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Rink has new owner

Jones adds skating business to her growing portfolio

By Brad Jennings Editor

MOUNT MORRIS -

Growing up, Oregon native Rebecca Jones used to go skating at the White Pines Roller Skating Center.

As of Dec. 23, she now owns it.

"Oh my gosh, yes," she said with a laugh when asked if she skated there when she was growing up. "I spent a lot of time here when I was a kid."

The roller rink, located at 6929 W. Pines Road, fits perfectly with her other businesses. On April 1, 2019, Jones became the owner of the Pine Creek Canyon Wedding venue, three acres next to the venue, office space and the Pine Creek Cabins. The area is now Pine Creek Escape. Adding the skating

center means she now owns 12 acres in that area.

"It kind of romantically fits into my portfolio," Jones said, adding that she never thought she would own a skating rink.

She said her plan is to keep it open as a skating center for people to enjoy.

The rink first opened in 1947, and Jones said it still has its original marble floor.

"It's in impeccable shape," she said. "Not one crack in it."

Jones bought the property from Dave and Maggie Johnson. Dave purchased the business in 1984 and had run it since, but Jones said the couple had moved to Tennessee.

"I had a feeling that they were thinking about selling this property," Jones said.

(See RINK, A-2)





The roller rink was built in 1947 and still has its original marble floor.





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Ogle County Life/Rock Valley Shopper

Monday, January 6, 2020



History of rink goes back to WWII

The story goes that the rink, built in 1947, was an airplane hangar from WWII brought down from Minnesota. There used to be an airport style searchlight on the top of the rink years ago, and it had a tag on it stating it was a WWII surplus.

The terrazzo floor was laid for the 160 foot by 80 foot skating area, one of the largest in the Midwest and is still there today, in perfect condition. Ken Sheely, who owned The Canyon for years, remembers attending the day it opened, when he was 6 years old. Back then it was 5 cents for a soda at The Rink.

Dave Johnson bought The Rink in 1984, when he was 21 years old and has operated it for the last 35 years. The inside has been remodeled over the years and even offers a large arcade today.

Pictured below are former owner Dave Johnson and new owner Rebecca Jones. (Submitted photos)



Just recently arrived, walking around a little squirrel named Rocky crossed my path, he had found and said -

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One more thing, something to share: The bitterness of poor quality lingers long after the sweetness of a cheap price is forgotten.

Thank you! Enjoy your day!



We would like to thank each and everyone that have helped us during Charles' illness and since his passing. Thank you for the many cards and donations to the memorials in his name. We are so appreciative of all that was done. We are fortunate to have such a strong community of family and friends.

Our husband, Father, Grandfather, and Great-Grandfather will be missed. He is at peace now.

- The Charles Heng Family

Marian, Sue & Stan, Mike & Joan, Michelle, Justin & Kylar, Marc, Renee, Haiden & Gavin, Chuck & Jeanie, Jennifer, Brooke & Abby

RINK: Has a full arcade

From page 1

And now she owns a business with deep roots in the community and her own family. Not only did Jones skate there as a kid, but her grandmother also $skated\,there\,throughout\,high$ school. Her grandmother's sister even met her husband at the rink.

The rink is open Friday 7-10 p.m., Saturday 1-5 p.m. and 7-11 p.m. and Sunday

It is also open for a variety

of special events and is for rent for private parties and events. The space also has a

concession stand and a full

Jones said he main goal for now is to clean up the front entrance and continue to operate, "a safe, fun place where kids can be active instead of sitting in front of a TV."

RCH announces visitor restrictions in response to flu

ROCHELLE – Effective immediately, Rochelle Community Hospital has announced that it will not allow visitors under the age of 18 to visit the hospital until further

In response to increased cases of Influenzalike illness in both Rochelle and Ogle County, this change in policy is aimed to protect patients and children from the flu. In addition:

* The number of people visiting a patient has been limited to two at any one time.

* Visitors with flu-like symptoms, including a fever, sneezing, cough or sore throat should not visit patients.

* Patients and/or visitors who present with flu-like symptoms will be required to wear a mask.

It is in the best interest of patients and staff to limit the presence of younger children in the hospital until further notice. Obviously, RCH will continue to see children whose parents' have brought them in seeking medical attention.

Flu symptoms

Flu symptoms can include: fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue, sometimes diarrhea and vomiting.

Emergency warning signs in children:

- Fast breathing or trouble breathing
- * Bluish skin color
- * Not drinking enough fluids
- * Not waking up or not interacting
- * Being so irritable that the child does not want to be held

*Flu-like symptoms improve but then return with fever and worse cough

* Fever with a rash

Emergency warning signs in adults

- * Difficulty breathing or shortness of
 - * Pain or pressure in the chest or abdomen
 - * Sudden dizziness
- * Confusion
- * Severe or persistent vomiting

Seeking treatment

If you have mild flu-like symptoms, please

call your doctors office first. If you have any of the warning signs mentioned above, by all means call your physician's office, come to Convenient Care at RCH, utilize the Emergency department or call 911 depending on the seriousness of the situation.

If you come to the Hospital for care you may be asked to wear a mask while waiting or be placed in a segregated area with other patients with flu like symptoms. Please do not be offended by this it is meant to protect other patients who are here that do not have flu like symptoms.

How long should I stay home?

The CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.) Stay away from others as much as possible to keep from making others sick. Staying at home means that you should not leave your home except to seek medical care. This means avoiding normal activities, including work, school, travel, shopping, social events and public gatherings. If you must leave the house, cover coughs and sneezes with a tissue and wash your hands often to keep from spreading flu

Precautions

There are everyday actions people can take to stay healthy.

- *Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it. Wash your hands often with soap and
- water, especially after you cough or sneeze. Alcohol-based hand cleaners are also ef-

*Avoid touching your eyes, nose or mouth. Germs spread that way. Try to avoid close contact with sick people.

Remember the 3Cs:

Clean Hands - Wash your hands often with hot soapy water for at least 20 seconds

Cover – Cover your cough or sneeze

Contain the germs - Stay home when vou are sick.

Forest Preserve District offers free outdoor activities this month

Animal tracking program

The Byron Forest Preserve District will be offering a free Winter Animal Tracking Program on Saturday, Jan. 11 from noon-1 p.m. at the Jarrett Prairie Nature Preserve located at 7993 North River Road in Byron. Learn to track our many active winter animals in the snow, mud or sand and identify their tracks, scat and chew patterns as we hike through the prairie and woodlands at the preserve. This program will be led by Assistant Superintendent of Education Janet Dahlberg. Advance registration is required be Wednesday, January 8 by calling 815 234-8535, Ext. 200.

Native Americans on the Prairie program

The Byron Forest Preserve will be offering a free interactive Native Americans on the Prairie drop in program on Sunday, Jan. 12 from noon-4 p.m. at the Jarrett Prairie Center located at 7993 North River Road in Byron. Drop in any time to check out our Native American and bison artifacts, hear stories, play games, and make traditional crafts such as nettle cordage. You can also try to light a fire with a bow drill and learn other fire starting skills. No advance registration is required. Open for all ages. Call 815 234-8535, Ext. 200 for more information.

Bald Hill Winter Walking tour

The Byron Forest Preserve District will be offering a free Bald Hill Winter Walking Tour at their Bald Hill Prairie Preserve located at 5502 North Silver Creek Road, Mount Morris on Saturday, January 18 from 10 a.m.-noon. Join Superintendent of Education, Mark Herman, for a guided walking tour of the Bald Hill Prairie Preserve to see the Illinois Big Tree Champion and all of the recent conservation work that has been done by our Restoration Department. Advance registration is required by Thursday, January 16 by calling 815 234-8535, Ext. 200. For hearty hikers age 10 and up. Be prepared for several steep hills and dress for the weather. We will be meeting at the Bald Hill Prairie Preserve parking lot.

Nomonations open for board

OREGON - Nominations are being accepted for three, two year terms as directors of the Ogle County Soil and Water Conservation District. Nominations can be made at the District's office, 213 West Pines Road, Oregon, during the normal business hours of 8 a.m. to

To be considered for nomination as a candidate for the office of director, nominees must provide proof of residency or ownership of land located within the boundaries of the district.

Interested persons must respond by 4 p.m. on Jan. 31, 2020.





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Obituaries

Grace P. Henley

ROCKFORD - Grace P. Henley, age 93, went to be with the Lord on Monday, Dec. 30, 2019. She was born Sept. 22, 1926 in Byron, the daughter of Harry and Grace (Wilfang) Brechters.

She attended Meridian School District in Stillman Valley. Grace married Elmer E. Henley on Sept. 12, 1943 in Kahoka, Mo. Elmer preceded her on Dec. 16, 2006. Grace was a nanny for 20 years for a Dr.'s family and also worked a Hardees's in Rockford for 10 years. Grace was a member of the Ebenezer Reformed Church near Oregon where she also participated in the Ladies Aid of the church and was an usher. She enjoyed her



bowling leagues, crocheting, baking, and her Bible study groups. Most of all Grace enjoyed visiting with her family and friends.

She was predeceased by her parents, husband Elmer, an infant brother Harry Brechters, Jr, her brother Henry Brechters, and sisters; Seeka Reimer, Hennietta Oltmanns, Jenet Brechters, and Harriett Lindman.

She is survived by her son Elwin Henley of Rockford and many nieces and nephews.

Funeral service was 11 a.m., Thursday, Jan. 2, 2020 at the Ebenezer Reformed Church near Oregon, with the Rev. Josiah Youngquist pastor of the church officiating. Visitation was prior to the service at the church from 10-11 a.m. Burial in the Ebenezer Cemetery. In lieu of flowers a memorial fund is established for the Ebenezer Reformed Church. To leave a condolence or memory visit www. farrellhollandgale.com.

Richard Nelson Cain

son Cain, age 84, died Tuesday,Dec.31,2019 at his home in Mount Morris. He was born Aug. 18, 1935 in Rockford the son of Everett and Edith (Nelson) Cain.

Dick attended St. Paul Lutheran Grade School in Loves Park and Byron High School. He married Phyllis a. Reeverts on Sept. 21, 1957 at the Ebenezer Reformed Church near Oregon. Dick was a member of the Ebenezer Reformed Church where he served as an Elder and Deacon. He was also a life member of the Byron Masonic Lodge # 274 where he was a 2 time Past Master of the Lodge and served on the committee as a founder of the Academic Bowl. He was also a 32nd Degree Mason with the Freeport Consistory and member of the Tabala Shrine of Rockford.



Dick worked most of his life as a truck driver for Smith Oil, Piggly Wiggly, DeWall Trucking, Rockford Bakery, and Campbell Express. He was a former co-owner of Rockford Charter. In his later years Dick drove School Bus for Oregon, Byron, And Stillman Valley Schools.

He was predeceased by his parents and brother Edelbert

He is survived by his wife

daughters; Beverly (Dave) Bjorklund and Brenda (Tim) Koeller all of Byron, 4 grandchildren; Brianne and Brittany Bjorklund(Rob Rubio), Brian and Brent Koeller, sister Jeannette Shumaker of Pennsylvania, and many nieces and nephews.

Funeral service was 11 a.m., Friday, Jan. 3, 2020 at the Ebenezer Reformed Church near Oregon with the Rev. Josiah Youngquist pastor of the church officiating. Visitation was Thursday evening from 5-7 p.m. followed by a 7 p.m. Masonic Service at the Farrell-Holland-Gale Funeral Home, 506 W. Merchant Street in Byron, IL. Burial in the Ebenezer Cemetery. A memorial fund is established for The Ebenezer Reformed Church. Visit www.farrellhollandgale.com to leave an condolence or memory.

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Farm Bureau accepting scholarship applications

The Ogle County Farm Bureau is pleased to announce that applications for their 2020 Scholarship Program will be available beginning Jan. 4 to graduating high school seniors, or those enrolled at an accredited university.

Farm Bureau members may pick up or have applications mailed. Applications can also be downloaded from the Ogle County Farm Bureau website at www.oglefb.org

The Don Bybee Memorial Scholarship is jointly funded by the Bybee family and the Ogle County Farm Bureau. Mr. Bybee served for many years as a director on the Ogle County Farm Bureau Board and offering this \$1,000 scholarship recognizes his passion for offering opportunities for Ogle County youth to advance their education.

Also available is a \$1,000 scholarship funded jointly by the Ogle County Pork Producers Association and the Farm

Bureau. The Mark Detig Memorial Scholarship will be awarded annually. Mr. Detig served as past president and director on the pork producers association board of directors and was involved in 4-H youth activities in Ogle County.

These scholarships are in addition to the \$1,500 Del Flessner Memorial Scholarship, honoring the former manager of the Ogle County Farm Bureau; and two \$1,000 General Farm Bureau Scholarships.

Finally, an Ag Technology Scholarship will be awarded in an amount of \$1,000. It will be awarded to students studying in an ag technology field similar to diesel mechanics, crop technician or similar fields of study.

Eligible applicants must meet the following criteria: must be a high school graduate; must be an Ogle County Farm Bureau member or dependent of a member: must be

accepted at an accredited university or college and pursue an agricultural or agricultural-related field of study; must be a resident of Illinois; and must demonstrate a financial need.

Applicants can be graduating high school seniors or students currently enrolled in an accredited college or university.

Applicants successfully completed and submitted will be judged on criteria including: academic performance, demonstrated interest in agriculture, financial need and character/ personality.

Those interested in receiving a scholarship application should contact the Ogle County Farm Bureau at 732-2231; or stop by their office at 421 W Pines Rd, in Oregon, IL. Applications can also be downloaded by visiting our website at www.oglefb.org

All applications and accompanying materials must be received no later than April 1, 2020.



DeVries awarded honorary membership

The Illinois Society of Professional Engineers Rock River Chapter 2019 Honorary Membership Award was presented to Jacqueline DeVries, at the Rock River Chapter luncheon in Dixon on Thursday, Oct.24.

The award is in recognition of her contribution to the engineering profes-

sion, her community and the National Society of Professional Engineers through her efforts with the Rock River Chapter and Illinois Society of Professional Engineers. DeVries was nominated for the state award by the Rock River Chapter of Professional Engineers based on her 29 years of

coaching MathCounts. She received the 2019 Honorary State Award on July 26 and the Rock River Chapter honored her as the recipient of this award at their local luncheon in October.

DeVries taught math and coached MathCounts at Byron Middle School. She retired from teaching at Byron in June of 2018.



Scholarship fundraiser is Jan. 25

MOUNT MORRIS - Aireloom Music Studio in Mount Morris would like to invite you to come to their 3rd annual music lesson scholarship fundraiser variety show "A Little Bit of Everything" on Jan. 25 at 7 p.m. at Pinecrest Grove Community Theatre, 500 Evergreen Lane in Mount Morris.

"It's going to be a very fun night with lots of laughs, live music, and many silly songs!" Aireloom owner Mary Ley said. "Our show raises funds for music lessons for families who can't afford them. Music is so important and everyone who wants to learn should be able to take music lessons. 100% of the proceeds goes towards families lessons."

Aireloom Music teaches every instrument including voice.

Tickets are on sale now at aireloommusic.com or find them on Facebook and Instagram at @AireloomMusicStudio. They can also be reached at 815-973-5697 or aireloommu-

County releases electronic recycling dates for year

OREGON – The Ogle County Solid Waste Management Department (OCSWMD) will offer residential electronics recycling throughout 2020 on select dates for Ogle

These drop-offs are held at the County Annex Building at 909 Pines Road in Oregon, which is just west of the IL Route 2 and Pines Road intersection.

These events are for Ogle County residential electronics and an ID is requested upon check-in at the event. Items accepted include all televisions, computers, monitors, computer hardware and cables, printers, FAX machines, desktop copiers, phone systems, cell phones, tablets, laptops, VCR/ DVD units, cable/ satellite boxes, video gaming equipment, radios, digital clocks, stereo equipment (no wooden speakers are accepted), holiday lights, extension cords, fish finders, calculators, rechargeable batteries, CFL bulbs, CD/DVD's, and printer cartridges. Microwave ovens are accepted for a \$5 fee. There is a limit of seven (7) large items per vehicle, and boxes and crates filled with smaller items are considered a large item.

Unaccepted items include smoke detectors, vacuum cleaners, heaters, fans, dehumidifiers, sump pumps, motors, tools, toys, lights, lamps, flashlights, appliances, coffee makers, toasters, bread makers, fryers, exercise equipment, and personal hygiene items. Please remove electronics from boxes and other packaging prior to attending the event. No business/ institutional electronics accepted at these events. Contact the OCSWMD for business electronic recycling options.

The dates for the residential electronics recycling program for 2020 are listed below: Friday events will be held January 31st, February 28th, March 27th, April 24th, May 29th, June 26th, July 31st, August 28th, September 25th, October 30th, and November 20th. There will be no December collection. These events run from 9 a.m. to 4 p.m. Saturday events will be held on May 16th and October 17th and will run from 8

The OCSWMD may cancel or alter the hours of any collection event based upon weather conditions, staffing, or warehouse space. The OCSWMD will make every effort to publicize cancellations of collection events through social media.

Please contact the OCSWMD at 815-732-4020, visit oglecounty.org, or Facebook for more information regarding this program, or if you have business/ institutional electronics you wish to recycle from Ogle County.

Oregon Park District offers variety of dances

OREGON - The Oregon Park District always has a special event on the horizon and the staff absolutely love "Creating fun for a lifetime" that families can enjoy.

The ever-popular Daddy Daughter Dance and the Mother Son Date Night are fast approaching. This year's theme: Rock Around the Clock at the Sock Hop! It's not too late to register, but don't wait any longer. The deadline is Jan. 25.

There is much planning, preparation, purchasing, personalizing that goes into the dances which makes a deadline necessary" according to Debbie Leffelman, event coordinator. Park District programs and events attract people from near and far and the upcoming Winter Sock Hop's at Nash Recreation Center are filling fast.

The Mother Son Date Night will take place on Friday evening, Feb. 7. Not only there dancing, but the boys love to play games and can earn "Cool Cash" to spend at the Sock Hop Shop. Young boys will enjoy this one-on-one time with their moms or a mother-figure. The Daddy Daughter Sock Hop is on Saturday, Feb. 8.

"Fathers don't let your daughters first dance be at her wedding," Leffelman said.

We give dads the opportunity to get years of practice in. Dads or those father-figures can demonstrate to their daughters how a man should treat them later in life.

"I'm amazed each year by some of the dads that really go the extra mile to make their little girl(s) feel special," she said. "The tradition at the dance is for the girls to make a commemorative bracelet. Some of the girls that have been coming to the dances for

The dances are so much fun and give couples a chance to make memories. Professional photographer, Niki Hunt will be there to capture that special moment for families. Photo envelopes are currently available at Nash. Photo times are assigned based on registration date, so the earlier you register the better. Times are assigned so that there is no standing in lines and missing out on the fun. Refreshments, dance contests and the ever-popular balloon drop at the end of the evening are just part of the excitement.

