Bell Buckle • Flat Creek • Normandy • Shelbyville • Unionville • Wartrace

SATURDAY, APRIL 1, 2023

www.t-g.com



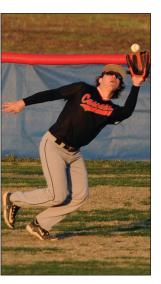
Liberty School

Local/6A



FCE Awards

Lifestyles/6B



Champs drop district

Sports/1C

UT-TPA Press Award



Vol. 142, No. 26

Education underfunded: Boutwell

By ZOË WATKINS

zwatkins@t-g.com

Commissioner John Boutwell, along with Commissioner Greg Vick, gave a report at Tuesday's Financial Management Committee meeting that the county was under funding the schools by at least \$1.9 million.

This report comes from Boutwell's tracking data on the Basic Education Program (BEP)

funding as well as looking onward to the Tennessee Investment in Student Achievement (TISA) funding, which will go into effect on July 1.

Vick commented, "So commissioner Boutwell and I are here today to share our findings on how this county commission has been funding our schools, how we stack up with our neighboring counties and what we need to

understand is going to happen with future funding. "It is not very pretty, in fact it is

embarrassing," said Vick. Boutwell, while serving on the

school board, said he kept a spread sheet on local per student funding.

In 2013, per pupil spending was \$1,258.56. In 2022, it was \$1,578.03. However, put inflation into the calculation and \$1200 in 2013 is the same as \$1600 in 2022.

per pupil funding hasn't grown much.

For the BEP formula, funding includes both a state share and a local share. To ensure counties are paying their fair share, an equalization formula is driven primarily by property values and sales tax, Boutwell explained.

➤ See **Boutwell**, Page 2A

Two major Coldwell Banker firms merge

largest Coldwell Banker firms in Tennessee have merged their operations. Coldwell Banker Segroves-Neece of Shelbyville has merged its operations with Coldwell Banker Southern Realty which has offices in Maury and Lawrence Counties. The merged firm will move forward under the Coldwell Banker Southern Realty name.

Tom Segroves, first opened Segroves Realty in 1948. The firm has operated in the area since that time under a number of different entities. In 1977 Harold Segroves joined the firm and then purchased the firm in 1980. The firm became affiliated with Coldwell Banker

Shelbyville - Two of the in 1986. The firm has been one of the largest real estate firms serving the Shelbyville and Bedford County markets for some 75 years.

> Rich Cosner, the owner of Coldwell Banker Southern Realty, has been in the real estate business for over 35 years operating in Southern California, Middle Tennessee, and Northern Alabama markets. His California firm, Prudential California Realty, became one of the largest Prudential firms in the nation. Since moving to Tennessee his firm has operated under the Coldwell Banker brand. His firms have closed over 55,000 real estate transactions under his leadership. His Lawrence County office now does more

business than the next four firms combined.

Cosner's vision for the Bedford County / Shelbyville markets is very forward looking. He will bring his programs to his real estate agents that enable them to work in every facet of the market. He is especially skilled at working with his top-producing sales professionals and showing them how they can double and triple their business. His firm also offers a gateway into the real estate business for those people who want to get their real estate license and embark on a truly professional and high paying career.

Coldwell Banker is known throughout the nation as ➤ See **Merge**, Page 2A



Harold Segroves (left) and Rich Cosner

Crafting fishing lures

One man's guide to creativity

By Mark McGee For the T-G

Spring is here. The weather is getting warmer. Anglers are flocking to lakes and rivers.

To catch fish, you need good lures. Kerry Thompson, a retired high school teacher and former star athlete at Shelbyville Central High School has some handmade ones you might be interested in. several hundred at last count.

Like most artists Thompson has a studio. He has converted his garage into a space where he painstakingly creates lures of all shapes, sizes and colors. He is a fisherman as the garage door covered with fishing rods will

He uses his own lures and admits they are not only colorful and imaginative, but they do work.

"I've caught some nice smallmouth bass with them," Thompson said. "I do a lot of crappie fishing now because the guy I go fishing with, Don Everett, from Flat Creek, likes to go crappie fishing.'

Thompson balks at being classified as an artist despite the imagination he uses in his hobby.

"I am a terrible artist," Thompson said. "I can't draw a

for me to do. I have my own molds. I tie jigs. The only thing I haven't tried yet that I might try is making molded plastic worms and putting all the colors in."

"This is just a relaxing thing he is a true artist he responds colors." simply with an "I guess."

He uses a variety of tricks to enhance the looks of his lures like fine netting for designs and a variety of paints and sheens.

straight line. That's the truth. When pressed that the cre-I can't. When pressed that the cre-ative elements of his hobby mean filled with paint of all types and

He is influenced by fellow lure developers, but he also likes to experiment with different fin-

➤ See **Lures**, Page 8C



Racks of lures in various stages of development hang from a rack with hundreds more stored in drawers.



Kerry Thompson dries the final finish on one of his creations.





SATURDAY, MAY 6TH

Register at shelbyvilletn.com

931-205-2730

Registration Deadline: April 15th bedfordchamber@sbcchamber.com Adult (18+):\$30 Child:\$15



DEATH NOTICES

Marlene Ramelle Gibson Burton

March 26, 2023

Marlene Ramelle Gibson Burton, age 40 passed away very unexpectedly on Sunday, March 26, 2023. Per her wishes she was cremated with a celebration of life service planned for Thursday, March 30, 2023 at 4 p.m. at Griffin Park in Shelbyville. Gowen-Smith Chapel is assisting the



Joey Eugene Vincent

March 23, 2023

Joey Eugene Vincent, age 67, of the Wheel Community of Bedford County, died Thursday, March 23, 2023, in Shelbyville. Mr. Vincent was born in Bedford County and was a son of the late Jack Holt and Nadine Beard Vincent.

Family members received friends on Friday, March 31, 2023 from 4 p.m. until 7 p.m. at Lawrence Funeral Home. A Celebration of Life service for Mr. Vincent followed at 7 p.m. from the chapel of Lawrence Funeral Home with sister, Luann Yates officiating.

OBITUARIES

Betty Lynn Bomar

March 27, 2023

Betty Lynn Bomar, age 68, of Shelbyville, passed away

Funeral services will be 11 a.m. today, April 1, 2023, at Fellowship for Christ Church. Reverend Ray Armstrong will officiate, with burial to follow in Hillcrest Memorial

The family will receive visitors 4-8 p.m. Friday at the

She was born November 11, 1954, in Shelbyville, to the late John Edward Williams and Helen Ann Adcock Williams. Known as a Master Seamstress, previous employment also included working as an AVON Representative for over 30 years, a Licensed Practical Nurse at the Bedford County Hospital, Johnson Controls in Lewisburg, and the Hosiery Mill in Bell Buckle. She was a faithful member of Fellowship for Christ Church.

In addition to her parents, she is preceded in death by brothers and sister, Terry Williams, Buck Williams, Mike Williams, and Diane Cline, and two stillborn children. Survivors include her husband, Jimmy Anderton;

a daughter, Ginny England, and her husband Bobby; grandchild, Ava; a brother, David Williams, and his wife Jan; sister-in-law, Janice Williams and numerous nieces and nephews.

Feldhaus Memorial Chapel is assisting the family with the arrangements.

Charles David Glover

March 25, 2023 Charles David Glover, 46,

of Shelby ville died March 25, 2023. Funeral Services were held 3 p.m. Friday, March 31, at Hillcrest Funeral Home with Rev. Bobby McGee officiating. Burial followed Hillcrest Memorial Gardens. Visitation began at 12 p.m.

He was a native of Shelbyville; retired Social Worker for the V.A. Murfreesboro and a member of The Hummer Adventures

He was preceded in death by his father, Carl D. Glover and a brother, Carl Derrick Glover. He is survived by his mother, Carolyn Glover; a son, Taylor Glover of Shelbyville; sisters, Dawn (Shaun) Wren and Carla (Lee) Fisher of Lakeland, Fla.

Reba Ann Sanders

March 29, 2023

Reba Sanders, age 87, of Shelbyville, passed away peacefully Wednesday, March 29, 2023, with family by her

Visitation with the family

will be today, April 1 from 10 a.m. until 12 p.m. at Hillcrest Funeral Home. A graveside service and burial will follow at 1 p.m. at Simpson Cemetery, Wesley Bynum officiating. She was born January 23,

1936, to the late Otis Tucker and Inez Skinner Tucker. Reba treasured time spent with family. She and her late husband, William "Billy" Sanders, shared 56 wonderful years of marriage. By being present for many of life's special moments, she provided enough love, laughter, and joy for her children, grandchildren and great-grandchildren to last their lifetimes. She also greatly enjoyed living on the farm and being able to experience the landscape and

She is survived by her children, Ronny (Cheryl) Sanders of McEwen Tenn., Lawanna (Larry) Fisher of Milton, Tenn., and Lee Ann (Michael) Richardson of

Reba's pride and joy were her six grandchildren, Michael Fisher, Tucker Sanders, Matthew (Lauren) Fisher, Drew (Lori) Richardson, Megan (Wesley) Bynum, and Logan Sanders and four great-grandchildren, Henry Fisher, Archie Fisher, Lawson Bynum, and Ronin Fisher. In addition to her parents, she was preceded in death by her husband, William "Billy" Sanders; sisters, Virginia Taylor and Odessa Mullinax and grandson, Jesse Ryan

SUBSCRIBE TODAY!

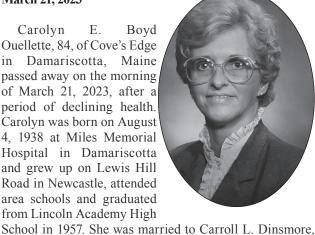
The Shelbyville Times-Gazette Receive more local news today. 684-1200

OBITUARIES

Carolyn E. Boyd Ouellette

March 21, 2023

Carolyn Ε. Boyd Ouellette, 84, of Cove's Edge in Damariscotta, Maine passed away on the morning of March 21, 2023, after a period of declining health. Carolyn was born on August 4, 1938 at Miles Memorial Hospital in Damariscotta and grew up on Lewis Hill Road in Newcastle, attended area schools and graduated from Lincoln Academy High



Jr. for nineteen years, later remarrying Joseph Reno Ouellette with whom she was married for twenty-five years. In 1979 she relocated from Midcoast Maine to Forestville, Connecticut and in 1982 to Shelbyville, Tennessee where she continued to reside until 2019 when her family moved her back home during her time of need. Carolyn was a stay-at-home mom before holding

various secretarial and clerical positions including at the Probate Office at Lincoln County Court House, Wiscasset, ME, Hartford National Bank, Hartford, Conn., and U.S. Pen & Pencil Company, Shelbyville. For over twenty-five years Carolyn was an active

volunteer at Civitan—a foundation for enhancing the lives of the developmentally impaired. She and her late husband also gave of their time at the annual Shelbyville Walking Horse Show. For many years she was in a women's and senior's bowling league and participated in line-dancing. When living in Connecticut, she enjoyed boating with Reno-making several trips across Long Island Sound to visit her father then living in Southampton. She loved to travel and visited nearly every state in our nation, including Alaska and Hawaii. Carolyn was exceptionally good at playing word games of any sort including Scrabble and crossword puzzles, and playing Trivial Pursuit and assembling jigsaw puzzles. Carolyn loved animals, particularly her dog, RC, and her many cats she had over

Carolyn attended church regularly at the Church of Nazarene, and before that as a Congregationalist. She loved people and could hold a conversation with anyone. Carolyn was predeceased by her husband, Joseph Reno

Ouellette; father, Harry W. Boyd; mother, Isabelle Lewis Boyd; step mother, Cote Vandermark Boyd; and brother, Raymond Boyd. She is survived by her daughters, Holly Dinsmore;

Jean Brewer and husband, Richard; Cassidy Dinsmore and spouse, Karen White; and her son, Timothy Dinsmore and wife, Wendy Longe; grandchildren ,Bethany Podrasky and husband Robert, Brandon Brewer and companion Katie Taylor, Daniel Dinsmore, Julie Dinsmore and fiancé Leo Ray, Acadia Dinsmore and Marina Dinsmore; great grandchildren Taylor Podrasky and companion Lawrence Friend, Shyanne Podrasky, Mason Brewer and Maverick Brewer; stepsons, John Ouellette and wife Barbara; Joseph Ouellette; stepdaughters, Mary Ouellette Bisson and husband, Gary; Ramona Ouellette; Denise Ouellette Berkmoes and husband Robert; step grandchildren, Nathan Berkmoes, Andrea Berkmoes, Joshua Ouellette, Peter Ouellette, John Ouellette, Rachel St-Pierre, Ryan Ouellette, Rebecca Hurle, Janet Hurle, Garret Bisson, Devin Bisson, Jesse Bisson, Rhiannon Ouellette, Morgan Ouellette; and thirteen step great grandchildren.

Carolyn had many friends and neighbors she cherished over the years—too numerous to list, but a few from her past were particularly close: Nancy Baldwin, Maurice Blomquist, Shirley Chadbourne, Anna Flood, Polly French, Charlotte Gourley, Sylvia Gray, and Janet Ray of Maine; and Leanna Clanton, Trey Clanton, Minnie Cooper, Sherman Harden and Jerry Bowman of Tennessee.

Every year Carolyn and Reno would visit family back in Maine and Connecticut—it was the highlight of the summer. One of Carolyn's special places was Pemaquid Point where she insisted on walking over the rocky shoreline to touch the sea and smell the salt air. Her family will miss the summer lobster feasts and the laughter and love we all shared when together. Beloved mother, grandmother and great-grandmother and friend to many, she is greatly missed. In lieu of flowers, donations can be made to a local chapter of the Alzheimer's Association.

Visiting hours will be held from 10-11 a.m. on Saturday, April 8, followed by a service at 11 a.m. all to be held at the Strong-Hancock Funeral Home in Damariscotta.

Arrangements are under the direction and care of the Strong-Hancock Funeral Home, 612 Main St., Damariscotta, ME 04543. Condolences and messages for Carolyn's family, may be expressed by visiting: www. StrongHancock.com.

Merge

(Continued from Page 1)

the leader of Luxury Real Estate. Coldwell Banker sells more \$1,000,000 properties and up than any other real estate brand in the nation. The brand

ates worldwide with over 100,000 real estate professionals. Working together these people can help the buyer coming from Paris, France, to find their long dreamed of equestrian estate in Shelbyville. Likewise, clients who sell their Bedford County properties can be matched up with Coldwell Banker professionals almost anywhere they are thinking of moving. ColdwellBanker.com is the most used real estate

branded site today. Cosner is well known nationally for his leadership

and growth of his firms. He is a man of unquestioned integrity and works hard individually and collectively with his real estate professionals to help them grow their business. While Coldwell Banker Southern Realty brings significant technology and systems to his firm, he still prefers his real estate professionals to operate in an old-fashioned handshake culture. "Say what you mean and do what you say!"

broker of the office.

ner@icloud.com

reach out to Rich Cosner

at 931-777-1100 or richcos-

during the meeting as to why Bedford was under the mark. In Shelbyville the firm Bedford's required will continue to operate 2023 local match for the BEP funding (which the from the Coldwell Banker state is still under today) is office at 1708 N. Main \$14,612,000. But the fiscal Street. The firm currently year 2022 local contribution operates with about 20 real was only \$12,632,639. estate professionals. Harold Therefore, this puts Bedford

Segroves will continue to -13.55%. be the licensed real estate very bottom of funding when For more information compared to other counties

asked where this money

District.

in the South-Central Core When the Times-Gazette

Norma Jean Roles Wright

March 29, 2023

Funeral service for Norma Jean Roles Wright, age 70, of Fayetteville, will be held at 1 p.m. on Sunday, April 2, 2023, at Higgins Funeral Home with Bro. David England officiating. Burial will follow on Wright Way Farm. Visitation with the

family will be held from 4 p.m. to 7 p.m. on Saturday, April 1, 2023, at Higgins. Norma was born

decorating, she enjoyed arranging flowers, and wrapping and giving beautiful gifts. Cooking was another pleasure, and she was known for her grit casserole and homemade Norma was dedicated to her family. She spent countless hours involved in 4-H with her boys and went to many ballgames and activities to support her grandchildren. Always happy, she loved to share her humor and infectious laugh with all of those around her.

Norma had a strong, feisty spirit throughout her life, yet she cared for others in the most humble and selfless way. She gave her family the best example of what true love is Norma passed away March 29, 2023, at Lynchburg

Nursing Center, surrounded by her family. Survivors include her devoted and caring husband of

54 years, Tommy Wright; sons, Grad Wright and his wife Patty, and Will Wright; grandchildren, Grady (Courtney) Wright, Eli Wright, and Libby Wright; brother, Ernie (Brenda) Roles; sister, Tammy (Curtis) Painter; several nieces, nephews, extended family members, and the Wright Paving Family; her dog, Tinker, and her granddog, Dudley Do Right.

Norma was preceded in death by her parents, Boots and Ruth Roles

Memorial Donations may be made to Berry College Animal Science Program, P O Box 490069, Mount Berry, GA 30149. Higgins Funeral Home is honored to serve the family of Norma Jean Roles Wright

should be allocated from —

or if the county was funding

Boutwell and Vick declined

Under the new TISA

funding formula, every school is guaranteed \$6,860

per pupil. More is given to

students and counties who

are considered economically

concentrated poverty, have

limited English or learning

disabilities, or are part of

under this new TISA

if

continues this "slide" of underfunding schools, the

school system will still be

last when compared to how

Under TISA, the state

The TISA local required

is requiring less local

contribution from counties.

contribution is \$13,182,612.

Based on Bedford's fiscal

year 2022 budget, the local

contribution will only be

\$12,632,639, leaving Bedford

at \$549,973 variance or

of a gap as under the BEP

formula, Boutwell and Vick argue this "slide" down

needs to be stopped now

before it continues to grow.

"We have to stop this funding slide," said Vick.

"We have to get in front of

this problem and we have to

have more money dedicated

pay

Boutwell's main point

for bringing up this sliding

down of funding was to

emphasize the importance

of paying and retaining

according to Boutwell, as

Bedford has one of the

highest ELL populations in

Tennessee. Bedford even

has a higher percentage of

ELL students (at 14%) than

Memphis-Shelby County

Schools (at 13%). Bedford's

14% equals to about 1,200

require more resources to

ensure they can become

proficient in the English

language, which is usually

16 students per teacher. This

is a higher ratio compared to

other South-Central counties

who have 14 or 15 students

per teacher, with some

counties, like Perry, with 11

For the county, there are

their second language.

These students typically

This is especially crucial,

teachers in Bedford.

to education..."

Teacher

retention

students.

Though not as severe

other counties fund.

According to Boutwell,

charter school education.

in

Bedford

something too much

Affects TISA

disadvantaged,

funding,

to comment.

Boutwell

(Continued from Page 1) This formula represents

the "capacity" a county has for funding education. That is, the state funds 66% of the BEP on average. But based on local capacity the state can fund as little as 25% or as much as 90%.

So, when it comes to funding the local portion, this is where Maintenance of Effort (MOE) comes into play. This law ensures that local funds budgeted for schools do not decrease as state funding for schools increases, Boutwell explained. Out of 142 school

districts, "in 2022, 96% of local governments funded more than BEP required," Boutwell said. So, who makes up the 4%

who didn't fund more than required? Fayette, Dekalb, Cumberland, Sweetwater, and Bedford.

Of that list, Bedford comes in second to last when it comes to under funding the BEP requirement. The required BEP funding for Bedford is \$14,612,000; Bedford's actual contribution was \$12,633,000 — a -13.5% variance.

Now, the BEP local portion is not required to be funded under law. Boutwell said it is used to determine how much the state funds education for a county. Also, of that 4% list,

Bedford has the highest number of students at 8,950 students. Boutwell's data showed,

comparing Bedford to surrounding counties, excluding Coffee County -City Manchester Tullahoma City schools — gave 69% more than required. Marshall gave almost 15% more. Lincoln gave 19% more. Franklin gave 46% more. When looking at sales tax and property tax, where

school systems get their funding, 34.7% of property and sales tax is allocated to the schools. According to Bedford Mayor County Chad

Graham, 50% of sales tax has to go to schools. This seemed to spread confusion

at a variance of \$1,979,361 or This puts Bedford at the

students per teacher. 'Our county, we have one of the more challenging districts to educate because

of our diversity, particularly our English as a Second Language piece. So with that, it takes greater resources than the average school system," said Boutwell.

June 8, 1952, in Richmond, Virginia to the late Elwood "Boots" and Sarah Ruth Crabtree Roles. She was the cornerstone of Wright Paving and Custom Stone and she cared deeply for her work family. Norma had a knack for

Saturday, April 1, 2023 3A SHELBYVILLE TIMES-GAZETTE

COLDWELL BANKER SOUTHERN REALTY



213 Pineview

4 bedroom home on an extra large lot in a great neighborhood. Large back yard offers luxurious privacy. Attached garage, covered rear porch. Great floor plan. You will feel like you are in the country

Harold Seagroves \$375,000



209 Ashlyn Drive

New Build in Brookhaven Subdivision! No HOA fees! 3 Bedroom 2 Full Bath - 1 half bath, Covered Patio, with attached garage. Walk-In kitchen pantry with stainless appliances included, granite counter tops! Open floor concept with a large storage area under stairs, and a loft area upstairs! Use preferred lender to receive discounts!

Misty Zimmerman \$299,900



107 Stanley Davis Circle

Original owner - first time on the market. This beautiful 3BR, 2BA brick home is situated on slightly over 2 acres in a five home cul-de-sac and is within 2 minutes of Riverbend Country Club and Golf Course. Live in the county and pay no city taxes, but drive to town in less than 5 minutes! The home features front and rear covered sitting porches, an 18'x28' inground pool with 1/2 bath & serving area, a breezewayconnected garage/shop with floored upstairs, a two car attached garage, renovated bathrooms, kitchen, and laundry room. Hardwood, carpet, and tile floors. Kitchen appliances remain, as well as window treatments in LR and DR and all blinds. The garage/shop has potential to be converted to a separate living area. 1 yr home warranty included **Gerald Baker** \$529,900



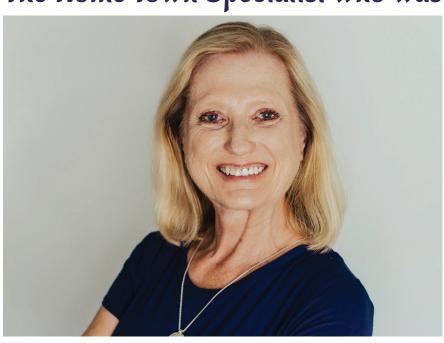
309 Honey Suckle Ln

Beautiful 4 BR, 3 BA home nestled in the beautiful Garden Gate Subdivision. This one floor living home is perfect for entertaining with screened in porch and heated in-ground pool in the backyard. Home has beautiful hardwood floors throughout, large rooms, and granite countertop in kitchen. Master BR has on suite bathroom and double walk-in closets. Kitchen, living, and dining has open floor plan. Backyard is fully fenced. Home has attached 3 car garage and detached 1 car garage. Upstairs is expandable (360 sq ft), and would make a perfect bonus room! Home also has ramps in back, and 36 inch doors to be handicap accessible.

