Sunday, 9:00 a.m. - Worship Service Mountain Valley Church 408 State St. 17, Alamosa Pastor: Richard Pinkerton 589-2899 or 588-7662 Sunday 9:30 a.m. - Sunday School Sunday, 10:30 a.m. - Worship Service Presbyterian Church of Monte Vista 702 Second Avenue, Monte Vista (719)852-2555 Sunday, 9:45 a.m. - Sunday School Sunday, 11 a.m. - Sunday Worship Seventh-day Adventist Seventh-day Adventist Church 315 Craft Drive, Alamosa Saturday, 9:30 a.m. - Bible Study Saturday, 11:00 a.m. - Worship **United Methodist** Mosca United Methodist Church 5385 Barker Street, Mosca 720-254-5564 Reverend Hugh Harris Sunday Worship: 8:00 a.m. Unitarian Universalist Unitarian Universalist Fellowship 330 San Juan Ave , Alamosa North Wing of Alamosa Presbyterian Church 719-587-5529 Service & Youth Programs at 10:30 am Sunday. United Presbyterian Church of Antonito P.O. Box 665, Antonio Office Hrs. Tues, 9:00am - 12:00 Sunday -9.45am - Sunday School 10.45am - Service Valley Church of the Nazarene 228 Madison, Monte Vista - 862-5858 Sunday Morning Worship 10:15 a.m. Sunday School Classes 9,00 a.m. Evenv other Wednesday, 6 p.m. (575)758-5876 for information for class schedule Church of Scientology 511 Main Street, Sutie #12, Alamosa 719-587-5554 Monday and Wednesday, 7-10p.m. - Services Grace Assurance Ministry Church without Religion 9651 CR 4 S, Alamosa, CO Sunday Mornings - 10:30 Randy Brown - 719-588-7004 Enc Wolf - 719-480-3977

Valley Courier

Friday, June 12, 2020



Public Notices

NOTICE OF 2020 PRIMARY ELECTION STATE OF COLORADO COUNTY OF CONEJOS Notice is hereby given that the 2020 Primary Election will be held by

mail ballot, and Voter Service and Polling Center, in the County of Conejos, in the State of Colorado, to be held Tuesday the 30th day of June, 2020 between the hours of 7:00 a.m. and 7:00 p.m. Begin ning on June 8, 2020 the Conejos County Clerk and Recorder will send a mail ballot to every active voter. To be counted, mail ballots must be returned to and in the hands of Conejos County Clerk and Recorder no later than 7:00 pm on Election Day, June 30th POSTMARKS DO NOT COUNT. Voters may also visit a Voter Ser

vice and Polling Center until 7:00 pm on Election Day to register for the first line, update existing record or vote in person on accessible voting devices, at the location below. Conejos Courthouse

Conejos County Clerk and Recorder's Office (VSPC), Conejos County Courthouse Monday through Friday (June 22 – June 29) 8:00 a.m. to 4:00 p.m.

Saturday (June 26) 8:00 a.m. to 12:00 p.m. Tuesday, June 30 (Election Day) 7:00 a.m. to 7:00 p.m.

Walk-Up 24 Hour Drop Box La Jara Town Hall

Broadway Avenue La Jara, Colorado 81140 Monday through Friday (June 22 – June 29) 8:00 a.m. to 5:00 p.m. Tuesday, June 30 (Election Day) 7:00 a.m. to 7:00 p.m. BALLOT DROP OFF LOCATION ONLY

Affiliation Rules for voters affiliated with either Democratic, Repub Initiation rules to vote a similated with online Democrate, repub-lican and Libertarian parties remain the same, affiliated voters will only receive a mail ballot of their specific party affiliation. Unaffiliated voters may vote in the 2020 Primary, Unaffiliated voters who receive oth party ballots in the Lecon many, original way mark and return only ne ballot. If voters mark and return both party ballots, neither will count. If you are not registered to vote in Colorado, and are a citizen of the United States, or a 17-year-old voter that will be 18 on or before the November 3, 2020(Election Day), you can register to vote until 7pm on Election Day. You can register to vote or update your existing voter registration at GoVoteColorado.com or at the Conejos County Clerk and Recorders Office at 6683 County Road 13 Conejos, Colorado 81129

> AVISO DE ELECCIONES PRIMARIAS 2020 ESTADO DE COLORADO

CONDADO DE CONEJOS Por la presente, se da aviso de que la Elección Primaria 2020 se llevará a cabo mediante votación por correo, y el Centro de Votación y Servicio al Votante, en el Condado de Conejos, en el Estado de Colorado, que se llevará a cabo el martes 30th de junio de 2020 entre las horas de 7:00 a.m. y 7:00 p.m. A partir del 8 de junio de 2020, el secretario y registrador del condado de Conejos enviará una boleta por correo a cada votante activo. Para ser contados, las boletas por correo deben ser devueltas y en manos del secretario y registrado del condado de Conejos a más tardar a las 7:00 p.m. LOS CORRE-OS NO CUENTAN. Los votantes también pueden visitar un Centro de Servicio y Votación de Votantes hasta las 7:00 pm del día de las elecciones para registrarse por primera vez, actualizar el registro ex-istente o votar en persona en dispositivos de votación accesibles, en la ubicación a continuación. Conejos Courthouse

ecretario del Condado de Conejos y Oficina del Registrador (VSPC), Palacio de Justicia del Condado de Conejos

De lunes a viernes (22 de junio - 29 de junio) 8:00 a.m. a 4:00 p.m. Sábado (26 de junio) 8:00 a.m. a 12:00 p.m. Martes 30 de junio (Día de las elecciones) 7:00 a.m. a 7:00 p.m

Walk-Up 24 horas Drop Box Jara Town Hall

221 Broadway Avenue La Jara, Colorado 81140 De lunes a viernes (22 de junio - 29 de junio) 8:00 a.m. a 5:00 p.m. Martes 30 de junio (Día de las elecciones) 7:00 a.m. a 7:00 p.m.

