



Nordby Center for Recreation and Hohm Courts



Spring &
Summer
2023



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Lee Hedblom	354-2275	352-7426
Dave Wright	354-1845	352-2011
Shantel Tschetter	350-7957	350-7957
Jess Evenson	310-210-4755	

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Nordby Center For Recreation

Membership Policies and Information

SUMMER HOURS

(Memorial Day through Labor Day)

Monday – Thursday	5:30 AM until	9:00 PM
Friday	5:30 AM until	8:00 PM
Saturday	8:00 AM until	3:00 PM
Sunday	8:00 AM until	3:00 PM

HOLIDAY HOURS

The Nordby Center for Recreation will be closed on the following holidays:

Easter Day

The Nordby Center for Recreation will have a change of hours for the following holidays:

Memorial Day: 5:30 AM – 3:00 PM

July 4th: 5:30 AM – 3:00 PM

Labor Day: 5:30 AM – 3:00 PM



OUR MISSION



The Nordby Center for Recreation strives to:

- Offer quality recreational, cultural, social and educational programs to everyone.
- Provide a facility that is safe, inviting and user friendly.
- Provide excellent customer service.
- Be a responsive, self-sufficient facility.

It's here the heat the humidity ... sweat rolling across your face when you step outside, making you uncomfortable – almost unbearable. During summer and the “offseason” there is not time for a “day off”. WE HAVE THE PERFECT OPTIONS FOR YOU!! We feel it is essential to get the youth inside the facility – and not just “take the day off” – We are full force in Day Camp, Swimming Lessons, Youth Basketball Camp, Karate, and Agility, Strength, & Conditioning for all ages with many more programs to come.

The Nordby Center is happy to offer a new platform of programming with Agility, Strength, & Conditioning Academies for almost all ages – BOYS & GIRLS K-12. As in previous years, we proudly hang our hat on the proven results and the commitment it takes to get these results. We are also committed to help youth and individuals better their skill sets in swimming, basketball, tennis, karate and volleyball through our various camps and clinics offered throughout the summer.

Summer Programming of course is not the only option this summer as the Nordby Center gladly offers **FREE** classes with memberships. Classes are hosted daily and can fulfil all your fitness needs as they are geared and modified for all fitness levels. Join the Nordby “spinners” in the morning or over lunch; or you can join the 20+ also participating in Power Cut or Aqua Fitness on a regular basis ... Stop in during the mornings and get ripped up with a ‘HIIT’; or if sleeping in is your thing come and “bust a move” in the evening in Zumba with the 15+ ladies “shaking” off those calories weekly.

We can help shape and tone your body with Pilates and Sculpt and if that pace seems a little “quick” or “fast” for you check out our New Flow Yoga classes offered, Wednesday mornings and Thursday evenings, get your Zen on, plus Silver Sneakers classes offered twice a week – even better check with your current insurance provider and you may qualify for a **FREE** or discounted membership.

It is essential to offer a place for these activities to continue to take place and for the health of the members in our community. The many health benefits that correlate with living a healthy life, along with the social benefits. It is more than just the gym it becomes a home; a 2nd family; a brother/sisterhood. It's almost unexplainable until you feel it and actively live apart of it. We can and we will help get you there at the Nordby Center. We are more than just fitness “friends”, we are a fitness “family”.

Don't be afraid! Stop in today and check out the different assortment of classes that come **FREE** with your membership; and with **NO JOINING FEES** we would love to add **YOUR ‘GREAT FACE TO OUR GREAT PLACE’** – The Nordby Center for Recreation.

Joey Mitchell
Executive Director

Pam Miedema
Membership Director

FACILITY OF HEALTHY OPPORTUNITIES


The Nordby Center for Recreation has something for all individuals and families with physical activity in mind. The facility offers a full range of modern equipment and spaces designed to accommodate the wide variety of classes and programs that have been developed for the fitness needs of a community.

