laremont nger ** CLAREMONT MINNESOTA JULY, 2023

Postal Customer **ECRWSS**

Volume 4 • Issue IO

From Teacher to Barbeque

By Cheri Roshon

It seems to me that a lot of restaurants and local entrepreneurs have gone mobile with their specialties. Food trucks are appearing more and more at local festivals and on city streets, showcasing their wares and tantalizing our tastebuds with delectable specialty foods.

One Dodge Center local, Nate Hamm, is one of the new kids on the block.

Nate owns and operates HammerQ, a BBQ pork, shredded chicken, and brisket wagon that serves up generous portions of meat and sides.

(continued on page 4)

CITY OF CLAREMONT **CITY COUNCIL MEETING** TUESDAY, JUNE 6, 2023 7:00 P.M.

Pursuant to due call and notice thereof, a regular City Council meeting was held on Tuesday, June 6, 2023, at 7:00 p.m. at Claremont City Hall.

Members present: Mayor Tasha Dahl, City Council Members Jacob Klejeski and Krystal Sultze. Members absent: City Council Members Hunter McGovern and Deb Ellis.

City staff and others present: Interim Administrator Clerk Elizabeth Sorg, Maintenance Director Casey Dahl, City Attorney Mark Rahrick, City Engineer Derek Olinger, CEDA Specialist Jennifer Howard, and Russ Mosley.

The Pledge of Allegiance was recited. (continued on page 20)

Hogfest 2023

Hogfest returns to Claremont on August 4th through 6th. Friday August 4th will kick off the event with beer sales and food vendors opening at 5pm. This year the food trucks include Bummy's BBQ, B J's Sweet Treats, Compadre's, Mrs. A's Snowy DayZ and Twisted Barrel Pizza. Chick-fil-A will be there on Saturday only and Mrs. Patty's Sweet Treats on Saturday and Sunday. Garage sales will be held through-out the city all weekend.

At 5pm Friday the outhouse races will be held and at 6pm garden tractor pull commences. The medallion hunt also begins at 6pm with the first clue. A street dance will start at 7pm with "Them Pesky Kids".

On Saturday there will be breakfast burritos from 8 to 11am. A bake sale is from 8am to 1pm. A craft sale will be held from 9am to 5pm. Antique tractor pulls start at 9am. There will be a Bloody Mary bar from 9am to noon and beer sales start at 10am. Coins in the sand will be held at 10am and a Rad Zoo is open from 10am to 1-m and a petting zoo is from 10am to 2pm. The silent auction starts at 10am and closes at 4pm. Face painting is available from 11am to 1pm and the food vendors open at 11am and stay open until 11pm.

A bean bag tournament starts at noon Saturday and for the kids there is Yammy Bear from 1:30 to 3:30pm and Rookie the Clown from 2 to 4pm. A free gaming trailer is open from 2 to 6pm. The mud bogs start at 3pm and sweet corn and pork feed will be held from 4 to 7pm. Silent auction winners will be announced at 6pm and a street dance with the Danglers starts at 7pm.



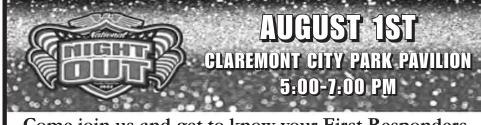
On Sunday August 6th there will be a pancake breakfast from 8am to noon. A car/bike/ antique tractor show will be held from 8am to noon as well. The craft sale and food vendors open at 9am and beer sales start at 10am. There will be a parade at 1pm with a fireman's water fight following. Most activities will end by 2pm Sunday.



Dodge County Tractor and Quilt Show

Dodge County Historical Society Summer Fund Raiser is upon us! On Sunday, July 30th DCHS will be hosting an open air Vintage tractor and garden quilt show at 20921 602 street, Wasioja, Mn from 10:30 to 4 pm. There will be live music and entertainment by the Onion Creek Cloggers, and a traditional blacksmithing exhibit with Zach Wilcox at the helm. Demonstrations of a vintage threshing machine and a PTO driven 5-foot chain saw that was manufactured in Claremont, Mn will be on display, as well as 100 vintage and contemporary quilts made by local quilters.

(continued on page 3)



Come join us and get to know your First Responders, Fire Department and Sheriff's Department

Sponsored by the Claremont Area Chamber of Commerce

Serving free hot dogs and root beer floats!

Claremont Area Chamber of Commerce Pork and Sweet Corn Dinner

Saturday, August 5th, 2023 • Claremont City Park Pavilion 4:00-7:00 PM







Pork sandwiches, sweet corn, chips, watermelon, cookies and drink. \$10.00 a plate - kids 5 and under free Come support your Community at Hogfest

Claremont Messenger: Phone 507-951-7417 • E-mail: hometownmessenger@gmail.com • Box I, West Concord, MN 55985

Religion

- CLAREMONT MESSENGER -

Freedom in Christ

Freedom: Miriam Webster says, "1: the quality or state of being free: such as a: the absence of necessity, coercion, or constraint in choice or action, b: liberation from slavery or restraint or from the power of another, c: the quality or state of being exempt or released usually from something onerous, d: unrestricted use" all belong to the first definition of freedom.

For followers of Christ, we have freedom: freedom from sin, eternal death, guilt, and freedom to choose- as we live the spirit-filled life that Jesus calls us to live. We also have freedom from empty and meaningless traditions and 'rules' that have no bearing on our faith in Christ. Being free in Christ - real freedom - means seeing things clearly. It means knowing who you are and what God has done for you in Christ. It means loving and obeying Him with the full assurance that God will make good on His promise, and you will spend eternity with Him. This kind of freedom doesn't come by living however you want or "picking and choosing" what laws to follow; true freedom comes from believing and obeying the gospel.

Freedom doesn't mean we can do whatever we want- without thinking about others. Freedom in Christ- is freedom to choose that which is best for others and ourselves- choosing to put Jesus first in all things- Loving God and Loving people- not just doing what we want because we have freedom.

Paul wrote in chapter 8 of 1 Corinthians. "But while knowledge makes us feel important, it is love that strengthens the church. 2 Anyone who claims to know all the answers doesn't really know very much. 3 But the person who loves God is the one whom God recognizes. . . 6 But for us, there is one God, the Father, by whom all things were created, and for whom we live. And there is one Lord, Jesus Christ, through whom all things were created, and through whom we live. . . . 9 But you must be careful so that your freedom does not cause others with a weaker conscience to stumble."

Paul addresses the attitudes- the heart issues. The Corinthian church had been struggling with humility and obedience. Proverbs 12:23 says, "The wise don't make a show of their knowledge, but fools broadcast their foolishness." and in Proverbs 26:12 "There is more hope for fools than for people who think they are wise." Paul states, we all know—not just the "most enlightened or most knowledgeable" but all the believers in the faith know that an idol isn't really a god. They've come to believe in the one true Godand Jesus Christ his Son and the person of the Holy Spirit- The one triune God- maker of heaven and earth. The one that redeemed them at a great price. They know that in their hearts- but they may continue to struggle with old habits, old traditions that have been ingrained in them. They must re-train their minds and thoughts to following Jesus Christ and living for Him. It's all new to them- and they are still learning.

Let me give an example: Playing cards

used to be a big 'no no' in the Wesleyan church. I had been brought up Lutheran and I grew up playing cards- I grew up playing 500, rummy, crazy 8, and I learned how to play hearts at church- waiting for confirmation class to begin. So, when we had cards in the youth room at the Wesleyan Church and played games, I never even thought that it could be an issue. Then one Saturday cleanup day- I didn't make it to help clean the church- but some of the older ladies took it upon themselves to clean the youth room for us. I was surprised to find that all our playing cards had been removed and thrown away! I spoke to the pastor and find out the whys- and not to worry- we had his and the church's permission to have playing cardsso the church purchased us some new ones. After that, I just made sure that I was there on cleaning day from now on!

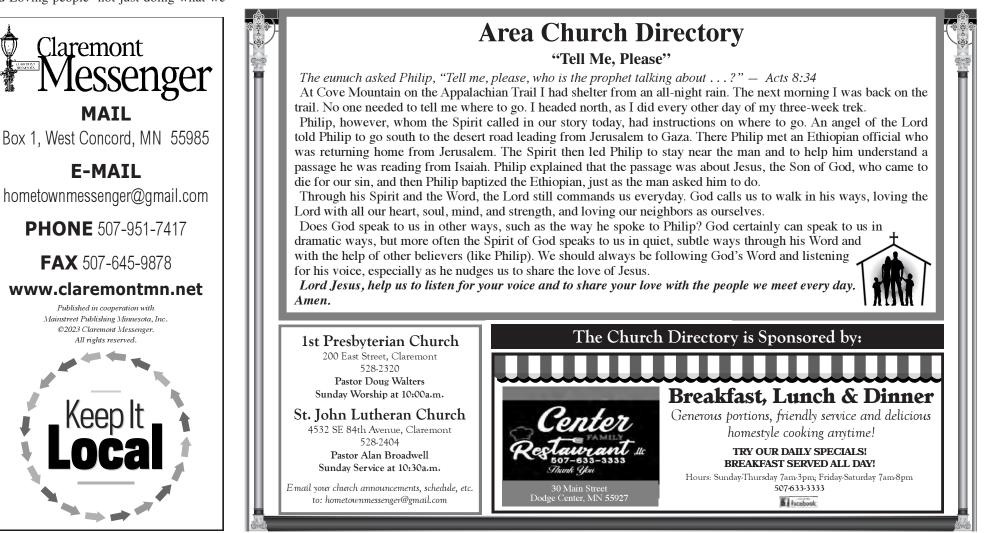
The ladies were only doing what they thought was right- even if it really wasn't a sin issue. Like Paul said, "some are accustomed to thinking ... this way." That's how they were brought up. We can't always solve every problem with logic. A child who is afraid of the dark is not assured by logical arguments. We need to understand that knowledge can be a weapon to fight with or a tool to build with, depending on how it is used. Our Freedom in Christ must be balanced by Love. As Christians, we are commanded often in Scripture to build one another up. The author of Hebrews said, "...let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day

drawing near." (Heb. 10:24-25)

We must be careful so that our freedom doesn't cause a weaker- a newer believer to stumble. Jesus gave us the example to followwe are to do as He has done. We aren't more enlightened than He was. He is patient with each of us and sees our mistakes, our sins, our screw-ups and instead of telling us how awful or stupid we are- he gently corrects, guides and continues to love us. Paul writes that we are not to be a stumbling block to others. This doesn't mean that we must pamper those who are weaker in the faith, it means that our goal should be to build them up and help them grow rather than demanding our rights. Our Freedom must be balanced by love. We are free in Christ, but we must take care that our spiritual knowledge is balanced by love, and that we do not tempt the weaker Christian to run ahead of their conscience.

