



# Goodhue-Bellechester Messenger

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## Local Musician, Bryan Anderson Returns To Volksfest Stage

By Beth Brekke

Bryan Anderson grew up milking cows and working on the family farm near Vasa. He also grew up playing guitar and singing. On June 10th, he'll be on stage in Goodhue ahead of Lost Highway, a well-known band from Wanamingo, as they open for headliner, Granger Smith. Granger Smith is a country music singer-songwriter, radio host, author, and Baptist minister. He has released eleven studio albums, one live album, and two EPs.

Anderson opened for John Michael Montgomery last year but says it wasn't the first time he played at Volksfest. When Diamond Rio was the headlining act in 2017, Bryan got his guitar out and just started playing around town after the show. This spontaneous act

planted a seed and he was eventually hired as one of the official festival entertainers. Opening for a national act is a big deal, even in a small town, but it's not the only excitement Anderson has had recently.

Anderson, along with his girlfriend, parents and siblings, attended the Midwest Country Music Organization (CMO) awards in Arnold's Park, IA on April 22. The CMO is a 501c3 non-profit, volunteer-run organization serving artists, fans and the music industry in the upper Midwest by providing the best resources and services to its members. Bryan was one of their New Artist of the Year nominees and although he didn't win the

award, he was happy for the opportunity to meet new people and make connections. He has also played at 3 or 4 venues in Nashville including the popular Texas Troubadour Theatre.

Bryan's music career started to take shape when he was 8 years-old. His 7 year-old sister had a birthday party at the BelleCreek Roller Rink and received an electric guitar as a gift. While she and her friends were more interested in skating, Bryan sat down with the guitar and figured out how to play it and has been playing ever since. He says he learned four notes from a book and the rest on his own. In a similar fashion, he took two piano



Singer, songwriter and musician, Bryan Anderson grew up on a dairy farm near Vasa. He has been playing in bands and as a solo artist since 2010, has a widely available EP and recently made his red carpet debut at the Midwest Country Music Organization awards in Iowa.

lessons before he quit, finding it easier to play by ear. In addition to piano and guitar, Bryan also plays bass, banjo, drums, and a little known instrument called the Ocarina, a wind instrument similar to a recorder.

"I don't know how I do what I do, but I do it," he said, giving credit to his paternal grandmother, who was a vocalist, and his maternal grandfather who was also a singer and musician, for his natural talent for music.

Although he has been singing since he was 16 when he was part of a rock alternative band, Bryan says he still gets a little nervous but really enjoys interacting with a crowd. "It makes them happy and it makes me happy".

(continued on page 6)

### Announcements

• **Belvidere Happy-Go-Luckies 4-H Club** (usually) meets the first Monday of each month at 7p.m. at St. Peter's Church, rural Goodhue. New members are always welcome! Contact club leader Michelle Benrud at 651-923-5247 for more information.

• **The Goodhue Area Historical Society Museum** is open June thru August Thursday and Sunday 1 to 4 p.m.. For after hours appointment call 651-923-4302 or 651-301-5731.

Do you have an announcement?

Email:

[hometownmessenger@gmail.com](mailto:hometownmessenger@gmail.com)

### St. John's Lutheran School Spring Play



Submitted by Beth Brekke

St. John's 3rd through 8th graders presented multiple skits under the theme "Lighten Up" during their Spring play production held at the Goodhue High School on Friday, May 12th. (additional pictures on page 3)

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## Faithful Mediocrity



By Pastor Eric Hanson,  
St. Luke Lutheran Church

It's the end of May at the writing of this article and I've started receiving graduation notices in the mail. I imagine you have too. It's that time of year again where we, as a community, get to bless our young men and women into the next chapter of their lives. What a privilege!

It's also that time of year when we get to express our hopes and dreams for those leaving high school for their next chapter. We say things like, "You can do anything you put your mind to!", "dream big!", and "you're going to do amazing things!" And we hope they'll make a significant impact on the world around them. Ideally, a larger impact than what we have made ourselves.

But you know what always seems harder than doing amazing things and dreaming big in this world? Living simple lives of what I call "faithful mediocrity." Faithful mediocrity is HARD. What is faithful mediocrity?

Glad you asked! Faithful mediocrity is doing normal things that aren't that amazing and that will never be written about in history books, and doing them really, really well. Faithful mediocrity is trying your hardest to be married to the same person for your whole life. Faithful mediocrity is making a marriage work when it's fun and when it's hard. Faithful mediocrity is going to work every day and contributing something to the larger world—maybe not a big thing—but some thing. Faithful mediocrity is nurturing and maintaining friendships and family relationships through phone calls, texts, the occasional in-person chat, or a short road trip now and then. Faithful mediocrity is fixing the car when it's broken, cleaning the house when the dust bunnies have turned into dust dinosaurs, and sitting down to a meal occasionally with people you love. Faithful mediocrity is giving of yourself, not so you can change the world, but maybe so you can change that person's day just a little bit. I remember when I graduated high school (then college, then seminary...), how many people expressed hope that I'd do "amazing things." I'm still waiting to do "amazing things." And the older I get, the more it looks like "amazing" is going to have to wait. But also the older I get, I find myself being much more interested in striving for faithful mediocrity. That's hard enough, and if I achieve faithful mediocrity by the time God calls me home, I'll consider my life well lived.

I'm reminded that in scripture, God never calls us to do "amazing things" (that's a human need, not a divine need). But God does call us to be faithful. And what does faithfulness look like? Colossians 3:12-14 has the best definition I've ever seen, "Therefore, as God's chosen people, clothe yourselves with compassion, kindness, humility, gentleness, and patience. Bear with each other and forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity." I think after I've achieved that level of faithfulness, I'll start working on those "amazing things." How about you? In the meantime, I

hope for faithful mediocrity for all those moving on to their next chapter of life. May you live in your next chapter with compassion, kindness, humility, gentleness, and patience. May your relationships be strong, and when they're not, may you work on them. May your friendships be life-giving, and when they're not, may you reconcile. May your car work well enough. May your homes be clean enough. May your work be good enough. And every once in a while, may you sit down at a table with those you love. If that's what you've achieved by the time God calls you home, you've done enough. Well done good and faithful servants.





**Cody Buck is an LPL Financial Advisor & CERTIFIED FINANCIAL PLANNER™** dedicated to assisting his clients in pursuing their financial goals.

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Sunday Morning Worship 8:30a.m. with communion on the second and fourth Sunday of each month.  
Sunday School at 9:30a.m., Sunday Bible Study at 9:45a.m., Confirmation Class 5:45 on Wednesday at St Peter's.  
8:30a.m. Quilting and Bible Study on Wednesday at St Peter's, and 10:30a.m. Midweek Bible Study on Thursday at St Peter's.

**AREA CHURCH DIRECTORY**

**The Almighty, Gentle God**

*He tends his flock like a shepherd: He gathers the lambs in his arms and carries them close to his heart; he gently leads those that have young. — Isaiah 40:11*

Isaiah 40 speaks of the power and might of God with amazing clarity. Estimates hold that the observable universe is 45 billion light years across, and yet, according to Isaiah, that is only like the breadth of God's hand. Ultimately, though, comparing the infinite God to the finiteness of this universe—as expansive as it is—would be futile.

Even so, when we consider that the almighty God scoops up his people in his arms and carries them like lambs, close to his heart, we are moved to marvel at his gentle love. Knowing that God has written our names on the palms of his hands (Isaiah 49:16) and that he sings over us (Zephaniah 3:17) as he carries us along in comforting beyond words.

Today some of us need to experience the comfort of our gentle God. Reading of his gentle loving care is a good start. However, God's gentleness is experienced in an incarnational way (in the flesh) when we treat others with the gentleness that God has shown us.

In what ways can you show gentleness to everyone around you today?

*Father, you are infinite and almighty. We are small and weak. You pick us up in your arms, and you love us and bless us. May we find shelter in your love today, and may we be shelter for people who are hurting. In Jesus, Amen.*

**ST. JOHN'S EV. LUTHERAN (WELS)**

Pastor Randall Kuznicki  
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Sunday School at 9:30a.m. at Grace.  
Sunday Bible Study at 9:30a.m., Confirmation Class 5:45p.m. on Wednesday, 8:30a.m. Quilting and Bible Study on Wednesday, and 10:30a.m. Midweek Bible Class on Thursday.



## Marcella Befort

Marcella Befort, age 102, passed away on May 3, 2023 at the Zumbrota Care Center. She lived the first 100 years of her life on the family farm just outside Bellechester, Minnesota. Marcella was born to Joseph and Susan Peters Delva on July 25, 1920. She married James Befort in 1954, and he died in 1974.

Marcella was a successful farmer who personally worked the land and animals for more than eighty years. For the last thirty years, she has farmed on shares with cousin and neighbor Don Strauss. She was an accomplished horsewoman and a proud member of the Bellechester Saddle Club. She was a lifelong member of St. Mary's Catholic parish in Bellechester, and she loved to dance.

Marcella resided at the Zumbrota Care Center for the last two years. She is preceded in death by her parents, Joseph and Susan, and by her husband, Jim. She is survived by Jim Ziska who lived and worked with Marcella for more than 60 years.

A funeral mass was held on Tuesday, May 9 at St. Mary's Church in Bellechester at 10:30 am., preceded by visitation beginning at 9:30 am. Burial was in St. Mary's Catholic Church Cemetery, Bellechester.



## Karen Farrell

Karen Farrell, age 70, of Coon Rapids, MN, died on Thursday, May 4, 2023, at her home.



Karen Louise Farrell was born on April 6, 1953, in Red Wing, the daughter of Robert and Freda (Herbst) Farrell. She grew up on the family dairy farm in Belle Creek and graduated from Goodhue High School in 1971. Following graduation, she attended Anoka Ramsey Community College where she received a degree and worked as an LPN. She went on to the University of St. Francis in Illinois, earning a bachelor's degree in Nursing. Karen worked as an RN for North Memorial Medical Center in Robbinsdale, for 39 years, retiring in 2020. She enjoyed traveling, genealogy, all kinds of crafting, especially card making. She also did volunteer work, both with blood donations and in the Nurse's Union at the Minnesota State Fair. Karen was loved by her family and made each of them feel special. She was known for having a very kind heart.

Survivors include her sister Sally (Joe) Dick, brother Glenn Farrell, sisters-in-law Paula Farrell and Lyubov "Luba" Farrell, as well as many nieces, nephews, great-nieces, and great nephews. She was preceded in death by her parents, her brothers Don Farrell and Gary (Patricia) Farrell, and sister-in-law Irene Farrell.

Memorials may be directed to the Goodhue Historical Society.

A memorial mass was held on Monday, May 15, 2023, at 11:00 am, at St. Columbkil Catholic Church, 36483 County 47 Blvd,

Goodhue, MN 55027. There was a visitation at the church one hour prior to the service. Interment was in the Burnside Cemetery, Red Wing.

