



MAZEPPA and ZUMBRO FALLS

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NOVEMBER, 2023

Volume 18 • Issue 4

Announcements

• The Mazeppa Area Historical Society sends out a "Huge Thank You" for all of you that attended our "Fall Supper"- it was a Huge Success! Everyone came hungry & left happy! Thank you for your support!

• Three Rivers Community Action is currently accepting new Meals On Wheels clients in the communities of Zumbrota, Mazeppa, Goodhue, Pine Island, Kenyon and Wanamingo. Receive a hot meal delivered to your home by a volunteer at lunch time up to 5 days per week. To qualify you must be 60 or older, live within city limits, have limited mobility and/or are unable to prepare nutritious meals. The suggested donation is \$4.50 per meal. For more information on how to sign up for meals or to be a volunteer driver, please contact Dana Bergner at 507-421-6067 or dbergner@threeriverscap.org

• Celebrate Recovery meetings every Sunday night at 5pm at South Troy Church, 56817 Highway 63 Zumbro Falls, MN 55991. Email for questions is: celebraterecoverysouthtroy@gmail.com

• The Zumbro Valley Food Shelf is located at South Troy Wesleyan Church, 56817 Hwy 63, Zumbro Falls, MN. The hours are Tuesdays 11:00am-5:00pm and Thursdays 11:00am-6:00pm. Donations and volunteers are greatly appreciated. For more information contact Pastor Colleen Hoeft at 507-259-1442 or choeft52@gmail.com.

• The Mazeppa Area Food Shelf, serving Mazeppa, Bellechester, and Zumbro Falls Area is open the second Thursday of the month from 9:30-11 am and 3:30 - 5:30pm, and the fourth Thursday from 3:30 - 5:30pm. Food drop off locations are First State Bank of Red Wing, Mazeppa Branch, and Entry way to Mazeppa City Hall.

Do you have an announcement?
Email: hometownmessenger@gmail.com

Jo's Coffee Truck

Coffee, Tea and Community is the slogan on Jo's Coffee Truck. Owner Tara Gullickson got the idea for the venture 2 years ago when she had become disillusioned with working for corporate America and decided she would rather brew and serve coffee in her small community.

After making the decision to embark on her new adventure, she purchased the equipment and trailer. With the help of friends and family in the trades they custom built the trailer to her unique specifications. Spring of 2023 she started serving her products at Oronoco Online Auctions. She has also set up at a few weekend events around the area. This fall she relocated beside the Mazeppa BP station where commuters on Highway 60 can stop for a quick hot/cold coffee or tea of their choice while on the way to work.

Jo's serves espresso based coffee drinks, hot/frozen cocoa, herbal teas, smoothies, refreshers, and pastries provided by Hanisch Bakery.

(continued on page 3)



Christmas in Zumbro Falls Saturday, December 2

Lots of fun activities going on for the whole family in Zumbro Falls on Saturday December 2nd.

Kickoff to Christmas in Zumbro Falls starts with a residential lighting contest with judging on December 1st. Saturday morning pancake breakfast with Santa, crafts and bake sale at the Zumbro Falls VFW. Free wreath making at the Fire Department 10-11AM. Zumbro Falls VFW Ladies Auxillary chili feed 11AM-1PM. Vintage snowmobile swap and by the Zumbro Falls Memorial 11AM-3PM. Bingo at the Neptune Bar or Cribbage at the VFW 1-3PM. Parade line up at 5:30 PM at Cardinal Field \$10 per entry; parade at 6PM. Grinch Costume Contest at the Neptune at 9PM. Don't miss out on the Zumbro Falls 2023 annual holiday ornament for \$10.

(continued on page 3)

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Count Your Blessings



By Pastor Colleen Hoeft

What are you thankful for? Family, friends, job, home, heat, gas, food, clothes, freedom, Being thankful is a guaranteed way to cure envy and jealousy. When we are grateful for what we have and who we are and the people in our lives- we aren't envious of others. We learn as Paul taught us that we can be 'content in every situation.'

Sometimes we need to give ourselves a good talking-to. Psalm 103 is a prayer by David in which he talks to his own soul and reminds himself to "bless the Lord" and "forget not all his benefits." Most of us are better at criticism than at praise. We've all had people in our lives that seem to be quicker to criticize than to encourage us. We may even find ourselves being overly critical of others and falling into this same trap. The sad part is that it takes only one hurtful, critical thing to destroy many, many good things in our spirits. It is much easier to break somebody's spirit that it is to build them up.

I wonder how many of us could give God a "one-minute praising" for all his blessings. We're sure good at telling the Lord what we want him to do for us. We need a good dose of Psalm 103 to wash out that complaining spirit and replace it with a heart of gratitude

to the Lord. "all my inmost being praise his holy name." "Forget not all his benefits." We must think before we can thank. We must ponder before we can praise. We must remember before we can rejoice.

Here are five blessings of the Lord that we must not forget.

- **Forgiveness:** "He forgives all your sin." God will forgive our past sins and all those that we bring to Him now and into the future. 1 John 1:9 reminds us, "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." We are thankful for God blessing of forgiveness.

- **Healing:** "Who heals all your diseases." After doctors and nurses have done all, they can do, and after we have used all the latest technology and taken the newest drugs, healing must come from the Lord. That's why we pray for the sick. They may be healed by medicine or by surgery or by some other course of treatment or they may find healing through prayer or by a miracle from the Lord. All those things are possible, and they are not mutually exclusive.

- If you were sick and are now healthy, give thanks to the Lord.

- If your cancer is in remission, give thanks to the Lord.

- If you nearly died after an accident but somehow survived, give thanks to the Lord. I've had people ask; "Do you believe in divine healing?" Truly that is the only kind there is. Give thanks to the Lord for every bit of healing you experience. Good medicine and good prayer go together.

- **Deliverance:** "Who redeems your life

from the pit." To redeem means to rescue from danger in the time of trouble. The "pit" refers to death itself.

We'll all die someday, and when the moment comes, we have the assurance of His grace to take us home if we have placed our trust in Him. It is never too late to accept Jesus Salvation for us.

There are so many things in this world that can happen- we can see God's protection and provision every day when we get up and when we arrive home. Think of all the things that that didn't happen: No one robbed you. No one shot you. You weren't fired. Your arthritis didn't flare up—or if it did, you made it through the day. A truck didn't hit you. You weren't rear-ended. No one scammed you on the Internet (though some people tried). Your identity wasn't stolen (as far as you know). Your wife still loves you. Your husband is still happy to see you. You don't have cancer—or if you do, you're not dead yet. You've got your health (what there is of it), your friends (most of them, anyway), your money (maybe not as much as a three months ago but you're not broke), your job (if you don't get let go tomorrow), and on and on it goes. Think of all the bad things that could have happened to you today that didn't. The fact that you think nothing happened today means that God has been doing his job! Thank-you God for redemption.

- **Coronation:** "Who crowns you with love and compassion." It's the loyal, unending, unchanging love of God toward us. He heaps up his blessings—and then he pours them out on us.

He hears your prayer, and He answers- As He has compassion on us and his mercy is given- our thanks for those blessings must be uppermost in our hearts and minds. He loves us, not because we deserve it, but because He does! We are His creation, and He is not willing that any should perish but all have the chance to receive and to know Him. Our thanks to God whose love and compassion is new every morning!

- **Satisfaction:** "To be satisfied means to be so full that you need nothing else. It's what happens at the end of Thanksgiving dinner when you simply cannot eat anything else. You have had two helpings of everything and even though there is more food on the table, you cannot eat any of it. If you are hungry, to be full like that is a wonderful sensation. But that satisfaction eventually wears off and you must eat again. To be satisfied means to be so full that you need nothing else.

Jesus said, "I have come that they may have life, and have it to the full." Jesus desires that we have a 'full life' abundant and overflowing with His blessings! He says, "I want to satisfy you—not with gold but with good." Not with those things which glitter today and are gone tomorrow

Clovis Chappell says that on the west coast of England there is the grave of a man who was much loved by all who knew him. When he died, these words were inscribed on his headstone. "Here lies a man who was satisfied with Jesus." Chappell then adds this benediction: "If that can be said of us, we have sufficient to make all of time and eternity one great Thanksgiving Day."

AREA CHURCH DIRECTORY Ark of the Church

In [the ark] only a few people, eight in all, were saved through water, and this water symbolizes baptism that now saves you also. . . . — 1 Peter 3:20-21

In our reading for today, the apostle Peter mentions Noah and the ark, which we discussed on October 4 (Genesis 8). Do you remember another story this month that also pointed to the ark? In Exodus 2 (Oct. 5), as you may recall, Moses' mother places him as a baby in a "basket," and the Hebrew word for that can also mean "ark." Moses' mother did this, in faith, hoping that her little boy would escape the murderous reach of Pharaoh, the king of Egypt (see Exodus 1:22).

In the New Testament, the apostle and fisherman Peter states that just as God rescued Noah and his family "through water" while other people were swept away in judgment, Christians are rescued from judgment by Christ's death and resurrection, which is symbolized in baptism. If believers in Christ are symbolically rescued (like Noah and his family) "through water" (baptism), then what is the "ark"? What is the vessel of God's rescue for us and indeed for the whole creation? It seems that this would be the church, the community of faith. Remember, baptism places us in the nurturing community of the people of God with its worship, prayers, sacraments, and fellowship. In this "ark" we are on the way to the resurrection and full life in God's renewed world.

Lord, we praise you for the church, which, though it can be rocked by powerful winds and waves, is nonetheless piloted by you and is the place of your grace and salvation. Amen.

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Pastor Dan Reich • 507-753-2576
Sunday Worship 8:30 a.m.

