

# WINTER SPORTS GUIDE



.BASKETBALL

.SKIING

.CHEERLEADING

.TEAM PHOTOS

.INDOOR TRACK

.WRESTLING

.SCHEDULES

.PREVIEWS





SUNY SULLIVAN

## Discover why we are the #1 Ranked Community College in New York / 2021!\*

Tour our eco-friendly campus • Learn about our championship athletics program



+400 acre scenic campus & trail network • organic farm • diverse & inclusive student body



Over 40+ academic programs including Media Arts, Graphic Design, Theater & Nursing

### Get the full college experience

We've got residence halls & eco-friendly townhouses

- ✓ We will walk you through application, financial aid, and registration.
- ✓ **Instant Acceptance** with Valid High School Transcript!
- ✓ **Receive a two-year Presidential Scholars award** with a 90+ high school average.
- ✓ **Didn't finish High School?** We can help with that too!

### Spring Semester begins January 19

#### Enroll today!

Visit [sunysullivan.edu](http://sunysullivan.edu),  
email [admissions@sunysullivan.edu](mailto:admissions@sunysullivan.edu)  
or call toll-free: 800-577-5243

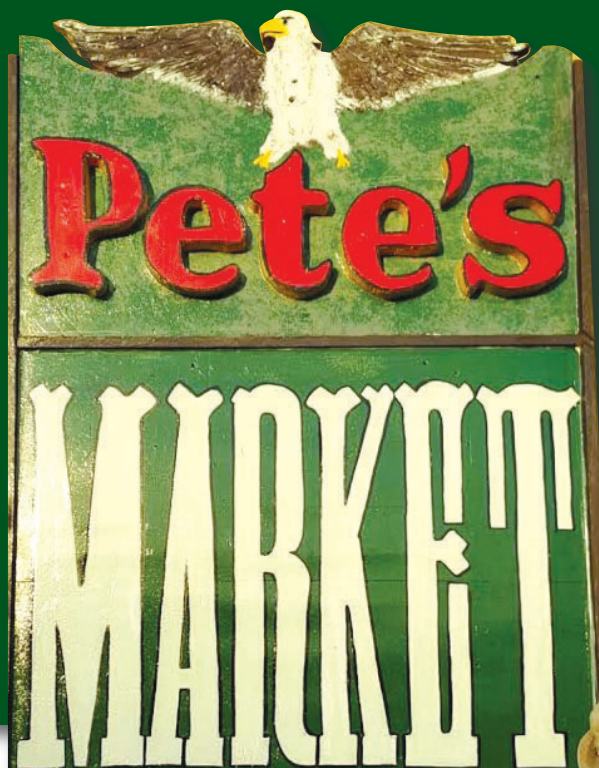
\*Ranked #1 Community College in New York State for 2020-21, and #14 of all New York State institutions of higher education by Intelligient.com, based on flexibility, faculty, course strength, cost, and reputation.



# The Plaza That Has It All!

# SHOP! DINE! SAVE!

Everything you need in one location!



120 Kirk Road,  
Narrowsburg NY 12764  
Phone: (845) 252-3016



**Tom's** BAIT & TACKLE 

**CARINI**   
PIZZERIA & RESTAURANT

**CHINA TOWN**  
**KITCHEN**

NARROWSBURG  
LIQUORS



**PAM'S**  
**CUTTING CORNER**  
FULL SERVICE BEAUTY



**NARROWSBURG**  
**CAR WASH**



# Winter wonders

*Will a normal Winter season ensue as sports go into high gear?*

BY RICHARD A. ROSS

SULLIVAN COUNTY - The winter sports season got underway in December with a smattering of basketball games, indoor track meets, a skiing scrimmage and some early bouts of wrestling. Cheerleaders added their vibrant spirit with their cadenced cheers and graceful movements, and the gyms came alive with enthusiastic crowds hungry for the sports they revere.

Unlike a year ago when the few basketball games that were played before things were shut down were staged in spectator-less gyms, this year has already seen a resurgence of competitive games and their accompanying enthusiastic fandom.

But the specter of Covid-19 is far from gone. We have already had schools going on remote learning for a week here and there and some games postponed due to the quarantining of players who were purportedly exposed to the seemingly ever-present virus.

But now that the New Year is here, we hope things will go forward with a greater degree of normalcy. We have already outdone last year's aborted winter season and the schedule is teeming with games, matches and meets. If good fortune prevails, January and February will provide plenty of great match ups in the cavalcade of winter sports. December did not give us enough basis for assessing strengths and weaknesses. It was too small a sample on which to make such judgments. Of the local basketball teams, only Fallsburg's Boys, Sullivan West's girls and Monticello's girls emerged from 2021 with winning records. All three teams are off to an impressive start. For all the other squads, the coming months offer plenty of opportunities to garner wins and earn berths in sectionals in late February and even championships in early March. Time will tell.

While December is often defined by early season basketball tournaments, January is characterized by division clashes with their year-to-year rivalries. We here at the **Sullivan County Democrat** will be hopscotching across the county bringing our readers the stories and photos they have come to expect. Be it skiers rocketing down the slopes of Holiday Mountain or Belleayre, wrestlers looking to pin their opponents to the mat, boys and girls basketball teams looking to marshal their ascendancy or cheerleaders proving to the world that their endeavors constitute a real sport in defiance of those who think otherwise, we will try to be there as much as we can.

While at this early juncture we are left to wonder what will take place, we can be sure that if things go according to plan, it should be wonderful, unveiling a true winter wonderland and a fitting mid-point of the sports year between the crisp action of this past fall and a potentially brilliant spring.



## Eldred Boys Basketball

ANTHONY MORGANO |  
DEMOCRAT

From left, Xavier Gonzalez, Logan Knibbs, Cooper Stutz, Matt Ranaudo, Josh Warming, Sean Furler, Trai Kaufmann and Ruben Rausch.

**Coach:** Bill Furler

**Last season's record:** No season last year.

**Top returning players:** No top returners.

**Key losses to graduation:** No key losses.

**Team strengths:** We're working on figuring out our strengths.

**Need to work on:** Defense and outside shooting.

**Coach's comment:** We are a very young team. We have no seniors and no varsity experience. We have four juniors, three sophomores and one 8th grader. Teams can expect us to play hard, never give up, no matter what the score is.



## Eldred Girls Basketball

**Coach:** Jordan Lepes

**Last season's record:** No season due to covid.

**Top returning players:** Jada Reed, Lily Gonzalez, Dana Donnelly, Jailyne LaBuda

**Key losses to graduation:** None

**Team strengths:** Endurance, jump shots, staying calm in pressured situations.

**Need to work on:** 3-pointers, not forcing passes, boxing out

**Coach's comment:** Our goal for the season is to get through the season with everyone physically and mentally healthy. To win a section title or greater.

You can expect to see girls who are proudly playing the sport in honor of coach Gonzalez and a group of funny girls with great character.

CONTRIBUTED PHOTO

Back row from left, Assistant coach Mary Kate Paulus, Sydney Fallen, Regan Kizer, Grace Loretto, Molly Mckerell, Lily Gonzalez and Coach Jordan Lepes. Front row from left, Ray Quintana, Jada Reed, Dana Donnelly and Jailyne LaBuda.



# Eldred Girls Indoor Track

**Coach:** Lisa Marie Drewett

**Last season's record:** N/A

**Top returning players:** Lyndsay Zygrodek, Jon Morbito

**Team strengths:** Our ability to keep pushing ahead in this challenging time.

**Coach's comment:** Our goal is to condition as much as possible and prepare for spring.



RICHARD A. ROSS | DEMOCRAT

From left, Kesenia Sosnowski, Alexis Williams, Regan Kizer, Lindsay Zgrodek, Erin Brown. Missing: Jocelyn Bush.

## Eldred Schedule

### Boys Basketball

Jan 19	at Sullivan West	6:30 pm
31	Chapel Field	6:30 pm
Feb 3	Livingston Manor	7:00 pm
9	Chapel Field	6:30 pm
15	at Roscoe	6:30 pm

### Girls Basketball

Jan 14	Seward	5:45 pm
18	Sullivan West	5:30 pm
20	at O'Neill	5:30 pm
28	Livingston Manor	5:30 pm
Feb 2	at Livingston Manor	5:30 pm
4	Liberty	5:00 pm
8	Chapel Field	6:30 pm
14	at Tri-Valley	5:30 pm
16	Monticello	5:00 pm

### Indoor Track

Jan 15	Washingtonville	11:00 am
19	SUNY Sullivan	6:00 pm
20	OCIAA Scrimmage	5:00 pm
22	Monticello	11:00 am
26	SUNY Sullivan	3:15 pm
31	SUNY Sullivan	3:15 pm
Feb 7	SUNY Sullivan	3:15 pm
9	OCIAA Scrimmage	5:00 pm
12	OCIAA Divisional	3:00 pm
26	State Qualifier	5:30 pm

## Eldred Boys Indoor Track

RICHARD A. ROSS | DEMOCRAT

From left, Schuyler Fein, Benedict Bergamnis, Jon Morbito, Geovonathan Fein. Missing from photo, Tristen Troxel, Matt Gallagher, Jeffrey Morgan, Kain Quimby.

