December 13, 2024

PALLSPORTS PREVIEW 2024







Presented by The Torrington Telegram

WINTER SPORTS PREVIEW - LFL BOYS' BASKETBALL

LFL Doggers – a passion for basketball

LINGLE - The Lingle-Fort Laramie (LFL) Doggers basketball team returns a talented and tight-knit varsity squad to the court, including six seniors and nine letter winners from the previous season.

"We are fortunate to have nine letter winners coming back," coach Chris Cook said. "These young men have been working for close to a decade together. They are a special group and I am very proud to get to coach them."

Passion for basketball runs high.

The team's greatest strength lies in "guys that love to play basketball together," coach Cook said, a strength the team will rely on as it looks to improve on an 18-6 overall record from the previous season.

Coach Cook is entering his fifth year at the helm of the Doggers program.

One returning player – junior Brady Cook - captured 2A all-state honors in 2023-2024. Cook is only the second player at LFL since 1990 to earn 2A all-state recognition. Four athletes - Cook, senior Brody Roberts, senior Elijah Hatch and iunior Anthony Arnusch secured 2A and SEWAC all-conference honors.

Key stats from the 2023-2024 season include: Roberts – 14.79 points. 5.17 rebounds, 2.54 steals and 3.88 assists per game Hatch – 7.83 points and



ROBERT GALBREATH/TORRINGTON TELEGRAM

The 2024-2025 Lingle-Fort Laramie Doggers basketball team. Pictured in back, from left, are Anthony Arnusch, Jace Schlagel, Kaiden Riggs, Ned Nelson, Brody Roberts, Skyler Thomas, Elijah Hatch, Brady Cook and Jayce Roth. In front, from left, are Skyler Patrick, Mason Univerzagt, Trent Dennis, Matt Cook, Avery White, Lincoln Speckner, Dutch Ogburn, Tyler Smith, Ethan Teeters, Bridger Johansson, Blake Gardner and Briggs Erskine. Also on the team, but not pictured, are Cooper Smith and Nathan Lira.

4.21 rebounds per game

Cook – 18.54 points, 10 rebounds, 3.67 assists and 3.45 blocks per game

Arnusch – 9.13 points, 3.96 assists per game led team with 15 charges

Senior Ned Nelson -6.9 points, 3.58 rebounds and 2.33 assists per game

Senior Skyler Thomas -3.54 points, 3.21 rebounds and 3.04 assists per game

Senior Cooper Smith - 1.90 points and 1.35 rebounds per game

Senior Kaiden Riggs - .22 points and one rebound per game

Junior Jace Schlagel - 1.15 points and one rebound per game

The Doggers plan to focus on building consistency throughout the season, coach Cook added.

LFL kicks off the 2024-2025 season at the Burns Winter Classic from December 13-14.

"The Burns tournament is always a fun start as we see teams from multiple levels." coach Cook said. "Our guys are excited to get the season off to a good start. These young men put a lot of effort into continuing to improve their skills during the off season both individually and as a team. As coaches, we look for great things out of this group this season. Go Doggers!"



ROBERT GALBREATH/TORRINGTON TELEGRAM

Seniors on the LFL Doggers basketball team include, from left, Kaiden Riggs, Ned Nelson, Brody Roberts, Skyler Thomas and Elijah Hatch. Also on the team, but not pictured, is **Cooper Smith.**

Winter Sports Preview — LFL Girls' Basketball

Lady Doggers return to 1A competition

LINGLE – The Lingle-Fort Laramie (LFL) Lady Doggers basketball team looks forward to returning to the 1A conference for the 2023-2024 and playing rivals the team has not seen in several years.

The previous year, LFL competed in 2A and posted a 22-7 overall record. LFL captured the conference championship and went on to place second at both the regional tournament and state championships.

The Lady Doggers are eyeing hardware at regionals and state as a 1A school.

"The team lost only two seniors," coach Susan Bartel said.
"With the addition of some talented freshmen, the team is expected to compete at the highest 1A levels in Wyoming. We are excited to face our rival Southeast throughout the season and in tournament play."

