



Goodhue-Bellechester Messenger

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Announcements

• **Community Suicide Prevention Training September 24th, 2023 from 6:00PM-8:00PM.** Join us for a suicide prevention training, Question, Persuade, and Refer (QPR). Just like CPR, QPR is an emergency response to someone in crisis. You will learn three steps anyone can take to help prevent a suicide. QPR is the most widely taught gatekeeper training in the United States. You will learn best practices in preventing suicide and what resources to share. The class is 1.5 hours. There will be a five-minute personal story before the class. The evening ends with refreshments and resource tables of our local mental health organizations. The event is free to the public and open to Goodhue County Communities. Childcare provided by St. John's Lutheran Church and Preschool for kids ages 3 and up.

Host site - Goodhue Public School in the soft seat gym, Goodhue, MN. Parking in the back of school. The class is in collaboration with Goodhue Community Health Awareness Coalition, Goodhue Public Health, Southeast Crisis Response, Hiawatha Valley Mental Health and NAMI Southeast MN.

• **Belvidere Happy-Go-Luckies 4-H Club** (usually) meets the first Monday of each month at 7p.m. at St. Peter's Church, rural Goodhue. New members are always welcome! Contact club leader Michelle Benrud at 651-923-5247 for more information.

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County to Assume Patrol in Goodhue



On August 9th Goodhue Police Chief Josh Smith unexpectedly resigned his position with the city of Goodhue. Two days later the remaining full time officer

and five part-time officers also turned in their resignation. At a meeting the following week when the Goodhue city council had planned to meet to discuss pay raises for the police department they were approving the resignations of all city officers. The event caused a

flurry of national news coverage in many media outlets.

The Goodhue council members were quite surprised at the turn of events as they had approved a \$13,000 raise for the police chief along with a 5% raise for the rest of the officers.

The police chief's reason for the abrupt resignation was that of pay inequity and he subsequently took a position with the Lake City police department. The remaining officers stated that they resigned as well because they were working more out of loyalty to the chief.

(continued on page 18)

Goodhue Living Celebrates First Year



The Goodhue Living facility will be celebrating their first year of residency on October 15th from 1-4 PM. Outdoor games for all ages, music, refreshments, and other activities are being planned. *photo courtesy of Goodhue Living*

By Beth Brekke

It has been one year since the Goodhue Living facility opened and a special event is being planned for October 15th from 1-4 PM that will include outdoor activities for all ages, music, refreshments and more.

(continued on page 6)

HERO Project Rides Through Community



Rides in Goodhue reaching the Lions Club.

Project hero, an organization which supports veterans in their fight against disabilities, and PTSD came through the area as part of the Great Lakes Challenge, which began in the Saint Paul.

(continued on page 5)



Wishing Our Students & Teachers a SAFE & SUCCESSFUL SCHOOL YEAR

Jerry Tipcke
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Goodhue, MN 55027
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Pastors Corner

By Robb Robert pastor at St. John's Evangelical Lutheran Church

Have you ever read the backgrounds of why our ecumenical creeds were written? History has a way of repeating itself when it comes to errors about the God of the Bible. Since the early days of the church, we have simply been recycling, rebranding, and repeating the same old errors. I would like to share a little background for each of the three ecumenical creeds in Christian churches today.

The Apostles' Creed is a brief statement of gospel truths taught by the apostles. It was not put together by theologians, but out of the needs of the Christian church. Christians used it to tell others what they believed and also to confess their faith with one another as they met for worship.

The Nicene Creed was written around A.D. 325 in defense of the true Christian faith. The Council at Nicea developed it, expanding on the deity of Christ, in order to safeguard the apostles' teaching.

"The Athanasian Creed" is named after St.

Athanasius, a staunch defender of the Christian faith in the fourth century. It was prepared to assist the Church in combating two errors that undermined Bible teaching. One error denied that God's Son and the Holy Spirit are of one being or Godhead with the Father. The other error denied that Jesus Christ is true God and true man in one person. The Athanasian Creed continues to serve the Christian Church as a standard of the truth. It declares that whoever rejects the doctrine of the Trinity and the doctrine of Christ is without the saving faith.

A few months ago a female "pastor" of a "Lutheran" "church" in Edina, Minnesota had her congregation stand up and "confess our faith today in the words of the 'Sparkle Creed'". It was total heresy and the fact that she was not immediately defrocked from the ministry says a lot about the synod she is associated with. The word "synod" comes from two Greek words: "with" and "road". When we talk about walking together in this life on the road that leads to our heavenly home, we are using words that make up the concept of a synod. Romans 16:17 says, "I urge you, brothers and sisters, to watch out for those who cause divisions and put obstacles in your way that are contrary to the teaching you have learned. Keep away from them." You cannot be in a synod with those who teach contrary to clear Bible teachings. You are not walking on the same road.

I urge you to watch the Sparkle Creed on YouTube and look at the robe the "pastor" is wearing. Look at the candles and the altar and other things that give the appearance this is a Christian church. Then listen to the "creed".

2 Corinthians 11:14 tells us that the devil himself can sparkle as an angel of light. However, once the father of lies starts opening his mouth or doing his actions it becomes crystal clear he is not from God. Think of how the Bereans were praised for their love of God's Word, "Now the Bereans were of more noble character than those in Thessalonica, for they received the message with great eagerness and examined the Scriptures every day to see if what Paul said was true"(Acts 17:11). Jesus says in John 8:31, "If you hold to my Word you are really my disciples." Be a bold enough Christian to demand that your spiritual leader is a Gospel(Jesus' perfect life, innocent death and glorious resurrection) motivated leader who believes the Bible is inerrant, infallible, and all sufficient. I pray you all recite one of the creeds weekly in your church, and now maybe even a little louder and prouder!!

We say with the hymnist:

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"God's Word is our great heritage and shall be ours forever; to spread its light from age to age shall be our chief endeavor. Through life it guides our way, in death it is our stay. Lord, grant, while worlds endure, we keep its teachings pure throughout all generations."

Announcements

(continued from page 1)

• **Three Rivers Community Action is currently accepting new Meals On Wheels clients in the communities of Zumbrota, Mazepa, Goodhue, Pine Island, Kenyon and Wanamingo.** Receive a hot meal delivered to your home by a volunteer at lunch time up to 5 days per week. To qualify you must be 60 or older, live within city limits, have limited mobility and/or are unable to prepare nutritious meals. The suggested donation is \$4.50 per meal. For more information on how to sign up for meals or to be a volunteer driver, please contact Dana Bergner at 507-421-6067 or dbergner@threeriverscap.org

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Goodhue-Bellechester Messenger

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SHOP LOCAL

HOLY TRINITY CATHOLIC CHURCH

Father Thomas McCabe • www.holytrinitygoodhue.org
211 4th St. N., Goodhue • 923-4472

P parish Office Hours, Mon.: 9:00AM - 2:00PM

(Holy Trinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Columbkill, Belle Creek, since merger in 2013).

Sat.: 4:45PM - 5:20PM Confession, 5:30PM Holy Mass (Sunday vigil)

Tues.: 8:00AM Holy Mass

Wed.: 8:00AM Holy Mass, 9:00AM - 2:00PM Eucharistic Adoration

Rosary said 25 minutes before Holy Mass

All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith.

We practice because we are not yet perfect!

ST. MARY'S CATHOLIC CHURCH

Father Thomas McCabe • www.holytrinitygoodhue.org
221 Chester Avenue • 923-4472

(Holy Trinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Columbkill, Belle Creek, since merger in 2013).

Sun.: 8:15AM - 8:35AM Confession, 8:45AM, Holy Mass

Mon.: 8:00AM Holy Mass, 6:30PM - 9:00PM Eucharistic Adoration

Rosary said 25 minutes before Holy Mass

All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith.

We practice because we are not yet perfect!

ST. COLUMBKILL CATHOLIC CHURCH

Father Thomas McCabe • www.holytrinitygoodhue.org
County Road 47, Goodhue • 923-4472

(Holy Trinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Columbkill, Belle Creek, since merger in 2013).

Sun.: 10:30AM Holy Mass

Thurs.: 8:00AM Eucharistic Adoration/Confession, 9:00AM Holy Mass

Rosary said 25 minutes before Holy Mass

All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith.

We practice because we are not yet perfect!

GRACE EV. LUTHERAN CHURCH (WELS)

Pastor Martin Weigand
39774 Co. 4 Blvd., Goodhue • 651-923-4624

gracelutheranchurch@gmail.com • www.gracesteters.org

Sunday Morning Worship 8:30a.m. with communion

on the second and fourth Sunday of each month.

Sunday School at 9:30a.m., Sunday Bible Study at 9:45a.m.,

Confirmation Class 5:45 on Wednesday at St Peter's.

8:30a.m. Quilting and Bible Study on Wednesday at St Peter's, and

10:30a.m. Midweek Bible Study on Thursday at St Peter's.

AREA CHURCH DIRECTORY

Deep Sense of Awe

"Now get up and stand on your feet. . . . I am sending you to [the Gentiles] to open their eyes . . . so that they may receive forgiveness of sins. . . ." — Acts 26:16-18

Consider your own story of faith. One of the ways you can know the awe of God is through your story. Maybe you came to Jesus out of a life of poverty and pain. Maybe you think your story is less than exciting because you grew up in the church and have always been a part of it.

Whatever the case, you have a story to share because it's really about God's story happening through you. In all your struggles, celebrations, griefs, and joys, God has been telling his story of grace in and through you.

When given the opportunity, Paul shared his story. One of the main reasons a personal story is so powerful is that no one can argue against the way God has chosen to work in and through you. Think of moments when you had to trust God with a loved one who was sick, or when you were not sure how to pay a debt and God provided for you. Or maybe you thought your marriage was at the point of no return, but God brought it back.

People can debate theology and doctrine, but they cannot argue against the awesome work of God in and through a transformed life.

May we not lose sight of the power of whom we serve and that we are called to be his people. Let's embrace and celebrate the awe and wonder of God's power each day.

God, undo me today! Soften my heart and bring me freedom so that I may see and know the wonder of who you are. Amen

ST. JOHN'S EV. LUTHERAN (WELS)

Pastor Randall Kuznicki
Minneola Twp. Co. Rd. 7, rural Zumbrota
Sunday Worship 10:00 a.m.; Communion 3rd Sunday
Sunday School and Bible Studies (Adult & Teen) 11:00a.m.

ST. PETER'S LUTHERAN CHURCH, MISSOURI SYNOD

Pastor Steven Frentz
28961 365th St., Goodhue
651-923-4438

Email: stpeter@sleepyeyetel.net

9:30a.m. Sunday School

10:30a.m. Worship

Email your church announcements, schedule to the Messenger at: hometownmessenger@gmail.com

MINNEOLA LUTHERAN CHURCH

Pastor Hannah Bergstrom de Leon
www.minneolalutheranchurch.com
13628 Cty. 50 Blvd., Goodhue
Office line: (507) 218-7177 • Pastoral Care: 507-218-9063
9:00a.m. Sunday Worship

August 6 - Indoor @ Minneola

August 13 - Outdoor Community Worship @ Minneola

August 20 - Indoor @ Minneola

August 27 - Outdoor @ Minneola

ST. JOHN'S EV. LUTHERAN CHURCH (WELS)

Pastor Robbin Robbert
36620 Co. 4 Blvd., Goodhue • 651-923-4773
Sunday 9:00am Worship

Communion offered on the 2nd & 4th Sundays.

