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# **Day Til Christmas**



# **Christmas** thoughts

Faith & Family/5A



# **Police** blotter

Local/6A



# Five top **bowl** games

Sports/1B

A PRIZE WINNING **NEWSPAPER** 

Press Awards 2022

**UT-TPA** 



Vol. 141, No. 102



# **Merry Christmas from the Times-Gazette!**



The Shelbyville Times-Gazette staff wishes our hometown a very Merry Christmas and a blessed 2023!

Photo by Jessica Boyce

# Hooper, Graham talk industrial recruitment

By ZOË WATKINS zwatkins@t-g.com

First of two parts

With 2023 just around the corner, Shelbyville-Bedford Partnership CEO Shane Hooper and Bedford County Mayor Chad Graham reflected on the county's industrial climate today and where it's going.

According to the U.S. Census, Shelbyville is growing at 1.9% while Bedford County is growing at a rate of 1.8% a year. Though this rate is faster than Tennessee as a whole, according to Hooper, Bedford has been growing at this rate for a while.

So, the growth is coming. Now, it's matter of bringing the kind of growth you want.

"We have got to provide our people a better way forward," said Hooper.

Graham added, "All the mayors across the state of Tennessee are dealing with rapid growth, even in rural settings. And they're going to have to find other ways to generate property tax."

The goal of industrial recruitment is to bring more and better jobs for the people and to bring in revenuefrom sales tax, capital investment, and hotel/motel funds, according to Hooper.

'The industrial climate is there to provide for those two items of better jobs and revenue," said Hooper.

"The discussion needs to be, what are our revenue streams? What does our tax revenue look like?" Hooper said. "We get revenues from industries."

In this way, the last source for taxation is the

# An economic model

Hooper explained, "When we have industries, they get taxed on their capital investment." There are companies in Bedford that bring in \$3 million worth of equipment, which gets taxed, thus maximizing existing

So, how do we bring in the right kind of industry to help with this revenue stream?

Well, industrial and retail recruitment are not linear, according to Hooper.

For instance, you have soil sampling, title searches, jurisdictional water reports, resistivity training, data reports, incentives, tax comparisons, growth projections, labor participation rates, educational retainment levels, site development comparisons—to name just a few.

"And you have to work the entire area. You have to work retail and manufacturing; you've got to make sure public education and safety are good," Hooper explained.

"It used to be industrial recruitment was more about place. Now, it's about the people," said Hooper.

# **Quality of place and life**

Creating a business-friendly environment starts with having a qualified workforce. The Shelbyville-Bedford Partnership has made workforce development one of their top priorities, according to Hooper.

Who's working for the 53 percent of Bedford's high school graduates that go directly into the workforce? That's where our workforce development programs come in," said Hooper. For example, they bring in 8th graders and seniors to the Calsonic Arena for a career fair, featuring local industries.

But attracting a workforce also comes from ➤ See **Talk**, Page 2A

This \$4.7 million number is lower than the \$6 million the school board and the

# Santa's story time



Santa Claus stopped by Shelbyville-Bedford County Public Library on Wednesday to share a Christmas story and a few goodies. Keep your eyes to the skies Saturday night and use your imagination. You just might see Santa and a few reindeer flying past.

# Total cost of new school estimated at \$39 million

By ZOË WATKINS

zwatkins@t-g.com

The Bedford County Board of Education met in a regular meeting Thursday, Dec. 15, to discuss the design development budget for the new Cartwright Elementary

Contractors from Bell Construction along with Bart Kline, from the architectural firm Kline-Swinney, gave a brief presentation of the cost based on 50% of the building drawings and the site drawings, which are 99% complete.

"Part of our job is to do a health check as the design's going on to make sure we have a budget that's tracking and that there are no surprises," explained Glenn Moreland, Bell's director of preconstruction.

Based on the two types of drawings, a rough estimate for the total cost to build this school is around \$39.3 million. Of that number, \$34.6 million will go to building

process, while \$4.7 million will go to site construction, which includes asphalt, flat concrete, parking lots, and landscape. **Falling numbers** 

contractors workshopped several months

This total number can go down to \$38.9 million with a few "cost saving" cuts (such as 'haul off site'), according to Bell's Eric Pyle, executive vice president of building operations.

These numbers are based on written bids that were sent out to 96 subcontractors (about 30 of which were within 45 miles of the job site) who provided the best and lowest proposals for each grain of construction in the design development package, according to Moreland.

The building drawings are only at 50% now as the architect goes through a schematic design phase (about 25% of the drawings) before going to the design development phase-when the engineers start drawing-until they reach the final permit drawing phase. All this takes time

to get to, according to Kline. "So, we're right on our schedule, right in line with the schedule from the

beginning," said Kline. They plan to have the full building drawings completed around the end

of January or early February.

Board member Glenn Forsee asked how much the board has already paid Kline-Swinney for their work so far, which

➤ See Cost, Page 2A

## **OBITUARIES**

# Frances Lewis Foster

December 19, 2022

Frances Lewis 94, of Shelbyville died Monday, December 19, 2022.

services Funeral were held Thursday, December 22, at Hillcrest Funeral Home, Mark Pierce officiating. Burial followed at Hillcrest Memorial Gardens. She was a native

of Bedford County; a loving and caring mother, grandmother who loved cooking for her family. She was a good Christian

lady and a member of Horse Mountain Church of Christ. She loved collecting red birds and spent hours doing word

She was preceded in death by her parents, Aubrey Ransom Lewis and Maude Frances Reynolds Lewis; her husband of 56 years, Carl Houston Foster; sisters and brothers, Ollie Mae Jones, Elvera Jane Smith, Leonard Lewis, Austin Lewis, Dan Lewis and Merwin Lewis.

Frances is survived by her son, Steven Dale (Cathy) Foster; granddaughters, Nicole (Hal) Scarborough, Abbi (Matt) Grisham; great-grandchildren, Lily Scarborough, Logan Scarborough; sisters, June Jones, Elaine (Paul) Stacy and a step-brother-in-law, Larry Simpson.

Memorials may be made to Horse Mountain Church of

# Cost

### (Continued from Page 1) is a separate fee. Kline said

they have received 20% of their contract value, which is about \$1.6 million.

According to county finance director Robert Daniel, that money came from a bond anticipation note that allowed them to borrow the money. "Basically, we're taking it out of the school fund balance over to the capital projects fund, and when the bond anticipation note comes in, it will be reimbursed. It will be part of the bond issue," Daniel

Kline said, "Our fee is actually locked in at a \$35 million cost for the building and we made an agreement with everybody that we would keep it there because it's the state fee schedule."

Cartwright Elementary, which will be located near the 437 Bypass between Fairfield Pike and U.S. 231, is planned to open in August 2024 and hold over 800 students.

# Other business

In other business, the Board of Education also extended superintendent Tammy Garrett's contract to go from January 1, 2023, to June 1, 2026.

The board then gave a glowing report of Garrett and her work since starting with BCS in March 2021.

"I think, Dr. Garrett, you have done a fantastic job. This is not an easy job by any stretch of the imagination. You lead with integrity, you lead with vision, and you lead with an iron fist," said board chair Michael Cook.

# Talk

# (Continued from Page 1)

establishing a business retention program as well as improving quality of life here in Bedford.

"You've got to have property for the plant to come to, but you've also got to have people. What attracts people? Quality of place," said Hooper.

It's one of the reasons why the Partnership is looking at recruiting three hotels, six restaurants, and two grocery store opportunities.

"Hotels, restaurants, and grocery stores are some of our biggest leakage areas in retail. We have got to address those areas first," said Hooper. Hooper said, according to

studies, 6% of Tullahoma's Publix customers come from Bedford County. The Walmart Supercenter in Murfreesboro has 5.8% of customers from Bedford Additionally, County. Hooper said, Shelbyville loses a lot of hotel/motel tax to Murfreesboro and

Again, not only does it provide a better quality of life but also a source of tax

Tullahoma.

It's all part of the business retention and expansion program. "You've got to go out and visit with these companies to make sure they feel supported," said Hooper.

In addition to an effective retail recruitment plan, Graham said counties need to have secure public safety and public education to increase quality of life.

"People have choices these days, and you have to be competitive," said Hooper. "When you don't have those offerings, a lot of times they'll just go somewhere else where they can. Why is that a problem? Because that's the folks you need to staff the jobs at these manufacturers."

Bedford has a lot of positives, such as the Duck River. "You can have quality of place, like the Duck River, but if you don't have a way to enjoy the Duck River-quality of life-you're still not getting there," said Hooper. "People these days are more interested in their quality of life, driven by quality of place."

**NEXT:** Finding industrial land



# Migrants flee more countries, regardless of US policies

**Associated Press** 

TIJUANA, Mexico — In 2014, groups of unaccompanied children escaping violence in Central America overwhelmed U.S. border authorities in South Texas. In 2016, thousands of Haitians fled a devastating earthquake and stopped in Tijuana, Mexico, after walking and taking buses through up to 11 countries to the U.S. border.

In 2018, about 6,000 mostly Guatemalan and Honduran migrants fleeing violence and poverty descended on Tijuana, many of them families with young children sleeping in frigid, rain-soaked parks and A Trump-era ban on asylum,

granted a brief extension by Supreme Court Chief Justice John Roberts on Wednesday, was one of the U.S. policies affecting migrants' decisions to leave their homes. The last eight years show how an extraordinary convergence of inequality, civil strife and natural disasters also have been prompting millions to leave Latin America, Europe and Africa. Since 2017, the United States has been the world's top destination for asylumseekers, according to the United

Migrants have been denied the right to seek asylum under U.S. and international law 2.5 million times since March 2020 on grounds of preventing the spread of COVID-19, an authority known as Title 42. It applies to all nationalities but has fallen disproportionately on people from countries that Mexico takes back, Guatemala, Honduras, El Salvador and, more recently Venezuela, as well as Mexico. Pent-up demand is expected to drive crossings higher when asylum restrictions end. When the pandemic

nationalities rarely seen at the border grew month after month, from Cuba, Peru, Venezuela, Ecuador, Colombia. High costs, strained diplomatic relations and other considerations complicated U.S. efforts to expel people from countries that Mexico wouldn't take.

Cubans are fleeing their homes in the largest numbers in six decades to escape economic and political turmoil. Most fly to Nicaragua as tourists and slowly make their way to the U.S. They were the secondlargest nationality at the border after Mexicans in October.

Grissell Matos Prieguez and her husband surrendered to border agents near Eagle, Pass, Texas, Oct. 30, after a 16-day journey through

motorcycles and taxis and exhausting night walks through bushes and foulsmelling rivers. "Throughout all the journey you

feel like you are going to die, you don't trust anybody, nothing," Matos, a 34-year-old engineer. "You live in a constant fear, or to be detained and that anything would happen." To pay for the trip from Santiago

de Cuba, they sold everything, down to computers and bicycles, and borrowed from relatives in Florida. Their parents and grandparents stayed A recent surge that has made El

Paso, Texas, the busiest corridor for

illegal crossings is made up largely of Nicaraguans, whose government has quashed dissent. Haitians who stop in South America, sometimes for years, have been a major presence, most notably when nearly 16,000 camped in the small town of Del Rio, Texas,

in September 2021. The Biden

administration flew many home but

slowed returns amid increasingly

brazen attacks by gangs that have

grown more powerful since the

assassination of President Jovenel Moïse last year. Migration is often driven by 'pull factors" that draw people to a country, such as a relatively strong U.S. economy and an asylum system that takes years to decide a case, encouraging some to come even if they feel unlikely to win. But conditions at home, known as "push factors," may be as responsible for

Looking back, Tijuana attorney and migrant advocate Soraya Vazquez says the Haitian diaspora of 2016 was a turning point.

unprecedented numbers over the last

"We began to realize that there were massive movements all over, in some places from war, in others from political situations, violence, climate change," said Vazquez, a San Diego native and former legislative aide in Mexico City. "Many things happened at once but, in the end, men and our governments are responsible."

After hosting legal workshops for Haitians in Tijuana, Vazquez helped bring chef Jose Andres' World Central Kitchen to the city's migrant shelters for four years. Seeking financial stability, she became Tijuana director of Al Otro Lado, a nonprofit group that reported \$4.1 million in revenue in 2020 and was recently named a beneficiary of MacKenzie Scott's philanthropy.

"What provoked all of this? Inequality," Vazquez said over tea in Tijuana's trendy Cacho neighborhood.

For decades, Mexicans, largely adult men, went to the U.S. to fill jobs and send money home. But in 2015, the Pew Research Center found more Mexicans returned to Mexico from the U.S. than came since the Great Recession ended.

Mexicans still made up one of three encounters with U.S. border agents during the fiscal year that ended Sept. 30, higher than three years ago but well below the 85% reported in 2011 and the 95% at the turn of the century. And those fleeing are increasingly families trying to escape drug-fueled violence with young children. Like clockwork, hundreds cross

the border after midnight in Yuma, Arizona, walking through Mexican shrub to surrender to U.S. agents. Many fly to the nearby city of Mexicali after entering Mexico as tourists and take a taxi to the desert. The Border Patrol releases them to the Regional Center for Border Health, a clinic that charters six buses daily to Phoenix Sky Harbor International Airport.

The health clinic had shuttled families from more than 140 countries by August, not one from Mexico, said Amanda Aguirre, its executive

Daniel Paz, a Peruvian who surrendered to border agents in Yuma with his wife and 10-year-old in August, had the surprise misfortune of being expelled home without a chance at asylum, unusual even after the Peruvian government began accepting two U.S. charter flights a

Peruvians were stopped more than 9,000 times by U.S. authorities along the Mexican border in October, roughly nine times the same period a year earlier and up from only 12 times Paz is watching developments

around Title 42 and considering another attempt after the government of Peruvian President Pedro Castillo was toppled Dec. 7.

"We'll see if I'm back in January or February," he texted Sunday from Lima. "There is no lack of desire."

Tijuana's latest newcomers are Venezuelans, about 300 of whom recently temporarily occupied a cityowned recreational center.

About 7 million Venezuelans fled since 2014, including nearly 2 million to neighboring Colombia, but only recently started coming to the United

# Holiday procrastinators are back in force; blame inflation

By ANNE D'INNOCENZIO AP Retail Writer

NEW YORK - Last year, Lucila Gomez and her husband started their holiday shopping around Thanksgiving and wrapped it up a week before Christmas, spending \$750 on tablets and clothing for their three children and relatives.

This year? Gomez is waiting until she gets her annual bonus on Friday to get started - and she's limiting her spending to \$200, sticking to World Cup themed jerseys for her 10-year-old twins and a 6-year-old.

"Last year, we were confident. We were like, 'Get them whatever they want," said the 49-year-old Buckeye, Arizona resident, an hourly worker in the billing department of a health company. "This year, we're waiting until we both get paid. We want to go into the New Year not owing anything."

Last minute holiday shoppers are back in force - and inflation is partly to For the first two years

of the pandemic, many were buying earlier in the season, afraid of not getting what they wanted because of shortages of products or delays in deliveries. They also had more money to spend thanks to government stimulus checks and child care credits.

But this year, supply chain snags have eased and shoppers aren't as worried about availability as they

are about higher prices

on everything from rent

to food, causing them to

postpone their buying until

the last minute. Gomez, for instance, said that even though she and her husband, an electrician, each got a raise, it still wasn't enough to offset their rising expenses. In fact, she said her family moved in with her parents after their monthly rent jumped from \$1,500 to \$2,000 earlier this year. She'd hoped to save for a house, but mortgage

rates keep going up. Last minute shopping is also being encouraged by a quirk in this year's calendar, according to Brian Field, global leader of Sensormatic Solutions, which tracks store traffic. With Christmas falling on Sunday, consumers have all week to shop.

Retailers are relying on the last minute spending rush to help meet their holiday sales goals after weaker-than-expected November.

Americans cut back sharply on retail spending last month as the holiday shopping season began with high prices and rising interest rates taking their toll on households, particularly lower-income families. Retail sales fell 0.6%

from October to November after a sharp 1.3% rise the previous month, the government said last week. Sales fell at furniture, electronics, and home and garden stores. Americans'

spending has been intact ever since inflation first spiked almost 18 months ago, but the ability of shoppers to

keep spending in a period

of high inflation may be

beginning to ease. Inflation

has retreated from the fourdecade high it reached this summer but remains elevated, enough to sap the spending power of

consumers. Still, overall holiday sales should be decent, though holiday sales growth is expected to dramatically slow down from a year ago.

The National Retail Federation, the nation's largest retail trade group, is slated to release the actual results for the combined November and December period next month. The group expects holiday sales growth will slow to a range of 6% to 8%, compared with the blistering 13.5% growth of a year ago.

The last stretch of the

holiday season is critical. On average, the top 10 busiest shopping days in the U.S. — which includes Thursday, Wednesday, Friday of this week and Monday of next week account for roughly 40% of all holiday retail traffic, according to Sensormatic. However, retailers might expect even larger numbers this year as high gas prices force consumers to consolidate their shopping everyone trips and converges over the next few days, Sensormatic said.

For those holding out for bigger discounts right before Christmas, they may be disappointed. Retailers in general have maintained the same discounts they've been offering since Black Friday. There could be some deals, however, in areas like home and furniture, according to DataWeave, which tracks prices for

hundreds of thousands of

items across roughly three dozen retailers, including Target Walmart,

Amazon. DataWeave's recent data shows the average prices for furniture were discounted 23% during the second week of December, compared with 12.8% during Black Friday week. In home furnishings, average price cuts were 17.2% compared with 11.2% for Black

Friday week. Krish Thyagarajan, president and chief officer operating at DataWeave, believes that discounts for electronics are ticking up from Black Friday levels in the last few days before Christmas, but price cuts for clothing should remain a little over 20%, more generous than the average 16% discount last year around this time. Inflation or not, there will always be the perennial procrastinators like Evelyn T. Peregrin, who last year used COVID-19 as an excuse to delay her holiday buying since several relatives had the virus so she didn't have to buy or deliver gifts until after Christmas. Now it's her travel

expenses of about \$700 that are eating into her budget. The 28-year-old moved to Puerto Rico from New Jersey with her husband earlier this year, forcing her to scale back her holiday spending to about \$150 from last year's \$250.

"I will order probably a few things online and then end up having to go to a store last minute," she said.





# LETTERS TO THE EDITOR

### **Answers wanted on** city power policies

To the Editor: Over the last several months, we've had conversations with hundreds of Shelbyville residents concerned about apparent policy changes at Shelbyville Power to cut off electrical service with less notice (including the phasing out of cutoff warning doortags) and without accepting partial payments from families struggling to keep the lights on. Some residents on fixed incomes and assistance programs explained that the assistance checks they receive are often late through no fault of their own, and Shelbyville Power sometimes cuts off service (incurring an avoidable and costly reconnection fee) before they can get those checks turned around to the power company.

Dozens of Bedford County Listening Project members have gathered 187 signatures (and more every day) petitioning Shelbyville Power to publicly announce what changes are being made in the implementation of cutoff notice and partial payment policies, and why they are being made right as winter is coming on.

On November 9th, we delivered the first 100 signatures on that petition by hard copy and email to Shelbyville Power, requesting that General Manager Jason Reese respond to our petition by November 21st. The Shelbyville Power website and Facebook page subsequently updated information about a new policy regarding door tags, saying that Shelbyville Power will no longer put doortag warnings on residences with pending cutoffs (a policy which will inevitably lead to unnecessary and disruptive electrical shutoffs to customers who don't even realize it is happening), but we never received an answer from Manager Jason Reese regarding our petition or additional questions about the partial payments policy. An article on our petition was printed in the Times-Gazette on December 10th along with comments by Jason Reese which still left several of our questions unanswered. After more than six weeks waiting to get clarity on both the doortag and partial payment policies, we attended the December 20 Shelbyville Power board meeting and asked Jason Reese in person if he would

be responding to the petition; he said he preferred to respond in writing through the newspaper, so we are printing this letter in the newspaper to request a public answer.

