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News-Leader

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LOCAL NEWS... LOCAL VIEWS

SUNDAY, MAY 21, 2023

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TUESDAY



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OBITUARIES

JOAN H. MERSHON

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INSERTS

SCHNUCKS MENARDS

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County board passes new ordinances Oregon's Radostits recognized as Illinois Teacher of the Year

BY JEFF HELFRICH MANAGING EDITOR

OREGON — At its monthly meeting Tuesday, the Ogle County Board unanimously passed three ordinances and unanimously repealed its previous solar resolution to meet a recently-passed state statute that sets statewide standards for wind and solar farm siting and takes away previous local controls such as at the county level.

Back in early 2019, the Ogle County board approved a solar resolution providing conditions for a special use permit for solar farms, That resolution was repealed Tuesday. The board made text amendments to its zoning ordinance Tuesday and also passed wind energy facilities and solar energy facilities siting and operation ordinances.

Back in January, the board unanimously passed a resolution opposing House Bill 4412, due to its desire to keep local control. At its February meeting, the board heard comments from multiple county residents that were against more wind and solar power in the county, especially on



(PHOTO BY JEFF HELFRICH)

At its monthly meeting Tuesday, the Ogle County Board unanimously passed three ordinances and unanimously repealed its previous solar resolution to meet a recently-passed state statute that sets statewide standards for wind and solar farm siting and takes away previous local controls such as at the county level.

a large scale near homes and farms.

The Ogle County Board established an ad-hoc committee to work on the solar and wind issue to meet state statutes. The wind ordinance is the county's first. Board Member Dan Janes presented the changes and gave his thoughts on the state legislation.

"This was created by a group from Cook County and downtown Chicago," Janes said. "The funny thing is they're exempt because it does not affect any counties with two million or more people. And you can guess how many counties in Illinois meet that criteria. It's don't do as I do, do as I say."

Janes thanked the ad-hoc committee and the zoning board for their work on the

"Everything is functioning extremely well to get to this end," Janes said. "Because there's a lot of counties that aren't quite there yet."

See COUNTY page 5

Record turnout for 'Cop on a Rooftop' event for Special Olympics Illinois

'Everyone just stopping by and seeing us... it's just a great time'

MANAGING EDITOR

ROCHELLE — On Friday, the Rochelle Police Department held its annual 'Cop on a Rooftop' campaign at Dunkin' Donuts to raise money for Special Olympics Illinois. Officers and members of RPD were in the drive thru and on the roof of the business. RPD has held the yearly event since 2018 when Dunkin'

Donuts opened in the city. "If you donate enough money, you can get us off that roof. That's the idea of this," RPD Interim Chief Pete Pavia said. "The day has been fantastic. I think we have a record turnout this year. It was raining earlier, but now we're good to go. About an hour ago, it was just packed. Everyone just stopping by and seeing us and talking with us, it's just a great time."

Cop on a Rooftop is the first of RPD's summer events. It will hold its Law Enforcement Torch Run, also to benefit Special Olympics Illinois, on June 7 and it will host the com-



(PHOTO BY JEFF HELFRICH)

On Friday, the Rochelle Police Department held its annual 'Cop on a Rooftop' campaign at Dunkin' Donuts to raise money for Special Olympics Illinois. Officers and members of RPD were in the drive thru and on the roof of the business. RPD has held the yearly event since 2018 when Dunkin' Donuts opened in the city.

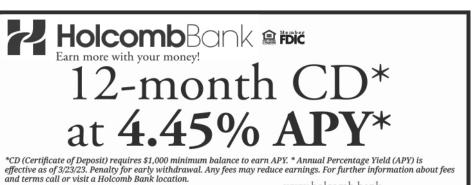
munity for National Night Out on Aug. 1. Pavia said he enjoys events where he and members of the department can interact with the community.

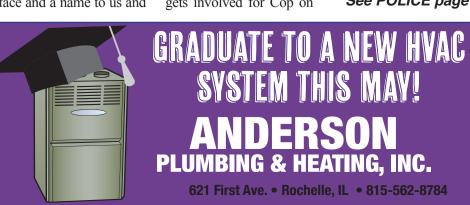
"It's the best way to get to

knowus,"Paviasaid."They see us in an official capacity when we're working, but at events like this they can talk with us normally. Not on a call. They can put a face and a name to us and we're approachable. We can't do our job without the help of the community. Events like this just help that tremendously.'

The entire department gets involved for Cop on a Rooftop, Pavia said, including off-duty officers and dispatchers, even those who worked the night shift Thursday evening.

See POLICE page 3





















(PHOTOS BY JEFF HELFRICH)

The Rochelle Chamber of Commerce held its annual dinner and awards night on Thursday at the Kennay Farms Distilling Rick House. The event saw nine local businesses honored for their work in the past year, including Studio C Dance, Hub-Remsen Print Group, Down Range LLC, Alfano's Pizzeria & Italian Restaurant, Benny's Corner Market, Beauty Bar, Prescott Brothers Ford, Unger-Horner Funeral Home and VFW Post 3878.

Businesses awarded at 2023 Chamber dinner event 'We are thrilled to be here with our members celebrating the past year'

BY JEFF HELFRICH MANAGING EDITOR

ROCHELLE — The Rochelle Chamber of Commerce held its annual dinner and awards night on Thursday at the Kennay Farms Distilling Rick House. The event saw nine local businesses honored for their work in the past year.

Chamber Executive

Director Tricia Herrera opened the night with a speech.

"We are thrilled to be here with our members celebrating the past year," Herrera said. "We are proud to say that our membership numbers have hit the 300 mark. Our focus is to help each and every member grow, expand and prosper. We're inspired by all of the young entrepreneurs who

have joined us this year and we can't wait to see what the future holds for them."

The awards portion of the night began with Cecillia Stover of Studio C Dance winning the young entrepreneur of the year award. Chamber Board Member Haley Brill presented the honor.

"We're so happy that she came home to Rochelle to open her own studio to teach the art of dance while instilling confidence and community pride in her students," Brill said. "We know she's going to go far and we're so honored it will be in our community."

The Haas family and Hub-Remsen Print Group won the family business of the year award. The honor was presented by Chamber Board President Kari Andrist. "They're involved in the community and behind the scenes helping to spread the word about programs in Rochelle," Andrist said. "They also help businesses promote themselves by designing products and materials that best fit each business. They always have a smile on their faces and top-notch customer service."

Down Range LLC re-

ceived the small business of the year award on Thursday. The honor was presented by Chamber Board Member and City Manager Jeff Fiegenschuh.

"He shows a level of commitment to his business that inspires me to be a better city manager and public servant," Fiegenschuh said.

See CHAMBER pg 3

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Rochelle Mayor John Bearrows (left) and Rochelle Chamber of Commerce Executive Director Tricia Herrera (right) speak during the chamber's annual awards dinner at Kennay Farms Distillery. Nine local businesses were presented with awards during the dinner event.

CHAMBER: Local businesses honored at dinner event

From page 2

"Matt started Down Range as a home business and it's grown into what it is today. It's now a brick and mortar business that is Northern Illinois' premier firearms instruction, safety and sales organization."

Alfano's Pizzeria & Italian Restaurant won the restaurant of the year award for the second year in a row on Thursday. The honor was presented by Chamber Board Vice President Josh Williams.

"They're consistently a standard that other businesses mark themselves by," Williams said. "They show community pride in support for our schools, nonprofits and first responders. You can find them greeting customers in the dining room like they're family. They always have a smile to share. They've passed their excellent work ethic down to their children, which lets the community know that their legacy will be around for years to come."

Benny's Corner Market received the retailer of

the year award. Chamber Board Treasurer Brandon Svela was the award's presenter.

"They do a tremendous job of showing what it means to be part of the community," Svela said. "They transformed a once-empty corner lot into a thriving hub that brings people in from all over the area. They make a point to support other small businesses within our community and offer a great storefront to display, sell and grow."

The welcome to Rochelle award was presented to Beauty Bar. Andrist presented the honor to the business's owners.

"They've recently purchased and renovated a beautiful downtown location," Andrist said. "They're all entrepreneurs and have added so many services, adapting to the needs of our community. They provide a breath of fresh air in all that they do, and we can't wait to see what the future holds for them."

The legacy award was presented to Unger-Horner Funeral Home. Chamber Board Member Matt Gerard presented the honor. Unger-Horner Funeral Home has served the community since 1861 and is a multiple-generation family business.

"This is a business in our community that has offered superior service to the Rochelle community for generations, Gerard said. "They provide comfort, care and compassion to clients. They provide exactly what is needed with grace and the utmost professionalism. We are so fortunate to have them in our community and want them to know how appreciated and respected they are."

The community partner award was presented to Prescott Brothers Ford. The honor was presented by Chamber Board Member Kris Wexell, who told the story of seeking out a new host for the commu-

nity's two-ton food drive. "We used to raise two tons of food and about \$2,000 to help those in need," Wexell said. "After we moved it to Prescott Brothers Ford, we raised over \$12,000 the first year and last year over \$10,000 for the Rochelle Christian Food Pantry. They're an organization filled with positive, forward-thinking team members and we're glad to have them in our membership."

Finally, Herrera's director's award was presented to VFW Post 3878. She recognized the VFW and its leadership for its work as a nonprofit staple in Rochelle with a passion for helping its members and others in the community.

"Their day-to-day goal is simple: To help," Herrera said. "They're always been creative with fundraising, but in the past couple of years they've been creative with how to do more. Their services have expanded to offer lunches and a Queen of Hearts night that has taken off. They've given back thousands of dollars to other nonprofits. They not only use the funds for their programs, but they

share with others in our community."

Mayor John Bearrows spoke to close to the event and thanked the chamber and its businesses for their work over the past year.

"Congratulations to all of the winners," Bearrows said. "But, each and every one of our businesses is a winner. You all play an important, integral part in the success of the City of Rochelle. In order to make that chain of success happen, it takes every business up and down the street."

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POLICE: 'Cop on a Rooftop' held Friday

From page 1

Pavia thanked the community for its support of the department and Special Olympics Illinois. Friday's event was his first as interim

"We've had so many people come out today just for this," Pavia said. "They came here to see us and make a donation. It's just great. I can't say enough about it. We really appreciate it. It's great to do this for the first time as chief. I was so excited about it this morning. I wanted to come in early even though I was going to be here all day. I couldn't wait."





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Ogle County Sheriff's Department

Deputies notified of car in ditch

OREGON—On May 15 at 3:51 a.m. deputies were notified of a car in the ditch at South Garnhart Road just south of East Illinois Route 64. After investigation, Daniel Enriquez, 42, of Belvidere, was placed under arrest for driving while license revoked. Enriquez was transported to the Ogle County Jail and held in lieu of bond.

