Mazeppa-Zumbro Falls A and I Views Senger Mazeppa-Zumbro Falls

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APRIL, 2023 Volume 17 • Issue 9



Announcements

- EXPLORING NATIVE WABASHA AREA Guest speaker, Susan Mundy, Thursday, April 27th, at 6 p.m. at the Mazeppa Community Center. History of Indians mounds and the people who walked this land before us. Hosted by the Mazeppa Area Historical Society. Questions: Helen Reiland 507-250-6021.
- HOT TURKEY SUNDAE THURS-DAY, MAY 4TH- 5- 7 pm.- Mazeppa Community Center- Mazeppa Area Historical Society. Serving turkey gravy over mashed potatoes, corn, cole slaw, dessert, beverage. Free will donation. COME HUNGRY & LEAVE HAPPY. Questions: Helen Reiland 507-250-6021.
- Wabasha County Residents open book Board of Equalization meeting will be open from April 10 thru May 12, M-F 8:00 - 4:00 at the Wabasha County Courthouse, Assessor's office.
- Celebrate Recovery meetings every Sunday night at 5pm at South Troy Church, 56817 Highway 63 Zumbro Falls, MN 55991. Email for questions is: celebraterecoverysouthtroy@gmail.comat.• The Zumbro Valley Food Shelf is located at South Troy Wesleyan Church, 56817 Hwy 63, Zumbro Falls, MN. The hours are Tuesdays 11:00am–5:00pm and Thursdays 11:00am–6:00pm. Donations and volunteers are greatly appreciated. For more information contact Pastor Colleen Hoeft at 507-259-1442 or choeft52@gmail.com.
- The Mazeppa Area Food Shelf, serving Mazeppa, Bellechester, and Zumbro Falls Area is open the second Thursday of the month from 9:30-11 am and 3:30 5:30pm, and the fourth Thursday from 3:30 5:30pm. Food drop off locations are First State Bank of Red Wing, Mazeppa Branch, and Entry way to Mazeppa City Hall

Wabasha County Dairy Princess crowned Sunday Evening

The 2023 Wabasha County Dairy Princess is Beth Holst. She is the daughter of Jary and Celene Holst and a senior at PEM. Beth and her family have a fourth generation dairy farm near Kellogg. Her favorite part about the dairy community is the learning experiences and job opportunities it offers for everyone! There's a space for everyone here, from being in the barns to ag office jobs everyone has an important role to play in the success of the dairy farm. Beth has been an ambassador in the program for the last two years and is ready to run for princess this year. She has been inspired to run by all the determined female voices that came before her. Beth's favorite dairy food is yogurt. Her favorite way to use yogurt is in smoothies, but it's also delicious with granola or plain!

Sophie Stelling is a Wabasha County Dairy Princess attendant. She is the daughter of Brent and Tricia Stelling and a senior at PEM. Sophie and her family have a century



(left to right): Sophie Stelling(attendant), Beth Holst(Princess), Ashlyn Schumacher(attendant), Lexi Yust(ambassador)

Come to a Hoppy Easter Egg Hunt
Sponsored by The Zumbro Falls Lioness Lions
and The South Troy Wesleyan Church
Saturday, April 8, 2023 IOam (Rain or shine)
Zumbro Falls City Park (Cardinal Field)
Children of all ages welcome
Please canader brooping a dameter of a canad good
or page product to halp the Zumbro Valley Food Chall

dairy farm near Millville. Her favorite part about the dairy community is the willingness farmers have to share their way of life with those that are not familiar with farming or where their food comes from. There are countless events and opportunities for community members to see a dairy farm and learn about agriculture. Sophie has been a dairy ambassador for the last two years. She is running for dairy princess this year because she

loves promoting the dairy community. She is looking forward to events this summer, and the opportunity to engage with people about their food choices. Sophie says a glass of milk will make any meal better!

Ashlyn Schumacher is also a Wabasha County Dairy Princess attendant. She is the daughter of Chad and Amy Schumacher, and a senior at PEM.

(continued on page 3)





The Main Thing



By Pastor Colleen Hoeft

When I was a little girl- around 5-6 years old I did something very foolish- Let me give you some background- in my young mind I had decided that we needed a new house. Not sure why-possibly I didn't like sharing a bedroom- I really can't remember why I wanted a new house. My mom had to go and help my dad with something and left me home with my little sister- who wasn't walking vet. This was my chance! I packed my little suitcase, and brought my sister, and a bunch of toys downstairs. Then I took some matches up to my room. I went to my mattress and lit a match. It landed on the mattress-and it seemed to go out. And, if I'm remembering correctly- I had second thoughts- and realized that this wasn't a good idea- and I thoughtok- it didn't light anyway so I think everything is ok. Unfortunately, the fire hadn't went out and it did catch my mattress on fire-It didn't burn down the house- but it sure smoked it up bad and made a terrible mess. I was in huge trouble- but I'm happy to say that I never played with fire again!

This message isn't about the fact that children shouldn't play with matches. It is about the intensity of our focus. A magnifying glass increases the power of the sunlight- it focuses it on the tinder and brings enough heat that will stir up some sparks and bring a flame. As believers- as a church we are called to

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Messenger

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hometownmessenger@gmail.com

Published in cooperation with Mainstreet Publishing Minnesota, Inc. ©2023 Mazeppa-Zumbro Falls Messenger. All rights reserved. have that same kind of focus- that same intentionality to keep the main thing the main thing.

Probably the most famous chapter in the Bible- one verse in particular, John 3:16. We see it in end zones during football games, or in the stands at baseball games- even at golf events...) John 3:16 remains the most well-know verse of the Bible throughout the world! It is the core of the Christian faith.

God so loved the world that HE gave His one and only Son. His Son Jesus Christ. God the Father, God the Son... Jesus came from heaven. Jesus was with God in the beginning and reigns eternally with Him even now. Jesus lived with us on earth for about 33 years- he lived as the Son of Man and the Son of God. Jesus agreed with His Father to be the propitiation- to take our place-for our sins. He took care of all the past sin from Adam upon himself and all the future sin from his death to the end of time. He was the perfect lamb of God given for you and me and everyone always. His redemption is inclusive; it is available to all who choose to believe and receive it. God so loved the world that He gave His one and only Son, the whoever believes in Him will not perish, but have everlasting life!" Jesus died to give us new life! Life free from the power of sin and death. Life filled with hope and purpose. Life eternal with Him, and Life abundant even now

When we believe in Him- we receive His Spirit, and we are born again! We are new creatures- we have a new heart, a new outlook on life, a transformation. This is why this is the most known, most read, most memorized Bible verse of all time- if you

know nothing else-this is enough. God gave His Son for YOU and ME. He isn't willing that any would miss out. He loves those that He has created- and since he has created all people- He loves them ALL! And Jesus died for ALL- not just for the righteous, not only for the rich and famous, but for every single person that has ever lived or will live! That's why this verse is the MAIN THING we need to know and to share. Without this truth- nothing else will last. We must keep Jesus at the center of our lives- of all we do as people, of all we are as a church. It is so easy to get 'busy' doing good things and forget the main thing. Steve Covey says in his classic work, First Things First, "Keep the main thing the main thing." This is a key habit of highly effective people. This is critical for believers and churches. Dave Ramsey calls this type of attitude, gazelle intensity!

There is nothing that even remotely compares to the incarnation, the birth, the life, the death, and resurrection of the Lord Jesus Christ! This is what stands out as the unique truth that separates Christianity from every other religion on the face of the earth; past, present, and future!

There is no other religion here on earth where God actively pursues people so that they can have eternal life. There is no other religion on earth where God literally demonstrates His passion for the people He created. There is no other religion here on earth where we can be assured of eternal life while we are still alive here on earth!

