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LOCAL NEWS... LOCAL VIEWS

SUNDAY, FEBRUARY 28, 2021

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**KNOW IT
TODAY**



New position

Tobler takes position with
studio. See page 2

WEATHER

SUNDAY	MONDAY
HIGH LOW	HIGH LOW
42 23	32 20
TUESDAY	WEDNESDAY
HIGH LOW	HIGH LOW
43 32	49 25

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- GERALD REESER

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City awarded grant for demo project

ROCHELLE — The City of Rochelle announced Thursday the receipt of a Rebuild Illinois grant in the amount of \$365,750 to fund demolition toward redevelopment of the former Hickory Grove site.

City officials have already been in talks with three separate developers with interest in the project.

“Being selected as one of just 11 projects throughout the state to receive this funding is an honor,” Mayor John Bearrows said.

Governor JB Pritzker and the Illinois Department of Commerce and



(NEWS-LEADER FILE PHOTO)

Economic Opportunity awarded \$11 million in Rebuild Illinois capital funds to support continued economic development across the state. Shovel Ready Infrastructure Capital Program grants will support 11

new capital development projects across the state, paving the way to projects that will create long-term investment in communities, while creating an estimated 824 construction jobs statewide.

“The Rebuild Illinois

grant will allow us to move forward with this project while stretching our local dollars as much as possible,” City Manager Jeff Fiegenschuh said.

The maximum grant awarded in this round was \$1.5 million and projects

include site acquisition, brownfield redevelopment, site preparation and rehabilitation of empty buildings and vacant spaces. Preference was given to projects in underserved communities. The projects will serve a variety of end-purposes, including after school programs, affordable housing, business incubators, job training, recreation, and transportation.

The City of Rochelle acquired the Hickory Grove property in early 2020 and applied for grant funding in June of 2020. City officials were notified of the award this month.

Director retiring Montgomery leaving foundation position after 12 years

ROCHELLE — After 12 years leading the Rochelle Area Community Foundation as executive director, Kim Montgomery has announced her intent to retire effective June 1, 2021.

Montgomery was hired as the first paid executive director for the foundation in September of 2009 following Ann Rice who served as the first executive director as a volunteer.

Established in 2005 by Leonard Carmichael and a group of local community leaders, the Rochelle Area Community Foundation serves the community by offering a simple way for all people to make a positive impact on the community through charitable giving. Gifts entrusted to the foundation are carefully invested for long term growth, with a portion of the earnings providing grants to qualified nonprofit organizations at least annually.

The foundation has grown considerably over the past 15 years. Montgomery started as a part time employee working from home. Today, the foundation occupies a dedicated office space thanks to the generosity of Central Bank in Rochelle and manages assets of \$4 million in permanently endowed funds. The foundation expects to distribute \$100,000 in grants this year alone.

In 2015, the RACF stood in the gap for those who were directly affected by the April tornados,

accepting charitable contributions from near and far and then established and managed the process of fair and equitable distribution of more than \$500,000 over two years. In 2020, the foundation leveraged \$100,000 in funding to support the nonprofit community in assisting people affected by COVID-19, in addition to distributing another \$70,000 in COVID grant funds.

“It has been my absolute pleasure to have had the opportunity to serve the community in this way,” Montgomery said. “My family came to Rochelle in 1969 when my dad and his business partner brought us here from Peoria and I returned after college to raise my family here, but our children and grandchildren live in Wisconsin and I’m looking forward to having more time to spend with them in my retirement. I’ve often said that I have the best job in town, so it will be an amazing opportunity for whoever the board selects to lead the organization into the future.”

“The Board of Directors is very proud of the work that Kim has done for the foundation and her leadership throughout the Rochelle area community. We wish her well in retirement and will ensure a smooth transition to a new executive director,” Foundation Board President Trisha Vaughn said.

Inquiries about the position can be directed to racfsearch@gmail.com.



Montgomery



Rochelle police and fire crews were busy Friday morning as they responded to two calls nearly simultaneously. First, at right, firefighters were called to investigate the smell of natural gas inside the Dollar Tree at the Caron Ridge Shopping Center. Ambulance crews were called several minutes later at approximately 9:04 a.m. to Caron Road and Linder Lane (above) for a two vehicle accident. One man was transported for minor injuries.



(PHOTOS BY JENNIFER SIMMONS)



On Wednesday at 11:48 a.m., police and firefighters responded to the report of a vehicle rollover at Lincoln Avenue and Ninth Street. A 16-year-old female of Rochelle was cited for disobeying a stop sign that caused the two-vehicle accident. No one was transported by ambulance to the hospital.

Rochelle school employees receive second doses of COVID-19 vaccine

ROCHELLE — On Friday, the Rochelle School districts again collaborated with the Ogle County Health Department to administer roughly 225 Moderna COVID-19 vaccinations at Rochelle Township High School for school employees of both districts.

The second dosage marks the completion of both districts’ vaccination program as part of Phase 1B of Illinois Depart-

ment of Public Health’s COVID-19 vaccination distribution plan. The vaccination was open on a voluntary basis for all school employees.

“The Rochelle school districts appreciate the OCHD continuing to prioritize local educators as part of Phase 1B. We view the vaccination of school employees as one of many necessary steps in helping to mitigate the spread of COVID-19 in school settings,” Superintendent

Jason Harper said. “The Rochelle schools especially appreciate the partnership and collaboration of the OCHD’s emergency preparedness coordinator, Mrs. Cherie Rucker. Mrs. Rucker’s planning and communication throughout the process have been important to the success of the program. We ask all those in our community to continue to do their part in helping to mitigate the spread of COVID-19 in our community.”

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LOCAL NEWS

Donation for Focus House



Kiwanis Golden K President Don Horner (far right) presented a donation check to Focus House Director Brenda Mason (center) and Foundation for Focus House Director Jeni Hardin. Mason and Hardin explained the activities at Focus House during a recent Golden K meeting. Some students are court ordered to live at Focus House during their rehabilitation. They talked about their upcoming fundraisers including the spaghetti supper on April 14 and the auto show on Oct. 2. The spaghetti dinner will be a drive thru for pickup because of the pandemic.

Tartaglia earns BCBA certificate

OREGON—Jeanette Tartaglia recently earned her certificate in becoming a Board Certified Behavior Analyst (BCBA).

Prior to earning this certificate, Tartaglia received a Bachelor of Science in Special Education and a Master of Science in Early Childhood Education with an approval in Early Childhood Special Education. Becoming a BCBA was a rigorous process that involved completing a course sequence that was verified by the Behavior

Analyst Certification Board. As of Jan. 4, 2021, there are only 44,025 individuals holding the BCBA certification.

Tartaglia completed her seven courses through Northern Illinois University from where she earned her certificate in Behavior Analysis. Supervision hours were another requirement of this program. She completed 1,500 hours of supervision underneath a certified BCBA. Once the coursework and hours were finished, the

last step in her process was passing the BCBA exam. Now that she is certified, Tartaglia is required to adhere to the Professional and Ethical Compliance Code for Behavior Analysts and must continue to earn specific continuing education hours to maintain her certificate.

Jeanette Tartaglia, BCBA, provides behavioral services to the schools that belong to the Ogle County Educational Cooperative. These services can include



Tartaglia

conducting assessments, consulting on specific problems, developing and implementing behavior intervention plans, training staff, and providing continuing support to students and staff.

Tobler joins Ava DuVernay's Array as Chief Marketing Officer

BY NELLIE ANDREEVA
CO-EDITOR-IN-CHIEF, TV,
DEADLINE.COM



Tobler

LOS ANGELES — Jeff Tobler is exiting his role as SVP, Television Publicity, Communications and Social Media for Warner Bros. Worldwide Television for a new opportunity. He is joining the narrative change collective Array as chief marketing officer.

Reporting to Array President Tilane Jones and founder Ava DuVernay, Tobler will be responsible for leading all aspects of brand, marketing and communications strategy across the quartet of companies that includes Array Filmworks, Array Alliance, Array Crew, which launched last week, and Array Releasing. Tobler starts on March 1 and will be based on the Array Creative Campus in Echo Park's Historic Filipinotown.

The appointment extends Tobler's relationship with DuVernay. He worked with the renowned filmmaker at Warner Bros. TV where she has been under a mega overall deal.

"I've had the pleasure of working with Jeff on a number of campaigns at Warner Bros., and I know firsthand the creativity, strategy and passionate commitment he will bring to Array," said DuVernay. "As we continue to grow in our production, distribution and advocacy of artists, Jeff's keen understanding of branding, communications and digital strategy will be a key part of our next chapter."

Tobler joins Array after a decade at Warner Bros. Worldwide TV. In his most recent role as SVP, he oversaw global publicity, communications and social media for scripted programming, as well as strategic business communications. Earlier in his career, he worked at The CW, The WB and NBC.

"Ava's career is one that I have long admired, from her groundbreaking storytelling to her days as a strategic marketer and former publicist," said Tobler. "I am beyond excited to join Ava, Tilane and the entire Array team to create meaningful and impactful avenues to amplify their transformative work. I am incredibly grateful for my time at Warner Bros. Television and the colleagues I have been fortunate enough to work with, past and present, and look forward to our continued collaboration in this new role."

Tobler is a 1999 graduate of Rochelle Township High School and 2003 graduate of Columbia College in Chicago.

Reprinted with permission from Deadline.com

Ohlinger promoted to associate vice president at Morgan Stanley

GENEVA — Morgan Stanley (NYSE: MS) recently announced that Brian K. Ohlinger, a financial advisor in the firm's wealth management office in Geneva, has been promoted to associate vice president.

Ohlinger, who has been with Morgan Stanley Wealth Management since 2015, is a native of Rochelle. He holds a bachelor's degree in marketing and a master's degree in business administration from Northern

Illinois University. He currently lives in DeKalb with his family.

Morgan Stanley Wealth Management, a global leader, provides access to a wide range of products and services to individuals, businesses and institutions, including brokerage and investment advisory services, financial and wealth planning, cash management and lending products and services, annuities and insurance, retirement and trust services.

Morgan Stanley (NYSE: MS) is a leading global financial services firm providing investment banking, securities, wealth management and investment management services. With offices in more than 41 countries, the Firm's employees serve clients worldwide including corporations, governments, institutions and individuals.

For more information about Morgan Stanley visit www.morganstanley.com.

Report policy

Any arrests listed in this paper are merely charges and the defendants are presumed innocent unless proven guilty in a court of law. Please note that all police reports received from the Rochelle Police, the

Ogle County Sheriff's Department and the Illinois State Police, will be printed without exception. Requests to omit particular reports will not be considered or honored at any time.

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COUNTY NEWS

New take on resting place

Oregon site will offer forest burial alternative

BY BRAD JENNINGS
OGLE COUNTY LIFE EDITOR

OREGON — There is a new concept in burials and remembering loved ones, and it has come to Ogle County.

Better Place Forests recently completed the purchase of 60 acres of land on the Rock River just north of Lowden State Park and the Lorado Taft NIU Campus on River Road. Better place Forests creates conservation memorial forests, where cremains are spread beneath a tree purchased by an individual or family.

Sandy Gibson, who started the business in 2015, said this is a sus-



"We have just started to announce this property, so we're starting to see people put down deposits for tours and to choose their trees first."

Sandy Gibson



The 60-acre site is located on the Rock River north of Lowden State Park.

tainable alternative to a traditional cemetery. A family can have all members together in a forest area that will always be protected from development.

"We have to buy and permanently protect land from development forever," Gibson said.

He said that the Better Place Forests site near Oregon will be a conservation memorial area, not a cemetery. There will be a maintained space for family members to come and visit and enjoy nature. Each tree that is purchased by a family will include a marker. He said families can purchase more than one tree.

And there are a variety of trees to choose from. The area includes red and white oak, black walnut, shagbark and bitternut hickories, basswood, red elm, hackberry and black cherry.

Gibson said the site was chosen for three rea-

sons: the natural beauty of the area, accessibility from areas like Chicago and Milwaukee and community support.

"We've had great support," he said, adding that support from the County Board was unanimous.

Better Place Forests opened its first memorial forest in California in 2017. There are also forests in Arizona, Minnesota and new ones coming to Massachusetts and Connecticut. This is the first one in Illinois.

"This is a new concept for placing cremated remains with established trees in forests in a long-term natural setting," said Mark Herman, superintendent of education with the Byron Forest Preserve District. "There will be trails through the forests, but the land will be returned to native species of plants, wildflowers and not mowed lawns like most cemeteries or parks. It will provide

another way to protect large sections of native forest ecosystems."

Gibson said that the time is right for this type of burial option. He said 80 percent of baby boomers are expected to choose cremation, and many are not buying plots in traditional cemeteries. This is a great option for people who are lovers of nature.

The memorial forest will have a local staff of arborists and foresters. There will also be people dedicated to the care and support of families who choose to bury cremated remains on the site.

Online deposits for private trees are now being accepted, and online tours begin in April. And in-person forest opening is scheduled for later in 2021.

"We have just started

to announce this property, so we're starting to see people put down deposits for tours and to choose their trees first," Gibson said.

Rick Ryland, who was a caretaker on the land for 14 years, said he was happy to see Better Place Forest purchase the land.

"When I found out that Better Place Forest would take over the property, I was thrilled," he said in a release. "All of those trees could have easily been cut down and turned into farmland or developed. Knowing that Better Place Forests will conserve the land and help more people connect with the natural beauty of this unique forest makes me incredibly happy."



Chana church holding annual drive through dinner

CHANA — Chana United Methodist Church is hosting its annual chicken noodle and lasagna dinner drive thru on Saturday, March 13 from 4 to 6:30 p.m.

Cost of the dinner is \$10 and includes a hearty portion of homemade (from scratch) noodles and chicken, a generous piece of homemade lasagna and fresh from the oven peach crisp.

Chana UMC is a certified kitchen and is COVID-19 compliant.



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LOCAL NEWS

Obituaries

Eddie Holtzclaw

ROCHELLE — Eddie Allen Holtzclaw, 59, of the Rochelle area, passed away Tuesday, Feb. 23, 2021 at OSF St. Anthony Medical Center in Rockford. Eddie was born Sept. 30, 1961 and raised by his parents, Jerry and Doris Sorrels. He married Jenifer Lindaas on Jan. 16, 1988 at the Rochelle United Methodist Church.



Eddie worked for the Village of Hillcrest as head of maintenance for 13 years. He enjoyed the outdoors, especially hunting, and was a member of the NRA. He loved his

family, friends, God and country.

Eddie is survived by his wife, Jenifer; his son, Shane (Mindy) Holtzclaw of Red Bluff, California, and their children, Aiden, Shyler, Shane Jr., Treasure, and Harmony Holtzclaw; son, Lucas (Melissa) Holtzclaw of Amboy; a daughter, Kara Holtzclaw of Amboy, and her children, Aliyah Holtzclaw, and Otto Kempson; his father, Jerry Sorrels of Merced, California; four siblings, Donna (Rich) Carlquist of Oroville, California, Doug (Sandra) Brown of Grenada, Mississippi, Ronnie Brown of Oroville, Califor-

nia, and Jerri (Bobby) Thompson of Gordonville, Texas; numerous nieces and nephews; and John "Bud" Howell, who was like a son to Eddie.

Eddie is preceded in death by his mother, Doris Sorrels.

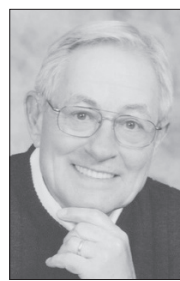
Cremation care has been provided by the Unger-Horner Funeral Home. A memorial service will be held at a later date.

A memorial has been established. Contributions in Eddie's memory may be directed to the Unger-Horner Funeral Home c/o Jenifer Holtzclaw, P.O. Box 87, Rochelle, IL 61068.

Please visit www.ungerhorner.com to sign the online guest book.

Marion Mann Jr.

ROCHELLE — Marion Lee Mann, Jr., 86, passed away on Thursday, Feb. 25, 2021 at his home with his loving family at his side. He was born on Dec. 13, 1934 in Fairfield, the son of Marion Lee and Matilda (Heidinger) Mann.



Marion served in the U.S. Air Force during the Korean War. He was a very active member of the V.F.W. Post 3878 and the Eastern-Lee Ogle Honor Guard. Marion married Patricia "Patti" Rucker on Aug. 24, 1957 at the St. Patrick Catholic Church in Rochelle. He retired from A&B Freight in 2000.

He was preceded in death by his parents and two sisters, Joan Rosenbaum and Karen Waters.

He is survived by his wife, Patti; five children, Martha (Michael) Florence of Mercer, Wisconsin, Julie (Mel) Cater of

Rochelle, Curt (Heidi) Mann of Rochelle, Jeff Mann of Rochelle, and Jill (Philip) Moore of Winnetka, California; brother,

Frank (Kathy) Mann of Safety Harbor, Florida; 10 grandchildren; and 12 great-grandchildren.

Visitation will be held from 5 to 7 p.m. on Wednesday, March 3 at the Unger Horner Funeral Home, 400 North Sixth Street,

Rochelle. Funeral mass will be held at 11 a.m. on Thursday at St. Patrick Catholic Church with Father Jesus Dominguez officiating.

Memorials may be made to VFW Post 3878 or Serenity Hospice. Cremation care has been provided by Unger Horner funeral Home. Military honors provided by the U.S. Air Force and the Eastern-Lee Ogle Honor Guard will follow at St. Patrick Cemetery.

Guest book at www.UngerHorner.com.

Gerald Reeser

ROCHELLE — Gerald "Jerry" Reeser, passed away Thursday, Feb. 25, 2021 on his 81st birthday at the Liberty Village in Rochelle. Jerry was born Feb. 25, 1940 to Charles and Geraldine (McCoy) Reeser. He married MaryLou Gehant on May 18, 1963 in West Brooklyn; she preceded him in death on Feb. 5, 2020.

Jerry was drafted by the United States Army and served during the Vietnam War. He retired from Del Monte at 50, after retiring he then worked at Grennan Meats and volunteered at St. Patrick Catholic Church filling many different roles.

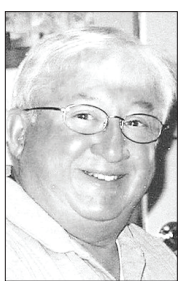
Jerry loved spending time with his family, especially his grandchildren. While family and friends enjoyed their time by the pool, he was known to cook a Headon's

pork chop or two. Vacationing with MaryLou for several years at Marco Island was always a highlight for both of them. He loved his Chicago teams, the Bears and the Cubs.

In addition to his parents, Jerry is preceded in death by his brother, Dan Reeser.

Jerry is survived by his two children, Mark (Denise) Reeser of Rockford, and Margaret (David) Lundquist of Loves Park; brother, Pat (Kathy) Reeser of Hedgesville, West Virginia; sister, Teresa (Mark) Lane of Earlville; sister-in-law, Karen Reeser of Oregon; and four grandchildren, Hayley and Nolen Reeser and Cameron and Mary-Margaret Lundquist.

The family would like to give a special thank you to Serenity Hospice and Home, especially Katie, and Liberty Village and the extraordinary care given by Ami, Jackie and Lanet.



Funeral mass will be held at 11 a.m. on Monday, March 1 at St. Patrick Catholic Church, 236 Kelley Drive, Rochelle, with Father Jesus Dominguez officiating. Burial will be at St. Patrick Cemetery in Rochelle with military honors provided by the Eastern Lee-Ogle Honor Guard.

In lieu of flowers, memorials may be made to St. Patrick Catholic Church or Serenity Hospice and Home.

Visit www.ungerhorner.com to sign the online guest book.

Parker honored for academic success

MINNEAPOLIS/ST. PAUL, Minn. — Kellee Parker, of Rochelle, and a senior in the School of Nursing, has been

named to the 2020 fall semester Dean's List at the University of Minnesota Twin Cities.

To qualify for the Dean's List,

a student must complete 12 or more letter-graded credits while attaining a 3.66 grade point average.

The Kitchen Table menu

March 7 (Sunday brunch) – Sausage gravy and biscuits, meat skillet that include bacon, sausage, eggs, cheese over hash browns, pancakes

*The Kitchen Table is located at 7034 S. Klondike Road, Rochelle. The suggested donation is \$5 unless otherwise stated. A kid's menu is available each serving date and

includes peanut butter and jelly, corn dog with chips or chicken nuggets. Please note that all menus are subject to change. Serving is from 4:30 p.m. to 6:30 p.m. on Tuesday and Thursday. Sunday brunch is served from 11 a.m. to 2 p.m. The menu is always available on the answering machine by calling 815-561-9074 or visit www.KitchenTableRochelle.org.

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Extending protections

Bill signed by governor helps first responders, frontline workers impacted by COVID-19

SPRINGFIELD — Building on efforts to protect Illinois' first responders and frontline essential workers, Governor JB Pritzker signed HB 4276 into law. The legislation extends worker compensation benefits until June 30 for first responders and frontline essential workers who were exposed to and contracted COVID-19 through their job.

"This legislation ensures that our first responders and frontline essential workers, as well as their families, continue to receive the protection and benefits that they deserve," said Governor JB Pritzker. "Illinois has made substantial progress in our fight against COVID-19 and it is because of the hard work, and sometimes difficult sacrifices, from our first responders and frontline essential workers. I am proud to sign this legislation as my administration continues to do all it can to protect them, their families and all our communities."

"We've asked first responders and frontline workers to repeatedly put themselves in harm's way to protect us throughout the pandemic," said Senator, Assistant Majority Leader Bill Cunningham. "I'm proud to join Governor Pritzker to help ensure that we, in turn, protect first responders and frontline workers should they contract the virus while at work."

"First responders and essential frontline workers put their lives on the line every single day," said Representative, Assistant Majority Leader Jay Hoffman. "This bill is necessary and will ensure the continued protection of those serving on the frontlines that have contracted COVID-19 while on the job. Thank you Governor Pritzker for recognizing the sacrifice our first responders, essential frontline workers and their families have made for the state of Illinois."

"Once again, Governor Pritzker has demonstrated his support not just for our firefighter/paramedics but for all essential employees in Illinois by signing HB 4276 into law," said Chuck Sullivan, President of the Associated Fire Fighters of Illinois. "As we work through this global pandemic, the Governor, as well as Leader Hoffman and Leader Cunningham have proven time and again that worker rights are important to them. This bill will continue to allow those serving on the frontlines an assurance that if they should contract COVID, there are measures in place to protect them."

HB 4276 also allows extended time-off up to 60 days if COVID impacted the recovery of an employee. For example, if COVID impacted an individual's ability to attend physical therapy at the doctor's office which was closed because of COVID-19, under the new legislation, the time period is extended so the employee can now take time off to rehabilitate and receive compensation.

The legislation also extends the timeline in which the death of a policeman and fireman from COVID-19 can be designated as a fatal injury while in active service.

HB 4276 is effective immediately.

RELIGION

Finding determination to fulfill your dreams

GOD is the Chief of Change. He is always doing a new thing... always working in our lives. However, His promises for us don't just automatically happen. All things are possible with God, but not all things will positively happen.

