

*A mother
is your first friend,
your best friend,
your forever friend.*



MOM AND HER 3 GIRLS



From left, Susan Sutton, Jessi White, Chloe Parker, Amy Jones

MISS MOM, JEWELL FISHER



From left, son, Mike Fisher, mom, Jewell Fisher, daughters, Juanita Fisher and Jeweline Segroves.

CELEBRATES A NEW HOME



"Boy Mom," Karen Heflin, celebrates with sons, Harrison and Theo.

FIRST BIRTHDAY



From left, Jeong Hee Dillingham, daughter, Sarah, and grandson, Alexander, celebrate birthday No. 1, Korean style.

Happy MOTHER'S DAY!

Thanks to everyone who submitted Mother's Day photos this year. As always, we were touched by the photos and expressions. Thanks to our advertisers as well. Happy Mother's Day 2022.

"GRAN-GRAN" AND 5 GENERATIONS



Lillian McCullough, 92, better known as "Gran-Gran," proudly holds claim of 5 generations. From left, Aimee Campbell (great-grandchild), Julie Graham (granddaughter), Grace and Kip Prosser (newlyweds and great-grandson and great-grand-daughter-in-law), "Gran-Gran," Judy Garrett (daughter), front row, Landry Prosser (great-great-granddaughter) and Ali Campbell (great-great-granddaughter.)

ABOUT OUR COVER



Thank you to our cover model & mama to 3, Hannah (Martin) Landers. Hannah is pictured with her daughter, Charlotte Landers. Hannah is now a twin mama to James William & Judith Caroline!!

Photo Credit: Ellen Jeans Photography

Happy Mother's Day

Newsom's Heat and Air

The Newsom Family
931-294-2339

Serving Bedford County Since 1995

\$10.00 OFF
A/C Spring Tune-Up

*1 per household & valid through 5/31/22

MEMORIES WITH MAMA



Daughters Marissa, Andriana, and Michaela say they always enjoy making sweet memories with their Mama, Mary Jones. "Nonna" also has 3 grandchildren, Everett, Ty, and Ada (pictured.)



DOUBLE THE LOVE



ZG Lensation Photo

Katy Calahan Grissom is ready to celebrate her first Mother's Day with her twins, Brooks and Parker.

LOVE MAMA "SOOO MUCH"



Everett (left) and Ty (right) say they love their sweet mama, Andriana Lamb, "soooo much!"

"MUCH-LOVED MOMMA"

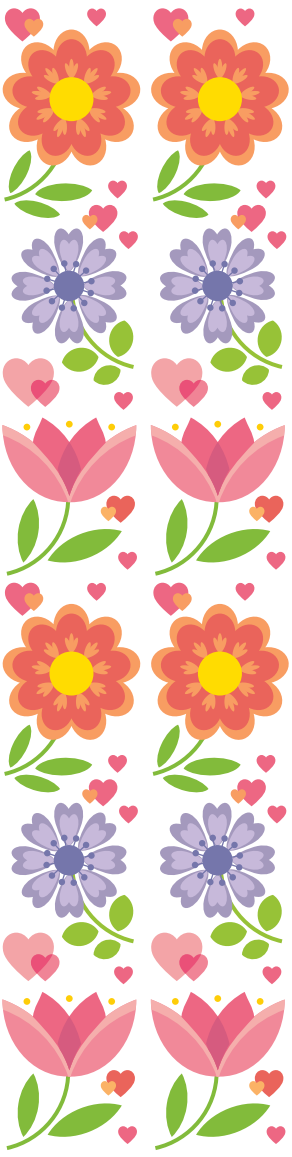


Tracy Carpenter is "much-loved" by her family. From left, Dakota Gabbert, Tracy, Amanda Enfinger, and Crystal Carpenter.

"AN AMAZING MOM"



Lori Fisher-Bradshaw spends a moment with her "amazing mother," Bessie Fisher.



Lowery Jewelers

Come see our new look!