Our Facility Includes

- Wellness area housing more than 30 different cardio machines
- Strength Training Area with more than 15 machines with a separate free weight area
- Free Weight Room
- Heated Indoor Pool
- Basketball and Tennis Courts
- Pickleball Courts
- Racquetball and Volleyball Courts
- Indoor Track
- Aerobics Studio
- Power Pacing or Spinning Studio
- Kickboxing / Boxing Studio
- Free Wireless Internet

Provided Classes & Programs:

GROUP EXERCISE CLASSES

- Power Cut
- Power Pace (cycling)
- Silver Sneakers Classic 
- Body Sculpt
- Step
- PiYo®
- Zumba®
- Aqua Zumba®
- H2O Fitness
- Hydro-Fit

INDIVIDUAL PROGRAMMING

- Personal Training
- Martial Arts
- Sport Specific Lessons – Volleyball / Basketball
- Private Tennis
- American Red Cross Group Swimming Lessons

GROUP PROGRAMMING

- Birthday Pool Parties
- Summer Day Camp
- Facility Rentals
- Youth Exercise Camps
- Agility, Strength & Conditioning Academies
- Basketball Clinics & Camps
- Volleyball Clinics & Camps

MEMBERSHIP RATE OPTIONS

September 1, 2022 - August 31, 2023

6.5% tax

<u>Day Use:</u>		<u>15% off quest pass</u>
Family	\$ 16.90 + tax = \$ 18.00	\$ 15.29
Single	\$ 9.39 + tax = \$ 10.00	\$ 8.50
Adult + 1	\$ 11.27 + tax = \$ 12.00	\$ 10.20
Seniors (62 or older)	\$ 6.57 + tax = \$ 7.00	\$ 5.94
College (with ID)	\$ 6.57 + tax = \$ 7.00	\$ 5.94
HS Students (9-12)	\$ 6.57 + tax = \$ 8.00	\$ 6.79
Student (K – 8)	\$ 4.70 + tax = \$ 5.00	\$ 4.25
Preschool (2-5yrs)	\$ 2.82 + tax = \$ 3.00	\$ 2.56
Noon BB	\$ 5.94 + tax = \$ 6.00	

****Active Members** can purchase a day pass for guests under their account for 15% off regular prices**

<u>Monthly:</u>	
Family	\$ 89.20 + tax = \$ 95.00
Single Par. House	\$ 79.81 + tax = \$ 85.00
Single + 1	\$ 79.81 + tax = \$ 85.00
Single	\$ 65.73 + tax = \$ 70.00
Sr. Single + 1	\$ 70.42 + tax = \$ 75.00
Sr. Single	\$ 61.03 + tax = \$ 65.00
College / Military	\$ 61.03 + tax = \$ 65.00
HS Youth	\$ 51.64 + tax = \$ 60.00

Corporate Annual Membership Prices

Processed through corporate enrollment!
Annual Contract divided by 12 monthly payments

<u>Membership</u>	<u>Annual Payment</u>	<u>Monthly Payment</u>
Family	\$705.50	\$58.80
Single Parent Household	\$620.00	\$51.66
Single + 1	\$595.00	\$49.60
Single	\$488.75	\$40.74
HS Youth	\$370.00	\$30.85

*tax included

Annual corporate rates are a cost-effective tool for countering escalating health care costs while improving the productivity and morale of employees. Anyone can sign up for a corporate membership if they bank or work for the following companies:

American Bank and Trust	Prostollo Motors
Beadle County Auditors	HRMC
City of Huron	F & M Bank
Dakotaland Federal Credit Union	Dakota Provisions
Ellwein Brothers, Inc.	Huron School District #2-2
Federal Employees Counsel	
Huron Area Center for Independence	
Horizontal Machining & Manufacturing Inc. (HMMI)	
Huron Area Education Federal Credit Union	

Annual Memberships- *contract signed through the NCR
NCR EFT Annual Contract divided by 12 months

Membership	Annual Payment	Monthly Payment
Family	\$830.00	\$70.02
Single Parent Household	\$730.00	\$61.68
Single + 1	\$710.00	\$60.02
Single	\$575.00	\$48.78
Senior + 1	\$675.00	\$57.11
Sr. Single	\$525.00	\$44.60
College / Military	\$525.00	\$44.60
HS Youth	\$370.00	\$31.70

Senior = 62+ years old Senior + 1 = 2 adults 62 older same household
 Family = 2 adults + kids in same household
 Adult + 1's = adult + 1 individual in same household
 Single Parent Household = 1 adult (non-married) & kids same household

The Nordby Center for Recreation offers a free machine demonstration conducted by a certified personal trainer to all those who sign up for an annual membership.