There are some things that can hinder us from moving forward in life. One is an old mindset. Mark 2:22 says, "No one pours new wine into old wineskins. Otherwise, the wine will burst the skins, and both the wine and the wineskins will be ruined. No, they pour the new wine into new wineskins" (NIV).

In other words, your mind needs to be renewed. You need a fresh new outlook based on God's Word and His promises. Because knowing God's will for your life will help you in your determination to keep moving.

When you decide to move forward, be prepared because you will be opposed. The apostle Paul said in 1 Corinthians 16:9 that "a great door for effective work has opened to me, and there are many who oppose me." I like to call these adversaries

"giants." Whatever you call it, the enemy will not make it easy for you to do God's will. It will be up to you to stay determined and keep pressing on.

One of the tactics of the enemy is to lie to you. For example, he may tell you, "It's too late." You may be thinking of going back to school after many years. Or maybe you need to make up for some past mistakes. It's not too late. You might have had a big dream at one time that you never fulfilled. It's never too late for you to follow your passion. Don't believe Satan's lies. You can always begin again.

One word of caution: Don't start if you aren't determined to finish. The reason I say this is because the enemy certainly won't stop fighting your advancement. He is determined to stop you, so you must be unwavering about moving forward.

I will never forget when I first started talking about the call of God on my life. Some of my friends decided I must be mistaken. They told me I didn't have the personality to do this kind of ministry. It

was discouraging to say the least, and I was eventually asked to leave my church, I lost friends, and even some family members turned their backs on me. But I knew God had spoken to me about the ministry He was calling me to do, and I was determined to see it through.

I had to press through quite a few obstacles to do what I do now. But what if I had given up when I felt that rejection? I would not be fulfilling God's call on my life today—and I would be miserable, because this is my passion.

Have you asked God to use you? If you are feeling a real passion to do something that aids or brings peace and encouragement to other people, it's very likely that this desire is from God. And if you don't do it, you will probably live a frustrated life.

Also, as you move forward, beware: The devil wants to set you up to get upset. That is another part of his strategy to stop you from making progress. He will use people to distract you, criticize you, or outright reject you. And if that doesn't stop you, he

will likely attack other areas of your life to try and discourage you.

Just remember, greater is He that is in you! (See 1 John 4:4.) You have all you need, through Christ, to endure and outlast the devil. As you press in and press on, don't look at yourself... look at God. Ignore others' criticism and unbelief and follow your God-given dream. Be determined to press past every lie of the enemy, every discouragement, and even rejection from others.

Whatever you do, just keep moving! When you feel disheartened... keep moving. When others condemn you... keep moving. Never give up.

Take a lesson from David who was anointed 20 years before he became king (see 1 Samuel 17). He endured and overcame many obstacles in the meantime, including a bear, a lion and a giant. Like David, don't be afraid to face your enemy. Remember the things God has brought you through and talk about your past victories, knowing that He is with you now.

As long as you lean on, trust in, and depend on God, it will never be too late for your victory.



Joyce Meyer

Rochelle Area

CHURCH DIRECTORY

Ashton Bible Church, corner of Main and Paddock in Ashton. Pastor Farrel Stauffer, church phone is (815)453-2190, church website www.ashtonbible.org. Sunday School for all ages 9:00-10:00am, Morning Worship 10:15am, Wednesday Prayer Meeting/Bible Study 6:30-8:00pm.

The Bridge Church, Pastor Greg Duncan, 11038 E. IL Route 38, Rochelle, IL 61068. Phone: 815-562-7750. Sunday School: 9:00 am; Sunday Service: 10:00 am; Nursery & Children's ministry during am service; Bible Study Tuesday 10:00 am and Wednesday 7:00pm. Web: thebridgechurchrochelle.com Email: thebridgechurchrochelle@gmail.com

Calvary Lighthouse Church, Assemblies of God, Senior Pastor, Dr. James Horvath. 14409 Hemstock Rd., Rochelle. Sunday Morning: Sunday School for Adult & Children 9:00 A.M., Sunday Worship & Children's Church 10:00 A.M., Sunday Evening & Children's Church 6:00P.M.. Wednesday Evening 7:00 P.M. – Adult Teaching, Missionettes & Royal Rangers Childrens Classes, The Last Stand Youth Group. Nursery available for all services. HE-Brews Cafe is open before and after services. For further information, please call the CLC office at 815-562-7701, or email us at staff@calvarylighthouse.com

Calvary Lutheran Church, LCMC - "To Know Christ and to Proclaim Christ in Word and Deed" – 19 Perry Road, Lee, IL 60530 (the intersection of Perry Road and W. County Line Road) Worship on Sundays at 10:30 a.m. which is broadcast live on Facebook at www.facebook.com/pages/category/Religious-Organization/Calvary-Lutheran-Church-576481519413773/. Sunday School is at 9:15 a.m. Rev. Martha Uecker Nelson, Pastor. A Grief Support Group meets the third Tuesday of each month at 10:00 a.m. Call (815) 824-2825 or email CalvaryLeeIL@gmail.com for more information. www.facebook.com/Calvary-Lutheran-Church.

Church of Christ, Minister Dominic Venuso. Hillcrest Ave. and Erickson Rd. Sunday Morning Worship 10:30 a.m., Sunday Morning Bible Study 9:30 a.m., Wednesday Mid-Week Bible Study 7:00 p.m. Free Bible Correspondence Course (815) 562-6572.

Church of God/Iglesia de Dios, Rochelle Church of God invites you to its bilingual services every Sunday at 3pm. La iglesia de Dios en Rochelle te invita a sus servicios bilingues cada domingo a las 3pm. We hope to see you. Te esperamos. Iglesia de Dios Evangelio completo. 222 1st Ave., Rochelle, Illinois, 61068.

Creston United Methodist Church and Steward United Methodist Church - Rev. Megan Thompson, Creston: 126 West South Street, P.O. Box 209, Creston, Illinois 60113. Sunday morning worship 9:00am. Coffee fellowship at 10:15am. Steward: 507 Main Street, P.O. Box 80, Steward, IL 60553. Adult Sunday School, 10:00am. Sunday morning worship and Children's Sunday School 11:00am. Contact the church office at 815-396-2250 for more information.

Elim Reformed Church, 140 S. Church Road, Kings, IL 61068. Phone: 815-562-6811. Email goelimchurch@gmail.com Website www.goelimchurch.org Sunday Morning Worship 10:00 a.m., Sunday School 9:00 a.m. Rev. Marv Jacobs

Faith Lutheran Church – "Making Christ Known Through Lives of Faith." Sunday worship resources are available on our Facebook page - 'Faith Lutheran Church ELCA.' You may also e-mail Pastor Joy Alsop at Pastor@faithlcrochelle.org for more information. Faith Lutheran Church offers their prayers and love to our community during this difficult time.

First Baptist Church of Rochelle, First Baptist Church of Rochelle invites you to experience our practical Bible services which have nurseries provided in every service along with a wide range of children's and teen ministries. Sunday School is at 9:30 am with regular church services at 10:30 am and 6:00 pm. Wednesday Family Night starts at 6:30 pm with AWANA for the 5 yr. olds thru 6th grade. The Omega Teen Ministry also starts at 6:30 pm for 7th – 12th grades and the Adult Bible Study at 7:00 pm. First Baptist Church is located 6 blocks west of Hwy 251 at the corner of Woolf Ct. and 8th Ave. in Rochelle. Call 562-4168 for more information. Listen at 11:00 am Sunday mornings on WRHL 1060 AM for the Sunday morning "Bible Message." www.firstbaptistrochelle.org

First General Baptist Church, 500 S. 12th St, Rochelle. Phone: 815-562-5221. Email: fgbcrochelle@gmail.com. Website: www.fgbcrochelle.org. Facebook: www.facebook.com/fgbcrochelle. Pastor: Rev. Angelo Bonacquisti. **Sunday worship services:** 8:30 am, 11:15 am and 6:00 pm. **Sunday school:** 10:00 am. We'd be honored to have you join us as we worship JESUS and continue to grow in truth and love for God and each other. A nursery, children's church, youth group and small groups are available. If you need a ride please contact our church bus driver, John, at (815) 262-4275 by 8:30 am on Sunday. "For if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved." Romans 10:9

First Presbyterian Church – An Amazing Place for Amazing Grace- Rev. Doug Forsberg, Senior Pastor. 1100 Calvin Road, Rochelle. Email: info@placeforgrace.com. Sunday morning worship on our Website and Facebook Live. www.placeforgrace.com / www.facebook.com/placeforgrace

Flagg Center Community Church of God Faith of Abraham, corner of Flagg and Center Road, Flagg Center. Pastor Ron Macy. Phone 815-899-6229. Thursday night Bible study 6:30 p.m. Sunday school 9:30 a.m.; Worship service 10:30 a.m. Preaching Jesus Christ crucified, buried, resurrected, ascended and returning to earth to establish God's Kingdom. Also preaching the unity of God and the sleep of the dead.

Harvest Baptist Church 241 Scott Ave. (Hillcrest). Rev. Duane Boehm, pastor. Email duane712@hotmail.com, cell 815-757-3427. Visit us on Facebook! Service times: Sunday School for all ages 10 a.m., Sunday morning worship and children's church 11 a.m. , Wednesday evening Bible study 7 p.m.

Immanuel Lutheran Church Missouri Synod 16060 E. Lindenwood Road, Lindenwood, IL 61049. Rev. Dr. Matthew Rosebrock. Church Phone 393-4500. Church Worship 9:00 a.m. Sunday School Christian Education Hour at 10:30 a.m.

Living Water Community Church 405 N. Main St, Rochelle. Phone: 815-561-6249, Website: www.lwccr.com, Like us on facebook, Non-Denominational, Casual, Christ Centered. Pastor Bobby Gardner, Worship Director, Wes Carr, Youth Director, Adrian Daugherty. Services: Saturday 5:00pm, Sunday 10am. Radio: 1060 WRHL every Sunday 8:30-9:00am. Nursery, Toddlers and Children's Ministry 1st-5th meet during each weekend service. Small Groups, Life Groups and discipleship workshops available. 7C's Mission- located at 1135 Lincoln Hwy, Light lunch, Hygiene & Clothing items available the last Saturday of each month from 10:00am-1:00pm. [f](#)

New Hope Fellowship (Church of God - Anderson, IN), 1501 10th Ave., Rochelle, IL 61068. Service: Sunday at 9:00 a.m. and 10:45 a.m., (815)561-8400, www.NHFchurch.net Pastor: Dan Sergeant. (Classes for children through age fifth grade during service.)

Primitive Baptist Church, services 3'd Sunday each month, at 10:30 a.m. and 1 p.m., in the meeting room of the Holiday Inn Express, 1240 N. Dement Road, Rochelle, Ill. Elder Robbie Webb, and other ministers preaching. Lunch and fellowship time between services. Contact Elder Rob Webb, 312-809-0871, or Elder Robert Webb, 217-357-3723, or email bwebb9@juno.com for more information. Services sponsored by the Carthage Primitive Baptist Church for convenience of members and friends in northern Illinois and southern Wisconsin. Visitors are welcome.

Rochelle United Methodist Church Rob Hamilton, Pastor; 709 Fourth Avenue, (815) 562-2164. Traditional Worship and Children's Church, 9 a.m. (traditional service is broadcast live on WRHL-1060 AM) and also available online at rochelleumc.com. Fellowship in Hicks Hall at 10 a.m. Contemporary (Coffee House Style) Worship and Children's Church, 11 a.m. Nursery is provided at both services for children 2 and under. Handicap accessible. Come join us...open hearts, open minds, open doors.

St. Patrick Catholic Church Rev. Jesus Dominguez; Deacon Fermin Garcia; Deacon George Schramm; 244 Kelley Dr. (Corner of Kelley & Caron Rd.), PO Box 329, Rochelle, IL 61068. **Office Hours:** 9:00 AM-4PM Monday-Thursday, Phone: 815-562-2370. **Mass times:** 8:00 AM Monday-Thursday, Saturday Vigil Mass 5:00 PM English, 7PM Spanish, Sunday Mass 7:30 AM, 9:00 AM in English and 11:00 AM in Spanish. **Confessions:** Monday 8:30AM & 6:30PM, Tuesday 8:30AM, Saturday 8:30am & 4:00-4:45 PM Or by appointment. **Religious Education:** Mrs. Kalah Williams, Director of Religious Education. 903 Caron Road, Rochelle, IL 61068, 815-561-0079 Website: stpatrickrochelle.com Email: stpatrick-rochelle@rockforddiocese.org Facebook.com/StPatrickRochelle

St. Paul Lutheran Church "Building Relationships in Christ, Now and Forever!" Pastor-Rev. Greg Hoffmann, Steven Hall, Principal, Parish Nurse-Marcia Schnorr. 1415 Tenth Ave., Rochelle. Church Office-562-2744. Worship times: 6:00 p.m. Saturday, 9:00 a.m. Sunday. Our service is broadcast over WRHL 1060AM at 10:00 a.m. Sunday. Sunday School 10:15-11:15 a.m. Call 562-6323 for more information about the school.

LOCAL VIEWS

Guest column

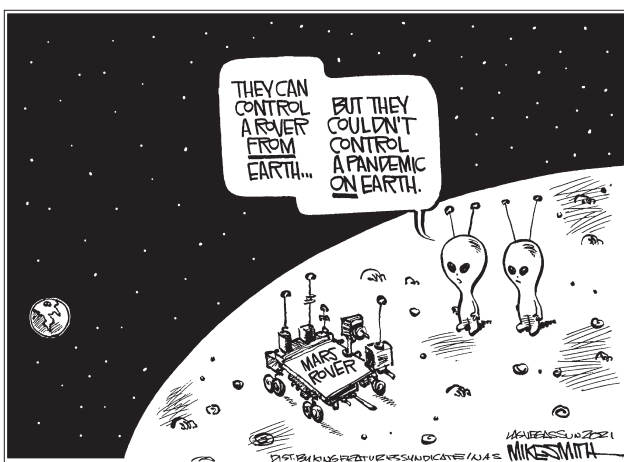
Rebate program beneficial to many

I am one of those people who save receipts from local shops to earn a credit on their local utility bill and I am not alone. As of last week, the city has granted 700 requests, amounting to \$42,000 in rebates. Those 700 rebates represent \$210,000 in purchases at local businesses. I think it's a great program that benefits shoppers as well as businesses. Dozens of businesses qualify residents for the rebate program. A list can be found at the City of Rochelle website and I imagine there is a list available at city hall if you don't have computer access. The program was extended through 2021. As of now, there is no limit on the number of credits you can get. I have received several, and have marked on the form to donate my credit to an organization or person who could benefit from it. I think Rochelle City Manager Jeff Fiegen-schuh came up with a great idea to help local businesses and people in a time of difficulty. ***** I read a story recently about a 14-year-old boy in the suburbs of Chicago who has helped more than 100 seniors sign up to receive Covid shots. Silver Chord hours, perhaps? I am no spring chicken and technology is not my strongest area. If you



Terry Dickow

have problems with the technology ask a youngster. Or, you can contact city hall, the library or Hub City Senior Center and they will help sign you up. ***** When the wifey and I first moved to Rochelle, one of the things we loved was the dual mailboxes in the post office. One box was for in town mail, the other was for out of town. I could mail something Monday afternoon and the person would usually get it the next day. Now when I mail something to someone in Rochelle, the letter goes to Carol Stream for processing and then is sent back to Rochelle. What used to take one day now takes four if you are lucky. I am sure there was a financial reason, I just don't like it. ***** You've got to love Illinois politics. Mike Madigan resigns, he basically gets to appoint his successor, who is on the job three days and then he resigns. The kicker is, he is entitled to a prorated monthly salary of a little over \$5,700. Democratic Comptroller Susan Mendoza is pushing for the law that allows this to be changed to reflect actual time served in office. I'd love to serve three days and get \$5,000. Who wouldn't? *Terry Dickow can be contacted at terrydickow@gmail.com.*



Editorial

Bill bad for newspapers and communities they serve

EVERY year, an Illinois legislator proposes a bill to remove public notices from being published in newspapers and allow units of government to post them to their websites. They must think they are saving taxpayers money, and that newspapers no longer are relevant. This year is no different. House Bill 811 has been filed but not yet been assigned to a committee. As other bills that have come and gone before it, HB 811 is a bad idea. Lawmakers should reject it, as they have in the past. Newspapers have played a vital role in providing transparency about government through the publication of public notices. It's worked for more than 150 years. Now, with the digital reach of newspapers through their websites and the statewide public notice site run by Illinois newspapers, notifying the public has never been more efficient, effective and impactful. Posting notices to newspaper websites and the statewide site are at no additional cost to government and is intended to provide even greater public access to these notices. Conversely, there are nearly 7,000 units of government in Illinois. Only about half have a website. How efficient and effective would that be? Units of government are required by statute to post meeting dates, agendas and minutes. Yet, many don't. There are more than 1,400 townships in Illinois, and the vast majority don't have a website but for the ones that do only 53 percent comply with the required posting of meeting dates, agendas and minutes. Why would different results be expected from the same government units if they control the posting

of public notices? We all know there is money to be saved by being more efficient. How about taking a realistic look at eliminating the seemingly redundant units of government? Illinois has far more units of government than any other state. Florida has more than 7 million more residents than Illinois but fewer than a quarter the number of government units. Drainage districts, road districts and mosquito abatement districts could and should become part of the function of county governments. The largest mosquito abatement district in Illinois is the South Cook County Mosquito Abatement District and it spent less than \$100 in 2020 on public notices, which is far less than the \$25,000 it spent on memberships and conferences. The cost of public notices is one of the smallest expenses of

government entities. So, it's not surprising that eliminating public notices from newspapers won't reduce taxes. Realistically no unit of government is going to lower its tax levy. So, if the Legislature really wants to lower public notice expense and ultimately property taxes it should address the number of governmental entities in the state. Newspapers across Illinois provide access to public notices and verify compliance by government units. They also serve as a permanent record of public notices. The majority of the more than 400 newspapers in Illinois are small businesses. Like every other small business, newspapers have been hit hard by the pandemic. Removing public notices will make it even harder for newspapers to do what they do best — serve and inform their communities.

net by storm back in 2013. People who apparently had not much else to do starting blogging about and discussing her case. It was a couple of weeks between the time she disappeared and when her body was found. In that time, these Internet sleuths became convinced she was murdered, they even accused one person who wasn't even in the country at the time of doing it, which nearly destroyed the man's life. They saw conspiracies in every new development. They blamed the police, the coroner's office, the hotel's owners — pretty much everyone. This is what the Internet can do best — create fiction out of reality. Once one person starts pushing a theory that they came up with, others start to grab on and before you know it there is a feeding frenzy of misinformation. This is why I have time and time again spoken out against the rampant

Series shows destructive power of Internet

I enjoy a good real crime movie or limited series. Ah yes, the limited series. A series where they take a topic that could have been told in two episodes and make it six. My wife and I recently watch one on Netflix that has a lot of people talking. It is called "Crime Scene: The Vanishing at the Cecil Hotel." It is about the disappearance and death of a young woman at a notorious Los Angeles hotel. This happened in 2013, and I remember seeing the haunting video of this woman in the hotel from the night she disappeared. The video came from a hotel elevator, where she looked like she was hiding from something or someone, then talking to someone and generally acting very strange. This documentary, told over four episodes even though it really only needed two, goes in depth about the case and the hotel (Spoiler alert: She was bipolar and off her medication. She had some sort of psychotic

break, went to the roof of the hotel, climbed into a water tank and drown. Very sad case). The core story is interesting and the police work is always fascinating for me. But this show was about something more than that — something that truly disturbs me. It was about people on the Internet taking an acute interest in the case and running wild. Here's the thing about the Internet... It makes everyone feel like an authority on nearly every topic. It is also a place that too many people fall down the digital rabbit hole and get caught up in conspiracy theories. Look at the rise of Qanon as an example of this, a theory so ridiculous that I have a hard time understanding how anyone could believe it. Well, the case of the missing woman — her name was Elisa Lam and she was a Canadian student visiting California — took the Inter-

net by storm back in 2013. People who apparently had not much else to do starting blogging about and discussing her case. It was a couple of weeks between the time she disappeared and when her body was found. In that time, these Internet sleuths became convinced she was murdered, they even accused one person who wasn't even in the country at the time of doing it, which nearly destroyed the man's life. They saw conspiracies in every new development. They blamed the police, the coroner's office, the hotel's owners — pretty much everyone. This is what the Internet can do best — create fiction out of reality. Once one person starts pushing a theory that they came up with, others start to grab on and before you know it there is a feeding frenzy of misinformation. This is why I have time and time again spoken out against the rampant

conspiracies that we see these days. The Internet has allowed people to spread false information in the blink of an eye. And as we know, the world is full of not only gullible people, but also people who think they know everything. And for some reason, both groups of people feel the need to let everyone know what they think. This one case shows the destructive power of the Internet when it is used to spread false information. The show called these people "web sleuths," but to me they were just sadly pathetic people with no lives of their own. "Crime Scene" was worth a watch for people who enjoy true crime shows, but the real crime was clearly perpetrated by the "web sleuths" who ultimately got pretty much everything wrong and spread that bad information across the globe. *Brad Jennings is the editor of The Ogle County Life.*



Brad Jennings

How to contact government officials

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(202) 225-3635

IL Sen. Brian Stewart
M104A State House
Springfield, IL 62706
(217) 782-0180

IL Rep. Tom Demmer
314 Capitol
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LETTERS TO THE EDITOR POLICY

The Rochelle News-Leader encourages responsible letters to the editor on subjects of interest to our readers. Editing may be necessary for space, clarity or to avoid obscenity or libel, but ideas will not be altered. All letters must bear the handwritten signature of the writer and include address and phone number or e-mail address for verification purposes. Neither the street address nor phone number will be printed. Letters should be typed or legibly

handwritten, and no anonymous letters will be published. Any letters from boards or organizations must include at least one name of an individual. Any criticism of public officials should be limited to issues related strictly to their position or actions made in office, as personal attacks will not be published. Letters involving private disputes between the writer and a business will not be published. Political endorsements will be published,

however letters from candidates endorsing themselves will not be printed. Letters may be dropped at the News-Leader office (211 IL Route 38 East), mailed to the News-Leader (P.O. Box 46, Rochelle, IL 61068) or e-mailed (news@rochellenews-leader.com.) The News-Leader reserves the right to edit or reject any letter to the editor for any reason, and letters chosen for publication do not necessarily reflect the views of this newspaper.

COMMUNITY

Kishwaukee College offering short-term training programs this summer

MALTA — The Kishwaukee College Continuing Education department is offering four Short-Term Training programs during the Summer 2021 semester. Two are offered online. Two are offered in a hybrid format (online learning/in-person practice). Participants are required to have access to a computer and internet to participate in the programs.

Short-term training programs prepare people for a variety of entry-level positions in a wide range of career fields. The programs are a great way to explore a career before committing to a degree. Short-term training programs range from 11 to 20 weeks. Some include an externship. The programs prepare students to work in their field and pass their national certification exam, if available. Completion of a short-term training program provides an entrance into a career path that begins with a skilled, entry-level position with the opportunity for further career advancement.

