— Page 7





**VOLUME 94, NO. 117** 

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LOCAL NEWS... LOCAL VIEWS

**FRIDAY EDITION** 

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Today

**July 4 Trash** 

**Schedule** 

trash schedule adjust-

**Commercial Routes** 

Friday, July 3 route will be picked up on Thursday, July 2.

Residential Routes Friday, July 3 route will be picked up on Monday, July 6.

**Yard Waste Route** 

Recycling Center is closed Saturday July 4 and

If you have any questions, please contact the Public Works Department at (719)

Courier closed

Courier offices will be closed

Friday, July 3 in observance

of the Independence Day

distributed as usual, but we

will not publish on Saturday,

July 4 due to the holiday and

convenience this may cause.

We apologize for any in-

**Follow** 

us on

no mail service.

Our Friday edition will be

ALAMOSA- The Valley

Remains the same.

will reopen July 5.

589-6631

holiday.

ments are as follows:

ALAMOSA—Holiday

JULY 3, 2020

## San Luis & Rio Grande Railroad Inc. in receivership

#### By SYLVIA LO-**BATO**

Filed by Big Shoulders Capital LLC against San Luis and Rio Grande RR Inc. and Mt. Hood Railroad Company on Sept. 9. 2019 in the US District Court for the Northern District of Illinois.

Judge Thomas M. Durkin, receivership judge in Chicago, where the case originated, ruled the receivership will go forward and the bankruptcy court is expected to let go of the jurisdiction so it will stay in Chicago. Conejos County Attorney Nic Sarmiento said it would be appealed.

Big Shoulders Capital LLC, (\$5 million loan to Iowa Pacific) filed a motion in U.S. District

Court in Northern Illinois to appoint Novo Advisors as the receiver for Colorado's San Luis & Rio Grande Railroad Inc. and Oregon's Mt. Hood Railroad Co.

A company or property is placed in receivership to protect the assets of an organization when it cannot meet its financial obligations or enters bankruptcy. The court granted receiver appointment the same day Big Shoulders Capital filed its motion. According to court filings, the owner of the two railroads consented to the properties being

put into receivership. General Manager Ed Ellis was given \$7 million  $and \, part \, \bar{of} \, the \, agreement$ was that they would have a third party receivership come in and run the ship right. They are looking to sell assets and there are more liabilities than

An estimated \$17 million is owed to the federal government in payroll taxes and Sarmiento said there are probably superior liens to Conejos County's.

On October 16, 2019, an involuntary chapter 11 petition was filed against San Luis & Rio Grande Railroad, Inc. pursuant to 11 Ú.S.C. 303 in the United States Bankruptcy Court for the District of Colorado.

Owners reportedly want to see the railroad continue operating as a



## Safety concerns on San Juan



Courier photo by Stephen Jiron SWAT teams await further instruction in front of a

**ALAMOSA** — Thursday afternoon, the city of Ala-

mosa Police Department and SWAT executed a warrant investigation involving at the residence of 220 San Juan Avenue.

Chaffee County regional SWAT team was requested to assist Alamosa SWAT team in the search of the

Upon arrival they discovered several suspicious items and were advised by Chief of Police Kenny Anderson to back out due to safety concerns. A gas line was pulled from the stove causing additional concerns.

Gas was turned off to the house and the Alamosa Volunteer Fire Department was dispatched as a precaution while personnel awaited the Pueblo bomb squad. One resident was taken into protective custody.

## Nurses change roles to fulfill staffing needs at **SLV Health**

ALAMOSA — Some southern Colorado. During the summer months, it has been estimated that the regional popu-■ See COVID page 3 lation can increase to

around 50,000 citizens and visitors. "We are the only hospital within 90 miles that delivers babies," commented Roberta Bean, SLVH Chief Nursing Officer. "The Regional Medical Center in Alamosa is a Trauma Level III Emergency Department. In anticipation of the need to isolate and treat patients during this pandemic, we converted some of our inpatient hospital rooms to be negative pressure rooms."

■ See NURSE page 3

## Valley Cases continue

SAN LUIS VALLEY - Nine new cases for the SLV have been reported since Wednesday: 4 from Alamosa, 1 each from Conejos and Costilla, and 3 for Rio Grande County. The total number of cumulative cases is now 436. There were 82 known active cases as of Thursday night. Thirty-one total people have been hospitalized, and 346 have completed their isolation period. There have been 8 fatalities of individuals with COVID-19. Numbers are updated weekdays at slvemergency.org/slvcovid-19/. Friday, June 3rd, is a government holiday. SLV Emergency will be taking time off from publishing new updates

until Monday, July 6th. If you get tested for COVID, it is imperative to stay home while waiting for results, even if you don't feel sick. If results come back and they are negative, you must still follow Public Health recommendations regarding quarantine if you were exposed to a positive individual. You could still be an asymptomatic carrier or develop symptoms later on in

and numbers information

your quarantine. As we come upon the Fourth of July weekend, it is important to understand potential risks of certain activities and to adopt prevention measures to protect yourself and to help reduce the spread of COVID-19.

Your risk of getting and spreading COVID-19 increases in settings where it is difficult to practice social distancing like July 4th celebrations, beaches and pools, and busy restaurants. To lessen the risk of exposure,

stay home if you're sick, maintain 6 ft between yourself and others who are not part of your wash your hands often,

wear a cloth face covering, and



These cases have been identified by public health agencies as of 2:00 p.m. on July 2, 2020. Unless otherwise noted, all numbers are cumulative. If there are discrepancies between these numbers and those showing on the state's data website, use these local

### 436 SLV POSITIVE CASES

(New cases: 9 since 7/2) Alamosa County - 204

Conejos County - 19 Costilla County - 22 Mineral County - 7 Rio Grande County - 81 Saguache County - 103

ACTIVE CASES (Under isolation guidance)

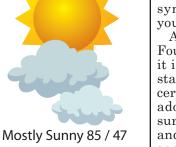
HOSPITALIZED

COMPLETED ISOLATION

(+8 since 7/2)

DEATHS

## Facebook -**Alamosa Valley Courier SLV WEATHER**



**Sat:** Partly Cloudy 83 / 47

**Sun:** Scattered Showers 85 / 46

INSIDE Record ...... Page 2 Valley News ...... Page 3 Opinion..... Page 4 Religion.....Page 5 Lifestyle ...... Pages 6, 7, 8 and 9 Public Notice.....Page 10

Classifieds .....Page 11

research the protective measures the venue has put in place.

See more here: https:// bit.ly/2YVLVtk and https://bit.ly/3ingv6E

Planning to travel over the holiday weekend? Some neighboring states have rapidly accelerating rates of COVID-19 right now, and case rates are creeping up again in many parts of Colorado as well. Because travel increases your chances of getting infected and spreading COVID-19, staying home is the best way to protect yourself and others from getting sick.

If you're planning on traveling, ask yourself the following questions

What restrictions are in

place where you're going? Will you be able to socially distance yourself

from other travelers?

before you go: Is COVID-19 spreading where you're going?

Is anyone in your group particularly vulnerable to getting sick?

Learn how you can take steps to reduce the risk of catching or spreading COVID-19 while traveling here: https://bit. ly/3dYjWgx, and check out these traveling FAQs from CDC: https://bit. ly/2CVWcgi.

There are burn restrictions currently in place in many areas in the SLV. Please make responsible decisions when considering your holiday activities regarding burning and fireworks. See www.slvemergency.org for the most current information. For questions about

testing or for medical advice, please contact your primary care doctor or call one of the numbers below to start the screening process:

#### healthcare organizations have the luxury of allowing nurses to move from other cities during staff shortages, such as at Banner Health between Greeley and Phoenix. But in Alamosa at San Luis Valley Health, there isn't that type of luxury in this rural hospital setting that serves a large geographic area in



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# Record

## **PENDING OBITUARIES**

## **Adolph Arellano**

ALAMOSA — Adolph Arellano, 60, passed away June 30, 2020. Arrangements are pending and will be announced through Romero Funeral Home of Alamosa.

#### VALLEY COURIER POLICY ON OBITUARIES

The Valley Courier charges a flat fee of \$30 for each obituary published. Pending arrangements or death notices are run at no charge.

This charge affects funeral homes, as well as family or other representatives, that directly place obituaries. All paid obituaries are published on our web site, www.alamosanews.com, for no additional fee.

In the event the newspaper errors in publishing an obit, corrections will be made and the obit will be rerun. If the errors are on the part of the submitting party, an additional fee will be assessed.

## **ONGOING VALLEY MEETINGS**

ALAMOSA—The San Luis Valley Military Family Support Group meets the fourth Tuesday at 7 p.m. in Alamosa. For more info call Vicki Jones at 852-3123.

ALAMOSA — Sierra Blanca Chapter #43, Order of The Eastern Star. meets on the first and third Mondays, at 7:30 p.m. at the Alamosa Masonic Hall, 512 San Juan Ave. Call Sharon at 589-4320.

ALAMOSA — La Leche League of the San Luis Valley holds its monthly meetings on the fourth Saturday at 11 a.m. at Hospice del Valle, 524 Main St. in Alamosa. Pregnant and nursing women are welcome to attend with their children and babies. Please call 587-

ALAMOSA -The Alamosa Kiwanis Club meets on the second, third and fourth Thursdays at noon at IHOP. Contact: Amanda Wilkinson, 719-589-2564 or email amanda@ alamosastatebank.com

ALAMOSA — The Optimist Club of Alamosa meets at Nino's Restaurant in Alamosa the first and third Tuesdays at noon. Contact the club at alamosaoptimistelub@ gmail.com or President Dawn Melgares at 719-580-0178. Visitors and new members are wel-

ALAMOSA —The Alamosa Rotary Club meets every Monday at noon at Juanitos in Alamosa. Contact Dean Swift, 589-3499 or dean@deanswiftseed.

## SOUTH FORK —

Kiwanis meets every Thursday at 8 a.m. at the Feelin' Good Coffeehouse in South Fork. Contact: Karen Miller, 719-873-5466 or email mkmillermink@aol.com

ALAMOSA — The Alzheimer's Caregiver's Support Group meets on the second Thursday from 11 a.m. to noon. at the Alamosa Public Library, 300 Hunt Ave. Call the Southern Colorado office at 719-544-5720, ext. 304.

ALAMOSA — TOPS (Taking Off Pounds Sensibly) CO 568, Alamosa, a non-profit weight loss organization, meets every Tuesday evening at the College Heights Baptist Church at 2035 Church Avenue in Alamosa. Weigh-in is at 5:30 p.m. with an informative meeting at 6:15. Anyone interested in having weight loss support is welcome to

for more information. ALAMOSA — Search and Rescue meetings are the fourth Tuesday at the Alamosa County

attend a free meeting or

call Doris at 589-6396

Sheriff Office, 1315 17th St., at 6 p.m. Anyone interested in becoming a volunteer is welcome. Call Suzi at 719-588-

ALAMOSA — The San Luis Valley Photography Club meets the first Wednesday at the Alamosa Public Library at 6:30 p.m. Contact Stephen Jensen at 379-0001 or slvphotostephen@gmail.com

ALAMOSA — Families Healing Families is a community-based organization that provides support and resources for families affected by the impact of substance abuse. They meet on the third Thursday at 6:30 p.m. at the Senior Citizens Center at 92 Rio Grande Ave. (on the north end of Cole Park) in Alamosa.

ALAMOSA— Peace Meditation at the Campus Ministry Office, Adam State University, Alamosa, is held on Thursdays at 5:15 p.m. Everyone is invited. Contact Candace Knowlan 805-886-6959.

ALAMOSA—American Legion Auxiliary Unit #113, Alamosa, holds its monthly meeting at 6 p.m. on the second Wednesday at the American Legion Building at 514 Fourth Street, Alamosa. Call Evelyn Espinola at 719-313-1466 or Alice Robinson at 589-0543.

ALAMOSA — Open drop-in meditation for health, stress management and spiritual growth, is held at 10:45 a.m. the second Sunday of the month at St. Thomas Episcopal Parish Hall, 607 Fourth St., Alamosa, with Mountain Institute, A Kriya, Meditation & Lamplighting School. Contact Martin at 575-758-5876 or talentolocal@live.com

ALAMOSA—Youngsters are invited to the Alamosa Public Library Story Room every Friday morning to sing, color, dance, read, enjoy adventures, share with friends and giggle. Babies and toddlers are welcome at 9:30 a.m. and preschoolers at 11 a.m.

ALAMOSA — Free breastfeeding classes are offered in Alamosa at the San Luis Valley Health Education and Conference Center on the second and fourth Mondays of each month from 3-4 p.m.

MONTE VISTA — Valley Fiber Art Guild - VFA is a group for anyone interested in fiber arts: knitting, crocheting, weaving and spinning. We work on our individual projects, sometimes do projects together and learn from each other. We meet the fourth Saturday of every month from 1 p.m. until 4:30 p.m. at 757 County Rd. 29. .Monte Vista. Call or email Wanda Couzens-Smith for more information at (719) 852-5000 or wcouzenssmith@gmail.

ALAMOSA— Alamosa Masonic Lodge meetings are every first and third Thursdays at 7 p.m. (except June, July and August) at the Alamosa Masonic Lodge, Main and San

ALAMOSA—Alamosa Toastmasters meets on Mondays at noon at The Bridge in Alamosa at 3407 Carroll Street. Participants will find a supportive learn-bydoing environment that allows them to achieve their goals at their own pace. Call (719) 588-5127.

ALAMOSA - The GFWC Woman's Citizenship Club of Alamosa meets on the second Friday at noon from September through May at First United Methodist Church, NW door, 2005 Mullins Ave. For more information, please email: womanscitizenshipclub@ gmail.com.

ALAMOSA — Made up of community members who write in many different genres, the Sophia Circle meets weekly to provide support for writers and their writing projects in the downstairs conference room at the Colorado Welcome Center at Alamosa, 6th and State on Sundays from 1-3 p.m.. Writers may drop in on any meeting. Bring copies of the work you want to share. Call Holly at 719-588-7066.

CENTER — The Center Kiwanis meets every Monday at 6:30 p.m. in the Kiwanis Hall in Center. Contact Dick Ramstetter at 719-580-

ALAMOSA — Silver Linings, an open and free positivity group, meets Wednesdays at 5:30 p.m. at Nestle Toll House Café in downtown Alamosa.

ALAMOSA — Groups are held for women who have experienced domestic violence every second Tuesday from 5-6 p.m. at the Grizzly Training Center, Alamosa. There will be refreshments and childcare provided. Contact Jennifer Mc-

Coy-Hanna at Tu Casa, Inc. 719-589-2465.

ALAMOSA — Grief support group meets the first Tuesday of every month at the Alamosa 1st United Methodist Church from 5:30-6:30 p.m. Call Liz Hood, 580-3697.

