

Goodhue-Bellechester GOODHUE-BELLECHESTER MAY, 2023

Postal Customer **ECRWSS**

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St. John's School Held Open House

By Beth Brekke

St. John's Lutheran School held an open house on Saturday, April 15th, rescheduled from April 1st due to the April Fools' Day snowstorm. The open house was an opportu-



• Goodhue County Residents - The Board of Appeal and Equalization for City of Bellechester will meet on April 27th, @ 5:00 for Goodhue County at Bellechester Community Center.

• Wabasha County Residents - open book Board of Equalization meeting is open through May 12, M-F 8:00 - 4:00 at the Wabasha County Courthouse, Assessor's office.

• Belvidere Happy-Go-Luckies 4-H Club (usually) meets the first Monday of each month at 7p.m. at St. Peter's Church, rural Goodhue. New members are always welcome! Contact club leader Michelle Benrud at 651-923-5247 for more information.

• The Goodhue Area Historical Society Museum is open June thru August Thursday and Sunday 1 to 4 p.m.. For after hours appointment call 651-923-4302 or 651-301-5731.

Do you have an announcement? Email: hometownmessenger@gmail.com

nity for prospective students, parents and people in the community to tour the building and visit with the staff. The school is adjacent to St. John's Church, located at 36620 County 4 Boulevard in rural Goodhue. The church and school are affiliated with the Wisconsin Evangelical Lutheran Synod (WELS) but welcome all that are interested in a quality, Christian education that will prepare children for this world and the next.

The four full-time staff members, additional support staff and volunteers were on hand to greet guests and answer questions. There were games for the kids and treats for all who attended. All classrooms were open for viewing and children's art work was on display throughout the school.

(continued on page 3)



St. John's Lutheran School, County 4 Blvd, rural Goodhue welcomes children pre-K through the 8th grade.



St. Luke Lutheran in Goodhue breaks ground on their new building!

St. Luke thanks the community of Goodhue and the surrounding area for prayers, well wishes, and the great amount of support given. We pray our new building will be a blessing for our entire community!

(additional pictures on page 4) Pictured to the left: Larry Miller chair finance committee, Brad Roschen church council President, and Dustin Luhman chair building committe and general contractor.



Jerry Tipcke **Brandon Haidar** www.Vothinsurance.com agent@vothinsurance.com 109 N Broadway

Goodhue, MN 55027 Phone: 651-923-4048





MUTUAL

Trust in Tomorrow.

Religion & Community

Page 2

Pastors Corner



By Pastor Eric Hanson, St. Luke Lutheran Church

I've been thinking a lot about the phrase "New Life" recently. There are a few reasons for this. The first reason is that Easter Sunday happened three weeks ago, which means

St. Luke Lutheran Church to Host 3 on 3 **Basketball Tournament**

St. Luke Lutheran Church in Goodhue will host a 3 on 3 basketball tournament this year during Volksfest. The tournament will take place on Saturday, June 10th from 10am to 2pm. Ages 11 and up are welcome to register a team. There are spots for 32 teams so register quickly! Registration details and deadline can be found on St. Luke Lutheran Church (Goodhue) website under the St. Luke button (www.stlukegoodhue.org), or by contacting the church office at office@stlukegoodhue.org. Sign up soon!



- GOODHUE-BELLECHESTER MESSENGER -

to churchy people like me that we're in the season of Easter in the Church year. Christians celebrate seven total weeks in the Easter Season where we are supposed to keep our eyes out for God bringing New Life to our world. Obviously, the early Christians made sure the churchy season of Easter coincided with the vernal season of spring. It's not hard to see why. New grasses and flowers popping out of the ground are supposed to make us wonder if God might be doing something new with us too, and the beauty of new life around us encourages us to let God try, even if making something new seems hard.

I bet it's hard for some of those seeds to start popping up. They have to push up through hard ground, escape the lips of wandering deer, and endure severe thunderstorms that are bound to come. But they push up anyway, guided by the hand that created them long ago. Then again, I bet they're not thinking about all of that as they take their first breaths of new life, they're plants for crying out loud, not people. For us, we tend to have a more complicated relationship with new life. We hope "new" won't mean "hard" but it oftentimes means exactly that. God might push us to think new thoughts, form new habits, start new relationship, renew old relationships, or even end old relationships. New Life sounds good until it hits hard soil and hungry animals, then we might want to dive back into the ground again. If only we could go directly from seed to flower.

But I wonder what would happen if we hon-

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HOLY TRINITY

CATHOLIC CHURCH

Father Thomas McCabe • www.holytrinitygoodhue.org 211 4th St. N., Goodhue • 923.4472 Parish Office Hours, Mon.: 9:00AM · 2:00PM (Holy Tinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Columbkill, Belle Creek, since merger in 2013). Sat.: 4:45PM · 5:20PM Confession, 5:30PM Holy Mass (Sunday vigil)

Tues:: 8:00AM Holy Mass Wed:: 8:00AM Holy Mass Wed:: 8:00AM Holy Mass, 9:00AM - 2:00PM Eucharistic Adoration Rosary said 25 minutes before Holy Mass All are WELCOME! But receiving Holy Communion are for those

LCOME! But receiving Hory Communion are ho are of age and practicing the Catholic faith We practice because we are not yet perfect!

ST. MARY'S

CATHOLIC CHURCH

(Holy Trinity Parish Office has sacramental records and St. Columbkill, Belle Creek, since m

Father Thomas McCabe • www.holytrinitygoodhue.org 221 Chester Avenue • 923-4472 Finity Parish Office has sacramental records for St. Mary, Bellechess 2013.

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Sun.: 8:15AM - 8:35AM Confession, 8:45AM, Holy Mass Mon.: 8:00AM Holy Mass, 6:30PM - 9:00PM Eucharistic Adoration Rosary said 25 minutes before Holy Mass All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith. We practice because we are not yet perfect!

