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Factors to consider when vetting post-pandemic career opportunities

he COVID-19 pandemic left no aspect of life as the world knew it before 2020 untouched. In the wake of the pandemic, students were forced to learn in new ways, individuals were forced to find new ways to maintain relationships with family and friends and employers and employees were forced to confront an emerging notion of the workplace. Since the World Health

Organization first declared a global pandemic in March 2020, much has been made of "The Great Resignation," a term adopted in reference to the tens of millions of individuals who quit their jobs during the pandemic.

Further study is needed to determine just how many people quit their jobs since the pandemic began, but there's no denying that attitudes toward work have shifted since early 2020.

That shift has made many people more willing to change careers. Women pondering a career move can consider these factors as they vet new opportunities.

CONTINUED ON NEXT PAGE

Sullivan County Career Center

The Sullivan County Career Center provides the up-to-date information and tools you need to find your next job, update your current skills, or make a career choice

Your First Stop for Career Solutions!

At the Sullivan County Career Center, you have access to professional staff and resources to put your career plan in action. Veterans receive priority of service.







Let's Get to Work!

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Center for Workforce Development New York State Department of Labor Equal Opportunity Employer/ Program Auxiliary Aids and services available upon request to individuals with disabilities



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Stop by our booth at The Sullivan County Job Fair At the Kartrite Resort

> See you on April 6th!



Hybrid working

A September 2021 Gallup report on workplace trends found that 91 percent of workers in the United States working at least some remote hours each week are hoping the opportunity to do that persists after the pandemic.

Perhaps surprisingly, more than half of the workers surveyed indicated they would ideally like to split their time between working at home and in the office.

Women vetting new career opportunities can ask if hybrid working is a possibility. Hybrid working is beneficial for various reasons, not the least of which is affording professionals a chance to get out of the house while still ensuring they can spend more time with family, which is an especially enticing benefit for working parents.

'Hybrid working is beneficial for various reasons...'

Salary

It goes without saying that salary bears significant consideration when vetting a new employment opportunity. In the past, professionals might have jumped at the chance to earn higher salaries, even if it meant leaving their current employer behind.

However, many professionals experienced a priority shift during the pandemic, recognizing the value of spending less time working and more time away from the

Some spent that extra time with family and friends, while others used it to explore new passions. When vetting a new career opportunity with a higher salary, women can do their best to determine what that higher salary will

If it will require more time working and less time with family, friends and hobbies, then women must ask themselves if the extra money is worth the decrease in personal time.

If You Go:

What:

2022 Sullivan County Job Fair

When:

Wednesday, April 6, 11am - 3pm

Where:

Kartrite, Monticello

Hosted by:

Center for Workforce Development

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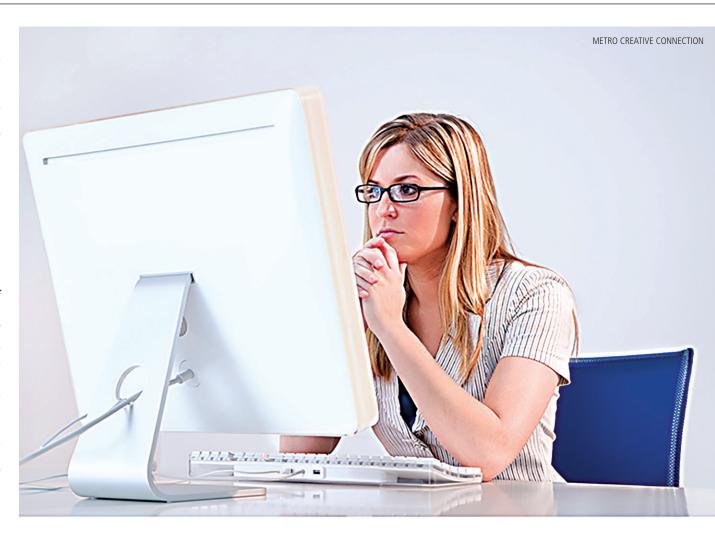
Stability

Stability is another issue that might not have garnered as much consideration before the pandemic as it figures to in a post-pandemic world.

Many professionals lost their jobs, took pay cuts or were furloughed during the pandemic. Such individuals might have worked in industries like travel or events that are vulnerable when shutdowns are issued.

Women who have been through the professional wringer during the pandemic should consider the stability of a given employer before accepting a job offer. Some may find the rewards of working in a field they're passionate about are worth the risk, while others may prefer a line of work that offers more stability and securi-

The pandemic has changed many aspects of professional life, including how new career opportunities should be vetted.



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Jeff Bank is proud to be an Affirmative Action Equal Opportunity Employer Minorities/Females/Disabled/Veteran.