## St. John's Lutheran School Spring Play



K-2nd grade students presented "The Tortoise and the Hare" during the St. John's School Spring play. The tortoise, played by Autumn Peters, crossed the finish line ahead of the hare, played by Clara Weckerling.



The St. John's preschool entertained the crowd by acting out "The Three Little Fish and the Big Bad Shark" as narrated by their teacher, Christine Pankow.

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**Lillian Raasch plays the Xylophone during the St. John's School Spring play.**

## 2023 MN/USA 6U-16U, Juniors, Girls State Freestyle Results for Goodhue Wrestling Club

### 14U-Boys 83

Arlyn Von Knobelsdorff's place is unknown and has scored 0.0 team points.  
 Quarterfinal - Odin Duncombe (Minnesota) won by tech fall over Arlyn Von Knobelsdorff (Goodhue Wrestling Club) (TF 10-0)  
 Cons. Round 1 - Charlie Ogle (No Nonsense Wrestling) won by tech fall over Arlyn Von Knobelsdorff (Goodhue Wrestling Club) (TF 10-0)

### 14U-Boys 114

Tim Strauss's place is 6th and has scored 110.0 team points.  
 Champ. Round 1 - Tim Strauss (Goodhue Wrestling Club) received a bye ( ) (Bye)  
 Quarterfinal - Connor Surrette (Pinnacle Wrestling Club) won by tech fall over Tim Strauss (Goodhue Wrestling Club) (TF 10-0)  
 Cons. Round 2 - Tim Strauss (Goodhue Wrestling Club) won by fall over Ben Masheimer (Minnesota) (Fall 3:32)  
 Cons. Round 3 - Tim Strauss (Goodhue Wrestling Club) won by tech fall over Carter Barz (Minnesota) (TF 11-0)  
 Cons. Semi - Aiden Grzywinski (Summit Wrestling Academy) won by decision over Tim Strauss (Goodhue Wrestling Club) (Dec 9-6)  
 5th Place Match - Preston Harms (Simley Wrestling Club) won by fall over Tim Strauss (Goodhue Wrestling Club) (Fall 0:41)

### 16U-Boys 220

Caleb Kurtti's place is 1st and has scored 230.0 team points.  
 Quarterfinal - Caleb Kurtti (Goodhue Wrestling Club) won by fall over Joshua Bergan (Minnesota) (Fall 1:09)  
 Semifinal - Caleb Kurtti (Goodhue Wrestling Club) won by tech fall over Samuel Winkels (Minnesota) (TF 12-0)  
 1st Place Match - Caleb Kurtti (Goodhue Wrestling Club) won by forfeit over Jack Carlson (Goodhue Wrestling Club) (FF)

### 16U-Boys 220

Jack Carlson's place is 2nd and has scored 200.0 team points.  
 Quarterfinal - Jack Carlson (Goodhue Wrestling Club) received a bye ( ) (Bye)  
 Semifinal - Jack Carlson (Goodhue Wrestling Club) won by tech fall over Karson Gariepy (Minnesota) (TF 10-0)  
 1st Place Match - Caleb Kurtti (Goodhue Wrestling Club) won by forfeit over Jack Carlson (Goodhue Wrestling Club) (FF)



Tim Strauss 6th Place

May 7, 2023 Rochester, MN  
 1st Place Caleb Kurtti  
 2nd Place Jack Carlson  
 6th Tim Strauss

## Goodhue Envirothon Team

The Goodhue Envirothon team will be sending two teams to the state competition after placing two in the top three at Byron Sportsman's Conservation Club outside of Byron, MN. They earned a birth to the state competition which will take place on Monday, May 15th. The second place team was Goodhue Black which is made of Luke Roschen, Roland Munson, Michael Roschen, Jack Carlson, Hayden Holm, and Luke Roschen. The championship team was Goodhue Black who is made of Kendra Rehder, Kylie Mandelkow, Brynna Shaw, Natalie Thomforde, and Macy Buck. Chatfield will also be bringing a team to the state competition after placing 3rd in the region. The teams are coached by science teacher Matt Halverson and Robby Ebner.

Envirothon is a science and nature competition in which students are tested in the field of soils, water, wildlife, forestry and special topic. The competition also includes a heavily scored oral presentation which relates to the yearly special topic-this year it was on green city infrastructure and design. Teams have to come up with a plan of how to fix a current scenario in Minnesota. Goodhue is part of the Southeast Region VII which includes schools in Goodhue, Wabasha, Rice, Steel, Freeborn, Mower, Dodge, Olmstead, Winona and Houston counties. The top three teams in each region qualify for the state competition. With eight regions in the state, there will be 24 teams that compete at the state level.



Hayden Holm, Michael Roschen, Jack Carlson, Roland Munson, and Luke Roschen



Brynna Shaw, Kylie Mandelkow, Natatie Thomforde, Kendra Rehder, and Macy Buck

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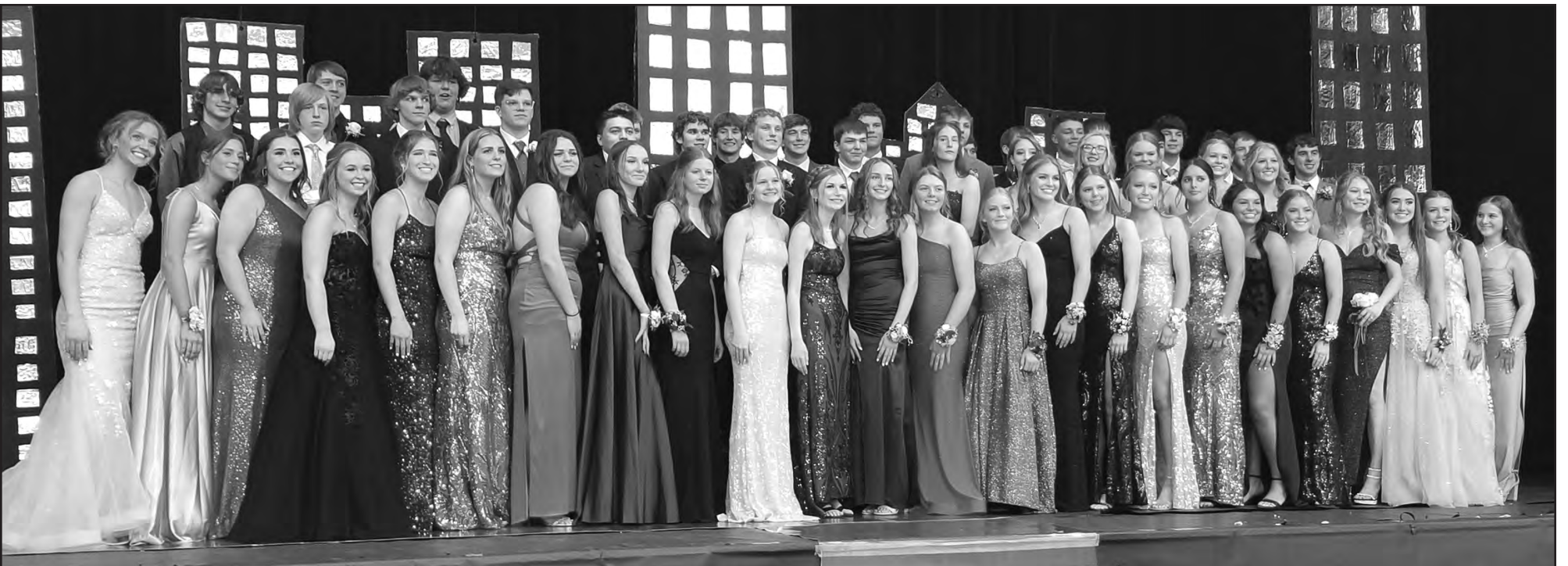
Goodhue-Bellechester  
 Messenger

# Goodhue Prom



Members of the Senior class that attended the "Night In Hollywood" themed 2023 prom.

Submitted by Beth Brekke



This large delegation of Goodhue Sophomores shone on prom night.

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A standing room only crowd gathered in the Goodhue High School gym to watch 72 couples take their walk through the grand march on prom night, May 6, 2023.

## Local Musician, Bryan Anderson Returns To Volksfest Stage

(continued from page 1)

He draws a crowd across Southeast Minnesota having played in Cannon Falls, Zumbrota, Kenyon, Rochester, Stillwater and other towns. He is equally happy to step back as a drummer or as the lead guitar player for Hailey James ([www.haileyjamesmusic.com](http://www.haileyjamesmusic.com)), a Cottage Grove native whom he has played with at Country Fest and other shows.

Anderson also plays in Western Wisconsin cities including Prescott and Bay City. He is especially popular in River Falls where he attended college, majoring in crop and soil science. This agronomy degree has been useful for both calculating chemical application rates at his full-time job at Precision Landscaping & Construction Inc. in Hastings and on the home farm. The Andersons milk around 100 cows on the Vasa farm that was established in 1896. They own 500 acres, rent many more and along with other family members do custom bale wrapping and harvesting. When he can, Bryan helps out with milking, animal care, machinery maintenance, and fieldwork, sometimes pulling a 24-hour shift in the combine.

This farm-boy work ethic leads him to think that competing on a talent show such as Amer-

ican Idol or The Voice equates to the easy way to fame. The humble Anderson says he's more interested in enjoying what he does than making it to the big time. Still, he knows he can't pass up an opportunity when one comes along. "I don't know how any of it happened," he said about receiving a phone call from Red Ridge Entertainment in Nashville asking if he wanted to come and record an EP (an extended play musical recording that is shorter than a full length album).

Bryan was excited to work with the professional musicians and producers that included Tim McGraw's bass player and Wynona Judd's son-in-law. He was impressed with the quality of the recording and they were impressed with the quality of the songs. When he's not farming; landscaping; spending time with his family, friends and dog; or putting on a show; he writes songs including four of the five songs on the EP. "I find humor and comfort in writing about personal experiences," he explained.

Producing and distributing the EP is a paid service of the entertainment company. While this is not cheap, Anderson says his music career pays for his music career. His songs have gotten some radio air time in small markets or in the hours after midnight. You can find Bryan's music on most digital platforms such as YouTube, Spotify, iTunes and Amazon where his songs have been played thousands of times for which he earns a small amount of money. T-shirts will soon be available for purchase at shows and you can buy his CD titled Anywhere But Here. Find a schedule and follow him at <https://www.facebook.com/BryanAndersonMusic>.



Bryan Anderson taught himself how to play the guitar and numerous other instruments and enjoys interacting with the crowds when he puts on a show. Shown here opening for John Michael Montgomery at the 2022 Volksfest, He will be onstage ahead of Lost Highway and Granger Smith at this year's festival on June 10.

Bryan Anderson kicks off the Goodhue Volksfest entertainment Saturday night, June 10th at 6pm. Then see Lost Highway on their "Goodbye Tour" followed by national recording artist, Granger Smith.



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- 2023 -

# VOLKSFEST ACTIVITIES

Saturday, June 10  
**TYLER STEHR**  
2:00pm

Food  
& Drink  
Specials  
Both Days!

