



Serving the Triton Area

The Messenger

Claremont, Dodge Center, West Concord

PRSR STD
U.S. POSTAGE PAID
PERMIT #2
Dennison, MN 55018

Postal Customer
ECRWSS

JUNE 19, 2024

Volume 5 • Issue 12

Father's Day Fly-in



The annual Father's Day fly in breakfast was held at the Dodge Center airport on Sunday. Some of the proceeds are donated to the Disabled American Veterans organization. The Mayo Southeast DAV chapter was on hand as well. They support veterans in the seven southeast Minnesota counties. Some of the programs they supported last year include food service for veterans, service dogs for veterans, archery group, goose and deer hunts, veteran homelessness and donor connect for medical equipment.

(continued on page 10)

West Concord gets New City Administrator

Paula Trenda was hired as the new West Concord City Administrator last month.

Paula grew up just west of Dubuque, Iowa and started college planning on being a nurse. She ended up with a BA in Public Relations/Speech Communication and a mini-

masters certificate in Church Business Administration.

Her first position was in St. Paul in 1996 as an office manager/marketing coordinator for a start up medical device company. She spent eight years working there as an international



Paula Trenda

meeting and tradeshow manager working with medical, pharmaceutical and scientific societies. This allowed her to travel to twelve different countries on three continents.

After the birth of her first daughter, she ceased from traveling and took the position of Parish Administrator. It was during this time that she honed her love for fine chocolates and became a Certified Chocolatier. This hobby led her to start a small business of gourmet chocolates and candies, named Curly Girlz Candy. The business created a "better for you" line of sugar free candies, which became very popular. They were invited to serve VIP's at the Super Bowl LII in Minneapolis and were named 2020 Small Business of the Year in Minnesota. Curly Girlz Candy has sold their sugar free recipes and is closing their retail location, so Paula looked for new horizons and that lead to her position as the new City Administrator in West Concord.

(continued on page 8)

Local FFA Member wins State Award



Ellie Sauder was awarded first place in the Minnesota FFA agricultural educator proficiency award this spring at the state convention. Her supervised agricultural experience project was creating a year long introduction to agriculture class for home-schooled high schoolers in a Rochester area home-school coop. Her role included finding a tutor to teach the class, choosing the curriculum, finding tours and guest speakers and keeping the on-line classwork updated. One of her goals for the class was to keep it a truly hands-on interactive experience, so she incorporated guest speakers, and tours of farms and agricultural companies in the Rochester area.

Ellie is also involved with her family dairy farm and is currently a Dodge County Dairy princess.

Announcements

• The United Methodist Church of Dodge Center at 20 First Street NE offers a dine in and carry out meal from 5:00-6:00pm the third Wednesday of each month.

Do you have an announcement?
Email: hometownmessenger@gmail.com

Count on us for quality workmanship and trusted advice in handling of your electrical troubleshooting, repair and installation needs.

- Residential, Commercial & Ag
- New Installation
- Electrical Repair
- Electrical Inspections

- Locally Owned/Licensed Electrician -

RIPLEY
ELECTRIC
507-421-3268

1 Year
Labor
Warranty



🎵 **LIVE MUSIC!** 🎵

Friday, July 12th

Rockin Hep Cats 7:00pm

No Open Mic in July

THE
Annadine

Dodge County's Greatest Anodyne

16 West Main, Dodge Center
507-273-9530

Follow Us on Facebook @THEANNADINE

Empty Stomach, But Full . . .

By Pastor Dave Breederland
Faith Community Church
West Concord

Have you ever noticed that some people have a great skill at understating things? They may intentionally or unintentionally understate things. During the Apollo 13 mission, astronaut Jack Swigert reported a problem to Mission Control by saying, "Houston, we've had a problem here." Winston Churchill, known for his wit and understatement during the darkest hours of World War II, once said, "We are waiting for the long-promised invasion. So are the fishes." In the film "Monty Python and the Holy Grail," there's a scene where a character loses both arms in a sword fight and nonchalantly remarks, "It's just a flesh wound."

The Bible too has examples of understatement. One that caught my eye recently is from the Gospel of Luke. Luke begins chapter four with these words: Jesus, full of the Holy Spirit, left the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil. He ate nothing during those days, and at the end of them he was hungry. [Luke 4:1-2 (NIV)]. Did you miss Dr. Luke's understatement? After forty days of not eating, Jesus was hungry. I say that phrase unequivocally qualifies as understatement. Of course he was hungry!

But part of Luke's purpose in using that un-

derstated phrase is to set the stage for the devil's temptation. Luke 4:3 reads: the devil said to him, "If you are the Son of God, tell this stone to become bread." (NIV). What a relevant temptation given Jesus' physical circumstances of hunger. For many years (a long time ago) I led groups of teens from our church on wilderness camping trips. Those trips involved some days of backpacking. In the wilderness, there were no microwaves or refrigerators to prepare or store food. The teens had to eat and prepare their meals very simply – such as just add boiling water, stir, let it sit, then eat. Inevitably as we would resume hiking, the teens would talk about all the foods they wanted to consume when they returned to civilization. They would discuss

their favorite meals for miles. Jesus hadn't eaten in forty days. He was hungry.

So, what did he do to the devil's invitation? Luke tells us. Jesus answered, "It is written: 'Man shall not live on bread alone.'" [Luke 4:4 (NIV)].

Three observations. First, temptations may come to us when we are in a vulnerable state. Recognize that and be extra vigilant. Second, Jesus was full of the Holy Spirit (cf. Luke 4:1). We need the power and wisdom of the Holy Spirit in our lives as Christians to overcome temptation and to become all that God desires of us. Certainly, some of what God desires of us is to show the fruit of the Spirit

as outlined in Galatians 5:22-23 (love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control). Jesus relied on the Holy Spirit to remain faithful to his mission. Third, Jesus was full of truth. What did Jesus quote in response to the devil? Scripture. Jesus knew the truth of God's Word and was able to bring it to bear on his situation. How well-fed on the Scriptures are we? Do we believe God's Word is true? Do we need to change our intake habits so that we increase our consumption of the Bible? If so, what changes will we make? If the Scriptures were vital to Jesus, how much more should they be vital to us.

HAPPY BIRTHDAY

**Ruth Shadow
Will Be
Celebrating Her
90th Birthday
on August 4th**



Let's help her celebrate by showering her with cards!

Send cards to:
Ruth Shadow
21481 - 605th Street
Dodge Center, MN 55927

Specializing in Unique Jewelry, Clocks & Custom Trophies



Local Convenience | Hometown Service | Small Town Savings

TATGE JEWELRY

625 2nd Street, Kenyon, MN 55946 • (507) 789-6522 or 1-800-58-TATGE
tatgejewelry.com

FOR SALE JOHN DEERE 380 LAWN TRACTOR



48" deck, 23 hp, 225 hours
Call 507-251-1066

Serving the Triton Area
The Messenger
Claremont, Dodge Center, West Concord

MAIL

35 West Main Street
P.O. Box 33, Dodge Center, MN 55927
PHONE/TEXT 507-649-3327

FAX 507-645-9878

For advertising information call
Terry at 507-951-7417
or email: hometownmessenger@gmail.com

Published in cooperation with Mainstreet Publishing Minnesota, Inc.
© 2024, Dodge Center, Claremont, West Concord Messenger. All rights reserved.

DODGE CENTER

Faith Lutheran Church

308 2nd St. NW, Dodge Center
Pastor Jessica Bakken Busch • 507-374-2174
Traditional Worship 9a.m.; Fellowship 10a.m.

Grace Lutheran Church

404 Central Avenue N, Dodge Center
Rev. Elliott Malm • 507-633-2253
<https://gracedc.church>
Worship 9a.m.; Sunday School 10:30a.m.

Praise Fellowship Church

602 Central Avenue S, Dodge Center
Roger Langworthy • 507-374-6400
Kids Church 9:15a.m.; Sunday Worship 9:30a.m.

Dodge Center Methodist Church

201 1st St. NE, Dodge Center
Rev. Chad Christensen • 507-374-6885
Sunday Morning Worship at 8:15a.m.,
Fellowship Time Following

St. John Baptist De La Salle

20 2nd St. NE, Dodge Center • 507-374-6830
Mass Saturday 5p.m.

Living Water Assembly Church

104 1st St. NW, Dodge Center
Roy Andrews • 507-374-6561
Sunday 10a.m.

Dodge Center SDA Church

410 3rd Ave. SW
Dodge Center • 507-374-6895
Sabbath School 9:15a.m.; Saturday Worship 11a.m.

Anchor of Hope Church, a 7th Day Baptist Congregation

203 E. Main St., Dodge Center • 507-374-6755
Saturday 10a.m. Worship; 11:45a.m. Sabbath School

Bible Lutheran Church

(American Assoc. of Lutheran Churches)
11 1st Ave. N.E., Dodge Center
www.biblelc.org • 612-803-1212
Sunday School 9:15a.m.; Worship 10:30a.m.
(weekly sermons available on YouTube and on website)

First Congregational Church

12 Second Street NW
Dodge Center, MN 55927 • 507-633-6873
www.congregationalchurchdc.com
Keith Mosier, Pastor

Area Church Directory

Keep Up the Good Work!

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.
— Galatians 6:9

It can be hard not to grow weary of doing good. Physically tired, emotionally and spiritually drained, we might be ready to give up.

The brokenness in our world knows no end. There is always another hungry person to be fed. No sooner is a hospital bed open, and another person fills it. Someone who is healthy today will be sick tomorrow. In a sinful and broken world, there will always be hungry, sick, lonely, imprisoned, or impoverished people. Wars and rumors of wars will always produce refugees. The world's problems will last until Jesus returns. In the meantime, though, we are encouraged, "Do not grow weary of doing good!" And only in God's strength can we continue. We may certainly resign from a committee, leave a specific ministry of mercy, and stop volunteering at a soup kitchen. But we must not grow weary of doing good! If we change ministries, we can still continue to minister in other ways. In the end, as we become people who must be fed, clothed, and visited, our ministry may be reduced to a smile, an encouraging word, or a prayer. And that may be our most effective ministry of all. By God's grace, may we all rejoice to hear the words "Well done, good and faithful servant!"

Dear Jesus, sometimes we grow weary and discouraged. Help us, in the power of your Spirit, to press on. Thank you for giving us eternal life and for welcoming us into your kingdom. Amen.

CLAREMONT

1st Presbyterian Church

200 East Street, Claremont • 528-2320
Pastor Doug Walters
Sunday Worship at 10:00a.m.

St. John Lutheran Church

4532 SE 84th Avenue, Claremont • 528-2404
Pastor Alan Broadwell
Sunday Service at 10:30a.m.

WEST CONCORD

Faith Community Church

305 State Street N, West Concord • 507-527-2244
Pastor David Breederland
Sunday 9:30a.m. Worship; 10:45a.m. Sunday School
www.fcwc.org
Facebook: WC Faith Community Church

Hegre Lutheran, ELCA

51939 Highway 56 Blvd., Kenyon • 507-527-2353
Sunday: 9:15a.m. Sunday School; 10:30a.m. Worship

Trinity Lutheran, ELCA

301 Highland St., West Concord • 507-527-2778
Pastor Chad Christensen • trinitychurchwc.net
Sunday worship video is posted on Facebook:
[Trinitylutheranchurchwestconcordmn](https://www.facebook.com/Trinitylutheranchurchwestconcordmn)
Sundays 9:45a.m. Worship in building and live streamed on Facebook.
Sunday School 10:30a.m.
Tuesday Men's Bible Study, 7:00a.m.
at church and via Zoom
Call church for more information on ministries and events.

Church of Christ

55087 200th Ave., West Concord • 507-527-2723
Pastor Peter Moen
9:00a.m. Sunday School; 10:30a.m. Worship
concordchurchmn.com

Zwingli United Church of Christ

"The Berne Church"
23148 Co. Hwy. 24, West Concord • 507-356-4340
Pastor Karen Larson
Sunday 10:00a.m. Worship; Find us on Facebook

Email your church announcements,
schedule, etc. to the The Messenger at:
hometownmessenger@gmail.com

THE CHURCH DIRECTORY IS SPONSORED BY:

Fresh & Flavorful
Mexican Cuisine



160 26th St NE, Owatonna
507-413-0819
Dining Room Open 7 Days a Week
11:00am-10:00pm
www.plazamorena.com

Obituary

Doris Elaine (Lyke) Cole

Doris Elaine (Lyke) Cole, 89, of Sartell MN, passed away May 9th, 2024, at Advanced Health Care of Mesa, AZ.



Doris was born April 21, 1935, in Claremont MN. She was the daughter of Vern & Edna (Ellefson) Lyke. She grad-

uated from Kasson High School in 1953.

Doris married Ronald Bakkedahl of Hayfield MN in December 1953. They had 5 children. Ronald was killed in an auto accident in November 1964, along with his 2-year-old daughter, Tamra. Doris married Thomas Fitzgerald of Hayfield in August 1978. Thomas passed away February 1992. In 2000, Doris married Joseph Kosloski of Rochester. He passed away December 2003. Doris married Vernon Cole, in Apache Junction AZ January 23, 2011.

Doris' survivors include children: Dwayne (Robyn) Bakkedahl of Lewistown MT; Robin (Gary Krueger) Dunn of Sioux Falls SD; Jeffrey (Joyce) Bakkedahl of Hayfield MN; and Barbara (Brad) Borders of Onamia MN. Also surviving are numerous grand, great grandchildren and also a great, great grandchild. Doris also has a sister, Rosemary Lyke (Bob Spindle) of Denver CO.

Immediate family members preceding her in death were her parents, sister Shirley Strom, brothers Erwin & William Lyke, 3 husbands and daughter Tamra.

Doris lived a life full of love for all. She was very proud of her kids, grands and great-grands. She loved to bake and decorate

cakes, knit & crochet, crossword puzzles and travel. For the last 13 years, she wintered in Apache Junction AZ, and lived with husband, Vern, in Sartell in the summers.

A celebration of life will be held at 11:00 a.m. Saturday, July 20, 2024, at Czaplowski Family Funeral Homes, 801 7th St SE Kasson, MN. Visitation will be one hour prior to the service on Saturday.

To share a special memory or condolence please visit www.czaplowskifuneralhomes.com, Czaplowski Family Funeral Homes, 801 7th St SE Kasson, MN 55940 (507) 634-6510. Blessed be her memory.

SURVIVAL DAYS 2024



Moms, Dads, and Grandparents

Send in a cute photo (no larger than 4x6) of son, daughter, grandson or granddaughter

(Baby, parents, or grandparents must be West Concord residents.)

OPEN TO CHILDREN 0-36 MONTHS OLD as of 7/26/24

ALL PICTURES MUST BE RECEIVED BY NOON ON JULY 8, ALONG WITH ENTRY FORM AND \$5 FEE.

Email to: wntbrz@hotmail.com or Mail to: Crystal Winter - 514 5th Street, West Concord, MN 55985 or drop off at Heritage Bank or City Hall

PLAN TO ATTEND THE ROYALTY PAGEANT AT LION'S PARK on Friday, July 26th at 6:30pm!



Name of Child _____

Date of Birth _____

Parents Name _____

Parents Address, Phone Number _____

Submitted By (if other than parent)

Name _____

Relationship to Child _____

Address _____

Phone Number _____

More details and additional forms at Heritage Bank and City Hall.

Traxler Law PLLC

traxlerlaw.com

Ann Traxler
Attorney

PRACTICE AREAS

- Wills, Trusts, & Estates
- Farm and Business Transition Planning
- General Practice
- Probate

4359 Cty. 11 Blvd.
Kenyon, MN 55945
507-405-0420
ann@traxlerlaw.com



Watch your ears!

Common age related hearing hazards: Tractors without cab, grain dryers, power saws & chain saws.

Voted Best in Mower County

2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019 & 2020

AUSTIN

701 W Oakland Ave
507-433-4144

ROCHESTER

2150 2nd St. SW, Suite 130
507-322-4241

OWATONNA

685 Bridge St. Suite 1B
507-451-3879

WASECA

118 North State Street
507-521-2758

FIND OUT IF YOUR HEARING HAS ALREADY BEEN AFFECTED BY NOISE.

Call us for a free screening today!

AMY SWAIN HEARING CENTERS

www.amyswainhearingcenters.com

Do you need help with your toenails?



Registered nurse and certified foot care nurse will trim your nails in your home.

Joyful Feet Footcare

Phone: 507-475-1434 (okay to text)

Email: joyfulfeet@yahoo.com

Estate Sale June 28 & 29

Roberts family estate sale in rural West Concord at 16296 540th Street. 9:00 am to 5:00 pm.

Don't miss this extensive collection of indoor, outdoor, and personal treasures!

McMartin Electric Inc.

507-528-2578

64005 130th Ave.
Claremont, MN
55924

Industrial Trenching Residential Commercial Agricultural Wiring or Rewiring Bucket Truck Service Repairs or Troubleshooting Electrical Design and Design Builds

That's the Latest Comedy



By Emery Kleven

Emery is now a retired farm broadcaster after starting at KDHL in Faribault in 1987. He's a 1971 graduate of West Concord High School. You can view past columns at his website RoadFarming.com. You can email him at emery@roadfarming.com.

In 2010, my wife and I went to St. Paul to the Fitzgerald Theater to watch a radio program. Being an old radio guy, that phrase 'watching a radio program' seems to be a contradiction to the norm. But indeed, about a 1000 people would flock in from across the country to watch 'A Prairie Home Companion' with Garrison Keillor. Garrison would write most if not all the scripts for the comedy bits and of course his tales of Lake Wobegon,

his hometown where it was a quiet week there on the edge of the prairie. He described the little town as one that time forgot and the decades cannot improve. Some of the sponsors included the Ketchup Advisory Board, Bebop-A-Reebop Rhubarb Pie and who can forget the Powdermilk Biscuits? The tagline for the Powdermilk biscuits read: Made from whole wheat raised by Norwegian bachelor farmers, so you know they're not only good for you, they're pure...mostly.

One of the original members of the Powdermilk Biscuit Band, which played on the program, is a guy my wife and I got to know at the State Fair, Adam Granger. Adam would take part in the annual State Fair Fiddle Contest. I emceed the event for a number of years and Adam was a guitar player who would accompany many of the fiddle contestants.

But to quote the late Steve Cannon of WCCO fame, I digress. My point about writing about Garrison Keillor is that once a year he would devote the entire program to joke telling. Yes they had some music and the news of Lake Wobegon, but the rest of the program was Keillor, guest stars and the show regulars telling jokes, many which were submitted by listeners and the audience. So with that introduction, this is my somewhat annual joke column.

To start with, I found a list that my daughter Bente helped me write several years ago about how some days go better than others. It's kind of like the song by Mary Chapin

Carpenter who wrote that somedays you're the bug, somedays you're the windshield.

With that, I hope none of these describe how your day has gone. You start every sentence with 'Some days we're the'...and then the line, such as Some days we're the 'crack in the sidewalk of life; buttonweeds in the soybean field of life; we're the hair (hare) in the rabbit stew of life; manure in the hog pit of life; hole in the sock of life; root canal in the mouth of life; wrinkles on the skin of life; leak in the radiator of life. Don't forget to put 'some days we're the' in front of these lines. Some days we're the hemorrhoid in the butt of life. My daughter wrote 'Dad, don't do this one! And then drew an arrow to that line so I knew for sure which one she was referring to. I did it anyway because some days are like that.