Financial Assistance Opportunities

Any person in need of financial assistance can make a request by filling out an application and completing the necessary paperwork. Please contact the Nordby Center for more information.

The Nordby Center for Recreation financial assistance program provides membership and program assistance to ensure that everyone, regardless of age, income or background, has the opportunity to be healthy and participate in recreational activities.



Dr. E. W. Carr
 1931-2003

Dr. John S. Carr

Dr. Larry Nickelson
 Retired 2016

Dr. Wayne H. Carr

Dr. Joseph N. Carr

Dr. Joshua S. Carr

Dr. Taylor J. Carr

Dr. William J. Carr

2065 Campbell Dr.
 Huron, SD 57350
605-352-5264

NORDBY CENTER FOR RECREATION POLICIES

FACILITY RULES

1. All members must scan their membership card at the front desk upon entrance to the facility. **Replacement cards cost \$2.00.**
2. A **second pair of shoes is required*** before using the cardio and strength equipment, the weight room, racquetball courts, and/or basketball courts. We need your help to keep the facility and equipment clean.
***You will be asked to leave the facility if you do not comply.**
3. No smoking or chewing tobacco allowed on property. We are a tobacco free facility.
4. All members must wear appropriate gym attire:
 - a. No sandals or dress shoes
 - b. Full coverage shorts or pants
 - c. Shirts and shoes worn at all times
 - d. Bare midriffs are not permitted
 - e. No jeans; rivets are hard on equipment upholstery
5. No objectionable graphics/profanity on clothing.
6. All youth aged 7-13 years may utilize the gym and racquetball courts located on the first floor if a parent / guarding is on site.
7. Youth under 7 years are required to be under direct supervision of a parent always while in the facility.
8. Children under 14 may not attend adult classes.
9. **Youth ages 12-13 must be accompanied by a parent while using the strength training and cardio equipment. The parent must be actively supervising the activity.**
10. Children are permitted in organized youth programs without adults/parents.
11. Locker Rooms- children 5 years and older are expected to use the appropriate locker room.
12. Members may rent lockers for a nominal annual fee. Members supply their own lock.
13. Strollers are permitted on the indoor track and in gym.
14. We are not responsible for lost or stolen items.
15. Each area will have additional safety guidelines posted.
16. Persons refusing to obey rules and/or Nordby Center Staff are subject to removal from the facility.
17. Use of cell phones, cameras or any other form of electronics in the locker rooms is prohibited.

WEIGHT ROOM AND CARDIO AREA RULES

1. **Youth ages 12-13 must be accompanied by a parent while using the strength training and cardio equipment. The parent must be actively supervising.**
2. All weights must be cleaned & properly put away after each person is done using them.
3. Each person must spray and wipe down the area used once they are finished
4. Do not put coats, bags, etc. on the weight room floor. Put them in the appropriate area.
5. No grunting or loud noises that may bother other members.
6. Music must be played at the appropriate volume.
7. Do not bang or drop the weights.
8. Always use a thud mat when using dumbbells or barbells.
9. Please do not use weight room chalk.
10. Shirt and shoes must be worn at all times.
11. During peak periods, the time limit on all cardiovascular equipment is 20 minutes.
12. No babies allowed in the weight room or cardio area. Babies in car seats or strapped to the mother while working out on equipment is prohibited. Babies are allowed in the track area only if they are in a stroller or strapped to their mother.

POOL RULES

1. A lifeguard must be on duty if a parent is not directly in the pool area supervising children.
2. Proper swim attire must be worn at all times when in the pool. An actual swimsuit must be worn. No t-shirts or shorts are allowed in the pool.
3. For your safety, maximum capacity of the pool is 230.
4. No Band-Aids or gum allowed in the pool area.
5. **No open swim during senior swim, water aerobics classes or swim lessons**
6. Lap swim is available during water aerobics classes and swim lessons
7. **No one under the age of 18 will be allowed to swim without the direct supervision of a parent/guardian (must be at least 18 years old)**
8. Each swimmer must take a shower before entering the pool
9. No outside pool toys, balls, rafts or water guns
10. There will be NO:
 - Hanging on the lap lanes
 - Jumping from the starting blocks
 - Diving
 - Touching the backstroke flags

MEMBERS FOUND IN NON-COMPLIANCE WILL BE ASKED TO LEAVE.