Not only are the events fun for the couples, but the dances are good for Oregon and the local economy. There are flowers ordered, hair is styled, restaurant reservations are made, and more. We appreciate the local businesses that work with us and support

Sign up now if you haven't already. This year's dance is the perfect opportunity to dress up and "rock around the clock" at the Sock Hop. For pricing and to register, visit Nash Recreation Center, or register over the phone at 815-732-3101. Visit www. oregonpark.org for more information on the dances and to register on-line and to check out the many other wonderful programs and events the Park District offers.



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Ducks Unlimited chapter holds banquet Feb. 29 at RRC

OREGON – The Four Rivers Chapter of Ducks Unlimited will hold its 2nd annual banquet at the Rock River Center of Oregon on Saturday, Feb. 29 at 5 p.m.

"The Ducks Unlimited success story," said chapter chairman Pete Oliver, "is one that makes me proud to be a volunteer. Local Ducks Unlimited fundraising events held throughout the country last year contributed \$66 million towards Ducks Unlimited's Rescue our Wetlands campaign. But what is even more important to realize is that this national fundraising total must increase this year if the North American waterfowl habitat race is to be won.'

Each year, the United States loses some 100,000 acres of wetland habitat. Since its inception, Ducks Unlimited has raised over \$5 billion and enhanced, restored, or protected over 191 million acres of wetland habitat, collectively an area greater than the State of Texas. Projects funded by DU provide habitat for over 900 wildlife species, including waterfowl, river otters, sandhill cranes and numerous species of songbirds.

While Ducks Unlimited has accomplished a great deal since its founding in 1937, the rapid draining of our wetlands demands that the organization continue to accelerate its work. Efforts like those of the Four Rivers Chapter are a vital part of Ducks Unlimited's

For information on how you can support Ducks Unlimited's program of wetlands conservation, contact Trevor Hogan at 815-703-9596 for tickets and further details.



Lions donate to VFW

At their Christmas Meeting on December 12 the Oregon Lions made a \$1000 donation to help defray the cost of the Christmas Baskets that the Oregon VFW members distribute at this time of the year. Oregon Lions Club President Mike Hoff (left) presented the check to Bob Coulter from the VFW. Oregon Lions are proud to have an ongoing partnership with the Oregon VFW and meet twice monthly at the VFW Post in Oregon.



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Holiday Giveaway



Bill Harmon (Byron) accepts a certificate for a pork half from Stillman Bank Commercial Loan Office Peggy Kruger for the bank's annual Holiday Giveaway.



Brad Currens, Stillman Bank Vice President presents Brian Welty (Oregon) a certificate for a pork half for the bank's annual Holiday Giveaway.

Ron Zolper (Byron) accepts a certificate for a beef quarter from Stillman Bank Vice President Bryan Markham for the bank's annual Holiday Giveaway.



LR Lions breakfast set for Jan. 11

LEAFRIVER – The Jan. 11 Leaf River Lions Breakfast will be bacon, eggs, hash browns, sausage gravy, applesauce, white or wheat toast, orange juice with milk or ice water.

Serving will be in the Bertolet Memorial building beginning at 7 a.m. and ending at 10 a.m. The cost for the breakfast is children 4 and under free, ages 5 years to 13 years \$ 4 and age 14 through adult "one time through" will be \$7.

If you want an "all you can eat" breakfast the cost is \$9.

Proceeds from the breakfast will assist the Lions with Summer Daze activities as well as vision and hearing assistance. Come and enjoy a great breakfast and visit with many friends!

Bring Commodities for the Loaves and Fish Food Pantry in Mount Morris. Items like paper products, personal hygiene, canned goods (no outdated products) or even cash will be accepted. A table will be available to put your items on. This time of year, we all need to be helping those less fortunate so help the Lions help those in need.

Also, the Lions will be accepting Christ-mas lights that you wish to discard. Working or not will be taken. Now that Christmas is over it's a great time to just toss the old lights away. The Lions will recycle them for you. A large box will be available for you to drop your lights in.

Build-A-Barn has upcoming fundraisers

The Ogle County Horse Barn Committee/Build-A-Barn has five fundraisers planned for 2020.

The first will be the annual Tack Sale on March 1, at the Mount Morris Moose Center, 101 Moose Drive, from 10 a.m.-4 p.m. We will have vendors with a largeselection of new and used horse tack; antiques, crafts and much more. The entire south wall will be new tack, accessories and related horse equipment. We have booths still available but they

are going fast. Check

out our Facebook page, The Ogle County Horse Barn Committee/Build-ABarnand download a contract or contact Lynne Radville at shadowboxerarabians@gmail.com or text to 815-238-7892.

The following shows will be held at the Ogle County Fairgrounds, 1440 N. Limekiln Rd., Oregon:

May 17 – Fuzzy Wuzzy Fun Show. Bring your fuzzy horses for a day of fun. No need to clip or

bathe your horses. Show tack/clothes not required.

June 27 – Open English

Show. Formerly Bits n Reins show

June 28 – Open Western Show. Formerly Bits n Reins show

Aug. 2 – Ogle County Fair Open Show, beginning 9:30 a.m.

Oct. 10 – Spooktacular Horse Expo - Clinics and demonstrations

Oct. 11 – Spooktacular Horse Expo - Fun Show Showbills will be posted

on our Facebook page soon.

Also, our very own. Chaplain Jay LaRette, will bring the gospel to Midwest Horse Fair on April 19.



Page A-8 Ogle County Life/Rock Valley Shopper

Monday, January 6, 2020

Ogle County Sheriff

Jan. 1

At approximately 1:30 a.m., Ogle County Sheriff's Deputies responded to an address on Lilac Lane in rural Rochelle for the report of a disturbance. After conducting an investigation, Eduardo Orozco-Ramos, 26 of Rochelle, was arrested for Domestic Battery. Orozco-Ramos was transported to the Ogle County Jail where he is held without bond until seen by a judge.

At approximately 10:12 a.m. Ogle County Sheriff's Deputies performed a traffic stop in the 100 block of S. 2nd St. in Oregon. After investigation, Deputies placed Jonathan Ross, 20 of Dixon under arrest for No Valid Driver's License and Possession of a Controlled Substance. Ross was additionally issued a citation for operating an uninsured vehicle. Ross was transported to the Ogle County jail where he was later released on a Recognizance Bond by a Judge.

At 8:44 p.m. Ogle County Sheriff's Deputies conducted a traffic stop on IL Rt. 251 at IL Rt. 72 for an equipment violation. After an investigation the front seat passenger, Lavalle Hughes, 34 of Janesville, Wis., was arrested for Unlawful Possession of Cannabis/Passenger. Hughes was transported to the Ogle County Jail and held in lieu of bond.

At 8:30 p.m. following a traffic stop on I39 mile marker 109 Northbound Ogle County Sheriff's Deputies arrested Alyssa Angelico, 25, of Roscoe for Driving While License Suspended. Angelico was released on scene with a return court date of 1/31/20 at 9am.

Dec. 31

Ogle County Sheriff's Deputies Arrested Cole A. Nevenhoven, 26 of Byron, on N. Tower Rd. and Lynn Rd. For Driving While License Suspended and an Ogle County Warrant Nevenhoven was transported to the Ogle County Jail. Nevenhoven posted bond and has a return court date of 1/24/20 at 9 a.m.

Dec. 30

The following people were arrested for Ogle County Outstanding Warrants:

Erich Huber, 38, of Stillman Valley for Failure to Appear. Huber had a bond of \$470. Huber did post the \$470 bond and was released from the Ogle County Jail. Regina Tamayo, 52, of Oregon for Failure to Appear. Tamayo was not able to post and and will go to court on 12/30/19 at 1 p.m.

Dec. 29

At approximately 3:26 a.m., Deputies responded to an address in the 500 block of Garfield St. in Leaf River in reference to a disturbance. After further investigation Ronald Reittinger, 36 of Leaf River, was placed under arrest for Aggravated Domestic Battery. Reittinger was transported to the Ogle County Jail where he was held in lieu of bond.

Dec. 27

At approximately 6:07 a.m. Ogle County Sheriff's Deputies responded to a domestic disturbance at 407 N Chestnut Lot #27 in Forreston. After an investigation Kode Hall, 26 of Forreston was arrested for domestic battery, and an outstanding Lee County warrant. Hall was transported to the Ogle County Jail where was held in lieu of bond.

At 12:02 p.m. Ogle County Sheriff's Deputies responded to a 2 vehicle accident with injuries at the intersection of Mt. Morris Road and IL RTE 72 in rural Leaf River. A Honda passenger car driven by Victor Heather, 18, of Oregon, was southbound on Mt. Morris Road approaching the intersection with IL RTE 72. Numerous witnesses and evidence at the scene indicate that Heather failed to stop at the stop sign and struck a Kia SUV that was traveling eastbound on IL RTE 72. Heather's vehicle came to rest in the intersection, facing North. The Kia SUV was pushed into the south ditch upon impact, overturned, and came to rest in the ditch on its side; facing East. Heather was extricated from the vehicle and transported to Mercy Health's Javon Bea Hospital in Rockford for treatment of serious injuries by the Mt Morris Ambulance. The Kia was driven by Jason Viverito, 42, of Davis Junction. Passengers in the Kia were: Steve Klassen, 62, of Davis Junction, Dawn Klassen, 58, of Davis Junction, Curtis Sherman, 63, of Loves Park, and a 5-year-old female juvenile from Davis Junction. All occupants of the Kia were transported to Swedish American Hospital in Rockford for treatment of serious injuries by EMS from Byron, Leaf River, and Forreston. Accident remains under investigation.

Dec. 26

At approximately 8:40 a.m., Deputies were dispatched to Primrose Ln, Davis Junction reference a Domestic Battery. After a brief investigation, Deputies arrested Dennis S. Vineyard, 47, of Davis Junction for Domestic Battery. Dennis was transported to the Ogle County Jail and held in lieu of bond.

Ogle County Sheriff's Deputies arrested Lonita Stokes, 30, of Chicago on a outstanding Ogle County Warrant for Driving While License Suspended. Stokes had a bond of \$2,000/10 percent. Stokes posted bond was released from the Ogle County Jail. Stokes will return to court on 1/17/20 at 9:00 a.m.

Oregon Police report

Dec. 24

At 2:31p.m., Oregon Police responded to a disturbance call in the 300 block of N. 4th Street resulting in the arrest of Andrew N. Bjorkman, 33, Oregon for disorderly conduct. Bjorkman was also issued a state citation for being an intoxicated pedestrian in the roadway and a city citation for the ordinance violation of unlawful consumption in a public place. Bjorkman was transported to the Ogle County jail.

Dec. 26

At 11:58 p.m., Oregon Police arrested Richard L. Gallagher, 35, Oregon, for driving while license suspended. Gallagher was also issued citations for loud, excessive noise – nuffler, and illegal transportation of alcohol as a driver. Gallagher was transported to the Ogle County jail. These violations occurred in the 100 block of N. 2nd Street.

Dec. 27

At 4:58 p.m., Oregon Police issued Christopher J. Sproule, 38, Byron, a citation for speeding, 42mph in a 30mph zone. This violation occurred in the 600 block of N. 4th Street. At 6:26 p.m., Oregon Police issued Travis L. F. Celestino, 32, Rock Falls, a citation for speeding, 44mph in a 30mph zone. This violation occurred in the 600 block of N. 4th Street. At 8:38 p.m., Oregon Police issued Robert A. Geiken, 22, Leaf River, a citation for operating an uninsured motor vehicle. This violation occurred in the 300 block of S. 3td Street.

Dec. 28

At 7:13 p.m., Oregon Police investigated a car vs pedestrian traffic crash at the intersection of 4th and Washington Streets involving a 2019 Jeep driven by Mary E. McKnight, 47, Byron, that struck pedestrian, Rodney T. Pitt, 69, Oregon. Pitt was transported by Oregon EMS to KSB Hospital in Dixon. McKnight was issued a citation for failure to yield to a pedestrian in crosswalk.

1 parking citations and 6 verbal/written warnings were issued from 12/23/19 through 12/29/19.

Lockout Vehicle / Building

General calls for service

Assist EMS / Other Dept.

Through dispatch during the week of 12/23/19 through 12/29/19:

Checking a Subject / Vehicle 8 Citizen Complaints 2
Citizen Assist / Civil Problem 3 Disturbance / Domestic 4

911 Hang-up / Open Line 6 Traffic Stops 10

COMMUNITY CALENDAR

Tues., Jan. 7

The Ogle County Democrats will meet at 6:30 p.m. at the VFW Post 8739, 1310 W. Washington St., Oregon. We will hear more from our candidates for Federal and State contests. Come in early to order a delicious burger and get a drink at the bar.

The Performing Arts Guild in Mount Morris invites the public to join the cast of their spring performance of "Flowers for Algernon." Auditions will be held on from 6-8 p.m. at the Pinecrest Grove library, 500 Evergreen Lane. The cast consists of nine male and 10 female roles. Materials will be provided at the audition, so come early to review the readings. For more information about auditions, please contact Director Dave Sowinski at 815-718-0933.

Weds., Jan 8

The Performing Arts Guild in Mount Morris invites the public to join the cast of their spring performance of "Flowers for Algernon." Auditions will be held on from 6-8 p.m. at the Pinecrest Grove library, 500 Evergreen Lane

Fri., Jan. 10

Al-Anon Family Groups offer help to those who are affected by someone's drinking. Join us each Friday for a free meeting, 10-11 a.m., at Community Room at the KSB Clinic at the south edge of Polo at 1107 S. Division Ave (Route 26).

Ogle County Life/ Rock Valley Shopper

Sat., Jan. 11

Leaf River Lions breakfast, from 7-10 a.m. at the Bertolet Memorial building. The Lions will also be conducting a Commodity/Food drive for the Loaves and Fish Food Pantry in Mount Morris. They ask patrons to bring canned goods (nothing out dated), paper products, personal items, or cash donations.

Sun., Jan. 12

The Byron Forest Preserve will be offering a free interactive Native Americans on the Prairie drop in program from noon-4 p.m. at the Jarrett Prairie Center located at 7993 North River Road in Byron. No advance registration is required. Open for all ages. Call 815 234-8535, Ext. 200 for more information.

Please send your items for the weekly Community Calendar to bjennings@oglecountylife.com. Deadline for all items is 3 p.m. Wednesday.

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VIEWPOII

Congress shall make no law. . . abridging the freedom of speech or of the press"

Published every Monday Mike Feltes, General Manager Brad Jennings, Editor

The Ogle County Life is a division of News Media Corporation.

MOMENTS IN TIME

- * On Jan. 26, 1918, soon after the Bolsheviks seized control in Russia, the former Russian state of Ukraine declares its total independence. In 1922. Ukraine became part of the Union of Soviet Socialist Republics; it would not regain its independence until the USSR's collapse in 1991.
- * On Jan. 25, 1924, the first Winter Olympics begins at Chamonix in the French Alps. Spectators were thrilled by the ski jump and bobsled, two of 12 events involving six sports.
- * On Jan. 24, 1943, German Gen. Friedrich von Paulus, commander in chief of the German 6th Army at Stalingrad, urgently requests permission from Adolf Hitler to surrender. Hitler refused. Of more than 280,000 men under Paulus' command, half were already dead or dying. Paulus held out until Jan. 31, when he finally surrendered.
- * On Jan. 23, 1968, the USS Pueblo, a Navy intelligence ship, is engaged in a routine surveillance of the North Korean coast when it is captured by North Korean patrol boats. Eleven months later, negotiators reached a settlement to resolve the crisis and free the surviving 82 crewmen.
- * On Jan. 21, 1977, U.S. President Jimmy Carter grants an unconditional pardon to hundreds of thousands of men who evaded the draft during the Vietnam War. Some 100,000 young Americans went abroad in the late 1960s and early '70s to avoid military service
- * On Jan. 20, 1980, bleachers at a bullring in Sincelejo, Colombia, collapse, resulting in the deaths of 222 people. The deadliest tragedy at a sporting event in Colombia's history was the result of overcrowding and poor construction.
- * On Jan. 22, 2003, the U.S. Census Bureau releases detailed statistics on race and ethnicity showing that the Hispanic population was the country's largest minority group. Some 29% of immigrants in the U.S. had come from Mexico alone.

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LIFE letters' policy

Concise letters are most likely to be chosen for publication, but the use of any material is at the discretion of management. All letters must be signed or they will not be considered for publication.

During election times, no letters written by the candidates endorsing themselves will be considered

Editing may be necessary for space, clarity or to avoid obscenity or libel, but ideas will not be altered. Writers are urged to use discretion and refrain from sarcasm or personal attacks.

Criticism of individuals or organizations that is not broached tactfully will jeopardize the publication of a letter. Letters will be published in the order that they are received, unless there is a time factor involved, space permitting.

New pot law probably won't change much

Are you having a hard time breathing through the giant cloud of pot smoke now hanging over Illinois thanks to the new legalization law?

No? I didn't think so. Notice anything at all, really? Probably not.

Here's the truth about marijuana - people who want to smoke it and who do smoke it were pretty much already smoking it in 2019. And in 2018, and so on. Making it legal didn't suddenly turn the entire state into a bunch of tie-dye loving, Twinkie eating, Grateful Dead listening pot heads.

Not that you would think anything short of the overrun of our fine state by a bunch of hippies aiming to ruin everything would happen if you paid attention to some people. I had to chuckle when people worried about the demise of mature society when the sticky icky became

People have been smoking pot for a long, long time. And those people certainly include plenty of people you might not want to invite to

Living the Life

By Brad Jennings



the church social. But they also include lawyers, doctors, mechanics, businesses owners - you name it.

I am not one of those who partakes, and I haven't in so long I can't remember the last time I did. Not that I never have. I mean, I grew up on the border of California and Mexico and started high school in 1977, so pot was readily available. Everyone from the class president to the homecoming queen smoked pot on occasion. And those people grew up to be responsible adults.

Iknow that I have smoked

it once or twice since getting out of the military decades ago, but honestly, marijuana never really sat right with me. Made me paranoid or sleepy. But I know plenty of people - people who might surprise you - who do partake and they lead perfectly wonderful lives. Of course, most of those

people don't smoke anything. You can get pot edibles in almost any form – from cookies to gummies – and you can ingest it from vaping or in a liquid. I have never tried any of these and probably won't now that you can go to a local store and buy it.

I know that municipalities all over the state have struggled with how to handle this new law, and I understand that struggle. It has been legal in a number of states for some time, and there are still problems. One of the biggest is that it is still against federal law. Also, banking for pot businesses is sketchy at best.

