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Volume 23 Number 8

SPRING 2024

promises of spring





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ON THE COVER

Tulips are spring-blooming perennials that are one of the first flowers to appear after the long, cold winter. They're a classic flower that have been loved for centuries for their bright colors and various varieties.

Autumn Schanil photo



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arrival of spring in our Catskills

ith the arrival of spring, following the extended embrace of winter, there's a palpable sense of anticipation as we transition into a new,

vibrant season. The Sullivan Catskills come alive once again, welcoming back our cherished guests who are drawn to our breathtaking landscapes.

This year, spring in the Sullivan Catskills is set to be exceptionally thrilling for several reasons. The Sullivan Catskills Visitors Association (SCVA) is committed to elevating our Spring Shoulder season and enhancing our weekend festivals, aiming to captivate visitors keen on exploring the myriad wonders our region has to offer.

The festivities begin with the SCVA joining forces with the Liberty Chamber to present a Spring Marketplace at the Liberty Mall, scheduled for Saturday, March 9th, from 11 am to 5 pm. The celebration continues with our 2nd Annual Catskills Cuisine, spotlighting celebrity chefs from the Food Network Channel. This eagerly anticipated event kicks off on May 10th with the Celebrity & Chef Golf Invitational, followed by a Celebrity Chef Food Festival gathering on the grounds at Bethel Woods on

Crysta]

Saturday, and concluding with a Mother's Day brunch featuring the culinary talents of celebrity chefs at the Bethel Woods Center for the Arts on Sunday, May 12th. Following closely, we'll host our annual member BBQ & Brochure exchange during Tourism Week, and on Father's Day weekend, we will inaugurate our first-ever Kansas City BBQ competition.

Be on the lookout for our iconic doves. Building on the anticipation for 2024, we've already unveiled two new Doves on our trail one in Swan Lake at the Catskill Domes and another in the Town of Thompson within the Shoprite Plaza, Monticello.

Furthermore, we're thrilled to announce the launch of our new, immersive website. This digital platform is designed to enrich your Sullivan Catskills experience, bringing the beauty and vibrancy of our region directly to you, wherever you may be. From stunning imagery and inspiring stories to a comprehensive events calendar and interactive maps, our new website has it all. In addition to our website, explore our newly improved mobile "GO!" app and pick up one of our award-winning travel guides at our Visitor Center, 15 Sullivan Avenue, Liberty, NY. Visit www.sullivancatskills.com.



Roberta Byron-Lockwood President/ CEO Sullivan Catskills



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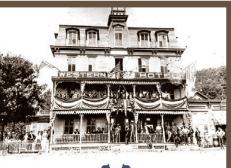


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the furniture revivors

story and photos by Autumn Schanil

haindy Pollack and Michael Katz opened Liberty Fine Upholstery and Furnishings three years ago. Despite some of the obstacles that they encountered, such as the pandemic, their residential business quickly began to flourish, and more clients meant more furniture, more fabric, and a bigger team.

Large windows at the front of the store give you a peek into the beautiful quality and craftsmanship of some of the pieces on the floor, many of them popping with color.

Stepping inside, it's quiet, warm, yet exciting. That feeling when you enter an unknown space, which feels like home, cozy and inviting to the eye. Every piece of furniture is unique and vibrant. Styles offered vary from traditional to contemporary, vintage and modern.

Shaindy, Michael, and sweet pups Lilly and Miss JJ step out of the office to greet you with a smile and a wagging tail.

"Reupholstery was our main thing, it's what we started with," explained Shaindy, "then we started carrying new, better furniture. The kind of furniture that our parents and grandparents had that lasted forever. Furniture that isn't just a trend or a fad that eventually gets thrown away, but beautiful pieces that you really love."

From there, Shaindy began bringing in vintage pieces, along with unique pieces found at Estate sales, and most recently moving into carrying home accessories like lamps, can-



There are plenty of fabrics to choose from when reupholstering a unique item of furniture, and fabrics can also be used to make ottomans or pillows to complement your piece.

Beautiful wicker furniture pieces on the showroom floor are made with comfortable, sturdy cushions to last.

dles, and dinnerware sets.

Some of the floor models are from high end furniture showrooms in the city which are sold at reduced prices. But they're main focus is refinishing and saving furniture from being thrown away or ending up at the landfill.

"Some people save animals," said Shaindy, "I really love to save furniture. Reupholstery isn't necessarily cheaper than buying new, sometimes it is and sometimes it isn't. But it's a way that you can customize the furniture that fits in your house already and reimagine a piece from your grandmother, or something you found on marketplace that you absolutely love but it needs some work. We redo it so it will last forever."

