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Fallsburg Boys Indoor Track



The Fallsburg Boys Indoor Track Team is, front Row; left to right: Josue Martinez-Lopez, Zayd Snead, Joseph Aguilar Torres, Erli Garcia, Rubin Bonilla, Jefferson Gallo, William Martinez, Isaac Martinez, and Jozyr McNeil. Middle Row; left to right: Daris Koljenovic, Edwin Rodriguez, Justin Chavez, Ayden Carpentino, German Romero, Treyvon Hayden, Andrew Garcia, Austin Olmstead, Jansel Rosa, Jaxon Ingber, Jiahny Sebastian, and Avery Wall-Carty. Back Row; left to right: Robert Perrera, Conner McManus, Eric Mooch, Tyiese Mack, Isaiah Kirk, Jayden Johnson, Jayden Edwards, Nazir Lopez, Joshua Tettah, and Dillan Padilla. Not pictured is Adin Maldonado, Anthony Pignataro, and John Trujillo.

Fallsburg Girls Indoor Track

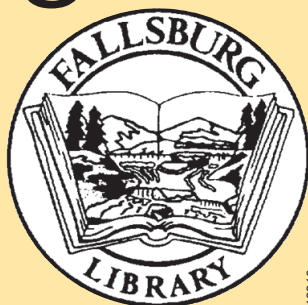


The Fallsburg Girls Indoor Track Team is front row; left to right: Zoey Ket-cham, Skylar Wright, Aaliyah Davis, Alanah Owens, Leeana Dieguez, Adryana Kozachuk, Alexia Clark, and Genesis In-estroza. Middle Row; left to right: Natalie Fuentes, Joslyn Odell, Kaddyjatou Darboe, Jaily Sebastian, Tatiana Parada, Autumn-Rain Atkinson, Camdyn Hoefling, Isabella Gonzalez, Jordyn Wall-Carty, Gelsey Aguilar Torres, and Journey Priest-fields. Back Row; left to right: Francely Maradiaga, Ajalise Carattini, Arsllyn Cantave, and Hannah Johnson. Not pictured is Alisha Tremper

Win Big!

Fallsburg Library

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Fallsburg Boys Basketball



JOESPH MCDOAL

The Fallsburg Boys Basketball Team is, front row, from left: Isaiah Kirk, Owen Mercado, Xzavier Berrios, Daryl McPherson, and Donovan Hart. Back row from left: Kyle Bland, Nicholas Storms, Machi Hines, Jeffrey Evangelista, Tyjae Coakley Franklin, Thomas Vandestine, Sebastian Fowler, and Coach White.

Coach: Lionel White

Last season's record: 12-8

Top returning players: Donovan Hart, Nick Storms, DJ McPherson

Key losses to graduation: Isaiah Young, JC Galeas, Justice Laurel, Terrance Hayden, Jr.,

Team strengths: Speed and Pressure on the ball.

Need to work on: Team Comradery.

Coach's comment: My expectation is that we play hard every second of every game. It is all about the team. Everything else will take care of itself.

Fallsburg Schedule

Boys Basketball

Jan 14	at Sullivan West	6:30 pm
15	Burke Catholic	6:00 pm
17	at Eldred	6:30 pm
27	at Chester Academy	6:30 pm
30	Beacon City	6:30 pm
31	Eldred	5:30 pm
Feb 4	at Liberty	6:00 pm
5	S.S. Seward	5:30 pm
10	Port Jervis	6:30 pm
25	at SS Seward	5:00 pm

Girls Basketball

Jan 13	Sullivan West	5:30 pm
15	at James I. O'Neill	6:30 pm
16	Eldred	5:30 pm
28	Chester Academy	6:00 pm
Feb 6	at Beacon City	6:30 pm
11	at Port Jervis	6:00 pm
13	at Roundout Valley	6:30 pm

Skiing

Jan 14	Holiday Mtn.	4:30 pm
15	Belleayre Mtn.	10:00 am
16	Holiday Mtn.	4:30 pm
28	Holiday Mtn.	4:30 pm
30	Mt. Peter	4:30 pm
Feb 3	Belleayre Mtn.	4:30 pm
4	Holiday Mtn.	4:30 pm
5	Holiday Mtn.	4:30 pm
11	Hunter Mtn.	10:00 am

Indoor Track

Jan 15	SCCC Exhibition	3:30 pm
18	West Point	1:00 pm
22	SCCC Exhibition	3:30 pm
24	West Point Divisional	6:00 pm
Feb 3	SCCC Exhibition	3:30 pm
7	West Point Sectionals	6:00 pm
10	SCCC Invitational	3:30 pm
12	SCCC Exhibition	3:30 pm
24	SCCC Championship	3:30 pm
Mar 1	Armory Track Qual.	9:00 am

Boys Wrestling

Jan 16	at Benjamin Cosor	6:00 pm
24	at Burke Catholic	6:00 pm
31	at Onteora	6:00 pm
Feb 5	at Sullivan West	6:00 pm

Girls Wrestling

Jan 10	at Middletown	6:00 pm
13	at Chester Academy	6:00 pm
28	at Liberty	6:00 pm
30	at Saugerties	6:00 pm
Feb 3	at Valley Central	6:00 pm
7	at Valley Central	6:00 pm
17	at Port Jervis	10:00 am

Fallsburg Cheer



JOESPH MCDOAL | DEMOCRAT

The Fallsburg Cheerleading Squad is, front row from left: Francely Maradiaga, Sanaya Aquil, Angie Rodriguez, Kaitlyn Pedersen, and Laura Williams. Middle Row, from the left, is Fatoumata Gai, Helen Vasques, Yolani Mendieta Quiroz, Aileen Rodriguez, and Surey Delgado. Back row, from left, is Dalila Koljenovic, Kalena Clarke, and Kileen Milligan.

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Fallsburg Girls Basketball



The Fallsburg Girls Basketball Team is, front row, from the left: Carmen Montes, Addison Ingber, Alana Gjeka, and Noelle Varner. Back row, from the left, is Coach

Mike Ballard, Adrianna Garcia, Alisha Tremper, Marilyn Santos, Olivia Degraw, and Cadena Romero.

Coach: Michael Ballard
Last season's record: 5-15
Top returning players: Maya Ballard, Arslyn Cantave, Alana Gjeka, Marlin Santos
Key losses to graduation: Emily Perna, Jennifer Fuentes, Jordan Batista, Jane Islas
Team strengths: Right now coming to practice and able to run offense/defense. We have 10 girls where I can finally scrimmage each other. Able to get the ball down to our "Bigs."
Need to work on: Learning the game, coming to practice, communicating and knowing the plays.

Slowing down and not rushing. Utilize the shot clock. Ball control and not turning the ball over.
Coach's comment: My goal is to win of course! The goal for the season is to have a healthy season with no injuries, able to teach the girls the fundamentals (to the new girls that never touched a ball before). Rebuild and be successful in 2 years. We have a great JV team that will be successful for years to come. Which will be easier for me over the next two seasons.