The Short-Term Training programs offered in Summer 2021 are:

Online

Pharmacy Technician: May 9 through Aug. 21
Pharmacy Technicians assist

pharmacists to dispense prescription medication. Pharmacy Technicians may also manage third-party billing, answer telephones, direct customers to items or to the pharmacist for medication consultation, receive written prescriptions, clean and sterilize dispensing bottles and instruments, answer questions regarding non-drug products and collect payments. Instruction is provided via D2L/Bright Space in an asynchronous format.

Sterile Processing Technician: May 9 through Aug. 14

Sterile Processing Technicians provide support to all patient care services in a health care facility. They are responsible for decontaminating, cleaning, processing, assembling, sterilizing, storing and distributing the medical devices and supplies needed for patient care, especially during surgery. Instruction is provided via D2L/Bright Space in an asynchronous format.

Hybrid (Online Lecture/In-Person Practice)

Dental Assistant: May 9 through July 31

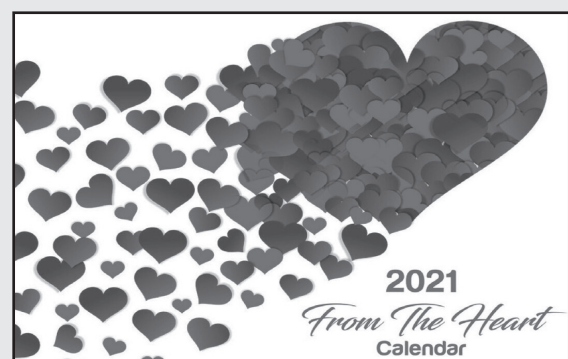
Dental Assistants are skilled health care professionals who work closely with dentists and dental hygienists to provide quality preventive and corrective dental

care and administrative support in dental offices. Dental assistants are trained in the history of dentistry and dental assisting, oral anatomy, dental equipment, operation and maintenance, proper patient positioning, dental anesthesia, and sterilization as well as an introduction to the dental office legal aspects of dentistry. Instruction is provided via D2L/Bright Space in an asynchronous format. In-person practice will be conducted on Tuesdays (6 to 9 p.m.) in a local dental office.

Phlebotomy Technician: June 13 through Sept. 3

Phlebotomists are skilled health care professionals who have been trained to collect, transport, handle and process blood and other specimens for laboratory analysis using venipuncture and micro collection techniques. Instruction is provided via D2L/Bright Space in an asynchronous format. In-person practice will be conducted on Monday/Tuesday/Thursday (6-8:30 pm) at Kishwaukee College.

Registration opens on April 5. Prospective students should contact Melissa Gallagher, Director of Short-Term Training & Continuing Education, at mgallagher1@kish.edu as soon as possible to schedule a phone meeting.



FROM THE HEART DAILY CASH WINNERS

- Feb. 5 - Ellen Katoll, Rochelle, \$25
- Feb. 6 - Peggy Holt, Rockford, \$250
- Feb. 7 - Susan Helfrich, Oregon, \$50
- Feb. 8 - Donna Trout, LaMoille, \$25
- Feb. 9 - Rochelle Area Community Foundation, \$25
- Feb. 10 - Denise Hoffman-Clark, Sycamore, \$25
- Feb. 11 - Tiffeny Meyers, Rochelle, \$25
- Feb. 12 - Christopher Norkus, Creston, \$25
- Feb. 13 - Roger & Susie Ahlendorf, Kingston, \$25
- Feb. 14 - Judith Faaborg, Rochelle, \$250
- Feb. 15 - Cindy Stumph, Sycamore, \$25
- Feb. 16 - Tom Hartnett, Rochelle, \$25
- Feb. 17 - Jordan Bernardin, Oregon, \$25
- Feb. 18 - Jeff Hayenga, Kings, \$25
- Feb. 19 - Laura Irl, Glenview, \$25
- Feb. 20 - Michelle Glen, Rochelle, \$25
- Feb. 21 - John Farris, DeKalb, \$50
- Feb. 22 - Tom Hartnett, Rochelle, \$25
- Feb. 23 - Rochelle Rotary, \$25
- Feb. 24 - David C. Bills, Port Byron, \$25
- Feb. 25 - Katie Fredericks, Dixon, \$25
- Feb. 26 - Berkeley Thompson, Rochelle, \$25
- Feb. 27 - Steu Znaniecki, \$25

Checks to winners will be mailed out at the end of each month

Birthdays & Anniversaries

March 2
Addison Perkins
March 6
Nicole King
March 8
Chaz Conant
March 9
Minia Waters
March 12
Troy Komadina
March 13
Veronica Lopez

March 16
Christy Oleson
March 19
John Overstreet
March 20
Jesse Lopez
Rachelle Phillips
March 22
Wakely Peterman
March 24
John Wooten
Lanie McPhearson

March 25
Chaz & Kathy Conant
Liz Danekas
Shaun Rosenbach
March 26
LeeAnn Komadina
Kim Dougherty

Call 815-561-2151 to submit names for birthdays and anniversaries



Coffee Break

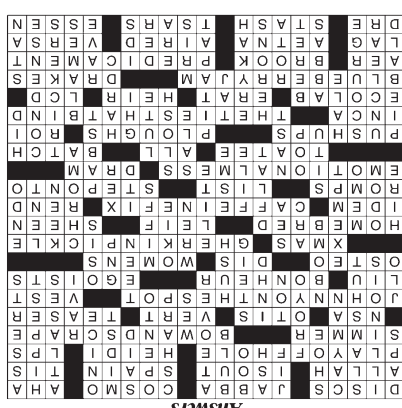
MAGIC MAZE

Z K H D A X T T U R T P M J G
D A T I U C R I C A I X V S Q
T N K I F D A D C T C A X V T
Q I O M J P N N H I I Q F C A
Y W S F R U S A R N L P U T N
L J H O F D M B B U O P Z I X
V T F R P R I Q O D S M X F T
T I E F R E T N U O C K I E I
T H F E D B D Z Y H W V T N B
R Q T I D E R C O W N L K E A
I H F T I R E H N I D C A B H

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: AN ESTABLISHED CUSTOM

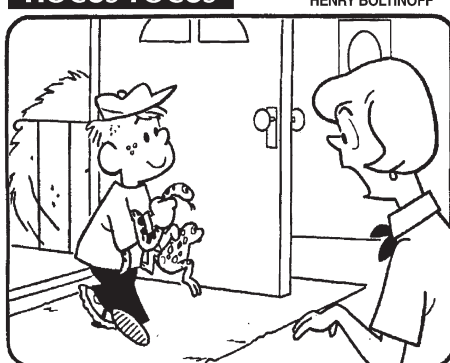
Acquit Bandit Benefit Circuit
Counterfeit Credit Deposit Explicit
Forfeit Inherit Profit Solicit
Transmit Unit Whodunit

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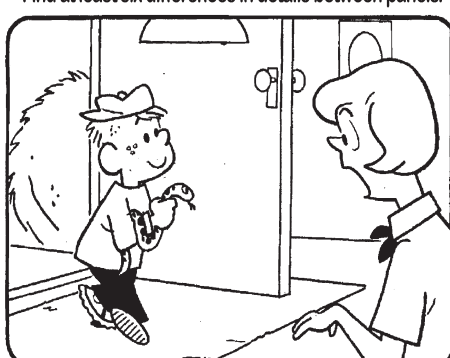


HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

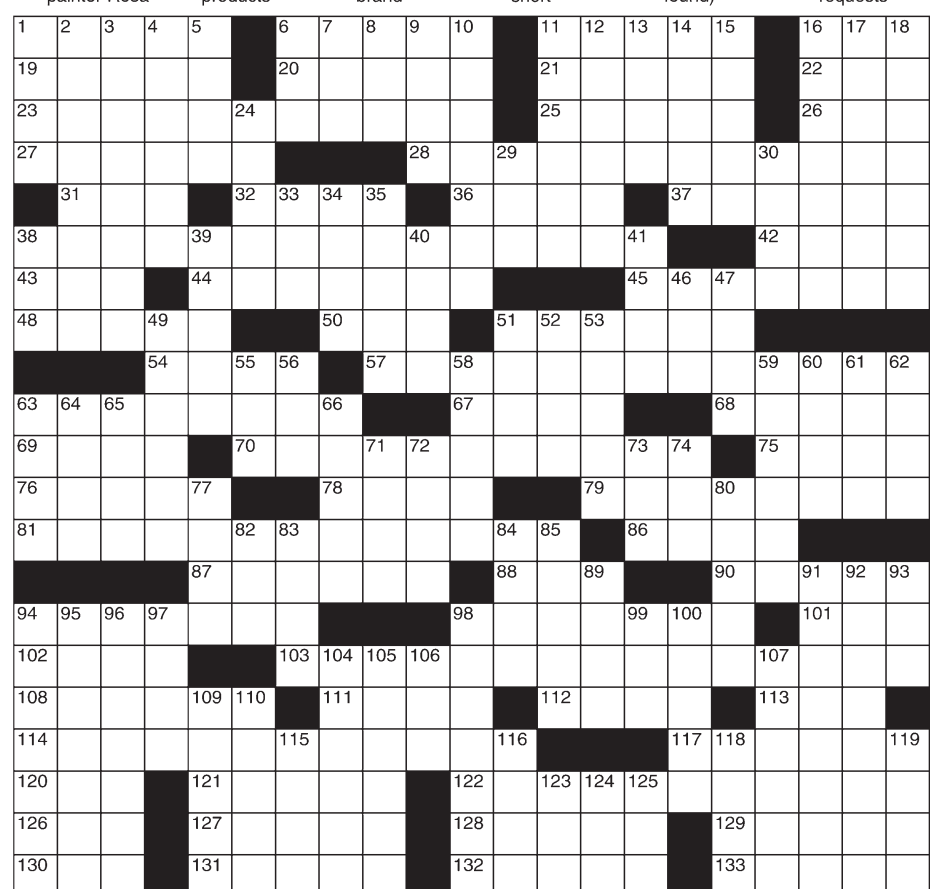


Differences: 1. Window is different. 2. Frog is missing. 3. Doorknob is higher. 4. Failing is missing. 5. Cap is reversed. 6. Earring is missing.

Super Crossword

STICKY SITUATIONS

- ACROSS**
- 1 Plates, e.g.
 - 6 "Star Wars" villain — the Hutt
 - 11 Longtime fashion mag
 - 16 "Got it!"
 - 19 Muslim god
 - 20 Has left the office, say
 - 21 Bilbao locale
 - 22 "Whether — nobler ..."
 - 23 Sudden-death extra in a golf tournament
 - 25 Supermodel Klum
 - 26 Hi-fi platters
 - 27 Cook gently
 - 28 Behave obsciously
 - 31 Secretive U.S. org.
 - 32 Redding of song
 - 36 Opp. of horizontal
 - 37 Film preview
 - 38 Sort who's at hand whenever needed
 - 42 Part of a hunting outfit
 - 43 Lucy of "Kung Fu Panda"
 - 44 French painter Rosa
 - 45 Narcissists
 - 48 Bone: Prefix
 - 50 Insult, informally
 - 51 YWCA part
 - 54 Yule, briefly
 - 57 Small Vlasic offering
 - 63 Domestic
 - 67 Explorer Ericson
 - 68 Glossy surface
 - 69 "As above," in a footnote
 - 70 Morning joe, maybe
 - 75 Tear to bits
 - 76 Gambols
 - 78 Inventory
 - 79 Board, as a ship
 - 81 One who's distraught with feelings
 - 86 1/16 ounce
 - 87 Perfectly
 - 88 "— aboard!"
 - 90 Baker's unit
 - 94 Pec-building exercises
 - 98 Tilling tools, to Brits
 - 101 King, in Caen
 - 102 Old Peruvian
 - 103 Connections making people feel close
 - 108 Big name in hygiene products
 - 111 "QED" part
 - 112 Beneficiary
 - 113 Certain PC readout
 - 114 Purplish fruit spread
 - 117 Male ducks
 - 120 — Lingus
 - 121 Rivulet
 - 122 What the last word of 23-, 28-, 38-, 57-, 70-, 81-, 103- or 114-Across is a synonym of (during)
 - 126 Hang behind
 - 127 Giant in life insurance
 - 128 Televised references
 - 129 "... and vice
 - 130 Hip-hop "Dr."
 - 131 Hide, as loot
 - 132 Old Russian dynasts
 - 133 German city
 - 7 Volcano stuff
 - 8 Startling cry
 - 9 Light source in a socket
 - 10 Had dinner at a friend's house, e.g.
 - 11 Note equivalent to 66-Down
 - 12 Not necessarily against
 - 13 Spoke
 - 14 In the — (during)
 - 15 In readiness
 - 16 Map-filled references
 - 17 Most with it
 - 18 Alleges
 - 24 Ice-cream alternative, for short
 - 29 "Scream" director Craven
 - 30 Sitarist Shankar
 - 33 Weight unit
 - 34 With a sharp picture, briefly
 - 35 Shrek creator William
 - 38 "Gigli" co-star, familiarly
 - 39 Certain nuclear weapon, for short
 - 40 "Be silent!"
 - 41 Adolescent
 - 46 Country's econ. measure
 - 47 Suffix of medical conditions
 - 49 Free (from)
 - 51 Plump bird
 - 52 "— From Muskogee" (1969 hit)
 - 53 Annoys
 - 55 Circle part
 - 56 Ionian, e.g.
 - 58 Uprer crust
 - 59 Purity of a color
 - 60 Razor-sharp
 - 61 Advanced
 - 62 Lead-in to skeleton
 - 63 Give a job to
 - 64 Former Laker Lamar
 - 65 Office letter
 - 66 Note equivalent to 11-Down
 - 71 Do a tax task
 - 72 J.D. Salinger title girl
 - 73 "— be my pleasure"
 - 74 Baby of a boomer
 - 77 In — (as first found)
 - 80 Big name in beer brewing
 - 82 "Alley —!"
 - 83 Condé —
 - 84 Mall lure
 - 85 Spill clumsily
 - 89 Guitar's kin
 - 91 Con artists
 - 92 Abridge
 - 93 Took cover
 - 94 Patchy horse
 - 95 Vague
 - 96 Plague
 - 97 Fit as a fiddle
 - 98 Sound of falling hail
 - 99 F-J link
 - 100 One of two in "crocodyl"
 - 104 Wading birds
 - 105 R&B singer — Badu
 - 106 — Mahal
 - 107 Accuses
 - 109 PLO head
 - 109 Mahmoud
 - 110 Brimless cap
 - 115 "The Godfather" score composer Nino
 - 116 Some med. scans
 - 118 All-night bash
 - 119 Comic Laurel
 - 123 Eon subunit
 - 124 Bonn article
 - 125 TSA requests



ROCHELLE TOWNSHIP HIGH SCHOOL

MARCH

HUB NEWS

2021

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Interact offers Spring Clean-ups

Covid has cancelled the annual RTHS Interact Student/Faculty fundraiser. That's good news for local gardeners. Interact Club offers an Early Spring Yard Clean-up event.

March 1-31, you can sign up to have your lawn/yard readied for spring.

Interact kids will provide the muscle, you provide the lawn tools & clean-up supplies.

- Students may only work OUTSIDE; not allowed on ladders, etc.

- Adhere to COVID guidelines: masks, temperature & symptom checks on day of service.

Donations are appreciated. This replaces our student/faculty fundraiser and all proceeds benefit the community.

Sign up using the form below. Once done, an Interact member will contact you to schedule a day for clean-up for late April/early May (depending on weather). All information provided on this form will be confidential.

Contact advisor Alison Vrana
avrana@rthsd212.org or 815-562-4161 x1107 for more information.

Spring Cleaning Sign Up Sheet:
<https://forms.gle/fHkkSY7s1JDBVQgT8>



Did you know?

Students who invest 20 hours on the Khan Academy link earn an average SAT score that is 115 points greater than their PSAT score? All RTHS juniors will take the SAT test April 13, so visit the Khan Academy: www.khanacademy.com

MARCH 2021 IN HUBLAND

MARCH - SUMMER SCHOOL ENROLLMENT DATES N/A

March 1	Boys Soccer practices begin
March 3	Spring Football practices begin
March 5	NO SCHOOL - Teacher Institute
March 8	Girls Volleyball practices begin
	Virtual National Honor Society Induction
March 12	Friday Gr 10/11 in person End of the 3rd 9-week grading period Deadline to apply for RTHS Alumni Association awarded scholarships
March 18	7:30 pm Mid-Winter Band Concert live on YouTube- https://youtu.be/WeHIWmCc7wY Go to the band website & follow the link from there: https://rthsbands.weebly.com/
March 19	Friday Gr 11/12 in person
March 22 - March 26	No classes at RTHS or KEC - Spring Break
March 28	Deadline apply Rural Healthcare Careers Camp Rockford University - ncrhp.uic.edu .
March 29	Classes resume; Gr 9/10 in person

SAT*

CollegeBoard

JUNIORS:

SAT CLASSES BEGIN OFFERED TEST ADMINISTERED APRIL 13

Juniors taking the SAT on April 13 may want to prepare for the test by enrolling in the SAT Prep Classes offered by RTHS. The classes are a great way to review subject matter and familiarize yourself with the test format. Classes meet on Wednesdays, 6 - 8 pm on the following dates:

Wednesday, March 3 – English/Mrs. Flanagan

Wednesday, March 10 – English/Mrs. Flanagan

Wednesday, March 17 – Math/Mrs. Prose

Wednesday, March 31 – Writing/Mrs. Flanagan

The cost is \$20; please make checks payable to RTHS SAT Prep Class and return registration form with your check to the main office.

IHSA COMPETITIVE TEAM SCHEDULE

<http://bit.ly/21FebIHSAupdate>

March 1 - April 14	Boys Soccer - no state finals
March 1	Football practices begin; 1st game 3/19. Season end April 24; no state finals
March 8	Girls Volleyball practices begin. Season end April 24; no state finals
March 13	Bowling, Cheerleading, Dance and B & G Basketball season end
April 5	Baseball & Softball practices begin; season ends June 19 Girls Soccer practices begin; season ends June 19 Boys Tennis practices begin; season ends June 19 Boys & Girls Track/Field practices begin. Season ends June 19
April 19	Wrestling practices begin. Season ends June 12; no state finals

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RTHS Girls Bowling

Winless streak snapped

Schwanert leads Rochelle over Kaneland for first victory of season

BY RUSSELL HODGES
SPORTS EDITOR

DEKALB — Junior Alyssa Schwanert needed every one of the team-leading 489 pins she knocked over during the Rochelle Lady Hub varsity bowling match against the Kaneland Knights on Tuesday.

Looking to end a five-match losing streak to open the season, Rochelle split its first two games with the Knights but led in the series by only eight pins. Despite 169 from Kaneland’s Corrine Gatewood in the third game, Schwanert stepped up for the Lady Hubs, rolling a series-best 177 and propelling Rochelle over the Knights 585-564 in the final game. The margin of victory was enough to give the Lady Hubs their first team victory of the season by a score of 1,755-1,726. “It felt so good to win and it really boosts our confidence,” Schwanert said. “I was staying confident and I wasn’t getting in my own head. I was keeping my arm behind the ball and not bringing my arm over the top of the ball. Our work in practice is starting to pay off.”

Kaneland edged Rochelle 627-624 in the first game behind 189 from Ella Edwards and 157 from Sia Workman. All four Lady Hub bowlers topped 130 in the opening game, with Schwanert shooting 150 and freshman Faith Adams adding 148. Schwanert’s 162 and senior Kiya Porter’s 125 were enough to lift Rochelle over Kaneland 546-535 in the second game.

“We bowl a lot better when we’re confident in each other and cheering each other on,” Schwanert said. “We need to keep our confidence up and we need to keep working hard in practice. We’ve made a lot of improvements in practice since the start of the season.”

Porter fired 132 in the third game to finish with a 394 series, while Adams totaled 114 for a 371 series and junior Carly Summers chipped in 105 for a 323 series. Workman and Gatewood recorded Kaneland’s two high series scores of 420 and 417, respectively. The Lady Hubs (1-5) will continue conference play against Sycamore on Tuesday, March 2 at 4 p.m.



(PHOTO BY RUSSELL HODGES)

Junior Alyssa Schwanert threw a team-leading 489 series with a high score of 177 when the Rochelle Lady Hub bowling team defeated Kaneland on the road Tuesday. It was Rochelle’s first win of the 2020-21 season.

RTHS Varsity Boys Basketball

Burdin fuels Hub win over Sycamore

Senior guard drops 30 points in 73-56 victory

BY RUSSELL HODGES
SPORTS EDITOR

ROCHELLE — Hub senior Garrett Burdin knew he’d be in for a big night after knocking down his first two 3-point shots of the Rochelle varsity basketball game against Sycamore on Friday.

Burdin went 4-for-4 from the field to start the evening, scoring Rochelle’s first 11 points on three triples and a layup. Sycamore had no answers for the senior guard, who finished the night with a season-high 30 points including 23 in the first half to lead the Hubs over the Spartans 73-56. Rochelle improved to 4-4 overall and 4-3 in the Interstate 8 with the win.

“When I hit my first two shots, I felt the ball coming off my hand right,” Burdin said. “My teammates were getting me open looks and Sycamore was in the wrong defense. I think being face-guarded by some of the best defenders in the conference has helped me this season and that’s what happened tonight. I’ve learned to play through it and my numbers have gone up.”

Burdin scored 14 points in the first quarter, helping

Rochelle take an 18-9 lead over Sycamore into the second quarter, where Burdin added four of his game-high 12 field goals. Juniors Tanner Lager, Adam Kemp and senior Spencer Warborg each added 3-pointers for the Hubs, who finished the first half strong on a pair of low-post baskets from sophomore Raul Aguirre.

Down 44-23 at the half, Sycamore leaned on junior standout Xavier Gagnepain, who showcased his elite athleticism with several quick drives to the rim and multiple put-back shots over Hub defenders. Gagnepain made four baskets and scored 11 of his team-high 22 points in the third quarter, allowing the Spartans to bring Rochelle within a dozen, 57-45, after three quarters.

“We need to keep people out of the paint,” Burdin said. “I think we still need to get better defensively. If we can do that, I think we have a shot to win the conference championship.”

With Rochelle needing someone to step up in the fourth quarter, Lager entered attack mode for the Hubs, scoring nine of his 14 points on two powerful drives to the hoop, an open



(PHOTO BY RUSSELL HODGES)

Senior Garrett Burdin led the Hubs with 30 points against the Sycamore Spartans on Friday.

triple from the corner and a pair of free throws after contact at the basket. Rochelle limited Gagnepain to only two fourth-quarter points and outscored the Spartans 16-11 in the period.

“Coach [Jared] Johnson talked with me before the game about how I haven’t been attacking how I normally can,” Lager said. “He talked to me about getting to the rim and that was my goal in this game. Sycamore swept us last season, so it

was nice to sweep them this year. We need to keep improving our defense in order to get some wins over the next stretch.”