ST. LUKE'S LUTHERAN CHURCH (ELCA)

Pastor Eric Hanson
PO Box 276, 308 1st Ave., Goodhue
Email: office@stlukegoodhue.org • 651-923-4695
Sunday Worship: 9:30 a.m.
Wednesday Worship: 6:45 a.m.*
18910 360th Street, Goodhue

*Check our website for changes: www.stlukegoodhue.org

ST. PETER'S EV. LUTHERAN CHURCH (WELS)

Pastor Martin Weigand
702 West Third Ave., Goodhue, MN • 715-441-5086
Sunday Morning Worship 10:45a.m. with communion on the second and fourth Sunday of each month.
Sunday School at 9:30a.m. at Grace.
Sunday Bible Study at 9:30a.m.,
Confirmation Class 5:45p.m. on Wednesday,
8:30a.m. Quilting and Bible Study on
Wednesday, and 10:30a.m. Midweek Bible Class on Thursday.



Marjorie Elizabeth Dahling

Marjorie Elizabeth Dahling of Goodhue passed away August 15, 2023 at the Zumbrota Care Center. She was born September 1, 1934 in Mazeppa, Minnesota to Jack and Ruby (nee Tupper) Frank. Marge attended school in Mazeppa and was married on July 21, 1951 to Mel-

fred Dahling at the parsonage of St. Peter's Lutheran church in Goodhue. They were blessed with 4 children, loving and raising them on their farm in rural Goodhue. In 2013, two years after Mel passed away, Marge moved to a townhouse in Goodhue and eventually moved into assisted living. Marge was a member of St. John's Evangelical Lutheran church, rural Goodhue. She was an active ladies aid member and a neighborhood home extension group.

After her children were grown, in 1977, Marge went to school at Rochester vo-tech to obtain her assistant food supervisor license in 1979. Marge worked in the dietary department at the Zumbrota hospital and nursing home from 1977 until her retirement in 2003.

Marge was an excellent baker and loved to spend her time in the kitchen. Her homemade buns and apple and banana cream pie were family favorites. She cherished her 9 grandchildren, 20 great-grandchildren and 2 great-great-grandchildren. They were the light of her life. The farmhouse door was always open and without fail, Marge had coffee ready and would be sure to serve you something to eat. She had a love for music and was a beautiful pianist, until arthritis hindered playing in her later years. One highlight while Marge resided at the nursing home was being crowned the Valentine's Day Queen in 2020, she loved wearing her crown.

Marge is survived by 2 daughters, Deborah (David) Gnotke, Roxanne (Richard) Lodermeier and 1 son, Michael (Robin) Dahling, all from Goodhue. Grandchildren, Heather Tietje, Ross Gnotke, Katie Schafer, Ashley Agenten, Brent Lodermeier, Tyler Lodermeier, Brittney Zorn, Lucas Dahling and Leah Dahling. Also survived by 20 great-grand-

children and 2 great-great-grandchildren and brothers, Sid Frank and Ralph (Norma) Frank of Mazeppa.

She is preceded in death by her parents, her mother and father-in-law, husband, daughter and son-in-law, Randi and Charlie Carlson, one brother, Ivan, 4 sister-in-laws, and 2 brother-in-laws.

The funeral for Marge was Saturday, August 19, 2023 at St. John's Evangelical Lutheran Church, 36620 Cty 4, Goodhue, MN. Visitation was from 11am to 1pm at the church with the funeral following at 1pm. The service was live streamed on the church's Facebook page. Christian burial was in St. John's Cemetery. Memorials are suggested to St. John's Ev. Lutheran Church. Arrangements are by the Mahn Family Funeral Home, Larson Chapel.

William "Willie" Carlstrom

William "Willie" Carlstrom, 76 years of age, died at home Monday, July 31st after a seven-year battle with cancer. He was surrounded by his wife, Wanda, and family members.



Willie was born in Red Wing to Elmer and Marian Carlstrom.

He grew up in rural Goodhue and graduated from Goodhue High School in 1965. Upon graduation, he worked at Red Wing Shoe factory prior to being drafted to serve in the U.S. Army in November 1966. He did basic training in El Paso, Texas followed by further training in Virginia. He was sent to Viet Nam, where he spent his 21st birthday on guard duty during the Tet Offensive. Upon discharge he attended Dunwoody Technical Institute where he studied Auto Mechanics. His first employment was at Dabelow Pontiac in Cannon Falls. Willie's mechanical skills led to several jobs in the construction industry including heavy equipment. He retired from Hoffman & McNamara Nursery in 2013.

He married Wanda Benrud on August 14, 1971. Willie loved watching the wildlife at their home in rural Cannon Falls. They enjoyed camping and walleye fishing "up north" and ice fishing on Mille Lacs. He also

enjoyed deer hunting with friends and family, but his passion was playing cribbage. Willie played weekly with the Grass Roots club in Northfield. As a skilled player, he traveled near and far to compete in tournaments.

Willie will be remembered fondly by his nieces and others for his "teasing" personality. His nephews and many admired his mechanical skills and wealth of knowledge in all things mechanical.

He is survived by his wife, Wanda, brothers Mark (Toni) of Park Rapids, David (Brenda) of Red Wing, sister Janice Kylo of Mazeppa, two brothers-in-law - Jerry Benrud (Viki) of Amboy, and Roger Benrud (Michelle) of Goodhue, and sister-in-law Cindy Ryan (Greg) of Goodhue and 18 nieces and nephews.

Willie was preceded in death by a sister, a brother, his parents, a sister-in-law, and parents-in-law.

A Celebration of Life was held August 13th at the Cannon Falls Sportsman's Club, 32970 Oxford Mill Rd, Cannon Falls, MN 55009; from 4-8pm, with a short program at 5:30. Memorials preferred to Northfield Hospital Foundation, River Bluff Humane Society or donor's choice.

Lou Ann Alice Anderson

Lou Ann Alice Anderson, 82, of Red Wing, died Tuesday, August 15, 2023, at the Lake City Care Center, surrounded by her loving family. She was born on September 28, 1940, in Red Wing to Louis and Evelyn (Nardinger) Rusch. She graduated from



Goodhue High School in 1958. For a few years she worked at Red Wing Shoe Company. On September 7, 1963, she was united in marriage to William Anderson at the Church of St. Joseph. For many years she cleaned homes and businesses in Red Wing with her mother. William died on January 24, 2012. Lou Ann was a faithful member of the Church of St. Joseph. She enjoyed precious time spent with family, going to the Bierstube with her sister, Leanell and her loving dog, Betsy.

Lou Ann is survived by her daughter, Robin

(Gary) Wedrickas of Red Wing; two grandchildren, Alan (Mariah) Wedrickas of North Mankato and John (Kenzie Bussert) Wedrickas of Houston, TX; two great grandchildren, Blaire and Wells Wedrickas; one sister, Leanell Rusch of Red Wing; sister-in-law, Lois Anderson of Palm Desert, CA along with cousins and other family and friends. She was preceded in death by her husband; parents; twin sister, Mary Ann and one infant sister.

Mass of Resurrection was at 10 a.m. Saturday, August 19, 2023, at the Church of St. Joseph. Father Brandon Theisen presided. Burial was at the Calvary Cemetery. Visitation was from 8:30 a.m. until the time of the service. Memorials are preferred to the Church of St. Joseph or the Red Wing Kiwanis Flower Basket Fund. Funeral arrangements are by the Mahn Family Funeral Home, Bodelson-Mahn Chapel.

Daniel Lee "Dan" Hedeon

Daniel Lee "Dan" Hedeon, age 71 of Vasa, died on Sunday, August 27, 2023 at Mayo Clinic Health System - Menomonie, WI.

Dan was born on March 9, 1952 in Red Wing, MN, the son of Steve and Joyce (Banitt) Hedeon. He graduated from Cannon Falls High School in 1970.

He married Shirley King on January 8, 1972 in Miesville, and they made their home in Vasa. He is a lifelong, active member of Vasa Lutheran Church and had served as council president. He was also active with the Vasa Museum for many years.

Together with his wife, Shirley, they owned and operated Hedeon Insurance in Goodhue for 42 years, retiring in 2019. Dan had also loved driving bus for Goodhue Schools. He enjoyed the outdoors, spending time at their cabin on the lake up north, as well as fishing trips to Canada.

He will be remembered for his love and dedication to his family, his on going support of their grandchildren's activities, his welcoming smile, and his sense of humor.

He is survived by his wife of 51 years, Shirley; children, Jenny Hedeon of Rosemount, Robert (Ria) Hedeon of Wanamingo, and Erin (Nick) Gravemann of Goodhue; 7 grandchildren, Sarah Jo, Isaac, Eli, and Kiley Hedeon, Haley, Maxwell and Zachary Gravemann; brother, James "Jim" (Sue) Hedeon of Vasa; sisters-in-law, Julie Hedeon and Helen Hedeon, both of Vasa; and many nieces and nephews.

He was preceded in death by his parents, Steve and Joyce Hedeon; and brothers, John, Thomas, and David Hedeon.

A memorial service was held on Friday, Sep. 1 at 12:00pm, with visitation from 9:30am-12pm at Vasa Lutheran Church. This service was livestreamed. Urn bearers were the Hedeon family.

In lieu of flowers, memorials may be given in Dan's name to the charity of your choice.

(obituaries continued on page 4)



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Meagan Jaeger

St. Luke Lutheran Church, Goodhue, is hiring!

Part-time Faith Formation Facilitator Position:

Do you love working with children, youth, and families? Do get energized when kids, teens, and families come together in faith, relationship, and service? Do you enjoy working with great teams toward common goals? If so, this part-time position may be for you! St. Luke Lutheran Church in Goodhue is looking for a part-time Faith Formation Facilitator who will work with staff in leading our Sunday school through high school youth ministries. Interested? Please contact St. Luke Lutheran Church by phone at 651-923-4695 or email at office@stlukegoodhue.org and tell us you're interested. For the full job description please visit our website at www.stlukegoodhue.org.

HOW TO OFFICIALLY APPLY?

Please send a resume and cover letter to St. Luke Lutheran Church at office@stlukegoodhue.org or drop off/send by mail to St. Luke Lutheran Church, PO Box 276, 308 1st Ave, Goodhue, MN 55027.

Blake William Apley

Blake William Apley, 16, of Lake City, died unexpectedly Tuesday, August 29, 2023. He was born on February 17, 2007, in Lake City to William and Jennifer (Kohrs) Apley. He attended schools in Lake City up until January of this year when he transferred to Goodhue. He would have been a junior at Goodhue High School this fall.



From the very beginning of life, Blake's passion was working on his grandparent's dairy farm, and he dreamed one day of being a farmer and mechanic. Blake was one of the hardest working kids you could ever meet. He had a love for animals and started his own hobby farm where he owned and raised calves, goats, chickens, ducks, and took care of his dogs; Bo, Rosie and Otis. He was well known at the local sales barns where he would enjoy buying and selling animals to add to his herd; and visiting with the local farmers. When Blake wasn't working with his own animals, you could find him at his friends' farm, Al and Lisa Peters where he was employed to do field and mechanic work which he loved. Blake could fix anything that had a motor and was learning quickly to become a great mechanic. Blake loved anything that had a motor and when he wasn't working (which wasn't very often) you might have found him riding dirt bike or snowmobile. He enjoyed trapping gophers, and hunting deer, pigeons, and squirrels. His grandpa's John Deere 4250 tractor was his pride and joy.