GROUP EXERCISE CLASSES

SUMMER CLASS SCHEDULE

TIME	MON	TUE	WED	THU	FRI
5:45 – 6:30 AM	<i>POWER PACE</i>		<i>POWER PACE</i>		<i>POWER PACE</i>
6:00 – 6:40 AM		<i>POWER CUT II</i>	<i>FLOW</i>	<i>POWER CUT II</i>	
8:30 – 9:10 AM	<i>POWER CUT I</i>		<i>POWER CUT I</i>		<i>POWER CUT I</i>
9:20 – 10:00 AM	<i>SS CLASSIC</i>		<i>SS CLASSIC</i>		
12:10 – 12:50 PM		<i>BIKE & WEIGHTS</i> <i>(June 20th)</i>		<i>BIKE & WEIGHTS</i>	
5:15 – 6:00 PM	<i>PIYO</i>		<i>PIYO</i>		
5:45 – 6:30 PM				<i>FLOW</i>	
6:15 – 7:00 PM	<i>ZUMBA</i>		<i>ZUMBA</i>		

****All schedules are subject to change by the Nordby Center for Recreation staff.*



Intentional Living

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SPECIALTY LABORATORY

Dr. Wayne H. Carr

Certified Functional Medicine Practitioner

Ashley Curnow, RDN

Registered Dietitian Nutritionist

Jayda Shillingstad, CPT

Certified Phlebotomy Technician

2065 Campbell Dr.

Huron, SD 57350

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**Laurie
Smith**

Broker
Associate
605-350-7081

**DWIGHT
WULLWEBER**

Broker
Associate
605-354-2862

**MOLLY
SHELTON**

Broker
Associate
605-354-7641

**NICKY
GROSS**

Broker
605-570-6730

INDIVIDUAL PROGRAMMING

Personal Training

Session Packages	Minutes	1 Annual Member	1 Non-Member	2 Annual Members	2 Non-Members
Single Hour	60 min.	\$35	\$45	\$30 / each	\$40 / each
Five Hour Package	300 min.	\$125	\$175	\$90 / each	\$150 / each
Ten Hour Package	600 min.	\$230	\$300	\$150 / each	\$250 / each

**Prices include tax*

Let a certified personal trainer teach you how to get the most out of your workouts! Work one-on-one, or bring a friend or spouse, and we'll help you reach your fitness goals. You'll learn various exercises that build strength, endurance, reduce body fat, and improve overall cardiovascular fitness. Personal training sessions are made by appointment only. If two of you are sharing a session you must work out at the same time, and each individual must purchase a package

Martial Arts

Martial Art Beginner & Advanced Adult classes are currently in session.

Youth Korean Karate classes will start again in September, following the State Fair. Refer to our Facebook page for more details. You can register at the Nordby Center.

Member price \$115.00, non-member price \$145.00. **Prices include tax*

Twelve weeks of anywhere from introductory to advanced martial arts classes covering basic and advanced blocking, striking, kicking and falling techniques used in the Korean martial arts. Learn why the Korean martial arts are so considered one of the premier kicking styles in the world! Classes will be taught by Abby Vaillancourt and/or assistant instructors.

Additional one-time charge of \$25.00 for a uniform.



Nordby Center for Recreation SUMMER HOURS

Mon. – Thurs. 5:30 am – 9:00 pm
Friday 5:30 am – 8:00 pm
Sat. & Sun. 8:00 am – 3:00 pm

SPORT AND YOUTH EXERCISE

*All grades are for the 2023-2024 school year

NORDBY CENTER'S "EXPLODE"

BETTER – FASTER – STRONGER

Grades	Day	Time	Annual Member Price	Non-Mem. / Online Price
5 th – 12 th (2023-2024)	Mon. & Wed.	10:00-11:15 AM	\$50.00	\$75.00

AGILITY, STRENGTH, AND CONDITIONING ACADEMY

Athletes are **stronger, jumping higher and moving faster** than ever before. Today's athletes are looking for ways to improve **speed, strength, and explosive power**, to improve in all aspects of their game. The Academy is specifically designed to dedicate its efforts towards improving the players' game in all areas with emphasis on **explosive first step and jump training**. This training utilizes a plyometric program which has demonstrated improvement in the athlete's vertical and attack jump as well as in lateral quickness, which will lead to faster movements on the field or court.

