



# Goodhue-Bellechester Messenger

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## Announcements

• **STORY HOUR:** Tuesday mornings 10 AM at St. Peter's Lutheran Church basement, 702 West 3rd Ave. Story hour consists of a Bible story, songs, another story and a craft. Preschool through early grade school years. For more information, contact Ben Raasch 651-380-8923.

• **Three Rivers Community Action is currently accepting new Meals On Wheels clients in the communities of Zumbrota, Mazepa, Goodhue, Pine Island, Kenyon and Wanamingo.** Receive a hot meal delivered to your home by a volunteer at lunch time up to 5 days per week. To qualify you must be 60 or older, live within city limits, have limited mobility and/or are unable to prepare nutritious meals. The suggested donation is \$4.50 per meal. For more information on how to sign up for meals or to be a volunteer driver, please contact Dana Bergner at 507-421-6067 or dbergner@threeriverscap.org

• **Belvidere Happy-Go-Luckies 4-H Club** (usually) meets the first Monday of each month at 7p.m. at St. Peter's Church, rural Goodhue. New members are always welcome! Contact club leader Michelle Benrud at 651-923-5247 for more information.

• **The Goodhue Area Historical Society Museum** is open June thru August Thursday and Sunday 1 to 4 p.m.. For after hours appointment call 651-923-4302 or 651-301-5731.

Do you have an announcement?

Email:

[hometownmessenger@gmail.com](mailto:hometownmessenger@gmail.com)

## Goodhue Depot to Open August 5th

By Beth Brekke

134 Years of dust has been swept away to bring a piece of Goodhue history back to life. After a two year labor of love, Jeff and Carolyn Ryan are opening The Goodhue Depot on Saturday, August 5th. The newly established business will offer a light menu with espresso and regular coffee choices, a gift shop and seating areas. Business hours will be Saturdays 8 AM-8PM, Sundays 10AM-4PM and M-F 7AM-8PM.

People--and freight such as livestock, grain, farm equipment and locally mined clay--traveled the Chicago Great Western (CGW) rails that laid on each side of the depot building in Goodhue from 1889 until it ceased operations in 1964. *(continued on page 4)*

**Pictured to the right: Jeff and Carolyn Ryan, owners of The Goodhue Depot, hold a jug that was unearthed in one piece during the building's restoration.**



## St. Peter's Makes Donation to Goodhue Fire Department

By Beth Brekke

Ronnelle Schulz presented a check for \$1,450.00 to the Goodhue Fire Department at their July 6th meeting. Schulz is the president of the St. Peter's Church Ladies' Aid group that raised the money hosting a burrito breakfast during Volksfest. *(continued on page 6)*

**Pictured to the left: Ronnelle Schulz, representing the St. Peter's Church Ladies' Aid organization, presents Goodhue Fire Chief, Derek Weckerling and Travis Thomforde with a check for \$1450.00. The money was raised hosting a burrito breakfast at the church during Volksfest and will be used to purchase 3 new pagers for the fire department.**

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See you  
at the  
Goodhue County Fair  
August 8-12!

## Pastors Corner



By Pastor Eric Hanson,  
St. Luke Lutheran Church

This summer, St. Luke Lutheran Church has been engaging questions of faith during our Thursday night worship services at Zion church off County Road 6. One of the most intriguing questions that has come up is, "What does God think about doubt?" What a great question! Doubt is something every believer in God struggles with at times, and those who say they don't may not be engaging faith at the deepest levels possible. In doing my research to respond to this question I discovered an intriguing thing: The Bible's response to many experiences of doubt is for

God's people to put words of doubt into words of prayer (check out Psalm 13 as one example).

Why is this intriguing? Well, first of all it tells us that doubt isn't an enemy of faith, doubt gives us opportunities to practice faith. To make prayers out of our doubts presumes that God will respond, and by presuming God will respond, we've smuggled faith even into doubt. Turning doubt into prayer is also an unexpected form of "spiritual alchemy." Doubt, at first glance, appears to be a barrier to faith while prayer is considered a tool that builds faith. When we turn words of doubt into words of prayer, we're inviting a barrier of faith to become a tool of faith. Like weight resistance that makes muscles stronger, doubt in the form of prayer grows us.

Finally, I came across a fascinating quote by English theologian, Bishop N.T. Wright, in my studies on the dynamic between faith and doubt. Bishop Wright once said, "Faith and doubt are a bit like love and grief. To love means to be open to grief. To have faith means to be open to doubt. If you are closed to grief, you are probably closed to the fullness of love. If you are closed to doubt, you are probably closed to the fullness of faith." This hit home for me. To love somebody is to desire to know them at their deepest level. We ask big questions of them & seek to know things about them that make sense to

us and that confuse us. Then, we allow them to ask big questions of us and we show them parts of ourselves that make sense and that are wholly confusing (to us and to them). Love this big makes us vulnerable to grief and loss should something happen to that relationship.

Faith and doubt seem to share a similar dynamic. In order to love God and know Him at His deepest level we risk being confused by Him and not understanding Him from time to time as we pursue Him at ever deepening levels of knowledge and experience. And that makes us vulnerable to doubt. In short, to love much we must risk much. To

believe much we must risk much also.

In the end, I suppose this means that faith and doubt can be two sides of the same coin if we use doubt well. At it's best, and when formed into words of prayer (tools of faith), doubt draws us deeper into our relationship with God. Perhaps doubt only acts as an antagonist to faith if we ignore it or pretend it doesn't exist. In the end, may our doubts drive us to prayer, and may our prayers open us up to God's responses, and may God's myriad of responses to any doubts we bring Him grow us in faith.

### St. Luke Lutheran Church, Goodhue, is hiring! Part-time Faith Formation Facilitator Position:

Do you love working with children, youth, and families? Do get energized when kids, teens, and families come together in faith, relationship, and service? Do you enjoy working with great teams toward common goals? If so, this part-time position may be for you! St. Luke Lutheran Church in Goodhue is looking for a part-time Faith Formation Facilitator who will work with staff in leading our Sunday school through high school youth ministries. Interested? Please contact St. Luke Lutheran Church by phone at 651-923-4695 or email at [office@stlukegoodhue.org](mailto:office@stlukegoodhue.org) and tell us you're interested. For the full job description please visit our website at [www.stlukegoodhue.org](http://www.stlukegoodhue.org).

#### HOW TO OFFICIALLY APPLY?

Please send a resume and cover letter to St. Luke Lutheran Church at [office@stlukegoodhue.org](mailto:office@stlukegoodhue.org) or drop off/send by mail to St. Luke Lutheran Church, PO Box 276, 308 1st Ave, Goodhue, MN 55027.

## Goodhue-Bellechester Messenger

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### HOLY TRINITY CATHOLIC CHURCH

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P parish Office Hours, Mon.: 9:00AM - 2:00PM

(Holy Trinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Columbkill, Belle Creek, since merger in 2013).

Sat.: 4:45PM - 5:20PM Confession, 5:30PM Holy Mass (Sunday vigil)

Tues.: 8:00AM Holy Mass

Wed.: 8:00AM Holy Mass, 9:00AM - 2:00PM Eucharistic Adoration

Rosary said 25 minutes before Holy Mass

All are WELCOME! But receiving Holy Communion are for those

who are of age and practicing the Catholic faith.

We practice because we are not yet perfect!

### ST. MARY'S CATHOLIC CHURCH

Father Thomas McCabe • [www.holytrinitygoodhue.org](http://www.holytrinitygoodhue.org)  
221 Chester Avenue • 923-4472

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Sun.: 8:15AM - 8:35AM Confession, 8:45AM, Holy Mass

Mon.: 8:00AM Holy Mass, 6:30PM - 9:00PM Eucharistic Adoration

Rosary said 25 minutes before Holy Mass

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County Road 47, Goodhue • 923-4472

(Holy Trinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Columbkill, Belle Creek, since merger in 2013).

Sun.: 10:30AM Holy Mass

Thurs.: 8:00AM Eucharistic Adoration/Confession, 9:00AM Holy Mass

Rosary said 25 minutes before Holy Mass

All are WELCOME! But receiving Holy Communion are for those

who are of age and practicing the Catholic faith.

We practice because we are not yet perfect!

### GRACE EV. LUTHERAN CHURCH (WELS)

Pastor Martin Weigand  
39774 Co. 4 Blvd., Goodhue • 651-923-4624

[gracelutheranchurch@gmail.com](mailto:gracelutheranchurch@gmail.com) • [www.gracestpeters.org](http://www.gracestpeters.org)

Sunday Morning Worship 8:30a.m. with communion

on the second and fourth Sunday of each month.

Sunday School at 9:30a.m., Sunday Bible Study at 9:45a.m.,

Confirmation Class 5:45 on Wednesday at St Peter's.

8:30a.m. Quilting and Bible Study on Wednesday at St Peter's, and

10:30a.m. Midweek Bible Study on Thursday at St Peter's.

### AREA CHURCH DIRECTORY The Lord Provides

*Abraham looked up and there in a thicket he saw a ram. . . He . . . took the ram and sacrificed it as a burnt offering instead of his son. — Genesis 22:13*

Abraham's faith is tested with the ultimate challenge: Is he willing to give up his most precious treasure to God? And at the last possible moment, God intervenes, telling Abraham to stop. So Isaac is spared, delivered from a death sentence. And God provides a substitute, a sacrificial ram to be offered instead. The place is then called "The Lord Will Provide."

Abraham could not have known that about 2,000 years later an even greater sacrifice would be made. God would again provide a substitute, who actually became "the Lamb of God, who takes away the sin of the world!" (John 1:29). That substitute was Jesus, God's only Son, who gave up his own life to pay for all our sin so that all who believe in him may have eternal life (John 3:16).

God's judgment against sin fell on his own Son, Jesus, the sacrificial Lamb, stepped in and took our place. On that day, through Jesus' death on a cross outside Jerusalem, a sufficient sacrifice was provided (see Mark 15:33-39).

Abraham could not have known all this, but by the grace of God he had received the gift of faith and could trust that God would somehow keep his promises.

*Lamb of God, thank you for being our substitute and dying in our place, opening the way for us to be saved. Give us faith to believe in you and to serve you every day. Amen.*

### ST. JOHN'S EV. LUTHERAN (WELS)

Pastor Randall Kuznicki  
Minneola Twp. Co. Rd. 7, rural Zumbrota  
Sunday Worship 10:00 a.m.; Communion 3rd Sunday  
Sunday School and Bible Studies (Adult & Teen) 11:00a.m.

### ST. PETER'S LUTHERAN CHURCH, MISSOURI SYNOD

Pastor Steven Frentz  
28961 365th St., Goodhue  
651-923-4438

Email: [stpeter@sleepyeyetel.net](mailto:stpeter@sleepyeyetel.net)

9:30a.m. Sunday School

10:30a.m. Worship

Email your church announcements,

schedule to the Messenger at:

[hometownmessenger@gmail.com](mailto:hometownmessenger@gmail.com)

### MINNEOLA LUTHERAN CHURCH

Pastor Hannah Bergstrom de Leon  
[www.minneolalutheranchurch.com](http://www.minneolalutheranchurch.com)

13628 Cty. 50 Blvd., Goodhue

Office line: (507) 218-7177 • Pastoral Care: 507-218-9063

9:00a.m. Sunday Worship

August 6 - Indoor @ Minneola

August 13 - Outdoor Community Worship @ Minneola

August 20 - Indoor @ Minneola

August 27 - Outdoor @ Minneola

### ST. JOHN'S EV. LUTHERAN CHURCH (WELS)

Pastor Robbin Robbert

36620 Co. 4 Blvd., Goodhue • 651-923-4773

Sunday 9:00am Worship

Communion offered on the 2nd & 4th Sundays.

### ST. LUKE'S LUTHERAN CHURCH (ELCA)

Pastor Eric Hanson

PO Box 276, 308 1st Ave., Goodhue

Email: [office@stlukegoodhue.org](mailto:office@stlukegoodhue.org) • 651-923-4695

Sunday Worship Year Round 9:30a.m.

Thursday Summer Worship 7:00p.m. at Zion Lutheran Church

18910 360th Street, Goodhue

\*Check our website for changes: [www.stlukegoodhue.org](http://www.stlukegoodhue.org)

### ST. PETER'S EV. LUTHERAN CHURCH (WELS)

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Sunday Morning Worship 10:45a.m. with

communion on the second and fourth Sunday of each month.