Blake touched the lives of so many people and he had lots of wonderful friends, including his special friend Bri. He had a natural way of making people feel loved, wanted, and cared for. If you were in Blake's circle, you knew you would have a forever friend who would love and defend you no matter what. He wasn't afraid to stand up for what wasn't right. He had one of the biggest hearts ever. He was a goof ball on the outside and was sure to make anyone laugh. Some might say he was a bit mischievous, but it was always in good fun.

For Blake, life wasn't always easy. Under the loving heart and goofy grins was someone who struggled. Blake wasn't always understood by everyone but to those who took the time to know him, you couldn't help but love him. Blake will always be remembered for the love he so easily gave.

Blake will be grieved deeply by his parents, Bill and Jennifer; brother Leydon and sister Daelyn; his maternal grandparents, Keith and Deb Kohrs; paternal grandmother, Marlene Apley and maternal great grandparents, Jim and Mary Wallerich all of Lake City. He is also survived by his aunts and uncles, Lorie and Denny Schott of Goodhue, Vicky and Kenny Dohrn, Jessica and Matt Kehren, and Jeremy and Amanda Kohrs all of Lake City. He had many cousins who loved him including Shawn, Zac, Brian, Jackie, Mike, Matt, Missy, Maranda, Natalie, Noah, Mason, Tyler, Madeline, Mackenzie, and Connor; and many more loving family members. He will also be missed by his many friends who loved and cared about him. He was preceded in death by his paternal grandfather, Harold Apley; maternal great grandparents, Emery and Ruth

Kohrs; great-cousins Shanna McDonnell and Rosalie Hoffman; and other loving family members.

Funeral service will be 1 p.m. Saturday, September 9, 2023, at First Lutheran Church in Lake City with burial to follow at St. John's Cemetery. Visitation will be from 11 a.m. to the time of the service on Saturday at the church. A celebration of life will immediately follow the burial at the Sportsman Club in Lake City. Memorials are preferred to the Peters Memorial Fund, petersmemorialfund.org. Arrangements are by the Mahn Family Funeral Home, Anderson-Peterson Chapel in Lake City.

Carol Ann Friedrich

Carol Ann Friedrich, 82, of Mazeppa, passed away on August 16, 2023, at Pine Haven Community in Pine Island. Carol was born on May 10, 1941, to Alfred and Opal (Bluhm) Miller in Lake City. She grew up in the Zumbro Falls area and was an only child. She



attended the Country School District 52 and graduated from Lincoln High School in Lake City in 1958. She married Arthur Friedrich on February 6, 1960, in Zumbrota and they lived in Mazeppa. She went to work for Zumco and then Telex in Rochester for twenty-four and a half years. She enjoyed Bingo, gardening and flowers, and watching Vikings and Twins games.

Carol is survived by her in-laws, nieces and nephews. She was preceded in death by her parents and husband.

A memorial service was held at 11 a.m. on Wednesday, August 23, 2023, at Christ Lutheran Church in Zumbrota. Reverend Wayne Schoch officiated. Visitation was one hour prior to the service. Burial was at Pleasant Prairie Dale Cemetery in rural Zumbro Falls. Memorials may be sent to Christ Lutheran Church. Arrangements were made by Mahn Family Funeral Home, Larson Chapel in Zumbrota.

Alan Lawrence Brinkman

Alan Lawrence Brinkman 72, of Goodhue passed away Saturday, August 26, 2023 at Methodist Hospital, surrounded by his loving family. Alan was born June 13, 1951 to Delmar and Darlene (Muhlman) Brinkman Yotter.



Alan attended Belvidere Country School until 8th grade, then graduated from Goodhue High School, Class of 1969. He was a member of St. Mary's Catholic Church of Bellechester, Goodhue Lions Club and a longtime member of the 4H Club.

Alan married Clare (Majerus) on April 12, 1975. Together they raised four children. Trisha (Jesse) Banitt, Jill (Jered) Buxengard, Jared (Jessica) Brinkman, and Todd (Abigail) Brinkman; 14 grandchildren that he was very proud of Xander, Addison, Reece, and Mason Banitt, Owen and Ella Buxengard, Jacob, Laura, Shae and Kash Brinkman, Calvin, Liv,

Brooks and Odin Brinkman.

Alan loved fishing, playing cards, spending time with family and friends at the feed store. His most proud life accomplishments are his marriage of 48 years, his grandchildren, farming, raising animals and owning GB Feed and Supply.

Alan was preceded in death by his parents, stepdad Donald Yotter, one nephew, brother in-laws and sister in-laws and friends.

A Mass of Christian Burial was held on Friday, September 1, 2023 at 11:00 a.m. at St. Mary's Catholic Church, 221 Chester Ave. Bellechester MN 55027, with a visitation be-

ginning at 10 a.m.

Visitation was held Thursday, August 31, 2023 at the Bellechester Community Center, 101 1st Ave Bellechester MN 55027, from 4-8 p.m.

Pallbearers were all his grandchildren. Memorials preferred to St. Mary's Church Cemetery or St. Peter's Belvidere Church Cemetery. The family of Alan Brinkman would like to thank all the staff at the Lake City Hospital, Methodist Hospital, St. Mary's Hospital, Lake City Ambulance and the Goodhue First Responders for all of his care.

Former Governor Al Quie Passes Away

Former Minnesota Gov. Al Quie, a moderate Republican known for working across the aisle as both governor and as a congressman, has died. He was 99.

Quie died of natural causes late Friday, August 18 at a senior living community in suburban Wayzata where he had lived for the last 10 years, his son, Joel Quie, said Saturday.

While he had been in declining health in recent months, he still enjoyed meeting and greeting people. At a family gathering two weeks ago, he read aloud to his great-grandchildren from their favorite storybook, his son said. He died just a month shy of his 100th birthday.

"His stature and his energy and his enthusiasm for life was there right to the end," Joel Quie said.

Albert Harold Quie was born Sept. 18, 1923, on his family's dairy farm near Dennison in southeastern Minnesota. After serving as a Navy pilot in World War II, he returned home to resume farming. He served a stint in the Minnesota Senate before winning a special election for a vacant congressional seat.

Quie represented southeastern Minnesota's 1st District in the U.S. House from 1958 to 1979, becoming known for his expertise on education and agriculture. He ran for governor in 1978 and unseated Rudy Perpich in what was dubbed the "Minnesota Massacre," a bad year for state Democrats. Voter anger had lingered after Gov. Wendell Anderson arranged for Perpich, then his lieutenant governor, to appoint Anderson to the U.S. Senate seat that Walter Mondale gave up in 1976 to become vice president

But Quie's single term as governor turned rocky amid a deep budget shortfall in the early 1980s, when Democrats controlled the Minnesota Legislature. Amid the bitter divisions of the 1981 and 1982 sessions, he opted not to seek reelection.

In a farewell address at the University of Minnesota in December 1982, Quie decried the growing partisanship in politics but said he remained optimistic about the future of the state and the nation.

"I entered public life with a strong, though still-developing belief in the sanctity of the individual, the centrality of the family, and the compassion and good sense of people in neighborhoods and local communities. I believed that all people have infinite worth, and that all people possess gifts that can be known fully by no one," he said. "My belief in these ideas gained in strength as the years passed and I better saw their worth, and as they withstood the doubts of skeptics and the strain of great change. Nothing ... has successfully challenged my early — and lasting — belief in them."

Quie, a man of deep Lutheran faith, remained active after leaving office, serving as a local and national leader of the Christian ministry Prison Fellowship.

Joel Quie, a retired Lutheran pastor, said his family used his 99th birthday celebration last year as sort of a dress rehearsal for what they hoped would be his 100th. Current Gov. Tim Walz proclaimed it Al Quie Day. When he turned 97, the former Navy pilot got to fly in an open cockpit plane — albeit with another pilot at the controls. He had been an avid horseman and last rode when he was 1995. His goal was to saddle a horse when he turned 100, his son said.

"God blessed him with incredible resilience and stamina," his son said. "And he embraced it and lived life to the fullest."

Walz, a Democrat who held Quie's congressional seat for 12 years before becoming governor, paid tribute to him Saturday, recalling that he found him "caring, funny, and generous as ever" when he attended his predecessor's 99th birthday celebration.

"A veteran, a man of faith, and a life-long public servant, Governor Quie had a deep commitment to the betterment of our state and a legacy that extends beyond his time in office," Walz said in a statement. "His advocacy for education, eliminating discrimination, and rural development demonstrated his unwavering dedication to creating a better life for all Minnesotans."

His wife, Gretchen Quie, died in 2015. Al Quie is survived by children Fred Quivik of St. Paul; Jennie Coffin of Fairfax, Va.; Dan Quie of Greenfield, Minn.; Joel Quie of Eden Prairie; Ben Quie of St. Paul; 14 grandchildren and 22 great-grandchildren. Quie's funeral will be held at Central Lutheran Church in Minneapolis on September 9 at 1 pm.



HERO Project Rides Through Community

(continued from page 1)

The group stopped in Goodhue, Bellechester, Zumbrota, Pine Island before ending their 66.7 mile day in Rochester on August 22.

Their stop in Goodhue was sponsored by the Goodhue Lions, and the Bellechester American Legion. The stop in Bellechester was sponsored by the Bellechester Community Center and the Bellechester American Legion. The hero Project was escorted into Goodhue by the Goodhue County Sheriffs Office, the Goodhue Fire Department and the Bellechester American Legion. With the excruciating heat and humidity, the air conditioned layovers at the Lions building and Bellechester Community Center were much appreciated. While there, the group enjoyed a water and Coca-Cola, break while eating homemade brownies, desserts and pickles. Desserts were provided by women of the BCCA and Bellechester American Legion.

From Bellechester the group stopped at the Zumbrota VFW for lunch before continuing to Pine Island. In Pine Island the Project Hero bicyclists rode into town at approximately 2pm. They were welcomed to town by spectators lining the street. They were grate-



Group at Bellechester Community Center, includes HERO riders and Bellechester American Legion members.

ful for a water spray by the Ojne Island Fire Department. They stopped at the Pine Island Legion for a 30 minute break and were pre-

sent with a check for \$3,500 from the June fundraiser with the PI Fire department. Following this stop they proceeded on to Rochester where they stayed overnight before

continuing their trek to LaCrosse the next day. Their six day ride ended in Madison, Wisconsin. The group carried a US flag with them in memoriam of the fallen.

OBITUARY

Rebecca "Becky" Mary Arendt

Rebecca "Becky" Mary Arendt, 70, of Bellechester, passed away at her home on September 1, 2023, with her family by her side. She was born July 25, 1953, in Zumbrota to Louis and Helen (Miller) Richardson. Becky graduated from Mazeppa High School. On July 14, 1973, she married the love of her life Richard Arendt.



