



Sullivan County

# Farmers Markets

A Special Section of the **SULLIVAN COUNTY DEMOCRAT**

June 2025 • Section F • Callicoon, N.Y.



# Sullivan Fresh Brings Farm-Fresh Produce to Working-Class Communities

STORY BY SEAN KUHN

SULLIVAN COUNTY — Sullivan Fresh is once again bringing farm-fresh produce to communities facing food insecurity. Operated by Cornell Cooperative Extension of Sullivan County, the program continues to provide reliable access to nutritious food while supporting local farmers and empowering residents through hands-on education.

The initiative centers around its seasonal markets, which run from June through October in Liberty, Woodridge, Fallsburg, Loch Sheldrake, and Monticello. These locations — consisting of one central market and four mobile sites — offer a wide selec-



Muthig Farm has been a vendor at the Liberty Farmers' Market as well as the Harvest Fest during the fall.

MATT SHORTALL | DEMOCRAT

tion of fruits, vegetables, meats, eggs, dairy, honey, and more, all sourced from regional farms.

The markets accept EBT/SNAP, Fresh Connect checks, and Double Up Food Bucks to ensure that working-class families can afford to shop.

Each market location brings its own unique energy.

The Monticello Farmers' Market is held Thursdays from 10 a.m. to 1 p.m. at 10 Jefferson Street, directly across from the Sullivan County Government Center. Shoppers can expect a rotating list of vendors, seasonal produce, and special summer activities. Free parking makes access easy for both locals and visitors.

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## Sullivan County Farmers Markets

*'A guide to the wonderful world of fresh food and products'*

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## Continued from page 2F

In addition to the Monticello site, the Sullivan Fresh Mobile Market operates four weekly stops across the county during July through October.

Stops include Liberty's Public Health Services office and Woodridge on Tuesdays, and Fallsburg Town Hall and Loch Sheldrake on Wednesdays. This rotating schedule brings fresh food directly into underserved areas, eliminating transportation barriers and helping more families shop closer to home.

Sullivan Fresh also offers weekly cooking demonstrations at the markets. These free 30-minute sessions teach participants how to prepare simple, healthy meals using ingredients sold at the stand.

Attendees leave with useful nu-



trition tips and receive Sullivan Fresh Bucks, which can be used to buy groceries right after the class. The program creates a direct link between food education and food access, helping

families make better use of what they buy.

Year-round support is provided through the Sullivan Fresh Community Cupboard. The cupboard supplies essential grocery

staples, including shelf-stable items, dairy, and fresh produce.

Designed to serve working-class households, it helps bridge the gap between seasons and alleviates the financial burden of grocery shopping.

Beyond food access, the Sullivan Fresh initiative fosters a sense of community and connection. By encouraging local shopping and offering shared learning experiences, the program brings neighbors together and builds lasting relationships between residents and farmers.

It also strengthens the regional food economy by giving local growers more opportunities to sell directly to consumers.

To learn more, donate, or get involved, visit [sullivanfresh.org](http://sullivanfresh.org), email [sullivanfresh@cornell.edu](mailto:sullivanfresh@cornell.edu), or call 845-292-6180 ext. 108.



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Nu El from Yemallah Naturals offers a sample of her Moor Clarity Face, Hair, and Body Butter for a customer at the Callicoon Farmer's Market.

## On the Cover

Rebekah Creshkoff and Megan Rosado sell apples at the Callicoon Farmer's Market. See more on the Callicoon Farmers Market on page 8F.



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# 2025 FARMERS' MARKET SCHEDULE

**\*All Sullivan Catskills Farmers' Markets are independently operated\***

**FMNP: Farmers Market Nutrition Coupons (Both WIC & Senior) SNAP/EBT: Electronic Benefits Transfer**

**FCC: Fresh Connect Checks RX: Fresh Rx**

**Visit [SullivanCatskillsFarmersMarket.com](http://SullivanCatskillsFarmersMarket.com) for more information and a full listing of incentive programs accepted at farmers' markets.**



## Barryville Farmers' Market

3405 Scenic Route 97 Barryville, NY 12719 (United Methodist Church)

Saturdays, 10am – 1pm

May 17 – October 25

[info@barryvillefarmersmarket.org](mailto:info@barryvillefarmersmarket.org)

[www.barryvillefarmersmarket.org](http://www.barryvillefarmersmarket.org)

\*Accepts: FMNP, FCC, Freshbox

## Callicoon Farmers' Market

[info@callicoonfarmersmarket.org](mailto:info@callicoonfarmersmarket.org)

[www.callicoonfarmersmarket.org](http://www.callicoonfarmersmarket.org)

## Outdoor Market

A. Dorrer Drive, (Callicoon Creek Park)

Callicoon, NY

April - November

Sundays from 11am-2pm

## Indoor Market

Delaware Youth Center

8 Creamery Rd., Callicoon

December – March

Sundays from 11am-2pm

\*Accepts: FMNP, FCC, SNAP/EBT, FreshRx

## Jeffersonville Farmers' Market

adjacent to the Jeffersonville Bake Shop at 4906

NY-52 in Jeffersonville, NY

May 25-August 31

Sundays from 11am to 2pm

[melissa@nyheartwood.com](mailto:melissa@nyheartwood.com)