Sunday School at 9:30a.m. at Grace.

Sunday Bible Study at 9:30a.m.,

Confirmation Class 5:45p.m. on Wednesday,

8:30a.m. Quilting and Bible Study on

Wednesday, and 10:30a.m. Midweek Bible Class

on Thursday.

## Donald Edgar Jonas

Donald Edgar Jonas, 90, of Goodhue, passed away peacefully on Tuesday, July 18, 2023, at Goodhue Living. He was born in Red Wing on September 18, 1932, to Claus and Lydia (Muhlman) Jonas. He graduated from Goodhue High School in 1950. Don proudly and honorably served his country in the Army during the Korean War. He met Marcella Drinkall dancing at the Pla-Mor Ballroom in Wykoff, MN and the two were married shortly after on October 12, 1957, at St. Peter's Lutheran Church in Goodhue. Don and Marcy established their family farm in 1957 and milked cows, raised young stock, and crop farmed for many years. Don had a very strong work ethic and rarely left the farm. He was very connected in his faith and was a longtime member at St. Peter's Lutheran Church in Goodhue. He loved his grandchildren and great-grandchildren dearly and was very involved in their activities. He loved sports and kept up on all the school sports and the news. He was very well



organized, always planning ahead and keeping very good notes when it came to farming. He was a very devoted husband, father, grandfather, great-grandfather, and farmer, and took great care of Marcy in recent years. He loved to eat, and always enjoyed a nice meal with his family or popcorn and root beer floats watching the Minnesota Vikings.

He is survived by his loving wife of 65 years, Marcy Jonas; children, Susan (Brian) Peters, Teri (Todd) Skavlen, and Mike (Lynn) Jonas; 11 grandchildren, Michelle (Eric) Nerison, Mitch Peters, Mike (Sara) Peters, Matt (Allie) Peters, Katie Enevold, Jesse Jonas (Katie Sanford), James Jonas (Kayla Nord), Wilson (Kallie) Jonas, Abby Jonas, Erik Skavlen, and Ethan Skavlen; 17 great-grandchildren, Rory, Ellison, Miley, Brantley, Maverick, Oliver, Lyla, Sophia, Finnegan, Gabriella, Lance, Caitlin, Hudson, Henry, Garrett, Blake, and Adeline; and one brother, Duane (Marilyn) Jonas.

He was preceded in death by his parents; siblings, Olga, Marvin, Raymond, Harold, Evelyn, Burnett, Berdelle, Erwin, and Arnold; granddaughter-in-law, Tessica Peters; and great-grandchildren, Petrina and Sawyer.

Funeral service was at 11 a.m. on Friday, July 21, 2023, at St. Peter's Lutheran Church in Goodhue. Reverend Martin Weigand officiated.

Visitation was for one hour prior to the service. Burial was at the Evergreen Cemetery in Goodhue. Arrangements made by the Mahn Family Funeral Home, Larson Chapel in Zumbrota.

## Kellie Patricia Peterson

Kellie Patricia Peterson, 57, of Red Wing, died Sunday, July 23, 2023 at her home with her family by her side. She was born November 5, 1965 in Zumbrota to Gerald "Shug" and Dolores (Franklin) Ryan. She grew up on the family farm and graduated from Goodhue High School, class of 1984. She went to college in Winona before becoming a flight attendant for Pan Am. She would go on to work for Northwest Airlines, later, Delta. On June 2, 1990 she was united in marriage to Scott Peterson at St. Columbkil. Together they raised 5 children.

Kellie loved making her house a home. She enjoyed decorating it and then filling it with family. She loved to entertain her large family by making elaborate meals and inviting everyone over to Sunday dinners. She grew up with lots of siblings and she loved spending time with her sisters, especially on trips to the cabin. She loved to travel walk in the woods. She also took special care of her yard and her immaculate gardens as they were an extension of her home.

She was artistic and loved to sing. She would sing instructions, complete with unique nicknames, to get her kids moving in the morning. Kellie was fun and she wasn't afraid to be silly.

Kellie was honest, kind and loving. She could talk to anyone and made friends easily. Faith was important to her. She was great with kids and loved being a grandmother. She always looked forward to babysitting her grandchildren.

She is survived by her husband, Scott; five children, Cameron (Merribeth) Peterson, Calvin (Kathryn) Peterson, Mikayla (Tyler) Ryan, Sam Peterson, and Ellie Peterson; 4 grandchildren, Leighton, Bria, Breck, and Nora; siblings, Peggy (Scott) Hinsch, Rebecca (Scott) Diercks, Hugh Ryan, Jacklyn (Jim) Lodermeier, Eileen (Larry) Miller, Greg (Cindy) Ryan, Doug (Kris) Ryan, Dan Ryan, Ginger (Steven) O'Neill and Jeri (Dale Matthees) Petree; brothers and sisters-in-law, Rhonda Hayes, Steve (Karolyn) Peterson, Sarah (Dennis) Hinsch, and Shane (Kelly) Peterson, Mother-in-law, Leah Nell Peterson.

She is preceded in death by her daughter, McKenzie Peterson; sister, Ann (TC) Buckingham; nephew, Chad Luhman; father-in-law, Lowell Peterson; and her parents.

Mass of Christian Burial was at 1:30 p.m., Thursday, July 27, 2023 at St. Columbkil Catholic Church in Goodhue. Visitation was 4 - 8p.m., Wednesday, July 26, 2023 at the church as well as two hours prior to the service, also at church. Burial was at the church cemetery. Online condolences may be left for

the family at [www.mahnfamilyfuneral-home.com](http://www.mahnfamilyfuneral-home.com)

## Mary Frances (Perrotti) Heppelmann

Mary Frances (Perrotti) Heppelmann, 93, of Bellechester, passed away Thursday, July 27 at her home surrounded by family. Mary was born December 23, 1929 to Peter and Theresa (Tri) Perrotti on the family farm in Chester Township.

She married Robert (Bob) Heppelmann at St. Peter and Paul Catholic Church in Mazeppa, MN on November 30, 1963.

Mary attended country school and Mazeppa High School until age 16 when she left school to help on the family farm.

Mary was a member of St. Mary Church in Bellechester and a Charter Member of the Catholic Daughters of America Court Mary-Peter #1864.

Mary was blessed to be a homemaker after her marriage to Bob, a 4-H parent, a volunteer at church, and an election judge. Those who knew Mary appreciated her cooking and baking abilities, especially her homemade pies. Mary had a special place in her heart for her grandchildren and great grandchildren which was evident by them "stopping to see Grandma"

Mary is survived by three daughters, Patricia (Danny) Mensink,

Elizabeth (Brian) Majerus and Denise (Jeff) Heppelmann-Wangness; eleven grandchildren, Kathleen (Mark) Mueller, Rachel, Nathan, Hannah and Sarah Mensink, Nicholas, Joseph, Natalie and Michael Majerus, Lauren and Olivia Wangness; four great-grandchildren, Ethan, Lydia, Isaac and Noah Mueller; sister-in-law, Louise Heppelmann and brothers-in-law, Ed Heppelmann, Kenneth Heppelmann (Loyola Colebeck) and many neices and nephews.

Mary was preceded in death by her husband, Bob; parents, Peter and Theresa; sisters, Cecelia, Anita, Lorraine, Dolores and brothers, Anthony, Cletus and Don.

A Mass of Christian Burial will be held at St. Mary Catholic Church in Bellechester at 11:00 a.m. on Thursday, August 3, 2023 with visitation from 9:30 a.m. to 11:00 a.m.

Visitation will be held Wednesday, August 2, 2023, at Mahn Family Funeral Home - Zumbrota Chapel from 4:00 p.m. to 7:00 p.m. with the Catholic Daughters praying the rosary at 3:30 p.m.

Memorials are preferred to St. Marys Cemetery fund, Smile Train or the St. Francis Missions of South Dakota. The family would like to thank Interim Hospice Care, the many people who assisted them in caring for Mary and those that visited often so she could remain in her home. We will always be grateful to you all.



59<sup>TH</sup> ANNUAL



CHICKEN  
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**GOODHUE LIONS CLUB**

## Goodhue Depot to Open August 5th

(continued from page 1)

The original structure was quite small, offering only a cargo area, ticket office and waiting room. In 1916, the Minnesota Railroad and Warehouse Commission ordered the CGW to provide a separate waiting area for women. This was accomplished with an addition that was created in the center of the structure and included a warming area for the cargo department workers. A small walk-through area was remodeled into two bathrooms in 1949.

Following the closure of the railway, the property was owned by Lodermeier Imple-

ment who used the depot as a repair shop and the surrounding lot to display farm equipment. When Lodermeier's business moved to the outskirts of town, the city purchased the property. A survey of area residents showed support for a restoration project that would save this remnant of their railroad town roots.

In 2021, Jeff and Carolyn Ryan stepped up and purchased the property and began using their time and talents to turn it into an asset the whole community could enjoy. "It felt like something we were meant to do," Carolyn said as she described the process and the thought behind making it a gathering spot rather than something where only a few people would benefit.

Jeff described the building as "an old corn-crib" covered in layers of board and steel. While thankful for the siding that helped preserve the building, it needed to be removed from the exterior if the depot was to be authentic. While most of the floors had to be replaced, the original woodwork, including windows and wainscoting remain. The wainscot was stripped of layers of old paint, all of the windows have been refinished and one



Before view of The Goodhue Depot



After view of The Goodhue Depot



The entire inside of The Goodhue Depot needed to be torn apart and cleaned out. Most of the flooring was too damaged to save but the rest of the woodwork, the chimneys and doors were salvaged.

that could not be returned to its original location was transformed into a frame showcasing information and photos of the building's history. Norris Voth has done all of the wood restoration with Carolyn claiming he's touched every piece of wood in the building and Jeff saying, "He's taken so much pride in it, he's just a gift".

Voth also refinished the office desks and in that process, signatures and dates were found to be inscribed on the drawers. California resident, Sherri Salmans, a collector of all things Goodhue, heard about the project and returned a drawer that was given to her by the Lodermeiers years ago. The Ryans have high praise for all of the contractors that helped with the restoration process. So many peo-

ple were instrumental in getting the building to where it is today.

"We used every inch," Carolyn says when describing the layout and placement of things such as the furnace and water heater. The two restrooms were converted to one with period appropriate tile. Every effort was made to keep and reuse any original features displaced in the restoration including repurposing one of the large sliding cargo doors as part of an exterior wall. Her vision has exceeded expectations over the journey that has included upgrades to the water, sewer and electrical systems, insulation, a new roof and new paint.

(continued on page 5)




Cody Buck is an LPL Financial Advisor & **CERTIFIED FINANCIAL PLANNER™** dedicated to assisting his clients in pursuing their financial goals.

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## Goodhue Depot to Open August 5th

(continued from page 4)

The exterior colors of the refurbished depot are those of the original structure which identified the building as part of the Chicago Great Western properties. Jeff has done the grounds keeping including planting grass, watering trees and creating a parking area. Outdoor seating is part of the long-range plan.

Old rail carts used for seasonal displays near the front door welcome visitors. Treasures such as bottles, advertising items, pieces of coal and other miscellaneous things were found inside the walls and will be on display inside the shop. A pottery jug was unearthed in one piece when work was being done outside. All of the found items were cleaned and stored by the Ryans for the past two years in anticipation of the depot opening.

The cargo area is now an open kitchen with a unique menu of homemade soups, salads,



A new sign advertising The Goodhue Depot business was placed on an existing pole that remained from the time the lot was used to display farm machinery.

sandwiches that use locally sourced breads and meats, scooped ice cream and various coffees. Customers will be able to browse and purchase items from local vendors or relax in the now cozy lounge where folks once waited for the train to arrive.



This furnishing is original to the Depot and was used as an office desk and for holding mail that came into town on the train. Signatures and dates can be found written inside the drawers. Norrie Voht refurbished it and all of the other original furnishings and woodwork.

Some thought she was a little crazy for undertaking such a massive project and even Jeff may occasionally agree, but Carolyn says, "We've been a team the whole time,

working well this entire time. Every step of the way, God's hand was there. It's been fun. I've enjoyed every minute of it."

