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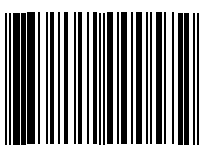
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Viqueens win on 3s

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UT-TPA
PRESS AWARD
2022



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Vol. 142, No. 2

Another industry looks at Shelbyville

Several others consider locating in 231 park

By **ZOË WATKINS**
zwatkins@t-g.com

The 231 Industrial Park on the highway between Murfreesboro and Shelbyville is filling up, or at least potentially so.

In 2014, the City of Shelbyville and Bedford County in a joint venture each put up \$600,000 to purchase the 86 acres of the industrial park. The land had no water, sewer, gas, and only electricity connections down the road, so the park lay dormant though it was listed as a "state certified site."

That is, until recently. Today, the new \$43 million Tennessee College of Applied Technologies and the \$95 million Duksan Electera America, Inc. plant take up all but 26 acres of the industrial park, according to lead economic director Shane Hooper.

Now the question is which industry will occupy those remaining 26 acres. According to Hooper, only about 20 of those acres are developable; the rest are wetlands.

But there are several viable "projects" looking at those acres that were once part of the Carlton Family property.

Possibilities

At Tuesday's 231 Industrial Park Board meeting, Hooper listed several potential industries—all under project names due to regulations from the Securities and Exchange Commission.

Project Khaki is a \$12 million capital investment project and has a potential of creating 60 jobs; Project Alabaster represents about 240,000 square feet of new build

and would have the potential for 100 new jobs; Project Silver would be \$20 million in capital investment and 40 new jobs; and Project Cobalt would be a \$12 million investment that could bring anywhere from 60 to 100 jobs.

Capital investment is crucial to the economy, according to Hooper. Those millions of dollars in capital investment are what industries get taxed on, thus maximizing existing resources. Of those projects, Hooper said Project Cobalt looks to be the one to "come through the quickest." No details can be released about these projects, but Hooper said Project Cobalt is listed as "light manufacturing." There will be a more detailed decision by the end of April.

Road access

Creating road access to this industrial park has been a challenge. For instance, anyone traveling the almost 90-degree turn of Frank Martin Road can speculate an increase in traffic flow on those roads would pose danger.

However, Hooper said those working with Project Cobalt would be willing to construct their own road. According to highway superintendent Mark Clanton, this would cost an estimated \$600,000 plus an extra 30% due to rising costs (for a total of \$780,000 or more).

Local contractors

With many aspects of
▶ See **Industry**, Page 2A

High winds leave behind damage



No storm warnings were issued during Tuesday's wind and rain event, but several residences in the Deason area suffered damage. This outbuilding at the home of Jayce Dial on U.S. 231 North just north of Coop Road was destroyed. Another area resident said she saw "swirling in the air."

OLD HOME COMING DOWN



The area around U.S. 231 north of Shelbyville continues to evolve. Among the changes is the removal of this older home, once stately but recently in a state of disrepair, just north of Deason.

City won't renew grants contract

•Related photos, Page 6A.

By **DAVID MELSON**
dmelson@t-g.com

Sometimes large expenditures prove unnecessary. Members of Shelbyville City Council expressed that feeling — and dissatisfaction in general — over a \$210,000 per year contract with Akerman LLC, a national law firm, at a study session Tuesday night.

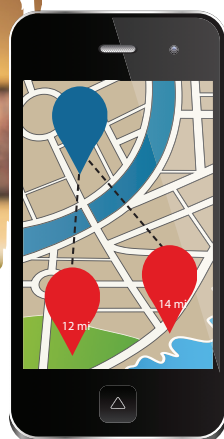
"Akerman has extensive experience in helping clients identify and maximize federal funding opportunities," its website states. "Our lawyers and policy advisors have substantial knowledge of federal appropriations and authorization matters and regularly provide clients with avenues to obtain federal funding for projects."

Akerman guides municipalities through the grant process but they have to apply themselves, City Manager Scott Collins said.

Council member William Christie asked if the firm had actually obtained any grants for the city.

"If Akerman says money is available to the city, who from the city asks for it?" Christie asked. Collins said all grants received were city staff generated.

▶ See **City**, Page 2A



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OBITUARIES

Michal Faith Moon

December 27, 2022

Michal Faith Moon passed away at home in Clearwater, Florida on December 27, 2022 after a brief illness.

She was born in Shelbyville, Tennessee, on July 11, 1983 to Randy Cunningham and the late Angela Boyce Cunningham.

Faith is survived by partner Chad Moon; son Vaden Moon; daughters Bree and Jacelyn Moon; father Randy Cunningham; stepmother Lori Cunningham; brother Andrew Cunningham and wife Taziah, stepbrothers Joshua Franklin and Brandon Franklin and wife Emily; grandparents Larry and Linda Boyce; and many other aunts, uncles, nieces, nephews, cousins and friends. She was preceded in death by her mother Angela Boyce Cunningham and grandparents Bobby Cunningham and Polly Tucker.

Faith worked as a registered nurse and was always busy. She enjoyed spending time with family and friends and going to the beach.

A memorial service will be held at Moss Feaster Funeral Home in Clearwater on Thursday, January 17 at noon.

A Celebration of Life for her family and friends will be planned at a later date here in Tennessee.



Charles Lee Turner Jr.

December 23, 2022

Charles Lee Turner Jr. 75, formerly of Shelbyville, passed away Friday, December 23, 2022 in Huntsville, Alabama.

Memorial services will be held 2:30 p.m. Sunday, January 8, at Hillcrest Funeral Home, Buddy Koonce officiating. Visitation will begin at 1 p.m.

Charles was born in Jackson, Tennessee. but grew up and spent most of his life in Shelbyville. He was retired from Eaton Corporation and Calsonic Kansei where he worked both as a quality control inspector.

He was the son of the late Dr. Charles Lee Turner Sr. and Margaret Graves Turner. He is survived by two sons, Matthew G. Turner of Moore, Oklahoma, and Andrew L. Turner of Locust, N.C.; two sisters, Nan Conditt-Dowdy of Murfreesboro and Amy Patterson of Weaverville, N.C.; three granddaughters and five great grandchildren.

Because of his love for dogs, in lieu of flowers, memorial contributions can be made to New Destiny Dog Rescue, 202 East Highland Ave., Shelbyville, TN 37160.



Edward Wilson "Eddie" Scott Jr.

December 28, 2022

Edward "Wilson "Eddie" Scott, Jr. transitioned from this life Wednesday, December 28, 2022, at Ahava Healthcare in Clarksville.

Graveside services were held Wednesday, January 4, 2023, at Mt. Ararat Cemetery.

Eddie was born January 14, 1963, in Fayetteville and grew up in Shelbyville. He was educated in the Bedford County school system. Eddie loved to color, was exceptional at freestyle drawing, and loved wood craft. He was a free spirit, he believed in living life carefree his way. Eddie would decide it was "time to take a walk" and would make friends, and a home wherever he landed. He lived in many cities throughout Ohio and New Jersey. It has often been said, there is not a stranger that Eddie did not meet, he had a conversation and a smile for anyone that crossed his path. Eddie learned to earn a living by becoming a handyman. Many people would tell you how good his work was, but they would also say, "if you want the job finished, don't let him take a beer break"! Eddie moved back to Tennessee and after an extended stay in a rehab facility in Dickson, he achieved his proudest accomplishment, 5 years of sobriety which he would proudly share with anyone he had a conversation with. Eddie loved "getting on their level" and playing with his grand-nephews, Kaleb and Joel.

In addition to his parents, Edward W. Scott, Sr. and Alvirleen Buchanan Bright Scott, Eddie was preceded in death by his son, Eddie Dewayne Scott; brothers, Joel Bright and Bishop Herbert Bright.

Eddie leaves to cherish his memory a daughter, Tamie Scott of Murfreesboro; a son, Antonio Brown of Harvest, Ala.; a sister, Michelle Haley (Kevin) of Clarksville; 5 grandchildren, Aniya, Keyrhiana, Zarious, DeZandre and Amarie; a sister-in-law, Dzifa Bright of Jackson, N.J.; a host of nieces, nephews, great nieces, great nephews, cousins and friends.

Feldhaus Memorial Chapel is assisting the family with the arrangements.

Marshall Preston Sweeney

December 27, 2022

Marshall Preston Sweeney, age 82, of Murfreesboro, Tennessee passed away Tuesday, December 27, 2022. He was the son of the late Milton Marshall Sweeney and Sara Louise Stokes Sweeney. In addition to his parents, Preston was also preceded in death by sister, Joyce Sweeney Fedorczyk, and son-in-law Timothy Kelley.

Preston is survived by his loving wife of 30 years, Lora Pardue Sweeney; his children, Jeff Sweeney (Pam), Rick Sweeney (Lisa) and Jennifer Kelley; grandchildren, Peyton Sweeney (Elizabeth), Dylan Sweeney, Abby Smith (Lucas), Cole Kelley, Garrett Sweeney, Julia Kelley, Collin Jones, and Hayden Jones; and great-grandson, Jeffrey Wyatt Sweeney.

Preston is also survived by brother, Wayne Sweeney (Glenda), sister, Edith Adcock (Joe), brother-in-law, Harry Griggs, sister-in-law, Cindy Ounan, brother-in-law, David Pardue (Amanda), sister-in law, Sue Earnest (Joe), many nieces, nephews, great-nieces and nephews, as well as a host of friends he considered family.

He began his career in finance, working in the mortgage lending business that eventually led him to open a real estate agency in Murfreesboro. He left the real estate industry, and founded Health Services Managements, Inc., owning and operating nursing homes located in Florida, Indiana, Tennessee, and Texas.

Preston was an involved member of the community serving on several boards. One of Preston's proudest business accomplishments was his commitment to corporate philanthropy, and the opening of Arrowhead Ranch in Normandy. Due to health complications, Preston retired from his company leaving a legacy of fair and successful business intellect to those he mentored.

Preston was a follower of the Lord and believed in the power of prayer. He studied the Bible and combed through many commentaries and studies. He was always willing to help a stranger in need.

Preston loved a wide variety of sports and hobbies and always approaching each one with commitment and enthusiasm. Throughout his life he enjoyed playing basketball, tennis, water skiing, snow skiing, flying planes, and all things horse or gun related. He founded the first single action shooting society in Tennessee and placed in both the national championship and the international championship. Preston owned walking horses and competed in the Tennessee Walking Horse National Celebration on many occasions. He grew up in a musical home and continued that skill set throughout his life, playing the guitar, piano, and banjo. He shared his love of music by performing with his brother and others on many occasions. Preston loved all these sports and hobbies, but what he loved most was sharing his experiences and knowledge with others.

A Celebration of Life service was held Thursday, Jan. 5, 2023 at Woodfin Memorial Chapel in Murfreesboro.

In lieu of flowers, the family has requested that donations in memory of Preston Sweeney be made to any of the following non-profits: Read to Succeed, Endure Athletics, or St. Jude's Children's Hospital. An online guestbook is available for the Sweeney family at www.woodfinchapel.com.

Jan K. Williams

January 2, 2023

Jan K. Williams, 65, of Shelbyville died Monday, January 2, 2023.

Funeral Services will be held 12 noon Saturday, January 7, at Hillcrest Funeral Home, Father Michael Blaess officiating. Burial will follow at Hillcrest Memorial Gardens. Visitation will begin at 10 a.m.

She is survived by her parents, Donald E. Woods and Hilda Osborne Woods of Tullahoma; two sons, Jason (Carrie) Williams of Tullahoma, Jamie (Laura) Williams III; her brother, Mark Woods; her loyal friend, Cheryl Fay Reed of Shelbyville; four grandchildren, Matthew, Michael, Morgan and Isaac Williams.

In lieu of flowers donations may be made to the Bedford County Cancer Fund or to a charity of choice.



Kerri Leigh Lemmon Yarbrough

January 1, 2023

Kerri Leigh Lemmon Yarbrough, age 48, of Rover, died Sunday, January 1, 2023 at her home surrounded by her family.

Kerri was born in Bedford County and was employed with Tennessee Farmers Cooperative in LaVergne, Tennessee and was a member of Rover Baptist Church in the Rover Community. Kerri was preceded in death by her father, David Carl Lemmon, who died in 2016.

Kerri is survived by her husband, Bryan Yarbrough, Rover; children, Bryleigh Yarbrough and Benjamin Yarbrough, both of Rover; mother, Pat Lemmon, Unionville, sisters, Kelly (Kenny) Parker, Bell Buckle, Karla (Brian) Butler, Unionville, Tracy (Dereck) Layne, Unionville; nieces and nephews, Aaron Parker, Caleb Parker, Kelsey Tucker, Chloe Tucker, Mason Layne, Morgan Layne, Micah Layne, Malachi Layne; several aunts and uncles.

Funeral services will be conducted on Saturday, January 7, 2023 at 10 a.m. from the chapel of Lawrence Funeral Home in Chapel Hill with Rev. Sam Bullington officiating. Burial will follow in Simpson Cemetery in Rover.

Kenny Parker, Caleb Parker, Aaron Parker, Brian Butler, Dereck Layne, and David Yarbrough will serve as pallbearers.



Preonda Chiffon Simpson

December 27, 2022

Preonda Chiffon Simpson was born August 7, 1992, in Nashville, Tennessee, to Mary Grace Simpson and Ardiss Armstrong. She transitioned from her earthly home to her heavenly mansion on Tuesday, December 27, 2022.

She leaves to cherish her memories, her son Tahj (Jun Jun) Rashad Wells Jr; true love Tahj Rashad Wells Sr.; god-daughter Aleriyah Walker; mother Mary Grace Simpson; father Ardiss (Deborah) Armstrong; sister Janay Armstrong; brothers Patrick (Kelly) Simpson, Dominique Simpson, Quentin Armstrong and Eric Harris; aunts Sherry (Tommy) Allen, Joyce Ann Gant, Claudia V Scott and Temika Turrentine; uncles James (Deta) Gant, David Gant, Willie E Armstrong and Ricky Armstrong; great-aunt Annie Ruth Mayes and great-uncle Garfield (Clora) Nicholason; along with a host of nieces, nephews, and cousins.

Services for Preonda will be held at 2 p.m. Sunday, January 8, 2023 at Bright Temple COGIC, 516 Elm St. Shelbyville, family visitation beginning at 1 p.m. Burial at Willow Mount Cemetery. Services are in the care of Nelson & Sons Chapel, Murfreesboro, (615) 494-5001, www.nelsonandsons.net



Industry

(Continued from Page 1)

these projects needing construction, Clanton and Hooper said there are initiatives to get local contractors to do the jobs. This would in turn support local Bedford businesses.

Hooper said, "We found out a lot of our local contractors weren't registered with the State of Tennessee." The Shelbyville-Bedford Partnership is hosting an

event at the TCAT-S facility on Madison Street on Jan. 12 to get these companies registered.

"This is an attempt to get more of our local contractors involved," said Hooper.

And with these accomplishments under his belt, County Commissioner Greg Vick announced he is stepping down as chairman.

"I would challenge each of you on this board to take this to the next level because we've got it as far as we can go," he said.

City

(Continued from Page 1)

Council member Marilyn Ewing also asked for clarification on the firm's actions.

"We spent \$210,000 and have zero to show. I can't do that," council member Bobby Turnbow said.

Collins asked the council if they wanted to put a vote to renew the \$12,500 per month contract on next Thursday's council agenda for a vote. The contract expired Dec. 31.

"Do any of you want to do a new contract?" city attorney Ginger Shofner asked. "It doesn't seem that any of you want to go forward with this."

The council was advised by Shofner that no vote is needed if the expired contract is not renewed.

Collins said he would send a courtesy letter advising Akerman that the city is not renewing the contract.

Other items to be voted on by the council Thursday or in later meetings were discussed.

Building disposal

The demolition and removal of surplus metal buildings northeast of H.V. Griffin Park was discussed.

Those buildings, on the site of an abandoned record and cassette tape manufacturing facility, cannot be moved to other locations and reused by the city, Public Works Director Buck Vallad said. Officials hope to profit from sale of the buildings.

Soccer fields are scheduled to be built in that area, Recreation Director Mike Alsup said.

The Environmental Protection Agency has tested the soil and found it safe, Alsup said. Large numbers of old cassette tapes are buried well underground and present no danger to soccer participants, the council was told.

But the area may be temporarily used for a very different purpose — parking.

Turnbow brought up how six old Shelbyville police cruisers and two city trucks no longer in use being stored behind the former Chamber of Commerce building until sold as surplus.

Storing those and other items in highly visible areas of downtown Shelbyville is unacceptable, Turnbow said.

"Take it, put it in the river," Turnbow said. "It just doesn't look good. There's got to be a better place."

Turnbow suggested moving the vehicles to the metal buildings near the park.

The vehicles will be removed from downtown in a "timely manner," Collins said.

Riverwalk

Three responses were received to a request for bidders on the next phase of the Riverwalk project, Collins said.

This will include a scenic overlook, Collins said, so it's especially important to ensure bidders are able to handle such a job.

A recommendation will be presented to the council at its February meeting after Collins contacts each bidder.

Chamber building

The Shelbyville-Bedford County Chamber of Commerce must fully vacate its former headquarters on North Cannon Boulevard by June 12, City Recorder Lisa Smith said. The city's Building & Codes and Planning departments are to be moved into the facility later this year following renovations.

Several water pipes burst in the ceiling during the Christmas cold wave causing damage to carpet, wallpaper, paneling, and some furniture, Smith said. The cost of repairs hasn't been determined, but Smith said the city's insurance is expected to be sufficient.

Collins was planning to talk to a Chamber representative this week about whether the city or Chamber own the damaged furniture.

More decisions about the building are scheduled to be discussed at a city strategic planning session

in February.

Homeless advisory committee

The city continues to consider possible appointments to a city-county homeless issues committee.

Shelbyville police officer Letisia Diaz has expressed an interest in serving, Police Chief Jan Phillips said.

Diaz, who works the night shift, has compiled a list with photos of each homeless person in Shelbyville, Phillips said. She has estimated the city has 25 or 26 persons who are homeless.

Collins suggested the city building & codes director Bryan Stevens be appointed to the board.

Listening committee

Bylaws are to be formed and city members named for the Bedford County Listening Committee soon, Mayor Randy Carroll said.

The committee's goal is to hear and attempt to settle disputes between renters and property landlords in Shelbyville and serve as an advocate for lower-income residents.

City officials are studying a similar program in Knoxville. Another meeting between city representatives and members of Bedford County Listening Project, which is behind the committee's formation, is planned.

Fire staffing

Three new firefighter positions are being requested by Shelbyville Fire Department, Fire Chief Matt Doak said.

A request for a national SAFER (Staffing for Adequate Fire and Emergency Response) grant from the Federal Emergency Management Agency was denied, Doak said. The grant would have funded salaries and supplies for 12 firefighters.

"We're really short-staffed even with three more firefighters," Doak said.

Flume pumps

The city hopes to begin negotiations soon with engineers for a study on purchasing replacement pumps for Shelbyville's flood control system, consulting engineer Greg Scott told the council.

Following the year-long study, city officials hope to begin purchasing the pumps in 2024. The pumps cost more than \$1 million apiece, the council was told at a December study session.

The new pumps are to be automated, ending the need for Shelbyville Fire Department personnel to manually turn on pumps under sometimes dangerous conditions.

Brittain Street drainage

Collins said the city has been in contact with Nearest Green Distillery over purchasing a small easement in an area with drainage issues on North Brittain Street just off the public square.

The easement contains a sandstone structure atop concrete which Public Works Director Buck Vallad thinks may have been installed in the 1950s.

Nearest Green is planning to develop the property in the future, the council was told.

City tech

City IT director Lori Saddler told the council she is contacting internet, telephone and cable TV providers about possible packages for city facilities.

Ewing said she wants to see figures and urged officials not to purchase a "super-expensive" plan.

Saddler explained she's looking at possibilities including both bundling and separate purchases of various aspects. She said the city has used Spectrum since 2009 and possibilities for change should be investigated every few years.

Fireworks

The current July 4 fireworks display contract — \$7,500 each from the city and Bedford County — is available at the same cost as last year, the council was told.

STUDENT SUCCESS



Bedford County Schools photo

The Bedford County School System would like to congratulate Cascade High School's Medical Therapeutics students in Mrs. Susan Smithson's first period. They achieved a 100% pass rate for their OSHA 10-hour General Industry Healthcare course. Exploring a wide variety of safety and health topics for an introductory overview of the healthcare industry, these students are now "ready graduates as well as industry certified."

