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2023



FALL SPORTS

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- VOLLEYBALL • PREVIEWS • COACHES
- SCHEDULES • TEAM PHOTOS



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Eldred Boys Soccer



Coach: Ryan Stutz

Last season's record: 0-11

Top returning players: The team has a solid core of upper class men returning and several other freshmen and sophomore players to complement.

Key losses to graduation: N/A

Team strengths: Core group of players who have played several years together.

Need to work on: Communication on field

Coach's comment: We are collectively looking forward to a great season from a team that is willing to work hard and support one another.

CONTRIBUTED PHOTO

Back row from left, Coach Stutz, Rory Brady, Cooper Stutz, Joshua Marban, Ben Gillespie, Connor White, Jacob Gaeta, and Sean Whalen
Front row from left, Gil Smyth, Masen Raymond, Holden Gillespie, Manager Gavin White, and Peyton Brischler

Coach: Roxanne Doud

Last season's record: N/A

Top returning players:

Ksenia Sosnowski, Rayanna Quintana, Sydney Furler, Ally Mohan, Angie Kehrley, Gabby Canfield, Jillian Smith, Avery Moscatiello

Key losses to graduation: N/A

Team strengths: Defensive line

Need to work on: Number of shots on goal

Coach's comment: We can expect more communication, less cluttering and leaving a position open.

CONTRIBUTED PHOTO

Back row from left, Coach Moscatiello, Tabitha Smith, Ksenia Sosnowski, Oiliva Gonzalez, Marissa Gochenour, Kayle-

Petrin Petit, Rayanna Quintana, Alyena Galivn-Bliefernich, and Coach Gonzalez

Second row from left, Coach Doud, Gabriella Canfield, Angie Kehrley, Jillian Smith, Autum Lahoda, Madison Daw, and Giada Donato

Front row from left, Allison Mohan, Avery Moscatiello, Alexis Fredericks, Sydney Furler, and Araina Fredricks

Eldred Girls Soccer



Eldred Football

Coach: Sean McAveney
Last season's record: 3-4
Top returning players: Josh Warming RB/LB, Logan Knibbs OL/DL, Josh Morabito OL/DL, John Morabito CB/WR, Trai Kaufmann WR/FS, Nick Faber TE/LB
Key losses to graduation: Frankie Whitmore, Sean Furler, Matt Ranaudo, Dominic Furlippa, Seth Deitz

Team strengths: For the first time in recent years the team has depth at most positions. We are a young team that worked very hard during the off season to build strength and speed for the 2023 season. They continue to work very hard and have shown improvement with each week.

Need to work on: We need to be more consistent as a football team. There are a lot of first year varsity players on the team, and it is important that they gain experience as the season continues.

Coach's Goal for the Season: To qualify for the 2023 8-man playoffs.



CONTRIBUTED PHOTO
Bottom row from left, Nick Faber, Logan Knibbs, Josh Morabito, Josh Warming, John O'Connor, and Mason McKerrell. Middle row from left, Luke Potter, Connor Ranaudo, Jaden Wong, Jake Card, Mason Tice, and Koen McGill. Back row from left, James Deyermond, Chris Enriquez, Jayden Daletto, Thomas Snyder, and TB. Missing: John Morabito, Tyiese Mack-Simms, and Trai Kaufmann. Coaches: Brian McAveney, Sean McAveney, and Anthony Margarum. Missing Coaches: Hunter Kolvenbach, Ryan Ward, Vinny Riina, and Matt Ranaudo

Eldred Schedule

Football

Sept 22	Fallsburg	7:00 pm	13	Webutuck	4:30 pm
30	at Tri-Valley	1:00 pm	16	at Tri-Valley	4:15 pm
Oct 7	at Liv Manor/Roscoe	7:00 pm	18	S.S Seward	4:30 pm

13	at Sullivan West	7:00 pm	Girls Soccer		
20	Onteora	7:00 pm	Sept 22	at Chapel Field	4:30 pm
28	Playoffs	1:00 pm	28	Burke Catholic	4:30 pm
Nov 3	Playoffs	7:00 pm	Oct 3	at Tri-Valley	4:15 pm
			5	S.S Seward	4:30 pm
			14	at Livingston Manor	10:00 am
			17	Chapel Field	4:30 pm

Boys Soccer

Sept 26	Fallsburg	4:15 pm	Cross Country		
27	at S.S Seward	4:30 pm	Oct 3	at Goshen	4:30 pm
29	Port Jervis	6:00 pm	10	at Burke Catholic	4:30 pm
Oct 4	at Chapel Field	4:30 pm	17	at S.S Seward	4:30 pm
6	Chester Academy	6:00 pm	28	Championship	10:00 am
10	at Port Jervis	7:00 pm	Nov 4	Sectionals	10:00 am
11	at Sullivan West	4:15 pm			

ALEX KIELAR | DEMOCRAT
The 2023-24 Eldred Cross Country team. From left, Regan Kizer senior, Kristofer McConnell junior, and Giovonathon Fein senior



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Go Get 'em Yellowjackets!

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Fallsburg Girls Cross Country



Coach: Danielle Halikias
Top returning players: Meredith Anderman, Arianna Gonzalez, Arrow Odell
Key losses to graduation: Gisella King, Bintou Darboe, Stephanie Granados
Team strengths: Passion for running, dedication, and commitment to the sport
Need to work on: Mental toughness and pacing
Coach's comment: We are really excited for this year's team. We have a lot of new faces and a team that has been together since track and field. Some athletes have been competing over the summer and training when they can. We are looking forward to big personal records and a team that is ready to move up in the ranks.

ALEX KIELAR | DEMOCRAT
Back row from left, Arrow Odell, Shelby Lyons, Meredith Anderman, and Cassandra Damms
Front row from left, Angelina Levner, Alisha Tremper, Francely Maradiaga, Arianna Gonzalez, and Cecelia Norris-Yanes
Not pictured: Laura Williams, Jaily Sebastian, and Iliana Pinzon

Best of luck to all the local Fall Sports Teams!