**Thursday, May 5th thru Saturday, May 7th 10:00 am - 5:00 pm,
Sat. 10:00 - 3:00 pm - 3 DAYS ONLY!**

768 North Main Street, Shelbyville, TN 37160
Refreshments and Door Prizes

30% Off
Diamonds,
Sterling Silver
& Gold

**\$10 off ANY purchase or
\$50 for any purchase over \$500
or \$100 for any purchase over \$1000
(in addition to our sale prices for 3 days only)**

**Fast, easy credit application
& approval with 6-36 months
payment plans**

**No trade-ins or special orders on this promotion. Only one offer allowed. No previous sales.
Excludes Susan Shaw and Arthur Court**

A MOM WHO HAS SERVED



Retired soldier, Amanda Enfinger, now enjoys the sunshine with daughter, Kayleigh Enfinger, 14 months.

LAKESIDE FUN & MOM



Rachel Swift and son, Jax Swift, enjoy camping at Four Corners on Percy Priest Lake.

"THE BEST THERE IS"



From left, ready to celebrate Mother's Day, Andy Adcock, Mildred Floyd, Michael Adcock, Brandy Sudberry, Richard Sudberry, Drew Adcock

EASTER SUNDAY



Yolanda Flick with daughter, Kennedi Parker, on Easter Sunday

Mother's Day

Talk of the Town
 Boutique & Children's Shop

105 Public Square South • Shelbyville
 M-F 9:00am - 5:30pm
 Sat. 9:00am - 4:30pm
 931-684-8728



Lacey (Landers) Taylor & Son Turner Taylor



Orange Cake

Orange Cake is Special Mother's Day treat

With fruit straight out of the citrus groves, Florida orange sure makes the best orange cake. It looks heavy but is actually quite light and a beautiful centerpiece.

We believe this one from the sunshine state's dairy council is perfect for Mother's Day, breakfast, lunch or dinner. We'll take two, to go, please.

- 1 box orange cake mix
- 1 cup orange juice
- 3 eggs
- 1/3 cup oil
- 2 boxes white chocolate pudding (3.5 oz each)
- 2 C. milk
- 1 oz. Grand Marnier liqueur*
- 1 8 oz. container of Cool Whip - thawed in the refrigerator

Optional: zest of one orange

*If you don't have grand Marnier you can use 1 tsp.

orange-flavored extract

Preheat oven to 350° degrees. Spray 2 or 4 round cake pans with non-sticking spray for baking. With an electric mixer, mix the cake mix, orange juice, eggs and oil at low speed for 30 seconds and then for 2 minutes at medium speed. Pour the cake batter evenly into your cake pans. Bake according to box directions. Cool in a wire rack before inverting. Then allow to cool completely before frosting or frosting will melt.

Whisk milk and pudding mix until the pudding begins to get thick. Add the Grand Marnier and mix. Then fold the Cool Whip 1/4 of the container at a time. Add the orange zest at this time if you would like. Don't mix, fold like you are adding air to make it light and fluffy. Place the frost-

ing in the fridge to set for about an hour.

When the cake has cooled completely, remove the dome of the cakes so they are leveled with a serrated knife. The split in half the cakes so you have more layers.

Place a tablespoon of frosting at the bottom of your plate to hold the cake in place. Spread a big dollop of frosting between the layers making sure it covers all the surface of the cake. Then add a thin frosting layer to the outside of the cake (crumb coat) and place in the fridge for about an hour.

Finish the cake with a thick layer of frosting and decorate with sprinkles, orange slice or strawberries.

Keep refrigerated until serving.

How non-traditional families can celebrate Mother's Day

No two families are the same. What may be "normal" for one family could be quite unique to another.

Because families are so different, days such as Mother's Day, Father's Day, Grandparent's Day, and even days devoted to siblings or cousins present opportunities for families to celebrate diversity while honoring their family members.

Branch out to many caregivers

Certainly a person becomes a mother if she has given birth to a child. But motherhood is a much broader concept. Many women are mothers to children with whom they have little to no biological connection. Some may be relatives that filled the void left by a mother who passed away or was unable to care for children. Anyone who has stepped into the role of caretaker can and should be celebrated on Mother's Day.