In the last week, rentand homeowners around town have shown us that Shelbyville Power is continuing to put pink disconnection warnings on some doors even after the December 1 cutoff date - which is great! We hope that Shelbyville Power continues to provide this important warning to neighbors who otherwise might be put at risk by an avoidable disconnection. And we still want to understand the partial payment policy (in many states it is mandated by law that utilities must keep power connected while customers are paying what they can): will partial payments only keep the lights on during the 10-day payment period or will Shelbyville Power continue to work with residents to keep them connected to power while catching up beyond those 10 days?

While we wait for a responses, we are continuing to collect signatures on the petition (75 more Shelbyville residents

have signed in the last two weeks), which can be found at https://tinyurl. com/shelbyvillepower We thank Councilmembers Stephanie Isaacs, Henry Feldhaus, and Thomas Christie for responding to our petition and encouraging Manager Jason Reese to respond (councilmembers Bobby Turnbow, Gary Haile, and Marilyn Ewing, we're looking forward to your responses to our email as soon as possible).

We look forward to engaging on this issue and others in 2023, including:

•Exploring why Tyson and other large corporate utility users pay less per unit of electricity/water than residents do, and what can be done about it

•Exploring Percentageof-Income-Payment-Plans (PIPP) that many other utilities use to cap utility bills to a reasonable level and help eliminate long-term utility debt for low-income households

•Better publication of how Shelbyville Power implements our city rules about postponing cutoffs in cases of medical hardship and when weather is below 32 or above 100 degrees (times when disconnection is life-threatening)

# FIRED UP OVER **BICYCLES**

It's been a tradition of more than 60 years for Shelbyville firefighters to give toys including bicycles - lots and lots of them - to needy children at Christmas. This year was no exception, as civic groups, churches and individuals pitched in to

Shelbyville Fire Department photos

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Jerry Reid The Bedford County 931-575-1733



LYNCHBURG NURSING CENTER STORY

"If you ever have a need for skilled care, this is the place to go! The care is outstanding, the nurses are top quality and the food is great. The rehab is amazing and will get you on your feet quickly! Lynchburg Mursing Center will take good care of you."

— Martha Womble

a short-term therapy success at Lynchburg Nursing Center





3

# **Upload old photos** to a computer

ear Heloise: When my mother died, I took on the task of scanning her pictures into my computer. There were photos that went back over 80 years!

As I scanned each one, I named it with the date and a short description. For instance, the descriptions would read "1945-12-25 Christmas" or "1998-03-12 Kyle's birthday." I made a folder for each decade and stored the photos in their appropriate folders.

I can now find pictures fairly quickly and also was able to copy them onto a thumb drive for other family mem-

I've been reading the Heloise column for over 50 years. Thank you. --A Reader from Kentucky

# **TRAVEL TIPS**

Dear Heloise: We travel often, and this last trip, I decided to pack chicken noodle soup in an envelope (all you have to do is add hot water), anti-diarrhea tablets, anti-nausea tablets, antacids, allergy relief pills and decongestant. This proved helpful when someone in our party felt under the weather. -- Corrinne Berkland, Universal City, Texas

### **USING APPLESAUCE TO** SWALLOW LARGE **PILLS**

Dear Heloise: I see many hints for taking pills the easy way, but while I was in the hospital, I had a very large pill I had to swallow. Each time I took the pill, the nurse brought a small cup of applesauce and put some on a spoon with the tablet buried in it so it was very easy to get down. It's a good way for children to swallow pills as well. I enjoy your column in the Dayton Daily News! -- Pat Reeder,

### REUSING CARDBOARD **BOXES**

Vandalia, Ohio

Dear Heloise: I always read and enjoy



great hints from your readers in the Tribune Chronicle. A recent hint to reuse cardboard boxes by first removing info stickers was a good one. May I add another way to recycle a box that I have used many times for shipping packages to distant family? If the inside of the box is free of printed words or images, simply turn the box inside out. Pull apart the flaps on the top and bottom. Flip the box parts backward, and then tape the parts together to create a new, clean box free of images on the outside. Thank you for all that you do. -- Alice Chow, Warren, Ohio

### **CLOSE THE LID**

Dear Heloise: Do you close the lid before you flush the toilet? You should! Every time you flush, a plume of bacteria (think of an aerosol spray) gets released into the air for up to 6 feet in any direction -- not what I want flying around my bathroom! Close the lid! -- D. Wulff, Bakersfield, California

## **PET PAL**

Dear Heloise: Here is a picture of my big and gorgeous Maine Coon male cat, Lancelot. He is extremely smart and has figured out that when he wants to open a door, he just has to reach up and turn the knob. This is only a taste of what he can do. -- Noreen Merz, via email

Readers, to see Lancelot and our other Pet Pals, go to Heloise. com and click on "Pet of the Week."

Do you have a furry friend to share with our readers? Send a photo and a brief description to Heloise@Heloise.com. -- Heloise

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**Dr. Clement Aluyi and Staff** 

Welcome

**Kesha Casseus, FNP-BC** 

& Pap Tests

• Women's Health Exams

Ultrasounds On Site

remier Internal

Family General Health

Children, Ages Babies & Up

School and Athletic Physicals

### Send Community Calendar items to tgnews@t-g.com, notify us on Facebook, call

931-684-1200 or stop by our office, 323 E. Depot St.

**DEC. 25** 

### **Food giveaway**

The Johnson Family Food Giveaway will be held Christmas Day from noon-2 p.m. at Chili's, North Main Street. Call or text 931-735-0301 or 662-380-6522 for delivery or questions.

JAN. 2

### **Bag Day**

Good Samaritan, 201 E. Highland Ave., will hold a bag day on Monday, Jan. 2 from noon-2 p.m.

JAN. 8

### **Laity Club**

**Bedford County Laity** Club will meet at 6 p.m. Sunday, Jan. 8, at Cannon United Methodist Church for a potluck meal.

**JAN. 19** 

### **Head Start meeting**

South Central Human

Resource Agency Head Start/Early Head Start

**COMMUNITY CALENDAR** 

Policy Council meeting will meet at 10:30 a.m. Thursday, Jan. 19, at the South Central Human Resource Agency Central Office in Fayetteville.

### **ONGOING**

### **Meals on Wheels**

Shelbyville Senior Citizens Center is in need of Meals on Wheels volunteers to deliver meals to the homebound of Shelbyville. For more information, call 684-0019 and ask for Amy Wilson.

### Soup kitchen

Shelbyville Community Soup Kitchen serves meals from 3:30-5 p.m. Tuesdays and Thursdays at 336 S. Cannon Blvd. (corner of South Cannon and Pickle Street). Donations may be made to Shelbyville Community Soup Kitchen, P.O. Box 2259, Shelbyville, TN 37162, and are tax deductible under its 501c3 non-profit designation.

Boxed non-perishables are available. Takeouts are no longer distributed.

# **Head Start**

**Bedford County Head** Start Centers are currently December 2

11 18

**Holidays** 

18th - Hanukkah Begins in the evening

21st - Winter Begins 25th - Christmas

taking applications. For more information or to complete an application contact any Head Start Center. Phone numbers are: Wartrace 931-389-6406, Harris Head Start 931-773-0033, North Side Head Start Center 931-7730141, and Bedford Early Head Start 931-685-0876. Head Start is a free child development program for children 6 weeks to 3 years and their families. Early Head Start enrolls pregnant women for monthly prenatal educational visits.



## **ANNUAL HEAD START** VISIT

year **Bedford** County Sheriff's Office delivers gifts to Wartrace Head Start.

Bedford County Sheriff's Office

# 2022 food trends: Love hem or hate them?

s I write this yearend essay about 2022 trends in food and dining, I must confess that I'm playing catch-up.

I have obligations and hobbies, so I wasn't TECHNICALLY paying attention (i.e., giving a rat's rump) as 12 months of decadent delights, culinary controversies and avocado abominations unfolded. ("Homo sapiens still ingest food? What about that crazy 'opposable thumbs' fad? How long did THAT last?")

Okay, I WAS narrowly focused on one aspect of food. I spent several months attempting to update George Carlin's "7 Words You Can't Say On TV" routine to include the REALLY

dirty words: "PORTION CONTROL."

(To clear my head, I threw on my relaxed-fit jeans and rented a stretch limo for a joyride; but the deceptively named monstrosity stretched in all the wrong places!)

Still, mostly, it boils down to the fact that I'm a simple man – a "well, only if the escargot is on the value menu" man. I don't NEED to keep tabs of chef migrations or counterintuitive sauces or balsamic gamechangers.

I can still muster a childlike sense of wonder concerning foods that other people long ago became jaded about. ("Wow. Potato chips in a cannister! What

will they think of next? No, wait – DON'T tell me. My heart can't take it.")

This simplicity is a throwback to my childhood. I would spend weeks and months poring over menus and brochures in preparation for a family vacation and the exotic cuisine that it would entail. Invariably, once we reached an eatery, I would look up at my father and ask, "Can I just order a hamburger?"

(Surely it was only my imagination that Dad muttered, "Can I just order a paternity test?")

More power to all the foodies in search of the Next Big Thing, but sometimes I think we've gotten too soft. Back when men were men and pronouns were the evil twin of sentence diagramming, you heard people stoically declaring "My arteries are 90 percent blocked" or "My lone remaining kidney is failing." Now you can't toss a rock in a crowd without hitting someone who is whining, "My taste buds are under-titillated.' I'm sure I would be

hanging on every word of a food influencer if I hosted dinner parties, but I don't. My apron doesn't say "Kiss the cook"; it says, "Phone me up and give me a short description of YOUR meal as we each enjoy our

Danny **Tyree** Tvrades



blessed solitude."

I see that "climatefriendly" food has been a major trend this year. Vegan, plant-based diets. Meatand-dairy-free "cheese" and "butcher" shops. (I'm leery of foods that come wrapped in quotation marks. What's next? "Fry me up a piece of that iambic pentameter, Bubba"?) Sustainable seafood. \*Sigh\* In the old days, the only sustainable part of a good meal was a

sustainable belch I noticed that a large percentage of the food trends were exacerbated by TikTok videos. So ... a Chinese video-hosting site sucking up user data like a bumpkin slurping his soup is America's "go to" place for gastronomic advice. I don't think that's the way Americans used to do things. ("Honey, why don't you call up Joe Stalin and ask him how to make the casserole?")

Thanks for letting me vent. I realize I may have to eat some of my words in 2023.

But if I smear my words on a butter board first... •Danny Tyree welcomes

email responses at tyreetyrades@aol.com and visits to his Facebook fan page "Tyree's Tyrades."

# PRIZE-WINNING NEWSPAPER

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Saturday and Sunday: Closed

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The Family of **Derrick LeAuntee Waggoner** 

would like to thank you all for the love and

kindness shown during his passing.

A special thank you to Feldhaus Memorial for

all you did for us. We will forever be grateful.

Vickie, Reggie & Brian Waggoner //

..Ext. 105

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# **Greatest story** ever told

n this Christmas Weekend, I want to share the true Christmas Story with you from the Gospels of Matthew, Luke and John. This, of course, is The Greatest Story Ever Told.

Luke 2:4-20: 4 And Joseph also went up from Galilee, out of the city of Nazareth, into Judaea, unto the city of David, which is called Bethlehem (because he was of the house and lineage of David), <sup>5</sup> To be taxed with Mary his espoused wife, being great with child. 6 And so it was, that, while they were there, the days were accomplished that she should be delivered.  $^{7}$ And she brought forth her firstborn son, and wrapped him in swaddling clothes, and laid him in a manger; because there was no room for them in the inn. 8 And there were in the same country shepherds abiding in the field, keeping watch over their flock by night.  $^{\varsigma}$ And, lo, the angel of the Lord came upon them, and the glory of the Lord shone round about them: and they were sore afraid. 10 And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people. 11 For unto you is born this day in the city of David a Saviour, which is Christ the Lord. 12 And this shall be a sign unto you; Ye shall find the babe wrapped in swaddling clothes, lying in a manger. <sup>13</sup> And suddenly there was with the angel a multitude of the heavenly host praising God, and saying, <sup>14</sup> Glory to God in the highest, and on earth peace, good will toward men. <sup>15</sup> And it came to pass, as the angels were gone away from them into heaven, the shepherds said

one to another, Let us now go even unto Bethlehem, and see this thing which is come to pass, which the Lord hath made known unto us. <sup>16</sup> And they came with haste, and found Mary, and Joseph, and the babe lying in a manger. <sup>17</sup> And when they had seen it, they made known abroad the saying which was told them concerning this child. <sup>18</sup> And all they that

heard it wondered at those things which were told them by the shepherds. 19 But Mary kept all these things, and pondered them in her heart. <sup>20</sup> And the shepherds returned, glorifying and praising God for all the things that they had heard and seen, as it was told unto them.

**Matthew 2:1-11**: Now when Jesus was born in Bethlehem of Judaea in the days of Herod the king, behold, there came wise men from the east to Jerusalem, <sup>2</sup> Saying, Where

is he that is born King of the Jews? for we have seen his star in the east, and are come to worship him. <sup>3</sup> When Herod the king had heard these things, he was troubled, and all Jerusalem with him. ⁴ And when he had gathered

all the chief priests and

scribes of the people



together, he demanded of them where Christ should be born. 5 And they said unto him, In Bethlehem of Judaea: for thus it is written by the prophet, 6 And thou Bethlehem, in the land of Juda, art not the least among the princes of Juda: for out of thee shall come a Governor, that shall rule my people Israel. 7 Then Herod, when he had privily called the wise men, enquired of them diligently what time the star appeared. 8 And he sent them to Bethlehem, and said, Go and search diligently for the young child; and when ye have found him, bring me word again, that I may come and worship him also. 9 When they had heard the king, they departed; and, lo, the star, which they saw in the east, went before them, till it came and stood over where the young child was. 10 When they saw the star, they rejoiced with exceeding great joy. 11 And when they were come into the house, they saw the young child with Mary his mother, and fell down, and worshipped him: and when they had opened their treasures, they presented unto him gifts; gold, and frankincense and myrrh.

**John 3:16:** 16 For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

I want to invite you to join me, and my family and friends, and Celebrate the Birth of the Lord Jesus Christ at the Candlelight Communion Service on Christmas Eve at 6 p.m. at Cannon United Methodist Church.

The church is located at 1001 S. Cannon Blvd. in Shelbyville.

Invite your family and friends, or come by yourself, and worship the Christ of Christmas.

I will be reading the Christmas Story from God's Word, and we will sing and praise the Lord, and share in Holy Communion in the candlelight together. Everyone is welcome to partake of Communion at Cannon UMC.

May God's richest blessings be poured out upon you and your friends and family.

Merry Christmas!

• Doug Dezotell is the pastor of Cannon UMC. He is a columnist for the Times-Gazette; and he is a husband, a father, a grandfather, and your friend. He can be contacted at 931-607-5191 or at dougmdezotell@gmail.



# CHURCH ACTIVITIES

Send church news and events to tgnews@t-g.com.

# **Baptist**

Calvary Baptist Church's message Christmas Day at 10 a.m. from Bro. Tyler Shoemaker wil be "Our Savior Is Born" from Luke 2:1-20. The service will be livestreamed.

"The Miracle Of The Manger" from Isaiah 7:14 will be Bro. Bobby McGee's Christmas Day sermon at 10 a.m. at **Grace Baptist Church**.

### **Christian (Disciples of Christ)**

First Christian Church will hold a Christmas Eve service at 4 p.m. with candles, carols and communion. The message will be "When You Follow a Star & Find a Stable." The Christmas morning service at 10 a.m. will continue the series on angels, with a message from Luke 2:8-14, "The Angel's Message to the Shepherds."

### **Church of Christ**

Fairlane Church of Christ's sermon at the special time of 10 a.m. will be "A Son is Given" from Isaiah 9:6. The service will be livestreamed.

"Jesus, Made Like Us?" from Hebrews 2:17 will be Sunday's 10 a.m. message at Southside Church of Christ. No evening service will be held Sunday. A study of James will continue Wednesday. Sunday morning and Wednesday evening services are livestreamed at cofcsouthside.com.

Methodist

candlelight and open communion service will be held at First United Methodist Church on Christmas Eve at 4 p.m. including lots of community singing. The service will be livestreamed on Facebook. The 10 a.m. Christmas Day service will include Pastor Abe Zimmerman's message "Jesus Came to Live Among Us" and much singing. The 10 a.m. service will be livestreamed on Facebook and broadcast on WLIJ (98.7 FM/1580 AM/wlijradio.com).

### **Presbyterian**

Rev. Jim Moran's Christmas Day sermon at 10 a.m. at First Presbyterian Church will focus on Isaiah 52:7-10,"All shall see the salvation of God." All services are livestreamed on Facebook.

# A season of change

ope everyone is having a wonder-Iful Christmas weekend!

As I look at my live Christmas tree...well at least it was alive at one time... I have made a major decision. I am switching to an artificial tree for next year. I saw a great one on sale for half price and if they still have one, I am going to buy it.

Maybe it's my age. Maybe it's the fact that live or cut trees are becoming increasingly more expensive and harder to find. I will miss the smell of a real tree. But I won't miss watering it.

With an artificial tree I don't have to worry about rushing to buy a tree. Mine will be in a box ready to put up when it is convenient for me. I want have to take care of it or vacuum up needles when it is moved to the curb.

The decision to make

the change to an artificial tree just feels right. It has been a holiday season of change for me in many ways so why not add one more.

It is my first Christmas in 65 years without my father. It is the first Christmas my daughter isn't opening gifts on Christmas morning at my house. All of the unwrapping will be done at her Nana's house after Christmas dinner.

Many of you have an empty chair at the Christmas dinner table for the first time this year. Believe me when I say I understand what you are going through.

On a brighter note, there will be many houses where new faces will be included in the celebration from newborn babies to new husbands and wives. I revel in your joy.

Admittedly, it has been difficult for me to get into the holiday spirit because of the circumstances surrounding my life. I know commemorating the birth of Jesus is the reason we celebrate Christmas. That is not lost on me. In fact, I will be presiding at communion at my church Christmas morning to give thanks to God not only for that birth, but for his willingness to let his son die an agonizing death to save us all from sin.

I usually love Christmas. For some reason at this time of the year people appear happier, friendlier and kinder. It is peace on earth and good will toward men.

But as Ebenezer Scrooge says in FX's dark, dark version of "A Christmas Carol" why can't people be friendly and kind to each other 364 days of the year and then have one day when we can really say what we really think about people.

**McGee** 

My Take

not.

It would be idealistic, though unrealistic, to think we can carry on with the Christmas spirit all year. But wouldn't it be great if someone smiles and says "hi" or "hello" that you respond in kind whether

you know the person or

Wouldn't it be wonderful if someone asks you how you are feeling that they truly want to know the answer. And when you are in need of a kind word or a kind deed when someone asks if there is anything they can do to help that they really mean it.

No, it can't be Christmas all year. But enjoy the weekend we have to celebrate.

# German churches reduce heat, help needy

BERLIN (AP) Germany's efforts to save or limit temperatures. on heating costs this win- At the Martha Church ter, forcing their congregations into ever more layers of clothing. But at the same time, they are providing warm spaces for the homeless and for people who are

struggling to pay their bills. lawmakers German last week approved a plan to provide up to 200 billion euros (\$212 billion) in subsidies to households and businesses to ease the strain of high gas, electricity and heating prices. But prices are still higher than they used to be, and worries about increased costs are widespread. Germany also is trying to reduce energy use to head off a potential energy crunch after Russia stopped gas supplies.

Many German church-

 — es have decided to switch congregation continued for people who don't have Churches have joined in the heating off completely

> in Berlin's Kreuzberg district, worshippers are being offered extra blankets and heated cushions to keep them warm during services. The capital endured a prolonged spell of below-freezing temperatures during Advent.

Pastor Monika Matthias says the church is currently between 12 and 14 degrees Celsius (53.6 and 57.2 Fahrenheit). She says the low temperatures aren't an issue for her because she is active during services, but worshippers have found it a struggle to get used to - and she offers them tea and coffee to warm them up afterward.

During a recent service, most members of the to wear their thick win- access to adequate heating. ter coats, with many also even gloves. Blankets were draped across laps.

