

— SPRING — SPORTS PREVIEW

2024



Presented by
The Torrington Telegram

SPRING SPORTS PREVIEW – THS GIRLS' SOFTBALL

Softball team gears up for inaugural season

TORRINGTON – The first day of practice for the Torrington High School girls' softball team marked an historic moment for sports in the community.

The Wyoming High School Activities Association approved girls' softball as a sanctioned high school sport in 2019 with the first season getting underway in 2021. Following an October decision by the Goshen County School District No. 1 Board of Trustees to organize a team in Torrington, the first girls' softball team in Goshen County commenced practice in early March.

Robin Schainost stepped up to take the helm as head coach and looks forward to an exciting season of firsts for girls' softball.

"I'm excited to play games and see where we are at," Schainost said. "Our goals are to get better every day, play hard and play smart and work harder than our opponents."

The Torrington girls' softball team is a county-wide effort, with athletes representing the three high schools in the district – Torrington, Lingle-Fort Laramie and Southeast.

The team will compete at the junior varsity level in



ROBERT GALBREATH/TORRINGTON TELEGRAM

Members of the 2024 Torrington High School girls' softball team include in back, from left: Kailey Porter, Emilee Moats, Zaela Rios, Aftyn Hager, Macauley McIntosh and Hope Hager. Front row, from left: Sinai Hernandez, Laney Grubbs, Skyla Wunder, Jadyn Chilson, Emma Erskine and Haley DeFoe. Also on the team, but not pictured, are Kennedy Reinhardt and Lexi Pittman.

2024 and will build from that point. While the sport is relatively new, several athletes competed on the Cheyenne South varsity squad the past three years. For example, the pitcher for the new Torrington team, sophomore Kennedy Reinhardt, pitched for the Cheyenne South varsity team the previous year.

"We have a good core of athletes to start the program with and hope to be competitive with," Schainost said.

The girls' softball team is in the process of building up its team leadership and chemistry.

"I look forward to seeing players come together and building relationships and clicking as a team," Schainost added.

Torrington's season began with two victories at the Cheyenne Junior Varsity Tournament on March 19. The team made a statement right out of the gates, defeating Cheyenne Central's junior varsity squad, 12-5, in the first game at the tournament.

The Lady Blazers then squared off against the Cheyenne South junior varsity team in the second game, pulling out the win in a close game by a 6-4 margin.

"We had kids really step up and hit the ball hard and put bunts down when needed," Schainost said. "There is always room for improvement and things to work on over the coming weeks, but the girls played well as a team and supported each other. Torrington came out strong for its first games and hit the ball and fielded well."

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SPRING SPORTS PREVIEW – THS GIRLS' SOCCER



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Members of the 2024 Torrington High School girls' soccer team include in back, from left: Kennedi Blevins, Maggie Jacobson, Marisol Munoz, Brooklynn McCoy, Natalie Lira, Salma Beltran, Alicia Chavez and Kirstin Prado. Front row, from left: Asha Mathias, Macy Tremain, Taelor Cushman, Inez Chavez, Lileana Castro, Allie Martinez, Evvie McCreery and Zoe Wilson. Also on the team, but not pictured, are Kayden Tucker and Madison Dawley and team managers Grace Kelly and Kieana Gunhammer.



Lady Blazers look to build foundations

TORRINGTON – The goals for a relatively young Torrington High School Lady Blazers' soccer team center around winning games, but also include “growing a love for the game,” said first-year coach Tyler Cram.

Torrington lacks seniors on its roster this spring. As a result, the juniors on the team will be stepping up to take on leadership roles.

“Although team captains have not been picked yet, the juniors are going to be the foundation that their younger teammates will be looking to for direction,” Cram added.

Torrington plans to focus on building the team's foundations in 2024, along with diving into the fundamentals of soccer and developing team unity.

“We have a lot of ambition and desire to perform well on the field,” Cram said. “The girls are willing to

be pushed and improve.”

The Lady Blazers kicked the 2024 season off with the Pinnacle Cup Soccer Tournament hosted by Worland on March 22-23 and an opportunity to play 3A conference rivals on the western side of the state. The first home game is on March 26 when the Lady Blazers host Gering, Nebraska. Torrington is on the road to play conference rival Douglas on March 28 followed by a home game against Rawlins on April 4.

The Lady Blazers look forward to making a statement against their opponents as they take the season one game at a time, Cram said.