Recognizing stepmothers

The notion of the "evil stepmother" in fairy tales is inaccurate. Many children have very close relationships with their stepmothers — even retaining relationships should the stepmother divorce out of the family. Modern families even include strong connections between stepmothers and biological mothers, with each doing her part to make sure children are getting the love and support they need.

Same-sex relationships

Families continue to evolve and same-sex couples are raising children. Among married same-sex couples, 18.9 percent of the households have children under age 18. These non-traditional families can be



Because families are so different, days such as Mother's Day, Father's Day, Grandparent's Day, and even days devoted to siblings or cousins present opportunities for families to celebrate diversity while honoring their family members.



creative as they navigate holidays like Mother's Day or Father's Day. One way to do so is to celebrate one parent on Mother's Day and the other on Father's Day. However, families also can remove gender labels and celebrate both days as Parents Day, casting love and affection on caregivers however they see fit.

Absent but not forgotten

Some mothers are not present in children's lives for various reasons. These can include death, incarceration, illness, military deployment, or enrollment

in a rehabilitation program. Mother's Day can be a time of mixed emotions for individuals whose moms are not present, and families can work together to find ways to celebrate. This may be visiting the cemetery to pay respects or sending a letter to express one's feelings. Individuals also can recognize those people who act as surrogate mothers, including special friends or coworkers who always listen and offer advice.

Mother's Day can be recognized with flexibility and creativity within non-traditional families.



The POMEGRANATE

Jewelry, Gifts & More

107 Public Square South
Historic Downtown Shelbyville
shopthepom.com
931-684-3673

[f](#) [t](#) [i](#)

happy mother's day





Happy Mother's Day!

Make her day *Special*
with a
Gift or Gift Certificate
from

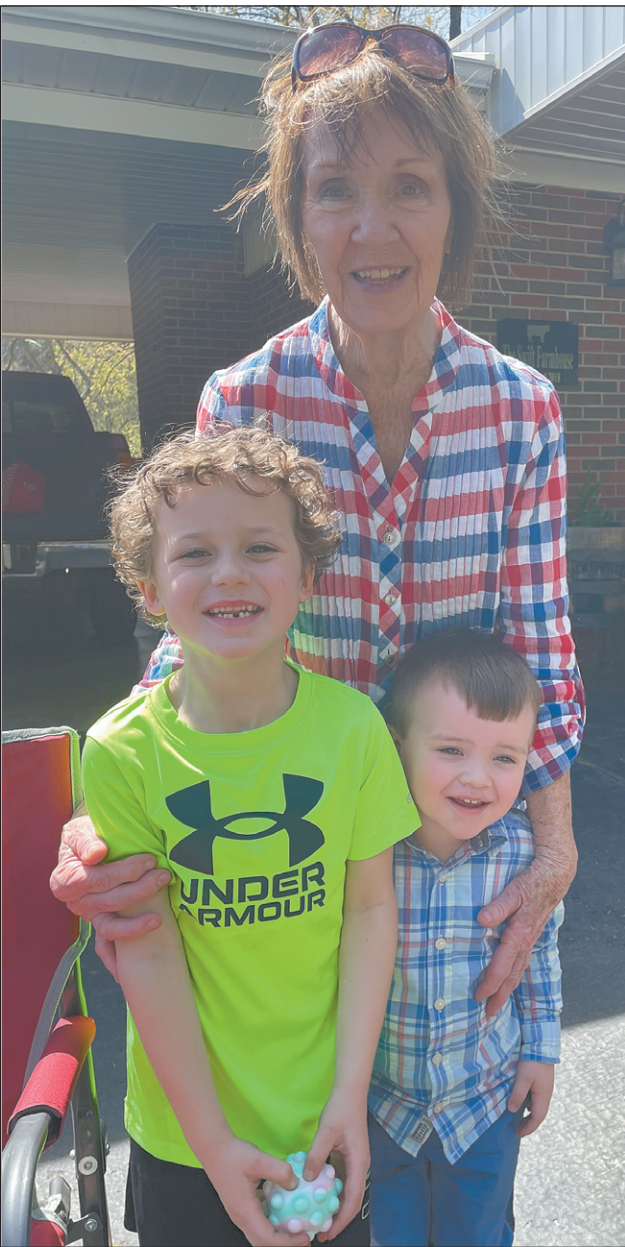
J Jordan

Boutique

104 Public Square East, Shelbyville, TN
M-F 10-5, Sat 10-4 • 931-684-9695
WWW.JJordanBoutique.com
Follow Us on Facebook & Instagram



A DAY WITH GREAT-GRANDMOTHER



Rachel Dunagan enjoys a day with her great-grandchildren, Jax Swift and Luke Prince.

