

Postal Customer ECRWSS

MARCH 27, 2024 Volume 21 • Issue 3

Rice County Steam & Gas Annual Flea Market & Swap Meet



The Rice County Steam & Gas Show has announced their annual Swap Meet and Flea Market for May 25th & 26th. A full line up of events are included.

New flea market vendors are welcome. check out their website and facebook page for more information. www.ricecountysteamandgas.com

625 Bar & Grill Celebrates Anniversary

The 625 Bar & Grill in Dennison will celebrate their 1st Birthday with a full line up of events planned for Saturday April 6th.

Sean & Marie Kyllo purchased the establishment in 2023.

Check out their ad inside the Messenger and watch their facebook page for all the events happening including Live Music, Prize Giveaways, beer & drink specials and more.

Announcements

• Randolph Food Shelf located at St. Mark's Church 28595 Randolph Blvd. Monthly Open Hours: 1st Tuesday 8:00 - 9:30 am; 2nd, 3rd, 4th Tuesdays 4:30 - 6:00 pm. Questions call (507) 263-9182.

Do you have an announcement? Email: hometownmessenger@gmail.com

Hastings Creamery Owners Cited for Not Getting Fire Debris Cleaned Up

Courtesy of the Hastings Journal

The Minnesota Department of Safety has yet to close an investigation in the fire on Sept. 13-14 that destroyed the Hastings Cooperative cleanup, and the company has been cited by the City of Hastings with failing to comply with an order to clean up debris at the site. (continued on page 3)

Pictured to the right: The City of Hastings has cited the Hastings Creamery after clean-up ordered to be done by Feb. 9 hasn't been in a timely fashion. The Hastings Creamery was destroyed by fire in September after closing permanently a month prior. PHOTO BY JOHN MCLOONE





Congratulations Randolph Speech Team, Gopher Conference Team Champions!

Courtesy of Randolph School We are the champions!

Gopher Conference Champions:

Max Kuhn and Gradyn Taylor - Duo Rachel LaVan - Extemporaneous Reading Humorous - Hayden Huddleston Maksim Krech - Storytelling

(continued on page 4)





Religion



By Colin Rueter

As I have had the privilege to continue to write articles, I have decided that, Lord willing and as I am able, I would like us to walk through God's word again. I have been encouraged by emails from many over the last month sharing how God has used articles for His glory and the good of His people. Though not using the previous template of an overview of each book, I will walk us through one book at time, 1 John, in an expository way, verse by verse. This letter, doctrinal (teaching) letter, from the Apostle John presents theology that should ground the believer, convict the believer, and give the believer discernment about false doctrine which creeps into our minds so easily. He brings us back to



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three basics of Christian life: true doctrine, If they loved one another, that was evidence obedient living, and enthusiastic devotion to Jesus. Even in our communities. I see a rise in false teaching that can lure people away from the core doctrines of faith into myths and sooth itching ears and, therefore, I desire to point each of you back to the solid foundation of God's word (2 Timothy 4:1-5). My hope is that even if you are not believing in Jesus as Lord and Savior, that you may be enlightened to His grace. So, let's look at this letter.

Our author is John the Apostle, the same John that wrote the familiar Gospel of John. He probably wrote this letter around the same time as Revelation while he was exiled on the island of Patmos. John writes this to be a summary that assumes knowledge of the gospel as written by John and offers assurances for faith in Christ. This letter indicates that the audience of this letter were confronted with the error of Gnosticism, which became a more serious problem in the second century and still pervades our beliefs and culture today. As a philosophy of religion, Gnostics held that matter is evil and spirit is good. The solution to the tension between these two was knowledge, or gnosis, through which man rose from the common world to the spiritual. In the gospel message that was shared by those who held this belief, this led to two false theories concerning the person of Christ. Docetism, regarding the human Jesus as a ghost and Cerinthianism, making Jesus a dual personality, at times human and at times divine. This belief is heresy, false, and is to be rejected, friends. The key purpose of 1 John is to set boundaries on the content of Christian faith (core doctrine) and to give believers assurance of their salvation. As we walk through this letter, I wanted to provide a brief overview and give you a challenge at the end of this article.

John's letter is about the basics of faith in Christ, it helped the audience reflect honestly on their faith. It helped them answer the guestion, Are we true believers? John told them that they could tell by looking at their actions.

of God's presence in their lives. But if they bickered and fought all the time or were selfish and did not look out for one another, they, in fact did not know God. That did not mean they had to be perfect. In fact, John also recognized that believing involved admitting our sins and seeking God's forgiveness - repenting of their sin and wrongs against God and other Christians. They must depend on God for their cleansing from guilt, along with admitting wrongs against others and making amends, as another important part of growing in relationship to God. Back then, as today, we can observe many churches and people within local gatherings that do not seem to be believers. This letter calls us to self-evaluate first, then engage others in their supposed faith to see if it is genuine (Matthew 7:1-5; 15-23).

Here is John's outline in themes: The one, eternal God became incarnate as His Son, Jesus Christ, who is true God and eternal life. All mankind (humanity) is sinful under the wrath of God, but through faith in Jesus Christ alone receive salvation and adoption in fellowship with God as Father, with Jesus, and right fellowship with one another as new creations in Christ. Jesus alone is our advocate with the Father and propitiation for our sins. Those who truly know Christ forsake sin, pursue holiness and obedience in God's commands, particularly love for God and one another in truth. Denial of Jesus, obedience in repentance, and following the God's commandments is fruit of true faith. This faith in Jesus results in forgiveness of sins by God, eternal life, confidence in prayer, protection from the evil one, and understanding and knowing the true God.

So What?

Your theology (belief about God) matters and you have a theology. It is what can bring you to Christ and fullness of joy or keep you on the path of destruction that leads to Hell and wrath. I may not know you personally, but God has given me an opportunity to share these truths on this platform, I desire to fulfill the command to proclaim Good News to my neighbors (Matt. 28:18-20). Love compels proclamation. This is not love as the world speaks of it, but it is the same love that comes from God who is love (1 John 4:7-21).

John concludes his introduction in verse 4 that these things are written so that "our joy is complete." Joy here is lasting, unchanging happiness in Jesus. John writes these truths because they will be for the joy of others and their joy is also his own joy, therefore together, seeing others treasuring Christ, while he also treasures Christ, brings joy that is complete. Your pursuit of joy in Jesus and others pursuit of joy in Jesus is not in competition with one another, but is a labor of mutual encouragement towards bringing glory to God. So, be in the bible often, reading and studying to grow in your faith and knowledge. Gather with believers who bear fruit according to the gospel in a local church. If you must drive to find a faithful church, do so, for it is better to travel and have a faithful church that attempt to walk faithfully alone (which is unbiblical). Walk worthy in your life according to Jesus Christ and His gospel.

So, friends. This letter (in fact the whole Bible) guides in discernment of truth – what is true vs what is almost true. God's word is true, infallible, inerrant, inspired by God. Live in it. Sure, read other books, but live in the greatest Book. For it gives you all things for life and godliness (2 Peter 1:3). My challenge to you is 3-fold: read John's gospel and may you behold Jesus as He is. Next read through 1 John as we journey through the word together. Finally, trust that God through the power of the Holy Spirit will bring you to treasure Jesus above all else. Next month we will look closer at the text in Chapter 1, verses 1-4. Until then, may God be with you in spirit and truth through His word.