SULLIVAN COUNTY JOB FAIR

SULLIVAN COUNTY DEMOCRAT

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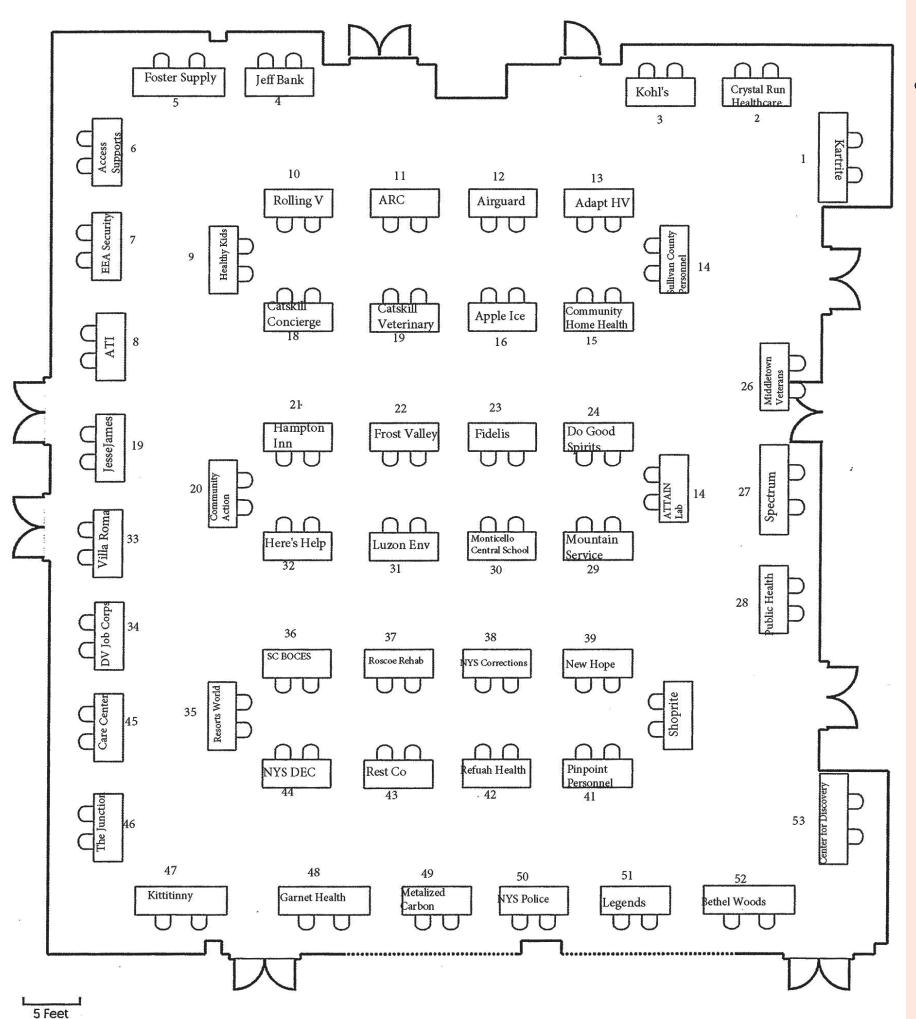
APRIL 2022

SULLIVAN COUNTY 2022

Hosted by

The Center For Workforce Development at





Job Fair 2022 Vendor Listing

Table # - Vendor Name - Alphabetic

- 6 Access Supports For Living
- 8 Action Towards Independence
- 13 Adapt of the Hudson Valley12 Air National Guard 105th
- Airlift Wing
- 11 ARC Greater Hudson Valley
- S 7 ATTAIN Lab
- 52 The Bethel Performing Arts Center
- 45 Care Center at Sunset Lake
- 18 Catskill Concierge Inc.
- 17 Catskill Veterinary Service
- 53 Center for Discovery
- 16 Columbia Ice & Cold Storage dba Apple Ice
- 20 Community Action
- 15 Community Home Healthcare
- 2 CrystalRun Healthcare
- 34 Delaware Valley Job Corps
- 24 Do Good Spirits
- 7 EEA Security9 Early Learning Centers/Healthy
- Kids Programs
- 23 Fidelis Health Care
- 5 Foster Supply Hospitality
- 22 Frost Valley YMCA
- 48 Garnet Health 21 - Hampton Inn
- 32 Here's Help
- 4 Jeff Bank
- 19 JesseJames Creative
- 1 Kartrite WaterPark
- 47 Kittatinny Canoes Sun
- NGKittatinny RV LLC
- 3 Kohl's Inc
- 46 Legends Hospitality
- 31 Luzon Environmental Services
- 49 Metalized Carbon Corporation
- 26 Middletown Vet Center

- 30 Monticello Central School
- 29 Mountain Service Distributors
- 39 New Hope Community, Inc
- 20 NVC Doort of Comparisons of
- 28 NYS Dept of Corrections and
- Comm. Supervision 44 - NYS Dept of Environmental
- S 5 NYS Dept. of Labor
- 50 New York State Police
- 41 Pinpoint Personnel/ Staffing for Nonni's Biscotti
- 42 Refuah Health
- 35 Resorts World Catskills
- 43 Rest Co