Sunday, June 11  
**BRYAN  
ANDERSON**  
2:00pm

**CORNER BAR & GRILL**  
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## GOODHUE VOLKSFEST

JUNE 9-11, 2023

**WED. JUNE 7 — MEDALLION HUNT**  
\* 7PM - POOL GAMES

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### FRIDAY, JUNE 9

7PM MISS GOODHUE • GHS GYM 1 — \$5/Person

### STREET DANCE

### KC/DC

BLONDAGE LONE JETT & THE BROKENHEARTS

7:00PM GATE | 8:00PM MUSIC \$25 PRE-SALE & AT GATE



### SATURDAY, JUNE 10

- \* 8am-1pm Car Show • St. Peters Church
- \* 8:30-11:30am Quilt Show & Burrito Breakfast • St. Peters Church
- \* 8:45-10am reg. Road Rally • Start at Goodhue C-Store, \$5/person
- \* 9am Udder Run • Starts at back of GHS, \$15/ea adv | \$20/ea day
- \* 9am-2pm Craft and Vendor Show • Community Center/Lion's Building
- \* 9am Co-ed Sand Volleyball Tourn. • Rosie Park, \$60/team
- \* 10am-1pm Kids Bounce Party • GHS Gym 3

- \* 10am 3-on-3 Basketball • GHS Gym 1, \$100/Team
- \* 11am Bean Bag Tourn. • Rosie Park, \$40/team
- \* 1pm Bingo • Fire Hall
- \* 1-4pm Gopher State Garden Tractor Pull • 3rd Ave
- \* 2pm Tyler Stehr Live • Corner Bar
- \* 2pm Pedal Tractor Pull • Broadway/2nd Ave
- \* 10pm Fireworks • Rosie Park

#### PRESENTED BY:

- \* Goodhue Pool \* Goodhue Lions \* Goodhue Jaycees \* St. Peter's Church \* Corner Bar
- \* Goodhue Community Fund \* St. Luke's Church \* Goodhue Wrestling \* Goodhue Fire Dept.

### STREET DANCE

6:00PM GATE | 6:30PM MUSIC  
\$40 PRE-SALE \$50 GATE

### GRANGER SMITH

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- 5yr ↓ Free | 6-12yr \$8 | 13yr ↑ \$12
- 9am Community Worship Lutheran Service • GHS Gym 1
- \* 1pm Parade
- \* 2pm Fire Dept. Water Fight • Fire Dept.
- \* 2pm Bryan Anderson Live • Corner Bar



## United Way of Goodhue, Wabasha, & Pierce Counties Announces New Executive Director

RED WING, MN - The United Way of Goodhue, Wabasha, & Pierce (UWGWP) Counties is pleased to announce that Nicolle Mechelke has been selected as Executive Director. Her first day will be June 5th, 2023.



Most recently, Nicolle Mechelke was with Hennepin County as a Program Manager, leading a new program aimed at increasing homeownership.

She holds a Master of Arts in Organizational Leadership from St. Catherine University and a Bachelor of Arts in Journalism from the University of Wisconsin-Eau Claire.

Nicolle also serves as an At-large Board Member for Leaders of Today and Tomorrow in Saint Paul and as an Advisory Committee Member for the Capital Improvement Program Advisory Committee in Ramsey County. In her spare time, Nicolle likes to be active in the outdoors and spend time with family and friends.

We are excited to welcome Nicolle as the Executive Director. She will be leading our small but mighty team into the future of United Way of Goodhue, Wabasha, & Pierce Counties (UWGWP). The search committee found Nicolle to be "articulate, engaged and thorough." We are confident that she will bring both enthusiasm and experience to her new role. Nicolle says, "I am thrilled to join the United Way of Goodhue, Wabasha, & Pierce Counties. Staff, the board and multiple stakeholders have done a wonderful job expanding our reach. We have made great deposits in financial stability, health, and education, but now our communities are contending with housing disparities and hunger as well. We have a bright future ahead of us and we will continue to be an agent of change."

Please help us to welcome Nicolle.

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## Finding Your Soul Purpose



By Susan Hinrichsen, CHC, CLC

As we now know, our thoughts can convert into our physical body. The physical body is mass, and the mass has energy, and the energy has vibration and waves. If you have a disturbance and this disturbance was created by a conflict or crisis, this creates destructive wave interference (one wave against another). This weakens the vital energy of the cell in that organ, then the vitality will be lessened. When the vitality drops under a certain level it creates disease. The disease is a combination of two things: 1. Stress that consumes energy. 2. The vitality of the cell of the organ.

Health as defined by the World Health Organization (WHO). states that health is the state of complete physical, psychological, and social well-being and not merely a lack of disease. According to Dr. Nader Butto, we need to account for spiritual well-being in addition to the original definition of health by the WHO.

This statement has been furthered by Dr. Butto who states, "Well-being is the state of mind in which the person feels that he/she is able to realize his/her aspiration in life with a sense of love, happiness, and freedom. This is real health that modern medicine does not account for according to Dr Butto. He has created his own healing model in Europe, Unified Integrative Medicine, in which he incorporates modern medicine and other healing modalities (such as chakras and meridian lines in our body) and includes additional therapies addressing the soul and spirit.

He breaks up the soul into three different portions:

- The animal soul which is the magnetic field of the body.
- The physical body.
- The guiding spirit.

For every psychological crisis there is a very specific address in our physical body mathematically. Nothing functions randomly or by choice.

Behind every psychological conflict we have a potential of learning and growing. When we have an experience that keeps happening repeatedly, and we say, "gosh this keeps happening to me." The question we should ask ourselves is "What am I supposed to learn from this experience?" Things don't happen to you; they happen for you. Once we learn the lesson that is being given to us, we

will not have that experience again.

To heal from conflict or trauma, our emotions must be released and let go. These traumas can range from birth to a person's current age. When these kinds of treatments are used, integrating the energy with the information in the soul, the physical body will respond with healing without giving any chemical substance.

Our imagination is our reality of our soul:  
4% of our reality is in our physical body.  
96% is not in the physical body.  
23% is in our psyche.  
73% is in our soul.

Our psyche encompasses our emotions, mind, and intuition. Our soul holds energy and information. The animal soul (magnetic field) which is always related to the physical body. The human soul which is joined to us at birth is a quantum state. A state of information, not energy, which came from the positive pole of the quantum potential. The quantum potential has two poles, the positive and the negative. The positive pole is the angelic ward in the spiritual world. The negative pole in the quantum potential is the help, the guiding spirit. We have representatives from each part. We have the human soul from the angelic world, and we have guiding spirit from the spiritual or "genie" world. The genie world is not accepted in western cultures in Christianity or Jewish cultures. There is a full chapter on this in the Koran. The Chinese, Hindu and Indian (India) cultures all are speaking very widely about this world that is completely neglected in the western world and in Christianity.

In religion there are two aspects: Morality and spirituality. Most people take morality as a purpose in their life. They forget what religion was intended to be. It was intended to aid us in growing closer to our creator, evolve our soul, and to teach us to love one another unconditionally as we are loved unconditionally by our creator.

The more we are giving and loving the more we are growing and evolving. We then are freer to be the catalyst of something or for somebody. You start to be the source of love and light for others. Once you do this, you won't need anything from others to fill the void you once had in your life. This lets you serve others and you become the one that is happy. Happiness is related to love although, many people confuse happiness with pleasure. Pleasure is not happiness. Pleasure is something you take for yourself. Happiness is what you are giving for others. When you do something with love you are happy. You don't need anything in return. When you are happy you are free. Each one of us wants to be happy and free – nothing else. For more information on Dr. Nader Butto and "Unified Integrative Medicine," you can order his book on Amazon.

From my own experience, as I got older, I found I had an inner burning desire that I had to do more for me and help others in the process. I wanted to know why I was here and what was my purpose in life. These questions led me on quite a journey in my life

and is also the reason why I started coaching others. I have been on what I call a "Hero's Journey". It is a journey of self at a soul level. I have learned that we all have a purpose to fulfill in life and this purpose was given to you through your soul at birth. The problems and obstacles in life are stimuli or triggers that you experience, and these are here to help you make changes in your life and evolve you and your soul. As humans we tend to get comfortable and into routines. We only make changes through difficulty. If you have difficulty accept it, and work on resolving it, so you can learn the lesson from the difficulty. If you reject it, you will stop the learning process and the universe will give you the same problem again, maybe bigger, or heavier, in the hopes you will learn from it.

When you start on your journey to find your life purpose you need to look at what makes you happy. The things that make you happy are part of your life purpose. All the things that make you suffer are also a part of your life purpose, but this is where things get interesting. The suffering is there for you to learn, to expand your awareness of self, and to help you level up. These things are most likely there to prepare you for executing your life purpose even if you may not know what it is yet. If things are not going as expected

be curious, ask yourself what it is that you are feeling, disappointment? What expectations did you have for yourself?

As we expand our awareness of why we are here, what we are meant to do or create in our time here on earth, we begin to evolve our realization that we are all one, a collective consciousness. Our main purpose is to evolve our soul and get to the point where we can find our soul life purpose and live it. We are the universe, and we are co-creators as well.

I would love the opportunity to help you find your soul purpose, what makes you tick, what you love in life, and create more of what you want so you can have improved health, wellness, and live your best life. Please feel free to visit my website [susanhinrichsen.com](http://susanhinrichsen.com) and download my 7-Day Workbook at no cost to you. I also offer a 60-minute complimentary "Seeking Your Next Chapter Discovery Session" where we can get some clarity on where to start, or you can also email me at [susiecoaches@gmail.com](mailto:susiecoaches@gmail.com). I am offering a Memorial Day discount through the month of June if you decide to continue to work together and "Explore Your Next Chapter" after your complimentary "Seeking Your Next Chapter Discovery Session."



**GOODHUE COUNTY**  
**BREAKFAST ON THE FARM**




**Friday, June 16<sup>th</sup>, 7-11 a.m.**

**McNamara Dairy**

20200 390th St. Goodhue, MN 55027

Everyone is welcome - families, neighbors, community members, and school groups!

Meet Princess Kay of the Milky Way, Rachel Rynda and the Goodhue County Dairy Princesses

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- Name a Calf Contest
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- Ellsworth deep fried cheese curds!
- Games and Farm Fun Activities for Kids
- KCUE Live Radio Broadcast 7-11 a.m.
- Tractor and Farm Equipment Display
- Milk "Annabelle" the cow
- Tub Train Ride for Kids

Sponsored By: Goodhue County Dairy Farmers, KCUE Radio, and local Businesses



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**Join our Host Family Farm**  
- McNamara Dairy -  
to celebrate June Dairy Month!

Direction from Goodhue: Take Highway 58 South 1 mile  
Turn right onto 390th St for .6 mile. Farm is on the left.

