Podge Center Nessenger

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APRIL, 2023

Volume 5 • Issue I

Announcements

• The United Methodist Church of Dodge Center at 20 First Street NE offers a dine in and carry out meal from 5:00-6:00pm the third Wednesday of each month.

Do you have an announcement?
Email:
hometownmessenger@gmail.com

Minnesota Music Teacher's Association



The MMTA Preliminary Piano Contest was held On January 28th in Rochester, and Haydynne Langworthy was selected as a winner. She went on to compete and win at the State Piano Contest held at the University of Minnesota on March 4th and 5th. She will be performing at the Minneapolis Convention Center in an ensemble performance on June 3rd. Haydynne is the daughter of Rodney and Becca Langworthy of Hayfield, and is a piano student of Cindy Breederland. Congratulations, Haydynne!

Dodge County Dairy Royalty Crowned

Four princesses were crowned at the Dodge County American Dairy Association banquet held March 25, 2023 at Milton Town Hall. These princesses will be connecting with consumers about the dairy community and promoting the nutritional benefits of dairy products.

Pictured left to right they are:

Gabi Espinoza

Daughter of Marybeth and Ramon Espinoza of Kasson

Sponsored by Suhr Dairy LLC and Zumbro Valley Farms.

Gabi is a student at South Dakota State University and is majoring in nursing.

Alita Rinehart

Daughter of Brian and Amanda Rinehart of Kasson (continued on page 3)



photos by, Laura Seljan



Farm Store Open House

By Cheri Roshon

April 15th was the Grand Opening for "The Farm Store" in West Concord. Due to the Gochnauer's 2 year old son Ryder being hospitalized unexpectedly, the date was reset to what turned out to be a rainy day in S.E. Minnesota. But the rain didn't stop people from coming out to support the Gochnauers in their new venture! People were lined up to come in and see what the new store has to offer.

I showed up about midway through the 11-3 Grand Opening, and asked Megan how it was coming along. She answered, "We have already had about 50 families stop by to see what we have, so it's been busy!"

 $(continued\ on\ page\ 3)$

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Rev. Karen R. Larson
Zwingli United Church of Christ
(The Berne Church)

"Peter said, "I really am learning that God doesn't show partiality to one group of people over another. Rather, in every nation, whoever worships him and does what is right is acceptable to him." (Acts 10:34-35, CEB)

Have you heard of the Portals project? A group called Shared Studios sets up shipping containers around the world with big screens inside that are video linked over the internet. You and your friends can step into a portal in Boston, say, or San Francisco, and talk to some people, live and life-size, right in front of you, who are in a portal in Iraq maybe, or Rwanda, Colombia or the Netherlands. So cool!

When you walk in, you don't know who'll be standing right in front of you, or where they'll be from, or what they'll have to say.

The purpose is to connect the daily lives of regular people who otherwise would never meet, and to help close the gap across miles and cultures.

Shared Studios doesn't have a portal in Minnesota, but when you think about it, there's really a portal like this wherever you go. This morning at work or at the clinic, you might encounter an immigrant from another country, or maybe a visitor from the city, someone with whom you can find some common ground. On your afternoon errands later, you will almost certainly meet someone who's had a different life experience than yours, which includes—if we're honest—your own partner, or your child.

As each of us approaches another human being, whoever it is, we can take along some lessons from Cornelius and Peter. They're two new friends from different cultures in a story from Acts 10 that's at the heart of the spread of the Gospel. Cornelius is a captain of an Italian military unit, a God-worshipping convert to Judaism stationed in a town near where Peter is staying. Peter is an apostle whose life has forever been changed by Jesus of Nazareth, who was raised from the dead.

Read the whole story and maybe you will, like me, come away with these life lessons:

From Peter, we can learn to change our minds—to let go of preconceived notions and tightly held beliefs—when we feel the Spirit pushing us into an unexpected new thing God is doing.

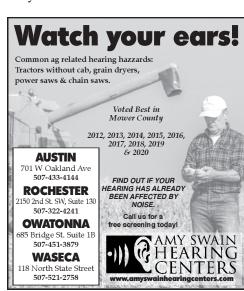
From Cornelius, who said, "we are gathered to listen to everything the Lord has directed you to say," we can learn to seek people out and ask questions we don't already know the answers to. We can learn to actively listen, even if some answers are hard to hear.

From Peter, we can learn to be open and undefended with those we had previously ignored or dismissed. We can learn not to make assumptions about others. We can learn that God doesn't write anybody off.

From Cornelius, we can learn that sometimes worship, service and prayer come before the revelation of the Holy Spirit. We can learn to have patience with the pace of our own spiritual growth and experience.

From Peter, we can learn to speak the truth God puts in our heart, to speak with passion and without fear or anger. We can learn to share our experiences of Divine mercy and justice in words that others can hear.

In this season of Easter, with the news of the Resurrection fresh in our hearts giving us confidence and joy, let's reach out to make friends with someone new. Whoever we are—however wise or kind or good—each of us knows the truth only in part. I believe God gives us each other to help in our lifelong quest to find the rest of it.!



Faith Lutheran Church

308 2nd St. NW, Dodge Center Pastor Jessica Bakken Busch • 507-374-2174 Traditional Worship 8a.m.; Fellowship 9a.m. Christian Education 9:15a.m.

404 Central Avenue N, Dodge Center Rev. Elliott Malm • 507-633-2253 https://gracedc.church Worship 9a.m.; Sunday School 10:30a.m

Praise Fellowship Church

602 Central Avenue S, Dodge Center Roger Langworthy • 507-374-6400 Kidz Church 9:15a.m.; Sunday Worship 9:30a.n

Dodge Center Methodist Church

201 1st St. SE, Dodge Center Rev. Chad Christensen • 507-374-6885 Sunday Morning Worship at 8:15a.m., Fellowship Time Following

St. John Baptist De La Salle

Living Water Assembly Church

104 1st St. NW, Dodge Center Roy Andrews • 507-374-6561 Sunday 10a.m.

Dodge Center SDA Church 410 3rd Ase. SW Dodge Center • 507-374-6895 Sabbath School 9: 15a.m.; Saturday Worship 11a.m

Anchor of Hope Church, a 7th Day Baptist Congregation

Bible Lutheran Church

(American Assoc. of Lutheran Churches)
11 1st Ave. N.E., Dodge Center
www.biblelc.org • 612-803-1212
Sunday School 9:15a.m.; Worship 10:30a.m.
(weekly sermons available on You Tube and on website)

First Congregational Church

12 Second Street NW Dodge Center, MN 55927 507-633-6873

www.congregationalchurchdc.com Keith Mosier, Pastor

203 E. Main St., Dodge Center 507-374-6755 lay 10a.m. Worship; 11:45a.m. Sabbath School

Contemporary Worship 10a.m.

Grace Lutheran Church







The Most Incredible Peace

The peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. — Philippians 4:7

During this month in our reflections on peace, we have dug into the Scriptures and human history, dived into our memories, and revisited some of life's most challenging experiences. We have prayed and contemplated. In this world filled with wars, violence, and pain, we have sought to find God's shalom.

Today let's look again at some verses from Philippians 4. Paul wrote this letter from a jail in Rome, where he was awaiting a verdict from the imperial court. Despite the sad circumstances of Paul's imprisonment for Jesus' sake, this letter is often called his epistle of thanks and joy.

In our verses today Paul calls his readers first of all to "rejoice in the Lord." It's a command that he repeats: "Rejoice!" The reason for this unyielding joy is simple: the Lord is with us. In the person of Jesus Christ and through his Holy Spirit, the loving God is never far away from his children. Paul also reminds us to be gentle and caring ?toward others. That's how we reflect Christ to them. And he encourages us not to be anxious about anything but to trust in the Lord completely, presenting our requests with thanks.

When we live with joy, gentleness, thanks, and trust in the Lord, the incredible peace of God fills us. It "guards [our] hearts and minds in Christ Jesus." Have you found his incredible peace? Merciful God, thank you for being near. Teach us to rely on you. Lead us to live with joy, gentleness, and trust in you, and fill us with your incredible peace. Amen.





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Community

Farm Store Open House

(continued from page 1)

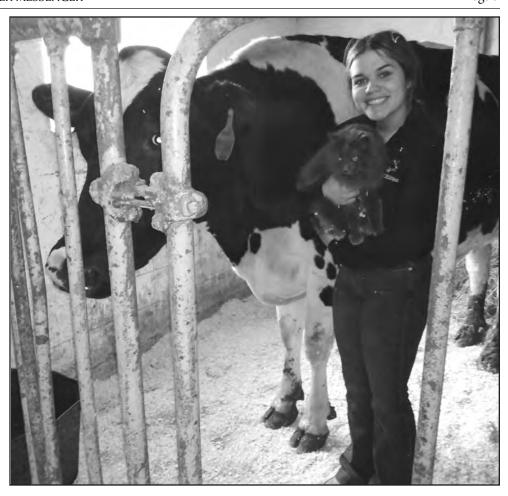
Megan and her mom Janice were behind the counter answering questions and ringing up purchases for their customers. Cadence Spearman was in the barn with 2 of her show cows, answering questions and helping with the day. Rhys Tande who works at the farm was also there helping make sure things went smoothly. There were chickens, cows, cats, goats, sheep, and flowers in the barn. Flowers in the barn? you may ask. Yes! There are plans for a greenhouse to be erected on site in the near future, too!