SÓLO LA UBICACIÓN DE LA BOLETA Las reglas de afiliación para los votantes afiliados a los partidos demócratas y republicanos siguen siendo los mismos, los votantes afiliados solo recibirán una boleta por correo de su afiliación partidaria específica. Los votantes no afiliados pueden votar en las elec ciones primarias de 2020, los votantes no afiliados que reciben las dos papeletas del partido en su paquete de votación por correo puden marcar y devolver solo una. Si los votantes marcan y devuelven ls dos papeletas del partido, ninguno contará. Si no está registrado para votar en Colorado y es ciudadano de los Estados Unidos, o un votante de 17 años que cumplirá 18 años antes o el dia 3 de noviem bre de 2020 (Día de las elecciones), puede registrarse para vota hasta 7pm el día de las elecciones. Puede registrarse para votar o actualizar su registro de votante existente en GoVoteColorado.com o en la Oficina del Secretario y Registradores del Condado de Conejos en 6683 County Road 13 Conejos, Colorado 81129. No. 1491 Published in the Valley Courier on June 12, 2020.

District Court

Rio Grande County, Colorado Court Address: 925 Sixth Street, Del Norte, CO 81132 In the Matter of the Estate of SIDNEY LEWIS KLECKER, also formerly known as SID L. KLECKER, Deceased COURT USE ONLY

Attorney for Personal Co-Representativ William F. Dunn, Reg. No. 1036 SBSColumbia Avenue, Del Norte, CO 81132 Phone Number: (719) 657-3323; E-mail: bill@dunn-law.com Case Number: 2020PR30019 Division Courtroon NOTICE TO CREDITORS BY PUBLICATION PURSUANT TO § 15-12-801, C.R.S.

NOTICE TO CREDITORS Estate of Sidney Lewis Klecker, Deceased Case Number: 2020PR30019

All persons having claims against the above named estate are re-quired to present them to the personal representative or to District Court of Rio Grande County, Colorado, on or before October 15, 2020, or the claims may be forever barred. William F. Dunn, Attorney for the Co-Personal Representative 585 Columbia Avenue, Del Norte, CO 81132 No. 1483

Published in the Valley Courier on June 5, 12, and 19, 2020.

District Court

Rio Grande County, Colorado Court Address: 925 Sixth Street, Del Norte, CO 81132 In the Matter of the Estate of THOMAS RAY MAGNESS, also formerly known as THOMAS R. MAGNESS, Deceased COURT USE ONLY Attorney for Personal Representative William F. Dunn, Reg. No. 1036 585Columbia Avenue, Del Norte, CO 81132 Phone Number: (719) 657-3323; E-mail: bill@dunn-law.com Case Number: 2020PB30016 Division NOTICE TO CREDITORS BY PUBLICATION PURSUANT TO § 15-12-801, C.R.S. NOTICE TO CREDITORS Estate of Thomas Ray Magness, Deceased Case Number: 2020PR30016 All persons having claims against the above named estate are re-quired to present them to the personal representative or to District Court of Rio Grande County, Colorado, on or before October 15, 2020, or the claims may be forever barred. William F. Dunn, Attorney for the Personal Representative

585 Columbia Avenue, Del Norte, CO 81132 No. 1484

Published in the Valley Courier on June 5, 12, and 19, 2020

NOTICE OF PROPOSED SCHOOL DISTRICT BUDGET

Notice is hereby given that a proposed budget has been submitted to the Board of Education of the Alamosa School District RE-11J, Alamosa, Colorado, for the fiscal year beginning July 1, 2020 through June 30, 2021 and has been filed in the Administration office of the School District, 209 Victoria Avenue, Alamosa, CO, 81101, where it is available for public inspection during business hours. Such pro-posed budget will be considered for adoption and a public hearing held thereon at a regular meeting of the Board of Education of said District at the Board Room, 209 Victoria Avenue, Alamosa, CO 81101 on Thursday, May 28, 2020 at 7:00 P.M

Colorado statutes provide that it is not necessary for the Board of Education to formally adopt the proposed budget on May 28, 2020, but if the proposed budget is to be adopted at some future meet-ing, the date, time, and place of any continued meeting shall be an nounced by the Board of Education and entered into the minutes of the meeting at which adoption of the proposed budget is considered. Any person paying school taxes in said District may, either at such meeting or at any time prior to the final adoption of the proposed budget, file or register his/her objections thereto. BOARD OF EDUCATION

ALAMOSA SCHOOL DISTRICT RE-11J Dated this 28th day of May, 2020.

