



ROCHELLE News-Leader

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LOCAL NEWS... LOCAL VIEWS

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RTHS holds 2023 graduation ceremony

Principal Lewis: 'The world awaits you in your new chapter in life'

BY JEFF HELFRICH
MANAGING EDITOR

ROCHELLE — Rochelle Township High School held its graduation ceremony for the class of 2023 on Saturday morning on the football field. The event included a performance by the RTHS choir and speeches by Principal Chris Lewis and students Miraya Montes and Paul Swartz.

Lewis said the overall success of the school is "greatly influenced" by its senior class. As the community gathered to celebrate the class of 2023's success, Lewis thanked parents and families for their work over the past four years.

"Think back to all the times spent helping with homework, especially when it was due the next day and the deadline was known for a long time," Lewis said. "Think of all the running back and forth to attend events. Think of all the weekends gone supporting your kids. You have provided support, guidance and encouragement during this journey while also trying to protect them. You have made it with them, and now you're ready for their next chapter in life. You



(PHOTO BY JEFF HELFRICH)

Rochelle Township High School held its graduation ceremony for the class of 2023 on Saturday morning on the football field. The event included a performance by the RTHS choir and speeches by Principal Chris Lewis and students Miraya Montes and Paul Swartz.

should all be very proud." Since their first day of school on Aug. 14, 2019, the class of 2023 spent 704 days in school.

"At that time, it seemed like an eternity," Lewis said. "But now you're going to walk across this stage as an RTHS alumni. Time flies

when you're having fun. We're graduating many talented individuals today. Think back to all of your accomplishments you have made individually or as a group. The class of 2023 has exceeded expectations and you left an outstanding mark on RTHS. The world

awaits you in your new chapter in life."

Fourteen Rochelle Township High School students were honored under the latin honor system for having a 4.0 grade point average or higher with summa cum laude honors. They included Cheryl Bi-

alas, Casandra Garcia-Soto, John Green, Anastasia Harvey, Thomas Koziol, Montes, Isabella Nauman, Zalak Patel, Layla Pelan, Giselle Robles, Samantha Sanford, Swartz, David Wanner and Marisa Whaley.

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Memorial Day 2023 celebrated on Monday

Gruben: 'Let us remember and never forget their sacrifice'

BY JEFF HELFRICH
MANAGING EDITOR

ROCHELLE — Memorial Day was celebrated on Monday in Rochelle with a parade and ceremony at the Veterans War Memorial at Lawnridge Cemetery that featured speeches by Mayor John Bearrows and representatives of VFW Post 3878 and American Legion Post 403.

"On Memorial Day, we reflect on and share the experiences of our fallen loved ones," Bearrows said. "But tomorrow and on all the days to follow, we must act. Let us carry their sacrifice with us in our hearts and strive to honor them and carry their memory by being good, faithful, hopeful, strong and committed to a brighter future for all."

American Legion Post 403 Commander John Gruben spoke at the event and shared the tradition of the POW/MIA Missing Man Table, symbolizing missing members of America's armed forces.

"This small table occupies a space of dignity and honor," Gruben said. "It is



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set for one, symbolizing that members of our armed forces are missing from our ranks. We call them comrades. They are unable to be with their loved ones

and families. So we join to pay humble tribute to them and bear witness to their continued absence. Let us remember and never forget their sacrifice."

Rochelle Veterans War Memorial President Chuck Roberts spoke about the memorial coming to be. It features 872 engraved bricks with names of vet-

erans from all branches. Bricks are added before Memorial Day and Veterans Day.

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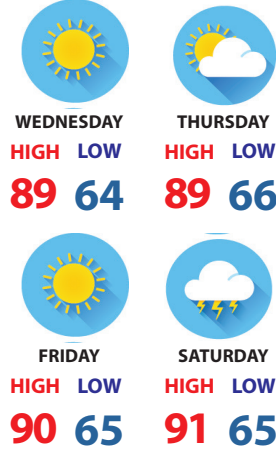


Ricketts receives collegiate award

RTHS alum Greg Ricketts earned the Central College Service Award for the 2022-23 school year.

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WEATHER



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LOCAL NEWS



(COURTESY PHOTOS)

Rochelle Elementary School District retirees: Rick Bearrows, Michael DePriester, Laurie Haub, Melanie Nantz, Tammy Mellor, Holly Duthie, Melissa Frankfother, Sheryl Casey and Susanna Guzman-Holland. (below) Also retiring are RTHS Special Projects Director Vicki Snyder-Chura and Counselor Laurie Pillen (above right) and Rochelle school bus drivers Marilyn Zickur and Ronda Threlkeld (above left).

Rochelle School Districts wish retirees well

ROCHELLE — Retiring employees of both the Rochelle Elementary School District and the Rochelle Township High School District were recognized recently as they finished up their careers.

Certified educators that retired included Maria Lopez-Galvan, preschool teacher, 11 years), Sheryl Casey (third grade teacher, 18 years), Suzanna Guzman-Holland (title one reading teacher, 18 years), Sue Sage (special education/focus house teacher, 18 years), Holli Duthie (elementary special education teacher 25 years), Tammy Mellor (third grade teacher, 29 years), Melissa Frankfother (fifth grade teacher, 32 years) and Laurie Pillen (RTHS guidance counselor/speech coach, 38 years).

Retiring noncertified employees include Rick Bearrows (school lunch/

mail delivery, five years), Melanie Nantz (elementary cafeteria cook, seven years), Marilyn Zickur (bus driver, 10 years), Jane Saenz (paraprofessional (16 years), Judi Rand (middle school secretary, 23 years), Laurie Haub (middle school secretary, 24 years), Sherri Smith (transportation director, 25 years), Michael DePriester (elementary custodian, 31 years), Sandra Hickey (elementary cafeteria cook, 33 years), Ronda Threlkeld (bus driver, 36 years) and Vicki Snyder-Chura (RTHS special projects, 37.5 years).

Certificated employees across both districts totaled 189 years of teaching/counseling and non-certificated employees totaled 247.5 years of service to Rochelle Schools families. Combined, retirees totaled 436.5 years of service.



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Kish names Hanveliyev winner of Gandhi/King Peace Scholarship

MALTA — Kishwaukee College has named Davut Hanveliyev as the winner of the 2023 Gandhi/King Peace Scholarship. Hanveliyev was selected after submitting an essay where contestants were asked to outline a plan for a nonviolent response to the problems of hate and discrimination and draw upon the lives and writings of Mahatma Gandhi and Dr. Martin Luther King, Jr.

Hanveliyev, of DeKalb, received a \$500 Kish scholarship for the spring 2023 semester, a certificate of achievement, and was recognized at the April

board of trustees meeting. His entry was forwarded to the Illinois Community College Trustees Association (ICCTA) for consideration in the state-wide Gandhi/King Peace Scholarship competition.

"It is the diversity of people that adds an enriching element to any society, making it vibrant. Therefore, this enriching element should be acknowledged as an achievement," Hanveliyev wrote in his essay.

Hanveliyev said he saw the essay prompt as an opportunity to share his perspective on social justice issues based on his exposure to different cultures outside the United States.

"I hope that this essay will help raise consciousness about how mutual respect and a commitment to nonviolence could lead us to build a society whose diverse members can thrive and develop themselves both intellectually and socially," Hanveliyev said.

Currently studying computer science at Kish, Hanveliyev plans to earn an associate degree and graduate next spring before transferring to a four-year college to pursue a bachelor's degree. He said he was drawn to Kish after talking with alumni about the support provided to its diverse student population.

To read Hanveliyev's essay in its entirety, visit kish.edu/iccta.



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LOCAL NEWS



RTHS Principal Dr. Chris Lewis said the overall success of the school is "greatly influenced" by its senior class. As the community gathered to celebrate the class of 2023's success, Lewis thanked parents and families for their work over the past four years.

RTHS: Graduation ceremony held on Saturday morning

From page 1

RTHS Counselor and RTHS Alumni Association representative Laurie Pillen then presented those 14 students with Carney Rs.

"I'm honored to be representing the RTHS Alumni Association this morning and offer their congratulations to the entire class of 2023," Pillen said. "In a few short minutes, you will all be RTHS graduates, which makes you RTHS alumni and official members of the RTHS Alumni Association."

Montes spoke about the journey the class of 2023 made that included navigating the COVID-19 pandemic.

"We lived in a world that had been shut down during the historic worldwide pandemic and because of that, we learned to be resilient," Montes said. "We are all ready to face the real world, because

we already have. Through all the battles we've been through, we persevered and were successful. I'm so proud to be part of this year's graduating class. To the senior class of 2023, congratulations. We can finally say we made it through high school."

Swartz said that the most important thing RTHS taught him was appreciating his today, and despite a pandemic-altered school experience, he didn't feel like he missed out on any experiences or opportunities. He thanked staff and the RTHS administration for their time and efforts since 2019.