## Summerfest on the Rio -July 2, 2020- 2020 Festival **Cancelled**

ALAMOSA — Due to ongoing CO-VID-19 pandemic concerns, the Summerfest on the Rio Committee has made the difficult decision to cancel this year's edition of the Festival. All paid arts and crafts/food vendor applicants will be refunded in full. The Summerfest Committee would like to thank you for your support, wish you and yours the best and we look forward to future events. See you next year on the Rio!

For more information please visit www. summerfestontherio.org or contact us at info@summerfestontherio.org.

## Polis takes step back closes bars

COLORADO — Colorado Gov. Jared Polis announced Tuesday, June 30 that bars will be closed for in-person service in order to fight coronavirus in the state. Bars may sell take-out alcohol, and those which serve food and function as restaurants can continue serve alcohol if patrons remain 6 feet

apart, they are seated with their own party and do not mingle with other patrons. He noted conversations he had with the governors of Arizona and Texas, who say their states' recent surges are blamed, in part, on large parties, bars opening and crowds in nightclubs.

## La Garita Natural Arch may be renamed

SAN LUIS VALLEY— According to a recent document from State Senator Larry Crowder, interest has reignited in renaming what is now known as La Garita Natural Arch or La Ventana Arch. If renamed, the arch would be known as the Royal Arch. La Garita Arch (and Eagle Rock, included in the same area), are located about 15

miles north of the town of Del Norte and within the La Garita Wilderness. In the Rio Grande National Forest Report No. 878 from the 50th Congress - Senate of the United States, 1888, the Department of the Interior was referred a bill (S. 2427) to establish a public park, to be called and known as Royal Arch

Park. The Department of the Interior reviewed the bill and records and provided the following response: "The bill provides for the establishment of a public park in the State of Colorado to be called and known as Royal Arch Park." Initially some 5,760 acres were earmarked for the

5:30 p.m. First Chris-

7 p.m. Crestone Town

tian Church at 518 1st

Hall, downtown Crest-

one (second and fourth

NARCOTICS

7 p.m. St. Thomas

7:30 p.m. Baca Grande

7 p.m. SDA Church

9 a.m. Little Shep-

herd Episcopal Chapel

at Alder St., Crestone 7 p.m. St. Thomas

Episcopal Church, 607

School-Menu-

Friday-

July 3, 2020

at 313 Craft Drive,

Episcopal Church, 607

Library at Road T, Cre-

**ANONYMOUS (Nar-**

St., Alamosa

Thursdays)

**TUESDAY** 

4th St., Alamosa

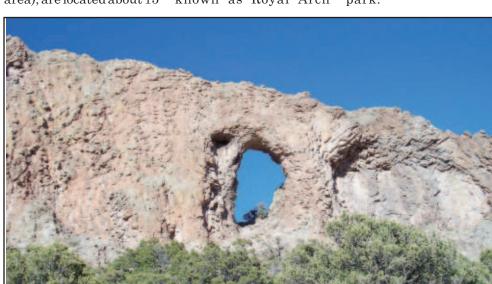
THURSDAY

**SATURDAY** 

4th St., Alamosa

cAnon)

Alamosa



## ALCOHOLICS ANONYMOUS MEETINGS

VALLEY — The San Luis Valley offers many Alcoholics Anonymous groups.

A.A. members' primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Following are District 3 San Luis Valley AA 12-Step Meetings. The 6th Tradition states that we are not affiliated with any outside organizations, but in the spirit of cooperation, we list these meeting schedules for friends and family. For information, call 719-937-5083.

### SUNDAY

5:30 p.m. Sacred Heart Parish Center at 3rd and Edison, Alamosa

7 p.m. Town Hall at 108 W Galena Ave., Crestone

### **MONDAY**

12 p.m. St. Thomas Episcopal Hall at 607 4th St., Alamosa 5 p.m. Women's Meet-

ing at Masonic Hall, 598 Spruce St., Del Norte 7 p.m. Community Church on Main St.,

Creede 7:30 p.m. Creative Resource Center at 304 Walnut St., La Jara.

## **TUESDAY**

12 p.m. First Christian Church at 1st and State, Alamosa 8 p.m. Mountain View

Presbyterian Church at 2nd and Broadway, Monte Vista

WEDNESDAY 12 p.m. First United

Methodist Church at 2005 Mullens, Alamosa 6 p.m. Senior Citi-

zen's Building at 710

Main St., Antonito

6 p.m. Amistad of San Luis at 403 Main St.,

7:15 p.m. RV Park in Blanca

7:30 p.m. Masonic Hall at 598 Spruce, Del

Norte. 8 p.m. St. Thomas Episcopal Church at 607 4th St., Alamosa.

### THURSDAY

San Luis

12 p.m. First Christian Church at 1st and State, Alamosa

12 p.m. Crestone Baptist Church, County Rd. T, Crestone

7 p.m. Community Church on Main St., Creede 7:30 p.m. Creative

Resource Center at 304 Walnut St., La Jara. 7:30 p.m. Ables/Disables, Baptist Church

at 751 Lincoln St., Monte Vista

### **FRIDAY**

7 p.m. Sacred Heart School at 3rd and Edison, Alamosa.

### **SATURDAY** 5:30 pm. at 929 State Ave., Alamosa

6 p.m. Senior Citizen's Building at 710 Main St., Antonito. 8 p.m. Mountain View

Presbyterian Church at 2nd and Broadway, Monte Vista

please contact your group service representative (GSR) **AL-ANON** 

For schedule changes,

TUESDAY 8 p.m. 15 Country

Club Dr. Monte Vista WEDNESDAY 5:30 p.m. SLV Be-

havior Health Group at 8745 CR 9S., Alamosa

## **THURSDAY**



VACATION To sponsor the School Menu call 589-2553

# Valley News

## Local physicians bring up masks to city council

Wednesday's City Council meeting Dr. Lauren Sonderegger and Dr. Kris Steinberg of Valley-Wide Health Systems raised concern to the councilors about CO-VID-19 transmission and offered mandatory mask-wearing as a so-

Sonderegger spoke first during public comment, "We think that mask-wearing and having the city mandate mask-wearing in public places could be really beneficial in reducing transmission. We do know that pre-symptomatic, so before people are actually sick, and asymptomatic transmission is actually mostly how we spread it to each other, through loud talking or laughing"

Sonderegger referenced a recent article published in the medical journal The Lancet, 'Physical distancing, face masks, and eye protection to prevent mission of SARS-CoV-2 and COVID-19: a svstematic review and meta-analysis' published June 27th. In the article, available evidence showed physical distancing was associated with a large reduction in infection. According to the article, Data also suggested that wearing face masks protects people (both health-care workers and the general public) against infection by these coronaviruses, and that eye protection could confer additional benefit. That said, the article was sure to acknowledge that neither measure afforded complete protection from infection

Sonderegger continued "If we physically distance and wear masks including multi-layer cloth masks in public we can reduce transmission of COVID-19 by 80-85%."

Steinberg expressed concern about tourism's effect on the rate CO- the valley. "Certainly COVID-19 is increasingly spreading within the SLV and that's going to be more dramatic as we are having folks travel through the valley", said Steinberg. "You've noticed all the motorhomes travelling through, this is the safe way to go on vacation but it may not be great for us. So we're hoping that we can encourage everybody who's coming through and staying and also living here to feel that they need to wear masks when they are in

According to the Colorado Department of Public Health and Environment Page (CD-PHE) page, Alamosa County has the fifthhighest infection rate in the state following Saguache, Eagle, Morgan and Logan Coun-

Steinberg went on to say, "We are low resource area where people



have many health comorbidities and as you know people with health co-morbidities are more likely to die from CO-VID-19." The Center for Disease Control defines Comorbidity as, more than one disease or condition is present in the same person at the same time

Steinberg closed her comment saying "We call on city council to make mask-wearing required in public, there are many other Colorado cities and counties requiring masks in public as does the entire state of New Mexico.'

Later in council comment, City Attorney

Erich Schwiesow recommended that any such order should come from an area of expertise such as the County Public Health Department. Council will be in touch with Public Health regarding this matter, it will not be up for review at City Council's 6/15 meeting.

## Council comments touch on Courier article

STAFF REPORT ALAMOSA — At Wednesday's City Council meeting Mayor Ty Coleman and City Manager Heather Brooks aired concerns in relation to 'Triggered', an article that ran in the Valley

City Manager Heather Brooks raised her concerns regarding the shooting article, "I was very disappointed, not only because it was factually incorrect, but because it gave the impression the City hasn't taken these issues seriously or taken any serious action. Which we know is simply

"As a reminder, the wrongful death of George

Floyd occurred on May 25. At the very next City Council meeting, June 3, we spent a great deal of time discussing that situation and what it meant for our community and nation ... We also discussed drawing up a resolution, which became Resolution No. 10 (A Resolution Calling For An Ethos Of Civility). We also took time to discuss how we could move forward in a positive direction, we talked about ASU roundtables and coordinating with ASU on how we could continue these discussions.

"I think sometimes public expectation compared to what reality is for a local government can be a little different. I think people think when there is a shooting they want to see the Mayor on the news, standing in front of a podium, that night issuing a strongly worded statement about where the City stands on something.

"And that may work for some cities, it probably works better for those cities who have a strong mayor-form of government. But for cities like us, who have a council-manager form of government; that have policies that guide City Council members when speaking on behalf of the city in a formal manner ... It requires you as a group to discuss that and come to an agreement before anyone is authorized to issue that kind of a

"That June 3 meeting had a Courier reporter sitting in on that meeting. The day after that we had our shooting. The day after that June 5 is when the Mayor's video, which directly spoke to some of these issues was released. Then June 17 was when Council voted in Resolution 10 and we released that through social media.

Greene interviewed both Brooks and Coleman for her 4000 plus word article that ran last week. Mayor Coleman followed: "I, too, was interviewed

by Susan Greene ... and I wish more of my comments had been taken into consideration ... Only a few sentences were pulled out of over 30 mins of conversation.'

Coleman added he ... didn't think the city had a big issue with law enforcement officers like they have in the Denver metro area. And I did say that our officers care and that I care about them. I also mentioned we know how to get along here.

"Following that she said 'Mayor Ty Coleman said as an explanation for his silence,' in reference to me, Council, and Staff not making a statement on the killing of George Flovd.'

Mayor Coleman expressed he. Council and Staff had been dealing with a plethora of crises over the past few months, among which was the killing of George Floyd. Following the City

the interim editor of the Courier and a reporter who had been listening in were sure to reach out to Coleman and Brooks. Assuring the Mayor and City Manager that a single article by a contributing reporter from out of town can only take the City's actions in a snapshot and does not tell the whole story on the City's reaction. Also that the Valley Courier has written about the City Council's conversations regarding these issues.

Council meeting both

This is a stressful time for the entire nation and Alamosa is not exempt. Council wants the public to know they take issues of race and police brutality very seriously and they continuously work on strategies to address and prevent these issues in our own community. The Mayor, Council and staff also aim to create a safe space for these tough

conversations.

## Nurse

Continued from Page 1

SLVH also includes Conejos County Hospital, 20 miles to the south, which is a critical access hospital where having more than six inpatients at once might cause a strain on staffing. During planning for a possible surge, it was determined to use the CCH facility for hospitalized non-COVID-positive patients as much as possible.

While the remodeling at the RMC created more physical beds and an ability to handle up to twelve COVID-19 positive hospitalized patients, a nurse shortage developed, especially in June when the number increased to an average of six positive hospitalized patients per day and several employees needed to quarantine due to community spread of the disease. Bean explained, "Our patient volume in our primary care and specialty clinics were not yet back to 100%, so we looked at the situation as an opportunity. With the help of our nurse educators, we decided to cross-train our clinical nurses and refresh their skills to help fill shifts on the floor and in

Several of the nurses have been in the clinical setting for a long time. Angel Gylling, RN, Specialty Clinic Nurse Manager, explains, "I have only been in the clinic setting for about six months, so going back and helping was second nature to me. Who really deserves the credit was the nursing staff who have been in the clinic for most to all of their careers who sprang into action and lent a helping hand. Also, the Medical Assistants and staff in the clinic had to step up as they

continued to provide outstanding



Courtesy photos Misty Palacios, RN, Clinical Nurse Manager, adds, "My position is a clinical nurse manager, but I am a nurse first, and I am committed to our community and our SLVH team. Especially during these try-

clinical care throughout our valley during this challenging time."

Another nurse who has been in an educational leadership role commented, "Just those few shifts really helped me refocus my energy and remember why my current role is important. It made me feel like a nurse again.'

Nurse Educators Dawn Weed and Brittany Sours conduct skills classes for nurses at SLVH.

Dawn Weed, BSN, RN-BC, Professional Development Specialist at SLVH, and her team were instrumental in instilling confidence and providing support for the nurses who were willing to change roles. "As part of our facility COVID-19 surge planning, the Education



Nicole Sandoval, RN, is a nurse in the SLVH Infusion Center and agreed to help out with hospitalized inpatients. "I was glad that I was able to help out my colleagues up here on the Med/Surge floor in this time of need."

Team developed a plan to assist in refreshing clinic LPN and RN skills. Clinic nurses oriented with hospital nurses during which they reviewed assessment techniques, frequently used medications, procedures, and treatments. A team model approach was used and the response from both the hospital and clinic nurses was phenomenal and we heard positive comments from each on a daily basis. Many areas of nursing are very specialized and it can be uncomfortable for a nurse to go to an area where they are unfamiliar, but with our COVID-19 situation, we saw all staff going the extra mile to help each other and make it a positive experience. I am proud of both teams and how they have handled the needs of our community."



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the ED.'

■ Continued from Page 1

For symptomatic individuals only, call: Rio Grande Hospital 719-657-4990 SLV Health Respiratory Clinic 719-589-2511 ext. 9

For symptomatic and asymptomatic individuals who

have had contact with a confirmed COVID-19 positive

Valley-Wide Health Systems 719-589-3658 ext. 9 (M-F), 719-589-2562 (Sa/Su)

individual, call:

For general (non-medical) SLV COVID-19 related questions: slvepr@alamosacounty.org, 719-480-8719

## Amarah's Corner

Hollywood celebrities who have spoken openly about their prior heroin use shed light on the risks and complications that can occur. Read on to learn about 10 celebrities who spoke openly about their experiences with the drug.

10 Celebrities with Heroin Addictions Part 1

Philip Seymour Hoffman

Academy Award winner Philip Seymour Hoffman was a film and stage actor who gained acclaim for his performance as Truman Capote in the 2005 film "Capote." He later went on to star in other Oscar-nominated films including "Charlie Wilson's War" and "Doubt." At the time of his death, he was almost finished filming the final film in the "Hunger Games" series.