The Lady Doggers return three experienced and talented seniors from the 2023-2024 season – senior Brenly Shipp (5.8 points and 4.3 rebounds per game the previous season), junior Jordynn Speckner (9.2 points, 4.9 rebounds and 4.4 steals per game) and junior Skyla Wunder (14.8 points and 4.8 steals per game).

Wunder snagged all-state and all-conference awards in 2024 while Shipp and Speckner earned all-conference accolades.

"Jordynn Speckner and Skyla Wunder are strong competitors with experience on varsity," Bartel added.

Ten letter winners are also returning to the team, including seniors Addison Scott, Madison Gibson and Alicia McGraw.

The Lady Doggers commence the 2024-2025 winter season at



ROBERT GALBREATH/TORRINGTON TELEGRAN

The 2024-2025 Lingle-Fort Laramie Lady Doggers basketball team. Pictured in back, from left, are Kilee Patrick, Haven Torres, Charlotte Speckner, Afton Schilreff, Addison Scott, Jordynn Speckner, Skyla Wunder, Brenly Shipp, Alisha McGraw, Sidnie James and Jordan Rohrer. In front, from left, are Peyton Lincoln, Hadley Willey, Shaylin Wunder, Madison Bugher, Josey White, Jasmine Lira, Talia Kinberg and Madison Hatch.



the Burns Winter Classic from December 13-14. LFL hosts the Dogger Classic the following weekend with games on Friday and Saturday, December 20-21.

Conference play begins in January. The Lady Doggers travel to play Southeast on January 16 and host the Lady Cyclones on January 30.



ROBERT GALBREATH/TORRINGTON TELEGRAM

Seniors on the LFL Lady Doggers basketball team include, from left, manager Kilee Patrick, Haven Torres, Alisha McGraw, Brenly Shipp and Addison Scott.

Winter Sports Preview — SE Boys Basketball

Cyclones emphasize grit and determination

YODER - The Southeast High School Cyclones basketball team returns to the court for the 2024-2025 winter season with an experienced and senior- and junior-stacked varsity squad.

The team is looking to improve upon the previous year's record of 16-11 when the Cyclones snagged the state consolation championship and were the regional runner-up.

"Grit and determination are our biggest strengths," coach Craig Leithead said. "We also play team ball. We are pretty tall again this year and we would like to take advantage of that."

Starters include seniors Ayden Desmond, Kannon Tippetts and Ayden Shimic and junior T.J. Moats.

"Ayden Desmond reached 1,000 career points last season at the state tournament and we look forward to having him as a scorer on the team," Leithead added.

Desmond and Moats both earned 1A all-state and all-conference honors in 2024 and Moats was named 1A East player of the year. Shimic and Tippetts both secured all-conference awards.

Goals for the Cyclones this season include controlling the ball and the pace of the game, Leithead said, along with cultivating a "championship mentality" and becoming the "best mentally and physically conditioned team in Wyoming."

Coach Leithead listed four areas the Cyclones plan to focus on for improvement: rebounding, free-throw percentage, defensive intensity and ball control.

Southeast kicks off the 2024-2025 winter season at the Burns Winter Classic from December 12-14. The Cyclones board the bus the following week to compete against regional teams at the LFL Dogger Tournament.

Following the winter break, the Cyclones travel to participate in a tournament hosted by Cheyenne East fea-



ROBERT GALBREATH/TORRINGTON TELEGRAM

The 2024-2025 Southeast High School Cyclones basketball team. Pictured in back, from left, are Beaux Shimic, Sebastian Brumley, Liam Haas, Kannon Tippetts, Ayden Shimic, T.J. Moats, Ayden Desmond, Chase Sauer, Drew Boche and Spencer Booth. In front, from left, are Talon Tippetts, Joaquin Ramirez, Hadley Evans, Trevor Jolovich, Cole Tregemba, Jack Hartman and Gauge Howe.



turing teams from all classifications in Wyoming.

"We are excited to play in a couple of big tournaments this year at Burns and the James Johnson in Cheyenne," Leithead said. "We get to play up in competition (at Cheyenne) into 2A, 3A and even 4A."



ROBERT GALBREATH/TORRINGTON TELEGRAM

Seniors on the Southeast Cyclones basketball team include, from left, Sebastian Brumley, Kannon Tippetts, Ayden Shimic, Ayden Desmond and Drew Boche.