On May 16 at approximately 9:19 a.m. deputies conducted a traffic stop in the 8,000 block of North River Road. After a brief investigation, Adam Nambo, 42, of Rockford, was placed under arrest for no valid driver's license.

Nambo was also cited for suspended registration/ non-Insured and released on scene with a return court date.

On May 16 at approximately 6:12 p.m. deputies conducted a traffic stop in the 3,000 block of South Illinois Route 251. After a brief investigation, Joseph Willis, 40, of Rochelle, was arrested for driving while license suspended. Willis was released on a \$2,500 individual bond with a return court date. Willis was also issued a citation for no front registration.

On May 17 at 7:40 p.m. deputies were dispatched to a disturbance in the

10,000 block of West Illinois Route 64. As a result, Brenden M. Harms, 20, of Polo, was arrested for disorderly conduct. Harms was transported to the Ogle County Jail in lieu of bond.

On May 18 at 5:58 p.m. deputies conducted a traffic stop in the 8,000 block of East Flagg Road. After investigation, Corey Shugart, 47, of Prophetstown, was placed under arrest for driving while license suspended. Shugart was released on an individual bond with a return court date set.

All individuals are considered innocent until proven guilty.

Obituaries

Joan H. Mershon

DEKALB — Joan H. Mershon, 82, of Dekalb passed away on May 18, 2023. Joan was born on Aug. 25, 1940 in Rochelle to Lawrence and Mildred (Martz) Gibson.

Joan enjoyed playing

Joan enjoyed playing golf, as well as playing cards such as Euchre. She also enjoyed taking pictures of anything she could. She loved animals, especially cats and dogs.

Joan is survived by her son, Randy (Michelle)

Mershon of Dekalb; twograndchildren, Reed and Jacob; As well as a sister, Judy Gibson of Rochelle.

She is preceded in death by both parents and her husband, Ronald Mershon. In lieu of flowers, do-

nations may be made to ProMedica Hospice. A graveside service will be held at 10 A M. on

A graveside service will be held at 10 A.M. on Monday, May 22, 2023 at Lawnridge Cemetery in Rochelle. Funeral arrange-



ments were entrusted to Beverage-Lyons Family Funeral Home. Online condolences may be made at www.beveragelyonsfamilyfh.com



Devers wins 2023 RTHS Chess Tournament

Rochelle Township High School's Chess and After School Board Game Club annual tournament was Tuesday. About 15 kids played on their computers in the Library Media Center. Advisors Ryne Vrana and Will Wise said the finals were played on the board. Winners were: Storm Devers, first; Max Julian, second, Aiden Ramsey, third and William S. Wise IV was fourth.

Rochelle Police Department

Officers issue two arrests

ROCHELLE — On May 17 at 4:28 a.m. Gloribel Turcios, 46, of Rochelle was cited for operating an uninsured motor vehicle. She signed a promise to comply and was given a June 16 Rochelle court date.

On May 17 at 2:06 p.m.

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Anthony D. Clark, 58, of Rochelle was cited for improper lane usage. He signed a promise to comply and was given a June 23 Rochelle court date.

On May 17 at 7:59 p.m. Travis Adams, 39, of Rochelle was arrested on three outstanding

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Ogle County warrants and transferred.

On May 18 at 8:04 p.m. Christina Pelayo, 45, of Rochelle was arrested for criminal trespassing and transferred.

All individuals are considered innocent until proven guilty.

RTHS hosts 38th annual art show

ROCHELLE — The Rochelle Township High School art department had its 38th annual art show on May 11. Over 250 works in 13 different categories were on display.

"The night was a celebration for everyone in our art community" art teacher Andrea DeKing said. "The artworks on display document our students' growth and personal connection. Hosting the Art Show is one of my top favorite parts of my job. It allows Mrs. Mock and I to share what we see every day in a formal setting for our amazing community."

The judges for the show this year were Mr. John Dobbs, Ms. Lillian Andrew, Mrs. Laurie Pillen, Mr. Corey Ellis and Dr. Chris Lewis. The feedback from the judges was that they were impressed with all the works which made judging it a very difficult job. However, one work that did stand out was first place in pastel/charcoal, best of show, and

principal's award-winning piece, "Surprise" by Alivia Henkel. This piece is pastel and charcoal on a grocery bag. Its unique combination of media and expressive pose (of friend Anna Toczylowski) really set this work apart.

"From the start I knew this work was going to be special," art teacher Beth Mock said. "Her project plan really hits on all three concepts we explore in advanced art: engaging subject, strong composition and technical skill with media. Plus it just makes you smile."

Other first place winners of the night were: seniors Marisa Whaley in both painting and pencil and Dylan Benge in computer art, juniors Kennedy Underwood in mixed media, Anna Toczylowski in sculpture, Anahi Alanis in miscellaneous, Kasey Jones in ink/ marker. Noe Valdez in traditional ceramics, Bradon Orozco in altered ceramics. sophomores Denia Rincon in color pencil and Julissa Torres in printmaking, and freshman Rowyn Shuning in photography.

In addition to all the ribbons awarded, Golden K/Kiwanis was at the show to present their art scholarship. This is a \$785 scholarship to Northern Illinois University's visual art camp given annually to an outstanding artist entering 10-12th grades.

In the past, this scholarship was given to one RTHS student, but this year the entries were so strong that



(COURTESY PHOTO)

"Surprise" by Alivia Henkel (below) won best of show at the 38th Annual RTHS art show on May 11.

Kiwanis decided to not only award one scholarship, but two. The scholarship went to Underwood and Jones.

"This scholarship is a great opportunity for our students," Mock said. "It gives them the opportunity to experience what college art classes are like while living and attending classes on NIU's campus for a week. We are very grateful to Golden K for supporting

our kids and the arts."

"The end of the year art show is always an exciting event for our students and was extra special with Kiwanis present to give their scholarships," DeKing said. "The show allows our art students to shine and show off all their hard work from the year. We are very proud of all of our art students and what they have been able to accomplish."

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Hammonds to celebrate 50th anniversary

Larry and Mary Hammond will celebrate their 50th wedding anniversary next month. The couple was married on June 16, 1973. They've enjoyed many years, two children and two grandchildren.

COUNTY: Caposey honored for Superintendent of the Year Award

From page 1

Radostits

The board and Regional Superintendent of Schools Chris Tennyson recognized Oregon High School teacher Kim Radostits for her 2022 Illinois Teacher of the Year honor at the meeting. Radostits was recently one of the finalists for National Teacher of the Year. She serves OHS as a Spanish teacher and has spent her entire career with the school. Radostits has spent the past year as Illinois Teacher of the Year on a state-sponsored sabbatical, speaking at conferences and visiting schools across the state to share information about her work at OHS.

"Iam who I am as a result of 37 years of experiences and people who believed in me so that I could help others," Radostits said. "I still get emotional about this particular award even though it was announced in March 2022. I've spent my entire career in Oregon and I've carried Hawk pride in every experience I've had as Illinois Teacher of the

Radostits has had the chance to join the other 54 state teachers of the year at five national events. That included a week in Washington D.C.

"Three weeks ago I was sitting in the rose garden at a ceremony celebrating teachers," Radostits said. "And I was sitting three feet away from President Biden and Dr. Jill Biden as they talked about the teaching profession. I spent the entire ceremony thinking about experiences I've had here in Oregon for the past 16 years."

Caposey

Tennyson and the board also recognized Meridian School District Superintendent PJ Caposey for his 2023 Illinois Superintendent of the Year honor. Caposey was unable to attend the meeting, but Tennyson sang his praises.

"When someone wins state superintendent of the year, and then makes the top four for superintendent of the nation, that's a pretty big deal,"Tennyson said. "And a lot of times they move on

to bigger and better things. It's so exciting to me as a regional superintendent that the Oregon School District has locked Dr. Caposey in to take over as superintendent after Dr. Mahoney retires. He'll be here serving the students and families in Oregon for a long time."

Public safety

The board heard an update from Larson & Darby Group CEO Steve Nelson. The engineering firm is in the midst of looking at improvements to the Ogle County Public Safety Campus, which houses the Ogle County Sheriff's Office and its maintenance department.

Nelson and Ogle County Sheriff Brian VanVickle said there are multiple deteriorating buildings on the campus and Larson & Darby Group has been looking at a number of concepts for its future including demolition of those buildings, new construction, and short-term repairs at a lower cost. Issues with the buildings have included roof failures and drainage.



(PHOTO BY JEFF HELFRICH)

The board and Regional Superintendent of Schools Chris Tennyson recognized Oregon High School teacher Kim Radostits for her 2022 Illinois Teacher of the Year honor at the meeting.

VanVickle said the roof of one of the buildings partially collapsed three weeks ago and water leaks have been an issue since 2017.

"There's probably between \$2.5-3.5 million worth of equipment in that building right now," Van-Vickle said. "Obviously that's a concern. We're going to have to do something moving forward with what this looks like. It's coming much quicker than we think. I think there's some short-term and long-term options we'll look at."

IGA

The board unanimously approved an intergovernmental agreement with the Village of Davis Junction to hire a consultant to look at the Orchard Hills Landfill to see what types of waste it's made up of.

The village and county have been engaged in a multi-year negotiation process with Waste Management and its predecessors in interest of new

host agreements to better account for the types of waste being transported to and disposed at the landfill, and the tipping fees paid on that waste.

Old jail site

Board Member Don Griffin said that at next month's meeting, the board will review bid documents for the finishing of the parking lot and sidewalks at the former site of the recently-demolished Ogle County Jail.

Rochelle Area

IURCH DIRECTORY

Ashton Bible Church, corner of Main and Paddock in Ashton. Pastor Farrel Stauffer, church phone is (815)453-2190, church website www.ashtonbible. org0. Sunday School for all ages 9:00-10:00am, Morning Worship 10:15am, Wednesday Prayer Meeting/Bible Study 6:30-8:00pm.

The Bridge Church, Pastor Greg Duncan, 11038 E. IL Route 38, Rochelle, IL 61068. Phone: 815-562-7750. Sunday School: 9:00 am; Sunday Service: 10:00 am; Nursery & Children's ministry during am service; Bible Study Tuesday 10:00 am and Wednesday 7:00 pm. Web: the bridge churchrochelle. com Email: thebridgechurchrochelle@gmail.com

Calvary Lighthouse Church, Assemblies of God, Senior Pastor, Dr. James Horvath. 14409 Hemstock Rd., Rochelle. Sunday Morning: Sunday Worship & Children's Church 10:00 A.M., Wednesday Evening 7:00 P.M. - Adult Teaching, Missionettes & Royal Rangers Childrens Classes, Nursery available for all services. HE-Brews Cafe is open before and after services. For further information, please call the CLC office at 815-562-7701, or email us at staff@calvarylighthouse.com

Calvary Lutheran Church, LCMC - "To Know Christ and to Proclaim Christ in Word and Deed" -19 Perry Road, Lee, IL 60530 (the intersection of Perry Road and W. County Line Road). Rev. Martha Uecker Nelson, Pastor. Coffee Hour starts at 9:00 a.m., Sunday School, Confirmation, and Adult Bible Study are at 9:15 a.m. Worship is at 10:30 a.m. and is broadcast live on Facebook. Go to our website is at www.Calvarychurchlee.org and click on the link there. A Grief Support Group meets the third Tuesday of each month at 10:00 a.m. Call or text (815) 824-2825 or email CalvaryLeeIL@ gmail.com with questions or for more information. Also check us out at www.facebook.com/Calvary-Lutheran-Church.