Generally, it's about a two week process. You come in, you choose your fabric, and if there isn't a fabric at the store you like, they'll order one for you. Just the fabric areas alone in the store, make it worth the visit. Rolls and rolls of fabrics of various colors and prints are available, including cow hides, fabrics from India, and fabrics for outside furniture.

"You can also bring in your own fabric if you have something that you like a lot," Shaindy said. "Again, repurposing is a huge part of what we do here, so if you have a piece of fabric you love, or you have an old jacket you don't want to throw out but don't know what to do with, we can figure it out. We have an entire basement of furniture that people want to repair, refinish, and reupholster."

If you have a bigger piece of furniture, pickup is possible. No more worrying about who's going to help you lift the couch, or finding someone with a truck to help you bring it in. Liberty Fine Upholstery's team will come to you, and then drop it off when it's finished.

Recently, they've been working with local farms to have naturally dyed wool pelts you can choose from, as well as felted wool.

"We also have beautiful wool from the mills in Italy," Shaindy stated, "but I really like to support local, and Spring is the season that they begin shearing sheep from the winter so it just made sense to try it. Both of these are felted wool," she said walking over to two cozy couches dyed a beautiful

continued on page 10



(Top)The front room to the left is dedicated to all different styles of fabrics of various textures and patterns. (Middle)A recently upholstered chair and table set that's unique and fun. (Bottom)The Clementine double seat sofa in nectarine pairs well with this finished wood table and dinner set.





Liberty Fine Furnishings and Upholstery 199 S Main St Liberty, NY 12754 Open Mon - Fri 9am-5pm

libertyfineupholstery.com @libertyfineupholstery

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blue. "It's wonderful because the wool repels water, so you don't have to worry if you spill something, it won't absorb moisture, and it's easy to clean."

And if furniture isn't your thing, or you're just visiting for the weekend, you can still pop in to see their wonderful accessories for the home. Who knows, you may end up leaving with a piece you never knew you needed.



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story and photos by Autumn Schanil

a farm for favorite flowers

Ithough tulips are Jennifer Gebhardt's favorite flower, she initially started Bunny Love Flower Farm in 2020 growing just a few rows of zinnias and sunflowers in an unheated high tunnel greenhouse on her property, supplying a good friend and bookkeeping client's shop with affordable, environmentally positive and sustainable fresh flowers.

As her love for growing, and the demand for her flowers expanded, she decided to take a dive into flowers for every season, along with her favorite, tulips. Four years later, Jen is utilizing organic, no-till practices to grow fresh seasonal blooms for wholesale and retail markets ten months out of the year.

From late December through April, Jen and her husband Morgan's basement is the "tulip lab," force growing fancy tulips of all different varieties and colors.

Walking down their basement steps, potting soil can be seen sprinkled here and there, so you know you're close to where it all happens. Entering through a door on the right, there is a gentle whirring of fans, the smell of





The "kissing color" shown here is prime time to pull the forced tulips from the soil, wrap them in Bunny Love paper, and keep them in the cooler until they're ready to be delivered. The tulips will continue to grow and develop their color after being pulled.

Earth, and warm glowing grow lights. The "lab" is a beautiful sight.

Crates of soil are stacked on shelves, some boasting full stems and tulip heads while others peep just a single plant start above the dirt.

"There's a dance that I'm doing with humidity, temperature, light, and timing,

to make sure that the tulips have their optimal situation," Jen said walking over to the tulips.

She begins pulling tulips from their crates that have the "kissing color," a term for when the top of the tulips appear to have a pair of lips with a hint of color. Jen then wraps the tulips and puts them in the cooler where they will be held until she needs them.

The tulip lab came the year after she started the flower

continued on page 18

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farm, and after taking "The Tulip Workshop" with Emily von Trapp of von Trapp Flowers and Linda D'Arco of Little Farmhouse Flowers.

"Growers from all over the US and Europe learn to grow tulips from them, so they can have local, winter flowers," Jen smiled. "It's amazing. I took that course three years ago, so this is officially my fourth year with tulips and my third year forcing them. I'm constantly still learning too, because there is so much room for error."

Grown outside - voles, bugs, and weather are a threat; grown inside - there can be disease, stem topple, and some varieties simply won't grow. But Jen's careful attention has grown her tulip production from around 3,000 her first year to 15,000 tulips this year, and she's hoping for more next growing season.

"Tulips are like pringles, once you start you just can't stop," Jen said laughing, "and I just keep finding new varieties that I want to try my hand at."