Winter Sports Preview – SE Girls Basketball Lady Cyclones prepare for a 'new look'

YODER – The Southeast High School Lady Cyclones basketball starting lineup will contain a few familiar faces along with some new ones as the team gears up for a successful 2023-2024 season.

Southeast lost several seniors from its 2024 1A state-title winning team. Two returning seniors from the previous year – Anna Hartman and Brooklym Leithead – will be joined by a third and new senior, Emilee Moats.

Southeast looks to capitalize on two players that missed the previous season due to injuries – Brylie Booth and Taylor Tregemba, coach Jennifer Scheer said.

Junior Kaycee Kosmicki is also returning from the previous season with significant varsity experience. Kosmicki earned 1A all-state and allconference accolades in 2024.

The final composition for the Lady Cyclones' starting lineup remains up in the air.

"We will have a whole new look this year," Scheer added. "It will be a chess match as we figure out where to put players on the court."

The Lady Cyclones will look to the three seniors – Hart-

man, Leithead and Moats – for leadership.

"The seniors are each hard workers and they lead by example," Scheer said.

The seniors and juniors on the team bring considerable skill and experience to the table. Nine returning players earned letter awards last year.

"We have a good core group of kids playing at the varsity level," Scheer remarked.

Southeast's primary focus in 2024-2025 will be "replacing our defensive specialists," Scheer added, as the team looks to improve defensively.

Replacing its "offensive strength" is also key, Scheer said.

The winter season kicks off with the Burns Winter Classic from December 12-14. In January, the Lady Cyclones board the bus to compete at a tournament hosted by Cheyenne East featuring teams from all classifications.

"Playing 3A and 4A teams will be a good measure for us to see where we are at early in the season," Scheer said.

As the team prepares, its primary emphasis will be "improvement and staying healthy," Scheer said.



ROBERT GALBREATH/TORRINGTON TELEGRAM

The 2024-2025 Southeast High School Lady Cyclones basketball team. Pictured in back, from left, are Lyla Wernsman, Rein Coulson, Brylie Booth, Briley Leithead, Haylee Ekwall, Avery Tighe and Elizabeth Boche. Middle row, from left, are Kaycee Kosmicki, Keana Llewellyn, Taylor Tregemba, Brea Mills and Macy Tremain. In front, from left, are Emilee Moats, Anna Hartman and Brooklyn Leithead.





LEFT:
Seniors on the
Southeast Lady
Cyclones squad
include, from left,
Emilee Moats,
Anna Hartman and
Brooklyn Leithead.

Go Team Go!

WINTER SPORTS PREVIEW - THS BOYS BASKETBALL

Blazers – 'playing at a championship level'

TORRINGTON - The Torrington High School Blazers basketball team is gearing up to pack a punch in the 2024-2025 season.

The Blazers return five talented starters this year with plenty of experience.

The lineup includes four seniors – Weston Dyer (7.5 points and 1.8 steals per game in 2023-2024), Mac Hibben (9.8 points and 5.4 rebounds per game), Ryan Moorehouse (5.7 points and 3.2 rebounds per game) and Brayden Hime (5.0 points and 4.9 rebounds per game). Starters also include junior Landre Greiman (9.0 points and 4.4 rebounds per game).

The team welcomes back 10 letter winners from the 2023-2024 season, consisting of the starters listed above plus senior Nounou Braddy, senior Ethan Robbins, junior Kaleb Booth, sophomore Julian Stromski and sophomore Drew Kramer.

"We are excited for the opportunity to get back out on the court and compete," coach Logan Barker said. "Collectively, the team has a renewed sense of urgency and are eager to play basketball. We only lost one senior and are bringing back a lot of varsity minutes. With a better vision and more consistency in their corner, this group can accomplish a lot."

The Blazers will rely on its seniors to provide leadership.

"We will go as the seniors go," Barker continued. "I have been lucky to have these kids for the last three seasons and I can tell you right now that they are going to surprise some people."

The "ultimate" goal for the Blazers is to win a state title. Barker said.