There is no other God that invites us into a personal relationship, who forgives us, who enables us to find salvation, who enables us to live holy lives because He actually lives within us, who gives us spiritual gifts and who gives us the ability to accomplish any task He asks us to do.

Let's get back to the core of Christianity, "for God so loved the world that He gave his one and only son." Found people find people. This is our model for the way in which we introduce more and more people to Jesus. Keep the main thing the main thing: like a magnifying glass- lets have that same intensity to preach the gospel, to tell the gospel to others, to live out the gospel in our lives! We are called to harness all our energies and efforts into one unified focus so that more and more people can know Jesus. John Wesley said, "Catch yourself on fire for God and people will come from miles just to watch you burn." Keep Jesus at the Center of Your Easter Celebration. Keep the main thing, the main thing!

EASTER AT SOUTH TROY APRIL 9



Easter Breakfast 9:00 AM
Easter Celebration Service
10:30 AM
South Troy Church

56817 Highway 63, Zumbro Falls

Free will donations for breakfast to the Zumbro Valley
Food Shelf and South Troy Celebrate Recovery.



Pastor Dan Reich 507-753-2576 • 35933 Cty. Rd. 17, Lake City, MN Sunday Worship at 10:00 a.m.

ST. PETER AND PAUL CATHOLIC CHURCH

222 1st Ave S., Mazeppa 843-3885 Sunday Mass 10:00 a.m. Friday Mass Adoration 8:00a.m. Mass 9:00a.m.

ST. PATRICK CATHOLIC CHURCH

Hall 507-753-2424, West Albany Sunday Mass 8:00 a.m. Wednesday Mass 7:00 p.m.

ST. JOHNS (BEAR VALLEY) LUTHERAN CHURCH

Pastor Dan Reich • 507-753-2576 Sunday Worship 8:30 a.m.

IMMANUEL LUTHERAN CHURCH (POTSDAM)

7134 Highway 246 NE, Elgin, MN Sunday worship at 9:30 a.m. (Bible class at 8:30 during the school year)



AREA CHURCH DIRECTORY The Most Incredible Peace

The peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. — Philippians 4:7

During this month in our reflections on peace, we have dug into the Scriptures and human history, dived into our memories, and revisited some of life's most challenging experiences. We have prayed and contemplated. In this world filled with wars, violence, and pain, we have sought to find God's shalom.

Today let's look again at some verses from Philippians 4. Paul wrote this letter from a jail in Rome, where he was awaiting a verdict from the imperial court. Despite the sad circumstances of Paul's imprisonment for Jesus' sake, this letter is often called his epistle of thanks and joy.

In our verses today Paul calls his readers first of all to "rejoice in the Lord." It's a command that he repeats: "Rejoice!" The reason for this unyielding joy is simple: the Lord is with us. In the person of Jesus Christ and through his Holy Spirit, the loving God is never far away from his children. Paul also reminds us to be gentle and caring ?toward others. That's how we reflect Christ to them. And he encourages us not to be anxious about anything but to trust in the Lord completely, presenting our requests with thanks.

When we live with joy, gentleness, thanks, and trust in the Lord, the incredible peace of God fills us. It "guards [our] hearts and minds in Christ Jesus." Have you found his incredible peace?

Merciful God, thank you for being near. Teach us to rely on you. Lead us to live with joy, gentleness, and trust in you, and fill us with your incredible peace. Amen.

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10:00a.m. Worship 20 - 3rd St. SW, Oronoco, MN 507-367-4711 • www.oronocochurch.org

UNITED METHODIST CHURCH

Pastor Dave Neil 180 2nd Ave NE, Mazeppa • 843-4962 Sunday Service 10:30 a.m.

ZUMBRO COMMUNITY CHURCH

Dave Mohler 58354 Cty. Rd. 7, Zumbro Falls Sunday Service 10:30 a.m.; Sunday Evening 6:30 p.m. Wednesday Evening 7:00 p.m.

SOUTH TROY WESLEYAN CHURCH

Pastor Colleen Hoeft
56187 Hwy. 63, Zumbro Falls
www.southtroywesleyan.org • 507-259-1442
Sunday 10:30a.m.
Sunday 5:00p.m. Celebrate Recovery

5pm- meal, 5:45 large group and 6:30 small groups. Wednesday Kids and Teen worship at 6pm meal at 6, followed by worship and small groups.

ST. JOHN'S LUTHERAN CHURCH

80 3rd Ave. S., Hammond, MN Sunday worship at 11:00 a.m. (Bible class at 12 noon during the school year)

ST. JOHN'S MAZEPPA

Pastor Al Horn • 507-843-5302 Sunday School 9:45 a.m. Sunday Worship 10:45 a.m. Wednesday Night Bible Study 7:00 p.m.

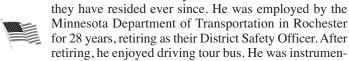
E-mail your church announcements, schedule, etc. to the Mazeppa-Zumbro Falls Messenger at: hometownmessenger@gmail.com

Duane Charles Eckert

Duane Charles Eckert, passed away peacefully on March 10, 2023 in the Palliative Care unit at Mayo Clinic, Rochester Methodist Hospital.



Duane was born to Fred Eckert and Emma Belle Heath on February 14, 1935 in Pilger, Nebraska. He spent his growing up years on a farm by Carroll, Nebraska. In 1955, he enlisted in the United States Army, where he served at Fort Bliss, TX and White Sands, NM. He met his wife, Lillie Mae Brandenburg in Norfolk, Nebraska, where they were later married at Christ Lutheran Church in 1956. After a few months they moved to Minnesota, where



tal in starting the Zumbrota Volunteer Ambulance Association, working as their training instructor and as a driver. Duane loved to golf, hunt, fish and anything pertaining to the outdoors. He was member of the Zumbro Valley Rifle Club, serving as secretary and Board member for many years. He especially enjoyed teaching gun safety classes and helping with the Zumbrota-Mazeppa trap teams. Duane spent many years volunteering as a teacher of Red Cross CPR classes. He also served as a part-time police officer for the city of Zumbrota.

Duane is survived by his wife, Lillie; son, Leslie Eckert of Northfield, MN; daughters, Lori (Steve) Bilderback of Brooklyn Park, MN and Lisa (Roger) Overby of Kenyon, MN; brother, Marvin (Sandy) Eckert of Norfolk, NE; grandchildren, Nick and Ryan Overby, Melinda Bilderback, Kaitlyn (Adam) Stevermer and Amanda Raths plus two great-grandchildren, Aiden Boutch and Laila Stevermer. Duane was preceded in death by his parents and sister, Donna Bowers. Per his wishes, no services are planned. Burial will take place in the Spring. Arrangements entrusted to Mahn Family Funeral Home-Larson Chapel. To share a special memory or condolence, please visit www.mahnfamilyfuneralhome.com

Pasta Dinner/Silent Auction APRIL 30th, 11:30-2:00 Located @ South Troy Church \$5 individual/\$20 max family Children \$5 & under are free. Dinner includes: Pasta with your choice of marinara or alfredo sauce with bread, salad, drinks and Dessert. Fundraiser for STC Youth Group: Summer mission trip to Leech Lake Reservation. *Seeking Donations for the Auction Contact Pastor 507-259-1442 or Denise 507-494-7363 with any questions

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Wabasha County Dairy Princess crowned Sunday Evening