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Livingston Manor/Roscoe Boys Basketball



JOSEPH MCDOAL

Livingston Manor /Roscoe

Schedule Boys Basketball

Jan 14	Tuxedo at Roscoe	6:30 pm
17	at Sullivan West	6:30 pm
21	at Liberty	6:00 pm
30	Sullivan W. at Roscoe	6:30 pm
Feb 4	Chapel Field at Roscoe	6:30 pm
7	at Eldred	6:30 pm
11	at Tuxedo	6:30 pm
20	Chester at Liv. Manor	6:30 pm

Girls Basketball

Jan 10	at Eldred	6:30 pm
13	at Margaretville	5:00 pm
21	at Tri-Valley	5:30 pm
23	at Sullivan West	6:30 pm
Feb 7	at Burke Catholic	6:00 pm
13	S.S. Seward at Roscoe	5:30 pm
18	Eldred at Roscoe	6:30 pm
19	Burke at Liv. Manor	6:30 pm
21	at Chester Academy	6:30 pm

Indoor Track

Jan 15	SCCC Exhibition	3:30 pm
22	SCCC Exhibition	3:30 pm
Feb 3	SCCC Exhibition	3:30 pm
10	SCCC Invitational	3:30 pm
12	SCCC Exhibition	3:30 pm
24	SCCC Champ.	3:30 pm

Coach: Charlie Hicks

Last season's record: 7-11

Top returning players: Ben Johnston, Kaleb Maldonado, Josh Hendrickson, Kyle Hendrickson, Logan Park

Key losses to graduation: Aidan Johnston, Anthony Zamenick

Team strengths: speed and team defense

Coach's comment: To work hard and see improvement every day. And compete in our league and section.

Members of the Livingston Manor/Roscoe Boys Basketball Team are, front row, from the left: Anthony Hicks, Adam Rivera, Kaleb Maldonado, Ben Johnston, Logan Park, Tyler McCray, and Mark Nieves. Back

row, from the left, are Josh Hendrickson, Logan Thomas, James Rider, Dillson Tolber, Patrick Gorr, Kyle Hendrickson, Aiden Roycroft, Talon Antizzo, and Coach Charlie Hicks.

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District 3 Legislator



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Livingston Manor/Roscoe Girls Basketball



JOSEPH MCDOAL | DEMOCRAT

Members of the Livingston Manor/Roscoe Girls Basketball team are, front row from left: Ciarra Staudt, Anastasia Niforatos, Leah Ladenhauf, Kelsey Ryder, Nevaeh Bush, and Michelle

McKinley. Back row from left, are Olivia Stickle, Julia Meola, Rebecca Gashinsky, Alexandra Potosek, Allison Froehlich, Grace Darder, Jaida Gould, and Coach Joe Clarke.

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Livingston Manor/Roscoe Cheer

Coach: Jan LeMyre
Last season's record: N/A
Top returning players: Aliya Anderson, Emily Hathaway, Isabella Park, Bronwynn Wolcott
Key losses to graduation: Krysta Hallock
Team strengths: Small but mighty! We are a small team this year, but the girls have a lot of raw talent that I look forward to harnessing for our stunting and dance performances. The girls are very united and make for a cohesive team, which is a great thing for moving forward and learning together.
Need to work on: We still have a lot of learning to do for our bench and floor cheers.
Coach's comment: We look forward



JOSEPH MCDOAL

Members of the Livingston Manor/Roscoe Cheerleading Squad are, front row, from the left: Keelie Mitchell and Isabella Park. Back row, from the left, are Bron-

wynn Wolcott, Clara LeRoy, Emily Hathaway, Aliya Anderson, Catherine Slattery, and Coach Jan LeMyre.

wynn Wolcott, Clara LeRoy, Emily Hathaway, Aliya Anderson, Catherine Slattery, and Coach Jan LeMyre.

we can perform so the fans can always look forward to something new. One of our goals is to have a holiday halftime that we can perform each year.

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Eldred Schedule

Boys Basketball

Jan 14	Tri-Valley	6:30 pm
17	Fallsburg	6:30 pm
30	Chapel Field	6:30 pm
31	at Fallsburg	5:30 pm
Feb 4	at Tuxedo	6:30 pm
5	at Liberty	6:00 pm
7	Liv. Manor/Roscoe	6:30 pm
10	S.S. Seward Institute	6:30 pm
12	Liberty	6:30 pm
20	James I. O'Neill	6:30 pm

Girls Basketball

Jan 10	Liv. Manor/Roscoe	6:30 pm
13	at Tri-Valley	6:30 pm
16	at Fallsburg	5:30 pm
21	Ellenville	6:30 pm
28	Monticello	6:30 pm
Feb 11	at S.S. Seward	5:00 pm
13	Sullivan West	6:30 pm
18	at Roscoe	6:30 pm
21	at James I. O'Neill	6:30 pm

Indoor Track

Jan 15	SCCC Exhibition	3:30 pm
18	West Point	1:00 pm
22	SCCC Exhibition	3:30 pm
24	West Point Divis.	6:00 pm
Feb 2	Armory Track Invit.	2:00 pm
3	SCCC Exhibition	3:30 pm
7	West Point Sect.	6:00 pm
10	SCCC Invitational	3:30 pm
12	SCCC Exhibition	3:30 pm
24	SCCC Champion.	3:30 pm
Mar 1	Armory Track Qual.	9:00 am

Wrestling

31	at Chester Academy	6:00 pm
Feb 5	at Sullivan West	6:00 pm



Let's Go Koen & Liam!

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Eldred Boys Basketball



JOSEPH MCDOAL | DEMOCRAT

Coach: Bill Furler
Last season's record: 2-12
Top returning players: Trai Kaufmann, James Deyermond, Koen McGill
Key losses to graduation: Keegen Baggatta, Cooper Stutz
Team strengths: Size
Need to work on: Team Chemistry
Coach's comment: We want to make the playoffs. We have a young team, start 4 juniors and 1 senior. We play hard and never give up.

Members of the Eldred Boys Basketball team are, front row from left: Mason McKerral, Peyton Brischler, and R.J. Marchesin. Back row from left, are Coach Bill Furler, Elijah Gonzalez, Koen McGill, Trai Kaufmann, James Deyermond, Kalob Fisher, Mason Tice, and Assistant Coach Vinny Riina.