Marina Alvis, a member of the congregation for over 20 years, said she and her husband found getting used to the colder church a "big adjustment," but it was important for the church to be a role model in tackling climate change.

"You really have to dress warmly, and it took a while for all of us to learn that," said Alvis, 64.

worshippers While are wrapping up warmer, both the Protestant and the Catholic churches run shelters for the homeless and for people who are otherwise in difficulty, and there's a focus this year on providing warm spaces At the Protestant

wearing hats, scarves and church-linked Diakonie Deutschland charitable organization, workers serve warm drinks and soup to visitors who get a respite from the biting cold.

The head of its central Berlin branch, Ralf Nordhauss, said the situation is "critical" for people struggling to pay bills amid soaring inflation. He said many prefer to turn the heating down or off rather than get into debt, and many more people are

expected at shelters. "Here, it's not just the homeless, but people who are simply looking for companionship or advice, or a coffee and a warm room," Nordhauss said.

# **Public Notice**

City Hall Christmas Holiday Closing and Trash Schedule

# **Christmas:**

City Hall will be Closed on Monday, December 26th in observation of the Christmas Day.

Public Works will be closed on Monday 26th in observation of the Christmas Day. Monday's trash will be picked up on Tuesday, December 27th with Tuesday's regular route.

Please be advised per the Residential Solid Waste Rules of the Shelbyville Public Works Department trash must be curbside no later than 6:00 AM on the scheduled day of collection. To see a complete list of Rules & Regulations please refer to the Public Works Department website www.shelbyvilletn.org/publicworks.htm

Lisa Smith, City Recorder Buck Vallad, Public Works Director

# **Public Notice**

City Hall Holiday Closing & Shelbyville Trash Schedule

# New Year's:

City Hall will be closed on Monday, January 2nd, 2022.

Public Works will be closed on Thursday, December 29th in observation of New Year's Day. Thursday's trash will be picked up on Monday, January 2nd with the Monday's regular route.

Please be advised per the Residential Solid Waste Rules of the Shelbyville Public Works Department trash must be curbside no later than 6:00am on the scheduled day of collection. To see a complete list of Rules & Regulations please refer to the Public Works Department website

www.shelbyvilletn.org/publicworks.htm

Lisa Smith, City Recorder Buck Vallad, Public Works Director

# MOVING INTO RETIREMENT



Kim Nash has retired from Shelbyville Police Department after 45 years of service. She was one of the department's first female employees and had served as office manager and city court clerk for several years.

# 'Roaches' are still illegal: Deputy

By DAVID MELSON dmelson@t-g.com

"Roaches" are still marijuana, as a driver found out when cited for possession Tuesday.

Deputy David Burns of the Bedford County Sheriff's Office smelled marijuana after stopping Colby Allen for an expired license plate on Highway 64 East.

Twelve partially smoked marijuana cigarettes were found in an ash tray and two glass bongs containing marijuana residue were in the truck's back seat, Burns

Allen was cited and released. He told Burns he thought "roaches" were no longer considered to be marijuana.

•Several bags containing crystal methamphetamine, a glass pipe and digital scales were found on Paul Hastings Jr. Wednesday morning in the parking lot of Shelbyville Inn, North Cannon Boulevard,

Shelbyville police said. Hastings was being arrested on a failure to appear warrant when Sgt. David Dye searched him and found the items, a report said.

charges of New possession of a schedule 2 drug for resale and possession drug paraphernalia were added.

Crystal methamphetamine was found on Charles Edward Moody as he was being arrested on a pervious charge of probation revocation Wednesday afternoon.

Officer Tracy Teal was

checking Moody after a Sheriff's Office report said. report that he had been sitting in a van on Kingree Road for several hours.

Moody was charged with possession of a schedule 2 drug for resale and possession of drug paraphernalia.

 Adderall oxycodone pills were found on a woman arrested Tuesday during a traffic stop on Madison Street, a BCSO report said.

Jessica Ann Gillespie, 34, of Lewisburg was charged with possession of schedule 2 drug and released on recognizance.

# **Bus fight**

Three Learning Way Elementary School students were slightly injured in a fight on a Bedford County Schools bus Tuesday morning, police said.

students receiving treatment inside an ambulance when officers arrived at a Wartrace Pike condominium complex in response to the bus driver's 911 call.

Classes had just been let out for the Christmas break when the fight began around 9:20 a.m.

The students' stories differed as to who started the fight, but indications were that it stemmed from name-calling, police said.

An unruly student petition was filed against the alleged instigator.

# Burglary

A television was stolen from a Coble Road home between Dec. 8 and Monday, a Bedford County

### Jail intake

The following were arrested since Monday by the Shelbyville Police Bedford Department, County Sheriff's Office, Tennessee Highway Patrol or 17th Judicial District Drug Task Force. They are only charged; guilt or innocence will be determined by the courts.

•Elias Adelson, 26, Hawkins Drive; child restraint law, financial responsibility, no driver's license/exhibited demand, speeding; released on recognizance

•Timothy Eugene Buchanan, 51, Landers Street; truancy; released on recognizance

Dannyel Galvan Espraza, 23, John Shaw Road; driving on revoked license, DUI, failure to possession appear. handgun while under the influence, possession of schedule 2 drug (two counts), simple possession; held for extradition

 Jessica Ann Gillespie, 34, Lewisburg; possession of schedule 2 drug; released on recognizance

 Shona Rena Jones, 38, Pass Road; violation of probation; held, \$3,500 bond

•Lisa Diane Leverette, 50, Purdy Court; driving revoked license, financial responsibility, no driver's license/exhibited on demand, seat belt law, texting while driving, registration law; released on recognizance

•Bryan David Loyd, 21, West Lane Street;

**CHRISTMAS GIFT** 



Shelbyville police give treats to Bedford County students attending a free movie at the Capri Theater. It's become a tradition for the department.

### STALEY ROAD FIRE





A fire inflicted heavy damage Tuesday morning inside the home of Kristy McCullough on Staley Road, leaving her family of five seeking a place to stay. The blaze's cause remains undetermined, but Bedford County Fire Chief Mark Thomas said a large amount of electronic equipment and appliances near a front bedroom may have been a factor. The American Red Cross is assisting the family.

possession of drug paraphernalia, speeding; released on recognizance

Duval Mais, Nashville; duty to give information and render aid, financial responsibility, leaving scene of accident, no driver's license/exhibited on demand; held, \$4,000

 Cesar Ivan Martinez, 20, McMinnville; driver to exercise due care, driving suspended license; released on recognizance •Justin Bernard Joseph Monnig, 42, New Herman Road; driving on suspended

license, speeding, light law;

released on recognizance •Bradley Kyle Perry, 27, Buzzard Roost Road; harassment; released, no

•Joseph Erwin Rohlman, 56, Winchester; failure to appear; held, no bond

•Roly Mardoque Sanchez Gabriel,

Bridlewood Drive; bench warrant, DUI, failure to

appear; held, \$4,500 bond Gage Isaac Thompson, 18, Murfreesboro; DUI, window tinting; released, \$2,500 bond

Trenteon Gary Upchurch, 21, Anthony Lane; driver to exercise due care, DUI; held, \$1,500

•Heath Alan Womble, 40, Riddle Road; attachment; held, \$500 bond

# **REAL ESTATE TRANSFERS**

# 12/13/2022—

12/19/2022 Kerri Denise Harvey, Vivian Harvey, Chad Davon Harvey, Vivian T. Harvey, Vivian Turrentine Harvey to Theodore Karl Hugel Jr.—\$224,900, 0 acres, no address

Vicky K. Black to Tristen Owens, Garrett Parker—\$390,000, 0 acres, Crest Dr.

Jun Puente, Martha Lopez Caballero to MAPA Properties LLC—0 money, O acres, Happy Valley Rd. Nancy L. Ragnoni

to Teresa Kay Hercules-\$295,900. 0 acres, Northwood Ave.

Wayne Neese to Felix Catalino Cinto Velasquez, Taleighsha Joy Cinto Velasquez—\$55,000. 0 acres, Fairfield Pike

Pamela Kelso to Takana Jefferson-0 money, 0 acres, Cleveland Rd. Comer Hord to Takana

Jefferson-0 money, 0

acres, Cleveland Rd. Jeffery Frambo Hord to Takana Jefferson-0 money, 0 acres, Cleveland Rd.

Takana Jefferson-0 money, 0 acres, Cleveland Rd. Ethel G. Medarsis,

Loretta Kay Hord to

Oscar R. Cleveland, George H. Cleveland, George G. Cleveland, Sarah G. Cleveland, Pamela R. Kelso, Anthony W. McMahon, Margaret Josephine Hord, Clemmie Alberta Wells, Sheila A. Young, Alvis C. Cleveland, Walter A. Cleveland, James Cleveland to Takana Lynn Jefferson-\$80,000, 0 acres, Cleveland Rd. TRM Farming LLC to

Morteza Shams—0 money, O acres, no address Ole South Properties

INc. to James Painter, Sheila Painter—\$322,500, O acres, no address

Patricia L. Smith to Normandy Presbyterian Church, Normandy Presbyterian Church, Presbyterian Church—\$25,000, 0.21 acres, College St.

Donald White Construction LLC, Donald White to John R. Sajban, Michelle C. Conkey Sajban, Sajban Michelle C. Conkey—\$519,900, 5.2 acres, no address Ole Sough

Properties Inc. to Kelly Powers—\$338,786, 0 acres, no address Gary Boyce Construction

LLC to P. Ivan Moore, Roxanne B. Moore— \$514,900, 0 acres, Longview Rd.

Ole South Properties Inc. to Tameka Johnson-\$349,990, 0 acres, no address

Marsh Brothers Industrial Properties, John Charles Marsh, Robert Patterson Marsh to Industrial Development

Board Of The City Of

Shelbyville Inc.—0 money,

7.76 acres, Hawkins Dr. HP Realty Co. LLC to William Mike Matthews, Penny Matthews-\$62,000, 0.16 acres, Center St. Michael H. Owen to

Bartolo Pina—\$190,000, 0 acres, Unionville Pike Mary Lou Barnett to

Dale Barnett-0 money, 0 acres, Horse Mountain Rd. Danny Duffey,

James Duffey to mason Hatfield—\$275,000, 0 acres. New Herman Rd. Sherry L. Bullen to David

Andrew Pickle—\$310,000, O acres, Sandy Lane Daniel Gragg Construction LLC to Melissa Kimberly Allen,

Robert Earl Weeks Jr.-\$772,500, 0 acres, Barton Dr., Normandy Danny G. Law, Jan M. Law to David T. Craig II,

Carissa Craig—0 money,

0.06 acres, Highway 231

# 12/14/2022—12/21/22

Autumn Cove Designs—107 Autumn Cove Rd. Lot 13, Bell

Bell Buckle Embroidery

And Gifts—10 Railroad Square St. E, Bell Buckle, Julie Beasley Hill Construction TN

Buckle, Rebecca Wilson

LLC-2135 Madison St., Shelbyville, Nathan Hill

Hill's Auto Sales—2135 Madison St., Shelbyville, Nicholas Hill Limelight Marquee—814

Foothills Rd., Shelbyville,

Matthew K. Robinson Living Well Massage LMT-1307 N. Main St., Shelbyville, Denise Richard Raulerson Farms LLC-151 Womack Ridge Rd., Shelbyville, Alan Raulerson Sinking Creek

Woodcrafts & Beyond—564 Sinking Creek Rd., Petersburg, Rebecca Estabrook Staghorn Construction,

LLC-1152 Hwy. 130 W. Shelbyville, Thurman L. Adcock

# PUBLIC RECORD and Brittany Lashay Lowe

**BUSINESS LICENSES** 

### **MARRIAGE LICENSES** Zachery Taylor Duckett

and Hailey Janeen Matherly Terry Lee Stiles Gregory and Kristal Estabillo

Relativo John Timothy Brewer and Melissa Jane Wilson

Travis Dalton Jacobs

Thomas Raymond Moynihan and Allana Grace Stacey Nick Anthony Rivera

Maldonado and Maria De Los Angeles Rios Carranza Bradly Austin Dyer and Angela Rose Escobosa

### Mrs. Edmondson's 2nd grade class **Cascade Elementary**

Dear Santa,

I would like a box of score football cards. Can I also get a one of those bord things not a skate bord. I really want a nerf football I think that's all I want Santa see you on Christmas.

Your friend, Wyatt Metler

Dear Santa,

I love you. How many gifs have you made this year? Can I have a phone and AirPods, a tablet and a squish Melo. I hoe you have a safe time.

Love your friend, Izabella Tobin

Dear Santa,

I love Christmas. Can I have a phone for Christmas? And a squish mallow, Also, maybe a robo x gift card. And a American girl doll. I hope you have a good Christmas Santa.

Love, Lily Grace

Dear Santa,

I love you so much. Please can I have a Big playground and a trapiein a phone case a relay soft brakit magn bloks.

Your friend, Alexis Armold

Dear Santa,

I hope you have a safe trip and a happy seen nwat I want a popit, harchok, fake makeup, squish stuff and I than you. Santa I hope you can gi all of the kids thar

Love Brookln Holder

Dear Santa,

I love you so much my favret holuday is Chrismas. I want a nuter squish mallo, a phone a water botel and headset and a specer.

Your friend, Raven Whitehead

Dear Santa,

I love you so much. I would get cookie and milk and Christmas is my faiete time of the yaht and how many elf do you have. And I want a big hot wheel take and a palk of car and a phone and a charging cord and why where it sent bust.

And I love you so so much.

Your friend, Alex Barnes

Dear Santa,

I love you are the best. Can you get all my present. Can you get me a phon and a basketball hoop for Christmas. And some vbucks and a tablit.

Your friend, Brantley McMahon

Dear Santa,

You are the best. Is Thomas a babe elf. I hope you bring me an Arctic fox, barbies, makeup, robux and a hover bord.

Your friend, Harlee Gentry

Dear Santa, How did you get your

powers? And how many presents do make a year. I want a squash mellow, AirPods, vbucks, roux, and a Stuff animal arctic raindeer. I love your coat and I hope you get what you Love your friend, Britt

Bowen

Dear Santa, I hope you have a good year. Can I have a new

switch controller, football cards, Zelda the leg strap for the switch, and a RC car. Have a happy new year. Love, Easton

Dear Santa, You are the best. How

Dear Santa,

many toys do you make? I hope you are okay I want a squish mall and a small puppy toy and a headphone and book and a volley pop. Your friend, Angelina

Rivera

Christmas is my favorite

year. I hope your elves are ok. I will feed your raindeer this Christmas. I want for Christmas a squish mallow, a toy dinosaur, and a Ninja Your friend, Carson

Blaine Jackson

Dear Santa, How many presents do

you give out. I want two moon rings please. iPod, computer, phone, squish mellow please. Love you friend, Abigail

Dear Santa,

I love you so much Christmas is my favret time of the year so this is what I want for Christmas can I get som squish mellows and som squosheis and a new phone and a huverboerd and two minybrand balls please and that whit I would like for Christmas. Your friend, Carter

Dear Santa you are at the best. I hope you travel safe and I would like a NFL football and a cat and a phone please a EX box and a job. And I will give you cookies and milk. I might have raindeer food. Mary Christmas. I love you Santa, Sawyer

Dear Santa, I love you so so so so much. I hope you get pezents. I want football cards and sports game for my switch. I want a drown with a camera and football games for my PS4. This is for you Santa and your elves and reindeer. I want a electric scooter. I hope you have safe travels.

Zyker Your friend, Christian Bell

### Mrs. Sloan Cascade Elementary 2nd grade Dear Santa,

Christmas is the best time of the year. I'm thankful for everything I have and will get. My I have barbeys and a American girl doll and a baby that looks real. I would lid a new makeup set, lego and a princess dolls. Also a princess castle and a tablet. And Lols.

Your friend, Izabella Winny Shreve.

Dear Santa,

I can't wait for Christmas. I promise I will be good for you and my parents. I will be happy with what I will get. I really want some robux. Next, I would like a lol winter house with lols. Last, I would love lots of books. Can you get me new make up pallets? I can't wait to wake up every one and seledrate Christmas.

Your friend, Ella Hill

Dear Santa, can't wait for

Christmas. Can you please get me a poppy playtime set, mommy long legs costume and toy grinder. I also want huggy wuggy toy, poppy lols and robux. Thank you Santa. Your friend, Navie Bay

Dear Saint Nick,

can't wait

Christmas. I'm thankful for everything I will get. I want marvel legends Deadpool. Next I want a best blaster nerf gun. Last I want to meet the FGTeeV in real life. I'm thankful for what From your friend, Nash Rainwater

Dear Santa, Christmas is my favorite

time of the year. I want an iPhone, a gimquter, a vijitspiner, fingerings, the Grinch tadey. Frosty the snowman tadey. Can I have hansinatizer? And irings? I am thankful for your friend Your friend, Keri Cline

Dear Santa, can't wait Christmas. I would love to please give me a American girl doll? I would love an have magical books. Nest iphone touch. I would also I would like to have a doll.

Last I would love to have a iPhone. I'm thankful for eveythig you do.

friend, Sadie Your Sudbury

Dear Santa,

I can't wait for Christmas. Can you please get a Mclare also Uhaul trailer and truck. I'm thankful for Santa. Your friend, Jack Sloan

Dear Santa. I can't wait for Christmas

Santa. I wish for a headset, tablet and iPhone thank you Your friend, Conner

Prestwood

Dear Santa,

I can't wait for Christmas. I would like to have a toy car McClaren. I would like to have a pic car razor. I would like to have a xbox. Thank you for what you do. friend, Kolten Your

Dunn

Dear Santa,

I can't wait for Christmas. I am thankful for everything I have and will get. I would love baby crib with a baby doll. Next, I would like books that are magical like magical maxmisas. Last, a dog like Elsa. I will be happy what ever I get. I can't wait in till Christmas morning to see. Your friend, Skye

Hrouda

Dear Santa, I can't wait Christmas. I am thankful for everything I have and will get. I would love to have fingerlings. Next I would like to have a oculus headset. Last a American girl doll. I can't wait till Christmas.

Your friend, Annalise Dowell

Dear Santa,

I can't wait for Christmas. Can you please git me a tablet or can you git Rival sniper nerf gun! Thankful you Santa.

Your friend, Maddox Black

Dear Santa,

Can you please give me a tablet and lol dolls. Your friend, Aubrey

Dear Santa,

Christmas is the best time of the year. I am thankful for my family. I would like a iPhone. I wood love fi you should get me a toy razor and a dirt bike. I love you Santa. Your friend, Couctigog

McAdams

Dear Santa,

Christmas is the best time of the year. I would like a xbox please. And I would also like a boiano please and a dog. I am thankful for you. Christopher Gillex

Dear Santa,

I wish for a iPad and iPhone 13 and a arbik

for

Your friend, Haden Valentine

Dear Santa, Can I please have a

iPhone and a oculus headset. Rival sniper nerf gun

and dradin ballz. Thank Your friend, Lucas Dear Santa Claus,

Christmas is my favorite. I want a toy razor and a iPhone for Christmas. May

I have a double barrel nerf gun and elf pets? Thank

you Santa. Your friend, Case Smith Dear Santa Claus, Christmas is the best time of the year. I'm thankful for everything I have and I will get. Santa can you

like an American girl doll bed. Santa I am thankful for all you do.

Your friend Emma Lane

to - Santa from - Jacelynn List-1 1. Iphone 13 I will be

realy good. plz 2. 14 miney brans 3. You tube set up for

videos plzzzzzz

4. Laptop & charger if i'm good. 5. Water eloment spell

loook pleas with Magi Wond

6. Pls ipad if I can't fide mine 7. A roblox gift cars &

8. Snowflake & Jolly to be here this crismes 9. A dimend ring &

maby a cat plsssssss

nekles 10. Amzon gift card & Mcdondls gift card for

sisse.and for mom dunken gift card. 11. For my dog a new bone

12. A crown made of gold 13. For my mom to find

a bf List-2

3,000 for me

1 Amancond girl dolls & a lot of stuf. 2 A new mask in black

& pink 3 All vampier dieres candls and Jelery

5 A goolgl for me. 6 1,000\$ for food and

4 A third elf and more elf

To: Snowflake Snowflake you and Jolly

Frome: Jacelynn

should come this Christmas. I miss you. From: Jacelynn

To: Jolly Jolly you and Snowflake

should come this Christmas. I miss you. (Note: Jacelynn sent a drawing showing Jolly and Snowflake are elves.)