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## When Boredom Meets Creativity

By Anita Otterness

When our group, the Goodhue Community Health Awareness Coalition, met over a year ago, we discussed the eight dimensions of wellness. I am highlighting intellectual wellness. When boredom meets creativity.

With summer upon us, one of my favorite things is seeing people out walking, riding bikes, running, kids at the library, art camp, bon fires, etc. It makes me think of, "the lazy days of summer." Or does that phrase exist any more, with the advent of social media, computers, gaming, and phones. Long summer months were for hanging on the corner, swimming, baseball games, long walks in nature, gardening, and sitting outside enjoying the view.

The lazy summer is when you let the boredom seep in and do something different and out of the ordinary routine. It was a break from the grind of school to explore something different. It also brings out the idea of bore-

dom for me and how can we or did we use that to create something? What does boredom and creativity have to do with life? As author Monoush Zomorodi shares in her book, "Bored and Brilliant, How Spacing Out Can Unlock Your Most Productive And Creative Self." And as Charles Duhigg quotes in the summary, "boredom is actually a gift." So why are we so distracted? What can we do about it? Can the practice of it help us with mental health, happiness, and joy?

Some of the greatest artists, scientists, historians, used it to hone their skills, what were they doing when their aha moment happened? The American Poet, Henry Wadsworth Longfellow, taking long walks to think, and Margaret Atwood, uses the slowing effects of bird watching to write. My favorite writer, Agatha Christie shares, "there is nothing like boredom to make you write."

What does boredom do to the mind? How does it let the ideas stuck in the back of our mind come forward? Is daydreaming and mind - wandering worthwhile?

Do we think it is okay for kids to be bored? I can remember my mother saying, you are bored, there are weeds to pull, bathrooms to clean, and dish towels to iron. My brothers and I did not have the technology tools my kids have today. I still remember being called into supper because we were playing cards too much or on the corner playing kickball.

In my readings, and experience, maybe it is a little bit of both. Too much boredom may lead to the phrase, "Idle hands are the devil's playground." Which could be another article

on the downsides of boredom. In the book, "Stolen Focus," "Why You Can't Pay Attention, and How To Think Deeply Again," Johann Hari, shares statistics on how many Americans are not reading for pleasure, numbers dropping. Being an avid advocate for reading books at any age, some startling numbers by Hari, "by 2017 the average American spent seventeen minutes a day reading and 5.4 hours on their phone." In Bored and Brilliant the author also shares research on the benefits of writing long hand and remembering information.

How can we embrace boredom for our benefit? Phones, social media, and computers are not going away. In, "Bored and Brilliant," we can find a challenge to complete. And a 2022 article by Ashak Seshadri, MD of Mayo Clinic gives us some ideas to try, "balance activities with rest, try something new, get outdoors, try curiosity and kindness, and try reminiscing. As boredom gives us the opportunity to restore our brain and solve problems with creative solutions." We use our phones to check our calendar, we can schedule fifteen minutes of down time to let our minds wander, you may just solve the next world problem or come up with something to write, or something fun to do with your kids.

Happy Summer, Anita Otterness CPC and member of Goodhue Community Group for Mental Health and Wellness.

### Looking for mental health resources?

#### National Resources

Call or text 988 & you'll be connect with mental health professionals through the Suicide and Crisis Lifeline

Suicide Prevention Hotline (English)  
1-800-273-8255

Suicide Prevention Hotline  
(En Espanol) 1-888-628-9454

#### Regional Resources

Crisis Response of Southeast Minnesota

Phone: 1-844-CRISIS2,  
1-844-274-7472

Text: "MN" to 741741

Minnesota Farm & Rural Helpline:  
1-800-600-2670

Southeast Regional Crisis Center:  
507-322-3019

Goodhue County Resources  
Your local school Counselor or  
School Psychologist

The Mental Health Coalition of  
Goodhue County resource website:  
[www.gccfc.org](http://www.gccfc.org)

## St. Peter's Makes Donation to Goodhue Fire Department

(continued from page 1)

This was the first year the Ladies Aid was responsible for hosting the event, taking it over from the area Wisconsin Synod churches young people's society. Weeks of planning and days of preparation went into the event that served about 175 people.

Members of the Ladies' Aid group found most of the items needed for the breakfast at Sam's Club and additional items were donated. Five women and three men volunteered to set up tables and prep food on Friday evening. Browning sausage, chopping onions, peppers and ham, and cracking 45 dozen eggs ahead of time made it easier to cook and serve the meal on Saturday. The kitchen crew of eight men and women began serving the meal that included all the fixings for a build-your-own burrito, plus fruit and beverages at 8:30 AM and continued until 11:30. The event was held in the church basement while a quilt show encompassed the entire main level and 25 classic cars graced the lawn outside.

There was no charge for these events but \$899.00 was collected in a free-will donation for the breakfast. A Thrivent Financial grant of \$250.00 covered a large share of the expenses and St. Peter's members generously donated \$600.00 for a net profit of over \$1400.00. The organization rounded the amount up to create the \$1450.00 donation to the Goodhue Fire Department (GFD).

The donation was greatly appreciated by the department who will be putting it toward the purchase of three new pagers which cost \$600.00 each. The pagers alert the firemen when a call comes in. 25 guys make up a full roster and each must live within six minutes of the station.

In addition to pagers, the GFD is waiting on the arrival of a new pumper truck that was ordered 18 months ago and is expected to arrive this month. The truck will replace the current one that is 30 years old. The department will attempt to sell or send the old truck to auction to help pay for the new truck which cost nearly \$600,000.00. Additional funds come from the area Fire Truck Association, which receives money through a property tax levy. The association consists of two representatives from each of the seven townships the department serves, and decides how to allocate the money.

2023 marks the 125th anniversary of the GFD. Former fire chief, Chip Krueger is planning a celebration in conjunction with an October open house.


### Share Your Good News with the Community!

Submit your engagement, wedding or birth announcement

Email:  
[hometownmessenger@gmail.com](mailto:hometownmessenger@gmail.com)

**Free for all**

## Grief Support Group



Every Sunday night from 6:00pm to 8:00pm  
at  
The Third Place (221 N 2nd St, Goodhue, MN 55027)

**Purpose of group**

To provide support and encouragement to those who have experienced loss or grief caused by but not limited to death, divorce, broken relationship, miscarriage, loss of health, non-death loss of child or family member, loss of security/safety such as assault or rape to name a few.

**Who should attend**

- Anyone (including family and friends) who has experienced a significant loss; who would like to understand the grieving process better.

**Who should attend**

- Physical, emotional and spiritual support in the different stages of the grieving process and what to avoid
- Meet others with similar/lived experience
- Learn how to retain the love you have for the person/thing that you lost, while overcoming the pain of loss in a **HEALTHY WAY**.

**What to expect**

No registration is required to attend; You can join at anytime. Weekly attendance is encouraged but not required. If you have any questions, please contact Howard  
Email: [hstenson@outlook.com](mailto:hstenson@outlook.com)  
Text: 651-380-9346

## WELS Vacation Bible School Culminates in Outdoor Service

By Beth Brekke

The Wisconsin Synod churches of Grace, St. Peter's and St. John's hosted their annual Summer Vacation Bible School at the St. John's campus in rural Goodhue July 10-14th. The theme this year was "God's Great Rescue" and each evening included a visit from different local people that are involved in rescue work including firemen and EMT workers, nurses and members of the military. All ages were welcome and activities included a Bible lesson, singing, crafts and a meal. Average attendance was 54 kids and 20 adults plus teachers and volunteer helpers. On Sunday, July 16th, Pastors Robbert and Weigand conducted a joint congregation outdoor worship service and the children that attended VBS performed the songs they learned during the week. The service was followed by root beer floats, a softball game and socializing.



The weather cooperated for members of 3 area Wisconsin Synod churches and guests who participated in an outdoor worship service on July 16th.

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Children that attended Vacation Bible School at St. John's sat on the lawn for a special children's devotion and then sang the songs they learned during the week.



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## Metabolic Syndrome Solution



By Noel Aldrich, PhD, CNS  
Licensed Nutritionist

Metabolic Syndrome was defined in 1998 as a cluster of symptoms related to how your body processes the food you eat each day. A person with Metabolic Syndrome has the following symptoms:

- A waist measurement more than 36 inches
- And two of the following measures:
  - Low HDL cholesterol (“good” cholesterol)
  - High Triglycerides (more than 150 mg/dl)
  - High Blood glucose (more than 110 mg/dl)

• High blood pressure (more than 130/85 mmHg)

If you are diabetic or have been taking blood pressure medicine for many years, or have been using statin medication, these are some of the first indications leading to Metabolic Syndrome. According to data from the National Health and Nutrition Examination Survey, more than 34% of adult Americans have Metabolic Syndrome. Conditions associated with Metabolic Syndrome include: heart disease, gout, fatty liver disease, gall stones, depression, and arthritis. Within medical literature, these conditions are described as “lifestyle diseases,” which means our choices in daily living result in these conditions. However, very few medical doctors have the time to coach lifestyle changes, so you may think medication is the only answer to control these health conditions, but this is not the case. The right information can help you make real changes in your health and lifestyle.

Insulin is the key hormone that regulates the metabolic processes in your body. Insulin’s job is to signal the cells in your body to store sugar and get the sugar out of the blood stream. In a healthy body, insulin is made every time you eat and signals the cells to store the sugar that has been eaten. When insulin levels are increased you are not able to lose weight or burn off extra calories because your body is receiving the signal to “store up” and not to “burn off.” When a person snacks frequently, or has five to six small meals each day, the body is always receiving

the signal to “store” and never allowed to “burn off” calories. In order to reverse Metabolic Syndrome, we need to understand how to control the master hormone insulin.

Insulin affects many processes in the body. When insulin is high, the body stores fat, stress hormones are increased, and fat in the blood is increased. When insulin is high, inflammation increases and the body ages faster. When a person practices healthy lifestyle patterns insulin signals are more regulated, and the symptoms and conditions associated with Metabolic Syndrome can be reduced.

The Metabolic Balance Program was developed more than 20 years ago to provide a lifestyle plan to control insulin and improve an individual’s quality of life. The program was developed by a medical doctor, a food scientist, and a nutritionist. Metabolic Balance has become one of the most successful lifestyle programs available to address the global health issue of Metabolic Syndrome.

There are eight principles within the Metabolic Balance program that are important for improving health and controlling insulin. These eight principles are:

- 1) Eat three meals each day. No snacks.
- 2) Keep a 5-hour break between meals. No snacks.

3) No meal should be longer than 60 minutes.

4) Begin each meal with one or two bites of protein.

5) Eat only one protein with each meal, and do not repeat that protein the rest of the day.

6) No eating after 9 pm.

7) Drink the quantity of water calculated for you. (Half your body weight in fluid ounces.)

8) Eat an apple each day.

In addition to these eight principles, a personal food plan is developed by a certified coach based on your blood chemistry to determine exactly what foods your body will thrive on. When you are eating the foods your body needs, cravings will disappear, satisfaction will increase, and your quality of life can increase. The Metabolic Balance Program is a positive solution to the challenge of Metabolic Syndrome.

As a certified coach, I have personally followed these eight principles since 2017 and have seen the benefits for myself, my family members, and hundreds of clients. You can find out more about this program at the website [www.metabolic-balance.us](http://www.metabolic-balance.us) or contact me at [nutritionproportion@gmail.com](mailto:nutritionproportion@gmail.com) and request a video presentation to review at home.

## Goodhue County Holstein Breeders Association Hosts Annual Twilight Meeting



The Goodhue County Holstein Breeders Association hosted their annual twilight meeting the evening of July 17th at the Trevor and Lisa Dicke family farm East of Goodhue. Adults and juniors look over 2 classes of cows that were part of the dairy judging contest. Prizes were awarded to those with the 3 highest

scores in the mens', womens' and juniors' divisions. Cowpie Bingo, beanbag toss, and a silent auction raised funds for future activities. Club updates and door prizes were given out and cake and ice cream were enjoyed by all.