Sophomores

The Rochelle Hub sophomore basketball team defeated Sycamore at home on Friday, winning 44-39 and improving to 4-5 overall. Raul Aguirre led the Hubs with 16 points, while Aidan Darby scored eight points.

RTHS Varsity Girls Basketball

Lady Hubs fall against Ottawa

Defense shines in 32-27 loss

BY RUSSELL HODGES
SPORTS EDITOR

OTTAWA — Despite another outstanding defensive effort from the Rochelle Lady Hub varsity basketball team, victory was slightly out of reach when the girls battled Ottawa on Wednesday.

Trailing 19-17 at half-time, Rochelle stymied the Pirate offense in the third quarter, holding Ottawa to only one point and taking a 22-18 lead entering the fourth quarter. The Lady Hubs were unable to hit enough shots down the stretch, however, as the Pirates outscored Rochelle 12-5 in the final quarter to win 32-27 and drop the Lady Hubs to 2-4 on the season.

“This is probably the best defensive team I’ve had throughout my tenure at Rochelle,” head coach Tony Rowan said. “I’m really proud of how the kids understood the game plan and knew what we needed to take away from them. We’re still struggling

to find baskets offensively, especially when we need them most. A lot of our girls have two solid years of playing together and our team chemistry is improving. It’s huge when our team trust is extremely high.”

Junior Zoey Tabor scored a team-high nine points and grabbed five rebounds for the Lady Hubs, who were without starting guard Josie Lundquist due to a foot injury. Senior Sofia Lenkaitis led the defensive effort with three steals, while senior Afri

Gati stepped up inside with 14 rebounds including seven on the defensive end and seven on the offensive end. Rochelle’s offensive struggles continued Wednesday, with the team shooting 22 percent from the field.

“We’re always talking about setting and reading screens, when to make back-door cuts and when to meet the basketball,” Rowan said.

See GIRLS page 3



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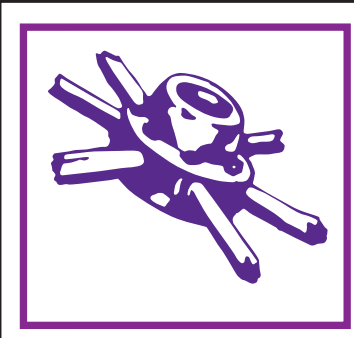


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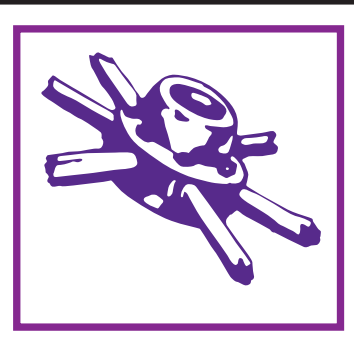
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HUB SPOTLIGHT



(FILE PHOTO BY RUSSELL HODGES)

Senior Hayden Smith led Rochelle with a 560 series and 208 high game when the Hub bowling team faced Ottawa on the road Wednesday.

Smith steps up for Hub bowlers against Ottawa

BY RUSSELL HODGES
 SPORTS EDITOR

OTTAWA — Rochelle senior Hayden Smith finished as the high roller for the Hub varsity bowling team Wednesday evening, when Rochelle faced Ottawa at Dettore's Town Lanes.

Smith fired a team-leading 560 series including a high score of 208 on Wednesday, but the Pirates downed the Hubs 3,292-2,669 and dropped Rochelle to 1-4 overall. Junior Devansh Patel added a 525 series, while Sean Miller led Ottawa with 605 and high scores of 208 and 206. The Hubs will return to action against Sycamore at home

on Tuesday, March 2 at 4 p.m.

Ottawa claimed the first game 1,103-848 behind 201 from Ty Trovero. Patel's 177 and Smith's 170 were the high scores for Rochelle in the opening game. The Pirates grew their lead in the second game, winning 1,054-862 despite 182 from Smith, 180 from Patel and 170 from senior Keith Holland, who finished with a 453 series on Wednesday.

Ottawa completed the sweep in the third game, defeating Rochelle 1,085-959. Miller's 206 and Nelson Brandt's 180 propelled the Pirates in the final game, while Smith's 208 and Patel's 168 were the high scores for the Hubs.

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SPORTS

RTHS Varsity Boys Basketball

Hub defense falters against Ottawa Pirates rally for 61-58 win over Rochelle

BY RUSSELL HODGES
SPORTS EDITOR

ROCHELLE — Ottawa senior Anthony Cooper sparked a second-half surge that flipped the script on the Rochelle Hubs during their Interstate 8 Conference clash Wednesday evening. Cooper made four triples and scored 17 of his game-high 25 points over the final two quarters, lifting Ottawa over Rochelle 61-58 and dropping the Hubs to 3-4 overall and 3-3 in the conference.

“I thought we competed hard throughout the game,” coach Jared Johnson said. “We have to be able to get stops in the half-court if we want to win big games. We struggled in the second half but we’re going to learn from it... We sometimes get too stagnant offensively, especially against ball pressure, and we need to be strong with the ball and get the ball inside.”

Rochelle took the early lead behind five 3-pointers from five different players including senior Garrett Burdin, who hit four in the contest and finished with 14 points. The Hubs led Ottawa 17-9 entering the second quarter, where Cooper found his rhythm with two triples of his own. The Pirates started the second quarter on an 8-0 run, evening the game before Rochelle bounced back with eight unanswered points of its own. Ottawa trailed 28-21 at halftime.

Another Pirate run quickly erased Rochelle’s lead in the second half, as Ottawa scored seven straight points to open the



Senior Spencer Warborg drives past Ottawa’s Levi Sholders during the Rochelle Hub varsity basketball game against the Pirates on Wednesday.

third quarter. Unlike the first half, Rochelle’s man-to-man defense faltered as the Pirates continued to attack the basket. Cooper repeatedly sped past Hub guards to the rim, putting home three layups and drawing multiple fouls to earn free throws.

“I thought we broke down in the second half,” Johnson said. “We talked about the principles that we work on everyday like having weak-side help and when we’re facing a team like Ottawa that runs great offensive sets and spreads us out, we have to stay on the weak side.”

Down 43-39 entering the fourth quarter, Rochelle briefly regained control with a 5-0 run behind a low-post basket

from junior forward Zach Sanford, who double-doubled with 15 points and 11 rebounds, and a corner triple from junior guard Adam Kemp, who stepped up with seven of his 10 points in the final quarter. But turnovers proved costly for the Hubs, who gave the ball away 15 times including several instances in the fourth quarter that led to Ottawa layups.

“I thought Zach had a great game,” Johnson said. “I think we sometimes force too many 3-pointers and don’t play inside-out enough. We need to keep working on our ball movement.”

With the Hubs trailing 60-55, Burdin connected on a long-range 3-pointer

to bring Ottawa within one possession with less than 30 seconds remaining in regulation. Pirate senior Levi Sholders sunk the first freebie before missing the second to allow Rochelle one last chance to tie the game. Ottawa managed one final stop, however, stealing the ball after an inbounds play near the half-court line.

Sophomores

The Rochelle Hub sophomore basketball team fell 59-42 against Ottawa on Wednesday. Raul Aguirre led Rochelle with 14 points, while Landon DeLille added nine points. Daniel Monfils totaled eight points and made two 3-pointers in the loss to the Pirates.

(PHOTO BY RUSSELL HODGES)



League bowler Ryan Messer rolled his sixth career 300 game at T-Byrd Lanes on Thursday.

(PHOTO BY JOHN SHANK)

Messer rolls sixth career perfect game

ROCHELLE — With a brand new ball in hand, local league bowler Ryan Messer rolled a 300 game at T-Byrd Lanes on Thursday, Feb. 25 during the Thursday Night Classic League.

Messer shot the perfect score in just his second game with a brand new Storm Proton Physix bowling ball that he had just broken out for the first time that night.

“The first game I was just getting used to it and shot 185, so in the second

game I just started throwing it further outside to see how it would react and it was really coming back hard to the pocket,” Messer explained. “I just used it tonight for the first time after deciding it was time to buy a new ball, and I was joking around before we started that maybe it will be a good night.”

The league-sanctioned 300 game was the sixth of Messer’s career, and the first this season at T-Byrd Lanes.

GIRLS: Pirates edge Lady Hubs

From page 1

“Some of these kids have a lot of varsity

experience and some of them don’t, but we need to keep getting out there and building confidence.”

JV

The Rochelle Lady Hub JV basketball team played a close game

against the Ottawa Pirates on Wednesday, falling 35-29 and moving to 1-4 overall.

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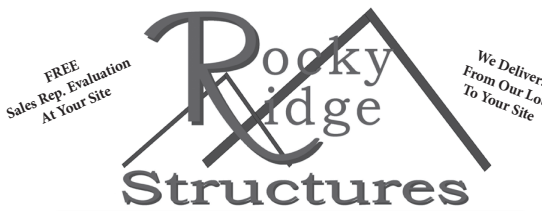
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TV LISTINGS

SOAP UPDATES

THE BOLD AND THE BEAUTIFUL

Hope admitted to Liam that the results of Steffy’s paternity test had her questioning everything. Finn made his feelings known. Steffy delivered a powerful speech to Finn and Hope about her feelings for Liam. Bill and Liam leaned on one another about their relationships with Katie and Hope. Finn stated a new set of boundaries that Liam must obey when it came to Steffy. Thomas was concerned about his sister. Knowing that Hope had borne the brunt of the heartache, Steffy offered an apology. Wait to See: Thomas decides to help Hope and Steffy in an unusual way. Wyatt asks Katie for a favor on behalf of an unknowing Flo. Steffy intervenes when Finn and Liam compete for her favor.



Arienne Zucker stars as “Nicole” on “Days of Our Lives.”

Valentin hatched a plan. Dante paid Peter a visit. Obrecht had a message for Maxie. Jackie and Gregory came to a realization. Franco’s tumor continued to complicate things. Dante stumbled upon a crime in progress. Jordan and Chase got to work. Lucy was interrupted. Finn got support from Chase. Nina vented to Ava about Carly. Peter confronted Anna. Michael offered an olive branch. Lucy was surprised. Valentin told Peter he cared about him. Wait to See: Anna is apologetic. Jax laments that he can’t get through to Nina. Franco makes a discovery.

THE YOUNG AND THE RESTLESS

Kyle was troubled by a secret. Devon’s loyalty was tested. Victor plotted his next move. Sally dug into Jack’s past. Summer received an eerie warning. Victor did some damage control.

Sharon made a shocking discovery. Rey demanded the truth from Sharon. Chelsea’s world was turned upside down. Nick took matters into his own hands. Amanda had a chilly meeting with Naya. Abby was faced with a tough decision. Wait to See: Rey and Sharon face a marital crisis. Sally makes her intentions clear to Jack. Adam covers his tracks.

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Video on Demand

1. Let Him Go (R) Diane Lane
2. Honest Thief (PG-13) Liam Neeson
3. The War with Grandpa (PG) Robert De Niro
4. Tenet (PG-13) John David Washington
5. American Skin (R) Omari Hardwick
6. Wild Mountain Thyme (PG-13) Emily Blunt
7. Come Play (PG-13) Azhy Robertson
8. Synchronic (R) Anthony Mackie
9. Tulsa (PG-13) Scott Pryor
10. Unhinged (R) Russell Crowe

WEEKDAY MORNING										
		8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	
2	WBBM	(7:00) CBS This Morning		Let's Make a Deal		The Price Is Right		News	The Young	
3	WIFR	(7:00) CBS This Morning		Morning	Paid Program	The Price Is Right		The Young and the Restless		
4	WTVO	Good Morning America		Live with Kelly and Ryan		The View		Rachael Ray		
5	WMAQ	(7:00) Today		Today 3rd Hour		Today With Hoda & Jenna		NBC 5 News	Varied	
6	WQRF	Eyewitness News More		Joyce Meyer	Paid Program	Hatchett	Judge	Judge Mathis		
7	WLS	Good Morning America		Live with Kelly and Ryan		The View		Eyewitness News		
9	WGN	WGN Morning News		WGN Morning News		Rachael Ray		WGN Midday News		
10	WGBO	(7:00) ¡Despierta América!				Simplemente María		Noticiero	Edición	
11	WTTW	Elementary	Xavier Riddle	Curious	Daniel Tiger	Daniel Tiger	Elinor	Sesame St.	Pinkalicious	
12	WCPX	Law & Order	Varied	Law & Order		Varied Programs				
13	WREX	(7:00) Today		Today 3rd Hour		Today With Hoda & Jenna		The Doctors		
19	TLN	Rocco's India	Varied	Stefano	David Rocco	Magnif. Italia	Stefano	Stefano	Spain	
29	TBS	M George	George	Friends	Friends	Friends	Friends	Friends	Friends	
		T 2 Broke Girls	2 Broke Girls	Friends	Friends	Friends	Friends	Friends	Friends	
		W 2 Broke Girls	2 Broke Girls	Friends	Friends	Friends	Friends	Friends	Friends	
		Th 2 Broke Girls	2 Broke Girls	Friends	Friends	Friends	Friends	Friends	Friends	
31	NICK	Deer Squad	Team Umiz.	PAW Patrol	PAW Patrol	Blue's Clues	Blaze	PAW Patrol	PAW Patrol	
33	DISN	T.O.T.S.	T.O.T.S.	Puppy Pals	Puppy Pals	Bluey	Bluey	Ladybug	Ladybug	
35	USA	Varied Programs								
36	TNT	Charmed		Supernatural		Supernatural		Supernatural		
37	NSCH	NHL Hockey	Varied	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	
38	LIFE	Grey's Anatomy		The Closer		The Closer		Major Crimes		
39	AMC	M *** "Fargo" (1996, Comedy)	Frances McDormand. [R]		** "The Taking of Pelham 123" (2009, Action)		[R]			
		T Stooges	(:45) *** "Face/Off" (1997, Action)	John Travolta, Nicolas Cage, Joan Allen. [R]				Hobbit-Battle		
		W ** "Escape From L.A." (1996, Action)	Kurt Russell, Stacy Keach. [R]				**** "Platoon" (1986) Tom Berenger.			
		Th Stooges	** "Quigley Down Under" (1990) Tom Selleck, Laura San Giacomo. [R]				"Talladega Nights:"			
40	FREE	*** "Black Dog" (1998) Patrick Swayze.		(:45) *** "Ferris Bueller's Day Off" (1986)		Matthew Broderick. [R]				
42	TLC	The 700 Club		700 Club		The Middle	The Middle	The Middle	The Middle	
43	DISC	Varied Programs								
44	HIST	M American Pickers	[R]	American Pickers		[R]	American Pickers		[R]	
		T Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	
		W Modern Marvels	[R]	Modern Marvels		[R]	Modern Marvels		[R]	
		Th Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	[DVS]	
45	A&E	(7:00) Ancient Aliens [R]		Ancient Aliens "The Mission" [R]				Ancient Aliens [R]		
46	E!	Parking Wars		Parking Wars		Varied Programs				
		M Kardashian	Kardashian	Kardashian	Kardashian	Daily Pop [N]		Kardashian	Kardashian	
		T Kardashian	Kardashian	The Kardashians		Daily Pop [N]		Kardashian	Take Miami	
		W Kourt & Kim	Kourt & Kim	Kourt & Kim	Khloé	Daily Pop [N]		Khloé	Khloé	
47	COM	Th Kourtney and Kim	Kourtney and Kim	Kourtney and Kim		Daily Pop [N]		Kourtney and Kim		
48	FX	F The Kardashians	The Kardashians	The Kardashians		Daily Pop [N]		The Kardashians		
		M South Park	South Park	South Park	South Park	(:15) South Park [R]	South Park	South Park	South Park	
		T Futurama	[R]	Futurama	[R]	(:15) The Cleveland Show	[R]	Cleveland	Cleveland	
		W South Park	South Park	South Park	South Park	(:15) South Park [R]	South Park	South Park	South Park	
49	PARMT	Th Chappelle's	Chappelle's	Chappelle's	Chappelle's	Chappelle's	Chappelle's	Chappelle's	Chappelle's	
		F South Park	South Park	South Park	South Park	(:15) South Park [R]	South Park	South Park	South Park	
50	ESPN	(6:00) Movie	Mike & Molly	Varied Programs						
51	ESPN2	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		
52	ESPN	(7:00) Get Up		First Take				SportsCenter		
53	ESPN2	SportsCenter		Get Up				First Take		
54	FNC	America's Newsroom With Bill Hemmer & Dana Perino				The Faulkner Focus		Outnumbered		
55	CNN	CNN Newsroom With Poppy		CNN Newsroom With Poppy		CNN Newsroom		Inside Politics		
56	CNN2	Morning Express		Morning Express		Varied Programs				
58	MSNBC	MSNBC Live		MSNBC Live		MSNBC Live		Andrea Mitchell Reports		
59	CNBC	Squawk on the Street				Squawk Alley		Fast Money Halftime Report		
60	OXY	Varied Programs						Snapped		
61	FOOD	Varied Programs								
65	TRUTV	Imp. Jokers	Imp. Jokers	In.-Carbonaro	In.-Carbonaro	In.-Carbonaro	In.-Carbonaro	World's Dumbest ...		
66	ANPL	The Secret Life of the Zoo		The Zoo		Treehouse Masters		Tanked		
67	BIGTEN	Varied Programs								
70	TRAV	M UFOs: Uncovering the Truth	UFOs: Uncovering the Truth		UFOs: Uncovering the Truth		UFOs: The Lost Evidence			
		T The Holzer Files [R]	The Holzer Files [R]		The Holzer Files [R]		The Holzer Files [R]			
		W World's Most Unexplained	World's Most Unexplained		World's Most Unexplained		World's Most Unexplained			
		Th Terror in the Woods [R]	Terror in the Woods [R]		Terror in the Woods [R]		Terror in the Woods [R]			
71	BET	F Paranormal Caught- Camera	Paranormal Caught- Camera		Paranormal Caught- Camera		Paranormal Caught- Camera			
		Martin	Martin	Martin	Martin	The Parkers	The Parkers	The Parkers	The Parkers	
72	H&G	Varied Programs								
131	HALL	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Movie				