Getting to the state tourna-



ROBERT GALBREATH/TORRINGTON TELEGRAM

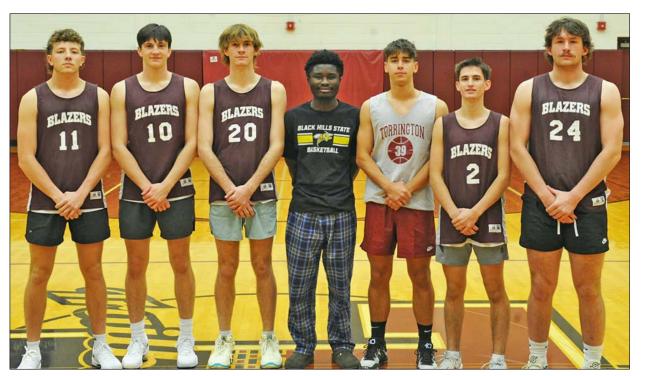
The 2024-2025 THS Blazers basketball team. Pictured in back, from left, are Kaleb Booth, Ryan Moorehouse, Mac Hibben, Landre Greiman, Julian Stromski, Drew Kramer, Ethan Robbins, Brayden Hime, Oliver Szabo, Zeek Yung, Evan Munoz, Carter Groene, Ace Heron and Douglas Cunningham. In front, from left, are Weston Dyer, Hayden Barth, Nounou Braddy, Prrence Aleman-Velasquez, Gabe Jackson, Carter Hendricks, Asher Bumguardner, Braxton Carlson, Anthony Sanchez and Cason Morris.

ment involves significant commitment and "putting the ole nose to the grindstone." Barker added.

"With that goal set in place, we will focus on the process it takes to become champions." Barker added. "We will stack the days, play as one focused unit and see how far that takes us. We want to establish early what it will take to play at a championship level. We know what we are capable of and we have faith in each other."

Torrington looks forward to playing its 3A South Quadrant opponents - Rawlins, Wheatland and Burns - and Douglas.

"We are bringing back a lot of minutes on the varsity court which will do nothing but help us this year," Barker said. "Adversity shaped us last year. Now it is time to see all the work pay off."



ROBERT GAI BREATH/TORRINGTON TELEGRAM

Seniors on the THS Blazers basketball team include, from left, Ryan Moorehouse, Mac Hibben, Ethan Robbins, Nounou Braddy, Oliver Szabo, Weston Dyer and Brayden Hime.

Winter Sports Preview – THS Girls Basketball

Lady Blazers gearing up for 'best season yet'

TORRINGTON – The Torrington High School Lady Blazers basketball team returns a skilled, senior- and junior-stacked starting lineup hungry for a successful, fast and furious season in 2024-2025.

Torrington's lineup includes four veteran seniors – Teryn Stokes (eight points, 10 rebounds and two assists per game in 2023-2024), Jaycee Hurley (seven points, five rebounds and two assists per game), Olive Osmera (eight points, four rebounds and two steals per game) and Madix McIntosh (five points and three rebounds per game).

Two juniors will join the senior starters – Natalie Long (six points, three rebounds and two assists per game) and Kennedy Reinhardt (five points and four rebounds per game).

Stokes garnered all-state and all-conference honors last season. Hurley earned all-conference accolades with Osmera and Long receiving all-conference honorable mention awards.

This experienced lineup is gearing up to make a statement in the conference and state.

"We finally have a strong senior group," coach Chris Strampe said. "Teryn, Jaycee, Olive and Madix havve played a ton of basketball together and have paid their dues for a long time. We also have two returning juniors – Natalie and Kennedy – who are ready to take their game to another level this year. We will look to those six for leadership this year as we put together our best season yet."

Torrington posted a 14-12 record in 2023-2024 and went on to capture the consolation title at state. The Lady Blazers are eyeing a state run and the possibility of snagging the title. Reaching those goals will involve laying the foun-

dations for success.

"Our goals include to build and maintain our team culture, have a positive mindset for everything, compete and win at every level, win our first game at state and compete for a championship," Strampe added.

Strampe described this year's varsity squad as a "selfless" team particularly talented in defense.

"We like to play at a fast pace and wear our opponents down through our defensive intensity," Strampe noted. "We will always put forth more effort than our opponents."

