

# T<sup>SHELBYVILLE</sup> TIMES-GAZETTE Weekend

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\$1

SATURDAY, OCTOBER 22, 2022

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- Dunham's
- Dollar General

## Beating Breast Cancer



## Legend speaks

Local/8C



## Viqueens advance

Sports/1C



Partly cloudy  
75/52

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UT-TPA PRESS AWARD 2022



Vol. 141, No. 84

# Survivors think pink for cure

## Breast cancer survivor: Debbie Sudduth

By ZOË HAGGARD  
zhaggard@t-g.com

As someone who's had breast cancer, Debbie Sudduth knows the importance of getting a regular check-up and mammogram.

"I cannot shout from the treetops enough; you have got to be checked," said Sudduth.

To this local educator, Breast Cancer Awareness Month is just another opportunity to say, 'get checked.'

"If it hadn't been for that check-up in 2013, doctors would not have been able to start treatment so soon," she said. "I'm sure it would have been deadly if I didn't have a yearly physical. It was 3.5 centimeters, stage 2B, when it was found. I had to have chemo, because it was also found to be in my lymph nodes. It was on its way to spreading."

Sudduth said she didn't notice any changes in her body at the outset. It was all the physician's observations. "She asked if I had noticed I had a

### Breast Cancer fact

According to the American Cancer Society, breast cancer mainly occurs in middle-aged or older women. In fact, the median age at the time of a breast cancer diagnosis is 62. Though possible for women far younger than 62 to be diagnosed with breast cancer, the ACS reports that only a very small number of women younger than 45 are diagnosed with the disease each year. Despite the average age of onset being over 60, breast cancer is highly treatable.

lump. I said no and it went from there."

A self-acclaimed optimist, Sudduth said she initially brushed

▶ See **Survivor**, Page 8A



T-G Photo by Zoe Haggard

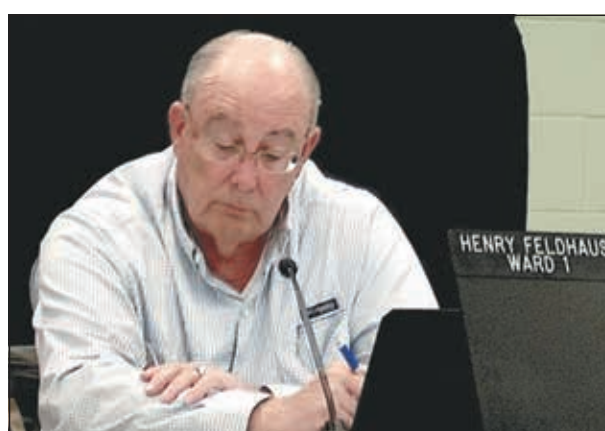
Debbie Sudduth, right, wife, mother and local educator, was told she had stage 2B cancer back in 2013. She's defying the odds and is considered recovered. Her daughter, Shelby Taylor, works with Bedford County Cancer Foundation to help local cancer patients and their families.

## Feldhaus against Partnership funding cut

By DAVID MELSON  
dmelson@t-g.com

A member of Shelbyville City Council sharply disagrees with some fellow members' decision to cut the city's annual contribution to the Shelbyville-Bedford County Partnership from \$210,000 to \$100,000.

Council members William Christie, Gary Haile and Marilyn Ewing voted in favor of the cut, moments after voting against a proposed \$210,000 contribution. Two members, Rick Overcast and Stephanie Isaacs, supported the larger



T-G Photo by Dawn Hankins

Shelbyville City Council member Henry Feldhaus III ponders an issue during a recent meeting.

contribution. A third vote of support for the \$210,000 would have been cast by Henry Feldhaus III, who was absent while returning

from a trip to Hawaii.

"It's very frustrating when this happens after all the efforts we've done," Feldhaus told the T-G on Thursday.

"It is obvious they took this opportunity to strike a blow toward future developments while I was absent from the meeting," Feldhaus, a strong supporter of industrial development in Shelbyville, said Wednesday in comments on the Times-Gazette website.

A 3-3 vote with Feldhaus present would have resulted in a tie-breaking vote by Mayor

Wallace Cartwright.

"Their excuse is 'They don't tell us what's going on,'" Feldhaus said Thursday of those that voted against the contribution. "Shane Hooper has wanted to meet one-on-one with each of them and they don't respond to phone calls, emails or texts. They tend to believe the negatives on Facebook rather than what's actually happening."

The Shelbyville-Bedford County Partnership is the jointly-funded venture that

▶ See **Feldhaus**, Page 8A

## Amendments 3 & 4 Codifying legislation in Tennessee?

By ZOË HAGGARD  
zhaggard@t-g.com

The last two amendments to the Tennessee State Constitution that voters will be voting yes or no on in this upcoming mid term are what some might describe as "feel good" amendments.

State Rep. Pat Marsh said these amendments are meant to codify legislation that has already been widely accepted.

Amendment 3 There's been much discussion about Amendment 3, which would change the current language in article I, section 33 of the Tennessee Constitution. It says that slavery and involuntary servitude, except as punishment for a person who has been duly convicted of crime, are forever prohibited in this State.

"I don't think that's ever going to be a possibility again, but if it is—God forbid—then we've got, in the Constitution, that we're not going to allow for that," said Marsh.

The language would be changed to, "Slavery and involuntary servitude are forever prohibited. Nothing in this section shall prohibit an inmate from working when the inmate has been duly convicted of a crime."

"That is just a protocol of our American way of doing things . . . to

keep all those things on the bottom as long as possible. I see it may be changing, but slowly," said Albert Nelson, president of the Gilliland Historical Center.

### Amendment 4

Lastly, Amendment 4 would delete article IX, section 1 of the Tennessee Constitution, which prohibits ministers of the gospel and priests of any denomination from holding a seat in either House of the legislature. In a bit of irony, there are already several religious leaders who are in the House.

"Since I've been there, we've had four or five ministers that are senators or state representatives," Marsh said.

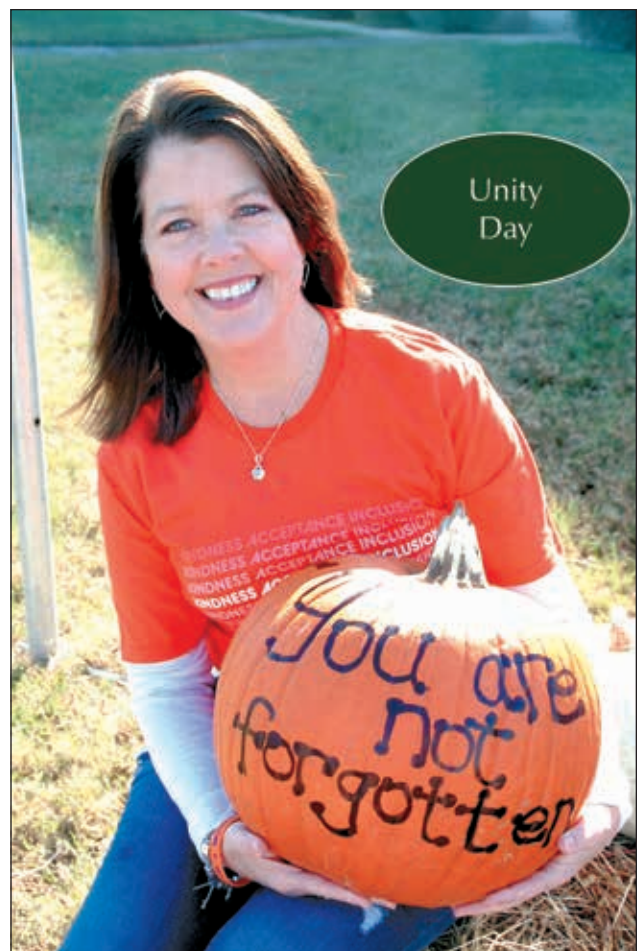
In fact, this law was deemed unconstitutional in 1978 by the U.S. Supreme Court, according to Marsh.

David Brown, who is a pastor at a church in Rutherford County and also serves on the Bedford County School Board, said, "I don't see that I should be excluded from running in political office any more than anybody else. Yes, I do think it should be deleted."

Brown said he understands the argument that politics can be "corrupting." However, politics to him can be more frustrating than corrupting.

▶ See **Amendments**, Page 8A

## SAY 'NO' TO BULLYING



T-G Photo by Dawn Hankins

Carol Garrette, communications director for Bedford County School System, shows off one of the decorated pumpkins used to celebrate Unity Day. Inspiring words were drawn on the pumpkins, which were placed outside the Central Office on Madison Street. See Tuesday edition for more photos.

# A liver for a life

By **ZOË HAGGARD**  
zhaggard@t-g.com

**B**rian Riddle of Shelbyville is a walking miracle. In May 2021, the normally upbeat, outspoken, insurance agent walked into work feeling more fatigued than usual. His co-worker noticed. Brian rushed to the doctors, thinking he had had a stroke. Little did he know it was probably the high ammonia levels and lack of blood flow to the brain from what doctors diagnosed as non-alcoholic cirrhosis of the liver. Brian was told he was going to need a transplant. In hindsight, he recalled

his doctor saying, “The only chance you’ve got is to get on Vanderbilt’s liver transplant list.” He was finally put on the list last February after running through a series of extensive tests. How quickly a patient gets on the list is based off the MELD (Model for End-stage Liver Disease) score, which runs from 6 (not life-threatening) to 40 (very life-threatening.) Brian said his score stayed around 25, reaching the highest at 27. “He told me, ‘You’re going to turn yellow; you’re going to blow up; then you’re going to die.’ I said you’ve told me the bad things, now tell

me something good.” Brian laughs at the memory today but at the time it was sobering. There are several factors that can cause non-alcoholic cirrhosis, like fatty liver, cancer, and genetics. Brian’s mother actually passed away with complications from cirrhosis at the age of 51, though they didn’t know it at the time. His doctor suspects the liver problem had been going on for several years, which explained Brian’s worsening condition. “It’s something that transpired over the whole time I was on the waiting list,” he said. “I would get a little worse, and a little



**TONYA AND BRIAN RIDDLE**

worse, and a little worse. And the last month before I got the transplant, everybody told me I was really, really bad.” For his wife, Tonya, it was like watching a slow death. “I was sitting there watching him pretty much die,” she said. A Shelbyville native, Riddle met Tonya when he

was a “paper boy.” They married as soon as she was 18, according to Brian; they celebrate 41 years together. “Yeah, for better or for worse,” added Tonya with a smile. Brian notes how it’s Tonya who helped him get through the last year. Being a caregiver was “very exhausting.” Tonya said it was like caring for an Alzheimer’s patient when Brian was at his worst.

But Brian got a call. He said Vanderbilt had him two livers in two days, which is rare. The first one was deemed unsuitable. So, it was the next morning when they got the call to come back in. “I didn’t have time to take a shower,” recalled Brian. After another series of tests and a biopsy on the liver, the procedure wasn’t until 2 a.m. on Sept. 22.

The liver came from a 50-year-old stroke victim, which is the “best kind” of liver to receive since the patient only experienced brain damage but remained otherwise healthy. The procedure took almost 9 hours. In the meantime, Tonya waited, receiving a phone call every hour updating her on Brian’s condition. “I don’t know what I was thinking. I think I was in a fog. But I was very positive the whole time, saying he’s going to be fine, because I know how he is,” she said. “My doctor told me so many people get depressed and give up. He said you never did that,” Brian said. The results were almost immediate.

“The doctor told me, ‘Man, you’re a miracle. When I put you to sleep last night, I honestly didn’t think you’d wake up,’” Brian recalled. Though liver transplants have an 80% success rate, Brian said the likelihood of success for this procedure was only 1 out of 10. There’s still lots of medication to take as well as check-ups every week. But it’s worth it to have life. Brian’s doctor said he’s going to have to take it easy for the next several months—which Brian admits will be a challenge. For now, he can focus on work and going to his favorite car shows. “I’ve got to be careful because I am one of those guys that wants to go all the time.” “But I feel honestly like I did when I was 50 and I’m 62. I feel great. I have my beautiful wife and two great kids. I’m just a happy guy.”

Plus, the support he’s gotten from those friends and neighbors has been “unreal.” Hundreds gathered in his neighborhood recently to welcome him home. Michelle said life is fabulous. “Everyone talks about how the old Brian is back.”

Michelle said life is fabulous. “Everyone talks about how the old Brian is back.”

**MON-FRI • 7-5**  
**SAT • 8-12**

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CCA is a new non-denominational Christian school in Shelbyville, TN partnering with Christian families beginning Fall of 2023. We are now accepting applications for experienced and certified Christian teachers in all three grade levels.

Please visit the Academy’s website for more information and to find the online application for the Teacher and Office Manager/IT/Social Media positions.

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“That’s honestly how I felt, like an Alzheimer’s patient,” Brian said. It was a very unusual time, especially since Brian has always been an active man. On top of selling insurance with Dennis Young since 2007, Brian owned Flat Creek Market for 8 years in addition to working on a 100-acre farm. But by 11 every morning, he would feel exhausted and would have to stop work. “He couldn’t pick up his feet to get up the steps,” said Tonya. “And I had forgotten how much he likes to talk.”

While waiting for a liver, Brian also went through the live donor process. His niece, Michelle Parkin, underwent a series of extensive testing to get ready to donate half of her liver. “Around last Christmas, we were all talking as a family and found out I was the same blood type as he is,” she recalled. “I’m from a family of service . . . They’ve always given a lot, so that’s how I was raised. If I’m able to, why wouldn’t I?”

Already an organ donor, Michelle said, “We really just push being an organ donor for everyone . . . it’s just your body. But you could help someone’s life so much.” However, 5 weeks before the procedure, Michelle got COVID, restarting the whole testing process. “Bless her heart, she went through so much testing,” said Brian. “And then I got so bad, they said we couldn’t wait for her.”

But it worked for the best, especially since getting only half of a liver is riskier. While on the list, Brian was asked if he would be okay with receiving a hepatitis liver or one from a cardiac patient. “If it’s living or dying, I’ll take whatever you got,” he told the doctors. “We were just at that point,” added Tonya.

“We were just at that point,” added Tonya.

“We were just at that point,” added Tonya.



# Heavy Smoke BBQ is JD World Champion

## Their barbecue is No. 1

**L**YNCHBURG, Tenn. – Missouri-based Heavy Smoke BBQ team claimed the title of grand champion at the 33rd Annual Jack Daniel's World Championship Invitational Barbecue in Lynchburg on Saturday.

As grand champion, Heavy Smoke BBQ earned \$25,000, braggin' rights

as winner of what many consider to be the most prestigious barbecue competition in the world, and the chance to defend its title next year in 2023.

"This feeling is like nothing else. We've been chasing this title for years and years, and it's just huge for us to get this win today," said Heavy Smoke BBQ Pitmaster

Chris Schafer. "The Jack is so prestigious, and it's so hard to even qualify for the chance to compete here. To get here and have this result is just amazing for us."

Schafer began cooking competition barbecue in 2011, and in 2017, he partnered with fellow pitmaster Chad Brewer to turn Heavy Smoke BBQ into a thriving business resulting with its first brick and mortar location in 2020.

A total of 85 teams from around the globe competed in 2022. To qualify, teams must win a state championship with at least 25 teams or a competition of 50 teams or win one of the premiere barbecue competitions in the U.S.—Memphis in May, American Royal Open or Houston World's Championship Bar-B-Que—which qualifies a team for an automatic berth. At The Jack™, each

team competes in seven categories – Pork Ribs, Pork Shoulder/Butts, Beef Brisket, Chicken, Dessert, Cook's Choice, and Jack Daniel's Sauce.

"Every year, it's exciting for me to see each team's passion and dedication at the Jack Daniel's World Championship Invitational Barbecue," said Jack Daniel's Master Distiller Chris Fletcher. "We want to congratulate Heavy Smoke BBQ on

winning the title of Grand Champion—that's an incredible feat."