ST. COLUMBKILL

CATHOLIC CHURCH

Father Thomas McCabe • www.holytrinitygoodhue.org County Road 47, Goodhue • 923-4472 (Holy Trinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Cohumbkill, Belle Creek, since merger in 2013). Sun.:10:30AM Holy Mass

hurs.: 8:00AM Eucharistic Adoration/Confession, 9:00AM Holy Mass Rosary said 25 minutes before Holy Mass

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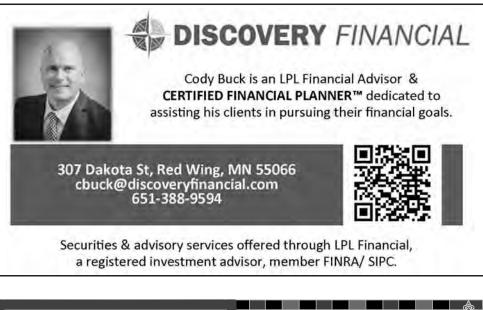
GRACE EV. LUTHERAN

CHURCH (WELS)

Pastor Martin Weigand 39774 Co. 4 Blvd., Goodhue • 651.923.4624 gracelutheranchurch@gmail.com • www.gracestpeters.org Sunday Morning Worship 8:30a.m. with communion on the second and fourth Sunday of each month. Sunday School at 9:30a.m., Sunday Bible Study at 9:45a.m., Confirmation Class 5:45 on Wednesday at St Peter's. 30a.m. Quilting and Bible Study on Thursday at St Peter's.

in 2013

ored the small steps toward new life inasmuch as we hope to see the end result? Maybe this year, in this Easter season, we're not supposed to grow into the full new plant God is making out of us? Maybe this is the year God brings that first green shoot above the soil. And maybe next year that first leaf appears. And maybe three years down the road a bud bursts forth. New life requires both birth and growth, and birth and growth take time. Maybe God paces the new life he brings so that new growth is a little less hard? Whether you're a Christian or not, a good question to ask during spring is "What new thing is happening with me?" It doesn't have to be life-shattering or life-changing to be important, it can be something very small. What new challenge or new risk or new relationship or new habit or new decision is being birthed in you? How might God nurture and grow it down the road? New life shows up in a lot of ways this time of year. Sure, we love to see the beautiful blossoms and canopies full of leaves that new life becomes, but we'd be smart to also see it in the seeds and shoots and in barely formed buds at our feet. How might God be bringing new life to you this spring? Even if it's not fully grown, it's still new life and who knows what God is growing it into?



AREA CHURCH DIRECTORY The Gospel, the Power of God

I am not ashamed of the gospel, because it is the power of God that brings salvation to everyone who believes.. – Romans 1:16

Paul was preparing to visit Rome, the capital of the empire. He was on his way to Jerusalem to bring the poverty-stricken people there a generous gift. From Corinth he wrote his most robust letter, which we now call the book of Romans-and already here in the real data and a most audacious statement: "I am not ashamed of the gospel..." Paul felt indebted to the gospel—the good news of Jesus. He was ready to preach the gospel, and he was not ashamed of it.

Paul was not ashamed of the gospel even though he was rrested and flogged and stoned nearly to death because of it. Paul was not ashamed because the gospel is "the power of God that brings salvation to every?one who believes" in Christ as Lord and Savior. The gospel is God's power for salvation. And this power is available for all who believe. It doesn't matter what people or nation they come from. What matters is that they believe The door of salvation is open in Christ. Behold the

power of the gospel! Lord, thank for giving us the gospel, the good news of Jesus, with its power for all who believe. Thank you for your grace and mercy in sending Jesus so that we can be saved to new life in you. May we live by faith in you, knowing that we never need to be ashamed because of you. In Jesus, Amen.

ST. JOHN'S EV. LUTHERAN (WELS)

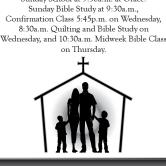
Pastor Randall Kuznicki Minneola Twp. Co. Rd. 7, rural Zumbrota Sunday Worship 10:00 a.m.; Communion 3rd Sunday Sunday School and Bible Studies (Adult & Teen) 11:00a.m

ST. PETER'S LUTHERAN CHURCH, MISSOURI SYNOD

Pastor Steven Frentz 28961 365th St., Good Goodhue 651-923-4438 Email: stpeter@sleepyeyetel.net 9:30a.m. Sunday School 10:30a.m. Worship E-mail your church announcements. schedule to the Messenger at: hometownmessenger@gmail.com



MINNEOLA



Sunday School at 9:30a.m. at Grace

May, 2023

May, 2023

Community

- GOODHUE-BELLECHESTER MESSENGER -

St. John's School Held Open House

(continued from page 1)

There are currently 43 students enrolled in Kindergarten through the 8th grade and an additional 6 children attending pre-school for 3 and 4 year-olds. The school operates on the same schedule as the Goodhue Public School and offers bussing, hot lunches and co-oper-

ative sport opportunities. The congregation has set up a vision committee to consider the possibility of adding a full-size gym or enlarging the parish fellowship hall as they prepare to celebrate the 150th anniversary of the church and school in 2025.

If you missed the open house or would like any additional information about the school or church you can contact them by phone at (651) 923-4773, by e-mail at stjohnsoffice4773@gmail.com, through their website, www.stjohnsgoodhue.com or visit the St John's Lutheran Church & School – Goodhue Facebook page. Pastor Robbin Robbert serves the congregation and states, "Generous financial aid is available. No child will be denied."



Liv Brinkman fishes for prizes during the St. John's School open house.



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Addy Pasch and Lillian Raasch became good friends while attending St. John's Lutheran School.

Joan Counter

ZDN

Joan Counter, 82, passed away on Tuesday, April 25, 2023 at the Lake City Care Cen-

Joan was born in Viola Township, Minnesota on June 4, 1940 to Willis and Wilhelmina (Kreager) Roberts.

Joan owned and ran the Counters Bar in Bellechester for over 30 years. She loved puzzles, crosswords, growing flowers and gardening.

Joan is survived by her sons, Randy (Bonny) Krenzke, Kevin (Karen) Krenzke, Michael (Mary) Counter, Doug (Donna) Counter; 7 grandchildren; 3 great-grandchildren.

She is preceded in death by her parents, Willis and Wilhelmina; her son, Edward Krenzke; and 9 brothers and sisters.

A private family burial will be held at a later date.





Community

- GOODHUE-BELLECHESTER MESSENGER -

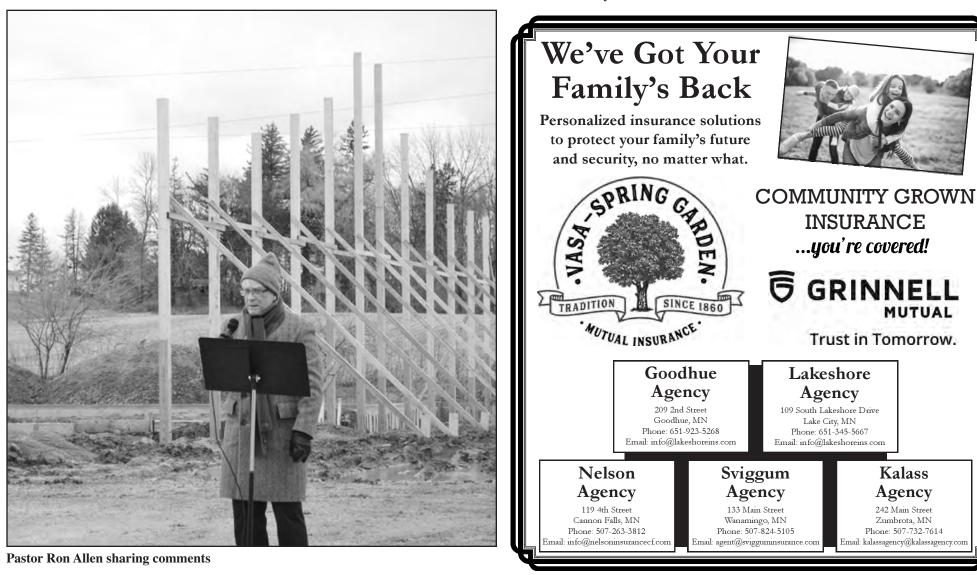
St. Luke Lutheran in Goodhue breaks ground on their new building!