As always, if you have questions, need prayer, a word of encouragement, or a cup of coffee, please contact me via my personal email: niloc1214@gmail.com



(children, teen, and adult classes) Sunday Worship 10:00a.m. Jesus and Me (JAM) Kids Club 3:00-5:00p.m. first and second Wednesday of the school month. Pastor Dennis Ingolfsland Questions? Call church office 507-663-1437

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gone, the new is here! — 2 Corinthians 5:17
God loves, reasons, and creates. So do his children, made in his image and likeness. But instead of honoring the good, doing the right, and creating the lovely, we fell into sin (Genesis 3). As a result, we despise, pervert, and destroy our world and our relationships. Though we are still able to do some good (by the grace of God), it is painfully obvious that we do not live up to our created potential. We willfully do wrong, hurt others, and destroy.

our created potential. We willfully do wrong, flurt others, and destroy. It is hard to imagine the disappointment and heartbreak God must have felt when we first turned against him. God might well have destroyed humanity and started over. And in a way he did make a new start. God sent his Son, Jesus, to bear his image without falling into sin, Jesus was fully human, like us in every way (see John 1:14; 3:16-18; Hebrews 2:17; 4:15). He loves and thinks and creates as a human made in God's image should. He hit the restart button on human nature.

The miracle of salvation through Jesus is that we can become part of the new creation and the new world he creates. We can become part of God's family again. With the new life he makes possible for us, Jesus saves!

Dear Jesus, thank you for being the first responder for all of creation, You have given us a new start. Help us to live faithfully in your name. Amen.

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Hastings Creamery

(continued from page 1)

A Department of Safety spokesperson said last week that the investigation is still ongoing into the fire.

"There is no update with this fire investigation. It is still listed as open and no report has been filed. It's not uncommon for fire investigations of this magnitude to take a long time to close," said Minnesota Department of Safety Public Information Officer Amber Schindeldecker.

City officials have said that investigators have given the green light to the project being cleaned up. Some work has been done, but there's a lot left to go.

The vacant creamery building had closed in August after 110 years of serving local farms and the community. City of Hastings officials are anxious to have the site, an eyesore on busy Hwy. 61, cleaned up.

The Hastings Cooperative Creamery closed Aug. 18 and its Dairy Store across Vermillion Street days later.

In June, the creamery was disconnected from the sewer system by the Metropolitan Council after the business reportedly leaked thousands of gallons of milk into the city sewer system. The Hastings Creamery was cited with six violations over the previous seven months

The Hastings Creamery shutdown left 45 farms that it purchased product from to find other places to sell their milk.

State Rep. Shane Hudella of Hastings brought Hastings Creamery, City of Hastings and Metropolitan Council officials together last summer in hopes of coming to a solution to get the creamery in compliance with Met Council wastewater rules. For months prior to the close, the Hastings Creamery was transporting wastewater via tanker trucks to St. Paul to be processed.

The 11-alarm fire was called in at the Hastings Creamery, 1701 Vermillion St., at 10:34 p.m. Sept. 13. By the time fire crews arrived on the scene, large plumes of black smoke could be seen from the building. Moments later, flames enveloped the entire middle of the property. Firefighters controlled the blaze by about 2 am. Sept. 14 and were called to the scene days later for flare ups.

The Hastings Creamery was given a deadline of Feb. 9 for site clean-up. Community Development Director John Hinzman told the Hastings Economic Development and Redevelopment Authority at its meeting Thursday, March 14 that a city citation has been issued because of the lack of clean-up of the site.

"They're doing some work on-site over there. We did issue them a citation last month and are following up on that to try to get to some conclusion for the cleanup on that project," said Hinzman.

HEDRA and Hastings City Councilmember Dave Pemble expressed concern about debris being blown around the neighborhood by spring winds.

"Is there any way we can insist they cover over that roofing material or something with the spring storms coming in? A lot of that stuff could be blowing into the neighboring properties and creating some issues," said

Hinzman responded, "I'll take a look at



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Congratulations Randolph Speech Team, Gopher Conference Team Champions!

(continued from page 1)

Individual Awards:

1st Place Duo: Max Kuhn and Gradyn Taylor

1st Place Humorous: Hayden Huddleston 4th Place Creative Expression: Zoe Mitricska

6th Place Informative: Milar Krech 6th Place Storytelling: Maksim Krech 3rd Place Novice Storytelling: Kylie Emery 6th Place Novice Humorous: Aubree Pavola

1-Out Duo: Sarah Streiff and Partner 1-Out Informative: Rachel LaVan







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Health & Wellness

Fasting



By Noel Aldrich, PhD, CNS **Licensed Nutritionist**



SCAN ME

March is a month of new beginnings and this year the beginnings seem to be coming earlier than previous years. The official start of the spring season will come this month and the month will conclude with the cele-

bration of Easter. During this month, some will choose to abstain from a select food or activity in observance of Lent. Choosing to abstain from something can be a good exercise in self-control. This type of practice helps an individual to understand how much something truly influences their life. Perhaps during this season, you may consider the activity of fasting.

Fasting can take many forms from abstaining from one meal to not eating any food for a few days or up to 40 days. Various religious practices around the world have incorporated fasting as a way to focus more attention on spiritual activities and less time on physical activities. However, there are some significant benefits to the physical body when a healthy fast is practiced.

A simple, healthy fast would begin in the evening after your final meal of the day. Once dinner time is complete, the fasting clock begins. No midnight snacks, only water as needed and go to bed. The majority of the first 12 hours of fasting will be spent sleeping through the night. The next day only drink water, a small amount of herbal tea, or possibly some vegetable broth, if needed. By the time you reach the next dinner hour you have stayed away from food for 24 hours. Continue drinking water only and go to bed. By the next morning, you will have completed almost 36 hours of fasting and now is a good point to break your fast with a healthy breakfast. This 36 hour fast is a good first step to practicing what fasting on a regular schedule may look like.

Benefits of fasting include:

- Reduces high blood sugar levels
- Decreases high insulin levels and reduces insulin insensitivity
- · Increases immune cell activity
- Improves clarity of thinking
- Can reduce inflammation
- Stimulates detoxification systems in the liver and kidneys

When you go into a fasting season, you force the cells of your body to do some clean up work. Activity inside the cells will remove anything that has become non-functional or is unhelpful. With this activity, cleaning helps the cell to prioritize healthy activity. This can be a helpful activity when your body is recovering from an illness. Improving healthy activity at the cellular level is what fasting stimulates.

A variation of fasting is becoming popular with many individuals called Intermittent Fasting. The general concept is reducing the window of time each day when food is consumed. Instead of eating food within a 12 hour window of the day, the time frame may be reduced to only 6 hours in the day. The remaining 18 hours of the day would only drink water or sleep. Some individuals reduce the eating more strictly to only 4 hours per day for eating, or only eating every other day. Intermittent fasting has gained popularity since 2010 when research studies on animals observed the animals living longer when their food intake was restricted.

While fasting may seem the exact opposite of living a full life, consider how the alternative has affected our society. We live in a culture where no restriction is given. You are encouraged to eat at all times of the day and to eat whatever you want. Grocery stores are filled with more choices than you know what to choose. The result has been increased obesity, increased diabetes, chronic inflammation, and a generation that does not know how to prepare healthy food. An occasional season of fasting can help bring clarity and focus to food preparation and a healthy lifestyle.