As part of the Body of Christ, it is always our goal to strengthen and respect each part of that body that we are a part of. In doing that Jesus will be glorified and that the body (the church) will be built up to unity and strength. As we interact with others, we must balance our knowledge with love so that others might be built up in the Lord.

As believers in Christ- we love God with all of our passion in all areas, and we love people. People get first preference- not our own agenda or our own freedoms. When our freedom crosses over someone else and causes them to get off track- we are abusing our freedom. Our freedom in Christ must be lived out in love. The way we relate carries great weight, so relate in love!



Community

- CLAREMONT MESSENGER -

Dodge County Tractor and Quilt Show

July, 2023

(continued from page 1)

I spoke with Jean Bartel, President of the Society about the show. "We are encouraging vintage tractor enthusiasts to bring their own tractors to be on display at the show. If you are interested in joining us, please call the Historical Society at (507) 635-5508 and leave a message. This promises to be a showcase for old time agricultural practices."

There will be vendors and food being served, and the buildings will all be open to explore as well. The Blacksmith demonstration will show how important smithy's were back in the day. Every town had it's own blacksmith to forge everyday necessities like nails and horseshoes, as well as decorative and functional items for the homes.

Jean has been the President of the Society for the last 3 years, and has been instrumental in many fundraisers. " We are all volunteers, and are financially sustained by our fundraisers and the generous donations from our visitors. We are able to do so much more with our community's support."

Annie The Intern was present as well, and she added," If you are interested in the history of this area, please stop in and learn about the heritage and history of our county. There IS more than just agriculture here!" Civil war involvement, Norwegian and Swiss immigrants, and those of European descent can all be found in Dodge County.

The museum has recently been revamped to include pictures and objects of the period. They are inventorying and cataloging all the items in the collection on a weekly basis. They move the items around to protect the integrity of them and change out the displays so that every time you stop in, they will have different displays of the period for you to enjoy. Important documents such as land deeds are placed in protective archival sleeves to preserve them for generations to come, and stand the test of time. They change things annually so every new summer season there will be new things to discover.

Volunteer Curator Linda Jerviss would like to thank the people who care enough about the history this area for donating their family treasures to grace the walls and show visitors more of the past. So, come on in and see if you find any of your family history, or donate some of your own family treasures to be preserved for all time. In any case, a trip to the museum will leave you in awe of life in the past era.

As you can imagine, they are always looking for volunteers to help with the various tasks and adventures they encounter on a daily basis. Computer help, handy man duties, helping with displays, logging the collections, or just helping keep the place tidy are all jobs you can do! Or, if you have an expertise not mentioned that you want to share, they need you!

See you at the show!



Free Community Fun Day Menu: Hot dogs, chips, applesauce, cookie Take Out Available Bounce House, Petting Zoo, Cotton Candy, Music 🥯 Wednesday, July 19th 🂚 Event: 3:30-6:30 p.m. • Food: 4:00-6:00 p.m. (or until gone) FREE Fidget Quilts and Shawls Dodge Center United Freewill donations will go to: Methodist Church Ready, Set, Learn Program of Dodge County 20 1st St. NE, Dodge Center providing school supplies to resident children **McMartin Electric Inc.** Industrial Trenching Residential 507-528-2578 Commercial Agricultural 64005 130th Ave. Wiring or Rewiring Claremont, MN 55924 **Bucket Truck Service**

Repairs or Troubleshooting Electrical Design and Design Builds All are welcomed to a free Christian Book Study via Zoom on "You Are Never Alone" by Max Lucado, offered by Pastor Chad Christensen and Trinity Lutheran Church, West Concord. Second Thursday of each month,

beginning August 10th and into the fall, at 6:00pm (one hour). Call or text Pastor Christensen at (507) 517-4160 with your email address to enroll. This study is particularly for those who are unable to get out on a regular basis or are homebound. But the study is open for all to participate.





507-273-9530

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Community

- CLAREMONT MESSENGER -

From Teacher to Barbeque

(continued from page 1)

The sides he carries are cheesy corn, smoked mac-n-cheese, loaded potato salad, coleslaw and midnight beans, a specialty side of smoked beans that sell out fast!

How did this idea originate? I spoke with Nate after sampling the BBQ pork sandwich which was awesome, to get the history on his new venture

"In 2011, I went to Kansas City with some friends, and we sampled several BBQ restaurants, I became obsessed with smoking meat. Two weeks after I got home, I had my first smoker. Now I have 15! As an avid griller, I watch BBQ cooking videos and do a lot of smoking for my friends and family. I started making my own rubs and sauces, and love experimenting with new flavors."

A few years ago, Nate decided to retire from teaching Health and Phy Ed in Kasson, and change occupations, focusing on his love of BBQ. He wanted to follow his passion and do something different after 20 years in the school system. He purchased a trailer, designed it, and the rest is history.

I looked up some information on food trucks to get some info on public opinion. When asked what aspect is the most likely to influence your decision to eat at a food truck, 26% said recommendations from friends and family. Other reasons to try were eye catching logos...6%, online reviews...6%, special promotions and discounts...6%, and social media presence was only 1%, which surprised me. Proximity to location was 2nd highest at 18%. But 34% said that they don't eat at food trucks.

When asked why they don't eat at food trucks, some of the reasons were that they question the quality of the food, since the truck can be there one day, and gone the next. The biggest reason was they question the FDA laws on cleanliness. I found out through more investigation that food trucks place a higher value on being clean than most brick and mortar restaurants I asked Nate about USDA laws and rules. "We are inspected at every venue we go to," he said. "The laws that pertain to food trucks are much more stringent than for restaurants, which are inspected only once or twice a year, so no worries about the space being sanitary."

One of the reasons Nate decided to become his own boss was the quality time he can now spend with his family. His girlfriend Amanda Reynick and his two sons Hunter and Hudson all participate in bringing the food to their customers. Hudson, age 11, runs the till and takes the orders, Hunter, age 14, helps plate the food and prepare the orders. Being his own boss also gives him more time to have family fun!

As far as what he does, he is busy all during the spring, summer and fall, doing about 7 festivals a season right now. He sets his truck up most Wednesdays at the Fire Hall in Dodge Center. He does catering for special events, like family gatherings, private events, and on the golf course. He pretty much shuts



down in the winter, but is always looking for new ideas.

You can see his online presence and where he will be serving his food on Instagram, Twitter and face Book by typing in HammerQ, or check out his website at HammerQ.com



3020 457th Street Way, Kenyon • 507-789-6113 • SALES HOURS: M-T-Th 7:30a.m.-8p.m.; W-F 7:30a.m.-6p.m.; Sat. 8a.m.-4p.m.

Page 4

July, 2023

Dodge Co. Fair



At the young farmers building kids play in the corn

July, 2023



The malt stand is staffed by dairy supporters



A young man gets his beef calf a cool drink



A young girl collect eggs from under chickens at the exhibit



4-H members with their cattle in the judging ring



A young 4-H member readies her calf for the show ring

Page 5

Triton Clay Target Team Wraps Up Season

The Triton Clay Target Team wrapped up the season in June. The team had 16 members participating in the Championship, with 6 of those being seniors. Coaches Mike Kelly and Craig Schlichting were pleased with the overall performances of the group. The Championship takes place each year in Alexandria. This year the team was in the 4A Class. Each team is categorized in one of the

9 Classes based on the number of participants on the team. Then at the Championships, all of the teams in that class shoot to compete for the best in class for the top three. Triton's Alyssa Knutson shot a 45 out of 50 in the first round in the JV division which had her on the leader board after the first round. The winds made it difficult for the second round and she shot a 42, which was still a great score and her best for the season, but it wasn't enough to get her in the top three for the JV division. At the varsity level it is not uncommon to see perfect scores of 100 out of 100 or very close to that. Our varsity shooters shot well, but not able to get into the top three positions to place at the championship. A special thanks to 6 of our seniors in the lower right picture from left to right, Austin Schlichting, Reece Dobbs, Liam Schlichting, Cale Giesler, Aiden Frette

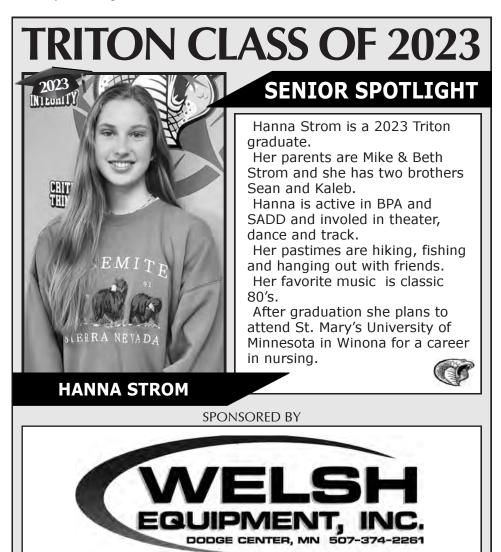
a school Bus





and Jordan Bennerotte. This was their last competition and they had great scores and great careers on the Triton Trap Shooting Team. Reece Dobbs placed in the top three at the varsity level the past two seasons and was

an outstanding shooter for the Triton Team during her career. The team has a great group that will be returning, and we are always looking for more students to join.