Former Pator Gerry Gengenbach (Northfield) Pastor Ron Allen (Stewartville) and current Pastor Eric Hanson



The finance team pictured left to right back row: Pastor Eric, Vickie Mollenhauer, Holly Roschen, Harriet Warren, Amy Jenson, Sheri Nurnberg, Lana Huemann, Angela Melson. Front: Larry Miller



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May, 2023

Community

- GOODHUE-BELLECHESTER MESSENGER -

Artificial sweeteners are dangerous!



By Shauna Burshem, D.C.

The business of artificial sweeteners is built on the idea that no- or low-calorie sugar substitutes will help you lose weight. Unfortunately, this simply isn't true. Research has repeatedly shown that artificially sweetened "diet" foods and beverages tend to stimulate your appetite, increase cravings for carbs, and stimulate fat storage and weight gain. Part of the problem is that artificial sweeteners trick your body into thinking that it's going to receive sugar (calories), and when the sugar doesn't arrive, your body signals that it needs more, which results in carb cravings. This connection between sweet taste and increased hunger can be found in the medical literature going back at least two decades. Artificial sweeteners also produce a variety of metabolic dysfunctions that promote weight gain. A 2010 review in the Yale Journal of Biology and Medicine is of particular relevance, as it

Where Our Thoughts Go, Energy Flows



Energy is involved in every aspect of our daily lives. We use energy to heat and cool our homes, to provide us with light in the evenings, to cook our food, and to charge our cell phones and computers. We also as humans have a specific energy signature that surrounds us. Some people may refer to it as our aura, while others refer to it as a torrid field. Our thoughts are energy that we express into the ether. We must ask ourselves, how important are our thoughts that we think about ourselves, others, or even our environment and the world we live in?

By Susan Hinrichsen, CHC, CLC

One of the laws of thermodynamics says that energy can neither be created nor destroyed. This is interesting when you think about our bodies as humans and how we have our own electrical system that supports our body, keeps our heart beating, keeps us breathing and gives us life. The laws of thermodynamics are im-

portant unifying principles of biology. These principles govern the chemical processes (metabolism) in all biological organisms.

Quantum science has been around for decades, and that information and research is starting to come out more in the mainstream and readily accessed. The most advanced research is being done in epigenetics. This information I find fascinating! They have learned that as humans we are bioplastic beings, meaning our biology is not fixed even at birth. We also have genetic plasticity, which means our genetics are not fixed. We also have neural plasticity, which means our nervous system is also not fixed. It can modify itself functionally and structurally not only in response to injury, but also in response to experience. Research is showing that it is possible to "upgrade" our biology, neurons, and cognitive abilities all the way down to the level of DNA, and below to the gene level.

What makes this possible is epigenetic triggers that we are familiar with. Such things as: Nutrition, breath work (such as meditation and Kundalini yoga), supplements, water, movement, and our thoughts. The way we think about ourselves, the images that we hold in our mind of ourselves both conscious and subconsciously. Studies are now showing the neurons in our brains, in the neocortex, respond to the image we hold in our mind of anything. When we see something happening, those neurons are triggered, and they begin to create the body chemistry that matches the vision that is being held.

The principle here is when you can see it, and then actually feel what it is you are seeing, this then triggers an epigenetic response. What this means is that it is possible to heal yourself without drugs or invasive procedures.

As this new research is being done and studied, imagine what this could mean for our health, our physical condition(s), and our overall well-being. What sorts of health issues could we potentially improve or reverse with the knowledge this research is providing?

As science advances and our knowledge increases, it seems to be pointing in a direction that the more we look within ourselves, connect to our inner intuition, and create a relationship with our bodies; we may be able to create a more optimal ecosystem for our humanness to thrive. This also applies to our life experiences in creating the life we want. So, if thoughts become things, or the more we are aware of the effect of our thoughts on our physical health, the more we can take control of our well-being, without drugs or procedures.

If you find this information as fascinating as I do, there is a book you can pick up called "Human By Design: From Evolution By Chance To Transformation By Choice" By Gregg Braden.

As a certified health and life coach, it would be my honor to help you upgrade your thoughts, old patterns, and beliefs so you're able to create the next best chapter in your life. You can reach out to me at susiecoaches@gmail.com to schedule your complimentary "Seeking Your Next Best Chapter Discovery Session."

offers a great historical summary of artificial sweeteners and the epidemiological and experimental evidence showing that artificial sweeteners tends to promote weight gain. It also illustrates that as usage of artificial sweeteners has risen, so has obesity rates. According to the author of the review: "Intuitively, people choose non-caloric artificial sweeteners over sugar to lose or maintain weight... But do artificial sweeteners actually



help reduce weight? Surprisingly, epidemiologic data suggest the contrary. Several large scale prospective cohort studies found positive correlation between artificial sweetener use and weight gain." Another study, cited in a recent Democrat & Chronicle article, "found that frequent drinkers of diet sodas had waist circumference increases that were 500 percent greater than non-drinkers of diet soda."

Thought for the Week: Man may be the captain of his fate, but is also the victim of his blood sugar. ~ Wilfrid G. Oakley

Chiropractic Thought for the Week: Pain relief? Yes. More mobility? Yes. Enhanced performance? Yes. Improved health? Yes. Increased quality of life? Yes. This is what chiropractic care can do for you. Not sure about the how or the why? Here it is. Spinal adjustments realign your spinal joints, balancing your neck and back musculature. This increases mobility and relieves aches and discomforts. Most importantly, spinal adjustments improve nerve flow to all of your body's internal systems and organs. Doing this improves the function of your body's insides, thus enhancing health. The outcome of less pain, more mobility and improved health leads to a greater quality of life for you!



'S MESSAGE



UP AT 6AM!

I feel like if I report it here in my article, I have a better chance of making-a-plan and sticking to it. I have been slacking and not wanting to get up early in the morning to exercise like I used to. I am committing to getting up at 6AM to get my workouts done for the day. I started using a new app called "Greatness" two weeks ago. You create a list of habits and stick to them every day. It has really helped me quit hitting the snooze MISSY PAPENFUS button (in turn getting my exercise out of the way for the day) and

drinking more water. Drinking a glass of water is one of the first things I do each day, now a 15 day streak. I have also been consistent getting more steps in and back to early morning walking with my walking partner. I am hoping to continue these new habits and will report back next month.