I invite you to join me this spring at the Northfield Holistic Health Summit "New Beginnings" Saturday, May 4, 2024, to learn more about healthy lifestyle choices and the resources available to you. Ten local health practitioners will be presenting information on – herbs, homeopathy, acupuncture, toxins, neurology, allergy therapy, and more. Come join us for the day and enjoy a healthy catered meal by Café Shawn. More information at https://www.nutritionproportion.net/healthsummit2024 or scan the QR code.

Make your health a priority in 2024. Change is required, but the outcome is worth the effort. Little changes can make a big difference over time. If you would like to pursue a healthy lifestyle and increase longevity, I can help you start a plan.

Contact me to discuss your health goals for 2024. I can help you reach those health goals with whole food plans customized to your specific needs. You can contact me at nutritionproportion@gmail.com, or check out my website at www.nutritionproportion.net

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A Spring Adventure

By Cheri Roshon

Spring is here, and soon we will all be out looking for fun and interesting things to do. One of my favorite places to visit is Windy Willow Farm Adventure. They are located at 9748 110th Street E, Northfield, MN. and have a large variety of outdoor play ideas, as well as classes and programs to get "hands on" experiences for kids and adults, too!

Outdoors on the surrounding acreage are

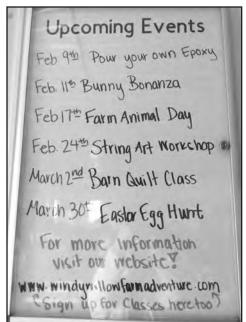
approximately 40 different activities to enjoy. There are interactive games, such as Giant Corn Hole, animals to get acquainted with, and many places to explore. Inside you will find opportunities to purchase handmade items, eggs, jellies, baked goods, and the very popular freeze dried candy! Classes in a variety of artistic and creative endeavors are open to the public, and are being added to as we speak!

For instance, there will be an Easter Egg Hunt on March 30th that has been very popular in past years, and on April 7th and 14th, you can experience Goat Yoga!!! If you have never heard of that particular type of yoga, it is an interactive yoga class with goats who like to participate with you, and sometimes, on top of you!!! You have to see it to believe











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it! Next up is the Truck and Tractor Days on June 14th and 15th. Come and explore what promises to be a fun weekend!

Colleen and her crew are always coming up with new ideas for learning and for good old fashioned fun! To find out more about their upcoming classes, etc, you can call them at (507) 581-9248. They have facilities for

birthday parties, family reunions, field trips, and family fun days. You can purchase one time passes, or seasonal passes if you want to come more often. You can also see what they are up to at windywillowfarmadventure.com for a list of activities and upcoming classes. It is a truly unique venue, and you will be glad you checked it out!



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Landowner Enrollment Begins for Walk-In Access Program

By Minnesota DNR

Enrollment is open for Minnesota's 2024 Walk-In Access program, which pays landowners to allow public hunting on private lands

Since 2011, the Walk-In Access program has enrolled parcels of 40 acres or larger with high-quality natural cover. Land enrolled in conservation programs like the Conservation Reserve Program or Reinvest in Minnesota is preferred, but is not a requirement. The program is currently ten thousand acres under its cap, so there is room to grow within counties that are eligible. Contact your local soil and water conservation district office to see if your county is in the program or could be added. This year, landowners can receive \$18 per acre enrolled. For more information about what land is eligible for this program, visit the Minnesota Department of Natural Resources website.

A \$3 validation fee paid when purchasing a hunting license allows a hunter to access en-

rolled parcels, which are marked with highly visible signs posted by Minnesota DNR staff. Walk-In Access is often seen as a win-win for hunters and landowners, said Amber Knutson, Walk-In Access program coordinator.

"Hunters have 29,000 acres of privatelyowned Walk-In Access land available to them," Knutson said. "Hunters can have confidence that they're welcome on these parcels."

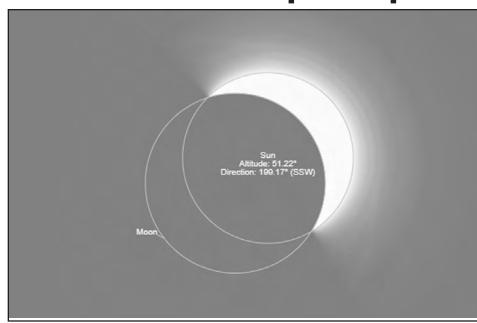
Participating hunters can access Walk-In Access parcels Sept. 1 through May 31. Hunting laws are enforced by Minnesota DNR conservation officers. Landowners aren't required to purchase additional liability insurance since enrolled lands are covered

by recreational use laws under Minnesota state statute.

This program is primarily funded through a Voluntary Public Access grant through the U.S. Department of Agriculture. Additional funding sources come through a \$5 surcharge on all nonresident hunting licenses, Walk-In Access validations, and donations made by hunters purchasing deer and small game licenses.

Landowners can sign up for the program at their local soil and water conservation district office or by contacting Amber Knutson at 507-706-6172. More information is available at the Minnesota DNR's Walk-In Access webpage.

Watch for the Solar Eclipse on April 8th



Picture shows approximate coverage of sun during eclipse

A solar eclipse will be visible in Minnesota on Monday April 8th, (weather permitting). This eclipse which crosses the continental United States will be about 75% complete in southern Minnesota and start at 12:45pm that Monday with maximum coverage at 2:02pm. The eclipse will end by 3:14 pm have taken about two and a half hours to transpire. The solar eclipse will be visible with 100% coverage in a band across the southern portion of the country. This includes San Antonio Texas, Little Rock Arkansas, Indianapolis Indiana and Cleveland Ohio.

The next full solar eclipse in this area will take place on September 2099, at 9:37am in case you miss this one. Solar eclipses take place at least twice each calendar year somewhere and repeat in the same location about every 375 years. A solar eclipse occurs when the moon passes between the earth and the sun. A lunar eclipse is more common and occur when the earth passes between the sun and the moon.

Certified eye protection is required for viewing the solar eclipse to prevent permanent vision damage.



CANNON FALLS

AGRI-CENTER



- RANDOLPH-HAMPTON-CASTLE ROCK MESSENGER -

35,000 Die from Antibiotic Overuse, Helium Shortage



By Shauna Burshem, D.C.

An estimated 35,000 Americans die each year from antibiotic resistant infections. Worldwide, the number rises to 4.95 million. Antibiotics are extremely overused in medical practice. Antibiotics are only useful for bacterial infections, they are useless for viral infections such as colds and flu. As far as childhood ear infections goes, 70% of ear infections clear up in 3 days without treatment and 80% clear up in 10 days without treatment. In addition to risks of developing antibiotic resistant germs in your body, the floxacin variety of antibiotics (the drug names that end in with the word floxacin), can increase your risk of aortic rupture and have

been linked to kidney stones, colorectal cancer and inflammatory bowel disease. Most antibiotics end up in our bodies not from medical prescription but from animal meat consumption. Animal meat that is not antibiotic free becomes contaminated and a source of antibiotic resistant infections. This is just one of many reasons to only eat organic chicken, beef, pork and fresh fish that is not farm raised. If you have minor bacterial infections, there are natural antimicrobials that do not cause drug resistance. Garlic, ginger, echinacea, goldenseal, oregano oil, olive leaf extract and liposomal vitamin C to name a few. Antibiotic medical prescriptions are needed to save lives in an extreme bacterial situation and are one of the most important drugs ever discovered. Taking these drugs unnecessarily and frequently will lead to a situation that when you actually need an antibiotic for a bacterial germ, the antibiotic will not work for you.