Ready Set Learn of Dodge County Because Every Child

Deserves A Great Start

We are collecting the following items:

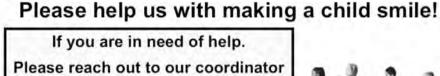
1 Subject Spiral Notebooks - Wide or College (Red, Blue, Yellow, Green, Purple or Black)

Composition Notebooks—Wide or College Any color is accepted

Package of Filler Paper- Wide or College

Crayons(24ct), Rulers, Markers (wide or narrow), Yellow Highlighters (wide or narrow), Colored Pencils, Pencils, Scissors (pointed), Rulers, Erasers, Black Sharpies, Dry Erase Markers (wide or narrow) 17 inch backpacks

Collecting items July 1st - July 31st



Please reach out to our coordinator for an application



Questions/Contact Information Tanya Young Program Coordinator 316-390-5368 tyoung8550@yahoo.com



Neighbors

- CLAREMONT MESSENGER -

Circle Drive Manor Cares about Their Residents

Page 8

By Cheri Roshon

I finally decided what I want to be when I grow up--- a resident of Circle Drive Manor! With all the news about the healthcare in-

dustry being in decline, I decided to check it out for myself.

As you may have heard, home health care, assisted living and nursing home facilities have seen a decline in qualified employees, causing shut downs and state take overs. Some places are offering large "sign on" bonuses, and some have been shut down completely, leaving their residents to seek new homes.

I asked around, and heard nothing but good reports about one privately owned assisted living facility, and drove to West Concord to check it out for myself. Upon turning off highway 56 into the parking lot, the first thing I saw was a newly constructed carport, and a clean and newly renovated building. I parked my car and my eyes were drawn to a beautiful flower garden courtyard with a water fountain turned petunia garden. I could see the pride and care of the owners before I even walked in the door. Once inside, I was greeted by Bryan, Melissa and their furry mascot Bruno who tends to the residents with a wag of the tail, and a nuzzle or two.

The inside was as spotless and cheery as the outside. I asked for a bit of history on the business, and was able to speak to some of the residents in the 10 room facility.

The Manor was started by Melissa's parents in 1989 and Bryan and Melissa took over in 2000, adding on a great room for activities and residents to gather for social activities. The also added 4 extra units, making it 10 private, spacious and bright studio apartments.

Residents get 3 meals and an afternoon snack daily, and the food is mainly home cooked meals made with fresh ingredients served hot. Bryan strives to make a good meal made with fresh ingredients grown locally.

There is a large produce garden on the property that is used to grow some of the food, and also to be weeded by any resident who wants to garden. Most of the garden produce is grown in raised bed style, making it easy for the seniors to work in without bending down. Every resident I spoke to said it was the best in home cooking! Omar's Cafe on occasion drops off a few of their baked goods too.

Daily activities are provided by the staff, and sometimes people who live in and near the facility come to entertain with songs, piano music and other activities. There was even a Tractor Parade on Memorial day, provided by local farmers!

(continued on page 9)



Bryan and Melissa





Neighbors

- CLAREMONT MESSENGER -

Circle Drive Manor Cares about Their Residents

(continued from page 8)

Triton School students come on Community Service Day to spruce up the outside, and visit with the residents. Daily activities include Bingo, music therapy, devotions with local pastors, reading and piano music. A book delivery once a month from the West Concord Library keeps the residents in fresh reading material. They can also request certain books to be delivered.

A beautician comes in every 6 to 8 weeks to do hair, and if someone needs a new hairstyle, Melissa can also do some fancy hair-do's, too!

This all sounds pretty good on paper, so I thought it would be fun to hear from some of the residents as to the living conditions they experience. One man has been living at the Manor for 23 years. Curtis Priebe was a delight to talk to. Making jokes and giving me the history of his life, he had me laughing right away. He loves living there, and when I asked him his favorite part, he said "All of it!" What joy he brings to everyone there. An avid sports fan, he has a tv in his room to watch all the sports, except soccer! Of that, he is not a fan!!

I spoke to Mary Asprey, who was an RN at Mayo before she retired. She just celebrated her 95th birthday, and has lived there since July of 2021. When asked what was her favorite aspect of group living, she replied, "The support of the other residents makes it feel like home. It is a small, homey facility with good home cooked food. I enjoy the programs for the residents, and the music." I later caught her in the common area, putting together a puzzle.

Delores Quimby has lived here since January of this year, and was happy to extoll the virtues of her new home. "Bryan is a great cook, and I have made new friends here. I was in 1 other facility where I was not properly cared for, but I am happy here. People here care about me, and that is the best part. I feel like family here." Her grandson is one of the beef providers, too.

The newest resident moved in about a month ago, and said he loves the fact that he has friends here. "It is small, so it is like liv-



ing with family. The food is really good, too, and people come to visit."

I went to Kourtney to ask of her experience working at the Manor. She has been there for 5 years, and loves it. She also cited the homey atmosphere, and the fact that Bryan and Melissa are great to work for. "They are not only my bosses, but my friends, I can talk to them about anything. They listen to my ideas of ways to improve the services we provide. Plus I love cooking for the residents!"

Well, there you have it. Not only the residents, but the employees and owners are all on the same page. I ended my interview with Bryan and Melissa. I asked about the new wanted to thank the local communities who come to volunteer their time and talents with the residents. "It is the community who helps us to be so successful," she said. " They bring special events, music to play and sing to, and donate things like homemade donuts. It's the little things that they do that contribute to the well being of our staff and residents. You know, it takes a village!"

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If you feel that you have something to offer in the way of activities, or if you wish to be of service to the Manor in any way, please contact Bryan and Melissa at circledrivemanor@hotmail.com. If you are looking for a home for your loved ones, or for yourself, call (507) 527-2424 to set up an appointment for a tour of the facility and meet the people who call this home! They are also looking for a part time employee-16 hours a week.



sank

MBT

Digital Wallets

At MBT Bank we pride ourselves in bringing you the latest in banking technology. Your MBT Bank debit card is available for use in the following digital wallets: Apple Pay, Google Pay, and Samsung Pay.

What is a digital wallet?

A mobile payment service that allows users to make payments using a cell phone.

What are the benefits?

When a debit card is enrolled, a unique token is assigned to the card. This token number is then sent across merchant networks. Your actual card number is never shared or stored with merchants. Transaction are more secure and reduces fraud.



Austin | Blooming Prairie | Dodge Center | Hayfield | Mantorville | Rochester

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Cobra Communications



The summer months in the school are quite different than during the school year. The parking lot is usually rather empty and the hallways are full of furniture rather than students. Working in the summer is much more predictable and

an opportunity to

Craig Schlichting Superintendent

recharge a little bit after the hectic schedule at the end of the school year. It is hard to believe the month of June has already come and gone. The summer is a great time for professional growth and learning. Our administrative team attended an excellent training for two days in June that will really help our Crisis Management Plan. The training focused on a process and procedures for reuniting students and parents in the event of a crisis situation that required an evacuation of the building or other emergency. The training was excellent and well attended by area schools, law enforcement, fire departments and a host of emergency management workers. Even though I feel like Triton has done a great deal of work on our plan, this training was very helpful and provided some great information that our team will be able to utilize and strengthen the plans we already have. An emergency situation requires a great deal of communication between all of the agencies involved, and I felt that this training was very

helpful for our district. It was a great opportunity to work with our SRO and the amazing folks that serve the Dodge County area.

The custodial staff is working hard to prep the building for another year. The building gets cleaned and the floors are waxed and prepared for another school year. A quick walk around the buildings are a good indicator of how far along into the summer we are. Currently, many of the classrooms have already been completed and the furniture moved from the hallway, back into the center of the classrooms. You know the end of the summer has come once all of the classrooms are completed and the hallways are all done. This is a cycle that comes and goes every year. The fourth of July is always an interesting time, because for me it really signifies the start of the next school year. It is the time of year that all of the changes and preparations are for the upcoming school year become the focus of everything we do.

Usually, by this time of year we have a pretty solid understanding of what the legislative changes are, and how they will impact us financially as we prepare our budgets for the upcoming school year. This year has been a bit different due to the large number of items that were passed in the legislature that impact schools and funding. One of the issues that school districts struggle with is when they pass new laws that cost the district

money without corresponding funding. School districts refer to these as unfunded mandates. One of the largest unfunded mandates that will impact schools went into effect in for May of 2023 is Unemployment Insurance (UI). All non-teaching staff are now eligible to apply for UI during the summer months. While it certainly seems fair to offer this benefit to non-teaching staff, it is going to be difficult for schools to fund this expense in the years ahead.