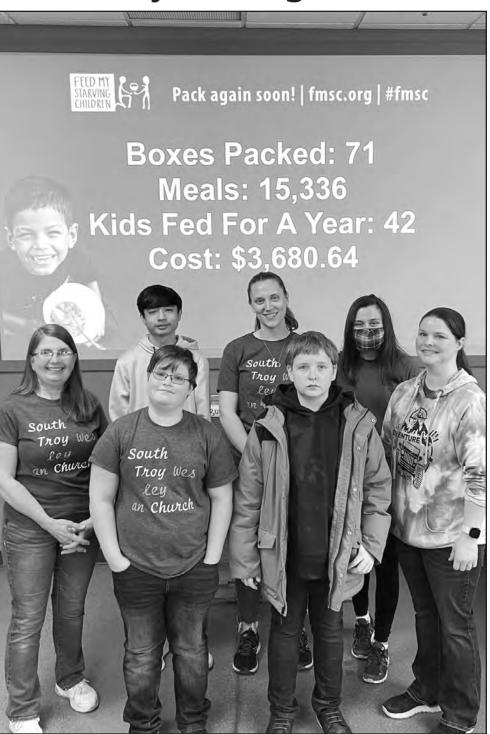
(continued from page 1)

Ashlyn and her family have a robotic dairy farm outside of Plainview. Ashlyn's favorite part about the dairy community is how supporting and willing to lend a hand everyone is. Ashlyn decided to run for dairy princess because she has been an ambassador in the program for the past two years and is ready for the challenge of dairy princess. She also wants to be a dairy princess because her sister was last year, so she would like to continue the tradition for her family and give back to the dairy community. Ashlyn's favorite dairy food is chocolate milk because it is basically her coffee substitute!

Lexi Yust is the Wabasha County Dairy

Princess ambassador. She is the daughter of Andy and Brandy Yust. Lexi is a sophomore at PEM. Lexi works on her Grandparents dairy farm outside of Plainview. She has been helping on the farm since she was very little. She enjoys the conversations she has with farmers because they are always so down to earth and not consumed by the drama of the world. She admires the compassion they have for their animals. This is Lexi's first year in the dairy princess program. She didn't know if she was princess material, but she was convinced after talking to past princesses about their positive experiences. She is excited to get out of her comfort zone and accept the challenge of dairy ambassador.

Feed My Starving Children



A group from South Troy Church at Feed My Starving Children in Eagen MN on March

Friendships Can Lead to Good Working Relationships



By Harvey Mackay

Two friends were walking through a dense jungle. Knowing the dangers, they promised to stick together whatever happened.

Suddenly a tiger appeared in the bushes. One friend immediately turned and ran, climbing up a tree and leaving his companion behind. He watched as his friend dropped to the ground and played dead.

The tiger approached, sniffed around, and leaned down, seemingly whispering something in the man's ear. It roared once, then stalked away.

Feeling ashamed, the other man climbed back down the tree. "What did the tiger say

The man looked up. "He said, 'Never trust a false friend."

Some days, you just need to know you have got a friend.

The point is you need to feel that someone "gets" you and is in your corner. With all the push, pull and tug that can go on in the workplace (and it happens everywhere, folks, even

at the good places), you have to develop your own support systems - and friends can be invaluable. Good ones are like rocks; they keep us anchored during our personal storms.

You probably spend most of your waking hours at work, so friendships are natural. Working together can easily turn co-workers into best friends, making jobs more enjoyable and the workplace a home away from home instead of just a way to make a living.

But friendships need to be managed appropriately just like every other workplace relationship. Follow these simple guidelines so neither your friendships nor your job is at

Limit social chatter. Everyone chats a little at work, but don't let your friendly conversations overshadow your responsibilities. Stay focused on your job.

Keep private issues private. When you have problems to discuss, do it over lunch or

Avoid gossip. Most of us love to talk about other people, but keep your natural inclination to share rumors about co-workers or

managers in check. If colleagues realize you're gossiping about them, the backlash could be unpleasant.

Don't do each other's jobs. Pitching in to help a friend in a crunch is admirable, but keep it to a reasonable limit. Your manager is in charge of assignments and responsibilities, not you. Don't spend so much time helping a friend do his or her job that you neglect your

Include, don't exclude. You may prefer the company of your friend, but don't ignore the rest of your co-workers. Invite other coworkers to lunch, and include them in your conversations so they don't feel left out. You may even make new friends by expanding your circle at work.

Being there for another person can offer you huge rewards psychologically as well. After all, part of the joy of a good friendship is being there for the other person when life gets rough - and it does get rough at times for everyone.

(continued on page 5)

Wellness is more than your diet, it's also a state of being



By Susan Hinrichsen

I have been on a search for "better health" through a healthy diet and great food choices and I want to share what I have learned not through formal education, but through experience. I have found value in my experience and what I have learned is Wellness is more than just good food choices, it is all aspects of your body,

Hello, my name is Susan. I am a Certified Life Coach in the Goodhue Area. I work with people who are struggling to fill a void in their life, people who feel that something is missing, and they just can't put their finger on it. People who are looking to find their Life Purpose, I even help empty nesters find their purpose again. As a Life Coach, I am looking to inspire you to continue to grow and expand yourself and take care of you so you can

be of service to others, and yourself, at the same time. You can achieve everything you want and more, and that is where I come in.

Life is busy with the everyday pulls of balancing a job, kids, meal planning, cleaning, and laundry just to name a few and believe me the list can be endless. Then there are the expectations put upon you by friends, family, and the world not to mention paying bills, getting out of debt, or having to repair your car which can be expensive. So, how does one find a glimmer of hope to find time to even figure out how to find yourself in all this chaos? How on earth could you find time to figure out what your needs are!

Before all of this "life" happened, I'm sure that most of you had some sort of dream of what your life would be, or what you wanted it to be. In our quest for survival, paying bills, career choices, we may have ended up in a job that is not satisfying at all to our inner spirit. You go there every day as a responsibility to your creditors, paying for your rent, raising children, putting food on the table, making money to survive. There is more to life than survival, yes you need to survive, but I want you to enjoy your life and thrive. I want you to be happy and joyous! If this sounds true to you and you find you have a desire to be more, do more, and have more; this is where a Life Coach can be beneficial.

Take a moment and ask yourself, "what makes me happy?" Make a list of what those things could or would be. Maybe there are things that you satisfy only for them to return unfulfilled a few weeks or months later. Those are the things that should be high on your

Sit back and read your list and pick one item and ask yourself "how or what can I do to improve that one thing?" or "What is it that something that I want to change?" Search yourself, read, research what it would take or what you need to get you there. Maybe, you are even at the point of just finding the time in your schedule to even have a moment to think about this. Try to make that time something that is yours and then try to make that time more consistent. Use that time to grow your understanding of what you need to create the happiness you want in your life.

This is where coaching can be helpful. Coaches can help you to get past the barriers that keep you stuck on the proverbial hamster-wheel doing the same things over and over and getting the same results. Coaching can be so rewarding and amazing. I would be honored to help you to breakthrough your barriers, help you find what lights you up, and Explore Your Next Best Chapter in your life!

You can contact me at susiecoaches@gmail.com for a complimentary Explore Your Next Chapter session.

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MISSY'S MESSAGE



MISSY PAPENFUS

The snow is melting, my walking parter and I are back at it! We ALMOST walked three days in a row! Then it snowed! So a quick change of my plans to do some zoom yoga rather than walk. The weather was not cooperating, and it's been months since we could do that. It's time to start taking Maisy (Monty's dog) for more walks around Mazeppa before, during, and after work. Maisy has been walking with me to the post office every day, and she LOVES going to the post office and the First State Bank down the street.

Maisy also likes it when we chase her around the store or the house, so I can get more steps in.

Spring is near. Get out and enjoy a stroll!

Meanwhile, up north at our cabin feels like we have a climate change. The snow and trails have been great, and we've been riding snowmobile as much as we can while we can. I snagged a new snowmobile this year, a 2023 Arctic Cat ZR6000 137. It was supposed to be Mike's, but I broke it in, and now I don't want to give it back! I am not going to give it back! He'll have to find another one!

