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Volume 17 • Issue 4

## Buck & Honey

By Cheri Roshon

Travelling between Zumbrota and Wanamingo, you may have beheld a beautiful site-- 2 acres of Sunflowers, faces following the sun!

Clint and Erica Irrthum are dairy farmers from Wanamingo, living in Zumbrota.

*(continued on page 5)*

## RoseFest 2023 Next Week

By Cheri Rochon

It's that time of year when Rose Fest is upon us. My question was, Why is it called Rose Fest, and how did it start? I met with some Gentlemen at the Senior Activity Center and asked them what they knew about the Festival, and received a lot of information.

Apparently in 1924, Kenyon's first paved street brought the town out of the "Mud Age" as it was referred to at the time. Mayor C.J. Talle thought it would be a good idea to have some green space between the streets on the west side of town, so the last 4 blocks had a boulevard installed between the streets by the Gunderson House.

*(continued on page 3)*



## Announcements

• **Three Rivers Community Action is currently accepting new Meals On Wheels clients in the communities of Zumbrota, Mazeppa, Goodhue, Pine Island, Kenyon and Wanamingo.** Receive a hot meal delivered to your home by a volunteer at lunch time up to 5 days per week. To qualify you must be 60 or older, live within city limits, have limited mobility and/or are unable to prepare nutritious meals. The suggested donation is \$4.50 per meal. For more information on how to sign up for meals or to be a volunteer driver, please contact Dana Bergner at 507-421-6067 or dbergner@threeriverscap.org

• **Hiawathaland Transit:** Service hours are 7:30am-4:30pm Monday through Friday. Call dispatch at 866-623-7505 Monday through Friday 6am-9pm and Saturday 7:00am-5:00pm. Visit [threeriverscap.org](http://threeriverscap.org) for more information.

*Do you have an announcement?*

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Ann Traxler

## Traxler Law

By Cheri Roshon

As I get older and closer to retirement, I begin to wonder how to take care of the treasures I have accumulated over the years. As they say, one man's trash is another man's treasure, and I am sure my offspring will look at most of my accumulations as the former, and not the latter. Downsizing while I am still here on Earth seems to be a great idea, but then once I toss something out, I am sure I will need it the next week. So, maybe a yard sale here and there, or a post on Craig's List will begin the process. However, the possessions that really matter need to be taken care of before I am unable to make decisions for myself, and that is where an estate lawyer will come in handy.

*(continued on page 4)*

**Good luck to all 4-H members with their projects at the Goodhue County Fair!**

**We have lots of K-W Knights apparel on hand for back to school shopping!**



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## Jeremiah: "Not The Bullfrog"



By Pastor Colin Rueter,  
New Life Church  
(colin@nlwanamingo.org)

Jeremiah: [ /jeh-ruh-mai-uh/ ] noun – means exalted or appointed by God.

The book was written by the Prophet Jeremiah (Ch. 1:1) through a scribe names Baruch (Ch 36:2, 32), written sometime during the years he prophesied from 627-586 BC.

### OVERVIEW:

The Book of Jeremiah records the final prophecies to Judah, warning of oncoming destruction if the nation does not repent. Jeremiah calls out for the nation to turn back to God. At the same time, Jeremiah recognizes the inevitability of Judah's destruction due to its unrepentant idolatry and immorality. The Book of Jeremiah is primarily a message of judgment on Judah for rampant idolatry (Jeremiah 7:30-34; 16:10-13; 22:9; 44:2-3). After the death of King Josiah, the last righteous king, the nation of Judah had almost completely abandoned God and His commandments. Jeremiah compares Judah to a prostitute (Jeremiah 2:20; 3:1-3). God had promised that He would judge idolatry most severely (Leviticus 26:31-33; Deuteronomy 28:49-68), and Jeremiah was warning Judah that God's judgment was at hand. God had delivered Judah from destruction on countless occasions, but His mercy was at its end. Jer-

miah records King Nebuchadnezzar conquering Judah and making it subject to him (Jeremiah 24:1). After further rebellion, God brought Nebuchadnezzar and the Babylonian armies back to destroy and desolate Judah and Jerusalem (Jeremiah chapter 52). Even in this most severe judgment, God promises the restoration of Judah back into the land God has given them (Jeremiah 29:10).

The overarching theme in this text is judgment since Jeremiah prophesied in the final years of Judah before God's people were exiled to Babylon. The first forty-five chapters focus primarily on the judgment coming to Judah because of its disbelief and disobedience. However, an element of God's grace is also present in these harrowing events. The fall of Jerusalem comes nearly nine hundred years after the original covenant between God and the Israelites in the Sinai desert (Exodus 24:1-18). Such an extended period reveals God's great patience and mercy, allowing His people the opportunity to turn from their sinful ways—a lifestyle they began not long after the original covenant with God (Exodus 32:1-35).

### SO WHAT?

Jeremiah is often called the "weeping prophet" because of his sorrow of the coming judgement to nation of Judah. Jeremiah loved Judah, but he loved God much more. As painful as it was for Jeremiah to deliver a consistent message of judgment to his own people, Jeremiah was obedient to what God told him to speak to God's people. Jeremiah hoped and prayed for mercy from God for Judah, but also trusted that God was good,

just, and righteous. We too must obey God, even when it is difficult, recognize God's will as more important than our own desires, and trust that God, in His infinite wisdom and perfect plan, will bring about the best for His chosen people (Romans 8:28). Jeremiah provides us the clearest glimpse of the new covenant God intended to make with His people once Christ came to earth. This new covenant would be the means of restoration for God's people, as He would put His law within them, writing it on hearts of flesh rather than on tablets of stone. Rather than nurturing our relationship with Him through one specific location like the temple, He promised through Jeremiah that His people would know Him directly, a knowledge that comes through the person of His Son, Jesus Christ (Jeremiah 31:31-34; Hebrews 8:6).

Seeing God's patience with His people in the Old Testament reminds us that God has always been and continues to be merciful. The account that His chosen people routinely ignored the covenant they made with Him for the better part of a millennia without immediate death and destruction should give us hope in our own struggles with living well for God. Though we fail Him, He is patient with us, working in us to bring about the best for our lives. Yet this account also reminds us that an end of His patience and grace will certainly come, a truth that should spur us to pursue God wholeheartedly today and share the good news of rescue and true life in Jesus Christ with those around us.

Next month, we will walk through the book of Lamentations, a lament by Jeremiah for

what occurred to Judah and Jerusalem after their continued and unrepentant idolatry. God allowed the Babylonians to besiege, plunder, burn, and destroy the city of Jerusalem. They also destroyed Solomon's Temple, which had stood for approximately 400 years, burning it to the ground. Yet even in this terrible judgment, God is a God of hope. No matter how far we have gone from Him in this life, we have living hope through Christ that we can return to Him and find Him compassionate and forgiving.

If you have questions, need prayer, a word of encouragement, or a cup of coffee, please contact me. Reach out to me via email: Colin@nlwanamingo.org or by phone: 507-824-3019.

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*Abraham looked up and there in a thicket he saw a ram. . . . He . . . took the ram and sacrificed it as a burnt offering instead of his son. — Genesis 22:13*  
Abraham's faith is tested with the ultimate challenge: Is he willing to give up his most precious treasure to God? And at the last possible moment, God intervenes, telling Abraham to stop. So Isaac is spared, delivered from a death sentence. And God provides a substitute, a sacrificial ram to be offered instead. The place is then called "The Lord Will Provide."  
Abraham could not have known that about 2,000 years later an even greater sacrifice would be made. God would again provide a substitute, who actually became "the Lamb of God, who takes away the sin of the world!" (John 1:29). That substitute was Jesus, God's only Son, who gave up his own life to pay for all our sin so that all who believe in him may have eternal life (John 3:16).  
God's judgment against sin fell on his own Son, Jesus, the sacrificial Lamb, stepped in and took our place. On that day, through Jesus' death on a cross outside Jerusalem, a sufficient sacrifice was provided (see Mark 15:33-39).  
Abraham could not have known all this, but by the grace of God he had received the gift of faith and could trust that God would somehow keep his promises.  
*Lamb of God, thank you for being our substitute and dying in our place, opening the way for us to be saved. Give us faith to believe in you and to serve you every day. Amen.*

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## RoseFest 2023 Next Week

(continued from page 1)

In 1962, a 65 year old rose enthusiast named Lloyd Jystad thought it was time to beautify the green space with 10 rose "trees", so he went to the city council, then headed up by Dr. W.A. Bohan, the town veterinarian, and got their approval if he would pay for and maintain the trees. So, Lloyd purchased the rose trees for about \$10 apiece, and planted, watered, pruned and fertilized them.

Harold Syverson, a free lance writer asked the question, "If 10 trees look so nice, why not plant 100?" He was asked where he would get the money to purchase so many roses, and he replied, "I will raise the money myself." Upon hearing that, the council approved the idea, but the village clerk, Alfred Huseth, reminded the council that the Highway Dept.

had jurisdiction over the boulevard. This meant another meeting to get approval. Syverson then met with the district's engineer, Charles Burrill, who approved the project "as long as people driving by aren't causing accidents because they are getting out of their cars to go look at the rose trees. If there are no problems after planting 100 rose trees, then you can plant as many as you want the next year." And so the Boulevard of Roses has become nationally known! It was officially dedicated in June of 1968, with a Queen of Roses, and much publicity surrounding it.

So now Kenyon celebrates their town on the 3rd weekend of August every year with a 3 day Festival. The funding for the festival comes from many sources. Can recycling is taken in all year to help with the costs. The snowmobile club donates funds from their gambling venue to the tune of \$3,000.00. Many citizens donate, as well as local businesses. There is a Kenyon Rose Fest committee that oversees the entertainment and

activities each year. A lot of work goes into every aspect. Frank Peterson, a Kenyon native, is a big part of getting many Shriner's Club members here to do their tricks on bikes. Bobby Peterson and Lee Sjolander are in charge of the annual car show. Anyone can have their car on display, and instead of judging the cars, \$100 bills are given out every hour to the contestants, who must be present to get the money.