In 2006, Hoffman revealed in a "60 Minutes" interview that he had

entered rehab and reached sobriety at a young age - just 22. "You get panicked," he said. "It made me worried if I was going to get to do the kind of things I wanted to do in my life. I was putting myself in situations, in predicaments that were dangerous."

Hoffman battled addiction his whole life, and he died in February 2014 at age 46. His official cause of death was combined drug intoxication.

Russell Brand

English comedian and actor Russell Brand speaks openly about how his drug use is frequently mentioned as part of his stand-up-comedy-act.

He began using drugs at age 16 after leaving his mother's home. "I cannot accurately convey to you the efficiency of heroin in neutralizing pain. It transforms a tight, white fist into a gentle, brown wave," Brand told The Guardian. In December 2014, he tweeted that he was 12 years clean and sober.



Robert Downey, Jr.

Robert Downey, Jr., teenage heartthrob turned "Iron Man" superstar. has lived a very public battle with heroin and drugs. After being intro-

> duced to drugs by his father when he was just 8 years old, the actor was in and out of iail for various drug charges between 1996 and 2001.

"All those years of snorting coke, and then I accidentally get involved in heroin after smoking crack for the first time," Downey told Rolling Stone. "It finally tied my shoelaces together. Smoking dope and smoking coke, you are rendered defenseless. The only way out of that hopeless state is interven-

'Kids Like Me

Amarah's

Corner

In 2003, Downey entered rehab and brought his years-long addiction to

Corey Feldman

Corey Feldman, one half of "The Two Coreys," a nickname given to him and fellow actor Corey Haim after their rise to popularity in the 1980s, lived out a very public battle with drugs. In his 2013 memoir "Coreyography," the actor described sexual abuse by a family friend. The same man who abused Feldman also introduced him to drugs.

Feldman battled substance abuse for years after he was introduced. In 1990, he was arrested for heroin possession. Following the abuse, his addiction dramatically worsened.

"And that's when I really took the plunge, after I got off the coke, after I'd already had a stint with crack," Feldman told The Huffington Post in 2013. "Then this other girl broke up with me, and then the guy, who was the pedophile (whose name I had to change [in the book]), who introduced me to every one of the drugs I ever tried said, 'Hey, why don't you try heroin."

Carrie Fisher

Carrie Fisher's most iconic role was as Princess Leia in the "Star Wars" franchise. For many years Fisher also battled drug addiction. Fisher later revealed she started using drugs, including heroin, as a type of selfmedication to control the manic side of her depression. "Drugs made me feel more normal," she told Psychology Today. "They contained me."

In a 2016 question-and-answer interview with Rolling Stone, Fisher detailed her drug use, including experimentation with heroin. Rolling Stone asked, "Are there any drugs you wish you'd never touched?" The actress answered, "The stronger of

the opiate class. I would say heroin. I

snorted that. I never did it the full-on

way, which is basically what you do

■ Letters policy

Letters are welcome and encouraged.

All letters submitted for publication in the

Valley Courier must be typewritten, signed

by the author, and must include a phone

number and address where the author can

be reached. Letters must not be libelous. The

Courier will not run letters that are negative

to specific businesses. The Courier's editorial

board reserves the right to reject a letter for reasons it believes are appropriate. Letters may

be subject to editing to fit available space, or

exclusion from the Opinion Page. Please, no poetry. Please send signed letters to P.O. Box

1099, Alamosa, CO 81101 or email them to

news@alamosanews.com. Letters to staff, not

for publication, should be marked "personal."

when you're trying to kill yourself." In December 2016, the actress died at age 60 of cardiac arrest. Her mother, actress Debbie Reynolds, died the following day.

Cory Monteith

Before he was a star in the hit television show "Glee," Cory Monteith was battling the bright lights of another kind: addiction. In an interview with Parade, Monteith said he was skipping school to get drunk and smoke pot by age 13.

"Anything and everything, as much as possible," he said. "I had a serious

At 19, his friends staged an intervention and Monteith worked to get clean and sober. He got a job, took acting classes, and soon landed a high-profile spot on a popular musical show. Then, unfortunately, the addiction returned. In 2013, he checked back into rehab, but he died of combined heroin and alcohol toxicity in July of that year.~Retrieved from https://www.healthline.com/health/ celebrities-heroin-addiction#1

## False Chinch Bugs Become a Problem

Eye on

Extension

Marvin

Reynolds

There are some insects that are around every year but do not usually cause significant damage to plants. False Chinch Bugs are one of these bugs. This year, however, is a year when they can causing damage to some plants. Some gardens have seen a high enough false chinch bug population to damage vegetables.

False chinch bugs (Nysius raphanus) are small, grayish insects that sometimes become extremely abundant. They feed on a variety of plants and occasionally cause some plant injury, particularly to certain highly favored mustards. During periods of extremely hot, dry weather they also may move to the relative cool of buildings and

incidentally enter them.

False chinch bug spends the winter among winter annual mustards. Flixweed, a common weed associated with alfalfa fields and agricultural field margins, is an important winter host for this insect in eastern Colorado. When late winter/early spring temperatures warm sufficiently to allow development, eggs are laid around the base of plants. The nymphs that subsequently hatch are smaller than the adults, wingless, and more oval in form. Their general color is gray, and a red marking is often observable on the back. As the pads become increasingly notice- largely disappear suddenly when the

able. Multiple generations are produced during a single growing season.

False chinch bugs feed by sucking sap from plants. However, their feeding does not seem to be very destructive and often little, if any injury is observed. However, false chinch bugs most often occur in aggregations which sometimes can involve thousands of individuals on a single plant. Wilting and leaf dieback may occur under these conditions, particularly when plants are under

drought stress. Mustard family plants, such as radish, canola, and mustard greens, are particularly favored by false chinch bugs. However, they may feed on a very wide variety of plants including potato, kochia, lettuce, pigweed, quinoa and even turfgrasses. Largest masses of false chinch bugs are usually found on plants that are flowering or producing seed.

The need to control false chinch bugs in crops is rarely needed, particularly if plants are irrigated sufficiently to allow them to compensate for feeding injuries. Furthermore, problems

nymphs feed, molt and grow wing are often sudden in onset - and may

adults disperse to new sites. Mass migrations of false chinch bugs in the vicinity of buildings are primarily associated with very hot, dry weather. This may force the insects to move from drying weed hosts to seek shelter and higher humidity. Migrations indoors may occur through openings and cause nuisance problems. However, false chinch bugs do not bite, do not feed nor damage anything indoors, and will ultimately die out if trapped inside. Ir-

rigated landscapes adjacent to buildings may further encourage false chinch bug migrations to these areas. Therefore, it may be desirable to temporarily discontinue watering in the immediate vicinity of the building when a problem migration is in progress. Providing cool, humid areas at some distance may encourage the insects to move away more rapidly. Insecticides will have little, if any, effect for limiting this situation and are not recommended. False chinch bug migrations resulting in nuisance problems in buildings usually are of short duration and rarely last more



than a week. For more information on false chinch bugs, contact the San Luis Valley Extension Office at 719-852-7381 or

719-274-5200. Extension programs are available to all without discrimination. Colorado State University

Extension, U.S. Department of Agriculture and Colorado counties cooperating.

## Times change, memories remain

Sometimes, one's background and around military people do it. I don't memories can toss a wrench in Native Writes

Coming from a military family, I developed a mental image when I reacted to the announcement, "They are corn holing in the alley. Come and play.'

 ${
m there's\ room.'}$ 

today's lifestyles.

I gasped. "Right out in public?" Well, duh. "It's the only place

on submarines would argue the room needed if he looked at it in mv context.

A nephew who did his tours

I was shaking. The voices of both my World War II Navy vet brothers whispered,

"Buy them some soap on a rope." Walking outside, I saw a board with a hole in it we used to call "beanbag toss."

ran to my car.

The young people were curious about

"Oh, crap, I'm late. See ya." I almost

my reaction. I wasn't about to explain. Let an old

**Sylvia** Lobato think anyone has. The latest mail order catalog offered two different corn hole kits.

I haven't asked the grandkids if they play the game.

Now, I'm not a prude. I will laugh at old games like spin the bottle and pin the tail on the donkey, but some things just don't seem right.

This isn't the only time I've had problems like this. When I was an adolescent,

my older brother did his laundry and hung it out to dry.

Three beers and a shot or two

later, he bade me go bring his dungarees

from the line. Your what? Dungarees.

He explained with great amusement what I should go looking for. That day, I learned that an elementary

tune had words. "What do you do with a drunken sailor?" See, I told you. The grandson sings that when he's practicing vocal chords.

What one does with said sailor is open to interpretation.

My mom said something about a broom. My brother laughed until he doubled up.

When I was of an age when I thought knew everything, my brother was home on leave. He had retired after close to 30 years in the Navy, so I figured I could ask, "Daddy says the reason you had your tattoo removed is because your wives couldn't agree about the name on the banner the girl was holding. Did you really have a girl in every port? The tattoo was excellent. It was a

dancing girl who could move when he flexed his muscle. The mother of his children's name was on a banner she was waving. A scar left behind by the removal of

the tattoo was ugly with a capital U. Back then, tattoo removal was barbaric. He had the skin peeled off.

Daddy went on to chastise him about it. He explained that peace in the home was most important.

I think it was, in a way. She just didn't want to uproot the family and assignment said he had to go.

His last wife had the same first name as his original spouse and he passed away before getting the necessary military paperwork done. She called me at the behest of his younger brother, also a Navy vet, who said I might know more about it, since my husband, an Air Force "lifer" had just flown off into the "Wild Blue Yonder."

I told her the titles of the officers she might call and the questions she needed to ask.

She never called again. When money is involved, the military gets

If I knew who the liaisons were, I

would mail them a corn hole game, tied up with soap on a rope. If any one of them would call back

asking what the reason was, I'd tell them to call the meanest, oldest drill instructor and ask him.

I honestly think the meanest ones have responded to the assignments in the sky, but you never know.

Editorial continued on Page 6

veteran or someone else who was raised He knows what drunken is. move to the Orient, while his duty Editor's Note: The views expressed in individual columns on this page do not necessarily reflect the opinion of the Valley Courier.

# Religion

## Battles to control Istanbul's Hagia Sophia -- again

Art historian Andrew Gould had studied many copies of the exquisite mosaic of Jesus found high in

Istanbul's sixth-century Hagia Sophia cathedral. But that didn't prepare

the architect and sacred artist for what he felt when he stood under the icon, illumined by the soaring windows in the south gallery that overlooks the main floor, under the central dome that is 184 feet high and 102 feet in

The Deesis

("supplication") icon --

at least twice the size of

life -- shows the Virgin

Mary and St. John the

Baptist with their heads bowed, framing an image

of Christ Pantocrator

("enthroned"). The glass

mosaic cubes were set at

angles to create a shim-

mering effect across the

gold background and the

many-colored images,

whether viewed in day-

light or with lamps and

Much of this icon was

destroyed a century ago

as workers probed to

diameter.

candles.

nople. On Religion

**Terry Mattingly** 

Now, Turkish leaders want to convert Hagia Sophia -a museum for decades -- back into a mosque. "There is

find priceless mosaics

under layers of plas-

ter and paint added

through the centuries

after 1453, when the Ot-

toman armies of Mehmed

II conquered Constanti-

no more refined icon of Christ anywhere, said Gould, of the New World Byzantine Studios in Charleston, South Carolina.

"Just in terms of information, we have copies we can study. ... But visiting Hagia Sophia and seeing this icon under natural light, seeing it in the context of the sanctuary, was crucial to the development of my whole understanding of Orthodox art." If the "Deesis" is cov-

ered again, along with other icons, "this is not something that can be replaced with photographs in art books," he said. "It would hurt artists and believers around the world in so many ways.'

The current controversy is rooted in politics more than lingering tensions between Muslim leaders and Turkey's tiny Christian minority, which has little power other than through ties to Greece, Europe and the United States.

Hagia Sophia became a museum in 1934, a symbol of Mustafa Kemal Ataturk's drive to build a modern, truly secular state. Now, President Recep Tayyip Erdogan has sent many signals that he wants Turkey to return to Islamic principles.

Debates in Turkish media have swirled around whether modern leaders retain the "right of the sword" to reclaim Hagia Sophia, noted Mustafa Akyol, a Turkish journalist and author of the book "Islam Without Extremes: A Muslim Case for Liberty."

This act would be a "silver bullet" in the Turkish leader's efforts to retain power amid charges of corruption and brutal authoritarianism after nearly two decades in power, Akyol said. The current debates follow Muslim prayers in Hagia Sophia in 2016 and, in 2018, rites led by Erdogan himself in memory of Mehmed II.

"If he reopens Hagia Sophia to Islamic worship, he thinks he will be doing something historic that Turkey's conservatives will honor for many years, if not decades, said Akvol, a senior fellow at the Cato Institute in Washington, D.C. "Some opposition parties support him on this idea, because they don't want to look insufficiently nationalist or Islamic.

"It is one thing if Muslims merely worship inside the building. ... It

Sunday, 10 a.m. - Worship

Sunday, 10 a.m. - Worship

Tuesday, 5:30 cm - Bible Study

Thursday 7 cm - Bible Sudy Sen Luis valley Ordsfan Center

306 S. Broadway (3rd & Broadway), Morte Vista 719-852-3168

Sunday, 6 p.m. - Book of Acts Study Monday, 7 p.m. - Youth

All-Denominational

Church of the Living God 11811 2nd Avenue, Hooper 719-378-2080

rayer House Church

Apostolic Alamosa Aposid d Churco

Antonio Apostolio Churci

710 Main St., Antonio

510 Fist St. Alamose Meets Sundays 1-2 p.m.

23 p.m. - Luren 36 p.m. - Worship Service

BURCHI

Hooper Church

Weditation Kriya

822 Walnut Laulara 719-274-5250

Terry Buckman, Pastor Cell Phone: 338-8444

Christian Bethe Christian Church

Word of Faith Christian Center

401 Sante Fe, Alamosa

Pentecostal

Office Hours: Mon. 900 am - 1200 Sunday 9.00 am - Contemporary Octice Fallowship 10.00 am

Alambea - (575)758-5876 United Church of La Jara

is another thing if they decide to cover all the images of Jesus Christ and Mary, because human images are forbidden in mosques."

Turkish news reports and social media exchanges have signaled rising tensions, including a claim that purple prayer carpets have already been purchased for Hagia Sophia.

One Islamist leader claimed on Twitter that there is no need for a formal decision by Turkish officials, since "we've already purchased the lime" for plastering. Abdullah Sevim of Saadet Partisi also tweeted: "I am looking forward to the days we will remain pure in the Hagia

Sunday Sam, - Morning Worship

at 6pm during the summer months with a final practice at 8 15am on Sunday

Worship Service Sunday 500 p.m. Bible Study Wednesday 700 p.m.

instrumental Classes 7:30 - 8:30 cm.

voice & Bass Guilar 600 - 700 p.m.