Memo from MotoProz...

Spring is coming. We have a great supply of new and used side by sides and new Hustler zero turn mowers! Stop in to check them out or take a look online at www.motoproz.com! The place to go is MotoProz in Mazeppa!

Missy and her husband Mike own MotoProz in Mazeppa.

Community

Friendships Can Lead to Good Working Relationships

(continued from page 4)

PROWLER PRO CREW

Keep in mind the words of Abraham Lincoln – someone who often needed friends along the difficult path of his presidency: "The better part of one's life consists of one's friendships.'

What is a friend? The following description of friendship was discovered on the wall of a doctor's office. It was attributed to C. Raymond Beran.

Friends are people with whom you care to be yourself. Your soul can be naked with them. They ask you to put on nothing, only

be better or worse. When you are with them, you feel like a prisoner feels who has been declared innocent. You do not have to be on your guard. You can say what you think, as long as it is genuinely you.

Friends understand those contradictions in your nature that lead others to misjudge you. With them you breathe freely. You can avow your little vanities and envies and hates and vicious sparks, your meannesses and absurdities, and in opening them up to friends, they are lost, dissolved on the white ocean of their

They understand. You do not have to be careful. You can abuse them, neglect them,

to be what you are. They do not want you to tolerate them. Best of all, you can keep still with them. It does not matter. They like you. They understand. You can weep with them, sing with them, laugh with them, pray with

> Through it all – and underneath – they see, know, and love you.

> What is a friend? Just one, I repeat, with whom you dare to be yourself.

> Mackay's Moral: The friendships you cultivate will help you grow.

> Reprinted with permission from nationally syndicated columnist Harvey Mackay, author of the New York Times #1 bestseller "Swim With The Sharks Without Being Eaten Alive."

A Monthly Moment at MotoProz

By Missy Papenfus

Being self-employed now, I am fortunate to be able to help my family out on short notice when needed. I got a call from my sister-in-law, my 5-year-old nephew Benny had an earache and needed to be picked up (along with big sister Tessa) from Cougar Care. I headed to Zumbrota as fast as I could. Poor kid was whimpering the whole way home. I had bad earaches as a kid, I remember all too well. Tessa was so helpful when we got to their house, she knew exactly where the aspirin was and the heating pad. She got it plugged in while I was giving Benny medicine. We got him to lay down, and covered him up. Within five minutes he fell asleep. He went to the doctor, and he did have an ear infection.



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A monthly read with tips and tricks (that work for me) on my quest to becoming more organized while decluttering.

Organizing the office!



Missy Papenfus

My office at MotoProz is a small space. In 2007, when we bought MotoProz, I opted to have Mike paint the office a bright green color. A few years later, when we replaced our old desktop computer at home with a laptop; we no longer needed the desk at home. The desk fit and works perfect in my office, but getting the old desk out was pretty tricky. It must have been put together in the office, so Mike had to cut it up with a chainsaw to get it out! We put up a 4-hook coat rack and a bench. I have a nice office chair with rollers. That chair is where I type these articles!

I have a pretty good filing and organization system going on in the office. Years ago, the first time I worked with a professional organizer, she had me take everything out of the office. It was a lot of work, but the systems we put in place remain today. There is a spot for incoming mail and outgoing mail. The biggest help has been my slot for papers to file later. I can get my work done, and someone else can do the filing later. I have a wall calendar to write reminders on, and I use a smaller desk calendar by the week. We also keep a wall calendar for employee time off. When we bought the store, there was a huge wall organizer with 24 slots, which I still use today along with the file cabinets left behind. They all work just fine.

I know where everything is at, but after 10 years, I felt like the office was looking messy again. I had to start somewhere, so I hired a helper. She wiped off and straightened the desk and shelves, and it looked so much better. I tossed some old papers, and things I just don't or won't use. My office is definitely the catch-all, and Mike had some big piles of papers stacking up. After the office was cleaned, he went ahead and started tossing papers from his stack. There will always be more to do. It will never be perfect, but I'll save something to do for another day.

One thing we have kept in the office all these years, is an old WD's Bar & Grill Menu and the Leo's Phone number written on the office wall right above the door!



Stay tuned for next month's topic: Spring is near; time to compile a procrastination list! There's so much to do, so little time. Bye for now!

Celebrating Women Who Make Southern Minnesota Thrive



Tim Penny So. MN Initiative Foundation

March was Women's History Month, which is both a time to look back at the incredible accomplishments of women in the history of our country, but also a time to celebrate women who are doing amazing things today. At Southern Minnesota Initiative Foundation (SMIF), we know that there are countless women who make our region thrive. I'd like to take a moment to highlight several of these women today.

At SMIF, we work with female entrepreneurs every day through our training programs and business financing options. One of our more recent loan clients is CannonBelles Cheese based in Cannon Falls. In 2012 Deann

Lufkin and her friend Jackie Ohmann started experimenting with making cheese which eventually gained enough momentum to turn into a business once their friend Kathy Hupf, a dairy expert, became involved. Their cheese has won awards and they even opened up a coffee and ice cream shop several years ago in downtown Cannon Falls. SMIF provided a Small Enterprise Loan to help pay for marketing for the cheese company which they were able to use to expand their markets.

Through SMIF's Early Childhood work we have partnered with many women leaders in the field, many of whom are either educators or child care providers. Stacy Boysen, a child care provider from Pine Island, has worked with SMIF many times to provide trainings to other providers in our region. It is clear from these trainings that Stacy is both a positive role model and a mentor to many others in the profession. She has a wealth of information to share, which ranges from standard health and safety education, to more nuanced information about the importance of self care, and ways to incorporate healthy snacks into a child care business.

SMIF also works with many women who are leaders in their communities, especially through our 31 Community Foundations. Liz Krocak, and her daughter Maggie Grimm, are two women who come to mind who have been very active in Montgomery through their Community Foundation. Liz was instrumental in making the Community Foundation a vehicle to help people when the pandemic began. She applied for the matching grants that SMIF offered during that time to support local businesses and the local food



CannonBelles

shelf. The Montgomery Community Foundation also received a Small Town Grant to support the local farmers' market which Maggie and Liz are both very involved in.

This small list of women leaders in our region just barely grazes the surface of the vast number of women we know who are making a difference in the lives of southern Min-

nesotans. Their innovation, their knowledge and their leadership are truly incredible. We are proud to know, and partner with, the many women who make this region thrive.

As always, I welcome your comments and questions. You can reach me at timp@smifoundation.org or 507-455-3215.



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This is their 6th year in a row earning this prestigious award. The land professionals are active members of RLI and have at least \$5M dollars in closed land sales in 2022. You can read more about the award winners in the Spring 2023 issue of The Land Report.

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-PARCEL 1-

2.42 Acre Country Building Site, 1 Story Home, 3 BR, 1 Bath, 2 Car Detached Garage, 2 Story Barn, 28'x72' Machine Shed, Other Out Buildings

- Property Address: 11876 140 St W, Montgomery, MN 56069 PID #: 05.32.2.25.001
- Area: 2.42 Acres, Just Surveyed
- House: Built 1952, 1370 Sq. Ft., 3 BR, 1 Bath, All
- 2016 New Hot Water Heater *** Forced Air Heat/AC
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- Conforming, New Buyer Shall be Responsible for All Upgrading of Septic System *** Good Private Well
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- - *** 76.95 Acres, Just Surveyed *** PID #: 05.32.2.25.001
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PICK UP DATES: Saturday, April 8, 2023, from 1:00 p.m. - 4:00 p.m. Monday, April 10, 2023, from 9:00 a.m. - 4:00 p.m.