Just a few more here: We're the: cobwebs in the corner of life; gutter balls in the bowling game of life; wobbly leg on the table of life; hangnails on the finger of life; lint in your pocket of life; penalty in the hockey game of life; and finally but not leastly: We're the boogers in the nose of life!

I had written several columns ago how I would do top five and top ten lists. I found this old one I used on the radio way back when. The top five reasons no one will steal a farm pickup.

#5. They have a range of 20 miles before they overheat, breakdown or run out of gas. #4. The dog on the toolbox looks real mean. #3. Top speed is 45 miles per hour. #2. The large round bale in the back makes it hard to see if you're being chased. You could use the

mirrors if they weren't cracked and covered in duct tape. And the number one reason no one will steal a farm pickup...It's hard to commit a crime with everyone waving at you!

Top 10 George Carlinisms! To the unfamiliar, George Carlin was a comedian. Controversial? Probably. Ahead of his time? Maybe. Funny? Definitely!

Top 10 things George Carlin asked: #10. How come wrong numbers are never busy? #9. Do people in Australia call the rest of the world 'up over'? #8. Does that screwdriver belong to Philip? #7. Why is it that night falls but day breaks? #6. Why is the third hand on a watch called the second hand? #5. Why is lemon juice made with artificial flavor, and dishwashing liquid made with real lemons? #4. Are part-time bandleaders semi-conductors? #3. Did Noah keep his bees in Archives? #2. Can you buy an entire chess set in a pawn shop? #1. Do you think that when they asked George Washington for his ID, that he just whipped out a quarter?

Now for my encore, the top five real signs spotted across the country?

#5. In a Maine Restaurant: "Open 7 days a week and weekends." #4. In a Florida maternity ward: "No children allowed." #3. In a New York restaurant: "Customers who find our waitresses rude ought to see the manager." #2 On the menu of a New Orleans restaurant: Blackened bluefish." And the number 1 real sign: In a Texas funeral parlor: "Ask about our layaway plan." And that's the news from Lake Wobegon!!



SHOP TECHNICIANS WANTED

Do you want a career where you can work with your hands, have a flexible schedule and be challenged? Do you have a leadership mentality with a proven record of being dedicated, organized, efficient and team oriented? Join us today and be a part of an organization that values work/life balance and personal growth!

- 4 & 5 day work week!
- Competitive wages!
- Work/ Life Balance!
- Great benefits and more!

Apply in person or online
109 South St. SE
Dodge Center, MN 55927
www.eei.com/contact-us

TRITON CLASS OF 2024



SENIOR SPOTLIGHT

Vincent Beauchamp is a senior at Triton High School.

His mother is Theresa Beauchamp.

He has one sister.

Outside of school he enjoys welding, fishing and building his Jeep XJ.

His pastimes are riding moped, fishing, welding and fixing stuff. His favorite music is old country, rock, metal and punk.

After graduation he plans to work, save a bunch of money and move out west.



VINCENT BEAUCHAMP

SPONSORED BY

HODGMAN
DRAINAGE COMPANY INC.
www.hodgmandrainage.com
507.528.2225

Ag Drainage
Residential
Excavation
Municipal & Directional
Drilling Services

Museum Musings



A Fourth of July to Remember

By Colleen Sathrum Hayne

In 1924 Ford Motor Company manufactured its 10 millionth automobile, J. Edgar Hoover became leader of the FBI, the Little Orphan Annie comic strip was first published and Robert Frost received the Pulitzer Prize for poetry. In Concord, Minnesota, on the Fourth of July 1924, an almost unimaginable extravaganza took place.

Oh, how I wish we had pictures that documented this glorious event, but we do have the West Concord Enterprise account of that amazing day. Close your eyes and imagine 700 cars lining the grounds around the grove in Concord. Then think of a crowd estimated to have been 5000 people enjoying the day long celebration. It's difficult to imagine when we think of the lovely, little sleepy hamlet of today.

The weather was perfect on the Fourth of 1924 and the newspaper noted that anyone who tired of the sun could rest in the shade in the grove park. The celebration began at 10:45 with a concert by the West Concord City Band, who in addition, played all day long. Our very own Doc Evans, then a saxophone player, was part of that band. Community singing was directed by Rev. W.E. Bridge. The Enterprise reported that the "immense audience swung into line and sang with a vim the popular songs". A patriotic address, "The Day We Celebrate", was given by Rev. Morse and deemed "most appropriate".

Everyone brought their picnic dinner in baskets, enjoying the socializing with family, friends, and neighbors. At 1:30 the games started. There were races and contests of all kinds, including a greased pig contest. This event involved greasing a pig with lard, mineral oil or vegetable oil, and teams chasing the pig around a fenced-off mud pit to try to catch the pig and put it in a barrel—all in a timed race. It must have been a boisterous event. (Greased pig contests are no more in today's world. They were banned by the Minnesota Legislature in 1971 in a "cruelty to animals" statute.)

A lively baseball game was played between Concord and Wasioja. The newspaper account said it was a "scream" with a final score of 19 to 15 in a ten inning game with Wasioja the winner.

The Enterprise proclaimed that "Never in the history of this locality was there a greater crowd or a better celebration of the Fourth of July than that of Friday at Concord.

It was an old-fashioned Fourth in every sense of the word. Not a thing occurred to mar the pleasure of the day.

The Concord committee who engineered the celebration are deserving of much credit for the superb manner in

which the entire program was carried out. It was a tired but happy crowd that left the grounds as the sun sank to the west, and all were loud in their praise for the day."

I've been left wondering why there was such "hoopla" in Concord on that particular Fourth of July. The year before, 1923, the Enterprise does not even mention a celebration in Concord. In 1925 the newspaper stated just this, "Come and celebrate the 4th at Concord. There is a fine program being arranged and also a big bowery in the park." Boweries were often constructed in the early 20th century for celebrations. They were temporary structures that were roofed with green boughs and used for dances and picnic shelters.

By 1926 there was no mention at all of a Fourth of July celebration in Concord. Both the Owatonna and Dodge Center celebrations were widely advertised in the Enterprise that year. Owatonna's Fourth had many attractions: horse racing, athletic contests, vaudeville acts, a parade, and fireworks. It would be hard to compete with that.

If anyone has boxes in the attic that might have photos of that remarkable 1924 Fourth of July in Concord (or any Concord Fourth) I would happily sift through the contents. The Museum is also looking for pictures of the West Concord City Band which was so important before the public school had a real band. The West Concord Enterprise frequently mentions the city band, but we've never seen a photo of it and would so much like to have one.

As the writer Erma Bombeck said:

"You have to love a nation that celebrates its independence every July 4th, not with a parade of guns, tanks, and soldiers who file by the White House in a show of strength and muscle, but with family picnics where kids throw Frisbees, the potato salad gets iffy, and the flies die from happiness."

Yeast Foam
Good bread makers everywhere prefer it

Send for free booklet "The Art of Baking Bread"

Northwestern Yeast Co.
1730 N. Ashland Ave., Chicago

Your Chance to Own A

HOTPOINT ELECTRIC RANGE
\$5.⁰⁰ Down 18 Months to Pay the Balance

This Offer will be over shortly so don't be disappointed by not taking advantage of it and

Remember

We will give you \$7.50 for your old range towards the purchase price of one of our new HOTPOINT ELECTRIC RANGES---fully guaranteed.

Come In or Phone

Northern States Power Company

This Company has more than 50,000 Shareholders

Fourth of July CELEBRATION.
At Concord Village

Beginning at 10:45 with a **MUSICAL CONCERT**

Community Singing Patriotic Address

PICNIC DINNER
All Bring Their Baskets

At 1:30 the Games, Etc., Will Start
RACES OF ALL KINDS, CONTESTS, GREASED PIG
A RATTLING GOOD BASE BALL GAME,
and in fact Something Doing All Day.

Music Will be Furnished by
West Concord Band

Hail The Fourth of July

While we remember the glories of time past, let us on Saturday, July 4, pledge ourselves anew to the cause of good government.

As another Independence day approaches, one's thots bound back to earlier Fourths and forward to a holiday to be as "glorious" as the most glorious of its predecessors.

This store, too, is in holiday mood. Gathered for your approval and selection are dozens of things that will help you in your "pursuit of happiness."

AMUNDSEN
Mercantile

A Most Delicious Home Made Beverage

Hires
Household Extract
for making
Root Beer at home

If your dealer cannot supply you, send 25c and we will send you package, postpaid, direct.

The Charles E. Hires Company
Dept. W. Philadelphia, Pa.

May your Fourth of July be as wonderful as the 1924 Concord Fourth!



West Concord 2023 Drinking Water Report

Making Safe Drinking Water

Your drinking water comes from a groundwater source: two wells ranging from 803 to 821 feet deep, that draw water from the Jordan aquifer.

West Concord works hard to provide you with safe and reliable drinking water that meets federal and state water quality requirements. The purpose of this report is to provide you with information on your drinking water and how to protect our precious water resources.

Contact Herb Krueger, Operator, at 320-894-6333 or hkrueger@peopleservice.com if you have questions about West Concord's drinking water. You can also ask for information about how you can take part in decisions that may affect water quality.

The U.S. Environmental Protection Agency sets safe drinking water standards. These standards limit the amounts of specific contaminants allowed in drinking water. This ensures that tap water is safe to drink for most people. The U.S. Food and Drug Administration regulates the amount of certain contaminants in bottled water. Bottled water must provide the same public health protection as public tap water.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline at 1-800-426-4791.

West Concord Monitoring Results

This report contains our monitoring results from January 1 to December 31, 2023.

We work with the Minnesota Department of Health to test drinking water for more than 100 contaminants. It is not unusual to detect contaminants in small amounts. No water supply is ever completely free of contaminants. Drinking water standards protect Minnesotans from substances that may be harmful to their health.

Learn more by visiting the Minnesota Department of Health's webpage Basics of Monitoring and testing of Drinking Water in Minnesota (<https://www.health.state.mn.us/communities/environment/water/factsheet/sampling.html>).

How to Read the Water Quality Data Tables

The tables below show the contaminants we found last year or the most recent time we sampled for that contaminant. They also show the levels of those contaminants and the Environmental Protection Agency's limits. Substances that we tested for but did not find are not included in the tables.

We sample for some contaminants less than once a year because their levels in water are not expected to change from year to year. If we found any of these contaminants the last time we sampled for them, we included them in the tables below with the detection date.

We may have done additional monitoring for contaminants that are not included in the Safe Drinking Water Act. To request a copy of these results, call the Minnesota Department of Health at 651-201-4700 between 8:00 a.m. and 4:30 p.m., Monday through Friday.

Some contaminants are monitored regularly throughout the year, and rolling (or moving) annual averages are used to manage compliance. Because of this averaging, there are times where the Range of Detected Test Results for the calendar year is lower than the Highest Average or Highest Single Test Result, because it occurred in the previous calendar year.

Definitions

• **AL (Action Level):** The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

• **EPA:** Environmental Protection Agency

• **MCL (Maximum contaminant level):** The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

• **MCLG (Maximum contaminant level goal):** The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

• **MRDL (Maximum residual disinfectant level):** The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

• **MRDLG (Maximum residual disinfectant level goal):** The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

• **N/A (Not applicable):** Does not apply.

• **pCi/l (picocuries per liter):** A measure of radioactivity.

• **ppt (parts per trillion):** One part per trillion is like one drop in one trillion drops of water, or about one drop in an Olympic sized swimming pool. ppt is the same as nanograms per liter (ng/l).

• **ppb (parts per billion):** One part per billion in water is like one drop in one billion drops of water, or about one drop in a swimming pool. ppb is the same as micrograms per liter (µg/l).

• **ppm (parts per million):** One part per million is like one drop in one million drops of water, or about one cup in a swimming pool. ppm is the same as milligrams per liter (mg/l).

• **PWSID:** Public water system identification.

Monitoring Results – Regulated Substances

LEAD AND COPPER – Tested at customer taps.

Contaminant (Date, if sampled in previous year)	EPA's Ideal Goal (MCLG)	EPA's Action Level	90% of Results Were Less Than	Number of Homes with High Levels	Violation	Typical Sources
Lead (08/31/21)	0 ppb	90% of homes less than 15 ppb	1.6 ppb	0 out of 10	NO	Corrosion of household plumbing.
Copper (08/31/21)	0 ppm	90% of homes less than 1.3 ppm	0.51 ppm	0 out of 10	NO	Corrosion of household plumbing.

INORGANIC & ORGANIC CONTAMINANTS – Tested in drinking water.

Contaminant (Date, if sampled in previous year)	EPA's Ideal Goal (MCLG)	EPA's Limit (MCL)	Highest Average or Highest Single Test Result	Range of Detected Test Results	Violation	Typical Sources
Cyanide, Free	0.2 ppm	0.2 ppm	0.09 ppm	N/A	NO	Discharge from steel/metal factories; Discharge from plastic and fertilizer factories.
Barium	2 ppm	2 ppm	0.03 ppm	N/A	NO	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposit.
Gross Alpha (2022)	0 pCi/l	15.4 pCi/l	3.2 pCi/l	N/A	NO	Erosion of natural deposits.
Combined Radium (2022)	0 pCi/l	5.4 pCi/l	4.3 pCi/l	N/A	NO	Erosion of natural deposits.

CONTAMINANTS RELATED TO DISINFECTION – Tested in drinking water.

Substance (Date, if sampled in previous year)	EPA's Ideal Goal (MCLG or MRDLG)	EPA's Limit (MCL or MRDL)	Highest Average or Highest Single Test Result	Range of Detected Test Results	Violation	Typical Sources
Total Trihalomethanes (TTHMs)	N/A	80 ppb	5.9 ppb	5.50 - 5.90 ppb	NO	By-product of drinking water disinfection.
Total Haloacetic Acids (HAA)	N/A	60 ppb	2.5 ppb	1.50 - 2.50 ppb	NO	By-product of drinking water disinfection.
Total Chlorine	4.0 ppm	4.0 ppm	0.16 ppm	0.00 - 0.24 ppm	NO	Water additive used to control microbes.

Total HAA refers to HAAS

OTHER SUBSTANCES – Tested in drinking water.

Substance (Date, if sampled in previous year)	EPA's Ideal Goal (MCLG)	EPA's Limit (MCL)	Highest Average or Highest Single Test Result	Range of Detected Test Results	Violation	Typical Sources
Fluoride	4.0 ppm	4.0 ppm	1.12 ppm	0.56 - 1.20 ppm	NO	Erosion of natural deposits; Water additive to promote strong teeth.

(continued on page 7)



West Concord 2023 Drinking Water Report

(continued from page 6)

Some People Are More Vulnerable to Contaminants in Drinking Water

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. The developing fetus and therefore pregnant women may also be more vulnerable to contaminants in drinking water. These people or their caregivers should seek advice about drinking water from their health care providers. EPA/Centers for Disease Control (CDC) guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline at 1-800-426-4791.

Learn More about Your Drinking Water

Drinking Water Sources

Groundwater supplies 75 percent of Minnesota's drinking water, and found in aquifers beneath the surface of the land. Surface water supplies 25 percent of Minnesota's drinking water, and is the water in lakes, rivers, and streams above the surface of the land..

Contaminants can get in drinking water sources from the natural environment and from people's daily activities. There are five main types of contaminants in drinking water sources.

- **Microbial contaminants**, such as viruses, bacteria, and parasites. Sources include sewage treatment plants, septic systems, agricultural livestock operations, pets, and wildlife.
- **Inorganic contaminants** include salts and metals from natural sources (e.g. rock and soil), oil and gas production, mining and farming operations, urban stormwater runoff, and wastewater discharges.
- **Pesticides and herbicides** are chemicals used to reduce or kill unwanted plants and pests. Sources include agriculture, urban stormwater runoff, and commercial and residential properties.
- **Organic chemical contaminants** include synthetic and volatile organic compounds. Sources include industrial processes and petroleum production, gas stations, urban stormwater runoff, and septic systems.
- **Radioactive contaminants** such as radium, thorium, and uranium isotopes come from natural sources (e.g. radon gas from soils and rock), mining operations, and oil and gas production.

The Minnesota Department of Health provides information about your drinking water source(s) in a source water assessment, including:

- How West Concord is protecting your drinking water source(s);
- Nearby threats to your drinking water sources;
- How easily water and pollution can move from the surface of the land into drinking water sources, based on natural geology and the way wells are constructed.

Find your source water assessment at Source Water Assessments (<https://www.health.state.mn.us/communities/environment/water/swp/swa>) or call 651-201-4700 between 8:00 a.m. and 4:30 p.m., Monday through Friday.

Lead in Drinking Water

You may be in contact with lead through paint, water, dust, soil, food, hobbies, or your job. Coming in contact with lead can cause serious health problems for

everyone. There is no safe level of lead. Babies, children under six years, and pregnant women are at the highest risk.

Lead is rarely in a drinking water source, but it can get in your drinking water as it passes through lead service lines and your household plumbing system. West Concord is responsible for providing high quality drinking water, but it cannot control the plumbing materials used in private buildings.

Read below to learn how you can protect yourself from lead in drinking water.

1. Let the water run for 30-60 seconds before using it for drinking or cooking if the water has not been turned on in over six hours. If you have a lead service line, you may need to let the water run longer. A service line is the underground pipe that brings water from the main water pipe under the street to your home.

- You can find out if you have a lead service line by contacting your public water system, or you can check by following the steps at:

<https://www.mprnews.org/story/2016/06/24/npr-find-lead-pipes-in-your-home>

- The only way to know if lead has been reduced by letting it run is to check with a test. If letting the water run does not reduce lead, consider other options to reduce your exposure.

2. Use cold water for drinking, making food, and making baby formula. Hot water releases more lead from pipes than cold water.

3. Test your water. In most cases, letting the water run and using cold water for drinking and cooking should keep lead levels low in your drinking water. If you are still concerned about lead, arrange with a laboratory to test your tap water. Testing your water is important if young children or pregnant women drink your tap water.

- Contact a Minnesota Department of Health accredited laboratory to get a sample container and instructions on how to submit a sample:

Environmental Laboratory Accreditation Program (<https://eldo.web.health.state.mn.us/public/accreditedlabs/labsearch.seam>)

The Minnesota Department of Health can help you understand your test results.

4. Treat your water if a test shows your water has high levels of lead after you let the water run.

- Read about water treatment units:

Point-of-Use Water Treatment Units for Lead Reduction

(<https://www.health.state.mn.us/communities/environment/water/factsheet/poulead.html>)

Learn more:

- Visit Lead in Drinking Water (<https://www.health.state.mn.us/communities/environment/water/contaminants/lead.html>)

- Visit Basic Information about Lead in Drinking Water (<http://www.epa.gov/safewater/lead>)

- Call the EPA Safe Drinking Water Hotline at 1-800-426-4791. To learn about how to reduce your contact with lead from sources other than your drinking water, visit Lead Poisoning Prevention: Common Sources (<https://www.health.state.mn.us/communities/environment/lead/sources.html>).