Jacelynn Wilson Shelbyville

### Ms. Butts' Second Grade **Cascade Elementary** Dear Santa,

I am really excited for

christmas, are you? What do you do at the north pole? I have been good this year. So I want a vr head-set, bendy, and the dark revial pst, iphone 14 and that's all. your friend,

Ayden

Dear Santa,

How are you and your reindeer, I have your friend Rudolph on my nails!! I want Blue light glasses, Corinne and Gwynne bedroom set, and Airpods Your Friend,

Kamryn

Dear Santa, How are you Santa? I

will want an iphone 14. I want everyone to be happy. Also I would like a twin brother and sister. Your friend, Carolina

Dear Santa,

I want LED lights for my room. Next, can you get me the whole five Suprise collection. Last, I want hachimals. Love. Emma

Dear Santa, I wamt a polaroid

camera with a lot of film. I also want everyone to loved and healthy. I also a lot of american girl dolls I I want my own room. I hope you and your reindeer are good I'll have you a snack and some reindeer some too. Your Freind, Raylee Paige Hargrove

Dear Santa, I want my two front teeth for Christmas! I also want a

brand new cute bunny, and iphone 14 pro max and blue fake nails and nail glue. Your friend

P.S. Does rudolph have a

red nose?

Blakelynn

Dear Santa, How's Rudolph? This is what I want for Christmas I want a lanky box egg, lanky

box baby foxy and a svience

Your friend Alden

Dear Santa,

I want a first edition cheriz ard, Tennse Titans signed football and Bendy and think machine. See you

soon!

sled, and ex mew two. Your friend, Paxton.

Dear Santa, I want a nerf gun vr headset and remote control

I want a vr headset, a

Your friend,

Dear Santa,

Jack

car How are your reindeer? Your friend Jesus

> Dear Santa. I want a Rubiks cube.

Now I want a camera. Then, I want new glasses. Your friend, Teagah.

Dear Santa, I want a ps 5, Ms. Butts and fortnite for Christmas.

Your friend, Hayden

Dear Santa, I want an ipad and a trip to Disney Land! Have a happy Chirstmas bye! Your friend,

Dear Santa, I want like a barbie

Your friend,

Krtizal

Brooklyn

house, a new waterbottle and new ionnoxevion for Christmas!

Dear Santa,

I want a water bottle, a new backpack, new shoes, jacket and a phone. Thank you! Your friend,

dear Santa, I wopuld like a Xdox a remote control car, and a

Your friend,

Jenny

Xbox game.

Jace

Dear Santa, Merry Christmas are you acsited. This is like my favorite holiday. I want rablox, Nike Shorts, Shirts, hats and socks, Pokeon V max. Your friend, Drake

Sniper nerf gun comes with a lot of darts. Oliver

Mrs. Littlefield's class

I got a Sniper nerf gun. A

**Cascade Elementary** School

Dear Santa, I want new slime and a Squishmallow for of fidgets. And a stuffed animal that is a monkey that is big and nike socks and nike close and rubberbands and american girl doll stuff and a lot of toys barbies with movabel arms and

legs. From Jemma

Dear Santa

I want a new house and squishmallow and makeup and popits and slime and horse American Girl doll. and stuff and Santa work shop. Art stuff.

Your friend Emmy Dear Santa,

I want a vr head set. Then I want a foot ball. Your friend

Brady Dear Santa, I want a popit a squishmallow and a Plush

unicorn. And a lot of Art

Braylee White Dear Santa,

Your friend,

stuff. thank you!

Crafty Plush mariopsh Linky box my stery box Your friend, Vincent

I want Preston Plush

Mario

What I want for Christmas

Dear Santa,

Shrichers Battle league on the nintindo swich nowii. I also want a squish mellow. If it's not to much I would like a Paid of snow pink boots, and the game happy salmon, also FELIZ NAVID !!!!!!x100

> Veronica A. Martin Dear Santa

Your friend

I want a new baiby doll dream house that is big and a cowgirl set and a cowgirl

Your frinds

these things Plees. Addie May Stremfer

clother. It's SiPl. I bellw

brote hona cku can I have

Dear Santa, I want a PS5 XBox IFone 13.

Dear Santa, I want a REAL house, a dress with feathers at the

top and fur at the bottom. A rainbow toy horse. An angel nuttcracker, An I-phone 11, giant Evee stuffy and Feliz

> Navidad! Your friend, Emma Clark

Dear Santa,

I wamt a toy Train. and I

want a play set. If that's not

very much. I want or a train set would be Nice. Then for last I want a lot of Stik bots.

Your friend

Jackson

Dear Santa, I would like 5 flip flips, and some cat treats for my cat and some figets. 1 ugly sweter.

Your feind Lydia I will have cookies and milk for you

Me and my sister want a

Nintendo Swich and I want

Your frind Lauren Grubbs

an IPad.

Dear Santa

Dear Santa I want a Football and I rilley want to see rander and hav a happy new yer. Your friend Luke

I want a new table and

a new berbtck If it not too much to ask, I want new Nintendo switch.

Dear Santa

Your friend, Uriah Morgn Dear Santa Merry

Christmas. I want a microphone and a box of Pens and a squish mallow.

Evelyn.

Yor frend

Dear Santa I want a PS5 and a Phono and a basketball and a Dogman book. and a Laptop and a 10200.

Your friend Bishop

Dear Santa, I want an xbox gams cunthoalers PS5 gaqms cunthoalers nutindo football

boghem gaming chairs. (Letter was unsigned)

Dear Santa, I want a Crystal Collection and a Gemstone

Dig Kit. And, a Toycar And (Letter was unsigned) Dear Santa

I want a microphone, a

Sanna and moody plushey,

(Letter was unsigned)

bop it games, grape scented pudy, zom bies water bottle, and figits. Vr.

Mrs. Holland's class **Cascade Elementary** School Dear Santa,

I have been very good

this year. What I really

what for Christmas is a

like a Phone and a watch

hover board I phone 14 pro recording set, sisers crayons Love Quincy.

Dear Santa Claus, I've been a very good girl this year. I would

for Christmas. I want a hurverboard for Christmas. I want a baby yoada for Christmas. I Love You. Love,

Layla Blackwell

Dear Santa Claus, Thank you for always visiting me every Christmas.

I've been good most of the year. I would like a phone for Christmas. So me and Emma can play roblox at the same time. I would also likme a pony, a forwheeler, a REAL elf, a Pockimon card set you can only get

on Halloween and a baby

Aida Cleek

Your friend, Teviah

goat or stuffed animal, and an alarm. I love you! Merry Christmas, Love, See Santa, Page 9A

# Some of best-loved Christmas songs are bittersweet

By DAVID W. STOWE

Michigan State University n American culture, Christ

In American culture, Christmas is supposed to be synonymous with joy. The familiar carols proclaim this message, with "Joy to the World" resounding in thousands of churches, while its secular counterpart exhorts listeners to have "A Holly Jolly Christmas."

The real emotions of the season are a bit more complex. For many people, late December produces a kind of toxic brew of nostalgia and melancholy. It's difficult not to remember loved ones missing from the holidays. People move, grow apart, pass on – all these hit home with a special poignance at this time of year, and other kinds of changes, too. Parents might even remember with nostalgic sadness a more innocent time when their children still believed in Santa. Nearly everyone has too much to do, and gift-giving can be a minefield.

### **Blue Christmas**

Elvis Presley captured some of this sentiment in his song "Blue Christmas," which tells a tale of romantic separation: "I'll have a blue Christmas without you/ I'll be so blue just thinking about you." Romantic holiday heartbreak is even more explicit in 1980s pop group Wham!'s "Last Christmas": "Last Christmas I gave you my heart/ But the very next day you gave it away."

The notion of Blue Christmas is increasingly recognized by churches, of all places, where one would expect the message of holiday joy to be the least conflicted. Some congregations now offer Blue Christmas services, where readings emphasize the reality of loss but also the message of hope represented by the birth of Christ.

Sometimes called Longest Night services, this tradition is partly inspired by the winter solstice – the longest night of the year. It's also a reminder that seasonal affective disorder might have something to do with people's melancholy. It's no wonder that Romans, pagans and others around the world celebrated the winter solstice with bonfires. Today, many people light small paper lanterns called luminaria, a custom that developed in the southern U.S. borderlands.

### **Season of waiting**

In fact, the four weeks of Advent, the period of the church calendar leading up to Christmas, have a kind of somber quality that is at least as important to the season as the festive 12 days of Christmas. "The tyranny of relentless mandatory celebration leaves us exhausted and often, ironically, feeling emptier," Anglican priest Tish Harrison Warren wrote in a 2019 column for The New York Times. "To practice Advent is to lean into an almost cosmic ache: our deep, wordless desire for things to be made right and the incompleteness we find in the meantime."

Churches often emphasize the sense of mystery and confusion leading up to the birth of the child Christ. Probably the best known Advent song is "O Come, O Come, Emmanuel," whose mournful, chantlike melody goes back to 15th-century France.

The opening verse refers to the inhabitants of ancient Jerusalem, conquered by Babylon and mourning in "lonely exile" there. Awaiting a messiah or "Immanuel," meaning "God with us," predicted by the prophet Isaiah, they yearn for him to "disperse the gloomy clouds of night/ And death's dark shadows put to flight."

# From war to the White House

Beyond church doors, a very

different song that captures the bittersweet quality of the holidays is Vince Guaraldi's "Christmas Time is Here," with its moody jazz harmonies and waltz-feel behind an angelic-sounding children's choir. It's the opening song of the classic "Peanuts" animated TV special that begins, fittingly, with a depressed Charlie Brown going to Lucy for therapy.

But "I'll Be Home for

Christmas" might convey the atmosphere of nostalgia and melancholy better than any other. Recorded in October 1943, almost exactly halfway through World War II, the song became a hit for iconic crooner Bing Crosby, just as his "White Christmas" had the year before.

"I'll be home for Christmas," he sings in his rich baritone, describing snow and mistletoe he's hoping for – before listeners realize he may be home "only in my dreams."

Crosby's version, with its unique little warble on the final syllable of "I'll be home for Christ—ma-a-as," is probably the best known – popularity due, in part, to how it captured the feelings of a world at war. Two decades later, astronauts Frank Borman and Frank Lovell

requested the song be piped up to them as they returned to Earth aboard the Gemini 7 spacecraft.

Ironically, the BBC banned the song during World War II because of fear it might lower morale, saying it had "adopted a policy of excluding sickly sentimentality which, particularly when sung by certain vocalists, can become nauseating and not at all in keeping with what we feel to be the need of the public in this country."

The most recent cover version is by the Cuban-American singer and songwriter Camila Cabello. In a performance last year at the White House, she brought in a mariachi band, giving her rendition a distinctly Mexican sound. She also makes a slight modification to account for today's more abundant gift-giving, switching in "presents under the tree" instead of "presents on the tree."

In Frank Sinatra's 1957 rendition, with his usual cooler-thancool sense of nonchalance, you get an impression that he's really not in much of a hurry to get home to celebrate, after all. Which may be how many of us feel, at least part of the time, at this season of the year.



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834 Union St., Shelbyville • 931-684-3664
Rev. Andrew Lee Keffer • shelbyvillefirstnaz.com
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Prayer Meeting - Wednesday at 6:30 pm
Youth Meeting - Wednesday at 6:30 pm

# Grace Baptist Church

1019 Madison St., Shelbyville • 931-684-1087
Pastor: Bro. Bobby McGee
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Wednesday night 6:00 pm

# **Longview Baptist**

101 Cooper Rd., Unionville • 931-294-2281
Rev. Jonathan Osterhaus
longviewbaptistchurch.org • servingoursavior@yahoo.com
Sunday School - 9:30 am • Worship - 10:30 am & 6:00 pm
Life Points (age 3 - youth) - 5:45 pm • Wednesday Worship - 6:00 pm

# **Unity Baptist Church**

EC Arnold Lane, Shelbyville
Pastor: Frelan George
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# St. William of Montevergine Catholic Church

Father Edwuin Cardona

500 South Brittain Street, Shelbyville • 931-735-6004

Saturday Mass: 4:30pm (English Mass) 7:00pm (Spanish Misa) Sunday Mass: 9:00am (English Mass) 11:30am (Spanish Misa)

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Monday: 7:00pm • Tuesday: 8:00am • Thursday: 7:00pm • Friday: 8:00am

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Saturday/Sabado 5:45pm-6:45pm Sunday/Domingo 10:15am-11:15am

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SHELBYVILLE TIMES-GAZETTE

(Continued from Page 1) Dear Santa Claus,

Thank you for always visiting me every year at Christmas. I've been a very good girl. I want a iphon with a very cool case. Also a watch that is connected to my iphon and a 12 billion dollars to pay for my iphon every year. Shoes. can I also get a style and snif har brush, 23 new note books that are cool, new par of scissors, a candy lab, a trilon fake stick on nails, my own computer, a poashoin to fly, for my mom to have a baby, my own roller skates, some nikes, some cool sherts, lot and lots of candy, a nitendo switch, and ear buds, hoverboard, a new jaket, a new mine frige, a make up kit for girls, Jewler, erings, and a soft outfit and last but not least a good drawling

Love, Faith Shibayama love you

And a pet dog that stays mall that is alive.

A baby sister. Thank you

Dear Santa Claus.

Thank you for always visiting me every year at Christmas. I've been a good girl this year. I would like a baby yoda and hoverboard. scissors and pencils. I love

Love, Molly

Dear Santa Claus,

Thank you for always visiting me every Christmas. I want a lot for Chrismis but all I want is you and I know that you are a goob' at being nice. So I think a lot about

Love, Kylee

Dear Santa Claus,

Thank you for always visiting me every Christmas. I've been trying to be good This year I would like a PS 5 and a green monster drifting bike, iPhone 14 hoverboard and a gold watch master glove. Maverick.

Merry Christmas Santa from Mayerick

Dear Santa Claus,

Thank you for always visiting me every Christmas. I've been a very good boy. I would like everything. I would like a meney frig. Harris Lankford

Dear Santa Claus,

visiting me every year at Christmas. I've been a very good girl. This year I would like a of, I wold like a woof and a stuff loth and cozy cabin and swimming Barbie. I love you.

Love, Ellie Kay Forbes

Dear Santa,

I want a recording set, monter, cundputer, desk, editing set, mikerphone, sate board, drawing set, sping chair, quishmellas, Markers, ting car, 4 weller, blanket, notes books, pens, my own signature cup, pen holder, biners, white board, head phonesd, elope marker, bens, Lamp, mini fridge, roboxs sticy note Books, clocks, alarms, stools.

Love, Bethany Napier

Dear Santa Claus,

Thank you for always visiting me every Christmas. I've been a very good boie this year. I would like a set of yu-ge-oe cards, a phone, spors cards, exdox live cards, pokemons, Sizzers, tine cars Thor Wiwar Sprabattodu Dogman A Siegemer boots blades ckrocks A lot uth Poseres Miheefrig A iPad minee figers A lot A lamp @ alarmklock Love, Reese

Dear Santa,

are the best and I always like you. I would like a tiny RC car in the can and a Mindcraft Lego set. I also want an Ironman Lego set. Have a good day Santa. Love, Case

I love you Santa, You

Dear Santa, Dear Santa Claus,

visiting me. I whint a re ole and nopr wil fararie amd

Thank you for always

love Jackson.

formier camo color.

Dear Mr. Claus,

Thank you for always visiting me every year at Christmas. I'v been a good girl moste of the time. Santa I awso do good in schooll and lisin to my parents and clean my room and help clen some times. Thanks for reading my letter. Love Clara Gail Ozella I Love

New Crayola crayons

A New tablet with a lot

Dear Santa Claus,

Thank you for always visiting me every Christmas. I've been a very good girl this year. I hope I am on the nise list this year. I want a masage pilo or if your elfs can't make it then I would like a fair finder or some legoes and a fun bord game or a skate bord and a tablet and a roler skates.

Love, Cheyenne R.

dear Santa,

Thank you I've been triing nmy best. Can I have a naw game for my PS4, hover bord tablet, unspekubl morsh, unoiing buturs, pranks, wopyw copy, koeshans, a kumputer, candy and clock.

love Charles F.

Dear Santa Claus,

Thank you for always visiting me every year at Christmas. I've been a very good boy this year. I would like a set of phase to Fort nite cards every Christmas. Fortnite is a really fun game. I do not be bad. I love you! Love, Brigg Cooper

Dear Santa Claus,

Thank you for always visiting me every year at Christmas. I've bneen a very good boy this year. I would like a hoverboard, legos, fixed Switch, a watch, and games for my Swich. I love

Love, Flower Hunter

Deear Santa Claus,

Thank you for always visiting me every year at Christmas. I want a cool mewth Shis Pokmnn and a Pokman ball and ticks. and boxing and a cool bike. I love you!

love, **Brdy Simmons** 

Dear Santa,

Thank you for always visiting me every Christmas. I've been a good boy most of the year. For Christmas Thank you for always I wan't a iPhone, balls, and sports games. And the very last thing I want is crocks, heydudes, and boots. Thank you so much. And pencils, miny fridge

Love, Austin Schmidt

### Mrs. Wilder's Class Cascade Elementary **School**

Dear Santa,

I want hachmols eggs And now Ise cream maker and Stiker Book.

> Your friend, Lilah Tyler

Dear Santa,

I want a bunch of fornite stuff and a fortnite poster. I want lggg pokemon pacvks. I want fortnite clothes. I wan life supply time of McDonalds. and 1 million dollars.

Love, Pecic

Dear Santa Claus, I will want a dek of

Pokemon for christmas and squishmallow for Christmas and new bike for christmas and a Nintendo and a tea set and a gamdol machine and a new blaket for Christmas Your friend,

Kimberly L. Holland Dear Santa,

I would like Pokemons, I would like the new cune

kt, I would like the rainbow shairzard and a new rainbow pokemon. I wuld like wncon and a forever toys and pokemon makes a nintendo swich. I hope mises Class and the raindeer are okay. I will leave eksnry cokes for you and misses class to and we will leve out carits for your ranidere. Merry Christmas,

Your friend, Luka Tavcare

Dear Santa,

I want a Xbox a iPhone

amnd a mansion. And how

are your reindeer And I whont a McDonins bilding.

Christian Hall

Dear Santa.

I want a new phone, butter slime, room, Anime poster, gloves, hoodie, one million dollars, slime and a tree house.

Love, Hadlee Atkinds

Dear Santa.

I want a iphone, 3 butter slime cups, and if thats not to much then a couple of squishmallows would be nice, And some milk Slime please. Merry Christmas!

Your friend, Kennie Reese Phillips

Dear Santa,

I want labron Shoes. and hulk Buster logo. and big wol michine logo. and dc joker imaginesx.

Your friend, Kevin Dube Merry Cristmas

Dear Santa, I want stars amethyst, Your friend, (name was illegible)

Dear Santa Claus, I want a Shadys I wont a toy chickn I like a reeldog Your frind, Love Ella Russell

Dear Santa,

I want Pokemon for Christmas. annori pake of pokemon is my favrit thang to play I love It os much I want, It all I awso want Sonic for Christmas. That is oawl I want for Christmists and Spidyrman and Cristis.

Your friend, Remi Floyd

Dear Santa,

I would want for Christmas is crybaby and Squishmallow and butterfly and slime strawberry slime and raya toys and elf mittens.

Your friend, Carmen Davis

Dear Santa,

I would like a baby puppy and slime and a scush mello and help my mom and Dad and a gum Ball mushing

Your friend, Rose McBee

Dear Santa,

I want a gumball machome amd squioshmallow. A doll with stuff to come with it. I also want the movie glory.