In addition to being a homemaker, where she and Rich raised their three children, she worked at Farm Bureau Insurance in Red Wing for many years, and at the Kalass Insurance Agency in Zumbrota for over 20 years. She loved to spend time going up north with family and friends, she also enjoyed working on puzzles, sewing, going fishing, spending time reading, and cooking for her family. Most of all Becky enjoyed attending her kids and grandkids games, she loved to full out support her family.

Becky is survived by her loving husband of 50 years, Richard Arendt of Bellechester, their children, Jason (Lori) Arendt of Goodhue, Jamie (Kristin) Arendt of Eagan, and Jeff (Valerie) Arendt of Cary, North Carolina; three grandchildren, Miranda, Austin, and Edythe; a sister, Roberta Truman of Lake City, two brothers, Fred (Jeanette) Richardson of Mazeppa and Keith (Kim Baldwin) Richardson of Lake City; and a sister-in-law, Cindy Richardson of Lake City. She was preceded in death by her parents, and two brothers, Tom, and Joe.

A Funeral Mass will be held at 11:00 a.m. on Monday, September 11, at St. Mary's Catholic Church in Bellechester, with Father Thomas McCabe officiating. Burial will follow the service in St. Mary's Catholic Cemetery at Bellechester. Friends and family may visit from 2:00 to 5:00 p.m. on Sunday, September 10, at Schleicher Funeral Homes, Lake City Chapel and one hour prior to the service at the church on Monday. A gathering for friends and family will follow the service and burial at the Bellechester Community Center, 101 1st Street, Bellechester, Minnesota.

Arrangements by Schleicher Funeral Homes, Lake City Chapel. Guest register may be signed at www.schleicherfuneralhomes.com

Cutest Baby Contest Winner announced

Cooper Bonnin, son of Courtney and Corey Bonnin of Goodhue, was the winner of the Minnesota Citizens Concerned for Life's Cutest Baby Picture Contest held at the 2023 Goodhue County Fair, August 8-12.

A \$30 gift certificate to the Zumbrota Dairy Queen was donated by Minnesota Citizens Concerned for Life (MCCL) and was sent to the family. There were 21 baby pictures that were entered and displayed for judging by fair-goers.



The MCCL group has been at the Goodhue County Fair commercial building for many years, promoting the value of life from the moment of conception to natural death. It offers various opportunities for young and old to learn about a person's life before birth. Numerous volunteers staff the booth to provide information and resource materials.

New to the MCCL booth this year was a "Spinning Prize Wheel", where visitors to the booth could spin the wheel, answer a question and receive a sweet treat.

Back again this year were Young Ones, models of babies ten to twelve weeks old, true to life-size, made soft to the touch, lifelike in appearance, and wrapped in a blanket. A card was handed out with each one to explain the different milestones of early development and are made to be hands on. There was also an educational display of fetal models, kids activity and coloring sheets, educational materials, along with larger Touch of Life babies.

Again, these babies are realistic and life-like and are made to be hands-on.

Those over 18 were encouraged to sign this year's pro-life petition, asking Minnesota lawmakers to support life at all stages.

The drawing for the Dairy Queen birthday cake, donated by Zumbrota Dairy Queen was Ella Klingsporn of Mazeppa.

MCCL is launching a new "Save the 12,000" series of meetings across the state. At each meeting, MCCL will update attendees about the extremism of Minnesota's current laws.

MCCL will lay out practical steps everyone can take that will save lives. All are welcome to these free events. Check out mccl.org/12k for a meeting location in your area.

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Goodhue-Bellechester
Messenger

Goodhue Living Celebrates First Year

(continued from page 1)

The celebration, like all events hosted by Goodhue Living, is open to the public and everyone is encouraged to attend.

Goodhue Living facility's Life Engagement Coordinator, Susie Matthees says, "We are excited to celebrate our one-year anniversary.

Our community is growing in people, relationships, and activities!"

PEOPLE:

One year after welcoming the first residents to the facility, it is approximately half full and on target to reach capacity within the next year. The building boasts 40 occupant rooms -- 26 apartments ranging from a studio set-up to two bedrooms for either independent or assisted living and 14 studio apartments in the memory care unit. Matthees states that the memory care unit is very secure and while they are able to participate in all of the hosted activities, these residents are never left alone. "We love our staff," said Matthees who added that there is a need for more resident assistants, "people with a passion to love on our seniors".

Missy Shaleen is the Goodhue Living director. Missy grew up in Hastings and currently lives near Ellsworth, WI. Having worked in the assisted living field since graduating from high school, she is now licensed as a director, having gone back to school for her Bachelor's degree in Healthcare Administration when her 2 sons were teenagers. She says she is passionate about seniors and feels they deserve full attention to detail when it comes to their quality of life and enriching their lives to the fullest.

Healthcare Coordinator, Heidi Taylor schedules things like the upcoming immunization clinic offering COVID-19, flu, Shingles and other vaccines for residents and staff. Other services include a podiatry clinic, mental health, and a Veterans Seminar. Another crucial element for seniors is maintaining a spiritual foundation. All the pastors serving our local congregations offer regular in-house

services and communion. Other church groups such as the Rolling Meadows Menonite choir offer entertainment and socialization.

RELATIONSHIPS:

Familiar faces and traditions can help make the transition to Goodhue Living easier. "We are family, we are building relationships," says Matthees. "Transition is important to our staff." They respect the different personalities and tenants' family members and friends are always welcome to visit and participate in all planned activities. A new calendar and newsletter are available each month and residents can choose to participate in as many-or as few-things as they wish.

Goodhue Living is a community within a community and created a group known as Rooted in Community, or RICy. RICy meetings are held at 5:45 PM the second Tuesday of the month and anyone can attend. The group works to coordinate projects and activities between residents and outside organizations. In August they joined with area daycares to read stories and sing songs. They created cards to send to 2 young boys going through treatments and also gathered back-to-school supplies for Goodhue and St. John's schools. After a lifetime of working and serving others, it's their turn to be served but residents still want to do things for others.

ACTIVITIES:

One resident donated his late wife's piano to the community room. This has proven to be a very special gift and is used often by those who volunteer to share their musical talents. Among those providing entertainment are Debbie St John, Mick Benrud, and local piano students. Marty and Marie Dicke also play, sing and share history with the residents. They are especially fond of Patriotic and religious music that brings their past into the present and makes them feel at home. Other popular entertainers include Calvin Ryan who plays guitar and sings country tunes and Colby and the Shakers-the shakers being dried fruits and vegetables that the residents "play" along with the music. Cindy Wilson, a Goodhue High School graduate living in Zumbrota, will return with her accordion on September 11th at 4 PM.

Following the Goodhue County Fair, 4-H kids brought in both animal and static projects to share with the residents. The kids



Following the Goodhue County fair, 4-H kids created a petting zoo and shared their other projects with the Goodhue Living residents. *photo courtesy of Goodhue Living*

showed off their ribbons and did a great job explaining their creations and left one resident to exclaim, "Today was a great day...because all the kids came to show us their projects and we had so much fun and had so much to do!" Residents also received a visit from the Mayor of Goodhue and Miss Goodhue royalty on National Senior Citizens Day.

Each month the facility creates a theme for their activities. The theme for August was "Journey to the Wild West" which included "Gold Diggers Euchre", "BINGO Rodeo Roundup" and "Happy Trails to August", a make-your-own trail mix buffet. The culinary staff always gets in on the fun and will create a picnic lunch and a Kansas BBQ dur-

ing September when the theme is "Fall-ow the Yellow Brick Road". Other theme related activities will include watching The Wizard of Oz and other movies, sunflower craft projects and an "over the rainbow" happy hour. "Laughter in the building is our favorite sound," Matthees said.

Stop in the building at 108 County 9 Blvd any time to pick up a newsletter and calendar and join in the fun. Keep up with the activities and see more pictures on the Goodhue Living Facebook page and learn more on their website, www.goodhueliving.com. Watch for more information on the first anniversary celebration and be sure to attend on October 15th.



Miss Goodhue, Ellie Peterson and attendant, Jordyn Lantis visit with Nita Gadiant at Goodhue Living on National Senior Citizens Day. *photo courtesy of Goodhue Living*

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Goodhue High School Class of 1983 Holds 40th Class Reunion

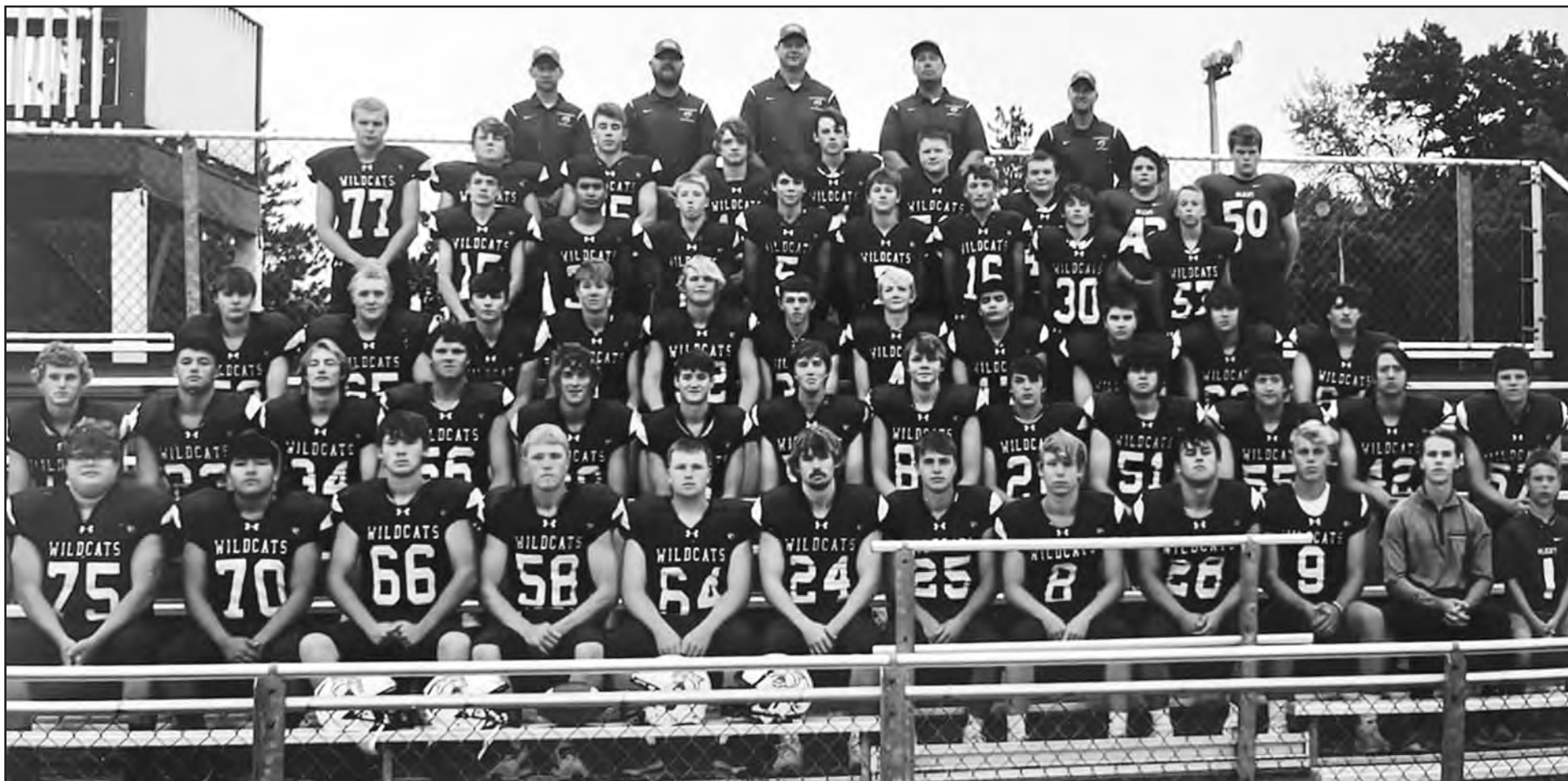


Standing (L-R): Jerry Zemke, Kevin Bollum, Pete Poncelet, Henry Keller, Kim (Ryan) Whitehead, Heidi (Arendt) Kolbe, Mark Nibbe, Bill Gadiant, Brian Meinke, Brenda (Nardinger) Gadiant, Robert Hinsch, Ed Dahle, Linda (Kuske) Hughes, Brad Voth, Marty O'Connor, Leah (Poncelet) Kent, Judy (Gadiant) Meyer, Teresa (Ryan) Voth, Lori (Raasch) Zorn, Joe Huneke, Julie (Hilan) Huneke, Nancy (Johnson) Benrud, LaVonne (Lexvold) Thomforde.