Ogle County elected to not have pot sales or growth in unincorporated areas of the county for now. And maybe that is a smart move - wait until laws and regulations are more settled. Other places, like Oregon, have voted to approve sale. Rockford has as well.

Yes, that will mean new taxes, and I will also bet long lines at the area locations selling the now-legal substance.

Love it or hate it, it will be popular - always has been.

Will it bring more problems, like impaired driving? Maybe, but I am not certain of that. It will be a headache at the beginning for law enforcement, but like any new law that will even out. Honestly, most people I know who smoke or use edibles with THC in them are not the types to cause problems.

Basically, get ready to see . not much change. Sure, you might see more people smiling and eating Cheetos, but I don't expect we will see roaming hordes of potheads trying to give us all hugs.

Brad jennings is Editor of The Ogle County Life.



VIEWPOIN'

'Congress shall make no law. . . abridging the freedom of speech or of the press"

Published every Monday Mike Feltes, General Manager Brad Jennings, Editor

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Christians in Crisis: The temptations of personality politics

When our backs are against the wall, we may do things that we otherwise wouldn't. David Horowitz expresses that sense of crisis in "Dark Agenda: The War to Destroy Christian America." His book, which is much admired among conservatives, portrays a Christian America besieged by radicals who hate America and everything it stands for.

These include Communists, supporters of abortion rights, opponents of school prayer, atheists, gay pride activists, progressives, the Democratic Party, and Barack Obama. All of them, according to Mr. Horowitz, are working to impose their left-wing world view on America and deprive Christians of their religious freedom. The rise of the religious right and its

Guest **Opinion** By Lowell Harp



support of a morally flawed President is, then, a reasonable reaction to the ruthless tactics of these liberals.

Their "hatred for their political opponents," he says "...exposes how the very language of the Democrats' politics is designed to dehumanize and delegitimize anyone who disagrees with its leftist agendas...

It is the thirteenth rule of Saul Alinsky's Rules for Radicals: 'Pick the target, freeze it, personalize it, and polarize it.' Attack your opponents personally and cut them off from any possibility of sympathy."

Mr. Horowitz seems unaware that his book, saturated with attacks on the character and motivations of liberals past and present, typifies that very strategy. He devotes an entire chapter to former President Obama, for example, portraying him as a radical who was raised by Communists and trained by political activists who invoke Satan as a model.

Fear can make us become like the thing we fear. Under threat, we're vulnerable to black and white thinking and tribalism. Issues get boiled down to personalities whom we defend or despise.

But personal attacks only obscure the true enemy. Steven Pinker in his book, "Enlightenment Now," reviews the data on religious belief from the beginning of the 20th Century till now. They suggest that forces more powerful than personalities are at work.

Pinker's findings support conservative concerns about religion's decline."It would not be fanciful to say that over the course of the 20th century the global rate of atheism increased by a factor of 500, and that it has doubled again so far in the 21st." The younger the age group the stronger the trend away from religious faith, so there's no end in sight in the foreseeable future.

We see the likely cause when we look at the places where the greatest declines are occurring-namely in those nations that are the wealthiest and most highly educated. The same pattern holds within the United States, where the poorest and least-educated states have the highest levels of reported religious belief. The true threat to Christianity arises from a paradox: the free enterprise system that conservative Christians cherish and promote produces the very prosperity and education that pull people away from religious faith.

The story of evil people out to destroy Christianity is simple and comforting. It names personal enemies that can be fought and defeated. But it confuses symptom and cause, concealing the true danger, which comes from faceless forces that are harder to see and to confront.

Much harm also comes from its failure to reflect the complexities of life. It's easy to find flawed characters in any cause, whether on the left or on the right. Others fail to fall into neat categories - devout Christians who call themselves liberals, for example, as well as atheists who are politically conservative.

Saddest of all, it violates a principle that has defined Christianity and that has drawn people to it through the ages, namely charity toward all, enemies as well as friends.

Lowell Harp is a retired school psychologist who served school districts in Ogle County. His column runs monthly in The Ogle County Life. For previous articles, you can follow him on Facebook at http://fb.me/ lowellharp.



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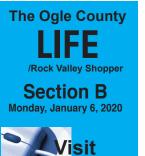




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Leaf River Lions hosting Jan. 11 food drive

LEAF RIVER - The Leaf River Lions will be conducting a Commodity/Food drive for the Loaves and Fish Food Pantry in Mount Morris at their

They ask patrons to bring canned goods (nothing out dated), paper products, personal items, or cash donations. There will be a table set up for items to be placed on.

Come and enjoy breakfast and bring something to help families in need during this winter season. Thanks for participating in this worthy project. Help the Lions Serve those in need in our Community.

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Your premier hunting ground awaits! Densely wooded 13.5 acres of prime hunting ground. Dry creek bed runs through rear of property,numerous black walnut, red oak & white pine trees - currently a part of the forestry program. Not a hunter? - buildable lot allows for a wonderful view with plenty of privacy! - Currently zoned Ag-1.

Stephanie at 815-985-2055



Get your house plan ready! Here's your opportunity to build your dream home. Buildable, wooded 5 acre lot which includes a unique gravel quarry. Zoned R-1. Electric service is at the prop

Jenny at 815-440-2145 8248 Kishwaukee Rd, Stillman Valley, IL \$68,500



Here's your opportunity to build on the last remaining vacant lot in River Oak Sub. Over 2 acres, mature trees, out building at back of property. Zoned R-2 this lot allows river front use at the end off CL Myers Drive, area is 30 ft wide. This lot over 2 acres offers loads of opportunity for a variety of floor plans.

Carla at 815-985-6235 5977 N CL Myers Dr, Byron, IL \$67,000



Wonderfully located lot in Lost Lake Community. Build the home of your dreams just steps from the lake, golf course and all the amenities of a gated community. Deliciously wooded, corner lot in a prime location! Grab it up, it won't be around long!

Erin at 815-262-5555 912 Timber Trail, Dixon, IL \$3,500



Stillman Valley wrestling The Stillman Valley wrestling team took second place in the Stillman Valley Holiday Tournament, scoring 148 points and trailing only the Dundee-Crown Chargers, who won the

event with 151 points. Pictured above are members of the Stillman Valley team. (Courtesy photo).

E-mail news items to bjennings@ oglecountylife.com

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Oregon girls split games at tournament in Dixon

DIXON — The Oregon girls basketball team split a pair of games to close out the KSB Dixon Holiday Classic this past weekend. Oregon fell 56-38 against Quincy on Friday, Dec. 27 despite 10 points from Olivia Lambrigtsen and nine points from Jenae Bothe. The Hawks rebounded with a 62-51 win against Rochelle on Saturday, Dec. 28.



09042019

E-mail news items to bjennings@oglecountylife.com Please send photos in the jpeg format.

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311 West Washington Street, Oregon.
Open Monday-Wednesday,
8:30 a.m. - 4 p.m.
Thursday, 8:30 a.m.-noon.
The office is Closed Fridays

015 200 2541

Straight A Honor Roll



Polo's Aplington Middle School announces its 6th grade straight A honor roll. Pictured front row from left: Wyatt Brooks, Daniel Johnstone, Lydia Anderson, Grace Miatke, Elsa Monaco. Back row from left: Laynie Mandrell, Joya Katner, Bailey Dusing, Nikolas Mummert, Aiden Terry-Messer, Camrynn Jones, Addisyn Quinlan, Keilee Ketchum.



Polo's Aplington Middle School announces its 7th grade straight A honor roll. Pictured form left: Isabella Bergstrom, Myah Ackeberg, Kameron Grobe, Katelyn Rockwood and Gage Zeigler. Page B-4 Ogle County Life / Rock Valley Shopper Monday, January 6, 2020

Straight A Honor Roll



Polo's Aplington Middle School announces its 8th grade straight A honor roll. Pictured from left are: Tori Leesman, Allissa Marschang, Karlea Frey, Alex Albano and Joshua onway.

Oregon Park District announces upcoming events, activities

Free drop-in playtime

Come drop in to meet friends and actively play at Nash Recreation Center in Oregon. We will have mats, balls, pop up tents, music and more set up in the multipurpose room for children to exert some energy and get out of the house. Come enjoy a cup of coffee while the kids play. Program occurs each Friday from 9:30 a.m.-noon. This is free to members and a daily fee for non-members.

Shake-rattle-roll at the sock hop

The always popular and well anticipated Mother Son Date Night (Feb. 7, 2020) and Daddy Daughter Dance (February 8, 2020) will be here before we know it. Grab your poodle skirt or leather jacket and be ready for an evening of fun at Nash Recreation Center. The evening includes snacks and beverages, great music, dancing, games for the boys, bracelet making for the girls and lots of fun making memories. Professional pictures can also be ordered through Niki Hunt Photography. Be sure to register before the Jan. 25 deadline.

T+T wood sign workshop

These trendy sign making classes are very popular. Register for the 10" wide x 48" tall Long Board Porch Sign class which will be held on Wednesday, February 5,

2020, 6:30-9:00 p.m., at Cork & Tap. Choose from a variety of sayings upon registration (include Holiday greetings, Welcome, Home Sweet Home and more) as stencils are prepared prior to class. Registration Deadline is January 28. Class fee is \$37/Resident or \$44/Non-Resident.

Indoor soccer

This growing indoor recreational soccer program will take place on Saturday mornings. The league is split into 2 age groups, 4-5 year olds and 6-7 year olds. The season runs Feb. 15th- March 14th. Each day the program will start with practice followed by a game. If you are interested in coaching, please contact Lesley at lesley@oregonpark.org.

Deadline for registration is Jan. 30th and the cost is \$35/\$42.NR

Co-ed volleyball league

Co-Ed Volleyball is back at the Nash! Games will be played on Thursday Nights. This is a fun and semi-competitive league and will consist of a regular season and an end of the year tournament. Teams may have a maximum of 6 players on the court at one time with no more than 3 males at once. Mandatory captain's meeting will be held on 2/6 at 5:30 p.m. at Nash Recreation Center. A maxi-

mum of 8 teams will be allowed, register early! Registration deadline is February 5th, and the season runs February 13th through April 30th. Fee \$215 per team.

Boys youth basketball night

Come and support the Oregon Hawks Boys Basketball Team! Friday, Jan. 10 at the Blackhawk Center. Oregon Park District 2-5 Grade Boys basketball players, wear your team jerseys! 2/3 grade Boys teams will scrimmage during the JV game halftime. Game starts at 5:45 p.m. 4/5 Grade Boys teams will scrimmage during the Varsity game halftime. Game starts at 7:15 p.m. Wear your OPD jersey for free admission and a free hotdog from the concession stand. Door prizes will be given away!

Girls youth basketball night

Come and support the Oregon Lady Hawks Basketball Team! Friday, Jan. 31 at the Blackhawk Center. Oregon Park District 2-5 Grade Girls basketball players, wear your team jerseys! 2/3 grade girls teams will scrimmage during the JV game halftime. Game starts at 5:45 p.m. 4/5 Grade girls teams will scrimmage during the Varsity game halftime. Game starts at 7:15 p.m. Wear your OPD jersey for free admission and a free hotdog from the concession stand. Door prizes will be given away!

Health & Fitness

What to look for in a gym

Not all gyms are the same. Depending on whether you want a wide array of fitness classes, a variety of different offerings like a swimming pool, a basketball court or child care, or you're looking for a trainer, there's a gym for you, but it might take a little work to find the right gym.

VeryWell Fit offered tips for finding the gym that will help you achieve your fitness goals.

Logistics: Hours, location and parking

The best way to ensure you regularly make it to the gym is its convenience. If it's open early enough to go before your office or late enough for a late-night run, you're more likely to go. And look for one close to your home, work



or school. No matter how great the facility is, you're way less likely to drive all the way across town after a long day at the office than to go to a gym half a mile from your home.

While you don't need a front-row parking spot at the gym, it's also good to scope out the parking lot. Visit at the time you plan to work out to ensure you'll have a place to park.

Cos

Most gyms require a contract, either annually or on a month-to-month basis, and you pay monthly. Visit different gyms in your area and find the one you like, then see if they're offering any specials. Many gyms

also will negotiate; see if they'll waive an initiation fee, throw in a few sessions with a personal trainer or let you have a monthto-month instead of yearly contract. As with anytime you sign a contract, read it.

Features and atmosphere

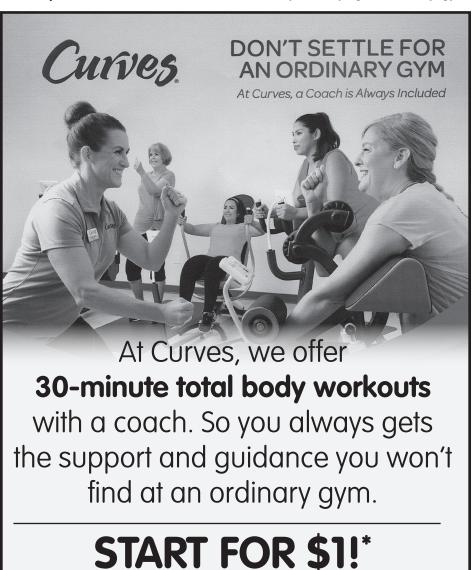
Figure out your top pri-

orities and make sure your gym offers those. If you want to use treadmills or stationary bikes, try out the machines and get comfortable. See how many machines they have; you don't want to wait for half an hour to use the treadmill. Check out the pool and sauna, walk through

the kids center and tour

the locker rooms. You also want a sense of the gym's atmosphere.

Make sure you'll want to work out there—the music isn't too loud, the place is clean, there's enough room for you to work out comfortably, there are ample spray bottles and people are wiping down equipment.



Ask about our Silver Sneakers Program!

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* Monthly membership fees required and vary by location. Expires 2/28/2019.



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1 Punch = 1 Daily Admission

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Choose from any fitness class offered by the Byron Park District that fits into your busy schedule!

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Health & Fitness



Eating to lose weight

What foods you should eat and what you should avoid

Eating to lose weight

Losing weight and getting fit and toned is a combination of working out and eating better.

Most dietitians will say that reducing the number of calories you eat is the biggest step; while true, it can be tricky to cut back on your calories without feeling hungry much of the time.

Smart eating, however, can help you to feel full and keep you feeling full longer. WebMD has some advice on how to lose a few pounds while still having the energy for your day, including a good workout.

Eat the right kind of protein

Protein helps to slow the digestive process, which will help you stay fuller longer and helps with building muscle and providing long-term energy. Find lean proteins like fish, nuts, avocados and beans and keep red meats to a minimum.

Eat lots of produce

One good way to get more vegetables into your diet is to eat lots of salad. Replacing a meal with a salad full of good stuff like romaine lettuce, spinach, carrots, celery, tomatoes, cucumbers, grapes, berries, apples and more. But be careful with your add-ons; croutons, bacon bits, cheese, nuts and heavy salad dressing can add more calories to your salad than you realize. Keep these additions light, adding a tablespoon or two of those calorie-heavy items and use vinaigrettes or lighter dressings.

Whole grains like oatmeal, whole wheat bread, beans and brown rice, along with fruits and vegetables, are full of fiber, which help curb your appetite and help prevent constipation and bloating. This helps your stomach look flatter as well, which everyone in a swimsuit wants. Just make sure to include a lot of water in your diet as well.

Avoid salt and beer

Salt causes water retention, which leads to bloating, and that can last for days. The best ways to reduce salt in your diet is to reduce how much processed food you eat. Cook your meals from scratch and look for ways to spice up your food without using as much salt.

As much as summer fun includes drinking, cutting back is a good way to get healthier. One can of beer is about 150 calories, beer and sparkling wines cause bloating and alcohol slows down your body's ability to burn fat.



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Health & Fitness

Aging boot camp for seniors

As we grow older our bodies undergo tremendous changes. Those changes are almost as dramatic as those we go through during puberty. Often, we lose flexibility, stamina cardiac function, muscle mass, coordination. We even lose the fat on the soles of our feet. We lose hair, brain cells and reflexes. And there are many other changes as well. This all sounds rather dreary and depressing, but don't despair! You can compensate for many of the effects of aging.

Inventory your condi-

To understand what condition you are in and what might be improved. It is important to inventory your body prior to embarking on a fitness program. You should have your doctor help you in this assessment. He or she can help you identify problem areas and confirm that your body can safely tolerate the stresses of a fitness programs. Each program must be tailored to each person's ability and needs so that you will obtain maximum benefit without injury.

Make your goals:

Once you and your doctor have inventoried your strengths and weakness it would be a good idea to ask your doctor to help in making make some reasonable goals and then review what fitness programs might help you to safely reach those goals. Make sure you record your goals, whether they be in weight, miles, time, or range. Make sure to monitor and record your progress!

Exercises that might

Flexibility: Tissue contractures, tight muscles and immobility cause additional joint degeneration. Range of motion exercises and stretches can break adhesions, contractures and elongate muscles. Stroking the cartilage feeds joints providing nutrients which can slow arthritic cartilage degeneration.

Cardiovascular: Get checked by your doctor first to be sure it is safe to engage in activities! The loss of stamina can be addressed by walking, biking, swimming, etc. Find an activity you enjoy. Have reasonable goals, it takes time to build stamina. Record your progress. Monitor your blood pressure and

* Strength: We lose muscle mass with age. Inactive people can lose as much as 3% to 5% of muscle mass each decade after age 30. Lifting weight can build existing muscle to compensate for loss. Be sure to record the amount of weight and number of repetitions. Start slow and seek profes-

Co-ordination: We lose neuro-muscular coordination as we age. This often leads to balance instability and falls. The good new is that we can train and enhance our reflexes and often it is fun! Activities like Tai-Chi, body recall, bouncing a ball, squats, single leg stands, biking, and dancing, just to name a few things, can help enhance your balance and coordination.

A recent research study found that general exercise was associated with a 23% reduced risk of falls in adults aged 60 years and older. Focused supervised balance and functional exercises showed a 24% reduced risk of falls. A combined program of balance and functional exercise plus weight or resistance exercise showed a 34% reduced fall rate.

Some easy ways to trim down

Eat lots of produce and drink lots of water

The benefit of spring is fresh fruits and vegetables start hitting the store, which makes it easier to load up your plate with salads, berries, carrot sticks and apples slices. Anytime you eat, whether it's a meal or snack, try to make produce at least half of it.

Make workouts more fun

Find a friend, make a good playlist (or a few of them to mix things up) and look for different types of workoutsgo for a walk or hike, go to every fitness class your gym offers or try rock climbing or kickboxing. You can also focus on specific muscle groups — putting a big focus on core or arms can help you see results in those areas that will help you feel better in your swimsuit.

THE BIG IDEA: You can do something about the aging process! Fitness programs can help compensate for some of the losses we experience as we age so that our senior years really can be golden years.