Your friend, Graysie

Dear Santa,

I want for Christmas a YyGioh Packs in a blastays. Old dishen in a PS Jan. Nintendo. Swich me wtow Vemary, Sold den. Io you se Old del. Sponge Bob movq a for wirer. In a derrtbike & Merry Christmas.

Your friend, Justin Wiser

Dear Santa.

I want a gaming computer set, vr, and 2 glass cups, trollis, ring pops, jolly ranchers. Love, Daniel Lee

Whitfield

Dear Santa, I want a Skate board and

my Best franid back. her name is Mia. A per of PJs. And how the rain dear and Ms. Clas I said hi Merry Chritmass, Harper Dunn

Dear Santa Claus,

set and a fussy squishmallow and if you can let me have a soccer set it would be nice and a roblox gift card Please and thank you. Love, Kinsley Bynum

I want a art set and a lego

Dear Santa, I want a golden pokemon

pack and a nintendo with a

fornote disk and a phon and a kputer a rainbow pokemon pacvk and a Mega Mew two EX and a log pokeman vs and a skat bord and the bigest nerf gun ever and a Blatos Vmax and a pare pokemon pack ps four and a pug and a cute cat.

Your friend, Greyson Bobo

Your friend,

# **Jack Daniel's Whisky of the Year'**

# Bottled-in-Bond whiskey recognized for quality

Bonded Tennessee Whiskey has taken the #1 spot as "Whisky of the Year" in Whisky Advocate's list of the year's most exciting

The Bottled-in-Bond whiskey, which received a score of 97 from reviewers, was introduced in May as part of the Jack Daniel Distillery's new Bonded Series. For those who may be unfamiliar,

'whisky' often refers to Scottish, Canadian,

and even Japanese grain spirits, while 'whiskey' refers to grain spirits distilled in Ireland and the United States. To determine the annual Top 20, Whisky Advocate reviewers sampled hundreds of "outstanding" whiskeys (rated 90 points or higher on the publication's 100-point

scale) and looked at quality, value and availability. In its review of Jack Daniel's Bonded, the publication noted that "even with its heft and pleasant mature notes, this is still a fresh, vibrant whiskey" with "lots of character, offering a host of flavors that

"All of us in Lynchburg are blessed to

work at a complete distillery that gives us the opportunity to experiment, innovate and make what we believe is the most exceptional Tennessee Whiskey in the world," said Chris Fletcher, Jack Daniel's "Jack Daniel's Bonded is a perfect

marriage of our history and innovation, and it's an honor to have this work recognized by our friends in the whiskey industry. We hope we've made Mr. Jack proud," he said. Bonded is Jack's time-honored recipe of 80% corn, 12% malted barley, and 8% rye.

Barrels were hand selected for their unique

and particular characteristics of deeper color, flavor, and aroma, which bring a darker, richer, and more oak-forward character to Jack Daniel's Bonded. To say the least, it is a bold Tennessee Whiskey at 100 proof with notes of caramel, rich oak, and spice giving way to a lingering finish.

Jack Daniel's Bonded Tennessee Whiskey is available nationwide in 700mL bottles for the suggested retail price of \$29.99 For more information, visit www. jackdaniels.com.

# How to protect yourself against winter illnesses

By COURTNEY CLARDY FNP-C

Winter is filled with excitement and fun festivities, but it's also a time to be more aware of your health. The cold months change our routines to larger and more frequent indoor gatherings where germs can spread more easily.

Winter is commonly known as cold and flu season, but there are several other illnesses we should all be on the lookout for during the colder months. Based on symptoms alone, determining which illnesses you or your loved one may have can be difficult. The majority of wintertime illnesses have a lot in common, so understanding their key differences is

By knowing what to watch out for and taking action to minimize your risk of getting sick, it's possible to stay happy and healthy all winter long. Here's what to know about each common winter illness and how to best protect yourself.

# **Respiratory Syncytial Virus**

Symptoms to watch for: wheezing, decrease in appetite

RSV is an infection in the lungs and airways that typically lasts one to two weeks. RSV can be particularly serious in vulnerable populations like infants and seniors. Symptoms include a runny nose, decrease in appetite, coughing, sneezing, wheezing and fever. If you or a loved one is experiencing wheezing or whistle-like breathing, it could warrant a trip to the emergency room.

# Influenza (Flu)

Symptom to watch for: muscle aches The flu is an infection of the nose,

throat and lungs, which are all part of the respiratory system. Flu vaccinations are widely available and can help prevent infection. Symptoms are muscle aches, fever, headache, fatigue, dry cough, runny nose and sore throat. The flu typically lasts three to seven days. If you seek treatment in the first 48 hours, Tamiflu or Xofluza can reduce its duration.

### **Coronavirus (COVID-19)** Symptom to watch for: shortness of

COVID-19 is caused by the coronavirus

called severe acute respiratory syndrome coronavirus 2. Most people infected with



**COURTNEY CLARDY** 

the virus will experience mild to moderate respiratory illness and recover without requiring special treatment. However, older adults and individuals who have severe underlying medical conditions like lung disease or diabetes have a higher risk for developing serious complications. Symptoms may appear two to 14 days after exposure and range from fever, cough, shortness of breath, fatigue, headache, sore throat, body aches and more. COVID-19 vaccines are readily available and effective at keeping you from getting sick at all or experiencing more severe complications and death. You can also protect yourself by practicing physical distancing and

wearing a mask.

**Common Colds** Symptom to watch for: stuffy or runny

According to the Centers for Disease Control and Prevention (CDC), adults have an average of two to three colds per year, and children have even more. Colds typically last seven to 10 days, and symptoms include stuffy and runny nose, cough, sore throat, sneezing and mild

Reducing the risk of common winter illnesses always begins with washing hands frequently, covering your mouth when coughing or sneezing and staying home when you're sick. In addition, getting vaccinated against COVID-19 and the flu can protect you and prevent the spreading of disease to others. · Courtney Clardy is a certified nurse

practitioner at Vanderbilt Integrated Urgent Care in Shelbyville.

# WINE WALK DONATION



Downtown Shelbyville merchants donated \$4,000 to Shelbyville-Bedford County Public Library from this year's Wine Walk proceeds.

10A Shelbyville Times-Gazette Saturday, December 24, 2022

# THE GIFT OF YOUR PRESENCE

For the last half century, our distillery, our town and the millions of friends who've visited over the years have been given a gift that most likely many of us have taken for granted. Like the best of presents, this gift can't be bought at any store or wrapped in a box. This wonderful, one-of-a-kind token is the gift of Goose Baxter and Randall Fanning.

For 46 years, they've educated us, entertained us and sustained us with their goodwill and goodnatured fun. From the very beginning, they've been about serving others — whether it was Randall answering the bell at Bobo's, Goose watching over the catfish grill at Cumberland Springs or then, together, trading stories and finishing each other's sentences at the Squire House. The list of what

they've meant and given to our community is long, but the best gift they've given us is their friendship. And for that, we are grateful.

This holiday season, we're celebrating Randall and Goose as they retire from the Jack Daniel Distillery, but we're also celebrating those who enrich our days and make every moment together merry. We're celebrating you, our family, friends, coworkers and neighbors of Moore and its surrounding counties, the people in our lives who make life in Lynchburg something so special that folks from around the world come for just a glimpse and a taste of it.

Your presence in our lives is the greatest present of all. Happy Holidays to you and yours and a very Happy New Year.

FROM YOUR FRIENDS AT THE



www.t-g.com/sports Saturday, December 24, 2022

# Let the bowl games beg

# These five rate as the best on this season's schedule

talent.

positions.

interceptions.

grabs as well.

the ball at will.

conference.

Playoffs.

touchdowns.

account for.

2. Peach Bowl

championship

convincing fashion.

himself Heisman conversation hype

through his steady play and the Horned

Frogs certainly have a roster chalked full of

one of the most efficient teams in the land

through steady play, surgical precision

by his quarterback, and talent at the skill

and tossed 30 touchdowns against four

receivers, with Quentin Johnson being the

top man on the edge for the Horned Frogs.

five touchdowns, while Taye Barber and

Derius Davis combined for nine touchdown

the ground by Kendre Miller, who averaged

over six yards per carry to the tune of 1,342

yards and 17 rushing touchdowns, the

Horned Frogs are certainly able to move

is in order to win a conference title, you're

going to have to beat a team twice in a year,

which is a tough ask for any team in any

the best team in the nation in Michigan.

able to solve his Ohio State problem.

benefit of beating the Wolverines.

Their matchup will be among perhaps

For years, Jim Harbaugh hasn't been

It would be smooth sailing though the

BigTen slate until the big game against their

arch-rivals from Columbus, and more often

than not, it's been Ohio State getting the

Harbaugh claimed his first win over Ohio

win against the Buckeyes this season, firmly

securing a spot in the College Football

17 win against Illinois during the regular

season, but aside from that two-point win,

the Wolverines have won every game by

double figures, including a 45-23 win

against Ohio State and a 43-22 win over

Simply put, the Wolverines are one of

Running back Blake Corum has been

J.J. McCarthy has been the guy under

the driving force in the Wolverine offense,

rushing for over 1,400 yards and 18

season, completing 65% of his passes for

2,376 yards and 20 touchdowns and just

as TCU has plenty of ways to disperse the

offense among top-caliber players, which

Michigan's vaunted defense will have to

sophomore gunslinger to deliver a big game

in the semifinal matchup against TCU to

No. 4 Ohio State (11-1) vs. No. 1 Georgia

(13-0)

Saturday, Dec. 31, 7 p.m.

a beat after winning last year's national

against

For the past several years, Georgia has

While the offense hasn't been pretty

boasted the nation's top defense and the

to be scored once this season—the SEC

2022 season hasn't been any different.

been-there-done-that swagger.

Both Ohio State and Georgia have that

earn the right to play for a national title.

With no Corum, it will be on the

This is certainly an interesting matchup

Purdue in the BigTen championship.

nter for Michigan and turned

three interceptions—as a sophomore.

the most complete teams in the nation.

That all changed last year when

He followed up with another blowout

Michigan's closest call came in a 19-

But the thing about playing in the Big 12

Duggan threw for over 3,300 yards

He split his targets among three quality

He caught 53 passes for 903 yards and

Coupled with the balance provided on

First-year coach Sonny Dykes built

By CHRIS SIERS

sports@t-g.com

While the landscape of college football is in an ever-changing state, between NIL deals, transfer portals, realignment and expansion, one thing that hasn't changed is the fervor surrounding college football bowl games.

The bowl season has certainly lost a bit of its luster over the years, with players opting out for the NFL, the games have essentially become a glorified exhibition.

Still, there are a handful of bowls that draw the attention from the masses and this year is no exception.

With the Christmas and bowl season both in full swing, here are the top five bowl games fans shouldn't miss:



# Orange Bowl

No. 6 Tennessee (10-2) vs. No. 7 Clemson (11-2)

Friday, Dec. 30, 7 p.m.

One thing the college football world has come to expect over the past decade is the Clemson Tigers will have their say in how the national landscape shakes out.

Every year, the Tigers find themselves at the top of the preseason favorites to win the ACC and as one of the favorites to make the college football playoff.

That didn't quite play out for the Tigers as Clemson did win the ACC with a 39-10 blowout win over UNC, but losses to Notre Dame and in-state rival South Carolina kept Clemson from earning a playoff bid this

Their consolation prize? The right to fight Tennessee in the orangest Orange Bowl in history.

Come December 30, a flood of Clemson and Tennessee orange will flood Miami in one of the more intriguing college football matchups of the postseason.

What Josh Heupel has done in two years at Tennessee has been nothing short of remarkable, even more so considering the Jeremy Pruitt fallout, player transfers and loss in personnel.

That didn't stop the Vols from forging ahead to claiming the No. 1 ranking after beating Alabama in Knoxville this season.

Heupel's warp-speed offense delivered one of the most electric seasons for Tennessee in years.

With the emergence of receiver Jalin Hyatt and Hendon Hooker turning into the nation's premier gunslinging quarterback, it became a perfect storm for the Vols to play spoiler in the SEC.

That scenario never played out as Georgia soundly beat Tennessee in Athens this season, 27-13.

The biggest loss of the season came to unranked South Carolina who had its way with the Vols ina 25-point dominant showing.

During the loss to South Carolina, Hooker saw his season come to a close with a torn ACL.

Hooker on the sideline, quarterbacking responsibility went to Joe Milton, who is no stranger to the program.

Milton has been with the Vols for two seasons and is plenty familiar with Heupel's system.

While Tennessee enters the Orange Bowl without Hooker, Jalin Hyatt also will miss the bowl, having declared for the NFL

benched for Cade Clubnik, who in turned cranked out a 20-of-24 night for 279 yards and a touchdown.

He also added 30 yards on the ground

and a rushing touchdown.

There's no question both Tennessee and Clemson have earned the right to be in one of the nation's premier bowls.

And with the way Heupel has built Tennessee up in two years, there should be plenty of fireworks in Miami on Friday

### 4. Sugar Bowl No. 5 Alabama (10-2) vs. No. 11 Kansas

championship

**State (10-3)** 

Saturday, Dec. 31, 11 a.m. It's not often there's a national

conversation

without

Both teams have climbed the ranks and draft. have won national championships in the Like Tennessee, the Clemson Tigers will College Football Playoff era and for the 3. Fiesta Bowl be relying on a fresh face at quarterback. most part, both teams sat inside the top four During the ACC championship, Clemson teams throughout the entirety of the regular No. 3 TCU (12-1) vs. No. 2 Michigan starting quarterback D.J. Uiagalelei was (13-0)Georgia looks like it hasn't missed

> year for Jim Harbaugh to finally win a championship with his alma mater? There's tons of intrigue surrounding this

> game for both TCU and Michigan. For years, the Big 12 has been an

Since the implementation, the general consensus has been that if it's not Oklahoma, the Big 12 shouldn't be considered.

But TCU built a perfect record in the regular season and climbed to No. 3 in the CFP poll—certainly warranting a

conversation to be had. Duggan earned Quarterback Max

Alabama in the mix.

But, the Tide managed to drop two games this year to Tennessee, on a lastsecond field goal in Knoxville, and to LSU in overtime on a two-point conversion.

A combined four points kept Alabama out of the four-team college football playoff.

Even with the two losses, there was still plenty of conversation for Alabama to make its way into the playoff after both TCU and USC, who were ranked No. 3 and No. 4 at the time, lost in their conference championship games.

Instead, Alabama found itself sitting at No. 5, on the outside looking in.

With the Sugar Bowl essentially being a glorified exhibition, and with the talentloaded roster Alabama features, there should be plenty of opt-outs, right? Not so much.

Heisman winner Bryce Young and presumed No. 1 NFL draft pick Will Anderson have both stated they will play in the Sugar Bowl.

Alabama's biggest stars, like 2021

Good news for college football fans, bad

news for the Kansas State Wildcats. Kansas State earned its bid for the Sugar Bowl after upending TCU in the Big 12

conference championship game. Kansas State has very quietly put together a respectable record this season, suffering losses to just Texas, TCU in the regular season and an early-season loss to Tulane—all three of which will be playing in bowl games this season.

The Wildcat's aren't flashy and aren't a team to turn a game into a track meet, but rather the type to lean on a solid defense and a stingy offense that plays clock control.

The Wildcats had to deal with their own adversity this year when quarterback Adrian Martinez went down with an injury, forcing coach Chris Klieman to lean on Will Anderson.

quarterbacks feature completely different skill sets, with Howard being more of a pocket passer.

Again, Anderson isn't the most flashy of quarterbacks, but protects the ball well.

He's completed 61.6% of his passes this season for 1,423 yards and has 15 touchdowns against two interceptions.

For several seasons now, Kansas State running back Deuce Vaughn has found himself among the best in the Big 12. This season, he's rushed for over 1,400 yards and has scored eight touchdowns.

The balance and clock control game will be Kansas State's biggest asset.

How well will the Big 12 champs stack up against the nation's premier college football program, who will be at full strength for the Sugar Bowl?

Tune in on New Year's Eve at 11 a.m. to find out.



Saturday, Dec. 31, 3 p.m. Is TCU worthy to play among the elite

programs of college football? Is this the

at times, what has been clicking without afterthought in the landscape of college pause was the defensive effort. football and how the playoff race will shake The Bulldogs allowed only 30 points

> And even that game ended up being a 20-point blowout in favor of Georgia. Kirby Smart certainly has a winning

Championship game against LSU.

chasing the Bulldogs right now. Georgia quarterback Stetson Bennett finished fourth in the Heisman voting this

recipe and for the time being, it's everyone

season, but is certainly capable of leading the Bulldogs to another title. Bennett has thrown for over 3,400 yards

and completed nearly 68% of his passes, with 20 touchdowns and six interceptions this season. Kenny McIntosh has been the top back

for the Bulldogs, rushing for 10 touchdowns and over 700 yards. Again, nothing super flashy, but with a

historically great defense, it's been more than enough to lead Georgia to a 13-0 record heading into bowl season. On the flip side, C.J. Stroud has led the Buckeyes with eye-popping statistics,

completing over 66% of his passes for

3,340 yards and 37 touchdowns against just six interceptions. Miyah Williams has lead a balanced backfield with 817 rushing yards and 13 touchdowns, while Marvin Harrison Jr. Emeka Egbuka both eclipsed 1,000

receiving yards. The pair also combined for 21 receiving touchdowns this season.

While Ohio State has been extremely flashy on offense, facing Michigan, one of the top defenses in the nation, it was tough for the Buckeyes to maintain that video game-caliber of offense.

They will face another stellar defense in the second playoff semifinal in Georgia. Should it have been Alabama in the

playoffs instead of Ohio State? Maybe, maybe not. What's for certain is the Peach Bowl will pit one of the nation's best offenses against

one of the nation's best defenses. What happens when you get an unstoppable force against an immovable

Check this game out on New Year's Eve.



# 1. Reliaquest Bowl

No. 24 Mississippi State (8-4) vs. Illinois (8-4)

Monday, Jan. 2, 11 a.m.

The biggest bowl to look forward to has to be the national championship, right?

For years and years, Mike Leach, known as the Pirate, left his imprint all over college football, with his air-raid style of offense and how it's transformed the game into a high-octane, score as much as possible style game.

Leach suffered a heart attack at his home on December 11 and passed away the next day from complications stemming from his

Just how much of an impact did Leach have on college football? A quick glance at his disciples and their current posts reflects what he's done for the game: Dave Aranda (Baylor), Neal Brown (WVU), Sonny Cumbie (Louisiana Tech), Sonny Dykes (TCU), Josh Heupel (Tennessee), Dana Holgorsen (Houston), Kliff Kingsbury (Arizona Cardinals), Seth Littrell (North Texas), Lincoln Riley (USC) and Ken Wilson (Nevada).

Everywhere you look, Leach's impact can be felt on the game.

Even with his untimely passing, Mississippi State will carry on and attempt to win one for their fallen coach.

No matter who it is, former coaches to current players, all loved Leach.

In 2022, the Bulldogs went 8-4 in a gauntlet of a SEC West schedule, with the only losses coming to LSU, Kentucky, Alabama and Georgia.

In true air raid form, quarterback Will Rogers had no issue piling up stats as the Mississippi State quarterback, tossing over 3,700 yards and completing over 68% of his passes. He threw 34 touchdown passes and had just six picks.

Their opponent, Illinois, also went 8-4 this season, but didn't produce near the stats Mississippi State did.

Quarterback Tommy DeVito completed nearly 70% of his passes, but tallied just shy of 2,400 yards and had just 15 touchdown passes and four interceptions.

With so much raw emotion fueling Mississippi State, this feels like one that everyone will be tuned in for the support of the Pirate.

And there's the top five bowls games to watch this holiday season. No matter who you're with or where you are, there are bowl games a-plenty to be enjoyed with friends and family this holiday season. Follow this list and you'll be treated to some of the best sporting gifts of the season.



With the NFL's latest media deal, NFL Sunday Ticket will be moving from DirecTV to Youtube TV beginning next season.

# NFL 'Sunday Ticket' headed to YouTube next season

By JOE REEDY

AP Sports Writer

Fans will have to Google it beginning next season if they want to access the NFL's "Sunday Ticket" package.

