## The Cuas

## Circus <br> Thanks to the sponsorship of the Dennison

Lions Club \& Fireside Lounge, the Culpepper \& Merriweather Circus, America's Favorite Big Top Circus is coming

Rice County Steam \& Gas Engines 48TH ANNUAL TRACTOR SHOW

September 1, 2 \& 3, 2023
(see ad on page 10)

## Announcements

- The watering/irrigation ban is from May 1- October 15. The exceptions to the restrictions are newly seeded/sod areas and new trees/shrubs which can be watered every day. - Memorial Park Pavilion is open for reservations by calling City Hall at 507 645-2852.

Rates through September 30, 2023 are: Monday thru Friday:
Half Days: $\$ 80.007 \mathrm{am}-2 \mathrm{pm}$ \& 3-10pm
Full Days: $\$ 135.00 \quad 7 \mathrm{am}-10 \mathrm{pm}$ Saturday/Sunday:
Full Days only: $\$ 135.00$ 7am-10pm Plus a deposit for all reservations: $\$ 150.00$ Reservations forms are available online at www.cityofdundas.org

Check City's website for more information
www.cityofdundas.org
Do you have an announcement? Email: hometownmessenger@gmail.com

Dennison, MN - Wednesday, August 2nd to the lot across from the Dennison Community Church located at 37514 3rd Ave.
C\&MCircus has been providing quality, local family entertainment for 37 years. This authentic One-Ring, BigTop Circus has been featured on the A\&E Special: Under the Big Top, Nick News: On the Road with CircusKids and most recently OETA's Big Top Town. This year, we're very excited to bring you our brand new2023 performance featuring Big Cats presented by Trey Key, our Aerialist Extraordinaire Simone on
thetrapeze, 10th generation Loyal Bareback Horse Riders, the Perez Daredevil Duo on the Tight Rope andWheel of Destiny, Elizabeth Ayala's incredible foot juggling and hair hang and everyone's favorite CircusClown Leo Acton.
Circus Day Schedule
9:30 a.m - Tent Raising \& Tour
Everyone is invited to watch the Big Top rise! You'll also get a chance totour the grounds and get a behind-the-scenes look at our show! Learnabout life on the road and the care our animals receive.

## Dennison Days Set for August 4 \& 5

The Dennison Lions Club will host Dennison Days coming up August $4 \& 5$ with many old favorites returning to the weekends event schedule.
Check the website www.dennisondays.org
for any schedule updates. Friday night will kick off with a Bags Tournament at 625 Bar \& Grill and Free Live Music from Minnesotas Own Dariann Leigh on the Mainstreet Stage at 7:30.
(continued on page 5)

## NH+C Audit Illustrates Post-Covid Health System Difficulties

Courtesy of KYMN Radio
Recently, Korey Boelter, a principal with the accounting firm of Clifton Larson Allen, presented the results of Northfield Hospital + Clinics audit for 2022 to the Northfield City Council. While the results of the audit were clean, and showed no irregularities, it also painted a picture of how $\mathrm{NH}+\mathrm{C}$, like every other health care system across the country, is struggling right now.
The audit showed that profit margins are down $10-15 \%$, while accounts payable receipts are taking longer to be resolved. The Days Cash on Hand is down by a third, and the debt service ratio is below any measure that would be considered healthy
(continued on page 5)


4:00 p.m. - Midway Opens
Pony Rides, Moon Bounce, Giant Slide, Face Painting, Concession Standand Box Office open up for some extra fun!
Pony Rides, Moon Bounce, Giant Slide, Face Painting, Concession Standand Box Office open up for some extra fun!
5:00 \& 7:30 Circus Performance
Get ready for an amazing show the whole family will love! Eachshow lasts about 90 minutes.
(continued on page 7 )


# Freedom in Christ 

Freedom: Miriam Webster says, "1: the quality or state of being free: such as a: the absence of necessity, coercion, or constraint in choice or action, b : liberation from slavery or restraint or from the power of another, c : the quality or state of being exempt or released usually from something onerous, d: unrestricted use" all belong to the first definition of freedom.
For followers of Christ, we have freedom: freedom from sin, eternal death, guilt, and freedom to choose- as we live the spirit-filled life that Jesus calls us to live. We also have freedom from empty and meaningless traditions and 'rules' that have no bearing on our faith in Christ. Being free in Christ - real freedom - means seeing things clearly. It means knowing who you are and what God has done for you in Christ. It means loving and obeying Him with the full assurance that God will make good on His promise, and you will spend eternity with Him. This kind of freedom doesn't come by living however you want or "picking and choosing" what laws to follow; true freedom comes from believing and obeying the gospel
Freedom doesn't mean we can do whatever we want- without thinking about others. Freedom in Christ- is freedom to choose that which is best for others and ourselves- choosing to put Jesus first in all things- Loving God and Loving people- not just doing what we want because we have freedom.
Paul wrote in chapter 8 of 1 Corinthians. "But while knowledge makes us feel important, it is love that strengthens the church. 2 Anyone who claims to know all the answers doesn't really know very much. 3 But the person who loves God is the one whom God recognizes. . . . 6 But for us, there is one God, the Father, by whom all things were created, and for whom we live. And there is one Lord, Jesus Christ, through whom all things were created, and through whom we live... . 9 But you must be careful so that your freedom does not cause others with a weaker conscience to stumble."
Paul addresses the attitudes- the heart issues. The Corinthian church had been struggling with humility and obedience. Proverbs 12:23 says, "The wise don't make a show of
their knowledge, but fools broadcast their foolishness." and in Proverbs 26:12 "There is more hope for fools than for people who think they are wise." Paul states, we all know - not just the "most enlightened or most knowledgeable" but all the believers in the faith know that an idol isn't really a god. They've come to believe in the one true God- and Jesus Christ his Son and the person of the Holy Spirit- The one triune Godmaker of heaven and earth. The one that redeemed them at a great price. They know that in their hearts- but they may continue to struggle with old habits, old traditions that have been ingrained in them. They must retrain their minds and thoughts to following Jesus Christ and living for Him. It's all new to them- and they are still learning
Let me give an example: Playing cards used to be a big 'no no' in the Wesleyan church. I had been brought up Lutheran and I grew up playing cards- I grew up playing 500 , rummy, crazy 8 , and I learned how to play hearts at church- waiting for confirmation class to begin. So, when we had cards in the youth room at the Wesleyan Church and played games, I never even thought that it could be an issue. Then one Saturday clean-up day- I didn't make it to help clean the church- but some of the older ladies took it upon themselves to clean the youth room for us. I was surprised to find that all our playing cards had been removed and thrown away! I spoke to the pastor and find out the whys- and not to worry- we had his and the church's permission to have playing cardsso the church purchased us some new ones. After that, I just made sure that I was there on cleaning day from now on!
The ladies were only doing what they thought was right- even if it really wasn't a sin issue. Like Paul said, "some are accustomed to thinking ...this way." That's how they were brought up. We can't always solve every problem with logic. A child who is afraid of the dark is not assured by logical arguments. We need to understand that knowledge can be a weapon to fight with or a tool to build with, depending on how it is used. Our Freedom in Christ must be balanced by Love. As Christians, we are commanded often in Scripture to build one another up. The author of Hebrews said "...let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, bu encouraging one another, and all the more as you see the Day drawing near." (Heb