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Fallsburg Football

Coach: Dom Scanna

Last season's record: 4-4

Top returning players: Nikolas Bonner, Isaiah Young, Donovan Hart, Nick Storms, Nazir Lopez, Ethan Dunn, Myhova Custodio

Key losses to graduation: Mateo Scanna and Andrew Rein

Team strengths: Speed and Athleticism

Need to work on: Consistency and Fundamentals

Coach's comment: We expect to compete daily and grow as a team.

ANTHONY MORGANO | DEMOCRAT

Back row from left, Coach Bruno, Coach J. Scanna, Coach Scanna, Colin Pavese, Robert Blake, Isaiah Young, Myhova Custodio, Donovan Hart, Ethan Dunn, Jadiel Monche, Aleck Drammeh, Adam Frunzi, Coach White, Tyjae Coakley, Coach Tofallos, and Coach Monche
Front row from left, Guisseppe King, Xavier Young, Nick Storms, Nazir Lopez, Nik Bonner, and Alana Gjeka

Coach: Dylan Gaucher
Last season's record: 10-3-3

Top returning players: Diego Bonilla - F - Senior, Angel Dubon - M - Junior, Frank Trochez - D - Junior

Key losses to graduation: Mario Martinez - D, Olvin Jimenez - F

Team strengths: Intense, aggressive and smart players

Need to work on: Scoring goals. Olvin scored 16 goals last year and we do not have a natural striker to replace him.

Coach's comment: My goal is to win the section. Last year we managed to get a home game against Spackenkil in the first round of sectionals and I hope to do better this year.

Fallsburg Boys Soccer



ANTHONY MORGANO | DEMOCRAT

Top row from left, Coach Dylan Gaucher, Iker Canales, William Martinez, Diogenes Ortiz, Kevin Montoya, Kevin Padilla, Junior Ordonez, Marco Mansanarez, Angel Dubon, Jonathon Dias Paredes and Jordy Fuentes.
Bottom row from left, Allan Perez, Cian Meyer, Anthony Mendoza Granados, Isaac Hernandez Martinez, Cristian Garcia, Selvin Reyes, Jose Aleman, Frank Trochez, Mauricio Ordonez, Edwin Castillo, and Diego Bonilla

Fallsburg Volleyball



ALEX KIELAR | DEMOCRAT

Front Row (L to R): Jennifer Magali Morales Perez, Emily Castro Ramos, Kaitlyn Pedersen, Maya Ballard, Juleidy Rivera Torres, Jordyn Wall-Carty, and Ashley Ingrassia. Back Row (L to R): Coach Amy Johnson, Georgia-Rane O'Brien, Gelsey Aguilar Torres, Arslyn Cantave, Brianna Noller, and Hannah Johnson

Coach: Amy Hobby
Last season's record: 3-11

Top returning players: Maya Ballard, Ashley Ingrassia, Hannah Johnson, Jordyn Wall-Carty

Key losses to graduation: Sierra Kaplan

Team strengths: The team has formed a great friendship and continue to play together year round whenever they can. The increase in number of touches they

have had in the off season has improved their overall play.

Need to work on: Mental toughness and not allowing the loss of a couple of points to slow them down.

Coach's comment: This team has the potential to bring some excitement to the gym and challenge any team they face. It promises to be an exciting season of volleyball in Fallsburg.



CONTRIBUTED PHOTO

Below: Top row from left, Coach Kassie Foertsch, Nancy Cadena, Genesis Salgado, Dalila Ortiz, Savanna Doty, Mia Irlbacher, Keelie Damms, Emily Perna, Angela Pineda, Marilyn Santos, and Coach Jordan Mootz. Bottom row from left, Luz Quinde, Keyla Otero, Katherine Castro, Mayline Maldonado, Katherine Murillo, Nicole Jimenez, and Asly Avila

Fallsburg Girls Soccer

Coach: Jordan Mootz

Last season's record: N/A

Top returning players: Dalia Ortiz, Emily Perna, Savanna Doty, Asly Avilla

Key losses to graduation: N/A

Team strengths: Ability to adapt to low numbers and new faces throughout the season. Team chemistry is higher this year.

Need to work on: Low numbers, height, experience

Fallsburg Boys Cross Country



ALEX KIELAR | DEMOCRAT

Back row from left, Trevyon Hayden, Jefferson Banegas Gallo, Joash Fernandez, Terrence Hayden, and Anthony Pignataro. Front row from left, Eric Moocz, Azon Laurel, Isaiah Hershewsky, Adam Mednick, and Justice Laurel

Coach: Loren Rappaport
Top returning players: Isaiah Hershewsky, Justice Laurel, Adam Mednick
Key losses to graduation: Ryan Zempoaltecatl, Kailan Odell
Team strengths: Patience and motivation
Need to work on: Pacing and pack running

Coach's comment: This year's team is the biggest XC team we've had since 2019, we are looking forward to a big "pack" running team. We know that many of these athletes have worked hard training and are looking forward to a strong team and the growth of this program.

Fallsburg Schedule

Football

Sept 22 at Eldred 7:00 pm
 29 at SW 7:00 pm
 Oct 6 at Rondout 7:00 pm
 12 LM/Roscoe 5:30 pm
 28 Playoffs 1:00 pm
 Nov 3 Playoffs 7:00 pm

Boys Soccer

Sept 23 at Rondout 6:30 pm
 26 at Eldred 4:15 pm
 29 O'Neill 4:30 pm
 Oct 2 Tri-Valley 4:00 pm
 4 at Beacon City 4:30 pm
 7 at Mount Acad 6:30 pm
 11 Liberty 4:00 pm
 12 at Chester Acad 4:00 pm
 16 at O'Neill 4:30 pm

Girls Soccer

Sept 22 at Chester Acad 4:30 pm
 26 Sullivan West 4:15 pm
 27 Port Jervis 4:30 pm
 Oct 3 at Port Jervis 4:30 pm
 5 at Liberty 4:00 pm
 6 at Burke Cath 4:30 pm
 10 O'Neill 4:30 pm
 14 at O'Neill 10:00 am
 17 Chester Acad 4:30 pm
 19 at Sullivan West 4:15 pm

