







WHEEL

THRUST ANGLE

4 WHEEL 🐧 SAS calibration on and additional \$10

*SAS effects vehicle stability/traction/and controls ESC (Electronic Stability Control)



BRAKE RELINE SPECIALS ■ Replace 4 Disc Pads

■ Inspect Calipers and Rotors ■ Includes OEM Hardware





REPLACE WORN PARTS WITH MOOG PROBLEM SOLVERS

★ HELP MAINTAIN ALIGNMENT ★ EXTEND TIRE WEAR

★ IMPROVE STEERING CONTROL

★ REDUCE FRONT-END NOISE AND VIBRATION

www.AutoAlignmentWorld.com

176 EAST BROADWAY MONTICELLO NY (845) 794-4453 Mon-Fri 8 AM - 6 PM

86 DOLSON AVENUE, MIDDLETOWN NY (845) 342-2076 Mon-Fri 8 AM - 6 PM

SERVING YOUR AUTOMOTIVE NEEDS SINCE 1968!

Alignments • Brakes • Tire & Wheel Services • TPMS • Nitrogen Axle & CV Joint Repair • Steering & Suspension • Vehicle Inspection



THREE LOCATIONS TO SERVE YOU!

176 EAST BROADWAY, MONTICELLO, NY 76 DOLSON AVE, MIDDLETOWN, NY 395 ROUTE 211 EAST, MIDDLETOWN, NY (845) 794-4455

Mon-Fri 8 AM - 6 PM

(845) 342-2036 Mon-Fri 8 AM - 6 PM (845) 343-3328

Mon-Fri 8 AM - 6 PM

Visit us online at www.TireDiscountCenter.com!

Three cheers for our BPM

s a newspaper serving Sullivan County for 131 years, we take pride in the various roles we ave in our community.

On one hand we work tirelessly to write accurate and informative articles about area happenings – from government

meetings to Halloween parades.

We also produce more than 50 special publications a year. This provides us with an awesome opportunity to highlight local businesses, agencies and the individuals that make Sullivan County an amazing place to work and live.

Speaking of which, three times a year, in our Young Professionals, Men at Work and Business & Professional Women (BPW) publications, we get to showcase the folks who are the present and future movers and shakers of our community.

In this publication specifically, we are featuring women from many different professions, including real estate, the library sciences, nursing home administration, higher education, healthcare, and non-profits, just to name a few.

Since 1983, the Democrat has been publishing its BPW edition, featuring some 500 women along the way. It is a testament to the great women we have in our community, as elected officials and in so many roles in the public and private sectors.

Regardless of occupation, one doesn't have to look far to find inspirational women in their lives. It could be a friend or family member. It can even be your coworkers.

Did you know that the **Sullivan County Democrat** staff is made up primarily of women? See page 24 to see for yourself.

We have Sara Wendell and Patricia Biedinger in the front office as our busi-

On the Cover

This unique cover was inspired by the 11 Professional Women and Women in Business being featured in this edition.

Each and every photo has its own unique story and we hope you enjoy their features in this, our 40th edition of this fine publication.

"Since 1983 the Sullivan County
Democrat has been publishing its
BPW edition, featuring some 500
women along the way. It is a testament
to the great women we have in our
community."

ness staff; Janet Will and Lilian Ferber in classifieds and subscriptions respectively; Liz Tucker, Barbara Matos, Michelle Reynolds, Susan Panella and Alexis Rothfelder in sales; Elizabeth Finnegan, who serves as our proofreader, Photo Editor Nyssa Calkin; as well as Rosalie Mycka and Petra Duffy in our graphic design department.

This list of course does not include our outstanding columnists, freelancers or the many amazing women who've helped in building our newspaper's legacy.

in building our newspaper's legacy.

To all the women in our office, thank you so much for all you do, and before we highlighted some of the amazing women across this County, we wanted to take a moment to thank each and every one of them for their hard work and dedication.

It certainly does not go unnoticed.



If you really want to keep abreast of the local happenings in Sullivan County, there is no better way than picking up the Sullivan County Democrat. Your business message can reach more than 23,000 Readers with one simple ad!

SULLIVAN COUNTY

"Your community newspaper, since 1891"

Family-owned and operated for four generations

Call today **845.887.5200**

to subscribe or advertise

WOMEN IN BUSINESS SULLIVAN COUNTY DEMOCRAT NOVEMBER 15, 2022



Susan Busing

STORY AND PHOTO BY DEREK KIRK

Age: 58

Education: 1983 graduated from DVCS School, years of real estate classes/education.

Place of employment: Matthew J. Freda Real Estate, Inc.

Current title and duties: Associate Broker/Manager - List, sell real estate and manage office.

Years of experience: 38 years – Freda Real Estate has been my only job since high school.

Why did you choose this career: It choose me! During my childhood, my aunt and uncle bought/sold real estate and had several rental properties. I would help during summer vacation. It inspired me as a child.

Favorite part of your job: Making peoples' dreams come true.

Most challenging part of your job: Scheduling appointments, dealing with the crazy amount of paperwork. Dealing with rapid market changes.

Favorite on-the-job moment, customer or memory: There are so many to mention, especially first time home buyers purchasing their first home and moving in with their families. Warms my heart. But, I have one close to my heart. 1994, it was Mother's Day and a lovely older couple in their 80's walked in my office, he said to me "little girl, I want to buy my bride a home on the river". He had so much love in

his eyes for his wife. I showed them the only house available on the river in Callicoon. They bought it on the spot. While sitting on the river bank, they told me their daughter had just passed from a long battle of cancer. They said the river gave them peace and made them happy again. They wanted this house and property so badly, we got it closed in ten days. At that time, it was unheard of.

What advice do you have for someone entering your field: You must consider real estate as a full-time job.

"... first time home buyers purchasing their first home and moving in with their families. Warms my heart."

Take advantage of as many educational classes as possible. Pick a part of real estate that interests you most, for example, I like residential mostly.

Who inspires you most: There are several – God, my husband, John, my dear brother, Walter, and mostly my Mom, who passed away 28 years ago. She was so proud of my real estate career and me being involved in politics.