Even though the number of changes can seem overwhelming, in time, we will make the adjustments that need to be made and be ready for another school year. For me, it is all about getting things ready so we can do what we do best when the students come back to school. Keeping the focus on the students and the important work we do for them is what makes it all worthwhile.

Please reach out to me with any questions that you may have regarding our school district. You can email me at schlich@triton.k12.mn.us or you can call me at 507-418-7530 to reach me at the district office. I would be happy to set up a time to meet with you or your organization. I believe that communication is an important aspect of my job responsibility, and I welcome the opportunity to learn from your perspective. GO COBRAS!

#WeAreTriton

The nurse's office would gladly take the following donations: Size 6T-14 athletic pants or gender-neutral pants Size 6T-14 underwear (boys and girls) Athletic shoes size 2 kids - 8 adult (boys and girls) Hypo-allergenic baby wipes Travel size deodorants/shampoo/soap Disinfecting wipes

These items can be dropped off at the Elementary Office or the Community Ed Office.

SAVE THE DATE

TMS & THS Open House THURSDAY, AUGUST 31, 2023 3:00-6:00 PM Join us to celebrate the new school year! Food Trucks will be available.

6th Grade Family Information Night

THURSDAY, AUGUST 31, 2023 5:30-6:00 PM Performing Arts Center

6th Grade WEB Orientation and 9th Grade Link Crew Orientation TUESDAY, SEPTEMBER 5, 2023

FIRST DAY OF SCHOOL for 6th Grade and 9th Grade ONLY (All other TMS & THS Students will start Wednesday, Sept. 6)



KINDERGARTEN	FIRST GRADE	SECOND GRADE
1 plastic two pocket folder (Any color) 1 notebook WideRuled or College Ruled (any color) 4 boxes CRAYOLA Crayons 2 boxes CRAYOLA markers 4 black EXPO whiteboard markers 8 glue sticks 2 containers Clorox disinfecting wipes Last names starting with A-L: 1 box of Gallon size ziploc bags Last names starting with M-Z: 1 box of Gallon size ziploc bags Water bottle (to leave at school) Kids scissors 1 box of kleenex Pencil Box Headphones 1 whiteboard eraser Backpack Non-marking shoes for gym to keep at school	 1 box of 8 classic color Broad line Crayola markers 1 container of disinfecting wipes 1 large box of kleenex 1 student scissor 1 whiteboard eraser 12 sharpened #2 pencils 2 pink rectangle erasers 2 spiral wide- ruled notebooks 2 two-pocket folders. (Any color unless your child is in <u>Hegrenes &</u> <u>Olevson Classes</u> need 1 green two- pocket folder, 1 any color two-pocket folder) 4 boxes of 24 crayola crayons 6 glue sticks 8 black dry erase markers Wired headphones in a ziploc bag (labeled with first & last name) One 5 x 8 plastic pencil box Non-marking shoes for gym to keep at school 	 Wired Headphones 24 #2 Sharpened pencils 2 ink pens (any color) 4 highlighters (any color) 2 boxes of 24 crayons 2 boxes of 8-10 markers 8 glue sticks 2 large erasers 1 pair of scissors 1 subject spiral notebook- Wide Ruled 1 yellow plastic two- pocket folder 2 additional two- pocket folders (any color) 4 dry erase markers (any color) 1 whiteboard eraser 1 large box of kleenex 2 containers of disinfecting wipes Non-marking shoes for gym to keep at school
THIRD GRADE 1 box of 24 crayons 1 set of 12 colored pencils 1 box of 8 markers 3 dozen #2 pencils sharpened 1 pink rectangular eraser 2 glue sticks 1 scissor 8 dry erase markers Small whiteboard 1 whiteboard eraser 2 wide ruled composition notebooks 2 zipper pencil pouches 2 two-pocket folders 2 highlighters Wired headphones Non-marking shoes	 FOURTH GRADE 1 box of ten thin markers 1 box of 24 colored pencils 48 pencils (supply for school year) 4 glue sticks 8 black dry erase markers 1 scissor (any size) 2 spiral notebooks- WideRuled 1" 3-ring binder White board eraser 2 highlighters (any color) 1 box of kleenex 1 container of disinfecting wipes Non-marking shoes for gym to be left at school Wired headphones 	FIFTH GRADE 4 two-pocket folders (any color) 1 three subject notebook 2 one subject notebooks 4 fine tipped dry erase markers 1 whiteboard eraser 48 #2 pencils (No mechanical) Extra erasers (Pencil top or rectangle) 4 highlighters (1- yellow, 1-orange, 1- blue, 1-green) Scissors 1 box 24 colored pencils 4 glue sticks Headphones or Earbuds Non-marking shoes for gym to keep at school Deodorant to keep at

school

2 containers of

disinfection wipes

1 large box of kleenex

for gym to be left at

2 boxes of Kleenex

disinfectant wipes

1 container of

**No spiral notebooks

school

Triton High School Honor Rolls

'A" HONOR ROLL **SEMESTER 2** 3.667 - 4.000 **GRADE 9** kkerman, Abigail rguello, Pierce scencio, Emanuel ehne, Nola ills, Mason obbs, Rainey reiderich, Norah ann, Emma oltet, Andrew oltet, Wade ensen, Garet anzenbach, Damian ingworthy, Rece udahl, Roselyn laldonado, Lily lcMahan, Kerisma cMartin, Henry IcNeilus, Cohen auman, Landon akland, Addison rtiz, Alan etersohn, Pierce uto. Graham ovill, Jade ort, Zowie jeveland, Logan virkus, Abigail GRADE 10 nderson, Anna tzgerald, Jack eimer, Ryann olmes. Jaden hnson, August lejeski, Macy nutson, Craig ozisek. Anastazia bak. Naomi lledahl, Corey undi, Giavanna edina, Camila ledina, Romina lulder, Alyssa ice, Madeline omero, Ashley udesill, Spencer ermilyea, Cooper eber, Olivia heeler, Katerina

GRADE 11 Boe, Jozey Broskoff, Poe Christianson, Graham Cummings, Ava Dostal, Ameryn Gnagey, Tyler Hallaway, Danielle Hukee, Elizabeth Kenworthy, Jenna Lau, Grace Lecy, Abigail Locke, Emma Nauman, Laurvn Olson-Ramer, Mallory Olson-Ramer, Maxwell Ortiz, Alejandro Peters, Kianna Peterson, Litany Ross, Katherine Solano, Jairo Spearman, Cadence Terpstra, Claire Tufte, Logan Willette, Jessica **GRADE 12** Busch, Mariah DeVetter, Paige Freerksen, Skyler Freiderich, Riley Garness, Owen Geers, MacKenzie Gonzalez, Isaac Gosse, Jude Green. Tanner Iverson, Brylee Kelley, Talia Kesler, Taliyah Klejeski, Emma Krupa, Kaitlyn Kubat, Katelynn Liudahl, Andrienne Madison, Isaac Moe. Lena Munnikhuvsen, Boe Price, Francis Ridenour, Tegan Smith, Kyla Streiff, Carter Strom. Hanna Vermilyea, Cameron Wennes, Ariana

"B" HONOR ROLL SEMESTER 2 3.666 - 3.000 **GRADE 9** Anguiano, Brianna Cardona, Roxana Chable, Dora Deml. Wylie Heroff, Mason Holtermann, Isiah Huntley, Isabella Ibarra-Castillo, Diego Kasper, Noah Larson, Charles Noaeill, Mason Ocampo, Maya Purinton, McKenzy Radke, Damion Reniker, Brylee Sackett, Aspen Stanton, George Staub, Brady **GRADE 10** Andrist, Melanie Bishop, Madison Chinn, Angeleigh Dostal, Miley Herrick, Hayley Hodgman, Gracelyn Knudson, Alyssa Kodada, Cole Landsteiner, Carly Lasker, Shane Lorentzen, Khloe Ludlow, Katie Mendoza, Guadalupe Munnikhuysen, Brody Quimby, Bryar Reiser, Alivia Rodriguez, Steven Saxton, Jacob Selthun, Isaiah Shake, Aiden Styndl, Morgan Swenson, McKenna Thomas, Brynn Tushaus, Tessa Velasco Castaneda, Alisson

GRADE 11 Andree, Kelsey Chilson, Caleb Connor, Audra Corley, Alyvea Cruz Ortiz, Josier Edge, Andrew Ellingson, Kaeden Fernandez, Nancy Freerksen, Bronson Jensen, Sarah Koenigs, Carson Lapham, Sophia Leonardo, Jayce Lundi, Joaquin Molina, Gabriella Naze, Alex Nelson, Tristan Peterson, Savannah Rath, Adrianna Thomas, Ella **GRADE 12** Amiot, Parker

Bendickson, Wyatt Bennerotte, Jordan Bolster, Jasmine Brown, Faith Dobbs, Reece Dominguez-Marquez, Ashley Dostal, Liam Dudley, Kalena Frette, Aiden Furnari, Rae Haugen, Weston Huntley, Thomas Kirya, Gabriella Kispert-Johnson, Reece Klankowski, Grady Luedtke, Rustv Mata Colin, Devany McMurdo, Cassandra Mever. Gavin Peterson, Kiari Radke, Tavan Rieck, Kolton Roussopoulos, Matthew Schlichting, Austin Schlichting, Liam Sowieja, Cayleigh Zaragoza, Christian