Seated (L-R): Deb (Hillesheim) Conrad, Beth (Strusz) Brekke, Dennis McNamara, Sue (Allhiser) Ringeisen, Karolyn (Ryan) Peterson, Jodi (Busby) Dressen, Craig Bollum, Regina (McNamara) Poncelet and Shannon (McNamara) Dicke.

The Goodhue High School class of 1983 observed their 40th class reunion on Friday, August 18th. The evening began with a tour of the school building which has undergone 2 major additions/renovations since 1983. A catered meal was served at the Third Place followed by many hours of socializing. Most would agree that the highlight of the evening was Robert Hinsch reading the speech he gave at the commencement ceremony. It was every bit as entertaining--possibly more--than it was 40 years ago. 33 classmates (which is exactly half of the class members) attended the event.

2023-2024 Goodhue Wildcats Football Team



Goodhue Football vs. Lewiston-Altura

Goodhue runs over Lewiston-Altura 40-0!

Submitted by Chad Otterness

Grant Reed led the Wildcat rushing attack with 3 touchdown runs. His touchdown runs were for 3, 30, and 66 yards. Max Loos led the Wildcat receivers with 2 touchdown catches for 3 and 30 yards. Peyton Holst added a touchdown run of 3 yards to cap off the Wildcat scoring.

Goodhue's quarterback Luke Roschen threw for 2 touchdown passes and was 7/9 for 111 yards.

Goodhue's defense shut down the Cardinal's offense. Lewiston-Altura was able to gain 18 yards passing and -6 yards rushing. Sean Matthes and Marcus Young each had an interception for the Wildcats!

Wildcat statistics:

Passing:

L. Roschen 7/9 111 yds 2 TD's

Receiving:

M. Loos 3/43 2 TD's

S Matthes 2/47

M Young 1/10

G Schafer 1/11

Rushing

Reed 14/84 3 TD's

G. Schafer 10/37

H Holm 7/33

Beck 5/39

P Holst 2/6 1 TD

Bartholome 7/15

Defense:

Tackles:

C Kurti 6/2 for loss P Holst 5 Jacob Ryan 4

G Reed 6 M Young 8 Jed Ryan 5



Grant Reed



Grant Reed running the ball for the Wildcats



Goodhue Football vs. Lewiston-Altura

September, 2023

- GOODHUE-BELLECHESTER MESSENGER/GOLDEN LINK -

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The Belvidere Happy Go Luckies 4H club service project completed in July. The Belvidere town hall had recently installed a new ramp. Sixteen members of the 4H club helped to landscape in front of it. They

dug out sod, installed landscape fabric and edging, planted perennials and shoveled a lot of rock. Club members come from Red Wing, Goodhue and Lake City.





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Please Note: Bruce has sold his property and has decided to hold a public auction on his personal property items. Only a partial list of items. Tracy Holland

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 Kubota B3200 Compact tractor, 4x4, w/loader - 2008 - Dodge 1500 Pickup, 4x4 - Guns - Shop - Tools - Outdoor items
Bruce I. Born - OWNER
 Owatonna, MN
Sun Sept. 10, 9:30 A.M.
 Lund 17' fishing boat - 30+ Guns Hunting + Fishing Equipment - Antiques - Collectibles Household - Portable Fish House
Vic + Gail Salvick - OWNERS
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AUCTION CALENDAR
September 10, 2023
 Bidding Begins: ... Sept. 2, 2023
 Starts Closing: ... Sept. 10, 2023
Zumbro Falls, MN
 ONLINE ONLY MOVING AUCTION FOR RON & SHIRLEY ANDERSON
 John Deere LX277 Mower, Pressure Washer, Metal Saws, Power & Hand Tools, Engines & Parts, Farm Primitives, Antiques, Furniture, Household Items and More
September 14, 2023.....1:00 PM
Mapleton, MN
 LIVE & ONLINE FARM MOVING AUCTION FOR ROBERT & KAREN SCHULL
 John Deere 4720 MFD w/Loader, JD Z425, Z375R & Z525 Mowers, (3) Arctic Cat 550 & 650 ATV's, PJ 20' Trailer, Snowblower, Brush Mower, Firearms, Red Wing Stoneware, Antiques, Collectibles, Farm Primitives, Power & Hand Tools
October 8, 2023
 Bidding Begins: ..Sept. 28, 2023
 Starts Closing: ...October 8, 2023
Northfield, MN
 ONLINE ONLY ESTATE AUCTION FOR THE LES SANDFORD ESTATE
 (3) Farmall Tractors, Antique Gas Hit & Miss Engines, Tractor Parts, Large Amount of Farm Primitives, Hand & Power Tools, Antiques, Furniture
October 11, 2023
 Bidding Begins: Oct. 2, 2023
 Starts Closing: Oct. 11, 2023
Randolph, MN
 ONLINE ONLY FARM ESTATE AUCTION FOR RANDY THOMPSON ESTATE
 Massey Ferguson 271EX MFWD w/ Loader, Hobby Farm Equipment, Flatbed, Tool Boxes, Good Power & Hand Tools, Lawn & Garden Items, Antiques, Furniture, Collectibles, Farm Primitives, Garden Art
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John Deere 4720 MFW Loader, Hobby Farm Equipment, JD Z375R, Z525E & Z425 Mowers
 '07 JD 4720 MFW, Open Station, E-Hydro, 400CX Loader, 1435 Hours, 540PTO, 3pt., 2 Hyd., 72" Bucket, ROPS, Clean; Frontier 48" Pallet Forks; Buhler Allied YC6010 Snowblower, 3pt., 540PTO, Hyd. Spout, Like New; Woods Pull Type 72" Brush Mower, 540PTO; 3pt. 72" Carrier; Schweiss 5HP Trailer Wood Splitter; (2) 5' Spike Tooth Drag Sections; JD Z425 Zero Turn, 370 Hrs, 23HP B&S, 48" Deck; JD Z375R Zero Turn, 39 Hrs, 25HP V-Twin, 48" Deck; JD Z525E Zero Turn, 54" Deck, 227 Hrs, 22HP; JD 185 Garden Tractor, Hydro, 42" Deck; B&S 2800 PSI Gas Pressure Washer; Generac XP800E Gas Generator, 25.7 Hrs; JD 251 Chain Saw; Stihl HT107 Gas Chain Pole Saw; Earth Quake 6.5HP Front Tine Tiller
 Terms: Cash, Check Credit Cards, All Sales Selling AS-IS, All Items Must Be Paid In Full On Auction Day. For Online Bidding Terms Go To www.maringauction.com

(3) Arctic Cat ATV's, 2012 PJ Trailer, Power & Hand Tools
 '14 Arctic Cat 550EFI ATV, Auto, 4WD, 1347 Miles; '13 Arctic Cat 550 ATV, Auto, 4WD; '06 Arctic Cat 650 ATV, Auto, 4WD, 4600 Miles; '12 PJ Tandem Axle Flatbed Trailer, 20'x83", Ramps; (2) Aluminum Ext. Ladder; (2) 3HP Single Phase Electric Motors; Come-A-Long; Chain Binders; Log Chains; Campbell Hausfeld Air Compressor; 3/4" Socket Set; Lincoln 225 Stick Welder; Hand Tools; Power Tools; Tap & Die Set; Fence Post
Antiques, Farm Primitives, Collectibles
 (2) Antique Farm Steel Wheel Milk Can Carts; Well Pumps; Cistern Pump; Barn Rope; Hand Scythe; Implement Seats; Old Metal Lawn Chairs; Seed Sacks; Barn Lanterns; Milk Cans; Milk Buckets; Wooden Barn Pullies; Sausage Press; Platform Scale; Miniature Fanning Mill; License Plates; Canning Jars; Hot Wheels & Matchbox Cars; 1960's Tonka Toy Trucks; Tru-Scale Farm Toys; Oak Victrola; Marlboro Collection; (2) Sets Of Snowshoes; Kiss "End Of The Road Tour 1978" Jean Jacket, Medium; Heavy Metal T-Shirts 70's - 90's; Winchester 1200 12ga. Pump, Scope; Ruger Semi Auto Pistol 22LR; Glenfield Model 25 Bolt 22LR; Central Arms Model 1929 16ga.; Daisy 99 Champion BB Gun

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HOLLAND AUCTION
LUND BOAT - TRAPS - DECOYS - GUNS FISHING LURES - ANTIQUES - MISC. OUTDOOR ITEMS - HOUSEHOLD
SUNDAY, SEPT. 10, 2023 9:30 A.M.
LOCATION: 704 Lakeshore Drive, Freeborn MN 56032
 Please Note: Only a partial list of the many items to be sold. If you're an outdoor sporting enthusiast you'll want to be sure to attend this auction. Hope to see you auction day.
 Tracy Holland

