

MENDOTA HIGH SCHOOL



2020 STUDENT SHOWCASE



Recognizing those MHS students participating in the extra-curricular activities that round out a full education - building leadership skills, fostering community service, and enhancing personal and professional success in life after school.

*Wednesday, March 11, 2020
A supplement to The Mendota Reporter*

Student Council

STUDENT COUNCIL

Front row left to right, Sean Dullard, Hannah Ambler, Alison Schlesinger, Alli Stielow, Madi Mikolasek and Maya Martin; back row, Melaina Bierwirth, Ella Massey, Meredith McConville, Marley Bodine, Marah Setchell, Aliza Salinas, Perri Stachlewitz and Matthew Greuter.



HAVE A GREAT YEAR!!

• Mendota Booster Club •

Membership open to all adults in the community.
For more information call 815-539-7446.



Academic Challenge

ACADEMIC CHALLENGE

Front row, left to right, Amanda Barrett, Melaina Bierwirth, Madi Mikolasek, Sean Dullard, Faith Anderson, Hannah Ambler, Isabelle Escatel and Paige Manning; back row, Kevin Lewis, Andrew Fittanto, Amelia Bromenschenkel, Ella Massey, Harvey Vela, Jaide Finley, Rachel Bradner, Allison Stewart, Aaron Bradner and Noah Delong.



We support your extracurricular participation.

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Principal's Office

PRINCIPAL'S OFFICE WORKERS

Front row left to right, Jennifer Walker, Paige Manning, Olivia Eddy, Tanya Rosas, Jayla Morris, Magaly Sanchez, Jenna O'Donnell, Felicia Arteaga, Briana Avila and Orlando Rocha; back row, Cole Zimmerman, Christian Dean, Amanda Barrett, Delaney Tooley, Vanessa Escatel, Giselle Gomez, Naitzy Garcia, Sonia Duarte, Amelia Bromenschenkel, Bianca Espinoza, Jose Sandoval, Dugann Gatlin and Emily Blanchard.



Your involvement in high school activities will be remembered for a lifetime!