Best of luck to the Eldred Yellowjackets for a winning season!

**Yulan  
Service Station**

Yulan, NY • 845-557-8431

96598



www.eldred.k12.ny.us

95357

Congratulations & Best of Luck to all our Eldred Athletes & Cheerleaders for a successful season.

**Go Get 'em Yellowjackets!**

**BISLAND AGENCY**

When You Need A Fair Shake You Can Count On Us!

LOW COST INSURANCE PLANS

FOR EVERY NEED. *CALL US TODAY!*

GENERAL INSURANCE

1681 Forestburgh Road, Glen Spey, NY

856-6180



95343

Best of luck to all our athletes for a winning season!

**GO GET 'EM  
YELLOWJACKETS!**

From the Eldred Central School  
District Faculty Association





# FALLSBURG CENTRAL SCHOOL

## Fallsburg Boys Basketball

ANTHONY MORGANO | DEMOCRAT

Back row from left to right, Coach Lionel White, Eugene Johnson, Akinde Bryan, Clayton Doolittle, Isaiah Young, Andrew Rein, Asst. Coach Will Young and A.D. Suzanne Lendzian. First row from left, Asst. Coach Dan Redmond, Justin Parsons, Anthony Hernandez, JonCarlos Reyes and Carlos Alvarado.



ANTHONY MORGANO | DEMOCRAT

Front row from left to right, Cody Bound, Daris Koljenovic, Robert Denman, Arianna Gonzalez, Mateo Scanna, Luke Oefelein. Back row from left, Edwar Garcia Ponce, Aleck Drammeh, Nikolas Bonner, Travis Capawana, Adam Olsen, Coach David Mellan. Not Pictured: Alexander Surita, Allie Wiener, Ethan McJunkin, Gabriella Walker Goldsmith, Jason Aguilar Fuentes, Synaida Wheeler, Coach Victoria Mattracion, Coach Jake Scanna.

## Fallsburg/Tri-Valley Wrestling

**Coach:** David Mellan

**Last season's record:** 1-7

**Top returning players:** Allie Wiener, Luke Oefelein, Jason Fuentes, Synaida Wheeler

**Team strengths:** We are a young team with a good core group of young athletes who have been working in the offseason to improve. We have a few upperclassmen who have taken some of the younger wrestlers under their wing

and have helped them learn the sport.

**Coach's comment:** This team will always come out ready to wrestle. They will give their all from the second the match starts until the match ends. Our team is full of athletes that are hungry for wins and are ready to earn their spots on the podium. The coaching staff is excited to see our athletes go out there and compete.

**Coach:** Lionel White

**Last season's record:** 2-4

**Top returning players:** Akinde Bryan, Isiah Young, Eugene Johnson, Andrew Rein, Carlos Alvarado

**Key losses to graduation:** Noah Moody, Nick Fraser, Mark Rodriguez

**Team strengths:** We have a very unselfish team, who likes to get up and down the court. Defense is a focus point.

**Need to work on:** We need to work on staying focused throughout the game and sticking to fundamental basketball.

**Coach's comment:** Our goals for the season is to continue to get better everyday and hopefully making the sectional tournament. We are also aiming to be a scholar athlete team!

## Fallsburg Cheerleading



## Fallsburg Schedule

### Boys Basketball

Jan 14	Tri-Valley	6:00 pm
15	at O'Neill	1:30 pm
28	O'Neill	7:30 pm
Feb 1	Roscoe	7:00 pm
3	at Burke	6:30 pm
7	at S.S. Seward	6:30 pm
9	Liberty	6:30 pm
11	at Chester	7:00 pm
17	at Rondout Valley	6:30 pm

### Girls Basketball

Jan 14	at Liberty	6:30 pm
28	at Tri-Valley	6:30 pm
31	at Onteora	6:00 pm
Feb 2	Burke	7:00 pm
4	O'Neill	7:30 pm
8	Liberty	6:00 pm
10	at Port Jervis	6:30 pm
11	at Livingston Manor	6:30 pm
14	at Livingston Manor	5/6:30 pm
16	at O'Neill	6:30 pm

### Skiing

Jan 14	Holiday Mtn.	4:30 pm
18	Belleayre Mtn.	10:00 am
20	Mt. Peter	4:30 pm
28	Holiday Mtn.	4:30 pm
Feb 1	Bellayre Mtn.	10:00 am
3	Holiday Mtn.	4:30 pm
4	Holiday Mtn.	4:30 pm

### Indoor Track

Jan 15	Rondout Valley	11:00 am
18	OCIAA Scrimmage	5:00 pm
19	SUNY Sullivan	6:00 pm
20	OCIAA Scrimmage	5:00 pm
22	Goshen	11:00 am
24	SUNY Sullivan	3:15 pm
31	SUNY Sullivan	3:15 pm
Feb 7	SUNY Sullivan	3:15 pm
9	OCIAA Scrimmage	5:00 pm
12	OCIAA Divisional	3:00 pm
26	State Qualifier	5:30 pm

### Wrestling

Jan 19	Liberty and T-V	6:00 pm
26	at Rondout Valley	6:00 pm
28	Rondout Valley	6:00 pm
Feb 2	at Onteora	6:00 pm
4	at Chester	6:00 pm
13	Sectionals	11:00 am

CONTRIBUTED PHOTO

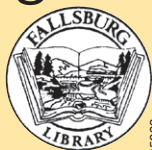
Back row from left, Jayleen Molina, Alexa Smith, Cassandra Rose, Emily Collura and coach Kiffanie Rogers-Sanchez. Front row from left, Gabriella White, Kaitlyn Pedersen, Nataly Alcocer, and Angie Rodriguez.

*Win Big!*

**Fallsburg Library**

<http://fallsburglibrary.org>

12 Railroad Plaza  
South Fallsburg, NY 12779  
Phone: 845-436-6067  
Fax: 845-434-1254



Good Luck in the Winter Season from  
**East End Auto Repair**  
Complete Auto Repair

Fred Franke & John Hynes, owners

Discover, MasterCard & VISA accepted

36 State Rte 52, Woodbourne, NY 845-436-8689

**Check Out our LOW Tire PRICES!**

98452



# Fallsburg Boys and Girls Indoor Track

**Coach:** Danielle Halikias

**Top returning players:** Josie Galeas, Hunter Doty, Edwin Morales, Bintou Darboe, Stephanie Granados, Anna Dell'Aquila, Ceci Mancia, and Gisella King.

**Key losses to graduation:** Jamie Rein, Dolce McPherson, Michael Batista, and Derryck Payton.

**Team strengths:** Diligent athletes who work hard each day and are very dedicated to the team. Each member is passionate and encourages each other to be at their best.

**Need to work on:** We have a lot of very new members of the team, many freshmen and sophomores haven't competed on the track team before and are working on specific skills for each event. We are also going to be focusing on events that we have been weak on in the past years.

**Coach's comment:** My goal for this season is to rebuild the program since the pandemic hit. We weren't able to participate in the last

winter season because of it. Now, we are coming back dedicated and motivated to be at our best. There are many new athletes that are ready to try new events and put themselves out there, our experienced athletes have been helping with getting everyone ready and they have been training hard each day. This season is going to take a lot of determination, dedication, and commitment to get back on track (no pun intended).



Front row, Bintou Darboe, Isabelle Batista, Olga Flores, Meredith Anderman, Cassandra Damms, Sanaya Aquil, and Stephanie Granados. Back row, Ceci Mancia, Amanda Murtagh, Katerin Ortiz, Hannah Johnson, Cyriah Russell, Anna Dell'Aquila, Hyaden-Marie Herrera, and Gisella King.



RICHARD A. ROSS | DEMOCRAT

Front row from left, Mike Aguilar Torres, Isaac Hernandez, Rubin Bonilla, and Angel Castro. Back row from left, William Martinez, Dante Baker, Edwin Morales, Josie Galeas, and Hunter Doty. Not pictured: Jefferson Banegas Gallo and Aiden Labella-Mullins.



## Fallsburg Girls Basketball

ANTHONY MORGANO | DEMOCRAT

**Top row from left, Coach Michael Ballard, Allison Perna, Emily Perna, Jennifer Fuentes, Nadiushka Rosa. Bottom row from left, Kaitlyn Cross, Ashley Grande, Maya Ballard, Mia Irlbacher.**

**Coach:** Michael Ballard

**Top returning players:** Kaitlyn Cross, Ashley Grande, Allison Perna

**Key losses to graduation:** Essence Jackson

**Team strengths:** The girls have a work hard and don't quit attitude. They are always competing and they are committed to success.

**Need to work on:** Communication, controlling the basketball and forcing passes.

**Coach's comment:** My goal this

year is to finish healthy and for the athletes to improve themselves and build confidence. We have been working tirelessly and studying film as well. We have a young team which I will see potential growth throughout the season. I expect the team to compete every single game, which we will be winning this year. Like my great "Coach" Fred Ahart told me, Discipline and Mental Toughness and everything will follow. This is for him.