MOMMY AND ME



Elizabeth Certain enjoys a trip to the Pumpkin Patch with kids, Kylie, Haylynn, and Holland.

FUN TIMES WITH MOM



Kelli Burton and daughter, Katlin Leverette, enjoy visiting the Imperial Sand Dunes in Glamis, Calif.

NANNIE'S 80TH BIRTHDAY



Arlene Jones, known as "Mama" and "Nannie" to her family, (striped shirt, center) celebrated her 80th birthday on March 26! She has two sons, Andy and Eric Jones, 5 grandchildren and 5 great-grandchildren.



LOVED AND ADORED
Mary Lynn Grammer and Shanna Bentley have a special bond.



TO MOM, WITH LOVE
Happy Mother's Day Sue Shinkel from Sara.



GIRLS' DAY OUT



From left, daughters, Elizabeth Certain, Tonya Lynch and their mother, Lisa Pugh, enjoying a girls' day out.

BEST DAY EVER



Jordan Kirby, Mary Lynn Grammer and Shanna Bentley are thankful for many shared moments.

MOTHER AND SON RELATIONSHIP



Tonya and Brody Kennedy say they're proud of their wonderful mother and son relationship.

FIRST MOM'S DAY



Cheyenne and River Lambert celebrate their first Mother's Day this year.

"MOM, MY BIGGEST SUPPORTER"



Belmaris Wright describes her mom, Maria Weldon, as "beautiful" and says she's her "biggest supporter," particularly when she married at 21 and started nursing school—all in one year.



SHARING A SPECIAL EVENT

Brooke Stewart and Crystal Adams share a mother and daughter moment on a very special day.

Ellen Jeans Photography



HAPPY MOTHER'S DAY



K. Ellen
- BOUTIQUE -

Women's • Mens • Gifts

Tuesday-Friday 10a-5p • Saturday 10a-4p
kellenboutique.com

“BEST MOTHER-IN-LAW”



Libby James Farrar and grandmother, Charmagne Farrar, at home on the Flat Creek farm. Anne says, “She is everything you could ask for in a mother-in-law and more.”

Keeping Mother’s Day bouquets fresh

Who doesn’t enjoy receiving a fresh bouquet of flowers on a special occasion? Flowers traditionally are given for Mother’s Day. While a beautiful bouquet can make a lovely gift, fresh flowers have finite lasting power.

Recipients of floral arrangements need not fret. Various strategies can help prolong the life of freshly cut flowers. Local florists employ certain tricks to keep cut flowers fresh longer. In fact, that’s a person’s best bet to keep cut flowers fresh — purchasing arrangements from knowledgeable florists who



have done their part to ensure flower longevity. Here are some additional strategies to consider for long-lasting spring bouquets.

- Make fresh cuts in the flower stems. Think back to the last time you purchased a fresh Christmas tree. What is the key to ensuring it gets enough water while on display? You guessed it: making a fresh cut in the trunk of the tree. The same concept applies to floral arrangements. Use a sharp scissor or pruning shears to cut about one inch from the bottom of each stem at a 45-degree angle. Continue this process every three days or so. The 45-degree angle prevents the stem from squishing during the cut and enables it to absorb more water.
- Get the flowers in water as quick as possible. Place the flowers in a vase or other vessel with water promptly after making the cuts. Some local florists like to cut the stems under water to prevent air bubbles from forming in the stems. Choose an arrangement first, then cut and place the flowers in water quickly. This gives fresh arrangements a good chance to last awhile.
- Monitor the water temperature of the bou-