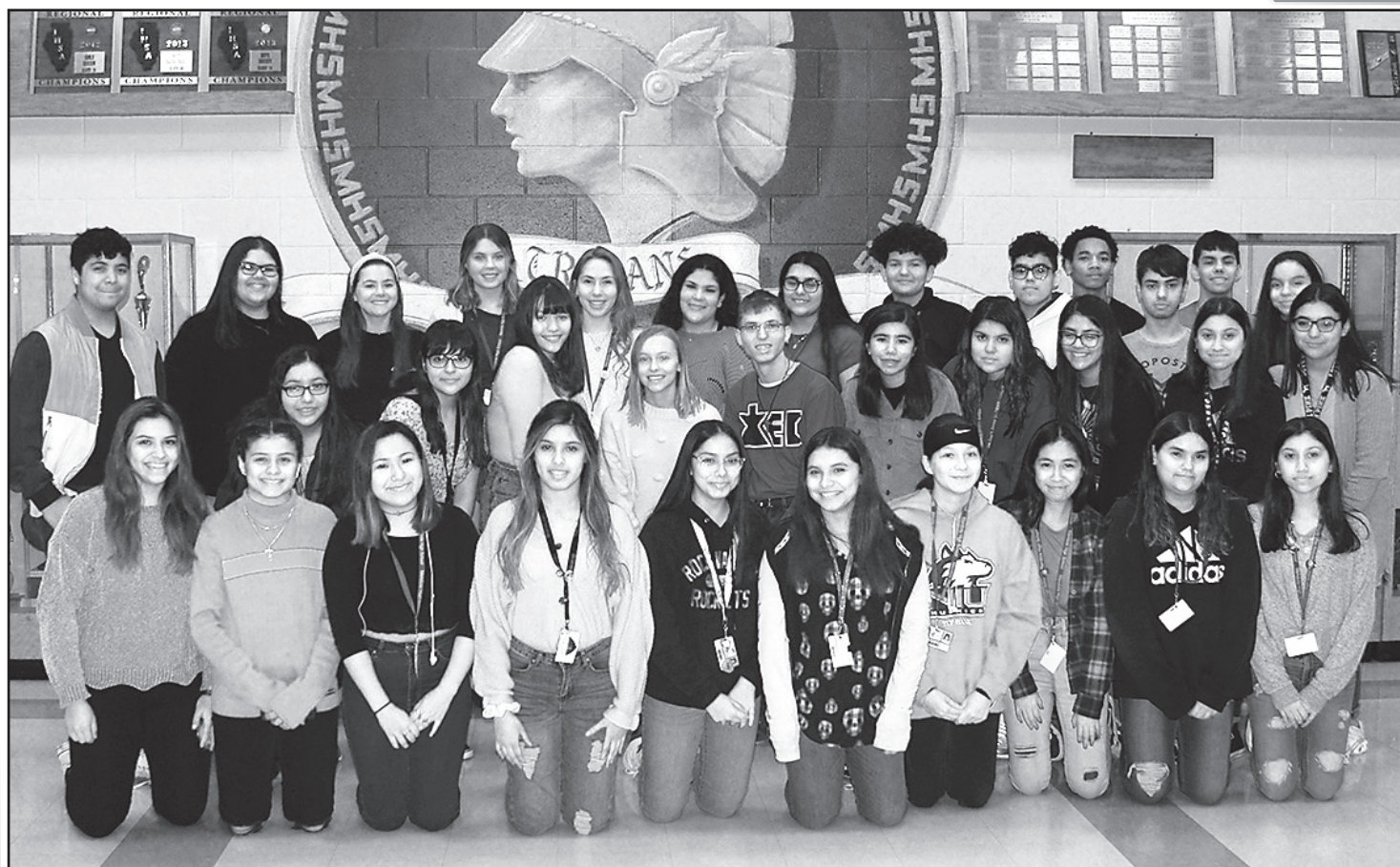


With Locations In:
 Mendota - 539-5651
 Earlville - 246-8261
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Spanish Club

SPANISH CLUB

Front row left to right, Izabella Nanez, Daisy Arteaga, Sabrina Belmonte, Rosy Rocha, Denisha Gomez, Lea Flores, Yahira Mandujano, Yasmeen Camarillo, Yanely Guzman and Kailey Zamora; middle row, Daisy Contreras, Keina Arteaga, Melaina Bierwirth, Amanda Barrett, Jonathan Schmidt, Vanessa Escatel, Ashley Olmos, Giselle Gomez, Kathy Zamora and Angela Sandoval; standing, Eulysses Preciado, Natalie Orozco, Ella Massey, Meredith McConville, Twila Martinson, Lorena Magallanes, Celeste Serrano, Nathan Ruiz, Martin Murillo, Jae'Shaun Hughes, Harvey Vela, Jose Sandoval and Mia Raya.



Proud supporter of Mendota High School activities!!