Memo from MotoProz...

Spring is here...Tis' the season! We have a great supply of new and used side by sides, new EZGO Golf carts, and new Hustler zero turn mowers! Stop in to check them out or take a look online at www.motoproz.com! The place to go is MotoProz in Mazeppa!

- GOODHUE-BELLECHESTER MESSENGER -

Fathers

Page 6

By Pr. Robin Robbert of St. John's Lutheran Church and School, Goodhue Member of Goodhue's Community Health Awareness Coalition

It is easy to overlook the importance of fathers. Too often, fathers are seen as mere providers, a distant figure in the home, or nothing but a large child. But the truth is that fathers play an important role in the wellbeing and development of their children and families and community.

The presence of a father in the home provides a sense of safety and security for children. Fathers are natural protectors, and their presence can help children feel secure and loved. In a study conducted by the National Fatherhood Initiative, children with both a mother and father in the home reported higher levels of self-esteem, better social skills, and better academic performance.

Fathers also provide a much-needed emotional support for their children. Fathers can help their children develop a healthy emotional life by providing love, guidance, and discipline. Fathers can also help their children learn to express their emotions in a healthy way. This can have a positive effect on a child's physical and mental health. Barna studies show that the best chance that a child will have the same values as his parents is if he has a father growing up who shows emotional support, is present.

Fathers are also role models for their chil-

dren. Fathers can show their children how to be responsible and how to work together as a family. Fathers can also help their children learn valuable life skills and values such as respect, responsibility, and hard work.

Fathers can also serve as a source of financial support for their families. Not having a Father in the picture is one of the number one indicators that someone will live under the poverty line. Fathers can also help their families plan for the future and save for college and other important life events.

Finally, fathers can provide their children with a sense of identity. Fathers can help their children understand their heritage and family history. They can also serve as a source of pride and joy in their children's lives.

In short, fathers play an important role in the well-being and development of their children and families. They provide physical and emotional security, serve as role models, offer financial support, and help their children develop a sense of identity. Fathers are essential to the health and happiness of their families, and we should all recognize and appreciate the value of a strong father-child relationship.

All of the above are reasons enough to make a great case for encouraging men to be the best fathers they can. If you are a Christian, know the reasons just keep on piling on top of each other. Your fatherhood is a reflection of God the Father's love for us. What picture are you as a Christian father painting of God the Father by your behavior? I see some really great Christian dads doing a great job. It really is not as time consuming as you may think. What it takes is being present. Present

Looking for mental health resources? <u>National Resources</u> Call or text 988 & you'll be connect with mental health professionals through the Suicide and Crisis Lifeline Suicide Prevention Hotline (English) 1-800-273-8255 Suicide Prevention Hotline (En Espanol) 1-888-628-9454 Regional Resources Crisis Response of Southeast Minnesota Phone: 1-844-CRISIS2, 1-844-274-7472 Text: "MN" to 741741 Minnesota Farm & Rural Helpline: 1-800-600-2670 Southeast Regional Crisis Center: 507-322-3019 Goodhue County Resources Your local school Counselor or School Psychologist The Mental Health Coalition of Goodhue County resource website: www.gccfc.org

at least at some of the sporting events. Pres- summer breaks, community events) to make of worship. Almost all of this can be done versions from the routines of life. without saying a word.

For Christians and non Christian Dads, it all goes by so fast and if you can make time for your children now it will pay 100 fold dividends in the future. If you had a good dad, be very thankful and keep the tradition going strong. If you did not have a good example for a dad then be the change and turn your family history positive starting today. Moms are working hard to keep the children alive and clothed and fed and emotionally well. Dad, be the memory maker. Find the opportunities(e.g. Movie nights, Long weekends,

ent at the dinner table. Present in your house those memories that provide needed fun di-







SATURDAY, JUNE 10

- 8am-1pm Car Show St. Peters Church
- * 8:30-11:30am Quilt Show & Burrito Breakfast St. Peters Church
- 8:45-10am reg. Road Rally Start at Goodhue C-Store, \$5/person
- 9am Udder Run Starts at back of GHS, \$15/ea adv | \$20/ea day
- 9am-2pm Craft and Vendor Show Community Center/Lion's Building
- 9am Co-ed Sand Volleyball Tourn. Rosie Park, \$60/team
- 10am-1pm Kids Bounce Party GHS Gym 3

PRESENTED BY:

- * Goodhue Pool * Goodhue Lions * Goodhue Jaycees * St. Peter's Church * Corner Bar
- Goodhue Community Fund * St. Luke's Church * Goodhue Wrestling * Goodhue Fire Dept.

6:00PM GATE 1 6:30PM MUSIC STREET DANCE \$40 PRE-SALE \$50 GATE GRANGER SMITH FEAT. EARL DIBBLES JR.

SUNDAY, JUNE H

Great Rivers Mutual

* 9am-12pm Dads Belgian Waffle Feed • Community Center/Lion's Building 5yr ↓ Free | 6-12yr \$8 | 13yr † \$12 9am Community Worship Lutheran Service • GHS Gym 1

5&M

INSULATION, INC

Red Wing, MM 651-388-1021

SVIGGUM

- * 10am 3-on-3 Basketball GHS Gym 1, \$100/Team
- * 11am Bean Bag Tourn. Rosie Park, \$40/team
- * 1pm Bingo Fire Hall

* 1pm Parade

LOST HIGHWAY

BRYAN ANDERSON

RENNER ROOFING INC.

]1]

1-4pm Gopher State Garden Tractor Pull • 3rd Ave

FEAT. EARL DIBBLES JR

2pm Fire Dept. Water Fight • Fire Dept.

2pm Bryan Anderson Live • Corner Bar

- * 2pm Tyler Stehr Live Corner Bar
- 2pm Pedal Tractor Pull Broadway/2nd Ave
- 10pm Fireworks Rosie Park

2023 Sesquicentennial Farm Recipients Announced

EAGAN, Minn. - The Minnesota Farm Bureau Federation (MFBF) is pleased to recognize 43 recipients of the Sesquicentennial Farm award for 2023.

To qualify, a family farm must be in continuous family ownership for at least 150 years, be 50 acres or larger, and currently be involved in agricultural production.

A commemorative certificate signed by Governor Tim Walz, Minnesota Department of Agriculture Commissioner Thom Petersen and MFBF President Dan Glessing will be awarded to qualifying families, along with an outdoor sign signifying Sesquicentennial Farm recognition.