<https://jeffersonvilleny.com/farmers-market/>

\*Accepts: FMNP

## Kauneonga Lake Farmers' Market

3579 State Route 55, Kauneonga, NY

June 28– September 6

Saturdays 11am – 2pm

[klfm12749@gmail.com](mailto:klfm12749@gmail.com)

[www.kauneongalakefarmersmarket.org](http://www.kauneongalakefarmersmarket.org)

\*Accepts: FMNP, FCC, Fresh Rx

## Liberty Farmers' Market

Operated by Catskill Mountainkeeper

119 North Main Street, Liberty, NY (Creekside Park)

June 27 – September 12

Fridays from 3 – 6 pm

(845) 439- 1230

[cmkfarmersmarket@gmail.com](mailto:cmkfarmersmarket@gmail.com)

[www.CatskillMountainKeeper.org](http://www.CatskillMountainKeeper.org)

\*Accepts: FMNP, FCC, SNAP/EBT, FreshRx

## Livingston Manor Farmers' Market

May 25 – October 12

Sundays 10am – 1pm

64 Main St., Livingston Manor, NY

[mariabivins@gmail.com](mailto:mariabivins@gmail.com)

\*Accepts: FMNP, FCC

## Narrowsburg Farmers' Market

Located behind The Narrowsburg Union, 7 Erie Ave, Narrowsburg, NY



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[info@narrowsburgfarmersmarket.org](mailto:info@narrowsburgfarmersmarket.org)  
[NarrowsburgFarmersMarket.org](http://NarrowsburgFarmersMarket.org)  
 \*Accepts: FMNP, FCC, FreshRx

### Rock Hill Farmers' Market

61 Glen Wild Road, Rock Hill, NY  
 Rock Hill Fire Dept.  
 June 7 – September 27  
 Saturdays from 10 am – 1 pm  
[rhfarmersmarket@gmail.com](mailto:rhfarmersmarket@gmail.com)  
[www.rockhillfarmersmarket.com](http://www.rockhillfarmersmarket.com)  
 \*Accepts: FMNP, FCC, SNAP/EBT, Fresh Rx

### Roscoe Farmers' Market

Niforatos Field, Roscoe  
 May 18 – October 12  
 Sundays from 10 am – 2 pm  
[katesherbals@gmail.com](mailto:katesherbals@gmail.com)  
[www.roscoeny.com](http://www.roscoeny.com)

- **Wurtsburo Farmers' Market**
- Veterans' Park 3rd St & Sullivan St,
- Wurtsburo, NY
- June 12-August 28
- Thursdays, 5-7pm
- [WbotMarket@gmail.com](mailto:WbotMarket@gmail.com)
- [https://www.wurtsboro.org/farmers-](https://www.wurtsboro.org/farmers-market-info)
- [market-info](https://www.wurtsboro.org/farmers-market-info)
- \*Accepts: FMNP, FCC, FreshRx
- **Sullivan Fresh Monticello Farmers Market**
- \*Operated by Cornell Cooperative
- Extension Sullivan County
- 10 Jefferson Street (Behind the Ted
- Stroebele Recreation Center)
- June 26 – September 25
- Thursdays from 10am-1pm
- (845) 292-6180
- [sullivanfresh@cornell.edu](mailto:sullivanfresh@cornell.edu)
- [www.sullivanccce.org](http://www.sullivanccce.org)
- \*Accepts: FMNP, FCC,
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# Discover the bounty at Sullivan County's largest year-round farmers' market; celebrating 25 years of success

PHOTOS BY MATTHEW ALBECK

**CALLICOON** – At the Callicoon Farmers' Market, you will find many farms in addition to food producers and artisans offering wine, hard cider, pasta, condiments, prepared foods, baked goods, ice cream, jam, honey, maple syrup, herbal tea blends, skin care products, pottery, woodwork and much more.

The Callicoon Market is located on Audley Dorner Drive in the hamlet of Callicoon and runs outdoors from April through November.

The market is open on Sundays, from 11 a.m. - 2 p.m.

Callicoon is a 'producer only market' meaning all vendors



Farmers' Market shoppers on Memorial Day Weekend in Callicoon enjoy visiting and shopping at all the vendor booths.