"Through their combined efforts, they have fostered an environment in which anyone and everyone can feel comfortable and welcomed," Swartz said. "But more than anyone, I owe my exceptional high school experience to the people seated in the chairs in front of me.

You welcomed me when I was going from a middle school graduating class of 10 to a freshman class of 200. You helped me get through the pandemic, one of the most isolating experiences anyone has ever had to deal with. Each and every one of you has had a part to play in the person that I am now."

To close his speech, Swartz looked across the parking lot to the school and told the crowd what he saw.

"I know that building isn't a school," Swartz said. "That building that I spent four years of my life in and made lifelong friends in is a hub. A hub of education, sports, clubs, organizations and most of all, it's a hub of people. A hub where people of all different backgrounds come together to make something truly beautiful. That is the hub that I'm proud to be a part of. That is the hub that I will always be proud to be."



(PHOTOS BY JEFF HELFRICH)



(PHOTO BY JEFF HELFRICH)

Since their first day of school on Aug. 14, 2019, the Rochelle Township High School Class of 2023 spent 704 days in school. Above is a graduating senior receiving her diploma from RTHS Board Member Jeff Tilton.

First property tax bill installment due June 8

OREGON — Ogle County Collector Tiffany O'Brien, wants to remind property owners that the first installment of their property tax bill is due Thursday, June 8. Payment methods include cash or check (payable to Ogle County Collector). In-person payments can be made at the treasurer's office located in the "old" Courthouse at 105 S. 5th St., Suite 114, Oregon or at any bank in Ogle County.

Office hours are 8:30 a.m. to 4:30 p.m. Monday-Friday excluding holidays. Their mailing address is Ogle County Collector, P.O. Box 40, Oregon, IL 61061. Mailed payments must be postmarked by the due date to be considered timely. Late payments will incur a fee of 1.5 percent per month or part of a month after the due date and must be remitted by mail or at the collector's office. Collector O'Brien's office is also of-

fering the option of online credit card payments. You may get to this site by going to www.oglecountyil.gov and then selecting the Treasurer's department. Choose the *Online Tax Payments* link and click the *Pay Now* button. Fill in the information as prompted.

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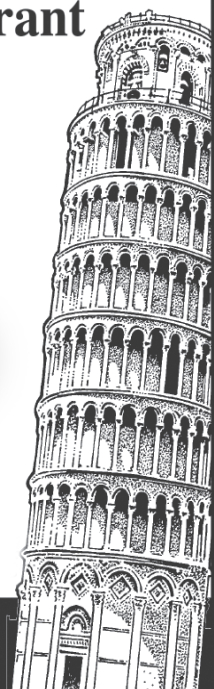
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LOCAL NEWS



(PHOTOS BY JEFF HELFRICH)

VFW Commander Joe Drought (above left) spoke to the crowd about the symbolic grave at the event, representing the resting place of fallen service members. A ceremonial wreath was placed on the grave (above right) by veteran organization representatives. Names of local veterans lost in the past year were read and the Girl Scouts and Boy Scouts placed a flower on the grave for each name. A 21-gun salute was performed to close the event (below).

MEMORIAL: Ceremony held at Lawnridge Cemetery on Monday

From page 1

Flags for each branch are replaced twice a year. Once a year, flowers are planted around the memorial and maintained by volunteers.

VFW Post Commander Joe Drought then spoke to the crowd about the symbolic grave at the event, representing the resting place of fallen service members. A ceremonial wreath was placed on the grave by veteran organization representatives.

Names of local veterans lost in the past year were read and the Girl Scouts and Boy Scouts placed a flower on the grave for each name.

Drought then played the bugle call Taps and a 21-gun salute was performed to close the event.



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LOCAL VIEWS

Guest column

New law prohibiting discrimination against pregnant workers

ARE you pregnant? Are you planning to get pregnant? Are you in a relationship?

I squirmed uncomfortably as my boss asked these questions to a finalist for a job opening. I'd identified the person as a promising journalist, but he wanted to do the final screening.

The questions he asked had little to do with her experience and much to do with the candidate's child-bearing plans. This incident happened more than a decade ago when I was in management for a different employer.

I would like to say that I stood up and interrupted the interrogation and said, "You can't ask those questions." But to my shame, I remained silent. I didn't want to lose my job.

Only a few months earlier, the same boss became infuriated when another woman announced her pregnancy shortly after she'd been hired.

He said he'd been "tricked" and "deceived" and that he wanted me to

fire her. I wouldn't. (Interestingly enough, he could have fired her himself, but for some reason didn't.)

Instead, I spent nearly nine months being harangued daily by my supervisor about the woman's continued employment. It was a miserable experience. He was gestating a grudge.

Call me a Pollyanna, but until this experience it never occurred to me that some employers would retaliate against a worker for getting pregnant.

I grew up in a family business. When my parents learned someone was expecting, it was considered a matter to celebrate. Yes, there was the inconvenience of finding someone to fill in during a maternity leave. But it never would have crossed their minds to penalize someone.

A few days ago, I read about Becky Hammon, the coach for the WNBA team the Las Vegas Aces, being suspended for making inappropriate remarks about the pregnancy of one of her players, Dearica

Hamby.

Hamby alleged the Aces "bullied, manipulated and discriminated against" her after she told the team she was pregnant.

"I was asked if I planned my pregnancy," she wrote of the Aces in her statement. "When I responded, 'no,' I was then told that I 'was not taking precautions to not get pregnant.'"

Here's a thought, it's nobody else's business whether a pregnancy is planned or not.

In fact, according to the Guttmacher Institute, 45 percent of all pregnancies in the United States are unintended.

In other words, walk into any preschool and about half of the kids you will see were an oops. Or just look in the mirror and remember your own parents were probably batting .500.

But unplanned doesn't necessarily mean unwanted or unloved.

One of the things that stands out about the Ham-

by story is that the abuse she allegedly endured came at the hands of another woman.

Her coach, Hammon, was a trailblazer in her own right. She was an Olympian, a professional basketball player, only the second female to be an assistant NBA coach, and she is one of the most highly-regarded coaches in the WNBA.

And yet, she apparently hassled another woman for getting pregnant.

Perhaps I should find this surprising. But when I was enduring abuse from my own boss for not

firing a pregnant worker, a female editor kept chiming in, "I've seen pregnancy just ruin otherwise good reporters."

Her tone made one think she was describing a prize canine bred by the neighbors' mutt right before competing in the Westminster Kennel Club Dog Show. Every time she'd say it, I'd roll my

eyes and wonder how someone could be that stupid.

Next month, a new federal law goes into effect that requires employers with more than 15 employees to make reasonable accommodations for pregnant workers. Such workers could not be denied employment opportunities or retaliated against for requesting a reasonable accommodation. My friend and Springfield native former U.S. Rep. Cheri Bustos helped spearhead that measure into law.

"Like many women, I have seen the impact that it can have on a career when an employer refuses to consider accommodations for a pregnancy," she said. "Years ago, when I was still early in my career, I was up for a promotion. At the time, I had two children at home.

During my interview, I was asked if I had child care and if I planned to have more children. I replied that I had everything in my personal life in the right place.

"Despite having more experience, an excellent track record and having been with my employer longer, weeks later it was announced that I did not get the promotion. The person who did was single, with no children at home."

Bustos asked that I not identify the employer. That's understandable. No one wants to talk badly about a former employer. And that's why I, too, have held off on identifying the outfit where I had my bad experience.

But an interesting aspect of Bustos' situation was that it was a female supervisor who questioned her about whether she planned another pregnancy. In my case, the pressure to fire a pregnant worker came from a man.

Discrimination can come from all quarters. And that is why I'm glad we will soon have a law protecting all pregnant workers.

Scott Reeder, a staff writer for *Illinois Times*, can be reached at sreeder@illinoistimes.com.



Scott Reeder

Communication technology messages

AMONG the four main branches of technology is communication technology. It is the phenomena that occurs when humans use tools, machines, knowledge and resources to control their environment by sending and receiving messages to other humans, or more simply to another location.

Because communication technology has great influence over how we live our lives and how we interact with the rest of the world, it is important to take time to analyze and understand communication technology systems. By understanding more about these systems that shape our world, we can become more comfortable with using them, and adapting as they evolve and change.

We can notice the similarities and differences they have with other systems we are more familiar with. It feels awful to realize how powerful our communication systems have become and not understand anything about how they work.

All communication technology involves messages. These messages are composed of data or information which are general terms used to describe the message content. Data are relatively small, individual, unorganized and essentially useless "bits" of messages, while information is larger collections of organized data.

If we think of a message written by hand, data may be thought of as the individual letters we use. By themselves, the letters mean nothing except to represent a sound or the ancient idea from which they evolved from. But when combined in an organized way to create words and sentences, data becomes the information the written message contains.