There will be 2 dances at the VFW, one on Friday night, and one on Saturday night. Lost

Highway will perform Friday, and The Dads on Saturday. There will be food trucks and vendors, and a city wide garage sale Friday and Saturday, too. The emcee this year is Kirby Vandewalker. There will be a Grand Marshall, and a Citizen of the Year honored as well. The parade is at 1 pm on Sunday.

As you can tell, a lot goes into these town festivals, so come on out and show your support, and have a lot of fun August 18, 19, and 20th!

## OBITUARY

### Kristen Lael Matthees

Kristen Lael Matthees, 67, of Zumbrota, passed away peacefully at her home on Friday, August 4, 2023. She was born in Zumbrota on February 24, 1956, to Hugh and Dorothy (Matchan) French. She attended Zumbrota High School and graduated in 1974. She worked for many years as a florist in both Zumbrota and Red Wing. Kristen had a love for gardening and tending to her house plants. She loved to cook for anyone and could often be found listening to oldies music. She enjoyed watching the Minnesota Twins and Vikings, but her favorite past-time was watching the Wheel of Fortune nightly with Joey. She enjoyed going to bingo and meat raffles. Most of all, she adored her grandchildren and spending time with them.



She is survived by two sons, Jace and Shane Matthees; one daughter, Terin Olson; six grandchildren, Shelby Betcher, Ethan Baker, Caleb and Carly Matthees, and Skylar and Cayden Olson; one brother, Mike (Jean) French; her dog, Gabi; and many friends that loved her.

She was preceded in death by her parents, Hugh and Dorothy; son, Kristopher; granddaughter, Madison; and brother, Pete French.

A celebration of Kristen's life will be from 11 a.m. until 3 p.m. on Saturday, August 19, 2023, at the VFW Post 5727 Stary-Yerka in Zumbrota. A private family burial will be held at the Zumbrota Cemetery. Arrangements made by the Mahn Family Funeral Home, Larson Chapel.

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## Traxler Law

(continued from page 1)

This month, I decided to focus on a woman who has a large tool box of legal training to pull from. Ann Traxler at Traxler Law, PLLC is that person. Ann is a graduate of Mitchell

Hamline School of Law, with a certification in law and business. She grew up just south of West Concord and moved to Kenyon in 1990. She and her family have a small farm outside of Kenyon with a garden of fresh vegetables. At one time they had a cattle business but decided to forgo that operation when Ann began her law practice. They had 4 boys at home, all of whom are grown and some with families of their own. Jake, Tara and their son and daughter, and Caleb and Samantha all live south of Owatonna. Levi and Natalie live in Nerstrand and help with work in the family businesses, Traxler Power and Equipment, and the NAPA store in Kenyon, along with Ann and her husband Jeff. Their son Quinn

is a civil engineer and lives and works in Denver, but comes home often to his townhouse and his girlfriend.

Ann was a student at U of M in Waseca and at the Twin Cities campuses. At the time, she majored in Animal Sciences. This complements her Law Degree, as she now assists farm businesses transitioning to new formations, and new generations taking over family farms. She says there are as many options as there are families and plans, so it can get quite complicated.

Her practice provides both personal and business legal services. Her business law practice interests include forming new businesses, legal contracts, and real estate transactions. She also works with wills and estate planning. She handles trusts to control assets,

inheritance and probates. Health care directives and power of attorney decisions are also a part of her expertise.

So, if you have been thinking of getting all those treasures you own set up into a legal document such as a will or trust, call Ann to see how she can assist you at (507) 405-0420, and invest in some peace of mind!



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## Buck & Honey

(continued from page 1)

They were married in December 2022, and had a great idea to bring to Hiway 60 travelers. Buck and Honey's Sunflower Patch is a fun place to spend some time playing in the sun, with a petting Zoo, Photo opportunities, a sunflower maze, children's play area and u-pick sunflowers for \$1 a stem. Or if you want the flowers and not the experience of picking them, they will pick a bunch for you (6 for \$10) or you may purchase a prepicked bouquet of an assortment of flowers from the family farm to bring home to brighten your day. And since the sunflowers are the bird feed variety, no, you can't eat the seeds!

The Children's area features every child's favorite.... a dried corn sandbox to play in, and make a big mess if they want to! Also, there are bales of straw to conquer, and a petting zoo. The Petting Zoo consists of a calf, 2 alpacas, and some sheep and goats from the family farm.



The Irrthums show Ayrshire cattle on a national level, along with milking 60 cows a day, and both also hold down full time jobs. Their plan is to be the next generation of Irrthum dairy farmers, so they are one busy couple! The Patch is open only 3 weekends this year, and this coming weekend (Aug 10th through the 13th) will be their last weekend for farm fun, so be sure to head over and



Clint and Erica Irrthum

check them out. Their hours are Thursday and Friday from 2 pm to 8 pm, and Saturday and Sunday from 10 am to 8 pm.

Clint is working toward a diversified planting schedule, doing crop rotations with cover crops to give the soil on the farm more nutrients. The sunflowers will be tilled into the soil, and a crop planted to revitalize the soil for next year's crop of golden happiness. (How can you not smile when you drive by all those happy flowers??) Personally, I am hoping he may do some informational talks on soil diversity next year. It is a topic near and dear to my heart.

Erica has some plans for next year's activities, including a Farmer's Market of sorts, and other activities to bring the community together for summer fun. For more information on the venue, go to their Facebook page at Buck and Honey's.



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## New Event Center to Open

By Cheri Roshon

The wait is finally over, and south east Minnesota has a new venue for weddings, community gatherings and event for all. It is only 8 miles north of Rochester in the hidden gem of Oronoco. The address is 25 2nd street SE Oronoco, MN 55960.

Jessie and Jared Maes purchased the School House in the fall of 2018 from David Kemmer, a piano restoration expert who restored and tuned pianos in the area. At the time of purchase, there were over 20 pianos, organs and even an antique harpsichord, along with a square grand piano inside. The piano was built in 1870 for Reginald DeKoven, who later composed the famous wedding song, "Oh Promise Me" on this piano. Mr. Kemmer was a walking historian and shared many stories about the history of the School House and all of its glory. If interested in learning more about the history of the School House, it is not only on the front cover of the book, Oronoco, Past and Present by Elsie Boutelle, but is documented throughout the book as well. The book gives the reader great insight into the history of the building.

Jessie and Jared began the renovations to restore the 150 year old building and bring back the historical quality for generations to enjoy

for years to come. After tearing out all the outdated electrical and plumbing and bringing it up to code, most of the building is still as it was. The charming woodwork, and the spiral staircase stand is a magnificent tribute to the 1800's and will make a splendid backdrop for wedding photos, private events and other celebrations. The new deck that surrounds the building and is handicap accessible, looks over the Zumbro river, bringing a calm and peaceful ambience to the venue. An amphitheater for outdoor weddings completes the effect of elegant pageantry, with an arch to have flowers and greens accent the ceremony.

Amenities include a plush bridal suite for the bride and her entourage to get ready for the wedding, on site. There is a catering room to keep the food fresh, and 3 bathrooms for your guest's convenience. Central heating and air conditioning complete the comfort of the whole experience.

On the opposite side of the building, there is outdoor space for events and activities for your guest's enjoyment. You will be able to rent the venue for weddings, private events, social gatherings and business meetings. They also look forward to hosting many community events. If you are looking to participate in, or host a future event at the school house, check out their website at [www.schoolhouseevent.com](http://www.schoolhouseevent.com). To contact Jessie with questions, call 507.718.0454 or email her at [events@schoolhouseevent.com](mailto:events@schoolhouseevent.com).

Jessie and Jared would like to thank the community of Oronoco for their ongoing support and guidance, the contractors, and friends and family who made it all come to-



gether.

The Grand Opening is set for the weekend of Gold Rush, August 18, 19 and 20. They hope to see you there to take a look around ask questions. The School House is now open for site tours and bookings for your special

occasions. Everyone who stops in to view the venue during the Grand Opening will be entered into a drawing for a chance to win 50% off one venue rental for your next personal event. Make sure to stop by and register!

Life is an Event. Enjoy it!

# Milo Peterson Ford Co.



## Hot Summer Deals at Peterson Ford



2020  
FORD  
ESCAPE  
SE

AWD, 25,198 miles,  
silver,  
1.5L ecoboost  
#23090U



2018  
FORD  
FUSION  
TITANIUM

AWD,  
138,467 miles,  
white,  
2.0L ecoboost  
#23014U



2019 FORD  
F-250 SRW  
SUPER  
DUTY

XLT, regular cab,  
8' box, white,  
41,532 miles,  
6.2L V-8  
#23104U



2020  
FORD  
EXPLORER  
XLT

4WD, 30,035 miles,  
agate black metallic,  
2.3L ecoboost  
#23039U



2022 FORD  
BRONCO  
SPORT  
BADLANDS

4x4, 16,077 miles,  
hot pepper red,  
ecoboost 2.0L  
turbocharged  
#23082U



2021  
FORD F-150  
XLT  
SUPERCREW

4WD, rapid red  
metallic, 20,233 miles,  
2.7L V6, ecoboost  
#23067U



## Summer Car Care

At Milo Peterson Ford Co., our highly qualified technicians are here to provide exceptional service in a timely manner.

From oil changes to transmission replacements, we are dedicated to maintaining top tier customer service, for both new and pre-owned car buyers! Allow our staff to demonstrate our commitment to excellence.

Call our service department to schedule your maintenance needs. Open Monday thru Friday 7:30am to 5pm.



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## **New Funding Available to Help Improve Minnesota's Soil Health**

*Applications for soil health  
equipment grants due  
September 15*



Applications are now open for the Minnesota Department of Agriculture's (MDA) Soil Health Financial Assistance Grants.

These grants are available to individual producers, producer groups, and local governments to purchase or retrofit soil health equipment. Grant awards will provide up to 50% cost-share, with a minimum award of \$500 and a maximum award of \$50,000. The 2023 Legislature appropriated \$2.375 million for this round of grants.