Dianne Arnold \$489.900

Meet Dianne Arnold

The Home Town Specialist who was Born & Raised in Middle Tennessee



931-703-5104 • diannearnold@charter.net

Dianne Arnold is a top producing professional in our local area. She is highly experienced with 23 years in the business. She is certified as a New Home Specialist. Dianne also works with first time homebuyers and gets a thrill out of helping people get into their first home. If you are thinking of listing your home for sale, be sure to reach out to Dianne at 931-703-5104. She will work tirelessly to help you get the absolute top dollar for your property. If you or someone you know is looking to purchase a home, please contact Dianne. She is an expert in the new home building market as well. Once she knows your needs she can connect you with the right builder, find you the right piece of land or help with anything in the new home universe.

Paint roller doubles as a window cleaner

ear Heloise: I just figured out an excellent way to wash the exterior of windows! All you need is a paint roller with the long-handle attachment as well as a paint tray to hold the washing liquid of your choice. Then, for drying, you just need a squeegee that also has a long handle.

I also have one other tip that's about using microfiber cloths for cleaning. Fold them before wiping for streakfree cleaning. Wadding them up in your hand is not going to do the job. -- Mary Anderson, Vancouver, Washington

FAST FOOD MATH HINT

Dear Heloise: I know that many of your readers have children, and as they might know, learning math is a part of children's daily lives. So, when my son was in early elementary school, my husband would play this game with him when we went out for fast food.

My son and I would stake out a table, and my husband would order. He would have a receipt with the order number on it. Then, using just the last two numbers of the order (let's say 24), my husband would say, "When you add them together, you get 6. And when you multiply them together, you get 8. What are the two numbers?"

It was a fun game to enjoy, and my son used it with his daughters when he had children. --Margaret Nelson, Buena Park, California

OVEN RACKS

Dear Heloise: After many years of cleaning all the racks in my ovens, I finally realized that I only use one or maybe two of them at a time, so now I just store the extra racks until I need them, thus eliminating many hours of laborious scrubbing. -- Marilyn Rice, Vancouver, Washington

LEAVING A MESSAGE

Dear Heloise: I wanted to write in concerning Carrie H.'s comments about people not leaving a message on her phones. Both my cell and landline phones' voicemail greetings state: "I screen calls, so if I do not pick up, please leave a message. I will call you back as soon as possible." This has worked well for me for many years. If I am

Hints from Heloise

Heloise

expecting a call back from a repair or service company, I will add their number to my contact list so I can recognize their incoming call. --Tom Cryer, Anaheim, California

PET PAL

Dear Heloise: This is Penny Rose Poodle in a sit-stay command waiting patiently for her reward. She is a 2-year-old Toy Poodle. She's very bright and full of mischief. She loves everyone and also loves shoes! -- Patsy Spindler, in Springfield,

Readers, to see Penny Rose and our other Pet Pals, go to Heloise.com and click on "Pet of the Week."

Do you have a furry friend to share with our readers? Send a photo and a brief description to Heloise@Heloise.com. -- Heloise

Send a money-saving or timesaving hint to Heloise, P.O. Box 795001, San Antonio, TX 78279-5001, or you can fax it to 1-210-HELOISE or email it to Heloise@Heloise. com. I can't answer your letter personally but will use the best hints received in my column.

WELCOME TO ALL THOUGHTFUL VISITORS

Dear Heloise: My teenage grandson came for a visit and was looking for a job for this coming summer. He thoughtfully made his bed each morning, helped clear the dishes off the table after dinner and loaded the dishwasher. He helped me fold laundry, scrubbed out the bathtub and did many more small but helpful gestures without being asked to do them. It was a joy to have him here.

It's always a joy to have people come and visit us, but not when they leave a mess and expect to be waited on hand and foot. With summer on its way, there will be a lot of people visiting family and friends. Please remind your readers that people who visit are always welcomed back when they help out around the house. -- Janet K.. Milwaukee

Please enter subscriptions to the Shelbyville Times Gazette. Subscription pricing is as follows:

In County Mail 3 months \$28.75 6 months \$58.50

1 year \$98.75

* Call for other subscription options.

State: Mail with payment enclosed to:

Shelbyville Times-Gazette P.O. Box 380 Shelbyville, TN 37162



items to tgnews@t-g.com, notify us on Facebook, call 931-684-1200 or stop by our office, 323 E. Depot St.

Send Community Calendar

TODAY

Underwater Egg Hunt

Shelbyville Parks & Recreation's Underwater Egg Hunt is Saturday, April 1 at Shelbyville Recreation Center for ages 3-13. Starting times vary by age from 9-10:30 a.m. A mandatory \$4 preregistration fee includes free all-day swimming. Register at the Rec Center or its website.

Book signing

Shelbyville-Bedford County Public Library will host an author presentation and book signing with Dr. Lona Bailey of Manchester at 10 a.m. Saturday, April 1, in the Community Room. Bailey's newest book, "The Voice of Villainy," covers the life and work of actress Betty Lou Gerson from Chattanooga, the voice behind the original "Cruella Vil from Disney's One Hundred and One Dalmatians." The event is free to attend for all ages. For more information call 931-684-7323.

SCHS '57 reunion

Shelbyville Central High School's Class of 1957 will meet at the back parking lot of King's Museum (the old SCHS) on Saturday, April 1, at 9:30 a.m. They will tour the museum and then meet at Legends, 1609 N. Main St., at 11:30 a.m. for their reunion. Guests are welcome.



Easter egg hunt

First Community Bank will host a free Easter egg at 1 p.m. Saturday, April 1 at its main office, 207 Elm St.

Flat Creek meeting

Flat Creek Community Center's monthly potluck will be held Saturday. April 1 at 6 p.m. at the center, 115 New Herman Road. Al Simmons, president of Bedford County Historical Society, will discuss the history of Flat Creek.

SUNDAY

Soup Kitchen fundraiser

Shelbyville Community Soup Kitchen will be hosting a fundraiser on Sunday, April 2, from 11 a.m. to 2 p.m. at 336 S. Cannon Blvd. A portion of the proceeds will be shared with Gateway Church, which provides them storage space, facilitates clothing, and distributes additional To-go orders available. Reservations are appreciated but not required.

MONDAY

Good Samaritan Bag Day

The Good Samaritan Bag Day will be Monday, April 3, from 12 noon to 2 p.m. at 201 E. Highland.

VFW Meeting

Wars, Post 5019, and its Auxiliary will hold their monthly meeting Monday at the VFW Post on Depot Street. Dinner is at 6 p.m. with a business meeting for members immediately following. For more information, contact Post Commander Mike Ruess, 931-249-1566.

The Veterans of Foreign

WEDNESDAY

Card making class

Senior Citizens Center will be offering a card making class every Wednesday, beginning April 5, at 10 a.m. Call Nellie at 684-0019 to sign up.

APRIL 8

Paper-postcard

The 19th Shelbyville Regional Postcard & Paper Memorabilia Show will be held from 9 a.m,-3 p.m. Saturday, April 8 at The Fly Arts Center. A dinner, speakers and a silent and live auction are scheduled.



Easter egg hunt

Blankenship United Methodist Church, 3602 Midland Road, will host an Easter egg hunt Saturday, April 8 at 10 a.m. Children through fifth grade are invited. Refreshments will follow.

Bell Buckle egg

Bell Buckle Volunteer Fire Department will hold its annual Easter Egg Hunt on Saturday, April 8, at 2 p.m. at Bell Buckle Park for children ages to 10 years.

VFW Breakfast

The Veterans of Foreign Wars, Post 5019, and its Auxiliary will host their 2nd Saturday of the month FUNDRAISER BREAKFAST Saturday, April 8, from 7 a.m. to 9:30 a.m. at the VFW Post, 1320 Depot Street. Home cooked food, including country ham and pork loin, will be available. Carry-outs are available. For more information call Alex at 615-513-7959. The food for this fundraiser has been donated by HUMANA.

APRIL 10

Arts Council program

Bedford County Arts Council will hold Potluck Monthly their and Program on April 10 beginning at 6 p.m. The featured artist for April and May is Tony Teal. Guests are encouraged to bring a friend, bring a dish, and join the Bedford County Arts Council as they welcome the former Shelbyville resident and talented artist. Exhibit starts at 6:30 p.m.

APRIL 13

Community meeting A community meeting

for District 3 residents led by Commissioner Troy Thompson will be held on Thursday, April 13 at 6:30 p.m. at the Community

Middle School Theater.

COMMUNITY CALENDAR

APRIL 15

Benefit for Hope

The Youth Leadership

Bedford Class of 2022-23 will host Benefit for Hope, to help minimize the stigma surrounding mental health, from 4:30-8 p.m. Saturday, April 15 at Shelbyville Central High School. Tickets are \$20 and include dinner, speakers and a silent and live auction. Tickets are available at the Shelbyville-**Bedford County Chamber** of Commerce website. For more information email ylb. benefit for hope @gmail.com.

Lanier Family Fish Fry

The Lanier Family Reunion Committee is sponsoring its Annual Fish Fry and Auction on Saturday, April 15, at the Eagleville Community Center located at 317 Highway 99, Eagleville. The time is 11 a.m. to 4 p.m. The public is invited to enjoy the occasion.

APRIL 17

Election Commission

The Bedford County **Election Commission will** meet on April 17, 2023 at 8:30 a.m. in the Election Commission Office. For more information go to www.bedfordcountytn.gov/ departments/elections/index.

APRIL 21

SNAP talk

Bonnie Walker with SNAP (Supplemental Nutritional Assistance Program), will be at the Senior Center on Friday, April 21 at 9 a.m. to discuss the program and to call BINGO. Call Nellie at 684-0019 if you would like to attend.

APRIL 22



Barbecue cookoff

Shelbyville Moose Lodge #2197 will hold its 14th annual barbecue cookoff Saturday, April 22. For more information call the lodge, 931-684-9137.

Glow in the Park 5K

The eighth annual Glow in the Park 5K will be Saturday, April 22 at 8 p.m. at H.V. Griffin Park. Fee is \$25 in advance, \$30 day of race. Register before April 1 at Shelbyville Recreation Center or its website to be guaranteed a free t-shirt.

APRIL 25

Book sale Friends of the Library

Book Sale will be Tuesday, April 25-Saturday, April 29 from 9 a.m. until an hour before closing each day. Used hardcover books

are \$1 each, paperbacks are 50 cents each, and DVDs and audiobooks \$1 each. To volunteer, call 931-684-7323.

APRIL 27

Saturday, April 1, 2023

Junior's House meets

Junior's House Child Advocacy Center is hosting a Bedford County Town Hall Meeting April 27 at 6 p.m. at Edgemont Baptist Church, 150 Fairfield Drive. Guests will get an inside look into the organization.

APRIL 29

Fern sale



Boston and Kimberly ferns will be on sale from 8-11 a.m. Saturday, April 29 at the Wartrace well house. Proceeds will go to the Wartrace gym. For more information or to place an order see Friends of Wartrace Gym on Facebook or call Beverly Saylor, 931-205-4702 or Claudia Curl, 931-703-4605.

ONGOING

Meals on Wheels

Shelbyville Senior Citizens Center is in need of Meals on Wheels volunteers to deliver meals to the homebound of Shelbyville. For more information, call 684-0019 and ask for Amy Wilson.

Soup kitchen

Shelbyville Community Soup Kitchen serves meals from 3:30-5 p.m. Tuesdays and Thursdays at 336 S. Cannon Blvd. (corner of South Cannon Boulevard and Pickle Street). Donations may be made to Shelbyville Community Soup Kitchen, P.O. Box 2259, Shelbyville, TN 37162, and are tax deductible under 501(c3) non-profit designation.

Boxed non-perishables are available. Takeouts are no longer distributed.

Head Start

Bedford County Head Start Centers are taking applications. For more information or to complete an application contact any Head Start Center. Phone numbers are: Wartrace 931-389-6406, Harris Head Start 931-773-0033, North Side Head Start Center 931-773-0141, and Bedford Early Head Start 931-685-0876. Head Start is a free child development program for children 6 weeks to 3 years and their families. Early Head Start enrolls pregnant women for monthly prenatal educational visits.

Celebrate Recovery

Celebrate Recovery meets each Monday at 6 p.m. at International House of Prayer, 865 Union St. Attendees do not have to be a church member. For more information call Doug, 931-703-3159.

Name:



323 E. Depot St. • P.O. Box 380 • Shelbyville, Tenn. 37162 • 931-684-1200 • Fax 931-684-3228

The Bedford County Times (Est. 1886) The Shelbyville Gazette (Est. 1874) Consolidated Feb. 1, 1948

Copyright 2019. The Shelbyville TIMES-GAZETTE (USPS 492-660) is published Tuesdays and Saturdays except on or about New Year's Day, Independence Day, Thanksgiving and Christmas, by Holler Media, LLC, 323 E. Depot St., Shelbyville, TN 37162. Periodical postage paid at Shelbyville, TN 37162. POSTMASTER: Send address changes to 323 E. Depot St., P.O. Box 380, Shelbyville, TN 37162.

Zoe Haggard, Staff Writer ...

PAGINATION: .Ext. 109 Mary Cook ..Ext. 109

NEWS DEPARTMENT: tgnews@t-g.com

David Melson, Copy Editor ..

Chris Siers, Sports Editor ..

Monday - Friday office lobby 9 a.m. - 4 p.m. CLASSIFIED ADVERTISING: ... Ext. 108

DISPLAY ADVERTISING: Diandra Womble, Ad. Director/General Manager ... Ext. 101 OFFICE: office@t-q.com



Call 684-1200 for rates.

CIRCULATION & SUBSCRIPTIONS:

2020 PRESS MEMBER

..Ext. 105

Pope showing 'marked improvement,' could leave hospital soon

ROME (AP) — Pope Francis showed a "marked improvement" Thursday after being given intravenous antibiotics for a bronchitis infection and could be released from the hospital in the coming days, the Vatican and his doctors reported.

The 86-year-old pontiff, who had part of one lung removed as a young man, ate breakfast, read the newspapers, rested and worked from his hospital room at Rome's Gemelli hospital, according to Vatican spokesman Matteo Bruni.

An additional update provided late Thursday by doctors revealed Francis had been diagnosed with bronchitis. The infection "required the administration of antibiotic therapy on an infusion basis which produced the expected effects with a marked improvement in his state of health," the doctors' statement said.

"Based on the expected course, the Holy Father could be discharged in the coming days," it concluded.

The timeframe brought into question Francis' participation in Palm Sunday Mass in St. Peter's Square this weekend, as well as his presence during Holy Week activities. They include Holy Thursday, Good Friday, the Easter Vigil and Easter Sunday on April 9.

Francis was hospitalized Wednesday after having trouble breathing in recent days.

It was the first time he had back to Gemelli since he had 33 centimeters (13 inches) of his colon removed and spent 10 days there in July 2021.

Despite his absence, the Holy See was abuzz with activity Thursday: Two Vatican offices issued a historic statement repudiating the "Doctrine of Discovery," the legal theory backed by 15th century papal bulls that legitimized the colonial-era seizure of Native lands and form the basis of some property law today.

And there was continued fallout over the sudden resignation of a founding member of the pope's sex abuse prevention board, with Boston Cardinal Sean O'Malley pushing back against Rev. Hans Zollner's critiques in his remarkable resignation statement issued the previous day.

He said soon after the intestinal surgery that he had recovered fully and could eat normally. But in a Jan. 24 interview with The Associated Press, Francis said his diverticulosis, or bulges in the intestinal wall, had "returned."

Francis has used a wheelchair for over a year due to strained ligaments in his right knee and a small knee fracture, though he had been walking more with a cane of late.

Francis has said he resisted having surgery for the knee problems because he didn't respond well to general anesthesia during the 2021 intestinal surgery.

Ancient wisdom for modern life Blessed are the peacemakers: for they shall be called the children of God. Matthew 5:9 (KJV) Do you strive for peace, or are you constantly at odds with others? Believers are peacemakers. They understand the value in diplomacy and use it whenever possible to resolve conflict and bring peace to the world. Rarely is it easy, but it is what

US Navy deploys more chaplains for suicide prevention

NAVAL STATION NORFOLK, Virginia. (AP) — On Navy ships docked at this vast base, hundreds of sailors in below-deck mazes of windowless passageways perform intense, often monotonous manual labor. It's necessary work before a ship deploys, but hard to adjust to for many already challenged by the stresses plaguing young adults nationwide.

Growing mental health distress in the ranks carries such grave implications that the U.S. chief of naval operations, Adm. Michael Gilday, answered "suicides" when asked earlier this year what in the security environment kept him up at night.

One recently embraced prevention strategy is to deploy chaplains as regular members of the crew on more ships. The goal is for the clergy to connect with sailors, believers and non-believers alike, in complete confidentiality.

"That makes us accessible as a relief valve," said earlier this month Capt. David Thames, an Episcopal priest who's responsible for chaplains for the Navy's surface fleet in the Atlantic, covering dozens of ships from the East Coast to Bahrain.

The families of two young men who killed themselves in Norfolk said chaplains could be effective to facilitate access to mental health care. But they also insist on accountability and a chain of command committed to eliminating bullying and engaging younger generations.

"A chaplain could help, but it wouldn't matter if you don't empower them," said Patrick Caserta, a former Navy recruiter whose son, Brandon, 21, killed himself in 2018.

— EDITOR'S NOTE — This

story includes discussion of suicide. The national suicide and crisis lifeline is available by calling or texting 988. There is also an online chat at 988lifeline.org

Mental health problems, especially among enlisted men under 29, mirror concerns in schools and colleges, exacerbated by the isolation of the COVID-19 pandemic.

But chaplains, civilian counselors, families of suicide victims, and sailors from commodores to the newly enlisted say these struggles pose unique challenges and security implications in the military, where suicides took the lives of 519 service members in 2021, per the latest Department of Defense data.

"Mental health permeates every aspect of our operations," Capt. Blair Guy, commodore for one of the destroyer squadrons based in Norfolk, said via email.

His squadron's lead chaplain, Lt. Cmdr. Madison Carter, is working on recruiting three new chaplains, who are both naval officers and clergy from various denominations. The Baptist pastor said most of his talks with sailors involve not faith but life struggles that can make them feel unfulfilled and lose focus.

Sailors can carry the routine angst of young adults, from political polarization to breakups to broken homes, which some enlist to escape. Onboard, disconnected from their real and virtual networks — most communications are off-limits at sea for security — they lack the usual coping mechanisms, said Jochebed Swilley, a civilian social worker on the USS Bataan, an amphibious assault ship.

"Eighteen to 21-year-olds don't know life without smartphones," said Kayla Arestivo, a counselor and advocate whose nonprofit helps service members and veterans near Norfolk. "If you remove a sense of connection, mental health plummets."

Chief Legalman Florian Morrison, who's served on the Bataan for more than two years, said faith is what helped him "re-center" after losing three shipmates to suicide.

"It can be overwhelming... if you feel alone and you've nobody to reach out to," Morrison said in the chapel set up in the ship's bow. "A streamlined pathway to mental health would help."

Even docked, ships are far from stress-free, as sailors constantly navigate steep ladderwells and pressurized, hulking doors under the glare of fluorescent lights and the constant hum of machinery.

Space is so tight and regimented that a challenge across the fleet is where to squeeze in offices for new chaplains, said Cmdr. Hunter Washburn, commanding officer of the destroyer USS Gravely.

A Navy chaplain's role is akin to a life coach, helping young sailors find their footing as adults in an environment that looks far more different from the civilian world than it did in previous generations.

"A lot haven't found that grounding yet. They're looking," said Lt. Greg Johnson, a Baptist chaplain who joined the Bataan in December.

Clergy need to engage with people of different or no faith who might be initially turned off by the cross or other religious symbols on their

uniforms.

"I want the people who can be uncomfortable and still be the bear-

ers of God's presence," Carter said.
Sailors call them "deck-plating

chaps" – chaplains striking up a conversation with their shipmates in the mess decks or during night watches, in addition to keeping an open-door policy at all hours.

you must do if you are a child of God.

Lt. Cmdr. Nathan Rice, a Pentecostal chaplain serving a destroyer squadron at Norfolk, estimates he did 7,000 hours of counseling over 12 years. Long lines of sailors waiting to talk often formed outside his door.

"They're grinding on a ship or serving food on a mess line, that's not what they expected. So we help to find their meaning and purpose," Rice said. "When their life is not going the way they think it should be going, I'll be blunt and ask, 'Why haven't you killed yourself?'"

Focusing on the answers – the "anchors" to the sailors' will to survive – has helped Rice talk some down from the ledge, including a corpsman who, while discussing suicide dreams, suddenly cocked his weapon and told Rice, "I could do it right now."

Lt. Cmdr. Ben Garrett has also diffused several suicide situations in the more than a decade he's been a Catholic chaplain, for the past eight months on the Bataan, which when underway carries 1,000 sailors, 1,600 Marines and three other chaplains. But last fall, he officiated the memorial for a suicide victim.

"There were sailors in the rafters," he recalled. "It affects the whole crew"

whole crew."

Most profoundly, suicide impacts surviving families. Kody Decker was 22 and a new father when he killed himself at a maintenance facility in Norfolk, where he was transferred after struggling with depression on the Bataan, according to his father,

Robert Decker.

He's not sure if talking to a chaplain would have made a difference with Kody, though speedy implementation of the Brandon Act might have. The bill, named after the Casertas' son, aims to improve the process for mental health evaluations for service members.

But Decker hasn't given up on either the Navy or God.

"My whole fight is about not having other families like us," he said as a tear rolled down his cheek. "I pray to God every night, for help, for healing, for strength. I'm not a quitter. But it's hard."

Associated Press religion coverage receives support through the AP's collaboration with The Conversation US, with funding from Lilly Endowment Inc. The AP is solely responsible for this content.

ACTIVITIES

Send church news and events to tgnews@t-g.com.

Baptist

Calvary Baptist Church on April 2 will have their Children Easter Play at 10 a.m. Sunday School at 9 a.m.

"Crucified for You" from Hebrews 12:2 will be the message at Edgemont Baptist Church at 6 p.m. on Good Friday. An Easter egg hunt is scheduled from 11 a.m.-1 p.m. Saturday, April 8, at the church. The Praise Choir will present "What a Savior" at 10 a.m. Easter Sunday; the message will be "He Has Risen" from Mark 16:1-8.

