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ONE
FREE



Sullivan County

Farmers Markets

A Special Section of the
SULLIVAN COUNTY DEMOCRAT

June, 2021
Section F
Callicoon, N.Y.

TAKE ONE FREE

MARKET
OPEN
TODAY



BFM

Increasing access to fresh produce

BY ASHLEY TULLY
 AGRICULTURE PROGRAM COORDINATOR,
 CORNELL COOPERATIVE EXTENSION SULLIVAN COUNTY

It's that time of year, and our Sullivan Catskills Farmers' Markets are open for the season. Our local farmers' markets make fresh food easily accessible to Sullivan County. Markets help to address barriers to fresh fruits and vegetables within communities through outreach, incentives, nutrition education, cooking demonstrations, and multi-lingual materials.

accept different incentive programs, which help to promote improved nutrition through increased consumption of locally grown fresh fruits and vegetables and along with increased education of how to purchase, store, and prepare fresh produce.

There are a number of different programs unique to farmers' markets including the Farmers' Market Nutrition Program, Supplemental Nutrition Assistance Program (SNAP)/EBT,



A number of farmers' markets



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Farmers Markets

'Helping to keep Sullivan County healthy'

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Fresh Connect and the SNAP/EBT Double Up Bucks. The Sullivan Fresh Program and the Liberty Farmers' Market are key to implementation of these different incentive programs. At both the Sullivan Fresh Markets and the Liberty Farmers' Market, we are proud to offer customers the option of paying their way, as we accept all forms of payment, including the incentive programs listed above.

The Liberty Farmers' Market is operated by Catskill Mountain-keeper and runs every Friday from 3-6 p.m., from June 18 – September 17. The Sullivan Fresh Initiative, operated by Cornell Cooperative Extension Sullivan County, helps to provide fresh fruits and vegetables in food desert communities, while supporting local agriculture.

The Sullivan Fresh initiative operates a farmers' market in Monticello every Monday, from 10:30 a.m. – 1 p.m., from July 5 – September 27, and four different mobile farmers' market stops on Wednesday and Thursdays in Lib-

erty, Loch Sheldrake, Wurtsboro and South Fallsburg from June – October. Visit www.sullivancce.org/agriculture/sullivan-fresh for a complete schedule.

Using your Supplemental Nutrition Assistance Program benefits at these markets will more than triple your value on fresh produce, literally. The Sullivan Fresh Markets and the Liberty Farmers' Market participates in two programs that strengthen SNAP dollars at Farmers Markets — FreshConnect and Double-Up Bucks. FreshConnect offers \$2 check for every \$5 dollars spent on your SNAP/EBT card. Double-Up Bucks is a 1-to-1 SNAP/EBT Matching program, new to Sullivan County in 2021.

How it works: Customers will go to the Market's Info booth when they arrive at the Farmers' Market. Customers will swipe SNAP/EBT/P-EBT card for the amount they plan to spend. They will then receive funds in \$1 SNAP tokens to use at vendor booths or directly at the Sullivan Fresh mobile farmers' market. For every \$1 of EBT,

the market will MATCH your tokens. (Maximum amount of matching funds is \$20 per shopper/per market day) For Every \$5 of EBT, customers will also receive an extra \$2 dollars in FreshConnect checks.

For example, if I spend \$5 dollars on my SNAP/EBT card at the Market, I receive an extra \$7 dollars to spend at that market, turning my \$5 dollars into \$12 towards fresh fruits and vegetables.

Once you receive your SNAP/EBT tokens and Double Up and Fresh Connect coupons from the Market's Info booth, visit any vendor who sells SNAP-eligible foods (such as fruits, vegetables, breads, meats, eggs, cheese, etc.) to make your purchase. No change will be given for SNAP tokens. Use your extra market match to buy fruit, vegetables, herbs, mushrooms, vegetable plant starts and seeds from farm vendors.

The Farmers Market Nutrition Program (FMNP) and the Senior Farmers Market Nutrition Program (SFMNP) are once per sea-

son coupon books with a \$20 value that qualified customers can use on fresh fruits and vegetables. Seniors may contact the Sullivan County Office for the Aging, and Women, Infant, Children participants (WIC) can connect Sun River Health in Monticello.

The Sullivan Fresh markets also participate in the Sullivan RX program, a prescription program for fresh fruits and vegetables from Garnet Health doctors.

Sullivan RX is made possible in collaboration between Garnet Health, Sullivan Renaissance, and Sullivan County Department of Public Health, who are all working towards improved health outcomes in Sullivan County.