Eldred Indoor Track



CONTRIBUTED PHOTO:

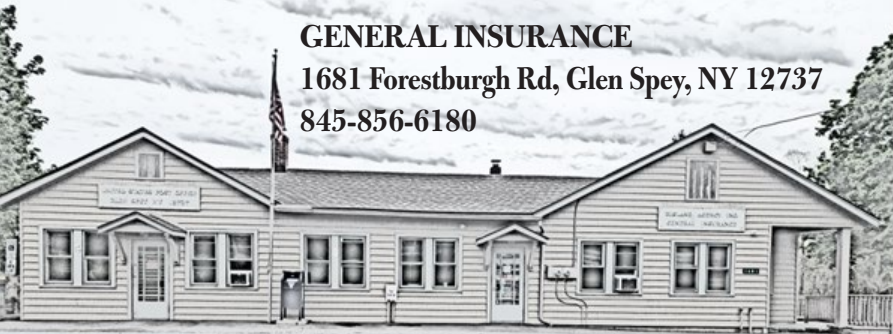
Members of the Eldred Central School Indoor Track Team are, front row, from left: Alyah Bowers, Dylan Sanchez, Lily Fisher, and Jessica Bowers. Back row from left, are: Ashleigh Galinus, Patrick Galinas, Kristofer McConnell, Tori Campbell, Aleyna Galvin-Bliefernich, Chelsea Potter, and Nason Fein. Missing is Desiree Cutler, Rylee Schriebl, and Holden Gillespie.

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Congratulations & Best of Luck to all our Eldred Athletes & Cheerleaders for a successful season.

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Eldred Girls Basketball

Coach: June Hallock
Last season's record: 6-11
Top returning players: Sydney Furler, Olivia Gonzalez, Victoria Ryman
Key losses to graduation: Rayanna Quintana and Reagan Kize
Team strengths: Work well together as a team, communicates in court.
Need to work on: I have a young team. They are eager to learn new things every day.
Coach's comment: My goal for my team is to be section 9 champs again and to go further than we went last year.

CONTRIBUTED PHOTO

Members of the Eldred Girls Basketball Team are, from the left: Olivia Gonzalez, Jillian Smith, Khloe Parker, Avery Moscattello, Maddie Daw, Sydney Furler, and Victoria Ryman.



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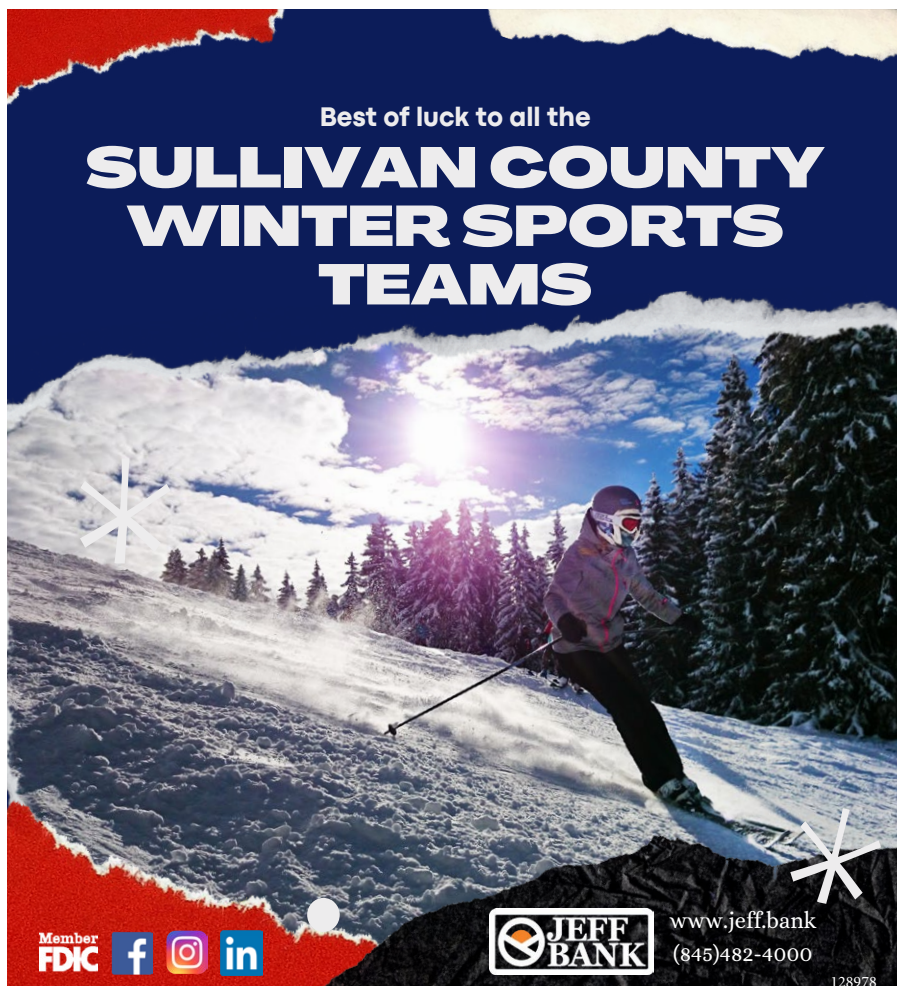


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Best of luck to all the
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 TEAMS**



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Liberty Boys Basketball



YOVANNI FIELDS | DEMOCRAT

The Liberty Boys Basketball Team is, front row from left: Kairo Junior, Marlo Cedillos Saravia, Justin Simon, Adrien Ferguson, James Dworetzky, Coach Robinson, Aiden Wilson and Josiah Crump. Back row from left: Riley Cox, Zack Alvord, Joe DiBartolo, Dashawn Loyce and Bryce Junior.

Liberty Girls Basketball



CONTRIBUTED PHOTO

The Liberty Girls Basketball Team is, front row from left: Analeah Ocasio, Gwendolyn Meddaugh, Baileigh Steinberg and Giuliana Wagner. Back row from left: Giselle Payton, Julissa Velez, Arianna Wilson, Hailey Gomez, Belle Gandulla, Coach Owens, Adrianna Ponce, Tiana Wilson and Angela Wheeler.



Members of the Liberty Girls Indoor Track Team are, front row, from the left: Gimena Quiroz Ramirez, Sydania Foster, Jill Baumander, Sophia Duarte, Eyanna Castro, Maria Guilherme De Brito, and Gia Matullo. Back row, from the left, are Alyssa Padilla, Brooke Bull, Olivia Corrigan, Audrey Krum, Sandra Hanofee, Ruth Sellers, Starriah Harris, Jaelyn Santiago, Aubrey Botsford and Coach Feeney.

Liberty Girls Indoor Track

Coach: Richard Feeney

Last season's record: N/A

Top returning players: Sydania Foster, Rayanna Cottman, Noellia Cruz Cruz, Audrey Krum

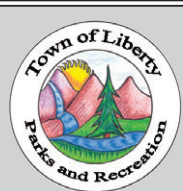
Key losses to graduation: Rayanna Cottman

Team strengths: Sprints, Hurdles

Need to work on: Fundamentals, field events and endurance

Coach's comment:

We currently have the highest numbers since I have taken over the program with many of them being underclassmen which is extremely promising for the future. Goals for this group include: understanding the day to day routines and getting ready for the outdoor season, improving each meet in their events, and getting a few girls to the state meet for the first time.