CHICKEN HAT



Submitted photo

Russell Sorrells shows a big grin as he holds his chicken who too dons on a hat that was given to them by the Sorrells' granddaughter for Christmas.

Flu prevention and treatment
Seasonal flu activity high, severe nationwide

NASHVILLE – With flu season among us, it's good to hear a reminder for what steps you can take to prevent a flu outbreak in your home and business.

Flu symptoms can range from mild to severe and include muscle aches, fever, fatigue, sore throat, cough, headaches, and stuffy or runny noses.

The Tennessee Department of Health is encouraging all Tennesseans who have not had their annual flu vaccine to get immunized as soon as possible to protect themselves and prevent the spread of flu to others.

"The elderly, people with chronic medical conditions, pregnant women, and young children are all at risk of severe complications if they get the flu," said TDH Commissioner Morgan McDonald, MD FACP FAAP.

"We expect more Tennesseans in

their doctors' offices as influenza activity continues to be high nationally and in our state. I encourage those who have put off getting a vaccine to not wait any longer."

So far this flu season, the CDC estimates there have been 13 million illnesses, 120,000 hospitalizations, and 7,300 deaths in the U.S. from influenza.

Flu Vaccine

The flu vaccine is free and safe. More than likely a flu vaccine location is close to you. Find out at www.tn.gov/health/fightflu, select the Find a Flu Shot Near You icon.

Everyone 6 months and older can get a flu vaccine. It is important for health care workers and those who live or care for people at high risk from flu complications to get vaccinated.

Prevent the Spread

Avoid close contact with those who are sick. If you are sick, limit contact with others as much as possible. Wash your hands often with soap and water, and cover your nose and mouth with a tissue when you cough or sneeze.

Flu antivirals

If you are sick with the flu, your doctor may prescribe flu antiviral drugs as treatment. Flu antivirals can make flu illness milder and shorten the time someone is sick.

Flu antivirals are not available over the counter and should be taken only at the instruction of, and as prescribed by, a physician or health care provider.

For more information and to learn about TDH services and programs, visit their website at www.tn.gov/health.

'Serve and Succeed' Wreaths Across America announces 2023 theme

Each year, millions of Americans come together to remember the fallen, honor those that serve and their families, and teach the next generation about the value of freedom.

This gathering of volunteers help place wreaths in local, state and national cemeteries in all 50 states - most recently at 3,702 participating locations - as part of National Wreaths Across America Day.

Each year, a new theme is chosen to help volunteers and supporters focus their messaging and outreach in their own communities. Today, the national nonprofit announces the theme for 2023 is "Serve and Succeed."

The inspiration for this year's theme came while discussing the significance of 2022's theme, which was "Find a Way to Serve," and the need to continue to stress the importance of service and the positive ways it can impact lives.

Wreaths Across America plans to focus on the storylines of veterans and military families who have found success through their own service, while also highlighting local volunteers across the country and the success that comes from serving their communities.

According to a recent press release, the organization says it "will continue supporting and bringing attention to the needs of our veteran community while also showcasing the continued contributions of those who serve."

"There are many ways to serve your community and country, and just as many definitions of success,"

said Karen Worcester, executive director, Wreaths Across America. "We hope through focusing on those stories of success we will help change the dialogue around what it means to serve your country."

In 2022, more than 2.7 million veterans' wreaths were placed by volunteers on headstones at 3,702 participating locations around the country in honor of the service and sacrifices made for our freedoms, with each name said out loud.

Wreaths Across America volunteers work year-round to ensure military laid to rest are remembered, their families and living veterans are honored, and the next generation is taught about the value of freedom.

This year, National Wreaths Across America Day is Saturday, December 16, 2023. It is a free event and open to all people.

For more information on how to volunteer locally or sponsor a wreath for an American hero, please visit www.wreathscrossamerica.org. To follow stories throughout the year from across the country focused on this theme, please use the hashtag #ServeAndSucceed.

New blood donor incentive campaigns help to kick off national blood donor month

NASHVILLE—As Blood Assurance marks the 53rd anniversary of National Blood Donor Month this January, the local blood bank has announced two new initiatives to encourage more donations in the new year.

The year-long campaigns are geared toward platelet donors and people with type O blood.

The Heart of Gold Platelet Club calls on platelet donors to give the gift of life four times each quarter. Individuals who accomplish this quest will receive prizes, such as an

Igloo cooler backpack, Yeti travel mug, a duffel bag and a Port Authority jacket. More information can be found at www.bloodassurance.org/goldclub.

Meanwhile, The Blood Assurance HerO Club was created to encourage more donations from those with O-negative or O-positive blood. A Yeti Rambler, \$50 eGift card and an Eddie Bauer jacket, will be awarded to those who donate whole blood, twice, or double red cells, once, during certain months of the year. Additional details can be found at www.bloodassurance.org/heroclub.

"Just about every day in 2022 was a challenge to have a sufficient number of O units and platelets on our shelves. There is always a constant need," said J.B. Gaskins, CEO of Blood Assurance.

"We are optimistic that these incentive programs will allow us to welcome new donors and increase frequency from our current donor base. What better way to commemorate a new year and National Blood Donor Month?"

Enacted in January 1970 by President Richard

Nixon, the month of January marks the 53rd anniversary of National Blood Donor Month. The proclamation pays tribute to voluntary blood donors, while encouraging new donors to give the gift of life.

Donors can give back during National Blood Donor Month, or anytime of the year, by scheduling an appointment at www.bloodassurance.org/schedule, calling 800-962-0628, or texting BAGIVE to 999777.

To be eligible to donate blood, donors must be at least 17 years old (16 years old with parental consent), weigh 110 pounds or more and be in good health. Donors are asked to drink plenty of fluids — avoiding caffeine — and eat a meal that is rich in iron prior to donating.

MAILBOXES VANDALIZED



Photo from the Bedford County Sheriff's Office

The Bedford County Sheriff's Office has reported that several mailboxes throughout the county have been vandalized, taken, and discarded in other places. Anyone missing a mailbox can pick it up at the Sheriff's Office at 110 North Creek Drive. According to the United States Postal Service, mailboxes are protected by federal law, while crimes against them and the mail they contain are considered a federal offense. Violators can be fined up to \$250,000 or imprisoned for up to three years for each act of vandalism.

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One tip does not fit all

Dear Heloise: I don't have a "one tip fits all" for servers, so I decide on the spot. Food servers have always been known for making low wages and surviving just on tipping. If I get good service, I tip them good. With all the "Help Wanted" signs on doors and windows, and the few workers inside, I sometimes tip 20% or more to those willing to work. Many deserve it.

If I get poor service, I give a poor tip, just as I always have. I also continue to tip hairdressers, but with a flat amount each time. As for the tip jar, when you place your order at the counter, get your own food, or the only service you get is your plate being brought to you, I don't tip. I feel it is a guilt jar.

I agree that the company should provide a good wage, but they may be struggling just to keep their business. Or they may be tightwads, so I base my decision on the person helping me.

I don't think it's about right or wrong, more a decision meant to be made at the moment. To me, I see it as a thank you for being there and giving me service. I feel that way about every person willing to work today. They are to be commended. -- Betty Schnell, Upland, California

GIFT IDEAS FOR ELDERS

Dear Heloise: As my mother aged and wasn't really in need of anything, it was difficult to find a Christmas present for her. So, for the last couple years of her life, I got her what turned out to be a great gift: I bought her cards for all the kids, grandchildren and great-grandchildren for birthdays; weddings anniversaries; and any other special occasion happening that year.

I also purchased a small plastic box, got a set of dividers, and marked them with the 12 months. On the divider for each month, I entered the date of the occasion and the name of the person for which events are happening that month. Add a book or two of stamps, and she was all set for the year to be able to remember everyone's special occasions. -- Connie Egenrieder, Middletown, Pennsylvania



Hints from Heloise

FREEZING PERSIMMONS

Dear Heloise: When persimmon season comes around, I'm always on the search for persimmons to make cookies. This year, I met a new friend who said that said I could come get persimmons, but I had to pick them. I was able to get an abundance of persimmons.

I freeze the persimmons to make them easier to pulp. This year, I tried something new to get the pulp out. I took the frozen persimmons and used a potato peeler to remove the skin. This made it so much easier, and I didn't lose as much of the meat of the persimmon.

I now have enough pulp to make it through until next year's persimmon season. -- Patty L., Bakersfield, California

ELECTRIC PAD USE

Dear Heloise: Regarding the reader's letter about using an electric heating pad in her bed: Although they are great for preheating a cold bed, most experts say people should turn electric blankets and heating pads off before going to sleep. -- E. Hoffman, Rancho Palos Verdes, California

RIDDING STAINS IN A TEAPOT

Dear Heloise: In response to the lady about tea pot cleaning, she could try denture tablets. -- K.J. Butler, San Antonio

PET PAL

Dear Heloise: Here's Amadeus, ready for his bath. -- Trudy Nisco, via email

Readers, to see Amadeus and our other Pet Pals, go to Heloise.com and click on "Pet of the Week."

Do you have a furry friend to share with our readers? Send a photo and a brief description to Heloise@Heloise.com. -- Heloise

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Send Community Calendar items to tgnews@t-g.com, notify us on Facebook, call 931-684-1200 or stop by our office, 323 E. Depot St.

SUNDAY

Laity Club

Bedford County Laity Club will meet at 6 p.m. Sunday, Jan. 8, at Cannon United Methodist Church for a potluck meal.

TUESDAY

County Commission

Bedford County Commission will meet at 7 p.m. Tuesday, Jan. 10, at Bedford County Courthouse.

THURSDAY

City Council

Shelbyville City Council will meet at 6 p.m. Thursday, Jan. 12, at Shelbyville Recreation Center.

Prom fashion show

The Bedford County Board of Education, along with Enchanted Bridal & Boutique, will be hosting a fashion show event at 7 p.m. Thursday, Jan. 12, at Shelbyville Central High School's auditorium. Admission is \$5. New prom dresses and dresses from their free PROMise of Hope Closet will be featured.

FRIDAY

MLK Coffee

Rosenwald Recreation and Community Center and the Shelbyville & Vicinity Club will hosting a MLK Coffee at 9:30 a.m. Friday, Jan. 13 at 9:30 a.m. at the center, 516 Tillman St.

JAN. 14

Food pantry

Scott's Chapel United Methodist Church's Seasoned With a Touch of Salt Food Pantry will be open from 9-11 a.m. Saturday, Jan. 14 at the church, 940 Morton St. For

COMMUNITY CALENDAR

01 2023 January

DECEMBER							FEBRUARY						
1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31	1	2	3	4	29	30	31	1	2	3	4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

more information call 931-684-2297.

JAN. 16

MLK luncheon

The annual Martin Luther King Jr. luncheon is scheduled Monday, Jan. 16, from 11 a.m.-1 p.m. at The Fly Arts Center. The Newly-Oldie Wed Game will be featured. Attendees are asked to bring a canned or boxed food item for Shelbyville Community Soup Kitchen. Tickets may be purchased by calling 615-594-7663, 931-580-3690, or 931-842-0049. Gilliland Historical Resource Center, Inc., is sponsoring the event.

Democratic meeting

The Bedford County Democratic Party will meet at 6 p.m. Monday, Jan. 16 at El Mexico, 724 N. Main St.

Republican meeting

The Bedford County Republican Party's Reorganizational Convention will be held Monday, Jan. 16 at 6:30 p.m. at International House of Prayer, 865 Union St. Any candidate seeking to be chair should notify the Contest & Credentials committee by Jan. 9 at bedfordcounty467@gmail.com. All other candidates are nominated from the floor.

JAN. 17

Coaches vs. Cancer

A Coaches vs. Cancer

chili supper will be held at Cascade High School from 4:30-6:30 p.m. Tuesday, Jan. 17. Basketball games will follow at 6:30 p.m.

JAN. 19

Head Start meeting

South Central Human Resource Agency Head Start/Early Head Start Policy Council meeting will meet at 10:30 a.m. Thursday, Jan. 19, at the South Central Human Resource Agency Central Office in Fayetteville.

JAN. 31

Coaches vs. Cancer

A Coaches vs. Cancer chili supper will be held at Shelbyville Central High School from 4:30-6:30 p.m. Tuesday, Jan. 31. Basketball games will follow at 6:30 p.m.

ONGOING

Healthier Me program

UT/TSU Extension is offering a yearlong online program that focuses on developing one healthy habit each month such as eat breakfast, sugar down, move more, etc. You will receive an emailed newsletter each month with a goal and tracking form. There will be drawings for prizes for completing the challenge for the month and reporting as well as optional special activities like cooking classes and more. Go to <https://bedford.tennessee.edu> for more information and to register or call the Extension Office at 931-684-5971 for questions.

edu for more information and to register or call the Extension Office at 931-684-5971 for questions.

Meals on Wheels

Shelbyville Senior Citizens Center is in need of Meals on Wheels volunteers to deliver meals to the homebound of Shelbyville. For more information, call 684-0019 and ask for Amy Wilson.

Soup kitchen

Shelbyville Community Soup Kitchen serves meals from 3:30-5 p.m. Tuesdays and Thursdays at 336 S. Cannon Blvd. (corner of South Cannon Boulevard and Pickle Street). Donations may be made to Shelbyville Community Soup Kitchen, P.O. Box 2259, Shelbyville, TN 37162, and are tax deductible under its 501c3 non-profit designation. Boxed non-perishables are available. Takeouts are no longer distributed.

Head Start

Bedford County Head Start Centers are currently taking applications. For more information or to complete an application contact any Head Start Center. Phone numbers are: Wartrace 931-389-6406, Harris Head Start 931-773-0033, North Side Head Start Center 931-773-0141, and Bedford Early Head Start 931-685-0876. Head Start is a free child development program for children 6 weeks to 3 years and their families. Early Head Start enrolls pregnant women for monthly prenatal educational visits.

Signs you or a loved one could be dealing with depression

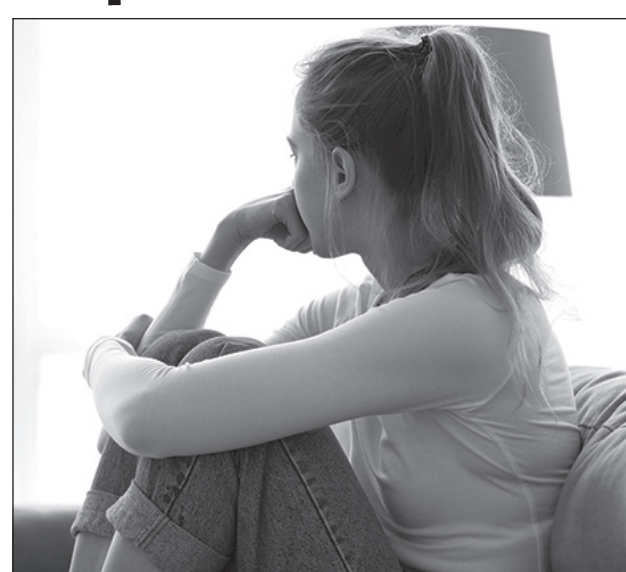
Depression is among the most common mental disorders in the world. According to a 2019 report from the Institute of Health Metrics and Evaluation, roughly 3.8 percent of the world's population is affected by depression. That percentage is higher among adults (5 percent) and even more so among adults 60 and over (5.7 percent).

Despite its prevalence, depression still carries a stigma, leaving many people to confront it in silence. However, over the last several years, public attitudes toward mental health have shifted, compelling millions of people to recognize the severity of the threat posed by mental health disorders like depression. That recognition has led various prominent public figures, such as comedian Jim Carrey, athlete Kevin Love and singer/actress Lady Gaga, to publicly acknowledge their own battles with depression.

Depression is nothing to be ashamed of, and recognition of that reality may compel millions of people to seek the help

they need. One of the first steps toward overcoming depression is to learn how it can manifest itself. Though feelings of sadness are common in people with depression, according to ADA Health, depression is much more than a feeling of sadness, and its symptoms may be masked by physical complaints or substance abuse. That can make it hard to identify signs of depression, which underscores the significance of learning to spot its symptoms. The National Institute of Mental Health notes that the following signs and symptoms could be indicative of depression if individuals have been experiencing them most of the day, nearly every day, for at least two weeks.

- Persistent sad, anxious, or "empty" mood
- Feelings of hopelessness or pessimism
- Feelings of irritability, frustration or restlessness
- Feelings of guilt, worthlessness or helplessness
- Loss of interest or pleasure in hobbies or activities
- Decreased energy, fatigue or feeling "slowed



One of the first steps toward overcoming depression is to learn how it can manifest itself.

down"

- Difficulty concentrating, remembering or making decisions
- Difficulty sleeping, early morning awakening or oversleeping
- Changes in appetite or unplanned weight changes
- Thoughts of death or suicide, or attempts at suicide
- Aches or pains, headaches, cramps, or digestive problems without a clear physical cause that do not ease with treatment

It's important that individuals experiencing these symptoms or those who witness them in loved ones avoid self-diagnosing their conditions or the condition of friends or family members. If any of these symptoms are present for two weeks or more, contact a physician immediately or urge a loved one to do so. More information about depression can be found at www.nimh.nih.gov/health/topics/depression.

PUBLIC NOTICE

JANUARY 17, 2023

5:00 - 6:00 P.M.

SHELBYVILLE RECREATION CENTER

220 TULIP TREE RD
SHELBYVILLE, TN 37160

LPRF GRANT PUBLIC MEETING

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SHELBYVILLE TIMES-GAZETTE

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NEWS DEPARTMENT: tgnews@t-g.com

David Melson, Copy Editor Ext. 107

Chris Siers, Sports Editor Ext. 108

Zoe Haggard, Staff Writer Ext. 108

PAGINATION:

Carol Spray.....Ext. 109

Mary Cook.....Ext. 109

CIRCULATION & SUBSCRIPTIONS:

Sherri Frame, circulation@t-g.com.....Ext. 105

Monday - Friday office lobby 9 a.m. - 4 p.m.

CLASSIFIED ADVERTISING:

Megan Kipker, classifieds@t-g.com..... Ext. 104

DISPLAY ADVERTISING:

Diandra Womble, Ad. Director/General Manager ... Ext. 101

OFFICE: office@t-g.com

Bookkeeping..... Ext. 104

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Churches make worship spaces more accessible

By **HOLLY MEYER**
Associated Press

CAMDEN, Tennessee — Jerry Lamb could not maneuver his wheelchair into the rows of pews at his church. It wouldn't fit. Nor could he sit in the aisles without awkwardly blocking the way.

So he adapted. It's a regular part of his new life with limited mobility that requires near-constant calculations of how to navigate a world no longer set up for him. That included this longtime church in Camden, Tennessee — one of the many U.S. houses of worship with accessibility limitations.

Instead, on Sundays, he worshipped in the narthex at the back of Camden First United Methodist Church, separated from the rest of the congregation, with his family at his side in folding chairs. It didn't really bother Lamb, 66, who "was already over it," having struggled to walk since 2019 due to a worsening spine condition.

But it bothered the Rev. Adam Kelchner, the new pastor: "I was preaching one Sunday and was rather distraught that one of our families literally could not be in the same worship space just because we didn't have a seating arrangement that made sense."

So Kelchner made one that did. He secured trustees' approval and hired a company to cut up a few pews, making space for Lamb — and anyone else using a wheelchair or walker — to worship alongside the rest of the congregation.

"It blew us out of the water," said Lamb.

Except as employers, religious entities are exempt from the Americans with Disabilities Act, the 32-year-old landmark civil rights law that included access requirements for public spaces. Nonetheless, most have made their buildings accessible in some fashion.

But there is much room for improvement, said Scott Thumma, a sociology of religion professor and director of the Hartford Institute for Religion Research.

Thumma also co-leads Faith Communities Today, a research project that surveyed more than 15,000 U.S. religious congregations for its 2020 report and found that 76% have wheelchair access. Thirty percent offer large-print worship materials and about the same portion have hearing assistive devices.

"That's not terrible. But then when you start to ask the questions of how are they accommodating all the other challenges and disabilities? ... Then it just almost drops off," Thumma said. "They don't make the full accommodations to allow all of their people to actually worship to their fullest in the service."

The pandemic and the sweeping rise of online worship that followed was a catalyst for a more expansive understanding of what it really means to be an accessible church, said the Rev. Kelly Colwell, who leads digital and hybrid ministry at First Congregational Church of Berkeley, United Church of Christ, in California.

She had an eye-opening virtual coffee chat early in the pandemic. A congregant with multiple sclerosis explained how her online event-packed calendar finally allowed her to participate in ways her physical condition wouldn't otherwise permit. It made Colwell realize the church had been excluding people with accessibility challenges all along.