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# Scenes from Bell Buckle Craft Fair



T-G Photos by David Melson



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Use pliers to fix a light bulb

Dear Heloise: I am a big fan of the column that was written by your mother. I wanted to share a handyman hint for the readers regarding when a light bulb gets separated from its metal threaded portion. I am sure this occurs in many households, as it has for me.

Hints from Heloise



PAIN-FREE INJECTIONS

Dear Heloise: I have to take injections at home, so here is a pain-free way to take them: Hold an ice cube on the area for about 15 seconds, wipe with an alcohol wipe, and then inject the needle. I hope this helps other people that are squeamish like me!

SALMONETTE RECIPE

Dear Heloise: Although your salmonette recipe is a classic, to make them more tasty, I add 1/3 cup of minced onion, 1/4 teaspoon of garlic powder, 1 teaspoon of dried parsley or cilantro, a dash of pepper and 1/2 teaspoon of salt. Instead of 1/4 cup salmon liquid from a can, I add another egg and 2 teaspoons of lemon juice.

You can dissolve the baking soda in this, or not. I also just fry them in a pan. Yum! -- Margaret, La Mirada, California

Send a money-saving or timesaving hint to Heloise, P.O. Box 795001, San Antonio, TX 78279-5001, or you can fax it to 1-210-HELOISE or email it to Heloise@Heloise.com. I can't answer your letter personally but will use the best hints received in my column.

OLIVE NUT DIP

Here is my Olive Nut Dip and instructions on how to get the pamphlet below:

- 8 ounces cream cheese, softened
1/2 cup real mayonnaise
1/2 cup pecans, chopped
1 cup sliced salad olives (it usually says "salad olives" on the jar)
2 tablespoons juice from the olive jar
Dash of pepper (but no salt!)
Mix all ingredients well and refrigerate for an hour or so before serving.

To get a copy of this recipe and several others that are not only tasty but easy to prepare, go to www.Heloise.com or send \$5 along with a stamped (86 cents), self-addressed long envelope to: Heloise/Favorites, P.O. Box 795001, San Antonio, TX 78279-5501. You'll be glad to have this pamphlet on hand when you want something a little different to serve to your family and friends. -- Heloise

Send Community Calendar items to tgnews@t-g.com, notify us on Facebook, call 931-684-1200 or stop by our office, 323 E. Depot St.

TODAY

Pumpkin Plunge



Shelbyville Parks and Recreation is holding a Pumpkin Plunge at 9 a.m. Saturday, Oct. 22, at Shelbyville Recreation Center's indoor pool. Pre-registration by Oct. 21 is required. All ages are welcome. Cost is \$5 per pumpkin.

Wartrace gym reopening

The Fred Russell Gymnasium, once a part of Wartrace High School, will reopen on Saturday, October 22, with a celebration from 2-4 p.m.

Chili supper

Blankenship United Methodist Church, 3602 Midland Road, is holding a chili supper and singing Saturday, Oct. 22. The chili supper will be 4-6 p.m. at \$5 for adults, \$3 for children 12-under. The singing from 6:30-8 p.m. is free. Proceeds benefit the Blankenship United Methodist Women.

MONDAY

Wartrace meeting

Wartrace Board of Mayor and Aldermen's regular monthly meeting will be 6 p.m. Monday, Oct. 24, at Town Hall.

TUESDAY

Financial committee

Bedford County Commission's Financial Management Committee meets at 5 p.m. Tuesday, Oct. 25, in Room 110 of Bedford County Business Complex, 200 Dover St. Meetings are livestreamed on YouTube.

Planning Commission

Bedford County Planning Commission meets at 7 p.m. Tuesday, Oct. 25, at the courthouse.

Ribbon cutting

A Chamber of Commerce ribbon cutting for Heritage Realty Group is scheduled at 10:30 a.m. Tuesday, Oct. 25.

THURSDAY

SCV meeting

Maj. Gen. Benjamin F. Cheatham Camp 72 of Sons of Confederate Veterans will have their regular dinner meeting at

6 p.m. Thursday, October 27, 2022 at the Oak Restaurant in Manchester. The meeting will start at 7 p.m. Jack Carman will speak on the battle of Perryville.

FRIDAY

Family Fun Night

Shelbyville Recreation Center will hold Family Fun Night from 6-10 p.m. Friday, Oct. 28. Games, concessions, bounce houses, and activities for all ages are planned.

Bell Buckle Halloween



The Old Fashioned Bell Buckle Halloween will be 5-8 p.m. on the town square. Games, a haunted house, pumpkin carving and food trucks are planned. Hotel Transylvania will play at 7:30 p.m.

Cruise-In

Celebration City Car Club's final Cruise-In until next spring will be Friday, Oct. 28, from 6-8 p.m. on the Shelbyville square. Chase Clanton and Vintage Vibes will perform and food trucks will be present.

OCT. 29

Raus bonfire

Raus Community Club will hold its traditional bonfire at dusk Saturday, Oct. 29 as part of its monthly meeting. All are welcome.

Trunk or Treats



The town of Wartrace. 5-7 p.m. at Winnette-Ayers Park. A bake off and chili cook-off are part of the fun. The movie "Ghostbusters" will be shown after sunset. Himesville Church of the Nazarene, 5-7 p.m.

OCT. 30

Fall Festival

Faith Baptist Church is holding a Fall Festival from 4:30-6:30 p.m. Sunday, Oct. 30 including carnival games, a bonfire and candy. A meal will be provided.

Trunk or Treats

Calvary Baptist Church, 4-6 p.m.
New Bethel Baptist Church, Highway 64 West, 4-6:30 p.m.
Edgemont Baptist

COMMUNITY CALENDAR

October 2022

Calendar grid for October 2022 with dates 1-31

Holidays

10th - Columbus Day / Indigenous Peoples' Day
31st - Halloween

Church, 5-6:30 p.m.

Chili Day from 11 a.m.-2 p.m. Tuesday, Nov. 8.

OCT. 31

CANCELLATION

Trunk or Treats



Grace Baptist Church, 5-6:30 p.m.
Viviant Healthcare, 5-7 p.m.

NOV. 5

Serving Shelbyville banquet

The Serving Shelbyville Banquet will be held by High Calling Ministries from 5-8 p.m. Saturday, Nov. 5, on the square. Live worship, food and games are planned for the free event.

NOV. 6

Community reunion

Community School Alumni Reunion will be Sunday, Nov. 6, at 1:30 p.m. at Community High School's auditorium.

NOV. 8

Chili Day



The Moore County branch of Shelbyville-based First Community Bank is holding its 18th annual

Historical Society

Bedford County Historical Society will not hold its regularly-scheduled Winter meeting on Dec. 5. The Society plans to continue its meetings in March 2023.

ONGOING

Meals on Wheels

Shelbyville Senior Citizens Center is in need of Meals on Wheels volunteers to deliver meals to the homebound of Shelbyville. For more information, call 684-0019 and ask for Amy Wilson.

Soup kitchen



Shelbyville Community Soup Kitchen serves meals from 4-5:30 p.m. Tuesdays and Thursdays at 336 S. Cannon Blvd. (corner of South Cannon and Pickle Street). Doors open at 3:45. Donations may be made to Shelbyville Community Soup Kitchen, P.O. Box 2259, Shelbyville, TN 37162, and are tax deductible under its 501c3 non-profit designation. Boxed non-perishables are available. Takeouts are no longer

PUBLIC NOTICE

THE REGULAR MEETING OF THE SHELBYVILLE POWER, WATER, AND SEWER BOARD WILL MEET TUESDAY, OCTOBER 25TH @ 5PM AT THE SHELBYVILLE POWER SYSTEM OFFICE, 308 SOUTH MAIN STREET. THE PUBLIC IS INVITED TO ATTEND ANY AND ALL MEETINGS. SHELBYVILLE POWER, WATER, & SEWER BOARDS

NOTICE TO ALL MEMBERS OF BEDFORD MOORE FARMERS COOPERATIVE

A special meeting of Bedford Moore Farmers Cooperative has been called for October 24, 2022 at 5:30 p.m., at Bedford Moore Farmers Coop, 222 S Cannon Blvd, Shelbyville, TN, to consider and act upon amendments to the Articles of Incorporation and Bylaws resulting from and as a part of a Plan of Merger between Lincoln Farmers Cooperative and Bedford Moore Farmers Cooperative. No other business shall be transacted at this special meeting.

LEGAL NOTICE

The Shelbyville Housing Authority will hold a Regular Scheduled Board Meeting on Wednesday October 26th, 2022 at the Tate Street Community Center at 12:00 noon, in Shelbyville, Tn.

By: Jenni Feldhaus
Chairman



THE SHELBYVILLE TIMES-GAZETTE

USPS 492-660

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T-G Photo by Dawn Hankins

They're pretty funny, once you look at them going down the road. But in a spiritual sense, perhaps we all need to be a little happier, laugh at the lighter moments, these days.

## A new creation

Driving home the other day I heard the Christian song called, "New Creation." It was funny, because at the same time, I passed one of those balloon figures that car lots use a lot to attract attention. Sorry, not sure what they're called.

Those can make you smile on a windy day. I got to thinking about how likely some people think they're just not good enough to be loved. This week, as a matter of fact, Bedford County School System celebrated "Unity Day."

Despite what the bully might say about you, anyone with the desire can become a new creation. Here's some of the lyrics by Mac Powell:

You brought me blessings out of a tragedy  
You turned my old song into a symphony  
And with Your spirit living inside of me  
I'm a new creation  
I'm a new creation  
Oh, oh-oh, oh, oh  
Oh, oh-oh, oh, oh

**Dawn Hankins**



But it wasn't 'til I stumbled and made my mistakes  
That I could know in my soul how amazing was grace

I think more and more these days that youth need to be reassured that they're wonderfully made by God. While not perfect, they are His creation, made in His image.

As for a new creation, all we have to do is ask. What we are changing is our spiritual love, especially for God.

Praise those educators who stood up this week with their orange shirts and stressed the need for bullying to stop. It is old school, folks.

Of course Jesus was bullied, so it is likely to

always be there. But at least people can make the statement that it won't be tolerated, especially in the school system.

## CHURCH ACTIVITIES

Send church news and events to [tgnews@t-g.com](mailto:tgnews@t-g.com).

### Baptist

**Calvary Baptist Church's** message at 10 a.m. Sunday by Bro. Tyler Shoemaker will be "Perilous Times." The service will be livestreamed. Trunk or Treat will be 4-6 p.m. Sunday, Oct. 30 in the parking lot.

**Edgemont Baptist Church's** sermon will be "Godliness" from 1 Timothy 4:8 by Pastor Jimmy West at 10 a.m. Sunday. Services are livestreamed.

**Faith Baptist Church** is holding a Fall Festival from 4:30-6:30 p.m. Sunday, Oct. 30 including carnival games, a bonfire and candy. A meal will be provided.

Sunday will be Pastor Appreciation Day at **Grace Baptist Church**. Pastor Bobby McGee's message will be "Sardis You Are Dead; Repent And Come Alive" from Revelation 3:1-6.

The Mother's Ministry of **Sevier Street First Baptist Church** will celebrate their annual day on Sunday, Oct. 23, at 10 a.m. Minister Donna Perkins of Chattanooga will be guest speaker. Trunk-A-Treat is scheduled for Oct. 26.

### Christian (Disciples of Christ)

The series "The Story" resumes at **First Christian Church** at 10 a.m. Sunday with a message on the final days of the nations of Israel and Judah, along with two great prophets, Jeremiah and Ezekiel, by pastor Dan Asche.

### Church of Christ

The "You On The Move" series continues at **Fairlane Church of Christ** with the sermon "Coming Clean" from Psalm 51 by



preaching minister Lance Bennett. The 9 a.m. Sunday service is livestreamed and broadcast on WLIJ (98.7 FM/1580 AM).

Jim Black from Eastern European Missions will present a lesson titled "Hope" from Romans 15:13 at 10 a.m. Sunday at **Southside Church of Christ**. An prayer group with Adam Bates meets at 6 p.m. Sunday and Buddy Koonce will speak at 6:30 p.m. Wednesday. Sunday morning and Wednesday services are livestreamed at [cocsouthside.com](http://cocsouthside.com).

**Unionville Church of Christ**, 2169 Halls Mill Road, is holding a gospel meeting Oct. 28-30 with guest speaker Ray King. Services are 7 p.m. Oct. 28-29 with Bible study at 10 a.m. Sunday and worship at 11 a.m. and 2 p.m.

"Baptized Into One Body" from 1 Corinthians 12:13 will be the sermon Sunday at **Wartrace Church of Christ's** 11 a.m. service. Chris Bobo is minister.

### Methodist

**Bell Buckle United Methodist Church's** men's ministry is holding a Car Care Maintenance Check Day from 9 a.m.-noon Saturday, Oct. 22. Checks will be conducted

in the parking lot behind the Maple Street church. All, not just members of the church, are welcome. Volunteers are needed; call Mike Marcoulier at 931-205-3311 or Jimmy Simmons at 931-703-3191.

**Wartrace United Methodist Church** is holding a scarecrow contest and spaghetti supper Saturday, Oct. 22 from 4-7 p.m. First place prize will be \$150, second place \$75, third place \$25. Entry forms are available at the church.

### Presbyterian

**First Presbyterian Church's** sermon at 10 a.m. Sunday by Rev. Jim Moran will focus on Luke 18:9-14, the Pharisee and the tax collector praying. Services are livestreamed on Facebook. The church is hosting a Red Cross blood drive Wednesday, Oct. 26, from 10 a.m.-4 p.m.

## MEET THE T-G STAFF



**MEGAN KIPKER**

**Favorite vacation spot:** I like to visit anywhere with beautiful scenery and, especially this time of year, I'm eager to see the fall foliage. It's been a family tradition since I was little to visit Cheaha Mountain in Alabama to see the leaves change.

**Favorite part of your job at the T-G:** I love being able to preserve a piece of the community and its history. I'm not from the area and have discovered what all who live here know, that Shelbyville is such a special place. It's always a joy to meet customers who have lived here for many years and enjoy the same newspaper they grew up reading.

**Favorite food:** My favorite food is anything that involves bread or chocolate! Anything at all



**MARK YOUR CALENDARS!**

**COMMUNITY SCHOOL ALUMNI ASSOCIATION REUNION**

**Sunday, November 6, 2022 at 1:30 PM**  
In The Community High School Auditorium  
Refreshments to follow provided by CHS Student Council

Please remember to check us out on [f](https://www.facebook.com/groups/2132626120680/) ([www.facebook.com/groups/2132626120680/](https://www.facebook.com/groups/2132626120680/)) and also our link on the Community High School home page (<https://communityhs.bedfordk12tn.com>).

*Community School Alumni Association*  
[communityalumniassociation@yahoo.com](mailto:communityalumniassociation@yahoo.com)

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Sunday Morning Bible Class ..... 10 a.m.  
Sunday Morning Worship ..... 11 a.m.  
Sunday Afternoon Worship ..... 2 p.m.

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**SERVICE SCHEDULE**  
Sunday


Sunday School ..... 9 A.M.  
Sunday morning service ..... 10 A.M.  
NO SUNDAY EVENING SERVICES  
Wednesday night services begin at ... 6:30 P.M.

**Rev. Andrew Lee Keffer**

**Laughter**

*"A cheerful heart is good medicine, but a crushed spirit dries up the bones."*

Proverbs 17:22



Why do we laugh? To say that we laugh because we find something funny begs the question why we find things funny. We may laugh for a variety of reasons, and not always because something is funny, since we laugh sometimes when we are nervous or in other situations where we are essentially "breaking the ice." Plato and Aristotle thought that we laughed because we felt superior in some way to the object of our laughter, whereas Kant thought that we laughed when something seemed incongruous. A good joke, according to Kant, raises certain expectations and then dashes those expectations at the punch line.

Modern theories of humor tend to side more with Kant, some of them speculating that when social norms are violated in a way that isn't overly threatening we find it funny. And indeed, most jokes break some rules of propriety and if we don't find that violation too offensive, we're likely to laugh. We are wise to think carefully before telling a joke, making sure it doesn't make someone in the audience the object of ridicule. In any case, we ought not to take ourselves too seriously, and should take every opportunity to laugh.