Volleyball

Sept 22 at Ellenville 5:45 pm
 27 Port Jervis 6:00 pm
 29 Liberty 6:00 pm
 Oct 2 Burke Catholic 6:00 pm
 4 O'Neill 6:00 pm

6 at Goshen 6:00 pm
 11 at Rondout 5:45 pm
 18 at Liberty 6:00 pm
 19 at Chester Acad 6:00 pm
 23 Tuxedo 6:00 pm
 25 Chapel Field 4:15 pm

Cross Country

Sept 26 at Bear Mtn 4:30 pm
 Oct 3 at C Huguenot 4:30 pm
 10 Sullivan West 4:15 pm
 17 LM 4:30 pm
 28 Championship 10:00 am
 Nov 4 Sectionals 10:00 am

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Liberty Girls Soccer



Coach: Anne Ramos
Last season's record: 3-8-1
Top returning players: Sisters 12th grader Noellia Cruz, 10th grader Elizabeth Cruz
Key losses to graduation: Summer Schmidt
Team strengths: We are a young team with athletes that are eager to learn.
Need to work on: Team cohesiveness
Coach's comment: We are building back the soccer program here at Liberty.

ANTHONY MORGANO | DEMOCRAT

Front row from left, 18 Maytte Morales- Romero, 22 Elaina-Louise Ramirez, 14 Elizabeth Navarrete, 7 Elizabeth Cruz, 13 Eyanna Castro, 9 Allyson Houser, and 10 Brenna Mangan. Middle / Back row from left, 3 Noellia Cruz Cruz, 12 Valeria Cruz, 15 Sandra Hanofee, 8 Kasey Trucios Mejilla, 25 Haylee Gomez, 2 Carmela Burgio, 5 Audrey Krum, 16 Juanita Garcia Lopez, 4 Megan Schmidt, 17 Sophia Jastrzebski, 11 Gabriella Gentile, and 23 Angela Wheeler. Not pictured: Alexandra Etes and Lesly Panaman

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Liberty Boys Soccer



Front row, left to right, Angel Espinoza, Luis Molina Gonzalez, Aldo Garcia, Jackson Bustillo, Fracisco Gonzalez, Cristofer Deras, Josue Martinez, Carlos Campos

Castro, Anthony Lemus, and Kevin Cando. Back row, left to right, Jake Luna, Jose Campoverde, Kelvin Turcios Meija, James Dworetzky, Mason Smith, Bryan Jimbo, Brayan Hernandez, Omar Huerta, Ben Visconti, Riley Totten, and David Philips

ANDREW DAVIS | DEMOCRAT

Liberty

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Coach: Debbie Simpson
Last season's record: 7-7, includes Sectionals
Top returning players: Aldo Garcia, Carlos Campos Castro, Jackson Bustillo
Key losses to graduation: Norlis Acosta, Anthony Llaguarima, Elliel Lima, Lewis Paz
Team strengths: Many new players bring a new energy to the team. The team works hard in practice and has progressed steadily as a unit in the past few weeks.

Need to work on: Communication during games
Coach's comment: We are looking forward to a competitive season even with the tougher schedule we have in Class A.

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The Sullivan County Democrat

EST. 2019

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Liberty Volleyball

Coach: Elizabeth Hannold
Last season's record: Two wins
Top returning players: Aaliyah Williams, Mykenzi Williams, Kayla Samuel
Key losses to graduation: Imani Gonzague, Annabella Card, Alexis Parisella
Team strengths: We are working to strengthen our team chemistry and communication skills each day.
Need to work on: Our biggest goal to continue improving is our movement. We are learning to keep covering any open space and communicate as a group.
Coach's comment: I am excited to begin coaching volleyball for another season, I am looking forward to becoming a strong team that focuses on each others strengths. I am hoping that we keep up and improve our communication this season.



Top row from left, Aaliyah Williams #3, Tyarah Harris #7, Claudia Herzog #6, Janiah Samuel # 2, Mya Huebsch #10, Kenisha Ledoux #9, Mykenzi Williams #13, Cyah Jackson #22, and Coach Hannold
 Bottom row from left, Maria Abreu #8, Kayla Samuel #16, Alexa Ramirez Garcia #1, G'niiyah Taylor # 21, Perla Macias #4, and Madison Morales #17

ANTHONY MORGANO | DEMOCRAT

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Liberty Football



YOVANNI FIELDS | DEMOCRAT

Back row from left, Enrique Mercado, Camryon Oneal, Angel Paz, Tayler Schwartz, Josh Decker, Joey Arias, Brayden Conklin, Eugene Davis, Andrew McPhillips, Aydan Wilson, Marquis Fields, Joshua Kratz, Gavin Beseth, and Jeremiah Mercado. Front row from left, Zion Caffery, Justin Loucks, Colten Allen (Manager), Juan Rivera, Jacob Holland, Amir George, Shawn Bickham, Jameel McCline, Christopher Rodgers, Adam Houser, Ayaan Awais, and James Lethoic. Missing from photo; Tarek Benadim, Nicholos Bergen, Colin Mangan, James Ordway, and Zion Bolden

Liberty Schedule Football

Sept 23	at Saugerties	1:00 pm
30	Burke Catholic	1:00 pm
Oct 7	Port Jervis	1:00 pm
13	at New Paltz	5:00 pm
21	Beacon City	1:00 pm
27	Playoffs	TBD
Nov 3	Playoffs	7:00 pm

Boys Soccer

Sept 22	at Rondout Valley	3:45 pm
27	O'Neill	4:30 pm
29	Beacon City	4:30 pm
Oct 2	Sullivan West	4:00 pm
4	Port Jervis	4:30 pm
6	at Ellenville	5:00 pm
11	at Fallsburg	4:00 pm
13	Red Hook	4:15 pm
16	at Beacon City	4:30 pm

Girls Soccer

Sept 22	at Port Jervis	4:30 pm
26	Beacon City	4:30 pm
28	Port Jervis	4:30 pm
Oct 5	Fallsburg	4:00 pm
12	Pine Bush	4:30 pm
14	at Chester Academy	3:00 pm
17	Sullivan West	4:00 pm
19	at Beacon City	4:30 pm

Volleyball

Sept 22	at Port Jervis	6:00 pm
27	at O'Neill	6:00 pm
29	at Fallsburg	6:00 pm
Oct 2	Chester Academy	6:00 pm
4	Goshen	6:00 pm
6	at Monticello	TBD
11	Port Jervis	6:00 pm
13	O'Neill	6:00 pm
18	Fallsburg	6:00 pm
20	at Tuxedo	6:00 pm
23	Chapel Field	6:00 pm

Cross Country

Oct 3	at Liberty	4:00 pm
10	at Liberty	4:30 pm
17	at Monticello	4:45 pm
28	Championship	10:00 am
Nov 4	Sectionals	12:00 pm

Liberty Cross Country



JUSTIN MEDNICK | DEMOCRAT

Left to right: Coach Ashley Weintraub, Eli Desrochers, Braeden Clarke, and Colin Dasraj.