# Best Shot

# PHOTO

## CONTEST

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**SATURDAY, AUGUST 12, 2023 - 9:30 A.M.**

**Location:** From Waseca, MN half mile south on Waseca Cty. 4 then 2 1/2 miles west on County Rd. 9 or 340th Ave. then half mile south on 100th St. 33684 100th St. Waseca, MN 56093  
**Auctioneers Note:** After 50 years of farming the Guse's have decided to retire and hold a public auction. A very good auction to attend with some well cared for farm equipment. Please note: Approx. half hour of mics. Items. - Tracy Holland

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- John Deere 4020 Diesel, Quad range, tach not correct shows 9410 Hrs, 18.4-34" tires, rear weights, two Hyd., Rock Box, S.N. T113R157222R
- John Deere 5055E Diesel, Only 240 Hrs., single Hyd., 3 pt 14.9-28" tires, S.N. IPY5055ECGG101820, one owner like new
- Oliver 770 Gas, WE with Westendorf Hyd. loader and bale and pallet fork attachments
- Oliver super 88 Gas, NF with Yanjin Hyd. loader with bale fork and manure buckets
- John Deere 6620 Sidedill, Diesel shows 6123 Hrs, chopper, plumbed for RWA, wear wheel axle attachments sells w/own blue, S.N. 504474
- John Deere Titan II side-hill, chopper, head reverse, shows 3259 Hrs, S.N. 110620XG15553
- John Deere 6620 sidedill, shows 0988 Hrs, chopper, S.N. 505620
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- 1972 - Chevy C-60 Grain truck, single axle, newer floor

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- Hand sprayer frame, 1250 gal., 20' boom, Hyd. pump, 380/95-38" tires, Raven 450 monitor
- White 550 L.E. Fork lift, side shift, 14.5-24" tires
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- J.D. 400 Rotary Hoe, 20'
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## Rising Health Care Costs

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**WHEN:** Thursday, August 24, 2023  
**TIME:** 9:00 - 11:00 a.m.  
**WHERE:** Wedgewood Cove  
2200 West 9th Street, Albert Lea, MN 56007  
Continental Breakfast will be provided. There is no cost or obligation for attending.

**To register: call us at 507-377-2000 or visit our website [www.americaininsurance.com](http://www.americaininsurance.com)**  
Space is limited.

### HOLLAND AUCTION & REAL ESTATE

(507) 684-2955  
[hollandauction.com](http://hollandauction.com)

#### UPCOMING 2023 AUCTIONS

**Saturday August 5, • 10:00 A.M.**  
4-Acre Building Site - Two-story Home - Outbuildings - Mature Oak Trees  
**Wayne A. Wangsness - OWNER**  
Clarks Grove, MN

---

**Sat. Aug. 12 • 9:30 A.M.**  
**FARM RETIREMENT AUCTION**  
Versatile 2375, 4WD, John Deere 4640 - J.D. 4430 - J.D. 4020 - J.D. 5055 - Riteway rock picker - 4-Crystal 600 Bu. Wagons - Tillage + Haying Equip. - Misc. Outdoor Items  
**Dave & Kathy Guse OWNERS**  
Waseca, MN

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**Saturday, August 26, 2022 • 9:30 A.M.**  
If you have one item or a full line, give us a call early to take full advantage of advertising. Tractors, combines, haying & tillage equipment, planters, wagons, farm pickups and grain trucks, recreational items, construction equipment, all types of farm machinery. To consign, call Holland Auction at 507-684-2955 or Tracy Holland at 507-456-5128.

### LARGE MACHINERY AUCTION

Ellendale, MN

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**Saturday Sept. 9, • 9:30 A.M.**  
Kubota B3200 Compact tractor, 4x4, w/loader - 2008 - Dodge 1500 Pickup, 4x4 - Guns - Shop - Tools - Outdoor items  
**Bruce I. Born - OWNER**  
Owatonna, MN

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**Sun Sept. 10, • 9:30 A.M.**  
Lund 17' fishing boat - 30+ Guns Hunting + Fishing Equipment - Antiques - Collectibles Household - Portable Fish House  
**Vic + Gail Salvick - OWNERS**  
Freeborn, MN

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## AUCTION

**Sunday, August 13 10:00am**  
Preview Saturday, August 12 10:00am-2:00pm  
**Montgomery Auction Barn 303 Montgomery Ave SE Hwy 21 South side of Montgomery MN 56069**

Tables full of antiques & collectibles; antique & modern furniture; Pendleton Indian Friendship blankets(NIB); several hit & miss and kick start gas engines; Westinghouse square coke machine; Star Trek, Star Wars, war planes, & muscle car model kits; Star Wars Flying Action model rockets; tin signs; new quilts, quilting material, & patterns; Shop Smith & Saw Smith 2000 sold as one package includes jointer, band saw, router attachments & more; lots of power & hand tools.

Listing & pictures at [www.TureksAuctionService.com](http://www.TureksAuctionService.com)



**Travis Turek**  
952.290.3984  
Montgomery

**Dan Turek**  
507.364.8005  
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[www.TureksAuctionService.com](http://www.TureksAuctionService.com)

Terms: Cash or check with/driver's license (sorry, no credit or debit cards). No Buyer's Premium Charged. We are required to charge Minnesota state sales tax. Picture ID required for bidding number. Buyer is responsible for items after purchase. All items must be paid for immediately following auction and before removing items. Announcements made day of auction take precedence over printed material. Not responsible for accidents. All items sold "AS IS" and all sales are final - no exceptions.



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## LAND AUCTION

**Wednesday, August 16**  
**Bruce Piltz Farm**  
132+/- Acres  
Waldorf Community Center, Waldorf, MN

For property brochures call **Chuck Wingert,**  
**Wingert Land Services, 507-381-9790**  
or visit [www.wingertlandservices.com](http://www.wingertlandservices.com)

*Only registered bidders may attend.*  
Charles Wingert, Broker



## 4-ACRE BUILDING SITE

### SATURDAY, AUGUST 5, 2023, 10:00 A.M.



**LOCATION:** From Clarks Grove, MN, half mile north on Cty. Rd 24 then one mile north on 770th Ave.

Auctioneer's Note: If you have always wanted to own that acreage that you can call home away from home or just that get away property, here's acreage you. Tracy Holland

### OPEN HOUSE WEDNESDAY, JULY 26, 4:00-5:00 P.M.

#### REAL ESTATE:

Consisting of 4 acres, more or less, with an older two-story home that needs some T.L.C. Two plus bedroom, kitchen, living-dining rooms, finished attic, detached garage and other outbuildings, mature oak trees. Property has been surveyed.

Terms: Successful bidder shall be required to pay \$3,000 down (non-refundable) and sign a purchase agreement following the conclusion of the real estate auction. The balance shall be due on or before Sept. 5, 2023. Seller's attorney for real estate and handling all earnest moneys. Any verbal announcements made day of auction takes precedence over print.

**WAYNE A. WANGSNESS - OWNER**  
30097 770th Ave. Clarks Grove, MN 56016



**HOLLAND AUCTION - 507-684-2955**


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Auctioneers:  
Tracy Holland and Associates  
Ellendale, MN #7405002  
(507) 684-2955 or  
(507) 456-5128 (cell)

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## ONLINE ONLY AUCTION

### MARING AUCTION

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Mr. Johnson is 85 Years Young and Will be Moving. Small Three Bedroom 1.5 Story Home with two Sheds on a Double Lot in the City of Dodge Center, MN,  
**ADDRESS:** 508 1st St NW, Dodge Center, MN 55927  
**BIDDING OPENS:** Friday, July 28, 2023 at 8:00 a.m.  
**BIDDING STARTS CLOSING**  
**Monday, August 7, 2023 • 6:00 p.m.**  
**FOR COMPLETE DETAILS & BIDDING GO TO:**  
[www.maringauction.com](http://www.maringauction.com)



**Nice Starter Home, 3 Bedroom, 1.5 Story, Steel Siding, Good Shingles, 2 Sheds, On a Double Lot in Dodge Center, MN**  
\*\*\* Address: 508 1st St NW, Dodge Center, MN 55927  
\*\*\* Lot Size: 132'x133'

\*\*\* 3 Bedroom, 1.5 Story, Forced Air Furnace  
\*\*\* Good Refrigerator/Freezer, Electric Range, 42" TV  
\*\*\* PID# 22.25.11.070 \*\*\* Taxes in 2023: \$696  
\*\*\* Shed: 42'x40'x10', 3 Sliding Doors, Steel Siding  
\*\*\* Shed: 28'x40', Overhead Door  
\*\*\* Very Clean Older Home  
\*\*\* City Water and Sewer


**1923 Ford Model T Roadster, 2018 Tandem Axle Flatbed Trailer, OMC Skid Steer, Ford Motorhome**

1923 Ford Model T Roadster in Very Good Condition; Newer Cement Mixer with Electric Motor; (2) Good Ladders; 2018 Tandem Axle Flat Bed, 18', Ramps; 1976 Ford 350 23' Motorhome, New Engine 2 Years ago, Has Had Wiring Fire Under Hood; Powerhorse 3200 PSI Gas Pressure Washer; OMC 330 Gas Skid Loader, Newer Hyd. Pump, 42" Bucket; Some Hand Tools



**INSPECTIONS DATES:**  
Thursday, July 25, 2023, 6:00 p.m. - 7:00 p.m. &  
Tuesday, August 1, 2023, 6:00 p.m. - 7:00 p.m.

## LaMar Johnson, Seller



**MARING AUCTION, LLC.**  
PO Box 37, Kenyon, MN 55946  
507-789-5421 • 800-801-4502  
Matt Maring Lic# 25-28  
Kevin Maring Lic# 25-70  
Adam Engen Lic# 25-93  
Andrew Hamilton Lic# 50-128

Personal Property Terms: Cash, Check, Credit Card. All Sales Final. All Sales Selling as Is, Where Is. 10% Buyers Fee Applies to all Personal Property.  
Terms of Real Estate Auction: \$8,000 Down the Day of Auction Which is Nonrefundable if Buyer Fails to Close. The Balance is Due to the Seller in Full on or Before September 8, 2022, at which Time the Buyer Shall Receive a Clear and Marketable Title. All Real Estate is Selling in As-Is Condition with No Guarantees or Warranties Expressed or Implied by the Seller or Any of Their Agents. No Contingencies Whatsoever. Taxes for 2023 Paid by Seller. Bidders and Buyers Must Conduct their Own Due Diligence and Make Their Own Judgments on Real Estate. There will be a 5% Buyers Fee Added to the Final Bid Price to Equal full Purchase Price. Broker: Maring Auction Co. LLC lic# 40868838.

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**AUCTION CALENDAR**

**August 5, 2023 ..... 8:30 AM**  
**Kenyon, MN**  
AREA FARMERS PRE-HARVEST CONSIGNMENT AUCTION  
LIVE AND ONLINE AREA FARMERS CONSIGNMENT AUCTION, TRACTORS, COMBINES, SEMIS, TRAILERS, CONSTRUCTION EQUIPMENT, PLANTERS & TILLAGE EQUIPMENT, LIVESTOCK EQUIPMENT, PICKUPS, CARS, ATVS AND FARM SUPPORT ITEMS

**August 7, 2023**  
**Bidding Begins: ... July 27, 2023**  
**Starts Closing: ... August 7, 2023**  
**Dodge Center, MN**  
Online Only Real Estate & Personal Property For LaMar Johnson  
Nice 3 Bedroom 1 1/2 Story Home With 2 Sheds On A Large Double Lot. 1923 Ford Model T Roadster, 2018 Flatbed Trailer, OMC Gas Skid Loader, 1976 Ford 23' Motorhome, Pressure Washer, Cement Mixer, Ladders, Hand Tools

**August 11, 2023 ..... 9:30 AM**  
**New Richland, MN**  
LIVE AND ONLINE FARM RETIREMENT AUCTION FOR ALLEN & JANE NELSON  
John Deere 9650 STS Combine, JD 893 Corn Head, JD 925 Bean Head, John Deere 8760 4WD Tractor, John Deere 4440 & 3020 Loader Tractor, International Day Cab Semi, Wilson Grain Trailer, Wilmar 8100 Crop Sprayer, Planting & Tillage Equipment, Parker 500, 525 & 2000 Grain Boxes, Grain Bins, Augers, Grain Dryer, Holding Bins, Power and Hand Tools, Vehicles, Farm Support Items

**August 12, 2023 ..... 10:00 AM**  
**Delavan, MN**  
LIVE & ONLINE LARGE FARM RETIREMENT AUCTION FOR GREG & ANNETTE JENKINS  
(6) Case IH MFWD & 2WD Tractor, Case IH 6088 Combine, Heads, John Deere 1770 Planter, Fast Applicator, (3) Semis & Grain Trailers, CIH 255 & 200 Tillage, Roller, Rem Grain Vac, Mack Straight Truck, Farm Support Equip.