About Author: the Dr. Cates is board certified as a chiropractor

and orthopedist. He has a master's degree in biomechanical trauma. His published works include several medical journal articles on quality assurance and standards of care in healthcare. Dr. Cates work is included in the indexed medical literature and is available at the National Library of Medicine

Clearinghouse. He is also co-author of the low-back systematic review and lead author of the systematic review chapter on thoracic disorders of the profession's best practice guideline text. He maintains a private practice of chiropractic orthopedics in Oregon, IL.





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RRC has upcoming activities

Rock River Center is a resource center located at 810 S. 10th Street, Oregon. Our activities and trips are open to all ages. Call our office at 815-732-3252 with any questions on our programs or services. Visit us on the web at www.rockrivercenter.org and like us on Facebook.

Lifescape Opens New Senior Dining Site at Rock River Center

We are happy to announce that starting Monday, Jan. 6, Lifescape will be adding Rock River Center as a congregate dining site! Lifescape and Rock River Center are thrilled to be working together to feed older adults in Ogle County. Lifescape will be serving meals at Rock River Center Monday through Friday from 11:30 a.m. to noon.

Participants must be 60 or older or accompanied by a spouse who is 60 or older. Interested participants need to call and make reservations by 10 a.m. the day before they intend on eating at the Rock River Center. To schedule a reservation, call 815-963-1609 and let Lifescape know the days you plan on dining. Once scheduled, participants show up on their scheduled day between 11:30 a.m. and noon to enjoy their meal.

Rock River Center offers transportation within Ogle County. Participants can schedule a ride to their meal by calling Rock River Center at 815-732-3252 at least 24-hours in advance.

Rock River Center has a regularly scheduled potluck luncheons on the 2nd and 4th Tuesday of every month. Also, The Etnyre Foundation sponsors free food Friday the first Friday of every month.

The Rock River Center will not host Congregate dining on the potluck days or free food Fridays. For January and February these days include Jan 3, 14, 22 and 28, and Feb 7, 11, 17 and 25.

A monthly menu may be found at: www.lifescapeservices.org

Upcoming Computer Classes

The Computer Technology Center at Rock River Center is free and open to the public, and available weekdays from 8:30 a.m. to 3:30 p.m.

Mon., Jan. 6 – Intro to the Internet – 9:30-11 a.m. This class covers basic usage of the Internet. It is appropriate for anyone new to the Net or those who would like a refresher. Experience using a mouse is required. Call 815-732-3252 to register. Registration required.

Film Plastic Recycling Program, Jan.

Deb Cheek and Beverly Opalka, two of the organizers of the Film Plastic Recycling Program for Mt. Morris and Oregon, will speak at Rock River Center on Tuesday, Jan. 14, at 10:30 a.m. They will discuss the details and progress of Film Plastic Recycling.

Did you know that film plastics have been found on the deepest point of the ocean floor and on the top of the tallest mountain in the world? More plastic has been produced in the last ten years than in the entire previous century. With that increase there has also been a huge rise in plastic pollution. Nearly 80% of all waste on our land and shorelines and in our oceans around the world now consists of plastic debris. And what is the lifespan of this plastic? Answer: forever!

732-7330

562-6976

732-2499

971-3755

There will be a question and answer period as well. Handouts will be provided.

Program registration requested, so please call 815-732-3252 if you plan on attending. Potluck lunch and bingo follows. f you plan on staying for lunch at 11:30, bring a dish to pass.

Looking for a Special Gift Idea? Give us a Call

See Jay Leno live, Friday, April 17

The one and only Jay Leno is coming for a hilarious night of stand-up comedy as only the former king of late night can deliver. After hosting The Tonight Show for more than two decades, Jay Leno has earned the right to take it easy, but then he wouldn't be known as "the hardest working man in show business." We have a group of tickets for his performance scheduled in our area.

Paramount Theatre

Friday, April 17

Depart RRC around 5 p.m.

Full itinerary to follow

If you miss seeing him on TV, come see one of the absolute masters of comedy live in person. Act now. Once tickets go on sale, they will go fast.

Cost (includes RT transportation and Live Performance): \$140 Members / \$145.00 Non-Members

Reservation/payment deadline: March

Please call Rock River Center at 815-732-3252 to make your reservation.

MyMedicare.gov

Have you signed up to use MyMedicare.gov? If not, you may want to consider doing so. Through this web site you can access your personal Medicare related information. For example, you can:

* check to see the status of your new Medicare Card. Look for the message, "your card is in the mail"

* view information about your Medicare Part D Prescription Drug plan or your Medicare Advantage Plan enrollment.

view a list of your prescription drugs.

* view your Medicare Summary Notice and learn about the status of your Part B deductible, whether it has been met or not.

Plus, just as with signing up for a My-SocialSecurity account, when you sign up for a MyMedicare.gov account, it keeps scammers from using your information to sign up for an account.

Remember, open enrollment will be Oct. 15 through Dec. 7, 2019.

If you would like help signing up for a MyMedicare gov or a MySocialSecurity account, we can help you. Just call us at Rock River Center, 815-732-3252, or 800-541-5479.

NICOR Gas "Sharing" Program Available

NICOR Gas Sharing Program is available to assist those NICOR customers whose income is above 150 percent of poverty level and less than 250 percent of the poverty level. For a 1-person household the 30-day income limit is \$2,529, 2-person household, \$3,429, 3-person household, \$4,329, etc.

For more information or to make an appointment, call Linda at 800-541-5479 or 815-732-3252.

Veteran's Assistance Available

A Veteran's Service Officer is available at Rock River Center on the second and fourth Monday of each month from 9 a.m.-3 p.m. (Except Federal Holidays)



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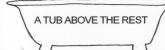
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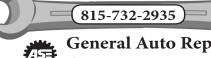
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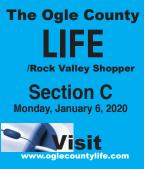
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Bread of Life has monthly food distributions

STILLMAN VALLEY – Bread of Life is a food pantry and soup kitchen serving residents of Ogle County and Meridian School District. If you are in need, please join us for a snack, conversation, and groceries to bring home.

We meet at Valley Covenant Church on the corner of North Maple Street and Route 72, in Stillman Valley, on the second Tuesday of each month. Join us from 3-5 P.M and bring photo I.D. and proof of residence.

Winter reminder: We follow the Meridian School District closure calendar. If Meridian schools are closed, we are closed. For any questions please call Bread of Life at 815-645-8872, Ext. 15.



Winterfest 2020 will be Jan. 18 at the Russell Woods Forest Preserve

The annual Winterfest 2020 presented by the University of Illinois Extension and DeKalb County Forest Preserve will be on Saturday, Jan. 18.

They collaborate each year to offer a day for families to get outside, have fun, and explore an enjoyable destination. Winterfest is from 9 a.m.-3 p.m. and is held at the Natural Resource Education Center in Russell Woods Forest Preserve, 11750 IL-72, located 1 mile west of Genoa on state route 72. University of Illinois Extension staff and volunteers offer a variety of educational and recreational activities for the whole family.

"The horse drawn wagon rides through the preserve are our big attraction," said Extension Educator Peggy Doty. "The draft horses take passengers on a scenic ride through our preserve located right on the Kishwaukee River."

The morning will start indoors at 9 a.m. at the Center's bird viewing window where Doty will share some tips and tricks for feeding and identifying our local winter birds. The winter joy and fun will continue through-out the day.

The Genoa Prairie Gems 4-H Club will be offering their annual fund-raising lunch and snack sale. You can buy food for a reasonable price and help the 4-H club at the same time. The rest of the day is free but we do graciously except donations to cover materials. It is a wonderful opportunity to bring out the whole family for one activity or stay for the entire day. Join your friends for a day in the woods as we celebrate the season of winter.

For questions, call 815-784-2000.

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303 W. Franklin Street • Baileyville, IL 61007 • Phone: 815-232-6222 • baileyvillebaptistchurch.org • Pastor Gary W. Branam • Friendly Congregation - Traditional Services - Children's Ministries

Sunday Services: Sunday School - 9:30a.m., Morning Worship-

10:40a.m., Evening Worship - 6:00p.m. Wednesday Bible Study & Prayer

BYRON

ALL SAINTS LUTHERAN CHURCH

624 Luther Drive, Byron, IL 815-234-5277
Pastor Janet Wold. Two worship opportunities at 8:00 am and 10:30 am
Social Hour follows all services. Child care available at Summer Worship and 10:30 am Worship. Communion is served every Sunday at all services. Whole family education hour each Sunday 9:15 cm - 10:15 cm September through May. Confirmation studies for 7th and 8th grade students. Adult Bible Study held each Tuesday evening at 7:00 pm and Wednesday afternoon at 1:30 pm. Book club, quilters, and the GATHERING meet monthly. Please visit our website at http://www.AllSaintsByron.org or call the church office

BEACON HILL ASSEMBLY OF GOD

6467 N. German Church Rd., Byron (815) 234-8032 www.beaconhillbyron.org

Pastor: Rev. Gary Cortese, Jr. Service Times: Sundays at 10:00 a.m.; Wednesdays at 6:30 p.m. "Building Faith for Life"

CORNERSTONE FAMILY CHURCH

CORNERS IONE FAMILY CHURCH

205 N. Peru St., Byron 815-234-8737 cornerstonefamily.church • Sr.

Pastor: Randy Snider, Associate Pastor: Dirk Miller, Children's Ministry

Director: Kim Miller • Worship Services on Saturdays at 5pm and

Sundays at 10am. Children's Worship Services on Sundays

at 10am. Nursery Available for both Saturday and Sunday Services. •

Jr. and Sr. High Underground Youth Group Small Groups on Sundays

at 6:30pm. • Wednesday Night Family Nights with Dinner at 5:30pm.

Children's Programs your from 6:15-7:30pm on Wednesdays and the Children's Programs run from 6:15-7:30pm on Wednesdays and the Underground Jr/Sr High Youth Group meets from 6:30-8:00pm and there is an Adult Small Group also on Wednesdays from 6:30-7:30pm.

Numerous Adult Small Groups Available throughout the week. Please call our Church Office or visit our Website for more details. Office Hours: 8:00am-4:30pm Mondays-Thursdays

BYRON ST. MARY CATHOLIC CHURCH

226 E. Second St., Byron, IL 61010 • Phone: 815-234-7431 • Fr. Richard Rosinski **Weekend Masses:** Sept-May: Sat. 5:00 pm, Sun. 8:00 am & 10:45 am – May-Aug.: Sunday 8:00 am & 10:00 am **Daily Masses**: Tuesday, Thursday, Friday 7:30AM, Wednesday 6PM

FIRSTBORN REACH

135 W. 2ND St., PO Box 1013, Byron, Pastor Patrick Featherston II **Service:** Sundays at 10:00a.m. TAKING JESUS AS HE IS TO THE PEOPLE AS THEY ARE

SHEPHERD EVANGELICAL FREE CHURCH

NEW LOCATION! Jarrett Prairie Center 7993 N. River Rd., Byron Phone 963-5216 Rev. Michael Axmark, Pastor. Discover Time 9:30 a.m., Fellowship 10:15 Mailing Address: P.O. Box 838, Byron, IL 61010

UNITED CHURCH OF BYRON

A Member Church of the United Church of Christ
701 W. Second Street ~ POB Box 927. Byron IL 61010-0927, 815-234-8777
Email:ucb@comcast.net Website: unitedchurchofbyron.org
Interim Minister: Rev. Tyler Spellious Youth Ministry Coordinator: Richard Simpson Sunday Schedule and Worship Opportunities: Service of Meditation and Prayer: 8:15am - 8:45am Adult Christian Education Class: 9am Main Worship with Chancel Choir: 10:30am For complete ministry schedule and activities, please check our website or Facebook page or contact the church office.

CHANA

Whoever you are or wherever you are on your journey, you are welcome here!

CHANA UNITED METHODIST

Pastor Matt Smith, 606 Main Street, Chana, IL 61015. Church office 815-732-7683. [Email address: chanaum@gmail.com Adult & Children's Education 9:00 a.m. Worship Service 10:30 a.m. Holy Communion celebrated the first Sunday of each month. At Chana Church you will find Open Hearts-Open

DAVIS JUNCTION

DAVIS JUNCTION UNITED METHODIST CHURCH

Open Minds, Open Hearts, Open Doors • "God's Heart in Our Community" Located in town on Rt. 72 • Our Pastor is Rev. Keith Kelsey-Powell **Sunday Services:** Worship 10:30am, Childrens time during Worship Service. Fellowship following the Worship Service each Sunday. Communion the first Sunday of the month. Potluck luncheon following Worship every 4th Sunday,

except in the summer months of June, July and August. Various small groups meet throughout the month. For more information about the small groups olease call 298-2310. AA meets Wednesdays at 5:30pm and Saturdays at 9am. mation please visit our website WWW.DJUMC.ORG

GRACE FELLOWSHIP CHURCH DAVIS JUNCTION

Pastor Read Pittman Pastor Brad Pittman www.graceisforyou.com 14080 Rt. 72 East, Davis Junction (Next to Fritz's Electrical) • 815-973-1369 Worship Service: Saturday at 5pm

FORRESTON

FAITH LUTHERAN CHURCH

402 2nd Avenue, Forreston, IL 61030, Phone 815-938-3203Pastor Scott

Sunday Worship 9:00 am: Sunday School 10:00 am

FIRST UNITED METHODIST CHURCH

402 First Ave., Forreston, IL Phone: 815-938-2380 Pastor Suna-Eun Kim OPEN HEARTS OPEN MINDS OPEN DOORS Worship at 9:00 a.m. (childcare provided) with coffee and fellowship immediately following. Sunday School Age 3-Adult, 10:15 am.

AA meets Mondays, 8:00 AM. Monthly United Methodist Women's mer God is Good, All the Time, All the Time, God is Good!

FORRESTON REFORMED CHURCH

501 Third Ave. Forreston, IL Phone: 815-938-2424 Pastor Lyle Zumdahl. Sunday School 10:45 a.m. Worship 9:30 a.m. Seeking to Live by Faith, to be Known by Love, and to be a Voice of Hope."

ST. JAMES LUTHERAN CHURCH

West Grove Rd. At Columbine Rd • Karryn Kost • 815-938-3511
Worship Service 10:30 am. Communion is served the 1st and 3rd Sundays
of each month. "Singing the Song of Christian Faith in Worship, Service,
Learning, Outreach and Welcome" in a beautiful rural setting. Everyone is cordially invited to be with us.

LEAF RIVER

ADELINE ZION EVANGELICAL CHURCH

9106 Cedar St. in Adeline, Leaf River, IL 61047 • Ph:815-541-4863 Sunday Services: Sunday School 9:00 am, Worship Service 10:15 am VISITORS WELCOME

LEAF RIVER BAPTIST CHURCH

Pastor Billy Hardy 9:30 Church Service. Nursery available, 11:00 Sunday school for all ages. Nursery available 6941 N Mt Morris Rd, Leaf River, IL 61047 815-738-2205 leafriverbc@amail.com

LINDENWOOD

IMMANUEL LUTHERAN CHURCH - LCMS

immanuel-lindenwood.org (for sermons, events, etc.) 16060 E. Lindenwood Road, Lindenwood, IL 61049 1900 L. Enlarmood Nady, Enlarmood, R. 1947 815-393-4500 • office@immanuel.Findenwood.org Sunday Mornings: Divine Service @ 9am; Food & Fellowship @ 10am; Sunday School and Adult Bible Study @ 10:30am Food Bank: First 4 Saturdays of Each Month, 9-11am Pastor: Rev. Dr. Matthew Rosebrock pastor@immanuel-lindenwood.org

KINGS

ELIM REFORMED CHURCH

140 S. Church Road, Kings, IL 61068 • Rev. Cary Winn Phone 815-562-6811 E-mail: office@goelimchurch.org Website: www.goelimchurch.org Sunday morning worship 10:00 am • Sunday School 9:00 am

MOUNT MORRIS

DISCIPLES UNITED METHODIST CHURCH

102 N. Maple Ave., Mt. Morris, IL 815-734-4853 Rev. Julie Bunt 1st & 3rd Sun: 9:30 am Traditional Worship, Nursery provided, 10:40 Coffee Hour 2nd & 4th Sun: 9:30 am Praise Worship, Nursery provided, 10:40 Coffee Hour SEP-MAY: Sun. 10:45 am Sunday School; Mon. 5:30 pm chimes; 6:45 pm Choir Monthly Groups: Youth, 2nd Sun., 6 pm; Men, 3rd Sun., 7:30 am;

EVANGELICAL FREE CHURCH OF MT. MORRIS

102 S. Seminary Ave., Mt. Morris, IL 61054 815-734-4942 www.efcmm.org Senior Pastor: Bruce McKanna. Sunday Schedule: 8:30 a.m. Sunday School for all ages. 9:30 a.m. Coffee Fellowship. 10:00 a.m. Morning Worship with Childcare and Children's Church.

MT. MORRIS CHURCH OF THE BRETHREN

409 W. Brayton Road, Mt. Morris, IL Phone 7344573 Pastor-Ginny Haney. 9:30 a.m. Sunday Worship (nursery provided) Fellowship time Following worship 10:45 a.m. Sunday School-Nursery

MT. MORRIS TRINITY LUTHERAN CHURCH

308 E. Brayton Rd. Mt. Morris, IL. Phone: 734-6354 Rev. Josh Ehrler **Worship Services:** Saturday 5:30 PM; Worship Sunday 9:30 AM . Sunday Church School 10:45 AM; (Sept. 10, 2017 Thru May 2018) Sept.-May Chime Choir Wednesday 6:00 PM; Chancel Choir Wednesday 7:00 PM.

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www.EBENEZERREFORMED.com • Sunday school 9:00 a.m. Worship 10:00 a.m.: Wednesdays 6:30 p.m. 8:00 p.m.: Men's Bible Study. Kids' Club

EMMANUEL LUTHERAN CHURCH OF PAYNES POINT

764 Stillman Rd., Oregon, IL 61061 • (815) 732-2424 Pastor Andrew Kayes • "Sharing God's Love" Service 9 AM • Sunday School 10:15, Bell Choir Tues 6:30 PM Communion 1st & 3rd Sundays • Women's Circles, Hand Bell Choir, Quilting Group, Kids Club

FREEDOM LUTHERAN CHURCH, ELCA

Pastor Karyn Kost • (815) 661-6315 Website: http://www.freedomlutheran.org Sunday Evening Worship at 5:45 p.m. at First Presbyterian Church, 200 5th St., Oregon, Coffee and Fellowship following the service

OREGON CHURCH OF GOD

860 W. Oregon Trail Road Oregon, IL Phone: 732-6847 or 732-2604 Pastor Michael Hoffman; Sunday School, 9:15 a.m.; Morning worship, 10:30 a.m.; Wednesday activities: Adult, Children, and Youth Groups 7 p.m. At the church.