Messages may contain pure information, ideas, emotions, or some combination of them. You can think of pure information as strictly factual messages which lack creativity or emotion while ideas and emotions are messages

that are uniquely human. Our ideas and emotions are those thoughts which define humans as being different from the other creatures of the earth and similar to all other human beings.

Because the messages we communicate to one another are so uniquely human, they can be extremely powerful and transformative, enabling people to learn new ideas, or to be persuaded to take some action, or because to feel emotions. It is always essential for senders and receivers of messages to realize the power communication technology wields.

Once messages have been created by their sender, they need to be put into a form that can be transmitted appropriate to the communication system used. This process is called "encoding", and can be very complex depending on the system that is used to transmit the message. For example, if the original message is the sound of a human voice singing or talking, the vibrations of

the sound energy from that voice may be encoded onto a 33-rpm LP or 45-rpm recording (sorry if you don't know what that is!) using a very narrow groove pressed into the vinyl plastic.

Or, the sound of the human voice may be encoded into vibrations by a tin can and a taught fishing line by a "tin can phone". Or, human voice sounds can be encoded into radio waves by a cellular phone. There are thousands of ways to encode messages, but their encoding needs to be related to how they are transmitted.

Transmitting messages is the next step in the process. You may think of transmission as the pipeline through which the encoded message flows. Transmitting a postal mail includes all the steps the postal service has to collect, sort, and deliver the physical envelopes and packages they handle every day.

Transmitting a Zoom meeting involves all the electrical signals, routers, telephone or fiber optic cables and other equipment

and machines used for the internet. Transmitting a television news broadcast can involve electromagnetic energy traveling through the atmosphere and TV antennas.

Eventually the encoded and transmitted message must then be "decoded" at the receiving end of the line. Some devices, like an automobile radio, are designed to only receive and decode radio messages. Other more modern equipment can both receive and transmit messages. These kinds of devices are called "transceivers", appropriately. Decoding a message is very much like the opposite of encoding, although it differs in the specific hardware technology used. But some devices, like the old fashioned tin can phone, use the exact same technology to encode and decode messages. Amazing and brilliant simplicity at its finest!

Of course nearly all of our communication systems these days rely on the support and main-

tenance of the necessary infrastructure. People who provide customer support, sell equipment, repair and maintain communication wires and towers, and countless others are essential to keep the systems running.

Just think about where we would be if not for that support! Try to imagine your life without messages... what a lonely and boring place it would be! We have built incredibly complex communication technology to deliver our messages of facts, ideas and emotions for good reason: To maintain a full life in which we are in touch with each other.

Kurt Wolter has studied and taught technology - including production, transportation, energy, and communication - for over 30 years. He enjoys trying to better understand technology and its past, present, and future while also attempting journalism. He can be reached by email at technohistory100@gmail.com.

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LETTERS TO THE EDITOR POLICY

The Rochelle News-Leader encourages responsible letters to the editor on subjects of interest to our readers. Editing may be necessary for space, clarity or to avoid obscenity or libel, but ideas will not be altered. All letters must bear the handwritten signature of the writer and include address and phone number or e-mail address for verification purposes. Neither the street address nor phone number will be printed. Letters should be typed

or legibly handwritten, and no anonymous letters will be published. Any letters from boards or organizations must include at least one name of an individual. Any criticism of public officials should be limited to issues related strictly to their position or actions made in office, as personal attacks will not be published. Letters involving private disputes between the writer and a business will not be published. Political endorsements will be published,

however letters from candidates endorsing themselves will not be printed. Letters may be dropped at the News-Leader office (211 IL Route 38 East), mailed to the News-Leader (P.O. Box 46, Rochelle, IL 61068) or e-mailed (news@rochellenews-leader.com.) The News-Leader reserves the right to edit or reject any letter to the editor for any reason, and letters chosen for publication do not necessarily reflect the views of this newspaper.

COMMUNITY

Municipal Band summer schedule set

ROCHELLE — The Municipal Band will be performing its first concert as part of the City of Rochelle-funded 2023 Municipal Band Concert Series Wednesday, May 31 at The Atwood Park Band Shell at 7:30 p.m. Each concert you will hear a blend of marches, overtures, musicals and sound tracks of popular movies as well as traditional concert band literature. All of the concerts

are listed below.

Wednesday, June 21 concert, 7:30 p.m., Band Shell, Atwood Park.

Sunday, July 2, 4 of July Concert, 8 p.m., Band Shell, Atwood Park.

Wednesday, July 19 concert, 7:30 p.m., Band Shell, Atwood Park.

Wednesday, July 26, final concert, 7:30 p.m., Band Shell, Atwood Park.

As always mark your calendar every Wednesday evening to spend an

evening at the park for an enjoyable blend of live music. This summer's special concerts include on June 14, Kishwaukee River Stompers. Zephon Drew, a local Rochelle Township High School alumnus, is a member of this group; June 28, The Bluegrass Reunion Band, a returning favorite; and July 14 The Footstompers, a group that consists of singers, percussion "toys", accordion, banjo

and bass. This will be their last year after entertaining crowds all of the Midwest for 50 years. They play a balance of polka, Dixie Land and other old American favorites. All concerts are free. Bring a lawn chair, invite a friend, and make it a family outing.

The Municipal Band is under the direction of Ron Duval, retired director of bands and music department chair at RTHS.

Ricketts wins Central College Service Award

PELLA, Iowa — Central College's Student Development office released the 2023 student leadership

awards. This year 95 nominations were received from students, staff and faculty. A panel of faculty and staff

reviewed the nominations and selected awardees.

Central recognized outstanding students and

groups during the annual leadership awards program.

Service Award: Greg Ricketts, Class of 2023.

Vowels receives academic honor from Benedictine College

ATCHISON, Kan. — Benedictine College has recognized those students who have distinguished themselves

academically during the last semester.

Juliana Vowels of Rochelle was recently named to the dean's list

for the spring semester, which ended May 9.

Full-time students with 12 hours and a grade point average of 3.5 are

named to the dean's list. Of the 2,234 students on campus for 2022-2023 academic year, 698 made the dean's list.

June 1

Brandi Ferrari

Nina Ramos

June 3

Isabella Shake

June 4

Barb Manning

June 6

Chonito Astudillo

June 7

Jacob Seldal

Keli Perez

Lyle & Ruth Allen (anniversary)

June 8

Scarlet Jones

June 9

Minnie Losoya

Sammy Navejas

June 10

Eleanor Kulwicki

Tanya Sage

June 11

Caleb Smith

Emmalyn Eggenburg

June 12

Robby Lang

June 13

Chrissy Norris

Jaelyn Gonzales

June 14

Nicholas Oleson

Gabe Aleman

June 15

Brayden Moser

June 16

John & Carolyn Overstreet (anniversary)

Anna Norris

June 17

Ellie Sherburne

June 19

Eddie Villalobos

June 22

Betty Armstrong

Isaac Bonilla

June 25

Chyanne Bozek

Cruz Hord

Teresa Baker

Treavon Huff

David & Courtney Jones (anniversary)

June 27

Brittany Sullivan

Gary & Rachelle Phillips (anniversary)

June 28

Grace Sherburne

Greg Danekas

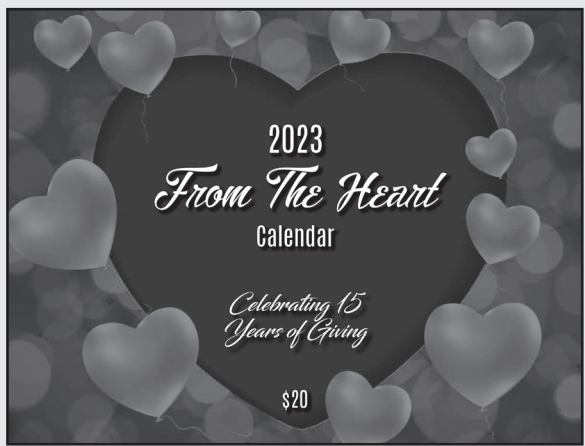
Harold Sanders

June 29

Derek Oleson

Birthdays & Anniversaries

Call 815-561-2151 to submit names for birthdays and anniversaries



- May 5 - Ronny Alvarez, DeKalb, \$25
- May 6 - John Zhe, Rochelle, \$25
- May 7 - RACF, \$50
- May 8 - Shelly Crownheart, Sterling, \$25
- May 9 - City of Rochelle, \$25
- May 10 - The Kitchen Table, \$25
- May 11 - John Dreska, Lindenwood, \$25
- May 12 - Charlie Boonstra, Dixon, \$25
- May 13 - RACF, \$25
- May 14 - Alexis Wooden, Paw Paw, \$500
- May 15 - HOPE of Ogle County, \$25
- May 16 - Brittani Lambrecht, South Beloit, \$25
- May 17 - Tammy Burke, Oregon, \$25
- May 18 - Megan Dempsey, Dixon, \$25
- May 19 - From the Heart, Rochelle, \$25
- May 20 - RACF, \$25
- May 21 - Rochelle Fire Fighter Social, \$50
- May 22 - Zekelman Employee, \$25
- May 23 - Merrick Jacobs, Glendale, AZ, \$25
- May 24 - Dustin Shafer, Rochelle, \$25
- May 25 - Justin May, Byron, \$25
- May 26 - Zekelman Employee, \$25
- May 27 - Judy Connolly, Rochelle, \$25
- May 28 - Robert Thompson, Rochelle, \$50
- May 29 - Louise Reinke, Rochelle, \$1,000
- May 30 - Kevin Reilly, Hoffman Estates, \$25
- May 31 - Chicagoland Skydiving, \$25



Coffee Break

King Crossword

ACROSS

1 Modern taxi alternative

5 911 responders

9 ER workers

12 Zero, in tennis

13 Scurry

14 Actor Kilmer

15 Wharton Sch. offering

17 506, in old Rome

18 Charon's river

19 Speedy

21 Devil's domain

24 Toppled

25 Writer Quindlen

26 Circus gymnasts

30 Call — day

31 Kathy of "Misery"

32 Pro vote

33 "No worries ..."