No. 1485 Published in the Valley Courier on June 5, 6, 9, 10, and 12, 2020.

ORDINANCE 147 AN ORDINANCE AMENDING SECTION 7-1-260 OF THE BLANCA MUNICIPAL CODE RELATING TO ABANDONMENT, JUNKED,

AND WRECKED VEHICLES Passed by the Board of Trustees and signed this 6th day of May 2020 /s/ Myrrl W. Smith, Mayor /s/ATTEST: Rayna Sanchez, Town Clerk

221 **HELP WANTED**

SOUTH CONEJOS **SCHOOL** District is currently seeking a fulltime special education teacher, secondary math teacher, and part-time art teacher for the 2020-2021 school year. Applicants must possess an associate's degree in early childhood education and must be director qualified and must have or be able to obtain a Colorado Teaching License. Please submit a district application, resume, cover letter, transcripts and credentials to apply@southconejos. com. Applications will be accepted until June 17th, 2020.(6/17)

1ST SOUTHWEST BANK is experiencing significant growth and is looking for a Specialized Lender with SBA experience and a Specialized Loan Assistant/ Processor, offering a strong benefit package & career growth opportunities. EOE. Go to https://www.fswb.bank/ who-we-are/careers/ for more details & to apply. (6/26)

HELP WANTED THE CITY OF Alamosa is accepting applications for a Utility Supervisor (\$45,551 per year) and multiple Cashier/CSR's (\$12.49 per hour) For more in-

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formation please visit

cityofalamosa.org. Protected by EOE.(6/19) SANFORD SCHOOL IS accepting applications for a highly motivated high school business teacher to work with our talented students who are our future. Applicants must hold a Colorado Teacher's License and be willing to become vocational certified. Don't miss this opportunity to join our team and become a part of a great educational culture. Applications can be downloaded from the our website, www. sanfordschools.org Position is opened until filled. Sanford School

is an EOE & E.(7/14) COOK NEEDED AT Wagon Wheel in La Jara. Please call 719-274-5965 ask for Margie.(6/13)

221 HELP WANTED SOUTH CONEJOS

SCHOOL District is currently seeking a preschool teacher for the 2020-2021 school year. Applicants must possess an associate's degree in early childhood education and must be director qualified and must have or be able to obtain a Colorado Teaching License. Please submit a district application, resume, cover letter, transcripts and credentials to apply@ southconejos.com. Applications will be accepted until June 17th, 2020.(6/17)

THE DEL NORTE Jr/ Sr High School is seeking a qualified Secondary Social Studies teacher for the 2020/2021 school year. If you are interested please submit your application, resume and cover letter to: Aaron Horrocks at ahorrocks@ urtigers.com or contact Aaron at 719-657-4030 ext 1001. Applications can be accessed online at https://www.dncsd.org/ business/employmentopportunities.(6/23)

ELEMENTARY TEACHER NEEDED at Del Norte Elementary School for the 2020/2021 school year. We are seeking a hardworking and enthusiastic teaching professional to join our dynamic, vibrant and fun-loving team. Please submit your application, resume and cover letter to: Amy Duda, Principal at aduda@urtigers.co or contact Amy at 719-657-4030. Applications can be picked up at the District Office or online at:dncsd.org. (6/19)

221

HELP WANTED

MEL'S CUSTOM MEAT Processing looking for reliable and dependable person. No experience needed. Apply in peron after 5:30pm. 602 2nd Ave, Romeo. (6/17)

SANFORD SCHOOL **DISTRICT** is accepting applications for a Secondary Science Teacher. Applicants must have a current Colorado teaching license. Applications can be downloaded at www.sanfordschools. org. Sanford School is an

Newspaper Readers It's a known fact that the most informed voters <u>READ NEWSPAPERS!</u>

FACT: 77% Voted for President in the

Coneios County, Colorado Court Address: P.O. Box 128 Conejos, CO 81129 In the Matter of the Estate of: WILMA MOTT HORTON, a/k/a WILMA M. HORTON, a/k/a WILMA HORTON

District Court

COURT USE ONLY

Attorney HELEN SIGMOND, P.C. by Helen Sigmond P.O. Box 1270

Alamosa, CO 81101 Phone Number: (719) 589-6626 E-mail: helen@helensigmondpc.com Atty. Reg. #13019

Case Number: 2020 PR 30008

NOTICE TO CREDITORS BY PUBLICATION PURSUANT TO §15-

NOTICE TO CREDITORS Estate of Wilma Mott Horton, a/k/a Wilma M. Horton, a/k/a Wilma Horton Deceased, Case Number 2020 PR 30008

All persons having claims against the above-named estate are required to present them to the Co-Personal Representatives or to

District Court of Conejos County, Colorado on or before September 29, 2020 (date), or the claims may be forever barred.

Robert L. Horton, Co-Personal Representative_

Type or Print name of Person Giving Notice 12526 County Rd Z

Address La Jara, CO 81140 City, State, Zip Code

Prudence Leynse-Hall, Co-Personal Representative

Type or Print name of Person Giving Notice 1417 Lombard Street

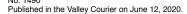
Address

Address Canon City, CO 81212 City, State, Zip Code No. 1465 Published in the Valley Courier on May 29, June 5, and 12, 2020.