Areas of focus for the Lady Blazers include working on its offense.

"We need to take better care of the ball and be more efficient in our half court offenses," Strampe noted.

Torrington looks forward to a packed schedule, with games running the gamut from Sidney and Bridgeport in Nebraska to Douglas, Cody and Buffalo in Wyoming.

"We want to play great teams so that we can better," Strampe said.

The schedule includes plenty of home games.

"We are lucky enough to have nine varsity games this season," Strampe added. "Come out and support your THS Lady Blazers!"





ROBERT GALBREATH/TORRINGTON TELEGRA

The 2024-2025 Torrington High School Lady Blazers basketball team. Pictured in back, from left, are Sophia Wilson, Zaela Rios, Kaia Jacobson, Aftyn Hager, Grace Hibben and Emily Audette. Middle row, from left, are Ellis Mortimore, Kirstin Prado, Lileana Castro and Kadence Schamel. In front, from left, are Kennedy Reinhardt, Natalie Long, Madix McIntosh, Olive Osmera, Jayce Hurley and Kieana Gunhammer. Also on the team, but not pictured, are Teryn Stokes and Laney Walter.



ROBERT GALBREATH/TORRINGTON TELEGRAM

THS Lady Blazers seniors include, from left, Teryn Stokes, Jaycee Hurley, Madix McIntosh and Olive Osmera.

Winter Sports Preview — LFL/SE Wrestling

LFL/SE wrestling team eyes state hardware

GOSHEN COUNTY – The combined Lingle-Fort Laramie/Southeast wrestling team (LFL/SE) is gearing up for a successful and exciting 2023-2024 season with its eye on state hardware for both the boys' and girls' teams.

"The goal is to trophy at the state tournament" coach Brandon Gifford said. "While that may be more of an uphill battle, the standard is the standard and we won't shy away from that."

LFL/SE benefits from plenty of returning talent. The boys' team includes three-time state champion and senior Nathan Fish and 2024 state champion and senior Louden Bremer. Senior Carter Blevins and junior Colter McFarlin are returning to the team after medaling at state in 2024.

The boys' starting lineup also includes senior Alec DeMarce, senior Emmett Coxbill and junior Gideon Boyd.

The boys went undefeated (10-0) in

duals the previous year and placed third at state.

"Our boys' side will be led by two returning state champs in Fish and Bremer," Gifford said. "Those two are our leaders and will carry the load as we will have a solid number of freshmen that will be jumping in and have to contribute immediately this year. While we may not have the depth we did last year, we still have a lot of quality with four returning medalists and a couple who were only a match away."

The girls' team includes state medalist and junior Hallie Fuller, along with senior Grace Gibson, junior Kennedi Blevins, junior Laney Grubbs, junior Kaiten Schilreff and junior Avery VanGundy. These athletes will be joined by three new faces – sophomore Trinity Martin and freshmen Abbey Boyd and Olivia Kile.

The LFL/SE girls' team post-

see LFL/SE page 12



ROBERT GALBREATH/TORRINGTON TELEGRAM

Seniors on the LFL/SE wrestling team include in back, from left, Alec DeMarce, Emmett Coxbill, Colton Cutter, Carter Blevins, Louden Bremer and Nathan Fish. In front, from left, are Grace Gibson and Andrea Valenza.



ROBERT GALBREATH/TORRINGTON TELEGRAM

The 2024-2025 Lingle-Fort Laramie/Southeast boys' wrestling team. Pictured in back from left, are Colton Cutter, Emmett Coxbill, Colter McFarlin, Louden Bremer, Nathan Fish and Carter Blevins. In front, from left, are Rico Ramirez, Gideon Boyd, Connor Curry, Alec DeMarce, DeAngelo Gann, Garrett Henderson, Kaiden Hill, Urijah Fish and Arthur Hilliard.



ROBERT GALBREATH/TORRINGTON TELEGRAM

The 2024-2025 Lingle-Fort Laramie/Southeast girls' wrestling team. Pictured in back, from left, are Lilley Lawrence, Hallie Fuller, Olivia Kile, Kennedi Blevins, Molly Hasbargen and Trinity Martin. In front, from left, are Grace Gibson, Kaiten Schilreff, Andrea Valenza, Abbey Boyd and Avery VanGundy.