**August 19, 2023 ..... 10:00 AM**  
**Red Wing, MN**  
LIVE AND ONLINE FARM RETIREMENT AUCTION FOR EMERY & GINNY FITSCHEN  
John Deere 4960 MFWD, John Deere 4430, Kubota 6800 MFWD, (2) Parker Grain Carts, John Deere 1760 12R30", JD 714 Disc Chisel, JD 2210 Field Cultivator, Augers, Other Good Farm Machinery, Farm Support Items

**August 23, 2023**  
**Bidding Begins: .. Aug. 16, 2023**  
**Starts Closing: ... August 23, 2023**  
**Nerstrand, MN**  
ONLINE ONLY PERSONAL PROPERTY AUCTION FOR THE OLSON ESTATE  
(3) 1936 Ford Pickups, Red Wing Stoneware, Scandinavian Rosmaling Items, Antique Furniture, Collectibles, Modern & Antique Furniture, Lawn & Garden Items, 160 Gallon Sprayer, Log Splitter, Fuel Tank, Hand & Power Tools and More

**August 26, 2023 ..... 9:00 AM**  
**Mantorville, MN**  
LIFETIME FARM COLLECTION AUCTION FOR PAT & LINDA OVEREND  
Oliver Tractors, 2, 3 & 4 Digit, White American 60 Tractors, One Owner 1972 Ford F250 Highboy, Oliver Parts, Ford 555B Backhoe, 32' GN Trailer, Implements, Power Tools 7046 County Road 5 NW

**August 28, 2023**  
**Bidding Begins: .. Aug. 19, 2023**  
**Starts Closing: ... August 28, 2023**  
**Wells, MN**  
ONLINE ONLY FARM RETIREMENT AUCTION FOR CRAIG & JANEL SCHULTZ  
John Deere 9670 STS Combine, 893, 635, JD 8230 & 8100 MFWD, JD 235, JD 3010, Brent 644 Wagon, J&M Cart, Wilrich 957 Ripper, Fast Sprayer, Farm Support Equipment

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**Clean Farm Machinery Live & Online Auction**  
**MARING AUCTION LLC**  
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**Auction Location:** 40610 180th Street, Delavan MN 56023  
**Saturday, August 12, 2023 • 10:00 a.m.**  
**FOR PICTURES & MORE INFO GO TO:**  
**www.maringauction.com**

**Well Maintained, Low Acre, Shredded Farm Machinery INSPECTIONS DATES:**  
August 8 - August 11, 2023, 9:00 a.m. to 5:00 p.m. Daily

**Case IH 6088 Combine, 3020 Platform, 3408 Corn Head**  
'11 CIH 6088 AFS, Pro-600, 2241/2759 Hrs., 480/80R42 Duals, Field Tracker, Rock Trap, Folding Bin Topper, Just Serviced Through CIH Shop; '10 CIH 3408 Corn Head, 30" Rows, Poly, Light Kit, Dual PTO, SP Hookup; '22 CIH 3020 Bean Head, 30", Full Finger, Terra Flex, Excellent Condition; J&M 30' Head Cart, 4 Wheel

**John Deere 1770, Fast 9613 Sprayer, Fast 8218 Applicator**  
JD 1770 Conservation Planter, 24R30", Liquid Fert., 3 Bushel, Row Cleaner, Row Shut Offs, 350 Monitor, Completely Rebuilt; Fast 8218 Fert. Applicator, 23 Coulters, 24R30", 1800 Gal., 46" Tires, New Pump, 2 Sets Nozzles, 10 Gal. & 20 Gal.; Fast 9613TF Sprayer, 1300 Gal., 100' Booms, Hyd. Pump, 46" Tires, Hyd. Booms, Clean Load Inductor, Foamer; Raven 450 Controller, Sells Separate

**Exceptional Tillage & Support Equipment**  
'14 CIH True Tandem 340 Disk, 32.5", Rock Flex, 9" Spacings, Scrapers, 4 Bar Harrow, Hyd. Tongue; '12 CIH RMX-340 Disk, Rock Flex, 28.5", 9" Spacings; '19 CIH 255 Tiger Mate Field Cultivator, Agronomic Design, 32.5", HD 4 Bar Harrow, HD Firestone Tires, New Shovels; CIH 200 Tiger Mate Field Cultivator, 28.5", 4 Bar Harrow, SMS, Walking Tandems; '18 Mandako L5040 Land Roller, 50", 3 Section; CIH 1820 Vibra Shank Row Crop Cultivator, 16R30", Rolling Shields, Gauge Wheels; 1000 Gal. SS Water Wagon, Tandem, Pump; JD 400 Rotary Hoe, 40", 3pt.

**Semi Tractors, Wilson Grain Trailers, Mack Straight Truck**  
'05 IHC 92001 Semi, Eagle Package, Sleeper, 10sp., Cat C-13, Overhauled Approx 2,000 Miles Ago, Jake, 22.5 Aluminum Wheels, 618,750 Miles; '92 Mack CH613 Semi, Mini Sleeper, 350hp Mack, 9 Speed, 22.5 Tires, 265,528 Miles Showing, 17,486 Hours; '99 IHC 9100 Day Cab Semi, Cummins M-11, 9 Speed, 22.5 Tires, 410,788 Miles; '19 Wilson Pacesetter DWH-600 Hopper Trl, 34"x66"x96", 24.5, Electric Tarp; '13 Wilson Pacesetter DWH-500 Hopper Trl, 34"x66"x96", Electric Tarp; '09 Wilson Pacesetter DWH-500 Hopper Trailer, 34"x66"x96", Electric Tarp; '77 Mack R Model, Tandem Axle, Mack Diesel, Twin Stick Trans., Scott Steel Box, 21"x96"x66", Tarp

**Live & Online Farm Retirement Auction**  
**MARING AUCTION LLC**  
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**Auction Location:** 25836 170th Street, New Richland, MN  
**Friday, August 11, 2023 • 9:30 a.m.**  
**FOR COMPLETE DETAILS & BIDDING GO TO:**  
**www.maringauction.com**

**INSPECTIONS DATES:**  
August 5 through Auction Date from 9:00 a.m. to 5:00 p.m.

**John Deere 9650 STS, JD 893 & 925F**  
JD 9650 STS, 2WD, 4247/2968 Hours, 20.8x38 Duals, Chopper/Spread, Topper, Brown Box Monitor, Contour Master, Auto Steer; JD 893 Corn Head, 8R30", Hyd. Deck Plates, Header Height Control; JD 925F Platform, 25", Flex, 3" Cut, Header Height Control

**JD 8760 4WD, 4440, 3020 & 630 Tractors, Loader**  
JD 8760 4WD, 6247 Hrs., 18.4x38 Duals, 4 Hyd, Clevis Hitch, 24 Speed, Clean; JD 4440, 9341 Hrs, Quad, 18.4x38 at 98%, 3pt, 3 Hyd, 540/1000PTO, Weights, SN: 4440H015418R, 4000 Hrs On New 50 Series Engine; JD 3020 Diesel, 3pt, PTO, 2 Hyd, Unknown Hours, 15.5x38, Syncro, New Clutch, 2nd Owner; JD 630 Gas, NF, Rock Shaft, 540PTO; JD 48 Hyd. Loader With Bucket; 3pt Quick Hitch; JD Rear Weights

**Grain Augers, Grain Wagons, Grain Cart, Crop Dryers, Support Equipment, Holding Bins, Grain Bins**  
Westfield WR100-51 Auger, 540PTO; Westfield WR80-31 Auger, 8HP Gas Engine; Westfield 10"x31' Auger, 7.5HP; Adrian Drive Over Pit, Hyd. Unload Auger; Westfield TR100-51 Swing Hopper Auger, Hyd, Lift, 540PTO; Hi-Cap Grain Screener 40", Unload Auger; Farm Fans AB-12B Automatic Dryer, LP, 230V, 11985 Hrs; Farm Fans AB-180A Automatic Dryer, LP, 230V, 10063 Hrs; 2500 & 1000 Bushel Cone Bottom Holding Bin; Parker 525 Wagon, Parker Gear, Rear Hitch, 16.5-22.5; Purker 450 Wagon, Double Compartment; Parker 2000 Wagon, Hyd. Drive Fert Auger, MN 10 Ton; MN 250 Wagon, MN 7 Ton; J&M 350-20 Wagon, 10 Ton; Bradford BII 528 Cart, 1000PTO; (7) 6" Roof Top Augers, 20", 30" & 60"; Poly Auger Hoppers; (4) 4,400 Bushel Grain Bins With Full Floors; 11,000, 10,000 & 7,500 Bushel Grain Bins; 20+ Plywood Bulk Heads For Grain Storage; Flair Box, Hoist and Running Gear

**Case IH Magnum MFWD 305, 290, 275 CIH Farmall 105U, CIH 7240 MFWD**  
**'08 CIH 305 MFWD Magnum, 4088 Hrs, Front & Rear Duals, 18sp, PS, LH Reverser, 3 Pt., QH, 4 Hyd., PTO, Pro-600 Screen, GPS; '12 CIH 290 AFS MFWD Magnum, 2483 Hrs, Front & Rear Duals, 19sp, PS, LH Reverser, Deluxe Cab, 4 Hyd., 3 Pt., QH, PTO, Ag Junction GPS, Bought New; '08 CIH 275 MFWD Magnum, 3952 Hrs, Pro-600 Screen, Front & Rear Duals, 3 Pt., QH, 5 Hyd., PTO, 19sp, PS, LH Reverser, Deluxe Cab \*\*\* (All Tractors Above have Matching Firestone Tires); CIH 7240 MFWD, 4709 Hrs, 18x4dsp PS, 3 Hyd., PTO, 3 Pt., QH, 18.4x42 Duals; '16 CIH Farmall 105U MFWD, Cab, 12x12 Trans, 695 Actual Hrs, 3pt., 2 Hyd., 540 PTO, CIH L735 Loader, Joystick; Set of Pallet Forks, Manure Bucket and Bale Spear for L735 Loader; (10) IHC Suitcase Weights; (10) IHC Wheel Weights**

**Brent Cart, Rem Vac, Augers, Other Machinery, IHC Tractors**  
Brent 882 Grain Cart, Tarp, 1000 PTO, 30.5x32; Rem 2700 Vac, 1000 PTO, 6 Flex Pipes, 433 Hrs, Tube Ends; Hutchinson Swing Hopper Auger, PTO, 10"x71"; JD 28' Donahue Imp. Trl; MN 250 Gravity Box, 9T Gear, Hyd. Seed Auger; Taarup 3 Pt. Disc Bine, 6', 540 PTO; Farmall 706 Gas, WF, 3 Pt., PTO, 2 Hyd., Good TA, Axle Duals; Farmall C Tractor, NF, Fenders

**Drain Tile Plow, Tile Stringer, Backhoe**  
Soil Max Gold Digger Pro Drain Tile Plow, 3pt., 4"-5" Boot; Agri Drain Maxi Stringer Drain Tile Stringer, Electric Over Hyd.; JD 310 Backhoe/Loader, Turbo Dsl, 4x4, 6074 Hours, Extend-Hoe, (3) Hoe Buckets; Top Con RL-III15 with Tripod

**Featherlite Trailer, Alumna Trailer, Ford F150, Buick Enclave, Yamaha ATV, Lawn & Garden**  
'12 Buick Enclave, AWD, 3.6 VVT, Leather, 162,200 Miles; 2001 Ford F-150, 4x4, V8, 124,500 Miles, Hiniker 7' Snow Plow; '17 Featherlite 18' Tandem Axle Enclosed Trl, V Nose; '10 Alumna 6'x10' Aluminum Single Axle Trl; Yamaha Grizzly 550 EFI ATV, 4x4, 1276 Miles; Load Trailer 400 Gal. Fuel Wagon, GPI 12V Pump; 2000, 1000 & 500 Gal. Fuel Tanks with Electric Pumps; Snapper Pro Zero Turn S-200XT Lawn Mower, 60" Deck, 27hp; '83 Alumcraft 16' Aluminum Fishing Boat, Mercury 15hp Four Stroke, Trailer; Honda 5hp Generator; (2) 50 Gal. ATV Sprayers, 12V Pumps; DeWalt 15 Gallon Air Compressor; 275 Gallon DEF Tank, Pump; 120 Gal. Fuel Tank, 12V Pump; '10 Arctic Cat 570 Snowmobile; Coachman Catalina 5th Wheel Camper, Roof Air, Sleeps 6