35 GI dining hall

36 Cries of discovery

37 Third rock from the sun

38 Gantry of fiction

40 Stable diet

42 Napkin's place

43 Coll. entrance considerations

48 Oahu or Maui (Abbr.)

12

15

21

25

30

33

38

42

48

51

49 Military group

50 "A Doll's House" heroine

51 That lady

52 Tower city

53 Did the crawl

DOWN

1 Einstein's birthplace

2 Short 'do

3 Actress Longoria

4 It had a big part in the Bible

5 Jittery

6 "Das Kapital" author

7 Three, in Rome

8 Sound systems

9 Movie buff's purchase

10 Sitarist Shankar

11 Lost traction

16 Roswell visitors

20 Cleric's tunic

21 It grows on you

22 Initial chip

23 Crime lab specimen

24 Glenn of the Eagles

26 Very small batteries

27 Dol. fractions

28 Try out

29 Merit badge holder

31 Endures

34 Common title start

35 Brick workers

37 And so on (Abbr.)

38 Yale students

39 Cilium

40 Elevator name

41 "The Thin Man" dog

44 Blackbird

45 Tier

46 Epoch

47 Actor Waterston

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Weekly SUDOKU

by Linda Thistle

	5			7	9		
6	3		1			4	
		7		2			6
		5		9			3
	8		2		4		
7					5		1
8					1		3
		1		6		5	
	2		9				6 8

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging ♦♦♦ HOO BOY!

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: B equals L

MR M UZDZ NT RMBB LBB NGZYZ
NZYN NXHZY UMNG CTC-LEMJME
YTBXNMTCY, M'J JZEBLDZ
"HLYZY BTLJZJ!"

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Answers

King Crossword

Weekly SUDOKU

Answers

CryptoQuip

5 2 4 9 7 3 1 6 8

3 7 1 2 9 8 5 6 4

8 9 6 5 4 1 7 3 2

7 4 8 9 5 3 2 1 6

2 1 8 3 9 1 4 7 5

1 6 7 5 2 4 7 3 8

9 3 8 9 4 6 7 5 1

1 6 7 4 2 8 3 5 9

4 5 8 9 3 7 2 1 6

Answers

Solution time: 23 mins.

UBER EMTS DRS
LOLA VAVL
MBAV DVL
STYRAB
X
FELT
SACORANN
BATEVE
MESE
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PISAT
S WAM
S WAM

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SPORTS



HUBS PLAY AT STATE

Seniors David Wanner and Owen Haas compete at IHSA State Championship.

See page 2 for more details

RTHS Girls Soccer

Rochelle scores seven wins

Leading goal-scorer Lara headlines Lady Hubs eligible to return next season

BY RUSSELL HODGES
SPORTS EDITOR

ROCHELLE — Experience in the back row was the building block of a seven-win season for the Rochelle Lady Hub varsity soccer team this spring. With a trio of starting defenders graduating from the 2023 roster, head coach Brad Male will look to returning players for continued growth.

The Lady Hubs finished with a 7-10 overall record as well as a 3-3 record in the Interstate 8 Conference this season. Rochelle took fifth in the conference tournament and recorded wins over Plano, Ottawa and LaSalle-Peru in the regular-season portion of the conference schedule. The Lady Hubs secured non-conference wins against Mendota and Sterling before ending the regular season with a historic 13-0 nonconference victory over Pecatonica on Senior Night.

“I was pleased with the effort our girls gave this season,” Male said. “We’re always hoping for a better showing, but I thought we played hard

and we did the best we could with the group we had. We will lose three of our defenders who were a key part of our success this season and it’s always tough replacing a group like that. I think we have a lot of commitment from the girls who are coming up and I’m hoping that some of those girls will be able to step into those roles.”

Rochelle will lose a large senior class composed mostly of starting defenders Abby Tarvestad, Kailey Harris and Jasmin Hernandez as well as reserve defender Lupita Rocha. Midfielder Mavi Avila (seven goals and two assists) will also depart for the Lady Hubs, who are set to return two key sophomores in midfielder Makayla Lara (22 goals and four assists) and defender Betty Flores. Junior goalkeeper Danica Ward (92 saves) is also eligible to return next season.

“We want to continue putting players in positions they may not be familiar with so we can see what we have next season,” Male said. “Makayla has been an integral part of our offense



(PHOTO BY RUSSELL HODGES)

Senior Kailey Harris will be one of three starting defenders departing from the Rochelle Lady Hub varsity soccer team this season. Rochelle finished with a 7-10 overall record this season.

over the last two seasons and I like how she’s progressing. Betty did an exceptional job for us on defense and I’m excited to see how those two girls

progress and help their teammates out.”

Junior forwards Kara Martinez (six goals and five assists) and Sydney Thorne (four goals and

two assists) as well as sophomore midfielder Emma Kennay (one goal and one assist) and freshman goalkeeper Deissy Torres (31 saves) are

four more players who could see larger roles on the team next season. Rochelle finished with 49 goals and 24 assists on offense this season.

RTHS Girls Track

Lady Hubs continue building for future success

Vrana to move into volunteer assistant role after five seasons as head coach

BY RUSSELL HODGES
SPORTS EDITOR

ROCHELLE — With several freshman and sophomore athletes asked to compete at the varsity level for the Rochelle Lady Hub track and field team this season, head coach Alison Vrana saw plenty of growth from the start of the indoor season in March through the end of the outdoor season in late May. As Vrana transitions into a volunteer coaching role next season, the team will look to mold that growth into results as the program continues under new leadership.

The 2023 season concluded Vrana’s five-year run as head coach of the Lady Hubs. As a volunteer coach, Vrana will continue working with her student-athletes as the team looks to improve on an eighth-place finish in the Interstate 8 Conference Championships as well as a 13th-place performance in the IHSA 2A Sectional at Sterling High School this spring.

“The most important thing for me was setting an example for young women,” Vrana said, “I wanted to show women that they can be in leadership roles while having families, careers and hobbies they are passionate about. Our

success on and off the track comes from our support group and what I wanted to show the kids was that I could be a strong female role model.”

Rochelle’s indoor results included fourth-place finishes at the Sycamore Invitational as well as the Byron Indoor Preview and the Warrior Invitational. The Lady Hubs defeated Morris and LaSalle-Peru in an Interstate 8 outdoor triangular meet and took second in quadrangular meets at Plano and Sandwich. Rochelle won its head-to-head meet against Stillman Valley and the Lady Hubs placed second out of five schools in the annual Ogle County Championships.

“It was really fun watching the girls figure out what events they could excel at and where they fit in on the team,” Vrana said. “Getting to the state meet is important, but it’s not as important as making improvements throughout the season and I thought each of our athletes did that. I definitely see our season as a success and although we didn’t end it the way we wanted to, I think we will have some strong athletes coming back who are passionate about track.”



(PHOTOS BY RUSSELL HODGES)

Freshman distance runner Rose Luxton (left) and sophomore sprinter Alex Neece (right) were two key underclassmen who competed for the Rochelle Lady Hub varsity track and field team this season.

See **GIRLS** page 3



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(COURTESY PHOTO)

Seniors David Wanner and Owen Haas represented the Rochelle Hub varsity tennis team at the IHSA State Championship meet in the northwest suburbs last week.

Doubles duo battles at IHSA State Championship

BY RUSSELL HODGES
SPORTS EDITOR

PALATINE—A historic season for the Rochelle Hub varsity tennis team concluded at the IHSA State Championship meet, where seniors David Wanner and Owen Haas represented the Hubs as Rochelle's first state qualifiers in doubles since Charlie Duval and Brandon Jones in 2013.