These incentive programs are a win-win. Customers have improved access to tasty local produce, while the farmers have increased direct sales. Our markets help to serve our neighbors, people like you, people like us. Folks from all walks of life, who may need an extra hand from time to time. Because... that's what neighbors do.



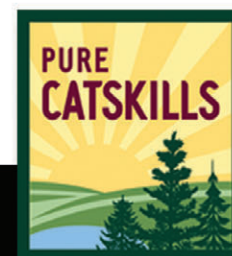
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Jeff celebrates return of farmers' market

STORY AND PHOTOS
BY JEANNE SAGER

It's moved up the street and changed days, but there's a farmers' market back in Jeffersonville! Run by the folks at Jeff's Wild Russet Farm and hosted by the Jeff Bake Shop, the new market is located in the bake shop's parking lot and will play

host to a number of vendors each Sunday from 10 a.m. to 1 p.m. through October.

From fresh organic veggies to farm-raised meats to locally distilled spirits and fresh-made jams, there's something for everyone!



What you get at the market depends on what's in season! Radishes are here ... for now!



The market is practicing COVID safety protocols.



Eileen Reimer's Jam Thyme jam is a hit at any market. Try the banana jam with peanut butter for a twist on an old favorite!



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Wild Russet Farm is one of a host of farmers bringing the fruits of its harvest to the market.



The folks at Rock Valley Farm bring their bounty from Fishs Eddy to Jeff each weekend.

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'It takes a village'

Barryville Farmers' Market brings healthy choices to you

The Barryville Farmers' Market is back and better than ever. Located next to the United Methodist Church on Route 97 in Barryville, the market is held every Saturday from 10 a.m. to 1 p.m.

Last season during the pandemic, the market pivoted their model, offering contactless pick-up only.

This summer they are open for business with vendors popping up their tents and offering their goods.

"All of our fabulous vendors came back and are in full swing, and we're excited," President of the Board, John Pizzolato, said. "It's been a super successful market already."

The vendors have everything from vegetables, to meats to baked goods. They include: Beach Lake Bakery, Beaver Dam Brook Farm, Bialecki Farm, Cooper's Daughter Spirits, County Road Bakery, Hidden Acre Farm, Hilly Acres Farm, Lilly Bear Pet Treats, Marley's Mushrooms, Nikki C's Catering and Seafood, Soraia's Kitchen, Tonjes Dairy, Twin Brook Farms, Quails R Us, Tsubo Aromatherapy and Woodside Blue Preserves.

New vendors to the market this year include Grizzly Bagels and

Fretta's Italian Food Specialties.

Pizzolato founded the market along with George Billard, Erin West and her husband David Johnston, and John and Debra Conway in 2019 after the former market moved to Narrowsburg when their lease was up.

They are grateful to the church for allowing them to use their property, and the Conways offer their lawn next door as well.

It's located right along the Delaware River so you can take in the views while you shop and mingle with neighbors.

The market raises money for families in need and has so far donated over \$15,000 to the Eldred Backpack Program, A Single Bite and St. Ann's Parish food pantry in Shohola.

"It really does take a village, it's a whole group [that comes together]," Pizzolato said.

In addition to the vendors, the market also offers live music, family activities and lots of learning opportunities on topics such as our local ecology, cooking, gardening, sustainability and more.

"We've been trying to provide healthy food options for the community, and also work on the infrastructure of the town," Pizzolato said. "We want to make it a happy and healthy place to live."

STORY AND PHOTOS
BY ISABEL BRAVERMAN



Jack Whettam, owner of Hidden Acre Farm, sells fresh organic veggies.



Above: Zach Scheitlin from Grizzly Bagels puts his homemade bagels in the toaster for farmers market patrons.

At Left: John Pizzolato, left, and Debra and John Conway with their dog Preston.

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Mamakating expands their farmers' market

BY SAMANTHA MONTAGNA

Fred Harding and John Lavelle gave Mamakating's town board a presentation on this summer's farmer's market during their May 18 meeting. The farmer's market is sponsored by the Mamakating Local Development Corporation (MLDC), a non-profit organization that aims to bolster the economy of Mamakating while retaining the town's rural character. Harding, the president of the MLDC, and Lavelle, the Vice President, both thanked the town board for their continued support.