Rochelle Church of Christ, Keeping Christ at the center in the Hub City. We meet Sundays at 9:00am for Bible Study and 10:00am for worship. We also have a Wednesday Bible Study at 7:00pm. 206 Erickson Rd, Rochelle, IL 61068. You can call us at (815) 562-6572 or visit us on the web at rochellechurch.com. We also have a radio program Sundays just after 8am on WRHL 1060AM. Minister Dominic Venuso.

Creston United Methodist Church and Steward United Methodist Church - Rev. Ilhan You, Creston: 126 West South Street, P.O. Box 209, Creston, Illinois 60113. Sunday morning worship 9:00am. Coffee fellowship at 10:15am. Steward: 507 Main Street, P.O. Box 80, Steward, IL 60553. Adult Sunday School, 10:00am. Sunday morning worship and Children's Sunday School 11:00am. Contact the church office at 847-730-4370 for more information. facebook.comcrestonumcil faccebook.com/stewardilumc

Elim Reformed Church, 140 S. Church Road, Kings, IL 61068. Phone: 815-562-6811. Email goelimchurch@gmail.com Website goelimchurch.org Sunday Morning Worship 10:00 Rev. Mary Jacobs

Faith Lutheran Church - (14206 E. Flagg Rd.) -"Making Christ Known Through Lives of Faith." Inperson worship is available each Sunday at 9:00 a.m. or online at "Faith Lutheran Social" on YouTube. Worship resources are also available on our Facebook page - 'Faith Lutheran Church ELCA.' You may also e-mail Pastor Joy Alsop at Pastor@faithlcrochelle.org for more information. All are welcome to join us!

First Baptist Church of Rochelle, First Baptist Church of Rochelle invites you to experience our practical Bible services which have nurseries provided in every service along with a wide range of children's and teen ministries. Sunday School is at 9:30 am with regular church services at 10:30 am and 1:00 pm. Wednesday Family Night starts at 6:30 pm with AWANA for the 5 yr. olds thru 6th grade. The Omega Teen Ministry also starts at 6:30 pm for 7th – 12th grades and the Adult Bible Study at 7:00 pm. First Baptist Church is located 6 blocks west of Hwy 251 at the corner of Woolf Ct. and 8th Ave. in Rochelle. Call 562-4168 for more information. Listen at 8:30 am Sunday mornings on WRHL 1060 AM for the Sunday morning "Bible Message." www.firstbaptistrochelle.org

First General Baptist Church, 500 S. 12th St, Rochelle. Phone: 815-562-5221. Email: fgbcrochelle@gmail.com.Website: fgbcrochelle.org. Facebook: www.facebook.com/ fgbcrochelle.Pastor: Rev. Angelo Bonacquisti. Sunday worship services: 8:30 am, 11:15 am honored to have you join us as we worship JESUS and continue to grow in truth and love for God and each other. A nursery, children's church, youth group and small groups are available. If you need a ride please contact our church bus driver, John, at (815) 262-4275 by 8:30 am on Sunday. "For if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved." Romans 10:9

First Presbyterian Church - An Amazing Place for Amazing Grace- Rev. Doug Forsberg, Senior Pastor. 1100 Calvin Road, Rochelle. Email: info@ placeforgrace.com. Sunday morning worship 9:00am & 11:00am. In person or streamed online. On our Website and Facebook Live. www.placeforgrace.com / www.facebook.com/ placeforgrace

Grace Fellowship Church — Pastor Jeff Ardissone, 2128 Il Route 38, Ashton, 815-453-7464. Sunday School 8:30 a.m. Sunday Worship Service 9:45 a.m. www.graceisforyou.com

Harvest Baptist Church 241 Scott Ave. (Hillcrest). Rev. Duane Boehm, pastor. Email duane712@ hotmail.com, cell 815-757-3427. Visit us on Facebook! Service times: Sunday morning worship with Children's Church at 10 am. Wednesday night worship at 7 pm.

Immanuel Lutheran Church Missouri Synod 16060 E. Lindenwood Road, Lindenwood, IL 61049. Rev. Dr. Matthew Rosebrock. Church Phone 393-4500. Church Worship 9:00 a.m. Sunday School Christian Education Hour at 10:30 a.m.

Living Water Community Church 405 N. Main St, Downtown Rochelle. Phone 815-561-6249, Website: www.lwccr.com, Like us on Facebook. We are Non-Denominational, Christ Centered, Casual dress, Christ Centered Live Band Worship. Chris Bender- Teaching Pastor, Brent Braski- Administrative Pastor, Adrian Daugherty- Lead Worshipper, Joe Mortimer- Youth Director, Amanda Barnes- Office Manager. Sunday Worship Service- 10:00am. Nursery/Toddlers Ages 0-5 available during the service in the Splash building. Swim- Grades 1st-5th worship with the adults then break out for age appropriate teaching. Youth groups, Small groups, Life Groups and Workshops meet throughout the year for Bible teaching. 7C's Missionserves the community physically & spiritually each month from 1135 Lincoln Hwy, providing lightly used clothing, Hygiene items, a light lunch and Elder Prayer open the second Saturday from 10am-2pm and the 4th Thursday from 4pm to 7:00pm and by appointment.. New Hope Fellowship (Church of God -Anderson, IN), 1501 10th Ave., Rochelle, IL 61068. Service: Sunday at 9 a.m. 10:30 a.m., (815)561-8400, www.NHFchurch.net Pastor: Dan Sergeant and Pastor Nick Tornabene. (Classes for children through age fifth grade during service.)

Rochelle United Methodist Church invites everyone to come and be a part of God's Easter People! St. Augustine of Hippo began his Easter sermon with this proclamation: "We are an Easter people and Alleluia is our hymn of praise!" Our worship services from Easter through May 28 will focus on some of the verbs that teach us how to LIVE as Easter People, to LIVE out what we believe in the light of Easter. Everyone is always welcome to all of our services. Our Easter book and 6:00 pm. Sunday school: 10:00 am. We'd be study is "The Faces of Easter" by Albert Holtz and takes place on Thursdays at 2:00 pm in Hicks Hall. The books are available in the office and everyone is welcome. We will be looking for the faces of Easter in stories in the book and in the people around us. Sunday worship is at 9:00 am with Sunday School for children after the Children's Message. Recorded services are available on our YouTube channel and our website at www.rochelleumc.com. Our services are on the radio (93.5 FM) on Sunday mornings at 9:00 am. Our Facebook page is www.facebook. com/rochelleumc. Rev. Dr. Katherine Thomas Paisley, Pastor. 709 Fourth Ave. (815) 562-2164. admin@rochelleumc.com. Everyone is welcome and loved!

> St. Patrick Catholic Church Rev. Jesus Dominguez; Deacon Fermin Garcia; Deacon George Schramm; 244 Kelley Dr. (Corner of Kelley & Caron Rd.), PO Box 329, Rochelle, IL 61068. Office Hours: 9:00 AM- 4PM Monday-Thursday, Phone: 815-562-2370. Mass times: 8:00 AM Monday-Thursday, Saturday Vigil Mass 5:00 PM English, 7PM Spanish, Sunday Mass 7:30 AM, 9:00 AM in English and 11:00 AM in Spanish. Confessions: Monday 8:30AM & 6:30PM, Tuesday 8:30AM, Saturday 8:30am & 4:00-4:45 PM Or by appointment. Religious Education: Deacon George Schramm, Director of Religious Education. 903 Caron Road, Rochelle, IL 61068, 815-561-0079; Website: stpatricksrochelle.com

Email: stpatrick-rochelle@rockforddiocese.org

Facebook.com/StPatrickRochelle

St. Paul Lutheran Church "Building Relationships in Christ, Now and Forever!" Pastor-Rev. Greg Hoffmann, Steven Hall, Principal, Parish Nurse-Marcia Schnorr. 1415 Tenth Ave., Rochelle. Church Office-562-2744. Worship times: 6:00 p.m. Saturday, 9:00 a.m. Sunday. Our service is broadcast over WRHL 1060AM at 10:00 a.m. Sunday. Sunday School 10:15-11:15 a.m. Call 562-6323 for more information about the school.

LOCAL VIEWS

Guest column

McDermott: John W. Tilton - A man of vision

LIJAH Tilton moved his family ✓to this area from Ohio in 1852. Elijah's son, William, farmed and at one time was postmaster of Chana. William also owned the Tilton Livery barn on the southwest corner of 4th Avenue and Main Street in Rochelle. This is the first record of the Tilton family in this community.

William and his bride had two sons, Floyd and Clarence. Both would become prominent in the Rochelle business community. Clarence built the first roller rink, owned a men's clothing store and a cleaning/pressing establishment. Our story will follow the

path of Floyd and his son, John. In 1895, Floyd served in the Spanish American War and saw combat at the battle of Puerto Rico. After his service Floyd was a member of Company M, Third Illinois Volunteer Infantry.

Floyd J. Tilton moved into Rochelle in 1907 and opened a small law practice. During his time here he served as postmaster, city attorney and high school board president. He was also very active in the Elks, Masons and Veterans of Foreign Wars (VFW). In the VFW he is credited with the re-founding of the organization. Floyd led the campaign to bring back the VFW in 1944. He was elected as commander and in 1948 the local was re-named, "Floyd J. Tilton Memorial Post No. 3878, Veterans of Foreign Wars of Rochelle."

Floyd and his wife, Mertha, had five children; Mary, Catherine, Norval, Charles and John. For this piece it is John that draws the greatest attention.

Born in 1911, John W. Tilton, lived his entire life in Rochelle. John attended Rochelle schools and received four varsity letters playing basketball and football for the Hubs. Rochelle was his home, and like his father, John was destined to have a major impact on the community.

Two things happened

in 1932 that had a definite impact on the trajectory of John's life. John purchased the "Rochelle Home Journal", a local newspaper, for \$10. In typical John Tilton fashion, the check had to be held until the weekend. when John would have enough money to cover the check. Secondly, John, like so many other kids in their 20s, had a brush with the law. John was arrested and given six years of probation.