BOAT - TRAPS - DECOYS - GUNS - FISHING LURES - MISC. OUTDOOR ITEMS - COLLECTIBLES - HOUSEHOLD - ANTIQUES
 • 2004 Lund 1700 Explorer SS Fishing Boat, 17', 2-Live wells, Minnkota trolling motor w/ foot control, 2-Depth Finders • Suzuki 115 HP motor (Approx. 100 Hrs on motor) w/ 2009 - Shorelander trailer. To sell at 12:30 p.m. • Yamaha 8 HP Boat motor, Four Stroke • Minnkota powerdrive spot lock trolling motor, 24 volt, 70 lb thrust w/ Hand fob • 200+ traps various sizes #1 - #1 1/2 - #2 - Double Coil - Canibear, everything you can imagine • 100+ Duck and Geese Decoys • 100's of fishing lures of all types and makes • Fishing equip. for Muskies, Walley's - pan fish • Many antique lures • Lots of ice fishing rods • Fishing reels • Tackle boxes • Antique fishing poles • Hide stretchers • Deer antlers • Cabin tent • 7 wood duck houses • Camping tent and cot • Two man saws • Buck saws • Collection ice tongs • Hay knives -scythe • 7-buzz saw blades • Collection of Brass scales • 2 - Old child's wagons • Apple baskets • Many ducks unlimited Jim Beam bottles • Bird feeders • Yard bird/ plant hangers • Misc. hand tools • Small drill press • Agri-Fab 42" lawn sweeper • Aluminum ladders • 20 lb L.P. tanks • Misc. household items • Pink depression glass • Lanterns • Wood gun cabinet • 2 - Gun safes • Muzzleloader accessories
37 GUNS TO SELL AT 11:30 A.M.
 • Knight Vision Black powder 50 cal. w/ 3x9 scope • Winchester 1300, 12 ga. 2 3/4 + 3", rifled slug barrel w/ Nikon scope • Remington 270 rifle w/ Bushnell scope • Winchester 70xTR sporter magnum, 7mm w/ Leupold scope • Remington 7600, 30-06 Springfield w/ Leupold scope • Winchester 94 AE, cal. 444 marlin (never fired) • Winchester super X3, 12 ga., 2 3/4" + 3", Invector plus choke (never fired) • Winchester super X3, 12 ga., 2 3/4" + 3" + 3 1/2", Invector plus choke (never fired) • Winchester super X3, mossy oak, duckblind 12 ga., 2 3/4" + 3" + 3 1/2", Invector plus choke (never fired) • Winchester 12 ga., 2 3/4" + 3" + 3 1/2", Invector plus choke (never fired) • Winchester Super XP - pump, 12 ga. 2 3/4" -3", 28", Invector plus choke (never fired) • Winchester Super XP 2, 12 ga., 2 3/4" + 3" + 3 1/2", Invector plus choke (never fired) • Weatherby - Ducks Unlimited Edition, 12 ga., 2 3/4" + 3" (never fired) • Winchester Super X2, 12 ga., 2 3/4" + 3", Invector plus choke (never fired) • Winchester Super XP, pump, 12 ga., 2 3/4" + 3", Invector plus choke • Browning AI - full choke made in Belgium 12 ga. • Winchester 1912 full choke 12 ga. • Winchester 1300, 12 ga., 2 3/4" + 3" • Winchester 1300 speed pump, 12 ga., 2 3/4" + 3" • Winchester 9422M, 22 Win. Mag. • Winchester 94, 30-30 • Ruger 10/22, 22 long rifle cal. • Winchester 74 repeating arm co. made in USA - Newhaven CT, 22 short • SB made by CBC, 12 ga., 3" modified • Gamo Whisper fusion mock I, 1420 velocity, 177 cal. Pellet gun • Winchester Ranger 120, 12 ga., 2 3/4" + 3" • Winchester 12, 12 ga., 2 3/4" full choke • Winchester 12, 20 ga., 2 3/4" modified choke • Winchester 25, 12 ga., 2 3/4" full choke • Springfield 120 Savage arms, 22 cal, short-long, single shot • Springfield 1884 Savage arms whitfield - MA, 22 cal. • Stevens 940, 410 cal., 3" • Westernfield SB-100A, 20 ga., full choke • Daisy BB gun, 177 cal, powerline 880 • Winchester 1897, 12 ga., Mod. choke • Schilling 12 ga., Dimascus Barrel

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Health Tips



By Shauna Burslem, D.C.

Snoring (hated by wives around the world & some husbands, LOL) is a common sign of sleep apnea. Sleep apnea is when your body stops breathing for a short amount of time, while sleeping. Obstructive sleep apnea (OSA) is the typical form. OSA comes from

the airway being blocked during sleep. Untreated OSA is linked to heart disease and neurological brain function complications as well as an increased risk of early death. Untreated sleep apnea also increases your risk of diabetes, high blood pressure, irregular heart beat and stroke. A medical study found that 1 in 5 people with sleep apnea had OSA, but only 3.5% of the participants were ever treated for it. 37.2% had severe snoring and 14.6% also had excessive daytime sleepiness. Non-surgical treatments include Continuous Positive Airway Pressure (CPAP), positional therapy, use of oral appliances, nasal resistors, oropharyngeal exercises, and behavioral measures, including weight loss when indicated, frequent physical exercise, avoidance of alcohol and sedative medication before bedtime. Chiropractors that are trained in the use of Nasal Release Technique can check the nasal passages for obstruction and restore proper nasal pathways.

Vaping has been marketed as healthier alternative to cigarette smoking and a way to help people quit smoking. Sadly, the e-cigarette marketing has misled thousands of people that vaping is a healthier option. Chemical analysis has found that e-cigarettes contain liquids, aerosols, cartridges and heating coils that contain many toxic and carcinogenic ingredients. The chemical polonium-210 is one of the reasons that tobacco causes cancer. Polonium-210 is also found in e-cigarettes and can cause lung cancer as well. E-cigs also contain toxic metals like lead, aluminum, arsenic, cobalt and tin. In addition, when the chemicals in e-cigs are heated they produce toxic formaldehyde as well as other toxic aldehydes.

One of the most common childhood surgeries is tonsillectomy. Tonsils used to be thought of as useless tissue, but in reality they are integral to the development of the immune system. The surgery is recommended for treatment of reoccurring, chronic or severe tonsillitis. There are risks associated with the surgery which include increased risk of childhood asthma, frequent flu infections

and chances of pneumonia. An alternative to tonsillectomy is a partial removal. Partial removal reduces post operative bleeding and pain. Leaving a portion of the tonsils may help to prevent chronic respiratory conditions.

An estimated 40 million Americans, about 18% of the population struggle with anxiety. While many factors contribute to anxiety, recent research suggests that anxiety is inherited from your parents. Animal research shows that two brain regions involved in processing fear and anxiety can be passed down to your children. Another factor in the increase of anxiety is the rise in chronic microwave radiation exposure from wireless technology. Research shows that exposure to this type of radiation from cell phones, I-pads, laptops and video gaming and other blue tooth technology can have a direct influence on your mental health.

90% of sea salt sold worldwide contains plastic. This makes perfect sense as our oceans are full of plastic from garbage dumping, storms and run-off from streets. Researchers feel that most people consume 2,000 particles of plastic in sea salt per year. This fact coincides with a recent study that I reported on stating that plastic was found in 100% of human stool samples of people tested. Your best option is to avoid regular sea salt and only use "real" Himalayan sea salt. Himalayan sea salt was created long before the environment was polluted by plastics and chemical toxins.

MISSY'S MESSAGE



MISSY PAPERFUS

Summer exercise
SUP, waterskiing, water Zumba, paddle boat, canoeing

Man, before I knew it, summer was 1/3 over, and like every year, the past few years, I didn't make the time to do some summer activities I truly enjoy! It was time to schedule in more summertime activity.



I love water aerobics or aqua Zumba. Back in June, I attended a session in Zumbrota at the pool on a Thursday night with my mom. I decided for the month of August it was time to commit to Thursday night Zumba and recruited some gals to come with. The weather cooperated, and we were able to make it every Thursday evening!

Next up, SUP (Stand UP Paddle). I bought myself a SUP one Black Friday shopping day about 10 years ago. I was able to use it at my Uncle's Lake home at the Lake of the Ozarks and now we have the perfect spot at our cabin. The beginning of June, I got it out and took my niece and nephew on it with me. They were chicken, because they didn't think I could balance with all three of us on there. I showed them! I have never fallen off once yet! I had to paddle out to prove to them I could do it myself. I said, "You want to come now?" Tessa went with me and then Benson climbed on too. We all stayed on the SUP and had a great ride.

It had been a few years since we had been canoeing down the Zumbro, so after Mazeppa Daze on Monday, our family went from Zumbro Falls to Hammond. The Zumbro River was crystal clear, and we literally saw hundreds of fish. We planned to go canoeing again, but the weather did not cooperate. The day we scheduled to go, it was 60 degrees and drizzling out, so we opted for some indoor go-carting at Pro Cart in Burnsville instead.

It took all summer last year to get my arm strength up to water ski. I hadn't skied in 30 years. This year, the day after my 30 year class reunion, I decided to give waterskiing a try again. I got up after the second try and plan to get in a couple more times before summer is over!

We also have a paddle boat. When Mike and I go, I usually do the pedaling! We usually take it out to retrieve lost fishing tackle that gets stuck in the cattails. The paddle boat hasn't let us down yet!

Memo from MotoProz...

September 9 and 10, 2023 is Hay Days in North Branch, Minnesota. Hay Days is the official start to the snowmobile season when new product is released and pre-owned snowmobile sales really take off. September 10 at 1 PM, Get ready for Arctic Cat's most powerful news since the launch of the CATALYST platform last year! Check our snowmobile inventory online at www.MotoProz.com or stop in to MotoProz in Mazeppa for the most up to date machine availability. Unlike the past few years, for that little guy or gal in your life, we will have a couple 2024 ZR I20s available to purchase.

Missy and her husband Mike own MotoProz in Mazeppa.

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Cover crops, small grains, and soil health will be the focus of a free Dodge and Olmsted Soil Water Conservation District (SWCD) field day on Tuesday, September 12, 2023 from 3 - 6 p.m., with a burger dinner to follow. Local farmers are invited to the event taking place at Tom Pyfferoen's farm at 53249 275th Avenue, Pine Island.

The event's presenters include farmers Martin Larsen, Landon Plagge, and Tom Pyfferoen; Saddle Butte Ag representative TJ Kartes; and Soil Scientist Steve Lawler. They will share experiences and provide a firsthand look at soil-building methods.

Highlights will include:
Looking at a root soil pit.
Cover crop seeding equipment.
The profitability and future of oats in our region.

FREE FIELD DAY!

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Goodhue Co. Fair

September, 2023

- GOODHUE-BELLECHESTER MESSENGER -

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Elvis & Johnny, Bingo & More

The popular Vegas Style Tribute Show featuring the music of Johnny Cash, Elvis, and Neil Diamond returns to Dennison Saturday September 16th, Under the big top.

For fans young and old, if you have ever been to the popular Breezy Point Resort up north in Minnesota, you may have caught The Memories of Elvis Show (www.espkling.com) with Chris Olson.

You may have seen their show on the dockside bar at Breezy Point or if you have been to Dennison on Labor Day weekend, Chris Olson performs this entertaining tribute of The King, and will be bringing his talents and show back to DENNISON, MINNESOTA on Saturday, September 16th. Show time will be at 7:30p.m.

This will be a rain or shine event under the big top at the Fireside.

Doug Allen Nash will again join the show this year with is tribute to Neil Diamond and also his "Johnny Cash Tribute - American Icon". (www.dougallennash.com)

It is in this production, Nash includes one of his own songs "June" co-written and co-produced with Jeff Silverman in Nashville, TN. Engineering mix by Grammy Award Winners John Carter Cash and Chuck Turner at Cash Cabin Studio in Hendersonville, TN.

You can see both of these great artists in Dennison Saturday, September 16th.

Advance tickets are just \$25.00. \$30.00 day

of show. Call Fireside at 507-645-9992 during normal business hours, or e-mail them at firesideloungedennison@gmail.com to order tickets.