Lavelle, the chair of the farmer's market, explained the new and exciting developments for the market this year. He said that they have done a "tremendous amount of marketing," including a billboard on Route 17 that advertises that the market will occur from 4 p.m. to 7



The Mamakating Library and Bashkill Area Association have joined this year's farmers' market.

p.m. on Friday evenings from Memorial Day to Labor Day outside of town hall. The MLDC has also amped up their social media advertising and has sent out postcards to every household about the market, Lavelle said.

Lavelle explained that (as of May

18) there are 18 confirmed vendors, which is double last year's number. There will also be live music every week during the event. Harding also spoke during the presentation and stated that there will also be other booths at the market aside from vendors. He stated that Jan

Berlin, who has done presentations at the Mamakating Environmental Center, will be bringing little animals.

The Bashkill Area Association and Mamakating Library will also be there. Harding stated that there will also be guest local authors



Patrons brave the rain to check out the local vendors.

The Bashakill Area Association and Mamakating Library will also be there. Harding stated that there will also be guest local authors attending the market, and he hopes that this will enhance the market to become "not only a farmer's market, but a community event."

In addition, Harding said that there is excitement throughout Sullivan County and surrounding areas because he has been getting messages and calls about people attending and joining the market. He said that this has not happened in the last two years.

Lavelle ended the presentation by stating that there will

be great vendors, and there "can't be anyone in town who says they don't know about [the farmers' market,] and he hopes to see everyone there. Supervisor Janet Lybolt later told the **Democrat** that there are 22 confirmed vendors, and "we look forward to seeing you there!"

The Farmers' Market opened despite the rainfall on May 28. The live music was canceled due to weather, but patrons braved the rain to check out the opening weekend of the market.

The vendors were ready to share their products from natural dog treats, pickles, locally grown produce, locally made syrups and honey to hand-



Lilly Bear Treats, Winterton Farm's Hickory Syrup, and Gary's Pickles are waiting to share their locally made and sourced products with Mamakating.

made crafts, and they will be back next Friday to share their products in the sunshine.



91973

NARROWSBURG FARMERS' MARKET



SATURDAYS
MAY 15th – OCTOBER 30th
FROM 10AM – 1PM Rain or Shine

7 Erie Ave., Narrowsburg, NY
Behind Narrowsburg Union

NarrowsburgFarmersMarket.org

@NarrowsburgFarmMarket



"Volunteering is a way to stay connected to our communities; from the people in it, to the places within it. Anyone interested in volunteering can have a direct impact on a project's success and the success of Sullivan County."

*- Anne Louise Scandariato,
Sullivan Renaissance Volunteer Program Manager*

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FARMERS' MARKETS & VENDORS



Barryville Farmers' Market

Saturdays 10am to 1pm
 May 22 - October 16
 Special Holiday Markets November 20 and December 18
 3405 Scenic Route 97 Barryville, NY 12719
 (United Methodist Church)
 (845) 557-0913
 info@barryvillefarmersmarket.org
 www.barryvillefarmersmarket.org
 FMNP SFMNP

Vendors:
 The Bake House - baked goods
 Beach Lake Bakery - baked goods
 Beaverdam Brook Farm - produce and fruit
 Bialecki Farms - produce and fruit
 County Rd. Bakery - Gluten Free Baked Goods
 Fretta's Italian Specialties - hand made cured meats
 Grizzly Bagels - small batch NY style bagels and pretzels
 Hidden Acre Farm - produce and flowers
 Hilly Acres Farm - meat and eggs
 Lilly Bear Pet Treats - treats for dogs and cats
 Marley's Mushrooms - Organically Grown Mushrooms
 Nikki C's Catering & Seafood - prepared foods
 OHF Orchards - fruit
 Quails R Us- Meat and Poultry
 Soraia's Kitchen - prepared foods
 Stickett Inn—coffee, prepared foods, canned hard cider
 Tonjes Dairy - milk, yogurt and cheese
 Twin Brook Farms - meat
 Woodside Blue Preserves - jams and preserves

Callicoon Farmers' Market

Outdoor Market:
 Sundays 11am to 2pm
 Year-round currently outdoors at Callicoon Creek Park but may move back into the Delaware County Youth Center after December (For January and February)
 A. Dorrer Drive in Callicoon (Callicoon Creek Park)
 FMNP SFMNP
 Indoor Market:
 Sundays 11am to 2pm
 November 2021 to April 2022
 8 Creamery Road in Callicoon (Delaware Youth Center)
 www.callicoonfarmersmarket.org
 FMNP SFMNP