How do you spend your spare time: Right now, building a new home with my husband. Helping my husband, John Busing, owner of JRB

Congratulations Susie!!

Dear Susie,

Congratulations on this wonderful honor. It is so well deserved. Your dedication to the community spans decades and you truly have shown that hard work and professionalism do matter.

You are a gem and true friend and we wish you nothing but continued success, lots of family fun and good health and cheer in the years to come.

Best always,

Regina and Fred Stabbert



Susie Busing

Construction- It is really fun helping with creative ideas with him. Love spending time with family. Boating and fishing with my husband. Spending every minute we can with our grandson.

Favorite vacation spot: Florida and Vermont. New York City.

Family: Husband, John Busing, his daughter and son-in-law Cassy and Tiger Yanacek, and grandson Tanner Yanacek. As well as my brothers Walter Madden, James Madden, Patrick Madden, and sisters Kathy Evans and Joan Alice Evans.

Civic or volunteer affiliations:

Former Mayor of Jeffersonville, New York; Past President of the Sullivan County Board of Realtors and is active on many committees at NYSAR (New York State Association of Realtors); Past President of the Sullivan County Multiple Listing Service; Member of the National Association of Realtors; Member New York State Association of Realtors; Member Sullivan County Board of Realtors; Member of the Pike-Wayne Multiple Listing Service; Past trustee of the Village of Jeffersonville; Past President of the Callicoon Kiwanis Club; Past member New York State Conference of Mayors and Municipal Officials; Past member Codification Committee Village of Jeffersonville; Past member of the Sullivan County Charter Review Committee; and Parishioner of the St. Francis

Catholic Church.

Favorite quote: "Treat others as you would like to be treated."

5W

Congratulations to my wife and partner - well deserved.

John

Susie! Your client representation

Congratulations,

Attorney at Law, PLLC

is top-notch. This is a well

deserved

recognition.

32 Lower Main Street, Suite 4, P.O. Box 182, Callicoon, NY 12723 john@jtheadorelaw.com • P: (845) 887-1855 • F: (845) 203-4141

JOHN R. THEADORE

www.jtheadorelaw.com

CALLICOON SUPPLY INC.

Congratulations Susie & Shannon!

For all your Hardware and Building Supplies . . .

Open 7 Days M-F 7-4:30 Sat 7-12 Sun 8-12





online@callicoonsupply.com Rte 17B • Callicoon, NY

845-887-4804









Shannon Cormier, center, joined by Julie and Gene Burns.



Investment Advisors Creating and Preserving Wealth Philip Coombe III, CFP® Catherine M. Coombe, CFP® Lynn McDonald Office locations:

Main Office:

P.O. Box 333 / 6872 Route 209 Wawarsing, NY 12489

548 Broadway Monticello, NY 12701 Call for appointment

Shannon Cormier

"When I went home that

vaccines] my heart was

full from the kind words

we received."

and all the "thank you's"

day [after providing Covid

BY DEREK KIRK

Age: 31

Education: Some college experience **Place of employment:** Riverside Remedies Pharmacy

Current title and duties: Pharmacy Technician

Years of experience: 8

Why did you choose this career: I have known Gene Burns (owner and Pharmacist) since I was 18. He told me he was coming to Callicoon to work and he needed some help. I

applied for my position with no experience or background in Pharmacy.

Over the years I have gained knowledge about pharmaceuticals, business and the value of community. I am thankful everyday that Gene gave me this oppurtunity.

Favorite part of

your job: The patients/customers, over the years have become a second family to me.

Most challenging part of your job: Carrying out all of my duties with 100 percent accuracy. There is no room for error in Pharmacy.

Favorite on-the-job moment, customer or memory: When the pandemic started, Gene put the work into providing the Covid-19 vaccine to our community. We had a vaccine clinic at the Youth Center where

hundreds of vaccines were administered. I did not adminster any vaccines, but I was behind the scenes with Gene working on organization and paperwork. When I went home that day my heart was full from the kind words and all the "thank you's" we received. Being part of something that made such a difference was very rewarding.

Who inspires you: My husband Matt inspires me everyday. He works very hard and no matter the day he has had he is always happy. Always

willing to listen and give helpful advice.

How do you spend your spare time: My family and I love to hike and kayak in the summer. In the winter months we love to snowmobile and be out in the snow.

Favorite quote: "Make it a good

day." One of our customers has been coming in for years and always leaving with these words. I have always been intrigued when he would say it because there is so much truth. We are all responsible for making our day a good one and not allowing others to affect it. Also to find our own happiness without the expectation that something good is just going to happen.

Family: I have a ten year old daughter named Addison. My husband Matt and I have been married since 2019.



Your professionalism, dedication to our community's healthcare, and perpetually good cheer are beyond compare.

Thanks for agreeing to be my right hand all those years ago, and for all the endless hours you have given to keep this pharmacy running so smoothly and efficiently.

And I can't thank you enough for your impact on and contribution to our public health by helping administer so many vaccines during the height of the pandemic.

I am so very proud of you, and you'll always have my unending gratitude.





Personal ~ Commercial Health & Benefits

Congratulations to all the featured 2022 Business & Professional Women



Leanne Stuhlmiller

BY ANTHONY MORGANO

Age: 42

Education: Master of Science, Economic Crime Management from Utica College - 2013; BS, Economic Crime Investigation, Utica College - 2010; BA, Music Industry, SUNY Oneonta - 2002.

Place of employment: Jeff Bank Current title and duties: I am the BSA and Information Security Officer at Jeff Bank, responsible for the ensuring that the Bank is in compliance with US Anti-Money Laundering and Cybersecurity laws and regulations.

Years of experience: 19

Why did you choose this career: I didn't initially choose to have a career in banking. My original career plans were to work in the music industry and while interning at an Indie record label in Manhattan the label had a

major layoff which was happening throughout the industry and there were limited job openings.

I ended up returning to Sullivan County and eventually started my banking career as a teller in the Liberty office. Working as a teller gave me a solid foundation in banking and after a few years I eventually received a promotion as an analyst in the BSA department. I ended up enjoying the role and decided to go back to school and get a formal education in financial crime investigation. Shortly after completing my master's degree my boss decided to relocate and I was able to advance into my current position of BSA and Information Security Officer.