Water systems have ongoing infrastructure, operations and maintenance costs in supplying safe drinking water, and many are implementing additional efforts to help insure health equity and manageable water bills with:

- Turn the faucet off while brushing teeth.
- Shower instead of bathing to reduce water use.
- Fix running toilets by replacing flapper valves.
- Run full loads of laundry and use a minimal water use setting.
- Our water system partners with others to help consumers with limited resources make payments to their water bills.
- Contact us to learn more.

If you are planning to have a garage sale during Survival Days, contact Kim Jones at jones.kim@frontier.com or private message via Facebook.

Your ad will be placed in the WC Messenger for no charge, listed on the Survival Days Facebook page, and added to a list of all sales that will be available at City Hall. Deadline is July 15.



Nominations for the 2024 Citizen of the Year



The Survival Days Committee is seeking nominations for "2024 Citizen of the Year"

This person does not need to live in the City of West Concord. He or she must have contributed to the West Concord Community.

Nominations are due by: Friday, July 5th, 2024 at 5:00 PM
Nomination forms and boxes can be found at West Concord City Hall, Casey's, Heritage Bank, and West Concord Municipal. The Citizen of the Year 2024 will be announced Friday, July 26th at the Miss West Concord Pageant to be held at Lion's Park at 6:30 PM.



West Concord gets New City Administrator

(continued from page 1)

Paula has two daughters, one is working on an agribusiness degree at Casper College, Wyoming and the other is a senior at Owatonna High School with plans for a career in the legal field. Paula's hobbies are reading, traveling, cooking, baking and spending time with family and friends.

Paula was drawn to the position in West Concord because it was a good fit due to her unique background in non-profit administra-

tion and small business ownership. Her varied skills in marketing, finance, human resource and retail/customer service will be valuable as a city administrator in West Concord.

She is glad to be a part of a small community with so many things to offer the residents, such as parks, pool, library and the historical society/museum. Paula looks forward to working in this position for a long time.

Join us for Book Group at the West Concord Library Wednesday, July 31 from 4-5pm

Angry Housewives Eating Bon Bons by Lorna Landvik Minnesota Author

The women of Freesia Court are convinced that there is nothing good coffee, delectable desserts, and a strong shoulder can't fix. Laughter is the glue that holds them together—the foundation of a book group they call AHEB (Angry Housewives Eating Bon Bons), an unofficial "club" that becomes much more. It becomes a lifeline. Holding on through forty eventful years, there's Faith, a lonely mother of twins who harbors a terrible secret that has condemned her to living a lie; big, beautiful Audrey, the resident sex queen who knows that with good posture and an attitude you can get away with anything; Merit, the shy doctor's wife with the face of an angel and the private hell of an abusive husband; Kari, a wise woman with a wonderful laugh who knows the greatest gifts appear after life's fiercest storms; and finally, Slip, a tiny spitfire of a woman who isn't afraid to look trouble straight in the eye.

This stalwart group of friends depicts a special slice of American life, of stay-at-home days and new careers, of children and grandchildren, of bold beginnings and second chances, in which the power of forgiveness, understanding, and the perfectly timed giggle fit is the CPR that mends broken hearts and shattered dreams.

512 pages, Paperback, First published March 4, 2003



Join us for Book Group at the West Concord Library Saturday, August 3 from 9-10am

Beartown by Fredrik Backman

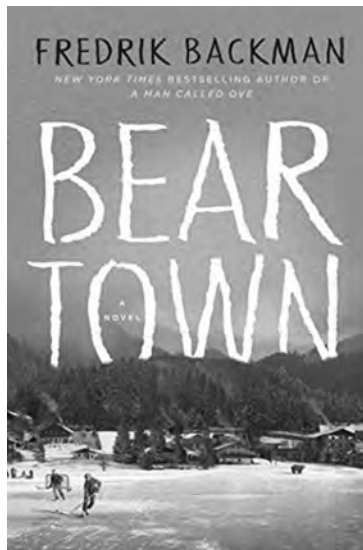
A dazzling, profound novel about a small town with a big dream—and the price required to make it come true.

People say Beartown is finished. A tiny community nestled deep in the forest; it is slowly losing ground to the ever encroaching trees. But down by the lake stands an old ice rink, built generations ago by the working men who founded this town. And in that ice rink is the reason people in Beartown believe tomorrow will be better than today. Their junior ice hockey team is about to compete in the national semi-finals, and they actually have a shot at winning. All the hopes and dreams of this place now rest on the shoulders of a handful of teenage boys.



Being responsible for the hopes of an entire town is a heavy burden, and the semi-final match is the catalyst for a violent act that will leave a young girl traumatized and a town in turmoil. Accusations are made and, like ripples on a pond, they travel through all of Beartown, leaving no resident unaffected.

Beartown explores the hopes that bring a small community together, the secrets that tear it apart, and the courage it takes for an individual to go against the grain. In this story of a small forest town, Fredrik Backman has found the entire world.

432 pages, Hardcover, First published September 15, 2016



2024 West Concord Events

- June 19th - Juneteenth - Open Swim
- **Thursday-Sunday, July 25th-28th, 39th Annual Survival Days Weekend**
- Tuesday, August 6th - National Night Out (6-9pm)
- Saturday, September 21st - 3rd Annual Oktoberfest Event (3-7:30pm) 
- October Membership Drive, Date/Time to be determined
- Saturday, December 7th - 18th Annual WC Community Christmas 

For up-to-date information from the City of West Concord visit

www.westconcordmn.com



WEST CONCORD PUBLIC LIBRARY PRESENTS
MAGICIAN & MARIONETTIST


JIM JAYES




All ages welcome!

JIM JAYES MAGIC CAPADES!

Dive into the captivating world of magic's legends! Jim's classic tricks will reveal the secrets of history's greatest magicians and their iconic feats. An enchanting experience for all ages, this program is free and open to the public.

 July 27, 2024
1:00pm

 (507) 527-2668

 Lions Park
Corner of West Main & 3rd St
West Concord, MN 55985



Find more events in the region here!



Rollin' Down the Road

By Cheri Roshon

Despite the old songs you may think of when you read today's title, what else do you think of? My first thought is tires! Tires? you ask.... Yes, the ones on your car, truck, trailer and heavy equipment that get you down the road!

So, today's story is about Jorgenson Tire Service in Dodge Center. Located at 301 Highway Street NW, you really can't miss it when cruising around Dodge Center. Bruce Jorgenson is the owner, and has been for almost 35 years. Well known to most locals, Bruce has been a staple not only to the residents he sells tires and does oil changes for, but also the farmers who depend on him to fix their tires during planting and harvest times in case of emergencies, to get their equipment back up and "rolling down the road"!

Bruce grew up and went to school in Hayfield. After graduating, he worked at Farmer's Co Op from 1976 to 1979, learning how to work on equipment and tires. In 1979, he began working for McNeilus, and worked his way up to Supervisor in the Rolling Department where the mixers were made. In 1981, he bought a home in Dodge Center. Driving past the tire shop that had closed in 1988 every day, he got the idea to open it up again, and in 1990 took a leap of faith, and bought the shop and the home next to it, and started his own business.

Bruce loves what he does, and his customers come back time and time again. While I was in his shop getting info for this article, several local customers came in to pick up and drop off vehicles, and I could see that they were all pleased with his work. It's a busy place! While I was waiting for him to finish up with one customer, Dave Chicos, a lifetime member of the DC community, stopped in and I asked him about the business. "The customer service is great," he



replied. "When the farmers blow a tire, they need it fixed as soon as possible. They just take the tire off, and drop it at the shop. Bruce fixes it, the farmer comes back for it, and they are able to get back to work. He also fixes front tires on most every implement made. As a farming community, we really appreciate him."

I asked Bruce how a person can tell when it is time for new tires. He said there is a "wear bar" on each tire if you know where to look for it. But you can also use the "penny test". If you take a penny and place it upside down in the tire's tread, and multiple treads measure above the hairline, your tire needs to be replaced. Conversely, if multiple treads measure below the hairline, the tire is still in good condition. If you notice your car slid-

ing in the snow, or hydroplaning on the water in the streets, go to Bruce!

Bruce now lives about 40 miles from the shop, on Roberds Lake. I asked him what he does in his spare time. He likes to go to Arizona for a few months in the winter to escape our harsh Minnesota winters, but in the summertime, he likes to have fun with his family on the lake in the pontoon or the jet ski, and attend classic car shows, too.

So if you are needing an oil change, or thinking about getting some new tires for whatever you roll down the road in, come in and check out Jorgenson Tire Service! His prices are affordable, his work is excellent, and he keeps his customers happy! And tell him Cheri sent you!

Hanson Trucking TOWING

Car Starting & Auto Repair Service

310 State St. N, West Concord

527-2609



TRITON CLASS OF 2024

2024

SENIOR SPOTLIGHT



Adrianna Rath is a senior at Triton High School. Her parents are Christine Rath and Guadalupe Zamarripa. She has two brothers. Outside of school she is active babysitting. Her favorite music is K pop and rock. She likes the movies Mulan, Midnight and The Call. Her favorite musical artists are Ateez and the Smiths. After graduation she plans to attend Riverland for Criminal Justice or cosmetology.



ADRIANNA RATH

SPONSORED BY



Family Owned for Over 75 Years

- Metal Products
- Fabrication
- Steel Processing
- Scrap Metal Recycling

702 2nd Avenue SE, Dodge Center
507-374-6336

Good Beer. Good Drinks. Good Times.

Pool, Darts, Pull Tabs, E-Tabs, On & Off Sale

Harold's CLUB

33 E. Main Street
Dodge Center
507-374-9425



From the simplest residential closing, to the more complex commercial or farm real estate transaction, Dodge County Land Title Company is committed to providing real estate transactional expertise and personal customer service.

Dodge County Land Title Company

38 W Main St, Dodge Center • 507-633-6355
Email: dclandtitle@kmtel.com • www.dclandtitle.com

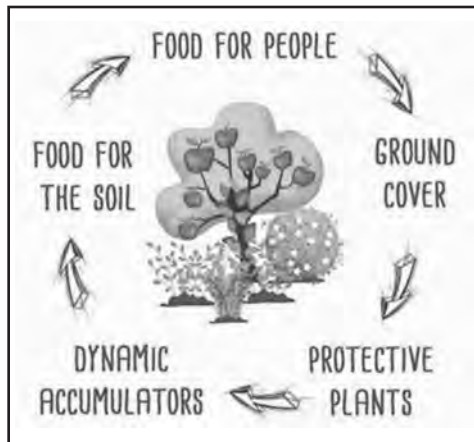
Claremont Food Forest

An experiment with a small-scale food forest in Claremont has been launched along the walking trail on the south side of the rail road tracks in Claremont. Ethan Reed, a city resident has planted some fruit trees with some permaculture plots beneath them.

The idea of the Food Forest or permaculture guild, is to create a small eco culture of compatible and self-sustaining plant life which will compliment the rest of the growth and produce food for people as well as the wildlife community. They include trees for fruit or nuts, edible vegetables underneath the canopy, soil building crops, weed control ground cover plants and pollen attracting flowers and flora.

When grown the concept is to beautify the area while producing quality healthy foods for harvest and provide soil building plants which sustain the environment.

There are currently walnut trees growing along the area and Ethan has planted two



apple trees, two cherry trees and two plum trees along with 300 onions sets this spring. There are wild raspberries and asparagus currently growing as well. He plans to continue to add trees and plants in the future and within a few years the produce should be able to be harvested.

He had to remove a great number of garlic mustard plants which had taken over the area. While garlic mustard does have herbal benefits, it will take over the rest of the garden if not controlled.

The goal of the food forest is to provide a community food source that anyone can harvest and use, but will be contingent on whether the community manages it or abuses it.

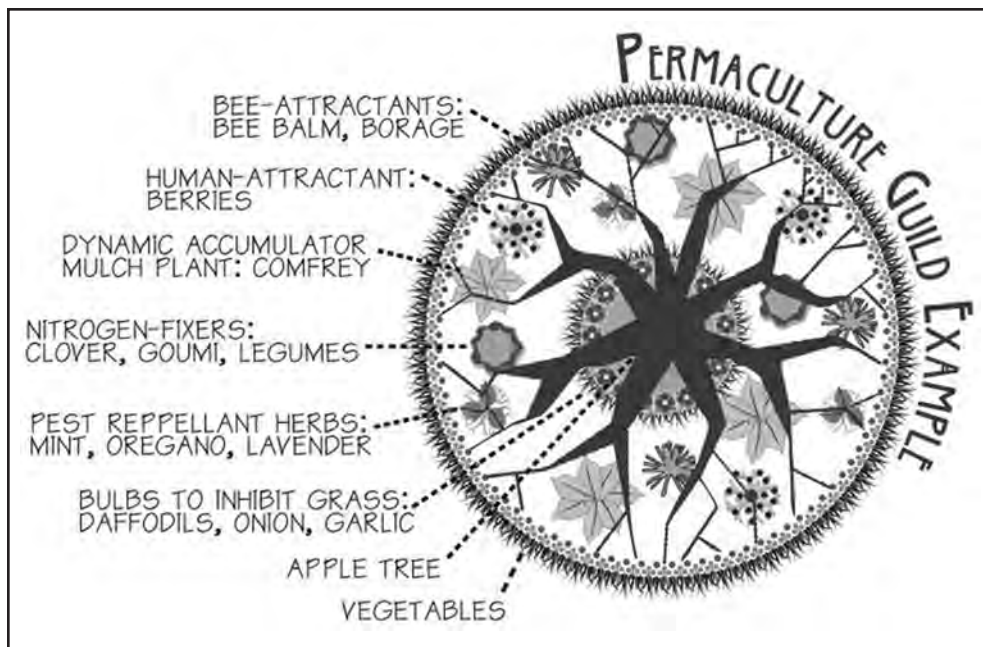
Father's Day Fly-in



(continued from page 1)

They also have donation boxes in the area for collecting items to be reused.

Jim Owens had his experimental plane on display and answered questions about the 110 hp small two seat aircraft he built and keeps at the Dodge Center airport.



TRITON CLASS OF 2024



SENIOR SPOTLIGHT

Sophia Lapham is a senior at Triton High School. Her parents are Danielle Paulson and Tyler Paulson. She has one brother and one sister. She is active in Cheer at Triton. Outside of school she works at Five West. Her favorite pastimes are hanging out with friends, hiking and traveling. Her favorite movies are Horror movies and her favorite artists are Don Toliver and Rihanna. After graduation she plans to attend Winona State University for criminal sciences and continue her commitment with the National Guard.



SOPHIA LAPHAM

SPONSORED BY



Toro 77501 Timecutter Max

50" deck iron forged fabricated deck 10 g. steel
23 hp Kawasaki V-twin
5 gallon fuel tank
18" comfortable gaming style seat

\$3,899.00

Check out our full line of 60v Lithium Ion cordless tools and accessories.

Includes: string trimmers, edgers, chainsaws, hedge trimmers & more



502 Huseth St., Kenyon
507-789-6321

PLEASE... Eat Your Veggies!



By Shauna Burschem, D.C.

Eat your veggies! I heard that a lot during childhood. As a kid, I was never a big fan. My favorite vegetable was corn. And corn isn't even a vegetable, it's a grain. Forget peas, carrots, string beans etc. Disgusting! I don't know about you, I am in my early 40's, when I was a small child, most vegetables eaten were served from cans. Gradually, as I became older, the focus on vegetables moved from canned to fresh. And I am guessing, that helped a lot with the taste. I soon started liking vegetables and as a young adult in my 20's vegetables became a mainstay in my diet.

Vegetables are the body's main source for vitamins, minerals and fiber. The nutrients that allow us to live a healthy life. Over the years we have been told to eat a certain amount of vegetables a day for optimal health. The latest scientific research reports

that eating a higher amount of fruits and vegetables is associated with a lower risk of dying in men and women. A recent study of over 2 million people worldwide found that the optimal amount and combination of fruits and vegetables for longevity are 2 fruits and 3 vegetables a day.

Diets rich in fruits and vegetables help reduce risk for numerous chronic health conditions that are leading causes of death, including cardiovascular disease and cancer. Yet, only about one in 10 adults eat enough fruits or vegetables, according to the U.S. Centers for Disease Control and Prevention.

The take away from the study revealed:


- Intake of about five servings of fruits and vegetables daily was associated with the lowest risk of death. Eating more than five servings was not associated with additional benefit.
- Eating about two servings daily of fruits and three servings daily of vegetables was associated with the greatest longevity.
- Compared to those who consumed two servings of fruit and vegetables per day, participants who consumed five servings a day of fruits and vegetable had a 13% lower risk of death from all causes; a 12% lower risk of death from cardiovascular disease, including heart disease and stroke; a 10% lower risk of death from cancer; and a 35% lower risk of



death from respiratory disease, such as chronic obstructive pulmonary disease (COPD).

- Not all foods that one might consider to be fruits and vegetables offered the same benefits. For example: Starchy vegetables, such as peas and corn, fruit juices and potatoes were not associated with reduced risk of death from all causes or specific chronic diseases.
- On the other hand, green leafy vegetables, including spinach, lettuce and kale, and fruit and vegetables rich in beta carotene and vitamin C, such as citrus fruits, berries and carrots, showed benefits.

**Information and opinions expressed in this article are those of the author and may not reflect those of The Messenger.*



Holly J. Burow
CPA, LLC

Certified Public Accountant
holly@hollyjcpa.com

Business and Individual
Tax Preparation
Bookkeeping Service
Payroll Service

211 Main Street • PO Box 585
West Concord, MN 55985
Office: 507-527-2898 Cell: 507-838-2970
Fax: 507-527-2445



West Concord
COLLISION & RESTORATION

Professional Bodywork & Paint

We Accept All Insurance Estimates

Guaranteed Workmanship


tjm@hotrodhardware.com

250 State St. North
West Concord
507-527-1020



**DO YOU HAVE A
STORY IDEA?**

Email: hometownmessenger@gmail.com



Choosing the Right Dog Food For Your Senior Dog

Senior dogs have different nutritional needs as they age, and what they need also depends on the dog. Finding the right senior dog food can be difficult: the food that your dog has known and loved all their life may not be working for them anymore. Maybe they're not as food-driven, or have dental problems that don't allow them to chew dry food like they used to.

Finding the first senior dog food is also not as clear as other life stages in dogs. Neither the Association of American Feed Control Officials (AAFCO) nor the National Research Council have determined official dietary requirements for aging dogs. It's partly because senior dogs vary so much in their individual needs. That may explain why commercial foods for seniors vary so widely in nutrient levels.

Nobody expects you to be a nutritionist just to pick out a bag of dog food. But you should be aware of just a few important factors that apply to most senior dogs. There are practical aspects of feeding your dog to consider, too. Senior dogs may have dental problems that make chewing difficult or uncomfortable. Very old dogs also often lose their appetite. Warming the food can increase its aroma and may help stimulate the appetite, while cooling it may make it less nauseating in dogs with sensitive stomachs or frequent nausea.