Today, Colwell continues to assess whether the church is physically accessible to all congregants on an equal basis. Now she also considers how to make the online and hybrid experience meaningful.

"We're not providing a sort of separate and unequal



service for people who can't come in person," Colwell said.

Maria Town, the American Association of People with Disabilities' president and CEO, has seen progress. She pointed to congregations adding inclusion events and playgrounds for all as well as an activist-created, easy-to-read Quran translation for those with intellectual and developmental disabilities.

"It's slow, but I do think more and more entities are beginning to realize that this is a need, and I also hope that more and more people with disabilities are actually saying, 'We deserve to be here,'" Town said.

Omer Zaman, a Muslim wheelchair user near Chicago, is one of the disabled faithful pushing for acceptance and accessibility. He focuses on inclusion at mosques as a volunteer and board member with MUHSEN, a nonprofit advocating for accommodations and understanding of disabilities

in the Muslim community. "Individuals with special needs can be on a board. They can contribute. They can give you a perspective," said Zaman, 37, who has muscular dystrophy. "We are not defined by our special needs. It's just a part of who we are ... but there's more to us than that."

MUHSEN recognizes mosques making progress through its tiered masjid certification. To earn it, they must meet requirements like having disability awareness events, support groups, specialized childcare, braille Qurans and ramps.

"It's not just the ramp," said Lamb, who has confronted accessibility problems in many types of venues.

Lamb wants to invite policymakers to what he thinks would be an eye-opening outing in wheelchairs. They would experience firsthand just how hard it is to do basic activities, like using public bathrooms and finding restaurants with enough space between tables for a

wheelchair, he said.

His family also sacrificed what they thought was their forever home to move into a fully accessible house. They skipped church for awhile, juggling the pandemic, Lamb's health problems, and taking on new duties as foster parents.

"It wasn't even the fact that church didn't have a place for him in the chair. It was difficult for us. We were just learning this new kind of lifestyle," said his wife, Laura Lamb, who was grateful their fellow congregants checked in on them.

Dignity is needed in accessibility as well, said Amy Asin, the Union for Reform Judaism's vice president of congregational engagement and leadership experiences.

Anybody who's "had to go through the kitchen to get to the sanctuary has experienced what congregations need to do," Asin said. "Some of it is about getting around... some of it is about making sure that path has dignity."

Accessibility shouldn't be treated as only a disability community issue either, she said.

"If we've had the blessing of living long enough, we will all be disabled. This is not about them. This is about all of us," Asin said.

Accessibility updates can be pricey, but so can a congregation's other needs, Asin said. These projects also can go through the annual budget process, knowing that some years, replacing a leaky roof or other critical need will take precedence.

Sometimes financial help is available. Asin said donors may be interested in funding a particular accessibility project.

ENCORE Ministry provides grants for congregations making accommodations for older members in the Tennessee-Western Kentucky Conference of the United Methodist Church, said executive director Kent McNish. Of the conference's roughly 1,000 congregations, more than 60% of congregants are 60 and older, he said: "Most churches see that as a given and they don't do anything for their senior adults."

ENCORE is trying to change that with training and resources. As examples, they have funded sound systems that make worship easier to hear and screens that are more readable than hymnals.

At Camden First, the sanctuary layout now sends an important message. "This is a place where we have thoughtfully made decisions to invite folks in" that need mobility assistance, Kelchner said.

The Lambs rejoined the congregation in the sanctuary this fall. It just so happened that a newly-halved pew was near what once was their usual Sunday seat before everything changed. Jerry Lamb said, "It felt like coming home."

Religion at center of abortion access debate

By **ARLEIGH RODGERS**
Associated Press/Report for America

INDIANAPOLIS — Cara Berg Raunick watched with bafflement as Indiana's Republican legislators took less than two weeks to debate and pass an abortion ban that the governor signed quickly into law.

The women's health nurse practitioner from Indianapolis was struck by just how frequently faith was cited in the arguments as reason to ban the medical practice. But Berg Raunick, who is Jewish, said those views go against her beliefs.

To her, a pregnant woman's health and life is paramount, and she disagreed with legislators' assertions that life begins at conception, calling that a "Christian definition."

"That is a religious and values-based comment," said Berg Raunick. "A fetus is potential life, and that is worthy of great respect and is not to be taken lightly,

but it does not supersede the life and health of the mother, period."

Arguments like this were central to an Indiana lawsuit filed in September against the state's abortion ban, which is on hold amid multiple legal challenges. On Dec. 2, a judge ruled the ban violates the state's religious freedom law, signed by then-Republican Gov. Mike Pence in 2015.

Critics of religious freedoms laws often argue they are used to discriminate against LGBTQ people and only protect a conservative Christian worldview. But following the U.S. Supreme Court's overturning of Roe v. Wade in June, religious abortion-rights supporters are using these laws to protect access to abortion and defend their beliefs.

The Dobbs v. Jackson ruling left abortion rights up to the states. As a result, lower courts in at least five states, including Indiana, have issued rulings in abortion-related religious

freedom lawsuits.

There is a "huge diversity of the kinds of claims being made" in these cases, said Elizabeth Reiner Platt, who studies religion and abortion rights as director of Columbia University's Law, Rights and Religion Project. The religious freedom complaints are among 34 post-Roe lawsuits filed against 19 states' abortion bans, according to the Brennan Center for Justice.

For some, abortion access can be a way to exercise one's religion, Platt said. Other lawsuits challenge the bans under constitutional clauses that say the government is "establishing" a religion, imposing a law on residents who do not share that belief.

In the Indiana case, lawyers for five anonymous women — who are Jewish, Muslim and spiritual — and advocacy group Hoosier Jews for Choice have argued the state's ban infringes on their beliefs. Their lawsuit

specifically highlights the Jewish teaching that a fetus becomes a living person at birth and that Jewish law prioritizes the mother's life and health.

The Indiana attorney general's office this month appealed a ruling siding with the women and asked the state Supreme Court to consider the case. In January, the Indiana justices are already scheduled to hear another abortion ban challenge on the grounds it violates the state constitution's individual rights protections.

Meanwhile, in Kentucky, three Jewish women are arguing the state's ban violates their religious rights under the state's constitution and religious freedom law. They say in a lawsuit, which has been removed to federal court, that Kentucky's Republican-dominated legislature "imposed sectarian theology" by prohibiting nearly all abortions. The ban remains

in effect while the Kentucky Supreme Court considers a separate case challenging the law.

For those wanting to end abortion bans, lawsuits arguing state governments are establishing a religion via the bans could be more effective than ones arguing for the free exercise of religion, said Elizabeth Sepper, a University of Texas at Austin law professor. The former would apply to more people, she said.

"If an abortion ban violates either a state establishment clause or the federal establishment clause, then the entirety of the statute comes down," Sepper said.

Some state lawsuits use both arguments, such as a case filed by Planned Parenthood that in July successfully blocked Utah's ban. The law is on hold pending a decision from its state Supreme Court.

That same month, a

lawsuit partly based on Wyoming's religious-liberty clause blocked the state's abortion ban. The Wyoming high court said Dec. 21 it would not weigh in on the state's new abortion ban for now.

Elsewhere, Florida religious leaders in June cited the state's religious rights law and state constitution's privacy protections in multiple lawsuits against their state's 15-week abortion ban. A request to hear an appeal of the ban, which remains in effect, rests before the Florida Supreme Court.

Amid the legal machinations, abortion access remains a divisive issue among the nation's faithful. In June, clergy across the U.S. reflected that divide and its nuances as they rearranged worship plans to provide religious context — and competing messages — after Roe was overturned.

CHURCH ACTIVITIES

Send church news and events to tgnews@t-g.com.

Baptist

Pastor Tyler Shoemaker's message Sunday at 10 a.m. at **Calvary Baptist Church** will be "Why Don't We Evangelize?" from 1 Corinthians 4: 7-10. The service will be livestreamed. "Everything Begins with God" from John 12:20-33 will be Pastor Jimmy West's message at 10 a.m. Sunday at **Edgemont Baptist**

Church. The service will be livestreamed.

"Yes, Christian, You Are A Priest" from 1 John 5: 16-17 and 1 Peter 2:5 will be Bro. Bobby McGee's message at **Grace Baptist Church.**

Church of Christ

"Legacy" from Joshua 24:11-15 will be the message at 9 a.m. Sunday at **Fairlane Church of Christ.** The service will be livestreamed and broadcast

on WLJ (98.7 FM/1580 AM/wlradio.com).

Guest speaker Tim Gunnells' lesson at 10 a.m. Sunday will be "I Love Him Because He Loves Me" from Ephesians 3:14-19 at **Southside Church of Christ.** He will also lead Bible study at 6 p.m. Sunday. Buddy Koonce will lead Wednesday night's Sunday School class. Sunday morning and Wednesday evening services are livestreamed at

cofcsouthside.com.

Methodist

"Knowing the Secret" from Mark 1:1-11 will be Pastor Abe Zimmerman's sermon at **First United Methodist Church** on Baptism of the Lord Sunday. The 10 a.m. service will be livestreamed on Facebook and broadcast on WLJ (98.7 FM/1580 AM/wlradio.com).

The Bedford County Republican Party

Reorganizational Convention will be held **January 16, 2023**, at the International House of Prayer in Shelbyville. Check-in will start at 6:00 with the convention starting at 6:30.

Any candidate seeking to be Chair will **need** to notify the Contest & Credentials committee of their intent to seek the chairmanship 7 calendar days prior to the reorganization.

This notification may be sent to the following email: bedfordcounty467@gmail.com
All other candidates are nominated from the floor.



T-G Photo by David Melson

Shelbyville's downtown flume area, known as the "floodgate," which is raised when the Duck River overflows. The city hopes to begin negotiations soon with engineers for a study on purchasing replacement pumps. The pumps cost more than \$1 million apiece.

What's going on in the city?

RIGHT: The old box plant on North Brittain. Nearest Green is planning to develop the property in the future.

BELOW LEFT: Buildings on the site of an abandoned record and cassette tape manufacturing facility. They cannot be moved to other locations and reused by the city. Soccer fields are scheduled to be built in that area.

BELOW RIGHT: Three responses were received to a request for bidders on the next phase of the Riverwalk project. This will include a scenic overlook for visitors of the city.

T-G Photos by Zoe Watkins



Six old Shelbyville police cruisers and two city trucks no longer in use are being stored behind the former Chamber of Commerce building until sold as surplus. The vehicles will be removed from downtown in a "timely manner," City Manager Scott Collins said.

Suspects resist officers during arrests this week

By DAVID MELSON
dmelson@t-g.com

Three suspects allegedly caused problems for area law enforcement officers during arrests this week.

•Shelbyville officers faced a struggle while arresting a DUI suspect early Monday.

Donnelly Lynn was spotted driving on the wrong side of North Main Street at 2:05 a.m. Monday by Officer Bailey Dineen.

Lynn allegedly told Dineen he was in the wrong lane because he was “cussing at” management who had ordered him to leave a nearby bar.

Officers’ orders to give them his hands for handcuffing were allegedly resisted. Lynn kicked Officer Benjamin Cobb at one point, police said.

Lynn suffered a head cut while striking and kicking the partition between front and rear seats of Dineen’s patrol car and was taken to Vanderbilt Bedford Hospital for treatment.

Charges of assault on an officer, resisting arrest, DUI and failure to observe due care were filed against Lynn. Bond was set at \$30,000.

•A man removed from his home Tuesday afternoon by Bedford County deputies was charged with assault on an officer, resisting arrest and domestic assault.

Rodney C. Parsons, 54, of Highway 130 East was arrested as an alleged domestic dispute was being investigated. Parsons is accused of aggressive actions toward a woman at the house earlier in the day.

Deputy Gabrielle Doyle’s report said Parsons cursed repeatedly and was continuously “acting belligerent” while she and Sgt. Clyde Boyce took him from a bed at the home to Bedford County Jail. Parsons was allegedly “acting too aggressive for the jail staff to take the handcuffs off him” after being placed in a cell, Doyle’s report said.

Doyle said she watched as Parsons kicked a corrections officer in the leg.

Bond was set at \$10,000.

•A DUI suspect who insisted he just wanted to go to bed was charged with resisting arrest after allegedly trying to reach his bedroom early New Year’s morning.

SPD Sgt. Chris Vest saw Ernesto Lopez driving without lights on Madison Street, his report said.

Lopez allegedly ignored blue lights and drove to his Bird Street home, where he allegedly said he was going into the house to sleep and ignored commands to stop.

Vest said Lopez grabbed a dishwasher beside a door and a utility pole guy wire as he was physically pulled by one arm from the home. A threat to tase Lopez allegedly stopped him from grabbing Vest’s handcuffs as he was being arrested.

Charges of DUI and driving on a revoked license were also filed.

Bond was set at \$10,000.

Assault

A friend of a 4-months-pregnant woman was charged with aggravated domestic assault after allegedly striking her in the face

several times with his fist.

Devanta James was arrested Tuesday after his mother took the woman and dropped her off for treatment at Vanderbilt Bedford Hospital, police said.

Drug charge

•A “small bag” of methamphetamine was found in an SUV after the driver was stopped for speeding Tuesday, police said.

Jonathan Mulgado Abad was allegedly driving 50 mph in a 30 mph zone on West Lane Street as he passed Officer Brock Horner.

Horner said he smelled marijuana and searched the vehicle.

Abad was charged with simple possession of a schedule II drug, possession of drug paraphernalia, and several driving-related violations. Bond was set at \$4,000.

•Marijuana and methamphetamine were found on a woman who allegedly refused to pay for or leave a room at Shelbyville Inn, North Cannon Boulevard, on New Year’s Day.

Sarah Ann Marie Wright possessed a backpack containing 7 grams of marijuana and 1 gram of crystal methamphetamine, police said.

Wright was charged with possession of schedule 2 and 6 drugs and paraphernalia and violation of probation. Bond was set at \$9,000.

•A “small bag” of methamphetamine was found on a driver stopped Sunday for not having a license.

Rachel Gregory Gotham was stopped in her driveway in the Deery Street area after Officer James Sharp saw her, knowing she was unlicensed.

Gotham was charged with simple possession of a schedule 2 drug, no driver’s license and violation of the open container law.

•Cocaine was confiscated from a driver stopped for DUI at 3:21 a.m. New Year’s Eve on Barksdale Lane.

Officer Jonathan Evans’ said in his report he was transporting Jose Gustavo Lopez to the judicial commissioner’s office and noticed he put an object underneath the back seat of the patrol car.

Officer Dylan Farrar found a bag containing cocaine under the seat moments later. Lopez was charged with DUI, possession of a schedule 2 drug, tampering with evidence, driving without a license, failure to observe due care and failure to maintain lane. Bond was set at \$30,000.

Thefts

•A 2008 Chevrolet Corvette stolen Tuesday or Wednesday from a home in the 2400 block of Highway 130 East was recovered Wednesday night in Winchester, a BCSO report said.

Three rings and a bracelet were stolen as well. A suspect, who is related to the victim, has been named as a suspect and was photographed in the Corvette.

•Power and hand tools were taken from a vehicle at a Neeley Avenue apartment complex between Monday and Wednesday,

police said.

A window was smashed to gain entry. A suspect with connections to the victim was named.

•A man ran out of Walmart with \$409 worth of work tools and clothing Friday, Shelbyville police said.

Store security said a staff member confronted the suspect near the front door but was unable to stop him.

Animal abuse

A raccoon and a squirrel, both with their eyes shot out, have been found this week in the driveway of a home in the 600 block of El Bethel Road, the BCSO was told. A resident said gunshots have been heard in the area.

Jail intake

The following were arrested since Sunday by the Bedford County Sheriff’s Office, Shelbyville Police Department, Tennessee Highway Patrol or 17th Judicial District Drug Task Force. They are only charged; guilt or innocence will be determined by the courts. Due to temporary computer problems at the BCSO, only names and charges are available. The intake listings will return to their regular format when possible.

•Solis Anahi Martinez: financial responsibility, no driver’s license

•Nelson Arguleta: following too close, driving without a license, registration law, financial responsibility, criminal impersonation (two counts)

•Kendrick Benson: attachment

•Dustin Bryant: failure to appear

•William Butler: speeding, financial responsibility

•Cody Clark: auto burglary

•Hunter Crawford: driving on revoked license, seat belt law

•Evla Mae Davis: probation revocation

•Gary Dodson: failure to appear

•Sirenia Domingo: no driver’s license, failure to yield, financial responsibility

•Olivia Dudeck: theft over \$2,500

•Jeffrey Edmondson: driving on suspended license

•Steven Allen Fite: speeding, driving on revoked license

•Mateo Francisco Miguel: DUI, driving on revoked license, implied consent, leaving scene of a crime

•Greg Gallargo: contributing to the delinquency of a minor, possession of schedule 6 drug with intent to sell, possession of drug paraphernalia

•Robert Gammill: violation of probation

•Julio Gaspar: DUI, no driver’s license

•Rachel Gotham: no driver’s license, possession of schedule 2 drug

•Roseann Green: driving on revoked license

•David Hernandez: DUI, due care

•Willie Hudson: driving on revoked license

•Ernesto Lopez: DUI (second offense), driving on revoked license, resisting arrest

•Jose Lopez: DUI, no

driver’s license, failure to maintain lane, due care, possession of schedule 2 drug, tampering with evidence

•Lidia Marie Lopez: driving on revoked license, light law, financial responsibility

•Maria Lux: no driver’s license

•Callie Lynch: failure to appear

•Donnelly Lynn: DUI, due care, resisting arrest, assault on an officer

•Miguel Martinez Mata: no driver’s license, light law, financial responsibility

•Jonathan Melgado Abad: simple possession of schedule 2 drug, possession of drug paraphernalia, speeding, registration violation

•Austin Moody: failure to appear

•Danyella Morales: failure to appear

•Dakota Mashawn Morrow: violation of probation

•Jimenez Nelson: following too close, driving without a license, registration law, financial responsibility, criminal impersonation

•Melissa Odea: violation of probation

•Laura Orozo Arias: no driver’s license, speeding, financial responsibility

•Rodney Parsons: domestic assault, resisting arrest, assault on an officer

•Estefan Perez: domestic assault, simple assault

•Alisia Perry: domestic assault, vandalism

•Nathan Pineda: no driver’s license, light law

•Gregorio Quiroz Solis: due care, no driver’s license

•Elber Ramirez: public intoxication, criminal impersonation

•Ezequiel Ramirez: DUI, no driver’s license

•William Reese: no driver’s license

•Kendall Sanders: failure to appear

•Roberto Sandoval: light law, no driver’s license, financial responsibility, registration violation, move over law

•Erika Schmidt: harassment, filing false report

•Terry Sims: DUI, failure to yield, no proof of insurance

•Dustin Jamal Singleton: DUI, implied consent, retaliation for past action

•Lee Small: custodial interference

•Robert Shane Stewart: failure to appear, bench warrant

•Kimberly Vaughn: driving on revoked license, light law, financial responsibility

•Brian Walker: failure to appear, bench warrant (public intoxication)

•Chad West: financial responsibility, due care, DUI, driving on suspended license

•Frankie Wilhoite: violation of probation, public intoxication, violation of bond condition, show cause hearing

•Jason Willmon: violation of probation

•Megan Wood: DUI, due care

•Sarah Wright: violation of probation, possession of drug paraphernalia

•Jeremy Zimmer: driving on suspended license, financial responsibility, registration violation

•Everette Zimmerman: contributing to delinquency of a minor

OFFICERS MARK ANNIVERSARIES



Submitted photos

Two Shelbyville police officers have been recognized for years of service. Sgt. Bill Logue, who has 34 years of service with the Shelbyville Police Department, is assigned to the Criminal Investigations Division and manages the Property and Evidence and Fleet Maintenance departments. Officer James Sharp is on day shift patrol and serves as a field training officer.



Officer James Sharp

REAL ESTATE TRANSFERS

12/27/2022—01/02/2023

Lisa Diane Lynch, Donald Lee Lynch to Familia Nam Amor Trust—0 money, 0 acres, Warner Bridge Rd.

Lorena Carreon Maldonado to Joaquin Martinez Ruiz—\$175,000, 2.69 acres, Bunker Hill Lane

KHI Corp. to Helen Renee Eldridge, Billy Dewayne Eldridge—\$298,900, 0 acres, Moody St.

Jeannie Lee Jones, James Mangrum Jr. to Timothy Wayne Jones—0 money, 0.495 acres, Philpott Rd.

