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Champions

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Cascade graduated just five players last season and will return the majority of its defense that held teams to 15.8 points per

Had it not been for injuries in the last two weeks of the season, that point total could have been even lower last season.

"It's the same guys. The luxury of only graduating five guys last year, we only graduated one starter on offense and only three starters on defense. Those guys have had to grow a little bit and we've put in a little different scheme with Coach Tidwell being defensive coordinator this year. Our defense is playing lights out right now," Tyre said.

The ability to have a two-deep roster with depth has helped Cascade continue its stellar defensive play from a season ago.

"For small-school football, us being able to two-platoon, has really helped us out. We've only got two or three guys going both ways. We keep the offensive linemen and defensive linemen fresh. It's helped out a lot."

While every Region 5-AA game on

the schedule is an important one, it's one of Cascade's oldest rivals in Forrest that returns as defending Region 5-AA cham-

"They were region champs last year and I think everyone looks to knock off the region champ, regardless of who it is. You have to take every game as the same. If you want to be region champs, you've got to win region games. They're our third or fourth region game of the season. We've got to get those out of the way before we start looking at Chapel Hill, per se," Tyre

"Right now we're focusing on Moore County. They're Game 1 that's who we open against and that's who we want to have a good game against."

The biggest cog in the Cascade machine has been the leadership in the locker room, as well as the depth not seen in several years, according to Tyre.

"It's one of the best all-around groups of leaders that I've had since I've been running the program. I've had good leaders every year, but from top to bottom, I think these senior and junior leaders have done a good job leading the team. It makes a coach's job easier when you have leaders that handle some stuff that never has

to come to us because they're leading by example," he said.

"I think having the depth is also a strength we've not had in a while."

While last year generated plenty of success for the program, Tyre and the Champs have their goals set even higher this sea-

"We can't rest on our laurels of what happened last year. We've got to try to be a little better than we were last year," he said.

Cascade opens the 2022 season on August 19 at Moore County.

2022 Schedule

Aug. 19 Aug. 26 Sept. 2 Sept. 9 Sept. 16 Sept. 23 Sept. 30 Oct. 7 Oct. 14 Oct. 28	at Moore Co. vs. Cannon Co. vs. Mt. Pleasant* at Huntland vs. Richland* vs. Community at Forrest* at Jo Byrns Loretto* at Summertown*
Oct. 28	at Summertown*

^{*}Denotes Region 5-AA

2021 Rewind

Aug. 20 Aug. 27 Sept. 3 Sept. 10 Sept. 17 Sept. 24 Oct. 1 Oct. 8 Oct. 15	vs. Moore Co. at Cannon Co. at Mt. Pleasant* vs. Huntland at Richland* at Community at Forrest* Jo Byrns at Loretto*	29-14 25-0 16-14 28-17 21-14 33-14 24-7 22-14 18-6	W W W W W L W
Oct. 8	Jo Byrns	22-14	
Oct. 15	at Loretto*	18-6	
Oct. 29	Summertown*	21-17	
Nov. 5	at Lewis Co.**	36-18	

Circle your calendar

Sept. 30 **Cascade at Forrest**

Last season, the Forrest Rockets knocked off Cascade 24-7 and essentially locked up the Region 5-AA title with the win. Cascade looks to bounce back into the win column in the series against the Rockets in a game that could decide the Region 5-AA title.

Coach Speak

"It's one of the best all-around groups of leaders that I've had since I've been running the program. I've had good leaders every year, but from top to bottom, I think these senior and junior leaders have done a good job leading the team."

- Cascade coach Jake Tyre

2022 Cascade **Champions**

WR/DB

No. 2 Damien Byford

No. 2	Damien Byford	WR/DB	Jr.
No. 3	Jacob Cagle	FB/LB	Jr.
No. 4	Jake Bates	DT/DE	Sr.
No. 5	Xamarion Dixon	QB/FS	Sr.
No. 6	Preston Gentry	WR/LB	Sop
No. 7	Taylor Dowell	TB/LB	Sr.
No. 8	Max Darefsky	FB/LB	Jr.
No. 9	Blake Olive	WB/FS	Sr.
	Chance Brown	WB/CB	Sr.
	Christian Casey	TB/FS	Sop
	2 Joel Anthony	WR/DB	Jr.
	Corey Gooch	WB/FS	Fres
	Nick Collett	TE/LB	Fre
	Conner Huie	FB/LB	Sr.
	Vayden Moore	WB/DB	Sop
	Trenton Giel	QB/FS	Fres
	Eli Collard	QB/DB	Fres
	Sawyer Lovvorn	TE/DE	Jr.
	Andrew Dowell		Fres
		WR/LB	
	. Hayden Dowell ! Kolby Allen	WR/LB	Jr.
	-	WR/DB	Fres
	Colton Spivey	TE/DE	Sr.
	Aden Rawls	WR/LB	Jr.
	Kaden Hill	TE/LB	Fres Fres
	Will Cook	WR/DB	
	Lamar Bass	FB/LB	Fres
	Maddox Cooper	WR/LB	Jr.
) Kaleb Kelso) Louis Nicolson	TB/DB	Fres
		TE/DE	Fres
	Ayden Woodard Cain Harden	TE/DE	Fres Fres
	Eli Elliot	TE/LB	Sr.
	Dylan Crouch	TE/DE	Jr.
	! Issac Chapa	OL/LB	
		OL/LB	Jr.
	Cody Mason Logan Morton	OL/DL	Jr.
	Noah Hawkins	OL/DL	Jr.
	Gatlyn Farrar	OL/DE	Sop! Fres
	Shamari McChristian	OL/DL	
		OL/DT	Sr.
	Houston Kologinzak Shaun Evans	OL/DL	Jr. Fres
		OL/DL	
	Will Benton	OL/DL	Fres
	Gavin Kale	OL/LB	Sop
	Dustin Pinder	OL/DL	Fres
	Caleb Smith	OLDL	Sop
	Ethan Meli	OL/LB	Sr.
	Daniel Craig	OL/DL	Sr.
	William Kramer	OL/DL	Jr.
	Chris Murphy	OL/DL	Jr.
	Austin Powell	OL/DL	Sr.
	Cole West	OL/DL	Sr.
	Lantz Peoples	OL/DL	Jr.
	Kaleb Locke	OL/DL	Jr.
	Joseph Bailey	OL/DL	Fres
100. 99	Tyler Pinder	TE/DE/LS	Sr.

Assistant Coaches: Chris Arnold Ethan Calvert Andy Giel Sanders Lovvorn, Tre Stewart, Glenn Tidwell



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^{*}Denotes Region 5-AA game **Denotes Class 2A playoff game