WEEKDAY AFTERNOON													
	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
2 WBBM	Young/Restless	Bold/Beautiful	The Talk		The Drew Barrymore Show		Dr. Phil		Judge Judy	Judge Judy	News	Evening News	
3 WIFR	News	Bold/Beautiful	The Talk		Let's Make a Deal		The Kelly Clarkson Show		News at Four	Inside Edition	23 News at Five	Evening News	
4 WTVO	GMA3: What You Need to Know		General Hospital		The Dr. Oz Show		Family Feud	Family Feud	Judge Judy	Judge Judy	Eyewitness	World News	
5 WMAQ	Days of our Lives		Access Daily		The Kelly Clarkson Show		The Ellen DeGeneres Show		NBC 5 News at 4pm		NBC 5 News	Nightly News	
6 WQRF	Divorce Court	Divorce Court	Judge Mathis		Maury		The Drew Barrymore Show		The Ellen DeGeneres Show		Mom	Mom	
7 WLS	GMA3: What You Need to Know		Windy City Live		General Hospital		Inside Edition	Jeopardy!	ABC7 Eyewitness News at 4pm		News at 5pm	World News	
9 WGN	WGN Midday News		Maury		Maury		DailyMailTV	DailyMailTV	WGN Early Evening News		WGN Evening News		
10 WGBO	Hoy		Papá a toda madre		Como dice el dicho		(2:59) El gordo y la flaca		(3:58) Primer impacto		Noticias Univisi	Noticiero Univ.	
11 WTTW	Dinosaur Train	Clifford-Dog	Sesame Street	Elinor Wonders	Hero Elementary	Let's Go Luna!	Nature Cat	Wild Kratts	Molly of Denali	Xavier Riddle	Odd Squad	Arthur	
12 WCPX	Varied Programs												
13 WREX	News	Days of our Lives		Tamron Hall		25 Words/Less		Dr. Phil		Jeopardy!	Jeopardy!	13 News at Five	Nightly News
19 TLN	M*A*S*H	M*A*S*H	Lidia's Kitchen	Italian Soccer	Varied Programs				Mexican Table		Magnifica Italia	Lidia's Kitchen	
29 TBS	M Friends	Friends	American Dad	American Dad	American Dad	American Dad	Bob's Burgers	Bob's Burgers	Bob's Burgers	Family Guy	Family Guy	Family Guy	
	T Friends	Friends	Friends	Friends	Friends	Friends	American Dad	American Dad	American Dad	American Dad	Family Guy	Family Guy	
	W Friends	Friends	Friends	Friends	Friends	Friends	American Dad	American Dad	American Dad	American Dad	Family Guy	Family Guy	
	Th Friends	Friends	Friends	Friends	Friends	Friends	American Dad	American Dad	American Dad	American Dad	Big Bang Theory	Big Bang Theory	
	F Friends	Friends	Friends	Friends	Friends	Friends	American Dad	American Dad	American Dad	American Dad	Family Guy	Family Guy	
31 NICK	PAW Patrol	PAW Patrol	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	Tooned In	SpongeBob	The Loud House	The Loud House	
33 DISN	Big City Greens	Big City Greens	Varied Programs		Jessie	Jessie	Big City Greens	Big City Greens	Bunk'd	Bunk'd	Jessie	Jessie	
34 USA	Varied Programs												
35 TNT	(1:00) Supernatural		Varied Programs										
37 NSCH	Varied Programs												
38 LIFE	Major Crimes		Major Crimes		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		
39 AMC	M Pelham 123	*** "Face/Off" (1997, Action) John Travolta, Nicolas Cage, Joan Allen. [R]						*** "Double Jeopardy" (1999, Suspense) Tommy Lee Jones, Ashley Judd. [R]					
	T (11:45) ** "The Hobbit: The Battle of the Five Armies" (2014) Ian McKellen, Martin Freeman. [R]							*** "The Green Mile" (1999, Drama) Tom Hanks, David Morse, Michael Clarke Duncan. [R]					
	W (10:30) *** "Platoon" (1986)			** "12 Strong" (2018, War) Chris Hemsworth, Michael Shannon, Michael Peña. [R]				** "Unbroken" (2014) Jack O'Connell, Domhnall Gleeson. [R]					
	Th ** "Talladega Nights: The Ballad of Ricky Bobby"			*** "Ferris Bueller's Day Off" (1986, Comedy) Matthew Broderick, Alan Ruck. [R]				**** "Forrest Gump" (1994) Tom Hanks, Robin Wright. [R]					
F (1:15) * "Fool's Gold" (2008, Action) Matthew McConaughey, Kate Hudson. [R]					(4:45) ** "Caddyshack" (1980) Chevy Chase, Rodney Dangerfield. [R]				(4:45) ** "Police Academy" (1984) Kim Cattrall [R]				
40 FREE	The Middle	Varied Programs											
42 TLC	Varied Programs												
43 DISC	Varied Programs												
44 HIST	M American Pickers	[R] [R]	American Pickers [R] (DVS)		American Pickers [R] (DVS)		American Pickers [R] (DVS)		American Pickers "Van-Tastic" [R]		American Pickers "Mr. Whizzer"		
	T Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	[R] [R] (DVS)	Counting Cars [R] (DVS)	Counting Cars [R] (DVS)	Counting Cars "The Magic Bus"	Assembly Required [R] [R]		
	W Modern Marvels	[R] [R]	Assembly Required [R] [R]		Forged in Fire "Talwar" [R] [R]		Forged in Fire [R] [R] (DVS)		Forged in Fire "The Nagamaki" [R]		Forged in Fire [R] [R] (DVS)		
	Th Pawn Stars	"Triple Crown Pawn"	Pawn Stars "Pawnsposion" [R]		Swamp People "One Man Army"		Swamp People "Casanova Gator"		Swamp People "The Cannibal" [R]		Swamp People [R] [R] (DVS)		
F (11:00) Ancient Aliens	[R] [R]	Ancient Aliens "Alien Messages"		Ancient Aliens [R] [R]		Ancient Aliens [R] [R] (DVS)		Ancient Aliens [R] [R] (DVS)		Ancient Aliens [R] [R] (DVS)			
45 A&E	Varied Programs												
46 E!	M The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	Take Miami	Take Miami	Take Miami	Chrisley Knows	Chrisley Knows	
	T Take Miami	Take Miami	Take Miami	Take Miami	Take Miami	Take Miami	Take Miami	Take Miami	Take Miami	The Kardashians	Chrisley Knows	Chrisley Knows	
	W Khloé and Lamar	Khloé and Lamar	Khloé and Lamar	Khloé and Lamar	Khloé and Lamar	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	Modern Family	Modern Family	
	Th Kourtney & Kim Take New York	Take New York	Kourtney & Kim Take New York	Take New York	Kourtney & Kim Take New York	Take New York	Kourtney & Kim Take New York	Kourtney & Kim Take New York	Kourtney & Kim Take New York	Kourtney & Kim Take New York	Modern Family	Modern Family	
F Keeping Up With the Kardashians	Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		Modern Family		
47 COM	M South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	The Office [R]	The Office [R]	The Office [R]	The Office [R]	
	T Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	The Office [R]	The Office [R]	The Office [R]	The Office [R]	The Office [R]	The Office [R]	
	W South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	
	Th Chappelle Show	Chappelle Show	Chappelle Show	Chappelle Show	Chappelle Show	Chappelle Show	Chappelle Show	Chappelle Show	Chappelle Show	Chappelle Show	Chappelle Show	Chappelle Show	
F The Office [R]	The Office [R]	The Office [R]	The Office [R]	The Office [R]	The Office [R]	The Office [R]	The Office [R]	The Office [R]	The Office [R]	The Office [R]	The Office [R]	The Office [R]	
48 FX	(11:30) Movie		Varied Programs										
49 PARMT	Bar Rescue		Mom	Mom	Mom	Mom	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	
51 ESPN	SportsCenter		Jalen & Jacoby	Questionable	Varied Programs		NFL Live		Around the Horn		SportsCenter		
52 ESPN2	(11:00) First Take		SportsCenter	Varied Programs	NBA: The Jump		Varied Programs		NFL Live		Varied Programs	Daily Wager	
54 FNC	America Reports With John Roberts & Sandra Smith				The Story With Martha MacCallum		Your World With Neil Cavuto		The Five		Special Report With Bret Baier		
55 CNN	CNN Newsroom-Brianna Keilar		CNN Newsroom-Brianna Keilar		CNN Newsroom-Brooke Baldwin		The Lead With Jake Tapper		Situation Room With Wolf		Situation Room With Wolf		
56 CNN2	Varied Programs												
58 MSNBC	MTP Daily		MSNBC Live With Katy Tur		MSNBC Live w/Ayman Mohyeldin		Deadline: White House				The Beat With Ari Melber		
59 CNBC	The Exchange		Power Lunch		Closing Bell						Fast Money	Varied Programs	Mad Money
63 OXY	Snapped		Snapped		Snapped		Snapped		Snapped		Varied Programs		
64 FOOD	Chopped	Varied Programs		Chopped	Varied Programs		Chopped	Varied Programs					
65 TRUTV	World's Dumbest ...		World Dumbest	Varied Programs	World Dumbest	Varied Programs	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	
66 ANPL	Pit Bulls and Parolees		Pit Bulls and Parolees		Lone Star Law		Varied Programs						
67 BIGTEN	Varied Programs											To Be Announced	
70 TRAV	M UFOs: The Lost Evidence [R]	UFOs: The Lost Evidence [R]		UFOs: The Lost Evidence [R]		UFOs: The Lost Evidence [R]		UFOs: The Lost Evidence [R]		UFOs: The Lost Evidence [R]		The Alaska Triangle [R]	
	T The Holzer Files [R]	The Holzer Files [R]		The Holzer Files [R]		The Holzer Files "Bloodline" [R]		The Holzer Files "Edge of the Veil"		The Holzer Files "Tell Me No Lies"			
	W World's Most Unexplained [R]	World's Most Unexplained [R]		World's Most Unexplained [R]		Mysteries of the Unknown [R]				Mysteries of the Unknown [R]			
	Th Terror in the Woods [R]	Terror in the Woods [R]		Terror in the Woods [R]		Terror in the Woods [R]		Terror in the Woods [R]		Terror in the Woods [R]			
F Paranormal Caught on Camera	Paranormal Caught on Camera		Paranormal Caught on Camera		Paranormal Caught on Camera		Paranormal Caught on Camera		Paranormal Caught on Camera		Paranormal Caught on Camera		
71 BET	Meet the Browns	Meet the Browns	Meet the Browns	Meet the Browns	Movie		Varied Programs						
72 H&G	Varied Programs												
131 HALL	Movie				Movie				Movie				

TV LISTINGS

MONDAY EVENING							MARCH 1, 2021						
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
2	WBBM	News	Ent. To-night	Neighbor-hood	Bob-Abishola	All Rise ♀	Bull "Prison Break" ♀		News	Late Show-Colbert	James Corden		
3	WIFR	23 News at Six (N)	Last Man Standing	Neighbor-hood	Bob-Abishola	All Rise ♀	Bull "Prison Break" ♀		News	Late Show-Colbert	James Corden		
4	WTVO	Eyewit-ness	Ent. To-night	The Bachelor	"The Women Tell All" (N) ♀		The Good Doctor		Eyewit-ness	(:35) Jimmy Kimmel Live! ♀	(:37) Nightline		
5	WMAQ	NBC5 News	Ac. Hol-lywood	The Voice	"The Blind Auditions Season Premiere" (Season Premiere) (N) ♀		(:01) Debris "Pilot" ♀		NBC 5 News	Tonight Show-J. Fallon	Seth Meyers		
6	WQRF	Big Bang Theory	Big Bang Theory	9-1-1 "There Goes the Neighborhood"	(01) 9-1-1: Lone Star "Displaced"		Eyewitness News at Nine (N)		Modern Family	GN Sports	Two and Half Men	Two and Half Men	
7	WLS	News at 6pm	Wheel of Fortune	The Bachelor	"The Women Tell All" (N) ♀		The Good Doctor		News at 10pm	(:35) Jimmy Kimmel Live! ♀	(:37) Nightline		
9	WGN	WGN Evening News (N) ♀		black-ish		black-ish ♀	Last Man Standing	Last Man Standing	WGN News at Nine (N) ♀ (Live) ♀	News at Ten	GN Sports	Gold-bergs	Two and Half Men
10	WGBO	La Rosa de Guadalupe (SS)		Te doy la vida		Amor eterno (N)		Como tú no hay dos	Noticias Univisión	Noticiero Uni	Contacto deportivo		
11	WTTW	PBS NewsHour (N) ♀		Chicago Tonight		Dolly Parton & Friends: 50 Years at the Opry ♀		Last of the Breed ♀			World News	Tower of Power	
12	WCPX	NCIS: Los Angeles "Plan B" ♀		NCIS: Los Angeles "Imposters" ♀		NCIS: Los Angeles "Familia" ♀		NCIS: Los Angeles "Lange, H." ♀		NCIS: Los Angeles "Cyber Threat" ♀	NCIS: Los Angeles "Backstopped" ♀		
13	WREX	13 News at Six (N)	Wheel of Fortune	The Voice	"The Blind Auditions Season Premiere" (Season Premiere) (N) ♀		(:01) Debris "Pilot" ♀		13 News at 10 (N)	Tonight Show-J. Fallon	Seth Meyers		
19	TLN	M*A*S*H	M*A*S*H	Incredible Homes		Nigelliss	Classic		Lidia	Lidia	M*A*S*H	M*A*S*H	Finding Your Roots
29	TBS	Family Guy ♀	Family Guy ♀	Family Guy ♀	Family Guy ♀	Family Guy ♀	Family Guy ♀	American Dad ♀	American Dad ♀	Conan (N) ♀	Seinfeld ♀	Seinfeld ♀	Conan ♀
31	NICK	Casa	Loud	Loud	Loud	Sheldon	Sheldon	Friends	Friends	Friends	Friends	Friends	Friends
33	DISN	Raven	Raven	Jessie	Jessie	Raven	Raven	Big City	Bunk'd	Bunk'd	Sydney	Jessie	Jessie
40	USA	Chicago P.D. ♀		WWE Monday Night (DVS)		RAW (N) ♀ (Live) ♀				Straight Up	She's the Boss	Straight Up	Straight Up
43	TNT	(4:45) *** "Star Wars: The Last Jedi" (2017) Mark Hamill. ♀		(DVS)		Snowpiercer (N) ♀ (DVS)		Snowpiercer ♀ (DVS)		*** "Star Wars: The Force Awakens" (2015) Harrison Ford. ♀ (DVS)			
47	NSCH	Hurt	Bulls	(6:55) NBA Basketball				Post		Hurt	UFA		Basket
48	LIFE	Rizzoli & Isles "Mis-conduct Game"		Rizzoli & Isles "Deadly Harvest"		Rizzoli & Isles "Face Value" ♀		(:03) Rizzoli & Isles ♀		(:03) Rizzoli & Isles ♀		(:01) Rizzoli & Isles "Deadly Harvest"	
49	AMC	*** "The Green Mile" (1999, Drama) Tom Hanks, David Morse, Michael Clarke Dun-can, 'R' ♀						(4:04) ** "The Hobbit: The Battle of the Five Armies" (2014) Ian McKellen. ♀					
49	FREE	(5:30) *** "Hercules" ♀		** "Jumanji" (1995) Robin Williams. ♀						The 700 Club ♀		Simpson	Simpson
49	TLC	1000-Lb. Sisters "Everybody Hurts"		My Feet Are Killing Me ♀		My Feet Are Killing Me "Corn Crazy"		1000-Lb. Sisters "Labor of Love" (N)		1000-Lb. Sisters "Everybody Hurts"		My Feet Are Killing Me ♀	
49	DISC	Street Outlaws: Full Throttle (N) ♀		Street Outlaws "New Rules, New Road" (N) ♀						(:01) Street Outlaws "The Aftermath" ♀		Street Outlaws ♀	
49	HIST	American Pickers "Midwest Mayhem"		American Pickers ♀ (DVS)		American Pickers "Hollywood Hot Rods; Wild and Wacky Picks" (N) ♀				(:05) American Pick-ers ♀		(:03) American Pick-ers ♀	
49	A&E	The First 48 "Dead Stop; Uninvited" ♀		The First 48 "Blood Feud" ♀		The First 48 "M.I.A." ♀		(:01) The First 48 "Killer Contact" ♀		The First 48 Pres-ents Critical		(:03) The First 48 "Blood Feud" ♀	
49	COM	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Nightly Pop (N)		Miami	Miami
49	E!	Office	Office	Office	Office	Office	Office	Office	Office	Daily	Office	South Pk	South Pk
49	FX	(4:00) *** "Wid-ows" (2018) ♀		** "The Fate of the Furious" (2017, Action) Vin Diesel, Dwayne Johnson, Charlize Theron. ♀						** "Skyscraper" (2018) Dwayne Johnson, Neve Campbell, Chin Han. ♀			
49	PARMT	Movie ♀					*** "Scarface" (1983, Crime Drama) Al Pacino, Michelle Pfei-fer, Steven Bauer. ♀						
51	ESPN	College Basketball North Carolina at Syracuse. (N) (Live)			College Basketball Teams TBA.			SportsCenter (N) (Live) ♀			SportsCenter (N) (Live) ♀		
52	ESPN2	Women's College Basketball Baylor at Texas. (N) (Live)			College Basketball Teams TBA. (Taped)			HBCU Football: Our Time					
54	FNC	FOX Primetime		Tucker Carlson		Hannity (N) ♀		Ingraham		Fox News at Night		Tucker Carlson	
55	CNN	Erin Burnett Out-Front (N) ♀		Anderson Cooper 360 (N) (Live) ♀		Cuomo Prime Time (N) (Live) ♀		CNN Tonight With Don Lemon (N)		CNN Tonight With Don Lemon (N)		Anderson Cooper 360	
55	CNN2	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic
55	MSNBC	The ReidOut (N) (Live)		All In With Chris Hayes (N) ♀		The Rachel Maddow Show (N) (Live)		The Last Word		The 11th Hour With Brian Williams (N)		The Rachel Maddow Show	
59	CNBC	Shepard Smith		Shark Tank ♀		Shark Tank ♀		Shark Tank ♀		Shark Tank ♀		Shepard Smith	
59	OXY	NCIS "High Tide"		NCIS ♀		NCIS "Family Ties"		NCIS ♀		NCIS ♀		NCIS: Los Angeles	
60	FOOD	Baking	Baking	Spring Baking		Spring Baking		Easter Basket		The Big Bake (N)		Spring Baking	
65	TRUTV	Imp. Jok-ers	Imp. Jok-ers	Imp. Jok-ers	Imp. Jok-ers	Imp. Jok-ers	Imp. Jok-ers	* "The Bounty Hunter" Aniston, Gerard Butler. ♀		(2010) Jennifer		(:15) * "The Bounty Hunter"	
65	ANPL	The Last Alas-kans ♀		Alaska: The Last Frontier: Edge "Predator Problems" (N) ♀		The Frozen		Homestead Rescue: Survival Shelter (N) ♀				Alaska- Last Fron-tier	
67	BIGTEN	B1G Football in 60		B1G Football in 60		Campus Eats	The B1G Story	The B1G Show ♀		B1G Football in 60		B1G Football in 60	
70	TRAV	The Alaska Tri-angle		The Alaska Triangle National Portals" (N) ♀		"Bigfoot and Super-		Aliens in Alaska "Men in Black" (N)		UFOs: Uncovering the Truth ♀		The Alaska Tri-angle	
71	BET	"Tyler Perry's The Family That Preys"				** "Tyler Perry's Why Did I Get Married?" (2007) ♀						Martin	Martin
72	H&G	100 Day Dream		100 Day Dream		(:01) Ty Breaker (N)		Rock the Block		(:02) Ty Breaker		Ty Breaker ♀	
131	HALL	"A Winter Getaway" (2021) Nazneen Contractor, Brooks Darnell					"Yes, I Do" (2018, Romance-Comedy) Jen Lillev, Marcus Rosner. ♀				Golden Girls	Golden Girls	Golden Girls

TUESDAY EVENING							MARCH 2, 2021					
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2	WBBM	News	Ent. Tonight	NCIS "True Believer" (N) o	FBI "Discord" (N) o	FBI: Most Wanted "Winner" (N) o	News	Late Show-Colbert	James Corden			
3	WIFR	23 News at Six (N)	Last Man Standing	NCIS "True Believer" (N) o	FBI "Discord" (N) o	FBI: Most Wanted "Winner" (N) o	News	Late Show-Colbert	James Corden			
4	WTVO	Eyewitness	Ent. Tonight	To Tell the Truth (N) o (DVS)	black-ish (N) o	mixed-ish (N)	Soul of a Nation o	Eyewitness	(:35) Jimmy Kimmel Live! o	(:37) Nightline		
5	WMAQ	NBC5 News	Ac. Hollywood	Young Rock (N)	Kenan (N) o	The Voice (N) o	(:01) New Amsterdam o (DVS)	NBC 5 News	Tonight Show-J. Fallon	Seth Meyers		
6	WQRF	Big Bang Theory	Big Bang Theory	The Resident "Hero Moments" (N) o	(:01) Prodigal Son "Face Value" (N)	Eyewitness News at Nine (N)	Modern Family	GN Sports	Two and Half Men	Two and Half Men		
7	WLS	News at 6pm	Wheel of Fortune	To Tell the Truth (N) o (DVS)	black-ish (N) o	mixed-ish (N)	Soul of a Nation o	News at 10pm	(:35) Jimmy Kimmel Live! o	(:37) Nightline		
9	WGN	WGN Evening News (N) o	black-ish o	black-ish o	Last Man Standing	Last Man Standing	WGN News at Nine (N) o (Live) o	News at Ten	GN Sports	Gold-bergs	Two and Half Men	
10	WGBO	La Rosa de Guadalupe (SS)	Te doy la vida		Amor eterno (N)		Como tú no hay dos	Noticias Univision	Noticiero UN	Contacto deportivo		
11	WTTW	PBS NewsHour (N) o	Chicago Tonight	Rise Up: Songs of the Women's Movement o			Henry Louis Gates, Jr. -- Uncovering America o		Rise Up: Songs of the Women's Movement o			
12	WCPX	NCIS: New Orleans "Predators" o	NCIS: New Orleans o		NCIS: New Orleans "Carrier" o		NCIS: New Orleans "Breaking Brig" o	NCIS: New Orleans "The Recruits" o	NCIS: New Orleans			
13	WREX	13 News	Wheel of Fortune	Young Rock (N)	Kenan (N) o	The Voice (N) o	(:01) New Amsterdam o (DVS)	13 News at 10 (N)	Tonight Show-J. Fallon	Seth Meyers		
14	TLN	M*A*S*H	M*A*S*H	Alex Polizzi's	Neven's	Top Ta	Best	A Taste	M*A*S*H	M*A*S*H	Our Dream Hotel	
20	TBS	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	The Mis-ery Index	Conan (N) o	The Mis-ery Index o	Seinfeld	Conan o
31	NICK	"SpongeBob Movie"			Sheldon	Sheldon	Friends	Friends	Friends	Friends o		Friends
33	DISN	Raven	Raven	Big City	Big City	Big City	Big City	Bunk'd	Bunk'd	Sydney	Jessie	Jessie
40	USA	Law & Order: Special Victims Unit o	Law & Order: Special Victims Unit o	Law & Order: Special Victims Unit o	Law & Order: Special Victims Unit o		Temptation Island (N) o	Law & Order: Special Victims Unit o	Law & Order: Special Victims Unit o			
55	TNT	"Star Wars"	NBA Basketball Los Angeles Clippers at Boston Celtics. (N Subject to Blackout) (Live) o				NBA Basketball Phoenix Suns at Los Angeles Lakers. (N Subject to Blackout) (Live) o					NBA on TNT
57	NSCH	N.D. Bsk. Hurt	Pregame (:25) NHL Hockey						Post	Pro Footvolley Tour	Hockey	
58	LIFE	Rizzoli & Isles "Hide and Seek"	Rizzoli & Isles "Murderjuana"	Rizzoli & Isles "Murderjuana"	Rizzoli & Isles "Scared to Death"	(:03) Rizzoli & Isles "East Meets West"	(:03) Rizzoli & Isles "Bomb Voyage"	(:03) Rizzoli & Isles "Bomb Voyage"	(:01) Rizzoli & Isles "Murderjuana"			
59	AMC	(3:00) *** "The Green Mile" (1999)	*** "Unbroken" (2014, Biography) Jack O'Connell, Domhnall Gleeson, Garrett Hedlund. Premiere. "PG-13" o				*** "12 Strong" (2018, War) Chris Hemsworth, Michael Shannon. "R" o					
40	FREE	(5:00) *** "Jumanji"	(1995)	*** "The Game Plan" (2007, Children's) o				The 700 Club o	Simpson	Simpson		
42	TLC	OutDaughtered o	OutDaughtered	"Quints' Night Out" (N) o			Unpolished (N) o	(:01) Sister Wives o	OutDaughtered	"Quints' Night Out"		
43	DISC	Moonshiners: Outlaw Cuts (N) o	Moonshiners "Another Man's Mash" (N) o				Moonshiners "Pot-Still Vodka" o	Moonshiners o	Moonshiners o			
44	HIST	The Curse of Oak Island o	Oak Island: Digging Deeper				(:03) Assembly Required (N) o	(:05) The Curse of Oak Island o	Oak Island: Digging Deeper			
45	A&E	The First 48 o	The First 48 "Cranked" o				(:01) The First 48 o	(:04) The First 48 o	(:03) The First 48 "Cranked" o			
46	E!	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Nightly	Kardash	Kardash	
47	COM	Office	Office	Drunk	Drunk	Drunk	Office	Office	Daily	South Pk	South Pk	South Pk
48	FX	(5:00) "Neighbors 2: Sorority Rising"	*** "Girls Trip" (2017, Comedy) Regina Hall, Queen Latifah, Jada Pinkett Smith. o				*** "Girls Trip" (2017, Comedy) Regina Hall, Queen Latifah, Jada Pinkett Smith. o					
49	PARMT	*** "Scarface" (1983, Crime Drama) Al Pacino, Michelle Pfeiffer, Steven Bauer. o					*** "Inglourious Basterds" (2009, War) Brad Pitt, Mélanie Laurent, Christoph Waltz. o					
51	ESPN	College Basketball Illinois at Michigan. (N) (Live)			College Basketball Teams TBA.			SportsCenter With Scott Van Pelt (N)	(Sports)Center (N) (Live) o			
52	ESPN2	College Basketball Teams TBA. (Taped)			College Basketball Teams TBA.			Basket-	NFL Live		Ariel Helwani's	
54	FNC	FOX Primetime	Tucker Carlson		Hannity (N) o	Ingraham		Fox News at Night	Tucker Carlson			
55	CNN	Erin Burnett Out-Front (N) o	Anderson Cooper 360 (N) (Live) o		Cuomo Prime Time (N) (Live) o	CNN Tonight With Don Lemon (N)		CNN Tonight With Don Lemon (N)	Anderson Cooper 360 o			
56	CNN2	Lies-Crimes	Lies-Crimes		Forensic	Forensic	Forensic	Forensic	Forensic	Forensic		
58	MSNBC	The ReidOut (N) (Live) o	All In With Chris Hayes (N) o		The Rachel Maddow Show (N) (Live)	The Rachel Maddow Show (N) (Live)	The Last Word	The 11th Hour With Brian Williams (N)	The Rachel Maddow Show o			
59	CNBC	Shepard Smith	Shark Tank o		Shark Tank o		The Profit (N) o	The Profit o	Shepard Smith			
59	OXY	Dateline: Secrets	Dateline: Secrets		Dateline: Secrets		Dateline: Secrets	Dateline: Secrets	Dateline: Secrets			
60	FOOD	Chopped o	Chopped o		Chopped o		Chopped o	Chopped o	Chopped o			
65	TRUTV	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Imp. Jokers	Imp. Jokers	Imp. Jokers	Inside Jokes	Inside Jokes	
66	ANPL	Animal Crips o	Insane Pools: Deeper Dive (N) o				Treehouse Masters: (N) o	Ultimate Builds	Insane Pools: Deeper Dive o			
67	BIGTEN	College Soccer o			College Soccer o			Ohio State Football Classic o	Michigan State Football Classic			
70	TRAV	The Holzer Files o	The Holzer Files "Phantom Hand"		The Holzer Files "Forever Home" (N)		The Holzer Files "Final Word" o	The Holzer Files "Death to Tyrants"	The Holzer Files "Phantom Hand"			
71	BET	"Tyler Perry's Why Did I Get Married?"			T. Perry's The Oval	T. Perry's Ruthless	T. Perry's The Oval	T. Perry's The Oval	Martin	Martin		
72	H&G	Rehab Addict	Fixer to Fabulous		Home Again	Hunters	Hunt Intl	Hunters	Hunt Intl	Home Again		
131	HALL	"The Color of Rain" (2014, Drama) Lacey Chabert, Warren Christie. o			"It Was Always You" (2021, Romance) Erin Krakow, Tyler Hynes. o			Golden Girls	Golden Girls	Golden Girls	Golden Girls	