"San Luis Valley Board of Cooperative Educational Services (BO-CES) will be conducting a record and file update this summer. We will be destroying all special education records of students whose files have been closed since July 1, 2014 to June 30, 2015. This effects students from Alamosa, Centennial, Center Creede, Del Norte, Mof-fat, Monte Vista, Mountain Valley, North Conejos, Sanford, Sangre de Cristo, Sargent, Sierra Grande and South Conejos school districts. If any students or guardians want their complete file you can request it from the SLV BOCES office at 719 589-5851 on or before July 2nd, 2020".

Please include students Name, date of birth and your relationship to the student. Identification will be required.

No. 1469 Published in the Valley Courier on June 2, 3, 5, 6, 9, 10, 12, 13, 16, 17, 19, 20, 23, 24, 26, 27, 30, and July 1, 2020. 719-588-1035.(6/19)



163

580-0398.(TFN)

com (TFN)

1796.(7/1)

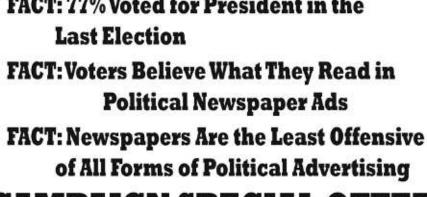
221 **LOST & FOUND** HELP WANTED

LOST A PAIR of men's RIVER VALLEY black work boots on W. INN Nursing home in Del Norte Co is seek-Hwy 160 on way to a fire call. 4/2 approx. 4:30pm ing a Director of Nurswest of Budweiser being must have a current fore Del Viento Road. Colorado license and in If found please call 719good standing. We offer

insurance and competitive wages if interested please stop in @ 1335 6th st to apply or if you have any questions please feel free to contact us @ 719-657-1105 ask for Susan. (RVI is EOE.)(7/1)

RIVER VALLEY INN Nursing home is now hiring LPN's and RN's. Come join our team! centurypa.hcshiring. Must have a current license and CPR. Days and Night shift With CONSTRUCTION night shift differential. HELPER NEEDED. Please stop in for an ap-Pay dependent on explication at 1335 6th st perience. Call 719-849in Del Norte Co or call 719-657-1105 Ask for LOOKING FOR Susan or Chelcy. (RVI is FULL time ranch hand

EOE.)(6/30) in La Jara. Hours vary ALAMOSA COUNTY with seasons. We raise EMPLOYEMENT sheep, hay and vegeta-Opportunities, Job Debles and are certified orscriptions, and Applicaganic. Housing is available on farm if needed. tions are available on the Call 719-274-0293 or County's website www. alamosacounty.org.(7/10)



CAMPAIGN SPECIAL OFFERS:

5 - 2 col. x 2"Ads • \$399 5 - 2col.x 5"Ads • \$899 2 - 1/4 Page Ads (3 col. x 10") • \$1,099

CALL OR STOP IN & WE WILL CUSTOM **DESIGN A CAMPAIGN FOR YOU!**

Valley Courier

Ask for Keith, Debbie or Morgan Ph. 589-2553 • www.alamosanews.com

You'll find it all in the **Business & Service Directory**





601 APARTMENTS

FOR RENT

Century Property Management & Sales, uc

Alamosa • 589-5744

PROPERTY

MANAGEMENT

SERVICE

For all your rental

needs please call

719-589-5744 or stop

by 823 Main St.

Alamosa, CO 81101

www. alamosarentals .com

ONE BEDROOM

APT. 208 Ross, Ala-

mosa, no pets, garage,

\$625 plus electric, \$650

deposit. 719-580-1266.

606 - BUS. PROP.

FOR RENT

OFFICE SPACE FOR

rent. Completely reno-

vated. New electrical.

plumbing, and ther-

mal windows. Classic

1800sq.ft. style faced

located on high visibility

lot on Grande Ave., Del

Norte. 719-657-0776 for

611 - HOMES

FOR RENT

BEAUTIFUL 3 BED-

ROOM. 2 bath coun-

try home with fireplace

will be available June

1, 2020. 1st, last, secu-

rity & utility deposit.

1-year lease. References.

Monthly rent is \$800

plus utilities. Contact

Cheryl 719-480-0502.

Leave a message. (6/13)

702 - AUTOS

FOR SALE

2011 FORD SHEL-

BY Cobra, glass roof.

15,000 miles. \$48,500/

obo, Call 719-588-5198.

737 RVS

(6/17)

appointment.(6/30)

(6/23)



221 **HELP WANTED**

THE TOWN OF Sanford is accepting applications for a Police Office. Candidates must be Colorado P.O.S.T. certified and willing to submit to psychological, background, and criminal history checks. Applications will be accepted until the position is filled. Pick up applications at Sanford Town Hall, 390 Greenleaf Street - Monday & Tuesday form 8-4pm or apply online at Colorado.gov/Townof-Sanford. Applications must include resume and P.O.S.T. certification.(6/12)

MONTE VISTA ES-TATES Nursing Home is seeking a full time night shift CNA. Shift is 10:00pm-0600am. If you love working with the elderly and enjoy making a difference in the lives of our residents. please contact us and or drop by for an application. We look forward to having you join our team.(6/16)