Dry dog food is a common choice for dogs throughout their lives. But dry dog food for senior dogs isn't always the right choice. Depending on the dog, it can be difficult for senior dogs to chew and swallow. Especially if they have dental issues, chewing kibble can be hard for older dogs. Even getting smaller-sized kibble can help them more easily enjoy dry food. Adding water to their food to soften it can also help make it easier for senior dogs.

Dry dog food has benefits that can extend to senior dogs. The solid corners help reduce plaque on your dog's teeth and rub off tartar. It's also easy to use as a treat to give your dog, since you can give them small pieces instead of treats if they're food-driven.

Dehydrated dogs and dogs with dental problems will benefit from wet senior dog food. It contains a lot of water, so if your dog isn't drinking as much as they used to, it can help them get the water intake that they need. It's easy to chew since it's soft, so it's a great food choice for senior dogs, or dogs that are missing teeth. Because it has a higher water content, wet dog food is also typically a lower-calorie choice than dry food.

If your dog has special dietary restrictions or has developed them as they've gotten older, there are options. Senior dog foods also come in specialty diets like grain-free, organic, weight management, gluten-free, or veterinary diet foods. If your dog has a food allergy or sensitivity, talk to your vet about the best type of food for your dog and what ingredients to avoid.


Senior dogs may be uncomfortable bending down to the food bowl or standing for long periods to eat. Try serving their meals on a raised platform or encourage them to eat lying down. In some senior dogs, their "hunger mechanism" and food drive may not be working correctly. If you're having trouble getting your senior dog to eat, talk to your vet about options to help them eat so they get the nutrients that they need.

Brought to You By:



CARRIAGE HOUSE
ANIMAL HOSPITAL

915 N. Mantorville Ave., Kasson
634-6781
M-W-F 8am-5pm; Tues-Thurs 8am-7pm;
Sat. 8am-Noon



Dodge Vet Clinic

17 Airport Road N.
Dodge Center, MN
374-2125
M-F 8am to 5pm; Sat. 8am to Noon



**We Would Like to Extend Our
Pride and Support to Our Area Dairy Farmers
during June Dairy Month**



www.mbtbank.bank

Austin | Blooming Prairie | Dodge Center | Hayfield | Mantorville | Rochester





Cobras Wrap Up a Successful Track Season at Sections and the State Meet

By Kim Swanson

Section 1A is the place to be for track and field in the state of Minnesota, and the Cobras made a statement by qualifying for the section meet in 20 events. In a loaded field, Triton fared well, sending a number of athletes to the finals, and qualifying three athletes in four events for the state meet.

The section meet was held at Triton on May 28 and 30, and the competition was hot. The top two athletes in each event earn an automatic berth to the state meet, while additional athletes may qualify by bettering the standard set based on the 9th best performance in the state meet in previous years. Section 1A had several events in which 5 or 6 athletes qualified for state, a testament to the great athletes in our region.

For the Cobras, the section highlights included medaling performances a number of athletes. Pierce Petersohn leaped to a 2nd place finish, qualifying for state in the high jump at 6' 6". He also qualified in the 400 by finishing fourth and running a state-standard and personal best time of 49.93. Avere Henslin finished 3rd in the 400 in a personal best time of 1:01.43 and 6h in the 200 in



26.44 seconds. Olivia Weber finished 3rd in the 300 hurdles in a state-qualifying personal best time of 47.12 and finished 9th in the 100

hurdles.

Craig Knutson re-broke his personal and school record in the discus, finishing 5th and

qualifying for state on standard with a throw of 149' 2".

(continued on page 14)

Tri-it Camp



- Coach Essig (Volleyball), Coach Hammitt (Girls Basketball), Coach Neseth (Softball)

The first week of summer also marked the first time Triton had a "Tri-it" Camp. It was a 3-day camp open for all girls in grades K-6. It was an opportunity for the girls to learn about and try sports that they may not have played in the past or learn new techniques and drills for sports they have played. The volleyball, girls basketball, and softball programs at THS put on the camp. The girls had great attitudes throughout the camp and were willing to step out of their comfort zone and try new things. The camp was helped by our varsity level athletes that acted as coaches for the camp. Thanks to everyone that helped make it a success!

Cobras Wrap Up a Successful Track Season at Sections and the State Meet



Pierce Petersohn

(continued from page 13)

The girls 4x800 meter relay team (Ava Cummings, Reagan Essig, Abrielle Emanuel, and Autumn Froyum) and girls 4x200 team (Romina Medina, Maddi Maes, Weber, and Henslin) earned 9th place finishes.

This week, at the state meet at St. Michael-Albertville high school, the three state qualifiers looked to better their marks against the best in the state. Weber, Petersohn, and Knutson represented Triton well. Weber finished 15th in the 300 hurdles with a time of 48.18. Knutson also added a 15th place finish in his state debut in the discus, throwing 140' 2. Petersohn was a double medalist in his 2nd state appearance, after having competed in the high jump last year. He raced to a 5th place finish in the 400 in 50.48 seconds after finishing 6th in the high jump with a jump of 6 feet, 4 inches.

The state meet was a great way to cap off the season for the Cobras, and the coaching staff is so proud of all our athletes.

Every single member of the team improved

from the beginning of the season to the end, while having opportunities to grow their work ethic and resilience. Additionally, nine track and field athletes earned Academic All State honors by meeting both academic and athletic standards. Congratulations to Pierce Petersohn, Craig Knutson, Brady Staub, Ameryn Dostal, Ava Cummings, Romina Medina, Autumn Froyum, Reagan Essig, and Olivia Weber!!

Other award winners for the season included:

Most Valuable Track Athletes: Pierce Petersohn and Olivia Weber

Most Valuable Field Athletes: Craig Knutson and Reagan Essig

Most Valuable Teammates: Mason Noaeill and Lauryn Nauman

Most Valuable Parents: Joni Noaeill and Laurie Essig

We're already looking forward to seeing what our athletes can do next season! GO COBRAS!!



Craig Knutson

photos by Kim Swanson



Olivia Weber



**TRITON HIGH SCHOOL
"A" HONOR ROLL
SEMESTER 2
3.667 - 4.000**

GRADE 9
Baumgartner, Jaiden
Cummings, Riley
Essig, Reagan
Flores, Carli
Horejsi, Neven
Iverson, Harper
Koss, Braxton
Kruckeberg, Emma
Kundel, Viktoriia
Lindquist, Kylie
Lutterman, Aidan
Madison, Lydia
Matejcek, Mya
Molina, Keanna
Naze, Sydney
Scanlan, Austin
Scudamore, Abigail
Starkson, Genevieve
Thiemann, William
Van Beek, Aidree
Vermilyea, Casey

GRADE 10
Akkerman, Ollie
Behne, Nola
Bennerotte, Skylar
Bills, Mason
Dobbs, Rainey
Huntley, Isabella
Ibarra-Castillo, Diego
Kanzenbach, Damian
Liudahl, Roselyn
McMartin, Henry
McNeilus, Cohen
Nauman, Landon
Oakland, Addison
Petersohn, Pierce
Scovill, Jade
Wirkus, Abigail

GRADE 11
Fitzgerald, Jack
Heimer, Ryann
Holmes, Jaden
Johnson, August
Klejeski, Macy
Knutson, Craig
Kozisek, Anastazia
Lebak, Naomi
Lilledahl, Corey
Lundi, Giavanna
Medina, Camila
Medina, Romina
Mulder, Alyssa
Price, Madeline
Romero, Ashley
Rudesill, Spencer
Thomas, Brynn
Vermilyea, Cooper
Weber, Olivia
Wheeler, Katerina
Wrolstad, Skyler

GRADE 12
Andree, Kelsey
Boe, Jozey

Broskoff, Poe
Chilson, Caleb
Christianson, Graham
Connor, Casper
Corley, Alyvea
Cummings, Ava
Dostal, Ameryn
Fernandez, Nancy
Gnagey, Tyler
Hallaway, Danielle
Howard, Ayden
Hukee, Elizabeth
Jensen, Sarah
Kenworthy, Jenna
Kraemer, Taylor
Lapham, Sophia
Lau, Grace
Lecy, Abigail
Leonardo, Jayce
Locke, Emma
Molina, Gabriella
Nauman, Lauryn
Olson-Ramer, Maxwell
Ortiz, Alejandro
Peterson, Litany
Peterson, Savannah
Rath, Adrianna
Redican, Travis
Ross, Katherine
Solano, Jairo
Terpstra, Claire
Thomas, Ella
Tuft, Logan
Willette, Jessica

**TRITON HIGH SCHOOL
"B" HONOR ROLL
SEMESTER 2
3.666 - 3.000
GRADE 9**

Baker, Brooklyn
Cain, Nallah
Chinn, Gwendolyn
De la merced Ortiz, Alexander
Dickie, Broden
Felix-Miramontes, Angel
Freerksen, Brady
Froyum, Autumn
Gomez-Thompson, Jesenia
Hoefs, Alyssa
Hokanson, Camren
Ibarra, Hector
Johnson, Lincoln
Krahn, Carter
Landsteiner, Chace
Lepp, Taylor
Nelson, Colton
Rieck, Megan
Ronken, Aden
Rysavy, Sydney
Sackett, Hayden
Solano, Emanuel
Sowieja, Connor
Stevenson, Claire
Szmot-McChesney, Isaiah
Thompson, Candice
Van Zuilen, Aiden
Wolf, Jason
Young, Gavin

GRADE 10
Anguiano, Brianna
Ascencio, Emanuel
Buenvendida, Patience
Cochran, Brynja
Deml, Wylie
Freiderich, Norah
Gann, Frankie
Heroff, Mason
Holtet, Andrew
Holtet, Wade
Jackson, Varzaes
Jensen, Gare
Kasper, Jacob
Kasper, Noah
Langworthy, Rece
Maldonado, Lily
McMahan, Kerisma
Ortiz, Alan
Purinton, McKenzie
Salazar Ramirez, Reinaldo
Skjveland, Logan
Stanton, George
Staub, Brady
Wilson, September

GRADE 11
Anderson, Anna
Bishop, Madison
Dostal, Miley
Herrick, Hayley
Landsteiner, Carly
Lorentzen, Khloe
Ludlow, Katie
Majerus, Cooper
McChesney, Kileyah
Meaney, Jaden
Mendoza, Guadalupe
Munnikhuysen, Brody
Orozco, Daniel
Quimby, Bryar
Reiser, Axel
Rodriguez, Steven
Selthun, Isaiah
Swenson, McKenna
Tushaus, Tessa
Velasco Castaneda, Alisson

GRADE 12
Adams, Gage
Adreon-Hutton, Austan
Barker, Zachary
Castaneda, Maya
Edge, Andrew
Ellingson, Kaeden
Freerksen, Bronson
Keller, Maguire
Koenigs, Carson
Langley, Ryin
Lundi, Joaquin
McCormick, Owen
Mergen, Gavin
Naze, Alex
Nelson, Tristan
Olson-Ramer, Mallory
Peters, Kianna
Robinson, Elyssa
Spearman, Cadence
Stark, Hunter
Wilson, Thomas

Triton Public Schools

www.triton.k12.mn.us

#WeAreTriton
#SomosTriton



Triton Times

Craig J. Schlichting – Superintendent

Triton Public Schools: 813 West Highway Street, Dodge Center, MN 55927

Office – 507-418-7530 • Fax – 507-374-2447 • schlich@triton.k12.mn.us

Produced and published for Triton School District by Mainstreet Publishing

P.O. Box 1, West Concord, MN 55985

E-mail: hometownmessenger@gmail.com

Phone/Text: 507-649-3327 • Fax: 507-645-9878

Join us for 4
FREE swim days!
June 11
June 15 (Dodge Days)
July 9
August 6



Natalie Webb Family Aquatic Center
509 First Avenue NE, Dodge Center, MN
Pool: 507-633-6300 City Hall: 507-374-2575
Pool closings posted on Facebook/Instagram CityofDodgeCenter

Pool Opening
June 3, 2024

**July 4th Aquatic Center
Schedule**

Lap Swim—11-11:50am
Open Swim Hours 12-5:00pm

Starting Dates/Hours

Open Swim – June 3 – Noon-7:00pm
Lap Swim – June 5 – 11am-11:50am
(Monday through Thursday)

Looking For a Fun Way to Host a Party?

The Aquatic Center is available to rent for a private party Saturdays or Sundays 10:00 -11:30 am or evenings 7:15 pm -8:45 pm

\$140.00 for up to 25 people
\$4.00 per person after the first 25

Contact the Aquatic Center or City Hall for available dates.

Open Swim Fees

One-Day Pass (12 months and under free) ...	\$6.00
**13 months-4 years/65 and over.....	\$3.00
Evening Pass (5-7 PM).....	\$3.00
Senior Citizen Season Pass (65 and older)....	\$40.00
Single Season Pass.....	\$75.00
Family Pass (Up to 4 immediate family members)	\$145.00
Each Additional Family Member.....	\$35.00

***Immediate Family is defined as immediate family members which includes (2) parents or legal guardians and children residing at the same address –this would include full-time college students, children of divorced parents who have joint custody, stepchildren, and foster children. It does not include: Grandparents, babysitters, nannies, ex-spouses, visiting relatives, or daycare children.*

Season passes will be for sale during regular business hours at both the Aquatic Center and City Hall.

CASH OR CHECK ONLY

Aqua Zumba –Wed. Evenings 7pm
June 5th, 12th, & 19th
July 10th, 17th, 24th & 31st
(Make-up date if needed–Aug 7th)

Aqua Aerobics –Thurs. Evenings 7pm
June 6th, 13th, 20th
July 11th, 18th, 25th & Aug 1st
(Make-up date if needed–Aug 5th)

Contact Triton Community Education at
507-418-7550 to register.

Results from the Quadricentennial Dairy Show



Twenty-five FFA members from around the state of Minnesota gathered June 6 and 7th at the Dodge County Fairgrounds in Kasson, MN to celebrate the 400th anniversary of the dairy cow coming to the Plymouth Colony. Fifty two heads of dairy cattle were exhibited by the members.



Elyssa Robinson working on fitting the topline of one of her animals in preparation for show day.

Celebrating the 400th Anniversary of the Dairy Cow Arriving to the Plymouth Colony
 Twenty-five FFA members from around the state of Minnesota exhibited 52 head of dairy cattle at the Quadricentennial Dairy Show hosted by Triton FFA Alumni and Triton FFA on June 6 and 7th at the Dodge County Fairgrounds in Kasson, Minnesota. This event was organized to give FFA members that enjoy working with dairy cattle an opportunity to celebrate the anniversary of the dairy cow coming to Plymouth Colony in 1624.

After checking in their animals and setting up their stalling, FFA members had a fitting and showmanship contest that they could compete in. The evening ended with a Burger Bash meal that was available to FFA members exhibiting and their family members. Members of the community also participated in the event. To conclude the day there was a sponsor recognition ceremony and announcement of the day's winners in the fitting and showmanship contests. Friday June 7th featured the dairy show starting at 8 am and con-



Overall Supreme coronation. Pictured left to right: Dodge County Dairy Princess Ellie Sauder, MN State FFA Reporter Natalie Clemenson, Third Supreme Female Kamrie Mauer, Second Supreme Female Emily Mellgren, Supreme Female Ashley Mellgren and Judge Alan Graves.

cluding around 11:30 am.

Financial support for the event was so strong that after show expenses were paid, each exhibitor was awarded a \$320 scholarship to go towards investing in their dairy projects. The results of the show are posted below in the tables along with our exhibitors that participated and our list of sponsors. Supreme Champions donors contributed \$1000 or more to the show, Grand Champion donors contributed \$500 or more to the show, Champion donors contributed \$250 or more to the show, and Blue supporters contributed

in a range up to \$250. All the organizers of the show are extremely grateful for the astounding support of all for the dairy industry. Be sure to partake in one of the many different June Dairy Month events that are hosted around the state.

List of Donors:

Supreme Champion Sponsors:

Triton FFA Alumni
 Dodge County ADA
 Claremont Chamber of Commerce
 Triton Public Schools
 Gochnauer Farms - Jacob, Megan, Ryder,

and Gracie
 Ashland Ag Systems
 CFS

Grand Champion Sponsors:

Mantorville Restoration
 Mantorville Saloon
 Herrick Farms LLP
 Jake & Addy Carsentensen
 Scott Schley
 Ellingson Drainage
 Triton High School Student Council
 McNeilus Steel

(continued on page 17)

Results from the Quadricentennial Dairy Show

(continued from page 16)

Chuck and Patti Klingsporn

Champion Sponsors:

Dodge Center Lions
 Cedar Bee Farms
 Windland Flats - Registered Highlands
 Ag Partners
 Olmsted County ADA
 Aaron and Wendy Forthun
 Heritage Bank
 Anderson Vet Clinic

Blue Ribbon Sponsors:

Robert Sr. & Barbara Ickler
 Hayfield T-Shirt
 Powerlift Doors
 LeRoy and Lisa Spearman

Plainview Milk Products Cooperative

Jeannie Herrick
 Bob and Kris Carstensen
 MN Holstein Association
 MN Ayrshire Association
 Profinium Bank
 Midwest Livestock
 Dodge County Farmers Union
 River Falls Insurance
 AMPI - New Ulm
 Ruth Head
 Karla and John Baker
 MN Farmers Union
 Dodge Vet Clinic
 Bongards Creameries
 Dodge County Farm Bureau



Jonathan Rath started the show with an Ayrshire spring calf.



Supreme Heifer coronation. Pictured from left to right Dodge County Dairy Princess Ellie Sauder, MN State FFA Reporter Natalie Clemenson, Honorable Mention Ashley Mellgren, Reserve Supreme Kamrie Mauer (held by Jacob Schimek) Supreme Heifer Kamrie Mauer and Judge Alan Graves

FFA Members that Participated

Cadence Spearman- Show Manager	Alex Schroeder	Treyton Alberts
Jacob Schimek	Beth Holst	JoJo Sauder
Kamrie Mauer	Garrett Pearson	Lilly Dittfach
Emily Mellgren	Elyssa Robinson	Brayden Munnikhysen
Ashley Mellgren	Sophie Stelling	Buck Oeltjenbruns
Diego Espinoza	Macy Mueller	Gavin Winter
Edward Winters	Andrew Winter	Aiden Jasin
Troy Clemenson	Jonathan Rath	Alison Malecha
Madalyn Keith	Garrett Pearson	Karter Baldner

Champions and Award Winners of the Quadricentennial Dairy Show

Jr. Showmanship	Champion- Kamrie Mauer Res. Champion- Emily Mellgren Honorable Mention- Jacob Schimek
Sr. Showmanship	Champion- Beth Holst Res. Champion- Sophie Stelling Honorable Mention- JoJo Sauder
Jr. Fitting	Champion- Kamrie Mauer Res. Champion- Emily Mellgren Honorable Mention- Ashley Mellgren
Sr. Fitting	Champion- Garret Pearson Res. Champion Beth Holst Honorable Mention- JoJo Sauder
Ayrshire	Jr. Champion- Kamrie Mauer Res. Jr. Champion- Jonathan Rath Gr. Champion- Kamrie Mauer Res. Gr. Champion- Jonathan Rath
Brown Swiss	Jr. Champion- Beth Holst Gr. Champion- Beth Holst
Holsteins (including Red and White)	Jr. Champion- Ashley Mellgren Res. Jr. Champion- Sophie Stelling Sr. Champion- Ashley Mellgren Res. Sr. Champion- Emily Mellgren Gr. Champion- Ashley Mellgren Res. Gr. Champion- Emily Mellgren
Jersey	Jr. Champion- Kamrie Mauer Res. Jr. Champion- Kamrie Mauer Sr. Champion- Garret Pearson Res. Sr. Champion- Garret Pearson Gr. Champion- Garret Pearson Res. Gr. Champion- Garret Pearson
Supreme Jr. Female	Supreme- Kamrie Mauer- Ayrshire Res. Supreme- Kamrie Mauer- Jersey
Supreme Sr. Female	Supreme- Ashley Mellgren- Holstein Res. Supreme- Emily Mellgren- Holstein



Adult Crafting with the Green Shack

Join Brittany at the Green Shack for these fantastic adult classes. All of these classes are located at the Green Shack: 20658 County Hwy 34, Dodge Center.