OREGON FIRST BAPTIST CHURCH

505 Hill St. Oregon, IL 61061 Phone: 732-2642 Pastor: David Snow "A Christ-centered, Bible-believing, family-oriented ministry." Sunday School 9:30 a.m.; Sunday Morning Service 10:30 a.m.; Sunday Evening Service 6:00 p.m.; Wednesday Night Bible Study 7:00 p.m.

OREGON UNITED METHODIST CHURCH

200 S. 4th St, Oregon, IL 61061 • 815/732-2994 www.oregonumc.org • Pastor Rev. Megan Smick Sunday Worship 9:00 am Followed by Fellowship and All Age Sunday School

RIVERSTONE CHRISTIAN CHURCH

609 S. 10th St., Oregon, IL, 812-236-1213 • riverstonecc.com Sunday 10:45 a.m.

ST. BRIDE'S EPISCOPAL CHURCH

1000 Highway 64, West (Hwy 64 W & Mongan Drive on Liberty Hill), Oregon

• 732-7211 - Office Rev. Eldred George Webpage: saintbrides.org • E-mail:saint.bride.church@gmail.com • Worship Services: Sunday 10 am Holy Communion with Hymns

ST. MARY CATHOLIC CHURCH

301 N. Fourth St., Oregon Office: 881 N. Mongan Dr., Oregon, IL • www st-mary-parish.com • Fr. Joseph P. Naill • Office Phone: 815-732-7383 Office Fax: 815-732-4742

Masses: Saturday 4:30pm; Sunday 8:30am, Tuesday-Friday 8:00am; 3rd Wednesday of the month 3:00pm at Pinecrest

Reconciliation: Saturdays 3:15-4:00 or any time by appointment
Baptisms: by appointment, Wedding Arrangements: 6 months in advance, Anointing of the Sick: Call 815-732-7383

ST. PAUL LUTHERAN CHURCH

114 S. 5th St. Oregon, IL Phone: (815) 732-2367 Pastor: Rick Tomlinsom

Website: www.stpaul13.com Email: stpaul13@frontier.com Sunday: Worship Service 9:00 am; Coffee And... Fellowship 10:00 am; Sunday School 10:15 am Wednesdays: Bible Study 10:00 a.m. Other Activities: Men's and Women's Groups, Confirmation Class, School Youth Group, For more information, call the church office.

POLO

ST. MARY CHURCH

Rectory/Office: 211 North Franklin Ave., Polo, IL 61064 PHONE: 815-946-2535 • Rev. Joseph P. Naill Masses: Sun 10:30am, Tuesday Mass 8 a.m.

Sacrament of Reconciliation: First Sunday of each month after

OFFICE HOURS: Tuesday-Friday from 9 a.m. to 3 p.m.

www.stmarypolo.org CHURCH OF THE OPEN BIBLE

302 S. Franklin Ave., Polo, Illinois • 815-946-2848 • Luke N. Schier, Pastor Sunday Worship: 9:30am We include our children in our Sunday Worship Experience. ""THE GRAND Kids Class" Ages 3-10 are then dismissed right after Praise & Worship. Blended Services. "Passion for God" "Compassion for People" Visit our website: PoloOpenBible.org

CROSSROADS COMMUNITY CHURCH ~ **POLO CAMPUS**

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We offer contemporary worship and relevant Bible teaching through engaging messages and powerful video. Join us after services for coffee, snacks & fellowship. Kidzlink Children's Ministry (nursery-5th grade)

during adult services

Crave Youth Group (6th-12th grade) ~ Sunday nights 6PM Visit our website: www.crossroadscn.com

FAITH DISCOVERY CHURCH

801 W. Oregon St., Polo • 815-946-3588 • Jeremy Heller, Pastor Sunday School 9:00 a.m., Worship Service 10:00 a.m., Nursery Available, Wednesday Bible Study 7:00 p.m. We Are an independent non-denominational Christian church. Visitors are always welcome.

FAITH UNITED METHODIST CHURCH

702 E. Dixon Street, Polo, IL 61064 • Tel:815-946-3212 Sunday School for all ages 9am followed by Worship at 10am Pastor Brian LeBaron

Website: www.faithumcpolo.com • facebook.com/Faithumcpolo

STILLMAN VALLEY

RED BRICK CHURCH OF STILLMAN VALLEY (CONGREGATIONAL CHRISTIAN CHURCH)

Pastor: Rev. Dr. Chris Brauns • Associate Pastor: Tim Michalek 207 W Roosevelt (Route 72), Stillman Valley • Phone: 815-645-2526 207 W Nooseven (note 72), Siminal valuey of Trollie. 813-2220
Email: cccoffice1@comcast.net • Website: www.theredbick.hurch.org
Worship Services at 9:00 & 10:30 am; Sunday School (for all ages)
at 9:00 am; AWANA (through school calendar) on Wednesday
from 6 – 7:30 pm. Men, women, and youth bible studies
throughout the year. See website for all activities or call church office for more information

KISHWAUKFF COMMUNITY **EVANGELICAL PRESBYTERIAN CHURCH**

8195 Kishwaukee Road, Stillman Valley, IL 61084 / 815-965-1940 Pastor Eric Tonjes, www.kishchurch.org Sunday Schedule: Discipleship Hour 9:00 AM, Coffee Fellowship 9:50 AM

For complete ministry schedule check out our website or call the church

VALLEY EVANGELICAL COVENANT CHURCH

Rt. 72 & Maple St., in Sillman Valley • Phone 815-645-8872
Pastor: Rev. Rick Lindholtz • www.valleycov.org
Chuck Potts, Pastor to STudents, Children and Families
Sunday Mornings: Worship at 10:15 a.m. (Nursery and Children's Church Soliday Mornings. Worship at 16.13 c.ni., (Notsery and Children's Charlet Provided). Communion is served the first Sunday of the month. Coffee and fellowship time follows the Worship Service. Please call our Church office or visit our website for details about Bible study groups. Youth groups and Bread of Life compassion ministry. Also the home of Valley Covenant Preschool 815-645-8882.

WINNEBAGO

MIDDLE CREEK PRESBYTERIAN CHURCH

Connect with People, Connect with Christ 12473 Montague Road, Winnebago, IL 61088 Located near the intersection of Montague and Tower roads; Phone: 815-335-2609; e-mail: middlecreekchurch@gmail.com Pastor: Rev. Dr. Anita Stuart-Steva

Sunday mornings: Family Communion Worship 8:30 a.m.; Blended Worship 10:20 a.m. (Sept. – May) and 10 a.m. (June – Aug.); Sunday School

Sept - May 9:15 a.m.

Other activities include: Bible studies; Praise Band; Social/Service Groups; Kindred Heart Stitchers For more information call the church office 9 a.m. – 2 p.m., Mon.-Fri.

Byron 815-234-5626

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815-732-7956

Rockford

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Polo Library News

Library Closed

Martin Luther King's Birthday, Monday, January 20

Winter Reading Program for All Ages

January 2nd-February 29th

Pick up your age appropriate Reading Bingo Card or Reading Log at the Polo Library front desk starting January 2nd and warm up with a good book!

Children's programs

Parents or caregivers must remain in the library if their child is under 8.

Tales for Tots

Pre-K/Kindergarten Story Time

Ages 3-5

Saturday, January 11, 10:30-11:15 a.m.

Theme: Snowmen

Book: Mouse's First Snow by Lauren Thompson

Parent/guardian/caregiver must stay with child during the program. Call to register, 815-946-2713

Lego Challenge: Book or Movie Character

Ages 8-14

Tuesday, January 14, 3:30-4:30 p.m.

Build a character from a favorite book or movie.

Early Out Program

Ages 6-12

Wednesday, January 22, 1-2:30 p.m. Movie: The Lion King (new release) Call to register, 815-946-2713

Pokemon Club

Ages 8-14, Tuesday, January 28, 3:30-4:30 p.m.

This club is open to Pokémon card collectors. Join in to play games and trade cards.

Teen programs

Book Subscription Box Pickup

Saturday, January 25, 10 a.m.-3 p.m.

Pick up your Book Subscription Boxes

Teen Scene

Ages 13-18

Tuesday, January 28, 5:30-7 p.m.

Cookies and Canvas Painting Party. Call to register, 815-946-2713

Adult programs

Coffee with a Cop-New Day, Same Time

Wednesday, January 8, 10:30-11:30 a.m.

Join us for refreshments and conversation monthly on the 2nd Wednesday.

Health & Wellness - Types of Massage and its benefits

Thursday, January 9, 6-7 p.m.

Essential Integrative Healing will be presenting a program on the benefits of massage as well as de-stressing breathing techniques. Call to register, 815-946-2713

Yoga

Monday, January 13, 6-7 p.m.

Krystal from ADM Studios in Oregon will be our instructor.

Bring a mat if you have one. Call to register, 815-946-2713

Euchre

Thursday, January 16, 5:30-7 p.m.

Time to play cards, bring a friend

Knit Happens - Beginner's Knitting Class

Saturday, January 18, 1-3 p.m.

Monthly on the third Saturday

Learn to knit a scarf - The Library will provide the needles, the attendees will bring bulky weight yarn in color of their choice. Call to register, 815-946-2713

Rock River Center representative

Wednesday, January 22, 10 a.m.-noon.

The Rock River Center provides a caseworker to answer questions about Medicare, insurance, home care and anything else to do with caring for the older population. No appointment necessary.

Lifelong Learning

Thursday, January 23, 6-7 p.m.

Monthly on the fourth Thursday

University of Illinois Extension, Celebrations and Traditions: Strengthening Family and Community. Plan to discuss the importance of traditions, explore ideas for maintaining family traditions or creating new ones, and create a plan for documenting celebrations. Call to register, 815-946-2713

Board @ the Library - Games for Adults 18+

Saturday, January 25, 3-5 p.m.

Monthly on the fourth Saturday

Page C-4 Ogle County Life / Rock Valley Shopper Monday, January 6, 2020

Oregon Library News

The board of trustees approved to go fine free beginning Jan. 1

Over the years libraries have charged fines for overdue materials to ensure patrons return the items. In January 2019, the American Library Association issued a resolution that added to their policies "The American Library Association asserts that imposition of monetary library fines creates a barrier to the provision of library and information services". Since our library is supported by your taxes, we are discovering that fines are unnecessary and can be seen instead as a deterrent to use the library. Of the 2059 registered cards at Oregon, 34% have fines and 17% of these cards cannot check out materials because the amount is over \$5.00. Oregon Public Library strives to make our resources available to the public and our patrons while providing an accessible and less stressful experience. We are lucky to have a historical library filled with a variety of materials manned by knowledgeable and friendly staff and we want to share these resources with you.

How does Fine Free work? Materials will still have due dates, but fines will not be accrued when they are overdue. Renewals can still occur unless there are holds on the materials. Patrons are still responsible for the items they have checked out and if these materials are kept longer than 14 days past the due date, the patron account will be blocked. At 21 days the items will be charged to the account at a replacement value. The account will remain blocked until the items are returned. As of January 1st, 2020 all overdue fines will be waived and moving forward all overdue fines will not accrue. Replacement charges for items that are damaged or lost still apply. If you have outstanding library materials you can return them with no fines. If you have not been in for a while, we'd love to see you again! Please call the Oregon Public Library at (815)732-2724 if you have questions.

Explore more Illinois

Explore More Illinois is a service of the Reaching Across Illinois Library System (RAILS). RAILS is funded by a grant from the Illinois State Library through the Office of the Secretary of State Jesse White and provides a number of different programs and services for Illinois libraries and library users.

Oregon Public Library now offers Explore More Illinois, a cultural pass program that provides discounts and other offerings from museums, historical societies, performing and visual arts centers, and other attractions across the state of Illinois. The program is free for adults 18 years and older who have a library card from a participating library. Offerings differ by attraction and include free or reduced admission, free parking, discounts at attraction shops, and more.

Explore More Illinois is available 24/7 from any computer, tablet, or smartphone. Visit https://exploremore.quipugroup.net/?Oregon and log in using a valid library card number and password to review and reserve offerings by attraction and specific dates.

Current attractions include the Abraham Lincoln Presidential Library and Museum (Springfield), Chicago Children's Museum, and Discovery Center Museum (Rockford). Visit exploremore illinois.org to see a complete list. New attractions are added on a regular basis so be sure to check back frequently. Contact library staff for more information at 815-732-2724 or email us at oregonlibrary@yahoo.com

18-24 months story time club (9:30 a.m.)

Preschool (3-5 yrs. old) story time (new time – 2 p.m.)

Join us for songs, stories, games and crafts on Thursdays beginning January 9

Afternoon movie - Wednesday, Jan. 8, 2:30 p.m.

Early dismissal from school means movie time at the Library. Mark your calendar...movie will be announced after the New Year!

DIY hand warmers - Wednesday, Jan. 8, at 6 p.m.

We will be making a pair of no-sew hand warmers. A great idea for kids waiting to the bus, walking school, or anyone doing any activity outdoors this winter. Registration reired.

Murder, Mayhem and the Mob Part One: Chicago's Beer Wars - Thursday, Jan. 16 at 6 p.m.

Who was Al Capone, and why are we still so fascinated by him? A century after the beginning of Prohibition, we continue our conversations and debates about that brief period in Our Town's history and the man at the center of the story. To learn more about "Scarface,", the Roaring Twenties, and the true story of the St. Valentine's Day Massacre, please join Clarence Goodman for "Murder, Mayhem, and the Mob Part One: Chicago's Beer Wars."

Library book clubs

The 2WBC meets Wednesday, January 8 at 12:30 pm to discuss Good Omens by Neil Gaiman. The Afternoon Book Club meets Wednesday, January 15 at 1 pm to discuss Kitchen House by Kathleen Grissom. Books on Tap Book Club meets on Thursday, January 23 at 6 pm at Cork n Tap to discuss Kitchen House by Kathleen Grissom.

1,000 books before kindergarten

The objective of the 1,000 Books Foundation (a non-profit public charity based in Nevada) is to promote reading to newborns, infants, and toddlers and to encourage parent and child bonding through reading. Numerous studies estimate that as many as one in five children have difficulties learning to read. Reading has been associated as an early indicator of academic success. Beginning in January, the Library will offer this nationwide pre-kindergarten challenge to its' district patrons. How does this work? Come to the Oregon Public Library, register, receive your reading folder & instructions and off you go! Seems impossible? For more information, call the Library at 815-732-2724.

Adult yoga Saturdays at 9:30 a.m.

Family yoga Tuesdays at 6 p.m.

Benefits of yogain cluded eveloping a mind-body connection and present centered awareness. Strength, flexibility, stamina/endurance and as ense of calm for both the mind and body will increase with repeated practice over time. Please wear comfortable clothing and bring a mat and water bottle. Mats will be provided to those in need on a first come, first serve basis. Registration required.

New releases

Sword Of Kings by Bernard Cornwell (Fiction)

Under Occupation by Alan Furst (Fiction)

The Rise Of Magicks by Nora Roberts (Fiction)

Spy by Danielle Steel (Fiction)

Strange Planet by Nathan W. Pyle (Non-Fiction Graphic Novel 741.5 PYL)

Wyoming Heart by Diana Palmer (Large Print Fiction)

Catch And Kill by Ronan Farrow (Non-Fiction 331.4 FAR)

Ducks, Newburyport by Lucy Ellmann (Fiction)

Meg & Jo by Virginia Kantra (Fiction)

The Wonderful by Saskia Sarginson (Fiction)

Would Like To Meet by Rachel Winters (Fiction)

Reputation by Sara Shepard (Fiction)

Africaville by Jeffrey Colvin (Fiction)

Just Watch Me by Jeff Lindsay (Fiction)

Dead Astronauts by Jeff VanderMeer (Fiction)

Genesis by Robin Cook (Fiction)

The German House by Annette Hess (Fiction)

Oppo by Rom Rosenstiel (Fiction)

The Book Of Science And Antiquities by Thomas Keneally (Fiction)

The Wicked Redhead by Beatriz Williams (Fiction

Tuesday Mooney Talks To Ghosts by Kate Racculia (Fiction)

The Bridge To Belle Island by Julie Klassen (Fiction)

This Is Happiness by Niall Williams (Fiction)

Julia Hull Library News

Holiday Closures

The library will be closed the following dates for the New Year's Holidays: Dec. 31 and Jan. 1.

2020 Winter Reading Challenge

Read a book, complete a review form, and enter to win prizes! Yep, it's that easy. Jan. 2 through Feb. 29. Drawings held weekly. Pick up a flier for more details. Adults only.

Tween Scene: Snow Art

Head to the library Tuesday, Jan. 7 at 6 p.m. for snow much fun! Tweens will create some colorful and chilly art using real snow! But don't worry! We'll have cookies and hot chocolate to warm up with afterwards! Ages 10-12. Registration required: 815-645-8611.

Winter Critter Tote

What reader doesn't need another book tote? Participants will choose a template of their favorite winter critter, then select from an array of flannel fabrics to design an original patchwork tote – no sewing skills required! Monday, Jan. 13 at 6 p.m. All materials supplied. Bring fabric scissors, if available. Adults. Registration required: 815-645-8611.

Teen Challenge: Break A World Record

Think you have what it takes to break a world record? You'll need all your speed, flexibility, and strategy to find out! On Friday, Jan. 17 at 2:45 p.m., come ompete in a variety of ridiculous tasks to see just how mad your skills are. Ages 13-18. Registration required.

Fun Day Monday: Winter Diorama

School's out for the day, so stop by the library for creative play! From snowmen, to snow covered trees, participants will each create a unique 3D winter wonderland using cardboard boxes, paper, cotton batting and more. Monday, Jan. 20 at 1 p.m. Grades K-5. Registration required: 815-645-8611.

Young Critics Book Club (YCBC)

Pick up a copy of Jonah Winter Elvis Is King, then join fellow young critics on Tuesday, January 21 at 6 p.m. to discuss and rate the book, and do an activity that goes along with the story! Ages 7-10. Registration required.

Storytime With Elephant & Piggie!

Join us for a hysterically good time featuring the popular books and characters from the Elephant & Piggie series by Mo Willems. On Saturday, January 25 at 10 a.m., we'll read books, sing songs, and make a craft even indecisive Gerald would approve of! Both costumed characters, Gerald & Piggie, will join us for fun and photos. Bring a camera! All ages. Registration required: 815-645-8611.

Travel Tips: TSA Precheck, Global Entry & Real ID

Do you dread airport security? There are 3 specific ways to help manage the stress: TSA Precheck, Global Entry and Real ID. Frequent fliers, Joanna & Wayne, will give you the ins and outs of each, then review all the information you need to know before you apply. Monday, Jan. 27 at 6 p.m. Registration required: 815-645-8611.