Bidding Opens: Thursday, March 30, 2023 at 8:00 a.m. Property Address: 11876 140th St. W, Montgomery, MN 56069

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Denny Hoehn -OWNER New Richland, MN

Sat. Aug. 12 • 9:30 A.M. FARM RETIREMENT AUCTION

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4WD, super crew cab, 5' box, ecoboost 2.3L turbocharged, shadow black, 37,842 miles #22134U





4WD, super crew cab, 4 door, 5.5' box, 13,093 miles, ecoboost 2.7L V-6, gray metallic



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Lose Weight this Way

April, 2023



By Shauna Burshem, D.C.

Lose weight for your health. Covid-19 infection effects people with co-morbidities more so than people without. Co-morbidities are underlying illnesses or diseases that a person has prior to covid infection. Comorbidities include but are not limited to diabetes, asthma, auto-immune disease, heart disease, cancer and even being overweight. Even mild obesity can raise the risk of severe covid. Obesity is defined as being 30 or more pounds over your normal bodyweight. Mild obesity increased the risk of respiratory failure 2.5 x and also gives you a 5 x greater risk of being admitted to the ICU. Those with a body mass index of 35 and over were 12 x more likely to die from covid. Inflammation triggered by carrying the extra bodyweight can increase the risk of lung blood clots three fold. One of the most important

- MAZEPPA-ZUMBRO FALLS MESSENGER -

factors for overall health is to be within a few pounds of your target bodyweight. Sadly, society today makes being at a normal bodyweight difficult because of processed foods, junk foods and soft drinks which are the key factors in our nation's rise of obesity. These types of foods all play a role in chronic disease and increase your risk of severe covid-19. To be healthy, diet and exercise are paramount. All of the recent research points to time restricted eating as a way of building metabolic health. Metabolic health is overall health. Cellular metabolism has to do with the control of everything in the body. Time restricted eating is eating all of your daily food within a certain time window of the day. For instance, if your last bite of food is at 7pm, your next food eaten would be at 11am the next day. Your eating window is 8

hours between 11 am and 7pm. By eating in the restricted time window, you improve metabolic function, burn more calories at rest and lose weight. In addition to time restricted eating, intermittent fasting is a proven way of losing weight. Intermittent fasting is a slightly more restricted way of timed eating. 2-3 days a week, no food is eaten say from 7pm to 1 or 2pm. In conjunction with time restricted eating on the non-intermittent days, weight is lost at a faster rate and metabolism improves dramatically. And lets not forget the importance of daily exercise. 40 minutes a day of extra activity (not work related) will contribute big time to metabolic health and weight loss. Ps. Coffee, tea and water do not count as food.





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MDA Seeks Applications for Local Food Purchase Assistance Program

Grant Applications due by May 30

The Minnesota Department of Agriculture (MDA) is now accepting applications for the 2023 Minnesota Local Food Purchase Assistance (LFPA) Program. The program provides funding for projects that buy local food primarily from socially disadvantaged and emerging farmers and distribute that food to underserved communities. The MDA anticipates that applications will propose a wide range of models for local food procurement and distribution, knowing that there is no one-size-fits-all model that can effectively serve the whole state.

Individuals (including farmers), non-profit

organizations, for-profit businesses, tribal nations, government entities, agricultural cooperatives, economic development organizations, and educational institutions are eligible to apply. Applicants are required to partner with at least one other individual or organization as part of their application to support collaboration within communities.

Applications for the 2023 grants will be accepted through May 30, 2023. Applicants may request between \$10,000 and \$100,000 and indicate their interest in additional funding if available. The MDA anticipates awarding roughly \$2.125 million in total for this round. A second, competitive application process is anticipated to be issued in the fall of 2023.

Interested parties can attend one of two virtual information sessions to learn more about the LFPA Program. The sessions will be held at the following times:

April 18, 2023, from 5 - 6 p.m. Register for this event.

April 19, 2023, from 12 - 1 p.m. Register for this event.

Additional information about the grant pro-

gram, including complete eligibility requirements, is available on the MDA website. Applications are preferred to be submitted online. Questions and requests for paper applications can be directed to MN LFPA Program staff at LFPAgrant.MDA@state.mn.us, 651-201-6290, or by mail:

MN Local Food Purchase Assistance
Program
Commissioner's Office
625 Robert Street North
St. Paul, MN 55155

The U.S. Department of Agriculture's Agricultural Marketing Service awarded the MDA \$3.82 million in LFPA funding in September 2022. The LFPA Program is authorized by the American Rescue Plan to maintain and improve food and agricultural supply chain resiliency.

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Historical Happenings Compiled by Helen Reiland

THE MAZEPPA JOURNAL, Editor and Publisher: Barbara and Reider Tommeraas FRIDAY, AUGUST 20, 1955

A meeting of area soil conservationists and members of Mazeppa Commercial club met at the Community rooms last Thursday evening for the purpose of discussing plans for 1956 Plowville to be held here next year.

The next meeting date was set for October 31 at the site of next year's event where further plans will be made.

RICHARD WEBSTER NARROWLY ESCAPES DEATH FRIDAY

Richard Webster, 11 year old son of Mr. and Mrs. Donald Webster, was a mighty lucky boy last Friday morning.

He accompanied his father, who was cutting brush along the power lines near the Bernard Marx residence. He climbed a tree, started to fall and grabbed a live wire. In addition to a 15 foot fall, he suffered burns on one hand, under one arm and on his leg.

He was kept in the Zumbrota hospital that day under observation.

Weddings

ROBINSON-WHITE

The First Methodist church of Susanville, Calif., was the setting Aug. 7 at 3 p.m. for the marriage of Gloria Charlene White and Neil Donald Robinson.

Charles Robinson of Mazeppa was his brother's best man.

Dean Robinson of Rochester, brother of the groom, played several appropriate organ selections preceding the ceremony.

The bride was the youngest daughter of Reverend and Mrs. Henry Page White of Susanville.

The groom is the son of Mr. and Mrs. C.W. Robinson of Mazeppa. He is a graduate of Mazeppa High School and received his B.S. degree from Winona state Teachers college. He has recently been separated from the United States Navy.

The young couple will make their home in Greely, Colo., where he will enter the graduate school of Education in Greely, Colo., where he will study for his master's degree in education.

Farwell

We hate to bid farewell---but wish all the luck in the world---to Mr. and Mrs. Paul Butlin, Penny and Becky. The Butlin's are leaving this week-end to make their home in the Los Angeles area. Paul and Donna leave a host of friends behind.

FRIDAY, SEPTEMBER 9, 1955

1956 Plowing Contest Committees Named

Plans for State Plowville of 1956 to be held north of Mazeppa next fall advanced another step this week when all committees, members and their duties were released by the central steering committee.

Four School Buses Now in Operation

Mazeppa Public School officially started the new school year Wednesday morning with the doors opening at 8:15 to a total enrollment of 244 students.

A breakdown of enrollment found a total of 128 in grades one through six, and 116 in grades seven through twelve.

J.S. Wild, who furnishes busses and is in charge of transportation, reports that four units are in operation. They include two Chevrolet 48 passenger busses, and one Ford 36 passenger vehicle, all thoroughly reconditioned for the coming year. The fourth unit is a new 48 passenger Ford bus. Mr. Wild reports that the addition of the extra bus requires one trip for each vehicle, resulting in earlier arrivals for children to their homes.

Bus drivers are Robert Stoddard, Walter Tri, Norbert Sand, Norbert Tri and J.S. Wild.

Weddings

Anderson- Green

On Sept. 1 at 3 p.m. Marlene L. Green of Alexandria and Royce D. Anderson of Eagle Bend were married at Petri Lutheran Church in Eagle Bend.