Goodhue County Goodhue - Forsell Farm, 1873 Goodhue - McNamara Farm, 1861 Kenyon – Wille Legacy Farm, 1866

2023 Century Farm **Recipients Announced**

The Minnesota State Fair and the Minnesota Farm Bureau recognize 89 Minnesota farms as 2023 Century Farms. Qualifying farms have been in continuous family ownership for at least 100 years and are 50 acres or more. Century Farm families receive a commemorative sign, as well as a certificate signed by Minnesota State Fair and Minnesota Farm Bureau presidents and Governor Tim Walz. Since the program began in 1976, more than 11,000 Minnesota farms have been recognized as Century Farms.

2023 Century Farm families are listed by county, then by the farm's city or township, family or farm names and year of original purchase:

Goodhue County Goodhue, McNamara Farm - 1861 Kenyon, Foss Farms - 1912



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Community

- GOODHUE-BELLECHESTER MESSENGER -

MDA Announces New Grant Opportunity to Support **Emerging Farmers**

Technical assistance grant applications due June 26

A new grant opportunity for organizations that support emerging farmers is now open for applications through the Minnesota Department of Agriculture's (MDA) Rural Finance Authority (RFA).

The Emerging Farmer Technical Assistance Grant is available to those who provide technical assistance services to emerging farmers in Minnesota. Grant funds can also be used by these organizations to pay up to 65% of emerging farmers' premium expenses for up to two years under the USDA Micro Farm Crop Insurance program.

"Access to culturally appropriate technical assistance is a top need for Minnesota's emerging farmers," says Patrice Bailey, assistant commissioner at the MDA. "This grant is an important tool to support farmers and producers across the state in overcoming disparities and barriers to opening new pathways to agriculture."

Technical assistance consists of helping farmers with financials, business planning, record keeping, regulations, land access, marketing, applying for state and federal pro-

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grams, and/or other farm business needs. Emerging farmers include farmers who are American Indian or Alaskan Natives, Black or African American, Hispanic or Latino, Asian, Pacific Islander, members of a community of color, women, veterans, persons with disabilities, LGBTQIA+, or any other emerging farmers as determined by the commissioner of agriculture.

Applications for the grant are due by June 26, 2023, at 8 a.m. The RFA will award \$540,000 in one-time grants through a competitive review process, with a maximum award amount of \$100,000 and a minimum award amount of \$10,000. Decisions are expected in July 2023.

For more information and to access the application materials, visit the Emerging Farmer Technical Assistance Grant webpage.





Bags Tournament · BBQ Cook Off · 5K Run Waffle Breakfast · Car Show · Tractor Pull Parade · Bingo · Free Live Music!

> Watch for Full schedule at dennisondays.org

> > $\mathbf{X} \mathbf{X} \mathbf{X} \mathbf{X} \mathbf{X} \mathbf{X}$

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May, 2023

IUE CLASS OF 2023 ()())



Kade David Altendorf





Alex Diane Bien



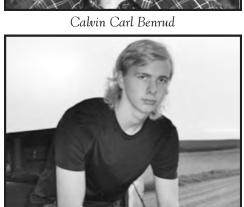


Connor Alvin Ballman

Melanie Megan Beck



Justin Paul Buck



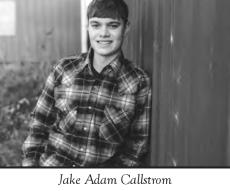
Owen Andrew Buxengard



Madison Jean Ferguson

Happy
Graduation

★ Congratulations to the ★ Class of 2023



Brianna Carol Fitzgerald

You've completed the first step toward you

future goals. Congratulations

and best of luck to you!

e, Lake Citv, Ca

651-923-4496 • 800-732-1439

Pine Island, Pla





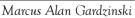


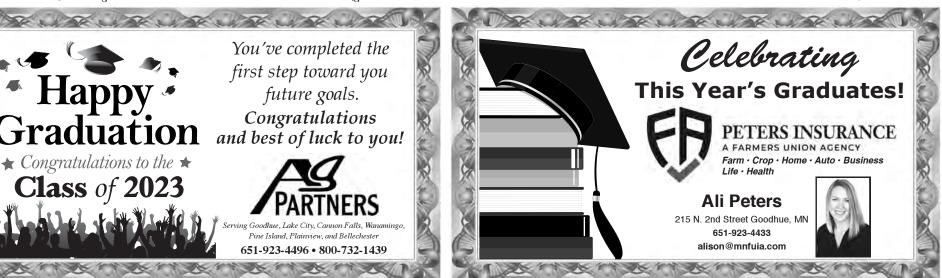
Kennedy Lynn Diercks



Michelle Vanessa Garcia

Calie Jo Dorn





OODHUE CLASS OF 2023



Lilian Iean Germann-Hutter



Theodore Jakson Luhmann



Kiera Joy Norman



Abigail Clare Opsahl





Lucas James Melson

Madisyn Jae Nurnberg



Beau Nathan Jaeger



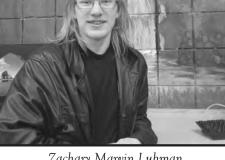
Tori Joy Miller



Hallie Johanna O'Connor



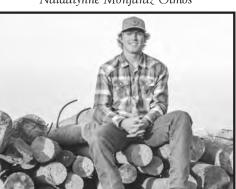
Sofia Grace Pantoja



Zachary Marvin Luhman



Naidalynne Monjaraz Olmos



Jeremiah Joseph O'Reilly



Malakye Jacob Parker



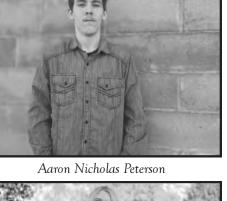
GOODHUE CLASS OF 2023



Tyler John Pawlentv

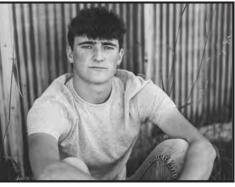


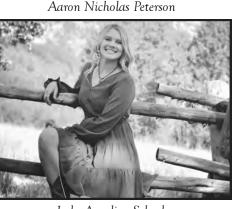
Brooke Lynn Ryan





Adam Anthony Poncelet







Jeffrey Scott Simonson, Jr.