“I am more excited about seeing how our team performs against each individual team,” he added. “I want to see how the adapt to each challenge and learn to become autonomous in their play.”

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SPRING SPORTS PREVIEW – THS Boys' Soccer



ROBERT GALBREATH/TORRINGTON TELEGRAM

Members of the 2024 Torrington High School boys' soccer team include in back, from left: Kaiden Riggs, Ben Steinbrecher, Colby Sandusky, Griffin Wolfe, Adam Bartlett, Greysen Shields, Carter Blevins, Ayden Shimic, Jace Schlagel and Elijah Hatch. Front row, from left: Jacob Stadler, Braxton Carlson, Leo Belli, Anthony Arnusch, Beaux Shimic and Josiah Steinbrecher. Also on the team, but not pictured, are Nataniel Stull, Ridley Jackson, Skyler Thomas, Brody Harrison and Brody Ringrose.

Blazer soccer aims for state run

TORRINGTON – The Torrington High School Blazers return to the field with significant experience and a familiar starting lineup of 11 players.

“We were inexperienced last year, but this year, we should be ready to go,” coach Gabe Bartlett said.

The Blazers' roster includes 14 letter winners from the previous year and two seniors – Greysen Shields and Adam Bartlett – who played varsity since they were freshmen.

“This team has been playing together since they were eight years old – traveling to tournaments in Colorado, South Dakota, Wyoming and Nebraska,” coach Bartlett said. “They know each other very

well and understand what everyone's strengths are. The players are all leaders and very good at what they do on the field.”

Torrington placed fourth at the state tournament in 2023 and is taking aim at the state title this year with a group of talented athletes.

“We have one of the best defenses in the state led by Kaiden Riggs, Greysen Shields and Adam Bartlett,” coach Bartlett said. “We possibly have the best overall player in the state in Anthony Arnusch. We also have two of the faster forwards and high-level scores in the state in Elijah Hatch and Skyler Thomas.”

The Blazers look forward to the season-opening tournament in Worland for an opportunity to square off against the host school, Powell and Green River. The team is also excited about playing its conference rival Douglas, coach Bartlett added.

In addition to building depth in its roster, the Blazers are looking to improve their ability to play as a team.

“I feel we can possess the ball a little more and not rely on trying to go over the top as much,” coach Bartlett said. “We also plan to work on being able to pass our way down the field and getting our playmakers in position to score without trying to outrun everybody.”

Coach Bartlett encouraged the community to support the team in what is shaping up to be a “great” season.

“These boys have been talking about this season for a long time,” he said. “The time has come and we know we just need to put it together on the field. This team is very capable of winning our school's first soccer state championship.”

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SPRING SPORTS PREVIEW – THS TRACK

Blazer and Lady Blazer tracksters look forward to good weather, strong competition

TORRINGTON – An unusually harsh winter and a string of injuries nagged the Torrington High School boys' and girls' track teams in 2023.

Despite the setbacks, both the Blazers and Lady Blazers confidently rose to the challenge in the postseason, with the boys snagging first place at the 3A Regionals in Torrington and the girls earning third. At the state tournament, the Blazers secured fourth place while the girls snapped up fifth.

“We hope the team will be able to enjoy good weather this spring and we will work to keep the kids healthy to compete well week after week,” coach Russell Stienmetz said. “The boys made a great push last year in the postseason and the girls are coming off a great indoor season. We also gained kids from other sports. I’m excited about what each athlete will bring to the season.”

Stienmetz is entering his first year as the head coach for both the Torrington boys' and girls' track teams after serving as an assistant coach for several years. Assistant coaches include Shaylee Mortimore, Robb Nicolay, Sabrina Juma and Kathy Hamer-Smith. Hamer-Smith is entering her 43rd year coaching track at Torrington High School.

The 2024 track roster includes a strong group of seniors who will step into leadership roles this spring, Stienmetz said. Two seniors – Tyler Bennick and Alyssa Wondercheck – signed letters of intent



ROBERT GALBREATH/TORRINGTON TELEGRAM

Members of the Torrington High School girls' track team include in back row, from left: Wittni Bugher, Teryn Stokes, Kaia Jacobson, Callie Taylor, Tiffany Krueger and Trishell Pontarolo. Front row, from left: Natalie Long, Karlee Mathson, Esperanza Chavez, Ava Mattis, Kadence Schamel, Brooklyn Asmus and Natalie Hawes. Also on the team, but not pictured, is Alyssa Wondercheck.