Some of the products they are offering are meat sticks, beef and pork packages, honey and maple syrup, soup mixes and freeze dried candy and fruit. They also have thirsty coasters for your car, crocheted topper dish towels like Grandma used to make, dish rags, scrubbies and Sc'rags. What's a Sc'rag? Come in and find out! There was jewelry and other craft items on the walls, too. Megan will also be selling seasonings, pretzels, baked good, and produce in season of course!

As you can tell, the Gochnauers have begun a natural product store where you can get farm to table freshness for your dinner table. They invite you to come on in and check out the store for yourself. Hours are 7AM to 7PM, 7 days a week! The store is self service on the honor system. Stop by the barn at the East end of Main Street in West Concord to see what its all about!





Dodge County Dairy Royalty Crowned



Two Friends of Dairy Awards, were honored at the banquet as well, John Bierbaum and Karen Jorgenson.

(continued from page 1)

Sponsored by Carriage House Animal Hospital and Dodge Vet Clinic Alita is a senior at Kasson- Mantorville and is active in 4-H, FFA, and dance team.

Makenzie Alberts

Daughter of Eric and Angie Alberts of Pine Island

Sponsored by D & H Field Services

Makenzie is a student at South Dakota State University where she is double majoring in Ag Communications and Leadership.

Ellie Sauder

Daughter of Stan and Amy Sauder of Pine Island

Sponsored by Nelson Dairy Consultants, Inc., Clint Renken

Ellie is a High School senior and will be attending the University of Wisconsin, River Falls.







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Anhydrous Safety Should be Top Concern This Spring

The MDA offers safety tips for those maintaining equipment and applying and transporting NH3

Many farmers and applicators will soon apply anhydrous ammonia (NH3) prior to planting or sidedress after planting. Even with a rush against time and the weather, safety should never be compromised. Accidents involving anhydrous ammonia have proven how dangerous and deadly the chemical can be when not handled properly.

The Minnesota Department of Agriculture (MDA) is providing the following tips to farmers and applicators so they can safely apply anhydrous ammonia.

Always wear appropriate goggles and gloves. Never wear contact lenses.

Be sure to have a clean, adequate emergency water supply of at least 5 gallons.

Exercise caution when making connections and disconnections as if lines contain anhydrous ammonia.

Stand upwind when connecting, disconnecting, bleeding lines, or transferring NH3. Also, close, bleed, disconnect, and secure valves and transfer lines when taking breaks or disconnecting lines, and be sure to handle hose end valves by the valve body.

Position equipment away and downwind from homes, people, and livestock.

Safety is also key to those maintaining anhydrous ammonia equipment. Never assume NH3 lines are empty, always wear proper protective equipment, and have access to

safety water.

When towing a nurse tank down the road, drive sensibly. Do not go any faster than 30 miles per hour, display a slow-moving vehicle (SVM) emblem visible from the rear, and be sure the tank is secured to the tractor or truck with two separate, independent chains

that supplement the hitch pin/clip.

If an accident or spill occurs, immediately call 911 and then the Minnesota Duty Officer at 1-800-422-0798 or 651-649-5451.

You can find more safety, storage, and transportation information on the MDA's website at www.mda.state.mn.us/nh3.

2023 Century Farm Recipients Announced

The Minnesota State Fair and the Minnesota Farm Bureau recognize 89 Minnesota farms as 2023 Century Farms. Qualifying farms have been in continuous family ownership for at least 100 years and are 50 acres or more. Century Farm families receive a commemorative sign, as well as a certificate signed by Minnesota State Fair and Minnesota Farm Bureau presidents and Governor Tim Walz. Since the program began in 1976, more than 11,000 Minnesota farms have been recognized as Century Farms.

2023 Century Farm families are listed by county, then by the farm's city or township, family or farm names and year of original purchase:

Dodge Kasson, Aarsvold Acres - 1923 Mantorville, LMC Farms - 1896

Teacher Appreciation Day at Triton

Yep, it's going to be a good day at Triton Schools on May 12th from 7 am to 12 pm. Papa's Coffee Truck will be rolling into the parking lot to meet the teachers and brighten their day. All the teachers will be shown some love with a \$10 voucher for the coffee of their choice, and the public is invited to purchase a beverage of choice as well. The TEAM Elementary, Team Middle School and the Booster Club have all kicked in for this special event to show our staff how much they are appreciated. The expense will be funded by a very generous grant applied for by Tara Bradford, and the TEAM and Boosters will cover the remaining costs. We want to show all of our teachers how much we appreciate all they do for our kids, so come on over to the coffee truck and get your beverages!

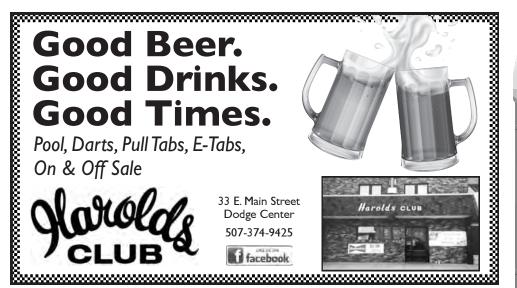
2023 Sesquicentennial Farm Recipients Announced

The Minnesota Farm Bureau Federation (MFBF) is pleased to recognize 43 recipients of the Sesquicentennial Farm award for 2023.

To qualify, a family farm must be in continuous family ownership for at least 150 years, be 50 acres or larger, and currently be involved in agricultural production.

A commemorative certificate signed by Governor Tim Walz, Minnesota Department of Agriculture Commissioner Thom Petersen and MFBF President Dan Glessing will be awarded to qualifying families, along with an outdoor sign signifying Sesquicentennial Farm recognition.

Dodge Mantorville – Rich & Sue Olive, 1873







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Minnesota FFA Convention Brings Thousands to Twin Cities

94th Annual Event Themed "All In. For All."

The University of Minnesota and the Minnesota State Fair will be the backdrop for more than 5,000 FFA members, teachers, adult supporters and sponsors to gather April 23-25 for the Minnesota FFA Association State Convention. The student team of Minnesota State FFA Officers chose the theme "All In. For All." for the event, reflecting what the six FFA leaders saw as the commitment and passion FFA members put toward agriculture's future.

"The theme really encapsulates our entire year and the way our state officer team has been active with one another and with students in FFA across the state," said Emma Kuball, the 2022-2023 Minnesota FFA president, from Waterville-Elysian-Morristown FFA. "It really gets to the heart of servant leadership."

The annual event celebrates student accomplishments in leadership, career exploration, science, community involvement and agriculture experiences. Adults who serve as sponsors, mentors, advisors and volunteers are also recognized during the convention.

During the current school year, 11 new Minnesota FFA chapters have been chartered, and the state's membership in FFA stands at nearly 16,000.

New location for general sessions

Five general sessions, which include award presentations and the finale of naming the 2023-2024 slate of state FFA officers, will take place at Williams Arena on the University of Minnesota Minneapolis campus. Students will compete in Career Development and Leadership Development Events at various University and fairgrounds locations throughout the three days.

"I want those who observe our FFA members during the convention to see that the future is bright and these students are something special," said Kuball. "The convention demonstrates how prominent agriculture is in Minnesota and how important it is to our economy."

Star finalists, State FFA Degree recipients named

Three hundred and fifty-three students will receive the Minnesota State FFA degree Monday night, April 24. Each has met requirements surrounding their Supervised Agricultural Experience and FFA activities.

Top proficiency awards will be presented to 120 students who excelled in their areas of agriculture, food and natural resource programs.

Fourteen students who have been selected as FFA Star finalists with their Supervised Agricultural Experiences will also vie for the FFA's top state awards—the Stars.

Finalists for Star Farmer include: Clark

Koehl, Hancock; Mason Grams, Buffalo Lake-Hector-Stewart; Rachel Tusa, Jackson County Central; and Emma Heiden, Rushford-Peterson.

Selected as finalists for Star in Production Placement are: Shelby Dieball, Sibley East; Caleb Neal, Verndale; Katie Thome, Southland; and Malorie Thorson, Howard Lake-Waverly-Winsted.

Finalists for Star in AgriBusiness are: Blake Koehl, Hancock; Halli Poppler, Howard Lake-Waverly-Winsted; Jacob Walsh, Kerkhoven-Murdock-Sunburg; and Joseph Mohr, Jackson County Central.

The two finalists for Star in Agriculture, Food and Natural Resource Sciences are: Eli Devore, Park Rapids; and Shae Fath, Kerkhoven-Murdock-Sunburg.

Students offered glimpse into careers

For the first time, the University of Minnesota's College of Food, Agricultural and Natural Resources (CFANS) will offer an experience called "Discover the Scientist Within." Students can meet University professors to learn more about fields of study which lead to careers especially important to rural Minnesota. Hands-on activities will take place from 8:30 a.m. to noon Monday, April 24, at the North Star Ballroom on the St. Paul campus. A variety of campus and laboratory tours include field plots and the Food Science and Nutrition pilot plant. Students can also bake Kernza pancakes and cookies in the test kitchens.