"Good soil health is important to water quality and our other natural resources in Minnesota," said MDA Commissioner Thom Petersen. "It's important to recognize the financial hurdles farmers face when trying to implement soil health practices because of specialized, expensive equipment and machinery. The Soil Health Financial Assistance Grants will help offset equipment costs, help-

ing to expand the number of Minnesota farmers and acres engaged in soil health activities."

Examples of eligible new or used equipment include, but are not limited to, no-till drills, air seeders, retrofit projects to allow no-till planting, and more. Parts and materials used to retrofit existing equipment are also eligible.

The Request for Proposals and application link can be found at [www.mda.state.mn.us/soil-health-grant](http://www.mda.state.mn.us/soil-health-grant). Applications are due September 15, 2023. Awards will be announced by January 1, 2024.

This is the first full round of Soil Health Financial Assistance Grants. A pilot program earlier this year awarded \$475,000 to 16 individuals and organizations across 15 counties. No-till drills and air seeders were among the most requested pieces of equipment. The pilot program received more than 230 applications for more than \$6.5 million – over 13 times the funding available.

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# Local Investments Make Small Towns Thrive



**Tim Penny**  
So. MN Initiative Foundation

Imagine being a kid in a small town in Minnesota who, more than anything, wants to dive into the city pool with their friends to escape the summer heat – but their family cannot afford the pool pass. This very situation is what prompted the Wabasha Kellogg Area Community Foundation (WKACF) to start offering free pool passes for all area youth. This initiative kept the pool open, created a space for children to play in the summer and it provided an opportunity for locals to give back to their community. This is just one of many examples of why Community Founda-

tions are a key ingredient to small town growth and vibrancy.

At Southern Minnesota Initiative Foundation (SMIF), Community Foundations are one of the cornerstones of our Community Vitality focus area. SMIF supports 31 Community Foundations – from St. James and Montgomery to Preston and Pine Island – by providing the administrative and 501(c)(3) infrastructure. Additionally, SMIF provides the volunteer boards with training opportunities and is always on hand to answer questions and guide them as they work toward meeting their philanthropic goals. Over the years, SMIF has also contributed more than \$894,061 in matching grants to these foundations.

The free pool pass project that WKACF supports is one of many projects that SMIF's Community Foundations have invested in over the years. Many memorable and unique local festivals count on foundation funds. For example, the Lanesboro Area Community Foundation provided grants to Buffalo Bill Days and Rhubarb Fest recently, as well as funding for several artistic opportunities in their community for music, artist demonstrations, and a grant to the public school for visual arts classes.

The Harmony Area Community Foundation supports a summer initiative of "No Child Left Inside". Several grants were given recently to help provide activities to local youth at no cost. During the annual Canton Day Off Event, kids will have the chance to explore a state-of-the-art obstacle course of inflatables

with a progressive agility course. Harmony has also contributed greatly to one of the first Splash Pads in our region. They continue to add to it as an inclusive place for families to cool down on hot days. These are only a few examples of the many ways that our foundations are enhancing the joy of summer.

In addition to summer fun, our foundations have helped fund food shelves, Veteran's memorials, downtown enhancement projects, farmers' markets and annual scholarship programs. During the early days of the pandemic, Community Foundations became a vessel for supporting local businesses and organizations. The versatility of these foundations allow them to leverage resources wisely to respond to the unique needs of their town. Author of Boomtown USA, Jack Shultz, said it best – community funds are one of the keys to small town success. The 31 Community Foundations under SMIF's umbrella have invested \$6.8 million into their communities since the program began in 1991.

Community Foundations provide a platform for individuals, families and businesses to make meaningful contributions that directly impact their communities. By foster-



ing a culture of giving, these foundations instill a sense of ownership and pride, empowering residents to shape their own future. I encourage you to look up your nearest Community Foundation at [smifoundation.org/community-foundations](http://smifoundation.org/community-foundations).

Contact Andi Arnold, SMIF's Community Foundation Coordinator, at [andia@smifoundation.org](mailto:andia@smifoundation.org) or 507.456.5593 with questions about this program.

As always, I welcome your comments and questions. You can reach me at [timp@smifoundation.org](mailto:timp@smifoundation.org) or 507-455-3215.

\*\*\*\*\*  
**KENYON VFW POST 141**  
 HAPPY HOUR: Monday-Saturday from 4-7 PM  
**DAILY SPECIALS**  

<b>BURGER TUESDAY</b> 5:30-7:30pm	<b>WEDNESDAY WINGS</b> 6:00-8:00pm	<b>FRIDAY NIGHT MEAT RAFFLE</b> 6:00-8:00pm Tap Specials
--------------------------------------	---------------------------------------	--

 \*\*\*\*\*  
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**Best Shot PHOTO CONTEST**  
*Share Your Picture and Win!*  
 We are starting a contest of the best picture to encapsulate or represent your community and each issue will be selecting the best submissions for publication in the Messenger and online.  
 All you have to do is send us a picture that you take and you could be a winner!  
**E-mail the picture and photo description to: [hometownmessenger@gmail.com](mailto:hometownmessenger@gmail.com)**  
**1st Place Prize Each Month Will Receive a \$25.00 Gift Card to a Local Restaurant!**



# Southern Minnesota Golden Link

A weekly advertising supplement to these Southern Minnesota publications:

- STEELE COUNTY TIMES • NEW RICHLAND-HARTLAND-ELLEDALE-GENEVA STAR EAGLE • WASECA COUNTY PIONEER •
- CLAREMONT MESSENGER • DODGE CENTER MESSENGER • DUNDAS MESSENGER • GOODHUE-BELLECHESTER MESSENGER • KENYON MESSENGER •
- MAINSTREET MESSENGER • MAZEPPA-ZUMBRO FALLS MESSENGER • RANDOLPH-HAMPTON-CASTLE ROCK MESSENGER •
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## Holland Auction

**FARM EQUIPMENT**

**LARGE FARM RETIREMENT AUCTION**

**SATURDAY, AUGUST 12, 2023 - 9:30 A.M.**

**Location:** From Waseca, MN half mile south on Waseca Cty. 4 then 2 1/2 miles west on County Rd. 9 or 340th Ave. then half mile south on 100th St. 33684 100th St. Waseca, MN 56093

**Auctioneers Note:** After 50 years of farming the Guse's have decided to retire and hold a public auction. A very good auction to attend with some well cared for farm equipment. Please note: Approx. half hour of mics. items. - *Tracy Holland*

**LOW HOURS VERSATILE - J.D. TRACTORS - COMBINES - WAGONS**

- Versatile 2375 4WD Classic, Only 1446 Hrs. Auto Steer, 710/70R-38" tires, rear suitcase weights, Cummins engine, 4 Hyd., Tractor No. 334929, No Def., one owner, NICE
- John Deere 4640, Quad range, shows 8617 Hrs, 18.4R - 42" tires with axle duals, two Hyd., RockBox, S.N. 020612R
- John Deere 4430, Quad range, Aprox - 8952 Hrs tach replaced at 3157 hrs, two Hyd., 18.4R-38" tires with axle duals, Rock Box, S.N. 003032R
- John Deere 4020 Diesel, Quad range, tach not correct shows 4410 Hrs, 18.4-34" tires, rear weights, two Hyd., Rock Box, S.N. T213R137222R
- John Deere 5055E Diesel, Only 240 Hrs., single Hyd., 3 pt. 14.9-28" tires, S.N. IPY5055ECGG101820, one owner like new
- Oliver 770 Gas, WF, with Westendorf Hyd. loader and bale and pallet fork attachments
- Oliver super 88 Gas, NE, with Vaughn Hyd. loader with bale fork and manure buckets
- John Deere 6620 Sidehill, Diesel shows 4123 Hrs, chopper, plumbed for RWA, w/rear wheel assist attachment sells w/combine, S.N. 504474
- John Deere Titan II side hill, chopper, head reverser, shows 3259 Hrs, S.N. H06620X615553
- John Deere 6620 sidehill, shows 3958 Hrs, chopper, S.N. 505620
- John Deere 643 corn head, 6 row x 30", pixel stalk rolls
- 4 - Crystel 600 Bu gravity wagons, center unload, lights-brakes
- 2003 - Chevy 2500, 4x4, V-8 engine, auto, reg. cab, longbox, Aprox. 150,000 miles, one owner
- 1972 - Chevy C-60 Grain truck, single axle, newer floor