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**Red Wing High School:** Pick-up at 7:30 am and 8:30 am  
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**Goodhue High School:** Starting at 6:45 am  
and running continuously until 11 am.

The June Dairy Breakfast on the Farm is a "fun" yet "educational" event to explain how milk is produced and to educate consumers and community on the positive impact the dairy industry has in Goodhue County and MN. They want to say "Thank you" for being our neighbor and supporting our family farm.

Questions? Or group reservations of more than 10:  
Call Kristin Schrimpf 651-380-8293 or Ann Buck 651-764-3087



## Seasonal Allergies and Exercise for Longevity



By Shauna Burshem, D.C.

Exercise is widely considered to be the answer for weight loss, heart disease and diabetes prevention and overall health. When the topic of cancer comes up, exercise is not usually mentioned as a treatment or preventative tool. According to recent research, exercise can help lower your risk of cancer, help cancer patients recuperate at a faster rate and diminish your risk of cancer recurrence. Exercise can also help lower your risk of dementia. If you are a man in your middle age, exercising on a regular basis cut men's risk of lung cancer by 55 percent, and bowel cancer by 44 percent. It also reduced their risk of dying from lung, bowel, and prostate cancer by nearly one-third. As we age, health con-

cerns start to include the health of our brain. Diseases like Alzheimer's and senile dementia are extremely prevalent in our society. In seniors who are at high risk of dementia, studies have shown that cognitive decline can be reduced with a comprehensive program addressing diet, exercise, brain training, and managing metabolic and vascular risk factors.

Thought for the Week: Lack of activity destroys the good condition of every human being, while movement and methodical physical exercise save it and preserve it. ~Plato

Chiropractic and Seasonal Allergies: Although chiropractic care is not normally thought of by the lay public for allergy relief or chronic sinus trouble, it offers a profound and medically sound method for improving well-being and fending against common, everyday afflictions. This is achieved through the release of stress on the nervous system, which then permits the immune system to function more effectively — a requirement for all allergy sufferers. In fact, recent research has demonstrated a distinct relationship between the two that entails the nervous system "tipping off" white blood cells about the presence of all forms of bodily invaders. Chiropractic performs this task by correcting body malfunctions produced by vertebral subluxations, a common spinal distortion that puts stress on the nervous system. Freed of nervous system stress, the body can then work more effectively to neutralize allergy-causing chemicals, build healthy immune

systems and energize malfunctioning defense mechanisms. In addition to the immune system facts, here it is in simpler terms. The nerves that control sinus function are located in the upper neck. If neck vertebra (the bones) are not in proper alignment, there is a resulting decrease in nerve flow to the sinuses which can then cause the sinuses not to function at 100%. This can lead to someone being more susceptible to their allergy symptoms.

Correcting the spinal alignment, frees up the nerve flow and will help the sinuses do their job the way they are supposed to. In addition, chiropractors work directly, externally on the sinuses helping them to drain. Sinus massage and repetitive tapping on the sinuses with a technique called acupressure will help the sinuses drain.



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## MISSY'S MESSAGE



### REPORTING BACK - UP AT 6AM!

I hope everyone is adjusting to the time change like I am. I've gotten used to not hitting the snooze button, and it isn't so bad getting up at 6AM. I like to exercise right away in the morning participating in a class on the internet (strength endurance or yoga), walking with a friend, or walking on my treadmill. Now that the weather is cooperating, I try to take a short walk before work in the morning with Monty's dog Maisy. I call Monty and say, "Can Maisy go for a walk"? We walk by the Veteran's memorial, past the walking bridge and make a loop around the park. We've even taken a few walks after work. Trying to keep active and getting in extra steps when we can along with enjoying the beautiful weather.

Memo from MotoProz...

Spring is here...Tis' the season! We have a great supply of new and used side by sides, new EZGO Golf carts, and new Hustler zero turn mowers! Financing available! Stop in to check them out or take-a-look online at [www.motoproz.com](http://www.motoproz.com)! The place to go is MotoProz in Mazeppa!

Missy and her husband Mike own MotoProz in Mazeppa.

## Your Family Farm Can Benefit Southern Minnesota's Future



**Tim Penny**  
So. MN Initiative Foundation

As president of Southern Minnesota Initiative Foundation (SMIF) I travel across our region nearly every day visiting people and places in the 20 counties that we serve. Over the 16 years that I have worked at SMIF, I have watched farming practices change and adapt. As someone who comes from a farming family, I know what it is like to feel rooted to the land, and how heartbreaking it is to see productive land used for anything but farming.

Fortunately, for those who do not have an

heir to transfer the land to when the time comes, SMIF has a program to help safeguard the family legacy and keep their farmland in production. SMIF's Acres for Good program allows farm families to donate their land as a charitable gift. What makes this model unique is that rather than liquidate the asset as most charities do, SMIF will retain the land and keep it in production by a rental arrangement. This allows retiring farmers the peace of mind that their land will continue to be farmed.

What does it mean to give farmland as a gift? There are three options. You can give a gift during your lifetime and you would get a charitable deduction on income tax. You can wait and give it in your will and it would be released to SMIF upon your passing. Or you can opt for a retained life estate where you keep the right to farm the land until you pass and then it automatically becomes a charitable gift at that point. For those who only want to donate a section of their property, SMIF can accommodate that preference, as well.

As the name suggests, the Acres for Good program is also a way to do good things for your community. The net income stream from the land can be used to support southern Minnesota communities well into the future. Farmers can choose how they want to allocate their gift of land through this program. There are several options.

For example, the benefit can go toward one of SMIF's 31 Community Foundations (Pine Island and Lonsdale are our newest foundations) which invest in their communities through grants and programs.



Or, for a region-wide reach, farmers can allocate their gift toward SMIF's general endowment, or SMIF's specific funds which support youth and entrepreneurs in the region.

Another option could be setting up a Donor Advised Fund to allocate resources to the donor's specific interests such as a place of worship, an alma mater or a local charity. Whichever avenue, these are all ways to leave a legacy that will make a huge difference in the future of southern Minnesota – and doing it all without having your family farm sold.

Acres for Good is an incredibly unique way to donate and preserve farmland while also creating an ongoing stream of charitable funds to help out your local community or a cause that is dear to your heart. SMIF is here to help you create your ongoing legacy.

To learn more about the Acres for Good program visit [smifoundation.org/acresforgood](http://smifoundation.org/acresforgood) or contact Alissa Oeltjenbruns, Philanthropy Officer, at 507-214-7023 or [alissao@smifoundation.org](mailto:alissao@smifoundation.org).

As always, I welcome your comments and questions. You can reach me at [timp@smifoundation.org](mailto:timp@smifoundation.org) or 507-455-3215.



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9:30 A.M.  
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**Jensen Auctions Summer Schedule**

**June Auctions:**

- Michael & Christine Hein Revocable Trust Land Auction - Friday June 9th 10AM (onsite)
  - o 150+/- Acres Bare Farmland in Freeman TWP, Glenville MN - Parcel ID's 030050090 & 030080090
- Wayne & Verla Jones Auction - Saturday June 10th 10AM (motorcycle)

**July Auctions:**

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**HOLLAND AUCTION**

**POLARIS ATV • SKID LOADER • GUNS ANVILS • ANTIQUES COLLECTIBLES**

**"YOUR #1 AUCTION PROFESSIONALS"**

**Auction**

**SUNDAY, JUNE 4, 2023 • 9:00 A.M.**

**LOCATION:** From Ellendale, MN, 2 1/2 miles southwest on Cty. Rd. 14 (or 52nd Ave.), then 1 mile south on 770th Ave.

**Auctioneer's Note:** After 45 years of collecting antiques, the Langlies have decided to hold a public auction. This is only a partial list of the many collectible items to be sold. Mark your calendars and hope to see you auction day. **Tracy Holland**

**POLARIS ATV • SKID LOADER • GUNS • ANVILS • GAS PUMP TOYS • ANTIQUES • COLLECTIBLES • OUTDOOR ITEMS • MISC.**

- 2011 Polaris Sportsman 550 ATV, 4x4, 890 miles, one owner (to sell at 12 noon) • Old Wayne gas pump • 290lb Anvil 32" • Case 1816B skid loader • J.D. 290 planter • Dump rake • 10' field digger; 3 sets of scaffolding • 2 hand corn shellers • 5'x10' dog kennel • Rigid pipe stand • Misc. steel • Hand tools • Pit Boss pellet grill • 4 old boat motors • Acetylene torch • Building supplies • Old tools • Wood planes • J.D. 70, 1/18th scale • Diecast toys • Several anvils • Cracker Jack prizes • Pioneer hybrid memorabilia • Old cloth seed sacks • Key Stone steam roller • Old hand push sickle mower • Bar memorabilia • Toy tractors • Local advertising items • Misc. hunting & fishing items • Milk bottles • Tractor & Implement & Dealer manuals • Geneva market plates • Old trunks • Beer signs • Galvanized tubs • Many advertising items



**GUNS TO SELL AT 11:00 A.M.**  
Winchester Model 37 single-shot 16 ga. • Winchester Model 37 single-shot 12 ga. • Gibbs Rifle Col 28 ga. over-under, nice carving • Springfield Model 10 single-shot 12 ga. • J.Stevens Arms 410 single-shot • ACME Model 1896 single-shot, Davenport Firearms 12 ga. • Ruger 10-22 auto, stainless, 22 cal. • Remington model 870 Camo, 3" less, 12 ga. (like New) • 4 misc. BB & pellet guns

**Terms:** Cash or good check & picture ID required. 10% buyer's fee applies to all items. No property removed until fully settled for. Sales staff and owners not responsible for accidents. Any verbal announcements made day of auction takes precedence over print. Lunch and restroom on site. **CLERK: Holland Auction LLC.**

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**Breakfast on the Farm**  
June 10, 2023  
8:00 AM - 12:00 PM

**Horse and Wagon Rides**  
**Pet Animals in the Petting Zoo**  
**See Vintage Tractors**  
**Ride the Kiddy Train**

**Tour the Barns**  
**Take a Picture with a Calf**  
**Jump in the Bouncy House**  
**Craft in the Youth Activity Tent**

June 10, 2023  
Time: 8:00 AM - 12:00 PM  
Place: Kashome Holsteins - Scott, Dawn, Patrick, and Derrick  
Cost: \$5.00 per person, 5 years and under eat free  
Serving: Waffles, Sausage, Cheese, Milk, and Coffee  
Free bus transportation available from the Steele County Fairgrounds, starting at 8:00 AM. Last bus departure to farm at 11:30 AM. Handicap parking only at the farm.