Favorite part of your job: The incredible people I have gotten to work with over the years. I also love the variety of the work I do. No day is ever the same, which



Congratulations

to all the Business & Professional Women

and a special congratulations to our very

own Leanne Stuhlmitter!

Leanne Stuhlmiller

Vice President BSA & Information Security Officer





(845) 482-4000 · www.jeff.bank





keeps me challenged and gives me the opportunity to continue to learn and grow professionally.

Most challenging part of your job: There is never a dull moment in the compliance function of banking and it is truly a juggling act of making sure policies and procedures are up-to date with new regulatory requirements, investing suspicious account activity, answering co-workers' questions, training staff, and

"There is never a dull

moment in the compliance

keeping up-to-date on financial crime and cybersecurity trends. There is always something new to learn.

Favorite on-the-job moment, customer or memory: Earning the title of Vice Pres- function of banking ..." ident and becoming a mem-

ber of Jeff Bank's Senior Management team.

How do you manage your time: It's really all about prioritization. Many of my job duties have specific regulatory deadlines and those tasks are the first on my to-do list to make sure that the Bank is not in violation of any Federal or State laws. I also utilize my Outlook calendar to keep track of key deadlines and

What advice do you have for someone entering your field: Learn all you can and take the initiative to learn new skills and build professional relationships both inside and outside

the organization you work for. You never know where the next opportunity may be or who may be able to assist you with learning new skills or completing a job/project. Also, a bit of patience goes along way.

Who inspires you: My family and friends have been my biggest inspiration.

Favorite movie/TV show: Game of Thrones

How do you spend you spare time: Traveling, spending time with family and friends,

listening to music, going to concerts, cooking, kayaking, hiking, and having fun.

Favorite vacation spot: I love to travel so I have been to many cool places and I can't really say I have a favorite vacation spot. I'm constantly ex-

ploring new destinations and most recently went to South Africa for two weeks and would love to go back sometime.

Family: I have a close knit extended family which includes my grandparents, parents, step-father, my two sisters, many cousins, a nephew and three nieces. I also can't forget my two 16 year old cats, Boo and Who.

Civic or volunteer affiliations: Treasurer, Catskill Art Space formerly Catskill Art Society

Favorite quote: Live as if you were to die tomorrow. Learn as if you were to live forever. -Mahatma Gandhi



9W

Leanne Stuhlmiller







"I have this uncanny ability to help others find the answer they are looking for ..."



Danielle DiStefano



Danielle,

you're the best!
Thank you for all you do for us!

With Love and Gratitude, Friends of the Ethelbert B. Crawford Public Library



845.887.3289 | info@catskillprovisions.com | catskillprovisions.com

107883

Danielle Di Stefano

Age: 33

Education: AAS in Graphic Design and Simulation & Game Development.

Place of employment: Ethelbert B. Crawford Public Library.

Current title and duties: Library Assistant, duties include flyer development, website management, billing, library maintenance coordination, community room use coordination, and many other hats.

Years of experience: Going on 6 years of experience in my current position, over 10 years experience with libraries.

Why did you choose this career: I have always been drawn to books and libraries. I found, during my studies in college, the joy of helping the public and working in a library to impact the community in a positive way.

Favorite part of your job: What I like most about my job is being a part of something that connects people together.

Most challenging part of your job: Not having enough time in a day to complete all the tasks there are for a Library Assistant/IT Liaison. But hey, that's why they make tomorrows. It's always gratifying, though, that when I leave for the day I can look back on all I have accomplished.

Favorite on-the-job moment, customer or memory: I have this uncanny ability to help others find the answer they are looking for without actually doing anything. It's almost a reminder that we all have the answers we need. Just sometimes you need someone to listen to you while you work out a solution on your own. I like helping others solve their problems, opening their perspectives to solutions they didn't see before.

How do you manage your time: I create to-do lists, gauge how much time each task should take. Then consult my list one item at a time. Planning ahead is also key. I use spreadsheets (I'm obsessed!) to track when what needs to get done. I also try to hold firm to the practice "touch it once" so as to

really make sure tasks get completed.

What advice do you have for someone entering your field: If you like helping others, enjoy libraries then get involved in your community and local library. Apply your strengths and improve upon your weaknesses. In my field it helps to be a type of jack-of-all-trades, an acrobat, and juggler of hats. You have to be steady on your toes and can switch gears from one task to another quickly.

Who inspires you: I am inspired by many of my colleagues both in EBCPL and RCLS. I also get inspired when I hear Diane Lang talk of positivity and how changing your perspective can change your life and even ripple to others around you.

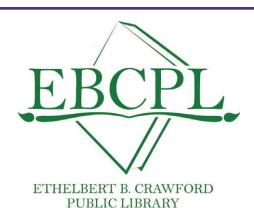
Favorite movie/TV show: I have many favorites in movies and TV. What always comes to mind is the movie The Fifth Element with Bruce Willis, and the British TV show The IT Crowd. I mostly like feel good movies and TV shows. I'll take a stand-up comedy special any day. It feels good to laugh.

How do you spend you spare time: Spare time? I am a wife and a mom of three toddlers, working full-time. Spare time is scarce. I love being with my family; playing board games and creating artistic content to sell online with my husband, and to play with and watch my three littles grow. I love seeing the world through their honest and uncomplicated eyes.

Favorite vacation spot: So far I have loved the Blue Ridge Mountains of North Carolina and the beauty of Bermuda.

Family: Husband, Ari DiStefano; children, Emberly (age 4), Rowan and Soren (turning 2 years of age this month—they're twins!). My parents are Kathleen and Robert Trotta, older siblings Ulysses Kelly, Jacqueline Ledee, and younger siblings Heather and Andy Trotta.

Favorite quote: "What doesn't kill you, makes you stronger," "This too shall pass," and, most recently, as learned from my children, "Go with the flow."



11W

Congratulations, Danielle!

We are all proud to see you receive this well-deserved honor.

You're a great colleague, friend, and role model.

The world needs more people like you.