"Lesus' Triumphant Entry" from Matthew 21: 8-11

"Jesus' Triumphant Entry" from Matthew 21: 8-11 will be Pastor Bobby McGee's message Sunday at **Grace Baptist Church.**

New Bethel Baptist Church will have an Easter Sunrise service at 7 a.m. A breakfast will follow. The regular 10 a.m. service will be held.

The Sevier Street First Baptist Church will sponsor an Easter Egg Hunt on April 8, 2023, beginning at 12 noon. The community is welcome. On April 16 at 10 a.m. The Sevier Street First Baptist Church will celebrate Pastor R.C. Verge 59th Year of Pastoring God's People. Pastor Sedrick Davis and God's House of Restoration Church of Christiana will be our special guest. Lunch will be served after the service.

Christian (Disciples of Christ)

First Christian Church invites all to worship as they celebrate Pal Sunday at 10 a.m. Sunday. Children's graded worship and nursery are also available at 10 a.m. They also invite all to their Maundy Thursday Worship on April 6 at 6:30 p.m. as they learn about the Passover Meal that Jesus celebrated with the disciples in the Upper Room.

Church of Christ

The sermon series "The Fight" by Lance Bennett continues at **Fairlane Church of Christ.** Sunday's sermon will be "The Remnant" from Romans 11: 1-6. Services are livestreamed and broadcast on WLIJ (98.7 FM/1580 AM/wlijradio.com). Iglesia de Cristo-Fairlane continues the "Fruits of the Spirit" sermon series by Luis Olivo with "Patience" from Galatians 5:22-23.

The lesson at Southside Church of Christ on Sunday at 10 a.m. will be "Three Essential Truths About Jesus" from Philippians 2:5-11. Sunday night service at 6 p.m. will be led by Brian Nicholson who will lead through a study of Colossians. Lessons are live streamed on Sunday at 10 a.m. and Wednesday at 6:30 p.m. Visit their website at cofcsouthside.com.

Methodist

Blankenship United Methodist Church will hold a Maundy Thursday service at 7 p.m. in the main sanctuary. An Easter egg hunt will be held at 10 a.m. Saturday, April 8 in the main sanctuary. An Easter sunrise service will start at 6 a.m. in the pavilion behind the church, followed by breakfast. A traditional Easter service and an Easter cantata performed by the choir will begin at 9 a.m. in the sanctuary.

Pastor Abe Zimmerman's sermon at **Shelbyville First United Methodist Church** will be "I Thirst" from Mark 14:32-25 and John 19:28-30. On Palm/Passion Sunday, worship service will be at 10 a.m. Their service is also livestreamed on Facebook and broadcast on WLIJ 1580 AM

Presbyterian

First Presbyterian Church's service for this Sunday, Palm Sunday, will be held at 10 a.m. led by Pastor Jim Moran. All services are streamed live on Facebook. Sunday School starts at 9 a.m. They have all age groups and a nursery available for the little ones. They would love to see some new faces and hope you can join them on Sunday at 9 a.m. for Sunday School and 10 a.m. for their worship service.

CONEXON/UNITED COMMUNICATIONS (TN) PUBLIC RFP AD POSTING

FTTH Construction Services – Request For Proposal for United Communications

The United Communications-(TN) FTTH
Construction Project will be issuing a Public
Request For Proposal (RFP) for Field Data
Collection, Construction & Drop Materials,
Make Ready Engineering Services, Make Ready
Construction, FTTH Construction, FTTH Drop
Installation Services and FTTH Customer Premise
Installation Services. You must reply by 5pm CT
on April 25th, 2023. The RFP letter

on **April 25th, 2023.** The RFP letter and bid details will be sent via email to those who respond by the deadline.

Please submit interest to:

USE PROJECT CODE: United Communications-TN

URL: https://conexon.us/RFP



TIMES-GAZETTE

IF YOUR CUSTOMERS ARE IN BEDFORD COUNTY, THEY'RE READING THE SHELBYVILLE TIMES GAZETTE

Advertise Today!



Fifth graders getting ready to perform.

Liberty School Fine Arts Night

he Liberty School hosted their Fine Arts Night on March 23 to showcase all of the students' arts and accomplishments. These artists got to display their fun sculpture creations—some good-looking enough to eat—along with their musical performances.

Submitted photos



The choir performing as a welcome.



Art club food truck sculptures.



Fourth grade cupcake sculptures.



Third grade donut sculptures.



Fifth grade plaster cake slices.



Kindergarten students decked out in their best western gear.

Harassment cases reported this week

T-G STAFF REPORT

A woman working on a job site reported a male co-worker "smacked her on her butt," according to a recent Bedford County Sheriff's Office report. The woman said this was unwanted attention but when she confronted her co-worker, she said he "just laughed and made some inappropriate comments."

The woman told officers she also informed her boss and supervisor about the incident, but that "nothing has been done about it." The report states that the woman is also receiving harassing texts from the same

Another woman claimed her ex-boyfriend was continually contacting her even after she blocked his number.

The woman showed Officer Jacob Miller her phone which had a "large number of missed calls and texts" from her ex-boyfriend, according to a sheriff's office report. The report also said the ex-boyfriend continued to call the woman while she was speaking with law enforcement. Officer Miller said he spoke to the ex-boyfriend and advised him to stop contacting her.

However, reported 90 minutes later after law enforcement left that the ex-boyfriend was still contacting her by calls and texts.

The woman was informed on how to file an order of protection.

A man claims he was blackmailed by a Nashville woman he met on an online dating app. The man told officers they had sent each other nude photos. But the man claims he received a message stating that if he did not send her \$300, she would send the nude photo to everyone on his Instagram account, according to the sheriff's office report. He was advised to file a report with the local department.

Thefts

•A woman reported that someone had used her debit card to withdraw \$336 from an ATM last

•A TV was reported stolen on Unionville Road on Monday.

Jail intake

The following were charged since Thursday by the Shelbyville Police Department, Bedford Sheriff's Office, Tennessee Highway Patrol or 17th Judicial District Drug Task Force. They are only charged; guilt or innocence will be determined by the courts.

•Rosalinda Amaro, 19, Landers Street; failure to yield, no driver's license/exhibited on demand; released on recognizance

•Hugo Alberto Gonzalez, 33, Lexington Cove Boulevard; violation of order of protection; released, \$5,000 bond

•John Kinnard Johnson, 62, Rockvale; capiases (two counts), failure to appear; no bond

•Kerrenako Letoi Kinzer, 44, Columbia; violation of probation; released on recognizance

•Gabrielle Renee Malone, 29, Smyrna; violation of probation; released, \$5,000 bond

•Hailey Jameen Matherly, 18, Old Columbia Road, Unionville; no driver's license/exhibited on demand, speeding; released on recognizance •Jamie Lee Medley, 25, Couch

Lane; criminal impersonation, introducing contraband in penal institutions, possession of drug paraphernalia, theft of property;

 Mateo Leonardo Ramirez, 22, Deery Street; simple possession; released on recognizance

•Gumercindo Ramos-Majia, 31, Nashville; child abuse/neglect/ endangerment, child restraint law, DUI, light law, no driver's license/ exhibited on demand; released,

•Kerry Yavagious Ransom, 22, Bates Street; violation of order of protection; \$5,000 bond

•Shelby Diane Ray, 23, Springdale Avenue; violation of probation; released, \$1,000 bond

•Trenton Alexander Ray, 26, homeless; criminal simulation, criminal trespassing, theft of property, violation of probation; \$11,000 bond •Jessica Marie Reed, 34,

Buzzard Roost Road, Unionville;

cruelty to animals, driving on a suspended license, financial responsibility, violation of registration law; \$5,000 bond

 Curtis Dean Stacey Jr., 39, Centerville; attachment; released, \$3,700 bond

•Colton Tyler Whorley, 30, Fairlane Drive; simple possession, speeding; released on recognizance •Fausto Aguirre Peralta, 37,

Ranchero Drive; no driver's license/exhibited on demand, speeding; released on recognizance •Dane Oden Allen, 39,

Petersburg; driving on a revoked license, financial responsibility; released on recognizance •Eligio Alvarez Rodriguez, 18,

Maple Street; DUI, no driver's license/exhibited on demand, traffic control device (stop sign), violation of drinking age law; \$7,500 bond •Tommy Lance Bailey, 49, Bird

Street; attachment, driving on a revoked license, violation of probation (two counts); \$21,000 bond

•Sharon Elizabeth Clark, 51, Sunset Street, Unionville; assault; released, \$250 bond •Noe (NMN) Giron, 43, Ward

Circle; driver to exercise due care, no driver's license/exhibited on demand; released on recogni-Oscar (NMN) Hernandez-

Cardenas, 33, Durum Street; driver to exercise due care, no driver's license/exhibited on demand; released on recognizance

•Domingo Lopez-Coj, 22, Railroad Avenue; violation of probation; released, \$500 bond

•Deontre McClain (Farris), 22, Columbia; violation of probation;

•David Allen Mencer, 37, Lewisburg; theft of property, violation of order of protection; \$7,000 bond

•Tyler Scott Petty, 25, Fayetteville; violation of probation; \$2,500 bond •Justin Dwayne Pickle, 37,

Peacock Lane; attachment, violation of order of protection; \$3,500 •Rhonda Michelle Sandoval,

53, Shelbyville; capias, failure to appear; released on recognizance •Silver Sical Garcia, 22,

Nashville; no driver's license/ exhibited on demand; released on •Eathon Jerome Stitt, 22, Eady

Road; criminal impersonation, possession of schedule 4 drug, violation of probation; \$9,500 •Jordan Caleb Turner, 22,

Murfreesboro; driving on a suspended license, texting while operating a motor vehicle; released on recognizance •Jacob Christian Ward, 25,

Hunter Lane; violation of probation; \$2,500 bond

OFFICER RECOGNIZED



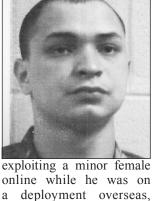
The Shelbyville Police Department recognizes officers and support staff on their employee anniversary date for their respective years of service with the City of Shelbyville Police Department. This week, Officer Jeremiah Guinn celebrated one year of service. Officer Guinn is assigned to the A-nights shift patrol division.

Soldier charged with solicitation, sexual exploitation

FRANKLIN COUNTY An investigation by

special agents with the Internet Crimes Against Children (ICAC) Task Force of the Tennessee Bureau of Investigation has resulted in the arrest of a Ft. Campbell soldier. Army Criminal

Investigators and TBI agents with the ICAC Task Force began an investigation after receiving information that an individual, later identified as Adrian Tejeda, 23, had been soliciting and



including sending a sex

device to the child at her

parents' residence. On March 26, Tejeda returned to Ft. Campbell from deployment and was met by Army and TBI agents. He was arrested and charged with one count of Sexual Exploitation of a Minor, one count of Solicitation of a Minor, and one count of Soliciting Sexual Exploitation of a Minor by Electronic Means. He was transported to the Franklin County Jail and booked on a \$225,000

Brooks Healing Center celebrates one year

NORMANDY - Brooks Healing Center will celebrate its one-year anniversary with a belated ribbon cutting ceremony on April 6, 2023 at 12 p.m. The Shelbyville Bedford County Chamber of Commerce will be attending the event. "As we worked hard to

get the facility up and running, we never took the time to celebrate," Founder Tyler Bowman said. "But after a great first year of hiring new staff and helping people from all over the state, we want to take a moment to celebrate our accomplishments." Tyler has been meeting

with individuals and organizations across Tennessee over this past year, even appearing on various news outlets to share his own story of addiction and recovery.

Alongside Tyler, Brooks Healing Center is run by a team of specialists who have first-hand experience with the struggles of substance abuse and cooccurring mental health issues often unaddressed in many patients. "This place saved my

life," an alumni's testimony reads, "Not only is the property absolutely beautiful, but the dedicated staff are some of the greatest humans I've ever met." Brooks Healing Center

is just an hour and a half away from central cities like Nashville and Chattanooga. During treatment, patients will be close to city comforts yet separated enough from the real world so they can heal in peace.

The facility is tucked against the meditative and calming backdrops of luscious green fields. Patients find themselves in a relaxing and supportive environment that helps leave the pressures of life behind as they take their first steps on the road to recovery.

BHC specializes in therapeutic programs including 12-Step, music therapy, animal therapy, and so much more to offer individualized care for each patient that comes through their doors. BHC mainly serves the Middle Tennessee area but welcomes anyone outside of the region interested in finding treatment in rural Tennessee. The ceremony will be at 1100 Cortner Rd, Normandy, and is

open to the public. **About Brooks**

Healing Center Located between Nashville and Chattanooga, Brooks Healing Center provides addiction treatment care that is individualized for each patient's unique situation. To learn more about Brooks, visit their website: https://brookshealingcenter.

911 recordings show terror at Nashville school during attack

the second grade hallway,

upstairs" the second man

says. "White man. With

camouflage. He had a vest

shots were fired, a woman

responds, "I heard about

10 and I left the building."

started just before 10:13

a.m., a woman tells a dis-

patcher that she can hear

gunshots and that she's

hiding in an art room clos-

body is shooting guns," the

caller says. She then notes

that there had been a pause

The dispatcher asks if

in the gunshots.

"It sounds like some-

In another call that

Asked about how many

on and an assault rifle."

NASHVILLE, Tenn. (AP) — Nashville authorities released 911 calls on Thursday that capture the terror inside a Christian elementary school during an attack this week in which three children and three adults were killed, as callers pleaded for help in hushed voices as sirens, crying and gunfire could be heard in the background.

Police released recordings of three 911 calls made during Monday's attack at The Covenant

In one, a man tells the dispatcher he is with a group of people, including several children, who are walking away from the school toward a main road. Although the man remains calm, the tension and confusion of the situation are clear, with several adults speaking over each other and children's voices in the background. When the dispatcher

The teacher then says she can hear more gunshots, and muffled thuds can be heard. "I'm hearing more requests a description of the shooter, the caller asks

school.

"Please hurry." Another caller says he is in a room on the sec-

heard in the background.

shooter at our church," he says, later adding: "I'm on the second floor in a room. I think the shooter is on the second floor."

and Three adults three 9-year-old children were killed in the attack. Authorities say police shot and killed the assailant, a former student they identified as 28-year-old Audrey

The release of the recordings came as people protested at the Tennessee Capitol on Thursday in favor of tighter gun controls, haranguing the Republican-led Legislature to take action. Chants of "Save our

she was in a safe spot and children!" echoed noisily says two other callers also in the hallways between reported gunshots at the the state Senate and House "I think so," the woman chambers, with protesters setting up shop inside says, as children can be and outside the Capitol. Some silently filled the Senate chamber's gallery, including children who held signs reading "I'm nine" - a reference to the age of the kids who died. Most protesters were removed from the gallery after some began yelling

"Children are dead!"

shots," the caller said. down at the lawmakers,

ond floor and asks the dispatcher to send help.

the line. "All I saw was a man holding an assault rifle shooting through the door.

a second man to get on

It was — he's currently in "I think we have a

Exploring folklife and archaeology in state parks

NASHVILLE - The Tennessee State Library & Archives will host the final two speakers for the Legacy of Tennessee State Parks Lunchtime Speaker Series with Park Manager Bob Fulcher today, April 1, and Archaeologist Aaron Deter-Wolf on April 14, with each talk from noon to 1 p.m.

"I encourage anyone interested in Tennessee

history or culture to join us on their lunch break for Legacy of Tennessee State Parks Lunchtime Speaker Series," said Secretary of State Tre Hargett. "We are fortunate to have leading experts on Tennessee folklife and archaeological discoveries in Tennessee's state parks as our guest speakers.' Park Manager at Justin P. Wilson Cumberland

will explore the legacy of the Tennessee State Parks Folklife Project during his talk today from noon to 1 p.m. To make a reservation to attend in person, visit bit.ly/TSLASS3. Fulcher started the Tennessee State Parks Folklife

Trail State Scenic Trail State Park, Bob Fulcher,

Project in 1979 to document Tennessee folk artists' music and craft traditions. The project's efforts led to audio recordings and photography collections showcasing Tennessee folklife, of which many are housed at the Tennessee State Library & Archives. Fulcher has worked in Tennessee State Parks for

more than 40 years, from his first job as a seasonal employee in Pickett State Park to his current role as park manager at Justin P. Wilson Cumberland Trail State Scenic Trail State Park. For his work, Fulcher has received the American Folklore Society Botkin Prize and the Tennessee Governor's Folklife Heritage Award.

The final Legacy of Tennessee State Parks Lunchtime Speaker Series event will take place on Friday, April 14, from noon to 1 p.m. with guest speaker Archaeologist Aaron Deter-Wolf.

During the lecture, Deter-Wolf will discuss managing and preserving ancient Native American sites on State-owned lands and archaeological discoveries in Tennessee's state parks. To make a reservation to attend in person, visit bit.ly/TSLASS4.

Aaron Deter-Wolf has worked as an archaeologist with the Tennessee Division of Archaeology in Nashville since 2017. He has authored professional journal articles and contributed to scholarly volumes on archaeology, including the books Baking, Bourbon, and Black Drink: Foodways Archaeology in the American Southeast and Ancient Ink: The Archaeology of Tattooing. His most recent book, Mastodons to Mississippians: Adventures in Nashville's Deep Past, was honored with the Tennessee Library Association's 2022 Tennessee History Book Award.

After each presentation, in-person attendees are invited to view the Library & Archives' Legacy of Tennessee State Parks exhibit, which is open now until May 13, in the Lobby.

This Lunchtime Speaker Series event will be in person and livestreamed on the Library & Archives' Facebook page. In-person attendees are welcome to bring their lunch. The events are FREE to the public.

The Library & Archives is located at 1001 Rep. John Lewis Way North on Bicentennial Capitol Mall State Park. Parking is available for guests in the Library & Archives garage on Jackson Street/Junior

For the latest information about the Lunchtime Speaker Series, follow the Library & Archives social media channels, Facebook: Tennessee State Library & Archives and Instagram: @tnlibarchives. To learn more about the Library & Archives or schedule a research visit, call 615-741-2764, email ask@tsla. libanswers.com or visit sos.tn.gov/tsla/plan-your-



Caring for Covenant Fund established by CFMT The Community Foundation of Middle Tennessee has

established a new fund to help the victims of the Covenant School in Nashville on Monday. Hal Cato, CEO of CFMT, said in a recent press release,

"The Community Foundation of Middle Tennessee is heartbroken by the horrific and senseless shooting that took place on Monday, March 27, at The Covenant School here in Nashville. Because of the outpouring of love from our generous and thoughtful community, we have established the Caring for Covenant Fund to manage the dona-

tions made in response to this tragedy." Gifts can be made to the Fund at www.cfmt.org/cov-

All donations made to the Fund, minus credit card fees, will be directed to The Covenant School to support the healing of those affected by this tragedy.

Together, the CFMT hopes to send a message of love and compassion to the entire Covenant community. About the CFMT

The Community Foundation exists to promote and facilitate giving in the 40 counties of Middle Tennessee and beyond. It does this by accepting gifts of any size from anyone at any time and encourages individuals, families, companies, nonprofits, and communities to respond to needs and opportunities that matter. The Community Foundation works with people who, whether or not they have great wealth, to craft solutions that reflect the intentions and goals of their charitable endeavors. For more information, call 615-321-4939 or visit www.cfmt.org.

DREMC PROGRESS



Members of the Shelbyville Rotary Club heard about Duck River Electric's Fiber Program from speaker Mike Newman. From left are club president Darin Hasty, Newman and Scott Spence, program facilitator.

TCAT-S launches Correctional Officer Program stepped back to a reserve

The Tennessee College of Applied Technology-Shelbyville has instituted the Correctional Officer Program. This was made possible due to legislation from Gov. Bill Lee and the General Assembly in the 2022 State budget Package.

The state-wide program is designed to provide education and skill training to meet the Tennessee Corrections Institute Minimum Standards by providing 864-hours [two trimesters] of approved training for jailer/correctional officer certification.

In January 2023, TCAT-Shelbyville hired Sarah Jones as the correctional officer instructor. Jones began her law enforcement career in 1987 working for a municipal police agency in the State of Florida. After ten years of working in the patrol division, she officer status to pursue her master's degree in educa-Jones began working in

corrections in 2000. She

has worked for county, state, and federal correctional institutions as a correctional officer, correctional counselor, and training administrator. As the program instructor, Jones will work close-

ly with surrounding city and county law enforcement agencies to meet their needs for certified correctional staff. Through classroom instruction and skills applications, the students will experience the varied daily responsibilities of correctional officers.

This program will allow the students to address skill sets in various areas such as defensive tactics, CPR & first aid, mechanical restraints, cell searches, pat-down searches, and prisoner transports. Role play will also be included to increase their communication skills, direct supervision, and authoritative skills. In addition, the program will provide the students with the chance to shadow an officer while on the job to get firsthand knowledge and experience in the field.

TCAT-Shelbyville is aiming to launch the first class for the summer trimester, beginning May 3. The Criminal Justice, Correctional Officer program is now enrolling, as the Technical College's 12th program of study and another high demand career path.

About TCAT-S Established in Tennessee The

College of Applied Technology- Shelbyville is a constituent college of the Tennessee Board of Regents and accredited by the Commission of the Council on Occupational Education. The college serves as a premier supplier of workforce development throughout the State of Tennessee. TCAT-Shelbyville currently has seven locations including the Main Campus located at 1405 Madison Street in Shelbyville along with satellite locations in Winchester, Fayetteville,

For more information, visit www.tcatshelbyville. edu or call 931-685-5013.

and Shelbyville.

Prince Harry back in court for phone hacking hearing finale

LONDON (AP) — Prince Harry returned to a London court Thursday as his lawyer fought to keep his phone hacking lawsuit against a British tabloid publisher alive.

The Duke of Sussex arrived after lunch for the conclusion of a four-day High Court hearing on his invasion of privacy case against the company that publishes The Daily Mail. His presence during three days of the legal wrangling indicates the lawsuit's importance in the prince's broader battle against the British press.

Harry, Elton John, actresses Elizabeth Hurley and Sadie Frost are among a group of seven people suing Associated Newspapers Ltd. for allegedly paying private investigators to illegally bug homes and cars and to record phone conversations. The publisher denied

the allegations and has argued that lawsuits based on alleged incidents dating as far back as 1993 should be thrown out because the cases were not filed within a six-year limitation period.

Attorney David Sherborne, who represents Harry and the other famous claimants, argued that the deadline for filing the lawsuits should be extended

because the snooping was

covert and the publisher

concealed evidence of it

through denials "likely to lead the claimants off the

The judge is expected to rule at a later date.