CFANS recently released survey results indicating 37 percent of high schoolers are interested in pursuing careers in agriculture, food, natural resources and the environment.

The Minnesota FFA Foundation is sponsoring its 22nd Annual Career Connections event for students Monday, April 24, at the Minnesota State Fairgrounds Coliseum from 7:30 a.m. to 1:30 p.m. The event is conducted in partnership with Minnesota's Agricultural Centers for Excellence. It allows FFA members to explore the broad range of agriculture, food and natural resource careers by visiting with 71 companies, organizations and colleges who take part.

School leadership invited

Superintendents and school board members are invited to attend the FFA Experience. The opportunity provides school district leadership an inside look at the positive impact of agriculture, food and natural resources education combined with FFA, and the multi-layered impact it can have on students and

ALL IN. FOR ALL.

communities. The FFA Experience takes place concurrently with the Minnesota FFA Foundation Sponsor Reception in the Club Room of Williams Arena at noon Monday, April 24.

Broader participation offered

Through the Minnesota FFA Foundation, 22 students have been selected as FFA Ambassadors to greet attendees during general sessions and provide broader networking opportunities for sponsors. They will assist with welcoming guests to the convention and conduct media efforts.

The Foundation, through its 150-plus business and individual sponsors, plans a 30-minute streaming pre-show for each general session, carried on the Minnesota FFA YouTube Channel. A convention app sponsored by the Foundation can be downloaded from the Minnesota FFA website.

The Minnesota FFA Convention is offered in partnership by the Minnesota FFA Association, the Minnesota FFA Foundation and the Minnesota FFA Alumni. Throughout the convention, content is available on the Minnesota FFA website, the Minnesota FFA YouTube Channel, on the organization's Facebook, Twitter and Instagram pages and on the convention app which will be live just before the convention begins. Find the link on the Minnesota FFA website.

About Minnesota FFA

FFA is a national organization developing students' potential for premier leadership, personal growth and career success through agricultural education with more than 800,000 members in all 50 states, Puerto Rico and the U.S. Virgin Islands. The Minnesota FFA Association represents nearly 16,000 members and over 200 high school chapters across the state. Agricultural education engages students through hands-on learning in the classroom, work-based learning opportunities known as Supervised Agricultural Experience (SAE) projects and FFA activities.

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EPA Agrees To Address Factory Farm Water Pollution Petition This Summer

Second Food & Water Watch lawsuit this year to successfully pressure EPA to scrutinize factory farms under Clean Water Act



Today, Food & Water Watch and ten other organizations reached an agreement with the U.S. Environmental Protection Agency in a lawsuit against the agency's unreasonable delay in responding to the groups' 2017 petition to overhaul the agency's water pollution regulations for factory farms (also known as concentrated animal feeding operations, or CAFOs). Under today's agreement, EPA has committed to answering the petition by August 15. If successful, the petition could push EPA to adopt tighter water pollution standards for factory farms across the country.

This is the second Food & Water Watch lawsuit this year to successfully pressure EPA to scrutinize factory farm water pollution. In January, in response to a 2021 lawsuit, EPA announced a plan to undertake a detailed study of CAFO water pollution to determine whether and how to strengthen its Clean Water Act regulation of the industry under its effluent limitation guidelines.

"For decades, EPA has turned a blind eye to factory farm pollution. This regulatory negligence has failed to protect sensitive waterways and public health," said Food & Water Watch Staff Attorney Emily Miller. "Answering our petition, which sets out a roadmap for EPA to fix this broken system and do its job, is the first step towards putting meaningful protections in place. After six years of delay, EPA's commitment to an August 15 deadline represents a move at lightning speed for the agency — we hope this indicates a commitment to finally give factory farm pollution the attention it requires. We look forward to finally receiving EPA's decision."

CAFOs generate and dispose of enormous quantities of animal waste. This waste contains nutrients responsible for dead zones and harmful algal blooms, pathogens like E. coli, antibiotics, and heavy metals. CAFOs are a leading source of water pollution nationally and are "point sources" of pollution subject to regulation under Clean Water Act permits. Yet more than 50 years after the Act's passage, EPA estimates that only about 30% of the largest factory farms are regulated. Even where Clean Water Act permits are in place,

they often fail to adequately protect water-ways.

The 2017 CAFO petition, submitted by Food & Water Watch and dozens of co-petitioners, provides EPA with a roadmap to close loopholes that have enabled CAFOs to avoid regulation, and to make permits stronger and more effective. EPA is required to answer rulemaking petitions within a reasonable time. But in this case, it has failed to answer the petition for more than six years, spurring petitioners to sue for a response in October 2022.

The 2017 petition seeks to improve both the quantity and quality of CAFO permits by subjecting more factory farms to regulation and strengthening pollution permits for the facilities. Specific recommendations include:

Revising the "agricultural stormwater" exemption, which has allowed many CAFOs to evade permitting

Establishing a presumption that certain CAFOs pollute and require permits

Improving discharge monitoring

Prohibiting practices known to harm water quality, and

Strengthening national pollution standards known as effluent limitation guidelines.

Petitioners in the lawsuit include: Food & Water Watch, Center for Food Safety, Dakota Rural Action, Dodge County Concerned Citizens, the Environmental Integrity Project, Helping Others Maintain Environmental Standards, Institute for Agriculture and Trade Policy, Iowa Citizens for Community Improvement, Kewaunee CARES, Midwest Environmental Advocates, and North Carolina Environmental Justice Network. The petitioners are represented by Food & Water Watch, Earthrise Law Center, and Public Justice.

The 33 original petitioners include six national public interest advocacy organizations, and twenty-seven state and community-based organizations based in Arizona, Arkansas, California, Illinois, Iowa, Maryland, Minnesota, Missouri, New Mexico, North Carolina, Oklahoma, Pennsylvania, South Dakota, Virginia, and Wisconsin. Collectively, Petitioners represent millions of members and supporters from across the country.

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Do you run up to and hug or jump on every person you see on the street? Of course not. Similarly, it's important to teach our dogs not to try to engage with all the other dogs they pass during a walk

People are bringing their dogs more places and are often putting a lot of pressure on their pups to be social with other dogs. In reality, it's far better for dogs to have space and not be pushed to interact. Most adult dogs are dog selective or dog tolerant, meaning they don't want to be greeted

Socialization is a term that gets thrown around a lot, but it actually refers to a very specific period of puppy development. That said, you can teach adult dogs new skills and they don't need to greet or engage with other dogs to be happy or fulfilled. In fact, allowing your dog to greet every dog you see can lead to longer-term behavioral issues.

If you allow your dog to approach a strange dog, it puts your pet at risk for injury or illness. One of the big concerns is that those unknown dogs might be unvaccinated or ill with a contagious condition. It's also impossible to tell if they will be a good match for your dog's temperament. They might have had negative interactions in the past with other dogs or may be in training. The other dog may not appreciate being greeted, which could lead to your dog getting lunged at or being caught up in a dog fight. Not only could this result in your dog getting injured, but it could also lead to long-term nervousness or even reactivity to other dogs.

Rather than encouraging your dog to engage with other dogs, it's far safer to teach them neutrality by asking your dog to turn attention toward you instead. This skill is easiest to teach with young puppies when you first introduce them to walking by rewarding them for any attention they give you on a walk. But while it's great to start building these skills when your dog is you, you can absolutely teach it and reinforce it with older dogs.

To create neutrality toward other dogs when you're out in public, your goal is to make yourself more interesting and "valuable" to your dog. We want our dogs to understand that going out with us anywhere-from a neighborhood walk to dog-friendly events-is a chance to play and engage

with us and not other dogs. By avoiding setups where our dogs routinely greet strange dogs, we can teach them that paying attention to us is more fun and

Even if your dog is very friendly, if you see a dog in public, it's a good idea to create as much space as possible between the two of them. This will generally make the dogs calmer and less focused on each other. If you see a dog approaching, it's a good idea (if possible) to cross to the other side of the street or give space to another dog and their owner. If you're in a crowded area where moving across the street isn't practical, you can cross your dog to the other side of you to put your body between your dog and an approaching dog. This helps create space in case the other dog lunges. When you're first teaching your dog to ignore other dogs, that space can also make it easier for your dog to stay calm and focused on you.

To start training your dog to create space on cue, you can teach them to cross from walking on one side to the other. It's your preference if you want your dog to cross in front or behind you. For dogs who tend to lag, crossing behind is usually easier, while dogs who forge ahead on their walks might find it easier to cross in

Step 1: While walking your dog, use a toy or treat to lure them from one side to the other, then praise and reward. Be sure to practice going both directions.

Step 2: After several repetitions of luring your dog to cross to the other side, you can begin to incorporate a verbal cue of your choice such as "cross," or "left" or "right" to indicate what side the dog should be on.

Step 3: As your dog becomes more confident with this cue after several practice sessions, you can start to reduce and then fade out your treat/toy lure entirely and just reward them once they have crossed to your other side on cue.

Practice teaching your dog to intentionally cross sides in a low-distraction environment and then build up the skill to more distracting areas like parks or crowded streets.