Mount Morris Library News

Thursday, Jan. 9 at 5:30 p.m. - Healthy Cents adult program week 1

Learn how to eat healthy on a dime. This will be hands on and interactive class to help adults and their families stay healthy without breaking budget. There will be a taste test of a delicious recipe at each class. This class will be held every 2nd and 4th Thursday of the month. Please call or stop in to sign up.

Sunday, Jan. 19 at 2 p.m. - Tax Efficiency for adults

Brian from Thrivant financial will be here to help you understand tax efficiency. Learn about where your money goes, what needs taxed, what all these terms ean for you.

Drop Of Site for Film Plastic Recycling

You can now recycle your clean and dry film plastic, which is any plastic that can be wadded into a ball, to be turned into a bench! Stop in for more details.

Upcoming Events:

Mini Golf Fundraiser – Our annual mini golf fundraiser will be coming in February! If you would like to sponsor a hole please contact Kaitlyn at the Library.

What is Tri County? - See what things Tri County has to offer, ask questions, be informed!

Reoccurring Programs:

Story Time – Every Wednesday morning at 11:15 a.m. all ages (Upcoming dates 1/8, 1/15, 1/22, 1/29)

After School Club – Every 1st and 3rd Wednesday of the month at 3 p.m. ages 5 and up (Upcoming dates 1/15, 2/5, 2/19)

Lego Club - Every 2nd Monday of the month at 5:45 p.m. all ages (Upcoming dates 1/13)

Cookbook Club - Every 3rd Monday of the month @6:00 for adults. Visit the library to choose your recipe. (Upcoming dates 1/20) *The day has changed*

Library Board Meeting – Jan. 15 at 7 p.m.

Children under age 8 must be accompanied by an adult for all programs.

The LIFE office is located at 311 West Washington Street, Oregon.

Open Monday-Wednesday, 8:30 a.m. - 4 p.m.

Thursday, 8:30 a.m.-noon.

The office is Closed Fridays

Page C-6 Ogle County Life / Rock Valley Shopper Monday, January 6, 2020

Byron Library News

Travel Through the Holy Land with James Brown and Karen Virnoche-Brown

Tuesday, Jan. 7

1:30-2:30 p.m.

Israel, a Middle Eastern country on the Mediterranean Sea is regarded by Jews, Christians and Muslims as the biblical Holy Land. Karen and James share highlights of their pilgrimage with pictures and stories of the holy sites, the Israeli people, and their cuisine. Shalom! Please visit Byron.evanced.info/signup or call 815-234-5107 to register.

AARP Smart Driver Safety Course

Jan. 9 & Jan. 10

Noon-4 p.m.

Ages: 50+

The AARP Smart Driver Safety Course is the nation's first refresher course designed for drivers 50+. Course completion helps drivers refine skills and develop safe driving strategies. Attendance on both days is required for completion; \$15 for AARP members and \$20 for non-AARP members; checks payable to ARP. AARP members must have member number for discount. There are no tests! A completion certificate will be given for auto insurances who may offer a discount for a 3-year period. Check with your provider for participation. Please visit Byron.evanced.info/signup or call 815-234-5107 to register.

Scrap-Stravaganza

Saturday, Jan. 11

10 a.m.-4 p.m.

Bring our supplies, tools and pictures to spend the day scrapbooking. Tables will be first come, first-serve. No registration is required.

Library Dance Party

Monday, Jan. 13

10-10:45 a.m.

Ages: 18 months-5 years, with caregiver

Join us for a monthly music and movement program! Explore new music and move with shakers, scarves, and ribbon wands. No registration required.

Navigating the College Search Process

Monday, Jan. 13

6-7:30 p.m.

College starts with identifying colleges that will fit you best. This informational seminar, intended for parents of high schoolers and their students, will cover how college admissions has changed recently and how parents can prepare. Please visit Byron.evanced.info/signup or call 815-234-5107 to register.

Matinees at BPLD: Fiddler: A Miracle of Miracles

Friday, Jan. 24

10-11:30 a.m.

This documentary looks at the origins of Fiddler on the Roof, one of Broadway's best-known musicals. Max Lewkowicz's "Fiddler: A Miracle of Miracles" provides an entertaining overview of the unlikely success of Fiddler on the Roof, which won 9 Tonys and is the longest running musical in Broadway history. Refreshments provided. Please visit Byron.evanced.info/signup or call 815-234-5107 to register.

Super Bowl LIV Scoop presented by Sean Considine

Monday, Jan. 27

5-6 p.m.

What does it take to get into the Super Bowl? What makes an underdog and how are the odds determined? What do the referee calls mean? Novice football watchers and devoted fans alike will enjoy Sean's stories and professional knowledge. Please visit Byron.evanced.info/signup or call 815-234-5107 to register.

Princess Di: Gone But Still Kicking!

Tuesday, Jan. 28

1-2 p.m.

Jilann Gabrielle of Paradise Playhouse presents a cabaret style show. Princess Di cut a deal with St. Peter at heaven's gate and will be allowed to stay with her sons at the palace, but in return she will age. Don't miss this performance and chance to learn about Princess Diana's public and personal life within the British Royal Monarchy. Please visit Byron.evanced.info/signup or call 815-234-5107 to register.

National Hot Chocolate Day

Friday, Jan. 31

10 a.m.-2 p.m.

Enjoy a free cup of hot chocolate with your choice of stir-ins and toppings! No registration required!

Please register for all programs by visiting byron.evanced.info/signup or by calling 815-234-5107.

Bertolet Library News



Allyssa and PattieAnn made dozens of cards for area nursing home residents at our December Card Club.

LEGO Club

Monday, Jan. 6, 4 p.m.

Stop in after school for an hour of designing and building with our large assortment of LEGO bricks and figures. Bring a friend for twice the fun!

Create-a-Card with Jessie

Saturday, January, 9:30 a.m.

Looking for ways to save money and start a new hobby in 2020? Stop buying overpriced greeting cards at the store and join our popular card making club. Every month, Jessie Ross comes in to offer suggestions and guidance as you design uniquely personal items for your friends and family. All materials are provided and registration is not required so come for an hour or stay the whole morning!

Toddler/Preschool StoryTime

Thursdays, 10:30 a.m.

Winter is a great time to get out of the house and bring your favorite little one to the library to share stories, songs, and activities. This relaxed program is designed to help children make friends, practice new skills, and experience the joy of sharing books with people they love.

Legion Fundraiser

The American Legion Post #1148 is once again offering a wide assortment of plain and chocolate covered nuts, fruits, and candies. Limited quantities are available so stop in to support this fundraiser while your favorites are still here!

Plastic Recycling

We are still collecting film-type plastic such as shopping bags, sandwich bags, bread wrappers, or any bag-type plastic. Wrap from new furniture (especially mattresses) is also welcome. All plastic must be clean, dry, and free of food residue. Please do not bring hard plastic as that is not allowed in this program. We are located on the south end of Leaf River at 705 Main Street. Thanks for your help!

New Adult Fiction includes: "Moral Compass" by Danielle Steel and "Treason" by Stuart Woods.

Weekly Brain Busters

King Crossword

MAGIC MAZE • FREE —

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IM M K W U

R C Q

G L

GDAXUROL

AXV

L

R E

ZPONLK

Love

K Е

DNAHKXHD

R

Ι

A C

H E C



- 1 Possesses 4 Cribbage
- scorer Ringlet
- 8 Preclude 10 "M*A*S*H"
- setting
- 11 Scents
- 13 Kitchen pair
- and outs 17 "The - Show With Jon
- Stewart" 18 Whopper
- 19 Citi Field team
- 20 Marching musicmakers 21 Topper for
- Miss USA 23 Rushmore or
- Rainier 25 Responsibility 41 More, to
- 26 Cried 27 Lawyers' org.
- 28 Memorable mission
- 30 Shooter ammo
- 33 13-Across, e.a.
- 36 African desert wind
- 37 Ointment
- 38 Military subdivision
- 39 Unattractive
- 40 Mauna -

- 11 10 12 13 16 19 26 27 31 36 37 38 39 41
 - Manuel
- **DOWN**
- 1 Throws hard Neighborhood
- : spoken :: libel : written
- 4 Danger Black wood 5
- 6 Ready for action
- Quarter, e.g.
- 8 CSA president
- 9 Overcoat

- sleeve
- 10 Japanese pond carp
- 12 Epithet for Simon
- Templar (with "The")
- 14 Information 15 Scarlet
- 19 Spring month 30 Doctor's 20 On the other
- hand
- 21 Big brass 22 Slanted, as
- lettering
- 23 Viral Web © 2020 King Features Synd., Inc.

- 26 Goes up a
- few degrees

- 35 Long story

- phenom

- treatment
- orders?
- 32 Iron or Bronze

- 24 One skilled in
- "- Kapital"
- 28 Worship
- 29 Parkinson's
- 31 Jealousv
- 34 Out of control

- playing dead

- directions forward, backward, up, down and diagonally Enterprise

Form **Kick**

Lunches Markets Radicals Loading

Find the listed words in the diagram. They run in all

Thought Time Trade

Thinker

Wav Wheeling Zone

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Weekly **SUDOKU**

by Linda Thistle

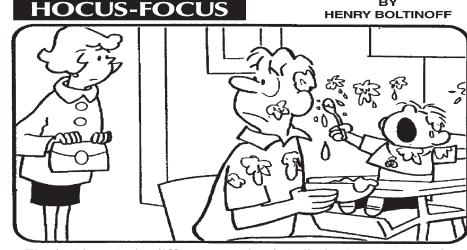
7					5		4	
		8		6		9	1	
	3		4					2
1		7		8			3	
	4		2					6
		5			6	1		
		1	9	4		5		
6				3				7
	9				7		2	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

♦ Moderate ♦ ♦ Challenging ♦ ♦ ♦ HOO BOY!

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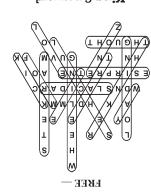


Find at least six differences in details between panels.



Differences: 1. Button is missing. 2. Skirt is different. 3. Food splat is missing. 4. Chair back is lower. 5. Nose is smaller. 6. Hair is different.





1 2 8 7 8 8 8 8 2 6 b 8 E 1 2 G 9 8 9 2 7 6 8 5 7 1 8 5 6 t 8 9 2 4 8 8 7 9 9 3

Weekly SUDONU

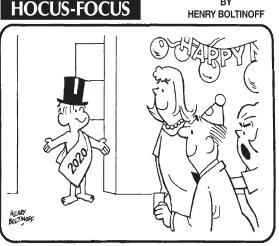
Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid. 3 Letters ASH ELM FIG OAK SAP 4 Letters LEAF NEST PLUM 5 Letters ACORN APPLE BIRCH Н CEDAR GROVE MAPLE TRUNK 6 Letters BANYAN BRANCH CHERRY **FLOWER** FOREST LOCUST WILLOW 7 Letters

Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

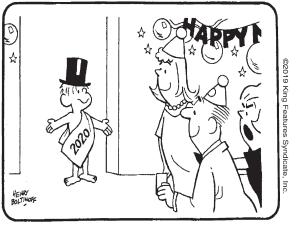
1. Think about	N	_ Talcum	W
2. Sleep vision	M	Be worried about	D
3. It is sold in reams	P	More ashen	L
4. Chit chat	N	_ Trade	R
5. Ledger entry		First appearance	U _
6. Foolishness	_ 0	Young mare	_ 1
7. Adjust to	A	Take as one's own	0
8. Whole	R _	_ Lure	C
9. Lawnmower's target	: A	A dozen dozen	0
10. Intensely harsh	s	_ Patriotic silversmith	R

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REDWOOD

Find at least six differences in details between panels.



5. Window is missing. 6. Decorations added to wall on left. on right 3. Woman is wearing hat 4. Letters are black. Differences: 1. Woman's shirt is black. 2. Stars added to wall



THE HOT CIDER was a big hit at the potluck dinner, but look at the mess to be cleaned up afterward. How many cups can you find in the picture?

Answer: We found 43. How about you?



Illustrated by David Coulson

1.BEE

2.BEE.

3.BEE_.

4.BEE___

JUMP

AND

SWING DANCING IS BACK! Using an expression from the Swing Era, "jump and jive," we've made a puzzle for vou. Replace the letters in the expression with the digits 0 through 9 so that you have a correct addition problem. The same letters get the same digits.

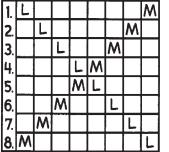
One Answer: J=8, U=3, M=0, P=9, A=4, N=5, D=2, I=7, V=6, E=1. (8309 + 452 = 8761.)

"BEE" CAREFUL SOLVING THIS ONE! In this puzzle all of the words get progressively longer, and they all start with BEE. The following hints should help:

- 1. A busy worker (given).
- 3. A gray tree.
- 5. Used in making crayons.
- 2. Source of sugar.
- 4. An electronic device.

5.BEE___ 6. Brand of chewing gum. 6.BEE.





FIND THE BIG WORDS!

Using the definitions and anagrams below, find the eight eight-letter words that fit into the framework pictured on the left. For each definition, the letters in the two anagram words must be unscrambled and used to form the word asked for.



DEFINITIONS:

ANAGRAMS:

1. Lacking conviction.

murk + wale 2. A cluster of flowers. slob + moss

3. A lucky charm. slat + main

4. A stamp of approval.

mall + hark 5. A bad homeowner. muds + roll

6. Vests have them.

sole + harm

7. Fixed or motionless

8. Barely within quality limits nail + gram

boil + mime

Hallmark, 5. Slumlord, 6. Armholes, 7. Immobile, 8. Answers: 1. Lukewarm. 2. Blossoms. 3. Talisman. 4.

Answers: 1. Bee. 2. Beet. 3. Beech. 4. Beeper. 5. Beeswax. 6. Beechnut.

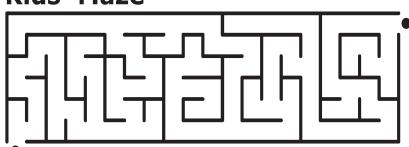


Answer Puzzles4Kids



Severe, Revere	١٥.	Debit, Debut	.6
Grass, Gross	.6	Banter, Barter	.4
Entire, Entice	.8	Paper, Paler	3.
fqobA ,fqsbA	.Τ	Dream, Dread	7.
Fοlly, Filly	.9	Ponder, Powder	٦.
_	S	มอพรนย	
əbu	BN	EVEN EXC	

Kids' Maze



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Super Crossword

COUNTING DOWN

74 Handed over

informally

nickname

truism 79 Lofty poetry

80 Heart

82

Withdrawal * "She Loves

You" band's

Tangoing

Toast topper

75 In this way,

ACF	1055
1	Nothin' at all
4	Got on
	board
12	— Hill
	(Theodore
	Roosevelt's
	home)
20	Altar
	promise
21	Quiche —
22	Zealous

- campaigner With 39-Down, business for attorneys
- 24 Dreams up 25 Enrobing Thorax
- 28 Cloister resident Native Americans of Oklahoma See
- 69-Across Lena of "The Wiz"
- Gal at a ball
- **34** Big fashion inits.
- 35 Blue shade Haul to court
- "Time the essence!" Wagged
- part 42 Closest to nil
- Verizon competitor
- Artificial hair

51 Skier 88 Battle (for) Tommy 89 Favorite

Klutzy type

Dangerous

way to skate Haglike

Uprightness

Like radon

Courteney

54 Radon, e.g. **55** Indian "Mr."

60 Darkened

Actress

Alluring

Pitched

shelter

- knew?!"

31-Across,

Like sexist

Ring official

jokes and

such, for

short

"Piggy"

hemp

fashion

Actress

Cuthbert

agitated

Was deeply

Air impurity

6

River of

Grenoble

Like much

Mai -

70 Snooze site

start to enjoy

West

66 Kanga's

son

With

68

69

78

86

53

- Ali or Frazier - -haw!" ("Whee!")
 - Bicolor
 - snacks 92 Slender fish 93 Polar laborer
 - 94 Hit into from behind
 - 1988 Olympics city
 - Is in a hole Film scorer Schifrin
 - Sportage or Soul maker
 - 102 Clairol products 104 Gibbon, e.g. 106 - -relief
 - 107 White wader 110 Enthusiasm
 - Soup 113 legume 115 Dandy
 - fellow 116 Full of cheek 117 Rift-causing
 - 119 Least near 122 Sci-fi gift
 - 123 Hand-thrown weapons
 - Scottish beef animal Scrabble
 - 4-pointer 126 Right to use
 - another's land 127 Opera text

8

128 Scrabble 1-pointers

DOWN

- 1 Nothin' at all
- 2 Gem State * A thousand
- and a googol, e.g.
- March Madness quarterfinal teams
- Family member
- Slivovitz and kirsch Has a
- debate 1998 Tom
- Clancy novel Family members
- Adversary Cease's partner
- 12 Flimflam * Part of the
- Constitution establishing the judiciary
- 14 Very nervy "... so far -
- know" * Helicopter of the U.S.
- president 17 Major Norse
- god Sublet, say
- 19 Therefore 27 Ignore rudely

12

11

10

- 30 Trendy
- Typical lab rat, e.g.
- See 23-Across
- 41 It has a charge
- 43 Pivotal line 44 Split-off
- group Deuce
- follower Specifically 46

71 Consume

right)

13

ends of the

answers to

this puzzle's

(from left to

- * A state of Neighbor of bliss Window area Quebec
- 48 Place View Rustic denial 87 (down)
- 50 Request for 89 View Capital of a hand slap 95
- Engine cover Latvia 98 Helical form 59 LCD
 - alternative 100 Taoism
- Ski-60 founder
- Consume **103** Omit in * Group of speech
- 105 Nicholas defendants that included Gage Abbie memoir
- **108** City in Hoffman "Hold on!" 68 Germany
- 69 Styling stuff 109 Styles 70 Furry scarf 110 Knife feature
- 111 Old Italian **72** Occasion to currency
 - shout out the 112 Bird class
 - 114 Bird hangout
 - 118 Snead of golf
 - starred clues 120 Classic **British**

73	Dress	s fuss	ily 12		ird dri	
13	14	15	16	17	18	19

			21		ı														
			l – .									22							
			24								-	25							
		27			28				29		30					31			
					33				34				35		36				
	37			-	38			39		40		41			42		43	44	45
17				48			49		50		51				52				
			54			-	55				56			57					
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Soap Opera Update

By Dana Jackson THE BOLD AND THE BEAUTIFUL

Ridge asked Brooke to join the Forresters for Christmas. Thomas invited Zoe to spend the holiday with him after their first night together. He later confirmed to Hope that he and Zoe shared a very special evening. Ridge admitted to Brooke that he hadn't filed their divorce papers. Steffy asked Liam if it bothered him that Hope and Thomas were working together. Meanwhile, Brooke and Ridge continued to argue about Thomas. Bill visited Beth and Hope. Thomas showed up unexpectedly to see Shauna and told her to go after Ridge. Later, Thomas provoked Liam by asking him why he hadn't proposed to Hope yet. Wait to See: A new man asks Steffy out on a date.