Please register through Triton Community Ed.



Stained Glass Making—8 X 10" pattern
 June 17-20
 5-8PM each night
Cost: \$105

Bob Ross Painting
 June 27
 6-8PM
Cost: \$35

Goat Milk Soap Making
 July 1
 6-7PM
Cost: \$ 55

Attention SCHA or UCARE Insured Families:
 If your child has South Country Health Alliance (SCHA-could cover up to 5 classes up to \$15 per calendar year) then discounts MIGHT apply. Eligible UCare members may get up to a \$15 discount on many community education classes in Minnesota. Members must have UCare insurance at the time of registration and throughout the duration of the class. Members need to provide their UCare ID number when registering for class.
 Limits and restrictions may apply.
 Call 507-418-7550 with questions-

Adult Enrichment

Triton Community Ed Presents:
Rocky and the (Mississippi) River!—A TWO Day Trip

Join Kristy on an overnight adventure in Wisconsin.....

Day One:

On our first day, we will travel to Fort Atkinson Wisconsin, stopping in Tomah for lunch. Next, we will check into our overnight accommodation at the Fort Atkinson Country Inn and Suites, where we will be greeted with cookies and a punch reception. That evening we will have a beautiful experience at the Fireside Dinner Theatre. We will eat at the Signature Buffet featuring: The Signature Salad topped with Papaya Chutney Dressing and served with Freshly Baked Breads. On the Buffet, you will choose from these Fireside favorites: Barbecued Pork Back Ribs, Chicken Tenderloin Tempura with Brandied Apricot Sauce, Beer Batter Fried Cod, Shrimp and Scallops Fusilli with Tomato Butter Sauce, Fresh Atlantic Salmon, Beef Tenderloin and Roast Turkey from the Carving Station, Sweet Potato Soufflé, Whipped Idaho Potatoes and Steamed Farm Fresh Vegetables. Homemade Apple Pie for Dessert. Coffee, Tea, and Milk are included.

After Dinner we will enjoy the Musical Production of Rocky---

Entering the ring is a hard-hitting yet tender musical adaptation! Rocky Balboa is a small-time Philadelphia boxer who is chosen to take on the reigning world heavyweight champion, Apollo Creed, when the undefeated fighter's scheduled opponent is injured. As he diligently trains for the fight, Rocky begins a relationship with Adrian, a wallflower who is tired of being pushed around by her brother. As their love grows, Rocky and Adrian each find their inner strength and bring out the best in each other. With equal parts grit and heart, Rocky is about the triumph of spirit, strength, and love.



Day Two:

We will return to our hotel for a great night's sleep. We will enjoy a complimentary breakfast at the hotel, and then depart for La Crosse, Wisconsin. We will enjoy an hour and a half River Boat Cruise on the Mississippi River via the La Crosse Queen. We will enjoy a catered meal while we cruise along enjoying the beauty around us. This meal will feature Carved Baked Ham and Swedish Meatballs, along with sides and coffee or iced tea.

Finally, we will make a stop at the La Crescent Apple Stand for a little shopping. Then we will make our trip back home!



September 19 and 20, 2024

Limit 30 people

Options: Total Cost per person: Includes coach bus, hotel stay, Fireside Theatre dinner and show ticket, La Crosse Queen cruise and lunch.

Single Room Stay (1 person in the room): \$440/person

Double Room Stay: (2-4 people in the room, 2 queen beds): \$375/person

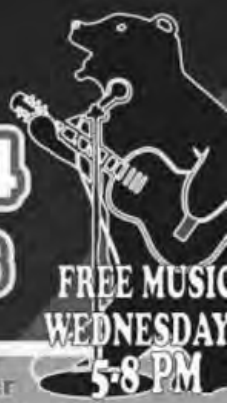
*** Please indicate who you are rooming with when registering)

A \$150 per person non-refundable deposit is due by July 17, 2024. The final balance is due by August 22, 2024.

Bus	Departs	Approx. Return
Dodge Center	9:30AM	4:30PM
Kasson	9:45AM	4:15PM
Byron	10AM	4PM
Rochester	10:30AM	3:30PM

YOU MUST CONTACT TRITON COMMUNITY ED TO REGISTER FOR THIS TRIP: 507-418-7550

BERNE Summer 2024 Concert Series



Date	Opening Band 5:00 PM	Headliner 6:30 PM
June 5th -	Lost Faculties	Uptown Jazz
June 12th -	Thomas & the Shakes	Branded: Hot Country
June 19th - <small>Art & Alpacas</small>	Foster Grand	Crazy on You: A Tribute Band
June 26th - <small>Classic Car Cruise-in</small>	507 Country	County Line Drive
July 3rd -	Rockin' Hep Cats	Old Country Boys
July 10th - <small>Kids Night w/ Zoltman Zoo</small>	The Vintage Tones	The Soul Train
July 17th -	Orchid Jane	Incognito
July 24th -	Collective Unconscious	The Stella Vees
July 31st - <small>Classic Car Cruise-in</small>	Cosmic Orphan	Retro Soul & the Westside Horns
August 7th - <small>Artisan Market</small>	My Grandma's Cardigan	Six Mile Grove
August 14th -	The Chubs	The Local Hooligans
August 21st - <small>BeSIE Brewfest</small>	True North	fABBAulous
August 28th - <small>Classic Car Cruise-in</small>	Jeremy Jewell & the Co-Dependents	Nite Shift

LOCATION: Zwingli UCC
 23148 Co. Hwy. 24 West Concord, MN 55985

This activity is made possible by the voters of Minnesota through a grant from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund.

OUR SPONSOR: HERITAGE BANK

BERNE WOOD-FIRED PIZZA
 WWW.BERNEPIZZA.ORG

TRITON GIRLS SOCCER Camp

COST: \$30, AND INCLUDES A CAMP T-SHIRT

GRADES 5-8

JUNE 17 & 18

9-11AM

AT THE TURF

ALL LEVELS OF EXPERIENCE WELCOME! WEAR WEATHER APPROPRIATE CLOTHES, TENNIS SHOES OR CLEATS AND SHIN GUARDS, AND BRING A BOTTLE OF WATER.

YOU MUST REGISTER BY MAY 30, TO GUARANTEE A T-SHIRT





Triton Boys Basketball Summer Camp

The Triton Boys Basketball Staff are holding a skills/fundamentals camp for boys that will be entering grades 1-6 in the Fall 2024.



Monday -Thursday
July 15-18th

1st-3rd Grades	Noon-1:15PM
4-6 Grades	1:15-2:30PM

Cost: \$40, includes a camp t-shirt

Drop off and pick up at the Main Activities Entrance each day.

TRITON YOUTH FOOTBALL REGISTRATION

Grades 4th thru 6th

Sign-up for **all players** and equipment issue will be **Thursday Aug. 8th at 5:30pm** on the **West side** of the high school. All players and at least one parent or guardian should be in attendance.

The 5th and 6th graders will be part of the Southern Minnesota Youth Football League. The 4th graders will be in house with the possibility of playing with the 5th grade team. This will be determined by number of players, skill level and development during practice.

Participation fee for 5th and 6th is \$100.00. 4th will be \$50.00.

All equipment will be furnished. Except for cleats.

Lockers and padlocks will be provided for equipment. Have your player practice using the lock so they know how to use it.

Practice will begin Wednesday August 14th on the fields west of the school in Dodge Center. Practices will be 3 times a week on **Wednesday, Thursdays and Fridays from 3:30 to 5:30. This is subject to change.** Games will be played on Saturdays starting in September and running until mid-October.

Coaches are needed for 4th grade.





Contacts:

Brent Freerksen 507-884-7091 brentfreerksen@gmail.com

Terry Larson 507-363-1019 tl Larson@viracon.com

{YEL!} Junior Soccer

For grades entering 1-4 in the Fall Get outside and get kickin' with our fast-paced, inclusive (everyone plays) Junior Soccer course! YEL's Teach It, Practice It, Play It® approach teaches players new skills each class, practices those skills in kid-friendly games, and then encourages students to use those skills in introductory soccer games. SAFETY & SPORTSMANSHIP are emphasized! We focus on the fundamentals of dribbling, passing, trapping, and shooting. Sign up today! Min6/Max 16

Cost: \$80

June 24,25,26, and 27

10:30AM-12PM
Grassy Area by the Sport Court

YEL Flag Football

Grades entering 2-5 in the Fall Get ready to dash to the end zone with our high-octane, inclusive (everyone plays) Flag Football course. YEL's Teach It, Practice It, Play It® approach teaches players new skills each class, practices those skills in kid-friendly games, and then encourages students to use those skills in non-contact flag football games. SAFETY & SPORTSMANSHIP are emphasized! We focus on basic skills development in passing, catching, defending, and teamwork.

Sign up before the two minute warning!
Min8/Max 16 per session

Cost: \$80 each Session


3 Sessions available, please indicate which session(s) you are choosing when registering.

Session 1: June 24,25,26,27
9-10:30AM each day

Session 2: July 15,16,17,18
1-2:30PM each day

Session 3: July 15,16,17,18
2:30-4PM each day

AM I ENROLLED?
If you have registered and paid, consider yourself enrolled unless we contact you otherwise!



Registration

*Walk in/Drop off at the Triton Community Ed Office, located in the Elementary Building.
*Call us at 507-418-7550
*Go On-line at triton.k12.mn.us

Click on the Menu Tab, and select Community Education under the Community Header, Choose Class + Activity On-line Registration

Please note that for students the software does not automatically update their grade, teacher, age or shirt size. Please update these pieces of information each year.

Mail the registration form to:
Triton Community Education
813 West Highway St
Dodge Center, MN 55927

Name: _____ Home Phone: _____
Mailing Address: _____ City: _____ Zip: _____
Email: _____

Participant Information:

First/Last Name: _____
Class Title: _____
Grade if a student: _____

First/Last Name: _____
Class Title: _____
Grade if a student: _____

First/Last Name: _____
Class Title: _____
Grade if a student: _____

Shirt Size if applicable: YS YM YL AS AM AL AXL 2AXL

Payment Information: Total Due: _____
_____ I would like to use the deferred payment plan option:

Deferred Triton Community Education Payment Plan
We are aware that families might want to sign up for many activities however, cost can become a factor in participation. With the deferred payment plan, half of the total amount is due with the registration and the rest of the amount will be due on July 8, 2024. The total amount needs to be paid by July 8, to continue with the rest of the summer recreation activities.

Participants assume the risk of injury in route to and from as well as during all events, and by registering waive any suit due to injury.

Adult/Parent/Guardian Signature: _____

Attention SCHA or UCARE Insured Families:
If your child has South Country Health Alliance (SCHA) could cover up to 5 classes up to \$15 per calendar year then discounts MIGHT apply. Eligible UCare members may get up to a \$15 discount on many community education classes in Minnesota. Members must have UCare insurance at the time of registration and throughout the duration of the class. Members need to provide their UCare ID number when registering for class. Limits and restrictions may apply.
Call 507-418-7550 with questions.

STEAM

SCIENCE TECHNOLOGY ENGINEERING ART MATH

Bricktopia Master Builders Camp

Youth Enrichment League

Grades Entering 1-5 in the Fall of 2024
Are you up for a LEGO® Brick challenge? Do you have what it takes to be a Master Builder? If so, you are in the right place. We've saved our most challenging engineering projects (a robotic dog, motorized bug, race cars and more) for this camp. Battle summer brain drain. Sign up today! LEGO® is a trademark of the LEGO Group of companies which does not sponsor, authorize, or endorse this site or program. Min 6/Max 20

Cost: \$115

July 8,9,10 and 11 (12 hours total instruction)

1-4PM each day
TES Media Center

{YEL!} Robotics: Scout 'Bots Entering

Grades 1st-5th in the Fall of 2024
Build and code space rovers to scout out Mars, the moon, and other extraterrestrial environments. Also, create a dragster and volcano alarm to learn basic computer programming while having fun! Let's go! Min 6/Max 16

Cost: \$115

June 24,25,26, and 27
(12 hours total instruction)

1-4PM each day
TES Media Center



Kids Crafting with the Green Shack

Join Brittany at the Green Shack for these fantastic kids' classes. All of these classes are located at the
Green Shack: 20658 County Hwy 34,
Dodge Center.

Please register through
Triton Community Ed.

Kids Crocheting

July 8-12

10AM-12PM each day
Cost: \$32

Kids Beaded Jewelry

July 29

9-11AM
\$27

Kids Paracord Bracelets and Keychains

July 29

1-3PM
\$27

Kids Colored Sand Jars

July 31

1-2PM
\$17

Kids Fairy Gardens

July 31

3-4PM
\$32

Kids Cross Stich/Hand Embroidery

August 5-9

10AM-Noon each day
Cost: \$42

WEST CONCORD POOL INFORMATION 2024

Telephone: 527-2935
Regular hours will start on June 3, 2024

REGULAR POOL HOURS

OPEN M-F
1:00 – 5:00 PM and 6:30 – 8:30 PM
Sat./Sun. – 1:00-7:30 PM
(August ending times may change)

POOL PASS

May purchase at City Hall until June 10

Family Pass

Family Passes are for immediate family members.
\$130* by June 10
\$155* after June 10

Individual Pass

\$85* by June 10
\$95* after June 10

*Discount on swimming lessons for those with a pool pass

**Children 4 and younger are free with a parent paid admission

ADULT AQUACIZE CLASS

Starts June 3, 2024
\$5 each time or a SPECIAL AQUACIZE PASS (can buy at pool)

8:00 – 8:45 AM M, W, F
5:00 – 5:45 PM M, T, TH

LAP SWIMMING

Starts June 3, 2024
Ages 13 and up
\$4 each time or a Pool Pass

8:00 – 8:45 AM M, W, F
5:00 – 5:45 PM M, T, TH

* Call the pool (527-2935) or Glenda Andrews if you have any questions.

SWIMMING LESSONS

Sign up at the pool (you may call or come in)
Sign up starts on these dates and will continue until the sessions are filled.

1st Session Registration/sign up: Monday, June 10, 9:00 – Noon
2nd Session Registration/sign up: Wednesday, July 24, 9:00 – Noon

Morning Lessons

40-minute class between 9:00 AM and Noon

1st AM Session July 15-19 (Goldfish and L1) 5 days
July 15-24 (L2 through L6) 8 days

JR. LG Training July 15-19 (ages 12-14)

Evening Lessons

50 minute class at 6:00 – 6:50 PM

1st Session June 17-21
2nd Session August 5-9

Parent/Tot Classes + Adult Lessons will be offered. Please call the pool if interested.

Lifeguard Training

Classes are being offered at the end of May, or the first of June. See Glenda Andrews to sign up. Must be at least 15 years old.

SWIM TEAM

Ages 8-15
Starts June 19
Practice M, W, F 12:00 – 12:45 PM
Cost: \$30

POOL PARTIES

If you would like to have a pool party, call the pool to set up a time. Parties will not be during regular pool hours.
*\$50/hour for 1-25 swimmers



Dive Into
Summer
Fun!



Experience what preschool is like in this 4 week summer educational experience! Meet new friends and have lots of FUN!

\$100/^{PER} WEEK

Scholarships Available

ACTIVITIES	DATES
• Nature/Outdoor Lessons	*JUNE 17,18,20,21
• Social-Emotional Activities	*JUNE 24, 25, 26, 27
• Fine Motor Practice	*JULY 22,23,24,25
• Crafts	*JULY 29,30,31 AND AUG 1
• Exercise	
• Snack Provided	
• Play	8-11:30AM

MINIMUM ENROLLMENT REQUIRED FOR CLASS TO OCCUR

Register your Kindergartner today at
Triton Elementary!

ONLINE REGISTRATION IS OPEN!

Send an email to whesse@triton.k12.mn.us for the link!!



Triton Preschool Registration

Openings for 3 year olds:
Tuesday/Thursday 8-10:30am

Openings for 4 & 5 year olds:
*Monday, Wednesday, Friday
8-10:30--VERY LIMITED SPOTS
REMAIN

Tuesday-Friday 12:30-3:00 pm

Register at:
<https://www.triton.k12.mn.us/page/preschool>

Questions
Call 418-7550

Office Hours
Monday-Friday
8am-3:30 pm

Check Out
Our Website

www.triton.k12.mn.us and click on the Community Education tab



PreK Registration



Dairy



By Noel Aldrich, PhD, CNS
Licensed Nutritionist

June is national dairy month. So it is appropriate to consider this amazing food source, its health benefits, and the controversies and misunderstandings surrounding this food.

Milk is a unique food source produced by the female of some species for the initial food of the newborn. This liquid food contains protein, fats, minerals and vitamins specific to the species and specific to the age of the baby. This liquid also contains active enzymes and immune support to help the newborn baby become an active participant of life.

These unique features of milk have been used by man for centuries to sustain the human population and provide a consistent food source in diverse environments. Dairy was a primary focus of farmers across the Midwest as the nation grew with many creameries located across each county collecting the daily contributions from the local

herds. Wisconsin and California lead the nation in milk production. In the United States, more than 72 million gallons of milk are produced each day. From this source, all the additional products of butter, ice cream, cheese, yogurt, Kiefer, and various treats are produced. No wonder we celebrate dairy as it is involved in so many significant food items we enjoy.

Some individuals are not able to enjoy dairy because of severe reactions caused by a lack of digestive enzymes or caused by an allergic reaction. Lactase is the specific enzyme required in your intestines to break down the lactose sugar in milk. If a person does not make this enzyme, an uncomfortable reaction typically results in diarrhea. A person who experiences this reaction can simply avoid drinking milk, or they can obtain lactase enzyme as a supplement to consume with the milk. Some products like Lactaid are available to help aid digestion of milk products. An allergic reaction to milk will not be eliminated by using lactase enzyme. An allergic reaction is an immune response to the protein in milk in whatever form of milk product may be. Typically, an allergic reaction to a milk product may be avoided by selecting a different source of milk like goat, sheep, or donkey. There are also many non-dairy sourced products that have become available in recent years.