Jeannie L. Mangrum Jones, James Mangrum Jr. to Timothy Jones—0 money, 0.99 acres, no address

John M. Parker, Rebecca Parker to Ricky Benson, Lori Benson—\$485,000, 0 acres, Smith Chapel Rd.

Virginia L. Stewart, Main Street Family Limited Partnership to John K. Harrison II—\$1,300,000, 6.71 acres, Decatur St.

US Bank to Shelbyville Grand LLC—\$900,000, 0 acres, North Main St.

Rubin Liblin TN PLLC, Jose G. Aguilar, Sonia Lopez to James Farrar Sr.—\$62,623, 0 acres, Green Lane

Jason L. Daughdrill, Sylvia L. Daughdrill, Jason Daughdrill to Jason Lee Daughdrill, Jason L. Daughdrill—0 money, 0 acres, no address

SDH Nashville LLC to Edward Randall Gorman, Patricia Lynn Gorman—\$249,990, 0 acres, Townsend Ave.

Dean Smith to Tonya Chester—\$90,000, 12.17 acres, Rattlesnake Lodge Rd.

Shaun Sexton, Patrick

Sexton to Demetra Beth Daley, Akeem Daley—\$304,000, 0 acres, Tines Dr.

Jonathan N. Rone, Brandy Rone to Jonathan N. Rone, Brandy Rone—0 money, 0 acres, Cottontail Lane

John T. Bobo, John D. Fisher to June A. Fisher—0 money, 0 acres, Hill St.

Martin K. Shofner, Corabel A. Shofner to Martin King Shofner Family Limited Partnership, Martin King Shofner LP—0 money, 1.33 acres, Cathey Rd.

Brandon Adams, 598 Minkslide Rd. Trust to Robert Dalton Woodruff, Jessica Woodruff—\$325,000, 2.05 acres, Minkslide Rd.

Jesse S. Taylor Jr. to Alicia B. Evans—\$220,000, 0 acres, Lafayette St.

Leslie Steve Leverette, Cathey L. Lee, Cathey Lee Evans to Cathey L. Lee, Cathey Lee Lee, Cathy L. Lee—0 money, 0 acres, no address

Leslie Steve Leverette, Cathey L. Lee, Cathey Lee Evans to Leslie Steve Leverette—0 money, 0 acres, no address

Leslie Steve Leverette, Cathey L. Lee, Cathey Lee Evans to Leslie Steve Leverette—0 money, 0 acres, no address

HP Realty Co. LLC to Luis A. Olivo, Esperanza Olivo—\$277,500, 0 acres, Smotherman Lane

Vivian Waggoner, Vivian Waggoner Davidson to Vivian Waggoner Davidson, Reginald Waggoner, Brian Waggoner, Braxton Waggoner, Jayden Waggoner—0 money, 0 acres, no address

Lamont Kelsey Sherill II and Cynthia Barbara McDonald Mir

BUSINESS LICENSES

12/28/2022—01/04/2023
Bedford Bags LLC—Sewing and creating bags, purses, travel bags for sale—634 Happy Valley Rd., Bell Buckle, Julie O’Connell

Best New And Used Tires Inc.—Retail tire sales—514 Madison St., Shelbyville, Jahanbin Khastar

J And C Construction—Vinyl siding construction—140 Parker Rd,

Shelbyville, Julio Morales Mom And Manda’s—Boutique—314 Riverbend Country Club Rd., Shelbyville, Amanda Reed

Onformant, LLC—Monitoring software service—640 Smith Chapel Rd., Tullahoma, Justin Kemp

Pawsitive Pooch Pet Services—Dog training services—731 Frank Martin Rd., Kevin Whipple Shelbyville RV Service

& Repair—RV service & repair—1504 Green Lane, Shelbyville, David Koehler

The Hidden Hive—Air BNB bed and breakfast—3300 Hwy. 64 E., Shelbyville, Amanda Reed

Walkaway Farm—Farm—237 Coble Road, Shelbyville, Robert L. Walker

Ward’s Forestry Solutions LLC—Forestry, Mulching—1127 New Hope Rd., Shelbyville, Dax Ward

Deedra Joyce Beasley Burk vs Danny Euell Burk

Belinda Louise Gerg

PUBLIC RECORD

vs Kenneth Joseph Gerg

Brianne May Messick vs Eric Scott Messick

Danielle Nicole Olmstead vs. Christopher Dale Olmstead

Amanda Milan Smith vs Brent Edward Smith

MARRIAGE LICENSES

Jason Matthew Arnold and Teri Delight Fox Arnold

Marvin Sanchez and Bailey MacKenzie-Dawn Bredlove

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Doug Dezotell
Musings and Memories

A right time for everything

Ever since 2008 I have had the privilege of serving as a United Methodist pastor.

During my time of service the congregations and I worshipped together, and we praised the Lord together.

We studied the Bible together and we learned together.

We cried together and we laughed together. And of course, like most churches, we ate together....again and again.

And some of us even went to Weight Watchers together.

We've prayed together and we've prayed for one another. We've knelt at the altar together. And we have received Holy Communion together. And we grew deeper in love with Jesus together.

We've stood at the bedside of sick loved-ones together...and we've stood at the graveside of loved-ones together too.

We have celebrated our children's accomplishments together...and we have wept together over our children's failures.

We have grown in the grace and the knowledge of the Lord Jesus Christ...together.

We've talked on the phone together, and we've communicated by e-mail and text messages and on Facebook together.

We have gone on retreats together...and we have gone on mission trips together.

We have hunted for petrified wood together...and we've eaten Navajo tacos together.

Serving as a UMC pastor has been one of the greatest honors of my life.

Over the years I labored among them, and I have grown to love the people of the congregations and have made many life-long friends.

In the last 15 years, the folks listened to me preach hundreds of sermons.

Some of them actually listened....some took notes...some of them fell asleep...and some of them thought about where they were going for lunch.

In the last 15 years, I've preached a number of spouse's funerals....or a parent's funeral....and sadly, I've preached a child's funeral.

We have shared memories together....and we cried together....and sometimes we laughed through our tears together.

In the last 15 years, I have baptized adults and children. And I have performed wedding ceremonies for young couples, and even not-so-young couples.

The last 15 years have been action packed and eventful years for all of us.

Personally, I have had open-heart surgery, with 9 other surgeries to follow that, and I lost more than 100 pounds.

And I became a grandfather 3 times; and I was privileged to baptize all three of those beautiful little girls.

In the last 15 years, there have been tragedies and there have been triumphs. We have all had our ups and we all have had our downs.

And we went through it all together.

▶ See **Doug**, Page 3B

EarthBar opens

Owner finds purpose to help others

By **ZOË WATKINS**
zwatkins@t-g.com

Ruslan Kushnir decided to get his life together three years ago. It involved not only finding God's will for his life but also beginning a healthy lifestyle.

He recently opened EarthBar on North Cannon Boulevard in a little rundown building that used to be a bank. Today, he serves a variety of healthy bowls and drink options to help others eating healthy too.

"Food stopped being an object in my mind," he said. "It's a never-ending cycle: if you start eating badly, your brain will start reacting badly because it starts asking for more bad stuff because it tastes great."

But starting EarthBar was never his intention. Instead, the journey to where he is today started across the world in Ukraine where he was born.

Kushnir's family immigrated to the United States in 1988; he then settled in Los Angeles where he lived for 30 years and worked in the computer industry.

At that time, those three years ago, Kushnir said he "hit the wall in his life."

That is, until God put the name Shelbyville in his mind.

"So, I reached out to Him and said, 'Get me straight, get me out. Help,' without any hope that He would hear me."

That simple prayer led to everything changing.

"I have a cousin who lives in Shelbyville so I knew that it existed...But I couldn't get the name out of my head. I just went on for weeks with

this Shelbyville in my head," he said.

After selling everything he had in L.A., Kushnir took a leap of faith and drove across the country. Arriving in Shelbyville in July with little funds and no place to stay, the move didn't feel right. But Kushnir put his faith in God and kept asking how he could serve other people.

Looking for places to eat, Kushnir realized there were very few healthy places that put the emphasis on real fruits and vegetables. In his efforts to eat right, Kushnir had cut out meat, smoking, and indulging in food. He recounted when he first came here, he had to go to three different stores to put together a salad. For him, Shelbyville resembled something that's called a "food desert."

It hit him: helping others eat healthily here could be his calling.

Driving down North Cannon Boulevard one day, Kushnir noticed the old bank building and knew it was the place for him to open his business. He acquired the building in August, and after weeks of renovations, finally opened EarthBar.

Now settled, Kushnir offers a variety of smoothies, acai bowls, and his popular ginger shots. "If you've never drank them, I suggest you try," he said. "They're very uplifting."

Also known as "2 oz of daily health," ginger shots are bright oranges and yellows, spicy, and full flavor. Take a sip and you're bound to taste, smell, and feel the ginger as well as turmeric and lemon.

But they're great for



EarthBar owner Ruslan Kushnir. See additional photos on page 6B.

you—especially in the dreary months of cold and flu season. According to Kushnir, the benefits of drinking ginger shots include more energy, better immunity, and help with chronic pain and inflammation.

But if you're not necessarily into spicy ginger, acai bowls are a creamy, fresh alternative that are still packed with antioxidants, vitamin C, and potassium—a great post-workout food.

Or, if you need something for your sweet tooth but don't want refined sugar, try EarthBar's latest invention, strawberry and oat milk sherbet topped with fruits and covered with coconut and granola.

"We are what we eat, and we behave like what we eat. What we put in our stomach controls our brain. If you put fried, unreal food in, it's going to drive you in the wrong direction," Kushnir said.

That is, you no longer

crave the "bad stuff."

Making his first recipe was a breeze. When asked where he learned to make these recipes, Kushnir simply said, "Him. I've never done anything like this."

Kushnir said he first understood why he came to Shelbyville when a couple came into EarthBar during their lunch hour — instead of going to a fast-food restaurant — and ordered one of the fruit bowls. "And they were very excited because they had never seen anything like this in town," Kushnir said.

"Now I start to understand what I'm doing," he said. "I'm in a perfect place to change something."

EarthBar is located at 210 North Cannon Boulevard across from Planet Fitness. It is open 7:30 a.m. to 7 p.m. most days. For updates, check out their Facebook page, EarthBar.



Mark McGee
My Take

Square remains vital

As part of my exciting New Year's Eve, I drove my mother around the square to look at the lights at night.

If you didn't make a similar trip during this past holiday season you missed an impressive sight. Most store fronts were brightly decorated reminding me of a small-town version of the Christmas windows at Macy's in New York City.

Uncle Nearest Distillery was covered in lights rivaling the Gaylord Opryland Hotel grounds for holiday wattage. It is easily the biggest holiday display in the history of Bedford County.

But there was a peacefulness about the decorations on the square.

The white lights decorating the courthouse provided a festive look for the historic building. All of the renovation around the courthouse really opens up the area.

Architecturally the Shelbyville square design is studied in textbooks. While many small-town squares are dying a slow death our square is filled with various shops offering a variety of goods.

Pope's Café, which has long been a tourist attraction, is under new ownership. The Coffee Break continues to offer a quality food experience. And just off the square on Depot Street the Bocelli Pizza and Pasta Shoppe long ago established itself as a place for Italian cuisine.

Soon to be added to these choices is a new farm-to-table restaurant Glass Hollow Table & Tavern which will fill part of the old Knox Pitts Hardware building along with shops and a bed and breakfast.

Dating back to my time as the Times-Gazette editor in the late 1990s I have always been involved in historic preservation through my support of Tennessee's Backroads Heritage. I serve as a board member and like all of our members we are happiest when old buildings are preserved.

Jon English has been active in revitalizing buildings on the square and on Depot Street. We need more people like him who prefer to restore older structures while also finding ways to modify them.

Having spent the majority of my working life in Nashville where old buildings are removed without a thought for history, such an approach by investors like English is encouraging.

We take for granted what we see every day. But as my mother pointed out as we made our second trip around the square what a great situation we have in terms of attracting people to spend a half day or so exploring the square.

The holiday lights might not be on anymore but take the time to drive around the square one night. Do it when there is no traffic, so you have time to savor what you are seeing. I guarantee it will give you a greater appreciation of your hometown.

Mother starts SweetAbility Bakery for daughter with special needs

NASHVILLE — Chelle Baldwin only has to look at a family portrait to find the motivation to make SweetAbility Bakery a success. It's her daughter Rosie, who's 19 and who has consistently proved doctors wrong despite diagnoses over the years of autism, apraxia of speech and intellectual disability.

Chelle recently retired from her job as a message therapist to transition SweetAbility from an extreme cake side hustle into a full-time bakery so she can provide Rosie a guaranteed safe place of employment full-time, free from potential abuse when Rosie leaves school in a few months.

"If you're not a parent or closely related to someone with special needs, you have no idea the challenges they face especially after they age out of the school system," Chelle said.

"Families call it 'falling off the cliff' since the young adult with disabilities and their loved ones are now on their own with little to no support and limited opportunities for employment."

By partnering with the online farmers market Market Wagon, Chelle was able to find a consistent customer base and revenue between custom orders without wasting product—like what frequently happens at a traditional farmers market or pop-up event. As she builds her business, eCommerce is an important piece of the financial picture as she hopes to hire others with disabilities to help alongside her and Rosie.

"Rosie is super social," Chelle said. "She loves

▶ See **Sweet**, Page 3B

Scenes around the square



Above: Coming soon: Glass Hollow, new local restaurant and tavern on the Square.

Below: The Square has seen a lot of changes over the decades, like on the west side where the Gunter building and Courthouse Annex are located.



TCAT-S recognizes staff

Tennessee College of Applied Technology in Shelbyville recognized several staff members for their years of service! TCAT-S President Laura Monks presented certificates. A

recent Facebook post said, "These individuals have been such a significant part of the TCAT Shelbyville team, and we couldn't imagine our workplace without them."



Jim Potts, Facilities/Maintenance Coordinator - 15 Years



Norma Barnett, Administrative Support Associate - 10 Years



Brenda Marshall, Accounting Specialist - 5 Years



Jeff Carroll, Truck Driving Instructor - 5 Years



All American award

At a recent VFW Post meeting, Commander Mike Ruess, on behalf of the VFW Post 5019 in Shelbyville, was presented the All American Award by District 5 Commander Kimberly King. Out of 5,874 posts nationwide, Shelbyville was one of only 4% qualifying for this Award. District 5 finished in first place nationally in the division. All American status is designed to recognize outstanding units and is based on participation in VFW Programs as well as membership gains by Posts, Districts and Departments. Recognition comes from participation in various VFW programs, such as Voice of Democracy, Patriots Pen, National Citizenship Education Teacher Award, Buddy Poppy distribution, National Military Services fundraiser, National Veterans Service, and memberships.

District 5 Commander Kimberly King presents the All American Award to Mike Ruess.

Submitted photo

Given up on your 2023 reading list yet?

Time Enough at Last." The new year reminds me of that classic "Twilight Zone" episode starring Burgess Meredith as a put-upon bookworm. (No, he wasn't reading on the wing of an airplane! Get your episodes straight, with "The Twilight Zone Companion," for Pete's sake!) True bibliophiles are all the same. Whether our preference is studying the rise and fall of empires or the rise and fall of heaving bosoms, we eagerly anticipate how many volumes we can absorb in the pristine, wide-open next 12 months. The lucky few exceed their wildest expectations. The rest of us find one obstacle or another

curtailing or demolishing our plans. Some readers persevere and come up only a few chapters short when New Year's Eve ends. Other poor wretches finish the year woefully short of even scaled-back goals. ("Maybe next year I'll find out if Thing One and Thing Two get out of that box!") Sometimes kowtowing to political correctness is the cause of our failure. ("No, you're not going to be reading anyone's 'Collected Works.' Works implies a meritocracy! Down with systemic Dewey Decimal System!") Family obligations put reading on the back burner. Even if you're full-blooded Cherokee, you'll find relatives from "the

old country" magically arriving unannounced to spend three weeks! Sometimes totally unexpected family tragedies intervene. ("Who could have guessed that my ceiling-high stack of backup encyclopedias would somehow bury Grandpa alive? Say, I wonder if Guinness has a record for Most Harrowing Non-Coalmine Rescue Attempt?") Finite hours and competition from podcasts, streaming services and video games chip away at good intentions of curling up with a good book. ("Tonight's true-crime podcast: it's truly a crime what you're doing to your poor spine as you curl up with...") Sometimes your

enthusiasm wanes when you realize no one outside your book club cares about the milestones you pride yourself on. ("Dostoevsky? Tolstoy? Aren't they the guys who invented pickleball? Grab a seat and I'll tell you about the Volley from Hell...") Longer commutes, mandatory overtime and stressful promotions can all cut into precious reading time. Say goodbye to Louis L'Amour and John Clancy. Now all you have time to read is "100 Clients You Must Suck Up to Before You Find the Sweet Release of Death." Even good news such as grandchildren moving closer can be detrimental to your reading goals. ("Grandpa, why didn't Stephen King autograph

this first-edition book with ink that could withstand peanut butter and jelly?") Don't get me started on social obligations and household chores. Sometimes you just can't help going into Beastie Boys mode. You gotta fight for your right to paaaaage turn! ("Yes, I could use this pressure washer to clean the vinyl siding or...I could use it to hold you at bay while I finish these brain teasers.") Me? With the hope that springs eternal within the heaving or non-heaving human breast, I aspire to finish reading "The Roswell Legacy," Garry Marshall's "My Happy Days in Hollywood" and "The Grand Ole Opry: The Making of an American Icon" this year.



Danny Tyree
Tyrades

I hope that you can meet all your own reading goals this year. Maybe you'll even order my second self-published book from Amazon. (Search "Danny Tyree Why.") Hint hint. "You're traveling through another dimension, a dimension not only of sight and sound but of Tyree being encouraged to hold onto his day job..."

•Danny Tyree welcomes email responses at tyreetyrades@aol.com and visits to his Facebook fan page "Tyree's Tyrades."



Rosie, left, with her mom, Chelle Baldwin.



Rosie will continue to work at the bakery as a “safe place of employment.”



They have many sweets to combat winter doldrums, like large and individual pies, caramel corn, decorated shortbread cookies, and “cute” southern snowmen.

Sweet

(Continued from Page 1)

to help in the kitchen. I hope other people with disabilities, like Rosie, will find a job in the bakery that they love to do as well.”

There’s also a delicious bit of irony in all this. With Chelle’s husband David being a dentist, everyone thinks it’s pretty funny that he might benefit from people who overindulge on SweetAbility’s tasty treats (consider this your friendly reminder to brush thoroughly afterwards!).

Chelle hopes as more people try a dessert from SweetAbility Bakery, they will learn about Rosie and the bakery’s mission to employ people with disabilities, raise awareness for their great capabilities and inspire other businesses to be more inclusive in their hiring practices.

Market Wagon is an eCommerce grocery store with an all-local supply chain. The offerings from SweetAbility Bakery and more than 55 local farmers, chefs and artisans are sold on Market Wagon’s digital platform which serves every home in a 20-county region surrounding Nashville and Bowling Green, Kentucky. People can shop 900+ locally grown products on their

computer or smartphone throughout the week and place an order from multiple local vendors with one single checkout. Orders are delivered to each home every Tuesday afternoon.

Chelle said in a recent Facebook post that Market Wagon “has been a great opportunity for the expansion of SweetAbility.”

“Rosie really looks forward to delivering our sweets on Tuesday to the market hub,” Chelle said.

And not only does SweetAbility bake for a good cause, they have “delicious sweets to combat winter doldrums,” like large and individual pies, caramel corn, decorated shortbread cookies, and “cute as a button” southern snowmen.

Chelle has some talent. She even appeared on Food Network’s Holiday Baking Championship Gingerbread Showdown in 2021.

SweetAbility can help with any large or small custom order for hot cocoa poppers, cookies, pies, or any other sweet that will make your events extra special. You can get in touch with them at chelle@sweetability.org or visit their site at <https://www.sweetability.com/>. For direct door delivery, find them on Market Wagon’s site at www.marketwagon.com.



SweetAbility Bakery was opened eight years ago.

Doug

(Continued from Page 1)

King Solomon wrote in Ecclesiastes 3:1-8, “There’s an opportune time to do things, a right time for everything on the earth: 2-8 A right time for birth and another for death, A right time to plant and

another to reap, A right time to kill and another to heal, A right time to destroy and another to construct, A right time to cry and another to laugh, A right time to lament and another to cheer, A right time to make love and another to abstain, A right time to embrace and another to part, A right

time to search and another to count your losses, A right time to hold on and another to let go, A right time to rip out and another to mend, A right time to shut up and another to speak up, A right time to love and another to hate, A right time to wage war and another to make peace.”