DAYS OF OUR LIVES

Marlena confronted "Hope" about her feelings for John. Kate threatened to expose Stefano. Gabi discovered that someone had vandalized her business. Kristen was enraged by Brady and Nicole's kiss. An unexpected couple crashed Julie and Doug's New Year's Eve party. Kayla, Justin, Marlena and John exchanged theories about who was dressed as Santa Claus. Kristen was tormented by the thought of Brady being with Nicole. Eli received some surprising news about the person who threw a rock through the Gabi Chic window. Everyone was stunned by Steve's return. Kristen attacked Nicole and told Brady that she wanted him back. Gabi was shocked to discover that Lani was back in town. Ciara supported Ben on the day of his final appeal. Xander and Victor realized that Ciara had been playing them. Gina lashed out at Rafe. Wait to See:

Kayla presses Steve to tell her about the woman he loves.

GENERAL HOSPITAL

Carly was insistent. Sonny felt betrayed. Laura tried to persuade Charlotte. Sasha came to Valentin's defense. Jason was baffled. Jax was at a loss. Diane confirmed the worst. Jason accepted his fate. Ned struggled to be a good dad. Michael tried to distract Sasha. Nina asked Maxie for help. Valentin was confused. Peter was caught off-guard. Joss felt let down. Wait to See: Trina and Cameron make a pact.

THE YOUNG AND THE RESTLESS

Chance told Devon and Jill that he was done being a federal agent and that he was opening his own security firm in Genoa City. Jill then asked him about his budding relationship with Abby, but he stayed tight-lipped. He later accepted Abby's invitation to be her date on New Year's Eve. Adam was surprised to learn that Victor pulled some strings to get Connor readmitted into Walnut Grove. Jill comforted Devon as he mourned Neil over the holidays. Jack commended Phyllis for her restraint against Adam, but she was determined not to let her anger consume her. Billy texted Amanda and asked her if she had time to talk. Victoria feared that Billy was gambling again. Jill promised Devon that she would get his inheritance back. Rey sensed trouble with Sharon. Wait to See: Nate is recruited for a new venture.





Wes Ramsey is "Peter" on "General Hospital." Photocredit: ABC/Craig Sjodin

Senior News Line

By Matilda Charles

Dealing With Rudeness

I'm not the only one who's been muttering around town about drawing a line over how we seniors are sometimes treated. Some of us have decided to take a stand and speak up. Want to join us?

One elderly man was in the middle of placing his order at the counter of a coffee shop bakery that he visited every day. The

cashier stopped in the middle of taking that order to speak at length with someone who came into the shop. There was no, "I'll be with you in a minute," to the person who was interrupting. The man was just ignored for a very long three minutes ... when he walked out. He won't be going back, I'm sure, but he did call the bakery's owner.

Then there was the senior who'd made it clear (or so she thought) at her doctor's office that she couldn't make morning appointments, that they needed to be scheduled in the afternoons because of transportation reasons. She was irritated when she received a message from the office that her appointment would be at 8:00 the next morning. Her solution? She left a message for the doctor himself.

Another person who gets delivery of his drugs from the pharmacy in town asked for a one-hour window when they'd be delivered. He was told, "They'll be there sometime this afternoon. You weren't going anywhere anyway, were you?" His so-

lution? He called the pharmacy manager.

When we're trying to make a fairly large purchase and we're continually steered toward more expensive items ... when the tech guy thinks we don't know how to operate a computer ... when it's assumed we're uninformed ... when we're not amused to be called "young lady" or "sweetie."

We won't necessarily cause a fuss, but we will speak up.

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To Your Good Health

By Keith Roach, M.D.

Turmeric Can be Helpful for Arbritis Pain

DEAR DR. ROACH: I am 88 and have had osteoarthritis in my hands and knees since I was in my 50s. I began taking Tylenol and Advil for pain. But on a recommendation from a health food store clerk, I started taking turmeric. Since that first dose, I have never had to take any pain medication again. I also have not had a knee replacement. My specialist is very pleased with my condition, and encourages my use of turmeric. I plan to up the dose from 150 mg daily because of research that shows its benefits in avoiding Alzheimer's disease.

ANSWER: Turmeric has been shown to be helpful in some people with osteoarthritis, and is unlikely to have serious side effects; however, stomach upset is possible, and turmeric should be used with caution in people on warfarin or other anticoagulants.

However, there is no good evidence showing that turmeric prevents

or treats dementia.

DEAR DR. ROACH: I have been hearing a lot about making yogurt at home. Is homemade yogurt a recipe for food poisoning? -- H.C.

ANSWER: Homemade yogurt is easy to make, can be more healthy than store-bought as it has very little sugar, and can be made very safely with minimal precautions. The key is to make sure the milk is fresh and sterile, then to carefully add in healthy bacteria. All you need to do is boil fresh milk to a bare simmer (to kill any unhealthy bacteria); cool it down to 100-110 F (37-42 C), which is an optimal temperature for growth of the healthy bacteria that help prevent the growth of unhealthy bacteria or yeast; stir in a few tablespoons of plain yogurt with active healthy bacterial cultures; and keep it in a warm place for six to 12 hours or so. You can use the yogurt you just made as the starter for the next batch. Add in some pureed fresh fruit, and you have a healthier, tastier and cheaper yogurt than you can buy at the store.

DEAR DR. ROACH: I take 40 mg

of lisinopril for high blood pressure. One doctor told me to take a 40-mg tablet in the morning, while another said to take 20 mg in the morning and 20 mg in the evening. Will separating the dosage better control my blood pressure? On average, mine is 130/75. -- M.A.P.

ANSWER: For lisinopril in particular, taking the medication twice daily showed a better reduction in blood pressure than once daily, according to a study performed last year. People who took lisinopril twice daily had about a 10-point systolic (4 point diastolic) improvement in BP control, so your blood pressure might be more like 120/71 if you started taking it in two doses, if you are similar to the subjects in the study (that sounds like a big drop to me, despite the study results)

People who are doing just fine on once-daily lisinopril don't need to change. Don't make any changes in your medication without discussing it with your own doctor.

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- **Super** Crossword —

Celebrity Extra

By Dana Jackson

Q: I saw that some reporter was complaining there aren't any female characters in the new "Star Wars" TV series, "The Mandalorian." However, I was watching it and thought they had some great strong women. I was especially impressed with the actress who plays Cara Dune. Has she acted before? -- L.L.

A: Gina Carano, who plays Rebel soldier Cara Dune on the new Disney+ series "The Mandalorian," has expressed how appreciative she is to be part of the "Star Wars' family," as she puts it. She was hardly an unknown, however, when she got the role. Carano was a very successful MMA fighter before landing roles in "Fast & Furious 6," "Deadpool" and most recently with Robert De Niro in the movie "Heist."

The incident you mention about a backlash was started by Anita Sarkeesian, an online critic of the gaming industry. After seeing the first episodes of "The Mandalorian" she tweeted, "Is there not a single female speaking character in the first episode?" She later learned she was wrong and that there was, in fact, a female character in the premiere and in subsequent episodes, including Carano. The third episode also was directed by a woman, Deborah Chow.

Q: Is there any news on when the new season of "Fargo" will begin? It's been a really long time since the last one. -- P.T.

A: Yes, I agree it's been a long gap between the third and upcoming fourth season of "Fargo." Each season of the FX series has a new plot, and new actors and characters.

The first starred Martin Freeman and Billy Bob Thornton and was set during the early 2000s. The second season was even better, in my opinion, and starred Kirsten Dunst and Ted Danson. It was set in the late 1970s. The third season is probably most fans' least favorite but was still quite compelling and had stellar acting with Ewan McGregor in a dual role.

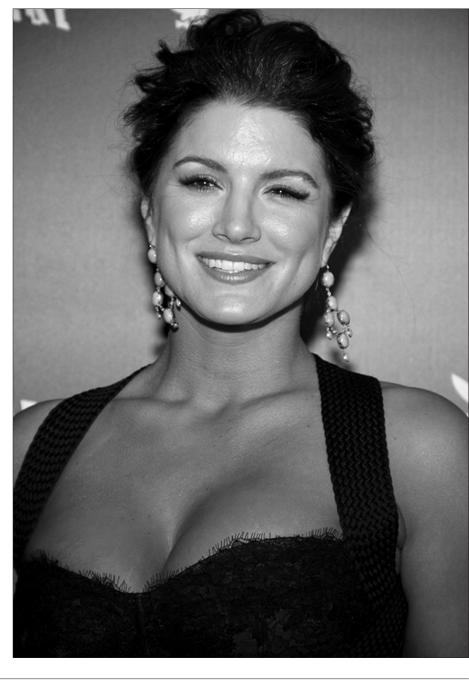
In 2017, it was announced that the next season of "Fargo" wouldn't air until 2020. That's because the show's creator, Noah Hawley, was focusing on other projects, including the Marvel series "Legion." Hopefully it will be worth the wait. The upcoming installment will be set in Kansas City in 1950 and will star Chris Rock and Timothy Olyphant. No premiere date has been announced, but it began filming last October in Chicago.

Q: How is wrestler Roman Reigns doing since he was diagnosed with leukemia not too long ago? Is he back to wrestling? -- S.B.

A: Yes, Joe Anoa'i, who goes by the name Roman Reigns when he's in the ring for the WWE, was diagnosed with leukemia last year for the second time. The first time was in college at Georgia Tech. Fortunately, he was able to go into remission after just a few months of treatment, and as of last February he's been in good health. Anoa'i is back wrestling, and hopefully cancer isn't an opponent he'll ever face again.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Couch Theater

By Amy Anderson

2019: A Great Year for Kids' Movies

SEQUELS AND FOLLOWUPS: The past year brought a hardy batch of series films, some of them arc-ending, like the phenomenally successful "Avengers: Endgame." We also revisited a beloved favorite in "Toy Story 4" and updated an old treasure for a new generation with "Mary Poppins Returns." Other notable entries this year include: "Ralph Breaks the Internet," "Fantastic Beasts: The Crimes of Grindelwald," "Lego Movie: The Second Part," "How to Train Your Dragon: Hidden World," "Secret Life of Pets 2" and "Angry Birds 2."

GIRLS RULE: The ladies had a good year with a couple of plucky and tough but totally smart cookies breaking out of books ("Nancy Drew and the Hidden Staircase") and television ("Dora and The Lost City of Gold") into the big screen. We also had some marvelous stand-alone movies featuring seriously super women in "Captain Marvel" and "Dark Phoenix."

MONSTERS AND ADVENTURE: If your little ones like stories about giant mythical beasts, 2019 offered two: "Missing Link," a stop-motion tale about a Sasquatch, and "Abominable," which pairs a curious and kind-hearted girl with an extraordinary Yeti. Talking animals and a girl with a powerful imagination also collided in "Wonder Park," about an imaginary amusement park come to life.

DISNEY GOES LIVE ACTION: Four classic Disney films got the live-action treatment this year. First was director Tim Burton's "Dumbo," with a CGI flying elephant. Next, we conjured up Will Smith as Genie in "Aladdin." The summer brought another highly anticipated reimagin-



ing -- "The Lion King," featuring a new song by Beyonce. Also, flying under the radar is the live-action remake of "Lady and the Tramp," which went direct to streaming on Disney+.

MY PICK FOR BEST KIDS MOVIE: "Shazam." This fun family movie about an orphaned kid who is recruited to be a superhero, and his journey to becoming truly super, was everything I needed this summer. It's about heart and friendship, facing adversity and how caring for others makes you better always. Plus, it's full of outstanding performances, especially from adult lead Zachary Levi. My honorable mention is "The Kid Who Would Be King," about a boy who pulls the sword Excalibur out of

a rock at a modern-day construction site, and, along with his friends, is launched on an Arthurian adventure to save the world.

COMING TO A COUCH NEAR YOU IN 2020: More terrific films are just around the corner. In the coming months alone, my family is looking forward to "Maleficent: Mistress of Evil" (1/14), "The Addams Family" (1/21) and "Playing With Fire" (2/4), as well as "Frozen II" (estimated February) and "Jumanji: The Next Level" (estimated March).

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Page C-12 Ogle County Life / Rock Valley Shopper Monday, January 6, 2020

Hollywood

By Tony Rizzo

HOLLYWOOD -- Even before "Richard Jewell" opened, Clint Eastwood and Warner Brothers found themselves being sued by Cox Enterprises' flagship newspaper, The Atlanta Journal-Constitution. The film is basically about Richard Jewell, a security guard at the 1996 Summer Olympics in Georgia, first proclaimed a hero, then accused of planting a bomb. The film has a disclaimer at the end of the film that says, "This film is based on actual events. The dialogue and certain events and characters in the film were created for the purposes of dramatization."

Allegedly, The Atlanta Journal-Constitution rushed to judgment on Richard Jewell's guilt. Jewell, who died in 2007 at 44, was cleared of any involvement in the bombing, which killed two and injured over 100 people. Nonetheless, there was always a cloud hanging over him because of the accusations. You'd think the newspaper would've learned something from the experience and would be wary of taking on powerhouses like Warner Brothers and Clint Eastwood.

On a happier note, Robert Redford is having second thoughts about retiring. If he hadn't gone public with his retirement, he might've directed instead of only producing his latest project, "109 East Palace." The film deals with the rise and fall of physicist J. Robert Oppenheimer, hailed as an American hero when he created the atomic bomb in 1945, but later disgraced during the McCarthy Era and was made to testify before the House Un-American Activities Committee. Oppenheimer admitted he had associations with the Communist Party in the 1930s and was villainized by them. "109 East Palace" refers to the address in New Mexico where the A-bomb was created. Redford developed the script and says he'll only produce.

Get ready for a sequel to "Aladdin." The recent remake, with Will Smith as The Genie, cost \$183 million and grossed \$1.05 billion. Already set to star is Billy Magnussen, best

known for "Into the Woods" and the current 007 film, "No Time to Die."

The Golden Globes try to second-guess what the Oscar nominations will be. They have five drama and five comedy/musical nominees in every category, and still every year Oscar pulls out two or three nominations they didn't see coming. The Golden Globes are decided by only 78 foreign press people.

Billy Bush may have lost his job (at "Entertainment Tonight") and his wife because of that infamous incident with you know who in The White House, but only three years later he has recovered and is back as the new host of "Extra," the show Mario Lopez hosted. How was all forgiven and forgotten? Must be because "Extra" has moved to the Fox Network. That's joke enough!

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Trivia Test

By Fifi Rodriguez

- 1. ANIMAL KINGDOM: What are female elephants called?
- 2. GENERAL KNOWLEDGE: What is the oldest brewery in the United States?
- 3. MOVIES: To which destination is the McCallister family traveling in the movie "Home Alone"?
- 4. GEOGRAPHY: How many U.S. states are named after a president?
- 5. MUSIC: In the song, what did Frosty the Snowman do after a magic hat was placed on his head?
- 6. ANATOMY: Where is the glabella located in the human body?
- 7. LANGUAGE: What did the Russian Space Station "Mir" mean in English?
- 8. LITERATURE: What are the names of the young bunnies in "The Tale of Peter Rabbit"?
- 9. HISTORY: In what year was the sound barrier broken by a jet aircraft?
- 10. LANDMARKS: Which presidents are depicted in the Mount Rushmore National Memorial in South Dakota?

Answers

- 1. Cows
- 2. Yuengling
- 3. Paris
- 4. One, Washington
- 5. He began to dance around
- 6. Between the eyebrows
- 7. World or peace
- 8. Flopsy, Mopsy, Cottontail and Peter
- 9. 1947
- 10. George Washington, Thomas Jefferson, Theodore Roosevelt and Abraham Lincoln
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103 **AUCTIONS**

Real Estate Auction

Having decided to sell the Real Estate described within, the Byron Forest Preserve will offer at Public Auction the following described Real Estate. Located at 5500 N Silver Creek Road, Mt. Morris IL 61054. This Auction will be held indoors on site. Visit our web site at www.bearrows.com for further information & pictures.