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Sunday worship at 9:30 a.m.
(Bible class at 8:30 during the school year)



UNITED METHODIST CHURCH

Pastor Dave Neil
180 2nd Ave NE, Mazeppa • 843-4962
Sunday Service 10:30 a.m.

ZUMBRO COMMUNITY CHURCH

Dave Mohler
58354 Cty. Rd. 7, Zumbro Falls
Sunday Service 10:30 a.m.; Sunday Evening 6:30 p.m.
Wednesday Evening 7:00 p.m.

SOUTH TROY WESLEYAN CHURCH

Pastor Colleen Hoeft
56187 Hwy. 63, Zumbro Falls
www.southtroywesleyan.org • 507-259-1442
Sunday 10:30a.m.
Sunday 5:00p.m. Celebrate Recovery -
5pm- meal, 5:45 large group and 6:30 small groups.
Wednesday Kids and Teen worship at 6pm -
meal at 6, followed by worship and small groups.

ST. JOHN'S LUTHERAN CHURCH

80 3rd Ave. S., Hammond, MN
Sunday worship at 11:00 a.m.
(Bible class at 12 noon during the school year)

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Pastor Al Horn • 507-843-5302
Sunday School 9:45 a.m.
Sunday Worship 10:45 a.m.
Wednesday Night Bible Study 7:00 p.m.

Email your church announcements, schedule, etc. to the
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for Fall!

Gayle Ardith Fricke

Gayle Ardith Fricke – passed away Sunday Oct 22, 2023 at Emerald Rehab in Faribault, following a stroke on Sept 28th. She was 66 years old.



Gayle was born August 2, 1957. She is survived by three family members: sister Dawn Unze, and her twin brother

Gary Fricke and younger brother David Fricke. Gayle enjoyed the outdoors with her dear friend, Patty Gelao, such as, fishing, snowmobiling and floating on the pontoon. She worked at IBM for 20 years. She enjoyed being with her beloved dog, Bandit, who died a few years ago. Gayle resided in the Zumbro Falls area all of her life. She will be missed by her many friends.

A Celebration of Life was held from 3:00-6:00 pm on Sunday, October 29th at the Neptune Bar in Zumbro Falls.

Donald Leon VanSchaick

Donald Leon VanSchaick, age 77, passed away at his home in Zumbro Falls, Minnesota on October 19th, 2023. Don was born March 1st, 1946, in Rochester, Minnesota to Leon and Hazel (Wahl) VanSchaick. Don joined the United States Marine Corps at the age of 20 and served his country in Vietnam from 1966 -1967. He was honorably discharged after 3 years in the service



Don worked as a painter for the majority of his life, but his true passion was music. Don was an extraordinarily gifted guitar player and singer – self taught by the age of 12. As stated by a good friend, Don had more than knowledge of music, but an understanding. He never credited himself as one of the best, but considered so by those who knew him. Don played in many bands during his musical career, along with playing a jazz solo two nights a week at the Red Wood Room in Rochester for many years. In 1989 he married Kay McBride, and together they had one son, Zane. The two later divorced in 2001. Don was a devoted father and grandfather,

always checking in to make sure everyone was safe. Don enjoyed the simple things in life – taking daily road trips along the Zumbro River, building model wooden airplanes, listening to, and discussing music and politics.

Don is survived by his son, Zane VanSchaick (Alexandra Wurl); grandchildren, Allyson Schuchard, Cloey VanSchaick, and Wyatt VanSchaick; three nieces, and one nephew. He was preceded in death by his parents, and brother, Charles VanSchaick.

A celebration of life will be held at a later date.

Arrangements entrusted to Schleicher Funeral Homes, Plainview Chapel, the guest register may be signed at [HYPERLINK "http://www.schleicherfuneralhomes.com"](http://www.schleicherfuneralhomes.com) www.schleicherfuneralhomes.com

Howard Lawrence Hofschulte

Howard Lawrence Hofschulte, of Mazeppa, MN, passed away on October 20, 2023 at the age of 82 at the Pine Haven Nursing Home in Pine Island, MN.



Howard is survived by his wife Judy (Kramer) Hofschulte of Mazeppa. His daughter, Jodie

(Hofschulte) Kersting (Jason Baalson) of Kenyon, MN, and his two sons, Donnie (Bev) Hofschulte and Brian (Tara) Hofschulte both of Mazeppa, MN. His sister, Irene (Walt) Schultz of Rochester, MN, his brother, Leonard (Gloria) Hofschulte of Lake City, MN. Grandchildren, Kasey and Hannah Kersting, Ethan (Shelby), Madelyn, and Evan Hofschulte, Taylor and Cadence Hofschulte. Honorary Grandchild Andy Baalson. He is preceded in death by, parents George and Leona Hofschulte, siblings Francis Hofschulte, Doreen Pahl, Donald Hofschulte,

Marcella Burt, and Rita Zimmermann.

Howard was born in Red Wing, MN on October 16, 1941. On October 12, 1968, he married Judy and they recently celebrated 55 years; together they made a home in Mazeppa. He spent all of his working years as a Farmer; raising both dairy and beef cattle.

Howard was a fun, caring and proud father. He had a way with words; had many mischievous and humorous sayings to share over the years! He enjoyed farming; Spring planting and Fall harvesting were his favorite times of the year. Howard was, as he would say, a "Jack of all trades, but master of none" - he enjoyed helping others any way he could. Card playing, shaking dice, fishing, throwing ball with the farm dog, Dots, wood-working, grocery shopping and trips to the Dairy Queen were a few of his favorite past-times. Grandpa Howard delighted in playfully teasing his Grandchildren- donuts, cheese balls, 'knuckles' and hugs were shared readily with each of the Kiddos. Howard most certainly enjoyed 'shooting the breeze' with family and friends over a cup of coffee, or even better an ice cold one- it was always 'beer-thirty' on the patio!

Howard will be deeply missed.

A Funeral Mass was scheduled for 11:00 am on Saturday, October 28, 2023 at Ss. Peter and Paul Catholic Church in Mazeppa, MN. There was a visitation at 9:30 am before Mass; all were welcome to visit with the Family. There was a private Family burial at the Mazeppa Catholic Cemetery following Mass as well. The Family invited all who attended to a luncheon in the Church Hall following Mass.

Flowers and condolences may be offered at Ss. Peter and Paul Catholic Church in Mazeppa, MN 55956 or Mahn Family Funeral Home's website: www.mahnfamilyfuneralhome.com

Christmas in Zumbro Falls Saturday, December 2

(continued from page 1)

There will be a toy drive for new unwrapped toys at the Neptune or VFW the day of events. Toys go to local children. See you all there - Christmas in Zumbro Falls Saturday, December 2nd!

Jo's Coffee Truck

(continued from page 1)

Her coffee is locally roasted by Trail Creek Coffee Roasters of Kasson, a product she believes is the best around. She also handcrafts her own simple syrups and sauces using locally sourced ingredients. Jo's is open weekdays and plans to be open on the occasional weekends. She chose the name in memory of her sister in law, Jolene, who passed away in 2021, and also in honor of Joe's Arcade, run by a gentleman who operated an establishment the kids loved to frequent in Mazeppa when she was growing up.

You can find her on Facebook & Instagram @Joscoffeetruck or call 507-301-1228.

WE'RE ONLINE!
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www.zumbrofallsmn.com

GAME NIGHT FOR ALL AGES!

WHEN: 2ND FRIDAY OF THE MONTH
 Oct. 13, Nov. 10, Dec. 8, Jan. 12, Feb. 9, Mar. 8, Apr. 12.

The fun begins at 6—come when you can and stay as long as you like.... (lights out at 10pm)

WHERE
South Troy Church Community Room
 56817 Highway 63 Zumbro Falls, MN 55991

FEATURING • Board games,- for all ages— crafts for the littlest ones.
We'll provide popcorn and lemonade. Bring your favorite games & snacks to share. (dust off your games or favorite decks of cards— good old-fashioned fun!!!)

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Do You Have a Story Idea?

Email:
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Mazeppa-Zumbro Falls
 Messenger

Farm Rescue, Serving Others

By Cheri Roshon

We all have our trials and tribulations as we traverse this experience called Life. Once when I was struggling mightily with issues seeming to be beyond my control, my mother gave me a poem called Don't Quit. I would like to share with you the first few lines, as it pertains to the story at hand.

When things go wrong as they sometimes will,

When the road you're travelling seems all uphill,

When the funds are low and the debts are high

And you want to smile but you have to sigh,

When care is pressing you down a bit---

Rest if you must, but don't you quit!

Today's story is about an organization called Farm Rescue. Their mission is to help farmers and ranchers who have experienced a major setback by providing the necessary equipment and a volunteer workforce to plant hay or harvest their crops, among other chores they can lend a hand with. Livestock feeding assistance is also available for ranchers.

Farm Rescue offers assistance to farms in Illinois, Iowa, Kansas, Minnesota, Montana, Nebraska, and North and South Dakota.

The Farm Rescue program also provides longer term assistance solutions to farmers and ranchers who have suffered major illness

and injuries, or who have been through a natural disaster.

The Board of Directors will review all requests for assistance, and approves cases based on each unique situation. They see what they can provide with their available funding and volunteer manpower. They have several sponsors in every state that help with lending equipment, and donations of time and money. Private tax deductible donations are also gratefully accepted.

These selfless acts of kindness are helping all of us to survive. Think about it. Without our farmers, we wouldn't have food to eat or clothes to wear. The more we help each other, the bigger the ripple effect. Something as simple as offering time to help a neighbor get his crops planted or harvested when he is unable, or sharing a donation of money to pay for seed or gas.... in the long run it is helping more than just one person.