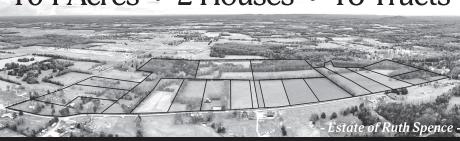


Kitchen/Bath Redesigns Jerry Reid • 931-575-1733 **Bright Davis • 931-607-6490**



Saturday, April 8th 10:00 AM

164 Acres • 2 Houses • 18 Tracts



BELL BUCKLE, TN

Also selling Personal Property, Vehicle, Tractor 164 acre farm located in Southern Rutherford County. Includes 2 house tracts and 16 acreage tracts which all have a soil site evaluated by TDEC (one 3BR, one 4BR, and the rest are 5BR sites). County water and electric are at the road.

Tracts range in size from 5.01 to 26 acres. Some of the prettiest land in the area! Don't miss this opportunity to buy one or more to build your home on!

PERSONAL PROPERTY BEGINS AT 10AM. REAL ESTATE SELLS AT NOON.

VEHICLE & EQUIPMENT: 2003 Lexus IS 300 (leather, 57,148 mi), Kubota tractor L4610 (808 hours), Bush Hog brand cutter

GUNS & MISC.: Harrington & Richardson INC Ser. #ax509245 (Topper model 88 12ga), Remington Mark patented 1905 mod, single shot shotgun (marking not legible), Springfield 22 rifle 86c bolt action, 2 pistols, Titan 25 ca. (made in Italy BO2451), Mondial Mod 999 cal. 22 (made in Italy), \$50 bill 1934 B, Coke glasses, Fire King, leaded glass, oil lamps, fine china, flatware, Jewel Tea, Pyrex, Hull, cast iron pieces, White Hall, green depression, pink depression, Mikasa china, silver plate, crocks, cow bells, hames, costume jewelry, jewelry box, antique trunk, old dolls, lamps, quilts, Fenton, Blue Willow, Ruby Red, recorder albums, coins, Hall pieces, cherry 3 pc. dining set (drop leaf cherry table, china cabinet, buffet, and 6 chairs), antique sofa, Victorian chair, side table, marble top coffee table, marble top side table, marble top lamp table, oak bow front china cabinet, odd chairs, full size bed, dresser, chest, antique oak rocker, 70's vanity & chair, book shelf, maple full bed, dresser w/mirror, night stand, cedar blanket chest, drop leaf painted table, rockers, old scales, concrete planters, wheel barrow, cotton scales, AND MUCH MORE!

AUCTIONEER: JASON FINNEY 931-703-3196 Lic. #5006 DIRECTIONS: From M'boro, approx. 10.5 miles down Hwy 231 S, take right on Midland Fosterville, after 4-way

stop, first house on the right. Farm has frontage on Midland, Midland Fosterville Rd & Williams Rd. TERMS: REAL ESTATE: 10% down day of sale, balance due in 30 days. PERSONAL PROPERTY: Cash, check, Visa Mastercard or Discover day of sale. 10% Buyer's Premium added to bid to determine final sale price on real estate &personal property. TAXES: Prorated POSSESSION: With Deed SPECIAL NOTE: Homes built prior to 1978 are subje o sale to have the home inspected at their expense. ALL ANNOUNCEMENTS MADE DAY OF SALE TAKE PRECEDENCE OVER PREVIOUS ADVERTISING, ALL INFORMATION DEEMED RELIABLE BUT NOT GUARANTEEL

PARKS

615-896-4600

TOLL FREE 1.877.465.4600 | FIRM 3984

www.parksauction.com



Caretakers

s a pastor I have stood alongside many dear people who have been taking care of a loved one.

Sometimes the one being cared for is a sick child, or a child with special needs.

Sometimes they're a loved one being cared for in their last days.

I have prayed for so many patients in their recliners in their living rooms, or at their bedsides at home, or in the hospital, or in a nursing home or assisted living center.

But in every case there is someone who is there beside them, taking care of them, loving them and helping them however they

Day after day...night after night.

Mothers and fathers, sons and daughters, husbands and wives, sisters and brothers, and doctors and nurses....

All of those caregivers are HEROES in my eyes.
Some of them are care-

givers on purpose, and others by default.

"Caregivers on

Purpose" are those who have chosen a career of being a caregiver such as medical professionals, doctors, nurses or nursing assistants.

My wife, Lynn, is one of those caregivers-on-purpose, a professional caregiver. She chose a career in nursing so she could help people. And for years now she has been a labor and delivery nurse helping mothers bring children into the world.

She is there by the mother's side through the pains of labor, and there with them through the wonderful miracle of child-birth.

And then there are those who are "Caregivers by Default;" those precious people who step up to take care of their loved ones, a child, a spouse, a parent, a brother or a sister, or

According to Merriam-Webster that word, default, means "a selection made usually automatically or without active consideration due to lack of a viable alternative."

another relative or friend.

Those caregivers step up, their lives are interrupted without planning, taking them by surprise; and yet they rearrange their lives out of love for their family member or their friend.

So many times we are showing concern, offering prayers, and asking only about the patient, and we forget about those people who are caring for those people.

The caregivers wear themselves out taking care of that loved one, many times doing everything for them...and sometimes that caregiver ends up needing

➤ See **Doug**, Page 3B



Submitted photos

The meeting hosts and hostesses were Rhonda Styer, Tom Styer, Patricia Hubbard, Gene Williams, Sandra Smith, and Sarah Hill.

Historical Society resumes meetings

fter a threeyear hiatus, the Bedford County Historical Society resumed its customary meeting schedule with its spring quarter meeting on March 20, in the Fellowship Hall of the First United Methodist Church on the Square in Shelbyville. Guests

included James Cortner, Judy Hornaday, Lee Travis, and Cynthia Ashley.

A potluck supper kicked off the meet-



Society members purchasing speaker Carol Robert's latest book were Betty Sanders, Lee Travis, Roberts, Don Porter, and Society vice-president John Jones.

ing at 6:30 p.m., hosted by members Tom and Rhonda Styer, Trish Hubbard, Sandra Smith, Sarah Hill, and Gene Williams. Decorations featured a St. Patrick's Day theme for the serving and dining table

Following the potluck meal, the society held a business meeting to inform members of society business over the last three years and the current status of affairs. Recording secretary Faye Fuller gave the secretarial report, followed by treasurer Hazel Foster's financial report. President Al Simmons reported that membership was at an all-time high and urged prompt renewals of 2023 membership.

Simmons thanked Carol Roberts, Andrew Cortner Gore, Carolyn

➤ See **Meetings**, Page 2B

Times-Gazette winners!

The Times-Gazette in partnership with the Shelbyville-Bedford Chamber of Commerce donated a one-year free subscription and another six-month free subscription as a part of the Fly Arts Center's theater fundraiser. Congratulations to these lucky winners!



Submitted photos Therese Hoadley won a one-year subscription to the

Shelbyville Times-Gazette.



Chris Thelen, with wife Judy Thelen, won a six-month Shelbyville Times-Gazette subscription which was donated by the Shelbyville Bedford County Chamber of Commerce for the same fundraiser.

Mark McGee My Take



Killings

ey America! I have a big hint for you. What we are doing isn't working.

I know this column is a few days after the fact but how can anyone forget the deaths of three children and three adults at the Covenant School Monday in Nashville, Tennessee.

Anyone who has a child in school is going to think twice whenever they drop that child in front of the school or put their child on school bus. Hopefully, they will hug those children a little bit tighter and tell them how much they love them before they enter the school. And maybe they will be prompted to say a prayer of thanks when their child returns home safely at the end of the day.

A 28-year-old woman was the shooter at a school for pre-kindergarten through sixth grade. At the time I wrote this her motive was not clear. Females seldom commit mass shootings of any kind.

But it did make me recall an elementary school shooting in 1979 in San Diego, California by a female teenager who killed a principal and a custodian, while wounding eight children and a police officer on a Monday. She was not killed and is serving a life term. When asked why she did it, she coldly replied "I don't like Mondays."

In 1981 The Boomtown Rats, inspired by the killer's statement, recorded a chilling song titled "I Don't Like Mondays".

My daughter lives in Green Hills, less than a mile from where the murderous rampage took place at Covenant Presbyterian Church. She called me to say it looked like every Metro police car and every fire truck in Nashville were converging near her condominium.

Her inquisitiveness about what was going on soon turned to raw emotions as the media started listing the death toll. Many of the parents and grandparents of the children held an anxious vigil in front of where she lives. She spoke with some of them and the last time she talked with me she was in tears.

There have been a lot of tears shed this week over this tragic event. We should weep and pray for those who lost family members. To paraphrase the Ghost of Christmas Present in "A Christmas Carol" by Charles Dickens, we should weep for the victims and their families, but we should also weep for ourselves.

How safe do you feel whenever you are out in

public?
As in any tragedy of this magnitude people are going to be searching for

who or what to blame.

▶ See Mark, Page 3B



Worth the drive.

Quality care is never too far. We offer compassionate skilled nursing and short-term therapy designed to enhance your loved one's quality of life.

931.759.6000

40 Nursing Home Rd. Lynchburg, TN 37352 LynchburgNursingCenter.com



The birdhouses reflect the diversity of The Webb School's student body, and include places like China, Chile, Peru, Australia, Canada, and Ukraine.

Webb students celebrate diversity, creativity

he Webb School Art Club teamed up with Shelbyville Parks and Recreation to bring some vibrant colors to the local bird population. For several weeks, students from the Art Club have been working diligently to paint a variety of birdhouses, each one representing a different country. These countries have been specifically chosen

to reflect the diversity of The Webb School's student body, and include places like China, Chile, Peru, Australia, Canada, and Ukraine.

The project began when Robert Johnson, a member of the park board, approached the club with a request to beautify the parks' telephone poles with painted birdhouses. Thanks to the support of Shelbyville Parks and Recreation, the students were provided with birdhouses and complete artistic freedom to express themselves. The result is a display of art that honors the unique cultural heritage of each country.

Marynn Spurlock and Kim Dickson, sponsors of the Art Club, commented they could not be prouder of their students. The

students not only enjoyed helping with the project but also took immense pride in representing their school. Even The Island of Cyprus, although not currently represented in the student body, is honored with a birdhouse.

"This project is a true testament to the power of collaboration and creativity to bring joy and beauty to our communities," said Spurlock.



Artist Daisy Liu with a Red Bird house depicting a panda to represent China.



Artist Fay Tong shows off a birdhouse with Duran fruit to represent Thailand.

FCE DATE REMINDERS

Food Waste Awareness Week Food Drive will be April 10 to 14. You can bring items April 4 to the Extension Office.

The Countywide Meeting will be April 4, at 4 p.m. at the Extension Office. The Leadership Retreat (Camp) will be May 23 to 25 at UT Southern in Pulaski.

Registration will be due to County Council Treasurer by April 1.

Class choices due to Region by April 15.

TAFCE Scholarship Applications due to State by April 15. The Share Fair is June 20 at the Extension Office. The theme will be "Table

Settings.'

See pictures of the FCE awards on pg. 6B.

LIBERTY FCE

The Fairview FCE met on March 20. Judy Smith called the meeting to order. Linda Jernigan read the call to order "Spaghetti." Dorris Turrentine had the devotion. She read Miss Polly Frazier's poem. The poem was written for Dorris' birthday, which was on March 12. Linda Jernigan took clothes to Clothe Our Kids. The club finalized the menu for the Farm Bureau. Whitney Danhof presented the education lesson, "time to Talk." The lesson was about healthcare services and the cost of those services. Club demonstrations included Lynn Wilhelm showing pictures of her children; Dorris Turrentine showed a family album she created; and Ann Spencer showed off children's clothes. The next Liberty FCE meeting will be Monday, April 3.

FAIRVIEW FCE

The Fairview FCE Club met Wednesday, March 15, at the UT/SU Extension Office in Shelbyville. President Sandra Smith opened the meeting. Pat Hastings gave the devotion. Marilyn Lewis presented the educational lesson "Time to Talk." A patient's guide to cost of care conversations including tips for talking to health care providers, insurance companies and other health care professionals.

Sixteen members responded to the roll call by answering, "Which noodle dish would you rather have: Chicken Noodle Soup, Macaroni and Cheese, Lasagna or Pad

The bank balance is \$258.04, reported by Linda Lovell. A \$150 donation will

be given to send one person to Leadership Retreat (Camp). This expenditure was discussed and approved before COVID. Carolyn Jones gave the Sunshine Report and the minutes were waived. The club

hours, donations and goals were recorded. New Destiny Dog Rescue was suggested

as a possible group to be added to the list of groups the club supports.

Club member demonstrations included an Easter rabbit by Debbie Perryman; a snowman by Ann Canady; a St. Patrick's Day Card by Mary Frances Gordon; and tulips and Easter chicken centerpiece by Pat Hastings.

The next meeting will be held on April 4, immediately after Achievement Night, at the Extension Office. Sandra Smith adjourned the meeting.

TOWN & COUNTRY FCE

The Town & Country FCE club met at Cannon United Methodist Church at 11 a.m. on Monday, March 13, with perfect attendance of nine members answering the roll call. Janelle Douglas opened the meeting with the call to order and Janet Boyce read the "what is real?" selection from The Velveteen Rabbit as the devotional. UT Extension Agent Whitney Danhof presented the lesson, "Time to Talk." Jane Lile read the minutes of the February meeting and took the roll call. Hazel Foster, treasurer, reported on club finances. Catherine Talley gave the Sunshine Report.

Various community projects were discussed, including collecting women's products and packing bags for those who need these products. These supplies will be gathered at the April meeting.

Plans to attend Achievement Night on March 21 were made. The upcoming County Council meeting and Countywide meeting were also noted.

Janet Boyce brought lots of goodies for demonstration, including seven strawberry emeries, a Mill Hill bead dog ornament, sampler and nativity Christmas ornaments for the 2023 tree (EGA), and a stitched pumpkin.

The next meeting will be on Monday, April 10, at the church.

HEART OF THE HOME FCE

The Heart of the Home FCE Club met on March 21 prior to the Achievement Program. Patsy Parker was a guest. Marie Spence read the hint regarding noodles and Mignon Spence read the Call to Order entitled "Spaghetti". The devotion was given by Brenda Joyce. Agent Whitney Danhof presented the educational lesson "Time to Talk". Roll Call was answered with our favorite noodle dish. Minutes and Treasurer's Report were given by Joyce. Plans were made for Share Fair to be held on June 20. Food waste awareness week is April 10-14 and we need to bring canned goods for Good Samaritan to the April 4 countywide meeting. The next meeting will be on April 4 at 4 p.m. at the Extension Office.

Meetings

(Continued from Page 1) Smotherman, and the

Coffee County Historical Society for materials and articles used in the spring issue of the quarterly. He reported that the society is progressing toward electronic availability of past

issues of the quarterlies and should be completed by late fall. The society provided several tables of free, excess copies of past issues to attendees. Simmons also reported that the Poplin History Award applications were being evaluated, and honorees will be announced at each high school's Awards

Day Programs in May. Honorees will be invited to the June society meeting

for further recognition. The society will be 50 years old next year and is considering activities to celebrate its golden anniversary. Simmons request-

ed recommendations from

attendees on celebratory

activities. He also noted

that the next meeting of the society's Board of Directors is on April 12, at the Public Library at 1 p.m.; he asked anyone with inputs or questions to attend the meeting and present their concerns.

After the business meeting, Simmons introduced society member and

Bedford County Archives

Director Carol Roberts for sale to attendees. The who presented the program Amazon. featuring "Distilleries of Bedford County in the Preprohibition Era." Her presentation highlighted dozens of licensed distilleries in the county, particularly those along Shipman's Creek and its tributar-

ies. She had copies of her

book on the same subject

book is also available on Simmons concluded

the meeting, reminding members that the next meeting is scheduled for June 19 at the same place and time with Randy & Freda Head, Louanne Neeley, Daniel Jackson, Carolyn Jones, and Marty Davis hosting.



Dave Rogers, 14-Year Combat Army Veteran

Tennessee Chess Pie Program: **Cooking with a Veteran**

at the National Home

One of the largest problems veterans face today is food insecurity. Over the years the VFW has worked with many organizations to help combat this issue, by bringing food and assistance to the local communities where VFW Posts can be found. During the height of the pandemic, VFW member and chef Dave Rogers brought that idea to an online cooking program called @cookingwithaveteran. During a trip to the VFW National Home (@vfwnationalhome), Rogers along with staff of the National Home, members of the Tennessee VFW (@vfw.tn) and Tennessee M.O.C. developed a program to help families at the National Home learn cooking skills, shopping tips and be provided with home cooked meals for the 42 families staying at the National Home.

Teaming with Humana (@humana) who will be providing the food to cook for this year's program, members of the VFW and M.O.C. in Tennessee will travel to the VFW National Home, 3573 S. Waverly Rd, Eaton Rapids, Mich., on May 6 at 10 a.m. (CT) as part of the VFW Day of Service Program to help families by teaching cooking and providing meals for the families. This program goes beyond simple cooking and teaching, many veterans today struggle to be sociable. As food is meant to bring people together, it is a byproduct of this program to help veterans suffering with isolation and social insecurities by bringing them together in a way that connects us all.

While this is its first year, Rogers hopes to continue this annual program with not just cooking at the VFW National Home, but also working with the VFW to develop cooking programs throughout Tennessee, developing veteran cook books to spotlight veterans and their skills, and develop a peer-to-peer mentor cooking program in Tennessee. See more information at https://www.facebook.com/tnchess-

Sponsors include Humana, Veterans Pressure Washing, Project K9 Hero, Grand of Tennessee M.O.C., Dept of Tennessee VFW, VFW Post 12206 Murfreesboro, and M.O.C. Pup Tent 5 Smyrna. The Dept of TN VFW and Grand of TN M.O.C. are

organizations whose goals are to assist veterans, their families and the communities through grassroot efforts. Posts, Pup Tents throughout TN run programs in their local communities, volunteer at VA hospitals and nursing homes, support youth programs through scholarships, and assist veterans and their families struggling with health, financial, food, housing and education issues during and

How did Easter get its name?

Christians and even many non-Christians likely know that Easter is the Christian celebration of the resurrection of Jesus Christ. Less widely known may be the origins of the name of this significant holiday. Historians are not certain about the precise origins of the name "Easter." Some believe the name can be traced to the English monk Bede, often referred to as "St. Bede the Venerable" or "The Venerable Bede." According to History.com, in his most famous work, Ecclesiastical History of the English People, Bede asserts that the English word "Easter" can be traced

to "Eostre" or "Eostrae," which is the pagan Anglo-Saxon goddess of spring. Many historians past and present echo this sentiment and believe Eostre is the namesake of Easter. However, others believe "Easter" comes from the Latin phrase "in albis," which is plural for "alba" (dawn). That phrase became "eostarum" in Old High German, a language that historians have connected to Old English. Though which camp is correct may never be resolved, there's no denying that the word "Easter' represents the same spirit of rebirth that Christians celebrate each spring.

Mark

(Continued from Page 1) The availability of guns

is usually the first culprit But we need to take a

deep look at the shooter to determine why she felt the urge to commit such a tragic crime. We also need to wonder why a Walmart employee shoots co-

workers or why someone is driven by hatred to kill as many people at random as

he can in a grocery store. We have to find answers to what, as the

The Boomtown Rats sing, makes the "silicon chip in someone's brain get switched to overload." The answers are not going to be found on your mobile phone, some social media site, or a video game. In fact, they may truly be the real culprits as we continue to veer increasingly into insanity. Talk to someone. Relate

to people. Really care about those around you. Don't let people feel isolated. Anything has to better than what we are doing

Tulip Festival blooms at Lucky Ladd Farms

Lucky Ladd Farms announced the opening of the Tennessee Tulip Festival going on now through April 8.

Guests will see nearly 300,000 tulips at the farm — all imported direct from Holland, the tulip capital of the world — in over 30 stunning varieties to create the largest you-pick tulip farm experience in

Open daily for the duration of tulip season, visitors are invited to spend as much time as they like tiptoeing through the fields of colorful flowers. "We are so excited

to bring the Tennessee Tulip Festival to Lucky Ladd Farms," said owner Amy Ladd. "We've put so much hard work into creating a beautiful, immersive experience for our guests, and we can't wait for everyone to see it."

But the fun doesn't stop there. Admission to the Tennessee Tulip Festival also includes access to more than 50 fun attractions including thrilling animal encounters with hundreds of the farm's friendly furry and feathered residents, pony rides, acres of playgrounds, wagon rides, nature and wildlife trails, tractor train rides, and more. Visitors are encouraged to bring their friends, family, or



a date to experience the wonder of the tulip season at this one-of-a-kind event.

Many other events are also planned during the Tennessee Tulip Festival, such as "Pups in the Park," going on tomorrow, April 2, where guests can bring along their four-legged friends and help raise money for local animal rescues. Lucky Ladd's will also be hosting nonstop "Easter Egg Hunts and Easter Bunny Meet 'N Greets" on April 7 and 8. After the conclusion of

tulip season the farm will also be hosting a "Bulb Dig Day" that allows visitors the opportunity to dig up as many tulips bulbs as they like to take home and plant in their own gardens for beautiful blooms next

For those looking to take home a piece of the beauty, tulips will be available for pick-your-own for only \$1.50 per stem. A limited number of pre-cut flowers, arrangements, and potted tulip bulbs will also be available for purchase in the barn market.

Tickets are available at luckyladdfarms.com now. Visitors are encouraged to book early.

Details at a glance

Lucky Ladd Farms is located at 4374 Rocky Glade Rd, Eagleville. The event is open from now through April 8. Admission rates vary depending on date and ticket type. For more information or to purchase tickets, visit luckyladdfarms.com.

Doug

(Continued from Page 1)

a caregiver themselves. I have made it a prac-

tice to pray daily for "Caregivers." So many of my friends

have become caregiversby-default. For many of them caregiving is a privilege, but it can also be so very stressful.

Caregivers need our

who has stepped up to help her parents, both of them using rollators to get around these days. Tracie still has to go to work and yet takes time to help her mom and dad.

Her mother, Hazel, had been helping her husband, Frank, until she suffered from a pinched nerve and other back trouble. And the caregiver then needed a caregiver herself.

These folks are dear friends of mine. Both of them are wonderful Christian people who depend on the Lord, and study God's Word daily; prayer warriors who have prayed for others many, many times over the years.

My friends, Gene and Darnell, became caregivers when their daughter, Amy, was born more than 30 years ago. Amy's parents have cared for their special-needs daughter for all these years. They have done it out of love, but with God's strength and His Word sustaining them.