ROBERT GALBREATH/TORRINGTON TELEGRAM

Members of the Torrington High School boys' track team include in back row, from left: Brayden Hime, Trey Parriott, Brayden Frazier, Kaden Romig, Aaron Chavez, Tyler Nicolay, Jorey Asmus, Gabe Posten, Ace Heron, Travis Nobs and Landon Fuller. Front row, from left: Brady Dagen, Julian Stromski, Zabdiel Munoz, Drew Kramer, Weston Dyer, Matthew Rogers, Nathan Lira, Beau Martinez and Nathan Schamel. Also on the team, but not pictured, is Tyler Bennick.

this winter to continue their track careers at the collegiate level.

Torrington is also returning 25 letter winners from 2023 – 15 boys and 10 girls.

The Blazers' and Lady Blazers' strengths this spring include depth on both squads.

“We are a very balanced team this year with a nice mix of great participants in field events and great runners,” Stienmetz added.

The track season commenced with the Binfield Invitational in Scottsbluff, Nebraska, on March 22, followed by the Wheatland Invitational on March 28.

The remainder of the season consists of a busy road schedule before the Blazers and Lady Blazers hosting the THS Wiseman Invitational on May 3.

“As head coach, I’m excited for the home meet this year,” Stienmetz said. “We will recognize our seniors and hope to get great support from the community.”

The coaching staff also looks forward to “seeing how we do” at the 3A East Regional Track Meet in Wheatland on May 10-11 and the state tournament in Casper from May 16-18.



SPRING SPORTS PREVIEW – MEET THE SENIORS



TORRINGTON GIRLS SOFTBALL SENIOR
KAILEY PORTER



TORRINGTON BOYS SOCCER SENIORS
LEO BELLI, ADAM BARTLETT AND GREYSEN SHIELDS



TORRINGTON BOYS TRACK SENIORS
TREY PARRIOTT, BRAYDEN FRAZIER, ZABDIEL MUNOZ AND JOREY ASMUS



TORRINGTON TRACK SENIOR
ALYSSA WONDERCHECK



SPRING SPORTS PREVIEW – MEET THE SENIORS



SOUTHEAST GIRLS TRACK SENIORS

HARPER BOCHE, SASHA HAINES AND KYLEE LLEWELLYN



SOUTHEAST BOYS TRACK SENIORS

WYATT GLADSON, MATTHEW CHAPMAN AND LANCE YORK



LFL BOYS TRACK SENIORS

MARCOS MARTINEZ, NOLAN SPEARS, WYATT SYLVESTER AND JADEN VANGUNDY



LFL GIRLS TRACK SENIORS

JOSIE HOUK, HOLLY LEISETH, NATALIE SPECKNER, IZZY SPEARS AND BRIANNA LOWTHER

SPRING SPORTS PREVIEW – SOUTHEAST TRACK

Southeast track – each week a ‘new opportunity’ to improve

YODER – The primary focus for both the Southeast High School Cyclones’ and Lady Cyclones’ track teams are to demonstrate “steady improvement” each week, coach Jeff Fullmer said.

“Hopefully we are firing on all cylinders in May,” Fullmer added.

Southeast hopes to improve upon its achievements in 2023. The Cyclones and Lady Cyclones each snagged first place at the 1A East Regional Track Meet while both teams secured third place at the state tournament.

Fullmer is head coach for the girls’ team while long-time coach Mark Bullington is at the helm of

the boys’ team. Bullington is entering his 44th season coaching track and field at Southeast.

Assistant coaches include Craig Leithead and Jeff Logsdon.

Lady Cyclones

The Lady Cyclones’ track season includes a busy schedule with meets against “great teams,” coach Fullmer said.

“I am looking forward to the challenge those teams present and how our athletes compete against them,” Fullmer added.

The Southeast girls’ roster includes 14 returning letter winners and a strong group of seniors.

“Our seniors need to continue to

be leaders and help the younger kids grow in both practices and meets,” Fullmer said. “Most of them have been out for three full seasons and know how to work and compete. We’ll continue to lean on them for leadership.”

The Lady Cyclones’ goals include placing in the top three at state, but also consist of demonstrating growth throughout the season, Fullmer noted.