A primary controversy regarding milk production has been the availability of raw milk to the general consumer. Raw milk contains all the active enzymes and is the most easily digested form of the food. Raw milk has been the primary way man has consumed milk for centuries, and in recent history the

Mayo hospital had a raw milk therapy that was used successfully for clients having digestive challenges. This all changed with the promotion of pasteurized milk.

The history of pasteurized milk provides an important observation on the influence of business over health. In the 1950s, most milk was delivered in glass bottles, and you could observe a layer of cream at the top of the bottle. Some competition developed as the consumer could see how much cream was available in each bottle. Creameries tried to "fix" this challenge with the process of homogenization, which forces the milk through a fine mesh to break up the fat molecules into pieces that are so small the fat stays suspended in the fluid and does not rise to the top. Unfortunately, once milk is homogenized the live enzymes in the raw milk activate a reaction that causes the milk to spoil within 24 hours. The solution to this problem was pasteurization. Pasteurization kills the enzyme activity improving the shelf life of the homogenized milk.

Pasteurization has progressed over the years to the level of ultra pasteurization (UHT). Ultra pasteurized milk has been additionally heated to the point that the milk can sit on the shelf without refrigeration for long periods of time. However, you cannot make your own yogurt or cheese from this milk. The healthy bacteria used to make yogurt, cheese, or Kiefer is not able to use UHT milk. This milk has been cooked too much and is undigestible to natural fermentation processes. This makes you wonder if the UHT milk has any health benefit to mankind as well.

More than 100 years ago, Dr. Weston Price

researched the effects of the modern food preparations that were beginning to advance through the western culture of Europe and the United States. He documented his research in the book, "Nutrition and Physical Degeneration." In cultures all around the world, he discovered the importance of quality fat to sustain a society. When the culture moved toward more processed foods, more "low fat" foods, and more convenient foods, the result was increased cavities, increased need for braces on teeth, and decreased fertility. These are all the symptoms we see in today's modern living. You can find out more about Dr. Price's work and the thriving community that is applying the principles he discovered at <https://www.westonaprice.org/>

Make your health a priority in 2024. Quality dairy options include raw milk, whole fat milk, and naturally fermented products like yogurt, fresh cheese, and Kiefer. Adding quality fat sources can be one of those little changes that can make a big difference in your health. If you would like to pursue a healthy lifestyle and increase longevity, I can help you start a plan.

Contact me to discuss your health goals for 2024. I can help you reach those health goals with whole food plans customized to your specific needs. You can contact me at nutritionproportion@gmail.com, or check out my website at www.nutritionproportion.net Start this year with a new plan. Foundation to Thrive is a 16 week lifestyle transformation to help you reach your health goals in 2024.

**Information and opinions expressed in this article are those of the author and may not reflect those of The Messenger.*

Take a Short Drive
to *Delicious*

The Fireside
LOUNGE AND SUPPER CLUB

Steaks - Seafood
Burgers - Sandwiches
Salads
Full Bar - Off Sale

10

TAP BEERS!

4-SEASON PATIO!

SEE YOU AT DENNISON DAYS!

JUNE 21-22, 2024

Join Us for Lunch or Dinner

Daily Features

WEDNESDAY - Enjoy Our Jumbo" Wings Specials!
BBQ Rib Dinner - 1/2 or Full Rack (begins at 4:00p.m.)

THURSDAY - \$3.50 All Taps, Domestic Bottles, Rail Drinks! 16oz. Margarita Special!
Taco Specials! Fajita Specials!

FINALLY FRIDAY - All You Can Eat Fish Dinner

SATURDAY - Hand Battered Jumbo Shrimp or Slow Roasted Prime Rib

SUNDAY - Enjoy Our Sunday Breakfast Beginning at 9a.m. and Sunday Pasta Features

37540 Goodhue Ave., Dennison, MN
Hours: Wednesday & Thursday 11:00 AM-8:30 PM; Friday & Saturday 11:00 AM-9:30 PM; Sunday 9:00 AM-8:00 PM
Bar Open Later
507-645-9992 • www.firesidelounge.net

TRITON CLASS OF 2024

2024

SENIOR SPOTLIGHT

Trenton Johnson is a senior at Triton High School. His parents are Kari and Josh Johnson. He has two brothers and one sister. He participates in Triton sports in trap and state fishing tourney. Outside of school he works. His hobby is fishing. His favorite movies are The Hangover 1 & 2. After graduation he plans to work.

TRENTON JOHNSON

SPONSORED BY

TRENCHLESS
AGRICULTURAL DRAINAGE
CONTROLLED DRAINAGE
DRAINAGE ENGINEERING

ELLINGSON

— FAMILY OWNED SINCE 1970 —

www.EllingsonCompanies.com | 507.527.2294 | 56113 State Highway 56, West Concord, MN



• **MAKE SOME MEMORIES!** •

GRANDSTAND EVENTS

- ★ Bull Riding/Mutton Busting
- ★ Fireworks
- ★ Stock Car Races
- ★ Trailer Races
- ★ Power Wheels Derby
- ★ Demolition Derby
- ★ Auto Cross Races

OTHER ATTRACTIONS

- ★ 4H & FFA Shows
- ★ Circus Science Spectacular
- ★ Eli Alger & Faster Horses Band
- ★ 507 Country Band
- ★ Antique Tractor Display
- ★ Bean Bag Tournament
- ★ Garden Tractor Pulls



OPEN CLASS BUILDING EXHIBITORS:

REGISTRATION MONDAY, JULY 15
from 12:00 PM - 8:00 PM

NEW! Online Registration available June 1

ATTENTION SENIORS:

FREE LUNCH catered by Uncle Mony's & UCare on
Senior Day, Friday, July 19 at Noon.

Please confirm attendance by Monday, July 15: 507-634-7736.
Music by 'Wendinger Band' from 10:00 AM - 1:00 PM

TOWNSHIP SQUARE FEATURES:

Minnesota State Amateur Talent Contest

Thursday, July 18 at 7:00 PM
Registration starts at 6:00 PM

Hotdish/Pie Competitions
Sunday, July 21 at 10:00 AM

More information for both events on our website.



For complete schedules, entry forms, advance
carnival tickets and sponsorships, visit us at:

www.dodgecountyfreefair.com

We've Got Your Family's Back

Personalized insurance solutions to protect your family's future and security, no matter what.



COMMUNITY GROWN INSURANCE
...you're covered!



Trust in Tomorrow.



www.vsgmi.com

Kalass Agency

242 Main Street
Zumbrota, MN
Phone: 507-732-7614
Email: kalassagency@kalassagency.com

Sviggum Agency

133 Main Street
Wanamingo
Phone: 507-824-5105
Email: agent@svigguminsurance.com

Insurance Brokers of Byron

505 Frontage Rd NE
Byron MN 55920
Phone: 507-775-7280
Email: a.sanders@insurancebrokersmn.com

North Risk Partners Rochester

2048 Superior Drive, Suite 100
Rochester, MN
Phone: 507-288-7600
Email: jesse.stenke@northriskpartners.com

THE SAVVY SENIOR



By Jim Miller

Brought to You By

Circle Drive Manor Assisted Living, LLC

"Quiet Country Living Close to Home"

www.cdmassistedliving.com

56733 State Hwy. 56, West Concord, MN 55985

Contact Bryan or
Melissa
Christianson at
507-527-2424



General Caregiver Facts & Statistics

All statistics and data in this section are sourced from AARP and National Alliance for Caregiving's report on Caregiving in the United States 2020.

There are an estimated 53 million caregivers that have provided care to an adult or child with special needs (according to 2020 data).

It's interesting to see just how many individuals have taken on the role of caregiver, often in addition to other personal and professional responsibilities. 2020's number of caregivers is substantially more than 43.5 million caregivers reported in 2015.

In 2020, a whopping one in five Americans took on a caregiving roll. That's 21.3% of the total population — that's a lot of people!

It's a reminder that caregiving is a common experience, something that many of us will take on at some point in our lives. It's a role that deserves recognition and support.

This means that over 90% of caregivers reported in the US are caring for individuals over the age of 18, with 10% caring for children with special needs who are under 18.

Isn't it incredible? Almost 20% of folks are rolling up their sleeves and taking on the role of unpaid caregivers, showing the sheer size of heart that exists in our society.

This high percentage reflects the aging population in the U.S. and underscores the immense value of these unpaid caregivers in our healthcare system.

This really speaks to the growing demands on caregivers. The increase from 2015 (18%) to 2020 (24%) suggests that many caregivers are juggling the needs of multiple people.

This can be a tremendous responsibility, and we can't overlook the need for support and resources for these superhero caregivers.

The fact that so many are struggling to coordinate family care for a loved one indicates that the healthcare system and support services aren't meeting the needs of caregivers.

As the population ages, conditions like Alzheimer's and dementia are becoming more prevalent. Just 22% reported caring for people with Alzheimer's in 2015, which has since increased to 26% in 2020.

This 4% increase over a relatively short period of time signals the need for more specialized training and resources for caregivers dealing with these challenging conditions, as well as efforts to support research and therapies for these diseases.

More than half of caregivers are balancing traditional employment with their caregiving duties!

This double duty that many caregivers are pulling is extremely challenging and greatly introduces the potential for burnout.

It's a call to employers to consider how they can support employees who are caregivers and ensure that they're able to balance these important responsibilities.

The majority of caregivers do not use paid help, making the burden that much more stressful and challenging.

Almost a quarter of caregivers are in it for the long haul, providing care for 5 years or more. And, the average caregiver has been caring for their loved one for an average of 4.5 years.

That's a big commitment! It shows that caregiving isn't just a temporary gig for many people — it's a long-term part of their lives. It's a reminder that we need to think about how to support caregivers not just in the short term, but over the long term, too.

And — coupled with the fact that most caregivers need to cut back on hours or sacrifice promotions due to their caregiving responsibilities for years upon years, it's easy to see how quickly caregivers become severely disadvantaged in the workplace.

Those in the sandwich generation care for children under 18 as well as provide care for an adult. The fact that nearly a quarter of caregivers are part of the "sandwich generation" is a significant observation.

These individuals are caught in a challenging position, providing care for both their children and an adult, often an aging parent.

This dual responsibility can lead to a unique set of challenges. They may face financial strain due to the costs associated with their dual-care responsibilities, as well as the added burden of emotional stress.

The average time caregivers spend providing care is substantial, nearly equivalent to a part-time job.

This data illustrates the significant time commitment involved in caregiving, which can impact other areas of caregivers' lives, including their employment, personal time, and overall well-being.

And this doesn't even account for the financial cost of care, like out-of-pocket purchases and lost wages. This \$600 billion estimate for 2021 is up from \$470 billion in 2017 and continues a 25-year increase trend.

This data also reinforces other studies that have found that the value of unpaid family care is vastly more expensive than the value of paid home care.

Up to 70% of family caregivers manage medications for their loved ones.



PLAZA MORENA
CAMPESTRE GRILL

DINING ROOM
Open 7 Days a Week
11:00am-10:00pm

5% OFF MEAL PURCHASE
Expires June 30, 2024
Does not include alcohol.
Not valid with any other offer.

160 26th St NE, Owatonna
507-413-0819
www.plazamorena.com

623 BAR AND GRILL
EST. 2022

MEAT RAFFLES Sundays at 4PM
BINGO Tuesdays at 6PM

Dennison Lions Club Charitable Gambling Permit #2762

E-TABS, PULL TABS EVERYDAY!
FOOD SPECIALS!

BROASTER CHICKEN

Watch Our Facebook Page for Updates!
- ON/OFF SALE -

Closed Mondays
Tuesday-Friday: Bar 11am-Close; Kitchen 4-8pm
Saturday: Bar 11am-Close; Kitchen 11am-9pm
Sunday: Bar 1-9pm • Kitchen 1-8pm
Main Street, Dennison • Phone 507-782-9061

Take a Short Drive to Delicious

The Fireside
LOUNGE & GRILL

Celebrating 20 Years of Army Family Hospitality

SUNDAY SUPPER IS BACK!

DAILY FEATURES

WEDNESDAY Enjoy Our Jumbo Wings Specials!
BBQ Rib Dinner - 1/2 or Full Rack (begins at 4:00p.m.)

THURSDAY \$3.50 All Taps, Domestic Bottles, Rail Drinks!
Taco Specials! Fajita Specials! 16oz. Margarita Special

FINALLY FRIDAY All You Can Eat Fish Dinner

SATURDAY Hand Battered Jumbo Shrimp or Slow Roasted Prime Rib

SUNDAY Enjoy Our Sunday Breakfast Beginning at 9a.m. and Sunday Pasta Features

3740 Goodhue Ave., Dennison, MN
Hours: Wednesday & Thursday 11:00 AM-9:30 PM
Friday & Saturday 11:00 AM-9:30 PM, Sunday 9:00 AM-8:00 PM
Bar Open Later
RESERVATIONS STRONGLY SUGGESTED. CALL 507-645-9992.
www.firesidelounge.net

Center Restaurant
30 Main Street
Dodge Center, MN 55927

Breakfast, Lunch & Dinner
Generous portions, friendly service and delicious homestyle cooking anytime!

10% OFF with this ad
Good Monday-Friday. Expires June 30, 2024.

TRY OUR DAILY SPECIALS! BREAKFAST SERVED ALL DAY!

Hours: Sunday-Thursday 7am-3pm
Friday-Saturday 7am-8pm
507-633-3333

House Smoked BBQ Food, Cold Drinks and LIVE MUSIC!

Watch our Facebook Page Daily Specials & Weekend Entertainment!

Check Out Our Website!
RBAR-RANDOLPH.BIZ
Great Way to Keep Up on All Our Live Events!

R BAR

4354 292nd St E, Randolph
507-646-0107
rbar.randolph@gmail.com
Monday 3:00pm-9:00pm
Tuesday-Thursday 11:00am-11:00pm
Friday & Saturday 11:00am-1:00am
Sunday 11:00am-9:00pm

AREA DINING & ENTERTAINMENT

NEW! GRAB N GO LUNCHES

TOREY'S
Restaurant & Bar
TOREYS.NET

YUM!

Don't Let Your Hurry Come Before Your Hunger!

PICK UP ONE OF OUR DELICIOUS SALADS OR WRAPS!

Available Weekdays
11am-1pm

LOCATED NEAR THE BACK ENTRANCE OF THE RESTAURANT AT 208 N. CEDAR, OWATONNA

CHECK OUT OUR MANY NEW LUNCH & DINNER MENU ITEMS!

507-455-9260
MON-TUES-WED-THURS 11:00AM-9:00PM
FRIDAY 11:00AM-9:00PM
SAT 3:00PM-9:00PM • SUN CLOSED

BOOK YOUR SUMMER EVENTS!
Banquet Hall, Seating Up to 300

SANDWICHES • BURGERS
BBQ

THE SMOKIN' SILVERBACK

1832 South Cedar Owatonna MN
507-214-0701
Monday-Thursday 11am-9pm
Friday-Saturday 11am-10pm
Sunday 11am-7pm

Great Food • Strong Coffee
Daily Lunch Specials • Delicious Desserts

Area 57 COFFEE & Cafe
Where Good Coffee and Good Friends Meet!

M-F 7:30am to 7:30pm
Sat. 7am to 2pm; Closed Sundays

125 Main Street, Wanamingo, MN
507-824-2969

NEW! GRAB N GO LUNCHES

TOREY'S
Restaurant & Bar
TOREYS.NET

YUM!

Don't Let Your Hurry Come Before Your Hunger!

PICK UP ONE OF OUR DELICIOUS SALADS OR WRAPS!

Available Weekdays
11am-1pm

LOCATED NEAR THE BACK ENTRANCE OF THE RESTAURANT AT 208 N. CEDAR, OWATONNA

CHECK OUT OUR MANY NEW LUNCH & DINNER MENU ITEMS!

507-455-9260
MON-TUES-WED-THURS 11:00AM-9:00PM
FRIDAY 11:00AM-9:00PM
SAT 3:00PM-9:00PM • SUN CLOSED

BOOK YOUR SUMMER EVENTS!
Banquet Hall, Seating Up to 300

East Wind 東風 Buffet

15% OFF
Wednesday, Thursday with ad

10% OFF
Friday, Saturday, Sunday with ad

MENU OR BUFFET

Hours:
Monday: 11am-10pm
Tuesday: Closed
Wed.-Sun.: 11am-10pm

Cannot be used with other offers.
507-451-9666

1015 W. Frontage Rd., Suite 103, Owatonna • South of Lowe's
Dine In Only • Expires June 30, 2024

TAMMY'S PLACE
Restaurant & Bar
Kasson, MN

DRINKS • APPETIZERS
SANDWICHES • BURGERS
SALADS • WRAPS • DESSERTS

DAILY SPECIALS

Closed Mon.; Tues-Thu 11am-9pm; Fri-Sat 11am-10pm
Sun 11am-8pm
111 West Main Street, Kasson, MN
507-634-3133

BREAKFAST, LUNCH, DINNER

BURGERS
ESPRESSO
HOTDISH
ICE CREAM

Try our daily specials!

ANGIE'S
Restaurant

635 2nd Street, Kenyon
Hours:
Tues.-Sat. 7am to 8pm
Sunday 8am to 1pm
Closed Mondays
507-789-1100

Olivia's FAMILY RESTAURANT

Family Fare at Great Prices

Breakfast
Daily Specials
Weekend Breakfast
Buffet

10% OFF with this ad
Good Monday-Friday. One coupon per meal.
Expires June 30, 2024

Hours: Sunday-Wednesday 6:00am-3:00pm
Thursday-Saturday 6:00am-8:00pm
1160 Frontage Road, Owatonna • 507-444-4000

Supporting Small Towns for Thriving Communities



Tim Penny
So. MN Initiative Foundation

I grew up in the town of Kiester which, according to the latest U.S. Census, has a population of 488. I know firsthand that small towns often face unique challenges, including limited access to financial resources and a reduced tax base. I also know that the nature of living in a small town makes it easy for people to work together and enhance the vitality of the place they call home. At Southern Minnesota Initiative Foundation (SMIF) we know that supporting the small towns in our 20-county region is crucial for fostering equitable development and ensuring that all our communities have the same chance to thrive.

SMIF's Small Town Grant, which opens soon, can help bridge the gap in financial resources by providing the necessary funds for projects that ultimately enhance the quality of life for residents. I'd like to highlight some of the projects that communities have implemented recently with the support of this grant.

In Caledonia (population 2,831), the city used a Small Town Grant to organize a Holiday Pop Up Shop to allow community members with business ideas to temporarily trial their business concept in a brick and mortar setting downtown. This allowed entrepreneurs to introduce new product lines, test new markets and generate awareness of their product. This program generated huge results, as three of the home-based businesses that participated in the program have continued their businesses in a brick-and-mortar setting.

In Elkton (population 133), the grant was used, in part, for sound boards to muffle noise in the community center. More people are renting this space now that the sound is more manageable. This has enhanced the quality of the space as it can be more easily used for town hall meetings and private events without sound issues.

In Dundas, (population 1,744), the grant was used to support a new annual event: Oktoberfest. Dundas residents and businesses benefited from having a new community-wide event that they could call their own. According to one of the organizers, there was even one family who moved to the area from the Twin Cities after attending Oktoberfest. The group is already planning for this year's

event which will be held on September 21.