— Christopher Simon





# It's starting to look a lot like Christmas

## Butler's Creek FCE works on decor

Butler's Creek FCE Club met at the Farm Bureau building on Monday, Oct. 10, with 11 members, one new member, Angela Clark, and extension agent Whitney Danhof present.

Vicki Faulkner called the meeting to order and Susie Henderson gave a devotional reading. The roll call asked members to respond with their favorite Christmas carol or song.

The minutes, treasurer's report and sunshine report

were given.

Cindi Lindsey reports there was a "wonderful" program of "clever" Christmas decorations made, using paper printed with Christmas sheet music, by county extension agent Whitney Danhof.

Patterns, pictures and directions for two table top Christmas trees, hanging ornaments and mantle decoration ideas were distributed to all members present.

Amy Martin displayed a camping quilt. She had

finished the border edging. See photos for other club demonstrations.

The next meeting will be Nov. 3 after the county-wide meeting, which is at 4 p.m. at the extension office.

Vicki Faulkner adjourned the October meeting with a quote by Dyland J. Cameron: "A great attitude to have in life is to learn how to be prepared for the worst, but also how to expect the best in life."



Debbie Crosslin and Gloria Crick showed adult "shirt covers" they had sewn and to be donated to a local nursing home. These are useful items to help keep patients clean at mealtime.



Barbara Troxler demonstrated an embroidered picture of the "Town Musicians of Bremen," a Grimm Brothers fairy tale. She also had embroidered a fall doorknob "welcome" hanger.



ABOVE: Debbie Crosslin has started a quilt top with printed squares of favorite songs.

Extension agent Whitney Danhof gave a presentation on Christmas ideas.



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\*\*please note our deadlines  
Tuesday edition - Friday at 3pm  
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# October: Health Literacy Month

## Improve your health literacy with these steps

**By Sarah Allen, PA-C**

Sarah Allen is a certified physician assistant at Vanderbilt Integrated Primary Care Madison Street in Shelbyville.

October is Health Literacy month—a time to recognize the value of making health information easy to comprehend and the health care system easier to navigate. Health literacy is important for everyone and allows patients to take the reins of their health and health care by making smart, informed medical decisions.

Nearly 9 out of 10 people struggle with health literacy. When patients don't understand their own health care, they can't act on it, and it can result in poor health outcomes like increased hospitalizations, decreased use of preventive services and poor health management.

For anyone hoping to enhance their own or a loved one's health literacy, here are some ways to become a more informed patient or advocate:

It's OK to ask questions! If a provider says something that you don't understand, ask questions that will highlight your concern. Ask questions like: Do I need any routine screenings? Why are you prescribing this medication and what are the side effects? What treatments are recommended for any concerns or conditions I have? Do I need a follow-up appointment?

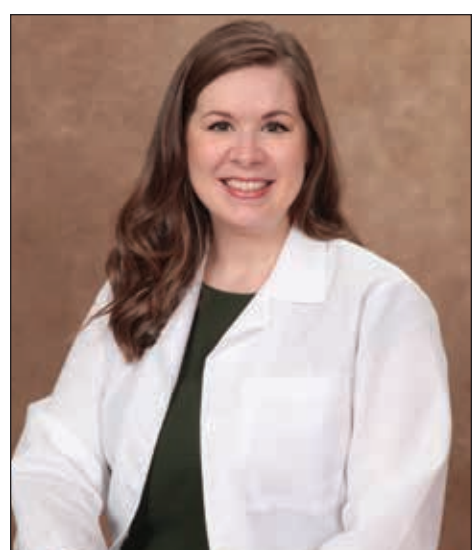
Become familiar with your medical history. You should always try to provide a general overview of your own and family health history in case a medical issue arises. Even though your primary care provider should have your medical records on file, they may not be fully completed or quickly available to other care providers. This can potentially lead to a provider overlooking a serious health concern. The more you and your provider know about your health history, the easier it is to identify potential issues before they start and for you to participate in your health plan.

Have a trusted companion tag along. Bringing along a relative or close friend to an appointment can be a great idea, especially if you may be getting important results or information. While you're engaging with the provider, the person with you can take notes to ensure nothing is forgotten.

Be transparent. Honesty with health providers is the foundation of quality care. It's essential for your provider to have accurate information to assist you in making smart medical decisions. Inaccurate information can lead to misinterpreted symptoms, overlooked warning signs, wrong diagnoses and more.

It's safe to trust your provider with your medical information, no matter how uncomfortable you may feel.

Health literacy is critical to ensure that individuals have the ability to be healthy throughout their entire lives. Health-literate people are able to address their own health needs along with the needs of others.



Sarah Allen

This Health Literacy month, continue to educate yourself on how you can be the best steward of your body.

### LETTER TO THE EDITOR

**Letter to the editor:**

I want to send a message to Joe, Chuck, Nancy and AOC and all the left wing Democrats. There is no place to hide. We the People are seeing through your empty promises, massive contempt for the hard-working Americans. You know the red wave is coming. You know you can kiss your control over Congress goodbye.

Under this Democrat administration, we have witnessed: 13 dead soldiers, thanks to a botched Afghanistan withdrawal (still 900 Americans left behind), the highest inflation rate we have seen in 40 years and more to come by the end of the year-2 million illegal "immigrants" in ONE year coming across our open border. (Our border is suppose to be the job of the VP Harris to enforce immigration policies on the books. VP Harris is to busy bailing out violent rioters across the nation this summer.

Gas prices are up as much as \$2.02/gallon. (Cheapest price I've seen here in Tennessee is \$3.19.) Gas prices were \$1.89/gallon under the Trump administration.

Under the Biden administration, school boards and the FBI are labeling parents as "domestic terrorist" when they attend meetings about the education of their children.

We have tech giants who work hand in hand with this administration to censor our opinions they don't like; they tear down statues and try to re-write our history.

We have more COVID deaths under Biden than Trump. And Biden had more data and options.

Heating oil is going to hit America hard this winter, due to Biden's push for clean energy. Last year, 250 plus people died in Texas, because the solar turbines froze. While Biden is selling off our oil reserves to China, we are suffering here at home.

The Watch Dog group also uncovered a scheme last week that this administration is trying to sell our drillers of fossil fuel (natural gas to be exact) license to China. We cannot allow this to happen. This is another method to control the American people. China has already bought

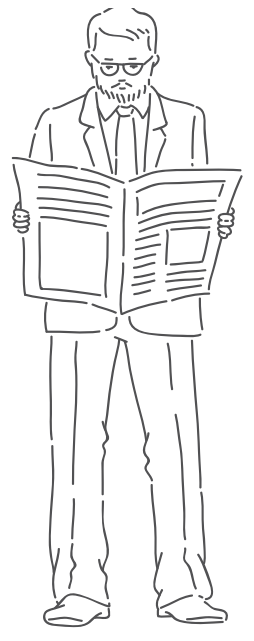
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farmland in the USA. If you can control the food supply and energy, one can control the people.

This administration is pushing transgenderism on our children, which in my opinion, is child abuse. I was appalled at Vanderbilt in Nashville; they will not get anymore donations from me.

Early voting started Oct. 19, please make your voice be heard.

**Lou Adcock**  
Bedford County



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## Be aware—and be in the know.

### October is Breast Cancer Awareness Month

For women 40 and older, and for those with a family history of breast cancer, the importance of having regular screening mammograms cannot be overstated. That's why it's important to have access to advanced imaging technology called digital breast tomosynthesis, or 3D mammography—available right here at Vanderbilt Bedford Hospital.

With 3D mammography, doctors can see clearer radiology images and detect breast cancer early, which can result in less-aggressive treatment options and better outcomes.

Scheduling a screening mammogram does not require a doctor's order, but results must go to your provider.

**To make an appointment, please call 931-685-5433.**

## Vanderbilt Bedford Hospital

# BC Rules Committee meets

## Thumbs down to Longview PUD

By ZOË HAGGARD  
zhaggard@t-g.com

Bedford County Board of Commissioners' Rules and Legislative Committee met Tuesday evening to discuss the Longview Planned Unit Development (PUD), passing on the rezoning to the Commission with an unfavorable recommendation.

Those opposed to the rezoning were commissioners Biff Farrar, Bill Anderson and Anita Epperson. Those for the rezoning were commissioners Greg Vick and John Boutwell.

If the rezoning from A-1 to R-1 PUD is approved by the Board of Commissioners, the actual PUD plan will go back to the planning commission for approval.

Randy Sexton, land manager for Landmark Homes, (the developers of the PUD), was present to answer any questions. "The PUD is a blueprint . . . We can't deviate from that," said Sexton. "That'll be the official record and we will be restricted to building those homes only."

One of the biggest concerns with residents is that the homes will not have one acre lots. Sexton said the plans have been amended so that the PUD will have one acre lots.

The total density of lots per acre had been reduced from the original 127 homes to 109 over the 115 acres. Another major concern is the proposed STEP system, potential flooding of the retention ponds, and what health hazards to well water and livestock this could have.

The largest retention pond will be 5 acres and 6 feet deep, according to Sexton. He said said they received a letter from Bedford County Utility District's Gene "Buddy" Koonce and Randy Head, general manager for BCUD, stating the water supply will be adequate once the improvements are made.

The Times-Gazette spoke with Head, who said, "Basically, that is a letter

of water availability . . . We're just saying there is water available. They might have to upgrade lines within the area as well as pay for all the lines within the development itself."

Head also added that he is not aware of any ongoing issues with water supply. "Now, the pressure within the system will vary depending on leaks or if it's a high usage day. But to my knowledge, we have never been below the threshold of what we need to supply by state law." Sexton explained, "We're actually running a new waterline to increase the water pressure. We're improving the water for the residents in that area so that if they want to, they can actually get off the well system. So, again, we're not trying to make the situation worse. We're actually making it better."

This plan for "off-site improvements" would have to be approved before the developers can hook up to the system, according to Head.

The company that will be running this STEP system is Adenus Solutions, based out of four different states. "They're a public utility company. So, they manage thousands of these systems," Sexton said.

He said they are also dedicating a 10-foot right-of-way on Longview Road and Davis Lane for additional roadway. Roads within the PUD will be private and be maintained by the HOA, and therefore, would not become the responsibility of the county government.

However, many residents are also concerned about the impact on the school system. At the last Planning Commission meeting on Sept. 27, Bedford County Schools Superintendent Tammy Garrett said that each of the schools could easily handle the estimated number of students that could come from the development.

Sexton added that this PUD will be a 5-year project. "It's not 100 students are going to be dumped on

the school the first year. It'll be perhaps 20, 25 students," he said.

### Strong disapproval

Several Unionville residents, as well as a couple county commissioners, expressed their strong disapproval of the housing plan. Most residents agree that the PUD is well done but does not belong in the Longview area.

"We all agree that this thing does not belong in that area. If you go out there and look, there is nothing that is going to be like this little, self-contained community . . . This is just going to be people moving in there to take advantage of Bedford County," said resident Delores Chester.

Resident Stephanie Rieforth said the PUD would be like putting a beautiful piece of glass in a quilt. "The piece of glass should go in a mosaic," she said.

Resident Jessica Brown said Tennessee is 3rd in the nation for farmland loss. According to studies from the American Farmland Trust, about 1,014,600 acres of farmland and range land will be converted to urban and highly developed and low-density residential land uses statewide by the year 2040.

Commissioner Bill Anderson said he doesn't want Bedford County turning into high density housing like what is seen along Highway 99 going into Murfreesboro. He explained the county shouldn't be assisting Rutherford, Williamson, or Davidson with their housing issues. "What we need is the median income of Bedford Countians to go up, not artificially raise it by bringing in more people from other counties," he said. "We're never going to be Brentwood. My fear is we're going to be Antioch."

He added, "I know you can't stop growing, but I don't know why we need to encourage it right now. I don't think we have the road infrastructure to accommodate massive growth."



Bedford County Courthouse on the public square

Carl Brown, a Longview farmer and a member of Bedford County's Soil and Water Conservation District Board of Directors, said the board is exploring sources of money to start "fixing the failed septic systems that are already in this county."

"Looking at the number of phosphates and feces that are already going into the Duck River . . . this is in the Alexander-Weakley Creek watershed, and it dumps right into the river before the water treatment plant," Brown said.

The PUD will be

about 12 miles from the Shelbyville square and 22 miles from Murfreesboro city limits. Commissioner Anita Epperson asked Sexton why they chose this specific area since it is "far out of town."

"In our demographic study, there's a demand for this price point of housing. We're talking about homes that will be from the \$400,000 on up to the mid \$500,000," Sexton said.

Though the Register of Deeds office could not give the exact number of transactions for the \$400,000 to \$500,000 range, they said there have been 2,328 real estate transactions since last October.

New Bedford County Commissioner Drew Hooker said, "I think it speaks volumes that the only thing we've heard from county residents is negative toward this. The only person who has talked positive about this is the developer. I think that speaks volumes."

## ABSOLUTE ESTATE AUCTION!

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<p><b>COLLECTIBLES</b></p> <p>Antique Porcelain Cook Stoves, Vintage 10 cent Coca-Cola Machine, Old Horse Equipment, Alladin Oil Lamps (brass), 20+ Antique Quilts, Butter Churn, Washboard, 1 Man Cross Cut Saw, Miller Cooler, 1/4 Antique Bed, Winston/Marlboro/Kerns &amp; other Collectible Signs, 45 Records, 8 Track Tapes, VHS Movies, Pickle Jar, Christmas Decorations, Lots of Old Wood Chairs, War/Civil War &amp; Old West Book Collection, Camelback Trunk, Dinner Bell.</p>	<p><b>NICE FURNITURE ETC</b></p> <p>Nice Bedroom Suites, Pie Safe, Cherry China Cabinet, Baldwin Piano, Tables &amp; Chairs, Cherry Dropleaf Table, Cedar Chest, Antique Bedroom Suite, Chest Freezer, 6 Rocking Chairs (porch), Smoker &amp; Grill, Patio Sets, China/Glassware/Pyrex, etc, Sleeper Sofa, Books, Washer/Dryer, Coffee &amp; End Tables, Couch, Love Seat &amp; Chairs, Oak Rolltop Desk, Flat Screen TV's, Recliners, Spindle Full Bed, Desk &amp; Chair.</p>	<p><b>SHOP EQUIPMENT</b></p> <p>Many Power Tools, Tool Boxes &amp; Tools, 16" Deluxe Rockwell Radial Arm Saw, Champion 3500 watt Generator &amp; Wagon, Large Miller Welder (needs work), Salamander Oil Heaters, Dunlap Drill Press, 2" Antique Pipe Treader, Primitive Vise, Log Splitter, MK Tile Saw, 3 Craftsman Brand Saws, Craftsman Table Saw, Joiner, Planers, Floor Jack, Appliance Dolly, Metal Shelving, Ladders, Bolt Bin, Saw Horses, Dayton Battery Chargers, Antique Brace &amp; Bit, Wheel Barrels, Kerosene Heaters, Wood Heaters, Lawnmowers &amp; Lift, Tin &amp; Wrought Iron, Reinforcement Wire, Tires &amp; Wheels, Job Smart Air Compressor, Vintage Craftsman Drill Press.</p>

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**Doug Dezotell**  
Musings and Memories



## Ongoing spiritual warfare

If you are an observant shopper (like I've become) I imagine that you've noticed how many of your clothing and other material purchases are made in countries other than the United States

There are tags on my shirts, pants, and jackets that say these products are made in Honduras, Ethiopia, Indonesia, Vietnam, Bangladesh, Pakistan, India, China, Mexico and so on.

So many of the new items that I've recently purchased either online or at the Big Box stores that I have shopped in are made in factories, and even in prisons in foreign lands.

Like Christmas Lights.

In Volume 2 of the book "Jesus Freaks: Stories of Revolutionaries Who Changed Their World: Fearing God, Not Man," (pages 94-96) there is the account of the Christian pastor in Mainland China, Li De Xian and his wife Zhao Xia.