We aim to make every athlete the best player they can be. The 8-week training during the summer months is a serious approach with proven results from repetitive muscle memory and repetitions. With an experienced staff of trainers, coaches, and players the commitment is to prepare athletes for success and develop efficient, injury resistant, athletes.

NORDBY CENTER'S SUMMER

BASKETBALL CAMP SESSIONS

Huron Youth Basketball Club, Inc. has been the proven cornerstone for BASKETBALL in the community of Huron, both recreational and competitive. For many years, the basketball club has been able to be a successful program in getting kids involved in organized basketball at a young age. We want to teach players skills and be able to utilize them in a competitive setting. It is the objective of this club to have as many parents and children involved as possible.

<u>SESSION DATES</u>	<u>GRADE</u> (2023-2024)	<u>TIME</u>	<u>ANNUAL MEMBER COST</u>	<u>NON-MEMBER / ONLINE COST</u>
Tuesday & Thursdays	K & 1st (2023-2024)	9:30 – 10:15 AM	\$40.00 Per session	\$65.00 Per session
1st Session: June 13 th – June 29 th	2nd & 3rd (2023-2024)	10:15 – 11:00 AM	\$40.00 Per session	\$65.00 Per session
2nd Session: July 11 th – July 28 th	4th & 5th (2023-2024)	11:00 – 12:00 PM	\$40.00 Per session	\$65.00 Per session

*Prices include tax

*Each participant will receive a t-shirt

NORDBY CENTER'S

Middle School Basketball Camp

The next step in a player's development is conceptual learning; how to play the game!

With these high intensity workouts, players will learn multiple basketball concepts such as – pick and roll, off ball movement and screens, backdoor cuts, post ups, motion movement and more! The workouts are designed to teach the skill sets needed to develop each athlete's individual skills and take their game to the next level.

RESERVE YOUR SPOT TODAY!!!

<u>SESSION DATES</u>	<u>GRADE</u>	<u>TIME</u>	<u>ANNUAL MEMBER COST</u>	<u>NON-MEMBER / ONLINE COST</u>
Tues. & Thurs. June 13 th – 29 th	6th – 9th (2023-2024)	12:30 – 2:00	\$40.00 Each session	\$65.00 Each session
Tues. & Thurs. July 11 th – 27 th				

*Prices include tax

*Each participant will receive a t-shirt

NORDBY CENTER'S SUMMER

YOUTH EXERCISE & SPORT TRAINING

Days	Time	Annual Member Price	Non-Member / Online Price
Friday(s)	10:30 – 11:30 AM	\$50.00	\$75.00

*Prices include tax
*Dates / Times are subject to change

Keep your kids active and feeling great with exercise camp this summer. It is recommended that today's youth need to be active at least an hour.

The program will teach the basics of working out. We also want to teach the kids functional movement of exercising and motor skills: running, jumping, skipping, throwing, catching, and many, many more.

We hope to help your child gain fitness and sports skills, while improving confidence and self-esteem. Campers will participate in a variety of games and activities that focus on different sports and physical activity.

Dates:

June 16th – July 21st
(Fridays' – 6 weeks)

Grades: K – 4th

(2023-2024 school year)

Every camper will receive a t-shirt



MONDAY(S)
June 12th – July 24th (No July 3rd)

2nd & 3rd: Session 1 & Session 3

4th & 5th: Session 1 & Session 3

6th – 9th: Session 2 & Session 4

10th – 12th: Session 2 & Session 4

EVERYONE PLAYS 2 GAMES / DAY

Session 1: 11:30 - 12:15 PM

Session 2: 12:20 - 1:05 PM

Session: 1:10 - 1:55 PM

Session 4: 2:00 - 2:45 PM

*Teams will be equally assigned by camp officials.

*Equal playing time for everyone, every afternoon.

*All games will be played at:

Nordby Center for Recreation
1700 Lincoln Ave SW
Huron, SD 57350

Fee (tax included)
NCR Annual Members \$50.00
Nonmembers \$75.00



**SUMMER 4 on 4
MONDAY
MADNESS
BASKETBALL
LEAGUE**



GIRLS & BOYS

GRADES 2nd – 12th
(2023-2024 school year)

**OPEN TO ALL
AREA ATHLETES**

**NORDBY CENTER'S
HALL OF FAME
VOLLEYBALL CAMP**

BETTER YOU – BETTER US.