WEDNESDAY EVENING								MARCH 3, 2021					
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
2	WBBM	News	Ent. To-night	Tough as Nails (N)	SEAL Team "Cover for Action" (N)		S.W.A.T. "Buried" (N)		News	Late Show-Colbert	James Corden		
3	WIFR	23 News at Six (N)	Last Man Standing	Tough as Nails (N)	SEAL Team "Cover for Action" (N)		S.W.A.T. "Buried" (N)		News	Late Show-Colbert	James Corden		
4	WTVO	Eyewitness	Ent. To-night	Gold-bergs	House-wife	The Con-ners (N)	Call Your Mother	The Con "The Fyre Festival Con" (N)	Eyewitness	(:35) Jimmy Kimmel Live!	(:37) Nightline		
5	WMAQ	NBC5 News	Ac. Hol-lywood	Chicago Med	(DVS)	Chicago Fire	(DVS)	Chicago P.D. "Unfor-given"	NBC 5 News	Tonight Show-J. Fallon	Seth Meyers		
6	WQRF	Big Bang Theory	Big Bang Theory	Name That Tune (Season Finale) (N)	Episode 9; Episode 10 (DVS)			Eyewitness News at Nine (N)	Modern Family	GN Sports	Two and Half Men	Two and Half Men	
7	WLS	News at 6pm	Wheel of Fortune	Gold-bergs	House-wife	The Con-ners (N)	Call Your Mother	The Con "The Fyre Festival Con" (N)	News at 10pm	(:35) Jimmy Kimmel Live!	(:37) Nightline		
9	WGN	WGN Evening News (N)		black-ish	black-ish	Last Man Standing	Last Man Standing	WGN News at Nine (N)	News at Ten	GN Sports	Gold-bergs	Two and Half Men	
10	WGBO	La Rosa de Guadalupe (SS)		Te doy la vida		Amor eterno (N)		Como tú no hay dos	Noticias Univisión	Noticiero Uni	Contacto deportivo		
11	WTTW	PBS NewsHour (N)	Chicago Tonight	Nature "Equus: Story of the Horse: Chasing the Wind"				Rick Steves Hunger and Hope: Lessons From Ethiopia	Ken Burns: The National Parks				
12	WCPX	Blue Bloods "Backstabbers"		Blue Bloods "Rush to Judgment"		Blue Bloods "The Bullitt Mustang"		Blue Bloods "Un-sung Heroes"	Blue Bloods "Hold Outs"		Blue Bloods "Flags of Our Fathers"		
13	WREX	13 News at Six (N)	Wheel of Fortune	Chicago Med	(DVS)	Chicago Fire	(DVS)	Chicago P.D. "Unfor-given"	13 News at 10 (N)	Tonight Show-J. Fallon	Seth Meyers		
19	TLN	M*A*S*H	M*A*S*H	Simply	Gino's	Sicily	Classic	Nevens	Neven's	M*A*S*H	M*A*S*H	Alex Polizzi's	
29	TBS	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Full Fron-tal	Conan (N)	Full Fron-tal	Seinfeld	Conan
31	NICK	Casa Loud	Loud	Loud	Loud	Sheldon	Sheldon	Friends	Friends	Friends	Friends	Friends	Friends
33	DISN	Raven	Raven	Sydney	Sydney	Raven	Raven	Big City	Bunk'd	Bunk'd	Sydney	Jessie	Jessie
34	USA	NCIS	(DVS)	WWE NXT (N)	(Live)			(:08) ** "I, Robot" Bridge Moynahan.	(2004, Science Fiction) (DVS)	Will Smith, She's the Boss			
35	TNT	(4:15) ** "The Equalizer" (2014)		All Elite Wrestling: Dynamite (N) (Live)				All Elite Wrestling: Dynamite (N)	** "Kick-Ass 2" (2013, Action) Aaron Taylor-Johnson. Premiere.	Aaron			
37	NSCH	Sports	Bulls	(6:55) NBA Basketball				Post	Hurt	UFA		Basket	
38	LIFE	Married-Sight	Married-Sight	Married at First Sight (N)	"Face to Face" (N)			(:03) Marring Millions (N)	(:03) Marring Millions (N)	(:01) Married at First Sight			
39	AMC	(4:00) ** "Unbro-ken" (2014) "PG-13"		**** "Forrest Gump" (1994, Comedy-Drama) Robin Wright, Gary Sinise. "PG-13"	Tom Hanks,			** "Talladega Nights: The Ballad of Ricky Bobby" (2006) Will Ferrell. "PG-13"					
40	FREE	10	*** "Cinderella" (2015) Kate Blanchett.				Good Trouble (N)	The 700 Club	Simpson / Simpson				
42	TLC	(5:00) My 600-Lb. Life		My 600-Lb. Life (N)			My Feet Are Killing Me (N)	Half-Ton Killer: Transformed	My 600-Lb. Life				
43	DISC	Airplane Repo "Panic at 10,000"		Airplane Repo "Airbus International" (N)			Airplane Repo "Saint Croix Swipe"	Airplane Repo "Div-ing for Repos"	Airplane Repo "Air-bus International"				
44	HIST	Forged in Fire		Forged in Fire		Forged in Fire (N)	(:03) Assembly Re-quired	(:03) Forged in Fire	(:03) Forged in Fire				
45	A&E	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam (N)	TBA	I Sur-vived	I Sur-vived	Court Cam	Court Cam	Court Cam	Court Cam
46	E!	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Nightly	Kardash	Kardash	
47	COM	South Pk	South Pk	TBA	South Pk	South Pk	South Pk	South Pk	South Pk	Daily	South Pk	South Pk	South Pk
48	FX	*** "Iron Man 3" (2013, Action) Robert Downey Jr., Gwyneth Paltrow, Don Cheadle.						Snowfall "All the Way Down" (N)	Snowfall "All the Way Down" (N)	Snowfall "Re-Entry"			
49	PARMT	*** "Tombstone" (1993, Western) Kurt Russell, Val Kilmer, Michael Biehn.						*** "Tombstone" (1993, Western) Kurt Russell, Val Kilmer, Michael Biehn.					
51	ESPN		NBA Basketball Teams TBA.				(:05) NBA Basketball	Golden State Warriors at Portland Trail Blazers. (N) (Live)					
52	ESPN2	College Basketball Teams TBA.			College Basketball Teams TBA.			SportsCenter (N) (Live)			NFL Live		
54	FNC	FOX Primetime	Tucker Carlson		Hannity (N)		Ingraham		Fox News at Night		Tucker Carlson		
55	CNN	Erin Burnett Out-Front (N)	Anderson Cooper 360 (N) (Live)		Cuomo Prime Time (N)		CNN Tonight With Don Lemon (N)		CNN Tonight With Don Lemon (N)		Anderson Cooper 360		
56	CNN2	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	
58	MSNBC	The ReidOut (N) (Live)	All In With Chris Hayes (N)		The Rachel Maddow Show (N) (Live)		The Last Word		The 11th Hour With Brian Williams (N)		The Rachel Maddow Show		
59	CNBC	Shepard Smith	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		
60	OXY	Cold Justice	Cold Justice (N)		Snapped		Snapped		Dateline: Secrets Uncovered "Ransom"		Guy's Games		
64	FOOD	Guy's Games	Guy's Games		Guy's Games		Guy's Games		Guy's Games		Guy's Games		
65	TRUTV	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Imp. Jok-ers	Imp. Jok-ers	Fast Foodies	Fast Foodies	Imp. Jok-ers	Imp. Jok-ers
66	ANPL	North Woods Law		North Woods Law: Uncuffed (N)			North Woods Law		North Woods Law		North Woods Law: Uncuffed		
67	BIGTEN	Women's College Volleyball			Women's College Volleyball				Ohio State Football Classic		Michigan State Football Classic		
70	TRAV	(5:00) Mysteries of the Unknown		Mysteries of the Unknown (N)			Beyond the Un-known		Beyond the Un-known		Mysteries of the Unknown		
71	BET	Tyler Perry's Sistas	Tyler Perry's Sistas		Tyler Perry's Sistas		Wives	Bigger	Tyler Perry's Sistas		"Meet the Browns"		
72	H&G	Property Brothers	Hunters		Farmhouse Fixer		Hunt Intl	Hunters	Hunters	Hunt Intl	Farmhouse Fixer		
131	HALL	"Love Takes Flight" (2019, Romance) Nikki DeLoach, Jeff Hephner.			"The Irresistible Blueberry Farm" (2016) Alison Sweeney, Marc Blucas.		Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	

THURSDAY EVENING									MARCH 4, 2021				
		6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2	WBWM	News	Ent. To-night	Young Sheldon	(31) B Positive	(01) Mom (N)	The Unicorn (N)	Clarice "You Can't Rule Me" (N) ☹️		News	Late Show-Colbert	James Corden	
3	WIFR	23 News at Six (N)	Last Man Standing	Young Sheldon	(31) B Positive	(01) Mom (N)	The Unicorn (N)	Clarice "You Can't Rule Me" (N) ☹️		News	Late Show-Colbert	James Corden	
4	WTVO	Eyewitness	Ent. To-night	Celebrity Wheel of Fortune ♻️		The Chase (N) ♫ ☹️ (DVS)		The Chase (Season Finale) (N) ♫		Eyewitness	(35) Jimmy Kimmel Live! ♫ ☹️	(37) Nightline	
5	WMAQ	NBC5 News	Ac. Hollywood	Superstore (N)	Young Rock ♫	Law & Order: Special Victims Unit ♫		Dateline NBC (N) ♫ ☹️		NBC 5 News	Tonight Show-J. Fallon	Seth Meyers	
6	WQRV	Big Bang Theory	Big Bang Theory	Hell's Kitchen "Blind Taste Test"		Call Me Kat (N)	Last Man Standing	Eyewitness News at Nine (N)		Modern Family	GN Sports	Two and Half Men	Two and Half Men
7	WLS	News at 6pm	Wheel of Fortune	Celebrity Wheel of Fortune ♻️		The Chase (N) ♫ ☹️ (DVS)		The Chase (Season Finale) (N) ♫		News at 10pm	(35) Jimmy Kimmel Live! ♫ ☹️	(37) Nightline	
9	WGN	WGN Evening News (N) ☹️		black-ish ♫	black-ish ♫	Last Man Standing	Last Man Standing	WGN News at Nine (N) ♫ (Live) ☹️		News at Ten	GN Sports	Goldbergs	Two and Half Men
10	WGBO	La Rosa de Guadalupe (SS)		Te doy la vida		Amor eterno (N)		Como tú no hay dos		Noticias Univision	Noticiero UN	Contacto deportivo UN	
11	WTTW	PBS NewsHour (N) ♫ ☹️		Chicago Tonight	Downton Abbey Returns! ☹️			I Am Ireland ♫ ☹️			Classical Rewind (My Music) ♫ ☹️		
12	WCXP	Chicago P.D. ♫ ☹️		Chicago P.D. ♫ ☹️		Chicago P.D. "Kasual With a K" ♫		Chicago P.D. "If We Were Normal" ♫		Chicago P.D. "In a Duffel Bag" ☹️		Chicago P.D. "Justice" ♫ ☹️	
13	WREX	13 News at Six	Wheel of Fortune	Superstore (N)	Young Rock ♫	Law & Order: Special Victims Unit ♫		Dateline NBC (N) ♫ ☹️		13 News at 10 (N)	Tonight Show-J. Fallon	Seth Meyers	
13	TLN	M*A*S*H	M*A*S*H	Cook, Italia		Nigellis Italy		Italia Sicily		M*A*S*H	M*A*S*H	No Passport	
23	TBS	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Go-Big Show "This Show is on Fire!"		Wipeout "Blind Date 2012"		Conan (N) ☹️	Go-Big Show "This Show is on Fire!"	Conan ☹️	
31	NICK	Sponge.	Sponge.	"SpongeBob Movie"				Friends	Friends	Friends	Friends	Friends	
33	DISN	Raven	Raven	Jessie	Jessie	Bunk'd	Bunk'd	Big City	Bunk'd	Bunk'd	Sydney	Jessie	Jessie
34	USA	Law & Order: Special Victims Unit ♫		Chrissy Knows	Chrissy Knows	Chrissy Knows	Chrissy Knows	Chrissy Knows	She's the Boss	The Rev (N) ☹️	She's the Boss	Chrissy Knows	Chrissy Knows
35	TNT	Bones "The Cold in the Case" ♫ ☹️		NBA Pre-game		NBA Basketball Miami Heat at New Orleans Pelicans (N Subject to Blackout) (Live) ☹️				The Inside Story (Series Premiere) (N) ☹️		Basketball	
37	NSCH	Sports Pregame		(6:55) NHL Hockey					Post	Sports	N.D. Bsk.	All Ac	Hockey
38	LIFE	Rizzoli & Isles "2M7258-100"		Married at First Sight (N) ☹️		Married at First Sight "Australia: Season 6, Episodes 9 & 10" (N) ☹️				(03) Married at First Sight ☹️		(01) Married at First Sight	
39	AMC	(4:00) *** "Forest Gump"		** "Police Academy" Steve Guttenberg, Kim Cattrall. 'R' ☹️		(1984, Comedy)		(15) ** "Caddyshack" Chevy Chase. 'R' ☹️		(1980, Comedy)		(14) * "Fool's Gold" (2008) ☹️	
40	FREE	(4:30) "Cinderella"		grown-	*** "Willy Wonka and the Chocolate Factory"					The 700 Club ♫		Simpson Simpson	
42	TLC	1000-Lb. Sisters "Dropping Bombs"		1000-Lb. Sisters ♫		1000-Lb. Sisters "Jerry Bites Back"		1000-Lb. Sisters "Everybody Hurts"		1000-Lb. Sisters "Labor of Love" ♫		1000-Lb. Sisters ♫	
43	DISC	BattleBots (N) ♫ (Part 2 of 2)		BattleBots "Shock and Awe" (N) ♫ ☹️				BattleBots "The Desperado Tournament II" ♫ ☹️				BattleBots "Shock and Awe" ♫ ☹️	
44	HIST	Swamp People "The Boneyard" ♫		Swamp People "Heat Wave" ♫		Swamp People "Swamp Secrets"		Swamp People: Serpent Invasion		(05) Swamp People "The Boneyard" ♫		(03) Swamp People "Swamp Secrets"	
45	A&E	The First 48 ♫ ☹️		The First 48 ♫ ☹️		The First 48 ♫ ☹️		(01) The First 48 "Fatal Mistake" ♫		(04) The First 48 "Trap House" ♫		(03) The First 48 ♫ ☹️	
46	E!	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Nightly	Kourtney and Kim	
47	COM	Chap	Chap	Chap	Chap	Chap	Chap	Chap	Chap	TBA	South Pk	South Pk South Pk	
48	FX	(4:00) *** "Iron Man 3" (2013) ♫		** "The House With a Clock in Its Walls" (2018) Jack Black. Premiere. ♫				** "The House With a Clock in Its Walls" (2018) Jack Black. ♫				* "The Emoji Movie" (2017) ♫	
49	PARMT	*** "Shrek" (2001, Children's) Mike Myers, Eddie Murphy. ♫ ☹️		Voices of Mike Myers, Eddie Murphy. ♫ ☹️		** "Shrek Forever After" (2010, Children's) Voices of Mike Myers. ♫ ☹️				*** "Shrek" (2001, Children's) Mike Myers, Eddie Murphy. ♫ ☹️			
50	ESPN	College Basketball Teams TBA.				College Basketball Teams TBA.				SportsCenter With Scott Van Pelt (N)		SportsCenter (N) (Live) ☹️	
52	ESPN2	College Basketball Teams TBA.				College Basketball Teams TBA. (Taped)				College Basketball Teams TBA.			
53	FNC	FOX Primetime		Tucker Carlson		Hannity (N) ☹️		Ingraham		Fox News at Night		Tucker Carlson	
53	CNN	Erin Burnett Out-Front (N)		Anderson Cooper 360 (N) (Live) ☹️		Cuomo Prime Time (N) (Live) ☹️		CNN Tonight With Don Lemon (N)	</td>				



TV LISTINGS

FRIDAY EVENING										MARCH 5, 2021									
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30							
2 WBBM	News	Ent. To-night	MacGyver (N)		Magnum P.I. "The Long Way Home"		Blue Bloods (N)		News	Late Show-Colbert	James Corden								
3 WIFR	23 News at Six (N)	Last Man Standing	MacGyver (N)		Magnum P.I. "The Long Way Home"		Blue Bloods (N)		News	Late Show-Colbert	James Corden								
4 WTVO	Eyewitness NBC5 News	Ent. To-night	Shark Tank (N)		(:01) 20/20				Eyewitness	(:35) Jimmy Kimmel Live!	(:37) Nightline								
5 WMAQ	News	Ac. Hollywood	The Blacklist "The Cynanoid" (N)		Dateline NBC (N)				NBC 5 News	Tonight Show-J. Fallon	Seth Meyers								
6 WQRF	Big Bang Theory	Big Bang Theory	WWE Friday Night SmackDown (Live)						Modern Family	GN Sports	Overtime	Two and Half Men							
7 WLS	News at 6pm	Wheel of Fortune	Shark Tank (N)		(:01) 20/20				News at 10pm	(:35) Jimmy Kimmel Live!	(:37) Nightline								
9 WGN	WGN Evening News (N)		black-ish	black-ish	Last Man Standing	Last Man Standing	WGN News at Nine (N)		News at Ten	GN Sports	Goldbergs	Two and Half Men							
10 WGBO	La Rosa de Guadalupe (SS)		Te doy la vida		Amor eterno (N)		Como tú no hay dos		Noticias Unívisión	Noticiero Uni	Contacto deportivo								
11 WTTW	PBS NewsHour (N)	Chi. To-night	Washington Wk		Tina Turner: One Last Time				Riverdance 25th Anniversary Show		World News								
12 WCPX	Hawaii Five-0 "Ka'ali Aku"		Hawaii Five-0 "Ka aelike"				Hawaii Five-0 "Ka Laina Ma Ke One"		Hawaii Five-0 "Ka Pa'ani Nui"		Hawaii Five-0 "Poniu I Ke Aloha"								
13 WREX	13 News at Six (N)	Wheel of Fortune	The Blacklist "The Cynanoid" (N)		Dateline NBC (N)				13 News at 10 (N)	Tonight Show-J. Fallon	Seth Meyers								
19 TLN	M*A*S*H	M*A*S*H	Silvia's	Tastes Li	*** "Grease" (1978, Musical)	John Travolta.			** "Runaway Bride" (1999)										
29 TBS	Seinfeld	Seinfeld	*** "Hitch" (2005) Will Smith, Eva Mendes, Kevin James.		*** "The Wedding Ringer" (2015, Comedy) Kevin Hart, Josh Gad.		*** "Ace Ventura: Pet Detective"												
31 NICK	"Despicable Me"	Are You Afraid	Hustle	Sheldon	Friends	Friends	Friends	Friends	Friends	Friends	Friends								
33 DISN	Bunk'd	Bunk'd	Secrets of Sulphur Springs (N)		Bunk'd	Bunk'd	Let's Be	Gabby	Jessie	Jessie									
35 USA	Chicago P.D.		*** "Ant-Man" (2015, Action) Paul Rudd, Michael Douglas, Evangeline Lilly. (DVS)				** "Gone in Sixty Seconds" (2000, Action) Nicolas Cage, Angelina Jolie, Giovanni Ribisi.												
39 TNT	** "Central Intelligence" (2016) Dwayne Johnson, Kevin Hart. (DVS)		The Inside Story (N)				*** "American Gangster" (2007, Crime Drama) Denzel Washington, Russell Crowe.												
37 NSCH	(5:55) NBA Basketball				Post	Football	Short	Sports	World Poker Tour		Basket								
38 LIFE	Rizzoli & Isles "Ocean Frank"		Little Women: Atlanta (N)		Little Women: Atlanta "Little Women, Big Voices" (N)		(:03) Marrying Millions		(:01) Little Women: Atlanta										
39 AMC	(4:45) ** "Police Academy" (1984)		*** "Ghostbusters" (1984, Comedy) Bill Murray, Dan Aykroyd, Harold Ramis. 'PG'				** "Ghostbusters II" (1989, Comedy) Bill Murray, Dan Aykroyd, Sigourney Weaver. 'PG'												
40 FREE	Fam Guy /Fam Guy	Fam Guy /Fam Guy	Fam Guy /Fam Guy	Fam Guy /Fam Guy	Fam Guy /Fam Guy	Fam Guy /Fam Guy	Fam Guy /Fam Guy	Fam Guy /Fam Guy	Fam Guy /Fam Guy	Fam Guy /Fam Guy	Fam Guy /Fam Guy	Fam Guy /Fam Guy							
42 TLC	Virgin Diaries		90 Day Fiancé (N)				90 Day Fiancé	Sister Wives	90 Day Fiancé	90 Day Fiancé									
43 DISC	Gold Rush: Pay Dirt (N)		Gold Rush "Clear Eyes, Full Pans" (N)				Gold Rush: Dave Turin's Lost Mine	(:15) Gold Rush	Gold Rush "Clear Eyes, Full Pans"										
44 HIST	The UnXplained		The UnXplained		The UnXplained (N)		(:03) Ancient Aliens "UFO Pioneers" (N)	(:05) Ancient Aliens	(:03) The UnXplained										
45 A&E	The First 48		The First 48 "Monster"		The First 48: Tracking a Killer (N)		Rescue Cam (N)	Rescue Cam	(:04) Live Rescue: Rewind	(:03) The First 48 "Monster"									
46 EI	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	The Kardashians								
47 COM	Office	Office	Creek	Creek	Creek	Creek	Creek	Creek	Key	Key	Key								
48 FX	(5:00) ** "Daddy's Home" (2015)		* "Baywatch" (2017, Comedy) Dwayne Johnson, Zac Efron, Priyanka Chopra.				** "Baywatch" (2017, Comedy) Dwayne Johnson, Zac Efron, Priyanka Chopra.												
49 PARMT	Movie						Movie												
51 ESPN	2021 NBA Rising Stars Challenge (Taped)		SportsCenter Special (N)		To Be Announced		SportsCenter (N) (Live)		SportsCenter (N) (Live)										
52 ESPN2	Max on Boxing	UFC Live	College Softball Teams TBA.		NFL Live		UFC 259 Countdown		Max on Boxing	UFC Live									
53 FNC	FOX Primetime		Tucker Carlson		Hannity (N)		Ingraham		Fox News at Night	Tucker Carlson									
55 CNN	Erin Burnett Out-Front (N)		Anderson Cooper 360 (N) (Live)		Cuomo Prime Time (N) (Live)		CNN Tonight With Don Lemon (N)		CNN Tonight With Don Lemon (N)	Anderson Cooper 360									
56 CNN2	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic								
58 MSNBS	The ReidOut (N) (Live)		All In With Chris Hayes (N)		The Rachel Maddow Show (N) (Live)		The Last Word		The 11th Hour With Brian Williams (N)	The Rachel Maddow Show									
59 CNBC	Shepard Smith		Undercover Boss		Undercover Boss		Undercover Boss		Undercover Boss	Shepard Smith									
60 OXY	Snapped		-Unexpected Killer		Snapped		Dateline: Secrets		Dateline: Secrets										
61 FOOD	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners								
62 TRUTV	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	** "Ride Along" (2014, Comedy) Ice Cube, Kevin Hart.		** "Ride Along" (2014, Comedy) Ice Cube, Kevin Hart.										
63 ANPL	River Monsters		Mysteries of the Deep: Predators Rising (N)		River Monsters "Coral Reef Killer"		River Monsters		Mysteries of the Deep: Predators										
67 BIGTEN	To Be Announced				Big Ten Football	Campus Eats	The Final Drive (N)	The Final Drive	The Final Drive	The Final Drive									
70 TRAV	Paranormal Caught on Camera		Paranormal Caught on Camera		Paranormal Caught on Camera (N)		Paranormal Caught on Camera		Paranormal Caught on Camera										
71 BET	(4:00) "Creed"		* "Addicted" (2014, Drama) Sharon Leal, Boris Kodjoe.		T. Perry's The Oval		Tyler Perry's Sistas												
72 H&G	Home Town		Frozen	Frozen	HGTV Design Star	Dream	Dream	Dream	Dream	HGTV Design Star									
131 HALL	"Playing Cupid" (2021) Laura Vandervoort, Nicholas Gonzalez.		"Crown for Christmas" (2015) Danica McKellar, Rupert Penry-Jones.				Golden Girls	Golden Girls	Golden Girls	Golden Girls									