Coach: Adam Lake
Last season's record: 1-8
Top returning players: Sr. RB/LB Enrique Mercado, Sr. WR/S Jameel McCline
Key losses to graduation: QB/WR/S Tanner Bury, RB/CB Cody Ricco, DL/OL Jorge Reyes
Team strengths: Our Juniors are third year varsity players this year. They had to play varsity freshman year in order to save the program.
Need to work on: Getting more kids to come out for the team.
Coach's comment: Our goal is to compete in every game on our schedule.

Coach: Ashley Weintraub
Last season's record: N/A
Coach's comment: Our boys varsity cross-country team is returning this year after not having a season last year. We are very excited to see what this upcoming season brings.

Livingston Manor/ Roscoe Schedule

Football

Sept 23	Tri-Valley	7:00 pm
30	Tupper Lake	3:00 pm
Oct 7	Eldred	7:00 pm
12	at Fallsburg	5:30 pm
21	Rondout Valley	1:00 pm
28	Playoffs	1:00 pm
Nov 3	Playoffs	7:00 pm

Girls Soccer

Sept 29	at Port Jervis	4:15 pm
Oct 3	at Burke Catholic	4:30 pm
5	Tri-Valley	7:00 pm
10	at S.S Seward	4:30 pm
14	Eldred	10:00 am
19	at Chapel Field	4:30 pm

Cross Country

Sept 26	at Burke Catholic	4:30 pm
Oct 3	at Camp Huguenot	4:30 pm
7	Invitational	11:30 am
10	at S.S Seward	4:30 pm
17	at Fallsburg	4:30 pm
28	Championship	10:00 am
Nov 4	Sectionals	10:30 am

Livingston Manor/Roscoe Football



Kneeling from left, Elijah Feliciano, Josh Hendrickson, Logan Park, Mike Kirchner, Tyler Mirque, and David Huezo Pineda. Standing from left, Coach Mike Hill, Kyle Hendrickson, Marc Nieves, Mike Misner, Hunter Banks, Nick Rivenburg, Adam Hoag, Jon Wolcott and Coach Dave Irwin Sr.

Coach: Mike Hill
Last season's record: 0-8

Top returning players: Logan Park, Hunter Banks, Josh Hendrickson

Key losses to graduation: Anthony Teipelke, Robert Staudt, Daniel Tolbert, Braden Green, Ryan Rampe, Andrew Gaebel.

Team strengths: Youth, we are a young team with only one senior.

Need to work on: Few players have varsity level experience so will have to learn on the job. Low numbers on the varsity.

Coach's comment: This is a young team with many young players coming up from modified. The modified numbers are good but we are at least a year away from substantial numbers of players into the varsity. One goal is to be able to field a team for the entire season.

ANTHONY MORGANO | DEMOCRAT



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Livingston Manor Girls Soccer



ANTHONY MORGANO | DEMOCRAT

Front row from left, Emily Froehlich, Kaelyn Perry, Ciara Staudt, Isabella Francisco, Michelle McKinley, Zaylee Cox, Allison Froehlich, Alexandra Potosek, Anastasia Niforatos, and Jewel Wright. Back row from left, Sarah Evans, Skyler DeWitt, Gianna Dutcher, Alivia Garcia, Julia Meola, Leah Ladenhauf, Athena Niforatos, Rebecca Gashinsky, Kelsey Ryder, Sarah Gorr, Hailey Sheehan, and Coach Maggi Fitzpatrick

Coach: Maggi Fitzpatrick
Last season's record: 0-14

Top returning players: Rebecca Gashinsky, Kelsey Ryder, Zaylee Cox

Key losses to graduation: Goalie Hailey Wolcott and midfielder Alyssa Peck

Team strengths: Playing in transition, depth of our lineup, and commitment to improvement each day.

Need to work on: I'd really like to see this team improve upon their abilities to keep offensive possession and build out of the back.

Coach's comment: I'm very excited to see this team improve upon the foundations that were set last season. We have a much stronger and more experienced team this year and we are looking to be competitive both in our own league and in our non-league contests.

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Livingston Manor Cross Country

Coach: Nate Juron
Last season's record: Boys 7-2
 Girls did not qualify
Top returning players: Logan Schmeiser and Brody Day
Key losses to graduation: Daniel Aiello, Joseph Park, and Neveaha Jones
Team strengths: This year's team is very determined. The athletes always work hard to achieve their personal goals.
Need to work on: Mental Toughness is something that as a team we need to work on in the future. It is important to learn how to overcome setbacks and keep a positive mindset.
Coach's comment: As this is my second year coaching this team, my goal for this team, which is a young team with no seniors, is to improve our running times individually since we can not qualify as a team this year. You can expect a team of dedicated young athletes who will challenge one another to continue working hard and to push themselves to achieve their personal goals.