Send resume to: KCerny@alamosanews.com



221 **HELP WANTED**

CDL TRUCK DRIV-ER wanted. Call 719-480-3983.(6/19)

WORLD FUELS SERVICES/ALTA Transportation Looking to hire a OVER THE RŐAD truck driver. 5 days out 2 off. Per Diem paid when away from home terminal. Modern fleet of equipment, Highly competitive hourly pay + OT with regular increases! Up to \$7,500 sign-on bonus. Referral bonus. Premier paid safety training (No tank experience required)! Vacation and holiday pay. Unparalleled health plans for your entire family. Retirement plan. Current Class A License with HazMat and Tank

endorsements. 2 years recent Class A driving experience. Acceptable Motor Vehicle Record. Pass required DOT Pre-Employment Testing & Background. Please bring resume to 615 State Ave., Alamosa CO or call 719-588-4434. (6/19)

221 HELP WANTED

MECHANIC NEED-ED, MUST have basic hand tools, must have valid driver's license. Offers, 404k, and competitive wage DOE. Apply at Asphalt Constructors Inc. 7040 W Hwy 160, Alamosa, CO 81101. Ph. 719-589-6671.(6/19)

SWEET TOOTH ALAMOSA is seeking a full-time dental assistant. Experienced preferred not required. Willing to train the right candidate. Bi Lingual a plus. Individual must have great customer service, dependable, able to multi task. Please submit resumes to: sweettoothdental89@gmail.com. (6/17)

MONTE VISTA ES-TATES is currently seeking a full-time dietary Cook to add to our amazing team! The Cook is an essential role in the overall dining services offered to our residents and tenants. The cook assists in the preparation and service of meals and snacks in accordance with facility policies and procedures.

staff.(6/16)

221 HELP WANTED

COSTILLA COUN-TY IS seeking a full-time Options for Long Term Care case manager who will primarily work in Conejos County and some travel to Costilla County. Responsibilities include: Intake/ screening/referral and assessment of client's needs, development of care plans, management of a caseload and interviewing clients including conducting home visits. Abil-ity to meet deadlines in a fast-paced work environment a must. Bachelor's Degree in a human services field Sociology/Psychology or Humanities preferred. Bi-lingual skills a plus. Experience as a case manager with the long term care client population may substitute for the required education on a year by year basis. Background check and pre-employment drug screening are required. Position is open until filled. Costilla County Public Health Agency is an equal opportunity employer. Costilla County Public Health Agency has the right to refuse any and all applications. Applications are available on the Costilla County website at https://colorado.gov/pacific/costillacounty under the Jobs tab or call 719-672-3332.(6/26)

DEL NORTE HIGH you may contact Otilia at 719-852-5138. The School is seeking a qualified Boys' Bas-ketball Head Coach for next season. If interested, please email Richie Madrid, Del Norte High School Athletic Director at rmadrid@urtigers.co or call him at 719-850-3623. (6/19)

THE GREAT SAND Dunes Oasis is now nursing home or assisted hiring summer sealiving food service is sonal positions for capreferred, Must be able shiers, dishwashers, to maintain a clean, cooks, store clerks, and organized work area, cleaners. To schedule Must be able to work an interview please well with all department call (719)378-2222. (6/26)

221 HELP WANTED

NEED A SECOND IN-COME? child support? Car Repairs? Taxes Due? Earn up to \$800/month delivering the Valley Courier. Contact Keith at 589-2553. (2/26-TFN)



ACCEPTING RE-SUMES FOR Assistant Administrator position with Tri-County Senior Citizens and Housing. Must be proficient in Microsoft suite. (Word, Excel, Publisher) Prior experience in bookkeeping or accounting. Must be well organized, detail and deadline oriented. Will assist with day to day operation of Senior Center and Senior Apartments. Must relate well with people. Will plan activities, events and trips. Will prepare newsletter and reports for board review, will keep website current. Full time position 35-40 hours per week Monday-Friday. Mail resumes to 311 Washington Street, Monte Vista, CO 81144 or email to mary@tricountyseniors.com.(6/26)

267 WORK WANTED

AVAILABLE: EXPE-RIENCED PRIVATE personal care provider. Light housework, baths, toileting, dressing, meals, geriatric exercises. 719-587-9442.(7/1)

324 - FEED & SEED

NATIVE GRASS HAY for sale. Small bales, horse hay quality. Come cow hay. Certified USDA. Call Ed 719-852-

3069.(7/14) PREMIUM ALFALFA AND grass/alfalfa, small bales \$7.00 in hay shed

(719) 580-2509.(6/20) HORSE AND COW hay: grass, grass/alfalfa, alfalfa. 3x3 and 4x4 bales, various quality and pricing. 719-850-8917 (7-13-TFN)

341 - GARAGE SALES

16TH ANNUAL YARD Sale! Dewalt and Milwaukee power tools, misc tools, hunting, fishing, camping, luggage, adult and kids clothes, toys, books, DVD's, household and xmas items! Well worth the drive, more items that we can sell in 3 days! Don't Miss!! We are Following CDC Guidelines! 6/11 7am-7pm 6/12 & 6/13 7am-3pm. 0230 County Road 10 S. Alamosa.(Waverly Road to almost the CR 100).(6/13)