You can also make dinner reservations that evening ahead of the show. Space is limited, so make your reservations early. This years event will be a part of a weekend celebration in Dennison. As Fireside Lounge celebrates 20 years of Amy Family Hospitality, Friday, September 15th, music will be provided by popular variety band, The Look. Music will start around 7 PM Friday night to kick off the weekend. Also this year, under the tent Saturday afternoon, Fireside Lounge & The Dennison Lions Club will host Purse & Gift Card Bingo.

Watch the Fireside Facebook page & website for up to date information.



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County to Assume Patrol in Goodhue

(continued from page 1)

The chief claimed that the city was paying officers \$22.00 per hour while the county and surrounding communities were paying at least \$10.00 per hour above that amount.

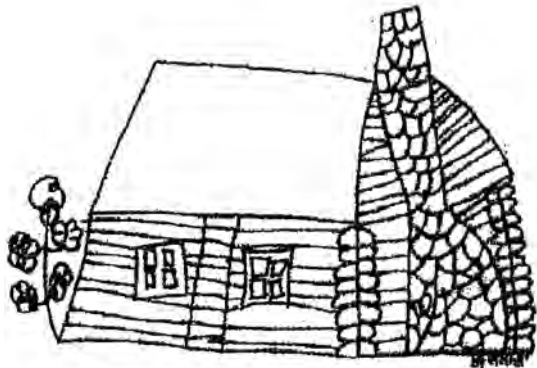
As of August 24th the Goodhue County Sheriff's Department took over patrol in the city as the city council approved a contract with the county through the end of the year for six hours daily of patrol for \$335.00 per day. The city council stated their intention to rebuild the local police department at a future date.

Harvest Thyme Craft Show

Saturdays: September 30, October 7, 14, 21, 28

Sundays: October 1, 8, 15, 22, 29

Hours: 10:00a.m. to 5:00p.m.



Place:

Lori & Darwin Amy

2290 County 49 Blvd. Dennison, MN 55018

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Email: cabincrew@frontiernet.net



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An Apple A Day



By Noel Aldrich, PhD, CNS
Licensed Nutritionist

In last month's article, I presented a solution to the increasing health challenge of Metabolic Syndrome. In that article, eight specific steps were recommended for beginning the process of reversing Metabolic Syndrome. The final step listed was "Eat an apple each day."

You probably have heard the rhyme, "An apple a day keeps the doctor away." But

what does an apple really do for you? Does any apple work, or only certain kinds? Let's dig a little deeper.

Medications - A 2015 study published in JAMA Internal Medicine by Davis et al observed that those who consumed one apple a day required less prescription drugs. Those who eat one apple a day probably make other healthy choices as well that contribute to this positive association between apples and reduced drugs.

Heart Disease - A 2017 study published in Molecular Nutrition Food Research by Bon-donno et al compared apples high in flavonoids, which are found in the apple skin, with apples low in flavonoids and observed improved blood flow through the brachial arteries when the high flavonoid apples were eaten. In other words, these apples improved the blood flow through the body. The apples with high flavonoid content will typically be darker red apples that are not too sweet.

Cholesterol - The healthy control of cholesterol has also been improved with an apple a day. A 2017 study in the Journal of the Science of Food and Agriculture by GC Tenore compared modern apples with the Annurca apple and observed that two small Annurca apples a day significantly lowered the bad cholesterol and increased the good chole-

sterol. The Annurca apple is known for its higher flavonoid content. Older, heritage apples typically have high flavonoid and polyphenol content.

Blood Sugar - Those individuals who had a daily intake of apple polyphenols, which are from the skin of the apple, had an improved ability to manage blood sugar compared to individuals who did not consume the polyphenols. This observation was reported in a 2017 study published in Diabetes Research and Clinical Practice by Shoji et al. One possible reason for this improved sugar control is the polyphenols seem to reduce the sugar absorption ability of the intestines by closing the primary "door" that sugar uses to pass through the intestines, according to Schulze et al in their 2014 published study in Molecular Nutrition and Food Research.

Colon Health - The ability of the polyphenols of apples to "close the door" on sugar transport to cells is one of the pathways to stop the growth of cancer cells in the colon, as observed in a 2016 study by Lin et al in the Journal of Agriculture and Food Chemistry. A cancer cell has many more "doors" to bring in sugar to accelerate growth, so polyphenols help to close these doors and inhibit the growth of cancer cells. The peeling of the apple contains the highest content of effective polyphenols with antioxidant activity, anti-bacterial activity, and anti-cancer activity, which was documented in a 2016 study by Lin et al in the Journal of Food Science.

The older apple varieties that have high polyphenol content include - Braeburn, Jonathan, McIntosh, Gravenstein, and An-

nurca. Avoid the newer varieties that have been bred for increased sugar content and size.

An apple a day is the eighth guideline followed in the Metabolic Balance Program®, a program developed 20 years ago in Germany. This program provides a personalized meal plan based on your unique blood chemistry. Those who have followed their personal Metabolic Balance Plan have observed blood sugar levels become controlled, cholesterol levels improve, inflammation decreased, acid reflux disappear, and the body shifts to a healthy weight.

If you would like to learn more about the foods that help you thrive, join me for a LIVE event series planned for September 11, 18, and 25. I will be presenting "PRIORITY FOODS: Protein, Fats, and Carbohydrates" at FiftyNorth in Northfield at 6:30 pm each Monday evening. You can register by calling the Front Desk at (507) 664-3700.

- In this seminar series, we will talk about:
- What proteins are the efficient proteins and how much you need
 - What fats are good fats and what fats are bad fats
 - What Carbohydrates (sugar) is good for you and what to avoid
 - How much of each category should you consume
 - What foods will bring real satisfaction in a meal

If you would prefer to meet for a personal consultation, you can contact me at nutritionproportion@gmail.com, or check out my website at www.nutritionproportion.net

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FEAR



By Susan Hinrichsen
CHC, CLC, MC

personal growth and life experiences. This in turn prevents us from achieving our life purpose and personal evolution.

The best way I've been able to describe our purpose on earth is to think of our time here as a school. We are all spiritual beings having a temporary human experience. This is the place where we get to have experiences that we learn and grow from, and it is these experiences that guide our path in life to our purpose. I hear so many people say that things always happen to them but in fact, they happen for you to help you learn whatever you need to learn from the experience to move onto your next lesson.

When I find myself feeling fearful around a situation or issue is to ask myself, what is it about the situation that is causing me to feel fearful around the situation or issue, and to ask myself what about the situation is causing me to feel fearful. I tell myself that it is okay to feel fearful and acknowledge the feeling. I then approach the feelings with curiosity and look inward to see what is causing the fear, acknowledge that reasoning and try to replace that reasoning with an updated thought that is at minimum neutral or positive. After all, we will not be eaten by a wild animal so death should not be a factor. (I hope you are smiling by now).

If you are interested in reaching out and scheduling your complimentary discovery session to help you move past fear or whatever is keeping you from being your best self, visit my website susanhinrichsen.com and while you're there download my 7-Day Workbook at no cost to you.

Fear can be in many different aspects of our life. It can be a fear of trying or doing something new or fear of not having enough money, time, new places, job loss, or failing relationships. We are in different places and seasons of life so the fears may change as we enter different stages of life for each individual. Fear can be difficult to work through on our own if we do not understand what is underlying the fear and where the fear is originating from.

We have been taught to conform to rules or act a certain way as a child which also can shape our beliefs about the world, others, and ourselves. Most times the underlying issue of fear relates to a lack of love and belonging.

A very common fear is fear of failure or not being enough to step into a fearful situation and meet it head on. By not confronting our fears we put limitations on our

What is Child Support?

By Goodhue County Health & Human Services

Child support is money parents pay for the care, support and education of their child. It may include a monthly court-ordered amount for Basic Support, Child Care Support and Medical Support. Under Minnesota law, a child has the right to be financially supported by both parents.

One of the most frequently asked questions received at the Child Support Office is, How do I change my child support order? This process can begin with either party seeking a potential modification, which can only be changed or modified by court order. There are three options to have a review and potential modification of the child support order.

• Contact an attorney and let them take care

of all the necessary paperwork and details.

• Complete and file your own legal action documents, which is called Pro Se which means you represent yourself. For this option, you can contact Court Administration to request a packet of necessary documents be mailed to you or you can go to the Minnesota Judicial Branch website to obtain the documents online at <https://www.mncourts.gov/GetForms.aspx>.

• The final option is to request a review through your county's child support agency. With this option, a child support worker will review your case to see if the change(s) in circumstances meet the statutory criteria for a modification, meaning the current order is 'unreasonable or unfair'.

Reasons for a modification request may include, but are not limited to, a change of income, disability, change in medical insurance or medical assistance. A great tool to help you determine whether you may or may not qualify is the Minnesota Child Support online calculator at: <https://childsupportcalculator.dhs.state.mn.us/>.

Learn more about changing child support orders, making child support payments, and general child support information at <https://www.childsupport.dhs.state.mn.us/Action/Welcome>.

In addition, this webpage offers links to many helpful tools, including an online portal.

Goodhue County's Child Support Unit strives to help with financial support, so that both parents can concentrate more on the emotional support and growth of the child(ren). If you have questions, please feel free to contact us at 651-385-3200 or email us at hhs.childsupport@co.goodhue.mn.us. A new texting option is also available. Please

contact your Child Support worker for more information regarding this option.

About Goodhue County Health and Human Services:

The mission of Goodhue County Health and Human Services is to "Promote, Protect and Strengthen the Health of Individuals, Families, and Communities." The department has three service divisions: Economic Assistance, Public Health, and Social Services and is accredited by the national Public Health Accreditation Board (PHAB). For more information on Goodhue County Health & Human Services, please visit www.co.goodhue.mn.us/HHS and www.facebook.com/gchhs.

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City of Goodhue City Council Work Meeting Minutes July 12, 2023

Present were Mayor Ellen Anderson Buck, Council Persons Jason Thuman, Joe Benda, Patrice O'Reilly, Chris Schmit and Jason Mandelkow-Public Works.

Motion by Schmit and seconded by O'Reilly to approve the Agenda. Motion carried 5-0.

Work Meeting Protocol- 2nd Wednesday each month: This meeting is designed for the council to meet and discuss items. The public is welcome to attend, and listen, but their will be no public input. If you have any questions or concerns, you will need to call city hall and ask to be on the Council Meeting Agenda.

Council Meetings- 4th Wednesday each month: This meeting is designed to take action on items. You will need to sign in upon entering the meeting, fill out the Public Comment Form and give it to the City Clerk. When it is your time to speak, you will need to stand at the podium, state your name and the topic you wish to speak about and be given 5 minutes to speak. Council will take you item under consideration at that time.

Private Pool Ordinance was reviewed. Public Works report was given. Special meeting will be held Aug. 7, 2023, to discuss the purchase of equipment.

Police and Public Works reports will be shared with the council monthly.

Gas Commission Ordinance will be up-

dated by the Gas Board.

Discussion on future consideration of hiring a City Administrator.

North Zumbro Sanitary District Forms were reviewed, and action will be taken at the July 26, 2023 Council Meeting.

There will be a North Zumbro Sanitary District Appreciation Picnic on Aug. 2nd, 2023, that all council members may be in attendance.

Mayor Buck attended the League of MN Cities Mayors Conference and gave a brief review.