TRITON COMMUNITY ED YOUTH ENRICHMENT 507-418-7550

Sunshine and Roses

Canvas Painting Classes-July Classes! Jelly Belly Birds

Ages Entering K-5 Fall of 2023

Join the Sunshine and Roses instructor and create your own canvas painting. You will paint these 3 cute birds, sure to bring a smile to everyone's face. Adults are welcome to attend with the

child and observe or paint their own. Adults must pay the per student price if also painting. Cost: \$26 per painting July 26

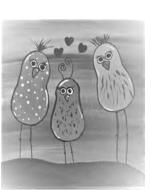
2-3PM in the TES Art Room

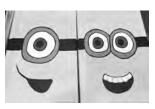
Customizable Minion Ages Entering K-5 Fall of 2023

Join the Sunshine and Roses instructor and paint a favorite movie character-the Minion! You will personalize your very own Minion on canvas. Adults are welcome to attend with the child and observe or paint their own. Adults must pay the per student price if also painting. Cost: \$26 per painting July 26

3-4 PM in the TES Art Room

*** SPECIAL, paint both canvases for \$48**





TRITON COMMUNITY ED YOUTH ENRICHMENT 507-418-7550

Youth Enrichment League **Summer Robotics Camp YEL!** Robotics 2.4 Summer

Grades entering 1st-5th Fall 2023 Build a dragster, a spy robot, and a moon rover. Then program the dragster to race, the rover to roam, and the spy bot to ... well, spy. {YEL!}'s Teach It! Practice It! Play It!® classroom method emphasizes 21st Century Learning skills like STEM, teamwork, and problem solving. Sign up today! Visit



YELKids.com for more information. LEGO® is a trademark of the LEGO Group of companies which does not sponsor, authorize or endorse this site or program. Min 6/Max 20

Cost: \$112 July 31, August 1, 2, 3 9AM-12PM each day **TES Media Center**

{YEL!} Junior Soccer For grades entering K-3 Fall 2023

Get outside and get kickin' with our fast-paced, inclusive (everyone plays) Junior Soccer course! YEL's Teach It, Practice It, Play It® approach teaches players new skills each class, practices those skills in kidfriendly games, and then encourages students to use those skills in introductory soccer games. SAFETY & SPORTSMANSHIP are emphasized! We focus on



the fundamentals of dribbling, passing, trapping, and shooting. Sign up today! Min 8/Max 16

Cost: \$78 August 7, 8, 9, 10 2-3:30PM

Grassy Field by the Elementary Playground

EXTENSION

Summer Day Camps

Summer Day Camps are hosted by Dodge County 4-H and are for grades K-5. All youth in grades K-5 are invited to participate. Campers will enjoy a variety of theme-related and hands-on activities, including science, art, recreation, snacks, and more! All camps will run from 9 a.m. - 2:00 p.m. Cost is \$25 per youth, per day. Please join us for all the fun and don't forget to invite your friends! All youth are welcome to attend! You do not currently need to be enrolled in 4-H to participate! I you are a new family registering for this experience you can select Camp/Event when enrolling. Registration due by Friday July 14.



To register visit for camps: 4honline.com

Date	Grade	Time	Theme	Location
Tuesday August I	K-5	9am - 2:00pm	Art Fun	Triton Elementary, Dodge Center
Thursday August 3	K-5	9am - 2;00pm	Barnyard Adventures	4-H Building, Kasson
Tuesday August 8	K-5	9am - 2:00pm	STEM Fun	Hayfield, Location TBD
Thursday August 10	К-5	9am – 2:00pm	Fueling Good Health	4-H Building, Kasson

Contact the Dodge County Extension Office with any questions 507-635-6325 or mnext-dodge@umn.edu

Science and Magic! **Nancy Thornton**

Grades entering 2-5 Fall of 2023

Use the magic of science to amaze your family and friends. Use science principles and have fun learning a variety of magic tricks that you can easily perform for your own magic show! Cost: \$8

July 17 10-11:30 AM TES Art Room

Junior Golf Camp Zach Otto, Dodge Country Club

Join Zach at the DCC and hit the links! Whether you are new to the sport or looking to improve your golf game, Zack will help you reach your goals. You do not need a golf membership to join this camp. Please bring your own clubs. \$80 for all 24 days

3-days per week: Tuesdays, Wednesdays, and Thursdays Starting July 11 and ending August 31 (total of 24 days) 8-10AM ages 10 and under 10AM-Noon ages 11 and up Dodge Country Club

Child's Play Theatre Summer Camps Imagination Improvisation

Kids entering 1-5 grade Fall of 2023 Students will spend 3 days having a blast! We'll play a variety of improvisation games to develop acting skills and improve their ability to think quickly in a situation. 3 Sessions, 2 hours per session. Cost \$31 for 6 hours total July 24, 25, 26

10ÅM-12PM Triton's Performing Arts Center

Mad-Libs Acting

Kids entering 1-5 grade Fall of 2023 Students will create their own story filling in the blanks before knowing what the plot is! Great time developing acting skills and just having a lot of fun! 1 session, 3 hours

long. Cost: \$19 July 27 10AM-12PM Triton's Performing Arts Center

SPECIAL Sign up for both Child's Play Theatre Camps for \$46

Youth Enrichment League Summer Dance Camp Junior Dance Camp Grades entering K-5 Fall 2023 Glissade, pirouette and chasse' your way across the floor

as you learn fundamental dance repertoire while preparing for the end of session recital. Each {YEL!} Junior Dance class follows four basic components:

- Teach It!... Each class students are taught dance fundamentals.

• Practice It!... Students practice those fundamentals as a group and individually. • Move It!...They implement what they've learned into across-the-floor and bar rou-

tines.

• Dance It!...Finally, students put it all together in a choreographed routine in preparation for the recital.

Sign up today to THINK, LEARN and PLAY WELL with {YEL!}.

For more details about {YEL!} Dance classes, visit YouthEnrichmentLeague.com. PARENTS: Ballet or jazz dance shoes are recommended, but not required. Please dress your child for movement.

RECITAL: Will take place the last 30 minutes of the last class. Ask your dance instructor for details.

Min 8/Max 16 participants

Cost: \$78

July 17, 18, 19, 20 10-11:30AM each day



CLIEN

MAGIC BUT

TRITON COMMUNITY ED YOUTH ENRICHMENT 507-418-7550

Class

Triton's Cobra Care is hiring!

Triton's childcare program is looking for another team member. If you are a responsible, kind, patient and understanding adult who loves to work with children — this is the job for you. This position requires the individual to be the lead supervisor of children and staff at times. CPR and head trauma training are required, and Cobra Care will arrange and provide this certification. This is an energetic and rewarding work



environment that requires appropriate communication and interaction with children ages 4-12, as well as other adults and high school staff. Candidates must be at least 18 years of age and have a high school diploma. Interested candidates should contact Tiffaney Lamoree, Cobra Care's Childcare Manager, at 507-418-7550.

TRITON YOUTH FOOTBALL Grades 4th thru 6th

Sign-up for all players and equipment issue will be Thursday Aug. 10th at 5:30pm on the West side of the high school. All players and at least one parent or guardian should be in attendance.



The 4th, 5th and 6th graders will be part of the Southern Minnesota Youth Football League. The 4th and 5th graders will be combined, playing together.

Participation fee for all grades is \$100.00.

All equipment will be furnished. Except for cleats.

Lockers and padlocks will be provided for equipment. Have your player practice using the lock so they know how to use it.

Practice will begin Wednesday August 16th on the fields west of the school in Dodge Center. Practices will be 3 times a week on Wednesday, Thursdays and Fridays from 3:30 to 5:30. This is subject to change. Games will be played on Saturdays starting in September and running until mid-October.

> Contacts: Brent Freerksen 507-884-7091 brentfreerksen@gmail.com Terry Larson 507-363-1019 tlarson@viracon.com

Player Name:	T-Shirt Size:
and a shake we	Deadline for shirt: 7/3/23
Date of Birth:	Grade: (Grade in 2023/2024 School Year)
Address:	
Phone #:	
Parent/Guardian Name(s):	
Emergency Contact:	Phone #:
Camp runs fro	om July 31st - August 3rd
	Wally Hitt Varsity Football Field
and the second	s in grades K-6 are welcome
All la server as an entropy of the server of	

The Triton coaches and athletes conduct the camp Fee is \$40 - Checks can be made payable to Triton Schools

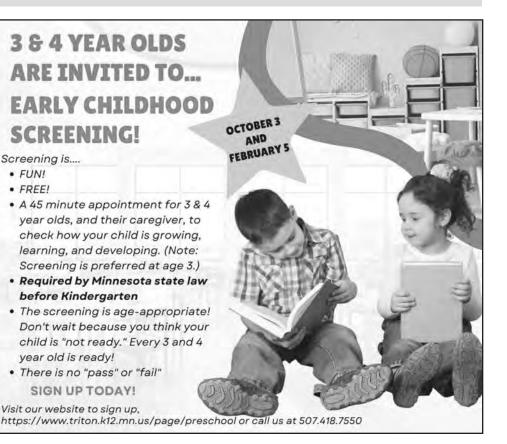
If you have guestions: contact Brandon Neseth (Head Football Coach at Triton) at 507-272-1115 or Corey Black (Activities Director at Triton) in the high school office at 507-418-7520.