## D Dundas essenger

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10:24-25)
We must be careful so that our freedom doesn't cause a weaker- a newer believer to stumble. Jesus gave us the example to fol-low- we are to do as He has done. We aren't more enlightened than He was. He is patient with each of us and sees our mistakes, our sins, our screw-ups and instead of telling us how awful or stupid we are- he gently corrects, guides and continues to love us. Paul writes that we are not to be a stumbling block to others. This doesn't mean that we must pamper those who are weaker in the faith, it means that our goal should be to build them up and help them grow rather than demanding our rights. Our Freedom must be balanced by love. We are free in Christ, but we must take care that our spiritual knowledge is balanced by love, and that
we do not tempt the weaker Christian to run ahead of their conscience.
As part of the Body of Christ, it is always our goal to strengthen and respect each part of that body that we are a part of. In doing that Jesus will be glorified and that the body (the church) will be built up to unity and strength. As we interact with others, we must balance our knowledge with love so that others might be built up in the Lord.
As believers in Christ- we love God with all of our passion in all areas, and we love people. People get first preference- not our own agenda or our own freedoms. When our freedom crosses over someone else and causes them to get off track- we are abusing our freedom. Our freedom in Christ must be lived out in love. The way we relate carries great weight, so relate in love!


## Obituary

## Roy Scott Nelson

Roy Scott Nelson, age 78 of Cannon Falls
 passed away peace fully surrounded by his family and friends in his home on Sunday, July 16, 2023.

Scott was born on April 13, 1945 to parents Roy and Marjorie (Hohenhaus) Nelson. He graduated from Faribault High School in 1963 and later worked for Sears for 32 years. Scott married
the love of his life Linda in 1967 and they raised three beautiful children together, Eric, Elizabeth and Allison. In October of 1995 Scott and Linda purchased the Trophy House restaurant in New Trier. His favorite spot in the restaurant was serving behind the bar because of all of the locals and friends he was able to socialize with.
He is preceded in death by his parents, Roy and Marjorie Nelson.
Scott is survived by his wife, Linda; children, Eric, Elizabeth and Allison; grandchildren, Scott Worrell, Sophia Worrell, and Alivia Strusz; brothers, Alano "Lon" (Reatha) Nelson, Lynn (Barbara) Nelson; and dog, Stella.


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A funeral service was held at 11:00 a.m. Tuesday, July 25, 2023, at Starkson Family Life Celebration Chapel in Hastings. Father Tix officiated. Interment will be held at St. Michaels Cemetery in Kenyon, MN at a later date.
Family and friends were invited to a visitation from 3:00 p.m. to 7:00 p.m. Monday, July 24, 2023, at Starkson Family Life Cele-
bration Chapel and also an hour prior to the service. A reception followed the service on Tuesday.
In lieu of flowers the family requests that donations be made to St. Mary's Catholic Church in New Trier, MN.
Arrangements are being completed by Starkson Family Life Celebration Chapel of Hastings.

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## Obituaries

Robert E. Will
Will, Robert E., age 95, Educator, Commu-
 nity Builder, Humorist, and Family Man, peacefully passed away Sunday, June 25, 2023, surrounded by love and family. Bob was a gentleman and a scholar with a life rooted in service His life was a model of how to live one's vocation and commitment to others. Bob taught Economics at Carleton College for 36 years, joyfully scratching supply and demand charts out on the blackboard, bringing the subject to life. He encouraged generations of students to appreciate the value of liberal arts in their everyday lives. Upon retiring, Bob devoted time to volunteering in the community. "I felt I owed something to the community I lived in, that gave me a good life, that brought up my children, educated my children in the school system. I felt it a duty, and a happy duty."
Born at the beginning of the Great Depression in Dousman, WI to Erwin and Gena Will, Bob graduated from high school after 8th grade. A life-long love of music began as a young trombonist in the Oconomowoc American Legion Band, an award-winning band that marched in parades from small towns to New York's 5th Avenue. He surprised his parents by enlisting in the US Navy, unaware that swimming was a required skill, one he did not have. Even though Bob never learned to swim, his strong patriotism committed him to the Naval Reserve for a further twenty years. After the war, Bob entered Carleton College in 1946, dragging his Navy footlocker behind him and clutching the GI Bill ("that great social invention"). He graduated Phi Beta Kappa and later earned his MA and Ph.D from Yale University.
Bob met the love of his life, Barbara, while teaching at UMass Amherst. She was the beautiful librarian in the Department of Research Chemistry when Bob walked in seeking advice about moldy wallpaper in the apartment he shared with Gus Mattersdorff. A year later, Gus was best man at their wedding In 1957, Carleton College President Larry Gould hired Bob to join the Economics department. The newlyweds packed their books and wedding presents and drove to Minnesota. Bob and Barbara built a remarkable life together. They found joy in raising a family, traveling around the world, and deepening their roots in Northfield.
Beyond teaching duties, Bob was an Assistant Dean of the College and the first Director of International Studies and was named the Wadsworth A. Williams Professor of Economics. Many have described Bob as the