**Greg & Annette Jenkins**  
OWNERS/SELLERS  
**MARING AUCTION LLC**  
PO Box 37, Kenyon, MN 55946  
507-789-5421 • 800-801-4502  
Matt Maring Lic# 25-28  
Kevin Maring Lic# 25-70  
Adam Engen Lic# 25-93  
Andrew Hamilton Lic# 50-128

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**Wilmar 8100 Sprayer, Planter, Drill, Tillage & Related Machinery**  
Willmar 8100 Self Propelled Sprayer, 90', 800 Gal SS Tank, New 320/90R54, 4524 Hrs, Raven SCS 450 & Light Bar, Hyd Booms & Adjust, Injector System, Clean; JD 7200 MaxEmerge II, 8R30", Dry Fert., Cross Auger, Corn & Bean, Monitor; CIH 5400 Mulch-Till Drill, 20", 10" Spacings, Markers, 3pt., Press Wheels; JD 230 Disk, 24.5", Cone Blades, Scrapers; Balzer 2000 Stalk Chopper, 1000PTO, 20"; Rock Picker Hyd Dump; DMI 1300 Ecolo-Champ Disc Ripper, 11 Shank, DD Front, Disc Leveler; White 588 Plow, 5x18"; JD 980 Field Cultivator, 38.5", 3 Bar Harrow; IH 475 Disk, 20.5", Hyd. Wings; VanBrundt 10"x6" Drill, Hyd. Lift, Grass Seeder

**1997 Wilson PaceSetter, 1993 IH 8300 Day Cab**  
'97 Wilson PaceSetter DWH-400 Hopper Trailer, 42"x96"x66", Electric Tarp, Air Ride; 1993 IH 8300 Day Cab Semi, 42669 Miles Showing, 9 Sp, 350HP Cat, 1000 Miles On Rebuilt Engine; Older Single Axle Belly Dump Semi Trailer

**Other Good Farm Machinery & Ford Explorer**  
Gehl 72 Flail Forage Chopper, 540PTO; JD 14T Small Square Baler; MN 110 Manure Spreader; 3pt. Backhoe, Hyd. Controls; Calf Creep Feeder; Round Bale Feeder; NI 5 Bar Side Rake; Pearson Cattle Chute w/Head Gate; Badger 11000L Manure Tank, Tandem Axle, 2800 Gal; SS Stand Fill Pipe; 275 Gallon Cage Tote w/Pump; 10 Sioux Livestock Gates; Cattle Water; 1991 Ford Explorer 4x4, V6; Ag Receiver Hitch; Pine Mountain Pickup Pop-Up Camper; MN Running Gear

**Good Power Tools & Hand Tools**  
Lincoln 3200 Wire Feed Welder; All American Hot Water Pressure Washer, 2900PSI, 3.97GPM; Coats 1001-SC Direct Drive Tire Balancer; Welding Table 3'x6'; Port-A-Torch; Peter Wright 110lb Anvil; Bench Drill Press; (10+) DeWalt 18volt Cordless Tools; Hand Tools; ATV Sprayer; Chop Saw; Craftsman 6" Jointer/Planner; Sandblast Pot; (6) Hyd. Cylinders; Snapper 22" Snowblower

**Allen & Jane Nelson**  
Owners/Sellers • 507-456-2561  
**MARING AUCTION LLC**  
PO Box 37, Kenyon, MN 55946  
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## Tomatoes



By Shauna Burshem, D.C.

I was recently surfing the web for tidbits of information that I could include in my monthly health tip when I came across a great article on tomatoes. It turns out that tomatoes were not even eaten in the US until the early 1800s, when an eccentric New Jersey gentleman, Colonel Robert Gibbon Johnson, brought them back from a trip overseas. It seems Gibbon was a bit of a showman. He announced that an amazing display of courage would take place on September 26, 1820. He shocked his hometown of Salem by consuming an entire basket of tomatoes in front of a crowd of spectators, who were expecting him to keel over at any second. Obviously, he didn't and since then tomatoes have been a staple of the American diet. And with good reason! Tomatoes are high in Vitamin C and provide 40% of the RDA. The most important part of the tomato is the lycopene. Lycopene is a powerful antioxidant that gives the tomato its red color. Lycopene

may be twice as powerful as the anti-oxidant Beta-Carotene. Research studies have shown consuming tomatoes to be helpful in the fight against prostate, stomach, endometrial and lung cancer. Lycopene has also been linked to increased activity levels in senior citizens. The brighter the red in the tomato the higher the lycopene. In an unusual turn, about as far with cooking vegetables goes, eating most vegetables raw is the way to go. But cooking tomatoes actually releases even more lycopene. Olive oil with tomatoes increases the lycopene absorption in the body. While nothing beats a fresh, ripe tomato, studies also show that canned and jarred tomato and tomato sauce pack the same nutritional benefit. Personally, a large thick slice of a Beef-steak tomato with a little cracked black

pepper, sea salt and a dripping of olive oil in between two slices of toast, spread with a smattering of mayo and a slice of bacon is a little bit of heaven on earth! Luckily, tomato season is just around the corner.

Thought for the Week: "External, material objects are never the cause of disease, merely agents waiting to cause specific symptoms in susceptible hosts."

----- Andrew Weil, M.D.

(What did he say? He said, things like germs do not cause disease, people with weak

immune systems allow germs to overtake their body, and then they become sick.

----Dr. Shauna)

Chiropractic Thought for the Week: "A spinal adjustment from your chiropractor may not make your symptoms go away, but it is not meant to. A spinal adjustment opens up the life channels of your body (nerve flow) and improves your overall health and it does that every time in everybody.

----- Reggie Gold, D.C.

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## MISSY'S MESSAGE



MISSY PAPERFUS

### ALLERGIES

I grew up and never had allergies. Back in college, I had a friend with terrible allergies who took allergy medication every day. Her eyes would water, she would sneeze, and look like she was sick.

About ten years ago, I had a cough that would not go away. I never dreamed that it was allergies. I knew I didn't have a cold. I knew I wasn't sick, but this cough would just not go away. I went to see my doctor, and they suggested I start taking an allergy pill daily. After I started taking the allergy pill, I didn't get a cold for a few years. Well, the pollen must be

high this year, my allergies really flared up last week. I think it started from sleeping with the windows open at night. My cough was terrible. Allergies can flare up into asthma. I have a prescription for Tessalon pearls for cough and an Albuterol inhaler, which I have not needed for quite some time and were expired.

When I lay down at night to sleep, I cough and cough and keeps me up. Time to work on prevention to keep this from happening in the first place. I shouldn't have let my medications expire. I asked my doctor for a new inhaler, and it was so expensive, I had to reapprove the order through the pharmacy, so they knew I knew the cost before they just sent it out. I've been going on a week of poor sleep now, but the new prescriptions came today. I am hoping for relief soon.

Moral of the story, if this happens to you, don't wait, go see the doctor and get to the bottom of it. It might be a simple fix.

*Memo from MotoProz...*

We have a great supply of side by sides for everyone, we have EZGO Golf carts to choose from, and a great supply of new Hustler zero turn mowers! Haydays is right around the corner, check out our used snowmobile inventory at [www.MotoProz.com](http://www.MotoProz.com). Financing available! Stop in to check them out or take-a-look online at [www.motoproz.com](http://www.motoproz.com)! The place to go is MotoProz in Mazeppa!

Missy and her husband Mike own MotoProz in Mazeppa.

# DENNISON DAYS



RAIN OR SHINE

SATURDAY FOOD STANDS OPEN AT 11AM!


## August 4 & 5, 2023



**SATURDAY, AUGUST 5**  
**FOOSBALL TOURNAMENT**  
 at 625 Bar & Grill  
 1:00-4:00PM



**SATURDAY, AUGUST 5**  
**CLASSIC CAR SHOW 8AM**  
 Trophies at 1PM  
**TRUCK & TRACTOR PULL 9AM**



**All You Can Eat**  
**PANCAKE BREAKFAST**  
 Includes Pancakes, Eggs, Sausage & Beverages  
**SATURDAY, AUGUST 5**  
**8:00a.m. to 11:00a.m.**

**FRIDAY, AUGUST 4 KICK OFF**

**Bags Tournament**  
*in Front of*  
**625 Bar & Grill**  
**6:00 PM**

**LIVE MUSIC UNDER THE TENT**  
**7:30 PM**  
**Lyssa Coulter**  
[www.lyssacoulter.com](http://www.lyssacoulter.com)

**SATURDAY, AUGUST 5**

**LIVE MUSIC UNDER THE TENT**  
**7:30 PM-Midnight**  
**Wreckless**  
[www.wrecklessband.com](http://www.wrecklessband.com)



### Saturday Schedule of Events

- 8-11a.m. **All You Can Eat Pancake Breakfast** Hosted by Nerstrand-Dennison Fire Dept., and Dennison Community Church \$12 for adults, \$5 for kids 12 & under, 3 & under FREE. Includes pancakes, eggs, sausage, coffee, juice, milk. Under Mainstreet tent.
- 7:30 a.m. **Sign Up for Clutchmen Truck & Tractor Pull at Pull Site**  
 Truck Pull Riverland Pullers 651-208-4347 • Tractor Pull Dave 507-649-0710
- 8a.m. **Farmers Market Downtown**  
**Citywide Garage Sales**  
**5K Run** Begins at Paul's Plumbing Building, North of Dennison Depot.  
 For more information text Barbie at 507-581-1021 or e-mail: dennisonvangoffice@gmail.com  
**Classic Car Show on Mainstreet** Presented by Clutchmen Car Club  
 Trophies at 1:00p.m. Contact Steve King 612-968-9547 or email: kingpin1876@gmail.com
- 8:30a.m. **Euchure at Fireside Lounge** For information, contact Jen Eggum 507-649-0602
- 9a.m. **Truck & Tractor Pull Begins on the Hill**, sign up begins at 7:30a.m.
- 10a.m. **Cow Milking Contest** Main Street, hosted by David Flom Dairy
- 11a.m. **Food Stands Open**  
**Joel Stenhaus & Jim Tracy Memorial Horseshoe Tournament in City Park** Presented by the Dennison Lions  
**Kids Bingo** Under the tent. Presented by Dennison Lions. Ages 3-11.
- 12:30p.m. **Parade Downtown - A Kiddie Parade Leads Off Main Parade** (Ages 12 & Under)  
**\$100.00 Prize for Best Parade Entry!** Sign up at 12:00 p.m. South Mainstreet. Contact Diane at 612-532-0268
- 1-3p.m. **Kids Carnival**
- 1-4p.m. **625 Bar & Grill Foosball Tournament** Sign up at 625 or call 507-782-9061  
**Live Music at 625 Bar & Grill**
- 1:30p.m. **Road Rally** (Line up South side of Elevator) Prizes! Hosted by Dennison Lions Club. Contact Tim at 507-581-6218
- 2p.m. **Kids Pedal Pull on Mainstreet (At Mainstreet intersection)** Sign up begins at 1:30p.m.
- 3:30p.m. **Purse & Gift Card Bingo Under Mainstreet Tent** Presented by Dennison Lions & Fireside Lounge
- 5p.m. **Game Show TBD**
- 7:30p.m.-12a.m. **Live Music from "WRECKLESS" on Mainstreet Stage** 18+ event. No Cover Charge. 21 to drink.  
 Presented by Capitol Construction and Fireside Lounge & Supper Club

**Dennison Lions Club**  
**DENNISON DAYS**  
**RAFFLE**

**1st Prize: \$500 Cash**  
**2nd Prize: \$200 Cash**  
**3rd Prize: \$100 Cash**  
**4th Prize: \$50 Cash**

**Drawing held at 9:00p.m. at the Fireside Lounge**

Need not be present to win.  
 Winner is responsible for any taxes or fees.  
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**BE IN THE PARADE**  
**SATURDAY at 12:30 p.m.!**  
**A Kiddie Parade Leads Off Main Parade** (Ages 12 & under)  
**Sign up at 12:00 p.m. South Mainstreet**

**\$100.00 Prize for Best Parade Entry!**  
**Contact Diane Ruddle**  
**mobile at 612-532-0268**

**SATURDAY, AUGUST 5**  
**PURSE & GIFT CARD BINGO**  
**Under Mainstreet Tent 3:30PM**

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For updated info. go to [www.dennisondays.org](http://www.dennisondays.org)

## Safety Tips for Riding Off-Highway Vehicles

By Minnesota DNR

With thousands of miles of trails throughout Minnesota available for riding, off-highway vehicles continue to grow in popularity as a way for people of all ages to experience the outdoors. For some folks, an OHV is a convenient means for getting from Point A to Point B. The journey itself is the goal for other riders, who simply enjoy riding through the fields and woods.