SALE REGISTERED **BLACK** Angus Bulls and semen sales Brink Livestock Services admin@brinklivestock.net www.brinklivestock.net 88-641-3750 / 719-480-3932.(7/15)

HERITAGE BREED **TURKEY POULTS -**Burbon Reds from free range parents. \$20 each or \$35 for 2. Limited number available. Ready to butcher at 28 weeks (toms average 30 lbs, hens 15 lbs.) Straight run only. 719-850-2832.(TFN-E)

PIGS FOR SALE \$1.00 lb. live weight. 570-395-0184 (TFN)

360 - MISCELLANEOUS FOR SALE

NEW / STILL in Box Swimming pool for Sale. 15ft diameter. Paid \$700 will take \$500. Call 719-480-9893.(6/30)

FOR SALE ELEC-TRIC Hospital Bed \$600. Call 719-480-4848.(6/27) ZACH'S EUROPEAN MOUNTS. Professional work, low prices. 719-580-0398. (TFN)

369 - PETS & SUPPLIES

ALL DOGS ADOPTED FROM THE VALLEY HUMANE LEAGUE HAVE TO BE SPAYED OR NEUTERED BE-FORE GOING TO THEIR NEW HOME. (TFN)

369 - PETS & SUPPLIES

OOPS! GOT PUPPIES who need a home? San Luis Valley Animal Welfare Society is a nonprofit animal rescue dedicated to stopping the euthanasia of healthy adoptable pets. Having pets altered is the number one way to stop pet overpopulation. If your pet has had puppies contact us. We will take the puppies into our rescue and spay the mama dog for free after the puppies are weaned. If needed we will also provide dog food & gas money to get the dogs to us to help in this situation. Spay/neuter is one of the greatest gifts you can provide your pet, your family and your community. We have found good responsible homes for over 8,000 animals. Contact 719-587-9663 (WOOF);

NEED CATS FOR mousers? Want to adopt kittens? Help trap/neuter/release efforts? Donate food/litter/supplies? Low cost spay/neuter clinic for cats. http://www.catsalivesly. com 719-298-7028. (TFN)

email: woof@slvaws.org.

(TFN)

FREE TO GOOD home. Adults and kittens. NO MOUSERS OR BARN CATS. Spay/neuter clinics coming to Alamosa in near future. Call Donna K 719-589-5952 or 719-580-9078. (TFN)



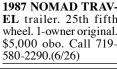
LOOKING FOR A 2 or 3 bedroom Mobile Home 1981 or higher for \$15,000 or under. Call or text 719-580-9525(TFN-E)



ZACH'S EUROPEAN MOUNTS. Professional work, low prices. 719-580-0398. (TFN)



RENT 1 BEDROOM Apt Alamosa some utilities included 800-641-3750 / 719-480-3932. (7/15)



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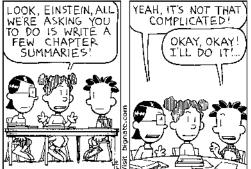




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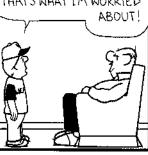












FOR BETTER OR FOR WORSE THAT DOES IT !- SHE'S THEY RE SOME PEOPLE I







2 5

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6 1 4 2 9 7 3 8 5 'l don't know who he is! He was there when I woke up this morning."

Man asked to practice social distancing grows aggressive

DEAR ABBY: I encounitem when a man behind me came at me, inches from my face, in an aggressive and threatening way. When I asked him if he could please step 6 feet away, he became even more hostile and accused me of asking in the wrong way.

In hindsight, I suppose IN OAKLAND, CALIF. I should have ignored him. But his words shook me. I didn't speak disrespectfully to him. Although I was alarmed, I was polite. When I said I was just asking for the required space, he said he was showing me how thoughtless I am because I wasn't wearing a mask or gloves. Neither was he, nor were the emproblem. I just shook my head and left. As I was leaving, he yelled after virus and that he worked in a hospital.

The man was huge, at least double my size. He was clearly going out of his way to threaten me, if not to infect me. I know I should not have responded, but for my own safety, I called the police.

I go for a walk every day tered a frightening man for exercise and to shop in the hardware store the for necessary groceries. I other day. I was standing have experienced people at the counter paying for an in aisles coming very close to me. I step aside to give space for others. Generally, most people are careful, respectful and even give a thank-you. This man was aggressive for no reason. What should I have done other than just walk quickly away? -- THREATENED

DEARTHREATENED: You did the right thing. I seriously doubt the person worked in or even near a hospital, because if he did, he would have taken the proper safety precautions. In these stressful times, people sometimes act out over perceived slights. With someone so angry, aggressive and clearly ployees and some other looking for trouble, the shoppers. When I pointed right thing to do was to get that out, he countered even away as quickly and safely more loudly that I was the as possible. The man was lucky the store management didn't eject him.