Besides the wholesale and retail markets, Jen also offers month subscriptions for weekly flowers, delivering fresh, local, organically grown and loved tulips that can last up to two weeks in a vase on the table.

And the flowers don't stop after April. Start-



Jen and Morgan's three pooches like to be involved in the flower farm too, patrolling the property, and sometimes trying to eat the composted tulip bulbs.

ing in May Italian ranunculus and anemones begin blooming in the high tunnel outside,



Bunny Love Flower Farm Cochecton, NY

bunnyloveflowerfarm.com @bunnyloveflowerfarm 917-406-3648 followed by snapdragons, stock, larkspur, and other overwintered cool season flowers, while the field grown tulips and peonies are already up welcoming the warmer season.

July brings sunflowers, zinnias, and celosias. Perennial phlox, rudbeckia, and yarrow pop up in the low tunnel, with lisianthus in the hoop house. Dahlias finally join the crew from August through October. Jen then gets everything ready for the winter before taking a much deserved break before the next growing season begins again.



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spring's early risers

story and photos by Autumn Schanil





s the snow begins to melt into the Earth, the frozen ground begins to thaw, birds are heard returning to sing their song, and the sun rises a little bit earlier each day, the Catskill Mountains welcome the Spring season.

For foragers and foodies alike, nothing quite gives a better welcome than seeing wild, edible plants begin to push through the soil after a long, cold winter. One of the first to return are wild leeks, or more locally known as, ramps.

They grow on mountainsides, and close to creeks, where there is dappled sun and it stays fairly cool and moist.

"I've been picking them since I was a little kid with my parents," said Justin Sutherland of Somewhere in Time Farm in Parksville. "Everyone kind of has their own secret spot of where they harvest, and we had ours, it was a cool tradition."

Ramps are a member of the onion family - imagine a cross between scallions, leeks, and garlic - and because they're wild they are packed with nutrition.

"When they're young they're really sweet and mild," Justin said. "There's actually no other flavor like a ramp, nothing else tastes like them. As they mature, they get a bigger bulb and that's more oniony, and is great for pickling. Eating things from nature, there's nothing better for you, and as farmers, that's what we're trying to do - is to emulate nature."

Ramp season is short, about three to four weeks, once the first emerald leaves push through the Earth. Many foragers only take the leaves, while others pull the entire plant. There is, of course, etiquette as to how to forage, and to forage sustainably.

If you find a small patch, be careful not to harvest too many. Ramps will reproduce and spread, but not if all of their bulbs are being taken. You also want to be careful not to damage the plants and the plants around them.

And you can do a lot with ramps, preparing them in all different dishes with different seasonings.

"Honestly, I really just love them on their own. Searing them whole in a cast iron pan with a little bit of olive oil and sea salt," Justin said, "speaks to the true flavor of the ramp."











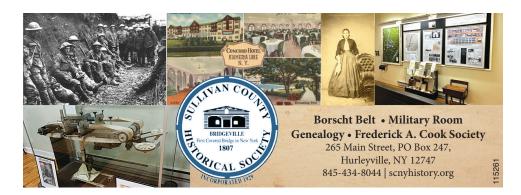
Ramps (opposite at top) aren't the only Spring risers - Forsythia's bright yellow flowers blossom early and brighten roadsides and backyards, along with springbeauty's (top), apple tree blossoms (middle left), wild garlic mustard greens (above), and red trillium





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SPRING 2024 N D A R

Saturday, March 16

Join us for a guided painting session while

enjoying a glass of wine or craft beer and soft pretzels. Non-alcoholic beverages will also be available. Whether you come solo, with friends, or as a couple, the night promises to be a perfect blend of creativity, community, and the joyful spirit of the holiday. Limited seats available – grab your tickets now. This will start at 6 p.m. and is located at 219 Main Street, Hurleyville.

Sunday, March 17

The Monticello Fire Department is hosting a Pancake Breakfast from 7 a.m. until Noon. Admission: Adults: \$9, Seniors: \$7, Children: \$6 and Children under 5: FREE. Located at 23 Richardson Avenue, Monticello.

Monday, March 18

Join us for our Film & Dance Series at HPAC! This month, we're screening the hilarious and heartwarming film Tango Shalom in our Cinema, followed by a community dance lesson in our Ballroom. Reserve your spot for a unique, fun, and lively experience! Located at 219 Main Street, Hurleyville.