Sauna use four to seven times per week decreased the risk of dementia by 66% and 65% for Alzheimer's disease. Sauna use appears to boost brain health by lowering inflammation and blood pressure and improving vascular function.

Did you know that the gas helium used to fill up our balloons is mined from 3000 feet underground in a natural geologic formation called the helium reservoir? The Cliffside Gas Plant in Amarillo, Texas produces up to 30% of the nation's helium supply and 9% of the global supply. Helium is now in short supply which has the healthcare industry worried. Helium is the coldest element on Earth and is used to keep MRI machines

cool. Without helium, MRI machines will not work. Three out of the five U.S. helium suppliers are now rationing helium so that MRI machines take priority over parade and party balloons. It sounds like this is the time to start blowing up balloons the old fashioned way, with our breath.

It appears that the "conspiracy theory" that Covid-19 coronavirus was developed in a lab in China is not a theory any longer. Evidence gathered through the Right to Know Act shows that the ECOHealth Alliance in 2018 proposed gain of function research (this is the type of research used to develop vaccines) on bat coronaviruses. Documents show that American scientists planned to work with China's Wuhan Institute of Virology to engineer coronaviruses with SARS_CoV-2 features the year before the virus emerged from the city. In his new book, Senator Rand Paul states that the COVID-19 pandemic was the result of Anthony Fauci's decision to fund the bat coronavirus gain of function research in China. This research was banned in the U.S. at the time. Paul goes on to say that Fauci profited from the Covid-19 pandemic disaster in the amount of 5 million dollars. In an interview on the Tucker Carlson show, Paul states that the pandemic killed millions of people and Fauci should serve prison time.

Vitamin D3, sometimes known as the "sun-



shine vitamin", is more than just one of the many supplements on the shelf—it's a powerful player in our overall health. Vitamin D is essential for the health of our bones, but did you know that Vitamin D3 also plays a crucial role in strengthening our immune system? This is why there are less cases of colds and flu in the summertime when more people are exposed to sunshine. Then there's the topic of cancer prevention. While we don't have all the answers, research suggests that Vitamin D3 might help out again by putting up a fight against certain types of cancer cells including colorectal cancer. So, please consider how Vitamin D3 supplementation could be a simple, yet effective addition to your daily routine. It's all about giving your body a bit of extra support so that it can take care of you better.





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Sports

Calvin Singwald places 2nd at the MN State High School Wrestling Tournament!

Submitted by Chad Otterness

Calvin pinned his 1st round opponent Elliott Weyandt of Minneapolis Roosevelt, then defeated Jake Kos of Simley 4-2. In the semi-final round Calvin won 11-2 over Mason Nelson of Mora. In the championship

match Calvin lost a high scoring match 13-12 to Christian Jelle (Grand Rapids). CF/R other participants Adam Parrish 114 LBS and Tristan ZIngler 189 LBS lost their 1st round matches and did not place.

MSHSL State Championships Results for Cannon Falls/Randolph

114AA

Adam Parish (42-5) place is unknown and scored 0.0 team points.

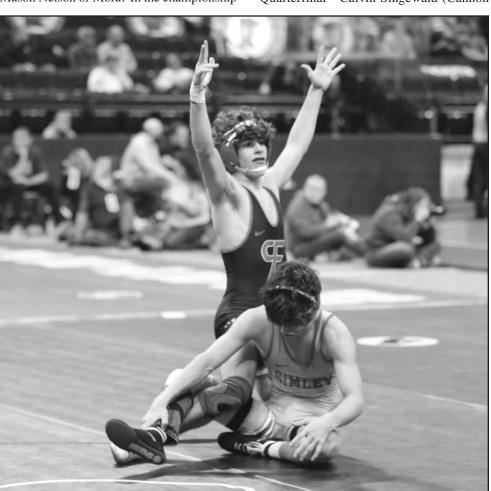
Champ. Round 1 - Roman McKinney (Pine City-Hinckley-Finlayson) 34-7 won by decision over Adam Parish (Cannon Falls) 42-5 (Dec 6-5)

127AA

Calvin Singewald (44-6) placed 2nd and scored 0.0 team points.

Champ. Round 1 - Calvin Singewald (Cannon Falls) 44-6 won by fall over Elliott Weyandt (Minneapolis Roosevelt) 31-15 (Fall 2:00)

Quarterfinal - Calvin Singewald (Cannon



Calvin wins 14-2 over his Simley opponent!





Calvin Singwald in the championship match!

Falls) 44-6 won by major decision over Jake Kos (Simley) 46-7 (MD 14-2)

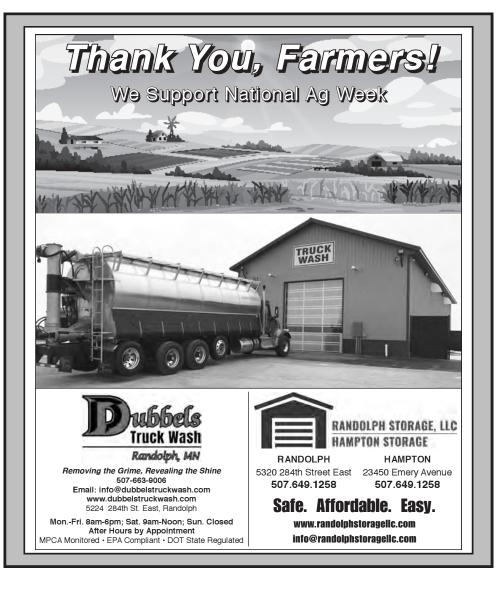
Semifinal - Calvin Singewald (Cannon Falls) 44-6 won by major decision over Mason Nelson (Mora) 41-10 (MD 11-2)

1st Place Match - Christian Jelle (Grand Rapids) 46-0 won by decision over Calvin Singewald (Cannon Falls) 44-6 (Dec 13-12)

189AA

Tristan Zingler (36-5) place is unknown and scored 0.0 team points.

Champ. Round 1 - Aidan Mattison (Marshall) 39-11 won by decision over Tristan Zingler (Cannon Falls) 36-5 (Dec 5-3)



Sports

Cannon Falls-Randolph Wrestling Season recap



Submitted by Jen Zingler

The Wrestling season has officially come to an end with a great banquet.

Team Season Record overall 15-14 Team record HVL 2-5

Team earned HVL All Academic Gold

HVL All Conference: Adam Parish, Calvin Singewald, Monette Otterness, Tristan Zingler

HVL Honorable Mention: Teigan Baird, Owen Parish

JV HVL Conference Place Winners:

3rd Place Cristopher Flores Miranda 5th Place Rocco Casalenda

Tournament Team Results:

Bi-State 11th Place (Division 2 - out of 28 teams)

CF invitational - 2nd Place

Stewartville Invitational - 4th Place **Girls Section 1 & 2:** 3rd place Monette Oterness

Section 1AA place winners:

1st Place - Adam Parish, Calvin Singewald, Tristan Zingler

5th Place Teigan Baird

State Tournament Entrants:

Adam Parish, Calvin Singewald, Tristan Zingler

2nd Place - Calvin Singewald

Milestones Reached This Season

50 Career Wins: Lucas Freeberg (54-96) Jonathon Opelt (69-56) Adam Parish (72-19) **75 Career Wins:** Tristan Zingler (94-45),

Teigan Baird (80-58)

150 Career Wins: Calvin Singewald (158-31)

New Season Records:

Falls - Adam Parish (31) Takedowns - Calvin Singewald (198) Most Valuable - Calvin Singewald Most Improved - Adam Parish and Teigan Baird

Most Dedicated - Calvin Singewald













Down on the Farm/ Up at the Cabin

How to Make Friends in a New Community: Being Helpful

By Monica & Claudia Vanderborght

When all is said and done, it still takes time for a home purchase to close. Monica finally had a purchase agreement on a small farm: 20 acres with rolling topography and some fenced pasture, a barely nice four-bedroom home with attached garage, and a huge 40' x 90' pole barn. And still some summer remained to make local friends before her teaching job began in September.