Mr. and Mrs. Anderson are now at home in Mazeppa, where he is employed at the creamery.

New Homes

New homes under construction this area include those of Mr. and Mrs. Victor Nehring, in town, Mr. and Mrs. Ore Oelkers' just east of Mazeppa and Mr. and Mrs. Earl Ehlers on their farm.

NOTICED THE GAP IN NEWSPAPERS-PLEASE CHECK YOUR CLOSETS

Local Government

Regular Meeting of the Mazeppa City Council Meeting Minutes Wednesday, March 8, 2023

The regular meeting of the Mazeppa City Council was called to order at 6:00 PM by Mayor Chris Hagfors.

The Pledge of Allegiance was said.

Present: Mayor Chris Hagfors. Council Persons Michael Hammes, Steve Liffrig, Dustin Wiebusch, and Erica Young.

Others Present: City Attorney Luke Lamprecht, Wabasha County Sherriff Department Patrol Sargeant Joe Schneider, City Engineer Matt Mohs, Deputy Clerk Sara Betcher, Mazeppa EDA Chair Jason Hughley, John Clemens, and City Administrator Clerk Karl Nahrgang

Present via electronic meeting: Holly Galbus from the News Record, and Robert Josselvn.

Motion by Hammes, second by Young to approve the agenda and addendum. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Young to approve the meeting minutes for the February 8, 2023 regular City Council meeting. All in favor, none opposed. Carried.

Motion by Hammes, second by Wiebusch to close the regular meeting and open the public hearing. All in favor, none opposed. Carried.

Regular meeting closed at 6:02 PM.

Public Hearing opened at 6:02 PM.

It was explained that the zoning map is referenced in Land Management Ordinance and the ordinance must refer to a dated map that is the official zoning within the City of Mazeppa.

John Clemens was concerned that the map showed parcels in the roadways, a question on a parcel if it should be shown in City limits, and that a portion of his land was shown as river.

Attorney Lamprecht said that parcel maps are not designed to show the roadways, that a GIS model is used to denote the zoning districts, so the imperfections in the GIS map carry across to the zoning map. Zoning maps are used to determine what type of use a parcel may be used for and not for land transactions that require a higher degree of clarity. He also directed the City Administrator Clerk to check with the GIS department at Wabasha County to correct the description issue to the parcel that shows in the City but is noted as

part of the township.

Motion by Wiebusch, second by Liffrig to close the public hearing. All in favor, none opposed. Carried.

Public Hearing closed at 6:27 PM.

Motion by Hammes, second by Liffrig to re-open the regular Council. All in favor, none opposed. Carried.

Regular Council meeting re-opened at 6:28 PM.

No Public Works report was presented.

Administrator Clerk Karl Nahrgang read the Fire Department report.

Administrator Clerk Karl Nahrgang gave the Municipal Liquor Store report.

City Engineer Matt Mohs gave the Engineering update.

Administrator Clerk Karl Nahrgang gave the City Hall activity report and an update on the Riverbank Restoration project timeline.

Question to engineer about the feasibility of a storm sewer project be stubbed in while Cherry St. is opened for sanitary sewer line replacement. Engineer will look at options.

Motion by Young, second by Liffrig to approve MZ23-01, 134 Chestnut St. NE -water heater. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Young to amend the engineering agreement with Bolton and Menk on the wastewater treatment project to include flood plain evaluation work. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Liffrig to approve the WS Beng and associates bid schedule. All in favor, none opposed. Carried.

Motion by Young, second by Liffrig to table Ordinance 2023-01 approving the new zoning district map. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Young to approve renewing liquor liability insurance with Illinois Casualty through Ebner Insurance. All in favor, none opposed. Carried.

Motion by Young, second by Hammes to set the Board of Equalization hearing for 6:00 PM April 12, 2023. All in favor, none opposed. Carried.

Motion by Young, second by Liffrig to renew the liquor license and Sunday liquor license for Mazeppa Inc. dba/ Leo's Sports Bar and a club liquor license and Sunday club liquor license for American Legion Post 588. All in favor, none opposed. Carried.

Motion by Hammes, second by Wiebusch to schedule City Cleanup day for 9:00 AM – 11:00 AM Saturday April 29, 2023. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Young approving Resolution 2023-12 Closing portions of Walnut St. and 2nd Ave. NE for Cleanup day. All in favor, none opposed. Carried.

Motion by Young, second by Wiebusch approving Resolution 2023-13 issuing a temporary liquor license to the Mazeppa Municipal Liquor Store to provide bar service for an event at the Mazeppa Community Center. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Liffrig approving Resolution 2023-14 calling for a Public Hearing to set TIF district 1-3. All in favor, none opposed. Carried.

EDA Chairman Jason Hughley presented the EDA's plan to encourage building of affordable homes for sale in Mazeppa and requested a line of credit from the City for land purchase to move the plan forward.

Terms were discussed.

Motion by Wiebusch, second by Young approving line of credit up to \$120,000 to the Mazeppa EDA, not longer than 10 years at 3% interest. All in favor, none opposed. Carried

Motion by Wiebusch, second by Liffrig to pay the bills and claims. All in favor, none opposed. Carried.

City Attorney went over the issues found in the Pay Equity Study for the State of Minnesota. He asked the Administrator Clerk to send the updated pay numbers after the approved pay increase so he could use more up to date information to determine any pay changes necessary to comply with State of Minnesota requirements.

Wabasha Count Patrol Sargent Joe Schneider presented the Incident Command Report for February.

Council thanked those who were able to attend Mr. Glander's retirement celebration.

Motion by Hammes, second by Wiebusch to adjourn the meeting. All in favor, none opposed. Carried.

Meeting adjourned at 7:38 PM.

Administrator-Clerk

Special Meeting of the Mazeppa City Council Meeting Minutes Sunday, March 19, 2023

A special of the Mazeppa City Council was called to order at 11:00 AM by Mayor Chris Hagfors.

The special meeting was called to hire a manager for the Mazeppa Liquor Store and to adjust pay for a City employee to comply with State of Minnesota pay equity rules.

The Pledge of Allegiance was said.

Present: Mayor Chris Hagfors. Council Persons Steve Liffrig, Michael Hammes, Dusti Wiebusch, and Erica Young.

Others Present: City Administrator Clerk Karl Nahrgang and Todd Ihrke.

Motion by Hammes, second by Wiebusch to approve the agenda. All in favor, none opposed. Carried.

Todd Ihrke was introduced by Administrator Clerk Karl Nahrgang. Mr. Ihrke was interviewed and vetted by the Human Resources committee. Council had a short question and answer session with Mr. Ihrke.

Motion by Wiebusch, second by Hammes to approve hiring Todd Ihrke for the manager position at the Mazeppa Municipal Liquor Store. All in favor, none opposed. Carried.

Mr. Ihrke's start date will be March 27,

A proposal from City Attorney Luke Lamprecht that will correct a pay equity imbalance was considered.

Motion by Young, second by Liffrig to raise the pay of Deputy Clerk Sara Betcher to \$21.85 per hour to comply with Minnesota pay equity requirements. All in favor, none opposed. Carried.

This motion will be recognized as Resolution 2023-15 to be signed by the Mayor and the City Administrator.

Motion by Young, second by Liffrig to adjourn the meeting. All in favor, none opposed. Carried.

Meeting adjourned at 11:25 AM. Administrator-Clerk

Zumbro Falls City Council Minutes - February 8, 2023

Zumbro Falls City Council met at City Hall on February 8, 2023. The meeting was called to order by the Mayor at 6PM with all council members present along with Fire Chief. Scott Kennedy.