Vendors:
 Aaron Burr Cidery

- Andersen's Maple Farm
- ARK Floral
- Aunt Nenee's
- Bakers Grimm
- Beach Lake Bakery
- Bialecki Farms
- Cakes & Scones Bakery
- Campanelli's Poultry Farm
- C&P Studios
- Eminence Road Farm Winery
- Heller's Farm
- Hilly Acres Farm
- Lucky Dog Farm
- Maynard Farms
- Oakworks
- Pika's Farm Table
- Pure Mountain Honey
- Sherman Hill Farmstead
- Sprouting Dreams Farm
- Tonjes Farm Dairy
- Township Valley Farm
- Trapani Farms
- Wildcraft Farms
- Willow Wisp Organic Farm
- Windy Pond Farm
- Woodside Blue Preserves

Jeffersonville Farmers' Market

Sundays 10am to 1pm
 May 30 to October 31
 Jeff Bake Shop: 4806 NYS Route 52 in Jeffersonville, NY
 www.jeffersonvillefarmersmarket.com
 www.facebook.com/jeffnyfarmersmarket
 FMNP

- Vendors:**
- Aaron Burr Cidery
 - Bakers Daughter
 - Campanelli's Poultry Farm
 - Channery Hill Farm
 - Forthright Cyder & Mead
 - Hermann Farm
 - Jam Thyme
 - Rock Royal Farm
 - Rock Valley Spirits
 - The Valley! The Mountains!
 - Wild Russet Farm
 - Windy Willow Farm

Kauneonga Lake Farmers' Market

Saturdays 10am to 1pm
 June 26 to September 4
 3594 State Route 55 in Kauneonga Lake, NY

- kauneongalakefarmersmarket.org
- www.facebook.com/kauneongalakefarmersmarket
- FMNP SFMNP
- **Vendors:**
- Art by Adrienne Walker
- Bethel Council of the Arts
- Be Kind Bake House
- Bethel Creamery
- Buff Meadows
- Chef's Cut Coffee
- Daniel Parrotte Livestock
- DeFilippi's Bakery
- Honey Bee Herbs
- Honey Hill Pottery
- Kips Kids of NY
- Light Curves
- Little Garden Company
- Lori Rae Jewelry
- Made by Francheska
- Picklelicious
- Shandelee Brook Quilts
- Sprouting Dreams Farm
- Sticky Fingers
- The Cutting Garden
- Windy Willow Farm
- Wisteria Cluster Farm

Liberty Farmers' Market

A Catskill Mountainkeeper Market
 Fridays 3pm to 6pm
 June 18 to September 17
 Creekside Park
 119 North Main Street in Liberty, NY
 (845) 439-1230
 info@catskillmountainkeeper.org
 www.CatskillMountainKeeper.org
 FMNP, SNAP, Fresh Connect, Double-up Food Bucks

Vendors:
 Maynard Farm: Fruit, Vegetables, Cider, Hard cider, Corn
 Sprouting Dreams Farm- Vegetables, Honey, Maple syrup
 Wild Russet Farm- Vegetables, Honey, Transplants, flowers
 Lorna's Naturals- Handmade Cosmetic Products
 The Bakers Daughter- Traditional Jewish Foods, Baked Goods, Bread
 Elm Garden Design – Bouquets, Cut Flowers, Transplants, Dahlias
 County Road Bakery- Gluten Free Baked Goods, Jam, Coffee, Quiches, Eggs, Pies
 Sweet Peas Farm- Flower, Eggs, Herbs, Transplants
 Four Story Hill Farm- Pork, Beef, Lamb, Eggs, Duck



Livingston Manor Farmers' Market

Sundays 10 am to 2pm
 May 30 to Oct 10
 Main St. Lawn, Livingston Manor, NY
 (845) 707-2723
 mariabivins@gmail.com
 www.livingstonmanorny.com
 FMNP SFMNP

Vendors:
 Hellers Farm
 ELM Garden Design
 County Road Bakery
 Wahl Dairy Farm

Sullivan Fresh Monticello Farmers' Market

(Operated by Cornell Cooperative Extension)
 Mondays 10:30am to 1pm
 July 5 to September 27
 10 Jefferson Street (Behind the Ted Stroebele Recreation Center)
 Monticello, NY
 845-292-6180

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INDOORS
 November - April
8 Creamery Rd, Delaware Youth Center

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 ☎ 866-270-2015 Rain, Snow or Shine



FARMERS' MARKETS & VENDORS



mm2592@cornell.edu
www.sullivanvance.org
SNAP/EBT

Mamakating Farmers' Market

Fridays 4pm to 7pm
May 28 - September 3
2948 U.S.-209, Wurtsboro, NY
mamakatingfarmersmarket@gmail.com
www.facebook.com/MamakatingFarmersMarket
FMNP SFMNP