**Dynamite  
Youth Center  
Foundation, Inc.**

5803 Rt. 42,  
Fallsburg, NY 12733  
(845) 434-3370

95563



**APPLY NOW Open Interviews**

**Monday - Friday 10:00 am - 3:00 pm**

5 New Hope Community Drive Loch Sheldrake, NY

Direct Support Professional • Assistant House Manager  
House Manager • Registered Nurse • Licensed Practical Nurse

[www.newhopecommunity.org/apply](http://www.newhopecommunity.org/apply)

98030

Have a  
Great Season!

**WI&G**  
WOODBOURNE LAWN & GARDEN

Good  
Luck!

**Rock Salt & Ice Control Sand**

Sand & Gravel • Filter Sand • Mason Sand • Bank Run  
Crusher Run • Round & Crushed Various Stone Sizes

**434-6628**

RT 42 BEHIND TOWN BARN

DELIVERY AVAILABLE

BOX 27, ROUTE 42, WOODBOURNE, N.Y. 12788

98169



# LIBERTY CENTRAL SCHOOL

## Liberty Wrestling



ANTHONY MORGANO | DEMOCRAT

Standing from left, Coach Brian Vaughn, Ethan Blumenthal, Derek Wheeler, Zoe Kip, Isiah Mateo, Justin Loucks. Bottom Row from left, Andrew Scamihorn, Quintin Herzog, Tim Dirie, Carlos Torres.

## Liberty Cheerleading

ANTHONY MORGANO | DEMOCRAT

Top row from left, Elizabeth Tesseyman, Janessa DeGroat, Marcus Detzauer. Middle row from left, Christian Marvel, G'niiyah Taylor, Rayanna Cottman, Kimberlin Malaga Gonzalez and Rachel Yaun. Bottom row from left, Jayden Ramsay, Sherlyn Garzon, Mariah Cadet, Amanda Bracy, Heidi Brown, & Daylene Marin Garzon. Missing from photo, Sani Colon, Grace Hernandez, Abigail Kelly, Melana Quick Lepke and Juliana Martinez.



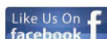
Best of Luck  
for a  
Great Season.  
Go Teams!!!

**RapidRecovery**  
AT  
**ACHIEVE** more!  
REHAB AND NURSING FACILITY

SHORT-TERM REHAB • LONG-TERM CARE

Private Rehab Suites • Excellent Quality Care

170 Lake Street, Liberty, NY • 845-292-4200



[www.AchieveRehabNY.com](http://www.AchieveRehabNY.com)

95551

**LIBERTY**  
Concrete & Construction

Go  
Indians!

Liberty, NY

845 292-3933

Liberty, NY 12754 • fax: 845-295-0896 • [rose@libertyconcreteconstruction.com](mailto:rose@libertyconcreteconstruction.com)

95394



# Liberty Boys Basketball

**Coach:** Chase Alexander

**Top returning players:** Nasir Gibbs and Ethan Werlau.

**Team strengths:** Players are willing to play different positions.

**Need to work on:** Worrying about wins and not individual stats.

**Coach's comment:** Our goal for the season is to make playoffs and start playing like a team that will be a real pain to deal with in the postseason. Expect us to create distress for teams defensively.



# Liberty Girls Basketball

**Coach:** Peter Dworetzky

**Last season's record:** Unsure

**Top returning players:** Alyssa Kavleski

**Key losses to graduation:** Ally Roth, Yaneire Wilson, Yaneira Wilson

**Team strengths:** Our team is young with only two seniors and eager to learn.

**Need to work on:** This group is working on increasing their basketball iq, fundamentals, and competitiveness. Many of the girls haven't picked up a basketball in two years and are learning the basic fundamentals of the game at the varsity level. Practice is often competition based, as the coaching staff is trying to create a positive atmosphere where winning is going to become an expectation.

**Coach's comment:** Although I'd like for our team to be able to be competitive and/or win every game this year, I'm very realistic based on the girls past basketball experiences. Our team goal is to get better every day, both individually and as a team. You can expect a team that works hard at both ends of the floor and plays together.

I'm very proud of their commitment and progress so far.



JOSEPH ABRAHAM | DEMOCRAT

The Liberty Indians went into holiday break on a two-game winning streak, defeating county foes Tri-Valley and Eldred. The team pictured from left is, back row: Assistant Coach Felix Colon, Londyn Guara, Colin Flynn, Ethan Werlau, Devante Loyce, Nasir Gibbs and Head Coach Chase Alexander. Front row, from left, Tanner Bury, Giovanni Dudley, Cody Ricco and Dylan Nichols.

RICHARD A. ROSS | DEMOCRAT

Front row from left to right, Charleanna Johnson, Angelica Rothberg and Victoria Rothberg. Back row from left to right, Coach Pete Dworetzky, Lorna DeWitt, Grace Wormuth, Alyssa Kavleski, Emily Curry, Angelina Rodriguez and Alli Dworetzky.

## Boys Basketball

Jan 18	at Ellenville	6:00 pm	12 O'Neill	2:30 pm	Feb 4	at Eldred	5:00 pm
19	at S.S. Seward	6:30 pm	15 at Burke	6:30 pm	8	at Fallsburg	6:00 pm
21	Burke	7:00 pm			10	at Monticello	6:30 pm
31	at Rondout	6:30 pm			11	at LM	5:00 pm
Feb 9	Fallsburg	6:30 pm			14	at LM	5/6:30 pm
11	Monticello	6:30 pm			16	Burke	7:00 pm
					18	at Rondout	5:45 pm

## Girls Basketball

Jan 14	Fallsburg	6:30 pm	12 O'Neill	2:30 pm	Feb 4	at Eldred	5:00 pm
18	at S.S. Seward	6:30 pm	15 at Burke	6:30 pm	8	at Fallsburg	6:00 pm
20	at Burke	6:30 pm			10	at Monticello	6:30 pm
					11	at LM	5:00 pm
					14	at LM	5/6:30 pm
					16	Burke	7:00 pm
					18	at Rondout	5:45 pm

## THALMANN'S SERVICE CENTER

Foreign & Domestic  
AUTO REPAIR & SERVICE  
and Complete COLLISION REPAIR  
& BODY PAINTING



*Best of Luck to All the Liberty  
Athletes and Cheerleaders!*

*Locally Owned & Operated*

Brakes • Shocks • Tires • Exhaust  
AC Services • Computer Diagnostics  
Alignments • Transmissions  
Regular Maintenance  
Certified NYS Inspection Station

188 Lake Street • Liberty, NY 12754  
CALL US TODAY! 845-292-4808

Play hard

FOCUS

Never Quit!

SCHMIDT'S  
wholesale, inc.

150 Jefferson Street  
Monticello, NY 12701  
845.794.5900  
www.schmidtswolesale.com



# Liberty Boys Indoor Track



Front row from left, Eric Llanos, Carlos Campos Castro, Konnar Williams, Nate Desrochers and Joseph Metz. Back row from left, Darian Jackson, Chase Racette, Juan Romero, Gabe Desrochers, Wayne Kratz and Elvin Osorio.  
Missing from photograph: Chris Goble.

RICHARD A. ROSS | DEMOCRAT

## Liberty Schedule

### Skiing

Jan 14	Holiday Mtn.	4:30 pm
18	Belleayre Mtn.	10:00 am
20	Mt. Peter	4:30 pm
21	Holiday Mtn.	4:30 pm
28	Holiday Mtn.	4:30 pm
Feb 1	Bellarye Mtn.	10:00 am
3	Holiday Mtn.	4:30 pm
4	Holiday Mtn.	4:30 pm

### Indoor Track

Jan 15	Tri-Valley	11:00 am
19	SUNY Sullivan	6:00 pm
20	OCIAA Scrimmage	5:00 pm
22	Monticello	11:00 am
26	SUNY Sullivan	3:15 pm
30	OCIAA Relays	4:00 pm
31	SUNY Sullivan	3:15 pm
Feb 7	SUNY Sullivan	3:15 pm
10	OCIAA Scrimmage	5:00 pm
12	OCIAA Divisional	3:00 pm
26	State Qualifier	5:30 pm

### Wrestling

Jan 15	at Highland	6:00 pm
19	at Fallsburg	6:00 pm
24	Onteora	6:00 pm
Feb 2	Chester	6:00 pm
4	Rondout Valley	6:00 pm
13	Sectionals	11:00 am

# Liberty Girls Indoor Track



RICHARD A. ROSS | DEMOCRAT

Left to right, Iris Ogden, Katrina Blais, Sandra Hanofee, Khushi Chaudhary. Missing from photo, Dianna Marty, Ashlyn Nivelto Cruz, Samya Sarita, and Elizabeth Kosto.

**Coach:** Richard Feeney

**Last season's record:** Unable to field an indoor team last year.

**Top returning players:** Katrina Blais

**Team strengths:** Sprints and hurdles.

**Need to work on:** Conditioning, learning the in's and out's of track and field, and figuring out which events are best suited for each athlete.

**Coach's comment:** We have a very young and inexperienced indoor team, so our goals are to familiarize our athletes with events and meet structure, work hard each day at practice and improve throughout the season, both individually and as a team. These girls are very competitive and are willing to try out different events to see where they can best help the team.