SMIF's Small Town Grant opens on July 15, 2024. More information can be found at smifoundation.org/smalltowngrant. We are grateful to Paul Johnson's children, Amy De Jong, Paula Rehder and Scott Johnson, for continuing their father's legacy by supporting this program.

Another way that SMIF supports small towns is through our Community Foundation program. There are 32 Community Foundations under SMIF's umbrella. These volunteer-led, place-based foundations are able to quickly meet the needs of their communities. While SMIF provides both administrative and financial support on an annual basis, these foundations recently received an extra boost thanks to an anonymous matching donor. Thanks to this donor, SMIF was able to award \$90,000 in grants to our Community Foundations over the past couple of months.

In Mapleton (population 1,675), the Mapleton Area Foundation is putting the matching funds to good use on a wide variety of projects. They are hiring a firm to provide architectural plans for a daycare, a critical investment in any small town. They are also upgrading some of their community marketing materials including a billboard and a park sign in order to market Mapleton as a place to visit, shop and live. They even received a grant to replace their apple press for a fall festival, which kids look forward to using every year to make apple juice.

In Plainview (population 3,515) the Plainview Elgin Millville Foundation will be implementing an exciting new summer



program. They will use the funds to purchase pool passes for youth in the community to make the city pool more accessible for all.

It is so empowering to see what small towns are able to accomplish with increased financial resources. By investing in small towns, we help build resilient, vibrant communities.

As always, I welcome your comments and questions. You can reach me at timp@smifoundation.org or 507-455-3215.

Milo Peterson Ford Co.



GET A GREAT DEAL ON A USED FORD AT PETERSONS

	2020 FORD EXPLORER LIMITED 4WD		2022 FORD ESCAPE SE		2021 FORD BRONCO WILDTRACK		2021 FORD EDGE SEL
White, 80,617 miles, 2.3L ecoboost I-4 #24072U	Come In For Price	AWD, star white, 29,016 miles, 1.5L ecoboost #23211U	Spring Special! \$23,777	4 door, advanced 4x4, 18,527 miles, cactus gray, 2.7L V-6 ecoboost #23121U	Spring Special! \$49,999	AWD, 13,925 miles, carbonized gray, metallic, ecoboost 2.0L turbocharged #23140U	Spring Special! \$26,982
	2017 FORD FUSION SE		2022 FORD SUPER DUTY F-350 SRW LARIAT		2020 FORD F-150 LARIAT		2018 FORD ESCAPE SE
FWD, oxford white, 130,770 miles, 14 hybrid #23006D	Spring Special! \$8,995	4WD, crew cab, 6.75' box, rapid red metallic, 50,103 miles, power stroke 6.7L V-8 turbo diesel #24031U	Spring Special! \$65,999	4WD, super crew, 5.5' box, 67,921 miles, agate black metallic, 3.5L V-6 #24060U	Spring Special! \$35,995	FWD, 171,645 miles, lightning blue metallic, ecoboost 1.5L turbocharged #23053U	Spring Special! \$8,450

SEE OUR COMPLETE INVENTORY AT WWW.MILOPETERSONFORD.NET

3020 457th Street Way, Kenyon • 507-789-6113 • SALES HOURS: M-T-Th 7:30a.m.-8p.m.; W-F 7:30a.m.-6p.m.; Sat. 8a.m.-4p.m.

Shawn Tweten Announces candidacy for U.S. House of Representatives

NORTH MANKATO, Minn. — Shawn Tweten, PhD, a licensed marriage and family therapist, has announced his candidacy for U.S. House of Representatives. Dr. Shawn will be a Republican primary challenger against the first Congressional District incumbent, Brand Findstad, in the August 13th state primary.

Dr. Shawn's slogan is "Washington needs a therapist" and his motto is "love your neighbor."

Dr. Shawn says he is "running because there is so much division and fear at the capital. I want to be the member that promotes conflict resolution. When a couple or family or couple are in conflict, they might see a therapist. Now the country is in conflict, it needs a therapist."

Marriage and family therapists are professionals who trained in helping systems work through conflict and mental health issues. Sometimes that system is a couple considering divorce. Sometimes that system is a family experiencing a mental health crisis. Dr. Shawn states, "Now the system is a congress in chaos." The U.S. congress is to the point where members are challenging others to physical fights (Sen. Markwayne Mullin) and hurling insults at each other (Reps. Jasmine Crockett and Marjorie Taylor Greene). Dr. Shawn quotes Abraham Lincoln (who was quoting Matthew 12:25), "'A house divided against itself, cannot stand.' People in congress are supposed to be on the same team serving for the betterment of the country, not fighting amongst themselves."

Dr. Shawn continues, "So much political advertising is focused on fear. As a Christian, I do not believe in fear-based politics. The Bible says that 'God hath not given us the spirit of fear; but of power, and of love, and of a sound mind' (First Timothy 1:7). As a mental health therapist, I believe living in a constant state of fear is emotional unhealthy. I want to help change the political narrative. As a therapist, I believe change can start with any part of a system. Congress is a system and I want to insert myself within the system

to promote healthy change."

Dr. Shawn has lived in the greater Mankato area for 15 years. He has four children. Shawn's full-time job is working with Minnesota jails to provide mental health care and officer wellness. He has also done work as a substitute teacher in the New Ulm and Mankato school districts.

He earned his Bachelor of Arts degree at Oak Hills Christian College in Bemidji, Minnesota; his Master of Science degree at Minnesota State University, Mankato; and his Doctor of Philosophy in marriage and family therapy at National University.

Dr. Shawn knows the importance of farming and manufacturing in Minnesota as this family members have jobs in both areas. Shawn also knows the importance of taking care of veterans and providing adequate mental health services to veterans and their families. Please vote for Dr. Shawn on the August 13th Republican primary ballot and again in the general election on November 5th. Please read more on Dr. Shawn at www.electshawntweten.com.



Shawn Tweten, PhD

Do You Have An Announcement?

Email: hometownmessenger@gmail.com



Business Link

- Bellechester • Castle Rock • Claremont • Dennison • Dodge Center • Dundas • Goodhue • Hampton • Kenyon • Mazeppa • Nerstrand • Randolph • Wanamingo • West Concord • Zumbro Falls •

L
LODERMEIER'S
STEEL & WOOD FRAME BUILDINGS

- Machinery Storage
- Commercial
- Livestock Buildings
- Garages

38241 County 6 Blvd, Goodhue
651-923-4441
Lodermeiers.net

fw

Flat Water Futures, LLC
Grain and Livestock Hedging

Todd Ryan
651-764-5590
tryan@flatwaterfutures.com
Goodhue, MN
Branch Office

DODGE, GOODHUE,
WABASHA, AND RICE
COUNTY AREA FARMERS

Losing soybean yield to
White Mold and
Sudden Death Syndrome?
We can help!
Call Colin at 1-306-716-4964
www.headsupST.com

Real Estate Auctions

Auction Real Estate Appraisal Personal Property Analysis
Work in Progress Testimonial

Live and Sealed Bids

Best Fertilizer for Land is of the Owner

Ron Sheridan
Since 1944
Service is on the House
Zumbrota / Rochester

www.drsquarefoot.com
651-246-4146

Let's talk fence

Alpacas, Apples, Beef Cattle, Deer, Dairy Cattle, Elk, Emus, Gardens, Goats, Grapes, Gorillas, Horses, Lions, Llamas, Ostriches, Ponies, Raccoons, Sheep, Trout, Tigers, Yak

K FENCE

62411 386th Ave., Zumbro Falls, MN
Phone 507-753-2943 • www.kfence.com
Free Estimates • Free Catalogs

KAHN Tile Supply LLC

Schaeffers
SPECIALIZED LUBRICANTS

AGRO POWER

Bruce Freerksen
(507) 273-9110
brucewithschaefferoil@gmail.com
West Concord, MN

Tatge Jewelry

Awards By Tatge

Since 1975

625 2nd Street, Kenyon, MN
(507) 789-6522

BAKER'S TIRE SERVICE
507-824-2264
11361 Hwy. 60 Blvd
Wanamingo

AG TIRES

GOODYEAR FARM TIRES

CERTIFIED FARM TIRE DEALER

SIFT (SAVE IT FROM TRASH)
THRIFT STORE

26 RED WING AVE Kenyon, MN

facebook

Hours: Thur & Fri 12 to 8pm,
Saturday 9am to 5pm

DOUG AND MARY KLATT
www.sift4you.com
Call us today! 507.259.2386

PLACE YOUR AD ON THIS PAGE

Call Terry at 507-951-7417

or Email: hometownmessenger@gmail.com

Finstad Announces 2024 Congressional Art Competition Winner

ROCHESTER, MN – Congressman Brad Finstad (MN-01) announced his selection of “Shades of Winter” by Dean Wang, as the winner of this year’s First District Congressional Art Competition.

Dean is a junior at Century High School in Rochester. His artwork will hang in the U.S.

Capitol in Washington, D.C. for one year. The winner from each district will receive two roundtrip tickets to Washington, D.C., compliments of Southwest Airlines, to attend the official ceremony later this year honoring the Congressional Art Competition winners from across the country.

Artist’s Description: “Minnesota is renowned for its picturesque winters, and Southeast MN exemplifies this. Often, our winters are underappreciated. “Shades of Winter” is an oil painting capturing the serene beauty of our winters. Contrasting the cool tones of the snow, the golden sunset represents the warmth that radiates throughout winter: a magical season that unites communities. A stream flows through, melting the hues together and adding to the enchanting atmosphere. Winters unify us and create fond memories.”



First Place – “Shades of Winter” by Dean Wang



Recycling, Inc.

Scrap Iron & Metals

West Concord, MN
507-527-2408 LDRECYCLING.com
Monday - Friday 8:00am-4:30pm

WE BUY

- Scrap Iron
- Farm Equip
- Vehicles
- Appliances
- Batteries
- Radiators
- Copper
- Brass
- Aluminum
- And More

A PLAN FOR EVERYONE

- Life
- Annuities
- Employee Benefits
- Medicare Supplements/Part D
- Health
- IRA's
- Long Term Care

Providing our clients with the best coverage and value for their insurance needs for more than 50 years.

FAHNING & ASSOCIATES LLC

Beth Hanggi

35 W. Main St., Dodge Center • 507-374-6342 • www.fahningandassoc.com



TRITON CLASS OF 2024



SENIOR SPOTLIGHT






Jessica Willette is a senior at Triton High School. Her parents are Janet and Clint Willette. She has two brothers and one sister. She is active in MHS, BPA, Link Crew, Choir, theater, one act and musical. Outside of school she works, is a volunteer church teacher and involved in community theater Her hobbies are reading, baking and enjoying the outside. Her favorite music is country. After graduation she plans to attend the University of Wisconsin-River Falls and study crop and soil science.





JESSICA WILLETTE

TRITON CLASS OF 2024



SENIOR SPOTLIGHT





Tyler Gnagey is a senior at Triton High School. His parents are Amy and Jeremy Gnagey. He has one brother. Tyler is active in MHS and BPA. He participates in Triton baseball, basketball and trap. Outside of school he mows lawns He enjoys hunting, fishing and golfing. His favorite actor is Adam Sandler and he enjoys country music. After graduation he plans to attend Mankato State University and major in Finance.



TYLER GNAGEY

SPONSORED BY



Steel, Farm Machinery,
Car Bodies, Aluminum,
Copper, Batteries,
Appliances,
E-Scrap

55976 State Hwy. 56, West Concord • Monday-Friday 8:00am to 4:30pm • June-October Open Saturdays 9:00 to 11:30am
507-527-2408 | www.ldrecycling.com

SPONSORED BY



CLAREMONT SERVICE CENTER

111 West Front Street, Claremont, MN 55924
507-528-2233

CITY OF CLAREMONT CITY COUNCIL MEETING TUESDAY, MAY 7, 2024 7:00 P.M.

A regular meeting of the City Council of the City of Claremont, Minnesota was held on Tuesday, May 7, 2024, at 7:00 p.m. at Claremont City Hall.

Members present: Mayor Tasha Dahl, City Council Members: Jacob Klejeski, Krystal Sultze, and Ryan Hedberg. Council Members absent: Deb Ellis.

City staff and others present: Administrator Elizabeth Sorg, Maintenance Director Casey Dahl, City Attorney Mark Rahrnick, City Engineer Derek Olinger, Matt Durand, Ethan Reed, and Donna Gregory.

AGENDA

Motion by Sultze to approve the agenda, second by Hedberg. Motion carried unanimously.

PUBLIC INPUT

None

CONSENT AGENDA

The Consent Agenda consisted of: Minutes of the April 2, 2024 Regular City Council Meeting, Minutes of the April 22, 2024 Local Board of Appeal and Equalization, Resolution No. 24-14: Resolution Expressing Appreciation of a Donation, and Resolution No. 24-15: Resolution Certifying Past Due Bill to Dodge County. Motion by Klejeski to approve the Consent Agenda, second by Sultze. Motion carried unanimously.

COMMITTEE REPORTS

PERSONNEL COMMITTEE

Nothing at this time.

FINANCE COMMITTEE

Motion by Sultze to approve the financial reports, second by Klejeski. Motion carried unanimously.

Motion by Hedberg to approve the amended list of bills to be paid, second by Sultze. Motion carried unanimously.

PUBLIC HEALTH & SAFETY COMMITTEE

Two people applied to be members of the fire department: Chas Schroht and Nathan Gustafson. The fire chief has already met with them and background checks have been done. Motion by Sultze to approve Chas

Schroht and Nathan Gustafson as members of the fire department, second by Hedberg. Motion carried unanimously.

PLANNING & ZONING COMMITTEE

Nothing at this time.

EDA

The Agreement with Arden Homes having the option to purchase the RK&T lots expired in February. City Attorney Rahrnick drafted a new Agreement extending the deadline to August 31, 2024. Motion by Hedberg to approve the Extension Agreement, second by Klejeski. Motion carried unanimously.

Matt Durand was present to give an update on his housing project. The building permits

are ready and the houses are in the drywall phase. He will be breaking ground mid-May with the houses being brought in mid-June.

MAINTENANCE DEPARTMENT

Maintenance Director Dahl will be starting to clean out culverts and filling potholes.

PARKS COMMITTEE

Administrator Sorg tried several times to contact a company that wanted to bid on the full-size basketball court in Henning Park, but they haven't responded. She will try to get another quote from a different company.

Maintenance Director Dahl bought and planted more grass seed on the ball field. He contacted Hodgman Ex-

cavating for estimates to make the parking lot bigger for buses to get in and out and also put in a catch basin to drain a portion of it better.

A new 5 row bleacher was purchased and will be put together.

Sorg contacted National Fleet Graphics for a park sign design and prices.

Since the dugouts are not started yet and the grass is still being planted and growing the ball field might not be available for use this year.

Maintenance Director Dahl recommended 3 options for a scoreboard. Motion by Hedberg to purchase the Varsity Scoreboard 3312 which is an 8' x 5' x 8" scoreboard with Triton colors and will have

"Claremont Field" printed on the top for \$5192.00, second by Sultze. Motion carried unanimously. McMartin will be contacted for the electricity for the scoreboard and also set it up for field lighting in the future.

PEOPLESERVICE

Their monthly reports were in the packet.

CITY ENGINEER

City Hall received a letter from MPCA stating the city is meeting the new limit changes for phosphorus although they are proposing a new sulfate limit. The existing treatment is not capable of meeting the limit and upgrades to meet the limit are cost prohibitive.

(continued on page 29)

PUBLIC NOTICE 6-10-24

AA Self Storage will sell at public auction the contents of several storage units in Dodge Center and Claremont on which payment is past due. The auction will be conducted on-line at storagetreasures.com beginning about July 10, 2024.

The contents of these units are unknown, but is believed to be miscellaneous household and personal items.

The names of persons renting the units are as follows:
David LeVasseur
Morgan Freyholtz
Manager Specials 2 units

DENNISON DAYS

RAIN OR SHINE
SATURDAY FOOD STANDS OPEN AT 11AM!

June 21 & 22, 2024

FRIDAY, JUNE 21 KICK OFF

Gopher State Garden Tractor Pull 6:00 PM

LIVE MUSIC 8:30 PM-Midnight
Russ Franek & The Biscuits

SATURDAY, JUNE 22

LIVE MUSIC 7:30 PM-Midnight Main Street
Shane Martin
www.shanemartin.com

Saturday Schedule of Events

- 8-11a.m. **All You Can Eat Pancake Breakfast** Hosted by Nerstrand-Dennison Fire Dept., and Dennison Community Church \$12 for adults; \$5 for kids 12 & under, 3 & under FREE. Includes pancakes, eggs, sausage, coffee, juice, milk. Under Mainstreet tent.
- 8a.m. **Farmers Market Downtown • Citywide Garage Sales**
5K Run Begins at Paul's Plumbing Building, North of Dennison Depot. For more information text Ted at 507-301-4314 or e-mail: dennisonvango@icloud.com
Classic Car Show on Mainstreet Presented by Clutchmen Car Club. Trophies at Noon. Contact Eric Swanson 612-282-6562.
- 8:30a.m. **Enchure at Fireside Lounge** For information, contact Jen Eggum 507-649-0602
Sign Up for Clutchmen Truck & Tractor Pull at Pull Site
Truck Pull Mike Beebe 651-341-2424 • Tractor Pull Thad Sonsdahl 507-330-0180
- 10a.m. **Truck & Tractor Pull Begins on the Hill**, sign up begins at 8:30a.m.
Cow Milking Contest Main Street, hosted by David Flom Dairy
- 11a.m. **Food Stands Open**
Joel Stenhaus & Jim Tracy Memorial Horseshoe Tournament in City Park Presented by the Dennison Lions
Kids Pedal Tractor Pull on Mainstreet (At Mainstreet Intersection) Sign up begins at 10:30a.m.
- 1-3p.m. **Kids Carnival**
- 1:30p.m. **Parade Downtown - A Kiddie Parade Leads Off Main Parade** (Ages 12 & Under)
\$100.00 Prize for Best Parade Entry! Sign up at 12:00 p.m. South Mainstreet. Call 507-645-9992
- 2p.m. **625 Bar & Grill Bags Tournament** Sign up at 625 or call 507-782-9061
Live Music at 625 Bar & Grill
Kids Bingo Under the tent. Presented by Dennison Lions. Ages 3-11.
- 4:00p.m. **Purse & Gift Card Bingo** Presented by Dennison Lions & Fireside Lounge
- 5:30p.m. **Game Show TBD**
- 7:30-11:30p.m. **Live Music from "SHANE MARTIN" Alabama Tribute on Mainstreet** 19+ event. No Cover Charge. 21 to drink. Presented by Capitol Construction and Fireside Lounge & Supper Club

We Thank All of Our Sponsors & Supporters

- | | | | | | | |
|----------------------------|-----------------------------------|-------------------------------|----------------------------------|-----------------------------------|------------------------------------|-------------------------------------|
| 625 Bar & Grill | Capital Construction | Dennison Meat Locker | Geno Peterson | Kenyon VFW | Northfield Lines | Stress Tree Service |
| Ag Partners | Castle Rock Bank | Dennison Tire & Repair | GVF Hereford - Dennison | KYMN 95.1 | Northfield Retirement Center | Swigum Insurance |
| Alan O. King Construction | CFS | Dahman Concrete Enterprises | Held Bus | Lake Country Bank | Parkside General Store - Nerstrand | Sweet Shibus Photography |
| Bakers Service | City of Dennison | Farmers Mill | Heritage Bank | Mainstreet Messenger | Paul's Plumbing | Syngene |
| Big N Service Center | Clutchmen Car Club | Fireside Liquor | Hosken Farms | Merchants Bank | R Bar | Tagg Jewelry |
| Brekken Farms and Trucking | College City Beverage - Budweiser | Fireside Lounge & Supper Club | How Flat Farms, Tim Howie | Midwest Machinery Co. - John Dewe | River Country Coop | Taylor Truck Lines |
| Bryan Eggum DeKalb | Community Resource Bank | Flom Dairy | IMS Contracting | Mig Peterson Ford | River Road Repair | Three Links Care Center |
| Camordiffie | Cub Foods | Flom Disposal | Interstate Lumber - Cannon Falls | Nerstrand Agri Center | Security State Bank Kenyon | Tractor Power & Equipment |
| Cannon Falls Bacon | D & S Sign | Flom Septic | Kenyon Ace Hardware | Nerstrand Fire Dept. | Severe Appraisal | Wood Doc Construction - Emery Maher |
| Cannon Falls Trailer Sales | Dennison Community Church | Frandsen Bank | Kenyon Ag Service | Nest Woodworking | Specialized Floor Coverings | |
| Cannon Tackle Supply | Dennison Depot | Garner's Upholstery | Kenyon Veterinary Clinic | | Stress Heating & Cooling | |

For updated info, go to www.dennisondays.org

Friday & Saturday JULY 12 & 13 2024

Friday, July 12 **Saturday, July 13**

2 DAY OUTDOOR MUSIC FESTIVAL!
Held at the Green Lantern

For More Information & to Order Tickets Go To www.iconicfest.com

Iconic Fest
A legendary musical experience
EST. 2015
EARLY BIRD TICKETS ON SALE NOW!