WINTER SPORTS PREVIEW - THS WRESTLING

THS wrestlers bring experience to the mat

TORRINGTON

- The Torrington High School wrestling team hits the mats for the 2024-2025 season with an upperclassmanstacked and talented roster, including seven returning starters and 10 letter winners.

The experience both the boys' and girls' squads bring to the table are the team's greatest strength, coach Cody Grant said.

"We only lost two seniors and return a lot of potential regional and state placers," Grant added. "We have a strong returning junior and senior class that is going to provide good leadership to push the intensity in the (wrestling) room. We have two returning girls that experienced success last year."

On the boys' team, seniors include Tyler Nicolay (22-19 in 2023-2024, second at regionals), Barrett Eichenberger (29-15, second at regionals and fourth at state) and Kaden Romig (27-12, third at regionals).

The boys' slate also consists of juniors Ty Albaugh (23-15, second at regionals), Colby Sandusky (25-15, third

see **THS** page 12



ROBERT GALBREATH/TORRINGTON TELEGRA

The 2024-2025 Torrington High School Blazer boys wrestling team. Pictured in back, from left, are Moses Lopez, Ian Pierce, Brendan Woodard, Jaeden Ruiz, Colby Sandusky, Kaden Romig, Ty Albaugh, Barrett Eichenberger, Tyler Nicolay, Griffin Wolfe and Brayden Dykes. In front, from left, are Aaraon Chavez, Cruz Lopez, Zade Olsen, David Ibarra, Brandt Eichenberger, Garrett Hager, Evan Tobias, Skylen Teague and Brogan Dykes.



ROBERT GALBREATH/TORRINGTON TELEGRAM

Seniors on the Torrington High School wrestling team include, from left, Moses Lopez, Tyler Nicolay, Barrett Eichenberger, Kaden Romig, Griffin Wolfe and Brayden Dykes.



ROBERT GALBREATH/TORRINGTON TELEGRAM

The 2024-2025 Torrington High School Lady Blazers girls wrestling team includes, from left, Jenna Woodard, Iree Hershey, Aubree Fahrmeyer, Catherine Hendricks, Makayla Burkart and Cathryn Reimer.

WINTER SPORTS PREVIEW — 2024-2025 SCHEDULES

LFL BASKETABALL

Varsity girls' game times first, followed by varsity boys'

3 3	,,, ,	
December 12-14	Burns Winter Classic	TBA
December 20-21	Dogger Basketball Classic	TBA
January 10	Away vs. Hemingford	6/7:30 p.m.
January 11	Home vs. H.E.M.	2:30/4 p.m.
January 16	Away vs. Southeast	5/6:30 p.m.
January 17	Away vs. Niobrara County	5:30/7 p.m.
January 24	Home vs. Guernsey	5:30/7 p.m.
January 28	Home vs. Morrill	5:30/7 p.m.
January 30	Home vs. Southeast	5/6:30 p.m.
February 1	Home vs. Pine Bluffs	2:30/4 p.m.
February 7	Home vs. Niobrara County	5:30/7 p.m.
February 8	Away vs. Crawford	4/5:30 p.m.
February 14	Away vs. Rock River	4:30/5:30 p.m
February 15	Home vs. Kimball	2:30/4 p.m.
February 21	Away vs. Guernsey	4/5:30 p.m.
February 22	Away vs. Pine Bluffs	2:30/4 p.m.
February 27-	1A East regionals, Upton	TBA
March 1		
March 6-8	State tournament, Casper	TBA

Southeast Basketaball

Varsity girls' game times first, followed by varsity boys'