Wanner and Haas faced Hinsdale South's Zeke Bisharat and Ansh Desai in the first round of the doubles bracket Thursday morning, fighting hard but falling short in a 3-6, 5-7 loss to move into the consolation bracket. The senior duo bounced back during the afternoon, where they took on familiar foes in Morris netters Connor Ahearn and Mason Kitchell, who the Hubs defeated during their run to a second consecutive Interstate 8 Conference title at No. 1 doubles in early May.

After taking the first set handily, Wanner and Haas hung tough and secured a second-set victory in a tiebreaker to win the match 6-3, 7-6(4) and advance to the second round of the consolation bracket. The Rochelle seniors battled Herrin's Michael Cagle and Keegan Weber in their third and final match of the state tournament, falling 2-6, 1-6 to end the tournament with a 1-2 record.

"It was a very surreal experience," Wanner said. "I hadn't been to a state tournament in athletics since I was 12 years old and I enjoyed the competitive aura of the event. Winning a match at the state tournament was very exciting and it proved to us that we deserved to represent the Hubs at state. I enjoyed the brotherhood and the friend-

ships I made with my teammates and I will miss our coaches the most. Coach [Kristy] Eckardt and coach [John Michael] Loggins are great coaches and also great people. The boys tennis program left an undeniable impact on me."

The state tournament capped off another successful season for the Rochelle Hub varsity tennis team, which went 12-6 overall and won the Interstate 8 Conference tournament, Rochelle's first conference tournament title in boys tennis since 1949. Wanner and Haas, who will each depart as two-time conference doubles champions and two-time All-Conference honorees, also led Rochelle to first-place finishes at the Hub Varsity Invitational and the Hubs Dubs Tournament.

"The state tournament was something to remember," Haas said. "Spending time with David and our coaches was definitely a highlight, but seeing such good players take each other on was incredible. I thought we played well, but there was definitely room for improvement and a lot that we could've done better. Winning our second match was amazing and it was really cool that we were able to continue our run of making history for the tennis program. I'm going to miss spending time with my teammates and just having a good time during meets and practices."

With their consolation-round win over Ahearn and Kitchell from Morris, Wanner and Haas became Rochelle's first doubles team to win a match at the state tournament since Shea O'Rourke and Jeremy Probasco reached the second round of consolation play in 2006.

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SPORTS

RTHS Boys Track

Fresh-soph success creating optimism for Hubs I-8 All-Conference honorees Mickley, Hernandez headline eligible returners

BY RUSSELL HODGES
SPORTS EDITOR

ROCHELLE — The Rochelle Hub track and field team saw most of its success at the fresh-soph level this season, where the program’s underclassmen turned in several strong showings during the indoor and outdoor portions of the season. Head coach Dale Bergeson and his staff will be looking to turn that success over to the varsity level, where Rochelle finished eighth in the Interstate 8 Conference Championships and 10th in the IHSA 2A Sectional at Genoa-Kingston.

“We wanted to be better at what we did in practice and we wanted to be better prepared,” Bergeson said. “I thought we did that throughout the season and our staff did a great job of setting a foundation for the future. We have a young core, but we want to set a standard now so that we can build on that for next season. I’m really excited to see what that young core will do for us next season and we had nine runners reach 20 MPH after only four did last season.”

Rochelle’s indoor season included a fourth-place finish in the Byron Indoor Preview as well as a sixth-place finish in the Gary Egler Invitational at Sycamore. The Hubs took fourth in the annual Hub Relays at RTHS and second in the annual Ogle

County Championships. Rochelle handily won its meet with Stillman Valley and placed 12th in the Art Carlson Invitational at Oregon.

“Our freshmen and sophomores are faster than they were last season and they’re all able to come back,” Bergeson said. “We had some injuries at the conference meet, but we finished fifth at the fresh-soph level and it’s a great group that focuses on the right things. I’m impressed with them and I’m excited to have a lot of them back. We’re hoping to add some new guys as well.”

The Hubs will lose a small senior class including lead hurdler and pole vaulter Ethan Bergeson as well as sprinter Landon DeLille and distance runners Thomas Koziol and Emil Rodriguez. Among the athletes eligible to come back are All-Conference junior thrower Landon Mickley as well as junior distance standout Luis Hernandez. Junior sprinters Nathan Sergeant, Irving Escalante and Bruno Fernandez are also eligible to come back for the Hubs next season.

“Landon coming back will be great because he has that experience and he put the work in during the season,” Bergeson said. “I don’t think we will be rebuilding all that much.. We have a good base and our juniors will be able to step up and fill in for those



Freshman distance runner Declan McGee (left) and sophomore sprinter Virgil O'Dell (right) were two key underclassmen who competed for the Rochelle Hub varsity track and field team this season.

seniors next year.”

Rochelle will have a talented sophomore class including sprinters Jackson Smith and Virgil O’Dell as well as pole vaulter Kenny Overton eligible to return next season. The Hubs also have several freshmen including hurdler Wyatt Worthington as well as sprinters Reece Harris, Caleb Dreska, Caden Goodwin and Miles Hunley eligible to come back next season. Freshman distance runners Declan McGee and Elijah Mayen could see increased roles as well.

GIRLS: Underclassmen step up for varsity team this spring

From page 1

The Lady Hubs will graduate a small senior class that includes lead thrower Samantha Sanford as well as sprinters Miranda Dubek and Rylee

Jackson. Jumpers Macy Ramos and Baylie Sutton will also graduate along with distance runner Ailyn Miranda. Juniors Alivia Henkel, Kylie Smith and Kennedy Adamski headline a large group of

athletes eligible to return next spring.

“We’re going to see a lot of improvement in the 400 and 800-meter events next season,” Vrana said. “Our sprints are always strong and they’re going to

continue getting stronger with our freshmen and sophomores coming back. I think we need to improve in the field events because we were lacking in the field all season. I’d like to see our jumps and our throws

get stronger.”

Rochelle will have several talented freshmen eligible to return next season. Those freshmen included sprinters Rylee Bogle and Carmela Bright as well as hurdler Kyrie

Cragin and distance runners Rose Luxton, Annaliese Koziol and Mary Chadwick. Sprinters Zoe White and Alex Neece headline a core group of sophomore athletes also eligible to return next year.

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101 LEGAL NOTICE

IN THE CIRCUIT COURT OF THE FIFTEENTH JUDICIAL CIRCUIT OGLE COUNTY, ILLINOIS
IN THE MATTER OF THE ESTATE OF)
)
) CHARLES A. BALLARD, Deceased.
)
) NO. 2023-PR-20
CLAIM NOTICE

Notice is given of the death of CHARLES A. BALLARD, of Byron, Illinois. Letters of Office were issued on May 10, 2023, to THOMAS H. BALLARD whose address is 811 W. 2nd St., Byron, IL 61010, and COLLEEN PATROSKY, whose address is 28659 Surrey Dr., Sterling, IL 61081, and whose attorneys are Fearer, Nye & Chadwick, 420 4th Avenue, PO Box 117, Rochelle, IL 61068.

Claims against the Estate may be filed in the office of the Circuit Clerk of the Court at Ogle County Courthouse, Oregon, IL 61061, or with the representative, or both, no later than November 17, 2023, and any

claim not filed within that period is barred. Copies of a claim filed with the Clerk must be mailed or delivered to the representative and to the attorney within 10 days after it has been filed.

FEARER, NYE & CHADWICK, Attorneys for THOMAS H. BALLARD and COLLEEN PATROSKY, Co-Executors of the Estate of CHARLES A. BALLARD, deceased
No. 0527
(May 17, 24 and 31, 2023)

NOTICE STATE OF ILLINOIS IN THE CIRCUIT COURT OF THE 15TH JUDICIAL CIRCUIT COUNTY OF OGLE VILLAGE OF CRESTON, a Municipal Corporation, Plaintiff vs. RUTHANN WICKE, UNKNOWN OWNERS, NON-RECORD CLAIMANTS, Defendants,
Case No.: 2023 MR 4
PUBLICATION NOTICE

The requisite Affidavit for Publication having been filed, notice is hereby given to you, RUTHANN WICKE, Defendant, in the above-entitled action, that this action has been commenced in the Circuit Court of Ogle County by the Plaintiff against you praying for a Judgement and for other relief.

NOW, THEREFORE, unless you, RUTHANN WICKE, the Defendant, file your answer to the Complaint in this action or otherwise make your appearance, in the Circuit Court of Ogle County, held in the City of Oregon, Illinois, on or before June 14, 2023 at 9:00 a.m., default may be entered against you at any time after that day and a Judgement entered in accordance with the prayer of the Complaint.