I have had the God-

given privilege of pastoring two churches in the last 15 years, and now I am pastoring just one.

I thank God that He has called me to serve as a pastor. It is a joy to be of service to such great people.

And I thank God that I have the privilege of ministering to this community through the Musings and Memories, column every

week too.

I consider it the greatest of all honors to be a minister of the Gospel. And I praise Him with all my heart.

Thank you all for giving me a place in your hearts and minds.

I am praying for you, and I humbly ask that you pray for me as well.

God’s Richest Blessings

for you in this New Year. Amen.

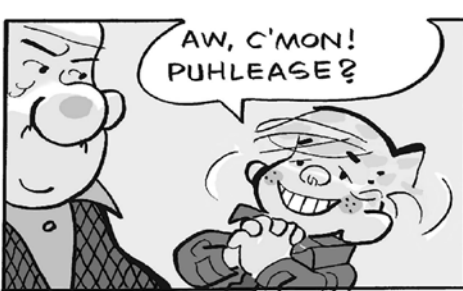
Doug Dezotell is the pastor of Cannon UMC. He is a columnist for the Times-Gazette; and he is a husband, a father, a grandfather, and a friend to so many wonderful people, and animals too. He can be contacted at dougmddezotell@gmail.com or at (931)-607-5191.

SHELBYVILLE TIMES-GAZETTE

Mort Walker's **beetle bailey**



Hank Ketchum's **Dennis the Menace** **SHOWDOWN!**



BLONDIE BY DEAN JOHNSON & JOHN MARSHALL



The FAMILY CIRCUS By Phil Keane

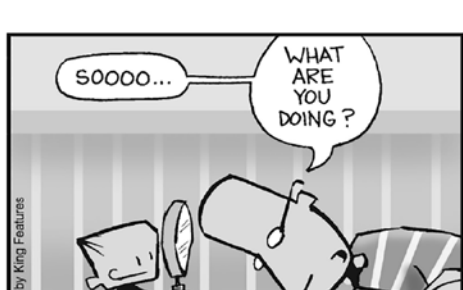


PICKLES BY BRIAN CRANE

Baby Blues



DADDY DAZE



Rick Kirkman & Jerry Scott



SALLY FORTH

by Francesco Marciuliano

1-3

HEY, THERE'S STILL A GINGERBREAD HOUSE IN THE DINING ROOM.

WOW. JUST GOES TO SHOW YOU HOW LITTLE WE GO IN THIS ROOM ANYMORE.

DO YOU THINK IT'S STILL OKAY TO EAT?

I DON'T KNOW. IT'S BEEN SITTING OUT HERE FOR OVER A MONTH.

YEAH, BUT IT'S JUST COOKIE, RIGHT?

REALLY STALE COOKIE. AND I WOULDN'T TRUST THAT FROSTING AFTER ALL THIS TIME.

WELL, I COULD EAT AROUND THE FROSTING. AND MAYBE THOSE GUMDROPS.

WHY EAT IT AT ALL? WE HAVE SO MUCH OTHER DESSERT IN THE HOUSE.

BUT IT SEEMS LIKE SUCH A WASTE TO NOT TAKE AT LEAST ONE BITE.

KEEFF

1-8

I KNEW IT! WE SHOULDN'T HAVE GROWN COMPLACENT! I KNEW THEY'D FIND US!

MAKE GHOST NOISES! MAYBE THEY'LL THINK THE HOUSE IS HAUNTED AND LEAVE US ALONE...OR THROW US OUT... I CAN'T THINK STRAIGHT RIGHT NOW!

IT'S THE BEAST THAT SLAUGHTERED THE PROFESSOR!

THE POOR MAN'S ASSISTANT MUST HAVE BEEN ARMED...! THAT'S WHY HER REMAINS ARE NOWHERE TO BE SEEN... SHE DIDN'T DIE HERE!

NOW WE KNOW WHY THERE'S NO CAMERA ON THE GROUND, NO PERSONAL GEAR OF ANY KIND...

WHEN SHE...!

THE PROFESSOR'S ASSISTANT MUST HAVE TAKEN IT ALL WITH HER WHEN--!!

The PHANTOM

by Lee Falk

...WHEN SHE RETURNED TO GERMANY WITH THE DOCUMENT THAT LED THE PROFESSOR HERE IN THE FIRST PLACE.

OH NO!!

WELL, THEN, I'LL JUST HAVE TO GO AFTER HER...

FIND HER...

Tony DePaul & Jeff Weigel 1-8-23

I SAVED HER.

NOT IN GERMANY, YOU WON'T.

AND YOU MUSTN'T THINK SHE SAVED HER OWN LIFE...

IT'S BEEN SNOWING FOR HOURS.

THIS WAS QUITE A BIG STORM.

IT'S FINALLY STARTING TO LET UP.

TIME TO BREAK IN YOUR NEW SHOVEL.

WORST CHRISTMAS PRESENT EVER!

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1-8

Hi and Lois

by Brian and Greg Walker

BY JERRY SCOTT AND JIM BORGMAN

RUMBLE! RUMBLE! RUMBLE!

VROOM!

IS HE GOING TO SHOVEL OR NOT?

RELAX. I THINK HE'S JUST MAKING A PLAN.

THE LOCKHORNS

BY BUNNY HOEST AND JOHN REINER

"MY AMBITION IN LIFE? TO FINISH THIS SENTENCE."

"WOW! THE LENHARTS ARE PULLING OUT ALL THE STOPS TO GET PEOPLE TO LEAVE."

CANDORVILLE

BY DARRIN BELL

LISTEN TO THIS, EDNA: MULTIPLE NOBEL PRIZE-WINNING PHYSICISTS SAY EVERYTHING IN THE UNIVERSE IS ACTUALLY MADE OF ENERGY.

THEN MULTIPLE NOBEL PRIZE-WINNING PHYSICISTS MUST'VE NEVER MET MY HUSBAND.

On Substack at darrinbell.substack.com
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ZITS

SLYLOCK FOX

BY BOB WEBER JR.

Rachel Rabbit insists that Shady Shrew is wearing the scarf she left on the tree stump while skating on the pond. How does Slylock Fox suspect Shady stole the scarf if the only footprints near the stump belong to Rachel Rabbit?

Solution -- Slylock and quickly read it in the scarf. The scarf was the fishing pole to cast suspects Shady used without being noticed.

HOW TO DRAW a swan

YOUR DRAWING

Today's terrific artist is Anjela, age 11

A male opossum is called a Jack. A female opossum is called a ...

a) Pup
b) Kit
c) Cub
d) Squab
e) Jill

Answer -- Yep, it's (e)

NEW! Slylock Fox: Spot the Six Differences book is here! Available at www.slylockfox.com

Spot six differences between these panels.

Answer -- Hat, ladder, book, eyeglasses, pig's tail and tail feather.

"THE LAST BOOK LEROY READ WAS THE OWNER'S MANUAL FOR HIS ELECTRIC DRILL."

"DON'T ASK ME ... I HAVE A HISTORY OF PICKING LEMONS."

"WELL, THAT'S 'OUT WITH THE OLD' ... NOW IT'S 'IN WITH THE NEW!' ..."

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Owner Kushnir, right, helping customers.



Kushnir said he plans to do more renovations to the building's outside in the upcoming months.

Tips to make baking more healthy



Baking sessions are a beloved family tradition in many households. But such sessions may not be as revered by family physicians, as baked goods are often prepared with ingredients, like sugar and butter, that aren't necessarily sound additions to a person's diet.

Though baked goods may never rival vegetables in nutritional value, there are ways for amateur bakers to make these beloved foods a little more healthy.

- Replace sugar with a

Though baked goods may never rival vegetables in nutritional value, there are ways for amateur bakers to make these beloved foods a little more healthy.

fig puree. Figs are nutrition-rich fruits that serve as significant sources of calcium, potassium and iron. WebMD notes that figs also are excellent sources of fiber. Soaking eight ounces of figs in water can soften them before they're pureed with water. The resulting fig puree can serve as a sugar substitute.

- Make it a "dates" night. Much like figs, dates can be pureed and serve as a sugar substitute. However, WebMD notes that pureed dates will not be able to replace all of the sugar in a recipe. One cup of pureed pitted dates with 1/2 to 1 cup of water can replace as much as half of the sugar a recipe calls for.

- Replace butter with avocados. It's not just sugar that can make baked goods so unhealthy. Many baking recipes call for a substantial amount of butter. California Avocados notes that avocados can replace butter at a 1:1 ratio when baking. So if a recipe calls for 1 cup of butter, bakers can replace that with 1 cup of pureed avocados. WebMD warns that avocados have more water than butter, so bakers may want to reduce the temperature in their ovens by 25 percent and bake the foods a little longer.

- Replace white flour with whole wheat flour. White flour is often the go-to for amateur and even professional bakers. But white flour is

processed, which removes the bran and germ of the grain, thus stripping white flour of much of its nutritional value. Whole wheat flour is not processed, so it retains its nutritional value. Baking with whole wheat flour may require a learning curve, and some bakers prefer to use a mix of whole-wheat and white flour to preserve the flavors they've grown accustomed to.

Baked goods may never pack the most nutritious punch, but there are ways for amateur bakers to make such foods a little more healthy. between 1/4 to 1/3 cup of water. The resulting fig puree can serve as a sugar substitute.

Dos and don'ts of healthy weight loss

Maintaining a healthy weight promotes long-term health. Being overweight or obese are risk factors for various conditions, including type 2 diabetes and cardiovascular disease. The World Health Organization reports that the worldwide obesity rate has tripled since 1975. In 2016, more than 1.9 billion adults were overweight. Of these, more than 650 million were obese.

Health issues related to obesity are largely preventable. Losing weight in a healthy manner is essential for safe and lasting results. Individuals aspiring to lose weight can follow these guidelines on what to do and what not to do.

DO add lean protein sources to your diet. Healthline indicates the body burns calories when digesting and metabolizing protein, so a high-protein diet can help to shed up to 80 to 100 calories per day. Protein also helps you to feel full, reducing the propensity to overeat.

Control and Prevention advises that even modest weight loss of 5 to 10 percent of your total body weight is bound to produce health benefits, such as improvements in blood sugar levels, cholesterol and blood pressure. Start small and gradually build up.

DO eat at least four servings of vegetables and three servings of fruits daily. Produce contains an abundance of vital nutrients and is often fiber-rich and low in calories, which helps you to feel full.

DO get moving more. The Mayo Clinic notes that while it is possible to lose weight without exercise, getting moving can help burn off the excess calories you can't cut through diet alone. Exercise boosts metabolism and benefits mood and strengthens muscles and the cardiovascular system as well.

DO get moving more. The Mayo Clinic notes that while it is possible to lose weight without exercise, getting moving can help burn off the excess calories you can't cut through diet alone. Exercise boosts metabolism and benefits mood and strengthens muscles and the cardiovascular system as well.

DON'T go shopping while hungry. If you do, you may make impulse buys that compromise healthy eating plans.

DO speak with a doctor if you are vetting diet and exercise plans. A healthcare professional can assist you by indicating if a particular diet or fitness routine is acceptable for your age, goals and current health status.

DON'T forget to track eating. Most healthy diets involve some sort of calorie-counting, whether they actually require you to document your intake or

use a formula to attribute "points" or another measure related to what you eat. Writing or tracking the food and beverages you consume will provide the most honest assessment of habits that could affect weight loss.

DO include foods you enjoy. Completely restricting access to occasional treats may cause you to resent healthy eating, which can derail weight loss goals. The principle of moderation can apply to healthy weight loss as long as you account for the more calorie-dense foods.



Feta Roasted Salmon and Tomatoes

A Mission for Nutrition

Accomplish health goals with better-for-you family meals

FAMILY FEATURES

Setting out on a mission to eat healthier starts with creating goals and working to achieve them with those you love. To help make nutritious eating more manageable, call together your family and work with one another to create a menu everyone can enjoy while staying on track.

Connecting an array of recipes that all can agree on starts with versatile ingredients like dairy. Gathering at the table with your loved ones while enjoying delicious, nutritious recipes featuring yogurt, cheese and milk can nourish both body and soul.

For example, the key dairy ingredients in these recipes from Milk Means More provide essential nutrients for a healthy diet. The cheese varieties in Feta Roasted Salmon and Tomatoes and 15-Minute Weeknight Pasta provide vitamin B12 for healthy brain and nerve cell development and are a good source of calcium and protein, which are important for building and maintaining healthy bones. Meanwhile, the homemade yogurt sauce served alongside these Grilled Chicken Gyros provides protein and zinc.

To find more nutritious meal ideas to fuel your family's health goals, visit MilkMeansMore.org.

Feta Roasted Salmon and Tomatoes

Recipe courtesy of Marcia Stanley, MS, RDN, Culinary Dietitian, on behalf of Milk Means More

Prep time: 15 minutes

Cook time: 15 minutes

Servings: 4

- Nonstick cooking spray
- 3 cups halved cherry tomatoes
- 2 tablespoons olive oil
- 1 teaspoon minced garlic
- 1/2 teaspoon dried oregano or dried dill weed
- 1/4 teaspoon salt
- 1/2 teaspoon coarsely ground black pepper, divided

- 1 1/2 pounds salmon or halibut fillets, cut into four serving-size pieces
- 1 cup (4 ounces) crumbled feta cheese

Preheat oven to 425 F. Line 18-by-13-by-1-inch baking pan with foil. Lightly spray foil with nonstick cooking spray. Set aside.

In medium bowl, toss tomatoes, olive oil, garlic, oregano or dill weed, salt and 1/4 teaspoon pepper.

Place fish pieces, skin side down, on one side of prepared pan. Sprinkle with remaining pepper. Lightly press feta cheese on top of fish. Pour tomato mixture on other side of prepared pan. Bake, uncovered, 12-15 minutes, or until fish flakes easily with fork.

Place salmon on serving plates. Spoon tomato mixture over top.

Grilled Chicken Gyros

Recipe courtesy of Kirsten Kubert of "Comfortably Domestic" on behalf of Milk Means More

Prep time: 30 minutes, plus 30 minutes chill time

Cook time: 20 minutes

Servings: 8

Chicken:

- 3 tablespoons unsalted butter, melted
- 2 tablespoons chopped fresh dill
- 1 tablespoon chopped fresh oregano
- 2 cloves garlic, peeled and minced
- 3 tablespoons freshly squeezed lemon juice
- 1 teaspoon kosher salt
- 1/2 teaspoon black pepper
- 2 pounds boneless, skinless chicken breasts

Yogurt Sauce:

- 1 1/2 cups plain, whole-milk yogurt
- 1 1/2 tablespoons freshly squeezed lemon juice
- 1/2 cup diced cucumber
- 2 tablespoons chopped fresh dill
- 1 clove garlic, peeled and minced

- 1/4 teaspoon kosher salt
- 1/8 teaspoon black pepper

- 3-4 small loaves whole-wheat pita bread, halved lengthwise
- 1 cup thinly sliced tomatoes
- 1/2 cup thinly sliced red onion

To make chicken: Place melted butter, dill, oregano, garlic, lemon juice, salt and pepper in gallon-size zip-top freezer bag. Seal bag and shake contents to combine. Add chicken. Seal bag, pressing air out of bag. Shake chicken to coat with marinade. Refrigerate chicken in marinade 30 minutes.

To make yogurt sauce: Stir yogurt, lemon juice, diced cucumber, dill, garlic, salt and pepper. Cover sauce and refrigerate.

Heat grill to medium heat.

Grill chicken over direct heat, about 10 minutes per side, until cooked through. Transfer chicken to cutting board and rest 10 minutes. Thinly slice chicken across grain.

Serve chicken on pita bread with tomatoes, red onion and yogurt sauce.



15-Minute Weeknight Pasta

15-Minute Weeknight Pasta

Recipe courtesy of Kirsten Kubert of "Comfortably Domestic" on behalf of Milk Means More

Prep time: 5 minutes

Cook time: 10 minutes

Servings: 6

- 6 quarts water
- 16 ounces linguine or penne pasta
- 2 tablespoons unsalted butter
- 1/2 cup thinly sliced onion
- 1 cup thinly sliced carrots
- 1 cup thinly sliced sweet bell pepper
- 1/2 cup grape tomatoes, halved
- 1 teaspoon kosher salt
- 1/4 teaspoon black pepper
- 2 cloves garlic, peeled and minced
- 1 cup reserved pasta water
- 1 teaspoon finely grated lemon zest

- 1/2 cup smoked provolone cheese, shredded
- 1/4 cup chopped fresh parsley (optional)
- Parmesan cheese (optional)

Bring water to rolling boil and prepare pasta according to package directions for al dente texture, reserving 1 cup pasta water.

In large skillet over medium heat, melt butter. Stir in onions, carrots and sweet bell peppers. Sauté vegetables about 5 minutes, or until they brighten in color and begin to soften. Add tomatoes, salt, pepper and garlic. Cook and stir 1 minute to allow tomatoes to release juices.

Pour reserved pasta water into skillet, stirring well. Bring sauce to boil. Reduce heat to medium-low and simmer 3 minutes. Taste sauce and adjust seasonings, as desired.

Transfer drained pasta to skillet along with lemon zest and smoked provolone cheese, tossing well to coat. Serve immediately with fresh parsley and Parmesan cheese, if desired.



Grilled Chicken Gyros

SHELBYVILLE HISTORICAL PUBLIC SQUARE



In the center of the Square is the Bedford County Courthouse which has seen many renovations over the past year.

T-G Photo by Zoe Watkins

BEDFORD COUNTY DEVOTIONAL PAGE



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Saturday, January 7, 2023

Viqueens win on 3-point plays

By **RICKEY CLARDY**
Sports Writer

EAGLEVILLE – The Community Viqueens were effective from both the outside and inside as the Viqueens used 12 three-point plays to increase their advantage en route to a 65-48 victory over the Eagleville Lady Eagles in a basketball contest Tuesday night.

Community (12-4) not only connected on eight treys beyond the arc, but also completed four three-point plays the old-fashioned way around the basket as the Viqueens took control in the second half.

“That’s something we actually talked about while we were in Gatlinburg,” Coach Cody Pierce of the Viqueens said. “It was one of our weaknesses. We weren’t finishing some of those plays and we weren’t getting to the paint enough.”

After the Lady Eagles scored the first four points of the game, the Viqueens led the rest of the way after taking a 7-5 lead with the help of five points off the bench from Anna Haskins.

Community ended the quarter with the last six points and took a 14-7 lead to the second quarter.

Haley Mitchell scored five points while Haskins and M.J. Simmons each scored four as the Viqueens maintained their lead in the quarter.

The Viqueens were outscored 14-13, but took a 27-21 advantage into the intermission.

It was raining threes for the Viqueens in the third quarter as Community connected on five treys for its first 15 points to take a double-digit lead.

Mitchell and Zoey Dixon each had two three-pointers as the Viqueens outscored the Lady Eagles 19-10 and took a 46-31 lead to the final quarter.

Simmons scored seven points as the Viqueens took their biggest lead at 60-36 with 4:28 remaining. Reserves played down the stretch as Community finished with the 17-point win.

Mitchell led three Viqueens in double figures with 18 points. Simmons netted 16 points while Dixon added 12.

Brinli Bain led Eagleville with 16 points.