BOYS WELCOME
☺

**LEARN AND WORK WITH
HURON HALL OF FAMERS' AND ALUM!**

Grades	Day	Time	Annual Member Price	Non-Member / Online Price
3 rd – 8 TH (2023-2024)	Tues. & Thurs.	3 rd – 5 th 2:30 – 3:15 PM 6 th – 8 th 3:15 – 4:00 PM	\$55.00	\$80.00

The **Hall of Fame Camp** is specifically designed to dedicate its efforts towards improving the players' game in all areas. This training utilizes a focus on setter training, defensive training, blocking, and passing techniques needed for today's game. Camp will also focus on positional players and help improve their skills in those specific areas.

We aim to make every volleyball athlete the best volleyball player they can be. With an experienced staff of coaches and players, the commitment is to prepare athletes for success.

DATES: June 6th – June 29th (4 weeks – 8 sessions) **GRADES:** 3rd – 8TH (2023-2024) **WHERE:** The Nordby Center



BOYS & GIRLS

Grades 2nd – 12th

Registration

- 1) Online
- 2) In person
- 3) Mail

Nordbycenter.org

**OPEN TO ALL
AREA ATHLETES**



**SUMMER 4 on 4
MONDAY MADNESS
BASKETBALL LEAGUE**

Schedule:

June 12th
June 19th
June 26th
July 10th
July 17th
July 24th

We will have a tournament the final day.

Goal: Provide a structured setting where players can improve their skills.

More Info:

Players will play the equal amount of time each day.

Players do not register with a team; we league officials will place them on teams.

Open to any boys & girls 2nd – 12th grade. Players do not need to be from a specific school.

Questions:

jmitchell@nordbycenter.org

or call 605-352-2627



Mailing Address:

Nordby Center
PO Box 1316
Huron, SD 57350



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605-352-8691 • 111 4th St SE • Huron, SD 57350

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Nordby Center's SUMMER Small Group Basketball Workouts

The more each player improves the better the team will be collectively. Through individual improvement each player will become more confident in his/her abilities to perform at the highest level.

Individual workouts will be scheduled in advance and be 60 minutes in length. All ages, 2nd grade and above are welcome. Workouts are taught by appointment only, with morning, afternoon, & evening times available.

AGE	DURATION	ANNUAL MEMBERS	NON-ANNUAL MEMBERS
2 nd GRADE & UP	60 minutes	\$30.00	\$40.00

**Scheduled – Limited availability (workouts may consist of 2-4 individuals*

You pay for the time – bring a friend or up to 3 with

**Must receive payment at Front Desk prior to workout*

Time Slots available –

OPTIONS: 1x week, 2x week, 3x week, 4x week, 5x week – weekly / biweekly

Monday / Wednesday / Friday

8:00 AM

9:00 AM

10:00 AM

3:00 PM

4:00 PM

5:00 PM

6:00 PM

Tuesday / Thursday

8:00 AM

9:00 AM

3:00 PM

4:00 PM

5:00 PM

6:00 PM

www.nordbycenter.org

PRIVATE OR GROUP TENNIS LESSONS

Sessions	Duration	1 Member	1 Non-member	2 or more Members	2 or more Non-members
Single Session	60 Min	\$26.63	\$37.28	\$15.98/ Person	\$26.63/ Person
5 Sessions (4 Paid – 1 Free)	60 Min	\$106.50	\$149.10	\$63.90/ Person	\$106.50/ Person
10 Sessions (7 Paid - 3 Free)	60 Min	\$186.38	\$260.93	\$111.83/ Person	\$186.38/ Person

**Prices include tax*

Call the Nordby Center to set up a private or group lesson.

AQUATIC PROGRAMMING



Summer Swim Lessons

Sessions Dates	Class	Day	Time	Annual Member Price	Monthly/Non-Member Price
Session 1 June 7 th – 30 th	Preschool 1, 2 & 3	Tues & Thur	Evening Session 6:00 – 6:30 pm	\$50.00	\$75.00
*Registration Begins Monday, May 16 th	Youth 1 & 2	Tues & Thur	Evening Session 6:45 – 7:15 pm	\$50.00	\$75.00
Session 2 July 12 th – Aug. 4 th	Youth 1 & 2	Tues & Thur	Evening Session 7:30 – 8:00 pm	\$50.00	\$75.00
*Registration Begins Monday, June 13 th	Youth 3 & 4	Tues & Thur	Evening Session 8:15 – 8:45 pm	\$50.00	\$75.00

**Prices include tax*

Swim Lesson Classes:

Preschool 1 (age 3-5 years): Two beginner levels for the younger swimmer. No skills needed prior to class. Students will be introduced to water adjustment and beginner skills such as breath holding, flutter kick and front float.