**Dr. Jorge R. Delgado**  
• Board Certified  
Chiropractic Neurologist  
• 30 Years of Experience

## EFFECTIVE, NATURAL RELIEF FOR:

- Headaches, Dizziness
- Neck Pain, Tight Muscles
- Shoulder & Arm Pain
- Low Back, Hip & Leg Pain

Because of the current circumstances with the Coronavirus – COVID-19 pandemic to ensure your safety and ours we are taking every necessary precaution. Please take care to keep safe and healthy.

**We thank all of the essential service providers for their dedication to our community!**



**Providing Personalized Chiropractic care for the entire family in this community for over 25 years.**

44 Lanahan Road,  
Monticello, NY 12701  
(845) 292-3455 • [www.spineinorder.com](http://www.spineinorder.com)

-and- 111 Sullivan Ave, Suite 1-1,  
Ferndale, NY 12734

Most insurance  
& HMOs  
accepted





# LIVINGSTON MANOR CENTRAL SCHOOL

## Livingston Manor Boys Basketball

ANTHONY MORGANO | DEMOCRAT

Standing from left, Nathan Bowers, Joseph Gould, Chris Ramirez, Cody Froehlich, Daniel Tobert, John Schroeder, Matthew Bowers, Lakoda DeWitt, Coach Charlie Hicks. Kneeling from left, Dakota Wilson, Zach Dertinger, Kevin Bear, Anthony Rivera.



### Livingston Manor Schedule

#### Boys Basketball

Jan 15	S.S. Seward	6:30 pm
21	Sullivan West	6:30 pm
28	Chapel Field	6:30 pm
Feb 3	at Eldred	7:00 pm
7	at Sullivan West	7:00 pm
9	at Roscoe	6:30 pm
11	at Tri-Valley	7:00 pm
15	Chapel Field	6:30 pm
17	at Sullivan West	7:00 pm

#### Girls Basketball

Jan 18	Chester	6:30 pm
20	at Sullivan West	7:00 pm
28	at Eldred	5:30 pm
31	Tri-Valley	6:30 pm
Feb 2	Eldred	5:30 pm
4	Chapel Field	5:00 pm
11	Fallsburg	6:30 pm
14	Multiple Schools	5/6:30 pm
16	Chapel Field	6:30 pm

**Coach:** Charles Hicks

**Last season's record:** 1-3

**Top returning players:** Joseph Gould, Nathan Bowers, Matthew Bowers

**Key losses to graduation:** Connor Gorr, Casey Leroy, Austin Fulton, James Linko, Devin Gonzalez

**Team strengths:** Size and depth

**Need to work on:** Our rotations and

finishing at the hoop

**Season goals:** To show improvement everyday and put ourselves in position to play for a division and sectional championship.

## Live Without Limits



1095 Texas Palmyra Hwy., Suite 1 • Honesdale, PA 18431

P: (570) 616-0665 F: (570) 616-0669

[www.murraypt.com](http://www.murraypt.com)

## Learning & Growing Child Care Center

Play, Learn and Grow Together

**Tammy Haass**  
**Melanie Jay**

60 Milanville Road,

P.O. Box 137

Beach Lake, PA 18405

570-729-7853

email [learnandgrowccc@gmail.com](mailto:learnandgrowccc@gmail.com)

**Enrolling Now!**





# Livingston Manor Girls Basketball



ANTHONY MORGANO | DEMOCRAT

From left, Navaeha Jones, Jocelyn Mills, Alyssa Peck, Kristina Davis, Sarah Evans, Jillian Carlson, Maggi Ross, Coach Maggi Fitzpatrick. Missing from photo, Hailey Wolcott.

**Coach:** Maggi Fitzpatrick  
**Last season's record:** Unsure (Covid)

**Top returning players:** Kristina Davis, Sarah Evans

**Key losses to graduation:** Samantha Severing, Caitlin Evans, Courtney Rampe, Mackenzie Carlson

**Team strengths:** This team is very hard working and determined to get better every day.

Other strengths include our speed and ability to work together.

**Coach's comment:** Our team is very young this year. Our goal is to build a solid foundation for the seasons to come, while remaining competitive in our division. I'm excited to see all of the growth the players will experience this season and hope to compete for a section title.

# Livingston Manor Cheerleading



ANTHONY MORGANO | DEMOCRAT

Back row from left, Emalee Schleiermacher, Kadi Simmons, Megan Cristaldi, Elizabeth Zakresky. Middle row from left, Stephanie Meade, Anthony Mendoza, Osei Helper. Bottom row from left, Emily Ball, Jill Conklin, Hayley LaNye, Sheone Santiago. Missing from photo, Gabriel Ivory.



**BERKSHIRE  
HATHAWAY**  
HomeServices

Peters Realty  
 6 Hamilton Ave., Monticello, NY 12701  
[www.BhhsPetersRealty.com](http://www.BhhsPetersRealty.com)

A member of the franchise of BHH Affiliates, LLC



Best of Luck  
to All Our  
Winter  
Athletes!

**Peter Feinberg**  
 Licensed Real Estate Salesperson

Cell: 845-866-1852  
 Office: 845-292-6333  
 Fax: 845-292-6020  
[peterfeinberg@petersrealty.com](mailto:peterfeinberg@petersrealty.com)



98160

**Go Wildcats!**  
**MANOR MOTORS INC.**  
 Complete Auto Repair Collision Repair  
 (845) 439-5447  
[www.manormotorsinc.com](http://www.manormotorsinc.com)  
**CORY GAEBEL**  
 7am-5pm Monday-Friday 477 Old Route 17  
 7am-12 Noon Saturdays Livingston Manor, NY 12758



# MONTICELLO CENTRAL SCHOOL

## Monticello Cheerleading

RICHARD A. ROSS | DEMOCRAT

Bottom row left to right, Mayah Romero, Mia Peña, Ariana Bailey, Jenah Johnson, Sydney Carnell, Mariana Valencia and Asia Butler.

Middle row from left to right, Annyah Cato-Lawrence, Unique Mercado, Gianna Giglio, Vanessa Vrancich, Laurie Diaz, Kaitlyn Lapomarede and Cheyenne Campbell.

Back row from left to right, Jayda Valentine, Iysis Drayton, Alexandra Jones, Olivia Graham, Christina Nastro, Maria Merrero, Jadyn Salzman, Elizabeth Green, Agzja Lawrence and Coach Kathleen Lasher.



# MAJEK FURNITURE

30 MATTRESSES ON DISPLAY  
**SLEEP BETTER TONIGHT!!!!**

**MONTICELLO**  
312 East Broadway  
(Across from Aldi's)  
**(845) 796-4800**



**FURNITURE  
FOR EVERY  
ROOM  
IN YOUR HOME!**

## OPEN 7 DAYS

[www.majekfurniture.com](http://www.majekfurniture.com)

*Best of Luck for a Successful Season!*

**24-HOUR**  
EMERGENCY SERVICE



**ENERGY  
SYSTEMS**

*A Division of Van Etten Oil & Propane*



**YOUR CENTRAL  
AIR CONDITIONING SPECIALIST**

**(845) 794-5511**  
**VEOEnergySystems.com**





RICHARD A. ROSS | DEMOCRAT

Front row from left to right, Enderson Abraham, Joseph Russo, Pedro Rodriguez, Shawn Jordan and Nohah Bolden-Jackson. Back row from left to right, Coach Chris Russo, Demetrius Edwards, Michael Mingot, Dylan Hardy, Donny Cano, Jadden Bryant, Keyon Armour and Judah Brown.

## Monticello Boys Basketball

**Coach:** Chris Russo

**Last season's record:** 1-1

**Top returning players:** Michael Mingot, Pedro Rodriguez

**Key losses to graduation:** Jordan Ruggiero, Julian Vasco

**Team strengths:** We are an athletic bunch committed to working hard every day. We have some versatile players that can present

match-up problems for other teams. Juniors Joseph Russo, Demetrius Edwards, and Dylan Hardy have added to the strength of our returners, Pedro Rodriguez, Michael Mingo, Enderson Abraham, Shawn Jordan and Jadden Bryant. Seniors Danny Cano and Nohah Bolden-Jackson have been nice additions to our

team, while Sophomore Judah Brown adds some athleticism and depth to our group of guards.

**Need to work on:** We can always improve on our fundamentals and basic skills. We have to learn to be better communicators, as we are a quieter group than the last 2 years.

**Coach's comment:** We are excited about the opportunity to play

and have fans in the building. We are bringing our best everyday. We have "#Volition" on our wristbands, and it represents our commitment to the program and each other. Energy, Effort, and Execution are what we are about. If each player on this team will bring those three Es everyday, we will be very tough to beat.