My friends, Marie and her daughters, Carol and Angela and Diane and Betty, became caregivers when Omar, Marie's husband, developed dementia. Those precious ladies were by their mother's side over the years caring for their daddy and supporting their mother until Omar passed away.

Standing with Marie and her daughters were the wonderful professional caregivers from Hospice Care, and the nurses and nurse assistants at the

nursing home. Then Omar's daughter, Betty, a psychologist who spent years caring for oth-

ers, developed cancer, and

she was in need of care.

Her husband is a doctor, and he and their daughter cared for Betty until she passed away.

I recently had the privilege of being on the journey with my caregiver friend, Pam, who became the caregiver for her mother, Jean, in her last days. Pam and her brothers, Chad and Steve, and her sister-in-law, Dana, were there with their mother helping her however they

Pam and Jean and I rayed together and shared God's Word together and we had the privilege of planning Jean's memorial service together.

My wife and I had the privilege of caring for Lynn's mom, Cleda, in the last days of her life. We moved her into our home and took care of her however we could. There at the end Hospice Care nurses came in to assist us. And we were so grateful for their kindness and attentiveness.

One of my readers, a dear lady named Annette, called me last week to let me know how she found encouragement from my weekly columns.

Annette had been the main caregiver for her brother Bill during his last days. She found comfort in God's Word, and God's presence sustained her through her trying times as a caregiver.

Annette asked me to devote a column to "Caregivers," and I told her that I would.

I could tell you story after story about people who became caregivers, caring for a loved one at home, or caring for a patient in the hospital. I know so many people who proved heroic in their efforts to do what is

I recently read these words from a caregiver: "Worry seems to be a common theme among caregivers. You worry for your loved ones and you worry about the toll on your own mind, body, and spirit. In my own life as a caregiver, I realized that I was waiting for the 'bad

thing' to happen every

single day. My shoulders

and neck would become

tense first thing in the morning, and by evening that tension had turned into a headache.

"I worried about things like: Will mom eat well today? Will she keep losing weight? Will mom fall today? How will I have time to cook today? Are they bored? Should I entertain them more? And so many more worries Once I realized that my list seemed to be endless. I knew I had to do something. My time with God was eaten up by my 'To-Do-List' that was driven by the 'List of Endless Worries."

That caregiver ultimately found her comfort and strength in the Word

The Bible can help all of us refocus on God and the peace He promises us. When we are feeling overwhelmed, we can turn to Scripture for help. Reading Scripture slows down our frantic, stressedout thinking, and as we read and meditate on the Word of God we can feel the Peace of God relaxing our minds and bodies.

I want to share some of those comforting words

Psalm 61:1-2: "Hear my cry, O God; attend to my prayer. 2 From the end of the earth I will cry to You. When my heart is overwhelmed lead me to the rock that is higher than I."

Jeremiah 29:11: "For I know the plans I have for you", declares the Lord, 'plans to prosper you and not harm you, plans to give you hope and a future." Matthew 25:40:

"Whatever you did for one of the least of these brothers of Mine, you did it for Me." Matthew 6:34:

"Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own." Psalm 121:1-2: "I lift

my eyes to the hillswhere does my help come from? My help comes

from the Lord, the Maker of Heaven and Earth." Psalm 23:1-4: "The Lord is my Shepherd, I

shall lack nothing. He

makes me lie down in green pastures, He leads me beside quiet waters, He restores my soul. He guides me in paths of righteousness for His name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort

John 15:12-13: "My command is this: Love each other as I have loved you. Greater love has no one than this, that one lay down his life for his

Romans 8:28: "And we know that in all things God works for the good of those who love Him, who have been called according to His purpose."

Proverbs 3:5–6 says: "Trust in the Lord with all your heart and lean not on your own understanding: in all your ways acknowledge Him (realize the He is there), and God will make your paths straight (He will show you what

If you feel guilty about not doing enough: I Peter 5:7 says: "Cast all your anxiety on Him because He cares for you."

If frustration is getting the better of you: Colossians 3:23-24 says: "Whatever you do, work at it with all your heart, as working for the Lord, not for human masters.... It is the Lord Christ you are serving."

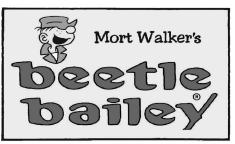
If you're afraid of what tomorrow may bring, focus on today, for Psalm 118:24 says: "This is the day that the Lord has made; let us rejoice and be glad in it." If the person you're

caring for is difficult, ask God for His help, and remember God's Word in Galatians 5:22–23: But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness, and self-control." I know that the "care-

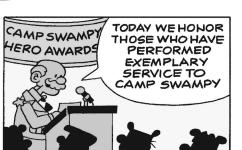
giving journey' can be difficult, emotional, stressful, and draining, so I want to pass on to you the words of Moses from Numbers 6:24-26. This is my prayer for you caregivers: "The Lord bless you and keep

Saturday, April 1, 2023 4B SHELBYVILLE TIMES-GAZETTE

IMES-JAZETTE

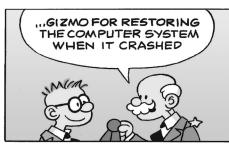














Anck!



YOU TWO ARE

GROSS!































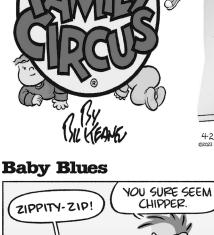
ONE BIG ELECTRONIC

PHOTO ALBUM

SEARCHABLE BY DATE, LOCATION AND KEY WORDS



PICKLES







WHERE THE HECK DID YOU PUT MY CLEAN SOCKS?

OPAL!)







IF YOU NEED ME. I'LL BE HERE, MEETING MY GOALS!

I WAS THINKING HOW GREAT IT WOULD BE IF I SCANNED ALL OF OUR OLD PRINTED PHOTOS AND BLENDED THEM

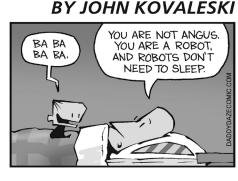
WITH OUR DIGITAL PICS AND VIDEOS INTO

WHY DO YOU ALWAYS HAVE TO HIDE THEM?

認















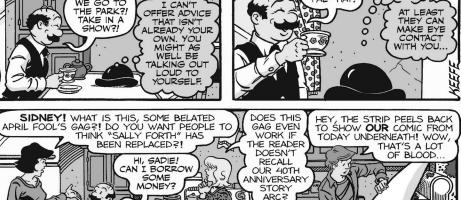
Shelbyville Times-Gazette











FRANKLY, IT DOESN'T MATTER, SO LONG AS I'M WITH MY BEST PAL-HAT!

Saturday, April 1, 2023 5B





HIS IMAGE ON DOESN'T MEAN

<u>4</u>4



I THINK I UNDERSTAND WHY THE 3RD PHANTOM WROTE NOTHING OF THE SAVAGE BATTLES HE HAD SURVIVED IN THE LOWER CHAMBERS...



WRONG!

THERE ARE

FOUR SEASONS

IN THE YEAR



Tony DePaul \$ Jeff Weigel 4-2-23

BUT WHY SAY NOTHING AT ALL OF THIS REMARKABLE CULTURE OF THE ALMOST HUMANS?





ALLERGY

SEASON?

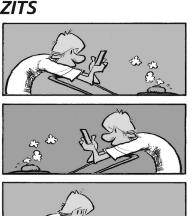






WHAT ABOUT

GREG WALKER





CANDORVILLE

YOU KNOW
WHAT, CLYPE?
GOMETIMEG I FEEL
LIKE THERE'G NO
GOOD LEFT IN THE
WORLD AND THERE'G
NO POINT IN
GOING ON.









"SEE WHAT HAPPENS WHEN YOU DON'T TIP THE PARKING VALET?"



"MEAT, DRINK AND ME MERRY!"



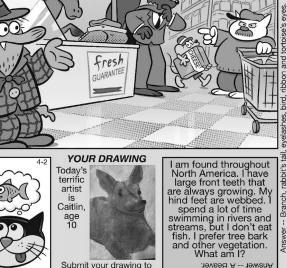
"THOSE MAKE ME WILLING TO FORGIVE, LEROY, BUT IT'LL TAKE EXPENSIVE CHOCOLATES TO FORGET."



is Caitlin, age 10

Submit your drawing to www.slylockfox.com

BUT THEN I GEE A SUNGET LIKE THIS ONE.



-- A Beaver

I THINK ABOUT WHO ELGE SAW A SUNSET LIKE THIS ONE.

ANCIENT CONVICTS CRUCIFIED ON ROMAN CROSSES MUSTIVE LOST THEMSELVES FOR A

MOMENT IN THEIR FINAL GUNGETS.



TOTAL OF MARRIED LIE

"IF THESE WALLS COULD TALK, LORETTA WOULD BE FINISHING THEIR SENTENCES."

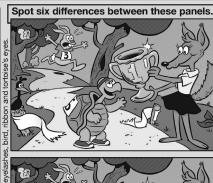
BY BOB WEBER JR.

BY DARRIN BELL

THEY WEREN'T FACING THE OTHER WAY,

CLYDE!

MY GREAT-GREAT-GRANDFATHER WAG A SLAVE. HE MUSTIVE FELT LIKE GIVING UP, UNTIL HE GAW GOMETHING LIKE THIG.



UNLEGG THEY WAS FACIN' THE OTHER WAY.





Program presented by the Band of Pearls

Submitted pho



50 Year Member Award went to Edna Gordon



Committee members, from left to right, are Vicky Faulkner, Connie Smith, Mary Frances Gordon, Charlene Judd, Lucile Sorrells, Susie Henderson



The Creative Writing Award went to Cindi Lindsey



The Emcee was Carolyn Jones



Devotion was by Amy Martin

FCE Clubs celebrate achievements

By Whitney Danhof

Extension Agent

The Bedford County Family and Community Education Clubs celebrated their achievements for the 2022 club year with the theme "Pearls of FCE". The Band of Pearls, a strings and woodwinds musical ensemble, gave a delightful performance of folk and Irish music for the evening. President Carolyn Jones of the Fairview Club presided over the evening with Amy Martin of the Butler's Creek Club giving the devotional. A memorial was held for two members who passed away in

2022, Jean Stimpson of the Town and Country Club and Linda Mathews of the Four Corners Club. Members and guests enjoyed refreshments served by the committee.

Extension Agent, Whitney Danhof, recognized Edna Gordon and Linda Mathews for 50 years of membership and presented a pin and certificate to Edna with Tammy Brown receiving the pin and certificate in memory of her mother Linda.

Two members participated in the Certified Volunteer Unit (CVU) program recording at least 500 hours of volunteer service for the year. Recognized were Louise Moore (500

hours) and Linda Mathews (1000 hours).

Cindi Lindsey received a firstplace award in the Central Region Creative Writing Contest for her Butler's Creek Club newspaper arti-

Seventeen members received reading certificates with Marie Spence receiving the top reader award for recording 240 books.

The FCE clubs invite anyone interested in joining one of the 8 Bedford County clubs to contact the Extension Office at 684-5971 for more information.



Top Reader Award went to Marie Spence

IS NEWSPAPER READING A HOBBY OF YOURS?

Subscribe to the Times-Gazette today!
Call 931-684-1200 OR Stop By 323 E. Depot St., Shelbyville







Sorority springs into fashion

Members of the Xi Alpha Zeta Chapter of Beta Sigma Phi Sorority were treated to an in-house fashion show from J Jordan Boutique at their March meeting. Owner Jennifer Jordan Thompson showed members new ways to mix and match the latest colorful spring fashions. She also gave tips for updating current wardrobes with accessories and light wraps for those cooler springtime temperatures. Models were Shanna Boyette, Deborah Owenchain, and Janice Cole.

Submitted photos









The tradition behind bridal veils

Though couples can plan wedding ceremonies and receptions how they see fit, many weddings are steeped in tradition, some of which may be more subtle than others. One longstanding wedding tradition revolves around a bride's attire. Historians differ regarding the origins of the bridal veil, but some trace this tradition all the way back to Ancient Greece. Others suggest bridal veils were first popularized within the

Roman Empire by people who

believed that the veil protected the bride from evil spirits as she walked down the aisle. Traditions surrounding bridal veils even differ within various faiths, so the veil may signify one thing at a Jewish wedding and something entirely different at a Christian ceremony. Veils also have long been seen by some as symbolic of purity. Despite their long-held position in wedding lore and tradition, veils are no longer seen as a must-have. Nor are brides who choose to wear a veil beholden to having it cover their face as they walk down the aisle. In fact, many modern brides now flip their veils over their head as they walk down the aisle en route to saying, "I do." Regardless of how brides who opt for veils choose to wear them, there's no denying the enduring popularity of this tradition.

Historians differ regarding the origins of the bridal veil, but

way back to Ancient Greece.



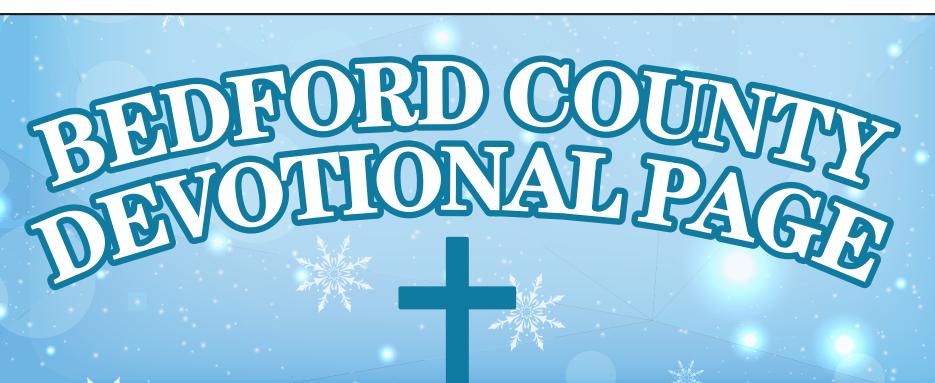


SHELBYVILLE CHEERS!

The Shelbyville Cheers All Star team attended the Worldwide Spirit Association (WSA) event at Belmont University on March 26. The team took home first place in their

Junior Level 1.1 division.

Submitted photo



This Devotional And Directory Is Made Possible By These Businesses Who Encourage All Of Us To Listen Or Attend Weekly Services











Fellowship For Christ

142 Richdale Lane, Shelbyville • 931-703-0949 Pastor: Ray Armstrong • www.fellowshipforchrist.com Sunday School - 9:45 am · Praise & Worship - 11:00 am Wednesday Refueling - 6:30 pm

First Church of the Nazarene

834 Union St., Shelbyville · 931-684-3664 Rev. Andrew Lee Keffer · shelbyvillefirstnaz.com Sunday School - 9:00 am · Morning Service - 10:00 am Prayer Meeting - Wednesday at 6:30 pm Youth Meeting - Wednesday at 6:30 pm

Grace Baptist Church

1019 Madison St., Shelbyville • 931-492-5037 Pastor: Bro. Bobby McGee Sunday School - 9:00 am · Sunday Worship - 10:00 am Wednesday night 6:00 pm

Longview Baptist

101 Cooper Rd., Unionville • 931-294-2281 Rev. Jonathan Osterhaus longviewbaptistchurch.org · servingoursavior@yahoo.com Sunday School - 9:30 am • Worship - 10:30 am & 6:00 pm Life Points (age 3 - youth) - 5:45 pm · Wednesday Worship - 6:00 pm

Unity Baptist Church

EC Arnold Lane, Shelbyville Pastor: Frelan George Sunday Worship - 11:00 am · EVERYONE WELCOME

St. William of Montevergine Catholic Church

Father Edwuin Cardona 500 South Brittain Street, Shelbyville • 931-735-6004

Saturday Mass: 4:30pm (English Mass) 7:00pm (Spanish Misa) Sunday Mass: 9:00am (English Mass) 11:30am (Spanish Misa)

Daily Masses:

Monday: 7:00pm · Tuesday: 7:00am · Thursday: 7:00pm · Friday: 7:00am Confessions: Thursday/Jueves 5:45pm-6:45pm

Saturday/Sabado 5:45pm-6:45pm Sunday/Domingo 10:15am-11:15am

Hurricane Grove Baptist Church

2117 Fairfield Pike, Shelbyville Pastor Tim Miller • 931-205-4191 Sunday School - 9:45 am Sunday Worship - 10:45 am

923 Colloredo Blvd • Shelbyville Tires, Brakes, Alignments, Tune-ups & AC Repair_ Mon-Fri: 7-5 Sat: 8-12

931-684=9000

KINCAID SERVICE CO. **APPLIANCES ELECTRONICS FURNITURE BEDDING**

400 Madison St Shelbyville, TN 37160 **931-684-5662** kincaidservice.com

Mullins Insurance

204 N. Main Street Shelbyville, TN 37160 931-684-7436 FAX **931-680-0322** mullins208@yahoo.com

ADAMS Roofing Inc. SHELBYVILLE, TN

931-580-1462 931-684-1463

Licensed - Bonded Insured



Shelbyville mclaxton@shelterinsurance.com ShelterInsurance.com/mclaxton







931-294-2339 newsomhvac@gmail.com

Would you like to be included on this page? Please call display advertising at 931-684-1200 or email dwomble@t-g.com

Wednesday Night Bible Study - 6:00 pm

S Times-Gazette PORTS

Saturday, April 1, 2023

Eagles notch 1st district win

By GARY JOHNSON

Sports Writer

A combination of timely hitting and outstanding pitching led to Shelbyville Central's Golden Eagles picking up their first District 6 4-A win of the season.

The Eagles (2-8, 1-3) banged out 11 hits, while starting sophomore pitcher Palmer Edwards had a great outing before handing the ball over to Carston Williams, who was just as impressive in relief.

Shelbyville Central exploded for four runs in the bottom of the first inning then added three more in the second frame.

A number of costly errors by the Rebels helped

Franklin County (5-4, 1-3) scored in the fifth off a Payton Miller two-run homer then added a run in the sixth.

William Bobo ripped a double and added a single, Jaqual collected three singles while Williams collected a pair of hits to highlight the Golden Eagles 11-hit effort.

Edwards was in control from the start, scattering four hits, two earned run while fanning six batters with no walks in 5 1/3 innings to claim the win.

Williams struck out three batters, walked one and didn't allow a hit or

Josiah Cullins got the start on the mound for Franklin County with relief appearances from Miller and Casen Gilliam.

Franklin County 000 021 0 - 3 4 3 Shelbyville Central 430 000 X - 7 11 5

Franklin County: P Miller 2-for-4, Lowe 1-for-3, Gilliam 1-for-2.
Shelbyville Central: William Bobo 2-for-4, Jaqual Beverly 3-for-4, Carston Williams 2-for-2, Nick Johnson 1-for-4, Caden Thomas 1-for-3, Mason Shavers 1-for-4, Kyler Trice 1-for-3.
WP: Palmer Edwards LP: Josiah Cullins

Franklin Co. 6, Shelbyville 3

WINCHESTER - Shelbyville Central let one slip away as the Golden Eagles lost a 4-3 decision to Franklin County in a District 6-4A contest on the road on Monday.

The Eagles (1-8, 0-3) plated three runs in the top of the first inning but were held scoreless over the next six innings.

Sophomore Samuel Vincent pitched a complete game to claim the win on the mound, scattering six hits with seven strikeouts and no walks.

Jacob Hardison, Braden nHenley and P. Miller each collected a pair of hits for the Rebels.

Jaquail Beverly ripped a double while William Bobo collected three hits to lead the Eagles at the plate.

Marquis Wilison got the start on the bump for Shelbyville Central, allowing nine hits, three runs while fanning two batters and walking a pair in four innings of work.

Bobo closed out the final two innings, allowing one run off three hits with three strikeouts and a walk.

The Eagles host Franklin County on Tuesday evening

Shelbyville Central Franklin County 100 021X - 6 12 2

Shelbyville Central: William Bobo 3-for-3, Jaquai Beverly 1-for-3, Carston Williams 1-for-3, Nick Johnson 1-for-3. Franklin County: Samuel Vincent 1-for-4, Austin Roberts 1-for-3, Miller 2-for-4, Gus Gardner 3-for-3, Braden Henley 2-for-4, Casen Gilliam 1-for-3, Jacob Hardison 2-for-3. WP: Samuel Vincent LP: Marquis Wilson



Shelbyville Central sophomore right-hander Palmer Edwards turned in a stellar performance on the mound against Franklin County on Tuesday night, scattering four hits, two earned run while fanning six batters with no walks in $5 \, 1/3$ innings to claim the win.

Champs drop district series to Rockets

By WILL CARTER

Sports Writer

BELL BUCKLE — In a grind-it-out District 7-AA opener with the Forrest Rockets on Monday night, the Cascade Champions rallied to make it a onerun game heading into the seventh inning, but couldn't complete the comeback, falling 6-3 in the end.

Heading into the top of the sixth inning the Champions (1-6, 0-1)trailed 2-1, but surrendered two runs with two outs down to the Rockets (can't find their record) to increase their deficit to 4-1.

The second run of the inning scored on a dropped third strike, but reliever Zach Crosslin struck out the next batter to get out of the jam.

Crosslin tossed 1 1/3 innings giving up two runs on two hits while fanning three batters.

Cascade answered with their own respective two-out rally in the bottom of the sixth after Jaxon Sheffield knocked a leadoff double deep into left-center field as Conner Melson knocked a double of his own off the right field wall to score Sheffield.

In the next at-bat, Jordan Childress reached base on a throwing error, and Melson scored to make it a 4-3 game heading to the final frame.

Crosslin notched his third strikeout of the game in the top of the seventh after giving up a single and hitting the leadoff batter, but walked the next two batters to give the Rockets a 5-3 lead.

Cascade logged their second out of the inning in the next at-bat by catching Forrest stealing home on a passed ball which left Crosslin facing a 3-2 count against Forrest starting pitcher Riley Durbin.

Durbin dropped a single in the infield to score Carter Walk from third for a 6-3 Rockets lead.

He went 2-for-3 on the night with two RBIs, and nine batters in a complete game outing.

Crosslin walked the next batter to load the bases, but got out of the jam with a fly

out to end the tough inning.

"We had some bad luck at times. I felt like we made plays, they made plays, and it was back-and-forth," Champs head coach Travis Sheffield said.

"It was a 2-1 ballgame going late into the game. We had a small cross up with the catcher. Wound up missing a fastball for a passed ball on an 0-2 count, and they scored a run. Later Zach threw a good pitch, but they got a little infield single. If we would have capitalized at the end to be down only one run instead of three before our last atbat, there's a lot more pressure there at the end. We just had some bad luck."

Champion catcher Noah McGeary hit a two-out single to try and kickstart a rally, but Sheffield flied out on the first pitch he saw to end the game.

McGeary went 2-for-4 with a pair of singles on the night.