They had been repeatedly arrested, beaten, tortured and threatened by the authorities in the Communist Peoples Republic of China because they continue to preach the Gospel of Jesus Christ and distribute Christian literature and Bibles.

From October 2000 to May 2001, Pastor Li was arrested 15 times for preaching in his unregistered house church in Guangzhou. He said, "Christ was the first to suffer, we just follow Him...I will preach until I die."

During one of his imprisonments "jailers tied his arms and legs together and chained his arms and legs to a bedpost for three days."

When he was released from the ropes and chains, he was forced to work on an assembly line in the prison factory. Pastor Li and his fellow inmates were plugging bulbs into Christmas lights that were sent to stores in the United States.

Some of those lights will be hanging on our house, our trees and bushes outside, and on our Christmas tree inside this year. Maybe yours too.

Pastor Li and the others on the assembly line had a quota of placing between 4,000 to 5,000 bulbs in the strings of lights a day. All for the pleasure of American consumers.

The torture that I mentioned earlier was done to prisoners just because they failed to meet their quotas in those Chinese

▶ See **Doug**, Page 6B

October is

# Breast Cancer Awareness Month

About **1 in 8 women** in both the U.S. and Canada are expected to develop invasive breast cancer during the course of her lifetime, according to the Government of Canada and BreastCancer.org. Awareness and early detection help save lives.



## Mammogram Guidelines

Following are the American Cancer Society's current recommendations for breast cancer screening:

**Ages 40 to 44**  
Women should have the choice to start annual breast cancer screening with mammograms if they wish to do so.

**Ages 45 to 54**  
Women should get mammograms each year.

**Ages 55 and older**  
Women should get mammograms every 2 years or continue annual screening.

The American Cancer Society recommends that screening continue as long as a woman is in good health and expected to live 10 more years or longer. Women should also be familiar with the known benefits, limitations and potential harms linked to breast cancer screening. Any changes in the way breasts normally look and feel should be discussed with a healthcare provider without delay. A small number of women with family history, genetic tendency or other specific risk factors should be screened with MRIs in addition to mammograms. To determine the screening plan that's best for you, talk to a healthcare provider.



## Need-to-Know Info:

### Inflammatory Breast Cancer

**Inflammatory breast cancer (IBC)** is a rare and aggressive form of breast cancer that differs from other forms of breast cancer because it commonly does not cause a lump or mass. Due to the aggressive nature of IBC, early detection is vitally important. Here are some warning signs that may indicate IBC and should be immediately discussed with a doctor:

- Breast discoloration that is typically red, but may be pink or purple
- A rash or small irritation that resembles an insect bite
- Breast tenderness or pain, or warmth to the touch
- Persistent itching around the nipple
- Dimpling of the breast skin
- Change in the appearance of nipples to flat or inverted
- Swelling in the size of one breast

**Mark McGee**  
My Take



## Connections

A couple of days ago five students from one of my college classes were huddled near a first-floor elevator several minutes after the class had ended.

"We're still here talking," one of the students said gleefully.

I responded how thrilled I was to see a group of students talking together face-to-face. But more importantly they were obviously enjoying the interaction. In this day of mobile phones, social media and texting seeing students, or anyone else for that matter, talking face-to-face with someone is rare.

A Harvard study, first published in the journal PNAS, and reported on in an article by Brooke Steinberg in the New York Post this week, proved once again what has been proved many times – we are happiest when we talk with others, even those we have little contact with on a day-to-day basis.

My daughter was a master of this even at an early age. One night after a fun, but exhausting day at Walt Disney World, we were riding with fellow weary mouse enthusiasts on the midnight bus to our hotel. My daughter, around four at the time, started roaming around the back of the bus questioning people about where they were from, if they had enjoyed the day and other questions. Instead of blank stares or rude comments people were engaged by her questions. I don't know whether it was her age or that fact she showed an interest in others.

The Harvard study, according to the New York Post article, interviewed 50,000 people in eight countries. It was determined "the people who branched out had a greater well-being, life satisfaction and quality of life. Talking to a wider range of people turned out to be more important to one's happiness than total number of interactions or time spent interacting."

That small group of my students proved the study's findings. Those five students didn't know each other before starting the class. They don't all sit together. But they found a common ground.

We live in a world today where people walk along looking at their phone screens instead of greeting those they pass by. Smiling at someone, especially someone you don't know, results more in a cold stare response than a friendly acknowledgement. We don't have time to engage anyone in conversation.

I guess what really struck me about my stu-

▶ See **Mark**, Page 6B

# In the pink

## Family history & breast cancer

By **DAWN HANKINS**  
dhankins@t-g.com

Don't you just love the Harley rider in the pink tutu? What a way to celebrate October as Breast Cancer Awareness Month. You guys rock! (See pg. 3B)

My late paternal grandmother was diagnosed with breast cancer, a maternal aunt and what I understand from stories from my paternal grandmother, a couple of her brothers, my great uncles, may have had breast cancer. So, who doesn't have some family history of it, right?

If you haven't been touched by it, then be thankful.

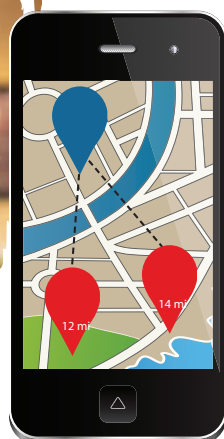
My paternal grandmother survived her breast cancer, living to be in her late 90s. My maternal aunt has survived and is now in her 70s.

▶ See **Pink**, Page 3B



Submitted Photo

**This Harley rider got into the spirit of Think Pink (Breast Cancer Awareness) recently at Nearest Green Distillery, which had the pleasure of partnering with Bumpus Harley Davidson for the 16th Annual Breast Cancer Awareness Ride. See more photos on page 3B today.**



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# Old Time Harvest Days festival

**T-G STAFF REPORT**

During Wartrace's Old Time Harvest Days festival last Saturday, competitors got to show off--and watch the community taste--their best chili recipes.

Whether they liked sweet chili, brisket chili, or something with a lot of heat, everyone agreed that chili should be served with meat and beans. Tasters topped their samples with cheese and tortilla chips.

The 2022 winner of the Wartrace competition was Madison Ayers of Nashville.

While of course the chili ingredients are kept secret, we've included a chili recipe from our northern neighbors that you might like to serve for dinner.



Wartrace resident Brian Ross gave a thumbs up for each recipe last Saturday.



Madison Ayers, first place winner of this year's Wartrace Chili competition, shakes hands with Wartrace's Brian Ross during Saturday's event.

T-G Photos by Zoe Haggard

**Rustic Veggie Chili**  
Dairy Farmers of Canada

- 1 small zucchini
- 1/2 butternut squash
- 1 each red and yellow pepper cored and seeded
- 1 Tbsp. butter
- 1 chopped onion
- 2 cloves garlic, minced
- 1 jalapeño pepper seeded and finely chopped
- Chili powder to suit taste
- 1 Tbsp. dried oregano leaves
- 1 tsp. cumin
- 1/2 tsp. salt
- 1/4 tsp. cayenne

- 2 bay leaves
- 2 (15 oz.) cans diced tomatoes
- 2 (15 oz.) cans mixed beans drained and rinsed
- 2 Tbsp. all-purpose flour
- 1 C. milk
- 1 C. frozen corn
- 1/2 C. chopped, fresh coriander

Cut zucchini into pieces measuring 1/2 to 1 inch. Slice butternut squash and peppers into pieces measuring about the same size as zucchini. In a large

saucepan, melt butter over medium heat. Add onion, garlic and jalapeño. Cook for 3 minutes until onion begins to soften. Stir in seasonings and bay leaves. Stir in squash, zucchini and peppers. Add tomatoes and beans; stir. Cover; bring to a boil, stirring occasionally. Reduce heat; simmer, stirring occasionally for 20 minutes. Whisk flour into milk. Gradually stir into chili. Simmer, uncovered, stirring occasionally for 10 more min or until your desired thick-

ness. Discard bay leaves. Stir in corn and coriander.

**Tips**

If it's easier, you can

purchase precut squash and cut it into smaller pieces. Frozen corn is a lifesaver. Stash in the freezer and it can be easily added to soup, stir-fries or tacos.

The heat in this chili is perfect for families. For a spicier chili, try canned chili peppers in adobo sauce, often found in supermarkets.



Though they did not win the Wartrace competition, Matt and Lisa Brooks of Manchester said their brisket chili has been entered into the National Chili Competition. They are set to compete in Texas next month. Folks attending Wartrace's Old Time Harvest Days festival couldn't wait to sample the chili recipes. Tasters had three chili styles from which to choose.



T-G Photos by Zoe Haggard



## Does Halloween candy trivia drive you crazy?

Perhaps it's partly because my mother owns a huge antique desk from Milky Way Farm (the former estate of Franklin C. Mars, founder of Mars Candies), but I pay keen attention to the annual flurry of "filler" news items about Halloween candy.

"Prices up or down? What's hot and what's not? Should I call my manual laborer cousin and rub this sweet gig in his face or not?"

(Think of the perennial stories as being like the swallows returning to San Juan Capistrano, except with cavities, tummy aches and hyperactivity.)

According to a survey by the oral care platform Byte ("Rinse, spit, blurt out the name of a favorite candy before cussing and slamming the phone down..."), candy corn is this year's favorite treat in Ohio and five other states -- although a plurality of Americans are ambivalent about the confection and 34 percent actively detest it. ("Let's drag it to the town square and string it up by its neck with...

black licorice! No -- stone it with circus peanuts!")

I happen to like candy corn (although my consumption of it resembles the frustration of trying to eat just one Lay's potato chip). It gets a bum rap because it's like a wide-open target in a game of dodgeball. Some candy mogul got cold feet and abandoned all the OTHER candies designed to remind you of the school cafeteria. You know, the Grape Greasy Ladle, Chocolate Hairnets and Sweet-and-Sour Popular Kids' Table.

As a former geography whiz, I am aware that different states have different ethnic mixes, industries and traditions; but I must confess it bugs me that there is such a wild variation of favorite and least-favorite candies between the states. Are taste buds so sensitive to state borders?

State nicknames must figure in there somewhere. It's like the Tar Heel State, Wolverine State and Garden State are joined by the "Nougat Is the Spawn of Satan" State or "Almonds Can Bite ME" state.

Okay, maybe it is better to have a little diversity rather than allowing one or two populous states dictate what everyone else likes. ("Kids, don't fret about messy candy wrappers. Tickle your tonsils with the new delivery system: discarded syringes!")

I'm not the first person to mock the "fun-size" designation for candy bars and I won't be the last (unless those new hate-crime laws go into effect, incarcerating people who persist in heinous acts such as referring to Butterfinger bars instead of Digital Coordination-Challenged bars).

To me, "fun-size" candy would be Lifesavers you can use as a hula hoop or Twix bars you could wield as a light saber. Razor blades? A fun-size Snickers should be able to accommodate a machete!

According to Byte, a whopping 52 percent of Americans are going to tick off trick-or-treaters by not dispensing treats this Halloween. Official excuses include inflation, "don't celebrate Halloween" and lingering pandemic fears. Digging

**Danny Tyree**

Tyrades



deeper brings confessions of "I really need the eggs and toilet paper."

I hope next year's filler stories are tame. Alas, the signs are not good, with politics and social trends intruding.

"How many licks to get to the center of a Tootsie Pop? You and your Western European math!"

"REESE'S Pieces? How capitalistic! This piece is your piece, this piece is my piece, from California to the New York Island..."

"Because you demanded it...one musketeer and two self-service musketeers!"

\*Sigh\*  
• Danny Tyree welcomes email responses at [tyreetyrades@aol.com](mailto:tyreetyrades@aol.com) and visits to his Facebook fan page "Tyree's Tyrades."

## A century-old drink trends, again

Various tried and true drinks have withstood the test of time. Hosts may want to offer these traditional favorites at special occasions where alcohol will be served, especially if the beverages are once again trending in the right direction.

Although Aperol has been a popular product across Italy since its inception in 1919, it is enjoying newfound fame more than 100 years later.

By 1950, the Aperol Spritz became the drink du jour of movers and shakers. In recent years, it has enjoyed a resurgence of that popularity.

Aperol does for orange what limoncello has done for lemons. It has a zesty orange flavor with herbal notes and a touch of vanilla. Lightly alcoholic, an Aperol Spritz is refreshing and suitable for most occasions. Perhaps the biggest feather in the cap of an Aperol Spritz is that it can be paired with a variety of small bites, making it a very host-friendly cocktail.

Enjoy this classic "Aperol Spritz," courtesy



of Aperol, at your adult fall parties. The color is a great addition to Halloween gatherings.

**Aperol Spritz**

- Serves 1
- 3 parts Prosecco
- 2 parts Aperol
- 1 splash of soda
- Orange slice for garnish

In a stemmed balloon glass full of ice, pour the Prosecco, followed by the Aperol, and then add the splash of soda. Garnish with an orange slice.

# Breast Cancer Awareness ride held Oct. 8



**N**earest Green Distillery had the pleasure of partnering with Bumpus Harley Davidson for the 16th Annual Breast Cancer Awareness Ride on Oct. 8th.

As one of the destination stops, attendees came to the distillery decked out in pink to honor those they have lost to breast cancer. Survivors were also celebrated.

Amy Haring Photography

Participants of the annual Breast Cancer Awareness Ride entering the Nearest Green Distillery



Employees of Nearest Green Distillery, Humble Baron and Barrel House BBQ in front of the Nearest Green Distillery



The Justin Williams Band performs at the Nearest Green Distillery

## OCTOBER is BREAST & CANCER AWARENESS MONTH

### The value of activity-driven fundraisers

Fundraising is vital to the survival of many nonprofit organizations. Charity watchdog groups like Charity Navigator suggest nonprofits should aspire to spend less than 10 percent of their budgets on fundraising.

That can be a tall task and underscores the need for charities to find creative, cost-effective ways to raise funds. Nonprofit organizations raise funds in various ways. Some organizations partner with local businesses and receive a portion of the proceeds participating establishments earn on certain days, while other organizations may cold call prospective donors during times of the year when giving to charity tends to increase, such as the holiday season.

Activity-driven fundraisers are another popular way for nonprofit organizations to raise funds, and these endeavors can be highly effective.

**What are activity-driven fundraisers?**

Activity-driven fundraisers focus on an engaging activity that encourages supporters to actively participate in an effort to raise funds. The Ice Bucket Challenge is one of the more notable activity-driven fundraisers in recent years. Participants in the challenge would pour a bucket of ice water over their heads or the head of another person, and then challenge or nominate another person to follow suit.

Participants also would urge donations to support research into amyotrophic lateral sclerosis, an incurable motor neuron disease also known as Lou Gehrig's disease. Additional examples of activity-driven fundraisers are runs and walks in which participants solicit donations from supporters that increase with each mile they walk or run. The American Cancer Society's Breast Cancer Awareness 5K walk and fun run is one popular activity-driven fundraiser that annually attracts sizable numbers of participants and donors.

**Are activity-driven fundraisers effective?**

The sheer volume of activity-driven fundraisers makes it more difficult to gauge the success of these events. However, a recent study from researchers at Carnegie Mellon University found that people are inclined to contribute more when the experience is painful and labor-intensive. That suggests that activity-driven fundraisers like charity runs can be highly effective and lucrative ways to raise money. Indeed, various estimates suggest the Ice Bucket Challenge raised more than \$220 million worldwide.

Nonprofit organizations raise funds in myriad ways. Activity-driven fundraisers are among the more engaging, and often successful, ways to raise money for a good cause.

## Understanding cancer recurrence

Individuals diagnosed with cancer face several hurdles in their quest to overcome their disease. The first is dealing with the shock of the diagnosis. The second is coping with treatment, which can wreak havoc on the body for several months. Making it through treatment successfully can provide a sigh of relief. But there's often looming concerns about recurrence.