With deep admiration,
The staff and trustees
of the
Ethelbert B. Crawford
Public Library



Christy Ten Bush

BY JOSEPH ABRAHAM

Age: 46

Education: BS, Food Service and Restaurant Administration, SUNY Oneonta

Place of employment: Sullivan Renaissance

Current title and duties: Healthy Community Initiatives Program Manager — I work with those interested in creating a healthy program or project within their community; as well as educators who maintain an edible garden at their school building or daycare facility.

Years of experience: A lifetime Why did you choose this career: I began to learn about Sullivan Renaissance while in my last job and thought, "Wow, I want to be a part of that." I started volunteering with SR when an Office Assistant position became available. I was hired, and have taken on more responsibility as time has gone on.

Favorite part of your job: Connecting with community members on things that make a difference — empowering them to take ownership of improving their communities; and sharing the joy of vegetable gardening with children knowing they will carry the knowledge of healthy food with them throughout their lives.

Most challenging part of your job: I want to learn more than that which I have time to. There are always great articles to read, websites to explore, and programs to share... but sometimes other things take precedence.

Favorite on-the-job moment, **customer or memory**: There are a few, but when I think about them, they all have a common theme: connecting with someone. Whether it is a student, teacher, community member or colleague, these are the things that keep me



CONTRIBUTED PHOTO

Christy TerBush

Your work ethic, kindness and dedication are an inspiration to us all.



"We can't just hope for a brighter day, we have to work for a brighter day." - Dolly Parton

GRANITE ASSOCIATES





BethelWoods

going.

How do you manage your time: Calendars and boundaries are critical. I block out time to work on projects and set deadlines to hold myself accountable. This also includes finishing up for the day when 5 p.m. rolls around. Keeping time for the things I value outside of work helps keep me in balance.

What advice do you have for someone entering your field: Follow your passion no matter what field it is. As you can see, my career does not closely follow my education. But I enjoy my career because I like to share my joy of gardening with others.

How do you spend you spare time: My favorite things to do in my spare time include cooking and baking, gardening, and exploring new places — all with people I care about.

Favorite vacation Anywhere that has sun, water, and peace.

Family: Husband Ken and daughter Brianna

Civic or volunteer affiliations: Board Member, Sullivan County Chamber of Commerce; Board Member, Grahamsville United Methodist Church

Favorite quote: It will all come out in the wash.

Robin Green



CONTRIBUTED PHOTO

Robin Green

BY DEREK KIRK

Age: 64

Education: High School graduate with some college

Dlace of omployme

Place of employment: The Museum at Bethel Woods Center for the Arts

Current title and duties: Registrar and Assistant to Museum

Director. I am responsible for creating, organizing and maintaining all records as they relate to our permanent collection, along with incoming and outgoing loans to the Museum.

Years of experience: 16

Why did you choose this career: I didn't. It chose me. I was not a museum professional, but was very fortunate to become part of a team that worked on the production of the Museum as it was being built and then transitioned into working at the Museum. Since then, I have taken courses in collections management to learn best practices.

Favorite part of your job: What's not to like about working at a museum that tells the story of the 1969 Woodstock festival?!

Most challenging part of your job: Being able to say 'no' once in a while. That's always been a challenge for me.

Favorite on-the-job moment, customer or memory: meeting people who attended the Woodstock festival and hearing the passion in their voices as they tell their stories.

How do you manage your time: I'm an early morning person so I like to be in the office early to get organized and get prepared for the day...most days that works, but as with any job, there are days when nothing goes as planned.

What advice do you have for someone entering your field: Find a mentor you can learn as much as you can from. They will be a great resource to you.

Favorite movie/TV show: Ones that have a happy ending. I'm not a scary movie person.

How do you spend your spare time: with family and friends.

Favorite vacation spot: I haven't traveled a lot(yet), but have enjoyed Ocean City, MD with my family the last couple of years.

Family: My husband, Jim; daughter Ashley; son Justin; and granddaughter Sophie

Civic or volunteer affiliations: None at the moment.

Favorite quote: "It's all good!"



14W WOMEN IN BUSINESS SULLIVAN COUNTY DEMOCRAT



BY DEREK KIRK

Age: 54

Education: MS, Student Personnel Administration (University of Central MO), BA in English (Buffalo State), AA English (SUNY Orange).

Place of employment: SUNY Sullivan.

Current title and duties: Dean of Liberal Arts, Sciences, & Health Work with faculty across campus managing the college's academic programs, work with local school districts coordinating the College in the High School program, Hudson Link Coordinator, and I work on creating new programs to serve the

Rosemarie Hanofee

Merrell Benco insurance agency



We offer our clients complete insurance coverage.

Our knowledgeable staff will provide comprehensive, cost-effective policies for your home, auto and business. We'll work with you to find the right coverage for your needs. Call us today!

Personal Coverage

- Automobile
- Boats
- Homeowners
- Umbrella policy

Business Coverage

- · Business automobile
- Liability, fire, crime, marine
- Package policies
- Workers' compensation

Merrell Benco Insurance Agency

67 East Broadway Monticello, NY 12701

(845) 796-1500

Sullivan County workforce.

Years of experience: Over 20 years in higher education.

Why did you choose this career: My interest began when I started working in residence life as an undergrad and then I started my professional career at New Paltz, in Financial Aid. Since joining the SUNY Sullivan community in 2001 I've held various positions that allow me to work with and support students, which is what I love most, as well as supporting faculty. My graduate advisor told me years ago that if I want a successful career in higher ed., I must work at a community college; you can't beat the experience of such a diverse population of students. That's exactly why I'm here. Watching students reach their academic goals whether they're here for a few credits before they transfer, or to earn a degree, is incredibly rewarding!

Favorite part of your job: Commencement!

Most challenging part of your job: Helping students who come to us academically underprepared, to have faith and confidence in themselves, and to persist.

Favorite on-the-job moment, customer or memory: A former student I advised in 2001 enrolled in our 24 Credit Hour Program (to earn her GED) while living on campus (she was away from home/Brooklyn for the first time) dropped out after a few semesters because she was struggling. She contacted me a year later and started taking classes again, online from home. She is a graduate of SUNY Purchase, she has earned a Masters degree, and is now teaching! I'm honored that she has stayed in touch with me and contacts me as she reaches each milestone in her career.