John and his father Floyd published the first edition of the Northern Illinois Democrat on Feb. 9, 1933. Floyd was listed as editor and John as business manager. The name of the publishing end of the company was changed to John Tilton Industries. At the age of 22, John Tilton was now involved in two businesses.

The major competition for the Tilton en-

terprise was The Rochelle News and this would lead to one of John's biggest headaches. John was still on probation when he went to Hot Springs, Arkansas for medical purposes. This was a

violation of his probation, and mysteriously, the event was reported to the authorities. John was arrested for violation of probation and sentenced to serve the final six months of his probation in jail. After five years of following the rules, John was now looking at time in a cell. Who turned him in? Well, it just happened to be the owner of the Rochelle News, his competitor. The

community went into an uproar and petitioned that all charges against John be dropped. On Sept. 24, 1937 President Franklin Roosevelt granted a presidential pardon, clearing John of all charges.

It was in 1943 that John received satisfaction. He bought the Rochelle News and ended the vindictive competition. During World War II,

John enlisted and served in the European Theater. The war showed

> John a side of life that one can only understand if they were there. He saw action in Belgium and Germany. From the Battle of the Bulge to the release of the prisoners at Dachau concentration camp,

Tom

McDermott

John was witness to the cruelties of war. John, in a letter home said, "this war has aged me 10 years." If anything, it matured him 10 years.

John returned home to Rochelle and built a business and philanthropic organization so diversified that it almost defies description. John bought the final newspaper in the community, "The Rochelle Leader" to corner the news and printing field.

He then expanded into the construction field. In 1936, the first building project was started. In time over 4.000 homes were built in Northern Illinois and Wisconsin. Thousands of returning veterans found affordable housing due to the efforts of their brother in arms, John Tilton, In 1959 "American Home Magazine" awarded John Tilton with the "Best House for the Money Award." Mid-States Concrete

Products Co. of South Beloit; Illinois Manufacturers of Flexicore, Midwest Painting Contractors, Tilton-Cameron Corporation and Leader Building Company all fell under the umbrella of Tilton Industries. John's pet project was

a hotel restaurant combination known as the Vagabond. In 1954, at the cost of \$80,000, he bought the Vagabond and set out to make it the destination spot of Northern Illinois. Fires in 1970 and 1982 brought the fate of the Vagabond to the edge. Insurers refused to cover the complex if it was rebuilt as a wooden structure. With his background in concrete and Flexicore construction, John was un-

fazed. He rebuilt the entire structure out of concrete, adding floors for condominiums.

The Vagabond featured acts such as, Duke Ellington, Buddy Rich, The Ink Spots and perennial favorites Dave Major and the Minors.

From the philanthropic side, John Tilton was second to none. In 1942, the Lincoln Hospital was preparing to close, leaving the community with no hospital. John purchased the building and allowed the city to rent the facility until such time as a new hospital could be constructed. 1948 saw the donation of \$10,000 of land for the construction of the Floyd J. Tilton school on 9th Street. John donated money or land for the Floyd J. Tilton Little League fields, a shelter and sewer lines for Cooper Park.

In 1958, John Tilton was awarded the Kiwanis Man of the Year award for his many contributions to the people and the City of Rochelle. John had a vision for his home and spent his lifetime helping Rochelle improve to fit that vision.

Tom McDermott is a Flagg Township Museum historian and Rochelle city councilman.

on the radio Baseball

Day nas passed. Hope all of you mother's out there had time to spend with your children and family; and I hope they pampered you for the day in return for the countless times you've pampered them. Who knows; maybe they even did the laundry by themselves!

I was listening to the baseball game the other night on the old AM/FM radio. It got me reflecting back on the old days. You know the old days when you were young. Seems kinda ironic doesn't it?

I remember as a kid sitting out on the patio listening to the baseball game with my Dad enjoying a pop while he puffed on his Camel unfiltered. We had finished off another great meal prepared by Mom and Dad had finished another hard day's work on the farm. Me, I just finished a day at school, polished off homework and felt like sitting around with Pop.

As I hit my teenage years I used to take a Sunday drive in the country, windows down, winding country roads, radio banging out tunes and not a care in the world. Radio was a nice diversion.

However most of my radio listening time was spent on a tractor. Not just any tractor mind you. It was Pop's old 830 model Case, narrow front-end and no cab. Box radio mounted on the fender. It was the first tractor I learned to drive at 12 years old, and it still sits in the barn back home.

You see I was the designated cultivator as

Dad grew older. I got to cultivate the corn once and the beans twice each summer. Right hand up on the fender so you could see the row guide, eating dust for breakfast, lunch and dinner with the radio dialed into WMAY,

one of the local Springfield radio stations. Mostly a few

tunes rolling out, news on the hour and if I got lucky an afternoon St Louis Cardinals game. The reception on that old box radio wasn't the best,

but with the antennae up it wasn't quite as scratchy. Sometimes it was a little difficult to hear over the hum of the tractor engine, but you got used to tuning out the hum and focusing on the radio.

driving in quiet solitude is more my cup of tea these days. My only radio now is a baseball game when the reception is good. Never was a big news radio fan and most of todav's music I

The older I grew the

less I listened. Seems like

can't understand the lyrics, so why bother being bothered.

But for all you folks who still like having the squawk box in the background I'll share with you the

top country songs of all time (tongue in cheek):

Kern

Get your tongue outta my mouth 'cause I'm kissin' you goodbye

I don't know whether to pinch myself or go bowling

If I can't be number

one in your life then number two on you

I sold a car to a guy who stole my girlfriend, but it don't run so we're even Mama get a hammer

there's a fly on papa's

If the phone don't ring you know it's me

She's actin' single and I'm drinkin' doubles How can I miss you if you won't go away

I keep forgettin' I forgot about you I still miss you, but my

aim's getting' better I wouldn't take her to a dog fight 'cause I'm

afraid she'd win I'm so miserable without you, it's like having

you here If I'd have shot you

when I wanted to I'd be outta jail by now My head hurts, my feet

stink and I don't love you

my best friend, I sure do miss him Please bypass this

My wife ran off with

You done tore out my

heart and stomped it flat You're the reason our kids are so ugly

Her teeth was stained, but her heart was pure She's looking better

after every drink I'd say thank you but I

don't know what you've Power tools and

drinkin' keep me from thumbin' through the

pages Think I'll just go listen

to a ball game. "May your life one day

be as awesome as you pretend it is on Facebook." -Anonymous

Ron Kern is the manager of the Ogle County Farm Bureau.

How to contact government officials

U.S. Con. Darin LaHood 1424 Longworth HOB Washington, D.C. 20515 (202) 225-6201

Stratton Office Bldg Springfield, IL 62706 (217) 782-1942

IL Sen. Win Stoller

IL Rep. Bradley Fritts Stratton Office Bldg Springfield, IL 62706 (217) 782-0535

Have a letter you want to submit to us? Send it to (news@rochellenews-leader.com

KEEPING YOU IN TOUCH WITH YOUR LOCAL LEADERS

* Denotes Chairman/President

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Ashley Jackson Stephanie White Javier Zepeda Jennifer Thompson

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Dave Casey

Steve Builta

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LETTERS TO THE EDITOR POLICY

The Rochelle News-Leader encourages responsible letters to the editor on subjects of interest to our readers. Editing may be necessary for space, clarity or to avoid obscenity or libel, but ideas will not be altered. All letters must bear the handwritten signature of the writer and include address and phone number or e-mail address for verification purposes. Neither the street address nor phone number will be printed. Letters should be typed

or legibly handwritten, and no anonymous letters will be published. Any letters from boards or organizations must include at least one name of an individual. Any criticism of public officials should be limited to issues related strictly to their position or actions made in office, as personal attacks will not be published. Letters involving private disputes between the writer and a business will not be published. Political endorsements will be published,

however letters from candidates endorsing themselves will not be printed. Letters may be dropped at the News-Leader office (211 IL Route 38 East), mailed to the News-Leader (P.O. Box 46, Rochelle, IL 61068) or e-mailed (news@rochellenewsleader.com.) The News-Leader reserves the right to edit or reject any letter to the editor for any reason, and letters chosen for publication do not necessarily reflect the views of this newspaper.

COMMUNITY



Patel awarded \$1,000 Illinois State Organization NSDAR scholarship

Regent Laurie Perry of the Rochelle Chapter, Daughters of the American Revolution was pleased to present the \$1,000 Illinois State Organization, NSDAR general scholarship to Zalak Patel (left). Patel was awarded one of only 10 ILDAR general scholarships that are available to students who will be attending a college or university in Illinois. Applications must be submitted each year by Feb. 1 to a sponsoring DAR Chapter. For more information, contact the Rochelle Chapter at https://ildar.org/chapters/rochelle/pages/contact.html

Ricketts graduates from Central College

PELLA, Iowa — Gregory Ricketts from Rochelle was one of 222

Central College students who were celebrated during commencement

2023 on Saturday, May 13, in the P.H. Kuyper Gymnasium.

Ricketts earned a bachelor's degree cum laude, majoring in economics.

Engelkes named to dean's list at ONU

BOURBONNAIS — Emily Engelkes of Rochelle was named to the dean's list at Olivet Nazarene University during the recently-completed spring 2023 semester. To qualify for inclusion on

the dean's list, a student must have been enrolled as a full-time undergraduate student and must have

attained a semester grade point average of 3.5 or higher on a 4.0 grading scale.