Conservation

- 10 Rolling V Bus Corp
- 37 Roscoe Regional Rehab
- & Residential Care Facility
- 27 Spectrum
- 36 Sullivan County BOCES
- S2 Sullivan County Center for
- Workforce Development
- S1 Sullivan County Division of Community Resources
- S3 Sullivan County Office for the Aging
- 14 Sullivan County Personnel/
- Human Resources
- 28 Sullivan County Public Health Nursing
- S4 Sullivan County Veterans
- S6 Sullivan County Youth
- Advocate Programs Inc.
- 25 The Heron
- 46 The Junction
- 33 Villa Roma Resort
- 40 Wakefern/Shoprite

Service Trade Tables located in Entry to Job Fair

Attending a Job Fair

- 1. Expect businesses of all types, big and small, from all different fields.
- 2. Consider the job fair as an interview, and dress accordingly. Aim for business casual; avoid jeans, any clothing that is dirty or ripped, hoodies, and sneakers.
- 3. Bring multiple copies of your resume. At a job fair, there will usually be more than one business in attendance. It is a good idea to have copies of a resume to hand to businesses on the spot.
- 4. In some cases, employers will offer interviews on the spot at a

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job fair. Be prepared to discuss your strengths and skills, as well as the content of your resume.

5. Expect to spend some time at the job fair. You may end up talking to multiple businesses for lengths of time; budgeting the full duration of the event should you need it is better than having an interview cut short for timing reasons.

Resume Writing Tips

Resumes are an individual summary of your background, experience, training, and skills. They are a way to tell employers what you

have accomplished in the past and what you can do for a company now. A well-written resume will stand out to employers and encourage them to offer an interview. Resumes are needed when attending networking events, like job fairs, and can be used as a guide for interviews.

- 1. Utilize the correct type of resume for your background. Functional, Chronological, and Combination resumes are all common and good choices.
- a. Someone with a solid, steady work background with several years at each position should aim for a chronological resume, where work experience is listed from most recent and back with job duties listed.
- b. A job seeker with gaps in their work history, such as someone returning to the workforce, should use a functional resume, where emphasis is placed on skills rather than work experience.
- 2. Use a professional email in your contact information. For example, using an email that has

your name instead of a phrase can reflect better upon hiring managers.

- 3. Update your phone voicemail with a more formal greeting; if you miss an employer's call, you want to sound professional and encourage employers to leave a message. If your voicemail greeting is silly, employers may not get the right first impression.
- 4. Use the correct wording. For past jobs, use past tense phrasing. For current jobs, use present tense phrasing. If doing a skills section on the resume, use present tense wording.
- 5. Search some action words. Use action words in your job descriptions to take them to the next level.
- 6. Keep resumes to two pages maximum. Ideally, your history should fit on one page, but two is acceptable if you have the experience, skills, and education to require two pages.

PLEASE SEE 10J





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Sullivan County Job Fair

'Where to find your new dream job'

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CONTINUED FROM 8J

Steps to Prepare for an Interview

- 1. Know your strengths and skills. Be familiar with what you have to offer businesses, and the contents of your resume.
- 2. Always be prepared to provide an example of how you demonstrated skills and how they can contribute to an organization.
- 3. Research the employer. Employers will often ask if you have any questions towards the end of an interview. When doing research, including reading company mission statements, you may come across questions that are appropriate to ask.
- 4. Be ready to identify what about you makes you unique from other jobseekers and specific skills you can bring to the table.
- 5. Use your resume as a guide. Do not read your resume wordfor-word, but make sure you bring a copy for yourself to reference in case of forgetting facts or dates.
- 6. Dress professionally. Ideally, dress one level above how the

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company expects its employees to dress. A good general reference point is to aim for business profes-

- 7. Perform practice interviews with friends and family members. Look up some potential answers to common interview questions ahead of the interview to prepare.
- 8. Don't be too casual; use professional language and stay on the topic of the company and the position you are being inter-

Tips for Someone Returning to the Workforce

- 1. Build a solid resume. Utilize skills that you learned and used during your period away from the workforce to add more substance to a resume.
- 2. Sit with a career counselor. A career counselor can help you decide what career field you may be interested in, and can review
- 3. Do career exploration. A good career exploration website is www.jobzone.ny.gov, where you



can learn about different careers and opportunities.

- 4. Do job search. Utilize job search websites, such www.indeed.com, to see what opportunities are available in your community!
- 5. Practice interviewing. After time away from the workforce, your interviewing skills may be rusty. Practice interviewing with nysdol.interviewstream.com, or get tips online at www.careeronestop.org.
 - 6. Revamp your wardrobe. Make

sure you have clothing appropriate to interview in for attending job fairs, networking events, and interviews.

7. Be prepared to explain why you have been out of the workforce to prospective employers. A career counselor can help you develop good answers to tough auestions.

8. Be diligent. Follow up on interviews with a "thank you" letter, and contact employers if you don't hear back from them after applying.

9. Have childcare and transportation figured out. If you have children, make sure you have childcare arranged for you to return to work. Plan your transportation options if you do not own a car to get to and from work.

10. Take some continuing education. Coursera, www.coursera .org, can help you brush up on skills, and even learn new ones!



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*Statistics based on 2020 data.



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