John Deere Company is one such provider. They offer state of the art equipment to help get the jobs done. They travel thousands of miles to deliver the equipment and train the volunteers how to use them. It is a partnership that has helped almost 1,000 farmers in need so far, and there is no end in sight. What a comfort that is when one is in need!

One man who has helped through Vlogging (video blogging) calls himself the Millennial Farmer. He started a podcast several years ago so people not familiar with farming could see the work that goes into raising the crops and livestock that we all consume, and hopefully correcting some of the misinformation going around, painting farmers and ranchers in a bad light.

(continued on page 5)



The agriculture community is truly a tight-knit group and we love sharing the random acts of kindness bestowed upon our hard working volunteers and farm families by local do-gooders. Today, our crew received another generous meal in the field from Alison Peters with Peters Insurance, a Farmers Union Agency. She was kind enough to deliver these bagged lunches during our soybean harvest operations near Dundas, MN. Our team has been eating very well this week and these heartwarming gestures mean the world to our organization and those we serve. Thank you, Alison!

Missy's Managing the Manor

A monthly read with tips and tricks (that work for me) on my quest to becoming more organized while decluttering.

Snowball effect!



By Missy Papenfus

A snowball starts small, but as it gathers momentum, picks up more snow, making it larger. It moves faster and picks up more speed moving on. This thought applies to situations starting out small and gradually building up over time increasing until it becomes impactful. Snowball effect can apply to other areas of your life as well.

Snowball effect is Dave Ramsey's approach to eliminating debt. Let me share an example how I used the snowball effect. I had a larger loan to pay off. I personally felt I wasn't making any headway paying off the loan, so I decided to have an automatic payment taken out of my account every week (instead of once a month). I didn't have to do anything because it was automatic. The amount that came out each week was smaller, but it really added up coming out once a week instead of one larger monthly payment. This also helps cut down on the amount of interest being paid over time.

Snowball effect when decluttering, it becomes easier to feel more organized, see progress, which can motivate you to keep going. The key is to do what works best for you. Break down a larger task into smaller, more doable ones.

Stay tuned for next month's topic: Just 15 minutes/3 minute reset! There's so much to do, so little time. Bye for now!

Hammond Church

Craft & Bake Sale

Saturday, November 18, 2023



9am - 2pm



Featuring: Crafts, Produce, Plants, Rada Cutlery, Books, Vintage Items, Holiday Items, and Various Baked Goods

Chicken Noodle or Vegetable Beef Soup available for dine-in or take-out

Sponsored by St. John's Lutheran Church and Bethlehem United Methodist Church

Farm Rescue, Serving Others

(continued from page 4)

"I just wanted to share the truth", he says. He has volunteered on many projects to help other farmers when he is needed.

One such farmer is John Thomas. John has a condition that causes neuropathy in his legs. He and his wife Judy live and farm in the Faribault area. They have 6 grown children, Elizabeth, Phyllis, Maynard, JW, Nathan and

Travis. About 11 years ago, John suffered his first amputation from this disease, and just recently had to have his other leg amputated as well. It is a disease with no cure. John heard about Farm Rescue, and they were able to help him harvest his crops this year. He is very grateful, and wants to help get the word out about this unique program that does so much for so many.

I asked him what kind of qualifications a person would have to have to be able to lend assistance. He said they take volunteers from all walks of life. If training is needed, they are trained in whatever aspect is necessary to help the families in need. One of the people who helped in John's case was a DJ from



Minneapolis. One was a police officer. Of course people who have a valid CDL license are needed to haul equipment from project to project, and anyone who knows farm work is a valuable contributor. But all you need is a desire to help others, and you can be a volunteer.

To contact Farm Rescue for any reason, their address is Farm Rescue PO Box 28 Horace North Dakota 58047. Their email is info@farmrescue.org, and their phone

number is (701) 252-2017. Personally, I think that anyone who can write a story for any kind of publication to spread the word about these services would be helpful, and volunteers are always needed. And as I stated previously, all monetary donations are tax deductible, so there's a win/win situation as well.

I would like to thank John for bringing this organization to our attention, and wish him and his family a joyful holiday season.

A Monthly Moment at MotoProz

By Missy Papenfus

I try to take Monty's dog Maisy for a walk first thing when I get to MotoProz in the morning, but with the stormy weather we've had lately, she's been scared. I wouldn't make her walk. She was acting like a donkey, put her head down rolling her eyes at me and dug her paws into the ground. She wouldn't budge, so I took her back to MotoProz and walked by myself. Later in the morning, I take her for a walk to get the mail or get a cup of coffee from the coffee truck next to the BP station. If there is thunder outside, she wants no part of going anywhere.



Memo from MotoProz

Ready for snow? Check out our new and used snowmobiles at MotoProz in Mazeppa or online at www.MotoProz.com. Get em' while we got em'! Why shovel snow? Buy a plow! Check out our new and used inventory of ATVs and Prowlers. Mark your calendars: MotoPhest 2023 at MotoProz in Mazeppa November 24 thru December 2!

Share Your Good News!

Submit your engagement, wedding or birth announcement.

Email us at: hometownmessenger@gmail.com



MISSY'S MESSAGE



MISSY PAPERFUS

CHECKING IN

Reporting back on my strength training from last month, I've managed to complete two short days of strength training a week, since last month in addition to daily walking, sneaking in shorter walks throughout the day when I can.

Time for me to up it to three days per week of strength training, the last couple weeks of the month! I have been completing workouts using the free Fiton app, and not worrying about getting in a 45 minute workout, but using the time I have available getting a workout in even if it's only 15 or 25 minutes long.

I used to get up at 4:30 AM three days a week, and now I have a hard time getting up at 6AM. I am hoping the time change should help get me back to the 5AM club getting up and exercising first thing in the morning! I've found the best help is an accountability partner to check in with and workout with.

Missy and her husband Mike own MotoProz in Mazeppa.

Save the date!
MotoPhest 2023
 Friday, November 24
 thru Saturday, December 2

with Mike, Missy, Monty
 and Maisy (the dog) Papenfus



"Financing available at MotoProz. Stop in today or call 507-843-2855!"

Sincerely,
 Missy Papenfus

Missy Papenfus

339 1st Ave. N. • Mazeppa, MN • 507-843-2855 • www.MotoProz.com



Zumbro Falls Lioness/Lions Roadside Clean Up



Pictured left to right: Arlys Schmidt, Lisa Davis, Linda Arendt, Nanner Oelkers, Shirley Lehmann, Heidi Davis and Lori Windhorst. Missing from photo Delila Gingrich

Submitted by Lori Windhorst

The Zumbro Falls Lioness/Lions made Zumbro Falls a litter bit better with roadside clean up. Happy to say we didn't pick up nearly the amount of trash we usually do so thank you for not littering!



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<p>4WD, crew cab, 6.75' box, 61,388 miles, white, power stroke 6.7 L V-8 turbo diesel #23133U</p>	<p>Sale \$66,779</p>	<p>AWD, 138,467 miles, white, 2.0L ecoboost #23014U</p>	<p>Sale \$14,444</p>	<p>4 door, advanced 4x4, 14,726 miles, cyber orange, 4 cyl turbocharged #23120U</p>	<p>Sale \$51,900</p>	<p>Black, 4 door super crew, 5.5' box, 5,218 miles, 3.5L ecoboost #23086U</p>	<p>Sale \$57,889</p>
	<p>2022 FORD EDGE SEL</p>		<p>2021 FORD ESCAPE TITANIUM</p>	<p>Call our service department to schedule your maintenance needs. Open Monday thru Friday 7:30am to 5pm.</p> <p>At Milo Peterson Ford Co., our highly qualified technicians are here to provide exceptional service in a timely manner. From oil changes to transmission replacements, we are dedicated to maintaining top tier customer service, for both new and pre-owned car buyers! Allow our staff to demonstrate our commitment to excellence.</p> 			
<p>AWD, burgundy velvet, 8,268 miles, ecoboost 2.0L turbocharged #23142U</p>	<p>Sale \$34,450</p>	<p>AWD, 9,450 miles, rapid red, ecoboost 2.0L turbocharged #23139U</p>	<p>Sale \$33,375</p>				

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Goodhue Living Marks 1st Anniversary

By Beth Brekke

A large crowd enjoyed a variety of events marking the one-year anniversary of Goodhue Living. The celebration included tours of the building and visits with staff who would like to thank all those who helped make the event

so successful.

Those attending could view several classic cars and a Farmall H tractor while chatting with local guests, Goodhue County Sheriff Marty Kelly, Representative Pam Altendorf, and Mayor Terry Buck. Amanda Huneke, Caitlin Heisler & Cassie O'Reilly were on hand to autograph the children's books they authored and several groups of Just For Kix dancers entertained the crowd. Other activities included pumpkin and face painting, Goodhue County K-9 officer demonstrations and a sampling of culinary treats.



A group of young Just For Kix dancers prepare to start their routine. Visitors enjoyed a number of entertainment options at the Goodhue Living property on October 15th. See more pictures on their Facebook page, <https://www.facebook.com/GoodhueLiving>.

Construction Begins on Rumors Building



Construction on the new Rumors building has begun. The footings are now in place.

Ask A Trooper

By Sgt. Troy Christianson of the Minnesota State Patrol

Question: What is the difference between careless or reckless driving? What about "exhibition driving"?

Answer: In general, the difference between reckless and careless is that "reckless" is generally "intentional" or the driver "should know" that the driving behavior could injure or kill someone. Here's more detail on how they differ:



Reckless driving - This involves a motorist who's aware of and disregards the risk that their driving behavior may result in harm to another or another's property. That's considered misdemeanor reckless driving, and if the behavior results in great bodily harm or death to another person, it's then gross misdemeanor reckless driving.