Monica's daughter was grown with a family of her own – it's difficult to make friends when your kids are adults. But church would be a key to meeting some local folks and maybe some farmer friends. (Farming sounded like fun, but Monica realized that she knew nothing and would have a lot to learn.)

Monica settled into a local community

church. Although the congregation was clothes, her cooler and grill, the air mattress, small, it was welcoming. With instant friends: there were two female veterans, a single middle-aged teacher, and a few families who farmed. Having time on her hands before house closing and school starting, Monica offered to help her new friends with whatever was needed. One family invited her to help trim grape vines in their vineyard; it was hot, sweaty work, standing on a steep hillside -- but Monica liked being outdoors and loved learning new skills.

One Sunday, Monica listened to the teacher exclaiming frustration about her basement renter: the gal was behind on rent, causing problems, and refusing to leave. Monica had heard many stories from her dad about how difficult it was to evict tenants, usually costing thousands of dollars and causing months of frustration. Monica is a problem solver, had experience with renters, and loves to help others; she offered her new friend help in evicting the tenant.

"Let's make this official," Monica suggested. "Write up a lease and I will pay you \$1 in rent to make the contract legally bind-

Contract in hand, Monica packed a few

a few miscellaneous essentials, and moved into the other basement bedroom. The difficult tenant had gone away for the weekend, so while she was gone Monica helped pack her belongings.

Anything that might be used as a weapon (knives, tools) were stored at the bottom of the box, clothes and dishes on top. Two days later, the delinquent renter returned and discovered Monica -- her new, helpful roommate.

The shouting and cursing began, including pleas like, "Where I am supposed to go? I have nowhere to live! How am I supposed to move? I have nowhere to go...'

After pointing out that this was not the homeowner's or Monica's problem, Monica ignored her. The homeowner simply repeated her requests for rent owed.

Knowing that possession is nine-tenths of the law, Monica was careful not to leave the apartment. When dinner time came and she wanted to use the grill, Monica simply locked the bedroom door and climbed in and out of the window!

The tenant was – of course – furious and threatened to call the police. Both the home-

owner and Monica agreed that was a wonderful idea (much to the chagrin of the apartment squatter). A very nice officer came to the home, understood the dilemma, and asked to speak with each person individually. When it was her turn, Monica presented her driver's license and military identification (knowing that many officers had served in the military).

"I have my own home," Monica explained, "but I am just trying to help my friend, the homeowner."

"You know this isn't the normal way of doing things," the officer said.

To which Monica completely agreed. So the officer phoned the chief for advice on the legalities of the situation.

"Good news and bad news," the officer told the young lady. "No, the homeowner cannot force you to move out. You have a legal right to stay and make the homeowner go through the normal eviction process. The bad news is that Monica, having a legitimate lease, also has a legal right to stay."

Within 24 hours, still shouting and cursing, the delinquent renter packed up the rest of her belongings and moved out. Monica left a day or so later.





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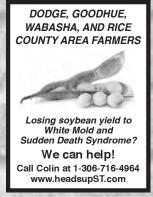
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Minnesota DNR

Rainfall Monitoring Network Seeks Volunteers

Participants provide important data about precipitation, climate trends

By Minnesota DNR

The Minnesota State Climatology Office is seeking rainfall monitors for the Community Collaborative Rain, Hail and Snow Network. The network includes more than 20,000 volunteers nationwide who measure precipitation in their backyards using a standard 4-inch diameter rain gauge.

Participants submit their precipitation reports online. The data from backyard rain gauges are a critical source of information and it's beneficial to add more volunteer weather observers each year, even in areas where there are already volunteers.



"Rainfall and snowfall amounts can vary widely over a short distance, so a variety of reports is helpful in the same community or area," State Climatologist Luigi Romolo said. "We have some areas in greater Minnesota that have very few reporting stations. The more we have across the state, the better information we all have."

"Over time, as more volunteer reports make our precipitation maps more accurate, these observations provide critical guidance on Minnesota's changing climate," Romolo added. "This is also a great educational activity for families with kids and a rewarding hobby for anyone interested in weather or climate."

Volunteers are particularly needed outside the immediate Twin Cities metro area. Volunteers receive training on how to observe weather trends and how to submit their precipitation and weather event reports. All training material is available online. Participants must purchase or provide a standard 4-inch diameter rain gauge (available at discount through CoCoRaHS) and have internet access to submit reports.

For the past four years, Minnesota has won the "CoCoRaHS Cup" for recruiting the most new volunteers of any state. "We're hoping Minnesotans will again come through in 2024 to keep the cup in Minnesota and, more important of course, to improve our state's precipitation recording," Romolo said.

To sign up or for more information, visit CoCoRaHS.org opens in a new browser tab or contact Luigi Romolo at luigi.romolo@state.mn.us opens in a new browser tab.

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Open Grants Support Literacy and Community Beautification



Tim Penny So. MN Initiative Foundation

Since 1986, Southern Minnesota Initiative Foundation (SMIF) has invested \$56.9 million in grants in our 20-county region. While these grants support a wide range of projects – from providing books to young children to supporting small town growth – they each have had a transformative and long-term im-

pact on the future of southern Minnesota. Two grant opportunities are open now.

We are currently accepting applications for our Early Literacy Grant program. More than 100,000 children have been impacted by this grant which aims to enhance school readiness for children from birth to age eight by providing books to families. Schools, libraries and other early childhood-focused organizations have received this grant in the past which has been essential for building children's confidence as readers throughout the region. The program receives books through partnerships with publishing companies, Capstone and ABDO, which helps ensure a diverse selection of books are available for families to read to their children. Applications are due March 5, 2024. Contact Heidi Coulter at heidic@smifoundation.org with questions.

I always look forward to the Paint the Town Grant cycle which offers free paint for various community beautification projects. In Peterson, the public library now has a mural on the side of the building that depicts a gnome mailing a letter, adding to a community-wide gnome theme which draws tourism to the area. In Elmore, a mural was created by keeping most of the design low to the ground. This enabled people to sit down while painting, making an inclusive process for those unable to climb ladders. By making this grant specific to towns under 10,000, SMIF can help small communities access resources that are sometimes limited.



In the past, the Paint the Town Grant has been made available for murals, historic structures and welcome signs. I am excited for a new component that communities can apply for this year: the ability to use paint for public art and creative placemaking projects. I look forward to seeing what projects communities use paint for that contribute to the vibrancy of their town. Applications for this program are due by March 28, 2024. Contact Alissa Oeltjenbruns at alissao@smifoundation.org with questions.