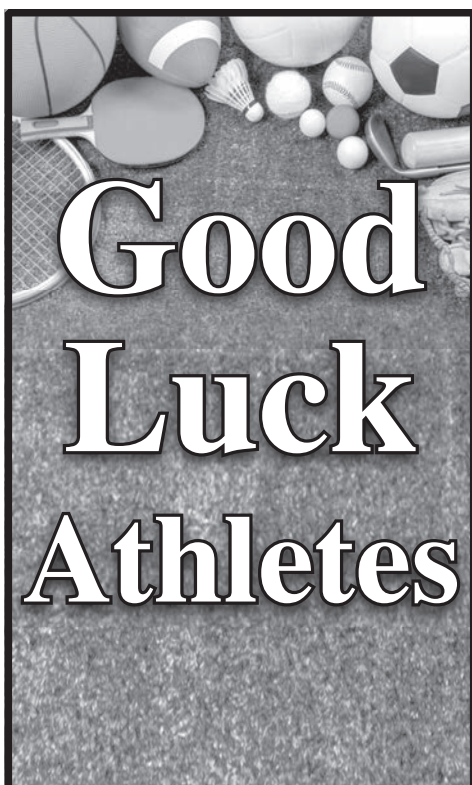
While the team’s depth will “cover a lot of events this year,” Fuller said, coaches will look for athletes to “step out of their comfort zone” and try different events by the postseason.

“We won’t have many open events by the time the state meet comes around,” Fullmer noted. “The girls have been working hard so far and I think they’ll continue pushing themselves and each other.”

The spring season began with the Morrill Early Bird Meet on March 23 followed by an invitational in Bayard, Nebraska, on March 28.

“Each week is a new opportunity and I am looking forward to how we compete each week,” Fullmer said.

see **SOUTHEAST** page 9



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ROBERT GALBREATH/TORRINGTON TELEGRAM

Members of the Southeast High School girls’ outdoor track team include in back, from left: Harper Boche, Brooklyn Leithead, Haylee Ekwall, Hadley Leithead and Bailey Mehling. Middle row, from left: Taylar Hansen, Lizzy Boche, Keana Llewellyn, Molly Hasbargen and Haylee Gibson. Front row, from left: Kylee Llewellyn, Sasha Haines and Kaycee Kosmicki. Also on the team, but not pictured, are Tylar Stoddard, Madison Boyden, Kodie Andersen, Anna Hartman and Angie Logsdon.

SPRING SPORTS PREVIEW – SOUTHEAST TRACK

Southeast: Boys' team looks to grow depth

FROM PAGE 8

Cyclones

A smaller, younger Southeast boys' track team is also setting its sights on steady growth throughout the season.

"We've got a lot of younger kids on the team this spring, and we hope to see improvement each week in times and distances," coach Bullington said. "The kids will have to step up and run multiple events."

Southeast is returning seven letter winners to its roster in 2024.

The Cyclones will look to its seniors – Wyatt Gladson, Lance York and Matthew Chapman – for leadership. Bullington hoped underclassmen like junior Kannon Tippetts and sophomore T.J. Moats – both multisport athletes – will also take on leadership roles.

"We have a pretty good mix of athletes in each event, though we have more throwers than anything," Bullington said. "We hope to qualify athletes for state and make a run for the title."

In addition to

throwing, the team's strengths this year lie in mid-distance events, Bullington noted. The coaches will be looking to fill out its relay teams, he added.

The Cyclones look forward to the Cheyenne East-Okie Blanchard Invitational for an opportunity to compete against 4A opponents.

The regional meets are "always fun," Bullington said.

"We hope to build and get better each week," Bullington added. "The season will be gone before we know it."



ROBERT GALBREATH/TORRINGTON TELEGRAM

Members of the Southeast High School boys' outdoor track team include in back, from left: Wyatt Gladson, Matthew Chapman, Drew Boche, T.J. Moats, Kannon Tippetts, Liam Haas, Sebastian Brumley and Lance York. In front, from left: Emmett Coxbill, Robin Wick, Conner Coxbill, Joaquin Ramirez, Trevor Jolovich, Alec DeMarce and William Knowlton. Also on the team, but not pictured, is Talon Tippetts.

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and Southeast
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SPRING SPORTS PREVIEW – LINGLE-FORT LARAMIE TRACK

LFL boys' and girls' track – building depth and improvement each week

LINGLE – Both the Lingle-Fort Laramie (LFL) boys' and girls' track teams look forward to commencing the season by building upon its successes and achievements from the previous year.