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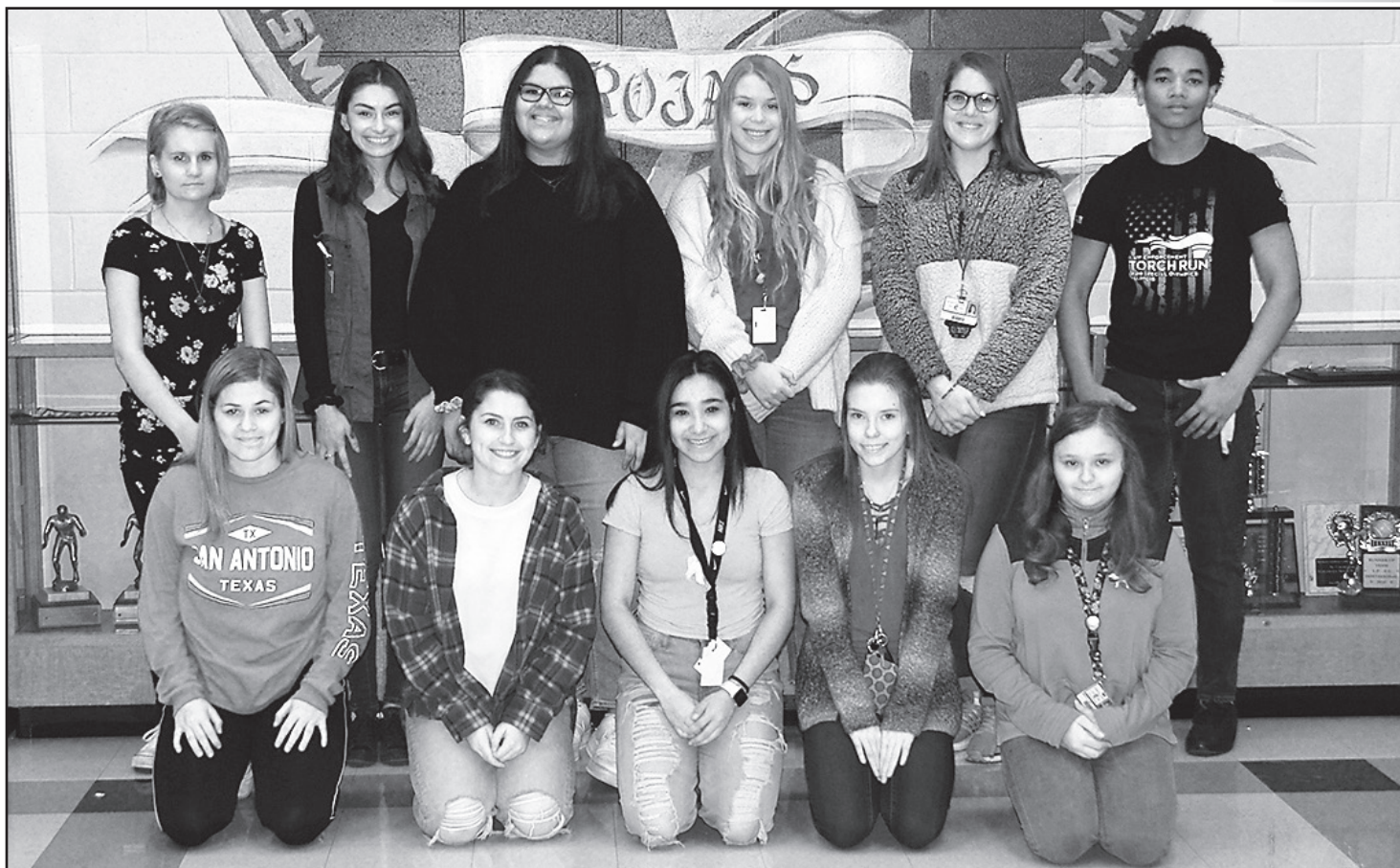
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Media Center

MEDIA CENTER WORKERS

Front row left to right, Kylie Plock, Mary Defore, Tanya Rosas, Faith Kehoe and Mikayla Lara; back row, Savannah Foss, Aliza Salinas, Natalie Orozco, Marlie Bodine, Ali Stielow and Jaesean Hughes.



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Math Team



MATH TEAM

Seated left to right, Kevin Lewis, Anna Bokus, Aaron Bradner, Hannah Ambler, Ella Massey, Madi Mikolasek and Amanda Barrett; standing, Logan Brander, Jaide Finley, Meredith McConville, Twila Martinson, Ashleigh Collins, Elly Buettner, Aliza Salinas, Paige Manning and Allison Stewart.

We are very proud of those who go above and beyond!



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MEMBER



Scholastic Bowl

SCHOLASTIC BOWL

Seated left to right, Alison Schlesinger, Kevin Lewis, Jake Beetz, Taylor Joyce, Amanda Barrett, Twila Martinson and Janeth Herмосillo; standing, Mr. Beck, Harvey Vela, Liam Indigo, Makayla Lara and Mr. Meyer.