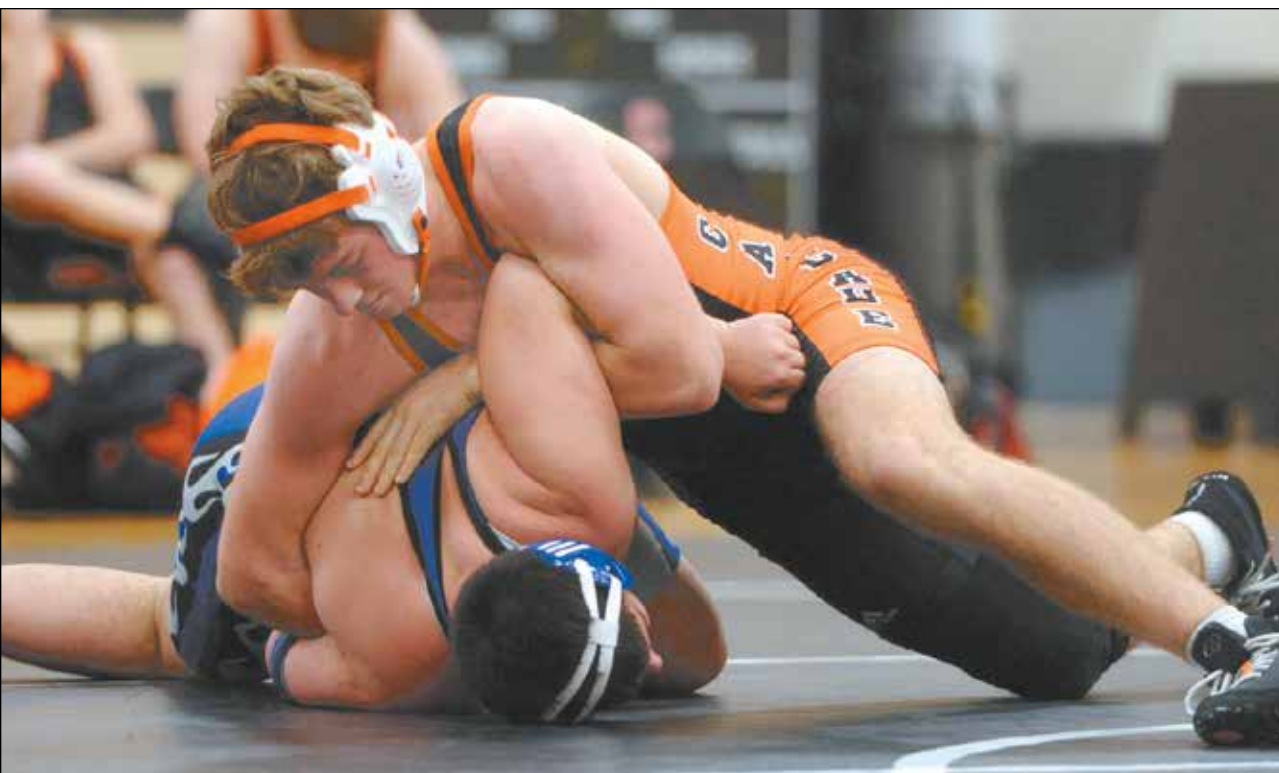
The Viqueens were 15-of-20 at the free throw line while the Lady Eagles were 8-of-13.



T-G Photo by Rickey Clardy

► See **Viqueens**, Page 2C

Anna Haskins fires a shot from 3-point range. Haskins had nine points in the Community win.



T-G Photos by Chris Siers

Hayden Dowell positions for a pin against Forrest on Monday night.

Champs dive into busy week on mat

By **CHRIS SIERS**
sports@t-g.com

It’s been a busy week on the mat for the Cascade wrestling team, starting

off with back-to-back tri-matches on Monday and Tuesday.

On Monday night, Cascade split matches

between Forrest and Tullahoma, with a win against the Rockets, before falling to the Wildcats. Against the Rockets,

the Champs flexed their muscles and won five of the six matches wrestled against the Rockets.

Bryson Redd, Cole West and Hayden Dowell all pinned their respective opponents, while Chase Sutter won a technical fall, beating Tegan Vanderploeg with a 26-11 decision.

Max Darefsky also won via decision, beating Jovani Monreal in a 10-4 decision.

Coupled with the wins via forfeit, Cascade took the 56-12 win over the Rockets.

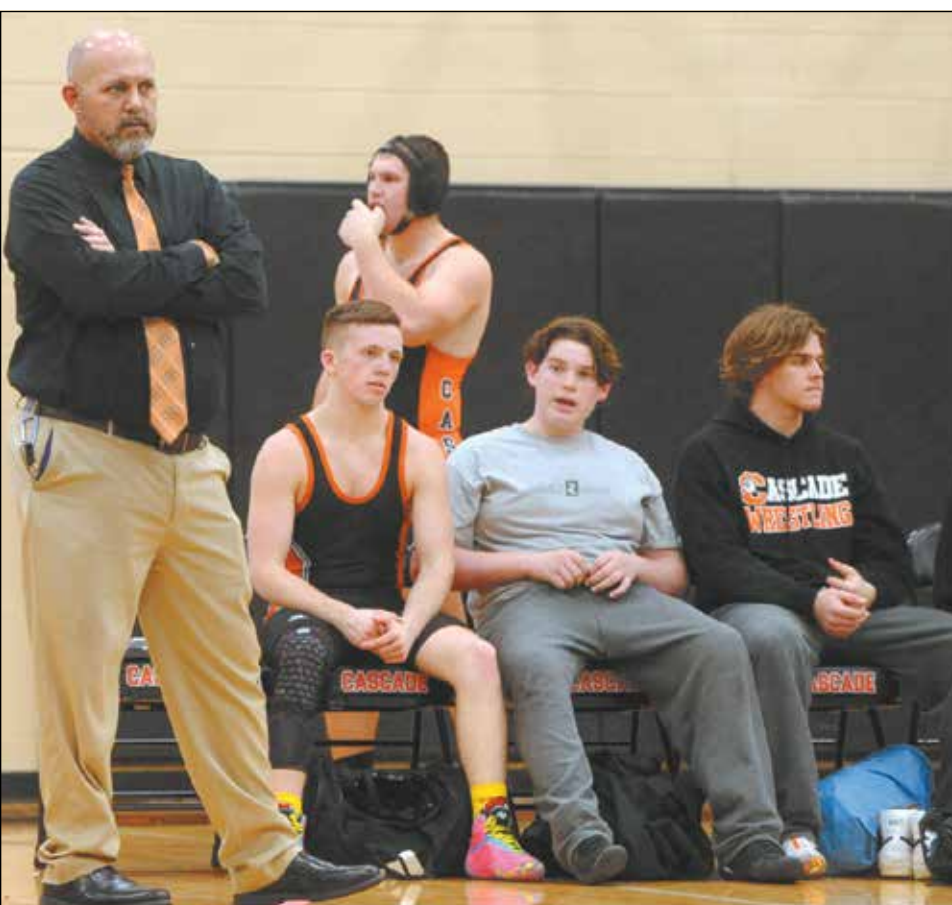
Against Tullahoma, it was tough sledding for the Champs’ team score as the Wildcats claimed the 58-21 win over Cascade.

The bright spots for Cascade came at the 195-pound weight class where Isaac Chapa pinned Matthew Swiger in 1:52. Cole West won a sudden victory at the 220-pound weight class, marking Cascade’s only match victories against Tullahoma.

TUESDAY

After splitting Monday’s tri-match, the Champs were

► See **Champs**, Page 2C



Champion coach Andy Giel observes during Monday night’s tri-match between Forrest and Tullahoma.

Vikes’ comeback attempt in 4th falls short

By **RICKEY CLARDY**
Sports Writer

EAGLEVILLE — The Community Vikings cut an 18-point deficit to six in the final quarter, but the hill was too steep to climb for the Vikings as the Eagleville Eagles defeated Community 50-39 in a basketball contest Tuesday night.

With four players picking up three fouls in the first half, the Vikings had trouble getting into an offensive flow to start the game.

Community managed to only trail 10-8 before an 8-0 Eagleville run gave the Eagles an 18-8 lead heading to the second quarter.

The fouls started mounting for the Vikings in the quarter.

Community could only score nine points, but the Eagles cooled down and scored just 10 as Eagleville took a 28-17 lead into halftime.

The Vikings trailed 35-25 with 1:47 to play in the third quarter before another 8-0 Eagleville run gave the Eagles a 43-25 lead heading to the final quarter.

With Jacob Flannagan scoring six points and Cole Crockett adding four, the Vikings scored the first nine points of the quarter and cut the Eagle lead to 43-34 with 4:17 left.

A three-pointer by Corey Paterick put the Vikings within six at 45-39 with 1:51 to play, but Community could not get closer as the Eagles scored the final five points to stretch their winning margin.

Rhett Deaton and C.J. Goers each scored nine points to lead the Eagles.

Flannagan had 10 points to lead the Vikings.

► See **Vikings**, Page 2C



T-G Photo by Rickey Clardy

Emery Smith connects on a shot from the corner for the Vikings.



T-G Photo by Rickey Clardy

Zoey Dixon is fouled while driving to the basket. Dixon hit the resulting free throws and finished with 12 points for Community.

Viqueens

(Continued from Page 1C)

“We got off to a good start,” Pierce said. “We

defended well and attacked the basket.”

“We made them work every offensive possession,” Pierce added. “When you do that, it’s tough to score.” Community was to begin

District 7-AA play at intra-county rival Cascade on Friday night.

Community 14 13 19 19 —65
Eagleville 7 14 10 17 —48
Community: Haley Mitchell 18, M. J. Simmons 16, Zoey Dixon 12, Addison Brothers 5, Shelby Cawthon 4, Anna Haskins 9, Izzy Martinez 1, Jayla Mangrum,

Jacey Collier, Stevie Dickenson, Raegan Haley, Kathryn Segó, Annie Prince.
Eagleville: Brinli Bain 16, Eliza McClaran 13, Isabella Sawyer 7, Shelby Mooneyham 5, Alex Klarer 2, Sarah Marshall 3, Rylee Warbritton 2, Jules Weese, M. C. Whitt, Aubrey Merritt.
3-Point goals: Community (8): Mitchell 4, Dixon 2, Haskins, Brothers; Eagleville (6): Bain 2, McClaran, Sawyer, Mooneyham, Marshall.
Halftime score: Community 27, Eagleville 21.

Vikings

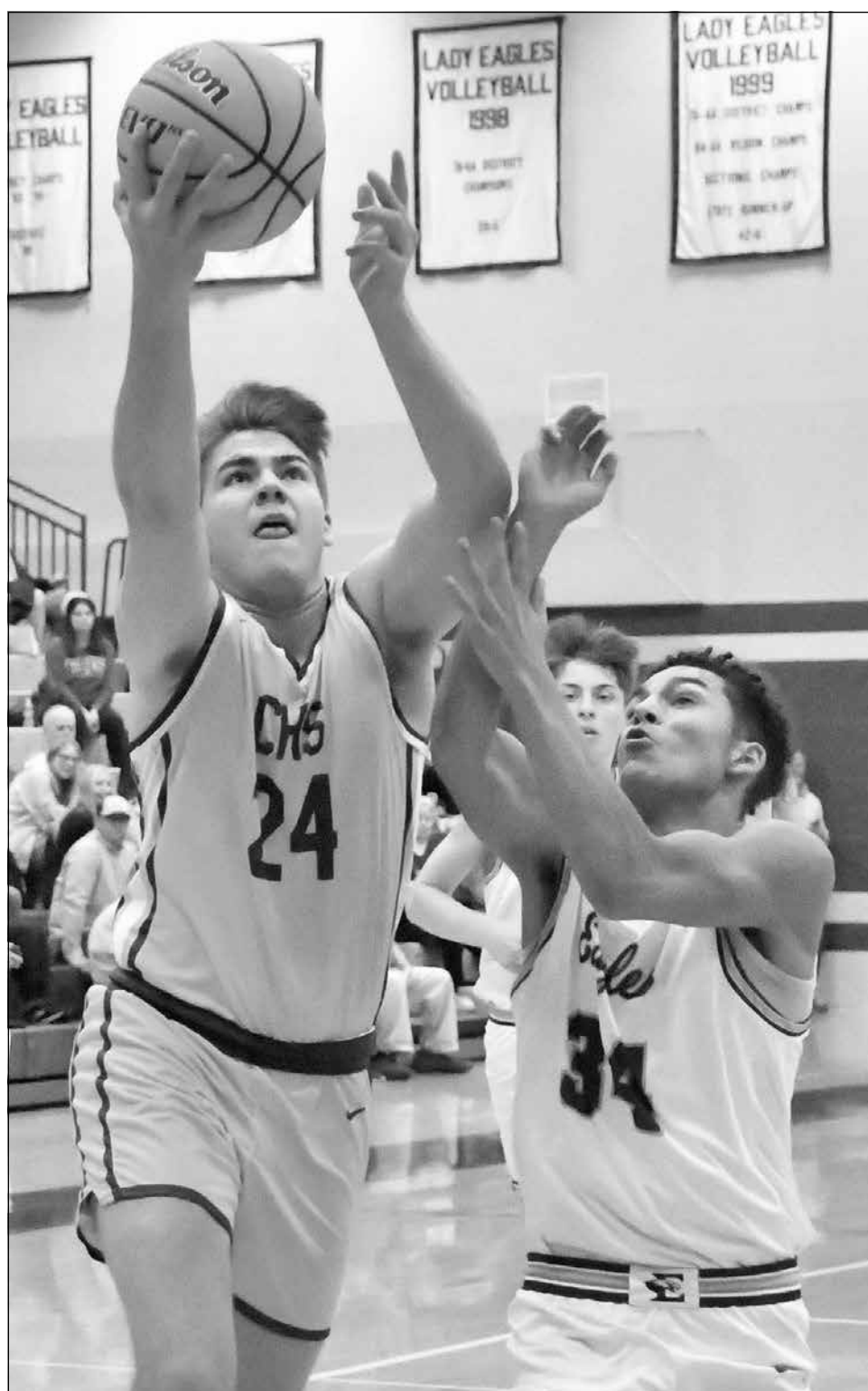
(Continued from Page 1C)

The Eagles were 17-of-28 at the foul line while the Vikings were 4-of-11.

Community travels to Cascade for its District 7-AA opener Friday night at 7:30 p.m.

Community 8 9 8 14 —39
Eagleville 18 10 15 7 —50
Community: Jacob Flannagan 10, Landon Lowmorn 7, Cole Crockett 7, Jason Cullum 4, Ramon Hernandez 2, Emery Smith 4, Corey Paterick 3, Austin Stickler 2, Dallas Grooms, Noah Watson.
Eagleville: C. J. Goers 9, Brady Burns 7, Grey Barker 6, Camden Cole 4, James Bega 3, Rhett Deaton 9, Isaac Gazaway 5, Kaden Snitzer 4, Jordan Reed 3.
3-Point goals: Community (1): Paterick; Eagleville (1): Barker.
Halftime score: Eagleville 28, Community 17.

Cole Crockett is fouled while driving to the basket. Crockett hit the resulting free throws and had seven points for Community.



Champs

(Continued from Page 1C)

back in action on Tuesday night and dropped two team matches to Coffee County and Page.

Against Coffee County, it was a close match from top to bottom through the Champion roster.

Vayden Moore made quick work of his Coffee County opponent and won

via pin just 50 seconds into the match.

After falling in matches at the 132 and 138 pound weight classes, Chase Sutter put the Champs back in the win column with a pin 52 seconds into his match in the 145-pound class.

Dowell sparked three-straight wins at 182, pinning his opponent in the third period.

Chapa followed with a

7-3 decision victory at 195, while Cole West recorded the final win for Cascade just 20 seconds into his match, winning via pin.

In total, Coffee County piled up 39 points, edging out a 12-point team win over the Champs.

Against Page, it was the usual cast of suspects who earned individual wins on the mat, with Moore pinning Noan Simpson in 1:42.

Dowell followed and pinned his second opponent of the night after another lengthy battle in 5:09.

Chapa also got his second win via pin in the first period, while Cole West won a sudden victory.

The Champs were scheduled to face Moore County and Spring Hill in another tri-match Thursday before taking part in the Red Hawk Rampage this weekend at Stewarts Creek.

Marvin Jones provides ‘security blanket’ for Jags

By **MARK LONG**
AP Pro Football Writer

JACKSONVILLE, Fla. — Marvin Jones is preparing for his final game with the Jacksonville Jaguars. It could come Saturday night against rival Tennessee, a matchup that will decide the division and the No. 4 seed in the AFC playoffs.

The 32-year-old receiver is a pending free agent, and with former Atlanta standout Calvin Ridley expected to join the Jaguars next month, Jones appears to be the odd man out in a position group that also includes Christian Kirk and Zay Jones.

Marvin Jones understands the situation and already has moved his wife and five children from Miami to the West Coast. He hopes to be as close to them as possible next season, his 12th in the NFL. He could be among the most sought-after receivers in free agency given his track record as a reliable and sure-handed receiver.

But before he gets to that point, he’d like to help the Jaguars (8-8) reach the postseason for the first time since 2017.

Beating the Titans (7-9) would make Jacksonville the AFC South champion and extend Jones’ tenure with the team at least another week, maybe longer.

“We know how electric it’s going to be,” Jones said. “It’s all we’ve been talking about — how much fun it’s going to be out there.”

Jones made the playoffs four times previously, three with Cincinnati and his most recent trip with Detroit in 2016. He signed a two-year, \$12.5 million with Jacksonville in 2021 and instantly became rookie Trevor Lawrence’s top target.

He caught 73 passes for 832 yards and four touchdowns last season, but general manager Trent Baalke and coach Doug Pederson added Kirk, Zay Jones and tight end Evan Engram in the offseason in hopes of surrounding Lawrence with more talent.

While the trio of newcomers have enjoyed career years, Marvin Jones has continued to be Lawrence’s “security blanket.”

They sat next to each other on every plane ride last season, with Jones often giving Lawrence guidance on how things work in the league amid a topsy-turvy season, and they have lockers a few feet apart.

“A guy with that much experience, that’s played that much football, seen a lot of things, it’s kind of invaluable,” Lawrence said. “He’s a guy that I’ve always trusted, especially on the field, and off the field, obviously, too.”

“But just a guy that I’ve had a lot of trust in since really Day 1 last year. We’ve built that relationship and I think that shows. He’s my security blanket. When all else fails, Marvin’s always there and making a play.”

Jones made perhaps the best play of Jacksonville’s season. His 10-yard, shin-dragging touchdown catch with 14 seconds remaining put the Jaguars in position to beat Baltimore in late November, a confidence-building win that started the team’s playoff push.

The Jaguars have won five of six since, including four in a row.

Jones has 44 receptions for 500 yards and three scores this season. He ended a 117-game catch streak in October, but still holds the NFL record for most touches without a fumble by a receiver, at 559.

“I don’t see anybody ever breaking it,” Jones said. “I think it’s pretty cool.”

Jones last fumbled in his final college game at Cal, and he remembers it vividly. The Bears were playing Texas in the 2011 Holiday Bowl, and Jones coughed up the ball on the team’s final play. He recalls three more fumbles in his football life, the most memorable one coming in 1998 in California when a fumble ruined a 200-yard, three-TD rushing day.

“I went straight to my dad and cried,” he said.

It remains a painful reminder of the importance of ball security for an experienced receiver entering the twilight of a career that includes nearly 7,500 yards receiving, 58 TDs and no fumbles.

“You throw the ball to me, and I’ll make it work,” he said. “No matter what situation — if it’s fourth down or you need a touchdown at the end of the game — that’s just how I do it,” Jones said. “That’s how I am, and I can do it time and time again.”

“Regardless of my role, I know that when the ball comes my way, I’m going to make the play.”

TCU conference-hops way to title contest

By **STEPHEN HAWKINS**
AP Sports Writer

FORT WORTH, Texas — TCU had quite the conference-hopping journey on its way to the national championship game.

The Horned Frogs won or shared titles in three different leagues over 16 seasons after the Southwest Conference disbanded. The small, private school was left out when four other Texas schools from the SWC joined the Big 12 in 1996.

“It’s like that old song by Hank Snow, ‘I’ve Been Everywhere’ — our fans, they’ve traveled all over the place,” said John Denton, the Horned Frogs’ kicker for their 1984 Bluebonnet Bowl team who has been part of their radio broadcasts since 1988.

All the way from the East Coast to Hawaii, with stops in the Western Athletic Conference, Conference USA and the Mountain West before finally getting an invitation to the Big 12 in 2012. They are now the school located the closest to the league’s headquarters in North Texas, after being either the easternmost or westernmost team in other conferences.

The long journey by TCU (13-1) has taken it to a showdown with defending national champion Georgia (14-0) in the title game Monday night at SoFi Stadium in Inglewood, California. TCU has just over 10,000 students, about one-third the enrollment at Georgia’s main campus.

The Frogs won their semifinal over Michigan in the Fiesta Bowl, the game where they were a BCS buster along with Boise State in 2009, long before the current four-team playoff.

“We’re focused in on what we’re doing but we understand there’s been so many great teams that built this program to get to where we are,” Heisman Trophy runner-up quarterback Max Duggan said. “I’ve had guys from past teams that have been hitting me up and congratulating me, and they’re rooting for us ... whether it’s teams back in the Southwest Conference, teams with Andy (Dalton), the 2014 team.”



AP Photo/Joshua A. Bickel

Damar Hamlin prepares to make a tackle against Tee Higgins in Monday night's game against Cincinnati. The tackle caused a cardiac event that eventually led to the game's postponement after Hamlin was revived on the field.