Friday Artists: Aaron Tippin, Dads

Saturday Artists: Neal McCoy, I Graham Brown, The Judds, The Judds

Sponsors: Tito's, Budweiser, 102.5 WJMN, 96.1 WJMN, S&P, The Messenger, BOB, etc.

Legal Notices

CLAREMONT CITY COUNCIL MEETING (continued from page 28)

MPCA offered a 60-day time extension to draft a response and make a decision to either apply for a variance for

the new limit or create a schedule to come into compliance in the future. Motion by Klejeski to have Engineer Olinger request a 60-day extension, second by Sultze. Motion carried unanimously.

The sump pump inspections and water/sewer service line

inspections have started; about 20% have been completed.

CITY ADMINISTRATOR REPORT

Sorg asked the County Highway Department about repairing County Road 1 and they mentioned it is not in the County's budget to be done until 2027 or 2028.

Boyum Tree Service has been contacted about taking out 4 boulevard trees and stumps that need to be removed, 2 trees need to be trimmed and 1 tree is going to be evaluated for trimming or taken down depending upon the condition.

CITY ATTORNEY

Nothing at this time.

OLD BUSINESS

Ethan Reed handed out a permaculture setup for the food forest. It would be a circle with a fruit tree in the middle with berries, herbs, vegetables, etc. around it. He suggested he would be will-

ing to try this out starting with 3 areas by the walking trail. Mr. Reed and Maintenance Director Dahl will go out Thursday and pick the best areas. He will buy most of the plants and the city will help out financially if needed. Motion by Hedberg to move forward with the food forest, including authorization for Mr. Reed to go onto the property with his 4-wheeler and wagon as needed, second by Sultze. Motion carried unanimously.

NEW BUSINESS

Terri Schuette submitted her proposal for planting flowers in pots to be placed in front of the main street businesses and in parks. She will donate her time for gathering the materials, planting, and weekly maintenance. The estimated cost is not to exceed \$825, and the Chamber will pay half, providing the city pays the other half. Motion by Sultze to donate \$412.50 for

the city flowers, second by Hedberg. Motion carried unanimously.

The PeopleService Contract expires in 2025. Administrator Sorg briefly researched the city hiring a licensed water and wastewater facility operator who can also train employees so they can get their licenses. Council would like Sorg to get some more information and get a plan for the council to continue discussing.

Motion by Klejeski to adjourn the meeting at 8:27 p.m., second by Sultze. Motion carried unanimously.

ATTEST:

Elizabeth Sorg,
Administrator
Tasha Dahl, Mayor

Triton District Office, 813 West Highway Street, Dodge Center, or online at www.triton.k12.mn.us.

Present: Wendy Kenworthy, Duane Bartel, Dale Jensen, Jim Jensen, Rebecca Knutson, Brian Ginder (via ZOOM), Craig Schlichting, Luke Lutterman, Corey Black, Corey Lilledahl, Tina Kozisek, others.

The School Board approved the following items:

- Agenda and consent agenda including: March 22, 2023 regular meeting minutes and April 5, 2023 study session minutes as presented; budget update; claims and bills; treasurer's report; donations; open enrollment/non-resident agreements for students

- #041524A, #041524B, #041524C, #041524D, and #041524E; contracts for Gabriella Molina as Cobra Kids Assistant, Katie Fitzgerald as TMS/THS Ag Teacher, Taylor Kraemer as Cobra Kids Assistant, and Autumn Dean as Cobra Kids Assistant; long-term substitute agreement for Lesley Vander Waal; resignation for Jacob Johnson as THS Business Education Teacher effective the end of the 2023-2024 school year, and extra-curricular contracts for Jeremy Himli as JH Girls Basketball Coach, Jamie Bodenstab as Cheerleading Coach, and Jaime Geers as Cheerleading Assistant Coach;

- Setting the time of the May 1 Special Meeting for 7:00 p.m.;

- Students to attend the Supermileage Contest May 12-14.

Meeting adjourned at 7:16 p.m.

TRITON ISD NO. 2125 – SCHOOL BOARD MINUTES SPECIAL SCHOOL BOARD MEETING WEDNESDAY, MAY 1, 2024 – 7:00 P.M. TRITON HIGH SCHOOL MEDIA CENTER – DODGE CENTER, MN

-Meeting Proceedings-

Chair Kenworthy called the special meeting to order at 7:10 p.m. Those members present: Lloyd Henslin, Jr., Jim Jensen, Wendy Kenworthy, Dale Jensen, Rebecca Knutson, and Duane Bartel; absent: Brian Ginder. Also present: Tina Kozisek and 3 visitors.

After discussion and a vote of 6:0; D. Jensen/J. Jensen motioned to approve entering into negotiations for superintendent with Luke Lutterman. Motion carried unanimously.

D. Jensen/Bartel motioned to adjourn the meeting at 7:20 p.m. Motion carried unanimously.

School District Clerk

Concord Township Residents Notice

The August regular monthly meeting will be moved from August 8 to August 15 at 7:00PM due to a schedule conflict.

Mike Jones
Clerk

DODGE CENTER SUMMARY COUNCIL MINUTES Monday, May 13, 2024

This published information is a summary of the full minutes of the May 13, 2024 Dodge Center City Council meeting. A copy of the full minutes is available for viewing at City Hall, 35 East Main Street or online at www.ci.dodgecenter.mn.us.

Present: Bill Ketchum, Gary Trelstad, Cathy Skogen, Paul Blaisdell, Matt Maas, Lee Mattson, AJ Gengler, Jeremy Dostal, Deputy Brion, Kathy Freeman and others.

City Council approved the following items:

- Agenda and consent agenda to include: Minutes from April 22, 2024 City Council Meeting, Minutes from the March 13, 2024 Economic Development Advisory Meeting and the April 1, 2024 Planning & Zoning Commission Meeting; Payment of Bills; Resolution 2024-014 – A Resolution Approving a Lot Split & Combination for McNeilus Steel; Resolution 2024-015 A Resolution Approving a Lot Split & Combination for Josh Jorgenson, Resolution 2024-016 A Resolution Approving a Lot Split & Combination for Parcels Southwest of the Intersection of County 34 and County 7; Dodger Days Temporary Liquor License; Resolution 2024-017 A Resolution Approving a Conditional Use Permit for an Additional Residential Apartment Unit at 14 East Main St; McNeilus Restaurant Sign Permit; Sanson Sign Permit; Dodge County Fair Ambulance Contract; Aquatic Center 2024 Seasonal Hires; American Legion Temp Liquor License; Main Street Closures;

- Grant application allowing local student internship with Ambulance Services;
- Fire Departments' purchase of generator from Hunts Electric;
- Staff member meeting with Mr Richardson regarding placement of chicken coop/possible installation of screen;
- Installation of street light by Xcel Energy at 2nd/3rd SE Street;
- Hire of A J Kozisek to intern at Dodge Center Library;
- Dodger Days Event Schedule as presented;

Meeting adjourned at 6:32 pm

TRITON ISD NO. 2125 – SUMMARY SCHOOL BOARD MINUTES REGULAR SCHOOL BOARD MEETING MONDAY, APRIL 15, 2024 – 6:00 P.M.

TRITON HIGH SCHOOL MEDIA CENTER – DODGE CENTER, MN & ZOOM VIDEO CONFERENCE (WOODSPRING SUITES 121 WELLS ST., WILLISTON, NE 58801)

This published information is a summary of the full minutes of the April 15, 2024, Triton School Board meeting. A copy of the full minutes is available for viewing in the

NOTICE OF FILING DATES FOR ELECTION TO THE SCHOOL BOARD INDEPENDENT SCHOOL DISTRICT NO. 2125 CLAREMONT, DODGE CENTER AND WEST CONCORD STATE OF MINNESOTA

NOTICE IS HEREBY GIVEN that the period for filing affidavits of candidacy for the office of school board member of Independent School District No. 2125 shall begin on July 30, 2024 and shall close at 5:00 o'clock p.m. on August 13, 2024.

The general election shall be held on Tuesday, November 5, 2024. At that election, three (3) members will be elected to the School Board for terms of four (4) years each.

Affidavits of Candidacy are available from the school district clerk, Triton Public Schools, District Office, 813 West Highway Street, Dodge Center, MN 55927. The summer office hours are 7 a.m. – 5 p.m. Monday through Thursday. The office is closed on Fridays. The filing fee for this office is \$2. A candidate for this office must be an eligible voter, must be 21 years of age or more on assuming office, must have been a resident of the school district from which the candidate seeks election for thirty (30) days before the general election, and must have no other affidavit on file for any other office at the same general election.

The affidavits of candidacy must be filed in the office of the school district clerk and the filing fee paid prior to 5:00 o'clock p.m. on August 13, 2024.

Dated: June 17, 2024

BY ORDER OF THE SCHOOL BOARD
/s/ Lloyd Henslin, Jr.
School District Clerk

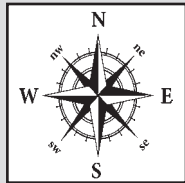
Share Your Good News!
Submit your engagement,
wedding or
birth announcement.

Email:
hometownmessenger@gmail.com

Serving the Triton Area
The Messenger
Claremont, Dodge Center, West Concord



*Changes in Latitudes,
Changes in Attitudes*
**Invasion of the
Zombie Cicadas**



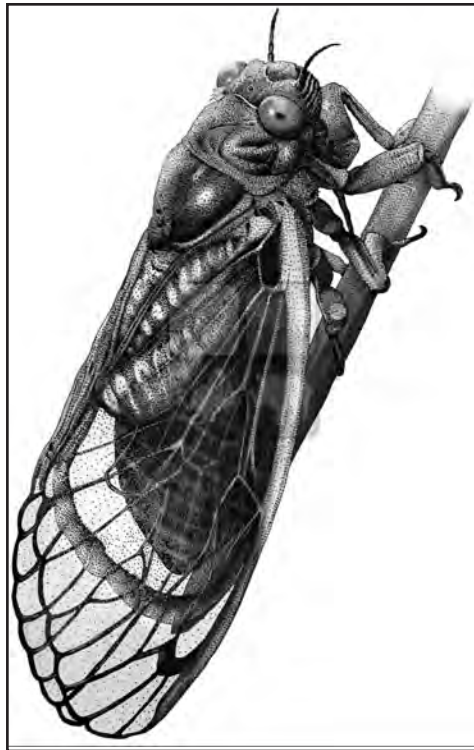
By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when its warm here and Tennessee when it's cold here.

Cicadas come out in the summer. It happens every year in Tennessee. They are best known by the high pitched buzz created by the male vibrating their abdomen over 120 times per second. This sound can reach 100 decibels. They make a lot of noise and start flying around looking for a mate. You can see the evidence of Cicadas since they shed their exoskeleton a couple times while growing. You will see the empty shell attached to the bark of a tree. Every thirteen or seventeen years a brood of cicadas, which have lived under the soil near a tree, will emerge and finish their life process by mating and dying. This year, the first time since 1803, the broods will co-emerge in the same year and populate in the trillions. If that is not enough, a fungus has infected the cicada, turning them into zombies.

The Massospora cicadina fungus attacks the bugs and takes over their body and behavior. The Cicada emerges from the soil with the goal of procreating, but the fungus makes them unable to achieve this objective. This fungus grows as a spore in the abdomen of a Cicada and causes them to swell up and burst releasing a white chalky substance. In the process their genitals fall off. The fungus causes them to become hyper sexualized yet unable to produce.

If that hasn't got your attention yet, the fungus also has a hallucinatory effect on birds which eat them. Baby Copperheads congregate around trees and feed on the Cicadas because it is an easy and plentiful food supply. They haven't figured out what the effect is



on snakes yet. On top of that the Cicada holds the title of king of the animal kingdom peeing contest. The Cicada has muscle that pushes waste through a tiny hole, like a jet. The flow rate is triple that of humans and elephants, reaching ten feet per second. If you thought it was raining on a clear day, you were just getting soaked in Cicada urine.

So you have trillions of frustrated Cicadas flying and trying to mate with other Cicadas while peeing from trees, stoned birds zooming around under the influence of the zombie fungus, a whole brood of vipers growing up on hallucinatory fungal spores and a constant high pitched whine in your ears day and night. The greatest hatch of Cicadas seems to be located between northern Tennessee and southern Illinois. Even if the fungus doesn't affect the Copperheads, a bumper crop of the serpents is anticipated for 2024 from the plentiful food source, which will increase the number of snakes hatching young next spring.

They call it Cicada-geddon and some folks complain that it is too noisy to stay outside. A chef in New York City has offered Cicada cuisine in his restaurant featuring various types of insects. An entomologist has recommended that people skip the Cicada dish until the threat of the infected bugs has gone. For the rest of the world it just looks a little like the plagues have returned.

**A Minnesotan:
Working Dogs**



By RosaLin Alcoser

Over the course of my life my parents have always had a dog. And all of those dogs have had some sort of job that was either taught to them or they just naturally did.

The dog we had when I was little's job was to keep things out of bushes and watch children. Both of which she naturally did on her own. There was never anything in the bushes and she kept us away from anything that she deemed as a treat to human children.

The next dog my mom trained to stay by her side or if she wasn't home to stay by my side. Which he did very well and it was his job. His main occupation was making sure everyone was safe which he did rather well as he was a giant dog that strangers didn't want to tangle with and

was a coward. This dog once trapped me in a bathroom with him because the tornado sirens were going off. He was very good at his job.

This same job was then taught to the next dog as well. With the expectation, he patrolled the perimeter of the house for mice and other rodents. The house and garage were mouse and rodent free for his entire life.

It is my parents' current job that is different though. This dog is mainly a dog of leisure. That isn't to say she doesn't have a job, it's just not an overly productive job. Much like Ken's job in Barbie Land is just beach, her job is just lake. She doesn't even swim in the lake; she just stands on the edge of it.

I believe this dog has swam exactly three times in her life. Twice when she fell off of the dock. The first time of which she blames me for as she feels I pushed her. When in reality she walked off the side of the dock and started swimming; while I was prepared to jump in and grab her since she was still rather young but didn't since she was swimming.

The third time was the one and only time she ran and jumped off the dock like the other dogs and even I do. Just to see if this was something she really didn't like or if the falling was the problem. She did not care for it and has not done it since.

Instead she keeps to her strengths and keeps doing her job of just being a lake. Not swimmer or lake jumper. Just lake.

Capital
CONSTRUCTION

Residential & Multi-Family Contractor

Roofing | Siding | Gutters | Windows



Free Inspections

952.222.4004

www.CapitalMN.com



Here's Where To Buy Your Minnesota Country Salute CD
Buy the FINAL Minnesota Country Salute CD

Once again the net proceeds from this years Minnesota Country Salute CD will go to the Minnesota Military Family Foundation and Minnesota Wheels of Honor. Starting Veteran's Day you'll be able buy your copy at any one of these locations and make sure the service men and women and first responders of Minnesota have the support they need.
CD Available at:

The Fireside
Open Wednesday-Thursday 11:00am-6:00pm Sun-Thurs 12:00pm-5:00pm Friday-Saturday 11:00am-6:00pm Sun-Thurs 12:00pm-5:00pm
393-843-9997 • www.fireside.com

MMFF
Minnesota Military Family Foundation
Serving Military Families

WHEELS OF HONOR
Minnesota

BOB
TOTAL COUNTRY
105.5 • 106.1 • 107.5
St. Cloud • Twin Cities • Fairbault

Minnesota Country Salute CD
BOB FM
Volume 10

About the Minnesota Country Salute CD Project:
A decade ago while sitting on his porch, Neil Freeman came up with the idea of tying together two groups that BOB FM supports. The Homegrown artists of Minnesota and the military member support organizations. By creating a compilation CD to sell across Minnesota, he nailed it. With the help of many sponsors and listeners who went out and purchased these CDs over the years, BOB FM has donated over \$235,000 to the Minnesota Military Family Foundation, Minnesota Wheels of Honor, and Tribute to the Troops.
If you or your business would like to help further this mission, or help distribute the CD, please contact Neil Freeman, neil@mybobcountry.com.



Serving Up
THANKS
to Our Dairy Producers



2024 Dodge County Dairy Princesses

(From left to right : Olivia Baskett, Sponsored by Olson Motor Repair, Pine Island ; Ellie Sauder, Sponsored by Nelson Dairy Consultants Inc. , Clint Renken; Alita Rinehart, Sponsored by Carriage House Hospital & Dodge Vet Clinic; Elyssa Robinson, Sponsored by Moenning Meats, Dodge Center; Cadence Spearman, Sponsored by Gochbauer Farms, West Concord

During June Dairy Month, we celebrate all that you bring to the table. From fresh products that nourish our bodies to the jobs and revenue generated for our communities, dairy farms are essential in keeping our community healthy and strong.



HERITAGE
— B A N K —

www.heritagebankmn.com

WEST CONCORD: 181 Main Street 507-527-2236

NORTHFIELD: 1520 Clinton Lane 507-645-6736

DENNISON: 37470 1st Ave. Ct. 507-645-5929