quintessential Carleton alum and professor: a gifted and enthusiastic teacher, a knowledgeable scholar, an engaged college citizen, a gracious mentor to colleagues and students. Bob was a pioneer in what is now called social entrepreneurship, applying economic theories to real world problems. This pursuit led to Carleton's Social Entrepreneurship scholarship program. While at Carleton, he also earned grants from the Ford Foundation, the Mellon Foundation, General Electric, the Lilly Endowment, and the National Science Foundation. Bob retired in 1993 as the Raymond Plank Professor of Incentive Economics.
Always a performer, many will remember listening to the brilliant badinage between Bob and Wayne Eddy on Northfield's KYMN radio. Bob loved reading aloud and delighted in Robert Service's "The Shooting of Dangerous Dan McGrew." He was also cast in two films: as Rev. William Wilcox in the award-winning Cemetery Stories: A Rebel Missionary in South Africa, by Chérif Keïta; and as the Old Man in Roma Nova, by Max Silver.
Bob left an indelible mark on organizations around the country and world, including the US National Commission for the United Nations Economic and Social Council; the planning commission that created Hampshire College in Amherst, MA; Bob and Barbara helped seed libraries at Miles College in Alabama and the Savannah College of Art and Design in Georgia. Closer to home, Bob's curious and creative mind, and his ever-present yellow notepad, focused on strengthening the beauty and humanity of Northfield, MN. He served on the Rotary Club, Mayor's Streetscape Task Force, Heritage Preservation Commission, United Way, Northfield Historical Society, All Saints Episcopal Church, Northfield Shares, and Northfield Retirement Community.
In the winter of 1994 Bob was surprised to learn that Governor Arne Carlson proclaimed March 26 as Robert E. Will Day in Minnesota. Twenty years later, Northfield honored Bob with the Joseph Lee Heywood Distinguished Service Award in recognition of over 50 years of service to the Northfield area community. Bob said "There is no better feeling than serving a community. Enjoy it as I have over the years. I did things I never

thought I would do in my life."
Bob was preceded in death by his parents, his wife, Barbara, and son, Jonathan. He is survived by daughters Leslie Will and Jennifer Labovitz; son-in-law Mark Labovitz; and grandchildren Zachary Will, Jackson and Tessa Labovitz.
Bob Will has left the classroom. Onward and Upward with the Arts.
The family would like to thank the thoughtful staff at the Northfield Retirement Community for the attentive and compassionate care given to Bob, and acknowledge all the special friendships Bob made through the years.
A memorial service will be held to celebrate Bob's life on August 26, 2023, at 2:00pm at All Saints Church in Northfield. Donations may be given to Northfield Shares, All Saints Church, or the Robert E. Will ' 50 Endowed Internship Fund in Social Entrepreneurship at Carleton College.
Arrangements by Bierman Funeral Home and Crematory https://www.biermanfuneralhome.com.

## Mike Almen



Mike Almen, 77, of Northfield, passed away peacefully Monday morning, June 26, 2023, at Three Links Care Center in Northfield. Michael Allen Almen was born on February 6,

1946, in Northfield, Minnesota, to Nikolai and Helen (Baker) Almen. He grew up in Northfield and graduated from Northfield High School. He enlisted in the U.S. Army during Vietnam and was honorably discharged. Mike was married to Pam Lord in 1981. He worked for Herman Schiell (blacktopping), Sheldahl, spent some of his summers on the farm, and later worked as a handyman. They raised their three sons in Northfield and later divorced.
Mike was best described as a "travelling soul." He enjoyed the outdoors, fishing, working out, and entertaining those around him. Mike had a soft heart and was known to take in stray dogs and cats, whom he would quickly come to love and cherish.
He is survived by his children, Michael Lord of Winona, Nick (Jessica Mehan) of Dennison, and Chad (Colleen) of Northfield; seven grandchildren; six great-grandchildren; sister, Wanda (Jim) Yngsdal of Wanamingo; sister-in-law, Ileen of Northfield; many nieces and nephews; and ex-wife, Pam Almen of Northfield. He was preceded in death by his parent and brothers, Bob and Joe
A memorial service was held at 10:30 AM, Thursday, June 29, 2023, at Bierman Funeral Home in Northfield. Visitation was one hour prior to the service at the funeral home. Interment followed the service in Vang Lutheran Cemetery, Holden Township. A reception followed the interment at Vang Lutheran Church. Arrangements are with Bierman Funeral Home \& Crematory, Northfield. www.biermanfuneralhome.com

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## Dennison Days Set for August 4 \& 5