Whatever the reason for riding, there are a variety of steps OHV riders can take to reduce the potential for accidents or injuries and ensure a safe and successful ride.

### The Golden Rules of OHV Safety

Ride only on designated trails and at a safe speed.

Ride on the right.

Wear goggles, long sleeves, long pants, over-the-ankle boots, gloves and DOT-compliant helmets.

Avoid riding on paved roads except to cross when done safely and permitted by law.

Ride sober.

Carry no more than one passenger on an OHV specifically designed for two people,

and never carry a passenger on a single-rider OHV.

Ride an OHV that's right for your size.

Actively supervise younger riders. OHVs are not toys.

If an OHV comes factory-installed with seatbelts, wear them.

Take a hands-on and online safety course.

### Keys for youth ATV safety

#### Active supervision – set the ground rules

If a child can control a bike without any problems, it may be a good time to try an OHV.

Youth under age 16 must have permission from their parent or guardian to operate an OHV. Even when permission is granted, active supervision is a must. Youth riders may be able to start and stop an OHV, but lack the experience to respond to something unexpected. Setting ground rules reinforces the serious nature and responsibility that comes with operating an OHV. Allow youth to ride only after they demonstrate they can follow directions and wear their protective gear.

#### OHV fit – one size does not fit all

OHVs intended for use by adults (16 years and older) are larger, heavier and have greater speed and performance capabilities than youth models. Children under 16 and capable of driving OHVs should ride a smaller model, with speeds limited accordingly.

#### Youths age 16 and under must fit the OHV they operate.

They should be able to reach the foot pegs while sitting upright on the machine, and be able to reach and control the handlebars. This means they must be able to grip the handle-



bars and have the ability to move them to the left and right, in addition to operating the throttle and brake lever with one hand.

Youth riders also must be able to shift their weight from side to side and from front to back while maintain their balance.

#### Helmet use and safety gear

Protective gear is a must while operating OHVs. Whatever size machine they're riding, all operators and passengers under the age of 18 must wear DOT-certified helmets. One of the most common violations conservation officers see is people under 18 not wearing helmets, particularly on the larger, Class 2 vehicles.

Full face shield helmets that fit snugly and

securely offer most protection.

Eye protection is recommended, especially in a wooded areas.

Over-the-ankle shoes with sturdy, non-slip heels and soles should be worn.

Long-sleeved shirts or jackets, long pants and gloves all afford protection.

We recommend everyone riding an OHV wear a helmet.

#### Training and trail safety

Take an ATV safety course (required for riders born after July 1, 1987).

Take an OHM safety course (required for OHM riders under age 16).

Take an ORV safety course.

Trail Ambassador program.

## Hunting Deer with Bait is Illegal

By Minnesota DNR

Hunters are not allowed to take deer with the aid or use of bait anywhere in Minnesota. "Taking" includes attempting to take.

### Baiting

Corn, apples and pumpkins are common foods used to bait deer. Baiting means placing, exposing, depositing, distributing or scattering bait that is capable of attracting or enticing deer.

Baiting significantly increases the risk of disease transmission by concentrating animals and promoting nose-to-nose contact.

Baiting attracts and holds large numbers of deer on private parcels creating a privatization of the deer herd.

Bait piles alter a deer's natural movement. By placing bait, one hunter can effectively nullify another hunter's attempt to harvest a deer.

### What is bait?

Bait includes grains, fruits, vegetables, nuts, hay or other food that is capable of attracting or enticing deer and has been placed by a person.

Liquid scents (example: doe in heat), sprays, salt, and minerals are not bait if they do not contain liquid or solid food products.

Read the ingredient label on all products prior to use. Many products, including newer liquid, powder and block forms, contain food or attractants such as grains, fruits, and sugar derivatives (glucose, dextrose, and fructose). If a salt or mineral product has anything other

than salt or mineral in it, it is illegal to use for hunting.

Agricultural crops from normal or accepted farming, forest management, wildlife food plantings, orchard management, or other similar land management activities are not bait. This exclusion does not apply to agricultural crops that have been reintroduced and concentrated where a person is hunting.

Example: A person may spread an abundant agricultural crop on a previously planted field as fertilizer. However, if the fertilizer is piled or concentrated where the person is hunting deer, it is baiting.

A person otherwise in compliance with this section who is hunting on private or public property that is adjacent to the property where bait or food is present is not in violation if the person has not participated in, been involved with, or agreed to baiting or feeding wildlife on the adjacent property.

### Removal of bait

All bait must be completely removed for 10 days prior to hunting. Penalties for baiting violations include revocation and confiscation.

A person may not obtain any deer license or take deer under a lifetime license for one year after the person is convicted of hunting deer with the aid or use of bait. A second conviction within three years would result in a three-year revocation. The revocation period doubles if the conviction is for a deer that is a trophy deer scoring higher than 170.

Firearms and bows used to take deer with the aid or use of bait will be seized and are subject to confiscation upon conviction. In some areas, deer feeding and attractants are banned year-round, see page 82.

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## Local Investments Make Small Towns Thrive



**Tim Penny**  
So. MN Initiative Foundation

Imagine being a kid in a small town in Minnesota who, more than anything, wants to dive into the city pool with their friends to escape the summer heat – but their family cannot afford the pool pass. This very situation is what prompted the Wabasha Kellogg Area Community Foundation (WKACF) to start offering free pool passes for all area youth. This initiative kept the pool open, created a space for children to play in the summer and it provided an opportunity for locals to give

back to their community. This is just one of many examples of why Community Foundations are a key ingredient to small town growth and vibrancy.

At Southern Minnesota Initiative Foundation (SMIF), Community Foundations are one of the cornerstones of our Community Vitality focus area. SMIF supports 31 Community Foundations – from St. James and Montgomery to Preston and Pine Island – by providing the administrative and 501(c)(3) infrastructure. Additionally, SMIF provides the volunteer boards with training opportunities and is always on hand to answer questions and guide them as they work toward meeting their philanthropic goals. Over the years, SMIF has also contributed more than \$894,061 in matching grants to these foundations.

The free pool pass project that WKACF supports is one of many projects that SMIF’s Community Foundations have invested in over the years. Many memorable and unique local festivals count on foundation funds. For example, the Lanesboro Area Community Foundation provided grants to Buffalo Bill Days and Rhubarb Fest recently, as well as funding for several artistic opportunities in their community for music, artist demonstrations, and a grant to the public school for visual arts classes.

The Harmony Area Community Foundation supports a summer initiative of “No Child Left Inside”. Several grants were given re-

cently to help provide activities to local youth at no cost. During the annual Canton Day Off Event, kids will have the chance to explore a state-of-the-art obstacle course of inflatables with a progressive agility course. Harmony has also contributed greatly to one of the first Splash Pads in our region. They continue to add to it as an inclusive place for families to cool down on hot days. These are only a few examples of the many ways that our foundations are enhancing the joy of summer.

In addition to summer fun, our foundations have helped fund food shelves, Veteran’s memorials, downtown enhancement projects, farmers’ markets and annual scholarship programs. During the early days of the pandemic, Community Foundations became a vessel for supporting local businesses and organizations. The versatility of these foundations allow them to leverage resources wisely to respond to the unique needs of their town. Author of Boomtown USA, Jack Shultz, said it best – community funds are one of the keys to small town success. The 31 Community Foundations under SMIF’s umbrella have invested \$6.8 million into their communities since the program began in 1991.

Community Foundations provide a plat-



form for individuals, families and businesses to make meaningful contributions that directly impact their communities. By fostering a culture of giving, these foundations instill a sense of ownership and pride, empowering residents to shape their own future. I encourage you to look up your nearest Community Foundation at [smifoundation.org/community-foundations](http://smifoundation.org/community-foundations).

Contact Andi Arnold, SMIF’s Community Foundation Coordinator, at [andia@smifoundation.org](mailto:andia@smifoundation.org) or 507.456.5593 with questions about this program.

As always, I welcome your comments and questions. You can reach me at [timp@smifoundation.org](mailto:timp@smifoundation.org) or 507-455-3215.

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## Bellechester City Council Meeting

**Minutes**  
**June 21, 2023 @ 6:00PM**

Regular City Council Meeting was called to order by Mayor Jody Gordon at 6:01 p.m.

Pledge to the flag.

**Roll call was taken:** The council in attendance: Mayor Jody Gordon, Council people Rich Majerus and Kyle Blattner as well as City Clerk Lisa Redepenning and treasurer Kyle McKeown. Council member Mark Gerken and Jered Buxengard as well as City Engineer Matt Mohs were absent.

Minutes of May 17, 2023 regular meeting minutes were reviewed and motion was made by Rich Majerus with a second by Kyle Blattner to approve the minutes. Motion carried.

Bills were reviewed and a motion by Kyle Blattner with a second by Rich Majerus to approve and pay the bills as presented. Motion carried.

**Old Business:**

- Sewer Grant – update progress – Rural De-

velopment needed more information from Matt. He will work on it. All easements are done and submitted.

- Water Meter Ordinance - review/make changes – tabled until next meeting when full council.

**New business:**

- Building Permit – Favio Jurado – portable storage shed - review and approve. Council requests drawings of shed and placement. We will request this from permit requestor.

- Liquor License – Legion – approve. Motion was made by Rich Majerus with a 2nd by Kyle Blattner to approve the Legion liquor report

Engineer Report – Report was submitted to council.

Clerk Report - Interim Financing – I made the transfer to replenish both general fund and sewer fund. New City Phone – I have disconnected the land line for the city phone and transferred it to a cell phone. Quarterly Billing – 3rd Quarter billing will be done

later this month. 2022 Consumer Confidence will be mailed to each resident. Water Meter Ordinance – I checked with our insurance about how to handle when we supply the water meter and there is an issue. Here is their response:

You will only be charged the Property Premium. Liability is there with no additional premium. There would have to be some negligence on the part of the City for coverage to apply. The increase in our premiums depends on how many and the value.

Here is the response from the League of MN Cities Risk Management Attorney:

I don't think there is too much the city can put in an ordinance to protect itself.

Assuming the city does not have immunity, the general principle of liability is that a city can be found liable if the city's "negligence" causes an injury - either bodily injury or property damage. A city can be found negligent if the city owes someone a duty, the city violates its duty, and the violation causes the injury.

In a contract, a person could agree to waive any claims in might have against the city.

But an ordinance is not a contract, i.e., it's a one-sided document; the property owner is not agreeing to anything. If the city could just pass an ordinance saying we're not responsible, the city would never be liable.

That being said, I think the city might be able to specify in an ordinance that the property owner is responsible for maintenance of the water meter after installation. Arguably if the city does not have a duty to maintain the water meter, it cannot be held liable for something that happens later on.

Any case, of course, against the city involving the water meters would need to be evaluated on the specific facts. The mere fact that water leaks into someone's home does not mean the city is liable. We'd need to determine the cause and whether the city's actions or inactions caused the damage.

If the city is hiring a contractor to install the water meters, much of the risk could be transferred to the contractor in the agreement with the contractor.

Small Cities Assistance – We will be receiving \$12,936 as part of the Transportation Bill passed in MN.

Treasurer Report – Past due accounts were discussed along with shut off notices. A few payments have been made to shut off notices.

Water/Wastewater/Facility Report – Maybe a metal detector will be needed to find shut-offs. Approximate price is \$750. Discharging is done until September. Killing weeds in rocks. Weed chopping has been done by ponds. Lawn mower needs some repairs and will be done.