**Wishing all our Sullivan County Winter Teams a Winning Season!**



*We Are The Regions' Proven Leaders In Podiatry*  
Foot Surgery - Diabetic Shoes - All Foot & Ankle Conditions  
Foot Supports (Orthotics)

Monticello • Liberty • Callicoon • Port Jervis • Middletown • Monroe

845-692-3668

### Monticello Schedule

#### Boys Basketball

Jan	19	at Washingtonville	6:30 pm
	21	at Minisink	6:30 pm
	26	Washingtonville	6:00 pm
	28	Beacon City	6:30 pm
Feb	1	Cornwall	6:30 pm
	3	at Goshen	6:30 pm
	11	at Liberty	6:30 pm
	15	Port Jervis	6:30 pm

#### Girls Basketball

Jan	18	at Washingtonville	6:00 pm
	20	Minisink Valley	6:30 pm
	22	Washingtonville	2:30 pm
	28	at Sullivan West	6:30 pm
	31	Cornwall	6:30 pm
Feb	2	Goshen	6:30 pm
	10	Liberty	6:30 pm
	11	Ellenville	5:00 pm
	16	at Port Jervis	6:30 pm



# Monticello Girls Basketball

RICHARD A. ROSS | DEMOCRAT

Front row left to right, Yamilette Escobar, Morgan Hutchins, Nyilia Cole and Isabella Velasquez. Back row Julia Kurthy, Andraya Young, Amiah Neals, Janee Vias, Shayla Smalls and Najah Garvey. Not pictured: Aaliyah Mota, Karen Perilla-Buitrago and Gianna Demaio.



**Coach:** Ryan Jasper

**Last season's record:** 1-6

**Top returning players:** Aaliyah Mota, Shayla Smalls, Amiah Neals, Gianna DeMaio, Andraya Young,

Nyilia Cole

**Key losses to graduation:** Dez Williams, Cayshla Herrera

**Team strengths:** Best numbers in terms of players that we've had in

years.

**Need to work on:** Communication on the court.

**Coach's comment:** Our goal for the season is to qualify for sectionals.

## Monticello Schedule

### Skiing

Jan	14	Holiday Mtn.	4:30 pm
	15	Gore Mtn.	9:00 am
	18	Belleayre Mtn.	10:00 am
	19	Minnewaska	3:30 pm
	20	Minnewaska	3:30 pm
	20	Mt. Peter	4:30 pm
	21	Holiday Mtn.	4:30 pm
	28	Minnewaska	3:30 pm
	28	Holiday Mtn.	4:30 pm
Feb	1	Bellarye Mtn.	10:00 am
	1	Minnewaska	3:30 pm
	3	Minnewaska	3:30 pm
	3	Holiday Mtn.	4:30 pm
	4	Holiday Mtn.	4:30 pm
	8	Minnewaska	3:30 pm
	10	Minnewaska	TBD
	15	Mohonk Sectionals	12:00 pm
	28	Gore Mtn. States	TBD
Mar	1	Gore Mtn. States	TBD

### Indoor Track

Jan	15	Tri-Valley	11:00 am
	18	OCIAA Scrimmage	5:00 pm
	22	Multiple Schools	11:00 am
Feb	10	OCIAA Scrimmage	5:00 pm
	12	OCIAA Divisional	3:00 pm
	26	State Qualifier	5:30 pm

### Wrestling

Jan	19	at Beacon City	5:30 pm
Feb	2	Saugerties	6:00 pm
	11	Sectionals	4:15 pm
	12	Sectionals	11:00 am



*Best of Luck  
for a Winning Season*

## Assemblywoman Aileen Gunther

18 Anawana Lake Road, Monticello, NY 12701

845-794-5807

gunthera@nyassembly.gov

*Paid for by the Committee to Elect Aileen Gunther*

95330

**Go Get'em Panthers! Good Luck & Have Fun!**

## Jim's Automotive Service Center

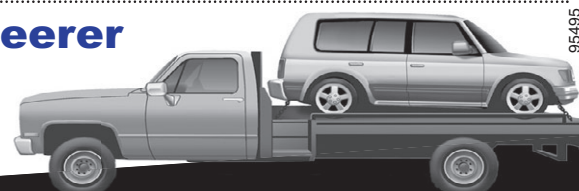
**Tires - New & Used • Brakes • Towing  
Exhaust • New York State Inspection**

**James J. Sheerer**

74 Jefferson Street

Monticello, NY

**845.794.3466**



95495



## Monticello Boys Indoor Track



RICHARD A. ROSS | DEMOCRAT

Standing from left, Frankie Giorgianni, Mario Rivas Ponce, David Cooper, Jadon Swasey, Tahir Denton, Ju'Juan Swasey, Rohan Patrick and Colin Canto. Kneeling from left, Dominic Giorgianni, Liam Burns, Christian Corces, Chris Pinto, Rickey Gonzelez, Austin Heller, Daniel Seminario and Bobby Pape-Laucella.

## Monticello Girls Indoor Track

RICHARD A. ROSS | DEMOCRAT

Standing from left, Kalene Harris, Maya Fernandez, Chelsea Reynolds and Taina DeJesus. Kneeling from left, Sophie Atlas, Diya Patel and Abianna Robinson.



### 'Sullivan County's Official'

## Winter Sports Guide

Published by  
*Catskill-Delaware Publications, Inc.*

Publishers of the

SULLIVAN COUNTY  
**Democrat**

(845) 887-5200

Callicoon, NY 12723

January 14, 2022 • Vol. CXXXI, No. 63

Proud Member of  
**NYPA**  
NEW YORK PRESS ASSOCIATION  
Serving the weekly  
community newspapers of  
New York State since 1853

MEMBER  
**NNA**  
Since 1915  
NATIONAL NEWSPAPER  
ASSOCIATION

Publisher:	Fred W. Stabbert III
Managing Editor:	Joseph Abraham
Editor:	Matt Shortall
Sports Editor:	Anthony Morgano
Editorial Assistants:	Kathy Daley, Richard Ross, Jeanne Sager, Derek Kirk
Advertising Director:	Liz Tucker
Assistant Advertising Director:	Barbara Matos
Advertising Representative:	Susan Panella
Production Manager:	Petra Duffy
Business Manager:	Susan Owens
Assistant Business Manager:	Patricia Biedinger
Telemarketing Coordinator:	Michelle Reynolds
Monticello Office Manager:	Margaret Bruetsch
Classified Manager:	Janet Will
Production Associates:	Rosalie Mycka, Elizabeth Finnegan, Nyssa Calkin, Katey Dnistrian, Jessica Roda
Circulation Managers:	Molly Seidl, Lillian Ferber
Circulation and Distribution:	Anthony Bertholf, John Fischer, Phil Grisafe



# Monticello Wrestling

**Coach:** Jack Piscitelli

**Team strengths:** Leadership by our captains and the work ethic of the entire team.

**Need to work on:** Continuing to wrestle with confidence.

CONTRIBUTED PHOTO

Back row from left (coaches), Daniel Decarlo, Justyn Kelly, Jack Piscitelli and NaJee Shachelford.

Middle row from left, Blaze Zeiningner, Matthew Finnerty, Logan Demaio and Irvin Oestrich.

Front row from left, Leo Messenger, Isaac Hernandez, Alex Poitras.

Missing from photo, Alexis Castro and Jesse Corces.



**Best of Luck to Our Monticello Athletes & Cheerleaders  
for a Winning Season. Go Get 'Em Panthers!!**

**BLACK BEAR  
FUEL OIL**

**PLUMBING, HEATING & A/C**

**REPAIRS, INSTALLATION & FINANCING AVAILABLE**

**24/7  
Emergency  
Service**

**845-791-8900**

**www.BlackBearFuel.com**

Serving Sullivan County







# ROSCOE CENTRAL SCHOOL

## Roscoe Boys Basketball



**Coach:** Mike Hill

**Last season's record:** 2-3

**Top returning players:** Alaniz Ruiz is the only returning starter. Ben Ackerly and Matthew Hogan are returning also.

**Key losses to graduation:** KJ Feeney, Brenden Ryder, Collin Garofolo, David Diaz, Aaron Steele

**Team strengths:** We have a bit more size this year. This should help our inside game and rebounding.

**Need to work on:** We need to improve our defense. With that means boxing out and reducing second chance opportunities for the competition.

**Coach's comment:** We can expect to be competitive in every game. The boys love basketball and being teammates, and I hope that harmony extends to our success on the court.

ANTHONY MORGANO | DEMOCRAT

Front row from left, Alaniz Ruiz, Jack Madera. Back row from left, Ben Ackerly, Eric Tomah, Anthony Teipelke, Russ Hodge, Matthew Hogan and Coach Mike Hill.

*Wishing  
All Our  
S.C.  
Athletes  
&  
Cheerleaders  
the Best  
of Luck  
for a  
Winning  
Season!*

**COURTYARD BAR**

Food & Drinks Open 7 Days All Year

Outdoor Patio on Golf Course  
with beautiful view

**COURTYARD PUB**

607-498-4130 182 Rockland Road | Roscoe, NY 12776

### Roscoe Schedule

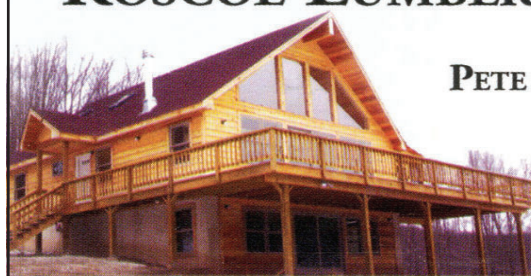
#### Boys Basketball

Jan 15	Downsville	2:15 pm	Feb 1	at Fallsburg	7:00 pm
19	at Tri-Valley	7:00 pm	3	Chapel Field	6:30 pm
21	S.S. Seward	7:00 pm	9	Livingston Manor	6:30 pm
24	Sullivan West	6:30 pm	15	Eldred	6:30 pm
			17	Tri-Valley	6:30 pm

## ROSCOE LUMBER YARD, INC.

PETE MERLIN J.R.