'Watch' is one of the most useful skills you can teach your dog that will help them ignore distractions when out on a walk. For this skill, your dog will make eye contact with you, which is a great way to stop them from getting over-aroused or excited by the presence of the other dog.

Step 1: To teach your dog to watch you, have a treat in front of them and slowly bring the treat up to your nose/between your eyes.

Step 2: Your dog will watch the treat and make eye contact with you. Praise and treat your dog as they look at your eyes.

Step 3: After a few repetitions of luring your dog to look at your face with a treat, you will want to do the same physical lure but with an empty hand.

Step 4: When your dog follows your empty hand and looks at your face, praise and treat.

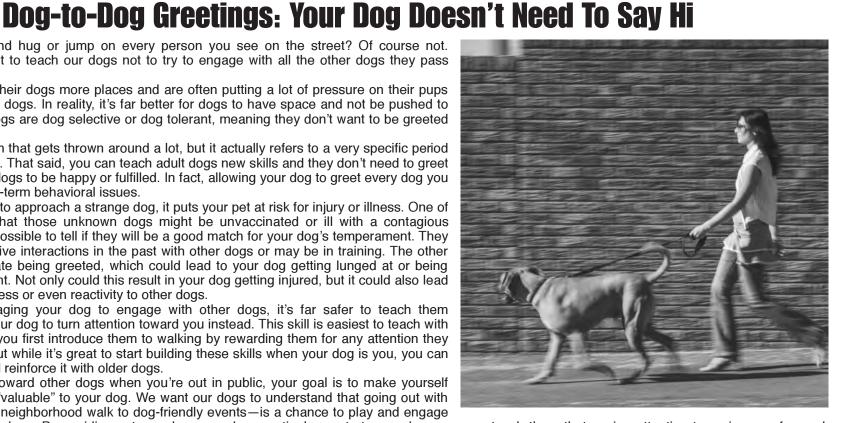
Step 5: After several training sessions when your dog is consistently following your hand signal to watch your face, you can start to introduce a verbal cue of your choice such as "watch" or "eyes."

Again, start by practicing this skill inside your house so your dog won't be distracted and then move gradually to other environments that are more distracting.

You'll likely come across a situation where a dog approaches uninvited to greet your dog. In these situations, it's always okay to interrupt the interaction and prevent the dog from approaching your dog. Our dogs look to us to keep them safe and comfortable when out in the world. Part of continuing their neutrality toward other dogs is ensuring they have positive interactions and understand that we won't permit them to be ambushed or approached.

Don't worry about being rude to a stranger—the most important thing is to stand up for your dog's comfort. It's okay to interrupt people who are approaching your dog or allowing their dog to approach and say "no." You could also say something like "my dog is training," or "my dog is sick," or "my dog is recovering" or just simply "my dog doesn't want to say hi." If a verbal rejection doesn't encourage someone to move their dog out of your dog's space, try to create physical distance. If necessary, put yourself physically between your dog and an oncoming dog to prevent them from approaching.

While many dogs enjoy the opportunity to play with dogs they know, most adult dogs don't enjoy social interactions with every single dog they see. Unfortunately, social media and dog park culture stereotypes suggest that all dogs should be friends with one another. This leads to owners allowing - or even pushing - their dogs to interact (often rudely) with other dogs they meet in public. Although most puppies are very dog social, in adulthood most dogs become dog selective or dog tolerant, with very few remaining truly dog social. Some may even become dog reactive.



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*2.75% Annual Percentage Yield (APY) paid on balances between \$.01 and \$15,000 and 0.10% APY paid on all amounts above \$15,000 each cycle when the minimum qualifications are met. If you do not meet the qualifications per cycle, your account will earn 0.01% APY. When account balance is greater than \$15,000 the yield printed on the statement will be a blended yield of the 0.10% and the 2.75% reflecting the combination of the two yields earned on all qualifying balances. Rates effective 11/30/2022. We reserve the right to change the interest rate and APY at any time after the account is opened. Available to individuals only. Fees may reduce earnings. Contact an employee about fees and terms of the account.

Triton Times Dodge Center Messenger April 2023 Page 9

Triton Spring Musical "Guys and Dolls"



Triton High School Presented Guys and Dolls as their Spring Musical. Pictured is the full cast. (additional pictures on pages 10 & 11)

Triton BPA Smashes Records at State Competition

Dodge Center, MN – Triton Business Professionals of America (BPA) sent 31 members to the State Leadership Conference on March 9-11, where they smashed records by crowning a historic five State Champions, 15 National trip winners, 27 top ten finishers, and had two State Officers.

"Every year, I say I'm blessed with the best, and this year is no different," said Advisor Rebecca Goossens.

"This is the most students Triton has ever had qualify for Nationals, and we also had 87% of our students place in the Top 10 of their events – a success rate I'd be willing to bet is the best in the State."

(continued on page 10)



BPA State Winners

Cobra Communications



Craig Schlichting Superintendent

The spring sports season at Triton Public Schools is always an exciting time for stu-

dents, coaches, and fans. It is a time to get outside and enjoy the spring air. Winter can be stubborn at times, and we are hoping the warmer weather will come to stay so our students can get outside and begin their competitive seasons.

The spring season offers a variety of activities including baseball, softball, golf, and track and field, and trap shooting. Students have been working hard in practice, getting ready for their games and meets, and I look forward to supporting our teams.

Alongside the sports season, Triton Public Schools also recently held its spring musical. The production, titled "Guys and Dolls," was a huge success, with students from across the school coming together to put on an unforgettable show. The musical was a showcase of the school's talented actors, singers, dancers, and musicians, who worked tire-

lessly to create a memorable experience for the audience. The community turned out in large numbers to watch the show and support the school's arts programs.

Beyond sports and the arts, Triton Public Schools has also seen great accomplishments from its FFA, BPA, and FCCLA chapters this spring. The FFA, or Future Farmers of America, is a national organization that aims to develop leadership and personal growth through agricultural education. Triton's FFA chapter has been busy with a range of activities, including participating in state contests, organizing community service projects, and attending leadership conferences. The BPA, or Business Professionals of America, is a similar organization that focuses on developing business and leadership skills among students. Triton's BPA chapter recently won several awards at the state competition, including 15 students that qualified for Nationals. FCCLA, or Family, Career, and Community Leaders of America, is an organization that aims to help students become leaders in their families, careers, and communities. Triton's FCCLA chapter has also been busy this spring, organizing community service projects and participating in state competitions.

Overall, Triton Public Schools is a community that values education, sports, and the arts, and the spring season is a time when these values are on full display. As the community comes together to support its sports teams, enjoy the spring musical, and celebrate the accomplishments of its FFA, BPA, and FCCLA chapters, it's clear that Triton is a special place that truly cares about its students.

#WeAreTriton

Triton BPA Smashes Records at State Competition

(continued from page 9)

Right out of the gate, senior Paige DeVetter was crowned State Champion in Desktop Publishing, followed by sophomore Katya Wheeler as State Champion in Computer Modeling. Next up, the Triton Broadcast News Teams swept the podium, with seniors Talia Kelley, Kaitlyn Krupa, and Lydia Stanton taking home the Championship and seniors Liam Dostal, Phineas Quella, and Weston Haugen snapping up second place. Senior Ari Wennes scooped up a third-placed finish in Health Administration, while the Visual Design Team made up of sophomores Bryar Quimby and Ashley Romero also placed third. Sophomores AJ Kozisek and Camila Medina nabbed fourth and fifth place finishes respectively in C# Programming and Business Law + Ethics. Rounding out the crew of 15 who punched their tickets to the National Competition were seniors Mariah Busch, who finished seventh in Health Administration, and State President Wyatt Bendickson.

In addition, Bendickson, along with Tyler Gnagey and Jude Gosse, graced the stage at the Grand Awards Ceremony for placing fourth in Podcast Production Team, as did the Video Production team of juniors Noah Kleinwort, Alejandro Ortiz, and Quinn Short, who placed fifth. Yenlik Tulessova also placed in the top 10 for her Entrepreneurship event, along with Paige DeVetter for Graphic Design, Liam Dostal for Computer Security, Maddie Jarrett for Interview Skills, Tegan Ridenour for Linux Fundamentals, and the Small Business Management Team of MacKenzie Geers, Danielle Hallaway, Corey Lilledahl, and Logan Tufte.

"BPA plays such an important role for our students, as it provides them with unique opportunities and benefits to learn real-life skills, grow professionally, contribute to their community through service, and compete in areas they are passionate about," said Goossens.

The students qualified for the State competition earlier this year by competing individually and in teams in a variety of areas including accounting, video editing, web design, graphic design, podcast creation, computer programming, health administration,



information technology, and legal procedures At the State competition, they put their talents to the test against winners from eight other regions throughout the state and were required to learn and develop numerous soft and hard skills and abilities and then demonstrate their knowledge by taking a test, creating a project, or presenting to a judge. Industry leaders, business owners, and experts in their fields judged the contest events, where the top five individuals, top three judged individuals, and top three teams from each event earned trips to Nationals.

This April, Bendickson, Busch, DeVetter, Dostal, Haugen, Kelley, Kozisek, Krupa, Medina, Quella, Quimby, Romero, Stanton, Wennes, and Wheeler will travel to Anaheim, CA to compete with roughly 6,000 top students from across the United States at the 2023 Annual National Leadership Conference – the pinnacle of BPA competition.