A driver shall not race any vehicle on any street or highway. Any person who willfully compares or contests relative speeds is guilty of racing, which constitutes reckless driving. It doesn't matter whether or not the speed is over the speed limit.

Careless driving - This involves a motorist who carelessly or heedlessly operates or halts any vehicle upon any street or highway that disregards the rights of others, or endangers or is likely to endanger any property or any person. This includes endangering themselves or their passengers. This is considered misdemeanor careless driving.

Exhibition driving - Minnesota does not have an "exhibition driving" law. "Exhibition driving" is usually listed as an ordinance within cities, counties, townships, etc. In general, the difference between state law and an ordinance is that a state law is passed by your state government and is effective state wide. Ordinances are "laws" passed by the local government - city council, county commissioners, etc. - and only in effect within that border.

I've usually seen most "exhibition driving" ordinances state: "Unreasonable acceleration of a motor vehicle or acceleration without apparent reason and accomplished in such a manner as to cause squealing or screeching sounds by the tires, or the throwing of sand or gravel by the tires of the said vehicle, or both."

These do not apply to an emergency vehicle responding to call or when in pursuit of an actual or suspected violator. They also don't apply to any raceway, racing facility, or other public event sanctioned by the appropriate governmental authority.

You can avoid a ticket - and a crash - if you simply buckle up, drive at safe speeds, pay attention and always drive sober. Help us drive Minnesota Toward Zero Deaths.

If you have any questions concerning traffic related laws or issues in Minnesota send your questions to Sgt. Troy Christianson - Minnesota State Patrol at 2900 48th Street NW, Rochester, MN 55901-5848. (Or reach him at, Troy.Christianson@state.mn.us)

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Coffee: Pros and Cons



By Noel Aldrich, PhD, CNS
Licensed Nutritionist

In last month's article, I presented the concept that food can be used as medicine. I presented some ideas for managing acid reflux. In that article, I mentioned that coffee can be a trigger for acid reflux. So how does coffee relate to nutrition? What are the positive aspects of coffee and what are the negative considerations? Can a person use coffee as medicine?

First, a little history. As reported by Tori Avey in "The Caffeinated History of Coffee," the first reports of coffee originate around Ethiopia and Yemen. The ripe coffee fruit is red, and the coffee bean is the seed of the fruit. Roasted coffee beans were first pro-

duced by Arabs and the Arab community had control of the coffee market until the Dutch were able to acquire some seed and start plantations around the world. In 1773, when Americans were revolting against the tax on tea, coffee became the acceptable, patriotic choice.

According to the National Coffee Association, more than 65% of Americans drink coffee each day. The average American consumes just less than 3 cups of coffee per day. The United States is the top coffee consuming country in the world with coffee being the first-choice beverage over tea, soft drinks, and juice. Berkeley, California wins the prize for the most coffee shops according to ApartmentGuide.

So, with all this coffee consumption what are the PROS or CONS of coffee consumption?

- PROS –**
- Moderate coffee consumption (1 – 4 cups per day) is linked to longer life
 - Decreased risk of liver cancer
 - Decreased risk of Parkinson's disease
 - Improved clarity in thinking
 - Improved regularity of bowel movements
- CONS –**
- Inflammation (measured as CRP) can increase with more than 1 cup of coffee per day
 - Heart and neurological challenges among infants of mothers who regularly consumed coffee during pregnancy
 - Anxiety increased with excessive consumption of coffee

sumption of coffee

- Difficulty sleeping associated with coffee consumption
- Trigger for diarrhea episodes
- Can promote fatigue through caffeine addiction

Coffee can be a powerful medicine. Caffeine is one of the active ingredients, but there are additional compounds that demonstrate antioxidant and stimulant activity. An important note to understand is that coffee does not produce energy. A black cup of coffee has almost no calories at all. The energy boost from coffee comes from the body response to caffeine, which stimulates the adrenal glands to produce epinephrine. The release of epinephrine causes the body to release more energy from its storage areas, in the same way a whip will cause an animal to move that was not moving before. For an individual who is extremely tired in the morning and "needs" the cup of coffee to get started for the day, this individual is battling a fatigue that is only increased by the regular consumption of coffee.

Coffee can be a good aid for digestion. A small cup of black coffee with a meal will stimulate the digestive process and increase the acidic mixture in the stomach. Between meals only water should be consumed to allow the digestive system to rest. There is no need to stimulate digestion by drinking coffee between meals.

An additional use of coffee by health practitioners throughout the centuries has been the use of coffee as an enema. A properly prepared coffee solution carefully introduced into the rectum has been an effective way to remove constipation and blockages in the



colon. Reportedly, this enema was effectively used during World War 1 in the military hospitals when nurses used the coffee enema to aid the recovery of recovering wounded in the military hospitals.

Overall, pay attention to how your body responds when you consume a cup of coffee. Consider what other ingredients such as cream, sugar, or other flavors are being added. What happens if you stop drinking coffee for a day or two? You only get one body in this lifetime. Make sure you take good care of it and do not wear it out sooner than necessary.

I welcome your questions and enjoy the opportunity to discuss healthy options with those who reach out to me with questions.

If you would like to present a question for a future article please write to:

Dr. Noel Aldrich, P.O. Box 167, Northfield, MN 55057

or send an email to: nutritionproportion@gmail.com

If you would prefer to meet for a personal consultation, you can contact me at nutritionproportion@gmail.com, or check out my website at www.nutritionproportion.net

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• Online Only Auction •
Prairie Plumbing and Heating
438 Hwy S, Blooming Prairie, MN 55917
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After many years of business Prairie Plumbing and Heating is closing their doors and retiring. Everything must be sold in this online business liquidation auction. Includes New Vermont Castings Defiant Wood Stove, Peck Stow Stomp Shear, Lockformer Pittsburgh 24 Ga., Lockformer Easy Edger, Air Compressors, Massive Assortment of Fittings and Plumbing Accessories, General Mini Rooter, Ridgid Tools, Inspection Tools, Ladders, Office Equipment and More. Over 450 Lots! Selling to the highest bidder in this online business liquidation auction.

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Bidding Opens on Saturday October 28, 2023 at 8:00 a.m.
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Monday, November 6, 2023 • 5:00 p.m.
COMPLETE CATALOG & BIDDING AT:
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Inspection Date: Friday, November 3 • 9:00 a.m. - 5:00 .p.m.
Payment & Pick Up: Tuesday, Nov. 7 • 9:00 a.m. - 5:00 .p.m.

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If you were unable to attend the Grand Opening, we invite you to stop in at any time!

Again, we are humbled and appreciate the support!

Jon Butler
President FM BANK -
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UPCOMING AUCTIONS

ONLINE ONLY MULTI PARTY ESTATE AND EQUIPMENT AUCTION
November 6, 2023
Kenyon, MN
John Deere 3320 Utility Tractor w/ Snowblower, Mower & Broom, John Deere 70 Tractor, Ford Tractor w/ Loader, 40' Storage Container, Skid Loader Attachments, Tool Benches, Hoop Buildings, Hand & Power Tools, Garden Equipment, Furniture, Household Items, Farm Primitives and More.
Bidding Begins: ... Oct. 28, 2023 Starts Closing Nov. 6, 2023

LIVE & ONLINE VERY LARGE FARM ESTATE AUCTION FOR LAWRENCE SCHWEICH ESTATE, L&B SCHWEICH PROPERTIES L.L.P.
December 7, 2023 9:30 AM
Northfield, MN
John Deere 9520R 4WD, (2) Case IH 380 RowTrac MFWD, Case IH 420 4WD, John Deere 5046R, Case IH 165 Pump, Case IH 120C, JD 4440, JD 4020, Case IH 9250 Combine, Corn & Bean Head, Case IH 2000 Series 24 Row 30" Planter, Case IH 500T Drill, John Deere 455 Drill, Case IH 255 Field Cultivator, John Deere 2730 Ripper, Cat D4K Dozer, Cat 320C Excavator, Lion Dirt Scraper, JLG Boomlift, Lull Telelift, Bobcat E5 Excavator, 2011 Mack 613 Day Cab, 2023 Timpte Grain Trailer, Mac End Dump, Westfield Augers, Brent V788 Grain Cart, Schabert Applicator, VRX Grain Vac, Grain Trucks, Lawn Mowers, LTV's, Vehicles, Gator, Flatbed Trailers

VERY LARGE ONLINE ONLY ESTATE AUCTION FOR MICHAEL (MIKE) WEYDERT ESTATE
November 12, 2023
New Richland, MN
2015 Chevy Colorado, 2022 John Deere 325G Loader, (10) Skid Loader Attachments, John Deere 3046R Tractor, 2006 Ford F250, 2011 Lincoln MKS, 2012 Polaris XP800, John Deere 1445 Dsl Mower, 500 Lots Of Good Power Tools, Firearms, Stainless Steel Appliances, Fancy Oak Furniture, 30+ Collector Toys, Fuel Tanks, Good Quality Well Cared For Items
Bidding Begins: Nov. 4, 2023 Starts Closing Nov. 12, 2023

ONLINE ONLY RETIREMENT AUCTION FOR PAUL & CYNDI MAAS CHARITABLE REMAINDER TRUST
November 14, 2023
Medford, MN
Online Only Auction For Toro Zero Turn Mower, John Deere Mower, Air Compressors, Power & Hand Tools, Shop Supplies, Cabinets, Farm Supplies, Transfer Pumps, Tanks, Farm Support Items And Much More.
Bidding Begins: Nov. 4, 2023 Starts Closing Nov. 14, 2023

LIVE AND ONLINE FARM RETIREMENT AUCTION FOR PAUL & CYNDI MAAS CHARITABLE REMAINDER TRUST
November 17, 2023 ... 10:00 AM
Medford, MN
John Deere 9770 Combine, 608C & 635F Heads, John Deere 9520, 8520T 8130 and 4455 Tractor, John Deere 4920 Sprayer, JD 2210 Field Cultivator, White Agco 9816 Planter, Ford 555D Backhoe, IH Semi Tractor, Timpte Grain Trailer, Rock Picker, Farm Support Equipment

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Kenyon & Dexter, MN
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Auction Location: 1810 270th Street East, Medford, MN
Auctioneer Note: This Farm Retirement Auction Will Give You The Buyer An Opportunity To Buy Well Maintained Low Houred, Like New Farm Machinery.
Bidding Opens Saturday November 4, 2023 at 8:00 a.m.
BIDDING STARTS CLOSING
Tuesday, November 14, 2023 at 10:00 a.m.
COMPLETE CATALOG & DETAILS AT:
www.maringauction.com

VIEWING & INSPECTION DATES:
November 10 thru Auction Date • 9:00 a.m. to 5:00 p.m.