(continued from page 1)
Check out Darianns Bio at www.darrianleigh.com.
Saturday morning brings the Pancke \& Egg Breakfast hosted by the NerstrandDennison Fire Department and Dennison Lutheran Community Church under the tent.
City Wide Garage sales are also part of the days events.Just look around for the signs.
The Classic Car Show hosted by the Clutchmen Club will again be on main street across from the Fireside.
Other activities include Euchre, which will be at The Fireside Lounge this year, and the Truck and Tractor Pull on on the north side of town. The 5 K Run/Walk returns this year. Participants can sign up after 7 AM and be a part of a fun activity to help raise funds for the Dennison Community Lutheran Church and their outreach programs. The race kicks off at 8 .
For participating runners, a Free Breakfast is included that you may enjoy before or after the run. The Cow Milking Contest is at 10 AM , and this years special guests will be announced soon. Kids Bingo will begin about 11 under the big tent.
The Dennison Days Parade is at 12:30 PM, with a $\$ 100$ Prize for Best Float.
Afternoon events include a foosball tournament hosted by the 625 Bar and Grill, and the return of The Road Rally at $1: 30$


Dariann Leigh www.dariannleigh.com

The kids pedal pull will take place after the parade at 2 pm .
Gift Card and Purse Bingo under the big top at 3:30 PM, And the yet to be determined Game Sow at 5 PM
Again this year is FREE Saturday EVENING ENTERTAINMENT under the Mainstreet tent, with Variety Bank Wreckless taking the stage.(www.wrecklessband.com)
Remember to get your Raffle Tickets as well for your chance at the $\$ 500.00$ Grand Prize. Raffle Tickets are Available at Heritage Bank, Dennison Depot, Fireside Lounge, 625 Bar \& Grill, or any Lions Club Member
Watch www.dennisondays.org for updates.

## NH+C Audit Illustrates Post-Covid Health System Difficulties <br> (continued from page 1)

Northfield Hospital + Clinics President and CEO Steve Underdahl acknowledged the problems earlier this month. He said the hope

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## It Northfield Ir Hospital + Clinics

during the Covid-19 pandemic was that, when the dust settled, things would go back to the way they had been. However, that has not happened. While the demand for health care remains high, revenue is flat, and costs have skyrocketed due to labor issues, inflation and supply chain shortages. Underdahl said, while the organization has a strong enough foundation to weather a challenge like this, things have not gone the way he had hoped.
"This is happening all around Minnesota and all around the country. There's a there's a little bit of misery-loves-company solace, but not much. I think the good news for us is we've been a conservative organization and we've saved our money and we will navigate out of this. But it's a pretty stressful moment."
The organization is studying the problem and will take the rest of the summer to evaluate the situation. In the meantime, Underdahl said $\mathrm{NH}+\mathrm{C}$ intends to focus on the core services of primary care access, emergency care, surgery and obstetrics
Northfield Mayor Rhonda Pownell, who as a member of the council heard the audit presentation, said the results were not surprising, and she gave a strong vote of confidence to Underdahl and the $\mathrm{NH}+\mathrm{C}$ staff.

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## Community



By Laalitha Surapaneni, MD, MPH University of MN Medical School

More than 100 million Americans have dealt with poor air quality this summer due to wildfire smoke from Canada. Breathing in the smoke presents health concerns and may result in coughing, stinging eyes and headaches, according to the Centers for Disease Control
and Prevention.
Laalitha Surapaneni, MD, MPH, with the University of Minnesota Medical School shares the negative health impacts of wildfire smoke and how you can protect yourself. "Wildfire smoke is harmful to all of our health in varying degrees. If you're healthy, the effects are usually mild and temporary, like a runny nose, itchy eyes, sore throat, cough and headaches. Children and older adults are more likely to be impacted by wildfire smoke. Those who are pregnant are at increased risk for preterm birth. Wildfire smoke is especially harmful for those with chronic lung diseases and heart diseases. If you have asthma or emphysema, this can cause flare ups and trouble breathing that can land you in the hospital. Breathing in heavy smoke is also associated with increased chance of heart attacks, strokes and cardiac arrest. There are also mental health impacts to consider. Watching the sky turn orange or seeing ash fall from the sky can be stressful." "There are ways you can protect yourself and your family from the health impacts of wildfire smoke. First, limit time outdoors. On heavy smoke days, consider distance learning and work from home, if that's an option. Avoid exercise outdoors. If you do have to go outdoors, wear a well-fitting N95

mask. Additionally, create a clean air room in your house. This should be a room with well-sealed windows so smoke cannot get in. Make sure there are no other sources of smoke-like cigarette smoke or incense - in that room either. You may also want to use a high efficiency portable air filter, like a HEPA filter.'
Vishnu Laalitha Surapaneni, MD, MPH, is
an assistant professor at the Medical School and a hospitalist at the M Health Fairview University of Minnesota Medical Center. She specializes in climate change and its impact on human health. Dr. Surapaneni works with community organizations to advocate for just climate policies and has provided expert testimony at the Minnesota State Capitol on the public health impacts of climate change.

## The Circus is coming to Dennison August 2

continued from page 1)
Our performers are sure to amaze, delight and entertain the audience members of all ages beyond your wildest imagination.
Advance Tickets Prices
Adult Ticket - \$13; Child (2-12) or Senior (65+) - \$8
Advance tickets can be purchased BEFORECircus Day from these locations:
Heritage Bank Dennison
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Fireside Lounge \&Supper Club
Parkside General Store -Nerstrand
A higher percentage of advance tickets goesback to the sponsor, meaning more money backinto your community! You'll also save moneyand can skip the lines at the box office!