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Tri-Valley/Liberty/Fallsburg Skiing



Members of the Tri-Valley, Liberty, and Fallsburg ski team are, left to right: Alexandra Kelly, Brody Kelly, Everett Gillian, Roger Lynker, Austin Werlau, Jake Cross, Hudson Danzilo, Madeline Pantel, Santino Haffner, Mathew Huggler. Missing: Chrissy Wachter, Lia Guiellerme. See page 27W for more photos.



Members of the Tri-Valley, Liberty and Fallsburg ski team are, front row from left: Coach Anne Ramos, Peyton Klein, Roger Lynker. Austin Werlau. Amy Szuba, Jake Cross and Coach Ramos. Left to right: Back row from left: Hudson Danzilo, Brenna Mangan Brody Kelly and Alxandra Kelly. See page 27W for more photos.

Liberty Wrestling

Coach: Brian Vaughn
Last season's record: 2-6
Top returning players: Shawn Bickham, Zach Bick-

ham, Tarek Benadim
Key losses to graduation: 3 experienced seniors
Team strengths: Young

but experienced
Need to work on: Becoming more competitive outside of Section 9

Coach's comment: Looking to have a better record this year and multiply highly seeded wrestlers heading into sections



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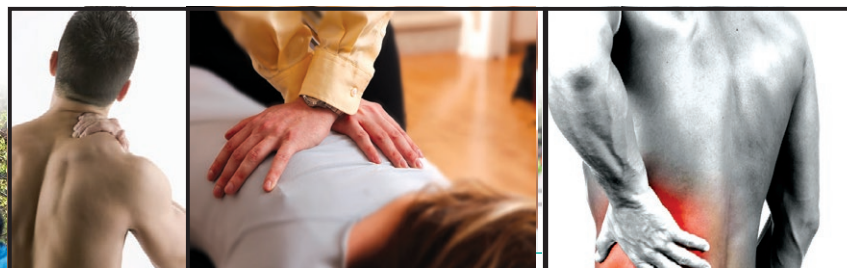
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Liberty Boys Indoor Track



Coach: Roothland Medina
Last season's record: N/A
Top returning players: Joseph Sarney, Dylan Romero, Alan Cruz, Anthony Lemus

Key losses to graduation: Nathan Desrochers - Shot put and Weight Throw Specialist

Team strengths: More athletes are now bringing either indoor or outdoor experience from last school year and are excited to start delving into the mechanics of their respective events.

Need to work on: Our athletes are learning to be more consistent on meet days to ensure that they are more likely to hit a PR (personal record) at every meet.

Coach's comment:

As the season progresses, I expect to see more athletes hitting PR's at meets more consistently. I expect a few more of my athletes to start getting the feeling that one of their respective events is "their" event and to start to show more expertise in that event.

I believe we are on the right track (no pun intended) to get to the next level from where we were last year. Last year, we had a brand new team of a lot of beginners. This season we have students who now have experience, know what to expect, and are starting to focus on the gritty work that is required to be consistently successful. I look forward to watching them grow into this next phase of the learning process.

CONTRIBUTED PHOTO

The Liberty Boys Indoor Track Team is, back row from left: Coach Medina, Josh Kratz, Konnar Williams, Lincoln Davis, Anthony Lemus, Kevin Leon Gavilan, Christopher Rodgers and Braedan Clarke. Front row from left, are Teodulo Banegas Jr, Alan Cruz, Michael Reyes, Samuel Blandon Cardona, Hayven Garcia Gomez, Ryan Romero and Dylan Romero.

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Good Luck to all our Student Athletes! Make the Community Proud!

Brian McPhillips
District 3 Legislator



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Liberty Sports Schedule

Boys Basketball

Jan 14	Chester Academy	6:30 pm
17	at Tuxedo	6:30 pm
21	Liv. Man/Roscoe	6:00 pm
22	Tri-Valley	6:00 pm
23	at Tri-Valley	6:30 pm
27	James I. O'Neill	6:00 pm
30	Port Jervis	6:00 pm
Feb 4	Fallsburg	6:00 pm
5	Eldred	6:00 pm
7	at SCCC	7:30 pm
10	at Beacon City	6:30 pm
12	at Eldred	6:30 pm
14	at Cornwall	6:30 pm

Girls Basketball

Jan 10	at Beacon City	4:30 pm
13	Chester Academy	4:30 pm
15	Ellenville	4:30 pm
24	S.S. Seward	4:30 pm
28	at James I. O'Neill	6:30 pm
31	at Livingston Manor	5:00 pm
Feb 1	at Liv. Man Tourn.	12pm/2pm
5	at Onteora	4:30 pm
7	at SCCC	5:45 pm
11	at Beacon City	4:30 pm
13	Port Jervis	4:30 pm
21	Sullivan West Central	4:30 pm

Indoor Track

Jan 15	SCCC Exhibition	3:30 pm
17	West Point	6:00 pm
22	SCCC Exhibition	3:30 pm
25	West Point Divis.	1:00 pm
Feb 2	Armory Invt.	2:00 pm
3	SCCC Champ.	3:15 pm
7	West Point Sect.	6:00 pm
10	SCCC Invt.	3:30 pm
12	SCCC Exhibition	3:30 am
24	SCCC Champ.	3:30 pm
Mar	Armory Track Qual.	9:00 am

Wrestling

Jan 10	(Boys) Roundout Val.	6:00 pm
11	(Boys) at Owego	7:45 am
13	(Girls) at Chester	6:00 pm
17	(Girls) at Peekskill	TBD
18	(Girls) at Columbia	7:30 am
28	(Girls) HOME	6:00 pm
30	(Girls) at Saugerties	6:00 pm
Feb 7	(Girls) at Valley Cent.	6:00 pm
17	(Girls) at Port Jervis	10:00 am

Alpine Skiing

Jan 14	Holiday Mtn.	4:30 pm
15	Belleayre Mtn.	10:00 am
16	Holiday Mtn.	4:30 pm
28	Holiday Mtn.	4:30 pm
30	Mt. Peter	4:30 pm
Feb 3	Belleayre Mtn.	4:30 pm
4	Holiday Mtn.	4:30 pm
5	Holiday Mtn.	4:30 pm

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Monticello Wrestling



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Members of the Monticello Wrestling Team are, first row from left: Sophronia Kuchar, Celeste D'Andrea, Maxx Baron, Alexis Boone, and Adrianna Maldonado. Second row, from left, are: Jayden Ortega, Todd Petrowsky, Jonathan Carabajal, Scott LaRusso, Liam Brasington, Jasper Hance, Ronald Brigman, Zachary Zuck, and Maximus Barbosa. Third row, from left, are: Coach Mellan, Alberto Ortiz, Sincere Embry, Andrew Crumley, Thomas Macias Ortega, Anthony LaRusso, Yurii Kilochko, and Coach Owens. Fourth row, from left, are: Brady Corwin, Julio Santiago, Brent Murran, Braeden Fairfield, Dion Knight, Dominick Giangiacomo, and Chase Persten. Missing from photo is Nevele Dalley.