Several more grants will open up later this year. During the summer, we will open up the Small Town Grant program which supports communities with populations of 10,000 or less with projects that impact the culture, education, economy and social aspects of the town. In the fall, the Early Care

and Education Grants will open, which support important services for children birth to age five. Around the same time, the Inclusive and Equitable Communities Grant will open, which supports equitable entrepreneurship. To learn more about these grants, visit smifoundation.org/grants.

Over the past 38 years, SMIF's grants have been able make significant, and sometimes even visible, progress in southern Minnesota, contributing to early learning, economic development and community vitality. I can't wait to see how organizations use this year's grants to make our region an even better place to call home.

As always, I welcome your comments and questions. You can reach me at timp@smifoundation.org or 507-455-3215.

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Local Government

City of Randolph Regular Council Meeting February 14, 2024

The regular Randolph City Council meeting was called to order at 7:00 p.m. by Mayor Marie Jacob.

Roll Call

Present were Mayor Marie Jacob, Council Members Todd Carlock and Tony Price, Treasurer Sandy Nicolai and Clerk Mary Haro. Absent was Council Member Jacob Friedrich.

Also, in attendance was Bolton & Menk engineer, Matt Blazer.

Approval of Agenda

Motion to approve the agenda was made by Carlock, seconded by Price. All voting in favor, none opposed, motion passed 4:0.

Public Comments

None.

Minutes

A motion to approve the January 10, 2023 regular council meeting minutes was made by Carlock, seconded by Price. All voting in favor, none opposed, motion passed 4:0.

Approval of Treasurer Report and Payment of Bills

Motion to approve the payment of bills was made by Jacob and seconded by Haro. All voting in favor, none opposed, motion passed 4.0

Sandy indicated that a payment was made to Castle Rock Bank in the amount of \$15,733.50 for the water tower loan that we need to make every six months however she indicated the payments can vary.

Also there was an error on a check that was supposed to be written to Patrick Kelly was mistakenly made out to Levander, Miller & Gillen. Jacob made a motion to void the check payable to Levander, Miller & Gillen in the amount of \$893.95 and reissue a check

payable to Patrick Kelly in the amount of \$893.95 in regard to the land transaction for the holding ponds, seconded by Carlock. All voting in favor, none opposed motion passed

Old Business Change Orders

We discussed if we want to move forward with allowing Bolton & Menk to approve change orders for a certain dollar amount. In order to keep the project moving it would be helpful to give them an ability to approve some things otherwise we could end up having to do a special meeting which we have to post for 3 days to approve items and would delay it more. If we thought it was abused we could revoke the authority. Matt indicated that he would bring any change orders up at the next council meeting.

the next council meeting.

After discussion Clerk Haro made a motion to approve Resolution No. 24-01 authorizing City Engineer authority to approve work orders for Sanitary Sewer Improvements Project up to \$5,000, seconded by Price. All voting in favor, none opposed, motion passed 4:0.

New Business Dakota County Deputy

Deputy Heather Nelson was present and asked if we had anything to discuss. She didn't have anything to report.

Appointment of Election Judges

Motion to appoint the Election Judges of Colleen Taubman as head judge, Heather Siebenaler, Michelle Splichal, and Mary Haro for the Presidential Primary Election set for March 5th made by Mayor Jacob, seconded by Price. All voting in favor, none opposed, motion passed 3:0. Haro abstained from the vote.

Building Permit for Alex Fairbanks

Mr. Fairbanks would like to add an addition

to his one story addition at the back of his house that he added several years ago and make it a two story. He presented plans for the addition. Jacob made a motion to approve the building permit pending the building inspector, Mark Ceminsky's review and approval of the plans, seconded by Haro. All voting in favor, none opposed, motion passed 4:0.

Bolton & Menk Sewer Update

Matt indicated that the testing on the holding pond property that the state requested passed so nothing further has to be done. He indicated that the bedrock was deeper than they thought. We can now store triple the amount of water for the spray irrigation if we had to.

The contractor is looking to start up this year around mid to late March. They are working on their schedule and there will be another newsletter going out to citizens.

More trees were taken down and there are three more that need to be cut down. There were some trees marked that were not cut down. They decided to be more conservative

They may start some work on the storm water ponds soon.

They have been discussing some things with Randolph Township and the homeowner next to the holding ponds. We want to address all of their concerns. We want to be good neighbors. We may revise the CUP so we may see some notifications regarding that.

Council Reports

Carlock indicated he would like us to say the Pledge of Alliance at the start of our council meetings. We are in agreement for doing this and will try this for our March meeting. We will put this on our agenda as the first item. Todd also indicated at the Cannon River Watershed meeting that there was an online presentation given by the State and there was another creek in the watershed that was high in nitrates and noted as being critical.

Mayor Jacob noted that some streets signs are hanging or missing. We will not replace these until after the construction if they are not replaced by then but please make a note of any that you see when you are out. Matt noted that towards the end of the project we should do an inventory and see if can add those to the project but noted that it would not be a fundable item but since the contractors would be in town it would be less expensive to have them do it. He noted that the county is going to be replacing all of the signs on the county roads in the city.

Mayor Jacob asked Greta about how much a project has to be to get bids for it. The requirements are if it is \$25,000 or less, the council has discretion as to what option to use. We can get bids or not get bids and just pick someone. If we go with bids, we need to get at least 2 and keep them on file for a year. For work between \$25,001 and \$175,000, council can chose to use competitive bidding or directly negotiate a contract. If we opt to negotiate, we must get at least 2 bids and keep them on file for a year. For anything over \$175,001, we must use competitive bidding.

Marie noted that Jim Heiman is still working on getting a bid to us for the remodel of the restrooms in City Hall and hopes to get it to us soon.

Adjournment

Motion to adjourn the meeting made by Jacob, seconded by Haro, the meeting was adjourned at 7:48 p.m. All voting in favor, none opposed, motion passed 4:0.

Respectfully submitted,

Mary Haro





Local Government

Hampton City Council Meeting February 13, 2024

The Hampton City Council met on Tuesday, February 13, 2024 at the Hampton City Hall for the regular scheduled meeting. Present were Mayor John Knetter (via Zoom); Council Members Jerry Huddleston, David Luhring, Anthony Verch, and Nick Russell. Also present was Brad Fisher with Bolton & Menk and Chris Meyer, City Treasurer.

Regular Meeting called to Order - Mayor Knetter called the Regular Scheduled Meeting to order at 7:00 p.m.

Disclosure of Interest – None

Approval of January 9, 2024 Special and Regular Scheduled Meeting Minutes -Motion by Luhring seconded by Huddleston to approve the January 9, 2024 Special and Regular Scheduled Meeting Minutes. All voted in favor. None opposed. Motion passed 5:0.

Approval of Disbursements – Motion by Russell seconded by Luhring to approve the February disbursements. All voted in favor. None opposed. Motion passed 5:0.

Public Comments – None

Councilor Luhring mentioned to Mayor Knetter that a member of law enforcement

was in attendance at the meeting. Knetter asked the Deputy if he had anything to report. The Deputy introduced himself as Bobby Lambert. He stated that there recently has been a problem with theft from vehicles and that people need to be reminded to lock their vehicles. Also, an important deterrent to vehicle theft is for people to not leave things in their vehicles that are visible from windows.