How do you manage your time: Post it notes all over my desk,

in my car, and on my kitchen counter!

What advice do you have for someone entering your field: To always remember what it was like when they first enrolled in college and how overwhelming it can be, and do whatever they can to help students succeed.

Who inspires you: Although my Dad passed away many years ago, he came from a challenging family life. He dropped out of High School but later earned his GED and went on to earn his Associates degree from Sullivan. He worked incredibly hard his whole life, for the Town of Thompson and he was in a band on weekends. It's because of him I worked hard for my degrees and pursued this career.

Favorite movie/TV show: I used to love Seinfeld and Cheers, favorite move is Pride & Prejudice.

How do you spend your spare time: I have been a single mom since my husband passed away 13 years ago. I have raised my girls since they were 2 and 6. My spare time has been in my car reading while waiting for them to finish dance lessons, horseback riding lessons, sports practices... My oldest daughter is now in college and I love to go upstate to visit her, and my youngest and I now entertain an 80-pound "puppy/toddler" we adopted.

Favorite vacation spot: A Bed and Breakfast in Rhode Island that my husband and I went to many years ago.

Family: Two daughters: Cheselyn, age 19, attending Syracuse University, Sandra, age 15, Liberty HS grade 10. Charlie and Gracie, our beloved rescues.

Favorite quote: "I have the audacity to believe that peoples everywhere can have three meals a day for their bodies, education and culture for their minds, and dignity, equality and freedom for their spirit." - MLK



Eileen Kammeren

BY ANTHONY MORGANO

Age: 31

Education: Bachelor's Degree in Psychology with a minor in Management from Siena College. Master's degree in Human Resource Management from Capella University. Senior Certified Professional in Human Resources via the Society for Human Resource Management (SHRM).

Place of employment: Garnet Health Medical Center - Catskills, Human Resources Dept.

Current title and duties: Manager of Employee and Labor Relations. Responsible for developing & administering HR policies/programs, counseling leaders on administration/interpretation of union contracts, policies/procedures, and employment and labor law. Union correspondence, resolution of grievances, overseeing unemployment hearings, in-

'It's an honor to work
with such a great
group and to put our
heads together to work
toward a solution to the
challenges we face.'

vestigations and other employee relations matters. Also responsible for HR Operations tasks for the medical center, including oversight of all HR Business Partners and their assigned client groups, benefits administration, performance management, etc.

Years of experience: 9

Why did you choose this career: When I was originally studying for my Psychology de-

gree, I found myself leaning more toward working in a business environment than functioning as a practitioner myself. I have a family member that worked/works in Human Resources and after speaking with her, felt I might be interested in learning more about the field. She was kind enough to help me to secure a volunteer internship in Human Resources that summer and the rest Is history!

Favorite part of your job: Collaboration, whether it is with our leaders, our union representatives, or my own HR team members. It's an honor to work with such a great group and to put our heads together to work toward a solution to the challenges we face. It's not always easy, but it's what makes the job so rewarding.

Most challenging part of your job: The delivery of unwelcome news or messages. It's something that we're fairly regularly involved

in working in HR, but it doesn't ever get easier, you just continue to develop your communication skills to try to deliver the message in the best way for someone else to receive it.

Favorite on-the-job moment, **customer or memory:** I've been fortunate to have had so many happy moments over the last several years, so it's hard to choose! One that sticks out in my mind is when our HR team was working on a project about the FISH! philosophy for workplace engagement. We would have regular virtual meetings with our team to discuss various topics regarding engagement and during one meeting, three of our team members at the Harris campus bought and wore humongous felt shark (fish) hats. When we appeared on camera, it was an unexpected surprise for the team and we got quite a good laugh out of it. The ability to laugh is such an import-

Congratulations Eileen Kammerer,

Employee and Labor Relations Manager, Garnet Health Medical Center – Catskills

Congratulations to Eileen Kammerer for being recognized as one of the *Sullivan County Democrat*'s Professional Women & Women in Business for 2022. Garnet Health is proud to have Eileen as part of our human resources team, working to provide a supportive environment for all; fostering partnerships between employees and leaders; and upholding our mission, vision and values.







CONTRIBUTED PHOTO

Eileen Kammerer

ant part of what we do, so we try to joke and laugh when we can.

How do you manage your time: It can be very difficult, as the field

of HR regularly has many competing priorities. I utilize digital calendar reminders quite a bit, and make lots of lists! This allows

Congratulations To all the Business and Professional Women



Eagle River Auctions
Eagle River Realty
845-665-9521

me to have a visual reminder of what needs to be done and as priorities change throughout the day, the lists can be re-organized. It's also important to manage the expectations of those I'm working with - if I have a competing priority, to try to communicate a realistic response time or deadline and not over promise. I have two wonderful HR Business Partners on my team and we often help to remind one another of tasks at hand and support each other in getting things accomplished.

What advice do you have for someone entering your field: Learn as much as you can from different experts within your industry in a variety of fields. The more you know about your industry, the better HR partner you become. You never stop learning. And to listen. Sometimes we can learn quite a bit by listening instead of speaking.

Who inspires you: My mother. She is an extraordinarily strong person and managed a long commute, full-time position in Finance, two children, and a house-

hold for years with grace. She is both a strong business woman and an amazing nurturing parent and grandparent. I don't know how she does it all!

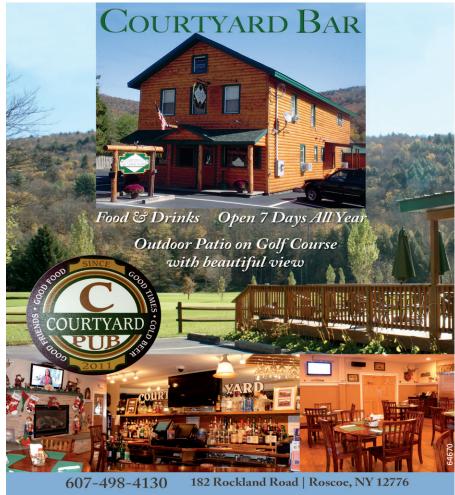
Favorite movie/TV show: I wouldn't say I have a strong favorite, but I do tend to lean towards the true crime or mystery genres. I spend more time reading or listening to a podcast than watching tv or movies.