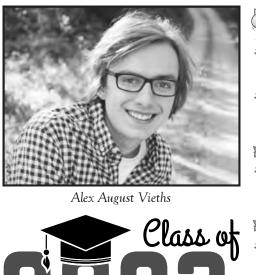
Ethan Lee Strickland





Karli Madisyn Zetah



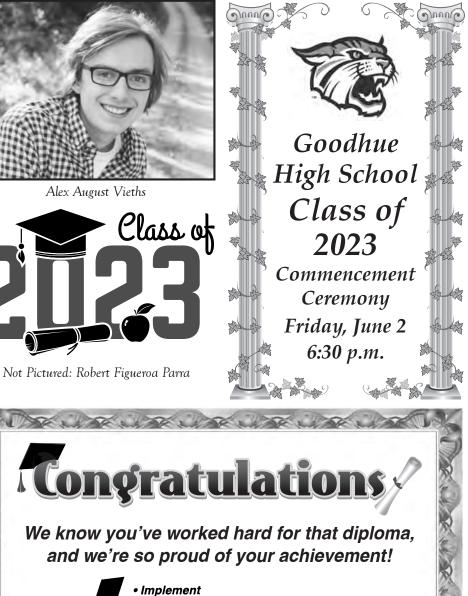


Grain Equipment

• Buildings



Tally Cheyenne Stehr



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Goodhue, MN

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May 3, 2023



May 3, 2023

- GOODHUE-BELLECHESTER MESSENGER/GOLDEN LINK -





Rural Routes & Government

- GOODHUE-BELLECHESTER MESSENGER -

- 20 % a 50 %

Anhydrous Safety Should be Top Concern This Spring

Page 16

The MDA offers safety tips for those maintaining equipment and applying and transporting NH3

Many farmers and applicators will soon apply anhydrous ammonia (NH3) prior to planting or sidedress after planting. Even with a rush against time and the weather, safety should never be compromised. Accidents involving anhydrous ammonia have proven how dangerous and deadly the chemical can be when not handled properly.

The Minnesota Department of Agriculture (MDA) is providing the following tips to farmers and applicators so they can safely apply anhydrous ammonia.

Always wear appropriate goggles and



1503

/ **.**]

gloves. Never wear contact lenses.

Be sure to have a clean, adequate emergency water supply of at least 5 gallons.

Exercise caution when making connections and disconnections as if lines contain anhydrous ammonia.

Stand upwind when connecting, disconnecting, bleeding lines, or transferring NH3. Also, close, bleed, disconnect, and secure valves and transfer lines when taking breaks or disconnecting lines, and be sure to handle hose end valves by the valve body.

Position equipment away and downwind from homes, people, and livestock.

Safety is also key to those maintaining anhydrous ammonia equipment. Never assume NH3 lines are empty, always wear proper

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protective equipment, and have access to safety water.

When towing a nurse tank down the road, drive sensibly. Do not go any faster than 30 miles per hour, display a slow-moving vehicle (SVM) emblem visible from the rear, and be sure the tank is secured to the tractor or truck with two separate, independent chains that supplement the hitch pin/clip.

If an accident or spill occurs, immediately call 911 and then the Minnesota Duty Officer at 1-800-422-0798 or 651-649-5451.

You can find more safety, storage, and transportation information on the MDA's website at www.mda.state.mn.us/nh3.



Hello from the State Capitol,

Minnesota House Democrats have approved their omnibus taxes proposal that actually raises taxes by \$2.2 billion even though Minnesota has a \$17.5 billion budget surplus. I opposed the measure.

With this surplus, lawmakers had the ability to provide significant and meaningful tax relief to all Minnesotans. Instead, the Democrats have taken the opportunity to raise taxes on Minnesotans in numerous ways.

In addition to the \$2.2 billion in tax increases on job providers in Minnesota, the taxes bill would also eliminate electronic pull tabs as we know them. Specific language would eliminate the "open all" feature that has been in use in electronic pull-tab games for years and is expected to drastically alter the amount of sales – and ultimately charitable revenue – that is collected. Almost \$2 billion in revenue was generated in 2022 alone from electronic pull tabs, and a significant decline in sales will impact the revenue that is sent to local nonprofits, youth sports associations, and other charities that benefit from charitable gambling.

The taxes bill appears to be the final piece in the Democrats' tax raising puzzle. To date, the majority party has proposed \$2.2 billion in tax increases in its taxes bill, \$3.5 billion in its transportation bill, \$744 million in its housing bill, and nearly \$3 billion in its paid family and medical leave bill.

The majority party agreed to spend the \$17.5 billion surplus and increase state government spending, as the budget spending total will jump from \$52 billion this budget to \$70 billion in the next budget cycle. Steve



CANNON VALLEY FAIR * JULY 1-4, 2023 Cannon Falls, Minnesota

FFA KIDDIE BARNYARD * CHALK THE WALL * VIDEO GAME TRAILER * KIDS PEDAL PULL * TRUCK PULL DAZZLING DAVE YO-YO MASTER * CORY & FRIENDS * AUTO CROSS * KARL ACHILLES ESCAPE INTO MAGIC DEMO DERBY * HARNESS HORSE RACING

JULY 1st: THE SHEETROCKERS 8:30 PM JULY 2nd: CHICKEN RANCH DUO 8:30 PM JULY 3rd: THE CHUBS 8:30 PM JULY 4th: BRYAN ANDERSON 7:00 PM

WWW.CANNONVALLEYFAIR.ORG

May, 2023

Local Government

- GOODHUE-BELLECHESTER MESSENGER -

City of Goodhue EDA Meeting

March 22, 2023

Motion by Thuman and seconded by O'Reilly to approve the March 8, 2023 EDA Minutes. Motion carried 4-0.

CEDA update was given by Cailin Richard. Motion by O'Reilly and seconded by Schmit to adjourn the EDA meeting. Motion carried 4-0.

Respectfully submitted, Jill Buxengard, City Clerk

City of Goodhue

Council Meeting Minutes

March 22, 2023, 5 pm

Present Mayor Buck, Council Persons O'Reilly, Schmit, and Thuman. Also present were Jason Mandelkow, Cailin Richard, Selene O'Reilly, Carolyn Ryan, Treyben Kehren, and Chief Josh Smith.

Motion by Schmidt and seconded by O'Reilly to amend the agenda. Replacing City

Engineer with Farmers Market. Motion carried 4-0.

Motion by O'Reilly and seconded by Thuman to approve the March 8, 2023, city council minutes. Motion carried 4-0

Billboard update- Surveying will be done of the area, additional information to come. Motion by Thuman and seconded by O'Reilly to approve the Volksfest Fire Works Permit. Motion carried 4-0.

Motion by Schmit and seconded by O'Reilly to approve Resolution 5.23, rescinding the unrecord resolution vacating trail easement across certain property owned by AG Partners. was Motion carried 4-0.

Motion by Thuman and seconded by O'Reilly to approve the Trail Easement Agreement. Motion carried 4-0.

Motion by Thuman and seconded by O'Reilly to approve the 58/9 Roundabout Limited Use Permit. Motion carried 4-0. Motion by Schmit and seconded by Thu-

Bellechester City Council Meeting Minutes March 15, 2023 @ 6:00PM

Regular City Council Meeting was called to order by Mayor Jody Gordon at 6:00 p.m. Pledge to the flag.

Roll call was taken: The council in attendance: Mayor Jody Gordon, Council people Rich Majerus, Kyle Blattner, Mark Gerken, Jered Buxengard as well as City Clerk Lisa Redepenning, treasurer Kyle McKeown and City Engineer Matt Mohs.