ABOUT MINNESOTA BPA: Business Professionals of America is the leading Career and Technical Student Organization for students pursuing careers in business management, office administration, information technology and other related career fields.

BPA's mission is to develop and empower student leaders to discover their passion and change the world by creating unmatched opportunities in learning, professional growth, and service. BPA provides members with opportunities for growth through education, competition, community service, and personal development.



With 45,000 members in over 1,800 chapters across 25 states and Puerto Rico, as well as an international presence in China, Haiti and Peru, BPA is an organization that supports business and

information technology educators by offering cocurricular exercises based on national standards. For more information about Minnesota BPA, please visit www.mnbpa.org.

Triton Spring Musical "Guys and Dolls"



Adelaide (Talia Kelley) expresses her frustration to her fiance, Nathan (Liam Dostal)

Mr. Johnson is now a part of the Southeast Minnesota's Top Driving School and he's bringing it to Triton!

The Enhanced Driving Institute is proud to offer the most comprehensive driver's education program available, and we are extremely excited to be bringing our program to Triton High School with a teacher the students know and trust! Our next class will run June 5th-16th and we will offer another class again in November. Class will be from 9:00 a.m.-noon and will be held in the Triton MS Media Center.

All students over 14 years old are legally eligible for class, though we recommend waiting until students are 15 or nearly 15. Our Complete Package (\$415) includes 30 hours of classroom instruction AND the 6 hours of Behind the Wheel Training with a licensed instructor that is required by the state of MN. All behind the wheel lessons will begin and end at our Rochester campus location. The Complete Package is subject to a one year program agreement which requires all 3 behind the wheel lessons to be completed 10 months after the first day of class. Students who will not turn 15 for a bit, could also register for the Classroom Only Package (\$240). The Classroom Only Package is not subject to a program agreement. These students would receive their Blue Card when they enroll in BTW training (\$240).

All registration is done completely online through our website: https://www.enhanced-drivinginstitute-mn.com/triton

If you want to know more about our program e-mail Mr. Johnson: jjohnson@trion.k12.mn.us



Sarah Brown (Maddie Jarrett) and Adelaide (Talia Kelley) plot during the song "Marry the Man Today."

Triton Spring Musical "Guys and Dolls"



and a peck" (clockwise, from L: Gabby Kirya, Jessica Willette, Elizabeth Hukee, Talia, You're Rocking the Boat." The rest of the cast is drawn in by his persuasiveness. Gigi Lundi, Hanna Strom, Makenna Steneman, Jenna Kenworthy, and Jozey Boe.



Adelaide (Talia Kelley), surrounded by her Hot Box Dancers, sings "I love you, a bushel Nicely-Nicely Johnson (Tavan Radke) brings down the house with the number "Sit Down



MacKenzie Geers, Katherine Ross, Nancy Fernandez, Corey Lilledahl, Sarah Jensen, Katya Wheeler, and Jairo Solano)



The Save-a-Soul Mission Band arrives to try to get people to "Follow the Fold" (L-R: Weston Haugen, as Sky Masterson (center), rolls the dice at the conclusion of "Luck Be a Lady." (From L-R: August Johnson, Graham Christianson, Caleb Chilson, Tavan Radke, Liam Dostal, Jairo Solano, Joaquin Lundi, Raymond Anderson, Jude Gosse, Ismael Viesca-Ramirez, and Andrew Edge)



Big Jule (Andrew Edge) is unhappy with his roll, as, from left-to-right, August Johnson, Sky Masterson (Weston Haugen) tries to woo the uptight Sarah Brown (Maddie Jarrett) Liam Dostal, and Joaquin Lundi look on.



Region 8 FFA Awards

The annual Region 8 FFA Awards night took place on Monday March 27 at Dover Eyota High School. The program recognizes the top three Career Development Event (CDE) contest teams and top three individuals in each contest. Leadership Development Events recognizes the top three individuals in each speaking event. All of the first gold proficiency winners were recognized along with students competing in a talent competition. Chapter scrapbooks were evaluated and the region officer team reflected on the past year and installed the new offi-

Triton FFA was well represented at the event. There were 14 members that went across the stage for various events. Caleb Chilson performed a song on the piano for talent competition. First gold proficiency winners were John Moenning in swine production (is also rated in the top three at the state level), Poe Broskoff in Agriscience Research in Plant Systems, and Cadence Spearman in Diversified Agricultural Production Placement/Entrepreneurship. Three CDE teams placed third in the region. The Meat Evaluation team of John Moenning, Jacob Kasper, Noah Kasper, Devin Menses and Jason Wolf; the Poultry Evaluation team of Poe Broskoff, August Johnson and Wade Holtet; and the Crops team of Caleb Chilson, Brady Staub and Andrew Holtet were recognized. Tristan Nelson was recognized for first place ag mechanic individual and Jenan Kenworthy was recognized for third place in nursery landscape. In the Discussion contest Cadence Spearman was the first place individual and Stella Streich was third individual. August Johnson was second overall in extemporaneous speaking. All of these students are competing at FFA State Convention April 23-25.



Members of the Triton FFA that were recognized at the Region 8 Awards night. Pictured left to right are Tristan Nelson, Brady Staub, Jennna Kenworthy, Noah Kasper, Elyssa Robinons, Poe Broskoff, Cadence Spearman, Jacob Kasper, Jason Wolf and John Moenning



Jenna Kewnorthy led Triton's first state qualifying nursery landscape team by placing third in the region contest.



Tristan Nelson helped to lead Triton's Agricultural Mechanics team back to state for the first time since 2021. He was the first place individual out of 58 mechanics in region 8.



John Moenning was first gold in the swine production entrepreneurship proficiency. His application placed in the top three at state and we will learn the results in late April.



Cadence Spearman placed first in the Farm Bureau Discussion meet and will be competing at the state level in late April. Cadence was also first gold rated with her proficiency Diversified Agriculture Placement/Entrepreneurship working her family's crop, steer and hog operation.



Members can complete applications to get recognition for learning on research projects, job placements or entrepreneurship enterprises. Broskoff completed an application for research of plants in a garden and was rated first gold in Agriscience Research Plant Systems proficiency. Poe is the first student from Triton to enter this cate-



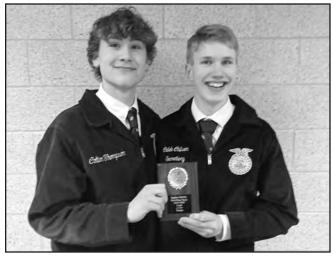
August Johnson placed second in the extemporaneous speaking contest and will compete at state in late April.



John Moenning, Jason Wolf, Noah Kasper, and Jacob Kasper. Johnson and Poe Broskoff. Not pictured is Wade Holtet. Not pictured is Devin Meneses.



Triton's Meat Evaluation team was third in the Region 8 contest Triton's Poultry Evaluation team qualified for state for the first and will compete at state in late April. Pictured left to right are time ever by placing third in the region. Pictured are August



Triton's Crops team qualified for state by placing third in the region contest. Members of the team pictured are Brady Staub and Caleb Chilson. Not pictured is Andrew Holtet.

FCCLA Members Compete at the MN State FCCLA Conference

Eighteen Triton FCCLA members competed at the MN State FCCLA conference in downtown Minneaoplis March 26-28th. Nearly 500 students, from 39 different schools across the state, participated in 47 STAR Events (StudentsTaking Action with Recognition) The theme of the conference was "soar to success" and Triton students did just that!! They made history for Triton schools with Fifteen students advancing with EIGHT national trips. Three of those events took home 1st in state.

Several individuals were also recognized for their hard work and dedication throughout the year including a select few students who were nominated by their advisers for the Ultimate Leadership Award. Triton members recognized were Skyler Wrolsted New Member award, Katherine Ross Spark award, and Kalena Dudley Ultimate Leadership Award. Triton Advisor Luann McMahan was also awarded with the MN advisor New on the Horizon award.

Speakers and workshops focused on empowering members with a particular emphasis on overcoming adversity. Throughout the conference, planners, advisers and participants kept FCCLA's Mission front of mind. The Mission of FCCLA is to promote personal growth and leadership development through family and consumer sciences education. Focusing on the multiple roles of family member, wage earner, and community leader members develop skills for life through character development, creative and critical



thinking, interpersonal communication, practical knowledge, and career preparation.