How do you spend you spare time: Generally playing with my son or reading. Spare time comes at a premium!

Favorite vacation spot: Cape Cod. I've been going since I was a baby, and was engaged and married there.

Family: Married 5+ years with one son (just turned 2) and another little boy expected in March 2023.

Favorite quote: "I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." - Maya Angelou



Megan Holton

BY JOSEPH ABRAHAM

Age: 36

Education: Bachelor's Degree in Psychology from Molloy University; Master's in Gerontology from Hofstra University.

Place of employment: Care Center at Sunset Lake

Current title and duties: Administrator – Overall supervisor of the daily operations at the facility.

Years of experience: Fifteen years. I started as an activities aide, then was activities director for five years, before becoming an assistant administrator and director of social work at a small nursing home in order to complete field experience to obtain my license. I received my Nursing Home Administrator license in December 2019.

Why did I choose this career? It

wasn't planned. I wasn't dure what I wanted to do, but knew I didn't want to do clinical psychology after completing my degree at Molloy. I got a job at a nursing home as a receptionist and quickly took up a per diem position in activities as well on the memory care unit. While I did not expect to, since I had never worked with an elderly population prior, and had no experience working with those with a dementia diagnosis, I quickly fell in love with working with them on a daily basis. I love working people, and from there, it was a natural progression to move on to gain experience in different positions in long term care.

Favorite part of your job: Working with the residents, getting to know them and being able to be a part of enhancing their quality of life during their time with us. When I worked activities I es-

pecially loved teaching and being part of the programs, sometimes it was as simple as figuring out that my one resident used to teach math and though they could not recognize their own child some days they were still a wiz with any numbers you gave them, or being able to get to know someone well enough to calm them during a particularly rough day, or having the residents get excited when you got to the unit. I have some that I went back to see regularly after leaving other facilities and they would still remember me, or a time you spent or something funny you did, in my case it was usually asking how my dog was when I would arrive without her, she always came with me to work. As an administrator, it is using everything I've learned to make sure people have a great experience, whether they're here for rehab, or spending the last years of

their lives with us.

Most challenging part of your job: Some days are harder than others. Healthcare is ever-evolving. A lot of what used to be big challenges with residents, are things we now have deal with on a daily basis, the challenges change daily, and they always will. As the healthcare system continues to evolve in the coming years and decades I anticipate that the challenges will remain ever changing. It is our challenge as health care workers at every level to navigate these changes and maintain the best quality of life and care for our residents.

Favorite on-the job memory: Some of my favorite experiences were as an activities aide in the Dementia unit. I have also had the privilege to form relationships not only with the residents but also the families of many of my



Megan Holton

Administrator at Care Center at Sunset Lake Rehak

As the administrator of Care Center at Sunset Lake, you inspire us to put love, care, and devotion into our every day. Your attention to detail and the energy you put into ensuring the happiness and success of each resident and employee is what makes you the beloved administrator that you are!

On behalf of the staff and residents at Sunset Lake, we congratulate you on being recognized as a outstanding business and professional woman.



256 Sunset Lake Rd Liberty NY 12754 845.292.8640 sunsetlakerehab.com

residents thought the years and it is always special when you know that you have formed that bond and helped to make a difference. I have one family member who even years after I no longer worked at the facility calls me every year at the holidays and also sends me a card. There was also a time when we were stuck at work because of a snowstorm, so we spent the night watching some kind of winter sporting event and eating snacks and soda with my coworkers and some of our residents.

How do you manage your time: I try to keep a balance, between work and home. You have to remind yourself sometimes to put the phone down and be conscious of the fact that you need some down time when you are not at the building. It is a 24/7 job so balance is something that can be challenging many days.



CONTRIBUTED PHOTO Megan Holton

What advice do you have for someone entering your field: Make sure it is something you want to do. It can be very challenging, it is not an easy road to licensure, but it's a very rewarding career. You have to understand what the demands and challenges are, and even on bad days, you have to love what you do and love working with people.

Who inspires you: I had two fabulous mentors throughout my trip to licensure. They helped me decide that this was what I wanted to do and to show me along the way and provide support training and assistance while I worked my way to my license. I take inspiration from anywhere I can get it, sometimes its education sometimes its something that a friend, family member or co worker will say.

How do you spend your spare time: I like to read, spend time with

my husband and friends and on our boat during the summer. We also have two dogs at home who we enjoy spending time with, I love to be outdoors, fishing, gardening and I love concerts and music.

19W

Favorite vacation spot Rehoboth Beach in Delaware.

Family: Husband Shawn and two dogs, Grace and Angel.

Civic and volunteer affiliations My husband and I were involved with local rescues and have fostered animals over the past 6 years or so, though recently we have been able to spend less time as our own two have gotten older and require more of our time attention and a quieter household. Also, myself and other ladies from our boat club work with local food pantries pet shelters and other charitable organizations for clothing, food and pet supply drives throughout the year.



It's Your Home ... Have It Done Right

TKCONST.COM

845-292-2686

Residential & Commercial

Serving Sullivan County for over 35 years!

New Homes Log Homes **Total Renovations Additions Custom Kitchens Baths Decks Windows Doors Siding Structural Repairs Garages Drywall Metal Studs Acoustical Ceilings Jacking / Leveling**

NOW HIRING!

Jeff Sanitation, Inc.