Efficual Services

Sunday 1000 am.

Wednesday 690 p.m. Frday, 600 p.m. M.O.S.H. Youth Night The Peak Community Church

Alamosa Rentacosta Church 184 East 2nd St., Alamosa - 719-389-0475.

The Door 1300 West 12th St., Alamosa

Christian Independent Alamosa Christian Church 410 McQuerry, Alamosa

Christian Reformed

Churches of Christ

Alambea Church of Christ

406 Victoria Avenue Alamosa

South Fork Church of Christ

Kewn Bradley Pastor

Central Church of Christ

Cavid L Baker Preacher

Ediscopa

559-6905

Sant Triomas Episcopal Church

60F4h Street Alamosa

Sant Stephen the Warter

Sunday, 10 am Service First Christian Church

729 Ord Avanue, Monte Vista

618 First St. (First & State) Alamosa

Valley Fellowship 240 East 5h Street Center - 719-754-3904

Coen Hearts, Coen Winds, Open Coors

Morning Worship - Sunday 1015 am Children's Church - Sunday 1030 am

First United Method at Church

2005 Muli ra Ave. Alamosa

Sunday 1000 am -Contemporary Wors' p Prayer and Bible Study "Bible Studies during the week, call or information. First United Methodist

206 B ptr St, South Fork, 715-873-1259

200 Frankin Street, Wonte Vista, 719-552-3511

Sunday 1930 am, & Epm. - Wo Wednesday 7 pm. - Bible Sudy San Luis Valley Church of Christ

704 Del Sol Alamosa 719-589-2114

Pastor Warfin Morroya • 719-567-6197

Group

Alambia Christian Reformed, 719-589-3493. 1961 Pd 10 S. Alambia

Bible Studt Wednesday 7,00 p.m. Sunday School Sunday 100-145 Worship 200-300 Christian Fellowship Church

Sundays, Sp.m. - Fellowship

Sundays, 7 p.m. - Worship & Wore

Sunday 11 00 a.m. - Sunday School Sunday 11 00 a.m. - (Vorship

Sunday 630 pm. Middly Service Wednesday 700 pm. Rexital

Sunday 9:30 am. - Sunday School

Sunday 9,00 a.m. - Sunday School Sunday 10:15 a.m. - Worship

Sunday 930 a m. Bible Classes Sunday 1030 a m. Worship Wednesday 7 p m. Bible Study

Healing Hearts, a Bible-based 12 step

group meets, every Friday at 7 p.m.

Sunday School, 9:00 a.m. Sunday Worship, 10:00 a.m.

Sunday 930 am. - Bible Class

Sunday Bible Study 9 am

Sunday Worship 10 am.

Comersione Community Church Hwy 130 Cel Norte need to Ric Grands Medical Clinic Pastor Mark 719-657-3107

Wednesday Bible Study 6 cm

Sunday 9.90 a.m. free breakfast

Sunday Slaim, - Service

Sunday Stiffs am. - Sunday School

Sunday 10:00 a m. - Church Service Wednesday 6:00 p.m. - Bible Study

nday 1020 am, Contemporary Worship & Children Sunday School

Sophia Mosque. ... May Hagia Sophia open, no matter why it is opened."

Orthodox Christians everywhere are watching. Visiting Hagia Sophia -the museum -- has always created waves of "grief and awe at the same time," said Father Christopher Metropulos, founder of the Orthodox Christian Network on radio and the internet.

"We know this will never be our cathedral again. That's not what this is all about," he said. "We all know that the status quo isn't perfect, but it beats the alternatives.... This is about losing access, once again, to a very important piece of our history."

Community Churches United for Christ Community Church (SBC)

Sunday School 9:30-10:30 Worship Service 11am

7:00 pm, Service 7:00 pm, Youth Service 10:00 am, Sunday School

"Community Centered Around Love"

Bible Believer's Community Church 1762 E US HWY 160

71: § Brodawy in Blanca 719:379-3317

Alamosa, Co 8/101 719/206-3239

Presbylerian

Sunday worship 10:30 Wednesday 3 ble Study 7 pm www.blocchurch.co

Alamosa Presbyerian Church

Friday, July 3, 2020 "But my people would not listen to my voice;

and Israel would none of me. So I gave them up to their own hearts' lust: and they walked in their own counsels." (Psalms 81:11-12 AKJV)

Let's listen to the Lord. He will save us a lot of heartache.

Saturday, July 4, 2020 "This is a faithful say-

ing, and worthy of all acceptation, that Christ Jesus came into the world to save sinners; of whom I am chief." (1 Timothy 1:15 AKJV)

Amen! Jesus is a wonderful Savior.

Sunday, July 5, 2020 "Confidence in an un-

taithful man in time of trouble is like a broken tooth, and a foot out of joint." (Proverbs 25:19 AKJV) Be reliable. This is a

good witness for the Lord.

**Monday**, **July 6**, 2020 "For the Lord himself shall descend from heaven with a shout, with the voice of the archangel, and



with the trump of God: and the dead in Christ shall rise first:" (1 Thes-

is better than a thousand. I had rather be a doorkeeper in the house of my God, than to dwell in the tents of wickedness.' (Psalms 84:10 AKJV)

People who love the Lord love to go to church and worship the Lord.

Wednesday, July 8, 2020

Tuesday, July 7, 2020

"Rejoice ever more.

every thing give thanks: for this is the will of God in Christ Jesus concerning you." (1 Thessalonians 5:16-18 AKJV)

This is a good way to

"For the LORD God is a sun and shield: the LORD will give grace and glory: of hosts, blessed is the

Him through life.

## **Bible Digest**



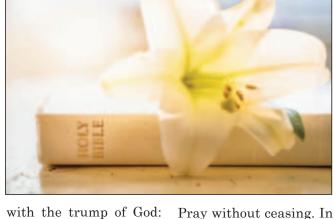
Will you be glad to see

## "For a day in your courts

2020

no good thing will he withhold from them that walk uprightly. O LORD man that trusts in you." (Psalms 84:11-12 AKJV)

It is a blessing to know



## salonians 4:16 AKJV) Jesus is coming back.

## live every day. Thursday, July 9,

the Lord and walk with

# Are You Living a Life of Love?

about love in the Word of God, Getting a revelation about how much God loves me and learning to receive His love has been life-changing for me. It's been the key to being able to really enjoy my life because when I received God's love, then I could love others. And I've discovered that the best way-the only way-you can have a happy, powerful life is to get your mind off yourself and do something for someone else. Helping people, being a blessing and adding value to other people's lives is what it means to walk in love and follow the example of Jesus.

Ephesians 5:2 (NIV) says, "Walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God." Jesusour perfect and huly Savior-gave-His life for us, took all of our sin upon Himself, and shed His blood so we could have a personal relationship with Him and become the righteousness of God. That was His gift to us. Once we experience the gift of salvation, our gift to God is how we live our lives. Jesus says in John 13:34, "A new

command I give you: Love one another, As I have loved you, so you must love one another." If we will learn how to follow this one commandment, everything else in our lives will fall into place.

#### Be a Good Samaritan In Luke chapter 10, Jesus tells the story

of the Good Samaritan to demonstrate what it means to love God and your neighbor as yourself. In verses 30-37, we read that a man was traveling from Jerusalem down to Jericho "when he was attacked by robbers. They stripped him of his clothes, beat him and went away, leaving him half dead.

A priest and a Levite both passed by him and neither stopped to help. Verse

came where the man was, and when he saw him, he took pity on him." Notice that he "took pity on" this man. He had compassion for him and was moved to do something to help him.

He dressed his wounds and took him to an inn where he could get the care he needed. He paid the innkeeper and told him, "Look after him and when I return, I will reimburse you for any extraexpense you may have (v.35).

There are a few things I want you to notice here. First, the Samaritan was traveling the road and was probably going somewhere he needed to be; he had a plan but he was willing to stop and help this man even if it meant his plan was interrupted. Also, he gave his best effort to make sure the man had good care and then paid for him to get it. He was obviously willing to pay whatever it was going to cost hecause he told the innkeeper, "When I return, I will reimburse you for any extra expense you may have." So he was planning to come back and make sure everything the man needed was covered.

### This Is Love!

Jesus is showing us in this story what real love looks like. And 1 Corinthians 13 lists the characteristics of God's love: it is patient and kind, never envious, boastful or inflated with pride; it is not rude, does not insist on its own rights or its own way; it is not self-seeking, touchy or resentful; it takes no account of the evil done to it and rejoices when right and truth prevail; love bears up under anything that comes and is ever ready to believe the best of every person; its hopes are fadeless under all circumstances...love never fails!

Now, if you're thinking, "There's no-way I can live up to this list." I want to tell you, "Yes, you can!" You can love



others like this because as a born-again Christian, you have everything you need to be like Jesus. It's not always easy because we have to resist the temptation to be selfish, but I John 4:4 says that the Spirit of God, who is in us, is greater than our enemy. So in Christ, we have the power we need to walk by faith and

is not expecting you to be perfect in your love walk or to do it alone. He knows you can't do it without His help. What He wants is for you to seek Him through prayer and studying the Word, and as you do, lean on Him for the grace to do what He's asking you to do each day.

God is love, so you can rest in the truth that He is patient with you, He's always with you, He believes in you and will not give up on you. And with God's love in your life, you can learn how to live a life of love!

For more on this topic, order Jonce's tive-teaching CD series The Parables of Jesus - Part 2. You can also contact us to receive our free magazine, Enjoying Everyday Life, by calling (800) 727-9673 or visiting www.jaycemeyer.org. Joyce Meyer is a New York Times

besiselling author and founder of Joyce Meyer Ministries, Inc. She has authored more than 100 books, including BATTLEFIELD OF THE MIND and YOUR BATTLES BELONG TO THE LORD (FaithWords). She hosts the Enjoying Everyday Life radio and programs, which air on hundreds stations worldwide. For more information, visit www.joycemeyer.org.

expressed throughout this publication and/or website are those of the respective authors and do not necessarily reflect those of Joyce Meyer Ministries.

live a life of love.

It's important to understand that God 716) Brush Lane, Alamosa

Please note: The views and opinions

Meets sundays 11-12 p.m. - Sunday School 12-1 p.m. - Worship service Apostolic Pentecostal Church of Champions, Adis 2:38 9066 Hwy 285 South Alamess - 719-687-5361 Dan Dawring Paster 719-588-7307 Sunday, 100 p.m. - Service Assembly of God Fixer of Life Church 2002 Clark Avenue, Alamosa Sunday, 10 a.m. - Worship

Wednesday, 7 p.m. - Service Center Assembly of God 7th & Miles • R.O. Box 507 Center CO 81126 Sunday School, 9:30 a.m. Sunday Worship, 10:30 a.m Wednesday Worship, 70:3 p.m. Assembly of God Sons And Deuchters CFGod Whistry 577 Wadeon Street, Worde Wate Paster Leonard Sandows, 719-849-0012 Survey 10/00-am San Val Wadeolesey 10/10-10-30-30

Wednesday 7,00 p.m. Prayer 520 711 St. Del Vorte, 81132 719-657-3360 Adul Sunday School - 9000 Services (CO)

Grace Community Eaptist Church 431 Lincon Ave, Morte Vista Rev. B 17/alstron, 719-937-1451 Worship 930, Sunday School 11:00 am Wednesday Bible Study 630 pm Living Water Eible Fellowar p 2910 Clark Street Alamosa.

Surfay, STG DER or West of States\* Surfay, Ord or College Or by Park Stripate Surfay, Ord or Terr Ethe Surfay Ethicago Tuesday Young Mulle College Could Monastay & Growthe Guerring North parks Methedayl I pri Fegri ath Goup (if Taignte) Methesteric II provide i Streisury Saturtay 500 pm Moterio Server Sina Grupa mesi broug not veel, desectel brinds "ti renvis maladališvis met." College Heights Baptist Church.

astor Amboriv Bowcan 2045 Church Ávenue, Alamosa Sunday, 945 a.m.-1045 a.m. - Sunday School Sunday, 11 a.m. - Morning Worship uis Valey Bapist Church 900 State Avenue, Alemosa Pastor R.L. McDonald

Wednesday 7 p.m. - Worship Securday, 2 p.m Sunday, 10 a.m. - Sunday School Surcay, filam. - Worship Surcay, 5 pm. - Evening Worship Scanish Ministry Tolesia Bautista Renobot Pastor Sa Gardia, 559-3020 Calvary Bible Chanel

Sunday, 990 a.m. - Worship Sunday, 1020 a.m. - Sunday School Surgay, 11 am. - Minery of the Word Small group studies meet during the week Fastor Walnew Leonard - 719-379-3317 Sunday, 930 am - Bile Study Sunday, 11,00 am - Service

Wednesday, 6 30pm - Community Gel to Know You Calvary Baptist Church 2160 Shemar Ave, Micrie Vista Surcey, 945 a m. - Sit e Study Surcey, 11 a m. - Worstip Tuesday, 5 cm - CLLAN, Youth Thursday, 630 cm - Lades Bible Study

Bast side near aundromal & car wash) Sunday Socol, 9:50am Sunday, 10:30am - Worship For noral oformation - Faster Paul Moon - 719:495-7702 Catholic Sepred Heart Church 715 4h Steet, Alamosa

0130 Four Seasons DriOld Chaum Blody, South Fork

South Fork Baptist Church

a nusa Saturday, 5,15 cm - Mass Saturday, 700 cm - Sparish Mass Sunday, dia m. - Mass Sunday, 10:30 cm - Mass Sunday, 5 p.m. - Mass Catrolic Mass

Studeni Union Room 308 - ASC Campus, Alamosa.