For more information on your local FCCLA Chapter, Contact Luann McMahan

Triton National Advancers: 1st place advancers:

Teach and Train Level 3 - Kalena Dudley Chapter Service Portfolio Level 1 - Chace Landsteiner, Aden Ronken, Daniel Villegas (not pictured)

Promote and Publicize FCCLA - Diego Ibarra-Castillo, Lily Maldonado, Litany Peterson

2nd place advancers:

Chapter Service Portfolio Level 1 - Cinthia Felix, Ruby Kellogg, Brooklyn Mechtel
Chapter Service Portfolio Level 3 - Jessica

Chapter Service Portfolio Level 3 - Jessica Willette

Focus on Children Level 3 - - Katherine Ross (not pictured)

Other advancers:

Sustainability Challenge Level 2 - Skyler

Wrolstad

Chapter in Review Portfolio - Ava Cummings, Elizabeth Hukee (not pictured), Katherine Ross (not pictured)

Also competing at state:

Entrepreneurship Level 3 -- Yenlik Tulessova

Professional Presentation: Hector Ibarra, Carter Krahn

MN only skill event - Ruby Kellogg

Special Recognition:

The Ultimate Leadership Award - Kalena Dudley

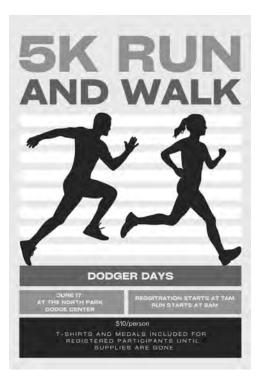
Spark member Award - Katherine Ross New Member award - Skyler Wrolstad MN New on the Horizon advisor award -Luann McMahan





Triton FCCLA members with Miss Minnesota Rachel Evangelisto







Triton Counselor's Corner

In the last several years, Triton Public Schools and our community members have determined 8 qualities that we want every Triton student to embody in their everyday lives and especially upon graduation. The Triton Profile of a Graduate consists of: self-awareness, integrity, critical thinking, dependability, problem solving, resilience, work ethic and communication. As a school



counseling and social work team, we'd like to explain a little more about each of these traits and how they can relate to mental health and/or social emotional learning.

In April, the Profile of a Graduate focus is communication. Students will learn that communication is the process of exchanging information between individuals--verbally, with symbols or signs, and even by saying nothing at all. In fact, it is often said that much more is communicated through someone's nonverbals--eye contact, tone of voice, body posture, space, touch, gestures, etc. Even the people involved in a communication exchange can alter how that communication happens. Do you greet your grandma the same way you do your boss? A stranger? Your best friend? Odds are that who you are communicating with changes how you communicate.

One aspect of communication that isn't always considered is listening. As parents, teachers and caregivers of young people, how much are we listening and how well are we doing it? I recently had a conversation with a high school student who was explaining their anxiety about an upcoming test. They were frustrated when the teacher told them, "Don't worry! You'll be fine! You have been working really hard." The teacher, very well-meaning in their reply, who certainly didn't say anything wrong, was trying to reassure the student; however, they also weren't truly listening. The student was wanting a reply that validated how they were feeling. "You are feeling anxious because this material is challenging for you and you get nervous about taking tests. I know that is a concern of yours. I think you are well-prepared for this test. What can we do to help you feel better about taking the test?" The student now feels heard and we have had a successful communication interaction. For younger children, you may have watched the Disney movie Inside Out. There is a scene where Bing Bong the purple Elephant is upset. Joy immediately says, "It's going to be ok, we can fix this!" and tries to make him feel better right away by making funny faces and tickling him. Sadness listens to and acknowledges the situation, saying, "I'm sorry...They took something you loved and it's gone." Because of Sadness' empathetic listening, Bing Bong then opens up and shares how he's feeling. He cries, gives Sadness a hug and then declares he's all better now and they continue on. You may be able to think of a time when in hopes of quickly soothing an upset child you rushed to say, "It's ok!" to make them feel better right away so you could continue with whatever you were doing. Sometimes when we validate people--of all ages--with whatever their emotion, even unpleasant, it can actually help the person to feel better and move on more quickly. Our natural reaction is to reassure and make someone feel good as soon as possible. Next time you find yourself in this situation, I encourage you to validate all emotions and sit with that person in whatever they're feeling. See where the communication act of empathetic and active listening can take you.

Ashlee Koll, TES Counselor Diane Meyer, TMS Counselor Christi Runnells, THS Counselor

TRITON COMMUNITY ED ADULT ENRICHMENT 507-418-7550

Aqua Zumba Ann Marie Brownlow

Ages 18 and up

We're bringing Zumba to the pool! Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines. Aqua Zumba blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body toning, and most of all, exhilarating beyond belief. This is an activity that anyone can do. This co-sponsorship is between Triton Community Ed and the Natalie Webb Aquatic Center. Join us for the greatest exercise party at the pool this summer!

Cost: \$60, for all 6 weeks

\$13, for walk-ins

Wednesday evenings

June 21,28

July 12, 19, 26

August 2

Rain date 8/9

7-8 PM

Held at Natalie Webb Aquatic Center, Dodge Center

Aqua Aerobics and Strength Ann Marie Brownlow

Ages 18 and up

Get a wonderful workout in the water! AnnMarie will guide you through movement, water, and music as its core. Pool noodles and your own body will be used as resistance tools to build strength and improve muscle tone. This exercise is low impact and joint friendly. This co-sponsorship is between Triton Community Ed and the Natalie Webb Aquatic Center. Minimum 10/ Maximum 35.

Cost: \$60, for all 6 weeks

\$13, for walk-ins

Thursdays:

June 22, 29

July 13,20,27

August 3 Rain date 8/10

7-8PM

Natalie Webb Aquatic Center, Dodge Center

TRITON CLASS OF 2023



SENIOR SPOTLIGHT

Andrew Fate is a senior at Triton High School.

His parents are Sarah and Dayton Fate.

Andrew has two sisters, Olivia and Paislev.

Andrew is active in Triton football and enjoys working and fishing after school.

His hobbies are gaming and fixing or rebuilding things.

He enjoys country and rap music, artists Lil Baby and Morgan Wallen and the movie Father of the Year.

After graduation Andrew plans to attend Mankato State University and major with a degree in Construction Management and minor in Business Management.

ANDREW FATE

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TRITON COMMUNITY ED YOUTH **ENRICHMENT 507-418-7550**

Triton Community Ed T-Ball

Boys and Girls ages 4- entering 1st grade as of September 2023. Players bat from a stand. The games will be on Mondays at 6-7

The season will run for 5 weeks: June 12, 19, 26, July 10, 17, make-up date for any weather cancellations will be July 24.

All teams will be scheduled to play in Dodge Center, Claremont and West Concord.

Cost: \$43, includes a t-shirt, kids must bring own glove and wear tennis shoes

VERY IMPORTANT: A sign up deadline of May 8 will be upheld. Anyone registering

after May 8 WILL NOT GET A T-SHIRT. The cost to register after May 8 will be \$55. A kick-off meeting will be held June 5th at 6PM in the TES Gym. Kids will get their teams/shirts/schedules and meet the coaches. Coaches will leave with all their equip-

We need parent volunteers as coaches!

Triton Community Ed Little Cobras League

Boys and Girls entering Grades 2 and 3- as of September 2023. Coaches pitch to batters. The games will be on Mondays from 7:30-8:30 PM.

The season will run for 5 weeks:

June 12, 19, 26, July 10, 17, make-up date for any weather cancellations will be July

All teams will be scheduled to play in Dodge Center, Claremont and West Concord. Cost: \$43, includes a T-shirt, kids must bring own glove and wear tennis shoes VERY IMPORTANT: A sign up deadline of May 8 will be upheld. Anyone registering

after May 8 WILL NOT GET A

T-SHIRT. The cost to register after May 8 will be \$55.

A kick-off meeting will be held June 5th at 6PM in the TES Gym. Kids will get their teams/shirts/schedules and meet the coaches. Coaches will leave with all their equip-

We need parent volunteers as coaches!

Canvas Art Painting with Sunshine and Roses!

Join Sunshine and Roses Traveling Art Studio to paint and create your own beautiful masterpiece! These courses are so much fun--and no experience is needed! Step-bystep instructions will be given by our teaching artist. All supplies including an 11x14 canvas are provided to participants. Moms, dads, grandmas, and grandpas want to join in the fun? Adults are invited to register as well for an amazing bonding experience with their student! Please come dressed in clothes that can get paint on. This course is taught by the staff of Sunshine and Roses Canvas Traveling Art Studio.

Springtime Gnome Grade K-5

Join Sunshine and Roses traveling art studio by painting a springtime gnome...

Everyone can do this...even if they cannot draw a stick figure or do not have any Art experience. Everyone's painting will look different and that is what makes these classes so fun!

Cost: \$26 May 8 3:10-4:10PM

TES Art Room

Dandelion Sunset Grades K-5

Let your creativity take over and paint your very own beautiful piece of art! Everyone can do this...even if they cannot draw a stick figure or do not have any Art experience. Everyone's painting will look different and that is what makes these classes so fun!

Cost: \$26 May 8 4:10-5:10PM

Register for both classes for a camp special price of \$45 or take one class a la carte for \$26.





TRITON COMMUNITY ED ADULT ENRICHMENT 507-418-7550

Safe Driving Class Jim Jensen

In the Safe Driving Class, you will learn driving strategies that can keep you safer on the road. You will learn updates to traffic laws, how to reduce distractions to driving and how to navigate different intersections. Driver's aged 55 years old and older who successfully complete the Safe Driver



Class will qualify for reductions in their automobile insurance premiums. Please remember to bring your driver's license with you to class. It's important to pre-register so that Jim can assure accommodations for all. Please call Triton CE at 507-418-7550.