The NFL announced a multiyear agreement on Thursday for Google to distribute the package of out-of-market Sunday afternoon games on YouTube TV and YouTube Primetime Channels.

The NFL was seeking \$2.5 billion per season for the package, which has been on DirecTV since 1994. The satellite provider has paid \$1.5 billion per year on an eightyear contract that expires at the end of this

Commissioner Roger Goodell said during an interview with CNBC over the summer that the next move for "Sunday Ticket" would be to a streaming service because that would be the best option for

Goodell reiterated that with Thursday's

announcement. "For a number of years we have been

focused on increased digital distribution of our games and this partnership is yet another example of us looking towards the future and building the next generation of NFL fans," he said in a statement. It is the second time in less than two

years that the NFL has partnered with a streaming service to air games. The league's 11-year contract with Amazon Prime Video for Thursday night games started this season.

Besides Amazon, Apple and ESPN also expressed interest in "NFL Sunday Ticket."

"As the ways fans enjoy NFL football evolve in a changing media landscape, partnerships with innovators like YouTube will ensure that more games are available to more fans," said New England Patriots owner Robert Kraft, who is also chairman of the NFL's media committee. "This partnership will grow our game for future generations and allow them to follow their favorite sport."

The NFL has had a presence on YouTube since 2015, when it launched its official NFL channel. That has increased to include channels for all 32 teams and 10 official league channels, including NFL Films, NFL Network and Mundo NFL.

NFL Network and NFL RedZone have been available to subscribers of YouTube TV since 2020.

"Through this expanded partnership with the NFL, viewers will now also be able to experience the game they love in compelling and innovative ways through YouTube TV or YouTube Primetime Channels," YouTube CEO Susan Wojcicki said in a statement. "We're excited to continue our work with the NFL to make YouTube a great place for sports lovers

Starting next season, "NFL Sunday Ticket" will be available as an add-on package on YouTube TV and standalone a la carte on YouTube Primetime Channels.

Google said in June that YouTube TV, which was launched in 2017, had surpassed 5 million accounts and was the biggest internet-based pay TV service in the

U.S. That number includes users on free promotional trials.

YouTube Primetime Channels, which launched in November, is a service that allows users to subscribe and watch content from streaming services on the YouTube

Even with "Sunday Ticket" moving to YouTube, the price is not expected to substantially decrease due to contracts with CBS and Fox, which carry the Sunday

afternoon games. Viewers pay around \$300-\$400 a season for the package, which averages 2 million

subscribers. The league also said it would work with YouTube to determine additional ways to support distribution of "Sunday Ticket" in commercial establishments.

Earlier this year, Amazon reached an agreement with DirecTV to make sure Thursday night games were available in bars and restaurants.

# NIL casts cloud over college early signing period

By RALPH D. RUSSO AP College Football Writer

The early signing period for college football opened Wednesday and in many ways it looked the same as usual.

There were surprising last-minute flips by bluechip recruits, pick-a-hat commitment ceremonies held at high schools across the country and Alabama signing the nation's toprated class.

Hanging over it all, though, was the impossible to quantify but hard to ignore influence of NIL money impacting players' decisions. This was second signing

class since the NCAA lifted a ban on college athletes being able to earn money for the use of their names, images and likenesses. There still there are no clearly defined, detailed and uniform rules regulating how third parties can pay

"I think there's major concerns with what's going on in college football," said Penn State coach James Franklin, who emphasized he supports athletes being able to cash in on NIL opportunities. "Right now, there's really no guardrails. There's not a whole lot of guidance, and there's not a whole of governance."

Penn State has a recruiting class ranked in the top 15 in the country, according to 247 Sports' composite rankings.

It is still against NCAA rules to use NIL payments as a recruiting inducement or offer pay-for-play deals. But with money and NIL deals flowing to athletes through booster-funded collectives, it seems nearly impossible for the NCAA to enforce those rules. "We all want something

if we can get it" said new Nebraska coach Rhule, who returned to the college game after three years in the NFL. "You can see (NIL is) being misused and mishandled in a lot of While coaches complain

about bad actors, nobody names names and NIL is conversation. coaches like it or not.

now part of the recruiting whether "The reality is this day and age you have to make decisions on how you're

going to handle this,"

Southern California coach

Lincoln Riley said.

Riley said he believed USC lost recruits to other schools because of NIL deals, but he added that "everybody did."

Notre Dame coach Marcus Freeman said of NIL deals: "If that's the only reason they want to come to Notre Dame, we're not going to be the right place for them." The Fighting Irish were

on the short end of two surprising flips pulled off by Oregon. The Ducks received

commitments from fivestar defensive back Peyton Bowen of Texas and fourstar running back Jayden Limar from Washington. Both had been committed verbally — and very much nonbinding — to Notre Dame. Oregon coach Dan

Lanning and his staff also flipped four-star defensive back Daylen Austin from an LSU pledge and fourstar quarterback Austin Novosad from a Baylor commitment.

"I think it's great to be in a place where you can

be innovative and ahead

of the curve, but I think

anybody that really knows

college football right now

knows there's a lot more to recruiting than NIL," Lanning said. "Nobody picks the place just because of those factors ... it goes back to relationships."

Oregon also signed fivestar Matayo Uiagalelei, who picked the Ducks over Ohio State and Southern California. The California linebacker is the brother of former Clemson quarterback D.J. Uiagalelei. The Ducks secured the

top-rated class in the Pac-12 — and top 10 in the nation - despite losing out on five-star quarterback Dante Moore earlier in the week. Moore, from Michigan, was a late flip to UCLA.

Not every coach is leaning into NIL.

"We built this program on NIL. We really did," Clemson coach Dabo Swinney said. "It's probably different than what you're thinking, though. We built this program on God's name, image and likeness."

Tide on top NIL might be changing

but

leaderboard of best classes

Crimson

the

Tide

recruiting,

looks familiar.

five-star defensive linemen, Qua Russaw and James Smith, from the same Montgomery high school to lock up a class that will challenge the 2022 Texas A&M signing class for the highest score ever generated by the 247 composite.

Alabama also pulled off a late flip, getting five-star offensive lineman Kadyn Proctor from Iowa to renege on a longtime commitment to the Hawkeyes. At a signing ceremony

at his high school, Proctor told reporters he felt as if he was settling with Iowa and that NIL deals were not the deciding factor. "It's not about the

money because if people knew about the money situation, they wouldn't be talking about it," Proctor said, according to the Moines Register. Des "But I wanted to go play football at a prestigious school. (There's) a lot of competition down there and ultimately it's going to make me better."

two offensive tackles in Francis Okunlola. There is more recruiting left to be done. What used to be the traditional signing

the (NFL) draft. Dominate," Cristobal said. "Signing day during the first week of days result in better draft February has now become

secondary, with a few blue-chippers still on the board and the majority of scholarships already filled.

But Alabama can be declared the recruiting champions for the 10th time in the last 13 years.

# Like a Hurricane

Mario Cristobal's first season as Miami's coach was a 5-7 dud, filled with ugly losses. That had no effect on

the Hurricanes' first signing class with Cristobal having had a full year to recruit. If this is a glimpse of what's to come, the U. might be Miami's class slides in behind Alabama and

Georgia in the top five. It is also right there with Texas, which landed quarterback and No. 1 overall recruit Arch Manning, the nephew of Peyton and Eli Manning. Cristobal, the former Miami offensive linemen,

Mauigoa and Samson "Miami used to dominate

five-star

# Titans sign 3rd QB with Tannehill nursing ankle

AP Pro Football Writer

NASHVILLE — The Tennessee Titans appear set to find out just how much rookie quarterback Malik Willis has grown since his previous NFL start.

With veteran Ryan Tannehill one of 17 Titans on their lengthy injury report, they also may wind up learning if the rookie can help extend their streak as AFC South champs.

Tannehill, who needed a walking boot after first spraining his right ankle Oct. 23, proved his toughness by taping up that same ankle yet again after being carted to the locker room last week and returning to finish the game. He said after the loss to the Chargers the pain he felt was at the "top reading

on the pain scale." The veteran missed both a second straight practice Wednesday and his regular session with reporters.

The Titans (7-7) signed Joshua Dobbs off the Detroit practice squad Wednesday, giving them a fourth quarterback with Kevin Hogan on the practice squad. Coach Mike Vrabel said Dobbs gives the Titans a chance to strengthen and add depth to the quarterback position.

"Obviously, with what Ryan in his situation, we'll still monitor that and try to make sure that he's doing everything he can to try to get to the game," Vrabel said. "And if not, that we have guys in here that can they'll be able to help us and develop in our system."

The Titans' lead atop the division they've won the past two seasons has dwindled to one with a fourgame skid. They host the Houston Texans (1-12-1) on Saturday — the same team Willis made his first NFL start against Oct. 30 in a 17-



With rumors of Ryan Tannehill's season to be over due to a lingering ankle injury, the Titans have signed former Volunteer quarterback Josh Dobbs to

10 win against Houston.

That day, the third-round draft pick out of Liberty threw only one pass in the second half. Derrick Henry, the two-time NFL rushing champ, led the way, running for 219 yards and two touchdowns on 32 carries. The Titans finished with 314 yards rushing the second-best total in franchise history.

Willis also started a 20-17 overtime loss to the Chiefs in prime time in Kansas City. He came off the bench last week and was 3 of 4 for 20 yards while running once for 8 yards

while Tannehill got his ankle taped up. If he gets to start against a team he's already faced, Willis said it would be a "really cool opportunity."

"I mean, yeah, my first start was against them, but not too much though matters," Willis said. "It's a little bit in the past. It's about going out there and preparing for them this week. They've been playing hard games against these last few teams they've been playing and you just got to respect them."

Offensive coordinator Todd Downing said Willis, the 86th pick overall in April, has been growing weekly in his confidence and command of the huddle. Willis has been running the scout team all season as Tannehill's backup, and Downing said he's very pleased with the progress Willis has made.

The Titans likely will need Willis' mobility Saturday as they try to stay ahead of Jacksonville (6-8). Houston is last in the NFL defending the run, and Willis ran for 2,131 yards and 29 touchdowns combined between stints at Auburn and Liberty.

Willis says going against a Titans' defense has helped him grow. He also says they can't expect the Texans to defend them the same way as the previous game. Houston coach Lovie

Smith warns his Texans

"can't chase too many

ghosts" even as they know

the skillsets of both Willis and Dobbs. "Their offense goes through their tailback no matter who the quarterback

will be," Smith said.

### Notes

The Titans placed second-year offensive

lineman Dillon Radunz (knee) on injured reserve before practice, putting that list at 17. All five starting offensive linemen are on the injury report with LT Dennis Daley added Wednesday as limited by an abdominal injury. RG Nate Davis (ankle) and C Ben Jones (concussion) did not practice. LG Aaron Brewer (rib) and RT Nicholas Petit-Frere (ankle) both were limited. ... WR Treylon Burks (concussion protocol) practiced fully for a second straight day. DL Denico Autry, who has missed four games, practiced fully.

# Mayfield discovering more about Rams' culture

By DAN GREENSPAN

**Associated Press** 

THOUSAND OAKS, Calif. — Baker Mayfield is starting to get a sense of what his new Los Angeles teammates coaches are like on and off the field.

The Rams hope their late-season addition at quarterback can use that understanding to help produce a better outcome against the Denver Broncos

"There is such a unique element to it relative to the amount of moving parts around him and then just with how recently he's gotten here," coach Sean McVay said.

Mayfield completed 12 of 21 passes for 111 yards,

one touchdown and one interception in a 24-12 loss at Green Bay on Monday night, unable to duplicate

The top overall pick in the 2018 draft struggled to get through some route progressions or find his options, check-down something Mayfield took the blame for. He cited a lack of patience against the Cover 2 defense the Packers

"It's not about timing with guys and not having reps, it's just seeing what the defense is gonna give you and accepting that," he

McVay disagreed, saying there were parts of

the offense he might have assumed Mayfield already had a handle on in guiding the comeback win against the heroics he managed in Las Vegas on Dec. 8, two his Los Angeles debut 12 days after the Rams (4-10) claimed him off waivers.

> "It's why what he did was so unique against the Raiders, but I also think it creates a false sense of expectations just based on the nuances that that position entails week in and week out with the plethora of different things that you can kind of activate, and that's kind of where we're at," McVay said.

While he works on refining his understanding of the schematic and philosophical aspects of the offense, Mayfield is getting comfortable in the locker

He is already picking up the personalities of his makeshift wide receiving corps, a group that includes Brandon Powell, Tutu Atwell and Ben Skowronek.

"I think Brandon, he's like a pit bull. He's in there, he's ready to go, he's ready to hit somebody. Might not be the biggest guy, but he's gonna bring the punch to the party," Mayfield said.

"Tutu's always got a smile on his face and a toothpick in his mouth. Benny Sko, hilarious, like a bull in a china shop."

Mayfield is still getting to know the offensive line, but he has center Brian

Allen's dry wit down. "It's a great group, and it's been fun for the first couple of weeks," Mayfield

When it comes to McVay, Mayfield has quickly come to appreciate the meticulous nature of his new coach.

"I mean, it's special to watch how detailed he is and just getting to know him and how he wants to put guys in good positions, not to ask anybody to do something they're not capable of and just making sure he's putting guys in a great spot," Mayfield said.

Building camaraderie has always come naturally to Mayfield. He spent five months with Carolina this season but fit in so well that saying goodbye to his Panthers teammates was the most difficult part of asking

"We built such a strong bond in a short amount of time," Mayfield said. "Anytime you go through coaching changes like that midseason, it brings everybody closer together than you already were. I'm really thankful for those guys. ... It's tough, but everything happens for a reason."

# Notes

The Rams held a walkthrough Wednesday. CB David Long Jr. (groin) was estimated to have been a limited participant, while DT Aaron Donald (ankle), DT Marquise Copeland (ankle) and LB Travin Howard (hip) would have been held out.

# Cubs, Swanson finalize \$177 million, 7-year deal

By JAY COHEN AP Baseball Writer

CHICAGO — Growing up in Georgia, Dansby Swanson used to go over to his grandfather's house right after school. He would barge in and ask Herb Swanson to hit him some grounders.

over, Herb was watching a Chicago Cubs game on WGN. Dansby then would tease his pops about being Atlanta Braves fans. "He loved baseball so

Whenever Dansby came

much and all he ever wanted me to be is what I am doing now," Dansby Swanson What Swanson is doing

now is playing shortstop for the Cubs, after he finalized a \$177 million, seven-year contract on Wednesday. He began his career with his hometown Braves, helping his grandfather's favorite

team win the 2021 World Series. Swanson married Chicago Red Stars forward Mallory Pugh on Dec.

10, and Herb, 88, died the next day. Ten days later, Swanson had his grandfather on his mind as he pulled a No. 7 Cubs jersey over his shoulders, ready to begin the next part of his big league career.

"To be able to play for my grandfather's two favorite teams, it means literally like the world to me," Swanson said. important It's an

moment for the Cubs, too. The addition of Swanson is the biggest of three major moves by the team since the end of its second straight losing season. Right-hander Jameson Taillon signed a \$68 million, four-year contract, and 2019 NL MVP Cody Bellinger got a \$17.5 million, one-year deal.

With Swanson the fold, Nico Hoerner moves from shortstop to second base. Coupled with Bellinger in center, the Cubs should be one of the majors' best teams when

it comes to up-the-middle

defense.

"We kind of say like it's a race to 27 outs and whoever can get them the fastest usually wins the game," Swanson said. "So putting together the defense that we currently have is pretty, pretty special."

The 28-year-old coming off perhaps his best season, hitting .277 with 25 homers and a career-best 96 RBIs in 162 games for Atlanta. He made the NL All-Star team for the first time and won his first Gold Swanson's deal includes

a \$7 million signing bonus, full no-trade clause and a hotel suite on road trips. He will make \$13 million next year and \$25 million in 2024. After making \$27 million for three straight seasons, he will have a \$26 million salary in 2028 and make \$25 million in 2029.

and Xander Bogaerts. All four have found a new

Swanson was part of a stellar group of free agent shortstops that also included Trea Turner, Carlos Correa

"It was an odd process. It was odd not knowing truly where you would end up," Swanson said. "Just so thankful that

things worked out smoothly as they did." The connection between

the Cubs and Swanson was cemented by two key moments: a meeting in Atlanta when Swanson asked as many or possibly more questions than the Cubs, and a winter meetings phone call between Swanson and Cubs general manager Carter Hawkins, who played baseball with Swanson's brother when they were kids, and also is from Atlanta and played college ball at Vanderbilt.

you going to build a team

When it comes to the Atlanta meeting, President December. of Baseball Operations With

Jed Hoyer said it felt like Swanson was interviewing the team. of the NL East. He batted "It was very clear winning was the priority," .248 with 27 homers and Hoyer said. "How are 88 RBIs in 2021, helping

Chicago went 74-88 this year and finished third in the NL Central. But it went 40-31 in its last 71 games, and Hoyer and Hawkins sold Swanson on the organization's strong finish, its pitching and hitting infrastructure and its future — both in the minors and what it plans to spend on future additions. "The important goal is

winning. That's the only stat that matters," Swanson said. "And bringing that sort of philosophy is really, really important."

Swanson was selected by Arizona with the No. 1 overall pick in the 2015 amateur draft, but he

was traded to Atlanta in a multiplayer deal that Braves, Swanson became part of a young core that led the franchise back to the top

Atlanta to its first World

Series championship since

While Atlanta managed to sign a couple of its young stars to team-friendly, longterm deals, it was unable to do the same with Swanson. After the team was eliminated by Philadelphia in the NL Division Series, the Braves gave Swanson a \$19.65 million qualifying offer. But the Kennesaw, Georgia, native declined the proposal. That move put him on

the road to Chicago. "Just excited to get

going, and for what's ahead," Swanson said. Cubs finalized

their deal with Taillon on Monday. He will make \$14 million next year and \$18 million in each of the following three seasons. He can block trades to 10 teams and gets a hotel suite on road. The team can defer \$10

million of Taillon's 2026 salary if he has an elbow injury at the end of the 2025 season.



Jalen Hurts is expected to be sidelined for Saturday's game against Dallas.

AP Photo/Charles Rex Arbogast

# Hurts expected to be sidelined at Dallas

PHILADELPHIA (AP) — Philadelphia Eagles quarterback Jalen Hurts is not expected to play Saturday because of a sprained right shoulder, putting Gardner Minshew in line to start against the Dallas Cowboys.

Hurts was injured on a hard tackle during Sunday's win at Chicago. The Eagles have the best record in the NFL at 13-1 and would clinch the NFC East

title and the No. 1 seed in the conference with a win against the Cowboys.

"It's looking like it's going to be Gardner," Eagles coach Nick Sirianni said Thursday.

The 24-year-old Hurts said he grasped he was injured the moment he was tackled by defensive tackle Travis Gipson. He stayed in the game and went 7-of-10 passing for 110 yards —

and hit wide receiver A.J. Brown for a 68-yard reception.

"He's disappointed because he wants to play. He's the toughest guy I know," Sirianni said. "We have to do what's best as an organization to put him in a safe

Hurts has passed for 22 touchdowns and 3,472 yards, and he also has rushed for 747 yards and 13 touchdowns. His 35 total

touchdowns this season is tied for the franchise record set by Randall Cunningham in 1990.

"Jalen did everything he possibly could to get his body ready to go," Sirianni said. "At the end of the day, he's not going to be able to do it. He tried like crazy. I know he still wants to go. That's just the toughness. Jalen Hurts is the toughest player I've ever been around."

Hurts suffered an ankle injury and missed a game last season against the New York Jets. Minshew, a former starter with Jacksonville, was 20 of 25 for 242 yards and two touchdowns in a 33-18 victory on the road.

"Gardner is going to be our guy, Gardner will be ready," Sirianni said. "He's ready to go."

# Eagles lead the way with | Sanders, Hunter in Pro Bowl Games

By ROB MAADDI AP Pro Football Writer

The NFL-leading Philadelphia Eagles had a league-best eight players, including quarterback Jalen Hurts, selected for the first Pro Bowl Games.