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PAYMENT AND PICKUP DATES:
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1001 Hoffman Drive, Owatonna, MN 55060

The Law of Vibration: Unveiling the Hidden Harmony



By Susan Hinrichsen
CHC, CLC, MC
susiecoaches@gmail.com

In the vast tapestry of the universe, there exists a symphony of vibrations that weave through the fabric of reality. This intricate dance is governed by the second universal law, the Law of Vibration. As we explore this cosmic principle, we delve into the profound concept that everything is in a constant state of motion, emitting its unique vibrational frequency.

At its core, the Law of Vibration posits that all matter is in a perpetual state of motion, oscillating at a specific frequency. This concept has ancient roots, echoing through various philosophical and spiritual traditions. In essence, it suggests that nothing rests; everything moves, and each entity carries its own vibrational signature.

One of the key tenets of the Law of Vibration is the interconnectedness of all things. Every particle, every atom, every living being resonates with a distinctive vibrational frequency. This interconnected web of vibrations forms the basis of the intricate dance of existence. It implies that there is a

hidden harmony that unites all elements in the cosmos.

Moreover, the Law of Vibration extends beyond the physical realm into the realm of thoughts and emotions. It suggests that our thoughts and feelings also emit vibrational frequencies, influencing the overall vibrational tapestry of our personal reality. This principle underscores the importance of mindfulness and the impact of positive or negative energy we contribute to the collective vibration.

The ancient wisdom of the Law of Vibration finds resonance in modern science, particularly in quantum physics. Scientists have discovered that at the subatomic level, particles are not static entities but exist in a state of constant motion and vibration. This scientific revelation aligns with the age-old spiritual understanding that everything is energy in motion.

Understanding and harnessing the Law of Vibration can empower individuals to navigate their lives with greater awareness. By cultivating positive thoughts, emotions, and actions, one can elevate their vibrational frequency and attract corresponding positive experiences. Conversely, dwelling in negativity can lower one's vibrational state, leading to a magnetism for less desirable outcomes.

In essence, the Law of Vibration invites us to become conscious co-creators of our reality. By aligning our thoughts, emotions, and actions with higher vibrational frequencies, we can harmonize with the cosmic dance of existence and unlock the latent potential within ourselves. It's a reminder that, in the grand orchestra of the universe, each of us plays a unique note, contributing to the symphony of life.

Integrating the Law of Vibration into daily life involves adopting mindful practices and cultivating awareness of the vibrational energy one emits. Here are several practical steps to help individuals align with this universal law:

- **Mindful Awareness:**
 - Begin each day with a few moments of mindfulness. Reflect on your thoughts, emotions, and the energy you carry into the day.
 - Throughout the day, periodically check in with yourself. Notice the quality of your thoughts and feelings. Are they positive or negative? What kind of vibrational energy are you emitting?
- **Positive Thinking:**
 - Practice positive affirmations. Consciously choose thoughts that uplift and inspire. Affirmations can help shift your vibrational frequency towards positivity.
 - Avoid dwelling on negative thoughts. When negativity arises, acknowledge it, but then consciously choose to redirect your focus to more positive and constructive thoughts.
- **Gratitude Practice:**
 - Cultivate a habit of gratitude. Regularly

express appreciation for the positive aspects of your life. Gratitude carries a high vibrational frequency and can attract more positive experiences.

- **Keep a gratitude journal** and write down things you are thankful for each day.
 - **Conscious Communication:**
 - Be mindful of the words you use. Words carry energy, and their vibrations can impact both you and those around you.
 - Strive to communicate with kindness and positivity. Choose words that uplift and inspire rather than words that convey negativity or criticism.
 - **Emotional Regulation:**
 - Develop emotional intelligence. Understand and accept your emotions but strive to respond to challenging situations with calm and centeredness.
 - Practice techniques such as deep breathing or meditation to maintain emotional balance.
 - **Energetic Environment:**
 - Surround yourself with positive influences. Be conscious of the people, environments, and media you expose yourself to.
 - Create a positive and harmonious living and working space. Decluttering and organizing your physical space can also have a positive impact on your energy.
 - **Self-Care:**
 - Take care of your physical well-being. Exercise, proper nutrition, and adequate rest contribute to a higher vibrational state.
 - Engage in activities that bring you joy and fulfillment. The energy associated with activities you love can enhance your overall vibration.
 - **Visualization and Meditation:**
 - Incorporate visualization and meditation into your daily routine. Envision the positive outcomes you desire and feel the corresponding emotions.
 - Meditation can help quiet the mind, allowing you to connect with your inner self and the higher vibrational frequencies of the universe.
- Remember that integrating the Law of Vibration is a continuous practice. It involves a conscious and intentional approach to thoughts, emotions, and actions. By making these practices a part of your daily life, you can elevate your vibrational frequency and align more harmoniously with the cosmic dance of existence.
- Life coaching serves as a guiding light on the journey to integrate the profound principles of the Law of Vibration into one's daily life. A skilled life coach provides the support and tools needed to navigate the intricacies of mindful living, helping individuals to cultivate positive habits and align with higher vibrational frequencies. Through personalized guidance, a life coach empowers individuals to overcome challenges, break through limiting beliefs, and foster a deeper understanding of themselves. This transformative process not only enhances personal well-being but also ripples outward, positively influencing relationships, career, and overall life satisfaction. Life coaching becomes a catalyst for self-discovery and empowerment, offering a roadmap to unlock the immense potential within, and inviting individuals to dance in harmony with the universal rhythms of existence.

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Flu Prevention Strategies and Flu Vaccine Dangers



By Shauna Burschem, D.C.

The flu vaccine is recommended for pregnant women even though there exists evidence that the vaccine could place their pregnancy at risk. Research funded by the Center for Disease Control (CDC) found a link between being vaccinated for the flu during pregnancy and increasing the risk of miscarriage (8 fold). In general, data from the federal Vaccine Injury Compensation Program shows that the flu vaccine is now the most compensated claim filed. Between January 1, 2006 and December 31, 2019 five thousand four hundred and seven injury

claims were filed for the flu vaccine. In addition, CDC data demonstrates that the flu vaccine is less effective for senior citizens. According to the CDC data, the influenza A and B vaccine had an effectiveness rating of 12% for those over the age of 65. Statistically, the CDC includes death from secondary infections (like pneumonia, sepsis and other respiratory infections) in the total mortality rate from the flu. These secondary infections account for the majority of deaths attributed to the flu each year.

Boosting your immune systems capabilities have been shown to be way more effective than the flu vaccine for preventing the flu or increasing the likelihood for a mild case and or quicker flu illness recovery. Vitamin D3 taken with vitamin K has been shown to lower your risk of flu illness. Vitamin D is the sunshine vitamin. Sun exposure naturally produces vitamin D in the body. This is why flu season is in the fall and winter months. People have lower levels of vitamin D when not able to be out in the sunshine with safe sun exposure. Taking a vitamin D supplement throughout the fall and winter (and even summer if you do not have adequate sun exposure) will boost your immune system function. Functional medicine and nutritional experts have found that the proper dose of vitamin D in the winter season is 30 units per pound of bodyweight. This means

if you weigh 150lbs your D supplementation should be 4,500 units per day. People whose levels are below the normal range are at risk for becoming sick with illness and if exposed to covid-19 they are also at a higher risk for hospitalization and death.

In addition to vitamin D (and K), your flu prevention medicine chest should contain elderberry extract and vitamin C (1000mg capsules). If you start to feel the signs of illness coming on begin taking elderberry extract 3 x per day. Elderberry boosts immune function but also has a high amount of antiviral properties and works really well with respiratory infections. Also, increase your vitamin C consumption to 3000 mg and take your C 3-4 times per day, every 3 to 4 hours. Do this until

you feel better.

Lastly, chiropractic spinal adjustments have a positive effect on increasing immune system function. Mid back adjustments to the thoracic spine have an immediate effect on white blood cell production. White blood cells are your infection fighting cells. Research has also shown that chiropractic spinal adjustments increase the rate at which your body's DNA repairs itself. DNA repair is an important marker for immune system function. Additional research has also shown that people who receive regular chiropractic care (at least 1 adjustment per month, every month) have higher resistance enzyme levels than people who do not receive chiropractic care.

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EPA Petition Could Create Headaches for Dairy Farmers, Animal Agriculture



Rep. Pam Altendorf (R) District: 20A

Not long ago, a legislative committee heard about a petition that could have severe impacts on the dairy industry and many farmers who specialize in animal agriculture in southeastern Minnesota.

For those who haven't heard, a number of environmental organizations – including Land Stewardship Project – have petitioned the U.S. Environmental Protection Agency (EPA) and asked them to mandate moratori-

ums on concentrated animal feeding operations (CAFOs) in the area. The reason? These organizations are blaming current farmers for high nitrate levels in the area's drinking water.