DEAR ABBY: Several me that he hoped I got the months ago, a friend of mine behaved badly and offended me and another dinner guest. His wife shut him down fairly quickly. The next day, when I tried to explain to him why what he did was inappropriate, he misinterpreted my comments and, because of his are willing to talk out difneeded to politely ask him low self-esteem, became to back away. If I'd had a offended even though he smartphone, I might have was the offensive person. I immediately apologized

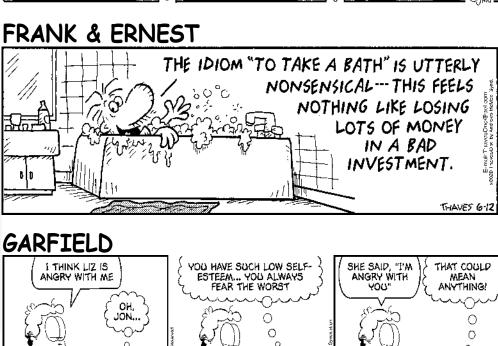


ABIGAIL VAN BUREN

but got no response. Anyone who understands basic psychology will recognize this defensive and deflective self-defense mechanism for what it was.

Abby, these are people I love dearly. Now they no longer speak to me, and I'm at a loss about what to do besides continue to pray for them. Advice? -- MISSING **MYDEAREST FRIENDS**

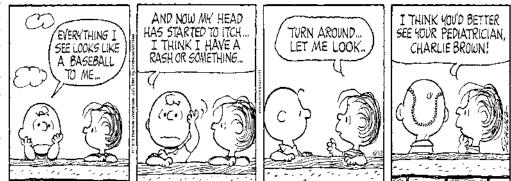
DEAR MISSING: Your former friend appears to be both aggressive and hypersensitive. Continue praying, but be careful what you pray for because this person appears to be very high-maintenance. Surely you can fill the emptiness with friends who are easier to get along with and who ficult situations like adults. If you do, I guarantee your life will be less stressful.



THE GRIZZWELLS



PEANUTS



Lifestyle

Community Cleanup

DEL NORTE — On a recent beautiful Saturday morning some residents of the Del Norte community gathered to help beautify and improve their town. They cleaned gutters, planted flowers, weed whacked, and hauled garbage. The crew included the following: Kate Trujillo, Cassandra and Rick Tichian, Kevin VanDyke, David Garrison, County Commissioner Gene Glover, Stan Johnson and Cassandra Johnson. A welcomed and needed community effort filled with smiles and good will.









Del Norte community members took ownership of their town last weekend taking a literal step in cleaning up the streets. pictured 1. David Garrison, 2. Rick Tichian, 3. Kevin Van Dyke and Cassandra Johnson and 4. Kate Trujillo

Notice of outfitter (Game Retrieval) opportunities

The U.S. Fish and Wildlife Service is accepting applications for Commercial Special Use Permits to be issued to persons interested in providing harvested elk retrieval services during the 2020-2025 elk hunting seasons on the Alamosa, Baca and Monte Vista National Wildlife Refuges. Elk hunting on the three refuges (Alamosa, Baca and Monte Vista) of the San Luis Valley National Wildlife Refuge Complex occurs annually in accordance with rules and regulations set forth by Colorado Parks and Wildlife (CPW) and the U.S Fish and Wildlife Service. Successful Hunters are required to retrieve harvested animals by foot, game cart, horseback or bicycle, except in Wilderness Study Areas of the Baca Refuge where bicycles and game carts are not allowed. Because of the potentially long distances that may be involved in retrieving harvested animals on the refuges, and in an attempt to assist hunters in assuring that all legally harvested elk meat is completely retrieved without loss due to heat and exposure, the U.S. Fish and Wildlife Service will issue Commercial Special Use Permits for up to 5 registered Outfitters (by Colorado Department of Regulatory Agencies, Office of Outfitters Registration) specifically for the purpose of retrieving legally harvested animals. Permits will be issued for a period of 5 years but must be updated and reviewed annually by the issuing Refuge Manager. Outfitters interested in obtaining a U.S. Fish and Wildlife Service Commercial Special Use Permit solely for the purpose of retrieving legally harvested elk on the Alamosa, Baca, and Monte Vista National Wildlife Refuges should submit a detailed request summarizing the following: Name of Individual or Organization:

Proof of current valid registration (in good standing) with Colorado Department of Regulatory Agencies, Office of Outfitter Registration.

Age (Must be 18 years or older):

· Availability during Colorado Elk Seasons: · Retrieval CapabiliBasin

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ties (i.e., 5 horses, 2 mules etc...)

Retrieval Charge/ rate/estimate:

· Information regarding any Natural Resource or wildlife-related convictions:

 \cdot 3 References with contact information

Elk Retrieval Special Use Permit Request Submissions must be received by 4:30 p.m. on Monday, July 27, 2020, either by being mailed to:

Attn: 2020 USFWS Elk Retrieval Special Use Permit Application Baca National Wildlife

Refuge P.O. Box 247,

Crestone Colorado 81131

or sent electronically to ron_j_garcia@fws.gov with subject line "2020 USFWS Elk Retrieval Special Use Permit Application"

For questions or more information, call Ron Garcia, Refuge Manager, and Baca National Wildlife Refuge at (719) 256.5527 ext. 10.

INTERIOR REGION 5 Missouri Basin INTERIOR REGION 7 Upper Colorado River Basin

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Reining in the facts on Equine Strangles

Since the first vaccine was invented in 1796, the practice of immunization has transformed how we view infectious diseases, taking many pathogenic invaders from being deadly threats to easily preventable maladies. For humans and animals alike, vaccines are important healthcare tools.