**FARM EQUIPMENT + MISC. ITEMS**

- Case I.H. Ecolo-Tiger 530C Disc Ripper, 5 Shanks, Disc, levels, lights
- John Deere 980 field cultivator, 44 1/2", w/ 3 Bar Harrow
- Riteway model 1200 rock rake, 12", Hyd. Driven
- Riteway model 700 reel type rock picker, high lift
- L + D Ag. Land Tender, 1000 gal. tandem axle, w/ Honda motor
- DMI 17 shank Anhydrous Applicator, cold flow, 42 1/2"
- I.H. 480 Disk, 18 1/2", w/ 2 Bar Harrow
- I.H. 720 Plow, 4 bottom x 18", Auto reset
- M.C. Stalk chopper, 20", 1000 PTO, 4 wheel
- Hardi sprayer frame, 1250 gal., 90' Booms, Hyd. pump, 380/95-38" tires, Raven 450 monitor
- White 550 L.P. Fork lift, side shift, 14.9-24" tires
- New Idea 5407 Rotary cutter, 5 disc, 3 pt.
- J.D. 400 Rotary Hoe, 20'
- John Deere 7100 Planter, 12 row x 30", liquid Fert, klauze/corn units, 2 sets of plates, monitor
- J.D. 12 row x 30" FM front Mount cultivator w/ rolling shields
- J.D. AT600A 8 row x 30" front Mount cultivator w/ tolling shields
- Hopto model 120TM54 Portable Backhoe
- 7 1/2' x 16' Flat Rack w/ gear
- 5 section spike tooth drag on cart
- J.D. 6000 Sprayer, shows 6272 Hrs, air ride seat, 60' x-fold century booms, Accumulator, Raven 440 monitor w/ single front wheel assembly and fenders
- McCormick 10' grain drill, Double Disc, mechanical lift, low rubber, grass seed
- 500 gal. Diesel Tender, tandem axle w/ Honda motor
- N.H. 510 Apron type manure spreader, single axle
- SnowCo portable grain screener
- N.H. 855 Round Baler
- N.H. 55 side rake
- J+M seed tender wagon, 2 compartments, MN gear w/ saklaga Brush auger, cup
- Drive over grain Hopper, Hyd. motor
- 3 pt. Stump grinder
- Westgo 10" x 51' grain auger, PTO drive
- Westfield WR 60-51 grain auger, 6" x 51", w/ 7 1/2 HP electric motor
- 3" Grain Blower, 3 phase, 15 HP motor, air lock bud
- Farm King 6' rotary cutter, 3 pt.
- 3 pt. 60' x-fold Booms w/ Raven 440 monitor, electric shut off
- 1000 gal. Fuel Barrel w/ 2-Pumps
- 500 gal. Fuel Barrel w/Pump
- 500 gal. fuel Barrel
- 300 gal. used oil Barrel
- Homemade single axle trailer
- J.D. RM cultivator, 6 row x 30"
- Portable Grain dryer shed
- Lindsay farming Mill
- 14-J.D. combine weights
- Hydraulic oil cooler
- Portable cement mixer
- MBW Hyd. hitch w/ controls
- Inductor tank w/ pump
- Pair of 28L-26" combine tire and rims
- Pair of Poly saddle tanks w/ brackets
- Alumacraft 17' canoe
- Alumacraft 12' boat w/trailer
- Larson 12' Boat
- Drive shafts for sidehill 220 Grain Head
- Brush Auger 6" x 22", electric motor
- 2-Hook system quick hitches
- Bulk seed fork frame
- Large chain Hoist, 4 ton
- Hossfeld Bender
- Reed Bench lath 14"
- 10 ton floor jack
- Century 225 amp wire feed welder, (less tank)
- Large Vice opens to 15 3/8"
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Terms: Cash or Good Check, & Picture ID Required. No property removed until fully settled for. Sales Staff and Owners Not Responsible for accidents. Any verbal announcement made dry of auction takes precedence over print. Clerk: Holland Auction LLC



**HOLLAND AUCTION**

**Farmers Machinery Consignment**  
Live & Online Bidding  
**Saturday, AUGUST 26, 2023 - 9:30 A.M.**

**LOCATION: East of Beaver Lake, Ellendale MN**  
**Taking consignments:** Tractors • Combines • Haying Equip. • Tillage Equip. • Planters • Wagons • Farm Pickups & Trucks • Construction Equip. • All Types of Farm Machinery • Recreational Items Welcomed (No car or truck tires)  
**Call early to take full advantage of advertising.**  
*Always a large auction, running two auction rings all day.*  
**Limited Rack Items Accepted!**  
Delivery of Consignments will be on  
**AUGUST 20, 21, 22, 23, 2023 from 8:30 a.m. to 6 p.m.**  
**NO Consignments on August 24th and 25th!**

To consign, call: Holland Auction at (507) 684-2955 or  
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# DINERS GUIDE TO FINE LOCAL RESTAURANTS

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## Rising Health Care Costs

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**WHEN:** Thursday, August 24, 2023  
**TIME:** 9:00 - 11:00 a.m.  
**WHERE:** Wedgewood Cove  
2200 West 9th Street, Albert Lea, MN 56007

Continental Breakfast will be provided. There is no cost or obligation for attending.

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## HOLLAND AUCTION & REAL ESTATE

(507) 684-2955  
[hollandauction.com](http://hollandauction.com)

**UPCOMING 2023 AUCTIONS**

Sat. Aug. 12 • 9:30 A.M.  
**FARM RETIREMENT AUCTION**

Versatile 2375, 4WD, John Deere 4640 - J.D. 4430 - J.D. 4020 - J.D. 5055 - Riteway rock picker - 4-Crysteel 600 Bu. Wagons - Tillage + Haying Equip. - Misc. Outdoor Items

**Dave & Kathy Guse OWNERS**  
Waseca, MN

---

Saturday, August 26, 2022 • 9:30 A.M.

If you have one item or a full line, give us a call early to take full advantage of advertising.

Tractors, combines, haying & tillage equipment, planters, wagons, farm pickups and grain trucks, recreational items, construction equipment, all types of farm machinery. To consign, call Holland Auction at 507-684-2955 or Tracy Holland at 507-456-5128.

**LARGE MACHINERY AUCTION**  
Ellendale, MN

---

Saturday Sept. 9, • 9:30 A.M.

Kubota B3200 Compact tractor, 4x4, w/loader - 2008 - Dodge 1500 Pickup, 4x4 - Guns - Shop - Tools - Outdoor items

**Bruce I. Born - OWNER**  
Owatonna, MN

---

Sun Sept. 10, • 9:30 A.M.

Lund 17' fishing boat - 30+ Guns Hunting + Fishing Equipment - Antiques - Collectibles Household - Portable Fish House

**Vic + Gail Salvick - OWNERS**  
Freeborn, MN

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[www.hollandauction.com](http://www.hollandauction.com)



18928 Jasmine Rd  
Mankato, MN 56001  
[WingertLandServices.com](http://WingertLandServices.com)

## LAND AUCTION

Wednesday, August 16  
**Bruce Piltz Farm**  
132+/-Acres  
Waldorf Community Center, Waldorf, MN

For property brochures call **Chuck Wingert, Wingert Land Services, 507-381-9790**  
or visit [www.wingertlandservices.com](http://www.wingertlandservices.com)

Only registered bidders may attend.  
Charles Wingert, Broker

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## AUCTION CALENDAR

**August 5, 2023 ..... 8:30 AM Kenyon, MN**  
AREA FARMERS PRE-HARVEST CONSIGNMENT AUCTION  
LIVE AND ONLINE AREA FARMERS CONSIGNMENT AUCTION, TRACTORS, COMBINES, SEMIS, TRAILERS, CONSTRUCTION EQUIPMENT, PLANTERS & TILLAGE EQUIPMENT, LIVESTOCK EQUIPMENT, PICKUPS, CARS, ATVS AND FARM SUPPORT ITEMS

**August 7, 2023**  
Bidding Begins: ... July 27, 2023  
Starts Closing... August 7, 2023  
**Dodge Center, MN**  
Online Only Real Estate & Personal Property For LaMar Johnson  
Nice 3 Bedroom 1 1/2 Story Home With 2 Sheds On A Large Double Lot, 1923 Ford Model T Roadster, 2018 Flashed Trailer, OMC Gas Skid Loader, 1976 Ford 23' Motorhome, Pressure Washer, Cement Mixer, Ladders, Hand Tools

**August 11, 2023 ..... 9:30 AM New Richland, MN**  
LIVE AND ONLINE FARM RETIREMENT AUCTION FOR ALLEN & JANE NELSON  
John Deere 9650 STS Combine, JD 893 Corn Head, JD 925 Bean Head, John Deere 8760 4WD Tractor, John Deere 4440 & 3020 Loader Tractor, International Day Cab Semi, Wilson Grain Trailer, Wilmar 8100 Crop Sprayer, Planting & Tillage Equipment, Parker 500, 525 & 2000 Grain Boxes, Grain Bins, Augers, Grain Dryer, Holding Bins, Power and Hand Tools, Vehicles, Farm Support Items

**August 12, 2023 ..... 10:00 AM Delavan, MN**  
LIVE & ONLINE LARGE FARM RETIREMENT AUCTION FOR GREG & ANNETTE JENKINS  
(6) Case IH MFWD & 2WD Tractor, Case IH 6088 Combine, Heads, John Deere 1770 Planter, Fast Applicator, (3) Semis & Grain Trailers, CH 255 & 200 Tillage, Roller, Rem Grain Vac, Mack Straight Truck, Farm Support Equip.

**August 19, 2023 ..... 10:00 AM Red Wing, MN**  
LIVE AND ONLINE FARM RETIREMENT AUCTION FOR EMERY & GINNY FITSCHEN  
John Deere 4960 MFWD, John Deere 4430, Kubota 6800 MFWD, (2) Parker Grain Carts, John Deere 1760 12R30", JD 714 Disc Chisel, JD 2210 Field Cultivator, Augers, Other Good Farm Machinery, Farm Support Items

**August 23, 2023**  
Bidding Begins: .. Aug. 16, 2023  
Starts Closing... August 23, 2023  
**Nerstrand, MN**  
ONLINE ONLY PERSONAL PROPERTY AUCTION FOR THE OLSON ESTATE  
(3) 1936 Ford Pickups, Red Wing Stoneware, Scandinavian Rosmalding Items, Antique Furniture, Collectibles, Modern & Antique Furniture, Lawn & Garden Items, 160 Gallon Sprayer, Log Splitter, Fuel Tank, Hand & Power Tools and More

**August 26, 2023 ..... 9:00 AM Mantorville, MN**  
LIFETIME FARM COLLECTION AUCTION FOR PAT & LINDA OVEREND  
Oliver Tractors, 2, 3 & 4 Digit, White American 60 Tractors, One Owner 1972 Ford F250 Highboy, Oliver Parts, Ford 555B Backhoe, 32' GN Trailer, Implements, Power Tools 7046 County Road 5 NW

**August 28, 2023**  
Bidding Begins: .. Aug. 19, 2023  
Starts Closing... August 28, 2023  
**Wells, MN**  
ONLINE ONLY FARM RETIREMENT AUCTION FOR CRAIG & JANEL SCHULTZ  
John Deere 9670STS Combine, 893, 635, JD 8230 & 8100 MFWD, JD 2630 Display & Globes, JD 1770, JD 235, JD 3010, Brent 644 Wagon, J&M Cart, Wilrich 957 Ripper, Fast Sprayer, Farm Support Equipment