Petitions, Requests, and **Communications:**

2023 Treasurer Year-End Financial Summary - Chris Meyer - Chris Meyer, City Treasurer, reviewed the 2023 Year-End Financial Summary. He explained that this is a required annual financial report that lists beginning balances, deposits, disbursements, and month-end balances for the year for the City's bank accounts. Meyer stated that, if the City had funds invested in certificates of deposit, those would also be listed on this report.

2023 City of Hampton Financial Statements - Chris Meyer - Meyer outlined the timeframe for preparation of the City's Financial Statements. He stated that he would be emailing the draft financial statements to Council the next day, as draft financial statements need to be made available for public review and provided to Council members within 45 days after the close of the fiscal year, per State Auditor requirements. Meyer explained that draft financial statements are prepared on a cash basis. In March, year-end accruals will be done and depreciation will be posted prior to preparation of the City's final Financial Statements.

Northfield Blvd. resurfacing project -Dakota County Transportation Department -Mayor Knetter referred to the correspondence included in Council meeting packets which stated that a planned 2024 resurfacing project on Northfield Blvd. has been rescheduled to the summer of 2025. (Informational – no action necessary.)

Randolph/Hampton Fire District March Business Meeting Invitation - Mayor Knetter stated that this is an annual invitation from the Fire Department to Council, asking Councilors to attend their March Business Meeting.

Mayor Knetter stated that he wants an item on the March City Council agenda, allowing him to explore other options for the City's Information Technology support, mainly due to recent inaction from the City's current service provider on a requested service.

Reports of Officers, Boards, and **Committees:**

Engineer's Report - Brad Fisher, of Bolton & Menk, updated Council on the 2024 Pavement Maintenance Project. Bolton & Menk advertised for bids and received six. Included with Fisher's report is a summary of bid information. The low bid came from MN

Paving & Materials, and it is the recommendation of Bolton & Menk that Council award the project to them based upon their competitive bid price and their prior work experience on similar projects. Fisher asked Council to approve a resolution accepting the bids as presented and awarding the contract for the 2024 Pavement Maintenance Project to MN Paving & Materials. Motion by Luhring seconded by Huddleston to approve Resolution 2024-03, accepting bids received as presented and award the contract to the low bidder, MN Paving Materials. All voted in favor. None opposed. Motion passed 5:0.

Water / Sewer Report – Mayor Knetter reported that he has been in contact with the MPCA regarding the City's permit requirements in reference to the Phosphorus Management Plan

Park Report – Councilor Russell stated that the weather only allowed for a one-week ice season. The tree removal in the park is complete and the job was done well. Mayor Knetter mentioned that he would like to donate a tree and asked for Council opinion regarding options for tree species to replace trees that were removed. Russell mentioned that he has a contact with the DNR that he can talk to about that.

Street Report – Councilor Luhring stated that the Doffing Way/Hampton Ave. sign was ordered and is here at City Hall, ready to be installed.

Ordinances and Resolutions:

Resolution 2024-02 - Approving a Donation - Mayor Knetter stated that this is a \$1,000 donation from the Hampton Cardinals Baseball Team and the Hampton Area Boosters to purchase protective screens to be placed in front of the baseball field dugouts. Knetter also mentioned that the cost will be more than \$1,000, so the City will be asked for additional funds for the purchase. Motion by Russell seconded by Luhring to accept the donation from the Hampton Cardinals and Hampton boosters for the purchase of the protective screens. All voted in favor. None opposed. Motion passed 5:0.

Resolution 2024-03 - Accepting bids and awarding contract – 2024 Pavement Maintenance Contract. (This was discussed and approved under the Engineer's Report.)

Unfinished Business - None

New Business:

Building Cleaner position – Discussion regarding hiring an employee versus a cleaning service company. Consensus of Council is to find a cleaning service company to do the

Adjournment - Motion by Verch seconded by Russell to adjourn the meeting. All voted in favor. None opposed. Motion passed 5:0. The meeting adjourned at 7:16 p.m. Respectfully submitted, Judy O'Brien

Hampton Township

Planning Commission Meeting Minutes February 12, 2024 7:30pm

Meeting was called to order at 7:30pm by Jeremy Irrthi

ATTENDANCE

Jeremy Irrthum Matt Bester

Cody Tix Absent: Casondra Schaffer

Others Present Were: Karla Gotham, Steve Gotham, Ryan Endres, Danny Endres, Tom Endres and Andrew Endres

- Andrew Endres
 - o aendres.endresfarms@gmail.com (612.716.7701) o 5869 222nd Street East

 - o Parcel Split Request

Endres's wanted to split 9.59 acres from the 74,78 acre parcel on PID#17-00400-25-015. A the split creates two parcels both qualified as standard lots. The Endres's were advised that 9.59 acres is may be defined by the county as residential and not Agricultural. The Planning Commission recommended the Endres's contact Dakota County to verify how many acres they need for it to remain Agricultural and update their survey appropriately. They were advised they could have 4.5% of their entire lot in out-buildings in which grain bins count toward that 4.5% but the house does not.

Cody Tix made a motion to recommend approval of the parcel split as long as they stay equal to or above 1.5 acres. Dave Peine seconded. Motion carried.

- Danny Endres
 - o Arci55031@yahoo.com (651.214.0414)
 - 6155 225th Street East
 - o Permit request for new shed 32x48

Danny owns 4.2 acres but he bought 2 acres of his dad's land. He has 3 existing sheds. With those 3 sheds in addition to the new shed he would like to build (48x32) it is a total of 5,042 square feet and he is allowed 7,840 square feet total in outbuildings. Setbacks look good and shed will be used for cold storage. Matthew Bester made a motion to approve the new shed for Danny Endres since it meets the requirements of square footage and setbacks. Cody Tix second Motion carried.

- Ryan Endres
 - o ryan.endres@yahoo.com (651.248.8249) o 22860 Caneff Road, Hampton

 - Permit request for new shed

Ryan Endres owns 5.91 acres which allows him a total of 11,565 square feet total allowed for outbuildings. He has 1 existing shed and that combined with the new one will be a total of 3,168 square feet. Setbacks look good. Dave Peine made a motion to approve the shed for Ryan Endres on his property @ 22860 Caneff Road. Matthew Bester seconded. Motion carried.

- Karla Gotham
 - 0 651.230.7446
 - D 9130 250th Street East
 - Request to put parcel back to AC

Karla was in to ask about getting her parcel back to AG. When they purchased the property it was AG Disabled Vet. Since the Gotham's are not Disabled Vet the County rezoned the property to residential because she did not have 12 tillable acres. The Gotham's have a boarding facility for their horses. Jeremy Irrthum made a motion that the property at 9130 250th Street East return to AG homestead. It is no longer AG Disabled Vet but the AG should stay. Dave Peine seconded. Motion carried. Karla was advised to see if the County has a form she needs to fill out and bring to the Board of Supervisors).

Cody Tix made a motion to adjourn the meeting @ 8:01pm. Matthew Bester seconded. Motion carried. Meeting was

Date Signed: __02/21/2024_ Skungelinth

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Changes in Latitudes, Changes in Attitudes

Self-Checkouts and the "Pig"



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell.
Terry now splits his time between Minnesota when its warm here and Tennessee when it's cold here.

I do not care for self-checkouts. I never wanted

to be a cashier at Dollar General. When I go to a store I expect to be waited on. I stop at the Piggly Wiggly in town. The 'Pig" was the first self-service grocery store in the country. It started in 1916 in Tennessee, and

no one knows why the name. But down here everyone loves them and refers to them as the "Pig". Originally no one shopped for groceries. You gave your list to the clerk, who filled your order. The Piggly Wiggly changed all that.