**What is recurrence?**

The American Cancer Society says recurrence describes cancers coming back after treatment. The odds of cancer recurring depend on several factors, including which type of cancer a person has had. Furthermore, there are different categories of recurrence. According to MassiveBio, a central hub that connects cancer patients to the best treatments and clinical trials available, the types of cancer recurrence patients may encounter include: local, regional and distant. Local recurrence is when the cancer is back in the same spot. Regional recurrence happens when cancer recurs in the lymph nodes near the original tumor location. Distant recurrence refers to cancer that has spread to a different location in the body and is labeled "metastatic." For example, colon cancer that is later detected in the lungs would be called metastatic colon cancer.

**Why does recurrence occur?**

The National Cancer Institute says recurrent cancer begins with cancer cells that the first treatment didn't fully remove or destroy. In such instances, a small number of cancer cells survived and were too small to detect on any follow-up tests. Over time, these cells grew into tumors that are now detectable. Rest assured that a recurrence is not a sign that treatment was faulty or that the oncologist did anything wrong. Some cancer cells simply survive treatment.


There's no surefire way to prevent a

recurrence. Eating better, avoiding cancer risk factors, exercising, and limiting stress are good for the body, but these behaviors do not prevent recurrence. According to the American Cancer Society, there is no guarantee cancer will never come back.

**Cancers with high recurrence rates**

Cancer Therapy Advisor says some cancers are particularly challenging to treat and have high rates of recurrence. Glioblastoma, the most common type of brain cancer, recurs in nearly all patients. Epithelial ovarian cancer recurrence also is high at 85 percent. Approximately 30 to 50 percent of patients with bladder cancer who have undergone cystectomy will experience a recurrence. Those with breast cancer who have had a lumpectomy and radiation therapy have a 3 to 15 percent risk of local recurrence within 10 years, according to Susan G. Komen. Other types of cancer with elevated recurrence rates include lung cancer, pancreatic cancer, lymphoma, and prostate cancer.

Cancer recurrence remains a possibility even after successful treatment. Physicians will schedule regular appointments following treatment to look for any signs of recurrence so they can catch them as early as possible.



## Pink

(Continued from Page 1)

My maternal grandmother died of cancer years ago, but the diagnosis then was not very conclusive, as it had already metastasized. We've come

a long way since the early 1970s in prevention but are still a long way, it seems, from a cure.

My maternal granny likely first began her journey with ovarian cancer. That apparently doesn't mean I'm out of the woods

for developing breast cancer.

As the information below shows, if she did indeed have ovarian cancer, this actually still causes an average probability of my getting breast cancer.

Thankfully, my immediate family is thus far cancer-free. We pray for those suffering and are thankful for our blessings in 2022.

Recently, I've noticed an uptick in cancer cases among friends and

people in the community. Actually, it's predicted that millions of people across the globe will be diagnosed with breast cancer this year. To me, those numbers are staggering.

Only certain skin cancers affect more women than breast cancer within

the United States and Canada. So, what's the deal?

Some of these high case numbers may be attributed to women with family histories of breast cancer — something that increases risk significantly.

# SHELBYVILLE TIMES-GAZETTE

## Mort Walker's beetle bailey



## Frank Fitchner's Dennis the Menace IN THE HOT SEAT!



## BLONDIE BY DEAN KLEIN & JOHN MARSHALL



## The FAMILY CIRCUS BY PIL KEANE



## Baby Blues



## DADDY DAZE





# SALLY FORTH

by Francesco Marciuliano

JIM! ANGIE! THE FAMILY PICKED YOU UP AT THE FARMERS MARKET, TOO?

YEP! WHAT DO YOU THINK THEY HAVE IN STORE FOR US?

I'M HOPING COCKTAIL PARTY IN OUR HONOR. I'M ALWAYS GREAT WITH NETWORKING AT THOSE THINGS.

I'M CARVING THE FACE OF YADDLE, THE JEDI MASTER, ON MY PUMPKIN.

WELL, I'M CARVING STARLEE FROM "STARLEE AND THE MOONBEAMS," MY FAVORITE CARTOON SERIES AS A KID.

AND I'M CARVING LUFFY FROM "ONE PIECE." I'M ALSO DONE.

OKAY, WE SHOW EACH OTHER WHAT WE DID IN 3...2...

FOR THE RECORD, I CAN SO CLEARLY SEE WHAT I WAS AIMING FOR...IN MY HEAD.

I NEED TO APOLOGIZE TO MY INNER CHILD.

JUST CHECKING—THESE JACK-O'-LANTERNS ARE GOING OUTSIDE BEHIND OUR HOUSE, RIGHT? PEOPLE WILL ACTUALLY HAVE TO JUMP THE FENCE TO SEE THEM?

WE'VE BEEN GAINING ELEVATION FOR SOME TIME NOW...

THAT COULD MEAN THE SECOND ENTRANCE IS JUST AROUND THE NEXT CORNER.

YOU KEEP SAYING "SECOND ENTRANCE."

DARLING? WHAT IS IT?

YOU'RE RIGHT! THERE COULD BE A DOZEN WAYS IN AND OUT OF THE TEMPLE FOR ALL WE KNOW.

THIS IS NOTHING LIKE THE ANCIENT HISTORY WE'VE SEEN SO FAR...

THIS IS MORE LIKE CURRENT EVENTS.

HOW'S THE GAME, DITTO?

WE'RE UP TWO AND BRINGING IN OUR CLOSER!

WANNA PLAY CATCH, DAD?

SURE, DITTO!

Y'KNOW, PLAYING CATCH IS A TIME-HONORED AMERICAN TRADITION.

FATHERS HAVE DONE IT FOR GENERATIONS.

I PLAYED WITH MY DAD, AND HE PLAYED CATCH WITH HIS DAD.

IT'S A TRUE BONDING EXPERIENCE.

DAD?

WHAT, DITTO?

I CAN'T CATCH IF YOU DON'T THROW.

# The PHANTOM

by LEE FALK

THIS IS AS FAR AS I WENT THE LAST TIME I WAS HERE.

I GOT THE IDEA IT MIGHT BE MY LAST CHANCE TO TURN BACK BEFORE I HAD A BATTLE ON MY HANDS.

I DON'T SEE ANY CREATURES HERE NOW, AND DEVIL'S NOT WARNING US OF ANY.

LET'S KEEP GOING!

WE'VE BEEN GAINING ELEVATION FOR SOME TIME NOW...

THAT COULD MEAN THE SECOND ENTRANCE IS JUST AROUND THE NEXT CORNER.

YOU KEEP SAYING "SECOND ENTRANCE."

DARLING? WHAT IS IT?

YOU'RE RIGHT! THERE COULD BE A DOZEN WAYS IN AND OUT OF THE TEMPLE FOR ALL WE KNOW.

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FATHERS HAVE DONE IT FOR GENERATIONS.

I PLAYED WITH MY DAD, AND HE PLAYED CATCH WITH HIS DAD.

# Hi and LOIS

by BRIAN and OREG WALKER

WHAT DO YOU THINK?

BIG JOB.

CAN YOU GET IT CLEAN?

I CAN TRY.

INCLUDING THE DROOL SPOTS?

I'LL GET THE SCRAPER.

SO, WHEN ARE YOU HEADING BACK TO SCHOOL?

I'M NOT.

FUNNY YOU SHOULD SAY THAT... I WAS JUST THINKING I SHOULD BUY YOU GUYS A DRINK.

I'VE DECIDED TO TAKE A GAP YEAR FROM MY GRADUATE WORK.

REALLY??

I... DO YOU THINK THAT'S A GOOD IDEA?

WANT TO...

I MEAN... AFTER A YEAR OFF IT MIGHT BE DIFFICULT TO...

WRITE A BOOK!

OH...

"MAYBE WE SHOULD JUST PAINT THE ENTIRE CEILING CHARCOAL BLACK."

# ZITS

BY JERRY SCOTT AND JIM BORGMAN

# LOEJZL THINING

# VAH RATHIUG

WHAT DO YOU THINK?

BIG JOB.

CAN YOU GET IT CLEAN?

I CAN TRY.

INCLUDING THE DROOL SPOTS?

I'LL GET THE SCRAPER.

# THE LOCKHORNS

BY BUNNY HOEST AND JOHN REINER

"IT'S A CLASSIC CASE OF THE BLONDE LEADING THE BLAND."

"FUNNY YOU SHOULD SAY THAT... I WAS JUST THINKING I SHOULD BUY YOU GUYS A DRINK."

# FUNKY WINKERBEAN

by TOM BATIUK

SO, WHEN ARE YOU HEADING BACK TO SCHOOL?

I'M NOT.

I'VE DECIDED TO TAKE A GAP YEAR FROM MY GRADUATE WORK.

REALLY??

I... DO YOU THINK THAT'S A GOOD IDEA?

WANT TO...

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WRITE A BOOK!

OH...

"MAYBE WE SHOULD JUST PAINT THE ENTIRE CEILING CHARCOAL BLACK."

# SLYLOCK FOX

BY BOB WEBER JR.

Flash drives containing confidential client information were stolen from law offices in this building. Wanda Weasel says while she was taking out office trash she was knocked out by the thief flinging the door open before escaping. Why doesn't Slylock Fox believe Wanda's story?

Solution -- There would be an overflowing trash can directly in front of the door. Wanda would have used it to dispose of her trash.

Spot six differences between these panels.

Answer -- Helmet strap, freckles, bike, mustache, chimney and eyes.

Spot six differences between these panels.

Answer -- Helmet strap, freckles, bike, mustache, chimney and eyes.

"LEROG DANCES LIKE HE HOPES NOBODY'S WATCHING."

### HOW TO DRAW a kitty with a kite

Today's terrific artist is Addison, age 12

Submit your drawing to [www.slylockfox.com](http://www.slylockfox.com)

Humans have seven neck vertebrae (neck bones). How many do giraffes have?

a) Five  
b) Seven  
c) Twenty  
d) Twenty-six

Solution -- (b) All mammals have seven neck bones.

NEW! Slylock Fox: Spot the Six Differences book is here! Available at [www.slylockfox.com](http://www.slylockfox.com)

"I JUST LOVE WHAT YOU'VE DONE WITH YOUR HUSBAND"



# Soup Kitchen thrives via local support

By **DAWN HANKINS**  
dhankins@t-g.com

Community Middle School has collected a grand total of 2,247 nonperishable items during its annual Student Council canned food drive, which will benefit Shelbyville Community Soup Kitchen.

School officials said they were very proud of their student body and staff for donating food to help Bedford County.

This type of community outreach is benefiting the least of these—those in need of W.F.F., which stands for warmth, food and friendliness.

Who pays the bills? Funds from individuals and local congregations sustain the weekly ministry. As stewards of these gifts, the SCSK Board of Governors seeks to provide the best food possible through the most cost effective means. Despite the name “soup kitchen” most weekly meals include hot



casseroles, ham, meatloaf, grilled chicken, and other dishes appropriate for the time of year.

## Help always needed

Volunteers keep adding their name to the weekly list, soup kitchen organizers note. They are thankful for adults and youth who reach out to help the hungry.

## SCSK news

Starting Oct. 27, Shelbyville Community Soup Kitchen will observe its winter schedule. Serving

times will be 3:30 to 5 p.m. Doors will open at 3 p.m.

Get ready for comfort food as SCSK will have a fundraising lunch on Sunday, Nov. 6, from 11 a.m. to 2 p.m. at its location of 336 Cannon Boulevard. On the menu will be chicken and dressing, turnip greens and more! Serving will be SCSK board members. Included will be rolls, drink and dessert. Carryouts will be available. No reservations required. Donations will be accepted. See SCSK’s Facebook page for updates.



## Doug

(Continued from Page 1)

labor camps.

Li had seen fellow imprisoned Christians tortured so badly that their numerous wounds and slashes bled through their clothing.

Pastor Li’s wife, Zhao Xia wrote concerning their current lifestyle and persecution, “Don’t feel sorry for us. At least we are constantly reminded that we are in a spiritual war. We know for Whom we are fighting. We know who the enemy is. And we are fighting. Perhaps we should pray for you Christians outside China. In your leisure, in your affluence, in your freedom, sometimes you no longer realize that you are in spiritual warfare.”

The Apostle Paul knew what it was like to be tortured for his faith. He was among friends in Macedonia, recovering from his previous persecutions when he wrote his second letter to the church in Corinth.

In 2 Corinthians 11 he wrote: “23...in labors more abundant, in stripes above measure, in prisons

more frequently, in deaths often. 24 From the Jews five times I received forty stripes minus one. 25 Three times I was beaten with rods; once I was stoned; three times I was shipwrecked; a night and a day I have been in the deep; 26 in journeys often, in perils of waters, in perils of robbers, in perils of my own countrymen, in perils of the Gentiles, in perils in the city, in perils in the wilderness, in perils in the sea, in perils among false brethren; 27 in weariness and toil, in sleeplessness often, in hunger and thirst, in fastings often, in cold and nakedness— 28 besides the other things, what comes upon me daily: my deep concern for all the churches.

Apostle Paul was in prison in Rome when he wrote his letter to the Ephesians, in which he said, “Be strong in the Lord and in His mighty power. 11 Put on all of God’s armor so that you will be able to stand firm against all strategies of the devil. 12 For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and

against evil spirits in the heavenly places.”

That is what Zhao Xia was referring to when she wrote, “Don’t feel sorry for us. At least we are constantly reminded that we are in a spiritual war. We know for Whom we are fighting.”

And just like Paul, Zhao Xia was praying for other Christians. They were praying for others people, and we need to be praying for those around the world who today are being persecuted for their faith in Christ.

Persecuted Christians may have made my suits, sports jackets, and coats. I wonder what their conditions are in those factories in foreign lands.

I pray for fellow believers in Christ, my brothers and sisters around the world every day. I have made that a habit.

If they are praying for me in my...leisure...my affluence...my freedom... while they are suffering for their strong stand for the Word of God and their Lord Jesus Christ...My Lord Jesus Christ...then I must be praying for them as well.

A portion of a proclamation from the 1975 World Council

of Churches Nairobi Assembly says, “No one—imprisoned, tortured, harassed, or persecuted—should escape the vigilance of the praying church.”

Back in the 16th century John Calvin wrote, “Against the persecution of a tyrant the godly have no remedy but prayer.”

In the earliest years of the 2nd century, one of the Apostle John’s disciples was a man named Ignatius. He was appointed as the Christian bishop of Antioch in Syria.

In the year 111 A.D., Ignatius was imprisoned for his unwillingness to make offerings to the Roman gods, and his refusal to worship any other gods but the One True God, the Lord Jesus Christ.

Bishop Ignatius, while in a Roman prison, wrote to the churches he oversaw. In one of those letters he wrote this prayer: “Father make us more like Jesus. Help us bear difficulty, pain, disappointment, and sorrow knowing that in your perfect working and design you can use such bitter experiences to mold our character and make us more like our Lord.”

Historical records indicate that on the day he

was martyred for his faith, Ignatius was led into the Roman arena before a large crowd and was mauled to death by wild beasts; probably hungry lions.

It is recorded that as he stood before that roaring and mocking crowd he once again refused to deny Jesus Christ. Some of his last words were, “Now I begin to be a disciple... Let fire and cross, flocks of beasts, broken bones, and dismemberment come upon me, so long as I attain to Jesus Christ.”

When the wild beasts were released, Ignatius didn’t struggle. It’s written that the Bishop “willingly laid down his life as a sacrifice and sweet-smelling offering unto the Lord.”

I pray for those Christians around the

globe today who are suffering persecution and martyrdom; those who stand firmly for their faith in Jesus Christ while facing humiliation, beatings and torture.

And I pray that I too would be standing firmly in my faith should I face that type of persecution.

God help me. God help us.

•*Doug Dezotell is the pastor of Cannon UMC. He is a columnist for the Times-Gazette, and he is a husband, a father, a grandfather, and a friend to everybody he meets. He can be contacted at dougmdozotell@gmail.com, or at 931-607-5191. You can join him on Sundays for worship at 11 a.m. at Cannon Methodist, 1001 S. Cannon Blvd. in Shelbyville, Tennessee.*

## Mark

(Continued from Page 1)

dents having so much fun talking together was the fact so many students can’t name the classmate who sits next to them, even after more than half a semester in class.