Monticello Alpine Skiing



CONTRIBUTED PHOTO

The Monticello Alpine Ski Team is, front row, from the left: Milania Rodriguez, Melanie Fassell, Marco Francisco, Cristiano Caycho, Christian Bastone, and Dylan Ferrer. Second row, from left: Stephanie Belcher, Annabella Caycho, Madelyn Cavello, Alexis Heins, Giuliano Francisco, and Andrew Weiner. Third row, from left: Matteo Vrancich, Reese Kelly, Diego Ferrer, Owen Messenger, Aiden Siegel, Samuel Rein, and Coach Kelly.

Wishing our Sullivan County Winter Sports Teams

a winning season From the

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Monticello Nordic Skiing



Members of the Monticello Nordic Ski Team are, from the left, Baya Titus, Abby Morse, Hannah Titus, Kilochko Yelyzaveta, Rebekah Joyce, and Preston Roosa. Missing from photo, Yousef Elsayed, Megan Bastone, and Giovanni Gutierrez.

Coach: Scott Fitchett
Last season's record: N/A
Top returning players: Yousef Elsayed and Giovanni Gutierrez
Key losses to graduation: Katelyn Morse 2x championship competitor
Team strengths: We have a good mix of experienced as well as new and up and coming skiers. Everyone on our team is energetic, they work hard at practice and are eager to perfect their

skiing technique. Our two top skiers are state championship competitors
Need to work on: Work on our fitness and fine tune our technique.
Coach's comment: Our goals this season are to return multiple skiers once again to the state championships. We look forward to lots of snow this season so we can get outside and enjoy ourselves.



CONTRIBUTED PHOTO

Members of the Monticello Girls Basketball team are, front row from left: Skyla Millan, Reiley Schloicka, Alyssia Young, Karina DeSouza, and Jiannah McKinney. Second row, from left to right: Dejenae Dillon, Ava Williams, Morgan Hutchins, Melissa Negron, and Kiamesha Camacho-Torres. Missing from photo: Rohanna Patrick and Adriana Rivera.

Monticello Girls Basketball

Coach: Sheila Burns
Last season's record: 6-14
Top returning players: Morgan Hutchins, Reiley Schloicka, Ava Williams, and Alyssia Young
Key losses to graduation: Amiah Neails, Alexandria Dietz, Isabella Velasquez, and Christina Chakar
Team strengths: Our team strengths include having athletes that display

respect, resilience, accountability, and a commitment to teamwork.
Need to work on: Our team needs to work on consistency in communication, decision-making under pressure, and ball movement.
Coach's comment: We are looking forward to growing as a team throughout the season.

Best of Luck to Our Sullivan County Athletes & Cheerleaders for a Winning Season. Go Get 'Em!!

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Monticello Indoor Track



CONTRIBUTED PHOTO

Members of the Monticello Indoor Track Team are, front row, from the left: Kalene Harris, Zariah Moore, Jessica Hughes, Fatima Njie, Jandi Ramirez, and Andrea Hussain. Second row, from left, are: Gabriela Almonte, Tiara Harris, Eymi Ramirez Rodriguez, Tharah Tate, Kristen Harris, Diya Patel, and Chardae Davis. Third row, from left, are: Dylan McAssey, Jamieson Crawley, Jalon Fennell, Sencere Wall-Thomas, George Mendez, and Jacob Brumbaugh. Fourth row, from left, are: Kenneth Steward, Benedict Arhinful, William Cooper, William Burns, Brandon Blake, and Omaury Salinas. Fifth row, from left, are: Nero Edwards, Cameron Stalter, Evianne Beker-McBride, George Gachechiladze, and Tyrese Shaw. Missing from photo are Chloe Brown, Logan Brundage, Lisa Collins, Sebastian Rodriguez, Eduardo Salinas, Milenka Tello-Pereyra, Joshua Vanderkooy, and Reagan Zangla.



Monticello Schedule

Boys Basketball

Jan 11	Beacon City	6:30 pm
15	Sullivan West	6:30 pm
24	at Minisink Valley	6:30 pm
27	at Downsville Central	5:30 pm
30	at Goshen	4:30 pm
Feb 4	Cornwall	6:30 pm
7	at SCCC	7:30 pm
10	at Valley Central	6:30 pm
12	Warwick Valley	6:30 pm
18	at Washingtonville	6:00 pm
20	Minisink Valley	6:30 pm

Girls Basketball

Jan 10	at Washingtonville	6:00 pm
16	at S.S. Seward	5:00 pm
24	Minisink Valley	6:30 pm
27	at Middletown	4:30 pm
28	at Eldred	6:30 pm
31	Goshen	6:30 pm
Feb 3	at Cornwall	6:30 pm
6	Port Jervis	6:00 pm
7	at SCCC	5:45 pm
11	Valley Central	6:30 pm
13	at Warwick Valley	6:30 pm
18	S.S. Seward	5:00 pm
19	Washingtonville	6:30 pm
21	at Minisink Valley	6:30 pm

Indoor Track

Jan 15	at SCCC Exhibition	3:30 pm
18	at West Point	1:00 pm
22	at SCCC Exhibition	3:30 pm
24	at West Point Divis.	6:00 pm
Feb 2	at Armory Track Invit.	2:00 pm
3	at SCCC Exhibition	3:30 pm
8	at West Point Sect.	1:00 pm
10	at SCCC Invitational	3:30 pm
12	at SCCC Exhibition	3:30 pm
24	at SCCC Champion.	3:30 pm
Mar 1	at Armory Track Qual.	9:00 am

Wrestling

Jan 24	at Mont. Middle RJK	5:00 pm
31	at Mont. Middle RJK	6:00 pm
Feb 5	at Beacon City	6:00 pm

Nordic Skiing

Jan 14	Minnewaska	3:30 pm
15	Minnewaska	3:30 pm
16	Minnewaska	3:30 pm
27	Minnewaska	3:30 pm
28	Minnewaska	3:30 pm
30	Minnewaska	3:30 pm
Feb 4	Minnewaska	3:30 pm
5	Minnewaska	3:30 pm
6	Minnewaska	3:30 pm
11	Minnewaska	3:30 pm
24	Gore Mtn.	3:30 pm
25	TBD	3:30 pm

Alpine Skiing

Jan 14	Holiday Mtn.	4:30 pm
15	Belleayre Mtn.	10:00 am
16	Holiday Mtn.	4:30 pm
28	Holiday Mtn.	4:30 pm
30	(Girls) Mt. Peter	4:30 pm
Feb 3	Belleayre Mtn.	4:30 pm
4	Holiday Mtn.	4:30 pm
5	Holiday Mtn.	4:30 pm
11	Hunter Mtn.	10:00 am

Wishing all our Sullivan County Winter Teams a Winning Season!