The league announced rosters for the NFC and AFC on Wednesday. Players from both conferences will compete in weeklong skills competitions culminated with a flag football game on Sunday, February 5, at Allegiant Stadium in Las Vegas. The NFL eliminated its full-contact all-star game in September.

Kansas City and Dallas each had seven players chosen for the Games. San Francisco and Baltimore are next with six. Only two teams -Jacksonville and Chicago — aren't represented on the initial rosters.

Joining Hurts from the Eagles (13-1) are wide receiver A.J. Brown, running back Miles Sanders, right tackle Lane Johnson, center Jason Kelce, left guard Landon Dickerson, linebacker Haason Reddick and cornerback Darius Slay. Hurts, Sanders, Dickerson and Reddick are first-timers. It's Kelce's sixth, Slay's fifth and Johnson's fourth. Sanders and Reddick were selected as backups.

starting quarterback. Josh Allen and Joe Burrow are his backups. Kirk Cousins and Geno Smith are backing

Patrick Mahomes is the AFC's

Smith is a first-time pick in his 10th season in the NFL. He's the first quarterback since Rich Gannon (1999) to earn his first Pro Bowl

selection in Year 10 or later of his

Trent Williams, the 49ers' left tackle, was chosen for the 10th time. Aaron Donald became the first defensive lineman to make the Pro Bowl in each of his first nine seasons.

He's the only representative from the defending Super Bowl champion Los

Angels Rams (4-10). Miami's Tyreek Hill was selected to his seventh consecutive Pro Bowl, joining A.J. Green as the only wide receivers to earn Pro Bowl honors in each of their first seven seasons.

Twenty-five of the 88 players selected are first-timers, including rookie cornerbacks Sauce Gardner of the New York Jets and Tariq Woolen of the Seattle Seahawks. It's the second time two rookie cornerbacks made the initial Pro Bowl roster. The first occurred in 1982 when Pro Football Hall of Famer Ronnie Lott and Everson Walls made it.

Saquon Barkley is the NFC's starting running back. Sanders and Dallas Cowboys running back Tony Pollard are the backups. Nick Chubb is the AFC's starting running back. Derrick Henry and Josh Jacobs back

The NFC's starting wideouts are Brown and Justin Jefferson. CeeDee Lamb and Terry McLaurin also made the squad. The AFC's starting receivers are Hill and Stefon Diggs.

Davante Adams and Ja'Marr Chase also made the roster.

George Kittle starts at tight end

for the NFC and T.J. Hockenson made the team after a midseason trade from Detroit to Minnesota. AFC starting tight end Travis

Kelce made the team for the eighth time. Mark Andrews backs him up. The roster selections were

determined by the consensus votes of fans, players and coaches.

Each group's vote counted onethird toward determining the teams. The NFL is the only sports league that combines voting by fans,

coaches and players to determine its all-stars. It was also the first professional sports league to offer online all-star voting in 1995. Peyton Manning will coach the AFC team while Eli Manning guides

the NFC. Ray Lewis serves as the

defensive coordinator for the AFC.

DeMarcus Ware handles the role for the NFC.

International Flag football stars Vanita Krouch and Diana Flores were named as offensive coordinators.

The AFC and NFC will start off with five skills competitions on Feb. 2. On Sunday, there will be three flag football games and three additional skills competitions between the two conferences.

The winner of each skills competition earns three points for his conference. There are eight total skills competitions worth a total of 24 available points.

The winner of each of the first two flag games earns six points for his conference. The first two flag games are worth a total of 12 available

Points from the eight skills competitions and first two flag games are added together and that will be the score at the beginning of the third and final flag game. The third flag game will determine the overall winner of the Pro Bowl Games. The flag games will feature a

traditional AFC vs. NFC matchup with 27 skill position players available from the full roster for each conference. Each team will also have one

center available on their roster. The game will be played 7 on 7. Each game will be 20 minutes in

length, with two, 10-minute halves on a 50-yard field with two 10-yard end zones.

Touchdowns are worth six points. There are two different options for post-touchdown conversions: 1-point conversion from the 3-yard line and 2-point conversion from the

10-yard line. Safeties and returned

1- or 2-point conversion attempts are

worth 2 points.

# **following Prime** to Colorado

**ASSOCIATED PRESS** 

Deion Sanders' quarterback and top recruit at Jackson

State are following Coach Prime to Colorado. Quarterback Shedeur Sanders, Deion's son, was among Colorado's first class of signees Wednesday with its new

Later Wednesday, cornerback Travis Hunter announced on his YouTube channel that he, too, would be transferring

to the Buffaloes. "I committed to Coach Prime at Jackson State when he was there, and I want to honor my commitment and stay with him," Hunter said. "I've got to stay with my dawg."

Hunter was one of the highest rated recruits in the Class of 2022. His signing with FCS Jackson State, flipping from a verbal commitment to Florida State, was an unprecedented move. No five-star recruit had ever signed with an FCS school out of high school.

Deion Sanders spent three seasons at Jackson State, winning two Southwestern Athletic Conference titles. He was hired by Colorado earlier this month and in his first meeting wit his new team, he told the players he planned to

bring some of his Jackson State players to Boulder. "I'm bringing my luggage with me, and it's Louis (Vuitton),' Sanders said.

Shedeur Sanders passed for 3,752 yards and 40 touchdowns for Jackson State (12-1) this season.

Hunter played eight games at both cornerback and receiver. He intercepted two passes on defense and caught 18 passes, including four for touchdowns, on offense.

Colorado also announced the signing of Jackson State transfer Tyler Brown, an offensive tackle and third-team FCS All-American. Colorado, coming off a 1-11 season, signed 16 recruits

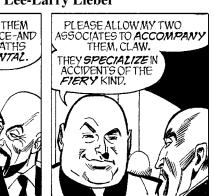
from high school and junior college on Wednesday.

Most notably, the Buffs signed running back Dylan Edwards, a four-star recruit from Kansas who was previously verbally committed to Notre Dame, and receiver Adam Hopkins, a four-star from Georgia who was committed to Auburn.



## THE AMAZING SPIDER MAN ® by Stan Lee-Larry Lieber



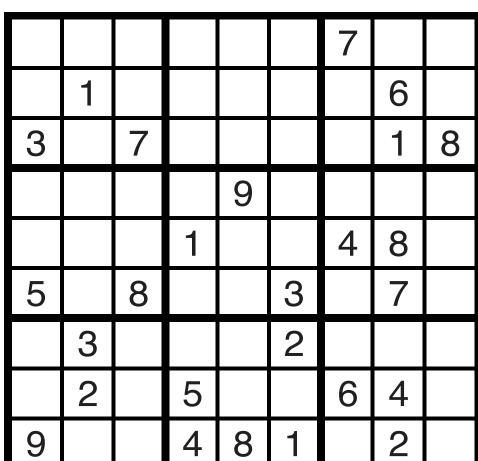






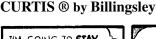






Level: Advanced

# THATABABY® by Paul Trap







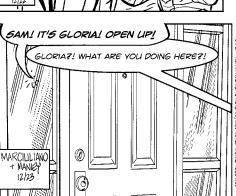




# JUDGE PARKER ® by Marciuliano-Manley













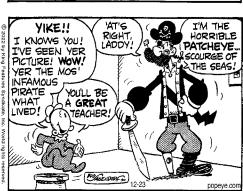
# POPEYE ® by Bud Sagendorft



















ARE YOU FEELING THE

SPIRITUAL CONNECTION

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Determine the code to reveal the answer!

Solve the code to discover words related to cold and flu.

Each number corresponds to a letter. (Hint: 9 = F)

9 17 A. 10 **12** 9 Clue: Nose issue

**19 26** В. **15** 

**26** 25

Clue: Expels mucous

Clue: Congested

D.

Clue: High body temperature

# Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

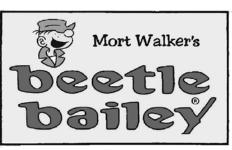
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**ANSWER:** 

Answers: A. sniffles B. cough C. stuffy D. fever

Saturday, December 24, 2022 **6B** Shelbyville Times-Gazette

# SHELBYVILLE TAZETTE













































Rick Kirkman & Jerry Scott

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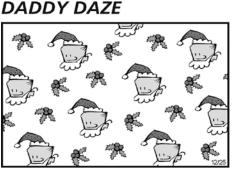
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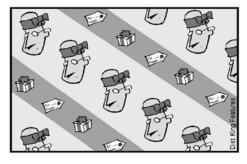


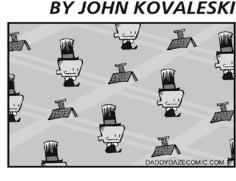
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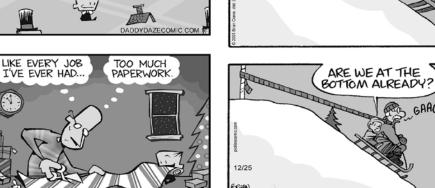
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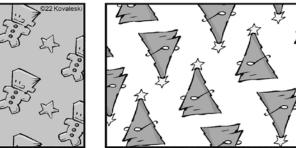
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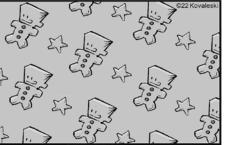












Shelbyville Times-Gazette













Saturday, December 24, 2022 7B



I THINK ALWAYS KNEW WE'D FIND

I STILL CAN'T BELIEVE WE'RE REALLY HERE!

I GUESS

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BUT

DARLING, WE'VE

and

Ьy BRIAN and GREG

WELL, WHAT KIND

OF TREAT DID4OU

LEAVE FOR SANTA?







THE CALM

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CAN WE

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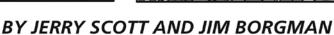














FLAMIN'

HOT











"I KNOW THAT'S WHAT I GAVE MY WIFE LAST YEAR, BUT SHE RETURNED IT.





"BE CAREFUL NOT TO LOOK DIRECTLY AT WHAT WE OWE."



SLYLOCK FOX

Slylock Fox argued that there are that there are overcharges on his and Max Mouse's breakfast check. Slick Smitty produced a menu with prices to prove Slylock was mistaken. What did Slylock notice that led him to suspect Slick Smitty was using a phony menu to pull a scam?

Solution – The name of the dines on Slick Smitty's dines on Slick Smitty's Presents the phony select the property of the complete of the property of the complete overchanges.

**HOW TO DRAW** a parrot



Submit your drawing to www.slylockfox.com

YOUR DRAWING Approximately how many miles of blood vessels does an adult human body have? artist

WELCOME HOME, SANTA!! **a)** 100 miles **b)** 3,000 miles c) 25,000 miles d) 40,000 miles e) 100,000 miles NEW! Slylock Fox: Spot the Six Differences book is here! Available at www.slylockfox.com (9 -- 19werA

BY BOB WEBER JR.

, SANTA!!

Spot six differences between these panels.

WELCOME HOME



DANCES AT ONCE."

# Scaling Back



# 5 ways to manage your weight

AMILY FEATURES

FAMILY FEATURES

or many people who wish to work toward a healthier weight, one of the greatest obstacles is

figuring out where to begin.

These tips from SlimFast consultant and registered dietitian Maryann Walsh show it doesn't take a drastic lifestyle overhaul to make an impact.

# Eat Mindfully

Many people who struggle with their weight benefit from being more conscious about what they're eating and why. For example, consider your eating habits, such as eating even when you're not hungry whether that's because it's mealtime and you think you should eat, you're satisfying a craving or using a tasty snack to cope with stress.

Recognizing why you're eating is an important step toward correcting destructive eating patterns, but so is paying attention to the other details of the eating experience, including what you eat and how it makes you feel. Ultimately, this may allow you to choose healthier foods that nourish

your body for the long-term, rather than the brief satisfaction that comes with less nutritious choices.

# Consider Intermittent Fasting

One weight-loss method many people find success using is intermittent fasting, which involves abstaining from all food and beverages for a specified time period each day or week. While going too long without food can sometimes lead to excess hunger then overeating later, in shorter, controlled fasting timeframes one can often more easily achieve a caloric deficit, which is required for weight loss.

Prepare for your fasting phase by choosing foods that support satiety. Options like SlimFast's Intermittent Fasting line of meal bars and protein shakes can help avoid a sense of deprivation with tasty flavors like the Vanilla Cupcake Snack Shake Mix and Vanilla Almond Crunch Complete Meal Bar. The shake mixes deliver 15 grams of slow-digesting protein, compared to whey protein, to help curb hunger, along with more than

20 vitamins and minerals. The meal bars clock in with 15 grams of protein and 10 grams of fiber.

# M C

Manage Stress

When you're stressed, your body produces cortisol, which also raises insulin and can drive hunger and trigger cravings for comfort foods. In fact, that's the very reason people tend to overeat when they're under pressure. Light exercise and meditative practices can help you manage your mental strain. You might also consider talk therapy with a friend or professional or spend time unwinding with a book or music.

# Get Proper Sleep

Poor sleep habits affect your weight in numerous ways. One is that when you're feeling tired, your hunger and satiety hormones, ghrelin and leptin, can be affected, leading to an increase in caloric intake and subsequent weight gain. Additionally, when you're tired, you're more likely to take shortcuts like skipping workouts or opting for unhealthy convenience

foods. All are reasons to make better rest a bigger priority.

# Track Eating and Exercise

When you're not paying attention to what you eat and how you move, you may not even realize how your habits are affecting your health. Logging what you eat, especially if you use a tool like an app that helps you see the nutrition breakdown, may give you a

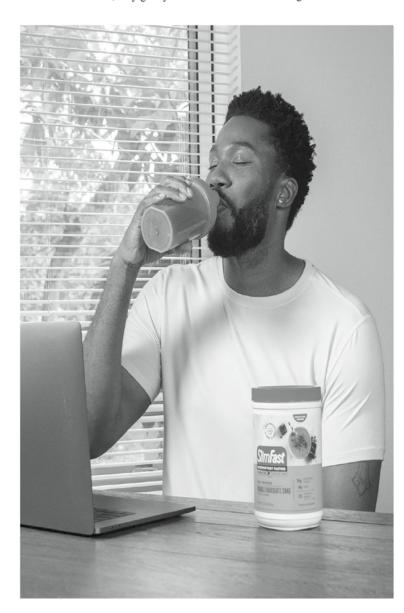
clearer idea of the quality and quantity of your intake. Similarly, when you're specifically writing down the time you're committing to physical activity, you'll find it easier to identify patterns and pinpoint where you can make adjustments to increase your exercise.

Visit SlimFast.com to find more resources on weight management and intermittent fasting.

# 3 Tips for Intermittent Fasting

If you're new to the idea of intermittent fasting, these tips can help you find greater success so you can see results.

- Pace yourself. Make a gradual transition so your body gets used to going without food for shorter periods of time before you work up to extended fasting periods.
- 2. Stay hydrated. Avoid confusing thirst for hunger by upping your fluid intake. Staying hydrated and energized while you fast helps keep fatigue and brain fog at bay. Options like
- fruit-flavored SlimFast Intermittent Fasting
  Energizing Hydration Supplement Drink Mix
  won't break your fast and can help you add
  variety as a flavorful alternative to water. They
  can provide the energy and focus you need
  between meals and are perfect for those who feel
  groggy or run-down while fasting.
- 3. Set goals. Know what you want to achieve and why, so your "why" can keep motivating you to follow your intermittent fasting plan even when you're tempted to quit.



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adjourned

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Curt M. Cobb

Clerk & Master

Trisha L. Henegar

that on December 14 of

2022, Letters of Admin-

istration in respect of

the estate of Sherry

Kucharski who died

9/5/2022 were issued

to the undersigned by

Chancery Court of Bed-

ford County, Tennes-

dent and non-resident,

having claims, matured

or unmatured, against

the estate are required

to file the same with

the Clerk of the above

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sixty (60) days before

date that is four (4)

months from the date of

the first publication (or

posting); or (B) Sixty

(60) days from the date

the creditor received an

actual copy of the no-

tice to creditors, if the

copy of the notice less

than sixty (60) days

prior to the date that is

four (4) months from

the date of the first

publication (or posting)

as described in (1)(A);

(12)

(2) Twelve

Date: 12/14/2022

Joe M. Lambert Jr.

(December 24 & 31,

**MATERIALS** 

Project

TAP

Attorney

months from the dece-

Michael Kucharski

Executor

Curt M. Cobb

Clerk & Master

received

creditor

see.

Bedford County

All persons, resi-

Attorney



# About Us

Business Hours: Monday - Friday 1.m. to 4 p.m.

Address/Telephone/Fax/Email

Mailing: PO Box 380, Shelbyville, TN 37162 Office: 323 E Depot St., Shelbyville, TN 37160 Telephone: 931-684-1200 ext.104 Megan Kipker Fax: 931-684-3228 Email: classifieds@t-g.com Web: www.t-g.com

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immediately so corrections can be made. Never Used, Put Gasoline Estate Brand Washer &

# FOR SALE

Firewood For Sale 931-492-0322

**Seasoned Firewood** Household Heating, Camping, Bonfire, Cooking 931-607-5075

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Always buying old sporting goods & sports related items. sports cards, non sports cards collections wax boxes & cases 931-492-4304

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Delivering to racks, stores & post office. Two days a week. Apply in person 323 E Depot Street Shelbyville Times Gazette NO PHONE CALLS

**PLEASE** 

### **SERVICES**

Land Cleared Dozer Work 615-906-4103

# Public Notice

Bedford County Board of Education Study Session Thursday, January 5, 2023 at 6:00pm Central Office 500 Madison St. Shelbyville, TN 37160 (Dec. 24 & 27, 2022)

**STRICTIONS** 

LAWS.