Heather Flores Heidi Bonilla Brad & Kelly Arnold (anniversary)

> May 22 John Gonzales

May 24 Katie Sherburne Dave & Mary Helfrich (anniversary) May 25

John & Kristi Gonzales (anniversary) **Dorothy Lockard**

> May 27 Leland Hazlip

May 29 Tristan Perkins

Kathy Marchesi





Apr. 26 - Comfort Inn & Suites, Rochelle, \$25

Apr. 27 - Sallie Lord, Fishers, Indiana, \$25

Apr. 28 - Deanna Hill, Rochelle, \$25

Apr. 29 - Chris Sawlsville, Rochelle, \$25 Apr. 30 - Sherri Salsbury, Oregon, \$50

May 1 - Chuck Kessen, Rochelle, \$25

May 2 - Alex Dyer, Rochelle, \$25

May 3 - Zekelman Employee, \$25

May 4 - Donna Durham, Rochelle, \$25

May 5 - Ronny Alvarez, DeKalb, \$25

May 6 - John Zhe, Rochelle, \$25

May 7 - RACF, \$50

May 8 - Shelly Crownheart, Sterling, \$25

May 9 - City of Rochelle, \$25

May 10 - The Kitchen Table, \$25

May 11 - John Dreska, Lindenwood, \$25

May 12 - Charlie Boonstra, Dixon, \$25

May 13 - RACF, \$25

May 14 - Alexis Wooden, Paw Paw, \$500

May 15 - HOPE of Ogle County, \$25

May 16 - Brittani Lambrecht, South Beloit, \$25

May 17 - Tammy Burke, Oregon, \$25

May 18 - Megan Dempsey, Dixon, \$25

May 19 - From the Heart, Rochelle, \$25

May 20 - RACF, \$25

May 21 - Rochelle Fire Fighter Social, \$50

May 22 - Zekelman Employee, \$25

3 Haul in

support **15** Old

16 Steam

17 Listen

25 Heap

18 Dawdles

affection

34 Prefix with

discrimination

prophet

old lingo

4 Old Egypt-Syr. alliance

5 Year, in Paris



Coffee Break

MAGIC MAZE Q N G Т G D C S S Т \mathbf{E} \mathbf{E} \mathbf{R} O \mathbf{D} O Find the listed words in the diagram. They run in all

d, up, down and diagonally BANNER forward, backward Unlisted clue hint: STAR

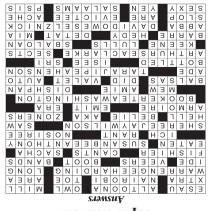
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Magnolia Of David Of India Player

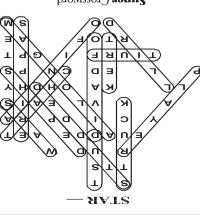
Sapphire Shaped Struck Studded

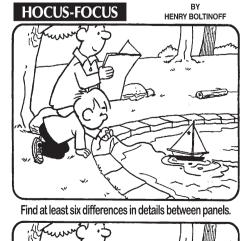
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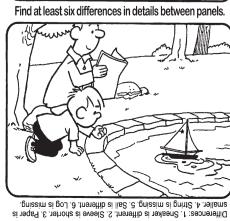
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Super Crossword







Super Crossword

46 "Dallas" 91 "Point taken" DOWN 1 Jacob bought actress Lanka 1 Many an 38 Europe-Asia 93 Sci-fi writer his birthright fancying alimony 39 "Don't blue birds? recipient oorts don

12 Hooting avian 54 Underworld **15** Factory type 19 Pibb **55** Disprove (soda brand) 56 Otherwise 20 Kenya's

capital 21 Foot digit 22 Vicinity 23 U.S. president

ordering

steeds to turn right? 26 Have a strong desire 27 Ending for

cyan-28 Turns sharply 29 Winter footwear item

30 Styx and The Stones 31 More suspicious 33 Inclined

positions **35** "Da Ali G Show" star Baron Cohen 36 Taken in food

suffragist keeping an 42 I. to Freud 44 Speak wildly

23

63 Historic time founder steeping beverages?

72 Gal pal, in Paris 73 Receptacle

75 Trees with very light wood 78 Performed

37 Women's

Lumber

called, in brief 57 Some city planners 60 Big, ornate

64 Tuskegee

71 Kitten's call

87 Placed in a 45 "Absolutely

102 New

106 Ballet cupboard **62** Send off dancer's rail

in a kitchen

79 Car parker 82 Road runner 83 Fruit drink 84 "Hidden Figures" actress

podded vegetables?

98 Split-off religions Hampshire

103 Quiet spells 104 Govt. aid for a start-up

107 Lamarr of old films **108** Coup (overthrow) 110 Rosemary plaver

Farrow 111 "SOS" quartet 112 "Gone With the Wind" producer

piling up debt? 116 Hoa's food l **17** "Is" pluralized 118 One ousted

119 Have a strong desire 120 Voluptuous **121** Have a strong desire

omegas

(on) 30 Swung sticks 32 Generational treasures 33 "--- talk?" 122 Deep bows (Joan Rivers of respect catchphrase) 123 They precede

6 Pilsners, e.g. 7 Arena section 43 Israelites 8 Mined metals 9 "Ni-i-i-icel" 47 Basil or sage 10 Spurs' ap 11 Website for finding

48 Sailor's saint 49 Razz homestays 50 Tibetan 12 Lazy or monk useĺess 51 Pair for the 13 Refuses to 14 Table

slopes 52 Sacred vow 57 Summits **58** Assns. 59 Novelist Testament

Hawthorne 61 Big furniture locomotive, in retailer 62 She baas 65 "And there supportively

you have it!" 66 Muslim ruler 24 Show clearly 67 Verdi opera 68 It's a thought 69 Musical work

70 Post-WWII alliance 74 Prefix with **75** "Ali – the Forty

discrimination 76 Cutely nerdy, in slang

100 Meditative Chinese martial art 101 Some reptiles 105 Cubes of hay 106 Perch's kin **107** Rabbit's kin 108 Ten: Prefix 109 This, in Spain 112 24-hour span 113 Lab eggs 114 Actor Wheaton 115 Short snooze

INITIAL WORDS

form 79 Stamps on

passports 80 Copycat

84 NFL goals

climbing

partner

86 Counterfeit

88 Remedial

regimen

"Clair de

Browning

94 High dice roll

carmaker

96 Astronomer

Cessna 97 Value highly

99 Funnies

Tombaugh

and aviator

89 Debussy's

90 Before, to

95 Quattro

81 Onion relative

presenting films in video

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border river

writer Packer

40 Runner or

41 Conifers with

red arils

Na Na"

26 24 25 28 29 38 40 45 63 61 73

27 31 36 60 80 78 83 86 89 88 93 94 100 101 102 103 104 105 10 113 | 114 112 115 116 117 118 119 120 122

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SUNDAY, MAY 21, 2023

ROCHELLE NEWS-LEADER • SECTION 2 • PAGE 1

SPORTS



HALE TO MILLIKIN

RTHS senior Payton Hale will play volleyball at Millikin University next year.

See page 2 for more details

RTHS Softball

Senior foursome honored

Lady Hubs fall against Dixon in extra-inning Senior Night thriller on Tuesday

BY RUSSELL HODGES
SPORTS EDITOR

ROCHELLE—Some baserunning magic in the

bottom of the seventh inning allowed the Rochelle Lady Hub varsity softball team to extend Tuesday evening's nonconference Senior Night matchup against the Dixon Duchesses into extra frames. Rochelle would need another late-inning rally as the team faced a one-run deficit heading into the bottom of the ninth inning.

With two outs and two runners on base for the Lady Hubs, senior Morgan Smardo smashed a hard ground ball to Dixon shortstop Kiley Gaither, but a bad throw to first base rolled all the way to the fence, allowing junior Macy Belmonte and sophomore Lauren Dyer to score and tie the game. Although Belmonte scored easily, Dyer was still on the basepath to home plate when Dixon catcher Kennedy Haenitsch received the throw from first baseman Morgan Bailey.

Miraculously, Dyer went underneath and evaded the tag attempt from Haenitsch, who was forced to take over at catcher after starter Ava Valk departed earlier in the frame with a head injury. Dyer's run made the score 4-4, which stood until the Duchesses took a one-run lead after Bailey Tegeler reached on an error and scored on a passed ball in the top of the ninth inning.

Junior Ella Alfano singled to lead off the bottom of the ninth inning, but was caught trying to reach third base on a one-out single from Dyer that soared into left-center field. With a chance to win the game for her team, Smardo belted a deep fly ball toward the left-center-field fence, but the Duchess center fielder Tegeler snagged the ball at the warning track, effectively sealing Dixon's 5-4 win over the Lady Hubs. Rochelle (5-19, 2-11 Interstate 8) will host Kaneland on Thursday before beginning the IHSA 3A Sycamore Regional against Freeport next Wednesday.

"We just need to work on piecing together hits and we need to continue to work on our baserunning," head coach Deanna Jacobs said. "I thought Morgan pitched really well today, but we need to start piecing things together and we have some things that we need to clean up."

See SOFTBALL pg 3



(PHOTO BY RUSSELL HODGES

The Rochelle Lady Hub varsity softball team honored its four seniors before Tuesday's game against Dixon. Above from left to right are Morgan Smardo, Francesca Williams, Layla Pelan and Maleah Pointer.

RTHS Baseball

DeKalb rallies over Rochelle in season finale

Barbs score five runs over final three innings as Hubs fall 8-4 on Wednesday

BY RUSSELL HODGES
SPORTS EDITOR

ROCHELLE — The Rochelle Hub varsity baseball team hosted its final regular season game of the season on Wednesday, falling 8-4 against DeKalb in nonconference action. The Barbs rallied for five runs over the last three innings of the game

after the score was tied 3-3

after four frames.

The Hubs (10-18, 4-10 Interstate 8) will be the No. 6 seed for the IHSA 3A Rochelle Regional, which begins with the quarterfinal game against No. 8 seed Sterling on Monday at 4:30 p.m. The winner will face No. 3 seed Freeport on Wednesday at 4:30 p.m.

Senior Colton O'Rorke went 4-for-4 with four singles from the lead-off hole, while senior Bradley Cooney went 3-for-4 with three singles and three RBIs for the Hubs. Cooney started on the mound and threw four innings, striking out two batters and holding DeKalb to three runs.

The Barbs took a 3-0 lead in the top of the second inning, where back-to-back singles from Cole Latimer and Maddux

Clarence led to a two-run single from Paul Kakoliris two batters later. Nik Nelson followed with an RBI single to give DeKalb a three-run advantage, which held until Rochelle tallied three runs in the bottom of the third inning. Junior Braden Behrens reached and scored on two errors before Cooney's two-out, two-run single tied the score later in the frame.

DeKalb inched ahead in the top of the fifth inning, scoring on an RBI single from Nate Nunez and a Hub error to take a 5-3 lead. O'Rorke's lead-off single in the bottom of the fifth inning led to an RBI single from Cooney three batters later, which made the score 5-4 heading into the top of the sixth inning, where Gavin Heller walked and scored on a wild pitch for the Barbs.

the Barbs.

Jackson Kess capped off a two-run frame for DeKalb in the top of the seventh inning, hitting a two-out RBI single up the middle to give the Barbs a four-run advantage. O'Rorke and Cooney each singled for the Hubs in the bottom of the seventh inning, but both were

stranded on base.





(PHOTOS BY RUSSELL HODGES)

The Rochelle Hub varsity baseball team faced DeKalb at home on Wednesday, falling 8-4 in the final game of the regular season. Senior Colton O'Rorke (left) went 4-for-4 with four singles and two runs scored, while junior Braden Behrens (right) singled and reached base twice in the loss to the Barbs.



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HUB SPOTLIGHT



Rochelle senior Payton Hale will continue her academics and her volleyball career at Millikin University next year. Hale said she intends to study nursing.