4-Hour Refresher Course (for those that have taken the 8-Hour before)

Cost: \$20, checks should be made to Jim Jensen

5-9PM in the THS Media Center

CE Class Offerings	Cost	Name
ADULT ENRICHMENT	1500	
Safe Driving for 55+	\$20 Made to Jim Jensen	
YOUTH ENRICHMENT		
T-Ball	\$43 T-Shirt Size: XS YS YM YL I would like to volunteer coach: Name:	
Little Cobras League	Shirt Size: AS AM AL AXL AXXL \$43 T-Shirt Size: YS YM YL AS AM ALI would like to volunteer coach: Name: Shirt Size: AS AM AL AXL AXXL	
Sunshine and Roses: Springtime Gnome Dandelion Sunset	\$26 \$26 Both Classes for \$45	
TOTAL DUE:		
		1

Triton Times



Craig J. Schlichting - Superintendent

Triton Public Schools

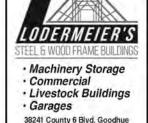
813 West Highway Street, Dodge Center, MN 55927 Office - 507-418-7530 • Fax - 507-374-2447 schlich@triton.k12.mn.us

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Silver bars, silver dollars, rare coins, gold coins, gold jewelry, collector coins. No collection to big. Kuehl's Coins, Fairmont, Minnesota, 507-235-3886. Best deals at Kuehl's!

Paid Volunteer Opportunities in your Community

Lutheran Social Service of MN is seeking volunteers age 55+ in your area to provide companionship to older adults.

Make a difference in someones life by offering support and friendship. Volunteers commit to regular weekly hours for a tax free stipend and mileage reimbursement.

Please contact Joyce at 507.512.1036 or joyce.lehman@lssmn.org for more information and to make an impact in your community!







LOCATION: 471 Barry Drive, Owatonna, MN.

Sun., April 23rd, 2023



*Parcel #17-113-0127*802 Total Livable Area*Split Foyer Frame Single Family Home*Single garage with work area *3 Bedroom *Wood deck in ear of home *2 Bath* Forced Air Furnace with Central Air *Fireplace 2023 Taxes \$2402.00

Real Estate Note: Looking for that nice starter home here you go. The home has a nice yard and maintenance free siding with large trees to shade you in the summer. You will also enjoy all the beautiful hostas plants in the back yard, there is also a nice work area in the garage too. Come out and take a look at the nice home all located on

a quiet street. Thanks Dennis Real Estate Terms: Successful bidder shall be required to pay 85000.00 dollars down the day of the auction 5-6-2023, All earnest money put down the day of the auction is (non-refundable) if buyer fail to close! The balance is due on or before 30 to 45 days at the closing. All real-estate sells as is condition, with no warranty or guarantee expressed or implied by the seller or auction company. All real estate sells with no contingency whatsoever. Owner reserves the right to accept or reject any or all bids. Any statements made day of auction take precedence over any or all printed material. Earnest money and closing for the real estate will be handled by Attorney: Walbran & Furness Chartered, Owatonna, Mn



Sandra Blaha Estate -Lana Johnston, Owner

View auction on tionsgo.com (search by Jensen) or on Facebook



LOCATION: From Ellendale, MN, 2 miles west of State Hwy. 30, then 1 mile north on Steele Cty. 28 (or SW 72nd Ave.) then 1/2 mile east on SW 138th St. (or 1/2 mi east of Beaver Lake).

Please Note: PARTIAL LISTING. BE SURE TO VISIT OUR WEBSITE FOR LATE ADDITIONS. Delivery of consignments will be on April 16, 17, 18, 19 from 8:30 a.m. to 6 p.m. Absolutely no consignments on April 20 and 21. Some items subject to change prior to auction

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16' Pontoon, Aluminum tubes • Single axle Van trailer w/2-1500 gal. poly tanks + inductor tank and pump • Bix Max 12' single axle trailer w/Ramp • 28' Van Trailer w/1200 + 800 Live On-Line bidding available gal. poly tank + pump • 2021 - CF Moto UTV, 2-Force 800 trail, 4x4, P.S., 685 miles • at: www.proxibid.com/holland 2009 - Polaris 500 Ranger, EFI, 4x4 • 2013 - Polaris 800 Ranger XP, 4x4, shows 2218

miles, (needs engine work) • 1998 - Polaris 500 sportsman, 4x4 (not running) • 1995 - Nitro 18' Bass Boat w/Mercury 150 motor trailer •1995-Skeeter 20' Bass Boat w/Evenrude 115 motor + tandem axle trailer • Cub Cadet 30" snowblower, 3 stage, tracks, 420cc. lights, handwarmers, (used once) • Predator 3000 PSI pressure washer, 6 1/2 HP motor (never used) • Earthquake 16" rear tine tiller, 212 cc motor • Predator super quiet 9500 generator (never used) • US general 5 drawer mechanics toolchest • H.W. 328 gal. galvanized livestock tank • 225 gal. poly tank, Banjo fitting + hose • Paradise 6'x18' foam float mat • Troy bilt 22" rear tine tiller, 8 HP Skidloader attachments, 6-Brush Grapple buckets, 2-Tree/Post Pullers, 4-receiver hitches, 8-weldable quick plates • Aluminum Irrigation Pipe, 30' length, 3-4-5-6 inch

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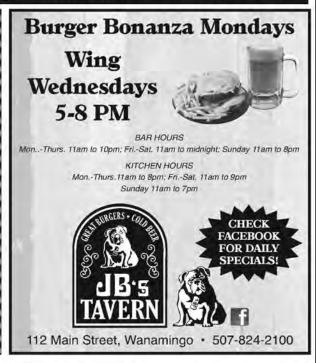


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Dear Savvy Senior,

What are the new rules on required minimum distributions from IRAs and 401(k)s? I will turn 72 this year and want to be clear on what I'm required to do.

--Planning Ahead

Dear Planning,

Thanks to the SECURE Act 2.0 that was passed by Congress last December, there are several new rules that affect required minimum distributions (RMDs) from traditional IRAs, 401(k)s and other tax-deferred retirement accounts. These changes, which build on the original SECURE Act of 2019, are a benefit to retirees by increasing the RMD age and lowering the penalty for missing a withdrawal. Here's what you should know.

New RMD Rules

As of Jan. 1, 2023, the starting age for taking RMDs is now 73, up from 72. And it rises to age 75 in 2033. This change means that if you turn 72 this year, as you stated in your question, you can delay your RMDs one more year, allowing your savings in these accounts to grow longer, tax deferred.

But once you turn 73 (next year), you must start taking annual RMDs from the tax-deferred retirement accounts you own - like traditional IRAs, SEP IRAs, SIMPLE IRAs, 401(k)s, 403(b)s and 457(b)s - and pay taxes on those withdrawals. Distributions are taxed as ordinary income in your tax bracket.

There are, however, a few exceptions. Owners of Roth IRAs are not required to take a distribution, unless the Roth is inherited. And starting in 2024, Roth 401(k)s will not be subject to RMDs either.

There's also a work waiver for RMDs you should know about. If you are still working beyond age 73, and you don't own 5 percent or more of the company you work for, you can delay withdrawals from your employer's retirement plan until after you retire. But if you have other non-work-related accounts, such as a traditional IRA or a 401(k) from a previous employer, you are still required to take RMDs from them after age 73, even if you're still working.

Deadlines and Penalties

Generally, you must take your distribution every year by Dec. 31. First timers, however, can choose to delay taking their distribution until April 1 of the year following the year you turn 73. But be careful about delaying, because if you delay your first distribution, it may push you into a higher tax bracket because you must take your next distribution by Dec. 31 of the same year.

Also note that you can always withdraw more than the required amount, but if you don't take out the minimum, you'll be hit with a 25 percent penalty (it was 50 percent) on the amount that you failed to withdraw, along with the income tax you owe on it. This penalty drops to 10 percent if you take the necessary RMD by the end of the second year following the year it was due. **Distribution Amounts**

Your RMD is calculated by dividing your tax-deferred retirement account balance as of Dec. 31 of the previous year, by an IRS estimate of your life expectancy. A special rule applies if your spouse is the beneficiary and is more than 10 years younger than you.

IRA withdrawals must be calculated for each IRA you own, but you can withdraw the money from any IRA or combination of IRAs. If you own 403(b) accounts, they too allow you to total the RMDs and take them from any account or combination of accounts.

With 401(k) plans, however, you must calculate the RMD for each plan and withdraw the appropriate amount from each account.

To calculate the size of your RMD, you can use the worksheets on the IRS website - see IRS.gov/Retirement-Plans and click on "Required Minimum Distributions." Or contact your IRA custodian or retirement-plan administrator who can do the calculations for you.

SUMMARY COUNCIL MINUTES Monday, March 27, 2023

This published information is a summary of the full minutes of the March 27, 2023 Dodge Center City Council meeting. A copy of the full minutes is available for viewing at City Hall, 35 East Main Street or online at www.ci.dodgecenter.mn.us.