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ANTHONY MORGANO | DEMOCRAT
 From left to right, Dallas Curry, Cullen Hess, Logan Ballard, Brody Day, Emma Sullivan, and Coach Juron. Missing from photo: Jaida Gould

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Monticello Football



ANTHONY MORGANO | DEMOCRAT

Front row from left, Tobias Brown #84, Quenten Liciaga #11, Joey Martinez #53, Frank Mcfadden #10, Sanjay Ramclan #62, Orrin Hutchinson #80, Anthony Ortiz #24, Logan Brundage #54, Jahvarri McIntosh #14, Quincy Daniels #66, Xavean Mitchell #9, Darius Morgan #60, Seth Jackson #7, Jahvaugh Dawson #58, Jason Aguilar #1, and Niamke Armstrong #50. Back row from left, Coaches: Tyler Rodriguez Assistant Coach, Dom Zengrossi Assistant Coach, Arthur Johannes Head Varsity Coach, Kachuan Cox #59, Nicholas Soemann #16, Jayden Berrios #4, Julio Santiago #70, Dominick Knight #3, Ajani Hooks #6, Javien Williams #5, Rafael Liciaga #2, Logan Deamaio #64, Sencere Walls-Thomas #23, Arturo Bendicto #55, Tafaree Smith #8, Alex Langowsky #74, Dion Knight #73, Xavier Fenical #75, Tyrese Shaw #12, and Chris Collado #44. Coaches: Adam Rosenbarker Assistant Coach, Pat Owens Assistant Coach, and Isaac Cayentano Assistant Head Coach

Coach: Arthur Johannes

Last season's record: 2-8

Top returning players: Xavean Mitchell, Rafael Liciaga, Quenten Liciaga, Jayden Berrios, and Niamke Armstrong

Key losses to graduation: Fabian Clough, Kaydin Brennen, and Joshua Martinez. Three huge pieces of our offensive line.

Team strengths: We are very athletic and very fast.

Need to work on: Executing and controlling our emotions. We fix these two things and we

are a better overall team. Many times, we get the big 3rd downs where our defense can get the offense off the field but then we let up and end up taking 15 plus reps defensively when we should have had a 3 and out.

Coach's comment: My goal for this season is to go .500 or better. Another goal of ours is to make a playoff appearance. And to add to that not only make a playoff appearance but to win our playoff games.

You can expect to see a team that competes and plays hard.

Monticello Tennis

Coach: Andrew DiCerbo

Last season's record: N/A. We had a small number of girls and never played a match. We scrimmaged against Liberty a few times at the end of the season but that was it.

Top returning players: Chelsea Walz, Belle Zhou and Kathleen Robinholt

Key losses to graduation: Allison Weinstein

Team strengths: We have a tremendous group of young ladies, and their strengths include having a positive attitude, the hard work mentality they bring to practice every day, and they have tremendous amount of respect for themselves, for others, and for the sport of tennis.

Need to work on: Most of our girls are at a beginner level, therefore, we need more experience within practices and matches to improve our skills both physically and cognitively in the sport

of tennis

Coach's comment: I am super excited for the group of student-athletes we have on our tennis squad. Our goals include reaching the highest level we as individuals can achieve both as a person and as a tennis player. This includes meeting goals related to skill level, but also reaching goals as individual people. I find being involved on a sports team teaches us a lot of lessons about life. How to show respect for not only us, but toward other people as well, and the things we enjoy. We can reach goals just by socializing with others, and engaging in meaningful relationships with teammates, coaches, opponents, and officials. The goals we are trying to achieve aside from tennis are how we can mature as individuals. You can expect my team to demonstrate great sportsmanship at practices and matches, with a positive work ethic on the tennis courts, and willingness to give 100% effort every time.

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Monticello Volleyball

Coach: Sheila Burns
Last season's record: 4-16
Top returning players: Taylor Zirt, Rachel Zirt and Hanna Cavello
Key losses to graduation: Maya Pacheco

Team strengths: We have eight seniors on our roster- Jazlyn Velazquez, Amiah Neails, Taylor Zirt, Rachel Zirt, Isabella Fairfield, Destanie Morris, Sophia Vandermark, and Hanna Cavello.

Need to work on: We will continue to work on adapting to recent changes in the coaching staff and team rosters to develop a strong team chemistry.

Coach's comment: Our goal this season is to continue to build our program and to be competitive against our opponents.

ALEX KIELAR | DEMOCRAT

Top row from left, Destanie Morris, Victoria Owens-Bonitto, Sophia Vandermark, Amiah Neails, Isabella Fairfield, Kalene Harris, Deanna Mann, and Abiana Alvarez. Bottom row from left, Taylor Zirt, Jazlyn Velazquez, Rachel Zirt, Vaidi Patel, and Hanna Cavello.



ANTHONY MORGANO | DEMOCRAT

At left: The 2023-24 Monticello Boys Cross Country team.



ANTHONY MORGANO | DEMOCRAT
At right: The 2023-24 Monticello Girls Cross Country team.



Best of Luck to Our Monticello Athletes & Cheerleaders for a Winning Season. Go Get 'Em Panthers!!

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Monticello Girls Soccer

Coach: Lindsey Rau
Last season's record: N/A
Top returning players: Alex Dietz, Alexis Heins
Key losses to graduation: Gianna Demaio
Team strengths: Communication, teamwork, hardworking
Need to work on: Passing, scoring
Coach's comment: We have a good group of girls that work hard at every practice. We are looking to improve each day and make the best out of this season.

CONTRIBUTED PHOTO

Back row from left, Majaylin Dixon, Kate Smith, Madelyn Cavello, Hailey Kaplan, Alexis Heins, Jessica Hughes, Ellyza Ocampo, Ariana Lofstedt, Jillian Innis Monteverdi, and Lisa Collins. Front row from left, Kayla Collins, Isabella Velasquez, Alex Dietz, Alyssa Gandy, Christina Chakar, and Dejenae Dillon. Missing from photo is Celeste Dandrea

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Monticello Boys Soccer

Coach: Andres Tamayo
Last season's record: N/A
Top returning players: Reece Kelly, Samuel Rein, Nathan Borko, Chase McFarland, Simon Gonzalez
Key losses to graduation: Nilton Junior, Inacio Figueiredo
Team strengths: Chemistry and IQ
Need to work on: Defensive ability
Coach's comment: You can expect a new fresh team to make a good name for Monticello Boys' Soccer. The goals for the season are to improve as a whole and achieve many wins.