***Congratulations
on a job well done!***



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FFA



FFA

Seated left to right, Wade Collins, Dria Kuntz, Alison Schlesinger, Ashleigh Collins, Kaysee Villegas, Elizabeth Schillinger and Jack Beetz; standing, Avery Pierce, Julia Krueger, Aaron Schmidt, Karli Althaus, Noah Lee, Alexis Majka, Hunter Siebert, Dylan Tucker, Dylan Denault, Mr. Meyer and Piper Artman.

We are proud supporters of MHS extracurricular activities!

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Atodnem



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Left to right, Alison Schlesinger, Emme Bottom, Alli Stielow, Aliza Salinas and Meliana Bierwirth.

Congratulations on your extra effort!



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Extracurricular activities involve many areas of interest, not just sports

Sports are a popular activity for kids and for many, that interest begins at a young age. A “State of Play: 2018” report from The Aspen Institute, states that 69 percent of children between the ages of 6 and 12 participated in a team or individual sport at least once in 2017.

As young people enter high school, sports remain an important extracurricular activity for many but some students are simply not inclined to lace up a pair of cleats or compete with their peers on the athletic playing fields.

Lack of interest in sports need not deter students from becoming involved in extracurricular activities. There are many alternatives available for non-athletic students and all types of extracurricular activities can pay a host of dividends for students.

Why participate in extracurricular activities?

Extracurricular activities do more than just provide something for kids to do once they're dismissed from school. Certain activities may help kids perform better academically. In analyzing data on more than 25,000 students, the United States Department of Education found that those who reported consistent involvement in instrumental music during middle school and high school performed significantly better in mathematics by grade 12 than kids who did not participate in music programs.

Participation in extracurricular activities as a youngster also may pay dividends well into the future. A 2017 study from researchers at Rutgers University found



Lack of interest in sports is nothing for parents to worry about, though it is important that parents encourage their kids to participate in extracurricular activities, which can pay a host of dividends.

that people who were involved in extracurricular activities in high school were likely to stay involved in their communities throughout their lives.

Extracurricular activities can provide a respite from schoolwork and give kids a chance to socialize with their peers. These activities also can be great places to learn lessons that might not be taught in the classroom, such as how to work as a team and how to handle defeat in any type of competition.

In addition to the potential for learning, students who participate in extracurricular

activities can bolster their college applications. According to The Princeton Review, college admissions officers approach each admissions season hoping to create a class made up of students with diverse interests and backgrounds. To accomplish that goal, officers typically look at each applicant's extracurricular activities to learn more about the person behind the application. Academic performance is important, but extracurricular activities might help set students apart from other applicants with similar academic backgrounds but little or no extracurricular activity on their

applications.

Students who want to their extracurricular activities to stand out among the masses of college applicants can speak with their school about these opportunities.

Extracurricular activities for non-athletes

Sports might be a popular extracurricular activity, but there are still plenty of additional activities for kids who have no interest in sports.

- **Music:** School bands or other community music programs provide opportunities for kids to learn an instrument and connect with fellow music lovers.

- **Volunteering:** Many organizations welcome teenage volunteers, recognizing that kids who volunteer as teens are more likely to continue doing so as adults, which can help charities and other organizations meet their missions. Volunteering even allows kids to further indulge an existing passion. For example, kids who love animals can volunteer with a local animal shelter that works to care for and find homes for abandoned or unwanted pets.

- **Writing:** Youngsters with an interest in writing can participate in local creative writing groups. Such groups can be great places to brainstorm story ideas and learn about the creative writing process.

- **School:** Most schools offer a variety of clubs for students whether their interests lean toward the creative, academic, environmental, or career oriented.

Participating in extracurricular activities can enrich young peoples' lives and lay the foundation for a rich, fulfilling life.

We respect your involvement in extracurricular groups.

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IVCC sophomore Adrian Espinoza of Mendota is studying molecular and cellular biology. The 2018 Mendota High School graduate plans to become an oncologist.



The Espinoza family includes Adrian, left, Bianca, father Rene, Isaac and mother Jennie. Adrian was inspired by his mother attending IVCC in her mid-30s while raising three children. She will earn a bachelor's degree in psychology from Northern Illinois University in May.

**Summer registration begins April 3.
Fall registration begins April 10.**



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