December 12-14	Burns Winter Classic	TBA
December 20-21	Dogger Basketball Classic	TBA
January 9-11	Cheyenne tournament	TBA
January 16	Home vs. LFL	5/6:30 p.m.
January 17	Away vs. Pine Bluffs	5:30/7 p.m.
January 18	Home vs. Shoshoni	2:30/4 p.m.
January 24	Home vs. Mitchell	5:30.7 p.m.
January 25	Home vs. Niobrara County	2:30/4 p.m.
January 30	Away vs. LFL	5/6:30 p.m.
February 1	Away vs. Encampment	12 p.m.
February 7	Home vs. Big Horn	1/2:30 p.m.
February 8	Away vs. Guernsey	2:30/4 p.m.
February 14	Home vs. Pine Bluffs	5:30/7 p.m.
February 15	Away vs. Niobrara County	2:30/4 p.m.
February 18	Home vs. Guernsey	5:30/7 p.m.
February 27-	1A East regionals, Upton	TBA
March 1		
March 6-8	State tournament, Casper	TBA

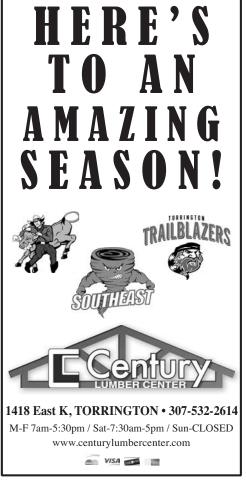
TORRINGTON BASKETABALL

Varsity girls' game times first, followed by varsity boys'

December 12-14	Gillette Tournament
December 17	Home vs. Alliance
December 19	Home vs. Gering
December 20	Away vs. Sidney
January 11	Away vs. Glenrock
January 16	Away vs. Mitchell
January 17	Home vs. Burns
January 23	Away vs. Wheatland
January 25	Home vs. Douglas
January 31	Home vs. Rawlins
February 8	Home vs. Buffalo
February 11	Home vs. Bridgeport
February 14	Away vs. Douglas
February 15	Home vs. Newcastle
February 20	Home vs. Wheatland
February 22	Away vs. Burns
February 28	Away vs. Rawlins
March 6-8	3A East regionals, Glenro
March 13-15	State tournament, Casper

Gillette Tournament	TBA
Home vs. Alliance	5:30/7 p.m.
Home vs. Gering	5:30/7 p.m.
Away vs. Sidney	5:30/7 p.m.
Away vs. Glenrock	3:30/5 p.m.
Away vs. Mitchell	5:30/7 p.m.
Home vs. Burns	5:30/7 p.m.
Away vs. Wheatland	5:30/7 p.m.
Home vs. Douglas	5:30/7 p.m.
Home vs. Rawlins	5:30/7 p.m.
Home vs. Buffalo	3/4:30 p.m.
Home vs. Bridgeport	5:30/7 p.m.
Away vs. Douglas	5:30/7 p.m.
Home vs. Newcastle	4/5:30 p.m.
Home vs. Wheatland	5:30/7 p.m.
Away vs. Burns	4/5:30 p.m.
Away vs. Rawlins	5:30/7 p.m.
3A East regionals, Glenrock	TBA
State tournament, Casper	TBA









WINTER SPORTS PREVIEW - 2024-2025 SCHEDULES

LFL/SE WRESTLING

December 13 Niobrara County intivational 9 a.m. December 14 Cheyenne East tournament TBA December 19 Duals in Mitchell 6 p.m. December 21 Hot Springs invitational 9 a.m. January 10-11 Douglas tournament **TBA** January 16 Home dual vs. Burns, LFL 6 p.m. January 17 Newcastle invitational **TBA** January 24-25 Moorcroft invitational TBA January 31-Ron Thon Invite in Riverton TBA February 1 February 8 **Southeast Duals** 9 a.m. February 11 Lusk Quad 4 p.m. February 14 Duals at Cheyenne East Girls' regional tournament, February 21-22 Cheyenne South February 21-22 Boys' regional tournament, TBA Lingle-Fort Laramie February 27-State tournament TBA March 1 in Casper