The team is led by head coach Mike Lashley, entering his 33rd year as coach. Lashley is also the jumping, sprinting and relay coach. Assistant coaches include Brandon Gifford (distance), Kelli Johnson (shot put and discus) and Emily Cottrell (hurdles).

The Lady Doggers captured the SEWAC and 2A East championships in 2023 and topped the season off with a third-place finish at the state tournament.

The Doggers snagged fourth place at the 2A East Regional Tournament and were the SEWAC runner-up. The Lingle-Fort Laramie boys placed fourth at state.

Lady Doggers

The Lingle-Fort Laramie girls' track team returns 10 state qualifiers from the previous year to its 2024 roster. The list includes current seniors Holly Leiseth (3200-meters, 800-meters, 1600-meters and 4x800-meter relay), Izzy Spears (discus) and Natalie Speckner (1600-meters, 3200-meters and 4x800-meter relay).

Four juniors qualified for state in 2023 as sophomores: Grace Gibson (100-hurdles, 300-hurdles, 1600-sprint medley relay), Jada Kaufman (100-hurdles, 300-hurdles and 4x400-meter relay), Brenly Shipp (400-meters) and Kenzie Wilkins (200-meters, 4x100-meter relay, 4x400-meter relay and 1600-sprint medley relay).

Three sophomores punched their ticket to state as freshmen: Hallie Fuller (pole vault), Avary Rising (shot put) and Jordynn Speckner (400-meters, 800-meters, 4x100-meter relay and 4x800-meter relay).

“We have a solid group of returning state qualifiers across all event areas,” coach Lashley said. “This experience should help us as we welcome a large group of newcomers into the program.”

The LFL girls' roster of 25 athletes brings depth to the season, placing the Lady Doggers in a position to vie for a team champi-



ROBERT GALBREATH/TORRINGTON TELEGRAM

Members of the LFL boys' track team include in back row, from left: Marcos Martinez, Nolan Spears, Ned Nelson, Brody Roberts, Brady Cook, Colter McFarlin, Brayden Posten and Cooper Smith. Front row, from left: Loudon Bremer, Nathan Fish, Wyatt Sylvester, Sullivan Wilson, Jaden VanGundy, Jaydin Olson, Lucas Ingram and Rogan Fisher. Also on the team, but not pictured, is Tyler Smith.



ROBERT GALBREATH/TORRINGTON TELEGRAM

Members of the LFL girls' track team include in back row, from left: Alisha McGraw, Jada Kaufman, Josie Houk, Holly Leiseth, Natalie Speckner, Izzy Spears, Brianna Lowther and Kenzie Wilkins. Middle row, from left: Avary Rising, Addie Teeters, Charlotte Speckner, Kaiten Schilreff, Anna Frederick, Jordynn Speckner, Addi Wilkins and Madison Hatch. Front row, from left: Haven Torres and Kiera Fleenor. Also on the team, but not pictured, are Grace Gibson and Emma Seals.

see **LFL TRACK** page 11

SPRING SPORTS PREVIEW – LINGLE-FORT LARAMIE TRACK

LFL track: Doggers take aim at another state trophy

FROM PAGE 10

onship in the postseason.

“Weekly improvement is at the top of our goal list,” Lashley said. “However, with the group of athletes we have this year, our goals also include championships in SEWAC, the 2A East Region and state. These are lofty goals, but it will be a fun challenge to see how successful this team can be.”

Doggers

The LFL boys’ squad consists of eight returning state qualifiers. Two current seniors punched their tickets to state in 2023 – Nolan Spears (4x400-meter relay, 4x800-meter relay and 1600-sprint medley relay) and Wyatt Sylvester (pole vault and 4x100-meter relay).

Three juniors qualified for state as sophomores the previous year: Loudon Bremer (110-hurdles, 300-hurdles, 4x400-meter relay and 1600-sprint medley relay), Brody Roberts (800-meters, 4x800-meter relay, 4x400-

meter relay and 1600-sprint medley relay) and Cooper Smith (110-hurdles and 4x100-meter relay).

LFL’s roster of returning state qualifiers also includes three sophomores: Brady Cook (4x100-meter relay, 1600-sprint medley relay), Brayden Posten (4x400-meter relay and 4x800-meter relay) and Sullivan Wilson (1600-meters and 3200-meters).

The Doggers look forward to building their depth as the season progresses, coach Lashley said.