– RESIDENTIAL GARBAGE SERVICE –



RUBBISH REMOVAL DUMPSTERS AVAILABLE 10, 15, 20 & 30 YD. **ROLLOFFS AVAILABLE**



P.O. Box 387, Jeffersonville, NY 12748 • (845) 482-0926

Publisher: Fred W. Stabbert III

Matt Shortall

Managing Editor: Joseph Abraham

Women in Business

'Honoring 11 Sullivan County Businesswomen' Published by Catskill-Delaware Publications, Inc. Publishers of the



(845) 887-5200 Callicoon, NY 12723 November 15, 2022 • Vol. CXXXIII, No. 46



Editorial Design: Rosalie Mycka Sports Editor: Anthony Morgano Derek Kirk, Kathy Daley, Richard Ross, Jeanne Sager **Editorial Assistants:** Advertising Director: Assistant Advertising Director: Barbara Matos Advertising Representative: Susan Panella Production Manager: Business Manager: Assistant Business Manager: Telemarketing Coordinator: Monticello Office Manager:

Petra Duffy Sara Wendell Patricia Biedinger Michelle Reynolds Alexis Rothfeder Classified Manager: Janet Will Production Associates:

Elizabeth Finnegan, Nyssa Calkin, Ruth Huggler, David Dann, Connor Watson

Circulation Manager: Lillian Ferber Circulation and Distribution:

John Fischer, Phil Grisafe, Allan Davis

Annette Rein

STORY AND PHOTO BY JOSEPH ABRAHAM

Age: 72

Education: After my formal education (high school and college) I embraced learning about things happening in my life: family, my children, which brought me into teaching natural child birth and becoming Doula, which included being a lactation educator. I also learned the Montessori method of education ... religious education programs, gardening, Girl Scout and Boy Scout leaders, all of which nourished my own enthusiasm for the families/children in my life and learning what was necessary for them. I became a choir member, a lecturer and Eucharistic minister visiting local hospitals. I am also a certified religious education teacher.

Place of employment: 1st Way Life Center. It is faith-based 501c3 pregnancy resource center that is dedicated to the mission that each child is unique and created by God to experience life. We were founded in January 2010.

Current title and duties: Director. I facilitate the ministry by maintaining a "safe and friendly place" for families, women and children in crisis in our community; coming alongside them to offer whatever their needs are to promote a positive and healthy well-being.

Years of experience: My personal experience from living through different crises which could be financial and personal at times, learning what resources are needed and creating the opportunity to meet those needs via practical (clothing and food) or spiritual prayer, which can be just a word of encouragement to offer hope. Lots of beautiful things happen here, babies are happening here. We are creating a culture of life.

Why did you choose this ca-

reer: I love people and I believe that God called me to be here. He equips each of us with certain gifts and I hope that I am serving Him as He would want.

Favorite part of what you do: I have the privilege of sharing in the lives of those who walk into the Center, the joys of seeing the new lives and the wonder of how just something little (could be diapers, shoes or words of encouragement), given with love, changes lives. Each person has the faith to believe that they can create a future filled with goodness and hope, especially for their children.

Most challenging part of what **you do**: Presenting to people how great of a need there is in our community. There's hunger, homelessness, drug abuse, domestic violence, loneliness and a desire to be recognized and treated with dignity, compassion and respect.

Favorite moment or memory: In the last 12 years, we've worked with hundreds of families, and thousands of children. There are many moments and every person we meet is special.

How do you manage your time: The main part of how I spend my time is educating myself on the issues that affect those that I care about, including food scarcity, drug abuse, abortion, homelessness and domestic violence.

What advice do you have for someone entering your field: Look around you, really notice people and listen to them. Don't miss an opportunity to share your talent and gift, which can be as simple as an encouraging word or smile. If there is something you're concerned about, an injustice, act on it, don't just let it go by. Many people are lonely and don't have someone they can rely on. Be generous with your spirit.

Who inspires you: The women who staff the Center for their love and diligence for being God's



Cooper Arias, LLP Accounting & Accountability

Individual Taxation Estates & Trusts Not-for-Profit Accounting Financial Statements

Corporate, Partnership & LLC Taxation Government & Fire District Auditing

892 State Route 17B Mongaup Valley, NY 12762 845-796-1800

2527 Route 17M Goshen, NY 10924 845-343-2215

133 Route 304 Bardonia, NY 10954 845-623-0300

Certified Public Accountants www.cooperarias.com



Annette Rein

hands and heart, as well as the women who experience incredibly difficult and hard times, with faith and hope for a better future.

Favorite movies: Casablanca. It's a Wonderful Life. Life is Beautiful. II Postino.

How do you spend you spare time: I enjoy growing herbs and seasonal decorating. I also enjoy music and singing, as well as cooking with my children and grand-children. I also like reading true stories of people of virtue and courage.

Favorite vacation spot: Anywhere outdoors, as long as there was a lake, ocean or mountains.

Family: My late husband Albert Sr. who was a Renaissance man brilliant in accounting and computers, as well as in mechanics and business. He was a man of prayer, enjoyed sharing his faith with family and those he visited who were incarcerated. He was always ready for a camping and fishing outing. Many of his leadership activities centered around our children. He was a Vietnam veteran, serving in the Air Force and was active with the American Legion. What man

do you know that would have the vision or courage to lead our "A" Team each day? He had it with lots of love and fun too.

Children (grandchildren) - Albert Jr. and Lucia (Albert III, David and Michael); Andrew and Maria (Jamie and Andrew Jr.); Anthony and Jeni (Jack and Sam); Anita and Robert (Gabriel and Maximus); Alissa (Bella, Grace, Olivia and Sophia); Angela and John; Aaron; Arthur; Alex and Cindy (Madeline and Annalise); Aímee and Hector; Agustin.

Civic or volunteer affiliations: I'm on the Sullivan County Drug Task Force. I'm also a Religious Education/Confirmation teacher at St. Peter's Catholic Church in Monticello.

Favorite quote: The first stanza of Robert Browning's poem, 'Rabbi Ben Ezra.'

"Grow old along with me!

The best is yet to be,

see all, nor be afraid!"

The last of life, for which the first was made:

Our times are in His hand Who saith "A whole I planned, Youth shows but half; trust God:



Congratulations to all the Professional Business Women

Assemblywoman Aileen Gunther

18 Anawana Lake Road, Monticello, NY 12701 845-794-5807 gunthera@nyassembly.gov

Paid for by the Committee to Elect Aileen Gunther

Now's the time to save 25% or more on your energy bills

NTERSTATE

Vinyl replacement

windows \$349 installed



Attic Blanket Blown-in
Attic Insulation
99¢ per square foot
Call for free estimates



Tired of throwing money away? Save at least 20% on your energy costs



Kohler Lumber & Building Materials, Inc.