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**AUCTION CALENDAR**

**June 10, 2023 ..... 9:00 AM**  
Kenyon, MN  
EARLY SUMMER AREA FARMERS CONSIGNMENT AUCTION  
Live And Online Area Farmers Consignment Auction, Tractors, Combines, Semi's, Trailers, Construction Equipment, Planters & Tillage Equipment, Livestock Equipment, Pickups, Cars, ATVs and Farm Support Items

**June 20, 2023**  
Bidding Begins: .. June 10, 2023  
Starts Closing: .. June 20, 2023  
Owatonna, MN  
ONLINE ONLY INVENTORY REDUCTION AUCTION FOR ALLYSNE CONSTRUCTIONS CORP.  
Redi Haul Trailer, Job Boxes, Cement Power Tools, Sand Blasting Equipment, 50+ Aluminum Planks, Scaffolding, Rigging Equipment, Power & Hand Tools, Saly Equipment, Job Site Tool and More

**June 21, 2023**  
Bidding Begins: .. June 13, 2023  
Starts Closing: .. June 21, 2023  
Welch, MN  
ONLINE ONLY ESTATE AUCTION FOR THE STEVE SHOWERS ESTATE  
John Deere Z245 Zero-Turn Mower, John Deere G1262 Garden Tractor, John Deere 4x2 Gator, 1988 Bayliner Boat, Lawn & Garden Tools, Power & Hand Tools, Pallet Racking, Farm Primitives, Red Wing Stoneware, Advertising Items, Vintage Bottles, Lawn Art Items, Primitive Outside Items, Steel Wheels, and Much More.

**June 28, 2023**  
Bidding Begins: .. June 21, 2023  
Starts Closing: .. June 28, 2023  
New Richland, MN  
ONLINE ONLY INVENTORY REDUCTION AND HOG FACILITY AUCTION  
Hog Facility Equipment, Holding Bins, Feed Lines, Feeders, Fans, Gates, New Loadin Chute, 3500 Bushel Per Hour Grain Leg, New Feed Conveyor, New Semi Tires, Electric Motors, 12"80" Swing Hopper Auger, Bin Sweeps, Farm Support Equipment Etc

**July 16, 2023**  
Bidding Begins: .... July 7, 2023  
Starts Closing: .. July 16, 2023  
Mazeppa, MN  
ONLINE ONLY HOBBY FARM AUCTION FOR DENNIS HEIMER ESTATE  
2006 Chevy 1500 Pickup, IH 666 w/Allied Loader, IH 504 Tractor, IH 284 Tractor w/Mower, (2) Craftsman Garden Tractors, Power & Hand Tools, Hobby Machinery, Livestock Equipment, 75+ Collector farm toys and Memorabilia, Lawn & Garden Items

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**LIVE & ONLINE KENYON, MN AREA SUMMER AUCTION**

**MARING AUCTION LLC**  
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AUCTION LOCATION  
Maring Auction Lot, Highway 56 North, Kenyon, MN 55946  
**Saturday, June 10, 2023 • 9:00 a.m.**  
COMPLETE DETAILS & IMAGES AT:  
[www.maringauction.com](http://www.maringauction.com)

**TO CONSIGN YOUR EQUIPMENT:**  
Bring Items to Maring Auction Lot  
June 1, 2 & 3 from 8:00 a.m. - 5:00 p.m. and/or June 5, 6 & 7 from 8:00 a.m. - 5:00 p.m. NO Sundays, Gates Closed

**Semis, Hopper Trailers, Gooseneck Trailers**  
'16 Freightliner Coronado Day Cab, Detroit, 10 Sp; '14 Freightliner 113 DC Day Cab, Detroit, 10 Sp; '13 Peterbilt TK Day Cab, Paccar Dsl; '12 Mack CXN 613 Day Cab, Mack Dsl, 10 Sp; '07 Mack CXN 600 Day Cab, Mack Dsl, 10 Sp; '07 & '06 Freightliner Columbia 112 Day Cad, Mercedes Dsl, 10 Sp; '19 Wilson DWH-650B Hopper Bottom Tlr, Tri Axle, 445/50R22.5, 49"x96"x78", Tarp; '18 Wilson DWH-600 Hopper Bottom Tlr, Tri Axle, 11R22.5, 47"x66"x96", Power Tarp & Traps; '86 Timpte Hopper Tlr, 40"x96"x66", Spring, Tarp; '03 IH 4200 Straight Truck, 14' Flatbed, 1300 Gal Tank, VT365 Dsl, Auto, 324,183 Miles; '20 Big Tex 22-GN-35BKT5MR, 35"x102", Duals, 48" Spread Axle, Mega Ramps; '99 PJ Gooseneck Tlr, Duals, Ramps, 38", 10,000 Lb. Axles; '79 Wilson AGH-500 Tlr, 42"x66"x96", Spring, Tarp; '92 KW Semi, Day Cab, 24.5, 60 Series Detroit, 10 Sp

**From Chris Hokanson Farm**  
'12 NH BR7070 Baler, Net & Twine, 540 PTO, 7500 Bales; Bush Hog DM-80 3 Pt. Discbine; '79 GMC 7000 Single Axle, V8 Gas, 5x2 Speed, 16' Box & Hoist; JD 643 Corn Head, Poly; Brillion SS-12 Seeder/Cultipacker; Gehl 1065 Chopper, Tandem, 1000PTO, Metal Stop; Gehl TR3038 2R30" Corn Head; JD 148 Loader, 40 Series Brackets; NH 56 Hay Rake; Mills 12" Creep Feeder; JD 721 Hyd. Loader, 7", off JD 7000 Series; Land Pride SG2660 Skid, Rotary Cutter; H&S Hi-Cap 6F 12C Wheel Rake; Farm Fans AB-8B 4 Column Grain Dryer, Single Ph., 5500 Hrs, 230 V; Unverferth HT25 25' Head Trailer; Shop Built Single Axle Hyd. Dump Trailer, 8' Box; Metal & Poly Bunks; Gravity Boxes; AC WC, NF, New Tires

**Machinery from Hildebrandt Farms**  
JD 3970 Forage Harvester, Hyd, Tongue, 1000 PTO; JD 7' Hay Head; (3) JD 716A Forage Boxes, JD 1275; NH 352 Mill, 540 PTO; Farm King 8"x31" Auger, 5hp; Demuth 28"x12" Conveyor; Apache 15" Tandem Axle Creep Feeder, 300 Bu; (2) Gehl 1580 Forage Blowers; Loyal 20"x13" Conveyor, Plastic Liner, 1/2hp; JD 425, 54" Deck, All Wheel Steer; Raven 440 SCS Monitor With Super Cooler

**Good Tractors & Skid Loader, Attachments, JD Loader**  
JD 4020 Dsl, PS, 8325 Hrs, 16.9x38, 2 Hyd., 540/1000PTO; IHC 966 Dsl, 7806 Hrs, 3 Pt., 540/1000 PTO; JD 430T NF, 13.6x28, 3 Pt.; JD R Dsl, Pony Start, 2 Hyd., Wheel Weights; Farmall 856 Dsl, WF, Fenders, 18.4x38, 3 Pt., 7444 Hrs; Farmall Super MTA, WF, Fast Hitch, 13.6x38, Noise in Trans; JD 40, NF, Gas; Farmall Super A, WF, Weights, Woods Mower; JD 6675 Skid Loader, 66" Bucket, Aux. Hyd.; Skid Loader Attachments: Post Augers, Grapple & Rock Buckets, Land Planes, Tree Shears, Booms, Mowers; JD 644-A Wheel Loader, 20.5x25, 2 Yard Bucket, 9823 Hrs

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Top Air TA-1200 Sprayer, 1200 Gal, 80' Booms, Hyd. Drive, R46, 440 Monitor; CIH 955 Planter, 12R30", Liquid Fert., Corn & Bean, 3 Pt., Row Shut Offs, Monitor; CIH 183 Row Crop Cult, 12R30"; Hardi NAV1000 Sprayer, Hyd, Pump, 60' Booms, Foamer, Raven 440; Bush Hog 3815 & CR15F Bat Wing Mowers; JD 603 , LX6 & 506 Rotary Mowers; Schulte Rock Picker, Hyd. Reel & Dump; Gehl 860 Chopper, 2R30" Corn Head, 5' Hay Head, Electric Controls; MF 1756 Round Baler, 540 PTO, Monitor, Kicker; H&S 9 Wheel In-Line Rake; NI 400 5 Bar Rake; OMC 229 Haybine, 9", Rubber Rolls; Fimco 500 Gal Sprayer, 3 Pt., PTO, 30' Booms; IHC 710 Plow, 4x16's; NH 270 Baler; JD 567 Baler, Mega Wide, 8500 Bales; JD RG 6R30" Cult.; JD 400 Rotary Hoe, 15"; Meyers 350 Manure Spreader; Clay 2250 Manure Tank, Tandem, 3 Injectors, Hyd. Drive; Power Guard 60KW Stand by Generator, Natural Gas, Auto Transfer Switch; Portable Loading Chute, Hyd. Lift, Right, Left and Center Load; (2) Poly Dome 3 & 4 Ton Bins, Feed Line; (3) GSI Hog St Holding Bins, Feed Line: 5 & 6 Ton; 20' Enclosed Chute; JD 40 Manure Spreader, 540 PTO

**Motor Homes, RV's, UTV's, Pickups, Storage Container, (9) Mini Mod Go Carts**  
'03 Ford Sea Breeze 1341 Motor Home, V10 Gas, 31,000 Miles, 2 Slide Outs, 35', Roof Air, Generator, Hyd. Leveling, Camera; '02 Coachman Apex Travel Tlr, 2 Slide Outs, Roof Air; '74 Honda 90 Minibike; JD X485 Mower, All Wheel Steer, Deck, 1426 Hrs; '79 Lund 18' Fishing Boat, 35hp Johnson, Trailer; '00 Chevy 1500 Pickup, 4x4, 157,015 Miles; '98 Chevy 2500 Pickup, 4x4, Reg. Cab, 182,000 Miles; 550 Gal Fuel Tank; Multi Door 40'x8' Storage Container; (2) Storage Containers: 8'x8", 10'x8"; Several Hoop Buildings; '17 Mahindra 750XTU UTV, 515 Miles, Dump Box, 4x4; Military 5 Ton 6x6 Drive, Cummins Dsl, 5x2 Transmission \*\* (4) Mini Mods, Outlaw Racing Seats, Fuel Cell, 500-700cc Motor; (5) Go Karts, B&S, Fiberglass Body, Rub Rails

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Deere/Weber Hi Wheel Triple Box, End Gate Seeder; JD Sulky Plow; Wooden Wheel Double Box from Lonsdale, MN; Steel Wheel Wagon, Double Box; Deere/Weber Fanning Mill; Horse Drawn Breaking Plow; JD 2 Row Horse Planter, Restored; IHC Steel Wheeled Grain Binder; Steel Wheel Railroad Baggage Cart; Wooden Wheel Goat Cart; Spring Buggy Seat

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## Five Ways to Increase Diversity on Your Land



By Kourtney Hammerschmidt

With spring here, I have been thinking about all the birds, bees, and other wildlife and insects that all seem to reappear once again. They all work together to help improve and create the ecosystems that we are all a part of.

With that in mind, I have been coming up with things that I can do to help increase the amount of diversity around my house. I want all of these beneficial insects, pollinators, and other wildlife to stick around and have plenty of good food for them to last through the year.