The organizations pushing for EPA involvement are targeting "Big Ag," and "industrial farming" as the causes of the problems, yet the overwhelming majority of farmers in the area are family farmers who have passed along their land for generations.

Also, not only do the petitioners want the EPA to prohibit the expansion of CAFOs, they also want to prohibit any modifications to their operations. They also ask the EPA to, once it decides who should be blamed for nitrate contamination, require those responsible to supply free, clean drinking water to owners of area private wells, and require CAFOs and other farms using nitrogen fertilizers to change their practices.

There's a lot at stake for agriculture in this ruling. Which might explain why the Subcommittee on Minnesota Water Policy scheduled a hearing on the topic on October 3, which is right in the middle of harvest season, when farmers aren't paying attention to legislative activity. Coincidence? I think not.

At the hearing, they had only one pro-ag testifier, who did a good job discussing all the practices farmers have adopted in order to reduce nitrogen. The only "farmer" who was given time to speak was a self-described herb and flower farmer who does not live in southeastern Minnesota, yet supports the EPA petition. No other serious agricultural farmer was given a voice at this hearing.

Much of the environmental petitioner testi-

mony attempted to lean on fear and emotion, referencing the "young mother and her kids" who will be drinking out of their contaminated wells if the EPA doesn't take over. Plenty of talk centered on "misinformation" that's out there, which of course means the information they don't want you to hear and focus on. In this case, making major changes to animal agriculture operations. And of course, no mention at all that the problems of today were likely caused by the farming practices that occurred decades ago.

Farmers have an extremely stressful job. Both my husband and I grew up on farms. We know the time, sweat, and dedication it takes to manage a farm and turn a profit.

Unlike the stigma that radicals like to paint about agriculture, most farmers are excellent stewards of the land. They care deeply and have already made changes with the help of local county soil and water districts, having adopted best management practices to reduce erosion and protect the surface and ground water quality. Farmers today want to pass their farm to the next generation better than

they found it, and they do not need more government regulations. Therefore, it makes no sense how they are often painted in a light of not caring or being reckless environmentally. Why would they want to ruin their own land and water?

The legislative hearing on the EPA topic will continue on November 14th at 9:00 a.m. If you wish to testify before the committee, contact Jim Stark, LCC Subcommittee on Water Policy by email at Jim.stark@lcc.mn.gov, or call 651-284-6431. Hopefully more farmers will be able to tune in and learn more about what these environmental petitioners are trying to accomplish. Visit www.lcc.mn.gov/smwp/Meetings_2023.html if you'd like to watch online.

We all have the same goals, and no one wants pollution or contaminants in water. But we can't continue to pass unnecessary regulations, breathe down the necks of ag producers, and vilify the very people that are working long hard days, to provide food, fuel, and fiber for all Americans.

FEAST! Local Foods Festival Celebrates 10 Years

By Southern Minnesota Initiative Foundation

Rochester, MN – This year's FEAST! Local Foods Marketplace marks a decade of bringing the best in local food to Rochester. A gourmet tasting experience unlike any other, the nonprofit festival showcases everything from cheese to chocolate, all under one roof, Saturday, Nov. 4, 10am-4pm at the Mayo Civic Center, Rochester, Minn.

Every fall, thousands of eaters and food and beverage makers from across the Upper Midwest flock to Rochester to eat, drink and be merry at FEAST!. Aisle after aisle of the event flows with fare made exclusively in Minnesota, Wisconsin and Iowa. Samples of every product offered by the 100 makers gives foodies a chance to try the latest and greatest before they buy. Music, lively kids' activities, prize drawings, craft alcohol tasting, and cooking demos round out the festivities.

"The vibe at FEAST! is so fun. I always love the feeling I get from discovering a new, locally made ingredient or food product," says Shari Mukherjee, top-five finalist on MasterChef, Season 10 and one of five culinary artists featured at demos throughout the day.

New this year are carnival games—have your local food purchases weighed for a chance to win a prize—and an expanded kids' activity area with storytime, games, and a take-home gift (for the first 100 kids). There is also a grand prize giveaway from Vikre Distillery.

As fun as the one-day celebration is, there's more to it than just great food and good times. Two Minnesota nonprofits—Southern Minnesota Initiative Foundation and Renewing the Countryside—founded it 10 years ago to strengthen the economic and social ties that occur when eaters support local farmers and food producers.

"These entrepreneurs are passionate, dedicated and extremely hard working," says FEAST! Marketplace coordinator, Elena Byrne of Renewing the Countryside. "I'm

frequently in awe of the sheer star power gathered on that day, from our loyal returning vendors to the ones we're just getting to know. We're here to help them grow and thrive, increasing their connections to each other and to consumers."

Over 10 years, FEAST! has connected the public to 377 different food businesses from across the Upper Midwest, and those connections have rippled out to the businesses and communities with whom those makers work.

"When you buy at FEAST!, you not only support one local business, you sustain every business, every family, that maker works with," says Deean Lufkin, co-owner of CannonBelles Cheese in Cannon Falls, Minn. CannonBelles has been a FEAST! Exhibitor since 2016 and won the festival's People's Choice award in 2019. "We source all our ingredients (except bacon bits) from within 25 miles of Cannon Falls. So when you buy our cheese, you're actually helping an entire community because all the local companies and farms we work with also support others in dozens of ways, from providing jobs to sponsoring baseball teams."

Looking for a delicious way to support local farmers and food producers while having a great time? Then check out FEAST!, Saturday, November 4 at the Mayo Civic Center.

Discount tickets are available at local-feast.org/buytickets: general admission \$8 (\$10 at the door), with VIP admission for craft alcohol sampling at \$25 (\$30 at the door). Kids under 12 are free. Get tickets at local-feast.org.

For more details on local foods in the Upper Midwest, look for LOCAL FEAST! magazine, Volume 6, available October 12.

FEAST! Local Foods Marketplace is a nonprofit event presented by Southern Minnesota Initiative Foundation, Renewing the Countryside, the Minnesota Department of Agriculture, and Compeer Financial. Visit www.local-feast.org and follow @localfeast-network on Facebook, @Local_Feast on Twitter, and @localfeast on Instagram.

Holly Thyme Craft Show

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by Hays '16

Working Session Meeting of the Mazeppa City Council Meeting Minutes Wednesday, September 27, 2023

The Mazeppa City Council Working Session was called to order at 6:00 PM by Mayor Chris Hagfors.

The Pledge of Allegiance was said.

Present: Mayor Chris Hagfors, Council Persons Steve Liffrig, Erica Young, Michael Hammes, and Dustin Wiebusch.

Others Present: Wabasha County Sheriff Rodney Bartsch, Deputy Sherriff Jason Bade, and

Administrator Clerk Karl Nahrgang.

Motion by Wiebusch, second by Young to approve the agenda. All in favor, none opposed. Carried.

The purpose of this working session is to review the new proposed policing contract between the City of Mazeppa and Wabasha County Sheriff's Department.

HISTORY:

The current contract is an open-ended contract agreed to in 2012. It called for a 2.5% rate increase annually. The contract specified that Wabasha County Sheriff's department would dedicate 20 hours per week patrol time to the City of Mazeppa to promote public safety with police presence in town and requested City ordinance enforcement. The specified rate increases did not keep up with increased costs of policing and the original cost analysis used in the contract may not have reflected the full costs of policing for the specified hours.

CURRENT CONTRACT / PROPOSED CONTRACT:

The City of Mazeppa will pay \$54,744 for policing in 2023. The proposed amount for policing in 2024 will be \$77,106.59. Sheriff Bartsch provided analysis of current Patrol Officer salaries and equipment costs supporting the increase. The proposed contract would be for 5 years with increases of 5% per year.

Sheriff Bartsch had shared information

with Administrator Clerk Nahrgang that the State of Minnesota had allocated a one-time grant in 2023 dedicated to offset public safety costs. Mr. Nahrgang confirmed that the City will receive \$38,947 in a one-time automatic public safety grant from the State of Minnesota and that amount would cover most of the increase for the first 2 years of the contract.

QUESTIONS FROM THE COUNCIL:

Could the contract be put in place for a shorter time to be revisited at the end of 2 years, or 3 years instead of 5? Sheriff Bartsch said that the contract could be altered upon 60-day notice by either party, but it would be possible to use a shorter time frame and the Council could reconsider contract details at a future renewal.

What if the contract was not to be renewed? The Sheriff's department would answer calls from within the City but would not spend as much time patrolling and being available within the community and would provide no City ordinance enforcement to

the City.

Why is the full cost of patrol hours charged to the City when a portion of taxes collected by the County goes to policing? Sheriff Bartsch pointed out that communities that have their own police force also pay taxes to the County that go towards policing.

The Council will consider this information and decide at the October 11, 2023 Council meeting to sign or amend the contract.

The Administrator Clerk suggested that letters be sent to our representative in State government to see if they would consider legislating the public safety grants into or in addition to annual Local Government Aid from the State of Minnesota.

Motion by Young, second by Wiebusch to adjourn the Council working session. All in favor, none opposed. Carried.

Meeting adjourned at 6:34 PM.

Next meeting, October 11, 2023 at 6:00 PM.

Administrator-Clerk

Historical Happenings

Compiled by
Helen Reiland

THE MAZEPPA JOURNAL, Editor and Publisher: Barbara and Reider Tommeraa

FRIDAY, NOVEMBER 4, 1955

IN THE SERVICE

Jerry Hoffman, son of Mrs. Caroline Hoffman, was recently promoted to A/3c. He is stationed at Rantoul Air Force base, Chanute Field, Ill.