Mayor Concerns: Resident concerns about auto-cross vehicles and noise in town. Mayor addressed.

Council Concerns: Fields are being used. Ball field placement was discussed. Speeding zone on 16 was discussed. Speeding of semis in town was also discussed.

**Adjourn**

Motion was made by Rich Majerus with a second by Jered Buxengard to adjourn the meeting. Motion carried. Meeting was adjourned at 6:25.

Submitted by Lisa Redepenning – City Clerk

Share Your Good News!

Submit your engagement, wedding or birth announcement.

Email us at:  
hometownmessenger@gmail.com




# Milo Peterson Ford Co.

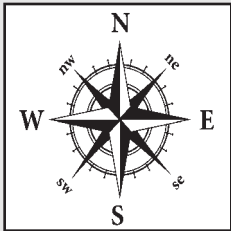
## Hot Summer Deals at Peterson Ford

 <p><b>2020 FORD EDGE SEL</b></p>	 <p><b>2016 FORD F-250 SUPER DUTY SRW</b></p>	 <p><b>2021 FORD ESCAPE SEL AWD</b></p>	 <p><b>2020 FORD EXPLORER XLT</b></p>
<p>AWD, 12,653 miles, red metallic, ecoboost 2.0L turbocharged #23046U</p> <p><b>Sale \$33,965</b></p>	<p>4WD, 4 door super crew cab, 6' box, 168,963 miles, white, 6.2L V8 #22149U</p> <p><b>Sale \$22,995</b></p>	<p>Star white, ecoboost 2.0L turbocharged #22152U</p> <p><b>Sale \$28,999</b></p>	<p>4WD, 30,035 miles, agate black metallic, 2.3L ecoboost #23039U</p> <p><b>Sale \$36,499</b></p>
 <p><b>2022 FORD BRONCO SPORT BADLANDS</b></p>	 <p><b>2021 FORD F-150 XLT SUPERCREW</b></p>	<h3 style="font-family: cursive;">Summer Car Care</h3> <p><i>At Milo Peterson Ford Co., our highly qualified technicians are here to provide exceptional service in a timely manner.</i></p> <p><i>From oil changes to transmission replacements, we are dedicated to maintaining top tier customer service, for both new and pre-owned car buyers! Allow our staff to demonstrate our commitment to excellence. Call our service department to schedule your maintenance needs. Open Monday thru Friday 7:30am to 5pm.</i></p> 	
<p>4x4, 16,077 miles, hot pepper red, ecoboost 2.0L turbocharged #23082U</p> <p><b>Sale \$39,475</b></p>	<p>4WD, rapid red metallic, 20,233 miles, 2.7L V6, ecoboost #23067U</p> <p><b>Sale \$48,435</b></p>		

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## Changes in Latitudes, Changes in Attitudes Millennials and My Tranquility, not a good mix



By Terry Campbell

*This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.*

Millennials, that group of people who were born during the 1990's through the early 2000's. I have fortunately not had to deal much with millennials since I am much older. Psychologist Jean Twenge, the author of the 2006 book Generation Me, considers millennials to be part of what she calls "Generation Me". Twenge attributes millennials with the traits of confidence but also describes a sense of entitlement and narcissism. Based on the fact that I am entering the age of a Grumpy Old Man, I can now transfer much of my irritation on a younger demographic. And this group has easily set themselves up for the blame. I usually like all people but my tolerance for stupid has worn a little thin with the years.

My birthday rolled around again this year, and in celebration of making it one more time through the calendar, my wife got tickets for the 50th anniversary tour of the rock group Kansas. What could go wrong? A classic rock concert whose fans are all in their 60' and 70's. My kind of folk. The State Theater in Minneapolis is a beautiful venue and we had seats in the fourth row from the stage slightly right of center.

We have a knack for attracting the worst concert goers ever though. We have a name for them. Drunk Dave. In honor of the guy at the Styx concert in Des Moines who thought he should dance in the aisle holding a beer and spilling it on anyone within the splash

zone. They are loud and obnoxious and always very drunk. Somehow, they end up in seats next to us.

So, as we took our seats that evening the young guy behind us tried to start up a conversation with us. He was barely into his twenties, but he was hammered. No one should be that inebriated at 6:30pm on a Friday. I just looked at Ashley and said, we got drunk Dave again." It was worse. Three young girls even more sloshed appeared and sat beside him. They talked loudly and kept getting up to buy more drinks. Each time climbing over the people already seated between them and the aisle. People who were their grandparent's age. One time falling over onto my wife and hugging her from behind. The ushers kept motioning to her but she was oblivious to their commands.

So, the show starts and the one young blonde starts talking over the music. "Oh yeah, this was a hair band back then." Rule # 1, don't go to a show of a band you don't know and act like you have something intelligent to say. She repeatedly shouted over the songs, argued with her boyfriend, cried, and kept leaving and returning with more drinks. At one point during her disruptive behavior she said, "The lead singer, he is pointing right at me." She was right. She was so disruptive he was trying to shame her by singling her out from the stage. If you talk during the performance of "Dust in the Wind" you are a special kind of Cretin.

The ushers were not prepared for this childish behavior as the three girls ran up and down the aisle during the show. They tried helplessly to reprimand them, but to no avail. At one point we saw two of them flip off an usher as they ran by. It was like some two-year olds misbehaving at a restaurant. The guests who were trying to enjoy the show were getting more perturbed by the minute. Finally, the blonde girl decided to head for the exit by walking between each guest and the seat in front of them, all the way across the theater. There she passed out at the feet of the two ushers standing at the exit.

It is called concert etiquette, and you may have seen the news footage of a Miranda Lambert concert lately, where she stopped the show mid-song and told four young women to sit back down. I have seen people of all ages acting like idiots, but these took the prize. I never thought I would sound like my dad, but here I am. And I understand now how he felt.

## A Minnesotan: Out of State Visitors and the Mall of America



By RosaLin Alcoser

What do you do when family comes to visit you in Minnesota? As a transplant to Minnesota I get to live with the pleasure of family and friends from out of the state coming to visit me every now and again. Which is great. I love it when people come to visit me. Those of you who are also transplants or who have family that comes to visit from out of state will know that these visits mean that you get to show them around Minnesota. Then if you are like me you think of all the great things to take them to see. If you're me, that list mainly consists of museums, one of the state's many hiking trails, and finding the

best Scandinavian bakery in the area. Those are the kinds of things I come up with to take people to because who wouldn't want to go to the Minnesota Museum of Transportation or to Minnehaha Falls. However, the inevitable always happens and I end up doing none of those things and spend the time escorting them around the Mall of America. Do not get me wrong, going to the Mall of America every once in a while can be fun for three or four hours. However, it starts to become increasingly less fun once you start hitting hours six and seven; especially when it is the second time you have taken people around it in the span of a week. I feel that at least for me, the novelty of spending the entire day in the Mall of America has been washed away since I live close enough to it that I can go there anytime I want to. Which I do when we are not in the peak times for out of state tourist to be here. So I mainly go in the winter when it's at the point in the year that I'm looking for an indoor activity since it's just a bit too cold outside for me to enjoy one of those many parks we have. While I have recently spent a large amount of time showing friends and family around MOA this year I was able to get my sister and her husband to one of those parks with me. During their visit I was able to get them to hike with me at Gooseberry Falls and swim in Lake Superior. All of which my sister spent a lot of time calling after me to be careful as I kept running into Minnesota's many waters.



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- THEME: FRUITS & VEGETABLES
- ACROSS
1. Itsy Bitsy Spider's tunnel
  6. Operations, as in military
  9. Carpenter's joint
  13. Book, in Paris
  14. Coach's talk
  15. Long-necked wader
  16. Did not go out to eat (2 words)
  17. Chi preceder
  18. Top scout
  19. \*'90s children's series " \_\_\_\_ in Pyjamas"
  21. \*Alternative to stick
  23. T-cell killer, acr.
  24. Show worry
  25. Knee-related acronym
  28. Sushi restaurant's boozy offering
  30. \*Grilled cheese and \_\_\_\_ soup
  35. Mouse to a snake
  37. In \_\_\_\_, or together
  39. Convicted one
  40. \*Pear or quince, botanically speaking
  41. California and Nevada lake
  43. Raja's daughter
  44. Uncouth ones
  46. Of two minds
  47. RenÉ Descartes' "therefore"
  48. Make wealthy
  50. Use a surgical beam
  52. Gingerbread creation
  53. \*When fruit is ready
  55. Red-white-and-blue inits.
  57. \*"Hot" vegetable-shaped toy
  60. \*L in BLT
  64. 3-D picture in a book
  65. U.N. workers' grp.
  67. Owned house or car, e.g.
  68. Item on a cell phone bill
  69. What's old is new again, prefix
  70. Popular electric car
  71. Hair styling products
  72. Scottish cap
  73. British peers

- DOWN
1. Block of concrete, e.g.
  2. Pocket bread
  3. Baker's baker
  4. Dickens's Heep
  5. Serena's sport
  6. Prefers
  7. \*Fairytale princess test
  8. Virgo's brightest star
  9. Letter opener
  10. Ship to Colchis
  11. Airhead
  12. The loneliest number?
  15. Concerning this
  20. Nautical "Stop!"
  22. College assessment test, acr.
  24. Camera's tiny aperture
  25. \*Gwyneth Paltrow's daughter
  26. Sing like Tony Bennett
  27. Madagascar primate
  29. Myanmar currency
  31. BEBÉ's mother
  32. Rooster, in the olden days
  33. Polynesian kingdom
  34. \*Layered bulb
  36. Giant Himalayan?
  38. Lady Grantham of "Downton Abbey"
  42. Follow as a consequence
  45. Claw mark
  49. "Battleship" exclamation
  51. Heir's concern
  54. \*At the end of a hot pepper or many a sweet potato
  56. Cruising
  57. Prepare to be shot
  58. October birthstone
  59. What Little Toot does
  60. \*Fruit of the \_\_\_\_
  61. Brezhnev's domain
  62. Jailbird's home
  63. Airline postings
  64. Dog breed from China
  66. Grazing ground

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Daily admission: \$7  
 Season gate pass: \$20  
 Under 12 years old: FREE

# August 8-12, 2023

Carnival open:  
 Wednesday 2pm-10pm  
 Thursday-Saturday 1pm-10pm

**GRANDSTAND SHOWS**

**Tuesday, August 8th - 7:00 PM**  
 Lawnmower Derby and Power wheels FREE EVENT!

**Wednesday, August 9th - 7:00 PM**  
 Auto Cross  
 Adults: \$15 • Under 12: \$9

**Thursday, August 10th - 6:30 PM**  
 Truck & Tractor Pull  
 Adults: \$12 • Under 12: \$7

**Friday, August 11th - 7:00 PM**  
 Autocross  
 Adults: \$17 • Under 12: \$12

**Saturday, August 12th - 5:00 PM**  
 Demolition derby:  
 Adults: \$17 • Under 12: \$12

**FREE EVENTS**

Free Daily Shows: Professor Newton, Kidz Science Safari, Feats of Comedy, Lew-e s Comedy Circus

**Tuesday, August 8th**  
 Entry Day Which means all the Animals come to the Fair

**Wednesday, August 9th**  
 Day Care Day at the Goodhue County Fair

**Thursday, August 10th**  
 Goodhue County Ag Day

**Friday, August 11th**  
 On Senior Citizens Day the Outstanding Senior Award is given.

**Saturday, August 12th**  
 Final Fun Day. Day of Fun. 4-H Livestock auction

**Ride Specials:**  
 \$20 unlimited Armbands available on:  
 Wednesday 5pm-9pm; Thursday 6pm-10pm  
 Friday 5pm-9pm; Saturday 1pm-5pm; Saturday 6pm-10pm

*Live Entertainment at the Beer Garden!*

**Tuesday August 8th**  
**JOHNNY HOLM BAND**  
 8:00pm

**Wednesday August 9th**  
 DAVE CARPENTER & FRIENDS 2:00pm  
 HAYDEN ASHWORTH 6:00pm

**Thursday August 10th**  
**TROY ARON JOHNSON**  
 5:00pm

**Friday August 11th**  
 GEORGE S CONCERTINA POLKA BAND 2:30pm  
 BRYAN ANDERSON 7:00pm

**Saturday August 12th**  
**THE DAD S**  
 9:00pm

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