Players: Hamlin's injury wasn't Higgins' fault

By MITCH STACY
AP Sports Writer

CINCINNATI — Teammates and other NFL players offered their support Wednesday for Cincinnati Bengals receiver Tee Higgins, saying he did nothing wrong on the play that caused Buffalo Bills safety Damar Hamlin to go into cardiac arrest.

The 24-year-old Hamlin's heart stopped after tackling Higgins in a horrifying scene that led to the suspension of Monday night's game. Higgins led with his right shoulder, which hit the defensive back in the chest. Hamlin then wrapped his arms around Higgins' shoulders and helmet to drag him down. The play appeared routine but Hamlin got to his feet then

collapsed backward.

Medical personnel were able to restart his heart on the field. Hamlin remains in intensive care at a Cincinnati hospital. His condition has improved slightly, the team said.

"There's nothing you can do about that hit," quarterback Joe Burrow said Wednesday after the Bengals practiced for the first time since the incident. "That hit happens on every play of every single game. That's the scary part about it."

Dallas Cowboys linebacker Micah Parsons pushed back at former NFL player Bart Scott, who suggested on ESPN that Higgins was partially at fault for lowering his head and "throwing

his body" into Hamlin's chest after catching a 13-yard pass.

"(A)re we serious?!?!? why do we let some people speak on tv?!," Parsons tweeted in response to Scott's comments. "This was a freak incident but putting fault on another player is wild!"

Bengals receiver Tyler Boyd was more direct, tweeting in response to Scott: "straight bozo."

Bengals defensive tackle D.J. Reader said Hamlin and Higgins were simply "out there playing at full speed."

"It's just what happens sometimes, and it's just such a freak accident," Reader said. "You can't take your foot off the gas as a defender or an offensive player out there. If you're playing lightly,

you're going to take your risk of getting hurt. It's the only way to play this game. You got to play 100 miles an hour, and that's how you go about it."

Chicago Bears center Sam Mustipher said extreme violence is part of the deal for NFL players.

"Football is a game where you want to impose your will on another man," Mustipher said. "And I'm sure you know (Higgins) thought, 'I'm lowering my shoulder, knocking it forward, finishing a run after a catch.' And that happens. You know, I hope his mental is good, he's doing all right. You know, there is a lot of emotion and passion in this game. Yeah, I can't imagine what he is feeling right now."

Outside University of Cincinnati Medical Center, Hamlin family spokesman Jordan Rooney called for "rallying around like people like Tee Higgins. You know, like he needs support."

Burrow said Higgins, who wasn't made available to reporters Wednesday, is handling the situation as best he can.

"Tee's doing well. He's pretty shaken up, just like all of us," Burrow said. "We've never seen anything like that, and unfortunate as it is, that's part of the game and something that you hope never happens, but as we saw on Monday night, can and will happen."

Bengals coach Zac Taylor said only that "my communication with Higgins is that he's doing OK."

NFL considers scheduling options; Week 18 unchanged

By ROB MAADDI
AP Pro Football Writer

The NFL is still considering various options following the suspension of the Bills-Bengals game, including possibly eliminating the bye week before the Super Bowl.

The Bills-Patriots game is set for Sunday in Buffalo and the rest of the Week 18 games remain on schedule.

The pivotal Bills-Bengals game was suspended Monday night after Buffalo safety Damar Hamlin collapsed and went into cardiac arrest while making a tackle in the first quarter.

Hamlin's recovery is moving in "a positive direction," two days after the 24-year-old player had to be resuscitated on the field, his marketing representative said Wednesday.

The league hasn't had discussions about postponing the Bills-Patriots game, which has playoff implications. The AFC East champion Bills (12-3) are vying for the No. 1 seed. The Patriots (8-8) would clinch a wild-card berth with a win.

"Frankly, my concern is to make sure the men have what they need to function, and that's getting through this day. Tomorrow is going to take care of itself," league executive Troy Vincent said in a conference call. "So, from my communications with the club and those players, it's just strictly been around making sure they're OK to check in, and being able to access those resources that are available to them. It is tough. And Coach is still battling."

The Bills were scheduled to hold team meetings and a walkthrough practice

without any media availability on Wednesday. They are expected to resume practice on Thursday. The Patriots returned to practice Wednesday but pushed back their media availability to Thursday.

"It's really important that we just keep the pulse of the coach and the players, and don't get in front of that," an emotional Vincent said. "And we'll allow (Bills coach) Sean (McDermott) and his team and his staff and the players, which are the most important thing here, to guide us if we have to make that decision collectively with the club and what's best for Sean and his team and the players."

NFL executive Jeff Miller said a decision on whether to resume the Bills-Bengals game at a later date will be made in the coming days. The outcome of the game impacts the AFC playoff structure because the Bills entered Monday night as the No. 1 seed.

"There's a lot of considerations in place there and a lot of people that we want to consult with, including the clubs involved, before that decision is final," Miller said.

The Bengals (11-4) have a one-game lead over Baltimore in the AFC North and also are in the mix for the top seed. The Kansas City Chiefs (13-3) surpassed the Bills for the No. 1 seed, pending the result of Buffalo's game against Cincinnati.

The NFL will lean on some of its guiding principles from the 2020 season when COVID-19 impacted the schedule and contingencies were in place



AP Photo/Joshua A. Bickel

The Buffalo Bills players pray for Hamlin during Monday night's game against the Cincinnati Bengals. The game is currently postponed.

in case every game wasn't played. The league would up playing all 256 games in 17 weeks despite the pandemic.

The playoffs are scheduled to begin Jan. 14. Pushing the start back one week to complete the Bills-Bengals game is among the options. That would eliminate the bye week between the conference championship games on Jan. 29 and the Super Bowl on Feb. 12.

Other scenarios include playing the Bills-Bengals game and the NFC wild-card games on the same weekend and pushing the

start of the AFC playoffs back one week. That also would eliminate the bye week before the Super Bowl.

The Pro Bowl Games featuring various skills competitions in Las Vegas are scheduled for the week before the Super Bowl, with a flag football game between the AFC-NFC teams on Feb. 5. That week could be pushed to after the Super Bowl or be canceled.

Not resuming the Bills-Bengals game would be the simplest option from a scheduling standpoint because it wouldn't require any other changes. The No. 1 seed and other playoff

positions would then be determined by winning percentage. In that case, the Chiefs would have the inside track on securing a first-round bye and home-field advantage throughout the playoffs.

"Those guiding principles that got us through or took us into the 2020 season with COVID, all of those things will be things that guide us through this conversation and making sure that proper equity is in place," Vincent said. "As we saw, potentially, there may be a lack of equity where it may not be perfect, but it will allow those that are participating or have

earned that right to play, to continue to play."

The Chiefs play the Las Vegas Raiders on Saturday in the first game of this weekend's slate.

"We know whatever scenario we have to go play to try to win the football game," said Chiefs coach Andy Reid, who coached the Philadelphia Eagles in a preseason game in 2012 just four days after his 29-year-old son died. "That's what we have to do. That's what we're going to do. And the players have worked through practice and done a nice job with it up to this point."



Photo Courtesy of the Tennessee Titans

Josh Dobbs will make his second career start, and his first on the road, in Saturday night's finale at Jacksonville, with the AFC South title on the line.

Dobbs excited to start with AFC South on the line

By **TERESA M. WALKER**
AP Pro Football Writer

Joshua Dobbs has been a part of an NFL playoff team in his six-year career.

Now the journeyman quarterback has the opportunity of a lifetime with his fifth different team — and third this season.

The former University of Tennessee star has a chance to lead the Tennessee Titans into the playoffs with a victory Saturday night in Jacksonville in just his second NFL start.

Not bad for someone signed off Detroit's practice squad on Dec. 21.

No pressure at all.

"I know it is a big game," Dobbs said Tuesday. "I haven't been here the entire year, but any time you have a chance to go to the playoffs, it is a tremendous opportunity. I'm excited for it."

The fourth-round pick by Pittsburgh in 2017 was on the Steelers' playoff teams in 2017 and 2020. The quarterback with a degree in aerospace engineering who has done internships with NASA through the NFL Players Association has been just as busy learning the Titans' game plan as his new teammates' names.

The 6-foot-3, 216-pound Dobbs will be making the eighth appearance of his career.

Dobbs doesn't see Saturday night's game against the Jacksonville Jaguars (8-8) as a validation of a journey that has taken him from Pittsburgh to Jacksonville in 2019 and back to Pittsburgh for 2020 and 2021 and stints with Cleveland, a brief stop in Detroit and now back in Tennessee as validation of his career.

This has just been his journey,

and now he has the chance to lead the Titans (7-9) to something this franchise hasn't done since the first three years of its existence in the original AFL — three straight division titles — and a fourth straight playoff berth.

"You just have to live in your world, maximize your journey, the opportunities that come, and take advantage of them," Dobbs said. "I'm excited for this one this weekend."

The Titans chose to start Dobbs over rookie Malik Willis, who is 1-2 as a starter and ran for his lone touchdown this season in his most recent start. Dobbs threw for more yards by halftime than Willis, the third-round pick out of Liberty, had managed in any of his starts. Dobbs finished with 232 yards passing.

Titans coach Mike Vrabel said Dobbs quickly adjusted despite

playing with teammates whose first names he didn't know in last week's 27-13 loss to Dallas. Vrabel also isn't worried about Dobbs being around Tennessee only a short time, noting half the battle is acting like a quarterback.

Vrabel also sees Dobbs as bringing a calming presence and confidence.

"Joshua is going to be very well prepared and understands that we will have to go into a great environment on Saturday night ...," Vrabel said. "He understands that. He has played quarterback. He has played in front of big crowds. He has played in big games."

One big advantage Dobbs will have in trying to snap the Titans' six-game skid, the franchise's longest since 2015, is having two-time NFL rushing champ Derrick Henry back. The Titans scratched

Henry against Dallas despite the running back ranking second in the NFL in rushing.

Henry currently ranks third with 1,429 yards and is tied for second with 13 rushing TDs.

Dobbs, who never beat Henry and Alabama in college, thinks it'll be a lot of fun being in the same backfield.

"I watched Derrick play a lot of football in college across the sideline from him, since being in the league across the sideline from him," Dobbs said. "So he's a dynamic back, as we all know. I'm excited to hand the ball off to him and watch it from a field perspective, what he's able to do."

Notes

They signed DT Curtis Brooks, DB Shyheim Carter and OLB Sam Okuyinonu to the practice squad.

Expanded CFP lengthens seasons for title teams

ASSOCIATED PRESS

With the 12-team playoff expansion approved for 2024, teams that make it to the national championship game will be facing even longer seasons.

Georgia and TCU played in their respective conference championship games before the College Football Playoff, so both will be in their 15th game Monday night. When expansion comes, the two teams who make the final game will play 16 or 17 games.

Georgia coach Kirby Smart said he worries less about playing more games than having the long layoff

after the Southeastern Conference championship game.

"I haven't really thought about it because I know that's coming down the road," Smart said of the playoff expansion. "But at the end of the day, the gap, the space between the last game being the conference championships and the semifinals probably bothers me more than anything else because I think you lose rhythm there. So I don't know that it's the total number of games as much as it is the layoff in between."

TCU coach Sonny Dykes said he believes the 12-team

playoff "is going to be great" for the Big 12 and everybody else.

"I think there's a lot of good football teams that deserve to be in the playoff," Dykes said. "And I've always believed that the cream rises and the more opportunities that schools outside of the traditional brands get, the more those schools can become traditional brands. I think if you exclude them, it's hard to break in. And I think this will give a lot of schools like TCU an opportunity to get in the mix and show what they're capable of."

From back to front

Dylan Horton is a 275-pound defensive end for TCU who had four sacks in the Fiesta Bowl against Michigan.

Before he got to TCU as a junior for the 2020 season, Horton had spent two seasons as a linebacker at New Mexico. He had gone there after being a safety at Frisco High School in Texas.

Horton said he weighed about 200 pounds when he was a defensive back in high school. When confirming he had gained about 70 pounds or more since then, it was jokingly referred to him that it was all muscle.

"Oh yeah, all muscle," he responded with a smile.

As for the transition from the secondary to the defensive front, he said it was a unique feeling getting closer to the ball and seeing defense played different at each of those positions.

"I got a good perspective as I got closer to the ball," he said. "I have a better understanding of how it should play."

Cool under pressure

Georgia quarterback Stetson Bennett was again composed when the CFP semifinal 42-41 win over Ohio State was on the line, throwing two fourth-quarter

touchdown passes.

Smart said Bennett, a sixth-year senior, has an ideal "mental disposition."

"I think he doesn't think of the moment any different than the first quarter from the fourth quarter," Smart said. "He doesn't feel that. He is a processor. He's a deep thinker. He just goes through the process of what he's going to do and doesn't let it affect him. He's never real high or real low, which I think is a great trait for a quarterback. And I think that helps him in the fourth quarter to be able to go execute. He has a lot of confidence."

Georgia's proud defense looking to bounce back against TCU

By **CHARLES ODUM**
AP Sports Writer

ATLANTA — Georgia's proud defense has allowed a combined 71 points in its two postseason games, including the 42-41 last-minute win over Ohio State in the College Football Playoff semifinal.

Even against stiff competition in the postseason, when higher-scoring games can be expected, that's a humbling and somewhat shocking development for No. 1 Georgia (14-0) as it heads into Monday night's national championship game against No. 3 TCU (13-1).

The Bulldogs, who led the nation in scoring defense

while winning the last season's national championship and ranked second entering this postseason, aren't accustomed to giving up so many points.

"We didn't play our best game," defensive back Javon Bullard said. "But there's a whole lot we can fix ... communication and things like that, just the basic things like that, knowing your leverage, talking. I know we've got to talk better throughout the secondary."

Now come the Horned Frogs, who average 41.1 points per game to rank fifth in the nation following a 51-45 win over Michigan in the Fiesta Bowl semifinal.

Georgia coach Kirby Smart may be bracing for yet another shootout. He said he had no quick explanation for the lack of defense in the CFP semifinals, which saw 179 points combined.

"I don't know how to pinpoint it," Smart said. "I don't know. Traditionally, the teams that are in these games, they're pretty good offensively. You'd like to say they're also pretty good defensively, but I think the studies and numbers indicate that as the season goes on and especially the semifinal and final games, scoring has to be going up."

Even after having five defensive players selected in the first round of

last spring's NFL draft, Georgia's defense was strong again during the season. The Bulldogs allowed a combined 64 points in their first seven games; five games had 10 or fewer points allowed, including two shutouts.

Thanks to that, Georgia's defense still ranks near the top of the national leaders. After leading the nation with its average of 10.2 points allowed last season, Georgia ranks fifth at 14.8. Georgia is 11th with 304.6 yards allowed per game.

Georgia had to play several freshmen late against Ohio State. Outside linebacker became a position of concern after Nolan Smith's

season-ending pectoral injury against Florida on Oct. 29. The position took another hit against Ohio State when Chaz Chambliss needed help leaving the field with an apparent left knee injury.

Among freshmen who played on defense last week were starting safety Malaki Starks, defensive end Mykel Williams and linebacker Jalon Walker.

Smart said the freshmen "didn't actually do what they were supposed to do every play" and he hopes to have all his injured players back for TCU.

"We don't make excuses around here and talk about injuries and these prob-

lems, but we've had our fair share," Smart said. "And nobody feels sorry for us and don't want anybody to. But we have to get those guys ready to play at a higher level."

Georgia beat LSU 50-30 in the Southeastern Conference championship game, allowing 502 passing yards. Then Ohio State's C.J. Stroud passed for 348 yards and four touchdowns against the Bulldogs.

"We finished the job and did what we had to do," linebacker Smael Mondon said after the game. "We didn't play our best game and know we'll have to play a lot better. We have to go finish the drill."

THE AMAZING SPIDER MAN © by Stan Lee-Larry Lieber

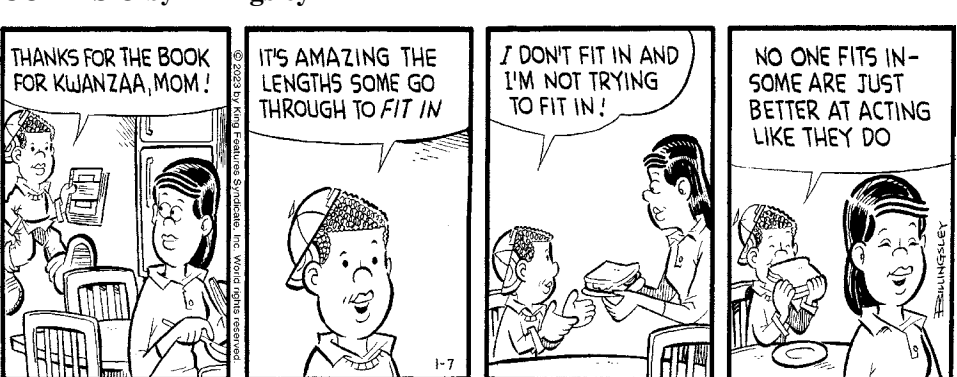


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CRYPTO FUN

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Determine the code to reveal the answer!

Solve the code to discover words related to getting organized.
Each number corresponds to a letter.
(Hint: 4 = S)

- A. 1 23 4 5 11 13
Clue: Woven container
- B. 4 16 11 25 6 20 24 7
Clue: Stores things vertically
- C. 3 25 8 4 11 13
Clue: Holds coats and more
- D. 4 8 18 13
Clue: Categorize

Answers: A. basket B. shelving C. closet D. sort

POPEYE © by Bud Sagendorf



Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

19	8	8	3	9	7	5	4	5
6	2	9	5	7	1	4	3	8
1	8	3	2	4	9	5	6	7
3	4	2	9	8	6	2	1	5
8	1	6	3	5	2	7	9	4
7	9	5	4	1	6	3	8	2
9	6	4	1	2	3	8	7	5
5	3	8	7	9	4	6	2	1
2	7	1	8	6	5	9	4	3

ANSWER:

Quick and Easy Dishes from *Around the Globe*

FAMILY FEATURES

One of the best parts of traveling is trying the local cuisine, and that's particularly true on an international scale. No matter where you go around the globe, however, there is one ingredient you'll likely find is an integral part of many cultures and cuisines: rice.

Grown on almost every continent, this staple ingredient is a large part of meals around the world, which means there are nearly endless varieties and recipes to try. However, you don't need to go on vacation to try authentic-tasting international food; easy-to-make versions of popular dishes from around the globe can be made right at home in mere minutes.

Mediterranean

Known for vibrant vegetables, savory sauces and incredible tastes, the Mediterranean is also home to a few classic rice dishes such as rich and creamy risotto from Italy. Other vibrant options include Spanish specialties like arroz con pollo (chicken and rice) and paella, which is made with an assortment of ingredients like seafood, spices and savory broth.

Asia

If you've ever been to an Asian restaurant, you'll notice a large portion of the menu likely includes recipes made with rice. While it might be difficult to pinpoint where certain recipes originate, fried rice is a Chinese specialty. Over time, this delicious dish has made its way to many different countries and been reinvented with local ingredients. For example, this Kale and Kimchi "Fried" Rice is based on Korean cuisine and can be made in less than 5 minutes using Minute Jasmine Rice & Red Quinoa Cups, which combine the buttery taste and aromatic scent of authentic Jasmine rice with crunchy, 100% whole-grain red quinoa in a convenient, pre-portioned cup.

Middle East

Much like other cuisines around the world, Middle Eastern cooking uses rice almost every day. A Turkish and Arab mixed dish, shawarma is now a global street food. Traditional Persian rice uses a variety of spices like turmeric, ginger and cardamom with dried fruits and nuts.

Latin America

Latin American recipes vary from country to country and region to region, but rice is essential on the side or as part of the main dish across the board. A quick and easy morning meal, this Mexican Breakfast Scramble is ready in 4 minutes. Aiding the short prep time, Minute Jalapeno Rice Cups are ready in just 1 minute and can help spice up dishes with a tasty blend of onion, green peppers and jalapenos.

North America

With bold flavors, few things say southern comfort quite like Louisiana cooking. Bring the taste of New Orleans to your kitchen with rice-based dishes like gumbo or jambalaya, or by pairing rice with another popular Cajun pastime – a classic shrimp boil.

Find more quick and easy international recipe ideas at MinuteRice.com.



Kale and Kimchi "Fried" Rice

Prep time: 2 minutes
Cook time: 3 minutes
Servings: 1

- 1 Minute Jasmine Rice and Red Quinoa Cup
- 1 cup kale, chopped
- 1/4 cup kimchi, chopped
- 1 teaspoon soy sauce
- 1 egg, lightly beaten

Heat rice according to package directions.