Hale commits to Millikin University volleyball team

BY RUSSELL HODGES SPORTS EDITOR

AYTON Hale's versatility was a huge reason why the Rochelle Lady Hub varsity volleyball team successfully recorded its first winning season since 2019 this past fall. Once a player who could only fill one position on the court, Hale's role with the Lady Hubs expanded greatly throughout her four years at RTHS. That growth culminated during her senior season, where she lined up at several different positions including middle blocker and outside hitter as well as in the back row.

Hale will look to bring that versatility to the collegiate level next year, with the senior committing to continue her academics and her volleyball career at Millikin University. Hale spent four years with the Lady Hub volleyball program including three years on the varsity team, where she was named an All-Conference First Team honoree in the Interstate 8 during her senior season.

"I met the coaches and they were both so sweet," Hale said. "I think I'll find my family there and I'm hoping to make more friends and meet new people. I'm looking forward to the experience because not many people are blessed to receive this experience. I think coach [Molly] Sly and my teammates really pushed me to get better and that motivated me to keep playing."

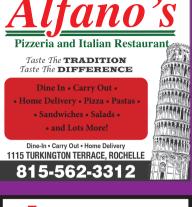
Hale totaled a team-high 182 digs and 43 blocks while adding 133 kills and 32 service aces on the offensive end of the court. A front-row starter this season, Hale also earned Rochelle's Most Valuable Player Award this season, where she helped lead the Lady Hubs to an 18-15-3 overall record. Hale was named an All-Conference Honorable Mention in the Interstate 8 during her junior season, where she compiled a team-leading 38 blocks as the starting middle blocker.

"I think I'll mostly be playing in the middle because I think that's what they were looking for," Hale said. "I think my overall play improved the most because I came in as a starting middle and that's all I did, but I had more opportunities to play in the back row and be a hitter this season. I'm hoping to be a lot stronger and I hope I can be a good teammate that people can look up to.'

Hale was named an Academic All-Conference honoree in the Interstate 8 during her senior season. Hale, who chipped in 17 kills and 20 digs during her sophomore season, said she intends to study nursing in order to eventually pursue a career in the healthcare industry. In addition to her volleyball career at RTHS, Hale competed with the VC United volleyball club.

"Payton is a hard worker and she makes a positive impact in anything she's a part of," Lady Hubs head coach Molly Sly said. "It was an honor to get to know her and coach her over the past four years and I know there are great things in store for her in the future.'







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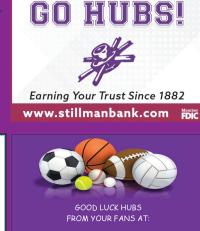






















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SPORTS

RTHS Girls Soccer

Lady Hubs bow out in IHSA 2A Regional Semifinals No. 3 seed Belvidere North eliminates No. 5 seed Rochelle 9-0 on Wednesday

BY RUSSELL HODGES

SPORTS EDITOR

ROCHELLE — The Rochelle Lady Hub varsity soccer team faced Belvidere North in the semifinal round of the IHSA 2A Rochelle Regional on Wednesday, falling 9-0 to finish the season with a 7-10 overall record and a 3-3 record in the Interstate 8 Conference.

The third-seeded Blue Thunder held a significant shot advantage over the fifth-seeded Lady Hubs, outshooting Rochelle 23-3 and 20-1 in shots on goal. Junior Danica Ward recorded 11 saves in net for the Lady Hubs, who fell behind early after Belvidere North scored its first goal of the match during the seventh minute. The Blue Thunder continued to attack the Lady Hub defense throughout the first half, scoring in the 12th and 13th minutes to earn a 3-0 advantage.

Belvidere North held a 7-0 lead at halftime after adding one goal in the 22nd minute as well as two goals in the 29th minute and another goal in the 40th minute. The Blue Thunder sealed their semifinal victory in the shortened second half, where Belvidere North added goals in the 46th and 63rd minutes. Sophomore midfielder Makayla Lara totaled two shots and junior forward Kara Martinez finished with one shot on goal to lead the Lady Hub offense in the loss.

Rochelle finished with 49 goals and 24 assists in 17 total matches this season. The Lady Hubs, who took fifth in the Interstate 8 tournament earlier in the season, compiled 128 saves on defense, with Ward recording 92 saves and freshman Deissy Torres adding 31 saves. Lara led the Lady Hubs with 22 goals and Martinez finished with six goals and a team-high five assists. Senior midfielder Mavi Avila ended the season with seven goals and two assists for Rochelle.



Sophomore Betty Flores (right) battles for possession during the Rochelle Lady Hub varsity soccer match against Belvidere North on Wednesday. The Lady Hubs fell 9-0 in the IHSA 2A Rochelle Regional Semifinals.

SOFTBALL: Lady Hubs fall against Kaneland, Sycamore

From page 1

Smardo started in the circle and fired all nine frames for the Lady Hubs, striking out a season-high and career-high 21 batters while holding Dixon hitless over the first three innings. Rochelle held a 1-0 lead after an opposite-field triple from Smardo rolled to the right-field wall and allowed Dyer, who singled in the previous at-bat, to come home from first base.

Dixon rallied for three runs in the top of the fourth inning, where a two-run double from Valk put the Duchesses ahead 2-1 before an RBI single from Delaney Bruce gave Dixon a two-run advantage. Smardo singled and scored on a dropped third

strike in the bottom of the fourth inning, making the score 3-2 before a baserunning mistake led to the third out at third base.

The Lady Hubs saw three runners reach base across the fifth and sixth innings, but no runners were able to score. Dixon inched ahead in the top of the seventh inning, scoring one run after Bruce slapped a slow-rolling RBI single through the left side of the infield with two outs. Dyer went 3-for-5 with three singles to lead the Rochelle offense, while Smardo went 2-for-5 and sophomore Erin Murphy went 3-for-5 with three singles out of the No. 7 hole in the order.

senior players in a pre-

game ceremony before the first pitch. Seniors Francesca Williams, Morgan Smardo, Maleah Pointer and Layla Pelan were each recognized for their time with the Lady Hub softball program and presented

with gifts and flowers. "The senior class is definitely unique because they didn't have a season during their freshman year due to the COVID-19 pandemic," Jacobs said. "They were able to give a lot to the varsity team over the last three years and we really appreciate what they've contributed to the team."

Kaneland

The Rochelle Lady Rochelle honored four Hub varsity softball team error to give Kaneland a hosted Kaneland for its

final Interstate 8 Conference game of the regular season on Thursday. Senior Maleah Pointer's RBI groundout scored junior Adamaris Betancourt to help the Lady Hubs avoid a shutout in their 16-1 loss against the Knights.

Kaneland surged ahead in the top of the first inning, scoring seven runs on six singles as well as one walk and three defensive errors from the Lady Hubs. The Knights extended their lead in the top of the second inning, where they added five runs on four hits including a solo home run from Breanne Crosby.

Isabelle Stombres singled and scored on an 13-0 lead in the top of the

third inning. Pointer's RBI groundout in the bottom of the third inning scored the lone run of the game for the Lady Hubs, who conceded three runs on three hits including a three-run homer by Crosby in the top of the fourth inning.

Rochelle (5-20, 2-12 Interstate 8) finished with zero hits in the loss. Sophomore Lauren Dyer threw all four innings for the Lady Hubs, striking out two Kaneland batters.

Sycamore

The Rochelle Lady Hub varsity softball team opened its final week of the regular season with a 17-0 home loss to the Sycamore Spartans in Interstate 8 Conference innings from the pitcher's action on Monday. Se-

nior Maleah Pointer and sophomore Lauren Dyer each recorded singles for the Lady Hubs (5-18, 2-11 Interstate 8), who mustered only two hits in the four-inning conference loss.

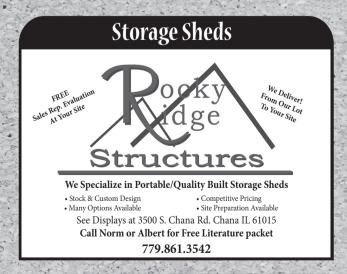
Sycamore held a 7-0 lead after tallying seven runs on five singles, one hit-by-pitch and two errors from the Rochelle defense in the top of the first inning. The Spartans exploded for 10 runs on three doubles, seven singles, a fielder's choice and three errors from the Lady Hubs in the top of the second inning. Sycamore went scoreless over the third and fourth innings, with Dyer striking out three batters over four

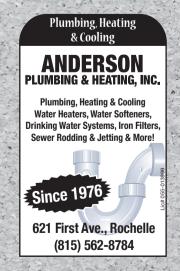
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SPORTS

RTHS Girls Track





Lady Hubs take home awards during season-ending banquet

SUNDAY, MAY 21, 2023

The Rochelle Lady Hub track and field team celebrated its season with an awards banquet on Wednesday evening. Three student-athletes earned All-Conference in the Interstate 8 this season including Alivia Henkel, Kyrie Cragin and Kylie Smith (Honorable Mention)(bottom left). Fifteen studentathletes took home Academic All-Conference honors including Aaliyah Losoya, Bridgett Ramirez (Honorable Mention), Brisa Zepeda, Zoe White, Alex Neece, Miranda Dubek (Honorable Mention), Arline Villanueva (Honorable Mention)(front row), Alivia Henkel, Kyra Bivins, Samantha Sanford, Baylie Sutton, Rylee Jackson, Kennedy Adamski, Macy Ramos (Honorable Mention) and Kylie Smith.

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NOTICE OF PUBLIC

HEARING

(Preliminary & Final

Plat of Subdivision)

PUBLIC NOTICE is

hereby given to all

persons in the City of

Rochelle, Ogle Coun-

ty, Illinois, that a public

hearing will be held by

the Planning and Zon-

ing Commission on

Monday, June 5, 2023

at 6:00 p.m. in the Ro-

chelle City Hall Council

Chambers, 420 North

6th Street relative to the

Petition of the City of

Rochelle for a prelimi-

nary & final plat of sub-

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Book E of Plats, page

18, as Document No.

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of the East-half of the

Southeast Quarter of

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onds West along said

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Line of a public road

designated Veterans

Parkway; thence North

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14 seconds East along

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Way Line, a distance of

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Right-of-Way Line of a

public road designat-

ed South Main Street;

thence South 40 de-

grees 17 minutes 08

seconds East along

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degrees 54 seconds

West along the North

Line of THE GROVE

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of Flagg, the County of

Ogle and the State of

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and available for exam-

ination in the office of

the Community Devel-

opment Director, 420

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All persons interested

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said hearing and be

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Anyone inter-

business hours.