SATURDAY MORNING										MARCH 6, 2021									
	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30							
2 WBBM	CBS This Morning: Saturday (N)		Pet Vet-Team		All In W/ Laila Ali		Lucky Dog (N)	Innovation Nat	Mission Unstop	Hope in the Wild	College Basketball								
3 WIFR	CBS This Morning: Saturday (N)		Lucky Dog (N)		Innovation Nat		Mission Unstop	Hope in the Wild	Pet Vet-Team	All In W/ Laila Ali	College Basketball								
4 WTVO	Outback Adv	oh baby!	Good Morning America (N)		Good Morning America (N)		Ocean Treks	Sea Rescue	Hearts of Heroes	Rock the Wild	To Be Announced								
5 WMAQ	NBC 5 News at 6am (N)		Today (N)		News-Kids		NBC 5 News at 9am (N)	Earth Odyssey	Wild Child	Roots	One Team								
6 WQRF	Dog Tales	Wild America	Dr. Scott	Pets. TV	Wild Abt Animals	Ocean Mys.	Paid Program	Paid Program	Paid Program	Paid Program	College Basketball Teams TBA. (N)								
7 WLS	ABC7 Eyewitness News at 6am (N)		Good Morning America (N)		ABC7 Eyewitness News at 8am (N)			Good Morning America (N)											
9 WGN	Paid Program	People/People	WGN Weekend Morning News (N)		WGN Weekend Morning News (N)		WGN Weekend Morning News (N)	Living Healthy	At the Forefront		Ocean Mys.								
10 WGBO	Programa	Programa	Planeta de niños		Atención, Atención		Naturaleza humana	Programa	Programa	Programa	Programa								
11 WTTW	Retire Safe	Change Your Brain, Heal Your Mind	With Daniel Amen, MD		Mind With The Energy Paradox	With Steven Gundry, MD		Retire Safe & Secure	With Ed Slott for 2021		Henry Louis								
12 WCPX	Law & Order "Veteran's Day"		Law & Order "Can I Get a Witness?"		Law & Order: Special Victims Unit		Earth Odyssey	Roots	One Team		To Be Announced								
13 WREX	Paid Program	Paid Program	Today (N)		Saving Pets		Earth Odyssey	Roots	One Team		To Be Announced								
19 TLN	Paid Prg.	Paid Prg.	Serie A	Inside	Italian Serie A Soccer			Incredible Homes		Italian Soccer									
29 TBS	George Lopez	Love-Ramond	Love-Ramond	Seinfeld	Seinfeld	Seinfeld	Wipeout	Wipeout		** "Ace Ventura: Pet Detective"									
31 NICK	Sponge.	Sponge.	Dino	Sponge.	Loud	Loud	Casa	Loud	Sponge.	Sponge.	Sponge.	Sponge.							
33 DISN	Ladybug	Ladybug	Big City	Big City	Big City	Amphibia	Ladybug	Ladybug	Secrets	Secrets	Bunk'd	Bunk'd							
35 USA	Paid Program	Paid Program	Paid Program	Paid Program	Chicago P.D.		Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.							
39 TNT	NCIS: New Orleans "Aftershocks"		NCIS: New Orleans "Suspicious Minds"		NCIS: New Orleans "Man on Fire"		NCIS: New Orleans "Escape Plan"	NCIS: New Orleans	NCIS: New Orleans	** "London Has Fallen" (2016)									
37 NSCH	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Wisc.	Musky	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.							
38 LIFE	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Jodi Arias: Cellmate Secrets		** "Jodi Arias: Dirty Little Secret"								
39 AMC	Two and Half Men	Two and Half Men	Two and Half Men	Two and Half Men	Two and Half Men	Two and Half Men	Two and Half Men	** "Youngblood" (1986, Drama) Gibb, Patrick Swayze. 'R'	Rob Lowe, Cynthia										
40 FREE	** "Alice in Wonderland" (2010) Johnny Depp.		(:35) ** "The Goonies" (1985) Sean Astin.								"Charlie and..."								
42 TLC	Four Weddings	Four Weddings	Four Weddings	Four Weddings	Four Weddings	Four Weddings	Four Weddings	Four Weddings	Four Weddings	Four Weddings	Four Weddings	Four Weddings							
43 DISC	Addictive Fishing	The Next Bite (N)	Auction Kings	Chasin' the Sun	Moonshiners "Spirit of the South"		Moonshiners	Moonshiners "Pot-Still Vodka"	Moonshiners: Master Distiller										
44 HIST	Mountain Men	Alone "Million Dollar Mistake" (N) (DVS)		Alone "The Rock House"	Alone "That Was No Bunny"				The UnXplained										
45 A&E	Flipping Vegas "Dream House"		Flipping Vegas		Flipping Vegas		Zombie House Flipping	Zombie House Flipping	The First 48 "Bad Love"										
46 EI	The Kardashians		The Kardashians		Kourtney-Kim		Kourtney-Kim	Kourtney-Kim	Kourtney-Kim										
47 COM	Parks	Parks	Parks	Parks	Office	(:45) The Office	Office	Office	Office	Office	Office								
48 FX	Mike & Molly	Mike & Molly	Mike & Molly	Mike & Molly	*** "Love, Simon" (2018, Romance-Comedy) Nick Robinson, Josh Duhamel.		** "Why Him?" (2016) James Franco.												
49 PARMT	Paid Program	Paid Program	Bar Rescue "Gutterball"		** "Red 2" (2013, Action) Bruce Willis, John Malkovich, Mary-Louise Parker.				** "White House Down" (2013)										
51 ESPN	SportsCenter (N) (Live)		SportsCenter (N) (Live)		Outside the Lines		SportsCenter	College GameDay (N) (Live)	College Basketball Teams TBA.										

TV LISTINGS

SUNDAY MORNING					MARCH 7, 2021						
	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM 11:30
2 WBBM	CBS 2 Sunday Morning News (N) 				CBS News Sunday Morning (N) 		Face the Nation (N) 		Paid Program		College Basketball
3 WIFR	Paid Program	Paid Program	Paid Program	Paid Program	CBS News Sunday Morning (N) 		Face the Nation (N) 		Paid Program		College Basketball
4 WTVU	World's-Weath	Raw Travel	Good Morning America (N) 		This Week With George ...		Good Day Staterline		Robert Jeffress	In Touch	Kids News Designing
5 WMAQ	NBC 5 News at 6am (N) 		Sunday Today With Willie Geist (N) 		NBC 5 News at 8am (N) 		Meet the Press (N) 		NBC 5 News	Paid Program	NHL Hockey: Sabres at Islanders
6 WQRF	Paid Program	Animal Rescue	Sports Stars	Career Day	FOX News Sunday With Chris Wallace		Overtime	Race-Week 	Paid Program	Paid Program	Hoops Tip-Off Basketball
7 WLS	ABC7 Eyewitness News at 6am (N) 		Good Morning America (N) 		ABC7 Eyewitness News at 8am (N) 		Mass		This Week With George ...		Joel Osteen Paid Program
9 WGN	BeFlex-ible	Singsa-tion 	WGN Weekend Morning News (N)		WGN Weekend Morning News (N)		Political Report	Sunday Mass	Bill Winston	Paid Program	Adventures Sports Stars
10 WGBO	Programa	Programa	Programa	Programa	Como dice el dicho (SS)		Al punto con Jorge Ramos (N)		Al punto Chicago	Abordo Chicago	Fútbol Central Fútbol Mex.
11 WTTW	Eat Your Medicine		Overcoming Anxiety, Depression, Trauma and Grief		The Energy Paradox With Steven Gundry, MD 		Retire Safe & Secure With Ed Slott for		Classical Rewind		
12 WCPX	David Jeremiah	Michael Yousef	In Touch	Amazing Facts 	Blue Bloods 		Blue Bloods "The Road to Hell" 		Blue Bloods "Fresh Start" 		Blue Bloods "Help Me Help You" 
13 WREX	Real Faith	Sunday Mass	Think Big 	Only the Goo	Sunday Today With Willie Geist (N) 		Meet the Press (N) 		Paid Program	Paid Program	NHL Hockey: Sabres at Islanders
19 TLN	Italian Serie A Soccer			Paid Prg.	Italian Serie A Soccer			Incredible Homes		Italian Soccer	
20 TBS	George Lopez	Love-Raymond	Love-Raymond	Love-Raymond	Seinfeld 	Seinfeld 	Seinfeld 	Seinfeld 	Wipeout 		Wipeout 
31 NICK	Sponge.	Sponge.	Dino	Sponge.	Loud	Loud	Loud	Loud	Casa	Casa	Sponge. Sponge.
33 DISN	Ladybug	Ladybug	Big City	Big City	Big City	Amphibia	Ladybug	Ladybug	Secrets	Let's Be	"Zombies" (2018)
34 USA	Paid Program	David Jeremiah	In Touch	Joel Osteen	Chrisley Knows	She's the Boss	Law & Order: Special Victims Unit 	Law & Order: Special Victims Unit 	Law & Order: Special Victims Unit 	Law & Order: Special Victims Unit 	Law & Order: Special Victims Unit 
35 TNT	NCIS: New Orleans "Outlaws" 		NCIS: New Orleans "Music to My Ears" 		NCIS: New Orleans "Overdrive" 		NCIS: New Orleans "Follow the Money" 		NCIS: New Orleans "Let It Ride" 		NCIS: New Orleans 
37 NSCH	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.
38 LIFE	Paid Program	Truths That	Amazing Facts	David Jeremiah	Joel Osteen	Paid Program	"Into the Arms of Danger" (2020) Cathy Moriarty, AlexAnn Hopkins. 		"She Made Them Do It" (2012) 		
39 AMC	(4:31) *** "The Dead Zone" (1983)		(6:58) *** "Silver Bullet" (1985, Horror) Gary Bussey, Corey Haim. 'R' 		(8:58) *** "Back to the Future" (1985, Comedy) Michael J. Fox, Christopher Lloyd. 'PG' 				"Future II" 		
40 FREE	Middle	*** "The Goonies" (1985)	Sean Astin. 		(10:5) *** "Charlie and the Chocolate Factory" 				Rio 2 		
42 TLC	Say Yes, Say Yes, Dress	Say Yes, Say Yes, Dress	Say Yes, Say Yes, Dress	Say Yes, Say Yes, Dress	Say Yes, Say Yes, Dress	Say Yes, Say Yes, Dress	Say Yes, Say Yes, Dress	Say Yes, Say Yes, Dress	American Gypsy Wedding		American Gypsy Wedding
43 DISC	The Fish Guyz (N)	Operation	Saltwater Fishing	Sports-man	Naked and Afraid "Bite Club" 		Naked and Afraid "Lost at Sea" 		Naked and Afraid "Burnt to a Crisp" 		Naked and Afraid: Gimme Shelter (N)
44 HIST	Counting Cars 	Counting Cars 	Counting Cars 	Counting Cars 	Counting Cars "Down By The Riviera" 				Counting Cars 		(DVS)
45 A&E	Hoarders "Arline; Carolyn" 	Hoarders "Andrew; Shania" 	Hoarders "Andrew; Shania" 	Hoarders "Andrew; Shania" 	Hoarders "Hanna; Lydia" 	Hoarders "Hanna; Lydia" 	Hoarders "Glen & Lisa" 	Hoarders "Glen & Lisa" 	I Survived	I Survived	
46 E!	The Kardashians		The Kardashians		The Kardashians		The Kardashians		The Kardashians		
47 COM	Parks	Parks	Parks	Parks	Office	(4:45) The Office	Office	Office	Office	Office	Office
48 FX	Mike & Molly 	Mike & Molly 	*** "The Darkest Minds" (2018)	Amandla Stenberg, Mandy Moore. 	*** "Why Him?" (2016, Comedy) James Franco, Bryan Cranston, Zoey Deutch. 				"Spider-Man" 		
49 PARMT	Paid Program 	Paid Program 	Bar Rescue "Still Bili" 	*** "Indiana Jones and the Kingdom of the Crystal Skull" (2008, Adventure) Harrison Ford, Cate Blanchett. 			"Indiana Jones and the Last Crusade" 				
51 ESPN	SportsCenter (N) (Live) 		SportsCenter (N) (Live) 		SportsCenter (N) (Live) 		SportsCenter (N) (Live) 		SportsCenter (N) (Live) 		College Basketball
52 ESPN2	E60		2020 AKC National Championship		(7:55) Italian Serie A Soccer Fiorentina vs Parma. (N) (Live)		SportsCenter Special		Women's College Basketball		
53 FNC	(5:00) FOX and Friends Sunday (N) (Live) 				Maria Bartiromo		MediaBuzz (N)		News HQ		
55 CNN	New Day Weekend With Victor		Inside Politics with Abby Phillip (N)		State-Union-Jake Tapper		Fareed Zakaria GPS (N) 		Reliable Sources with Brian Stelter		State-Union-Jake Tapper
56 CNN2	Weekend Express		Weekend Express		Weekend Express		Weekend Express		Weekend Express		Lies-Crimes
58 MSNBC	Kendis Gibson/ Lindsey Reiser		Velshi (N) (Live) 		Velshi (N) (Live) 		The Sunday Show With Jonathan Capehart (N) (Live) 		Weekends With Alex Witt (N) 		
59 CNBC	Paid Prg. 	Paid Prg. 	Paid Prg. 	Paid Prg. 	Paid Prg. 	Paid Prg. 	Paid Prg. 	Paid Prg. 	Paid Prg. 	Paid Prg. 	Paid Prg. 
60 OXY	Dateline 		Killer Motive 		Killer Motive 		Snapped 		Snapped 		Snapped 
62 FOOD	Trisha's Wild (N)	Trisha's Harts (N)	Valerie's	Valerie's	Pioneer	Pioneer	Pioneer	Pioneer	Girl-Farm	Girl-Farm	Delicious Delicious
63 TRUTV	Carbonaro Eff. 	Carbonaro Eff. 	World's Dumbest ... 		World's Dumbest ... 		World's Dumbest ... 		World's Dumbest ... 		Imp. Jok-ers Imp. Jok-ers
65 ANPL	North Woods Law 		North Woods Law 		North Woods Law 		North Woods Law 		North Woods Law 		North Woods Law 
67 BIGTEN	BTN Football in 60 		BTN Football in 60 		Big Ten Foot 60 		BTN Football in 60 		Big Ten Foot 60 		Ohio State
70 TRAV	Doomsday Caught On Camera		Doomsday Caught On Camera		Doomsday Caught On Camera		Doomsday Caught On Camera		Doomsday Caught On Camera		Doomsday Caught On Camera
71 BET	Grier	Popoff	Parkers	Parkers	Parkers	Parkers	Prince	Prince	"We Belong Together" (2018) 		
72 H&G	Good Bones 		Good Bones 		Good Bones 		Good Bones 		Rock the Block		Rock the Block
131 HALL	Golden Girls		Golden Girls		Golden Girls		"Autumn in the Vineyard" (2016) Rachael Leigh Cook, Brendan Penny. 		"The Birthday Wish" (2017) Jessy Schram, Luke Macfarlane. 		

SUNDAY EVENING							MARCH 7, 2021						
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
2 WBBM	60 Minutes (N) 		Oprah with Meghan and Harry: A CBS-Special			TBA	NCIS: New Orleans  (DVS)		CBS 2 News at 10PM (N) 		Joel Osteen	Safe and Secure	
3 WIFR	60 Minutes (N) 		Oprah with Meghan and Harry: A CBS-Special			TBA	NCIS: New Orleans  (DVS)		News	Van Susteren	Last Man Standing	Last Man Standing	
4 WTVU	America's Funniest Home Videos (N)		American Idol "404 (Auditions)" (N) 				Who Wants to Be a Millionaire (N) 		Eyewitness	Entertainment Tonight (N) 	Wipeout 		
5 WMAQ	The Voice "The Blind Auditions Season Premiere" 			Auditions Season		Ellen's Game of Games (N) 		Good Girls "One Night in Bangkok" (N) 		NBC 5 News	Open House	(15) 1st Look 	Open House
6 WQRF	Cherries Wild (N)	Bless the Harts (N)	Simpsons	Great North	Bob's Burgers	Family Guy (N)	News	Bergstrom	Modern Family	Modern Family	Two and Half Men	Two and Half Men	
7 WLS	America's Funniest Home Videos (N)		American Idol "404 (Auditions)" (N) 				Who Wants to Be a Millionaire (N) 		ABC7 Eyewitness News at 10pm (N)		Inside Edition	Localish 	
9 WGN	Paid Program	Paid Program	black-ish 	black-ish 	Last Man Standing	Last Man Standing	WGN Weekend News at Nine (N)		WGN News	Chic.Best	Larry Potash	Two and Half Men	
10 WGBO	Aquí y ahora		Mira quién baila All Stars				Crónicas: Historias que hacen historia		LCL	Noticiero	La jugada		
11 WTTW	The Black Church: This Is		Les Misérables 25th Anniversary Concert at the O2 								Encore Programming		
12 WCPX	Blue Bloods "The Greater Good" 		Blue Bloods "The Price of Justice" 		Blue Bloods "Mob Rules" 		Blue Bloods "Good Cop, Bad Cop" 		Blue Bloods "For the Community" 		Blue Bloods "Whistleblowers" 		
13 WREX	The Voice "The Blind Premiere" 		Auditions Season		Ellen's Game of Games (N) 		Good Girls "One Night in Bangkok" (N) 		13 News Weekend	Outdoors	NCIS: New Orleans "Trust Me" 		
19 TLN	Donald's	Sicily	Gino's	A Taste	** "Failure to Launch" (2006)				** "Banditas" (2006)		Penélope Cruz.		
29 TBS	(4:30) * "Blended" (DVS)		(2014, Romance-Comedy)		Adam Sandler, Drew Barrymore, Joel McHale. 		** "Ocean's 8" (2018) Sandra Bullock. 		** "Ocean's 8" (2018) Sandra Bullock. 		(DVS)		
31 NICK	Are You	Hustle	To Be Announced						Friends	Friends	Sheldon	Sheldon	
33 DISN	Raven	Raven	Gabby	Gabby	Bunk'd	Bunk'd	Jessie	Jessie	Bunk'd	Bunk'd	Jessie	Jessie	
34 USA	Law & Order: Special Victims Unit 		Law & Order: Special Victims Unit 		Law & Order: Special Victims Unit 		Law & Order: Special Victims Unit 		Law & Order: Special Victims Unit 		Law & Order: Special Victims Unit 		
35 TNT	(4:00) NBA Pregame (N) 		2021 NBA All-Star Game (N) (Live) 				The Inside Story (Series Finale) (N) 		2021 NBA All-Star Game				
37 NSCH	Drone Racing		Bensin	Poker	Heartland Poker		World Poker Tour		Windy City Poker		NHL Hockey		
38 LIFE	(5:00) "His Perfect Obsession" (2018)		"Desperate Widows" (2021, Suspense) Justine Eyre, Olivia Stuck. Premiere. 				(2019) Jennifer Taylor, Ryan Patrick Shanahan. 		(2019) Jennifer Taylor, Ryan Patrick Shanahan. 		(2021) "Desperate Widows" (2021)		
39 AMC	(4:28) * "Law Abiding Citizen" 'R'		(6:58) The Walking Dead 		The Walking Dead "Find Me" (N) 		(2:03) Talking Dead (N) 		(2:03) The Walking Dead "Find Me" 		(2:06) Ride With Norman Reedus 		
40 FREE	*** "Ralph Breaks the Internet" (2018) 		(35) ***		"Zootopia" (2016, Children's) 		(2:03) "Meet the Parents" (2000) Robert De Niro. 		*** "The Darkest Minds" (2018) 		*** "The Darkest Minds" (2018) 		
42 TLC	(5:00) 90 Day Fiancé 		90 Day Fiancé (N) 		Sister Wives "The Basement Wife" (N) "Labor of Love" 		1000-Lb. Sisters		90 Day Fiancé		90 Day Fiancé		
43 DISC	Naked and Afraid: Gimme Shelter (N)		Naked and Afraid (N)		Naked and Afraid (N)		(2:02) Naked and Afraid "Twinning"		Naked and Afraid		Naked and Afraid		
44 HIST	The Food That Built America		The Food That Built America		The Food That Built America (N)		(2:03) Modern Marvels (N)		(2:05) The Food That Built America		(2:03) The Food That Built America		
45 A&E	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	
46 E!	"Wedding Sing."		* "The Waterboy" (1998, Comedy)				* "The Waterboy" (1998, Comedy)		Mod Fam		Mod Fam		
47 COM	Grown 2 *** "Anchorman 2: The Legend Continues" (5:00) *** "Despicable Me 3"		*** "How to Train Your Dragon: The Hidden World" (2019) Premiere.				*** "How to Train Your Dragon: The Hidden World" (2019, Children's)		*** "Meet the Parents" (2000) Robert De Niro.		*** "The Darkest Minds" (2018)		
48 FX	(5:00) *** "Despicable Me 3"		*** "How to Train Your Dragon: The Hidden World" (2019) Premiere.				*** "How to Train Your Dragon: The Hidden World" (2019, Children's)		*** "Meet the Parents" (2000) Robert De Niro.		*** "The Darkest Minds" (2018)		
49 PARMT	"Indiana Jones & the Temple"		*** "Indiana Jones and the Last Crusade" Harrison Ford, Sean Connery, Denholm Elliott.				*** "Raiders of the Lost Ark" (1981, Adventure) Harrison Ford.		*** "Raiders of the Lost Ark" (1981, Adventure) Harrison Ford.		*** "The Darkest Minds" (2018)		
51 ESPN	E60		Boxing				Boxing		SportsCenter (N) (Live)				
52 ESPN2	College Wrestling		Women's College Basketball Pac-12 Tournament, Final: Teams TBA. (N)				World of X Games		World of X Games		E60		
54 FNC	Justice Judge		Life, Liberty		Revolution		Greg Gutfeld		Life, Liberty		Revolution		
55 CNN	CNN Newsroom With Pamela Brown		CNN Newsroom With Pamela Brown		Stanley Tucci: Searching for Italy		Lincoln: Divided We Stand (N)		State-Union-Jake Tapper		Stanley Tucci: Searching for Italy		
56 CNN2	Lies-Crimes		Lies-Crimes		Lies-Crimes		Lies-Crimes		Lies-Crimes		Lies-Crimes		
58 MSNBC	Voices-Alicia Menendez		The Week With Joshua Johnson (N)		The Week With Joshua Johnson (N)		Voices-Alicia Menendez		The Week With Joshua Johnson		The Week With Joshua Johnson		
59 CNBC	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		
60 OXY	Dateline: Secrets		Dateline: Secrets		Snapped		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		
62 FOOD	Tournament		Tournament of Champions		Imp. Jok- Imp. Jok-ers		Food Truck Race		Beat		Beat		
65 TRUTV	Imp. Jok- Imp. Jok-ers	Imp. Jok- Imp. Jok-ers	Imp. Jok- Imp. Jok-ers	Imp. Jok- Imp. Jok-ers	Imp. Jok- Imp. Jok-ers	Imp. Jok- Imp. Jok-ers	Imp. Jok- Imp. Jok-ers	Fast Foodies	Fast Foodies	Inside Jokes	Inside Jokes		
66 ANPL	Lone Star Law		Lone Star Law: Bigger and Better (N)		Lone Star Law (N)		Lone Star Law		Lone Star Law		Lone Star Law		
67 BIGTEN	Purdue	Big Ten Foot	BTN Football in 60		100,000 Cameras		Ohio State Football Classic		Big Ten Foot		Iowa Football Classic		
70 TRAV	A Haunting "Demons Never Die"		A Haunting "Buried Secrets"		A Haunting "Tormented by Grief and Victorian House Curse" (N)		A Haunting "Mind Control"		A Haunting "Mind Control"		A Haunting "Buried Secrets"		
71 BET	(4:00) "Obsessed"		Boiling Point (N)		Disrupt- Disma.		Wives Bigger		BET Star Cinema				
73 H&G	Home Town		Home Town (N)		Home Town (N)		(2:01) Home Town		(2:01) Home Town		Home Town		
131 HALL	"Fit for a Prince" (2021, Romance) Natalie Hall, Jonathan Keltz				When Calls the Heart (N)		Golden Girls		Golden Girls		Golden Girls		