"Quick Service"



607-498-4131 • Fax 607-498-5655

Box 100 • 25 Railroad Avenue • Roscoe, N.Y. 12776  
RoscoeLumberYard@yahoo.com





# SULLIVAN WEST CENTRAL SCHOOL

## Sullivan West Boys Basketball

**Coach:** John Meyer

**Last season's record:** 6-5

**Top returning players:**  
Chris Campanelli, Dylan Sager, Tariq Gambari

**Key losses to graduation:**  
Ryan Mace, Cody Powell, Justin LeConey, Jason Lowe, and Dan Hemmer.

**Coach's comment:** We are working hard to get bet-

ter every day in practice. Hopefully through hard work we can win our league games and make sectionals. Our league is tough and every game is a battle. They are good teams and have very good players and coaches, so we need to be at our best to be successful!



RICHARD A. ROSS | DEMOCRAT

Front row from left, Jacob Hubert and Matt Dubois. Middle row from left, Andrew Hubert, Justin Grund, Jaymes Buddenhagen, Gavin Hauschild, Ray Jones, Will Nearing. Back row from left to right, Dylan Sager, Jordan Ackelrad, Peter March, Chris Campanelli, Tariq Gambari, Daniel Shami and Oscar DeChalus.

### Sullivan West Schedule

#### Boys Basketball

Jan 18	Chapel Field	5:00 pm
19	Eldred	6:30 pm
21	at Livingston Manor	6:30 pm
24	at Roscoe	6:30 pm
29	at O'Neill	1:30 pm
31	S.S. Seward	7:00 pm
Feb 3	at S.S. Seward	6:30 pm
7	Livingston Manor	7:00 pm
9	at Chester	6:30 pm
15	at Tri-Valley	6:30 pm
17	Livingston Manor	7:00 pm

#### Girls Basketball

Jan 18	at Eldred	5:30 pm
20	at Livingston Manor	7:00 pm
28	Monticello	6:30 pm
Feb 2	S.S. Seward	7:00 pm
8	Chester	7:00 pm
11	at Liberty in LM	5:00 pm
14	at Livingston Manor	5/6:30 pm
16	Tri-Valley	6:30 pm

#### Skiing

Jan 18	Belleayre Mtn.	10:00 am
20	Mt. Peter	4:30 pm
21	Holiday Mtn.	4:30 pm
28	Holiday Mtn.	4:30 pm
Feb 1	Bellarye Mtn.	10:00 am
3	Holiday Mtn.	4:30 pm
4	Holiday Mtn.	4:30 pm

#### Indoor Track

Jan 15	Tri-Valley	11:00 am
18	OCIAA Scrimmage	5:00 pm
19	SUNY Sullivan	6:00 pm
22	Warwick	11:00 am
26	SUNY Sullivan	3:15 pm
30	OCIAA Relays	4:00 pm
31	SUNY Sullivan	3:15 pm
Feb 7	SUNY Sullivan	3:15 pm
9	OCIAA Scrimmage	5:00 pm
12	OCIAA Divisional	3:00 pm
26	State Qualifier	5:30 pm

### Wishing you a successful season!

Hometown optometrist and friendly staff providing professional and personalized experience

**Advanced ocular technology for optimal vision and eye health**

Comprehensive Eye Examinations • Diabetic Eye Exams  
Testing for Glaucoma, Cataracts and Macular Degeneration  
Eye Emergencies • Foreign Body Removal  
Dry Eye Treatment

Latest in fashion eye wear • Contact Lenses

**ACCEPTING NEW PATIENTS**

Dr. Maegan Sauer-Erlwein, OD (845) 482-2425

**Come as a patient and leave as a friend**

4895 St. Rt. 52, Jeffersonville, NY 12748 • [www.EyesOnMainSt.com](http://www.EyesOnMainSt.com)  
Monday 9 am - 2 pm, Tuesday - Friday 9 am - 5 pm and closed Saturday/Sunday



**Good Luck & Good Health.**

Wishing a healthy return to all our fall athletes, students and teachers.

## The Ultimate Wood Heat.

Set the thermostat where you want for a more comfortable home.

- **More Comfort** - Thermostatically controlled wood heat.
- **Peace of Mind** - Keep the fire outside and eliminate the dangers associated with indoor wood heating.
- **Save Money** - Wood is a renewable, inexpensive and often free energy source.
- **Durability** - Long-lasting, stainless steel firebox.

The Classic Edge HDX is U.S. EPA Certified



**Halloran Outdoor Boilers, LLC**  
~ Sales & Service ~

Eliminate High Heating Bills!

Phone/Text - 845-594-7504  
(24 Hours A Day)

email: [halloranoutdoorboilers@gmail.com](mailto:halloranoutdoorboilers@gmail.com)



**CLASSIC EDGE**  
TITANIUM HDX

Outdoor Wood Furnace

**CentralBoiler.com**



# Sullivan West Girls Basketball

**Coach:** Pat Donovan

**Last season's record:** 1-2

**Top returning players:** Riley Ernst, Taylor Wall, Brielle Arnott, Grace Boyd, Mia Nunnari, Taylor Brustman

**Team strengths:** Our cohesiveness. Many of these girls have been together for three years. Another strength that we have is our depth. We have a lot of girls that can play at any time. It's nice to have such a versatile team.

**Need to work on:** Our communication and protecting the basketball.

**Coach's comment:** Our goals are to be competitive in all of our games this season and find ourselves in postseason play.



RICHARD A. ROSS | DEMOCRAT

Front row from left, Grace Boyd, Brielle Arnott, Kaylee DiBiase, Georgeanne Cardona, Mia Nunnari. Back row from left, Paige Muzuruk, Felicity Bauernfeind, Taylor Wall, Elaine Herbert, Riley Ernst and Taylor Brustman.

## NEW YEAR SPECIALS

*A New Year Deserves a Fresh Start.*

**5 hour clean \$150**  
**3 hour clean \$80**



**Good Luck**  
**Sullivan West**  
**BULLDOGS**



cvreevesconstruction@gmail.com | 845 252 3995  
www.reevesmountain.com

residential | commercial | construction | home management

Available January, February, & March



# SW Boys Indoor Track

**Coach:** Stephen Rogers

**Team strengths:** Our team strengths are that we are very hard working and a determined team. We have a well balanced team from sprinters, mid distance/distance and throwers. We are working hard on proper form within our events and pushing for a successful season and looking to beat last year's personal records.

**Need to work on:** As a team we are well balanced and very talented. The only thing that we need to work on is to continue to keep working on

proper form within our events and to keep up the teamwork.

**Coach's comment:** Being a new coach at Sullivan West, I want the team to be better than they were the day before. I stress to the athletes that, "I want you to put it all out in your events and just be better than you were the day before." I want our team to want to be better than they were the day before, which I have seen with the athletes. They are all determined and hungry to be better.

RICHARD A. ROSS | DEMOCRAT

Bottom left to right, Dominic Perez, Mack Zadubara and Ryan Joyce-Turner. Top left to right: Landon Volpe, Dillon Hansmaier and Jared Kratz.



# HIGH SCHOOL DISCOUNTS AVAILABLE!

Bring this ad  
to receive  
\$15 off next  
\$100 purchase.



## Shoes. Apparel. Inspiration.

3 West Olive Street, Scranton, PA 18508  
570-955-0921 | [scrantonrunning.com](http://scrantonrunning.com)

Not to be redeemed with any other offers. Expires April 30th, 2022.

98451

VILLA  
ROMA  
RESORT & CONFERENCE CENTER

# Get Fit for Life — for less



**\$25**/mo  
3 Months for \$65/mo  
12 Months  
- SAVE Even More!

Flex Appeal Gym at Villa Roma is a spacious, clean 6,000 square foot facility featuring treadmills and stationary bikes for cardio workouts, machine weight stations, free weights and classes. We offer the lowest monthly membership fees in the area. Members enjoy access to our indoor racquetball courts and pool.

**VILLAROMA.COM**   
845-887-4881 X 7503



## SW Girls Indoor Track



RICHARD A. ROSS | DEMOCRAT

Bottom left to right, Sophie Wilkin, Brooke DeCarlo, Kaydence Everitt and Aubrey Jett. Top left to right, Keely Shock, Samantha Everett, Paige Parucki, Kayla Wilson and Kathryn Widmann. Missing from Photo: Cheyenne Decker.

## Sullivan West Cheerleading



RICHARD A. ROSS | DEMOCRAT

Front row from left, Emily Umbaugh, Amanda Dirig, Isabelle Alicea and Bella Wagner. Second row from left, Angela Cordishi, Ceshia Ulatoski and Becca Brewer. Third row from left, Allie Sierens, Madeline Kask and Rosalyn Tanner.