## Minnesota DNR to Require Nontoxic Ammunition for State Park Special Deer Hunts, 56 SNAs That Allow Hunting

People participating in special hunts in state parks and recreation areas or hunting in those scientific and natural areas where hunting is allowed, will be required to use nontoxic ammunition starting this fall. Peatland SNAs are exempt from this requirement. Due to shortages in certain ammunition types, this requirement also will not apply to state park
youth deer hunts in the shotgun zone if hunters remove all parts of harvested deer, including the entrails.
State statute provides the highest level of protection for natural resources, including wildlife and natural features, in state parks and SNAs. Hunting is not a primary purpose of state parks and SNAs, and is only allowed if it is consistent with or helps advance the management of natural resources on these lands. Deer hunting is allowed through commissioner's order or state statute on SNAs, and state park special hunts require a special use permit. State parks and SNAs account for less than $10 \%$ of DNR-managed lands in Minnesota.
Requiring nontoxic ammunition will help protect species from lead poisoning - such as eagles, ravens, hawks and bobcats - that might ingest ammunition or feed on deer gut piles. Lead poisoning can cause neurologic impacts to wildlife, leading to injury and death. Additionally, use of nontoxic ammunition will protect the environment of these sites from lead leaching into the soil and waters via gut piles or spent ammunition remaining on site.
Nontoxic ammunition includes bullets, slugs, muzzleloader ammunition and shot

## Concert with Stones Cry, August 6th, 2:30 PM at Gol Lutheran Church in Kenyon

The music will include worship and inspirational songs in an easy listening style. 1999 was the beginning of "Sound Of The Trumpet" and is now "Stones Cry." The inspiration for the new name comes from Luke 19:40.
The ministry now consists of Joel Finnesgard, his wife (of 33 years) June and their children Joy (17) and Josiah (15). Joel is still playing the trumpet as well as electric guitar and keyboards. June is on drums, percussion and some singing. Joy is providing lead vocal along with acoustic guitar and keyboard. Josiah is playing the bass, some hollow body 12 string electric guitar and singing
The Finnesgard family has lived in the Kenyon area since Kittel Finnesgaard moved to Holden township, from Gol, Norway in 1858. Kittel homesteaded his farm just half a mile from where the Gol Lutheran Church now stands and was very instrumental in establishing the church here. Kittel's daughter Annette was an organist and vocalist at the church for many years and donated the first electric organ to Gol Lutheran Church. One of Kittel's grandsons was also a well know choir director at the church. Their musical talents have continued through the years.
Joel is the grandson of Edwin Finnesgard who moved from Kenyon in 1906 to homestead in northwest North Dakota. The Finnesgards enjoy sharing this ministry throughout much of the country. Most winters find them in the southern half of the country and other regions during the rest of the year. More information, video, audio and concert dates can be found at www.stonescry.net. You can also follow them on Facebook at Stones Cry and Instagram @ stonescryofficial A free-will offering will be received for Stones Cry. There will be root beer floats served after the con-


Stones Cry
cert. Gol Lutheran Church is located one mile west of Kenyon at 1500 Highway 60 Boulevard.


that do not contain lead. More information is available at the Minnesota DNR's non-toxic ammunition webpage.
Hunters who plan to participate in state park special hunts, or hunt in an SNA where hunting is allowed and nontoxic ammunition is required, should purchase their non-toxic ammunition early to ensure they have it in time for the hunt in which they will participate.
Hunters in Minnesota who do not wish to use nontoxic ammunition have abundant options for hunting in locations with no ammunition restrictions, such as wildlife management areas and state forests
The Minnesota DNR also continues to en-
courage the use of nontoxic ammunition and tackle on all Minnesota lands and waters.
To learn more about state park special hunts, including how to register, see the special hunts section toward the bottom of the Minnesota DNR's deer hunting webpage. To learn which SNAs allow hunting, visit the SNA rules website.
For questions about the above information or other DNR-related topics, contact the Minnesota DNR Information Center at info.dnr@state.mn.us opens in a new browser tab or 888-646-6367 (8 a.m.-8 p.m. Monday through Friday, 9 a.m.-1 p.m. Saturday).

#  

Denkisan Days
Clutchmen Inc. Presents


August 5, 2023

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## Local Investments Make Small Towns Thrive <br>  <br> Tim Penny <br> So. MN Initiative Foundation

Imagine being a kid in a small town in Minnesota who, more than anything, wants to dive into the city pool with their friends to escape the summer heat - but their family cannot afford the pool pass. This very situation is what prompted the Wabasha Kellogg Area Community Foundation (WKACF) to start offering free pool passes for all area youth. This initiative kept the pool open, created a space for children to play in the summer and it provided an opportunity for locals to give back to their community. This is just one of many examples of why Community Foundations are a key ingredient to small town
growth and vibrancy.
At Southern Minnesota Initiative Foundation (SMIF), Community Foundations are one of the cornerstones of our Community Vitality focus area. SMIF supports 31 Community Foundations - from St. James and Montgomery to Preston and Pine Island - by providing the administrative and 501(c)(3) infrastructure. Additionally, SMIF provides the volunteer boards with training opportunities and is always on hand to answer questions and guide them as they work toward meeting their philanthropic goals. Over the years, SMIF has also contributed more than $\$ 894,061$ in matching grants to these foundations.
The free pool pass project that WKACF supports is one of many projects that SMIF's Community Foundations have invested in over the years. Many memorable and unique local festivals count on foundation funds. For example, the Lanesboro Area Community Foundation provided grants to Buffalo Bill Days and Rhubarb Fest recently, as well as funding for several artistic opportunities in their community for music, artist demonstrations, and a grant to the public school for visual arts classes.
The Harmony Area Community Foundation supports a summer initiative of "No Child Left Inside". Several grants were given recently to help provide activities to local youth at no cost. During the annual Canton Day Off Event, kids will have the chance to explore a state-of-the-art obstacle course of inflatables with a progressive agility course. Harmony has also contributed greatly to one of the first