The world has always

been a lonely place, but COVID isolation has made it even lonelier. You don’t have to start a lengthy conversation with everyone you see. A simple hello works. Make the effort to be more connected to those around you instead of those miles away on a social media site.

Try it. You might like it.

# Harris Middle celebrates Hispanic Month

By ZOE HAGGARD  
zhaggard@t-g.com

Harris Middle School hosted a Hispanic Heritage event Friday afternoon, featuring traditional dancing, singing, and games.

According to Megan Lawell, library media specialist, Harris has recognized Hispanic Heritage Month in the past both in classrooms and throughout the school. However, this is the first time they have ever made an event of this size.

Lawell said this was in large part due to the new Student Council members and their efforts to “improve school behavior and culture.”

“We have been able to put together an event of this size for the whole school to celebrate,” she said.

Harris currently has 47% Hispanic students. “We want our Hispanic faculty, students and their families to feel welcomed and celebrated. We also want to educate our school as a whole on the culture that is within these walls and within our Shelbyville community,” she said.

T-G Photos by Zoe Haggard



GENEROUS DONATION TO SCSK



Submitted Photo

Shelbyville Community Soup Kitchen continues to be blessed in many ways by the community - it's people, churches and businesses. Those who are living under difficult circumstances are the benefactors of this generosity. Pictured is Mai Evans George presenting a donation from Atmos Energy. From left, Barbara Pate, Ron Obenauf, Mai Evans George, Gloria Johnson, Kay Bartley, Robert Martin, Steve Bobo.

## Giving Thanks

*"Give thanks to the Lord, for he is good; his love endures forever."*  
Psalm 107:1 NIV

The Spanish name for the Thanksgiving holiday is "El Día de Acción de Gracias," which translates roughly to "The Day of Giving Thanks." The Spanish name for the holiday drives home the active nature of giving thanks, whereas the English name seems a bit more passive. We are often asked to contemplate on Thanksgiving Day what we are thankful for but might neglect to actively thank God for those things. Thanking is indeed an action, whereas being thankful can be a passive state of mind. So how might one actively thank God for all the blessings in one's life? Perhaps the simplest way is to share those blessing with others. If you have been blessed with talents and material wealth, consider how you can share them with friends, family, and those in need in your community. The Pilgrims who originally celebrated this holiday had suffered greatly since their arrival off the coast of what is now Massachusetts. Less than half of them survived the 66-day voyage across the Atlantic and the brutal first winter. In the Spring of 1621, members of several native American tribes helped them to plant corn, collect maple syrup, and celebrated the first Thanksgiving as a harvest festival. We can learn a lot from that first Thanksgiving. If people who had suffered so much can find it in their hearts to give thanks, then so should we. And if people whose customs are so different as were the Pilgrims and these native Americans can help each other, then perhaps we can find it in our hearts to do the same. Thank you, Lord, for all that you have given us!  
- Christopher Simon

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# Times-Gazette SPORTS

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Saturday, October 22, 2022



T-G Photos by Chris Siers

Abby Murrill connects on a head-in goal in the sixth minute off a corner kick by Zoey Dixon.

## Dixon sets record; Viqueens reach region final

By **CHRIS SIERS**  
sports@t-g.com

UNIONVILLE — The Community Viqueens have been playing at a high level for a while.

Since falling to Cascade in a 3-2 thriller on September 20, the Purple and Gold has rattled off eight-straight wins, the most recent being a 9-0 decision over Marion County to advance Community to the Region 3-A championship against 2021 state runner-up Chattanooga School of Arts and Sciences.

“This team has come on really strong at the end. It’s one of the most complete teams I’ve coached because we’ve got good mids, good forwards and our defense been playing stellar,” Viqueen coach Chris Brothers said.

Tuesday’s region semifinal was never in doubt as Community found the back of the net three times in the first eight minutes.

Senior Zoey Dixon led the way as she set the single-season goals mark for Community, as she banked a hat trick and set the record at 27 goals by the end of Tuesday night’s match.

Taylor Wessner slotted home the first goal in the fourth minute and Dixon assisted Abby Murrill on a header off a corner kick to make it 2-0 in the 6th minute.

Dixon struck in the eighth and 21st minute before fellow senior Addison Brothers got in on the scoring mix in the 29th minute.

Wessner scored her second of the match in the 33rd minute to make it a 6-0 lead at the half.

The Viqueens got three more goals in the second half to reach the scoring limit and end the game with 16 minutes left on the clock.

Jennifer Zuniga scored in the 52nd minute and Dixon capped her hat trick with a strike in the 62nd minute, while Sarah Woolbright scored the ninth goal to end the game.

Dixon’s hat trick, which set the single-season scoring mark for Community, has

been just another accolade for the Purple and Gold during her stellar career.

“She can play defense, she can play mids, and I can move her up to play forward. She’s just an all-around good athlete and is a joy to coach,” Brothers said.

While Dixon’s mark was the latest for the Viqueens, it’s been a historically stingy defense that has the Viqueens knocking on the door of the state tournament.

“In the back with Abby Murrill is kind of shutting everything down with her speed and athletic ability. And then Addison beside Zoey—this senior group is really, really tremendous and I’m very proud of them,” Brother said.

Just how good has the Viqueen defense been as of late?

During the eight-game win-streak, Community has allowed just one goal, which came in the regular season finale against the Middle Tennessee Golden Eagles.

Tuesday night’s 9-0 shutout over Marion County was the 10th shutout of the season and the fifth match to reach the nine-goal scoring limit.

Community went on to host Chattanooga School of the Arts and Sciences on Thursday night, however results were unavailable by press time.

Marion Co. 0 0 — 0  
Community 6 3 — 9

**First Half**

- C — Taylor Wessner goal, (4th minute).
- C — Abby Murrill goal, Zoey Dixon assist (6th minute).
- C — Dixon goal, (8th minute).
- C — Dixon goal, (21st minute).
- C — Addison Brothers goal, (29th minute).
- C — Wessner goal, (33rd minute).

**Second Half**

- C — Jennifer Zuniga goal, (52nd minute).
- C — Dixon goal, (62nd minute).
- C — Sarah Woolbright goal, (64th minute).

**Dixon scored her 27th goal of the season to set the single-season scoring record for Community.**



## Blackburn hat trick puts Eaglettes in finals

**T-G STAFF REPORT**

ATHENS — Shelbyville Central’s Paige Blackburn scored a hat trick as the Golden Eaglettes claimed a 3-2 win over McMinn County in the region semifinals on the road Tuesday night.

The Eaglettes (8-6) traveled

to face Franklin County on Thursday evening for the region championship.

Shelbyville Central’s first goal was set up by a nice assist by Sharaid Palmeros, who was one-on-one with the McMinn County keeper, then slid the ball to

Blackburn for the score.

“Our girls played to win tonight. We switched a few things around and these girls have just connected so well,” Eaglette coach Casey Curry said. “Our keeper Diana Arias had an amazing game. She had many game saving saves.”

This is only the second time in history the Shelbyville Central girls soccer has made it this far and Coach Curry will be associated with both.

The first time she was a player (Casey Bearden) and now as the head coach.

“My heart is just so full for these girls,” Curry said. “I can’t express how proud I am of their hard work.”

The Eaglettes faced Franklin County in for the region title on Thursday night, however results were unavailable by press time.

# Vols insist they're focused on UT Martin

By AL LESAR  
Associated Press

KNOXVILLE — New goalposts are in place and ready for kickoff Saturday at Neyland Stadium. The third-ranked Tennessee Volunteers also insist they know the party is over and they are focused on what's next.

Even if that next challenge is UT Martin of the Football Championship Subdivision.

"We have an opportunity to get a whole lot better," said Tennessee coach Josh Heupel. "The challenge is for us to become our best."

That might be easier said than done days after Tennessee fans painted Neyland orange celebrating last week's 52-49 win over Alabama. After the Vols ended a 15-game skid to their Southeastern Conference rival, fans stormed the field, tore down the uprights and lit up victory cigars.

Vols quarterback Hendon Hooker threw for 385 yards and five touchdown passes, further cementing him as a Heisman Trophy favorite.

Wide receiver Jalin Hyatt caught all five scores while piling up 207 yards with both have been showered with attention.

Heupel has done his best to hit the reset button as the Vols (6-0) head into homecoming with their best start since 1998 when they won the national championship.

"It's about us," said Heupel. "It's about our preparation. (The players) got a good dose of reality from their position coaches and from me too."

The Vols say they're listening closely.

"We had a good game; a good week," Tennessee defensive back Tamarion



AP Photo/Wade Payne

Volunteer head coach Josh Heupel celebrates on the field with a cigar after beating Alabama last weekend.

McDonald said. "Every week, we prepare the same way; focus on the details."

UT Martin (4-2) will be getting a game check of more than \$1 million from its second FBS opponent this season. The Skyhawks lost 30-7 on the road at Boise State in September, and coach Jason Simpson, in his 17th year at UT Martin, understands the bottom line.

Simpson also has an offense averaging 486 yards and 37.5 points per game to test Tennessee's defense.

"This is what we're good at, this is what they're good at," he said. "Then, we'll see."

UT Martin had an open date last weekend after beating Murray State 45-16 on Oct. 8. That allowed Simpson to attend Tennessee's big win over Alabama in person. His son is a freshman quarterback at Alabama.

"It's great for our team to compete in that environment," said Simpson. "It's an opportunity for our team to grow."

### New territory

Hooker tied Heath Shuler's program record with a touchdown pass in 18 straight games. Now he needs only one more to take that mark all to himself.

Hooker's streak also is tied for the longest streak in the nation along with Clayton Tune of Houston and Memphis quarterback Seth Henigan.

### Next man up

The Vols' secondary is thin with cornerback Warren Burrell out for the season and starting safety Jaylen McCollough sidelined after an arrest for felony aggravated assault arrest.

The unit grew thinner when cornerback Christian Charles went out against Alabama with a minor injury. That left walk-on William Wright to play the final four plays of

Alabama's drive for what wound up a 50-yard field goal try that missed wide right.

Wright even came up with a key tackle that Heupel called: "A great lesson to all our players that you don't know when your opportunity is coming."

### Familiar with FBS

Tennessee's high ranking doesn't intimidate Simpson. He talked about his team's 2014 game with No. 1 Mississippi State, which had Dak Prescott at quarterback that season. The Skyhawks lost 45-16. UT Martin already has defending national champion and top-ranked

Georgia on the schedule for 2023.

### Returning Vols?

Heupel said McCollough has not been suspended because of the arrest. McCollough allegedly punched someone who walked into his apartment after knocking on a door in the wrong apartment building. "We look forward to having him available soon," Heupel said.

Wide receiver Cedric Tillman also might be closer to returning. He's had four weeks of recovery from surgery for a high ankle sprain, the usual recovery period for that procedure.

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# End of the road for Lady Champs

**T-G STAFF REPORT**  
**CHATTANOOGA**  
 Cascade's Lady Champions couldn't quite find their footing against the CSAS Patriots as they fell 7-1 in the Region 3-A Tournament semifinals on Tuesday night to end their season.

Junior Emma Ward netted the lone goal for Cascade in the 46th minute of the match, and goalkeeper Claire Perry saved 16 shots on the night. Overall, Cascade finished with a 5-4 record and 3-3 in District 6-A play.

# Braves reeling after playoff flop, excited for future

By **PAUL NEWBERRY**  
 AP Sports Writer

More than four months of dazzling baseball carried the Atlanta Braves to a fifth straight NL East title. Their hopes of repeating as World Series champion fell apart in less than a week.

The season came to an unimaginable end with two dismal performances in Philadelphia, where the Braves were outscored 17-4 and lost the Division Series 3-1 to a Phillies team they beat by 14 games during the regular season.

"Man, I'm disappointed," manager Brian Snitker said Sunday, less than 24 hours after the final game. "Just remembering what we went through this year, and expecting to (win the World Series) again."

Instead, the Braves made their earliest exit from the postseason since 2019.

The wild-card Phillies are now heading to the Championship Series, their title hopes still alive while two 101-win teams that fought to the wire for the division title are all done.

The Braves climbed back from a 10 1/2-game deficit to chase down the Mets, sweeping New York on the final weekend of the season and winning the dramatic pennant race on a tiebreaker to earn the first-round bye.

The Mets were upset in the opening round by the San Diego Padres. Atlanta went down next, doomed by poor starting pitching, an offense that suddenly went cold and a bullpen that couldn't keep it close with the season on the line.

"We didn't do a lot of things well," Snitker said. "We're a better team than the way we played in this Division Series."

For good measure, a glaring lack of hustle by one of the team's best players, Ronald Acuña Jr., marred the decisive game and sparked a tirade from team radio announcer Joe Simpson, who called it "embarrassing."

Still, Snitker said his biggest memory of this team will be the way it fought back to catch the Mets. The future certainly looks bright, with most of the young core locked up to long-term contracts and nearly everyone set to return in 2023.

"We have a great team. We really do," general manager Alex Anthopoulos said. "You have to turn the page at some point."

Snitker, too, is excited about what the future holds. "We have talented players," he said. "We'll reconvene in March and the goal is going to be to win the division again."

Swanson's farewell?  
 The biggest question heading the offseason is the status of shortstop Dansby Swanson, who is set to become a free agent.

After winning the World Series a year ago, the Braves lost longtime first baseman and team leader Freddie Freeman in free agency.

Another Atlanta stalwart could be headed out the door this winter, though both the Braves and Swanson have expressed a desire to get a new deal done.

That was the case with Freeman, too, but he now plays for the Dodgers.

## Baby Braves

The Braves have the two leading candidates for NL rookie of the year — outfielder Michael Harris II and pitcher Spencer Strider — and locked them both up to lengthy contracts even though they were years away from being eligible for free agency.

Harris, 21, was brought up from Double-A to bolster the team's defense and wound up being one of the Braves' best all-around players. He hit .297 with 19 homers, 64 RBIs and 20 stolen bases.

The hard-throwing Strider, still a few days from his 24th birthday, solidified the rotation while become the first pitcher in baseball history to record 200 strikeouts and give up fewer than 100 hits.

## Who's the closer?

Kenley Jansen had a big season, leading the NL with 41 saves after signing a \$16 million, one-year deal with the Braves.

Anthopoulos said he'd like to bring Jansen back, but the Braves have other options if the 35-year-old signs elsewhere.

Former Angels closer Raisel Iglesias was acquired at the trade deadline and thrived in a set-up role to Jansen. He's also had a pair of 30-save seasons and is under contract to Braves for three more years at \$48 million.

Another option is Kirby Yates, who struggled in limited appearances coming back from Tommy John surgery but also has experience as a closer. He was an All-Star who led the NL with 41 saves while pitching for San Diego in 2019.

## Starting questions

Kyle Wright led the majors with 21 wins, Max Fried had another strong season and Strider looks to have an extremely bright future.

Beyond that, there are questions marks in the rotation. Charlie Morton will return to the Braves on a \$20 million, one-year deal, providing plenty of experience but needing to improve on an up-and-down season.

The other starting candidates all come with baggage. Former All-Star Mike Soroka hasn't pitched in the big leagues since 2020 after twice tearing an Achilles tendon, while Ian Anderson endured a miserable season that led the Braves to send the once-budding star back to the minors. Bryce Elder and Kirk Muller have plenty of promise but little big league experience.



AP Photo/Wade Payne

Alabama quarterback Bryce Young hopes to lead the Crimson Tide back to the win column after falling at Tennessee last week.