Minutes of February, 2023 meeting were reviewed and motion was made by Rich Majerus with a second by Jered Buxengard to approve the minutes. Motion carried.

Bills were reviewed and a motion by Mark Gerken with a second by Rich Majerus to approve and pay the bills as presented. Motion carried.

Old Business:

• Sewer Grant – update progress – MPCA request an INI plan for renewal of our permit. Matt will provide this information to them. Easements – a couple of easements are still outstanding and we need them done before construction can start. We have 3 left to do hopefully will be done in the next few weeks. Motion was made by Mark Gerken with a 2nd by Jered Buxengard to pay both Wabasha County and Goodhue County to record all easements. Motion carried. Water meter inspections are continuing with a few remaining.

• Water Meter Ordinance Discussion – Wording from the Lake City ordinance will be modified for us for discussion at next meeting.

• Final Decision on population sign layout. Council decided on the larger of the 2 signs. New business:

• Summer Mowing – 2022 mowing personnel will continue for 2023.

• Building Permit – Brian Ringeisen – Changes to original building permit request was discussed. Motion was made by Rich Majerus with a 2nd by Mark Gerken to approve the building permit as submitted with changes outlined. Motion carried.

• Clearing snow out of water way behind 2nd Street – One path of clearing will need to be done to prevent issues.

• Approval of Bellechester MICRO Loan – Motion was made by Rich Majerus with a 2nd by Kyle Blattner to approve all 2023.03 and micro loans as submitted. Motion carried.

• Resolution 2023.03 – Reimbursement Bond Resolution – see above.

Engineer Report – Nothing more.

Clerk Report - Purchases – I purchased file folder and 500 envelopes – FYI. Sample Water Meter Ordinances –came from MN Rural Water Website, City of Oakdale & Lake City – FYI. Board of Equalization Meeting notices and meeting date change – will be in Quarterly billing letter, are on TV, in Messenger, website and posted at Bank. Ringeisen Revised Building Permit – FYI - he will not be adding an addition to the garage as it stated in the original application, only the carport. Resolution 2023.03 – I am getting a good description from Matt as well as confirming what amount I need to put in before printing. 2nd Quarter Utility Billing – will be mailed the last week of March – FYI.

Treasurer Report – Disconnect letters will be included in quarterly billing.

Water/Wastewater/Facility Report – Discharge will need to be done, hopefully we can hold off until April, but snow melt is affecting it. Extra sampling is needed for the MPCA permit.

Mayor Concerns: None

Council Concerns: Aluminum can donation was received, as well as fire association truck purchase contribution by Bellechester discussion.

Adjourn

Motion was made by Kyle Blattner with a second by Rich Majerus to adjourn the meeting. Motion carried. Meeting was adjourned at 6:55. Submitted by Lisa Redepending – City Clerk man to approve the use of the Farmers Market signs, canopies and other items from the city run Farmers Market to the group of citizens that would like to handle the Farmers Market in the future. Motion carried 4-0.

Motion by O'Reilly and seconded by Schmit to table the review of the updated Zoning and Subdivision Ordinance. Motion carried 4-0.

Motion by O'Reilly and seconded by Thuman to approve the purchase of a new Air Compressor. Motion carried 4-0.

Motion by Schmit and seconded by Thuman to amend the Council Meeting Calendar. The 2nd Wednesday of each month will be a work meeting. Working on the city budget, city ordinances, etc. The meeting will not be live streamed, the public is still invited to attend these meetings, no action will be taken at this meeting. The 4th Wednesday of each month will be a regular EDA and Regular City Council meetings. These will be live streamed, and the public is welcome to attend, council action can/will be voted on at this meeting. Motion carried 4-0.

Motion by Schmit and seconded by O'Reilly to approve the bills, motion carried 4-0.

Motion by Thuman and seconded by Schmit to adjourn the meeting. Motion carried 4-0.

Respectfully submitted, Jill Buxengard-Clerk

Public Hearing Meeting EDA March 30, 2023, 5:00 pm

Lot Sales

EDA Acting President Patrice O'Reilly, council persons Jason Thuman and Chris Schmit. Zero members of the public.

Motion by Thuman and seconded by Schmit to approve Lot Sales of 1009 Joyce Ave and 105 11th Street Goodhue, MN 55027. Motion carried 3-0.

Motion by Schmit and seconded by Thuman to adjourn the Public Hearing Meeting. Motion carried. 3-0.

City of Goodhue City Council Work Meeting Minutes April 12, 2023

Present were Mayor Ellen Anderson Buck, Council Persons Jason Thuman, Chris Schmit, Joe Benda, Patrice O'Reilly, and Jason Mandelkow-Public works.

Motion by O'Reilly and seconded by Schmit to approve the agenda. Motion carried 5-0. Explanation of how the work meeting will be structured was shared. No approvals or votes will be handled at work meetings.

Items that were discussed at the work meeting are as follows.

- Financial Report Review
- Budget Report Review
- Text Messaging Notification Options
- Web Page Upgrade Review
- Spring Quotes Review

• Building Permit process Review Motion by Schmit and seconded by O'Reilly to adjourn the meeting. Respectfully Submitted Jill Buxengard - City Clerk



Changes in Latitudes, **Changes in Attitudes**

Horse Sense and **Character**

By Terry Campbell This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when its warm here and Tennessee when it's cold here.

This is a picture of my dad from 1984. I grew up with horses, but my dad did not like them very much. As a young kid he would take me to look at horses. He would wait while I rode them. And he would haul them back to the farm for me. There would be comments about how once cars were invented it was silly to go backwards to horse power. But once he joined the Sheriff's Mounted Posse it became a necessary evil. So, he bought this big Egyptian Arab gelding. Azibelli loved to run and if you gave him his head he would flat out run like the wind. There is something exhilarating about pounding down the road on the back of a powerful horse, feeling as one with the beast, knowing that one miss step would likely be catastrophic. I was young and willing to risk life and limb on the back of this steed, even though I was a quarter horse guy and never much cared for Arabians,, because this horse could run. I don't believe though, that my dad ever rode him at more than a walk.

My dad was very opinionated and stubborn and we butted heads often since I was the same way. He had me with more experience though. Anyone who has owned an Arabian knows what stubborn is. My dad loved a good theological argument with anyone who would engage him. He was certain he could make someone believe in Jesus if he just could talk to them long enough.

One incident I recall had little to do with horses and happened a few years earlier in life. It had to do with an old yellow school bus. As I recall, Dale Blanshan and a couple guys embarked on a cross country trip in a school bus. They were strumming and singing their way out west. They had the same idea my dad had, but they were more musical about it. I was around ten at this time, so my recollection may be a little hazy. At one point the bus broke down a long way from home and they needed funds for repair. My dad went to wire them money but it was a Saturday and the banks were closed. The only place to get cash for the wire transfer was the liquor store. My dad headed into West Concord to the Muni for \$300. The

the chance. Now I can out run the geese or avoid them all together.