Wednesday, March 20

Fabric Seed Starter Pots Join Creative Arts Ther-

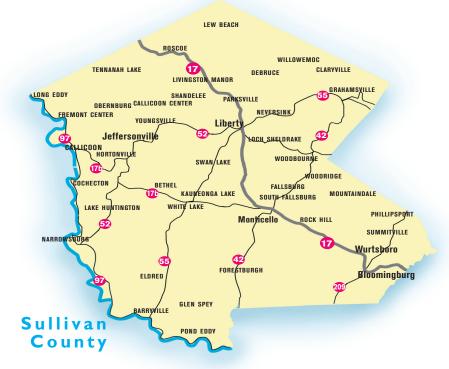
apist, Candace Rivela and kick off the first day of spring with this fun activity! Tickets are \$15 and everything you need is provided. The event starts at 6:00pm, for more information please go to: https:// www.bethelwoodscenter.org/events/detail/fabricseed-starter-pots\.

Learn the basics of botanical drawing using color pencils in a fun and relaxed atmosphere with artist, Doug Milne. We will cover a range of topics including form, texture, pattern, and composition, and apply those principles to a drawing of fruit or a flower. All levels are welcome! Located at 219 Main Street, Hurleyville.

Saturday, March 23

- **Rock Hill Annual Easter Egg Hunt!** We will have Parking at the Rock Hill Fire Department and have a free shuttle service bring you right to the egg hunt location! There's plenty of things going on before the hunt! A few tips: Arrive one hour prior to hunt, hunt starts 12pm sharp.
- The Delaware Youth Center annual Easter Egg Hunt! Take your own pictures with the Easter Bunny! The Egg Hunt starts promptly at 11 AM, (line up by the pool is 10:45 AM.) Please make sure to have your little one there in advance. It is over





in a flash, and we wouldn't want you to miss it. For information email info@delawareyouthcenter.org. **Pancake Day** will be bigger and better than ever! All you can eat - pancakes, sausage, eggs to order, applesauce, orange juice, coffee, tea, milk. Don't miss great raffle items and the bake sale. Located at Gardner Ave. Extension. Middletown.

Sunday, March 24

- **Callicoon Kiwanis Club** is hosting a Palm Sunday Pancake Breakfast from 7 a.m. until noon at the Delaware Community Center in Callicoon. The event helps raise money to support youth projects throughout the Delaware River Valley. Donation is \$10 for adults, \$5 for children.
- **Boy Scout Troop 1717** is hosting a Spaghetti Dinner from 4 p.m. until 7 p.m. Located at 3352 Route 52, White Sulphur Springs.
- Seminary Hill Cidery presents Yarnslingers Thin Ice! Join select writers in the light filled Tasting Room at Seminary Hill while they present their true tales. The event takes place from 11:00am to 1:00pm. Located at 43 Wagner Hill Lane, Callicoon.
- Four Seasons Chorale presents "Cantate: Sing!", at 3:00 PM at First Presbyterian Church, 60 Sussex Street, Port Jervis, NY. The concert features the chorale directed by Kathy Brink and accompanied by Seth Riehl and special guest, Marc Von Em. A variety of music will be sung by the chorale in the first half of the program and will be followed in the second half by Marc Von Em. Marc's soulful sound

is driven by skilled acoustic guitar playing and a rich, dynamic voice. His original music is a mix of bluesy rock, folk and funk, early jazz and swing. Handicapped accessible, free admission, donations are gratefully accepted to offset concert costs. For more info, call Kathy at 570-430-1755 or email kathybrinkmusic@gmail.com.

Sunday, March 31

The Anglers Reunion Dinner will be held at the Rockland House, Rockland Road, Roscoe, NY. Social Hour 6 pm and dinner at 7 pm. \$38 per person. Leslie Eggleton will do a program on "Stream Restoration." Call 607-498-4240 for reservations ASAP. Join us at Junction Pool at 8 am Monday morning, April 1.Located at 159 Rockland Rd, Roscoe.

Tuesday, April 9

Monticello Rotary Club is hosting a Taste of Sullivan County event from 6 to 8 p.m. Enjoy a "Taste" of signature dishes from many Sullivan County restaurants! Located at SUNY Sullivan Paul Gerry Fieldhouse, 112 College Rd, Loch Sheldrake.

Sunday, April 14

Woodbourne Firehouse is hosting a French

Toast Breakfast from 7 a.m. until Noon. Cost for adults is \$12 and children 6 years old and younger will cost \$6. Eat in or take-out. Menu includes french toast, eggs, susage and home fries. Located at 355 NY-52, Woodbourne.

Go explore.

Mother nature and our charming small towns are springing to life in March. Get outdoors on two wheels or four; we have dozens of trails. Indulge in our spas or exercise studios. Dine on our Catskill-icious food and sip on our craft beverages. Stay in an intimate inn, a big suite, a glamping dome, or a luxury treehouse.



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