# Alabama, Mississippi St. each seek SEC rebounds

By **GARY B. GRAVES**  
 AP Sports Writer

A look at Week 8 in the Southeastern Conference:

## Game of the week

No. 6 Alabama (6-1, 3-1 SEC) hosts No. 24 Mississippi State (5-2, 2-2)

The Crimson Tide are coming off a thrilling 52-49 loss at then-No. 7 Tennessee, where they were flagged 17 times for 130 yards yet still had a chance to win. Alabama's Heisman Trophy-winning quarterback Bryce Young provided a bright spot, throwing for 455 yards and two touchdowns against the Volunteers. The Bulldogs fell 27-17 at then-No. 22 Kentucky, ending their three-game winning streak. They managed just 22 yards rushing and only 226 overall. MSU still boasts the SEC's top quarterback in Will Rogers, who needs one TD pass and 338 yards to break Dak Prescott's school records of 70 TDs and 9,376 career yards.

## Best matchup

No. 7 Mississippi (7-0, 3-0) at

LSU (5-2, 3-1)

The Rebels will try to maintain a half-game West Division lead. Two of the SEC's top offenses will be on display with the Rebels averaging nearly 503 yards per game and the host Tigers averaging 443. The teams are pretty close defensively, ranking 5-6 respectively with LSU allowing eight fewer yards per game at 338. The Tigers own the series 64-41-4 but the Rebels won last year's meeting 31-17 in Oxford. The home team has won eight of the past 10 series meetings.

## Impact player

Throwing anywhere near Mississippi State cornerback Emmanuel Forbes is a mistake right now. He has four interceptions in the past three games to lead the SEC with five. Forbes has returned two for touchdowns, including a 59-yarder last week at Kentucky. That pick-six helped him tie the conference career mark of five. Forbes also leads the SEC with 11 passes defended.

## Inside the numbers

LSU scored touchdowns on its first six possessions against Florida, covering between 73 and 88 yards with three drives using at least a dozen snaps. ... Kentucky running back Chris Rodriguez Jr. became the school's fourth 3,000-yard career rusher with his 196 yards on a career-high 30 carries against Mississippi State. ... The Wildcats' 478 offensive yards were evenly divided rushing and passing. ... Alabama and Tennessee combined for 1,136 yards and 153 offensive plays. ... Ole Miss backs Quinshon Judkins and Zach Evans have rushed for 720 and 605 yards respectively, the nation's only teammates with more than 600 yards each on the ground.

## Upset alert

South Carolina (4-2, 1-2) is a 3-point underdog against struggling Texas A&M (3-3, 1-2). The Gamecocks have won three straight, highlighted by a 24-14 win over then-No. 13 Kentucky two weeks ago. The Aggies aim to halt a two-game slide after beginning the month at No. 17.

# Walker retires after 14 NFL seasons with Niners, Titans

By **TERESA M. WALKER**  
 AP Pro Football Writer

**NASHVILLE** — Delanie Walker knew his broken ankle was bad when he didn't feel any pain while on the field in Miami.

Not because of shock. The nerve-endings had been severed.

"At that point, I kind of felt like this is going to be a tough one to come back from," Walker said Tuesday. "But knowing me, I was that guy, knowing that I wanted to come back early. I wanted to show the team that I worked my butt off to get back on this field. And, you know, it just didn't happen the way I wanted it to."

Walker broke his ankle in the 2018 season opener, the first game under his new head coach Mike Vrabel in what wound up as the NFL's longest game. Walker played seven more games in 2019, and the three-time Pro Bowl tight end finally retired Tuesday from the NFL after 14 seasons — nearly three years after his final game.

A new job with the NFL's Legends Community helped Walker realize that the time to transition had arrived.

"There's no other job in the world like the NFL," Walker said. "So it took me a while to realize that I probably wasn't going to be able to play again. And that moment hit once I got my new job, I just realized that it was time to hang it up and I wanted to do it with the Tennessee Titans." A sixth-round pick out



AP Photo/James Kenney

After 14 seasons in the NFL, Delanie Walker officially retired this week as a Tennessee Titan.

of Central Missouri in 2006 at No. 175 overall, Walker wound up playing 14 years in the NFL with 504 catches for 5,888 yards and 36 touchdowns in 183 games. He spent his first seven seasons with the San Francisco 49ers where he had just eight touchdowns playing behind Vernon Davis.

When Tennessee called offering the California native an opportunity to be the Titans' No. 1 tight end, Walker jumped at

the opportunity in 2013. Starting that year, he led all NFL tight ends with 356 catches through 2017.

Walker was a four-time team captain and a Pro Bowl pick in 2015, 2016 and 2017. He was the team's Walter Payton NFL Man of the Year nominee in 2013 and 2015 for his work including with Mothers Against Drunk Driving.

His 28 TD catches for Tennessee leads all tight ends for the franchise.

Walker ranks second in franchise history behind Frank Wycheck with 381 receptions for 4,423 yards receiving. Titans controlling owner Amy Adams Strunk congratulated Walker on a fantastic career capped by a news conference at Nissan Stadium.

"Delanie will always be considered part of the Titans family, and we wish him continued success in the years to come," Strunk said.



AP Photo/Mark Zaleski

Jahvon Quinerly will be a key component for the No. 20 Alabama Crimson Tide in the upcoming basketball season.

# Alabama banks on better defense, improved March

By **JOHN ZENOR**  
AP Sports Writer

Alabama coach Nate Oats doesn't plan to tolerate his team slacking on defense this season.

The 20th-ranked Crimson Tide has talent both returning and incoming, but plenty to improve on from a season that crashed to a halt with a first-round NCAA Tournament exit after an end-of-season skid. A team that had risen as high as No. 6 lost its final four games.

Oats' priorities: Better leadership, shooting and, of course, defense. The Tide ranked 320th out of 350 teams in scoring defense last season.

"It's going to be a huge point of emphasis every single day all year," he said. "Just how good can we be on defense. How connected can we be. Our depth is a lot better, so we can hold guys a lot more accountable to play defense. If you're not going to guard, we're just not going to play you."

Alabama must replace three of its top four scorers, and No. 2 scorer Jahvon Quinerly is out for the start of the season recovering from knee surgery. Oats is hoping to have him back by late December.

Oats brought in a pair of five-star recruits, guard Jaden Bradley and forward Brandon Miller, to highlight a class that ranked No. 3 in the 247Sports composite ratings. He's banking on the newcomers to help Alabama improve its 3-point shooting, having ranked 300th nationally in percentage from long range.

Starters forward Noah Gurley and 7-foot center Charles Bediako are back. Guard Nimari Burnett, a Texas Tech transfer, is eligible after sitting out last season with a knee injury.

Alabama lost leading scorer Jaden Shackelford, Keon Ellis and JD Davison.

"We need a lot of production out of the new faces," Oats said. "We're looking to try to be peaking at the end of the year, so we may go through some growing pains early in the year."

## March mad

Alabama had a disappointing ending

after getting upset by No. 11 seed Notre Dame in the first round of the NCAA Tournament. The team had gone 3-0 against 2021 Final Four teams, Baylor, Gonzaga and Houston.

"They should have a big chip on their shoulder," Oats said of his players. "We proved that we could play with the best teams in the country."

But, he added: "We weren't playing our best basketball come March."

## Top recruits

McDonald's All-Americans Miller and Bradley were rated the No. 15 and 17 recruits nationally, and both could play big roles early.

Oats called the 6-foot-9, 200-pound Miller the most college-ready freshman he has had at Alabama, a group that includes first-round NBA draft pick Josh Primo, and second-rounder Davison. Miller is a preseason second-team All-SEC pick.

"He's a 6-9 guard that can pass, dribble, shoot," Oats said. "He's got great poise. He's got to get a little stronger. He's put some decent weight on over the summer. needs to continue to put weight on."

Returning forward Darius Miles said of Miller: "One word: Different. That's really all I can say. He's different."

## Other newcomers

Oats also signed junior college transfer Nick Pringle and four-star prep prospects Rylan Griffen and Noah Clowney, plus two transfers. Mark Sears averaged 19.7 points, 6.0 rebounds and 4.1 assists per game last season for Ohio. Dom Welch was a four-year starter at St. Bonaventure.

## Schedule

Alabama faces three of the top four teams in the preseason rankings, No. 2 Gonzaga, No. 3 Houston and No. 4 Kentucky. The Tide also has nonconference games against Michigan State, Memphis and Oklahoma.

"As you can see, we love competition," Bediako said. "We're always looking for the hardest teams to play."

# NASCAR suspends Wallace for Las Vegas crash

By **JENNA FRYER**

AP Auto Racing Writer

Bubba Wallace received a one race suspension from NASCAR after an investigation determined he deliberately spun reigning Cup champion Kyle Larson at Las Vegas in a "dangerous act" of retaliation before confronting him afterward.

Wallace had a shoving match with Larson after Sunday's incident at Las Vegas and also pushed away a NASCAR official. The suspension handed down Tuesday falls under NASCAR's behavioral policy, and technically could cover most of Wallace's actions at Las Vegas.

But Steve O'Donnell, the executive in charge of competition and racing operations, said the penalties were for Wallace's dangerous and deliberate retaliation against Larson, not the fracas a few moments later.

"When we look at how that incident occurred, in our minds, (it was) really a dangerous act that we thought was intentional and put other competitors at risk," O'Donnell said on SiriusXM NASCAR Radio.

Wallace's suspension for this Sunday's race at Homestead-Miami Speedway is a rare step: Wallace is the first Cup Series driver to be suspended for an on-track incident since Matt Kenseth was parked for two races in 2015 for an incident at Martinsville.

23XI Racing, which is owned by Denny Hamlin and Michael Jordan, is not appealing the penalty, and John Hunter Nemechek will replace Wallace this weekend.

"23XI is aligned with NASCAR on the one-race suspension issued to Bubba and we understand the need for the series to take a clear stand on the incidents that took place at Las Vegas Motor Speedway," the team said in a statement.



AP Photo/John Locher

Bubba Wallace was suspended for one race following Sunday's altercation with Kyle Larson.

"Bubba's actions are not in keeping with the values of our team and partners. We have spoken to Bubba and expressed our disapproval of how he handled the situation. Bubba has made impressive strides this season and this experience is an opportunity for him to further learn and grow as a competitor in NASCAR."

Larson, who had been eliminated from the playoffs a week earlier, and Wallace, who did not qualify to race for the Cup title, clashed on Lap 94 at Las Vegas. Larson attempted a three-wide pass and Kevin Harvick in the middle dropped out of the bunch. Larson slid up the track toward Wallace, who did not lift off the gas to give Larson any room. Larson then shoved Wallace's Toyota into the wall.

Wallace had led 29 laps in a car he believed capable of winning and he reacted by following Larson's car down to the apron, where he seemed to deliberately hook him in the rear corner as retaliation. That sent Larson spinning into the path of Christopher Bell, a title contender who is part of the Toyota camp with Wallace.

The crash ended Bell's race and dropped him to last in the eight-driver playoff standings.

Wallace, meanwhile, climbed from his car and marched on the track toward Larson. Wallace was shouting before he even got to Larson and immediately began to shove the smaller driver.

Larson tried to turn away from him and several times lifted his arms to block Wallace's shoves,

but Wallace got in multiple shots before a NASCAR safety worker separated the two.

Wallace on Monday night apologized "for my actions" in a social media post he titled "Reflection." He apologized specifically to NASCAR and its fans, but also Bell, Joe Gibbs Racing and Toyota for "putting them in a situation in the Playoffs that they do not deserve."

His post did not address wrecking Larson — Wallace had claimed his steering broke when he hit the wall — or apologize specifically to the champion.

"I compete with immense passion, and with passion at times comes frustration," Wallace wrote. "Upon reflecting, I should have represented our partners and core team

values better than I did by letting my frustrations follow me outside of the car. You live and learn, and I intend to learn from this."

Wallace, the only Black driver at the top level of NASCAR, has shown clear progress this season under heavy scrutiny. The incident has been sharply criticized by some of his fellow drivers, who have called for safety improvements to NASCAR's new Next Gen car after recent injuries.

Joey Logano, winner of Sunday's race and the first driver locked into the championship-deciding finale, said Wallace's "retaliation is not OK."

"If he spun (Larson) into the infield, maybe it's a little better," Logano said on SiriusXM NASCAR Radio. "But right-rear hooking someone in the dogleg is not OK. I don't

think anyone realizes how bad that could have been. That could have been the end of Kyle Larson's career. That to me was what was on the line. Or, his life."

Logano said Larson was actually fortunate to have ricocheted into Bell and not directly into the wall.

"(Larson) might have flush-hit that thing in the side. And then game over. There's no room for that. You can't do that," Logano said. "I don't like using cars for a weapon. If you're that mad, just get out and fight him."

NASCAR also announced that the crew chief for Kyle Busch, Ben Beshore, along with two pit crew members have been suspended for the next four races after a wheel came off during the Las Vegas race.



**THE AMAZING SPIDER MAN** © by Stan Lee-Larry Lieber

IF I'VE GOTTA FIGHT YOU TO LEARN WHO YOU ARE, LET'S TAKE IT TO THE ROOF.

I DIDN'T COME HERE TO BATTLE YOU, BUT IF I HAVE TO—

—YOU'LL LEARN WHY I CALL MYSELF IRON FIST.

NICE TRICK! YOU GOT A BUNCH OF FIREFLIES STASHED UP YOUR SLEEVE?

WHILE, BELOW... THANKS, I NEEDED YOUR NURSE'S OUTFIT TO ACCOMPLISH MY MISSION!

YOU READY TO TELL ME WHO YOU ARE BEHIND THAT MASK?

WOULDN'T THAT KIND OF DEFEAT ITS PURPOSE?

OKAY—THEN WE'LL DO THIS THE HARD WAY.

WEB-FACE, YOU'VE GOT NO IDEA JUST HOW HARD IT'S GOING TO BE!

ON THE 14<sup>TH</sup> FLOOR... WITH BOTH OF US DISGUISED AS NURSES, NOTHING'LL STOP US FROM WASTING JIMMY WOO!

UNMASK, AND I'LL CONSIDER LETTING YOU GO SO WE CAN TALK.

THIS WEBBING OF YOURS—IS STRONG STUFF, ALL RIGHT—

BUT IT'S NO MATCH FOR MY IRON FIST!

**CURTIS** © by Billingsley

BARRY'S INTELLECT IS BEGINNING TO REALLY BLOSSOM

HE'S ASKING A LOT OF QUESTIONS...

WHY IS THE SKY BLUE, WHY IS SALT SALTY, WHY AREN'T THERE ANY MONKEYS WITH WINGS IN THE ZOO?

HE'S SEEN "THE WIZARD OF OZ"

**JUDGE PARKER** © by Marciuliano-Manley

I'M SORRY, WHAT?

YOU AND ME, WE'RE GOING TO TRACK DOWN AND CAPTURE WHOEVER DID THIS TO STEVE.

I... I CAN'T LET YOU DO THAT, GLORIA.

WHO ARE YOU TO "LET" ME?!

THAT'S MY HUSBAND IN THAT HOSPITAL ROOM! I DECIDE WHAT I CAN DO ABOUT THAT. AND I DECIDE IF YOU CAN HELP ME.

I HAVE NO IDEA WHY STEVE SOUGHT YOUR HELP INSTEAD OF MINE, SAM. MAYBE HE WAS PROTECTING ME. MAYBE HE JUST NEEDED A REASON TO SEE YOU AGAIN...

BUT WHOEVER TRIED TO KILL MY HUSBAND? THAT'S MY CASE. AND I WILL DO IT WITH OR WITHOUT YOU.

OKAY, GLORIA. I'LL FOLLOW YOUR LEAD.

GOOD...

BUT FIRST LET'S HEAR WHAT THE DOCTOR HAS TO SAY.

**POPEYE** © by Bud Sagendorf

I HAVE A SURPRISE FOR YOU, OL' PAL!

YEAH?

I AM GOING TO MANAGE THE SPACE MONSTER IN HIS FIGHT WITH YOU!

I THOUGHT HE'D BE PLEASED I HAVE A JOB!

FRIEND...PHOOEY!

YER GONER BE ME FIGHT MANAGER!

WHAT ABOUT WIMPY?

HE IS MANAGIN' THE SPACE MONSKER!

I WANNA MANAGE THE MONSKER!!