Preschool 2 & 3 (age 3-5 years): An advanced course for the younger swimmer. Student must be able to put head under water, blow bubbles, and front float. Students will be introduced to back float, glides, and the crawl stroke.

Youth Level 1 (age 6-9 years): There are no prerequisites for this course. Level 1 is to help students feel comfortable in the water. Basic water safety is covered.

Youth Level 2 (age 6-10 years): Students must have successfully completed Level 1, or able to demonstrate all the requirements in Level 1.

This class works on developing the foundation for future strokes, float without support and survival float.

Youth Level 3 (age 6+ years): This program is for swimmers who successfully completed Level 2. Students will continue to work on the front crawl and back crawl, and be introduced to the butterfly and treading water. As in all levels, basic water safety skills are covered.

Youth Level 4 (age 6+ years): Students must have successfully completed Level 3. Level 4 is designed to develop confidence and endurance in the previous learned strokes, introduce the elementary backstroke, breaststroke and elements of sidestroke and improve other aquatic skills.

Youth Level 5 (age 6+ years): Students must have successfully completed Level 4. This class works on developing smoother strokes, flip turns and building endurance.

Youth Level 6 (age 6+ years): Students entering this course must have successfully completed Level 5. This program continues stroke development and concentrates on building a high level of endurance.

Registration for Red Cross Swimming Lessons must be completed at Nordby Center. Payment is due upon completion of Swim Lesson registration form in order to secure class reservation.

FACILITY RENTALS

Birthday Party Rental

You're Invited To Celebrate your Birthday at the Nordby Center for Recreation

When: Friday: 5:30 PM - 7:30 PM
 Saturday: 11:00 AM - 1:00 PM*
 1:30 PM - 2:30 PM
 *Time during summer.

Where: Nordby Center with (Non-Exclusive) use of pool
 Who: You and 12 of your friends!

What: Two hours of fun and easy for parents

Cost: Annual Members \$100.00
 Non-Members \$125.00
 Additional guest \$3.00

**Price includes tax*

**Your Birthday party will be the one, you and your friends will remember! We will provide a private party room, life guard for the pool, table and chairs for your special event. You may bring in food, drinks and other games.*

POOL SCHEDULE

(subject to change)

SUMMER SCHEDULE (May 29th – September 5th)

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
5:30-8:00 AM	Open	Open	Open	Open	Open	Closed	Closed
8:00-9:00 AM	H2O Fitness	H2O Fitness	H2O Fitness	H2O Fitness	H2O Fitness	Open	Open
9:00-10:00 PM	Open	Open	Open	Open	Open	Open	Open
10:00-11:00 AM	Hydro-Fit	Open	Hydro-Fit	Open	Hydro-Fit	Open	Open
11:00-Noon	Open	Open	Open	Open	Open	Open	Open
12:00-1:00 PM	Senior Swim	Senior Swim	Senior Swim	Senior Swim	Senior Swim	Open	Open
1:00-6:00 PM	Open	Open	Open	Open	Open	Closed @ 3:30 PM	Closed @ 3:30 PM
5:30-6:30 PM	Open	DWP	Open	DWP	Open	Closed	Closed
6:00-8:45 PM	Open	Swim Lessons	Open	Swim Lessons	Closed at 7:30 PM	Closed	Closed
8:00-9:30 PM	Open	Swim Lessons	Open	Swim Lessons	Closed	Closed	Closed

Pool Closes at 9:30 PM Monday - Thursday

**No Open swim during swimming lessons, water aerobics and senior swim.*

**All schedules are subject to change by the Nordby Center for Recreation staff.*

**No Open swim during swimming lessons, water aerobics and senior swim.*

**All schedules are subject to change by the Nordby Center for Recreation staff.*

*Facility rentals are available during and after business hours. The Nordby Center can help create an opportunity for you to spend quality time with family, friends and co-workers.