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All persons interested

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said hearing and be

heard. Anyone inter-

ested in participating

in public commentary

remotely should con-

tact Michelle Knight at

mknight@rochelleil.us

or call 815-562-6161 to

Commission members

may participate in the

Planning and Zoning

Meeting remotely as a

result of the Governor

suspending the re-

quirement for in-person

attendance at Public

Rose Hueramo, City

PUBLIC NOTICE

LYNNVILLE

TOWNSHIP

LINDENWOOD, IL

Notice is hereby given

that a tentative Budget

and Appropriation Or-

dinance for the Gener-

al Town Fund and the

General Assistance

Fund for Lynnville

Township in the Coun-

ty of Ogle, State of Illi-

nois for the fiscal year

beginning April 1, 2023

and ending March 31,

2024 will be on file and

available for inspection

by calling Ali Harms @

Notice is further given

that a public hearing on

said Budget and Appro-

priation Ordinance will

be held at 7:30 P.M. on

Monday June 19, 2023

at the Lynnville Town-

ship building in Lind-

enwood and that final

hearing and action on

this ordinance will be

Notice is hereby given

that a tentative Budget

and Appropriation Ordi-

nance for the Road And

Bridge Fund, the CBHB

#915 Fund, and the

Special Building and

Equipment Fund for the

Road District for Lyn-

nville Township in the

County of Ogle, State of

Illinois for the fiscal year

beginning April 1, 2023

and ending March 31,

2024 will be on file and

available for inspection

by calling Ali Harms @

Notice is further given

that a public hearing on

said Budget and Appro-

priation Ordinance will

be held immediately

after the prior budget

hearing on Monday

June 19, 2023 at the

and that final hearing

and action on this ordi-

nance will be taken at

Township

815-393-4998.

Lynnville

this meeting.

Ali Harms

No. 0536

Town Clerk

(May 21, 2023)

taken at this meeting.

815-393-4998.

Meetings.

No. 0535

City of Rochelle

(May 21, 2023)

Clerk

make arrangements.

business hours.

Ogle County, Illinois.

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Specifications and/or plans may be obtained at the Office of the City Engineer. Engineering Department, located at 1030 S. 7th Street, Rochelle, Illinois. The office is open by appointment only by emailing cward@rochelleil.us. Bidders will be required to sign for the specifications and/or plans before they are released. There is no cost for specifications and/or plans picked up at the Engineering Office. A fee of \$100.00 will be required for any specifications and/or plans that are mailed to prospective Bidders. Bids will be mailed USPS First Class mail only. All bids are to be returned to the Office of the City Clerk, 420 N. 6th Street,

THE CITY OF RO-CHELLE PREFERS THE SEALED BID BE HAND DELIVERED TO THE OFFICE OF THE CITY CLERK, CITY HALL, 420 NORTH SIXTH STREET, RO-CHELLE, **ILLINOIS** BEFORE 10:00 A.M. JUNE 6, 2023; HOW-EVER, BIDS MAY BE MAILED. ALSO ANY BID RECEIVED AFTER 10:00 A.M., JUNE 6 BE RETURNED, UN-

Rochelle, IL 61068.

ALL completed bids will be publicly opened and read aloud at a bid opening at 10:00 a.m., June 6, 2023, in the Council Chambers at City Hall in Rochelle.

Illinois. ANY OBJECTIONS. QUESTIONS OR COM-MENTS on the City's specifications shall be submitted in writing on or before 1 p.m. June 1, 2023. If deemed necessary by the City, an addendum will be distributed to all prospective bidders by facsimile transmission at least two (2) business days prior to the bid opening date. The decisions of the City shall be final.

THE CITY OF RO-CHELLE is an equal opportunity employer. All Contracts for Construction of Public Works are subject to the Illinois Prevailing Wage Act (820 ILCS 130/1-12). A CONTRACT may be awarded to the lowest responsible bidder whose bid is found to be in the best interest of the City of Rochelle. The City of Rochelle reserves the right to reject any and all bids and to waive any informalities or irregularities in the bidding. The City further reserves the right to review and study any and all bids and to

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within forty-five (45)

days after the bids have

in public commentary remotely should contact Michelle Knight at mknight@rochelleil.us or call 815-562-6161 to

make arrangements. Commission members may participate in the Planning and Zoning Meeting remotely as a result of the Governor suspending the requirement for in-person attendance at Public Meetings.

Rose Hueramo, City

Clerk City of Rochelle No. 0533 (May 21, 2023)

NOTICE OF PUBLIC HEARING (Special Use for **Government Multi**

Use Training Facility)

PUBLIC NOTICE is hereby given to all persons in the City of Rochelle, Ogle County, Illinois, that a public hearing will be held by the Planning and Zoning Commission on Monday, June 5, 2023 at 6:00 p.m. in the Rochelle City Hall Council Chambers, 420 North 6th Street relative to the following:

Petition of The City of Rochelle and Ogle Lee Fire Protection District for a special use for a Government Multi Use Training Facility in an I-1 zoning district.

The subject property is zoned I-1 Light Industry and is located at 1380 N. 7th Street, and has a legal description of: PIN No.: 24-25-476-019 Lot One (1) of the Final Plat of The Grove Industrial Park being part of Lot Five (5) of the Re-Subdivision of the Rochelle Tollway

Industrial Park First Addition in the East Half (E ½) of the Southeast Quarter (SE 1/4) of Section 25, Township 40 North, Range 1 East of the Third Principal Meridian: situated in the Township of Flagg, County of Ogle and

State of Illinois. The petition is on file and available for examination in the office of the Community Development Director, 420 N. 6th Street, Rochelle, Illinois during normal

business hours. All persons interested are invited to attend said hearing and be heard. Anyone interested in participating in public commentary remotely should contact Michelle Knight at mknight@rochelleil.us or call 815-562-6161 to

make arrangements. Commission members may participate in the Planning and Zoning Meeting remotely as a result of the Governor suspending the requirement for in-person attendance at Public

Rose Hueramo, City Clerk

City of Rochelle No. 0534 (May 21, 2023)

Meetings.

NOTICE OF PUBLIC HEARING

(Preliminary & Final Plat of Subdivision)

PUBLIC NOTICE is hereby given to all persons in the City of Rochelle, Ogle County, Illinois, that a public hearing will be held by the Planning and Zoning Commission on Monday, June 5, 2023 at 6:00 p.m. in the Rochelle City Hall Council Chambers, 420 North 6th Street relative to the

following: Petition of Willis Senior Lofts Limited Partnership for a preliminary & final plat of subdivision. The subject property is approximately 2.037 acres, zoned R5 Multi Family High Density Residential, is located at 400-420 Willis Ave. and has a legal descrip-

Parcel #: 24-36-127-24-36-127-004; 003; 24-36-127-005

Lots 7, 8 and 9 in Lake

Lida - Phase I, locat-101 ed in the North Half of

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CANCER AWARENESS

What cancer does to the body

tens of millions of people each year. The World Health Organization said cancer accounted for nearly 10 million deaths in 2020, the most recent year for data.

Depending on where cancer strikes, various symptoms may present. However, cancer also affects the body as a whole. Here is a more in-depth look at how cancer affects the body and overall health.

 Weight loss: According to a 2011 article in the Journal of Genetics, weight loss occurs in up to 80 percent of people with cancer. Lost mass occurs in both muscle and fat tissue. Cancer may suppress the appetite and cause alterations in biochemical pathways for the production of proteins and other compounds necessary to maintain a healthy body weight and muscle composition.

• Blood cell numbers: Some cancers and cancer treatments can change the number of blood cells circulating

ANCER affects in the blood, according to Cancer Research UK. White blood cell numbers may drop and risk of infection may increase. Cancer treatments may cause low levels of red blood cells, resulting in anemia, which can make a person feel tired and breathless and require a blood transfusion.

 Decreased infection resistance: Some mutations caused by cancer give cancer cells the ability to reduce or even cripple immune response, according to Healthfully. Therefore, the immune system becomes limited in its ability to recognize foreign organisms. Viruses and bacteria may take hold. This is why many people who have cancer may ultimately die from pneumonia.

 Hormonal changes: Some cancers can produce hormones that will circulate and cause symptoms known as paraneoplastic syndrome. It may cause muscle weakness or even change the balance of salt and water in the body. Hormone therapies



may be used in cancer treatments to help address the symptoms caused by the cancer.

 Constipation: Pain medications and chemotherapy can cause constipation. It's important to drink plenty of liquids and eat high-fiber diets to help combat this problem.

• Fatigue: Along with weight loss, fatigue is another common body effect of cancer. Preserving energy by napping and resting, especially during treatment, can help.

• Eye changes: Chemotherapy can increase the risk of dry eye syndrome and the formation of cataracts, says OSHU Knight Cancer Institute. Additional vision problems may occur as well.

• Premature aging: Both cancer and the necessary treatments can speed up some signs of aging. For example, it may increase the risk of osteoporosis or bring on early menopause.

Cancer doesn't just affect the area of the body where it's located. The entire body can be affected by cancer and cancer treatments.

The relationship between race and ethnicity and cancer risk

ANY variables affect a person's risk for developing cancer. Lifestyle choices like the foods a person eats and how much that person exercises can go a long way toward reducing cancer risk. However, certain risk factors for cancer, including race and ethnicity, are beyond individuals'

The relationship between race and ethnicity and cancer risk is complex. Though genetics are a significant factor in that relationship, socioeconome factors, which are not uniformly applicable to all individuals of a certain race or ethnicity, also figure into the equation. For example, the MD Anderson Cancer Center notes that education and income level, access to health insurance, and access to routine medical screening and services can affect an individual's cancer risk. So while the risk for lung cancer may be especially high among African American males without access to routine medical screening and services, it is not necessarily as high for African American males who have access to such services.

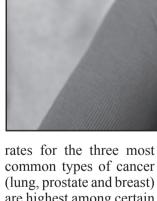
Cultural factors also

must be considered when discussing the potential link between race and ethnicity and cancer risk. The MDACC notes that cultural factors can involve practices and beliefs that are prevalent within certain communities. Those beliefs and practices, which can include eating certain foods, may increase or decrease a person's risk for certain cancers. But again, simply because a person identifies with a certain race or ethnicity does not mean that individual adheres to all of the cultural practices associated with those communities. Individuals who do adhere to practices, such as consuming a diet that includes lots of ethnic foods, may want to speak with their physicians about the potential that such a diet, and other cultural practices, could increase their cancer risk.

The complicated relationship between race and ethnicity and cancer risk makes it difficult to say individuals of certain racial and ethnic backgrounds are definitively at higher risk of developing certain forms of the disease. However, the National Cancer Institute and the American Cancer Society report that incidence

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are highest among certain ethnic groups.

• Lung cancer: Both the incidence and death rates for lung cancer are highest among African American males.

Prostate cancer: Pros-

tate cancer death and incidence rates are highest among African American males.