EVERYONE SEEMS TO BE ON THE SIDE OF THE SPACE MONSKER. I YAM GONER FIGHT!

IT'S NATURAL!

AFTER ALL, HE IS A GUEST!

BUT--?

# SUDOKU

		7		3	5	2		
6		3			2			1
5				6		3	8	
7	1			8	6		3	
			4	2	7		9	
	4	6		5				
8	3		2					1
2		9	5	1		7	4	3
4	7	1						

Level: Beginner

**THATABABY** © by Paul Trap

LET'S GO OUT TO EAT.

JUST ME AND YOU, NO KIDS?

YEAH, WHERE DO YOU WANT TO GO?

I COULDN'T CARE LESS. I'LL BE IN THE CAR.

⊙ \* ☼ ☽ ☿ ♀ ♁ ♃ ♄ ♅ ♆ ♇ ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓

ABCDEFGHIJKLMNOPQRSTUVWXYZ

## CRYPTO FUN

☼ ☽ ☿ ♀ ♁ ♃ ♄ ♅ ♆ ♇ ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓

Determine the code to reveal the answer!

Solve the code to discover words related to roller skating.  
Each number corresponds to a letter.  
(Hint: 9 = E)

- A. 5 2 19 6  
Clue: Place to skate
- B. 21 22 9 9 14 10  
Clue: Moving components
- C. 22 17 3 3 24  
Clue: Personal interest activity
- D. 10 7 9 9 23  
Clue: Rate of movement

**Here's How It Works:**

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	2	5	3	6	9	1	7	4
8	3	4	7	1	5	6	9	2
9	1	6	4	2	7	8	3	5
2	7	1	8	5	3	6	4	9
6	1	9	6	4	2	7	8	3
5	3	5	8	6	4	3	7	1
7	1	2	9	8	6	4	3	5
5	2	4	1	6	9	3	8	7
6	8	3	7	4	2	9	5	1
1	9	7	8	3	5	2	6	4

ANSWER:

Answers: A. rink B. wheels C. hobby D. speed



# Infuse Holiday Gatherings with Fresh Grape Flavor

FAMILY FEATURES

The elegance of the holidays starts at the table with meals, desserts and drinks shared among loved ones. This year, let grapes add easy elegance to seasonal recipes as a signature ingredient perfect for special occasions.

As a highly versatile addition to appetizers, snacks, main courses, sides and desserts, grapes are an essential ingredient to keep on hand. Thanks to their delicate sweetness and juicy texture, Grapes from California can be the star at the center of the meal in unique and tasty Braised Pork Chops with Spiced Honey and Grapes served with Spiked Grape Cider for a cozy adult beverage.

Finish the celebration by sharing Grape Basque-Style Cheesecake, where delicious, fresh grape juice is used in the cheesecake batter to lend natural sweetness and enhance flavor. Decorate the top with fresh, juicy grapes for a final festive touch.

Find more sweet ideas to celebrate the holidays at GrapesfromCalifornia.com.

## Braised Pork Chops with Spiced Honey and Grapes

Servings: 4

- 4 thick pork chops (about 3 pounds)
- 4 tablespoons flour
- 2 tablespoons butter or margarine, melted
- 1 1/2 cups whole red or black Grapes from California
- 1/3 cup honey
- 2 small cinnamon sticks, broken
- 3-5 whole cloves
- 1/2 teaspoon dried ground ginger
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1 tablespoon chopped fresh mint (optional)

Preheat oven to 325 F.

Heat heavy, lidded saute pan or casserole dish over medium-high heat. Dust pork chops with flour and brown slowly in melted butter. Do not let flour burn.

Remove pan from heat and add grapes, honey, cinnamon, cloves, ginger, salt and pepper. Cover and place in oven. Braise slowly 50-60 minutes, or until pork is tender. Remove pork from pan and keep warm. Skim pan sauce of excess fat. Arrange pork chops on serving platter, spoon with sauce and sprinkle with chopped mint, if desired.

**Nutritional information per serving:** 569 calories; 54 g protein; 41 g carbohydrates; 21 g fat (33% calories from fat); 9 g saturated fat (14% calories from saturated fat); 33% calories from fat; 165 mg cholesterol; 407 mg sodium; 1.6 g fiber.



## A Sweet Party Starter

Set the stage for a delicious get-together by serving an easy, attractive appetizer like this Grape Party Tray with fresh grapes, prosciutto, cheeses, pistachios and more holiday favorites. Grapes are easy to include as they offer variety – different colors, shapes, sizes and textures – which makes them an ideal healthy snack or ingredient in tasty recipes.

## Grape Basque-Style Cheesecake

Prep time: 15 minutes, plus cooling and chilling

Bake time: 40 minutes

Servings: 12

- 2 cups green Grapes from California, divided
- 1/4 cup, plus 2/3 cup, granulated sugar, divided
- 2 1/2 tablespoons cornstarch
- 2 large pinches kosher salt
- 21 ounces cream cheese, at room temperature
- 1 cup cold heavy cream
- 4 large eggs, at room temperature
- 2 tablespoons orange-flavored liqueur (optional)

Heat oven to 425 F with rack in center. Use 12-by-16-inch sheet of parchment paper to line 9-inch springform pan in center. Press paper into bottom edge of pan and flatten creases around sides. Place pan on shallow baking sheet.

In mini blender or food processor, blend 1 cup grapes, 1/4 cup sugar, cornstarch and salt on high until smooth, about 1 minute.

In bowl of electric mixer fitted with paddle, beat cream cheese and remaining sugar until fluffy, 1-2 minutes. With mixer on medium speed, gradually pour in heavy cream; scrape down and beat on high speed until mixture resembles soft whipped cream, about 1 minute. Beat in eggs, one at a time, scraping down between additions. At medium speed,

gradually add grape puree mixture; scrape and mix until well blended, 1 minute.

Pour batter into prepared pan, transfer to oven and bake 38-40 minutes until cake is puffed and top is caramel brown. Cracks will appear around edges and cake will be wobbly when touched gently with finger. Set cake pan on baking sheet on rack to cool. Cake will sink to half its height. Cool to room temperature, 1-2 hours, then refrigerate uncovered. Do not unmold cake from pan until well chilled, at least 5 hours or overnight.

Slice remaining grapes in halves or rounds. In small bowl, combine grapes with orange liqueur, if desired, and set aside.

When ready to serve, remove side of pan. Carefully pull creased parchment away from side of cheesecake then transfer to serving platter by peeling parchment away from bottom of cake and underneath pan while gently tugging cake toward platter and off parchment.

Garnish top of cheesecake with grape-liqueur mixture, if desired, or fresh grapes. Cut cake into wedges with thin, sharp knife.

Note: Cheesecake can be made up to 2 days ahead. Once cake is well chilled, cover pan with plastic wrap until ready to serve.

**Nutritional information per serving:** 350 calories; 6 g protein; 25 g carbohydrates; 26 g fat (67% calories from fat); 15 g saturated fat (39% calories from saturated fat); 135 mg cholesterol; 200 mg sodium; 0 g fiber.



Hot Spiked Grape Cider

## Hot Spiked Grape Cider

Prep time: 20 minutes

Cook time: about 1 hour

Servings: 4

- 5 cups red Grapes from California, plus additional for garnish, divided
- 3 cups water
- 1 tablespoon honey
- 1 cinnamon stick
- 2 star anise (optional)
- 1 large navel orange
- 6 ounces amber rum

In large saucepan, combine 5 cups grapes with water, honey, cinnamon and star anise, if desired. Bring mixture to boil over medium-high heat, reduce heat to medium-low, cover and simmer

until grapes are tender, 50-60 minutes. Let cool 15 minutes.

Lay medium mesh strainer over bowl and pour grape mixture through. Gently press on solids to remove juice from fruit for about 2 cups grape cider.

With peeler, peel off large strip orange zest and add to warm juice. Let cool, cover and refrigerate.

When ready to serve, gently warm cider over medium heat. Pour 1/2 cup cider into each cup. Add 1 1/2 ounces rum and garnish with twist of orange and small skewer of grapes.

**Nutritional information per serving:** 170 calories; 0 g protein; 18 g carbohydrates; 0 g fat (0% calories from fat); 0 g saturated fat (0% calories from saturated fat); 0 mg cholesterol; 5 mg sodium; 0 g fiber.



Grape Basque-Style Cheesecake

# Turkey Cranberry Dinner Rolls

Nonstick cooking spray  
1 package of Wonder Dinner Rolls  
2 cups diced turkey, cooked  
1 cup cranberry sauce or relish  
6 slices Swiss cheese  
6 tablespoons butter  
1 tablespoon yellow mustard  
1 tablespoon Worcestershire sauce  
1/2 tablespoon dried minced onion  
salt, to taste  
pepper, to taste  
1 tablespoon parsley  
1 cup Parmesan cheese  
Preheat oven to 325 F. Cover 9-by-13-inch baking pan with foil and spray with nonstick cooking spray.

Remove rolls from package in one piece, cutting entire slab in half lengthwise to create one half of "tops" and one half of "bottoms."  
Place bottom half in foil-covered pan and layer with turkey, cranberry sauce and Swiss cheese. Add top half of rolls.  
In microwave, melt butter and whisk in mustard, Worcestershire sauce, onion and salt and pepper, to taste. Pour evenly over rolls.  
Cover with foil and let sit 5-10 minutes then bake, covered, 20 minutes. Uncover and bake 5 minutes.  
Sprinkle with parsley and Parmesan cheese. Slice into individual rolls.

## Thanksgiving Stuffing

- 1/2 cup unsalted butter, divided
- 3 cups chopped onion
- 2 1/2 cups chopped celery
- 1 clove garlic, finely chopped
- 1 1/2 tablespoons chopped fresh sage
- 1 1/2 tablespoons chopped fresh thyme
- 2 teaspoons celery seeds
- 1 pinch grated nutmeg
- 1 pinch ground cloves
- 1 teaspoon kosher salt
- 1 loaf Wonder Classic White Bread, cubed
- 1/2 teaspoon freshly ground black pepper
- 1 1/2 cups low-salt chicken broth

Heat oven to 325 F.  
In large skillet over medium heat, melt 1/4 cup butter. Add onion, celery, garlic, sage, thyme, celery seeds, nutmeg, cloves and salt.  
Cover and cook until onions are soft, 5-7 minutes. Remove from heat.  
In large bowl, toss sauteed vegetables with bread cubes and season with pepper. Melt remaining butter and pour over stuffing along with broth then toss to coat.  
Bake, covered, until heated through, about 35 minutes. Uncover and bake additional 15 minutes.

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# Legendary quarterback Joe Theismann visits Shelbyville

## Fundraiser held for Boys & Girls Club

By **MARK MCGEE**  
Special to the T-G

Former NFL quarterback Joe Theismann scored a touchdown with the 300 attendees at the Stake and Chicken Dinner held Tuesday night to benefit the Boys and Girls Clubs.

It has been 3 years since the dinner has been held and an enthusiastic crowd at the Blue Ribbon Circle bid generously on live auction items while eating grilled chicken and all the fixings.

“Looking back on the pandemic the last couple of years really changed the perspective on our lives,” Theismann said during his presentation. “What was it like prior to 2020? What were you doing prior to 2020?”

He added, “All of a sudden the world basically stopped for all of us. Now we have a chance to bring it back.”

He stressed we have all undergone changes in our lives, especially due to the pandemic. He related many changes in his life, including the most dramatic which ended his pro football career with the Washington Redskins.

“Let’s go back to Nov. 18, 1985,” Theismann said. “We were playing the New York Giants on Monday Night Football. I will never forget that night. We were 4-5 and I wasn’t playing well. I remember sitting in front of my locker and staring at the wall. I had a heart-to-heart with myself. What is going to happen in my life? What am I going to do?”

It was Monday Night Football, the premier showcase for the NFL. If Theismann was going to turn his season around this was the time to do it.

“I said this is your opportunity, my favorite word, to show the world what you can do,” Theismann said.

Theismann explained that in the second quarter of the game he called for a “flea flicker”. He handed the ball off to fullback John Riggins who then pitched the ball back to Theismann. With his receivers covered, Theismann was scrambling around and he saw Giants outside linebacker Lawrence Taylor coming after him. When they collided, the result was fractures of the fibula and tibia for Theismann, with one bone protruding through the skin.

The severity of the injury put Theismann’s life into perspective. “With each accomplishment I grew a little more self-centered,” Theismann said. “I thought it was about me. Accolades get piled on and you start to think you are pretty special.

“I thought I was special. I said, tonight your entire world is going to change. I didn’t know I was into prophecy. I said, look out world, Joe is back.”

However, the injury ended it all for him. As they were taking him off the field, 55,000 people stood up and cheered him.

“They said thank you to someone who thought they needed no one,” Theismann said. “I always thought it was all about me. What can I get? What can I do? What can I accomplish?”

Theismann learned the lesson you cannot do things by yourself. “My life changed completely. The good Lord put us on this earth not to be served, but to serve others.

“I believe in Divine intervention. That night the Lord entered my life. He could have called. He didn’t have to send Lawrence Taylor.”

The challenge Theismann faced was not only healing his leg, but also changing his mental approach to life. “I had to learn to be a better person. What can you do to make somebody else’s life a little bit better? That is what I have been trying to do.”

He praised those in attendance Tuesday night for their willingness to support those who need a boost in life. “Every one of these kids is amazing,” Theismann said in reference to the children served by the Boys and Girls Clubs. “These are your kids, Bedford County.”

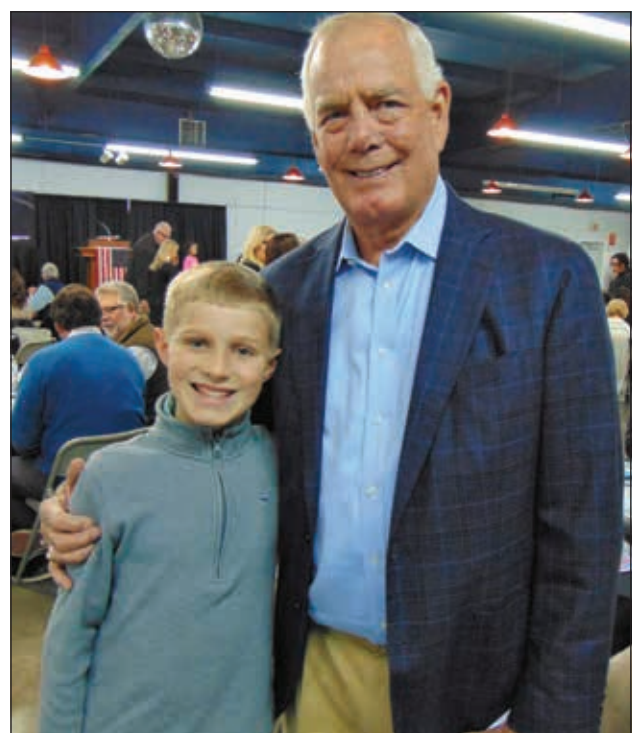
He ended his talk with how they offer so much. “They have such great, bright futures. It is exciting as it can be. I commend your generosity tonight. This is what we can accomplish when we give back.”



There were some 300 people in attendance.



Some local Boys and Girls Club members attended and spoke at the event.



State Rep. Pat Marsh and his grandson, Walker, were some of the ones in attendance.



Joe Theismann and friends

### A word, from Churn

By **ZOE HAGGARD**  
zhaggard@t-g.com

Following the Boys & Girls Club’s Stake and Chicken Fundraiser Tuesday night, site director Keith Churn said they had raised about \$120,000 in table sales.

The fundraiser had a live auction also.

“My favorite part was helping my kids prepare to participate. I was so very proud of them,” said Churn.

With the funds, the site director said they are planning to open a teen center by next semester.



ABOVE RIGHT: Sheryl Chesnutt, chief executive officer of the Boys & Girls Clubs of Rutherford County. ABOVE MIDDLE: Shelbyville’s Boys and Girls Club site director Keith Churn. ABOVE LEFT: Joe Theismann LEFT: One of the club members spoke at the event about how she has benefited.