What are some ways that we can increase the diversity around us? Here are a few things that I have thought of:

1. Plant a diverse mix of pollinator-loving plants in and around your yard to attract pollinators and add diversity to your landscape. Make sure you add some species that bloom throughout the year. Early blooming plants and late blooming plants are especially im-

portant as a food source for pollinator-loving insects, as they are migrating to and from our area during those times.

2. Add native grasses to your pollinator garden. While grasses are not as showy as other wildflowers, they are extremely important for a variety of butterfly and bee species. The larvae of some butterflies and moths will eat the leaves of many grass species, while some native bees depend on these grasses for their nesting sites.

3. Plant a tree or shrub on your property. Trees and shrubs provide important food and shelter for wildlife and pollinators throughout the seasons. It can also help ensure that all the tree and shrub species can succeed. If there are a limited amount of tree and shrub species in an area, some diseases can become prevalent and threaten the livelihood of those populations.

4. Plant pollinator strips in your farm fields. If you own agricultural land, consider planting pollinator strips in or around your fields. Not only does it provide amazing habitat for pollinators and other beneficial insects, but can also improve local water quality.

5. Implement cover crops into your crop rotation. There are many benefits to utilizing cover crops. These benefits can include decreased erosion issues, reduced nutrient runoff, improve water quality and increase organic matter content. Planting cover crops can also result in an increase of beneficial insects in your fields. When diverse mixes are used, it can increase the number of these beneficial insects, which might be natural predators to some pests in your fields.

Why should we want to increase the diver-



A pollinator plot

sity of our landscapes? It can help bring a wide variety of insects and wildlife back into that area. With an increase in the number of species, the risk of diseases can also decrease. They will help increase resiliency, build corridors for a wide variety of insects and ani-

mals, and it will help support all the species that will utilize the vegetation. All of the plant species, insects, and wildlife can come together to help create a sustainable, healthy environment.

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## DENNISON DAYS

### August 4 & 5, 2023

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FRIDAY NIGHT  
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LIVE MUSIC  
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## Don't Miss Your Chance to Go "Wild" This Spring

Description automatically generated with low confidence. If you happen to be an aspiring chef, culinary professional, or someone who simply has a competitive spirit and enjoys cooking, we've got the perfect event for you! Do you have what it takes to match your cooking skills against others from across the country in a competitive, national competition of culinary creativity? If so, then for you it's sure to be a "wild" (rice) spring!

The Minnesota Cultivated Wild Rice Council is looking for talented, imaginative, and adventurous contestants to put their culinary flair and expertise in the kitchen to work in the 14th Annual "Get Wild with Wild Rice" recipe contest. All recipes must be original creations and must feature the deliciously distinctive flavor of the only cereal grain native to North America – wild rice!

Don't take this challenge lightly! You'll need to be at your creative best to win our Grand Prize and People's Choice Awards and take home cash prizes and bragging rights for the most innovative and delicious wild rice recipe of 2023. Additionally, one finalist will receive our Golden Ticket for entry into the World Food Championships. If last year's contest, in which Beef & Shiitake Wild Rice Umami Stir Fry and 'Popped' Espresso Mocha Pillow Crisps took home the Grand Prize and People's Choice Awards respec-

tively, is any indication of the quality of potential entrants in 2023, this year's contest is sure to be a hotly contested affair.

Here's how it works - submitted recipes go head-to-head in a taste test conducted by our culinary specialists. Participants have four opportunities to win: 1) up to 16 finalists will be selected to have their recipes published and win wild prize packs; 2) a Grand Prize of \$500 will be awarded to one lucky recipe chosen by a panel of judges; 3) in September, National Rice Month, America will vote for its favorite recipe online for the \$250 People's Choice Award; and 4) one finalist will receive our Golden Ticket to compete in the 2023 World Food Championships.

The contest opened May 12, with a deadline of June 12 for recipe submissions. Culinary creations need to include ¼ cup of cooked wild rice per serving and at least one sponsor product from Just Bare®, Minnesota Beef Council, Minnesota Pork Board, and Northern Canola Growers Association.



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Now in its 14th year, this popular contest has produced scores of "wildly" imaginative recipes demonstrating the creativity of our contestants as well as the versatility of wild rice. See for yourself - for contest finalists and other wild rice recipes, visit one of the most extensive wild rice recipe libraries in the world ([mnwildrice.org/search.php](http://mnwildrice.org/search.php)).

To receive your free copy of the Council's latest recipe brochure, Minnesota Wild Rice Recipes & Answers to Frequently Asked Questions, featuring 2021 contest winning recipes, including soups, appetizers, salads, side dishes, and entrees, send a self-addressed-stamped-envelope to:

Minnesota Cultivated Wild Rice Council  
Newest Recipes  
4630 Churchill St., #1  
St. Paul, MN 55126



Beef & Shiitake Wild Rice Umami Stir Fry (top) and 'Popped' Espresso Mocha Pillow Crisps win the Council's 2022 Grand Prize and People's Choice Awards.



Here's hoping all of your hopes and dreams come true as you celebrate this achievement and reach for the next goal.

*Happy Graduation!*



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**BEEF & SHIITAKE WILD RICE UMAMI STIR FRY**  
Pamela Gelsomini, Wrentham, MA

½ lb beef sirloin, cut into very thin strips across the grain  
5 tbsp canola oil, divided  
¼ tsp salt  
1 small onion, chopped  
8 cloves garlic, minced  
½ cup finely chopped carrots  
½ lb shiitake mushrooms, stems discarded and caps sliced  
¼ cup dry sherry  
3 eggs  
3 cups cooked wild rice  
2 tbsp soy sauce  
¼ cup oyster sauce  
½ tsp ground black pepper  
1 cup pea pods, packed  
1½ cups bean sprouts, packed  
½ cup chopped scallions

In large skillet, stir-fry sirloin in 3 tbsp oil; season with salt. Remove; set aside. In drippings, sauté onion and garlic, 2 minutes. Stir in carrots and mushrooms; cook 5 minutes. Stir in sherry until absorbed; push to side of skillet. Add remaining oil to open side. Scramble eggs until mostly cooked; toss with mushroom mixture. Stir in sirloin, wild rice, soy sauce, oyster sauce, pepper, and pea pods; cook 3 minutes. Add sprouts and scallions just before serving; toss. 4 servings.

**'POPPED' ESPRESSO MOCHA PILLOW CRISPS**  
Laura Kurella, Wellston, MI

1 cup well-cooked wild rice  
canola oil for deep frying  
¼ tsp cinnamon  
1 tsp espresso powder  
1 cup semi-sweet mini chocolate chips  
½ tsp each: vegetable shortening and sea salt  
12 regular marshmallows, cut in half to form 2 narrow circles  
24 long toothpicks

Preheat oven to 250°F. On large parchment-lined rimmed baking sheet, spread wild rice. Bake 2 hours or until completely dry; toss occasionally. Place in bowl. In high-sided frying pan, heat ~2" oil to 370°F. In batches, use mesh spoon to lower wild rice into oil until it pops and floats to the top, ~15 seconds. Remove; place on paper towel. Repeat. In medium bowl, toss popped wild rice, cinnamon, and espresso powder; set aside. In small bowl, microwave chocolate chips, shortening, and salt in 15-second increments; stir until completely melted. Put toothpick in each marshmallow; coat in chocolate. Press all sides into wild rice; set on parchment-lined serving dish. Chill until served. 6 servings.

Note: 'Popped' wild rice is an excellent snack on its own. Just toss with your favorite seasoning (e.g., garlic salt, sea salt, ground black pepper)



## Free Entrance Days to All Minnesota State Parks

On four days each year, all 75 Minnesota state parks and state recreation areas offer free admission to everyone - no vehicle permits needed! Here are the next fee-free dates in 2023:

Saturday, June 10  
 Saturday, September 9  
 Friday, November 24

Minnesota state parks are open year-round, and there's a state park within 30 miles of most Minnesotans. With a free day in each season, it's a great opportunity to get out there and explore someplace new - or visit an old favorite at a new time of year! Whether you stay for the whole weekend or just spend a few hours outside, you'll make memories that will last a lifetime.

The entrance fee waiver for fee-free days does not cover amenity or user fees for activities like camping, rentals, or special tours.

The goal is to encourage families to spend time together with a walk outdoors. Research shows that walking offers multiple benefits, from increased creativity and better brain function to more flexibility and stamina. So you won't just burn calories, you'll also improve your well-being.

*What if I want to stay overnight?*



You do not need a to buy a state park vehicle permit when you stay overnight on a free park day. The permit exemption is good until camping or lodging check-out time.

*I need help deciding where to go!*  
 Minnesota has 75 state parks and recreation areas - see where they are on the map on the DNR website.

Use the ParkFinder to help identify parks with specific amenities you want, like playgrounds or waterfalls.

Want to see what the park is like before you leave home? Check out the virtual tours!

Explore camping and lodging options, and make a reservation online opens in a new browser tab if you want to stay overnight. Plan ahead - these spaces can fill up early!

*I need ideas for what to do!*  
 Many parks hold programs and events throughout the year. Visit the online events calendar to see what's scheduled the day of your visit.

Check out the web pages for activities to do in the summer - or in the winter.

We've put together a few trip itineraries. Try one, or create your own.

For even more ideas, subscribe to our monthly Trailblazer newsletter or follow us on Facebook opens in a new browser tab, Instagram opens in a new browser tab, or Twitter opens in a new browser tab!

I had a great experience on Free Park Day and I'm ready for more.

Terrific! Buy an annual or daily vehicle permit to keep on exploring all 75 Minnesota state parks and recreation areas.

And did you know, Minnesota's state trails and state water trails are free every day?

**Gold Star Amusements on the midway!**  
Rides will run from 1:00pm-10:00pm

**JULY 4th GRANDE DAY PARADE 11:00am**  
**FIREWORKS SHOW! Dusk**

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**JULY 3rd: THE CHUBS 8:30 PM    JULY 4th: BRYAN ANDERSON 7:00 PM**

**WWW.CANNONVALLEYFAIR.ORG**

## Be BearWise this Summer While Recreating Outdoors

The Minnesota Department of Natural Resources reminds hikers, campers and others recreating outdoors to be aware of bears and learn how to prevent conflicts.

Minnesota is bear country, but people can peacefully share the outdoors with bears by paying attention to where and when they are

most likely to encounter bears. Black bears are naturally cautious animals that typically avoid human contact for their own safety; however, it's important to be proactive to prevent human-bear conflicts.

"Coexistence with bears is completely doable with a few easy steps that anyone can follow," said Andrew Tri, bear project leader. "The key things to remember are to not surprise them and to keep food secure."

When moving about in bear country, people should be aware of their surroundings, make noise periodically so bears know they're there, and always keep dogs leashed.