Dr. Leslie Easterwood, a clinical assistant professor at the Texas A&M College of Veterinary Medicine & Biomedical Sciences, says the equine strangles vaccine is one that is of particular importance for horse owners in protecting their animal.

"Strangles is the common term for the bacterial respiratory disease caused by Streptococcus equi, subspecies equi," Easterwood said. "Strangles infections most commonly present as an upper respiratory infection that primarily involves the lymph nodes in a horse's jaw. Symptoms include high fevers, thick nasal discharge, depression, and a lack of appetite."

Thebacteriathatcauses strangles in horses may sound familiar to their human owners; a cousin of this bacteria, called Streptococcus pyogenes, causes strep throat in people. Though these bacteria are genetically similar and cause upper respiratory symptoms in both species, horses with strangles cannot infect humans, and humans with strep throat cannot infect horses.

"Strangles is spread via respiratory secretions from infected horses," Easterwood said. "It is highly contagious from horse to horse and is pretty common."

Since strangles is easily transmitted between horses, vaccination is an important tool for minimizing the spread of this disease.

"Although the disease rarely results in a fatality, it will make horses sick and can lead to loss of production, decreased performance, and quarantine,

RestoraPet's tips for

reducing pet anxiety

in some circumstances," Easterwood said. "Vaccination does not provide complete protection, as with all vaccinations, but it can help to decrease the chance of contracting the disease in susceptible populations."

Since horses are often kept in groups—grazing together at pasture, sharing pens, or neighbored in stalls—contagious diseases can quickly work their way through a herd. As such, vaccination remains an essential tool for both individual and herd health.

Ultimately, the decision of whether to vaccinate an

animal comes down to the owner, Easterwood says, although there might be situations during which a third party takes interest in a horse's vaccination records.

"There are no governmentally mandated vaccinations in horses," Easterwood said. "Some boarding and breeding facilities will require vaccination to board at their location, but that is not a legal requirement."

Even if no legal requirement enforces the vaccination of horses, owners should still consider consulting with their veterinarian to determine

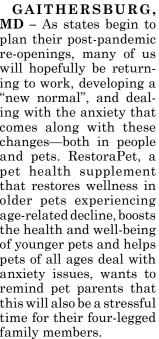


what care is best for maintaining the health of their animal.

Pet Talk is a service of the College of Veterinary Medicine & Biomedical Sciences, Texas A&M University. Stories can be viewed on the web at vetmed.tamu.edu/news/ pet-talk. Suggestions for future topics may be directed to editor@cvm. tamu.edu.



719-587-1800 • 20 Craft Drive Alamosa , CO 81101



The ASPCA reported that pet adoptions and fosreason, it is important to disassociate your leaving from these routine tasks. This can be done by exposing your pet to these cues in various orders several times a day—without leaving.

Create positive associations with your departure — Doing something nice or fun for your pet (such as giving them a small, healthy treat) every time you leave the house will help them to associate your leaving with something pleasant, and thereby minimize or offset other distress they might feel.

Practice gradual departures – To ease separation anxiety, start slowly by only leaving your pet alone for a short amount of time at first. The ASPCA recommends planning your absences to be shorter than the time it takes for your pet to become upset. As they become more confident in your intent to return home, you can try leaving them for longer amounts of time. Some dogs also benefit from the use of a "safe" word to reassure them that, although you're leaving now, you will return. Try a CBD supplement - CBD products include cannabinoids and terpenes that have a multitude of proven wellness benefits, such as reduced anxiety, without producing the "high" that is often associated with hemp products. Invest in puzzle toys – Special toys such as Kong puzzles with hidden treats inside can be a fun way to distract your pet while you are gone and will keep them from releasing their anxiety through unwanted behaviors, such as chewing furniture, barking or having accidents in the house. As the world's only fullspectrum hemp supplement with synergistic ingredients, RestoraPet Hemp helps unleash a pet's vitality, fighting discomfort and anxiety while offering proven health benefits from organic, plant-based ingredients, without any psychotropic side effects. Restora-Pet Hemp was specially formulated to be given alongside the original RestoraPet formula for maximum efficacy, including improved/regulated appetite, greater pain reduction, lower anxiety, and a calm sense of wellness without sedation. To learn more, visit www.restorapet.com.









tering increased during the pandemic. To help these new pet parents as well as the most experienced pet parents, RestoraPet CEO and pet health expert Brian Larsen compiled tips for pet parents looking to ease the transition and reduce separation anxiety felt by their pets.

"Pets everywhere have thoroughly enjoyed the extra time spent with their favorite humans over the past few months," said Larsen. "Just as pet parents everywhere have taken steps to ensure their pet's well-being during quarantine, we must also prepare them for a transition back to normal life.

"Think of this transition as a 'back to school' time, when pets might start to act out as the house goes empty after months of a full house," he added. "Chewing and destroying furniture, cries for attention, and endless crying or barking are just some of the issues that will arise, possibly even more so for the newly adopted pets who have become accustomed to constant human companionship. Preparing furry family members for this transition while we are still at home can help save us time, money and anxiety later on when we are trying to adapt to the 'new normal."

Larsen's tips for easing the post-pandemic transition:

Disassociate certain cues from your departure – Routine cues associated with your pet being left alone, such as picking up your keys or putting on shoes, can cause your pets to behave anxiously before you even have a chance to leave the house. For this



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