“To make this happen, the coaching staff will need to find events for each athlete that will allow them to score points for our team,” Lashley added. “We are excited about the mix of seasoned state placers and athletic newcomers we have in the program this season.”

The Doggers also look to build upon its achievements from 2023.

“Even though we moved up a classification

last season, we were still very successful as we brought home a trophy from the State Track and Field Championships,” Lashley said. “Our goals this season include competing for a conference and regional championship and returning from state with another trophy.”



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SPRING SPORTS PREVIEW – SCHEDULES

2023 Schedules

TORRINGTON TRACK

March 22	at Scottsbluff, Nebraska
March 28	at Wheatland
April 5	at Cheyenne East
April 11	at Burns
April 19	at Scottsbluff, Nebraska
April 23	at Scottsbluff, Nebraska
April 26	T-Town Qualifier in Torrington
May 3	THS Wiseman Invite
May 10-11	3A East Regionals in Wheatland
May 16-18	State Track Meet in Casper

SOUTHEAST TRACK

TBA	March 16	at Chadron, Nebraska
TBA	March 23	at Morrill, Nebraska
TBA	March 28	at Bayard, Nebraska
TBA	April 5	at Cheyenne East
TBA	April 12	at Burns
TBA	April 19	at Pine Bluffs
TBA	April 23	at Scottsbluff, Nebraska
TBA	April 26	Wyoming Track Classic, Casper
TBA	April 27	at Lusk
TBA	May 4	at SEWAC in Burns
TBA	May 10-11	1A Regionals in Sundance
TBA	May 16-18	State Track Meet Casper

LFL TRACK

9 a.m.	March 22	at Scottsbluff, Nebraska	Noon
9 a.m.	March 28	at Bayard, Nebraska	9 a.m.
TBA	April 4	at Mitchell, Nebraska	TBA
TBA	April 12	at Burns	TBA
TBA	April 19	at Morrill, Nebraska	TBA
TBA	April 23	at Scottsbluff, Nebraska	TBA
TBA	April 26	Wyoming Track Class, Casper	TBA
TBA	April 27	at Lusk	TBA
TBA	May 4	SEWAC at Glenrock	TBA
TBA	May 10-11	2A East Regionals, Sundance	TBA
TBA	May 16-18	State Track Meet in Casper	TBA

TORRINGTON BOYS SOCCER

March 22-23	Worland Jamboree	TBA
March 26	vs. Gering, Nebraska	6 p.m.
March 28	at Douglas	5 p.m.
April 4	vs. Rawlins	5 p.m.
April 12	vs. Worland	6 p.m.
April 13	vs. Buffalo	2 p.m.
April 16	vs. Scottsbluff, Nebraska	6 p.m.
April 18	at Newcastle	6 p.m.
April 26	vs. Douglas	6 p.m.
April 27	at Worland	2 p.m.
May 2	vs. Newcastle	6 p.m.
May 4	at Buffalo	2 p.m.
May 10	at Rawlins	5 p.m.
May 16-18	State Soccer Tournament (Rock Springs and Green River)	TBA

TORRINGTON GIRLS SOCCER

March 22-23	Pinedale Jamboree	TBA
March 26	vs. Gering, Nebraska	6 p.m.
March 28	at Douglas	3 p.m.
April 4	vs. Rawlins	3 p.m.
April 12	vs. Worland	4 p.m.
April 13	vs. Buffalo	Noon
April 16	vs. Scottsbluff, Nebraska	5 p.m.
April 18	at Newcastle	4 p.m.
April 26	vs. Douglas	4 p.m.
April 27	at Worland	Noon
May 2	vs. Newcastle	4 p.m.
May 4	at Buffalo	Noon
May 10	at Rawlins	3 p.m.
May 16-18	State Soccer Tournament (Rock Springs and Green River)	TBA

TORRINGTON GIRLS SOFTBALL

March 15-16	Cheyenne JV Tournament	TBA
March 19	vs. Cheyenne East	3/5 p.m.
March 21	vs. Laramie	3/5 p.m.
April 2	at Cheyenne Central	3/5 p.m.
April 9	at Cheyenne East	3/5 p.m.
April 12	at Laramie	4/6 p.m.
April 15	vs. Wheatland	3/5 p.m.
April 22	vs. Cheyenne South	3/5 p.m.
May 6	at Wheatland	3/5 p.m.
May 7	at Cheyenne South	3/5 p.m.
May 10	vs. Cheyenne Central	3/5 p.m.

Home events are in bold