Social Media Policy was reviewed; further discussion will be held at the next work meeting on Aug. 9th.

Fee Schedule was reviewed; further discussion will be on Aug. 7 Special Council Meeting.

Employee report to procedure was reviewed, updates will be worked on, and further discussion will be on Aug. 9.

Zoning and Subdivision Ordinance was reviewed with updates; Further discussion will

be on Aug. 9.

Motion by Benda and seconded by O'Reilly to adjourn the meeting. Motion carried 5-0

Respectfully Submitted
Jill Buxengard - City Clerk

City of Goodhue City Council Meeting Minutes July 26, 2023

Present was Mayor Terry Anderson Buck, Council persons Joe Benda, Patrice O'Reilly, Chris Schmit and Jason Thuman. Also, present was Chief Smith, Jennie Taxdahl, Cailin Richard and Mitch Lindholm.

Motion by Schmit and seconded by Benda to Amend the agenda. Motion carried 5-0.

Motion by Benda and seconded Schmit to approve the June 28, 2023, City Minutes and July 12, 2023, Work Meeting Minutes. Motion carried 5-0.

Motion by O'Reilly and seconded by Benda to approve Resolution 9.23 Approving Support for North Zumbro Sanitary Sewer District Regional Waster Water Treatment Facility G.O. Bonding Bill Request. Motion carried 5-0.

Motion by Thuman and seconded Benda to approve Resolution 12.23, Approving Joint Powers Agreement for the North Zumbro Sanitary Sewer District. Motion carried 5-0.

Motion by Benda and seconded O'Reilly to approve the Pool Ordinance, with minor changes. Begin date of Jan. 1, 2024. Motion carried 5-0.

Respectfully submitted,
Jill Buxengard



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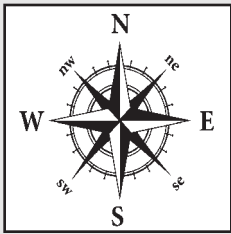
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Changes in Latitudes, Changes in Attitudes



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.

I found this Minneapolis Moline tractor replica at a garage sale I took my wife to. I don't intentionally do garage sales but occasionally an interesting item pops up. I am at that age where I do not try to accumulate anymore worldly treasures. Just seems like more junk to leave to someone to dispose of after they dispose of me. But this one just called out to me.

It really isn't much of a tractor replica, more of an abstract collection of parts and could be many things if not painted that iconic yellow/orange with the Minneapolis Moline logo on the side. It started out life as a Singer sewing machine and was repurposed for some nostalgic antique tractor buff.

When I was a very small kid, I remember my grandfather's Minneapolis Moline Z tractor. I do not believe it ever ran during my lifetime. Just sat in the grass on the north side of the hog barn. My sister and I used to climb up on it and pretend we were driving tractor when we were very young. There were lots of levers that moved back and forth with a satisfying clunk while we shifted gears and engaged the power on our imaginary adventures.

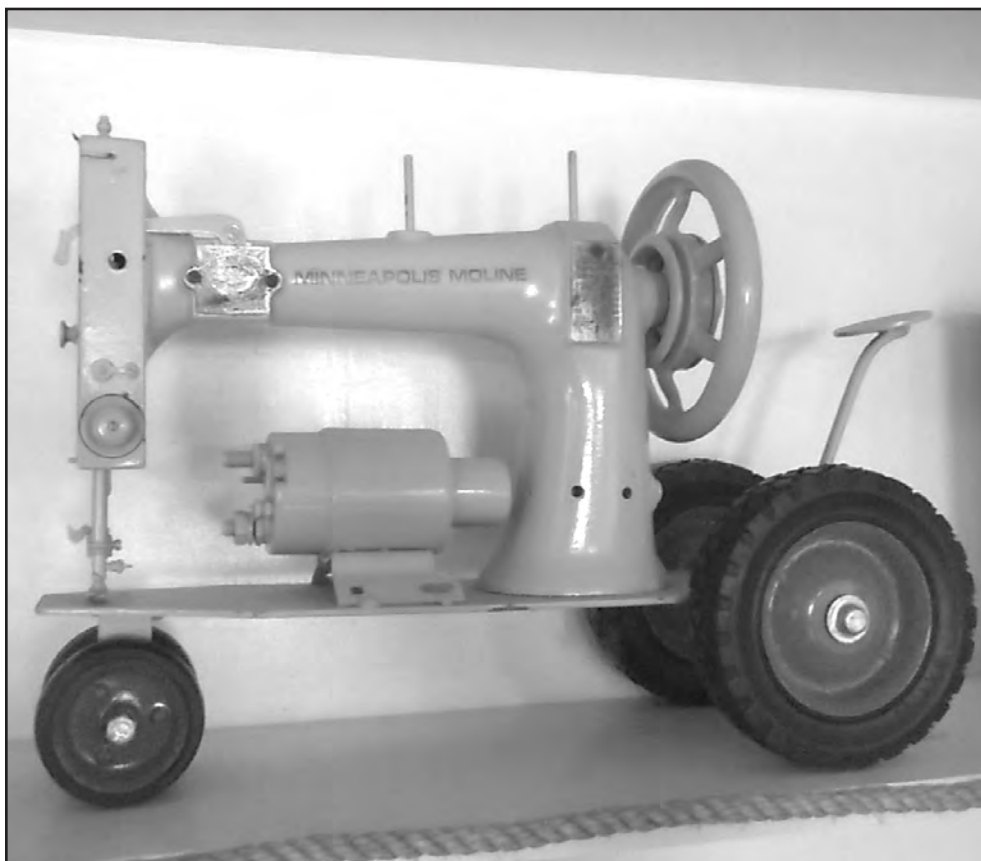
One day my activity aroused a bumble bee which had taken up residence under neath the

metal cowl of the tractor. He proceeded to sting me on the arm and I ran to the house howling for my mom. She put salve on my wound and soothed my pain but told me not to play on it any more. That was her standard advice when I did something she felt could harm me. I climbed the silo. She told me not to. I went up in the hay loft, she told me not to. Eventually I learned to not tell her what I did. My dad just figured what didn't kill me, made me stronger. That is why young boys hang out with dad more often.

It had a great history on the farm though. I believe it was the first rubber-tired tractor that my grandfather owned. They were made between 1949 and 1953. The Z was rated at 36 horsepower on the belt and 32 horsepower at the drawbar. My neighbor Richard Matti told me once about how proud my grandfather was of it and they used it to power a threshing machine in the early years.

One story related to me was how one fall it was very cold when they were doing fall plowing and my grandfather would drive the farm pickup along-side the tractor in the field. The hired man would drop the plow in the ground and tie the steering wheel with a rope and then ride in the warmth of the pickup to the other end of the field. It went slow enough with a two-bottom plow that he could easily climb on and off while it was moving. He would climb aboard, untie the rope and raise the plow out of the ground at the end of the field in time to turn it around and then get back in the warm pickup as the tractor lumbered along turning over the soil. The kind of activity we all learned not to tell mom about until much later.

We live in the house where my grandparent's spent their final years. My wife suggested putting it in the room where my grandmother kept her sewing machine. One piece of history to remind me of both my grandparents. It seemed worth it to bring home this treasure. Although now I know the real treasure are the memories about two wonderful people that it brings back to me.



A Minnesotan: Down at the Riverside



By RosaLin Alcoser

Wade in the water, wade in the water children. Wade in the water, God's going to trouble the water. Well it's Labor Day and this marks the start of school and the end of summer activities. Which also means that churches that are going to hold outdoor Baptism have reached the end of being able to do so for this year.

After all there's no better way to end the summer than to go down to the river for a good old fashioned outdoor Baptism. Which if truth be told is a lot more exciting than the indoor ones done during the rest of the year. This is because normally even if your church normally does Baptism by sprinkling when it takes place at the river it will normally be done by immersion.

Personally I was Baptized during outdoor Baptism back in 2004. Except it was done outside in a turned off hot tub. This was done mainly because the church was next

to the Zumbro River in a place where the current was way too strong to safely hold a Baptism in. Great part to go tubing in not so much for safely dunking people in and out of the water.

My father is a pastor, who currently works for two little Methodists churches out in western Minnesota. Now the thing to know about my Belize pastor father is that while he might work for the Methodist he's an acuity Southern Baptist. Which is one of the denominations that baptize by immersion.

One of his churches held an outdoor Baptism by the river the weekend before Labor Day this year. Their plan was to go out into the river, which water levels have been pretty low this year, and sprinkle just like they would do inside of the church building except while standing in the river. Practical but unexpected right?

Which is what it would have been if anyone else except maybe my father had been the one doing all of this. Because the day of, he changed the plan and decided that he was going to baptize everyone who was getting baptized that day by immersion in the low creek levels.

My mother sent me a video about an hour after my father, wearing his fishing wader under his robe, lowered a parishioner into the water, bringing them back up and then both of them immediately falling back into the water. Which made the whole thing a lot more executing than the original plan.

Luckily for my father, I know him, and remind my mother to send him with a spare change of clothing. Because I knew somewhere in the back of my mind that baptism at the river would result in something existing enough to need a dry change of every.

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1. Brainchild
5. Gravestone wish
8. Paleozoic one
11. Pressing tool
12. Senegal's neighbor
13. Literary theme
15. Scissors sound
16. Final notice
17. *Notre Dame's Fighting ____
18. *Home of the first Super Bowl winners
20. National League Pennant series, acr.
21. Steer clear
22. "Glee" actress ____ Michele
23. Befuddled
26. *One of 4 NFL teams sharing a home field
29. Fish story
30. Stockings
33. "Doggone it!"
35. Rand McNally book
37. Mozart's "L' ____ del Cairo"
38. Whiskey drinks?
39. Comedy act
40. Be more of a fox
42. Dead or Black, e.g.
43. Obliquely
45. Roof supporter
47. High or low card
48. Employer's good news
50. Hyperbolic tangent
52. *College player not using eligibility
55. Beastly person
56. Double-reed instrument
57. *Nike Pegasus 39
59. Smidgeons
60. Paddleboarding acronym, pl.
61. Seaside bird
62. *Thirty- ____ teams in NFL
63. *Ravens' or Lions' time, acr.
64. *Rushing unit

DOWN

1. " ____ Now or Never"
2. "Shoot!"
3. Arabian bigwig
4. Fund-raising letter
5. Torah teacher
6. Homer's famous poem
7. Feel for
8. Larger-than-life
9. A Supreme singer
10. Emerald ____ borer
12. Poet's death lament
13. Fungal skin infection
14. *Home of the Citrus Bowl in Florida
19. Not odds
22. Lily, in French
23. Unfortunately, exclamation
24. *a.k.a. Iron Mike
25. Charcuterie stores
26. Nibble away
27. Have faith
28. Rane'e's wrap
31. LummoX
32. Calendar abbr.
34. Russian autocrat
36. *Home to College Football Hall of Fame
38. Secret supply
40. *Extra point
41. Van Gogh flowers
44. Partners of pains
46. Spirited
48. Puzzle with pictures and letters
49. Take as one's own
50. Think, archaic
51. Grand theft target
52. *The oldest college football Bowl
53. Actress Perlman
54. Millimeter of mercury
55. Took the bait
58. *Defensive one

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