Every Sunday, Storin - Wass

▲ You are loved Sunday School 9am Sunday Service 10:15am 1861 Rd 10 S ALAMOSA

719-589-3493

Service Leaders
selor Laine Rose - 719-295-007
Surray Woring Service, 10 30 am
Websetory anni V Missin, 6 30 pm
Friday Night 3 36 Study, 7 00 pm
Sargent Community Church
Fastor Hugh Harns - 719-825-299.
Surray Worship: 10:30 am
Service Row Church - Church Community
The Assim Church Building
Service - 10:30 am Surray
Worship Service - 11:00 am Surray
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Church - 10 350 San Juan Avenue, Alamosa Sunday 10:00 a m. - Tracitional Worship Histophic Pentecostal plesia Pertecostal Unida L.A. GOT Tarib SUM-907 Terth St Alamosa Guadalupe Salazar Pasio New Hope Church "The Church the Hill 25258 Hwy 160, South Fort, Co. 81154 Internit Pastor Ed Flaming • 719-873-1202 www.newhorest.com Woming Waship -10:00 am Burday School for all ages - 5:00 - 9:45 Anabaptist Fellowship of Alamosa 350 San Juan Avar, Alamosa, OC 81101 alamosarekovsnip (Sgmalloom Sunday 430 FM Worship in the north wing of the 4 arrosa Presbyler an Church Independent, Fundamental Baptist First Baptist Church of Costilla County 9717 County Rd H, Mesita 719-206-0011 Pastor Paul Jones Second Vland Alamosa Fourth Ward Sunday 10:30 a.m. - Worship Wednesdays, 7:00 p.m. - Family Night & Youth

Sunday 945 am - Sunday School Sunday 1045 am - Worship Sunday 12 Noon - Pottuck Dirme Sunday after diment - Afternoon Worship Truscay, 7:00pm - Mesia Bible Study and Prayer meeting Home Bible studies in Costilla County 'Ageing in different locations

DEAF IMMSTRY FOR ALL SERVICES Jesus Christ of Latter Day Saints Crurch of Jesus Christ of Latter Day Saints Alancsa Y S A Ward 300 Richardson Avenue, Alamosa Sunday 12:30 p.m. - 2:30 p.m. Alamosa 927 Weber Drive, Alamosa. Sunday 900 a.m. - 1200 p.m.

350 Richardson Avenue, Alamosa Sunday 900 am. + 1200 p.m. 927 Weber Drive, Alamosa Sunday, 11:30 a.m - 2:30 cm. Siena Vista Branch (Spaniar Languago) 300 Richardson Avenue, Alamosa Sunday 101 Saim. - 16 p.m.

St. Felers Lutheran Church & School School: 330 Faraday Sheet Monte Vista. Sunday 107 5 a.m. - Services School K-8, Monday Trursday

Frinity Lutheran Church & School 52 El Ric Drive Alamosa Sunday 845 art. - Bible Study Sunday (Feath - Pote Super Sunday (Feath - Worsh) "Small Bible Study Groups Throughouthe Week!" Fre-School through Shing state Crutch 589-4611, School: 589-3271

20062 State Flwy, 17 (between mile posts 21 and 20) Fellowing Sunday 8:30 am Sunday 9:00 am. - Worsing Service Mountain Valley Church 406 State St. 17 Alamosa Paston Richard Pinyarion 559-2009 cr 500-7502

Sunday 9:30 a.m. - Sunday School Sunday 1030 a m. Worship Service Presbyterian Church of Monte Vista 702 Second Avenue, Morra Vista (719) 852-2565 Sunday 9,46 a.m. - Sunday School Sunday 11 a.m. - Sunday Worst ip

Seventh-day Adventis Severth day Advertist Church 315 Craft Clive, Alamosa Saturday, 9:30 a.m. - Bible Study Saturday, 1100 a.m. - Worship

United Methodist Mosca United Methodist Church 386 Barker Street, Woaca 720-254-5564 Reverend Hugh Harris

Wednesday 5: Spuri Dinner music fellowerip, reachings Sunday Worship 800 a.m. Unitarian Universalist Untaran Universal at Fellowship 350 San Juan Aver, Alambag North Ming of Alamosa Presbyzerian Church

Service 5 Youth Programs at 10:30 am Sunday. United Presbyterian Church of Antonito PC Bcs 665, Antonio Office Hrs. Tues, 900am-1200

Sunday-8:45am - Sunday School 10.45am - Service Valley Church of the Nazarene 228 Wacison, World Wista - 552-5558

Sunday Morning Worship 10:15 a.m. Sunday School Classes 300 a m. Every other Wednesday 6 p.m. (575)758-5575 for information for class schedule Church of Scientology 611 Main Street, Sulie P. 2. Alamosa 715-357-3554

Monday and Wednesday 7-10pm. Services Grace Assurance Ministry Cruch whout Religion 9551 CR 4 S. Alamosa, OC Sunday Mornings - 1030. Randy Brown - 719 588-7004. Eric Mof - 719 480-3677





## Land of the Free

In handcuffs, his back and neck kneed civil rights He struggles to call, "I

can't breathe."

Still the perp officers

press atop the Black man like he's a

rendered outback kill.

Watching is not enough. Open those eyes

Open those hearts and minds. Redress.

Change policing—no more

choke holds.

Change policing—no more

lies, half-truths.

Change policing—no more unrestrained power

Change policing—no more riot gear, escalating, pushing and shoving

Change policing—no more denying

Movin' On

with Nellie

Nelda Curtiss

Change policing—no more cries "I got him."

Change justice system – no more lies, half-truths,

Change for justice – lives matter, so life, liberty, pursuit of happiness matters

Change for justice – for equalization remove that

bail money holding the poor Change for justice—deprivatize jails, prisons, detox centers

Take back our humanity,

take back our equality In shackles, our nation combats toler-

ance and understanding

How slavery morphed into intern-

ments, public housing

Left citizens of color paying the bill, building the factories

Left behind poor family farms where

Corporate farms at them-lock, stock

and barrel.

We have had President Andrew Jackson, a racist

With the battle cry for the Indian Removal Act

And now a wannabe dictator

Juxtaposing WWII Navajo Code Talkers under Jackson's painted eye.

We are back in the USSR, back in medieval Europe

Where the poor answer to the feudal

All the harvest but one bushel goes to the nobleman

She struggles to call, "I can't

Still the maniacal corporations press atop the

But even more so with the CEO's

What the average employee makes

In handcuffs, lady liberty's back and

salary 300 times

neck knee'd

Metaphor like she's a rendered outback kill.

Watching is not enough. Open those

Nelda Curtiss is a former substance-prevention media specialist, journalist, and retired college professor who enjoys writing and fine arts. Contact her at columnsbynellie@ gmail.com

#### **LETTERS**

## **ASD Opening**

Dear Alamosa School District temperature and health-based Students, Parents and Staff,

It is with great joy, the Alamosa RE-llJ School District (ASD) announces its continued work and planning toward the 100%, Monday --- Friday, in-person instruction, re-opening of all district schools for the 2020-2021 school

The re-opening of all schools remains contingent upon ASD continuing to receive the approval of

the Alamosa County Public Health Department (ACPHD) for safety protocols and procedures outlined in the Alamosa School District 2020-2021 Re-Opening Plan.

To date conversations and sharing of information between ASD and ACPHD has allowed for preliminary approval\* of the following practices:

Continuing to recognize and promote personal safety as

being the top priority Limiting number of persons

Adhering to practicable social distancing guidelines

Encouraging all students and staff to wear facial coverings

Conducting non-intrusive

last ad

we ran!"

Performing daily disinfection of all building areas

Scheduling cohort transitions to a minimum

Staggering daily bell sched-

Providing all students the option of enrolling in the Alamosa Online School versus in

person instruction and/or onsite

Forthcoming information to be released upon approval from the ACPHD

\* Based on current safety regula-

tions/guidelines and contingent upon

any confirmed cases warranting the closure of any part/all of the district. Please monitor the district's website for upcoming information pertaining

to the re-opening of all schools, regis-

tration, Fall scheduling, transportation, and safety protocols. ASD is excited and eager to welcome back all students for in-person

Robert A. Alejo Superintendent

instruction! Respectfully,

## Preparing you for all Valley-Wide I lealth Systems is here to support you through your entire pregnancy! »Prenatal visits throughout your whole pregnancy »Comprehensive prenatal labs »Basic obstetric ultrasounds »Postpartum care »Newborn & Pediatric care »Medication Assisted Treatment services »Financial eligibility assistance Alamosa Family Medical Center Sierra Blanca Medical Center Edward M. Kennedy Medical Center Cesar E. Chavez Family Medical Center



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# Lifestyle

## Tips for hosting a fun 4th of July party

The Fourth of July is a day to celebrate in the United States. Much about July makes the fourth day of the month the ideal time to celebrate. School is out, the weather is warm and the generally relaxed attitude of summer has typically set in by the first week of July. People tasked with host-

ing Fourth of July festivities may not feel the same pressure when hosting such gatherings that they would when hosting more formal affairs. The relaxed nature of summer often pervades Fourth of July festivities, but hosts can still take a crash course in summer hosting to ensure everyone has a good time.

Don't try to break

the mold. Some hosts may be tempted to think outside the box in regard to the foods and beverages they'll serve at their Fourth of July parties. While hosts can still experiment and serve new foods and creative cocktails at their parties, many guests will be anticipating some Fourth of July staples, such as grilled hot dogs and hamburgers and cold beer and lemonade. Making sure such foods and beverages are served alongside more experimental fare won't disappoint traditionalists, and those looking for something beyond the norm won't be disappointed, either.

· Embrace the red,

white and blue. When decorating, opt for red, white and blue decorations. This gives the party a distinctly Fourth of July feel. Red, white and blue napkins and tablecloths are readily available come July, and hosts with a gift for crafts can even create their own decorations to use year after year.

 Prepare to entertain. Unlike holiday season gatherings that typically begin in the evening, Fourth of July parties tend to begin in the afternoon and extend into the night. That means hosts must not just feed their guests, but entertain them as well. Since Fourth of July parties tend to take place outdoors, plan lots of backyard games, such as badminton, bocce, Wiffle ball, horseshoes, and more. Hosts with swimming pools should have pool games readily available as well.

· Leave the fireworks to the professionals. Hosts should not succumb to pressure, real or perceived, to supply fireworks at their Fourth of July parties. Fireworks can lead to injuries and accidents and are best left to the professionals who put on community fireworks shows. Discourage guests from bringing their own fireworks by making it known they will be asked to leave the party if they

Arrange transporta-

tion home for guests. To make sure everyone gets home safe and sound, arrange in advance for some guests to serve as designated drivers. Hosts also should abstain from consuming alcohol during the party so they can get people home safe if necessary. Keep a list of local taxi company phone numbers on hand and encourage guests who plan to consume alcohol to use ridesharing apps to get to and from the party.

Fourth of July festivities typically are less formal than other celebrations, but hosts still must plan their parties to ensure everyone has a fun, safe Independence Day. TF186060



The relaxed nature of summer often pervades Fourth of July festivities, but hosts can still take a crash course in summer hosting to ensure everyone has a good time.

## **Colorado** agriculture welcomes **USMCA**

CENTENNIAL — Colorado farmers and ranchers are happy\_and relieved to see the United States-Mexico-Canada Agreement (USMCA) enter into force and remove years of uncertainty over the industry's most important trade agreement. USMCA goes into effect today, cementing a trade agreement that will provide an additional \$2 billion in agricultural exports between the three nations.

"The completion of USMCA provides a muchneeded dose of optimism and certainty to agriculture producers rocked with the fallout from COVID-19," said Don Shawcroft, an Alamosa rancher and president of the Colorado Farm Bureau. "Our farmers and ranchers welcome the opportunity to build on the wild success of the North American Free Trade Agreement (NAFTA), and the stabilizing effect the USMCA will have on agri-

cultural markets.' Under NAFTA, U.S. agri-

**DENVER** — With ballots still being processed,

it's already evident that

Colorado's State Primary

has been an overwhelming

success. With a record-

breaking 1,577,347 ballots returned to county election officials as of 11:30 p.m.

Tuesday night, the 2020

state primary turnout is easily the largest of any

state primary in Colorado's

history. Of all voted bal-

lots, 99.3% were returned

via mail or ballot drop box,

illustrating the importance,

and benefits, of conducting

vote-by-mail elections during COVID-19. Turnout

rate is already at 44.96%

of active voters and will

increase as more ballots

are processed, as opposed

to 37.63% for the State

"In midst of the COV-

ID-19 pandemic, Colorado

just set a record turnout

for a state primary. A to-

tal of 99.3% of voters cast

a mail ballot, and there

were not lengthy lines or

wait times reported at

in-person voting centers,'

said Colorado Secretary

of State Jena Griswold.

"Despite misleading at-

tacks, disinformation, and

attempts to make voteby-mail a partisan issue,

Colorado's election proves

that mail ballots are the

key to accessible voting

Colorado's primary also

returned their ballot by

during this health crisis.'

Primary held in 2018.

Colorado's Record-Breaking

**State Primary Proves Vote-**

by-Mail Model is Successful

the same.

cultural exports to Canada and Mexico grew from \$8 billion in 1993 to \$39 billion in 2017. Colorado exports between \$2 billion and \$3 billion of agricultural products to Canada and Mexico, making the two nations Colorado's largest agriculture trading partners. According to the U.S. International Trade Commission, agricultural exports will grow by \$2 billion due to the provisions of the USMCA.

The new agreement will create improvements in U.S. access to Canadian dairy and wheat markets. Mexico has agreed that all grading standards for agriculture products will be non-discriminatory. The agreement also enhances science-based trading standards among the three nations.

"The uncertainty over the future of the trading relationship between our countries can now be put to bed. And agriculture producers have one less worry on their minds," said Shawcroft.

mail while 99.2% of voters

who participated in the

Democratic Primary did

Turnout has far sur-

passed that of the 2018

state primary, in which 1,171,088 ballots were

counted. In March's Presi-

dential Primary, which

was the first Presidential

Primary in 20 years and

the first ever in which

unaffiliated voters could

receive a mail ballot, a total

of 1,806,288 ballots were

counted. Like in the 2020

State Primary, most voters in those primaries pre-

ferred to vote by mail, with

mail ballots respectively

accounting for 98.8% and

97.5% of ballots returned.

a mail ballot model since

2013, the importance of

voting by mail increased

exponentially over the last three months. Voting by

mail is the safest way to

conduct an election during

 $the \,COVID\text{-}19\,health\,crisis$ 

because it encourages social

the country's gold standard,

and Colorado will continue

to work with other states to

help expand mail ballots nationally. Mail ballots are

the best way to vote during

Colorado's elections are

distancing.

While Colorado has had

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state's Risk Limiting Audit will be conducted on July

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shows both Democrats and Republicans enthusiastically embrace vote-bymail, with 918,374 ballots returned for the Democratic Primary and 565,805 returned for the Republican Primary. Within each party's primary, 99.4% of 10. All results will be ofvoters who participated in ficial three weeks after the the Republican Primary

election.

Colorado's 2020 State Primary record turnout will continue to increase as ballots are processed over the

this pandemic.

next eight days. Military and overseas ballots cast by 7 p.m. on Election Day will be counted up to July 8 when preliminary results will be finalized and the

# Lifestyle

## 4th of July protest

ALAMOSA — Like May's Memorial Day protest there is a plan for another valley-wide protest to be held in Alamosa on Saturday, July 4th. A local group has proposed an Independence Day Parade/Protest, in place of the cancelled annual

According to the city, as late as last week they had not been contacted by organizers to begin the permitting process for a parade. Of the plans in place, City Manager Heather Brooks said "We were aware that a group was planning a protest and made sure to give them appropriate information. They did not receive CDOT approval, which is required for any legitimate parade on Main Street, and they did not get a City parade permit, which is required for any legitimate parade within city limits. At the last Council meeting (6/17). Senator Crowder indicated that their plans would move forward even though the City provided reasonable alternatives and City Council unanimously communicated that they would not be directing staff to issue a permit if the parade was not compliant with legal requirements".