To keep human food away from bears, people should keep a clean camp by practicing leave no trace principles opens in a new browser tab. People should:

Store coolers in a locked vehicle or store



food in a certified bear-resistant container. Take food waste with them rather than piling it outside the receptable if the trash container or dumpster is full. Leave no trash or food scraps in camp and don't burn scraps in the fire ring.

Not leave food, trash or pet food outdoors

and unsupervised — all it takes is a few seconds for a hungry bear to swipe it.

Learn more about how to safely recreate in Minnesota on the DNR website opens in a new browser tab and at BearWise opens in a new browser tab.

## ASK A TROOPER

By Sgt. Troy Christianson of the Minnesota State Patrol

*Question: I was wondering, with the ads on television showing people driving with their hands off the steering wheel, is that legal in Minnesota if your vehicle has that capability?*

*Answer: I believe you are asking about autonomous vehicles, or self-driving cars, which are capable of sensing their environment and operating without human involvement.*

Minnesota law states that every driver is responsible for becoming and remaining aware of the actual and potential hazards that exist on the highway and must use due care in operating a vehicle. This would include both hands, one hand, or no hands.

You can avoid a ticket — and a crash — if you simply buckle up, drive at safe speeds, pay attention and always drive sober. Help us drive Minnesota Toward Zero Deaths.








If you have any questions concerning traffic related laws or issues in Minnesota send your questions to Sgt. Troy Christianson – Minnesota State Patrol at 2900 48th Street NW, Rochester MN 55901-5848. (Or reach him at, Troy.Christianson@state.mn.us)



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## Minnesota Farm Bureau Member-Driven Policy Highlights from the MN Legislative Session

The 93rd session of the Minnesota legislature adjourned on Monday, May 22, 2023. Throughout the session, Minnesota Farm Bureau (MFBB) worked closely with elected officials, agency representatives and the governor's office to ensure the vitality of agriculture and rural communities across the state.

"Despite a long and sometimes tumultuous session, we are proud of what we accomplished in support of the grassroots policy set by our members," said MFBB President Dan Glessing. "Although we did not achieve everything we set out to do our members' voices were heard and we continued to build on our foundation of working with both sides of the aisle."

We want to thank legislators, especially Senate Agriculture Chair Aric Putnam and

House Agriculture Chair Samantha Vang, Minnesota Department of Agriculture Commissioner Thom Petersen and Governor Tim Walz for their support."

Over the past four months, MFBB had a presence at the capitol every day, in addition to providing over 60 written and verbal testimonies. Members also showcased the impact of agriculture on the state economy during MFBB's Day on the Hill, with over 130 members meeting with their elected officials. Members also shared their stories back home in their districts, including inviting legislative members to hosted events and farm tours.

"The grassroots approach of Minnesota Farm Bureau is unique, and I enjoyed working with our leaders and members to bring a face to proposed legislation that directly impacts them," said Public Policy Specialist Kaytlin Bemis. "Members' voices must be heard, and we hope legislators received those messages."

Highlights from the session relating to MFBB 2023 priority issues set by the Board of Directors with guidance from membership include:

### Beginning and Emerging Farmers

MFBB advocated for programming to help the next generation and those interested in entering agriculture:

- Beginning Farmer Tax Credit
- Farm Down Payment Assistance Grants
- Agricultural Growth Research and Innovation grants
- Farm Advocate Services

### Clean Energy and Sustainability

MFBB helped lead the way in support of climate-smart practices that improve the state's environment through voluntary stewardship, in addition to further development of alternative energy sources:

- Soil Health Grants through the Minnesota Department of Agriculture
- Soil Health Grants through the Minnesota Board of Water and Soil Resources
- Biofuels Infrastructure

### Healthcare Accessibility

MFBB has long prioritized the affordability and accessibility to healthcare and health insurance, including mental health resources, and emphasized the following issues during session:

- Farm Safety Health and Wellness Grants
- Mental Health Outreach and Counseling

### Research and Investment

MFBB worked to drive the vitality of agriculture in Minnesota by supporting priorities that advance its future through research, education and innovation:

- \$48M above base funding for advancements in agriculture allocated
- Agriculture Emergency Account
- Meat Processing

Wolf/Livestock Prevention Grants  
Farm Business Management through AGREETT

International Trade Support  
Agriculture Utilization Research Institute facilities

### Rural Connectivity

MFBB understands access to reliable and affordable broadband is a key component of a strong rural community, yet much of the state does not have this access. Its advocacy work helped lead to the following investments:

- \$100M for statewide broadband coverage
- Border-to-Border Broadband grants
- Low Density Broadband Program

### Rural Vitality

MFBB acted on issues that strengthen and support communities and economic development for all Minnesotans:

- Grain Indemnity Fund
- Minnesota Agricultural Education Leadership Council funding
- Rural Finance Authority
- Greater Minnesota Housing Infrastructure Grants
- Workforce Development Grants through Minnesota State Colleges and Universities

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## City of Goodhue City

### Council Meeting Minutes April 26, 2023

Present were Mayor Terry Anderson Buck, Council person Jason Thuman, Joe Benda, Patrice O'Reilly, and Chris Schmit. Also present were Cailin Richard, Paul Althoff, Wayne Gadiant, Kyle McKeown, Ben

Rambolt, Reese Sudtelgte, Officer Becht, Officer Youngmark, Darlene Bryczek, Jason Mandelkow, and Pete Grimsrud.

Motion by Thuman and seconded by Schmit to amend the agenda, striking 6c. Motion carried 5-0.

Motion by Schmit and seconded by Benda to approve the agenda as corrected. Motion carried. 5-0.

Motion by O'Reilly and seconded by Benda to approve the minutes from the March 22, 2023, and April 12, 2023. Motion carried 5-0.

Motion by Thuman and seconded by Benda to approve pay application #2 Viola Watermain Loop. Motion carried 5-0.

North Zumbro Sanitary District update was given. Council members, City Engineer, and the district have been very active in working through the Bonding Process as well as Lobbying meetings. 4th Street and Broadway Street Improvements will resume in the spring and completion date should be

June 20, 2023. Street Assessments will be reviewed in the fall and applied in 2024.

The Gas Commission will continue to work with the city Attorney on paperwork corrections. The City Council and Gas Commission Board will try to hold a meeting in the near future. Motion by Benda and seconded by O'Reilly to approve Liquor License for Dar's Pub and Corner Bar.

Motioned 5-0. Motion by Thuman and seconded by O'Reilly to approve all Spring Quotes. Motion carried 5-0.

Motion by Schmit and seconded by O'Reilly to approve Torrie Rehder as the 2023 Pool Manager. Motion carried 5-0.

Motion by Schmit and seconded by Benda to approve the hiring of lifeguards by the Pool Manager. In addition, certifications will be collected and reviewed with council person Schmit. Motion by O'Reilly and seconded by Schmit to approve the following prices for the 2023 Pool season. Single Passes \$70, Family Passes \$150, and Lessons \$40

per session. Motion carried 5-0.

Pool Party Reservation fee was tabled the May 10 work council meeting.

Motion by Schmit and seconded by O'Reilly to approve the purchase of Back Flow Meter and Valve from Core & Main for \$2080.33. Motion carried 5-0.

Motion by Benda and seconded by Schmit to approve the purchase of bulk water price to \$75/per 3000 gal. Motion carried 5-0.

The personnel committee along with Public Works will be reviewing the summer maintenance/lawn mower position applications.

Volksfest street dance fence concerns will be reviewed at the May 10th council work meeting.

Motion by Schmit and seconded by O'Reilly to approve the bills. Motion carried 5-0.

Motion by Thuman and seconded by Schmit adjourn the meeting. Motion carried 5-0.

Respectfully submitted  
Jill Buxengard-City Clerk

## City of Goodhue EDA Meeting Minutes April 26, 2023

Motion by O'Reilly and seconded by Schmit to approve the EDA minutes from March 22, 2023. Motion carried 5-0.

Motion by Thuman and seconded by O'Reilly to approve the Lot Sales Public Meeting Minutes from March 30, 2023. Motion carried 5-0.

Cailin Richard with CEDA gave a Façade program update. Further discussion will be held at a future Council Work Meeting.

Motion by Benda and seconded by O'Reilly to adjourn the meeting. Motion carried 5-0.

Respectfully Submitted,  
Jill Buxengard  
City Clerk

## City of Goodhue Special Council Meeting City Council with Gas Commission May 3, 2023

Present Council Members Mayor Terry Buck, Council Members Chris Schmit, Patrice O'Reilly, Joe Benda, and Jason Thuman. Gas Commission Board Members Kyle

McKeown, Wayne Gadiant, Michael Brunkhorst, Terry Anderson Buck. Also, present Robert Vose, Jason Mandelkow, and Kim McKeown.

The City Council and Goodhue Gas Commission meet at 7pm on May 3, 2023, at City Hall.

The reason for the meeting was to discuss roles, clarification, responsibilities, communication processes, and moving forward what are some of the goals we can work towards together. Correction of paperwork was approved, all in favor.

Motion by Benda and seconded by Schmit to adjourn the meeting.  
Respectfully Submitted  
Jill Buxengard - City Clerk

## City of Goodhue City Council Work Meeting Minutes May 10, 2023

Present were Mayor Ellen Anderson Buck, Council Persons Jason Thuman, Joe Benda, Patrice O'Reilly, Bill Ahlbrecht, Jason Mandelkow, McCrave Olson-News Record, Ryan Tipcke, Charlie Dicke, Treyben Kehren, and Matt Lexvold. Absent was Council Person Chris Schmit.

Motion by Benda and seconded by O'Reilly to amend the agenda. Adding M and N. Motion carried 4-0.

Bill Ahlbrecht with AG Partners reviewed with the City Council the land vacancy near the walking trail. Further information will be taken at the next meeting.

Façade Program was reviewed. Changes have been suggested by council members. The draft of a new program layout will be reviewed at a future meeting.

Pool Party fees were discussed. Changes will be made at the next council meeting.

Volksfest street closures were discussed, along with the layout of the fenced area.

58/9 watermain project were discussed. The council would like further discussion with the City Engineer, Northland Security, and the City Attorney.

Future special meetings will be called. City web page will be reviewed, having additional questions. More information will be talked about at an upcoming work meeting. City Text messaging option was discussed, it is very costly to have this at this time.

Data request form will be updated and approved and the May 24 meeting.

Cell phone and Text Messaging during council meetings was talked about. A policy will be drafted for future meeting approval.

The City Council will be working on updating the final draft of the Zoning and Subdivision Ordinance. This will be approved at a future council meeting.

Manor Ave street and upcoming construction projects were briefly discussed. More info will be discussed at a future meeting.

Motion by Thuman and seconded by O'Reilly to adjourn the meeting. Motion carried 4-0.

Respectfully Submitted  
Jill Buxengard - City Clerk



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EOE

**Bellechester City Council Meeting  
Goodhue County Board of Equalization  
@ 5:00**

**April 27, 2023 @ 5:30PM**

Goodhue County Board of Equalization Meeting was called to order by Mayor Jody Gordon at 5:03 p.m.