The Champions outhit the Rockets 7-6 on the night, but couldn't knock one at times with runners in scoring position, leaving six stranded throughout the game.

Sheffield and his staff have been pushing a philosophy of "playing catch at the plate" to their squad meaning to keep it simple and not try to do too much - and he emphasized that sentiment after the loss.

"We have some guys that can do some big things at the plate, but they try to do too much with runners on base instead of just 'playing catch.' We've been trying to send the message of 'just catch the ball' when you're at the plate," he said. "I'd have to look at the numbers, but multiple strikeouts with runners in scoring position is not going to win many ball games. Hats off to him (Durbin) for sure. It wasn't anything we hadn't seen before, but he was blowing fastballs by us in fastball counts."

Cascade used three pitchers throughout the game with Walker Craig tossing the first four innings, Chance Brown relieving for 1 2/3 innings, and Crosslin finishing out



T-G Photo by Will Carter

second inning.

Champion starter Walker Craig fires a pitch towards home plate against Forrest on Monday night. Craig struck out three batters in four innings of work.

the final 1 1/3 innings.

The trio gave up two hits and struck out three batters each while combining for 13 walks.

Champion junior Sawyer Lovvorn blasted the lone home run of the night with a solo shot in the bottom of the second inning to tie the game 1-1, but the Rockets took a 2-1 lead in the top of the third inning and held it for the rest of the game.

Cascade: Noah McGeary 2-for-4, Brayden Dennison 1-for-2, Jaxon Sheffield 1-for-3, Walker Craig 1-for-3, Sawyer Loworn 1-for-3, Conner Melson 1-for-3. Forrest: Riley Durbin 2-for-3, Ryan Meglis 2-for-4, Carter Walk 1-for-2, Brennan Mealer 1-for-2.

WP: Durbin LP: Craig

Forrest 7, Cascade 3 CHAPEL HILL -

four-run second inning by the Rockets was more than Cascade could overcome on Tuesday in the 7-3 loss to Forrest.

Forrest took advantage of a pair of walks in the fourth and with the bases loaded, plated the first run

of the game after Carter Walk was hit by a pitch. Tyler Baxter then con-

nected on a three-RBI double off starting pitcher Jaxon Sheffield.

Sheffield settled in and posted a scoreless third inning and Cascade was able top drive in its first run of the game on a Conner Melson RBI double to left.

But forrest stormed back and plated two more runs in the bottom of the inning and a seventh run in the bottom of the fifth.

The Champions made a bit of a late-game push in the top of the seventh when Chance Brown ground into a fielder's choice, but drove in a run on the play and McGeary added a second run in the seventh on a RBI single to right.

Sheffield went four innings and gave up six runs on five hits, while striking out five. Logan Green pitched

2/3 oof an inning and gave up one run.

Cascade participated in the Viking Classic over the weekend.

Cascade 000 100 2 — 3 6 0
Forrest 040 210 x — 7 5 0
Cascade: Noah McGeary 2-for-4, Jaxon
Sheffield 1-for-3, Walker Craig 1-for-4,
Sawyer Loworn 1-for-3, Conner Melson WP: Allen LP: Sheffield



Jaxon Sheffield settles in and delivers a strike in the



T-G Photos by Chris Siers

Sawyer Lovvorn makes the play in right field to record the out for Cascade.

Vikings comeback twice to sweep Grundy Co.

By Rickey Clardy Sports Writer

UNIONVILLE — The Community Vikings twice came back from deficits with the help of some clutch hitting and went on to defeat the Grundy County Yellow Jackets 9-5 in a District 7-AA contest Tuesday night.

The win Community (5-5, 2-0) a sweep of the two-game district series with the Yellow

"We had some huge hits with runners in scoring position," Coach Robbie Davis of the Vikings said.

The Yellow Jackets drew first blood as a 2-run triple in the opening inning gave Grundy County a 2-0 lead, but the Vikings used a two-run triple from Blaine Paschal and an RBI single from James Beech to take a 3-2 lead after the first inning.

After Grundy County scored three runs in the top of the second inning to reclaim the lead at 5-3, the Vikings scored twice in the bottom of the third as a Yellow Jacket throwing error helped plate two runs as Community tied the game at 5-5.

The Vikings took the lead for good with two runs

in the fifth after two were out. After a walk to Ryan Sharp, singles by Maki Fleming and Mason Russell brought home the runs as Community went up 7-5.

The Vikings used a tworun single by Nick Evans to bring home two insurance runs in the sixth as Community upped its lead

"Nick Evans had the big hit with the bases loaded that broke the game open," Davis said.

The Yellow Jackets threatened in the top of the seventh as a single, walk, and Viking error brought the tying run to the plate.

But Cody Paterick, who came on in relief after Paschal went the first four innings, struck out the side to put out the fire and give Community its fifth win in the last six games.

Paschal and Fleming each had two hits to lead the 10-hit Viking attack.

The duo of Paschal and Paterick struck out 15 Yellow Jackets, with Paschal striking out 10 and Paterick fanning five.

"We very easily could have had a few more wins, but we try the first two weeks to move some guys around and get some young pitchers in that need the



Corey Paterick of the Vikings dives back to first in the opening inning. Paterick was the winning pitcher and struck out five over three innings of work.

experience," Davis said.

"Our guys know the overall record doesn't mean anything, but it's the Monday-Tuesday games that matter," Davis added.

230 000 0 — 5 7 2 302 022 x — 9 10 3

Community: Blaine Paschal 2-for-2, Maki Fleming 2-for-3, Ryan Sharp 1-for-2, Mason Russell 1-for-3, James Beech 1-for-3, Nick Evans 1-for-3, Drew Harris 1-for-4, Jaxson Roberts 1-for-4.

Community 1, Grundy

COALMONT - Mason Russell pitched a 3-hit shutout and provided the only run of the game with a third-inning home run as the Community Vikings opened their District 7-AA schedule with a 1-0 victory over the Grundy County Yellow Jackets Monday night.

Hits were hard to come by as the two teams combined for just six hits as Russell and Yellow Jacket starter Jarrod Huntley battled in the pitchers' duel.

The Yellow Jackets challenged in the opening inning as the first two batters reached base on singles, but a double play squelched the rally and kept the score at 0-0. The game remained

scoreless until two were out in the third inning when Russell connected on a 3-2 pitch and put the ball over the left field fence to give Community (4-5, 1-0) a 1-0 The Yellow Jackets put

two runners on base in the sixth inning with one out, but Russell was able to escape the jam and keep the Vikings in front.

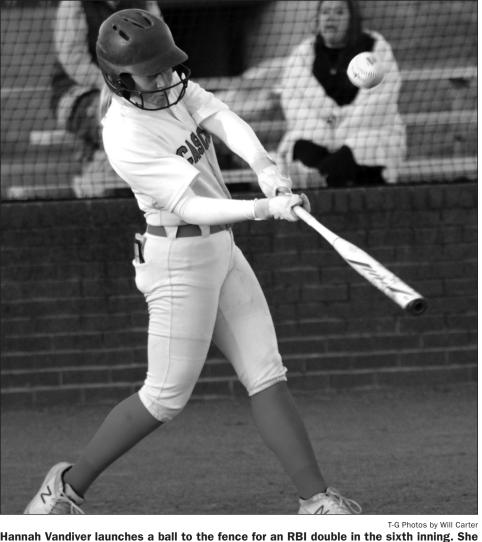
The game ended in grand style as Russell struck out the side in the seventh inning to preserve the Viking win.

Russell struck out 11 and walked only one in the contest while Huntley fanned 10 and issued two walks.

Community

000 000 0 — 0 3 0

Community: Mason Russell 1-for-3. James WP: Russell



was a single shy of hitting for the cycle.



Brianna Horn struck out 13 batters while giving up only one run after taking the mound in the second inning for the Lady Champions on Tuesday night.

Lady Champs battle back for win over Lady Knights

By WILL CARTER Sports Writer

BELL BUCKLE After surrendering six runs in the opening frame on Tuesday night, the Cascade Lady Champions tightened up defensively and found their rhythm at the plate to battle back for a 10-7

victory over the Nashville

Lady Knights.

Lady Champion pitcher Brianna Horn replaced Katelyn Lambert in the pitcher's circle to start the second inning and kept Nashville at bay by allowing only one run on four hits for the rest of the game, while striking out 13 bat-

ters in the process. "When she's focused in, she's really tough," Lady Champs head coach Willie Carter said. "We just have

to keep her focused when

she's on the mound, and we're tough to beat on any night.'

Cascade (5-5) entered the bottom of the sixth inning trailing 7-6 with the middle of their lineup coming up to bat for a chance to complete the comeback. Christina Bilbro knocked

a leadoff single to open the half inning, and scored on the next at-bat with Hannah Vandiver blasting a double to the right-field fence to tie the game at 7-7. Vandiver was a single

shy of hitting for the cycle as she notched an RBI triple in her first at-bat and a tworun homer in her second to total a game-high four RBIs and a perfect 3-for-3 on the The Lady Champions

scored three more runs in the inning with a sacrifice bunt from Caitlin Fannin to score Vandiver and a two-run homer off the bat of Horn two at-bats later for a 10-7 lead moving to the seventh inning. Horn walked the Lady

Knights' leadoff batter in the top of the seventh before the Lady Champions recorded three consecutive outs to secure the win. After the Lady Knights took their 6-0 lead in the

first inning, Carter sent a message to his team to focus on the task at hand and win the game. "I told the girls right after the top of the first

inning that we didn't come focused and ready to play," Carter said. "Finally, they focused in, and we found a way to score 10 runs and win the

game. That's what it boils

answered his call with three runs in the bottom of the first inning to chip away at their deficit. Ella Thompson hit a

The Lady Champions

leadoff single to kickstart the inning for Cascade, and it was soon a 6-2 game after Bilbro doubled to score Thompson, and Vandiver followed it up with her RBI Vandiver scored on a

fielder's choice in the next at-bat to make it 6-3 after the first inning. Her two-run homer in the bottom of the second

inning left them with a 6-5 deficit, but the Lady Knights scraped a run across on an error in the top of the fourth to regain a two-run advantage. In the bottom of the

Champions made it a onerun game once more on a dribbler to first base by Alivia Fannin to score Vandiver from second. Carter and assistant

fourth inning, the Lady

coach Janie Demonbreum emphasized making adjustments in the box to their squad throughout the game, and they did just that for the comeback win. "Coach Deomnbreum

and I try to prepare them for the timing of the opposing pitcher, so they can make adjustments in the box when to swing and when not to swing," Carter said. "They started making some The Lady Champions

adjustments and started hitting the ball well." will have a couple days off before they embark

on a loaded District 7-AA

schedule next week with the first of the three coming on Monday against the Grundy County Lady Yellow Jackets.

Cascade defeated Grundy County 14-6 earlier in the season.

"Next week we have three district games that are really important, and we're going to make some adjustments before then to give us a better chance," Carter said. "We'll have a couple days off to heal up some injuries and be ready to go for the district games coming up."

600 100 0 — 7 10 1 320 104 x — 10 9 2

Cascade: Hannah Vandiver 3-for-3, Christina Bilbro 2-for-3, Alivia Fannin 1-for-2, Kloey Carter 1-for-2, Brianna Horn 1-for-

LB reaches 5-year deal minor leaguers By RONALD BLUM Associated Press. ed approval, and about \$11,000 to \$27,300 at High agreement two days before A and High A will have AP Baseball Writer The person spoke on the start of the minor 5,500 minor leaguers were

NEW YORK — Minor league players reached a

historic initial collective bargaining agreement with Major League Baseball on Wednesday that will more than double player salaries, a person familiar with the negotiations told The

condition of anonymity

because details were not

announced. As part of the five-year

deal, MLB agreed during the contract not to reduce minor league affiliates from the current 120.

The sides reached the

after a federal judge gave final approval to a \$185

million settlementreached with MLB last May of a lawsuit filed in 2014 alleging violations of federal minimum wage laws.

Union staff recommend-

league season and hours

MLB teams must also vote to approve and were likely to do so over the next week. Minimum salaries will rise from \$4,800 to \$19,800 at rookie ball, \$11,000 to

\$26,200 at Low Class A,

eligible to cast ballots in

a vote expected Thursday.

Class A, \$13,800 to \$27,300 at Double A and \$17,500 to \$35,800 at Triple-A. Players will be paid in the offseason for the first time. Most players will be

Triple-A will be given a

single room. Players at Low

guaranteed housing, and players at Double-A and

the option of exchanging club housing for a stipend. The domestic violence and drug policies will be covered by the union agreement. Players who sign for the first time at 19 or older can become minor league free agents after six seasons

instead of seven.

VIQUEEN SOFTBALL HITS GULF SHORES



The Community Viqueens made the most of their spring break as they participated in the Gulf Shores Tournament over the course of the week. Community competed in six games in the tournament and posted a record of 2-3-1, with wins coming coming against Colbert Co. (Ala) in an 8-0 victory and Wicksburg (Ala.) in an 8-6 victory. The Viqueens get a bit of a break before diving into more familiar opponents against Cascade on Thursday in Game 2 of the series.

MLB broadcasters adapting to faster pace under new rules

By JOE REEDY AP Sports Writer

Major league pitchers and batters aren't the only ones going on the clock this season — big league broadcasters have also been using spring training to adjust to baseball's new rhythm amid a series of rules changes. When the season opens Thursday, Major League

Baseball will usher in an age of sharper, quicker and more concise commentary.

For a generation of play-by-play pros who grew up idolizing loquacious storytellers like Hall of Famer Vin Scully, it's been an adjustment — but not necessarily an unwelcome one.

'It's been one of the most enjoyable spring trainings I've had in a long time," said Greg Brown, who is in his 30th season calling Pittsburgh Pirates games on radio and television. "I think over the years I've been critical of a lot of things Major League Baseball has done, but in this case, I think they've got it right."

With only 30 seconds between batters and 15-20 seconds between pitches, announcers have had to learn where to focus their view between pitches so they don't miss anything.

To say the quick pace affects all elements would be an understatement. Brown, who said he is a notorious water drinker, has started to chew on hard candy to keep his mouth from drying up — a trick he learned from Scully.

Before joining the Arizona Diamondbacks last season, Chris Garagiola did games for Pensacola in the Double-A Southern League, which had a pitch clock and limited infield shifts. But even with that experience, Garagiola is still learning the best way to get the requisite promotional reads during games.

Garagiola said last season he would do some during the middle of an at-bat if the game was lagging, but now he is trying to do them coming out of a break between innings or immediately after an out.

Many worry the new rules will take away the storytelling and folksy nature of calling baseball on the radio. Then again, Scully thrived in an age when games were quicker, too — the average time of big league games never exceeded 2 hours, 40 minutes until 1982. The average time has been above three hours since 2012, including 3:10 last season.

Cleveland Guardians radio broadcaster Tom Hamilton said he paid too much attention to the clock during the first week of spring training, to the point where he was missing what happened in the field. Hamilton hopes the one adjustment that umpires can make is being more demonstrative on pitch clock violations and whether it is on the pitcher or batter.

"You have to pop up your head in a hurry after writing something down, or you miss something. I've gotten burned on that a couple of times," said Hamilton, who has done radio for Cleveland since 1990. "You've got to be a lot more judicious with your words and get in and out of things quicker because it's amazing how quickly an inning of baseball can go by right now.'

Hamilton said the last three innings of baseball games had become like the final 2 minutes of some basketball games because of how things tended to grind to a halt.

"I would have a hard time finding a group of people that enjoyed watching nothing. We're saving 25-26 minutes of nothing," Garagiola said. "I did the math over a whole season, which adds up to under 80 hours. I mean, just three full days of nothing." Michael Kay — who does Yankees games and is part

of ESPN's KayRod Cast on "Sunday Night Baseball" still thinks the changes will significantly impact radio more than television. "Maybe you won't be able to see eight replays on a

simple ground ball to short because there's not much time between batters, but I think it's going to have a big impact on radio broadcasts where the analyst simply is not going to have time to talk," he said. "I think that's going to be a different vibe, baseball on the radio this year."

Kay also noted that the KayRod Cast, which he does with Alex Rodriguez, usually had guests on for 1 1/2 innings last season, but that might change if the innings are shorter. Sometimes though, not talking is not a bad thing.

ESPN "Sunday Night Baseball" analyst Eduardo Perez acknowledged that there's a running joke in which the best innings are ones when the analysts never talk — and said there might be some truth to it.

"If you want to still broadcast Major League Baseball, you better adapt, or you'll become a dinosaur," Hamilton

said. "The game will dictate whether or not you can get those stories and stats in. If you have a great game and didn't get a chance to use a lot of that material, that was better for the audience anyway, because it's still the game

NFL front offices becoming more diverse Black players in 2022. son and is the new defen-

AP Pro Football Writer

PHOENIX — The NFL

took another step at the owners meetings to increase diversity throughout the league while continuing to face criticism and a lawsuit for lack of representation among head coaches. Each team is now

required to have a person in charge of diversity, equity and inclusion. Currently, 15 clubs have a DEI head and two others have someone leading that department and another one.

"They actually have to have specific roles and deliverables that are in their job description so that is a big thing," NFL executive Jonathan Beane said in an interview with The Associated Press. "The reason why that's so important is we have to have a single point of accountability at the clubs where they are focused on driving it throughout their organization, in football operations and coaching, in business operations, engaging with ownership to make sure that this is a priority throughout the whole ecosystem of a club."

The league has reached milestone points in diverse hirings in the front office, but critics point to the sidelines where there are only three Black head coaches in a sport that had 56.4% The NFL now has seven

minority team presidents, including five who are Black and three women, and nine general managers, including eight Black men. But there are six minor-

ity head coaches overall. Mike Tomlin (Pittsburgh Steelers), Todd Bowles (Tampa Bay Buccaneers) and DeMeco Ryans (Houston Texans) give the league three Black head coaches entering a season for the fifth year in a row. "While increased diver-

sity in executive roles could lead to increased diversity on the sidelines, progress on this front has remained stagnant for years," said Devan Rawlings, the author of Revelio Labs' NFL report. "The NFL has a significant disparity between the diversity of its players and that of its coaching staff — the largest among men's major leagues — and this has not changed despite a large pool of diverse former players that could meet a demand for coaching talent."

Brian Flores, the former Miami Dolphins head coach, sued the league and three teams last year, saying the NFL was "rife with racism," particularly in its hiring and promotion of Black coaches. Flores was an assistant with the Pittsburgh Steelers last seasive coordinator for the Minnesota Vikings. "I will acknowledge our

representation of diverse head coaches, in particular Black head coaches, is certainly below our expectation and is not where anyone wants it to be or knows it needs to be," said Beane, the senior vice president, chief diversity and inclusion officer for the NFL.

"We have way too much talent out there to have the representation among the head coaches that we have. However, I think it's really, really important to look at other areas that are CEOtype positions, that are critical positions to the success or failure."

The number of minority presidents and GMs are the most in NFL history. The league didn't even have its first Black president until the Washington Commanders hired Jason Wright in August 2020. Kevin Warren (Chicago Bears), Sashi Brown (Baltimore Ravens), Sandra Douglass Morgan (Las Vegas Raiders) and Damani Leech (Denver Broncos) have joined him in the past two years.

Just four years ago, Miami's Chris Grier was the only Black GM in the NFL. Kwesi Adolfo-Mensah (Minnesota Vikings), Ryan Poles (Chicago Bears),

Andrew Berry (Cleveland Browns), Martin Mayhew (Washington Commanders), Brad Holmes (Detroit Lions), Terry Fontenot (Atlanta Falcons) and Ran Carthon (Tennessee Titans) have joined him.

"And we know we still can do better," Beane said. "Those are roles that are extremely vital. There is no role that is less important than the other. Head coach is vital, but GM is just as important. President is just as important. They all drive to the success of the organization and you need all three of those thriving in order to be successful. And so when we look at whether we're making progress, we have to look at all of the roles in an organization, especially in senior roles. So it's not just head coach. All of these other roles are vital and determine the suc-

cess and failure of a club." Commissioner Roger Goodell agrees there's room for improve-

"We still feel like there's better work and more work ahead of us," Goodell said last month. "There's progress, and we're pleased to see progress, but it's never enough. We always look to sort of say, 'How can we do

Final Four a chance for SDSU to double its championships

By BERNIE WILSON AP Sports Writer

SAN DIEGO — The

number of San Diego State teams that have won an NCAA Division I championship can be counted on one finger.

Aztecs fans Many and alumni have no idea because it happened 50 years ago and the school dropped men's volleyball in 2000. Brian Dutcher, who has been on campus for 24 years, does know about that championship and would love to double the school's total when he coaches the Aztecs in their first Final "Volleyball. Men's vol-

leyball. Chris Marlowe," Dutcher said, referring to one of the stars of that 1973 team, who went on to win a gold medal at the 1984 Los Angeles Olympics and once broadcast SDSU basketball games on local TV. "They're hard to get so you value every one of them when you can get one."

SDSU's first trip to the Final Four, secured with a nail-biting win against Creighton, has resonated with Aztecs alumni and fans, as well as throughout this championship-starved city. Even Bill Walton is stoked, which shows how big of a deal it is. The Aztecs (31-6) will play fellow firsttimer Florida Atlantic (35-

3) in the national semifinals

Marlowe,

who does

play-by-play for the Denver Nuggets, said he lost count of the number of calls, texts and emails he received after the Aztecs won the South Region final Sunday. The highlight was a voicemail from Walton, who grew up near SDSU, won two national titles under John Wooden at UCLA and watched his youngest son, Chris, play for Steve Fisher at SDSU in the early 2000s.

"It went on for maybe two minutes about 'How great it is for San Diego State and Chris Marlowe, you were an Aztec!' You know how Bill can rant. It was just so much fun to listen to his message. I called him back and I now have a dinner invitation at his house when in August we go down there for vacation," Marlowe said. SDSU has had some

great individual basketball players, including Kawhi Leonard, Michael Cage and two-sport star Tony Gwynn. Gwynn still holds SDSU's game, season and career assists records. He was drafted by both the Padres and the then-San Diego Clippers on the same day in 1981, and a year

later began his 20-year Hall of Fame career with the Padres. He later coached baseball at SDSU for 12 seasons before dying of cancer in 2014 at age 54.

But the hoops teams

themselves have been most-

ly mediocre. Fisher inher-

ited one of the worst teams in the country when he was hired in March 1999, bringing Dutcher along as an assistant. Together they built the Aztecs into a West Coast power. Dutcher took over after Fisher retired six years ago.