to participate in the Triton youth football camp and agree to release I give permission for my child any and all persons supervising and assisting in the camp from any liability for injuries that my child may sustain while participating in the program. I understand that I assume all financial responsibility for any medical expenses that may be required to treat injuries sustained while participating in this camp. In the event I am unable to be contacted, I hereby give permission to provide emergency first aid and/or medical care for my child

Parent Signature/Guardian:

Date:

Triton Public Schools www.triton.k12.mn.us #WeAreTriton #SomosTriton



Triton Community Ed Summer Rec Registration Please send completed form and payment to Triton Community Ed 813 West Highway St, Dodge Center, MN 55927 To register In-line go to: https://www.triton.k12.mn.us/page/community-ed nity-education (Students) Grade in Fall of 23:____ Email: ADULTS Cost Notes Name Safe Driving: July 20 \$20 Checks made to Jim Jensen The Marvelous Wonderettes \$88 **Overnight Trip to Wisconsin** \$340/person \$100 Deposit due July 31 Final payment due August 31 **Dble Queen** \$385/nerson Please specify roommate if registering

	Single Room	for a Dble. Queen Room.
YOUTH		
Imagination Improvisation Mad-Libs Acting	\$31 \$19	
Convos Painting: Jelly Belly Birds Customizable Minions	\$26 \$26 Both \$45	
Jr Dance Camp	\$78	
YEL Robotics Camp	\$112	
Science is Magic!	\$8	
YEL Soccer	\$78	
Triton Youth Football	\$100	Sign up/payment on 8/10 at 5:30PM
Cobra Youth Football Camp	\$40	Please fill out form in publication

Attention SCHA or UCARE Insured Families: If your child has South Country Health Alliance (SCHA-could cover up to 5 classes up to \$15 per calendar year) then discounts MIGHT apply. Eligible UCare members may get up to a \$15 discount on many community education classes in Minnesota. Members must have UCare insurance at the time of registration and throughout the duration of the class. Members need to provide their UCare ID number when registering for class. Limits and restrictions may apply. Registration is not complete without this insurance information. Call 507-418-7550 with questions-Thank you!





5128.

Give us a call!!!

Holland Auction

Tracy Holland 507-456-5128 or 507-684-2955

www.hollandauction.com

Hours M-F....,7:00 AM - 5:30 PM Sat.....,7:00 AM - 2:00 PM

Sunday Closed

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MAYTAG

Whirisool



Personal Property Terms: Cash, Check, Credit Card. All Sales Final. All Sales Selling as Is, Where Is. 10% Buyers Fee Applies to all Personal Property. Terms of Real Estate Auction: \$8,000 Down the Day of Auction Which is Nonrefundable if Buyer Fails to Close. The Balance is Due to the Seller in Full on or Before September 8, 2022, at which Time the Buyer Shall Receive a Clear and Marketable Tifle. All Real Estate is Selling in As-Is Condition with No Guarantees or Warranties Expressed or Implied by the Seller or Any of Their Agents. No Contingencies Whatsoever. Taxes for 2023 Paid by Seller. Bitders and Buyers Must Conduct their Own Due Dilgence and Make Their Own Judgments on Peal Estate. There will be a 5% Buyers Fee Added to the Final Bid Price to Equal full Purchase Price. Broker: Maring Auction Co. LLC lic# 40868838.

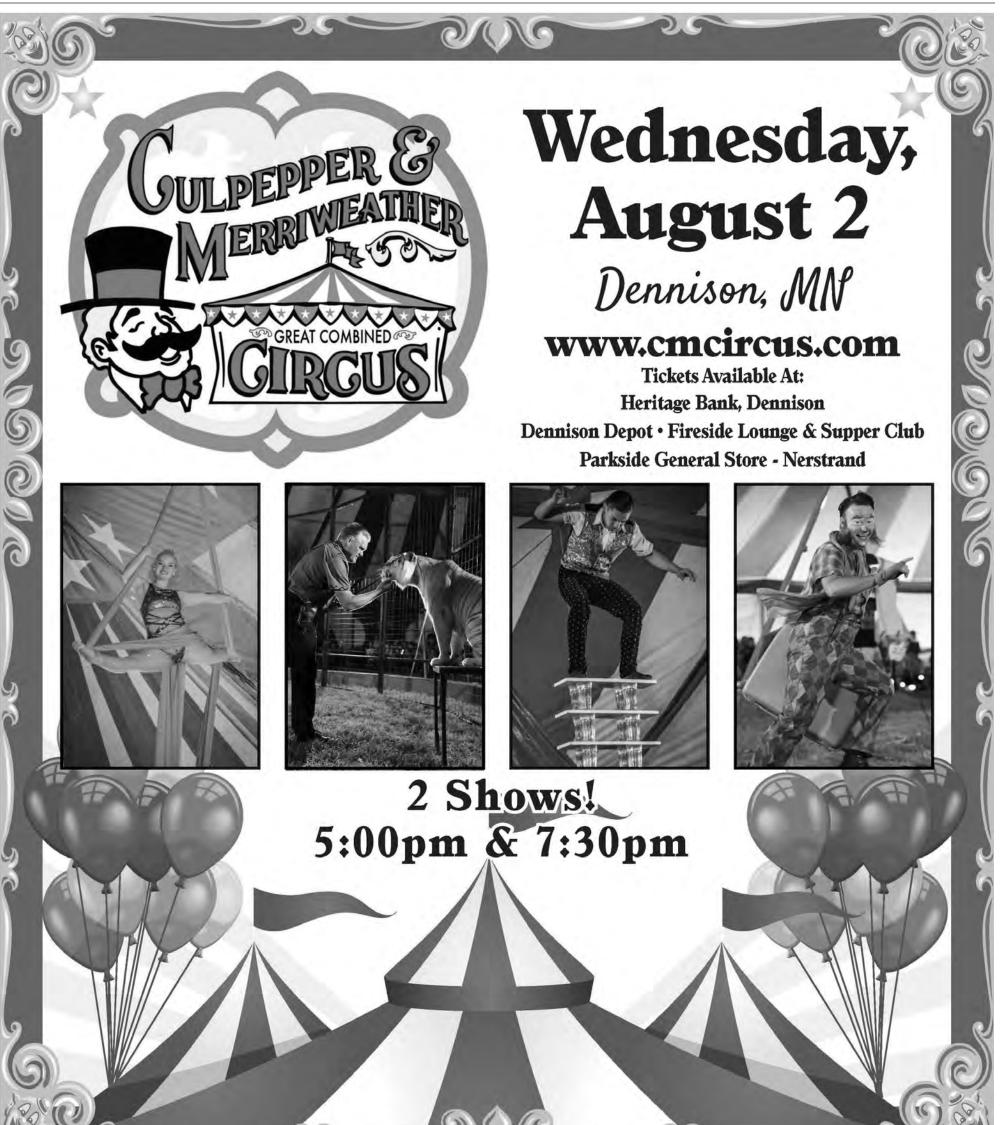




In Your Home

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Local Government & Pets

- CLAREMONT MESSENGER -

Claremont City Council Meeting (continued from page 1)

AGENDA

No changes were made to the agenda. **PUBLIC INPUT**

None

CONSENT AGENDA

The Consent Agenda consisted of the Minutes of the May 1, 2023 Regular City Council Meeting, Minutes of the May 23, 2023 Special City Council Meeting, and Resolution No. 23-13: Resolution Expressing Acceptance of and Appreciation of a Donation. Motion by Sultze to approve the Consent Agenda, second by Klejeski. Motion carried unanimously.

COMMITTEE REPORTS PERSONNEL COMMITTEE Nothing at this time.

FINANCE COMMITTEE

Motion by Klejeski to approve the financial reports, second by Sultze. Motion carried unanimously.

Motion by Klejeski to approve the amended

list of bills to be paid, second by Sultze. Motion carried unanimously.

PUBLIC HEALTH & SAFETY COMMITTEE

Sorg sent Claremont, Ripley and Aurora townships their Fire Service Contract renewals. Ripley Township approved theirs and returned it. Motion by Sultze to approve the Ripley Township Fire Service Agreement, second by Klejeski. Motion carried unanimously.

PLANNING & ZONING COMMITTEE

Nothing at this time. **EDA**

CEDA Specialist Jennifer Howard presented a couple of options for Henning Park playground equipment along with prices. The council agreed they would like sensory items and single units so that more pieces can be added later. Howard will check out grants for those items.

(continued on page 21)

External Dog Parasites: Fleas, Ticks, Lice, Mites

External parasites live on the outside of a dog's body. According to the American Veterinary Medical Association (AVMA), at some point in their lives, many pets experience discomfort caused by external parasites, such as fleas, ticks, or mites, on their skin or in their ears. These parasites can cause serious skin problems or carry disease. Modern medicines make treatment, control, and prevention of many external parasites much easier than in the past.

Fleas are tiny wingless insects that feed on mammals, including dogs. They thrive in warm, moist weather and may be seasonal or active all year, depending on the region of the country. Fleabites make some dogs so miserable that they bite and scratch themselves raw. Fleas may cause young dogs to become anemic. Also, dogs can become infected with tapeworm by swallowing fleas carrying tapeworm eggs.

You may be able to see the dark fleas scurrying around on your dog's skin. Their favorite spots include the base of the ears and the rump. Look closely in sparsely haired places, like the groin. Another way to diagnose fleas is to part the fur and look for black specks the size of poppy seeds. These specks are flea feces, composed of digested blood. If you're not sure whether you're looking at "flea dirt" or just plain dirt, place some on a damp piece of white tissue. After a minute or so, a small red spot or halo will become apparent if it's flea feces, since the blood rehydrates and diffuses into the tissue.