Monticello Schedule

Football

Sept 23	at Warwick	1:00 pm
29	at F.D.R.	7:00 pm
Oct 6	at Washingtonville	6:00 pm
14	Goshen	1:00 pm
21	Valley Central	1:00 pm
27	at Minisink Valley	7:00 pm
Nov 3	Playoffs	7:00 pm

Boys Soccer

Sept 22	Warwick	4:30 pm
27	Cornwall	4:30 pm
29	Goshen	4:30 pm
Oct 2	Middletown	4:30 pm
4	at Valley Central	4:30 pm
6	Washingtonville	4:30 pm
11	at Warwick	4:30 pm
13	Minisink Valley	4:30 pm
16	Port Jervis	4:30 pm
18	at Cornwall	4:30 pm

Girls Soccer

Sept 26	at Cornwall	4:30 pm
28	Goshen	4:30 pm
Oct 3	at Valley Central	4:30 pm
4	at Port Jervis	4:00 pm
5	Washingtonville	4:30 pm
6	at S.S Seward	4:15 pm
10	at Warwick	4:30 pm
12	at Goshen	6:30 pm
14	Minisink Valley	10:00 am
16	at Minisink Valley	4:30 pm
18	at Tri-Valley	4:30 pm
19	at Cornwall	4:30 pm

Volleyball

Sept 22	at Washingtonville	6:00 pm
27	at Warwick	6:00 pm
29	at Minisink Valley	6:00 pm
Oct 2	at Middletown	6:00 pm
4	Cornwall	6:00 pm
5	at Valley Central	6:00 pm
6	Liberty	TBD

11	Washingtonville	6:00 pm
13	Warwick	6:00 pm
16	at Port Jervis	6:00 pm
18	Minisink Valley	6:00 pm
20	Monroe-Woodbury	6:00 pm
23	at Kingston	6:00 pm
24	at Saugerties	5:45 pm

Cross Country

Oct 3	at Valley Central	4:30 pm
17	at Monticello	4:45 pm
28	Championship	10:00 am
Nov 4	Sectionals	12:00 pm

Tennis

Sept 26	Cornwall	4:30 pm
27	at Goshen	4:30 pm
29	Port Jervis	4:30 pm
Oct 4	Beacon City	4:30 pm



ANTHONY MORGANO | DEMOCRAT

Standing from left, Coach JD, Andrew Weiner, Diego Ferrer, Richard Kharchenko, Simon Gonzalez, Owen Messenger, Chase McFarland, Sam Rein, Nathan Borko, Merlin Oestrich, Skyler Redzinski, and Coach Tamayo. Bottom row from left, Eric Smolenski, Jake Hovis, Vicente Maldonado, Omari Salinas, Jose Macias, Reese Kelly, and Aiden Siegel

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Sullivan West Football

Sullivan West Schedule Football

Sept 22	at Rondout Valley	7:00 pm
29	Fallsburg	7:00 pm
Oct 7	at Tri-Valley	1:00 pm
13	Eldred	7:00 pm
20	at Pawling Central	7:00 pm
28	Playoffs	1:00 pm
Nov 3	Playoffs	7:00 pm

Boys Soccer

Sept 25	Webutuck	4:30 pm
29	at Burke Catholic	4:30 pm
Oct 2	at Liberty	4:00 pm
4	Tri-Valley	4:15 pm
6	at S.S Seward	4:30 pm
11	Eldred	4:15 pm
13	at Chapel Field	4:30 pm
16	Chester Academy	4:30 pm

Girls Soccer

Sept 25	Webutuck	4:30 pm
26	at Fallsburg	4:15 pm
28	at O'Neill	4:30 pm
30	at Middletown	10:00 am
Oct 3	Chester Academy	4:30 pm
12	Tri-Valley	4:15 pm
14	Port Jervis	10:00 am
17	at Liberty	4:00 pm
19	Fallsburg	4:15 pm

Volleyball

Sept 22	Chapel Field	6:00 pm
27	at Chester Academy	6:00 pm
29	Tuxedo	6:00 pm
Oct 2	at O'Neill	6:00 pm
4	at Burke Catholic	6:00 pm
6	S.S Seward	6:00 pm
11	Chapel Field	6:00 pm
13	Port Jervis	6:00 pm
18	at Tuxedo	6:00 pm
20	Goshen	6:00 pm

Cross Country

Sept 26	at Burke Catholic	4:30 pm
Oct 3	at Liberty	4:00 pm
10	at Fallsburg	4:15 pm
17	at Minisink Valley	4:30 pm
28	Championship	10:00 am
Nov 4	Sectionals	10:00 am



Front row from left, Asst. Coach Pete Johnston, Michael Casiano, Jakob Halloran, Rally Cruz, Caden Allen, William Roycroft, Jason Rodriguez, Alec Hubert, Henry Studeny, William Saul, Evan Ebert, and Head Coach Ron Bauer. Back row from left, Asst. Coach Justin Diehl, Asst. Coach Shane Cruz, Jacob Hubert, Jesse Milk, Sebastian Berman, Allyn Walter, Hunter Moss, John Bernas IV, Adam Ernst, Dylan Lockwood, Liam Cavanaugh, Matt Lohmann, Gary Milk, Seamus Johnston, Peter Norton, Fred Schutte, Walter Henry, Jonathan Roycroft, Liam Bernas, Sam Lieberman, and Asst. Coach Ronj Padu.

ALEX KIELAR | DEMOCRAT

Coach: Ron Bauer

Last season's record: 6-1

Top returning players: Jakob Halloran, Rally Cruz, Allyn Walter, Evan Ebert, Adam Ernst, Matt Lohmann, Se-

bastian Berman

Key losses to graduation: Jaymes Budenhagen, Rodney Wilson, Dillan Hansmaier, Andrew Hubert

Team strengths: Skill players i.e. re-

ceivers and running backs.

Need to work on: Offensive line

Coach's comment: Our goal is to reach the playoffs and win our section.



Cross Country

DEREK KIRK | DEMOCRAT

The Sullivan West Cross Country teams is, front row, from the left: Coach Sean Reuss, Izabel Grund, Giovanna Glynn, Layla Wilkin, Kaylan Welton-Erdman, Mitchell Everett, Luke Kavarnos, Esteban Ramos and Assistant Coach Dianne Maopolski. Second row, from the left, are Peter March, Landon Volpe, Chase Ferber, Calvin Powell, Ethan Kavarnos and Matthew Everett.