Dated this 9th day of May, 2023.
Kimberly A. Stahl, Circuit Clerk
Prepared by: TESS, CRULL & ARNQUIST, LLC
Attorneys at Law
PO Box 68
Rochelle, IL 61068
(815) 562-8754 - phone
(815) 562-3412 - fax
lawyers@tesscrulllaw.com
050923K
No. 0528
(May 17, 24 and 31, 2023)

NOTICE STATE OF ILLINOIS IN THE CIRCUIT COURT OF THE 15TH JUDICIAL CIRCUIT COUNTY OF OGLE VILLAGE OF CRESTON, a Municipal Corporation, Plaintiff vs. RUTHANN WICKE, UNKNOWN OWNERS, NON-RECORD CLAIMANTS, Defendants,
Case No.: 2023 MR 4
PUBLICATION NOTICE

The requisite Affidavit for Publication having been filed, notice is hereby given to you, RUTHANN WICKE, Defendant, in the above-entitled action, that this action has been commenced in the Circuit Court of Ogle County by the Plaintiff against you praying for a Judgement and for other relief.

JUDICIAL CIRCUIT COUNTY OF OGLE VILLAGE OF CRESTON, a Municipal Corporation, Plaintiff vs. CHARLES W. MIDDLETON, UNKNOWN OWNERS, NON-RECORD CLAIMANTS, Defendants,
Case No.: 2023 MR 5
PUBLICATION NOTICE

The requisite Affidavit for Publication having been filed, notice is hereby given to you, CHARLES W. MIDDLETON, Defendant, in the above-entitled action, that this action has been commenced in the Circuit Court of Ogle County by the Plaintiff against you praying for a Judgement and for other relief.

NOW, THEREFORE, unless you, CHARLES W. MIDDLETON, the Defendant, file your answer to the Complaint in this action or otherwise make your appearance, in the Circuit Court of Ogle County, held in the City of Oregon, Illinois, on or before June 14, 2023 at 9:00 a.m., default may be entered against you at any time after that day and a Judgement entered in accordance with the prayer of the Complaint.
Dated this 9th day of May, 2023.
Kimberly A. Stahl, Circuit Clerk
Prepared by: TESS, CRULL & ARNQUIST, LLC
Attorneys at Law
PO Box 68
Rochelle, IL 61068
(815) 562-8754 - phone
(815) 562-3412 - fax
lawyers@tesscrulllaw.com
050923K
No. 0529
(May 17, 24 and 31, 2023)

SPECIAL MEETING NOTICE
The Rochelle Community Consolidated School District 231 Board of Education will hold a Public Hearing on June 13, 2023 at 6:50 PM for the purpose of amending the FY2023 Budget. This hearing will be held in the Lincoln Elementary School Cafeteria, 1450 20th Street, Rochelle, Illinois, prior to the regular monthly meeting. Trisha Vaughn, School Board President
Rochelle Community Consolidated Board of Education, District 231
No. 0544

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(May 31, 2023)

101 LEGAL NOTICE

This publication does not knowingly accept fraudulent or deceptive advertising. Readers are cautioned to thoroughly investigate all ads, especially those asking for money in advance.

105 BUSINESS OPPORTUNITIES

"This publication does not knowingly accept fraudulent or deceptive advertising. Readers are cautioned to thoroughly investigate all ads, especially those asking for money in advance."

113 FINANCIAL

NOTICE Advance Fee Loans or Credit Offers
Companies that do business by phone can't ask you to pay for credit before you get it. For more information, call toll-free 1-877-FTC-HELP. A public service message from your hometown newspaper and the Federal Trade Commission.

119 ANNOUNCEMENTS

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127 SERVICES AND REPAIRS

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NO INDIVIDUAL, unless licensed or holding a permit as a childcare facility, may cause to be published any advertisement soliciting a child care service. A childcare facility that is licensed or operating under a permit issued by the Illinois Department of Children and Family Services may publish advertisements of the services for which it is specifically licensed or issued a permit. Your Hometown Newspaper strongly urges any parent or guardian to verify the validity of the license of any facility before placing a child in its care.

301 ANTIQUES

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I pay cash for antiques; furniture, glassware, pottery & crocks, tin & iron toys, sterling silver, decoys. If it's antique, I'm interested in looking! Call 815-562-2928 or email dickharms@hotmail.com

305 GARAGE SALES

HUGE YARD SALE. REGAP Fundraiser,
4107 E. Third Road, Mendota. June 1, 2, 3 8 a.m. - ? . No early birds. We have everything. Proceeds go to Retired Greyhounds as Pets.

MULTI FAMILY GARAGE SALE.
324 Erickson Road, Hillcrest. Thursday 6/1 10AM-4PM, Friday 6/2 10AM-4PM, Saturday 6/3 10AM-? Kids Toys & Ride-Ons, Furniture, Household Items, Jewelry, Brand New Coach & Vera Bradley Handbags & Other New Items.

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203 HELP WANTED

ROCHELLE News-Leader

Part-time local delivery driver

The Rochelle News-Leader has an opening for a part-time newspaper bundle delivery driver who would load and deliver bundles to the post office, store racks and machines.

The daytime deliveries would be two or three days per week (including weekends) and consist of approximately 4-5 hours per shift depending on the route usually 10-15 hours per week.

Applicants must be at least 18 years old, possess a valid driver's license, proof of insurance and a safe driving record. Drivers will use company vehicles when delivering, and will be trained on the respective routes.

Candidates must be able to load, unload and carry multiple bundles of 5 to 10 pounds each. Driver applicants must be reliable, personable and have a general knowledge of area streets and roads.

This position is perfect for someone looking to supplement their income or retirement.

Interested individuals must fill out an application in person at the Rochelle News-Leader office at 211 Hwy. 38 E., Rochelle. No phone calls please.

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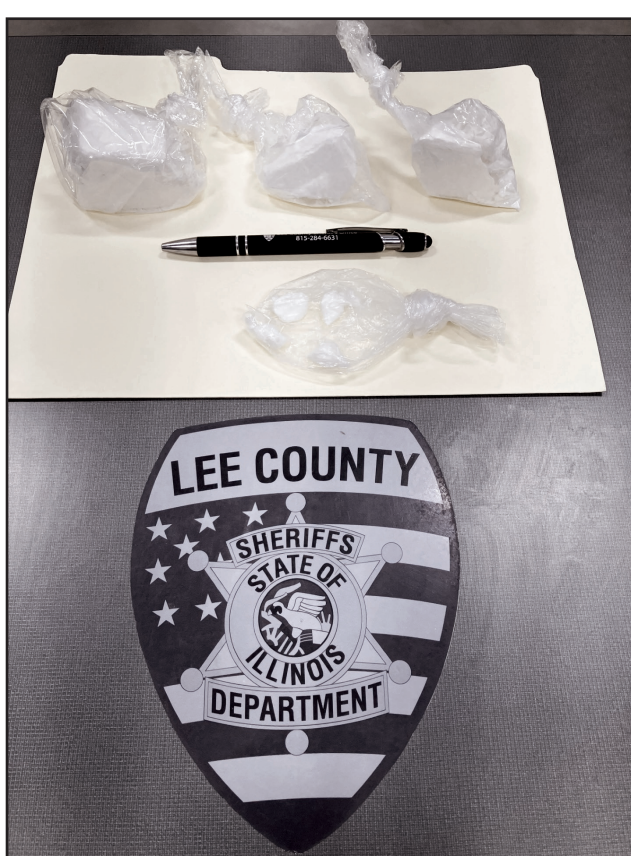
AFC FFA officers help third-graders

Ashton-Franklin Center FFA officers Mallory, Taylor, Nolan and Kate recently helped third graders learn more about agriculture and the opportunities that come with it at an event coordinated by Katie Pratt.

Lee deputies make narcotics arrest after I-88 traffic stop

DIXON — During the early evening on Thursday, May 25, a deputy from the Lee County Sheriff's Office was patrolling Interstate 88 doing narcotics interdiction when he observed a black Cadillac traveling westbound with an equipment violation. The vehicle was stopped near mile marker 53, west of Dixon, and narcotics were located during a probable cause search. The deputy seized just over four ounces of a substance that tested positive for the presence of cocaine.

As a result of the stop, a passenger of the vehicle identified as Cirecco Romaine Flint, 50, of Davenport, Iowa was arrested on an outstanding arrest warrant out of Winnebago County for failure to appear — driving while driver's license is revoked. Flint was additionally charged with the following: unlawful possession of adult-use cannabis in a motor vehicle (a class C misdemeanor), possession of a controlled substance (a class X felony) and possession with intent to deliver a controlled substance (a class X felony).



Citizens are reminded to call the Lee County Sheriff's Office at (815) 284-6631 or Crime Stoppers at 1-888-Caught-U. Callers can remain anonymous and receive rewards of up to \$1,000 if their information leads to an arrest.

All charges are merely an allegation, and the defendant is presumed innocent until proven guilty.