Saturday, February 22nd, 2020 11:00 AM

AUCTIONEERS NOTE: This is an extremely well kept newer (1996) 2 story home which has approx. 3300+ sq ft., sitting on 4.266 acres. The description of the many upgrades and features are many, and a written description does not do it justice. The views and location are in a class all its own. This is a must see. Plan

now on attending!!! **DESCRIPTION OF REAL ESTATE:** This home is a newer (1996) construction home with large open rooms, vaulted ceilings, fantastic views from the wrap around porch, and many upgrades. It is surrounded on 3 sides by the Byron Forest preserve, and therefore seclusion and privacy is a feature hard to find On the first floor, there is a large open kitchen, dining and family room, complete with fireplace, hardwood floors and views that are incredible both from inside as well as the forever wrap around deck. There is also a formal dining room and living room. The grand entry to the home leads to an open stairway, and power chandelier, and a ½ bath off entry. Throughout this home, storage and closets were one of the dominant focuses. Oak cabinetry & floors as well as solid 6 panel doors and trim throughout. Upstairs, the Huge master bedroom complete with fireplace has a 26x12 walk in closet, a full large bath with 2-person jetted tub and separate shower. The other two bedrooms each have a double closet with one having 2 closets. There is a common Bath for the two bedrooms complete with full tub and shower. There is a large laundry room with built in ironing board, folding counter and separate sink. The full finished walkout basement provides yet another family room and fireplace, possible den/bedroom, and another 3/2 bath with shower. Mechanicals include central Vac system, LP Gas Forced air furnace, central air, 200-amp C/B, water softener, gas hot water heater, iron out filter and security system. There is a 1000-Gal LP tank that stays with the home. There is supplemental electric heat in the lower level as well. There is also an outside $36\dot{x}28'$ storage barn., For a private viewing, contact Auctioneer John Bearrows at 815-739-9150

REAL ESTATE TERMS: \$7,500.00 down the day of the auction, with the balance due on or before March 31, 2020 at which full possession will be given. It should be noted, the sellers are prepared to close sooner if the buyer so chooses. Seller is to provide an appropriate stamped Deed as well as a Title Policy in the amount of the purchase price. This property is being conveyed in its "As-Is" condition without any contingencies with regard to financing and/or the sale of another piece of property. All announcements made the day of the auction take precedence over all prior advertising

Byron Forest Preserve



103 **AUCTIONS**

Hazelhurst Annual Spring Consignment Auction Saturday, April 4, 2020

Call by March 16 with your list for the sale bill/advertising Info - Lyle Hopkins (IL#440.000185) Polo, IL 815-946-2660 or 800-848-9519 Email-slpaspolo@gmail.com Fax-815-946-3745 Lenny Bryson (IL#440.000158) Polo, IL

815-946-4120 Location - Mrs. Sherwood Shank Family Farm

Attention Farmers Ogle County Farmers Consignment Auction Jan, 20, 2020 at 9 am

held at Janssen Ag Services LLC 4779 S. Daysville Rd, Oregon IL 61061 Looking for quality farm and construction equipment. Over 100 large lots already consigned. Consignments welcome!! \$1000 max commission rate No no-sale fee No buyers premium No loading/unloading fee

Dual live internet bidding on Proxibid & Level

Consignments must be onsite in by Jan 10 for internet cataloging Advertising deadline is Jan 2

Food/beverage stand Contact Sean Janssen 815-677-2781 or email janssenagservices@gmail.com https://www.facebook.com/JanssenAgServicesLLC

103 **AUCTIONS**

101 **LEGAL NOTICE**

STATE

PUBLIC NOTICE ZONING BOARD OF **APPEALS**

ILLINOIS) COUNTY

OF OGLE) Public Notice is hereby give to all persons in Flagg Township that a Hearing will be

held on Thursday, Janu-30, 2020 at 6:00 PM in the County Board Room, 3rd floor of the Ogle County Courthouse, Oregon, Illinois, to consider the petition filed December 20, 2019 of Brian Edwards, 4746 S. Knoll Rd., Rochelle, IL for a Variation to allow 1) construction of an accessory building that will exceed maximum allowable accessory building area for the parcel; and 2) to allow the construction of an ac-

103 **AUCTIONS**

FARMLAND AUCTION Wednesday, January 15th, 2020

at 10:30 A.M Sale to be held at: CedarStone 610 South Division Ave Polo, IL 61064

90 Acres +/- ONE PARCEL: Section 28 of Pine Creek Township in Ogle County, IL.

For complete listing of sale bill, maps, tax info, and terms & conditions, etc. visit www.lennybrysonauctioneer.com For Information Contact:

> Lenny Bryson - Auctioneer 11749 West Judson Road Polo, IL 61064 Ph) 815-946-4120

Owner, Stan Weber

Attorney, Tom Suits

Lenny Bryson Sales Of All Kinds 815-946-4120

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cessory building approximately 5 feet from a side property line in lieu of 15 feet as required pursuant to the Ogle County Amendatory Zoning Ordinance on property described as follows and owned by the petitioner

Lot 3 Woodhaven Estates, part of the North Half (N 1/2) of G.L. 2 of Southwest Quarter (SW 1/4) Fractional Section 7 Township 40 North, Range 1 East of the 3rd PM

Township, Ogle Flagg County, IL, more or less 1.50 acre, Property Identification

Number (PIN): 24-07-300-011 Common Location: 4746

S. Knoll Rd.

All persons in attendance at the Public Hearing shall have an opportunity to be heard. Any person who also wishes to appear as an "interested party" with the right to cross-examine others at the Public Hearing must complete and file an appearance form with the Ogle County Planning & Zoning Department no later than five (5) business days before the date of the

Public Hearing. The application for this variation is on file with detailed description and available for examination at the Ogle County Planning & Zoning Department, 911 Pines Rd., Oregon, Illinois or at the following URL: http://www.oglecounty. org/departments/planning and zoning/zoning board_of_appeals.php ZONING BOARD OF AP-RANDY OCKEN, CHAIR-MAN Dated at Oregon,

this 20th day of December 2019 #6-19VAR No. 0103 (Jan. 6)

Illinois

PUBLIC NOTICE ZONING BOARD OF **APPEALS**

STATE ILLINOIS) COUNTY)

OF OGLE) Public Notice is hereby given to all persons in Monroe Township that a Public Hearing will be held January 30, 2020 at 6:00 P.M. in the County Board Room, 3rd floor of the Ogle County Courthouse, Oregon, Illinois, to consider the request filed December 23, 2019 of Wayne & Nancy Alderks, 4553 Rainbow Ct., Loves Park, IL; and Clayton Ziller, 18770 E. McNeal Rd., Monroe Center, IL for a Special Use to allow a single-family dwelling in

on property described as follows and owned by Clayton Ziller: Part of the Southeast Quarter (SE 1/4) of the

the AG-1 Agricultural Dis-

trict on less than 40 acres

Southeast Quarter (SE 1/4) of Section 03, Township 42 North, Range 2 East of the 3rd P.M., Monroe Township, Ogle County, IL, 3.08 acres, more or less

Property Identification Number: 12-03-400-008 Common Location: 18770 E. McNeal Rd. All persons in attendance

at the hearing shall have an opportunity to be heard. Any person who also wishes to appear as an "interested party" with the right to crossexamine others at the hearing must complete and file an appearance form with the Ogle County Planning & Zoning Department no later than five (5) business days before the date of the hearing. The application for this special use is on file with detailed description and available for examination at the Planning & Zoning Department, 911 Pines Rd., Oregon, Illinois or at the following URL:

http://www.oglecounty. org/departments/planning_and_zoning/zoning_board_of_appeal s.php. ZONING BOARD OF

APPEALS RANDY OCKEN, Chairman Dated at Oregon, Illinois

this 23th day of December 2019 #11-19SU No. 0104 (Jan. 6)

PUBLIC NOTICE

IN THE CIRCUIT COURT OF THE 15TH JUDICIAL CIRCUIT

OGLE COUNTY, IL-LINOIS

IN THE **MATTER** , No. OF THE)2019 **ESTATE**)P 99 OF: TIMOTHY **JOHN** HOUGH. Deceased.

CLAIM NOTICE NOTICE IS GIVEN of the death of Timothy John Hough of Mt. Morris, IIlinois. Letters of office were issued on December 6, 2019 to Gerry Hough of Mt. Morris, IIlinois, whose attorney is Douglas P. Floski, of Floski Law Office, LLC. at 220 W. Third Street, P. 0. Box 1007, Byron, Illinois, 61010-1007.

CLAIMS against the estate may be filed in the office of the Clerk of the Court at Ogle County Judicial Center, 106 South 5th Street, Oregon, IIlinois, 61061, or with the representative, or both. within 6 months from the first publication of this Notice, or within three months from the date of mailing or delivery of Notice to creditors, if mailing or delivery is required by Section 18-3 of the Illinois Probate Act. 1975. as amended whichever date is later. Any claim not filed within that period

Copies of claims filed with the Clerk must be mailed or delivered to the estate legal representative and to the attorney within 10

days after the claim has been filed. GERRY HOUGH, Independent Executor No. 1224 (Dec. 23, 30,

PUBLIC NOTICE STATE OF ILLINOIS IN THE CIRCUIT COURT

OF THE 15TH JUDICIAL

CIRCUIT COUNTY OF OGLE

In the Matter)Case of the)2019 Estate of: BERNICE A. HAGEMANN,)

Deceased.

CLAIM NOTICE Notice is given to creditors of the death of BER-NICE A. HAGEMANN. Letters of Office were issued on October 31, 2019, to Craig Hagemann, William Hagemann and Cindy Timm, as executors, whose attorney of record is David J. Brown, 318 N. First St., Rockford, IL 61107.

Claims against the estate may be filed in the Office of the Ogle County Circuit Clerk, Probate Division at the Ogle County Courthouse, 106. 5th St., Suite 300, Oregon IL 61061 or with the representative, or both, on or before June 27, 2020, (that date being at least six (6) months from the date of first publication) or, within three (3) months from the date of mailing or delivery of Notice to creditors, if mailing or delivery is required by Section 18-3 of the Illinois Probate Act, 1975 as amended, whichever date is later. Any claim not filed on or before that date is barred. Copies of a claim filed with the clerk must be mailed or delivered by the claimant to the representative and to the representative's attorney within 10 days after it has been filed. DATED: 12/17/19 Craig Hagemann, William

Cindy Timm, Executors Estate of Bernice A. Hagemann, deceased David J. Brown Attorney at Law 318 N. 1st Street Rockford, IL 61107 815-968-4474 #6185050 Djbrownlaw@ E-MAIL:

Hagemann, and

aol com No. 1226 (Dec. 23, 30, Jan. 6)



101 LEGAL NOTICE

This publication does . knowingly accept not fraudulent or deceptive advertising. Readers are cautioned to thoroughly investigate especially those asking for money in advance.

105 BUSINESS **OPPORTUNITIES**

"This publication does knowingly accept fraudulent or deceptive advertising. Readers are cautioned to thoroughly investigate all especially those asking for money in advance."

113 FINANCIAL

NOTICE Advance Fee Loans or Credit Offers Companies that business by phone can't ask you to pay for credit before you get it. For more call HELP. A public service message from newspaper hometown and the Federal Trade Commission.

119 **ANNOUNCEMENTS**

"This publication does not knowingly accept fraudulent or deceptive advertising. Readers are cautioned to thoroughly investigate especially those asking for money in advance."

127 SERVICES AND REPAIRS

JNJ JUMPERS Indoor/ Outdoor Bounce House Rentals Available Year Round. Please Call 815-784-4256 For Availability or Visit us on Facebook.

201 DOMESTIC/CHILD CARE

NO INDIVIDUAL, unless

licensed or holding a permit as a childcare facility, may cause be published to advertisement soliciting a child care service. A childcare facility that is licensed or operating under a permit issued by Illinois Department of Children and Family Services may publish advertisements of the services for which it is specifically licensed or issued a permit. Hometown strongly urges any parent or guardian to verify the validity of the license of

any facility before placing

203 **HELP WANTED**

NEWSPAPER **CARRIERS** Wanted. (Rochelle) Several Routes Open. Call 815-561-2112 For More Information

Best Beginning's Learning Center is looking for PT & Full time teacher's positions/assistant. If interested please call

815-732-3760 or stop in at 108 N. 2nd St, Oregon

Local Trucking Company eeks experienced Class
A-CDL Driver for
Full time year round

815-938-3644

301 **ANTIQUES**

WANTED TO BUY. Vintage Metal and Wood Signs, Milk Bottles & Local Advertising, Oak Icebox, Iron Door Stop and Antique Lighting... Dick Harms at 815-562-2928 or email dickharms@hotmail.com

ANTIQUES WANTED: I pay cash for antiques; furniture, glassware, pottery & crocks, tin & iron toys, sterling silver, decoys. If it's antique, I'm interested in looking! Call 815-562-2928 or email dickharms@hotmail.com

307 MISCELLANEOUS FOR SALE

FOR SALE: Jack Russell/ Rat Terrier Puppies, Born September 22. Call 815-

BUNDLED Newspaper -\$3 per Bundle. End Roll-Cost Depends on Weight of Roll. Available Monday-Friday 8AM-NOON ONLY. RECEPTIONIST AT FRONT COUNTER Rochelle News-Leader.

Firewood for sale. Leaf River/Mt. Morris area. Call 815-631-3956

315 WANTED TO BUY

WANTED: Coin operated machines, slot machines, pinball, arcade, trade iukeboxes. simulators. Working or not working. 815-397-6586.

405 HOUSES FOR SALE

REAL **ESTATE** advertised herein subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status, national origin, or intention to make any such preferences, limitation or discrimination. We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

501 APARTMENTS FOR

ROCHELLE **PROPERTY** MANAGEMENT

All size rental properties Residential & Commercial Rochelle, Ottawa and surrounding area. Call 815-562-7368 www.rochelleproperty.com

Oregon, 1-2Br & 1-3Br luxury apartments, 2 full bath, gas appliances, washersdryers, fireplace, granite counters, hardwood floors, garage & elevator. Starting at \$750. Call 847-331-1722.

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Newer 1, 2 & 3 BR APTS. Water, sewer, garbage inc. w/most inits. HOUSES some w/garages, all in like new condition. Starting at \$295/mo. 815-734-4348 or 815-590-2302

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2 & 3 bd. units w/ garage. 412 W. 2nd St, Byron. \$595/\$695 mo. No pets no smoking. Call 779-537-3577

Byron Apt. 1 bd, 1 bath. \$615 mo/\$715 dep. No smoking. Call or text 779-537-3577.

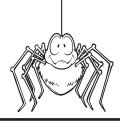
Byron, Studio Apt. \$430 per mo plus deposit. Call 815-234-8199.

509 **HOUSES FOR RENT**

OREGON, 1 BR. House. No pets. Washer/dryer inc. Available Dec. 1st. \$600/mo. Plus \$600 dep. Call Beverly 562-889-6177 Rockford.

511 STORAGE UNITS

CAROL'S **SELF** STORAGE IN **OREGON** Reasonable Rates Sizes 10'x24' & 6'x10 Call 732-2466



409 **LOTS & ACREAGE**

LAND FOR SALE

Oregon, IL - Zoned Commercial \$250,000

> **NEW ACREAGE** South Edge of Oregon

33.7 - Acres South of Railroad and West of Rt. 2. 33 Acres Tillable-Zoned Industrial \$9,500 Per Acre

45.4 Acres South of Pines Road Between the Railroads. 19.4 Acres Tillable-Zoned Industrial. \$6,535 Per Acre

Daniel J. Boehle, Managing Broker 510 S. Fifth St., Oregon, IL 815-732-6050 815-751-0<u>03</u>7

1563 Kysor Drive, Byron 🙎 815-247-8518 OUTSIDE STORAGE NOW AVAILABLE Storage Unit Sizes: 5' x 10' 10' x 10' 10' x 15' 10' x 20' 10'x30'

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is not just a saying in business.

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601

VEHICLES FOR SALE

TNT MOTOR SALES



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2014 CHEVY SILVERADO LT Z71



16,000 MILES, TOW PACKAGE, 4X4 **\$27.495**°

2016 CHEVY SILVERADO LTZ Z71



LOCAL TRADE, CLEAN, 4X4

\$26,495

2016 CADILLAC ATS



19,000 MILES, ONE OWNER, LEATHER \$19,995*

2012 CHEVY CRUZE MANUAL



TRANSMISSION, LOCAL TRADE, CLEAN, 86,000 MILES

\$7,695



What You've Been Missing



You'll never know what treasures you'll find at an auction!

601 VEHICLES FOR SALE

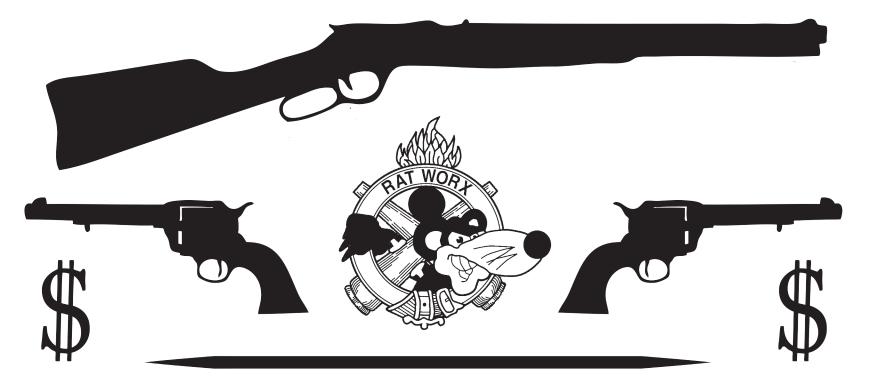


Winter Special Sale ALL VEHICLES REDUCED FOR GREAT SAVINGS!

2018 GMC SIERRA Z71, 4X4, 4 DR., HEAT SEATS, REMOTE START	\$22,000
2018 FORD F150 XLT, CREW 4X4, HEATED SEATS, REMOTE START, ONE OWNER	
2018 GMC ACADIA SLT, AWD, MOON, LEATHER	
2018 CHEVY EQUINOX LT, HEAT SEATS, REMOTE START, 24K	
2017 CADILLAC XT5, AWD, LOCAL ONE OWNER	
2017 CHEVY EQUINOX LTL, HEAT SEATS, REMOTE START, 23KT	\$20,990 \$17,000
2017 CHEVY EQUINOX LTL, HEAT SEATS, REMOTE START, MOONROOF	
2017 FORD EDGE SEL, AWD, HEAT SEATS, REMOTE START, MOUNROUP	
2017 CHEVY CRUZE LT, HATCH BACK, REMOTE START, HEAT SEATS	
2017 CHEVY CROZE LT, MAICH BACK, REMOTE START, MEAT SEATS	
2016 JEEP WRANGLER, 4 DR., 4X4, ONE OWNER ONLY, 27K MI.	
2016 JEEP WRANGLER WILLYS 4X4, LOADED ONLY, 17 K MI.	
2016 JEEP COMPASS 4X4 LATITUDE, HEAT SEATS, REMOTE START	
2016 CHEVY SILVERADO 4X4, 4 DR., REMOTE START, HEAT SEATS	
2016 FORD F150 XLT, CREW CAB, 4X4, HEATED SEATS, LOADED	
2016 JEEP PATRIOT LATTITUDE 4X4, REMOTE START, HEATED SEATS, 29K	. ,
2016 GMC TERRAIN SLT, AWD, V6, LOADED, LOCAL TRADE	
2015 FORD ESCAPE SE AWD, PANO ROOF, HEAT SEATS, CHROME WHEELS	\$16,990
2015 NISSAN MURANO SL, AWD, LEATHER, MOON, LOCAL TRADE	
2014 FORD F150 XLT, CREW, 4X4, CLEAN LOCAL TRADE	
2014 FORD FLEX SEL, AWD, LEATHER, REMOTE START, LOCAL, ON E OWNER	SOLD
2014 DODGE GRAND CARAVAN, R/T LEATHER, DVD, LOCAL TRADE	SOLD
2014 GMC SIERRA, Z71, 4X4, LIFT, 33"TIES, ONE OWNER, 38K	SOLD
2014 JEEP WRANGLER SPORT 4X4, ONLY 38K, LOCAL TRADE	SOLD
2010 JEEP WRANGLER 2 DR., LIFT, WINCH, LEATHER, POWER WINDOW & LOCKS, CLEAN	SOLD
2010 FORD F150 XLT CREW CAB 4X4, LOADED, LOCAL TRADE	SOLD
2008 CHEVY SILVERADO 2500 H.D. 4X4, DURAMAX DIESEL, LOCAL TRADE	
2008 MERCURY GRAND MARQUIS LS, LEATHER, CLEAN, LOCAL TRADE	
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301 N Walnut Ave . 815-938-2000. Forrestor	NI 61030

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GUNS THAT YOU ORDER, \$50 OVER OUR COST. DOES NOT INCLUDE IN STOCK ITEMS WE SELL GUNS, AUTO KNIVES & AMMO

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