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Monticello Boys Basketball



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Members of the Monticello Boys Basketball Team are, first row, left to right: Isaiah Roldan, Justo Delvalle, Jayden Berrios-Cuevas, Justin Johnson, and Brendan Benbow. Back row, left to right: Jayden Dempsey, Juan Velez, Miguel Cruz, Jayxander Vera Soto, Andre Hill, Javien Williams, Anthony Ortiz, Quenten Liciaga, Daniel Weyer, and Coach Chris Russo. Missing is Dom Knight

Key losses to graduation: Judah Brown, Christian Brown, Xavean Mitchell, Rafael Liciaga

Team strengths: We are an athletic group that can really run the floor and attack the basket. Our guys can play multiple positions, which can create match-up problems for our opponents. As a young group, I am pleased with how hard we work and the effort we choose to put in each day.

Need to work on: As with all things – we need time. With only 4 returning players, we have a lot of room for improvement and need to develop some team chemistry. Coach Larkin (JV Coach) does a great job preparing kids to make the jump to varsity, but kids still need time to adapt to the pace of play and build on-court relationships.

Coach's comment: Our goals never change – we want to improve as individuals and as a team each day. We focus on giving a championship effort and maximizing our abilities. When we focus on the things we can control, the winning and losing with take care of itself. I am really excited to get after it with this group of young and talented players.

Coach: Chris Russo

Last season's record: 13-8

Top returning players: Quenten Liciaga, Jayden Berrios, Brendan Benbow

Monticello Cheerleading



CONTRIBUTED PHOTO

Members of the Monticello Cheerleading Squad are, front row, from the left: Jaydah Hawkins, Jhoana Mercado, Sameera Binte Robinson, Kylie Melay, Nashlye Caraballo-Lalane, Jayleen Molina, and Isabella Carpinone. Second row from left: Arriana Torres Ayala, Evelyn Bairan Torijano, Tatiana Dalley, Xyaira Brown, Saniyah Woods, and Mia Pena. Third row from left: DaNay Whitley, Agzja Lawrence, Yazmeen Robinson, Azyrah Daniel, and Ivon Diaz. Missing from photo is Kayla Alarcon Lara, Gianna Gandulla, and Jennifer Rosas Dominguez.

Coach: Shaniqwa Hines

Team strengths: Hard working, dedication, team bonding, working together, being kind to one another, etc.

Need to work on: Attendance.

Coach's comment: I'm very proud of these ladies, they've worked very hard and committed to learning/teaching a lot in a short time frame. My goal is for them to enjoy this sport, for them to learn and build relationships with one

another. I want them to succeed at this and continue to be the best they can be in and out of school.

Best of Luck to our Sullivan County Athletes!

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Sullivan West Girls Indoor Track



Indoor Track

Jan 15	at SCCC Exhibition	3:30 pm
17	at West Point	6:00 pm
22	at SCCC Exhibition	3:30 pm
25	at West Point Divis.	1:00 pm
Feb 2	at Armory Track Invit.	2:00 pm
3	at SCCC Exhibition	3:30 pm
7	at West Point	6:00 pm
10	at SCCC Invitational	3:30 pm
12	at SCCC Exhibition	3:30 pm
24	at SCCC Champion.	3:30 pm
Mar 1	at Armory Track Qual.	9:00 am

Members of the Sullivan West Girls Indoor Track Team are, top row, from the left, Head Coach Joe Ebeling, Emerson Mall, Ryann McElroy, Alison McCarthy, Ashely Diehl, Sara Mall, Violet Adams, Mya McCosco, Isabella Kutschera, and Assistant Coach Jenna Kratz. MIDDLE ROW, from the left, are Rosabella Orrell, Noor Mameri, Jocelyn Doyle, Vee Cordischi, Arianna Kautz, Yessel Rodriguez Vega, Paige Sigelakis, Sophie Wilkin, Kaylan Welton Erdman, and Calley Kutschera. BOTTOM ROW, from the left, are Nancy Lin, (Captain) Gracyn Halloran, and (Captain) Katelynn Smith. Not Pictured are Jazzarah Ulu-Mckune, Molly Zadubara

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Sullivan West Boys Basketball

Coach: Ronj Padu

Last season's record: 5-12

Top returning players: Evan Ebert, Matt DuBois, Brandon Haass

Key losses to graduation: Jacob Hubert, Austin Nystrom

Team strengths: Shooting

Need to work on: Consistency and guard play

Coach's comment: Our goal of the season to make sectionals and compete. You can expect to see a tough gritty team that doesn't give up.



Members of the Sullivan West Boys Basketball Team are, standing, from the left: Seamus Johnston, Adam Ernst, Dylan Lockwood, Brandon Haass, Charlie Kutchera, Matt DuBois, and Evan

Ebert. Front row from left: Max Blumenthal, Alec Hubert, John Coyle, Ethan Karvanos, and Landen Boyd.

ANTHONY MORGANO | DEMOCRAT

Boys Basketball

Jan 14	Fallsburg	6:30 pm
15	at Monticello	6:30 pm
17	Liv. Manor/Roscoe	6:30 pm
27	at S.S. Seward	6:30 pm
30	at Roscoe	6:30 pm
Feb 4	at Tri-Valley	6:30 pm
10	Burke Catholic	6:30 pm
13	Port Jervis	6:30 pm
18	at James I. O'Neill	6:30 pm
20	Chapel Field	6:30 pm

Best of luck to all of our Sullivan West Winter Sports Teams!

Go Get'em Bulldogs!!

Kathleen Bressler, Ed.D
Superintendent of Schools



128980

Best of luck to all the Winter Teams for a Winning Season!



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Sullivan West Girls Basketball



JOSEPH MCDOAL | DEMOCRAT

Members of the Sullivan West Girls Basketball Team are, back row, from left: Manager Kaitlyn Drobysch, Mckala Chevalier, Marissa Yanetta, Ella Herbert,

Peyton Stevenson, and Roz Passante. Front row, from left, are: Brooke Nunnari, Sammy Hellerer, Kaitlyn Razukas, and Meghan Kelly.

Sullivan West Schedule

Girls Basketball

Jan 10	at Chester Academy	6:30 pm
13	at Fallsburg	5:30 pm
15	Chester Academy	6:30 pm
21	at Downsville Center	7:00 pm
23	Liv. Manor/Roscoe	6:30 pm
25	at Monroe Woodbury	1:00 pm
31	at Liv. Manor Tourn.	6:30 pm
Feb 1	at Liv. Manor Tourn.	12/2 pm
3	Tri-Valley	6:30 pm
Feb 7	at Tri-Valley	6:30 pm
11	at Burke Catholic	6:30 pm
13	at Eldred	6:30 pm
19	James I. O'Neill	6:30 pm
21	at Liberty	4:30 pm

Wrestling

Jan 10	at Sullivan West	5:00 pm
24	at Ellenville	6:00 pm
31	at Chester Academy	6:00 pm
Feb 5	at Sullivan West	6:00 pm

Coach: Pat Donovan

Last seasons record: 16-6

Top returning players: Brooke Nunnari, Ella Herbert

Key losses to graduation: Karlee Diehl, Abby Parucki, Nicole Reeves, Liz Reeves, Sophie Flynn, Viola Shami

Team strengths: We communicate well. We are eager to learn and grasp concepts quickly and always looking to improve as a team. We are gritty and willing to do the little things that will help keep us competitive.