*Best of luck to all the  
Sullivan County  
Winter Sports Teams!*



(845)482-4000  
www.jeff.bank



*Have a great Season... Go Get'em Bulldogs!*  
**Jeff Sanitation, Inc.**

– RESIDENTIAL GARBAGE SERVICE –



RUBBISH REMOVAL  
DUMPSTERS AVAILABLE  
10, 15, 20 & 30 YD.  
ROLLOFFS AVAILABLE



P.O. Box 387, Jeffersonville, NY 12748 • (845) 482-0926

PROTECT • EDUCATE • SERVE

**THE WESTERN SULLIVAN  
UNITED TEACHERS & SCHOOL RELATED  
PROFESSIONALS...**



*...are proud of our students and their achievements.  
Working together, we enhance our children's future!*





CONTRIBUTED PHOTO

From left to right, Coach Scott Scardino, Tyler Stevenson, Parker Tyler, Lucia Kennedy, Caden Allen, and Coach Lionel Billard.

## Sullivan West Alpine Skiing

**Coach:** Lionel Billard

Asst. Scott Scardino

**Last season's record:** 6-6

**Top returning players:** Lucia Kennedy, Caden Allen, Parker Tyler, Tyler Stevenson and Matt Gattus

**Key losses to graduation:** Taylor Tyler, Zach Stevenson, Connor Kavleski and Adam Guiczek

**Team strengths:** This is a very young team. Tyler Stevenson tested up from eighth grade and will be part of the varsity team. We have a lot of good energy and spirit.

**Need to work on:** With a young team, we lack mental ability to visualize the race course. Being able to pick out hair pins, delays, and flushes.

**Coach's comment:** I hope to move the team's ability to more of a competitive state. We need to concentrate on basic skiing drills and course set.

### Best of Luck to Our Sullivan West Winter Teams for a Winning Season!



Law Offices of  
William H. Chellis, PC  
Attorney and  
Counselor at Law

Real Estate • Workers Compensation  
Social Security Disability  
General Practice • DWI

27 Maple Avenue, Jeffersonville, NY  
(845) 482-3405 • william@chellislaw.com

Wishing Our  
Sullivan West Teams  
the Very Best of Luck  
for a Winning Season!

# T&T AUTO BODY

COMPLETE Auto Service

Work 100% GUARANTEED

Specializing in

**COLLISION REPAIR**  
Spray Booth  
Frame Machine

Insurance Estimate  
All Insurance Accepted

**TOWING & RECOVERY**

**You Have the Right  
TO CHOOSE  
YOUR REPAIR SHOP!**

3471 Rt. 55, White Lake, NY  
845-583-4262

**GOOD LUCK SULLIVAN WEST! HAVE A GREAT 2022 SEASON!!**



**MIKE PREIS INC.**  
INSURANCE AGENCY

Auto ~ Home ~ Motorcycle

Business ~ Life ~ Long Term Care ~ Health Insurance

98597



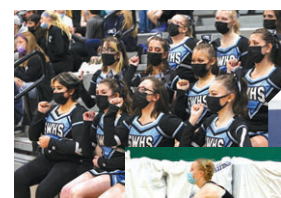
4898 State Route 52, Jeffersonville, NY 12748  
845.482.5510 www.mikepreis.com



From,  
Dr. Kathleen Bressler,  
Interim Superintendent



**Good luck this season, Sullivan West Bulldogs!**  
**We are very proud of you!**



98582





# TRI VALLEY CENTRAL SCHOOL

## Tri-Valley Boys Indoor Track



RICHARD A. ROSS | DEMOCRAT

Kneeling from left, Van Furman, Chris Russo, Dayne Wall, Noah Edwards, John Woods, Tyler Conjura, Nick Bender, Kristoff Guanzon, Cole Terwilliger, Reese Shelmandine, Thomas Houghtaling. Standing from left, Jacob Lucak, Owen Mejia, Connor Weyant, Mark Klein, Connor Rafferty, Michael Squires, Caleb Edwards, Armaan Butler, Adam Furman, Noah Jucha, Talan Scanna, Vincent Mingo, Coach Furman. Not pictured: Craig Costa and Matthew Klein.

**Coach:** Chip Furman

**Last season's record:** No season due to Covid.

**Top returning players:** Adam Furman, Caleb Edwards, Michael Squires, Noah Jucha, Connor

Rafferty

**Team strengths:** Two of our team strengths are versatility and youth. In order to win championships you must have athletes score in a variety of events. It is dif-

ficult to win if you only have distance runners, or sprinters, or field event athletes. Our team has talent in all of these areas, and most of them have a few years left to build up those talents.

**Need to work on:** Our team is young and we are constantly working on strength and technique. This will create a solid foundation for these athletes to build off of.

BEST WISHES TO ALL THE WINTER SPORTS TEAMS,  
ESPECIALLY THE TV BEARS!!

**COOMBE,  
& BENDER  
COMPANY**

Financial Planning & Investment Management

*Investment Advisors Creating and Preserving Wealth*

Philip Coombe III, CFP®

Catherine M. Coombe, CFP®

Lynn McDonald

*Office locations:*

**Main Office:**

P.O. Box 333 / 6872 Route 209  
Wawarsing, NY 12489

548 Broadway  
Monticello, NY 12701  
Call for appointment

Phone (845) 647-4800 • (800) 4 COOMBE

[www.coombebender.com](http://www.coombebender.com)

Email: [pcoombe@coombefinancial.com](mailto:pcoombe@coombefinancial.com)

HAVE FUN!

**J.B. MAK BUILDING**

*Harman Stoves Authorized Dealer*

Installation ♦ Services ♦ Cleaning

*Premium Hardwood Pellets*

**Lopi, Avalon & FPX Gas & Wood Stoves / Fireplaces / Holland Gas Grills**

Ph: **845-292-6338**

Fax: **845-292-6352**

4 BON JOVI LANE ♦ LIBERTY, NY 12754

**[www.jbmakrental.com](http://www.jbmakrental.com)**



**Justus Asthalter**  
*Maple Syrup, Inc.*

**Go Bears!**

*Fully Stocked Glass & Plastic Inventory*

*The Boyer Family*  
865 Aden Rd, Parksville, NY 12768  
(845) 292-8569  
[justusmaple@gmail.com](mailto:justusmaple@gmail.com) • [www.justusmaple.com](http://www.justusmaple.com)  
Serving NY, PA and NJ for 4 Generations

*Authorized Dealers for*  
**LEADER** **sugarhill**  
CONTAINERS



# Tri-Valley Boys Basketball



JOSEPH ABRAHAM | DEMOCRAT

The Tri-Valley Bears' Basketball team pictured back row from left, Peter Wowk, Andrew Cox, Brandon Kaplan, Zachary Kitaychik, Ian Mullen, Vanya Khodakovski, Brian Kelly and Coach Kevin Delaney. Front row from left are, Dylan Poley, Shane Williams, Gavin Clarke, Josh Carmody, David Allison, Austin Hartman and Ethan Mentnech.

**Coach:** Kevin Delaney

**Last season's record:** 4-3

**Top returning players:** Andrew Cox, Brian Kelly

**Key losses to graduation:** John Maiori and Thomas Lynch.

**Team strengths:** Defense

**Need to work on:** Consistency

and rebounding

**Coach's comment:** Our goal this season is to be competitive within our league, with hopes to compete for sectionals. We expect to be a fast paced team that plays hard defense and looks to attack on offense.

# Tri-Valley Girls Basketball

**Coach:** Jason Closs

**Top returning players:** Theresa Conway, Jocelyn Mungeer, Anna Streimer, Jenna Carmody

**New players to watch:** Mackenzie Closs, Riley Kelly, Abigail Mentnech, Emily Rusin, Clare Verbert

**Key losses to graduation:** Danielle Bertholf, Madison Botsford, Juliana Kessler, Rebecca Musa, Macy Shamro

**Team strengths:** Hardworking and coachable

**Need to work on:** Girls Varsity Basketball experience and improving as a team.

**Coach's comment:** This year's team is hardworking, coachable and eager to improve. Our goal is consistent improvement as a team on and off the court throughout the season.



ANTHONY MORGANO | DEMOCRAT

From left, Mackenzie Closs, Jenna Carmody, Riley Kelly, Clare Verbert, Emily Rusin, Jocelyn Mungeer and Coach Jason Closs. Missing from photo, Theresa Conway, Anna Streimer and Abigail Mentnech.



Here's to a  
**Great Season!**



**BE FEARLESS**

Home of the Tri Valley Bears  
Excellence in  
the Classroom and in Athletics





# Tri-Valley Girls Indoor Track

RICHARD A. ROSS | DEMOCRAT

From left to right, Kendall McGregor, Amelia Mickelson, Chrissy Wachter, Mya Ibarra, Lily Siciliano, Tabitha Mulholland and Coach Tyler Eckhoff. Not Pictured: Maggie Travis, Ashley Miller

**Coach:** Tyler Eckhoff

**Last season's record:** N/A

**Top returning players:** Amelia Mickelson, Kendall McGregor

**Key losses to graduation:** Jordan Costa

**Team strengths:** Youth. The team is incredibly young with many of the athletes being sophomores and freshmen. We are hoping the success of this young crew will recruit more athletes in future years.

Progress. Athletes returning from spring track and/or cross country have shown tremendous progress in all aspects of the sport. They are driven to progress even further.