S/Sgt Harvey Tri arrived Friday from Mitchell field, Hempstead, N.Y. to spend five days at his home here. He will be stationed at Wold Chamberlain field, Minneapolis.

Joe Hoffman returned home Saturday to spend a leave after finishing basic training at Camp Chaffee, Ark. He will report to El Paso, Texas, where he will take a 36-week course in guided missiles

SELF-SERVICE IN LONG DISTANCE CALLING

Wondering why the new and longer telephone numbers? Speed and economy. When all phone numbers comprise two letters and five digits the country will be ready for direct dialing of long distance as well as local calls. The first three symbols will get the right exchange in the right city, the last four will get the right party, as quickly and easily as local calls are made—with an automatic tabulator recording the billing, Anoka is now identified by HA-1, HE-3 is Austin, BE-5 is Willmar.

1956 Plowville Site Inspected

Preparations are already under-way for perhaps the biggest event in Mazeppa history—Plowville '56.

Vincent Sand has accepted the position of general manager of the two day event, expected to draw more than 10,000 spectators to six farms north of Mazeppa. Plans are now underway for demonstrations of soil conservation practices, parking, and housing, entertaining, and feed the crowds who will attend.

Monday afternoon about 50 members of various committees for the occasion met at Mazeppa and then inspected the sites to acquaint themselves with the locations of various contest and demonstration areas.

The six farmers who will be hosts for the event are Neil Arendt, Florian Reding, Nick Krier, Donald Darcy, Peter Perrotti and Clarence Arendt. Visitors who will attend the event next September will see pasture improvement on the Neil and Clarence Arendt farms; strip cropping and pasture on the Florian Reding farm; headquarters area, contour and level land plowing contests and tilling demonstrations on the Peter Perrotti farm, strip cropping and terrace construction demonstrations and building of a stock pond on the Donald Darcy farm; parking and finals of the contour contest on the Nick Krier farm.

A large number of Flying Farmers are expected to attend, and present to make arrangements of the landing area was Raymond Brown of St. Paul, of the Minnesota Department of Aeronautics.

Mazeppa area residents, at any rate, are eagerly looking forward to it.

Obituaries

ANEURIN HENRY RICH

Aneurin Henry Rich, longtime Mazeppa resident, died early Thursday at St. Elizabeth's Hospital, Wabasha. He was 86 years of age.

Mr. Rich was born Aug. 7, 1869, at Tunnel City, Wis. He moved to this area when very young, and attended Dist. 54 School in Mazeppa Township. He was married Nov. 22, 1893, in Wisconsin to Marion Ingham, who preceded him in death.

Surviving are triplet sons, Doctor R. Rich of Berwick, Maine, Dennis A. Rich of South St. Paul and Darrel J. Rich of Red Wing, and one daughter Mrs. Leslie (Olive) Lawrence of Zumbro Falls; one sister Florence Spicer of Burnsdale, Minn. and one brother, John of Rochester; 11 grandchildren and 15 great grandchildren.

The triplets were born in 1903 on the Don Schreder place & locals would say this.

*******Jingle: "Doc, Dennis & Darrel went down the hill in a barrel!"**

WILLIAM A. COOK

William A. Cook was born December 12, 1872 on a farm near Mazeppa, was the son of Mr. and Mrs. Elnathon Cook, who later moved to Zumbrota. His wife was the former Miss Jocie Boughton of rural Mazeppa. He farmed for a time and then had work in elevators in various localities, buying grain.

About 40 years ago, the Cook family went to Kellogg, Idaho, and there Mr. Cook was employed as a carpenter in the mines until a few years ago, when he retired and moved to Medina to live near his son and family.

His survivors are his wife, two sons, Daryl of Washington, D.C., Dorrance of Medina, Washington and a granddaughter.

Adam Poncelet Elected Mayor at Bellechester

Bellechester's first election, held Thursday October 27, saw a total of 73 votes cast out of a possible 80.

The voting for a complete slate of village officers was as follows:

Mayor- Adam Poncelet, 55 votes; Clerk- W.N. Majerus, 68; Treasurer- Willis Kahl, 40; Assessor;- John Mahoney, 50; Justice of the Peace (2)- Marvin Bystrom, 47; and Nick Delva, 67

Trustees- Tony Huneke, 48; Howard Schafer, 47; and Walter Arendt, 29; Constable; Koven Richter, 53; and John Haas, 54.

Regular Meeting of the Mazeppa City Council Meeting Minutes

Wednesday, October 11, 2023

The regular meeting of the Mazeppa City Council was called to order at 6:00 PM by Mayor Chris Hagfors.

The Pledge of Allegiance was said.

Present: Mayor Chris Hagfors, Council Persons Michael Hammes, Erica Young, and Dustin Wiebusch.

Others Present: City Attorney Luke Lamprecht, City Engineer Matt Mohs, Project Engineer Jake Pichelmann, Wabasha County Sherriff Rodney Bartsch, Public Works Director Scott Ellingson, Zumbrota Mazeppa Schools Superintendent Ryan Barnick, and Administrator Clerk Karl Nahrgang.

Present via electronic meeting: Holly Galbus from the News Record.

Absent: Councilperson Steve Liffri.

Motion by Wiebusch, second by Hammes to approve the agenda and addendum. All in favor, none opposed. Carried.

Motion by Hammes, second by Wiebusch to approve the September 13, 2023 regular City Council meeting minutes and September 27, 2023 Council working session minutes. All in favor, none opposed. Carried.

Sherriff Rodney Bartsch presented the monthly Incident Command Report. He said he had sent the update contract to City Attorney Lamprecht and Administrator Clerk Nahrgang to be distributed to Council this evening. Attorney Lamprecht said he had reviewed the contract, would get some details clarified with a League of Minnesota Cities review and send the markups back to Sherriff Bartsch.

Public Works Director Scott Ellingson gave the monthly Public Works report.

Administrator Clerk Karl Nahrgang gave the Fire Department report.

Administrator Clerk Karl Nahrgang gave the

liquor store report.

City Engineer Matt Mohs gave an engineering update.

Motion by Wiebusch, second by Hammes to approve additional soil borings at alternate sites for the WWTP. All in favor, none opposed. Carried.

City Administrator Clerk Karl Nahrgang gave a City Hall activities report.

Motion by Young, second by Wiebusch to approve transfer of funds from General Obligation loan to operating fund for WWTP engineering. All in favor, none opposed. Carried.

Zumbrota Mazeppa Schools Superintendent Ryan Barnick presented 2 ideas for the School District and the City to recognize local students. Idea 1 is for the City to display banners on the light posts featuring local graduating seniors during April and May leading up to graduation. The District would pay for the banners and would be willing to help City staff display them. They would be displayed on existing banner hardware. Idea 2 would involve having the elementary school kids, under supervision of the art teacher, to paint, decorate and sign the snowplow blade. The paint wears off during use but gives a feeling of connection between the children and their community.

Motion by Wiebusch, second by Young to approve the display of banners for graduating seniors in April and May of 2024 and to allow Z-M Elementary students to decorate the snowplow blade. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Liffri to approve building permits; MZ23-11, 1252 Riverbluff Rd. SE – deck. MZ23-17, 355 Walnut St. NE – re-roof. All in favor, none opposed. Carried.

2nd Reading Ordinance 2023-03 Amending ordinance 12-3 prohibiting cannabis use within public property and spaces.

Motion by Young, second by Wiebusch to

approve Ordinance 2023-03 amending ordinance 12-3 prohibiting cannabis use within public property and public spaces. All in favor, none opposed. Carried.

2nd Reading Ordinance 2023-04 “An interim ordinance prohibiting the operation of cannabis businesses within the City of Mazeppa”.

Motion by Wiebusch, second by Hammes to approve Ordinance 2023-04 “An interim ordinance prohibiting the operation of cannabis businesses within the City of Mazeppa”. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Young to approve Summary Publication of Ordinance 2023-04. All in favor, none opposed. Carried.

Motion by Young, second by Wiebusch to approve documents for Promissory Note, Mortgage, and Amortization Schedule for loan between Mazeppa Economic Development Authority and the City of Mazeppa. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Hammes to approve a driveway easement between the City of Mazeppa and Jacob and Angela Kosec. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Young to approve Resolution 2023-40 Findings of Fact for Derrick Bridley variance application. All in favor, none opposed. Carried.

Reading of changes to Mazeppa Personnel Policy regarding new Earned Sick and Safe time requirements by the State of Minnesota. Attorney Lamprecht suggested establishing an employee handbook. The City will need to pass the E.S.S.T. changes before December 31, 2023 on the current personnel policy.

Motion by Wiebusch, second by Hammes to move forward with employee handbook

\$1500 quote. All in favor, none opposed. Carried.

Motion by Young, second by Wiebusch to approve Resolution 2023-41 Approving Kosec Driveway agreement. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Hammes to pay the bills and claims. All in favor, none opposed. Carried.

Councilperson Erica Young thanked the vendors and donors that made the open-air market events a success. That there would be a golfcart parade on October 14, 2023 at 1PM.

Motion by Wiebusch, second by Hammes to close the regular meeting in accordance with Minnesota Statute to protect attorney client privilege to discuss threatened litigation by Kelly and Lemmons, P.A. on behalf of M.B. Sveen Properties. All in favor, none opposed. Carried.

Meeting was closed at 7:59 PM.

Motion by Wiebusch, second by Hammes to re-open the regular meeting. All in favor, none opposed. Carried.

Meeting was re-opened at 9:03 PM.

Motion by Wiebusch, second by Hammes to respond to Lemmons and Kelly, P.A. letter and re-new offer of \$62,000 to purchase the portion the M.B. Sveen property that contains the roadway. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Hammes to recess the meeting. All in favor, none opposed. Carried.

Meeting recessed at 9:07 PM.