Cirecco Romaine Flint

Upcoming Extension events

LEE COUNTY — Growing Horticulture in Northwest Illinois Series: Growing Horticulture in Northwest Illinois is for anyone interested in learning more about gardening, growing food in a home or community garden, or looking for ideas for the upcoming growing season. University of Illinois Extension is pleased to announce this free gardening series starting in June at the Lee and Whiteside County Extension offices. Extension Horticulture Educator Bruce Black will be presenting this series.

"Horticulture is a great way to get fresh air, daily exercise, and a fun hobby for families," states Black. "Participating in this series can help improve your horticulture knowledge & growing season whether you are growing food for your family, growing flowers, or even just tending your landscape."

The series will be held from 3:30-4:30 p.m. at the Extension offices in Sterling starting June 14 and Amboy starting June 22.

Pre-registration is required one week before each session and can be completed online at go.illinois.edu/WhitesideGrowingHort for Sterling and go.illinois.edu/LeeGrowingHort for Amboy.

Master Gardeners answer horticulture questions: What is causing my plants to die? Will these insects destroy my vegetable garden? What perennials are best suited for my yard? What tree will give me the best shade? How much fertilizer should I put on my yard? If these questions bothered you last year or might pertain to you this year, you can receive answers again by calling University of Illinois Extension Master Gardeners.

We bring you the resources and research from the University of Illinois through our Master Gardener program. Carroll-Lee-Whiteside Master Gardeners can help you with your home horticulture and gardening questions. Call the Carroll, Lee, or Whiteside County

Extension office as problems or concerns unfold. There is no charge for this service, and it is available through September. Carroll County, 815-244-9444; Lee County, 815-857-3525; Whiteside County, 815-632-3611.

Rabbit Workshop: June 27, 6 p.m., Lee County 4-H Center, Amboy. Lee County 4H is offering a rabbit clinic June 27 for youths ages 8-18. Youth will be learning proper rabbit showmanship, education on rabbit breeds, and how to show rabbits. Register online at: go.illinois.edu/LeeRabbit

Goat Clinic: The goat club from Lee County 4-H is hosting a goat clinic at 6 p.m. Thursday, July 20, at the Lee County 4-H Center & Fairgrounds near Amboy to help kids learn more about showing goats. 4-H membership is not necessary and goats are welcome if you would like to bring them. One may register at go.illinois.edu/LeeGoatClinic. For more information, contact Katie McBride at 815-857-3525.

Chana Family Clothes Closet now open for locals in need

CHANA — Chana Family Clothes Closet at Chana United Methodist Church is open for anyone needing free clothing and accessories. During the week, the closet is available from 9 a.m. to noon

on Monday, Wednesday and Friday if you make reservations by calling 815-732-7683.

New clothes selections for spring and summer are available for the entire family (infant through adults).

There is a wide variety of styles and sizes with many current and new, never-been-worn clothing. All of the clothing is offered at no cost, and everyone is welcome. Please help us reduce our inventory.

2023 Lee County Farm Bureau Foundation scholarships awarded

AMBOY — The Lee County Farm Bureau Foundation has awarded a total of \$6,000 in scholarships to four area students pursuing degrees in an agriculture related field of study.

The Larry J. Green Memorial Scholarship was awarded to Andrea Buhrow, graduate of Ashton Franklin Center High School.

Amboy High School senior Ethan Pratt was named the recipient of the Gentry Family Agricultural Scholarship and the Lee County Farm Bureau Foundation Scholarship.

The Lee County Farm Bureau Foundation Undergraduate Scholarships were awarded to Jayson Long of Ashton and Dana Merriman of Amboy. Dana Merriman also received the Lee County Farm Bureau Foundation SVCC Scholarship.

The Lee County Farm Bureau Foundation began awarding scholarships in 1992 and has since provided scholarships to 100 students pursuing degrees in an agricultural-related field of study.

The Lee County Farm Bureau Foundation would like to congratulate the

scholarship recipients and wish them success with their education and future careers.

The mission of the Lee County Farm Bureau Foundation is to fund and encourage ag-related educational opportunities to the youth of Lee County through programs including college scholarships, Books by the Bushel, and Ag in the Classroom.

For more information about the Lee County Farm Bureau Foundation or the scholarships, visit their website, www.lcfb-foundation.org or call, (815) 857-3531.

COMMUNITY MATTERS



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Mills and Petrie Memorial Building
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Funeral Home

Beverage Lyons Funeral Home
601 Richardson Ave., Ashton, 815-453-2441
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Bradford Victor-Adams Mutual Insurance Company
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815-456-2334

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Mills and Petrie Memorial Library
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PRIME TIME

Highlights of the latest exercise guidelines

SINCE 2008, the Physical Activity Guidelines have been a vital resource for health professionals and policy makers, serving as a foundation for physical activity and education programs. These guidelines, established and periodically adjusted by the Office of Disease Prevention and Health Promotion, include recommendations for individuals ages three and over. A full breakdown of the latest guidelines can be found at Health.gov, but the following are some highlights pertaining to various groups.

- **Preschool-aged children:** The ODPHP notes that children between the ages of three and five should be physically active throughout the day to enhance their growth and development. Caregivers are urged to encourage active play that includes activities of various types.

- **Children and adolescents:** Children be-

tween the ages of six and 17 should engage in 60 minutes or more per day of moderate-to-vigorous aerobic physical activity. Kids in this age group also should engage in vigorous-intensity physical activity at least three days per week. Regimens also should include muscle-strengthening activities and bone-strengthening activities at least three days per week.

- **Adults:** The ODPHP urges adults to sit less and move more. The most substantial health benefits can be gained by engaging in at least 150 minutes to 300 minutes a week of moderate-intensity or between 75 minutes and 150 minutes of vigorous-intensity aerobic activity each week. Any equivalent combination of the two can suffice as well. Muscle-strengthening activities also should be part of adults' fitness regimens. These activities should help to strengthen all the major muscle groups,



and adults should aspire to engage in them at least two days per week.

- **Older adults:** Older adults who can still follow the guidelines designed for younger adults can

continue to do so. But the ODPHP recommends that older adults also incorporate multicomponent physical activity in their workout regimens. This can include balance train-

ing to complement aerobic and muscle-strengthening activities. Older adults also are urged to discuss with their physicians how any chronic conditions they may have can affect

their ability to safely engage in physical activity.

The Physical Activity Guidelines can serve as a useful resource for people of all ages as they look to live a healthy lifestyle.

Interesting facts about Alzheimer's disease

OF the roughly 55 million people around the world living with dementia, 60 to 70 percent are estimated to have Alzheimer's disease, reports the Mayo Clinic.

Alzheimer's disease is a progressive brain disorder marked first by mild memory loss that can worsen and lead to problems with communication and an inability to perform the activities of daily life. The condition is named for Dr. Alois Alzheimer. In 1906, Alzheimer noticed changes in the postmortem brain tissue of a woman who had died of unusual mental illness, which included symptoms of language problems, memory loss and unpredictable behavior. Her brain showed many abnormal clumps and tangled bundles of fibers. According to the National Institute on Aging, doctors now know those clumps are amyloid plaques and the tangles are hallmarks of the disease.

The National Institutes of Health says Alzheimer's disease is the seventh leading cause of death in the United States and is the most common dementia among older adults. While most people are familiar with Alzheimer's, there is much more anyone can learn. The following are some interesting facts about Alzheimer's.

- The most common symptoms of Alzheimer's involve a gradual decline in memory, reasoning, language, coordination, mood, and behavior.

- The Cleveland Clinic says the buildup of plaques and tangles from an overabundance of amyloid and tau protein production block the communication between nerve cells and cause brain cells to die, thus contributing to Alzheimer's. Nerve cell death starts in the hippocampus, the area of the brain that controls memory. Doctors are not entirely sure what causes this protein build-up.

- Many times family members are the first to recognize a friend or loved one forgetting newly learned information, especially recent events, places and names.

- Issues with thinking and reasoning may in-



clude not wearing the right clothes for the weather or not knowing to use oven mitts when taking hot items out of the oven.

- Changes in the brain can begin years before initial symptoms appear, according to the Centers for Disease Control and Prevention. Age is the biggest risk factor for Alzheimer's. Researchers believe that genetics may play a role,

but a genetic predisposition to Alzheimer's does not make it an inevitability.

- A healthy lifestyle, which includes adequate physical activity, a nutritious diet, limited alcohol consumption, and not smoking, may help people avoid Alzheimer's.

- Alzheimer's can rob a person of his or her personality. As the disease becomes more severe,

mood swings, anger, depression, and anxiety may occur. This is combined with the patient forgetting who family members are and potentially lashing out or being disinterested in visitors.

- There is no cure for Alzheimer's, but doctors use medical management to improve quality of life for patients and their caregivers. Treatments may help maintain brain health and manage behavioral

symptoms.

Alzheimer's disease was first diagnosed at the start of the 20th century. Now, 117 years later, it remains a major health issue affecting millions of people worldwide.