Need to work on: We need to work on getting stronger and being confident in ourselves.

Coach's comment (goals for season, what we can expect from team, etc): We are young and we are learning and growing each day. We hope to be competitive in each game we play and hope to reach postseason play.

Cheerleading

Coach: Courtney Goldsmith

Top returning players: Dakota Saul, Isabella Alicea, Allie Egan, Annaleigh Schroeder, Zoey McCarty

Team strengths: Teamwork, Team Spirit, Motivation & Encouragement.

Need to work on: We are actively working on our stunting and tumbling skills

Coach's comment: This season, our varsity cheer squad is ready to bring energy, passion, and precision to every game, performance, and competition. Our focus is on build-

ing a team that embodies dedication, teamwork, and school spirit, both on and off the mat. With our hard work at NCA Cheer Camp setting the tone, we've set ambitious goals to elevate our stunts, sharpen our routines, and foster a culture of inclusivity and leadership. You can expect a season filled with high-flying stunts, loud and proud cheers, and a squad committed to being role models in our school and community. We are determined to leave it all on the floor at every event and make this year one for the books!

Sullivan West Cheerleading



Members of the Sullivan West Cheerleading Squad are, back row from left: Coach Courtney, Trinity Pena, Zoey McCarty, Aria Partridge, Brooklynn Moran, and Annaleigh Schroeder. Middle row from left, are: Kerry Hirsch, Natalie Kehrley, Audrey Shipley, Madeline

Agar, Anastasia Duquette, Alessandra Egen, and Bella Conklin. Front row from left: Eleftheria Cordischi, Damaris Barragan Velazquez, Layla Wilkin, Amber Andrews, Dakota Saul, Isabella Alicea, Addyson Kenyon.

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Sullivan West Alpine Skiing

Coach: Lionel Billard
Top returning players: Parker Tyler, Tyler Brockner, Aden Speer
Key losses to graduation: Caden Allen
Team strengths: We have a very young team. Only two seniors and one junior. The rest are very eager seventh, eighth and ninth graders.
Need to work on: The team needs to work on proper stance and staying forward. Also making our turns above the gate on each turn.



Members of the Sullivan West Alpine Ski Team are, from left: Allie Hellerer, Carly Doyle and Coach Billard. Missing is Hailey Norris, Parker, Tyler and Micah Baillie Feinblatt.

CONTRIBUTED PHOTO

Sullivan West Schedule

Skiing

Jan	14	Holiday Mtn.	4:30 pm
	15	Belleayre Mtn.	10:00 am
	16	Holiday Mtn.	4:30 pm
	28	Holiday Mtn.	4:30 pm
	30	(Girls) Mt. Peter	4:30 pm
Feb	3	Belleayre Mtn.	4:30 pm
	4	Holiday Mtn.	4:30 pm
	5	(Boys) Holiday Mtn.	4:30 pm
	11	Hunter Mtn.	10:00 am

Best of Luck Sullivan West Bulldogs!



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Sullivan West Boys Indoor Track

CONTRIBUTED PHOTO

Members of the Sullivan West Boys Indoor Track team are, back row, from left: Nicolo Micara, Tyler Stevenson, Liam Bernas, Hunter Ebeling, Robert Saul, and Coach Ron Bauer. Middle row from left: Coach Reuss, Matthew Malara, George Glassel, Aiden Scardino, Finley Dresher, Marcello Wasner, Bryce Bressler, and Nick Solderitz. Front row from left: John Pietrucha, Kameron Everitt, Zach Conklin, Will Saul, John Adams, Esteban Ramos, and Paul Nunnari. Missing is Miguel Esquivias, Raul Esquivias, Alex Jimenez, and Sean Umbaugh.



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Tri-Valley Boys Indoor Track



Members of the Tri-Valley Boys Indoor Track Team are, back row from the left: John Botsford, Logan Noren, Nathan Closs, Nicholas Bender, Wyatt Morton, Van Furman, Brandon Huggler, Danial Bashir, Jacob Van Etten, Brady Knight, and William Seward. Front row from the left: Lorenzo Haffner, Alex Meade, Logan Weyant, Aaron Edwards, Matthew Ortiz Jimenez, Spencer Scanna, Hiram Roman, Matthew Cuji, John Woods, and Christopher Prousalis. Not Pictured: Anthony Ingrassia and Kane Poje.

Indoor Track

Jan	15	SCCC Exhibition	3:30 pm
	17	West Point	6:00 pm
	22	SCCC Exhibition	3:30 pm
	25	West Point Divis.	1:00 pm
Feb	2	Armory Track Invit.	2:00 pm
	3	SCCC Exhibition	3:30 pm
	7	West Point Sect.	6:00 pm
	10	SCCC Invitational	3:30 pm
	12	SCCC Exhibition	3:30 pm
	24	SCCC Champion.	3:30 pm
Mar	1	Armory Track Qual.	9:00 am

Tri-Valley Girls Indoor Track



Members of the Tri-Valley Girls Indoor Track Team are, back row from the left: Angie Flores, Elle Stanley, Hailie Prince, Dakota Evans, Savannah Chaboty, Gwenneth Redman, Sophia Richardson, Em Richardson, Anna Furman, Rebecca Squires, and Ariana

Small. Front row, from the left: Daniella Mulholland, Lilliana Schoonmaker, Angelina Hinkley, Caelynn Babcock, Sariah Mulholland, Juliana Adams, Kenzie Krier, and Maria Gelsomino. Not Pictured are Caitlyn Monell and Molly Van Etten.

Boys Indoor Coach: Tyler Eckhoff

Last season's record:

OCIAA Division 5 Champions, Runner Up (2nd) out of 22 teams in the Section 9 Class B Championships

Top returning players: Van Furman, Kane Poje, Logan Weyant, Matthew Ortiz Jimenez

Key losses to graduation: Craig Costa, Noah Edwards, Colin Monell, Connor Weyant

Team strengths: Van Furman and Kane Poje return as outstanding athletes in the distance and throwing events respectively. Both look to make waves in the state and nation.

Need to work on: Jumping events and filling out depth behind our top athletes.

Coach's comment: The boys team looks to win the division and sectional championships. Tri-Valley boys have only won the section twice before but they are ready to make a run. The boys team has the potential to get 2-5 athletes to advance to the state championship and 2-3 to the national championships.