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 Auction Location: 29642 County 53 Blvd, Red Wing, MN  
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**Saturday, August 19, 2023 • 10:00 a.m.**  
**FOR COMPLETE DETAILS & BIDDING GO TO:**  
**www.maringauktion.com**

**VIEWING & INSPECTIONS DATES:**  
 Saturday, August 12 - Auction Date, 9:00 a.m. to 6:00 p.m.  
  
**John Deere 4560 MFWD & 4430, Kubota M6800 w/Loader**  
 '92 JD 4560 MFWD, 7872 Hrs, 2000 Hrs Overhaul W/Paperwork, 15sp. PS, 480/80R42 Michelin Duals, Fenders, Suitcase Weights, 3pt QH, 3 Hyd, 1000PTO, Very Clean; '77 JD 4430, 8533 Hrs, Quad, 18.4R38 Duals, 3pt QH, LED Lights, 540/1000 PTO, (4) Rear Wheel Weights, Very Clean; '03 Kubota M6800 MFWD, Kubota LA1002 Hyd Loader, Joystick, Skid Loader Plate, 2625 One Owner Hrs, Hyd Shuttle 8 Speed, 17.5L24, 540PTO, 3pt, 2 Hyd; (6) JD Suitcase Weights

**John Deere 1760, JD 2210 Field Cultivator & Related Machinery**  
 JD 1760 Conservation MaxEmerge Plus, 12R30", Liquid Fert., Row Cleaners, Vacuum, Spike Closing Wheels, Precision Corn & Regular Bean, 250 Monitor, In-Furrow; JD 2210 FC, 26.5", 4 Bar Harrow, Walking Tandems, Good 7" Sweeps, SP Depth Control; JD 1710 Disc Chisel Plow, 9 Shank, 11", Front Cone Disc, Spike Harrow; JD 27 Stock Chopper, 15, 4 Wheel Transport, 1000PTO; Hinker 1000 Row Crop Cultivator, 6R30", Wide Sweeps, HD Springs, 3pt; 1400 Gal. Poly Nurse Tank; B&S Transfer Pump; JD 4x16's Plow; JD 1350-1450 Plow, 5x18's; Frontier DH1276 Notch Blade Disc

**Grain Carts, Augers, Brush Mowers & Machinery**  
 Parker 710 Grain Cart, Corner Auger, 1000PTO, 800/65R32, Rear Hitch; Parker 614 Grain Cart, Corner Auger, 1000PTO, 800/65R32; Kuhn GMD 600-GII HD Disbine Mower, 540PTO, 6' Cut; Bush Hog 3210 Rotary Brush Mower, 12', 540PTO; Farm King 1031 Auger, 10"X31", 540PTO; Westfield MK100-71 Swing Hopper Auger, 10"X71", Hyd Lift; Fetrel 8"X66" Auger, PTO, Hyd Lift, Screener Section; Westendorf 400 Bu Gravity Wagon, 14I Gear, 11-22.5, Lights; H&S 9'x16' Wagon, NH 234 Running Gear; (4) Keho 16900 Bin Fans, 10HP; Mineral Feeders; Fence Post; Poly Grain Hoppers; (10) Livestock Gates, 10", 12", 14", 16"; SnowCo 48" Grain Screener, 9'x8" Auger; CL Fab 5081 EZ-Grapple Bucket, 81", Universal Plate; North Star 2760PSI Hot Water Pressure Washer, 2.5GPM

**Emery & Ginny Fitschen**  
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**7th Annual Junk Truck/M&M Resources**

# WAREHOUSE SALE

**Friday, Saturday, Sunday  
September 8th, 9th, 10th**

**10:00am-6:00pm**

**7 Cannon Street**

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*Stop in and you're sure to find something wonderful!*



## Safety Tips for Riding Off-Highway Vehicles

By Minnesota DNR

With thousands of miles of trails throughout Minnesota available for riding, off-highway vehicles continue to grow in popularity as a way for people of all ages to experience the outdoors. For some folks, an OHV is a convenient means for getting from Point A to Point B. The journey itself is the goal for other riders, who simply enjoy riding through the fields and woods.

Whatever the reason for riding, there are a variety of steps OHV riders can take to reduce the potential for accidents or injuries and ensure a safe and successful ride.

### The Golden Rules of OHV Safety

Ride only on designated trails and at a safe speed.

Ride on the right.

Wear goggles, long sleeves, long pants, over-the-ankle boots, gloves and DOT-compliant helmets.

Avoid riding on paved roads except to cross when done safely and permitted by law.

Ride sober.

Carry no more than one passenger on an

OHV specifically designed for two people, and never carry a passenger on a single-rider OHV.

Ride an OHV that's right for your size.

Actively supervise younger riders. OHVs are not toys.

If an OHV comes factory-installed with seatbelts, wear them.

Take a hands-on and online safety course.

### Keys for youth ATV safety

#### Active supervision – set the ground rules

If a child can control a bike without any problems, it may be a good time to try an OHV.

Youth under age 16 must have permission from their parent or guardian to operate an OHV. Even when permission is granted, active supervision is a must. Youth riders may be able to start and stop an OHV, but lack the experience to respond to something unexpected. Setting ground rules reinforces the serious nature and responsibility that comes with operating an OHV. Allow youth to ride only after they demonstrate they can follow directions and wear their protective gear.

#### OHV fit – one size does not fit all

OHVs intended for use by adults (16 years and older) are larger, heavier and have greater speed and performance capabilities than youth models. Children under 16 and capable of driving OHVs should ride a smaller model, with speeds limited accordingly.

#### Youths age 16 and under must fit the OHV they operate.

They should be able to reach the foot pegs while sitting upright on the machine, and be



able to reach and control the handlebars. This means they must be able to grip the handlebars and have the ability to move them to the left and right, in addition to operating the throttle and brake lever with one hand.

Youth riders also must be able to shift their weight from side to side and from front to back while maintain their balance.

#### Helmet use and safety gear

Protective gear is a must while operating OHVs. Whatever size machine they're riding, all operators and passengers under the age of 18 must wear DOT-certified helmets. One of the most common violations conservation officers see is people under 18 not wearing helmets, particularly on the larger, Class 2 vehicles.

Full face shield helmets that fit snugly and securely offer most protection.

Eye protection is recommended, especially in a wooded areas.

Over-the-ankle shoes with sturdy, non-slip heels and soles should be worn.

Long-sleeved shirts or jackets, long pants and gloves all afford protection.

We recommend everyone riding an OHV wear a helmet.

#### Training and trail safety

Take an ATV safety course (required for riders born after July 1, 1987).

Take an OHM safety course (required for OHM riders under age 16).

Take an ORV safety course.

Trail Ambassador program.

## Hunting Deer with Bait is Illegal

By Minnesota DNR

Hunters are not allowed to take deer with the aid or use of bait anywhere in Minnesota. "Taking" includes attempting to take.

### Baiting

Corn, apples and pumpkins are common foods used to bait deer. Baiting means placing, exposing, depositing, distributing or scattering bait that is capable of attracting or enticing deer.

Baiting significantly increases the risk of disease transmission by concentrating animals and promoting nose-to-nose contact.

Baiting attracts and holds large numbers of deer on private parcels creating a privatization of the deer herd.

Bait piles alter a deer's natural movement. By placing bait, one hunter can effectively nullify another hunter's attempt to harvest a deer.

### What is bait?

Bait includes grains, fruits, vegetables, nuts, hay or other food that is capable of attracting or enticing deer and has been placed by a person.

Liquid scents (example: doe in heat), sprays, salt, and minerals are not bait if they do not contain liquid or solid food products.

Read the ingredient label on all products prior to use. Many products, including newer liquid, powder and block forms, contain food or attractants such as grains, fruits, and sugar derivatives (glucose, dextrose, and fructose). If a salt or mineral product has anything other than salt or mineral in it, it is illegal to use for hunting.

Agricultural crops from normal or accepted farming, forest management, wildlife food plantings, orchard management, or other similar land management activities are not bait. This exclusion does not apply to agricultural crops that have been reintroduced and concentrated where a person is hunting.

Example: A person may spread an abundant agricultural crop on a previously planted field as fertilizer. However, if the fertilizer is piled or concentrated where the person is hunting deer, it is baiting.

A person otherwise in compliance with this section who is hunting on private or public property that is adjacent to the property where bait or food is present is not in violation if the person has not participated in, been involved with, or agreed to baiting or feeding wildlife on the adjacent property.

### Removal of bait

All bait must be completely removed for 10 days prior to hunting. Penalties for baiting violations include revocation and confiscation.

A person may not obtain any deer license or take deer under a lifetime license for one year after the person is convicted of hunting deer with the aid or use of bait. A second conviction within three years would result in a three-year revocation. The revocation period doubles if the conviction is for a deer that is a trophy deer scoring higher than 170.

Firearms and bows used to take deer with the aid or use of bait will be seized and are subject to confiscation upon conviction. In some areas, deer feeding and attractants are banned year-round, see page 82.