Classified Marketplace

FREE!

Sell your household items for free.
Total value of item must be \$200 or less. (15 words
- one week - 7 publications - price must be listed)



ROCHELLE • HILLCREST • CRESTON • STEWARD • KINGS • ASHTON

101 LEGAL NOTICE

PUBLIC NOTICE
STATE OF ILLINOIS
IN THE CIRCUIT
COURT OF THE
FIFTEENTH JUDICIAL
CIRCUIT
OGLE COUNTY
IN THE)
(
MATTER)NO.
OF THE)2021
ESTATE)P-18
OF)
ROBERT)
H.)
LOCKE, III,)
Deceased.)

CLAIM NOTICE
Notice is given of the death of ROBERT H. LOCKE, III, of Rochelle, Illinois. Letters of Office were issued on February 18, 2021, to KATHY S. LOCKE, whose address is 216 Jeffery Ave., Rochelle, IL 61068, and whose attorneys are Fearer, Nye & Chadwick, 420 4th Avenue, PO Box 117, Rochelle, IL 61068. Claims against the Estate may be filed in the office of the Circuit Clerk of the Court at Ogle County Courthouse, Oregon, IL 61061, or with the representative, or both, no later than August 21, 2021, and any claim not

filed within that period is barred. Copies of a claim filed with the Clerk must be mailed or delivered to the representative and to the attorney within 10 days after it has been filed.
FEARER, NYE & CHADWICK, Attorneys for KATHY S. LOCKE, Administrator of the Estate of ROBERT H. LOCKE, III, deceased No. 0230 (Feb. 28)

PUBLIC NOTICE
INVITATION FOR BIDS
The City of Rochelle and Rochelle Municipal Utilities, Ogle County, Illinois will receive sealed bids for:
Prologis Park Substation Installation Contract until 11:00 a.m. local time on the 25th day of March 2021 at Rochelle Municipal Utilities, 420 N 6th Street, Rochelle, Illinois 61068.
The plans and specifications are on file with Rochelle Municipal Utilities for viewing purposes only. Copies of the documents may be acquired from BHMG

Engineers, Inc., 630 Jeffco Boulevard, Arnold, Missouri 63010, Consulting Engineers for the said Utility. Please email Laura Stackle, Lstackle@bhmg.com with request. Bids shall be received for the aforementioned items.

A certified check or bank draft on a responsible, solvent bank, or a satisfactory bid bond executed by the bidder and an acceptable surety company, payable to the City of Rochelle, Adam Lanning, Utility Manager, or Government Bonds or cash in the amount of not less than five percent (5%) of bid, shall be submitted with each bid.

The bid shall be marked to identify bid package contents, reference specification 2031 K004.

The successful bidder will be required to:
• Register as a bidder for this project with BHMG Engineers.
• Furnish in duplicate the following executed documents:
• Non-Collusion Affidavit
• Bid Form
• Bid Bond, Certified Check or Money Order
• And any other documents as required by the specifications.

No bid shall be withdrawn after the opening of bids without the consent of the Utility for a period of sixty (60) days after the scheduled time of closing bids.

Rochelle Municipal Utilities reserves the right to reject any or all bids and to waive any informalities in bidding, and to determine and accept the bid most advantageous to the Utility.
Rochelle Municipal Utilities
Adam Lanning
Date: February 24, 2021
No. 0232 (Feb. 24, 28, Mar. 3, 7, 10, 14)

PUBLIC NOTICE
The annual meeting of the Flagg Center Cemetery Board will be held **TUESDAY, MARCH 9TH AT 5:30 PM** at the Flagg Township Building located in Flagg Center. The Board is accepting bids for this year's **MOWING AND MAINTENANCE CONTRACT**. Please submit to **FLAGG CENTER CEMETERY BOARD**
Michelle Pease
111533 Flagg Rd
Rochelle, IL 61068
No. 0233 (Feb. 28)

PUBLIC NOTICE
The Board of Education, Creston Community Consolidated School District 161, will accept proposals on Friday, March 19, 2021 until 2:00 p.m. Local Time for School

Improvement Work at Creston Elementary School at which time there will be a public bid opening. Proposals must be delivered to the District Office, 202 West South Street, Creston, Illinois 60113 and shall include a Bid Bond equal to 10% of the Base Proposal price for each trade. Proposals are being accepted for Window Replacement Work, General Construction and Asbestos Abatement. There will be a Pre-Bid Meeting at the District Office at 2:00 p.m. on Thursday, March 11, 2021. Attendance is not required, but is highly recommended. Contractors will be required to pay State of Illinois Prevailing Wage Rates and meet all State of Illinois Equal Opportunity Employment Policies. School Improvement Work Drawings and Specifications are available for download from the office of the Architect, Newman Architecture, attn: Liz, (630) 420-1600. Asbestos Abatement Drawings and Specifications are available for download from the Environmental Consultants, TEM Environmental, (630) 790-0880. Contact the applicable design team to receive instructions on how to download bid documents.
No. 0234 (Feb. 28)

101 LEGAL NOTICE

This publication does not knowingly accept fraudulent or deceptive advertising. Readers are cautioned to thoroughly investigate all ads, especially those asking for money in advance.

105 BUSINESS OPPORTUNITIES

"This publication does not knowingly accept fraudulent or deceptive advertising. Readers are cautioned to thoroughly investigate all ads, especially those asking for money in advance."

113 FINANCIAL

NOTICE Advance Fee Loans or Credit Offers Companies that do business by phone can't ask you to pay for credit before you get it. For more information, call toll-free 1-877-FTC-HELP. A public service message from your hometown newspaper and the Federal Trade Commission.

119 ANNOUNCEMENTS

"This publication does not knowingly accept fraudulent or deceptive advertising. Readers are cautioned to thoroughly investigate all ads, especially those asking for money in advance."

127 SERVICES AND REPAIRS

JNJ JUMPERS Indoor/ Outdoor Bounce House Rentals Available Year Round. Please Call 815-784-4256 For Availability or Visit us on Facebook.

201 DOMESTIC/CHILD CARE

NO INDIVIDUAL, unless licensed or holding a permit as a childcare facility, may cause to be published any advertisement soliciting a child care service. A childcare facility that is licensed or operating under a permit issued by the Illinois Department of Children and Family Services may publish advertisements of the services for which it is specifically licensed or issued a permit. Your Hometown Newspaper strongly urges any parent or guardian to verify the validity of the license of any facility before placing a child in its care.

203 HELP WANTED

HIRING Bartenders, Servers, Phone Personnel. ALDO'S Downtown Rochelle. (03-10-21)

SENIOR COUPLE Seeks Mature/ Responsible Person(s) for Picking up Groceries, Light Housekeeping, Cooking, Kittycare, & Some Personal Care Duties. NEED ASAP! 815-243-1130. Rochelle (03-03-21)

NEWSPAPER CARRIERS Wanted. (Rochelle) Several Routes Open. Call 815-561-2112 For More Information.

205 SITUATIONS WANTED

LOOKING TO LEASE Deer Hunting Property for 2021, In Ogle or Stephenson County. Please Contact Bob Kunesh 630-306-7454. (02-28-21)

301 ANTIQUES

WANTED TO BUY: Vintage Metal and Wood Signs, Milk Bottles & Local Advertising, Oak Icebox, Iron Door Stop and Antique Lighting... Call Dick Harms at 815-562-2928 or email dickharms@hotmail.com

301 ANTIQUES

ANTIQUES WANTED: I pay cash for antiques; furniture, glassware, pottery & crocks, tin & iron toys, sterling silver, decoys. If it's antique, I'm interested in looking! Call 815-562-2928 or email dickharms@hotmail.com

307 MISCELLANEOUS FOR SALE

BUNDLED Newspaper -\$3 per Bundle. End Roll- Cost Depends on Weight of Roll. Available Monday-Friday 8AM-NOON ONLY. SEE RECEPTIONIST AT FRONT COUNTER Rochelle News-Leader.

405 HOUSES FOR SALE

ALL REAL ESTATE advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status, or national origin, or intention to make any such preferences, limitation or discrimination. We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

INFORMATION

Office Hours:
8 a.m. to 5 p.m. (Monday Friday)
Phone:
815-562-4171
Fax:
815-562-2161
Email:
classifieds@rochellenews-leader.com
Address:
211 Hwy. 38 E., Rochelle
Mail:
P.O. Box 46
Rochelle, IL 61068

DEADLINES:
Sunday News-Leader: Thursday, 2 p.m.

Tuesday Shopping News: Friday, 10 a.m.
Wednesday News-Leader: Monday, 4 p.m.
(Deadlines subject to change during holiday times)

All classified marketplace line ads will appear in the following 7 print publications and on 5 high-traffic newspaper websites:
• Rochelle News-Leader • Ogle County Life • Rochelle Shopping News • Ashton Gazette • Amboy News • Mendota Reporter • Mendota Money Saver

Call for pricing that starts at \$32.99 for private party ads and \$44.60 for commercial business ads and \$19.99 for garage sale ads.

DISCLAIMER:
If your advertisement appears incorrectly, notify us immediately. We will not be responsible for more than one incorrect insertion, and will only credit customer for one insertion.

203 HELP WANTED

SCHOOL COOK

Immediate position available for part-time / full-time cook.

SCHOOL CUSTODIAN

Immediate position available for part-time / full-time school custodian.

For additional information contact Supt. L. Taylor, 815-396-2413 or send resume by email to Steward School, PO Box 76, Steward, Illinois 60553.

02282021

Position available at Village of Progress for nurse to work with adults having developmental disabilities. RN preferred but LPN will be considered.

We are an experienced and dedicated staff serving the needs of adults with developmental disabilities in the Oregon area. You will be working in a team setting, weekdays from 8:00 a.m. to 3:30 p.m.

Primary responsibilities include: direct care and nursing which includes monitoring dietary needs and restrictions, blood pressure checks, med pass as needed, hoyer and standing lifts, safety orientation for new individuals, safety in-services, MSDS paperwork, case record paperwork, and charting.

Submit resume and two letters of reference to Village of Progress, P.O. Box 418, Oregon, IL 61061 EOE

03012021

Want To Teach Your Kids About Responsibility?

The Rochelle News-Leader has four openings for newspaper carriers.

- Must be 10 years or over
- 2 deliveries per week
- Most routes take less than 45 minutes
- No collecting
- A great place to teach your child about responsibility - and the rewards of earning their own spending money
- Adult carriers are welcome, too!

Contact Wanda at the Rochelle News-Leader office
211 E. Hwy. 38,
561-2112



ROUTE 13-14
NORTH 6TH STREET AND
NORTH 7TH STREET AND AVENUES IN BETWEEN
ROUTE 16-17
200-1000 BLOCK LINCOLN HWY., N. MAIN STREET, N. 2ND STREET, N. 3RD STREET AND AVENUES IN BETWEEN
ROUTE 24-25
SOUTH 1ST, 2ND 3RD STREETS & AVENUE IN BETWEEN
ROUTE 28
SOUTHVIEW DR., WILLIS AVE., LAKE LIDA LANE AREA

HW

303 APPLIANCES

NEW MILFORD REFRIGERATION

NEW, USED SCRATCH & DENT

- Refrigerators • Freezers
- Washers/Dryers • Stoves

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PRIME TIMES

How exercise can help you live longer

THERE are many reasons to get in shape. Weight loss is a prime motivator, as is reversing a negative health effect, such as high cholesterol or increased diabetes risk. Routine exercise also can improve life expectancy.

WebMD says exercise keeps the body and brain healthy. That's why exercise should be an important component of daily life no matter one's age.

Research published in the journal *Immune Aging* found that how people age is 75 percent lifestyle and only 25 percent genetics, which underscores the importance of the lifestyle choices people make.

Cardiorespiratory fitness

Many health experts say that cardiorespiratory fitness may be just as valuable a metric to determine overall health as blood pressure and lipid levels. People with a high aerobic capacity can deliver oxygen to tissues and cells efficiently to fuel exercise, according to data published in 2014 in the journal *Aging & Disease*. In a study involving 11,335 women, researchers compared V02 max, also known as aerobic capacity, in women with mortality data. Women who were fit from a cardiovascular perspective had a lower death rate from all causes, irrespective of the women's weight.

Manage stress and mood

Exercise has direct stress-busting benefits that can promote longevity. The Mayo Clinic says physical activity can increase the production of endorphins, which are the body's feel-good neurotransmitters. In addition, exercise can imitate the effects of stress, helping the body adjust its flight or fight response accordingly, and help them cope with mildly stressful situations. While engaged in exercise, people may forget about their problems as they are focused on the activity at hand.



Improve bone health

Strength training and physical activity can stave off the effects of frailty and osteoporosis, which affects bone strength. A study published in the *Journal of Internal Medicine* in 2017 found that hip fractures are associated with diminished quality of life and survival among the elderly. One in three adults aged 50 and over dies within 12 months of suffering a hip fracture, and older adults have a five- to eight-times greater risk of dying within three months following a hip fracture. Building muscle strength, balance and bone density through exercise can reduce falls and frailty, helping to prevent fracture-related health risks.

Addresses sarcopenia

The health and wellness resource Healthline defines sarcopenia as the loss of muscle mass specifically related to aging. Doctors once considered this muscle loss inevitable, and it can affect stamina and lead to weakness. However, new indications suggest that exercise is the main treatment regimen for sarcopenia, particularly resistance training. This is designed to improve muscle strength and help balance hormone levels by turning protein into energy for older adults.

These are just some of the ways exercise can help older adults live longer, healthier lives.

What to know before claiming Social Security

HARDWORKING adults spend years striving to achieve their professional goals. Along the way, planning for retirement is a way to ensure all that hard work pays off when the time comes to call it a career.

In the United States, men and women nearing retirement age may be thinking about when they should begin collecting their Social Security retirement benefits. Social Security is a social insurance program instituted by President Franklin Delano Roosevelt in 1935. The program consists of retirement, disability and survivor benefits, and workers in the United States contribute to Social Security each week.

The decision about when to claim Social Security retirement benefits is one all those who have contributed to the program must eventually make. In recognition of the difficulty of that decision, the Consumer Financial Protection Bureau offers the following tips to people wondering when they should begin collecting their Social Security benefits.

Confirm your full retirement age. Full retirement age refers to the age at which people can begin collecting their full benefits. Depending on the year you were born, you can begin collecting your full benefit at age 66 or 67. Claiming your benefit before you reach full retirement age will lead to a permanent decrease in your monthly benefits. Conversely, claiming after you reach full retirement age will

lead to a permanent increase in your monthly benefits. Since the stakes are so considerable, it's vital for adults to confirm their full retirement age before they claim their benefits.

Delay claiming if you can. The CFPB notes that you can expect to get an additional 5 to 8 percent in monthly benefits for every year you wait to claim your Social Security benefits after age 62, maxing out at age 70. If you can afford to do so, wait to claim your full benefit until age 70, as doing so can translate to a benefit that's 32 percent higher than it would have been had you claimed your benefit at age 62.

Budget for retirement. Short- and long-term budgeting for retirement can help you assess how much money you will need to cover your expenses when you stop working. This step can help you understand how much a reduced or increased Social

Security benefit will affect your bottom line in retirement.

Continue working. Remaining in the workforce full-time or even part-time can have a considerable impact on the size of your Social Security benefit. The CFPB notes that continuing to work for one or two additional years can replace low- or no-income earnings from your earnings record, thereby increasing your benefit.

Consider the long-term needs of your spouse. Surviving spouses receive the higher of the two spouses' benefits. So it makes sense for the higher earning spouse to wait to collect his or her benefit until he or she reaches full retirement age.

The decision about when to collect your Social Security benefit is complex. Discussing your options with your spouse and financial advisor can help you make the most informed decision.

Hobbies for seniors residing in assisted living communities

ASSISTED living facilities are a vital resource for aging individuals. Data from the American Health Care Association® and the National Center for Assisted Living® indicates that more than 811,000 people reside in assisted living facilities across the United States.

Assisted living facilities have changed dramatically over the years, making them ideal options for adults who may need varying degrees of help with daily activities. Such facilities can help with activities like bathing and preparing meals, but they also can help residents find and explore new or existing hobbies. As individuals adjust to life in assisted living facilities, finding new hobbies or rediscovering old passions can be a great way to connect with fellow residents.

Reading: Reading is a rewarding activity that can greatly benefit seniors and provide an engaging pastime for those with limited mobility. Many assisted living facilities offer activities that are designed to foster communication between residents and a book club can do just that. What's more, reading every day may be especially valuable for people age 65 and older. A 2018 study published in the journal *JAMA Psychiatry* found that dementia risk was considerably lower among men and women 65 and older who participated in intellectual activities like reading than it was among seniors who did not engage in such pursuits.

Gardening: AARP notes that gardening provides a host of health benefits

that go beyond ensuring fresh fruits and vegetables will be on the dinner table. For example, vitamin D is vital to bone health, which is important for aging men and women who are vulnerable to osteoporosis. A 2014 study from researchers in Italy found that exposure to sunlight can help older adults get adequate amounts of vitamin D. Signing up for a gardening club can be a great way for seniors to get some exercise, enjoy time outside the assisted living facility and promote strong bones.

Art therapy: According to the Chicago Methodist Senior Services, art therapy is a creative form of therapy designed to help older adults with memory loss or those experiencing mental or physical stress. The Harvard Medical School notes that recent research has indicated that engaging in creative activities may be more effective at delaying cognitive decline than merely appreciating creative works. A 2014 study from researchers in Germany found that retirees who painted and sculpted had greater improvements in spatial reasoning and emotional resilience than a similar group who attended art appreciation classes. Many assisted living facilities offer art therapy or similar programs to residents, and enrolling in such programs can promote social interaction and provide numerous benefits to men and women over 65.

Assisted living facilities offer an array of programs designed to help residents develop rewarding hobbies that can benefit their long-term health.



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Owned and operated by Lutheran Social Services of Illinois (LSSI) offering apartment living for older adults in Rochelle and the surrounding communities.

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- Community room with kitchen
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Full time Social Service Coordinator is available to assist residents

For more information, please call 815-562-1404

615 N. Lincoln Hwy.
Rochelle, IL 61068
TTY 847-390-1460

MANAGED BY:
Lutheran Social Services of Illinois
www.LSSI.org

LOCAL NEWS

St. John's to hold annual kumla and ham dinner

CRESTON — St. John's Lutheran Church, 124 South Street, will host its 24th annual kumla/ham dinner on April 10. Each dinner will cost will \$15. This year the dinner will be a drive thru with two pickup times. The first will run from 11:30

a.m. to 2 p.m. and the second will be from 3 p.m. to 5:30 p.m. There will also be Norwegian homemade cookies. These will be a presale order. All cookies are \$6 per dozen. Choices are kringla, krumkaka,

tripolies and almond bars. Advanced presale tickets only can be purchased by calling Dorothy at 815-384-5325, the church at 815-384-3720, or contact any church member. No tickets will be available at the door.

LOCAL FISH FRY GUIDE

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Includes: choice or potato (baked, french fries or onion rings), salad bar with homemade soup and complimentary dessert

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