"Everybody's just fired up," Marlowe said. "Sometimes the longest road can be the most beautiful thing. When you're winning every year, when you're contending every year, there are high expectations. I don't think anybody really expected this San Diego State team to get to the Final Four, but they have a terrific, interesting team to watch, with a collection of manly men strong and broad and long and jumpy, and yet they are very disciplined under Brian Dutcher, which is really impressive." Tony Gwynn Jr., who

played for his dad at SDSU, said it's "surreal" to see his alma mater in the Final Four. "For those of us who

have watched the Aztecs as long as I have, this is almost a coming-out party," Gwynn said. "Those are the type of wins that change the program forever and hopefully moving forward this is a consistent team."

deal this is. My dad's first

Gwynn imagines his father "having a smile from ear to ear" if he were still alive. "That's how big of a

love was basketball. He loved it so much that he was broadcasting State games for a while there. He loved the program. He got to see it in its infant stages and go from doormat to seeing the potential that it had."

Gwynn's phone was blowing up on Sunday, too. He was broadcasting the Padres' spring training game against Seattle in Peoria, Arizona. Mariners first baseman Ty France, who played at SDSU for Gwynn's dad, had just taken his defensive position when the score of the Aztecs game was announced on the PA system. "He was celebrating, I'm hanging out the window,

giving a round of applause. It was a San Diego State moment for sure," said Gwynn, adding that pretty much everybody he went to school with began texting him. "My phone could not stop buzzing." Asked if he knew how many NCAA champion-

ships SDSU has won, junior guard Lamont Butler said: "I think it's zero." Told about the 1973 men's volleyball team, he added: "Oh wow, I didn't know that." Gwynn also thought it was zero and then guessed

the one title was men's golf. Told it was men's vol-

leyball, he quickly added: "Before we got rid of the program."

Final Four a chance for SDSU to double its championships

By BERNIE WILSON

AP Sports Writer

SAN DIEGO — The number of San Diego State teams that have won an NCAA Division I championship can be counted on one finger. Many Aztecs fans and alumni have no idea

because it happened 50 years ago and the school

dropped men's volleyball in 2000. Brian Dutcher, who has been on campus for 24 years, does know about that championship and would love to double the school's total when he coaches the Aztecs in their first Final Four. "Volleyball. Men's volleyball. Chris Marlowe," Dutcher said, referring to one of the stars of that

1973 team, who went on to win a gold medal at the 1984 Los Angeles Olympics and once broadcast SDSU basketball games on local TV. "They're hard to get so you value every one of them when you can SDSU's first trip to the Final Four, secured with

a nail-biting win against Creighton, has resonated with Aztecs alumni and fans, as well as throughout this championship-starved city. Even Bill Walton is stoked, which shows how big of a deal it is. The Aztecs (31-6) will play fellow first-timer Florida Atlantic (35-3) in the national semifinals

Marlowe, who does play-by-play for the Denver Nuggets, said he lost count of the number of calls, texts and emails he received after the Aztecs won the South Region final Sunday. The highlight was a voicemail from Walton, who grew up near SDSU, won two national titles under John Wooden at UCLA and watched his youngest son, Chris, play for Steve Fisher at SDSU in the early 2000s.

"It went on for maybe two minutes about 'How great it is for San Diego State and Chris Marlowe, you were an Aztec!' You know how Bill can rant. It was just so much fun to listen to his message. I called him back and I now have a dinner invitation at his house when in August we go down there for vacation," Marlowe said.

SDSU has had some great individual basketball players, including Kawhi Leonard, Michael Cage and two-sport star Tony Gwynn. Gwynn still holds SDSU's game, season and career assists records. He was drafted by both the Padres and the then-San Diego Clippers on the same day in 1981, and a year later began his 20-year Hall of Fame career with the Padres. He later coached baseball at SDSU for 12 seasons before dying of cancer in 2014 at age 54.

But the hoops teams themselves have been mostly mediocre. Fisher inherited one of the worst teams in the country when he was hired in March 1999, bringing Dutcher along as an assistant. Together they built the Aztecs into a West Coast power. Dutcher took over after Fisher retired six years ago.

"Everybody's just fired up," Marlowe said. "Sometimes the longest road can be the most beautiful thing. When you're winning every year, when you're contending every year, there are high expectations. I don't think anybody really expected this San Diego State team to get to the Final Four, but they have a terrific, interesting team to watch, with a collection of manly men — strong and broad and long and jumpy, and yet they are very disciplined under Brian Dutcher, which is really impressive."

Tony Gwynn Jr., who played for his dad at SDSU, said it's "surreal" to see his alma mater in the Final Four.

"For those of us who have watched the Aztecs as long as I have, this is almost a coming-out party," Gwynn said. "Those are the type of wins that change the program forever and hopefully moving forward this is a consistent team."

Gwynn imagines his father "having a smile from ear to ear" if he were still alive. "That's how big of a deal this is. My dad's first love was basketball. He loved it so much that he was broadcasting State games for a while there. He loved the program. He got to see it in its infant stages and go from doormat to seeing the potential that it had." Gwynn's phone was blowing up on Sunday, too.

He was broadcasting the Padres' spring training game against Seattle in Peoria, Arizona. Mariners first baseman Ty France, who played at SDSU for Gwynn's dad, had just taken his defensive position when the score of the Aztecs game was announced on the PA system.

"He was celebrating, I'm hanging out the window, giving a round of applause. It was a San Diego State moment for sure," said Gwynn, adding that pretty much everybody he went to school with began texting him. "My phone could not stop buzz-

Asked if he knew how many NCAA championships SDSU has won, junior guard Lamont Butler said: "I think it's zero." Told about the 1973 men's volleyball team, he added: "Oh wow, I didn't know

Gwynn also thought it was zero and then guessed the one title was men's golf.

"Before we got rid of the program."

Told it was men's volleyball, he quickly added:

That 1973 national championship volleyball

entertaining, I think," Marlowe said.

team will have a 50th reunion in August in San Diego at the home of Duncan McFarland, who was

MVP of the NCAA Tournament. "If San Diego State happens to win the basketball championship, that would make it even more

Hurley's rebuild complete as **UConn returns to Final Four**

By PAT EATON-ROBB AP Sports Writer STORRS, Conn. -

Before every home game,

UConn's hype man gets on his microphone and greets the crowd with, "Welcome to the basketball capital of the Wooooorrrrld!" With four men's NCAA

championship hanging from the ceiling at Gampel Pavilion along with 11 women's banners, it's not an entirely empty brag. The Huskies (29-8) are

the biggest name left playing basketball this season, making the Final Four as a No. 4 seed, joining Miami (29-7) and San Diego State (31-6), both No. 5 seeds, and ninth-seeded Florida Atlantic (35-3). But while Connecticut can boast the most titles

of any school in college

basketball over the last

quarter-century, this week's

trip to the Final Four is the men's first since their last championship in 2014. In between, UConn went through a down period that included three straight losing seasons between 2017 and 2019 while languishing in the American Athletic Conference. It fired coach Kevin Ollie, lost a subse-

When Dan Hurley took

quent legal battle over his

salary and endured NCAA

the job in 2018, his charge was to restore luster to the

"The timeline, with the way that we did it, building a culture and doing it without cheating, without lying and doing it with integrity and building it the right way, I mean, we're exactly on time," Hurley said Tuesday. Hurley credits good

recruiting, including the additions this year of freshmen Alex Karaban, a starting forward from Southborough, Massachusetts, and Donovan Clingan, a 7-foot-2 center from Bristol. UConn followers growing up, both have played key And there were the trans-

fer portal pickups, including starting point guard Tristen Newton and role players Joey Calcaterra, Nahiem Alleyne and Hassan Diarra.

"I would definitely say the history was a huge component of why I came here," Karaban said. "Seeing the four banners up there and seeing what coach (Jim) Calhoun had built and for it to be close to home for me as well was a major factor. It was something I wanted to do in my college career. I wanted to win national championships and make it to the Final Four

to history, to what was a super-cemented, historical program."

and I wanted to add myself

Calhoun, the Hall of Fame coach who built UConn from a regional powerhouse into a national one, winning titles in 1999, 2004 and 2011, said Hurley has done a good job capitalizing on that foundation, including filling the school's practice facility with pictures of past championships and Huskies who went on to the NBA.

The school's decision to leave the American and rejoin the Big East in 2020 also was a factor, he said. "It helped, there's no

question," Calhoun said. "It helped get recruits. The competition, the opportunity to go great places and play great places. Nothing against the American, but the Big East is one of the two or three best basketball conferences in the country. We have teams that traveled very far in the tournament."

The Huskies haven't lost a nonconference game all season, and the battles in the Big East, where they lost eight times, have helped harden them for the tournament, Calhoun said. Hurley said he's been

relying heavily on advice from Calhoun and women's coach Geno Auriemma on how to prepare his Huskies for everything that surrounds a trip to Houston and a date with Miami.

The Hurricanes are coached by Jim Larrañaga, who rose to fame when he coached 11th-seed George Mason to an upset win over Calhoun's top-seeded UConn team in the 2006 regional finals. Larrañaga sees a lot of similarities in that matchup and this one — a shorter underdog against a much bigger blue blood with a longer history of success.

"We're like 6-4, 6-6, 6-7 and UConn is huge," he said. "So, it's an interesting matchup in terms of contrasting bigs versus smalls."

But while the Huskies are 8-1 in Final Four games, Hurley said the program's tradition won't help his team on Saturday.

"Having an incredible brand, it's great, because that means you have a huge fan base and generally there's going to be a pretty good commitment in terms of resources," he said. "But if you don't have the right people — if I don't have the right coaching staff being a blue blood doesn't, I mean, there's a lot of teams at home right now that are blue bloods."

Congressional hearing targets 'NIL chaos' in college sports

By RALPH D. RUSSO AP College Sports Writer

congressional hearing Wednesday targeting "NIL chaos" in college sports drifted into the ramifications of athletes being deemed employees of their schools and mostly highlighted those who support congressional intervention to protect the collegiate model.

A subcommittee of the House Committee on Energy and Commerce held the first hearing related to college sports on Capitol Hill in more than two years.

The intended focus was name, image and likeness compensation for athletes. College sports leaders have been calling for help in the form of a federal law to bring uniform regulation to the way athletes can earn money off their fame with sponsorship or endorsement deals.

Rep. Gus Bilirakis (Fla.-R), the chairman of the subcommittee on Innovation, Data, and Commerce, said passing a federal NIL law that would pre-empt existing state laws would provide clarity and transparency for athletes. "The lack of uniformity across

different states and institutions has created confusion and uncertainty and a federal standard is needed, so all athletes are playing by the same rules," Bilirakis said. "In short, we must strike a delicate balance between the rights of college athletes to profit from their own NIL while keeping the amateur status for all college Seven previous hearings have been

held in the House and Senate, but lawmakers have made no significant progress toward passing a college sports bill since the topic first started gaining attention.

The latest hearing was held days before the Final Four in the NCAA men's and women's basketball tournaments were set to be played in Texas.

Lawmakers questioned six wit-

nesses for nearly three hours. They heard from two college sports administrators, the president of a Division II university, a former NFL player, a current Florida State softball player and one of the leaders of an athletes' advocacy group.

Most of the witnesses encouraged congress to act on NIL.

"We need transparency in the market place," Washington State athletic director Pat Chun said.

Jason Stahl, executive director of the College Football Players Association, pushed back. He said any NIL regulations would only serve the interests of schools, conferences and the NCAA.

"The federal government should stay out of the NIL free market," he

The NCAA lifted its ban on college athletes earning money off their fame almost two years ago, but fear of lawsuits and a patchwork of state-level NIL laws steered the association away from putting in detailed and uniform

"The current NIL chaos means student-athletes are left to fend for themselves," said Rep. Cathy McMorris Rodgers (Wash.-R). "And those at the top of their game must figure out how to maneuver through a multiple of agents, collectives and high dollar contract offers all while maintaining their academic and athletic commit-The concern among many in col-

lege sports is NIL is being used as a recruiting inducement or as de facto pay-for-play, which are still against NCAA rules but have become difficult to enforce. New NCAA President Charlie

Baker, who was not among the witnesses at the hearing, has said the athletes are the consumers in this burgeoning market and a federal law would be a form of consumer protec-"NIL is a powerful vehicle that

rightfully allows student-athletes the ability to earn compensation from their unique market value," Baker said in a statement. "At the same time, the lack of transparency in today's NIL marketplace puts student-athletes in jeopardy of exploitation by bad

The hearing also veered into the topic of college athletes being deemed employees and the possibility that colleges could be required to share with athletes the revenue generated by their

At most Division I schools, revenue generated by football and basketball help fund all the other sports.

"The creation of an employeeemployer model would significantly threaten this current dynamic and alter everything we know about how sports outside football and men's basketball are supported," Florida State

softball player Caley Mudge said. A bill introduced by a California state lawmaker in January would if passed — require some Division I schools to share a percentage of revenue with mostly football and basketball players.

A federal lawsuit being heard in Pennsylvania seeks to make colleges treat Division I athletes like employees and start paying them an hourly wage. A complaint to the National Labor Relations Board could also lead to employee status being granted to some college athletes, which could open the door to unions.

"How does a football player unionize and a softball player doesn't?"

Patriot League Commissioner Jen Heppel, who testified before lawmakers, said in written testimony that Division I college athletes being deemed employees "would likely represent a breaking point for the sponsorship of athletic programs at Patriot League institutions."

Bubba Wallace rebuilds confidence on track, community off it By JENNA FRYER trying to have a better mindset so Wallace will use Richmond, a rare Richmond should be good for us."

AP Auto Racing Writer

A slow start to the NASCAR Cup

Series season — two crashes and an engine failure through six races has Bubba Wallace looking internally for the steadiness he needs to pull himself out of this early slump. Wallace to do some self-reflection.

It was his mother who encouraged

"It's day by day, right? Just got to be a better version of myself," Wallace told The Associated Press this week. "My mom had said to me, 'You know, if you want things to change, you got to change yourself.' So I'm just trying to change myself and be more active,

working out, eating better, and just

Yes, Wallace and NASCAR head

next to Richmond Raceway for a Sunday short track race at a venue that has not been one of Wallace's stronger tracks. His career-best finish at Richmond was 12th in 2019 when he drove for Richard Petty. He was 13th

last fall in his new 23XI Racing ride. But this weekend represents more to Wallace than a chance to show how far 23XI has come since its 2021 launch. The two-car team celebrated its first win of the season last week

with Tyler Reddick at Circuit of the

Americas and qualified three cars for

the season-opening Daytona 500.

NASCAR stop at a facility located in a fairly urban area, for his second annual "Bubba's Block Party." The free Friday night event is a community-focused NASCAR initiative aimed at bringing awareness, access and engagement to the sport within the Black community. The food truck village will feature

Black-owned businesses, and there will be live entertainment including iRacing, video games and a live pit stop demonstration by Wallace's Toyota crew. Wallace will host a "fireside chat" to discuss both his career and his attention on promoting diversity and inclusion across the sport.

THE AMAZING SPIDER MAN ® by Stan Lee-Larry Lieber















"KILLGRAVE"? THAT DOESN'T SOUND LIKE A REAL NAME, BUDDY.

BUT-IT**/S**MINE.AND-WHAT'S **YOURS?**







JUDGE PARKER ® by Marciuliano-Manley













POPEYE ® by Bud Sagendorft



















SUDOKU

8				5				
			1			3	4	
		7	3			1		
		9			8	6		
					2		3	
	7					9	1	8
						4		
6			9	2	1			
	1				3			

Level: Advanced

THATABABY® by Paul Trap









Determine the code to reveal the answer!

Solve the code to discover words related to letter writing.

Each number corresponds to a letter. (Hint: 1 = E)

15

Clue: Writing device

19 2 В.

20 24 21 26

Clue: Part of a computer

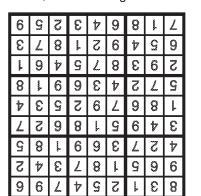
Clue: Thin sheet material

D. 10 5 26 8 17

Clue: Cognitive processes

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



: RANSWER:

Answers: A. pen B. paper C. keyboard D. thoughts

Want To Buy

WE BUY JUNK CARS & TRUCKS running or not we pick up & pay cash 931-619-5810

Always buying old sporting goods & sports related items, sports cards non sports cards collections wax boxes & cases 931-492-4304

SERVICES

Land Cleared Dozer Work 615-906-4103

Caretaker Services Will Clean Houses & Care for the Sick 931-639-3880

Pressure Washing,

Painting & Handyman Svc Free Estimates 931-619-8324

Quality Lawn Care 931-492-2050

LIVESTOCK

I Want to Buy Goats, Sheep, Chickens & Guineas 931-427-8477 256-777-0065

HELP WANTED

DENTAL ASSISTANT needed for full or part time in the Shelbyville area. Please text 931-703-9455 for more info.

Medical billing company offering an entry level position Job description to include

but not limited to: Data entry Ins. Verifications Customer service Knowledge & understanding of insurance Problem solving skills. Pay based on experience or negotiable Email resume to: mandy@ armanagementservices. com

Serious Inquires only FOR RENT

Office for Rent On Madison St. (Near McDonald's) \$1250 931-703-9455

1200 Sq. Ft. Business

GARAGE SALES 3 Family Sale 2393 Unionville Deason Friday, March 31st

Saturday, April 1st

8AM-?

Yard Sale Friday, March 31st Saturday, April 1st 6AM-3PM 100 Stephens Lane Furniture, Yard Equipment, Tools, Smoker, TVs,

Clothes, & Household

Items

109 Candlewood Estates Friday, April 7th 7AM-5PM Saturday, April 8th 7AM-2PM

8 Family Yard Sale

BARGAINS

2 Xbox Controllers Marble Print & Money Print \$10 Each Avon Deep Recovery Creme New in Plastic, \$25 Avon Eve Lift Dual Eye System, \$15 3 Outdoor Citronella Basil & Thyme, 11 oz. Jar \$7 for All 7 Ft. Lavender Wisteria Silk Tree, In Box Planter \$175 or Best Offer Leggings, Aprx. 30 Pairs Like New. \$2 Each Ivory Baker's Rack With Removable Cutting Board, Best Offer 2 Nebulizers

Used, 1 Only Been Used Twice. Make Offer 3 Ultrasonic Aroma Humidifiers With Color Changing LED Lights Brand New, Never Taken

Out of Box 1 Wood, 2 White with Clear Middle Strip \$8 Each

Collapsible Wheelchair, \$30 931-735-0685

Ariens Zero Turn Lawnmower 42" Cut, 17HP \$650, 931-215-8927

BARGAINS

6 Ft. Picnic Table, \$200

Wooden Top & Seats on

Antique Wrought Iron

Frame

Teeter Fitspine X3

Inversion Table

Like New, \$200

Brown Cloth Recliner, \$25

Old Wooden Ship Clock

Electric, \$40

48 Inch Round Maple

Table Pedestal, \$200

No Chairs

931-581-4026

AMF Regulation

Pool Table, \$1,000

Solid Oak, Slate Top

With Custom Light

Day Bed, \$400

Iron & Brass

New Mattress

931-695-3377

Leather Power Sofa

Stationary Love Seat

Two End Tables

TV Console

(Holds up to 65"TV)

931-580-7628

King Sized Bed

With Mattress, \$100

140.000 BTU Kerosene

Space Heater, \$150

Maple Dining Room Table

With 6 Chairs

Good Condition, \$100

2 Dog Crates

All Metal, \$20

931-205-7757

Good 2010 5 ft. x 8 ft.

2 Wheel Drive

Trailer with Title, \$750

2 Bush Hogs

5 ft. 3 Point Hitch &

6 ft. Pull Type

615-896-0939

PUBLIC NOTICE

Public Notice

The Shelbyville Municipal

Airport Authority will meet

in Regular Session on

Thursday, April 6, 2023

at 12:00 PM at Shelbyville

Municipal Airport Confer-

ence Room, 2828 Hwy

231 N. Shelbyville, TN

Any person wishing to

view the Agenda may

do so by contacting Paul

Perry, Airport Director at

the Shelbyville Municipal

Airport.

IN THE CHANCERY

COURT

FOR BEDFORD

COUNTY, TENNES-

SEE

AT SHELBYVILLE

IN RE: ZANDER

MICHAEL LANE VIL-

LANUEVA

(d.o.b. 01/23/2018)

A minor child under

the age of 18.

JENNIFER ORTEGA,

Petitioner,

SARAH WRIGHT

LANUEVA,

Respondents.

No. 574 & 575

ORDER OF PUBLI-

CATION

NOTICE TO: RE-

SPONDENT SARAH

WRIGHT AND

RESPONDENT STE-

VEN STITH (#574)

AND RESPONDENT

SARAH WRIGHT

AND RESPONDENT

JOSE DEJESUS VIL-

LANUEVA (#575)

Jennifer Ortega filed a

Bedford County Chancery

Court action alleging

that the rights of SARAH

WRIGHT and STEVEN

STITH, respectively, as to

minor child, Scelia W., and

those of SARAH WRIGHT

and JOSE DeJESUS VIL-

LANUEVA, respectively, as

to the minor child Zander

V., shall be terminated

and for adoption of same,

pursuant to Tennessee

Code Annotated §§36-1-

113 & 116, et seq., and

for any other further and

general relief as is in the

best interests of the minor

child(ren) at issue in this

cause. It appears ordinary

process of law cannot be

served upon you because

your whereabouts are un-

known or you are avoiding

service of process. You are

hereby ORDERED to file a

responsive pleading in the

Bedford County Chancery

Court on or before April

21, 2023, before the

Honorable Curt Cobb.

Bedford County Clerk &

Master, and make answer

to Petition and serve

a copy of their Answer

upon Petitioner's attorney,

Rebecca L. Lashbrook at

745 South Church Street,

Suite-A130. Murfreesboro.

TN 37130. Failing to

appear for the hearing on

this date and time, without

good cause shown, will

result in a judgement

against you in this matter.

You may view and obtain a

copy of the pleadings filed

against you, and any other

subsequent legal filings at

the Office of the Clerk of

the Chancery Court, Bed-

ford County, Tennessee.

This 21st day of March, 2023 Curt M. Cobb. Clerk & Master Rebecca L. Lashbrook. Attorney for Petitioner This notice should run each week for four (4) consecutive weeks, commencing March 25, 2023 (March 25, 2023 April 1, 8, & 15, 2023)

Public Notice

NOTICE TO CREDITORS Estate of Larry Gene Young Deceased

Notice is hereby given that on March 14 of 2023, Letters of Administration in respect of the estate of Larry Gene Young who died 12/4/2022 were issued to the undersigned by the **Bedford County Chancery** Court of Bedford County, Tennessee. All persons, resident and non-resident having claims, matured

or unmatured, against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty

the creditor received an actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1)(A): or (2) Twelve (12) months from the decedent's date of death.