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## 48<sup>th</sup> Annual Tractor Show

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**September 1, 2 & 3, 2023**  
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Good for all 3 days

**Live Music**  
**Friday, Sept. 1**

*Charlie Sticha Band*  
1 pm - 5 pm

**Saturday, Sept. 2<sup>nd</sup>**

*Marv Golman*  
10 am – Noon

*Steam Machine*  
1 pm – 5 pm

**Sunday, Sept. 3<sup>rd</sup>**

*Non-Denominational Church Service*  
8 am

*Marv Golman*  
10 am – Noon

*Czech Area Concertina Club*  
1 pm – 5 pm

**Golf Cart Rentals**  
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Contact: Sheryl Trebelhorn  
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Information on our website and Facebook: [ricecountysteamandgas.com](http://ricecountysteamandgas.com)

- **FOOD STANDS** -OPEN DAILY, Breakfast served
- Flea Market opens 8 am Daily
- **PARADE OF TRACTORS - 12:00 NOON DAILY**
- Kids Pedal Pull – Saturday after Parade
- **TRACTOR PULL** – Sunday 9 am, Registration 7 am
- **RAFFLE TRACTOR DRAWING – SUNDAY 4 PM**

**1/8 scale Railroad Train Rides**  
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**1<sup>st</sup> Prize** – Ford Tractor or \$2000 cash  
**2<sup>nd</sup> Prize**– Ford Pedal Tractor  
**3<sup>rd</sup> Prize**– 1/16 scale Ford Tractor



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**Petting Zoo by Windy Willow Farm Adventures**

The Rice County Steam and Gas Engines, Inc. is a non-profit organization  
The farmers, exhibitors and workers time is all donated.  
All income is used to improve the show!  
Thank you for attending

Leashed Pets Only \* Primitive Camping \* No Alcoholic beverages allowed on grounds  
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## FEAR



By Susan Hinrichsen, CHC, CLC, MC

Fear can be in many different aspects of our life. It can be a fear of trying or doing something new or fear of not having enough money, time, new places, job loss, or failing relationships. We are in different places and seasons of life so the fears may change as we enter different stages of life for each individual. Fear can be difficult to work through on our own if we do not understand what is underlying the fear and where the fear is originating from.

We have been taught to conform to rules or act a certain way as a child which also can shape our beliefs about the world, others, and ourselves. Most times the underlying issue of fear relates to a lack of love and belonging.

A very common fear is fear of failure or not being enough to step into a fearful situation and meet it head on. By not confronting our fears we put limitations on our

personal growth and life experiences. This in turn prevents us from achieving our life purpose and personal evolution.

The best way I've been able to describe our purpose on earth is to think of our time here as a school. We are all spiritual beings having a temporary human experience. This is the place where we get to have experiences that we learn and grow from, and it is these experiences that guide our path in life to our purpose. I hear so many people say that things always happen to them but in fact, they happen for you to help you learn whatever you need to learn from the experience to move onto your next lesson.

When I find myself feeling fearful around a situation or issue is to ask myself, what is it about the situation that is causing me to feel fearful around the situation or issue, and to ask myself what about the situation is causing me to feel fearful. I tell myself that it is okay to feel fearful and acknowledge the feeling. I then approach the feelings with curiosity and look inward to see what is causing the fear, acknowledge that reasoning and try to replace that reasoning with an updated thought that is at minimum neutral or positive. After all, we will not be eaten by a wild animal so death should not be a factor. (I hope you are smiling by now).

If you are interested in reaching out and scheduling your complimentary discovery session to help you move past fear or whatever is keeping you from being your best self, visit my website [susanhinrichsen.com](http://susanhinrichsen.com) and while you're there download my 7-Day Workbook at no cost to you.

## Tomatoes



By Shauna Burslem, D.C.

I was recently surfing the web for tidbits of information that I could include in my monthly health tip when I came across a great article on tomatoes. It turns out that tomatoes were not even eaten in the US until the early 1800s, when an eccentric New Jersey gentleman, Colonel Robert Gibbon Johnson, brought them back from a trip overseas. It seems Gibbon was a bit of a showman. He announced that an amazing display of courage would take place on September 26, 1820. He shocked his hometown of Salem by consuming an entire basket of tomatoes in front of a crowd of spectators, who were expecting him to keel over at any second. Obviously, he didn't and since then tomatoes have been a staple of the American diet. And with good reason! Tomatoes are high in Vitamin C and provide 40% of the RDA. The most important part of the tomato is the lycopene. Lycopene is a powerful antioxidant that gives the tomato its red color. Lycopene may be twice as powerful as the anti-oxidant Beta-Carotene. Research studies have shown consuming tomatoes to be helpful in the fight against prostate, stomach, endometrial and lung cancer. Lycopene has also been linked to increased activity levels in senior citizens. The brighter the red in the tomato the higher the lycopene. In an unusual turn, about as far with cooking vegetables goes, eating most vegetables raw is the way to go. But cooking tomatoes actually releases even more lycopene. Olive oil with tomatoes increases the lycopene absorption in the body. While nothing beats a fresh, ripe tomato, studies also



show that canned and jarred tomato and tomato sauce pack the same nutritional benefit. Personally, a large thick slice of a Beefsteak tomato with a little cracked black pepper, sea salt and a drizzling of olive oil in between two slices of toast, spread with a smattering of mayo and a slice of bacon is a little bit of heaven on earth! Luckily, tomato season is just around the corner.

Thought for the Week: "External, material objects are never the cause of disease, merely agents waiting to cause specific symptoms in susceptible hosts."

----- Andrew Weil, M.D.

(What did he say? He said, things like germs do not cause disease, people with weak immune systems allow germs to overtake their body, and then they become sick.

----Dr. Shauna)

Chiropractic Thought for the Week: "A spinal adjustment from your chiropractor may not make your symptoms go away, but it is not meant to. A spinal adjustment opens up the life channels of your body (nerve flow) and improves your overall health and it does that every time in everybody.

----- Reggie Gold, D.C.

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## “ASK A TROOPER”

By Sgt. Troy Christianson of the Minnesota State Patrol

*Question: I bought a used vehicle a while back. Where can I check to see if there have been any safety recalls on it? Thank you.*

Answer: There are several different ways and places to get this information. One place to look is the National Highway Traffic Safety Administration (NHTSA) website.

NHTSA's recalls look-up tool lets you enter your vehicle identification number (VIN) to quickly learn if your vehicle has a critical safety issue that has not been repaired. It also tells you how to get that repair done for free. You can also download NHTSA's SaferCar app and enter your vehicle and equipment information. If a recall is issued, you'll get an alert on your phone.

NHTSA's recall look-up tool <https://www.nhtsa.gov/recalls>

NHTSA's Safer Car app <https://www.nhtsa.gov/campaign/safercar-app>

You can avoid a ticket — and a crash — if you simply buckle up, drive at safe speeds, pay attention, and always drive sober. Help us drive Minnesota Toward Zero Deaths.

If you have any questions concerning traffic related laws or issues in Minnesota send your questions to Sgt. Troy Christianson – Minnesota State Patrol at 2900 48th Street NW, Rochester MN 55901-5848. (Or reach him at, [Troy.Christianson@state.mn.us](mailto:Troy.Christianson@state.mn.us))





## Metabolic Syndrome Solution



By Noel Aldrich, PhD, CNS  
Licensed Nutritionist

Metabolic Syndrome was defined in 1998 as a cluster of symptoms related to how your body processes the food you eat each day. A person with Metabolic Syndrome has the following symptoms:

- A waist measurement more than 36 inches
- And two of the following measures:
- Low HDL cholesterol (“good” cholesterol)
- High Triglycerides (more than 150 mg/dl)
- High Blood glucose (more than 110 mg/dl)
- High blood pressure (more than 130/85 mmHg)

If you are diabetic or have been taking blood pressure medicine for many years, or have been using statin medication, these are some of the first indications leading to Metabolic Syndrome. According to data from the National Health and Nutrition Examination Survey, more than 34% of adult Americans have Metabolic Syndrome. Conditions associated with Metabolic Syndrome include: heart disease, gout, fatty liver disease, gall stones, depression, and arthritis. Within medical literature, these conditions are described as “lifestyle diseases,” which means our choices in daily living result in these conditions. However, very few medical doctors have the time to coach lifestyle changes, so you may think medication is the only answer to control these health conditions, but this is not the case. The right information can help you make real changes in your health and lifestyle.

Insulin is the key hormone that regulates the metabolic processes in your body. Insulin’s job is to signal the cells in your body to store sugar and get the sugar out of the blood stream. In a healthy body, insulin is made every time you eat and signals the cells to store the sugar that has been eaten. When insulin levels are increased you are not able to lose weight or burn off extra calories because your body is receiving the signal to “store up” and not to “burn off.” When a person snacks frequently, or has five to six small meals each day, the body is always receiving the signal to “store” and never allowed to “burn off” calories. In order to reverse Metabolic Syndrome, we need to understand how to control the master hormone insulin.

Insulin affects many processes in the body. When insulin is high, the body stores fat, stress hormones are increased, and fat in the blood is increased. When insulin is high, inflammation increases and the body ages faster. When a person practices healthy lifestyle patterns insulin signals are more regulated, and the symptoms and conditions associated with Metabolic Syndrome can be reduced.

The Metabolic Balance Program was developed more than 20 years ago to provide a lifestyle plan to control insulin and improve an individual’s quality of life. The program was developed by a medical doctor, a food scientist, and a nutritionist. Metabolic Balance has become one of the most successful lifestyle programs available to address the global health issue of Metabolic Syndrome.

There are eight principles within the Metabolic Balance program that are important for improving health and controlling insulin. These eight principles are:

- 1) Eat three meals each day. No snacks.
- 2) Keep a 5-hour break between meals. No snacks.
- 3) No meal should be longer than 60 minutes.

4) Begin each meal with one or two bites of protein.

5) Eat only one protein with each meal, and do not repeat that protein the rest of the day.

6) No eating after 9 pm.

7) Drink the quantity of water calculated for you. (Half your body weight in fluid ounces.)

8) Eat an apple each day.

In addition to these eight principles, a personal food plan is developed by a certified coach based on your blood chemistry to determine exactly what foods your body will thrive on. When you are eating the foods your body needs, cravings will disappear, satisfaction will increase, and your quality of life can increase. The Metabolic Balance Program is a positive solution to the challenge of Metabolic Syndrome.

As a certified coach, I have personally followed these eight principles since 2017 and have seen the benefits for myself, my family members, and hundreds of clients. You can find out more about this program at the website [www.metabolic-balance.us](http://www.metabolic-balance.us) or contact me at [nutritionproportion@gmail.com](mailto:nutritionproportion@gmail.com) and request a video presentation to review at home.

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Pursuant to due call and notice thereof, a City Council Meeting was duly held in the City Council chambers at 7:00 p.m. on the 13th day of June 2023. The meeting was called to order by Mayor Henke.