* All parties must be paid in full at the time of booking. Please book at least two weeks in advance. Contact the Nordby Center for more information on Private Rentals at 352-2627.

Individuals and families have many ways to take advantage of ALL our facility offers. Annual, monthly memberships, and daily passes all provide you access to EVERYTHING available at the Nordby Center for Recreation. See you there!

Annual Corporate Rates

Our corporate rate is a cost-effective tool for countering escalating health care costs while improving the productivity and morale of employees. Health care costs are estimated to increase in the next five years. A Nordby Center Membership is an investment to the solution.

To be eligible for the corporate plan, a company must employ a minimum of ten employees and monetarily guarantee membership of 10% of their workforce or a minimum of ten employees, whichever figure is higher.

Corporate accounts will be billed to the company at the beginning for each membership year.

Thank you to our Corporate Members.

American Bank and Trust	HRMC
Beadle County Auditors	Prostrollo Motors
Dakotaland Federal Credit Union	HMMI
Federal Employees Counsel	F & M Bank
Huron Area Center for Independence	City of Huron
Huron School District #2 – 2	Dakota Provisions
Huron Area Education FCU	Ellwein Brothers, Inc.



OUR SPECIAL THANKS TO:

The Nordby Center Members & Huron Community!

The Nordby Center for Recreation founders and governing board of directors for their vision and support.

Board members include Jason Rubish, Kristy Smith, Will Carr, Tom Glanzer, Doug Pietz, Dave Moser & John Pfitzer.

United Way

We want to thank the United Way for providing the Nordby Center for Recreation with additional funding that enhances our ability to provide exercise and wellness to youth. This funding allows us to stretch our dollar for our members a little bit further and enables us to reach even more youth within the community.



Lincoln D. Wacker Foundation

Lincoln, son of Tyrone and Vereen Wacker, lived in Huron from 1979-1983 and attended Huron University from 1998-1999. He student-taught at Jefferson Elementary school. Tyrone was the football and baseball coach during his years at Huron College. Lincoln was killed by a drunk driver in the fall of 1999 while returning from coaching a football game.

Wheeler Family Fund

The Wheeler Family Fund is a part of the Huron Community Foundation. It was started in 2013 by Rick Wheeler, Ron Wheeler, Brian Wheeler, Kirke Wheeler and June Wheeler in memory of their parents Kirke and Maurine Wheeler, brother and husband Dr. Jeff Wheeler, and their grandparents John and Lelia Wheeler. Each year, the interest off the fund investment can be distributed to different, non-profit, and charitable organizations as selected by the members of the Wheeler Family Fund.

Dr. Paul Hohm Foundation

Dr. Paul felt so passionate about having a facility such as the Nordby Center for Recreation and Hohm Courts in the community, that he left an endowment with the SDCF earmarking the Hohm Courts to be the beneficiary of an annual distribution for the maintenance and betterment of the facility.

Nordby Center for Recreation Advertising Partners

We want to thank our past advertising partners for their loyalty and commitment to the Nordby Center for Recreation. Their continued support has allowed the Nordby Center for Recreation to continue its storied success as well as cement our relationship within our great community. Please stop in and ask how you can be a partner in our community center!



WEBSITE

Visit us on our website to view information, pictures, and more.....

www.nordbycenter.org

Check us out on Facebook,

Also follow us on Twitter:
@NordbyCenter



MAILING ADDRESS

Nordby Center for Recreation
PO Box 1316
Huron, SD 57350



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STEP

1

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INNERSPRING MATTRESS

Traditional innerspring coils beneath specialty foams and tufted cushioning.



sale
\$548

SEALY POSTERPEDIC SPRING BLOOM MEDIUM QUEEN MATTRESS
list price \$1999.99
SKU# QK1037196

MEMORY FOAM MATTRESS

Reacts to your body with different layers of foams to provide support and pressure relief.



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list price \$1999.99
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The combination of traditional innerspring support with pressure-relieving memory foam.



sale
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list price \$1999.99
SKU# QK1035013

STEP

2

EXPLORE EASY RATING SYSTEM!

BACK SUPPORT

STRONG SUPPORT

FEEL

FIRMIEST FEEL

BACK SUPPORT

STRONG SUPPORT

FEEL

FIRM FEEL

BACK SUPPORT

STRONG SUPPORT

FEEL

FIRM FEEL

STEP

3

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