TORRINGTON WRESTLING

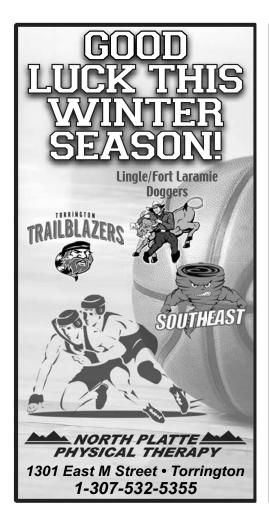
December 9	Maroon & Silver Duals	5:30 p.m.
December 12	Cheyenne South Duals	5 p.m.
December 13-14	Cheyenne East tournament	TBA
December 21	Sidney invitational	TBA
December 21	Wright invitational	8 a.m.
January 9	Scottsbluff Duals	TBA
January 10-11	Douglas tournament	10 a.m.
January 18	Skyview Tournament,	9 a.m.
	Thornton, Colorado	
January 21	Wheatland Quad	TBA
January 24-25	Lander tournament	11 a.m.
January 28	Gering Duals	6 p.m.
January 31-	Ron Thon Invite in Riverton	11 a.m.
February 1		
January 31	Mitchell tournament	1 p.m.
February 6	Alliance Duals	6 p.m.
February 8	Southeast Duals	9 a.m.
February 21-22	Regionals in Wheatland	TBA
February 28-	State tournament	TBA
March 1	in Casper	

TORRINGTON INDOOR TRACK

January 18	Natrona County invitational	TBA
January 25	Gillette invitational	TBA
February 1	Laramie invitational	TBA
February 7	Gillette invitational	TBA
February 20-22	Simplot Games, Pocatello	TBA
February 22	Natrona County invitational	TBA
February 28	Gillette invitational	TBA
March 7-8	State championships,	TBA
	Gillette	

A preview of the indoor track season will be published in January, closer to the start of the season.

Good luck to all winter sports teams!!









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WINTER SPORTS PREVIEW

LFL/SE: Talent

FROM PAGE 8

ed a 9-1 dual record in ford noted, and the line-2023-2024. ups include considerable

"I am really encouraged and excited to see our girls' numbers growing steadily," Gifford added. "They work hard and deserve the praise that they have gotten thus far. The girls have an opportunity to make great jumps and put themselves in positions to make the podium at the state tournament as individuals."

Overall, the numbers LFL/SE wrestling."

for both the boys' and girls' teams are solid, Gifford noted, and the lineups include considerable experience.

"We have a lot of talent coming back along with some talented freshmen and newcomers who are entering the fold," Gifford remarked. "With this better depth, I like our chances of winning some of our dual meets and being competitive for a top three finish at regionals. We are excited for another year of LFL/SE wrestling."

THS: Locked in and motivated

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at regionals, sixth at state) and Brendan Woodard (20-11, regional champion and sixth at state).

On the girls' team, returners include Aubree Fahrmeyer (7-18 and state qualifier) and Iree Hershey (8-4, sixth place at Ron Thon).

Torrington posted a 12-9 dual record the previous year and the boys' team placed second at regionals and 11th at state.

"I have high expectations for this years' team," Grant said. "I feel like we should be in the top two again this year in the east region. We are aiming for a topfour finish at state."

The Blazers also welcome a large group of young wrestlers to the boys' team. Four new athletes are joining the girls' team, tripling the size of the Lady Blazers' squad.

"This is the biggest roster of wrestlers, including females, that I've had since I became head coach," Grant remarked. "The coaches can already feel the difference in the room that this competition creates. A mix of experienced wrestlers and newcomers has been fantastic. It is also encouraging to see our

girls' team grow."

Both the boys' and girls' teams plan to focus on daily improvement and hard work to "keep raising the bar and competitive intensity" throughout the season. Grant said.

The season opens with a series of tournaments in Cheyenne, followed by invitationals in Sidney, Nebraska, and Wright.

"It will be fun going to tournaments with a competitive roster where we can make some noise in the team standings," Grant added. "The wrestlers seem to be locked in and motivated this year."

GO, TEAM, GO! FIGHT, FIGHT, FIGHT! GO, TEAM, GO!!

"In the end, it's extra effort that separates a winner from second place. But winning takes a lot more that, too. It starts with complete command of the fundamentals. Then it takes desire, determination, discipline, and self-sacrifice. And finally, it takes a great deal of love, fairness and respect for your fellow man. Put all these together, and even if you don't win, how can you lose?"

~ Jesse Owens

"Somewhere behind the athlete you've become and the hours of practice and the coaches who have pushed you is a little girl who fell in love with the game and never looked back... play for her."

— Mia Hamm

Good luck winter sports teams!