The following members were present: Mayor Doug Henke, Council Members Kim Helgeson, Lee Sjolander, Mary Bailey (left at 8:10 pm), Molly Ryan

Absent: None

Also, present: City Administrator Mark Vahlsing, Police Officer Brian Homeier, Attorney Scott Riggs, Public Works Director Wayne Ehrich, City Engineer Derik Olinger, Administrative Assistant Holli Gudknecht, McLellan & Linda Bean, Jerry & Diane Barrett, Nicole Eggert, Lora Zimmerman

The meeting opened with the Pledge of Allegiance.

### CITIZEN COMMENT

Lora Zimmerman questioned the need to remove a vehicle from 1 Langford Avenue and why storage containers are allowed on some properties but not 1 Langford Avenue.

### ADOPT AGENDA

**Addition: / VIII / Legal / C / Resolution 2023-14: Approving Publication of Ordinance No. 100 by Title and Summary**  
Motion by Ryan second by Bailey to approve the amended agenda. Motion carried 5-0-0.

### CONSENT AGENDA

Motion by Helgeson second by Bailey to approve the Consent Agenda, which includes payment of check numbers, 74859 through 74958; 4534E through 4553E.

Motion carried 5-0-0.

### PRESENTATIONS/ PUBLIC HEARINGS/ RECOGNITIONS/PROLAMATIONS

### ENGINEERING

#### 2023 Street Maintenance Project

Engineer Olinger reviewed the pavement management plan for the city this year. Quotes for reclaimite work to seal specified streets were solicited. One proposal was received.

#### Approve Quote of Corrective Asphalt Materials \$34,935

Motion by Ryan, second by Henke to approve the quote of \$34,935 from Corrective Asphalt Materials for the 2023 street maintenance project. Motion carried 5-0-0.

#### Pearl Creek Sanitary Sewer Improvements

Engineer Olinger stated that the bids for the Pearl Creek Sewer project were opened last week and were lower than projected.

#### Update on Easements for Project

Engineer Olinger updated the council on the progress of securing easements for the sewer project. Easement agreements are still being negotiated with property owners.

Approve Resolution 2023-12 Accepting Bid for 2023 Pearl Creek Sewer Project

Motion by Henke second by Helgeson to adopt Resolution 2023-12 accepting the bid from BCM Construction, Inc. for the Pearl Creek Sewer project, including Alternate 1 to pave the lift station driveway. Motion carried 5-0-0.

#### 2023 Street Improvement Summary

Engineer Olinger stated that the bids for the 2023 street improvement project were opened on June 8. The bids came in lower than previously estimated.

Approve Resolution 2023-13 Accepting Bid for 2023 Street Improvement Project

Motion by Ryan second by Sjolander to adopt Resolution 2023-13 accepting the bid from Bi-

tuminous Materials, Inc. for the 2023 Street Improvement project including alternates 1 and 2. Motion Carried 5-0-0.

### LEGAL

#### Request for City to relocate alley/ROW - Jeff and Ann Traxler

Attorney Riggs stated that the new survey showing the proposed location of the alley on the Traxler property has been completed by Rapp Surveying. Once the new legal description is completed, the deeds for the land exchange will be completed. The planning commission did approve the setback variance for Traxler's new commercial building.

#### Review New Legalized Cannabis Law

Attorney Riggs updated the council on the newly passed law legalizing cannabis. If the Council wanted to adopt an interim ordinance regulating Cannabis sales a public hearing would need to be scheduled. It would have to be held before an ordinance is adopted.

#### Adopt Interim Ordinance No. 102

No discussion. On hold pending public hearing

#### Resolution 2023-11 Approving Summary Publication of an Ordinance Authorizing a Study and Imposing a Moratorium of the Operation of Cannabis Business

No discussion. On hold pending public hearing.

#### Resolution 2023-14: Approving Publication of Ordinance No. 100 by Title and Summary

Attorney Riggs stated that Ordinance No. 100, adding section 120 to the Kenyon City code establishing a reasonable accommodation process in accordance with the fair housing act, was approved at the May council meeting. A summary of the ordinance has been prepared for publication.

Motion my Sjolander second by Helgeson to adopt Resolution 2023-14: Approving Publication of Ordinance No. 100 by Title and Summary. Motion carried 5-0-0.

### OLD BUSINESS

#### Request for Chickens within City Limits

Administrator Vahlsing stated that the city attorney had drafted a chicken ordinance for the city of Kenyon. The ordinance does require a permit to keep chickens.

McLellan Bean, 1140 Mantorville Rd, expressed concerns with several requirements to the proposed ordinance.

Nicole Eggert, 97 Gunderson Blvd, questioned why a heated coop would be required.

Council member Ryan thanked the citizens for their comments and stated that she is still on the fence on allowing chickens. She doesn't want someone to continuously have to police this.

Mayor Henke also questioned who would enforce the ordinance and what allowing chickens would do to property values.

Council member Bailey would like to see some revisions made to the proposed ordinance.

Council member Helgeson didn't feel chickens belonged in the city and felt it would cause added work for City Staff.

Council member Sjolander would like a public survey done to see what the citizens of Kenyon want.

The request for chickens within city limits will be tabled until the July meeting so a survey can be conducted. Administrator Vahlsing stated that a survey would be set-up on the City web site and Facebook page to gauge interest in allowing chickens in residential areas. He will report the survey results back to the Council at the July meeting.

### NEW BUSINESS Juneteenth

Attorney Riggs stated that the Governor signed a new law into effect making Juneteenth an official holiday in the state of Minnesota.

The new holiday will be observed starting on Monday, June 19, 2023. No city business can be transacted on this day.

Motion by Sjolander, second by Ryan to approve adding the Juneteenth holiday to the Kenyon personnel policy. Motion carried 5-0-0.

#### Request to Change Police Department Holiday Pay

Administrator Vahlsing stated that Police Chief Sjoblom requested changing the holiday pay practices for police officers. Sjoblom is requesting that the officers be paid 1 1/2 times for the hours they work on the holiday plus be paid for the eight hours of holiday pay at straight time. The eight hours of holiday pay would also apply to officers who have days off that fall on holidays.

Motion by Henke seconded by Ryan to approve a personnel policy change to pay police officers 1 1/2 times for hours worked on a holiday plus pay the eight hours of holiday pay at straight time including paying eight hours of holiday to officers who have days off that fall on holidays starting with the June 19th holiday. Motion carried 4-0-0.

#### New On-Sale Liquor License - Angies'

Motion by Ryan second by Helgeson to approve the liquor license for Angies'. Motion carried 4-0-0.

#### Snowdrifter's Donation to Police Dept. for Body Cameras

Administrator Vahlsing reported that the Snowdrifters would like to donate \$12,600 to the police department for body cameras.

Motion by Sjolander second by Ryan to accept a donation of \$12,600 from the Snowdrifters for police department body cameras. Motion carried 4-0-0.

#### Request to Remove Sidewalk - David Stenbakken - 712 Home St

Administrator Vahlsing presented a request from David Stenbakken to remove the sidewalk from the front of his property at 712 Home Street. The sidewalk does not continue to either end of the block that his house is located on.

Motion by Sjolander second by Helgeson to approve the removal of the sidewalk from the property located at 712 Home Street. Motion carried 4-0-0.

#### Schedule of Upcoming Meetings

KMU Meeting: Tuesday, June 20th @ 4:00 p.m.

City Council Meeting: Tuesday, July 11th @ 7 p.m.

EDA Meeting: Tuesday, August 1st @ 8:00 a.m.

### COUNCIL AND STAFF GENERAL COMMENTS

Council member Helgeson would like us to keep the family of Russ Thurmes in our thoughts and prayers. He is a former Kenyon City Council member who recently passed away.

Councilmen Sjolander thanked public works and the pool staff for their work on getting the pool going. He also thanked Matt Bartel for the work he does for Rose Fest. He also expressed sympathy to the Russ Thurmes family.

Mayor Henke thanked the Park & Rec committee for organizing the Farmer's Market.

City Administrator Vahlsing stated that the council members would be receiving evaluation forms to fill out on him.

Public Works Supervisor Ehrich noted that with the lower cost of the new street repairs bids, we will be able to do more repairs.

Motion by Ryan second by Helgeson to adjourn the meeting at 8:25p.m.

Motion carried 4-0-0.  
Holli Gudknecht, Administrative Assistant  
Douglas Henke, Mayor

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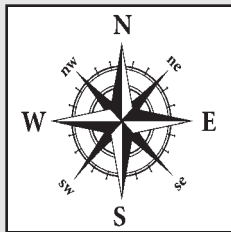
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## Changes in Latitudes, Changes in Attitudes Millennials and My Tranquility, not a good mix



By Terry Campbell

*This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.*

Millennials, that group of people who were born during the 1990's through the early 2000's. I have fortunately not had to deal much with millennials since I am much older. Psychologist Jean Twenge, the author of the 2006 book *Generation Me*, considers millennials to be part of what she calls "Generation Me". Twenge attributes millennials with the traits of confidence but also describes a sense of entitlement and narcissism. Based on the fact that I am entering the age of a Grumpy Old Man, I can now transfer much of my irritation on a younger demographic. And this group has easily set themselves up for the blame. I usually like all people but my tolerance for stupid has worn a little thin with the years.

My birthday rolled around again this year, and in celebration of making it one more time through the calendar, my wife got tickets for the 50th anniversary tour of the rock group Kansas. What could go wrong? A classic rock concert whose fans are all in their 60' and 70's. My kind of folk. The State Theater in Minneapolis is a beautiful venue and we had seats in the fourth row from the stage slightly right of center.

We have a knack for attracting the worst concert goers ever though. We have a name for them. Drunk Dave. In honor of the guy at the Styx concert in Des Moines who thought he should dance in the aisle holding a beer and spilling it on anyone within the splash zone. They are loud and obnoxious and always very drunk. Somehow, they end up in seats next to us.