Splash Pads in our region. They continue to add to it as an inclusive place for families to cool down on hot days. These are only a few examples of the many ways that our foundations are enhancing the joy of summer.
In addition to summer fun, our foundations have helped fund food shelves, Veteran's memorials, downtown enhancement projects, farmers' markets and annual scholarship programs. During the early days of the pandemic, Community Foundations became a vessel for supporting local businesses and organizations. The versatility of these foundations allow them to leverage resources wisely to respond to the unique needs of their town. Author of Boomtown USA, Jack Shultz, said it best - community funds are one of the keys to small town success. The 31 Community Foundations under SMIF's umbrella have invested $\$ 6.8$ million into their communities since the program began in 1991.
Community Foundations provide a platform for individuals, families and businesses to make meaningful contributions that directly impact their communities. By fostering a culture of giving, these foundations instill a sense of ownership and pride, em-

powering residents to shape their own future. I encourage you to look up your nearest Community Foundation
at smifoundation.org/community-foundations. Contact Andi Arnold, SMIF's Community Foundation Coordinator, at andia@smifoundation.org or 507.456 .5593 with questions about this program.
As always, I welcome your comments and questions. You can reach me at timp@smifoundation.org or 507-455-3215.



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Non-Denominational Church Servic
8 am

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- TRACTOR PULL-Sunday 9 am, Registration 7 am
- RAFFLE TRACTOR DRAWING - SUNDAY 4 PM


Raffle Tractor Tickets Available on Site ${ }^{\text {nt }}$ Prize - Ford Tractor or $\$ 2000$ cash $2^{\text {nd }}$ Prize-Ford Pedal Tractor $3^{\text {rd }}$ Prize- $1 / 16$ scale Ford Tractor



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 ${ }^{2}$ creww 16 Bor \& Hoist, Tarp 96 Mack Day Cab Semi, 350 hp .
 ' 89 Kenworth Day Cab Semi; Wesfrield MK 13 " xq ' Swino Hopper
 Auger. DMC Air System 1700. $5^{" L}$ Lock 40hp3 Phase, 400
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Start, SN 48122 ; ID A High Crop. Restored. Electric Start Power Start, SN 48122; JD A High Crop. Restored. Electric Start Power
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601 Work Master, 3 Ppt. PTO; Case 1070 Diesel, 5506 Hrs $184 \times 38$ 3pt. PTO; JD 40 -W Uvitity. 3pL, Gas; Farmall B, NF, Gas Bett

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## Community

## What Is Your Soul Calling



By Susan Hinrichsen, CHC, CLC, MC

Over the last few articles, we talked about how science is now finding that we are more than what we have been told about who we are and what we are capable of doing and/or accomplishing in our lives. The research in quantum science is showing that our health and wellness is more than just diet. That our thoughts, feelings, and emotions contribute to our health and that everything is connected, and you are connected to everything.
We live in a world that is rushing around, scrambling to get our kids to school, get to work, driving through construction, watching the clock, all to get to work on time. Whether it is an office job, or a service job, we live under stress and pressure every day of our life. This stress and pressure builds up within our body and this in turn makes our body work harder and expend more energy to rejuvenate our cells while sleeping. Some people may not sleep very well and that compounds the
ability of your body to do its job of healing and rejuvenating.
Since the pandemic, everything in our lives has turned upside down, and this has brought to the surface, along with the stress and pressure, fear. Everything around us has a narrative of fear built into it. Fear of our economic system, fear of our place in society, fear of the future, fear of the past or change, fear of what humanity has been through and fear of what is next. Our lives are wrapped in fear. Society has been conditioned to believe we are insignificant, powerless, and helpless, and that there is nothing significant about life, but life is creation at its finest and it is divine. We were not designed to live in fear, nor were we designed to be separate from one another. Fear can be paralyzing to the point where you don't even associate together that the issues you may be having around things, experiences, change, your career, relationships and the environment have been almost normalized into our daily lives.
During these post-pandemic months, people are now finding that they have an inner drive or push and are feeling they should be doing something different in their life, career, or for others. They have an inner knowing that there is more they are supposed to accomplish. I call this a "soul calling." Maybe you know what it is that you want to do or have an idea about it, or maybe you are not sure. This "soul calling" is very strong. As you start to look for the answers you come across something, a video, a podcast, a person, an article that brings a spark of light into your heart. You follow along and want to make a change or a move forward, but you don't do anything. You sit and contemplate. You feel you have good reasons for not doing
what it is you want to do but yet you are still having that "soul calling" that says do it, or just try it. Fear stops you from moving forward because it requires you to "do" something different or to "be" something different, and this is frightening. We start to think of ourselves as not worthy of being more. "Who would want to hear what I have to say, I'm a nobody?" "Who would want what I have created or want to create?" We start to have thoughts that say we do not have what it takes, we are not enough of a mom, or artist, to do, or be, what our soul is calling us to create. I want to encourage you to follow your "soul calling" even if it is baby steps. You can create, and be anything in this life that you want, you just have to believe you can. ("Where your thoughts go, energy flows," past article.)
If you look at your limiting beliefs and figure out what they are, what holds you back from being the best version of you, these beliefs usually have something to do with love, safety or belonging. These limiting beliefs can also be beliefs of others that you have accepted as your own, maybe they came from our parents, or an experience you had when you were a child and could also be subconscious beliefs.
The more we look within ourselves we will find the answers to what we need to know. The more we look within, the more we can find who we really are and what we know to be true of ourselves. By answering the question of "who am I," enables a person to stand in their own sovereignty no matter what comes their way. I am not saying it is going to be easy, but you will be able to stand in your own truth and knowing.
We live in a time that is evolving and ex-
panding at a fast pace and this is difficult to process and understand. The better we know ourselves the more empowered we feel, and by feeling more empowered, we become even more clear of who we are. The more you are in alignment with who you are and your beliefs about life and yourself, the healthier you become and the more joy you have in your life. Right now, the world is shifting into a new age and needs YOU and everything that you have to offer. You are the bridging generation for the new generation because you are living in both generations. "You" are important!
If you are wanting to find "You" again and overcome what is holding you back from creating the next best chapter in your life, schedule your complimentary "Seeking Your Next Chapter Discovery Session" at susanhinrichsen.com and while your there download your copy of my "7-Day Workbook" at no cost to you. If you have any questions, you can email me at susiecoaches@gmail.com.
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Friends and neighbors,
Minnesota has long been known for its thriving agriculture. Farming is a pillar of our economy thanks to the state's fertile soil and farm-friendly climate. The majority of farms here are small, family-run operations that define many rural towns - in fact, more than $85 \%$ of Minnesota farms are individual or family-operated. Some exceptional families have worked the same land for over 100 years. Both the State Fair and Farm Bureau celebrate these century-old and 150 -year-old farms, which exemplify Minnesota's proud farming traditions.
One of these Sesquicentennial Farms is located here in our district: The Sommers Farm in Northfield, which has been in operation since 1872. Last year, the proprietor, Ronald Sommers was inducted into the FFA Hall of Fame for his work.
The Sesquicentennial Farm designation is reserved for a rare and special group of farms that have remained in the same family for 150 years or more. To qualify, the farm must be at least 50 acres in size and actively involved in agricultural production. Just imagine - these families have nurtured the same land through the Civil War era, two World Wars, the Great Depression, and every other national and global event over the past century and a half.
This year's honored farms showcase Minnesota agriculture at its best. Their 150+ years of hard work and dedication show how family farms can thrive through generations. Imagine the challenges they must have faced over the years to keep their land productive! Their success inspires community pride in Minnesota's agricultural heritage.
Congratulations again to the Sommers Farm. As we celebrate their history, we also wish them continued prosperity in the future.
Sincerely,
Bill