Administrator-Clerk

Zumbro Falls City Council Minutes - September 13, 2023

The Zumbro Falls City Council met at City Hall on Wednesday at 6PM.

All Council Members were present along with Darla Oelkers, representing the Zumbro Falls Lions/Lionesses.

The Meeting was called to order by the Mayor. The clerk read the minutes of the August meeting to council which were accepted as read with a motion from Anderson, seconded Bankers, all in favor, Carried.

The Treasurer’s report followed with acceptance by a motion from Benson, seconded Bankers, all in favor, carried.

Darla addressed council with a proposal for a scoreboard to be purchased and installed for Cardinal Park. A donation has already been secured by VFW gambling funds to be used toward the project. Council agreed for the project to move forward with a motion from Benson, seconded Anderson, all in favor, carried. Darla will keep council updated on the project details.

Discussion was made on repairs needed to Hilltop Drive. Bruce will get bids for a temporary fix to get by until next year as repairs for School Drive and Wagon Wheel Dr. were costly for this year.

A motion for the City to lock in with Lawler Gas for L/P at \$1.43/gallon, for 2,307 gallons, was made by Anderson, seconded Benson, all in favor, carried.

After discussion the Sewer and Water Budget presented was accepted for the year 2024 with a motion from Bankers, seconded Benson, all in favor, carried.

The General Budget was also approved for the 2024 year with a motion from Bankers, seconded Benson, all in favor, Carried. To meet expenses for the coming year a 7.5% levy increase will be put in place.

A motion followed for the clerk to pay bills presented and the meeting to adjourn was made by

Anderson, seconded Benson, all in favor, carried.

Submitted by,

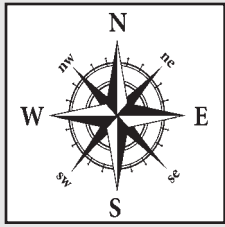
Susan Eischens, Clerk

Change is inevitable. Change of season, change of plans, change all around us. This summer, there were noticeable changes occurring in our community. A few more areas received sidewalk upgrades, the riverbank restoration and aquatic habitat improvement was completed, and park volunteer projects were added on to or improved. Other utility providers improved their infrastructure to provide better connectivity or electrical reliability. Sometimes change is messy, inconvenient, and unpredictable. When it is completed, the memory fades, and the services we rely on keep coming to us as we expect. We trust that they are more reliable and more efficient than what was previously in place.

Whether a corporate entity or a City Council, people decide when change needs to happen. They use all types of tools to aid in making decisions of what needs to be improved and when an improvement or replacement needs to be made. If we waited for something to break, we waited too long, and would create a greater inconvenience and cost. There are more needs to be addressed, more tools to be replaced, more training to be provided. The City tries to use the funds entrusted to us to keep providing reliable services and infrastructure and use the tools available to us to prioritize projects and equipment. The projects from this summer were planned well in advance, other issues may have cropped up that need to be addressed, and we will get them repaired or replaced. If you let us know what you see, we may have a plan for it or can even change the plan if the need arises.

CLERK CHATTER
By Karl Nahrgang
Administrator Clerk,
City of Mazeppa

Changes in Latitudes, Changes in Attitudes My Grandfather, Otis.



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.

I never knew my grandfather, Otis Campbell. He passed away the year I was born. But my grandmother and father told me many stories about him that just piqued my interest in him. I always enjoyed the character by his name in the Andy Griffith show, but unlike the Mayberry Otis Campbell, my grandfather was stone sober.

Most people remembered him for his dry wit. The only tangible evidence I had of that was the story my dad relayed about the day my grandpa almost ran over Elvis. It was written in pencil on the granary wall and mostly faded from sight by the time I was a kid. Turns out Elvis was the family dog, but it made a great story.

Harold Avery was a friend of Otis, and they were members of the Concord Church. When a new preacher was hired, Harold volunteered to take his livestock truck out to the western part of the state to move the new minister back, and Otis rode along to help. As the two filled the box of the truck with the new parson's household belongings, they constantly harped on each other over how to load each item. Once loaded the new pastor climbed in the truck cab between the two bickering furniture movers and had to endure the constant insults they plied each other with. His concern was that they may stop the truck and come to blows from the endless feuding. He was starting to reconsider the wisdom of coming to a church where two of the good members seemed to dislike each other so much. He later learned that they each loved to rib each other mercilessly and were in fact best friends.

The church had an old coal furnace in the



basement and one cold winter day it broke down. A couple of the men took turns laying on their backs inside the firebox and hammering with a cold chisel to remove the broken part. Dean Loquai told me years ago about the day in question, how the minister came over to see how they were coming along. Dean told him to head back to the parsonage as they were some words coming out of the furnace he might not want to hear.

My grandfather's hired man was Perry Bartholomew and one evening Otis stopped by their house on the farm to visit. Perry's wife loved the suspense theater on the radio and was sitting on a kitchen chair listening to the radio show with rapt attention. At the precise time, Otis reached out and put his hand on her shoulder. Her reaction was more than he expected as she jumped, sending the chair backwards, where the rear leg caught in a knot hole in the wood floor and she nearly fell onto the floor. She was not as amused as the two men were.

One evening Otis and a younger hired man had walked down to the country schoolhouse for a community meeting. As they walked back along the dark and deserted gravel road in the dark, a sound came from the cornfield to their right. It was the sound of cornstalks being broken and knocked down by a large and rapidly approaching object. The hired man in his terror took off running for the farm, leaving his older boss in his dust. Otis simply stopped and waited as a large buck deer burst out of the corn rows and raced across the road in front of him. My grandfather thought the whole event was too funny to be mad at the poor kid.

A Minnesotan: Thanksgiving Traditions



By RosaLin Alcoser

Across the country every family has their own Thanksgiving Day traditions. Holiday traditions are a great way to bring families closer together on the holiday as everyone has something to look forward to knowing that no matter what that one thing will take place on that day. It can even be a good way to feel connected to your family on the holidays if you are far away from them during the holidays. As you can at least do that one thing knowing that your loved ones are also doing it at the same time.

Some families cook the same meal every year, or watch football, others go outside to play football, while others do Turkey Trots or volunteer at soup kitchens. My family does none of these things.

Over the years we've done a number of things on Thanksgiving Day over the years. There have been years when we had

venison or ham instead of turkey. There have been years that it was warm enough for us to go for a walk after dinner or where we had gone back south and could do that. While there have been other years where we talked about how if it wasn't snowing we could go for a walk. Mostly though we have no strong traditions that we have to do on Thanksgiving Day no matter what.

Except for one. Every single year we all watch the Macy's Thanksgiving Day Parade no matter where we are. There isn't a single year in my entire life that I can recall not watching that parade on Thanksgiving Day. Even though we can't all be together on Thanksgiving Day every year, which is most of it these days, we all make sure that we are up and watching the parade at the same time.

For my family at least, watching the parade has given us all something in common about the holiday while apart for over a decade now. Which means at the end of the holiday we all have at least one shared experience to talk about no matter what else happened allowing for that feeling of togetherness that traditions create.



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- THEME: THE 1940s
- ACROSS
1. Sylvester Stallone's "___ King"
 6. And so forth, abbr.
 9. Mongolian desert
 13. Uniate church member
 14. Additionally
 15. Modified "will"
 16. Heart surgery prop
 17. Remains container
 18. Follow
 19. *Thor Heyerdahl's raft
 21. *Jackie Robinson's new team, 1947
 23. *Cassius Marcellus Clay, Jr., born in 1942
 24. Animal prod
 25. Give a nickname
 28. Dwarf buffalo
 30. Edible corn part
 35. Functions
 37. * ___ Strip on Mediterranean Sea, 1948
 39. Roman goddess, patroness of hunters
 40. *Moscow ___ cocktail, created in 1940s
 41. Beach souvenir
 43. Inspiring horror
 44. Not long
 46. Home to Bryce Canyon
 47. Smoothie bowl flavor
 48. Become available (2 words)
 50. Links hazard
 52. Mozart's "L" ___ del Cairo"
 53. Back of the neck
 55. Transgression
 57. *Carmen of "The Gang's All Here"
 61. *United ____, established 1945
 65. Popeye's sweetie
 66. *The BAA and NBL merged, forming this ball org., 1949
 68. Battle royal
 69. Denigrating statement
 70. What divots and divas have in common
 71. Audience's approval
 72. Lad's counterpart
 73. Number on a birthday cake
 74. Not o'er

- DOWN
1. Poacher's trophy
 2. "Do ___ others..."
 3. Bank claim
 4. *1947's "Here Comes ___ Claus"
 5. King of the Huns
 6. Purse for the red carpet
 7. High craggy hill
 8. Type of dwelling
 9. "The ___ Show" (1976-1980)
 10. Yorkshire river
 11. Hangover memory?
 12. 15th of March
 15. Tied the knot
 20. *Leopold III of Belgium and Christian X of Denmark, e.g.
 22. Acorn producer
 24. Common newspaper name
 25. *"When I See an Elephant Fly" elephant, 1941
 26. Steal a throne
 27. Misrepresent
 29. *Pearl Harbor location
 31. Capital of Latvia
 32. Narcotics agent
 33. *Considered first general-purpose computer, acr.
 34. a.k.a. vampire
 36. Espied
 38. a.k.a. Daminozide
 42. ___ Apso
 45. Tornado visual
 49. Helicopter landing
 51. Coal miners
 54. Bear of bamboo forest
 56. Brother's daughter
 57. Gangster's gal
 58. Hip bones
 59. Barbecued anatomy
 60. Birds
 61. Part of cathedral
 62. Cantina cooker
 63. Sans mixers
 64. Comedian Meyers
 67. *"The ___ Sleep," 1946

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