(60) days from the date

Date: 03/14/2023 Rebecca Lee Reed Administratrix Curt M. Cobb, Clerk & Master Richard L. Dugger, Attorney (March 25 & April 1, 2023)

Lisa Smith. City Recorder (Apr. 1, 2023) **NOTICE TO**

CREDITORS Estate of Ruby Glen Trollinger Deceased Notice is hereby given that

on March 9 of 2023, Letters of Administration in respect of the estate of Ruby Glen Trollinger who died 12/25/2022 were issued to the undersigned by the Bedford County Chancery Court of Bedford County, Tennessee. All persons resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an

actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1)(A); or (2) Twelve (12) months from the decedent's date of death.

> Lisa M. Carden, Administratrix Curt M. Cobb, Clerk & Master John T. Bobo, Bobo, Hunt & White

Date: 03/9/2023

Attorney for the Estate (March 25 & April 1, 2023) NOTICE TO CREDITORS

Estate of **Theresa Dianne** McWhorter Deceased Notice is hereby given

that on March 9 of 2023, Letters of Administration in respect of the estate of Theresa Dianne McWhorter who died 2/28/2023 were issued to the undersigned by the Bedford County Chancery Court of Bedford County, Tennessee. All persons. resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above named Court on

or before the earlier of the

dates prescribed in (1) or

(2) otherwise their claims

will be forever barred: (1)

(A) Four (4) months from

PUBLIC NOTICE

the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1)(A); or (2) Twelve (12) months from the decedent's date of death. Date: 03/9/2023 Stephanie Anderson Administratrix Curt M. Cobb, Clerk & Master S. Todd Bobo. Bobo. Hunt & White Attorney (March 25 & April 1, 2023)

NOTICE TO **CREDITORS** Estate of **Alvin Thomas Jones** Deceased Notice is hereby given

that on March 2 of 2023. Letters of Administration in respect of the estate of Alvin Thomas Jones who died 1/3/2023 were issued to the undersigned by the Bedford County Chancery Court of Bedford County, Tennessee. All persons, resident and non-resident having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publica tion (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1)(A); or (2) Twelve (12) months from the decedent's date of death. Date: 03/2/2023 Robert Earl Jones Sr., Executor

> **NOTICE TO CREDITORS Estate of** Joe Lawrence McCall **Deceased**

Curt M. Cobb

Clerk & Master

Richard L. Dugger,

Attorney

25 & April

Notice is hereby given that on March 7 of 2023. Letters of Administration in respect of the estate of Joe Lawrence McCall who died 2/26/2023 were issued to the undersigned by the Bedford County Chancery Court of Bedford County. Tennessee, All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publica-

tion (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the

date of the first publication (or posting) as described in (1)(A); or (2) Twelve (12) months from the decedent's date of death. Date: 03/7/2023 Randy Joe McCall. Curt M. Cobb Clerk & Master S. Todd Bobo,

Bobo, Hunt & White Attorney for the Estate (March 25 & April 1, 2023)

> **NOTICE TO CREDITORS Estate of** Freda C. Alford Deceased

Notice is hereby given

that on March 22 of 2023,

Executor

PUBLIC NOTICE

Letters of Administration in respect of the estate of Freda C. Alford who died 2/24/2023 were issued to the undersigned by the **Bedford County Chancery** Court of Bedford County. Tennessee. All persons. resident and non-resident having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1)(A); or (2) Twelve (12) months from the decedent's date of death.

Date: 3/22/2023 Terry Wayne King, Executor Curt M. Cobb. Clerk & Master W. Andrew Bobo, Bobo, Hunt & White Attorney (April 1 & 8, 2023) **PUBLIC NOTICE** JOINT HOMELESS

TASK FORCE **AGENDA** April 11, 2023 5pm-6pm **Historic Court-**

house, 1 Public Square, Shelbyville Community Room, 2nd Floor **CALL TO ORDER PRAYER**

ROLL CALL MINUTES APPROV-AL **SUMMARY OF PRE-**VIOUS MEETING DISCUSSION 1.Discussion on

Camping/Loitering; 2.Discussion on Situational Crisis Center: 3.Discussion on Transportation of Individuals to the county:

4.Educating the Public/Business about steps to take: 5.Mental Health and **Medical Needs NEXT STEPS OTHER BUSINESS NEW BUSINES**

ADJOURN

(Apr. 1, 2023)

BEDFORD COUNTY STUDY SESSION ON JUVENILE DETENTION April 11, 2022 6pm-7pm Historic Courthouse, 1 Public Square Shelbyville

- Community Room, 2nd Floor (Apr. 1, 2023) **PUBLIC NOTICE**

The Bedford County **Board** of Commissioners On February 28, 2023, the **Bedford County Regional**

Planning Commission voted unanimously to give a favorable recommendation for the amendment of the Zoning Resolution of Bedford County. Specifically, Article II, Section 2.120 (A & B), Flag Lot and Flag-Shaped Lots, along with their respective definitions found in Article VII. Section 7.020. A public hearing will occur

immediately before the Bedford County Commission meeting which will begin at 7:00 p.m. on December 13, 2022. The public hearings and commission meeting will be held at the historic Bedford County Courthouse on the Shelbyville Public Square in the old 2nd floor courtroom, now Commission Chamber. Accommodations

Persons with a disability who wish to request a special accommodation to participate in the Public Meeting should notify Suzanne Alexander at least one (1) business day prior to the Meeting at (931) 684-7944 or email your request to suzanne.alexander@bedfordcountytn.gov to discuss accommodations. Every reasonable effort will be made to meet your need

(Apr. 1, 2023) SECTION 00111 **ADVERTISEMENT** FOR BIDS

Sealed Bids for the North

Brittain Street Drain-

Public Notice

age Improvements

Project will be re-

ceived by the City of Shelbyville, at City Hall located at 201 North Spring Street, Shelbyville, Tennessee 37160, until 2:00 p.m. local time on April 27. 2023. at which time the Bids received will be publicly opened, read aloud, and the apparent successful Bidder identified subject to further bid evaluation. Bids received after the above time and date will be rejected. The following is a general description of the Project: Installation of approximately 400 L.F. of 76"x48" elliptical RCP storm pipe (or alternative option of cast-in-place TDOT standard reinforced concrete slab bridge) and 7 precast storm structures as well as 2 additional cast in place storm structures of approximately 10'x12' and

6'x9' respectively. Installation includes the demolition and removal of existing 5' high x 6' wide stacked stone and concrete box culvert; reconnection of existing inlet pipes to new storm structures; repair/ replacement of surface disturbances resulting from storm structure installation including curb and gutter and asphalt roadway. Bids will be received for

a single prime Contract Bids shall be on a unit price basis with additive/deductive alternate bid items as indicated in the Bid Form. All bids must be in accordance with the Bidding Documents prepared and issued by the Issuing Office. The Issuing Office for the Bidding Documents is:

Griggs & Maloney, Inc.

located at Suite 205, 745

South Church Street, P.O.

Box 2968, Murfreesboro, Tennessee, 37133, (615)-895-8221. Prospective Bidders may examine the Bidding Documents at the Issuing Office on Mondays through Fridays between the hours of 8:30 A.M. and 5:00 P.M., and may obtain copies of the Bidding Documents from the Issuing Office as described below. Bidding Documents also

may be examined at the following: City of Shelbyville City Hall

· Griggs & Maloney, Inc. 745 S. Church Street, Ste. 205 Murfreesboro TN 37130 McGraw Hill Construction

Dodge, http://dodgeprojects.construction.com, (866) 794-6093 AGC & iSqFt Plan Room, 1811 Church Street,

Nashville, TN 37203, Ten-

nesseeAGC@isaft.com Construction Data Fax. 727 Main Street, Suite 200, Montevallo, TN 35115 West Tennessee Plan Room, 439 Airways Boulevard, Jackson, TN 38301 Printed copies of the Bidding Documents may be obtained from the Issuing Office, after 9:00 A.M. local time on April 5,

2023, upon payment of a non-refundable deposit of \$100 for each complete set of drawings and specifications. Checks for Bidding Documents shall be payable to "Griggs and Maloney, Inc". Upon request and receipt of the document deposit indicated above, the Is-

suing Office will transmit the Bidding Documents via delivery service. The date that the Bidding Documents are transmitted by the Issuing Office will be considered the Bidder's date of receipt of the Bidding Documents. Partial sets of Bidding Documents will not be available from the Issuing Office. Neither Owner nor Engineer will be responsible for full or partial sets of Bidding Documents, including Addenda if any, obtained from sources other than the Issuing Office. No electronic media design document

copies will be issued or allowed to be issued for this project without the express written permission of the Engineer. All Bidders must be registered plan holders with the Engineer. A pre-bid conference will be held at 2:00 P.M. local

time on April 17, 2023 at the City of Shelbyville City Hall located at 201 North Spring Street, Shelbyville, Tennessee 37160. Attendance at the pre-bid conference is

highly encouraged but is

Public Notice

not mandatory A "Bid Bond" or other bond security in the amount of 5 percent of the bid amount must accompany the submitted bid. The successful Bidder will

be required to furnish a "Performance Bond" and a "Payment Bond", each for 100 percent of the contract amount, as security for the faithful performance of the work and the payment of all bills and obligations arising from the performance of the work. All bids, which shall

include the costs for payment and performance bonds when required. shall remain binding on the Contractor for a period of 60 days after the bid date and time and the Owner reserves the right to accept any bid or bid alternate, to reject any or all bids, or to waive any informalities in bids received where such acceptance. rejections, or waiver is considered to be in the best interest of the Owner All alternates requested on the bid form will be considered in the award of the Contract.

All bidders must be licensed contractors as required by the Contractors Licensing Act of 1976 (TCA Title 62, Chapter 6) No bid will be opened unless the sealed envelope containing the bid provides the following information: the name, license number, expiration date thereof, and license classification of the contractors

prime contract and for the masonry over \$100,000. electrical, plumbing, heating, ventilation, and air conditioning contracts, and for each vertical closed loop geothermal heating and cooling project, the company name,

applying to bid for the

Tennessee Department of Environment and Conservation license number classification (G. L. or GL) and the expiration date appear on the outside of the envelope containing the bid except when the bid is in an amount less than twenty-five thousand dollars (\$25.000) [masonry over \$100,000]. When the bid is less than twentyfive thousand dollars

(\$25,000), the name of the contractor only may appear on the outside of the envelope containing the bid, and upon opening the envelope, if such bid is in excess of twenty-five thousand dollars (\$25,000), the same shall automatically be disqualified. Only one

(1) contractor in each

classification may be listed. Prime contractor bidders who are to perform heating, ventilation, and air conditioning or the geothermal heating and cooling must be so designated upon the outside of the envelope. Failure of any bidder to comply therewith shall void such bid and the envelope containing such bid shall not be opened or considered. The failure of any bidder to comply with all of the provisions hereof shall automatically disqualify such bid.

No faxed or e-mailed bids will be accepted. All bids must be in a sealed envelope marked "Brittain Street Drainage Improvements. The City of Shelbyville hereby notifies all bidders

that it will affirmatively insure that in any contract entered into pursuant to this advertisement. disadvantaged business enterprises will be afforded full opportunity to submit bids in response to this invitation, and will not be discriminated against on the grounds of age, race. color, religion, national origin, sex or disability in consideration for an award The City of Shelbyville

is subject to the Open Records Act, TCA 10-7-501, et. Seq. Bidders are advised that all documents submitted on behalf of this invitation to bid shall be open to the public for viewing and inspection. The City of Shelbyville will fulfill Public Records Requests in compliance with Tennessee Open Records Act. Owner: City of Shelbyville By: Buck Vallad Title: Public Works Director

PUBLIC NOTICE

END OF SECTION 00111 (Apr. 1 & 4, 2023)

Date: 4/1/2023

Public Hearing (to be

held prior to the meeting) Call to Order: Chairman, Mayor Chad D. Graham **Prayer and Pledge**

of Allegiance Open Meeting: Sheriff Austin Swing Roll Call: County Clerk

Donna Thomas **Minutes Approval:** 1. Approval of Commis-

sion Meeting Minutes from March 14, 2023 - Placed on the agenda without a recommendation by Rules & Legislative Committee. **Elections & Confir-**

2. Elect Notaries for May 2023 - Placed on the agenda by Rules & Legislative Committee. Presentations: None

mations:

Resolutions: 3. Resolution 23-17: A Resolution Authorizing Submission of an Application for a Litter and

Trash Collecting Grant from TDOT- Placed on the agenda by the Rules & Legislative Committee (4-0)4. Resolution 23-18: A Resolution Authorizing the

Bedford County Highway Department to Perform Work for All City and County Entities in Bedford County - Placed on the agenda by the Rules & Legislative Committee

(4-0)

5. Resolution 23-19: A Resolution to Amend Article II, Section 2.120 (A&B), Flag Lot and Flag Shaped Lots, along with their respective definitions found in Article VII, Section 7.020, of the Zoning Resolution of Bedford County - Placed on the agenda by the Rules & Legislative

Committee (4-0). 6. Resolution 23-20: A Resolution to Request Our State Legislative Delegation Introduce a Private Act Before the General Assembly Autho rizing the Bedford County Commission to Enact a Motor Vehicle Privilege Tax "Wheel Tax" in compliance with TCA 5-8-102 - Placed on the agenda by Financial

(Unanimous). Additional Items by **Standing Commit**tees:

Management Committee

Rules and Legislative Committee: None. Law Enforcement Committee: None. Courthouse and Property

Committee: None. Financial Management Committee 7. BCEMS Writeoffs 8. Surplus Property - BOE

9. Surplus Property -County 10. Tennessee Advanced Communications Network

(TACN) Contract - For Information Only. Other Business: 11. 3-year Evidenced-

Based Programming (EBP) Grant - Placed on the agenda by Commissioners Linda Yockey & Scott Johnson. Q3 Reports 12. Clerk & Master Circuit Court Clerk/Driving

School Director County Clerk Director of Schools **Economic Development** Election Registrar Highway Superintendent Property Assessor Registrar of Deeds Trustee

Adjourn /s/ Chad D. Graham

Announcements

Chad D. Graham, Bedford

County Mayor Accommodations Persons with a disability who wish to request a special accommodation to participate in the Public Meeting should

notify Suzanne Alexander at least one (1) business day prior to the Meeting at (931) 684-7944 or email you request to suzanne.alexander@

bedfordcountytn.gov to discuss accommodations Every reasonable effort will be made to meet your need.

(Apr. 1, 2023)

114 Prince Street Owner: Ray Brow 931-685-0046

SERVICES

Saturday, April 1, 2023 7C Shelbyville Times-Gazette



Prioritize Heart Health with a Balanced Eating Plan

FAMILY FEATURES

o matter your motivations, it's never too late or too early to start focusing on your heart health, and taking steps now can make a big difference. Small changes, like following a healthier eating plan, can help you start down a path toward improved heart health.

One step you can take is following the DASH eating plan, which is a flexible and balanced way of eating that stands for Dietary Approaches to Stop Hypertension and was developed by the National Heart, Lung, and Blood Institute. Requiring no special foods, DASH provides daily and weekly nutritional goals to help lower two major risk factors for heart disease: high blood pressure and high LDL (bad) cholesterol.

Being more physically active, managing stress, getting quality sleep and not smoking combined with DASH can put you on a path toward a healthy heart for life.

Encouraging others to join you on your heart-health journey can also be rewarding. Research shows social support and personal networks make it more likely you'll stick to

healthy habits like eating healthy. Sharing heart-healthy recipes with family and friends is an added bonus, and these DASHfriendly meals can help you take the guesswork out of putting nutritious dinners on the table. Greek-Style Flank Steaks with Tangy Yogurt Sauce offer the bold flavors of the Mediterranean while Teriyaki-Glazed Salmon with Stir-Fried Vegetables is as easy to make as it is colorful. For a complementary combination of pork and sweet fruit flavor, these Baked Pork Chops with Apple Cranberry Sauce are perfect to serve alongside brown rice or steamed broccoli. Learn more about heart health and find DASH-friendly recipes at nhlbi.nih.gov/DASH.

Greek-Style Flank Steak with Tangy Yogurt Sauce

Recipe courtesy of the National Heart, Lung, and Blood Institute Prep time: 25 minutes Cook time: 25 minutes Servings: 4

Marinade:

- 1/4 cup lemon juice
 - 1 tablespoon olive oil
- 2 teaspoons fresh oregano, rinsed, dried and chopped
- 1 tablespoon garlic, minced (2-3 cloves)
- 1 beef flank steak (12 ounces)

Yogurt Sauce:

- 1 cup cucumber, peeled, seeded and chopped
- 1 cup nonfat plain yogurt
- 2 tablespoons lemon juice
- 1 tablespoon fresh dill, rinsed, dried and chopped
- 1 tablespoon garlic, minced (2-3 cloves)
- 1/2 teaspoon salt

To make marinade: In large bowl, combine lemon juice, olive oil, oregano and garlic.

Lay steak in flat container with sides and pour marinade over steak. Marinate at least 20 minutes, or up to 24 hours, turning several times.

To make yogurt sauce: Combine cucumber, vogurt, lemon juice, dill, garlic and salt. Set yogurt sauce aside at least 15 minutes to blend flavors. Sauce can be prepared up to 1 hour in advance and refrigerated.

Preheat broiler to high with rack 3 inches from heat source.

Broil steak about 10 minutes on each side to minimum internal temperature of 145 F. Let cool 5 minutes before carving

Slice thinly across grain into 12 slices. Serve three slices with 1/2 cup yogurt

Tip: Serve in sandwich with pita bread, lettuce and tomato.

Teriyaki-Glazed Salmon with **Stir-Fried Vegetables**

Recipe courtesy of the National Heart, Lung, and Blood Institute Prep time: 20 minutes Cook time: 15 minutes Servings: 4

Salmon:

- 2 tablespoons light teriyaki sauce
- 1/4 cup mirin or sweet rice wine
- tablespoons rice vinegar
- tablespoons scallions, rinsed and minced
- 1 1/2 tablespoons ginger, minced 12 ounces salmon fillets, cut into four portions (3 ounces each)

Vegetables:

- 1 bag (12 ounces) frozen vegetables
- 1/2 tablespoon peanut oil or vegetable oil

Teriyaki-Glazed Salmon with Stir-Fried Vegetables

stir-fry

1/2 tablespoon garlic, minced (about 1 clove)

- 1 tablespoon ginger, minced
- tablespoon scallions, rinsed and minced
- 1 tablespoon light soy sauce

Preheat oven to 350 F.

To prepare salmon: Mix teriyaki sauce, mirin, rice vinegar, scallions and ginger well. Pour over salmon and marinate 10-15 minutes.

Remove salmon from marinade.

Place salmon on baking sheet. Bake 10-15 minutes, or until fish flakes easily with fork in thickest part and reaches minimum internal temperature of 145 F.

To prepare vegetables: Thaw frozen vegetables in microwave or place bag in bowl of hot water about 10 minutes. In large wok or saute pan, heat oil. Add garlic, ginger and scallions; cook gently, but do not brown, 30-60 seconds.

Add vegetables and continue stir-frying 2-3 minutes, or until heated through. Add

soy sauce. Serve one piece of salmon with 1 cup vegetables.



Baked Pork Chops with Apple Cranberry Sauce

Baked Pork Chops with Apple Cranberry Sauce

Recipe courtesy of the National Heart, Lung, and Blood Institute Prep time: 10 minutes

Cook time: 30 minutes Servings: 4

Pork Chops:

- 4 boneless pork chops (about 3 ounces each)
- 1/4 teaspoon ground black pepper 1 medium orange, rinsed and zested
- 1/2 tablespoon olive oil

Sauce:

1/4 cup low-sodium chicken broth

1 medium apple, peeled and grated (about

- 1 cup)
- 1/2 cinnamon stick
- 1 bay leaf 1/2 cup dried cranberries 1/2 cup 100% orange juice

Preheat oven to 350 F.

To prepare pork chops: Season pork chops with pepper and orange zest.

In large saute pan, heat olive oil over medium heat. Add pork chops and cook until browned on one side, about 2 minutes. Turn and brown 2 minutes. Remove pork chops from pan, place on nonstick baking sheet and bake 10 minutes to

minimum internal temperature of 160 F. To make sauce: Add chicken broth to saute pan and stir to loosen brown bits from pork chops. Set aside.

In small saucepan over medium heat, cook grated apples, cinnamon stick and bay leaf until apples begin to soften.

Add cranberries, orange juice and reserved broth. Bring to boil then lower heat to gentle simmer. Simmer 10 minutes, or until cranberries are plump and apples are tender. Remove cinnamon stick.

Peel orange and cut into eight sections.

Serve one pork chop with 1/4 cup sauce and two orange segments.



A delicate touchis needed. A small spray gun used to paint the lures.

Thompson's colorful fishing lures



Thompson sometimes uses netting to provide an integral design on a lure.



A variety of paints and finishes are used on the lures.



Thompson buys his paints from various stores in the area

and has a large variety to choose from.

Mark McGee

Photos by

He taught history for 10 years at Shelbyville Central High School after spending 29 years as a high school teacher in Alabama. He also has been a coach at each of his teaching stops.

A native of Shelbyville, Thompson was a quarterback for then head coach Doug Langston, and a lefthanded pitcher for coach John Stanford at Central High School. He also played for Stanford on an American Legion team. Thompson has always

loved Shelbyville and not just for the effect it had on his life athletically. "I was very fortunate

to have grown up in this town," Thompson said. "I have always considered myself lucky to have been born and raised here.

"It's big enough to have some conveniences, but not big enough to have all the crime you have in the bigger cities."

by Ithaca, New York,' Thompson said. "College baseball was a lot of fun."

"My college coach Rudy Abbott won over 1,000 games. I was blessed to play baseball for two of the greatest coaches of all time and two great human beings in coach Abbott and coach Stanford. Both are Hall of Fame baseball coaches."

Right now, Thompson's fishing lures are his hobby and not a business. He has occasionally allowed some of his lures to be auctioned off for charity, but he doesn't actively sell them.

day," Thompson said. "I've got so many now I would never be able to fish with all of them."

"I might do that one

Looking for a job? **NOW HIRING!**

Join our team! Starting pay \$18.00/hour, excellent benefits, including medical, dental and life insurance after 60 days, 401K plan, paid vacation and holidays at hire date

Full Time Positions for

• Plumbers • Electricians HVAC Installers HVAC, Plumbing & Electric **Service Technicians**

Send resume to: estimating@blalocks.com or apply at: 680 Ellington Parkway Lewisburg, TN



Each lure starts out with a plain finish that is waiting for Thompson to paint. He attended Jacksonville Lures State in Jacksonville, Ala. where he was a pitcher (Continued from Page 1) He played in the NCAA Division II World Series "I just have picked stuff up on YouTube," Thompson in 1973. said. "Some of it I have just "We were put out