Have a Great Season Bulldogs!



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Sullivan West Girls Soccer



ANTHONY MORGANO | DEMOCRAT

Top row from left, Coach Samantha Cummings, Mya Heinle, Ryann McElroy, Karli Keesler, Sophie Flynn, Karlee Diehl, Ella Herbert, Viola Shami, Charlotte Cooper, Rahmat Gambari, Brynn Chevalier, and Coach Megan Brockner. Middle row from left, Keely Schock, Kaydence Everit, Gracyn Halloran, Brooke Nunnari, Grace Gorr, Abby Parucki, Liz Reeves, Nicole Reeves, and Katelynn Smith. Bottom row from left, Arianna Hinkley, Madison Eisma, and Mary Schroeder

Coach: Megan Brockner
Last season's record: 7-5-2
Top returning players: Viola Shami, Abby Parucki, Liz Reeves, Nicole Reeves, Karlee Diehl, Sophie Flynn, Rahmat Gambari
Key losses to graduation: Felicity Bauernfeind, Ana Bernas, Elanie Herbert
Team strengths: Hard work, positive attitudes, determination, all very coachable athletes
Need to work on: Continuing to make the small, quick passes and communication
Coach's comment: With 13 seniors, we are excited to continue improving with each game and practice. The team shows a lot of determination and drive to do their best.

Good luck this season, Sullivan West Bulldogs!
We are very proud of you!

From,
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Sullivan West Volleyball



Front row from left, Sophie Wilkin, Kearsten Knapp, Anna Gorr, Isabella Alicea, Farrah DeAveiro, and Lezlie Burr. Back row from left, Zoey Alexis, Mariah Foster, Rosalyn Tanner, Madeline Kask, Amelia Edwards, Harbor Scullion, and Coach Helene Chappell

ALEX KIELAR | DEMOCRAT

Coach: Helene Chappell

Last season's record: 0-14

(Top*) returning players: Isabella Alicia, Farrah DeAveiro*, Amelia Edwards, Madeline Kask*, Harbor Scullion, Sophie Wilkin*

Key losses to graduation: N/A

Team strengths: We are a young team and have a great deal of potential for the future.

Need to work on: We are a young team and have much to learn and skills to hone.

Coach's comment: Our goals for this year are to be a competitive force in the league, to serve consistently, receive the ball with accuracy, and spike with greater intensity and purpose.

Best of Luck to Our Sullivan West Fall Teams for a Winning Season!



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Sullivan West Boys Soccer



Coach: Kristina Verrico

Last season's record: 4-12

Top returning players: Austin Nystrom, Brodey Herbert, Nic Perez, Landen Boyd, Charlie Kutschera.

Key losses to graduation: Will Nearing (GK), Michael Schroeder.

Team strengths: Depth with a large roster of 24.

Need to work on: Communication.

Coach's comment: We can expect the team to grow and improve as the season continues.

ALEX KIELAR | DEMOCRAT

Front row from left, Alec Ward, Oscar Sanchez-Aznar, John Adams, Carter Doenick, Nic Perez, Austin Nystrom, Max Blumenthal, Kaiden DeGraw, Landen Boyd, Lakota Kinney, Ethan Clark, and Frank Pictrucha. Back row from left, Assistant Coach Scott Scardino, Coach Chris Bitjeman, Tyler Stevenson, Parker Tyer, Hunter Ebeling, Brody Herbert, Jack Carman, John Dworetzky, Cristopher Bonilla-Molina, Charlie Kutschera, Sebastian Brothers, Ethan Hoch, and Head Coach Kristina Verrico.

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Good luck to all the
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Tri-Valley Football

Coach: Kevin Crudele
Last season's record: 8-3. Section 9 8-man Champions

Top returning players: Colin Monell, Easton Scanna, Josh Fanslau, Adam Olsen, Austin Swett, Zach Whipple

Key losses to graduation: We lost 13 players to graduation. This includes Austin Hartman, Chris Russo, Josh Carmody, Zach Kitaychik, Talan Scanna, Dan Winters, Ian Mullen, Dylan Poley, Collin Mentnech, Zach Miller and Diego Estrada.

Team strengths: We added some new players who have good athletic skills. We have some returning players on the offensive line.

Need to work on: We are a young team that needs to learn a lot of the playbook on both offense and defense.

Coach's comment: I expect us to be a team that completes each week. We keep the same motto as last year: "win the week." The seniors from last year are irreplaceable, but the new additions will allow us to try some things offensively that we haven't done before.



ANTHONY MORGANO | DEMOCRAT

Back row from left, Assistant Coach Marshon Willaims, Assistant Coach Chris Russo, John Allison, James Kachelriess, Kane Poje, Nathan Closs, Austin Swett, Misha Khodakovski, Adam Olsen, Zach Whipple, Head Coach Kevin Crudele, and Assistant Coach Tim Dymond. Front row from left, Travis Capawana, Devin Miller, Colin Monell, Sean Woods, Edward Koskey, Spencer Scanna, Josh Fanslau, Anthony Ingrassia, Joey Rodriguez, Andrew Kelly, and Easton Scanna.

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IATAURO SPORTS COMPLEX



ANTHONY MORGANO | DEMOCRAT

Back row from left, Coach Wolfe, Noah Edwards, William Blume, Wyatt Morton, Van Furman, Craig Costa, Connor Weyant, and Coach Furman. Front row from left, John Woods, Lorenzo Haffner, Aaron Edwards, and Boe Mueller

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Tri-Valley Boys Cross Country

Coach: Chip Furman
Last season's record: OCIAA Division Champions, Section 9 Class D Champions, NYSPHSAA Class D State Champions, 9th Place NYS Federation Championships

Top returning players: Craig Costa, Van Furman
Key losses to graduation: Three out of our Top Five from last year's team have graduated: Adam Furman, Vincent Mingo, Thomas Houghtaling

Team strengths: We have two returning All-Stars and some new athletes that will make a big impact.
Need to work on: With the loss of so many of our Top 5 athletes from last year, we must have athletes ready to step into those vacated positions.