REAL

AND

**NOTICE OF TRUSTEE'S** FORECLOSURE SALE Sale at public auction will be on January 10, 2023 at 11:00 a.m. local time at the usual and customary location at the Main Entrance, Bedford County Courthouse. Public Square, Shelbyville, TN 37160, pursuant to the Deed of Trust executed by Randolph Lee and Nancy L. Lee for the benefit of U.S. Bank National Association ND, dated July 13, 2009, of record in Book TD720. Page 784. Instrument Number 09004700, in the Register of Deeds Office for Bedford County, Tennessee, ("Deed Trust"), conducted James E. Albertelli, P.A. d/b/a ALAW, a Florida corporation duly authorized to conduct business in Tennessee, having been appointed Trustee, all of record in the Register of Deeds Office for Bedford County, Tennessee. Default in the performance of the covenants, terms, and conditions of said Deed of Trust has been made and the entire indebtedness has been declared due and payable. Party entitled to enforce the debt: U.S. Bank National Association Other Interested Parties: The hereinafter described real property located in Bedford County will be sold to the highest call bidder subject to all unpaid taxes, prior liens and encumbrances record: THE FOLLOWING DE-SCRIBED REAL ESTATE LYING AND BEING IN THE SECOND (2ND) CIV-IL DISTRICT OF BED-COUNTY, TEN-FORD AND BEING NESSEE, MORE **PARTICULARLY** DESCRIBED AS FOL-LOWS: BEGINNING AT A STAKE IN THE NORTH

PROPERTY

LINE

DURR, THE SAME BEING

THE SOUTHWEST COR-

NER OF THIS TRACT:

THENCE WITH THE LINE

OF G. M. WIX NORTH 10

OF

DEGREES 45 MINUTES POSE The title is believed

WEST 700 FEET TO A to be good, but the under-THE SAME BEsigned will sell and convev THE NORTHWEST ING only as Trustee. The right CORNER OF THIS is reserved to adjourn the TRACT AND THE sale to another time cer-NORTHEAST CORNER tain or to another day. OF TRACT BELONGING time, and place certain, TO G. M. WIX. IN THE without further publication SOUTH LINE OF CROWE upon announcement on **THENCE** the day, time, and place of NORTH 72 DEGREES 30 sale set forth above or any MINUTES EAST ABOUT subsequent 120 FEET TO A STAKE: day, time, and place of THENCE SOUTH 88 DEsale. If you purchase the 45 MINUTES GREES property at the foreclosure EAST 360 FEET WITH sale, the entire purchase SOUTH LINE OF price is due and payable at CROWE TO A STAKE, the conclusion of the auc-BEING THE NORTHEAST tion in the form of a certi-CORNER OF THIS fied check made payable TRACT; THENCE LEAVto or endorsed to Albertelli ING THE SOUTH LINE Law Trust Account. No OF CROWE SOUTH 6 personal checks will be ac-DEGREES 45 MINUTES cepted. To this end, you 555 FEET TO A STAKE: must bring sufficient funds THENCE SOUTH 86 DEto outbid the Lender and 15 MINUTES any other bidders. Insuffi-WEST 40 FEET TO A cient funds will not be ac-STAKE: THENCE SOUTH cepted. Amounts received, 22 DEGREES 30 MINin excess of the winning UTES WEST ABOUT 200 bid, will be refunded to the FEET TO A STAKE, THE successful purchaser at SAME BEING THE the time the foreclosure CORNER SOUTHEAST deed is delivered. This THIS TRACT AND property is being sold with NORTHEAST CORthe express reservation NER OF A FORTY (40) that the sale is subject to RIGHT-OF-WAY **FOOT** confirmation by the Lender I FADING SOUTHERLY or Trustee. This sale may TO UNION RIDGE ROAD; be rescinded by the Trus-THENCE NORTH 72 DEtee at any time. THIS IS MINUTES GREES 22 AN ATTEMPT TO COL-WEST ABOUT 190 FEET LECT A DEBT, AND ANY TO A STAKE; THENCE **INFORMATION** WESTERLY ABOUT 25 TAINED WILL BE USED FEET TO THE SOUTH-FOR THAT PURPOSE. EAST CORNER OF THE James E. Albertelli, P.A. G. M. WIX TRACT. AND d/b/a ALAW, Trustee 401 BEING THE SOUTH-Commerce Street, Suite WEST CORNER OF THIS 150 Nashville, TN 37219 TRACT, AND THE POINT PH: (615) 265-0835 FX: BEGINNING, CON-(615) 265-0836 File No.: TAINING BY FSTIMA-22-005199 A-4766926 TION ABOUT 5.5 ACRES, MORE OR LESS.SUB-JECT TO ALL EASE-MENTS. COVENANTS, CONDITIONS, RESERVA-TIONS, LEASES AND RE-

### NOTICE TO **CREDITORS** Estate of Joe Cobb Deceased

OF

(Dec. 10, 17, & 24, 2022)

RECORD, ALL LEGAL Notice is hereby given that on December 16 of HIGHWAYS, ALL RIGHTS 2022, Letters of Admin-OF WAY, ALL ZONING. BUILDING AND OTHER istration in respect of the estate of Joe Cobb **ORDINANCES** who died 10/13/2022 AND REGULATIONS, ALL RIGHTS OF TENANTS IN were issued to the undersigned by the Bed-POSSESSION, AND ALL ford County Chancery **ESTATE** TAXES Bedford Court ASSESSMENTS Tennessee NOT YET DUE AND PAY-County, All persons, resident ABLE.BEING THE SAME PROPERTY CONVEYED and non-resident, having claims, matured or BY DEED RECORDED IN unmatured, against the VOLUME 294, PAGE 834 estate are required to **BEDFORD** COUNTY, **TENNESSEE** file the same with the Clerk of the above RECORDS. Street Adnamed Court on or bedress: The street address of the property is believed fore the earlier of the dates prescribed in (1) to be 235 Union Ridge or (2) otherwise their Rd., Wartrace, TN 37183. claims will be forever but such address is not barred: (1) (A) Four (4) part of the legal descripmonths from the date of tion of the property. In the the first publication (or event of any discrepancy, posting, as the case the legal description herein may be) of this notice if shall control. Map/Parcel the creditor received an Number: 002073 00903 actual copy of this no-Current owner(s) of the tice to creditors at least property: Tracy Randall sixty (60) days before Lee a/k/a Tracy R. Lee This sale is subject to all date that is four (4) months from the date of matters shown on any applicable recorded Plat or the first publication (or posting); or (B) Sixty Plan; and unpaid taxes and assessments; any re-(60) days from the date the creditor received an strictive covenants, easeactual copy of the noments or setback lines that tice to creditors, if the may be applicable; rights creditor received the redemption, equity, statutory or otherwise, not copy of the notice less than sixty (60) days otherwise waived in the prior to the date that is Deed of trust, including four (4) months from right of redemption of any governmental the date of the first agency, state or federal; and any publication (or posting) as described in (1)(A); and all prior deeds of trust, (2) Twelve (12) liens, dues, assessments, months from the deceencumbrances, defects.

> Date: 12/16/2022 Linda King Smith &

dent's date of death.

adverse claims and other

matters that may take pri-

ority over the deed of Trust

upon which this foreclo-

sure sale is conducted or

are not extinguished by

this foreclosure sale. THE

WITHOUT ANY REPRE-

SENTATIONS OR WAR-

OR IMPLIED, RELATING

ENJOYMENT OR THE

LIKE AND FITNESS FOR

A GENERAL OR PAR-

TICULAR USE OR PUR-

TITLE,

KETABILITY OF

POSSESSION,

IS SOLD

EXPRESSED

MAR-

TITLE

QUIET

PROPERTY

RANTIES,

Angela Mannes Co-Executrix Curt M. Cobb

Clerk & Master Garrett D. Haynes

Attorney (December 24 & 31, 2022)

**NOTICE TO** CREDITORS Estate of

**Judy Comstock** 

### **Deceased** Notice is hereby given

that on December 9 of 2022, Letters of Administration in respect of the estate of Judy Comstock who died 10/22/2022 were issued to the undersigned by the Bedford County Chancery Court Bedford County, Tennessee. All persons, resident and nonresident, having claims, matured or unmatured. against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1)(A); or (2) Twelve (12) months from the decedent's date

Date: 12/9/2022

death.

Christopher Douglas Pegg Executor

> Curt M. Cobb Clerk & Master

Richard L. Dugger Attorney

(December 24 & 31, 2022)

### CREDITORS Estate of **Manuel Mack Motes** Deceased

Notice is hereby given

that on December 16 of

2022. Letters of Admin-

**NOTICE TO** 

istration in respect of the estate of Manuel Mack Motes who died NOTICE TO FURNISH-10/21/2022 were issued to the under-ERS OF LABOR AND signed by the Bedford TO: Curl Construction & County Chancery Court Bedford County, Excavating, LLC. City of All per-Shelbyville, TN Contract sons, resident and non-No: N/A, TDOT PIN(S) 121513.00 & 123115.00, resident, having claims, matured or unmatured. Federal TAP-9314(11) against the estate are 9314(12) State Project No. required to file the same with the Clerk of 02LPLM-F3-031 02LPLM-F3-032 - Phases the above named Court on or before the earlier 3 & 4 of Sidewalk Enof the dates prescribed hancements in Shelbyville, in (1) or (2) otherwise TN. The City of Shelbyville their claims will be foris preparing to make final ever barred: (1) (A) settlement with the con-Four (4) months from tractor for construction of the date of the first the above referenced propublication (or posting, ject. All persons wishing to as the case may be) of file claims pursuant to this notice if the creditor Section 54-5-122, T.C.A. received an actual copy for unpaid labor and/or of this notice to credimaterials must file the tors at least sixty (60) same with the City of Shelbyville, 201 N. Spring days before date that is four (4) months from Street, the date of the first 37160 publication (or posting); 1/31/2023.

or (B) Sixty (60) days

from the date the credi-

received the copy of

the notice less than six-

ty (60) days prior to the

date that is four (4)

months from the date of

the first publication (or

posting) as described in

(1)(A); or (2) Twelve

(12) months from the

Lynda M Hill

Administratrix

decedent's date

Date: 12/16/2022

death.

PUBLIC NOTICE tor received an actual The City of Shelbyville will copy of the notice to creditors, if the creditor be accepting sealed Re-

on or

quest for Qualifications for the following: Consultant Architectural/Engineering Profes-

Shelbyville,

(Dec. 24 & 31, 2022)

before

sional Services - Public Facilities Improvement Plan Details may be found on our website at www.shel-

byvilletn.org. Sealed RFQs must be received at the City of Shelbyville Purchasing Office, 201 N. Spring St., Shelbyville, TN

by 2:00 p.m. CST on

January

Tuesday,

ceived after the scheduled closing time for receipt of request for qualifications will be returned unopened.

2023. Any submittals re-

(Dec. 24 & 27, 2022)

(December 24 & 31, **PUBLIC NOTICE** 2022) The City of Shelbyville will be accepting sealed Re-NOTICE TO

quest for Qualifications for **CREDITORS** the following: Estate of Consultant Engineer/Land-**Sherry Kucharski** scape Architect Profes-Deceased sional Services - Tennis Notice is hereby given

Court/Pickle ball Court Expansion Project Details may be found on our website at www.shelbyvilletn.org. Sealed RFQs must be received at the City of Shelbyville Purchasing Office, 201 N. Spring St., Shelbyville, TN by 11:00 a.m. CST January Tuesday, 2023. Any submittals received after the scheduled closing time for receipt of request for qualifications will be returned unopened.

# **PUBLIC NOTICE**

(Dec. 24 & 27, 2022)

The City of Shelbyville will be accepting Applications for a Shelbyville Police Officer. Successful Applicants will be required to pass a background check, psychological, and drug/alcohol test prior to final consideration for position. Applicants must be minimum age of 21 years old.

This is a full-time position with a pay range for Certified Officers of \$45,230 up to \$53,551, with 5 years of relevant law enforcement experience. Non-certified starts at \$44 160

The City currently provides the following for full-time employees: 100% City paid individual

medical, dental & vision insurance benefits. longterm disability, life insurance, various paid leaves such as vacation, personal, sick, bereavement and holidays as well as City contributions to the 401k. Applications and complete job description may be picked up at City Hall during normal business hours or download from the City www.shelbyvilwebsite: letn.org. Applications must be returned to City Hall Administration office, 201 N. Spring Street Shelbyville, TN 37160 or emailed

The City of Shelbyville is a Drug Free Workplace and an Equal Opportunity Employer and does not discriminate with regard to race, color, sex, age, disability or national origin. Stacey Claxton Human Resources

to stacey.claxton@shelby-

villetn.org and will be ac-

cepted until position is

Generalist (Dec. 17, 20, 24, & 27,

# Bargains 2 Xbox Controllers

**Avon Deep Recovery** Creme New in Plastic, \$25 Avon Eye Lift Dual Eve System, \$15 3 Outdoor Citronella Basil & Thyme, 11 oz. Jar

Marble Print & Money Print

\$10 Each

\$7 for All 7 Ft. Lavender Wisteria Tree. In Box Planter \$175 or Best Offer Leggings, Aprx. 30 Pairs Like New, \$2 Each

Ivory Baker's Rack With Removable Cutting Board, Best Offer 2 Nebulizers 1 Used, 1 Only Been Used Twice. Make Offer

Headboard & Bed Rail Make Offer 931-735-0685 Crock Pot, \$50

Alabama Crock Pot, \$50 Air Fryer, \$60 Pressure Cooker, \$60 Pet Taxi, \$50 33" Wide, 32" Long 931-808-4460

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Model 201033

7500 Starting Watts

6000 Running Watts

Bought 1/4/2022

Receipt Included Plus Opened Box \$800, 931-580-9117 PlayStation 2, \$150

in Only Three Times to

Start (Last 9/5/2022)

10 Games, 2 Controllers Power Cable 931-607-9059

# Zelenskyy's surprise visit was months in the making By SEUNG MIN KIM

**Associated Press** WASHINGTON — The idea of a daring

wartime trip by Volodymyr Zelenskyy to Washington had percolated for some time before the surprise visit was revealed just hours ahead of the Ukrainian president's During an October summit in Zagreb,

House Speaker Nancy Pelosi discussed with her counterpart in the Ukrainian parliament the prospect of Zelenskyy addressing the U.S. Congress. Biden administration officials had similarly for months talked with Ukraine about a Zelenskyy visit to the White House, hoping for one before year's end to send an unmistakable signal of support ahead of a brutal winter that could deepen Russian President Vladimir Putin's

In previous calls, Zelenskyy had indicated to President Joe Biden and other senior officials that the United States was the first country he wanted to visit when the time was right for him to travel, according to a U.S. official with knowledge of the conversations. So in a Dec. 11 phone call between the two leaders, Biden reiterated the invitation.

This time, Zelenskyy told Biden, was the right time.

"I really wanted to come earlier. Mr. President knows about it, but I couldn't do it because the situation was so difficult," Zelenskyy said from the Oval Office on Wednesday. The trip could happen now, the Ukrainian leader said, because "we controlled the situation and ... first of all, because of your support."

The behind-the-scenes details of Zelenskyy's surprise visit to Washington were described by an aide to Pelosi, a U.S. official and a senior administration official, all of whom requested anonymity to describe planning for the secret trip. Once the wheels of planning started to roll, Zelenskyy's 10-hour visit — which packed in an Oval Office meeting with Biden, a joint news conference at the White House and an address to a largely supportive Congress — came together quickly.

After the two presidents discussed the trip on Dec. 11, the White House extended a formal invite on Dec. 14, according to the senior administration official. Zelenskyy accepted the invitation on Friday, and the visit was confirmed two days later, at which point White House officials notified Pelosi's office of the Ukrainian leader's travel plans.

"I'm delighted you were able to make the trip to be here," Biden told Zelenskyy on Wednesday. "It's an honor to be by your side in united defense against what is a brutal, brutal war being waged by Putin." What came about Wednesday was an

elaborately executed plan by U.S. and Ukrainian officials to swiftly and safely route Zelenskyy to Washington, his first known trip outside the country's borders since Russia's invasion in February.



Office: 931-684-1685 • Fax: 931-685-9047

2320 Hwy. 41 A South, Shelbyville,TN

dandroontractor.com

Saturday, December 24, 2022 SHELBYVILLE TIMES-GAZETTE



# Prioritize Heart Health with a Balanced Eating Plan

Prep time: 25 minutes

Cook time: 25 minutes

1/4 cup lemon juice

1 tablespoon olive oil

FAMILY FEATURES

o matter your motivations, it's never too late or too early to start focusing on your heart health, and taking steps now can make a big difference. Small changes, like following a healthier eating plan, can help you start down a path toward improved heart health.

One step you can take is following the DASH eating plan, which is a flexible and balanced way of eating that stands for Dietary Approaches to Stop Hypertension and was developed by the National Heart, Lung, and Blood Institute. Requiring no special foods, DASH provides daily and weekly nutritional goals to help lower two major risk factors for heart disease: high blood pressure and high LDL (bad) cholesterol.

Being more physically active, managing stress, getting quality sleep and not smoking combined with DASH can put you on a path toward a healthy heart for life.

Encouraging others to join you on your heart-health journey can also be rewarding. Research shows social support and personal networks make it more likely you'll stick to healthy habits like eating healthy.

Sharing heart-healthy recipes with family and friends is an added bonus, and these DASHfriendly meals can help you take the guesswork out of putting nutritious dinners on the table. Greek-Style Flank Steaks with Tangy Yogurt Sauce offer the bold flavors of the Mediterranean while Teriyaki-Glazed Salmon with Stir-Fried Vegetables is as easy to make as it is colorful. For a complementary combination of pork and sweet fruit flavor, these Baked Pork Chops with Apple Cranberry Sauce are perfect to serve alongside brown rice or steamed broccoli. Learn more about heart health and find DASH-friendly recipes at nhlbi.nih.gov/DASH.

### 2 teaspoons fresh oregano, rinsed, dried and chopped 1 tablespoon garlic, minced (2-3 cloves) 1 beef flank steak (12 ounces)

Servings: 4

Marinade:

**Yogurt Sauce:** 1 cup cucumber, peeled, seeded and chopped

**Greek-Style Flank Steak with Tangy Yogurt Sauce** 

Recipe courtesy of the National Heart, Lung, and Blood Institute

- 1 cup nonfat plain yogurt
- 2 tablespoons lemon juice
- 1 tablespoon fresh dill, rinsed, dried and chopped
- 1 tablespoon garlic, minced (2-3 cloves)

1/2 teaspoon salt

To make marinade: In large bowl, combine lemon juice, olive oil, oregano and garlic.

Lay steak in flat container with sides and pour marinade over steak. Marinate at least 20 minutes, or up to 24 hours, turning several times.

To make yogurt sauce: Combine cucumber, yogurt, lemon juice, dill, garlic and salt. Set yogurt sauce aside at least 15 minutes to blend flavors. Sauce can be prepared up to 1 hour in advance and refrigerated.

Preheat broiler to high with rack 3 inches

from heat source Broil steak about 10 minutes on each side to minimum internal temperature of 145 F.

Let cool 5 minutes before carving Slice thinly across grain into 12 slices. Serve three slices with 1/2 cup yogurt

Tip: Serve in sandwich with pita bread, lettuce and tomato.

# Teriyaki-Glazed Salmon with **Stir-Fried Vegetables**

Recipe courtesy of the National Heart, Lung, and Blood Institute Prep time: 20 minutes Cook time: 15 minutes Servings: 4

# Salmon:

- 2 tablespoons light teriyaki sauce
- 1/4 cup mirin or sweet rice wine
- tablespoons rice vinegar tablespoons scallions, rinsed
- 1 1/2 tablespoons ginger, minced

and minced

12 ounces salmon fillets, cut into four portions (3 ounces each)

# **Vegetables:**

- 1 bag (12 ounces) frozen vegetables stir-fry
- 1/2 tablespoon peanut oil or vegetable oil
- tablespoon garlic, minced (about 1 clove)

- 1 tablespoon ginger, minced
- tablespoon scallions, rinsed and minced
- 1 tablespoon light soy sauce

Preheat oven to 350 F.

To prepare salmon: Mix teriyaki sauce, mirin, rice vinegar, scallions and ginger well. Pour over salmon and marinate 10-15 minutes.

Remove salmon from marinade.

Place salmon on baking sheet. Bake 10-15 minutes, or until fish flakes easily with fork in thickest part and reaches minimum internal temperature of 145 F.

To prepare vegetables: Thaw frozen vegetables in microwave or place bag in bowl of hot water about 10 minutes. In large wok or saute pan, heat oil. Add garlic, ginger and scallions; cook gently, but do not brown, 30-60 seconds.

Add vegetables and continue stir-frying 2–3 minutes, or until heated through. Add

Serve one piece of salmon with 1 cup vegetables.



Baked Pork Chops with Apple Cranberry Sauce

# **Baked Pork Chops with Apple Cranberry Sauce**

Recipe courtesy of the National Heart, Lung, and Blood Institute Prep time: 10 minutes Cook time: 30 minutes

Servings: 4

- **Pork Chops:** 4 boneless pork chops (about 3 ounces each)
  - 1/4 teaspoon ground black pepper 1 medium orange, rinsed and zested
  - 1/2 tablespoon olive oil

# Sauce:

- 1/4 cup low-sodium chicken broth 1 medium apple, peeled and grated (about
- 1 cup)
- 1/2 cinnamon stick 1 bay leaf
- 1/2 cup dried cranberries 1/2 cup 100% orange juice

Preheat oven to 350 F.

orange segments.

To prepare pork chops: Season pork chops with pepper and orange zest.

In large saute pan, heat olive oil over medium heat. Add pork chops and cook until browned on one side, about 2 minutes. Turn and brown 2 minutes. Remove pork chops from pan, place on nonstick baking sheet and bake 10 minutes to minimum internal temperature of 160 F.

To make sauce: Add chicken broth to saute pan and stir to loosen brown bits from pork chops. Set aside.

In small saucepan over medium heat, cook grated apples, cinnamon stick and bay leaf until apples begin to soften.

Add cranberries, orange juice and reserved broth. Bring to boil then lower heat to gentle simmer. Simmer 10 minutes, or until cranberries are plump and apples are tender. Remove cinnamon stick.

Peel orange and cut into eight sections. Serve one pork chop with 1/4 cup sauce and two

Teriyaki-Glazed Salmon with Stir-Fried Vegetables