So, as we took our seats that evening the young guy behind us tried to start up a conversation with us. He was barely into his twenties, but he was hammered. No one should be that inebriated at 6:30pm on a Friday. I just looked at Ashley and said, we got drunk Dave again." It was worse. Three young girls even more sloshed appeared and sat beside him. They talked loudly and kept getting up to buy more drinks. Each time

climbing over the people already seated between them and the aisle. People who were their grandparent's age. One time falling over onto my wife and hugging her from behind. The ushers kept motioning to her but she was oblivious to their commands.

So, the show starts and the one young blonde starts talking over the music. "Oh yeah, this was a hair band back then." Rule # 1, don't go to a show of a band you don't know and act like you have something intelligent to say. She repeatedly shouted over the songs, argued with her boyfriend, cried, and kept leaving and returning with more drinks. At one point during her disruptive behavior she said, "The lead singer, he is pointing right at me." She was right. She was so disruptive he was trying to shame her by singling her out from the stage. If you talk during the performance of "Dust in the Wind" you are a special kind of Cretin.

The ushers were not prepared for this childish behavior as the three girls ran up and down the aisle during the show. They tried helplessly to reprimand them, but to no avail. At one point we saw two of them flip off an usher as they ran by. It was like some two-year olds misbehaving at a restaurant. The guests who were trying to enjoy the show were getting more perturbed by the minute. Finally, the blonde girl decided to head for the exit by walking between each guest and the seat in front of them, all the way across the theater. There she passed out at the feet of the two ushers standing at the exit.

It is called concert etiquette, and you may have seen the news footage of a Miranda Lambert concert lately, where she stopped the show mid-song and told four young women to sit back down. I have seen people of all ages acting like idiots, but these took the prize. I never thought I would sound like my dad, but here I am. And I understand now how he felt.

## A Minnesotan: Out of State Visitors and the Mall of America



By RosaLin Alcoser

What do you do when family comes to visit you in Minnesota? As a transplant to Minnesota I get to live with the pleasure of family and friends from out of the state coming to visit me every now and again. Which is great. I love it when people come to visit me. Those of you who are also transplants or who have family that comes to visit from out of state will know that these visits mean that you get to show them around Minnesota. Then if you are like me you think of all the great things to take them to see. If you're me, that list mainly consists of museums, one of the

state's many hiking trails, and finding the best Scandinavian bakery in the area. Those are the kinds of things I come up with to take people to because who wouldn't want to go to the Minnesota Museum of Transportation or to Minnehaha Falls. However, the inevitable always happens and I end up doing none of those things and spend the time escorting them around the Mall of America. Do not get me wrong, going to the Mall of America every once in a while can be fun for three or four hours. However, it starts to become increasingly less fun once you start hitting hours six and seven; especially when it is the second time you have taken people around it in the span of a week. I feel that at least for me, the novelty of spending the entire day in the Mall of America has been washed away since I live close enough to it that I can go there anytime I want to. Which I do when we are not in the peak times for out of state tourist to be here. So I mainly go in the winter when it's at the point in the year that I'm looking for an indoor activity since it's just a bit too cold outside for me to enjoy one of those many parks we have. While I have recently spent a large amount of time showing friends and family around MOA this year I was able to get my sister and her husband to one of those parks with me. During their visit I was able to get them to hike with me at Gooseberry Falls and swim in Lake Superior. All of which my sister spent a lot of time calling after me to be careful as I kept running into Minnesota's many waters.

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- ACROSS
1. Itsy Bitsy Spider's tunnel
  6. Operations, as in military
  9. Carpenter's joint
  13. Book, in Paris
  14. Coach's talk
  15. Long-necked wader
  16. Did not go out to eat (2 words)
  17. Chi preceder
  18. Top scout
  19. \*'90s children's series " \_\_\_\_ in Pyjamas"
  21. \*Alternative to stick
  23. T-cell killer, acr.
  24. Show worry
  25. Knee-related acronym
  28. Sushi restaurant's boozy offering
  30. \*Grilled cheese and \_\_\_\_ soup
  35. Mouse to a snake
  37. In \_\_\_\_, or together
  39. Convicted one
  40. \*Pear or quince, botanically speaking
  41. California and Nevada lake
  43. Raja's daughter
  44. Uncouth ones
  46. Of two minds
  47. RenÉ Descartes' "therefore"
  48. Make wealthy
  50. Use a surgical beam
  52. Gingerbread creation
  53. \*When fruit is ready
  55. Red-white-and-blue inits.
  57. \*"Hot" vegetable-shaped toy
  60. \*L in BLT
  64. 3-D picture in a book
  65. U.N. workers' grp.
  67. Owned house or car, e.g.
  68. Item on a cell phone bill
  69. What's old is new again, prefix
  70. Popular electric car
  71. Hair styling products
  72. Scottish cap
  73. British peers

- DOWN
1. Block of concrete, e.g.
  2. Pocket bread
  3. Baker's baker
  4. Dickens's Heep
  5. Serena's sport
  6. Prefers
  7. \*Fairytale princess test
  8. Virgo's brightest star
  9. Letter opener
  10. Ship to Colchis
  11. Airhead
  12. The loneliest number?
  15. Concerning this
  20. Nautical "Stop!"
  22. College assessment test, acr.
  24. Camera's tiny aperture
  25. \*Gwyneth Paltrow's daughter
  26. Sing like Tony Bennett
  27. Madagascar primate
  29. Myanmar currency
  31. BEBÉ's mother
  32. Rooster, in the olden days
  33. Polynesian kingdom
  34. \*Layered bulb
  36. Giant Himalayan?
  38. Lady Grantham of "Downton Abbey"
  42. Follow as a consequence
  45. Claw mark
  49. "Battleship" exclamation
  51. Heir's concern
  54. \*At the end of a hot pepper or many a sweet potato
  56. Cruising
  57. Prepare to be shot
  58. October birthstone
  59. What Little Toot does
  60. \*Fruit of the \_\_\_\_
  61. Brezhnev's domain
  62. Jailbird's home
  63. Airline postings
  64. Dog breed from China
  66. Grazing ground

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# KENYON ROSEFEST

## AUGUST 17-20 2023

### WEDNESDAY, AUGUST 16

- 6:30pm Grand Marshal and RoseFest Royalty Announcement at Lacey's Kitchen & Cocktails on the patio.

### THURSDAY, AUGUST 17

- 7am-3pm Antique & Collectibles Sale at the Gunderson House
- 4pm-7pm Farmers Market at First Lutheran Church parking lot
- 4pm-7pm Live Music & Beer Tent - Lacey's Kitchen & Cocktails on the patio
- 4pm-7pm Trivia - Lacey's Kitchen & Cocktails on the patio
- 7:30pm Town Cruise-golf carts, ATV/UTV, etc. No registration required. Line up begins at 7:15pm at First Lutheran Church parking lot. Route to be posted on the City of Kenyon website. All traffic laws must be obeyed.

### FRIDAY, AUGUST 18

- City Wide Garage Sales
- 7am-3pm Antique & Collectibles Sale at the Gunderson House
- 10am-4pm Book Sale inside City Council Chamber
- 12pm KW Athletic Booster Club Golf Tourney at Kenyon Country Club
- 5pm-7pm Hog Roast inside the VFW
- 5pm-7:30pm Wine & Beer Tasting at Lacey's Kitchen & Cocktails on the patio - Hosted by Kenyon Park & Rec.
- 8pm-12:30pm Street Dance outside Kenyon Muni featuring **LOST HIGHWAY** with Special Guest **JAKE NELSON**. ALL AGES-\$10 COVER
- 10pm-2am Team Limousine shuttle available for rides home with suggested donation of \$10 per rider

### SATURDAY, AUGUST 19

- City Wide Garage Sales
- 7am-10:30am Pancake Breakfast outside Kenyon Muni hosted by Kenyon Volunteer Fire Department (in case of rain will be at the Fire Hall)
- 7am-10:30am Bloody Mary bar outside Kenyon Muni
- 8am-2pm Car Show-Forest Street
- 9am KW Athletic Booster Club 5K Fundraiser at High School
- 9am Tractor Pull at Maring Auction Lot on Hwy 56 North of Kenyon
- 9am-12pm Book Sale inside City Council Chambers
- 9am-4pm Vendor & Craft Market on 4th Street by Methodist Church
- 10am Road Rally - Line up at Elevator
- 10am Kids Pedal Tractor Pull at Security State Bank (in case of rain will be at the Fire Hall)
- 10am-2pm Ladies Auxillary Lunch inside VFW
- 11am-1pm United Methodist Church Ladies Luncheon at 429 4th St
- 11am-2pm Gunderson House Tours
- **FAMILY FUN DAY AT DEPOT PARK 11am-3pm**
  - Free Inflatables - sponsored by Kenyon Snowdrifters
  - Free Face Painting - sponsored by Rose Fest
  - Free Petting Zoo - sponsored by Barrett Trucking
  - 2pm ROSEFEST REGATTA at the Kenyon Pool - All ages welcome. No pre-registration required. See Kenyon Pool Facebook page for more info
- 12pm Euchre Tournament at the Kenyon Muni - See Kenyon Muni Facebook page for more info
- 2pm-6pm Live Music & Beer Tent-Lacey's Kitchen & Cocktails on the patio
- 3pm KHS Monument Dedication On-Site; Reception to follow at First Lutheran Church
- 3pm Bean Bag Tournament at Kenyon Muni
- 5pm-7pm Family Bingo inside VFW
- 8pm-12:30am Street Dance outside the Kenyon Muni featuring **THE DADS** - with special guest **BRYAN ANDERSON** ALL AGES - \$10 COVER
- 10pm-2am Team Limousine shuttle available for rides home with suggested donation of \$10 per rider

### SUNDAY, AUGUST 20

- 1pm Parade featuring Shriner Units and KW Band
- 3pm Zumbrota Community Band at Veterans Park
- 4pm Field of Flags Closing Ceremony at Veterans Park

### FRIDAY STREET DANCE

8pm-12:30am Outside Kenyon Muni  
\$10 Cover • All Ages  
featuring



### SATURDAY STREET DANCE

8pm-12:30am Outside Kenyon Muni  
\$10 Cover • All Ages  
featuring



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