- Vendors:**
Everything Animals
Fare View Gardens
Gary's Pickles
Golben Farms
Happy Herbs Soaps
High Bridge Farm
Honey Hollow
Kirby Farms & Hemlock Grove Gardens
Lilly Bear Treats
Little Pebble Farm
Love Rising Bakery
LunaGrown Jams
Mamakating Library
Marley's Organic Mushrooms
Misty Orchard Farm
Springbrook Hollow Farm
Sudsy Paws
Winterton Farms
Woodside Blue Preserves

Narrowsburg Farmers' Market

Saturdays 10am to 1pm
7 Erie Ave, Narrowsburg, NY (Behind the Narrows-

- burg Union)
- May 15 to October 30
- 570-982-0050
- info@narrowsburgfarmersmarket.org
- www.NarrowsburgFarmersMarket.org
- FMNP SFMNP

- Vendors:**
Aaron Burr Cider
Cakes & Scones Bakery
Channery Hill Farm
Eminence Road Farm Winery
Food for Beings
Four Story Hill Farm
Hilly Acres Farm
Honey Hill Pottery
Marley's Organic Mushrooms
Myrtle Avenue Bakehouse
Oakworks Studio
Quails R Us Plus!
Rock Valley Spirits
Soraia's Kitchen
Sprouting Dreams Farms
Trapani Farms (Coming soon)
Wild Russet Farm
Willow Wisp Organic Farm

Rock Hill Farmers' Market

- Saturdays 10am to 1pm
- June 5 to September 25
- 223 Rock Hill Drive in Rock Hill, NY
- 845-397-0376
- rhfarmersmarket@gmail.com
- www.rockhillfarmersmarket.com
- FMNP SFMNP

- Vendors:**
Aaron Burr Cidery
Bobolink Farm
Burns Farm
Corey's Pickles
Chestnut Creek Baked Goods
Majestic Farm
M & S Farm
Luna Grown Jams
Mushrooms NYC
Right from the Hive
The Bake House
Trapani Farms
Winterton Farms
*Rotating Weekly Artists

Roscoe Farmers' Market

- Sundays 10am to 2pm
- May 16 to October 10
- Niforatos Field
- 1978 Old Route 17 in Roscoe, NY
- roscoenyfarmersmarket@gmail.com
- www.roscoeny.com

- Vendors:**
Diehl's Farm
Whiting Farms
Chef's Cut Coffee
Be Kind Bakehouse
Mountain Spring Mushroom Farm
Kate's Herbs
Don Kaufman's Woodworking
Earth Treasures
Muthig's Maple Syrup Farm

- The Cutting Garden
- Lori Rae's Jewelry
- Kips Kids
- Mia's Quilts
- Lilly Bear Treats (one ingredient pet treats)
- Depuay Carvings

Harvest Fest at Bethel Woods

- Sundays 11am to 4pm
- August 29 to September 26
- Bethel Woods Center for the Arts
- 200 Hurd Road in Bethel, NY
- festivals@bethelwoodscenter.org
- www.bethelwoodscenter.org

NOTE: Vendor list is subject to change at any time.



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92929

Sullivan County

Farmers Market

The following farmers' markets partner with the Sullivan County Division of Health and Family Services

WIC & SNAP accepted at:

- ❖ Liberty – 119 North Main Street
- ❖ Monticello – Ted Stroebele Parking Lot

WIC accepted at:

- ❖ Barryville – 3405 State Route 97
- ❖ Bethel – 200 Hurd Road
- ❖ Rock Hill – 223 Rock Hill Drive
- ❖ Mamakating – 2948 Route 209
- ❖ Livingston Manor – Main Street
- ❖ Callicoon (Indoor) – 8 Creamery Road
- ❖ Callicoon (Outdoor) - Callicoon Creek Park
- ❖ Kauneonga Lake – 3594 State Route 55
- ❖ Roscoe – Niforatos Field 1978 Old Route 17
- ❖ Jeffersonville – 4906 State Route 52
- ❖ Narrowsburg – 7 Erie Avenue

Senior Vouchers will become available by the end of June from the Office for the Aging!



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THE KAUNEONGA LAKE FARMERS' MARKET

SATURDAYS
JUNE 26 - SEPT 4
RAIN OR SHINE 10AM-1PM

KAUNEONGA LAKE
3594 STATE ROUTE 55
KAUNEONGA LAKE, NY

92598