Girls Indoor Coach: Travis Wolfe

Top returning players: OCIAA Division 5 Champs and 2nd in section - lost by 4 points to Roundout Valley

Key losses to graduation: Amelia Mickleson, Kendall McGregor and Brook Mulholland

Team strengths: Really well rounded this year - ultimate strength is distance. The jumps being the most improved

Need to work on: Consistency with jumps and hurdles

Coach's comment: We expect to be in position to challenge for the section IX crown and the OCIAA division 4 title (we got bumped up in divisions this year) this indoor season. Key contributors will be cross country state Champion Anna Furman, top weight thrower Dakota Evans, Sprinter/Jumper Sophia Richardson, Mid Distance runner Emma Richardson, Jumps/Hurdles Molly Van Etten, Pole vault Savannah Chaboty, top shot put thrower Ariana Small, Racewalkers Gwenneth Redman and Elle Stanley

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Tri-Valley Boys Basketball



JOSEPH MCDOAL | DEMOCRAT

Members of the Tri-Valley Boys Basketball Team are, back row from left: Braeden Scott, James Kachelriess, Yan Zheliazouski, Ryan Payne, William Richardson, Boe Mueller, Misha Khodakovski, and Coach Tyler. Front row, from left: Andrew Kelly, Sean Woods, Jai Patel, and Josh Fanslau.

Coach: Tyler Irwin
Last season's record: 10-5
Top returning players: Josh Fanslau, Boe Mueller
Key losses to graduation: Matt Fanslau, Austin Sweat
Team strengths: Offensive drive and heart.
Need to work on: Defense and Offensive rebounding.
Coach's comment: Our goal is to make another impact statement in our second year in Class B. Last year we had home court advantage against Rhinebeck for sectionals and we'd like to make it even further this year. My individual goal as the new face of the program is to instill aggressive and fundamental defense within all levels and rebuild our Boys Basketball program from the ground up, using the leadership skills of the Senior athletes we have this year.

Boys Basketball

Jan 14	at Eldred	6:30 pm
17	at Onteora	6:00 pm
22	at Liberty	6:00 pm
23	Liberty	6:30 pm
30	at Chester Academy	6:30 pm
Feb 4	Sullivan West	6:30 pm
10	Chapel Field	6:30 pm
12	S.S. Seward	6:30 pm
18	at Burke Catholic	6:30 pm
20	at Tuxedo	6:30 pm

Best of Luck to this year's Winter Sullivan County Sports Teams for a successful season and especially to Molly & Jake Van Etten & their teammates on the T-V Indoor Track Team Go Get'em!!

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Girls Basketball

Coach: Jason Closs

Last season's record: 13-4

Top returning players: Jenna Carmody, Jordan Dymond, Brynn Poley, Kaitlin Stungis

Key losses to graduation: Riley Kelly and Emily Rusin

Team strengths: Experience, work ethic & coachability

Need to work on: Gaining varsity experience for our younger girls.

Coach's comment: This year's team is a mix of girls with a lot of varsity experience and younger girls that are very athletic with a lot of potential. They are hardworking and the focus is to consistently improve as a team. We look to compete every game.

Girls Basketball

Jan	13	Eldred	6:30 pm
	17	at Onteora	4:00 pm
	21	Liv. Manor/Roscoe	6:30 pm
	28	at Beacon City	6:30 pm
	31	at Liv. Manor Tourn.	5:00 pm
Feb	1	at Liv. Manor Tourn.	12/2 pm
	3	at Sullivan West	6:30 pm
	5	at Chester Academy	6:30 pm
	7	Sullivan West	6:30 pm
	13	James I. O'Neill	6:30 pm
	19	Chester Academy	6:30 pm



Members of the Tri-Valley Girls Basketball Team are, back row from left: Madison De La Cuadra, Assistant Coach Tim Dymond, Kara Carlsen, Jenna Carmody, Ange-

lia Raykoff, Allyson Chevalier, Kaitlin Stungis, and Coach Jason Closs. Front row from left: Avery Carrier, Jordan Dymond, Brynn Poley, and Emily Lucak.

JOSEPH MCDOAL | DEMOCRAT

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128313

Tri-Valley Competition Cheerleading



Members of the Tri-Valley Bears Competition Cheerleading Squad are, front row, from left: Lilli Morton-Curry, Lily Kopp, Grace Deyo, and Brianna Cookingham. Middle row, from left, is: Abigail Sweetman, Abigail Reuf, Kiera Tixi, Hannah Miller, and Dakota Berlinski. Back row, from left, is: Deanna Brucelis, Madyson Kirkpatrick, Rayne Edwards, Mackenzie Conklin, and Coach Jen Edwards. Missing from photo is Isabella Rion, Meilyn Jimenez, and Mackenzie Bush.

Tri-Valley Sideline Cheerleading



Members of the Tri-Valley Sideline Cheerleading Squad are, front row, from the left: Lily Kopp, Kiera Tixi, and Mackenzi Bush. Back row, from left, are: Abigail Sweetman, Deanna Brucelis, Carlianne Harasemovech, Mackenzie Conklin, Ramina Akhmetshina, and Coach Jen Edwards. Missing from photo is Meilyn Jimenez.

Competition Cheerleading

January 11
at Minisink Valley
12:30 pm

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Brian McPhillips
District 3 Legislator

11868

Fallsburg, Liberty, Tri-Valley Alpine Ski Team



CRYSTAL TWEED | DEMOCRAT

Members of the Tri Valley Boys Alpine Ski team are, from left to right: Coach Janet Carey, Everett Gillman, and Anthony Pisaniello, Mathew Huggler.

Wrestling

Jan 16	at Benjamin Cosor	6:00 pm
24	at Burke Catholic	6:00 pm
31	at Onteora	6:00 pm
Feb 5	at Sullivan West	6:00 pm

Skiing

Jan 14	Holiday Mtn.	4:30 pm
15	Belleayre Mtn.	10:00 am
16	Holiday Mtn.	4:30 pm
28	Holiday Mtn.	4:30 pm
30	(Girls) Mt. Peter	4:30 pm
Feb 3	Belleayre Mtn.	4:30 pm
4	Holiday Mtn.	4:30 pm
5	(Boys) Holiday Mtn.	4:30 pm
11	Hunter Mtn.	10:00 am



CRYSTAL TWEED | DEMOCRAT
Tri Valley Girls Alpine Ski team are, left to right: Chrissy Wachter, Coach Janet Carey, and Emily Poley.

Coach: Janet Carey

Last season's record: The boys finished third in Division 1 and the girls came in first.

All racers qualified for the Section 9 Championships

Top returning players: Santino Haffner (TV), Madeline Pantel (FB)

Key losses to graduation: Grace Gozza (TV)

Team strengths: Energy, enthusiasm, teamwork, good work ethic

Need to work on: Three quarters of

our team are racing for the first time - so we are working on fundamentals, race techniques, and building confidence.

Our experienced racers are working on edging, pressure control, early turn initiation, developing the best line, and better course inspection..

Coach's comment: Our experienced racers are helping our newer racers both on and off the course. We hope to build confidence in everyone.

Here's to a Great Season!



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