There are always a couple smiling faces from the clerks standing at the checkout lines. They are genuinely friendly and talkative. Southern kids seem more respective and courteous. They check the egg carton for cracked eggs. The other night the young girl went to ring up my groceries and she noticed a rip in the brown sugar bag. I never saw it, but she ran off to get another one off the shelf before finishing up my purchase. They have carry-out kids as well. They put the bags in the cart and start for the door. You just walk behind them and point them to your vehicle. They ask about your day, talk about the weather, inquire about your plans for the weekend. It is refreshing to have a pleasant visit. I usually have my old black lab in the back seat of my pickup and they say hello to my dog and tell me about their pet, while stacking the bags in the front seat. I don't ever expect Piggly Wiggly will have selfcheckouts.

One evening I had to drive to Clarkesville to get dog food. I feed NutriSource dog food. It is a high-quality food and that was the closest store that sells it. It's a forty-five minute drive to J-M Petland. I take State Hwy 79

into Clarkesville and turn on Charlemagne which intersects Fort Cambell Boulevard. Charlemagne Blvd is where the tornado hit Clarkesville in December of 2023. Over ninety homes were destroyed along that road.

I don't go up Fort Campbell Blvd very far. It will take you right into the Army base. I tried going to Fort Campbell one time to get an item my wife bought off marketplace. I had to stop at the guard shack to get permission to enter the base. They asked for driver's license, proof of insurance and vehicle registration. There was a very grumpy guard on duty. My insurance card had my name, address, vehicle information and VIN. He asked where my vehicle registration was and I said the info was on my insurance card. He wouldn't even look at it. He just looked at me and barked back that shouldn't even show up without the proper documentation, I was told to leave immediately and "Next". I left feeling fortunate I wasn't shot over this infraction.

On my way back from the pet store I stopped at the Dollar General outside of Woodlawn. I recall a red Mustang convertible leaving as I pulled in. I went in to get some plastic flowers for a window box on our house. We don't plant real flowers so we don't have to water them. I selected my red, blue and yellow flowers and looked for a clerk. No one was to be found. I went to the self-check out and rang up my order, paid with my card and looked around before leaving. It was after 9pm and no one in the store. I walked out to my pick-up and then noticed there wasn't another vehicle in the parking lot. I had just shopped at a non-staffed store. Maybe the girl in the red Mustang was the employee and just decided to go home early for the night.

As I drove home, I pondered this experience. There are big cities where people loot stores and shoplift merchandise at will. Some stores have to lock up items to keep them from walking out with light fingered shoppers. I am so happy to live in a place in Tennessee where people have integrity and be part of a community where the honor system works because the people there can be trusted. Nationwide the trend for self-checkout seems to be reversing. Todd Vasos, Dollar General CEO just announced that a number of stores opened in the last year with self-checkout only, will be converted back to conventional clerk checkout shortly. It seems that shrinkage at these un-manned stores is more than double the national average. I stopped by at the local DG the other day to buy an electric shaver. After I completed my task as a checkout clerk, I headed out. I hadn't been trained on how to deactivate the magnetic tab on the box. That is where the alarm went off. I had tripped the theft alarm at the front door with my shaver purchase. I wasn't paid to be part of the loss prevention team so I just walked to my car with the alarm bell ringing in my ear.

HAPPS EASTER WISHING YOU AND YOURS A WONDERFUL HOLIDAY! From All of Us at the Randolph-Hampton-Castle Rock Messenger

A Minnesotan: Easter Bunnies



By RosaLin Alcoser

There are many things to be said about Easter Sunday. From egg hunts to new Easter hats to funny Easter morning sermons that we've all heard at church. All of which I could go on and on about.

One of the things that has always been my favorite since I learned about chocolate has been Chocolate Easter Bunnies. But my love for them is nothing compared to the love my father has for chocolate bunnies. He loves them so much that I have seen him sing about them as he does a little dance. What he especially loves to do is to bite their ears off.

About two Easters ago my father, the pastor, was given multiple chocolate Easter bunnies by members of his churches. He was probably given about

four or five bunnies that year from church members plus the one that we had already gotten for him.

The fact that he had multiple bunnies excited him to no end and that afternoon he felt he needed to bite the ears off of each

chocolate bunny in succession. So we stood with the camera ready to watch him do just that, because one of those church members who had given him a bunny asked to get a photo when he went to bite the one she gave him.

So, he went down the line biting into the ear of each chocolate bunny and then he got to that last one that we had been asked to take the photo of. And when he bit into it, it wasn't chocolate, but instead was hollow plastic. It looked so much like it was real chocolate he didn't even suspect that it wasn't real. After that he started to shake it and take it apart in hopes that there would be candy inside of the plastic bunny.

However, it was much like the tomb when he opened it up there was nothing there. The disappointment painted across his face when it dawned on him that he had been tricked was like no other. It was also the exact reason we were asked to photograph the moment.





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THEME: MARCH MADNESS

ACROSS

1. Window addition?

6. Huge software company9. Spill the beans13. Watcher

14. Acronym, abbr

15. Words to live by

16. Ocean-dwelling

17. Polynesian necklace

18. "Once upon a midnight dreary" bird
19. *Fill-in-the-blanks, March Madness style
21. *"One _____ Moment"

23. Like jalapeÒo

24. Give off

25. Bean counter?

28. *Dominate opponent, slangily

30. *____-elimination tournament 35. Bricklayers' carrier

37. Wood sorrels 39. Jeweler's unit

40. Alight, past tense 41. Swings around

43. Spice Girl

44. Bubonic plague carriers46. Away from wind

47. D'Artagnan's sword 48. *Elite Eight, or the _ round of tournament

50. Bono's bandmate, with The

52. Make a mistake

53. Landlord's due 55. Small lump

57. *State Farm Stadium state

61. *Not pro

65. Chocolate substitute

66. Hot temper

68. Derived from oats

69. Cuckoo

70. Sir George Ivan Morrison's stage name

71. Baby at a recital

72. Have supper

73. Young newt 74. Many affirmatives DOWN

1. Brush alternative

2. Culture-growing turf

3. Long forearm bone

4. Satvr 5. City in Poland

6. *Delta Center location: Lake City

Hole-in-one

8. Type of polyhedron

9. Raisin's breakfast companion

10. Denim innovator

11. Port in Yemen

12. Toker's pipe15. Professional reviewer

20. Not pathos 22. Not hers

24. Shoulder rank display25. Winnowing leftovers

26. Chicken in Mexico

27. Farewell in Paris

29. *School with most NCAA basketball titles

31. Back of the neck 32. Search blindly

33. Lightsaber beam

34. Olden days anesthetic

36. *____ player 38. Garden starter

42. D.S., in sheet music

45. Dance club light

49. Female chicken 51. Speech at a funeral

54. Lacking guile

56. What speakers do

57. LSD, e.g.

58. Indian princess 59. Turkmenistan's neighbor

60. *Type of defense

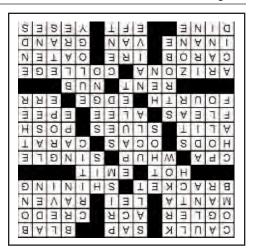
61. One tenth of a dime 62. Airline postings, acr.

Type of pool

64. What means justify

67. Churchill's "so few

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