FEARER, NYE & CHADWICK

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01252022

APARTMENT AVAILABLE

Owned and operated by Lutheran Social Services of Illinois (LSSI) offering apartment living for older adults in Rochelle and the surrounding communities.

Rent based on 30% of a Resident's Adjusted Gross Income

Full time Social Service Coordinator is available to assist residents

For more information, please call 815-562-1404

615 N. Lincoln Hwy.
Rochelle, IL 61068
TTY 847-390-1460

MANAGED BY:
Lutheran Social Services of Illinois
www.LSSI.org

Secure Entry System

Community room with kitchen

Activities

On-site coin operated laundry


On-site management office


Dependable 24/7 maintenance service


On-site parking for residents





9 Biggest Benefits Of Shopping Rochelle First


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Youth programs, schools and non-profit groups look to our businesses first when fundraising. These community-minded businesses donate faithfully to local youth sports programs, community clubs, nonprofit groups and churches – just to name a few. Shouldn't we look to those same businesses first when we need goods and services? Of course we should!
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High rate of return. For every \$100 spent in independently owned stores, \$68 returns to the community through payroll, taxes and other expenditures. Online orders return absolutely nothing to Rochelle, IL.
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Seeking health care in your hometown brings the comforts of receiving qualified care from people you know and trust. Whether it be a trip to the dentist, regular health care screenings, a visit to a specialist or an emergency, you need not travel. It's all right here.
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Banking with people who know you is a luxury found only in hometowns. You don't have to show your ID every time you go in. You can get a loan from people who know you and understand your needs, whether it be money for your first car or to help your business grow. Local banks believe in the value of community members helping one another.
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No one wants to have to make an insurance claim, but it's painless when your agent is your neighbor. You don't have to convince them that there was a hail storm, or that the wind nearly took your roof off. They know because they live
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Time is money. It's simple math (especially when you figure in gas mileage.) Shopping locally can actually save you both time and money!
- 

Customer service after the sale is invaluable. Local retailers not only take responsibility for the product they sold, they will often fix it or replace it – no questions asked. Appliances, furniture, computers and electronics sometimes have glitches. Would you rather box yours up, send it to who knows where, and wait six to eight weeks, or just go back to the nice guy that helped you when you bought it?
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Keeping it local encourages community growth. By choosing to do business locally, you help maintain Rochelle's diversity, charm and appeal; which attracts new community members.
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One word: Jobs. When you do business of any kind in Rochelle, it creates and maintains jobs for others in our area. A healthy employment rate is the cornerstone of all economies. How can you help the economy recover? Start at home.

SPORTS

Forge Wrestling Club



(PHOTOS BY MARA BAKER)

Forge Wrestling Club athletes Dempsey Atkinson (left) and Kaiden Morris (right) look to pin their opponents during the 2023 Northern Plains Regional Freestyle & Greco-Roman Championships earlier this month. Atkinson and Morris are two of the six athletes who qualified for the national championships in Fargo, North Dakota.

Local athletes tangle at Northern Plains Regionals

Six Rochelle wrestlers qualify for 2023 National Championships in Fargo, ND

BY RUSSELL HODGES
SPORTS EDITOR

WISCONSINDELLS, Wis. — The Forge Wrestling Club competed in the 2023 Northern Plains Regional Freestyle & Greco-Roman Championships at the Woodside Wisconsin Dells Center from May 12-14. Three wrestlers brought home first-place finishes in the freestyle tournament and two more secured first-place finishes in the greco-roman wrestling event.

Six Forge Wrestling Club athletes including Roman Villalobos, Cammyla Macias, Dempsey Atkinson, Xavier Villalobos, Tommy Tourdot and Kaiden Morris qualified for the 2023 USA Wrestling Freestyle & Greco-Roman National Championships in Fargo, North Dakota from July 14-22.

Freestyle

Nehemiah Andronic won the 8U 62 Division with a 2-0 record. Andronic opened the tournament with a first-round bye before scoring a 14-4 technical fall over Illinois wrestler Mason Potts and clinching the championship with a 13-2 technical fall over Nebraska's Samson Beyer.

Elijah Nadig won the 12U 74 Division with a 3-0 record. Nadig totaled three technical falls to win the division crown, defeating Wisconsin's Carson Piontek 12-2, Minnesota's Ivan Larsen 12-2 and concluding the tournament with a 10-0 shutout against North Dakota's Kamdyn Goulet.

Benjamin Nadig won the 14U 110 Division with a 3-0 record. After a first-round bye, Nadig secured a 10-0 technical fall over

Nebraska's Kain Ornelas before edging Illinois' Shane Stream by decision and winning by fall over Illinois' Adante Washington in the championship bout.

Teddy Millard took third in the 12U 70 Division and Wells Millard finished fourth in the 8U 53 Division with a 1-3 record, defeating Minnesota's Braxton Eller with a 10-0 technical fall. Conrad Barber finished fourth in the 8U 70 Division with a 1-2 record, scoring a fall over Illinois' Rylan Joustra in the consolation bracket. Ava Barber placed sixth in the 8U 70 Division.

Jacksyn Windham took second in the 14U 187 Division with a 1-1 record, beating North Dakota's Jack Praska by fall. Dempsey Atkinson took second in the 16U Girls 152 Division with a 2-1 record, winning by fall

over Illinois' Jillian Giller and notching a 10-0 technical fall over Illinois' Anna Vasey. Cammyla Macias finished fifth in the 16U Girls 117 Division with a 2-2 record, scoring a 10-0 technical fall over Illinois' Maddison Wickham and receiving a forfeit.

Roman Villalobos went 3-3 in the 16U 170 Division for a sixth-place finish, recording wins over Minnesota's Jack Kapenga (10-0 technical fall), Illinois' Larry Williams (10-0 technical fall) and Illinois' Oliver McPeck (10-7 decision).

Greco-Roman

Nehemiah Andronic won the 8U 62 Division with a 2-1 record, scoring a 12-1 technical fall as well as a fall over Nebraska's Samson Beyer. Elijah Nadig won the 12U 74 Division with a 2-0 record,

earning a first-round bye before notching a 14-9 decision against Minnesota's Ivan Larsen and a fall over North Dakota's Kamdyn Goulet for the division crown.

Benjamin Nadig took second in the 14U 110 Division with a 1-1 record, securing an 8-0 technical fall over Nebraska's Kain Ornelas. Wells Millard finished fourth in the 8U 53 Division with a 1-3 record, earning a fall over Minnesota's Roman Kinsella. Teddy Millard finished fourth in the 12U 70 Division and Maddison Wickham finished fourth in the 16U Girls 117 Division.

Rowen Villalobos placed fifth in the 10U 67 Division with a 1-2 record, notching a 12-1 technical fall over Minnesota's Oscar Pederson. Jacksyn Windham placed fifth in

the 14U 187 Division and Xavier Villalobos placed fifth in the 16U 132 Division with a 3-2 record, collecting a 10-0 technical fall over Minnesota's Jake Freed as well as a 7-4 decision against Iowa's Jordan Schmidt and a fall over Iowa's Jordan Schmidt in the fifth-place bout.

Tommy Tourdot placed fifth in the Junior 120 Division with a 3-2 record, securing a fall over Wisconsin's Austin Gray, an 8-0 technical fall over Minnesota's Gavin Lambert and a fall over Illinois' Kalani Khiev. Kaiden Morris placed fifth in the Junior 220 Division with a 4-2 record, notching a 12-4 technical fall over Illinois' Reginaldo Preciado, an 8-0 technical fall over Illinois' Oliver Cooley, a fall over Illinois' Dominic Dykstra and a forfeit over Illinois' Lamar Bradley.

Gone, But Not Forgotten

William "Bill" Gaston
Husband
2/7/1926-8/3/2019
WWII Veteran

We send this message with a loving kiss for eternal rest and happiness.

*Your loving wife,
Helen Gaston*

Jim B. James & Ashli James

**Husband
Daughter/Sister**

*As long as the sun shines...
the wind blows...
the rain falls...
You will live on inside of us forever.*

**Love,
Joyce and Megan**

3/12/1937 - 12/28/2020
4/12/1971-5/22/2002

Donald Blomberg

Dad

10/26/25 - 8/21/2000

The days may come and go, but the times we shared will always remain.

**Love,
Linda, Cindy & Barry**

Thomas J. Glessner

**Grandfather
WWII Navy Pilot in PB4Y-Z
Privateer**

You are in our thoughts and prayers from morning to night and from year to year.

**Love,
Brendan Mallee**

Gregory P. Peters

Son, Brother, Dad

10/25/1975-9/30/2009

You are in our thoughts and prayers from morning to night and from year to year.

**Love,
Mom & Dad, Steph, Kev & Bishop,
Andy & Nicole,
Gracee, Sawyer & Declan**