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DUNDAS CITY COUNCIL
REGULAR MEETING MINUTES
Monday, July 10, 2023
7:00 p.m. City Hall
Present: Mayor Glenn Switzer Councilors Ashley Gallagher, Luke LaCroix, Luke Swartwood, Grant Modory
Staff: City Engineer Dustin Tipp, City Administrator/Clerk Jenelle Teppen

## CALL TO ORDER

Mayor Switzer called the meeting to order at 7:00 p.m. A quorum was present. APPROVAL OF AGENDA
Motion by Modory, second by Swartwood, to approve the agenda. Motion Carried Unanimously (MCU)

CONSENT AGENDA
Motion by Modory, second by Swartwood, to approve the consent agenda as follows:
Regular Minutes of June 26, 2023;
Disbursements - \$97,298.58 MCU
REGULAR AGENDA

- Consider Approving Quotes and Awarding Contract for the Site Grading of the Public Works Cold Storage Building
Motion by Modory, seconded by Gallagher to approve the quote and contract for the Site Grading of the Public Works Cold Storage Building MCU
- Consider Approving Change Order No 1 2023 Sanitary Sewer Cleaning and Televising
Motion by Gallagher, seconded by Swartwood to approve Change Order No 1 Sanitary Sewer Cleaning and Televising MCU
- Consider Approving Ordinance 2023-04 Amending City Code Chapter 93 Fire Prevention and Protection of the Dundas City Code
Motion by Swartwood, seconded by Gallagher to approve Amending City Code Chapter 93 Fire Prevention and Protection MCU
- Consider Approving Ordinance 2023-05 Amending City Code Chapter 52.31 Lawn Sprinkling; Irrigation Ban
Motion by Gallagher, second by Swartwood to approve Amending City Code Chapter 52.31 Lawn Sprinkling; Irrigation Ban MCU REPORTS OF OFFICERS, BOARDS

AND COMMITTEES
City Engineer - Dustin Tipp
Tipp reported that the Pedestrian Crossing Signs Hester and 1st Street were installed and that City staff is working with the contractor who paints the crosswalks and curbs to repaint various locations including the crosswalk at Hester and 1st St.

City Administrator/Clerk

## Jenelle Teppen

Teppen reminded the City Council of the Northfield Area Chamber luncheon on July 19 that will feature Dundas updates and activities.

## ADJOURN

Motion by LaCroix, second by Gallagher, to adjourn the meeting at 8:09 p.m.
Minutes prepared by Jenelle Teppen,
City Administrator/City Clerk

##  the one

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## Changes in Latitudes, Changes in Attitudes Model Rockets



By Terry Campbell
This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when its warm here and Tennessee when it's cold here.

Most of us who grew up in the 50's and 60's were fascinated with rockets. From the sci-fi shows and movies, to JFK promising to put a man on the moon, it seemed like such an exciting future.
Somewhere in the late 50's model rockets became popular. They consisted of a cardboard tube and a dry fuel rocket engine. A balsa wood nose cone at the top and three or four fins on the base that you could paint to look really cool. The nose cone was attached to the main rocket body and a parachute. When the rocket engine was done burning it would ignite a charge that blew the nose cone off and a parachute allowed it to float back to earth gracefully. In theory you could repack the chute, replace the spent engine and launch it again for hours of fun. That was the point where, theory and practice parted ways.