If you see evidence of fleas on your dog, it's essential to get rid of them as quickly as possible, before the population grows. Hungry fleas sometimes bite humans, too, leaving small, red, itchy bumps most commonly on wrists and ankles. Your best bet is to protect your dog from becoming infested with fleas in the first place by using a preventative product your veterinarian recommends.

Ticks can cause a number of serious illnesses, and canine tick-borne diseases, including Lyme disease, Ehrlichiosis, and Rocky Mountain Spotted Fever. There are more than 800 species of ticks worldwide, and they all feed on the blood of mammals, birds, and reptiles. Ticks go through four life stages, which can take up to three years to complete. Once the eggs hatch, they must eat blood to survive.

The Kansas State Veterinary Diagnostic Laboratory reports that annually, thousands of dogs and humans are infected with tick-borne diseases, and that rate is climbing due to the increasing range of the various tick species, encroachment of wildlife species into the traditional urban environments, and an increase in pet travel. The wide variation in the disease onset, the variable clinical signs exhibited, and the response to therapy can make a definitive diagnosis of the specific tick-borne disease difficult. They suggest that a tick-borne disease screening panel can be very helpful in identifying the type of tick-borne infection. Disease is not spread between dogs and humans; a direct bite from a tick is the only way to become infected.

Check your dog for ticks daily after he spends time outside, and whenever you see a tick, take it off immediately. The best way is to numb the tick with rubbing alcohol or petroleum jelly and pull it off with fine-point tweezers. Once removed, kill the tick by putting it in a container of alcohol. Prevent an infestation by treating your dog with a medication, dip, spray, or powder recommended by your veterinarian.

Lice and mites are microscopic organisms that feed on your dog's skin and cause itching, hair loss, and infection. Generally speaking, lice and mites are two different species, but they function and behave in a very similar way.

Lice live in a dog's hair and can be killed with an insecticide used for ticks or fleas. Note that dog lice and human lice are different species – dog lice need dog blood and human lice need human blood. While humans may occasionally be bitten by dog lice, they will not get an infestation.

Various kinds of mites inhabit different areas of the dog, and the problems they cause are generally known as mange.

Demodectic mange causes hair loss around the forehead, eyes, muzzle, and forepaws. These microscopic mites aren't highly contagious, although mother dogs can pass them to puppies. They appear as redness and scaly skin around the mouth and eyes and are unlikely to be itchy. Some cases clear up on their own, while others require special shampoos or oral medications. When an adult dog develops demodectic mange, the dog usually has another medical condition that is compromising the immune system.

Otodectes or ear mites are fairly common in young dogs. Your dog may have mites if he shakes his head and scratches his ears. You may also see a thick brown discharge. Excessive scratching can result in sores or broken blood vessels. Ear mites are contagious and can travel from the ears of an infected dog to other dogs close by. Your vet will treat your dog with medication, usually in the form of ear drops, and ear cleaning.

Scabies or sarcoptic mange is highly contagious and affects humans as well as dogs. It's caused when microscopic mites burrow into the dog's skin and cause intense itching. Scabies usually affects the ears, elbows, legs, and face. Hair loss, skin rash, and scabs are common. Veterinarians will prescribe medications to kill the mites, relieve itching, and heal the skin. Careful cleaning of the dog's bedding and environment is also critical.

Cheyletiella mites cause what is called "walking dandruff" on a dog's head, back, and neck. This mite also causes itchy red spots on humans. It's uncommon, but highly contagious and treated by clipping long hair, using topical insecticides, and repeated medicated baths.

When it comes to preventing and treating the external parasites that can plague your dog, the AVMA recommends that dog owners:

• Use a preventative treatment such as a topical medicine, a flea & tick collar, or another method.

• Look for fleas, ticks, and coat abnormalities any time you groom your dog or when you return home from areas that are likely to have higher numbers of these parasites.

• Consult your veterinarian if your pet excessively scratches, chews, or licks the coat, persistently shakes the head, or scratches the ears.

• See your veterinarian as soon as possible to find out the best treatment for your dog. Prompt treatment of parasites lessens your pet's discomfort, decreases chances of disease transmission, and may reduce the degree of home infestation.



Local Government

- CLAREMONT MESSENGER -



Best Meal Delivery Services for Seniors Who Don't Cook

Dear Savvy Senior,

Can you recommend some good healthy meal delivery options for seniors who don't cook or get out much? My 80-year-old father, who lives alone, has a terrible diet and I worry about his health. --Concerned Daughter

Dear Concerned, There are actually a wide variety healthy meal delivery options that can help non-cooking seniors who live at home. Here are several top options to check into.

Community-Based Programs

A good place to start, is to find out if there's a senior home delivery meal program in your dad's area. Meals on Wheels is the largest program that most people are familiar with, but many communities offer senior meal delivery programs sponsored by other organizations that go by different names.

To find services available in your dad's area, visit

MealsOnWheelsAmerica.org, which offers a comprehensive directory on their website, or call the area aging agency near your dad. Call the Eldercare Locator at 800-677-1116 to get the local number.

Most home delivered meal programs across the U.S. deliver hot meals daily or several times a week, usually around the lunch hour, to seniors over age 60 who have problems preparing meals for themselves, as well as those with disabilities. Weekend meals, usually frozen, may also be available, along with special diets (diabetic, low-sodium, kosher, etc.).

Most of these programs typically charge a small fee (usually between \$2 and \$9 per meal) or request a donation, while some may be free to lowincome seniors who qualify for Medicaid. There are also some Medicare Advantage plans that cover limited meal service benefits.

Meal Delivery Service Companies

Another great option for your dad is to order him some pre-made meals online from a meal delivery service company. These companies provide a wide variety of tasty meal choices and will usually post the nutrition information for their meals right on their website.

Most companies will also cater to a host of dietary and medical needs, such as low-sodium and low-carb meals, diabetic meals, gluten-free, dairy-free, and vegetarian options. Plus, the ordering process is very easy.

and vegetarian options. Plus, the ordering process is very easy. Depending on the company you choose, the food arrives either fresh or frozen and most deliver all across the U.S. Prices generally start at around \$8 to \$13 per meal, plus shipping, however many companies provide discounts or free shipping when you order meals in bulk. And most companies work with Medicaid and some Medicare Advantage plans to help reduce costs.

Some of the best meal delivery companies for older adults, as rated by Verywell Health for 2023 include:

Best Variety: Magic Kitchen (magickitchen.com)

Best Value: Mom's Meals (momsmeals.com)

Best for Nutrition Consultation: BistroMD (bistromd.com)

Best Plant-Based Meals: Mosaic (mosaicfoods.com)

Best Gluten-Free: ModifyHealth (modifyhealth.com)

Best Chef-Prepared: CookUnity (cookunity.com)

Best for Customization: Snap Kitchen (snapkitchen.com) For more information on this list and their testing methodology, visit VerywellHealth.com and search "Best Meal Delivery Services for Seniors."

Grocery Stores and Restaurants

Depending on where your dad lives, he may also be able to get home delivered meals from local grocery stores or restaurants. Some grocery stores offer a selection of pre-cooked meals and foods, including roasted chicken, mashed potatoes, and fresh soups and salads. Contact the grocery stores in your dad's area to inquire about this option. Or check with some of his favorite restaurants to see if they offer home delivery, or he could use a restaurant delivery service like UberEats.com or DoorDash.com.

Claremont City Council Meeting (continued from page 20)

MAINTENANCE DEPARTMENT Nothing at this time.

PARKS COMMITTEE Nothing at this time.

PEOPLESERVICE Their reports were in the packet.

CITY ENGINEER

A draft of the Utility Occupancy License was in the packet regarding the sewer outfall project and the utility line crossing under the railroad tracks. The railroad is currently finalizing the License. In the interest of time and so that the contract can proceed on time motion by Dahl to approve Resolution No. 23-14: Resolution Authorizing Staff to Execute Canadian Pacific Rail Agreement for the WWTP Outfall Sewer Improvement Project, second by Sultze. Motion carried unanimously.

The water tower rehab project bids were opened May 31. Six bids were received with the lowest bid at \$432,850 from Tanksco Inc. and the highest bid was \$837,700. The project should be completed in 70 days. City Engineer Olinger discussed the project funding and cash flows with the City's financial advisor Mike Bubany. Based on the project cost and projected revenue shortages from the water fund a 28% increase to the water rates will be required to get PFA loan and grant funding. This increase is recommended to be made immediately to cover the shortage for this year. A 28% increase on an average bill of 3,500 gallons is an increase of \$12.80. Motion by Klejeski to approve Resolution No. 23-15: Resolution Approving Bid approving the Tanksco bid of \$432,850, second by Sultze. Motion carried unanimously. Motion by Sultze to approve Resolution No. 23-16: Resolution Committing to Certain Financial Obligations for the Drinking Water System in Conjunction with Federal and State Funding

for the Elevated Water Tank Rehabilitation Project with the new rates for the bills printed on June 29, second by Klejeski. Motion carried unanimously.

Two bids were received for the chip sealing and crack filling project. Pearson Bros. bid \$37,083.20 and Fahrner Asphalt Sealers bid \$56,731.80. Motion by Sultze to approve Pearson Bros. bid, second by Klejeski. Motion carried unanimously.

INTERIM ADMINISTRATOR CLERK Nothing at this time.