The Oath of office was recited by Phil Dennison to accept the council elected position

Clerk read to the council the minutes from the January meeting. After corrections were addressed the minutes were accepted by a motion from Anderson, seconded Bankers, all in favor, carried.

Treasurer's report followed with acceptance by a motion from Benson, seconded Anderson, all in favor, carried.

Scott updated council on a new possible firefighter if accepted by the department and the granting leave of absence to Jordon Meyer. Township meeting is February 16 th at 7PM and the Fire Department Supper on Saturday Feb. 18 th starting at 6PM. All council invited to Township Meeting.

Donations presented as follows: \$25.00 from David Miller for the memorial and \$2,500;.00 from Chester Township for the Fire Department to be used for Fire Equipment. Motion to accept by Bankers, seconded Benson, all in favor, carried.

Brief discussion made on the responsibility for shoveling by business owners and ways to handle the situation to reduce liability.

Motion then made by Anderson, seconded Benson, all in favor, for the clerk to pay all bills presented and the meeting to adjourn. Submitted by,

Susan Eischens, Clerk

Spring snowfall is a tough cleanup. Unpaved are too soft to plow, the snow is heavy and hard to push, and the piles can't be hauled because the area that the snow is hauled to is too soft to drive on. The City crew works through these weather events, but it's not an easy task.

Another tough spring task is getting rid of

accumulations of junk that have built up over the past year. This is a reminder that if you have appliances, furniture, or other items to large to be put in the trash, bring it to the annual City Cleanup day. On Saturday, April 29, 2023 from 9:00 AM - 11:00 AM bring your appliances, furniture, and other items to be discarded to 2nd Ave. NE and Walnut Street. City residents already pay for this event though a surcharge on the water sewer utility billing. Watch for a letter and event notice with your March water sewer billing that states what can be dropped off and what we will not take, as well as limitations and charges for certain

items. We will be looking forward to seeing what you bring to Cleanup Day.

Changes in Latitudes, Changes in Attitudes

St. Patrick's Day in **Tennessee**



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when its warm here and Tennessee when it's cold here.

We live a short distance from Erin, Tennessee. This is a small town established in the mid 1800's by Irish immigrants. In the 1840's the Irish potato blight had destroyed the main food source on the Emerald Island and a quarter of the citizens of that country fled the starvation by getting on ships and sailing to America. One out of four perished on the four-week trip by sea, but it is estimated that upwards of two million Irish arrived in this country by the mid 1800's. Because the majority of the Irish had no money they were sold as indentured servants to finance the trip and treated as poorly as slaves. Many settled in eastern seacoast towns like Boston, while others traveled farther inland. They were not welcomed in the USA and met with a great deal of hostility where they settled. Poverty was rampant among the Irish immigrants as many businesses posting jobs would state "Irish need not apply."

In the 1850's a number of Irish had settled in Tennessee and named their town Erin, after a town in their homeland because the rivers and foggy hills reminded them of where they grew up. Most of them were railroad workers completing the line from Louisville, Kentucky to Memphis, Tennessee. The railroad was finished just two days before the Civil War began. Many Irish men joined the Confederate Army to fight against the Union forces. Their ill treatment by northerners made them sympathetic to the southern cause. Nathan Bedford's Third Cavalry was all Irish soldiers and the Second Tennessee Volunteer Infantry were called the Irish Regiment.

So, we jump forward a century and in 1963 the city of Erin held their first St. Patrick's Day celebration. There is a parade, a king and queen are crowned and lots of food is served along with a carnival on Main Street. The town swells by 10,000 people that weekend as people come to party. And March in Tennessee is fairly balmy compared to Minnesota.

My wife is Irish and she suggested we drive over for some authentic Irish food. I am always ready to eat and there was a live band playing on stage in the town square, so a great day was certain. There were forty food stands with something for everyone. We found a Boston themed food truck and I started with clam chowder. I wanted Lobster so my next entre was a buttered bun with Lobster. It looked like a Lobster hot dog. Imagine my surprise when the vendor told me it was \$28.00. That was the most expensive hot dog I have ever eaten.

Here is a little more history on St. Patrick's Day. Patrick was a British bloke born in England around 386 AD and kidnapped by pirates at the age of 16 and sold into slavery in Ireland. He escaped to France in 408 and became an ordained minister in 432. The Irish were a very violent, pagan people and Patrick felt led to return to the island as a missionary and convert them to Christianity. His work there continued until his death on March 17th of 461. So, the Irish patron saint. St. Patrick, is British and not Irish at all. Probably explains all the fightin' and drinkin' the Irish are known for.

We drove up to Nashville the next day to pick up a kitchen table and chairs for our house. On the way back we stopped at Outback for a steak. The hostess showed us to a table and my wife headed to the lady's room to freshen up. The waitress was Abby, a young and cheerful girl who showed up to take the drink order. I asked for ice water but told her I wasn't sure what my wife wanted as she was in the restroom but if Abby wanted, she could go and ask her. This is where my practical joke blew up in my face. Abby just walked through the door marked "Sheila's" and asked her. My wife came out and told me that the waitress showed up while she was washing her hands and asked what she wanted to drink. In retrospect it was kind of funny. And I had a steak and lobster with a baked potato and steamed broccoli for \$24.99. Sure beats a \$28.00 lobster hot dog.

A Minnesotan: **Egg Hunt**



By RosaLin Alcoser

No matter when Easter Sunday falls in the year there is one constand that we here in Minnesota can nearly always rely on, and that is that there will probably be either snow or mud.

As a child I can recall many Easters and hunting for Easter eggs both inside and outside. Generally as a rule if there's snow on the ground all egg hunting is done indoors, however, I don't recall mud ever stopping an outdoor egg hunt.

What I really can remember is doing the Easter Egg Hunt at church but I also can only remember doing it one year. I do it more than one time, probably but I don't recall ever hunting eggs more than once at church as a kid. Mainly due to the fact that I am not counting the many times I have helped with the egg hunt as a teenager and as an adult.

The egg hunt that I remember happened when I was about 6 or 7 years old. It must have been a late Easter that year or just unusually nice that year; because I remember it being fairly dry outside and little to no snow. Either that or I was young enough to not remember the snow and mud.

I can recall running around with other children looking for eggs, getting candy out of them at the end, and not being allowed to find the golden prize egg since I was the pastor's kid. I did find it first however I could not pick it up and tried to point it out to literally anyone else.

The thing that I really remember about the egg hunt actually happened before the hunt even began. What really sticks in my memory is how my older sister hid the eggs for the toddlers and per-schoolers.

She would have been about 11 or 12 years old at the time and had been sent to hide the super easy to find eggs.

I can recall watching my sister climb part way up the hill in the field by the church where she had been sent to hide the eggs and dump the whole basket full down the hill. Causing the plastic eggs to roll down the hill into the field.

Once the eggs stopped rolling she pronounced her task done and went back into the building. To this day I feel that this was the best way that I have ever seen Easter Eggs be hidden.