- quet. The temperature of the water in the vase should coordinate with the flowers on display. Do not use hot water or the stems will cook. Room temperature is best for most flowers, except for blooms from bulbs that flower during cooler months, such as tulips and daffodils. They’ll be more likely to thrive in cooler water, according to Consumer Reports.
- Chill your arrangement to assure vitality. The experts at FTD by Design tested various theories for keeping floral arrangements fresh, including adding aspirin to the water or using sugar or concoctions that contain vodka. Sugar and vinegar served as a runner-up for long-lasting blooms, but the best solution for prolonging the flowers was putting the arrangement in the refrigerator each night for roughly eight hours.
- Prune the foliage for lasting beauty. Before placing cut flowers in a vase, remove extra leaves at the base of the stems that will fall underneath the water line. This helps to limit bacteria growth in the water and cuts back on foul odors. Plus, removing foliage focuses flowers’ energy on the main blooms rather than the leaves.

Happy Mother’s Day!



Preferred
Glass Company

836-A N. Jefferson St.
931- 684-8278
Owner: Jeff Pitts

Blooming Gifts For Mom!

VARIETY HANGING BASKETS
SPECIALTY BASKETS
HYBRID ROSES • FERNS • SHRUBS

PLANTS FOR MOM’S VEGETABLE GARDEN

CUCUMBERS • MELONS
SQUASH • PEPPERS
EGGPLANT • HERBS
TOMATOES

BEDDING PLANTS FOR MOM’S FLOWER GARDEN

SUN COLEUS • CALADIUMS
PETUNIAS • GERANIUMS
IMPATIENS • MARIGOLD

M & L GREENHOUSE
199 Benford Rd (off Airport Road)
931-684-5850
Serving Bedford County for over 40 years

How to plan a special Mother’s Day as restrictions are lifted

Mother’s Day has felt a little less than normal over the last couple of years. The COVID-19 pandemic led to the cancellation of many Mother’s Day gatherings in 2020, and while things felt more familiar in 2021, this year may mark the most normal Mother’s Day celebrations since 2019.

Pandemic-related restrictions have now been lifted in many towns and cities. Though it’s best to confirm if any rules and restrictions are still in place before making any plans, individuals who want to make sure Mom has a special day can consider these planning pointers.

- Revisit old traditions. There’s many ways to let Mom know she’s special, but after two years of living under the specter of a pandemic, few things might be as meaningful to Mom as a return to pre-pandemic traditions. Book a trip to a destination you’ve visited on Mother’s Day in the past. If possible, visit a locale where Mom spent her first Mother’s Day as a parent, ideally staying in the same hotel or rental home that hosted you back then. If it was once tradition to spend Mother’s Day in a big city, return there and enjoy a day that recalls pre-pandemic life.
- Book a special trip. Millions of people canceled or postponed travel plans during the pandemic. Now that many places, including foreign countries, have lifted travel restrictions, families can feel safe taking off for parts unknown. Such a trip

can be even more special if it’s a surprise for Mom on Mother’s Day weekend.

- Make it a family affair. Even Mother’s Day celebrations in 2021 were likely smaller affairs than some moms might have preferred. If Mom spent some time wishing more family could be around on Mother’s Day over the last two years, make a concerted effort to include as many family members as possible this year. Encourage grown children to travel home for the holiday and invite Mom’s parents and siblings over to celebrate as well.
- Get out of the house. A homecooked meal might have warmed Mom’s heart in recent years, but a day out of the house might be especially welcomed this Mother’s Day. Book a reservation at Mom’s favorite local restaurant so no one has any cooking or cleaning to do this year. Just be sure to book a reservation early, as the competition for a table figures to be especially stiff this year.
- Start the day off with a spa visit. Moms might have put pampering on hold during the pandemic. Now that public health agencies have given the go-ahead to lift restrictions, a good pampering is undoubtedly in order. A Mother’s Day morning spa trip can start the day off right.

Mother’s Day celebrations in 2022 should feel more normal than they have in years. Families can capitalize on that by planning a day Mom won’t soon forget.