**Need to work on:** Numbers. We are slowly seeing our roster

numbers rise each season as athletes are having success and recruiting friends to "play" track and field. Overall, we want more people on the team and expect to have more come outdoor track and field.

**Coach's comment:** Despite a small roster, we expect to compete at our championships (Sullivan and Divisional). Our numbers might not be giant, but our athletes' hearts and competitiveness is. Expect a battle when a Tri-Valley girl lines up next to you in a race or in a field event. Tri-Valley has a strong reputation on the girls side and these athletes are working to push Tri-Valley further in every event they compete in.



## Tri-Valley Cheerleading



CONTRIBUTED PHOTO

From left to right, Darlene Miller, Coach Jenifer Edwards and Cecelia Poje. Missing from photo: Dallas Lapolt and Emily Young.

**OUR ER TIME IS FASTER.**  
AVERAGE WAIT TIME OF 10 MINUTES OR LESS.

Ellenville Regional Hospital offers quality, compassionate emergency care when you need it most.

Providing effective and fast care in our **NEWLY RENOVATED** Emergency Department.

Get the care you need, without the wait.



## GOOD LUCK TO THE TRI-VALLEY TEAMS!



SOLVE YOUR STORAGE PROBLEMS WITH GREY'S WOODWORKS!

*Building with You in Mind since 1979*

### Your Total Storage Solution!

- Storage sheds and custom garages, in a wide variety of sizes and styles
- Selection of gazebos, pool houses, outdoor furniture and picnic tables
- Visit our outdoor display!

**GREY'S WOODWORKS**  
STORAGE SHEDS AND GARAGES

Call one of our locations to learn more about our hours  
Grahamsville – 845.985.7006 | Highland – 845.883.3222 | Goshen – 845.985.3084

7862 Route 55 | P.O. Box 420 | Grahamsville, NY 12740 | 845.985.7006  
599 Route 299 Highland, NY 12528 | 845.883.3222 | 1A Matthews St., Goshen, NY 10924 | 845.985.3084

GREYSWOODWORKS.COM



# Tri-Valley Boys Alpine Skiing

**Coach:** Janet Carey

**Last season's record:** 9-3

**Top returning players:**

Austin Hartman, Brendan Schultz, Colin Pavese

**Key losses to graduation:**

Carsen Terwilliger

**Team strengths:** Except for Carsen (at RIT), our team from last year is back. With experi-

ence and a positive work ethic, our team should be competitive this year. The leadership of the older members, teamwork and positive attitudes should contribute to their mission.

**Need to work on:** We need on-snow and in-course time for training as the weather has

not been favorable.

**Coach's comment:** All of our team members have the goal of qualifying individually for sectionals, as they did last year. As a team, we hope to improve our record and be competitive at the division and sectional levels.

## Tri-Valley Schedule

### Boys Basketball

Jan 14	at Fallsburg	6:00 pm
19	Roscoe Central	7:00 pm
Feb 3	at Chester	6:30 pm
9	at S.S. Seward	6:30 pm
11	Livingston Manor	7:00 pm
15	Sullivan West	6:30 pm
17	at Roscoe	6:30 pm

14	Eldred	5:30 pm
16	at Sullivan West	6:30 pm
18	at Ellenville	6:15 pm

### Skiing

Jan 14	Holiday Mtn.	4:30 pm
18	Belleayre Mtn.	10:00 am
20	Mt. Peter	4:30 pm
21	Holiday Mtn.	4:30 pm
28	Holiday Mtn.	4:30 pm
Feb 1	Bellarye Mtn.	10:00 am
3	Holiday Mtn.	4:30 pm
4	Holiday Mtn.	4:30 pm

20	OCIAA Scrimmage	5:00 pm
22	Goshen	11:00 am
26	SUNY Sullivan	3:15 pm
31	SUNY Sullivan	3:15 pm
Feb 2	SUNY Sullivan	3:15 pm
7	SUNY Sullivan	3:15 pm
9	OCIAA Scrimmage	5:00 pm
12	OCIAA Divisional	3:00 pm
26	State Qualifier	5:30 pm

### Wrestling

Jan 19	at Fallsburg	6:00 pm
26	at Rondout Valley	6:00 pm
28	at Fallsburg	6:00 pm
Feb 2	at Ontario	6:00 pm
4	at Fallsburg	6:00 pm
13	Sectionals	11:00 am

### Indoor Track

Jan 15	Multiple Schools	11:00 am
19	SUNY Sullivan	6:00 pm

### Girls Basketball

Jan 15	O'Neill	1:30 pm
20	at S.S. Seward	6:30 pm
28	Fallsburg	6:30 pm
31	at Livingston Manor	6:30 pm
Feb 2	at Chester	7:00 pm
8	S.S. Seward	6:30 pm

# Fallsburg/Tri-Valley/Liberty Girls Alpine Skiing

**Coach:** Janet Carey

**Last season's record:** 6-6 for Fallsburg/T-V and 2-10 for Liberty.

**Top returning players:** Sierra Kaplan - Fallsburg, Grace Gozza - T-V

**Key losses to graduation:** Gabrielle Pantel (RIT) - Fallsburg, Emily Schmidt (Sienna) - Tri-Valley

**Team strengths:** This is a young team off to a great start. With the addition of Liberty, there are

enough girls to have a team score. Qualifying for sectionals is an individual goal of each girl.

**Need to work on:** The girls need time on the snow and in the SL and GS courses, as well as additional big mountain skiing to help in race preparation.

**Coach's comment:** The girls have not yet worked together, but will certainly enjoy the opportunity when snow arrives.

See the  
Tri-Valley/Fallsburg  
Wrestling Team  
in the Fallsburg  
Section starting on  
page 6W.

**Win Big Bears!!!**



**Sheeley Oil & Excavating, Inc.**

Fuel Oil • Kerosene  
Driveways Built • Oil & Chip  
Septic Systems • Drainage Roads Built,  
Driveway Plowing & Sanding  
Phone: (845) 985-2231 Fax: (845) 985-0186  
PO Box 255, Claryville, NY 12725 • suesheelley@gmail.com

**BEST OF LUCK TRI-VALLEY BEARS!**

**FIREWOOD AVAILABLE**

**BLOOMING GREEN LAWN SERVICE**



**Ben Knight**

Over 25 years of Custom Lawn Service

Neversink, NY • (845) 985-0516  
www.bloominggreenlawnandlandscape.com

If it grows by day, have it cut by Knight

98769



**GO  
TV BEARS!**

Available throughout the Mid-Hudson and Catskills at Peck's Markets, Main Street Farm,  
Neversink General Store, Soons Orchards, Emmanuel's Marketplace and Fishkill Farms

**845-985-7815**

98175

**Catskill Mountain  
Sugar House, LLC**

10 Sugarhouse Lane, Grahamsville, NY 12740

Producers of  
maple syrup, maple cream & sugar

Supplying local vendors year-round

**WIN BIG!**

Fully Insured



(845) 295-5462

**BOYES & TORRENS CONSTRUCTION  
HOME IMPROVEMENT**

Vinyl Siding • Seamless Gutters • Replacement Windows  
Roofing • Decks • Kitchen & Baths • Garages/Additions • New Homes

844 Aden Rd., Parksville, NY 12768

98608

*Good Luck T.V. Bears!*

**Walter F. Garigliano &  
Barbara A. Garigliano**

95220



# Keep on Top of All the Local News...

Subscribe to Sullivan County's  
ONLY Twice-Weekly Newspaper,  
the Sullivan County Democrat  
To find out what is happening in  
your community.



CALL 845-887-5200 TODAY  
TO START HOME DELIVERY.

Have a Winning Season from all your friends at...



## Bennett Lawn & Log LLC

SMALL ENGINE SPECIALIST

SALES & SERVICE FOR

Briggs & Stratton • Tecumseh • Kohler  
Husqvarna • Stihl • Poulan Pro • Dolmar

Lawnboy • Toro/Wheelhorse • Ariens • Kawasaki  
Honda Engines and more



Bruce & Alan  
Bennett

(607) 637-2277

1139 CADOSIA RD.  
HANCOCK, NY 13783

98939

## BRACESETTERS ORTHODONTICS

AWARD WINNING SMILES FOR KIDS, TEENS, & ADULTS!

 **invisalign**  
**Colorful &  
Clear Braces**



FREE CONSULTATION | FOUR CONVENIENT LOCATIONS  
[WWW.BRACESETTERS.com](http://WWW.BRACESETTERS.com) (845) 342-1300

98940



Since 1984  
**MIDDLETOWN  
MEDICAL**  
*because it's all about you.*

# Your child's safety is our priority.

Middletown Medical, PC is your trusted  
resource for keeping your child safe, healthy,  
and successful this winter season:

PCR TESTING WITH 24-HOUR RESULTS  
RAPID TESTING WITH 2-HOUR RESULTS  
HIPAA-COMPLIANT APP & PORTAL FOR RESULTS  
COVID-19 VACCINATIONS & BOOSTERS

[WWW.MIDDLETOWNMEDICAL.COM](http://WWW.MIDDLETOWNMEDICAL.COM) | 845.342.4774