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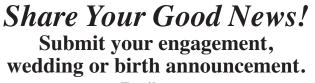
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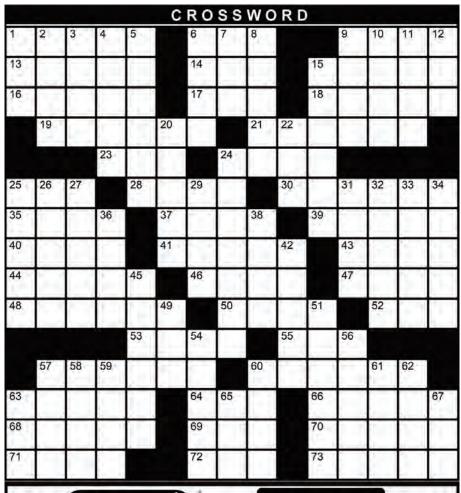




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THEME: COLORS ACROSS

1. Partner of pains

"Raiders of the Lost

Opposite of flows
 Flesh of fish

14. Grazing area15. Soft palate hanger

16. Boatload

17. Wood-shaping tool

18. Old episode
19. *Alice of "Color Purple" fame

21. *Fruit and color

23. Long reef dweller 24. Sound of pain

25. Math class total

25. Matn class total
28. Excessively abundant
30. *"Royal" color
35. Arrival times, acr.
37. *Color quality
39. Shininess
40. White House "cub"

40. White House "sub" 41. Spritelike

43. Cupid's counterpart 44. Serengeti grazer

46. *Feeling blue 47. Hokkaido native

*Color wheel inventor

50. Walk with a hitch 52. "Malcolm X" (1992) movie director 53. Stare open-mouthed

55. Napoleon of "Animal Farm," e.g.

57. *Between blue and violet

__phobia, intense fear of colors

63. Opposite of cathode 64. North American country

Run ____ of the law Geography class book 66 Run

69. Local area network

70. It's firma

71. Has divine power

72. Banned insecticide, acr. 73. German surrealist Max

DOWN

"General Hospital" network

Crop of a bird

Zeus' sister and wife

Two under par on a golf hole Meat-cooking contraption

Winglike
*Predominant color of Mars

8. Type of membranophone 9. Like never-losing Steven

10. Town

11. *Primary color

12. ___ Juan, Puerto Rico 15. 7th planet from the sun

20. Chosen few 22. Nicki Minaj's genre

24. Not womenfolk
25. *Number of colors in a rainbow

Of service

Colorful parrot
*The LumiËre brothers' colorful creation
"Cheers" actress Perlman

Jeopardy

33. Sergio of Spaghetti Westerns fame 34. Follow as a consequence

36. Email folder 38. Cone-shaped quarters

42. Naiad or maenad

45. Motherless calves

49. Old horse

51. Long John Silver, e.g. 54. Modified "will"

56. Bottom-ranking employee

Opposite of "out of"

58. Hall of Fame Steelers' coach

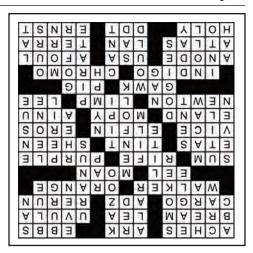
59. June 6, 1944 60. "___ Buy Me Love" 61. Between dawn and noon 62. Yours and mine

Expression of pleasure

65. Melancholy

67. Latissimus dorsi, for short

3 9 6 8 2 3 7 7 9 G 6 t 3 8 9 9 7 8 6 L 7 7 9 8 3 6 t 9 L 7 8 t 9 6 9 3 8 3 9 6 7 9 t 1 1 7 3 1 9 6 9 8 t G 6 3 2 8 L 7 9 **SUDOKU ANSWERS**



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Minnesota DNR

DNR Announces 2022 Deer Season Preliminary Harvest Results, CWD Management Findings

Hunters harvested about 170,000 deer during the 2022 deer hunting season, a lower total harvest than in recent years. Total harvest was down 7% compared to the 2021 season and 10% less than the five-year average deer harvest for Minnesota.

"Lower deer numbers in northern Minnesota and poor weather during opening weekend in some parts of the state likely contributed to lower firearms A season harvest," said Barb Keller, DNR big game program leader. "Hunters struggled with rain and wind in some parts of the state during early November, but weather was better during later seasons including firearms B and muzzle-loader seasons."

The number of deer harvested during muzzleloader season was the highest reported since 2007 and was 10% higher than the 2021 season harvest. Archery season harvest was about 1% lower than the 2021 season. Most archery season harvest occurred prior to the firearms season and peaked in late October and early November.

A final deer harvest report was available in March — past season harvest reports are available on the DNR website.

The release of the final 2022 season harvest results coincided with opportunities for public input. The DNR offered walk-in office hours at area wildlife offices across the state. Local wildlife managers were available to talk one-on-one with anyone about deer and other wildlife, hunting and habitat topics, specific topics that the DNR's deer advisory committee should be aware of, or thoughts and feedback about deer population management. Those unable to attend office hours inperson were also able to share their thoughts through an online questionnaire. Written comments may be submitted to Barb Keller, Fish and Wildlife Division, Minnesota Department of Natural Resources, 500 Lafayette Road, St. Paul, MN 55155. Comments will help inform season-setting decisions this

spring for the 2023 fall deer hunting season. CWD management

Chronic wasting disease remains a serious and persistent threat to Minnesota's deer herd health, but sampling efforts revealed some good news – three consecutive years of disease surveillance in deer permit areas 157, 159, 213, 225 and 273 yielded no detections of the disease in wild deer. Consistent with the DNR's CWD management plan, these zones were established due to the detection of CWD in captive deer facilities. Following these three consecutive years of no detections in wild deer, successful hunters in these DPAs will no longer need to submit samples for testing.

"This is great news for deer and deer hunters," said Erik Hildebrand, wildlife health program supervisor. "We greatly appreciate hunters' help monitoring these areas over the past few years."

CWD was detected in 26 hunter-harvested deer through the 2022 fall seasons. Of these, 73% were from the southeast, a region that continues to see persistent CWD infections in wild deer.

CWD was detected in two hunter-harvested bucks in DPA 184 in the Bemidji area. DPA 184 is part of a CWD surveillance zone established due to the detection of CWD in a captive deer facility and illegal dumping of infected captive deer carcasses on public land. After the discovery of this fall's CWD detections in wild deer, the DNR held a late disease management hunt to learn more about the presence of CWD in the area. An addi-

tional 102 deer were harvested by hunters, with no additional CWD detected.

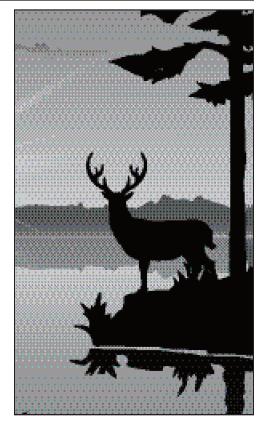
These results, along with the fact the two deer in which CWD was detected were both bucks, led to the DNR's decision to not conduct targeted agency culling in DPA 184 this winter.

"We use targeted culling in areas within two miles of a known CWD detection in deer, particularly does," Hildebrand said. "We know an adult doe has a smaller home range and a tight social group. If a doe has CWD, the likelihood that her social group also has it is high. When we find a doe with CWD, that serves as anchor point for our culling efforts — we can apply it to very small, specific areas to fight the disease."

Conversely, bucks have larger home ranges and detecting CWD in two bucks does not allow the DNR to establish an effective anchor point for a culling effort.

Culling efforts in the southeast started Jan. 23 and continued through late March. Targeted culling took place in the city of Grand Rapids (part of DPA 679) and the south metro (DPA 605) from Feb. 27 to March 10, focusing on locations where CWD has been detected in the past. All deer culled are processed and the venison is frozen until test results are received. Venison from deer with a not-detected result is distributed to cooperating landowners and those signed up through DNR's Share the Harvest program.

Hunters and conservation partners are critical in helping control CWD and maintaining the health of Minnesota's deer herd. The DNR would like to thank deer hunters, taxidermists, processors, tribal nations (Leech



Lake, Red Lake and White Earth), and deer conservation partners (Minnesota Conservation Federation, Minnesota Deer Hunters Association, Bluffland Whitetails and Backcountry Hunters & Anglers) that helped collect or submit samples for testing.

For more information about deer hunting in Minnesota, visit the DNR deer hunting page. CWD information, test results and more can be found at the DNR CWD page.







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