Present: Bill Ketchum, Gary Trelstad, Cathy Skogen, Matt Maas, Paul Blaisdell, Lee Mattson

A J Gengler, Mark Barwald, Ingvild Herfindahl, Daren Meier - Widseth, Tim Woessner, City Attorney and Kathy Freeman

The City Council approved the following items:

- Agenda and consent agenda;
- Purchase of 50-amp receptacles for vendor trailers up to four thousand dollars (\$4,000.00);
- Purchase of 50-amp receptacles for both Maintenance shop and WWTP;
- Resolution 2023-09, A Resolution Approving Plans and Specs and Order Advertisement of Bids for the 2023 Street Improvement Project;
- Transfer of previous ambulance building abstract to new owner;
- Additional compensation for Interim Ambulance Director while Director is out;
- Resolution 2023-10, A Resolution Preserving Council's Ability to Issue Debt to Reimburse the City for New Ambulance;
- Purchase of fireworks for Dodger Days with stipulation sponsors be found to pay for them.

Meeting adjourned at 6:45 pm

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Changes in Latitudes, Changes in Attitudes

St. Patrick's Day in Tennessee



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell.
Terry now splits his time between Minnesota when its warm here and Tennessee when it's cold here.

We live a short distance from Erin, Tennessee. This is a small town established in the mid 1800's by Irish immigrants. In the 1840's the Irish potato blight had destroyed the main food source on the Emerald Island and a quarter of the citizens of that country fled the starvation by getting on ships and sailing to America. One out of four perished on the four-week trip by sea, but it is estimated that upwards of two million Irish arrived in this country by the mid 1800's. Because the majority of the Irish had no money they were sold as indentured servants to finance the trip and treated as poorly as slaves. Many settled in eastern seacoast towns like Boston, while others traveled farther inland. They were not welcomed in the USA and met with a great deal of hostility where they settled. Poverty was rampant among the Irish immigrants as many businesses posting jobs would state "Irish need not apply."

In the 1850's a number of Irish had settled in Tennessee and named their town Erin, after a town in their homeland because the rivers and foggy hills reminded them of where they grew up. Most of them were railroad workers completing the line from Louisville, Kentucky to Memphis, Tennessee. The railroad was finished just two days before the Civil War began. Many Irish men joined the Confederate Army to fight against the Union forces. Their ill treatment by northerners made them sympathetic to the southern cause. Nathan Bedford's Third Cav-

alry was all Irish soldiers and the Second Tennessee Volunteer Infantry were called the Irish Regiment.

So, we jump forward a century and in 1963 the city of Erin held their first St. Patrick's Day celebration. There is a parade, a king and queen are crowned and lots of food is served along with a carnival on Main Street. The town swells by 10,000 people that weekend as people come to party. And March in Tennessee is fairly balmy compared to Minnesota.

My wife is Irish and she suggested we drive over for some authentic Irish food. I am always ready to eat and there was a live band playing on stage in the town square, so a great day was certain. There were forty food stands with something for everyone. We found a Boston themed food truck and I started with clam chowder. I wanted Lobster so my next entre was a buttered bun with Lobster. It looked like a Lobster hot dog. Imagine my surprise when the vendor told me it was \$28.00. That was the most expensive hot dog I have ever eaten.

Here is a little more history on St. Patrick's Day. Patrick was a British bloke born in England around 386 AD and kidnapped by pirates at the age of 16 and sold into slavery in Ireland. He escaped to France in 408 and became an ordained minister in 432. The Irish were a very violent, pagan people and Patrick felt led to return to the island as a missionary and convert them to Christianity. His work there continued until his death on March 17th of 461. So, the Irish patron saint, St. Patrick, is British and not Irish at all. Probably explains all the fightin' and drinkin' the Irish are known for.

We drove up to Nashville the next day to pick up a kitchen table and chairs for our house. On the way back we stopped at Outback for a steak. The hostess showed us to a table and my wife headed to the lady's room to freshen up. The waitress was Abby, a young and cheerful girl who showed up to take the drink order. I asked for ice water but told her I wasn't sure what my wife wanted as she was in the restroom but if Abby wanted, she could go and ask her. This is where my practical joke blew up in my face. Abby just walked through the door marked "Sheila's" and asked her. My wife came out and told me that the waitress showed up while she was washing her hands and asked what she wanted to drink. In retrospect it was kind of funny. And I had a steak and lobster with a baked potato and steamed broccoli for \$24.99. Sure beats a \$28.00 lobster

A Minnesotan: **Egg Hunt**



Bv RosaLin Alcoser

No matter when Easter Sunday falls in the year there is one constand that we here in Minnesota can nearly always rely on, and that is that there will probably be either snow or mud.

As a child I can recall many Easters and hunting for Easter eggs both inside and outside. Generally as a rule if there's snow on the ground all egg hunting is done indoors, however, I don't recall mud ever stopping an outdoor egg hunt.

What I really can remember is doing the Easter Egg Hunt at church but I also can only remember doing it one year. I do it more than one time, probably but I don't recall ever hunting eggs more than once at church as a kid. Mainly due to the fact that I am not counting the many times I have helped with the egg hunt as a teenager and as an adult.

The egg hunt that I remember happened when I was about 6 or 7 years old. It must

have been a late Easter that year or just unusually nice that year; because I remember it being fairly dry outside and little to no snow. Either that or I was young enough to not remember the snow and mud.

I can recall running around with other children looking for eggs, getting candy out of them at the end, and not being allowed to find the golden prize egg since I was the pastor's kid. I did find it first however I could not pick it up and tried to point it out to literally anyone else.

The thing that I really remember about the egg hunt actually happened before the hunt even began. What really sticks in my memory is how my older sister hid the eggs for the toddlers and per-schoolers.

She would have been about 11 or 12 years old at the time and had been sent to hide the super easy to find eggs.

I can recall watching my sister climb part way up the hill in the field by the church where she had been sent to hide the eggs and dump the whole basket full down the hill. Causing the plastic eggs to roll down the hill into the field.

Once the eggs stopped rolling she pronounced her task done and went back into the building. To this day I feel that this was the best way that I have ever seen Easter Eggs be hidden.





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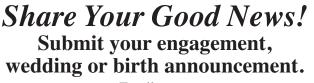
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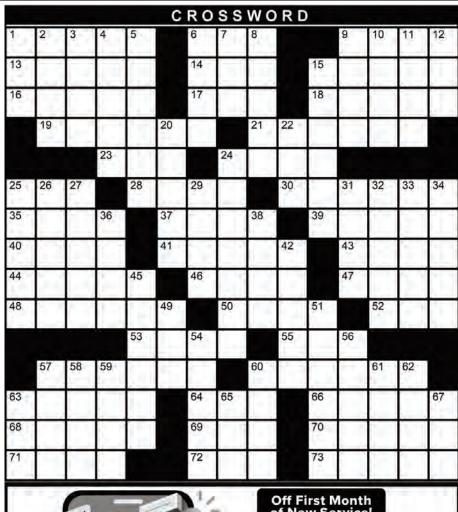




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THEME: COLORS

ACROSS

1. Partner of pains

6. "Raiders of the Lost 9. Opposite of flows

13. Flesh of fish

14. Grazing area15. Soft palate hanger

16. Boatload

17. Wood-shaping tool

18. Old episode 19. *Alice of "Color Purple" fame 21. *Fruit and color

23. Long reef dweller

24. Sound of pain 25. Math class total

28. Excessively abundant 30. *"Royal" color

35. Arrival times, acr.

37. *Color quality

39. Shininess 40. White House "sub"

41. Spritelike
43. Cupid's counterpart

44. Serengeti grazer 46. *Feeling blue 47. Hokkaido native

48. *Color wheel inventor

50. Walk with a hitch

52. "Malcolm X" (1992) movie director 53. Stare open-mouthed

55. Napoleon of "Animal Farm," e.g. 57. *Between blue and violet

60. *____phobia, intense fear of colors 63. Opposite of cathode

64. North American country 66. Run _____ of the law 68. Geography class book 69. Local area network

71. Has divine power

72. Banned insecticide, acr. German surrealist Max

"General Hospital" network
 Crop of a bird

3. Zeus' sister and wife
4. Two under par on a golf hole

5. Meat-cooking contraption

6. Winalike

10. Town

*Predominant color of Mars

Type of membranophone

9. Like never-losing Steven

11. *Primary color

12. ___ Juan, Puerto Rico 15. 7th planet from the sun

20. Chosen few22. Nicki Minaj's genre

24. Not womenfolk 25. *Number of colors in a rainbow

26. Of service

27. Colorful parrot

*The LumiËre brothers' colorful creation

"Cheers" actress Perlman

32. Jeopardy 33. Sergio of Spaghetti Westerns fame

34. Follow as a consequence

36. Email folder

Cone-shaped quarters

42. Naiad or maenad

. Motherless calves

49. Old horse

Long John Silver, e.g.

54. Modified "will"
56. Bottom-ranking employee

57. Opposite of "out of"
58. Hall of Fame Steelers' coach

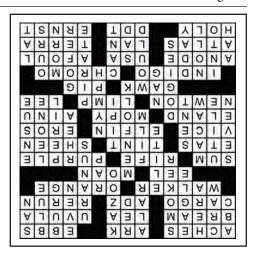
59. June 6, 1944 60. "____ Buy Me Love" 61. Between dawn and noon

62. Yours and mine

63. Expression of pleasure

65. Melancholy

67. Latissimus dorsi, for short



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