Continued on page 10F



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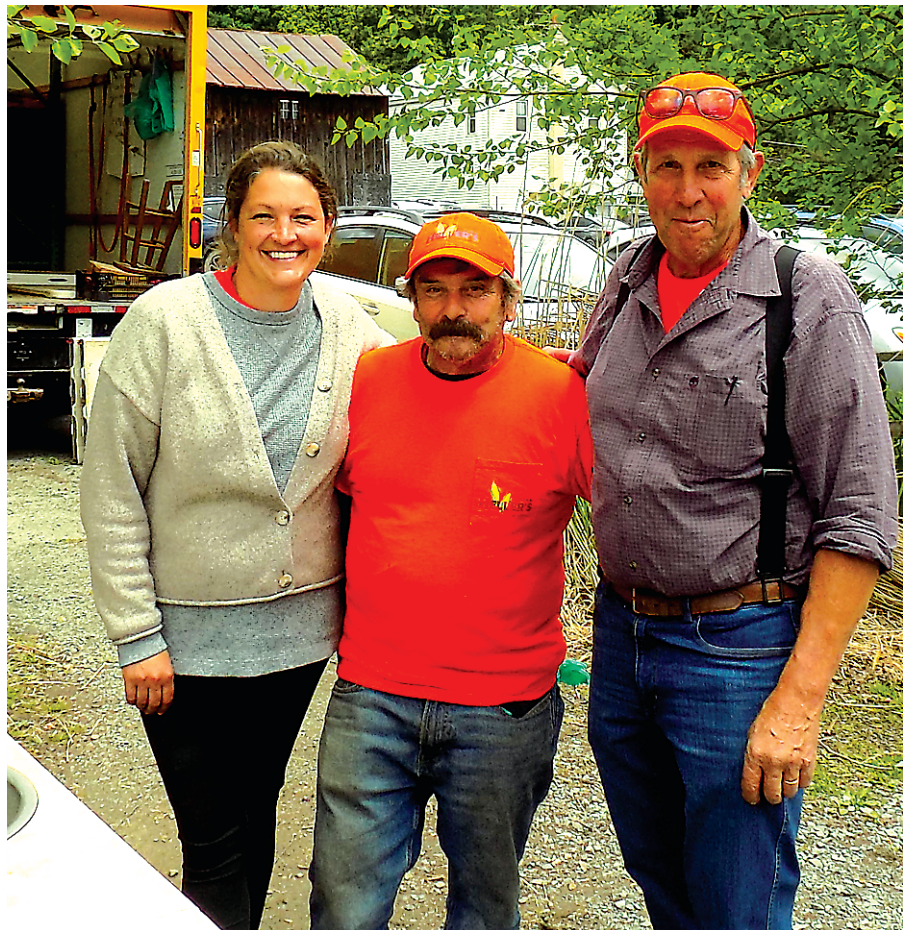


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[www.catskillmountainkeeper.org](http://www.catskillmountainkeeper.org)





The entrance to the Farmers’ Market at the Callicoon Creek Park is a welcoming site to many shoppers every Sunday on Audley Dorrer Drive, Callicoon.



Laura Heller, Louie Raia, and Seth Heller from Heller Farms sell a variety of produce, including beets, bok choy, and tomatoes, at the Callicoon Farmers’ Market.

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A bicycle rack at the Callicoon Farmers' Market offers riders a great spot to park.

### Continued from page 8F

either grow or produce their own goods and operate within 75 miles ensuring patrons are only purchasing the freshest, highest quality, locally produced goods. When you shop our farmers' market, you help support a local economy, keeping money within our towns and communities.

The beauty of any farmers' market is the direct contact between consumer and vendor. You, as customers, can ask questions, learn about the farmers' growing practices or find out how your favorite craft is made.

The Callicoon Farmers' Market is happy to reconnect the farmer with the consumer and to give selling opportunities for area

craftspeople. We serve to educate the community about eating seasonally and locally while fostering social gathering and community activity.

While in town, enjoy the many shops, restaurants and movie theatre this Delaware River town has to offer.

Thinking of taking the drive? It's worth every minute. The Callicoon Farmers' Market is not just a place to shop, it's a destination.

There are no trashcans in the park so, please, pack in/pack out. DO NOT LITTER.

Please be aware that no dogs are allowed at the Callicoon Farmers' Market.



Eugene Thalmann of Sprouting Dreams Farm offers a variety of microgreens at the Callicoon Farmers' Market from his 11.5-acre farm in Liberty.



Cara Wenig from Morning Lover offers a delicious coffee alternative made from whole food powders that provides sustained energy and support to the digestive system.

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## Here's what's happening this July!

### Health & Wellness

"An inside look at the Health Offerings in Sullivan and Wayne Counties"

Advertising Deadline: July 7

Publication Date: July 15



### Catskills Confidential

"Sullivan County's Premier Visitor Information Resource"

Advertising Deadline: June 30

Publication Date: July 15

### Wayne County Fair edition

"Celebrating the Great Tradition of Country Fairs in PA"

Advertising Deadline: July 16

Publication Date: July 25



### Grahamsville Little World's Fair edition

"Sullivan County's largest Country Fair Turns 144 Years Old"

Advertising Deadline: July 31

Publication Date: August 8

### Delaware County

#### Fair edition

"Celebrating the Rich Heritage of Farming in the Delaware County"

Advertising Deadline: July 24

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