My friend Jim Engvall was the first I remember to get into model rockets. One day in Mr. Wavra's science class we all hiked out to the football field and set up the rocket launcher. It was a textbook launch. A lantern battery was connected to the launch button and the launch pad. A small gauge wire was folded in half and inserted into the rocket engines with alligator clamps to energize the ignitor. A second or two after the launch button was pressed a flame shot out of the tail of the rocket and away it went. Straight up until it flamed out, and then a poof of smoke and the chute deployed. It slowly drifted back to earth. Unfortunately, there was a strong wind out of the west a few hundred feet above terra firma and we all watched the rocket come back to earth and disappear somewhere to the east of the rail road tracks, at least a half mile from where we were standing. Mitch Frederick and I got permission to take the next hour, which was our study hall, to go looking for the wayward rocket. We never found it but we did get to skip an hour of school, so that was a definite plus for us.
I was hooked so I ordered some model rocket kits and engines from Estes Model Rocket company in Colorado. They had a great catalog of every style of rocket one could imagine. This was the year of the moon landing and they sold a great Saturn V rocket, complete with three stages. At halftime during a bowl game at the Houston Astrodome on December 31, 1969 they launched one of

these in front of a sold-out college football crowd. It was perfect, the rocket performed flawlessly and deployed the chute right under the top of the dome, slowly returning to earth buoyed by the parachute.
My mother wasn't quite as keen to the idea of me launching rockets though. I built and painted the rockets and stored them in my bedroom. Most of my rockets were single use, never surviving their maiden flight. I recall we found one hanging from a tree in the wood while we were squirrel hunting in the fall. My mom finally told me I had to store the rocket engines outside in the farm shop. I guess she had trepidation about me storing rocket fuel in my bedroom.
So, one day my friend Gary Runner was over and we were thinking up things to do for fun. Launching a rocket seemed like the thing to do. We thought if we launched it out in the field, we could avoid any trees on reentry. But we discovered that model rocket engines were sensitive to humidity in the farm shop and the little lantern battery would not ignite the engine. So, I got the John Deere with a 24 volt battery system and enough amps to fry anything. We stuck a 17gauge electric fence wire into the engine and connected directly to the tractor battery terminals. Model rocket engines which have been impacted by moisture do not burn as uniformly as intended and when that bird took off it was not tracking the way I expected. In fact, before it got fifty feet in the air the rocket made and arc and headed back toward us like a boomerang. Gary and I dove for cover. The rocket hit the dirt and burned out before our eyes. My space dreams were crushed and I figured it would be safer if I stuck with farming.

## A Minnesotan: Fireworks



By RosaLin Alcoser
Fireworks are my favorite part of the 4th of July celebration. The large burst of glittering colorful explosions soaring up into the sky are always breathtaking; and extremely loud.
I've watched fireworks displays in a couple of different ways over the years. I've had years where we've watched them go off over the lake. One where they were set off on the porch while we were on that same porch. And others where I saw the whole display through the lens of my camera which was a lot less exciting than watching them without looking through the small viewfinder.
Back when I lived in southern Missouri I was able to watch fireworks while driving home. Mainly because unlike Minnesota

Missouri has much looser laws around fireworks. Meaning that people in the city could just set off as many of
 whatever kind that they wanted off in their yards; including some that if seen in Minnesota would have come from Wisconsin.
Driving through people setting off fireworks left and right is both really cool and really scary at the same time. It's amazing because you're just surrounded by a massive display of explosions causing the sky to be constantly lit by colorful sparks. Which is also scary because you are surrounded by a massive display of explosions that can make it hard to drive as the sky is in a constant state of being blindingly bright then suddenly dark for half a second. This is an experience that I have only ever experienced in Missouri.
The last two years I have watched the fireworks from my Twin Cities apartment which is definitely a different experience. Mainly due to there being far less on official firework displays going on in the middle of a Minnesota city then there are in the middle of one in Missouri. There were a couple of people setting them off at home far off in the distance that I could kind of see from my window and a couple glimpse from the official displays in the park.


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THEME．INDEPEN ACROSS
1．Kind of illusion
1．Kind of illu
9．Island near Java
13．Old West pack animal
14．False statement
15．Opposite of atonal
16．Hailing from the East
17．Supply with weapons
18．＂$=$ death do us part＂
19．＊Frank
21．＊Popular celebratory get－together
23．Many，many years
24．Scott Hamilton＇s＂court＂
25．Gross National Product
28．Abundant
30．Bantoid language
35．Bakery unit
37．Cutlass maker
39．Two in eighteen
40．Milk＇s favorite cookie
41．Muslim ruler honorific
43．Hyperbolic sine
44．Iranian money，pl．
46．Nancy Sinatra＇s boots 47．Fill to satisfaction 48．＊Certain Doodle 50．Argo＇s propellers 52．Feather glue 53．Give temporarily 55．Porridge grain 57．＊Roman firework 60．＊＂The Star－Spangled Banner＂ 63．Opposite of ne
64．Glass margin
66．Continental money，pl． 68．Opposite of \＃17 Across 69．Go for the gold 70．＂Silas Marner＂author 71．Mexican money 73．Down and out

## DOWN

1．＿＿constrictor，anagram
2．Word on a door
3．Duet plu
5．Large California bird
6．Smelting waste
7．Stuff of inflation
8．Adagio and allegro，e．g．
9．German city on Rhine river
10．Con
11．Not of the cloth
12．Down with a bug
15．someone＿＿＿bed
20．Satirical publication，with The
22．Calligrapher＇s purchase
24．＊＂From the＿＿＿forest to the Gulf Stream waters＂ 25．＊Old
27．Hymn of praise
29．＊Popular decoration
31．＊＂Rockin＇in the USA＂band
32．Certain church member
33．Yiddish busybody
34．Theater guide
36．Kind of rock
38．Heroic tale
42．B on Mendeleev＇s table
45．＂Where＿＿＿is heard a discouraging word．．．＂ 49．Sushi restaurant staple
51．Shiny cotton
54．High－strung
56．Car rack manufacturer
57．Charlie Chaplin＇s prop
58．＇Oh，my！
59．Agrippina＇s slaye
60．＂I＇ll second tha
61．Great Lake
63．Sne of mind
63．One in a litter
65．＊King George

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