Coach's comment: This year will be a great test for Tri-Valley Cross Country. I know we have the talent to pursue another state championship, however, it will not be easy. If our athletes are prepared to do the work at practice and dedicate themselves to pushing their limits, they will succeed. As Coaches, we know the formula to win. This season, the decision to win will have to be made by the athletes. I feel I know what their decision will be.

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Tri-Valley Boys Soccer

ANTHONY MORGANO | DEMOCRAT
 Top row from left, Coach Deirdre Hallinan, Jordan Salim, Jacob Van Etten, Danial Bashir, Jai Patel, William Richardson, and Patrick Allison
 Bottom row from left, Logan Weyant, Gary Hadden, Nicholas Altman, Kristoff Guan-zon, John Mingo, and Shayden LaForge.



Tri-Valley Schedule

Football

Sept 23	at Liv Manor/Roscoe	7:00 pm
30	Eldred	1:00 pm
Oct 7	Sullivan West	1:00 pm
14	Pawling Central	1:00 pm
20	at Ellenville	7:00 pm
28	Playoffs	1:00 pm
Nov 3	Playoffs	7:00 pm

Boys Soccer

Sept 27	Chapel Field	4:30 pm
29	Chester Academy	4:30 pm
30	at S.S Seward	3:00 pm
Oct 2	at Fallsburg	4:00 pm
4	at Sullivan West	4:15 pm
6	Burke Catholic	4:30 pm
16	Eldred	4:15 pm
18	at Chapel Field	4:30 pm

Girls Soccer

Sept 22	at Burke Catholic	4:30 pm
26	Port Jervis	4:30 pm
30	at S.S Seward	1:00 pm
Oct 3	Eldred	4:15 pm
5	at Livingston Manor	7:00 pm
10	Chapel Field	4:30 pm
12	at Sullivan West	4:15 pm
13	Ellenville	4:00 pm
17	Burke Catholic	4:30 pm
18	Monticello	4:30 pm

Cross Country

Sept 23	Invitational	10:30 am
30	Invitational	10:00 am
Oct 3	at Liberty	4:00 pm
7	Invitational	10:00 am
14	Invitational	9:00 am
17	at Burke Catholic	4:30 pm
28	Championship	10:00 am
Nov 4	Sectionals	10:30 am

Coach: Deirdre Hallinan
Last season's record: 2-13

Top returning players: Kristoff Guan-zon, Danial Bashir, Logan Weyant

Key losses to graduation: Armaan Butler, Gavin Clarke, Diego Estrada, Noah Jucha, Jacob Lucak, and Dylan Mitchell

Team strengths: The boys are passionate and hard working. They never give

up and are a great group of young men.

Need to work on: Finishing on net, and widening the field to our advantage.

Coach's comment: We are continuing to build our soccer program. A goal for this season is to keep the scoreline close and to build individual confidence in their skill and soccer knowledge.



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Best of Luck to the Tri-Valley Teams! Let's Go Bears!

Michael Brooks
 District 3 Legislator



Tri-Valley Girls Cross Country

IATAURO SPORTS COMPLEX



ANTHONY MORGANO | DEMOCRAT

Back row from left, Coach Eckhoff, Gwen Redman, Anna Furman, Molly Van Etten, Brynn Poley, Chrissy Wachter, Em Richardson, and Coach Musa. Front row from left, Coach Wolfe, Delanie Hoffman, Amelia Mickelson, Lily Siciliano, and Brooke Mulholland

Coach: Skylar Musa and Tyler Eckhoff

Last season's record: 8-1 and undefeated in our division. Division champions and runner-up at Section 9.

Top returning players: Amelia Mickelson, Anna Furman, Brynn Poley

Key losses to graduation: N/A

Team strengths: This is a young team who works exceptionally well together. They are able to help each other through workouts and run as a pack. We have some athletes who are new to cross country who will be key pieces. Some of our returners have enough experience at this point to have more confidence in the distance.

Need to work on: Individually the girls need to improve at attaching themselves to their competitors earlier in the race and hanging on long enough to see how the race breaks, and being there for when people start to fall apart.

Coach's comment: Our goals for this group are to win Section 9 as a team, and place top 3 at the NYS Championships as a team. Our "A goal" for the season is that we would like to be invited to run at Federations as a team which essentially means we would need to win the class D title at states.

Best of Luck to this year's Fall Sullivan County Sports Teams for a successful season and especially to Molly & Jake Van Etten and their Tri-Valley Teammates on the Varsity Soccer Team! Go Get'em!!

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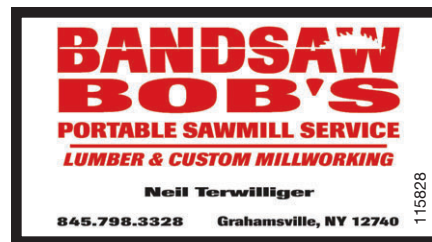
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Tri-Valley Girls Soccer

Coach: Kayla Connolly
Last season's record: 10-2-3

Top returning players: Kendall McGregor, Abbigail Mentnech, Samantha Mentnech, Riley Kelly, Joyce Brooks

Key losses to graduation: Kaylee Poppo, Anna Streimer, Emily Hornbeck, Brooke Delaney

Team strengths: We have numerous goal scoring threats, strong midfield, and hardworking defense. Lots of younger players coming up and showing great potential.

Need to work on: Stronger communication

Coach's comment: We return with 10 Seniors and 1 Junior, so we want to make it to sectionals and get back to the Section IX championship again this year.



Bottom row from left, Joyce Brooks, Kendall McGregor, Samantha Mentnech, Kaytlyn Ingrassia, Riley Kelly, Emily Rusin, Grace Gozza, Abbigail Mentnech, Maggie Travis, and Isabelle Mentnech. Top row from left, Coach Connolly, Mya Ibarra, Angelia Raykoff, Grace Deyo, Allyson Chevalier, Sophia Richardson, Allyson Roger, Kaitlin Stungis, Jenna Carmody, Coach McGregor and Coach TerBush

ANTHONY MORGANO | DEMOCRAT

LET'S GO BEARS!



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