· Breast cancer: Incidence rates for breast cancer are highest among White, non-Hispanic women. The death rate for breast cancer is highest among African American

is important. Individuals with questions about their risk are urged to speak with





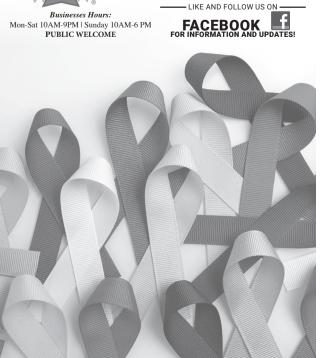






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CANCER AWARENESS

Five fruits and vegetables associated with reducing cancer risk

cancer is widely known. Affecting people of every ethnicity and across the socioeconomic spectrum, cancer poses a threat to people in all corners of the globe. And that threat could be more significant in the immediate future. Estimates from the International Agency for Research on Cancer indicate that the global population boom and the growth of the world's aging population could result in more than 16 million cancer deaths each year by 2040.

The statistics surrounding global incidence rates for cancer are startling, which can give the impression that cancer is an inevitability for hundreds of millions of people across the globe. However, there's much individuals can do to reduce their cancer risk.

According to the MD Anderson Cancer Center, a healthy diet can help reduce cancer risk. A diet that focuses on plants and emphasizes healthy choices may not eliminate the threat of cancer, but it

THE prevalence of can be an integral component of a preventive health care regimen. With that in mind, the following are five fruits and vegetables associated with reducing cancer risk, courtesy of the MDACC.

> 1. Berries: Berries contain antioxidants, which protect the body from cell damage that can contribute to various cancers, including skin cancer, lung cancer and breast cancer, among others. Blueberries, raspberries and strawberries make wonderful additions to anyone's diet.

2. Cruciferous vegetables: Cruciferous vegetables include broccoli, bok choy, cabbage, and brussel sprouts, among others. The MDACC notes that studies have indicated that special plant compounds in cruciferous vegetables may protect the body from stomach cancer and cancers of the mouth, pharynx, larynx, and esophagus.

3. Garlic: The experts at Mount Sinai note that garlic is often linked with reduced risk for heart disease, notably the pre-



vention of atherosclerosis, which affects the arteries through the deposition of plaques of fatty acids along the arterial walls. However, antioxidantrich garlic also helps the body fight off harmful free radicals that can contribute to cancer.

4. Spinach: The Cen-

ters or Disease Control and Prevention notes that colorectal cancer is one of the leading causes of cancer deaths in the United States. Studies have found that spinach inhibits the growth of colon polyps that can develop into colorectal cancer.

5. Tomatoes: Lycopene

is an antioxidant that gives tomatoes their bright red color. According to the National Cancer Institute, though human studies have produced inconsistent results, various in vitro and animal studies have indicated that lycopene

may have chemopreven-

tive effects for cancers of

the prostate, skin, breast, lung, and liver.

Eating these five fruits and vegetables is not the only way to use diet in the fight against cancer. Individuals are urged to speak with their physicians to learn about the many ways to utilize food in cancer prevention.

The link between viruses and cancer

prolific disease that does not discriminate based on age, gender or locality. Many people are aware that various environmental or genetic factors can raise their risk for cancer. However, some may be surprised to learn that certain viruses and other infections also can lead to cancer formation.

While certain viruses are responsible for the sniffles that come with the common cold, people do not often mention viruses and cancer in the same breath. Such individuals may be surprised to learn that some viruses actually can contribute to cancer, according to WebMD. Verywell Health notes that studies have found around 10 percent of cancer cases worldwide are caused by viruses, with the majority of these cases affecting people in developing countries. Viruses, like other pathogens, are composed of genetic material that can invade host cells, causing genetic damage or mutation. Viruses also may alter the immune system so that it is less able to fight off cancer cells that may be present for another

Learning about viruses that can cause cancer can

reason.

ANCER is a be an important component of preventive health care. The American Cancer Society says these viruses are linked to cancer in humans.

> Human papillomaviruses: This group of more than 150 viruses are implicated in the formation of genital warts as well as cervical cancer. HPV also can contribute to cancers of the penis, anus, vagina, vulva, and mouth and throat.

> • Epstein-Barr virus: This virus is commonly linked to mononucleosis or "the kissing disease." It is a type of herpes virus. EBV infection can increase the risk of nasopharyngeal cancer, fast-growing lymphomas, and also Hodgkin's lymphoma.

> • Hepatitis B and C viruses: Both HBV and HCV cause a type of liver infection and inflammation that can potentially lead to liver cancer. Some research also links HCV to non-Hodgkin's lymphoma.

> · Human immunodeficiency virus: HIV, the virus that causes AIDS, isn't a direct cause of cancer, but infection can increase a person's risk of getting several types of cancer linked to other viruses. For example, HIV has been linked to higher risk of Kaposi sarcoma and



cervical cancer. Bacteria and parasites also can contribute to cancer formation. Long-term infection of the stomach with Helicobacter pylori bacteria, for example, may

cause ulcers and stomach cancer. Chlamydia trachomatis is a bacteria that affects women's reproductive systems and can increase risk for cervical cancer.

Certain parasitic worms that can live inside the human body also increase the risk of developing some types of cancers, such as those of the bile ducts and bladder. These are rare in North America, but may be contracted when traveling

Infections from viruses, bacteria and even parasites may lead to cancer in some people.

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CANCER AWARENESS

Understanding the basics of thyroid cancer

HYROID cancer affects the thyroid gland, which is located in the neck. The thyroid is a part of the endocrine system and is responsible for a number of metabolic functions that help the body utilize energy. The thyroid also helps to regulate body temperature, blood pressure and heart rate, says the Cleveland Clinic.

When healthy, the thyroid gland, which is butterfly-shaped, cannot be felt. If the thyroid becomes impaired, changes in the shape or size of the thyroid may be noticed, and such a change could indicate the presence of thyroid cancer, according to the American Cancer Society.

Thyroid nodules, which are bumps or lumps on the thyroid, are typically benign. Two or three out of every 20 nodules turn up as cancerous. While these often cannot be detected by feeling the thyroid, the ACS says doctors use imaging technology to check for thyroid nodules if patients are experiencing symptoms that may be innot functioning properly. Thyroid cancer also may be detected when testing for other ailments.

Johns Hopkins Medicine says most thyroid cancers are asymptomatic. Others may produce pain, difficulty swallowing, voice changes, and enlarged lymph nodes. Thyroid cancer is typically diagnosed after the discovery of a nodule that is either felt or seen on an ultrasound or another imaging study. Biopsy is utilized to confirm a thyroid cancer diagnosis.

According to the Mayo Clinic, thyroid cancer rates are increasing. That spike is likely caused by improved imaging technology that helps doctors find small thyroid cancers on CT and MRI scans conducted when testing for other conditions.

Thyroid cancers can grow from a number of different cells.

- Papillary: This type accounts for around 80 percent of all thyroid cancers. It is a slow-growing cancer that responds well to treatment.
- Follicular: Up to 15 percent of cases of thyroid cancer are follicular. This



type of cancer is more likely to spread to bones and other organs, says the Cleveland Clinic.

· Medullary: Only about 2 percent of thyroid cases are medullary. A faulty gene may be to blame, and one-quarter of patients with this type of thyroid cancer have a family history of the disease.

gressive thyroid cancer. this can be hard to treat because it can grow quickly and often spreads to surrounding tissue and other parts of the body. Only 2 percent of thyroid cancers are anaplastic.

One of the reasons thyroid cancer survival rates are high is that the primary treatment is to

tion or all of the thyroid gland. Johns Hopkins says most thyroidectomies are quite successful. While the thyroid is an essential gland, the functions of the thyroid can be replicated with the use of synthetic thyroid hormones to keep the body's metabolic needs in balance.

Additional cancer

include radioactive iodine and immunotherapy. Radiotherapy and chemotherapy are infrequently used to treat thyroid cancer.

Thyroid cancer is highly treatable, rarely fatal and people can go on to live long lives even if surgery is needed to remove some or all of the thyroid

dicative of a thyroid that is • Anaplastic: An agsurgically remove a portreatment methods can gland. Four ways that people can reduce cancer risk

ancer affects lives in every corner of the globe. Whether it's encountered as a patient, caregiver or supporter, cancer will affect the vast majority of individuals at some point in their lives. That prevalence underscores the significance of learning about the disease, including ways to reduce the risk of being diagnosed.

According to the National Cancer Institute, cancer is a disease in which cells in the body grow uncontrollably and spread to other parts of the body. Cancer can start just about anywhere, as humans are made up of trillions of cells. When a person has cancer, abnormal or damaged cells grow and multiply when they normally should die and have new, healthy cells take their place.

Cancer cells differ as the foundation of their from normal cells in that they don't need signalling to grow, nor do they stop multiplying. They also do not stop growing when encountering other cells and can hide from the immune system. All of these conditions and others combine to make cancer a very serious condition. That means it could be of the utmost important to do everything possible to reduce your risk of acquiring the disease. Though there's no guaranteed way to avoid cancer, these four strategies are highly effective at reducing risk for the disease.

Consuming a healthy diet can go a long way toward reducing cancer risk. The Mayo Clinic says people should eat plenty of fruits and vegetables, and even choose foods from plant sources diets. Limiting refined sugars and fats from animal sources also is effective.

Eating processed meat also has been linked to an increased risk of certain types of cancer, according to the World Health Organization. Consumption of alcohol also increases cancer risk.

Lung cancer is the leading cause of cancer death, says the Centers for Disease Control and Prevention. Smoking cigarettes is the number one risk factor for lung cancer, with about 80 to 90 percent of lung cancer deaths attributed to cigarettes in the United States. Tobacco also causes cancer elsewhere in the body. The single best way to reduce cancer risk is to avoid tobacco to begin with or, for current smokers, to quit smoking



immediately.

The CDC says being overweight or obese has been linked to a higher risk of 13 different types of cancer. Diet is important in maintaining a healthy weight, but so is regular physical exercise. People should strive for

Dr. Mete Korkmaz, oncologist with OSF HealthCare

Saint Anthony Center for Cancer Care in Rockford

sees patients every Monday afternoon at the Rochelle

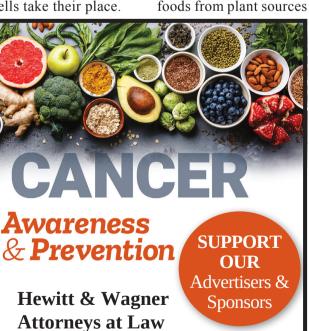
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at least 150 minutes a week of moderate aerobic activity or a minimum of 75 minutes a week of intense aerobic activity.

Skin cancer is one of the most common forms of the disease. Covering the skin, avoiding midday sun, using a broadspectrum sunscreen with an SPF of at least 30 every day, and avoiding sunlamps and tanning beds is essential.

While there is no completely foolproof way to prevent cancer, there are many ways to reduce risk for the disease.



OSF Saint Anthony Medical Center

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