Brooks said that she informed Crowther that if they moved the "parade" to Fourth Street, thus eliminating the need for CDOT approval, and provided a plan to be compliant with the 175 person limit per the Governor's orders, the City would be happy to provide a parade permit. "They have intentionally disregarded that information and refused to make reasonable adjustments. Therefore, the event on the 4th of July is not a community parade, it is a protest"

said Brooks.

Participants will gather on Main Street in front of Nino's, continuing the line-up back east to La Due Street.

The event will begin at 10:00 a.m. and will continue west on Main Street to Alamosa Avenue. Turning left one block to 6th Avenue, then it will finish on the east end of 6th Street at the old railroad property across from Bill Clarke Trucking.

The event is slated as a peaceful Parade/Protest to celebrate freedoms and independence. Organizers are suggesting lots of red, white and blue and plenty of flags. Participants are also encouraged to bring cars, trucks, trailers, horses, bikes, ATVs or walk.

State Senator, Larry Crowder, will be in the parade as a member of the American Legion's Color Guard leading the display.

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## **Red Cross Offers 20 Ways** to Stay Safe

## As You Celebrate the Fourth of July

DENVER — The Fourth of July is just ahead, a time when people typically enjoy the summer holiday with backyard barbecues, fireworks or water fun. But this year, celebrating Independence Day will be different due to the ongoing COVID-19 pandemic. The American Red Cross offers safety

tips you can follow. "If your community is reopening, it's important to know which safety measures to take as you venture out in public," reported Andrea Carlson, Communications Officer. "Follow these coronavirus pre-

cautions."

Continue to social distance by staying 6 feet away from others, especially if you are at high risk for serious illness from COVID-19 (over age 65 or any age with underlying medical conditions).

Continue to wear cloth face coverings in public. Face coverings are most essential when social distancing is difficult.

Follow guidelines for your area when it comes to how large gatherings can be. Avoid crowds and mass gatherings.

Clean and disinfect frequently touched surfaces daily.

Stay home if you are

Fireworks Safety

Many public fireworks shows are canceled this summer to avoid holding events where large crowds will gather. If you plan to use your own fireworks, check first if it is legal in your area.

Never give fireworks to small children, and never throw or point a firework toward people, animals, vehicles, structures or flammable materials. Always follow the instructions on the

Keep a supply of water

close by as a precaution. Make sure the person lighting fireworks always wears eye protection. Light only one fire-

work at a time and never attempt to relight "a

Store fireworks in a cool, dry place away from

more than 10,000 home

fires on average each

year in the U.S. To avoid

children and pets. Grilling Safety Grilling fires spark

Always supervise a barbecue grill when in use. Don't add charcoal starter fluid when coals have already been ignited.

Never grill indoors not in the house, camper, tent or any enclosed area.

Make sure everyone, stays away from the grill, including children and pets.

Keep the grill away from the house or anything that could catch

Use the long-handled tools especially made for cooking on the grill.

Water Safety

Warmer weather means enjoying the water. Be "water smart," have swimming skills and know how to help others. This includes home pools — where young children are most at risk of drowning and open water, such as ponds, rivers and lakes — where people are more likely to drown than any other location. With less access to lifeguarded aquatic facilities this summer, some may consider open water environments that are not designated for swimming.

Talk to your children, including older youth and teenagers, about water safety. A variety of resources are available at redcross.org/watersafety and redcross.org/ watersafetyforkids.

If you choose to take your family to the water, make sure the area is designated for swimming and has lifeguards on duty. Once there, maintain social distancing, both in and out of the water, between you and people who don't live with you.

Wear face coverings on land, especially when physical distancing is difficult. Do not wear them in the water as it may be difficult to breathe. Don't share goggles, nose clips, snorkels or other personal items.

Designate a water watcher whose sole responsibility is to supervise people during any in-water activity until the next person takes over.

Kiddie or inflatable pools can be a great way to have fun. Drain the water from the pool and flip it over after swim time is over.

DOWNLOAD RED CROSS APPS The Red Cross offers a series of free mobile apps to put lifesaving safety information in the palm of

these apps by searching for "American Red Cross" in your app store or at redcross.org/apps.

your hand. Download

The Red Cross Swim App has water safety tips and resources for parents and caregivers along with child-friendly games, videos and quiz-

The Red Cross Emergency App can help keep you and your loved ones safe by putting vital information in your hand for more than 35 different severe weather and emergency alerts.

The Red Cross First Aid App puts instant access to information on handling the most common first aid emergencies at your fingertips.

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# Lifestyle

## Colorado under Fourth of July DUI enforcement period

While many Coloradans celebrate Fourth of July weekend, statewide law enforcement officers will keep their eyes out for impaired drivers. From July 2-6, the Colorado Department of Transportation (CDOT), Colorado State Patrol (CSP) and local law enforcement agencies will conduct the Fourth of July DUI enforcement period to prevent impaired drivers from endangering themselves and others on the road. CDOT is also introducing a new campaign, Take Some Time, to encourage the use of smartphone breathalyzers as a way

So far in 2020, of the 215 fatalities on Colorado roads, 66 fa-

to prevent impaired

talities, or 31 percent, have involved an impaired driver. During the Fourth of July fiveday DUI enforcement period, 73 law enforcement agencies will increase patrols. During last year's Fourth of July enforcement period, 311 DUI arrests were made. "The Fourth of July

is a moment when, together, we celebrate our country. While everyone is eager to get out and celebrate over the holiday weekend -- especially this year -- we have a duty to keep ourselves and each other safe at the same time," said CDOT Executive Director Shoshana Lew. "We tend to see more impaired driving around summer holidays like the one coming up, and this year it is imperative that we all do our part to end that dangerous trend. The simple things we do to stay safe--wearing masks, social distancing, or getting a sober ride--are the fine margin between a fun holiday and a preventable disaster."

During the recent Summer Blitz enforcement period, 89 law enforcement agencies arrested 397 impaired drivers on Colorado roads from June 14-24. Compared to the 585 motorists cited for impaired driving during the same period in 2019, this was a decrease in total arrests. Among the participating law enforcement agencies, Colorado Springs, Denver and Loveland police departments reported the highest DUI ar-



rests.

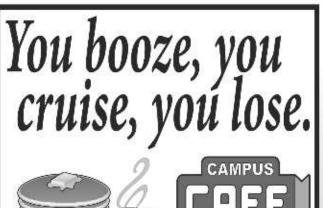
"Summer holidays are a reason to celebrate safely and responsibly," said Col. Matthew Packard, chief of CSP. "Planning a sober ride home beforehand ensures that you won't endanger yourself or others on the road. Law enforcement will always be on the road,

so remember to drive sober or not at all."

Starting this weekend, Coloradans can expect to see CDOT's latest DUI prevention campaign across the state on billboards, buildings, in liquor stores, and on social media reminding people to wait the appropriate amount of time between consuming alcohol and driving.

CDOT's new Take Some Time campaign aims to educate and raise awareness of the time it takes for a person's BAC to return to zero after consuming alcohol. View and download the campaign creative here: dropbox.com/ sh/d7xzbb8kd6j9sei/

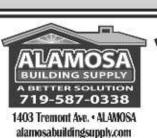




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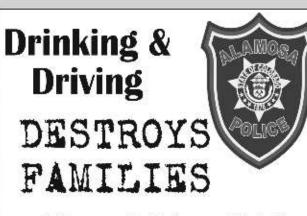


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# Classified 1313 **Sell your household items for FREE.**Total value of item must be \$200 or less. FREE ads include 20 words or less and run 5 times. Marketplace

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## **Public Notices**

ADVERTISEMENT FOR BIDS

Municipal Water System - First Phase (Westerly System) will be received by the Town of South Fork at the mailing address of P.O. Box 369, South Fork, Colorado 81154 until 2:00 P.M. (local time) July 28th, 2020, and then publicly opened at the South Fork Community Building, 0254 US Hwy 149, South Fork, CO and read aloud. This project consists of the installation ±35,600 linear feet

ter distribution piping, installation of a water treatment building and pumping system, modification of an existing water treatment build-ing, installation of two emergency stand-by generators, installation of service tap connections, and the installation of a new 120,000 gallon The CONTRACT DOCUMENTS may be examined at the following

Davis Engineering Service, Inc., 1314 11th Street, Alamosa CO Copies of the CONTRACT DOCUMENTS may be obtained at the of-fice of Davis Engineering Service, Inc. located at 1314 11th Street, P. O. Box 1840, Alamosa, Colorado 81101 upon payment of \$ 50.00 for digital copies or \$250.00 for full size paper copies. All inquiries can be directed to Clinton Phillips; phone number (719) 589-3004 ext. 115. No refund will be made for returned copies. A certified check or bank draft, payable to the order of Town of South

Fork, negotiable U.S. Government bonds (at par value) or a satisfactory Bid Bond executed by the Bidder and an acceptable surety in an amount equal to five percent (5%) of the total Bid shall be submitted Attention is called to the fact that not less than the minimum salaries

this project, and that the Contractor must ensure that employees and es). In the event that the bidder anticipates hiring employees to work on this job, the bidder should contact the local manpower office for qualified candidates. (Section 3)

Prior to the awarding of the Contract, the Town of South Fork, Colo rado may defer its decision for a period not to exceed (30) days from the date of the opening of Bids for the purpose of reviewing the Bids and investigating the qualifications of Bidders, prior to awarding of

Dan Hicks, Town Administrator

The Town of Sanford is accepting bids to complete a roofing project for two well houses. For more information please contact Tim Crowther at SanfordPW@outlook.com. Published in the Valley Courier on June 24, 26, 27, 30, July 1, and

#### NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a Public Hearing before the Cone-ios County Planning Commission is scheduled for Wednesday, 15, 2020 at 6:15 PM and a hearing before the Board of County Commissioners is scheduled for Thursday, August 6, 2020 at 10:15 AM. The purpose of these hearings is to consider an application submitted by Kent Mortensen-Highland Cabinets for a Special Use Permit for a Cabinet Shop - Fabrication and Sales. The property is zoned rural and is legally described as 8 Acres

scribed as Lot 3 Replat of Arroyo Minor Subdivision located in the Southwest Quarter of Section 14, Township 35 North, Range 9 East, NMPM, Conejos County Colorado. Parcel number 5721154000021. The full details of this application are available for public inspection Call the Land Use Office 719-376-2014 for review procedures or sub-mit a request by email to landuse@co.conejos.co.us. Any interested person may appear to be heard at the public meeting. Linda DeHerrera, Conejos Land Use Administrator

Published in the VALLEY COURIER on July 3, and 8, 2020.

#### Notice of Public Hearing on a Request for Variance to the Zoning Regulations of the Town of Blanca

Notice is hereby given that Sierra Grande School District has applied for a variance to the mobile home restrictions in the Zoning Regulations for the Town of Blanca for their property at 716 8th Street, otherwise known as Block 76 Lots 13 through 16 of the Town of Blanca. Notice is hereby given that Alan Johnson has applied for a variance to the mobile home restrictions in the Zoning Regulations for the Town of Blanca for their property at 1506 Broadway Ave, otherwise known as Block 13 Lots 10 through 12 of the Town of Blanca The request is to be heard by the Board of Adjustment for the Town

of Blanca on July 14, 2020 at 9:00 AM. The meeting will be at Blanca Town Hall, 601 Main Street. This is a public hearing. If any property owner in the area feels that this change will affect his/her neighboring property, he/she should come to testify at the public hearing flyou have any questions or concerns, please contact Town Hall at (719) 379-3461.

s/ Rayna Sanchez, Town Clerk/Zoning Administrator

Published in the Valley Courier on July 3, 2020.

#### 099 **ANNOUNCEMENTS**

FIREWORKS FOR SALE, Chama, NM. All of the good stuff. Aerials, firecrackers. Noon 9p.m. through July 4.

**LOST & FOUND** 

LOST FEMALE CAT around Lane 104 N and 5 N. Mosca area. Black stripes, light brown, white belly, black spot on back right foot. If found call 719-992-4676. REWARD.(7/11)

LOST A PAIR of men's black work boots on W. Hwy 160 on way to a fire call. 4/2 approx. 4:30pm west of Budweiser before Del Viento Road. If found please call 719-580-0398.(TFN)

#### 173 - PROFESSIONAL **SERVICES**

ACUPUNCTURIST SEEKS PUBLISHED medical author to help pen a "DIY Boost the Immune System using Acupressure" article. Help me get the word out about a fun and easy to perform COVID prevention health care treatment that can be done at home. Call 360-821-9006.(7/7)

#### 221 **HELP WANTED**

SANFORD SCHOOL DISTRICT is accepting application for a Junior High Football coach. Applications can be downloaded at www.sanfordschools. org. Sanford School is and EOE&E.(7/3)

## **HELP WANTED**

THE SAN LUIS Valley Regional Science Fair (SLV-RSF), a longtime, 504-@3 tax exempt organization, seeks an Executive Director. The duties include, but are not limited, to fund raising, coordinating with science teachers in the 14 SLV school Districts, the State and International Fairs. The Director is responsible for scheduling, organizing, and operating the SLV-RSF. The Director reports to the SLV-RSF Board of Director at monthly meetings. The deadline for applications is July 19, 2020 but will remain open until filled. Detailed information regarding the position and application materials is available from Dr. David Holm, SLV-RSF Board President at David.Holm@colostate.edu or 719-480-2511.(7/14)

SLV FEDERAL BANK is now accepting applications for a Loan Officer in our Monte Vista office. Applications and position descriptions are available at www.slvfed. com or at each branch location. Equal opportunity Employer, including considering individuals with Disabilities and Veterans/Affirmative Action Employer.(7/24)

THE SAN LUIS Valley

Board of Cooperative Educational Services has a teacher position for full time middle/high school special education teacher for the 2020-2021 school year. Interested applicants should hold a valid Colorado Teacher License with a Special Education Endorsement or be eligible for a Temporary Educator Eligibility (TEE). Successful experience with working with students with special needs preferred. Application is available at the BOCES office or on-line www. slvboces.org. Process requires application, letter of interest, and three current letters of reference. Send completed application process to Nita McAuliffe, Director of Exceptional Student Services, SLV BOCES, 2261 Enterprise Drive, Alamosa, ĈO 81101 or nmcauliffe@slvboces. org. Application deadline is July 15, 2020 or until positions are filled.

CDL DRIVER WANT-**ED,** please call 719-589-9070 or email rmmp. rhonda@yahoo.com if interested. End dump experience necessary.