CITY ATTORNEY

Nothing at this time. OLD BUSINESS

None

NEW BUSINESS

Rental property owner Russ Mosley was present requesting late fees on 2 of his water/sewer accounts be waived. The water was shut off for delinquency, but the tenants moved out and new tenants moved in, and he turned the water back on. The council asked if he received copies of the bills, which he did as all property owners get copies of the water bill. The council all agreed that it is not fair to remove late fees for one person and not another and he did receive copies of the bills, so no adjustments were approved.

Motion by Sultze to approve the Hogfest Temporary Liquor License for August 4-6, second by Klejeski. Motion carried unanimously.

The next council meeting would normally be on July 4th so motion by Sultze to have the regular council meeting on July 11, second by Klejeski. Motion carried unanimously.

Motion by Klejeski to adjourn the meeting at 8:06 p.m., second by Sultze. Motion carried unanimously. ATTEST:

Elizabeth Sorg, Interim Administrator Clerk Tasha Dahl, Mayor

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Changes in Latitudes, Changes in Attitudes

Model Rockets



By Terry Campbell This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when its warm here and Tennessee when it's cold here.

Most of us who grew up in the 50's and 60's were fascinated with rockets. From the sci-fi shows and movies, to JFK promising to put a man on the moon, it seemed like such an exciting future.

Somewhere in the late 50's model rockets became popular. They consisted of a cardboard tube and a dry fuel rocket engine. A balsa wood nose cone at the top and three or four fins on the base that you could paint to look really cool. The nose cone was attached to the main rocket body and a parachute. When the rocket engine was done burning it would ignite a charge that blew the nose cone off and a parachute allowed it to float back to earth gracefully. In theory you could repack the chute, replace the spent engine and launch it again for hours of fun. That was the point where, theory and practice parted ways.

My friend Jim Engvall was the first I remember to get into model rockets. One day in Mr. Wavra's science class we all hiked out to the football field and set up the rocket launcher. It was a textbook launch. A lantern battery was connected to the launch button and the launch pad. A small gauge wire was folded in half and inserted into the rocket engines with alligator clamps to energize the ignitor. A second or two after the launch button was pressed a flame shot out of the tail of the rocket and away it went. Straight up until it flamed out, and then a poof of smoke and the chute deployed. It slowly drifted back to earth. Unfortunately, there was a strong wind out of the west a few hundred feet above terra firma and we all watched the rocket come back to earth and disappear somewhere to the east of the rail road tracks, at least a half mile from where we were standing. Mitch Frederick and I got permission to take the next hour, which was our study hall, to go looking for the wayward rocket. We never found it but we did get to skip an hour of school, so that was a definite plus for us.

I was hooked so I ordered some model rocket kits and engines from Estes Model Rocket company in Colorado. They had a great catalog of every style of rocket one could imagine. This was the year of the moon landing and they sold a great Saturn V rocket, complete with three stages. At halftime during a bowl game at the Houston Astrodome on December 31, 1969 they launched one of



these in front of a sold-out college football crowd. It was perfect, the rocket performed flawlessly and deployed the chute right under the top of the dome, slowly returning to earth buoyed by the parachute.

My mother wasn't quite as keen to the idea of me launching rockets though. I built and painted the rockets and stored them in my bedroom. Most of my rockets were single use, never surviving their maiden flight. I recall we found one hanging from a tree in the wood while we were squirrel hunting in the fall. My mom finally told me I had to store the rocket engines outside in the farm shop. I guess she had trepidation about me storing rocket fuel in my bedroom.

So, one day my friend Gary Runner was over and we were thinking up things to do for fun. Launching a rocket seemed like the thing to do. We thought if we launched it out in the field, we could avoid any trees on reentry. But we discovered that model rocket engines were sensitive to humidity in the farm shop and the little lantern battery would not ignite the engine. So, I got the John Deere with a 24volt battery system and enough amps to fry anything. We stuck a 17gauge electric fence wire into the engine and connected directly to the tractor battery terminals. Model rocket engines which have been impacted by moisture do not burn as uniformly as intended and when that bird took off it was not tracking the way I expected. In fact, before it got fifty feet in the air the rocket made and arc and headed back toward us like a boomerang. Gary and I dove for cover. The rocket hit the dirt and burned out before our eyes. My space dreams were crushed and I figured it would be safer if I stuck with farming.

A Minnesotan: Fireworks



By RosaLin Alcoser

Fireworks are my favorite part of the 4th of July celebration. The large burst of glittering colorful explosions soaring up into the sky are always breathtaking; and extremely loud.

I've watched fireworks displays in a couple of different ways over the years. I've had years where we've watched them go off over the lake. One where they were set off on the porch while we were on that same porch. And others where I saw the whole display through the lens of my camera which was a lot less exciting than watching them without looking through the small viewfinder.

Back when I lived in southern Missouri I was able to watch fireworks while driving home . Mainly because unlike Minnesota Missouri has much looser laws around fireworks. Meaning that people in the city could just set off as many of whatever kind that they wanted off in their yards; including some that if seen in Minnesota would



have come from Wisconsin.

Driving through people setting off fireworks left and right is both really cool and really scary at the same time. It's amazing because you're just surrounded by a massive display of explosions causing the sky to be constantly lit by colorful sparks. Which is also scary because you are surrounded by a massive display of explosions that can make it hard to drive as the sky is in a constant state of being blindingly bright then suddenly dark for half a second. This is an experience that I have only ever experienced in Missouri.

The last two years I have watched the fireworks from my Twin Cities apartment which is definitely a different experience. Mainly due to there being far less on official firework displays going on in the middle of a Minnesota city then there are in the middle of one in Missouri. There were a couple of people setting them off at home far off in the distance that I could kind of see from my window and a couple glimpse from the official displays in the park.

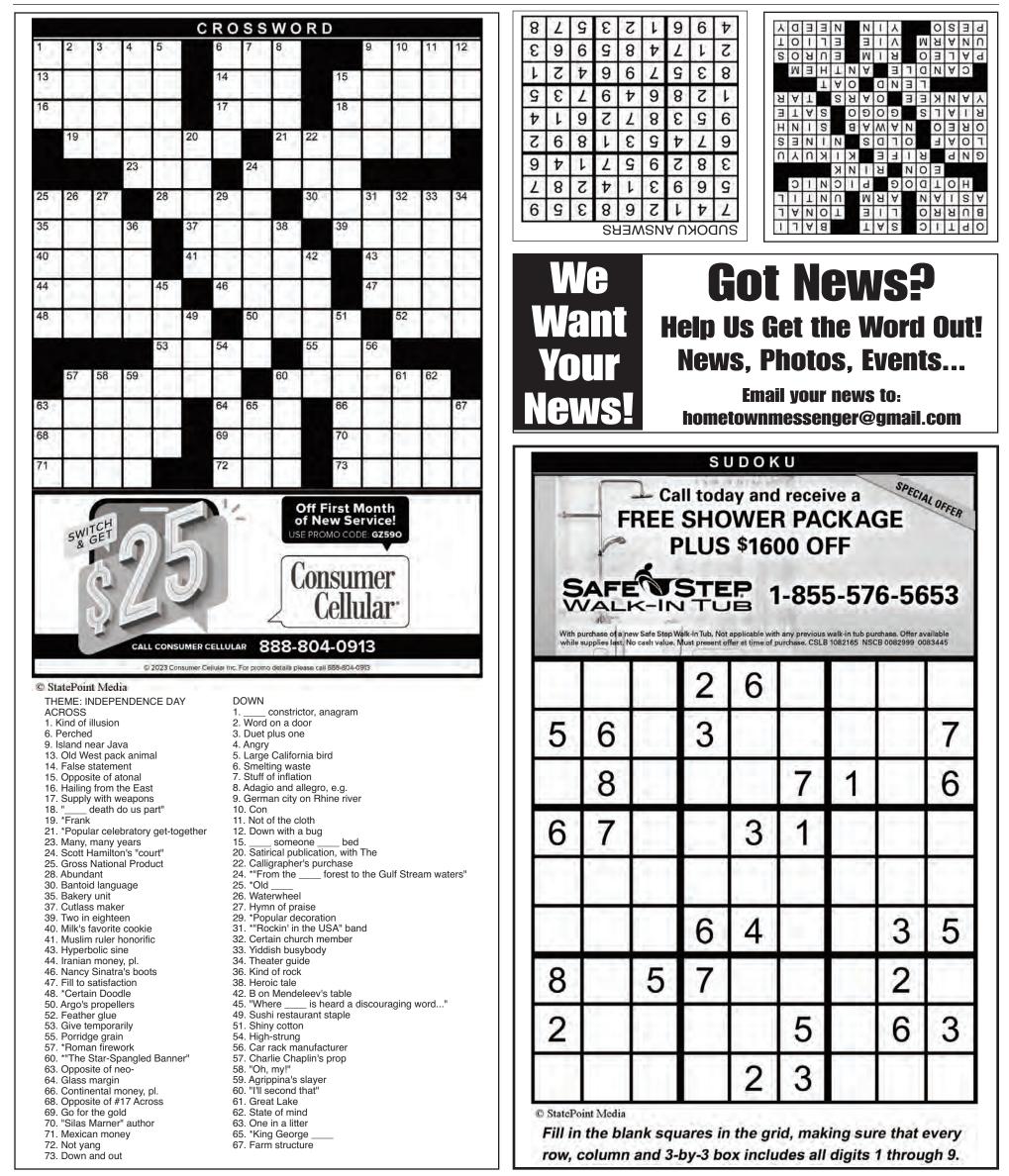


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