When I was in community college in Rochester the geese that would hang out on campus would chase me across the campus on an almost daily basis. Which my mother did not believe was happening until she saw me take off running at the sound of 'Honk! Honk!' and a flock of geese start charging at me.

Don't worry I made it to the car before the geese caught up to me and lived to tell the tale.

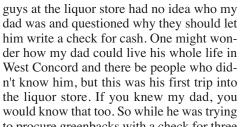
My fear is not just limited to grease either. It does extend to water brands as a whole. I have also been attacked by ducks and gulls. The only reason the loons, swans and cranes have not gotten to me is because I am not fool enough to go anywhere close to them after the incident with the duck.

A couple years later when I was in University back south I was at the park with some friends. We were sitting on a bench watching the ducks, but not doing anything to the ducks. When a duck walked up to me and bit me on the leg with its serrated beak.

While ducks do not have teeth it does hurt when they bite you with their serrated beaks.

It is because of that duck and many, many geese that I now stay clear of all water birds. As I now live under the belief that if I give them space they just might not try to kill me... or at least not have the opportunity to.

P.S. as I write this two ducks have landed on my patio and taunted me with their serrated beaks.



Dad on Azibelli

would know that too. So while he was trying to procure greenbacks with a check for three young guys on the other side of the USA in a broke down yellow school bus, Al Renner the hardware store owner showed up as a credit reference. When asked if my dad's check was good, Al said, "If Dana writes a check for a million dollars it will be good." I was a young kid and a million dollars

and Bellechester

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sounded like a whole lot of money. I was certain that a poor farm family in Dodge County did not have that kind of money. So I wondered why someone would say that, not knowing our financial situation. In fact, I don't believe anyone one I knew could write a check for a million dollars. Over the last fifty years I have pondered this conversation and eventually came to understand it. It wasn't that my dad had a million dollars in his checking account. It was that he had a reputation of being a man of his word and if he said something it was backed up with integrity and truth. And that is worth more than a million dollars.

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By RosaLin Alcoser

There is nothing I fear more on this earth than geese... well maybe snakes, but geese are the more intimate threat. Because here in Minnesota geese are everywhere.

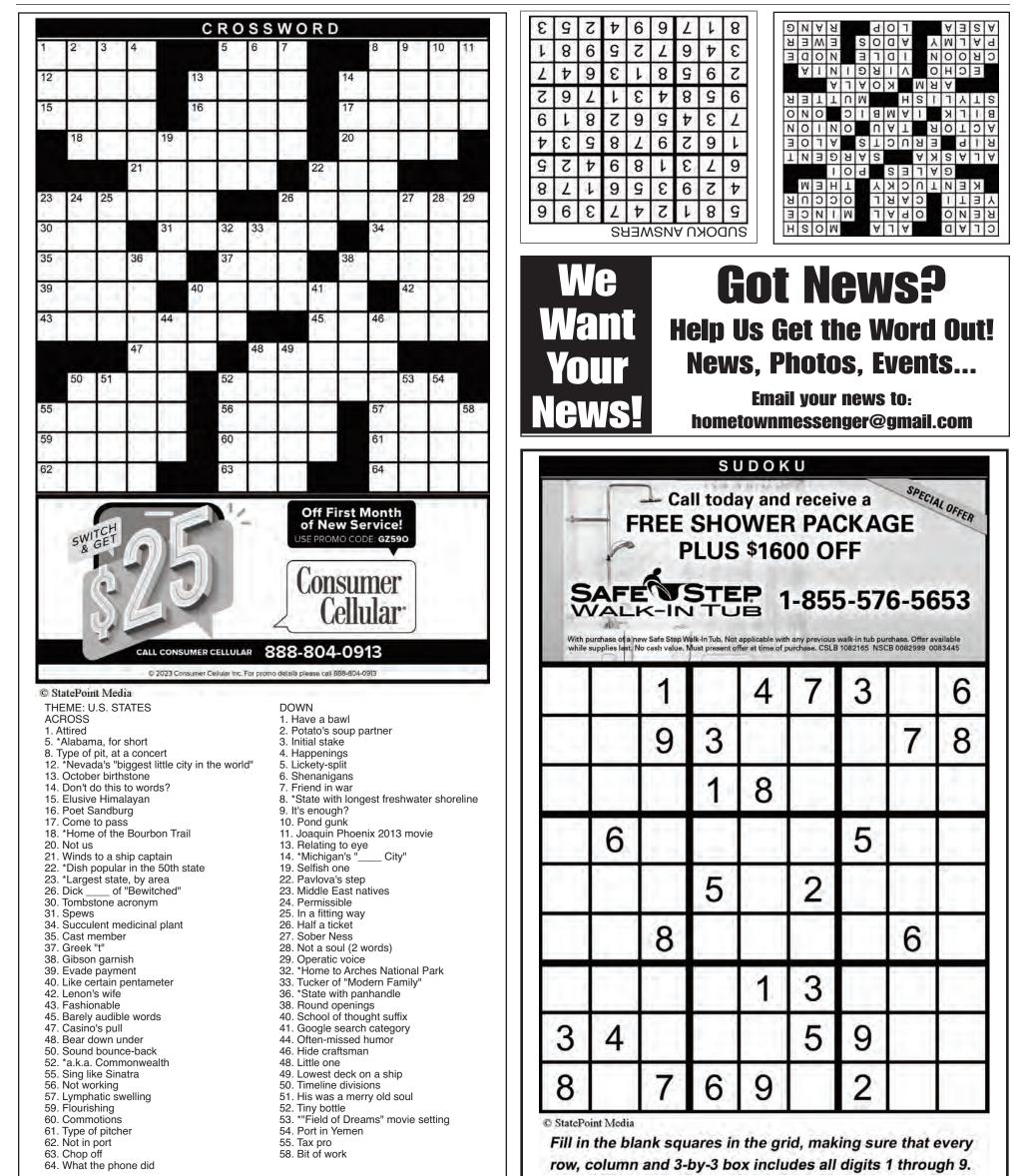
Geese are at the park, in the parking lot, on the sidewalks, and even standing in the middle of the freeway in some cases- like they own the place.

It started out when I was a small child and the geese would chase me around the park honking. Since I was about the same size as them I guess it made sense that they were going after me.

Thankfully in response to these attacks my sister would chase the geese away from me so that I was not mauled to death by a goose at age six.

However, it did not stop as I got older. To this day geese will still chase me if given





Community

- GOODHUE-BELLECHESTER MESSENGER -

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May, 2023



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