(7/24)LOOKING FOR A career opportunity and being a part of your local community? 1st Southwest Bank is hiring a Portfolio Manager, offering a strong benefit package & career growth opportunities. EOE. Go to https://www. fswb.bank/who-we-are/ careers/ for more details & to apply.(7/22)

LOOKING FOR A career opportunity and being a part of your local community? 1st Southwest Bank is hiring a Senior Credit Analyst, offering a strong benefit package & career growth opportunities. EOE. Go to https://www. fswb.bank/who-we-are/ careers/ for more details & to apply.(7/11)

## **HELP WANTED**

THE ALAMOSA SCHOOL District is accepting applications for the following position: Technology Support Technician. Identify, analyze, troubleshoot and resolve technical service requests. Provide assistance on usability and functionality of software and hardware products. Identify, analyze, troubleshoot and resolve network connectivity issues. An AA degree or certification in Computer Science, MIS or Engineering, and at least 1-year related work experience preferred. Candidate must pass a background check, have reliable transportation and valid driver's license. Full time position, salary depending on experience \$17.00-\$18.00 per hour and full single health coverage included. Applications are available online at http://www.alamosa. k12.co.us/. For more information, contact Mindi Van Ry at 719-587-1600. Application deadline is until filled. EOE.(7/11)

THE ALAMOSA SCHOOL District is accepting applications for the following position: Part-time District Health/Wellness Coordinator. Bachelor's or Master's Degree in Health and Wellness, Exercise Science, Healthy Lifestyles, Sports Management, or a related field. Possibility of expanding to full time if funding is available. Applications are available at the Office of the Superintendent, 209 Victoria Ave., Alamosa, CO 81101 or online at http://alamosa.k12. co.us. For more information, contact Mindi Van Ry at 719-587-1600. Application deadline is

FARM HELP NEED-**ED.** \$20/hr. Must have experience with hay equipment, Call 719-588-0207(TFN-6/27)

until filled. EOE.(7/8)

OCAL PORTABLE BUILDING dealer looking for dealers in Alamosa. Good income potential. No buy in required. Must have existing business or own independent source lot or property. Training provided. Call 970-946-4230.(7/8)

MONTE VISTA SCHOOL District is accepting applications for two Middle School Football Coaches, a Middle School Volleyball Coach, and a Middle Schools Boys' Basketball Coach. Applications may be submitted through our online employment application http://ww2.monte. k12.co.us/employmentopportunities.html. by July 8, 2020, or until the positions are filled. For questions contact the District Administration Office at 719-852-5996. (7/21)

SANFORD SCHOOLS IS seeking a highly motivated Music/Band teacher to join our Team of great educators and instruct our talented students. Applications can be downloaded at www. sanfordschools.org. Position open until filled. Sanford Schools is an EOE & E.(7/21)

## **HELP WANTED**

THE NORTH CONE-JOS School District is accepting applications for (1) Secondary Math Teacher at Centauri High School. Applicant must hold a current Colorado Teaching License or be willing to work toward certification. NCSD offers a competitive salary, great discipline and environment for staff and students, and up to \$915 monthly towards health insurance. Application deadline is until position is filled. Applications are available at the District Administration Office, 17890 US Hwy 285, La Jara, CO 81101 or can be downloaded at www. northconejos.com. Submit application to Mr. Curt Wilson, Superintendent. EOE.(7/7)

**CONEJOS COUNTY** SHERIFF'S Office is seeking a Patrol Deputy. Duties include: Enforces Colorado laws & ordinances, report writing, investigates, apprehends and arrests suspects. Patrols entire county. Must be 21 years of age, have a valid driver's license and be Colorado Post Certified. Must be eligible to carry a firearm. Must pass background check and drug screen. 2 years' relevant law enforcement experience preferred. Starting salary is \$35,360. County Application Required. Deadline Ongoing. Applications available at the Conejos County Human Resources Office or via email upon request at cricci@co.conejos.co.us. Inquiries call 719-376-6799 or 719-376-2196.

THE ALAMOSA SCHOOL District is accepting applications for the following position: School Nurse Minimum requirement: RN Required. Applications are available online at http:// www.alamosa.k12.co.us. For more information, contact Mindi Van Ry at 719-587-1600. Application deadline is until filled. EOE.(7/7)

THE ALAMOSA SCHOOL District is accepting applications for the following position at Alamosa High School for the 2020-2021 school year: Science Teacher Must possess a Colorado Teacher License and an endorsement in Secondary Science. Applications are available online at https://www.alamosa. k12.co.us. For more information, contact Mindi Van Ry at 719-587-1600.

Application deadline is until filled. EOE.(7/15) THE SIERRA GRANDE School District is accepting applications an Elementary Pre-School Paraprofessional. Applicants should submit a completed application form, resume, copy of transcript to Mr. Manuel Montano, Elementary Principal, Sierra Grande School District, 17523 Hwy. 160, Blanca, CO 81123. Applications can be found on the District's website: www.sierragrandeschool.net. For more information please contact Mr. Manuel Montano, Elementary Principal at 719-379-3257 or 719-289-6111. Position open until filled.

#### 221 **HELP WANTED** LOCAL FOODS LO-

CAL PLACES initiative seeks a part-time, seasonal mobile kitchen "MOKI" Coordinator. See full job description and how to apply at www.slvlocalfoods. org .(7/3)THE TOWN OF San-

ford is accepting applications for a Police Officer. Candidates must be Colorado POST certified and willing to submit to psychological, background, and criminal history checks. Applications will be accepted until the position is filled, applications may be picked up at Sanford Town Hall, 390 Greenleaf Street on Mondays & Tuesdays.(7/3)

THE TOWN OF Sanford is accepting application for the Position of Town Clerk/Treasurer. Candidates must be willing to submit to background, and criminal history checks. Applications will be accepted until the position is filled, applications may be picked up at Sanford Town Hall, 390 Greenleaf Street on Mondays & Tuesdays.(7/3) COME BE PART of

something incredible-

join the team at Centen-

nial School District R-1!

We are currently seeking community-minded, student-centered educators for the following positions: High School Social Studies and K-12 Music. We also have exciting grant-funded positions for a work-based learning coordinator/ alternative education teacher, Friday School/ Family Engagement Coordinator, and a Restorative Justice Coach. You can also join our athletics department as a High School Boys Basketball Coach, High School Cheer Coach, Wrestling Coach, Track Coach, or Cross-Country Coach. To apply for one of these positions visit https:// www.centennial.k12. co.us/o/centennial-r1/ page/teaching-certifiedstaff-positions or send resume, cover letter, unofficial transcripts, three current letters of reference, and a copy of any appropriate licenses to tmelster@centennialschool.net. It's a great time to become a Ram!(7/15)

Board of Cooperative **Educational Services** has positions for full time behavior interventionists and/or counselors for the 2020-2021 school year. Interested applicants should hold a valid Colorado Special Service Provider License or Teacher License. Successful experience with working with students with behavioral needs preferred. Application is available at the BOCES office or on-line www. slvboces.org. Process requires application, letter of interest, and three current letters of reference. Send completed application process to Nita McAuliffe, Director of Exceptional Student Services, SLV BOCES, 2261 Enterprise Drive, Alamosa, CO 81101 or nmcauliffe@slvboces. org. Application deadline is July 6, 2020 or until positions are filled.

THE SAN LUIS Valley

## **HELP WANTED**

HOLIDAY INN EX-PRESS now hiring - breakfast attendant - room attendants and laundry. Apply in per-

SLV BREWERY & ROAST CAFÉ hiring kitchen, server, barista, and host positions. Call or email Scott: 719-580-1922; scott@slvbrewco. com.(7/3)

son.(7/11)

SAN LUIS VALLEY Health is seeking qualified candidate to fill a Plant Engineer role. The Plant Engineer primarily maintains and operate Electrical and HVAC systems, but has a wide variety of duties relating to maintenance, repair and installation. Please visit www.sanluisvallevhealth.org/careers/ for a full job summary.(7/3)

CDL DRIVERS AND Heavy Equipment Operators wanted. CDL Minimum 1 yr driving experience. Knowledge of Forestry Equipment helpful, must pass drug test. No Overnight driving. Send resume to: pagosaland@pagosa.net. (7/10)LOOKING TO HIRE

year round hire man for

large potato and grain

farm. Must have experi-

ence. Call 719-850-2137.

CONSTRUCTION HELPERS NEEDED. Full / Part time. Must be reliable and dependable. Call Ztec Construction

SALES POSITION AVAILABLE. Must have own transportation. Call Ztec Construction

719-992-13-96.(7/3)

719-992-1396.(7/3) THE TOWN OF La Jara is accepting applications for Police Officer. Must be currently Colorado POST certified; willing to submit to background and criminal history checks as well as a psychological test. Starting salary is \$36,000 with vision, dental, and medical insurance and paid holidays. Applications may be picked up at La Jara Town Hall, 221 Broadway or at Colorado Workforce Center in Alamosa.(7/3)

**CLEANERS NEED-**ED! FULL and part time positions available. Must have own transportation and drug screening. Call between 8am-5pm 719-587-2222.(7/3)

MOFFAT SCHOOL IS accepting applications for the following positions: Pre-K Director/ Teacher, Kindergarten Teacher, Middle School Social Studies or Science Teacher, 7th-12th Grade Math Teacher. For a complete job description and application instructions please visit www. moffatschools.org.(7/3)

THE BRIDGE AT Alamosa has a personal care provider position and Server position available. We provide exceptional training. Please apply at WWW.centurypa.hcshiring.com.(7/3) ALAMOSA COUN-

TY EMPLOYEMENT Opportunities, Job Descriptions, and Applications are available on the County's website www.alamosacounty. org.(7/10)

## **HELP WANTED**

SANFORD SCHOOL IS accepting applications for a highly motivated high school business teacher to work with our talented students who are our future. Applicants must hold a Colorado Teacher's License and be willing to become vocational certified. Don't miss this opportunity to join our team and become a part of a great educational culture. Applications can be downloaded from the our website, www. sanfordschools.org Position is opened until filled. Sanford School is an EOE & E.(7/14)

COSTILLA COUN-

TY IS seeking a full-

time Options for Long Term Care case manager who will primarily work in Conejos County and some travel to Costilla County. Responsibilities include: Intake/ screening/referral and needs, development of care plans, management of a caseload and interviewing clients including conducting home visits. Ability to meet deadlines in a fast-paced work environment a must. Bachelor's Degree in a human services field Sociology/Psychology or Humanities preferred. Bi-lingual skills a plus. Experience as a case manager with the long term care client population may substitute for the required education on a year by year basis. Background check and pre-employment drug screening are required. Position is open until filled. Costilla County Public Health Agency County Public Health Agency has the right to refuse any and all applications. Applications are available on the Costilla County website

call 719-672-3332.(7/18) MEL'S CUSTOM MEAT Processing looking for reliable and dependable person. No experience needed. Apply in person after 5:30pm. 602 2nd Ave, Romeo.(7/8)

at https://colorado.gov/

pacific/costillacounty

under the Jobs tab or

NEED A SECOND INCOME? child support? Car Repairs? Taxes Due? Earn up to \$800/month delivering the Valley Courier. Contact Keith at 589-2553. (2/26-TFN)

#### 324 - FEED & SEED

NATIVE GRASS HAY for sale. Small bales, horse hay quality. Come cow hay. Certified USDA. Call Ed 719-852-3069.(7/14)

HORSE AND COW hay: grass, grass/alfalfa, alfalfa. 3x3 and 4x4 bales, various quality and pricing. 719-850-8917 (7-13-TFN)

**341 - GARAGE SALES** 

7 FAMILY GARAGE sale at Worth The Drive Family Bakery, 5115 County Road 9 S., Monte Vista. July 2, 3, 4 8am-5pm.(7/3)

## You'll find it all in the ... **Business & Service Directory**

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 Concrete Tree Trimming & Much More! 719-580-8918

 Additions Backhoe joshshandymanoncall@yahoo.com

# Classifieds

#### 351 **LIVESTOCK**

SALE REGISTERED BLACK Angus Bulls and semen sales Brink Livestock Services admin@brinklivestock.net www.brinklivestock.net 88-641-3750 / 719-480-3932.(7/15)

HERITAGE BREED TURKEY POULTS -Burbon Reds from free range parents. \$20 each or \$35 for 2. Limited number available. Ready to butcher at 28 weeks (toms average 30 lbs, hens 15 lbs.) Straight run only. 719-850-2832. (TFN-E)

PIGS FOR SALE \$1.00 lb. live weight. 570-395-0184 (TFN)

#### 360 - MISCELLANEOUS **FOR SALE**

SPANISH ROOF TILES. Ezload large lot. 720-201-3857.(7/13) ZACH'S EUROPEAN

MOUNTS. Professional work, low prices. 719-580-0398. (TFN)

#### 369 - PETS & **SUPPLIES**

OOPS! GOT PUP-**PIES** who need a home? San Luis Valley Animal Welfare Society is a nonprofit animal rescue dedicated to stopping the euthanasia of healthy adoptable pets. Having pets altered is the number one way to stop pet overpopulation. If your pet has had puppies contact us. We will take the puppies into our rescue and spay the mama dog for free after the puppies are weaned. If needed we will also provide dog food & gas money to get the dogs to us to help in this situation. Spay/neuter is one of the greatest gifts you can provide your pet, your family and your community. We have found

slvaws.org. (TFN) 5 FREE KITTENS to good home. Call 361-798-3707.(7/11)

good responsible homes

for over 8,000 animals.

Contact 719-587-9663

(WOOF); email: woof@

#### 369 - PETS & **SUPPLIES**

TRAINING, obedience classes, Social Distancing. Starting July 22nd. 6 weeks \$50. 719-379-4157 information.(7/21)

BABY BUNNIES FOR Sale \$719-480-5303. Ask for Cheryl Lynn.(7/8)

ALL DOGS AD-**OPTED** FROM THE VALLEY HUMANE LEAGUE HAVE TO BE SPAYED OR NEUTERED BE-FORE GOING TO THEIR NEW HOME.