Established 1907

(845) 482-5290 • 482-5117 • Fax 482-4270

The Kubenik Family • Rte. 52, Jeffersonville, NY 12748



Come as a patient and leave as a friend

4895 St. Rt. 52, Jeffersonville, NY 12748 • www.EyesOnMainSt.comMonday 9am-2pm • Tuesday-Friday 9am-5pm • Closed Saturday & Sunday



Whether you are looking for a new job, an apartment for rent or want to have a yard sale, let the Sullivan County Democrat Classifieds work for you!

Don't just read 'em... Use 'em, too!



'Sullivan County's Oldest and Most Respected News Source, Since 1891'

CALL 845-887-5200 TO PLACE YOUR AD TODAY!



Madia Smith

BY PATRICIO ROBAYO

Age: 37

Education: Bachelor of Science in Accounting, summa cum laude; Certified Public Accountant (CPA), Certified Fraud Examiner (CFE).

Place of employment: New Hope Community

Current title and duties: I am the Financial Operations Manager. Working closely with CFAO and Comptroller, I oversee all areas of the Finance Department to ensure the long-term financial health of New Hope Community. The intellectual and developmental disabilities field has a magnitude of regulatory compliance requirements; in my role I lead audits, oversee financial reporting, and provide direction on technical accounting matters and compliance with laws and regulations.

Years of experience: 14 years in accounting and finance, with the last 8 years at New Hope Community.

Why did you choose this career: I always liked mathematics, statistics, and any kind of numerical analysis, so a career in Finance was a natural choice for me.

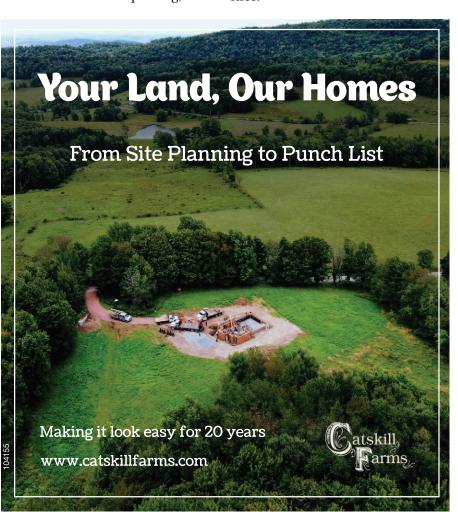
Favorite part of your job: When I know that I was able to solve a problem or facilitate a progression, at the end of the day, I feel satisfied and motivated. This motivation is a huge reason why I wanted to work at an organization that supports people with disabilities.

Most challenging part of your job: I like challenges! Due to our funding sources, I must always stay on top of the continuously evolving financial reporting and regulatory requirements.

Favorite on-the-job moment, customer or memory: Prior to COVID, New Hope Community would host an annual Family BBQ for all the people that we support, their family members, and friends. The gatherings were always filled with fun activities, music, delicious food, many conversations, smiles, and laughter! I always volunteered to help at the event so I could also get to meet family members of the people that we support. Over the years, I would bring my children to the event to meet the people we support and their families. Those memories always bring joy and spark many conversations! Even though we couldn't have the Family BBQ for a couple of years, many of the people we support still ask to see the pictures of my kids, so I know those are meaningful and happy memories for them as well!

How do you manage your time: I manage my time by using the digital calendar, which helps me keep track of deadlines and meetings, and prioritize my to-do lists.

What advice do you have for someone entering your field: The opportunities in the field of developmental disabilities are countless, and the gratification level can be life-changing! One always



CONGRATULATIONS TO **ALL THE HONOREES!**

From all of us at



ROLLING V BUS CORPORATION

Motor Coaches • School Buses

Locally Owned & Family Operated **845-434-0511**ROUTE 42 SOUTH FALLSBURG



CONTRIBUTED PHOTO

Nadia Smith

needs to remember that everything we do is centered around the needs of the people we support.

Who inspires you: My husband inspires me with his hard work and dedication to our family. My children motivate me with their free spirit, their ability to forgive and forget and, their lack of fear of failing. My parents encourage me to believe in myself.

Favorite movie/TV show: Fried Green Tomatoes/The Office (Steve Carell).

How do you spend your spare time: I spend most of my spare time with my family. I like to discover new places, try new foods, bike riding, hiking, fishing, taking care of my garden, and reading.

Favorite vacation spot: I love to travel! My favorite vacation spot is Negril, Jamaica; the culture and people I encountered are unforgettable.

Civic or volunteer affiliations: With my children being 5 and 7 years old, the last few years of my life have been dedicated to any activities evolving around school and sports. I look forward to becoming officially involved with our local community organizations.

Favorite quote: "One may walk over the highest mountain one step at a time."

- John Wanamaker





CONGRATULATIONS!

Nadia Smith

Thank you for your dedication to New Hope Community and its mission

www.newhopecommunity.org

W WOMEN IN BUSINESS SULLIVAN COUNTY DEMOCRAT NOVEMBER 15, 2022



Sara WendellBusiness Manager



Liz Tucker Advertising Director



Barbara Matos Assistant Advertising Director



Susan Panella
Special Section Coordinator



Lillian Ferber

■ Advertising Coordinator



Michelle Reynolds
Telemarketing Coordinator



Patricia Biedinger Asst. Business Manager



Jeanne Sager *Editorial Assistant*



Kaitlin Carney Editorial Assistant



Kathy Daley *Editorial Assistant*



Alexis Rothfeder Monticello Office Manager

THANK YOU

To the women of the Sullivan County Democrat staff for your dedication to craft.

It is your continued hard work and striving for excellence that has helped make the Sullivan County Democrat one of the best community newspapers in all of New York State.

KEEP UP THE GREAT JOB!



"Sullivan County's Leading News Source, since 1891"
With offices in Callicoon & Monticello
To advertise or subscribe today, call 845-887-5200
Or visit www.scdemocratonline.com

And a sincere Congratulations to all the Professional Women featured in this edition who help to make Sullivan County such a great place to live, work and play.



Janet Will Classifieds & Circulation



Petra DuffyProduction Manager



Nyssa Calkin Production Associate



Rosalie Mycka Production Associate



Elizabeth Finnegan Production Associate