Roll call was taken: The council in attendance: Mayor Jody Gordon, Council people Rich Majerus, Kyle Blattner, Mark Gerken, Jered Buxengard as well as City Clerk Lisa Redepenning. Treasurer Kyle McKeown and City Engineer Matt Mohs were absent. Julie Walker, Becca and Lavon Augustine from

Goodhue County were present as well as residents Jim Perotti and Ron Kahl and Rich Arendt were also present.

Lavon Augustine went over house sales in Bellechester and spoke about the ratios and what the county needs to do to follow the law. Economical circumstances and market fluctuations have affected. Ron Kahl, Jim Perotti, and Rich Arendt and raised questions about their assessment.

Motion was made by Jered Buxengard with a 2nd by Kyle Blattner to vote no change for presented questioned values and have Goodhue County followup. Motion carried.

Board of equalization meeting was adjourned at 5:55.

Regular City Council Meeting was called to order by Mayor Jody Gordon at 5:56 p.m

Minutes of the March 16, 2023 meeting were reviewed and motion was made by Rich Majerus with a second by Jered Buxengard to approve the minutes. Motion carried.

Bills were reviewed and a motion by Mark Gerken with a second by Jered Buxengard to approve and pay the bills as presented. Motion carried.

Old Business:

- Sewer Grant – Engineering Memo was presented by Matt Mohs recapping the meeting Rich and Matt went to Lake City to discuss with them water meters. They recommended 2 brands to us. One more easement is left to do. Rochester plumbing will be updated on trailer house meters solution.

- Water Meter Ordinance - review/make changes – discussion was on trailer house installation, damage fees and how installed as well as meters needing to be installed in heated area of dwelling and approach to future replacement of trailer houses.

New business:

- Ball Fields – use and outdoor portable bathroom – discuss. There was a request for field use for this summer. The field area needs to be ready for this. We will get schedule of usage.

- Cty Roads 16 & 2 Cleaning – discuss. When spring road cleaning is done, water will also be requested to keep dust down. El-

evator property was discussed, relating to dust complaints from residents. 2nd Street has cracks forming – will also be addressed with county.

- Easement check – discuss. We need to file all the easements with the 2 counties. \$138 to Goodhue County and \$322 to Wabasha County. Motion was made by Mark Gerken with a 2nd by Jered Buxengard to approve the paying of easements and notary. Motion carried.

- Notary pay – discuss. Notary was needed for easements at a cost of \$40.

- SMIF – Donation Request – discuss. Council decided against donation.

Engineer Report – None

Clerk Report – New signage will be installed next week. Interim Financing – check was deposited on April 18 - \$160,950.00. I will begin to compile invoices and make transfer.

Treasurer Report – None

Water/Wastewater/Facility Report – Plumber has not yet re-plumbed the pump house to address the leak issue.

Mayor Concerns: Community garden in ice rink area was discussed.

Council Concerns: None

Adjourn

Motion was made by Jered Buxengard with a second by Kyle Blattner to adjourn the meeting. Motion carried. Meeting was adjourned at 6:44.

Submitted by Lisa Redepenning – City Clerk

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## Changes in Latitudes, Changes in Attitudes Spring is in the Air



By Terry Campbell

*This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.*

The other night I walked outside and smelled spring in the air. It was actually the odor of a cow manure lagoon being pumped out, but on the farm that can be synonymous. It brought back memories of pumping the pit each spring. I was so happy to get liquid manure storage on the farm in the 1980's. It was so much better than hauling manure in the cold every day. Frozen manure spreaders, fighting snow drifts in the fields with chains on tractors and trying to get the barn cleaner to work on a sub-zero morning in January. But there were some unforgettable experiences with pumping pits as well.

One just got used to the smell on the farm. It was part of livestock farmer's life. Our hog barn had a pit underneath it. Convenient but stinky. One day I was getting ready to pump the pit and that required removing the exhaust fan in the pump out port. A little while later I realized I was missing my cell phone. After retracing my steps all over the farm I thought I would look down the opening where the agitator was going to go. There on a thin crust of hog poop sat my Nokia. I found a piece of flashing and bent the end to retrieve my phone. It was dry and perfectly functional.

Another time I became aware that the water line coming up from the floor of the pit was leaking. When the pit was pumped as empty as I could get it I inspected and found the plastic nipple on the top side of the valve was spraying water. Wearing a pair of cutoff shorts and disposable tennis shoes I climbed down and installed a new brass fitting. When I climbed out, I discarded the shoes and shorts in the garbage and commenced a deodorizing regimen. Hog manure is just about as bad as a skunk.

We had hauled liquid manure with a 3,300 gallon tank for years before purchasing a pump and traveling gun. This was cutting edge. Except for the labor of laying out 4,000 feet of 6" aluminum pipe to reach the field. There was a 660 foot hose attached to a unit that would spray a perfect arc over 100 feet, as it slowly rotated 360 degrees. You would sit out there and watch it operate and then move the assembly ahead with a cable hooked to a tractor. Nothing but the sound of shh, shh, shh as the liquid fertilizer sprayed in endless circles.

Take down would mean rolling the hose up on a hose reel behind the tractor before moving across the field. One day when I was pumping the neighbors pit, I was rolling up the hose while an open station tractor powered the pto driven hose reel and pulled itself along squeezing the liquid out of the hose and through the nozzle on the traveling gun. I didn't pay attention that the nozzle was pointed directly at me and that the hose became twisted. The reel squeezed the contents of the hose into a state of high pressure and suddenly the force untwisted the hose. I could only watch the manure make it's escape out the nozzle and arc towards me. I turned my back to it and was blasted with the full force of the flying poop.

My last memorable experience with the manure lagoon happened while I was agitating my neighbor's pit. There was a large propeller at the end of a 20' boom mounted on the three-point hitch of the tractor. I was backed down over the edge of the pit with the prop running at full rpm to break up the crust on top of the lagoon. When I determined it was completed, I climbed on the tractor and throttled the engine down. What I hadn't factored into the equation was that even though the rear ties were on a slippery slope, the force of the propeller, just like a ship, was holding the tractor on the bank. According to my science teacher the force of the propeller was equal to the weight of the tractor and it stayed put until I cut the power. I suddenly found myself sliding down into a full manure lagoon on what was soon to become a John Deere submarine. I cut the power and climbed on the hood of the tractor hoping the lagoon was not deeper than the tractor hood. To my relief the tractor came to a rest before it was submerged and after assessing the situation I climbed back into the seat, started the diesel back to life and brought the propeller up to full speed. Then drove the tractor right up the bank and onto level ground.

My neighbor Phil was a witness to the last two incidents and we laughed quite hard afterwards about the whole thing. It is much funnier in retrospect.

## A Minnesotan: Construction Season



By RosaLin Alcoser

First off, a special thanks to Bill and Marla Adams from Dodge Center, who sent me some lovely stories about geese in response to my last column. It is always nice to hear about braver souls than I, who were able to stand up to the gaggle of geese that reside in Silver Lake Park in Rochester—a place I ran from many times as a child.

Secondly, it has come around to that time of year again, now that we've soldiered through winter, first winter, second winter, and wondered why it is still winter. When the weather gets warmer and the days get longer, that's right—it is once again construction season in Minnesota.

As we all know, construction season means they start doing the serious road work again, not just patching up the potholes created by nearly six months of win-

ter. Even though up in the Twin Cities where I currently reside, the filling of some of said potholes probably could count as major road work.



Quite recently, I was driving through the construction they are doing on Highway 52 between the cities and Rochester. If you have recently driven that route, you know it means going through two different construction sites that merge down to two lanes. However, these two lanes are placed extremely differently than they were last year or the year before when they worked on a different part of the highway.

Which brings me to the question: Am I the only one who feels like the Highway 52 project has been going on for over a decade now? I know that there were two different projects, with about a six-year gap between the current 52 project and the one that finished in 2015 (not to be confused with the one they did in the mid-2000s), bringing us to a grand total of three Highway 52 projects in this century.

While the many Highway 52 projects, like many highway projects in existence, seem like an ongoing never-ending story, they are not. At least we will always have something reliable to look forward to every construction season, as once this project is over, they will probably start another one in just a few years.

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THEME: OUTDOOR FUN

ACROSS

- 1. Bryan of "Summer Of '69" fame
- 6. Lake in Provence
- 9. \_\_\_\_\_ good example
- 13. Hypotenuse/opposite side
- 14. Fuss, to Shakespeare
- 15. Pine
- 16. Filthy dough
- 17. Marxism or Taoism, e.g.
- 18. Skylit lobbies
- 19. \*Outdoor repast
- 21. \*Two-wheeling
- 23. Agreement word
- 24. \*Climbing turf
- 25. "I wish I \_\_\_\_\_, I wish I might..."
- 28. Cracked by yegg
- 30. Cowardly color
- 35. Slightly (2 words)
- 37. Matterhorn location
- 39. Charles III's ex
- 40. She played Carla on "Cheers"
- 41. Nev.'s neighbor
- 43. Rotisserie skewer
- 44. Indianapolis team
- 46. Underwater "nose"
- 47. Color of a bruise
- 48. Trying experience
- 50. "The Breakfast \_\_\_\_\_"
- 52. p in mph
- 53. Rane'e's husband
- 55. \_\_\_\_\_ de plume
- 57. \*Gather berries, e.g.
- 60. \*Water slaloming
- 63. Soft single in baseball
- 64. \*Sun "kiss"
- 66. Beau's and Jeff's acting dad
- 68. Cut-down sailing sheep
- 69. How many "if by sea?"
- 70. Have effect
- 71. Gibbons, e.g.
- 72. Coniferous tree
- 73. Rejuvenate or renovate

DOWN

- 1. Knee-related acronym
- 2. Make pretty (2 words)
- 3. Mushroom spore sacs
- 4. Shawn Mendes' 2016 hit
- 5. Parts of a play
- 6. Secular
- 7. Commercial break clips
- 8. Fast food option
- 9. Looking for aliens org.
- 10. Get bacon?
- 11. H.S. math class
- 12. All Nippon Airways, acr.
- 15. Rattled on
- 20. Writer Asimov
- 22. Like icee
- 24. Not an original
- 25. \*Call to Polo
- 26. Opposite of adore
- 27. Triangular road sign
- 29. \*Capture it!
- 31. Speech defect
- 32. Drink like a cat (2 words)
- 33. Chilled (2 words)
- 34. \*Balloon filler
- 36. U.K. art gallery
- 38. Place for a house plant
- 42. Get an F
- 45. Serape, alt. sp.
- 49. Jet follower
- 51. Water-heating apparatus
- 54. Bulwark
- 56. Hundred Acre Wood creator
- 57. Wing motion
- 58. Exude
- 59. Fish eggs, pl.
- 60. Winter precipitation
- 61. Person, place or thing
- 62. Swirling vortex
- 63. \*Part of a bikini
- 65. Leave speechless
- 67. Morning condensation

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