NEED CATS FOR mousers? Want to adopt kittens? Help trap/neuter/release efforts? Donate food/ litter/supplies? Low cost spay/neuter clinic for cats. http://www. catsalivesly.com 719-298-7028. (TFN)

FREE TO GOOD home. Adults and kittens. NO MOUSERS OR BARN CATS. Spay/neuter clinics coming to Alamosa in near future. Call Donna K 719-589-5952 or 719-580-9078. (TFN)

#### **387 - WANTED TO BUY**

LOOKING FOR A 2 or 3 bedroom Mobile Home 1981 or higher for \$15,000 or under. Call or text 719-580-9525(TFN-

#### 409 FARM & **RANCH LAND**

PASTURE FOR RENT. 46 acres. Stock well. 4 miles east of Alamosa. Call 913-626-8573.(8/5)

#### 415 - HOMES **FOR SALE**

2-HOMES, 5.2 ACRES, 3 wells, RV spot with all hookups, chicken house, corrals. \$175,000. Call 970-640-9562.(7/25)

#### 415 - HOMES **FOR SALE**

MACKED AND PORTER REALTY, IN Excellent Service, Expert Advice 719-589-5899 503 Main Street • Alamosa www.PorterRealty.com

\$450,000 - This renovated custom home with a country feel and the convenience of town is located in quiet Carrolls Woods on a large wooded lot facing the lake and near the Rio Grande River. The gournet kitches includes custom hidkory cabinets, stainless steel appliances, pantry, granite countertops, and an island. The big, bright master bathroom includes a vaulted cedar ceiling with a skylight that overhooks a custom tiled dual shower. In addition to alarge yard, the warmth of the surroom is a delight with a lacuzzi hot tub with Bluetooth and colored LED lights. Check out the 3D virtual tour



311 Riverwood Drive, Alamosa WLS#771467

\$435,000 - This tene was designed for distinction as you will see as soon as you enter the front door. Warm earth tones welcome you to this exquisite home where oustom features are in every room. Open floor plan, elaborate ceiling design, crown malding & baseboards, custom tile work, ungraded cabinetis, granite counters, master suite with 5 piece bath and wall-incloset, bonus room above the garage that functions as a 4th bedroom, radiant heating, over-sized garage, cavered partio, security system and more. You must see to appredate. Call today for more information. 258 Weber Drive, Alamosa MLS#771134



quiet street dose to ASU and downtown, this well maintained home is loaded with space and amenities. The 3 main downstairs bedrooms are all good sized and off the main living and kitchen areas. The upstairs bedroom has its own bathroom &living space or use it as a guest suite. Curved ctilings, gas fireplace, hardwood floors, hot water heating, sunny kitchen with ample cabinet storage, back yard patio, sprinkler system, mature landscaping, 2 can altached garage, 2 storage sheds, and more. Don't miss out on this great home, call today. 211 La Veta, Alamosa NLS # 709323



Bungalow style home dose to downtown TSJC, and ASU. Great for investment or primary residence. Good sized be drooms Living room and dining room are open to each other. Oak cabinets in kitchen with refrigerator, oven/range, and dishwasher as included appliances. Separate laundry room has extra square footage for additional living or office area. Detached 1 cargarage and covered patio, sprinkler system and more Call today for more details, 409 Alamosa Ave, Álamosa MLS 4 769034

#### 420 - LOTS & **ACREAGE**

FOR SALE: 80 acres land 2.5 miles w. of San Acacio, surveyed. Call Al 719-588-2930.(7/31)

FOR SALE: SUR-VEYED 25 acres, Sangre De Cristo Ranch near Mountain Home Lake, creek runs through property, well & electric, good hunting & fishing. Call Al 719-588-2930.(7/31)

#### 525 **GUNS**

ZACH'S EUROPEAN MOUNTS. Professional work, low prices. 719-580-0398. (TFN)

#### **601 APARTMENTS FOR RENT**

TWO BEDROOM APARTMENT for rent \$800 includes utilities. Call Glenna 719-580-

LOOKING FOR AN APARTMENT OR HOME FOR RENT? We have the best ones! Call Eclipse Property Management at 719-581-RENT or visit our website at RentEclipse. com.(TFN-6/27)

> Accepting Applications for waiting list for 2 &3 bedroom family units. Handicap accessible units available Immediate Availability

#### West View Villas 510 Dunham Monte Vista, CO

852-3949 1-800-659-2656 This institution is an equal opportunity provider

Accepting Applications for 2 Bedroom Apartments. Newly remodeled Units Immediate Availability Valle Vista

Apartments 58 E. Central Ave. Center, CO 754-2608

1-800-659-2656 This institution is an equal opportunity provider

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Alamosa • 589-5744 PROPERTY MANAGEMENT

SERVICE

For all your rental needs please call 719-589-5744 or stop by 823 Main St. Alamosa, CO 81101

ww. alamosarentals .com Applications

Now Being Accepted 1, 2 & 3 Bedroom Apartments.

Sierra Vista **Apartments** Alamosa 2315 Vigil Way Apt I Alamosa, CO 81101 589-2098

TTY 1-800-659-2656 Bis institutor is an equal proportion by provider and employer provider and employer

#### Tierra Nueva Alamosa Apartments

is accepting applications for 3 & 4 Bedroom Apartments. Residents must be farm workers or work in agricultural industry. Applications available at 600 S. Craft Dr. Alamosa, CO 81101 719-587-0208

#### Tierra Nueva Center Dorm Apartments is accepting applications for doms.

TTY 1-800-659-2656

Residents must be farm workers or work in agricultural industry. Applications available at 980 S. Broadway

Center, CO 81125 719-754-9050 TTY 1-800-659-2656

#### Tierra Nueva Center Family Apartments is accepting applications for 3 & 4

Bedroom Apartments. Residents must be farm workers or work in agricultural industry. Applications available at 980 S. Broadway Center, CO 81125 719-754-9050

TTY 1-800-659-2656 These institutions are equi opportunity providers & employers

#### **601 APARTMENTS FOR RENT**

Accepting Applications for 2 & living at an affordable price.

Immediate Availability

Casa de Cortez 751 Mussman Lane

Center, C0 **754-3261** 

1-800-659-2656 This institution is an equal opportunity provider

Accepting Applications for 2 & 3 bedroom apartments. Family living at an affordable price.

Casita del Sol 1405 W. 11th Street

Alamosa, CO **589-8663** to qualified households.

å <sub>1-800-659-2656</sub> **♠** This institution is an equal opportunity provider

Accepting Applications for 2 Bedroom partments - Handicap Units Available. Rent based on income for qualified households.

### **Gateway Villa Apartments** 929 Spruce St.

Del Norte, CO 657-3654

1-800-659-2656 Price Institution is an equal opportunity provider |Newly Remodeled|

**Apartments** AVAILABLE NOW Rent starts at \$680 a month. Vouchers accepted

#### Mt. Blanca View Apts. 201 Market Street

Alamosa, CO 589-2850

Qualified Applicants (62 years of age or older, disabled regardless of age) -On-site Laundry Community Room for Activities Handicapped Accessible Equal Opportunity Provider

#### **601 APARTMENTS FOR RENT**

Accepting Applications for 2 &

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#### 606 - BUS. PROP. **FOR RENT**

REMODELED 1 BED-ROOM/1 bath HOME or OFFICE studio unit in Del Norte. \$600/ mo., inclusive of water and sewer. No pets; no smoking; credit report required. Call 719-850-0750.(7/17)

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APARTMENT OR HOME FOR RENT? We have the best ones! Call Eclipse Property Management at 719-581-RENT or visit our website at RentEclipse. com.(TFN-6/27) REMODELED 1 BED-

ROOM/1 bath HOME or OFFICE studio unit in Del Norte. \$600/ mo., inclusive of water and sewer. No pets; no smoking; credit report required. Call 719-850-0750.(7/17)

### 630 - ROOMS **FOR RENT**

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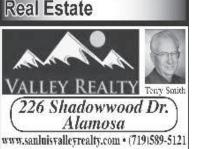
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#### CROSSWORD PUZZLE 39 She loved

Lancelot

41 Princess

topper

43 Natural

elevs.

Caesar

44 This, to

45 Judge's

duds

52 Dinghy's

brown

55 Missouri

neighbor

downhill

57 Fact fudger

portrayer

58 TV genie

59 Computer

60 Low-tech

61 Home tel.

1 Eager

2 Motor

4 Injure

5 Roadie

6 Hamelin

gear

pest

lodges

3 Long for

coolers

**DOWN** 

key

need

53 Light

56 Go

48 Gift tie

**ACROSS** 1 Soft leather 4 Suffix for silver or brass 8 Guy's date 11 Glassmaker - Lalique 12 Rubaiyat author 13 Regret 14 Cravings 15 Capable of (2 wds.) 16 Website clutter 17 Naval officers 19 Opposite of credit

21 Blushing 22 Fairway gizmo 23 Absolute 26 Served soup 29 Baltimore bard 30 Mild cheese

32 lt runs on runners 34 Rugged cliff 36 Out callers 38 — Andreas Fault

FORAY WOWE D ORNATE REHIRE GEIGER |L|AS|KA| CORKSZENO KNEE MAE DEAN AXING T O Y ABS TINES A|K|A|I C E EXAM CSTUKES SNOB BEES D|R A|M A NATIVE TEAPOT OPINES ALLURE DRAGS |M| | |S T| Y

8 Clutch 9 BMW rival 10 Perchance 11 Whiskey grain 18 "Runaway Bride" co-star 20 Fish without

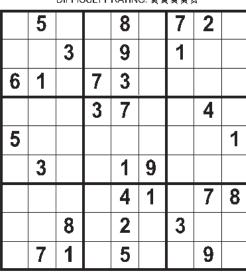
scales 22 Fill a pipe 23 Checkout scan 24 Ran fast 25 Greenishblue color 26 Flimsy, as an excuse 27 Designer - Schiapa-

7 Eaten away 28 Pet name 31 Drab colors 33 Genetic material 35 Chess, e.g. 37 Stash the bags 40 In and of — 42 More

yucky 44 Time periods 45 Ascended 46 Mighty trees 47 — -a-brac 48 Grain husks 49 Bump

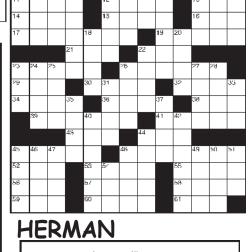
50 ls in debt 51 Shoe color 54 Spy org.

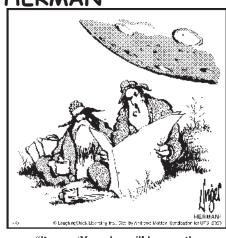
## SUDOKU DIFFICULTY RATING: 含含含含含



HOW TO PLAY: Each row, column and set of 3-by-3 must tain the numbers 1 through 9 without repetition.

| 7 | 6 | 5 | 8 | 9 | 3 | 1 | 2 | 4 |
|---|---|---|---|---|---|---|---|---|
| 2 | 4 | 8 | 6 | 5 | 1 | 7 | 9 | 3 |
| 3 | 1 | 9 | 4 | 7 | 2 | 6 | 8 | 5 |
| 5 | 9 | 3 | 2 | 4 | 7 | 8 | 1 | 6 |
| 8 | 7 | 6 | 3 | 1 | 9 | 4 | 5 | 2 |
| 4 | 2 | 1 | 5 | 6 | 8 | 3 | 7 | 9 |
| 9 | 5 | 7 | 1 | 3 | 6 | 2 | 4 | 8 |
| 1 | 3 | 2 | 9 | 8 | 4 | 5 | 6 | 7 |
| 6 | 8 | 4 | 7 | 2 | 5 | 9 | 3 | 1 |
|   |   |   |   |   |   |   |   |   |



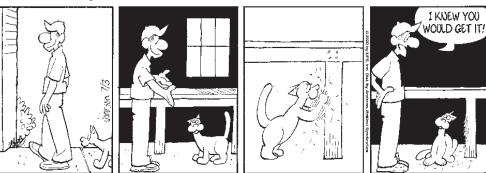


'It savs.'Your day will be greatly influenced by the planet Neptune."

## ALLEY OOP

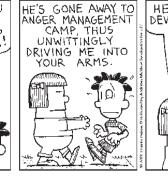


## ARLO & JANIS



## BIG NATE





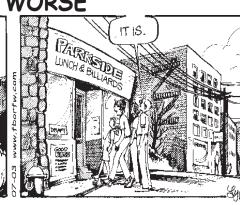


## THE BORN LOSER



## FOR BETTER OR FOR WORSE





ALWAYS!

## Neighbor retreats into house after man's stunning request

60-year-old woman. My writing to be helpful. A house is on a corner lot. cheap spiral-bound school Just about every time I notebook works great. The walk outside, a male neigh- idea is to write at least one bor of mine stares at me. He looks like a hobo.

when he came to the edge of but I fill that page anyway, his yard, I asked him from my deck how he was doing because of the quarantine. He responded by telling me to wear a dress because he are hurting me, express wants to have sex with me! I was stunned and went disappointments and longback into the house. I didn't ings. Sometimes, while I'm know he was that crazy. Besides ignoring him, what if anything should I do? -- SHOCKED NEIGH-

DEARNEIGHBOR: Beoccurrence, it's possible your neighbor may have been "under the influence," or has mental health challenges or a touch of demenhim, avoid him and warn the other women in the neighborhood about what happened. If I were one of them, I would like to know.

Other than that, there's not much you can do unless his behavior escalates and he becomes a nuisance. In that case, you may want to go online to the National Sex Offender Registry just to make sure your neighbor is not a registered sex of-

to file a police report. DEAR ABBY: When for candy or chips. If I

DEAR ABBY: I'm a an option, I have found full page every day.

Some days, all I can say I felt bad for him, so is, "I don't want to write," so that the commitment is met. However, other days I find I can pour my heart out, unload the things that my anger, resentments, waiting for the thoughts to come, an insight or solution will present itself.

Because I'm afraid of BOR IN CONNECTICUT my thoughts being found and read by someone else, cause this was a one-time I destroy each page after it's written. Names can be disguised. The simple act of getting those thoughts out of my head and onto paper helps to relieve tia. From now on, ignore stress tremendously. Just thought I'd share this with you. -- WRITING IT DOWN IN THE EAST DEARWRITING: Writ-

> ing or journaling is a very effective way to organize one's thoughts and purge negative emotions. I'm glad you suggested it because I think it may help some of my readers. Thank you!

DEAR ABBY: I babysit my nieces and nephews. While we are grocery fender. Then it will be time shopping and we get to the checkout, they'll ask

seeing a therapist is not tell them no, it's usually



## ABIGAIL Van Buren

because they have already had a treat, it's too close to a meal or perhaps because they have misbehaved.

What do I do when the person behind me offers to buy it for them? I know they assume I refused because I don't have the money, and they are trying to be helpful. Saying, "No, thank you," just upsets the child when he or she knows someone wanted to buy them a treat. Any ideas? -- NO MEANS NO IN GEORGIA

DEAR NO MEANS NO: Instead of just saying, "No, thank you," to the person making the offer, explain the reason for your refusal as you have explained it to me. That way, the wellmeaning stranger understands that you are not short of funds, and your

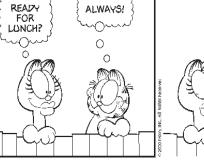
nieces and nephews hear

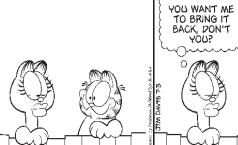
the reason as well.

## FRANK & ERNEST



### *GA*RFIELD





## THE GRIZZWELLS



## **PEANUTS**