In medium microwave-safe bowl, combine kale, kimchi and soy sauce. Cover and microwave 1 minute.

Add rice and egg; mix well to combine. Cover and microwave 30 seconds. Stir and serve.

Serving Suggestions: Drizzle with sesame oil. Add cooked shrimp.

Mexican Breakfast Scramble

Prep time: 2 minutes
Cook time: 2 minutes
Servings: 1

- 1 Minute Jalapeno Rice Cup
- 1 egg, lightly beaten
- 2 tablespoons salsa
- 2 tablespoons queso fresco

Heat rice according to package directions.

In small microwave-safe dish, combine egg, salsa and rice.

Microwave 1 minute. Stir in cheese; microwave 30 seconds.

Serving Suggestion: For meal to go, wrap scramble in warm tortilla.



Meatless Meals Made Easy

FAMILY FEATURES

Regardless of your motivation, opting for meatless meals regularly provides plenty of benefits that extend from the health of you and your loved ones to your wallet and the environment.

Whether you're a vegetarian, vegan, considering making some lifestyle changes or just want to give an on-trend meal prep strategy a try, going meatless can help reduce your intake of red and processed meats, decrease greenhouse gas emissions that cause climate change and save money on substitute ingredients like grains, vegetables, fruits and legumes that are often cheaper than meat.

For example, starting with a versatile pantry staple like Success Brown Rice can make mealtimes quick and easy. Ready in just 10 minutes without measuring or the mess, the fluffy, nutty, non-GMO rice is free of MSG and preservatives, lending itself perfectly to satisfying and hearty meals like these Baked Vegetarian Taquitos. Or for a twist on a classic dish, Tri-Color Quinoa can be layered with traditional flavors in this Mushroom Spinach "Lasagna." Packed with protein and all nine essential amino acids, the quinoa is a good source of fiber.

To find more meatless meal inspiration, visit SuccessRice.com.

Baked Vegetarian Taquitos

Prep time: 15 minutes
Cook time: 20 minutes
Servings: 4

- 1 bag Success Brown Rice
- 1 cup shredded collard greens, packed
- 1/4 cup frozen corn
- 1 cup canned black beans, drained and rinsed
- 2/3 cup canned pumpkin puree
- 1 1/2 tablespoons taco seasoning
- 8 flour tortillas (6 inches each)
- 1 cup Monterey Jack cheese, shredded
- 2 tablespoons olive oil
- sour cream, for dipping
- salsa, for dipping
- guacamole, for dipping
- fresh cilantro, for garnish

Prepare rice according to package directions; add collard greens and corn to water during last 5 minutes.

Preheat oven to 450 F. Drain rice and vegetables; transfer to saucepan. Stir in black beans, pumpkin puree and taco seasoning.

Spoon 1/3 cup rice mixture into center of one tortilla; sprinkle with 2 tablespoons Monterey Jack cheese. Roll up tightly. Place seam side down on parchment paper-lined baking sheet. Repeat with remaining tortillas, filling and cheese. Brush taquitos with olive oil; sprinkle with remaining cheese.

Bake 10-15 minutes, or until tortillas are crisp and cheese is melted.

Serve taquitos with sour cream, salsa and guacamole for dipping. Garnish with fresh cilantro.



Mushroom Spinach "Lasagna"

Prep time: 10 minutes
Cook time: 30 minutes
Servings: 6

- 2 bags Success Tri-Color Quinoa
- 1 tablespoon olive oil
- 2 garlic cloves, chopped
- 1/2 cup onion, chopped
- 1 cup mushrooms, sliced
- 4 cups baby spinach leaves
- 3 cups tomato sauce
- 2 cups ricotta cheese
- 1 egg, lightly beaten
- 1/2 cup grated Parmesan cheese, divided
- 1 tablespoon Italian seasoning
- 1 1/2 cups shredded mozzarella cheese, divided

Prepare quinoa according to package directions. Preheat oven to 375 F.

In large skillet, heat oil over medium heat. Add garlic and onions; saute 1 minute. Add mushrooms and cook 5 minutes, stirring occasionally. Add spinach and stir until wilted, about 2 minutes. Stir in tomato sauce and keep warm.

In medium bowl, combine ricotta, egg, 1/4 cup Parmesan cheese and Italian seasoning.

Place 1 cup sauce in bottom of 2-quart baking dish. Spread half of quinoa evenly over sauce. Top with half of ricotta mixture. Top with 1 cup sauce. Sprinkle with 1 cup mozzarella. Repeat layers, finishing with remaining mozzarella and Parmesan cheese.

Bake uncovered 30 minutes. Serve warm.



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 Starting Saturday, January 7th 9AM-6PM
 206 Madison St.

BARGAINS

2 Xbox Controllers
 Marble Print & Money Print
 \$10 Each
 Avon Deep Recovery Creme
 New in Plastic, \$25
 Avon Eye Lift
 Dual Eye System, \$15
 3 Outdoor Citronella Basil & Thyme, 11 oz. Jar
 \$7 for All
 7 Ft. Lavender Wisteria Tree, In Box Planter \$175 or Best Offer
 Leggings, Aprx. 30 Pairs
 Like New, \$2 Each
 Ivory Baker's Rack With Removable Cutting Board, Best Offer
 2 Nebulizers
 1 Used, 1 Only Been Used Twice, Make Offer
 Headboard & Bed Rail Make Offer
 931-735-0685

Generator Champion Model 201033
 7500 Starting Watts
 6000 Running Watts
 Bought 1/4/2022
 Never Used, Put Gasoline in Only Three Times to Start (Last 9/5/2022)
 Receipt Included Plus Opened Box
 \$800, 931-580-9117

PlayStation 2, \$150
 10 Games, 2 Controllers
 Power Cable
 931-607-9059

Murray Push Mower, \$50
 High Wheel, 5HP
 931-607-9059

Crock Pot, \$50
 Alabama Crock Pot, \$50
 Air Fryer, \$60
 Pressure Cooker, \$60
 Pet Taxi, \$50
 33" Wide, 32" Long
 931-808-4460

HELP WANTED

LPN or Certified Medical Assistant for busy medical office. Full time, must have experience in medical office setting. Salary based on experience. Benefits available. References required & background check. Only serious applicants apply. Computer skills a plus. Phlebotomy experience required. Send resume to P.O. Box 1279 Shelbyville, TN 37162

PUBLIC NOTICE

Bedford County Board of Education Regular Meeting
 Thursday, January 19, 2023 at 6:00pm
 Central Office
 500 Madison St. Shelbyville, TN 37160
 (Jan. 7 & 10, 2023)

BEDFORD RAILROAD AUTHORITY BOARD MEETING
 Thursday, January 19, 2023 at 10:30 AM
 Duck River Meeting Room, 1st Floor
 Bedford County Historic Courthouse
 1 Public Square
 Shelbyville, TN 37160
 (Jan. 7, 2023)

NOTICE OF SUBSTITUTE TRUSTEE'S SALE
 WHEREAS, default has occurred in the performance of the covenants, terms, and conditions of a Deed of Trust dated October 9, 2019, executed by Dorothy L. Cantrell, an unmarried woman, to David Marttala as Trustee, for Mortgage Electronic Registration Systems, Inc., as beneficiary, as nominee for First National Bank of Middle Tennessee, its successors and assigns, and appearing of record on October 11, 2019, in the Register's Office of Bedford County, Tennessee, at Book TD943, Page 312, and Instrument Number 19007347.

WHEREAS, the beneficial interest of said Deed of Trust was last transferred and assigned to Guild Mortgage Company, LLC, the party entitled to enforce said security interest; and having appointed Clear Recon LLC, the undersigned, as Substitute Trustee by instrument filed or being filed for record in the Register's Office of Bedford County, Tennessee, with all of the rights, powers, and privileges of the original Trustee named in said Deed of Trust.

NOW, THEREFORE, notice is hereby given that the entire indebtedness has been declared due and payable as provided in said Deed of Trust, and that the undersigned, Clear Recon LLC, as Substitute Trustee or his duly appointed agent, by virtue of the power, duty, and authority vested and imposed upon said Substitute Trustee will, on February 21, 2023, at 11:00 AM, local time, at the main entrance of the Bedford County Courthouse, located in Shelbyville, Tennessee, proceed to sell at public outcry to the highest and best bidder for cash or certified funds ONLY, paid at the conclusion of the sale, the following described property situated in Bedford County, to wit:

The land referred to herein below is situated in the County of Bedford, State of Tennessee, and is described as follows:
 A certain tract or parcel of land lying and being in the 11th Civil District of Bedford County, Tennessee, being bounded and described as follows:
 Tract 3: (Map28, Parcel 44.01) Beginning at an iron rod (existing) 15.00 ft west of the approximate center of Roy

PUBLIC NOTICE

Moore Road, the northeast corner of the Melvin L. Ralston et al James Randall Boyce property of record in Deed Book 235, Page 598 and the northwest corner of the property described. Thence; along said road, south 9 deg. 05 min. 03 sec. west 246.19 ft to an iron rod (set) 15.00 ft west of the approximate center of said road, the northeast corner of Tract 2 of this division of the Melvin L. Ralston et al James Randall Boyce property and the southeast corner of the property described. Thence; leaving said road, north 80 deg. 54 min. 57 sec. west 170.49 ft to an iron rod (set), the northwest corner of the said Tract 2 and the southwest corner of the property described. Thence; North 8 deg. 56 min. 44 sec. east 263.89 ft to a corner post, the northwest corner of the property described. Thence; south 75 deg. 00 min. 35 sec. east 172.04 ft to the point of beginning containing 1.00 acre more or less, being all of Tract 1 of this division of the said Melvin L. Ralston et al James Randall Boyce property, according to Caffey Surveying, Inc. 319 Lane Parkway, Shelbyville, TN 37160, TN Lic. #276 and TN Lic. #1819, dated February 15, 2000.

Tract 4: (Map 28, Parcel 44) Beginning at an iron rod (existing) 15.00 ft west of the approximate center of Roy Moore Road, the south corner of the Melvin L. Ralston et al James Randall Boyce property of record in Deed Book 235, Page 598 and southeast corner of the property described. Thence; leaving said road, north 77 deg. 18 min. 12 sec. west 163.39 ft to a fence post Thence; north 73 deg. 19min. 52 sec. west 6.99 ft to a corner post, southwest corner of the property described/ Thence; north 8 deg. 56 min.44 sec. east 204.02 ft to an iron rod (set), the southwest corner of Tract 1 of this division of the Melvin L Ralston et al James Randall Boyce property and the northwest corner of the property described. Thence; south 80 deg. 54 min. 57 sec. east 170.49 ft to an iron rod (set), 15.00 ft west of the approximate center of said road, the southwest corner of the said Tract 1 and the northeast corner of the property described; thence along said road, south 9 deg. 05 min.03 sec. west 215.24 ft to the point of beginning containing 0.82 acres more or less, being all of Tract 2 of this division of the said Melvin L. Ralston et al James Randall Boyce property, according to Caffey Surveying Inc. 319 Lane Parkway, Shelbyville, TN 37160, TN Lic. # 276 and TN Lic. #1819, dated February 15, 2000.

Subject to Matters as shown on plat of record in Plat Cabinet B, Envelope 17, Register's Office of Bedford County, Tennessee.
 Being part of the

PUBLIC NOTICE

same property conveyed to JONATHAN BLAKE BOYCE, by deed of record in Book 326, page 624, said Register's Office.

The instrument constituting the source of the Borrower's interest in the foregoing described property was a Warranty Deed recorded at Book D353 Page 718 in the Register's Office of Bedford County, Tennessee.

Parcel ID: 028 044.01 / 028 044.00
 Commonly known as 397 Roy Moore Rd, Unionville, TN 37180

The street address and parcel number(s) of the above described property are believed to be correct; however, such references are not a part of the legal description of the property sold herein, and, in the event of any discrepancy, the legal description herein shall control

This sale is subject to tenant(s)/ occupant(s) rights in possession.

This sale is subject to all matters shown on any applicable recorded plat; any unpaid taxes; any restrictive covenants, easements, or setback lines that may be applicable; any statutory rights of redemption of any governmental agency, state or federal; any prior liens or encumbrances as well as any priority created by a fixture filing; and to any matter that an accurate survey of the premises might disclose. In addition, the following parties may claim an interest in the above-referenced property: Dorothy L. Cantrell.

If the United States or the State of Tennessee have any liens or claimed lien(s) on the Property, and are named herein as interested parties, timely notice has been given to the applicable governmental entity, and the sale will be subject to any applicable rights of redemption held by the entity as required by 26 U.S.C. § 7425 and/ or Tennessee Code § 67-1-1433.

All right and equity of redemption, statutory and otherwise, homestead, and dower are expressly waived in said Deed of Trust, and the title is believed to be good; however, the undersigned will sell and convey only as Substitute Trustee.

The transfer shall be AS IS, WHERE IS, AND WITH ALL FAULTS, and without warranties of any kind, express or implied, as to the condition of the Property and the improvements located thereon, including merchantability or fitness for particular purpose. Trustee shall make no covenant of seisin or warranty of title, express or implied, and will sell and convey the subject real property by Substitute Trustee's Deed only.

The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above.

This property is being sold with the express reservation that the sale is subject

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to confirmation by the lender or trustee. This sale may be rescinded by the Substitute Trustee at any time.

THIS OFFICE IS ACTING AS A DEBT COLLECTOR AND IS ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

Clear Recon LLC
 Substitute Trustee
 651 East 4th Street Suite 200
 Chattanooga, Tennessee 37403
 Phone: (877) 319-8840
 File No: 2007-047A (Jan. 7, 14, & 21, 2023)

Public Notice

The Shelbyville Safety Committee will meet in Regular Session on Wednesday, January 11, 2023, at 1:00 PM in the Meeting Room at the Shelbyville Police Department, 109 Lane Parkway, Shelbyville, TN. Agendas are available at City Hall during normal business hours.
 Lisa Smith, City Recorder (Jan. 7, 2023)

Public Notice

The Shelbyville ADA Subcommittee will meet in Regular Session on Wednesday, January 11, 2023, immediately following the regular Safety Committee meeting at 1:00 PM in the Meeting Room at the Shelbyville Police Department, 109 Lane Parkway, Shelbyville, TN. Agendas are available at City Hall during normal business hours.
 Lisa Smith, City Recorder (Jan. 7, 2023)

Public Notice

The City of Shelbyville Beer Board will meet in regular session on Wednesday, January 11, 2023, at 6:00 PM, at the Shelbyville Recreation Center, 220 Tulip Tree Road, Meeting Room B.

The following matters are up for consideration:

1. Call to order
2. Roll Call
3. Approval of the Agenda
4. Approval of Minutes
5. New Business: None
6. Old Business: A. Consideration of an application to sell beer (on premises) by Jose Baltazar Ruiz, La Fiesta Grande Mexican Restaurant, 341 Bethany Lane, Shelbyville, TN 37160.
7. Other Business: A. Election of Chairman
8. Reports from Staff
9. Adjourn

Brett Fisher, Vice-Chairman (Jan. 7, 2023)

City of Shelbyville Mayor & City Council Regular Meeting
 Agenda
 January 12, 2023
 Regular Meeting: January 12, 2023
 Time: 6:00 PM
 Place: Shelbyville Recreation Center, Meeting Room B, 220 Tulip Tree Road
 l. Call to Order

PUBLIC NOTICE

- Police Officer
- II. Invocation
- III. Pledge of Allegiance
- IV. Roll Call
- V. Adopt the Agenda
- VI. Consent

Agenda - All items in this portion of the Agenda are considered to be routine and non-controversial by the Council and may be approved by one motion; However, a Councilmember may request that an item be removed for separate consideration.

A. Approval of City Council Minutes of the following:

- a. Study Session of November 29, 2022
- b. Regular Meeting of December 8, 2022
- B. Accept all Monthly Reports (December)
- C. Accept Treasurer's Report (November)
- D. Approval of Accounts Payable (December)
- E. Authorization to let a Request for Proposal (RFP) for Internet, Phone and TV service for all City Departments.
- F. Authorization to let a Request for Proposal (RFP) for demolition and removal of three (3) metal buildings on H.V. Griffin Park property.
- G. Authorization to accept the first option to renew from Pyro Shows, Inc. for Fireworks Display for July 4, 2023. This is the 1st annual option for renewal of original bid awarded on December 9, 2021. The total cost is \$15,000 of which Bedford County will pay one-half or \$7,500.00. The City will pay \$7,500.00, the FY23 Budgeted amount.
- VII. Public Hearings: None
- Consideration of a motion to allow City Attorney to read caption only on Ordinances and Resolutions.

OLD BUSINESS: VIII.Ordinances-Second & Final Reading: None

NEW BUSINESS: IX. Ordinances-First Reading: None

X. Resolutions: A. A Resolution of the Mayor and City Council of Shelbyville, Tennessee, Authorizing a Grant Application to the Division of Recreation Educational Services of the Tennessee Department of Environment and Conservation for the Local Parks and Recreation Fund Grants.

XI. Business Items: A. Consideration of a Motion to Authorize Three (3) Additional Personnel Positions for the Fire Department to help address staff shortage concerns. The impact on the remaining FY23 Budget will be a maximum of \$105,000.

B. Consideration of a motion to authorize City Staff to initiate the Bid process for the needed repairs on the Brittain Street Drainage Project.

C. Consideration of a motion to authorize City Staff to enter into negotiations with Will Owen, Griggs & Maloney, the City's currently contracted Engineer, to expand the scope of the services provided for an engineering study to establish a phased

plan for repairs and/or upgrades as needed on the Flood Pumps and Flume System, initially focusing on the Flood Pumps as the priority. This is in compliance with Tennessee Code Annotated 12-4-106(d).

XII.Appointments: A. Homeless Task Force Appointments

XIII. Announcements
 City Hall will be Closed on Monday, January 16th in observation of Martin Luther King, Jr. Day. Monday's trash will be picked up on Tuesday, January 17th with Tuesday's regular route.

XIV. Adjourn: Mayor Wallace Cartwright (Jan. 7, 2023)

PUBLIC NOTICE

The City of Shelbyville is accepting applications for the full-time position of Truck Driver/Laborer for the Public Works Department. The employee performs a variety of manual labor tasks, including duties of the operating of medium to heavy duty trucks in either a specific or a variety of maintenance, construction, and/or utility tasks. Minimum of a Class B CDL with air brakes is required. Work schedule is MONDAY - THURSDAY, 6am - 4:30pm.

This is a full-time position with an hourly rate of \$16.39. The City provides a comprehensive benefits package.

Applications and a copy of the complete job description may be picked up at City Hall during normal business hours or download from the City website: www.shelbyvilletn.org

Applications must be returned to City Hall Administration Office, 201 N. Spring Street or emailed to: stacey.claxton@shelbyvilletn.org and will be

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accepted until position is filled.
 The City of Shelbyville is an equal opportunity employer and a drug free workplace. Successful Applicants are required to pass a background check, physical and drug screen.
 Stacey Claxton, Human Resources Generalist (Jan. 7, 10, & 14, 2023)

NOTICE

Amanda Beeman and Brian Lee Lyon:
 The State of Tennessee, Department of Children's Services, has filed a petition seeking temporary legal custody of your children due to neglect, dependency or abuse. You are hereby ORDERED to appear for trial on that petition on February 6, 2023, at 9:00 AM, at Bedford County Juvenile Court, 108 Northcreek Drive, Shelbyville, Tennessee or to otherwise enter an appearance in this matter. If you fail to do so, an order may be entered against you for the relief requested in the petition. You may view and obtain a copy of the petition and any other subsequently filed legal documents in the Juvenile Court Clerk's Office at the address shown above.

ENTER this the 20th day of December, 2022.
 CHARLES L. RICH
 JUVENILE COURT JUDGE (Dec. 31, 2022 & Jan. 7, 14, & 21, 2023)

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 Insurance Work Welcome

114 Prince Street Owner: Ray Brown 931-685-0046

WE ARE HIRING

Job Fair Details:



DATES/TIMES:

JANUARY 13, 2023 | 12PM-6PM

JANUARY 14 2023 | 9AM 2PM

LOCATION:

1700 WILSON PARKWAY,
FAYETTEVILLE, TN 37334

JOIN THE
FRITOLAY
TEAM!

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- PACKER
- SANITOR
- FORKLIFT OPERATOR/LOADER
- GES ORDER PICKER/LOADER
- DIESEL MECHANICS

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